

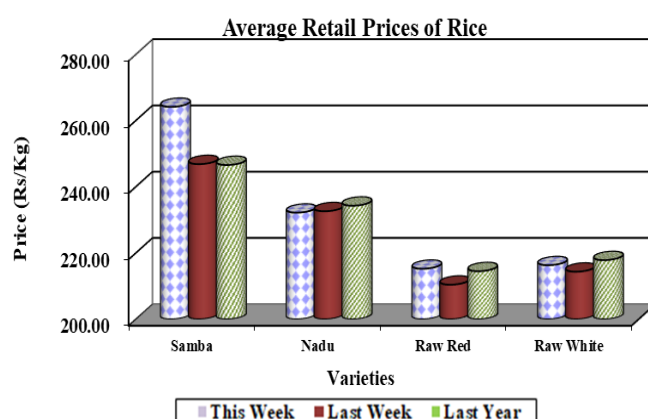
RETAIL MARKET AT A GLANCE

Summary

Rice/ Paddy

Retail prices of all the rice varieties except for *nadu* have increased with the highest price increase recorded for samba. Prices ranged between Rs.300.00-320.00/kg for *keeri* samba, Rs.260.00-280.00/kg for *samba* grade I, Rs.230.00-240.00/kg for *nadu* grade I and Rs.200.00-220.00/kg for raw red and raw white rice in Colombo and suburb markets.

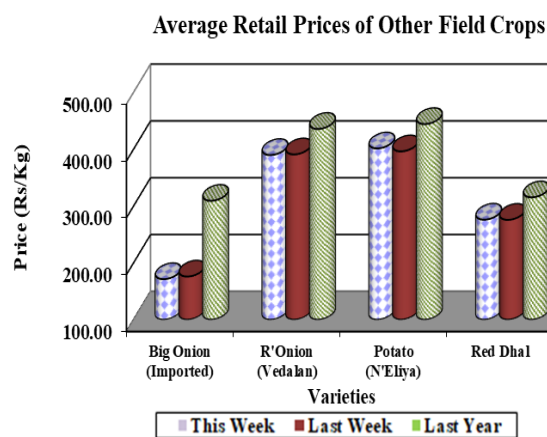
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Other Field Crops

Stocks of both local and imported red onion and big onion were available in the market. Prices ranged between Rs.300.00-380.00/kg for imported red onion and Rs.150.00-200.00/kg for imported and local big onion in Colombo and suburb markets. Prices of local and imported potatoes have increased. Price of imported potato ranged between Rs.200.00-280.00/kg. Further, the prices of white cowpea and red cowpea ranged between Rs.1,100.00-1,400.00/kg and the price of green gram ranged between Rs.900.00-1,100.00/kg.

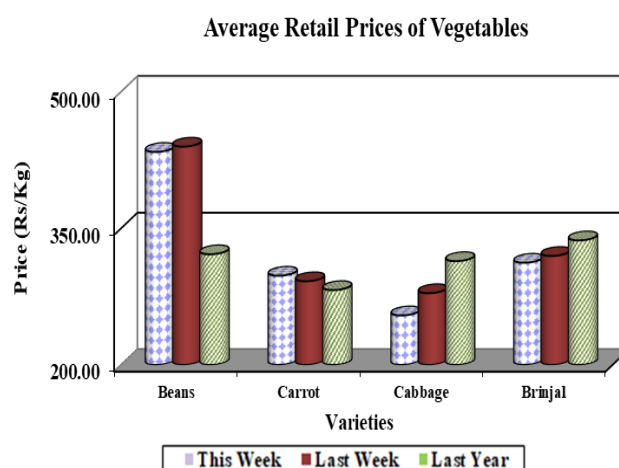
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Vegetables

Prices of most of the up-country and low-country vegetables have decreased further due to increased supply. Considering up-country varieties, the highest price decrease was reported for cabbage at Rs.24.00/kg, followed by knolkhol at Rs.20.00/kg. Considering low-country varieties, the highest price decrease was reported for drumstick at Rs.46.00/kg, followed by cucumber as Rs.22.00/kg.

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Rice

Wholesale

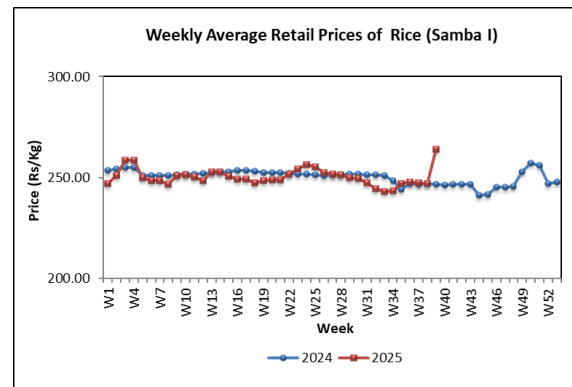
Prices of keeri samba, nadu grade II and raw-white have increased by 2% and the prices ranged Rs.290.00-330.00/kg, Rs.205.00-208.00/kg and Rs.190.00-205.00/kg respectively. Price of all other local rice varieties have not increased significantly. Imported raw white was also available at the market and the price ranged Rs.205.00-215.00/kg.

Compared to same period of last year, the highest price increase of 15% recorded for keeri samba while the highest price decrease was recorded for nadu rice varieties with 5%.

Retail

Prices of local samba, local keeri samba, local raw red and local raw white have increased. Prices of other rice varieties have not changed significantly. Price of local samba has increased of Rs.17.00/kg due to the low supply of stocks at the market and the price ranged as Rs.260.00-280.00/kg.

Compared to the same period of the last year, the highest price increase of 16% was recorded for local keeri samba and the highest price decrease of 1% was recorded for local nadu.



Paddy

A slight price increase of major paddy varieties have observed in some producing areas. Accordingly, the average price of short grain paddy has increased by Rs.1.00-2.00/kg in Anuradhapura, Kalawewa, Dehiattakandiya and Ampara areas and it was reported Rs.130.00-142.00/kg. Further, the average price of keeri samba paddy has also increased by Rs.1.00-2.00/kg and the price ranged Rs.154.00-170.00/kg. Subsequently, the price increment of Rs.1.00-5.00/kg was reported for long grain white paddy and its prices have ranged Rs. 118.00-125.00/kg. Likewise, a significant price increase of Rs.5.00-7.00/kg was reported for long grain red paddy and the prices ranged Rs.120.00-126.00/kg in major producing areas in Southern province.

Compared to the same period of last year, the average farmgate prices of short grain and keeri samba paddy have increased by 7%-28% and the highest was recorded for keeri samba paddy. However, the average

price of long grain white and red paddy varieties has decreased by 2%-7%.

Dried Chilies

Wholesale

The price of imported dried chilies has not changed significantly and the price ranged Rs.600.00-650.00/kg.

Compared to same period of last year, the current wholesale price of imported dried chilies has decreased by 11%.

Retail

Price of imported dried chilies has increased by Rs.11.00/kg and the price ranged Rs.700.00-1000.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 11%.

Onion

Wholesale

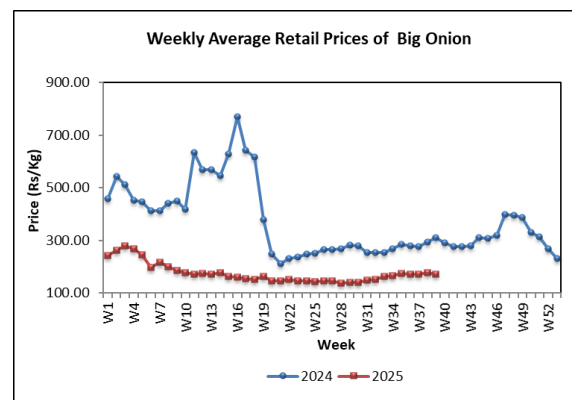
Price of vedalan red onion and imported red onion have decreased by 5% and 2% due to availability of sufficient stocks and the prices ranged Rs.220.00-270.00/kg and Rs.200.00-220.00/kg. Sinan red onion was also available at the market and the price ranged Rs.150.00-180.00/kg. Price of imported big onion and local big onion

have decreased by 9% and 18% due to availability of sufficient stocks and price ranged Rs.115.00-130.00/kg and Rs.120.00-135.00/kg.

Compared to same period of last year, current wholesale prices of all the red onion varieties except imported red onion have decreased in the range of 6%-52%.

Retail

Price of vedalan has decreased by Rs.1.00/kg and the price ranged Rs.300.00-520.00/kg. Prices of imported and local big onions have decreased by Rs.5.00/kg and Rs.14.00/kg respectively.



Compared to the same period of the last year, the highest price decrease of 47% was recorded for local big onions.

Potato

Wholesale

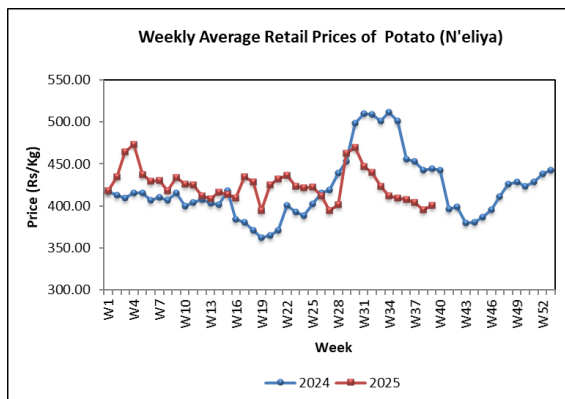
Price of Welimada potato has increased by 4% and the price ranged Rs.180.00-

210.00/kg. Price of Nuwar Eliya potato has decreased by 5% and the price ranged Rs.200.00-230.00/kg. Price of imported potato has not increased significantly and price ranged Rs.155.00-180.00/kg.

Compared to same period of last year, current wholesale prices of welimada and Nuwara Eliya potatoes have decreased by 25% and 30% while the price of imported potato has increased by 3%.

Retail

Prices of all the types of potato varieties have increased. The highest price increase of Rs.7.00/kg was recorded for Welimada potatoes.



Compared to the same period of last year, the highest price increase of 4% was recorded for imported potatoes, while highest price decreased of 10% was recorded for Nuwara Eliya potatoes.

Pulses

Wholesale

Price of green gram, and white cowpea have decreased by 8% and 18% due to availability of sufficient stocks and price ranged Rs.650.00-750.00/kg, Rs.920.00-1000.00/kg. The price of red dhal has not changed significantly and price ranged Rs.235.00-243.00 /kg.

Compared to same period of last year current wholesale price of the highest price increase of 31% was recorded for white cowpea. Also red dhal has decreased by 12%.

Retail

Price of green gram has decreased by 1.00/kg. Prices of white cowpea and red cowpea have decreased by Rs.96.00/kg and Rs,48.00/kg due to high supply of stocks at the market.

Compared to the same period of the last year, the current retail prices of Welimada and Nuwara Eliya potatoes have decreased by 8% and 9%.

Vegetable

Wholesale

Prices of most of the up country and low country vegetables have decreased, with increased supply from most of the producing areas.

Considering the up-country vegetables, the prices of most of the vegetables have decreased, with increased supply from main producing areas. Accordingly, the highest price decrease was reported for raddish as 18%, with increased supply from Nuwara Eliya, Welimada, and Puttalam. In addition, the price of beans has also decreased by 9%, due to increased supply from Welimada and Balangoda areas. Prices of leeks, knolkhol and cabbage have declined, in the range of 1% - 4%. However, the prices of carrot and beetroot have increased, by 12% and 17% respectively, with low supply from Welimada and Keppetipola areas.

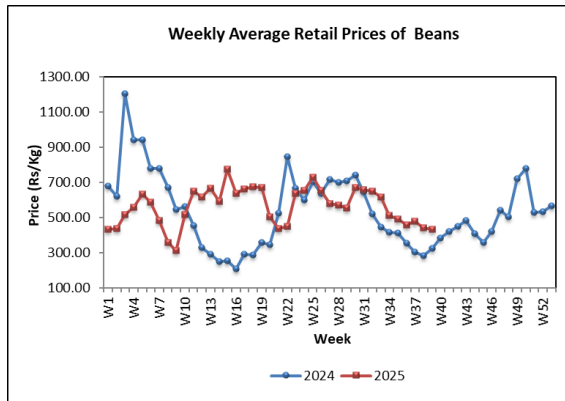
Considering the low-country vegetables, the prices of most of the vegetables, experienced price decrease, with increased supply from Producing areas. The highest price decreased was reported for drumsticks as 19%, with increased supply from Kinniya, Embilipitiya and Hambanthota producing areas. In addition, the price of cucumber has also decreased by 15%, with increased supply from

Wadigala, Puttalam and Wellawaya. With increased supply from Welimada, Puttalam, the price of brinjal has decreased by 11%. However, the prices of capsicum, pumpkin, bitter gourd and snake gourd have increased, in the range of 2%-15%, with decreased supply. Prices of green chilies (18%) and lime (21%) have increased further, with decreased supply from producing areas.

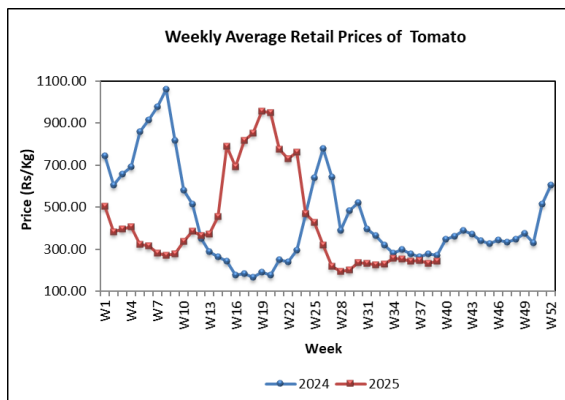
Compared to the same period of last year, the current wholesale prices of most of the vegetables have decreased, with the highest price decrease of 72% reported for ash plantain, followed by cabbage as 64%. However, the price of lime has increased significantly by 383%.

Retail

Retail prices of most of the vegetable varieties have decreased in line with the downward trend of wholesale prices. Considering the up-country vegetables, the highest price decrease was reported for knolkhol at Rs. 20.00/kg. However, the price of beetroot has increased by Rs.9.00/kg.



Considering the low-country vegetable varieties, the highest price decrease was reported for drumstick at Rs. 47.00/kg, followed by Rs.22.00/kg for cucumber. Moreover, the price of lime has increased by Rs. 215.00/kg.



Compared to the same period last year, the current retail prices of most vegetables have decreased, with a notable 33% decrease reported for ash plantain.

Coconut Wholesale

Prices of both large and small nuts have not changed significantly. Price ranges were Rs.175.00-185.00 for a large nut and Rs.150.00-165.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 48% and 47% respectively.

Retail

Prices of large nuts and small nuts have increased by around Rs 2.00 /nut. The price ranges were Rs.200.00-220.00 for a large nut and Rs.180.00-190.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 57% and 65% respectively.

Fruits

Wholesale

Prices of all the fruit varieties have decreased due to low demand. The highest price decrease of 21% was reported for passion fruits. Price of grapes has decreased by 10% with adequate supply of imported grapes and availability of local grapes. However, the price of slime apple has increased by 75% with limited supply of ripe fruits.

Compared to the same period of last year, the current wholesale prices of most of the fruit varieties have decreased with the

highest price decrease of 58% reported for papaw.

Retail

Retail prices of most of the fruit varieties have decreased. The highest price decrease of Rs.42.00/kg was reported for imported grapes. Prices of karthakolomban mango and passion fruit have decreased by Rs.40.00/fruit and Rs.10.00/fruit respectively. Also, the prices of avocado has decreased by Rs.7.00/fruit. However, the price of kolikuttu banana and ambul banana have increased by Rs.23.00/kg and Rs.14.00/kg respectively.

Compared to the same period of last year, the current retail prices of most of the fruits have decreased with the highest price decrease reported for papaw as 45%.

Fresh Fish

Wholesale

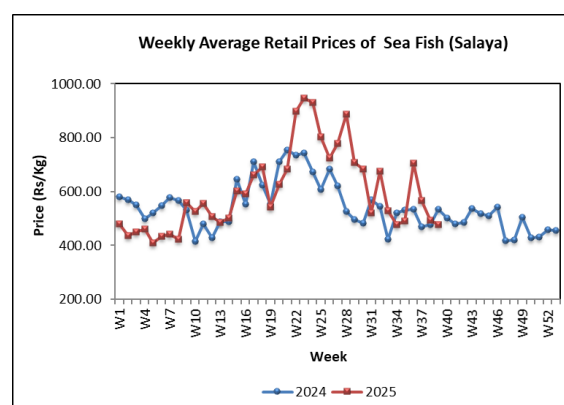
Prices of the most of the fresh fish varieties except for salaya and mora have increased with the highest price increase of 29% recorded for paraw, followed by kelawalla as 26%.

Compared to the same period last year, the current wholesale prices of most of the fresh fish types have increased in the range

of 1%-23% and the highest price increase was noted for thora.

Retail

Prices of all the fish varieties except for salaya and mora have increased. The highest price increase was recorded for kelawalla by Rs.472.00/kg, and the second highest price increase was recorded for thora by Rs.310.00/kg. The highest price decrease was recorded for salaya by Rs.16.00/kg.



Compared to the same period of last year, the current retail prices of most of the fish varieties except salaya and shrimps have increased. The highest price increase was recorded for kelawalla by 36%.

Dried Fish

Wholesale

Prices of most of the dried fish varieties have decreased, with the highest price decreased recorded for salaya as 12%, followed by local mora (4%). In contrast, the highest price increase was observed for local sprats by 8%. The second largest price increase was recorded for local maduwa by 7%.

Compared to the same period of last year, the current wholesale prices of most of dried fish varieties have increased. The highest price increase was recorded for mora by 35%.

Retail

Prices of all the dried fish varieties except for local sprats, thora, balaya and maduwa have decreased and the highest price decrease was recorded for kattawa by Rs.85.00/kg. The highest price increase was recorded for thora by Rs.147.00/kg. During this period, in the Peliyagoda market, a large quantity of dried sprats is supplied locally, mainly from the Meegamuwa area, and the price remains relatively low.

Compared to the same period of last year, the current retail prices of all types of dried fish varieties except for local sprats has

increased. The highest price increase was recorded for maduwa by 26%.

Eggs

Wholesale

Prices of brown and white eggs have increased 3% and 6% respectively and the price ranges were Rs.33.00-34.00 and Rs.30.00-32.00 respectively.

Compared to the same period of last year, the current wholesale prices of brown and white eggs have decreased by 7% and 6% respectively.

Retail

Prices of both brown and white eggs have increased. Prices ranged Rs.31.00-35.00 for white eggs and Rs.34.00-36.00 for brown eggs. The average prices of white egg and brown egg types were recorded as Rs.33.00 and Rs.35.00 respectively.

Compared to the same period of last year, the current retail prices of white egg and brown egg types have decreased by 11% and 12% respectively.

Meat

Retail

Prices of all the types of meat except for pork has decreased. The highest price

decrease was recorded for Chicken broiler by Rs.74.00/kg. Price increase was recorded for pork by Rs.8.00/kg.

Compared to the same period of last year, The prices of all the types of meat have increased. The highest price increase was recorded for pork by 109%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 39: 26 Sep - 02 Oct 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12250 –	12500	11900 –	12000	14500 –	16500	10500 –	11000	10250 –	10400	9500 –	10000	9500 –	10250
	Divulapitiya	12250 –	12650	11700 –	12000	14750 –	15500	11000 –	11350	10000 –	10500	9550 –	9800	9600 –	10250
	Kurunegala	–		11950 –	12000	15400 –	15400	11300 –	11300	10000 –	10250	–		9750 –	9900
	Nikaweratiya	13000 –	13500	–		13750 –	15750	–		–		–		9250 –	9500
	Badulla	–		–		15500 –	15750	11250 –	11250	–		10000 –	10000	10000 –	10250
	Puttalam	12500 –	13000	11500 –	12250	15900 –	16000	11250 –	11500	9900 –	10000	–		9250 –	9500
	Dambulla	13250 –	13300	11750 –	11850	–		11250 –	11300	10250 –	10400	9750 –	10000	9750 –	10200
	Anuradhapura	13000 –	13000	11500 –	11750	15250 –	15750	11250 –	11400	10250 –	10750	10500 –	10750	10000 –	10500
	Tambuttegama	12000 –	12100	11550 –	11750	13000 –	13000	–		10200 –	10500	10600 –	10900	9500 –	10000
	Polonnaruwa	–		–		–		–		–		–		–	
	Kalutara	12000 –	12250	11750 –	11750	–		11000 –	11300	10300 –	10750	9250 –	10000	9500 –	10000
	Ampara	–		–		–		11500 –	11500	10750 –	10900	9350 –	10000	9350 –	9750
	Kandy	12500 –	12750	11900 –	12000	15000 –	16000	11000 –	11100	10250 –	10400	9750 –	10000	9750 –	10000
	Moneragala	–		11500 –	11750	15250 –	15750	11350 –	11400	–		9500 –	9750	9750 –	9850
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	12500 –	13000	–		15000 –	15750	10750 –	10800	–		10750 –	10750	9250 –	10800
	Hambantota	–		–		13000 –	13500	–		–		9250 –	9400	10000 –	10000
	Matara	–		11500 –	11600	–		11000 –	11250	–		9200 –	9500	9750 –	10000
	Galle	–		–		–		11250 –	11400	10750 –	10750	9250 –	9300	9250 –	10500
	Meegoda	–		11850 –	12000	15500 –	15750	10800 –	11250	10250 –	10600	9500 –	9900	10000 –	10250
	Tissamaharama	–		11950 –	11950	–		11000 –	11100	–		9250 –	9500	9750 –	9900
	Embilipitiya	–		11750 –	11800	15250 –	15300	10600 –	10750	–		9500 –	9650	9900 –	10000
	Jaffna	–		11600 –	11750	–		10700 –	10800	–		10200 –	10250	10200 –	10250
	Vavuniya	–		11750 –	11900	14000 –	14500	10750 –	10750	10500 –	10500	9750 –	10250	9750 –	10000
	Mannar	–		11500 –	12000	13500 –	14000	–		10250 –	10500	9250 –	9500	–	
	Killinochchi	–		11500 –	11700	14250 –	14500	11000 –	11250	–		9500 –	9750	10000 –	10250
	Mullattivu	–		11750 –	12000	14250 –	14750	11250 –	11500	–		9500 –	9800	10000 –	10250
	Batticaloa	–		11750 –	12000	14000 –	14750	–		10250 –	10500	9400 –	9500	9250 –	9500
	Trincomalee	–		11500 –	11700	13500 –	13800	11200 –	11250	–		10750 –	10800	10500 –	10750
	Galenbindunuwew	–		11900 –	11950	–		11400 –	11450	10850 –	10950	10650 –	10925	10350 –	10900
Matale	12500 –	13250	12250 –	12250	15500 –	16000	10750 –	11000	10000 –	10500	9500 –	10000	9750 –	10250	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	260.00 –	280.00	–		300.00 –	320.00	230.00 –	240.00	–		200.00 –	220.00	200.00 –	220.00
	Gampaha	–		240.00 –	240.00	310.00 –	315.00	230.00 –	230.00	220.00 –	225.00	210.00 –	220.00	210.00 –	220.00
	Kurunegala	–		240.00 –	240.00	310.00 –	310.00	230.00 –	230.00	210.00 –	220.00	215.00 –	220.00	210.00 –	220.00
	Nikaweratiya	270.00 –	280.00	–		285.00 –	325.00	230.00 –	235.00	205.00 –	215.00	–		195.00 –	210.00
	Dambulla	268.00 –	270.00	240.00 –	245.00	290.00 –	300.00	228.00 –	230.00	213.00 –	215.00	210.00 –	215.00	205.00 –	210.00
	Anuradhapura	270.00 –	270.00	240.00 –	240.00	310.00 –	325.00	230.00 –	230.00	210.00 –	220.00	215.00 –	220.00	210.00 –	220.00
	Thambuththegama	270.00 –	270.00	240.00 –	240.00	300.00 –	320.00	230.00 –	230.00	225.00 –	228.00	217.00 –	220.00	212.00 –	220.00
	Polonnaruwa	–		–		–		–		–		–		–	
	Kaluthara	250.00 –	260.00	–		320.00 –	340.00	220.00 –	230.00	210.00 –	215.00	190.00 –	200.00	190.00 –	210.00
	Badulla	–		–		320.00 –	320.00	230.00 –	230.00	–		200.00 –	210.00	200.00 –	210.00
	Keppetipola	–		245.00 –	250.00	300.00 –	320.00	228.00 –	230.00	220.00 –	225.00	195.00 –	200.00	200.00 –	210.00
	Moneragala	–		235.00 –	240.00	320.00 –	320.00	230.00 –	230.00	–		195.00 –	200.00	200.00 –	205.00
	Kegalle	270.00 –	270.00	240.00 –	240.00	330.00 –	340.00	230.00 –	230.00	210.00 –	220.00	220.00 –	220.00	210.00 –	220.00
	Ampara	–		240.00 –	240.00	300.00 –	300.00	230.00 –	230.00	215.00 –	218.00	188.00 –	205.00	195.00 –	220.00
	Dehiattakandiya	260.00 –	270.00	–		310.00 –	330.00	224.00 –	230.00	215.00 –	218.00	220.00 –	225.00	195.00 –	220.00
	Nuwaraeliya	–		245.00 –	250.00	320.00 –	330.00	225.00 –	230.00	216.00 –	220.00	198.00 –	205.00	205.00 –	210.00
	Kandy	265.00 –	270.00	240.00 –	245.00	315.00 –	320.00	230.00 –	230.00	210.00 –	215.00	215.00 –	220.00	210.00 –	220.00
	Puttalam	260.00 –	265.00	240.00 –	250.00	325.00 –	340.00	230.00 –	230.00	205.00 –	220.00	220.00 –	220.00	210.00 –	220.00
	Hambantota	–		–		280.00 –	285.00	–		–		190.00 –	195.00	205.00 –	210.00
	Rathnapura	260.00 –	270.00	–		310.00 –	330.00	220.00 –	230.00	205.00 –	208.00	190.00 –	200.00	200.00 –	210.00
	Matara	250.00 –	260.00	230.00 –	240.00	340.00 –	350.00	230.00 –	240.00	220.00 –	220.00	190.00 –	200.00	205.00 –	220.00
	Galle	265.00 –	270.00	240.00 –	240.00	350.00 –	350.00	230.00 –	230.00	220.00 –	225.00	190.00 –	210.00	190.00 –	220.00
	Tissamaharama	–		240.00 –	240.00	–		230.00 –	230.00	225.00 –	226.00	185.00 –	188.00	198.00 –	205.00
	Meegoda (DEC)	–		240.00 –	250.00	–		230.00 –	230.00	210.00 –	220.00	200.00 –	210.00	210.00 –	220.00
	Embilipitiya	–		238.00 –	240.00	305.00 –	310.00	225.00 –	230.00	–		190.00 –	200.00	200.00 –	210.00
	Jaffna	–		240.00 –	243.00	–		220.00 –	230.00	–		220.00 –	225.00	215.00 –	222.00
	Vavuniya	–		238.00 –	245.00	290.00 –	300.00	228.00 –	230.00	–		200.00 –	210.00	200.00 –	205.00
	Mannar	–		248.00 –	250.00	285.00 –	295.00	225.00 –	230.00	–		210.00 –	215.00	215.00 –	215.00
	Killinochchi	–		235.00 –	240.00	295.00 –	300.00	230.00 –	234.00	–		200.00 –	205.00	210.00 –	215.00
	Mullaittivu	–		240.00 –	245.00	290.00 –	295.00	230.00 –	235.00	–		195.00 –	200.00	205.00 –	210.00
	Batticaloa	250.00 –	260.00	–		300.00 –	300.00	225.00 –	230.00	–		205.00 –	205.00	200.00 –	210.00
	Trincomalee	–		240.00 –	245.00	290.00 –	300.00	230.00 –	235.00	–		225.00 –	225.00	220.00 –	220.00
	Hanguranketha	–		240.00 –	240.00	–		225.00 –	230.00	215.00 –	216.00	200.00 –	210.00	205.00 –	210.00
Veyangoda	260.00 –	270.00	240.00 –	240.00	300.00 –	310.00	230.00 –	230.00	205.00 –	210.00	220.00 –	220.00	200.00 –	210.00	
Galenbindunuwewa	–		240.00 –	240.00	–		230.00 –	230.00	220.00 –	220.00	215.00 –	220.00	210.00 –	220.00	
Bandarawela	–		–		320.00 –	330.00	230.00 –	230.00	–		185.00 –	205.00	190.00 –	210.00	
Matale	270.00 –	275.00	250.00 –	250.00	320.00 –	330.00	226.00 –	230.00	210.00 –	220.00	208.00 –	215.00	205.00 –	210.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 39: 26 Sep - 02 Oct 2025

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LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	30000 - 32500	10000 - 11000	11000 - 13500	5750 - 6500	7750 - 9000	9000 - 10500	10000 - 11500	32500 - 37500	46000 - 50000	11500 - 12150
Kurunegala	31000 - 31500	-	-	7000 - 7250	9000 - 9250	-	-	40000 - 41500	50000 - 50000	12000 - 12250
Nikaweratiya	31750 - 32250	11000 - 12000	-	6250 - 7000	9000 - 9750	-	-	42000 - 43000	-	12000 - 12500
Dehiattakandiya	32500 - 37500	-	15000 - 16500	7250 - 8000	9000 - 10000	-	11000 - 15000	37500 - 43000	-	11600 - 13250
Dambulla (DEC)	31500 - 31750	-	10000 - 11000	5750 - 6000	8250 - 9750	8250 - 8750	-	37500 - 38000	38500 - 39000	11750 - 12000
Anuradhapura	33000 - 35000	-	12000 - 15000	6250 - 7000	9500 - 10000	10500 - 11500	-	42500 - 44000	45000 - 50000	12000 - 12500
Thambuththegama	31000 - 31500	-	-	5750 - 6750	8500 - 9000	-	-	-	-	12250 - 12500
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	31000 - 36500	-	14000 - 15000	7250 - 7750	9000 - 10000	-	-	40000 - 41000	50000 - 55000	12000 - 12500
Puttalam	-	-	10000 - 11000	7750 - 8000	9500 - 10000	-	16000 - 16000	40000 - 41000	49000 - 50000	12000 - 12250
Kandy	31000 - 32500	11000 - 11500	12000 - 13000	6750 - 7000	8250 - 9250	9000 - 9500	10500 - 11000	36000 - 37500	54000 - 56000	12000 - 12250
Matara	31500 - 33000	-	13500 - 14000	6750 - 7000	9500 - 10000	-	13750 - 14000	41500 - 42500	-	12600 - 13250
Hambantota	31500 - 32000	-	10000 - 10500	6500 - 6750	9000 - 9500	10000 - 10500	-	-	-	12500 - 12750
Kegalle	35000 - 36500	12500 - 13000	-	7000 - 7250	9350 - 9500	-	13000 - 13600	40000 - 41000	-	12500 - 13500
Galle	32500 - 35000	-	12500 - 14000	7000 - 7500	9000 - 10000	-	13000 - 15000	41000 - 45000	47500 - 52500	12000 - 13500
Tissamaharama	32500 - 34000	11500 - 13000	-	6000 - 6400	8000 - 8750	-	11000 - 12500	36000 - 38000	42500 - 44500	12250 - 12400
Meegoda (DEC)	31500 - 32500	11000 - 12000	11000 - 11500	6000 - 6500	8400 - 9000	10000 - 10500	11000 - 11500	36000 - 42500	45000 - 50000	11600 - 12000
Jaffna	36500 - 36580	-	10500 - 11000	7400 - 7600	9750 - 10000	-	-	33000 - 34000	-	11500 - 11600
Vavuniya	32500 - 36000	-	12500 - 13500	7000 - 7500	10700 - 10750	-	10000 - 10750	32500 - 34000	-	12250 - 12750
Mannar	30850 - 32500	-	-	6400 - 7000	7750 - 8400	-	-	40000 - 41500	-	12100 - 12250
Killinochchi	32000 - 33000	-	11000 - 11500	-	9000 - 9500	-	11500 - 12000	42000 - 43000	-	12000 - 12250
Mullattivu	32500 - 34500	-	10000 - 11000	7000 - 7500	9000 - 10500	-	-	40500 - 43500	-	12500 - 12750
Batticaloa	31500 - 33000	-	12500 - 13500	5750 - 6000	7750 - 8000	9500 - 9500	14000 - 14500	40000 - 41500	-	12000 - 12500
Trincomalee	31000 - 31500	-	11500 - 11600	5750 - 6000	7750 - 8000	-	-	35000 - 36000	-	12500 - 13000
Galenbindunuwewa	33500 - 36000	-	13500 - 14500	7500 - 8000	10500 - 10600	11500 - 12500	16500 - 16500	43250 - 44000	43500 - 46500	12750 - 13250
Matale	30000 - 32500	-	13000 - 13500	6250 - 6500	8750 - 10000	9500 - 10000	-	35000 - 37500	47500 - 50000	11500 - 12000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	700.00 – 1000.00	300.00 – 380.00	300.00 – 520.00	150.00 – 200.00	200.00 – 280.00	280.00 – 360.00	350.00 – 480.00	900.00 – 1100.00	1100.00 – 1200.00	260.00 – 300.00
Gampaha	760.00 – 920.00	–	–	160.00 – 180.00	220.00 – 280.00	–	320.00 – 360.00	760.00 – 1000.00	1100.00 – 1120.00	270.00 – 280.00
Kurunegala	700.00 – 760.00	–	–	170.00 – 180.00	220.00 – 260.00	–	350.00 – 360.00	900.00 – 1000.00	1150.00 – 1280.00	250.00 – 280.00
Nikaweratiya	660.00 – 720.00	280.00 – 380.00	–	150.00 – 165.00	200.00 – 225.00	–	–	890.00 – 950.00	–	265.00 – 290.00
Dambulla	700.00 – 750.00	–	300.00 – 320.00	150.00 – 160.00	220.00 – 240.00	280.00 – 300.00	–	850.00 – 900.00	900.00 – 1000.00	255.00 – 270.00
Anuradhapura	700.00 – 800.00	–	300.00 – 400.00	150.00 – 170.00	220.00 – 230.00	260.00 – 280.00	–	900.00 – 960.00	1000.00 – 1100.00	260.00 – 280.00
Thambuththegama	750.00 – 820.00	–	–	150.00 – 180.00	200.00 – 230.00	–	–	950.00 – 950.00	980.00 – 980.00	255.00 – 265.00
Polonnaruwa	–	–	–	–	–	–	–	–	–	–
Kaluthara	690.00 – 760.00	–	320.00 – 400.00	180.00 – 180.00	200.00 – 260.00	–	300.00 – 380.00	800.00 – 850.00	1200.00 – 1400.00	245.00 – 270.00
Badulla	700.00 – 750.00	–	300.00 – 400.00	150.00 – 160.00	200.00 – 240.00	240.00 – 320.00	–	800.00 – 850.00	900.00 – 1000.00	260.00 – 280.00
Keppetipola	680.00 – 700.00	250.00 – 260.00	300.00 – 320.00	150.00 – 165.00	200.00 – 220.00	240.00 – 260.00	–	900.00 – 950.00	1100.00 – 1100.00	250.00 – 265.00
Moneragala	700.00 – 800.00	–	300.00 – 400.00	160.00 – 180.00	220.00 – 240.00	260.00 – 300.00	–	800.00 – 900.00	900.00 – 1000.00	260.00 – 280.00
Kegalle	750.00 – 900.00	280.00 – 320.00	–	170.00 – 180.00	220.00 – 240.00	280.00 – 320.00	–	900.00 – 960.00	1100.00 – 1100.00	250.00 – 270.00
Ampara	700.00 – 750.00	270.00 – 300.00	–	150.00 – 180.00	205.00 – 230.00	260.00 – 300.00	–	880.00 – 920.00	980.00 – 1300.00	242.00 – 260.00
Dehiattakandiya	700.00 – 760.00	–	350.00 – 360.00	160.00 – 180.00	200.00 – 220.00	240.00 – 320.00	–	850.00 – 880.00	–	240.00 – 280.00
Nuwaraeliya	700.00 – 750.00	240.00 – 260.00	300.00 – 330.00	150.00 – 170.00	200.00 – 220.00	–	260.00 – 270.00	850.00 – 900.00	1100.00 – 1200.00	255.00 – 265.00
Kandy	720.00 – 800.00	–	360.00 – 380.00	170.00 – 180.00	220.00 – 240.00	300.00 – 320.00	340.00 – 360.00	900.00 – 960.00	1200.00 – 1300.00	260.00 – 280.00
Puttalam	680.00 – 760.00	–	350.00 – 400.00	180.00 – 200.00	220.00 – 240.00	–	350.00 – 400.00	950.00 – 1100.00	1100.00 – 1400.00	260.00 – 300.00
Rathnapura	750.00 – 850.00	260.00 – 320.00	–	160.00 – 200.00	200.00 – 230.00	240.00 – 260.00	–	840.00 – 920.00	1100.00 – 1165.00	270.00 – 290.00
Hambantota	700.00 – 730.00	–	–	160.00 – 170.00	220.00 – 230.00	240.00 – 250.00	–	–	–	280.00 – 285.00
Matara	700.00 – 750.00	–	300.00 – 380.00	150.00 – 170.00	230.00 – 240.00	250.00 – 300.00	320.00 – 320.00	900.00 – 1000.00	1050.00 – 1150.00	270.00 – 300.00
Galle	740.00 – 760.00	–	300.00 – 440.00	160.00 – 170.00	200.00 – 240.00	280.00 – 300.00	320.00 – 360.00	850.00 – 1100.00	1000.00 – 1100.00	270.00 – 300.00
Tissamaharama	700.00 – 780.00	300.00 – 320.00	–	150.00 – 170.00	200.00 – 220.00	280.00 – 300.00	–	800.00 – 840.00	940.00 – 970.00	260.00 – 280.00
Meegoda (DEC)	680.00 – 700.00	360.00 – 400.00	360.00 – 360.00	150.00 – 160.00	220.00 – 240.00	240.00 – 300.00	320.00 – 320.00	920.00 – 1040.00	1200.00 – 1280.00	260.00 – 280.00
Embilipitiya	675.00 – 720.00	270.00 – 290.00	300.00 – 320.00	155.00 – 160.00	210.00 – 220.00	280.00 – 300.00	–	780.00 – 840.00	1100.00 – 1250.00	250.00 – 300.00
Jaffna	750.00 – 800.00	–	240.00 – 250.00	160.00 – 200.00	220.00 – 230.00	240.00 – 250.00	–	–	–	250.00 – 260.00
Vavuniya	850.00 – 880.00	–	300.00 – 320.00	160.00 – 170.00	240.00 – 250.00	220.00 – 240.00	–	–	–	270.00 – 280.00
Mannar	760.00 – 800.00	–	–	180.00 – 200.00	245.00 – 250.00	–	–	800.00 – 850.00	–	280.00 – 300.00
Killinochchi	680.00 – 700.00	–	250.00 – 260.00	–	200.00 – 220.00	240.00 – 260.00	–	880.00 – 900.00	–	250.00 – 260.00
Mullaittivu	680.00 – 720.00	–	240.00 – 260.00	–	200.00 – 220.00	–	–	850.00 – 900.00	–	255.00 – 260.00
Batticaloa	800.00 – 850.00	–	250.00 – 260.00	150.00 – 150.00	250.00 – 250.00	300.00 – 350.00	350.00 – 350.00	900.00 – 900.00	–	300.00 – 300.00
Trincomalee	700.00 – 720.00	–	260.00 – 280.00	160.00 – 170.00	220.00 – 230.00	–	–	850.00 – 900.00	–	275.00 – 280.00
Hanguranketha	700.00 – 720.00	–	–	160.00 – 165.00	205.00 – 220.00	250.00 – 250.00	–	900.00 – 900.00	950.00 – 1100.00	240.00 – 245.00
Veyangoda	700.00 – 760.00	320.00 – 360.00	–	160.00 – 200.00	220.00 – 260.00	280.00 – 320.00	320.00 – 360.00	800.00 – 1000.00	1000.00 – 1200.00	240.00 – 300.00
Galenbindunuwewa	700.00 – 800.00	300.00 – 330.00	280.00 – 290.00	160.00 – 170.00	220.00 – 240.00	240.00 – 260.00	340.00 – 340.00	830.00 – 900.00	900.00 – 950.00	260.00 – 270.00
Bandarawela	700.00 – 750.00	300.00 – 340.00	340.00 – 400.00	150.00 – 170.00	220.00 – 250.00	260.00 – 280.00	–	900.00 – 1000.00	1200.00 – 1200.00	250.00 – 280.00
Matale	690.00 – 760.00	–	280.00 – 320.00	150.00 – 160.00	200.00 – 210.00	240.00 – 280.00	320.00 – 320.00	800.00 – 900.00	1050.00 – 1200.00	250.00 – 260.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	250.00 - 300.00	100.00 - 150.00	80.00 - 100.00	60.00 - 100.00	80.00 - 120.00
Meegoda (DEC)	-	300.00 - 340.00	150.00 - 190.00	90.00 - 120.00	70.00 - 90.00	120.00 - 140.00
Dambulla (DEC)	-	250.00 - 300.00	120.00 - 150.00	80.00 - 100.00	50.00 - 90.00	80.00 - 100.00
Keppetipola (DEC)	-	250.00 - 270.00	100.00 - 130.00	80.00 - 90.00	70.00 - 80.00	70.00 - 100.00
Norochchole (DEC)	-	300.00 - 350.00	200.00 - 240.00	170.00 - 200.00	50.00 - 60.00	40.00 - 50.00
Nuwara Eliya	-	270.00 - 290.00	150.00 - 160.00	90.00 - 100.00	80.00 - 90.00	80.00 - 90.00
Kandy	-	250.00 - 280.00	130.00 - 150.00	80.00 - 90.00	65.00 - 80.00	90.00 - 100.00
Hambantota	-	320.00 - 350.00	150.00 - 180.00	150.00 - 180.00	130.00 - 150.00	150.00 - 170.00
Thambuththegama (DEC)	-	300.00 - 350.00	150.00 - 200.00	110.00 - 140.00	90.00 - 100.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	260.00 - 300.00	120.00 - 150.00	80.00 - 90.00	80.00 - 100.00	80.00 - 100.00
Veyangoda	-	300.00 - 340.00	140.00 - 180.00	110.00 - 140.00	70.00 - 90.00	110.00 - 130.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	30.00 - 60.00	50.00 - 100.00	100.00 - 130.00	100.00 - 150.00	120.00 - 200.00	180.00 - 350.00
Meegoda (DEC)	90.00 - 120.00	90.00 - 120.00	120.00 - 140.00	160.00 - 180.00	160.00 - 200.00	230.00 - 280.00
Moneragala	160.00 - 170.00	150.00 - 170.00	140.00 - 150.00	150.00 - 170.00	180.00 - 200.00	200.00 - 350.00
Dambulla (DEC)	40.00 - 50.00	60.00 - 80.00	90.00 - 100.00	120.00 - 140.00	160.00 - 180.00	180.00 - 220.00
Keppetipola (DEC)	60.00 - 80.00	60.00 - 80.00	100.00 - 120.00	140.00 - 150.00	110.00 - 130.00	360.00 - 380.00
Norochchole (DEC)	20.00 - 40.00	80.00 - 100.00	120.00 - 140.00	140.00 - 140.00	80.00 - 180.00	180.00 - 250.00
Nuwara Eliya	50.00 - 70.00	80.00 - 90.00	100.00 - 130.00	150.00 - 160.00	140.00 - 160.00	360.00 - 380.00
Kandy	70.00 - 80.00	60.00 - 80.00	110.00 - 120.00	160.00 - 170.00	130.00 - 150.00	250.00 - 300.00
Hambantota	100.00 - 130.00	120.00 - 140.00	100.00 - 120.00	140.00 - 150.00	200.00 - 250.00	300.00 - 350.00
Thambuththegama (DEC)	70.00 - 80.00	100.00 - 150.00	100.00 - 130.00	130.00 - 150.00	160.00 - 200.00	220.00 - 280.00
Tissamaharama	100.00 - 130.00	120.00 - 140.00	120.00 - 140.00	150.00 - 180.00	180.00 - 200.00	240.00 - 260.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	65.00 - 80.00	100.00 - 120.00	150.00 - 160.00	120.00 - 140.00	260.00 - 300.00
Veyangoda	70.00 - 90.00	110.00 - 130.00	120.00 - 140.00	160.00 - 180.00	180.00 - 230.00	260.00 - 300.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	30.00 - 50.00	100.00 - 130.00	250.00 - 350.00	150.00 - 220.00	150.00 - 300.00	150.00 - 200.00
Meegoda (DEC)	50.00 - 60.00	100.00 - 120.00	300.00 - 330.00	200.00 - 230.00	160.00 - 180.00	180.00 - 230.00
Moneragala	60.00 - 70.00	120.00 - 160.00	300.00 - 350.00	250.00 - 270.00	220.00 - 250.00	250.00 - 280.00
Dambulla (DEC)	35.00 - 45.00	100.00 - 120.00	270.00 - 330.00	150.00 - 180.00	120.00 - 140.00	150.00 - 180.00
Keppetipola (DEC)	50.00 - 55.00	100.00 - 110.00	280.00 - 320.00	180.00 - 200.00	150.00 - 180.00	190.00 - 200.00
Norochchole (DEC)	30.00 - 40.00	60.00 - 80.00	300.00 - 340.00	130.00 - 160.00	120.00 - 150.00	100.00 - 120.00
Nuwara Eliya	40.00 - 50.00	110.00 - 120.00	320.00 - 330.00	190.00 - 200.00	180.00 - 200.00	200.00 - 220.00
Kandy	40.00 - 50.00	120.00 - 130.00	280.00 - 300.00	180.00 - 200.00	160.00 - 180.00	160.00 - 180.00
Hambantota	60.00 - 80.00	150.00 - 180.00	250.00 - 300.00	200.00 - 250.00	250.00 - 300.00	250.00 - 280.00
Thambuththegama (DEC)	30.00 - 45.00	90.00 - 100.00	250.00 - 280.00	150.00 - 180.00	100.00 - 130.00	80.00 - 120.00
Tissamaharama	50.00 - 60.00	100.00 - 130.00	350.00 - 370.00	220.00 - 240.00	200.00 - 230.00	200.00 - 230.00
Jaffna	-	-	-	-	-	-
Bandarawela	35.00 - 40.00	120.00 - 130.00	300.00 - 330.00	180.00 - 190.00	200.00 - 230.00	200.00 - 220.00
Veyangoda	50.00 - 60.00	80.00 - 120.00	300.00 - 330.00	180.00 - 200.00	150.00 - 180.00	150.00 - 180.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	130.00 - 200.00	40.00 - 60.00	120.00 - 220.00	##### - #####	100.00 - 130.00	60.00 - 100.00
Meegoda (DEC)	150.00 - 180.00	70.00 - 100.00	180.00 - 220.00	##### - #####	100.00 - 120.00	100.00 - 110.00
Moneragala	160.00 - 180.00	50.00 - 70.00	220.00 - 330.00	##### - #####	120.00 - 140.00	80.00 - 90.00
Dambulla (DEC)	140.00 - 180.00	60.00 - 80.00	120.00 - 180.00	##### - #####	60.00 - 80.00	80.00 - 90.00
Keppetipola (DEC)	130.00 - 140.00	60.00 - 70.00	220.00 - 250.00	##### - #####	100.00 - 120.00	75.00 - 80.00
Norochhole (DEC)	120.00 - 120.00	60.00 - 70.00	180.00 - 220.00	##### - #####	-	70.00 - 90.00
Nuwara Eliya	150.00 - 160.00	80.00 - 100.00	240.00 - 260.00	##### - #####	100.00 - 120.00	80.00 - 90.00
Kandy	130.00 - 150.00	70.00 - 80.00	180.00 - 200.00	##### - #####	100.00 - 120.00	80.00 - 90.00
Hambantota	230.00 - 250.00	80.00 - 100.00	180.00 - 220.00	##### - #####	150.00 - 200.00	80.00 - 100.00
Thambuththegama (DEC)	150.00 - 160.00	60.00 - 70.00	130.00 - 160.00	##### - #####	90.00 - 110.00	70.00 - 80.00
Tissamaharama	120.00 - 150.00	50.00 - 60.00	200.00 - 220.00	##### - #####	180.00 - 200.00	120.00 - 130.00
Jaffna	-	-	-	-	-	-
Bandarawela	150.00 - 160.00	60.00 - 70.00	230.00 - 260.00	##### - #####	110.00 - 120.00	-
Veyangoda	140.00 - 160.00	80.00 - 100.00	230.00 - 260.00	##### - #####	90.00 - 110.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	300.00 - 320.00	175.00 - 185.00	150.00 - 165.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	240.00 - 240.00	180.00 - 185.00	150.00 - 165.00
Norochhole (DEC)	40.00 - 40.00	40.00 - 40.00	-	150.00 - 160.00	130.00 - 140.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	125.00 - 125.00	140.00 - 145.00	115.00 - 120.00
Kandy	35.00 - 40.00	35.00 - 40.00	240.00 - 250.00	150.00 - 160.00	115.00 - 125.00
Hambantota	40.00 - 45.00	30.00 - 35.00	180.00 - 190.00	160.00 - 180.00	120.00 - 130.00
Thambuththegama (DEC)	-	-	-	150.00 - 160.00	110.00 - 120.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	-	100.00 - 120.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	220.00 - 240.00	-	-

Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

	LOCATIONS	Up Country Varieties																								
		Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato									
15	Colombo	-	300.00	-	600.00	180.00	-	400.00	150.00	-	300.00	150.00	-	340.00	150.00	-	320.00	180.00	-	320.00	180.00	-	320.00			
	Gampaha	-	400.00	-	450.00	320.00	-	360.00	200.00	-	240.00	200.00	-	260.00	240.00	-	280.00	200.00	-	240.00	240.00	-	320.00	220.00	-	240.00
	Kurunegala	-	400.00	-	460.00	300.00	-	340.00	240.00	-	280.00	160.00	-	200.00	180.00	-	220.00	180.00	-	220.00	280.00	-	320.00	260.00	-	300.00
	Nikaweratiya	-	400.00	-	480.00	320.00	-	420.00	240.00	-	320.00	160.00	-	260.00	200.00	-	280.00	140.00	-	180.00	240.00	-	320.00	240.00	-	320.00
	Dambulla	-	400.00	-	440.00	300.00	-	320.00	200.00	-	240.00	160.00	-	180.00	240.00	-	260.00	140.00	-	160.00	240.00	-	280.00	200.00	-	240.00
	Anuradhapura	-	460.00	-	520.00	320.00	-	360.00	240.00	-	320.00	200.00	-	240.00	200.00	-	260.00	160.00	-	200.00	240.00	-	320.00	240.00	-	320.00
	Thambuththegama	-	460.00	-	520.00	320.00	-	360.00	240.00	-	250.00	160.00	-	220.00	-	-	150.00	-	180.00	240.00	-	280.00	200.00	-	220.00	
	Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Kaluthara	-	320.00	-	440.00	200.00	-	300.00	200.00	-	300.00	200.00	-	240.00	200.00	-	280.00	180.00	-	240.00	200.00	-	300.00	200.00	-	300.00
	Badulla	-	320.00	-	400.00	200.00	-	240.00	150.00	-	200.00	200.00	-	240.00	200.00	-	240.00	160.00	-	200.00	120.00	-	200.00	160.00	-	200.00
	Keppetipola	-	320.00	-	350.00	160.00	-	180.00	160.00	-	180.00	150.00	-	170.00	160.00	-	180.00	140.00	-	150.00	120.00	-	140.00	160.00	-	200.00
	Moneragala	-	400.00	-	520.00	240.00	-	320.00	240.00	-	320.00	240.00	-	300.00	-	-	200.00	-	240.00	240.00	-	320.00	200.00	-	240.00	
	Kegalle	-	440.00	-	480.00	360.00	-	400.00	280.00	-	320.00	200.00	-	240.00	240.00	-	280.00	240.00	-	280.00	280.00	-	320.00	240.00	-	280.00
	Ampara	-	360.00	-	400.00	260.00	-	360.00	200.00	-	240.00	160.00	-	180.00	200.00	-	240.00	200.00	-	260.00	220.00	-	280.00	240.00	-	260.00
	Dehiattakandiya	-	400.00	-	480.00	300.00	-	320.00	200.00	-	200.00	200.00	-	240.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	200.00	-	300.00
	Nuwaraeliya	-	380.00	-	400.00	260.00	-	280.00	200.00	-	220.00	160.00	-	180.00	150.00	-	170.00	140.00	-	150.00	180.00	-	200.00	240.00	-	260.00
	Kandy	-	360.00	-	400.00	240.00	-	260.00	160.00	-	200.00	120.00	-	160.00	160.00	-	200.00	160.00	-	200.00	120.00	-	160.00	160.00	-	180.00
	Puttalam	-	450.00	-	500.00	300.00	-	360.00	260.00	-	300.00	200.00	-	300.00	240.00	-	300.00	200.00	-	240.00	300.00	-	320.00	300.00	-	320.00
	Hambantota	-	400.00	-	430.00	220.00	-	300.00	200.00	-	250.00	160.00	-	200.00	200.00	-	240.00	170.00	-	200.00	200.00	-	240.00	160.00	-	200.00
	Rathnapura	-	350.00	-	460.00	240.00	-	280.00	180.00	-	230.00	200.00	-	250.00	160.00	-	220.00	150.00	-	200.00	200.00	-	270.00	220.00	-	280.00
	Matara	-	400.00	-	480.00	200.00	-	220.00	200.00	-	220.00	150.00	-	160.00	160.00	-	200.00	140.00	-	160.00	200.00	-	220.00	180.00	-	220.00
	Galle	-	400.00	-	480.00	280.00	-	320.00	200.00	-	280.00	160.00	-	180.00	280.00	-	320.00	160.00	-	200.00	240.00	-	300.00	200.00	-	260.00
	Tissamaharama	-	400.00	-	430.00	220.00	-	250.00	160.00	-	180.00	180.00	-	200.00	180.00	-	200.00	160.00	-	180.00	160.00	-	180.00	170.00	-	200.00
	Meegoda (DEC)	-	400.00	-	480.00	300.00	-	320.00	200.00	-	240.00	160.00	-	200.00	240.00	-	320.00	200.00	-	280.00	240.00	-	300.00	240.00	-	280.00
	Embilipitiya	-	400.00	-	480.00	280.00	-	320.00	200.00	-	280.00	200.00	-	280.00	160.00	-	200.00	140.00	-	150.00	280.00	-	320.00	160.00	-	200.00
	Jaffna	-	440.00	-	450.00	250.00	-	260.00	180.00	-	220.00	80.00	-	100.00	-	-	110.00	-	120.00	180.00	-	200.00	190.00	-	210.00	
	Vavuniya	-	500.00	-	580.00	200.00	-	240.00	200.00	-	240.00	200.00	-	250.00	150.00	-	200.00	150.00	-	200.00	240.00	-	300.00	250.00	-	270.00
	Mannar	-	400.00	-	480.00	360.00	-	400.00	250.00	-	250.00	220.00	-	240.00	-	-	180.00	-	200.00	300.00	-	320.00	320.00	-	350.00	
	Killinochchi	-	380.00	-	420.00	280.00	-	320.00	200.00	-	220.00	150.00	-	180.00	150.00	-	160.00	140.00	-	150.00	200.00	-	220.00	230.00	-	250.00
	Mullaittivu	-	400.00	-	450.00	300.00	-	350.00	180.00	-	220.00	180.00	-	220.00	-	-	140.00	-	150.00	200.00	-	240.00	200.00	-	250.00	
Batticaloa	-	350.00	-	400.00	250.00	-	250.00	250.00	-	250.00	150.00	-	150.00	150.00	-	150.00	150.00	-	200.00	250.00	-	250.00	320.00	-	350.00	
Trincomalee	-	420.00	-	440.00	300.00	-	320.00	240.00	-	250.00	150.00	-	160.00	160.00	-	180.00	150.00	-	160.00	220.00	-	240.00	240.00	-	250.00	
Hanguranketha	-	310.00	-	340.00	160.00	-	170.00	140.00	-	150.00	120.00	-	130.00	100.00	-	110.00	80.00	-	100.00	100.00	-	110.00	150.00	-	160.00	
Veyangoda	-	440.00	-	480.00	240.00	-	320.00	200.00	-	240.00	160.00	-	200.00	200.00	-	240.00	160.00	-	200.00	200.00	-	240.00	200.00	-	240.00	
Galenbindunuwewa	-	480.00	-	520.00	300.00	-	340.00	280.00	-	320.00	160.00	-	180.00	160.00	-	180.00	140.00	-	200.00	280.00	-	320.00	220.00	-	250.00	
Bandarawela	-	360.00	-	400.00	200.00	-	260.00	180.00	-	200.00	200.00	-	220.00	160.00	-	200.00	130.00	-	140.00	200.00	-	240.00	200.00	-	220.00	
Matale	-	480.00	-	520.00	240.00	-	280.00	200.00	-	240.00	160.00	-	180.00	200.00	-	240.00	160.00	-	200.00	200.00	-	240.00	200.00	-	240.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	230.00 - 380.00	260.00 - 400.00	320.00 - 720.00	80.00 - 200.00	140.00 - 320.00	350.00 - 580.00	250.00 - 400.00	280.00 - 480.00	250.00 - 480.00	220.00 - 380.00		
Gampaha	280.00 - 320.00	360.00 - 400.00	400.00 - 500.00	100.00 - 120.00	220.00 - 250.00	480.00 - 520.00	350.00 - 380.00	390.00 - 400.00	380.00 - 400.00	280.00 - 320.00		
Kurunegala	200.00 - 260.00	300.00 - 380.00	400.00 - 500.00	100.00 - 120.00	200.00 - 240.00	460.00 - 500.00	320.00 - 350.00	350.00 - 400.00	360.00 - 400.00	260.00 - 320.00		
Nikaweratiya	240.00 - 350.00	320.00 - 400.00	350.00 - 480.00	80.00 - 140.00	240.00 - 300.00	350.00 - 450.00	260.00 - 300.00	240.00 - 340.00	240.00 - 320.00	240.00 - 320.00		
Dambulla	200.00 - 240.00	280.00 - 320.00	480.00 - 500.00	120.00 - 160.00	200.00 - 240.00	460.00 - 480.00	280.00 - 300.00	260.00 - 280.00	340.00 - 380.00	260.00 - 300.00		
Anuradhapura	240.00 - 320.00	280.00 - 360.00	380.00 - 440.00	100.00 - 140.00	240.00 - 280.00	400.00 - 480.00	280.00 - 320.00	320.00 - 400.00	280.00 - 360.00	280.00 - 360.00		
Thambuththegama	240.00 - 250.00	320.00 - 400.00	320.00 - 400.00	80.00 - 120.00	160.00 - 220.00	400.00 - 500.00	300.00 - 360.00	200.00 - 220.00	160.00 - 200.00	240.00 - 280.00		
Polonnaruwa	-	-	-	-	-	-	-	-	-	-		
Kaluthara	200.00 - 340.00	300.00 - 400.00	400.00 - 480.00	150.00 - 200.00	200.00 - 240.00	400.00 - 480.00	300.00 - 350.00	320.00 - 400.00	260.00 - 400.00	300.00 - 360.00		
Badulla	200.00 - 240.00	200.00 - 240.00	320.00 - 480.00	120.00 - 160.00	200.00 - 240.00	480.00 - 520.00	320.00 - 400.00	320.00 - 340.00	320.00 - 360.00	260.00 - 320.00		
Keppetipola	200.00 - 220.00	180.00 - 220.00	450.00 - 480.00	100.00 - 120.00	160.00 - 180.00	400.00 - 420.00	280.00 - 300.00	250.00 - 260.00	280.00 - 300.00	200.00 - 220.00		
Moneragala	240.00 - 320.00	260.00 - 300.00	320.00 - 440.00	100.00 - 120.00	200.00 - 240.00	400.00 - 480.00	280.00 - 360.00	320.00 - 400.00	320.00 - 400.00	240.00 - 300.00		
Kegalle	280.00 - 320.00	280.00 - 320.00	400.00 - 440.00	100.00 - 140.00	240.00 - 280.00	440.00 - 480.00	280.00 - 320.00	280.00 - 320.00	320.00 - 360.00	320.00 - 360.00		
Ampara	200.00 - 240.00	220.00 - 320.00	380.00 - 420.00	100.00 - 160.00	180.00 - 240.00	360.00 - 400.00	280.00 - 320.00	300.00 - 360.00	380.00 - 420.00	260.00 - 280.00		
Dehiattakandiya	300.00 - 300.00	200.00 - 300.00	400.00 - 400.00	80.00 - 100.00	200.00 - 200.00	400.00 - 400.00	300.00 - 300.00	300.00 - 300.00	240.00 - 300.00	300.00 - 300.00		
Nuwaraeliya	250.00 - 260.00	240.00 - 260.00	460.00 - 480.00	90.00 - 100.00	220.00 - 240.00	400.00 - 420.00	300.00 - 320.00	280.00 - 300.00	300.00 - 320.00	250.00 - 260.00		
Kandy	240.00 - 260.00	200.00 - 240.00	360.00 - 400.00	100.00 - 120.00	180.00 - 200.00	450.00 - 480.00	260.00 - 300.00	320.00 - 400.00	320.00 - 360.00	200.00 - 240.00		
Puttalam	280.00 - 320.00	300.00 - 320.00	400.00 - 450.00	180.00 - 200.00	200.00 - 260.00	450.00 - 520.00	300.00 - 320.00	300.00 - 350.00	320.00 - 350.00	300.00 - 320.00		
Rathnapura	200.00 - 250.00	260.00 - 330.00	400.00 - 480.00	100.00 - 140.00	150.00 - 200.00	400.00 - 500.00	240.00 - 280.00	300.00 - 400.00	340.00 - 380.00	280.00 - 350.00		
Hambantota	200.00 - 240.00	300.00 - 350.00	400.00 - 430.00	100.00 - 130.00	200.00 - 240.00	400.00 - 430.00	300.00 - 330.00	-	400.00 - 430.00	300.00 - 330.00		
Matara	220.00 - 260.00	320.00 - 400.00	320.00 - 360.00	80.00 - 120.00	180.00 - 220.00	360.00 - 400.00	320.00 - 400.00	240.00 - 300.00	320.00 - 420.00	280.00 - 320.00		
Galle	240.00 - 280.00	320.00 - 400.00	320.00 - 400.00	100.00 - 150.00	160.00 - 200.00	400.00 - 480.00	300.00 - 380.00	280.00 - 400.00	320.00 - 380.00	280.00 - 360.00		
Tissamaharama	200.00 - 220.00	240.00 - 260.00	-	100.00 - 110.00	150.00 - 180.00	400.00 - 430.00	260.00 - 280.00	250.00 - 280.00	250.00 - 280.00	200.00 - 240.00		
Meegoda (DEC)	280.00 - 320.00	320.00 - 360.00	400.00 - 480.00	100.00 - 120.00	240.00 - 280.00	400.00 - 480.00	300.00 - 360.00	-	320.00 - 400.00	280.00 - 360.00		
Embilipitiya	240.00 - 280.00	280.00 - 320.00	320.00 - 480.00	80.00 - 120.00	200.00 - 240.00	480.00 - 520.00	240.00 - 280.00	320.00 - 400.00	280.00 - 320.00	240.00 - 300.00		
Jaffna	200.00 - 250.00	180.00 - 210.00	370.00 - 400.00	60.00 - 70.00	-	500.00 - 530.00	190.00 - 220.00	290.00 - 310.00	-	200.00 - 220.00		
Vavuniya	200.00 - 220.00	160.00 - 200.00	300.00 - 340.00	60.00 - 80.00	200.00 - 240.00	550.00 - 580.00	250.00 - 300.00	350.00 - 400.00	240.00 - 260.00	300.00 - 340.00		
Mannar	220.00 - 230.00	280.00 - 300.00	-	180.00 - 200.00	-	380.00 - 420.00	250.00 - 300.00	250.00 - 250.00	-	250.00 - 300.00		
Killinochchi	200.00 - 230.00	200.00 - 230.00	360.00 - 400.00	100.00 - 120.00	160.00 - 180.00	400.00 - 430.00	230.00 - 250.00	400.00 - 430.00	-	240.00 - 260.00		
Mullaittivu	250.00 - 300.00	-	320.00 - 360.00	100.00 - 120.00	150.00 - 160.00	500.00 - 550.00	250.00 - 280.00	280.00 - 320.00	-	280.00 - 320.00		
Batticaloa	200.00 - 220.00	190.00 - 200.00	-	80.00 - 100.00	-	380.00 - 420.00	250.00 - 250.00	250.00 - 250.00	250.00 - 300.00	200.00 - 250.00		
Trincomalee	200.00 - 240.00	240.00 - 250.00	400.00 - 450.00	140.00 - 150.00	240.00 - 250.00	340.00 - 350.00	200.00 - 240.00	350.00 - 400.00	240.00 - 260.00	200.00 - 240.00		
Hanguranketha	200.00 - 220.00	160.00 - 200.00	320.00 - 340.00	70.00 - 80.00	160.00 - 180.00	310.00 - 360.00	250.00 - 250.00	200.00 - 240.00	250.00 - 280.00	180.00 - 180.00		
Veyangoda	280.00 - 320.00	320.00 - 360.00	360.00 - 400.00	100.00 - 160.00	200.00 - 240.00	440.00 - 480.00	320.00 - 360.00	280.00 - 320.00	240.00 - 320.00	240.00 - 280.00		
Galenbindunuwewa	200.00 - 240.00	280.00 - 320.00	400.00 - 430.00	70.00 - 100.00	160.00 - 200.00	360.00 - 480.00	260.00 - 280.00	350.00 - 440.00	280.00 - 320.00	260.00 - 320.00		
Bandarawela	180.00 - 200.00	220.00 - 260.00	350.00 - 400.00	120.00 - 150.00	160.00 - 200.00	380.00 - 420.00	240.00 - 280.00	300.00 - 360.00	280.00 - 300.00	220.00 - 260.00		
Matale	280.00 - 320.00	280.00 - 320.00	400.00 - 480.00	120.00 - 160.00	200.00 - 240.00	400.00 - 480.00	320.00 - 360.00	300.00 - 320.00	240.00 - 280.00	280.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 260.00	220.00 - 480.00	1600.00 - 2200.00	160.00 - 320.00	140.00 - 240.00	50.00 - 100.00	50.00 - 100.00	180.00 - 340.00	200.00 - 220.00	180.00 - 190.00
Gampaha	200.00 - 240.00	360.00 - 400.00	1950.00 - 2000.00	240.00 - 260.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	150.00 - 170.00
Kurunegala	160.00 - 220.00	300.00 - 400.00	1850.00 - 2000.00	180.00 - 200.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	40.00 - 60.00	190.00 - 200.00	145.00 - 160.00
Nikaweratiya	160.00 - 230.00	350.00 - 550.00	1500.00 - 1800.00	200.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	170.00 - 180.00	140.00 - 160.00
Dambulla	160.00 - 180.00	400.00 - 450.00	1900.00 - 2000.00	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	170.00 - 180.00	140.00 - 150.00
Anuradhapura	180.00 - 200.00	300.00 - 400.00	1600.00 - 1800.00	200.00 - 240.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 180.00	120.00 - 150.00
Thambuththegama	120.00 - 140.00	220.00 - 280.00	1800.00 - 2200.00	200.00 - 250.00	150.00 - 180.00	-	-	-	160.00 - 170.00	120.00 - 120.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	200.00 - 240.00	300.00 - 500.00	1500.00 - 1600.00	240.00 - 260.00	160.00 - 200.00	70.00 - 80.00	80.00 - 80.00	100.00 - 120.00	190.00 - 220.00	140.00 - 160.00
Badulla	200.00 - 240.00	300.00 - 400.00	1600.00 - 1800.00	200.00 - 220.00	200.00 - 200.00	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	180.00 - 180.00	160.00 - 170.00
Keppetipola	120.00 - 150.00	320.00 - 350.00	1700.00 - 1800.00	160.00 - 180.00	120.00 - 130.00	40.00 - 50.00	40.00 - 50.00	35.00 - 40.00	180.00 - 190.00	160.00 - 170.00
Moneragala	100.00 - 120.00	320.00 - 400.00	1600.00 - 1800.00	200.00 - 240.00	100.00 - 120.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	160.00 - 180.00	120.00 - 140.00
Kegalle	200.00 - 240.00	350.00 - 400.00	1950.00 - 2000.00	240.00 - 280.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Ampara	200.00 - 260.00	360.00 - 420.00	1400.00 - 1500.00	200.00 - 260.00	120.00 - 140.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	180.00 - 180.00	140.00 - 160.00
Dehiattakandiya	200.00 - 260.00	600.00 - 600.00	2200.00 - 2200.00	200.00 - 300.00	200.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	110.00 - 130.00
Nuwaraeliya	180.00 - 200.00	360.00 - 400.00	1900.00 - 2000.00	220.00 - 230.00	170.00 - 180.00	30.00 - 40.00	30.00 - 40.00	25.00 - 30.00	180.00 - 190.00	160.00 - 170.00
Kandy	140.00 - 160.00	320.00 - 400.00	2000.00 - 2200.00	160.00 - 200.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	165.00 - 175.00	120.00 - 130.00
Puttalam	150.00 - 200.00	400.00 - 420.00	1800.00 - 2000.00	240.00 - 300.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	190.00 - 200.00	160.00 - 170.00
Rathnapura	120.00 - 160.00	300.00 - 380.00	1200.00 - 1300.00	200.00 - 260.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	160.00 - 175.00
Hambanthota	120.00 - 160.00	280.00 - 300.00	2000.00 - 2100.00	200.00 - 230.00	150.00 - 170.00	50.00 - 55.00	50.00 - 55.00	75.00 - 80.00	200.00 - 220.00	160.00 - 170.00
Matara	120.00 - 160.00	200.00 - 240.00	1400.00 - 1700.00	160.00 - 200.00	100.00 - 140.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	180.00 - 200.00	140.00 - 160.00
Galle	120.00 - 200.00	300.00 - 400.00	1800.00 - 2000.00	200.00 - 260.00	180.00 - 200.00	50.00 - 70.00	50.00 - 70.00	70.00 - 80.00	180.00 - 200.00	150.00 - 160.00
Tissamaharama	80.00 - 100.00	250.00 - 280.00	1700.00 - 1800.00	220.00 - 240.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	160.00 - 180.00	110.00 - 130.00
Meegoda (DEC)	180.00 - 240.00	360.00 - 400.00	2000.00 - 2200.00	200.00 - 240.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	190.00 - 200.00	160.00 - 170.00
Embilipitiya	80.00 - 100.00	300.00 - 400.00	1800.00 - 2000.00	180.00 - 240.00	150.00 - 170.00	70.00 - 80.00	70.00 - 80.00	100.00 - 120.00	160.00 - 180.00	130.00 - 150.00
Jaffna	80.00 - 100.00	140.00 - 160.00	1200.00 - 1300.00	200.00 - 250.00	180.00 - 210.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	190.00 - 210.00	140.00 - 160.00
Vavuniya	200.00 - 250.00	200.00 - 240.00	1600.00 - 1700.00	200.00 - 240.00	200.00 - 220.00	55.00 - 60.00	50.00 - 60.00	60.00 - 65.00	220.00 - 240.00	160.00 - 180.00
Mannar	180.00 - 220.00	300.00 - 380.00	-	230.00 - 250.00	150.00 - 200.00	60.00 - 70.00	-	60.00 - 75.00	175.00 - 180.00	100.00 - 105.00
Killinochchi	130.00 - 150.00	240.00 - 260.00	1400.00 - 1500.00	230.00 - 250.00	200.00 - 230.00	60.00 - 65.00	50.00 - 55.00	60.00 - 65.00	180.00 - 200.00	120.00 - 140.00
Mullaittivu	120.00 - 150.00	180.00 - 220.00	1200.00 - 1300.00	200.00 - 250.00	180.00 - 220.00	80.00 - 80.00	75.00 - 80.00	50.00 - 50.00	160.00 - 170.00	125.00 - 130.00
Batticaloa	140.00 - 150.00	250.00 - 250.00	1800.00 - 1800.00	200.00 - 230.00	150.00 - 150.00	60.00 - 60.00	50.00 - 50.00	60.00 - 60.00	170.00 - 180.00	100.00 - 105.00
Trincomalee	150.00 160.00	150.00 200.00	1800.00 2000.00	240.00 250.00	220.00 230.00	55.00 60.00	65.00 70.00	45.00 50.00	170.00 180.00	120.00 130.00
Hanguranketha	140.00 - 160.00	320.00 - 350.00	-	140.00 - 160.00	140.00 - 140.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	165.00 - 170.00	130.00 - 140.00
Veyangoda	160.00 - 240.00	400.00 - 440.00	2000.00 - 2200.00	180.00 - 220.00	180.00 - 220.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	150.00 - 160.00	130.00 - 140.00
Galenbindunuwewa	160.00 - 200.00	300.00 - 400.00	1400.00 - 1400.00	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	125.00 - 135.00
Bandarawela	140.00 - 150.00	300.00 - 380.00	1800.00 - 2000.00	180.00 - 200.00	150.00 - 170.00	70.00 - 80.00	60.00 - 70.00	80.00 - 100.00	170.00 - 180.00	140.00 - 160.00
Matale	180.00 - 200.00	400.00 - 440.00	2000.00 - 2100.00	160.00 - 180.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	170.00 - 180.00	140.00 - 160.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 220.00	300.00 - 400.00	150.00 - 200.00	40.00 - 54.00	50.00 - 76.00	460.00 - 600.00	350.00 - 480.00	280.00 - 340.00	-	400.00 - 500.00
Gampaha	150.00 - 180.00	300.00 - 330.00	150.00 - 180.00	-	-	380.00 - 400.00	300.00 - 350.00	250.00 - 250.00	-	200.00 - 225.00
Kurunegala	130.00 - 150.00	320.00 - 350.00	130.00 - 150.00	30.00 - 35.00	56.00 - 60.00	400.00 - 450.00	-	-	-	225.00 - 225.00
Nikaweratiya	180.00 - 220.00	380.00 - 420.00	160.00 - 200.00	-	60.00 - 70.00	500.00 - 550.00	350.00 - 480.00	-	-	-
Dambulla	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	-	60.00 - 64.00	680.00 - 700.00	450.00 - 500.00	250.00 - 300.00	80.00 - 100.00	200.00 - 200.00
Anuradhapura	180.00 - 240.00	380.00 - 450.00	180.00 - 200.00	30.00 - 38.00	40.00 - 47.00	750.00 - 800.00	550.00 - 620.00	400.00 - 450.00	-	-
Thambuththegama	180.00 - 250.00	350.00 - 400.00	150.00 - 160.00	28.00 - 30.00	50.00 - 50.00	480.00 - 550.00	350.00 - 350.00	-	-	-
Polonnaruwa	-	-	-	-	-	-	-	-	-	-
Kaluthara	150.00 - 180.00	280.00 - 320.00	160.00 - 200.00	30.00 - 35.00	42.00 - 46.00	520.00 - 625.00	400.00 - 480.00	320.00 - 385.00	-	260.00 - 300.00
Badulla	200.00 - 230.00	380.00 - 400.00	160.00 - 180.00	40.00 - 40.00	46.00 - 46.00	600.00 - 650.00	450.00 - 500.00	350.00 - 400.00	-	175.00 - 175.00
Keppetipola	160.00 - 170.00	320.00 - 330.00	150.00 - 160.00	30.00 - 32.00	45.00 - 50.00	450.00 - 480.00	350.00 - 400.00	250.00 - 300.00	-	-
Moneragala	120.00 - 130.00	300.00 - 350.00	100.00 - 120.00	20.00 - 22.00	25.00 - 30.00	675.00 - 750.00	580.00 - 650.00	-	-	-
Kegalle	140.00 - 160.00	320.00 - 350.00	130.00 - 160.00	35.00 - 40.00	40.00 - 50.00	550.00 - 650.00	300.00 - 350.00	250.00 - 250.00	-	-
Ampara	150.00 - 160.00	300.00 - 330.00	130.00 - 140.00	38.00 - 38.00	50.00 - 50.00	450.00 - 480.00	-	-	-	-
Dehiattakandiya	180.00 - 220.00	380.00 - 400.00	180.00 - 200.00	-	53.00 - 64.00	650.00 - 780.00	500.00 - 600.00	350.00 - 470.00	-	-
Nuwaraeliya	170.00 - 180.00	350.00 - 380.00	160.00 - 170.00	34.00 - 36.00	56.00 - 60.00	460.00 - 480.00	380.00 - 400.00	300.00 - 320.00	-	-
Kandy	180.00 - 200.00	350.00 - 380.00	160.00 - 200.00	30.00 - 35.00	50.00 - 55.00	600.00 - 675.00	400.00 - 450.00	250.00 - 280.00	-	-
Puttalam	120.00 - 140.00	320.00 - 350.00	120.00 - 150.00	21.00 - 24.00	-	550.00 - 600.00	400.00 - 450.00	300.00 - 350.00	-	-
Rathnapura	150.00 - 200.00	250.00 - 400.00	100.00 - 150.00	30.00 - 37.00	41.00 - 58.00	490.00 - 630.00	360.00 - 450.00	280.00 - 350.00	-	350.00 - 400.00
Hambantota	150.00 - 160.00	270.00 - 290.00	130.00 - 140.00	20.00 - 22.00	32.00 - 36.00	430.00 - 440.00	300.00 - 320.00	-	-	-
Matara	140.00 - 170.00	260.00 - 280.00	130.00 - 150.00	18.00 - 20.00	30.00 - 32.00	540.00 - 600.00	480.00 - 520.00	350.00 - 420.00	-	200.00 - 220.00
Galle	140.00 - 160.00	250.00 - 320.00	140.00 - 160.00	30.00 - 33.00	32.00 - 36.00	600.00 - 650.00	450.00 - 480.00	-	120.00 - 125.00	-
Tissamaharama	150.00 - 180.00	250.00 - 280.00	140.00 - 150.00	25.00 - 28.00	44.00 - 46.00	420.00 - 450.00	350.00 - 380.00	280.00 - 320.00	-	-
Meegoda (DEC)	140.00 - 160.00	280.00 - 300.00	140.00 - 160.00	44.00 - 53.00	52.00 - 64.00	600.00 - 650.00	460.00 - 500.00	360.00 - 380.00	-	-
Embilipitiya	70.00 - 100.00	240.00 - 300.00	80.00 - 100.00	18.00 - 25.00	25.00 - 30.00	550.00 - 600.00	400.00 - 500.00	300.00 - 350.00	100.00 - 120.00	180.00 - 200.00
Jaffna	250.00 - 260.00	340.00 - 360.00	140.00 - 160.00	-	-	670.00 - 710.00	470.00 - 510.00	300.00 - 380.00	-	350.00 - 390.00
Vavuniya	200.00 - 240.00	380.00 - 400.00	200.00 - 220.00	32.00 - 34.00	32.00 - 35.00	650.00 - 750.00	550.00 - 600.00	400.00 - 500.00	-	-
Mannar	120.00 - 135.00	265.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 43.00	500.00 - 550.00	400.00 - 480.00	300.00 - 380.00	-	250.00 - 300.00
Killinochchi	160.00 - 180.00	280.00 - 300.00	130.00 - 150.00	32.00 - 34.00	35.00 - 36.00	440.00 - 460.00	360.00 - 400.00	300.00 - 340.00	-	-
Mullaittivu	150.00 - 160.00	350.00 - 380.00	140.00 - 150.00	34.00 - 36.00	36.00 - 40.00	-	400.00 - 460.00	300.00 - 350.00	-	-
Batticaloa	110.00 - 120.00	300.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	400.00 - 450.00	340.00 - 350.00	200.00 - 220.00	-	-
Trincomalee	160.00 - 180.00	-	170.00 - 180.00	-	-	700.00 - 750.00	520.00 - 560.00	350.00 - 400.00	-	-
Veyangoda	140.00 - 160.00	280.00 - 320.00	130.00 - 150.00	28.00 - 30.00	34.00 - 38.00	620.00 - 680.00	480.00 - 580.00	360.00 - 400.00	-	240.00 - 250.00
Galenbindunuwewa	150.00 - 180.00	400.00 - 400.00	100.00 - 130.00	50.00 - 50.00	54.00 - 57.00	550.00 - 600.00	450.00 - 500.00	-	220.00 - 220.00	-
Bandarawela	160.00 - 180.00	360.00 - 400.00	150.00 - 180.00	25.00 - 30.00	43.00 - 46.00	520.00 - 540.00	450.00 - 480.00	300.00 - 320.00	-	-
Matale	160.00 - 180.00	300.00 - 360.00	150.00 - 160.00	33.00 - 40.00	45.00 - 50.00	500.00 - 600.00	380.00 - 450.00	200.00 - 300.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango			Other Fruits							
	Vilad	Kohu		Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	120.00 - 160.00	-		150.00 - 250.00	40.00 - 90.00	70.00 - 130.00	50.00 - 140.00	130.00 - 220.00	100.00 - 200.00	1700.00 - 3000.00	150.00 - 200.00
Gampaha	85.00 - 95.00	-		140.00 - 160.00	60.00 - 60.00	70.00 - 80.00	100.00 - 120.00	115.00 - 125.00	-	2400.00 - 2500.00	150.00 - 170.00
Kurunegala	85.00 - 100.00	-		150.00 - 160.00	-	60.00 - 70.00	80.00 - 100.00	100.00 - 110.00	-	2500.00 - 2500.00	150.00 - 160.00
Nikaweratiya	-	-		150.00 - 220.00	30.00 - 38.00	150.00 - 160.00	120.00 - 150.00	130.00 - 160.00	-	2500.00 - 2600.00	150.00 - 200.00
Dambulla	80.00 - 80.00	30.00 - 40.00		160.00 - 180.00	45.00 - 50.00	30.00 - 40.00	80.00 - 100.00	120.00 - 130.00	120.00 - 140.00	2800.00 - 3000.00	180.00 - 200.00
Anuradhapura	100.00 - 120.00	-		150.00 - 180.00	-	50.00 - 70.00	100.00 - 150.00	90.00 - 120.00	120.00 - 160.00	2500.00 - 3000.00	180.00 - 200.00
Thambuththegama	-	-		100.00 - 150.00	56.00 - 65.00	50.00 - 60.00	-	115.00 - 150.00	-	-	130.00 - 150.00
Polonnaruwa	-	-		-	-	-	-	-	-	-	-
Kaluthara	100.00 - 140.00	-		180.00 - 230.00	-	100.00 - 150.00	150.00 - 150.00	115.00 - 125.00	100.00 - 120.00	2500.00 - 3000.00	130.00 - 150.00
Badulla	80.00 - 80.00	-		200.00 - 220.00	50.00 - 50.00	100.00 - 120.00	60.00 - 70.00	-	100.00 - 120.00	2000.00 - 2500.00	200.00 - 230.00
Keppetipola	-	-		170.00 - 180.00	35.00 - 40.00	52.00 - 55.00	60.00 - 65.00	70.00 - 80.00	70.00 - 75.00	2400.00 - 2500.00	180.00 - 200.00
Moneragala	70.00 - 100.00	-		150.00 - 160.00	-	50.00 - 60.00	65.00 - 70.00	-	-	2500.00 - 2700.00	150.00 - 170.00
Kegalle	-	-		160.00 - 180.00	-	100.00 - 120.00	100.00 - 100.00	120.00 - 150.00	80.00 - 100.00	2300.00 - 2500.00	170.00 - 190.00
Ampara	75.00 - 75.00	-		160.00 - 180.00	75.00 - 75.00	-	-	90.00 - 100.00	-	2200.00 - 2400.00	150.00 - 200.00
Dehiattakandiya	80.00 - 100.00	-		180.00 - 200.00	-	50.00 - 80.00	100.00 - 100.00	80.00 - 120.00	-	2600.00 - 3000.00	150.00 - 200.00
Nuwaraeliya	-	-		190.00 - 200.00	45.00 - 55.00	56.00 - 60.00	65.00 - 68.00	150.00 - 170.00	75.00 - 80.00	2400.00 - 2600.00	190.00 - 200.00
Kandy	120.00 - 130.00	-		160.00 - 170.00	70.00 - 80.00	60.00 - 70.00	100.00 - 120.00	120.00 - 140.00	120.00 - 130.00	2000.00 - 2500.00	180.00 - 200.00
Puttalam	83.00 - 83.00	-		150.00 - 150.00	75.00 - 80.00	40.00 - 50.00	50.00 - 60.00	100.00 - 133.00	-	2500.00 - 3000.00	150.00 - 150.00
Hambantota	80.00 - 85.00	-		120.00 - 130.00	40.00 - 43.00	150.00 - 170.00	-	150.00 - 160.00	-	2600.00 - 2700.00	130.00 - 140.00
Rathnapura	-	-		150.00 - 200.00	-	60.00 - 90.00	-	160.00 - 170.00	100.00 - 150.00	2000.00 - 2200.00	130.00 - 150.00
Matara	80.00 - 110.00	-		150.00 - 160.00	41.00 - 50.00	80.00 - 100.00	100.00 - 130.00	100.00 - 110.00	80.00 - 90.00	2400.00 - 2500.00	150.00 - 160.00
Galle	120.00 - 150.00	35.00 - 40.00		160.00 - 200.00	55.00 - 75.00	60.00 - 80.00	140.00 - 160.00	120.00 - 150.00	-	2500.00 - 2800.00	180.00 - 250.00
Tissamaharama	-	28.00 - 30.00		180.00 - 200.00	60.00 - 65.00	50.00 - 55.00	-	100.00 - 115.00	115.00 - 122.00	2800.00 - 3000.00	140.00 - 160.00
Meegoda (DEC)	-	-		140.00 - 160.00	45.00 - 50.00	50.00 - 70.00	-	90.00 - 120.00	-	2000.00 - 2500.00	100.00 - 120.00
Embilipitiya	100.00 - 120.00	60.00 - 70.00		150.00 - 180.00	30.00 - 40.00	60.00 - 90.00	70.00 - 100.00	80.00 - 90.00	60.00 - 70.00	2300.00 - 2600.00	160.00 - 180.00
Jaffna	80.00 - 100.00	-		70.00 - 90.00	40.00 - 60.00	40.00 - 50.00	-	120.00 - 130.00	-	2500.00 - 2600.00	200.00 - 220.00
Vavuniya	-	-		100.00 - 140.00	40.00 - 50.00	35.00 - 40.00	-	-	-	2400.00 - 2500.00	180.00 - 200.00
Mannar	-	-		200.00 - 220.00	30.00 - 40.00	45.00 - 55.00	148.00 - 150.00	-	-	2500.00 - 2500.00	180.00 - 200.00
Killinochchi	80.00 - 90.00	-		100.00 - 120.00	45.00 - 50.00	35.00 - 40.00	-	140.00 - 160.00	-	2750.00 - 2800.00	200.00 - 220.00
Mullaittivu	80.00 - 90.00	-		100.00 - 120.00	-	-	-	-	-	2750.00 - 2850.00	150.00 - 160.00
Batticaloa	-	-		200.00 - 200.00	30.00 - 35.00	40.00 - 40.00	150.00 - 150.00	-	-	2600.00 - 2600.00	150.00 - 160.00
Trincomalee	-	-		120.00 - 130.00	60.00 - 70.00	30.00 - 40.00	80.00 - 85.00	120.00 - 122.00	-	2400.00 - 2500.00	180.00 - 200.00
Veyangoda	83.00 - 90.00	-		120.00 - 140.00	50.00 - 62.00	35.00 - 43.00	65.00 - 75.00	80.00 - 85.00	-	2300.00 - 2400.00	120.00 - 150.00
Galenbindunuwewa	80.00 - 80.00	-		100.00 - 130.00	-	-	-	-	-	2400.00 - 2500.00	150.00 - 170.00
Bandarawela	-	-		150.00 - 170.00	40.00 - 55.00	60.00 - 70.00	100.00 - 130.00	100.00 - 120.00	70.00 - 80.00	2400.00 - 2600.00	170.00 - 200.00
Matale	60.00 - 80.00	30.00 - 33.00		140.00 - 150.00	40.00 - 50.00	60.00 - 80.00	80.00 - 100.00	100.00 - 120.00	60.00 - 80.00	2600.00 - 2800.00	150.00 - 160.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 39: 26 Sep - 02 Oct 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	250.00 – 350.00	600.00 – 1000.00	700.00 – 1000.00	1400.00 – 1700.00	2800.00 – 3200.00	1100.00 – 1500.00
Kandy	450.00 – 500.00	900.00 – 950.00	950.00 – 1100.00	1200.00 – 1300.00	2800.00 – 2900.00	1200.00 – 1300.00
Kaluthara	300.00 – 350.00	–	900.00 – 1000.00	1200.00 – 1400.00	–	1200.00 – 1300.00
Puttalam	300.00 – 350.00	700.00 – 700.00	600.00 – 650.00	950.00 – 1000.00	2000.00 – 2000.00	950.00 – 1000.00
Matara	400.00 – 450.00	–	1000.00 – 1100.00	1700.00 – 1800.00	–	–
Hambantota	300.00 – 400.00	700.00 – 800.00	800.00 – 900.00	1000.00 – 1100.00	2000.00 – 2100.00	–
Galle	–	–	850.00 – 900.00	1000.00 – 1200.00	1800.00 – 2000.00	1000.00 – 1100.00
Batticaloa	150.00 – 150.00	400.00 – 400.00	800.00 – 800.00	1000.00 – 1000.00	–	–
Trincomalee	400.00 – 450.00	1000.00 – 1050.00	1100.00 – 1150.00	1900.00 – 1950.00	2200.00 – 2250.00	1700.00 – 1750.00
Mannar	400.00 – 450.00	–	850.00 – 950.00	–	–	1250.00 – 1500.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1000.00 – 1250.00	1300.00 – 1700.00	1800.00 – 2800.00	–	33.00 – 34.00	30.00 – 32.00
Kandy	1300.00 – 1400.00	1700.00 – 1800.00	2000.00 – 2100.00	–	32.00 – 33.00	30.00 – 31.00
Kaluthara	1000.00 – 1100.00	–	1800.00 – 2000.00	–	–	–
Puttalam	1850.00 – 1900.00	1100.00 – 1600.00	2000.00 – 2000.00	–	32.00 – 32.00	30.00 – 32.00
Matara	1000.00 – 1100.00	1900.00 – 2000.00	1800.00 – 1900.00	–	32.00 – 33.00	26.00 – 28.00
Hambantota	–	1600.00 – 1700.00	2000.00 – 2100.00	–	–	29.00 – 30.00
Galle	1000.00 – 1100.00	–	1800.00 – 2000.00	–	30.00 – 31.00	27.00 – 32.00
Batticaloa	–	1600.00 – 1700.00	1500.00 – 1600.00	–	32.00 – 32.00	30.00 – 30.00
Trincomalee	1900.00 – 1950.00	1100.00 – 1150.00	–	–	32.00 – 33.00	32.00 – 33.00
Mannar	1250.00 – 1350.00	1500.00 – 1600.00	–	–	33.00 – 34.00	31.00 – 32.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 39: 26 Sep - 02 Oct 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	80000 – 92500	–	–	110000 – 120000	60000 – 70000	–
Kandy	75000 – 80000	–	–	120000 – 122500	67500 – 70000	–
Batticaloa	45000 – 50000	90000 – 100000	–	–	75000 – 80000	–
Trincomalee	57000 – 57500	–	–	–	62500 – 63000	53000 – 53500
Mannar	–	90500 – 110000	–	120000 – 122500	72500 – 75000	77500 – 80000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	47500 – 60000	–	17500 – 22500	42500 – 57500	62500 – 72500	–
Kandy	50000 – 55000	–	25000 – 30000	42500 – 50000	75000 – 80000	–
Batticaloa	–	–	40000 – 42500	39500 – 42500	–	–
Trincomalee	54000 – 54500	–	30000 – 31000	47000 – 48000	99000 – 99500	–
Mannar	–	–	–	62000 – 65250	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	80000 – 87500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 39: 26 Sep - 02 Oct 2025

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LOCATIONS	Sea Fish										Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	350.00 -	600.00	650.00 -	1400.00	900.00 -	2000.00	2000.00 -	3400.00	3500.00 -	5600.00	1500.00 -	3000.00	1350.00 -	2000.00	2800.00 -	3300.00	34.00 -	36.00	31.00 -	35.00
Gampaha	500.00 -	600.00	1000.00 -	1000.00	-	-	2000.00 -	2000.00	-	-	-	-	-	-	2750.00 -	2800.00	36.00 -	37.00	32.00 -	35.00
Kurunegala	460.00 -	560.00	900.00 -	1000.00	1080.00 -	1100.00	2200.00 -	2200.00	-	-	-	-	-	-	2700.00 -	2700.00	33.00 -	34.00	30.00 -	32.00
Nikaweratiya	500.00 -	600.00	1100.00 -	1250.00	1000.00 -	1000.00	-	-	-	-	1400.00 -	1600.00	-	-	2600.00 -	2800.00	30.00 -	34.00	30.00 -	34.00
Dambulla	500.00 -	560.00	1000.00 -	1100.00	1100.00 -	1200.00	2200.00 -	2300.00	2400.00 -	2500.00	1400.00 -	1500.00	1600.00 -	1700.00	2300.00 -	2400.00	33.00 -	34.00	30.00 -	31.00
Anuradhapura	460.00 -	600.00	1000.00 -	1200.00	1000.00 -	1200.00	2200.00 -	2400.00	-	-	1450.00 -	1600.00	1500.00 -	1700.00	2400.00 -	2600.00	-	-	31.00 -	33.00
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	32.00 -	33.00	31.00 -	33.00
Polonnaruwa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	500.00 -	700.00	-	-	1600.00 -	2000.00	2400.00 -	2600.00	-	-	2400.00 -	2400.00	1800.00 -	2000.00	2400.00 -	2800.00	34.00 -	36.00	30.00 -	33.00
Badulla	440.00 -	520.00	880.00 -	900.00	1400.00 -	1800.00	2000.00 -	2000.00	3000.00 -	3000.00	1600.00 -	1600.00	1600.00 -	1600.00	2400.00 -	2400.00	33.00 -	34.00	30.00 -	32.00
Keppetipola	460.00 -	500.00	880.00 -	900.00	1100.00 -	1200.00	2300.00 -	2400.00	-	-	1700.00 -	1800.00	1400.00 -	1600.00	2300.00 -	2400.00	37.00 -	38.00	34.00 -	35.00
Moneragala	500.00 -	550.00	1000.00 -	1200.00	1000.00 -	1200.00	2400.00 -	2600.00	-	-	1600.00 -	2400.00	1900.00 -	2000.00	2600.00 -	2800.00	32.00 -	34.00	31.00 -	32.00
Kegalle	550.00 -	650.00	1050.00 -	1100.00	1700.00 -	1800.00	2800.00 -	3000.00	-	-	1600.00 -	1650.00	1800.00 -	1850.00	2700.00 -	2800.00	38.00 -	40.00	35.00 -	36.00
Ampara	600.00 -	700.00	1100.00 -	1200.00	1800.00 -	1900.00	2300.00 -	2400.00	-	-	-	-	-	-	2400.00 -	2500.00	-	-	28.00 -	32.00
Dehiattakandiya	400.00 -	500.00	700.00 -	960.00	1050.00 -	1050.00	2000.00 -	2000.00	-	-	-	-	-	-	-	-	30.00 -	32.00	29.00 -	32.00
Nuwaraeliya	480.00 -	500.00	900.00 -	920.00	1200.00 -	1300.00	2350.00 -	2400.00	-	-	1750.00 -	1800.00	1500.00 -	1600.00	2400.00 -	2450.00	38.00 -	40.00	34.00 -	37.00
Kandy	580.00 -	600.00	1150.00 -	1200.00	1300.00 -	1400.00	2000.00 -	2200.00	3500.00 -	3600.00	1600.00 -	1700.00	1500.00 -	1600.00	2300.00 -	2400.00	35.00 -	36.00	32.00 -	33.00
Puttalam	400.00 -	450.00	800.00 -	800.00	900.00 -	1000.00	-	-	2500.00 -	2500.00	1100.00 -	1200.00	2000.00 -	2200.00	2200.00 -	2200.00	35.00 -	35.00	32.00 -	33.00
Hambantota	600.00 -	700.00	1100.00 -	1200.00	1500.00 -	1600.00	-	-	-	-	-	-	-	-	2400.00 -	2500.00	-	-	31.00 -	32.00
Rathnapura	500.00 -	600.00	900.00 -	1200.00	1200.00 -	1400.00	2300.00 -	2400.00	3800.00 -	4000.00	2600.00 -	2600.00	1500.00 -	1800.00	2400.00 -	2600.00	34.00 -	35.00	30.00 -	32.00
Matara	500.00 -	600.00	-	-	1600.00 -	1800.00	2200.00 -	2400.00	-	-	-	-	1500.00 -	1600.00	2500.00 -	2600.00	33.00 -	35.00	28.00 -	33.00
Galle	500.00 -	580.00	1000.00 -	1200.00	1200.00 -	1200.00	2400.00 -	2400.00	2600.00 -	2800.00	1800.00 -	1800.00	1800.00 -	2000.00	2500.00 -	2600.00	32.00 -	33.00	28.00 -	33.00
Tissamaharama	500.00 -	600.00	800.00 -	900.00	1000.00 -	1100.00	-	-	-	-	-	-	-	-	2200.00 -	2400.00	34.00 -	36.00	31.00 -	33.00
Meegoda	400.00 -	400.00	1200.00 -	1200.00	-	-	-	-	-	-	-	-	-	-	3300.00 -	3400.00	33.00 -	34.00	30.00 -	33.00
Embilipitiya	500.00 -	550.00	650.00 -	700.00	1500.00 -	1600.00	2400.00 -	2500.00	-	-	-	-	1600.00 -	1700.00	2400.00 -	2500.00	32.00 -	34.00	30.00 -	32.00
Jaffna	500.00 -	650.00	800.00 -	900.00	1200.00 -	1350.00	-	-	-	-	1600.00 -	1700.00	-	-	-	-	30.00 -	32.00	30.00 -	32.00
Vavuniya	600.00 -	700.00	1000.00 -	1150.00	1200.00 -	1300.00	2400.00 -	2500.00	2900.00 -	3000.00	1600.00 -	1700.00	-	-	2400.00 -	2500.00	32.00 -	34.00	30.00 -	32.00
Mannar	800.00 -	850.00	-	-	1200.00 -	1250.00	-	-	-	-	1850.00 -	1900.00	1900.00 -	1950.00	-	-	35.00 -	36.00	33.00 -	34.00
Killinochchi	500.00 -	550.00	800.00 -	900.00	1100.00 -	1200.00	-	-	-	-	1400.00 -	1500.00	1800.00 -	2000.00	-	-	33.00 -	34.00	30.00 -	31.00
Mullaittivu	500.00 -	550.00	900.00 -	1000.00	1000.00 -	1100.00	1850.00 -	1900.00	-	-	1500.00 -	1600.00	1800.00 -	1900.00	-	-	32.00 -	33.00	30.00 -	31.00
Batticaloa	300.00 -	300.00	800.00 -	800.00	1500.00 -	1500.00	-	-	-	-	1800.00 -	1900.00	1000.00 -	1100.00	2300.00 -	2400.00	35.00 -	35.00	33.00 -	33.00
Trincomalee	500.00 -	550.00	1100.00 -	1150.00	1250.00 -	1300.00	2400.00 -	2500.00	2600.00 -	2700.00	1700.00 -	1750.00	2100.00 -	2200.00	-	-	35.00 -	36.00	34.00 -	35.00
Veyangoda	500.00 -	500.00	1000.00 -	1000.00	-	-	2200.00 -	2200.00	-	-	-	-	-	-	2600.00 -	2600.00	35.00 -	38.00	32.00 -	34.00
Galenbindunuwewa	400.00 -	600.00	1100.00 -	1200.00	1000.00 -	1150.00	2000.00 -	2000.00	-	-	1400.00 -	1500.00	1580.00 -	1600.00	2400.00 -	2800.00	33.00 -	34.00	32.00 -	35.00
Bandarawela	450.00 -	500.00	1000.00 -	1100.00	1500.00 -	1600.00	1900.00 -	2000.00	-	-	1800.00 -	1800.00	1400.00 -	1450.00	2400.00 -	2500.00	34.00 -	36.00	30.00 -	32.00
Matale	500.00 -	600.00	1100.00 -	1200.00	1100.00 -	1300.00	2300.00 -	2400.00	3000.00 -	3100.00	1400.00 -	1500.00	1300.00 -	1400.00	2300.00 -	2500.00	33.00 -	34.00	31.00 -	32.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1200.00 – 1600.00	1800.00 – 2800.00	2800.00 – 4000.00	2400.00 – 3200.00	1600.00 – 2200.00	2200.00 – 3000.00	800.00 – 1200.00						
Gampaha	1200.00 – 1400.00	2800.00 – 2800.00	3200.00 – 3400.00	2900.00 – 3000.00	1750.00 – 1800.00	2400.00 – 2400.00	1000.00 – 1100.00						
Kurunegala	1400.00 – 1400.00	2200.00 – 2200.00	-	2600.00 – 2700.00	1400.00 – 1600.00	2200.00 – 2200.00	850.00 – 1000.00						
Nikaweratiya	1200.00 – 1400.00	2200.00 – 2400.00	-	2600.00 – 3000.00	1400.00 – 2000.00	2300.00 – 2600.00	800.00 – 1000.00						
Dambulla	1200.00 – 1300.00	2600.00 – 2800.00	-	2900.00 – 3000.00	1400.00 – 1500.00	2400.00 – 2500.00	-						
Anuradhapura	1200.00 – 1400.00	2200.00 – 2400.00	-	2600.00 – 2800.00	1600.00 – 1800.00	2200.00 – 2400.00	800.00 – 1000.00						
Thambuththegama	1200.00 – 1400.00	1900.00 – 2200.00	-	2800.00 – 3000.00	1500.00 – 1700.00	1600.00 – 2600.00	-						
Polonnaruwa	-	-	-	-	-	-	-						
Kaluthara	1200.00 – 1500.00	2000.00 – 2600.00	-	2600.00 – 3000.00	1500.00 – 1800.00	2300.00 – 2700.00	900.00 – 1000.00						
Badulla	1300.00 – 1400.00	2600.00 – 2800.00	-	2800.00 – 2800.00	1500.00 – 1600.00	-	800.00 – 800.00						
Keppetipola	1200.00 – 1300.00	2200.00 – 2250.00	-	2500.00 – 2600.00	1500.00 – 1600.00	1600.00 – 1700.00	800.00 – 800.00						
Moneragala	1200.00 – 1400.00	2000.00 – 2200.00	-	2700.00 – 2800.00	1700.00 – 1800.00	2200.00 – 2400.00	800.00 – 900.00						
Kegalle	1200.00 – 1400.00	2600.00 – 2800.00	-	2550.00 – 2800.00	1800.00 – 2400.00	-	-						
Ampara	-	1800.00 – 1800.00	-	2600.00 – 2600.00	1800.00 – 1900.00	1200.00 – 1400.00	-						
Dehiattakandiya	1400.00 – 1600.00	2300.00 – 2800.00	-	2800.00 – 3000.00	1800.00 – 2200.00	1600.00 – 2400.00	-						
Nuwaraeliya	1250.00 – 1350.00	2250.00 – 2300.00	3000.00 – 3100.00	2500.00 – 2600.00	1600.00 – 1700.00	1700.00 – 1800.00	850.00 – 860.00						
Kandy	1100.00 – 1300.00	2600.00 – 2700.00	-	2800.00 – 3000.00	1800.00 – 1900.00	2000.00 – 2100.00	900.00 – 950.00						
Puttalam	1300.00 – 1600.00	1700.00 – 1800.00	-	2500.00 – 2600.00	1400.00 – 1600.00	1400.00 – 2000.00	600.00 – 600.00						
Hambantota	1200.00 – 1300.00	-	-	-	1500.00 – 1600.00	2500.00 – 2600.00	-						
Rathnapura	1160.00 – 1360.00	2000.00 – 2400.00	-	2700.00 – 2800.00	1800.00 – 1900.00	2200.00 – 2520.00	-						
Matara	1250.00 – 1400.00	2000.00 – 2100.00	-	-	1800.00 – 1950.00	2000.00 – 2200.00	-						
Galle	1200.00 – 1400.00	1800.00 – 2400.00	2800.00 – 2800.00	2000.00 – 2800.00	1600.00 – 2000.00	2000.00 – 2400.00	-						
Tissamaharama	1000.00 – 1400.00	-	-	2400.00 – 2500.00	2100.00 – 2200.00	2500.00 – 2600.00	-						
Meegoda	1000.00 – 1400.00	1800.00 – 2200.00	-	2600.00 – 2800.00	1600.00 – 1800.00	2000.00 – 2400.00	800.00 – 800.00						
Embilipitiya	1200.00 – 1300.00	2400.00 – 2500.00	-	2450.00 – 2600.00	1500.00 – 1800.00	2400.00 – 2600.00	1200.00 – 1200.00						
Jaffna	1200.00 – 1300.00	1900.00 – 2400.00	3100.00 – 3250.00	3200.00 – 3400.00	1600.00 – 1800.00	1200.00 – 1300.00	800.00 – 1200.00						
Vavuniya	-	2000.00 – 2100.00	-	2600.00 – 2700.00	1400.00 – 1500.00	1000.00 – 1150.00	-						
Mannar	-	2500.00 – 2550.00	-	2550.00 – 2800.00	1800.00 – 1850.00	1900.00 – 1950.00	-						
Killinochchi	1500.00 – 1600.00	2400.00 – 2500.00	-	-	1400.00 – 1500.00	1200.00 – 1300.00	800.00 – 850.00						
Mullaittivu	1500.00 – 1600.00	2400.00 – 2500.00	-	2450.00 – 2550.00	1500.00 – 1650.00	1200.00 – 1300.00	800.00 – 900.00						
Batticaloa	-	2400.00 – 2500.00	-	-	2200.00 – 2300.00	-	800.00 – 900.00						
Trincomalee	1300.00 – 1350.00	2400.00 – 2450.00	-	-	1500.00 – 1550.00	1350.00 – 1400.00	750.00 – 800.00						
Veyangoda	1200.00 – 1280.00	2000.00 – 2200.00	-	2500.00 – 2600.00	1700.00 – 1800.00	2200.00 – 2300.00	800.00 – 1000.00						
Galenbindunuwewa	1100.00 – 1400.00	2150.00 – 2300.00	3000.00 – 3000.00	2600.00 – 2800.00	1400.00 – 2000.00	1500.00 – 1600.00	750.00 – 800.00						
Bandarawela	1200.00 – 1400.00	2000.00 – 2300.00	-	2500.00 – 3000.00	1800.00 – 2000.00	2000.00 – 2200.00	800.00 – 950.00						
Matale	1100.00 – 1350.00	2500.00 – 2800.00	-	2700.00 – 2900.00	1450.00 – 1600.00	2400.00 – 2600.00	800.00 – 800.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1200.00 - 1300.00	1180.00 - 1400.00	3700.00 - 4000.00	2700.00 - 3000.00
Gampaha	-	1350.00 - 1370.00	1400.00 - 1400.00	4000.00 - 4000.00	2750.00 - 2750.00
Kurunegala	2600.00 - 2600.00	1250.00 - 1350.00	-	-	2600.00 - 2600.00
Nikaweratiya	2400.00 - 2600.00	1150.00 - 1400.00	-	-	-
Dambulla	-	1300.00 - 1350.00	1400.00 - 1450.00	-	2000.00 - 2200.00
Anuradhapura	2500.00 - 2600.00	1300.00 - 1350.00	-	3600.00 - 3800.00	2600.00 - 2700.00
Thambuththegama	-	1200.00 - 1300.00	-	-	-
Polonnaruwa	-	-	-	-	-
Kaluthara	2600.00 - 2700.00	1200.00 - 1280.00	1300.00 - 1350.00	-	2600.00 - 2700.00
Badulla	2300.00 - 2300.00	1100.00 - 1150.00	-	3300.00 - 3300.00	-
Keppetipola	2200.00 - 2200.00	1200.00 - 1250.00	1450.00 - 1500.00	3000.00 - 3000.00	-
Moneragala	2600.00 - 2600.00	1350.00 - 1450.00	1550.00 - 1600.00	-	2500.00 - 2700.00
Kegalle	2400.00 - 2500.00	1190.00 - 1290.00	-	3300.00 - 3300.00	2300.00 - 2400.00
Ampara	2400.00 - 2500.00	1250.00 - 1350.00	-	-	2500.00 - 2800.00
Dehiattakandiya	-	1200.00 - 1300.00	-	-	2600.00 - 2700.00
Nuwaraeliya	2200.00 - 2300.00	1280.00 - 1360.00	1450.00 - 1500.00	3100.00 - 3200.00	2600.00 - 2700.00
Kandy	2500.00 - 2500.00	1070.00 - 1080.00	1200.00 - 1220.00	3400.00 - 3500.00	2400.00 - 2500.00
Puttalam	2500.00 - 2500.00	1250.00 - 1300.00	1700.00 - 1800.00	3800.00 - 3800.00	-
Hambantota	2000.00 - 2100.00	1400.00 - 1450.00	1300.00 - 1350.00	-	-
Rathnapura	2600.00 - 2600.00	1200.00 - 1250.00	1350.00 - 1380.00	3600.00 - 3600.00	-
Matara	-	1270.00 - 1290.00	-	-	-
Galle	2600.00 - 2700.00	1250.00 - 1300.00	-	3500.00 - 3600.00	-
Tissamaharama	-	1250.00 - 1400.00	-	-	-
Meegoda	-	1230.00 - 1300.00	1400.00 - 1450.00	-	2600.00 - 2800.00
Embilipitiya	2450.00 - 2500.00	1150.00 - 1250.00	1200.00 - 1250.00	3400.00 - 3500.00	3280.00 - 3300.00
Jaffna	2200.00 - 2300.00	1300.00 - 1500.00	1600.00 - 1900.00	3500.00 - 3600.00	-
Vavuniya	2200.00 - 2300.00	1300.00 - 1350.00	1500.00 - 1600.00	3100.00 - 3200.00	-
Mannar	2100.00 - 2200.00	1300.00 - 1390.00	1450.00 - 1500.00	-	-
Killinochchi	2250.00 - 2300.00	1250.00 - 1300.00	1550.00 - 1600.00	3350.00 - 3400.00	-
Mullaittivu	2200.00 - 2200.00	1300.00 - 1300.00	1550.00 - 1600.00	-	-
Batticaloa	2100.00 - 2200.00	1400.00 - 1400.00	1500.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2200.00 - 2300.00	1350.00 - 1400.00	1800.00 - 1850.00	3400.00 - 3500.00	-
Veyangoda	2600.00 - 2600.00	1200.00 - 1350.00	-	-	2600.00 - 2700.00
Galenbindunuwewa	2400.00 - 2400.00	1090.00 - 1090.00	1400.00 - 1400.00	3500.00 - 3500.00	-
Bandarawela	2300.00 - 2400.00	1200.00 - 1300.00	-	3500.00 - 3600.00	-
Matale	2400.00 - 2500.00	1100.00 - 1200.00	1200.00 - 1250.00	3400.00 - 3500.00	-

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 39: 26 Sep - 02 Oct 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	175.00 - 185.00	180.00	180.00	121.82	0.00	47.76
Samba 1	245.00 - 250.00	247.78	248.13	232.22	-0.14	6.70	Small	150.00 - 165.00	157.50	157.50	107.00	0.00	47.20
Samba 2	238.00 - 240.00	239.00	239.20	222.86	-0.08	7.24							
Keeri Samba	290.00 - 330.00	311.43	305.00	270.00	2.11	15.34	<u>Fruits (Rs/fruit)</u>						
Nadu 1	210.00 - 220.00	213.89	213.33	224.13	0.26	-4.57	Plantain						
Nadu 2	205.00 - 208.00	206.50	201.67	218.00	2.40	-5.28	Ambul (Rs/kg)	90.00 - 140.00	117.00	111.00	181.67	5.41	-35.60
Raw (Red)	190.00 - 200.00	196.50	194.38	207.78	1.09	-5.43	Kolikuttu (Rs/kg)	225.00 - 260.00	241.50	240.00	485.00	0.63	-50.21
Raw (White)	190.00 - 205.00	198.00	194.29	211.11	1.91	-6.21	Seeni (Rs/kg)	80.00 - 120.00	105.00	102.00	136.67	2.94	-23.17
Imported							Anamalu	26.00 - 31.00	29.10	30.30	32.83	-3.96	-11.37
Samba	-			277.50			Ambun	36.00 - 44.00	40.80	42.00	43.17	-2.86	-5.48
Nadu	-						Papaw(Rs/kg)	100.00 - 120.00	111.25	112.22	266.67	-0.87	-58.28
Raw (Red)	-						Passion Fruit	30.00 - 40.00	36.75	46.63	56.67	-21.18	-35.15
Raw (White)	205.00 - 215.00	210.00	207.00		1.45		Pineapple Large	330.00 - 380.00	351.43	328.33	551.11	7.03	-36.23
<u>Dried Chillies</u>							Pineapple Medium	280.00 - 320.00	302.86	280.00	451.11	8.16	-32.86
Imported	600.00 - 650.00	623.33	623.33	700.00	0.00	-10.95	Pineapple Small	250.00 - 280.00	267.14	248.33	356.67	7.57	-25.10
<u>Onion</u>							Mango						
Sinnan	150.00 - 180.00	163.33		175.00		-6.67	Betti	-					
Vedalan	220.00 - 270.00	251.67	264.00	323.33	-4.67	-22.16	Karthakolomban	300.00 - 370.00	330.00	347.14	302.50	-4.94	9.09
Imported	200.00 - 220.00	208.57	213.33		-2.23		Vilad	100.00 - 120.00	110.00	113.75	150.00	-3.30	-26.67
<u>Big Onion</u>							Kohu	-					
Imported	115.00 - 130.00	121.11	133.33	232.14	-9.17	-47.83	<u>Other</u>						
Local	120.00 - 135.00	128.57	156.00	268.33	-17.58	-52.09	Wood Apple	50.00 - 56.00	52.00	51.78	19.54	0.43	166.14
<u>Potato</u>							Orange	42.00 - 47.00	44.38	43.83	86.11	1.24	-48.47
Welimada	180.00 - 210.00	197.50	190.00	265.00	3.95	-25.47	Avocado	120.00 - 150.00	135.00	138.13	97.69	-2.26	38.19
N'Eliya	200.00 - 230.00	220.83	232.50	316.43	-5.02	-30.21	Slime Apple	80.00 - 100.00	92.50	53.00		74.53	
Imported	155.00 - 180.00	166.67	165.00	162.50	1.01	2.56	Grapes (Imp., Rs/kg)	1390.00 - 2300.00	1835.00	2050.00	1194.29	-10.49	53.65
<u>Pulses</u>							King Coconut	140.00 - 150.00	145.00	146.67	143.64	-1.14	0.95
Green Gram	650.00 - 750.00	703.33	764.29	763.33	-7.98	-7.86	<u>Sea Fish</u>						
Cowpea (White)	920.00 - 1000.00	964.00	1175.00	733.33	-17.96	31.46	Salaya	250.00 - 350.00	300.00	337.50	360.83	-11.11	-16.86
Cowpea (Red)	-		1175.00	691.67			Hurulla	600.00 - 1000.00	793.75	775.00	667.50	2.42	18.91
Red Dhal	230.00 - 243.00	237.25	237.50	269.38	-0.11	-11.93	Balaya	700.00 - 1000.00	807.14	735.00	790.83	9.82	2.06
<u>Vegetable</u>							Kelawalla	1400.00 - 1700.00	1568.75	1244.44	1330.00	26.06	17.95
Beans (Butter)	-						Thora	2800.00 - 3200.00	2977.78	2728.57	2420.83	9.13	23.01
Beans(Green)	250.00 - 300.00	275.83	302.50	242.00	-8.82	13.98	Paraw	1100.00 - 1500.00	1305.56	1012.50	1342.50	28.94	-2.75
Carrot	100.00 - 150.00	127.50	113.64	160.00	12.20	-20.31	Mora	1000.00 - 1250.00	1156.25	1285.71	1037.50	-10.07	11.45
Leeks	80.00 - 100.00	88.00	89.09	220.00	-1.22	-60.00	Shrimps	1300.00 - 1700.00	1461.11	1316.67	2163.33	10.97	-32.46
Beetroot	60.00 - 100.00	80.77	69.23	112.00	16.67	-27.88	Thalapath	1800.00 - 2800.00	2194.44	2037.50	2166.67	7.70	1.28
Knolkhol	80.00 - 120.00	100.00	102.00	120.00	-1.96	-16.67	<u>Eggs</u>						
Raddish	30.00 - 60.00	50.00	60.91	79.00	-17.91	-36.71	Brown	33.00 - 34.00	33.14	32.08	35.75	3.30	-7.29
Cabbage	50.00 - 100.00	75.45	78.57	212.00	-3.97	-64.41	White	30.00 - 32.00	30.86	29.20	32.94	5.68	-6.32
Tomato	100.00 - 130.00	117.27	113.64	165.00	3.20	-28.93	<u>Dried Fish</u>						
Ladies Fingers	100.00 - 150.00	129.00	136.00	73.00	-5.15	76.71	Sprats	1600.00 - 1850.00	1694.44	1620.00	1420.00	4.60	19.33
Brinjal	120.00 - 200.00	170.00	191.67	215.00	-11.30	-20.93	Sprats (Imported)	850.00 - 1150.00	972.22	1010.00	891.67	-3.74	9.03
Capsicum	180.00 - 350.00	263.57	248.33	512.50	6.14	-48.57	Kattawa	-		1420.00	1218.33		
Pumpkin	30.00 - 50.00	40.83	40.00	59.00	2.08	-30.79	Kattawa (Imported)	1250.00 - 1450.00	1355.56	1420.00	1218.33	-4.54	11.26
Cucumber	100.00 - 130.00	115.45	136.00	85.00	-15.11	35.83	Thora	-					
Bitter Gourd	250.00 - 350.00	312.00	300.91	224.00	3.69	39.29	Thora (Imported)	-					
Snake Gourd	150.00 - 220.00	181.00	158.00	204.00	14.56	-11.27	Mora	2200.00 - 2400.00	2287.50	2390.00	1700.00	-4.29	34.56
Drumstick	150.00 - 300.00	226.43	280.00	294.62	-19.13	-23.14	Mora (Imported)	-					
Luffa	150.00 - 200.00	170.00	172.50	232.00	-1.45	-26.72	Balaya	1200.00 - 1400.00	1275.00	1250.00	1163.33	2.00	9.60
Long Beans	130.00 - 200.00	152.50	147.27	102.00	3.55	49.51	Balaya (Imported)	-					
Ash Plantain	40.00 - 60.00	53.64	56.00	190.00	-4.22	-71.77	Anguluwa	-					
Green Chillies	120.00 - 220.00	170.00	144.44	213.00	17.69	-20.19	Anguluwa (Imported)	1600.00 - 1750.00	1700.00	1730.00	1464.17	-1.73	16.11
Lime	1400.00 - 1500.00	1450.00	1200.00	300.00	20.83	383.33	Maduwa	950.00 - 1200.00	1055.56	990.00	1344.00	6.62	-21.46
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	100.00 - 130.00	112.50	114.29	103.00	-1.56	9.22	Koduwa	-					
Manioc	60.00 - 100.00	82.50	85.00	100.00	-2.94	-17.50	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	350.00 - 450.00	385.00	437.50	463.33	-12.00	-16.91
Mukunuwenna	40.00 - 45.00	42.50	42.50	36.50	0.00	16.44	Salaya (Imported)	-					
Kankun	40.00 - 45.00	42.50	42.50	36.50	0.00	16.44							
Gotukola (Rs/kg)	300.00 - 320.00	310.00	310.00	306.00	0.00	1.31							

This Week: Week 39: 26 Sep - 02 Oct 2025

Last Week: Week 38: 19 - 25 Sep 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 39: 26 Sep - 02 Oct 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	200.00 · 220.00	208.68	208.00	133.10	0.68	56.78
Samba 1	260.00 · 280.00	264.12	246.84	246.57	17.28	7.12	Small	180.00 · 190.00	183.75	182.11	111.25	1.64	65.17
Samba 2													
Keeri Samba	300.00 · 320.00	312.00	311.43	269.52	0.57	15.76	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	232.17	232.61	234.29	-0.43	-0.90	Plantain						
Nadu 2							Ambul (Rs/kg)	150.00 · 220.00	193.68	179.57	240.67	14.12	-19.52
Raw (Red)	200.00 · 220.00	215.22	210.43	214.50	4.78	0.33	Kolikuttu (Rs/kg)	300.00 · 400.00	345.79	323.64	578.21	22.15	-40.20
Raw (White)	200.00 · 220.00	216.30	214.35	217.84	1.96	-0.70	Seeni (Rs/kg)	150.00 · 200.00	183.00	180.91	226.92	2.09	-19.36
Imported							Anamalu	40.00 · 54.00	44.48	44.70	46.45	-0.22	-4.25
Samba				299.75			Ambun	50.00 · 76.00	62.50	62.75	65.74	-0.25	-4.93
Nadu							Papaw(Rs/kg)	150.00 · 250.00	192.22	200.43	351.15	-8.21	-45.26
Raw (Red)							Passion Fruit	40.00 · 90.00	65.71	75.75	91.67	-10.04	-28.31
Raw (White)							Pineapple Large	460.00 · 600.00	508.82	493.00	634.09	15.82	-19.76
<u>Dried Chillies</u>							Pineapple Medium	350.00 · 480.00	421.58	418.75	545.00	2.83	-22.65
Imported	700.00 · 1000.00	854.55	843.48	965.52	11.07	-11.49	Pineapple Small	280.00 · 340.00	310.00	310.00	457.27	0.00	-32.21
<u>Onion</u>							Mango						
Sinnan							Betti						
Vedalan	300.00 · 520.00	389.29	390.40	435.20	-1.11	-10.55	Karthakolomban	400.00 · 500.00	437.50	478.00		-40.50	
Imported	300.00 · 380.00	342.00					Vilad	120.00 · 160.00	137.27	139.23		-1.96	
<u>Big Onion</u>							Kohu						
Imported	150.00 · 200.00	170.87	175.45	308.75	-4.58	-44.66	<u>Other</u>						
Local	150.00 · 200.00	184.78	199.00	350.00	-14.22	-47.20	Wood Apple	70.00 · 130.00	99.75	98.68	48.83	1.07	104.27
<u>Potato</u>							Orange	50.00 · 140.00	106.11	102.25	138.33	3.86	-23.29
Welimada	280.00 · 360.00	331.00	324.44	361.58	6.56	-8.46	Avocado	130.00 · 220.00	178.67	186.00	192.38	-7.33	-7.13
N'Eliya	350.00 · 480.00	400.87	395.71	443.79	5.16	-9.67	Slime Apple	100.00 · 200.00	165.56	155.00	180.00	10.56	-8.02
Imported	200.00 · 280.00	232.17	226.15	222.41	6.02	4.39	Grapes (Imp., Rs/kg)	1700.00 · 3000.00	2485.71	2527.78	2100.00	-42.06	18.37
<u>Pulses</u>							King Coconut	150.00 · 200.00	173.33	180.00	188.46	-6.67	-8.03
Green Gram	900.00 · 1100.00	970.48	971.74	991.79	-1.26	-2.15							
Cowpea (White)	1100.00 · 1200.00	1175.00	1271.43	975.77	-96.43	20.42	<u>Sea Fish</u>						
Cowpea (Red)	1100.00 · 1400.00	1227.27	1275.00	975.77	-47.73	25.77	Salaya	350.00 · 600.00	477.78	493.68	537.14	-15.91	-11.05
Red Dhal	260.00 · 300.00	275.52	275.20	314.84	0.32	-12.49	Hurulla	650.00 · 1400.00	1042.31	953.85	844.29	88.46	23.45
<u>Vegetable</u>							Balaya	900.00 · 2000.00	1363.33	1082.86	1123.33	280.48	21.36
Beans (Butter)							Kelawalla	2000.00 · 3400.00	2754.55	2282.35	2021.43	472.19	36.27
Beans(Green)	300.00 · 600.00	433.85	439.58	321.48	-5.74	34.95	Thora	3500.00 · 5600.00	3950.00	3640.00	3152.63	310.00	25.29
Carrot	180.00 · 400.00	297.92	291.82	282.14	6.10	5.59	Paraw	1500.00 · 3000.00	2140.00	2109.09	1663.33	30.91	28.66
Leeks	150.00 · 340.00	232.92	249.55	329.29	-16.63	-29.27	Mora	1350.00 · 2000.00	1570.00	1660.00		-90.00	
Beetroot	150.00 · 300.00	226.67	217.62	250.00	9.05	-9.33	Shrimps	1700.00 · 2800.00	2190.00	1964.29	2200.00	225.71	-0.45
Knolkhol	150.00 · 340.00	238.64	258.70	253.75	-20.06	-5.96	Thalapath	2800.00 · 3300.00	2970.00	2750.00	2923.81	220.00	1.58
Raddish	150.00 · 320.00	205.91	212.17	222.50	-6.26	-7.46	<u>Eggs</u>						
Cabbage	180.00 · 320.00	254.35	278.75	313.93	-24.40	-18.98	Brown	34.00 · 36.00	35.14	33.53	39.55	1.61	-11.14
Tomato	180.00 · 320.00	244.58	233.91	271.67	10.67	-9.97	White	31.00 · 35.00	33.15	31.27	37.55	1.89	-11.71
Ladies Fingers	230.00 · 380.00	291.67	295.93	217.50	-4.26	34.10	<u>Dried Fish</u>						
Brinjal	260.00 · 400.00	312.17	319.57	336.67	-7.39	-7.28	Sprats	1800.00 · 2400.00	1991.67	1957.14	2068.42	34.52	-3.71
Capsicum	320.00 · 720.00	476.80	416.52	564.81	60.28	-15.58	Sprats (Imported)	1200.00 · 1600.00	1372.22	1392.11	1245.00	-19.88	10.22
Pumpkin	80.00 · 200.00	132.08	131.43	154.07	0.65	-14.27	Kattawa	1800.00 · 2800.00	2257.14	2342.50	2005.56	-85.36	12.54
Cucumber	140.00 · 320.00	231.67	253.91	174.80	-22.25	32.53	Thora	2800.00 · 4000.00	3380.00	3233.33		146.67	
Bitter Gourd	350.00 · 580.00	463.18	449.20	348.93	13.98	32.74	Mora	2400.00 · 3200.00	2825.00	2831.25	2373.68	-6.25	19.01
Snake Gourd	250.00 · 400.00	330.42	290.00	303.21	40.42	8.97	Balaya	1600.00 · 2200.00	2068.75	2064.29	1675.00	4.46	23.51
Drumstick	280.00 · 480.00	389.58	436.00	450.00	-46.42	-13.43	Anguluwa	2200.00 · 3000.00	2626.67	2636.36	2123.53	-9.70	23.69
Luffa	250.00 · 480.00	363.91	368.42	318.75	-4.51	14.17	Maduwa	1500.00 · 2500.00	1940.00	1900.00	1544.44	40.00	25.61
Long Beans	220.00 · 380.00	290.00	289.47	247.60	0.53	17.12	Koduwa						
Ash Plantain	120.00 · 260.00	190.00	191.00	283.85	-1.00	-33.06	Salaya	800.00 · 1200.00	977.78	984.62	936.84	-6.84	4.37
Green Chillies	220.00 · 480.00	375.83	394.55	374.07	-18.71	0.47	<u>Meat</u>						
Lime	1600.00 · 2200.00	1840.91	1626.09	477.20	214.82	285.77	Beef (without Bones)	2600.00 · 2800.00	2700.00	2733.33	2560.00	-33.33	5.47
<u>Root Crops</u>							Chicken (Broiler)	1200.00 · 1300.00	1274.44	1348.89	1185.33	-74.44	7.52
Sweet Potato	160.00 · 320.00	241.50	260.00	216.79	-18.50	11.40	Chicken (Curry)	1180.00 · 1400.00	1291.25	1301.25	1185.33	-10.00	8.94
Manioc	140.00 · 240.00	189.52	198.26	202.86	-8.74	-6.57	Mutton	3700.00 · 4000.00	3833.33	3842.86	3372.73	-9.52	13.66
<u>Leafy Vegetable</u>							Pork	2700.00 · 3000.00	2833.33	2825.00	1350.00	8.33	109.88
Mukunuwenna	50.00 · 100.00	72.00	76.47	67.00	-4.47	7.46							
Kankun	50.00 · 100.00	73.33	76.47	67.00	-3.14	9.45							
Gotukola	180.00 · 340.00	269.44	250.56	120.00	18.89	124.54							

This Week: Week 39: 26 Sep - 02 Oct 2025
Last Week: Week 38: 19 - 25 Sep 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 39: 26 Sep - 02 Oct 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	140.00 – 162.50	151.50
A'pura	137.00 – 141.00	138.60	Dambulla	230.00 – 260.00	246.00	Hambantota	–	
P'naruwa	–		Welimada	240.00 – 255.00	248.00	Embilipitiya	150.00 – 170.00	160.00
Kalawewa	137.00 – 142.00	139.40	Badulla	220.00 – 270.00	246.67	Matara	–	
Kurunegala	133.00 – 136.00	134.67	Carrot			A'pura	150.00 – 170.00	158.00
Dehiattakandiya	135.00 – 139.00	136.33	N'Elia	120.00 – 130.00	124.00	Luffa		
Nikaweratiya	135.00 – 140.00	137.80	Welimada	85.00 – 100.00	90.00	Dambulla	145.00 – 162.50	152.50
Ampara	130.00 – 135.00	132.67	Hanguranketha	60.00 – 80.00	70.00	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	210.00 – 230.00	220.00
A'pura	121.00 – 125.00	122.60	N'Elia	60.00 – 70.00	66.00	Matara	–	
P'naruwa	–		Welimada	60.00 – 75.00	67.00	A'pura	160.00 – 180.00	168.00
Kalawewa	118.00 – 122.00	120.00	Beetroot			Green Chillies		
Kurunegala	118.00 – 122.00	120.00	N'Elia	50.00 – 60.00	56.00	Dambulla	140.00 – 162.50	150.50
Dehiattakandiya	122.00 – 122.00	122.00	Dambulla	57.00 – 67.00	61.60	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	230.00 – 250.00	240.00
Nikaweratiya	118.00 – 122.00	120.00	Welimada	55.00 – 65.00	59.00	Puttalam	171.00 – 209.00	193.80
Hambantota	–		Hanguranketha	–		A'pura	120.00 – 160.00	136.00
Ampara	120.00 – 125.00	122.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	50.00 – 60.00	54.00	Dambulla	30.00 – 40.00	35.60
Matara	123.00 – 126.00	124.75	Welimada	60.00 – 85.00	74.00	Hambantota	–	
Hambantota	–		Hanguranketha	30.00 – 40.00	35.00	Embilipitiya	40.00 – 50.00	46.25
Embilipitiya	120.00 – 122.00	121.00	Raddish			Matara	25.00 – 30.00	27.00
Keeri Samba			N'Elia	25.00 – 35.00	29.00	A'pura	25.00 – 35.00	29.00
A'pura	160.00 – 165.00	162.00	Welimada	50.00 – 65.00	57.00	Moneragala	25.00 – 35.00	29.00
P'naruwa	–		Hambantota	–		Cucumber		
Kalawewa	160.00 – 165.00	162.40	Hanguranketha	30.00 – 40.00	35.00	A'pura	100.00 – 120.00	108.00
Kurunegala	154.00 – 160.00	156.33	Cabbage			Dambulla	86.00 – 110.00	95.20
Dehiattakandiya	163.00 – 170.00	166.00	N'Elia	50.00 – 60.00	55.00	Hambantota	–	
Red Onion			Welimada	50.00 – 65.00	56.00	Matara	–	
Puttalam	–		Badulla	35.00 – 45.00	41.67	Long Beans		
Jaffna	190.00 – 200.00	196.00	Hanguranketha	40.00 – 60.00	50.00	Dambulla	140.00 – 172.50	153.50
Big Onion			Tomato			Hambantota	220.00 – 230.00	225.00
Dambulla	95.00 – 115.00	104.00	Welimada	85.00 – 100.00	90.00	Embilipitiya	140.00 – 160.00	150.00
Kalawewa	–		Hambantota	90.00 – 95.00	92.50	Matara	140.00 – 150.00	146.67
A'pura	–		Dambulla	85.00 – 100.00	90.20	A'pura	160.00 – 180.00	168.00
Potato			Hanguranketha	80.00 – 100.00	90.00	Ash Plantain		
N'Elia	160.00 – 175.00	167.00	<u>Vegetable (Low Country)</u>			Hambantota	60.00 – 70.00	65.00
Badulla	150.00 – 180.00	166.67	Ladies Fingers			Embilipitiya	40.00 – 50.00	43.75
Welimada	155.00 – 165.00	161.00	A'pura	140.00 – 160.00	148.00	Matara	35.00 – 40.00	36.67
<u>Pulses</u>			Dambulla	115.00 – 130.00	122.00	Lime		
Green Gram			Hambantota	130.00 – 135.00	132.50	Hambantota	1200.00 – 1200.00	1200.00
Hambantota	–		Embilipitiya	140.00 – 150.00	145.00	Embilipitiya	1400.00 – 1500.00	1450.00
Moneragala	500.00 – 550.00	520.00	Matara	100.00 – 120.00	113.33	Moneragala	–	
Embilipitiya	600.00 – 620.00	610.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	500.00 – 600.00	562.50	A'pura	160.00 – 180.00	168.00	Banana		
A'pura	520.00 – 600.00	552.00	Dambulla	135.00 – 152.50	145.00	Ambul		
Cowpea			Hambantota	–		Moneragala	40.00 – 50.00	44.00
Hambantota	–		Embilipitiya	150.00 – 170.00	160.00	Embilipitiya	60.00 – 90.00	74.00
Nikaweratiya	600.00 – 750.00	675.00	Matara	160.00 – 170.00	163.33	Hambantota	90.00 – 95.00	92.50
Moneragala	–		Welimada	95.00 – 115.00	104.00	Kolikuttu		
Embilipitiya	830.00 – 840.00	835.00	Capsicum			Moneragala	180.00 – 200.00	188.00
Maize			Badulla	380.00 – 450.00	416.67	Embilipitiya	160.00 – 200.00	180.00
A'pura	–		Welimada	300.00 – 330.00	317.50	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	280.00 – 300.00	288.00	Moneragala	80.00 – 90.00	84.00
A'pura	–		Dambulla	260.00 – 310.00	280.00	Embilipitiya	80.00 – 100.00	87.50
Kalawewa	–		Hambantota	–		Hambantota	60.00 – 60.00	60.00
Black Gram			Embilipitiya	330.00 – 350.00	340.00	Pineapple		
A'pura	–		Matara	230.00 – 250.00	240.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 39: 26 Sep - 02 Oct 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	260.00 - 270.00	260.00 - 260.00	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00	-	280.00 - 280.00	270.00 - 270.00	260.00 - 280.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	300.00 - 320.00	-	-	300.00 - 320.00	-	-	300.00 - 320.00	-	300.00 - 300.00
Nadu 1	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	210.00 - 220.00	200.00 - 200.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	200.00 - 220.00	210.00 - 220.00
Raw (White)	210.00 - 220.00	200.00 - 200.00	220.00 - 220.00	215.00 - 220.00	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	200.00 - 220.00	220.00 - 220.00
Imported									
Samba	-	-	-	-	-	-	-	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	700.00 - 750.00	900.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	700.00 - 1000.00	1000.00 - 1000.00	750.00 - 800.00	800.00 - 1000.00	800.00 - 1000.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	300.00 - 360.00	520.00 - 520.00	400.00 - 480.00	400.00 - 520.00	380.00 - 420.00	340.00 - 360.00	320.00 - 400.00	320.00 - 360.00	400.00 - 520.00
Imported	300.00 - 320.00	-	-	350.00 - 380.00	-	-	-	-	-
<u>Big Onion</u>									
Imported	180.00 - 200.00	180.00 - 180.00	180.00 - 200.00	160.00 - 180.00	160.00 - 180.00	200.00 - 200.00	150.00 - 180.00	160.00 - 160.00	160.00 - 160.00
Local	150.00 - 160.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	180.00 - 200.00	160.00 - 200.00	180.00 - 180.00	180.00 - 200.00
<u>Potato</u>									
Welimada	300.00 - 360.00	-	-	360.00 - 360.00	-	-	280.00 - 300.00	320.00 - 320.00	330.00 - 350.00
N'Eliya	380.00 - 440.00	400.00 - 480.00	360.00 - 400.00	400.00 - 400.00	400.00 - 440.00	400.00 - 440.00	350.00 - 350.00	360.00 - 400.00	400.00 - 440.00
Imported	200.00 - 220.00	240.00 - 280.00	220.00 - 240.00	200.00 - 240.00	220.00 - 240.00	240.00 - 280.00	200.00 - 240.00	220.00 - 240.00	220.00 - 240.00
<u>Pulses</u>									
Green Gram	900.00 - 960.00	1000.00 - 1000.00	1000.00 - 1100.00	1040.00 - 1100.00	900.00 - 980.00	1000.00 - 1000.00	900.00 - 1000.00	900.00 - 950.00	1000.00 - 1100.00
Cowpea (White)	1200.00 - 1200.00	-	1200.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Cowpea (Red)	1200.00 - 1300.00	-	1200.00 - 1200.00	1200.00 - 1400.00	1100.00 - 1100.00	-	1200.00 - 1200.00	1100.00 - 1100.00	1200.00 - 1400.00
Red Dhal	260.00 - 270.00	280.00 - 280.00	280.00 - 300.00	260.00 - 300.00	260.00 - 300.00	270.00 - 300.00	260.00 - 280.00	280.00 - 300.00	270.00 - 300.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	350.00 - 400.00	560.00 - 580.00	440.00 - 440.00	580.00 - 600.00	450.00 - 480.00	450.00 - 480.00	300.00 - 380.00	400.00 - 450.00	450.00 - 480.00
Carrot	200.00 - 250.00	400.00 - 400.00	400.00 - 400.00	400.00 - 400.00	260.00 - 280.00	320.00 - 320.00	180.00 - 200.00	350.00 - 400.00	200.00 - 220.00
Leeks	160.00 - 200.00	320.00 - 340.00	280.00 - 280.00	320.00 - 340.00	180.00 - 200.00	240.00 - 260.00	150.00 - 200.00	240.00 - 260.00	200.00 - 200.00
Beetroot	150.00 - 180.00	280.00 - 300.00	260.00 - 280.00	300.00 - 300.00	260.00 - 280.00	240.00 - 240.00	150.00 - 200.00	220.00 - 260.00	200.00 - 220.00
Knolkhol	150.00 - 200.00	320.00 - 340.00	270.00 - 280.00	320.00 - 340.00	240.00 - 280.00	-	200.00 - 200.00	240.00 - 250.00	200.00 - 200.00
Raddish	150.00 - 200.00	320.00 - 320.00	240.00 - 250.00	320.00 - 320.00	200.00 - 200.00	-	150.00 - 180.00	220.00 - 240.00	150.00 - 160.00
Cabbage	180.00 - 200.00	320.00 - 320.00	240.00 - 240.00	320.00 - 320.00	250.00 - 260.00	240.00 - 240.00	200.00 - 200.00	320.00 - 320.00	320.00 - 320.00
Tomato	180.00 - 220.00	280.00 - 320.00	240.00 - 240.00	320.00 - 320.00	240.00 - 250.00	240.00 - 240.00	180.00 - 200.00	320.00 - 320.00	240.00 - 260.00
Ladies Fingers	230.00 - 260.00	320.00 - 360.00	320.00 - 320.00	360.00 - 380.00	260.00 - 280.00	320.00 - 320.00	230.00 - 240.00	360.00 - 360.00	320.00 - 340.00
Brinjal	260.00 - 280.00	400.00 - 400.00	320.00 - 320.00	400.00 - 400.00	350.00 - 360.00	320.00 - 320.00	260.00 - 300.00	400.00 - 400.00	320.00 - 320.00
Capsicum	320.00 - 380.00	700.00 - 720.00	470.00 - 480.00	700.00 - 720.00	400.00 - 450.00	500.00 - 500.00	350.00 - 420.00	360.00 - 480.00	500.00 - 600.00
Pumpkin	80.00 - 110.00	140.00 - 160.00	150.00 - 160.00	180.00 - 200.00	110.00 - 120.00	200.00 - 200.00	80.00 - 100.00	160.00 - 180.00	120.00 - 140.00
Cucumber	140.00 - 180.00	280.00 - 300.00	240.00 - 240.00	300.00 - 320.00	220.00 - 240.00	200.00 - 220.00	150.00 - 220.00	320.00 - 320.00	230.00 - 240.00
Bitter Gourd	350.00 - 400.00	560.00 - 580.00	450.00 - 460.00	560.00 - 580.00	450.00 - 480.00	-	360.00 - 450.00	480.00 - 560.00	400.00 - 450.00
Snake Gourd	250.00 - 300.00	320.00 - 350.00	400.00 - 400.00	400.00 - 400.00	300.00 - 360.00	260.00 - 280.00	250.00 - 300.00	400.00 - 400.00	280.00 - 320.00
Drumstick	300.00 - 350.00	430.00 - 450.00	380.00 - 400.00	480.00 - 480.00	360.00 - 400.00	400.00 - 400.00	280.00 - 300.00	400.00 - 480.00	400.00 - 450.00
Luffa	250.00 - 280.00	460.00 - 480.00	440.00 - 440.00	470.00 - 480.00	350.00 - 360.00	280.00 - 280.00	280.00 - 300.00	400.00 - 400.00	400.00 - 450.00
Long Beans	230.00 - 300.00	320.00 - 350.00	380.00 - 380.00	380.00 - 380.00	280.00 - 320.00	-	220.00 - 260.00	320.00 - 320.00	220.00 - 240.00
Ash Plantain	120.00 - 160.00	220.00 - 260.00	240.00 - 240.00	260.00 - 260.00	200.00 - 220.00	240.00 - 240.00	130.00 - 160.00	160.00 - 220.00	240.00 - 260.00
Green Chillies	220.00 - 300.00	400.00 - 400.00	400.00 - 420.00	400.00 - 420.00	360.00 - 400.00	450.00 - 480.00	240.00 - 280.00	450.00 - 480.00	340.00 - 350.00
Lime	1600.00 - 1800.00	2000.00 - 2200.00	1600.00 - 1700.00	2200.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2000.00	1600.00 - 1700.00	1800.00 - 1800.00	1800.00 - 1800.00
<u>Root Crops</u>									
Sweet Potato	160.00 - 180.00	280.00 - 300.00	320.00 - 320.00	320.00 - 320.00	230.00 - 240.00	-	180.00 - 200.00	320.00 - 320.00	240.00 - 240.00
Manioc	150.00 - 180.00	200.00 - 240.00	220.00 - 240.00	240.00 - 240.00	200.00 - 220.00	-	140.00 - 150.00	180.00 - 220.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 60.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	70.00 - 80.00	-	50.00 - 70.00	80.00 - 80.00	70.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 100.00	70.00 - 70.00	100.00 - 100.00	70.00 - 80.00	-	50.00 - 70.00	80.00 - 80.00	70.00 - 80.00
Gotukola	180.00 - 200.00	300.00 - 330.00	300.00 - 300.00	340.00 - 340.00	240.00 - 280.00	240.00 - 260.00	240.00 - 260.00	320.00 - 340.00	280.00 - 320.00
<u>Coconut</u>									
Large	200.00 - 205.00	200.00 - 210.00	220.00 - 220.00	200.00 - 200.00	200.00 - 215.00	210.00 - 220.00	205.00 - 210.00	205.00 - 210.00	200.00 - 205.00
Small	180.00 - 190.00	180.00 - 180.00	180.00 - 180.00	180.00 - 180.00	180.00 - 190.00	190.00 - 190.00	180.00 - 190.00	190.00 - 190.00	180.00 - 190.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	200.00	-	220.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	190.00	-	200.00	180.00	-	200.00	150.00	-	160.00	180.00	-	200.00
Kolikuttu (Rs/Kg)	300.00	-	320.00	380.00	-	400.00	350.00	-	350.00	300.00	-	350.00	350.00	-	400.00	380.00	-	400.00	350.00	-	350.00	320.00	-	320.00	300.00	-	350.00
Seeni (Rs/Kg)	150.00	-	180.00	200.00	-	200.00	200.00	-	200.00	180.00	-	200.00	200.00	-	200.00	180.00	-	200.00	160.00	-	180.00	150.00	-	160.00	160.00	-	180.00
Anamalu	40.00	-	43.00	50.00	-	54.00	50.00	-	50.00	42.00	-	50.00	48.00	-	50.00	40.00	-	42.00	42.00	-	43.00	40.00	-	42.00	45.00	-	50.00
Ambun	56.00	-	64.00	75.00	-	76.00	70.00	-	70.00	60.00	-	70.00	64.00	-	70.00	60.00	-	62.00	50.00	-	60.00	56.00	-	60.00	60.00	-	70.00
<u>Pineapple</u>																											
Large	480.00	-	500.00	520.00	-	520.00	550.00	-	600.00	500.00	-	500.00	460.00	-	500.00	480.00	-	500.00	520.00	-	540.00	500.00	-	500.00	520.00	-	520.00
Medium	350.00	-	380.00	480.00	-	480.00	430.00	-	450.00	460.00	-	460.00	380.00	-	400.00	380.00	-	400.00	400.00	-	420.00	400.00	-	400.00	400.00	-	400.00
Small	280.00	-	300.00	300.00	-	300.00	280.00	-	300.00	300.00	-	300.00	300.00	-	320.00	280.00	-	300.00	320.00	-	340.00	320.00	-	320.00	320.00	-	320.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	400.00	-	500.00		-			-		400.00	-	400.00		-			-			-			-			-	
Vilad	120.00	-	140.00	160.00	-	160.00	140.00	-	160.00	160.00	-	160.00	130.00	-	130.00	120.00	-	120.00	120.00	-	120.00		-		120.00	-	120.00
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	75.00	-	80.00	100.00	-	120.00	120.00	-	130.00	120.00	-	130.00	80.00	-	100.00	80.00	-	100.00	70.00	-	80.00	80.00	-	100.00	100.00	-	100.00
Orange	50.00	-	60.00	100.00	-	120.00	140.00	-	140.00	120.00	-	130.00	90.00	-	100.00	100.00	-	100.00	70.00	-	80.00	100.00	-	100.00	120.00	-	120.00
Avocado	130.00	-	150.00	150.00	-	150.00	200.00	-	220.00	200.00	-	220.00	180.00	-	210.00	180.00	-	200.00	130.00	-	130.00	130.00	-	130.00	180.00	-	200.00
Slime Apple	100.00	-	110.00		-		200.00	-	200.00	180.00	-	200.00	140.00	-	140.00		-			-			-		160.00	-	200.00
Grapes (Rs/Kg)	1700.00	-	1800.00	2800.00	-	2800.00	2800.00	-	2800.00	2900.00	-	3000.00	2300.00	-	2500.00	2200.00	-	2200.00	2400.00	-	2400.00	2300.00	-	2800.00	2500.00	-	2500.00
Papaw (Rs/Kg)	150.00	-	170.00	180.00	-	180.00	250.00	-	250.00	230.00	-	240.00	180.00	-	200.00	180.00	-	200.00	180.00	-	200.00	150.00	-	160.00	180.00	-	200.00
Passion	40.00	-	50.00	70.00	-	70.00	80.00	-	90.00	80.00	-	80.00	65.00	-	70.00		-		60.00	-	70.00	60.00	-	60.00	60.00	-	60.00
King Coconut	160.00	-	180.00	160.00	-	180.00	180.00	-	180.00	200.00	-	200.00	160.00	-	170.00	200.00	-	200.00	150.00	-	160.00	150.00	-	150.00	170.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 39: 26 Sep - 02 Oct 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	350.00 - 400.00	500.00 - 500.00	600.00 - 600.00	500.00 - 500.00	600.00 - 600.00	400.00 - 500.00	500.00 - 500.00	480.00 - 520.00	450.00 - 550.00
Hurulla	650.00 - 700.00	900.00 - 900.00	1400.00 - 1400.00	1100.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1400.00	1000.00 - 1100.00	1000.00 - 1000.00	-
Balaya	900.00 - 950.00	2000.00 - 2000.00	2000.00 - 2000.00	-	900.00 - 900.00	1400.00 - 1600.00	1000.00 - 1200.00	1000.00 - 1000.00	1200.00 - 1200.00
Kelawalla	2000.00 - 2200.00	3000.00 - 3000.00	-	3200.00 - 3200.00	3400.00 - 3400.00	2800.00 - 2800.00	2600.00 - 2600.00	2800.00 - 3200.00	-
Thora	3500.00 - 3600.00	3600.00 - 3600.00	4000.00 - 4500.00	4000.00 - 4000.00	5600.00 - 5600.00	3500.00 - 3500.00	-	3600.00 - 3600.00	-
Paraw	1500.00 - 1600.00	2800.00 - 2800.00	1700.00 - 2000.00	2800.00 - 2800.00	3000.00 - 3000.00	1600.00 - 2000.00	1500.00 - 1500.00	1500.00 - 1500.00	1500.00 - 1500.00
Mora	1350.00 - 1500.00	-	2000.00 - 2000.00	-	-	-	1600.00 - 1600.00	-	-
Shrimps Small	1700.00 - 1800.00	2400.00 - 2400.00	2600.00 - 2800.00	2800.00 - 2800.00	1900.00 - 1900.00	2000.00 - 2400.00	2000.00 - 2000.00	1700.00 - 1800.00	-
Talapath	2800.00 - 2950.00	3000.00 - 3000.00	3000.00 - 3200.00	2800.00 - 3200.00	3300.00 - 3300.00	2800.00 - 3000.00	3000.00 - 3000.00	2800.00 - 2800.00	3000.00 - 3000.00
<u>Eggs (Rs/egg)</u>									
Brown	34.00 - 35.00	36.00 - 36.00	36.00 - 36.00	35.00 - 36.00	35.00 - 36.00	36.00 - 36.00	34.00 - 34.00	34.00 - 34.00	35.00 - 35.00
White	31.00 - 33.00	33.00 - 33.00	33.00 - 34.00	33.00 - 33.00	33.00 - 34.00	35.00 - 35.00	32.00 - 32.00	33.00 - 33.00	34.00 - 34.00
<u>Dried Fish</u>									
Sprats	1800.00 - 1800.00	1800.00 - 1800.00	2000.00 - 2100.00	1800.00 - 2400.00	1800.00 - 1800.00	1800.00 - 1800.00	-	2000.00 - 2000.00	2200.00 - 2400.00
Kattawa	1800.00 - 2200.00	2200.00 - 2200.00	2200.00 - 2400.00	2600.00 - 2800.00	2200.00 - 2200.00	2200.00 - 2400.00	2400.00 - 2400.00	-	2200.00 - 2800.00
Thora	2800.00 - 2800.00	-	-	3500.00 - 3500.00	4000.00 - 4000.00	-	-	-	3800.00 - 3800.00
Mora	2400.00 - 2600.00	2600.00 - 2600.00	2800.00 - 3000.00	3000.00 - 3000.00	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3000.00	-	2800.00 - 3000.00
Balaya	1600.00 - 1800.00	2000.00 - 2000.00	2100.00 - 2200.00	2200.00 - 2200.00	1800.00 - 2200.00	2000.00 - 2200.00	2000.00 - 2000.00	-	2200.00 - 2200.00
Anguluwa	2200.00 - 2200.00	2800.00 - 2800.00	2500.00 - 2600.00	2800.00 - 3000.00	2600.00 - 2600.00	3000.00 - 3000.00	-	-	2600.00 - 2800.00
Salaya	800.00 - 1000.00	800.00 - 1000.00	1000.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1000.00	800.00 - 1200.00	1200.00 - 1200.00	1000.00 - 1000.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	-	2700.00 - 2700.00	2800.00 - 2800.00	-	2700.00 - 2700.00	-	2600.00 - 2600.00	-	-
Chicken (Broiler)	1200.00 - 1200.00	1300.00 - 1300.00	1280.00 - 1280.00	1280.00 - 1280.00	1280.00 - 1280.00	1250.00 - 1250.00	1300.00 - 1300.00	1300.00 - 1300.00	1280.00 - 1280.00
Chicken (Curry)	1280.00 - 1280.00	1400.00 - 1400.00	1350.00 - 1350.00	1180.00 - 1180.00	1250.00 - 1250.00	1250.00 - 1250.00	1300.00 - 1300.00	-	1320.00 - 1320.00
Mutton	-	3800.00 - 3800.00	3900.00 - 3900.00	-	3800.00 - 3800.00	-	3700.00 - 3700.00	3800.00 - 3800.00	4000.00 - 4000.00
Pork	-	3000.00 - 3000.00	-	-	-	-	-	2700.00 - 2700.00	2800.00 - 2800.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

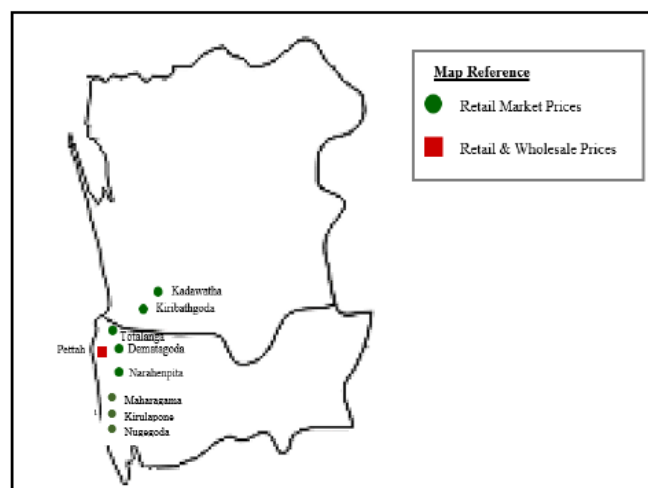
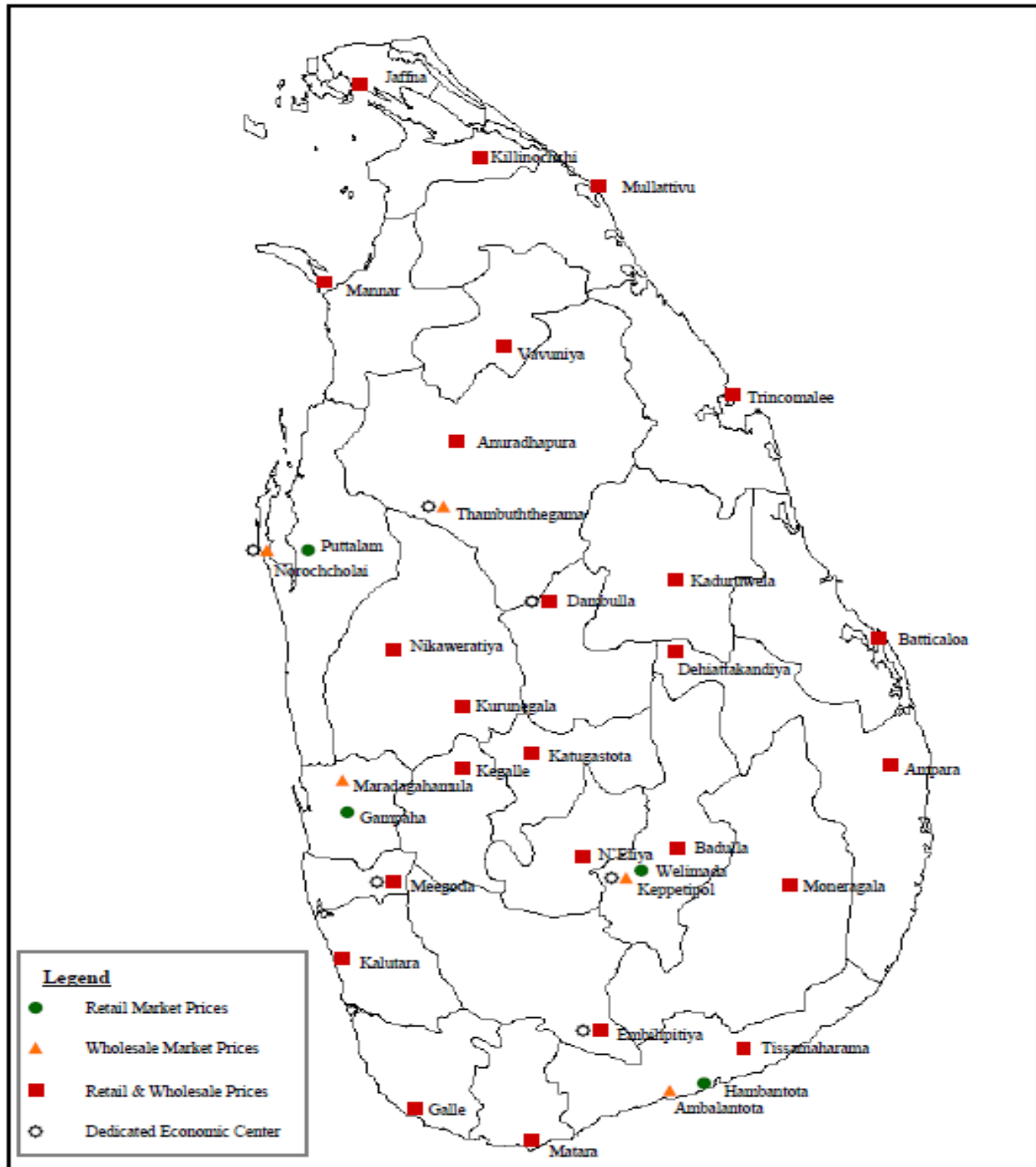
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවිරමේ ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය
ජාතික ජංගම දුරකථන ජාලයෙන්

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මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චළච්චි තොග මිල දැක්වේ.
විකාසයාට 022/-