

RETAIL MARKET AT A GLANCE

Summary

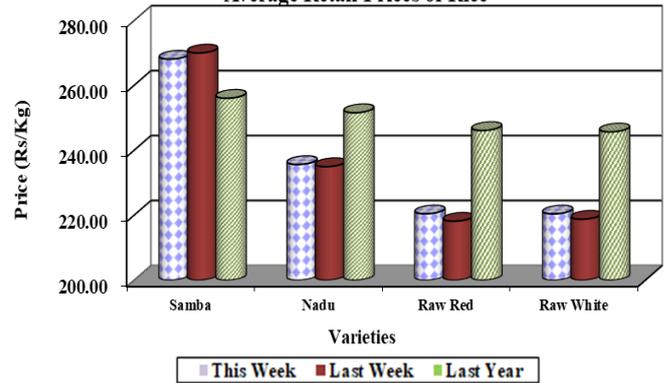
Paddy/ Rice

Prices of all the rice varieties except for local samba have increased. The highest price increase of Rs.9.00/kg was recorded for local keeri samba. Price ranged Rs.220.00-225.00/kg for both red and white raw rice, Rs.260.00-280.00/kg for samba and Rs.230.00-240.00/kg for nadu.

Prices of all the paddy varieties in most of the producing areas have increased with the highest price increase was recorded for keeri samba.

(Page No.01-02)

Average Retail Prices of Rice

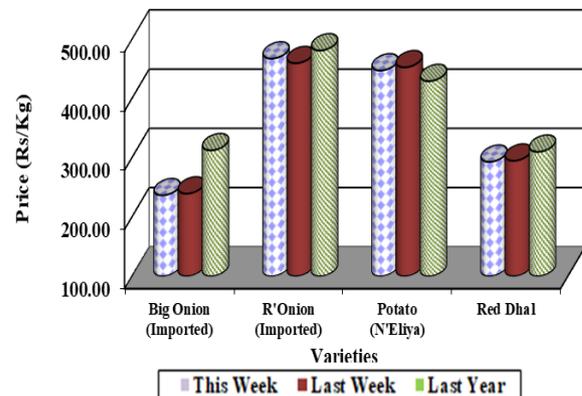


Other Field Crops

Prices of both local and imported big onions have decreased while the price of imported red onion has increased. Prices of both Nuwara Eliya and imported potato have decreased by Rs.5.00/kg.

(Page No.02-03)

Average Retail Prices of Other Field Crops

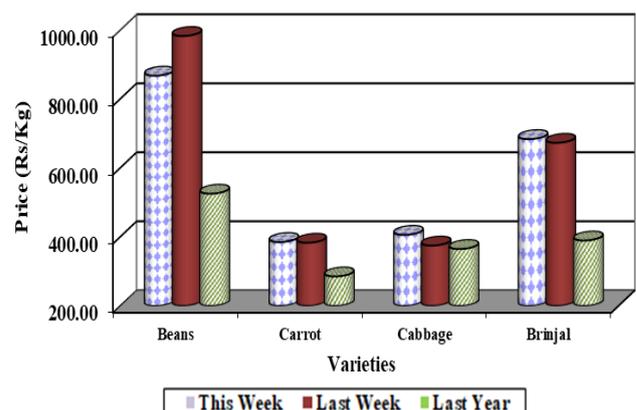


Vegetables

Prices of most of the vegetable varieties have increased. The highest price increase was reported for beetroot among the up-country vegetables, while the price of beans has decreased by Rs.115.00/kg.

(Page No.03-05)

Average Retail Prices of Vegetables



Coconut

Prices of both large and small nuts have decreased by Rs.1.00/nuts.

(Page No.05)

Eggs

Prices of both brown and white eggs have decreased by Rs.3.00/egg.

(Page No.07)

Rice

Wholesale

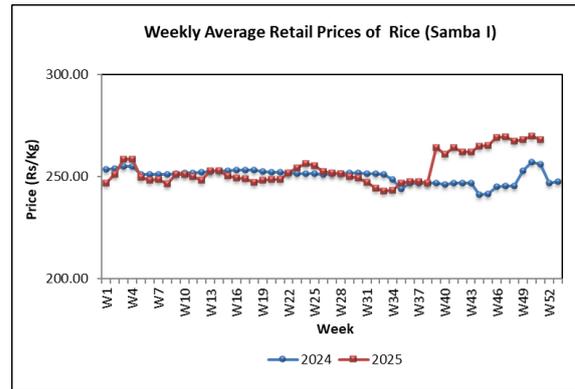
Prices of most local rice varieties have increased due to increased paddy prices and price of samba grade I and grade II have increased by 3% and price ranged Rs.260.00-265.00/kg and Rs.255.00-258.00/kg respectively. Prices of keeri samba and raw red have increased by 2% and price ranged Rs.320.00-350.00 /kg and Rs.210.00-215.00/kg. Imported ponni samba was also available at the market and price ranged Rs.230.00-235.00/kg.

Compared to same period of last year, the highest price increase of 30% recorded for keeri samba while the highest price decrease of 2% was recorded for raw red.

Retail

Prices of all types of rice varieties except for local samba have increased. The highest price increase of Rs.9.00/kg was recorded for local keeri samba. While the price of local samba has decreased by Rs.2.00/kg.

Compared to the same period of the last year the highest price increase of 30% was recorded for local keeri samba while the highest price decreased of 15% was recorded for imported samba.



Paddy

The average farmgate prices of major paddy varieties have increased in most of the major paddy producing areas. Accordingly, the highest price increase was reported for keeri samba paddy by Rs.2.00-9.00/kg. Prices ranged Rs.159.00-168.00/kg for keeri samba paddy. Further, it was reported Rs.1.00-3.00/kg price increase for short grain (samba) paddy and prices ranged Rs.135.00-145.00/kg. Subsequently, the average prices for long grain white paddy have also increased slightly by Rs.1.00-6.00/kg and prices ranged Rs.124.00-130.00/kg. However, the average farmgate price of long grain red paddy has increased by Rs.7.00/kg in Matara, while has decreased by Rs.4.00/kg in Embilipitiya area.

Compared to the same period of last year, the average farmgate prices of most of the varieties have increased by 2%-26% with

the highest price increase was reported for keeri samba paddy from Dehiattakandiya.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased by 4% and price ranged Rs.750.00-850.00/kg.

Compared to same period of last year, current wholesale price of imported dried chilies has increased by 13%.

Retail

Price of imported dried chilies has decreased by Rs.22.00/kg and price ranged Rs.900.00-1200.00/kg.

Compared to the same period of the last year, current retail price of imported dried chilies has increased by 18%.

Onion

Wholesale

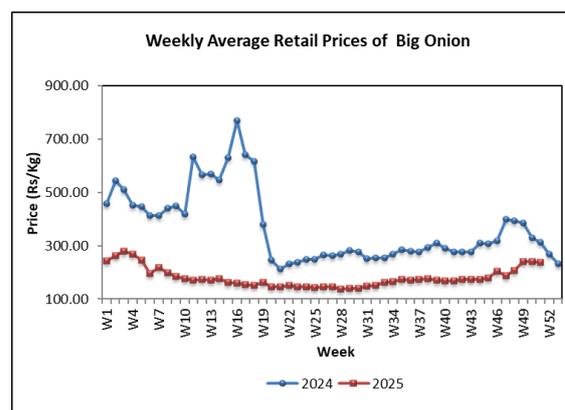
Price of vedalan red onion has decreased by 22% due to availability of low-quality stocks and price ranged Rs.170.00-220.00/kg. Price of imported red onion has also decreased slightly and price ranged Rs.250.00-350.00/kg. Price of imported big onion has decreased by 15%

due to availability of sufficient stocks and price ranged Rs.100.00-190.00/kg.

Compared to the same period of last year, current wholesale price of imported red onion and imported big onion have decreased by 20% and 28% respectively.

Retail

Price of imported red onion has increased of Rs.8.00/kg. Prices of imported and local big onions have decreased by Rs.3.00/kg and Rs.2.00/kg respectively.



Compared to the same period of the last year, the highest price decreased of 24% was recorded for imported big onion.

Potato

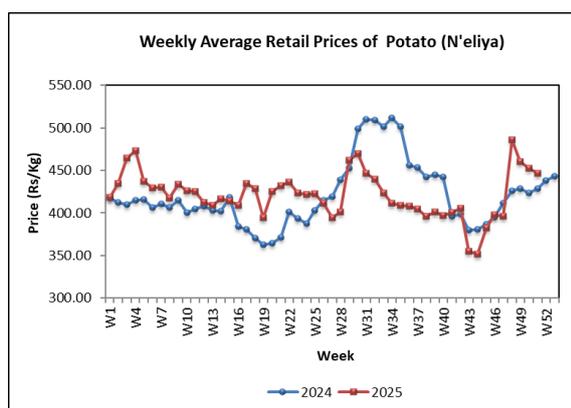
Wholesale

The Price of Nuwara Eliya potato has increased by 7% and price ranged Rs.300.00-350.00/kg. Price of imported potato has decreased slightly and price ranged Rs.160.00-220.00/kg.

Compared to the same period of last year, current wholesale price of imported potato has decreased by 17%.

Retail

Prices of both Nuwara-Eliya and imported potatoes have decreased by Rs.5.00/kg.



Compared to the same period of the last year, the highest price increase of 4% was recorded for Nuwara-Eliya potato and the highest price decreased of 19% was recorded for imported potato.

Pulses

Wholesale

Price of green gram has increased by 11% due to availability of high-quality stocks from Australia and price ranged Rs.550.00-800.00/kg. Price of white cowpea, red cowpea and red dhal have decreased in the range of 3%-5% and price ranged Rs.750.00-0.800/kg for both white

and red cowpea and Rs.250.00-260.00/kg for red dhal.

Compared to same period of last year, the highest price increase of 37% was recorded for red cowpea and the highest price decrease of 7% recorded for red dhal.

Retail

Prices of green gram and white cowpea have increased by Rs.2.00/kg and Rs.16.00/kg respectively. While the prices of red cowpea and red dhal have decreased by Rs.2.00/kg. The highest price increased of Rs.16.00/kg was recorded for white cowpea. The highest price decreased of Rs.2.00/kg was recorded for red cowpea.

Compared to the same period of the last year, highest price increase of 35% was recorded for white cowpea and highest price decreased of 6% was recorded for red dhal.

Vegetables

Wholesale

Prices of all the upcountry vegetables have increased, with decreased supply from major producing areas. However, prices of most of low country vegetables have decreased due to increased supply from producing areas.

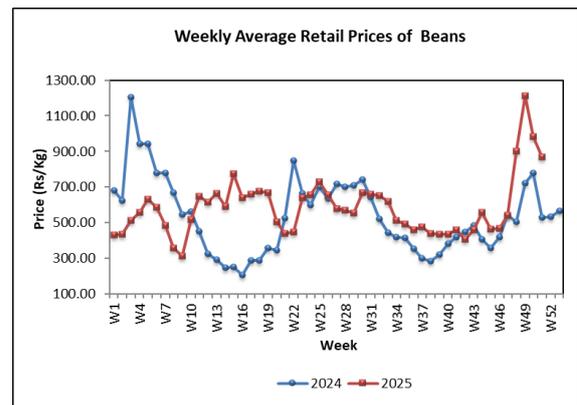
Among the upcountry vegetable varieties, the highest price increase of 62% reported for tomato, with decreased supply from Sooriyawewa, Hanguranketha, Bandarawela and Balangoda areas. Similarly, prices of cabbage have increased by 41%, due to decreased supply from Nuwara Eliya, Welimada and Puttalam producing areas. In addition, prices of leeks, beetroot and knol khol have increased by 20%, 15% and 10% respectively due to low supply.

Considering the low-country vegetables, the most of the vegetable varieties experienced price decrease, particularly for lady fingers (42%), with increased supply from Embilipitiya, Anuradhapura and Hambanthota areas. In addition, prices of long beans have also decreased by 29%, with increased supply from Balangoda, Embilipitiya and Hambanthota producing areas. While the prices of cucumber, snake gourd and luffa have decreased in the range of 12%-20%. Meanwhile, prices of capsicum have increased by 22%, with decreased supply from Thalawakele. Prices of green chilly have increased further by 11%, with decreased supply from Puttalam and Nochchiyagama areas. Price of lime has decreased further by 15%, due to increased supply form Monaragala.

Compared to the same period of last year, the prices of most of the vegetables have increased, with the highest price increase of 91% reported for capsicum.

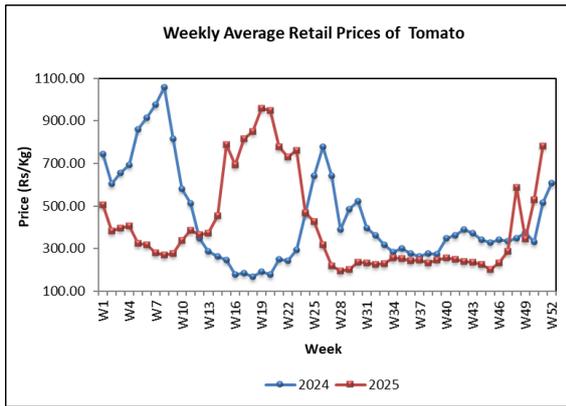
Retail

Retail prices of most of the vegetable varieties have increased. Considering the up-country vegetables, the highest price increase was reported for beetroot by Rs.103.00/kg. In contrast, the price of beans has decreased by Rs. 115.00/kg.



Considering low-country vegetable varieties, the highest price increase was reported for tomatoes by Rs. 250.00/kg. While price of capsicum has increased by Rs.189.00/kg. However, price of lime has decreased by Rs.185.00/kg.

Compared to the same period last year, prices of most of the vegetable varieties have increased, with the highest price increase reported for brinjal (75%).



**Coconut
Wholesale**

Supplies of coconut have increased further, from major producing areas. Hence, prices of both large and small nuts have decreased by 7% and 6% respectively. Price ranges were Rs.140.00-160.00 for a large nut and Rs.120.00-130.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have decreased by 9% and 7% respectively.

Retail

Prices of both large and small nuts decreased by around Rs.1.00/nut. The price ranges were Rs.190.00-205.00 for a large nut and Rs.160.00-190.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small

nuts have increased by 10% and 16%, respectively.

**Fruits
Wholesale**

Prices of most of the fruit varieties have increased due to high demand with festival season. The highest price increase of 26% was reported for passion fruit. Prices of both ambul banana and karthakolomban mangoes have increased by 10% with limited supply.

Compared to the same period of last year, prices of most of the fruit varieties have decreased with the highest price decrease of 45% reported for karthakolomban mango.

Retail

Retail prices of most of the fruit varieties have increased. The highest price increase was reported for imported grapes by Rs.23.00/kg. Prices of large pineapple and kolikuttu banana have increased by Rs.14.00/fruit and Rs.13.00/kg respectively. Also, prices of papaw has increased by Rs.10.00/kg. However, the price of avocado has decreased by Rs.60.00/kg.

Compared to the same period of last year, current prices of most of the fruits have decreased with the highest price decrease of 46% was reported for vilad mango.

Fresh Fish

Wholesale

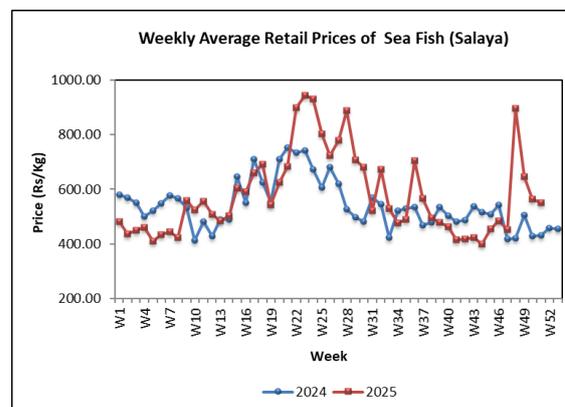
Prices of most fresh fish types have increased in the range of 2% to 18%. The highest price increase was noted for balaya as 18%. The second highest price increase was noted for kelawalla as 14%. Price of thora has decreased by 15%.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased in the range of 5%-15% with the highest price increase was noted for kelawalla.

Retail

Prices of all the fish varieties except salaya, thora, paraw and mora have increased. The highest price increase was recorded for hurulla by Rs.195.00/kg. The second highest price increase was recorded for kelawalla by Rs.79.00/kg. The highest price decrease was recorded for thora by Rs.209.00/kg.

Compared to the same period of last year, prices of all the fish varieties except shrimps have increased with the highest price increase was recorded for kelawalla by 43%.



Dried Fish

Wholesale

Prices of most of the dried fish types have increased in the range of 1%-54%. The highest price increase was noted for imported mora. The second highest price increase of 25% was noted for imported anguluwa. Price of imported blalaya has decreased by 47%.

Compared to the same period of last year, the current wholesale prices of most of the dried fish types have increased in the range of 26%-133% and the highest price increase was noted for imported mora.

Retail

Prices of all the dried fish varieties except sprats, anguluwa, maduwa and salaya have increased, and the highest price increase was recorded for balaya by Rs.157.00/kg. Second highest price increase was recorded for mora by Rs.88.00/kg respectively. The highest price decrease was recorded for sprats by Rs.77.00/kg.

Compared to the same period of last year, the prices of all types of dry fish varieties except salaya have increased. The highest price increase was recorded for kattawa by 24%.

Eggs

Wholesale

Prices of brown and white eggs have decreased by 7% and 6% respectively. Price ranged Rs.41.00-43.00 for brown egg and the Rs.40.00-42.00 for white egg.

Compared to the same period of last year, current wholesale prices of brown and white eggs have increased by 16% and 21% respectively.

Retail

Prices of both brown and white eggs have decreased by Rs.3.00/kg. Price ranged Rs.41.00-44.00 for white eggs and

Rs.42.00-47.00 for brown eggs. The average price of white egg and brown egg types has been recorded as Rs. 42.00 and Rs.43.00 respectively.

Compared to the same period of last year, prices of both white and brown egg have increased by 12% and 13% respectively.

Meat

Retail

Prices of all meat types except mutton and pork have decreased. The highest price decrease was recorded for curry chicken by Rs.59.00/kg. The second highest price decrease was recorded for broiler chicken by Rs.37.00/kg respectively.

Compared to the same period of last year, prices of all meat varieties have increased. The highest price increase was recorded for pork by 119%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with

Weekly Food Commodities Bulletin

price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Rice Varieties | | | | | | | | | | | | | |
|-----------------|----------------|-------|---------|-------|-------------|-------|--------|-------|--------|-------|---------|-------|-----------|-------|
| | Samba 1 | | Samba 2 | | Keeri Samba | | Nadu 1 | | Nadu 2 | | Raw Red | | Raw White | |
| Colombo | 13000 | 13250 | 12750 | 12900 | 16000 | 17500 | 11250 | 11500 | 11000 | 11100 | 10500 | 10750 | 10500 | 11000 |
| Divulapitiya | 13000 | 13250 | 12500 | 12950 | 16200 | 16700 | 11300 | 11450 | 11000 | 11250 | 10250 | 10650 | 10250 | 10600 |
| Kurunegala | - | - | - | - | - | - | 11350 | 11400 | 11000 | 11200 | - | - | 10350 | 10500 |
| Nikaweratiya | 12900 | 13000 | 12700 | 12800 | - | - | 11200 | 11450 | 10750 | 11100 | - | - | 10250 | 10750 |
| Badulla | 13500 | 13500 | - | - | 15800 | 16250 | 11250 | 11350 | - | - | 10350 | 10500 | 10250 | 10500 |
| Puttalam | 13250 | 13500 | 12750 | 13000 | 16500 | 17250 | 11250 | 11500 | 10500 | 10750 | 10500 | 10500 | 10000 | 10250 |
| Dambulla | 13000 | 13100 | 12000 | 12150 | - | - | 11250 | 11350 | 10900 | 10950 | 10700 | 10750 | 10500 | 10650 |
| Anuradhapura | - | - | 11800 | 11900 | 16000 | 16500 | 11250 | 11400 | - | - | 10500 | 10750 | 10250 | 10750 |
| Tambuttegama | 12950 | 13000 | 11750 | 11800 | - | - | 11300 | 11400 | 10500 | 10600 | 10600 | 10750 | 10000 | 10250 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Kalutara | 13500 | 13500 | - | - | 16750 | 17000 | 11350 | 14000 | 10500 | 11000 | 10250 | 10500 | 10250 | 10750 |
| Ampara | - | - | - | - | - | - | 11500 | 11500 | 11200 | 11250 | 9900 | 10000 | 10000 | 10250 |
| Kandy | 13500 | 13650 | 12500 | 12750 | 16750 | 17000 | 11250 | 11350 | 10750 | 11000 | 10500 | 10750 | 10650 | 10750 |
| Moneragala | - | - | 11750 | 11750 | 16000 | 16500 | 11250 | 11350 | - | - | 9750 | 10250 | 9750 | 10250 |
| Kegalle | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Dehiattakandiya | 13000 | 13900 | - | - | 16500 | 16500 | 11250 | 11250 | 11000 | 11000 | 10500 | 10750 | 10250 | 10750 |
| Hambantota | - | - | 11750 | 11750 | - | - | 11250 | 11250 | - | - | 9750 | 9900 | 10200 | 10250 |
| Matara | - | - | 11750 | 12000 | - | - | - | - | 10900 | 11000 | 9800 | 10100 | 10250 | 10500 |
| Galle | - | - | - | - | 17000 | 17000 | 11250 | 11400 | - | - | 10150 | 10500 | 10250 | 10750 |
| Meegoda | - | - | 11900 | 11950 | - | - | 11000 | 11100 | 10700 | 10900 | 10100 | 10400 | 10300 | 10400 |
| Tissamaharama | - | - | 11950 | 11950 | - | - | 11400 | 11450 | - | - | 9850 | 9900 | 10200 | 10350 |
| Embilipitiya | - | - | 11900 | 12000 | 16000 | 16250 | - | - | 10300 | 10400 | 9750 | 9900 | 10000 | 10100 |
| Jaffna | - | - | 11700 | 11750 | - | - | 11300 | 11500 | - | - | 10000 | 10200 | 10000 | 10200 |
| Vavuniya | - | - | - | - | - | - | 11250 | 11600 | - | - | 10750 | 10800 | 10700 | 10800 |
| Mannar | - | - | 12000 | 12200 | 16000 | 16250 | 11000 | 11250 | - | - | 10400 | 10500 | 10400 | 10500 |
| Killinochchi | - | - | - | - | - | - | 11300 | 11400 | - | - | 10500 | 10750 | 10700 | 10900 |
| Mullattivu | - | - | 12000 | 12250 | - | - | 11000 | 11250 | - | - | 10000 | 10300 | 10750 | 11000 |
| Batticaloa | - | - | 12500 | 12750 | 16500 | 17000 | 11250 | 11500 | - | - | 10500 | 10500 | 10500 | 10500 |
| Trincomalee | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Galenbindunuwew | - | - | 11900 | 11950 | - | - | 11400 | 11450 | 11100 | 11200 | - | - | 10800 | 10950 |
| Matale | 13500 | 14000 | - | - | 16000 | 16750 | 11350 | 11400 | 11000 | 11100 | 10500 | 10700 | 10500 | 10700 |

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Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Rice Varieties | | | | | | | | | | | | | |
|------------------|----------------|--------|---------|--------|-------------|--------|--------|--------|--------|--------|---------|--------|-----------|--------|
| | Samba 1 | | Samba 2 | | Keeri Samba | | Nadu 1 | | Nadu 2 | | Raw Red | | Raw White | |
| Colombo | 260.00 | 280.00 | - | - | 330.00 | 360.00 | 230.00 | 240.00 | - | - | 220.00 | 225.00 | 220.00 | 225.00 |
| Gampaha | - | - | 240.00 | 240.00 | - | - | 230.00 | 230.00 | - | - | 210.00 | 220.00 | 215.00 | 220.00 |
| Kurunegala | - | - | 240.00 | 240.00 | - | - | 228.00 | 230.00 | - | - | 220.00 | 220.00 | 220.00 | 220.00 |
| Nikaweratiya | - | - | - | - | 330.00 | 340.00 | 230.00 | 238.00 | 224.00 | 228.00 | - | - | 212.00 | 220.00 |
| Dambulla | 265.00 | 270.00 | 240.00 | 250.00 | 330.00 | 340.00 | 228.00 | 230.00 | 220.00 | 225.00 | 218.00 | 220.00 | 215.00 | 220.00 |
| Anuradhapura | - | - | 240.00 | 240.00 | 330.00 | 340.00 | 230.00 | 230.00 | - | - | 215.00 | 220.00 | 210.00 | 220.00 |
| Thambuththegama | 270.00 | 270.00 | 240.00 | 240.00 | 320.00 | 320.00 | 230.00 | 230.00 | 227.00 | 228.00 | 215.00 | 220.00 | 212.00 | 218.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 275.00 | 280.00 | - | - | 340.00 | 350.00 | 230.00 | 235.00 | 220.00 | 225.00 | 210.00 | 215.00 | 210.00 | 220.00 |
| Badulla | 280.00 | 280.00 | - | - | 320.00 | 340.00 | 230.00 | 230.00 | - | - | 210.00 | 215.00 | 210.00 | 215.00 |
| Keppetipola | 265.00 | 270.00 | - | - | 340.00 | 350.00 | 228.00 | 230.00 | 220.00 | 225.00 | 214.00 | 216.00 | 218.00 | 220.00 |
| Moneragala | - | - | 240.00 | 240.00 | 330.00 | 340.00 | 230.00 | 230.00 | - | - | 200.00 | 210.00 | 200.00 | 210.00 |
| Kegalle | 270.00 | 270.00 | 240.00 | 240.00 | 330.00 | 340.00 | 230.00 | 230.00 | 220.00 | 225.00 | 220.00 | 220.00 | 215.00 | 220.00 |
| Ampara | - | - | 240.00 | 240.00 | - | - | 230.00 | 230.00 | 222.00 | 225.00 | 200.00 | 220.00 | 200.00 | 220.00 |
| Dehiattakandiya | 270.00 | 285.00 | - | - | 340.00 | 340.00 | 230.00 | 230.00 | 225.00 | 225.00 | 215.00 | 220.00 | 210.00 | 220.00 |
| Nuwaraeliya | 270.00 | 280.00 | - | - | 350.00 | 360.00 | 228.00 | 230.00 | 224.00 | 226.00 | 215.00 | 217.00 | 218.00 | 220.00 |
| Kandy | 270.00 | 280.00 | 255.00 | 260.00 | 340.00 | 345.00 | 230.00 | 230.00 | 220.00 | 222.00 | 218.00 | 220.00 | 218.00 | 220.00 |
| Puttalam | 270.00 | 280.00 | 250.00 | 260.00 | 335.00 | 350.00 | 230.00 | 230.00 | 220.00 | 220.00 | 220.00 | 220.00 | 210.00 | 220.00 |
| Hambantota | - | - | 240.00 | 240.00 | - | - | 230.00 | 230.00 | - | - | 200.00 | 205.00 | 210.00 | 210.00 |
| Rathnapura | 270.00 | 275.00 | - | - | 345.00 | 350.00 | 230.00 | 240.00 | 220.00 | 223.00 | 215.00 | 218.00 | 215.00 | 220.00 |
| Matara | - | - | 240.00 | 250.00 | - | - | 230.00 | 240.00 | - | - | 205.00 | 210.00 | 210.00 | 220.00 |
| Galle | - | - | 240.00 | 245.00 | 340.00 | 350.00 | 230.00 | 235.00 | - | - | 210.00 | 215.00 | 210.00 | 220.00 |
| Tissamaharama | - | - | 240.00 | 240.00 | - | - | 230.00 | 230.00 | - | - | 200.00 | 205.00 | 205.00 | 210.00 |
| Meegoda (DEC) | - | - | 240.00 | 245.00 | - | - | 230.00 | 230.00 | 220.00 | 225.00 | 210.00 | 220.00 | 210.00 | 220.00 |
| Embilipitiya | - | - | 239.00 | 240.00 | 320.00 | 325.00 | 225.00 | 230.00 | 220.00 | 220.00 | 200.00 | 205.00 | 208.00 | 212.00 |
| Jaffna | - | - | 240.00 | 245.00 | - | - | - | - | - | - | - | - | 210.00 | 218.00 |
| Vavuniya | - | - | - | - | - | - | 235.00 | 240.00 | - | - | 220.00 | 225.00 | 218.00 | 225.00 |
| Mannar | - | - | 250.00 | 255.00 | 340.00 | 350.00 | 230.00 | 235.00 | - | - | 215.00 | 220.00 | 218.00 | 220.00 |
| Killinochchi | - | - | - | - | - | - | 230.00 | 235.00 | - | - | 215.00 | 220.00 | 220.00 | 225.00 |
| Mullaittivu | - | - | 245.00 | 250.00 | - | - | - | - | 223.00 | 228.00 | 205.00 | 210.00 | 220.00 | 225.00 |
| Batticaloa | 260.00 | 265.00 | - | - | 335.00 | 350.00 | 235.00 | 240.00 | - | - | 215.00 | 220.00 | 215.00 | 220.00 |
| Trincomalee | - | - | 250.00 | 250.00 | - | - | 225.00 | 230.00 | - | - | 215.00 | 220.00 | 215.00 | 220.00 |
| Hanguranketha | - | - | 240.00 | 240.00 | - | - | 228.00 | 230.00 | - | - | 216.00 | 218.00 | 215.00 | 218.00 |
| Veyangoda | - | - | 240.00 | 240.00 | 320.00 | 320.00 | 230.00 | 230.00 | 220.00 | 225.00 | 215.00 | 220.00 | 210.00 | 220.00 |
| Galenbindunuwewa | - | - | 240.00 | 240.00 | - | - | 230.00 | 230.00 | 225.00 | 225.00 | 220.00 | 220.00 | 220.00 | 220.00 |
| Bandarawela | - | - | - | - | 330.00 | 330.00 | 230.00 | 235.00 | - | - | 210.00 | 215.00 | 210.00 | 215.00 |
| Matale | 285.00 | 285.00 | 255.00 | 260.00 | 340.00 | 350.00 | 230.00 | 230.00 | 225.00 | 227.00 | 215.00 | 220.00 | 215.00 | 220.00 |

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 51: 19 - 25 Dec 2025

| LOCATION | Dried Chillies | Red Onion | | Big Onion | Potato | | | Pulses | | |
|------------------|----------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | Imported | Imported | Local | | Imported | Welimada | Nuwara Eliya | Green Gram | Cowpea | Red Dhal |
| Colombo | 37500 - 42500 | 12500 - 17500 | 8500 - 11000 | 5000 - 9500 | 8000 - 11000 | - | 15000 - 17500 | 27500 - 40000 | 37500 - 40000 | 12500 - 13000 |
| Kurunegala | 42500 - 43500 | 17750 - 18250 | - | 9000 - 9250 | 8750 - 9000 | - | - | 33500 - 35000 | 44500 - 45500 | 13250 - 13350 |
| Nikaweratiya | 40500 - 42500 | 12500 - 13000 | - | - | 8500 - 9250 | - | - | 30000 - 31500 | 45000 - 46000 | 13000 - 13500 |
| Dehiattakandiya | 41000 - 45000 | 17500 - 22500 | - | 8000 - 9750 | 9250 - 10000 | - | 15000 - 19000 | 27500 - 30000 | 32500 - 42500 | 12750 - 14000 |
| Dambulla (DEC) | 39000 - 40000 | 16000 - 16500 | - | 6500 - 8500 | 7500 - 8500 | 11500 - 12000 | - | 29500 - 30000 | 35000 - 38500 | 12750 - 13000 |
| Anuradhapura | 42500 - 45000 | 20000 - 22000 | - | 9500 - 10500 | 9000 - 10000 | - | - | 32500 - 35000 | 42500 - 47500 | 13250 - 13750 |
| Thambuththegama | 40000 - 42000 | 12500 - 15500 | - | 7750 - 9000 | 8000 - 9250 | - | - | 28750 - 28750 | 42500 - 42500 | 13000 - 13250 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 42500 - 45000 | 17500 - 18000 | - | 9500 - 10000 | 9000 - 11250 | - | - | 34000 - 36500 | 44500 - 49000 | 12750 - 13250 |
| Puttalam | 45000 - 47500 | - | 15000 - 17500 | 8000 - 10000 | 10000 - 10500 | - | - | 34000 - 37500 | 46000 - 49000 | 13500 - 13750 |
| Kandy | 40000 - 42500 | 16500 - 17500 | - | 7500 - 10500 | 8500 - 9500 | - | 15000 - 15500 | 29000 - 32000 | 40000 - 41000 | 12750 - 13000 |
| Matara | 42500 - 45000 | 19000 - 20500 | - | 8750 - 10000 | 9500 - 10000 | - | - | 32500 - 36500 | 40000 - 43000 | 13000 - 13600 |
| Hambantota | 45000 - 47500 | 15000 - 16000 | - | 9250 - 10500 | 9500 - 10000 | - | - | 25000 - 27500 | 40000 - 42500 | 12500 - 13000 |
| Kegalle | 40000 - 42000 | 15500 - 16000 | - | 9700 - 10250 | - | - | 15000 - 16000 | 35000 - 36000 | 44000 - 45000 | 13000 - 14000 |
| Galle | 42500 - 44000 | 19000 - 21000 | - | 9000 - 10500 | 9000 - 11000 | - | - | 34000 - 42000 | 41000 - 47500 | 12500 - 13250 |
| Tissamaharama | 41500 - 42500 | 19000 - 20000 | - | 9500 - 9750 | 8250 - 8500 | - | 16000 - 16500 | 26000 - 27500 | - | 12500 - 12750 |
| Meegoda (DEC) | 38500 - 41500 | 15500 - 19000 | - | 7500 - 9750 | 8000 - 9000 | 13250 - 13500 | 16000 - 16500 | 29000 - 30000 | 39000 - 42500 | 13000 - 13250 |
| Jaffna | - | - | 10400 - 10600 | 9400 - 9500 | 9000 - 9500 | - | - | 30000 - 31000 | - | - |
| Vavuniya | 45000 - 47500 | - | - | 9500 - 10500 | 10000 - 10750 | - | - | 30000 - 31000 | - | 13500 - 14000 |
| Mannar | 37000 - 40000 | 15000 - 16000 | - | 7500 - 7500 | 8250 - 8750 | - | - | 30000 - 32500 | - | 12500 - 12750 |
| Killinochchi | 40000 - 42000 | - | - | 8500 - 9500 | 8500 - 9500 | - | - | 31000 - 33000 | - | 13000 - 13750 |
| Mullattivu | 45000 - 46500 | 18000 - 20000 | - | 9000 - 10500 | 9000 - 10500 | - | - | 32500 - 33500 | - | 13500 - 13750 |
| Batticaloa | 40000 - 42500 | - | 10000 - 12000 | 7500 - 9500 | 8000 - 9500 | - | 16000 - 17250 | 30000 - 32500 | 37500 - 37500 | 12500 - 13500 |
| Trincomalee | - | - | - | - | - | - | - | - | - | - |
| Galenbindunuwewa | 44000 - 47000 | 16000 - 23000 | - | 10000 - 10500 | 9000 - 11000 | - | - | 31250 - 34250 | 34250 - 46750 | 13750 - 14000 |
| Matale | 44000 - 47500 | 18500 - 20000 | - | 8000 - 9000 | 8500 - 9000 | - | - | 30000 - 35000 | 47500 - 50000 | 13000 - 13500 |

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Dried Chillies | Red Onion | | Big Onion | Potato | | | Pulses | | |
|------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|-------------------|-----------------|
| | Imported | Imported | Local | | Imported | Welimada | Nuwara Eliya | Green Gram | Cowpea | Red Dhal |
| Colombo | 900.00 - 1200.00 | 400.00 - 500.00 | - | 200.00 - 260.00 | 200.00 - 260.00 | - | 420.00 - 460.00 | 750.00 - 1000.00 | 1000.00 - 1200.00 | 270.00 - 320.00 |
| Gampaha | 940.00 - 1200.00 | 480.00 - 520.00 | - | 280.00 - 300.00 | 240.00 - 260.00 | - | 440.00 - 480.00 | 700.00 - 1000.00 | 900.00 - 1300.00 | 300.00 - 320.00 |
| Kurunegala | 940.00 - 1000.00 | 470.00 - 500.00 | - | 260.00 - 300.00 | 260.00 - 260.00 | - | - | 780.00 - 870.00 | 1000.00 - 1100.00 | 290.00 - 320.00 |
| Nikaweratiya | 920.00 - 980.00 | 400.00 - 430.00 | - | - | 200.00 - 240.00 | - | - | 630.00 - 680.00 | 925.00 - 980.00 | 275.00 - 300.00 |
| Dambulla | 900.00 - 1000.00 | 460.00 - 480.00 | - | 180.00 - 220.00 | 200.00 - 240.00 | - | - | 750.00 - 800.00 | 900.00 - 1100.00 | 270.00 - 300.00 |
| Anuradhapura | 950.00 - 1000.00 | 480.00 - 500.00 | - | 220.00 - 240.00 | 220.00 - 240.00 | - | - | 700.00 - 800.00 | 950.00 - 1100.00 | 270.00 - 300.00 |
| Thambuththegama | 950.00 - 1000.00 | 380.00 - 440.00 | - | 180.00 - 240.00 | 220.00 - 250.00 | - | - | 700.00 - 800.00 | 950.00 - 950.00 | 275.00 - 285.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 900.00 - 1000.00 | 400.00 - 450.00 | - | 220.00 - 250.00 | 220.00 - 250.00 | - | 400.00 - 400.00 | 680.00 - 800.00 | 880.00 - 1050.00 | 270.00 - 280.00 |
| Badulla | 950.00 - 950.00 | 460.00 - 480.00 | - | 200.00 - 240.00 | 200.00 - 220.00 | 350.00 - 360.00 | - | 650.00 - 700.00 | 900.00 - 950.00 | 280.00 - 280.00 |
| Keppetipola | 900.00 - 950.00 | 460.00 - 500.00 | - | 200.00 - 220.00 | 210.00 - 230.00 | 300.00 - 320.00 | - | 750.00 - 760.00 | 950.00 - 1000.00 | 280.00 - 300.00 |
| Moneragala | 900.00 - 1000.00 | 440.00 - 500.00 | - | 220.00 - 240.00 | 240.00 - 260.00 | 340.00 - 360.00 | - | 600.00 - 700.00 | 800.00 - 1000.00 | 280.00 - 300.00 |
| Kegalle | 900.00 - 1100.00 | 400.00 - 480.00 | - | 240.00 - 250.00 | 230.00 - 260.00 | 380.00 - 380.00 | 400.00 - 400.00 | 700.00 - 760.00 | 900.00 - 980.00 | 270.00 - 320.00 |
| Ampara | 890.00 - 950.00 | 410.00 - 420.00 | - | 200.00 - 215.00 | 210.00 - 240.00 | - | - | 680.00 - 850.00 | 850.00 - 950.00 | 275.00 - 280.00 |
| Dehiattakandiya | 900.00 - 950.00 | 400.00 - 480.00 | - | 180.00 - 220.00 | 200.00 - 220.00 | 320.00 - 400.00 | - | 600.00 - 650.00 | 750.00 - 950.00 | 268.00 - 300.00 |
| Nuwaraeliya | 940.00 - 960.00 | 480.00 - 500.00 | - | 220.00 - 230.00 | 240.00 - 250.00 | - | 350.00 - 360.00 | 780.00 - 800.00 | 950.00 - 1050.00 | 280.00 - 300.00 |
| Kandy | 1000.00 - 1100.00 | 480.00 - 500.00 | - | 240.00 - 300.00 | 240.00 - 260.00 | - | 440.00 - 460.00 | 700.00 - 850.00 | 1000.00 - 1100.00 | 290.00 - 300.00 |
| Puttalam | 1000.00 - 1050.00 | - | 480.00 - 480.00 | 200.00 - 240.00 | 240.00 - 250.00 | - | - | 800.00 - 850.00 | 1000.00 - 1050.00 | 290.00 - 300.00 |
| Rathnapura | 1000.00 - 1100.00 | 400.00 - 450.00 | - | 230.00 - 250.00 | 250.00 - 260.00 | - | - | 650.00 - 750.00 | 900.00 - 965.00 | 280.00 - 300.00 |
| Hambantota | 1000.00 - 1050.00 | 400.00 - 450.00 | - | 200.00 - 240.00 | 220.00 - 240.00 | 300.00 - 350.00 | - | 600.00 - 650.00 | 1000.00 - 1080.00 | 280.00 - 300.00 |
| Matara | 950.00 - 1000.00 | 440.00 - 520.00 | - | 200.00 - 230.00 | 200.00 - 240.00 | - | - | 700.00 - 800.00 | 850.00 - 950.00 | 285.00 - 300.00 |
| Galle | 950.00 - 1000.00 | 400.00 - 480.00 | - | 220.00 - 240.00 | 220.00 - 240.00 | 340.00 - 380.00 | - | 700.00 - 875.00 | 850.00 - 1000.00 | 270.00 - 280.00 |
| Tissamaharama | 890.00 - 960.00 | 440.00 - 460.00 | - | 220.00 - 240.00 | 210.00 - 220.00 | 370.00 - 380.00 | - | 580.00 - 600.00 | 950.00 - 950.00 | 270.00 - 290.00 |
| Meegoda (DEC) | 900.00 - 940.00 | 480.00 - 520.00 | - | 240.00 - 270.00 | 220.00 - 250.00 | 360.00 - 360.00 | 400.00 - 440.00 | 720.00 - 800.00 | 1000.00 - 1120.00 | 280.00 - 300.00 |
| Embilipitiya | 900.00 - 950.00 | 400.00 - 420.00 | 460.00 - 480.00 | 198.00 - 240.00 | 200.00 - 240.00 | 380.00 - 400.00 | - | 600.00 - 720.00 | 970.00 - 1050.00 | 275.00 - 320.00 |
| Jaffna | 1000.00 - 1100.00 | - | - | 200.00 - 200.00 | 200.00 - 200.00 | - | - | 680.00 - 700.00 | - | 270.00 - 280.00 |
| Vavuniya | 1040.00 - 1060.00 | - | - | 220.00 - 250.00 | 250.00 - 260.00 | - | - | 680.00 - 720.00 | - | 290.00 - 300.00 |
| Mannar | 900.00 - 950.00 | - | - | 240.00 - 240.00 | 220.00 - 220.00 | - | - | 600.00 - 650.00 | - | 270.00 - 270.00 |
| Killinochchi | 880.00 - 900.00 | - | - | 200.00 - 220.00 | 200.00 - 220.00 | - | - | 680.00 - 720.00 | - | 275.00 - 280.00 |
| Mullaittivu | 920.00 - 960.00 | - | 380.00 - 420.00 | - | 200.00 - 220.00 | - | - | 680.00 - 700.00 | - | 275.00 - 280.00 |
| Batticaloa | 900.00 - 1000.00 | - | - | 250.00 - 280.00 | 240.00 - 250.00 | - | 520.00 - 550.00 | 700.00 - 750.00 | 900.00 - 950.00 | 270.00 - 270.00 |
| Trincomalee | 900.00 - 940.00 | - | 370.00 - 380.00 | 220.00 - 230.00 | 220.00 - 230.00 | - | - | 700.00 - 740.00 | - | 280.00 - 285.00 |
| Hanguranketha | 925.00 - 1000.00 | 400.00 - 400.00 | - | 200.00 - 245.00 | 200.00 - 220.00 | - | - | 690.00 - 720.00 | 900.00 - 980.00 | 270.00 - 290.00 |
| Veyangoda | 900.00 - 920.00 | 440.00 - 480.00 | - | 200.00 - 280.00 | 200.00 - 260.00 | 360.00 - 360.00 | 400.00 - 400.00 | 720.00 - 1000.00 | 980.00 - 1040.00 | 280.00 - 320.00 |
| Galenbindunuwewa | 900.00 - 960.00 | 400.00 - 480.00 | - | 220.00 - 260.00 | 200.00 - 260.00 | - | - | 640.00 - 700.00 | 700.00 - 950.00 | 280.00 - 290.00 |
| Bandarawela | 900.00 - 950.00 | 440.00 - 480.00 | - | 200.00 - 220.00 | 200.00 - 220.00 | 300.00 - 330.00 | - | 700.00 - 800.00 | 900.00 - 950.00 | 270.00 - 300.00 |
| Matale | 1000.00 - 1100.00 | 400.00 - 480.00 | - | 220.00 - 260.00 | 200.00 - 260.00 | - | - | 700.00 - 1000.00 | 1100.00 - 1200.00 | 270.00 - 280.00 |

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 51: 19 - 25 Dec 2025

| Locations | Butter Beans | Green Beans | Carrot | Leeks | Beetroot | Knolkhol |
|-----------------------|--------------|------------------|-----------------|-----------------|-----------------|-----------------|
| Colombo | - | 500.00 - 1000.00 | 160.00 - 200.00 | 200.00 - 300.00 | 450.00 - 600.00 | 300.00 - 350.00 |
| Meegoda (DEC) | - | 750.00 - 800.00 | 240.00 - 260.00 | 230.00 - 270.00 | 480.00 - 550.00 | 420.00 - 450.00 |
| Dambulla (DEC) | - | 550.00 - 600.00 | 150.00 - 200.00 | 170.00 - 220.00 | 500.00 - 600.00 | 380.00 - 400.00 |
| Keppetipola (DEC) | - | 700.00 - 750.00 | 140.00 - 160.00 | 160.00 - 180.00 | 450.00 - 500.00 | 350.00 - 400.00 |
| Norochchole (DEC) | - | 800.00 - 900.00 | - | - | 500.00 - 650.00 | 400.00 - 450.00 |
| Nuwara Eliya | - | 750.00 - 800.00 | 220.00 - 230.00 | 220.00 - 230.00 | 380.00 - 400.00 | 350.00 - 380.00 |
| Kandy | - | 600.00 - 650.00 | 200.00 - 220.00 | 230.00 - 250.00 | 430.00 - 470.00 | 300.00 - 330.00 |
| Hambantota | - | - | - | - | - | - |
| Thambuththegama (DEC) | - | 650.00 - 700.00 | 220.00 - 280.00 | 230.00 - 280.00 | 550.00 - 600.00 | - |
| Jaffna | - | - | - | - | - | - |
| Bandarawela | - | 700.00 - 760.00 | 200.00 - 220.00 | 190.00 - 220.00 | 460.00 - 480.00 | 350.00 - 370.00 |
| Veyangoda | - | 730.00 - 760.00 | 220.00 - 250.00 | 230.00 - 260.00 | 500.00 - 550.00 | 450.00 - 500.00 |

| Locations | Raddish | Cabbage | Tomato | Ladies Fingers | Brinjal | Capsicum |
|-----------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-------------------|
| Colombo | 160.00 - 200.00 | 200.00 - 300.00 | 500.00 - 650.00 | 80.00 - 200.00 | 400.00 - 500.00 | 900.00 - 1300.00 |
| Meegoda (DEC) | 180.00 - 220.00 | 250.00 - 310.00 | 650.00 - 700.00 | 200.00 - 260.00 | 450.00 - 550.00 | 1250.00 - 1300.00 |
| Moneragala | 200.00 - 240.00 | 240.00 - 300.00 | 550.00 - 600.00 | 150.00 - 200.00 | 450.00 - 500.00 | 1000.00 - 1200.00 |
| Dambulla (DEC) | 160.00 - 200.00 | 250.00 - 280.00 | 500.00 - 550.00 | 120.00 - 150.00 | 550.00 - 600.00 | 1000.00 - 1200.00 |
| Keppetipola (DEC) | 100.00 - 110.00 | 150.00 - 180.00 | 550.00 - 600.00 | 160.00 - 170.00 | 400.00 - 450.00 | 1000.00 - 1100.00 |
| Norochchole (DEC) | 200.00 - 250.00 | 300.00 - 400.00 | 580.00 - 650.00 | 300.00 - 320.00 | 600.00 - 650.00 | 1000.00 - 1200.00 |
| Nuwara Eliya | 170.00 - 190.00 | 240.00 - 250.00 | 650.00 - 700.00 | 180.00 - 200.00 | 480.00 - 500.00 | 1100.00 - 1200.00 |
| Kandy | 140.00 - 170.00 | 200.00 - 250.00 | 550.00 - 600.00 | 180.00 - 200.00 | 400.00 - 450.00 | 950.00 - 1000.00 |
| Hambantota | 250.00 - 350.00 | - | 600.00 - 700.00 | 160.00 - 250.00 | 400.00 - 460.00 | 1000.00 - 1000.00 |
| Thambuththegama (DEC) | 200.00 - 240.00 | 250.00 - 300.00 | 500.00 - 550.00 | 200.00 - 240.00 | 630.00 - 680.00 | 1200.00 - 1300.00 |
| Tissamaharama | 200.00 - 220.00 | 350.00 - 360.00 | 550.00 - 580.00 | 180.00 - 200.00 | 400.00 - 450.00 | 1250.00 - 1300.00 |
| Jaffna | - | - | - | - | - | - |
| Bandarawela | 130.00 - 150.00 | 200.00 - 220.00 | 530.00 - 580.00 | 160.00 - 180.00 | 440.00 - 460.00 | 1000.00 - 1100.00 |
| Veyangoda | 140.00 - 160.00 | 220.00 - 270.00 | 580.00 - 650.00 | 200.00 - 250.00 | 500.00 - 600.00 | 1200.00 - 1400.00 |

| Locations | Pumpkin | Cucumber | Bitter Gourd | Snake Gourd | Drumstick | Luffa |
|-----------------------|-----------------|-----------------|-----------------|-----------------|-----------|-----------------|
| Colombo | 70.00 - 120.00 | 80.00 - 150.00 | 680.00 - 750.00 | 300.00 - 450.00 | - | 500.00 - 550.00 |
| Meegoda (DEC) | 90.00 - 110.00 | 130.00 - 170.00 | 770.00 - 820.00 | 380.00 - 400.00 | - | 430.00 - 450.00 |
| Moneragala | 100.00 - 130.00 | 130.00 - 180.00 | 700.00 - 750.00 | 450.00 - 500.00 | - | 500.00 - 550.00 |
| Dambulla (DEC) | 70.00 - 100.00 | 70.00 - 100.00 | 700.00 - 780.00 | 350.00 - 380.00 | - | 360.00 - 420.00 |
| Keppetipola (DEC) | 90.00 - 100.00 | 150.00 - 160.00 | 680.00 - 720.00 | 360.00 - 380.00 | - | 400.00 - 420.00 |
| Norochchole (DEC) | 150.00 - 160.00 | 180.00 - 200.00 | 900.00 - 900.00 | 400.00 - 420.00 | - | 600.00 - 650.00 |
| Nuwara Eliya | 110.00 - 120.00 | 140.00 - 150.00 | 690.00 - 700.00 | 400.00 - 420.00 | - | 450.00 - 460.00 |
| Kandy | 80.00 - 100.00 | 140.00 - 150.00 | 520.00 - 550.00 | 450.00 - 470.00 | - | 450.00 - 480.00 |
| Hambantota | 80.00 - 120.00 | 130.00 - 160.00 | 650.00 - 750.00 | 300.00 - 450.00 | - | 500.00 - 550.00 |
| Thambuththegama (DEC) | 80.00 - 100.00 | 80.00 - 100.00 | 650.00 - 700.00 | 380.00 - 450.00 | - | 350.00 - 400.00 |
| Tissamaharama | 140.00 - 160.00 | 140.00 - 150.00 | 750.00 - 780.00 | 400.00 - 420.00 | - | 450.00 - 460.00 |
| Jaffna | - | - | - | - | - | - |
| Bandarawela | 80.00 - 100.00 | 130.00 - 150.00 | 650.00 - 680.00 | 440.00 - 460.00 | - | 470.00 - 480.00 |
| Veyangoda | 90.00 - 100.00 | 120.00 - 150.00 | 700.00 - 800.00 | 440.00 - 480.00 | - | 460.00 - 500.00 |

Table 06 (Contd.)

| | Long Beans | Ash Plantain | Green Chillies | Lime | Sweet Potatoe | Manioc |
|----------------------|-------------------|---------------------|-----------------------|-----------------|----------------------|-----------------|
| Colombo | 250.00 - 500.00 | 120.00 - 200.00 | 750.00 - 900.00 | 200.00 - 350.00 | 200.00 - 220.00 | 80.00 - 120.00 |
| Meegoda (DEC) | 430.00 - 450.00 | 170.00 - 200.00 | 850.00 - 900.00 | 250.00 - 300.00 | 180.00 - 220.00 | 110.00 - 130.00 |
| Moneragala | 300.00 - 350.00 | 100.00 - 130.00 | 800.00 - 900.00 | 250.00 - 300.00 | 200.00 - 240.00 | 100.00 - 120.00 |
| Dambulla (DEC) | 350.00 - 500.00 | 140.00 - 170.00 | 750.00 - 850.00 | 200.00 - 250.00 | 170.00 - 200.00 | 80.00 - 100.00 |
| Keppetipola (DEC) | 400.00 - 450.00 | 140.00 - 160.00 | 750.00 - 800.00 | 250.00 - 260.00 | 200.00 - 220.00 | 100.00 - 110.00 |
| Norochchole (DEC) | 450.00 - 500.00 | 120.00 - 150.00 | 1150.00 - 1250.00 | 450.00 - 500.00 | - | 100.00 - 100.00 |
| Nuwara Eliya | 440.00 - 460.00 | 170.00 - 190.00 | 850.00 - 1000.00 | 280.00 - 300.00 | 220.00 - 230.00 | 120.00 - 130.00 |
| Kandy | 430.00 - 450.00 | 150.00 - 170.00 | 700.00 - 800.00 | 250.00 - 280.00 | 190.00 - 210.00 | 90.00 - 100.00 |
| Hambantota | 300.00 - 350.00 | 100.00 - 120.00 | 1000.00 - 1100.00 | 350.00 - 400.00 | 250.00 - 300.00 | 150.00 - 160.00 |
| Thambuthhegama (DEC) | 500.00 - 550.00 | 150.00 - 180.00 | 850.00 - 1000.00 | 160.00 - 200.00 | 150.00 - 180.00 | 80.00 - 100.00 |
| Tissamaharama | 250.00 - 260.00 | 120.00 - 140.00 | 900.00 - 950.00 | 300.00 - 350.00 | 280.00 - 300.00 | 140.00 - 160.00 |
| Jaffna | - | - | - | - | - | - |
| Bandarawela | 350.00 - 380.00 | 130.00 - 150.00 | 800.00 - 900.00 | 300.00 - 350.00 | 200.00 - 220.00 | - |
| Veyangoda | 460.00 - 500.00 | 180.00 - 200.00 | 900.00 - 1000.00 | 200.00 - 250.00 | 200.00 - 220.00 | 120.00 - 150.00 |

| Locations | Leafy Vegetables (Rs/bundle) | | | Coconut (Rs/nut) | |
|----------------------|-------------------------------------|---------------|-----------------|-------------------------|-----------------|
| | Mukunuwenna | Kankun | Gotukola | Large | Small |
| Colombo | 50.00 - 60.00 | 50.00 - 60.00 | 340.00 - 400.00 | 140.00 - 160.00 | 120.00 - 130.00 |
| Meegoda (DEC) | 60.00 - 60.00 | 60.00 - 60.00 | 180.00 - 240.00 | 175.00 - 180.00 | 150.00 - 155.00 |
| Norochchole (DEC) | 40.00 - 40.00 | 40.00 - 40.00 | - | 170.00 - 180.00 | 130.00 - 140.00 |
| Nuwara Eliya | - | - | - | - | - |
| Dambulla (DEC) | 35.00 - 40.00 | 35.00 - 40.00 | 150.00 - 150.00 | 125.00 - 140.00 | 100.00 - 110.00 |
| Kandy | 60.00 - 65.00 | 60.00 - 65.00 | 320.00 - 330.00 | 150.00 - 160.00 | 120.00 - 130.00 |
| Hambantota | 40.00 - 45.00 | 40.00 - 50.00 | 280.00 - 280.00 | 190.00 - 200.00 | 170.00 - 180.00 |
| Thambuthhegama (DEC) | - | - | - | 110.00 - 120.00 | 80.00 - 90.00 |
| Tissamaharama | 30.00 - 35.00 | 30.00 - 35.00 | - | - | - |
| Jaffna | - | - | - | - | - |
| Bandarawela | - | - | - | - | - |
| Veyangoda | - | - | - | - | - |

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Up Country Varieties | | | | | | | | | | | | | | | | |
|------------------|----------------------|-------------|---------|--------|--------|--------|--------|----------|---------|-----------|---------|--------|---------|--------|--------|--------|---------|
| | Butter Beans | Green Beans | | Carrot | | Leeks | | Beetroot | | Knol Khol | Raddish | | Cabbage | | Tomato | | |
| Colombo | - | 600.00 | 1000.00 | 240.00 | 480.00 | 260.00 | 560.00 | 500.00 | 1000.00 | 600.00 | 600.00 | 280.00 | 480.00 | 320.00 | 480.00 | 560.00 | 1000.00 |
| Gampaha | - | 800.00 | 1120.00 | 300.00 | 360.00 | 340.00 | 460.00 | 750.00 | 800.00 | 520.00 | 600.00 | 300.00 | 360.00 | 400.00 | 520.00 | 760.00 | 900.00 |
| Kurunegala | - | 750.00 | 840.00 | 300.00 | 340.00 | 360.00 | 450.00 | 650.00 | 700.00 | 700.00 | 800.00 | 300.00 | 340.00 | 400.00 | 460.00 | 680.00 | 760.00 |
| Nikaweratiya | - | 700.00 | 800.00 | 400.00 | 480.00 | 400.00 | 480.00 | 550.00 | 720.00 | 450.00 | 480.00 | 320.00 | 400.00 | 450.00 | 500.00 | 600.00 | 720.00 |
| Dambulla | - | 800.00 | 880.00 | 300.00 | 380.00 | 360.00 | 380.00 | 760.00 | 800.00 | 560.00 | 600.00 | 300.00 | 360.00 | 400.00 | 480.00 | 700.00 | 780.00 |
| Anuradhapura | - | 760.00 | 880.00 | 380.00 | 440.00 | 400.00 | 480.00 | 680.00 | 800.00 | - | - | 280.00 | 360.00 | 380.00 | 440.00 | 680.00 | 760.00 |
| Thambuththegama | - | 900.00 | 1000.00 | 400.00 | 450.00 | 350.00 | 440.00 | 780.00 | 850.00 | - | - | 300.00 | 400.00 | 450.00 | 520.00 | 680.00 | 750.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | - | 700.00 | 1000.00 | 300.00 | 480.00 | 340.00 | 480.00 | 600.00 | 780.00 | - | - | 300.00 | 320.00 | 400.00 | 480.00 | 780.00 | 800.00 |
| Badulla | - | 800.00 | 860.00 | 320.00 | 360.00 | 320.00 | 340.00 | 600.00 | 640.00 | 420.00 | 480.00 | 200.00 | 240.00 | 320.00 | 360.00 | 660.00 | 760.00 |
| Keppetipola | - | 760.00 | 780.00 | 200.00 | 230.00 | 220.00 | 250.00 | 520.00 | 550.00 | 420.00 | 460.00 | 150.00 | 160.00 | 220.00 | 240.00 | 620.00 | 650.00 |
| Moneragala | - | 800.00 | 860.00 | 380.00 | 400.00 | 400.00 | 440.00 | 720.00 | 800.00 | - | - | 240.00 | 320.00 | 320.00 | 400.00 | 640.00 | 720.00 |
| Kegalle | - | 740.00 | 760.00 | 450.00 | 480.00 | 450.00 | 480.00 | 700.00 | 730.00 | 740.00 | 760.00 | 380.00 | 400.00 | 470.00 | 480.00 | 760.00 | 780.00 |
| Ampara | - | 780.00 | 820.00 | 280.00 | 360.00 | 320.00 | 380.00 | 480.00 | 560.00 | - | - | 240.00 | 280.00 | 360.00 | 420.00 | 600.00 | 740.00 |
| Dehiattakandiya | - | 800.00 | 860.00 | 400.00 | 400.00 | 400.00 | 400.00 | - | - | - | - | 400.00 | 400.00 | 300.00 | 400.00 | 720.00 | 800.00 |
| Nuwaraeliya | - | 860.00 | 880.00 | 320.00 | 340.00 | 330.00 | 340.00 | 480.00 | 520.00 | 460.00 | 480.00 | 280.00 | 300.00 | 340.00 | 360.00 | 800.00 | 850.00 |
| Kandy | - | 800.00 | 850.00 | 360.00 | 400.00 | 320.00 | 360.00 | 550.00 | 600.00 | 450.00 | 480.00 | 200.00 | 260.00 | 260.00 | 300.00 | 800.00 | 850.00 |
| Puttalam | - | 1000.00 | 1200.00 | - | - | - | - | 600.00 | 800.00 | 500.00 | 600.00 | 320.00 | 400.00 | 480.00 | 520.00 | 800.00 | 800.00 |
| Hambantota | - | 800.00 | 800.00 | 400.00 | 400.00 | 400.00 | 400.00 | 750.00 | 800.00 | 450.00 | 580.00 | 380.00 | 480.00 | 300.00 | 400.00 | 700.00 | 800.00 |
| Rathnapura | - | 720.00 | 800.00 | 360.00 | 430.00 | 350.00 | 430.00 | 800.00 | 820.00 | - | - | 300.00 | 360.00 | 360.00 | 450.00 | 700.00 | 780.00 |
| Matara | - | 720.00 | 800.00 | 320.00 | 400.00 | 380.00 | 440.00 | 600.00 | 800.00 | - | - | 400.00 | 480.00 | 400.00 | 520.00 | 760.00 | 800.00 |
| Galle | - | 800.00 | 1000.00 | 360.00 | 400.00 | 360.00 | 400.00 | 600.00 | 680.00 | - | - | 320.00 | 360.00 | 400.00 | 460.00 | 700.00 | 800.00 |
| Tissamaharama | - | 720.00 | 750.00 | 340.00 | 360.00 | 340.00 | 360.00 | 700.00 | 720.00 | 400.00 | 420.00 | 250.00 | 280.00 | 420.00 | 450.00 | 650.00 | 660.00 |
| Meegoda (DEC) | - | 850.00 | 900.00 | 360.00 | 400.00 | 360.00 | 400.00 | 640.00 | 720.00 | 600.00 | 760.00 | 280.00 | 320.00 | 480.00 | 480.00 | 760.00 | 800.00 |
| Embilipitiya | - | 900.00 | 1000.00 | 280.00 | 320.00 | 280.00 | 320.00 | 600.00 | 700.00 | - | - | 240.00 | 280.00 | 240.00 | 320.00 | 700.00 | 800.00 |
| Jaffna | - | 800.00 | 900.00 | 320.00 | 360.00 | 330.00 | 360.00 | 450.00 | 500.00 | - | - | 350.00 | 360.00 | 300.00 | 310.00 | 720.00 | 750.00 |
| Vavuniya | - | 1150.00 | 1250.00 | 380.00 | 420.00 | 400.00 | 450.00 | 650.00 | 700.00 | - | - | 400.00 | 450.00 | 400.00 | 450.00 | 840.00 | 900.00 |
| Mannar | - | 950.00 | 1000.00 | 380.00 | 400.00 | 400.00 | 400.00 | 550.00 | 600.00 | - | - | 300.00 | 350.00 | 400.00 | 450.00 | 650.00 | 700.00 |
| Killinochchi | - | 800.00 | 850.00 | 380.00 | 420.00 | 380.00 | 420.00 | 600.00 | 640.00 | - | - | 220.00 | 240.00 | 400.00 | 440.00 | 600.00 | 640.00 |
| Mullaittivu | - | 780.00 | 820.00 | 380.00 | 420.00 | 380.00 | 420.00 | 580.00 | 620.00 | - | - | 280.00 | 330.00 | 380.00 | 420.00 | 600.00 | 680.00 |
| Batticaloa | - | 900.00 | 1000.00 | 400.00 | 450.00 | 400.00 | 400.00 | 800.00 | 800.00 | - | - | - | - | 400.00 | 400.00 | 800.00 | 820.00 |
| Trincomalee | - | 800.00 | 900.00 | 400.00 | 450.00 | 400.00 | 420.00 | 550.00 | 600.00 | - | - | 340.00 | 360.00 | 380.00 | 400.00 | 600.00 | 700.00 |
| Hanguranketha | - | 620.00 | 670.00 | 260.00 | 280.00 | 270.00 | 290.00 | 550.00 | 550.00 | - | - | 140.00 | 160.00 | 240.00 | 250.00 | 640.00 | 680.00 |
| Veyangoda | - | 960.00 | 1000.00 | 360.00 | 400.00 | 360.00 | 400.00 | 640.00 | 680.00 | 560.00 | 600.00 | 220.00 | 260.00 | 360.00 | 400.00 | 760.00 | 800.00 |
| Galenbindunuwewa | - | 720.00 | 800.00 | 440.00 | 480.00 | 430.00 | 500.00 | 580.00 | 700.00 | - | - | 280.00 | 320.00 | 420.00 | 500.00 | 700.00 | 800.00 |
| Bandarawela | - | 780.00 | 820.00 | 300.00 | 320.00 | 280.00 | 320.00 | 520.00 | 540.00 | 420.00 | 450.00 | 200.00 | 220.00 | 280.00 | 320.00 | 600.00 | 640.00 |
| Matale | - | 800.00 | 880.00 | 300.00 | 400.00 | 320.00 | 400.00 | 600.00 | 800.00 | - | - | 320.00 | 400.00 | 400.00 | 480.00 | 800.00 | 880.00 |

Table 07 (Contd.)

| LOCATIONS | Low Country Varieties | | | | | | | | | | | |
|------------------|-----------------------|-------------------|-------------------|-----------------|-----------------|-------------------|-----------------|-----------|-----------------|-------------------|--|--|
| | Ladies Fingers | Brinjal | Capsicum | Pumpkin | Cucumber | Bitter Gourd | Snake Gourd | Drumstick | Luffa | Long Beans | | |
| Colombo | 260.00 - 480.00 | 550.00 - 800.00 | 1100.00 - 1600.00 | 150.00 - 320.00 | 220.00 - 320.00 | 800.00 - 1200.00 | 450.00 - 800.00 | - | 560.00 - 800.00 | 520.00 - 800.00 | | |
| Gampaha | 360.00 - 480.00 | 640.00 - 780.00 | 1200.00 - 1700.00 | 180.00 - 240.00 | 240.00 - 320.00 | 1000.00 - 1200.00 | 480.00 - 600.00 | - | 600.00 - 640.00 | 600.00 - 720.00 | | |
| Kurunegala | 300.00 - 340.00 | 700.00 - 800.00 | 1400.00 - 1500.00 | 180.00 - 200.00 | 240.00 - 260.00 | 960.00 - 1000.00 | 740.00 - 760.00 | - | 600.00 - 650.00 | 600.00 - 660.00 | | |
| Nikaweratiya | 330.00 - 420.00 | 600.00 - 800.00 | 1000.00 - 1400.00 | 150.00 - 200.00 | 200.00 - 250.00 | 850.00 - 1000.00 | 400.00 - 480.00 | - | 600.00 - 720.00 | 600.00 - 680.00 | | |
| Dambulla | 360.00 - 400.00 | 680.00 - 780.00 | 1500.00 - 1600.00 | 140.00 - 180.00 | 200.00 - 280.00 | 1000.00 - 1200.00 | 700.00 - 800.00 | - | 700.00 - 800.00 | 600.00 - 660.00 | | |
| Anuradhapura | 360.00 - 400.00 | 720.00 - 800.00 | 1400.00 - 1600.00 | 160.00 - 200.00 | 240.00 - 320.00 | 880.00 - 1000.00 | 560.00 - 640.00 | - | 600.00 - 680.00 | 680.00 - 760.00 | | |
| Thambuththegama | 320.00 - 400.00 | 800.00 - 950.00 | 1500.00 - 1800.00 | 160.00 - 220.00 | 180.00 - 240.00 | 880.00 - 950.00 | 580.00 - 680.00 | - | 550.00 - 580.00 | 700.00 - 800.00 | | |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | | |
| Kaluthara | 360.00 - 480.00 | 580.00 - 680.00 | 1200.00 - 1600.00 | 200.00 - 240.00 | 200.00 - 300.00 | 720.00 - 920.00 | 540.00 - 640.00 | - | 500.00 - 640.00 | 450.00 - 600.00 | | |
| Badulla | 240.00 - 280.00 | 540.00 - 600.00 | 1300.00 - 1400.00 | 200.00 - 240.00 | 240.00 - 260.00 | 780.00 - 820.00 | 580.00 - 620.00 | - | 620.00 - 660.00 | 460.00 - 500.00 | | |
| Keppetipola | 240.00 - 250.00 | 480.00 - 500.00 | 1200.00 - 1300.00 | 150.00 - 160.00 | 220.00 - 230.00 | 780.00 - 800.00 | 430.00 - 450.00 | - | 480.00 - 500.00 | 480.00 - 520.00 | | |
| Moneragala | 240.00 - 320.00 | 520.00 - 600.00 | 1200.00 - 1500.00 | 160.00 - 240.00 | 240.00 - 280.00 | 800.00 - 1000.00 | 540.00 - 600.00 | - | 560.00 - 600.00 | 400.00 - 440.00 | | |
| Kegalle | 460.00 - 480.00 | 740.00 - 780.00 | 1400.00 - 1450.00 | 200.00 - 250.00 | 280.00 - 300.00 | 920.00 - 960.00 | 700.00 - 730.00 | - | 680.00 - 700.00 | 660.00 - 700.00 | | |
| Ampara | 360.00 - 400.00 | 580.00 - 620.00 | 1380.00 - 1560.00 | 160.00 - 180.00 | 240.00 - 260.00 | 800.00 - 880.00 | 400.00 - 460.00 | - | 460.00 - 480.00 | 480.00 - 600.00 | | |
| Dehiattakandiya | 400.00 - 400.00 | 720.00 - 800.00 | 1000.00 - 1000.00 | 200.00 - 200.00 | 200.00 - 240.00 | 1000.00 - 1000.00 | 580.00 - 600.00 | - | 600.00 - 800.00 | 400.00 - 480.00 | | |
| Nuwaraeliya | 280.00 - 300.00 | 580.00 - 600.00 | 1300.00 - 1400.00 | 220.00 - 240.00 | 240.00 - 260.00 | 780.00 - 800.00 | 480.00 - 520.00 | - | 550.00 - 560.00 | 540.00 - 560.00 | | |
| Kandy | 260.00 - 300.00 | 550.00 - 600.00 | 1300.00 - 1400.00 | 160.00 - 180.00 | 240.00 - 260.00 | 650.00 - 700.00 | 550.00 - 600.00 | - | 600.00 - 650.00 | 600.00 - 650.00 | | |
| Puttalam | 400.00 - 400.00 | 750.00 - 800.00 | 1350.00 - 1500.00 | 280.00 - 300.00 | 280.00 - 320.00 | 1200.00 - 1200.00 | 520.00 - 600.00 | - | 720.00 - 800.00 | 600.00 - 700.00 | | |
| Rathnapura | 280.00 - 360.00 | 600.00 - 700.00 | 1500.00 - 1600.00 | 240.00 - 300.00 | 240.00 - 320.00 | 900.00 - 1000.00 | 600.00 - 650.00 | - | 740.00 - 800.00 | 600.00 - 700.00 | | |
| Hambantota | 240.00 - 320.00 | 520.00 - 580.00 | 1200.00 - 1200.00 | 150.00 - 200.00 | 160.00 - 240.00 | 800.00 - 900.00 | 500.00 - 600.00 | - | 600.00 - 700.00 | 400.00 - 500.00 | | |
| Matara | 240.00 - 320.00 | 600.00 - 640.00 | 1800.00 - 2000.00 | 140.00 - 180.00 | 240.00 - 300.00 | 800.00 - 1000.00 | 580.00 - 600.00 | - | 600.00 - 700.00 | 480.00 - 600.00 | | |
| Galle | 320.00 - 400.00 | 560.00 - 660.00 | 1200.00 - 1400.00 | 160.00 - 240.00 | 200.00 - 280.00 | 740.00 - 900.00 | 540.00 - 600.00 | - | 500.00 - 600.00 | 480.00 - 640.00 | | |
| Tissamaharama | 240.00 - 250.00 | 500.00 - 550.00 | 1350.00 - 1400.00 | 180.00 - 200.00 | 180.00 - 200.00 | 820.00 - 850.00 | 480.00 - 500.00 | - | 520.00 - 550.00 | - | | |
| Meegoda (DEC) | 360.00 - 400.00 | 640.00 - 720.00 | 1600.00 - 1800.00 | 200.00 - 240.00 | 280.00 - 320.00 | 920.00 - 1000.00 | 600.00 - 640.00 | - | 680.00 - 720.00 | 560.00 - 640.00 | | |
| Embilipitiya | 300.00 - 350.00 | 480.00 - 520.00 | 1000.00 - 1100.00 | 120.00 - 160.00 | 160.00 - 200.00 | 950.00 - 1000.00 | 550.00 - 600.00 | - | 600.00 - 650.00 | 400.00 - 500.00 | | |
| Jaffna | 400.00 - 500.00 | 620.00 - 650.00 | 720.00 - 820.00 | 80.00 - 90.00 | 200.00 - 240.00 | 1200.00 - 1300.00 | 500.00 - 560.00 | - | - | 900.00 - 920.00 | | |
| Vavuniya | 400.00 - 450.00 | 1000.00 - 1050.00 | 1100.00 - 1300.00 | 200.00 - 240.00 | 140.00 - 160.00 | 1000.00 - 1150.00 | 700.00 - 750.00 | - | 800.00 - 850.00 | 1000.00 - 1050.00 | | |
| Mannar | 400.00 - 480.00 | 650.00 - 700.00 | 1000.00 - 1200.00 | 180.00 - 200.00 | 240.00 - 250.00 | 1000.00 - 1200.00 | 400.00 - 450.00 | - | - | 700.00 - 750.00 | | |
| Killinochchi | 280.00 - 320.00 | 780.00 - 820.00 | 1200.00 - 1250.00 | 140.00 - 160.00 | 140.00 - 160.00 | 1000.00 - 1050.00 | 380.00 - 420.00 | - | - | 760.00 - 800.00 | | |
| Mullaittivu | 350.00 - 400.00 | 780.00 - 820.00 | 1150.00 - 1200.00 | 130.00 - 150.00 | 180.00 - 220.00 | 1180.00 - 1250.00 | 400.00 - 450.00 | - | - | 760.00 - 800.00 | | |
| Batticaloa | 480.00 - 500.00 | 800.00 - 850.00 | 1600.00 - 1600.00 | 160.00 - 180.00 | - | 800.00 - 800.00 | 400.00 - 400.00 | - | 450.00 - 480.00 | 450.00 - 500.00 | | |
| Trincomalee | 360.00 - 400.00 | 600.00 - 700.00 | 1000.00 - 1100.00 | 200.00 - 240.00 | 240.00 - 250.00 | 950.00 - 1000.00 | 360.00 - 400.00 | - | - | 740.00 - 760.00 | | |
| Hanguranketha | 220.00 - 250.00 | 500.00 - 550.00 | 1500.00 - 1600.00 | 140.00 - 160.00 | 180.00 - 200.00 | 800.00 - 850.00 | 480.00 - 510.00 | - | 450.00 - 480.00 | 550.00 - 580.00 | | |
| Veyangoda | 320.00 - 400.00 | 680.00 - 800.00 | 1500.00 - 1600.00 | 180.00 - 220.00 | 240.00 - 320.00 | 880.00 - 960.00 | 600.00 - 640.00 | - | 680.00 - 720.00 | 600.00 - 680.00 | | |
| Galenbindunuwewa | 240.00 - 320.00 | 600.00 - 720.00 | 1400.00 - 1500.00 | 180.00 - 250.00 | 220.00 - 280.00 | 920.00 - 1000.00 | 600.00 - 620.00 | - | 600.00 - 720.00 | 550.00 - 600.00 | | |
| Bandarawela | 220.00 - 240.00 | 500.00 - 540.00 | 1200.00 - 1300.00 | 160.00 - 200.00 | 200.00 - 240.00 | 720.00 - 780.00 | 520.00 - 560.00 | - | 540.00 - 560.00 | 400.00 - 420.00 | | |
| Matale | 320.00 - 400.00 | 800.00 - 840.00 | 1500.00 - 1600.00 | 160.00 - 200.00 | 240.00 - 320.00 | 900.00 - 1000.00 | 600.00 - 720.00 | - | 720.00 - 800.00 | 600.00 - 800.00 | | |

Table 07 (Contd.)

| LOCATIONS | Low Country Varieties | | | | | Leafy Vegetable | | | Coconut (Rs/nut) | |
|------------------|-----------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|-----------------|
| | Ash Plantain | Green Chillies | Lime | Sweet Potato | Manioc | Mukunuwenna | Kankun | Gotukola | Large | Small |
| Colombo | 240.00 - 400.00 | 1200.00 - 1600.00 | 400.00 - 800.00 | 280.00 - 450.00 | 150.00 - 240.00 | 60.00 - 100.00 | 60.00 - 100.00 | 160.00 - 350.00 | 190.00 - 205.00 | 160.00 - 190.00 |
| Gampaha | 200.00 - 320.00 | 1200.00 - 1600.00 | 540.00 - 700.00 | 300.00 - 320.00 | 160.00 - 200.00 | 70.00 - 70.00 | 70.00 - 70.00 | 40.00 - 60.00 | 180.00 - 210.00 | 100.00 - 175.00 |
| Kurunegala | 240.00 - 280.00 | 1300.00 - 1500.00 | 450.00 - 560.00 | 280.00 - 300.00 | 200.00 - 220.00 | 70.00 - 70.00 | 60.00 - 70.00 | 70.00 - 70.00 | 180.00 - 190.00 | 130.00 - 150.00 |
| Nikaweratiya | 180.00 - 260.00 | 900.00 - 1400.00 | 400.00 - 600.00 | 240.00 - 300.00 | 160.00 - 200.00 | 60.00 - 70.00 | 60.00 - 70.00 | - | 160.00 - 170.00 | 120.00 - 140.00 |
| Dambulla | 200.00 - 260.00 | 1200.00 - 1400.00 | 400.00 - 550.00 | 300.00 - 320.00 | 180.00 - 200.00 | 60.00 - 80.00 | 60.00 - 80.00 | 70.00 - 80.00 | 150.00 - 160.00 | 120.00 - 130.00 |
| Anuradhapura | 240.00 - 280.00 | 1200.00 - 1500.00 | 400.00 - 600.00 | 280.00 - 320.00 | 200.00 - 240.00 | 50.00 - 60.00 | 50.00 - 60.00 | 50.00 - 60.00 | 160.00 - 180.00 | 100.00 - 140.00 |
| Thambuththegama | 280.00 - 320.00 | 1200.00 - 1500.00 | 350.00 - 400.00 | 300.00 - 350.00 | 160.00 - 220.00 | - | - | - | 130.00 - 150.00 | 100.00 - 120.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 240.00 - 320.00 | 1000.00 - 1300.00 | 450.00 - 700.00 | 260.00 - 340.00 | 150.00 - 200.00 | 80.00 - 80.00 | 80.00 - 100.00 | 100.00 - 120.00 | 200.00 - 200.00 | 150.00 - 160.00 |
| Badulla | 220.00 - 260.00 | 1100.00 - 1300.00 | 500.00 - 600.00 | - | 160.00 - 200.00 | 80.00 - 80.00 | 80.00 - 80.00 | 100.00 - 100.00 | 190.00 - 200.00 | 160.00 - 170.00 |
| Keppetipola | 200.00 - 220.00 | 900.00 - 1000.00 | 350.00 - 400.00 | 250.00 - 260.00 | 140.00 - 150.00 | 60.00 - 80.00 | 60.00 - 80.00 | 80.00 - 100.00 | 170.00 - 190.00 | 150.00 - 160.00 |
| Moneragala | 200.00 - 240.00 | 1000.00 - 1200.00 | 300.00 - 400.00 | 280.00 - 340.00 | 140.00 - 160.00 | 50.00 - 60.00 | 50.00 - 60.00 | 60.00 - 80.00 | 160.00 - 180.00 | 120.00 - 140.00 |
| Kegalle | 220.00 - 240.00 | 1300.00 - 1400.00 | 580.00 - 620.00 | 340.00 - 360.00 | 180.00 - 200.00 | 80.00 - 80.00 | 80.00 - 90.00 | 40.00 - 50.00 | 200.00 - 200.00 | 180.00 - 190.00 |
| Ampara | 260.00 - 280.00 | 980.00 - 1100.00 | 600.00 - 700.00 | 240.00 - 250.00 | 140.00 - 170.00 | 70.00 - 70.00 | 60.00 - 70.00 | - | 150.00 - 160.00 | - |
| Dehiattakandiya | 300.00 - 300.00 | 1200.00 - 1500.00 | 400.00 - 600.00 | 200.00 - 260.00 | 200.00 - 260.00 | 50.00 - 50.00 | 50.00 - 50.00 | 50.00 - 50.00 | 140.00 - 160.00 | 120.00 - 130.00 |
| Nuwaraeliya | 280.00 - 300.00 | 1100.00 - 1300.00 | 460.00 - 480.00 | 340.00 - 360.00 | 260.00 - 280.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 90.00 | 190.00 - 200.00 | 170.00 - 180.00 |
| Kandy | 280.00 - 300.00 | 1200.00 - 1300.00 | 500.00 - 600.00 | 280.00 - 300.00 | 180.00 - 200.00 | 80.00 - 80.00 | 80.00 - 80.00 | 60.00 - 70.00 | 175.00 - 190.00 | 140.00 - 150.00 |
| Puttalam | 200.00 - 240.00 | 1400.00 - 1500.00 | - | 400.00 - 400.00 | 200.00 - 200.00 | 50.00 - 60.00 | 50.00 - 60.00 | 40.00 - 50.00 | 200.00 - 220.00 | 160.00 - 170.00 |
| Rathnapura | 250.00 - 300.00 | 1400.00 - 1500.00 | 600.00 - 700.00 | 300.00 - 400.00 | 120.00 - 160.00 | 80.00 - 80.00 | 80.00 - 80.00 | 100.00 - 100.00 | 180.00 - 200.00 | 150.00 - 175.00 |
| Hambanthota | 150.00 - 160.00 | 1200.00 - 1300.00 | 500.00 - 600.00 | 320.00 - 400.00 | 180.00 - 200.00 | 70.00 - 70.00 | 60.00 - 60.00 | 80.00 - 90.00 | 200.00 - 220.00 | 180.00 - 190.00 |
| Matara | 240.00 - 320.00 | 1300.00 - 1500.00 | 500.00 - 600.00 | 280.00 - 320.00 | 160.00 - 180.00 | 50.00 - 60.00 | 50.00 - 60.00 | 80.00 - 100.00 | 190.00 - 210.00 | 160.00 - 170.00 |
| Galle | 240.00 - 300.00 | 1000.00 - 1200.00 | 500.00 - 600.00 | 280.00 - 320.00 | 180.00 - 240.00 | 70.00 - 80.00 | 60.00 - 60.00 | 80.00 - 100.00 | 220.00 - 220.00 | 170.00 - 190.00 |
| Tissamaharama | 160.00 - 180.00 | 1000.00 - 1100.00 | 400.00 - 450.00 | 340.00 - 350.00 | 180.00 - 200.00 | 40.00 - 45.00 | 40.00 - 45.00 | 70.00 - 80.00 | 190.00 - 200.00 | 160.00 - 170.00 |
| Meegoda (DEC) | 320.00 - 360.00 | 1000.00 - 1200.00 | 560.00 - 700.00 | 300.00 - 360.00 | 160.00 - 240.00 | 80.00 - 80.00 | 80.00 - 80.00 | 100.00 - 120.00 | 190.00 - 210.00 | 170.00 - 180.00 |
| Embilipitiya | 150.00 - 200.00 | 1000.00 - 1100.00 | 400.00 - 500.00 | 160.00 - 200.00 | 140.00 - 160.00 | 50.00 - 70.00 | 50.00 - 70.00 | 100.00 - 120.00 | 160.00 - 200.00 | 120.00 - 150.00 |
| Jaffna | - | 1200.00 - 1400.00 | 450.00 - 500.00 | 280.00 - 320.00 | 200.00 - 220.00 | 110.00 - 120.00 | 80.00 - 80.00 | 80.00 - 80.00 | 170.00 - 190.00 | 110.00 - 120.00 |
| Vavuniya | 280.00 - 320.00 | 1200.00 - 1300.00 | 280.00 - 300.00 | 400.00 - 450.00 | 200.00 - 250.00 | 70.00 - 90.00 | 90.00 - 100.00 | 110.00 - 120.00 | 170.00 - 200.00 | 120.00 - 150.00 |
| Mannar | 180.00 - 200.00 | 1000.00 - 1200.00 | 600.00 - 650.00 | 300.00 - 300.00 | 150.00 - 180.00 | 95.00 - 100.00 | 80.00 - 85.00 | 80.00 - 80.00 | 180.00 - 185.00 | 100.00 - 125.00 |
| Killinochchi | 180.00 - 200.00 | 1200.00 - 1250.00 | 350.00 - 400.00 | 230.00 - 250.00 | 140.00 - 160.00 | 70.00 - 80.00 | 50.00 - 60.00 | 70.00 - 80.00 | 170.00 - 180.00 | 100.00 - 120.00 |
| Mullaittivu | 140.00 - 170.00 | 1100.00 - 1200.00 | 400.00 - 450.00 | 220.00 - 250.00 | 150.00 - 180.00 | 80.00 - 80.00 | 60.00 - 60.00 | 50.00 - 50.00 | 160.00 - 170.00 | 95.00 - 110.00 |
| Batticaloa | 200.00 - 200.00 | 1200.00 - 1200.00 | 400.00 - 400.00 | 300.00 - 300.00 | 150.00 - 160.00 | 100.00 - 100.00 | 150.00 - 150.00 | 100.00 - 100.00 | 170.00 - 180.00 | 100.00 - 100.00 |
| Trincomalee | 220.00 240.00 | 1000.00 1200.00 | 450.00 500.00 | 260.00 300.00 | 180.00 200.00 | 80.00 85.00 | 75.00 80.00 | 50.00 55.00 | 170.00 180.00 | 110.00 120.00 |
| Hanguranketha | 240.00 - 250.00 | 1400.00 - 1600.00 | 400.00 - 450.00 | 250.00 - 280.00 | 150.00 - 160.00 | 60.00 - 60.00 | 60.00 - 60.00 | 50.00 - 60.00 | 150.00 - 160.00 | 115.00 - 140.00 |
| Veyangoda | 280.00 - 320.00 | 1100.00 - 1300.00 | 400.00 - 480.00 | 280.00 - 320.00 | 200.00 - 240.00 | 65.00 - 70.00 | 65.00 - 70.00 | 90.00 - 100.00 | 200.00 - 220.00 | 170.00 - 190.00 |
| Galenbindunuwewa | - | 1350.00 - 1400.00 | 400.00 - 500.00 | 300.00 - 300.00 | 200.00 - 240.00 | 50.00 - 70.00 | 50.00 - 60.00 | 50.00 - 60.00 | 140.00 - 150.00 | 120.00 - 130.00 |
| Bandarawela | 180.00 - 220.00 | 1000.00 - 1200.00 | 500.00 - 600.00 | 240.00 - 260.00 | 170.00 - 180.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 100.00 | 170.00 - 190.00 | 150.00 - 160.00 |
| Matale | 280.00 - 320.00 | 1500.00 - 1600.00 | 600.00 - 700.00 | 240.00 - 320.00 | 180.00 - 200.00 | 70.00 - 90.00 | 70.00 - 80.00 | 70.00 - 80.00 | 180.00 - 200.00 | 150.00 - 160.00 |

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 51: 19 - 25 Dec 2025

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| LOCATIONS | Banana | | | | | Pineapple | | | Mango | |
|------------------|-----------------|-------------------|-----------------|---------------|---------------|-----------------|-----------------|-----------------|---------------|-----------------|
| | Ambul (Rs/kg) | Kolikuttu (Rs/kg) | Seeni (Rs/kg) | Anamalu | Ambun | Large | Medium | Small | Betti | Karthakolomban |
| Colombo | 140.00 - 220.00 | 250.00 - 360.00 | 140.00 - 220.00 | 36.00 - 50.00 | 40.00 - 70.00 | 390.00 - 500.00 | 300.00 - 380.00 | 240.00 - 280.00 | - | 80.00 - 135.00 |
| Gampaha | 160.00 - 180.00 | 280.00 - 300.00 | 180.00 - 200.00 | 36.00 - 36.00 | - | 350.00 - 370.00 | 200.00 - 250.00 | - | - | 55.00 - 75.00 |
| Kurunegala | 150.00 - 180.00 | 260.00 - 300.00 | 160.00 - 180.00 | 40.00 - 40.00 | 54.00 - 60.00 | 350.00 - 400.00 | - | - | - | 50.00 - 65.00 |
| Nikaweratiya | 150.00 - 180.00 | 330.00 - 380.00 | 130.00 - 170.00 | - | 60.00 - 70.00 | 480.00 - 550.00 | 350.00 - 450.00 | - | - | 40.00 - 70.00 |
| Dambulla | 140.00 - 150.00 | 300.00 - 340.00 | 150.00 - 180.00 | - | 56.00 - 60.00 | 450.00 - 480.00 | 350.00 - 380.00 | 180.00 - 200.00 | 40.00 - 50.00 | 60.00 - 80.00 |
| Anuradhapura | 150.00 - 200.00 | 350.00 - 380.00 | 150.00 - 200.00 | 34.00 - 38.00 | 43.00 - 47.00 | 550.00 - 650.00 | 400.00 - 480.00 | 300.00 - 350.00 | - | 50.00 - 80.00 |
| Thambuththegama | 150.00 - 200.00 | 320.00 - 380.00 | 150.00 - 180.00 | - | - | 350.00 - 400.00 | - | - | - | 100.00 - 120.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 180.00 - 220.00 | 300.00 - 360.00 | 180.00 - 200.00 | 30.00 - 35.00 | 40.00 - 42.00 | 415.00 - 470.00 | 320.00 - 360.00 | 250.00 - 290.00 | - | 65.00 - 80.00 |
| Badulla | 150.00 - 180.00 | 250.00 - 300.00 | 140.00 - 160.00 | 30.00 - 33.00 | 41.00 - 46.00 | 350.00 - 400.00 | 250.00 - 300.00 | 150.00 - 200.00 | - | 50.00 - 70.00 |
| Keppetipola | 160.00 - 170.00 | 300.00 - 320.00 | 150.00 - 160.00 | 30.00 - 32.00 | 50.00 - 55.00 | 400.00 - 420.00 | 350.00 - 360.00 | 250.00 - 260.00 | 24.00 - 25.00 | 50.00 - 55.00 |
| Moneragala | 100.00 - 120.00 | 280.00 - 350.00 | 100.00 - 120.00 | 20.00 - 22.00 | 25.00 - 30.00 | 450.00 - 540.00 | 370.00 - 440.00 | - | - | 50.00 - 60.00 |
| Kegalle | 160.00 - 170.00 | 250.00 - 300.00 | 150.00 - 170.00 | 38.00 - 40.00 | 56.00 - 60.00 | 600.00 - 700.00 | 350.00 - 400.00 | 100.00 - 150.00 | - | 80.00 - 100.00 |
| Ampara | 150.00 - 160.00 | 280.00 - 280.00 | 130.00 - 140.00 | 35.00 - 37.00 | 46.00 - 50.00 | 350.00 - 400.00 | - | - | - | 50.00 - 60.00 |
| Dehiattakandiya | 160.00 - 200.00 | 350.00 - 350.00 | 180.00 - 200.00 | - | 43.00 - 56.00 | 550.00 - 650.00 | 400.00 - 480.00 | 300.00 - 370.00 | - | 80.00 - 100.00 |
| Nuwaraeliya | 170.00 - 180.00 | 340.00 - 350.00 | 160.00 - 170.00 | 32.00 - 34.00 | 54.00 - 56.00 | 450.00 - 460.00 | 360.00 - 380.00 | 260.00 - 280.00 | 25.00 - 30.00 | 55.00 - 60.00 |
| Kandy | 180.00 - 200.00 | 350.00 - 400.00 | 160.00 - 200.00 | 28.00 - 32.00 | 50.00 - 55.00 | 500.00 - 550.00 | 320.00 - 350.00 | 200.00 - 250.00 | - | 60.00 - 80.00 |
| Puttalam | 100.00 - 130.00 | 320.00 - 350.00 | 100.00 - 140.00 | 20.00 - 24.00 | - | 480.00 - 550.00 | 320.00 - 360.00 | 250.00 - 300.00 | - | 90.00 - 100.00 |
| Rathnapura | 200.00 - 230.00 | 400.00 - 450.00 | 180.00 - 230.00 | 28.00 - 32.00 | 50.00 - 58.00 | 560.00 - 700.00 | 400.00 - 500.00 | 320.00 - 380.00 | - | 70.00 - 100.00 |
| Hambantota | 130.00 - 140.00 | 180.00 - 220.00 | 130.00 - 150.00 | - | - | 350.00 - 380.00 | - | 300.00 - 300.00 | 22.00 - 22.00 | 50.00 - 66.00 |
| Matara | 140.00 - 155.00 | 230.00 - 250.00 | 140.00 - 150.00 | 24.00 - 25.00 | 35.00 - 37.00 | 520.00 - 580.00 | 450.00 - 500.00 | 250.00 - 300.00 | 40.00 - 50.00 | 75.00 - 100.00 |
| Galle | 160.00 - 180.00 | 260.00 - 300.00 | 150.00 - 180.00 | 32.00 - 33.00 | 32.00 - 35.00 | 560.00 - 600.00 | 450.00 - 520.00 | 250.00 - 350.00 | 30.00 - 50.00 | 50.00 - 60.00 |
| Tissamaharama | 160.00 - 170.00 | 220.00 - 240.00 | 120.00 - 140.00 | - | - | 370.00 - 400.00 | 280.00 - 300.00 | 230.00 - 250.00 | 20.00 - 22.00 | 65.00 - 70.00 |
| Meegoda (DEC) | 150.00 - 170.00 | 260.00 - 280.00 | 140.00 - 160.00 | 42.00 - 50.00 | 47.00 - 56.00 | 475.00 - 550.00 | 360.00 - 415.00 | 280.00 - 320.00 | - | 60.00 - 70.00 |
| Embilipitiya | 80.00 - 100.00 | 200.00 - 250.00 | 80.00 - 100.00 | 25.00 - 40.00 | 35.00 - 50.00 | 400.00 - 450.00 | 300.00 - 360.00 | 200.00 - 280.00 | 20.00 - 40.00 | 50.00 - 70.00 |
| Jaffna | 100.00 - 120.00 | 250.00 - 260.00 | 130.00 - 150.00 | - | - | 550.00 - 620.00 | 400.00 - 420.00 | 180.00 - 230.00 | - | 100.00 - 120.00 |
| Vavuniya | 140.00 - 160.00 | 240.00 - 260.00 | 140.00 - 160.00 | 31.00 - 33.00 | 31.00 - 33.00 | 450.00 - 500.00 | 350.00 - 400.00 | 250.00 - 300.00 | - | - |
| Mannar | 120.00 - 120.00 | 300.00 - 350.00 | 130.00 - 150.00 | 30.00 - 31.00 | 40.00 - 41.00 | 550.00 - 600.00 | 450.00 - 500.00 | 350.00 - 400.00 | - | 90.00 - 100.00 |
| Killinochchi | 100.00 - 120.00 | 280.00 - 320.00 | 100.00 - 120.00 | 30.00 - 32.00 | 33.00 - 35.00 | 340.00 - 360.00 | 280.00 - 320.00 | 240.00 - 260.00 | - | 80.00 - 100.00 |
| Mullaittivu | 130.00 - 150.00 | 340.00 - 360.00 | 120.00 - 140.00 | 28.00 - 32.00 | 32.00 - 35.00 | 540.00 - 560.00 | 450.00 - 460.00 | 340.00 - 360.00 | - | 90.00 - 100.00 |
| Batticaloa | 150.00 - 160.00 | 280.00 - 350.00 | 100.00 - 100.00 | 35.00 - 36.00 | 40.00 - 44.00 | 400.00 - 400.00 | 340.00 - 350.00 | 250.00 - 300.00 | - | 80.00 - 100.00 |
| Trincomalee | 150.00 - 160.00 | 380.00 - 400.00 | 160.00 - 170.00 | - | - | 560.00 - 580.00 | 460.00 - 480.00 | 340.00 - 350.00 | - | - |
| Veyangoda | 150.00 - 170.00 | 280.00 - 300.00 | 140.00 - 160.00 | 25.00 - 29.00 | 40.00 - 46.00 | 420.00 - 470.00 | 320.00 - 370.00 | 250.00 - 280.00 | - | 60.00 - 70.00 |
| Galenbindunuwewa | 130.00 - 160.00 | 350.00 - 400.00 | 120.00 - 160.00 | - | - | 400.00 - 460.00 | 350.00 - 380.00 | 300.00 - 320.00 | - | 75.00 - 83.00 |
| Bandarawela | 170.00 - 180.00 | 320.00 - 350.00 | 170.00 - 180.00 | 27.00 - 30.00 | 43.00 - 46.00 | 400.00 - 450.00 | 350.00 - 360.00 | 280.00 - 300.00 | - | 80.00 - 100.00 |
| Matale | 150.00 - 160.00 | 300.00 - 380.00 | 160.00 - 180.00 | 34.00 - 36.00 | 50.00 - 55.00 | 520.00 - 580.00 | 300.00 - 360.00 | 240.00 - 280.00 | - | 70.00 - 100.00 |

Table 08 (Contd.)

| LOCATIONS | Mango | | | | Other Fruits | | | | | | | |
|------------------|---------------|---------------|------|---|-----------------|---------------|-----------------|-----------------|-----------------|-----------------|-------------------|-----------------|
| | Vilad | | Kohu | | Papaw (Rs/kg) | Passion | Wood Apple | Orange | Avocado | Slime Apple | Grapes (Rs/kg) | King Coconut |
| Colombo | 40.00 - 60.00 | - | - | - | 230.00 - 350.00 | 35.00 - 60.00 | 60.00 - 120.00 | 100.00 - 200.00 | 500.00 - 670.00 | 80.00 - 120.00 | 1600.00 - 2500.00 | 140.00 - 200.00 |
| Gampaha | - | - | - | - | 250.00 - 300.00 | - | 80.00 - 100.00 | - | - | 58.00 - 70.00 | 2000.00 - 2000.00 | 140.00 - 150.00 |
| Kurunegala | - | - | - | - | 250.00 - 280.00 | - | 80.00 - 80.00 | - | - | 60.00 - 67.00 | 2000.00 - 2000.00 | 150.00 - 170.00 |
| Nikaweratiya | - | - | - | - | 130.00 - 160.00 | - | 40.00 - 50.00 | 120.00 - 150.00 | - | - | 2300.00 - 2500.00 | 150.00 - 200.00 |
| Dambulla | 50.00 - 60.00 | 20.00 - 25.00 | - | - | 240.00 - 280.00 | 25.00 - 30.00 | 60.00 - 80.00 | 100.00 - 100.00 | 450.00 - 500.00 | 100.00 - 120.00 | 2800.00 - 2900.00 | 150.00 - 180.00 |
| Anuradhapura | - | - | - | - | 150.00 - 200.00 | 50.00 - 70.00 | 60.00 - 80.00 | - | - | 100.00 - 130.00 | 2500.00 - 2600.00 | 160.00 - 200.00 |
| Thambuththegama | - | - | - | - | 180.00 - 300.00 | 25.00 - 30.00 | - | - | - | - | - | 130.00 - 150.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | - | - | - | - | 260.00 - 300.00 | - | 65.00 - 80.00 | - | - | 80.00 - 100.00 | 2000.00 - 2500.00 | 150.00 - 180.00 |
| Badulla | - | 14.00 - 17.00 | - | - | 150.00 - 200.00 | 35.00 - 45.00 | 50.00 - 60.00 | - | - | - | 2000.00 - 2000.00 | 150.00 - 180.00 |
| Keppetipola | 26.00 - 28.00 | 15.00 - 16.00 | - | - | 220.00 - 240.00 | 38.00 - 42.00 | 65.00 - 70.00 | 90.00 - 100.00 | - | 65.00 - 70.00 | 2200.00 - 2500.00 | 160.00 - 180.00 |
| Moneragala | - | - | - | - | 160.00 - 180.00 | - | 50.00 - 70.00 | - | - | 2.00 - 2.00 | 2200.00 - 2500.00 | 130.00 - 150.00 |
| Kegalle | - | - | - | - | 220.00 - 240.00 | 60.00 - 70.00 | 50.00 - 60.00 | - | - | 50.00 - 60.00 | 1800.00 - 2200.00 | 150.00 - 170.00 |
| Ampara | 25.00 - 33.00 | - | - | - | 200.00 - 220.00 | - | - | - | - | - | 1800.00 - 2200.00 | 150.00 - 160.00 |
| Dehiattakandiya | 50.00 - 50.00 | - | - | - | 180.00 - 200.00 | 30.00 - 40.00 | 40.00 - 50.00 | - | - | 50.00 - 50.00 | 2500.00 - 2800.00 | 120.00 - 150.00 |
| Nuwareliya | 36.00 - 40.00 | 16.00 - 18.00 | - | - | 240.00 - 260.00 | 44.00 - 46.00 | 80.00 - 90.00 | 100.00 - 120.00 | - | 75.00 - 80.00 | 2400.00 - 2600.00 | 170.00 - 190.00 |
| Kandy | 50.00 - 60.00 | - | - | - | 220.00 - 230.00 | 50.00 - 60.00 | 100.00 - 110.00 | 140.00 - 150.00 | 275.00 - 300.00 | 100.00 - 120.00 | 2000.00 - 2500.00 | 160.00 - 170.00 |
| Puttalam | 60.00 - 70.00 | - | - | - | 250.00 - 300.00 | 55.00 - 60.00 | 30.00 - 40.00 | - | - | - | 2500.00 - 2600.00 | 150.00 - 150.00 |
| Hambantota | - | 10.00 - 16.00 | - | - | 180.00 - 240.00 | 40.00 - 50.00 | 80.00 - 80.00 | 200.00 - 200.00 | 400.00 - 400.00 | 60.00 - 80.00 | 2000.00 - 2300.00 | 130.00 - 150.00 |
| Rathnapura | 40.00 - 50.00 | 10.00 - 20.00 | - | - | 180.00 - 230.00 | - | 80.00 - 120.00 | - | - | 100.00 - 120.00 | 2400.00 - 2500.00 | 120.00 - 150.00 |
| Matara | 30.00 - 50.00 | - | - | - | 180.00 - 190.00 | 45.00 - 50.00 | 78.00 - 90.00 | 210.00 - 220.00 | - | 70.00 - 75.00 | 2000.00 - 2200.00 | 130.00 - 150.00 |
| Galle | 30.00 - 40.00 | 20.00 - 25.00 | - | - | 180.00 - 240.00 | 60.00 - 75.00 | 70.00 - 80.00 | 160.00 - 200.00 | - | 90.00 - 100.00 | 2000.00 - 2000.00 | 180.00 - 200.00 |
| Tissamaharama | - | - | - | - | 230.00 - 240.00 | 50.00 - 55.00 | 50.00 - 56.00 | - | - | 65.00 - 70.00 | 1800.00 - 2000.00 | 150.00 - 160.00 |
| Meegoda (DEC) | - | - | - | - | 220.00 - 250.00 | 40.00 - 50.00 | 83.00 - 100.00 | - | - | 50.00 - 80.00 | 1700.00 - 2300.00 | 100.00 - 120.00 |
| Embilipitiya | 20.00 - 40.00 | 10.00 - 15.00 | - | - | 190.00 - 220.00 | 20.00 - 30.00 | 80.00 - 120.00 | 70.00 - 100.00 | - | 30.00 - 50.00 | 1850.00 - 2250.00 | 160.00 - 180.00 |
| Jaffna | 60.00 - 80.00 | - | - | - | 150.00 - 170.00 | 70.00 - 80.00 | 50.00 - 60.00 | - | 650.00 - 700.00 | - | 2400.00 - 2600.00 | 200.00 - 220.00 |
| Vavuniya | - | - | - | - | 220.00 - 250.00 | 34.00 - 36.00 | 45.00 - 50.00 | 100.00 - 120.00 | - | - | 2200.00 - 2300.00 | 160.00 - 180.00 |
| Mannar | 50.00 - 60.00 | - | - | - | 180.00 - 200.00 | 35.00 - 40.00 | 50.00 - 50.00 | 100.00 - 110.00 | 450.00 - 500.00 | - | 1800.00 - 2000.00 | 160.00 - 200.00 |
| Killinochchi | 40.00 - 50.00 | - | - | - | 150.00 - 180.00 | 35.00 - 40.00 | 45.00 - 50.00 | - | - | - | 2850.00 - 2950.00 | 200.00 - 220.00 |
| Mullaittivu | - | - | - | - | 90.00 - 100.00 | 30.00 - 35.00 | 30.00 - 35.00 | - | - | - | 1800.00 - 1900.00 | 150.00 - 160.00 |
| Batticaloa | 30.00 - 30.00 | - | - | - | 180.00 - 180.00 | 25.00 - 35.00 | - | - | - | - | 1600.00 - 1800.00 | 150.00 - 160.00 |
| Trincomalee | 70.00 - 80.00 | - | - | - | 100.00 - 110.00 | 70.00 - 75.00 | 50.00 - 55.00 | 80.00 - 85.00 | - | - | 2400.00 - 2500.00 | 180.00 - 190.00 |
| Veyangoda | - | - | - | - | 220.00 - 230.00 | 30.00 - 40.00 | 45.00 - 50.00 | 75.00 - 80.00 | - | - | 1600.00 - 1700.00 | 130.00 - 150.00 |
| Galenbindunuwewa | - | - | - | - | 120.00 - 150.00 | - | 40.00 - 60.00 | - | - | - | 2300.00 - 2600.00 | 140.00 - 160.00 |
| Bandarawela | 50.00 - 60.00 | 18.00 - 20.00 | - | - | 180.00 - 200.00 | 60.00 - 70.00 | 80.00 - 90.00 | 120.00 - 130.00 | - | - | 2600.00 - 2800.00 | 170.00 - 180.00 |
| Matale | 60.00 - 70.00 | 30.00 - 40.00 | - | - | 180.00 - 200.00 | 40.00 - 50.00 | 70.00 - 80.00 | - | - | 100.00 - 140.00 | 2300.00 - 2400.00 | 180.00 - 200.00 |

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 51: 19 - 25 Dec 2025

| Locations | Sea Fish | | | | | |
|-------------|-----------------|-----------------|------------------|-------------------|-------------------|-------------------|
| | Salaya | Hurulla | Balaya | Kelawalla | Thora | Paraw |
| Colombo | 200.00 – 300.00 | – | 650.00 – 750.00 | 900.00 – 2000.00 | 2000.00 – 3000.00 | 1300.00 – 1500.00 |
| Kandy | 450.00 – 480.00 | 900.00 – 950.00 | 900.00 – 1000.00 | 1500.00 – 1600.00 | 2500.00 – 2600.00 | 1100.00 – 1200.00 |
| Kaluthara | 300.00 – 400.00 | – | 900.00 – 1200.00 | 1400.00 – 1500.00 | 2200.00 – 2300.00 | 1300.00 – 1500.00 |
| Puttalam | 350.00 – 400.00 | 700.00 – 700.00 | 850.00 – 900.00 | 1300.00 – 1350.00 | 2200.00 – 2350.00 | 1200.00 – 1250.00 |
| Matara | 300.00 – 320.00 | – | 800.00 – 900.00 | 1700.00 – 1800.00 | – | – |
| Hambantota | 300.00 – 350.00 | – | 900.00 – 1000.00 | 1200.00 – 1200.00 | 1800.00 – 1800.00 | – |
| Galle | – | – | 900.00 – 1000.00 | 1400.00 – 1400.00 | 2000.00 – 2400.00 | 1200.00 – 1400.00 |
| Batticaloa | 300.00 – 350.00 | 700.00 – 700.00 | 800.00 – 900.00 | 1200.00 – 1200.00 | – | 1100.00 – 1250.00 |
| Trincomalee | – | – | – | – | – | – |
| Mannar | 500.00 – 550.00 | – | 950.00 – 1000.00 | – | – | 1400.00 – 1500.00 |

| Locations | Sea Fish | | | | Eggs | |
|-------------|-------------------|-------------------|-------------------|---------|---------------|---------------|
| | Mora | Shrimps | Thalapath | Teppeli | Brown | White |
| Colombo | 1100.00 – 1400.00 | 1450.00 – 1600.00 | 2000.00 – 2500.00 | – | 41.00 – 43.00 | 40.00 – 42.00 |
| Kandy | 1400.00 – 1500.00 | 1800.00 – 2000.00 | 2500.00 – 2600.00 | – | 41.00 – 42.00 | 38.00 – 40.00 |
| Kaluthara | 850.00 – 1000.00 | 1700.00 – 1800.00 | 1700.00 – 2000.00 | – | – | – |
| Puttalam | 1450.00 – 1500.00 | 1400.00 – 1500.00 | 2350.00 – 2400.00 | – | – | 40.00 – 41.00 |
| Matara | – | 2100.00 – 2200.00 | 1800.00 – 1900.00 | – | 41.00 – 42.00 | 36.00 – 37.00 |
| Hambantota | – | 1800.00 – 1800.00 | – | – | – | 44.00 – 44.00 |
| Galle | 900.00 – 1050.00 | – | 1800.00 – 2000.00 | – | 43.00 – 44.00 | 41.00 – 44.00 |
| Batticaloa | 1000.00 – 1000.00 | 1300.00 – 1400.00 | 1500.00 – 1600.00 | – | 45.00 – 45.00 | 43.00 – 43.00 |
| Trincomalee | – | – | – | – | – | – |
| Mannar | 1550.00 – 1600.00 | 1300.00 – 1350.00 | – | – | 42.00 – 43.00 | 38.00 – 39.00 |

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 51: 19 - 25 Dec 2025

| Locations | Local Dried Fish | | | | | |
|-------------|------------------|-----------------|-----------------|-----------------|---------------|----------------|
| | Sprats | Kattawa | Thora | Mora | Balaya | Anguluwa |
| Colombo | 60000 – 82500 | 82500 – 105000 | 150000 – 175000 | 122500 – 125000 | 52500 – 67500 | 60000 – 105000 |
| Kandy | 57500 – 60000 | – | – | 120000 – 125000 | 65000 – 70000 | – |
| Batticaloa | 50000 – 50000 | 100000 – 112500 | – | – | 80000 – 90000 | – |
| Trincomalee | – | – | – | – | – | – |
| Mannar | – | 90500 – 110000 | – | 120000 – 122500 | 72500 – 75000 | 77500 – 80000 |

| Locations | Local Dried Fish | | | Imported Dried Fish | | |
|-------------|------------------|--------|---------------|---------------------|---------------|-----------------|
| | Maduwa | Koduwa | Salaya | Sprats | Kattawa | Thora |
| Colombo | 55000 – 75000 | – | 27500 – 32500 | 42500 – 52500 | 77500 – 87500 | 120000 – 135000 |
| Kandy | – | – | 22500 – 25000 | 42500 – 47500 | 80000 – 85000 | – |
| Batticaloa | – | – | 35000 – 35000 | 42500 – 45000 | – | – |
| Trincomalee | – | – | – | – | – | – |
| Mannar | 80000 – 82500 | – | – | 62000 – 65250 | – | – |

| Locations | Imported Dried Fish | | | | | |
|-------------|---------------------|---------------|----------------|--------|--------|--------|
| | Mora | Balaya | Anguluwa | Maduwa | Koduwa | Salaya |
| Colombo | 110000 – 115000 | 45000 – 50000 | 82500 – 140000 | – | – | – |
| Kandy | – | – | – | – | – | – |
| Batticaloa | – | – | – | – | – | – |
| Trincomalee | – | – | – | – | – | – |
| Mannar | – | – | – | – | – | – |

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Sea Fish | | | | | | | | | Eggs | | | | | | | | | |
|------------------|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|---------------|---------------|-------|--|------|--|-----------|--|-------|--|-------|
| | Salaya | | Hurulla | | Balaya | | Kelawalla | | Thora | | Paraw | | Mora | | Thalapath | | Brown | | White |
| Colombo | 300.00 - 800.00 | 1100.00 - 1300.00 | 800.00 - 1200.00 | 2000.00 - 3400.00 | 2500.00 - 4900.00 | 1500.00 - 2800.00 | 1500.00 - 1800.00 | 2500.00 - 3400.00 | 42.00 - 47.00 | 41.00 - 44.00 | | | | | | | | | |
| Gampaha | 600.00 - 640.00 | - | - | 2000.00 - 2000.00 | - | 2000.00 - 2000.00 | - | 2800.00 - 2800.00 | 40.00 - 45.00 | 36.00 - 43.00 | | | | | | | | | |
| Kurunegala | 560.00 - 600.00 | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 2000.00 - 2000.00 | - | - | - | 2700.00 - 2700.00 | 40.00 - 43.00 | 38.00 - 40.00 | | | | | | | | | |
| Nikaweratiya | 600.00 - 650.00 | 900.00 - 1100.00 | 1000.00 - 1100.00 | 1500.00 - 1600.00 | 2300.00 - 2400.00 | 1200.00 - 1300.00 | - | 2600.00 - 2700.00 | 40.00 - 42.00 | 38.00 - 42.00 | | | | | | | | | |
| Dambulla | 500.00 - 650.00 | 1100.00 - 1200.00 | 1000.00 - 1100.00 | 2300.00 - 2400.00 | 3000.00 - 3000.00 | 1800.00 - 2000.00 | 1600.00 - 1800.00 | 2900.00 - 3000.00 | 45.00 - 46.00 | 43.00 - 44.00 | | | | | | | | | |
| Anuradhapura | 600.00 - 700.00 | 1100.00 - 1200.00 | 1200.00 - 1400.00 | 2200.00 - 2400.00 | - | 1300.00 - 1500.00 | 1400.00 - 1600.00 | 2500.00 - 2700.00 | - | 40.00 - 42.00 | | | | | | | | | |
| Thambuththegama | - | - | - | - | - | - | - | - | 40.00 - 42.00 | 40.00 - 41.00 | | | | | | | | | |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | | | | | | | | | |
| Kaluthara | 500.00 - 700.00 | - | 1200.00 - 1800.00 | 2400.00 - 2600.00 | 2600.00 - 2800.00 | 2000.00 - 2400.00 | 1800.00 - 2000.00 | 2600.00 - 2800.00 | - | 40.00 - 45.00 | | | | | | | | | |
| Badulla | 500.00 - 550.00 | 1100.00 - 1160.00 | 1600.00 - 1700.00 | 2100.00 - 2200.00 | 2800.00 - 2800.00 | 1600.00 - 1650.00 | 1500.00 - 1600.00 | 2750.00 - 2800.00 | 43.00 - 45.00 | 40.00 - 42.00 | | | | | | | | | |
| Keppetipola | 560.00 - 600.00 | 900.00 - 1000.00 | 1000.00 - 1100.00 | 2400.00 - 2500.00 | - | 1600.00 - 1700.00 | 1850.00 - 1900.00 | 2400.00 - 2500.00 | 47.00 - 48.00 | 45.00 - 46.00 | | | | | | | | | |
| Moneragala | 550.00 - 650.00 | 1000.00 - 1200.00 | 950.00 - 1000.00 | - | 3000.00 - 3200.00 | - | 2000.00 - 2200.00 | - | 41.00 - 43.00 | 40.00 - 42.00 | | | | | | | | | |
| Kegalle | 700.00 - 800.00 | - | - | 2800.00 - 3000.00 | - | 1800.00 - 1800.00 | 1800.00 - 1800.00 | 2900.00 - 3000.00 | 42.00 - 43.00 | 40.00 - 41.00 | | | | | | | | | |
| Ampara | 600.00 - 800.00 | 1000.00 - 1200.00 | - | - | - | - | - | - | - | 38.00 - 43.00 | | | | | | | | | |
| Dehiattakandiya | 400.00 - 500.00 | 960.00 - 1100.00 | 1800.00 - 1800.00 | 2600.00 - 2600.00 | - | - | - | 2600.00 - 2600.00 | 40.00 - 40.00 | 38.00 - 40.00 | | | | | | | | | |
| Nuwaraeliya | 580.00 - 600.00 | 950.00 - 980.00 | 1300.00 - 1400.00 | 2600.00 - 2700.00 | - | 1700.00 - 1800.00 | 1800.00 - 1900.00 | 2500.00 - 2600.00 | 47.00 - 48.00 | 45.00 - 47.00 | | | | | | | | | |
| Kandy | 600.00 - 650.00 | 1100.00 - 1200.00 | 1200.00 - 1300.00 | 2100.00 - 2300.00 | - | 1400.00 - 1600.00 | 1700.00 - 1800.00 | 2700.00 - 2900.00 | 43.00 - 45.00 | 42.00 - 43.00 | | | | | | | | | |
| Puttalam | 500.00 - 500.00 | 800.00 - 850.00 | 1000.00 - 1000.00 | 1500.00 - 1500.00 | 2500.00 - 2500.00 | 1400.00 - 1400.00 | 1600.00 - 1700.00 | 2500.00 - 2600.00 | - | 43.00 - 45.00 | | | | | | | | | |
| Hambantota | 400.00 - 500.00 | - | 1000.00 - 1200.00 | 1700.00 - 1700.00 | 2600.00 - 2600.00 | 1200.00 - 1200.00 | - | - | - | 45.00 - 46.00 | | | | | | | | | |
| Rathnapura | 400.00 - 500.00 | 1100.00 - 1100.00 | 1200.00 - 1400.00 | 2200.00 - 2600.00 | 3300.00 - 3600.00 | 2400.00 - 2600.00 | 1600.00 - 1800.00 | 2400.00 - 2600.00 | 44.00 - 45.00 | 41.00 - 43.00 | | | | | | | | | |
| Matara | 500.00 - 600.00 | - | 1500.00 - 1600.00 | 2300.00 - 2400.00 | - | 2200.00 - 2400.00 | - | 2500.00 - 2700.00 | 43.00 - 45.00 | 37.00 - 39.00 | | | | | | | | | |
| Galle | 600.00 - 600.00 | 950.00 - 1000.00 | 1200.00 - 1200.00 | 2400.00 - 2650.00 | 2600.00 - 2800.00 | 1800.00 - 2000.00 | 1600.00 - 1800.00 | 2600.00 - 2800.00 | 43.00 - 45.00 | 42.00 - 45.00 | | | | | | | | | |
| Tissamaharama | 500.00 - 600.00 | - | 1100.00 - 1200.00 | - | - | - | - | 2400.00 - 2500.00 | - | 40.00 - 43.00 | | | | | | | | | |
| Meegoda | 600.00 - 600.00 | 1200.00 - 1200.00 | 960.00 - 1000.00 | 2800.00 - 2800.00 | - | 1200.00 - 1200.00 | - | - | 40.00 - 44.00 | 36.00 - 43.00 | | | | | | | | | |
| Embilipitiya | 450.00 - 500.00 | 1000.00 - 1100.00 | 1600.00 - 1700.00 | 2600.00 - 2650.00 | - | 1800.00 - 1950.00 | - | 2700.00 - 2800.00 | 39.00 - 40.00 | 36.00 - 39.00 | | | | | | | | | |
| Jaffna | 600.00 - 650.00 | 900.00 - 1000.00 | 1500.00 - 1700.00 | - | 2100.00 - 2300.00 | 1800.00 - 2200.00 | 2200.00 - 2500.00 | - | 44.00 - 45.00 | 45.00 - 46.00 | | | | | | | | | |
| Vavuniya | 600.00 - 700.00 | 1200.00 - 1300.00 | 1200.00 - 1300.00 | 2400.00 - 2500.00 | 2400.00 - 2500.00 | 1800.00 - 1900.00 | 2400.00 - 2500.00 | 2600.00 - 2700.00 | 45.00 - 47.00 | 42.00 - 46.00 | | | | | | | | | |
| Mannar | 650.00 - 700.00 | - | 1250.00 - 1350.00 | - | - | 1800.00 - 2000.00 | 2000.00 - 2300.00 | - | 44.00 - 45.00 | 42.00 - 43.00 | | | | | | | | | |
| Killinochchi | 500.00 - 550.00 | 950.00 - 1000.00 | 1450.00 - 1500.00 | - | - | 1550.00 - 1600.00 | 2500.00 - 2600.00 | - | 44.00 - 45.00 | 42.00 - 43.00 | | | | | | | | | |
| Mullaittivu | 400.00 - 500.00 | 900.00 - 1000.00 | 1200.00 - 1300.00 | 1800.00 - 1900.00 | - | 1750.00 - 1850.00 | 2300.00 - 2400.00 | - | 47.00 - 48.00 | 45.00 - 47.00 | | | | | | | | | |
| Batticaloa | 600.00 - 600.00 | 1000.00 - 1000.00 | 1800.00 - 1800.00 | 2200.00 - 2200.00 | 2300.00 - 2300.00 | 2300.00 - 2300.00 | - | 2400.00 - 2500.00 | 48.00 - 48.00 | 45.00 - 45.00 | | | | | | | | | |
| Trincomalee | 600.00 - 650.00 | 1150.00 - 1200.00 | 1250.00 - 1300.00 | 2200.00 - 2300.00 | 2400.00 - 2500.00 | 1750.00 - 1800.00 | 2100.00 - 2200.00 | - | 46.00 - 48.00 | 44.00 - 45.00 | | | | | | | | | |
| Veyangoda | 700.00 - 800.00 | - | 1700.00 - 1800.00 | 2000.00 - 2200.00 | - | - | - | 2400.00 - 2400.00 | 43.00 - 45.00 | 40.00 - 43.00 | | | | | | | | | |
| Galenbindunuwewa | 400.00 - 600.00 | - | 1000.00 - 1100.00 | 2700.00 - 2800.00 | - | 1700.00 - 2500.00 | - | 2900.00 - 3000.00 | 42.00 - 44.00 | 41.00 - 43.00 | | | | | | | | | |
| Bandarawela | 580.00 - 600.00 | - | 1400.00 - 1500.00 | 2000.00 - 2000.00 | - | 1800.00 - 1850.00 | 1500.00 - 1600.00 | 2700.00 - 2800.00 | 43.00 - 45.00 | 41.00 - 43.00 | | | | | | | | | |
| Matale | 500.00 - 600.00 | 1100.00 - 1200.00 | 1000.00 - 1100.00 | 2500.00 - 2600.00 | 2800.00 - 3000.00 | 1800.00 - 2000.00 | 1700.00 - 1800.00 | 2600.00 - 2800.00 | 45.00 - 46.00 | 43.00 - 44.00 | | | | | | | | | |

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Dried Fish | | | | | | | | | | | | | |
|------------------|-----------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|
| | Sprats-Imported | | Kattawa | | Thora | | Mora | | Balaya | | Anguluwa | | Salaya | |
| Colombo | 1200.00 | 1500.00 | 2400.00 | 2600.00 | - | - | 2500.00 | 3200.00 | 1400.00 | 2600.00 | 2400.00 | 3000.00 | 800.00 | 1200.00 |
| Gampaha | 1200.00 | 1200.00 | 2400.00 | 2400.00 | - | - | 2500.00 | 2500.00 | 2000.00 | 2000.00 | 2400.00 | 2400.00 | - | - |
| Kurunegala | 1300.00 | 1300.00 | 2200.00 | 2400.00 | - | - | - | - | 1750.00 | 1800.00 | 2100.00 | 2200.00 | 1000.00 | 1000.00 |
| Nikaweratiya | 1200.00 | 1400.00 | 2000.00 | 2200.00 | - | - | - | - | 1800.00 | 2000.00 | 2000.00 | 2250.00 | 750.00 | 800.00 |
| Dambulla | 1000.00 | 1200.00 | 2500.00 | 2600.00 | - | - | 2900.00 | 3000.00 | 1500.00 | 1900.00 | 2000.00 | 2200.00 | - | - |
| Anuradhapura | 1000.00 | 1200.00 | 2400.00 | 2600.00 | - | - | 2600.00 | 3000.00 | 1600.00 | 1800.00 | 2200.00 | 2400.00 | 800.00 | 1000.00 |
| Thambuththegama | 1000.00 | 1180.00 | 1900.00 | 2100.00 | - | - | 2800.00 | 3000.00 | 1500.00 | 1800.00 | 2200.00 | 2400.00 | 850.00 | 1100.00 |
| Polonnaruwa | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Kaluthara | 1000.00 | 1200.00 | 2200.00 | 2500.00 | - | - | 2700.00 | 2800.00 | 1600.00 | 1800.00 | 2400.00 | 2500.00 | - | - |
| Badulla | 1200.00 | 1200.00 | 2500.00 | 2500.00 | - | - | 2800.00 | 2800.00 | 1500.00 | 1500.00 | 1200.00 | 1200.00 | - | - |
| Keppetipola | 1100.00 | 1250.00 | 2400.00 | 2500.00 | - | - | 2600.00 | 2800.00 | 1600.00 | 1700.00 | 1600.00 | 1700.00 | 800.00 | 900.00 |
| Moneragala | 1000.00 | 1200.00 | 2200.00 | 2300.00 | - | - | 2400.00 | 2800.00 | 1600.00 | 1800.00 | 2200.00 | 2300.00 | 800.00 | 900.00 |
| Kegalle | 1100.00 | 1200.00 | 2600.00 | 2600.00 | - | - | 2750.00 | 2800.00 | 1400.00 | 1600.00 | - | - | - | - |
| Ampara | - | - | 2400.00 | 2600.00 | - | - | 2400.00 | 2600.00 | 1800.00 | 2000.00 | 1200.00 | 1200.00 | - | - |
| Dehiattakandiya | 1000.00 | 1200.00 | 2600.00 | 2800.00 | - | - | 2800.00 | 3000.00 | 1600.00 | 2000.00 | 1500.00 | 1800.00 | 1000.00 | 1200.00 |
| Nuwaraeliya | 1200.00 | 1300.00 | 2600.00 | 2700.00 | 3500.00 | 3600.00 | 2700.00 | 2800.00 | 1700.00 | 1800.00 | 1800.00 | 2000.00 | 860.00 | 900.00 |
| Kandy | 1200.00 | 1400.00 | 2700.00 | 2800.00 | 3400.00 | 3500.00 | 2800.00 | 2900.00 | 1600.00 | 1800.00 | 2000.00 | 2100.00 | 800.00 | 900.00 |
| Puttalam | 1120.00 | 1120.00 | 2000.00 | 2400.00 | - | - | 2400.00 | 2500.00 | 1500.00 | 1600.00 | 1000.00 | 1200.00 | 1000.00 | 1120.00 |
| Hambantota | 1200.00 | 1300.00 | 2000.00 | 2000.00 | - | - | 2200.00 | 2200.00 | 1500.00 | 1600.00 | 2300.00 | 2400.00 | - | - |
| Rathnapura | 1120.00 | 1300.00 | 2100.00 | 2240.00 | 3600.00 | 3600.00 | 2700.00 | 2800.00 | 1560.00 | 1760.00 | 2200.00 | 2400.00 | - | - |
| Matara | 1100.00 | 1250.00 | 2000.00 | 2200.00 | - | - | - | - | 1600.00 | 1800.00 | 2000.00 | 2200.00 | - | - |
| Galle | 1200.00 | 1500.00 | 2000.00 | 2400.00 | - | - | 2400.00 | 2800.00 | 1800.00 | 2000.00 | 2000.00 | 2400.00 | 1000.00 | 1200.00 |
| Tissamaharama | 1200.00 | 1400.00 | - | - | - | - | 2500.00 | 2700.00 | 1750.00 | 1900.00 | 2400.00 | 2500.00 | - | - |
| Meegoda | 1100.00 | 1200.00 | 2100.00 | 2200.00 | - | - | 2600.00 | 2800.00 | 1600.00 | 1700.00 | 2000.00 | 2300.00 | 960.00 | 1000.00 |
| Embilipitiya | 1300.00 | 1400.00 | 2450.00 | 2600.00 | - | - | 2850.00 | 3000.00 | 1800.00 | 2000.00 | 2500.00 | 2700.00 | 1100.00 | 1200.00 |
| Jaffna | 1600.00 | 1700.00 | 2600.00 | 2800.00 | 3100.00 | 3250.00 | 3000.00 | 3300.00 | 1800.00 | 2000.00 | 1000.00 | 1200.00 | 800.00 | 1200.00 |
| Vavuniya | - | - | 2000.00 | 2200.00 | - | - | - | - | - | - | 1100.00 | 1200.00 | - | - |
| Mannar | - | - | 2800.00 | 2800.00 | - | - | 2800.00 | 3000.00 | 1800.00 | 2000.00 | 1900.00 | 1950.00 | - | - |
| Killinochchi | 1400.00 | 1500.00 | 2500.00 | 2600.00 | - | - | 2450.00 | 2500.00 | - | - | 1000.00 | 1100.00 | 800.00 | 900.00 |
| Mullaittivu | 1300.00 | 1400.00 | 2400.00 | 2500.00 | - | - | 2400.00 | 2500.00 | 1650.00 | 1750.00 | 1050.00 | 1150.00 | 750.00 | 800.00 |
| Batticaloa | 1300.00 | 1300.00 | 2500.00 | 2800.00 | - | - | - | - | 2000.00 | 2000.00 | - | - | - | - |
| Trincomalee | 1150.00 | 1200.00 | 2200.00 | 2250.00 | - | - | - | - | 1450.00 | 1500.00 | 1200.00 | 1250.00 | 700.00 | 750.00 |
| Veyangoda | 1000.00 | 1200.00 | 2000.00 | 2200.00 | - | - | 2500.00 | 2600.00 | 1800.00 | 1800.00 | 2300.00 | 2400.00 | 1000.00 | 1200.00 |
| Galenbindunuwewa | 1100.00 | 1400.00 | 2500.00 | 2800.00 | 3200.00 | 3500.00 | 2700.00 | 3200.00 | 1800.00 | 2000.00 | 2500.00 | 2600.00 | 800.00 | 1000.00 |
| Bandarawela | 1100.00 | 1400.00 | 2100.00 | 2300.00 | - | - | 2800.00 | 3000.00 | 1500.00 | 1700.00 | 2000.00 | 2200.00 | 900.00 | 1100.00 |
| Matale | 1100.00 | 1200.00 | 2800.00 | 2900.00 | - | - | 3000.00 | 3100.00 | 1800.00 | 1900.00 | 2400.00 | 2500.00 | 800.00 | 900.00 |

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 51: 19 - 25 Dec 2025

| LOCATIONS | Meat | | Meat (Chicken) | | Meat | | | | | |
|------------------|---------|-----------|----------------|-----------|---------|-----------|---------|-----------|---------|-----------|
| | Beef | | Broiler | Curry | Mutton | Pork | | | | |
| Colombo | 2600.00 | - 2900.00 | 1200.00 | - 1400.00 | 1100.00 | - 1400.00 | 3800.00 | - 4200.00 | 2700.00 | - 2800.00 |
| Gampaha | - | | 1300.00 | - 1350.00 | 1400.00 | - 1400.00 | 4000.00 | - 4000.00 | 2670.00 | - 2670.00 |
| Kurunegala | 2600.00 | - 2600.00 | 1250.00 | - 1350.00 | 1350.00 | - 1350.00 | - | | 2800.00 | - 2800.00 |
| Nikaweratiya | 2300.00 | - 2600.00 | 1150.00 | - 1350.00 | - | | - | | - | |
| Dambulla | - | | 1300.00 | - 1400.00 | 1400.00 | - 1450.00 | - | | 2200.00 | - 2200.00 |
| Anuradhapura | 2400.00 | - 2500.00 | 1250.00 | - 1300.00 | 1350.00 | - 1400.00 | 3800.00 | - 4000.00 | 2800.00 | - 3000.00 |
| Thambuththegama | - | | 1200.00 | - 1300.00 | - | | - | | 2600.00 | - 3000.00 |
| Polonnaruwa | - | | - | | - | | - | | - | |
| Kaluthara | 2700.00 | - 2800.00 | 1200.00 | - 1300.00 | 1350.00 | - 1400.00 | - | | 2600.00 | - 2700.00 |
| Badulla | 2400.00 | - 2400.00 | 1200.00 | - 1250.00 | - | | 3400.00 | - 3400.00 | - | |
| Keppetipola | 2200.00 | - 2200.00 | 1380.00 | - 1400.00 | 1450.00 | - 1500.00 | 3200.00 | - 3200.00 | - | |
| Moneragala | 2600.00 | - 2600.00 | 1300.00 | - 1450.00 | 1500.00 | - 1600.00 | - | | 3300.00 | - 3300.00 |
| Kegalle | 2400.00 | - 2500.00 | 1200.00 | - 1300.00 | 1150.00 | - 1180.00 | 3300.00 | - 3500.00 | 2400.00 | - 2500.00 |
| Ampara | 2400.00 | - 2500.00 | 1250.00 | - 1300.00 | - | | - | | 2800.00 | - 3000.00 |
| Dehiattakandiya | - | | 1250.00 | - 1300.00 | - | | - | | 2800.00 | - 2950.00 |
| Nuwaraeliya | 2300.00 | - 2400.00 | 1360.00 | - 1400.00 | 1450.00 | - 1500.00 | 3800.00 | - 4000.00 | 2900.00 | - 3000.00 |
| Kandy | 2500.00 | - 2500.00 | 1050.00 | - 1100.00 | 1320.00 | - 1330.00 | 3500.00 | - 3600.00 | 2800.00 | - 2900.00 |
| Puttalam | 2450.00 | - 2500.00 | 1200.00 | - 1200.00 | 1700.00 | - 1800.00 | 4000.00 | - 4000.00 | - | |
| Hambantota | - | | 1250.00 | - 1250.00 | - | | - | | - | |
| Rathnapura | 2700.00 | - 2700.00 | 1250.00 | - 1350.00 | 1400.00 | - 1480.00 | 3700.00 | - 3700.00 | 3300.00 | - 3300.00 |
| Matara | - | | 1280.00 | - 1300.00 | - | | - | | - | |
| Galle | 2600.00 | - 2700.00 | 1200.00 | - 1280.00 | 1300.00 | - 1350.00 | 3600.00 | - 3600.00 | - | |
| Tissamaharama | - | | 1300.00 | - 1350.00 | - | | - | | - | |
| Meegoda | - | | 1200.00 | - 1290.00 | 1350.00 | - 1350.00 | - | | 3000.00 | - 3000.00 |
| Embilipitiya | 2450.00 | - 2500.00 | 1150.00 | - 1220.00 | 1150.00 | - 1250.00 | 3350.00 | - 3500.00 | 2600.00 | - 2800.00 |
| Jaffna | 2200.00 | - 2300.00 | 1300.00 | - 1500.00 | 1600.00 | - 1800.00 | 3500.00 | - 3600.00 | - | |
| Vavuniya | 2200.00 | - 2300.00 | 1320.00 | - 1350.00 | 1600.00 | - 1700.00 | 3100.00 | - 3200.00 | - | |
| Mannar | 2200.00 | - 2200.00 | 1450.00 | - 1500.00 | 1600.00 | - 1600.00 | - | | - | |
| Killinochchi | 2200.00 | - 2300.00 | 1450.00 | - 1500.00 | 1550.00 | - 1600.00 | 3300.00 | - 3500.00 | - | |
| Mullaittivu | 2200.00 | - 2200.00 | 1400.00 | - 1400.00 | 1550.00 | - 1550.00 | - | | - | |
| Batticaloa | 2100.00 | - 2200.00 | 1400.00 | - 1400.00 | 1600.00 | - 1600.00 | 3800.00 | - 4000.00 | - | |
| Trincomalee | 2200.00 | - 2300.00 | 1340.00 | - 1350.00 | 1550.00 | - 1600.00 | 3400.00 | - 3500.00 | - | |
| Veyangoda | - | | 1280.00 | - 1350.00 | 1380.00 | - 1400.00 | - | | 2700.00 | - 2800.00 |
| Galenbindunuwewa | 2400.00 | - 2400.00 | 1090.00 | - 1120.00 | 1350.00 | - 1400.00 | 3500.00 | - 3500.00 | 2200.00 | - 2200.00 |
| Bandarawela | 2600.00 | - 2600.00 | 1200.00 | - 1280.00 | - | | 3600.00 | - 3600.00 | - | |
| Matale | 2500.00 | - 2600.00 | 1200.00 | - 1300.00 | 1500.00 | - 1600.00 | 3500.00 | - 3600.00 | 2700.00 | - 2800.00 |

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 51: 19 - 25 Dec 2025

| COMMODITY | Range | Average Price | | | Change Compared to | | COMMODITY | Range | Average Price | | | Change Compared to | |
|------------------------|------------------|---------------|-----------|-----------|--------------------|---------------|--------------------------|-------------------|---------------|-----------|-----------|--------------------|---------------|
| | | This Week | Last Week | Last Year | Last Week (%) | Last Year (%) | | | This Week | Last Week | Last Year | Last Week (%) | Last Year (%) |
| Rice | | | | | | | Coconut | | | | | | |
| Local | | | | | | | Large | 140.00 - 160.00 | 150.00 | 160.71 | 165.00 | -6.67 | -9.09 |
| Samba 1 | 260.00 - 265.00 | 261.88 | 254.38 | 237.88 | 2.95 | 10.09 | Small | 120.00 - 130.00 | 125.71 | 134.38 | 135.00 | -6.45 | -6.88 |
| Samba 2 | 255.00 - 258.00 | 256.50 | 248.60 | 230.25 | 3.18 | 11.40 | | | | | | | |
| Keeri Samba | 320.00 - 350.00 | 332.50 | 325.00 | 255.00 | 2.31 | 30.39 | Fruits (Rs/fruit) | | | | | | |
| Nadu 1 | 225.00 - 230.00 | 226.86 | 224.17 | 228.00 | 1.20 | -0.50 | Plantain | | | | | | |
| Nadu 2 | 220.00 - 222.00 | 221.00 | 218.25 | 221.25 | 1.26 | -0.11 | Ambul (Rs/kg) | 90.00 - 140.00 | 118.00 | 107.00 | 111.67 | 10.28 | 5.67 |
| Raw (Red) | 210.00 - 215.00 | 212.50 | 207.86 | 217.50 | 2.23 | -2.30 | Kolikuttu (Rs/kg) | 180.00 - 230.00 | 208.00 | 193.00 | 208.33 | 7.77 | -0.16 |
| Raw (White) | 210.00 - 220.00 | 213.75 | 213.75 | 217.50 | 0.00 | -1.72 | Seeni (Rs/kg) | 90.00 - 120.00 | 108.00 | 109.00 | 117.50 | -0.92 | -8.09 |
| Imported | | | | | | | Anamalu | 28.00 - 34.00 | 31.00 | 28.90 | 27.92 | 7.27 | 11.04 |
| Samba | 230.00 - 235.00 | 232.50 | 233.00 | 227.50 | -0.21 | 2.20 | Ambun | 38.00 - 48.00 | 43.30 | 40.40 | 41.42 | 7.18 | 4.55 |
| Nadu | - | - | - | - | - | - | Papaw(Rs/kg) | 160.00 - 210.00 | 185.56 | 202.00 | 214.17 | -8.14 | -13.36 |
| Raw (Red) | - | - | - | - | - | - | Passion Fruit | 30.00 - 38.00 | 33.88 | 26.89 | 30.73 | 25.98 | 10.24 |
| Raw (White) | - | - | - | - | - | - | Pineapple Large | 300.00 - 330.00 | 315.00 | 305.00 | 451.43 | 3.28 | -30.22 |
| Dried Chillies | | | | | | | Pineapple Medium | 250.00 - 270.00 | 257.50 | 254.00 | 338.57 | 1.38 | -23.95 |
| Imported | 750.00 - 850.00 | 794.29 | 830.00 | 700.00 | -4.30 | 13.47 | Pineapple Small | 190.00 - 220.00 | 206.25 | 201.11 | 271.43 | 2.56 | -24.01 |
| Onion | | | | | | | Mango | | | | | | |
| Sinnan | - | - | - | 273.33 | - | - | Betti | 80.00 - 100.00 | 90.00 | - | - | - | - |
| Vedalan | 170.00 - 220.00 | 198.33 | 255.00 | - | -22.22 | - | Karthakolomban | 67.00 - 87.00 | 76.13 | 69.44 | 138.33 | 9.62 | -44.97 |
| Imported | 250.00 - 350.00 | 307.86 | 312.50 | 382.86 | -1.49 | -19.59 | Vilad | - | - | - | 67.73 | - | - |
| Big Onion | | | | | | | Kohu | - | - | - | - | - | - |
| Imported | 100.00 - 190.00 | 155.00 | 182.50 | 216.67 | -15.07 | -28.46 | Other | | | | | | |
| Local | - | - | 242.50 | - | - | - | Wood Apple | 40.00 - 50.00 | 45.44 | 47.13 | 37.50 | -3.57 | 21.19 |
| Potato | | | | | | | Orange | 84.00 - 100.00 | 93.50 | 88.13 | 142.50 | 6.10 | -34.39 |
| Welimada | - | - | - | 290.00 | - | - | Avocado | 467.00 - 500.00 | 486.71 | 521.43 | 398.57 | -6.66 | 22.11 |
| N'Eliya | 300.00 - 350.00 | 325.00 | 303.33 | 325.00 | 7.14 | 0.00 | Slime Apple | 60.00 - 76.00 | 70.43 | 70.29 | 49.09 | 0.20 | 43.47 |
| Imported | 160.00 - 220.00 | 186.25 | 188.75 | 223.89 | -1.32 | -16.81 | Grapes (Imp., Rs/kg) | 1250.00 - 1400.00 | 1332.50 | 1300.00 | 1341.67 | 2.50 | -0.68 |
| Pulses | | | | | | | King Coconut | 130.00 - 140.00 | 136.67 | 141.67 | 145.45 | -3.53 | -6.04 |
| Green Gram | 550.00 - 800.00 | 666.67 | 600.00 | 566.67 | 11.11 | 17.65 | Sea Fish | | | | | | |
| Cowpea (White) | 750.00 - 800.00 | 775.00 | 800.00 | 575.00 | -3.13 | 34.78 | Salaya | 200.00 - 300.00 | 237.14 | 283.33 | 302.50 | -16.30 | -21.61 |
| Cowpea (Red) | 750.00 - 800.00 | 775.00 | 812.50 | 564.17 | -4.62 | 37.37 | Hurulla | - | - | 691.67 | 824.55 | - | - |
| Red Dhal | 250.00 - 260.00 | 253.50 | 263.75 | 272.50 | -3.89 | -6.97 | Balaya | 650.00 - 750.00 | 700.00 | 591.67 | 849.17 | 18.31 | -17.57 |
| Vegetable | | | | | | | Kelawalla | 900.00 - 2000.00 | 1457.14 | 1280.00 | 1268.00 | 13.84 | 14.92 |
| Beans (Butter) | - | - | - | - | - | - | Thora | 2000.00 - 3000.00 | 2414.29 | 2840.00 | 2175.00 | -14.99 | 11.00 |
| Beans(Green) | 500.00 - 1000.00 | 740.00 | 735.00 | 400.00 | 0.68 | 85.00 | Paraw | 1300.00 - 1500.00 | 1400.00 | 1360.00 | 1423.33 | 2.94 | -1.64 |
| Carrot | 160.00 - 200.00 | 185.45 | 176.36 | 155.00 | 5.15 | 19.65 | Mora | 1100.00 - 1400.00 | 1258.33 | 1183.33 | 1202.50 | 6.34 | 4.64 |
| Leeks | 200.00 - 300.00 | 255.56 | 213.00 | 288.00 | 19.98 | -11.27 | Shrimps | 1450.00 - 1600.00 | 1528.57 | 1500.00 | 1923.33 | 1.90 | -20.52 |
| Beetroot | 450.00 - 600.00 | 513.75 | 445.56 | 335.83 | 15.31 | 52.98 | Thalapath | 2000.00 - 2500.00 | 2271.43 | 2316.67 | 2050.00 | -1.95 | 10.80 |
| Knolkhol | 300.00 - 350.00 | 330.00 | 300.00 | 286.00 | 10.00 | 15.38 | Eggs | | | | | | |
| Raddish | 160.00 - 200.00 | 180.00 | 180.00 | 157.00 | 0.00 | 14.65 | Brown | 41.00 - 43.00 | 42.00 | 45.00 | 36.25 | -6.67 | 15.86 |
| Cabbage | 200.00 - 300.00 | 258.33 | 182.73 | 219.00 | 41.38 | 17.96 | White | 40.00 - 42.00 | 40.67 | 43.29 | 33.56 | -6.05 | 21.17 |
| Tomato | 500.00 - 650.00 | 575.00 | 355.00 | 406.00 | 61.97 | 41.63 | Dried Fish | | | | | | |
| Ladies Fingers | 80.00 - 200.00 | 130.91 | 224.44 | 128.00 | -41.67 | 2.27 | Sprats | 1200.00 - 1650.00 | 1383.33 | 1300.00 | 1020.83 | 6.41 | 35.51 |
| Brinjal | 400.00 - 500.00 | 455.00 | 426.00 | 276.00 | 6.81 | 64.86 | Sprats (Imported) | 850.00 - 1050.00 | 916.25 | 850.00 | 730.00 | 7.79 | 25.51 |
| Capsicum | 900.00 - 1300.00 | 1100.00 | 905.00 | 575.00 | 21.55 | 91.30 | Kattawa | 1650.00 - 2100.00 | 1908.33 | 1666.67 | 1175.83 | 14.50 | 62.30 |
| Pumpkin | 70.00 - 120.00 | 93.64 | 86.36 | 126.00 | 8.42 | -25.69 | Kattawa (Imported) | 1550.00 - 1750.00 | 1680.00 | 1666.67 | 1175.83 | 0.80 | 42.88 |
| Cucumber | 80.00 - 150.00 | 112.00 | 140.00 | 114.00 | -20.00 | -1.75 | Thora | 3000.00 - 3500.00 | 3233.33 | 2600.00 | - | 24.36 | - |
| Bitter Gourd | 680.00 - 750.00 | 711.00 | 725.00 | 612.00 | -1.93 | 16.18 | Thora (Imported) | 2400.00 - 2700.00 | 2550.00 | 2250.00 | - | 13.33 | - |
| Snake Gourd | 300.00 - 450.00 | 380.00 | 431.00 | 303.00 | -11.83 | 25.41 | Mora | 2450.00 - 2500.00 | 2480.00 | 2516.67 | 1847.50 | -1.46 | 34.24 |
| Drumstick | - | - | - | - | - | - | Mora (Imported) | 2200.00 - 2300.00 | 2230.00 | 1450.00 | 956.67 | 53.79 | 133.10 |
| Luffa | 500.00 - 550.00 | 520.00 | 626.00 | 323.00 | -16.93 | 60.99 | Balaya | 1050.00 - 1350.00 | 1250.00 | 1450.00 | 956.67 | -13.79 | 30.66 |
| Long Beans | 250.00 - 500.00 | 385.00 | 545.00 | 300.00 | -29.36 | 28.33 | Balaya (Imported) | 900.00 - 1000.00 | 936.67 | 1766.67 | - | -46.98 | - |
| Ash Plantain | 120.00 - 200.00 | 156.67 | 133.33 | 161.00 | 17.50 | -2.69 | Anguluwa | 1200.00 - 2100.00 | 1671.43 | 1500.00 | 1173.08 | 11.43 | 42.48 |
| Green Chillies | 750.00 - 900.00 | 845.00 | 761.11 | 950.00 | 11.02 | -11.05 | Anguluwa (Imported) | 1650.00 - 2800.00 | 2225.00 | 1775.00 | 1479.17 | 25.35 | 50.42 |
| Lime | 200.00 - 350.00 | 280.00 | 330.00 | 325.00 | -15.15 | -13.85 | Maduwa | 1100.00 - 1500.00 | 1350.00 | 1500.00 | 1173.08 | -10.00 | 15.08 |
| Root Crops | | | | | | | Maduwa (Imported) | - | - | - | - | - | - |
| Sweet Potato | 200.00 - 220.00 | 210.00 | 206.36 | 116.00 | 1.76 | 81.03 | Koduwa | - | - | 666.67 | 673.33 | - | - |
| Manioc | 80.00 - 120.00 | 104.00 | 106.67 | 100.00 | -2.50 | 4.00 | Koduwa (Imported) | - | - | - | - | - | - |
| Leafy Vegetable | | | | | | | Salaya | 550.00 - 650.00 | 600.00 | 666.67 | 673.33 | -10.00 | -10.89 |
| Mukunuwenna | 50.00 - 60.00 | 54.00 | 60.00 | 56.50 | -10.00 | -4.42 | Salaya (Imported) | - | - | - | - | - | - |
| Kankun | 50.00 - 60.00 | 54.00 | 60.00 | 56.50 | -10.00 | -4.42 | | | | | | | |
| Gotukola (Rs/kg) | 340.00 - 400.00 | 365.00 | 425.00 | 349.00 | -14.12 | 4.58 | | | | | | | |

This Week: Week 51: 19 - 25 Dec 2025
 Last Week: Week 50: 12 - 18 Dec 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 51: 19 - 25 Dec 2025

| COMMODITY | Range | Average Price | | | Change Compared to | | COMMODITY | Range | Average Price | | | Change Compared to | |
|-----------------------------------|-------------------|---------------|-----------|-----------|--------------------|---------------|--------------------------|-------------------|---------------|-----------|-----------|--------------------|---------------|
| | | This Week | Last Week | Last Year | Last Week | Last Year (%) | | | This Week | Last Week | Last Year | Last Week | Last Year (%) |
| Rice | | | | | | | | | | | | | |
| Local | | | | | | | | | | | | | |
| Samba 1 | 260.00 - 280.00 | 268.10 | 270.00 | 256.06 | -1.90 | 4.70 | Large | 190.00 - 205.00 | 196.58 | 197.35 | 179.26 | -0.77 | 9.66 |
| Samba 2 | - | - | - | - | - | - | Small | 160.00 - 190.00 | 180.94 | 182.06 | 155.71 | -1.12 | 16.20 |
| Keeri Samba | 330.00 - 360.00 | 346.00 | 337.14 | 266.13 | 8.86 | 30.01 | Fruits (Rs/fruit) | | | | | | |
| Nadu 1 | 230.00 - 240.00 | 235.65 | 235.00 | 251.61 | 0.65 | -6.34 | Plantain | | | | | | |
| Nadu 2 | - | - | - | - | - | - | Ambul (Rs/kg) | 140.00 - 220.00 | 186.96 | 182.22 | 167.56 | 4.73 | 11.58 |
| Raw (Red) | 220.00 - 225.00 | 220.45 | 218.18 | 246.13 | 2.27 | -10.43 | Kolikuttu (Rs/kg) | 250.00 - 360.00 | 307.08 | 294.09 | 313.02 | 12.99 | -1.90 |
| Raw (White) | 220.00 - 225.00 | 220.42 | 218.80 | 245.69 | 1.62 | -10.29 | Seeni (Rs/kg) | 140.00 - 220.00 | 177.20 | 180.00 | 198.18 | -2.80 | -10.59 |
| Imported | | | | | | | | | | | | | |
| Samba | 250.00 - 260.00 | 254.71 | 254.71 | 298.33 | 0.00 | -14.62 | Anamalu | 36.00 - 50.00 | 44.67 | 43.75 | 42.27 | 0.92 | 5.68 |
| Nadu | - | - | - | - | - | - | Ambun | 40.00 - 70.00 | 62.92 | 62.40 | 62.84 | 0.52 | 0.13 |
| Raw (Red) | - | - | - | - | - | - | Papaw(Rs/kg) | 230.00 - 350.00 | 302.50 | 292.38 | 296.32 | 10.12 | 2.09 |
| Raw (White) | - | - | - | - | - | - | Passion Fruit | 35.00 - 60.00 | 53.82 | 52.63 | 60.19 | 1.19 | -10.58 |
| Dried Chillies | | | | | | | | | | | | | |
| Imported | 900.00 - 1200.00 | 1097.50 | 1119.05 | 931.94 | -21.55 | 17.76 | Pineapple Large | 390.00 - 500.00 | 426.11 | 411.74 | 560.91 | 14.37 | -24.03 |
| Onion | | | | | | | | | | | | | |
| Sinnan | - | - | - | - | - | - | Pineapple Medium | 300.00 - 380.00 | 332.11 | 326.84 | 433.64 | 5.26 | -23.41 |
| Vedalan | - | - | - | - | - | - | Pineapple Small | 240.00 - 280.00 | 260.95 | 252.63 | 346.97 | 8.32 | -24.79 |
| Imported | 400.00 - 500.00 | 466.96 | 459.17 | 480.68 | 7.79 | -2.86 | Mango | | | | | | |
| Big Onion | | | | | | | | | | | | | |
| Imported | 200.00 - 260.00 | 236.25 | 239.13 | 312.20 | -2.88 | -24.33 | Betti | - | - | - | - | - | - |
| Local | 250.00 - 300.00 | 282.73 | 285.00 | - | -2.27 | - | Karthakolomban | 80.00 - 135.00 | 108.58 | 113.20 | 171.82 | -4.62 | -36.81 |
| Potato | | | | | | | | | | | | | |
| Welimada | - | - | - | 375.45 | - | - | Vilad | 40.00 - 60.00 | 50.00 | 54.29 | 93.00 | -4.29 | -46.24 |
| N'Eliya | 420.00 - 460.00 | 446.92 | 452.27 | 428.97 | -5.35 | 4.19 | Kohu | - | - | - | - | - | - |
| Imported | 200.00 - 260.00 | 242.00 | 247.20 | 298.30 | -5.20 | -18.87 | Other | | | | | | |
| Pulses | | | | | | | | | | | | | |
| Green Gram | 750.00 - 1000.00 | 935.24 | 933.33 | 850.28 | 1.90 | 9.99 | Wood Apple | 60.00 - 120.00 | 87.65 | 89.44 | 63.09 | -1.80 | 38.93 |
| Cowpea (White) | 1000.00 - 1200.00 | 1152.94 | 1136.84 | 852.50 | 16.10 | 35.24 | Orange | 100.00 - 200.00 | 145.71 | 144.15 | 193.33 | 1.56 | -24.63 |
| Cowpea (Red) | 1000.00 - 1200.00 | 1129.41 | 1131.58 | 856.13 | -2.17 | 31.92 | Avocado | 500.00 - 670.00 | 596.67 | 656.50 | 535.00 | -59.83 | 11.53 |
| Red Dhal | 270.00 - 320.00 | 292.73 | 294.58 | 309.77 | -1.86 | -5.50 | Slime Apple | 80.00 - 120.00 | 98.89 | 97.69 | 105.60 | 1.20 | -6.36 |
| Vegetable | | | | | | | | | | | | | |
| Beans (Butter) | - | - | - | - | - | - | Grapes (Imp., Rs/kg) | 1600.00 - 2500.00 | 2037.50 | 2014.29 | 1988.00 | 23.21 | 2.49 |
| Beans(Green) | 600.00 - 1000.00 | 867.83 | 982.73 | 525.45 | -114.90 | 65.16 | King Coconut | 140.00 - 200.00 | 163.75 | 176.88 | 181.07 | -13.13 | -9.57 |
| Carrot | 240.00 - 480.00 | 385.42 | 383.18 | 285.48 | 2.23 | 35.00 | Sea Fish | | | | | | |
| Leeks | 260.00 - 560.00 | 450.80 | 445.56 | 396.07 | 5.24 | 13.82 | Salaya | 300.00 - 800.00 | 551.33 | 564.00 | 430.00 | -12.67 | 28.22 |
| Beetroot | 500.00 - 1000.00 | 734.50 | 631.05 | 452.90 | 103.45 | 62.18 | Hurulla | 1100.00 - 1300.00 | 1200.00 | 1004.62 | 1033.33 | 195.38 | 16.13 |
| Knolkhol | 600.00 - 600.00 | 600.00 | 571.43 | 462.17 | 28.57 | 29.82 | Balaya | 800.00 - 1200.00 | 1043.00 | 1014.29 | 997.06 | 28.71 | 4.61 |
| Raddish | 280.00 - 480.00 | 436.19 | 436.11 | 305.00 | 0.08 | 43.01 | Kelawalla | 2000.00 - 3400.00 | 2678.57 | 2600.00 | 1876.67 | 78.57 | 42.73 |
| Cabbage | 320.00 - 480.00 | 406.09 | 375.00 | 365.00 | 31.09 | 11.26 | Thora | 2500.00 - 4900.00 | 3409.09 | 3618.18 | 2973.68 | -209.09 | 14.64 |
| Tomato | 560.00 - 1000.00 | 780.80 | 530.48 | 515.67 | 250.32 | 51.42 | Paraw | 1500.00 - 2800.00 | 2084.00 | 2192.31 | 1976.19 | -108.31 | 5.46 |
| Ladies Fingers | 260.00 - 480.00 | 356.25 | 433.33 | 294.55 | -77.08 | 20.95 | Mora | 1500.00 - 1800.00 | 1625.00 | 1666.67 | - | -41.67 | - |
| Brinjal | 550.00 - 800.00 | 683.85 | 673.00 | 389.69 | 10.85 | 75.49 | Shrimps | 1700.00 - 2000.00 | 1912.50 | 1908.33 | 2139.47 | 4.17 | -10.61 |
| Capsicum | 1100.00 - 1600.00 | 1375.00 | 1186.11 | 885.33 | 188.89 | 55.31 | Thalpath | 2500.00 - 3400.00 | 2986.67 | 2928.57 | 2761.90 | 58.10 | 8.14 |
| Pumpkin | 150.00 - 320.00 | 252.69 | 250.00 | 225.45 | 2.69 | 12.08 | Eggs | | | | | | |
| Cucumber | 220.00 - 320.00 | 278.26 | 282.73 | 250.00 | -4.47 | 11.30 | Brown | 42.00 - 47.00 | 43.71 | 46.86 | 38.55 | -3.14 | 13.40 |
| Bitter Gourd | 800.00 - 1200.00 | 959.17 | 968.75 | 830.33 | -9.58 | 15.52 | White | 41.00 - 44.00 | 42.07 | 44.76 | 37.60 | -2.70 | 11.88 |
| Snake Gourd | 450.00 - 800.00 | 612.73 | 690.00 | 433.08 | -77.27 | 41.48 | Dried Fish | | | | | | |
| Drumstick | - | - | - | 1022.22 | - | - | Sprats | 1400.00 - 2000.00 | 1846.15 | 1923.08 | 1750.00 | -76.92 | 5.49 |
| Luffa | 560.00 - 800.00 | 710.53 | 861.25 | 440.33 | -150.72 | 61.36 | Sprats (Imported) | 1200.00 - 1500.00 | 1338.89 | 1300.00 | 1303.70 | 38.89 | 2.70 |
| Long Beans | 520.00 - 800.00 | 653.50 | 738.75 | 437.39 | -85.25 | 49.41 | Kattawa | 2400.00 - 2600.00 | 2470.59 | 2440.00 | 1985.71 | 30.59 | 24.42 |
| Ash Plantain | 240.00 - 400.00 | 309.20 | 296.32 | 250.69 | 12.88 | 23.34 | Thora | - | - | - | - | - | - |
| Green Chillies | 1200.00 - 1600.00 | 1408.00 | 1282.50 | 1055.00 | 125.50 | 33.46 | Mora | 2500.00 - 3200.00 | 2908.33 | 2820.00 | 2490.00 | 88.33 | 16.80 |
| Lime | 400.00 - 800.00 | 625.60 | 810.53 | 645.16 | -184.93 | -3.03 | Balaya | 1400.00 - 2600.00 | 2014.29 | 1857.14 | 1740.00 | 157.14 | 15.76 |
| Root Crops | | | | | | | | | | | | | |
| Sweet Potato | 280.00 - 450.00 | 363.50 | 362.78 | 246.79 | 0.72 | 47.29 | Anguluwa | 2400.00 - 3000.00 | 2650.00 | 2657.14 | 2255.56 | -7.14 | 17.49 |
| Manioc | 150.00 - 240.00 | 205.00 | 210.91 | 192.96 | -5.91 | 6.24 | Maduwa | 1600.00 - 2000.00 | 1740.00 | 1766.67 | 1444.44 | -26.67 | 20.46 |
| Leafy Vegetable(Rs/bundle) | | | | | | | | | | | | | |
| Mukunuwenna | 60.00 - 100.00 | 80.00 | 83.33 | 80.50 | -3.33 | -0.62 | Koduwa | - | - | - | - | - | - |
| Kankun | 60.00 - 100.00 | 80.29 | 83.33 | 79.00 | -3.04 | 1.64 | Salaya | 800.00 - 1200.00 | 980.00 | 1027.27 | 1055.56 | -47.27 | -7.16 |
| Gotukola | 160.00 - 350.00 | 288.82 | 298.67 | 178.89 | -9.84 | 61.45 | Meat | | | | | | |
| Meat | | | | | | | | | | | | | |
| Beef (without Bones) | | | | | | | | | | | | | |
| Chicken (Broiler) | | | | | | | | | | | | | |
| Chicken (Curry) | | | | | | | | | | | | | |
| Mutton | | | | | | | | | | | | | |
| Pork | | | | | | | | | | | | | |

This Week: Week 51: 19 - 25 Dec 2025
 Last Week: Week 50: 12 - 18 Dec 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 51: 19 - 25 Dec 2025

| COMMODITY | Range | Average Price | COMMODITY | Range | Average Price | COMMODITY | Range | Average Price |
|---------------------------|-----------------|---------------|--------------------------------------|------------------|---------------|---------------------------|-----------------|---------------|
| <u>Paddy</u> | | | <u>Vegetable (Up Country)</u> | | | <u>Snake Gourd</u> | | |
| Short Grain | | | Beans | | | Dambulla | 290.00 - 320.00 | 303.33 |
| A'pura | 142.00 - 145.00 | 143.20 | Dambulla | 480.00 - 520.00 | 497.50 | Hambantota | - | |
| P'naruwa | - | | Welimada | 680.00 - 700.00 | 691.00 | Embilipitiya | 420.00 - 440.00 | 427.50 |
| Kalawewa | 140.00 - 145.00 | 142.80 | Badulla | 700.00 - 750.00 | 726.67 | Matara | - | |
| Kurunegala | 138.00 - 144.00 | 141.00 | Carrot | | | A'pura | 420.00 - 440.00 | 428.00 |
| Dehiattakandiya | 135.00 - 140.00 | 136.67 | N'Eliya | 180.00 - 200.00 | 188.00 | Luffa | | |
| Nikaweratiya | 140.00 - 145.00 | 142.60 | Welimada | 120.00 - 130.00 | 124.00 | Dambulla | 350.00 - 380.00 | 363.33 |
| Ampara | 140.00 - 145.00 | 142.50 | Hanguranketha | 180.00 - 190.00 | 185.00 | Hambantota | - | |
| Long Grain (White) | | | Leeks | | | Embilipitiya | 420.00 - 450.00 | 435.00 |
| A'pura | 128.00 - 130.00 | 128.80 | N'Eliya | 175.00 - 190.00 | 181.00 | Matara | - | |
| P'naruwa | - | | Welimada | 145.00 - 155.00 | 149.00 | A'pura | 400.00 - 420.00 | 408.00 |
| Kalawewa | 127.00 - 130.00 | 129.00 | Beetroot | | | Green Chillies | | |
| Kurunegala | 124.00 - 128.00 | 126.33 | N'Eliya | 350.00 - 365.00 | 358.00 | Dambulla | 680.00 - 750.00 | 702.00 |
| Dehiattakandiya | 128.00 - 130.00 | 129.33 | Dambulla | - | | Hambantota | - | |
| Embilipitiya | - | | Kurunegala | - | | Embilipitiya | 650.00 - 700.00 | 675.00 |
| Nikaweratiya | 125.00 - 130.00 | 127.20 | Welimada | 420.00 - 430.00 | 425.00 | Puttalam | 760.00 - 760.00 | 760.00 |
| Hambantota | - | | Hanguranketha | - | | A'pura | 900.00 - 950.00 | 920.00 |
| Ampara | 124.00 - 127.00 | 125.00 | Knol Khol | | | Pumpkin | | |
| Long Grain (Red) | | | N'Eliya | 320.00 - 335.00 | 326.00 | Dambulla | 76.00 - 90.00 | 83.20 |
| Matara | 130.00 - 135.00 | 131.67 | Welimada | 330.00 - 345.00 | 338.00 | Hambantota | - | |
| Hambantota | - | | Hanguranketha | - | | Embilipitiya | 70.00 - 80.00 | 73.75 |
| Embilipitiya | 125.00 - 126.00 | 125.50 | Raddish | | | Matara | 50.00 - 60.00 | 55.00 |
| Keeri Samba | | | N'Eliya | 140.00 - 150.00 | 147.00 | A'pura | 70.00 - 90.00 | 78.00 |
| A'pura | 160.00 - 165.00 | 162.00 | Welimada | 75.00 - 85.00 | 79.00 | Moneragala | 60.00 - 80.00 | 68.00 |
| P'naruwa | - | | Hambantota | - | | Cucumber | | |
| Kalawewa | 160.00 - 165.00 | 163.40 | Hanguranketha | 70.00 - 80.00 | 75.00 | A'pura | 80.00 - 100.00 | 88.00 |
| Kurunegala | 159.00 - 165.00 | 161.50 | Cabbage | | | Dambulla | 62.00 - 86.00 | 75.80 |
| Dehiattakandiya | 165.00 - 168.00 | 167.00 | N'Eliya | 215.00 - 225.00 | 219.00 | Hambantota | - | |
| Red Onion | | | Welimada | 130.00 - 145.00 | 138.00 | Matara | 100.00 - 110.00 | 105.00 |
| Puttalam | - | | Badulla | 190.00 - 210.00 | 200.00 | Long Beans | | |
| Jaffna | 170.00 - 190.00 | 182.00 | Hanguranketha | 180.00 - 190.00 | 185.00 | Dambulla | 340.00 - 400.00 | 365.00 |
| Big Onion | | | Tomato | | | Hambantota | - | |
| Dambulla | 220.00 - 240.00 | 228.00 | Welimada | 520.00 - 540.00 | 529.00 | Embilipitiya | 250.00 - 280.00 | 265.00 |
| Kalawewa | - | | Hambantota | - | | Matara | 300.00 - 330.00 | 316.67 |
| A'pura | - | | Dambulla | 480.00 - 500.00 | 494.00 | A'pura | 500.00 - 520.00 | 508.00 |
| Potato | | | Hanguranketha | 450.00 - 500.00 | 473.33 | Ash Plantain | | |
| N'Eliya | 250.00 - 265.00 | 256.00 | Vegetable (Low Country) | | | Hambantota | - | |
| Badulla | 230.00 - 260.00 | 246.67 | Ladies Fingers | | | Embilipitiya | 90.00 - 110.00 | 100.00 |
| Welimada | 220.00 - 225.00 | 222.00 | A'pura | 200.00 - 220.00 | 208.00 | Matara | 75.00 - 85.00 | 80.00 |
| Pulses | | | Dambulla | 100.00 - 125.00 | 115.00 | Lime | | |
| Green Gram | | | Hambantota | - | | Hambantota | - | |
| Hambantota | - | | Embilipitiya | 200.00 - 220.00 | 207.50 | Embilipitiya | 240.00 - 260.00 | 250.00 |
| Moneragala | 450.00 - 480.00 | 462.00 | Matara | 140.00 - 160.00 | 150.00 | Moneragala | 200.00 - 220.00 | 208.00 |
| Embilipitiya | 420.00 - 430.00 | 425.00 | Brinjal | | | Fruits (Rs/kg) | | |
| Nikaweratiya | 420.00 - 450.00 | 435.00 | A'pura | 600.00 - 640.00 | 616.00 | Banana | | |
| A'pura | 450.00 - 480.00 | 462.00 | Dambulla | 490.00 - 540.00 | 510.00 | Ambul | | |
| Cowpea | | | Hambantota | - | | Moneragala | 50.00 - 60.00 | 54.00 |
| Hambantota | - | | Embilipitiya | 300.00 - 320.00 | 312.50 | Embilipitiya | 50.00 - 70.00 | 62.00 |
| Nikaweratiya | 500.00 - 540.00 | 522.50 | Matara | 300.00 - 350.00 | 330.00 | Hambantota | - | |
| Moneragala | - | | Welimada | 385.00 - 425.00 | 405.00 | Kolikuttu | | |
| Embilipitiya | 750.00 - 760.00 | 755.00 | Capsicum | | | Moneragala | 160.00 - 180.00 | 168.00 |
| Maize | | | Badulla | 970.00 - 1060.00 | 1020.00 | Embilipitiya | 140.00 - 170.00 | 154.00 |
| A'pura | - | | Welimada | 900.00 - 950.00 | 925.00 | Hambantota | - | |
| Kalawewa | 175.00 - 180.00 | 178.33 | Bitter Gourd | | | Papaw | | |
| Gingelly | | | A'pura | 700.00 - 750.00 | 720.00 | Moneragala | 70.00 - 80.00 | 74.00 |
| A'pura | - | | Dambulla | 670.00 - 700.00 | 686.67 | Embilipitiya | 140.00 - 150.00 | 146.25 |
| Kalawewa | - | | Hambantota | - | | Hambantota | - | |
| Black Gram | | | Embilipitiya | 660.00 - 680.00 | 670.00 | Pineapple | | |
| A'pura | - | | Matara | 520.00 - 550.00 | 533.33 | Divulapitiya | - | |
| Kalawewa | - | | | | | | | |

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

Week 51: 19 - 25 Dec 2025

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| CROP | PELIYAGODA | MAHARAGAMA | KIRULAPONE | NUGEGODA | NARAHENPITA | DEMATAGODA | THOTALANGA | KADAWATHA | KIRIBATHGODA |
|------------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <u>Rice</u> | | | | | | | | | |
| Local | | | | | | | | | |
| Samba 1 | 260.00 - 270.00 | 280.00 - 280.00 | 260.00 - 270.00 | 260.00 - 270.00 | 260.00 - 270.00 | 260.00 - 260.00 | 260.00 - 280.00 | 260.00 - 270.00 | 260.00 - 270.00 |
| Samba 2 | - | - | - | - | - | - | - | - | - |
| Keeri Samba | 340.00 - 360.00 | 340.00 - 340.00 | 340.00 - 360.00 | 350.00 - 360.00 | 350.00 - 360.00 | 330.00 - 330.00 | 330.00 - 340.00 | 350.00 - 350.00 | 340.00 - 340.00 |
| Nadu 1 | 230.00 - 230.00 | 230.00 - 240.00 | 230.00 - 240.00 | 230.00 - 240.00 | 230.00 - 240.00 | 230.00 - 230.00 | 230.00 - 240.00 | 230.00 - 240.00 | 230.00 - 240.00 |
| Nadu 2 | - | - | - | - | - | - | - | - | - |
| Raw (Red) | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 225.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 225.00 |
| Raw (White) | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 225.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 225.00 |
| Imported | | | | | | | | | |
| Samba | 250.00 - 260.00 | - | 250.00 - 260.00 | 250.00 - 260.00 | 250.00 - 260.00 | - | 250.00 - 260.00 | 260.00 - 260.00 | 250.00 - 260.00 |
| Nadu | - | - | - | - | - | - | - | - | - |
| Raw (Red) | - | - | - | - | - | - | - | - | - |
| Raw (White) | - | - | - | - | - | - | - | - | - |
| <u>Dried Chillies</u> | | | | | | | | | |
| Imported | 900.00 - 1000.00 | 1200.00 - 1200.00 | 1000.00 - 1200.00 | 1000.00 - 1200.00 | 1200.00 - 1200.00 | 1000.00 - 1000.00 | 1100.00 - 1200.00 | 1000.00 - 1100.00 | 1100.00 - 1200.00 |
| <u>Red Onion</u> | | | | | | | | | |
| Sinnan | - | - | - | - | - | - | - | - | - |
| Vedalan | - | - | - | - | - | - | - | - | - |
| Imported | 400.00 - 420.00 | 480.00 - 500.00 | 480.00 - 500.00 | 460.00 - 480.00 | 480.00 - 500.00 | 400.00 - 440.00 | 480.00 - 500.00 | 480.00 - 500.00 | 460.00 - 480.00 |
| <u>Big Onion</u> | | | | | | | | | |
| Imported | 200.00 - 220.00 | 240.00 - 260.00 | 220.00 - 240.00 | 240.00 - 260.00 | 240.00 - 260.00 | 220.00 - 240.00 | 240.00 - 260.00 | 260.00 - 260.00 | 240.00 - 260.00 |
| Local | 250.00 - 260.00 | - | - | - | 280.00 - 300.00 | - | 280.00 - 300.00 | 280.00 - 300.00 | 280.00 - 300.00 |
| <u>Potato</u> | | | | | | | | | |
| Welimada | - | - | - | - | - | - | - | - | - |
| N'Eliya | 420.00 - 450.00 | - | 440.00 - 460.00 | 440.00 - 460.00 | 440.00 - 450.00 | - | - | 440.00 - 460.00 | 440.00 - 460.00 |
| Imported | 200.00 - 220.00 | 260.00 - 260.00 | 240.00 - 260.00 | 220.00 - 240.00 | 240.00 - 260.00 | 240.00 - 260.00 | - | 240.00 - 260.00 | 240.00 - 260.00 |
| <u>Pulses</u> | | | | | | | | | |
| Green Gram | 750.00 - 800.00 | 1000.00 - 1000.00 | 900.00 - 1000.00 | 800.00 - 1000.00 | 800.00 - 950.00 | 800.00 - 800.00 | 960.00 - 1000.00 | 980.00 - 1000.00 | 1000.00 - 1000.00 |
| Cowpea (White) | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1000.00 - 1000.00 | 1200.00 - 1200.00 | 1000.00 - 1000.00 | 1200.00 - 1200.00 |
| Cowpea (Red) | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 1100.00 - 1200.00 | 1200.00 - 1200.00 | 1100.00 - 1200.00 | 1000.00 - 1000.00 | 1200.00 - 1200.00 | 1000.00 - 1000.00 | 1200.00 - 1200.00 |
| Red Dhal | 270.00 - 280.00 | 300.00 - 300.00 | 300.00 - 320.00 | 280.00 - 300.00 | 280.00 - 320.00 | 300.00 - 300.00 | 280.00 - 300.00 | 280.00 - 300.00 | 290.00 - 300.00 |

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 51: 19 - 25 Dec 2025

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| CROP | PELIYAGODA | MAHARAGAMA | KIRULAPONE | NUGEGODA | NARAHENPITA | DEMATAGODA | THOTALANGA | KADAWATHA | KIRIBATHGODA |
|-------------------------------|-------------------|-------------------|-------------------|-------------------|--------------------|-------------------|-------------------|-------------------|---------------------|
| <i>Vegetable</i> | | | | | | | | | |
| Beans | 700.00 - 800.00 | 960.00 - 1000.00 | 800.00 - 950.00 | 900.00 - 1000.00 | 900.00 - 1000.00 | 900.00 - 900.00 | 600.00 - 700.00 | 800.00 - 800.00 | 800.00 - 800.00 |
| Carrot | 240.00 - 280.00 | 320.00 - 480.00 | 400.00 - 420.00 | 450.00 - 480.00 | 360.00 - 400.00 | 240.00 - 280.00 | 280.00 - 320.00 | 400.00 - 480.00 | 480.00 - 480.00 |
| Leeks | 260.00 - 300.00 | 480.00 - 560.00 | 350.00 - 400.00 | 450.00 - 480.00 | 350.00 - 360.00 | 400.00 - 400.00 | 360.00 - 400.00 | 480.00 - 520.00 | 560.00 - 560.00 |
| Beetroot | 500.00 - 600.00 | 950.00 - 1000.00 | 650.00 - 750.00 | 850.00 - 1000.00 | 800.00 - 800.00 | - | 550.00 - 560.00 | - | 560.00 - 640.00 |
| Knolkhol | - | - | - | - | - | - | 600.00 - 600.00 | 600.00 - 600.00 | - |
| Raddish | 280.00 - 300.00 | 450.00 - 480.00 | 420.00 - 450.00 | 450.00 - 480.00 | 420.00 - 450.00 | 450.00 - 450.00 | 360.00 - 380.00 | 460.00 - 480.00 | 450.00 - 480.00 |
| Cabbage | 340.00 - 350.00 | 400.00 - 450.00 | 450.00 - 480.00 | 450.00 - 480.00 | 360.00 - 400.00 | 320.00 - 350.00 | 320.00 - 360.00 | 480.00 - 480.00 | 450.00 - 480.00 |
| Tomato | 700.00 - 800.00 | 960.00 - 1000.00 | 750.00 - 800.00 | 900.00 - 1000.00 | 800.00 - 900.00 | 600.00 - 600.00 | 560.00 - 600.00 | 600.00 - 650.00 | 800.00 - 800.00 |
| Ladies Fingers | 280.00 - 300.00 | 400.00 - 450.00 | 320.00 - 340.00 | 360.00 - 450.00 | 400.00 - 400.00 | 320.00 - 340.00 | 260.00 - 280.00 | 320.00 - 400.00 | 450.00 - 480.00 |
| Brinjal | 560.00 - 600.00 | 700.00 - 800.00 | 650.00 - 700.00 | 720.00 - 800.00 | 650.00 - 680.00 | 550.00 - 600.00 | 600.00 - 700.00 | 600.00 - 650.00 | 650.00 - 720.00 |
| Capsicum | 1400.00 - 1500.00 | 1500.00 - 1600.00 | 1200.00 - 1300.00 | 1200.00 - 1600.00 | - | 1500.00 - 1500.00 | 1200.00 - 1300.00 | 1200.00 - 1600.00 | 1100.00 - 1200.00 |
| Pumpkin | 160.00 - 180.00 | 240.00 - 280.00 | 240.00 - 260.00 | 280.00 - 320.00 | 240.00 - 250.00 | 240.00 - 320.00 | 150.00 - 160.00 | 240.00 - 280.00 | 240.00 - 260.00 |
| Cucumber | 220.00 - 250.00 | 320.00 - 320.00 | 320.00 - 320.00 | 320.00 - 320.00 | 300.00 - 320.00 | 280.00 - 320.00 | 230.00 - 240.00 | 280.00 - 300.00 | 280.00 - 320.00 |
| Bitter Gourd | 800.00 - 900.00 | 1100.00 - 1200.00 | 900.00 - 1000.00 | 1100.00 - 1200.00 | 900.00 - 1000.00 | 900.00 - 900.00 | 800.00 - 900.00 | 900.00 - 1000.00 | 900.00 - 1000.00 |
| Snake Gourd | 450.00 - 550.00 | 560.00 - 650.00 | 550.00 - 600.00 | 800.00 - 800.00 | 650.00 - 700.00 | 600.00 - 600.00 | 560.00 - 650.00 | 800.00 - 800.00 | 540.00 - 560.00 |
| Drumstick | - | - | - | - | - | - | - | - | - |
| Luffa | 600.00 - 700.00 | 800.00 - 800.00 | 750.00 - 800.00 | 800.00 - 800.00 | 700.00 - 800.00 | - | 560.00 - 600.00 | 800.00 - 800.00 | 600.00 - 640.00 |
| Long Beans | 550.00 - 600.00 | 750.00 - 800.00 | 520.00 - 520.00 | 750.00 - 800.00 | 600.00 - 650.00 | - | 550.00 - 560.00 | 650.00 - 700.00 | 600.00 - 640.00 |
| Ash Plantain | 250.00 - 260.00 | 350.00 - 400.00 | 320.00 - 340.00 | 320.00 - 320.00 | 280.00 - 300.00 | 340.00 - 400.00 | 240.00 - 260.00 | 320.00 - 340.00 | 280.00 - 300.00 |
| Green Chillies | 1200.00 - 1600.00 | 1200.00 - 1500.00 | 1200.00 - 1500.00 | 1500.00 - 1600.00 | 1500.00 - 1600.00 | 1200.00 - 1400.00 | 1200.00 - 1300.00 | 1200.00 - 1600.00 | 1600.00 - 1600.00 |
| Lime | 500.00 - 560.00 | 650.00 - 700.00 | 750.00 - 800.00 | 650.00 - 800.00 | 500.00 - 550.00 | 600.00 - 700.00 | 500.00 - 600.00 | 600.00 - 700.00 | 400.00 - 400.00 |
| <i>Root Crops</i> | | | | | | | | | |
| Sweet Potato | 280.00 - 300.00 | 400.00 - 450.00 | 400.00 - 450.00 | 320.00 - 340.00 | 300.00 - 340.00 | 320.00 - 320.00 | 280.00 - 300.00 | 400.00 - 450.00 | 300.00 - 320.00 |
| Manioc | 150.00 - 160.00 | 200.00 - 220.00 | 200.00 - 240.00 | 220.00 - 240.00 | 200.00 - 220.00 | 220.00 - 240.00 | 160.00 - 180.00 | 200.00 - 240.00 | 220.00 - 240.00 |
| <i>Leafy Vegetable</i> | | | | | | | | | |
| Mukunuwenna | 60.00 - 60.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 80.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 100.00 | 100.00 - 100.00 | 100.00 - 100.00 |
| Kankun | 60.00 - 65.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 80.00 | 70.00 - 80.00 | 70.00 - 80.00 | 80.00 - 100.00 | 100.00 - 100.00 | 100.00 - 100.00 |
| Gotukola | 160.00 - 180.00 | 320.00 - 350.00 | 320.00 - 340.00 | 320.00 - 340.00 | 280.00 - 320.00 | 240.00 - 260.00 | 280.00 - 320.00 | 280.00 - 320.00 | 280.00 - 280.00 |
| <i>Coconut</i> | | | | | | | | | |
| Large | 190.00 - 195.00 | 195.00 - 200.00 | 195.00 - 200.00 | 195.00 - 200.00 | 200.00 - 205.00 | 195.00 - 200.00 | 195.00 - 200.00 | 190.00 - 200.00 | 200.00 - 200.00 |
| Small | 160.00 - 170.00 | 190.00 - 190.00 | 190.00 - 190.00 | 190.00 - 190.00 | 190.00 - 190.00 | 180.00 - 185.00 | 190.00 - 190.00 | 160.00 - 170.00 | 190.00 - 190.00 |

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 51: 19 - 25 Dec 2025

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| CROP | PELIYAGODA | MAHARAGAMA | KIRULAPONE | NUGEGODA | NARAHENPITA | DEMATAGODA | THOTALANGA | KADAWATHA | KIRIBATHGODA |
|----------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <i>Plantain</i> | | | | | | | | | |
| Ambul (Rs/Kg) | 180.00 - 200.00 | 200.00 - 220.00 | 200.00 - 220.00 | 180.00 - 220.00 | 200.00 - 200.00 | 150.00 - 200.00 | 140.00 - 160.00 | 160.00 - 180.00 | 150.00 - 160.00 |
| Kolikuttu (Rs/Kg) | 300.00 - 320.00 | 320.00 - 360.00 | 350.00 - 350.00 | 250.00 - 300.00 | 300.00 - 300.00 | 350.00 - 360.00 | 300.00 - 300.00 | 280.00 - 320.00 | 250.00 - 300.00 |
| Seeni (Rs/Kg) | 150.00 - 200.00 | 200.00 - 220.00 | 200.00 - 220.00 | 180.00 - 200.00 | 200.00 - 200.00 | 150.00 - 200.00 | 140.00 - 180.00 | 170.00 - 180.00 | 150.00 - 170.00 |
| Anamalu | 40.00 - 46.00 | 50.00 - 50.00 | 50.00 - 50.00 | 43.00 - 50.00 | 46.00 - 50.00 | 38.00 - 43.00 | 36.00 - 38.00 | 40.00 - 43.00 | 36.00 - 38.00 |
| Ambun | 56.00 - 64.00 | 70.00 - 70.00 | 70.00 - 70.00 | 70.00 - 70.00 | 60.00 - 70.00 | 50.00 - 60.00 | 60.00 - 70.00 | 50.00 - 60.00 | 40.00 - 44.00 |
| <i>Pineapple</i> | | | | | | | | | |
| Large | 390.00 - 420.00 | 450.00 - 450.00 | 450.00 - 450.00 | 400.00 - 450.00 | 400.00 - 450.00 | 400.00 - 500.00 | 400.00 - 450.00 | 400.00 - 420.00 | 400.00 - 420.00 |
| Medium | 300.00 - 360.00 | 340.00 - 340.00 | 320.00 - 360.00 | 300.00 - 350.00 | 300.00 - 350.00 | 300.00 - 380.00 | 300.00 - 350.00 | 300.00 - 350.00 | 300.00 - 350.00 |
| Small | 250.00 - 280.00 | 270.00 - 270.00 | 250.00 - 280.00 | 240.00 - 280.00 | 240.00 - 280.00 | 240.00 - 280.00 | 240.00 - 250.00 | 240.00 - 250.00 | 240.00 - 250.00 |
| <i>Mango</i> | | | | | | | | | |
| Betti | - | - | - | - | - | - | - | - | - |
| Karthakolomban | 120.00 - 135.00 | 117.00 - 117.00 | 100.00 - 135.00 | 85.00 - 135.00 | 85.00 - 100.00 | 80.00 - 100.00 | 83.00 - 83.00 | 83.00 - 135.00 | 80.00 - 135.00 |
| Vilad | - | - | - | - | 40.00 - 50.00 | - | 50.00 - 60.00 | 40.00 - 50.00 | 60.00 - 60.00 |
| Kohu | - | - | - | - | - | - | - | - | - |
| <i>Other Fruits</i> | | | | | | | | | |
| Wood Apple | 60.00 - 70.00 | 120.00 - 120.00 | 120.00 - 120.00 | 120.00 - 120.00 | 100.00 - 120.00 | 120.00 - 120.00 | 60.00 - 60.00 | 80.00 - 80.00 | 80.00 - 100.00 |
| Orange | 120.00 - 135.00 | - | 200.00 - 200.00 | 170.00 - 170.00 | 150.00 - 170.00 | 135.00 - 135.00 | - | 100.00 - 135.00 | 100.00 - 135.00 |
| Avocado | 500.00 - 570.00 | - | 600.00 - 670.00 | - | 570.00 - 670.00 | - | - | - | - |
| Slime Apple | 80.00 - 100.00 | 100.00 - 100.00 | 120.00 - 120.00 | 100.00 - 120.00 | 90.00 - 100.00 | 90.00 - 90.00 | 80.00 - 80.00 | 80.00 - 80.00 | 80.00 - 100.00 |
| Grapes (Rs/Kg) | 1600.00 - 1700.00 | 2200.00 - 2200.00 | 2000.00 - 2000.00 | 2500.00 - 2500.00 | 1800.00 - 2000.00 | 2300.00 - 2300.00 | 2200.00 - 2200.00 | 2000.00 - 2000.00 | 1800.00 - 2000.00 |
| Papaw (Rs/Kg) | 230.00 - 300.00 | 350.00 - 350.00 | 350.00 - 350.00 | 300.00 - 350.00 | 300.00 - 330.00 | 300.00 - 350.00 | 300.00 - 300.00 | 300.00 - 320.00 | 250.00 - 280.00 |
| Passion | 35.00 - 40.00 | 60.00 - 60.00 | 60.00 - 60.00 | 60.00 - 60.00 | 50.00 - 50.00 | 60.00 - 60.00 | 50.00 - 50.00 | 60.00 - 60.00 | 40.00 - 50.00 |
| King Coconut | 150.00 - 180.00 | 160.00 - 180.00 | 200.00 - 200.00 | 160.00 - 180.00 | 150.00 - 150.00 | 200.00 - 200.00 | 140.00 - 150.00 | 150.00 - 150.00 | 150.00 - 150.00 |

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 51: 19 - 25 Dec 2025

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| CROP | PELIYAGODA | MAHARAGAMA | KIRULAPONE | NUGEGODA | NARAHENPITA | DEMATAGODA | THOTALANGA | KADAWATHA | KIRIBATHGODA |
|-----------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <i>Sea Fish</i> | | | | | | | | | |
| Salaya | 300.00 - 400.00 | 500.00 - 500.00 | 800.00 - 800.00 | 700.00 - 700.00 | 800.00 - 800.00 | 600.00 - 720.00 | 600.00 - 600.00 | 600.00 - 600.00 | 400.00 - 400.00 |
| Hurulla | - | - | - | - | 1100.00 - 1100.00 | - | 1200.00 - 1200.00 | 1200.00 - 1300.00 | - |
| Balaya | 800.00 - 900.00 | 1200.00 - 1200.00 | 1000.00 - 1000.00 | - | 880.00 - 880.00 | - | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 |
| Kelawalla | 2000.00 - 2300.00 | 3000.00 - 3000.00 | 2600.00 - 2800.00 | 3400.00 - 3400.00 | 3400.00 - 3400.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 | 2800.00 - 2800.00 | - |
| Thora | 2500.00 - 2700.00 | 3200.00 - 4000.00 | 4000.00 - 4000.00 | 3600.00 - 3600.00 | 4900.00 - 4900.00 | 3000.00 - 3000.00 | - | 3000.00 - 3000.00 | - |
| Paraw | 1500.00 - 1800.00 | 2400.00 - 2400.00 | 2000.00 - 2400.00 | 2800.00 - 2800.00 | 2760.00 - 2760.00 | 2400.00 - 2400.00 | 1600.00 - 1600.00 | 1800.00 - 1800.00 | 1500.00 - 1500.00 |
| Mora | 1500.00 - 1800.00 | - | - | - | - | - | 1600.00 - 1600.00 | - | - |
| Shrimps Small | 1700.00 - 2000.00 | - | - | - | - | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 1800.00 - 2000.00 | 2000.00 - 2000.00 |
| Talopath | 2500.00 - 2800.00 | 3200.00 - 3200.00 | 3200.00 - 3200.00 | 3000.00 - 3000.00 | 3400.00 - 3400.00 | 2800.00 - 3000.00 | 3000.00 - 3000.00 | 3000.00 - 3000.00 | 2800.00 - 2800.00 |
| <i>Eggs (Rs/egg)</i> | | | | | | | | | |
| Brown | 42.00 - 43.00 | 43.00 - 45.00 | 43.00 - 43.00 | 42.00 - 44.00 | 45.00 - 45.00 | 42.00 - 42.00 | 42.00 - 43.00 | - | 45.00 - 47.00 |
| White | 41.00 - 42.00 | 42.00 - 43.00 | 41.00 - 41.00 | 41.00 - 42.00 | 41.00 - 41.00 | 41.00 - 41.00 | 41.00 - 41.00 | 43.00 - 44.00 | 42.00 - 44.00 |
| <i>Dried Fish</i> | | | | | | | | | |
| Sprats | 1400.00 - 1600.00 | 1800.00 - 1800.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 1600.00 - 1600.00 | 1600.00 - 1600.00 | - | - | 2000.00 - 2000.00 |
| Kattawa | 2400.00 - 2400.00 | 2600.00 - 2600.00 | 2400.00 - 2400.00 | 2600.00 - 2600.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 |
| Thora | - | - | - | - | - | - | - | - | - |
| Mora | 2500.00 - 2800.00 | 2900.00 - 2900.00 | 3000.00 - 3000.00 | 2800.00 - 3200.00 | 3200.00 - 3200.00 | - | 3000.00 - 3000.00 | 2800.00 - 2800.00 | 3200.00 - 3200.00 |
| Balaya | 1400.00 - 1500.00 | 1900.00 - 1900.00 | 2400.00 - 2400.00 | 2400.00 - 2600.00 | 1800.00 - 1800.00 | 1800.00 - 1800.00 | 2600.00 - 2600.00 | 2000.00 - 2000.00 | 2200.00 - 2200.00 |
| Anguluwa | - | 2800.00 - 2800.00 | 2400.00 - 2400.00 | 2800.00 - 3000.00 | 2400.00 - 2400.00 | - | - | 2400.00 - 2400.00 | 2600.00 - 2800.00 |
| Salaya | 800.00 - 1000.00 | 1100.00 - 1100.00 | - | 1000.00 - 1000.00 | 1000.00 - 1000.00 | 800.00 - 800.00 | 1200.00 - 1200.00 | 800.00 - 800.00 | 1200.00 - 1200.00 |
| <i>Meat</i> | | | | | | | | | |
| Beef (without Bones) | - | 2800.00 - 2800.00 | 2800.00 - 2800.00 | 2900.00 - 2900.00 | 2700.00 - 2700.00 | - | 2600.00 - 2600.00 | 2800.00 - 2800.00 | 2700.00 - 2700.00 |
| Chicken (Broiler) | 1240.00 - 1240.00 | 1300.00 - 1300.00 | 1280.00 - 1280.00 | 1280.00 - 1280.00 | 1200.00 - 1200.00 | 1250.00 - 1250.00 | 1400.00 - 1400.00 | 1280.00 - 1300.00 | 1320.00 - 1320.00 |
| Chicken (Curry) | 1240.00 - 1240.00 | 1380.00 - 1380.00 | 1350.00 - 1350.00 | 1400.00 - 1400.00 | 1200.00 - 1200.00 | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 1300.00 - 1300.00 | 1320.00 - 1320.00 |
| Mutton | - | 3800.00 - 3800.00 | - | 4200.00 - 4200.00 | 3800.00 - 3800.00 | - | 3800.00 - 3800.00 | 4000.00 - 4000.00 | 4200.00 - 4200.00 |
| Pork | - | 2700.00 - 2700.00 | - | 2800.00 - 2800.00 | - | - | - | 2800.00 - 2800.00 | - |

Annex 05 : Food Composition of Selected Food Commodities

| Commodity | Energy (kcal/100g) | Protein (g/100g) | Total fat (g/100g) | Retinol Eq (µ g/100g) | Vit B2 (mg/100g) | Vit B6 (mg/100g) | Folate (µg/100g) | Vit C (mg/100g) | Calcium (mg/100g) | Magnesium (mg/100g) | Iron (mg/100g) | Zinc (mg/100g) |
|---------------------------------|-----------------------|---------------------|-----------------------|--------------------------|---------------------|---------------------|---------------------|--------------------|----------------------|------------------------|-------------------|-------------------|
| Rice | | | | | | | | | | | | |
| Rice - (white Kekulu - normal) | 361 | 9.88 | 1.52 | - | 0.03 | 0.09 | 10.67 | - | 6.94 | 26.29 | 1.22 | 1.5 |
| Rice - (white Kekulu Samba) | 355 | 8.81 | 1.53 | - | 0.03 | 0.09 | 8.11 | - | 9.82 | 30.48 | 0.92 | 1.7 |
| Rice - (Red Kekulu - normal) | 366 | 8.64 | 2.12 | - | 0.05 | 0.1 | 8.39 | - | 4.73 | 31.7 | 0.88 | 1.84 |
| Rice -Samba | 369 | 6.86 | 2.45 | - | 0.05 | 0.13 | 12.79 | - | 8.71 | 37.26 | 1.18 | 1.49 |
| Rice - Nadu White | 366 | 7.76 | 1.48 | - | 0.03 | 0.12 | 9.35 | - | 4.57 | 20.1 | 0.64 | 1.61 |
| Dried chilies | 233 | 12.68 | 6.41 | 437 | 0.84 | 0.42 | 46.83 | NA | 107 | 231 | 5.39 | 1.65 |
| Onion | | | | | | | | | | | | |
| Big onions | 48 | 1.67 | 0.24 | 0.16 | 0.01 | 0.1 | 32.99 | 7.58 | 14.82 | 16.94 | 0.45 | 0.25 |
| Red onions | 55 | 2.13 | 0.15 | 0.18 | 0.02 | 0.13 | 30.15 | 14.26 | 20.37 | 19.32 | 0.31 | 0.28 |
| Potatoes | 71 | 1.67 | 0.25 | | 0.01 | 0.09 | 14.31 | 20.5 | 9.83 | 23.84 | 0.46 | 0.29 |
| Pulses | | | | | | | | | | | | |
| Green gram | 290 | 21.97 | 0.93 | 19.5 | 0.28 | 0.33 | 135 | NA | 98.96 | 146 | 4.15 | 2.86 |
| White cowpea | 320 | 21.25 | 1.14 | 1.36 | 0.09 | 0.26 | 249 | NA | 84.1 | 213 | 5.04 | 3.57 |
| Red cowpea | 320 | 20.24 | 1.08 | 0.96 | 0.11 | 0.27 | 273 | NA | 81.83 | 194 | 4.95 | 3.4 |
| Red Dhal | 319 | 23.09 | 0.77 | 1.06 | 1.6 | 0.22 | 55 | NA | 41.27 | 66.63 | 7.45 | 3.34 |
| Vegetables | | | | | | | | | | | | |
| Beans | 46 | 3.95 | 0.15 | 6.64 | 0.1 | 0.3 | 45.2 | 7.02 | 35.68 | 45.56 | 0.7 | 0.59 |
| Carrot | 30 | 0.85 | 0.45 | 1240 | 0.03 | 0.1 | 24.71 | 5.93 | 27.65 | 11.7 | 0.59 | 0.25 |
| Leeks | 30 | 1.74 | 0.49 | 18.56 | 0.02 | 0.19 | 42.63 | 4.65 | 29.28 | 11.77 | 1.49 | 0.43 |
| Beetroot | 31 | 2.12 | 0.15 | 1.52 | 0.01 | 0.09 | 108 | 4.51 | 20.29 | 34.88 | 0.77 | 0.29 |
| Knolkhol | 16 | 1.69 | 0.34 | | 0.05 | 0.19 | 12.7 | 77.64 | 40.09 | 19.35 | 0.23 | 0.18 |
| Radish | 29 | 0.75 | 0.11 | | 0.02 | 0.09 | 18.09 | 12.13 | 35.64 | 13.56 | 0.38 | 0.16 |
| Cabbage | 21 | 1.35 | 0.14 | 3.35 | 0.05 | 0.14 | 52.66 | 29.62 | 56.85 | 18.47 | 0.33 | 0.16 |

| | | | | | | | | | | | | |
|------------------------------|------------|-------------|--------------|----------|-------------|-------------|--------------|----------|-------|-------|------|------|
| Tomatoes | 20 | 0.88 | 0.56 | 165 | 0.03 | 0.09 | 20.16 | 25.58 | 9.69 | 14.93 | 0.31 | 0.12 |
| Ladies fingers | 26 | 2.06 | 0.19 | 12.41 | 0.08 | 0.28 | 70.62 | 24.48 | 92.26 | 55.23 | 0.96 | 0.44 |
| Brinjal (Pandora Striped) | 29 | 1.49 | 0.31 | 23 | 0.12 | 0.09 | 30.99 | 1.49 | 18.95 | 18 | 0.32 | 0.19 |
| Brinjal (Chinese eggplant) | 24 | 1.28 | 0.33 | 16.83 | 0.12 | 0.11 | 32.94 | 3.37 | 14.4 | 21.18 | 0.28 | 0.16 |
| Capsicum | 23 | 1.22 | 0.34 | 38.96 | 0.03 | 0.29 | 28.65 | 49.63 | 12.65 | 11.21 | 0.21 | 0.31 |
| Pumpkin (Common) | 31 | 0.86 | 0.3 | 30.41 | 0.02 | 0.09 | 17.72 | 8.73 | 18.75 | 9.93 | 0.49 | 0.25 |
| Cucumber | 19 | 0.98 | 0.24 | 0.58 | 0.01 | 0.08 | 19.66 | 4.08 | 22.1 | 18.22 | 0.67 | 0.21 |
| Bitter gourd | 19 | 1.47 | 0.23 | 55.08 | 0.05 | 0.06 | 53.1 | 46.89 | 25.19 | 35.81 | 1.75 | 0.26 |
| Snake gourd (Dark green) | 11 | 0.82 | 0.25 | 10.41 | 0.03 | 0.12 | 18.09 | 3.54 | 26.83 | 25.84 | 0.41 | 0.11 |
| Snake gourd (Pale green) | 11 | 0.89 | 0.25 | 5.14 | 0.03 | 0.07 | 16.52 | 2.85 | 27.11 | 21.77 | 0.47 | 0.2 |
| Drumstick | 30 | 2.48 | 0.12 | 3.13 | 0.06 | 0.12 | 60.48 | 92.33 | 22.27 | 28.51 | 0.5 | 0.26 |
| Watakolu | 12 | 0.86 | 0.15 | 59.33 | 0.01 | 0.07 | 25.48 | 6.41 | 14.67 | 14.01 | 4.42 | 0.45 |
| Long beans | 24 | 3.36 | 0.3 | - | 0.06 | 0.11 | 99.98 | 8.93 | 44.22 | 33.17 | 1.01 | 0.08 |
| Ash Plantain | 76 | 2.84 | 0.56 | 0.06 | 0.02 | 0.07 | 6.82 | 4.49 | 5.19 | 22.55 | 0.39 | 0.21 |
| Green chillies | 39 | 2.28 | 0.76 | 38.16 | 0.08 | 0.25 | 21.29 | 98.61 | 20.25 | 36.91 | 1.25 | 0.29 |
| Limes | 26 | 0.66 | 0.26 | 0.36 | 0.01 | 0.05 | 12.1 | 38.05 | 26 | 15.25 | 0.12 | 0.05 |
| Kekiri | 17 | 1.01 | 0.25 | 0.76 | 0.01 | 0.07 | 17.34 | 8.07 | 25.72 | 26.2 | 0.63 | 0.22 |
| Ash pumpkin (Ash guord) | 18 | 0.8 | 0.15 | | 0.01 | 0.15 | 14.17 | 9.14 | 19.27 | 23.62 | 0.48 | 0.13 |
| Cho-Cho | 19 | 0.58 | 0.12 | 0.3 | 0.04 | 0.07 | 63.81 | 23.76 | 20.55 | 13.02 | 0.49 | 0.12 |
| Thalana batu (Little prince) | 21 | 1.28 | 0.39 | 24.33 | 0.12 | 0.09 | 38.63 | 2.4 | 12.38 | 19.62 | 0.31 | 0.22 |
| Thalana batu (Thai eggplant) | 21 | 1.45 | 0.26 | 18.33 | 0.11 | 0.09 | 31.18 | 2.71 | 17.24 | 37.22 | 0.37 | 0.24 |
| Thibbatu | 61 | 1.66 | 1.96 | 15.89 | 0.03 | 1.02 | 72.39 | 10.8 | 105 | 57.46 | 1.06 | 0.59 |
| Kohila yams | 27 | 0.64 | 0.16 | 1.72 | 0.01 | 0.14 | 4.64 | 1.67 | 52.33 | 33.95 | 0.61 | 1.62 |
| Kehel muwa | 19 | 1.36 | 0.63 | 4.27 | 0.02 | 0.12 | 40.51 | 8.16 | 35.09 | 31.43 | 0.38 | 0.39 |
| Ambaralla | 37 | 0.73 | 0.44 | 3.36 | 0.01 | 0.1 | 44.49 | 35.51 | 20.7 | 9.28 | 0.7 | 0.12 |
| Mango | 50 | 0.75 | 0.09 | 14.5 | 0.02 | 0.14 | 34.89 | 91.63 | 28.56 | 17.74 | 0.5 | 0.09 |
| Mushroom | 27 | 2.54 | 0.42 | - | 0.15 | 0.13 | 7.81 | 11.56 | 0.9 | 14.42 | 1.32 | 0.79 |
| Dambala | 21 | 1.84 | 0.2 | 38.74 | 0.08 | 0.4 | 33.69 | 19.82 | 68.24 | 31.38 | 1.2 | 0.44 |
| Coconuts nuts | 390 | 3.67 | 39.92 | - | 0.05 | 0.11 | 14.86 | - | | | | |

| Root Crop | | | | | | | | | | | | |
|-------------------------|-----|-------|------|-------|------|------|-------|-------|-------|-------|-------|-------|
| Sweet potato | 108 | 1.27 | 0.33 | NA | 0.04 | 0.09 | 14.44 | 22.2 | 28.93 | 21.05 | 0.51 | 0.14 |
| Manioc | 78 | 0.92 | 0.19 | NA | 0.07 | 0.2 | 0.1 | 1.95 | 25.31 | 19.08 | 19.78 | 23.73 |
| Nelum ala/Lotus root | 79 | 1.94 | 0.93 | NA | 0.05 | 0.19 | 26.49 | 26.63 | 37.71 | 26.58 | 3.34 | 0.35 |
| Kiriala | 87 | 3.96 | 0.15 | 1.19 | 0.03 | 0.16 | 20.17 | 2.71 | 30.79 | 41.52 | 0.6 | 0.42 |
| Iniala | 103 | 3.2 | 0.3 | 33.14 | 0.01 | 0.22 | 22.19 | 13.03 | 40.99 | 28.98 | 1.31 | 0.29 |
| Leafy Vegetables | | | | | | | | | | | | |
| Mukunuwanna | 28 | 3.15 | 0.55 | 92.25 | 0.09 | 0.27 | 96.14 | 3.24 | 135 | 45.38 | 1.7 | 1.03 |
| Gotukola | 15 | 0.64 | 0.47 | 226 | 0.07 | 0.23 | 70.11 | 6.74 | 96.31 | 41.42 | 1.25 | 0.66 |
| Kankun | 15 | 0.47 | 0.37 | 1614 | 0.08 | 0.4 | 33.69 | 19.82 | 49.21 | 18.35 | 1.32 | 0.44 |
| Kathurumurunga | 70 | 8.01 | 1.35 | 2097 | 0.33 | 0.22 | 120 | 121 | 901 | 96.64 | 4.36 | 0.53 |
| Nivithi | 22 | 2.2 | 0.47 | 959 | 0.06 | 0.11 | 74.05 | 10.26 | 163 | 61.37 | 1.49 | 0.67 |
| Thampala | 32 | 3.55 | 0.72 | 1474 | 0.21 | 0.22 | 74.27 | 82 | 258 | 209 | 3.5 | 1.4 |
| Sarana | 20 | 2.42 | 0.21 | 1149 | 0.03 | 0.13 | 58.54 | 9.89 | 59.57 | 42.93 | 0.13 | 0.75 |
| Kohila leaves | 33 | 4.1 | 0.83 | 300 | 0.02 | 0.17 | 56.76 | 5.56 | 19.5 | 20.32 | 0.25 | 0.3 |
| Onion leaves | 27 | 2.01 | 0.26 | NA | 0.04 | 0.18 | 56.8 | 23.38 | 35.21 | 74.95 | 3.15 | 0.77 |
| Cabbage leaves | 30 | 3.63 | 0.27 | 8.66 | 0.05 | 0.24 | 63.46 | 40.76 | 170 | 18.47 | 2.67 | 0.35 |
| Salad leaves | 19 | 1.05 | 0.24 | NA | 0.1 | 0.06 | 37.48 | 11.64 | 58.23 | 36.89 | 2.07 | 0.27 |
| Cauliflower | 23 | 2.09 | 0.48 | 0.14 | 0.06 | 0.11 | 46.67 | 50.17 | 22.44 | 18.52 | 0.76 | 0.27 |
| Jackfruit pods | 25 | 2.14 | 0.34 | NA | 0.03 | 0.04 | 30.7 | 24.77 | 37.32 | 26.08 | 0.3 | 0.17 |
| Jackfruit seeds | 77 | 5.66 | 0.44 | NA | 0.02 | 0.08 | 58.91 | 15.24 | 40.87 | 50.14 | 0.52 | 0.42 |
| Meat | | | | | | | | | | | | |
| Chicken | 176 | 23.14 | 9.24 | 6.88 | 0.07 | 0.49 | 10.09 | - | 15.06 | 20.18 | 0.75 | 0.64 |
| Beef | 160 | 23.3 | 7.45 | 2.15 | 0.08 | 0.32 | 1.93 | - | 4.8 | 28.54 | 2.41 | 3.31 |
| Mutton | 138 | 20.37 | 6.23 | 2.7 | 0.13 | 0.28 | 1.73 | - | 7.58 | 19.5 | 1.62 | 5.05 |
| Pork | 161 | 18.83 | 9.5 | 1.9 | 0.09 | 0.28 | 8.15 | - | 6.58 | 8.9 | 0.79 | 0.8 |
| Fish | | | | | | | | | | | | |
| Balaya | 96 | 21.28 | 1.12 | 21.01 | 0.15 | 0.12 | 7.89 | | 6.45 | 26.02 | 0.68 | 0.46 |
| Seer | 136 | 22.28 | 5.18 | 81.9 | 0.07 | 0.16 | 15.45 | | 9.85 | 36.73 | 0.41 | 0.74 |

| | | | | | | | | | | | |
|----------------------------|-----|-------|------|-------|------|------|-------|-------|-------|------|------|
| Shark | 95 | 21.6 | 0.83 | 1.11 | 0.04 | 0.11 | 8.57 | 8.44 | 32.58 | 0.41 | 0.74 |
| Paraw | 87 | 20.02 | 0.7 | 1.49 | 0.02 | 0.16 | 6.77 | 8.17 | 31.68 | 0.67 | 0.41 |
| Thalapath | 91 | 16.04 | 2.88 | 12.03 | 0.1 | 0.13 | 78.22 | 7.64 | 24.89 | 0.71 | 0.67 |
| Kelawalla | 109 | 21.47 | 2.55 | 15.95 | 0.17 | 0.73 | 77.39 | 13.35 | 33.82 | 0.68 | 0.64 |
| Haedaella | 87 | 19.88 | 0.78 | 12.18 | 0.04 | 0.06 | 11.7 | 36.6 | 53 | 0.54 | 0.65 |
| Hurulla | 88 | 17.08 | 2.18 | 10.02 | 0.14 | 1.66 | 61.66 | 103 | 35.45 | 1.24 | 1.05 |
| Karalla / Katuwalla | 97 | 21.8 | 1.06 | 1.25 | 0.02 | 0.1 | 14.38 | 37.06 | 39.05 | 0.24 | 0.42 |
| Kumbala / Angila | 101 | 21.51 | 1.53 | 16.34 | 0.1 | 0.1 | 7.13 | 31.27 | 37.46 | 1.46 | 0.67 |
| Salaya / Sudaya | 100 | 19.5 | 2.39 | 15.41 | 0.18 | 1.39 | 60.87 | 435 | 42.83 | 1.4 | 2.3 |
| Theppli / Telapiya /Korali | 83 | 18.48 | 1.08 | 17.14 | 0.18 | 0.18 | 8.29 | 99.39 | 24.96 | 2.84 | 0.88 |
| Prawns | 65 | 14.85 | 0.56 | 1.24 | 0.03 | 0.1 | 15.37 | 37.81 | 30.5 | 0.73 | 1.1 |
| Crabs | 45 | 10 | 0.55 | 8.33 | 0.14 | 0.18 | 13.83 | 37.81 | 45.93 | 0.73 | 1.1 |
| Cuttle fish | 76 | 16.82 | 0.93 | 1.93 | 0.02 | 0.04 | 6.22 | 8.73 | 35.46 | 0.62 | 1.3 |
| Linna | 112 | 20.3 | 3.37 | 15.78 | 0.23 | 0.68 | 59.78 | | | | |
| Coppara | 97 | 22.89 | 0.56 | 21.51 | 0.04 | 0.12 | 8.08 | 7.2 | 30.08 | 1.2 | 0.58 |
| Ray (Maduwa) | 97 | 23.98 | 0.68 | 7.55 | 0.02 | 0.21 | 25.59 | 9.16 | 24.61 | 0.74 | 0.44 |

Dried Fish

| | | | | | | | | | | | |
|----------------------|-----|-------|-------|-------|------|------|------|-------|-------|------|------|
| Dried sprats | 259 | 51.16 | 5.92 | 12.83 | 0.25 | 0.62 | 438 | 1178 | 162 | 3.06 | 4.2 |
| Dried keeramin | 311 | 49.6 | 12.42 | 12.92 | 0.13 | 2.41 | 144 | 555 | 166 | 2.58 | 3.19 |
| Dried thalapath | 289 | 54.68 | 8.04 | 9.38 | 0.04 | 0.43 | 97.8 | 62.75 | 110 | 1.96 | 1.45 |
| Dried katta | 275 | 50.04 | 8.31 | 2.48 | 0.03 | 0.35 | 80.4 | 86.55 | 92.17 | 1.47 | 1.16 |
| Dried balaya | 282 | 63.79 | 3.37 | 14.32 | 0.12 | 1.98 | 213 | 83.48 | 83.45 | 3.6 | 1.44 |
| Dried shark / keelan | 267 | 55.03 | 5.25 | 10.31 | 0.04 | 0.32 | 187 | 42.24 | 92.94 | 1.48 | 0.66 |

Eggs

| | | | | | | | | | | | |
|--------------------|-----|-------|-------|-----|------|------|-------|-------|-------|------|------|
| Hen eggs (Country) | 170 | 13.14 | 13 | 208 | 0.08 | 0.18 | 54.6 | 50.14 | 11.04 | 1.64 | 1.12 |
| Hen eggs (Table) | 135 | 13.55 | 9.03 | 200 | 0.19 | 0.19 | 49.46 | 63.3 | 12 | 2.39 | 1.73 |
| Quail eggs | 153 | 12.39 | 11.46 | 153 | 0.11 | 0.17 | 54.86 | 60.67 | 11.21 | 2.55 | 1.51 |

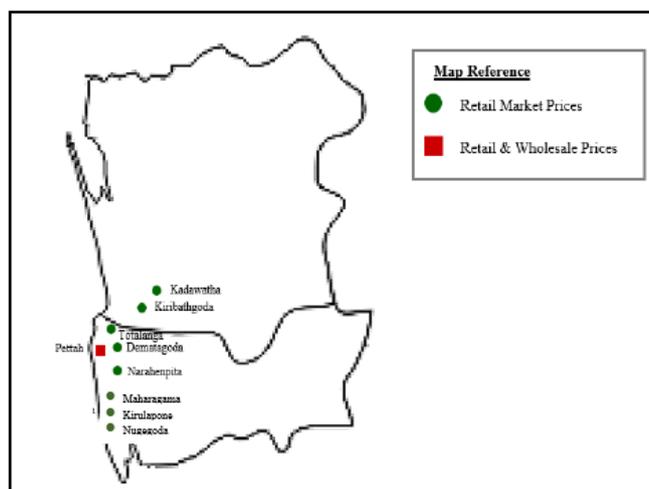
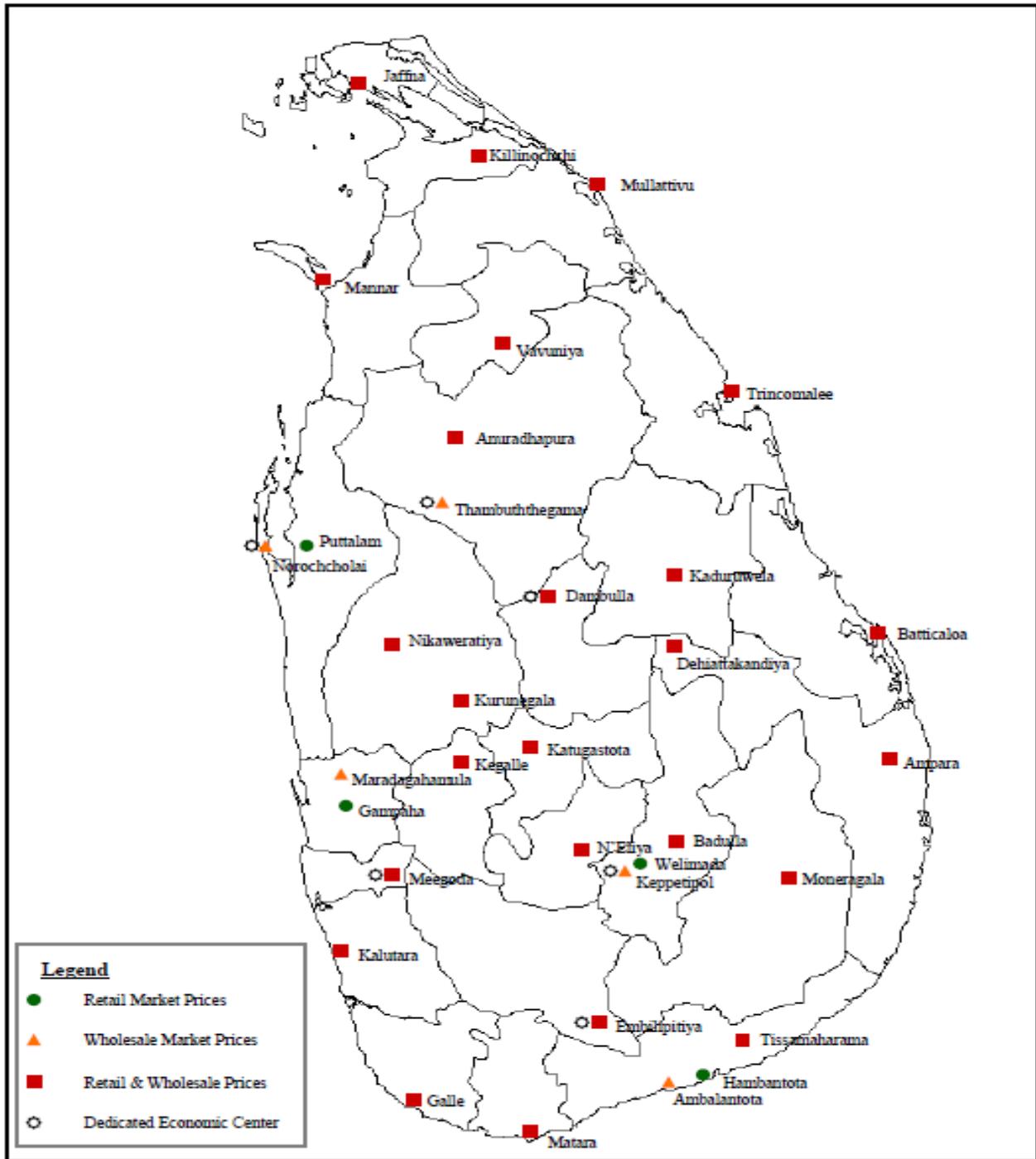
Fruits

| | | | | | | | | | | | | |
|--------------|-----|------|------|------|------|------|-------|-------|------|-------|------|------|
| Banana Embul | 109 | 1.11 | 1.09 | 9.68 | 0.05 | 0.64 | 32.98 | 13.61 | 9.39 | 25.67 | 0.51 | 0.23 |
| Anamaalu | 102 | 1.04 | 0.72 | 16.4 | 0.04 | 0.65 | 21.07 | 3.66 | 8.06 | 27.02 | 0.51 | 0.23 |

| | | | | | | | | | | | | |
|--------------------------|-----|------|-------|-------|------|------|-------|-------|-------|-------|------|------|
| Koli kuttu | 107 | 1.38 | 0.34 | 8.8 | 0.03 | 0.47 | 18.12 | 7.71 | 8.56 | 38 | 0.32 | 0.14 |
| Pineapple | 37 | 0.41 | 0.17 | 5.76 | 0.04 | 0.12 | 17.86 | 39.36 | 10.37 | 10.71 | 0.3 | 0.09 |
| Papaya | 26 | 0.42 | 0.16 | 171 | 0.11 | 0.04 | 54.85 | 48.62 | 16.77 | 8.9 | 0.23 | 0.08 |
| Mangoes (Karthakolomban) | 79 | 0.8 | 0.92 | 259 | 0.01 | 0.1 | 35.52 | 17.74 | 3.12 | 6.72 | 0.1 | 0.08 |
| Mangoes (Vilad) | 44 | 0.76 | 0.58 | 146 | 0.05 | 0.26 | 67.6 | 29.97 | 16.93 | 14.79 | 0.65 | 0.19 |
| Apple | 62 | 0.29 | 0.64 | 0.36 | 0.02 | 0.08 | 3.43 | 2.9 | 3.12 | 6.72 | 0.1 | 0.08 |
| Avacado | 144 | 2.95 | 13.86 | 2 | 0.08 | 0.18 | 67.17 | 9.36 | 28.48 | 48.14 | 0.81 | 0.75 |
| Wood apple | 78 | 3.09 | 3.62 | 0.46 | 0.01 | 0.14 | 6.07 | 13.58 | 59.15 | 25.16 | 0.45 | 0.32 |
| Orange | 46 | 1.07 | 0.37 | 23.44 | 0.01 | 0.28 | 14.46 | 20.19 | 31.18 | 20.36 | 0.81 | 0.35 |
| Guava | 39 | 1.53 | 0.38 | 19.67 | 0.01 | 0.11 | 25.24 | 30.88 | 6.59 | 12.02 | 0.53 | 0.33 |
| Grapes | 49 | 0.95 | 10.69 | 3.22 | 0.04 | 0.1 | 7.07 | 20.51 | 7.27 | 6.86 | 0.28 | 0.07 |
| Melon | 19 | 0.65 | 0.16 | 130 | 0.02 | 0.11 | 6 | 8.24 | 4.05 | 9.76 | 0.15 | 0.1 |

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

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දෛනික චිළචිචි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවීර්මේ ආයතනය අනුමුතයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

මොබිටෙල් අද මිල - අත දහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිචි තොග මිල දර්ශනය.

විකාසයාට රු.2/-

විකාසයාට රු.2/-