

RETAIL MARKET AT A GLANCE

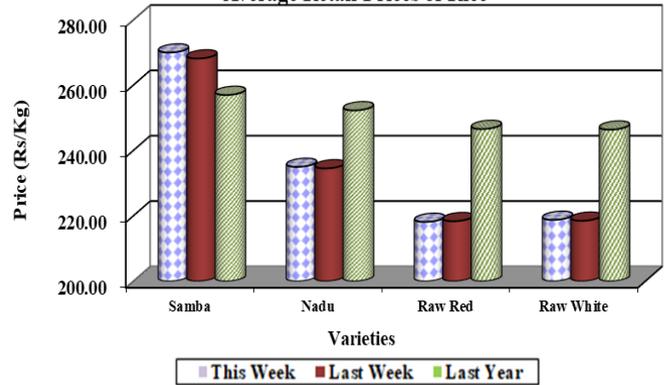
Summary

Rice/ Paddy

The average prices of local samba, imported samba and local keeri samba have increased slightly. Compared to the same period of the last year, the highest price increase of 25% was recorded for local keeri samba while the highest price decrease of 16% was recorded for imported samba. The average farmgate prices of major paddy varieties showed a noticeable increase between Rs.5.00-8.00/kg.

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Average Retail Prices of Rice

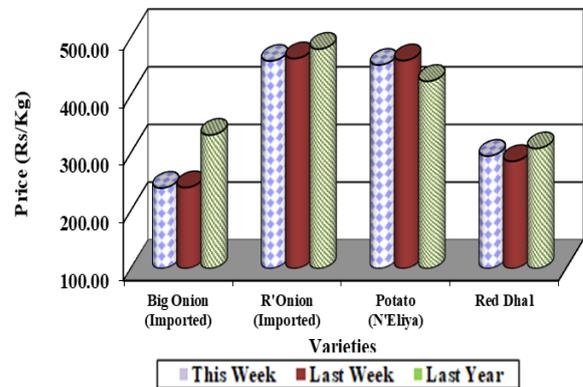


Other Field Crops

Prices of all the types of onion varieties have decreased. Prices of Nuwara Eliya and imported potatoes have also decreased. Prices of all the types of pulse varieties except for red dhal have decreased with the highest recorded for red cowpea.

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Average Retail Prices of Other Field Crops

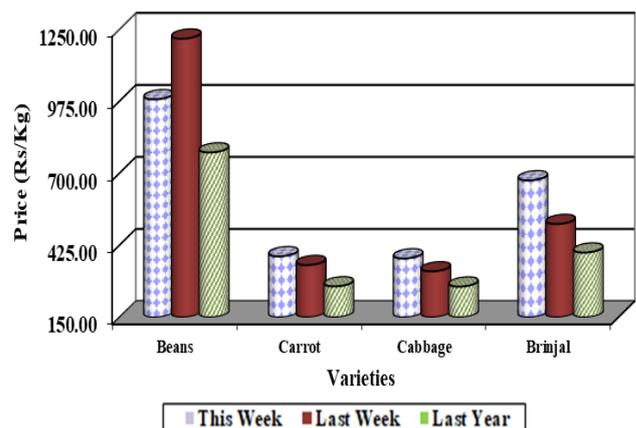


Vegetables

Retail prices of all the vegetable varieties (both up country and low country) have increased with the highest price increase recorded for capsicum at Rs.318.00/kg followed by knolkhol at Rs.159.00/kg. However, the price of beans has decreased by Rs.232.00/kg.

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Average Retail Prices of Vegetables



Rice

Wholesale

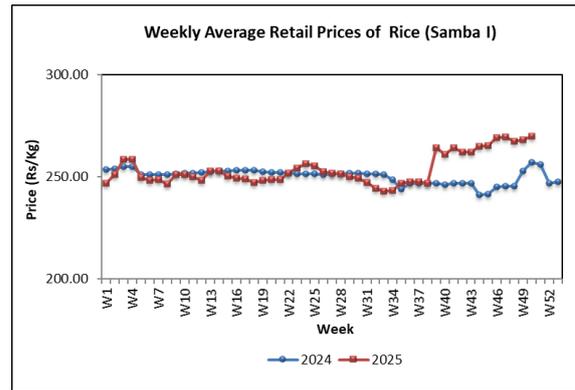
Prices of samba grade I and grade II have increased by 2% due to increased paddy prices and the prices ranged Rs.250.00-260.00/kg and Rs.245.00-250.00/kg respectively. Prices of all the other local rice varieties have not changed and the price ranges of raw red and raw white were Rs.205.00-210.00 /kg and Rs.210.00-220.00/kg. Imported ponni samba was also available at the market and the price ranged Rs.230.00-235.00/kg.

Compared to same period of last year, the highest price increase of 25% was recorded for keeri samba while the highest price decrease was recorded for nadu rice by 7%.

Retail

Prices of local samba, imported samba and local keeri samba have increased. There is no significant change in the price of local nadu, local raw red and local raw white. The highest price increase of Rs.3.00/kg was recorded for local keeri samba.

Compared to the same period of the last year, the highest price increase of 25% was recorded for local keeri samba while the highest price decrease of 16% was recorded for imported samba.



Paddy

The average farmgate prices of major paddy varieties showed a noticeable increase over the past week in some major producing areas. Accordingly, the price of short grain (samba) paddy ranged between Rs.130.00–145.00/kg, recording an increase of Rs. 5.00/kg in the Nikaweratiya region. The price of keeri samba paddy varied between Rs.155.00–165.00/kg, showing an increase of Rs. 5.00–7.00/kg in the Anuradhapura and Kalawewa regions. The price of long grain white paddy varied between Rs.120.00–130.00/kg in major producing areas. Additionally, the price of long grain red paddy ranged between Rs.125.00–130.00/kg, recording an increase of Rs.8.00/kg in the Matara region.

Compared to the same time period last year, the average prices of short grain and keeri samba paddy have risen significantly, while the average prices of long grain

white and long grain red paddy have decreased in major producing areas.

Dried Chilies

Wholesale

The price of imported dried chilies has not changed significantly and the price ranged Rs.800.00-850.00/kg.

Compared to same period of last year, the current wholesale price of imported dried chilies has increased by 24%.

Retail

Price of imported dried chili has increased by Rs.30.00/kg and the price ranged Rs.1000.00-1200.00/kg.

Compared to the same period of the last year, the current retail price of imported dried chili has increased by 20%.

Onion

Wholesale

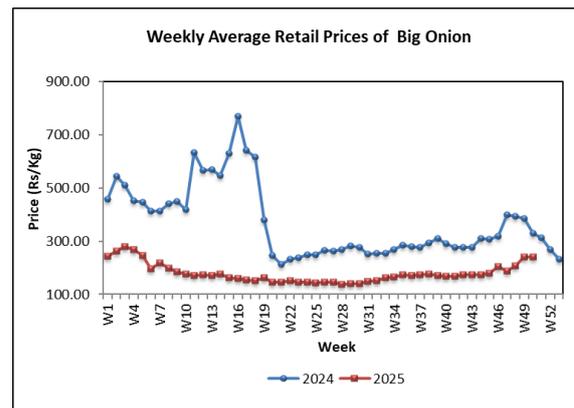
Prices of vedalan red onion and imported red onion have decreased by 11% and 17% due to availability of sufficient stocks and the price ranged between Rs.200.00-300.00/kg and Rs.250.00-380.00/kg. Prices of imported big onion and local big onion have decreased by 6% and the prices

ranged between Rs.150.00-210.00/kg and Rs.220.00-270.00/kg.

Compared to same period of last year, the current wholesale prices of imported red onion and imported big onion have decreased by 13% and 22% respectively.

Retail

Prices of all the types of onion varieties have decrease. The highest price decreased of Rs.4.00/kg was recorded for imported red onion.



Compared to the same period of the last year, the highest price decreased of 28% was recorded for imported big onions.

Potato

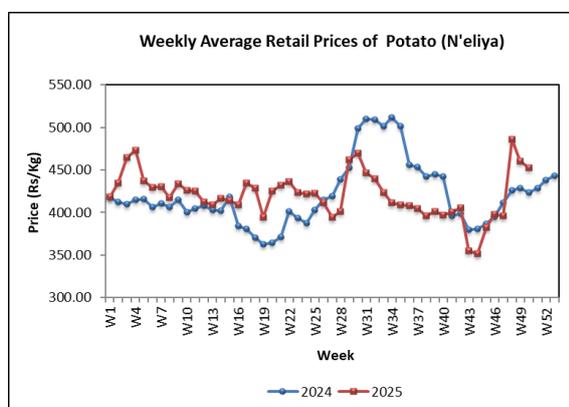
Wholesale

The Price of Nuwara Eliya potato has increased by 3% and the price ranged between Rs.250.00-340.00/kg. Price of imported potato has decreased by 3% and the price ranged Rs.140.00-240.00/kg

Compared to same period of last year, the current wholesale price of Nuwara Eliya potato has increased by 3% while imported potato has decreased by 15%.

Retail

Prices of Nuwara-Eliya and imported potatoes have decreased. The highest price decrease of Rs.8.00/kg was recorded for Nuwara-Eliya potatoes.



Compared to the same period of the last year, the highest price increase of 7% was recorded for Nuwara-Eliya potatoes and the highest price decrease of 10% was recorded for imported potatoes.

Pulses

Wholesale

Prices of green gram, white cowpea and red cowpea have decreased in the range of 2%-6% and the prices ranged Rs.550.00-650.00/kg, Rs.750.00-850.00/kg and Rs.750.00-900.00/kg. Price

of red dhal has increased by 2% and the price ranged Rs.260.00-270.00/kg.

Compared to same period of last year, the current wholesale price of the highest price increase of 47% was recorded for red cowpea and the highest price decrease of 3% recorded for red dhal.

Retail

Prices of all the types of pulse varieties except for red dhal have decreased. The highest price decrease of Rs.61.00/kg was recorded for red cowpea.

Compared to the same period of last year, the highest price increase of 30% was recorded for white cowpea and the highest price decrease of 4% was recorded for red dhal.

Vegetables

Wholesale

Prices of all the upcountry vegetables except for beans and most of low country vegetables, have increased, with decreased supply from most of the major producing areas.

Among the upcountry vegetable varieties, the highest price increase of 58% was reported for tomato, with decreased supply from Sooriyawewa, Hanguranketha and

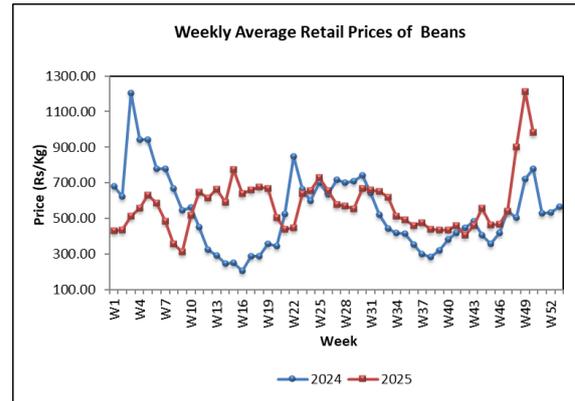
Balangoda areas. Similarly, the prices of knol khol and cabbage have also increased by 34% and 31% respectively, due to decreased supply from Nuwara Eliya, Welimada and Puttalam producing areas. In addition, the prices of leeks and beetroot have increased by about 23%, due to low supply. However, the price of beans has decreased by 26%, with increased supply from Balangoda and Haputhale areas.

Considering the low-country vegetables, most of the vegetable varieties experienced price increase, particularly for luffa (76%), with decreased supply from Embilipitiya and Hambanthota. In addition, the price of capsicum has also increased by 63%, with decreased supply from Thalawakele. While the price of ladies fingers, brinjals and bitter gourd have increased in the range of 20%-46%, the prices of pumpkin and cucumber have decreased slightly. Price of green chili has increased by 171%, with decreased supply from Puttalam and Nochchiyagama areas. Price of lime has decreased further by 11%.

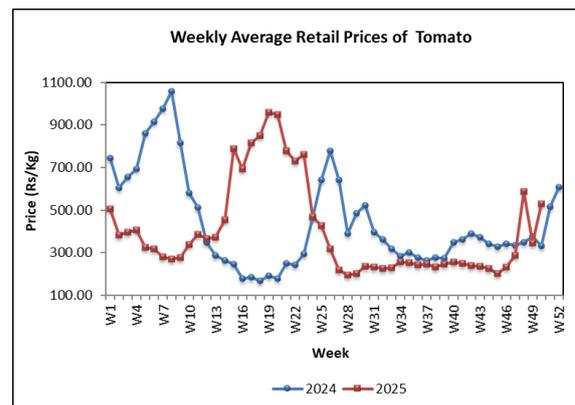
Compared to the same period of last year, the current wholesale prices of most of the vegetables have increased, with the highest price increase of 77% reported for beetroot. Price of lime has decreased by 6%.

Retail

Retail prices of most of the vegetable varieties increased. Considering the up-country vegetables, the highest price increase was reported for knolkhol at Rs.159.00/kg. In contrast, the price of beans has decreased by Rs.232.00/kg.



Considering low-country vegetable varieties, the highest price increase was reported for capsicum at Rs.318.00/kg. Price of green chilies has increased by Rs.277.00/kg.



Compared to the same period last year, the current retail prices of most varieties have increased, with a notable 85% increase of reported for luffa.

Coconut
Wholesale

Supplies of coconut have increased further, from major producing areas. Prices of both large and small nuts have decreased by 4% and 7% respectively. Price ranges were Rs.150.00-170.00 for a large nut and Rs.130.00-140.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have decreased by 4% and 1% respectively.

Retail

Prices of large and small nuts decreased by Rs.5.00/nut and Rs.9.00/nut respectively. Price ranges were Rs. 180.00 - 210.00 for a large nut and Rs. 160.00 - 195.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 8% and 16%, respectively.

Fruits
Wholesale

Prices of all the fruit varieties have decreased due to low demand. The highest price decrease of 42% was reported for

karthakolomban mango. Prices of passion fruit has decreased by 24% with low demand. However, the prices of avacado, ambul banana, seeni banana and kolikuttu banana have increased by 24%, 15%, 14% and 10% respectively with limited supply. Prices of grapes decreased by 10% due to limited supply of imported grapes.

Compared to the same period of last year, prices of most of the fruit varieties have increased while the highest price increase of 78% reported for wood apple.

Retail

Retail prices of most of the fruit varieties have decreased. The highest price decrease was reported for vilad mango by Rs.22.00/fruit. Prices of orange and slim apple have decreased by Rs.21.00/fruit and Rs.18.00/fruit respectively. Price of Karthakolomban mango has decreased by Rs.14.00/fruit. However, the price of imported grapes has increased by Rs.107.00/kg.

Compared to the same period of last year, the current retail prices of most of the fruits have decreased and with the highest price decrease reported for vilad mango as 40%.

Fresh Fish

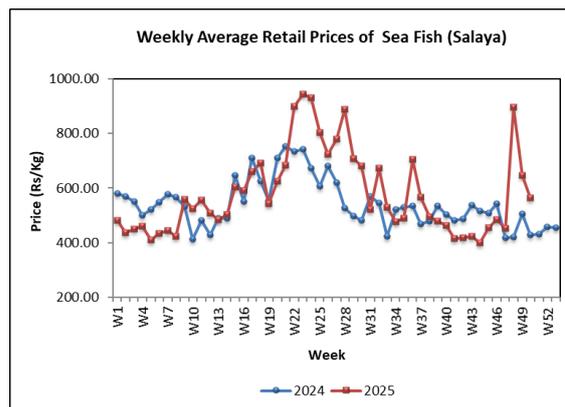
Wholesale

The prices for most fresh fish types have decreased in the range of 5% to 26%. The highest price decrease was noted for balaya as 26%. The second highest price decrease was noted for salaya as 19%. Price of paraw has increased by 38%.

Compared to the same period of last year, the current wholesale prices of most of the fresh fish types have decreased in the range of 4%-27% and the highest price decrease was noted for hurulla.

Retail

Prices of most of the fresh fish types have decreased in line with decreased wholesale prices. The highest price decrease of Rs.377.00/kg was recorded for balaya. Prices for hurulla and thalaph have decreased by Rs.151.00/kg. Price of kelawalla has decreased by Rs.129.00/kg. However, the price of paraw has increased by Rs.5.00/kg.



Compared to the same period of the last year, the current retail prices of most of the fresh fish types have increased in the range of 3-31% and the highest price increase reported for salaya.

Dried Fish

Wholesale

Prices of most of the local and dried fish types have increased in the range of 4%-68%. The highest price increase of 68% was noted for local thora. The second highest price increase of 54% was noted for imported mora. Price of imported balaya has decreased by 40%.

Compared to the same period of last year, the current wholesale prices of most of the dried fish types have increased in the range of 10%-137% and the highest price increase was noted for imported mora.

Retail

Prices of most of the dried fish types have increased in line with the increased wholesale prices. The highest price increase was recorded for salaya as Rs.202.00/kg. The prices of local sprats and imported sprats have increased by Rs.73.00/kg and Rs.45.00/kg respectively. However, the price of balaya has decreased by Rs.222.00/kg.

Compared to the same period of last year, the current retail prices of most of the dried fish types have increased with the highest price increase reported for kattawa and anguluwa.

Eggs

Wholesale

Prices of brown and white eggs have increased by 1.5% and 3% respectively. Price range of a brown egg was Rs.44.00-45.00 and the price range of a white Egg was Rs. 42.00-44.00.

Compared to the same period of last year, the current wholesale prices of brown and white eggs have increased by 10% and 13% respectively.

Retail

Price of brown eggs has increased by Rs.1.00/egg and the price range was recorded as Rs.45.00-50.00/egg. The price of white eggs has increased by Rs.2.00/egg and the price range was recorded as Rs.43.00-48.00/egg.

Compared to the same period of the last year, the current retail prices of both brown and white eggs have increased by 6% and 4% respectively.

Meat

Retail

Prices of most of the meat types have increased. Prices of chicken broiler and chicken curry have increased by Rs.19.00/kg and Rs.9.00/kg respectively. Price of beef has increased by Rs.7.00/kg. There was no change in the price of mutton. However, the price of pork has decreased by Rs.85.00/kg.

Compared to the same period of the last year, the prices of all the meat types have increased in the range of 8%-124% and the highest price increase was reported for pork.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	12500	13000	12250	12500	16000	16500	11000	11500	10750	11000	10250	10500	10500	11000
Divulapitiya	13000	13250	12500	12750	16000	16200	11300	11350	11000	11250	10300	10500	10300	10500
Kurunegala	-	-	-	-	-	-	11400	11400	11000	11200	-	-	10300	10400
Nikaweratiya	12700	13000	-	-	-	-	11300	11450	11000	11250	-	-	10250	10750
Badulla	-	-	-	-	15750	16250	11250	11400	-	-	10500	10500	10500	10500
Puttalam	13250	13500	12750	13000	16500	17250	11250	11500	10500	10750	10500	10500	10000	10250
Dambulla	12900	13100	11900	12000	-	-	11350	11400	10900	11000	10600	10700	10600	10700
Anuradhapura	13250	13500	11750	11900	15750	16250	11250	11400	-	-	10500	10750	10250	10750
Tambuttegama	12750	13000	11550	11800	-	-	11400	11400	10500	10600	10600	10750	10000	10250
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kalutara	12250	13000	-	-	16000	16500	11300	11400	10750	10750	10250	10650	10250	10750
Ampara	-	-	-	-	-	-	11500	11500	11200	11250	9500	10000	10000	10000
Kandy	13000	13250	12000	12250	16000	16500	11200	11350	10600	10750	10400	10600	10500	10750
Moneragala	-	-	11500	11750	16000	16250	11250	11350	-	-	9750	10250	10250	10250
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	13000	13500	-	-	16000	16300	11250	11300	11150	11150	10750	10750	10250	10750
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matara	-	-	11800	12000	-	-	-	-	10900	11000	9900	10100	10250	10500
Galle	-	-	-	-	17000	17000	11250	11400	-	-	10150	10500	10250	10750
Meegoda	-	-	11900	11950	-	-	11000	11000	10750	10750	10300	10500	10250	10500
Tissamaharama	-	-	11950	11950	-	-	11400	11450	-	-	9850	9900	10200	10350
Embilipitiya	-	-	11900	12000	16000	16250	-	-	10300	10400	9850	10000	10000	10200
Jaffna	-	-	11500	11750	-	-	11300	11500	-	-	10000	10200	10000	10200
Vavuniya	-	-	-	-	-	-	11000	11250	-	-	10750	10900	10700	10750
Mannar	-	-	12000	12200	-	-	11000	11150	-	-	10400	10500	10400	10500
Killinochchi	-	-	-	-	-	-	11250	11400	-	-	10250	10400	10500	10750
Mullattivu	-	-	12100	12300	-	-	11000	11250	-	-	10000	10250	10750	11000
Batticaloa	12400	12600	-	-	16250	16500	11250	11500	-	-	10250	10250	10250	10250
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Galenbindunuwew	-	-	11900	11950	-	-	11400	11450	11150	11200	10750	10800	10400	10950
Matale	13750	14000	-	-	16500	16750	11350	11400	11100	11250	10400	10500	10400	10500

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Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	260.00	280.00	-	-	330.00	360.00	230.00	240.00	-	-	210.00	220.00	210.00	220.00
Gampaha	-	-	240.00	240.00	-	-	228.00	230.00	-	-	215.00	220.00	210.00	220.00
Kurunegala	-	-	240.00	240.00	-	-	230.00	230.00	-	-	220.00	220.00	220.00	220.00
Nikaweratiya	260.00	265.00	-	-	330.00	335.00	228.00	235.00	-	-	-	-	210.00	220.00
Dambulla	260.00	270.00	240.00	245.00	330.00	340.00	228.00	230.00	220.00	225.00	215.00	220.00	218.00	220.00
Anuradhapura	270.00	275.00	240.00	240.00	330.00	335.00	230.00	230.00	-	-	215.00	220.00	210.00	220.00
Thambuththegama	270.00	270.00	240.00	240.00	320.00	320.00	230.00	230.00	227.00	228.00	216.00	220.00	212.00	218.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	270.00	280.00	-	-	320.00	340.00	230.00	235.00	215.00	220.00	210.00	216.00	210.00	220.00
Badulla	-	-	-	-	330.00	340.00	230.00	230.00	-	-	215.00	220.00	215.00	220.00
Keppetipola	265.00	270.00	-	-	-	-	228.00	230.00	220.00	225.00	210.00	215.00	218.00	220.00
Moneragala	-	-	240.00	240.00	330.00	340.00	230.00	230.00	-	-	200.00	210.00	200.00	210.00
Kegalle	270.00	270.00	240.00	240.00	330.00	340.00	230.00	230.00	220.00	225.00	220.00	220.00	215.00	220.00
Ampara	-	-	240.00	250.00	320.00	320.00	230.00	230.00	222.00	225.00	200.00	220.00	200.00	220.00
Dehiattakandiya	270.00	280.00	-	-	330.00	335.00	228.00	230.00	-	-	220.00	220.00	210.00	220.00
Nuwaraeliya	260.00	260.00	255.00	255.00	350.00	360.00	229.00	230.00	220.00	226.00	215.00	218.00	218.00	220.00
Kandy	270.00	280.00	240.00	250.00	335.00	340.00	230.00	230.00	220.00	222.00	218.00	220.00	218.00	220.00
Puttalam	275.00	280.00	250.00	255.00	335.00	350.00	230.00	230.00	220.00	220.00	220.00	220.00	210.00	220.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	270.00	275.00	-	-	340.00	350.00	230.00	235.00	217.00	218.00	210.00	215.00	215.00	220.00
Matara	260.00	275.00	240.00	250.00	-	-	230.00	240.00	225.00	225.00	205.00	210.00	210.00	220.00
Galle	-	-	240.00	245.00	340.00	350.00	230.00	235.00	-	-	208.00	215.00	210.00	220.00
Tissamaharama	-	-	240.00	240.00	-	-	230.00	230.00	-	-	199.00	200.00	205.00	210.00
Meegoda (DEC)	-	-	240.00	245.00	-	-	230.00	230.00	225.00	225.00	220.00	220.00	220.00	220.00
Embilipitiya	-	-	240.00	240.00	320.00	325.00	225.00	230.00	215.00	220.00	200.00	210.00	208.00	215.00
Jaffna	-	-	240.00	245.00	-	-	-	-	-	-	-	-	215.00	220.00
Vavuniya	-	-	-	-	-	-	230.00	235.00	-	-	220.00	220.00	220.00	225.00
Mannar	-	-	250.00	250.00	320.00	325.00	230.00	235.00	-	-	215.00	220.00	210.00	215.00
Killinochchi	-	-	-	-	-	-	230.00	235.00	-	-	210.00	215.00	216.00	220.00
Mullaittivu	-	-	246.00	250.00	-	-	225.00	228.00	-	-	205.00	210.00	220.00	225.00
Batticaloa	-	-	248.00	255.00	330.00	350.00	230.00	240.00	-	-	210.00	220.00	210.00	220.00
Trincomalee	-	-	250.00	250.00	-	-	225.00	230.00	-	-	215.00	220.00	215.00	220.00
Hanguranketha	-	-	240.00	240.00	-	-	228.00	230.00	-	-	216.00	218.00	216.00	218.00
Veyangoda	-	-	240.00	240.00	320.00	320.00	230.00	230.00	220.00	225.00	215.00	220.00	210.00	220.00
Galenbindunuwewa	-	-	240.00	240.00	-	-	230.00	230.00	225.00	225.00	220.00	220.00	210.00	220.00
Bandarawela	-	-	-	-	320.00	340.00	230.00	235.00	-	-	210.00	215.00	210.00	215.00
Matale	280.00	280.00	250.00	255.00	340.00	345.00	230.00	230.00	225.00	226.00	215.00	220.00	214.00	220.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 50: 12 - 18 Dec 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	40000 - 42500	12500 - 19000	10000 - 15000	7500 - 10500	7000 - 12000	-	12500 - 17000	27500 - 32500	37500 - 42500	13000 - 13500
Kurunegala	42500 - 43750	16250 - 17500	-	9750 - 10250	9000 - 10000	-	-	34500 - 36000	44500 - 46000	13250 - 13500
Nikaweratiya	43000 - 44500	12500 - 13000	-	-	8500 - 9250	-	-	30000 - 31500	45000 - 46000	13150 - 13500
Dehiattakandiya	42500 - 52500	18000 - 25000	-	9000 - 10000	8250 - 10000	-	17500 - 19000	27500 - 35000	37500 - 47500	12750 - 14000
Dambulla (DEC)	41000 - 42000	16500 - 17000	-	8000 - 10500	7500 - 8750	-	15000 - 15500	29000 - 30000	35000 - 38750	13250 - 13750
Anuradhapura	42500 - 45000	20000 - 22500	-	10000 - 11000	9250 - 10500	-	14000 - 15000	32500 - 35000	45000 - 47500	13500 - 13750
Thambuththegama	41500 - 42000	17000 - 18250	-	8500 - 9500	8000 - 9000	-	-	-	-	13250 - 13500
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	45000 - 48000	19000 - 21500	-	10500 - 11000	10750 - 12000	-	-	32500 - 37000	42500 - 45000	13250 - 14000
Puttalam	45000 - 47500	-	15000 - 17500	11250 - 11300	9500 - 12000	-	-	35000 - 39000	46000 - 49000	13500 - 13750
Kandy	43000 - 44000	18000 - 20000	18000 - 20000	9000 - 9500	8250 - 9000	-	15000 - 15500	28000 - 30000	40000 - 41000	13750 - 14000
Matara	45000 - 46000	19000 - 21000	-	9750 - 10000	10000 - 11500	-	-	31000 - 33000	40000 - 43000	13500 - 13750
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	-	18000 - 20000	-	9700 - 9800	-	-	16000 - 17000	35000 - 36000	46000 - 46500	13000 - 14000
Galle	42500 - 44000	19000 - 21000	-	9000 - 11000	9000 - 11000	-	-	34000 - 42000	41000 - 47500	12500 - 13250
Tissamaharama	41500 - 42500	19000 - 20000	-	9500 - 9750	8250 - 8500	-	15000 - 16000	26000 - 27500	-	12500 - 12750
Meegoda (DEC)	40000 - 43000	16000 - 19000	-	8000 - 9000	8000 - 8900	-	13500 - 15500	29000 - 32500	42500 - 43000	13000 - 13250
Jaffna	52000 - 52500	-	10400 - 10600	10500 - 10600	11000 - 11500	-	-	30000 - 31000	-	12500 - 13000
Vavuniya	46000 - 47500	-	-	11000 - 11500	10500 - 11000	-	-	31000 - 32000	-	13750 - 14500
Mannar	-	15000 - 15500	-	9000 - 9000	8500 - 8750	-	-	32500 - 34000	-	12500 - 12750
Killinochchi	41500 - 43000	-	-	9000 - 10000	9000 - 10000	-	-	31500 - 33000	-	13500 - 13750
Mullattivu	45000 - 46500	19000 - 21500	-	10000 - 11500	9500 - 11000	-	-	32500 - 33500	-	13500 - 13750
Batticaloa	41000 - 42500	-	10000 - 12000	8500 - 9500	8000 - 9500	-	16000 - 17250	30000 - 32500	37500 - 37500	12500 - 13500
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	45500 - 48000	16000 - 23000	-	11000 - 11500	10500 - 12000	-	-	31500 - 34000	44000 - 46500	13750 - 14500
Matale	44000 - 45000	17000 - 18000	-	9500 - 10500	8500 - 9000	-	-	32000 - 39000	47500 - 50000	13500 - 14000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1000.00 - 1200.00	400.00 - 520.00	-	200.00 - 260.00	180.00 - 280.00	-	400.00 - 480.00	800.00 - 1000.00	1000.00 - 1200.00	270.00 - 320.00
Gampaha	950.00 - 1000.00	480.00 - 500.00	-	240.00 - 260.00	240.00 - 300.00	-	420.00 - 440.00	670.00 - 980.00	800.00 - 1180.00	280.00 - 320.00
Kurunegala	870.00 - 960.00	440.00 - 460.00	-	240.00 - 250.00	240.00 - 260.00	-	440.00 - 450.00	750.00 - 850.00	1000.00 - 1120.00	280.00 - 320.00
Nikaweratiya	920.00 - 1050.00	-	350.00 - 400.00	-	190.00 - 230.00	-	-	650.00 - 750.00	950.00 - 1100.00	280.00 - 300.00
Dambulla	950.00 - 1000.00	480.00 - 480.00	-	200.00 - 240.00	200.00 - 250.00	-	-	800.00 - 850.00	900.00 - 1100.00	280.00 - 300.00
Anuradhapura	900.00 - 1000.00	480.00 - 500.00	-	230.00 - 260.00	220.00 - 240.00	360.00 - 360.00	400.00 - 400.00	700.00 - 800.00	950.00 - 1100.00	280.00 - 300.00
Thambuththegama	950.00 - 1050.00	450.00 - 550.00	-	240.00 - 250.00	220.00 - 250.00	-	-	720.00 - 720.00	980.00 - 980.00	275.00 - 285.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	900.00 - 1000.00	440.00 - 500.00	-	260.00 - 300.00	250.00 - 300.00	-	-	650.00 - 800.00	900.00 - 940.00	270.00 - 280.00
Badulla	1000.00 - 1050.00	450.00 - 500.00	-	240.00 - 250.00	200.00 - 220.00	280.00 - 320.00	-	600.00 - 700.00	900.00 - 900.00	280.00 - 280.00
Keppetipola	900.00 - 950.00	460.00 - 480.00	-	210.00 - 240.00	200.00 - 220.00	300.00 - 320.00	-	750.00 - 760.00	900.00 - 950.00	280.00 - 300.00
Moneragala	920.00 - 1000.00	480.00 - 500.00	-	240.00 - 260.00	200.00 - 240.00	320.00 - 360.00	-	600.00 - 700.00	800.00 - 1000.00	280.00 - 300.00
Kegalle	900.00 - 1100.00	430.00 - 440.00	-	240.00 - 260.00	230.00 - 260.00	380.00 - 380.00	400.00 - 400.00	740.00 - 760.00	900.00 - 980.00	280.00 - 320.00
Ampara	950.00 - 990.00	-	340.00 - 360.00	210.00 - 230.00	205.00 - 260.00	300.00 - 320.00	-	650.00 - 750.00	850.00 - 950.00	270.00 - 290.00
Dehiattakandiya	900.00 - 1200.00	420.00 - 560.00	-	200.00 - 230.00	180.00 - 240.00	400.00 - 400.00	-	600.00 - 750.00	850.00 - 980.00	270.00 - 320.00
Nuwaraeliya	940.00 - 960.00	450.00 - 460.00	340.00 - 360.00	240.00 - 260.00	260.00 - 280.00	-	340.00 - 350.00	720.00 - 760.00	880.00 - 950.00	275.00 - 285.00
Kandy	1080.00 - 1100.00	480.00 - 500.00	-	280.00 - 300.00	240.00 - 260.00	-	440.00 - 460.00	750.00 - 850.00	1000.00 - 1100.00	300.00 - 310.00
Puttalam	1000.00 - 1050.00	-	480.00 - 480.00	270.00 - 280.00	240.00 - 240.00	-	-	830.00 - 850.00	1000.00 - 1050.00	290.00 - 300.00
Rathnapura	980.00 - 1060.00	430.00 - 480.00	360.00 - 410.00	230.00 - 250.00	250.00 - 280.00	330.00 - 380.00	-	650.00 - 750.00	1000.00 - 1100.00	270.00 - 300.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	950.00 - 1000.00	420.00 - 480.00	-	220.00 - 240.00	220.00 - 240.00	-	-	650.00 - 720.00	850.00 - 950.00	285.00 - 300.00
Galle	950.00 - 1000.00	400.00 - 500.00	-	220.00 - 240.00	220.00 - 240.00	300.00 - 340.00	-	700.00 - 900.00	850.00 - 1000.00	270.00 - 300.00
Tissamaharama	890.00 - 960.00	440.00 - 460.00	-	220.00 - 240.00	210.00 - 220.00	340.00 - 360.00	-	580.00 - 600.00	950.00 - 950.00	270.00 - 300.00
Meegoda (DEC)	900.00 - 1000.00	480.00 - 600.00	-	200.00 - 240.00	240.00 - 280.00	340.00 - 360.00	400.00 - 440.00	700.00 - 800.00	960.00 - 1120.00	280.00 - 300.00
Embilipitiya	900.00 - 950.00	400.00 - 420.00	460.00 - 480.00	198.00 - 240.00	200.00 - 240.00	380.00 - 400.00	-	600.00 - 720.00	970.00 - 1050.00	275.00 - 320.00
Jaffna	900.00 - 1000.00	-	300.00 - 350.00	220.00 - 240.00	240.00 - 250.00	-	-	650.00 - 700.00	-	270.00 - 280.00
Vavuniya	1100.00 - 1200.00	-	-	280.00 - 290.00	250.00 - 270.00	-	-	700.00 - 740.00	-	315.00 - 320.00
Mannar	900.00 - 960.00	-	-	240.00 - 240.00	220.00 - 220.00	-	-	750.00 - 800.00	-	270.00 - 280.00
Killinochchi	880.00 - 920.00	-	-	220.00 - 240.00	220.00 - 240.00	-	-	680.00 - 720.00	-	280.00 - 285.00
Mullaittivu	920.00 - 960.00	-	400.00 - 450.00	-	200.00 - 240.00	-	-	680.00 - 700.00	-	275.00 - 280.00
Batticaloa	900.00 - 1000.00	-	-	250.00 - 280.00	250.00 - 280.00	-	480.00 - 530.00	700.00 - 750.00	900.00 - 950.00	270.00 - 270.00
Trincomalee	920.00 - 950.00	-	360.00 - 380.00	220.00 - 230.00	230.00 - 240.00	-	-	700.00 - 740.00	-	275.00 - 280.00
Hanguranketha	900.00 - 1000.00	-	400.00 - 400.00	250.00 - 260.00	200.00 - 230.00	-	-	690.00 - 720.00	950.00 - 1000.00	290.00 - 295.00
Veyangoda	900.00 - 920.00	440.00 - 480.00	-	220.00 - 260.00	200.00 - 240.00	360.00 - 360.00	400.00 - 400.00	720.00 - 800.00	980.00 - 1040.00	280.00 - 320.00
Galenbindunuwewa	930.00 - 980.00	400.00 - 480.00	-	240.00 - 280.00	230.00 - 260.00	-	-	650.00 - 700.00	900.00 - 950.00	280.00 - 295.00
Bandarawela	900.00 - 1000.00	440.00 - 480.00	-	230.00 - 240.00	200.00 - 230.00	300.00 - 330.00	-	700.00 - 800.00	900.00 - 950.00	270.00 - 300.00
Matale	960.00 - 1000.00	400.00 - 400.00	360.00 - 360.00	240.00 - 260.00	185.00 - 220.00	-	-	800.00 - 1000.00	900.00 - 1000.00	280.00 - 285.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 50: 12 - 18 Dec 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	600.00 - 900.00	150.00 - 200.00	180.00 - 250.00	350.00 - 550.00	300.00 - 300.00
Meegoda (DEC)	-	630.00 - 700.00	220.00 - 250.00	220.00 - 250.00	530.00 - 550.00	430.00 - 480.00
Dambulla (DEC)	-	620.00 - 800.00	140.00 - 180.00	160.00 - 180.00	350.00 - 400.00	350.00 - 400.00
Keppetipola (DEC)	-	600.00 - 650.00	180.00 - 220.00	180.00 - 200.00	350.00 - 370.00	300.00 - 350.00
Norochchole (DEC)	-	800.00 - 900.00	350.00 - 400.00	320.00 - 350.00	450.00 - 500.00	-
Nuwara Eliya	-	640.00 - 680.00	210.00 - 230.00	210.00 - 230.00	320.00 - 340.00	270.00 - 280.00
Kandy	-	700.00 - 750.00	200.00 - 230.00	200.00 - 230.00	350.00 - 380.00	280.00 - 300.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	700.00 - 800.00	180.00 - 220.00	180.00 - 250.00	380.00 - 450.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	420.00 - 500.00	190.00 - 230.00	200.00 - 220.00	420.00 - 450.00	320.00 - 330.00
Veyangoda	-	650.00 - 700.00	220.00 - 260.00	200.00 - 240.00	500.00 - 550.00	400.00 - 450.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	150.00 - 200.00	150.00 - 220.00	260.00 - 450.00	200.00 - 250.00	380.00 - 500.00	800.00 - 1000.00
Meegoda (DEC)	150.00 - 180.00	190.00 - 300.00	430.00 - 480.00	250.00 - 270.00	450.00 - 550.00	1000.00 - 1100.00
Moneragala	150.00 - 160.00	250.00 - 280.00	200.00 - 300.00	200.00 - 250.00	300.00 - 400.00	750.00 - 800.00
Dambulla (DEC)	150.00 - 180.00	200.00 - 230.00	330.00 - 350.00	180.00 - 240.00	450.00 - 550.00	900.00 - 1000.00
Keppetipola (DEC)	120.00 - 140.00	150.00 - 180.00	350.00 - 380.00	200.00 - 230.00	350.00 - 380.00	1000.00 - 1100.00
Norochchole (DEC)	200.00 - 250.00	250.00 - 300.00	480.00 - 520.00	300.00 - 320.00	580.00 - 650.00	950.00 - 1100.00
Nuwara Eliya	160.00 - 180.00	210.00 - 230.00	380.00 - 420.00	240.00 - 260.00	460.00 - 500.00	1180.00 - 1220.00
Kandy	130.00 - 150.00	150.00 - 200.00	240.00 - 250.00	240.00 - 250.00	350.00 - 380.00	800.00 - 850.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	220.00 - 250.00	180.00 - 220.00	300.00 - 350.00	180.00 - 250.00	500.00 - 550.00	900.00 - 1000.00
Tissamaharama	200.00 - 220.00	280.00 - 300.00	400.00 - 420.00	200.00 - 220.00	400.00 - 450.00	900.00 - 950.00
Jaffna	-	-	-	-	-	-
Bandarawela	130.00 - 140.00	170.00 - 220.00	400.00 - 420.00	200.00 - 230.00	400.00 - 440.00	900.00 - 1000.00
Veyangoda	140.00 - 170.00	200.00 - 240.00	400.00 - 450.00	250.00 - 280.00	450.00 - 560.00	1100.00 - 1200.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 120.00	120.00 - 150.00	700.00 - 800.00	380.00 - 500.00	-	580.00 - 700.00
Meegoda (DEC)	110.00 - 115.00	150.00 - 180.00	700.00 - 830.00	450.00 - 500.00	-	470.00 - 500.00
Moneragala	80.00 - 100.00	160.00 - 200.00	600.00 - 700.00	400.00 - 450.00	-	450.00 - 480.00
Dambulla (DEC)	60.00 - 80.00	130.00 - 150.00	600.00 - 750.00	350.00 - 400.00	-	450.00 - 500.00
Keppetipola (DEC)	90.00 - 100.00	160.00 - 180.00	650.00 - 700.00	400.00 - 420.00	-	480.00 - 520.00
Norochchole (DEC)	150.00 - 160.00	180.00 - 200.00	850.00 - 900.00	300.00 - 350.00	-	700.00 - 750.00
Nuwara Eliya	100.00 - 120.00	180.00 - 200.00	680.00 - 720.00	460.00 - 480.00	-	560.00 - 580.00
Kandy	80.00 - 100.00	150.00 - 170.00	550.00 - 600.00	400.00 - 420.00	-	450.00 - 480.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	60.00 - 90.00	90.00 - 110.00	700.00 - 780.00	350.00 - 400.00	-	450.00 - 500.00
Tissamaharama	140.00 - 160.00	180.00 - 200.00	650.00 - 660.00	380.00 - 400.00	-	480.00 - 520.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 100.00	160.00 - 170.00	600.00 - 630.00	420.00 - 440.00	-	420.00 - 450.00
Veyangoda	90.00 - 110.00	150.00 - 180.00	780.00 - 830.00	420.00 - 480.00	-	520.00 - 560.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	500.00 - 600.00	100.00 - 160.00	700.00 - 800.00	280.00 - 400.00	160.00 - 250.00	80.00 - 120.00
Meegoda (DEC)	550.00 - 650.00	140.00 - 160.00	880.00 - 950.00	250.00 - 350.00	170.00 - 210.00	100.00 - 110.00
Moneragala	350.00 - 400.00	60.00 - 80.00	850.00 - 900.00	250.00 - 300.00	200.00 - 220.00	80.00 - 100.00
Dambulla (DEC)	450.00 - 550.00	130.00 - 150.00	700.00 - 800.00	250.00 - 280.00	160.00 - 200.00	80.00 - 100.00
Keppetipola (DEC)	500.00 - 520.00	120.00 - 140.00	750.00 - 800.00	260.00 - 300.00	170.00 - 180.00	100.00 - 120.00
Norochhole (DEC)	550.00 - 600.00	120.00 - 150.00	850.00 - 1000.00	450.00 - 500.00	-	100.00 - 100.00
Nuwara Eliya	580.00 - 600.00	180.00 - 200.00	900.00 - 1000.00	360.00 - 400.00	180.00 - 200.00	120.00 - 140.00
Kandy	450.00 - 500.00	140.00 - 160.00	550.00 - 600.00	300.00 - 320.00	170.00 - 180.00	110.00 - 130.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	450.00 - 500.00	70.00 - 80.00	600.00 - 700.00	250.00 - 320.00	150.00 - 180.00	80.00 - 100.00
Tissamaharama	350.00 - 360.00	100.00 - 120.00	680.00 - 720.00	300.00 - 350.00	200.00 - 220.00	140.00 - 160.00
Jaffna	-	-	-	-	-	-
Bandarawela	380.00 - 400.00	120.00 - 150.00	880.00 - 950.00	300.00 - 320.00	190.00 - 200.00	-
Veyangoda	550.00 - 600.00	160.00 - 180.00	950.00 - 1000.00	260.00 - 300.00	200.00 - 220.00	120.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	60.00 - 60.00	60.00 - 60.00	400.00 - 450.00	150.00 - 170.00	130.00 - 140.00
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	180.00 - 240.00	185.00 - 195.00	160.00 - 170.00
Norochhole (DEC)	40.00 - 40.00	40.00 - 40.00	-	170.00 - 180.00	130.00 - 140.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	35.00 - 40.00	35.00 - 40.00	150.00 - 150.00	150.00 - 160.00	115.00 - 125.00
Kandy	60.00 - 65.00	60.00 - 65.00	320.00 - 340.00	150.00 - 155.00	110.00 - 120.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	-	100.00 - 130.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	-	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	-	-	-	-	-

Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	800.00 - 1200.00	220.00 - 480.00	280.00 - 600.00	500.00 - 800.00	450.00 - 650.00	280.00 - 600.00	220.00 - 480.00	350.00 - 600.00	440.00 - 460.00	280.00 - 320.00	380.00 - 420.00	540.00 - 560.00				
Gampaha	-	980.00 - 1020.00	390.00 - 420.00	350.00 - 400.00	450.00 - 520.00	440.00 - 460.00	280.00 - 320.00	380.00 - 420.00	540.00 - 560.00	-	320.00 - 360.00	320.00 - 400.00	480.00 - 540.00				
Kurunegala	-	950.00 - 1000.00	350.00 - 400.00	320.00 - 360.00	480.00 - 540.00	450.00 - 450.00	280.00 - 300.00	400.00 - 440.00	560.00 - 600.00	-	320.00 - 380.00	320.00 - 380.00	550.00 - 600.00				
Nikaweratiya	-	1000.00 - 1200.00	400.00 - 480.00	400.00 - 480.00	450.00 - 480.00	420.00 - 500.00	320.00 - 400.00	320.00 - 420.00	460.00 - 520.00	-	320.00 - 400.00	320.00 - 420.00	460.00 - 520.00				
Dambulla	-	1100.00 - 1200.00	360.00 - 380.00	360.00 - 380.00	480.00 - 560.00	500.00 - 540.00	260.00 - 280.00	360.00 - 380.00	460.00 - 500.00	-	320.00 - 360.00	320.00 - 400.00	480.00 - 540.00				
Anuradhapura	-	1000.00 - 1200.00	360.00 - 440.00	360.00 - 440.00	540.00 - 600.00	-	320.00 - 360.00	320.00 - 400.00	480.00 - 540.00	-	320.00 - 380.00	320.00 - 380.00	550.00 - 600.00				
Thambuththegama	-	880.00 - 950.00	320.00 - 380.00	350.00 - 380.00	560.00 - 650.00	-	320.00 - 380.00	320.00 - 380.00	550.00 - 600.00	-	320.00 - 380.00	320.00 - 380.00	550.00 - 600.00				
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-				
Kaluthara	-	800.00 - 1100.00	360.00 - 480.00	360.00 - 480.00	600.00 - 800.00	-	300.00 - 320.00	360.00 - 400.00	360.00 - 500.00	-	300.00 - 320.00	360.00 - 400.00	360.00 - 500.00				
Badulla	-	800.00 - 1000.00	320.00 - 360.00	360.00 - 400.00	580.00 - 600.00	480.00 - 520.00	220.00 - 240.00	240.00 - 280.00	380.00 - 400.00	-	220.00 - 240.00	240.00 - 280.00	380.00 - 400.00				
Keppetipola	-	680.00 - 720.00	260.00 - 300.00	260.00 - 280.00	400.00 - 420.00	380.00 - 400.00	160.00 - 180.00	220.00 - 250.00	400.00 - 430.00	-	160.00 - 180.00	220.00 - 250.00	400.00 - 430.00				
Moneragala	-	800.00 - 1000.00	300.00 - 360.00	340.00 - 400.00	480.00 - 520.00	-	200.00 - 240.00	320.00 - 400.00	380.00 - 400.00	-	200.00 - 240.00	320.00 - 400.00	380.00 - 400.00				
Kegalle	-	1100.00 - 1150.00	450.00 - 480.00	450.00 - 480.00	540.00 - 560.00	700.00 - 720.00	380.00 - 400.00	380.00 - 420.00	580.00 - 600.00	-	380.00 - 400.00	380.00 - 420.00	580.00 - 600.00				
Ampara	-	800.00 - 1000.00	220.00 - 360.00	400.00 - 520.00	440.00 - 480.00	-	160.00 - 220.00	240.00 - 360.00	380.00 - 580.00	-	160.00 - 220.00	240.00 - 360.00	380.00 - 580.00				
Dehiattakandiya	-	800.00 - 860.00	400.00 - 400.00	300.00 - 400.00	520.00 - 520.00	400.00 - 420.00	300.00 - 360.00	400.00 - 400.00	600.00 - 600.00	-	300.00 - 360.00	400.00 - 400.00	600.00 - 600.00				
Nuwaraeliya	-	750.00 - 800.00	320.00 - 340.00	300.00 - 330.00	430.00 - 450.00	380.00 - 400.00	260.00 - 280.00	300.00 - 320.00	500.00 - 600.00	-	260.00 - 280.00	300.00 - 320.00	500.00 - 600.00				
Kandy	-	900.00 - 1000.00	360.00 - 400.00	320.00 - 360.00	450.00 - 480.00	450.00 - 480.00	200.00 - 240.00	300.00 - 320.00	450.00 - 480.00	-	200.00 - 240.00	300.00 - 320.00	450.00 - 480.00				
Puttalam	-	1000.00 - 1200.00	480.00 - 500.00	480.00 - 520.00	550.00 - 600.00	-	320.00 - 400.00	400.00 - 480.00	600.00 - 600.00	-	320.00 - 400.00	400.00 - 480.00	600.00 - 600.00				
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-				
Rathnapura	-	800.00 - 900.00	360.00 - 430.00	350.00 - 400.00	480.00 - 530.00	-	260.00 - 300.00	250.00 - 320.00	400.00 - 500.00	-	260.00 - 300.00	250.00 - 320.00	400.00 - 500.00				
Matara	-	1100.00 - 1200.00	380.00 - 400.00	320.00 - 400.00	-	-	320.00 - 400.00	320.00 - 400.00	440.00 - 480.00	-	320.00 - 400.00	320.00 - 400.00	440.00 - 480.00				
Galle	-	800.00 - 1000.00	360.00 - 400.00	320.00 - 400.00	600.00 - 600.00	-	320.00 - 360.00	400.00 - 460.00	400.00 - 480.00	-	320.00 - 360.00	400.00 - 460.00	400.00 - 480.00				
Tissamaharama	-	900.00 - 1000.00	340.00 - 360.00	320.00 - 350.00	600.00 - 620.00	400.00 - 420.00	250.00 - 280.00	340.00 - 360.00	480.00 - 500.00	-	250.00 - 280.00	340.00 - 360.00	480.00 - 500.00				
Meegoda (DEC)	-	960.00 - 1200.00	400.00 - 480.00	400.00 - 480.00	600.00 - 640.00	560.00 - 600.00	300.00 - 320.00	400.00 - 480.00	560.00 - 680.00	-	300.00 - 320.00	400.00 - 480.00	560.00 - 680.00				
Embilipitiya	-	700.00 - 800.00	300.00 - 400.00	300.00 - 400.00	480.00 - 600.00	-	240.00 - 320.00	320.00 - 400.00	480.00 - 600.00	-	240.00 - 320.00	320.00 - 400.00	480.00 - 600.00				
Jaffna	-	800.00 - 900.00	300.00 - 360.00	330.00 - 460.00	350.00 - 400.00	-	-	350.00 - 360.00	400.00 - 450.00	-	-	350.00 - 360.00	400.00 - 450.00				
Vavuniya	-	950.00 - 1000.00	400.00 - 450.00	400.00 - 500.00	600.00 - 700.00	-	450.00 - 500.00	400.00 - 480.00	700.00 - 750.00	-	450.00 - 500.00	400.00 - 480.00	700.00 - 750.00				
Mannar	-	900.00 - 1000.00	380.00 - 400.00	380.00 - 400.00	480.00 - 500.00	-	250.00 - 300.00	450.00 - 480.00	550.00 - 560.00	-	250.00 - 300.00	450.00 - 480.00	550.00 - 560.00				
Killinochchi	-	1000.00 - 1050.00	380.00 - 420.00	380.00 - 420.00	550.00 - 600.00	-	240.00 - 260.00	380.00 - 420.00	450.00 - 500.00	-	240.00 - 260.00	380.00 - 420.00	450.00 - 500.00				
Mullaittivu	-	960.00 - 1000.00	400.00 - 450.00	400.00 - 450.00	500.00 - 550.00	-	300.00 - 330.00	390.00 - 420.00	460.00 - 500.00	-	300.00 - 330.00	390.00 - 420.00	460.00 - 500.00				
Batticaloa	-	950.00 - 1000.00	400.00 - 450.00	400.00 - 400.00	550.00 - 600.00	-	-	400.00 - 400.00	500.00 - 550.00	-	-	400.00 - 400.00	500.00 - 550.00				
Trincomalee	-	800.00 900.00	400.00 450.00	400.00 440.00	450.00 - 500.00	-	320.00 - 360.00	360.00 400.00	550.00 600.00	-	320.00 - 360.00	360.00 400.00	550.00 600.00				
Hanguranketha	-	650.00 - 680.00	260.00 - 280.00	250.00 - 260.00	400.00 - 420.00	290.00 - 300.00	130.00 - 140.00	190.00 - 210.00	430.00 - 450.00	-	130.00 - 140.00	190.00 - 210.00	430.00 - 450.00				
Veyangoda	-	840.00 - 920.00	320.00 - 400.00	320.00 - 360.00	640.00 - 680.00	560.00 - 600.00	220.00 - 260.00	320.00 - 360.00	560.00 - 600.00	-	220.00 - 260.00	320.00 - 360.00	560.00 - 600.00				
Galenbindunuwewa	-	980.00 - 1200.00	440.00 - 480.00	400.00 - 460.00	480.00 - 560.00	-	200.00 - 240.00	300.00 - 360.00	480.00 - 600.00	-	200.00 - 240.00	300.00 - 360.00	480.00 - 600.00				
Bandarawela	-	580.00 - 640.00	320.00 - 400.00	300.00 - 340.00	500.00 - 520.00	360.00 - 380.00	160.00 - 200.00	280.00 - 320.00	480.00 - 520.00	-	160.00 - 200.00	280.00 - 320.00	480.00 - 520.00				
Matale	-	900.00 - 1000.00	360.00 - 400.00	360.00 - 400.00	600.00 - 620.00	440.00 - 480.00	200.00 - 240.00	320.00 - 360.00	600.00 - 640.00	-	200.00 - 240.00	320.00 - 360.00	600.00 - 640.00				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans	
Colombo	280.00 - 560.00	500.00 - 800.00	950.00 - 1500.00	140.00 - 320.00	180.00 - 360.00	900.00 - 1200.00	550.00 - 850.00	-	650.00 - 1000.00	550.00 - 850.00	
Gampaha	380.00 - 400.00	460.00 - 500.00	1000.00 - 1400.00	180.00 - 220.00	200.00 - 250.00	800.00 - 1000.00	460.00 - 500.00	-	550.00 - 560.00	800.00 - 860.00	
Kurunegala	380.00 - 400.00	500.00 - 560.00	1300.00 - 1400.00	160.00 - 200.00	240.00 - 250.00	950.00 - 1000.00	500.00 - 600.00	-	600.00 - 640.00	750.00 - 800.00	
Nikaweratiya	330.00 - 420.00	600.00 - 720.00	1000.00 - 1400.00	160.00 - 200.00	200.00 - 250.00	750.00 - 850.00	-	-	600.00 - 700.00	600.00 - 680.00	
Dambulla	400.00 - 420.00	600.00 - 640.00	1300.00 - 1400.00	160.00 - 200.00	240.00 - 280.00	880.00 - 1000.00	640.00 - 680.00	-	640.00 - 680.00	600.00 - 680.00	
Anuradhapura	360.00 - 400.00	560.00 - 600.00	1000.00 - 1400.00	160.00 - 180.00	240.00 - 320.00	840.00 - 880.00	560.00 - 640.00	-	640.00 - 700.00	600.00 - 680.00	
Thambuththegama	350.00 - 380.00	720.00 - 780.00	1200.00 - 1500.00	150.00 - 180.00	180.00 - 220.00	850.00 - 1000.00	580.00 - 680.00	-	650.00 - 700.00	600.00 - 700.00	
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	
Kaluthara	350.00 - 400.00	540.00 - 580.00	1200.00 - 1300.00	200.00 - 300.00	280.00 - 320.00	760.00 - 1000.00	480.00 - 640.00	-	520.00 - 640.00	640.00 - 700.00	
Badulla	320.00 - 400.00	520.00 - 600.00	800.00 - 1000.00	200.00 - 240.00	300.00 - 320.00	780.00 - 800.00	480.00 - 520.00	-	580.00 - 600.00	480.00 - 520.00	
Keppetipola	260.00 - 300.00	420.00 - 450.00	1200.00 - 1250.00	150.00 - 160.00	220.00 - 240.00	730.00 - 760.00	460.00 - 480.00	-	550.00 - 560.00	560.00 - 580.00	
Moneragala	320.00 - 340.00	480.00 - 600.00	880.00 - 1000.00	160.00 - 200.00	260.00 - 320.00	700.00 - 800.00	480.00 - 520.00	-	520.00 - 600.00	480.00 - 520.00	
Kegalle	440.00 - 480.00	560.00 - 600.00	1100.00 - 1250.00	150.00 - 200.00	300.00 - 320.00	900.00 - 960.00	540.00 - 560.00	-	700.00 - 720.00	700.00 - 720.00	
Ampara	280.00 - 380.00	480.00 - 560.00	980.00 - 1100.00	160.00 - 220.00	220.00 - 260.00	800.00 - 860.00	400.00 - 460.00	-	380.00 - 460.00	400.00 - 480.00	
Dehiattakandiya	400.00 - 400.00	600.00 - 600.00	-	200.00 - 280.00	200.00 - 260.00	980.00 - 1000.00	-	-	600.00 - 700.00	600.00 - 600.00	
Nuwaraeliya	340.00 - 360.00	560.00 - 580.00	1400.00 - 1600.00	220.00 - 250.00	280.00 - 300.00	800.00 - 850.00	580.00 - 620.00	-	680.00 - 700.00	700.00 - 720.00	
Kandy	360.00 - 400.00	600.00 - 650.00	1100.00 - 1200.00	160.00 - 180.00	260.00 - 300.00	750.00 - 800.00	480.00 - 500.00	-	550.00 - 600.00	600.00 - 650.00	
Puttalam	400.00 - 400.00	750.00 - 800.00	1200.00 - 1300.00	280.00 - 300.00	280.00 - 320.00	1000.00 - 1000.00	400.00 - 400.00	-	850.00 - 1000.00	700.00 - 800.00	
Rathnapura	280.00 - 360.00	480.00 - 570.00	1400.00 - 1500.00	180.00 - 220.00	200.00 - 250.00	-	500.00 - 600.00	-	600.00 - 660.00	600.00 - 700.00	
Hambantota	-	-	-	-	-	-	-	-	-	-	
Matara	300.00 - 320.00	580.00 - 640.00	1000.00 - 1200.00	160.00 - 200.00	260.00 - 320.00	800.00 - 1000.00	580.00 - 640.00	-	620.00 - 720.00	560.00 - 600.00	
Galle	320.00 - 400.00	480.00 - 500.00	1200.00 - 1200.00	160.00 - 240.00	200.00 - 280.00	700.00 - 800.00	480.00 - 600.00	-	480.00 - 600.00	600.00 - 640.00	
Tissamaharama	260.00 - 280.00	500.00 - 550.00	1000.00 - 1100.00	180.00 - 200.00	220.00 - 240.00	700.00 - 720.00	440.00 - 450.00	-	550.00 - 580.00	400.00 - 420.00	
Meegoda (DEC)	400.00 - 480.00	600.00 - 720.00	1200.00 - 1400.00	160.00 - 240.00	280.00 - 360.00	920.00 - 1000.00	600.00 - 720.00	-	680.00 - 720.00	720.00 - 800.00	
Embilipitiya	300.00 - 400.00	500.00 - 600.00	1000.00 - 1100.00	200.00 - 240.00	200.00 - 240.00	950.00 - 1000.00	550.00 - 600.00	-	720.00 - 800.00	400.00 - 480.00	
Jaffna	300.00 - 320.00	600.00 - 630.00	720.00 - 820.00	80.00 - 90.00	200.00 - 240.00	1000.00 - 1200.00	300.00 - 330.00	-	-	650.00 - 700.00	
Vavuniya	400.00 - 450.00	650.00 - 700.00	900.00 - 1000.00	160.00 - 180.00	240.00 - 270.00	1200.00 - 1350.00	500.00 - 600.00	-	-	800.00 - 900.00	
Mannar	300.00 - 350.00	700.00 - 750.00	950.00 - 1000.00	180.00 - 200.00	240.00 - 250.00	1000.00 - 1200.00	800.00 - 800.00	-	-	600.00 - 650.00	
Killinochchi	320.00 - 340.00	550.00 - 600.00	950.00 - 1000.00	180.00 - 200.00	200.00 - 220.00	1000.00 - 1050.00	300.00 - 340.00	-	-	700.00 - 750.00	
Mullaittivu	350.00 - 400.00	580.00 - 640.00	800.00 - 1000.00	130.00 - 150.00	180.00 - 220.00	950.00 - 1000.00	360.00 - 420.00	-	-	750.00 - 800.00	
Batticaloa	400.00 - 450.00	600.00 - 600.00	1100.00 - 1200.00	160.00 - 180.00	-	1000.00 - 1000.00	450.00 - 480.00	-	450.00 - 480.00	450.00 - 500.00	
Trincomalee	360.00 - 400.00	560.00 - 600.00	900.00 - 1000.00	200.00 - 220.00	240.00 - 250.00	900.00 - 1000.00	320.00 - 360.00	-	-	700.00 - 750.00	
Hanguranketha	300.00 320.00	440.00 450.00	1000.00 1200.00	120.00 140.00	200.00 220.00	800.00 820.00	460.00 480.00	-	580.00 600.00	600.00 640.00	
Veyangoda	360.00 - 400.00	560.00 - 640.00	1300.00 - 1500.00	180.00 - 220.00	240.00 - 320.00	920.00 - 960.00	560.00 - 600.00	-	680.00 - 720.00	720.00 - 800.00	
Galenbindunuwewa	280.00 - 320.00	480.00 - 520.00	1000.00 - 1200.00	180.00 - 240.00	180.00 - 240.00	960.00 - 1000.00	580.00 - 600.00	-	600.00 - 720.00	-	
Bandarawela	300.00 - 340.00	480.00 - 520.00	1100.00 - 1200.00	160.00 - 200.00	200.00 - 240.00	680.00 - 720.00	500.00 - 540.00	-	480.00 - 540.00	460.00 - 520.00	
Matale	400.00 - 440.00	720.00 - 760.00	1100.00 - 1200.00	160.00 - 200.00	240.00 - 280.00	800.00 - 840.00	480.00 - 520.00	-	560.00 - 640.00	760.00 - 800.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 360.00	750.00 - 1600.00	600.00 - 1000.00	300.00 - 400.00	150.00 - 240.00	70.00 - 100.00	70.00 - 100.00	260.00 - 360.00	180.00 - 210.00	160.00 - 195.00
Gampaha	200.00 - 240.00	850.00 - 1000.00	800.00 - 900.00	260.00 - 280.00	150.00 - 160.00	60.00 - 70.00	60.00 - 70.00	40.00 - 50.00	180.00 - 200.00	100.00 - 150.00
Kurunegala	260.00 - 300.00	1000.00 - 1200.00	600.00 - 750.00	250.00 - 280.00	150.00 - 160.00	40.00 - 60.00	40.00 - 60.00	50.00 - 60.00	190.00 - 200.00	130.00 - 150.00
Nikaweratiya	180.00 - 260.00	900.00 - 1100.00	600.00 - 700.00	240.00 - 320.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	180.00 - 180.00	160.00 - 170.00	140.00 - 150.00
Dambulla	200.00 - 240.00	900.00 - 1000.00	500.00 - 600.00	280.00 - 300.00	180.00 - 220.00	60.00 - 80.00	60.00 - 80.00	60.00 - 80.00	160.00 - 170.00	140.00 - 150.00
Anuradhapura	200.00 - 240.00	1000.00 - 1200.00	500.00 - 700.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 180.00	120.00 - 140.00
Thambuththegama	120.00 - 150.00	1200.00 - 1500.00	440.00 - 500.00	250.00 - 300.00	150.00 - 200.00	-	-	-	150.00 - 150.00	110.00 - 110.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	240.00 - 300.00	1000.00 - 1200.00	600.00 - 800.00	280.00 - 340.00	160.00 - 200.00	80.00 - 80.00	80.00 - 100.00	100.00 - 120.00	200.00 - 220.00	150.00 - 170.00
Badulla	240.00 - 280.00	800.00 - 1000.00	600.00 - 600.00	-	160.00 - 200.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	190.00 - 190.00	160.00 - 170.00
Keppetipola	180.00 - 200.00	900.00 - 950.00	380.00 - 400.00	200.00 - 220.00	130.00 - 140.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	170.00 - 180.00	150.00 - 160.00
Moneragala	120.00 - 160.00	900.00 - 1000.00	300.00 - 400.00	260.00 - 320.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	60.00 - 80.00	160.00 - 180.00	120.00 - 140.00
Kegalle	200.00 - 240.00	900.00 - 1000.00	700.00 - 750.00	340.00 - 360.00	180.00 - 200.00	70.00 - 80.00	70.00 - 90.00	40.00 - 60.00	200.00 - 210.00	180.00 - 190.00
Ampara	180.00 - 240.00	800.00 - 980.00	800.00 - 1000.00	260.00 - 300.00	120.00 - 160.00	60.00 - 70.00	60.00 - 60.00	-	150.00 - 170.00	-
Dehiattakandiya	200.00 - 300.00	1200.00 - 1300.00	400.00 - 600.00	260.00 - 300.00	200.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	150.00 - 160.00	110.00 - 130.00
Nuwaraeliya	300.00 - 320.00	700.00 - 800.00	550.00 - 620.00	300.00 - 340.00	250.00 - 260.00	80.00 - 90.00	80.00 - 90.00	90.00 - 100.00	190.00 - 200.00	170.00 - 180.00
Kandy	260.00 - 280.00	1000.00 - 1100.00	500.00 - 600.00	300.00 - 320.00	200.00 - 240.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	170.00 - 180.00	130.00 - 140.00
Puttalam	200.00 - 240.00	1000.00 - 1000.00	-	400.00 - 400.00	200.00 - 200.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	200.00 - 220.00	160.00 - 170.00
Rathnapura	160.00 - 230.00	1200.00 - 1300.00	600.00 - 700.00	220.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	150.00 - 175.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	200.00 - 240.00	800.00 - 1000.00	500.00 - 700.00	280.00 - 320.00	150.00 - 180.00	60.00 - 60.00	60.00 - 60.00	90.00 - 120.00	190.00 - 200.00	160.00 - 170.00
Galle	180.00 - 200.00	800.00 - 1200.00	600.00 - 800.00	280.00 - 320.00	200.00 - 240.00	70.00 - 80.00	60.00 - 60.00	80.00 - 100.00	220.00 - 220.00	170.00 - 190.00
Tissamaharama	140.00 - 160.00	750.00 - 800.00	400.00 - 450.00	260.00 - 280.00	180.00 - 200.00	40.00 - 45.00	40.00 - 45.00	70.00 - 80.00	190.00 - 200.00	160.00 - 170.00
Meegoda (DEC)	280.00 - 300.00	1000.00 - 1200.00	600.00 - 700.00	300.00 - 360.00	150.00 - 240.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	210.00 - 220.00	180.00 - 190.00
Embilipitiya	150.00 - 200.00	1000.00 - 1200.00	450.00 - 550.00	160.00 - 200.00	140.00 - 160.00	50.00 - 70.00	50.00 - 70.00	100.00 - 120.00	160.00 - 200.00	120.00 - 150.00
Jaffna	60.00 - 80.00	650.00 - 700.00	400.00 - 450.00	290.00 - 320.00	150.00 - 170.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	210.00 - 220.00	140.00 - 150.00
Vavuniya	250.00 - 280.00	1450.00 - 1600.00	300.00 - 400.00	260.00 - 300.00	180.00 - 200.00	80.00 - 100.00	70.00 - 80.00	120.00 - 130.00	170.00 - 200.00	140.00 - 160.00
Mannar	180.00 - 180.00	800.00 - 800.00	800.00 - 850.00	240.00 - 250.00	180.00 - 200.00	80.00 - 90.00	70.00 - 80.00	55.00 - 60.00	180.00 - 200.00	125.00 - 130.00
Killinochchi	180.00 - 200.00	900.00 - 950.00	350.00 - 400.00	240.00 - 260.00	120.00 - 140.00	75.00 - 80.00	50.00 - 60.00	80.00 - 85.00	170.00 - 190.00	100.00 - 120.00
Mullaittivu	150.00 - 170.00	-	400.00 - 450.00	220.00 - 250.00	150.00 - 180.00	80.00 - 80.00	60.00 - 60.00	50.00 - 50.00	160.00 - 170.00	95.00 - 110.00
Batticaloa	200.00 - 200.00	1000.00 - 1000.00	600.00 - 600.00	240.00 - 240.00	150.00 - 160.00	100.00 - 100.00	-	100.00 - 100.00	170.00 - 180.00	100.00 - 100.00
Trincomalee	220.00 240.00	900.00 1000.00	550.00 600.00	300.00 320.00	200.00 220.00	85.00 90.00	75.00 80.00	50.00 55.00	170.00 180.00	110.00 120.00
Hanguranketha	200.00 - 240.00	950.00 - 1500.00	400.00 - 480.00	220.00 - 280.00	140.00 - 180.00	60.00 - 60.00	60.00 - 60.00	50.00 - 60.00	170.00 - 175.00	-
Veyangoda	280.00 - 320.00	1300.00 - 1400.00	520.00 - 560.00	280.00 - 320.00	200.00 - 240.00	35.00 - 40.00	35.00 - 40.00	-	200.00 - 220.00	170.00 - 190.00
Galenbindunuwewa	200.00 - 240.00	800.00 - 1000.00	500.00 - 600.00	240.00 - 240.00	160.00 - 200.00	60.00 - 70.00	50.00 - 60.00	60.00 - 70.00	150.00 - 160.00	120.00 - 135.00
Bandarawela	180.00 - 220.00	850.00 - 1000.00	500.00 - 550.00	240.00 - 250.00	170.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	180.00 - 190.00	160.00 - 170.00
Matale	240.00 - 300.00	900.00 - 1000.00	500.00 - 600.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	140.00 - 160.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 50: 12 - 18 Dec 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 200.00	250.00 - 350.00	150.00 - 200.00	36.00 - 50.00	50.00 - 70.00	380.00 - 450.00	300.00 - 360.00	200.00 - 280.00	-	83.00 - 150.00
Gampaha	140.00 - 180.00	250.00 - 280.00	150.00 - 180.00	-	-	250.00 - 300.00	-	-	25.00 - 25.00	65.00 - 100.00
Kurunegala	120.00 - 140.00	280.00 - 300.00	120.00 - 150.00	-	70.00 - 74.00	380.00 - 400.00	-	-	-	65.00 - 75.00
Nikaweratiya	150.00 - 180.00	350.00 - 380.00	150.00 - 180.00	-	60.00 - 70.00	450.00 - 550.00	350.00 - 480.00	-	-	-
Dambulla	120.00 - 140.00	300.00 - 340.00	140.00 - 180.00	-	56.00 - 60.00	450.00 - 500.00	350.00 - 400.00	180.00 - 200.00	30.00 - 40.00	50.00 - 60.00
Anuradhapura	140.00 - 200.00	350.00 - 400.00	150.00 - 200.00	35.00 - 38.00	43.00 - 47.00	550.00 - 650.00	400.00 - 480.00	300.00 - 350.00	-	50.00 - 80.00
Thambuththegama	180.00 - 200.00	320.00 - 380.00	100.00 - 150.00	-	-	350.00 - 380.00	-	-	-	150.00 - 150.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	180.00 - 220.00	300.00 - 350.00	200.00 - 220.00	28.00 - 35.00	36.00 - 40.00	442.00 - 468.00	340.00 - 360.00	272.00 - 288.00	-	60.00 - 90.00
Badulla	150.00 - 160.00	280.00 - 300.00	150.00 - 170.00	25.00 - 33.00	33.00 - 41.00	300.00 - 350.00	250.00 - 250.00	150.00 - 200.00	16.00 - 20.00	-
Keppetipola	150.00 - 170.00	270.00 - 280.00	140.00 - 160.00	30.00 - 32.00	50.00 - 55.00	350.00 - 360.00	300.00 - 320.00	200.00 - 220.00	25.00 - 26.00	50.00 - 55.00
Moneragala	100.00 - 120.00	250.00 - 320.00	80.00 - 100.00	22.00 - 25.00	28.00 - 30.00	630.00 - 680.00	525.00 - 570.00	-	-	50.00 - 60.00
Kegalle	140.00 - 160.00	300.00 - 350.00	150.00 - 170.00	35.00 - 40.00	50.00 - 52.00	600.00 - 700.00	350.00 - 400.00	100.00 - 150.00	-	80.00 - 100.00
Ampara	150.00 - 160.00	280.00 - 300.00	130.00 - 140.00	35.00 - 38.00	46.00 - 50.00	350.00 - 400.00	-	-	-	50.00 - 60.00
Dehiattakandiya	150.00 - 200.00	350.00 - 350.00	180.00 - 180.00	-	43.00 - 59.00	480.00 - 530.00	400.00 - 420.00	250.00 - 300.00	-	-
Nuwaraeliya	160.00 - 170.00	300.00 - 320.00	150.00 - 160.00	34.00 - 36.00	56.00 - 60.00	420.00 - 450.00	340.00 - 360.00	260.00 - 280.00	35.00 - 40.00	100.00 - 110.00
Kandy	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	30.00 - 32.00	45.00 - 50.00	450.00 - 500.00	300.00 - 320.00	150.00 - 200.00	40.00 - 50.00	80.00 - 100.00
Puttalam	100.00 - 130.00	320.00 - 350.00	100.00 - 140.00	20.00 - 24.00	-	480.00 - 550.00	320.00 - 360.00	250.00 - 300.00	-	90.00 - 100.00
Rathnapura	150.00 - 200.00	300.00 - 400.00	120.00 - 150.00	28.00 - 32.00	50.00 - 58.00	560.00 - 700.00	400.00 - 500.00	320.00 - 380.00	-	70.00 - 100.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	140.00 - 155.00	240.00 - 260.00	130.00 - 150.00	24.00 - 25.00	35.00 - 37.00	520.00 - 580.00	450.00 - 500.00	250.00 - 300.00	-	100.00 - 130.00
Galle	160.00 - 180.00	250.00 - 300.00	150.00 - 180.00	32.00 - 33.00	32.00 - 35.00	560.00 - 600.00	450.00 - 520.00	250.00 - 350.00	30.00 - 50.00	50.00 - 60.00
Tissamaharama	120.00 - 140.00	200.00 - 220.00	100.00 - 120.00	-	-	370.00 - 400.00	280.00 - 300.00	230.00 - 250.00	15.00 - 18.00	45.00 - 50.00
Meegoda (DEC)	140.00 - 150.00	250.00 - 270.00	140.00 - 150.00	42.00 - 50.00	47.00 - 56.00	480.00 - 550.00	360.00 - 400.00	260.00 - 320.00	-	50.00 - 80.00
Embilipitiya	70.00 - 100.00	200.00 - 250.00	80.00 - 100.00	25.00 - 40.00	35.00 - 50.00	380.00 - 450.00	300.00 - 360.00	200.00 - 280.00	20.00 - 40.00	50.00 - 80.00
Jaffna	90.00 - 120.00	240.00 - 330.00	130.00 - 150.00	-	-	440.00 - 450.00	300.00 - 420.00	200.00 - 240.00	-	100.00 - 120.00
Vavuniya	120.00 - 150.00	300.00 - 340.00	100.00 - 140.00	30.00 - 32.00	30.00 - 32.00	550.00 - 600.00	450.00 - 500.00	300.00 - 380.00	-	-
Mannar	150.00 - 200.00	300.00 - 350.00	100.00 - 120.00	28.00 - 30.00	40.00 - 41.00	550.00 - 600.00	450.00 - 500.00	380.00 - 400.00	-	90.00 - 100.00
Killinochchi	100.00 - 120.00	280.00 - 300.00	100.00 - 120.00	30.00 - 32.00	33.00 - 35.00	340.00 - 360.00	280.00 - 320.00	240.00 - 260.00	-	80.00 - 100.00
Mullaittivu	130.00 - 150.00	320.00 - 350.00	100.00 - 120.00	28.00 - 32.00	32.00 - 35.00	540.00 - 560.00	440.00 - 460.00	340.00 - 360.00	-	80.00 - 90.00
Batticaloa	150.00 - 160.00	280.00 - 350.00	100.00 - 100.00	35.00 - 36.00	40.00 - 44.00	400.00 - 400.00	340.00 - 350.00	200.00 - 220.00	-	130.00 - 150.00
Trincomalee	160.00 - 170.00	400.00 - 440.00	160.00 - 170.00	-	-	560.00 - 580.00	460.00 - 480.00	330.00 - 350.00	-	150.00 - 180.00
Veyangoda	150.00 - 160.00	240.00 - 300.00	140.00 - 150.00	25.00 - 29.00	40.00 - 46.00	440.00 - 480.00	320.00 - 370.00	260.00 - 280.00	-	60.00 - 65.00
Galenbindunuwewa	120.00 - 150.00	300.00 - 360.00	120.00 - 160.00	-	-	400.00 - 440.00	350.00 - 380.00	300.00 - 320.00	-	75.00 - 87.00
Bandarawela	170.00 - 180.00	350.00 - 380.00	180.00 - 200.00	28.00 - 30.00	43.00 - 46.00	420.00 - 500.00	320.00 - 350.00	280.00 - 300.00	-	100.00 - 120.00
Matale	150.00 - 160.00	300.00 - 380.00	160.00 - 180.00	32.00 - 35.00	48.00 - 52.00	520.00 - 580.00	350.00 - 400.00	260.00 - 300.00	-	80.00 - 120.00

Table 08 (Contd.)

LOCATIONS	Mango				Other Fruits							
	Vilad		Kohu		Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	40.00 - 60.00	-	-	-	240.00 - 350.00	30.00 - 70.00	50.00 - 120.00	100.00 - 200.00	535.00 - 835.00	60.00 - 120.00	1700.00 - 2500.00	150.00 - 200.00
Gampaha	-	-	-	-	250.00 - 300.00	-	90.00 - 100.00	-	-	60.00 - 65.00	2000.00 - 2000.00	-
Kurunegala	-	-	-	-	200.00 - 240.00	-	90.00 - 100.00	-	-	85.00 - 85.00	2000.00 - 2000.00	-
Nikaweratiya	-	-	-	-	130.00 - 160.00	30.00 - 38.00	-	120.00 - 150.00	600.00 - 650.00	40.00 - 50.00	2500.00 - 2600.00	150.00 - 200.00
Dambulla	40.00 - 50.00	20.00 - 25.00	-	-	180.00 - 200.00	25.00 - 30.00	50.00 - 60.00	80.00 - 100.00	300.00 - 350.00	150.00 - 160.00	2800.00 - 2900.00	150.00 - 180.00
Anuradhapura	-	-	-	-	150.00 - 180.00	-	50.00 - 70.00	-	-	100.00 - 130.00	2400.00 - 2600.00	150.00 - 200.00
Thambuththegama	-	-	-	-	150.00 - 220.00	30.00 - 30.00	-	-	-	-	-	150.00 - 150.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	-	-	-	-	260.00 - 300.00	-	60.00 - 80.00	-	-	80.00 - 100.00	2000.00 - 2500.00	150.00 - 180.00
Badulla	-	10.00 - 12.00	-	-	160.00 - 180.00	45.00 - 50.00	41.00 - 50.00	-	-	-	2000.00 - 2000.00	150.00 - 180.00
Keppetipola	25.00 - 28.00	16.00 - 18.00	-	-	180.00 - 200.00	30.00 - 35.00	58.00 - 65.00	90.00 - 100.00	-	58.00 - 65.00	2000.00 - 2500.00	160.00 - 180.00
Moneragala	-	-	-	-	150.00 - 160.00	-	40.00 - 60.00	-	-	80.00 - 100.00	2000.00 - 2500.00	150.00 - 160.00
Kegalle	-	-	-	-	200.00 - 220.00	50.00 - 60.00	70.00 - 80.00	-	500.00 - 520.00	90.00 - 100.00	1800.00 - 2300.00	150.00 - 170.00
Ampara	25.00 - 33.30	-	-	-	170.00 - 200.00	-	-	-	-	-	1800.00 - 2200.00	150.00 - 160.00
Dehiattakandiya	40.00 - 50.00	-	-	-	180.00 - 200.00	-	30.00 - 50.00	-	-	-	2500.00 - 2600.00	120.00 - 150.00
Nuwaraeliya	-	18.00 - 20.00	-	-	250.00 - 260.00	44.00 - 48.00	70.00 - 80.00	100.00 - 120.00	-	-	2500.00 - 2600.00	170.00 - 200.00
Kandy	60.00 - 70.00	-	-	-	240.00 - 250.00	60.00 - 70.00	80.00 - 100.00	130.00 - 150.00	150.00 - 180.00	90.00 - 100.00	2000.00 - 2500.00	150.00 - 170.00
Puttalam	60.00 - 70.00	-	-	-	250.00 - 300.00	55.00 - 60.00	30.00 - 40.00	50.00 - 60.00	-	-	2500.00 - 3000.00	150.00 - 150.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	40.00 - 50.00	10.00 - 20.00	-	-	150.00 - 200.00	-	80.00 - 120.00	-	-	100.00 - 150.00	2400.00 - 2500.00	120.00 - 150.00
Matara	50.00 - 70.00	-	-	-	180.00 - 190.00	45.00 - 55.00	76.00 - 80.00	200.00 - 220.00	350.00 - 400.00	70.00 - 75.00	2000.00 - 2200.00	130.00 - 150.00
Galle	30.00 - 40.00	20.00 - 25.00	-	-	200.00 - 280.00	60.00 - 75.00	70.00 - 80.00	160.00 - 200.00	-	90.00 - 100.00	2000.00 - 2000.00	180.00 - 200.00
Tissamaharama	-	-	-	-	180.00 - 190.00	50.00 - 55.00	50.00 - 56.00	-	450.00 - 450.00	65.00 - 70.00	1800.00 - 2000.00	150.00 - 160.00
Meegoda (DEC)	-	-	-	-	220.00 - 250.00	40.00 - 45.00	75.00 - 100.00	-	-	50.00 - 80.00	1800.00 - 2500.00	100.00 - 120.00
Embilipitiya	20.00 - 40.00	10.00 - 20.00	-	-	150.00 - 180.00	20.00 - 30.00	80.00 - 120.00	70.00 - 100.00	-	40.00 - 60.00	1850.00 - 2250.00	160.00 - 180.00
Jaffna	50.00 - 70.00	-	-	-	90.00 - 110.00	50.00 - 60.00	40.00 - 50.00	-	-	-	2200.00 - 2300.00	180.00 - 220.00
Vavuniya	-	-	-	-	140.00 - 160.00	35.00 - 40.00	-	-	-	-	2200.00 - 2300.00	160.00 - 180.00
Mannar	40.00 - 50.00	-	-	-	180.00 - 200.00	35.00 - 40.00	50.00 - 50.00	80.00 - 85.00	-	-	1800.00 - 2000.00	160.00 - 200.00
Killinochchi	40.00 - 50.00	-	-	-	150.00 - 180.00	35.00 - 45.00	45.00 - 55.00	-	-	-	2850.00 - 2950.00	150.00 - 200.00
Mullaittivu	30.00 - 40.00	-	-	-	90.00 - 100.00	30.00 - 35.00	30.00 - 35.00	-	-	-	1750.00 - 1900.00	150.00 - 160.00
Batticaloa	60.00 - 60.00	-	-	-	180.00 - 180.00	25.00 - 35.00	-	100.00 - 100.00	-	-	1700.00 - 1800.00	150.00 - 160.00
Trincomalee	60.00 - 80.00	-	-	-	100.00 - 110.00	70.00 - 75.00	50.00 - 55.00	80.00 - 85.00	-	-	2400.00 - 2500.00	180.00 - 190.00
Veyangoda	-	-	-	-	190.00 - 200.00	34.00 - 38.00	50.00 - 55.00	75.00 - 82.00	300.00 - 300.00	-	1700.00 - 1800.00	130.00 - 150.00
Galenbindunuwewa	-	-	-	-	120.00 - 150.00	-	-	-	-	-	2200.00 - 2500.00	150.00 - 160.00
Bandarawela	60.00 - 70.00	-	-	-	180.00 - 220.00	70.00 - 80.00	80.00 - 100.00	110.00 - 130.00	-	-	2600.00 - 2800.00	180.00 - 200.00
Matale	60.00 - 70.00	30.00 - 40.00	-	-	180.00 - 200.00	40.00 - 50.00	70.00 - 90.00	100.00 - 120.00	-	120.00 - 160.00	2300.00 - 2400.00	160.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 50: 12 - 18 Dec 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	200.00 – 350.00	500.00 – 900.00	500.00 – 700.00	1200.00 – 1400.00	2800.00 – 3000.00	1200.00 – 1500.00
Kandy	530.00 – 550.00	750.00 – 800.00	850.00 – 1000.00	1500.00 – 1600.00	2400.00 – 2500.00	1200.00 – 1400.00
Kaluthara	400.00 – 400.00	650.00 – 700.00	900.00 – 1000.00	1350.00 – 1500.00	2300.00 – 2300.00	1400.00 – 1500.00
Puttalam	300.00 – 350.00	700.00 – 700.00	700.00 – 700.00	1200.00 – 1200.00	-	1150.00 – 1200.00
Matara	300.00 – 350.00	650.00 – 750.00	750.00 – 850.00	1600.00 – 1700.00	-	-
Hambantota	-	-	-	-	-	-
Galle	-	-	800.00 – 1000.00	1400.00 – 1400.00	2000.00 – 2400.00	1200.00 – 1400.00
Batticaloa	300.00 – 350.00	700.00 – 700.00	800.00 – 900.00	1200.00 – 1200.00	-	1100.00 – 1250.00
Trincomalee	-	-	-	-	-	-
Mannar	400.00 – 500.00	-	850.00 – 900.00	-	-	1250.00 – 1350.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1000.00 – 1300.00	1400.00 – 1600.00	2000.00 – 2600.00	-	45.00 – 45.00	42.00 – 44.00
Kandy	1200.00 – 1300.00	1500.00 – 1600.00	2300.00 – 2400.00	-	42.00 – 43.00	40.00 – 41.00
Kaluthara	1100.00 – 1300.00	1650.00 – 1800.00	1800.00 – 2000.00	-	-	-
Puttalam	1450.00 – 1500.00	1400.00 – 1500.00	2200.00 – 2300.00	-	45.00 – 46.00	42.00 – 43.00
Matara	-	-	1700.00 – 1800.00	-	42.00 – 43.50	39.00 – 40.50
Hambantota	-	-	-	-	-	-
Galle	850.00 – 1050.00	-	1800.00 – 2000.00	-	43.00 – 44.00	42.00 – 44.00
Batticaloa	1000.00 – 1000.00	1300.00 – 1400.00	1500.00 – 1600.00	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	1300.00 – 1450.00	1000.00 – 1200.00	-	-	43.00 – 44.00	41.00 – 42.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 50: 12 - 18 Dec 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	65000 – 65000	100000 – 105000	160000 – 165000	122500 – 130000	60000 – 80000	75000 – 100000
Kandy	55000 – 60000	-	-	122500 – 125000	55000 – 60000	-
Batticaloa	50000 – 50000	100000 – 112500	-	-	80000 – 90000	-
Trincomalee	-	-	-	-	-	-
Mannar	-	90500 – 110000	-	120000 – 122500	72500 – 75000	77500 – 80000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	70000 – 80000	-	32500 – 35000	37500 – 47500	82500 – 85000	130000 – 130000
Kandy	-	-	25000 – 28000	40000 – 44000	77500 – 80000	-
Batticaloa	-	-	35000 – 35000	42500 – 45000	-	-
Trincomalee	-	-	-	-	-	-
Mannar	80000 – 82500	-	-	62000 – 65250	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	110000 – 115000	55000 – 55000	87500 – 90000	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Sea Fish									Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White
Colombo	300.00 - 700.00	600.00 - 1200.00	600.00 - 1400.00	1600.00 - 3400.00	3000.00 - 4900.00	1600.00 - 2800.00	1500.00 - 1800.00	2300.00 - 3400.00	45.00 - 50.00	43.00 - 48.00									
Gampaha	600.00 - 680.00	1000.00 - 1100.00	-	2100.00 - 2100.00	-	-	-	2800.00 - 2800.00	45.00 - 48.00	43.00 - 46.00									
Kurunegala	600.00 - 650.00	1000.00 - 1100.00	-	2100.00 - 2200.00	-	-	-	2700.00 - 2800.00	44.00 - 46.00	43.00 - 44.00									
Nikaweratiya	600.00 - 700.00	900.00 - 1000.00	1000.00 - 1150.00	-	-	1000.00 - 1100.00	-	2600.00 - 2700.00	42.00 - 45.00	42.00 - 45.00									
Dambulla	500.00 - 600.00	1100.00 - 1200.00	1000.00 - 1200.00	2200.00 - 2300.00	2400.00 - 2400.00	1400.00 - 1500.00	1400.00 - 1600.00	2600.00 - 2700.00	46.00 - 47.00	45.00 - 46.00									
Anuradhapura	600.00 - 700.00	1000.00 - 1100.00	1200.00 - 1400.00	2400.00 - 2600.00	-	1200.00 - 1500.00	1500.00 - 1700.00	2600.00 - 2800.00	-	43.00 - 45.00									
Thambuththegama	-	-	-	-	-	-	-	-	45.00 - 46.00	44.00 - 45.00									
Polonnaruwa	-	-	-	-	-	-	-	-	-	-									
Kaluthara	600.00 - 700.00	900.00 - 1200.00	1600.00 - 1600.00	2580.00 - 2600.00	2800.00 - 3000.00	2400.00 - 2600.00	1800.00 - 2000.00	2600.00 - 2600.00	-	43.00 - 45.00									
Badulla	500.00 - 560.00	1000.00 - 1000.00	1600.00 - 1800.00	2000.00 - 2000.00	2800.00 - 2800.00	1600.00 - 1600.00	1400.00 - 1600.00	2600.00 - 2600.00	45.00 - 48.00	43.00 - 45.00									
Keppetipola	560.00 - 600.00	900.00 - 1000.00	1000.00 - 1100.00	2500.00 - 2600.00	-	1500.00 - 1600.00	1800.00 - 1900.00	2500.00 - 2600.00	47.00 - 48.00	45.00 - 46.00									
Moneragala	600.00 - 700.00	1000.00 - 1200.00	950.00 - 1000.00	2600.00 - 2800.00	3000.00 - 3200.00	-	2000.00 - 2200.00	3000.00 - 3200.00	44.00 - 47.00	43.00 - 45.00									
Kegalle	700.00 - 800.00	1000.00 - 1100.00	-	2100.00 - 2250.00	-	1800.00 - 1800.00	1800.00 - 1800.00	2800.00 - 3000.00	46.00 - 48.00	42.00 - 44.00									
Ampara	500.00 - 600.00	1200.00 - 1200.00	1800.00 - 1800.00	2800.00 - 2800.00	-	1400.00 - 1400.00	-	2400.00 - 2400.00	-	43.00 - 45.00									
Dehiattakandiya	400.00 - 680.00	800.00 - 960.00	1200.00 - 1200.00	2000.00 - 2000.00	-	-	-	2000.00 - 2200.00	40.00 - 45.00	41.00 - 42.00									
Nuwaraeliya	-	900.00 - 950.00	1300.00 - 1400.00	2500.00 - 2600.00	-	1700.00 - 1800.00	1800.00 - 1900.00	2400.00 - 2500.00	50.00 - 52.00	48.00 - 50.00									
Kandy	650.00 - 700.00	960.00 - 1000.00	1000.00 - 1200.00	2400.00 - 2500.00	-	1500.00 - 1600.00	1600.00 - 1700.00	2800.00 - 2900.00	47.00 - 48.00	45.00 - 46.00									
Puttalam	400.00 - 500.00	800.00 - 850.00	800.00 - 850.00	-	2000.00 - 2000.00	1300.00 - 1300.00	1600.00 - 1700.00	2400.00 - 2400.00	47.00 - 48.00	45.00 - 45.00									
Hambantota	-	-	-	-	-	-	-	-	-	-									
Rathnapura	400.00 - 500.00	900.00 - 1000.00	1200.00 - 1400.00	2200.00 - 2600.00	3500.00 - 3600.00	2400.00 - 2400.00	1600.00 - 1800.00	2400.00 - 2600.00	46.00 - 46.00	42.00 - 45.00									
Matara	500.00 - 600.00	800.00 - 1000.00	1400.00 - 1500.00	2300.00 - 2400.00	-	-	-	2500.00 - 2600.00	44.00 - 46.00	41.00 - 43.00									
Galle	600.00 - 600.00	950.00 - 1000.00	1200.00 - 1200.00	2400.00 - 2600.00	2600.00 - 2800.00	1800.00 - 1800.00	1600.00 - 1600.00	2600.00 - 2800.00	44.00 - 45.00	42.00 - 45.00									
Tissamaharama	500.00 - 550.00	-	1100.00 - 1200.00	-	-	-	-	2400.00 - 2500.00	-	43.00 - 45.00									
Meegoda	600.00 - 720.00	860.00 - 1000.00	900.00 - 900.00	2800.00 - 2800.00	-	1700.00 - 1900.00	-	3500.00 - 3600.00	44.00 - 45.00	43.00 - 44.00									
Embilipitiya	700.00 - 750.00	1000.00 - 1100.00	1600.00 - 1700.00	2650.00 - 2700.00	-	1950.00 - 2000.00	-	2900.00 - 3000.00	42.00 - 44.00	38.00 - 42.00									
Jaffna	500.00 - 650.00	700.00 - 750.00	1000.00 - 1100.00	-	-	1550.00 - 1650.00	2400.00 - 2550.00	-	44.00 - 45.00	45.00 - 45.00									
Vavuniya	600.00 - 700.00	1200.00 - 1300.00	1200.00 - 1300.00	2400.00 - 2500.00	2400.00 - 2500.00	1800.00 - 1900.00	2400.00 - 2500.00	2600.00 - 2700.00	46.00 - 49.00	45.00 - 47.00									
Mannar	650.00 - 700.00	-	1000.00 - 1100.00	-	-	1800.00 - 2000.00	2000.00 - 2300.00	-	45.00 - 46.00	43.00 - 44.00									
Killinochchi	500.00 - 550.00	950.00 - 1000.00	1400.00 - 1500.00	-	-	1500.00 - 1600.00	2500.00 - 2600.00	-	46.00 - 47.00	44.00 - 45.00									
Mullaittivu	400.00 - 500.00	900.00 - 1000.00	1200.00 - 1300.00	1800.00 - 1900.00	-	1750.00 - 1850.00	2300.00 - 2400.00	1950.00 - 2100.00	45.00 - 48.00	42.00 - 44.00									
Batticaloa	450.00 - 500.00	1200.00 - 1200.00	1400.00 - 1400.00	2200.00 - 2200.00	2300.00 - 2300.00	2300.00 - 2300.00	-	2400.00 - 2500.00	45.00 - 45.00	43.00 - 43.00									
Trincomalee	600.00 - 650.00	1150.00 - 1200.00	1250.00 - 1300.00	2200.00 - 2300.00	2400.00 - 2500.00	1800.00 - 1850.00	2100.00 - 2200.00	-	46.00 - 48.00	44.00 - 45.00									
Veyangoda	600.00 - 600.00	900.00 - 1000.00	1600.00 - 1800.00	2000.00 - 2200.00	-	2600.00 - 2600.00	-	2600.00 - 2600.00	45.00 - 47.00	43.00 - 45.00									
Galenbindunuwewa	400.00 - 600.00	1000.00 - 1200.00	950.00 - 1200.00	-	3000.00 - 3200.00	1500.00 - 1700.00	2000.00 - 2000.00	2500.00 - 3000.00	45.00 - 47.00	43.00 - 45.00									
Bandarawela	-	1000.00 - 1000.00	1600.00 - 1700.00	2000.00 - 2000.00	-	-	1500.00 - 1600.00	2400.00 - 2450.00	45.00 - 46.00	43.00 - 45.00									
Matale	800.00 - 900.00	1100.00 - 1200.00	900.00 - 1000.00	2400.00 - 2600.00	2800.00 - 3000.00	1800.00 - 2000.00	1700.00 - 1800.00	2500.00 - 2600.00	47.00 - 48.00	45.00 - 46.00									

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	900.00	1600.00	2000.00	3200.00	-	-	2500.00	3000.00	1400.00	2200.00	2400.00	3000.00	800.00	1200.00
Gampaha	1000.00	1200.00	2400.00	2400.00	-	-	2800.00	3000.00	2000.00	2100.00	2400.00	2500.00	800.00	850.00
Kurunegala	1300.00	1400.00	2200.00	2400.00	-	-	-	-	1600.00	1600.00	2100.00	2200.00	800.00	900.00
Nikaweratiya	1200.00	1400.00	1800.00	2000.00	-	-	-	-	-	-	2200.00	2400.00	800.00	800.00
Dambulla	1000.00	1200.00	2700.00	2800.00	-	-	2800.00	3000.00	1400.00	1600.00	2000.00	2200.00	-	-
Anuradhapura	1000.00	1200.00	2200.00	2500.00	-	-	2600.00	2800.00	1600.00	1800.00	2200.00	2400.00	800.00	1000.00
Thambuththegama	1000.00	1200.00	2000.00	2100.00	-	-	-	-	1600.00	1800.00	1400.00	2400.00	880.00	900.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	1120.00	1200.00	2200.00	2400.00	-	-	2600.00	2800.00	1600.00	2000.00	2200.00	2500.00	-	-
Badulla	1200.00	1200.00	2500.00	2500.00	-	-	2800.00	2800.00	1500.00	1500.00	1200.00	1200.00	-	-
Keppetipola	1100.00	1200.00	2200.00	2400.00	-	-	2600.00	2800.00	1600.00	1700.00	1500.00	1500.00	800.00	800.00
Moneragala	1000.00	1200.00	2000.00	2200.00	-	-	2600.00	2800.00	1600.00	1700.00	2200.00	2300.00	800.00	900.00
Kegalle	1100.00	1200.00	2600.00	2700.00	-	-	2750.00	2800.00	1400.00	1600.00	-	-	-	-
Ampara	-	-	2600.00	2600.00	-	-	2400.00	2600.00	1900.00	2000.00	1200.00	1400.00	-	-
Dehiattakandiya	1000.00	1200.00	2000.00	2000.00	-	-	2800.00	3000.00	1600.00	2000.00	1500.00	1800.00	1000.00	1200.00
Nuwaraeliya	1260.00	1350.00	2600.00	2700.00	3500.00	3600.00	2700.00	2800.00	1700.00	1800.00	2000.00	2200.00	960.00	980.00
Kandy	1200.00	1300.00	2700.00	2800.00	3400.00	3500.00	2700.00	2900.00	1700.00	1800.00	1900.00	2000.00	800.00	850.00
Puttalam	1000.00	1000.00	2200.00	2400.00	-	-	2200.00	2400.00	1500.00	1600.00	1000.00	1200.00	880.00	900.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	960.00	1160.00	2100.00	2240.00	3600.00	3600.00	2700.00	2800.00	1600.00	1800.00	2200.00	2400.00	-	-
Matara	1100.00	1250.00	2000.00	2200.00	-	-	-	-	1600.00	1800.00	2000.00	2200.00	-	-
Galle	1200.00	1500.00	2000.00	2400.00	-	-	2400.00	2800.00	1300.00	2000.00	2000.00	2400.00	1000.00	1200.00
Tissamaharama	1200.00	1350.00	-	-	-	-	2500.00	2700.00	1750.00	1900.00	2400.00	2500.00	-	-
Meegoda	1000.00	1200.00	1900.00	2600.00	-	-	2400.00	2800.00	1600.00	1700.00	2000.00	2300.00	800.00	1000.00
Embilipitiya	1300.00	1400.00	2450.00	2600.00	-	-	2850.00	3000.00	1800.00	2000.00	2500.00	2700.00	1100.00	1200.00
Jaffna	1200.00	1400.00	2200.00	2400.00	3100.00	3250.00	3000.00	3300.00	1700.00	2000.00	1000.00	1240.00	800.00	1200.00
Vavuniya	-	-	1900.00	2100.00	-	-	2100.00	2200.00	1300.00	1400.00	1100.00	1200.00	-	-
Mannar	-	-	2500.00	2550.00	-	-	2650.00	2800.00	1750.00	1850.00	1900.00	1950.00	-	-
Killinochchi	1000.00	1100.00	2400.00	2500.00	-	-	2400.00	2500.00	1200.00	1300.00	1000.00	1200.00	780.00	850.00
Mullaittivu	1300.00	1400.00	2400.00	2500.00	-	-	2400.00	2500.00	1600.00	1750.00	1000.00	1200.00	750.00	800.00
Batticaloa	1300.00	1300.00	2500.00	2800.00	-	-	-	-	2000.00	2000.00	-	-	-	-
Trincomalee	1150.00	1200.00	2200.00	2250.00	-	-	-	-	1400.00	1450.00	1200.00	1250.00	700.00	750.00
Veyangoda	1000.00	1200.00	2000.00	2200.00	-	-	2500.00	2600.00	1800.00	1800.00	2300.00	2400.00	1000.00	1200.00
Galenbindunuwewa	1200.00	1600.00	2600.00	2800.00	3400.00	3500.00	2600.00	2800.00	1900.00	2200.00	2400.00	2600.00	800.00	1000.00
Bandarawela	1000.00	1200.00	2100.00	2400.00	-	-	2600.00	2800.00	1600.00	1800.00	2000.00	2200.00	800.00	900.00
Matale	1000.00	1200.00	2800.00	2900.00	-	-	3000.00	3100.00	1800.00	1900.00	2400.00	2500.00	800.00	900.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 50: 12 - 18 Dec 2025

LOCATIONS	Meat		Meat (Chicken)		Meat					
	Beef		Broiler	Curry	Mutton	Pork				
Colombo	2600.00	- 2900.00	1250.00	- 1400.00	1250.00	- 1400.00	3500.00	- 4300.00	2600.00	- 2800.00
Gampaha	-		1340.00	- 1380.00	1400.00	- 1400.00	4000.00	- 4000.00	2600.00	- 2600.00
Kurunegala	-		1280.00	- 1380.00	1350.00	- 1350.00	-		2700.00	- 2700.00
Nikaweratiya	2500.00	- 2600.00	1250.00	- 1350.00	-		-		-	
Dambulla	-		1300.00	- 1350.00	1400.00	- 1450.00	-		2200.00	- 2300.00
Anuradhapura	2400.00	- 2500.00	1300.00	- 1350.00	-		-		2800.00	- 3000.00
Thambuththegama	-		1200.00	- 1300.00	-		-		2600.00	- 3000.00
Polonnaruwa	-		-		-		-		-	
Kaluthara	2700.00	- 2800.00	1270.00	- 1300.00	1350.00	- 1350.00	-		2600.00	- 2700.00
Badulla	2400.00	- 2400.00	1200.00	- 1300.00	-		3400.00	- 3400.00	-	
Keppetipola	2200.00	- 2200.00	1380.00	- 1400.00	1450.00	- 1500.00	3200.00	- 3200.00	-	
Moneragala	2600.00	- 2600.00	1300.00	- 1450.00	1500.00	- 1600.00	-		3200.00	- 3300.00
Kegalle	2400.00	- 2500.00	1200.00	- 1300.00	-		3300.00	- 3500.00	2800.00	- 2900.00
Ampara	2400.00	- 2500.00	1300.00	- 1400.00	-		-		2800.00	- 3000.00
Dehiattakandiya	-		1300.00	- 1400.00	-		-		2900.00	- 2950.00
Nuwaraeliya	2300.00	- 2400.00	1300.00	- 1350.00	1400.00	- 1450.00	3800.00	- 4000.00	2900.00	- 3000.00
Kandy	2500.00	- 2500.00	1180.00	- 1200.00	1350.00	- 1380.00	3400.00	- 3500.00	-	
Puttalam	2450.00	- 2500.00	1400.00	- 1400.00	1700.00	- 1800.00	4000.00	- 4000.00	-	
Hambantota	-		-		-		-		-	
Rathnapura	2600.00	- 2600.00	1350.00	- 1400.00	1400.00	- 1500.00	3600.00	- 3600.00	3300.00	- 3300.00
Matara	-		1350.00	- 1380.00	-		-		-	
Galle	2600.00	- 2700.00	1200.00	- 1300.00	1300.00	- 1350.00	3600.00	- 3600.00	-	
Tissamaharama	-		1300.00	- 1350.00	-		-		-	
Meegoda	-		1350.00	- 1360.00	1400.00	- 1400.00	-		2800.00	- 3200.00
Embilipitiya	2450.00	- 2500.00	1150.00	- 1220.00	1200.00	- 1250.00	3350.00	- 3500.00	2600.00	- 2800.00
Jaffna	2200.00	- 2300.00	1300.00	- 1500.00	1600.00	- 1800.00	3500.00	- 3600.00	-	
Vavuniya	2200.00	- 2300.00	1320.00	- 1350.00	1600.00	- 1700.00	3100.00	- 3200.00	-	
Mannar	2200.00	- 2200.00	1450.00	- 1450.00	1500.00	- 1550.00	-		-	
Killinochchi	2250.00	- 2300.00	1400.00	- 1450.00	1500.00	- 1600.00	3400.00	- 3500.00	-	
Mullaittivu	2200.00	- 2200.00	1450.00	- 1450.00	1550.00	- 1600.00	-		-	
Batticaloa	2100.00	- 2200.00	1400.00	- 1400.00	1600.00	- 1600.00	3800.00	- 4000.00	-	
Trincomalee	2250.00	- 2300.00	1350.00	- 1400.00	1550.00	- 1600.00	3400.00	- 3500.00	-	
Veyangoda	-		1250.00	- 1350.00	1380.00	- 1400.00	-		2700.00	- 2800.00
Galenbindunuwewa	2400.00	- 2400.00	1230.00	- 1230.00	1400.00	- 1400.00	3500.00	- 3500.00	2200.00	- 2200.00
Bandarawela	2500.00	- 2600.00	1250.00	- 1350.00	-		3600.00	- 3600.00	-	
Matale	2500.00	- 2600.00	1200.00	- 1300.00	-		3500.00	- 3600.00	2700.00	- 2800.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 50: 12 - 18 Dec 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	150.00 - 170.00	160.71	168.00	166.67	-4.34	-3.57	
Samba 1	250.00 - 260.00	254.38	250.00	244.38	1.75	4.09	Small	130.00 - 140.00	134.38	145.00	136.25	-7.33	-1.38	
Samba 2	245.00 - 250.00	248.60	243.00	238.75	2.30	4.13								
Keeri Samba	320.00 - 330.00	325.00	322.50	260.00	0.78	25.00	Fruits (Rs/fruit)							
Nadu 1	220.00 - 230.00	224.17	223.13	242.14	0.47	-7.42	Plantain							
Nadu 2	215.00 - 220.00	218.25	216.00	233.50	1.04	-6.53	Ambul (Rs/kg)	90.00 - 120.00	107.00	93.00	67.50	15.05	58.52	
Raw (Red)	205.00 - 210.00	207.86	208.13	237.50	-0.13	-12.48	Kolikuttu (Rs/kg)	180.00 - 200.00	193.00	175.00	186.67	10.29	3.39	
Raw (White)	210.00 - 220.00	213.75	215.00	233.00	-0.58	-8.26	Seeni (Rs/kg)	100.00 - 120.00	109.00	96.00	115.83	13.54	-5.90	
Imported							Anamalu	26.00 - 31.00	28.90	27.50	25.25	5.09	14.46	
Samba	230.00 - 235.00	233.00	231.67		0.58		Ambun	36.00 - 44.00	40.40	38.20	37.25	5.76	8.46	
Nadu	-						Papaw(Rs/kg)	180.00 - 230.00	202.00	171.00	160.83	18.13	25.60	
Raw (Red)	-						Passion Fruit	25.00 - 30.00	26.89	35.29	37.83	-23.80	-28.93	
Raw (White)	-						Pineapple Large	300.00 - 330.00	305.00	307.50	457.27	-0.81	-33.30	
Dried Chillies							Pineapple Medium	250.00 - 270.00	254.00	256.25	344.00	-0.88	-26.16	
Imported	800.00 - 850.00	830.00	821.25	671.67	1.07	23.57	Pineapple Small	180.00 - 210.00	201.11	213.75	275.00	-5.91	-26.87	
Onion							Mango							
Sinnan	-		255.00				Betti	-						
Vedalan	200.00 - 300.00	255.00	287.50		-11.30		Karthakolomban	50.00 - 85.00	69.44	120.00	106.25	-42.13	-34.64	
Imported	250.00 - 380.00	312.50	375.83	358.33	-16.85	-12.79	Vilad	-		68.33	56.50			
Big Onion							Kohu	-						
Imported	150.00 - 210.00	182.50	193.57	232.50	-5.72	-21.51	Other							
Local	220.00 - 270.00	242.50	260.00		-6.73		Wood Apple	40.00 - 50.00	47.13	49.25	26.42	-4.31	78.39	
Potato							Orange	75.00 - 100.00	88.13	95.00	124.17	-7.24	-29.03	
Welimada	-			272.50			Avocado	500.00 - 550.00	521.43	420.83	439.09	23.90	18.75	
N'Eliya	250.00 - 340.00	303.33	293.33	297.50	3.41	1.96	Slime Apple	56.00 - 90.00	70.29	75.00	53.18	-6.29	32.16	
Imported	140.00 - 240.00	188.75	194.29	222.14	-2.85	-15.03	Grapes (Imp., Rs/kg)	1250.00 - 1350.00	1300.00	1183.33	1334.29	9.86	-2.57	
Pulses							King Coconut	130.00 - 150.00	141.67	136.67	147.00	3.66	-3.63	
Green Gram	550.00 - 650.00	600.00	638.57	525.00	-6.04	14.29	Sea Fish							
Cowpea (White)	750.00 - 850.00	800.00	825.00	558.33	-3.03	43.28	Salaya	200.00 - 350.00	283.33	351.43	296.67	-19.38	-4.49	
Cowpea (Red)	750.00 - 900.00	812.50	837.50	553.33	-2.99	46.84	Hurulla	500.00 - 900.00	691.67	766.67	951.67	-9.78	-27.32	
Red Dhal	260.00 - 270.00	263.75	258.57	272.14	2.00	-3.08	Balaya	500.00 - 700.00	591.67	800.00	751.67	-26.04	-21.29	
Vegetable							Kelawalla	1200.00 - 1400.00	1280.00	950.00	1353.33	34.74	-5.42	
Beans (Butter)	-						Thora	2800.00 - 3000.00	2840.00	3000.00	2307.69	-5.33	23.07	
Beans(Green)	600.00 - 900.00	735.00	990.00	636.36	-25.76	15.50	Paraw	1200.00 - 1500.00	1360.00	983.33	1274.17	38.31	6.74	
Carrot	150.00 - 200.00	176.36	174.00	150.00	1.36	17.58	Mora	1000.00 - 1300.00	1183.33	1433.33	1137.50	-17.44	4.03	
Leeks	180.00 - 250.00	213.00	171.82	246.00	23.97	-13.41	Shrimps	1400.00 - 1600.00	1500.00	1750.00	2029.17	-14.29	-26.08	
Beetroot	350.00 - 550.00	445.56	361.11	251.67	23.38	77.04	Thalapat	2000.00 - 2600.00	2316.67	2585.71	1920.83	-10.41	20.61	
Knolkhol	300.00 - 300.00	300.00	223.33	233.64	34.33	28.40	Eggs							
Raddish	150.00 - 200.00	180.00	152.00	152.00	18.42	18.42	Brown	45.00 - 45.00	45.00	44.33	40.94	1.50	9.92	
Cabbage	150.00 - 220.00	182.73	139.09	140.00	31.37	30.52	White	42.00 - 44.00	43.29	42.00	38.38	3.06	12.80	
Tomato	260.00 - 450.00	355.00	224.55	212.00	58.10	67.45	Dried Fish							
Ladies Fingers	200.00 - 250.00	224.44	187.50	194.00	19.70	15.69	Sprats	1300.00 - 1300.00	1300.00	1100.00	1025.00	18.18	26.83	
Brinjal	380.00 - 500.00	426.00	290.91	302.00	46.44	41.06	Sprats (Imported)	750.00 - 950.00	850.00	800.00	716.67	6.25	18.60	
Capsicum	800.00 - 1000.00	905.00	555.00	650.00	63.06	39.23	Kattawa	2000.00 - 2100.00	2033.33	1607.14	1154.17	26.52	76.17	
Pumpkin	60.00 - 120.00	86.36	90.00	117.00	-4.04	-26.18	Kattawa (Imported)	1650.00 - 1700.00	1666.67	1607.14	1154.17	3.70	44.40	
Cucumber	120.00 - 150.00	140.00	144.44	161.00	-3.08	-13.04	Thora	3200.00 - 3300.00	3250.00	1933.33		68.10		
Bitter Gourd	700.00 - 800.00	725.00	535.71	650.00	35.33	11.54	Thora (Imported)	2600.00 - 2600.00	2600.00	2366.67		9.86		
Snake Gourd	380.00 - 500.00	431.00	380.00	280.00	13.42	53.93	Mora	2450.00 - 2600.00	2516.67	2408.33	1847.50	4.50	36.22	
Drumstick	-						Mora (Imported)	2200.00 - 2300.00	2250.00	1462.50	948.33	53.85	137.26	
Luffa	580.00 - 700.00	626.00	355.00	358.00	76.34	74.86	Balaya	1200.00 - 1600.00	1450.00	1462.50	948.33	-0.85	52.90	
Long Beans	500.00 - 600.00	545.00	500.00	334.00	9.00	63.17	Balaya (Imported)	1100.00 - 1100.00	1100.00	1842.86		-40.31		
Ash Plantain	100.00 - 160.00	133.33	123.33	144.00	8.11	-7.41	Anguluwa	1500.00 - 2000.00	1766.67	1325.00	1277.50	33.33	38.29	
Green Chillies	700.00 - 800.00	761.11	281.25	550.00	170.62	38.38	Anguluwa (Imported)	1750.00 - 1800.00	1775.00	1700.00	1500.00	4.41	18.33	
Lime	280.00 - 400.00	330.00	371.43	350.00	-11.15	-5.71	Maduwa	1400.00 - 1600.00	1500.00	1325.00	1277.50	13.21	17.42	
Root Crops							Maduwa (Imported)	-						
Sweet Potato	160.00 - 250.00	206.36	182.86	116.00	12.86	77.90	Koduwa	-		475.00	604.17			
Manioc	80.00 - 120.00	106.67	96.25	100.00	10.82	6.67	Koduwa (Imported)	-						
Leafy Vegetable							Salaya	650.00 - 700.00	666.67	475.00	604.17	40.35	10.34	
Mukunuwenna	60.00 - 60.00	60.00	60.00	44.38	0.00	35.21	Salaya (Imported)	-						
Kankun	60.00 - 60.00	60.00	60.00	44.38	0.00	35.21								
Gotukola (Rs/kg)	400.00 - 450.00	425.00		338.50		25.55								

This Week: Week 50: 12 - 18 Dec 2025
 Last Week: Week 49: 05 - 11 Dec 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 50: 12 - 18 Dec 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large						
Samba 1	260.00 - 280.00	270.00	268.18	257.03	1.82	5.05	180.00 - 210.00	197.35	202.63	183.52	-5.28	7.54	
Samba 2	-	-	-	-	-	-	Small	160.00 - 195.00	182.06	190.59	157.00	-8.53	15.96
Keeri Samba	330.00 - 360.00	337.14	334.00	270.63	3.14	24.58	Fruits (Rs/fruit)						
Nadu 1	230.00 - 240.00	235.00	234.55	252.32	0.45	-6.86	Plantain						
Nadu 2	-	-	-	-	-	-	Ambul (Rs/kg)	150.00 - 200.00	182.22	181.25	144.22	0.97	26.35
Raw (Red)	210.00 - 220.00	218.18	218.40	246.61	-0.22	-11.53	Kolikuttu (Rs/kg)	250.00 - 350.00	294.09	291.82	295.71	2.27	-0.55
Raw (White)	210.00 - 220.00	218.80	218.52	246.41	0.28	-11.20	Seeni (Rs/kg)	150.00 - 200.00	180.00	175.65	188.10	4.35	-4.30
Imported							Anamalu						
Samba	240.00 - 260.00	254.71	253.18	304.58	1.52	-16.37	Ambun	50.00 - 70.00	62.40	61.18	59.76	1.22	4.42
Nadu	-	-	-	-	-	-	Papaw(Rs/kg)	240.00 - 350.00	292.38	267.00	241.71	25.38	20.96
Raw (Red)	-	-	-	-	-	-	Passion Fruit	30.00 - 70.00	52.63	60.28	67.14	-7.65	-21.61
Raw (White)	-	-	-	-	-	-	Pineapple Large	380.00 - 450.00	411.74	412.35	578.28	-0.61	-28.80
Dried Chillies							Pineapple Medium						
Imported	1000.00 - 1200.00	1119.05	1088.64	933.33	30.41	19.90	Pineapple Small	300.00 - 360.00	326.84	335.26	447.59	-8.42	-26.98
Onion							Mango						
Sinnan	-	-	444.00	-	-	-	Betti	-	-	-	-	-	-
Vedalan	-	-	444.00	-	-	-	Karthakolomban	83.00 - 150.00	113.20	127.67	150.51	-14.47	-24.79
Imported	400.00 - 520.00	459.17	463.53	480.00	-4.36	-4.34	Vilad	40.00 - 60.00	54.29	76.00	91.11	-21.71	-40.42
Big Onion							Kohu						
Imported	200.00 - 260.00	239.13	240.00	330.98	-0.87	-27.75	Other						
Local	250.00 - 320.00	285.00	286.67	-	-1.67	-	Wood Apple	50.00 - 120.00	89.44	90.59	56.10	-1.14	59.44
Potato							Orange						
Welimada	-	-	344.00	-	-	-	Avocado	535.00 - 835.00	656.50	635.00	537.50	21.50	22.14
N'Eliya	400.00 - 480.00	452.27	460.00	424.14	-7.73	6.63	Slime Apple	60.00 - 120.00	97.69	115.33	105.83	-17.64	-7.69
Imported	180.00 - 280.00	247.20	252.27	273.57	-5.07	-9.64	Grapes (Imp., Rs/kg)	1700.00 - 2500.00	2014.29	1907.14	1980.77	107.14	1.69
Pulses							King Coconut						
Green Gram	800.00 - 1000.00	933.33	984.21	860.56	-50.88	8.46	150.00 - 200.00	176.88	173.85	182.26	3.03	-2.95	
Cowpea (White)	1000.00 - 1200.00	1136.84	1147.06	874.44	-10.22	30.01	Sea Fish						
Cowpea (Red)	1000.00 - 1200.00	1131.58	1192.86	880.86	-61.28	28.46	Salaya	300.00 - 700.00	564.00	645.38	429.50	-81.38	31.32
Red Dhal	270.00 - 320.00	294.58	285.45	307.68	9.13	-4.26	Hurulla	600.00 - 1200.00	1004.62	1155.56	1155.00	-150.94	-13.02
Vegetable							Balaya						
Beans (Butter)	-	-	-	-	-	-	600.00 - 1400.00	1014.29	1390.91	986.47	-376.62	2.82	
Beans(Green)	800.00 - 1200.00	982.73	1214.29	779.70	-231.56	26.04	Kelawalla	1600.00 - 3400.00	2600.00	2728.89	2123.81	-128.89	22.42
Carrot	220.00 - 480.00	383.18	349.58	268.06	33.60	42.94	Thora	3000.00 - 4900.00	3618.18	3690.91	3026.19	-72.73	19.56
Leeks	280.00 - 600.00	445.56	356.80	391.88	88.76	13.70	Paraw	1600.00 - 2800.00	2192.31	2187.50	1876.32	4.81	16.84
Beetroot	500.00 - 800.00	631.05	590.83	381.67	40.22	65.34	Mora	1500.00 - 1800.00	1666.67	-	-	-	-
Knolkhol	450.00 - 650.00	571.43	412.50	372.27	158.93	53.50	Shrimps	1600.00 - 2400.00	1908.33	2000.00	2122.50	-91.67	-10.09
Raddish	280.00 - 600.00	436.11	336.84	297.33	99.27	46.67	Thalpath	2300.00 - 3400.00	2928.57	3080.00	2690.00	-151.43	8.87
Cabbage	220.00 - 480.00	375.00	325.45	267.24	49.55	40.32	Eggs						
Tomato	350.00 - 650.00	530.48	344.00	330.67	186.48	60.43	Brown	45.00 - 50.00	46.86	45.71	44.00	1.14	6.49
Ladies Fingers	280.00 - 560.00	433.33	386.52	316.77	46.81	36.80	White	43.00 - 48.00	44.76	42.92	42.85	1.85	4.47
Brinjal	500.00 - 800.00	673.00	506.25	397.27	166.75	69.41	Dried Fish						
Capsicum	950.00 - 1500.00	1186.11	868.18	896.00	317.93	32.38	Sprats	1400.00 - 2400.00	1923.08	1850.00	1757.14	73.08	9.44
Pumpkin	140.00 - 320.00	250.00	253.04	217.42	-3.04	14.99	Sprats (Imported)	900.00 - 1600.00	1300.00	1255.00	1295.45	45.00	0.35
Cucumber	180.00 - 360.00	282.73	288.75	268.67	-6.02	5.23	Kattawa	2000.00 - 3200.00	2440.00	2435.00	1985.00	5.00	22.92
Bitter Gourd	900.00 - 1200.00	968.75	762.27	836.67	206.48	15.79	Thora	-	-	3166.67	-	-	-
Snake Gourd	550.00 - 850.00	690.00	543.13	425.86	146.88	62.02	Mora	2500.00 - 3000.00	2820.00	2927.27	2370.00	-107.27	18.99
Drumstick	-	-	828.57	-	-	-	Balaya	1400.00 - 2200.00	1857.14	2079.17	1635.00	-222.02	13.59
Luffa	650.00 - 1000.00	861.25	583.85	466.79	277.40	84.51	Anguluwa	2400.00 - 3000.00	2657.14	2628.57	2166.67	28.57	22.64
Long Beans	550.00 - 850.00	738.75	615.29	441.92	123.46	67.17	Maduwa	1600.00 - 1900.00	1766.67	1725.00	1500.00	41.67	17.78
Ash Plantain	200.00 - 360.00	296.32	278.82	248.40	17.49	19.29	Koduwa	-	-	-	-	-	-
Green Chillies	750.00 - 1600.00	1282.50	730.50	918.97	552.00	39.56	Salaya	800.00 - 1200.00	1027.27	825.00	1004.76	202.27	2.24
Lime	600.00 - 1000.00	810.53	931.82	677.93	-121.29	19.56	Meat						
Root Crops							Beef (without Bones)						
Sweet Potato	300.00 - 400.00	362.78	295.71	235.86	67.06	53.81	2600.00 - 2900.00	2766.67	2760.00	2511.11	6.67	10.18	
Manioc	150.00 - 240.00	210.91	210.00	205.52	0.91	2.62	Chicken (Broiler)	1250.00 - 1400.00	1321.82	1303.00	1220.71	18.82	8.28
Leafy Vegetable(Rs/bundle)							Chicken (Curry)						
Mukunuwenna	70.00 - 100.00	83.33	102.50	82.11	-19.17	1.50	1250.00 - 1400.00	1335.71	1326.67	1220.71	9.05	9.42	
Kankun	70.00 - 100.00	83.33	102.50	82.11	-19.17	1.50	Mutton	3500.00 - 4300.00	3933.33	3933.33	3490.91	0.00	12.67
Gotukola	260.00 - 360.00	298.67	300.00	175.00	-1.33	70.67	Pork	2600.00 - 2800.00	2740.00	2825.00	1225.00	-85.00	123.67

This Week: Week 50: 12 - 18 Dec 2025
Last Week: Week 49: 05 - 11 Dec 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 50: 12 - 18 Dec 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			Snake Gourd		
Short Grain			Beans			Dambulla	370.00 - 390.00	380.00
A'pura	141.00 - 143.00	141.80	Dambulla	590.00 - 620.00	603.33	Hambantota	-	
P'naruwa	-		Welimada	585.00 - 620.00	599.00	Embilipitiya	380.00 - 400.00	392.50
Kalawewa	140.00 - 145.00	141.80	Badulla	580.00 - 750.00	657.50	Matara	-	
Kurunegala	137.00 - 142.00	139.50	Carrot			A'pura	380.00 - 420.00	396.00
Dehiattakandiya	130.00 - 135.00	133.33	N'Eliya	170.00 - 190.00	178.00	Luffa		
Nikaweratiya	140.00 - 145.00	142.60	Welimada	170.00 - 185.00	178.00	Dambulla	440.00 - 480.00	456.67
Ampara	136.00 - 145.00	139.75	Hanguranketha	-		Hambantota	-	
Long Grain (White)			Leeks			Embilipitiya	580.00 - 600.00	592.50
A'pura	127.00 - 130.00	128.20	N'Eliya	170.00 - 190.00	180.00	Matara	-	
P'naruwa	-		Welimada	170.00 - 185.00	176.00	A'pura	460.00 - 500.00	476.00
Kalawewa	125.00 - 130.00	127.40	Beetroot			Green Chillies		
Kurunegala	123.00 - 127.00	124.75	N'Eliya	280.00 - 300.00	292.00	Dambulla	600.00 - 650.00	630.00
Dehiattakandiya	120.00 - 125.00	123.33	Dambulla	-		Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	900.00 - 940.00	922.50
Nikaweratiya	125.00 - 130.00	127.20	Welimada	335.00 - 350.00	342.00	Puttalam	665.00 - 760.00	696.67
Hambantota	-		Hanguranketha	-		A'pura	850.00 - 900.00	870.00
Ampara	120.00 - 125.00	122.75	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	240.00 - 250.00	246.00	Dambulla	62.00 - 72.00	67.20
Matara	125.00 - 130.00	128.33	Welimada	290.00 - 315.00	303.00	Hambantota	-	
Hambantota	-		Hanguranketha	-		Embilipitiya	100.00 - 120.00	107.50
Embilipitiya	128.00 - 130.00	129.25	Raddish			Matara	55.00 - 65.00	60.00
Keeri Samba			N'Eliya	130.00 - 140.00	134.00	A'pura	60.00 - 80.00	68.00
A'pura	160.00 - 165.00	162.00	Welimada	100.00 - 115.00	107.00	Moneragala	50.00 - 60.00	54.00
P'naruwa	-		Hambantota	-		Cucumber		
Kalawewa	158.00 - 165.00	161.00	Hanguranketha	-		A'pura	120.00 - 140.00	128.00
Kurunegala	155.00 - 162.00	158.20	Cabbage			Dambulla	90.00 - 110.00	102.00
Dehiattakandiya	155.00 - 160.00	158.33	N'Eliya	170.00 - 180.00	176.00	Hambantota	-	
Red Onion			Welimada	135.00 - 150.00	142.00	Matara	-	
Puttalam	-		Badulla	80.00 - 120.00	100.00	Long Beans		
Jaffna	250.00 - 260.00	256.00	Hanguranketha	-		Dambulla	440.00 - 500.00	472.50
Big Onion			Tomato			Hambantota	-	
Dambulla	200.00 - 220.00	212.00	Welimada	335.00 - 360.00	346.00	Embilipitiya	280.00 - 300.00	292.50
Kalawewa	-		Hambantota	-		Matara	300.00 - 330.00	316.67
A'pura	-		Dambulla	320.00 - 340.00	328.00	A'pura	460.00 - 500.00	476.00
Potato			Hanguranketha	-		Ash Plantain		
N'Eliya	250.00 - 260.00	255.00	Vegetable (Low Country)			Hambantota	-	
Badulla	160.00 - 200.00	180.00	Ladies Fingers			Embilipitiya	90.00 - 110.00	100.00
Welimada	235.00 - 245.00	241.00	A'pura	280.00 - 300.00	288.00	Matara	75.00 - 85.00	80.00
Pulses			Dambulla	172.50 - 200.00	188.50	Lime		
Green Gram			Hambantota	-		Hambantota	-	
Hambantota	-		Embilipitiya	200.00 - 220.00	207.50	Embilipitiya	250.00 - 300.00	275.00
Moneragala	430.00 - 450.00	438.00	Matara	150.00 - 170.00	160.00	Moneragala	180.00 - 200.00	188.00
Embilipitiya	420.00 - 430.00	425.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	430.00 - 470.00	452.50	A'pura	520.00 - 540.00	528.00	Banana		
A'pura	420.00 - 450.00	432.00	Dambulla	440.00 - 480.00	452.00	Ambul		
Cowpea			Hambantota	-		Moneragala	40.00 - 50.00	44.00
Hambantota	-		Embilipitiya	380.00 - 400.00	392.50	Embilipitiya	40.00 - 70.00	56.00
Nikaweratiya	500.00 - 540.00	522.50	Matara	300.00 - 340.00	313.33	Hambantota	-	
Moneragala	-		Welimada	340.00 - 365.00	353.75	Kolikuttu		
Embilipitiya	750.00 - 760.00	755.00	Capsicum			Moneragala	160.00 - 180.00	168.00
Maize			Badulla	580.00 - 750.00	670.00	Embilipitiya	120.00 - 150.00	136.00
A'pura	-		Welimada	850.00 - 900.00	882.50	Hambantota	-	
Kalawewa	-		Bitter Gourd			Papaw		
Gingelly			A'pura	650.00 - 700.00	670.00	Moneragala	70.00 - 80.00	74.00
A'pura	-		Dambulla	550.00 - 590.00	566.67	Embilipitiya	100.00 - 110.00	105.00
Kalawewa	-		Hambantota	-		Hambantota	-	
Black Gram			Embilipitiya	800.00 - 820.00	810.00	Pineapple		
A'pura	-		Matara	500.00 - 530.00	516.67	Divulapitiya	-	
Kalawewa	-							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

Week 50: 12 - 18 Dec 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	260.00 - 270.00	280.00 - 280.00	270.00 - 280.00	260.00 - 280.00	260.00 - 280.00	270.00 - 270.00	260.00 - 270.00	280.00 - 280.00	260.00 - 280.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	330.00 - 340.00	330.00 - 330.00	330.00 - 340.00	350.00 - 360.00	330.00 - 340.00	340.00 - 340.00	340.00 - 340.00	330.00 - 330.00	330.00 - 330.00
Nadu 1	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Raw (White)	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Imported									
Samba	240.00 - 260.00	260.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	-	260.00 - 260.00	-	250.00 - 260.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	1000.00 - 1100.00	1200.00 - 1200.00	1100.00 - 1200.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1100.00	1100.00 - 1200.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	400.00 - 420.00	440.00 - 440.00	460.00 - 480.00	460.00 - 520.00	460.00 - 520.00	480.00 - 500.00	400.00 - 480.00	460.00 - 480.00	480.00 - 520.00
<u>Big Onion</u>									
Imported	200.00 - 230.00	240.00 - 260.00	240.00 - 260.00	250.00 - 260.00	240.00 - 260.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	260.00 - 260.00
Local	250.00 - 270.00	-	280.00 - 300.00	300.00 - 320.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00	300.00 - 320.00
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	400.00 - 420.00	400.00 - 480.00	400.00 - 480.00	450.00 - 480.00	460.00 - 480.00	-	400.00 - 450.00	450.00 - 480.00	440.00 - 460.00
Imported	180.00 - 220.00	240.00 - 260.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	280.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00
<u>Pulses</u>									
Green Gram	800.00 - 850.00	1000.00 - 1000.00	800.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	800.00 - 800.00	900.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00
Cowpea (White)	1000.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00
Cowpea (Red)	1000.00 - 1100.00	1200.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00
Red Dhal	290.00 - 300.00	290.00 - 300.00	290.00 - 300.00	300.00 - 320.00	300.00 - 320.00	300.00 - 300.00	280.00 - 300.00	280.00 - 300.00	270.00 - 300.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Vegetable</i>									
Beans	800.00 - 1000.00	960.00 - 1000.00	860.00 - 1000.00	900.00 - 1000.00	1200.00 - 1200.00	800.00 - 800.00	1200.00 - 1200.00	800.00 - 1200.00	1200.00 - 1200.00
Carrot	220.00 - 300.00	320.00 - 480.00	360.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 480.00	300.00 - 350.00	400.00 - 480.00	480.00 - 480.00
Leeks	280.00 - 300.00	480.00 - 550.00	450.00 - 480.00	540.00 - 550.00	400.00 - 400.00	400.00 - 400.00	300.00 - 300.00	400.00 - 480.00	600.00 - 600.00
Beetroot	500.00 - 650.00	740.00 - 800.00	550.00 - 600.00	600.00 - 680.00	600.00 - 700.00	-	500.00 - 500.00	520.00 - 520.00	800.00 - 800.00
Knolkhol	450.00 - 650.00	550.00 - 560.00	-	-	600.00 - 600.00	-	-	640.00 - 640.00	-
Raddish	350.00 - 350.00	400.00 - 560.00	400.00 - 450.00	550.00 - 600.00	400.00 - 400.00	400.00 - 400.00	280.00 - 280.00	280.00 - 280.00	480.00 - 480.00
Cabbage	250.00 - 300.00	400.00 - 400.00	450.00 - 480.00	350.00 - 400.00	400.00 - 400.00	480.00 - 480.00	220.00 - 240.00	320.00 - 400.00	480.00 - 480.00
Tomato	350.00 - 500.00	640.00 - 650.00	550.00 - 600.00	600.00 - 650.00	560.00 - 600.00	560.00 - 600.00	350.00 - 350.00	400.00 - 400.00	480.00 - 480.00
Ladies Fingers	280.00 - 350.00	400.00 - 560.00	450.00 - 480.00	450.00 - 500.00	400.00 - 400.00	480.00 - 480.00	300.00 - 300.00	400.00 - 440.00	560.00 - 560.00
Brinjal	600.00 - 600.00	760.00 - 800.00	680.00 - 720.00	650.00 - 700.00	600.00 - 700.00	800.00 - 800.00	500.00 - 550.00	520.00 - 600.00	800.00 - 800.00
Capsicum	1000.00 - 1200.00	1200.00 - 1500.00	950.00 - 1000.00	1200.00 - 1500.00	1200.00 - 1400.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1200.00	1400.00 - 1400.00
Pumpkin	140.00 - 160.00	240.00 - 250.00	260.00 - 280.00	320.00 - 320.00	240.00 - 240.00	240.00 - 320.00	160.00 - 180.00	240.00 - 320.00	320.00 - 320.00
Cucumber	200.00 - 240.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	240.00 - 320.00	360.00 - 360.00	180.00 - 200.00	300.00 - 320.00	360.00 - 360.00
Bitter Gourd	900.00 - 900.00	1000.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	-	900.00 - 900.00	1000.00 - 1000.00	1200.00 - 1200.00
Snake Gourd	550.00 - 600.00	640.00 - 750.00	650.00 - 800.00	800.00 - 850.00	650.00 - 700.00	-	600.00 - 600.00	600.00 - 600.00	800.00 - 800.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	650.00 - 700.00	800.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	800.00 - 900.00	-	700.00 - 700.00	650.00 - 650.00	880.00 - 880.00
Long Beans	550.00 - 560.00	760.00 - 800.00	800.00 - 850.00	750.00 - 800.00	700.00 - 800.00	-	600.00 - 600.00	600.00 - 600.00	850.00 - 850.00
Ash Plantain	220.00 - 250.00	340.00 - 360.00	320.00 - 340.00	320.00 - 320.00	240.00 - 320.00	320.00 - 320.00	200.00 - 200.00	240.00 - 240.00	320.00 - 320.00
Green Chillies	750.00 - 800.00	1200.00 - 1400.00	1500.00 - 1600.00	1500.00 - 1600.00	1000.00 - 1200.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1600.00	1600.00 - 1600.00
Lime	600.00 - 600.00	600.00 - 650.00	900.00 - 1000.00	950.00 - 1000.00	600.00 - 600.00	800.00 - 800.00	600.00 - 600.00	800.00 - 1000.00	1000.00 - 1000.00
<i>Root Crops</i>									
Sweet Potato	300.00 - 350.00	340.00 - 360.00	350.00 - 400.00	380.00 - 400.00	310.00 - 320.00	400.00 - 400.00	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00
Manioc	150.00 - 160.00	220.00 - 240.00	220.00 - 240.00	240.00 - 240.00	200.00 - 200.00	240.00 - 240.00	160.00 - 180.00	200.00 - 220.00	220.00 - 220.00
<i>Leafy Vegetable</i>									
Mukunuwenna	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 90.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00
Kankun	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 90.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00	100.00 - 100.00	80.00 - 80.00
Gotukola	260.00 - 280.00	280.00 - 300.00	300.00 - 320.00	280.00 - 300.00	360.00 - 360.00	280.00 - 280.00	280.00 - 320.00	320.00 - 320.00	-
<i>Coconut</i>									
Large	180.00 - 190.00	200.00 - 205.00	205.00 - 210.00	200.00 - 210.00	180.00 - 200.00	-	200.00 - 205.00	200.00 - 200.00	200.00 - 210.00
Small	160.00 - 170.00	190.00 - 195.00	195.00 - 195.00	190.00 - 195.00	160.00 - 160.00	160.00 - 180.00	160.00 - 180.00	180.00 - 180.00	-

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Plantain</i>									
Ambul (Rs/Kg)	150.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	180.00 - 200.00	150.00 - 200.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00
Kolikuttu (Rs/Kg)	250.00 - 300.00	320.00 - 330.00	350.00 - 350.00	300.00 - 300.00	300.00 - 300.00	300.00 - 350.00	250.00 - 280.00	280.00 - 280.00	250.00 - 280.00
Seeni (Rs/Kg)	150.00 - 200.00	160.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	150.00 - 180.00	150.00 - 160.00	150.00 - 150.00	150.00 - 170.00
Anamalu	36.00 - 40.00	47.00 - 50.00	50.00 - 50.00	43.00 - 50.00	43.00 - 46.00	43.00 - 43.00	36.00 - 43.00	40.00 - 43.00	-
Ambun	50.00 - 56.00	66.00 - 70.00	70.00 - 70.00	60.00 - 70.00	60.00 - 64.00	60.00 - 60.00	50.00 - 60.00	56.00 - 60.00	-
<i>Pineapple</i>									
Large	380.00 - 420.00	400.00 - 450.00	380.00 - 420.00	400.00 - 450.00	420.00 - 450.00	450.00 - 450.00	400.00 - 450.00	400.00 - 420.00	400.00 - 420.00
Medium	300.00 - 360.00	320.00 - 360.00	300.00 - 350.00	300.00 - 350.00	320.00 - 350.00	300.00 - 350.00	300.00 - 350.00	300.00 - 350.00	300.00 - 350.00
Small	240.00 - 280.00	250.00 - 280.00	250.00 - 280.00	250.00 - 280.00	250.00 - 280.00	230.00 - 250.00	200.00 - 250.00	250.00 - 250.00	240.00 - 250.00
<i>Mango</i>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	100.00 - 150.00	-	135.00 - 135.00	150.00 - 150.00	100.00 - 135.00	100.00 - 120.00	83.00 - 83.00	83.00 - 100.00	83.00 - 100.00
Vilad	-	-	-	-	60.00 - 60.00	-	50.00 - 60.00	40.00 - 60.00	50.00 - 60.00
Kohu	-	-	-	-	-	-	-	-	-
<i>Other Fruits</i>									
Wood Apple	60.00 - 80.00	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00	90.00 - 100.00	100.00 - 120.00	50.00 - 60.00	50.00 - 50.00	70.00 - 100.00
Orange	100.00 - 100.00	-	170.00 - 200.00	200.00 - 200.00	150.00 - 167.00	100.00 - 100.00	-	135.00 - 135.00	117.00 - 135.00
Avocado	535.00 - 670.00	-	670.00 - 670.00	835.00 - 835.00	535.00 - 770.00	-	-	-	-
Slime Apple	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00	120.00 - 120.00	100.00 - 100.00	90.00 - 90.00	60.00 - 60.00	60.00 - 60.00	80.00 - 100.00
Grapes (Rs/Kg)	1700.00 - 1700.00	1800.00 - 2000.00	1800.00 - 2000.00	2500.00 - 2500.00	1800.00 - 2000.00	2300.00 - 2300.00	2000.00 - 2000.00	2000.00 - 2000.00	1800.00 - 2000.00
Papaw (Rs/Kg)	240.00 - 300.00	320.00 - 340.00	350.00 - 350.00	300.00 - 330.00	280.00 - 280.00	260.00 - 300.00	250.00 - 300.00	300.00 - 300.00	250.00 - 250.00
Passion	30.00 - 35.00	60.00 - 60.00	60.00 - 70.00	60.00 - 60.00	50.00 - 55.00	50.00 - 60.00	30.00 - 50.00	50.00 - 60.00	50.00 - 70.00
King Coconut	170.00 - 200.00	160.00 - 200.00	180.00 - 180.00	180.00 - 180.00	150.00 - 160.00	200.00 - 200.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Sea Fish</i>									
Salaya	300.00 - 400.00	700.00 - 700.00	700.00 - 700.00	700.00 - 700.00	680.00 - 680.00	640.00 - 700.00	400.00 - 500.00	480.00 - 480.00	560.00 - 600.00
Hurulla	600.00 - 700.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	960.00 - 960.00	900.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1000.00	1200.00 - 1200.00
Balaya	600.00 - 700.00	-	-	-	-	1400.00 - 1400.00	-	1200.00 - 1400.00	1200.00 - 1200.00
Kelawalla	1600.00 - 1800.00	3200.00 - 3200.00	2400.00 - 2400.00	3400.00 - 3400.00	3400.00 - 3400.00	-	2000.00 - 2000.00	3000.00 - 3000.00	-
Thora	3000.00 - 3500.00	3200.00 - 3200.00	4000.00 - 4400.00	3800.00 - 3800.00	4900.00 - 4900.00	3000.00 - 3200.00	-	3600.00 - 3600.00	-
Paraw	1600.00 - 1800.00	2800.00 - 2800.00	2400.00 - 2400.00	2800.00 - 2800.00	1700.00 - 1700.00	2400.00 - 2400.00	1800.00 - 1800.00	-	1800.00 - 1800.00
Mora	1500.00 - 1800.00	-	-	-	-	-	-	-	-
Shrimps Small	1800.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2400.00	-	1600.00 - 1600.00	2000.00 - 2000.00	1600.00 - 1600.00	1800.00 - 1800.00	1800.00 - 2000.00
Talapath	2300.00 - 2400.00	3200.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3000.00	3400.00 - 3400.00	2800.00 - 3000.00	2600.00 - 2800.00	3200.00 - 3200.00	2900.00 - 2900.00
<i>Eggs (Rs/egg)</i>									
Brown	46.00 - 46.00	45.00 - 45.00	47.00 - 47.00	45.00 - 46.00	50.00 - 50.00	49.00 - 49.00	-	-	-
White	43.00 - 44.00	43.00 - 43.00	45.00 - 45.00	43.00 - 45.00	45.00 - 45.00	45.00 - 48.00	44.00 - 46.00	46.00 - 47.00	44.00 - 46.00
<i>Dried Fish</i>									
Sprats	1400.00 - 1400.00	1400.00 - 1600.00	1400.00 - 1800.00	2200.00 - 2400.00	2400.00 - 2400.00	1600.00 - 1600.00	-	2200.00 - 2200.00	2000.00 - 2200.00
Kattawa	2000.00 - 2000.00	2400.00 - 2400.00	2400.00 - 2400.00	2800.00 - 2800.00	3200.00 - 3200.00	2200.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2600.00	2400.00 - 2600.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2600.00 - 2800.00	2900.00 - 2900.00	3000.00 - 3000.00	2500.00 - 2800.00	-	-	3000.00 - 3000.00	2800.00 - 3000.00	2600.00 - 3000.00
Balaya	1600.00 - 1800.00	2000.00 - 2000.00	2200.00 - 2200.00	2200.00 - 2200.00	-	1800.00 - 1800.00	2000.00 - 2000.00	1400.00 - 1800.00	2000.00 - 2200.00
Anguluwa	-	2800.00 - 2800.00	2400.00 - 2400.00	3000.00 - 3000.00	-	-	-	2400.00 - 2600.00	2600.00 - 2800.00
Salaya	800.00 - 1200.00	1100.00 - 1100.00	-	-	-	1000.00 - 1000.00	1200.00 - 1200.00	800.00 - 1000.00	1200.00 - 1200.00
<i>Meat</i>									
Beef (without Bones)	-	2800.00 - 2800.00	2800.00 - 2800.00	2900.00 - 2900.00	2700.00 - 2700.00	-	2600.00 - 2600.00	2800.00 - 2800.00	-
Chicken (Broiler)	1380.00 - 1380.00	1400.00 - 1400.00	1340.00 - 1340.00	1280.00 - 1280.00	1350.00 - 1350.00	1350.00 - 1350.00	1250.00 - 1250.00	1250.00 - 1300.00	1360.00 - 1360.00
Chicken (Curry)	-	1400.00 - 1400.00	1340.00 - 1340.00	1300.00 - 1300.00	1300.00 - 1300.00	1250.00 - 1250.00	1400.00 - 1400.00	-	1360.00 - 1360.00
Mutton	-	3800.00 - 3800.00	-	4300.00 - 4300.00	3800.00 - 3800.00	-	3500.00 - 3500.00	4000.00 - 4000.00	4200.00 - 4200.00
Pork	-	2600.00 - 2800.00	2800.00 - 2800.00	-	-	-	-	2800.00 - 2800.00	2700.00 - 2700.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

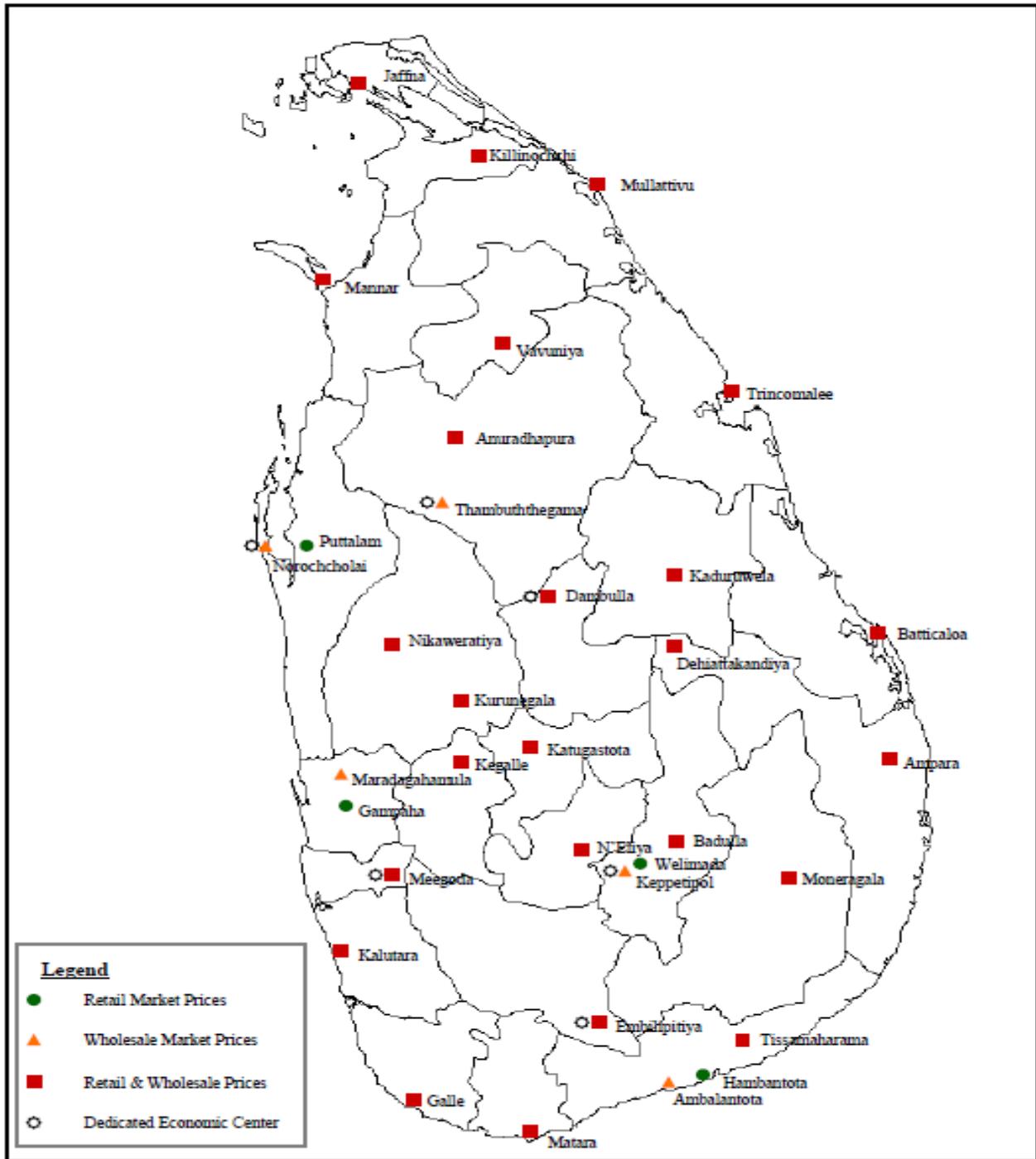
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

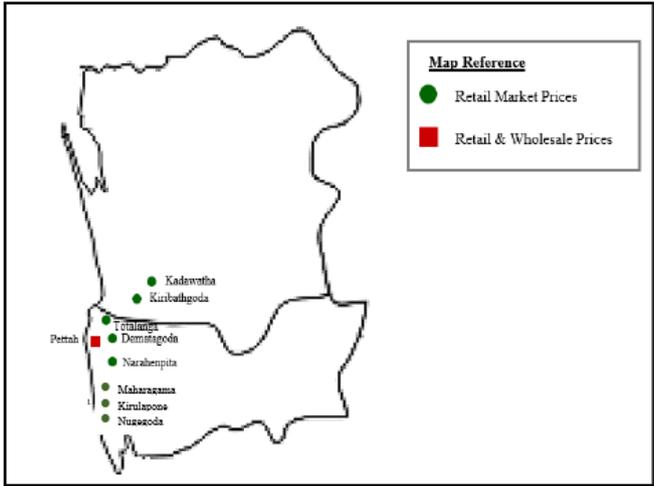
Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas



Legend

- Retail Market Prices
- ▲ Wholesale Market Prices
- Retail & Wholesale Prices
- Dedicated Economic Center





HARTI



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**දෛනික චිළචිචි තොග මිල,
ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චිකඩුව ගොවි කරියතු පර්යේෂණ
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ජාතික ජංගම දුරකථන ජාලයෙන්

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මොබිටෙල් ජංගම දුරකථන ජාලයෙන්
චිළචිචි තොග මිල දැරෙන්න.

විකාශිතයාට රු.2/-
විකාශිතයාට රු.2/-