

RETAIL MARKET AT A GLANCE

Summary

Rice/ Paddy

Prices of both raw red and white rice have increased by Rs.1.00/kg and prices of samba grade I and keeri samba have decreased. Farmgate price of long grain white paddy in most of the producing areas has increased by Rs.1.00-3.00/kg. Prices ranged Rs.135.00-141.00/kg for short grain paddy, Rs.155.00-165.00/kg for keeri samba, Rs.120.00-126.00/kg for long grain white and Rs.118.00-126.00/kg for long grain red.

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Other Field Crops

Price of vedalan red onion has increased by Rs.24.00/kg and price ranged Rs.320.0-480.00/kg. Price of imported big onion has decreased and price ranged Rs.150.00-180.00/kg and local big onion stocks available at the market with the price range of Rs.150.00-200.00/kg. Prices of both local and imported potatoes have decreased. Prices ranged Rs.280.00-350.00/kg for Welimada potato, Rs.350.00-440.00/kg for Nuwara Eliya potato and Rs.200.00-260.00/kg for imported potato. Price of green gram has decreased while the price of cowpea has increased.

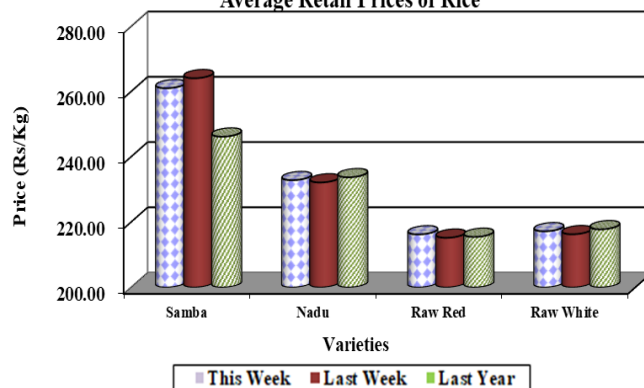
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Vegetables

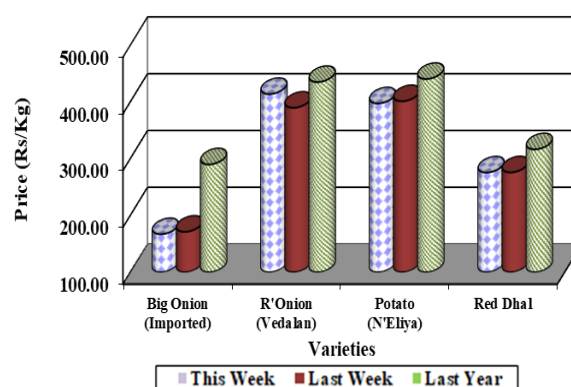
Prices of most of the up country and low country vegetables have increased due to limited supply from main producing areas. However, price of carrot has decreased by Rs.24.00/kg and price range Rs.150.00-360.00/kg. A slight price increase noted for beans and price ranged Rs.300.00-520.00/kg. Price of lime has increased significantly further by Rs.788.00/kg and price ranged Rs.2000.00-3000.00/kg.

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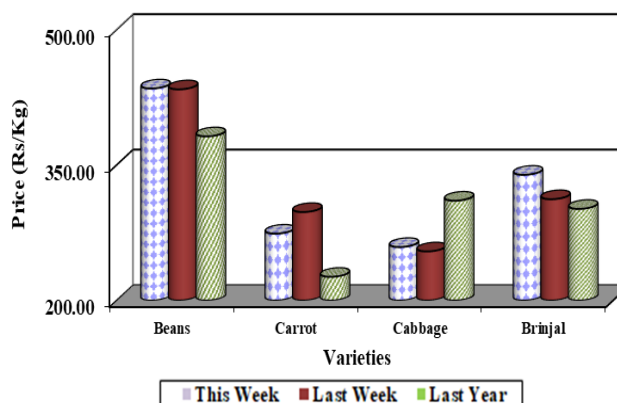
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

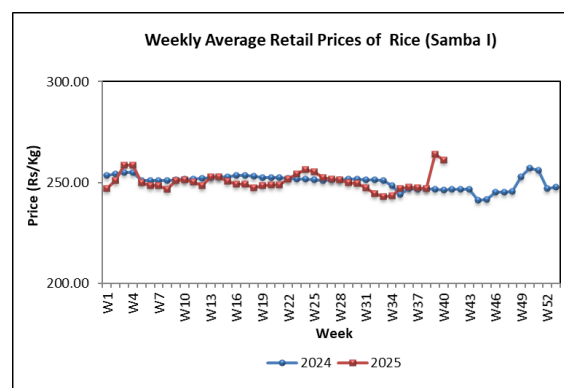
Price of most local rice varieties have increased due to unavailability of sufficient stocks. The highest price increase of 4% was recorded for raw white and price ranged Rs.200.00-210.00/kg. Prices of nadu grade I, nadu grade II and raw red have also increased by 2%. Imported raw white rice was also available at the market and price ranged Rs.205.00-210.00/kg.

Compared to same period of last year, the highest price increase of 15% was recorded for keeri samba while the highest price decrease (4%) was recorded for raw red.

Retail

Prices of local nadu, local raw red and local raw white have increased by about Rs.1.00/kg. Prices of local samba and local keeri samba have decreased with the highest price decreased of Rs.3.00/kg was recorded for local samba grade I.

Compared to the same period of the last year, highest price increase of 16% was recorded for local keeri samba.



Paddy

The average farm gate prices of long grain white paddy in major paddy-producing areas have increased by Rs.1.00-3.00/kg. However, the price of short grain (samba) paddy has not changed significantly in most of the producing areas and prices ranged between Rs.135.00–141.00/kg. The price of keeri samba paddy has not changed significantly and the prices ranged Rs.155.00-165.00/kg. Price of long grain red paddy ranged between Rs.118.00-126.00/kg, recording the price increase of Rs.4.00/kg in the Embilipitiya area while a price decline of Rs.2.00/kg was reported in the Matara.

Compared to the same period of last year, the average prices of short grain and keeri samba paddy have increased significantly in major producing areas. However, the average prices of long grain white and long grain red paddy have decreased in most of the producing areas.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 5% due to availability of high-quality stocks and price ranged Rs.620.00-700.00/kg,

Compared to same period of last year, current wholesale price of imported dried chilies has decreased by 7%.

Retail

Price of imported dried chilies has increased by Rs.17.00/kg and price ranged Rs.700.00-1000.00/kg.

Compared to the same period of the last year, current retail price of imported dried chilies has decreased by 10%.

Onion

Wholesale

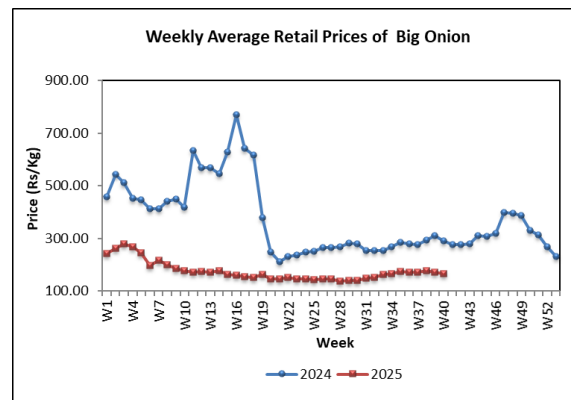
Price of vedalan and imported red onion have increased by 3% and 8% due to unavailability of sufficient stocks and price ranged Rs.230.00-280.00/kg for vedalan and Rs.200.00-250.00/kg for imported red onion. Price of imported big onion and local big onion have increased slightly and price ranged Rs.110.00-

130.00/kg for imported big onion and Rs.125.00-140.00/kg for local big onion.

Compared to same period of last year, current wholesale prices of vedalan red onion, imported big onion and local big onion have decreased by 13%, 45% and 47% respectively.

Retail

Price of vedalan has increased by Rs.24.00/kg and price ranged Rs.320.00-480.00/kg. Price of imported big onion has decreased by Rs.4.00/kg while price of local big onion has increased by about Rs.1.00/kg and price ranged Rs.150.00-200.00/kg.



Compared to the same period of the last year, prices of both imported and local big onion have decreased by 42% and 45% respectively.

Potato

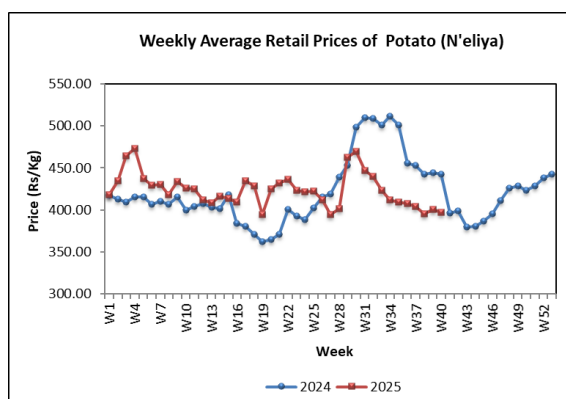
Wholesale

Prices of Welimada, Nuwara Eliya and imported potatoes have decreased in the range of 1%-4% and price ranged Rs.180.00-200.00/kg, Rs.200.00-235.00/kg and Rs.150.00-180.00/kg respectively.

Compared to the same period of last year, current wholesale price of Welimada and Nuwara Eliya potatoes have decreased by 10% and 12% while price imported potato has increased by 9%.

Retail

Prices of all types of potato varieties have decreased. The highest price decreased of Rs.8.00/kg was recorded for Welimada potato. Prices ranged Rs.280.00-440.00/kg for local potato and Rs.200.00-260.00/kg for imported potato.



Compared to the same period of the last year, the highest price increase of 9% was recorded for imported potatoes, while highest price decreased of 10% was recorded for Welimada potato.

Pulses

Wholesale

Price of green gram, has decreased by 11% due to availability of sufficient stocks and price ranged Rs.600.00-650.00/kg. Both white cowpea and red cowpea were available at the market and price ranged Rs.950.00-1000.00/kg. Price of red dhal has not changed significantly and price ranged Rs.230.00-240.00 /kg.

Compared to same period of last year, the highest price increase of 45% was recorded for red cowpea.

Retail

Prices of white and red cowpea have increased by Rs.33.00/kg and Rs.6.00/kg respectively. Price of green gram has decreased by Rs.3.00/kg. There was no significant price change in the retail price of red dhal.

Compared to the same period of the last year, highest price increase of 34% was recorded for red cowpea while, the highest

price decrease of 13% was recorded for red dhal.

Vegetable

Wholesale

Prices of most of the up country and low country vegetables have increased, with decreased supply from most of the producing areas, due to unfavorable weather condition.

Among the up-country vegetables, prices of all the vegetables except for carrot have increased, due to decreased supply from main producing areas. Accordingly, the highest price increase was reported for leeks as 50%. In addition, the prices of beetroot (13%), raddish and cabbage (15%) have also increased due to decreased supply. Prices of beans, knolkhol and tomato have increased in the range of 4% - 11%. However, the prices of carrot have decreased by 4%, with availability sufficient stocks.

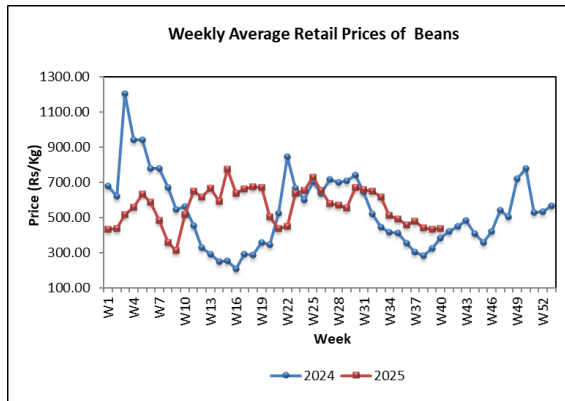
Considering the low-country vegetables, the prices of most of the vegetables have increased. Particularly, the highest price increase reported for pumpkin as 45%, with decreased supply from major producing areas due to end of peak harvesting. In addition, the price of capsicum has also increased by 30%, due

to decreased supply from Puttalam and Wellawaya. However, prices of drumstick have decreased by 38% due to high supply from Dambulla, Wellawaya and Puttalam. The price of luffa has also decreased by 20%, with increased supply from Puttalam and Wadigala. The prices of green chilies (35%) and lime (33%) have increased further, with decreased supply from main producing areas. Prices range Rs.1700.00-2200.00/kg for lime.

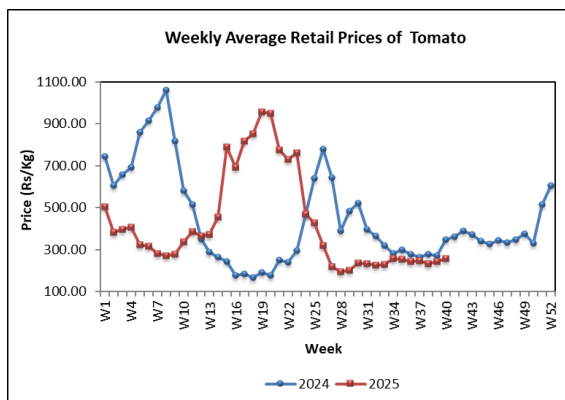
Compared to the same period of last year, prices of most of the vegetables have decreased, with the highest price decrease of 72% reported for drumstick. Meanwhile, Price of lime has increased by 441%.

Retail

Retail prices of most of the vegetable varieties have increased in line with the upward wholesale trend. Considering up-country vegetables, the highest price increase was reported for knolkhol by Rs.37.00/kg, followed by leeks (Rs.35.00/kg).



Considering the low-country vegetable varieties, the highest price increase was reported for pumpkin at (Rs.42.00/kg). Prices of lime and green chilies have also increased by Rs. 788.00/kg and Rs.81.00/kg respectively. However, price of luffa has decreased by Rs.45 .00/kg.



Compared to the same period last year, prices of most varieties have increased, with a notable price increase of 335% reported for lime.

Coconut Wholesale

Prices of both large and small nuts have not change significantly. Price ranges were Rs.175.00-185.00 for a large nut and Rs.150.00-165.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have increased by 44%.

Retail

Prices of large nuts and small nuts have increased by around Rs.4.00 /nut compared to last week. The price ranges were Rs. 200.00-220.00 for a large nut and Rs.170.00-195.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 55% and 65%, respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have increased due to limited supply. The highest price increase of 15% was reported for local orange. While the price of grapes has decreased by 33% with adequate supply of imported grapes and availability of local grapes.

Compared to the same period of last year, prices of most of the fruit varieties have decreased with the highest price decrease of 46% reported for papaw.

Retail

Prices of most of the fruit varieties have increased. The highest price increase of Rs.76.00/kg was reported for large size pineapple. Price of medium size pineapple and small size pineapple have also increased by Rs.31.00/kg and Rs.32.00/kg respectively. Also, price of avocado has increased by Rs.11.00/fruit. However, price of imported grapes and karthakolomban mango have decreased by Rs.316.00/kg and Rs.187.00/fruit respectively.

Compared to the same period of last year, the current retail prices of most of the fruits have decreased with the highest price decrease reported for papaw as 38%.

Fresh Fish

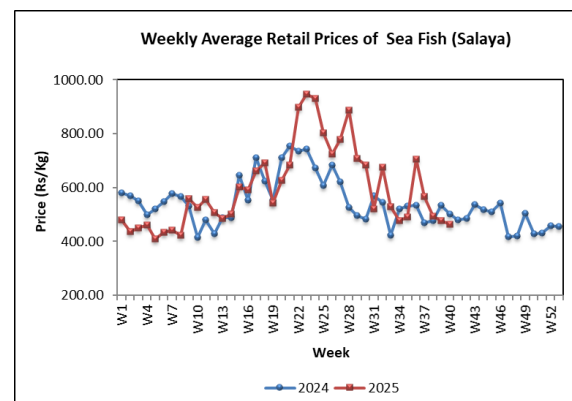
Wholesale

Prices of most of the fresh fish types have decreased in the range of 1%-26%. The highest price decrease was noted for hurulla as 26% followed by paraw as 23%. However, Price of shrimps has increased by 10%.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have decreased with the highest price decrease of 24% was noted for hurulla.

Retail

Prices of all the fish varieties have decreased. The highest price decrease was recorded for Thora by Rs.607.00/kg, and the second highest price decrease was recorded for hurulla by Rs.209.00/kg.



Compared to the same period of last year, the prices of most of the fish varieties have increased, with the highest price increase was recorded for balaya by 39%.

Dried Fish

Wholesale

Prices of local sprats, balaya and salaya have decreased by 66%, 3% and 9%

respectively. Price of imported mora has increased by 61%.

Compared to the same period of last year, the current wholesale prices of most of the dried fish types have increased in the range of 1%-80% and the highest price increase was noted for imported mora.

Retail

Prices of all the dried fish varieties except local sprats, balaya and salaya have increased, and the highest price increase was recorded for thora by Rs. 220.00/kg. The highest price decrease was recorded for anguluwa by 127.00/kg.

Compared to the same period of last year, the prices of all types of dry fish varieties except local sprats has increased. The highest price increase was recorded for maduwa by 31%.

Eggs

Wholesale

Prices of brown and white eggs have decreased by 2% and 1% respectively. Price ranged Rs.32.00-33.00 for brown egg Rs. 30.00-31.00 for white egg.

Compared to the same period of last year, current wholesale price of brown egg has

decreased slightly and price of white egg has increased by 3%.

Retail

Prices of both brown and white eggs have decreased by Rs.1.00/egg Price ranged Rs.33.00-37.00 for brown eggs and Rs.31.00-34.00 for white eggs. The average prices of white egg and brown egg recorded as Rs.34.00 and Rs. 32.00 respectively.

Compared to the same period of last year, prices of both egg varieties have not changed significantly.

Meat

Retail

Prices of all meat types, except for beef and chicken broiler have increased. The highest price increase was recorded for pork by Rs.67.00/kg. Price decrease was recorded for chicken Broiler by Rs.41.00/kg and Rs.40.00/ kg for beef.

Compared to the same period of last year, prices of all meat types have increased with the highest price increase was recorded for pork by 127%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 40: 03 - 09 Oct 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12250	12500	12000	12100	14500	16500	10750	11250	10400	10600	9750	10250	10000	10500
	Divulapitiya	12450	12600	12000	12200	15000	15500	11200	11350	10400	10600	9750	10000	9800	10250
	Kurunegala	-	-	12000	12000	15500	15500	11350	11350	10500	10750	-	-	10250	10250
	Nikaweratiya	13000	13500	-	-	15000	15500	11200	11500	10250	10600	-	-	9000	9500
	Badulla	-	-	-	-	15750	15750	11250	11250	-	-	10000	10250	10250	10250
	Puttalam	12500	13250	11900	12000	15650	16000	11250	11500	10250	10250	-	-	9500	10000
	Dambulla	13250	13300	11800	11900	-	-	11250	11300	10600	10700	10000	10250	9500	10200
	Anuradhapura	13000	13500	11750	11900	15750	16250	11250	11350	10250	10500	10500	10750	9500	10250
	Tambuttegama	-	-	11650	12100	-	-	-	-	10200	10500	10600	10900	9500	10000
	Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Kalutara	12000	12250	-	-	-	-	11000	11300	10300	10750	9500	10000	9500	10500
	Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Kandy	12750	13000	11900	12000	15500	16250	11000	11250	10500	10750	9800	10000	10000	10250
	Moneragala	-	-	11750	11850	16000	16250	11250	11350	-	-	9500	9750	10000	10250
	Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Dehiattakandiya	12000	13000	11750	11750	15000	15500	11000	11300	10500	10800	10500	10750	9600	10750
	Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	10000	10000
	Matara	-	-	11600	11750	-	-	11000	11250	-	-	9500	10000	9900	10250
	Galle	-	-	-	-	-	-	11250	11350	-	-	9500	10500	10500	10600
	Meegoda	12250	12250	11900	12000	15000	15750	11000	11250	10400	10800	9900	10300	9900	10300
	Tissamaharama	-	-	11950	11950	-	-	11350	11400	-	-	9600	9650	10150	10200
	Embilipitiya	-	-	11750	11800	15250	15300	-	-	10500	10600	9850	10000	9900	10000
	Jaffna	-	-	11600	11750	-	-	10750	10800	-	-	10200	10250	10200	10250
	Vavuniya	-	-	11500	11900	14000	14250	11000	11500	-	-	10000	10500	10000	10250
	Mannar	-	-	11850	12000	14000	14000	10750	10800	10650	10700	10000	10150	-	-
	Killinochchi	-	-	11500	11700	14500	14700	11250	11400	-	-	9500	9750	10000	10200
	Mullattivu	-	-	11750	12000	14250	14500	11250	11500	-	-	9500	9800	10000	10250
	Batticaloa	-	-	11750	12000	14000	14750	-	-	10250	10500	9250	9500	9500	9500
	Trincomalee	-	-	11500	11700	-	-	11200	11250	-	-	10700	10800	10500	10700
	Galenbindunuwew	-	-	11900	11950	-	-	11400	11450	10850	10950	10650	10900	10400	10650
Matale	12500	13250	-	-	15000	15500	10750	11250	10250	10500	9750	10250	9750	10250	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 40: 03 - 09 Oct 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	250.00 –	280.00	–	–	300.00 –	320.00	230.00 –	240.00	–	–	210.00 –	220.00	210.00 –	220.00
	Gampaha	–	–	240.00 –	240.00	–	–	228.00 –	230.00	–	–	210.00 –	220.00	210.00 –	220.00
	Kurunegala	–	–	240.00 –	240.00	300.00 –	300.00	230.00 –	230.00	220.00 –	225.00	220.00 –	220.00	210.00 –	220.00
	Nikaweratiya	270.00 –	280.00	–	–	315.00 –	325.00	230.00 –	235.00	210.00 –	215.00	–	–	200.00 –	210.00
	Dambulla	270.00 –	275.00	240.00 –	240.00	300.00 –	320.00	228.00 –	230.00	215.00 –	220.00	210.00 –	215.00	205.00 –	210.00
	Anuradhapura	270.00 –	275.00	240.00 –	240.00	325.00 –	330.00	230.00 –	230.00	215.00 –	220.00	215.00 –	220.00	210.00 –	220.00
	Thambuththegama	270.00 –	270.00	240.00 –	240.00	300.00 –	320.00	230.00 –	230.00	225.00 –	228.00	217.00 –	220.00	212.00 –	220.00
	Polonnaruwa	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Kaluthara	260.00 –	270.00	240.00 –	240.00	330.00 –	340.00	225.00 –	230.00	215.00 –	220.00	195.00 –	200.00	190.00 –	220.00
	Badulla	–	–	–	–	320.00 –	330.00	230.00 –	230.00	–	–	210.00 –	210.00	210.00 –	210.00
	Keppetipola	–	–	245.00 –	250.00	320.00 –	330.00	228.00 –	230.00	220.00 –	225.00	200.00 –	210.00	210.00 –	215.00
	Moneragala	–	–	240.00 –	240.00	330.00 –	340.00	230.00 –	230.00	–	–	195.00 –	200.00	205.00 –	210.00
	Kegalle	270.00 –	270.00	240.00 –	240.00	330.00 –	340.00	230.00 –	230.00	215.00 –	220.00	220.00 –	220.00	210.00 –	220.00
	Ampara	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Dehiattakandiya	250.00 –	270.00	240.00 –	240.00	310.00 –	320.00	228.00 –	230.00	218.00 –	220.00	216.00 –	220.00	195.00 –	220.00
	Nuwaraeliya	255.00 –	255.00	245.00 –	250.00	330.00 –	340.00	226.00 –	230.00	217.00 –	220.00	210.00 –	215.00	215.00 –	220.00
	Kandy	270.00 –	275.00	245.00 –	250.00	330.00 –	340.00	230.00 –	230.00	215.00 –	220.00	215.00 –	220.00	210.00 –	220.00
	Puttalam	260.00 –	265.00	240.00 –	250.00	320.00 –	330.00	230.00 –	230.00	210.00 –	220.00	220.00 –	225.00	210.00 –	220.00
	Hambantota	–	–	–	–	–	–	–	–	–	–	190.00 –	195.00	205.00 –	210.00
	Rathnapura	260.00 –	270.00	–	–	315.00 –	330.00	225.00 –	230.00	210.00 –	212.00	195.00 –	205.00	205.00 –	215.00
	Matara	255.00 –	270.00	240.00 –	250.00	–	–	230.00 –	240.00	218.00 –	220.00	200.00 –	210.00	205.00 –	220.00
	Galle	–	–	240.00 –	240.00	350.00 –	350.00	230.00 –	230.00	220.00 –	225.00	200.00 –	220.00	220.00 –	220.00
	Tissamaharama	–	–	240.00 –	240.00	–	–	229.00 –	230.00	–	–	195.00 –	200.00	205.00 –	210.00
	Meegoda (DEC)	–	–	240.00 –	250.00	–	–	230.00 –	230.00	215.00 –	220.00	205.00 –	210.00	210.00 –	220.00
	Embilipitiya	–	–	240.00 –	240.00	305.00 –	310.00	225.00 –	230.00	–	–	200.00 –	205.00	208.00 –	212.00
	Jaffna	–	–	240.00 –	243.00	–	–	225.00 –	230.00	–	–	220.00 –	225.00	210.00 –	222.00
	Vavuniya	–	–	240.00 –	245.00	285.00 –	300.00	230.00 –	235.00	–	–	215.00 –	220.00	210.00 –	220.00
	Mannar	250.00 –	250.00	246.00 –	248.00	285.00 –	295.00	228.00 –	230.00	–	–	210.00 –	215.00	210.00 –	215.00
	Killinochchi	–	–	240.00 –	240.00	295.00 –	300.00	230.00 –	234.00	–	–	200.00 –	205.00	205.00 –	210.00
	Mullaittivu	–	–	240.00 –	245.00	290.00 –	295.00	230.00 –	235.00	–	–	195.00 –	200.00	205.00 –	208.00
Batticaloa	250.00 –	260.00	–	–	300.00 –	300.00	225.00 –	230.00	–	–	205.00 –	210.00	205.00 –	210.00	
Trincomalee	–	–	240.00 –	245.00	290.00 –	300.00	230.00 –	235.00	–	–	220.00 –	225.00	220.00 –	220.00	
Hanguranketha	–	–	240.00 –	240.00	–	–	225.00 –	230.00	212.00 –	220.00	200.00 –	218.00	200.00 –	218.00	
Veyangoda	260.00 –	260.00	240.00 –	240.00	300.00 –	300.00	230.00 –	230.00	210.00 –	210.00	210.00 –	220.00	200.00 –	210.00	
Galenbindunuwewa	–	–	240.00 –	240.00	–	–	230.00 –	230.00	220.00 –	220.00	215.00 –	220.00	210.00 –	220.00	
Bandarawela	–	–	–	–	320.00 –	340.00	230.00 –	230.00	–	–	195.00 –	210.00	200.00 –	210.00	
Matale	270.00 –	275.00	240.00 –	250.00	320.00 –	330.00	225.00 –	230.00	210.00 –	220.00	210.00 –	220.00	208.00 –	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 40: 03 - 09 Oct 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	31000 - 35000	10000 - 12500	11500 - 14000	5500 - 6500	7500 - 9000	9000 - 10000	10000 - 11750	30000 - 32500	47500 - 50000	11500 - 12000
Kurunegala	32000 - 32250	-	-	6500 - 6750	8500 - 9000	-	-	40000 - 42000	50000 - 50000	12000 - 12150
Nikaweratiya	31500 - 32250	10500 - 12500	-	6250 - 7000	8250 - 9500	-	-	32500 - 43000	-	11500 - 12750
Dehiattakandiya	29500 - 37500	-	14000 - 16500	6000 - 7250	8000 - 9750	10500 - 11000	14000 - 15000	37500 - 38000	-	11500 - 13250
Dambulla (DEC)	31500 - 32000	8000 - 8500	10000 - 11000	6000 - 6500	7750 - 9500	8250 - 8750	-	30000 - 32500	32500 - 35000	11500 - 12000
Anuradhapura	33500 - 35000	-	13000 - 15000	-	9500 - 10000	-	11000 - 12000	42500 - 44000	47500 - 52500	12000 - 12500
Thambuththegama	31250 - 32000	-	-	5500 - 6750	8250 - 9600	-	-	-	-	12250 - 12500
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	31000 - 35000	-	14000 - 15000	7250 - 7750	9000 - 10000	-	13000 - 14000	38000 - 41000	-	12000 - 12750
Puttalam	-	-	8000 - 10000	7750 - 8000	9250 - 10000	-	16000 - 16000	40000 - 41000	49000 - 50000	11750 - 12000
Kandy	32000 - 34000	12000 - 12500	13500 - 14000	6750 - 7000	8500 - 10000	10000 - 10500	11000 - 11500	37500 - 39000	55000 - 57500	12000 - 12250
Matara	32000 - 33000	-	14500 - 16000	6400 - 6750	8750 - 9600	-	13000 - 14000	40000 - 42500	50000 - 51500	12750 - 13200
Hambantota	31500 - 32000	-	10000 - 10500	6500 - 6750	9000 - 9500	10000 - 10500	-	-	-	12500 - 12750
Kegalle	34900 - 36000	-	12750 - 13000	7000 - 7150	9400 - 9500	-	11000 - 11250	40000 - 41000	-	12250 - 13500
Galle	32500 - 35000	-	12500 - 16000	6500 - 7500	9750 - 10000	-	13000 - 15000	47500 - 50000	47500 - 50000	12000 - 13500
Tissamaharama	32500 - 34000	-	13000 - 14000	6500 - 6750	8000 - 9000	-	12500 - 13000	36000 - 38000	42500 - 44500	12250 - 12400
Meegoda (DEC)	31000 - 33000	11500 - 12500	12500 - 13000	6000 - 6500	8000 - 9500	9000 - 10000	11000 - 11500	35000 - 42500	45000 - 50000	11500 - 11900
Jaffna	36500 - 36580	-	10500 - 11000	7400 - 7600	9750 - 10000	-	-	33000 - 34000	-	11500 - 11600
Vavuniya	32000 - 33500	-	12000 - 13500	7000 - 7500	8500 - 9000	-	-	34000 - 35000	-	12000 - 12500
Mannar	30000 - 30850	-	-	6400 - 6650	8250 - 8500	-	-	41000 - 41500	-	12100 - 12225
Killinochchi	32000 - 33500	-	12500 - 13500	-	8500 - 9500	-	-	34000 - 36000	-	12000 - 12250
Mullattivu	32500 - 34000	-	12500 - 14000	7500 - 7500	9000 - 10000	-	-	33500 - 36000	-	12250 - 12750
Batticaloa	30000 - 30000	-	12500 - 13500	-	7500 - 8000	9000 - 9500	14000 - 14500	35000 - 35000	-	12000 - 12500
Trincomalee	30000 - 31000	9250 - 9500	11000 - 11200	6000 - 6500	7500 - 7700	-	-	37500 - 38000	-	12000 - 12500
Galenbindunuwewa	34000 - 39000	-	13500 - 14500	7500 - 7500	9500 - 10000	-	12500 - 13000	43250 - 43750	43500 - 46500	12750 - 13250
Matale	31000 - 32500	9000 - 10000	11000 - 12000	6250 - 6500	8500 - 9000	10000 - 10500	-	35000 - 39000	49500 - 50000	11750 - 12250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	700.00 – 1000.00	–	320.00 – 480.00	150.00 – 180.00	200.00 – 260.00	280.00 – 350.00	350.00 – 440.00	880.00 – 1100.00	1100.00 – 1400.00	260.00 – 300.00
Gampaha	850.00 – 900.00	–	–	–	240.00 – 260.00	–	340.00 – 360.00	780.00 – 1000.00	1115.00 – 1120.00	265.00 – 280.00
Kurunegala	740.00 – 800.00	–	–	160.00 – 160.00	220.00 – 240.00	–	350.00 – 350.00	900.00 – 1000.00	1150.00 – 1280.00	250.00 – 280.00
Nikaweratiya	660.00 – 750.00	250.00 – 320.00	–	140.00 – 165.00	180.00 – 230.00	–	–	700.00 – 860.00	–	265.00 – 290.00
Dambulla	700.00 – 800.00	280.00 – 300.00	300.00 – 340.00	140.00 – 160.00	220.00 – 240.00	280.00 – 300.00	–	850.00 – 900.00	1000.00 – 1100.00	250.00 – 265.00
Anuradhapura	700.00 – 800.00	–	300.00 – 400.00	–	200.00 – 230.00	260.00 – 300.00	–	900.00 – 960.00	1050.00 – 1200.00	250.00 – 280.00
Thambuththegama	780.00 – 820.00	–	–	140.00 – 180.00	210.00 – 230.00	–	–	950.00 – 950.00	980.00 – 980.00	255.00 – 265.00
Polonnaruwa	–	–	–	–	–	–	–	–	–	–
Kaluthara	690.00 – 780.00	–	350.00 – 400.00	–	220.00 – 250.00	300.00 – 300.00	360.00 – 380.00	800.00 – 880.00	1200.00 – 1400.00	245.00 – 265.00
Badulla	700.00 – 750.00	–	320.00 – 400.00	160.00 – 160.00	200.00 – 240.00	260.00 – 300.00	–	800.00 – 850.00	1000.00 – 1100.00	270.00 – 280.00
Keppetipola	680.00 – 720.00	250.00 – 260.00	280.00 – 300.00	150.00 – 165.00	220.00 – 230.00	250.00 – 260.00	–	950.00 – 1000.00	1100.00 – 1150.00	250.00 – 265.00
Moneragala	700.00 – 800.00	320.00 – 400.00	–	–	220.00 – 240.00	260.00 – 280.00	–	800.00 – 900.00	900.00 – 1000.00	250.00 – 280.00
Kegalle	700.00 – 900.00	300.00 – 320.00	–	170.00 – 180.00	220.00 – 240.00	280.00 – 320.00	–	850.00 – 940.00	–	250.00 – 330.00
Ampara	–	–	–	–	–	–	–	–	–	–
Dehiattakandiya	650.00 – 800.00	–	325.00 – 360.00	140.00 – 160.00	180.00 – 230.00	230.00 – 260.00	320.00 – 350.00	800.00 – 850.00	–	240.00 – 245.00
Nuwaraeliya	720.00 – 740.00	250.00 – 260.00	290.00 – 300.00	160.00 – 170.00	220.00 – 230.00	–	260.00 – 270.00	960.00 – 1000.00	1100.00 – 1200.00	250.00 – 265.00
Kandy	780.00 – 800.00	–	360.00 – 380.00	170.00 – 180.00	220.00 – 260.00	300.00 – 320.00	320.00 – 340.00	900.00 – 960.00	1200.00 – 1300.00	260.00 – 270.00
Puttalam	700.00 – 800.00	–	320.00 – 350.00	180.00 – 200.00	220.00 – 240.00	–	350.00 – 400.00	950.00 – 1000.00	1100.00 – 1300.00	260.00 – 280.00
Rathnapura	750.00 – 850.00	260.00 – 320.00	–	160.00 – 200.00	200.00 – 230.00	260.00 – 330.00	–	780.00 – 815.00	990.00 – 1050.00	270.00 – 320.00
Hambantota	700.00 – 730.00	–	–	160.00 – 170.00	220.00 – 230.00	230.00 – 240.00	–	–	–	280.00 – 285.00
Matara	700.00 – 750.00	–	300.00 – 400.00	150.00 – 160.00	220.00 – 240.00	280.00 – 320.00	–	850.00 – 900.00	1050.00 – 1100.00	280.00 – 300.00
Galle	750.00 – 780.00	–	300.00 – 400.00	160.00 – 160.00	220.00 – 240.00	–	320.00 – 360.00	850.00 – 1050.00	1000.00 – 1100.00	270.00 – 300.00
Tissamaharama	740.00 – 780.00	300.00 – 320.00	–	150.00 – 170.00	200.00 – 220.00	280.00 – 290.00	–	800.00 – 840.00	940.00 – 970.00	260.00 – 270.00
Meegoda (DEC)	700.00 – 700.00	360.00 – 400.00	–	150.00 – 160.00	200.00 – 260.00	240.00 – 280.00	320.00 – 360.00	800.00 – 1040.00	1100.00 – 1200.00	260.00 – 280.00
Embilipitiya	675.00 – 720.00	270.00 – 290.00	320.00 – 350.00	150.00 – 160.00	220.00 – 240.00	280.00 – 300.00	–	750.00 – 840.00	1100.00 – 1250.00	250.00 – 310.00
Jaffna	680.00 – 750.00	–	280.00 – 290.00	180.00 – 200.00	200.00 – 220.00	240.00 – 250.00	–	700.00 – 750.00	–	250.00 – 260.00
Vavuniya	700.00 – 720.00	–	260.00 – 300.00	150.00 – 170.00	190.00 – 200.00	–	–	740.00 – 760.00	–	250.00 – 260.00
Mannar	700.00 – 760.00	–	–	180.00 – 200.00	240.00 – 250.00	–	–	800.00 – 850.00	–	280.00 – 300.00
Killinochchi	680.00 – 720.00	–	280.00 – 300.00	–	200.00 – 210.00	–	–	740.00 – 760.00	–	250.00 – 260.00
Mullaittivu	680.00 – 720.00	–	270.00 – 300.00	–	190.00 – 220.00	–	–	700.00 – 750.00	–	250.00 – 260.00
Batticaloa	700.00 – 730.00	–	250.00 – 260.00	150.00 – 150.00	250.00 – 250.00	300.00 – 350.00	350.00 – 350.00	900.00 – 900.00	–	300.00 – 300.00
Trincomalee	680.00 – 700.00	–	250.00 – 260.00	170.00 – 180.00	220.00 – 230.00	–	–	850.00 – 900.00	–	270.00 – 275.00
Hanguranketha	700.00 – 720.00	–	280.00 – 300.00	150.00 – 165.00	200.00 – 220.00	–	–	900.00 – 950.00	950.00 – 1100.00	240.00 – 250.00
Veyangoda	700.00 – 760.00	360.00 – 400.00	–	160.00 – 200.00	240.00 – 260.00	280.00 – 320.00	320.00 – 340.00	800.00 – 1000.00	1000.00 – 1200.00	240.00 – 280.00
Galenbindunuwewa	700.00 – 800.00	300.00 – 340.00	280.00 – 290.00	160.00 – 180.00	200.00 – 240.00	260.00 – 270.00	–	830.00 – 900.00	900.00 – 950.00	260.00 – 270.00
Bandarawela	700.00 – 750.00	–	280.00 – 380.00	140.00 – 170.00	220.00 – 240.00	260.00 – 280.00	–	800.00 – 850.00	1100.00 – 1200.00	250.00 – 270.00
Matale	680.00 – 720.00	340.00 – 360.00	290.00 – 300.00	140.00 – 180.00	200.00 – 220.00	240.00 – 260.00	–	800.00 – 850.00	1020.00 – 1200.00	250.00 – 260.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

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Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	250.00 - 350.00	100.00 - 140.00	80.00 - 180.00	70.00 - 110.00	80.00 - 120.00
Meegoda (DEC)	-	230.00 - 260.00	140.00 - 180.00	120.00 - 140.00	70.00 - 80.00	120.00 - 140.00
Dambulla (DEC)	-	250.00 - 300.00	110.00 - 160.00	100.00 - 120.00	40.00 - 80.00	70.00 - 90.00
Keppetipola (DEC)	-	260.00 - 280.00	80.00 - 120.00	100.00 - 110.00	70.00 - 90.00	90.00 - 100.00
Norochchole (DEC)	-	380.00 - 400.00	200.00 - 240.00	200.00 - 230.00	50.00 - 60.00	40.00 - 40.00
Nuwara Eliya	-	280.00 - 300.00	130.00 - 140.00	100.00 - 120.00	80.00 - 90.00	90.00 - 110.00
Kandy	-	250.00 - 300.00	110.00 - 120.00	110.00 - 120.00	70.00 - 80.00	80.00 - 100.00
Hambantota	-	330.00 - 350.00	200.00 - 240.00	150.00 - 180.00	130.00 - 150.00	150.00 - 170.00
Thambuththegama (DEC)	-	300.00 - 350.00	140.00 - 180.00	130.00 - 180.00	80.00 - 100.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	230.00 - 260.00	110.00 - 130.00	110.00 - 120.00	90.00 - 110.00	90.00 - 100.00
Veyangoda	-	280.00 - 320.00	130.00 - 160.00	120.00 - 150.00	60.00 - 80.00	100.00 - 130.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 70.00	60.00 - 120.00	120.00 - 150.00	130.00 - 150.00	150.00 - 220.00	250.00 - 450.00
Meegoda (DEC)	90.00 - 110.00	90.00 - 130.00	130.00 - 160.00	150.00 - 170.00	170.00 - 220.00	320.00 - 370.00
Moneragala	130.00 - 150.00	150.00 - 180.00	130.00 - 150.00	130.00 - 150.00	150.00 - 200.00	350.00 - 400.00
Dambulla (DEC)	30.00 - 50.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	150.00 - 200.00	250.00 - 300.00
Keppetipola (DEC)	50.00 - 70.00	80.00 - 100.00	100.00 - 120.00	140.00 - 150.00	140.00 - 150.00	380.00 - 400.00
Norochchole (DEC)	20.00 - 40.00	80.00 - 100.00	120.00 - 140.00	80.00 - 140.00	100.00 - 180.00	200.00 - 250.00
Nuwara Eliya	60.00 - 80.00	100.00 - 110.00	100.00 - 130.00	140.00 - 160.00	150.00 - 160.00	370.00 - 400.00
Kandy	70.00 - 80.00	50.00 - 70.00	100.00 - 120.00	150.00 - 160.00	130.00 - 160.00	320.00 - 350.00
Hambantota	120.00 - 130.00	130.00 - 140.00	100.00 - 120.00	140.00 - 150.00	230.00 - 250.00	300.00 - 350.00
Thambuththegama (DEC)	60.00 - 80.00	140.00 - 160.00	150.00 - 170.00	130.00 - 160.00	160.00 - 200.00	250.00 - 300.00
Tissamaharama	100.00 - 130.00	150.00 - 160.00	120.00 - 140.00	180.00 - 200.00	180.00 - 200.00	340.00 - 360.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	70.00 - 85.00	80.00 - 100.00	140.00 - 150.00	120.00 - 160.00	300.00 - 330.00
Veyangoda	80.00 - 100.00	100.00 - 140.00	130.00 - 150.00	130.00 - 150.00	230.00 - 260.00	300.00 - 360.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	45.00 - 70.00	80.00 - 120.00	300.00 - 350.00	180.00 - 220.00	60.00 - 200.00	100.00 - 160.00
Meegoda (DEC)	50.00 - 60.00	100.00 - 130.00	320.00 - 350.00	240.00 - 260.00	140.00 - 160.00	130.00 - 170.00
Moneragala	80.00 - 100.00	150.00 - 170.00	400.00 - 450.00	230.00 - 260.00	120.00 - 130.00	180.00 - 240.00
Dambulla (DEC)	35.00 - 45.00	80.00 - 110.00	260.00 - 350.00	160.00 - 180.00	50.00 - 80.00	110.00 - 120.00
Keppetipola (DEC)	50.00 - 60.00	90.00 - 100.00	330.00 - 340.00	160.00 - 170.00	100.00 - 120.00	180.00 - 200.00
Norochchole (DEC)	30.00 - 35.00	60.00 - 80.00	320.00 - 370.00	120.00 - 130.00	80.00 - 110.00	100.00 - 120.00
Nuwara Eliya	60.00 - 65.00	120.00 - 140.00	350.00 - 360.00	170.00 - 180.00	140.00 - 150.00	210.00 - 220.00
Kandy	50.00 - 60.00	110.00 - 120.00	280.00 - 300.00	200.00 - 230.00	100.00 - 120.00	150.00 - 170.00
Hambantota	60.00 - 80.00	150.00 - 180.00	250.00 - 300.00	200.00 - 250.00	-	-
Thambuththegama (DEC)	30.00 - 40.00	70.00 - 90.00	280.00 - 320.00	160.00 - 200.00	100.00 - 120.00	100.00 - 130.00
Tissamaharama	50.00 - 60.00	100.00 - 130.00	350.00 - 370.00	220.00 - 240.00	180.00 - 200.00	180.00 - 220.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 65.00	120.00 - 130.00	340.00 - 350.00	160.00 - 180.00	180.00 - 200.00	180.00 - 200.00
Veyangoda	55.00 - 60.00	80.00 - 120.00	300.00 - 340.00	210.00 - 230.00	100.00 - 150.00	120.00 - 150.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	100.00 - 180.00	40.00 - 70.00	180.00 - 280.00	##### - #####	100.00 - 130.00	70.00 - 100.00
Meegoda (DEC)	140.00 - 160.00	70.00 - 90.00	290.00 - 320.00	##### - #####	100.00 - 120.00	100.00 - 110.00
Moneragala	150.00 - 200.00	80.00 - 90.00	350.00 - 400.00	##### - #####	150.00 - 170.00	80.00 - 90.00
Dambulla (DEC)	110.00 - 160.00	60.00 - 80.00	200.00 - 300.00	##### - #####	60.00 - 80.00	70.00 - 85.00
Keppetipola (DEC)	130.00 - 140.00	60.00 - 70.00	250.00 - 280.00	##### - #####	90.00 - 100.00	80.00 - 90.00
Norochchole (DEC)	80.00 - 120.00	60.00 - 70.00	220.00 - 250.00	##### - #####	-	70.00 - 90.00
Nuwara Eliya	140.00 - 160.00	70.00 - 80.00	280.00 - 300.00	##### - #####	100.00 - 110.00	90.00 - 100.00
Kandy	130.00 - 150.00	70.00 - 80.00	280.00 - 320.00	##### - #####	110.00 - 120.00	80.00 - 100.00
Hambantota	-	70.00 - 100.00	180.00 - 220.00	-	140.00 - 160.00	80.00 - 100.00
Thambuththegama (DEC)	150.00 - 180.00	70.00 - 80.00	250.00 - 300.00	##### - #####	100.00 - 120.00	80.00 - 90.00
Tissamaharama	120.00 - 150.00	70.00 - 80.00	350.00 - 380.00	##### - #####	160.00 - 180.00	120.00 - 130.00
Jaffna	-	-	-	-	-	-
Bandarawela	140.00 - 150.00	60.00 - 70.00	240.00 - 260.00	##### - #####	110.00 - 120.00	-
Veyangoda	130.00 - 150.00	80.00 - 100.00	280.00 - 300.00	##### - #####	100.00 - 120.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	300.00 - 320.00	175.00 - 185.00	150.00 - 165.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	240.00 - 240.00	180.00 - 190.00	160.00 - 170.00
Norochchole (DEC)	40.00 - 40.00	40.00 - 40.00	-	150.00 - 160.00	130.00 - 140.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	125.00 - 125.00	140.00 - 145.00	115.00 - 120.00
Kandy	35.00 - 40.00	35.00 - 40.00	240.00 - 250.00	150.00 - 160.00	110.00 - 120.00
Hambantota	40.00 - 45.00	30.00 - 35.00	180.00 - 190.00	160.00 - 180.00	120.00 - 130.00
Thambuththegama (DEC)	-	-	-	140.00 - 150.00	100.00 - 110.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	220.00 - 240.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 40: 03 - 09 Oct 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	300.00	- 520.00	150.00	- 360.00	160.00	- 360.00	140.00	- 320.00	150.00	- 360.00	120.00	- 320.00	150.00	- 380.00	160.00 - 350.00
Gampaha	-	400.00	- 440.00	280.00	- 300.00	240.00	- 280.00	160.00	- 200.00	180.00	- 260.00	160.00	- 240.00	240.00	- 280.00	240.00 - 260.00
Kurunegala	-	400.00	- 450.00	280.00	- 340.00	260.00	- 280.00	170.00	- 200.00	200.00	- 240.00	160.00	- 180.00	280.00	- 300.00	250.00 - 280.00
Nikaweratiya	-	400.00	- 480.00	300.00	- 400.00	240.00	- 320.00	140.00	- 240.00	160.00	- 280.00	120.00	- 160.00	240.00	- 320.00	200.00 - 300.00
Dambulla	-	440.00	- 480.00	280.00	- 300.00	200.00	- 240.00	160.00	- 200.00	200.00	- 240.00	140.00	- 160.00	200.00	- 260.00	200.00 - 240.00
Anuradhapura	-	440.00	- 520.00	280.00	- 320.00	240.00	- 320.00	200.00	- 240.00	200.00	- 240.00	160.00	- 200.00	240.00	- 280.00	240.00 - 320.00
Thambuththegama	-	440.00	- 480.00	350.00	- 380.00	240.00	- 350.00	160.00	- 180.00	-	-	120.00	- 180.00	240.00	- 280.00	240.00 - 300.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	-	320.00	- 440.00	200.00	- 300.00	200.00	- 300.00	180.00	- 240.00	240.00	- 300.00	180.00	- 200.00	200.00	- 300.00	180.00 - 300.00
Badulla	-	360.00	- 400.00	200.00	- 240.00	200.00	- 240.00	200.00	- 240.00	200.00	- 240.00	160.00	- 200.00	120.00	- 160.00	160.00 - 200.00
Keppetipola	-	340.00	- 350.00	150.00	- 160.00	150.00	- 170.00	150.00	- 160.00	160.00	- 180.00	100.00	- 130.00	150.00	- 160.00	160.00 - 180.00
Moneragala	-	400.00	- 480.00	240.00	- 300.00	240.00	- 300.00	200.00	- 260.00	-	-	160.00	- 200.00	200.00	- 240.00	200.00 - 240.00
Kegalle	-	440.00	- 480.00	360.00	- 380.00	280.00	- 320.00	200.00	- 240.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	240.00 - 280.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	-	400.00	- 400.00	300.00	- 320.00	200.00	- 200.00	160.00	- 200.00	160.00	- 200.00	200.00	- 200.00	200.00	- 200.00	200.00 - 200.00
Nuwaraeliya	-	360.00	- 380.00	240.00	- 260.00	200.00	- 220.00	150.00	- 160.00	200.00	- 220.00	120.00	- 140.00	200.00	- 220.00	220.00 - 240.00
Kandy	-	360.00	- 400.00	240.00	- 260.00	160.00	- 200.00	120.00	- 160.00	160.00	- 200.00	160.00	- 180.00	120.00	- 160.00	200.00 - 240.00
Puttalam	-	450.00	- 500.00	300.00	- 360.00	260.00	- 320.00	200.00	- 300.00	240.00	- 280.00	180.00	- 200.00	300.00	- 350.00	280.00 - 320.00
Hambantota	-	400.00	- 430.00	240.00	- 300.00	200.00	- 250.00	170.00	- 200.00	220.00	- 240.00	170.00	- 200.00	220.00	- 240.00	150.00 - 200.00
Rathnapura	-	360.00	- 450.00	240.00	- 280.00	180.00	- 230.00	180.00	- 240.00	160.00	- 220.00	150.00	- 200.00	170.00	- 210.00	220.00 - 280.00
Matara	-	400.00	- 480.00	200.00	- 240.00	200.00	- 240.00	120.00	- 160.00	140.00	- 180.00	120.00	- 160.00	200.00	- 220.00	180.00 - 200.00
Galle	-	400.00	- 480.00	280.00	- 320.00	260.00	- 320.00	160.00	- 200.00	-	-	160.00	- 200.00	240.00	- 320.00	200.00 - 260.00
Tissamaharama	-	360.00	- 380.00	220.00	- 240.00	180.00	- 200.00	160.00	- 180.00	180.00	- 200.00	160.00	- 180.00	180.00	- 200.00	170.00 - 200.00
Meegoda (DEC)	-	360.00	- 440.00	280.00	- 320.00	240.00	- 280.00	160.00	- 240.00	240.00	- 320.00	200.00	- 240.00	240.00	- 280.00	240.00 - 280.00
Embilipitiya	-	350.00	- 400.00	280.00	- 320.00	200.00	- 280.00	200.00	- 280.00	160.00	- 200.00	120.00	- 140.00	200.00	- 280.00	150.00 - 200.00
Jaffna	-	440.00	- 470.00	250.00	- 280.00	200.00	- 220.00	90.00	- 100.00	-	-	120.00	- 130.00	180.00	- 200.00	220.00 - 250.00
Vavuniya	-	400.00	- 500.00	280.00	- 320.00	240.00	- 260.00	160.00	- 180.00	180.00	- 220.00	150.00	- 200.00	200.00	- 240.00	250.00 - 270.00
Mannar	-	450.00	- 480.00	360.00	- 380.00	230.00	- 250.00	220.00	- 240.00	-	-	180.00	- 200.00	300.00	- 330.00	280.00 - 300.00
Killinochchi	-	460.00	- 500.00	280.00	- 320.00	230.00	- 250.00	150.00	- 160.00	140.00	- 160.00	140.00	- 160.00	200.00	- 220.00	240.00 - 260.00
Mullaittivu	-	450.00	- 500.00	280.00	- 320.00	240.00	- 260.00	160.00	- 200.00	-	-	120.00	- 150.00	180.00	- 220.00	200.00 - 250.00
Batticaloa	-	400.00	- 400.00	300.00	- 300.00	250.00	- 250.00	150.00	- 150.00	150.00	- 150.00	150.00	- 200.00	250.00	- 250.00	320.00 - 350.00
Trincomalee	-	480.00	- 520.00	300.00	- 320.00	240.00	- 250.00	150.00	- 160.00	180.00	- 200.00	160.00	- 170.00	220.00	- 230.00	240.00 - 250.00
Hanguranketha	-	320.00	- 350.00	170.00	- 190.00	140.00	- 160.00	120.00	- 130.00	110.00	- 125.00	80.00	- 90.00	100.00	- 120.00	130.00 - 150.00
Veyangoda	-	400.00	- 480.00	240.00	- 320.00	200.00	- 240.00	160.00	- 200.00	200.00	- 240.00	160.00	- 220.00	220.00	- 260.00	240.00 - 280.00
Galenbindunuwewa	-	440.00	- 500.00	320.00	- 380.00	270.00	- 300.00	140.00	- 160.00	160.00	- 200.00	150.00	- 160.00	240.00	- 320.00	200.00 - 240.00
Bandarawela	-	320.00	- 400.00	200.00	- 240.00	180.00	- 200.00	200.00	- 220.00	160.00	- 200.00	120.00	- 140.00	180.00	- 240.00	200.00 - 220.00
Matale	-	400.00	- 480.00	200.00	- 240.00	200.00	- 240.00	160.00	- 200.00	160.00	- 200.00	160.00	- 200.00	200.00	- 240.00	160.00 - 200.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	200.00 - 360.00	260.00 - 420.00	350.00 - 650.00	100.00 - 240.00	140.00 - 320.00	350.00 - 520.00	260.00 - 400.00	280.00 - 560.00	200.00 - 400.00	200.00 - 400.00		
Gampaha	280.00 - 300.00	320.00 - 400.00	520.00 - 550.00	100.00 - 120.00	240.00 - 280.00	480.00 - 520.00	320.00 - 360.00	400.00 - 420.00	320.00 - 340.00	320.00 - 350.00		
Kurunegala	220.00 - 240.00	350.00 - 400.00	450.00 - 550.00	100.00 - 140.00	220.00 - 250.00	480.00 - 500.00	320.00 - 360.00	300.00 - 320.00	360.00 - 400.00	280.00 - 320.00		
Nikaweratiya	240.00 - 350.00	320.00 - 420.00	350.00 - 480.00	90.00 - 150.00	140.00 - 240.00	350.00 - 450.00	260.00 - 300.00	150.00 - 200.00	240.00 - 320.00	240.00 - 320.00		
Dambulla	200.00 - 240.00	280.00 - 320.00	480.00 - 500.00	100.00 - 140.00	200.00 - 240.00	400.00 - 480.00	280.00 - 300.00	160.00 - 180.00	340.00 - 360.00	260.00 - 300.00		
Anuradhapura	240.00 - 320.00	280.00 - 360.00	400.00 - 480.00	120.00 - 160.00	200.00 - 240.00	480.00 - 520.00	280.00 - 320.00	240.00 - 280.00	240.00 - 320.00	240.00 - 320.00		
Thambuththegama	240.00 - 300.00	350.00 - 380.00	480.00 - 550.00	80.00 - 120.00	150.00 - 180.00	450.00 - 540.00	350.00 - 400.00	180.00 - 250.00	150.00 - 200.00	300.00 - 350.00		
Polonnaruwa	-	-	-	-	-	-	-	-	-	-		
Kaluthara	200.00 - 300.00	280.00 - 400.00	480.00 - 540.00	180.00 - 200.00	180.00 - 200.00	400.00 - 500.00	360.00 - 400.00	380.00 - 440.00	280.00 - 360.00	300.00 - 400.00		
Badulla	200.00 - 240.00	200.00 - 240.00	400.00 - 440.00	120.00 - 160.00	200.00 - 240.00	480.00 - 520.00	320.00 - 360.00	200.00 - 300.00	300.00 - 320.00	200.00 - 240.00		
Keppetipola	230.00 - 250.00	230.00 - 250.00	480.00 - 520.00	100.00 - 120.00	160.00 - 180.00	400.00 - 420.00	240.00 - 250.00	180.00 - 220.00	260.00 - 280.00	200.00 - 220.00		
Moneragala	280.00 - 320.00	260.00 - 320.00	400.00 - 480.00	120.00 - 160.00	180.00 - 240.00	480.00 - 520.00	280.00 - 320.00	240.00 - 280.00	240.00 - 320.00	240.00 - 300.00		
Kegalle	280.00 - 320.00	360.00 - 400.00	440.00 - 480.00	120.00 - 160.00	200.00 - 240.00	440.00 - 480.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	320.00 - 360.00		
Ampara	-	-	-	-	-	-	-	-	-	-		
Dehiattakandiya	300.00 - 300.00	260.00 - 300.00	400.00 - 400.00	100.00 - 120.00	200.00 - 300.00	400.00 - 400.00	240.00 - 260.00	160.00 - 200.00	200.00 - 240.00	200.00 - 300.00		
Nuwaraeliya	240.00 - 250.00	250.00 - 260.00	440.00 - 460.00	120.00 - 130.00	200.00 - 220.00	440.00 - 460.00	260.00 - 280.00	240.00 - 260.00	280.00 - 300.00	240.00 - 250.00		
Kandy	240.00 - 260.00	240.00 - 300.00	420.00 - 450.00	120.00 - 140.00	180.00 - 200.00	480.00 - 500.00	280.00 - 300.00	160.00 - 200.00	240.00 - 260.00	200.00 - 240.00		
Puttalam	250.00 - 300.00	280.00 - 350.00	400.00 - 450.00	180.00 - 200.00	180.00 - 200.00	440.00 - 520.00	280.00 - 320.00	250.00 - 300.00	240.00 - 300.00	280.00 - 320.00		
Rathnapura	200.00 - 250.00	260.00 - 330.00	350.00 - 420.00	100.00 - 140.00	150.00 - 200.00	400.00 - 500.00	240.00 - 280.00	240.00 - 320.00	200.00 - 260.00	250.00 - 300.00		
Hambantota	200.00 - 240.00	300.00 - 350.00	400.00 - 430.00	100.00 - 130.00	200.00 - 240.00	400.00 - 430.00	300.00 - 330.00	-	400.00 - 430.00	300.00 - 330.00		
Matara	240.00 - 300.00	320.00 - 400.00	300.00 - 400.00	90.00 - 120.00	160.00 - 200.00	360.00 - 480.00	280.00 - 320.00	180.00 - 220.00	240.00 - 320.00	260.00 - 320.00		
Galle	240.00 - 300.00	320.00 - 400.00	480.00 - 500.00	100.00 - 150.00	160.00 - 200.00	400.00 - 480.00	300.00 - 380.00	-	320.00 - 360.00	280.00 - 360.00		
Tissamaharama	220.00 - 240.00	240.00 - 260.00	380.00 - 400.00	100.00 - 110.00	150.00 - 180.00	400.00 - 430.00	260.00 - 280.00	220.00 - 240.00	240.00 - 260.00	180.00 - 240.00		
Meegoda (DEC)	240.00 - 320.00	320.00 - 400.00	400.00 - 480.00	100.00 - 120.00	240.00 - 280.00	440.00 - 480.00	320.00 - 400.00	-	320.00 - 360.00	280.00 - 360.00		
Embilipitiya	200.00 - 250.00	240.00 - 300.00	320.00 - 480.00	80.00 - 120.00	120.00 - 160.00	360.00 - 400.00	240.00 - 280.00	150.00 - 200.00	280.00 - 320.00	200.00 - 280.00		
Jaffna	170.00 - 200.00	240.00 - 260.00	320.00 - 380.00	50.00 - 70.00	100.00 - 120.00	380.00 - 420.00	190.00 - 220.00	250.00 - 310.00	-	200.00 - 220.00		
Vavuniya	200.00 - 240.00	150.00 - 180.00	300.00 - 340.00	80.00 - 100.00	200.00 - 240.00	450.00 - 500.00	200.00 - 260.00	200.00 - 240.00	300.00 - 340.00	300.00 - 340.00		
Mannar	220.00 - 230.00	300.00 - 380.00	-	190.00 - 200.00	280.00 - 300.00	350.00 - 400.00	300.00 - 350.00	250.00 - 280.00	-	260.00 - 300.00		
Killinochchi	190.00 - 210.00	260.00 - 300.00	300.00 - 320.00	90.00 - 110.00	140.00 - 160.00	380.00 - 420.00	200.00 - 220.00	240.00 - 260.00	-	180.00 - 220.00		
Mullaittivu	260.00 - 300.00	150.00 - 200.00	300.00 - 320.00	90.00 - 120.00	130.00 - 150.00	320.00 - 350.00	220.00 - 250.00	240.00 - 280.00	-	180.00 - 240.00		
Batticaloa	200.00 - 220.00	190.00 - 200.00	-	80.00 - 100.00	-	380.00 - 420.00	250.00 - 250.00	250.00 - 250.00	250.00 - 300.00	200.00 - 250.00		
Trincomalee	200.00 - 240.00	300.00 - 320.00	350.00 - 400.00	120.00 - 140.00	200.00 - 220.00	300.00 - 320.00	200.00 - 240.00	300.00 - 350.00	240.00 - 250.00	220.00 - 240.00		
Hanguranketha	160.00 170.00	200.00 220.00	360.00 390.00	70.00 80.00	160.00 180.00	320.00 350.00	260.00 280.00	140.00 160.00	180.00 210.00	140.00 160.00		
Veyangoda	280.00 - 320.00	360.00 - 400.00	400.00 - 440.00	120.00 - 160.00	200.00 - 240.00	480.00 - 520.00	320.00 - 360.00	240.00 - 320.00	240.00 - 320.00	240.00 - 280.00		
Galenbindunuwewa	180.00 - 220.00	320.00 - 360.00	400.00 - 480.00	80.00 - 120.00	160.00 - 200.00	420.00 - 480.00	280.00 - 320.00	280.00 - 380.00	280.00 - 320.00	260.00 - 320.00		
Bandarawela	180.00 - 200.00	200.00 - 260.00	380.00 - 420.00	150.00 - 160.00	160.00 - 200.00	380.00 - 420.00	240.00 - 260.00	280.00 - 320.00	260.00 - 280.00	200.00 - 240.00		
Matale	240.00 - 320.00	320.00 - 360.00	440.00 - 500.00	120.00 - 160.00	160.00 - 200.00	400.00 - 480.00	280.00 - 320.00	200.00 - 260.00	240.00 - 280.00	240.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 320.00	300.00 - 600.00	2000.00 - 3000.00	180.00 - 320.00	150.00 - 240.00	50.00 - 80.00	50.00 - 100.00	160.00 - 320.00	200.00 - 220.00	170.00 - 195.00
Gampaha	200.00 - 260.00	400.00 - 550.00	2500.00 - 2600.00	260.00 - 280.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	170.00 - 180.00
Kurunegala	160.00 - 200.00	400.00 - 500.00	2000.00 - 2300.00	200.00 - 240.00	170.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	185.00 - 200.00	155.00 - 165.00
Nikaweratiya	160.00 - 230.00	350.00 - 550.00	1800.00 - 2000.00	180.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	170.00 - 180.00	130.00 - 160.00
Dambulla	140.00 - 180.00	450.00 - 550.00	2250.00 - 2500.00	200.00 - 220.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	170.00 - 180.00	140.00 - 150.00
Anuradhapura	180.00 - 200.00	400.00 - 500.00	2000.00 - 2400.00	200.00 - 240.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 180.00	130.00 - 150.00
Thambuththegama	120.00 - 160.00	450.00 - 550.00	2400.00 - 2700.00	180.00 - 220.00	150.00 - 180.00	-	-	-	150.00 - 165.00	115.00 - 120.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	160.00 - 200.00	480.00 - 600.00	1900.00 - 2200.00	240.00 - 280.00	160.00 - 200.00	70.00 - 80.00	80.00 - 80.00	100.00 - 120.00	180.00 - 220.00	130.00 - 160.00
Badulla	200.00 - 240.00	520.00 - 580.00	2200.00 - 2500.00	200.00 - 220.00	160.00 - 200.00	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	180.00 - 180.00	150.00 - 160.00
Keppetipola	140.00 - 150.00	400.00 - 450.00	2600.00 - 2800.00	140.00 - 150.00	120.00 - 130.00	50.00 - 60.00	50.00 - 60.00	60.00 - 80.00	180.00 - 190.00	150.00 - 170.00
Moneragala	140.00 - 160.00	480.00 - 520.00	2000.00 - 2200.00	220.00 - 260.00	100.00 - 120.00	50.00 - 60.00	50.00 - 60.00	50.00 - 70.00	160.00 - 180.00	120.00 - 140.00
Kegalle	200.00 - 240.00	460.00 - 500.00	2500.00 - 2600.00	240.00 - 280.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	200.00 - 240.00	600.00 - 600.00	3000.00 - 3000.00	200.00 - 240.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	100.00 - 130.00
Nuwaraeliya	140.00 - 160.00	380.00 - 440.00	2500.00 - 2600.00	200.00 - 220.00	180.00 - 190.00	40.00 - 50.00	40.00 - 50.00	60.00 - 80.00	180.00 - 190.00	160.00 - 170.00
Kandy	120.00 - 140.00	500.00 - 600.00	2900.00 - 3000.00	160.00 - 180.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	165.00 - 175.00	120.00 - 130.00
Puttalam	120.00 - 200.00	400.00 - 450.00	1800.00 - 2400.00	240.00 - 300.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	190.00 - 220.00	160.00 - 170.00
Rathnapura	120.00 - 160.00	400.00 - 450.00	-	200.00 - 260.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	160.00 - 175.00
Hambanthota	120.00 - 160.00	280.00 - 300.00	2000.00 - 2100.00	220.00 - 230.00	160.00 - 170.00	50.00 - 55.00	50.00 - 55.00	75.00 - 80.00	200.00 - 220.00	160.00 - 170.00
Matara	100.00 - 140.00	500.00 - 600.00	2500.00 - 2800.00	160.00 - 200.00	100.00 - 140.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	180.00 - 200.00	150.00 - 160.00
Galle	120.00 - 200.00	400.00 - 500.00	2000.00 - 2000.00	200.00 - 260.00	180.00 - 200.00	50.00 - 70.00	50.00 - 60.00	70.00 - 80.00	200.00 - 200.00	160.00 - 170.00
Tissamaharama	100.00 - 120.00	420.00 - 450.00	2200.00 - 2400.00	200.00 - 220.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	160.00 - 180.00	130.00 - 150.00
Meegoda (DEC)	180.00 - 240.00	440.00 - 500.00	2400.00 - 2600.00	200.00 - 240.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	190.00 - 220.00	170.00 - 180.00
Embilipitiya	80.00 - 100.00	400.00 - 480.00	1700.00 - 1800.00	180.00 - 240.00	150.00 - 170.00	70.00 - 80.00	70.00 - 80.00	100.00 - 120.00	150.00 - 180.00	120.00 - 140.00
Jaffna	80.00 - 100.00	250.00 - 300.00	1250.00 - 1400.00	200.00 - 250.00	200.00 - 300.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	190.00 - 210.00	140.00 - 160.00
Vavuniya	200.00 - 240.00	300.00 - 340.00	1750.00 - 1850.00	200.00 - 240.00	150.00 - 170.00	55.00 - 65.00	50.00 - 60.00	60.00 - 65.00	200.00 - 220.00	160.00 - 180.00
Mannar	190.00 - 220.00	350.00 - 400.00	-	230.00 - 245.00	150.00 - 200.00	60.00 - 70.00	-	60.00 - 75.00	180.00 - 185.00	100.00 - 110.00
Killinochchi	100.00 - 120.00	300.00 - 340.00	2000.00 - 2100.00	200.00 - 230.00	200.00 - 220.00	60.00 - 70.00	50.00 - 60.00	50.00 - 60.00	180.00 - 200.00	120.00 - 140.00
Mullaittivu	100.00 - 140.00	350.00 - 400.00	1850.00 - 1950.00	200.00 - 240.00	180.00 - 200.00	80.00 - 80.00	75.00 - 80.00	50.00 - 50.00	160.00 - 165.00	120.00 - 130.00
Batticaloa	140.00 - 150.00	250.00 - 250.00	1800.00 - 1800.00	200.00 - 230.00	150.00 - 150.00	60.00 - 60.00	50.00 - 50.00	60.00 - 60.00	170.00 - 180.00	100.00 - 105.00
Trincomalee	140.00 - 150.00	250.00 - 300.00	1800.00 - 2000.00	240.00 - 250.00	280.00 - 300.00	65.00 - 70.00	70.00 - 75.00	50.00 - 55.00	180.00 - 190.00	120.00 - 130.00
Hanguranketha	140.00 - 150.00	380.00 - 450.00	2500.00 - 3000.00	160.00 - 180.00	150.00 - 160.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	170.00 - 175.00	130.00 - 140.00
Veyangoda	160.00 - 240.00	480.00 - 520.00	2500.00 - 2600.00	180.00 - 220.00	180.00 - 220.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	150.00 - 160.00	130.00 - 140.00
Galenbindunuwewa	160.00 - 200.00	480.00 - 540.00	-	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	120.00 - 150.00
Bandarawela	140.00 - 150.00	320.00 - 380.00	2100.00 - 2200.00	160.00 - 200.00	150.00 - 160.00	70.00 - 80.00	60.00 - 70.00	80.00 - 100.00	160.00 - 175.00	130.00 - 150.00
Matale	160.00 - 200.00	480.00 - 500.00	2800.00 - 3000.00	200.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	170.00 - 180.00	140.00 - 160.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 40: 03 - 09 Oct 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 220.00	300.00 - 380.00	150.00 - 220.00	40.00 - 50.00	56.00 - 70.00	500.00 - 650.00	350.00 - 550.00	280.00 - 420.00	-	200.00 - 300.00
Gampaha	150.00 - 170.00	300.00 - 320.00	160.00 - 190.00	-	-	400.00 - 450.00	320.00 - 350.00	-	-	200.00 - 200.00
Kurunegala	120.00 - 150.00	350.00 - 350.00	140.00 - 150.00	35.00 - 38.00	60.00 - 64.00	400.00 - 450.00	-	-	-	200.00 - 225.00
Nikaweratiya	180.00 - 220.00	380.00 - 420.00	160.00 - 200.00	-	60.00 - 70.00	500.00 - 550.00	350.00 - 480.00	-	-	-
Dambulla	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	-	60.00 - 64.00	700.00 - 750.00	450.00 - 500.00	250.00 - 300.00	70.00 - 80.00	180.00 - 200.00
Anuradhapura	180.00 - 240.00	380.00 - 450.00	180.00 - 200.00	30.00 - 38.00	43.00 - 47.00	760.00 - 850.00	580.00 - 650.00	420.00 - 480.00	-	200.00 - 260.00
Thambuththegama	150.00 - 180.00	350.00 - 380.00	120.00 - 180.00	35.00 - 38.00	58.00 - 60.00	500.00 - 550.00	350.00 - 350.00	-	-	-
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	120.00 - 160.00	300.00 - 350.00	180.00 - 220.00	32.00 - 35.00	42.00 - 45.00	490.00 - 585.00	380.00 - 450.00	300.00 - 360.00	-	200.00 - 260.00
Badulla	200.00 - 220.00	250.00 - 270.00	160.00 - 180.00	40.00 - 40.00	43.00 - 46.00	500.00 - 500.00	400.00 - 400.00	300.00 - 300.00	-	125.00 - 166.00
Keppetipola	160.00 - 170.00	350.00 - 360.00	150.00 - 160.00	34.00 - 35.00	50.00 - 55.00	450.00 - 480.00	350.00 - 400.00	250.00 - 300.00	-	-
Moneragala	120.00 - 130.00	300.00 - 350.00	80.00 - 100.00	20.00 - 22.00	22.00 - 28.00	810.00 - 900.00	675.00 - 750.00	585.00 - 650.00	-	-
Kegalle	150.00 - 170.00	330.00 - 360.00	150.00 - 170.00	35.00 - 40.00	40.00 - 50.00	600.00 - 650.00	500.00 - 550.00	250.00 - 350.00	-	140.00 - 150.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	180.00 - 220.00	350.00 - 380.00	180.00 - 180.00	-	50.00 - 60.00	700.00 - 800.00	550.00 - 650.00	400.00 - 400.00	-	-
Nuwaraeliya	170.00 - 180.00	360.00 - 380.00	150.00 - 170.00	36.00 - 38.00	60.00 - 65.00	460.00 - 480.00	380.00 - 400.00	280.00 - 300.00	-	-
Kandy	180.00 - 200.00	360.00 - 380.00	160.00 - 200.00	32.00 - 35.00	50.00 - 60.00	600.00 - 650.00	400.00 - 450.00	250.00 - 280.00	-	-
Puttalam	120.00 - 150.00	320.00 - 350.00	120.00 - 140.00	21.00 - 24.00	-	550.00 - 660.00	420.00 - 450.00	300.00 - 350.00	-	-
Rathnapura	150.00 - 200.00	250.00 - 400.00	100.00 - 150.00	30.00 - 37.00	41.00 - 58.00	490.00 - 630.00	360.00 - 450.00	280.00 - 350.00	-	-
Hambantota	150.00 - 160.00	270.00 - 290.00	130.00 - 140.00	18.00 - 22.00	32.00 - 36.00	430.00 - 430.00	300.00 - 320.00	-	-	-
Matara	140.00 - 160.00	260.00 - 280.00	130.00 - 150.00	20.00 - 22.00	30.00 - 32.00	540.00 - 600.00	480.00 - 520.00	350.00 - 420.00	-	250.00 - 260.00
Galle	140.00 - 160.00	250.00 - 300.00	120.00 - 160.00	30.00 - 32.00	32.00 - 35.00	600.00 - 650.00	450.00 - 550.00	-	120.00 - 125.00	-
Tissamaharama	160.00 - 180.00	280.00 - 320.00	140.00 - 150.00	30.00 - 32.00	45.00 - 46.00	420.00 - 450.00	350.00 - 380.00	280.00 - 320.00	-	-
Meegoda (DEC)	140.00 - 160.00	300.00 - 320.00	140.00 - 150.00	43.00 - 52.00	47.00 - 56.00	600.00 - 680.00	480.00 - 520.00	360.00 - 400.00	-	130.00 - 140.00
Embilipitiya	70.00 - 100.00	240.00 - 300.00	80.00 - 100.00	18.00 - 25.00	25.00 - 30.00	550.00 - 600.00	400.00 - 500.00	300.00 - 350.00	100.00 - 120.00	170.00 - 200.00
Jaffna	250.00 - 260.00	340.00 - 360.00	140.00 - 160.00	-	-	680.00 - 700.00	470.00 - 500.00	300.00 - 380.00	-	-
Vavuniya	150.00 - 170.00	280.00 - 300.00	120.00 - 140.00	32.00 - 34.00	30.00 - 33.00	460.00 - 500.00	380.00 - 450.00	300.00 - 350.00	-	-
Mannar	125.00 - 135.00	270.00 - 300.00	130.00 - 150.00	35.00 - 36.00	41.00 - 43.00	500.00 - 550.00	400.00 - 480.00	300.00 - 380.00	-	250.00 - 300.00
Killinochchi	140.00 - 150.00	280.00 - 300.00	120.00 - 130.00	32.00 - 34.00	35.00 - 36.00	440.00 - 460.00	360.00 - 400.00	320.00 - 340.00	-	-
Mullaitivu	150.00 - 170.00	350.00 - 360.00	140.00 - 150.00	34.00 - 36.00	36.00 - 40.00	-	400.00 - 450.00	320.00 - 350.00	-	-
Batticaloa	110.00 - 120.00	300.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	400.00 - 450.00	340.00 - 350.00	200.00 - 220.00	-	130.00 - 150.00
Trincomalee	170.00 - 180.00	400.00 - 420.00	170.00 - 180.00	-	-	700.00 - 740.00	520.00 - 550.00	380.00 - 400.00	-	-
Veyangoda	140.00 - 160.00	300.00 - 320.00	130.00 - 150.00	26.00 - 30.00	40.00 - 46.00	590.00 - 650.00	450.00 - 500.00	350.00 - 380.00	-	200.00 - 220.00
Galenbindunuwewa	150.00 - 180.00	380.00 - 400.00	120.00 - 140.00	35.00 - 42.00	-	550.00 - 600.00	500.00 - 540.00	-	-	-
Bandarawela	160.00 - 180.00	360.00 - 400.00	150.00 - 180.00	25.00 - 30.00	43.00 - 46.00	520.00 - 550.00	450.00 - 480.00	300.00 - 320.00	-	160.00 - 200.00
Matale	160.00 - 180.00	350.00 - 360.00	150.00 - 160.00	32.00 - 38.00	50.00 - 53.00	560.00 - 620.00	440.00 - 480.00	240.00 - 280.00	-	160.00 - 180.00

Table 08 (Contd.)

LOCATIONS	Mango			Other Fruits							
	Vilad	Kohu		Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	120.00 - 160.00	-		150.00 - 200.00	40.00 - 80.00	70.00 - 120.00	70.00 - 130.00	130.00 - 260.00	100.00 - 200.00	1500.00 - 2800.00	150.00 - 200.00
Gampaha	85.00 - 85.00	-		140.00 - 200.00	50.00 - 50.00	70.00 - 80.00	90.00 - 100.00	120.00 - 125.00	85.00 - 85.00	2500.00 - 2500.00	150.00 - 160.00
Kurunegala	85.00 - 100.00	-		150.00 - 170.00	60.00 - 60.00	60.00 - 70.00	90.00 - 120.00	100.00 - 110.00	-	2500.00 - 2500.00	150.00 - 160.00
Nikaweratiya	-	-		150.00 - 220.00	35.00 - 38.00	-	120.00 - 150.00	130.00 - 150.00	-	2500.00 - 2600.00	150.00 - 200.00
Dambulla	60.00 - 80.00	30.00 - 35.00		160.00 - 180.00	35.00 - 40.00	30.00 - 40.00	80.00 - 100.00	100.00 - 130.00	120.00 - 140.00	2700.00 - 2800.00	180.00 - 200.00
Anuradhapura	70.00 - 100.00	-		140.00 - 180.00	-	40.00 - 70.00	100.00 - 150.00	100.00 - 150.00	130.00 - 180.00	2500.00 - 2600.00	180.00 - 200.00
Thambuththegama	-	-		100.00 - 160.00	38.00 - 45.00	50.00 - 60.00	-	125.00 - 130.00	-	-	130.00 - 150.00
Polonnaruwa	-	-		-	-	-	-	-	-	-	-
Kaluthara	100.00 - 150.00	-		150.00 - 230.00	-	85.00 - 100.00	150.00 - 150.00	80.00 - 125.00	100.00 - 150.00	2000.00 - 2800.00	140.00 - 150.00
Badulla	80.00 - 80.00	-		180.00 - 200.00	50.00 - 50.00	100.00 - 100.00	60.00 - 70.00	-	120.00 - 120.00	2500.00 - 2500.00	200.00 - 200.00
Keppetipola	-	-		170.00 - 180.00	40.00 - 45.00	54.00 - 55.00	60.00 - 65.00	80.00 - 80.00	-	2400.00 - 2500.00	180.00 - 200.00
Moneragala	70.00 - 80.00	-		150.00 - 160.00	-	50.00 - 60.00	60.00 - 80.00	80.00 - 100.00	-	2500.00 - 2700.00	150.00 - 170.00
Kegalle	-	-		150.00 - 170.00	-	100.00 - 120.00	100.00 - 100.00	120.00 - 150.00	90.00 - 120.00	2300.00 - 2500.00	170.00 - 190.00
Ampara	-	-		-	-	-	-	-	-	-	-
Dehiattakandiya	60.00 - 60.00	-		180.00 - 220.00	-	40.00 - 50.00	120.00 - 120.00	100.00 - 120.00	-	2800.00 - 3000.00	150.00 - 200.00
Nuwaraeliya	-	-		180.00 - 200.00	50.00 - 60.00	55.00 - 60.00	66.00 - 70.00	130.00 - 140.00	-	2500.00 - 2600.00	190.00 - 200.00
Kandy	100.00 - 120.00	-		150.00 - 160.00	70.00 - 80.00	60.00 - 70.00	90.00 - 100.00	120.00 - 150.00	120.00 - 150.00	2000.00 - 2500.00	180.00 - 200.00
Puttalam	85.00 - 85.00	-		150.00 - 150.00	75.00 - 80.00	40.00 - 50.00	50.00 - 60.00	100.00 - 130.00	-	2500.00 - 3000.00	150.00 - 150.00
Hambantota	-	-		180.00 - 190.00	68.00 - 70.00	-	-	115.00 - 120.00	-	2600.00 - 2700.00	130.00 - 140.00
Rathnapura	-	-		150.00 - 200.00	-	60.00 - 90.00	-	160.00 - 200.00	100.00 - 150.00	2000.00 - 2200.00	130.00 - 150.00
Matara	100.00 - 110.00	-		150.00 - 160.00	41.00 - 50.00	80.00 - 100.00	100.00 - 130.00	100.00 - 110.00	80.00 - 90.00	2400.00 - 2500.00	150.00 - 160.00
Galle	120.00 - 140.00	-		160.00 - 200.00	55.00 - 75.00	70.00 - 90.00	160.00 - 160.00	120.00 - 130.00	-	2500.00 - 2800.00	180.00 - 230.00
Tissamaharama	-	25.00 - 26.00		180.00 - 200.00	60.00 - 65.00	50.00 - 55.00	120.00 - 132.00	100.00 - 115.00	83.00 - 86.00	2200.00 - 2300.00	140.00 - 160.00
Meegoda (DEC)	-	-		140.00 - 160.00	-	50.00 - 90.00	-	80.00 - 100.00	60.00 - 60.00	2000.00 - 2500.00	100.00 - 120.00
Embilipitiya	100.00 - 120.00	60.00 - 70.00		150.00 - 180.00	-	60.00 - 90.00	70.00 - 100.00	100.00 - 140.00	60.00 - 70.00	2300.00 - 2600.00	160.00 - 180.00
Jaffna	80.00 - 100.00	-		70.00 - 100.00	40.00 - 60.00	40.00 - 50.00	-	120.00 - 130.00	-	2450.00 - 2600.00	200.00 - 220.00
Vavuniya	-	-		100.00 - 120.00	40.00 - 45.00	40.00 - 50.00	-	-	-	2400.00 - 2550.00	180.00 - 220.00
Mannar	-	-		200.00 - 220.00	40.00 - 40.00	45.00 - 55.00	150.00 - 160.00	-	-	2500.00 - 2500.00	180.00 - 200.00
Killinochchi	80.00 - 90.00	-		100.00 - 120.00	40.00 - 50.00	40.00 - 50.00	-	140.00 - 160.00	-	2800.00 - 2850.00	200.00 - 220.00
Mullaittivu	70.00 - 85.00	-		100.00 - 120.00	-	-	-	-	-	2400.00 - 2550.00	150.00 - 170.00
Batticaloa	-	-		200.00 - 200.00	-	40.00 - 40.00	150.00 - 150.00	-	-	2500.00 - 2600.00	150.00 - 160.00
Trincomalee	-	-		100.00 - 120.00	50.00 - 60.00	40.00 - 50.00	80.00 - 85.00	120.00 - 125.00	-	2400.00 - 2500.00	180.00 - 190.00
Veyangoda	80.00 - 90.00	-		120.00 - 140.00	50.00 - 55.00	40.00 - 43.00	80.00 - 90.00	-	-	2300.00 - 2400.00	120.00 - 150.00
Galenbindunuwewa	-	-		100.00 - 130.00	-	-	-	90.00 - 100.00	-	2400.00 - 2500.00	150.00 - 170.00
Bandarawela	-	-		150.00 - 180.00	40.00 - 50.00	60.00 - 80.00	80.00 - 110.00	100.00 - 120.00	-	2500.00 - 2800.00	180.00 - 200.00
Matale	70.00 - 80.00	30.00 - 40.00		120.00 - 130.00	40.00 - 50.00	50.00 - 70.00	80.00 - 100.00	120.00 - 140.00	100.00 - 120.00	2600.00 - 2800.00	160.00 - 170.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 40: 03 - 09 Oct 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	250.00 – 350.00	550.00 – 650.00	750.00 – 850.00	1200.00 – 1500.00	2200.00 – 2500.00	900.00 – 1100.00
Kandy	400.00 – 450.00	800.00 – 900.00	850.00 – 1000.00	1300.00 – 1400.00	2600.00 – 2800.00	1150.00 – 1300.00
Kaluthara	300.00 – 350.00	–	900.00 – 1100.00	1200.00 – 1300.00	–	–
Puttalam	500.00 – 550.00	850.00 – 900.00	700.00 – 750.00	1000.00 – 1050.00	1900.00 – 2000.00	1000.00 – 1050.00
Matara	400.00 – 450.00	750.00 – 800.00	1000.00 – 1100.00	1750.00 – 1900.00	–	–
Hambantota	400.00 – 450.00	700.00 – 800.00	800.00 – 900.00	1000.00 – 1100.00	2000.00 – 2100.00	700.00 – 800.00
Galle	–	–	800.00 – 900.00	1000.00 – 1200.00	–	1000.00 – 1100.00
Batticaloa	100.00 – 150.00	350.00 – 400.00	800.00 – 800.00	1000.00 – 1000.00	–	800.00 – 800.00
Trincomalee	350.00 – 400.00	900.00 – 950.00	1000.00 – 1050.00	1850.00 – 1900.00	2100.00 – 2150.00	1500.00 – 1550.00
Mannar	350.00 – 450.00	–	850.00 – 950.00	–	–	1300.00 – 1400.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	950.00 – 1100.00	1500.00 – 1700.00	2000.00 – 2300.00	–	32.00 – 33.00	30.00 – 31.00
Kandy	1300.00 – 1400.00	1800.00 – 2000.00	2100.00 – 2200.00	–	30.00 – 31.00	27.00 – 29.00
Kaluthara	900.00 – 1100.00	–	1800.00 – 2000.00	–	–	–
Puttalam	1400.00 – 1450.00	1100.00 – 1400.00	1900.00 – 1950.00	–	32.00 – 32.00	29.00 – 30.00
Matara	1000.00 – 1100.00	2200.00 – 2300.00	1800.00 – 1900.00	–	33.00 – 34.00	26.00 – 28.00
Hambantota	800.00 – 900.00	1500.00 – 1600.00	2000.00 – 2100.00	–	–	29.00 – 30.00
Galle	800.00 – 1100.00	–	–	–	30.00 – 31.00	27.00 – 30.00
Batticaloa	–	1600.00 – 1700.00	–	–	33.00 – 33.00	31.00 – 31.00
Trincomalee	–	1100.00 – 1150.00	–	–	32.00 – 33.00	32.00 – 33.00
Mannar	1250.00 – 1350.00	1500.00 – 1600.00	–	–	31.00 – 33.00	28.00 – 29.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 40: 03 - 09 Oct 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	27500 – 30000	–	–	–	60000 – 65000	–
Kandy	–	–	–	120000 – 125000	67500 – 70000	–
Batticaloa	45000 – 45000	100000 – 112500	–	–	80000 – 90000	–
Trincomalee	57000 – 57500	–	–	–	62000 – 62500	52500 – 53000
Mannar	–	90500 – 110000	–	120000 – 122500	72500 – 75000	77500 – 80000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	60000 – 65000	–	15000 – 22500	47500 – 52500	67500 – 70000	–
Kandy	52500 – 55000	–	25000 – 30000	45000 – 50000	75000 – 80000	–
Batticaloa	–	–	30000 – 30000	42500 – 45000	–	–
Trincomalee	53500 – 54000	–	30000 – 31000	47000 – 47500	99000 – 99500	–
Mannar	–	–	–	62000 – 65250	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	90000 – 115000	–	82500 – 90000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 40: 03 - 09 Oct 2025

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LOCATIONS	Sea Fish										Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	350.00 -	600.00	680.00 -	1100.00	900.00 -	1800.00	1400.00 -	3500.00	2600.00 -	5600.00	1200.00 -	2700.00	1200.00 -	2000.00	2300.00 -	3200.00	33.00 -	37.00	31.00 -	34.00
Gampaha	500.00 -	600.00	1000.00 -	1100.00	-	-	2000.00 -	2000.00	-	-	2000.00 -	2000.00	-	-	2800.00 -	2800.00	34.00 -	35.00	28.00 -	32.00
Kurunegala	480.00 -	540.00	1000.00 -	1000.00	1100.00 -	1150.00	2200.00 -	2200.00	-	-	1800.00 -	1800.00	-	-	2600.00 -	2700.00	31.00 -	32.00	29.00 -	30.00
Nikaweratiya	500.00 -	600.00	1100.00 -	1250.00	-	-	-	-	-	-	1400.00 -	1600.00	-	-	2600.00 -	2800.00	30.00 -	34.00	30.00 -	34.00
Dambulla	400.00 -	450.00	800.00 -	900.00	1000.00 -	1100.00	2000.00 -	2200.00	3000.00 -	3000.00	1800.00 -	2000.00	1600.00 -	1700.00	2300.00 -	2400.00	36.00 -	37.00	34.00 -	35.00
Anuradhapura	500.00 -	600.00	1000.00 -	1200.00	1000.00 -	1200.00	2300.00 -	2400.00	-	-	1500.00 -	1600.00	1460.00 -	1600.00	2500.00 -	2600.00	-	-	30.00 -	32.00
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00 -	32.00	30.00 -	31.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	500.00 -	600.00	800.00 -	900.00	1500.00 -	2000.00	2400.00 -	2800.00	-	-	2000.00 -	2400.00	1600.00 -	1800.00	2500.00 -	2800.00	34.00 -	34.00	28.00 -	33.00
Badulla	360.00 -	400.00	960.00 -	960.00	1400.00 -	1400.00	2000.00 -	2000.00	2600.00 -	3000.00	1400.00 -	1600.00	1600.00 -	1600.00	2400.00 -	2400.00	33.00 -	34.00	30.00 -	32.00
Keppetipola	480.00 -	500.00	880.00 -	900.00	1100.00 -	1200.00	2350.00 -	2400.00	-	-	1700.00 -	1800.00	1500.00 -	1600.00	2350.00 -	2400.00	37.00 -	38.00	34.00 -	35.00
Moneragala	550.00 -	600.00	1000.00 -	1200.00	1000.00 -	1200.00	2400.00 -	2500.00	-	-	1400.00 -	1600.00	-	-	2600.00 -	2800.00	32.00 -	34.00	29.00 -	32.00
Kegalle	600.00 -	700.00	1000.00 -	1050.00	1500.00 -	1700.00	2900.00 -	3000.00	-	-	1750.00 -	1800.00	1800.00 -	1850.00	2700.00 -	2800.00	36.00 -	38.00	32.00 -	34.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	500.00 -	500.00	700.00 -	700.00	1600.00 -	1600.00	2000.00 -	2000.00	-	-	-	-	1600.00 -	1600.00	2000.00 -	2000.00	28.00 -	30.00	28.00 -	30.00
Nuwaraeliya	500.00 -	520.00	900.00 -	950.00	1250.00 -	1300.00	2350.00 -	2400.00	-	-	1780.00 -	1800.00	1560.00 -	1600.00	2400.00 -	2450.00	37.00 -	39.00	34.00 -	36.00
Kandy	560.00 -	580.00	1100.00 -	1200.00	1100.00 -	1200.00	2000.00 -	2200.00	3400.00 -	3500.00	1400.00 -	1600.00	1600.00 -	1700.00	2600.00 -	2700.00	33.00 -	34.00	29.00 -	31.00
Puttalam	550.00 -	600.00	950.00 -	1000.00	800.00 -	800.00	1100.00 -	1200.00	2000.00 -	2000.00	1100.00 -	1100.00	1500.00 -	1500.00	2000.00 -	2100.00	33.00 -	35.00	32.00 -	33.00
Hambantota	500.00 -	550.00	700.00 -	750.00	1500.00 -	1600.00	1350.00 -	1400.00	2600.00 -	2700.00	1100.00 -	1200.00	1100.00 -	1200.00	2400.00 -	2500.00	-	-	31.00 -	32.00
Rathnapura	500.00 -	600.00	900.00 -	1200.00	1200.00 -	1400.00	2300.00 -	2400.00	3800.00 -	4000.00	2500.00 -	2600.00	1500.00 -	1800.00	2400.00 -	2600.00	32.00 -	33.00	29.00 -	31.00
Matara	500.00 -	600.00	900.00 -	1000.00	1400.00 -	1600.00	2400.00 -	2500.00	-	-	2200.00 -	2400.00	1500.00 -	1600.00	2500.00 -	2600.00	34.00 -	35.00	28.00 -	30.00
Galle	400.00 -	480.00	950.00 -	1000.00	1000.00 -	1200.00	2200.00 -	2400.00	2800.00 -	2800.00	1800.00 -	1900.00	1800.00 -	2000.00	2600.00 -	2600.00	32.00 -	33.00	28.00 -	32.00
Tissamaharama	500.00 -	600.00	700.00 -	800.00	1000.00 -	1100.00	-	-	-	-	-	-	-	-	2200.00 -	2400.00	32.00 -	34.00	30.00 -	32.00
Meegoda	450.00 -	460.00	-	-	-	-	2900.00 -	3000.00	-	-	-	-	-	-	3400.00 -	3400.00	32.00 -	32.00	30.00 -	32.00
Embilipitiya	500.00 -	550.00	750.00 -	800.00	1500.00 -	1600.00	2500.00 -	2600.00	-	-	-	-	1600.00 -	1700.00	2500.00 -	2600.00	30.00 -	32.00	27.00 -	30.00
Jaffna	500.00 -	650.00	800.00 -	900.00	1200.00 -	1350.00	-	-	2000.00 -	2200.00	1600.00 -	1700.00	-	-	-	-	36.00 -	36.00	35.00 -	35.00
Vavuniya	600.00 -	700.00	1200.00 -	1300.00	1200.00 -	1300.00	2400.00 -	2500.00	3100.00 -	3200.00	1600.00 -	1700.00	-	-	2400.00 -	2500.00	32.00 -	34.00	30.00 -	32.00
Mannar	650.00 -	750.00	-	-	1250.00 -	1300.00	-	-	-	-	1850.00 -	1900.00	1900.00 -	1950.00	-	-	34.00 -	36.00	31.00 -	33.00
Killinochchi	500.00 -	550.00	900.00 -	950.00	1200.00 -	1250.00	-	-	-	-	1400.00 -	1500.00	1800.00 -	2000.00	-	-	33.00 -	34.00	30.00 -	31.00
Mullaittivu	450.00 -	550.00	900.00 -	1000.00	1000.00 -	1100.00	1800.00 -	1900.00	2000.00 -	2200.00	1500.00 -	1600.00	2000.00 -	2250.00	1900.00 -	2000.00	35.00 -	37.00	33.00 -	35.00
Batticaloa	350.00 -	350.00	700.00 -	800.00	1400.00 -	1400.00	1500.00 -	1500.00	-	-	1500.00 -	1500.00	-	-	2100.00 -	2100.00	35.00 -	35.00	33.00 -	33.00
Trincomalee	450.00 -	500.00	1000.00 -	1100.00	1200.00 -	1250.00	2000.00 -	2200.00	2500.00 -	2600.00	1600.00 -	1700.00	1900.00 -	2000.00	-	-	35.00 -	36.00	34.00 -	35.00
Veyangoda	450.00 -	500.00	-	-	1500.00 -	1600.00	2600.00 -	2600.00	2800.00 -	2800.00	-	-	1600.00 -	1600.00	2600.00 -	2600.00	34.00 -	36.00	30.00 -	34.00
Galenbindunuwewa	400.00 -	500.00	1000.00 -	1200.00	1000.00 -	1600.00	1500.00 -	2600.00	-	-	2400.00 -	2500.00	2200.00 -	2300.00	3000.00 -	3000.00	34.00 -	35.00	31.00 -	33.00
Bandarawela	480.00 -	500.00	1000.00 -	1100.00	1500.00 -	1600.00	1950.00 -	2000.00	-	-	1800.00 -	1800.00	1400.00 -	1450.00	2400.00 -	2500.00	33.00 -	35.00	32.00 -	33.00
Matale	500.00 -	600.00	1000.00 -	1100.00	1100.00 -	1200.00	2200.00 -	2400.00	2800.00 -	3000.00	1400.00 -	1500.00	1600.00 -	1700.00	2400.00 -	2500.00	33.00 -	34.00	31.00 -	32.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 40: 03 - 09 Oct 2025

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1100.00 – 1600.00	1600.00 – 2800.00	2800.00 – 4200.00	2500.00 – 3200.00	1400.00 – 2400.00	1800.00 – 2800.00	700.00 – 1200.00						
Gampaha	1250.00 – 1400.00	2800.00 – 2800.00	3300.00 – 3400.00	3000.00 – 3000.00	1800.00 – 1820.00	2400.00 – 2400.00	980.00 – 1050.00						
Kurunegala	1300.00 – 1400.00	2200.00 – 2200.00	-	2700.00 – 2800.00	1400.00 – 1500.00	1900.00 – 2200.00	800.00 – 950.00						
Nikaweratiya	1200.00 – 1400.00	2200.00 – 2400.00	-	2600.00 – 3000.00	1400.00 – 2000.00	2300.00 – 2600.00	800.00 – 1000.00						
Dambulla	1300.00 – 1300.00	2700.00 – 2800.00	-	2800.00 – 3000.00	1700.00 – 1800.00	2300.00 – 2400.00	-						
Anuradhapura	1200.00 – 1400.00	2200.00 – 2400.00	-	2600.00 – 2800.00	1600.00 – 1800.00	2400.00 – 2600.00	800.00 – 1000.00						
Thambuththegama	1200.00 – 1500.00	1900.00 – 2400.00	-	2800.00 – 3000.00	1500.00 – 1600.00	1400.00 – 1500.00	680.00 – 700.00						
Polonnaruwa	-	-	-	-	-	-	-						
Kaluthara	1200.00 – 1500.00	2000.00 – 2600.00	-	2500.00 – 2800.00	1400.00 – 1600.00	2400.00 – 2700.00	800.00 – 900.00						
Badulla	1300.00 – 1400.00	2600.00 – 2600.00	-	2800.00 – 2800.00	1400.00 – 1400.00	-	800.00 – 800.00						
Keppetipola	1200.00 – 1300.00	2200.00 – 2250.00	-	2500.00 – 2600.00	1550.00 – 1600.00	1650.00 – 1700.00	800.00 – 850.00						
Moneragala	1200.00 – 1400.00	2000.00 – 2200.00	-	2700.00 – 2800.00	1750.00 – 1800.00	2200.00 – 2400.00	800.00 – 900.00						
Kegalle	1000.00 – 1400.00	2600.00 – 2800.00	-	2550.00 – 2800.00	1800.00 – 2400.00	-	-						
Ampara	-	-	-	-	-	-	-						
Dehiattakandiya	1200.00 – 1400.00	2000.00 – 2400.00	-	2800.00 – 3000.00	1800.00 – 2200.00	1200.00 – 1600.00	-						
Nuwaraeliya	1260.00 – 1320.00	2260.00 – 2300.00	3000.00 – 3100.00	2550.00 – 2600.00	1600.00 – 1700.00	1760.00 – 1780.00	860.00 – 880.00						
Kandy	1100.00 – 1300.00	2600.00 – 2700.00	-	2900.00 – 3000.00	1800.00 – 1900.00	2000.00 – 2100.00	900.00 – 950.00						
Puttalam	1400.00 – 1600.00	1700.00 – 1800.00	-	2700.00 – 2800.00	1350.00 – 1600.00	1700.00 – 2000.00	550.00 – 600.00						
Hambantota	1200.00 – 1300.00	-	-	-	1500.00 – 1600.00	2500.00 – 2600.00	-						
Rathnapura	1120.00 – 1360.00	2000.00 – 2400.00	-	2700.00 – 2800.00	1640.00 – 1800.00	2200.00 – 2520.00	-						
Matara	1250.00 – 1400.00	2000.00 – 2100.00	-	-	1700.00 – 1800.00	2000.00 – 2200.00	-						
Galle	1200.00 – 1400.00	1800.00 – 2400.00	2800.00 – 3000.00	2400.00 – 2700.00	1400.00 – 1800.00	2000.00 – 2400.00	-						
Tissamaharama	1000.00 – 1300.00	-	-	2400.00 – 2500.00	2100.00 – 2200.00	2500.00 – 2600.00	-						
Meegoda	1000.00 – 1320.00	1600.00 – 2400.00	-	2500.00 – 2800.00	1600.00 – 1700.00	2000.00 – 2400.00	-						
Embilipitiya	1300.00 – 1500.00	2400.00 – 2500.00	-	2450.00 – 2600.00	1500.00 – 1800.00	2400.00 – 2600.00	1200.00 – 1300.00						
Jaffna	1200.00 – 1300.00	1900.00 – 2400.00	3100.00 – 3250.00	3200.00 – 3300.00	1600.00 – 1800.00	1200.00 – 1300.00	800.00 – 1200.00						
Vavuniya	-	2000.00 – 2150.00	-	2600.00 – 2700.00	1400.00 – 1500.00	1100.00 – 1200.00	-						
Mannar	-	2500.00 – 2550.00	-	2550.00 – 2800.00	1800.00 – 1850.00	1900.00 – 1950.00	-						
Killinochchi	1550.00 – 1600.00	2400.00 – 2480.00	-	-	1400.00 – 1500.00	1200.00 – 1300.00	800.00 – 900.00						
Mullaittivu	-	2400.00 – 2500.00	-	2450.00 – 2600.00	1500.00 – 1650.00	1250.00 – 1300.00	800.00 – 900.00						
Batticaloa	1000.00 – 1000.00	2400.00 – 2500.00	-	-	2200.00 – 2500.00	-	800.00 – 900.00						
Trincomalee	1250.00 – 1300.00	2350.00 – 2400.00	-	-	1500.00 – 1550.00	1350.00 – 1400.00	700.00 – 750.00						
Veyangoda	1200.00 – 1400.00	2200.00 – 2300.00	-	2500.00 – 2600.00	1600.00 – 1800.00	2200.00 – 2300.00	800.00 – 1000.00						
Galenbindunuwewa	1100.00 – 1400.00	2100.00 – 2200.00	3000.00 – 3000.00	2700.00 – 2800.00	1950.00 – 2000.00	2600.00 – 2800.00	800.00 – 1000.00						
Bandarawela	1200.00 – 1450.00	2100.00 – 2300.00	-	2500.00 – 3000.00	1500.00 – 1700.00	2000.00 – 2200.00	800.00 – 950.00						
Matale	1200.00 – 1300.00	2400.00 – 2600.00	-	2700.00 – 2900.00	1500.00 – 1600.00	2400.00 – 2500.00	700.00 – 700.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 40: 03 - 09 Oct 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2500.00 - 2800.00	1200.00 - 1280.00	1200.00 - 1400.00	3700.00 - 4000.00	2700.00 - 3200.00
Gampaha	-	1270.00 - 1280.00	1400.00 - 1400.00	4000.00 - 4000.00	2700.00 - 2700.00
Kurunegala	2600.00 - 2600.00	1200.00 - 1250.00	-	-	2650.00 - 2650.00
Nikaweratiya	2400.00 - 2600.00	1100.00 - 1200.00	-	-	-
Dambulla	-	1250.00 - 1300.00	1400.00 - 1450.00	-	2000.00 - 2200.00
Anuradhapura	2600.00 - 2600.00	1250.00 - 1380.00	1400.00 - 1450.00	3800.00 - 4000.00	2600.00 - 2700.00
Thambuththegama	-	1200.00 - 1300.00	-	-	-
Polonnaruwa	-	-	-	-	-
Kaluthara	2700.00 - 2700.00	1200.00 - 1280.00	1300.00 - 1350.00	-	2600.00 - 2700.00
Badulla	2400.00 - 2400.00	1100.00 - 1150.00	-	3400.00 - 3400.00	-
Keppetipola	2200.00 - 2200.00	1250.00 - 1300.00	1450.00 - 1500.00	3000.00 - 3000.00	-
Moneragala	2600.00 - 2600.00	1230.00 - 1400.00	1550.00 - 1600.00	-	2400.00 - 2500.00
Kegalle	2400.00 - 2500.00	1150.00 - 1250.00	-	3300.00 - 3300.00	2300.00 - 2500.00
Ampara	-	-	-	-	-
Dehiattakandiya	-	1200.00 - 1230.00	-	-	2500.00 - 2700.00
Nuwaraeliya	2200.00 - 2300.00	1280.00 - 1350.00	1400.00 - 1500.00	3100.00 - 3200.00	2600.00 - 2800.00
Kandy	2500.00 - 2500.00	1080.00 - 1100.00	1220.00 - 1250.00	3400.00 - 3500.00	2400.00 - 2500.00
Puttalam	2500.00 - 2500.00	1250.00 - 1300.00	1700.00 - 1800.00	3800.00 - 3800.00	-
Hambantota	2000.00 - 2100.00	1400.00 - 1450.00	1300.00 - 1350.00	-	-
Rathnapura	2600.00 - 2600.00	1200.00 - 1260.00	1350.00 - 1380.00	3600.00 - 3600.00	-
Matara	-	1220.00 - 1250.00	-	-	-
Galle	2600.00 - 2600.00	1250.00 - 1300.00	-	3600.00 - 3600.00	-
Tissamaharama	-	1300.00 - 1400.00	-	-	-
Meegoda	-	1200.00 - 1260.00	1300.00 - 1400.00	-	2600.00 - 2800.00
Embilipitiya	2450.00 - 2500.00	1150.00 - 1250.00	1200.00 - 1250.00	3400.00 - 3500.00	3280.00 - 3300.00
Jaffna	2200.00 - 2300.00	1300.00 - 1500.00	1600.00 - 1700.00	3500.00 - 3600.00	-
Vavuniya	2200.00 - 2300.00	1340.00 - 1360.00	1550.00 - 1600.00	3100.00 - 3200.00	-
Mannar	2100.00 - 2200.00	1300.00 - 1350.00	1450.00 - 1500.00	-	-
Killinochchi	2200.00 - 2300.00	1250.00 - 1300.00	1550.00 - 1600.00	3350.00 - 3450.00	-
Mullaittivu	2200.00 - 2200.00	1280.00 - 1300.00	1550.00 - 1600.00	-	-
Batticaloa	2100.00 - 2200.00	1400.00 - 1400.00	1500.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2200.00 - 2300.00	1300.00 - 1350.00	1750.00 - 1800.00	3400.00 - 3500.00	-
Veyangoda	2600.00 - 2600.00	1200.00 - 1350.00	-	-	2700.00 - 2800.00
Galenbindunuwewa	2400.00 - 2400.00	-	1400.00 - 1400.00	3500.00 - 3500.00	2100.00 - 2100.00
Bandarawela	2300.00 - 2400.00	1280.00 - 1350.00	-	3600.00 - 3800.00	-
Matale	2400.00 - 2500.00	1100.00 - 1180.00	-	3400.00 - 3500.00	-

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 40: 03 - 09 Oct 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	175.00 - 185.00	180.00	180.00	125.00	0.00	44.00
Samba 1	245.00 - 250.00	247.50	247.78	230.00	-0.11	7.61	Small	150.00 - 165.00	157.78	157.50	109.50	0.18	44.09
Samba 2	240.00 - 242.00	241.00	239.00	221.57	0.84	8.77							
Keeri Samba	290.00 - 330.00	308.00	311.43	267.50	-1.10	15.14	<u>Fruits (Rs/fruit)</u>						
Nadu 1	215.00 - 225.00	218.89	213.89	223.50	2.34	-2.06	Plantain						
Nadu 2	208.00 - 212.00	210.00	206.50	217.63	1.69	-3.50	Ambul (Rs/kg)	100.00 - 130.00	114.00	117.00	130.00	-2.56	-12.31
Raw (Red)	195.00 - 205.00	199.50	196.50	207.22	1.53	-3.73	Kolikuttu (Rs/kg)	230.00 - 260.00	244.00	241.50	384.62	1.04	-36.56
Raw (White)	200.00 - 210.00	206.67	198.00	210.56	4.38	-1.85	Seeni (Rs/kg)	90.00 - 120.00	105.00	105.00	121.67	0.00	-13.70
Imported							Anamalu	29.00 - 32.00	30.00	29.10	31.67	3.09	-5.26
Samba	-			277.50			Ambun	40.00 - 44.00	41.80	40.80	42.71	2.45	-2.14
Nadu	-						Papaw(Rs/kg)	100.00 - 120.00	110.00	111.25	203.85	-1.12	-46.04
Raw (Red)	-						Passion Fruit	35.00 - 40.00	37.75	36.75	62.00	2.72	-39.11
Raw (White)	205.00 - 210.00	207.50	210.00		-1.19		Pineapple Large	350.00 - 400.00	375.71	351.43	666.25	6.91	-43.61
<u>Dried Chillies</u>							Pineapple Medium	300.00 - 340.00	321.43	302.86	516.67	6.13	-37.79
Imported	620.00 - 700.00	651.43	623.33	703.75	4.51	-7.43	Pineapple Small	260.00 - 280.00	272.86	267.14	410.83	2.14	-33.58
<u>Onion</u>							Mango						
Sinnan	-		163.33	170.00			Betti	-					
Vedalan	230.00 - 280.00	258.57	251.67	298.57	2.74	-13.40	Karthakolomban	300.00 - 400.00	350.00	330.00	236.00	6.06	48.31
Imported	200.00 - 250.00	225.00	208.57		7.88		Vilad	100.00 - 120.00	114.38	110.00	106.00	3.98	7.90
<u>Big Onion</u>							Kohu	-					
Imported	110.00 - 130.00	122.50	121.11	221.25	1.15	-44.63	<u>Other</u>						
Local	125.00 - 140.00	131.25	128.57	247.50	2.08	-46.97	Wood Apple	50.00 - 56.00	52.75	52.00	19.64	1.44	168.63
<u>Potato</u>							Orange	42.00 - 60.00	50.86	44.38	77.00	14.61	-33.95
Welimada	180.00 - 200.00	190.00	197.50	210.00	-3.80	-9.52	Avocado	115.00 - 150.00	128.13	135.00	131.09	-5.09	-2.26
N'Elia	200.00 - 235.00	217.50	220.83	246.67	-1.51	-11.82	Slime Apple	90.00 - 100.00	96.25	92.50		4.05	
Imported	150.00 - 180.00	165.00	166.67	151.88	-1.00	8.64	Grapes (Imp., Rs/kg)	1150.00 - 1300.00	1237.50	1835.00	1257.50	-32.56	-1.59
<u>Pulses</u>							King Coconut	140.00 - 150.00	146.67	145.00	141.54	1.15	3.62
Green Gram	600.00 - 650.00	623.33	703.33	692.86	-11.37	-10.03	<u>Sea Fish</u>						
Cowpea (White)	950.00 - 1000.00	970.00	964.00	725.00	0.62	33.79	Salaya	250.00 - 350.00	287.50	300.00	260.83	-4.17	10.22
Cowpea (Red)	950.00 - 1000.00	975.00		671.43		45.21	Hurulla	550.00 - 650.00	587.50	793.75	776.92	-25.98	-24.38
Red Dhal	230.00 - 240.00	234.78	237.25	270.71	-1.04	-13.27	Balaya	750.00 - 850.00	800.00	807.14	833.33	-0.88	-4.00
<u>Vegetable</u>							Kelawalla	1200.00 - 1500.00	1333.33	1568.75	1321.67	-15.01	0.88
Beans (Butter)	-						Thora	2200.00 - 2500.00	2366.67	2977.78	2395.83	-20.52	-1.22
Beans(Green)	250.00 - 350.00	287.86	275.83	276.00	4.36	4.30	Paraw	900.00 - 1100.00	1000.00	1305.56	1307.50	-23.40	-23.52
Carrot	100.00 - 140.00	122.00	127.50	100.00	-4.31	22.00	Mora	950.00 - 1100.00	1016.67	1156.25	1022.22	-12.07	-0.54
Leeks	80.00 - 180.00	131.67	88.00	167.00	49.62	-21.16	Shrimps	1500.00 - 1700.00	1600.00	1461.11	1894.17	9.51	-15.53
Beetroot	70.00 - 110.00	91.43	80.77	96.00	13.20	-4.76	Thalapath	2000.00 - 2300.00	2150.00	2194.44	2134.62	-2.03	0.72
Knolkhol	80.00 - 120.00	105.45	100.00	94.00	5.45	12.19	<u>Eggs</u>						
Raddish	50.00 - 70.00	57.50	50.00	66.00	15.00	-12.88	Brown	32.00 - 33.00	32.50	33.14	32.63	-1.94	-0.38
Cabbage	60.00 - 120.00	86.43	75.45	138.00	14.54	-37.37	White	30.00 - 31.00	30.50	30.86	29.75	-1.16	2.52
Tomato	120.00 - 150.00	130.00	117.27	200.00	10.85	-35.00	<u>Dried Fish</u>						
Ladies Fingers	130.00 - 150.00	142.00	129.00	95.00	10.08	49.47	Sprats	550.00 - 600.00	576.67	1694.44	1442.31	-65.97	-60.02
Brinjal	150.00 - 220.00	186.15	170.00	150.00	9.50	24.10	Sprats (Imported)	950.00 - 1050.00	1000.00	972.22	995.00	2.86	0.50
Capsicum	250.00 - 450.00	342.31	263.57	428.00	29.87	-20.02	Kattawa	-		1355.56	1225.00		
Pumpkin	45.00 - 70.00	59.17	40.83	55.00	44.90	7.58	Kattawa (Imported)	1350.00 - 1400.00	1376.67	1355.56	1225.00	1.56	12.38
Cucumber	80.00 - 120.00	96.36	115.45	92.00	-16.54	4.74	Thora	-					
Bitter Gourd	300.00 - 350.00	333.00	312.00	258.00	6.73	29.07	Thora (Imported)	-					
Snake Gourd	180.00 - 220.00	196.67	181.00	145.00	8.66	35.63	Mora	-		2287.50	1776.67		
Drumstick	60.00 - 200.00	140.00	226.43	504.17	-38.17	-72.23	Mora (Imported)	1800.00 - 2300.00	2050.00	1275.00	1137.50	60.78	80.22
Luffa	100.00 - 160.00	135.38	170.00	190.00	-20.36	-28.74	Balaya	1200.00 - 1300.00	1240.00	1275.00	1137.50	-2.75	9.01
Long Beans	100.00 - 180.00	133.33	152.50	150.00	-12.57	-11.11	Balaya (Imported)	-					
Ash Plantain	40.00 - 70.00	55.00	53.64	154.00	2.54	-64.29	Anguluwa	-					
Green Chillies	180.00 - 280.00	230.00	170.00	114.00	35.29	101.75	Anguluwa (Imported)	1650.00 - 1800.00	1725.00	1700.00	1475.83	1.47	16.88
Lime	1700.00 - 2200.00	1925.00	1450.00	356.00	32.76	440.73	Maduwa	1200.00 - 1300.00	1233.33	1055.56	1270.83	16.84	-2.95
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	100.00 - 130.00	113.75	112.50	90.00	1.11	26.39	Koduwa	-					
Manioc	70.00 - 100.00	83.75	82.50	92.00	1.52	-8.97	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	300.00 - 450.00	350.00	385.00	454.17	-9.09	-22.94
Mukunuwenna	40.00 - 45.00	42.50	42.50	36.88	0.00	15.25	Salaya (Imported)	-					
Kankun	40.00 - 45.00	42.50	42.50	36.88	0.00	15.25							
Gotukola (Rs/kg)	300.00 - 320.00	310.00	310.00	310.00	0.00	0.00							

This Week:

Week 40: 03 - 09 Oct 2025

Last Week:

Week 39: 26 Sep - 02 Oct 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 40: 03 - 09 Oct 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	200.00 · 220.00	212.50	208.68	137.17	3.82	54.91
Samba 1	250.00 · 280.00	261.05	264.12	246.22	-3.07	6.02	Small	170.00 · 195.00	187.65	183.75	113.57	3.90	65.22
Samba 2													
Keeri Samba	300.00 · 320.00	311.43	312.00	268.41	-0.57	16.03	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	232.86	232.17	233.75	0.68	-0.38	Plantain						
Nadu 2							Ambul (Rs/kg)	150.00 · 220.00	190.95	193.68	227.67	-2.73	-16.13
Raw (Red)	210.00 · 220.00	216.25	215.22	215.49	1.03	0.35	Kolikuttu (Rs/kg)	300.00 · 380.00	349.00	345.79	514.41	3.21	-32.16
Raw (White)	210.00 · 220.00	217.20	216.30	217.82	0.90	-0.28	Seeni (Rs/kg)	150.00 · 220.00	187.37	183.00	211.35	4.37	-11.35
Imported							Anamalu	40.00 · 50.00	45.05	44.48	45.44	0.57	-0.86
Samba				299.61			Ambun	56.00 · 70.00	63.95	62.50	64.19	1.45	-0.38
Nadu							Papaw(Rs/kg)	150.00 · 200.00	187.50	192.22	301.25	-4.72	-37.76
Raw (Red)							Passion Fruit	40.00 · 80.00	63.52	65.71	88.33	-2.19	-28.09
Raw (White)							Pineapple Large	500.00 · 650.00	584.44	508.82	755.81	75.62	-22.67
Dried Chillies							Pineapple Medium	350.00 · 550.00	452.35	421.58	625.00	30.77	-27.62
Imported	700.00 · 1000.00	871.74	854.55	972.11	17.19	-10.32	Pineapple Small	280.00 · 420.00	342.00	310.00	522.58	32.00	-34.56
Onion							Mango						
Sinnan							Betti						
Vedalan	320.00 · 480.00	413.33	389.29	434.59	24.05	-4.89	Karthakolomban	200.00 · 300.00	251.00	437.50	328.00	-186.50	-23.48
Imported			342.00				Vilad	120.00 · 160.00	128.89	137.27	152.00	-8.38	-15.20
Big Onion							Kohu						
Imported	150.00 · 180.00	166.67	170.87	289.58	-4.20	-42.45	Other						
Local	150.00 · 200.00	185.60	184.78	336.00	0.82	-44.76	Wood Apple	70.00 · 120.00	100.95	99.75	51.13	1.20	97.46
Potato							Orange	70.00 · 130.00	100.53	106.11	125.65	-5.58	-20.00
Welimada	280.00 · 350.00	323.33	331.00	360.42	-7.67	-10.29	Avocado	130.00 · 260.00	190.00	178.67	225.00	11.33	-15.56
N'Elia	350.00 · 440.00	396.96	400.87	440.00	-3.91	-9.78	Slime Apple	100.00 · 200.00	146.32	165.56	196.67	-19.24	-25.60
Imported	200.00 · 260.00	230.37	232.17	210.93	-1.80	9.22	Grapes (Imp., Rs/kg)	1500.00 · 2800.00	2169.23	2485.71	2044.44	-316.48	6.10
Pulses							King Coconut	150.00 · 200.00	175.63	173.33	170.69	2.29	2.89
Green Gram	880.00 · 1100.00	967.50	970.48	957.89	-2.98	1.00							
Cowpea (White)	1100.00 · 1400.00	1208.33	1175.00	930.57	33.33	29.85	Sea Fish						
Cowpea (Red)	1100.00 · 1400.00	1233.33	1227.27	920.53	6.06	33.98	Salaya	350.00 · 600.00	463.33	477.78	496.32	-14.44	-6.65
Red Dhal	260.00 · 300.00	275.24	275.52	316.05	-0.28	-12.91	Hurulla	680.00 · 1100.00	833.00	1042.31	1046.67	-209.31	-20.41
Vegetable							Balaya	900.00 · 1800.00	1331.82	1363.33	956.25	-31.52	39.28
Beans (Butter)							Kelawalla	1400.00 · 3500.00	2572.73	2754.55	1992.22	-181.82	29.14
Beans(Green)	300.00 · 520.00	434.80	433.85	381.76	0.95	13.89	Thora	2600.00 · 5600.00	3342.86	3950.00	3087.50	-607.14	8.27
Carrot	150.00 · 360.00	274.00	297.92	226.18	-23.92	21.14	Paraw	1200.00 · 2700.00	2038.00	2140.00	1797.37	-102.00	13.39
Leeks	160.00 · 360.00	268.00	232.92	296.29	35.08	-9.55	Mora	1200.00 · 2000.00	1500.00	1570.00		-70.00	
Beetroot	140.00 · 320.00	236.80	226.67	234.44	10.13	1.00	Shrimps	1700.00 · 2400.00	2032.73	2190.00	2006.67	-157.27	1.30
Knolkhol	150.00 · 360.00	275.60	238.64	248.33	36.96	10.98	Thalapath	2300.00 · 3200.00	2958.33	2970.00	2920.56	-11.67	1.29
Raddish	120.00 · 320.00	225.83	205.91	216.36	19.92	4.38	Eggs						
Cabbage	150.00 · 380.00	259.20	254.35	310.54	4.85	-16.53	Brown	33.00 · 37.00	34.27	35.14	34.00	-0.87	0.80
Tomato	160.00 · 350.00	256.67	244.58	347.22	12.08	-26.08	White	31.00 · 34.00	32.00	33.15	32.33	-1.15	-1.03
Ladies Fingers	200.00 · 360.00	297.50	291.67	232.94	5.83	27.71	Dried Fish						
Brinjal	260.00 · 420.00	339.20	312.17	301.43	27.03	12.53	Sprats	1100.00 · 2600.00	1972.73	1991.67	2065.22	-18.94	-4.48
Capsicum	350.00 · 650.00	520.38	476.80	587.57	43.58	-11.43	Sprats (Imported)	1100.00 · 1600.00	1381.25	1372.22	1275.00	9.03	8.33
Pumpkin	100.00 · 240.00	173.85	132.08	174.12	41.76	-0.16	Kattawa	1600.00 · 2800.00	2268.18	2257.14	2023.81	11.04	12.07
Cucumber	140.00 · 320.00	222.80	231.67	197.27	-8.87	12.94	Thora	2800.00 · 4200.00	3600.00	3380.00		220.00	
Bitter Gourd	350.00 · 520.00	468.18	463.18	407.19	5.00	14.98	Mora	2500.00 · 3200.00	2921.43	2825.00	2380.95	96.43	22.70
Snake Gourd	260.00 · 400.00	343.60	330.42	319.43	13.18	7.57	Balaya	1400.00 · 2400.00	1960.00	2068.75	1643.75	-108.75	19.24
Drumstick	280.00 · 560.00	380.40	389.58	750.77	-9.18	-49.33	Anguluwa	1800.00 · 2800.00	2500.00	2626.67	2200.00	-126.67	13.64
Luffa	200.00 · 400.00	318.75	363.91	366.21	-45.16	-12.96	Maduwa	1600.00 · 2400.00	1942.86	1940.00	1487.50	2.86	30.61
Long Beans	200.00 · 400.00	285.60	290.00	292.90	-4.40	-2.49	Koduwa						
Ash Plantain	120.00 · 320.00	225.77	190.00	275.15	35.77	-17.95	Salaya	700.00 · 1200.00	950.00	977.78	911.11	-27.78	4.27
Green Chillies	300.00 · 600.00	456.40	375.83	410.00	80.57	11.32	Meat						
Lime	2000.00 · 3000.00	2629.17	1840.91	604.72	788.26	334.77	Beef (without Bones)	2500.00 · 2800.00	2660.00	2700.00	2545.45	-40.00	4.50
Root Crops							Chicken (Broiler)	1200.00 · 1280.00	1233.33	1274.44	1139.33	-41.11	8.25
Sweet Potato	180.00 · 320.00	250.45	241.50	216.67	8.95	15.59	Chicken (Curry)	1200.00 · 1400.00	1302.50	1291.25	1170.71	11.25	11.26
Manioc	150.00 · 240.00	198.00	189.52	191.54	8.48	3.37	Mutton	3700.00 · 4000.00	3857.14	3833.33	3441.67	23.81	12.07
Leafy Vegetable							Pork	2700.00 · 3200.00	2900.00	2833.33	1275.00	66.67	127.45
Mukunuwenna	50.00 · 80.00	72.67	72.00	72.31	0.67	0.50							
Kankun	50.00 · 100.00	74.00	73.33	71.54	0.67	3.44							
Gotukola	160.00 · 320.00	261.11	269.44	120.00	-8.33	117.59							

This Week:

Week 40: 03 - 09 Oct 2025

Last Week:

Week 39: 26 Sep - 02 Oct 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 40: 03 - 09 Oct 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	152.50 – 167.50	160.50
A'pura	137.00 – 141.00	138.60	Dambulla	240.00 – 280.00	262.00	Hambantota	–	
P'naruwa	–		Welimada	245.00 – 265.00	254.00	Embilipitiya	130.00 – 150.00	140.00
Kalawewa	135.00 – 140.00	137.00	Badulla	230.00 – 270.00	250.00	Matara	–	
Kurunegala	135.00 – 140.00	137.67	Carrot			A'pura	160.00 – 180.00	168.00
Dehiattakandiya	135.00 – 138.00	136.33	N'Eliya	100.00 – 110.00	104.00	Luffa		
Nikaweratiya	135.00 – 140.00	137.80	Welimada	70.00 – 90.00	80.00	Dambulla	100.00 – 120.00	109.00
Ampara	–		Hanguranketha	60.00 – 90.00	75.00	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	180.00 – 200.00	192.50
A'pura	122.00 – 126.00	123.60	N'Eliya	70.00 – 80.00	76.00	Matara	–	
P'naruwa	–		Welimada	80.00 – 90.00	85.00	A'pura	120.00 – 140.00	128.00
Kalawewa	120.00 – 125.00	123.00	Beetroot			Green Chillies		
Kurunegala	120.00 – 125.00	122.33	N'Eliya	50.00 – 60.00	54.00	Dambulla	260.00 – 290.00	278.00
Dehiattakandiya	122.00 – 125.00	124.00	Dambulla	52.00 – 62.00	57.60	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	280.00 – 300.00	292.50
Nikaweratiya	122.00 – 126.00	124.00	Welimada	55.00 – 75.00	64.00	Puttalam	209.00 – 237.00	227.80
Hambantota	–		Hanguranketha	60.00 – 70.00	65.00	A'pura	210.00 – 230.00	218.00
Ampara	–		Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	60.00 – 70.00	64.00	Dambulla	38.00 – 43.00	41.20
Matara	118.00 – 125.00	120.75	Welimada	70.00 – 85.00	78.00	Hambantota	–	
Hambantota	–		Hanguranketha	50.00 – 60.00	55.00	Embilipitiya	40.00 – 50.00	46.25
Embilipitiya	124.00 – 126.00	125.00	Raddish			Matara	25.00 – 30.00	27.00
Keeri Samba			N'Eliya	35.00 – 45.00	39.00	A'pura	30.00 – 45.00	36.00
A'pura	160.00 – 165.00	162.00	Welimada	40.00 – 55.00	48.00	Moneragala	35.00 – 40.00	37.00
P'naruwa	–		Hambantota	–		Cucumber		
Kalawewa	160.00 – 165.00	162.40	Hanguranketha	30.00 – 50.00	37.50	A'pura	80.00 – 100.00	88.00
Kurunegala	155.00 – 160.00	157.67	Cabbage			Dambulla	82.00 – 95.00	89.00
Dehiattakandiya	164.00 – 165.00	164.67	N'Eliya	65.00 – 80.00	70.00	Hambantota	–	
Red Onion			Welimada	70.00 – 85.00	77.00	Matara	–	
Puttalam	–		Badulla	45.00 – 55.00	48.33	Long Beans		
Jaffna	230.00 – 240.00	234.00	Hanguranketha	60.00 – 70.00	65.00	Dambulla	100.00 – 152.50	132.00
Big Onion			Tomato			Hambantota	200.00 – 230.00	215.00
Dambulla	95.00 – 115.00	106.00	Welimada	80.00 – 100.00	91.00	Embilipitiya	100.00 – 120.00	112.50
Kalawewa	–		Hambantota	90.00 – 95.00	92.50	Matara	150.00 – 160.00	153.33
A'pura	–		Dambulla	76.00 – 95.00	85.80	A'pura	140.00 – 160.00	148.00
Potato			Hanguranketha	50.00 – 60.00	55.00	Ash Plantain		
N'Eliya	165.00 – 180.00	172.00	<u>Vegetable (Low Country)</u>			Hambantota	60.00 – 70.00	65.00
Badulla	150.00 – 185.00	168.33	Ladies Fingers			Embilipitiya	30.00 – 40.00	35.00
Welimada	160.00 – 165.00	163.00	A'pura	140.00 – 160.00	148.00	Matara	35.00 – 45.00	40.00
<u>Pulses</u>			Dambulla	95.00 – 110.00	101.00	Lime		
Green Gram			Hambantota	135.00 – 135.00	135.00	Hambantota	1200.00 – 1300.00	1250.00
Hambantota	–		Embilipitiya	120.00 – 130.00	123.75	Embilipitiya	1350.00 – 1400.00	1383.33
Moneragala	500.00 – 520.00	508.00	Matara	110.00 – 120.00	116.67	Moneragala	1500.00 – 1600.00	1540.00
Embilipitiya	600.00 – 620.00	610.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	500.00 – 560.00	536.67	A'pura	180.00 – 200.00	188.00	Banana		
A'pura	500.00 – 600.00	540.00	Dambulla	145.00 – 172.50	158.00	Ambul		
Cowpea			Hambantota	–		Moneragala	40.00 – 50.00	44.00
Hambantota	–		Embilipitiya	120.00 – 140.00	130.00	Embilipitiya	60.00 – 90.00	74.00
Nikaweratiya	420.00 – 450.00	433.33	Matara	160.00 – 170.00	163.33	Hambantota	90.00 – 95.00	92.50
Moneragala	–		Welimada	125.00 – 135.00	130.00	Kolikuttu		
Embilipitiya	830.00 – 840.00	835.00	Capsicum			Moneragala	160.00 – 180.00	168.00
Maize			Badulla	250.00 – 260.00	255.00	Embilipitiya	160.00 – 200.00	180.00
A'pura	–		Welimada	350.00 – 360.00	356.25	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	300.00 – 320.00	308.00	Moneragala	70.00 – 75.00	72.00
A'pura	–		Dambulla	250.00 – 270.00	260.00	Embilipitiya	80.00 – 100.00	87.50
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	230.00 – 250.00	242.50	Pineapple		
A'pura	–		Matara	230.00 – 250.00	240.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 40: 03 - 09 Oct 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	260.00 - 270.00	250.00 - 250.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 280.00	260.00 - 260.00	260.00 - 260.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	300.00 - 320.00	-	320.00 - 320.00	300.00 - 320.00	-	-	320.00 - 320.00	-	-
Nadu 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00
Raw (White)	210.00 - 220.00	210.00 - 210.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00
Imported									
Samba	-	-	-	-	-	-	-	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	700.00 - 800.00	700.00 - 750.00	900.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	700.00 - 800.00	800.00 - 1000.00	800.00 - 1000.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	320.00 - 380.00	460.00 - 480.00	400.00 - 480.00	480.00 - 480.00	460.00 - 480.00	360.00 - 400.00	360.00 - 400.00	320.00 - 360.00	400.00 - 480.00
Imported	-	-	-	-	-	-	-	-	-
<u>Big Onion</u>									
Imported	150.00 - 160.00	160.00 - 160.00	150.00 - 160.00	160.00 - 180.00	170.00 - 180.00	180.00 - 180.00	160.00 - 170.00	150.00 - 160.00	160.00 - 180.00
Local	150.00 - 160.00	170.00 - 180.00	200.00 - 200.00	200.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00
<u>Potato</u>									
Welimada	320.00 - 350.00	-	-	-	-	-	280.00 - 300.00	320.00 - 350.00	-
N'Eliya	380.00 - 400.00	360.00 - 400.00	360.00 - 400.00	400.00 - 440.00	400.00 - 440.00	360.00 - 400.00	350.00 - 400.00	360.00 - 400.00	400.00 - 440.00
Imported	200.00 - 220.00	200.00 - 220.00	220.00 - 240.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	220.00 - 240.00	220.00 - 260.00	240.00 - 260.00
<u>Pulses</u>									
Green Gram	880.00 - 980.00	-	1000.00 - 1100.00	1040.00 - 1100.00	900.00 - 1000.00	1000.00 - 1000.00	900.00 - 1000.00	900.00 - 900.00	1000.00 - 1100.00
Cowpea (White)	1200.00 - 1200.00	1100.00 - 1150.00	1200.00 - 1200.00	1300.00 - 1400.00	1100.00 - 1300.00	1200.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1300.00
Cowpea (Red)	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1400.00	1200.00 - 1400.00	-	1200.00 - 1200.00	1100.00 - 1100.00	1200.00 - 1300.00
Red Dhal	260.00 - 280.00	-	280.00 - 300.00	280.00 - 300.00	260.00 - 280.00	270.00 - 270.00	260.00 - 280.00	300.00 - 300.00	280.00 - 300.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	300.00 - 320.00	480.00 - 520.00	400.00 - 480.00	480.00 - 520.00	400.00 - 420.00	400.00 - 420.00	360.00 - 380.00	320.00 - 330.00	440.00 - 460.00
Carrot	150.00 - 180.00	350.00 - 360.00	320.00 - 340.00	320.00 - 360.00	250.00 - 280.00	260.00 - 280.00	200.00 - 240.00	220.00 - 240.00	350.00 - 360.00
Leeks	160.00 - 180.00	350.00 - 360.00	280.00 - 320.00	340.00 - 360.00	200.00 - 220.00	240.00 - 240.00	180.00 - 200.00	300.00 - 320.00	360.00 - 360.00
Beetroot	150.00 - 160.00	260.00 - 280.00	240.00 - 280.00	320.00 - 320.00	250.00 - 260.00	240.00 - 260.00	140.00 - 180.00	240.00 - 240.00	300.00 - 320.00
Knolkhol	150.00 - 180.00	320.00 - 360.00	260.00 - 320.00	360.00 - 360.00	260.00 - 280.00	320.00 - 320.00	160.00 - 200.00	360.00 - 360.00	320.00 - 320.00
Raddish	140.00 - 160.00	280.00 - 300.00	220.00 - 240.00	320.00 - 320.00	200.00 - 220.00	240.00 - 260.00	120.00 - 140.00	200.00 - 240.00	280.00 - 280.00
Cabbage	200.00 - 220.00	320.00 - 380.00	200.00 - 240.00	360.00 - 380.00	240.00 - 260.00	240.00 - 240.00	150.00 - 200.00	220.00 - 240.00	380.00 - 380.00
Tomato	200.00 - 240.00	320.00 - 350.00	240.00 - 280.00	320.00 - 350.00	240.00 - 250.00	240.00 - 240.00	160.00 - 180.00	240.00 - 240.00	310.00 - 320.00
Ladies Fingers	230.00 - 240.00	320.00 - 340.00	260.00 - 320.00	340.00 - 360.00	320.00 - 340.00	250.00 - 260.00	200.00 - 200.00	300.00 - 320.00	320.00 - 340.00
Brinjal	260.00 - 280.00	400.00 - 420.00	280.00 - 400.00	400.00 - 420.00	320.00 - 340.00	340.00 - 360.00	300.00 - 300.00	300.00 - 320.00	420.00 - 420.00
Capsicum	360.00 - 400.00	650.00 - 650.00	480.00 - 600.00	650.00 - 650.00	480.00 - 600.00	480.00 - 500.00	350.00 - 380.00	520.00 - 520.00	600.00 - 640.00
Pumpkin	110.00 - 140.00	130.00 - 200.00	160.00 - 180.00	230.00 - 240.00	120.00 - 130.00	240.00 - 240.00	100.00 - 140.00	230.00 - 240.00	240.00 - 240.00
Cucumber	140.00 - 150.00	260.00 - 280.00	230.00 - 240.00	320.00 - 320.00	240.00 - 240.00	160.00 - 160.00	160.00 - 160.00	240.00 - 320.00	240.00 - 260.00
Bitter Gourd	350.00 - 360.00	480.00 - 520.00	450.00 - 480.00	450.00 - 520.00	440.00 - 480.00	-	420.00 - 450.00	460.00 - 480.00	500.00 - 520.00
Snake Gourd	260.00 - 300.00	320.00 - 330.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	260.00 - 260.00	300.00 - 300.00	300.00 - 320.00	400.00 - 400.00
Drumstick	280.00 - 320.00	450.00 - 480.00	400.00 - 450.00	560.00 - 560.00	400.00 - 420.00	400.00 - 450.00	280.00 - 300.00	280.00 - 320.00	540.00 - 560.00
Luffa	200.00 - 240.00	400.00 - 400.00	400.00 - 400.00	400.00 - 400.00	260.00 - 320.00	240.00 - 260.00	200.00 - 280.00	320.00 - 400.00	400.00 - 400.00
Long Beans	200.00 - 220.00	360.00 - 400.00	320.00 - 360.00	350.00 - 360.00	320.00 - 340.00	-	200.00 - 240.00	240.00 - 240.00	400.00 - 400.00
Ash Plantain	120.00 - 160.00	240.00 - 280.00	200.00 - 260.00	280.00 - 320.00	240.00 - 260.00	240.00 - 240.00	120.00 - 160.00	200.00 - 220.00	310.00 - 320.00
Green Chillies	350.00 - 360.00	400.00 - 400.00	480.00 - 500.00	450.00 - 500.00	500.00 - 520.00	600.00 - 600.00	300.00 - 300.00	600.00 - 600.00	600.00 - 600.00
Lime	2200.00 - 2500.00	2800.00 - 3000.00	2200.00 - 2800.00	2600.00 - 2800.00	2600.00 - 3000.00	3000.00 - 3000.00	2000.00 - 2200.00	2800.00 - 3000.00	2800.00 - 3000.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 240.00	260.00 - 300.00	260.00 - 280.00	320.00 - 320.00	260.00 - 280.00	260.00 - 260.00	180.00 - 200.00	320.00 - 320.00	320.00 - 320.00
Manioc	160.00 - 180.00	200.00 - 220.00	220.00 - 240.00	230.00 - 240.00	200.00 - 220.00	180.00 - 200.00	150.00 - 150.00	160.00 - 180.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 60.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	50.00 - 50.00	80.00 - 80.00	80.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	50.00 - 50.00	100.00 - 100.00	80.00 - 80.00
Gotukola	160.00 - 180.00	320.00 - 320.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00	260.00 - 280.00	180.00 - 220.00	180.00 - 240.00	240.00 - 280.00
<u>Coconut</u>									
Large	200.00 - 205.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 210.00	-	220.00 - 220.00	210.00 - 210.00
Small	190.00 - 195.00	190.00 - 190.00	190.00 - 195.00	190.00 - 195.00	195.00 - 195.00	195.00 - 195.00	170.00 - 180.00	190.00 - 190.00	180.00 - 180.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	180.00	-	200.00	200.00	-	200.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	200.00	-	200.00	180.00	-	200.00	170.00	-	180.00	150.00	-	160.00
Kolikuttu (Rs/Kg)	300.00	-	320.00	380.00	-	380.00	350.00	-	350.00	300.00	-	350.00	350.00	-	380.00	350.00	-	380.00	350.00	-	350.00	350.00	-	360.00	300.00	-	300.00
Seeni (Rs/Kg)	170.00	-	200.00	200.00	-	220.00	200.00	-	200.00	220.00	-	220.00	200.00	-	200.00	180.00	-	200.00	180.00	-	200.00	150.00	-	170.00	150.00	-	160.00
Anamalu	40.00	-	50.00	42.00	-	50.00	42.00	-	50.00	42.00	-	50.00	45.00	-	50.00	42.00	-	45.00	42.00	-	42.00	45.00	-	50.00	42.00	-	50.00
Ambun	56.00	-	70.00	60.00	-	70.00	60.00	-	70.00	60.00	-	70.00	64.00	-	70.00	60.00	-	64.00	60.00	-	60.00	64.00	-	70.00	65.00	-	70.00
<u>Pineapple</u>																											
Large	580.00	-	600.00	620.00	-	620.00	580.00	-	620.00	650.00	-	650.00	620.00	-	620.00	550.00	-	600.00	560.00	-	600.00	520.00	-	600.00	500.00	-	520.00
Medium	350.00	-	400.00	520.00	-	520.00	450.00	-	550.00	500.00	-	500.00	480.00	-	480.00	350.00	-	400.00	440.00	-	450.00	450.00	-	500.00	450.00	-	500.00
Small	280.00	-	300.00	420.00	-	420.00		-		400.00	-	400.00	280.00	-	280.00	280.00	-	320.00	350.00	-	360.00	350.00	-	360.00	350.00	-	360.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	260.00	-	280.00		-		230.00	-	270.00		-		200.00	-	230.00		-			-		270.00	-	300.00	200.00	-	200.00
Vilad	120.00	-	140.00	120.00	-	120.00	120.00	-	130.00		-		120.00	-	130.00	160.00	-	160.00	120.00	-	120.00		-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	70.00	-	100.00	100.00	-	120.00	120.00	-	120.00	120.00	-	120.00	70.00	-	90.00	100.00	-	120.00	70.00	-	80.00	100.00	-	120.00	110.00	-	120.00
Orange	70.00	-	80.00	110.00	-	110.00	120.00	-	130.00	120.00	-	130.00	90.00	-	100.00	100.00	-	120.00	80.00	-	80.00	70.00	-	75.00	80.00	-	100.00
Avocado	230.00	-	250.00	200.00	-	200.00	230.00	-	260.00	230.00	-	260.00	170.00	-	200.00	180.00	-	200.00	130.00	-	130.00	130.00	-	150.00	130.00	-	150.00
Slime Apple	100.00	-	140.00	140.00	-	160.00	200.00	-	200.00	180.00	-	200.00	120.00	-	160.00	100.00	-	100.00	100.00	-	100.00	140.00	-	160.00	100.00	-	120.00
Grapes (Rs/Kg)	1500.00	-	1700.00	2500.00	-	2500.00	2200.00	-	2500.00	2800.00	-	2800.00	2000.00	-	2000.00	2500.00	-	2500.00	2500.00	-	2500.00	2000.00	-	2200.00	1800.00	-	2000.00
Papaw (Rs/Kg)	160.00	-	200.00	180.00	-	200.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	150.00	-	200.00	180.00	-	200.00	150.00	-	200.00	150.00	-	200.00
Passion	40.00	-	45.00	70.00	-	80.00	80.00	-	80.00	70.00	-	80.00	55.00	-	60.00	60.00	-	70.00	60.00	-	70.00	46.00	-	50.00	40.00	-	50.00
King Coconut	170.00	-	200.00	170.00	-	170.00	180.00	-	180.00	180.00	-	200.00	170.00	-	170.00	200.00	-	200.00	160.00	-	170.00	150.00	-	150.00	150.00	-	160.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 40: 03 - 09 Oct 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	350.00 - 400.00	400.00 - 400.00	600.00 - 600.00	-	560.00 - 560.00	500.00 - 560.00	400.00 - 500.00	400.00 - 440.00	400.00 - 440.00
Hurulla	680.00 - 750.00	1000.00 - 1000.00	-	-	1100.00 - 1100.00	-	700.00 - 700.00	800.00 - 800.00	800.00 - 800.00
Balaya	900.00 - 950.00	1800.00 - 1800.00	-	-	900.00 - 1000.00	1400.00 - 1600.00	1600.00 - 1800.00	-	1800.00 - 1800.00
Kelawalla	1400.00 - 1600.00	3000.00 - 3000.00	2800.00 - 3000.00	-	3500.00 - 3500.00	2400.00 - 2400.00	2200.00 - 2200.00	3200.00 - 3200.00	-
Thora	2600.00 - 2800.00	3200.00 - 3200.00	2800.00 - 2800.00	-	5600.00 - 5600.00	3200.00 - 3200.00	-	-	-
Paraw	1200.00 - 1400.00	2000.00 - 2400.00	2000.00 - 2400.00	-	2700.00 - 2700.00	2400.00 - 2400.00	-	1480.00 - 1480.00	-
Mora	1200.00 - 1300.00	-	2000.00 - 2000.00	-	-	-	-	-	-
Shrimps Small	1700.00 - 1800.00	2400.00 - 2400.00	-	-	1960.00 - 1960.00	2200.00 - 2200.00	2000.00 - 2000.00	1800.00 - 1800.00	1900.00 - 2000.00
Talapath	2300.00 - 2400.00	3000.00 - 3000.00	3200.00 - 3200.00	-	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3000.00
<u>Eggs (Rs/egg)</u>									
Brown	33.00 - 33.00	35.00 - 35.00	33.00 - 33.00	35.00 - 37.00	35.00 - 35.00	33.00 - 33.00	35.00 - 35.00	33.00 - 33.00	35.00 - 35.00
White	31.00 - 31.00	32.00 - 32.00	31.00 - 32.00	32.00 - 34.00	32.00 - 32.00	31.00 - 31.00	31.00 - 32.00	32.00 - 32.00	32.00 - 34.00
<u>Dried Fish</u>									
Sprats	1100.00 - 1200.00	2000.00 - 2000.00	-	2600.00 - 2600.00	2400.00 - 2600.00	-	1600.00 - 1800.00	2000.00 - 2000.00	2000.00 - 2000.00
Kattawa	1600.00 - 2000.00	2400.00 - 2700.00	2400.00 - 2400.00	2800.00 - 2800.00	1800.00 - 2800.00	2200.00 - 2200.00	1700.00 - 2400.00	1700.00 - 2100.00	2400.00 - 2400.00
Thora	2800.00 - 3000.00	-	-	-	4000.00 - 4200.00	-	-	-	-
Mora	2500.00 - 2600.00	2600.00 - 2600.00	2800.00 - 3000.00	3200.00 - 3200.00	-	3000.00 - 3000.00	3000.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3200.00
Balaya	1400.00 - 1600.00	1800.00 - 1800.00	2200.00 - 2200.00	2400.00 - 2400.00	2200.00 - 2400.00	1800.00 - 1800.00	2000.00 - 2000.00	2000.00 - 2000.00	2200.00 - 2200.00
Anguluwa	1800.00 - 1800.00	2800.00 - 2800.00	2600.00 - 2600.00	2800.00 - 2800.00	-	-	-	-	-
Salaya	700.00 - 900.00	800.00 - 900.00	1200.00 - 1200.00	-	1000.00 - 1000.00	1200.00 - 1200.00	-	1200.00 - 1200.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	-	2700.00 - 2700.00	-	-	2700.00 - 2700.00	-	2600.00 - 2600.00	2800.00 - 2800.00	2500.00 - 2500.00
Chicken (Broiler)	1200.00 - 1200.00	1200.00 - 1200.00	1280.00 - 1280.00	1280.00 - 1280.00	1200.00 - 1200.00	1250.00 - 1250.00	1250.00 - 1250.00	1200.00 - 1200.00	1240.00 - 1240.00
Chicken (Curry)	1250.00 - 1250.00	1400.00 - 1400.00	1380.00 - 1380.00	1400.00 - 1400.00	1250.00 - 1250.00	1200.00 - 1200.00	1300.00 - 1300.00	-	1240.00 - 1240.00
Mutton	-	3800.00 - 3800.00	3900.00 - 3900.00	-	3800.00 - 3800.00	3800.00 - 3800.00	3700.00 - 3700.00	4000.00 - 4000.00	4000.00 - 4000.00
Pork	-	3200.00 - 3200.00	-	-	-	-	-	2700.00 - 2700.00	2800.00 - 2800.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

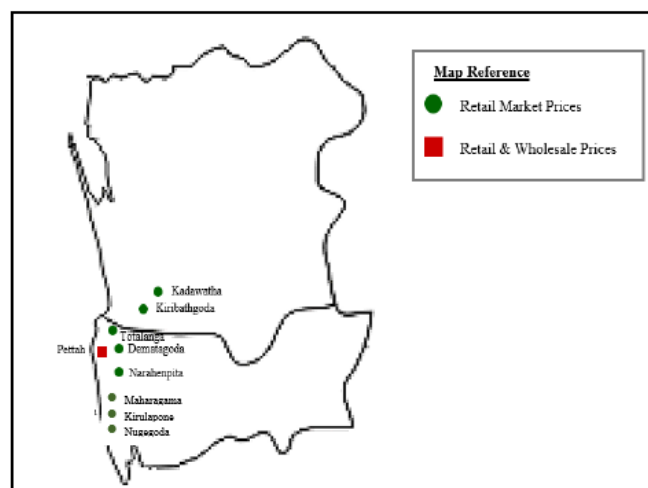
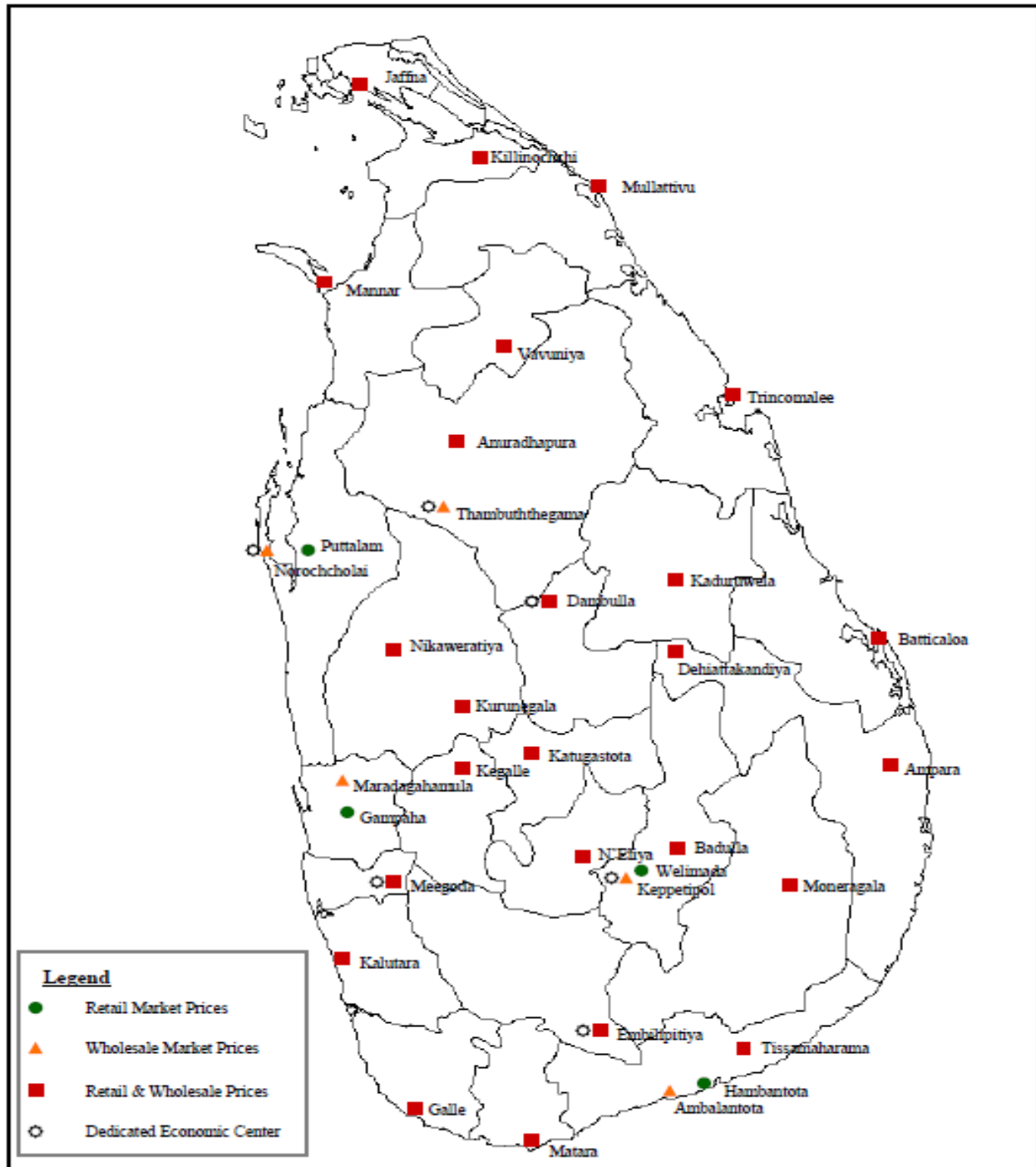
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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සෑහීම සඳහා රජයේ මුද්‍රා ඇතුළත්ව ඇත.