

## RETAIL MARKET AT A GLANCE

### Summary

#### Rice

The retail prices of local samba and local keeri samba have increased. However, the price of local nadu, local raw red and local raw white has decreased. Compared to the same period of the last year, the highest price increase of 38% was recorded for local keeri samba.

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#### Other Field Crops

The retail prices of Nuwara Eliya potato, imported potato and imported red onion have increased. However, prices of imported big onion and all types of pulses varieties except red cowpea have decreased. Further, compared to the same period of last year, highest price increase of 33% was recorded for red cowpea.

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#### Vegetables

The retail prices of most of the vegetable have decreased. Considering the up country vegetables, the highest price decrease was reported for beans at Rs.116.00/kg while considering low country vegetable varieties, the highest price decrease was reported for capsicum at Rs. 315.00/kg. However, compared to the same period of last year, prices of most of the vegetable varieties have increased.

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#### Fruits

The retail prices of most of the fruit varieties have increased. The highest price increase was reported for avocado by Rs.69.00/fruit. Compared to the same period of last year, retail prices of most of the fruits have decreased.

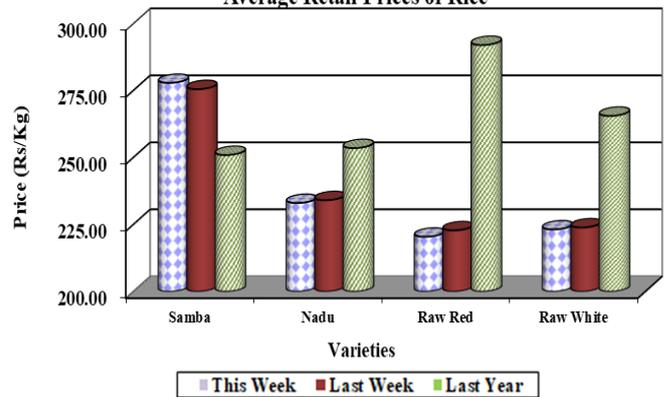
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#### Fish

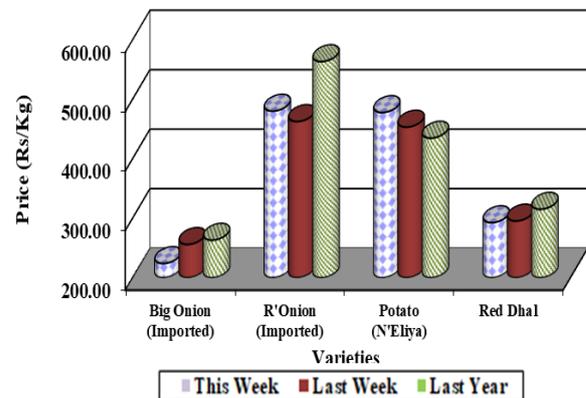
Retail prices of all fresh fish types have increased. The maximum price increase was recorded for thora at Rs.1065.00/kg. Compared to the same period of last year, retail prices of most of the fish types have increased.

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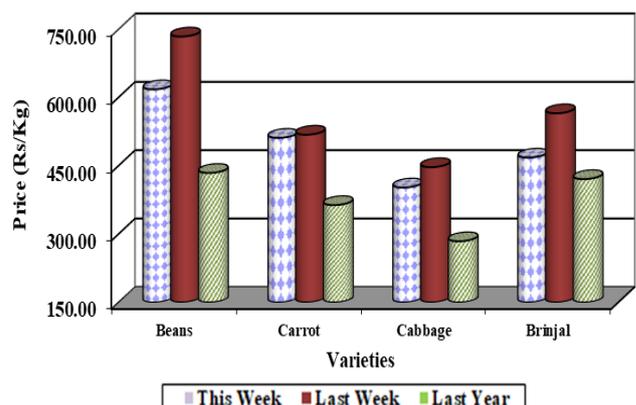
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



**Rice**

**Wholesale**

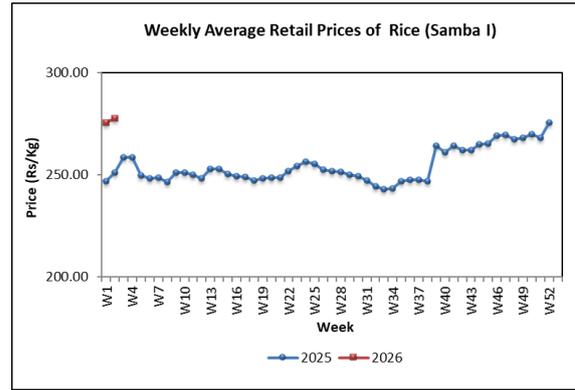
Prices of most of the local rice varieties have decreased slightly and price ranged of raw red and raw white were Rs.210.00-212.00/kg and Rs.210.00-215.00/kg. Imported ponni samba was also available at the market and price ranged Rs.225.00-235.00/kg.

Compared to same period of last year, the highest price increase of 38% recorded for keeri samba while the highest price decrease was recorded for local raw (white).

**Retail**

Prices of local samba and local keeri samba have increased. The price of local nadu, local raw red and local raw white has decreased. There is no significant change in the retail price of imported samba. The highest price increase of Rs.14.00/kg was recorded for local keeri samba. The highest price decrease of Rs.2.00/kg was recorded for local raw red.

Compared to the same period of the last year the highest price increase of 38% was recorded for local keeri samba while the highest price decrease of 25% was recorded for local raw red.



**Paddy**

It was observed slight price changes for major paddy varieties in few main producing areas. Accordingly, the price decrease of Rs.1.00-2.00/kg was reported for short grain (samba) paddy in Anuradhapura and Kalawewa areas while price has increased by Rs.1.00/kg in Ampara area. Further, price increment of Rs.1.00/kg in Ampara area. Further, price increment of Rs.1.00-2.00/kg was reported for keeri samba paddy in major producing areas. The average farmgate prices of short grain and keeri samba paddy has ranged Rs.135.00-147.00/kg and Rs.160.00-175.00/kg respectively. However, the price of long grain white paddy has decreased by Rs.1.00-4.00/kg in Anuradhapura, Kalawewa and Dehiattakandiya areas while has reported Rs.2.00/kg price increased in Ampara area. Subsequently, the average price of long grain (red) paddy has decreased by Rs.1.00-11.00/kg in major producing areas in Southern

province. (Rs.1.00-3.00/kg in Embilipitiya and Hamabantota while Rs.11.00/kg in Matara) Its prices have ranged Rs.115.00-120.00/kg.

Compared to the same period of last year, the average prices of short grain and keeri samba paddy has increased by 3%-25% and the highest for keeri samba paddy. However, the average farmgate price of long grain white and red paddy varieties have decreased by 6%-34% and the highest for long grain red paddy.

### Dried Chilies

#### Wholesale

The price of imported dried chilies has decreased by 2% and price ranged Rs.730.00-800.00/kg.

Compared to same period of last year, wholesale price of imported dried chilies has increased by 7%.

#### Retail

Price of imported dried chilies has decreased by Rs.3.00/kg and price ranged Rs.900.00-1200.00/kg. Compared to the same period of the last year, current retail price of imported dried chilies has increased by 14%.

### Onion

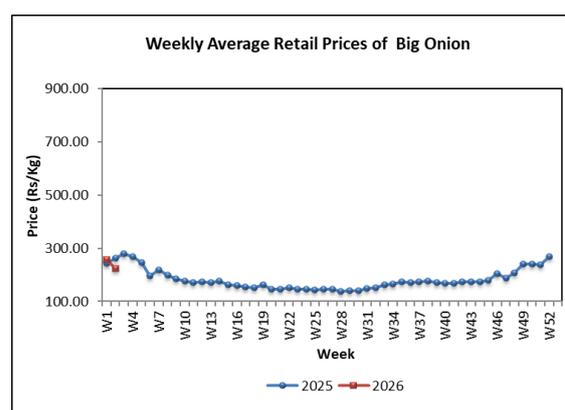
#### Wholesale

Price of sinnan onion has decreased by 2% and price ranged Rs.150.00-200.00/kg. Price of imported red onion has increased by 3% and price ranged Rs.290.00-320.00/kg. Price of imported big onion has decreased by 18% due to availability of sufficient stocks and price ranged Rs.120.00-160.00/kg.

Compared to same period of last year, wholesale price of all the onion varieties have decreased in the range of 19%-41%.

#### Retail

Price of imported red onions has increased by Rs.17.00/kg. Price of imported big onions has decreased by Rs.32.00/kg.



Compared to the same period of the last year, the highest price decrease of 15% was recorded for imported big onion.

**Potato**

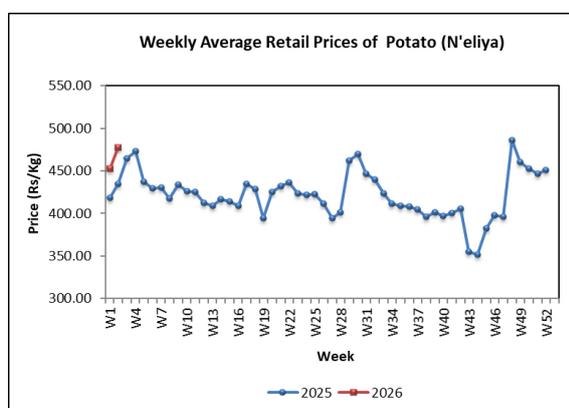
**Wholesale**

Price of Nuwara Eliya potato and imported potato have increased by 17% and 4% due to unavailability of sufficient stocks and price ranged Rs.400.00-450.00/kg and Rs.140.00-300.00/kg.

Compared to same period of last year, wholesale price of Nuwara Eliya potato has increased by 20% while imported potato has decreased by 2%.

**Retail**

The prices of Nuwara-Eliya and imported potatoes has increased. The highest price increased of Rs.24.00/kg was recorded for Nuwara Eliya potato.



Compared to the same period of the last year, highest price increase of 10% was recorded for Nuwara-Eliya potato and highest price decrease of 2% was recorded for imported potato.

**Pulses**

**Wholesale**

Price of green gram and white cowpea have decreased by 3% and 2% price ranged Rs.600.00-700.00/kg and Rs.700.00-800.00/kg. Price of red cowpea has increased by 3% and price ranged Rs.750.00-850.00/kg. Price of red dhal has not changed significantly and price ranged Rs.245.00-255.00/kg.

Compared to same period of last year, the highest wholesale price increase of 46% was recorded for red cowpea and the highest price decrease of 9% recorded for red dhal.

**Retail**

The prices of all types of pulses varieties expect for red cowpea have decreased. The highest price decrease of Rs.11.00/kg was recorded for green gram.

Compared to the same period of the last year, the highest price increase of 33% was recorded for red cowpea and highest price decrease of 7% was recorded for red dhal.

## Vegetables

### Wholesale

Prices of most of the both upcountry and low county vegetables have decreased, with increased supply from most of the major producing areas. Among the upcountry vegetable varieties, the highest price decrease of 28% reported for raddish and cabbage, with increased supply from Nuwara Eliya, Bandarawela, Puttalam and Welimada areas. Similarly, prices of beans have also decreased by 27%, due to increase supply from Balangoda and Welimada areas. In addition, prices of carrot, leeks and knolkhol have also decreased in the range of 8%-23%, due to high supply. However, the stock of beetroot was available only Nuwara Eliya, and price has increased by 5%.

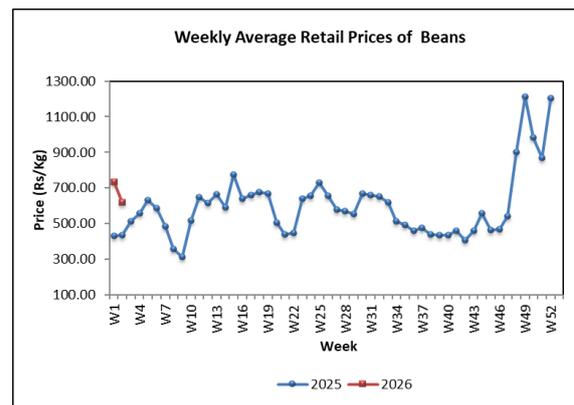
Considering the low-country vegetables, the most of the vegetable varieties experienced price decrease, particularly for capsicum (36%), with increased supply from Thalawakele, Ragala and Kothmale areas. In addition, prices of brinjals have also decreased by 25%, with increased supply from Embilipitiya, Anuradhapura and Hambanthota producing areas. While the prices of pumpkin, bitter gourd, snake gourd and luffa have decreased in the range of 4%-23%, with increased supply from Embilipitiya, Hambanthota,

Balangoda, Monaragala and Beruwela areas. Prices of ladies fingers and cucumber have increased by 44% and 29% respectively with decreased supply. Prices of green chili and lime have decreased further by 23% and 14% respectively, with increased supply.

Compared to the same period of last year, the prices of most of the vegetables have increased, with the highest price increase of 104% reported for tomato.

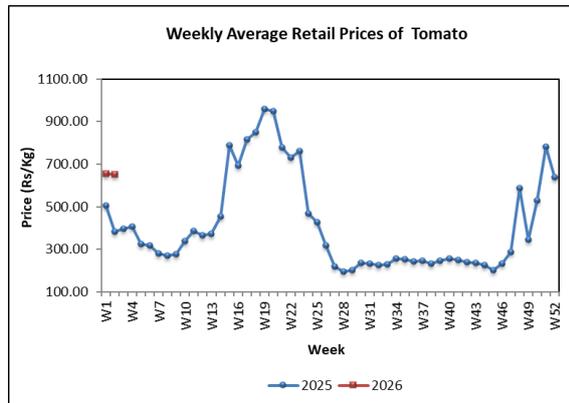
### Retail

The retail prices of most of the vegetable varieties have decreased. Considering the up-country vegetables, the highest price decrease was reported for beans at Rs.116.00/kg, while raddish decreased by Rs.98.00/kg.



Considering low-country vegetable varieties, the highest price decrease was reported for capsicum at Rs.315.00/kg. While brinjal decreased by Rs.97.00/kg.

However, long bean has increased by Rs.34.00/kg.



Compared to the same period of last year, prices of most of the vegetable varieties have increased, with a notable 72% increase reported for tomatoes.

### Coconut Wholesale

Supplies of coconut have decreased, from major producing areas. Prices of both large and small nuts have increased by 3%. Price ranges were Rs.160.00-170.00 for a large nut and Rs.140.00-150.00 for a small nut.

Compared to the same period of last year, the wholesale prices of both large and nuts have decreased by 10% and 8% respectively.

### Retail

Prices of large and small nuts decreased by Rs.5.00 and Rs.9.00 per nut respectively.

The price ranges were Rs.180.00-205.00 for a large nut and Rs.160.00-180.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 2% and 3%, respectively.

### Fruits Wholesale

Prices of most of the fruit varieties have increased due to limited supply. The highest price increase of 42% was reported for passion fruit. However, prices of local orange and kolikuttu banana decreased by 32% and 12% respectively due to low demand.

Compared to the same period of last year, prices of most of the fruit varieties have increased while the highest price increase of 114% reported for papaw.

### Retail

Retail prices of most of the fruit varieties have increased. The highest price increase was reported for avocado by Rs.69.00/fruit. Also, price of passion fruit has increased by Rs.20.00/fruit. Prices of imported grapes and papaw have increased by Rs.6.00/kg and Rs.5.00/kg

respectively. However, the price of kolikuttu banana has decreased by Rs.25.00/kg.

Compared to the same period of last year, prices of most of the fruits have decreased and the highest price decrease was reported for medium sized pineapple as 35%.

### Fresh Fish

#### Wholesale

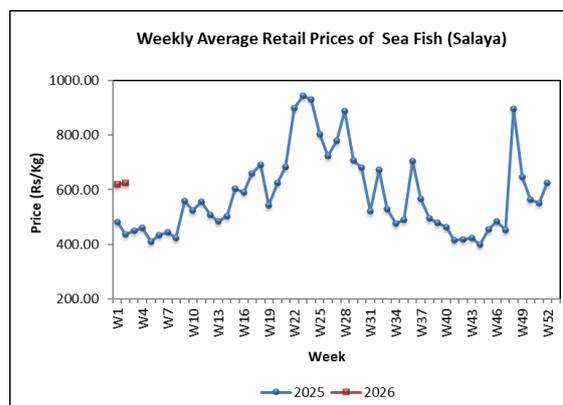
The prices for most of the fresh fish types have increased in the range of 4%-51%. The highest price increase was noted for paraw (51%), followed by thora (45%). The price of hurulla has decreased by 11%.

Compared to the same period of last year, current wholesale prices of most fresh fish types have increased in the range of 12%-50% with the highest increase noted for salaya.

#### Retail

Retail prices of all fresh fish types have increased due to fishermen refraining from going to sea in view of the weather change advisory issued by the Meteorological Department. The price increase for salaya, hurulla, kelawallala, balaya, thora, paraw, mora, shrimp and thalapath was recorded in the range of Rs. 7.00-1065.00/kg. The

maximum price increase was recorded for Thora at Rs.1065.00/kg.



Compared to the same period last year, retail prices of most of the fish types have increased in the range of 9%-44% with the maximum price increase being recorded at 44% for salaya.

### Dried Fish

#### Wholesale

Prices of most local and imported dried fish types have increased in the range of 1%-80%. The highest price increase (80%) was noted for imported mora. The second highest price decrease (40%) was recorded for local anguluwa. The price of imported balaya has decreased by 50%.

Compared to the same period of last year, wholesale prices of most dried fish types have increased, with the highest increase noted for imported mora.

### **Retail**

Except for salaya and balaya, the retail prices of imported sprats, local sprats, anguluwa, kattawa, thora, mora, maduwa have increased. The highest price increase was recorded for local sprats and price was Rs.91.00/kg. The second and third highest price increases were recorded for imported sprats and kattawa, which were Rs.25.00 and Rs.20.00/kg respectively. The highest price decrease was for salaya, which was recorded at Rs.43.00/kg.

Compared to the same period last year, the retail prices of most types of dried fish have increased by 7%-25%, with the highest price increase recorded for local sprats being 25%.

### **Eggs**

#### **Wholesale**

Prices of brown and white eggs have decreased by 15% and 17% respectively. The price range of a brown egg was Rs.29.00-31.00, while the price range of a white egg was Rs.27.00-29.00.

Compared to the same period of last year, current wholesale prices of brown and white eggs have decreased by 22% and 23% respectively.

### **Retail**

The prices of brown and white eggs have further decreased compared to the previous week. The price of brown eggs has decreased by Rs. 7.00 and the price range is between Rs. 30.00-35.00. The price of white eggs has also decreased by Rs.7.00 and the price range is between Rs. 28.00-32.00.

Compared to the same period last year, the retail price of white eggs has decreased by 23% and the retail price of brown eggs has decreased by 19%.

### **Meat**

#### **Retail**

The retail prices of meat other than pork and mutton have increased. The maximum price increase was reported as Rs. 88.00/kg for skinless boiler chicken. The second and third price increases were reported as Rs.76.00/kg for skinless curry chicken and Rs.17.00/kg for beef respectively. The maximum price decrease was reported as Rs. 33.00 per kilogram for pork and the price decrease was reported as Rs. 17.00 per kilogram for mutton.

Compared to the same period last year, retail prices of all meats increased by 6-121%. The highest price increase was recorded at Rs. 121.00/kg for pork.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	13100	13500	12900	13100	17000	18000	11100	11500	10900	11100	10500	10600	10500	10750
Divulapitiya	13100	13250	12500	13000	16000	17000	11350	11400	10800	11200	10000	10700	10000	10700
Kurunegala	-	-	-	-	-	-	11350	11400	11000	11150	-	-	10400	10500
Nikaweratiya	-	-	-	-	17250	17500	11200	11450	10400	10600	-	-	10250	10500
Badulla	13500	13500	-	-	16500	16500	-	-	11250	11250	10000	10250	10000	10250
Puttalam	13500	13750	13000	13000	16750	17250	11400	11500	10500	10750	10500	10500	10000	10250
Dambulla	13000	13100	12000	12050	-	-	11350	11400	10900	11000	10600	10650	10500	10600
Anuradhapura	13750	14000	11900	12100	17000	17500	11250	11400	-	-	10500	10750	10500	10750
Tambuttegama	13750	14000	11800	11900	-	-	11300	11400	10600	10950	10750	10800	10600	10800
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kalutara	13500	13500	-	-	17000	17250	11250	11400	10750	11000	10250	10750	10600	10750
Ampara	-	-	-	-	-	-	11500	11500	11200	11250	9500	10000	9900	10000
Kandy	13250	13500	12250	12500	17000	17250	11100	11250	10750	10900	10400	10500	10500	10750
Moneragala	-	-	11900	12000	17000	17500	11350	11400	-	-	9500	10250	9750	10250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	13500	14000	-	-	17500	17500	11250	11300	10500	11200	10250	10750	10150	10500
Hambantota	-	-	-	-	-	-	-	-	11250	11250	9400	9500	10000	10250
Matara	-	-	-	-	-	-	11450	11500	11200	11250	9500	9750	10200	10300
Galle	-	-	-	-	-	-	11400	11400	11250	11250	9500	10500	9750	10750
Meegoda	-	-	11900	12000	-	-	11000	11000	10750	10800	9900	10250	10250	10400
Tissamaharama	-	-	11950	11950	-	-	11400	11450	-	-	9600	9650	10200	10350
Embilipitiya	-	-	11950	12000	16700	16750	11300	11350	10400	10500	9400	9550	10000	10100
Jaffna	-	-	12200	12250	17100	17200	11300	11500	-	-	10000	10200	10000	10200
Vavuniya	-	-	-	-	-	-	11250	11400	-	-	10700	10800	10600	10750
Mannar	-	-	12500	12750	16500	16750	11250	11250	-	-	10400	10500	10500	10750
Killinochchi	-	-	-	-	-	-	11300	11400	-	-	10250	10400	10700	10750
Mullattivu	-	-	12100	12300	-	-	11000	11100	-	-	10000	10250	10750	10750
Batticaloa	-	-	12900	13000	17500	18000	11250	11500	-	-	10500	10500	10500	10500
Trincomalee	-	-	11900	12000	16500	16750	-	-	10750	10900	10250	10500	10250	10500
Galenbindunuwew	-	-	11950	11950	-	-	11350	11450	11100	11150	10600	10800	10600	10750
Matale	14000	14250	-	-	17000	17500	11300	11350	10900	11000	10500	10750	10400	10500

09

**Table 02: Selected Markets: Retail Price of Rice (Rs/kg)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	270.00	285.00	-	-	360.00	380.00	230.00	240.00	-	-	220.00	230.00	220.00	230.00
Gampaha	-	-	240.00	240.00	-	-	230.00	230.00	-	-	215.00	220.00	213.00	220.00
Kurunegala	-	-	240.00	240.00	-	-	230.00	230.00	-	-	220.00	220.00	215.00	220.00
Nikaweratiya	-	-	-	-	350.00	365.00	230.00	235.00	214.00	218.00	-	-	210.00	215.00
Dambulla	265.00	270.00	240.00	250.00	340.00	360.00	228.00	230.00	220.00	225.00	215.00	220.00	215.00	220.00
Anuradhapura	280.00	285.00	240.00	245.00	350.00	360.00	230.00	230.00	-	-	215.00	220.00	215.00	220.00
Thambuththegama	280.00	280.00	240.00	240.00	360.00	360.00	230.00	230.00	227.00	228.00	215.00	220.00	215.00	218.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	280.00	290.00	-	-	340.00	360.00	230.00	230.00	220.00	225.00	210.00	220.00	216.00	220.00
Badulla	280.00	280.00	-	-	340.00	340.00	230.00	230.00	-	-	210.00	210.00	210.00	215.00
Keppetipola	270.00	275.00	-	-	360.00	370.00	228.00	230.00	224.00	225.00	205.00	208.00	208.00	210.00
Moneragala	-	-	240.00	245.00	350.00	360.00	230.00	230.00	-	-	195.00	210.00	200.00	210.00
Kegalle	280.00	280.00	-	-	-	-	230.00	230.00	225.00	225.00	220.00	220.00	215.00	220.00
Ampara	-	-	240.00	250.00	350.00	350.00	230.00	230.00	224.00	225.00	200.00	220.00	198.00	220.00
Dehiattakandiya	280.00	290.00	-	-	360.00	360.00	230.00	230.00	220.00	226.00	210.00	220.00	210.00	220.00
Nuwaraeliya	270.00	280.00	-	-	360.00	380.00	228.00	230.00	225.00	227.00	206.00	210.00	208.00	212.00
Kandy	270.00	280.00	250.00	255.00	350.00	360.00	230.00	232.00	220.00	225.00	218.00	220.00	218.00	220.00
Puttalam	275.00	280.00	250.00	260.00	350.00	355.00	230.00	230.00	220.00	220.00	220.00	230.00	210.00	220.00
Hambantota	-	-	-	-	-	-	230.00	230.00	-	-	195.00	195.00	210.00	210.00
Rathnapura	275.00	280.00	-	-	350.00	360.00	230.00	240.00	222.00	223.00	210.00	215.00	215.00	220.00
Matara	-	-	250.00	260.00	-	-	230.00	230.00	225.00	230.00	193.00	200.00	210.00	212.00
Galle	270.00	280.00	240.00	250.00	350.00	370.00	230.00	230.00	-	-	200.00	220.00	200.00	220.00
Tissamaharama	-	-	240.00	240.00	-	-	230.00	230.00	-	-	195.00	200.00	205.00	210.00
Meegoda (DEC)	-	-	240.00	245.00	-	-	230.00	230.00	225.00	225.00	210.00	220.00	210.00	220.00
Embilipitiya	-	-	240.00	240.00	335.00	340.00	230.00	230.00	215.00	220.00	188.00	192.00	208.00	212.00
Jaffna	-	-	245.00	250.00	350.00	360.00	225.00	230.00	-	-	218.00	225.00	215.00	220.00
Vavuniya	-	-	-	-	-	-	235.00	238.00	-	-	218.00	220.00	218.00	220.00
Mannar	-	-	256.00	260.00	350.00	360.00	230.00	235.00	-	-	220.00	220.00	220.00	220.00
Killinochchi	-	-	-	-	-	-	230.00	235.00	-	-	210.00	215.00	220.00	225.00
Mullaittivu	-	-	246.00	250.00	-	-	223.00	225.00	-	-	205.00	210.00	220.00	225.00
Batticaloa	265.00	265.00	-	-	355.00	360.00	235.00	240.00	-	-	215.00	220.00	220.00	225.00
Trincomalee	-	-	250.00	250.00	350.00	350.00	225.00	230.00	-	-	215.00	220.00	215.00	220.00
Hanguranketha	-	-	240.00	240.00	-	-	228.00	230.00	-	-	205.00	220.00	215.00	220.00
Veyangoda	-	-	240.00	240.00	340.00	340.00	230.00	230.00	220.00	225.00	220.00	220.00	215.00	220.00
Galenbindunuwewa	-	-	240.00	240.00	-	-	230.00	230.00	225.00	225.00	215.00	220.00	215.00	220.00
Bandarawela	-	-	-	-	345.00	350.00	230.00	230.00	-	-	210.00	215.00	210.00	215.00
Matale	-	-	-	-	360.00	360.00	228.00	230.00	224.00	225.00	218.00	220.00	215.00	220.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)**

Week 02:09 - 15 Jan 2026

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	36500 - 40000	14500 - 16000	-	6000 - 8000	7000 - 15000	-	20000 - 22500	30000 - 35000	35000 - 40000	12250 - 12750
Kurunegala	41000 - 41500	16500 - 17000	-	7000 - 7250	7750 - 8500	-	-	30750 - 31500	44500 - 45000	12100 - 12250
Nikaweratiya	40250 - 41000	15000 - 16000	-	6750 - 7250	9000 - 9500	-	-	29500 - 31500	45000 - 46000	12000 - 12500
Dehiattakandiya	37500 - 41500	17500 - 21500	-	7000 - 9000	8000 - 10000	-	-	30500 - 32500	37500 - 42500	12250 - 12500
Dambulla (DEC)	37500 - 38000	15000 - 15500	-	7000 - 7500	6500 - 8750	-	-	30000 - 32500	36500 - 37500	12250 - 12500
Anuradhapura	42500 - 45000	18000 - 21000	-	8250 - 9000	8500 - 9500	-	-	30000 - 35000	45000 - 47500	12500 - 13250
Thambuththegama	37500 - 40000	16000 - 16000	-	7500 - 8500	6750 - 9250	-	-	29000 - 30000	39000 - 40000	12400 - 12500
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	40500 - 43000	15500 - 16000	-	8000 - 8500	9000 - 10500	-	-	32500 - 37500	40000 - 45000	12500 - 13000
Puttalam	43500 - 44000	-	10000 - 15000	8750 - 9500	7750 - 8000	-	-	34000 - 35000	42500 - 43000	12900 - 13000
Kandy	39000 - 40000	17000 - 175000	-	6750 - 8500	7500 - 9000	-	20000 - 21000	30000 - 32500	38000 - 40000	12750 - 13000
Matara	41500 - 42500	18500 - 19500	-	8000 - 8500	7750 - 9000	-	-	32500 - 35000	40000 - 42500	13000 - 13600
Hambantota	40000 - 42500	17500 - 19000	-	8000 - 8250	9000 - 9500	-	16000 - 17500	27000 - 27500	42500 - 45000	12750 - 13000
Kegalle	40000 - 42000	15500 - 16000	-	7750 - 8000	8000 - 8500	-	19000 - 20000	35000 - 36000	37000 - 38000	-
Galle	40000 - 44000	18000 - 21000	-	9000 - 9750	9000 - 9500	-	17000 - 18000	30000 - 39000	41000 - 47500	12250 - 13250
Tissamaharama	41500 - 42500	18500 - 19000	-	7000 - 7500	8000 - 8250	-	17500 - 18000	26000 - 27500	-	-
Meegoda (DEC)	37500 - 42500	15000 - 16500	-	6500 - 7750	6500 - 8750	-	20500 - 21500	30500 - 32500	39500 - 42500	12300 - 12400
Jaffna	41500 - 41500	-	14500 - 14600	-	9000 - 9500	-	-	31000 - 31600	-	13000 - 13200
Vavuniya	47000 - 48000	-	-	7500 - 8500	8500 - 9500	-	-	30000 - 32500	-	13250 - 13750
Mannar	38750 - 39000	14500 - 15000	-	9000 - 9000	8500 - 8600	-	-	32000 - 32500	-	12500 - 12750
Killinochchi	39000 - 41000	-	16000 - 17000	8000 - 9000	8750 - 9250	-	-	31500 - 33000	-	13000 - 13250
Mullattivu	41500 - 43000	-	16500 - 18500	9000 - 9500	9000 - 10500	-	-	31000 - 33000	-	12500 - 12750
Batticaloa	37500 - 40000	-	-	6500 - 7500	10000 - 10000	-	20000 - 22500	32500 - 35000	37500 - 37500	12500 - 13500
Trincomalee	37500 - 39000	-	14600 - 14850	7300 - 7500	7700 - 8000	-	-	29000 - 31000	-	13250 - 13500
Galenbindunuwewa	39000 - 44000	14250 - 19250	-	9000 - 9500	9000 - 11000	-	-	30500 - 36500	34000 - 44000	12750 - 13750
Matale	38000 - 40000	14000 - 16000	-	8250 - 8500	7000 - 7500	-	-	30000 - 34000	37500 - 40000	12750 - 13000

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	900.00 - 1200.00	400.00 - 560.00	-	180.00 - 290.00	200.00 - 260.00	-	440.00 - 540.00	700.00 - 1000.00	900.00 - 1200.00	270.00 - 320.00
Gampaha	980.00 - 1020.00	440.00 - 480.00	-	240.00 - 260.00	200.00 - 260.00	-	480.00 - 500.00	780.00 - 990.00	850.00 - 990.00	300.00 - 320.00
Kurunegala	960.00 - 1000.00	400.00 - 460.00	-	220.00 - 260.00	220.00 - 240.00	-	-	700.00 - 760.00	960.00 - 1000.00	260.00 - 300.00
Nikaweratiya	840.00 - 950.00	350.00 - 420.00	-	160.00 - 170.00	200.00 - 230.00	-	-	620.00 - 660.00	780.00 - 930.00	255.00 - 265.00
Dambulla	900.00 - 1000.00	440.00 - 480.00	-	180.00 - 200.00	180.00 - 220.00	-	-	800.00 - 850.00	900.00 - 950.00	265.00 - 280.00
Anuradhapura	900.00 - 1000.00	400.00 - 500.00	-	180.00 - 200.00	200.00 - 240.00	-	-	700.00 - 800.00	950.00 - 1100.00	260.00 - 280.00
Thambuththegama	920.00 - 1000.00	320.00 - 400.00	-	160.00 - 200.00	180.00 - 230.00	-	-	780.00 - 830.00	900.00 - 1000.00	255.00 - 268.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	850.00 - 950.00	400.00 - 440.00	-	190.00 - 200.00	180.00 - 250.00	-	-	650.00 - 780.00	840.00 - 1000.00	255.00 - 270.00
Badulla	900.00 - 1000.00	400.00 - 500.00	-	180.00 - 200.00	200.00 - 200.00	460.00 - 480.00	-	700.00 - 725.00	900.00 - 900.00	280.00 - 280.00
Keppetipola	860.00 - 900.00	360.00 - 380.00	-	180.00 - 190.00	190.00 - 200.00	380.00 - 400.00	-	700.00 - 720.00	900.00 - 950.00	280.00 - 290.00
Moneragala	900.00 - 1000.00	400.00 - 480.00	-	190.00 - 200.00	200.00 - 240.00	-	-	700.00 - 740.00	800.00 - 840.00	260.00 - 280.00
Kegalle	850.00 - 1100.00	380.00 - 400.00	-	180.00 - 240.00	200.00 - 240.00	-	-	700.00 - 760.00	830.00 - 960.00	260.00 - 300.00
Ampara	850.00 - 890.00	380.00 - 420.00	-	160.00 - 250.00	200.00 - 220.00	360.00 - 390.00	-	650.00 - 700.00	850.00 - 950.00	255.00 - 260.00
Dehiattakandiya	800.00 - 880.00	400.00 - 500.00	-	160.00 - 200.00	180.00 - 240.00	-	-	650.00 - 950.00	850.00 - 950.00	255.00 - 260.00
Nuwaraeliya	850.00 - 900.00	350.00 - 380.00	-	200.00 - 220.00	220.00 - 230.00	-	400.00 - 420.00	740.00 - 800.00	880.00 - 920.00	280.00 - 290.00
Kandy	900.00 - 1000.00	480.00 - 500.00	-	200.00 - 240.00	220.00 - 260.00	-	450.00 - 480.00	680.00 - 800.00	960.00 - 1000.00	280.00 - 300.00
Puttalam	900.00 - 950.00	-	400.00 - 400.00	200.00 - 240.00	200.00 - 220.00	-	-	700.00 - 850.00	850.00 - 1000.00	270.00 - 290.00
Rathnapura	880.00 - 960.00	440.00 - 500.00	-	220.00 - 260.00	230.00 - 250.00	-	440.00 - 450.00	650.00 - 720.00	880.00 - 920.00	265.00 - 280.00
Hambantota	900.00 - 950.00	400.00 - 450.00	-	200.00 - 240.00	200.00 - 240.00	380.00 - 400.00	-	600.00 - 700.00	900.00 - 950.00	267.00 - 280.00
Matara	880.00 - 950.00	400.00 - 480.00	-	180.00 - 200.00	200.00 - 220.00	-	-	700.00 - 850.00	850.00 - 950.00	280.00 - 300.00
Galle	900.00 - 950.00	400.00 - 500.00	-	180.00 - 220.00	200.00 - 220.00	360.00 - 380.00	-	650.00 - 860.00	850.00 - 1100.00	260.00 - 280.00
Tissamaharama	890.00 - 960.00	400.00 - 450.00	-	180.00 - 210.00	180.00 - 200.00	-	-	580.00 - 600.00	950.00 - 950.00	260.00 - 280.00
Meegoda (DEC)	900.00 - 1000.00	440.00 - 560.00	-	200.00 - 240.00	220.00 - 240.00	-	480.00 - 480.00	720.00 - 800.00	1000.00 - 1120.00	270.00 - 300.00
Embilipitiya	850.00 - 900.00	400.00 - 420.00	460.00 - 480.00	160.00 - 170.00	200.00 - 240.00	-	490.00 - 500.00	680.00 - 720.00	850.00 - 900.00	260.00 - 300.00
Jaffna	850.00 - 880.00	-	340.00 - 380.00	210.00 - 230.00	210.00 - 220.00	-	-	680.00 - 700.00	-	270.00 - 280.00
Vavuniya	970.00 - 1020.00	-	-	200.00 - 220.00	200.00 - 220.00	-	-	700.00 - 740.00	-	280.00 - 300.00
Mannar	950.00 - 960.00	-	-	240.00 - 240.00	220.00 - 220.00	-	-	700.00 - 750.00	-	260.00 - 270.00
Killinochchi	850.00 - 880.00	-	350.00 - 380.00	190.00 - 210.00	190.00 - 210.00	-	-	680.00 - 720.00	-	270.00 - 280.00
Mullaittivu	850.00 - 880.00	-	350.00 - 380.00	-	190.00 - 220.00	-	-	640.00 - 680.00	-	255.00 - 260.00
Batticaloa	900.00 - 1000.00	-	-	250.00 - 280.00	240.00 - 250.00	-	500.00 - 550.00	700.00 - 750.00	900.00 - 950.00	260.00 - 270.00
Trincomalee	850.00 - 880.00	320.00 - 340.00	350.00 - 360.00	200.00 - 220.00	220.00 - 230.00	-	-	680.00 - 740.00	-	275.00 - 280.00
Hanguranketha	890.00 - 1000.00	-	380.00 - 380.00	190.00 - 225.00	200.00 - 230.00	-	-	720.00 - 760.00	850.00 - 900.00	258.00 - 260.00
Veyangoda	800.00 - 840.00	440.00 - 480.00	-	200.00 - 240.00	200.00 - 240.00	400.00 - 440.00	480.00 - 480.00	720.00 - 1000.00	1000.00 - 1040.00	260.00 - 280.00
Galenbindunuwewa	800.00 - 900.00	300.00 - 400.00	-	200.00 - 240.00	200.00 - 240.00	-	-	630.00 - 750.00	850.00 - 900.00	260.00 - 280.00
Bandarawela	800.00 - 870.00	420.00 - 460.00	-	170.00 - 200.00	200.00 - 220.00	380.00 - 420.00	-	700.00 - 800.00	900.00 - 950.00	270.00 - 280.00
Matale	850.00 - 980.00	340.00 - 360.00	-	180.00 - 240.00	180.00 - 200.00	-	-	700.00 - 800.00	850.00 - 900.00	270.00 - 280.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)**

Week 02:09 - 15 Jan 2026

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	350.00 - 450.00	280.00 - 350.00	300.00 - 350.00	600.00 - 800.00	280.00 - 350.00
Meegoda (DEC)	-	450.00 - 520.00	300.00 - 370.00	320.00 - 350.00	500.00 - 650.00	350.00 - 380.00
Dambulla (DEC)	-	350.00 - 450.00	250.00 - 300.00	280.00 - 330.00	350.00 - 450.00	200.00 - 250.00
Keppetipola (DEC)	-	350.00 - 400.00	250.00 - 300.00	320.00 - 350.00	500.00 - 550.00	250.00 - 300.00
Norochchole (DEC)	-	500.00 - 550.00	450.00 - 500.00	420.00 - 460.00	480.00 - 520.00	-
Nuwara Eliya	-	360.00 - 380.00	380.00 - 420.00	380.00 - 400.00	520.00 - 530.00	280.00 - 320.00
Kandy	-	500.00 - 550.00	300.00 - 330.00	300.00 - 340.00	600.00 - 650.00	300.00 - 350.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	400.00 - 480.00	400.00 - 450.00	380.00 - 430.00	550.00 - 650.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	350.00 - 400.00	270.00 - 320.00	280.00 - 320.00	500.00 - 550.00	300.00 - 330.00
Veyangoda	-	430.00 - 450.00	300.00 - 350.00	280.00 - 340.00	550.00 - 600.00	340.00 - 380.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 150.00	150.00 - 250.00	400.00 - 500.00	150.00 - 250.00	150.00 - 400.00	500.00 - 800.00
Meegoda (DEC)	150.00 - 190.00	180.00 - 220.00	420.00 - 500.00	250.00 - 300.00	300.00 - 340.00	670.00 - 700.00
Moneragala	150.00 - 160.00	250.00 - 300.00	450.00 - 500.00	180.00 - 240.00	250.00 - 300.00	650.00 - 670.00
Dambulla (DEC)	100.00 - 120.00	150.00 - 200.00	350.00 - 400.00	180.00 - 220.00	180.00 - 250.00	550.00 - 650.00
Keppetipola (DEC)	60.00 - 70.00	160.00 - 200.00	350.00 - 400.00	200.00 - 220.00	250.00 - 300.00	550.00 - 650.00
Norochchole (DEC)	170.00 - 200.00	240.00 - 280.00	500.00 - 550.00	280.00 - 300.00	350.00 - 380.00	850.00 - 950.00
Nuwara Eliya	90.00 - 100.00	240.00 - 250.00	350.00 - 400.00	230.00 - 240.00	280.00 - 300.00	640.00 - 660.00
Kandy	100.00 - 130.00	180.00 - 220.00	400.00 - 450.00	250.00 - 270.00	250.00 - 300.00	600.00 - 650.00
Hambantota	-	-	320.00 - 350.00	250.00 - 300.00	250.00 - 300.00	750.00 - 800.00
Thambuththegama (DEC)	120.00 - 150.00	210.00 - 250.00	380.00 - 450.00	200.00 - 250.00	180.00 - 230.00	580.00 - 700.00
Tissamaharama	240.00 - 260.00	260.00 - 280.00	440.00 - 460.00	180.00 - 200.00	280.00 - 300.00	650.00 - 680.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 100.00	160.00 - 200.00	380.00 - 420.00	200.00 - 220.00	260.00 - 300.00	550.00 - 600.00
Veyangoda	120.00 - 150.00	200.00 - 230.00	450.00 - 500.00	270.00 - 320.00	300.00 - 350.00	680.00 - 720.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 150.00	80.00 - 180.00	400.00 - 500.00	250.00 - 300.00	-	350.00 - 450.00
Meegoda (DEC)	120.00 - 160.00	120.00 - 160.00	480.00 - 550.00	330.00 - 350.00	-	480.00 - 530.00
Moneragala	160.00 - 170.00	150.00 - 170.00	600.00 - 650.00	300.00 - 330.00	-	450.00 - 500.00
Dambulla (DEC)	90.00 - 120.00	100.00 - 130.00	380.00 - 450.00	170.00 - 200.00	-	350.00 - 450.00
Keppetipola (DEC)	120.00 - 130.00	150.00 - 160.00	420.00 - 440.00	250.00 - 260.00	-	380.00 - 400.00
Norochchole (DEC)	180.00 - 200.00	160.00 - 200.00	480.00 - 500.00	300.00 - 350.00	-	500.00 - 550.00
Nuwara Eliya	120.00 - 130.00	140.00 - 150.00	450.00 - 460.00	280.00 - 300.00	-	400.00 - 420.00
Kandy	100.00 - 120.00	130.00 - 150.00	350.00 - 380.00	230.00 - 250.00	-	350.00 - 380.00
Hambantota	120.00 - 150.00	150.00 - 200.00	650.00 - 700.00	350.00 - 400.00	-	500.00 - 550.00
Thambuththegama (DEC)	100.00 - 130.00	80.00 - 100.00	400.00 - 450.00	200.00 - 250.00	-	400.00 - 450.00
Tissamaharama	150.00 - 160.00	140.00 - 150.00	580.00 - 600.00	260.00 - 280.00	-	450.00 - 460.00
Jaffna	-	-	-	-	-	-
Bandarawela	90.00 - 110.00	110.00 - 120.00	450.00 - 500.00	250.00 - 280.00	-	380.00 - 420.00
Veyangoda	100.00 - 120.00	120.00 - 140.00	480.00 - 520.00	270.00 - 300.00	-	520.00 - 550.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	150.00 - 250.00	160.00 - 200.00	550.00 - 700.00	150.00 - 200.00	200.00 - 260.00	80.00 - 130.00
Meegoda (DEC)	250.00 - 300.00	170.00 - 200.00	800.00 - 950.00	180.00 - 200.00	200.00 - 220.00	100.00 - 110.00
Moneragala	140.00 - 150.00	130.00 - 160.00	700.00 - 800.00	150.00 - 170.00	-	100.00 - 120.00
Dambulla (DEC)	160.00 - 230.00	150.00 - 180.00	550.00 - 650.00	120.00 - 130.00	160.00 - 180.00	80.00 - 100.00
Keppetipola (DEC)	180.00 - 200.00	160.00 - 170.00	600.00 - 650.00	180.00 - 200.00	180.00 - 200.00	80.00 - 100.00
Norochhole (DEC)	300.00 - 320.00	180.00 - 200.00	800.00 - 850.00	200.00 - 250.00	-	100.00 - 100.00
Nuwara Eliya	190.00 - 220.00	170.00 - 180.00	640.00 - 680.00	200.00 - 220.00	200.00 - 220.00	100.00 - 120.00
Kandy	200.00 - 230.00	170.00 - 190.00	500.00 - 600.00	130.00 - 150.00	180.00 - 200.00	100.00 - 120.00
Hambantota	150.00 - 150.00	100.00 - 120.00	1000.00 - 1000.00	200.00 - 250.00	250.00 - 300.00	150.00 - 160.00
Thambuththegama (DEC)	180.00 - 250.00	120.00 - 150.00	560.00 - 750.00	120.00 - 150.00	150.00 - 190.00	90.00 - 110.00
Tissamaharama	140.00 - 150.00	150.00 - 160.00	760.00 - 780.00	180.00 - 200.00	280.00 - 300.00	140.00 - 160.00
Jaffna	-	-	-	-	-	-
Bandarawela	170.00 - 200.00	160.00 - 190.00	600.00 - 650.00	200.00 - 220.00	200.00 - 220.00	-
Veyangoda	300.00 - 330.00	180.00 - 200.00	700.00 - 800.00	160.00 - 200.00	200.00 - 220.00	120.00 - 140.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/bundle)</b>			<b>Coconut (Rs/nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	45.00 - 50.00	45.00 - 50.00	280.00 - 300.00	160.00 - 170.00	140.00 - 150.00
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	210.00 - 240.00	170.00 - 180.00	150.00 - 155.00
Norochhole (DEC)	40.00 - 40.00	40.00 - 40.00	-	160.00 - 170.00	135.00 - 145.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 35.00	125.00 - 150.00	110.00 - 120.00	80.00 - 90.00
Kandy	50.00 - 55.00	50.00 - 60.00	280.00 - 300.00	145.00 - 155.00	105.00 - 110.00
Hambantota	45.00 - 50.00	45.00 - 50.00	-	170.00 - 180.00	130.00 - 150.00
Thambuththegama (DEC)	-	-	-	130.00 - 140.00	90.00 - 105.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	-	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	-	-	-	-	-

*Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg*

**Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	450.00 - 800.00	400.00 - 600.00	360.00 - 600.00	700.00 - 1000.00	400.00 - 650.00	200.00 - 400.00	280.00 - 560.00	500.00 - 800.00								
Gampaha	-	480.00 - 560.00	480.00 - 640.00	520.00 - 600.00	800.00 - 880.00	600.00 - 600.00	220.00 - 250.00	400.00 - 480.00	600.00 - 720.00								
Kurunegala	-	500.00 - 600.00	500.00 - 580.00	560.00 - 600.00	800.00 - 800.00	480.00 - 480.00	200.00 - 240.00	380.00 - 400.00	670.00 - 700.00								
Nikaweratiya	-	600.00 - 650.00	480.00 - 600.00	480.00 - 600.00	600.00 - 880.00	480.00 - 720.00	240.00 - 320.00	400.00 - 500.00	600.00 - 720.00								
Dambulla	-	540.00 - 600.00	480.00 - 540.00	500.00 - 540.00	780.00 - 800.00	400.00 - 500.00	200.00 - 280.00	360.00 - 400.00	560.00 - 600.00								
Anuradhapura	-	600.00 - 640.00	480.00 - 560.00	480.00 - 560.00	720.00 - 800.00	-	280.00 - 320.00	360.00 - 400.00	640.00 - 680.00								
Thambuththegama	-	550.00 - 680.00	550.00 - 600.00	520.00 - 600.00	800.00 - 900.00	-	220.00 - 250.00	360.00 - 450.00	600.00 - 700.00								
Polonnaruwa	-	-	-	-	-	-	-	-	-								
Kaluthara	-	600.00 - 640.00	400.00 - 440.00	500.00 - 600.00	800.00 - 1000.00	-	300.00 - 320.00	400.00 - 480.00	600.00 - 700.00								
Badulla	-	580.00 - 600.00	380.00 - 400.00	480.00 - 520.00	780.00 - 800.00	580.00 - 600.00	240.00 - 320.00	380.00 - 400.00	580.00 - 600.00								
Keppetipola	-	420.00 - 460.00	340.00 - 360.00	380.00 - 420.00	560.00 - 600.00	340.00 - 360.00	120.00 - 130.00	220.00 - 260.00	450.00 - 460.00								
Moneragala	-	540.00 - 600.00	480.00 - 520.00	480.00 - 520.00	740.00 - 800.00	-	200.00 - 240.00	360.00 - 400.00	580.00 - 600.00								
Kegalle	-	640.00 - 700.00	550.00 - 600.00	600.00 - 640.00	900.00 - 960.00	560.00 - 600.00	400.00 - 450.00	400.00 - 450.00	680.00 - 720.00								
Ampara	-	520.00 - 600.00	480.00 - 540.00	420.00 - 480.00	720.00 - 740.00	-	240.00 - 280.00	360.00 - 420.00	500.00 - 560.00								
Dehiattakandiya	-	550.00 - 600.00	600.00 - 600.00	600.00 - 600.00	-	-	300.00 - 320.00	300.00 - 400.00	600.00 - 600.00								
Nuwaraeliya	-	480.00 - 500.00	500.00 - 520.00	480.00 - 500.00	620.00 - 640.00	380.00 - 400.00	220.00 - 240.00	350.00 - 360.00	480.00 - 520.00								
Kandy	-	800.00 - 900.00	550.00 - 600.00	500.00 - 550.00	850.00 - 900.00	480.00 - 500.00	200.00 - 240.00	300.00 - 340.00	550.00 - 600.00								
Puttalam	-	600.00 - 640.00	600.00 - 600.00	600.00 - 600.00	720.00 - 800.00	480.00 - 480.00	300.00 - 320.00	400.00 - 480.00	600.00 - 720.00								
Hambantota	-	650.00 - 700.00	480.00 - 550.00	480.00 - 550.00	800.00 - 800.00	500.00 - 550.00	400.00 - 480.00	450.00 - 500.00	480.00 - 520.00								
Rathnapura	-	520.00 - 600.00	400.00 - 520.00	450.00 - 530.00	750.00 - 800.00	-	280.00 - 350.00	360.00 - 440.00	500.00 - 600.00								
Matara	-	600.00 - 640.00	380.00 - 480.00	380.00 - 480.00	-	520.00 - 600.00	200.00 - 320.00	360.00 - 400.00	480.00 - 600.00								
Galle	-	700.00 - 800.00	480.00 - 600.00	500.00 - 580.00	-	400.00 - 480.00	300.00 - 340.00	480.00 - 600.00	480.00 - 600.00								
Tissamaharama	-	640.00 - 660.00	440.00 - 460.00	440.00 - 460.00	850.00 - 860.00	550.00 - 560.00	280.00 - 320.00	320.00 - 350.00	500.00 - 520.00								
Meegoda (DEC)	-	560.00 - 600.00	520.00 - 600.00	480.00 - 560.00	760.00 - 800.00	560.00 - 640.00	320.00 - 400.00	360.00 - 480.00	640.00 - 720.00								
Embilipitiya	-	520.00 - 600.00	400.00 - 480.00	400.00 - 480.00	700.00 - 800.00	-	160.00 - 200.00	400.00 - 480.00	400.00 - 480.00								
Jaffna	-	780.00 - 800.00	550.00 - 580.00	400.00 - 420.00	800.00 - 900.00	-	300.00 - 360.00	450.00 - 480.00	640.00 - 680.00								
Vavuniya	-	600.00 - 700.00	600.00 - 700.00	600.00 - 700.00	800.00 - 900.00	-	400.00 - 500.00	400.00 - 500.00	750.00 - 850.00								
Mannar	-	600.00 - 650.00	450.00 - 480.00	600.00 - 600.00	850.00 - 900.00	-	240.00 - 250.00	450.00 - 480.00	600.00 - 600.00								
Killinochchi	-	750.00 - 800.00	560.00 - 600.00	400.00 - 440.00	900.00 - 950.00	-	200.00 - 230.00	340.00 - 360.00	600.00 - 640.00								
Mullaittivu	-	600.00 - 650.00	550.00 - 600.00	550.00 - 600.00	850.00 - 900.00	-	280.00 - 320.00	380.00 - 420.00	600.00 - 650.00								
Batticaloa	-	750.00 - 800.00	500.00 - 500.00	500.00 - 500.00	700.00 - 800.00	-	240.00 - 300.00	450.00 - 500.00	500.00 - 500.00								
Trincomalee	-	750.00 - 800.00	540.00 - 560.00	480.00 - 520.00	850.00 - 860.00	-	300.00 - 350.00	380.00 - 440.00	580.00 - 640.00								
Hanguranketha	-	510.00 - 550.00	350.00 - 380.00	375.00 - 400.00	620.00 - 650.00	-	150.00 - 160.00	260.00 - 280.00	340.00 - 380.00								
Veyangoda	-	520.00 - 600.00	440.00 - 520.00	440.00 - 520.00	720.00 - 800.00	520.00 - 560.00	240.00 - 320.00	320.00 - 400.00	640.00 - 720.00								
Galenbindunuwewa	-	680.00 - 800.00	540.00 - 620.00	540.00 - 620.00	580.00 - 600.00	440.00 - 480.00	260.00 - 340.00	340.00 - 420.00	680.00 - 720.00								
Bandarawela	-	440.00 - 520.00	360.00 - 400.00	360.00 - 420.00	620.00 - 660.00	420.00 - 460.00	180.00 - 220.00	300.00 - 340.00	460.00 - 520.00								
Matale	-	700.00 - 800.00	600.00 - 640.00	600.00 - 700.00	880.00 - 960.00	600.00 - 680.00	280.00 - 320.00	400.00 - 480.00	800.00 - 850.00								

Table 07 (Contd.)

LOCATIONS	Low Country Varieties									
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans
Colombo	300.00 - 560.00	350.00 - 650.00	560.00 - 1200.00	160.00 - 280.00	200.00 - 320.00	550.00 - 900.00	350.00 - 600.00	-	400.00 - 700.00	300.00 - 560.00
Gampaha	400.00 - 480.00	480.00 - 560.00	900.00 - 1200.00	240.00 - 260.00	200.00 - 260.00	720.00 - 1000.00	520.00 - 540.00	-	640.00 - 700.00	400.00 - 560.00
Kurunegala	380.00 - 420.00	400.00 - 460.00	1000.00 - 1150.00	180.00 - 220.00	180.00 - 200.00	700.00 - 800.00	400.00 - 440.00	-	700.00 - 780.00	360.00 - 400.00
Nikaweratiya	400.00 - 460.00	400.00 - 480.00	880.00 - 1000.00	200.00 - 230.00	160.00 - 250.00	640.00 - 880.00	320.00 - 400.00	-	650.00 - 720.00	200.00 - 320.00
Dambulla	380.00 - 400.00	460.00 - 500.00	900.00 - 1000.00	200.00 - 240.00	200.00 - 280.00	800.00 - 880.00	400.00 - 440.00	-	560.00 - 600.00	300.00 - 400.00
Anuradhapura	380.00 - 440.00	440.00 - 520.00	880.00 - 1000.00	200.00 - 240.00	200.00 - 240.00	720.00 - 800.00	320.00 - 400.00	-	560.00 - 600.00	360.00 - 400.00
Thambuththegama	380.00 - 450.00	350.00 - 400.00	800.00 - 1000.00	200.00 - 240.00	160.00 - 200.00	600.00 - 680.00	380.00 - 440.00	-	650.00 - 750.00	320.00 - 400.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	340.00 - 480.00	400.00 - 500.00	800.00 - 1200.00	200.00 - 260.00	300.00 - 320.00	680.00 - 880.00	480.00 - 600.00	-	500.00 - 640.00	360.00 - 480.00
Badulla	320.00 - 400.00	400.00 - 420.00	800.00 - 840.00	160.00 - 200.00	240.00 - 250.00	780.00 - 800.00	580.00 - 600.00	-	580.00 - 600.00	300.00 - 320.00
Keppetipola	260.00 - 300.00	320.00 - 360.00	650.00 - 750.00	180.00 - 200.00	220.00 - 230.00	480.00 - 520.00	320.00 - 340.00	-	460.00 - 480.00	240.00 - 260.00
Moneragala	260.00 - 300.00	380.00 - 400.00	780.00 - 800.00	200.00 - 240.00	200.00 - 240.00	720.00 - 760.00	380.00 - 400.00	-	560.00 - 600.00	240.00 - 260.00
Kegalle	460.00 - 500.00	500.00 - 520.00	800.00 - 900.00	250.00 - 280.00	280.00 - 320.00	720.00 - 750.00	400.00 - 450.00	-	700.00 - 720.00	450.00 - 480.00
Ampara	360.00 - 380.00	420.00 - 480.00	800.00 - 900.00	200.00 - 240.00	200.00 - 280.00	500.00 - 640.00	400.00 - 480.00	-	380.00 - 460.00	320.00 - 460.00
Dehiattakandiya	400.00 - 400.00	400.00 - 400.00	800.00 - 800.00	200.00 - 240.00	150.00 - 200.00	800.00 - 800.00	300.00 - 300.00	-	600.00 - 800.00	200.00 - 300.00
Nuwaraeliya	320.00 - 340.00	380.00 - 400.00	760.00 - 780.00	240.00 - 260.00	240.00 - 260.00	540.00 - 560.00	380.00 - 400.00	-	500.00 - 520.00	280.00 - 300.00
Kandy	360.00 - 400.00	360.00 - 400.00	1000.00 - 1100.00	160.00 - 180.00	180.00 - 200.00	480.00 - 500.00	400.00 - 450.00	-	480.00 - 500.00	260.00 - 300.00
Puttalam	350.00 - 400.00	600.00 - 700.00	900.00 - 1200.00	280.00 - 300.00	240.00 - 300.00	600.00 - 640.00	450.00 - 480.00	-	720.00 - 800.00	400.00 - 400.00
Rathnapura	240.00 - 280.00	380.00 - 460.00	1000.00 - 1200.00	200.00 - 250.00	200.00 - 280.00	800.00 - 920.00	400.00 - 500.00	-	500.00 - 600.00	350.00 - 400.00
Hambantota	320.00 - 350.00	400.00 - 450.00	900.00 - 920.00	200.00 - 240.00	250.00 - 280.00	800.00 - 850.00	450.00 - 500.00	-	600.00 - 600.00	240.00 - 300.00
Matara	320.00 - 400.00	340.00 - 480.00	800.00 - 900.00	180.00 - 200.00	200.00 - 240.00	760.00 - 800.00	420.00 - 480.00	-	480.00 - 600.00	240.00 - 280.00
Galle	320.00 - 380.00	400.00 - 480.00	1000.00 - 1200.00	180.00 - 200.00	180.00 - 240.00	600.00 - 700.00	400.00 - 480.00	-	480.00 - 600.00	320.00 - 380.00
Tissamaharama	240.00 - 260.00	340.00 - 350.00	750.00 - 780.00	200.00 - 220.00	180.00 - 200.00	660.00 - 680.00	320.00 - 340.00	-	520.00 - 550.00	180.00 - 200.00
Meegoda (DEC)	360.00 - 400.00	480.00 - 560.00	960.00 - 1000.00	240.00 - 280.00	240.00 - 320.00	600.00 - 800.00	420.00 - 560.00	-	680.00 - 720.00	400.00 - 480.00
Embilipitiya	280.00 - 360.00	280.00 - 320.00	700.00 - 800.00	160.00 - 240.00	150.00 - 200.00	750.00 - 800.00	320.00 - 400.00	-	500.00 - 600.00	150.00 - 200.00
Jaffna	400.00 - 450.00	520.00 - 550.00	1100.00 - 1200.00	150.00 - 160.00	180.00 - 220.00	1200.00 - 1300.00	400.00 - 460.00	-	-	540.00 - 580.00
Vavuniya	400.00 - 500.00	300.00 - 400.00	1200.00 - 1300.00	200.00 - 250.00	200.00 - 250.00	1200.00 - 1300.00	400.00 - 500.00	-	-	-
Mannar	300.00 - 350.00	600.00 - 600.00	1200.00 - 1200.00	180.00 - 200.00	-	1200.00 - 1200.00	600.00 - 600.00	-	-	600.00 - 650.00
Killinochchi	340.00 - 360.00	600.00 - 640.00	1300.00 - 1350.00	150.00 - 180.00	120.00 - 140.00	1400.00 - 1450.00	380.00 - 420.00	-	-	600.00 - 640.00
Mullaittivu	350.00 - 400.00	650.00 - 700.00	600.00 - 650.00	120.00 - 150.00	160.00 - 180.00	600.00 - 700.00	400.00 - 450.00	-	-	600.00 - 650.00
Batticaloa	300.00 - 300.00	600.00 - 600.00	1500.00 - 1500.00	150.00 - 150.00	250.00 - 280.00	800.00 - 800.00	380.00 - 400.00	-	400.00 - 450.00	400.00 - 400.00
Trincomalee	360.00 - 400.00	650.00 - 700.00	1150.00 - 1200.00	200.00 - 220.00	240.00 - 250.00	1150.00 - 1200.00	380.00 - 400.00	-	-	650.00 - 700.00
Hanguranketha	340.00 - 380.00	420.00 - 500.00	680.00 - 720.00	180.00 - 180.00	200.00 - 220.00	500.00 - 550.00	250.00 - 280.00	-	500.00 - 520.00	350.00 - 380.00
Veyangoda	400.00 - 440.00	440.00 - 520.00	800.00 - 1000.00	220.00 - 280.00	240.00 - 280.00	680.00 - 720.00	400.00 - 440.00	-	680.00 - 720.00	400.00 - 440.00
Galenbindunuwewa	240.00 - 300.00	440.00 - 500.00	1100.00 - 1200.00	180.00 - 240.00	240.00 - 300.00	720.00 - 800.00	340.00 - 400.00	-	520.00 - 600.00	320.00 - 400.00
Bandarawela	260.00 - 300.00	320.00 - 360.00	760.00 - 850.00	160.00 - 200.00	200.00 - 230.00	560.00 - 600.00	320.00 - 360.00	-	400.00 - 460.00	300.00 - 340.00
Matale	320.00 - 400.00	480.00 - 560.00	900.00 - 1000.00	200.00 - 240.00	200.00 - 280.00	720.00 - 800.00	400.00 - 480.00	-	620.00 - 700.00	440.00 - 480.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	240.00 - 400.00	680.00 - 1200.00	350.00 - 600.00	300.00 - 400.00	160.00 - 240.00	50.00 - 100.00	50.00 - 100.00	260.00 - 340.00	180.00 - 205.00	160.00 - 180.00
Gampaha	360.00 - 400.00	950.00 - 1200.00	400.00 - 600.00	400.00 - 440.00	150.00 - 180.00	70.00 - 70.00	70.00 - 70.00	40.00 - 50.00	160.00 - 200.00	110.00 - 150.00
Kurunegala	380.00 - 400.00	900.00 - 1000.00	280.00 - 300.00	360.00 - 380.00	160.00 - 180.00	60.00 - 70.00	60.00 - 60.00	60.00 - 70.00	180.00 - 190.00	110.00 - 130.00
Nikaweratiya	240.00 - 320.00	1000.00 - 1250.00	300.00 - 400.00	240.00 - 300.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	150.00 - 160.00	150.00 - 170.00	120.00 - 140.00
Dambulla	250.00 - 300.00	1000.00 - 1200.00	400.00 - 450.00	280.00 - 320.00	200.00 - 220.00	60.00 - 80.00	60.00 - 80.00	60.00 - 80.00	140.00 - 160.00	110.00 - 120.00
Anuradhapura	240.00 - 320.00	1000.00 - 1200.00	400.00 - 500.00	280.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 180.00	100.00 - 150.00
Thambuththegama	240.00 - 280.00	880.00 - 1100.00	220.00 - 250.00	280.00 - 360.00	180.00 - 220.00	-	-	-	150.00 - 160.00	110.00 - 130.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	280.00 - 320.00	1100.00 - 1200.00	450.00 - 600.00	300.00 - 350.00	180.00 - 200.00	80.00 - 80.00	80.00 - 100.00	100.00 - 120.00	200.00 - 200.00	150.00 - 170.00
Badulla	300.00 - 320.00	800.00 - 1000.00	300.00 - 400.00	-	200.00 - 220.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 180.00	140.00 - 140.00
Keppetipola	220.00 - 240.00	750.00 - 800.00	350.00 - 360.00	240.00 - 250.00	130.00 - 140.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	180.00 - 200.00	160.00 - 170.00
Moneragala	200.00 - 240.00	900.00 - 1000.00	250.00 - 300.00	-	160.00 - 170.00	50.00 - 60.00	50.00 - 60.00	60.00 - 80.00	150.00 - 170.00	120.00 - 130.00
Kegalle	280.00 - 300.00	1400.00 - 1450.00	400.00 - 420.00	300.00 - 350.00	180.00 - 200.00	80.00 - 80.00	80.00 - 80.00	50.00 - 50.00	200.00 - 200.00	180.00 - 190.00
Ampara	280.00 - 320.00	800.00 - 920.00	400.00 - 500.00	300.00 - 380.00	150.00 - 180.00	60.00 - 70.00	60.00 - 70.00	-	150.00 - 170.00	-
Dehiattakandiya	200.00 - 300.00	800.00 - 1200.00	200.00 - 300.00	200.00 - 200.00	150.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	140.00 - 150.00	120.00 - 130.00
Nuwareliya	260.00 - 280.00	800.00 - 900.00	350.00 - 400.00	320.00 - 340.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	80.00 - 90.00	190.00 - 200.00	150.00 - 180.00
Kandy	260.00 - 300.00	950.00 - 1000.00	260.00 - 300.00	300.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	160.00 - 180.00	120.00 - 140.00
Puttalam	240.00 - 250.00	1200.00 - 1400.00	300.00 - 400.00	400.00 - 400.00	200.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	200.00 - 220.00	160.00 - 170.00
Rathnapura	220.00 - 260.00	1200.00 - 1300.00	400.00 - 500.00	300.00 - 400.00	140.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	140.00 - 170.00
Hambanthota	150.00 - 200.00	1200.00 - 1300.00	320.00 - 350.00	350.00 - 400.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	200.00 - 230.00	160.00 - 180.00
Matara	240.00 - 280.00	800.00 - 1000.00	250.00 - 350.00	280.00 - 320.00	200.00 - 230.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	185.00 - 200.00	150.00 - 165.00
Galle	240.00 - 320.00	800.00 - 1000.00	380.00 - 500.00	280.00 - 360.00	180.00 - 240.00	60.00 - 60.00	50.00 - 60.00	80.00 - 100.00	180.00 - 200.00	160.00 - 160.00
Tissamaharama	180.00 - 200.00	850.00 - 880.00	240.00 - 260.00	340.00 - 350.00	180.00 - 200.00	45.00 - 50.00	45.00 - 50.00	70.00 - 80.00	180.00 - 190.00	150.00 - 160.00
Meegoda (DEC)	280.00 - 320.00	920.00 - 1000.00	360.00 - 440.00	300.00 - 320.00	150.00 - 180.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	200.00 - 230.00	170.00 - 190.00
Embilipitiya	150.00 - 200.00	1000.00 - 1100.00	300.00 - 400.00	320.00 - 400.00	150.00 - 180.00	60.00 - 80.00	50.00 - 70.00	100.00 - 120.00	160.00 - 200.00	120.00 - 150.00
Jaffna	140.00 - 160.00	1000.00 - 1200.00	200.00 - 300.00	280.00 - 320.00	180.00 - 200.00	110.00 - 120.00	80.00 - 80.00	80.00 - 80.00	200.00 - 210.00	110.00 - 120.00
Vavuniya	200.00 - 250.00	1200.00 - 1300.00	200.00 - 250.00	350.00 - 400.00	200.00 - 240.00	60.00 - 70.00	50.00 - 70.00	50.00 - 60.00	180.00 - 200.00	140.00 - 160.00
Mannar	150.00 - 180.00	1200.00 - 1200.00	300.00 - 350.00	280.00 - 300.00	180.00 - 200.00	95.00 - 100.00	80.00 - 85.00	80.00 - 80.00	160.00 - 170.00	100.00 - 110.00
Killinochchi	230.00 - 250.00	1350.00 - 1400.00	200.00 - 230.00	240.00 - 260.00	160.00 - 180.00	65.00 - 75.00	50.00 - 60.00	50.00 - 60.00	180.00 - 200.00	100.00 - 120.00
Mullaittivu	130.00 - 160.00	1150.00 - 1250.00	300.00 - 350.00	280.00 - 320.00	180.00 - 220.00	80.00 - 80.00	60.00 - 60.00	50.00 - 50.00	160.00 - 170.00	95.00 - 110.00
Batticaloa	150.00 - 160.00	1200.00 - 1250.00	300.00 - 300.00	300.00 - 300.00	150.00 - 160.00	100.00 - 100.00	-	100.00 - 100.00	170.00 - 180.00	85.00 - 100.00
Trincomalee	200.00 220.00	1400.00 1500.00	300.00 320.00	280.00 300.00	180.00 200.00	70.00 75.00	65.00 70.00	50.00 55.00	160.00 170.00	100.00 110.00
Hanguranketha	260.00 - 280.00	900.00 - 1100.00	320.00 - 350.00	280.00 - 300.00	140.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	155.00 - 170.00	140.00 - 145.00
Veyangoda	280.00 - 360.00	1000.00 - 1100.00	360.00 - 400.00	320.00 - 360.00	200.00 - 240.00	65.00 - 70.00	65.00 - 70.00	90.00 - 100.00	200.00 - 220.00	170.00 - 190.00
Galenbindunuwewa	160.00 - 200.00	1200.00 - 1400.00	400.00 - 500.00	300.00 - 320.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	130.00 - 150.00	100.00 - 125.00
Bandarawela	200.00 - 220.00	720.00 - 800.00	400.00 - 450.00	260.00 - 300.00	170.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	170.00 - 180.00	140.00 - 150.00
Matale	280.00 - 320.00	1400.00 - 1500.00	300.00 - 400.00	260.00 - 320.00	200.00 - 240.00	80.00 - 90.00	70.00 - 80.00	70.00 - 80.00	160.00 - 180.00	130.00 - 150.00

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)**

Week 02:09 - 15 Jan 2026

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 280.00	280.00 - 380.00	150.00 - 250.00	40.00 - 50.00	56.00 - 70.00	400.00 - 450.00	300.00 - 380.00	240.00 - 280.00	-	100.00 - 170.00
Gampaha	200.00 - 230.00	300.00 - 320.00	180.00 - 200.00	-	-	320.00 - 350.00	300.00 - 300.00	250.00 - 250.00	-	63.00 - 75.00
Kurunegala	200.00 - 220.00	300.00 - 350.00	170.00 - 180.00	-	72.00 - 74.00	400.00 - 400.00	-	-	-	60.00 - 65.00
Nikaweratiya	200.00 - 250.00	380.00 - 430.00	180.00 - 220.00	-	70.00 - 80.00	450.00 - 550.00	350.00 - 480.00	-	-	40.00 - 70.00
Dambulla	200.00 - 220.00	300.00 - 360.00	160.00 - 200.00	-	60.00 - 64.00	500.00 - 550.00	350.00 - 400.00	180.00 - 200.00	120.00 - 150.00	80.00 - 100.00
Anuradhapura	180.00 - 240.00	350.00 - 400.00	180.00 - 200.00	30.00 - 38.00	43.00 - 50.00	520.00 - 600.00	420.00 - 480.00	280.00 - 350.00	-	60.00 - 80.00
Thambuththegama	180.00 - 220.00	350.00 - 400.00	150.00 - 180.00	48.00 - 56.00	80.00 - 95.00	350.00 - 380.00	250.00 - 280.00	-	-	160.00 - 220.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	150.00 - 180.00	300.00 - 350.00	180.00 - 240.00	34.00 - 36.00	40.00 - 45.00	390.00 - 455.00	300.00 - 350.00	240.00 - 280.00	-	65.00 - 80.00
Badulla	180.00 - 250.00	300.00 - 350.00	150.00 - 180.00	33.00 - 41.00	41.00 - 50.00	450.00 - 500.00	350.00 - 400.00	200.00 - 250.00	-	70.00 - 100.00
Keppetipola	200.00 - 220.00	300.00 - 320.00	160.00 - 180.00	30.00 - 35.00	55.00 - 56.00	420.00 - 450.00	380.00 - 400.00	240.00 - 250.00	30.00 - 32.00	65.00 - 75.00
Moneragala	100.00 - 140.00	280.00 - 320.00	80.00 - 100.00	23.00 - 25.00	30.00 - 35.00	630.00 - 660.00	520.00 - 555.00	-	-	50.00 - 60.00
Kegalle	200.00 - 220.00	300.00 - 350.00	200.00 - 220.00	58.00 - 60.00	68.00 - 70.00	600.00 - 650.00	350.00 - 400.00	100.00 - 150.00	-	150.00 - 170.00
Ampara	160.00 - 160.00	280.00 - 300.00	140.00 - 150.00	35.00 - 37.00	46.00 - 50.00	380.00 - 400.00	-	-	-	50.00 - 60.00
Dehiattakandiya	200.00 - 250.00	380.00 - 400.00	180.00 - 220.00	-	50.00 - 65.00	500.00 - 600.00	250.00 - 350.00	-	-	80.00 - 100.00
Nuwaraeliya	220.00 - 240.00	330.00 - 340.00	180.00 - 200.00	36.00 - 40.00	56.00 - 60.00	450.00 - 460.00	380.00 - 400.00	250.00 - 260.00	34.00 - 36.00	80.00 - 85.00
Kandy	200.00 - 230.00	350.00 - 380.00	180.00 - 220.00	32.00 - 35.00	50.00 - 60.00	480.00 - 560.00	300.00 - 350.00	230.00 - 250.00	-	100.00 - 120.00
Puttalam	100.00 - 130.00	320.00 - 350.00	100.00 - 140.00	20.00 - 24.00	-	450.00 - 480.00	280.00 - 320.00	200.00 - 200.00	-	90.00 - 100.00
Rathnapura	200.00 - 230.00	250.00 - 350.00	150.00 - 200.00	33.00 - 37.50	53.00 - 60.00	420.00 - 490.00	300.00 - 350.00	240.00 - 280.00	-	100.00 - 150.00
Hambantota	150.00 - 180.00	250.00 - 270.00	120.00 - 180.00	-	-	600.00 - 700.00	450.00 - 525.00	300.00 - 350.00	-	57.50 - 57.50
Matara	180.00 - 220.00	270.00 - 295.00	130.00 - 150.00	25.00 - 27.00	37.00 - 38.00	520.00 - 580.00	400.00 - 500.00	230.00 - 250.00	-	100.00 - 130.00
Galle	140.00 - 200.00	260.00 - 300.00	150.00 - 180.00	32.00 - 35.00	32.00 - 36.00	560.00 - 600.00	450.00 - 480.00	280.00 - 380.00	50.00 - 50.00	58.00 - 80.00
Tissamaharama	160.00 - 170.00	260.00 - 280.00	120.00 - 140.00	-	-	370.00 - 380.00	280.00 - 300.00	230.00 - 250.00	25.00 - 30.00	70.00 - 75.00
Meegoda (DEC)	180.00 - 220.00	260.00 - 300.00	180.00 - 200.00	47.00 - 60.00	47.00 - 60.00	442.00 - 510.00	338.00 - 390.00	260.00 - 300.00	-	65.00 - 80.00
Embilipitiya	100.00 - 120.00	200.00 - 250.00	100.00 - 120.00	25.00 - 40.00	35.00 - 50.00	400.00 - 450.00	300.00 - 360.00	200.00 - 280.00	40.00 - 60.00	70.00 - 100.00
Jaffna	170.00 - 200.00	260.00 - 350.00	140.00 - 150.00	-	-	550.00 - 620.00	400.00 - 420.00	180.00 - 230.00	-	100.00 - 120.00
Vavuniya	180.00 - 200.00	340.00 - 360.00	140.00 - 160.00	32.00 - 35.00	31.00 - 34.00	500.00 - 600.00	400.00 - 500.00	300.00 - 400.00	-	90.00 - 110.00
Mannar	180.00 - 200.00	300.00 - 300.00	150.00 - 150.00	37.00 - 38.00	40.00 - 41.00	380.00 - 400.00	300.00 - 450.00	250.00 - 400.00	-	80.00 - 100.00
Killinochchi	180.00 - 200.00	300.00 - 340.00	140.00 - 160.00	32.00 - 34.00	35.00 - 36.00	340.00 - 360.00	280.00 - 320.00	240.00 - 260.00	-	80.00 - 100.00
Mullaittivu	180.00 - 200.00	350.00 - 360.00	160.00 - 180.00	28.00 - 33.00	32.00 - 36.00	540.00 - 560.00	460.00 - 480.00	340.00 - 350.00	-	90.00 - 100.00
Batticaloa	150.00 - 160.00	280.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	400.00 - 400.00	340.00 - 350.00	250.00 - 300.00	-	80.00 - 100.00
Trincomalee	200.00 - 220.00	400.00 - 440.00	170.00 - 180.00	-	-	560.00 - 580.00	450.00 - 470.00	340.00 - 350.00	-	150.00 - 160.00
Veyangoda	230.00 - 250.00	280.00 - 300.00	170.00 - 200.00	30.00 - 33.00	52.00 - 54.00	440.00 - 490.00	340.00 - 390.00	260.00 - 290.00	-	90.00 - 100.00
Galenbindunuwewa	160.00 - 200.00	350.00 - 400.00	130.00 - 160.00	-	-	400.00 - 440.00	300.00 - 340.00	250.00 - 280.00	-	55.00 - 66.00
Bandarawela	200.00 - 220.00	330.00 - 350.00	200.00 - 220.00	31.00 - 35.00	45.00 - 46.00	400.00 - 450.00	350.00 - 360.00	300.00 - 320.00	-	80.00 - 100.00
Matale	200.00 - 220.00	350.00 - 400.00	200.00 - 220.00	32.00 - 35.00	52.00 - 55.00	500.00 - 550.00	300.00 - 350.00	250.00 - 280.00	-	60.00 - 80.00

**Table 08 (Contd.)**

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	-	-	280.00 - 400.00	70.00 - 120.00	60.00 - 130.00	75.00 - 170.00	535.00 - 670.00	50.00 - 120.00	1600.00 - 2500.00	150.00 - 200.00
Gampaha	-	-	300.00 - 300.00	-	80.00 - 84.00	150.00 - 150.00	-	63.00 - 67.00	2200.00 - 2200.00	150.00 - 160.00
Kurunegala	-	-	260.00 - 300.00	-	100.00 - 100.00	-	-	59.00 - 67.00	-	150.00 - 170.00
Nikaweratiya	-	-	230.00 - 280.00	-	-	120.00 - 150.00	-	-	2000.00 - 2300.00	150.00 - 200.00
Dambulla	80.00 - 100.00	50.00 - 60.00	260.00 - 280.00	40.00 - 60.00	80.00 - 100.00	100.00 - 120.00	400.00 - 500.00	80.00 - 100.00	2700.00 - 2900.00	150.00 - 160.00
Anuradhapura	-	-	250.00 - 300.00	-	65.00 - 90.00	120.00 - 200.00	-	100.00 - 130.00	2000.00 - 2500.00	180.00 - 220.00
Thambuththegama	-	-	280.00 - 320.00	-	-	-	-	-	-	150.00 - 150.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	-	-	320.00 - 350.00	-	50.00 - 80.00	-	-	60.00 - 100.00	2000.00 - 2400.00	150.00 - 180.00
Badulla	-	17.00 - 20.00	200.00 - 250.00	35.00 - 40.00	70.00 - 80.00	-	-	75.00 - 100.00	2000.00 - 2000.00	200.00 - 250.00
Keppetipola	36.00 - 38.00	20.00 - 22.00	280.00 - 300.00	50.00 - 60.00	60.00 - 65.00	80.00 - 90.00	-	60.00 - 65.00	2200.00 - 2500.00	170.00 - 200.00
Moneragala	-	-	220.00 - 250.00	35.00 - 40.00	50.00 - 70.00	80.00 - 100.00	-	60.00 - 80.00	2000.00 - 2500.00	130.00 - 160.00
Kegalle	-	-	320.00 - 350.00	-	100.00 - 120.00	-	-	100.00 - 110.00	2000.00 - 2200.00	150.00 - 160.00
Ampara	33.00 - 41.00	-	230.00 - 240.00	-	-	-	-	-	1800.00 - 2200.00	150.00 - 160.00
Dehiattakandiya	-	-	230.00 - 280.00	-	50.00 - 70.00	-	-	-	2500.00 - 2800.00	120.00 - 150.00
Nuwareliya	38.00 - 40.00	20.00 - 25.00	300.00 - 320.00	65.00 - 70.00	64.00 - 66.00	95.00 - 100.00	-	80.00 - 85.00	2400.00 - 2500.00	190.00 - 200.00
Kandy	60.00 - 70.00	-	280.00 - 290.00	40.00 - 50.00	80.00 - 100.00	150.00 - 160.00	400.00 - 500.00	70.00 - 100.00	2000.00 - 2500.00	160.00 - 170.00
Puttalam	60.00 - 70.00	-	250.00 - 300.00	55.00 - 60.00	30.00 - 40.00	45.00 - 60.00	-	-	2500.00 - 3000.00	150.00 - 150.00
Hambantota	-	-	-	50.00 - 50.00	-	-	-	30.00 - 60.00	2000.00 - 2200.00	130.00 - 150.00
Rathnapura	-	-	250.00 - 300.00	-	80.00 - 120.00	-	-	100.00 - 150.00	2400.00 - 2500.00	120.00 - 150.00
Matara	80.00 - 100.00	-	240.00 - 250.00	90.00 - 100.00	80.00 - 90.00	200.00 - 250.00	-	60.00 - 70.00	2000.00 - 2100.00	130.00 - 150.00
Galle	50.00 - 80.00	-	240.00 - 360.00	70.00 - 100.00	75.00 - 120.00	200.00 - 240.00	-	96.00 - 120.00	2000.00 - 2400.00	180.00 - 200.00
Tissamaharama	-	-	300.00 - 320.00	50.00 - 55.00	75.00 - 80.00	-	-	65.00 - 70.00	1800.00 - 2000.00	150.00 - 160.00
Meegoda (DEC)	-	-	260.00 - 280.00	40.00 - 48.00	75.00 - 100.00	-	-	33.00 - 50.00	1700.00 - 2000.00	100.00 - 120.00
Embilipitiya	40.00 - 60.00	10.00 - 20.00	200.00 - 220.00	15.00 - 25.00	70.00 - 100.00	70.00 - 160.00	-	-	1850.00 - 2250.00	160.00 - 180.00
Jaffna	60.00 - 80.00	-	150.00 - 170.00	70.00 - 80.00	50.00 - 60.00	50.00 - 60.00	700.00 - 800.00	-	2400.00 - 2600.00	200.00 - 220.00
Vavuniya	-	-	150.00 - 170.00	60.00 - 70.00	55.00 - 60.00	-	-	-	2200.00 - 2400.00	150.00 - 170.00
Mannar	-	-	250.00 - 250.00	60.00 - 70.00	50.00 - 55.00	60.00 - 65.00	450.00 - 500.00	-	2400.00 - 2500.00	160.00 - 200.00
Killinochchi	45.00 - 50.00	-	200.00 - 250.00	65.00 - 70.00	50.00 - 55.00	-	-	-	2900.00 - 2950.00	200.00 - 220.00
Mullaittivu	-	-	100.00 - 120.00	45.00 - 55.00	50.00 - 60.00	-	-	-	2150.00 - 2200.00	150.00 - 160.00
Batticaloa	30.00 - 30.00	-	240.00 - 250.00	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	-	-	2400.00 - 2500.00	200.00 - 200.00
Trincomalee	75.00 - 80.00	-	200.00 - 220.00	70.00 - 75.00	50.00 - 55.00	80.00 - 85.00	-	-	2400.00 - 2500.00	180.00 - 190.00
Veyangoda	55.00 - 60.00	-	250.00 - 270.00	65.00 - 72.00	55.00 - 60.00	75.00 - 80.00	-	-	1700.00 - 2000.00	120.00 - 150.00
Galenbindunuwewa	-	-	160.00 - 200.00	28.00 - 32.00	-	-	-	-	2300.00 - 2600.00	140.00 - 160.00
Bandarawela	60.00 - 60.00	16.00 - 18.00	230.00 - 250.00	60.00 - 70.00	80.00 - 90.00	-	-	60.00 - 80.00	2500.00 - 2800.00	180.00 - 200.00
Matale	-	25.00 - 30.00	250.00 - 270.00	40.00 - 50.00	60.00 - 80.00	-	-	70.00 - 80.00	1600.00 - 1800.00	140.00 - 160.00

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)**

Week 02:09 - 15 Jan 2026

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	400.00 – 500.00	600.00 – 700.00	800.00 – 1000.00	1300.00 – 1700.00	2800.00 – 3500.00	1300.00 – 1700.00
Kandy	500.00 – 550.00	950.00 – 1000.00	1000.00 – 1200.00	1500.00 – 1800.00	2400.00 – 2600.00	1400.00 – 1600.00
Kaluthara	400.00 – 450.00	850.00 – 900.00	1000.00 – 1200.00	1400.00 – 1600.00	-	1500.00 – 1500.00
Puttalam	450.00 – 500.00	850.00 – 900.00	1000.00 – 1000.00	1350.00 – 1450.00	2200.00 – 2300.00	1700.00 – 1900.00
Matara	450.00 – 500.00	-	1200.00 – 1250.00	1900.00 – 2000.00	-	-
Hambantota	380.00 – 450.00	800.00 – 1000.00	1100.00 – 1200.00	1200.00 – 1400.00	-	-
Galle	-	-	850.00 – 900.00	1600.00 – 1600.00	2400.00 – 2600.00	1400.00 – 1600.00
Batticaloa	300.00 – 350.00	700.00 – 700.00	800.00 – 900.00	1200.00 – 1200.00	-	-
Trincomalee	350.00 – 400.00	950.00 – 1000.00	1050.00 – 1100.00	1900.00 – 1950.00	2150.00 – 2200.00	1550.00 – 1600.00
Mannar	550.00 – 600.00	-	1200.00 – 1200.00	-	-	1600.00 – 1600.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	-	1750.00 – 2200.00	2200.00 – 2600.00	-	29.00 – 31.00	27.00 – 29.00
Kandy	1500.00 – 1600.00	2000.00 – 2200.00	2400.00 – 2500.00	-	30.00 – 32.00	27.00 – 28.00
Kaluthara	850.00 – 1000.00	1800.00 – 1800.00	1800.00 – 2000.00	-	-	-
Puttalam	1700.00 – 1800.00	1350.00 – 1450.00	2300.00 – 2350.00	-	29.00 – 29.00	27.00 – 28.00
Matara	1200.00 – 1300.00	-	2100.00 – 2200.00	-	32.00 – 33.00	27.00 – 29.00
Hambantota	-	2100.00 – 2200.00	-	-	-	31.00 – 31.00
Galle	800.00 – 900.00	-	2000.00 – 2000.00	-	29.00 – 31.00	27.00 – 30.00
Batticaloa	1000.00 – 1000.00	1300.00 – 1400.00	1500.00 – 1600.00	-	-	-
Trincomalee	1800.00 – 1850.00	1200.00 – 1250.00	-	-	-	-
Mannar	1550.00 – 1600.00	1350.00 – 1400.00	-	-	30.00 – 30.00	27.00 – 28.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)**

Week 02:09 - 15 Jan 2026

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	60000 – 80000	80000 – 90000	140000 – 160000	125000 – 130000	55000 – 65000	85000 – 100000
Kandy	65000 – 75000	100000 – 110000	-	124000 – 125000	60000 – 70000	-
Batticaloa	50000 – 50000	100000 – 112500	-	-	80000 – 90000	-
Trincomalee	54500 – 55000	-	-	-	52000 – 52500	45500 – 46000
Mannar	-	90500 – 110000	-	120000 – 122500	72500 – 75000	77500 – 80000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	65000 – 90000	-	27500 – 32500	44000 – 47500	77500 – 82500	110000 – 125000
Kandy	-	-	32500 – 35000	42500 – 47500	85000 – 87500	-
Batticaloa	-	-	35000 – 35000	42500 – 45000	-	-
Trincomalee	50500 – 51000	-	28000 – 28500	43000 – 43500	95000 – 96000	-
Mannar	80000 – 82500	-	-	62000 – 65250	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	110000 – 117500	47500 – 49000	62500 – 85000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-



**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1200.00	1400.00	2200.00	2800.00	3500.00	4200.00	2600.00	3200.00	1400.00	2400.00	2400.00	3000.00	800.00	1200.00
Gampaha	1400.00	1500.00	2800.00	2800.00	3800.00	3800.00	-	-	1920.00	1920.00	2400.00	2400.00	-	-
Kurunegala	1400.00	1400.00	2300.00	2400.00	-	-	-	-	1800.00	1800.00	2200.00	2200.00	1000.00	1000.00
Nikaweratiya	1200.00	1400.00	2200.00	2400.00	-	-	2000.00	2150.00	1500.00	1650.00	2200.00	2400.00	800.00	1000.00
Dambulla	1100.00	1200.00	2500.00	2800.00	-	-	2900.00	3000.00	1500.00	1600.00	2200.00	2400.00	-	-
Anuradhapura	1200.00	1400.00	2400.00	2600.00	-	-	2800.00	3000.00	1600.00	1800.00	2200.00	2600.00	800.00	1000.00
Thambuththegama	1000.00	1200.00	1800.00	2250.00	-	-	-	-	1600.00	1750.00	1200.00	1400.00	1000.00	1100.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	1100.00	1200.00	2000.00	2400.00	-	-	2700.00	2900.00	1300.00	1600.00	2400.00	2600.00	-	-
Badulla	1200.00	1200.00	2800.00	2800.00	3200.00	3200.00	3200.00	3200.00	1800.00	1800.00	2600.00	2600.00	-	-
Keppetipola	1200.00	1300.00	2300.00	2400.00	3200.00	3300.00	2600.00	3000.00	1400.00	1500.00	1700.00	1800.00	1200.00	1300.00
Moneragala	1200.00	1400.00	2200.00	2400.00	-	-	2600.00	2800.00	1600.00	1800.00	2200.00	2400.00	800.00	900.00
Kegalle	1120.00	1200.00	2600.00	2600.00	3600.00	3600.00	2700.00	2800.00	1700.00	1800.00	-	-	-	-
Ampara	-	-	2400.00	2400.00	-	-	2400.00	2500.00	1800.00	2000.00	1000.00	1000.00	600.00	600.00
Dehiattakandiya	1200.00	1200.00	2600.00	2800.00	-	-	2800.00	3000.00	1400.00	2000.00	1700.00	1800.00	-	-
Nuwaraeliya	1260.00	1300.00	2400.00	2600.00	3500.00	3600.00	2800.00	3000.00	1500.00	1700.00	1900.00	2000.00	1200.00	1250.00
Kandy	1200.00	1400.00	2700.00	2800.00	3400.00	3500.00	2900.00	3000.00	1900.00	2000.00	2200.00	2400.00	1000.00	1100.00
Puttalam	1120.00	1200.00	1600.00	1800.00	-	-	2600.00	2800.00	1400.00	1600.00	1800.00	1800.00	980.00	1120.00
Hambantota	1200.00	1400.00	2200.00	2400.00	4500.00	4500.00	-	-	1800.00	2000.00	2500.00	2500.00	-	-
Rathnapura	1100.00	1200.00	2100.00	2250.00	-	-	2400.00	2800.00	1560.00	1750.00	2000.00	2400.00	680.00	800.00
Matara	1100.00	1250.00	2000.00	2100.00	-	-	-	-	1500.00	1600.00	2000.00	2100.00	-	-
Galle	1000.00	1500.00	2000.00	2400.00	2800.00	3200.00	2000.00	2800.00	1400.00	2000.00	2000.00	2200.00	900.00	1000.00
Tissamaharama	1200.00	1400.00	-	-	-	-	2500.00	2700.00	1750.00	1900.00	2400.00	2500.00	-	-
Meegoda	1180.00	1200.00	2000.00	2200.00	-	-	2800.00	3000.00	1600.00	1700.00	2000.00	2400.00	800.00	1000.00
Embilipitiya	1200.00	1400.00	2450.00	2600.00	-	-	2850.00	3000.00	1800.00	2000.00	2400.00	2600.00	950.00	1100.00
Jaffna	1600.00	1700.00	2600.00	2800.00	3100.00	3250.00	3000.00	3300.00	1800.00	2000.00	1000.00	1200.00	800.00	1200.00
Vavuniya	-	-	2000.00	2200.00	-	-	2100.00	2200.00	1350.00	1400.00	1100.00	1250.00	600.00	700.00
Mannar	-	-	2800.00	2800.00	-	-	2800.00	3000.00	1800.00	2000.00	1900.00	1950.00	-	-
Killinochchi	1200.00	1300.00	2450.00	2500.00	-	-	2400.00	2500.00	1200.00	1300.00	1000.00	1100.00	950.00	1000.00
Mullaittivu	1100.00	1250.00	2400.00	2500.00	-	-	2450.00	2600.00	1450.00	1550.00	1000.00	1150.00	900.00	960.00
Batticaloa	1100.00	1200.00	2500.00	2800.00	-	-	-	-	2000.00	2000.00	-	-	600.00	650.00
Trincomalee	1200.00	1250.00	2200.00	2300.00	-	-	-	-	1350.00	1400.00	1250.00	1300.00	700.00	750.00
Veyangoda	1000.00	1400.00	2000.00	2400.00	-	-	2400.00	2700.00	1600.00	1800.00	2200.00	2400.00	1000.00	1200.00
Galenbindunuwewa	1350.00	1600.00	2700.00	2800.00	-	-	2900.00	3000.00	1400.00	1600.00	1300.00	1500.00	1000.00	1200.00
Bandarawela	1200.00	1400.00	2200.00	2400.00	-	-	2700.00	2800.00	1600.00	1800.00	2300.00	2400.00	800.00	900.00
Matale	1100.00	1300.00	2800.00	2900.00	-	-	2800.00	3000.00	1600.00	1800.00	2600.00	2700.00	800.00	900.00

**Table 13: Selected Markets: Retail Price of Meat (Rs/kg)**

Week 02:09 - 15 Jan 2026

LOCATIONS	Meat		Meat (Chicken)		Meat					
	Beef		Broiler	Curry	Mutton	Pork				
Colombo	2700.00	- 2900.00	1200.00	- 1340.00	1050.00	- 1400.00	3800.00	- 4200.00	2700.00	- 2800.00
Gampaha	-		1125.00	- 1250.00	1400.00	- 1400.00	4000.00	- 4000.00	2650.00	- 2650.00
Kurunegala	2600.00	- 2600.00	1050.00	- 1150.00	-		-		2750.00	- 2800.00
Nikaweratiya	2400.00	- 2600.00	1050.00	- 1200.00	-		-		-	
Dambulla	-		1200.00	- 1250.00	1350.00	- 1400.00	-		2200.00	- 2300.00
Anuradhapura	2500.00	- 2600.00	1200.00	- 1250.00	1350.00	- 1400.00	3800.00	- 4000.00	2200.00	- 2500.00
Thambuththegama	-		1180.00	- 1250.00	-		-		2600.00	- 3000.00
Polonnaruwa	-		-		-		-		-	
Kaluthara	2600.00	- 2700.00	1180.00	- 1250.00	1200.00	- 1450.00	-		2600.00	- 2600.00
Badulla	2400.00	- 2400.00	1100.00	- 1130.00	-		3400.00	- 3400.00	-	
Keppetipola	2400.00	- 2400.00	1200.00	- 1250.00	1300.00	- 1350.00	3200.00	- 3200.00	-	
Moneragala	2400.00	- 2400.00	1190.00	- 1300.00	1500.00	- 1550.00	-		3200.00	- 3300.00
Kegalle	2450.00	- 2500.00	1200.00	- 1280.00	1150.00	- 1180.00	3600.00	- 3600.00	2800.00	- 3000.00
Ampara	2400.00	- 2500.00	1150.00	- 1300.00	-		-		2800.00	- 3000.00
Dehiattakandiya	-		1250.00	- 1250.00	-		-		2700.00	- 2800.00
Nuwaraeliya	2300.00	- 2400.00	1200.00	- 1280.00	1350.00	- 1400.00	3800.00	- 4000.00	2800.00	- 2900.00
Kandy	2500.00	- 2500.00	1050.00	- 1070.00	1300.00	- 1320.00	3500.00	- 3600.00	2800.00	- 2900.00
Puttalam	2450.00	- 2500.00	1200.00	- 1250.00	1500.00	- 1800.00	4200.00	- 4200.00	-	
Hambantota	-		1250.00	- 1250.00	-		-		-	
Rathnapura	2600.00	- 2600.00	1200.00	- 1270.00	1300.00	- 1400.00	3700.00	- 3700.00	3300.00	- 3300.00
Matara	-		1180.00	- 1240.00	-		-		-	
Galle	2700.00	- 2700.00	1150.00	- 1200.00	1250.00	- 1250.00	3600.00	- 3600.00	-	
Tissamaharama	-		1200.00	- 1350.00	-		-		-	
Meegoda	-		1200.00	- 1200.00	1280.00	- 1300.00	-		3000.00	- 3000.00
Embilipitiya	2450.00	- 2500.00	1050.00	- 1200.00	1150.00	- 1250.00	3350.00	- 3500.00	2600.00	- 2800.00
Jaffna	2200.00	- 2300.00	1300.00	- 1500.00	1600.00	- 1800.00	3500.00	- 3600.00	-	
Vavuniya	2200.00	- 2300.00	1300.00	- 1400.00	1500.00	- 1600.00	3100.00	- 3200.00	-	
Mannar	2200.00	- 2200.00	1450.00	- 1500.00	1600.00	- 1600.00	-		-	
Killinochchi	2350.00	- 2400.00	1400.00	- 1500.00	1600.00	- 1700.00	3400.00	- 3500.00	-	
Mullaittivu	2200.00	- 2200.00	1450.00	- 1450.00	1550.00	- 1600.00	-		-	
Batticaloa	2100.00	- 2200.00	1400.00	- 1400.00	1600.00	- 1600.00	3800.00	- 4000.00	-	
Trincomalee	2250.00	- 2300.00	1340.00	- 1400.00	1550.00	- 1600.00	3400.00	- 3500.00	-	
Veyangoda	2600.00	- 2600.00	1050.00	- 1150.00	-		-		2500.00	- 2500.00
Galenbindunuwewa	2400.00	- 2400.00	1100.00	- 1120.00	1400.00	- 1400.00	3500.00	- 3500.00	2200.00	- 2200.00
Bandarawela	2400.00	- 2500.00	1180.00	- 1250.00	-		3500.00	- 3600.00	-	
Matale	2500.00	- 2600.00	1050.00	- 1200.00	1400.00	- 1500.00	3500.00	- 3600.00	2700.00	- 2800.00

**Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)**

Week 02:09 - 15 Jan 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							Large	160.00 - 170.00	165.00	160.63	183.33	2.72	-10.00
Samba 1	262.00 - 270.00	265.88	266.88	238.57	-0.37	11.44	Small	140.00 - 150.00	145.00	140.63	157.78	3.11	-8.10
Samba 2	258.00 - 262.00	260.00	261.00	231.50	-0.38	12.31							
Keeri Samba	340.00 - 360.00	350.00	345.00	254.17	1.45	37.70	<b>Fruits (Rs/fruit)</b>						
Nadu 1	222.00 - 230.00	225.44	226.63	228.33	-0.52	-1.27	<b>Plantain</b>						
Nadu 2	218.00 - 222.00	220.00	221.00	221.00	-0.45	-0.45	Ambul (Rs/kg)	160.00 - 200.00	182.00	198.00	148.33	-8.08	22.70
Raw (Red)	210.00 - 212.00	210.75	213.13		-1.11		Kolikuttu (Rs/kg)	200.00 - 230.00	218.00	248.00	212.50	-12.10	2.59
Raw (White)	210.00 - 215.00	213.60	216.25	217.50	-1.23	-1.79	Seeni (Rs/kg)	100.00 - 130.00	119.00	129.00	130.91	-7.75	-9.10
<b>Imported</b>							Anamalu	31.00 - 38.00	34.60	34.40	29.92	0.58	15.65
Samba	225.00 - 235.00	231.00	230.00	230.40	0.43	0.26	Ambun	44.00 - 56.00	50.40	49.45	45.08	1.91	11.79
Nadu	-	-	-	-	-	-	Papaw(Rs/kg)	230.00 - 300.00	256.67	256.25	120.00	0.16	113.89
Raw (Red)	-	-	-	-	-	-	Passion Fruit	60.00 - 70.00	63.29	44.71	52.50	41.53	20.54
Raw (White)	-	-	-	-	-	-	Pineapple Large	290.00 - 330.00	308.57	326.25	500.00	-5.42	-38.29
<b>Dried Chillies</b>							Pineapple Medium	240.00 - 270.00	254.29	267.50	378.75	-4.94	-32.86
Imported	730.00 - 800.00	762.86	780.00	713.33	-2.20	6.94	Pineapple Small	200.00 - 230.00	214.29	223.75	302.50	-4.23	-29.16
<b>Onion</b>							<b>Mango</b>						
Sinnan	150.00 - 200.00	175.83	180.00	297.50	-2.31	-40.90	Betti	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	Karthakolomban	85.00 - 120.00	101.67	95.63	122.08	6.32	-16.72
Imported	290.00 - 320.00	302.14	294.00	411.67	2.77	-26.60	Vilad	-	-	-	-	-	-
<b>Big Onion</b>							Kohu	-	-	-	-	-	-
Imported	120.00 - 160.00	146.82	178.00	181.88	-17.52	-19.28	<b>Other</b>						
Local	-	-	-	-	-	-	Wood Apple	48.00 - 52.00	50.00	48.78	62.08	2.51	-19.46
<b>Potato</b>							Orange	50.00 - 70.00	60.63	88.57	92.73	-31.55	-34.62
Welimada	-	-	-	-	-	-	Avocado	435.00 - 500.00	470.71	439.29	248.00	7.15	89.80
N'Eliya	400.00 - 450.00	423.33	362.00	353.00	16.94	19.92	Slime Apple	30.00 - 50.00	40.29	42.29	32.50	-4.73	23.96
Imported	140.00 - 300.00	187.78	180.71	191.88	3.91	-2.14	Grapes (Imp., Rs/kg)	1250.00 - 1430.00	1356.00	1316.67	1705.71	2.99	-20.50
<b>Pulses</b>							King Coconut	140.00 - 150.00	146.67	145.00	164.44	1.15	-10.81
Green Gram	600.00 - 700.00	650.00	670.00	571.67	-2.99	13.70	<b>Sea Fish</b>						
Cowpea (White)	700.00 - 800.00	756.00	775.00	574.29	-2.45	31.64	Salaya	400.00 - 500.00	458.33	342.86	305.45	33.68	50.05
Cowpea (Red)	750.00 - 850.00	796.00	775.00	545.83	2.71	45.83	Hurulla	600.00 - 700.00	650.00	733.33	851.82	-11.36	-23.69
Red Dhal	245.00 - 255.00	250.00	252.17	276.00	-0.86	-9.42	Balaya	800.00 - 1000.00	866.67	818.75	716.25	5.85	21.00
<b>Vegetable</b>							Kelawalla	1300.00 - 1700.00	1500.00	1316.67	1298.18	13.92	15.55
Beans (Butter)	-	-	-	-	-	-	Thora	2800.00 - 3500.00	3016.67	2083.33	2309.09	44.80	30.64
Beans(Green)	350.00 - 450.00	404.55	553.00	263.33	-26.85	53.62	Paraw	1300.00 - 1700.00	1533.33	1016.67	1366.36	50.82	12.22
Carrot	280.00 - 350.00	318.00	375.00	179.00	-15.20	77.65	Mora	-	-	866.67	1191.67	-	-
Leeks	300.00 - 350.00	322.00	351.00	169.00	-8.26	90.53	Shrimps	1750.00 - 2200.00	1983.33	1550.00	1986.92	27.96	-0.18
Beetroot	600.00 - 800.00	685.71	652.22	455.00	5.14	50.71	Thalapath	2200.00 - 2600.00	2400.00	2300.00	2131.82	4.35	12.58
Knolkhol	280.00 - 350.00	301.67	392.00	216.67	-23.04	39.23	<b>Eggs</b>						
Raddish	100.00 - 150.00	127.27	178.00	114.00	-28.50	11.64	Brown	29.00 - 31.00	30.17	35.50	38.69	-15.02	-22.02
Cabbage	150.00 - 250.00	200.00	279.09	127.00	-28.34	57.48	White	27.00 - 29.00	27.80	33.50	36.13	-17.01	-23.04
Tomato	400.00 - 500.00	450.00	453.00	221.00	-0.66	103.62	<b>Dried Fish</b>						
Ladies Fingers	150.00 - 250.00	212.73	147.27	122.00	44.44	74.37	Sprats	1200.00 - 1600.00	1477.78	1442.86	1022.73	2.42	44.49
Brinjal	150.00 - 400.00	255.83	340.00	302.00	-24.75	-15.29	Sprats (Imported)	880.00 - 950.00	931.11	922.22	690.91	0.96	34.77
Capsicum	500.00 - 800.00	633.33	990.00	485.00	-36.03	30.58	Kattawa	1600.00 - 1800.00	1685.71	1578.57	1242.73	6.79	35.65
Pumpkin	80.00 - 150.00	118.18	137.00	131.00	-13.74	-9.78	Kattawa (Imported)	1550.00 - 1650.00	1600.00	1578.57	1242.73	1.36	28.75
Cucumber	80.00 - 180.00	134.55	104.00	131.00	29.37	2.71	Thora	2800.00 - 3200.00	2950.00	2491.67		18.39	
Bitter Gourd	400.00 - 500.00	460.00	600.00	324.00	-23.33	41.98	Thora (Imported)	2200.00 - 2500.00	2370.00	2240.00		5.80	
Snake Gourd	250.00 - 300.00	273.00	285.00	158.00	-4.21	72.78	Mora	2500.00 - 2600.00	2533.33	2477.78	1878.18	2.24	34.88
Drumstick	-	-	-	-	-	-	Mora (Imported)	2200.00 - 2350.00	2270.00	1258.33	850.00	80.40	167.06
Luffa	350.00 - 450.00	400.00	520.00	237.00	-23.08	68.78	Balaya	1100.00 - 1300.00	1191.67	1258.33	850.00	-5.30	40.20
Long Beans	150.00 - 250.00	186.00	148.00	185.00	25.68	0.54	Balaya (Imported)	950.00 - 980.00	963.33	1887.50		-48.96	
Ash Plantain	160.00 - 200.00	182.22	165.71	146.00	9.96	24.81	Anguluwa	1700.00 - 2000.00	1858.33	1325.00	1270.91	40.25	46.22
Green Chillies	550.00 - 700.00	627.27	815.00	880.00	-23.03	-28.72	Anguluwa (Imported)	1250.00 - 1700.00	1533.33	1750.00	1472.73	-12.38	4.12
Lime	150.00 - 200.00	172.22	200.00	198.00	-13.89	-13.02	Maduwa	1300.00 - 1800.00	1550.00	1325.00	1270.91	16.98	21.96
<b>Root Crops</b>							Maduwa (Imported)	-	-	-	-	-	-
Sweet Potato	200.00 - 260.00	241.11	234.00	134.44	3.04	79.34	Koduwa	-	-	628.57	820.00	-	-
Manioc	80.00 - 130.00	100.00	100.00	100.00	0.00	0.00	Koduwa (Imported)	-	-	-	-	-	-
<b>Leafy Vegetable</b>							Salaya	550.00 - 650.00	612.50	628.57	820.00	-2.56	-25.30
Mukunuwenna	45.00 - 50.00	47.50	47.50	39.29	0.00	20.91	Salaya (Imported)	-	-	-	-	-	-
Kankun	45.00 - 50.00	47.50	47.50	39.29	0.00	20.91							
Gotukola (Rs/kg)	280.00 - 300.00	290.00	322.50	320.00	-10.08	-9.38							

This Week: Week 02:09 - 15 Jan 2026  
 Last Week: Week 01:02 - 08 Jan 2026

**Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)**

**Week 02:09 - 15 Jan 2026**

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<b><u>Rice</u></b>													
<b>Local</b>													
Samba 1	270.00 - 285.00	277.86	275.53	250.95	2.33	10.72	Coconut	180.00 - 205.00	190.28	195.53	187.06	-5.25	1.72
Samba 2	-	-	-	-	-	-	Large	160.00 - 180.00	170.00	179.41	164.31	-9.41	3.46
Keeri Samba	360.00 - 380.00	368.67	354.67	268.00	14.00	37.56	Small	-	-	-	-	-	-
Nadu 1	230.00 - 240.00	233.04	234.09	253.53	-1.05	-8.08	<b><u>Fruits (Rs/fruit)</u></b>						
Nadu 2	-	-	-	-	-	-	<b>Plantain</b>						
Raw (Red)	220.00 - 230.00	220.45	222.83	292.00	-2.37	-24.50	Ambul (Rs/kg)	200.00 - 280.00	231.61	233.64	213.42	-2.02	8.52
Raw (White)	220.00 - 230.00	223.18	223.91	265.56	-0.73	-15.96	Kolikuttu (Rs/kg)	280.00 - 380.00	324.58	349.09	341.84	-24.51	-5.05
<b>Imported</b>													
Samba	240.00 - 260.00	253.81	254.21	251.75	-0.40	0.82	Seeni (Rs/kg)	150.00 - 250.00	193.46	209.09	213.03	-15.63	-9.19
Nadu	-	-	-	-	-	-	Anamalu	40.00 - 50.00	48.22	47.00	42.85	1.22	12.53
Raw (Red)	-	-	-	-	-	-	Ambun	56.00 - 70.00	66.00	65.29	64.14	0.71	2.90
Raw (White)	-	-	-	-	-	-	Papaw(Rs/kg)	280.00 - 400.00	331.58	326.50	240.88	5.08	37.65
<b><u>Dried Chillies</u></b>													
Imported	900.00 - 1200.00	1037.50	1040.48	909.62	-2.98	14.06	Passion Fruit	70.00 - 120.00	90.00	69.55	74.55	20.45	20.72
<b><u>Onion</u></b>													
Sinnan	-	-	-	-	-	-	Pineapple Large	400.00 - 450.00	418.26	432.17	635.71	-13.91	-34.21
Vedalan	-	-	-	-	-	-	Pineapple Medium	300.00 - 380.00	323.04	337.31	497.24	-14.26	-35.03
Imported	400.00 - 560.00	479.60	462.14	562.90	17.46	-14.80	Pineapple Small	240.00 - 280.00	261.36	264.81	397.93	-3.45	-34.32
<b><u>Big Onion</u></b>													
Imported	180.00 - 290.00	223.60	255.60	262.76	-32.00	-14.90	<b>Mango</b>						
<b>Local</b>													
<b><u>Potato</u></b>													
Welimada	-	-	-	-	-	-	Betti	-	-	-	-	-	-
N'Eliya	440.00 - 540.00	477.22	452.73	434.29	24.49	9.89	Karthakolomban	100.00 - 170.00	130.00	128.16	173.18	1.84	-24.93
Imported	200.00 - 260.00	242.08	240.83	246.88	1.25	-1.94	Vilad	-	-	-	-	-	-
<b><u>Pulses</u></b>													
Green Gram	700.00 - 1000.00	852.61	863.18	820.00	-10.57	3.98	Kohu	-	-	-	-	-	-
Cowpea (White)	900.00 - 1200.00	1072.73	1078.26	822.40	-5.53	30.44	<b><u>Other</u></b>						
Cowpea (Red)	900.00 - 1200.00	1081.82	1069.57	816.15	12.25	32.55	Wood Apple	60.00 - 130.00	98.10	96.58	112.12	1.52	-12.51
Red Dhal	270.00 - 320.00	292.17	295.00	314.67	-2.83	-7.15	Orange	75.00 - 170.00	121.07	126.07	149.38	-5.00	-18.95
<b><u>Vegetable</u></b>													
Beans (Butter)	-	-	-	-	-	-	Avocado	535.00 - 670.00	611.25	542.50	337.92	68.75	80.89
Beans(Green)	450.00 - 800.00	617.83	733.75	434.19	-115.92	42.29	Slime Apple	50.00 - 120.00	82.86	85.00	85.23	-2.14	-2.78
Carrot	400.00 - 600.00	511.30	518.18	363.64	-6.88	40.61	Grapes (Imp., Rs/kg)	1600.00 - 2500.00	2005.88	2000.00	2352.00	5.88	-14.72
Leeks	360.00 - 600.00	504.78	516.25	343.13	-11.47	47.11	King Coconut	150.00 - 200.00	175.26	172.86	196.67	2.41	-10.88
Beetroot	700.00 - 1000.00	872.00	868.13	590.00	3.88	47.80	<b>Sea Fish</b>						
Knolkhol	400.00 - 650.00	549.38	623.33	416.40	-73.96	31.93	Salaya	450.00 - 800.00	625.38	618.67	435.00	6.72	43.77
Raddish	200.00 - 400.00	325.50	423.33	250.33	-97.83	30.03	Hurulla	1200.00 - 1200.00	1200.00	1090.63	950.00	109.38	26.32
Cabbage	280.00 - 560.00	402.27	446.92	284.19	-44.65	41.55	Balaya	1000.00 - 1600.00	1250.00	1225.00	971.88	25.00	28.62
Tomato	500.00 - 800.00	652.17	654.62	380.00	-2.44	71.62	Kelawalla	1400.00 - 3200.00	2472.73	2266.67	2052.86	206.06	20.45
Ladies Fingers	300.00 - 560.00	407.73	395.20	278.06	12.53	46.63	Thora	3200.00 - 4400.00	4185.71	3120.83	3052.63	1064.88	37.12
Brijjal	350.00 - 650.00	467.92	565.20	420.67	-97.28	11.23	Paraw	1400.00 - 3000.00	2200.00	1975.00	2013.16	225.00	9.28
Capsicum	560.00 - 1200.00	871.25	1186.00	692.86	-314.75	25.75	Mora	-	-	1100.00	-	-	-
Pumpkin	160.00 - 280.00	247.08	256.00	267.10	-8.92	-7.49	Shrimps	2300.00 - 3000.00	2804.17	2068.18	2283.33	735.98	22.81
Cucumber	200.00 - 320.00	270.43	261.67	250.97	8.77	7.76	Thalalpath	3000.00 - 3800.00	3325.00	2928.57	2816.67	396.43	18.05
Bitter Gourd	550.00 - 900.00	719.55	807.50	543.45	-87.95	32.40	<b><u>Eggs</u></b>						
Snake Gourd	350.00 - 600.00	481.82	485.22	326.79	-3.40	47.44	Brown	30.00 - 35.00	32.29	39.00	40.05	-6.71	-19.39
Drumstick	-	-	-	-	-	-	White	28.00 - 32.00	29.57	36.42	38.25	-6.85	-22.69
Luffa	400.00 - 700.00	585.00	621.43	412.96	-36.43	41.66	<b><u>Dried Fish</u></b>						
Long Beans	300.00 - 560.00	435.24	400.87	348.39	34.37	24.93	Sprats	2000.00 - 2400.00	2290.91	2200.00	1835.00	90.91	24.85
Ash Plantain	240.00 - 400.00	326.36	325.22	266.67	1.15	22.39	Sprats (Imported)	1200.00 - 1400.00	1362.50	1337.50	1245.00	25.00	9.44
Green Chillies	680.00 - 1200.00	997.08	1192.00	1331.03	-194.92	-25.09	Kattawa	2200.00 - 2800.00	2438.46	2418.18	1985.71	20.28	22.80
Lime	350.00 - 600.00	492.38	528.00	497.10	-35.62	-0.95	Thora	3500.00 - 4200.00	4200.00	-	-	-	-
<b><u>Root Crops</u></b>													
Sweet Potato	300.00 - 400.00	357.50	368.50	268.15	-11.00	33.32	Mora	2600.00 - 3200.00	2935.71	2923.08	2433.33	12.64	20.65
Manioc	160.00 - 240.00	210.00	220.83	193.33	-10.83	8.62	Balaya	1400.00 - 2400.00	1862.50	1871.43	1740.00	-8.93	7.04
<b><u>Leafy Vegetable(Rs/bundle)</u></b>													
Mukunuwenna	50.00 - 100.00	76.11	71.18	77.83	4.93	-2.20	Anguluwa	2400.00 - 3000.00	2708.33	2690.91	2305.56	17.42	17.47
Kankun	50.00 - 100.00	76.11	71.18	77.83	4.93	-2.20	Maduwa	-	-	1550.00	-	-	-
Gotukola	260.00 - 340.00	308.89	293.33	157.89	15.56	95.63	Koduwa	-	-	-	-	-	-
							Salaya	800.00 - 1200.00	1026.67	1070.00	1089.47	-43.33	-5.76

**This Week:** Week 02:09 - 15 Jan 2026  
**Last Week:** Week 01:02 - 08 Jan 2026

**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)**

Week 02:09 - 15 Jan 2026

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b><u>Paddy</u></b>			<b><u>Vegetable (Up Country)</u></b>			<b><u>Snake Gourd</u></b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	172.50 - 190.00	181.88
A'pura	142.00 - 146.00	143.60	Dambulla	400.00 - 420.00	405.00	Hambantota	-	
P'naruwa	-		Welimada	340.00 - 370.00	357.00	Embilipitiya	230.00 - 250.00	240.00
Kalawewa	143.00 - 147.00	145.40	Badulla	380.00 - 460.00	420.00	Matara	-	
Kurunegala	140.00 - 144.00	142.00	<b>Carrot</b>			A'pura	220.00 - 240.00	228.00
Dehiattakandiya	135.00 - 135.00	135.00	N'Eliya	370.00 - 380.00	375.00	<b>Luffa</b>		
Nikaweratiya	140.00 - 145.00	142.60	Welimada	240.00 - 280.00	260.00	Dambulla	320.00 - 340.00	330.00
Ampara	140.00 - 145.00	143.00	Hanguranketha	280.00 - 310.00	296.67	Hambantota	-	
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	380.00 - 400.00	392.50
A'pura	125.00 - 129.00	126.60	N'Eliya	350.00 - 360.00	356.00	Matara	-	
P'naruwa	-		Welimada	300.00 - 335.00	320.00	A'pura	460.00 - 480.00	468.00
Kalawewa	125.00 - 130.00	127.60	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	124.00 - 128.00	126.33	N'Eliya	480.00 - 500.00	492.00	Dambulla	500.00 - 600.00	558.00
Dehiattakandiya	125.00 - 125.00	125.00	Dambulla	-		Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	650.00 - 700.00	680.00
Nikaweratiya	125.00 - 128.00	126.80	Welimada	480.00 - 525.00	509.00	Puttalam	570.00 - 570.00	570.00
Hambantota	-		Hanguranketha	-		A'pura	750.00 - 800.00	770.00
Ampara	125.00 - 128.00	126.50	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	250.00 - 260.00	254.00	Dambulla	90.00 - 110.00	102.00
Matara	115.00 - 120.00	117.00	Welimada	240.00 - 275.00	261.00	Hambantota	-	
Hambantota	120.00 - 120.00	120.00	Hanguranketha	-		Embilipitiya	100.00 - 120.00	112.50
Embilipitiya	117.00 - 120.00	118.50	<b>Raddish</b>			Matara	70.00 - 80.00	75.00
<b>Keeri Samba</b>			N'Eliya	50.00 - 70.00	62.00	A'pura	70.00 - 90.00	78.00
A'pura	165.00 - 175.00	169.00	Welimada	40.00 - 50.00	46.00	Moneragala	70.00 - 80.00	74.00
P'naruwa	-		Hambantota	-		<b>Cucumber</b>		
Kalawewa	165.00 - 172.00	168.80	Hanguranketha	70.00 - 80.00	75.00	A'pura	80.00 - 100.00	88.00
Kurunegala	160.00 - 165.00	162.33	<b>Cabbage</b>			Dambulla	60.00 - 76.00	67.20
Dehiattakandiya	165.00 - 175.00	170.00	N'Eliya	210.00 - 220.00	215.00	Hambantota	-	
<b>Red Onion</b>			Welimada	150.00 - 180.00	167.00	Matara	80.00 - 100.00	90.00
Puttalam	-		Badulla	180.00 - 220.00	200.00	<b>Long Beans</b>		
Jaffna	240.00 - 260.00	248.00	Hanguranketha	180.00 - 200.00	190.00	Dambulla	152.50 - 190.00	169.50
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	-	
Dambulla	-		Welimada	340.00 - 380.00	359.00	Embilipitiya	100.00 - 120.00	107.50
Kalawewa	-		Hambantota	-		Matara	110.00 - 130.00	120.00
A'pura	-		Dambulla	340.00 - 380.00	354.00	A'pura	260.00 - 280.00	268.00
<b>Potato</b>			Hanguranketha	350.00 - 420.00	387.50	<b>Ash Plantain</b>		
N'Eliya	300.00 - 320.00	312.00	<b>Vegetable (Low Country)</b>			Hambantota	-	
Badulla	280.00 - 320.00	300.00	<b>Ladies Fingers</b>			Embilipitiya	100.00 - 120.00	107.50
Welimada	300.00 - 320.00	311.00	A'pura	240.00 - 260.00	248.00	Matara	100.00 - 120.00	106.67
<b>Pulses</b>			Dambulla	182.50 - 200.00	189.00	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	-		Hambantota	-	
Hambantota	-		Embilipitiya	220.00 - 240.00	230.00	Embilipitiya	150.00 - 180.00	165.00
Moneragala	470.00 - 500.00	482.00	Matara	170.00 - 180.00	173.33	Moneragala	100.00 - 110.00	104.00
Embilipitiya	440.00 - 450.00	445.00	<b>Brinjal</b>			<b>Fruits (Rs/kg)</b>		
Nikaweratiya	400.00 - 430.00	415.00	A'pura	280.00 - 300.00	288.00	<b>Banana</b>		
A'pura	480.00 - 500.00	488.00	Dambulla	280.00 - 300.00	290.00	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	200.00 - 250.00	225.00	Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	180.00 - 200.00	192.50	Embilipitiya	100.00 - 130.00	118.00
Nikaweratiya	480.00 - 540.00	510.00	Matara	250.00 - 260.00	256.67	Hambantota	100.00 - 120.00	110.00
Moneragala	-		Welimada	240.00 - 280.00	263.00	<b>Kolikuttu</b>		
Embilipitiya	640.00 - 650.00	645.00	<b>Capsicum</b>			Moneragala	170.00 - 190.00	178.00
<b>Maize</b>			Badulla	580.00 - 660.00	623.33	Embilipitiya	150.00 - 170.00	162.00
A'pura	-		Welimada	480.00 - 520.00	500.00	Hambantota	160.00 - 180.00	170.00
Kalawewa	170.00 - 180.00	175.00	<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	460.00 - 500.00	476.00	Moneragala	120.00 - 150.00	132.00
A'pura	-		Dambulla	390.00 - 450.00	410.00	Embilipitiya	170.00 - 180.00	173.75
Kalawewa	-		Hambantota	-		Hambantota	-	
<b>Black Gram</b>			Embilipitiya	450.00 - 480.00	465.00	<b>Pineapple</b>		
A'pura	-		Matara	350.00 - 380.00	366.67	Divulapitiya	-	
Kalawewa	-							

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)**

**Week 02:09 - 15 Jan 2026**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Rice</u></b>									
<b>Local</b>									
Samba 1	270.00 - 280.00	280.00 - 280.00	270.00 - 280.00	270.00 - 280.00	275.00 - 280.00	-	270.00 - 280.00	280.00 - 280.00	275.00 - 285.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	370.00 - 380.00	-	370.00 - 380.00	360.00 - 370.00	360.00 - 380.00	-	360.00 - 370.00	360.00 - 360.00	360.00 - 370.00
Nadu 1	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 240.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00
Raw (White)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00
<b>Imported</b>									
Samba	240.00 - 250.00	250.00 - 250.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 250.00	250.00 - 260.00	240.00 - 240.00	250.00 - 260.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<b><u>Dried Chillies</u></b>									
Imported	900.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1100.00 - 1200.00	1100.00 - 1100.00	900.00 - 1100.00	1100.00 - 1100.00	1000.00 - 1100.00
<b><u>Red Onion</u></b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	400.00 - 450.00	480.00 - 520.00	460.00 - 500.00	400.00 - 500.00	540.00 - 560.00	480.00 - 500.00	400.00 - 460.00	460.00 - 480.00	480.00 - 560.00
<b><u>Big Onion</u></b>									
Imported	180.00 - 290.00	240.00 - 250.00	200.00 - 240.00	200.00 - 240.00	240.00 - 250.00	200.00 - 240.00	180.00 - 200.00	200.00 - 240.00	200.00 - 240.00
Local	-	-	-	-	-	-	-	-	-
<b><u>Potato</u></b>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	440.00 - 450.00	500.00 - 520.00	460.00 - 480.00	480.00 - 540.00	460.00 - 480.00	-	450.00 - 460.00	-	450.00 - 460.00
Imported	200.00 - 220.00	240.00 - 260.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	220.00 - 260.00	220.00 - 240.00	240.00 - 250.00	220.00 - 240.00
<b><u>Pulses</u></b>									
Green Gram	700.00 - 800.00	1000.00 - 1000.00	900.00 - 1000.00	800.00 - 1000.00	860.00 - 1000.00	800.00 - 800.00	700.00 - 1000.00	900.00 - 900.00	1000.00 - 1000.00
Cowpea (White)	900.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1100.00	1000.00 - 1000.00	1100.00 - 1200.00
Cowpea (Red)	900.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1100.00	1000.00 - 1000.00	1100.00 - 1200.00
Red Dhal	270.00 - 280.00	290.00 - 300.00	280.00 - 300.00	280.00 - 320.00	300.00 - 320.00	280.00 - 280.00	270.00 - 300.00	300.00 - 300.00	300.00 - 320.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)**

**Week 02:09 - 15 Jan 2026**

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<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Vegetable</u></b>									
Beans	560.00 - 600.00	680.00 - 800.00	640.00 - 650.00	700.00 - 800.00	680.00 - 780.00	450.00 - 480.00	450.00 - 500.00	480.00 - 480.00	650.00 - 650.00
Carrot	400.00 - 450.00	600.00 - 600.00	520.00 - 560.00	600.00 - 600.00	550.00 - 560.00	400.00 - 400.00	450.00 - 450.00	480.00 - 480.00	560.00 - 600.00
Leeks	360.00 - 400.00	560.00 - 600.00	560.00 - 600.00	550.00 - 600.00	540.00 - 550.00	450.00 - 480.00	450.00 - 480.00	480.00 - 480.00	420.00 - 450.00
Beetroot	800.00 - 960.00	900.00 - 1000.00	700.00 - 800.00	800.00 - 950.00	850.00 - 900.00	900.00 - 900.00	700.00 - 800.00	1000.00 - 1000.00	800.00 - 880.00
Knolkhol	400.00 - 500.00	550.00 - 600.00	-	650.00 - 650.00	600.00 - 650.00	400.00 - 450.00	500.00 - 600.00	-	600.00 - 650.00
Raddish	200.00 - 240.00	320.00 - 400.00	350.00 - 400.00	400.00 - 400.00	340.00 - 360.00	320.00 - 340.00	200.00 - 280.00	-	300.00 - 350.00
Cabbage	280.00 - 360.00	450.00 - 550.00	400.00 - 450.00	560.00 - 560.00	350.00 - 360.00	350.00 - 400.00	300.00 - 350.00	480.00 - 480.00	400.00 - 450.00
Tomato	500.00 - 650.00	800.00 - 800.00	680.00 - 720.00	700.00 - 800.00	550.00 - 600.00	600.00 - 600.00	500.00 - 550.00	600.00 - 800.00	600.00 - 600.00
Ladies Fingers	300.00 - 350.00	400.00 - 480.00	350.00 - 400.00	560.00 - 560.00	400.00 - 420.00	320.00 - 320.00	300.00 - 300.00	400.00 - 520.00	450.00 - 550.00
Brinjal	350.00 - 450.00	600.00 - 650.00	450.00 - 480.00	400.00 - 450.00	450.00 - 480.00	350.00 - 360.00	350.00 - 450.00	400.00 - 520.00	600.00 - 650.00
Capsicum	560.00 - 700.00	800.00 - 900.00	900.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	600.00 - 650.00	800.00 - 1200.00	900.00 - 1200.00
Pumpkin	160.00 - 180.00	260.00 - 280.00	260.00 - 280.00	250.00 - 260.00	230.00 - 240.00	260.00 - 280.00	200.00 - 240.00	240.00 - 280.00	280.00 - 280.00
Cucumber	220.00 - 240.00	320.00 - 320.00	240.00 - 260.00	280.00 - 320.00	260.00 - 280.00	200.00 - 220.00	200.00 - 220.00	300.00 - 320.00	300.00 - 320.00
Bitter Gourd	550.00 - 650.00	550.00 - 700.00	700.00 - 800.00	800.00 - 900.00	650.00 - 700.00	-	550.00 - 600.00	800.00 - 900.00	900.00 - 900.00
Snake Gourd	350.00 - 400.00	560.00 - 600.00	520.00 - 550.00	550.00 - 600.00	450.00 - 480.00	350.00 - 380.00	400.00 - 450.00	400.00 - 400.00	560.00 - 600.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	400.00 - 450.00	640.00 - 700.00	650.00 - 700.00	650.00 - 700.00	680.00 - 700.00	-	500.00 - 600.00	400.00 - 480.00	480.00 - 500.00
Long Beans	300.00 - 350.00	450.00 - 550.00	450.00 - 480.00	560.00 - 560.00	420.00 - 450.00	400.00 - 400.00	300.00 - 320.00	500.00 - 520.00	400.00 - 450.00
Ash Plantain	240.00 - 250.00	400.00 - 400.00	320.00 - 330.00	320.00 - 340.00	320.00 - 340.00	320.00 - 320.00	240.00 - 300.00	280.00 - 320.00	340.00 - 360.00
Green Chillies	680.00 - 750.00	900.00 - 1200.00	1100.00 - 1200.00	1100.00 - 1200.00	1000.00 - 1200.00	900.00 - 1000.00	800.00 - 900.00	900.00 - 1200.00	900.00 - 1200.00
Lime	350.00 - 360.00	400.00 - 500.00	550.00 - 600.00	550.00 - 600.00	450.00 - 480.00	600.00 - 600.00	350.00 - 400.00	350.00 - 350.00	600.00 - 600.00
<b><u>Root Crops</u></b>									
Sweet Potato	320.00 - 350.00	400.00 - 400.00	320.00 - 340.00	400.00 - 400.00	350.00 - 400.00	400.00 - 400.00	300.00 - 350.00	300.00 - 320.00	360.00 - 400.00
Manioc	160.00 - 200.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00	200.00 - 220.00	200.00 - 240.00	160.00 - 200.00	160.00 - 220.00	220.00 - 240.00
<b><u>Leafy Vegetable</u></b>									
Mukunuwenna	50.00 - 60.00	80.00 - 100.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	70.00 - 70.00	80.00 - 100.00	80.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 100.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	70.00 - 70.00	80.00 - 100.00	80.00 - 80.00
Gotukola	260.00 - 280.00	320.00 - 340.00	260.00 - 320.00	280.00 - 320.00	320.00 - 340.00	320.00 - 340.00	260.00 - 280.00	320.00 - 340.00	320.00 - 340.00
<b><u>Coconut</u></b>									
Large	180.00 - 190.00	190.00 - 200.00	200.00 - 205.00	180.00 - 190.00	180.00 - 200.00	200.00 - 200.00	180.00 - 180.00	190.00 - 190.00	180.00 - 190.00
Small	160.00 - 160.00	170.00 - 180.00	180.00 - 180.00	160.00 - 170.00	160.00 - 170.00	180.00 - 180.00	160.00 - 160.00	170.00 - 180.00	160.00 - 170.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)**

**Week 02:09 - 15 Jan 2026**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Plantain</i></b>									
Ambul (Rs/Kg)	220.00 - 250.00	220.00 - 240.00	250.00 - 260.00	240.00 - 240.00	250.00 - 260.00	250.00 - 280.00	200.00 - 220.00	220.00 - 250.00	220.00 - 250.00
Kolikuttu (Rs/Kg)	280.00 - 300.00	360.00 - 360.00	350.00 - 380.00	280.00 - 350.00	300.00 - 350.00	300.00 - 380.00	280.00 - 300.00	320.00 - 350.00	280.00 - 350.00
Seeni (Rs/Kg)	150.00 - 200.00	230.00 - 240.00	250.00 - 250.00	200.00 - 220.00	150.00 - 200.00	200.00 - 200.00	180.00 - 200.00	180.00 - 220.00	160.00 - 200.00
Anamalu	46.00 - 50.00	50.00 - 50.00	50.00 - 50.00	46.00 - 50.00	48.00 - 50.00	50.00 - 50.00	50.00 - 50.00	40.00 - 43.00	45.00 - 45.00
Ambun	60.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	60.00 - 70.00	60.00 - 60.00	70.00 - 70.00	60.00 - 60.00	56.00 - 56.00
<b><i>Pineapple</i></b>									
Large	400.00 - 450.00	420.00 - 420.00	400.00 - 450.00	400.00 - 400.00	400.00 - 450.00	400.00 - 400.00	400.00 - 400.00	400.00 - 450.00	400.00 - 450.00
Medium	300.00 - 350.00	350.00 - 350.00	300.00 - 350.00	300.00 - 300.00	300.00 - 350.00	300.00 - 350.00	300.00 - 300.00	300.00 - 350.00	300.00 - 380.00
Small	240.00 - 280.00	280.00 - 280.00	240.00 - 280.00	240.00 - 280.00	260.00 - 280.00	250.00 - 280.00	240.00 - 250.00	240.00 - 280.00	240.00 - 280.00
<b><i>Mango</i></b>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	120.00 - 120.00	150.00 - 150.00	170.00 - 170.00	170.00 - 170.00	120.00 - 135.00	100.00 - 100.00	100.00 - 100.00	120.00 - 135.00	100.00 - 130.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<b><i>Other Fruits</i></b>									
Wood Apple	60.00 - 80.00	120.00 - 120.00	120.00 - 120.00	130.00 - 130.00	80.00 - 100.00	80.00 - 100.00	60.00 - 60.00	60.00 - 80.00	80.00 - 100.00
Orange	75.00 - 85.00	135.00 - 135.00	170.00 - 170.00	135.00 - 170.00	120.00 - 135.00	-	75.00 - 75.00	135.00 - 135.00	90.00 - 100.00
Avocado	535.00 - 570.00	-	-	-	670.00 - 670.00	-	-	670.00 - 670.00	-
Slime Apple	50.00 - 80.00	80.00 - 100.00	120.00 - 120.00	100.00 - 120.00	60.00 - 100.00	60.00 - 60.00	60.00 - 60.00	60.00 - 80.00	70.00 - 80.00
Grapes (Rs/Kg)	1600.00 - 1700.00	2300.00 - 2300.00	1800.00 - 2000.00	2500.00 - 2500.00	1700.00 - 2000.00	2200.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2000.00	1800.00 - 2000.00
Papaw (Rs/Kg)	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00	340.00 - 400.00	300.00 - 350.00	300.00 - 300.00	300.00 - 300.00	350.00 - 350.00	280.00 - 300.00
Passion	80.00 - 80.00	-	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	-	80.00 - 80.00	70.00 - 70.00	70.00 - 80.00
King Coconut	170.00 - 200.00	150.00 - 180.00	200.00 - 200.00	200.00 - 200.00	160.00 - 170.00	150.00 - 150.00	150.00 - 160.00	150.00 - 150.00	150.00 - 160.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)**

**Week 02:09 - 15 Jan 2026**

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Sea Fish</i></b>									
Salaya	450.00 - 500.00	800.00 - 800.00	800.00 - 800.00	800.00 - 800.00	550.00 - 550.00	540.00 - 540.00	500.00 - 500.00	680.00 - 700.00	560.00 - 560.00
Hurulla	-	-	-	-	-	-	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Balaya	1000.00 - 1200.00	-	1000.00 - 1000.00	-	-	-	1600.00 - 1600.00	1600.00 - 1600.00	-
Kelawalla	1400.00 - 1500.00	2600.00 - 2600.00	2800.00 - 3000.00	3200.00 - 3200.00	2400.00 - 2400.00	-	2600.00 - 2600.00	2600.00 - 2800.00	2300.00 - 2300.00
Thora	-	4400.00 - 4400.00	4400.00 - 4400.00	4400.00 - 4400.00	-	3200.00 - 3200.00	4300.00 - 4300.00	4200.00 - 4200.00	-
Paraw	-	3000.00 - 3000.00	2400.00 - 2800.00	2800.00 - 2800.00	-	2400.00 - 2400.00	1400.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1400.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2750.00 - 3000.00	3000.00 - 3000.00	2800.00 - 3000.00	3000.00 - 3000.00	2800.00 - 2800.00	3000.00 - 3000.00	2600.00 - 2600.00	2600.00 - 2600.00	2300.00 - 2300.00
Talopath	3500.00 - 3800.00	3400.00 - 3400.00	3200.00 - 3200.00	3200.00 - 3200.00	-	3600.00 - 3600.00	3000.00 - 3000.00	3000.00 - 3200.00	3200.00 - 3200.00
<b><i>Eggs (Rs/egg)</i></b>									
Brown	30.00 - 31.00	32.00 - 32.00	34.00 - 34.00	32.00 - 34.00	31.00 - 35.00	32.00 - 32.00	32.00 - 33.00	32.00 - 32.00	32.00 - 32.00
White	28.00 - 28.00	28.00 - 28.00	30.00 - 30.00	28.00 - 30.00	29.00 - 30.00	31.00 - 31.00	30.00 - 32.00	30.00 - 30.00	30.00 - 30.00
<b><i>Dried Fish</i></b>									
Sprats	2200.00 - 2200.00	2200.00 - 2200.00	2200.00 - 2200.00	2200.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2400.00
Kattawa	2200.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2800.00	2400.00 - 2800.00	2400.00 - 2400.00	2400.00 - 2400.00	2300.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00
Thora	-	-	-	3500.00 - 3800.00	4200.00 - 4200.00	4000.00 - 4000.00	-	-	-
Mora	2600.00 - 2800.00	2900.00 - 2900.00	3000.00 - 3000.00	2800.00 - 3200.00	2800.00 - 2800.00	-	3000.00 - 3000.00	3000.00 - 3000.00	3200.00 - 3200.00
Balaya	1400.00 - 1600.00	2200.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2000.00	1800.00 - 1800.00	2000.00 - 2000.00	1700.00 - 2000.00	2200.00 - 2200.00
Anguluwa	2800.00 - 3000.00	2600.00 - 2600.00	2400.00 - 2400.00	2800.00 - 3000.00	2600.00 - 2600.00	2800.00 - 2800.00	2500.00 - 2500.00	2600.00 - 2600.00	2600.00 - 2600.00
Salaya	800.00 - 1200.00	900.00 - 900.00	900.00 - 900.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1200.00	1000.00 - 1200.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	2900.00 - 2900.00	2800.00 - 2800.00	2800.00 - 2800.00	2700.00 - 2700.00	-	2700.00 - 2700.00	2900.00 - 2900.00	-
Chicken (Broiler)	1260.00 - 1260.00	1320.00 - 1320.00	1340.00 - 1340.00	1340.00 - 1340.00	1200.00 - 1200.00	1250.00 - 1250.00	1280.00 - 1280.00	1250.00 - 1250.00	1320.00 - 1320.00
Chicken (Curry)	1260.00 - 1260.00	1300.00 - 1300.00	1400.00 - 1400.00	1340.00 - 1340.00	1050.00 - 1050.00	1250.00 - 1250.00	1280.00 - 1280.00	1250.00 - 1250.00	1320.00 - 1320.00
Mutton	-	4000.00 - 4000.00	4200.00 - 4200.00	4000.00 - 4000.00	3800.00 - 3800.00	4000.00 - 4000.00	4000.00 - 4000.00	4000.00 - 4000.00	-
Pork	-	2700.00 - 2700.00	-	-	-	-	-	2800.00 - 2800.00	2700.00 - 2700.00

## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

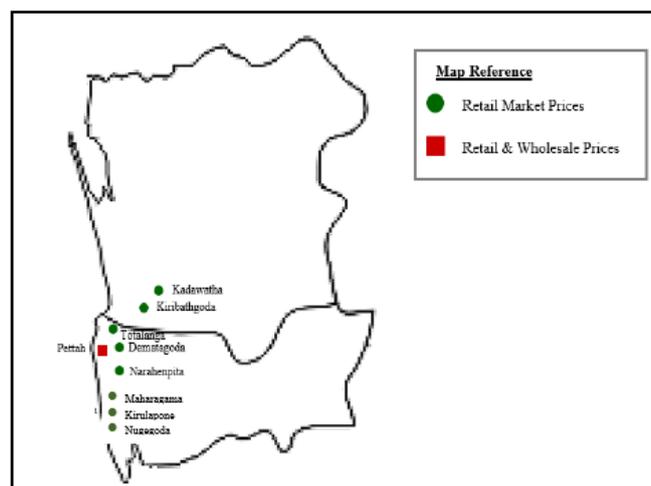
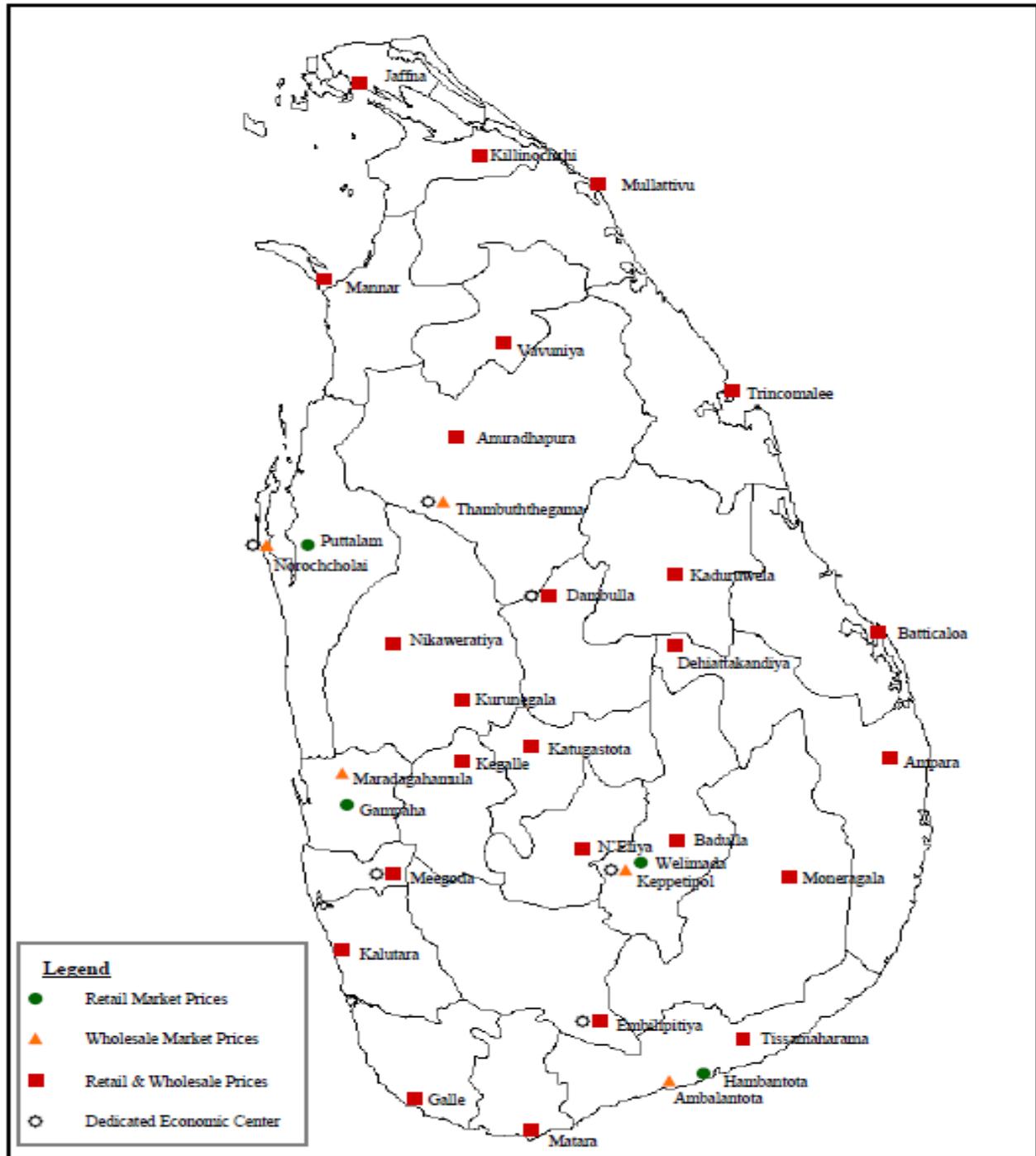
#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

**Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.**

# Price Collecting Areas





HARTI



Ministry of Agriculture

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