

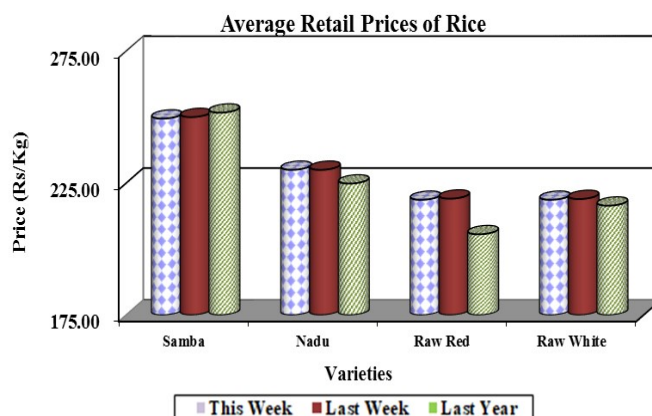
RETAIL MARKET AT A GLANCE

Summary

Paddy/Rice

Prices of all the rice varieties have not changed significantly and samba I, nadu I, raw red, raw white, and imported samba were observed to have average prices of Rs.249.00/kg, Rs.230.00/kg, Rs.219.00/kg, Rs.219.00/kg, and Rs.251.00/kg. Price of keeri samba range Rs. 280.00-320.00/kg. The average farm gate prices of most of the major paddy varieties have decreased due to supply of newly harvested paddy stocks.

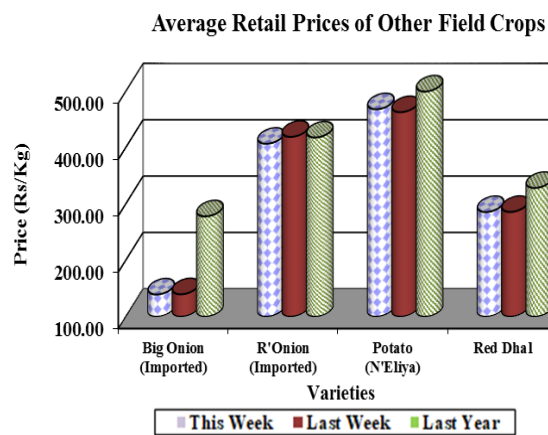
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Other Field Crops

The average price of imported dried chillies was Rs.798.00. Price of vedalan red onion has decreased by Rs.53.00/kg, and the average price was Rs.521.00/kg. The average prices of imported red onion and big onions were Rs.407.00/kg and Rs.139.00/kg respectively. The average prices for Nuwara-Eliya and imported potatoes were Rs.468.00/kg and Rs.221.00/kg respectively.

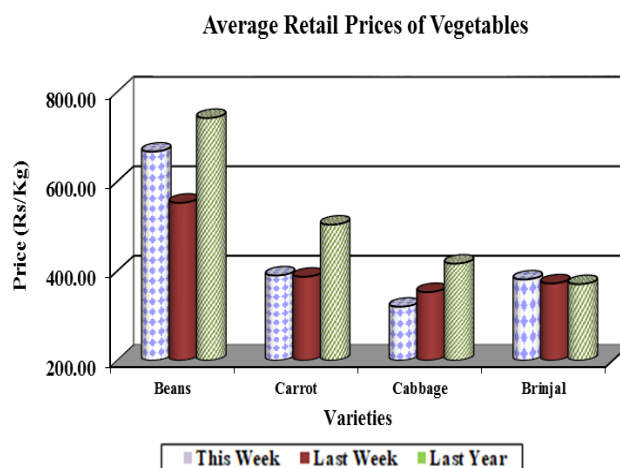
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Vegetables

Prices of most of the vegetables have slightly decreased due to increased supply. Considering up-country varieties, the highest price decrease was reported for cabbage at Rs.33.00/kg, followed by leeks at Rs.29.00/kg. However, bean prices have increased by Rs.114.00/kg. Considering low-country varieties, the highest price decrease was reported for pumpkin at Rs.36.00/kg and green chilli as Rs.87.00/kg.

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Rice

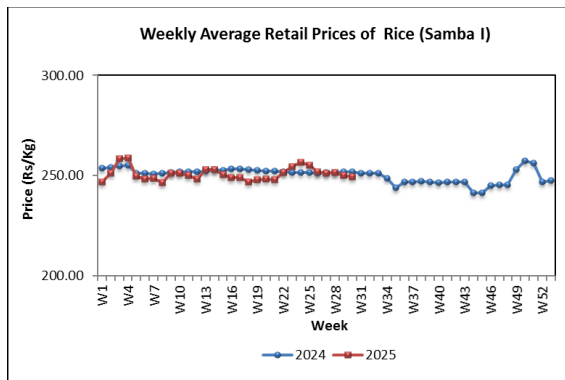
Wholesale

Price of all the rice varieties have not changed significantly and keeri samba price ranged Rs.260.00-300.00/kg. Imported raw white was also available at the market and price ranged Rs.205.00-210.00

Compared to same period of last year, price of all the local rice varieties have decreased in the range of 1%-4%

Retail

Retail price of all the rice varieties have decreased. The highest price decreased of Rs.2.00/kg was observed for imported raw white.



Compared to the same period of last year, the highest price increase of 6% was recorded for local raw red and the highest price decreased of 18% was recorded for local keeri samba.

Paddy

The average farmgate price of major paddy varieties have decreased slightly in major producing areas due to supply of newly harvested paddy stocks of 2025 yala season. Accordingly, short grain paddy has decreased by Rs.5.00-6.00/kg in Anuradhapura, Kalawewa and Dehiattakandiya areas. Price of short grain paddy ranged Rs.105.00-130.00/kg in major producing areas. Price decline of Rs.1.00-2.00/kg was reported for keeri samba paddy in Anuradhapura and Kalawewa areas while price ranged Rs.130.00-140.00/kg in major producing areas. Slight price decrease of Rs.1.00-2.00/kg was noted for long grain white paddy in Dehiattakandiya and Ampara areas while, price ranged Rs.95.00-120.00/kg in major producing areas. Price decrease of Rs.4.00-5.00/kg was reported for long grain (red) paddy in major producing areas in southern province and price ranged Rs.110.0-120.00/kg.

Compared to the same period of last year, prices of all the major paddy varieties except long grain white paddy have decreased slightly by 1%-11%.

Dried Chilies

Wholesale

The price of imported dried chilies has increased by 5% due to unavailability of

sufficient stocks at the market and price ranged Rs.520.00-600.00/kg,

Compared to same period of last year, current whole sale price of imported dried chilies has decreased by 29%.

Retail

The retail price of imported dried chilies has increased by Rs.38.00/kg and price ranged Rs.650.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 22%.

Onion

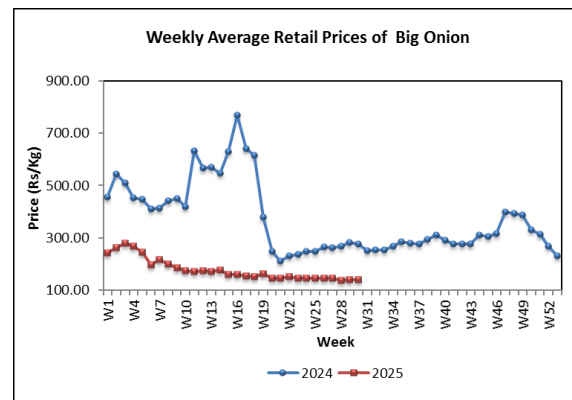
Wholesale

Price of vedalan red onion and imported red onion have decreased by 25% and 15% due to availability of sufficient stocks and price ranged Rs.240.00-300.00/kg, and Rs.200.00-320.00/kg respectively. Imported big onion has decreased by 2% and price ranged Rs.60.00-105.00/kg. Rs.60.00-80.00 for varieties from Pakistan and Rs.90.00-105.00 for Indian varieties was

Compared to same period of last year, vedalan red onion and imported big onion have decreased by 10% and 56%, while imported red onion has increased by 3%.

Retail

The retail price of vedalan and imported red onion have decreased by Rs.53.00/kg and Rs.12.00/kg respectively. There was no significant change in the retail price of imported big onions.



Compared to the same period of last year, all types of onion prices have decreased and the highest price decrease of 50% was recorded for imported big onions.

Potato

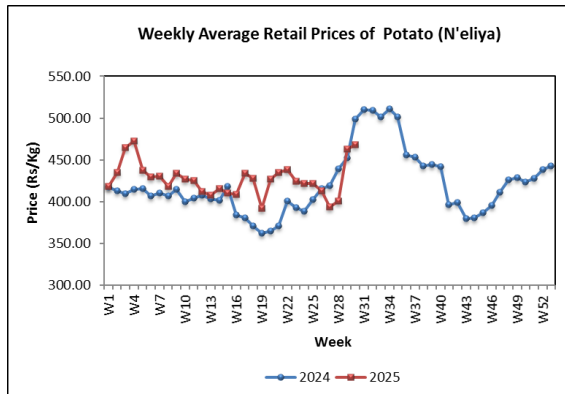
Wholesale

The Price of Nuwara Eliya and imported potato has increased by 2% and price ranged Rs.320.00-380.00/kg and 150.00-180.00/kg respectively.

Compared to same period of last year, Nuwara Eliya and imported potato prices of decreased by 5% and 26%.

Retail

Price of Nuwara Eliya and imported potatoes have increased by Rs.5.00/kg and Rs.8.00/kg, while the price ranged Rs.440.00-520.00 and Rs.180.00-240.00/kg.



Compared to the same period of last year, the price of Nuwara Eliya and imported potato have decreased by 6% and 26% respectively.

Pulses

Wholesale

Price of green gram has decreased by 6% and price ranged Rs.650.00-750.00. Price of white cowpea and red cowpea has increased by 8% and 7% due to unavailability of sufficient stocks and both prices ranged Rs.850.00-1000.00/kg.

Compared to same period of last year, current wholesale price of green gram and Red dhal have decreased by 8% and 13%

while white cowpea and red cowpea have increased by 19% and 22% respectively.

Retail

The retail prices of white cowpea and red cowpea have increased by Rs.10.00/kg and Rs.21.00/kg. The retail price of green gram has decreased by Rs.10.00/kg. There was no significant change in the price of red dhal.

Compared to the same period of last year the highest price increase of 3% was recorded for white cowpea and highest price decreased 26% was recorded for green gram.

Vegetable

Wholesale

Prices of most the vegetables have increased with decreased supply from major producing areas.

Supply of most of the up-country vegetable, have decreased due to unfavorable weather condition. Accordingly, the highest price increase was reported for beans (55%), with decreased supply from Kandy, and Balangoda. Further, the prices of tomato (39%), have also increase, with decline supply from Kandy

Hanguranketha, Balangoda and Sooriyawewa areas. However, with increased stocks from Nuwara Eliya, Kandy and Puttalam, the prices of both knolkhol and cabbage have decreased by 22%.

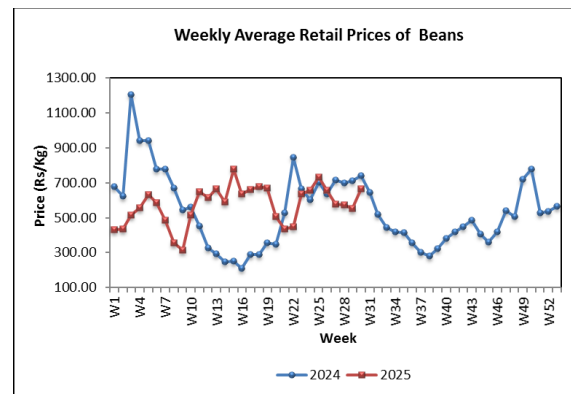
Considering the low-country vegetables, the prices of all the vegetable varieties except for pumpkin, experienced a price increase due to low supplies from Jaffna, Puttalam, Embilipitiya, Kandy, Anuradhapura, Balangoda and Dambulla areas. Particularly, the highest price increase reported for snake gourd as 25%, followed by both capsicum and luffa as 23%. However, the Prices of Pumpkin have decreased further by 21% with increased supply from Vilachchiya and Monaragala areas. In addition, the prices of both green chillies and lime have also decreased by 14%, with increased supply from producing areas.

Due to high supplies from Dambulla, prices of sweet potatoes have also decrease by 13%.

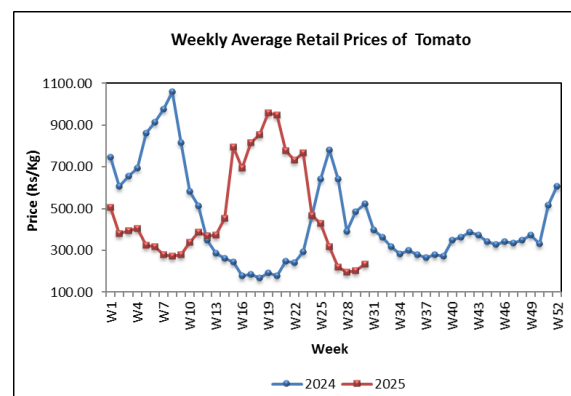
Compared to the previous year, the prices of most of the vegetables have decreased, with the highest price decrease of 70% reported for leeks and beetroot.

Retail

The retail prices of most vegetables have decreased compare to last week. Considering up-country vegetables, the highest price increase was reported for beans as Rs.114.00/kg, and leeks prices have decreased by Rs.29.00/kg.



Considering the low-country vegetable varieties, the highest price increase was reported for tomatoes at Rs.32.00/kg, followed by Rs.25.00/kg for capsicum. However, the prices of green chillies decreased by Rs.87.00/kg and pumpkin by Rs.36.00/kg.



Compared to the same period of last year, prices of most of the vegetable varieties

have decreased, with a notable 50% price drop reported for lime and beetroot.

Coconut Wholesale

Prices of both large and small nuts have increased by 7% and 5% respectively, due to decrease supply. Price ranges were Rs.170.00-180.00 for a large nut and Rs.140.00-160.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 65% and 72% respectively.

Retail

Prices of large nuts have increased by Rs 6.00/nut. Price ranges were Rs.180.00-200.00 for a large nut and Rs.150.00- 170.00 for a small nut. Compared to the same period of last year, prices of large and small nuts have increased by 48% and 50%, respectively.

Fruits Wholesale

Prices of most of the fruit varieties have decreased due to low demand and increased supply. The highest price decrease of 31% was reported for local

orange. Avocado and wood apple prices decreased by 27% and 13% due to their season. Papaw and passion fruit prices dropped by 11% due to abundant supplies and low demand. Price of imported grape has decreased by 10% due to availability of ample stocks arrived from China. Prices for all banana varieties increased slightly, with ambul bananas increasing by 12%.

Compared to the same period of last year, prices of most of the fruit varieties have decreased while the highest price decrease of 54% reported for kolikuttu banana.

Retail

Retail prices have decreased compared to the wholesale prices. The highest price decrease of Rs.62.00/fruit was reported for karthakolomban mango. Prices of imported grapes and papaw have decreased by Rs.53.00/kg and Rs.48.00/kg respectively. Prices of all sizes of pineapple have decreased in the range of Rs.31.00-41.00/kg. However, the price of all type banana varieties have slightly increased.

Compared to the same period of last year, prices of most of the fruits have decreased and the highest price decrease was reported for kolikuttu banana as 43%.

Fresh Fish

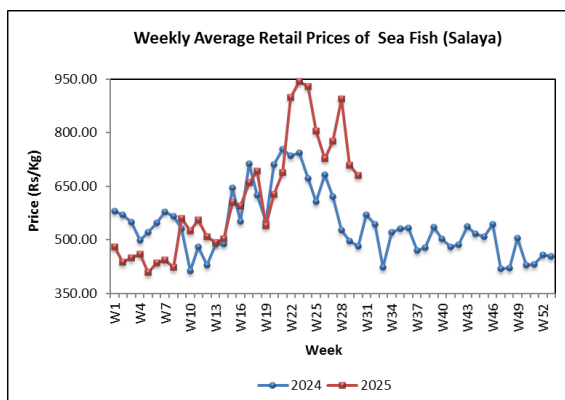
Wholesale

Prices of fresh fish have gone up due to reduced supply. The highest price decrease was recorded for salaya by 9%. Prawns recorded the highest price increase of 16%. Prices of paraw and thora have increased by 13% and 6% respectively.

The highest price increase of 38% was recorded for salaya compared to the same period of last year. The highest price reduction of 23% was recorded for thora.

Retail

The price of other fish varieties except salaya have increased and the highest price increase was recorded for balaya by Rs.217.00/kg. The second highest price increase was recorded for paraw by Rs.158.00/kg. The highest price decrease was recorded for salaya by Rs.29.00/kg. Price increase of kelawalla and thalapath have recorded as Rs.73.00/kg and Rs.55.00/kg respectively.



compared to the same period of last year, the price of fish varieties, except thora and shrimps have increased. The highest price increase was recorded for balaya by 72%.

Dried Fish

Wholesale

Apart from madua, balaya and salaya, the prices of other fish species have increased and mora recorded the highest price increase of 68%. The highest price decrease was recorded for salaya by 42%.

Compared to the same period of last year, prices of all the dry fish types have increased except maduwa.

Retail

Prices of dry fish varieties except salaya have increased and the highest price increase was recorded for anguluwa by Rs.329.00/kg. Price decrease of local sprats and maduwa have recorded as Rs.325.00/kg and Rs.267.00/kg respectively. The highest price decrease was recorded for salaya by Rs.294.00/kg.

Compared to the same period of last year, the prices of other dry fish varieties except local sprats have increased. The highest price increase was recorded for maduwa by 43%.

Eggs

Wholesale

Price of brown and white eggs have decreased by 2% and 3% respectively and prices ranged from Rs.28.00-30.00 and Rs.26.00-28.00.

For the same period of last year, price of white and brown eggs have decreased by 41% and 42% respectively.

Retail

The prices of both brown and white eggs have remained same and the price ranged Rs.28.00-32.00 for white egg and the price range of a brown egg has recorded as Rs.30.00- 35.00. The average price of the white and brown egg types has recorded as Rs.30.00 and Rs.33.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 37%- 39%.

Meat

Retail

The prices of other meat types except curry chicken have increased. The highest price increase was recorded for pork by Rs.53.00/kg. Price increase of broiler chicken and mutton have recorded as

Rs.29.00/kg and Rs.21.00/kg respectively.

The highest price decrease was recorded for curry chicken by Rs.38.00/kg.

Compared to the same period of last year, the price of all meat types have increased and the highest price increase was recorded for pork by 75%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 30: 25 - 31 Jul 2025**

08

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	11750 –	12000	11500 –	11600	13000 –	15000	10250 –	10750	10000 –	10350	9500 –	10250	9500 –	10250
Divulapitiya	12000 –	12300	11350 –	11750	12700 –	13500	11000 –	11250	9500 –	10200	9500 –	9950	9250 –	10100
Kurunegala	11800 –	11900	–		13000 –	13000	11200 –	11250	10250 –	10500	10000 –	10000	9750 –	10000
Nikaweratiya	11750 –	11900	–		12900 –	15000	11350 –	11400	9800 –	10100	9750 –	11000	9750 –	10000
Badulla	–		–		13900 –	14750	11250 –	11500	–		9500 –	9750	9500 –	9900
Puttalam	–		–		–		–		–		–		–	
Dambulla	13350 –	13400	11800 –	12000	–		11200 –	11250	11000 –	11050	10650 –	10700	10350 –	10400
Anuradhapura	12750 –	13250	11600 –	11800	12850 –	14500	11250 –	11350	10700 –	10900	10500 –	10750	10000 –	10500
Tambuttegama	12000 –	12100	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
Polonnaruwa	12600 –	12850	11850 –	12100	13350 –	15350	11100 –	11400	11100 –	11250	10850 –	10850	10750 –	10850
Kalutara	12000 –	12500	–		13500 –	14500	11200 –	11250	–		9500 –	10400	9000 –	10250
Ampara	11900 –	12000	–		13000 –	13000	11250 –	11500	–		9500 –	10000	9250 –	10000
Kandy	12250 –	12500	11750 –	11800	13000 –	14250	11000 –	11100	10400 –	10500	9900 –	10000	10000 –	10250
Moneragala	–		11350 –	11500	14500 –	14750	11200 –	11350	–		9000 –	9250	9250 –	9500
Kegalle	–		–		–		–		–		–		–	
Dehiattakandiya	11900 –	13250	–		12900 –	14500	11250 –	11350	–		10600 –	10900	9750 –	10900
Hambantota	–		–		–		–		–		–		–	
Matara	12000 –	12200	11750 –	11800	–		11250 –	11400	10900 –	11000	9250 –	9500	9750 –	10000
Galle	11850 –	11900	–		–		11400 –	11450	–		9000 –	10000	10000 –	10600
Meegoda	11800 –	11900	11700 –	11750	12900 –	13000	–		9900 –	10250	9150 –	9250	9250 –	10000
Tissamaharama	11900 –	11950	–		12900 –	12950	11000 –	11100	–		9100 –	9300	9750 –	9900
Embilipitiya	11900 –	11950	–		–		10750 –	10850	–		8750 –	8900	9250 –	9350
Jaffna	–		11500 –	11600	–		11350 –	11400	–		10200 –	10250	10400 –	10550
Vavuniya	11750 –	12000	–		13250 –	13750	11000 –	11250	–		10500 –	11000	10500 –	10750
Mannar	11750 –	11900	–		13000 –	13400	10500 –	10750	–		10250 –	10400	–	
Killinochchi	–		–		–		–		–		–		–	
Mullattivu	11900 –	12350	–		13350 –	13750	11300 –	11650	–		10850 –	11100	–	
Batticaloa	–		11400 –	11500	13000 –	13750	10250 –	10500	–		9250 –	9900	9250 –	9500
Trincomalee	11750 –	11750	11500 –	11700	–		11200 –	11250	–		10500 –	10750	10500 –	10750
Galenbindunuwew	11850 –	11900	–		13800 –	13800	11300 –	11350	11175 –	11200	10750 –	10800	10750 –	10800
Matale	11750 –	12000	–		13000 –	15000	11100 –	11250	10250 –	10500	10000 –	10250	9750 –	10400

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 30: 25 - 31 Jul 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	240.00 –	260.00	–		280.00 –	320.00	220.00 –	240.00	–		210.00 –	230.00	210.00 –	230.00
	Gampaha	–		238.00 –	240.00	270.00 –	290.00	230.00 –	230.00	228.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	–		240.00 –	240.00	270.00 –	280.00	230.00 –	230.00	215.00 –	225.00	220.00 –	220.00	219.00 –	220.00
	Nikaweratiya	240.00 –	240.00	–		260.00 –	310.00	230.00 –	235.00	210.00 –	220.00	210.00 –	220.00	210.00 –	220.00
	Dambulla	270.00 –	275.00	240.00 –	250.00	260.00 –	300.00	227.00 –	230.00	224.00 –	225.00	216.00 –	220.00	210.00 –	215.00
	Anuradhapura	265.00 –	270.00	240.00 –	240.00	260.00 –	300.00	230.00 –	230.00	220.00 –	225.00	215.00 –	220.00	210.00 –	220.00
	Thambuththegama	265.00 –	270.00	240.00 –	245.00	260.00 –	300.00	230.00 –	230.00	–		220.00 –	220.00	215.00 –	220.00
	Polonnaruwa	255.00 –	260.00	240.00 –	245.00	270.00 –	310.00	228.00 –	230.00	225.00 –	227.00	220.00 –	220.00	218.00 –	220.00
	Kaluthara	250.00 –	270.00	–		260.00 –	300.00	228.00 –	230.00	225.00 –	225.00	195.00 –	216.00	185.00 –	212.00
	Badulla	–		–		300.00 –	310.00	230.00 –	230.00	–		195.00 –	205.00	195.00 –	205.00
	Keppetipola	255.00 –	260.00	–		300.00 –	310.00	230.00 –	230.00	220.00 –	225.00	190.00 –	200.00	200.00 –	205.00
	Moneragala	–		235.00 –	240.00	300.00 –	300.00	230.00 –	230.00	–		185.00 –	190.00	190.00 –	200.00
	Kegalle	265.00 –	270.00	240.00 –	240.00	300.00 –	310.00	230.00 –	230.00	220.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	210.00 –	220.00	204.00 –	220.00	185.00 –	210.00
	Dehiattakandiya	270.00 –	270.00	240.00 –	240.00	260.00 –	300.00	230.00 –	230.00	–		215.00 –	220.00	200.00 –	220.00
	Nuwaraeliya	250.00 –	260.00	–		300.00 –	320.00	–		225.00 –	230.00	190.00 –	198.00	200.00 –	206.00
	Kandy	260.00 –	265.00	240.00 –	250.00	290.00 –	300.00	228.00 –	230.00	225.00 –	226.00	210.00 –	220.00	205.00 –	215.00
	Puttalam	270.00 –	275.00	235.00 –	250.00	260.00 –	300.00	220.00 –	225.00	210.00 –	215.00	218.00 –	220.00	218.00 –	220.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	260.00 –	270.00	–		300.00 –	310.00	232.00 –	240.00	220.00 –	225.00	190.00 –	200.00	205.00 –	210.00
	Matara	250.00 –	260.00	240.00 –	240.00	290.00 –	310.00	230.00 –	240.00	220.00 –	230.00	188.00 –	200.00	200.00 –	210.00
	Galle	260.00 –	275.00	240.00 –	240.00	290.00 –	310.00	230.00 –	230.00	–		200.00 –	220.00	210.00 –	220.00
	Tissamaharama	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	225.00 –	226.00	185.00 –	190.00	198.00 –	202.00
	Meegoda (DEC)	–		240.00 –	240.00	260.00 –	260.00	–		210.00 –	220.00	190.00 –	210.00	195.00 –	210.00
	Embilipitiya	240.00 –	244.00	–		260.00 –	320.00	225.00 –	230.00	–		184.00 –	195.00	198.00 –	210.00
	Jaffna	240.00 –	245.00	–		260.00 –	265.00	–		–		230.00 –	230.00	215.00 –	218.00
	Vavuniya	240.00 –	245.00	–		275.00 –	285.00	230.00 –	235.00	–		220.00 –	230.00	220.00 –	225.00
	Mannar	240.00 –	242.00	–		275.00 –	280.00	–		218.00 –	220.00	210.00 –	215.00	–	
	Killinochchi	–		–		–		–		–		–		–	
	Mullaittivu	243.00 –	250.00	–		275.00 –	280.00	234.00 –	238.00	–		220.00 –	225.00	–	
	Batticaloa	–		235.00 –	240.00	278.00 –	280.00	–		215.00 –	220.00	200.00 –	208.00	200.00 –	206.00
	Trincomalee	240.00 –	245.00	–		260.00 –	260.00	230.00 –	235.00	–		220.00 –	225.00	220.00 –	225.00
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	240.00 –	240.00	235.00 –	240.00	260.00 –	270.00	230.00 –	230.00	210.00 –	230.00	215.00 –	220.00	210.00 –	220.00	
Galenbindunuwewa	–		240.00 –	240.00	280.00 –	280.00	230.00 –	230.00	225.00 –	225.00	220.00 –	220.00	220.00 –	220.00	
Bandarawela	255.00 –	260.00	240.00 –	240.00	280.00 –	300.00	230.00 –	235.00	–		195.00 –	205.00	195.00 –	210.00	
Matale	255.00 –	260.00	240.00 –	245.00	260.00 –	310.00	230.00 –	230.00	215.00 –	220.00	210.00 –	220.00	210.00 –	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 30: 25 - 31 Jul 2025

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LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	26000 - 30000	10000 - 16000	12000 - 15000	3000 - 5250	7500 - 9000	-	16000 - 19000	32500 - 37500	42500 - 50000	12000 - 12500
Kurunegala	30000 - 31000	-	17500 - 18000	4750 - 5500	8000 - 9250	-	16000 - 16500	38500 - 39500	38500 - 39000	12400 - 12600
Nikaweratiya	29250 - 30500	17500 - 18000	-	5000 - 6000	8000 - 9000	-	-	32500 - 39000	37500 - 39000	12350 - 13500
Dehiattakandiya	32500 - 32500	21000 - 22500	-	5500 - 6000	9000 - 9250	-	18000 - 20000	30000 - 32500	27500 - 27500	12100 - 13250
Dambulla (DEC)	27500 - 28000	12400 - 12500	12000 - 12500	4250 - 5750	7500 - 8500	-	16000 - 16500	32500 - 34000	25000 - 27500	12000 - 12500
Anuradhapura	31500 - 35000	16000 - 17000	20000 - 22500	5000 - 6000	9000 - 10000	-	-	37500 - 42500	35000 - 40000	12500 - 13000
Thambuththegama	31500 - 33000	-	11500 - 12500	5000 - 5750	7750 - 9500	-	-	33250 - 33250	27500 - 27500	12250 - 12500
Polonnaruwa	30500 - 33000	19250 - 20750	21250 - 21750	5750 - 6750	10000 - 10000	-	-	30500 - 33000	40500 - 43500	14000 - 14500
Kaluthara	29000 - 32500	15000 - 17000	-	5750 - 5900	9000 - 9250	-	-	34000 - 36000	39000 - 41000	12500 - 13250
Puttalam	-	-	10000 - 12500	-	-	-	-	-	-	-
Kandy	28500 - 30000	14000 - 15000	12500 - 15000	3750 - 5500	8500 - 9000	-	16500 - 17000	35000 - 37500	40000 - 42500	12500 - 12750
Matara	32500 - 34000	16000 - 17000	17500 - 18250	5250 - 5750	9250 - 10000	-	17500 - 18000	36500 - 39000	39000 - 41000	13000 - 13500
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	31500 - 32750	12000 - 12500	-	5150 - 5250	8000 - 8500	-	16000 - 16200	37500 - 38500	42000 - 42500	12500 - 13500
Galle	32000 - 35000	17000 - 19000	19000 - 22500	5150 - 6000	8500 - 9250	-	16500 - 17500	35000 - 37500	35000 - 37500	12500 - 13500
Tissamaharama	29000 - 30000	12500 - 14000	-	5000 - 5750	7500 - 8750	-	16500 - 17000	32500 - 35000	35000 - 36500	12250 - 12400
Meegoda (DEC)	26750 - 30000	10000 - 12000	-	3500 - 5500	7750 - 9250	-	16000 - 17000	32500 - 37500	45000 - 47500	12000 - 12300
Jaffna	30000 - 30000	-	16400 - 16500	6000 - 6300	8400 - 8500	-	-	32000 - 33000	-	12000 - 12300
Vavuniya	37500 - 39000	13000 - 14000	-	5000 - 5750	8250 - 8500	-	-	35000 - 37500	-	13000 - 13500
Mannar	28000 - 29000	10000 - 11500	-	6000 - 6500	7500 - 8000	-	-	35000 - 37500	-	12250 - 12500
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	32500 - 34000	-	-	4500 - 5500	8500 - 10500	-	-	27500 - 29000	-	13750 - 14000
Batticaloa	27500 - 28500	-	16000 - 17000	3750 - 4000	7500 - 8000	-	17000 - 19000	33000 - 33500	36000 - 40000	12000 - 12500
Trincomalee	30000 - 31000	13000 - 13500	14000 - 14500	4500 - 5000	7500 - 7750	-	-	28000 - 30000	-	13500 - 13600
Galenbindunuwewa	33500 - 34000	19000 - 19500	-	6000 - 6500	9000 - 9500	-	-	36500 - 37000	34000 - 34500	12500 - 13000
Matale	31000 - 32500	16500 - 17000	14000 - 15000	4750 - 5250	8250 - 8750	-	-	37000 - 40000	42500 - 44000	12250 - 12750

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 30: 25 - 31 Jul 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	360.00 – 440.00	480.00 – 600.00	120.00 – 160.00	180.00 – 240.00	-	440.00 – 520.00	800.00 – 1000.00	950.00 – 1200.00	260.00 – 320.00
Gampaha	720.00 – 860.00	-	480.00 – 520.00	130.00 – 160.00	220.00 – 260.00	-	440.00 – 500.00	790.00 – 1000.00	880.00 – 1120.00	260.00 – 300.00
Kurunegala	700.00 – 800.00	400.00 – 440.00	480.00 – 500.00	120.00 – 150.00	200.00 – 250.00	-	380.00 – 400.00	800.00 – 1000.00	900.00 – 1000.00	260.00 – 300.00
Nikaweratiya	580.00 – 750.00	370.00 – 400.00	330.00 – 350.00	120.00 – 170.00	200.00 – 225.00	-	-	680.00 – 850.00	750.00 – 800.00	265.00 – 300.00
Dambulla	690.00 – 750.00	380.00 – 400.00	400.00 – 420.00	100.00 – 130.00	200.00 – 220.00	-	-	750.00 – 800.00	800.00 – 850.00	255.00 – 270.00
Anuradhapura	700.00 – 800.00	360.00 – 400.00	480.00 – 520.00	120.00 – 140.00	200.00 – 220.00	-	-	800.00 – 900.00	750.00 – 850.00	270.00 – 300.00
Thambuththegama	800.00 – 880.00	-	350.00 – 450.00	130.00 – 160.00	210.00 – 250.00	-	-	850.00 – 880.00	700.00 – 720.00	255.00 – 265.00
Polonnaruwa	700.00 – 750.00	400.00 – 430.00	440.00 – 450.00	130.00 – 150.00	220.00 – 260.00	-	-	700.00 – 750.00	900.00 – 960.00	280.00 – 300.00
Kaluthara	640.00 – 700.00	350.00 – 400.00	-	140.00 – 160.00	220.00 – 250.00	-	-	700.00 – 750.00	850.00 – 950.00	255.00 – 270.00
Badulla	700.00 – 700.00	440.00 – 480.00	-	130.00 – 140.00	200.00 – 220.00	380.00 – 400.00	-	800.00 – 850.00	800.00 – 800.00	270.00 – 280.00
Keppetipola	650.00 – 700.00	350.00 – 400.00	400.00 – 420.00	100.00 – 120.00	190.00 – 200.00	330.00 – 340.00	-	850.00 – 860.00	900.00 – 950.00	285.00 – 300.00
Moneragala	680.00 – 800.00	380.00 – 400.00	480.00 – 500.00	100.00 – 140.00	200.00 – 240.00	360.00 – 400.00	-	780.00 – 900.00	600.00 – 700.00	270.00 – 300.00
Kegalle	650.00 – 700.00	350.00 – 400.00	-	140.00 – 160.00	230.00 – 240.00	-	380.00 – 400.00	750.00 – 920.00	880.00 – 920.00	270.00 – 320.00
Ampara	670.00 – 700.00	350.00 – 360.00	-	130.00 – 140.00	185.00 – 220.00	360.00 – 380.00	-	740.00 – 820.00	700.00 – 850.00	255.00 – 265.00
Dehiattakandiya	680.00 – 700.00	450.00 – 480.00	-	120.00 – 150.00	190.00 – 200.00	380.00 – 400.00	-	650.00 – 700.00	600.00 – 600.00	255.00 – 280.00
Nuwaraeliya	660.00 – 720.00	340.00 – 350.00	380.00 – 420.00	115.00 – 130.00	190.00 – 220.00	-	340.00 – 350.00	860.00 – 900.00	1000.00 – 1050.00	265.00 – 275.00
Kandy	760.00 – 790.00	500.00 – 550.00	550.00 – 580.00	130.00 – 140.00	200.00 – 220.00	-	400.00 – 440.00	800.00 – 950.00	840.00 – 1000.00	270.00 – 300.00
Puttalam	700.00 – 760.00	-	280.00 – 300.00	130.00 – 160.00	200.00 – 240.00	-	400.00 – 480.00	780.00 – 900.00	800.00 – 1000.00	280.00 – 290.00
Rathnapura	780.00 – 900.00	400.00 – 440.00	-	140.00 – 160.00	190.00 – 220.00	-	400.00 – 440.00	760.00 – 800.00	860.00 – 930.00	280.00 – 310.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	700.00 – 760.00	360.00 – 400.00	400.00 – 440.00	120.00 – 130.00	210.00 – 240.00	-	380.00 – 400.00	750.00 – 880.00	800.00 – 850.00	275.00 – 300.00
Galle	680.00 – 800.00	380.00 – 480.00	440.00 – 560.00	120.00 – 140.00	200.00 – 240.00	-	380.00 – 400.00	750.00 – 900.00	750.00 – 900.00	270.00 – 300.00
Tissamaharama	630.00 – 700.00	-	320.00 – 350.00	125.00 – 140.00	200.00 – 220.00	-	380.00 – 400.00	730.00 – 740.00	775.00 – 790.00	260.00 – 280.00
Meegoda (DEC)	620.00 – 650.00	400.00 – 440.00	300.00 – 400.00	120.00 – 150.00	200.00 – 240.00	-	400.00 – 440.00	800.00 – 960.00	960.00 – 1040.00	260.00 – 280.00
Embilipitiya	720.00 – 750.00	-	300.00 – 360.00	120.00 – 140.00	200.00 – 220.00	-	400.00 – 400.00	800.00 – 870.00	800.00 – 980.00	255.00 – 320.00
Jaffna	650.00 – 660.00	-	350.00 – 360.00	130.00 – 140.00	170.00 – 180.00	-	-	670.00 – 690.00	-	255.00 – 260.00
Vavuniya	800.00 – 900.00	-	300.00 – 340.00	125.00 – 140.00	200.00 – 220.00	-	-	780.00 – 800.00	-	280.00 – 290.00
Mannar	700.00 – 720.00	-	-	140.00 – 150.00	180.00 – 200.00	-	-	780.00 – 800.00	-	255.00 – 280.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	680.00 – 720.00	-	440.00 – 480.00	-	180.00 – 220.00	-	-	580.00 – 620.00	-	280.00 – 285.00
Batticaloa	700.00 – 725.00	-	450.00 – 500.00	130.00 – 145.00	200.00 – 200.00	-	450.00 – 480.00	950.00 – 9500.00	900.00 – 1000.00	260.00 – 290.00
Trincomalee	700.00 – 750.00	-	350.00 – 360.00	140.00 – 150.00	200.00 – 220.00	-	-	650.00 – 700.00	-	280.00 – 285.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	660.00 – 760.00	360.00 – 360.00	-	100.00 – 160.00	200.00 – 240.00	-	400.00 – 440.00	920.00 – 1000.00	920.00 – 1000.00	270.00 – 300.00
Galenbindunuwewa	700.00 – 750.00	400.00 – 440.00	-	140.00 – 140.00	200.00 – 200.00	-	-	750.00 – 800.00	700.00 – 800.00	270.00 – 280.00
Bandarawela	700.00 – 800.00	400.00 – 440.00	450.00 – 480.00	120.00 – 140.00	200.00 – 220.00	340.00 – 360.00	-	800.00 – 850.00	850.00 – 900.00	270.00 – 300.00
Matale	750.00 – 800.00	360.00 – 380.00	400.00 – 480.00	105.00 – 120.00	180.00 – 200.00	-	-	850.00 – 1000.00	800.00 – 970.00	260.00 – 270.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 30: 25 - 31 Jul 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	550.00 - 650.00	240.00 - 300.00	100.00 - 130.00	80.00 - 120.00	50.00 - 100.00
Meegoda (DEC)	-	670.00 - 720.00	270.00 - 300.00	120.00 - 150.00	80.00 - 100.00	100.00 - 120.00
Dambulla (DEC)	-	500.00 - 550.00	220.00 - 270.00	100.00 - 120.00	60.00 - 110.00	60.00 - 90.00
Keppetipola (DEC)	-	620.00 - 650.00	230.00 - 250.00	90.00 - 110.00	100.00 - 120.00	70.00 - 80.00
Norochchole (DEC)	-	-	-	-	50.00 - 70.00	-
Nuwara Eliya	-	600.00 - 630.00	270.00 - 280.00	120.00 - 130.00	130.00 - 140.00	80.00 - 90.00
Kandy	-	600.00 - 650.00	250.00 - 280.00	120.00 - 140.00	80.00 - 90.00	60.00 - 80.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	650.00 - 750.00	280.00 - 320.00	150.00 - 180.00	100.00 - 120.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	570.00 - 620.00	230.00 - 280.00	110.00 - 120.00	120.00 - 130.00	70.00 - 80.00
Veyangoda	-	650.00 - 720.00	250.00 - 300.00	120.00 - 150.00	80.00 - 110.00	80.00 - 120.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 80.00	100.00 - 150.00	100.00 - 130.00	50.00 - 100.00	200.00 - 300.00	400.00 - 600.00
Meegoda (DEC)	120.00 - 150.00	130.00 - 180.00	120.00 - 140.00	80.00 - 100.00	260.00 - 300.00	460.00 - 500.00
Moneragala	120.00 - 140.00	180.00 - 250.00	130.00 - 150.00	120.00 - 130.00	250.00 - 300.00	550.00 - 600.00
Dambulla (DEC)	40.00 - 50.00	130.00 - 170.00	80.00 - 110.00	80.00 - 90.00	200.00 - 280.00	400.00 - 450.00
Keppetipola (DEC)	60.00 - 80.00	100.00 - 120.00	100.00 - 120.00	80.00 - 90.00	250.00 - 260.00	450.00 - 500.00
Norochchole (DEC)	20.00 - 40.00	-	-	50.00 - 70.00	180.00 - 230.00	350.00 - 450.00
Nuwara Eliya	80.00 - 100.00	140.00 - 150.00	110.00 - 140.00	90.00 - 100.00	260.00 - 270.00	530.00 - 550.00
Kandy	80.00 - 90.00	100.00 - 130.00	90.00 - 100.00	90.00 - 100.00	250.00 - 280.00	500.00 - 550.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	80.00 - 100.00	160.00 - 220.00	60.00 - 90.00	60.00 - 70.00	190.00 - 250.00	400.00 - 450.00
Tissamaharama	100.00 - 130.00	180.00 - 200.00	140.00 - 150.00	80.00 - 120.00	220.00 - 250.00	580.00 - 620.00
Jaffna	-	-	-	-	-	-
Bandarawela	70.00 - 80.00	100.00 - 120.00	100.00 - 110.00	80.00 - 100.00	230.00 - 270.00	480.00 - 520.00
Veyangoda	80.00 - 120.00	140.00 - 170.00	110.00 - 130.00	80.00 - 110.00	220.00 - 290.00	450.00 - 520.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	50.00 - 80.00	50.00 - 70.00	200.00 - 250.00	120.00 - 200.00	200.00 - 500.00	100.00 - 130.00
Meegoda (DEC)	60.00 - 70.00	50.00 - 70.00	200.00 - 250.00	170.00 - 200.00	430.00 - 450.00	150.00 - 180.00
Moneragala	80.00 - 100.00	100.00 - 130.00	200.00 - 270.00	120.00 - 150.00	200.00 - 250.00	200.00 - 250.00
Dambulla (DEC)	30.00 - 50.00	60.00 - 80.00	150.00 - 160.00	90.00 - 110.00	300.00 - 400.00	120.00 - 130.00
Keppetipola (DEC)	70.00 - 80.00	60.00 - 70.00	170.00 - 180.00	100.00 - 110.00	200.00 - 220.00	120.00 - 130.00
Norochchole (DEC)	40.00 - 50.00	30.00 - 40.00	180.00 - 240.00	60.00 - 80.00	200.00 - 250.00	100.00 - 130.00
Nuwara Eliya	70.00 - 80.00	50.00 - 60.00	190.00 - 210.00	100.00 - 120.00	240.00 - 260.00	120.00 - 130.00
Kandy	70.00 - 80.00	70.00 - 80.00	170.00 - 200.00	100.00 - 110.00	250.00 - 400.00	160.00 - 180.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	45.00 - 60.00	45.00 - 55.00	140.00 - 160.00	100.00 - 110.00	300.00 - 320.00	100.00 - 120.00
Tissamaharama	80.00 - 110.00	50.00 - 70.00	250.00 - 280.00	120.00 - 160.00	150.00 - 200.00	160.00 - 200.00
Jaffna	-	-	-	-	-	-
Bandarawela	65.00 - 80.00	60.00 - 70.00	200.00 - 220.00	120.00 - 130.00	200.00 - 250.00	120.00 - 130.00
Veyangoda	60.00 - 75.00	50.00 - 75.00	200.00 - 230.00	140.00 - 150.00	350.00 - 430.00	140.00 - 200.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	180.00 - 280.00	50.00 - 70.00	180.00 - 300.00	150.00 - 200.00	100.00 - 130.00	80.00 - 100.00
Meegoda (DEC)	220.00 - 300.00	70.00 - 90.00	280.00 - 340.00	180.00 - 200.00	120.00 - 140.00	90.00 - 100.00
Moneragala	200.00 - 250.00	50.00 - 60.00	350.00 - 450.00	180.00 - 220.00	200.00 - 250.00	70.00 - 90.00
Dambulla (DEC)	200.00 - 260.00	50.00 - 70.00	180.00 - 250.00	150.00 - 180.00	90.00 - 120.00	90.00 - 100.00
Keppetipola (DEC)	220.00 - 230.00	60.00 - 70.00	420.00 - 450.00	180.00 - 200.00	130.00 - 140.00	80.00 - 100.00
Norochchole (DEC)	150.00 - 180.00	50.00 - 70.00	300.00 - 400.00	-	-	70.00 - 90.00
Nuwara Eliya	250.00 - 260.00	70.00 - 90.00	450.00 - 480.00	230.00 - 250.00	140.00 - 160.00	100.00 - 110.00
Kandy	250.00 - 280.00	70.00 - 90.00	280.00 - 320.00	150.00 - 170.00	130.00 - 140.00	90.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	200.00 - 240.00	50.00 - 60.00	200.00 - 260.00	140.00 - 160.00	120.00 - 130.00	80.00 - 90.00
Tissamaharama	120.00 - 150.00	50.00 - 60.00	400.00 - 450.00	200.00 - 250.00	180.00 - 200.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	220.00 - 250.00	60.00 - 80.00	380.00 - 450.00	200.00 - 220.00	140.00 - 160.00	-
Veyangoda	200.00 - 260.00	70.00 - 100.00	250.00 - 340.00	180.00 - 210.00	120.00 - 130.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	280.00 - 320.00	170.00 - 180.00	140.00 - 160.00
Meegoda (DEC)	50.00 - 50.00	50.00 - 50.00	210.00 - 240.00	150.00 - 165.00	120.00 - 130.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	125.00 - 150.00	100.00 - 110.00	80.00 - 90.00
Kandy	30.00 - 35.00	30.00 - 35.00	220.00 - 230.00	135.00 - 145.00	100.00 - 110.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	100.00 - 110.00	-
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	100.00 - 120.00	60.00 - 80.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 30: 25 - 31 Jul 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	600.00	800.00	280.00	480.00	150.00	400.00	180.00	320.00	100.00	320.00	100.00	320.00	150.00	400.00	160.00
Gampaha	-	600.00	700.00	400.00	500.00	240.00	360.00	280.00	320.00	240.00	340.00	240.00	260.00	400.00	480.00	300.00
Kurunegala	-	640.00	740.00	380.00	480.00	260.00	340.00	240.00	300.00	220.00	280.00	160.00	200.00	360.00	420.00	280.00
Nikaweratiya	-	720.00	850.00	480.00	600.00	260.00	450.00	200.00	320.00	160.00	250.00	150.00	200.00	320.00	420.00	200.00
Dambulla	-	700.00	740.00	360.00	400.00	240.00	280.00	180.00	200.00	180.00	240.00	140.00	160.00	280.00	300.00	160.00
Anuradhapura	-	760.00	880.00	400.00	520.00	320.00	360.00	200.00	320.00	200.00	240.00	180.00	200.00	320.00	400.00	180.00
Thambuththegama	-	850.00	900.00	460.00	550.00	300.00	350.00	180.00	250.00	-	-	160.00	220.00	300.00	380.00	150.00
Polonnaruwa	-	600.00	650.00	420.00	460.00	340.00	360.00	220.00	260.00	200.00	240.00	150.00	180.00	260.00	300.00	240.00
Kaluthara	-	600.00	740.00	300.00	480.00	240.00	400.00	200.00	240.00	200.00	240.00	200.00	240.00	300.00	360.00	220.00
Badulla	-	620.00	680.00	320.00	360.00	200.00	240.00	200.00	240.00	200.00	240.00	160.00	200.00	240.00	280.00	180.00
Keppetipola	-	680.00	700.00	280.00	320.00	150.00	170.00	160.00	180.00	140.00	150.00	120.00	130.00	160.00	180.00	150.00
Moneragala	-	720.00	800.00	400.00	520.00	280.00	320.00	200.00	320.00	200.00	240.00	160.00	240.00	240.00	320.00	160.00
Kegalle	-	760.00	800.00	480.00	520.00	280.00	320.00	200.00	240.00	240.00	280.00	240.00	280.00	280.00	320.00	240.00
Ampara	-	600.00	780.00	320.00	380.00	180.00	260.00	180.00	220.00	180.00	240.00	140.00	200.00	280.00	340.00	180.00
Dehiattakandiya	-	800.00	800.00	400.00	400.00	200.00	200.00	300.00	340.00	200.00	240.00	160.00	200.00	200.00	200.00	200.00
Nuwaraeliya	-	680.00	720.00	380.00	400.00	220.00	240.00	240.00	250.00	180.00	200.00	160.00	180.00	240.00	250.00	240.00
Kandy	-	800.00	900.00	400.00	450.00	280.00	300.00	160.00	180.00	140.00	160.00	160.00	180.00	200.00	240.00	150.00
Puttalam	-	750.00	800.00	400.00	480.00	300.00	320.00	200.00	320.00	300.00	320.00	200.00	200.00	360.00	400.00	200.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	600.00	650.00	350.00	440.00	180.00	240.00	180.00	250.00	140.00	200.00	140.00	160.00	200.00	280.00	160.00
Matara	-	600.00	800.00	380.00	440.00	240.00	320.00	200.00	300.00	160.00	200.00	120.00	160.00	240.00	320.00	180.00
Galle	-	680.00	800.00	400.00	400.00	320.00	400.00	160.00	280.00	240.00	320.00	160.00	200.00	280.00	360.00	200.00
Tissamaharama	-	650.00	690.00	360.00	400.00	240.00	280.00	200.00	230.00	170.00	200.00	160.00	180.00	240.00	260.00	180.00
Meegoda (DEC)	-	720.00	760.00	400.00	480.00	240.00	320.00	160.00	200.00	200.00	240.00	240.00	240.00	240.00	320.00	200.00
Embilipitiya	-	700.00	800.00	300.00	400.00	280.00	320.00	240.00	280.00	150.00	200.00	120.00	160.00	300.00	400.00	200.00
Jaffna	-	-	-	400.00	450.00	230.00	250.00	130.00	150.00	180.00	200.00	200.00	220.00	230.00	250.00	160.00
Vavuniya	-	600.00	700.00	500.00	550.00	250.00	280.00	200.00	240.00	-	-	240.00	260.00	400.00	450.00	220.00
Mannar	-	600.00	650.00	350.00	400.00	300.00	350.00	200.00	250.00	-	-	200.00	250.00	200.00	300.00	200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	600.00	620.00	500.00	550.00	250.00	300.00	200.00	240.00	-	-	240.00	280.00	400.00	450.00	240.00
Batticaloa	-	680.00	720.00	400.00	420.00	180.00	320.00	200.00	250.00	200.00	200.00	150.00	200.00	250.00	270.00	160.00
Trincomalee	-	720.00	760.00	450.00	480.00	380.00	400.00	300.00	350.00	200.00	240.00	200.00	220.00	350.00	360.00	200.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	720.00	880.00	320.00	400.00	200.00	280.00	160.00	220.00	180.00	240.00	140.00	200.00	240.00	320.00	160.00
Galenbindunuwewa	-	750.00	800.00	440.00	480.00	300.00	330.00	200.00	240.00	200.00	240.00	140.00	160.00	300.00	330.00	200.00
Bandarawela	-	640.00	700.00	360.00	400.00	240.00	260.00	180.00	220.00	120.00	150.00	140.00	160.00	200.00	240.00	140.00
Matale	-	800.00	840.00	380.00	400.00	240.00	300.00	200.00	320.00	160.00	200.00	140.00	160.00	300.00	320.00	160.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	150.00 - 320.00	250.00 - 480.00	600.00 - 800.00	100.00 - 260.00	120.00 - 240.00	250.00 - 480.00	150.00 - 400.00	350.00 - 600.00	180.00 - 320.00	320.00 - 450.00		
Gampaha	240.00 - 320.00	400.00 - 500.00	800.00 - 850.00	200.00 - 280.00	160.00 - 240.00	480.00 - 520.00	340.00 - 420.00	600.00 - 700.00	340.00 - 400.00	360.00 - 450.00		
Kurunegala	240.00 - 300.00	420.00 - 500.00	740.00 - 850.00	170.00 - 240.00	130.00 - 200.00	400.00 - 500.00	260.00 - 320.00	500.00 - 600.00	280.00 - 360.00	340.00 - 400.00		
Nikaweratiya	160.00 - 220.00	320.00 - 430.00	600.00 - 700.00	120.00 - 220.00	120.00 - 160.00	320.00 - 420.00	160.00 - 240.00	480.00 - 600.00	200.00 - 260.00	240.00 - 320.00		
Dambulla	160.00 - 180.00	360.00 - 400.00	600.00 - 680.00	120.00 - 160.00	120.00 - 140.00	240.00 - 300.00	160.00 - 200.00	460.00 - 500.00	200.00 - 240.00	280.00 - 360.00		
Anuradhapura	160.00 - 240.00	320.00 - 400.00	600.00 - 720.00	160.00 - 200.00	120.00 - 180.00	360.00 - 400.00	200.00 - 240.00	500.00 - 600.00	200.00 - 320.00	320.00 - 400.00		
Thambuththegama	150.00 - 180.00	350.00 - 450.00	550.00 - 600.00	120.00 - 160.00	100.00 - 150.00	240.00 - 300.00	160.00 - 250.00	440.00 - 550.00	180.00 - 250.00	300.00 - 360.00		
Polonnaruwa	260.00 - 300.00	360.00 - 400.00	620.00 - 660.00	140.00 - 180.00	100.00 - 140.00	360.00 - 400.00	260.00 - 300.00	-	280.00 - 320.00	340.00 - 380.00		
Kaluthara	200.00 - 240.00	320.00 - 400.00	600.00 - 800.00	180.00 - 240.00	180.00 - 240.00	360.00 - 400.00	200.00 - 300.00	400.00 - 600.00	200.00 - 300.00	300.00 - 380.00		
Badulla	200.00 - 240.00	320.00 - 360.00	600.00 - 680.00	160.00 - 200.00	160.00 - 200.00	300.00 - 320.00	220.00 - 240.00	300.00 - 320.00	220.00 - 240.00	300.00 - 320.00		
Keppetipola	140.00 - 150.00	300.00 - 320.00	550.00 - 600.00	140.00 - 150.00	120.00 - 130.00	240.00 - 260.00	160.00 - 180.00	260.00 - 280.00	180.00 - 200.00	260.00 - 280.00		
Moneragala	180.00 - 200.00	320.00 - 400.00	720.00 - 800.00	160.00 - 200.00	160.00 - 200.00	320.00 - 400.00	200.00 - 280.00	320.00 - 360.00	320.00 - 360.00	320.00 - 400.00		
Kegalle	200.00 - 240.00	360.00 - 400.00	640.00 - 680.00	160.00 - 200.00	160.00 - 200.00	360.00 - 400.00	280.00 - 320.00	440.00 - 480.00	280.00 - 320.00	360.00 - 400.00		
Ampara	180.00 - 240.00	280.00 - 290.00	600.00 - 680.00	120.00 - 180.00	120.00 - 150.00	360.00 - 440.00	200.00 - 300.00	440.00 - 560.00	200.00 - 240.00	180.00 - 240.00		
Dehiattakandiya	200.00 - 240.00	300.00 - 320.00	600.00 - 600.00	160.00 - 160.00	80.00 - 100.00	400.00 - 400.00	200.00 - 200.00	400.00 - 440.00	380.00 - 400.00	300.00 - 300.00		
Nuwaraeliya	200.00 - 220.00	360.00 - 380.00	640.00 - 660.00	180.00 - 220.00	120.00 - 140.00	300.00 - 320.00	200.00 - 220.00	350.00 - 360.00	220.00 - 240.00	350.00 - 360.00		
Kandy	160.00 - 200.00	320.00 - 360.00	750.00 - 800.00	140.00 - 160.00	120.00 - 140.00	300.00 - 320.00	140.00 - 160.00	400.00 - 500.00	260.00 - 300.00	300.00 - 320.00		
Puttalam	200.00 - 200.00	300.00 - 400.00	600.00 - 800.00	200.00 - 240.00	150.00 - 160.00	400.00 - 400.00	200.00 - 300.00	600.00 - 650.00	200.00 - 300.00	300.00 - 320.00		
Rathnapura	120.00 - 160.00	280.00 - 350.00	600.00 - 700.00	120.00 - 150.00	90.00 - 130.00	260.00 - 360.00	180.00 - 220.00	350.00 - 400.00	220.00 - 250.00	340.00 - 380.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	160.00 - 220.00	320.00 - 400.00	600.00 - 800.00	120.00 - 160.00	120.00 - 160.00	240.00 - 320.00	200.00 - 260.00	320.00 - 400.00	200.00 - 260.00	300.00 - 320.00		
Galle	200.00 - 280.00	320.00 - 400.00	640.00 - 700.00	100.00 - 180.00	120.00 - 180.00	280.00 - 320.00	240.00 - 300.00	320.00 - 360.00	280.00 - 320.00	320.00 - 360.00		
Tissamaharama	140.00 - 180.00	270.00 - 300.00	650.00 - 680.00	140.00 - 180.00	100.00 - 130.00	300.00 - 330.00	200.00 - 230.00	240.00 - 260.00	220.00 - 240.00	180.00 - 240.00		
Meegoda (DEC)	160.00 - 200.00	320.00 - 400.00	600.00 - 640.00	100.00 - 120.00	100.00 - 120.00	300.00 - 320.00	260.00 - 320.00	-	240.00 - 320.00	300.00 - 400.00		
Embilipitiya	200.00 - 260.00	350.00 - 400.00	600.00 - 800.00	140.00 - 160.00	100.00 - 120.00	350.00 - 480.00	280.00 - 320.00	300.00 - 400.00	280.00 - 320.00	350.00 - 400.00		
Jaffna	100.00 - 120.00	180.00 - 200.00	600.00 - 620.00	100.00 - 130.00	100.00 - 120.00	400.00 - 460.00	100.00 - 120.00	320.00 - 350.00	-	300.00 - 350.00		
Vavuniya	220.00 - 250.00	220.00 - 250.00	600.00 - 650.00	160.00 - 200.00	150.00 - 200.00	600.00 - 700.00	200.00 - 250.00	520.00 - 550.00	160.00 - 200.00	260.00 - 300.00		
Mannar	150.00 - 200.00	220.00 - 250.00	650.00 - 700.00	200.00 - 240.00	200.00 - 220.00	400.00 - 450.00	150.00 - 200.00	600.00 - 600.00	-	-		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	200.00 - 250.00	220.00 - 250.00	600.00 - 650.00	140.00 - 160.00	140.00 - 160.00	600.00 - 640.00	200.00 - 250.00	500.00 - 550.00	-	240.00 - 280.00		
Batticaloa	130.00 - 150.00	240.00 - 280.00	-	150.00 - 190.00	180.00 - 200.00	500.00 - 550.00	250.00 - 300.00	350.00 - 400.00	250.00 - 300.00	200.00 - 250.00		
Trincomalee	220.00 - 240.00	300.00 - 320.00	600.00 - 650.00	180.00 - 200.00	200.00 - 220.00	500.00 - 550.00	280.00 - 300.00	350.00 - 400.00	260.00 - 280.00	320.00 - 360.00		
Hanguranketha						-						
Veyangoda	160.00 - 240.00	320.00 - 400.00	600.00 - 800.00	100.00 - 160.00	120.00 - 180.00	280.00 - 360.00	240.00 - 280.00	440.00 - 520.00	240.00 - 280.00	240.00 - 360.00		
Galenbindunuwewa	200.00 - 240.00	360.00 - 400.00	600.00 - 650.00	200.00 - 240.00	140.00 - 160.00	450.00 - 480.00	300.00 - 320.00	400.00 - 400.00	300.00 - 320.00	300.00 - 320.00		
Bandarawela	130.00 - 150.00	300.00 - 360.00	650.00 - 740.00	140.00 - 160.00	120.00 - 130.00	300.00 - 340.00	160.00 - 200.00	280.00 - 350.00	180.00 - 220.00	300.00 - 320.00		
Matale	200.00 - 240.00	320.00 - 400.00	600.00 - 640.00	160.00 - 200.00	120.00 - 160.00	320.00 - 400.00	200.00 - 240.00	400.00 - 480.00	200.00 - 240.00	320.00 - 360.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 320.00	300.00 - 700.00	180.00 - 600.00	130.00 - 320.00	120.00 - 240.00	50.00 - 100.00	50.00 - 100.00	180.00 - 260.00	180.00 - 200.00	150.00 - 170.00
Gampaha	200.00 - 240.00	600.00 - 750.00	500.00 - 600.00	280.00 - 300.00	150.00 - 200.00	60.00 - 70.00	60.00 - 70.00	90.00 - 90.00	140.00 - 150.00	130.00 - 135.00
Kurunegala	160.00 - 200.00	540.00 - 600.00	300.00 - 400.00	260.00 - 300.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	150.00 - 160.00	130.00 - 140.00
Nikaweratiya	120.00 - 160.00	460.00 - 620.00	320.00 - 420.00	200.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	130.00 - 140.00	100.00 - 120.00
Dambulla	120.00 - 160.00	500.00 - 600.00	300.00 - 400.00	240.00 - 280.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 150.00	100.00 - 120.00
Anuradhapura	160.00 - 200.00	500.00 - 600.00	350.00 - 500.00	280.00 - 360.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 160.00	90.00 - 120.00
Thambuththegama	120.00 - 160.00	350.00 - 400.00	220.00 - 280.00	200.00 - 250.00	150.00 - 200.00	-	-	-	130.00 - 140.00	100.00 - 110.00
Polonnaruwa	160.00 - 200.00	600.00 - 650.00	400.00 - 450.00	200.00 - 240.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	160.00 - 200.00	120.00 - 140.00
Kaluthara	200.00 - 240.00	600.00 - 800.00	400.00 - 500.00	230.00 - 250.00	180.00 - 200.00	70.00 - 80.00	70.00 - 100.00	100.00 - 120.00	160.00 - 170.00	120.00 - 140.00
Badulla	160.00 - 200.00	700.00 - 700.00	400.00 - 500.00	-	160.00 - 220.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	170.00 - 180.00	130.00 - 140.00
Keppetipola	120.00 - 130.00	550.00 - 600.00	250.00 - 260.00	170.00 - 180.00	120.00 - 130.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Moneragala	100.00 - 120.00	480.00 - 600.00	300.00 - 380.00	300.00 - 360.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	150.00 - 160.00	120.00 - 140.00
Kegalle	160.00 - 200.00	500.00 - 550.00	400.00 - 450.00	240.00 - 280.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	140.00 - 150.00	120.00 - 130.00
Ampara	120.00 - 150.00	460.00 - 600.00	360.00 - 450.00	260.00 - 280.00	140.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	150.00 - 180.00	-
Dehiattakandiya	200.00 - 240.00	600.00 - 800.00	200.00 - 300.00	240.00 - 240.00	200.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	130.00 - 140.00	100.00 - 120.00
Nuwaraeliya	180.00 - 200.00	600.00 - 650.00	340.00 - 350.00	260.00 - 280.00	200.00 - 220.00	35.00 - 40.00	35.00 - 40.00	30.00 - 35.00	150.00 - 160.00	140.00 - 145.00
Kandy	160.00 - 200.00	500.00 - 600.00	320.00 - 400.00	180.00 - 200.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 170.00	130.00 - 140.00
Puttalam	120.00 - 200.00	600.00 - 600.00	300.00 - 300.00	200.00 - 280.00	150.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	130.00 - 150.00	90.00 - 120.00
Rathnapura	120.00 - 160.00	550.00 - 640.00	300.00 - 400.00	200.00 - 260.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	150.00 - 180.00	100.00 - 130.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 140.00	480.00 - 600.00	350.00 - 450.00	200.00 - 240.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	160.00 - 180.00	140.00 - 150.00
Galle	140.00 - 180.00	500.00 - 600.00	400.00 - 400.00	200.00 - 240.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	150.00 - 170.00	100.00 - 140.00
Tissamaharama	80.00 - 100.00	500.00 - 550.00	270.00 - 300.00	220.00 - 260.00	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	160.00 - 180.00	110.00 - 130.00
Meegoda (DEC)	140.00 - 200.00	400.00 - 480.00	280.00 - 320.00	220.00 - 240.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	160.00 - 180.00	120.00 - 140.00
Embilipitiya	100.00 - 120.00	480.00 - 520.00	350.00 - 400.00	240.00 - 280.00	140.00 - 160.00	50.00 - 70.00	40.00 - 60.00	100.00 - 120.00	140.00 - 160.00	100.00 - 130.00
Jaffna	100.00 - 120.00	300.00 - 330.00	220.00 - 250.00	200.00 - 230.00	-	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	190.00 - 210.00	130.00 - 140.00
Vavuniya	160.00 - 200.00	400.00 - 460.00	260.00 - 300.00	-	220.00 - 250.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	200.00 - 240.00	120.00 - 150.00
Mannar	150.00 - 180.00	400.00 - 450.00	300.00 - 350.00	250.00 - 300.00	150.00 - 200.00	60.00 - 60.00	-	70.00 - 80.00	160.00 - 180.00	100.00 - 120.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	150.00 - 160.00	400.00 - 460.00	240.00 - 2600.00	260.00 - 300.00	200.00 - 230.00	100.00 - 120.00	75.00 - 80.00	50.00 - 60.00	120.00 - 125.00	95.00 - 100.00
Batticaloa	140.00 - 150.00	500.00 - 550.00	350.00 - 360.00	250.00 - 290.00	150.00 - 150.00	60.00 - 60.00	50.00 - 50.00	70.00 - 70.00	160.00 - 180.00	90.00 - 105.00
Trincomalee	160.00 180.00	550.00 600.00	500.00 550.00	260.00 300.00	220.00 250.00	50.00 55.00	55.00 60.00	45.00 50.00	150.00 160.00	100.00 120.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	140.00 - 200.00	400.00 - 600.00	240.00 - 360.00	180.00 - 220.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	150.00 - 160.00	130.00 - 140.00
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	350.00 - 400.00	200.00 - 240.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 130.00	110.00 - 120.00
Bandarawela	120.00 - 150.00	580.00 - 700.00	300.00 - 350.00	200.00 - 220.00	150.00 - 180.00	70.00 - 80.00	60.00 - 70.00	80.00 - 90.00	165.00 - 185.00	145.00 - 150.00
Matale	160.00 - 200.00	580.00 - 600.00	400.00 - 500.00	200.00 - 240.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	160.00 - 180.00	140.00 - 160.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 30: 25 - 31 Jul 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	100.00 - 200.00	250.00 - 350.00	100.00 - 200.00	38.00 - 50.00	50.00 - 70.00	380.00 - 530.00	280.00 - 380.00	230.00 - 290.00	-	300.00 - 400.00
Gampaha	140.00 - 160.00	280.00 - 300.00	150.00 - 160.00	-	54.00 - 56.00	300.00 - 350.00	250.00 - 280.00	200.00 - 200.00	-	225.00 - 225.00
Kurunegala	100.00 - 120.00	280.00 - 300.00	100.00 - 140.00	-	56.00 - 60.00	350.00 - 380.00	-	-	-	160.00 - 175.00
Nikaweratiya	130.00 - 160.00	320.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	-
Dambulla	160.00 - 180.00	340.00 - 380.00	160.00 - 180.00	-	52.00 - 55.00	550.00 - 580.00	400.00 - 450.00	200.00 - 250.00	80.00 - 100.00	200.00 - 250.00
Anuradhapura	120.00 - 200.00	350.00 - 400.00	150.00 - 200.00	28.00 - 35.00	35.00 - 45.00	650.00 - 720.00	450.00 - 560.00	300.00 - 350.00	-	-
Thambuththegama	120.00 - 160.00	350.00 - 380.00	120.00 - 150.00	30.00 - 35.00	40.00 - 45.00	420.00 - 480.00	320.00 - 380.00	-	-	-
Polonnaruwa	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	40.00 - 45.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	200.00 - 250.00
Kaluthara	120.00 - 140.00	240.00 - 280.00	130.00 - 150.00	28.00 - 30.00	38.00 - 40.00	455.00 - 520.00	350.00 - 400.00	280.00 - 320.00	-	-
Badulla	120.00 - 130.00	250.00 - 260.00	120.00 - 120.00	25.00 - 25.00	35.00 - 41.00	400.00 - 450.00	300.00 - 350.00	200.00 - 250.00	-	150.00 - 200.00
Keppetipola	140.00 - 150.00	280.00 - 285.00	150.00 - 160.00	35.00 - 40.00	48.00 - 52.00	400.00 - 420.00	300.00 - 320.00	200.00 - 220.00	-	-
Moneragala	100.00 - 120.00	200.00 - 240.00	80.00 - 100.00	20.00 - 22.00	22.00 - 25.00	525.00 - 630.00	375.00 - 450.00	325.00 - 380.00	-	-
Kegalle	120.00 - 130.00	280.00 - 320.00	120.00 - 140.00	25.00 - 30.00	50.00 - 60.00	700.00 - 750.00	350.00 - 450.00	200.00 - 300.00	-	-
Ampara	140.00 - 150.00	280.00 - 280.00	120.00 - 130.00	35.00 - 38.00	45.00 - 50.00	400.00 - 430.00	-	-	-	-
Dehiattakandiya	160.00 - 180.00	350.00 - 350.00	140.00 - 160.00	-	40.00 - 58.00	500.00 - 650.00	350.00 - 450.00	250.00 - 320.00	-	-
Nuwareliya	140.00 - 150.00	280.00 - 300.00	140.00 - 150.00	34.00 - 36.00	52.00 - 56.00	-	340.00 - 360.00	260.00 - 300.00	-	320.00 - 340.00
Kandy	150.00 - 170.00	300.00 - 320.00	150.00 - 170.00	25.00 - 28.00	40.00 - 45.00	500.00 - 600.00	400.00 - 450.00	200.00 - 250.00	-	280.00 - 300.00
Puttalam	100.00 - 200.00	250.00 - 300.00	120.00 - 200.00	37.00 - 50.00	-	400.00 - 500.00	250.00 - 350.00	150.00 - 200.00	-	180.00 - 220.00
Rathnapura	100.00 - 130.00	250.00 - 350.00	80.00 - 100.00	25.00 - 31.00	43.00 - 50.00	560.00 - 700.00	400.00 - 500.00	320.00 - 380.00	-	300.00 - 350.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	130.00 - 150.00	250.00 - 270.00	100.00 - 130.00	25.00 - 28.00	33.00 - 35.00	550.00 - 600.00	440.00 - 480.00	280.00 - 350.00	-	250.00 - 280.00
Galle	100.00 - 140.00	260.00 - 300.00	120.00 - 160.00	28.00 - 32.00	30.00 - 36.00	580.00 - 600.00	450.00 - 500.00	350.00 - 400.00	-	-
Tissamaharama	120.00 - 130.00	180.00 - 220.00	80.00 - 100.00	18.00 - 24.00	33.00 - 38.00	520.00 - 600.00	400.00 - 480.00	320.00 - 380.00	50.00 - 58.00	150.00 - 158.00
Meegoda (DEC)	120.00 - 150.00	280.00 - 300.00	120.00 - 150.00	44.00 - 52.00	52.00 - 60.00	595.00 - 680.00	455.00 - 520.00	350.00 - 400.00	-	-
Embilipitiya	60.00 - 80.00	180.00 - 220.00	80.00 - 100.00	18.00 - 25.00	25.00 - 30.00	450.00 - 500.00	350.00 - 420.00	200.00 - 300.00	80.00 - 100.00	150.00 - 170.00
Jaffna	110.00 - 130.00	260.00 - 280.00	110.00 - 120.00	-	-	540.00 - 600.00	430.00 - 450.00	300.00 - 350.00	-	270.00 - 300.00
Vavuniya	150.00 - 180.00	250.00 - 280.00	140.00 - 160.00	31.00 - 32.00	30.00 - 32.00	450.00 - 500.00	350.00 - 380.00	260.00 - 280.00	-	-
Mannar	110.00 - 120.00	250.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 45.00	380.00 - 400.00	350.00 - 350.00	250.00 - 250.00	-	150.00 - 200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 150.00	340.00 - 360.00	140.00 - 150.00	36.00 - 38.00	40.00 - 42.00	520.00 - 550.00	380.00 - 420.00	-	-	-
Batticaloa	110.00 - 120.00	300.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	400.00 - 400.00	340.00 - 350.00	200.00 - 220.00	-	-
Trincomalee	160.00 - 170.00	350.00 - 360.00	160.00 - 170.00	-	-	620.00 - 650.00	420.00 - 440.00	300.00 - 320.00	-	-
Veyangoda	130.00 - 150.00	240.00 - 270.00	120.00 - 140.00	27.00 - 30.00	30.00 - 34.00	400.00 - 540.00	310.00 - 410.00	240.00 - 320.00	-	200.00 - 230.00
Galenbindunuwewa	150.00 - 160.00	350.00 - 400.00	140.00 - 150.00	35.00 - 42.00	50.00 - 50.00	400.00 - 450.00	300.00 - 380.00	-	-	-
Bandarawela	140.00 - 160.00	250.00 - 300.00	150.00 - 170.00	25.00 - 30.00	40.00 - 46.00	500.00 - 550.00	420.00 - 480.00	350.00 - 400.00	-	220.00 - 260.00
Matale	120.00 - 140.00	300.00 - 350.00	120.00 - 160.00	28.00 - 33.00	40.00 - 45.00	520.00 - 560.00	360.00 - 400.00	300.00 - 350.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	100.00 - 140.00	-	200.00 - 280.00	60.00 - 100.00	130.00 - 280.00	100.00 - 160.00	100.00 - 200.00	76.00 - 160.00	1600.00 - 2800.00	160.00 - 200.00
Gampaha	-	-	180.00 - 200.00	70.00 - 75.00	200.00 - 210.00	100.00 - 120.00	100.00 - 125.00	100.00 - 115.00	2200.00 - 2300.00	130.00 - 140.00
Kurunegala	-	-	170.00 - 200.00	55.00 - 65.00	160.00 - 200.00	100.00 - 110.00	90.00 - 100.00	90.00 - 100.00	2000.00 - 2200.00	130.00 - 150.00
Nikaweratiya	-	-	130.00 - 220.00	30.00 - 38.00	250.00 - 250.00	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2500.00 - 2700.00	-
Dambulla	80.00 - 100.00	35.00 - 40.00	200.00 - 240.00	45.00 - 50.00	140.00 - 150.00	100.00 - 130.00	80.00 - 100.00	80.00 - 100.00	2500.00 - 2700.00	160.00 - 200.00
Anuradhapura	80.00 - 100.00	-	150.00 - 200.00	-	100.00 - 120.00	100.00 - 150.00	90.00 - 120.00	80.00 - 100.00	2500.00 - 2600.00	150.00 - 200.00
Thambuththegama	-	-	120.00 - 160.00	50.00 - 55.00	-	-	115.00 - 125.00	-	-	130.00 - 150.00
Polonnaruwa	-	-	150.00 - 180.00	50.00 - 60.00	-	-	160.00 - 180.00	50.00 - 80.00	2800.00 - 3000.00	180.00 - 240.00
Kaluthara	120.00 - 140.00	-	220.00 - 260.00	-	150.00 - 166.00	-	100.00 - 125.00	66.00 - 83.00	2400.00 - 2600.00	120.00 - 140.00
Badulla	70.00 - 100.00	-	200.00 - 200.00	60.00 - 70.00	180.00 - 200.00	90.00 - 100.00	90.00 - 116.00	50.00 - 62.00	2800.00 - 2800.00	200.00 - 200.00
Keppetipola	-	-	230.00 - 250.00	45.00 - 50.00	-	80.00 - 90.00	-	45.00 - 50.00	2200.00 - 2500.00	180.00 - 200.00
Moneragala	70.00 - 80.00	-	160.00 - 220.00	40.00 - 50.00	80.00 - 100.00	65.00 - 100.00	-	100.00 - 120.00	2500.00 - 2700.00	150.00 - 180.00
Kegalle	-	-	150.00 - 180.00	20.00 - 25.00	120.00 - 160.00	80.00 - 100.00	90.00 - 120.00	70.00 - 100.00	2300.00 - 2500.00	160.00 - 180.00
Ampara	85.00 - 90.00	-	190.00 - 230.00	-	-	-	90.00 - 100.00	-	2200.00 - 2300.00	180.00 - 180.00
Dehiattakandiya	-	-	190.00 - 220.00	-	-	80.00 - 100.00	80.00 - 100.00	50.00 - 50.00	2600.00 - 2800.00	150.00 - 200.00
Nuwaraeliya	-	-	250.00 - 260.00	60.00 - 65.00	120.00 - 140.00	80.00 - 100.00	80.00 - 100.00	65.00 - 70.00	2200.00 - 2300.00	190.00 - 220.00
Kandy	-	-	160.00 - 170.00	60.00 - 70.00	180.00 - 200.00	80.00 - 100.00	100.00 - 140.00	60.00 - 70.00	2000.00 - 2500.00	170.00 - 180.00
Puttalam	110.00 - 130.00	-	150.00 - 250.00	50.00 - 80.00	-	-	150.00 - 200.00	-	2500.00 - 2800.00	150.00 - 200.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	100.00 - 150.00	-	150.00 - 200.00	-	100.00 - 130.00	-	80.00 - 100.00	50.00 - 80.00	2000.00 - 2200.00	130.00 - 150.00
Matara	150.00 - 170.00	-	200.00 - 220.00	65.00 - 70.00	160.00 - 180.00	150.00 - 170.00	100.00 - 130.00	70.00 - 80.00	2300.00 - 2500.00	140.00 - 160.00
Galle	-	-	180.00 - 240.00	70.00 - 80.00	100.00 - 150.00	140.00 - 160.00	96.00 - 120.00	60.00 - 80.00	2300.00 - 2500.00	130.00 - 150.00
Tissamaharama	75.00 - 80.00	25.00 - 28.00	180.00 - 200.00	60.00 - 65.00	95.00 - 105.00	-	100.00 - 115.00	41.00 - 45.00	1800.00 - 2100.00	140.00 - 160.00
Meegoda (DEC)	-	-	180.00 - 200.00	-	-	-	80.00 - 120.00	67.00 - 90.00	1800.00 - 2500.00	120.00 - 130.00
Embilipitiya	80.00 - 100.00	40.00 - 60.00	150.00 - 180.00	25.00 - 35.00	120.00 - 150.00	100.00 - 130.00	80.00 - 100.00	30.00 - 40.00	2400.00 - 2800.00	160.00 - 180.00
Jaffna	80.00 - 90.00	-	120.00 - 130.00	-	160.00 - 190.00	-	80.00 - 90.00	-	2500.00 - 2600.00	220.00 - 260.00
Vavuniya	-	-	200.00 - 240.00	60.00 - 70.00	110.00 - 120.00	65.00 - 70.00	110.00 - 130.00	-	2400.00 - 2500.00	220.00 - 250.00
Mannar	-	-	180.00 - 200.00	-	80.00 - 100.00	100.00 - 140.00	100.00 - 130.00	-	2500.00 - 2500.00	180.00 - 200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	120.00 - 140.00	50.00 - 55.00	-	-	-	-	2500.00 - 2600.00	160.00 - 180.00
Batticaloa	-	-	180.00 - 200.00	25.00 - 35.00	70.00 - 80.00	150.00 - 150.00	100.00 - 110.00	-	2400.00 - 2500.00	200.00 - 200.00
Trincomalee	-	-	130.00 - 150.00	85.00 - 90.00	-	85.00 - 90.00	120.00 - 125.00	-	2400.00 - 2500.00	190.00 - 200.00
Veyangoda	75.00 - 84.00	-	140.00 - 160.00	50.00 - 62.00	85.00 - 100.00	65.00 - 75.00	90.00 - 100.00	45.00 - 50.00	2000.00 - 2300.00	130.00 - 150.00
Galenbindunuwewa	-	-	160.00 - 180.00	-	-	-	-	-	2400.00 - 2500.00	130.00 - 160.00
Bandarawela	-	-	220.00 - 250.00	60.00 - 70.00	120.00 - 160.00	90.00 - 120.00	100.00 - 120.00	50.00 - 60.00	2300.00 - 2600.00	160.00 - 200.00
Matale	-	50.00 - 60.00	180.00 - 200.00	50.00 - 60.00	180.00 - 200.00	90.00 - 100.00	120.00 - 130.00	60.00 - 70.00	2600.00 - 2800.00	150.00 - 160.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 30: 25 - 31 Jul 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 500.00	700.00 – 1000.00	900.00 – 1100.00	1100.00 – 1900.00	1700.00 – 2200.00	1300.00 – 1600.00
Kandy	550.00 – 600.00	900.00 – 1000.00	900.00 – 1100.00	1400.00 – 1600.00	2300.00 – 2400.00	1300.00 – 1400.00
Kaluthara	450.00 – 600.00	800.00 – 850.00	900.00 – 1000.00	1000.00 – 1200.00	–	1100.00 – 1200.00
Puttalam	–	–	–	–	–	–
Matara	500.00 – 550.00	750.00 – 800.00	900.00 – 1100.00	1500.00 – 1600.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	900.00 – 950.00	1100.00 – 1200.00	–	1200.00 – 1300.00
Batticaloa	–	–	900.00 – 1000.00	1400.00 – 1500.00	–	–
Trincomalee	500.00 – 550.00	1000.00 – 1100.00	1150.00 – 1200.00	1800.00 – 1850.00	1950.00 – 2000.00	1450.00 – 1500.00
Mannar	750.00 – 800.00	–	1000.00 – 1200.00	–	–	1400.00 – 1450.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1100.00 – 1400.00	1200.00 – 1700.00	1700.00 – 2200.00	–	28.00 – 30.00	26.00 – 28.00
Kandy	1300.00 – 1400.00	1600.00 – 1750.00	2200.00 – 2300.00	–	27.00 – 28.00	24.00 – 25.00
Kaluthara	800.00 – 1000.00	1300.00 – 1400.00	1600.00 – 1800.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	1500.00 – 1600.00	2000.00 – 2100.00	–	28.00 – 29.00	25.00 – 27.00
Hambantota	–	–	–	–	–	–
Galle	1000.00 – 1100.00	–	1600.00 – 1600.00	–	28.00 – 28.00	24.00 – 26.00
Batticaloa	850.00 – 950.00	1400.00 – 1450.00	1800.00 – 1900.00	–	32.00 – 32.00	30.00 – 30.00
Trincomalee	1750.00 – 1800.00	1100.00 – 1150.00	–	–	33.00 – 34.00	33.00 – 34.00
Mannar	1500.00 – 1550.00	1500.00 – 1550.00	–	–	30.00 – 32.00	27.00 – 28.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 30: 25 - 31 Jul 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	85000 – 92500	–	–	110000 – 125000	65000 – 75000	–
Kandy	75000 – 80000	–	–	112500 – 115000	75000 – 80000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 80000	–
Trincomalee	55000 – 56000	–	–	–	64500 – 65000	54000 – 54500
Mannar	–	100000 – 110000	–	100000 – 110000	72500 – 75000	62500 – 75000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	50000 – 62500	–	17500 – 27500	47500 – 60000	70000 – 85000	–
Kandy	75000 – 85000	–	40000 – 42500	50000 – 60000	90000 – 95000	–
Batticaloa	–	–	40000 – 42500	39500 – 40000	–	–
Trincomalee	55500 – 56000	–	32000 – 32500	46000 – 47000	98000 – 99000	–
Mannar	72500 – 90000	–	–	65000 – 67500	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	85000 – 100000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 30: 25 - 31 Jul 2025

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LOCATIONS	Sea Fish										Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	600.00 -	800.00	900.00 -	1200.00	1200.00 -	2000.00	1500.00 -	2800.00	2500.00 -	4000.00	1700.00 -	2800.00	1500.00 -	2600.00	2400.00 -	3200.00	30.00 -	35.00	28.00 -	32.00
Gampaha	500.00 -	600.00	1000.00 -	1000.00	-		2000.00 -	2100.00	-		2000.00 -	2000.00	-		2800.00 -	2800.00	36.00 -	37.00	30.00 -	35.00
Kurunegala	500.00 -	640.00	1000.00 -	1100.00	1000.00 -	1200.00	2200.00 -	2300.00	-		1400.00 -	1600.00	1600.00 -	1600.00	2600.00 -	2700.00	32.00 -	34.00	30.00 -	32.00
Nikaweratiya	700.00 -	800.00	1000.00 -	1100.00	1100.00 -	1200.00	2400.00 -	2500.00	-		-		-		2800.00 -	3000.00	30.00 -	34.00	29.00 -	33.00
Dambulla	600.00 -	650.00	900.00 -	1000.00	1000.00 -	1100.00	2300.00 -	2400.00	2600.00 -	2600.00	1700.00 -	1800.00	1600.00 -	1800.00	2500.00 -	2600.00	30.00 -	31.00	29.00 -	30.00
Anuradhapura	600.00 -	700.00	1000.00 -	1200.00	1100.00 -	1300.00	2200.00 -	2400.00	-		1400.00 -	1500.00	-		2500.00 -	2700.00	-		28.00 -	30.00
Thambuththegama	-		-		-		-		-		-		-		-		30.00 -	32.00	29.00 -	31.00
Polonnaruwa	700.00 -	750.00	1000.00 -	1000.00	1550.00 -	1600.00	2000.00 -	2200.00	2550.00 -	2600.00	1600.00 -	1700.00	1700.00 -	1800.00	2400.00 -	2500.00	35.00 -	36.00	32.00 -	34.00
Kaluthara	650.00 -	800.00	1200.00 -	1200.00	1400.00 -	1800.00	2200.00 -	2400.00	-		2600.00 -	2800.00	1600.00 -	1800.00	2500.00 -	2800.00	32.00 -	32.00	28.00 -	30.00
Badulla	560.00 -	600.00	960.00 -	960.00	1800.00 -	1800.00	2200.00 -	2200.00	2900.00 -	2900.00	1800.00 -	1800.00	1800.00 -	1800.00	2400.00 -	2600.00	32.00 -	34.00	30.00 -	32.00
Keppetipola	600.00 -	620.00	1000.00 -	1000.00	1100.00 -	1100.00	2300.00 -	2400.00	2700.00 -	2700.00	1800.00 -	1850.00	1600.00 -	1600.00	2400.00 -	2400.00	33.00 -	34.00	30.00 -	32.00
Moneragala	600.00 -	700.00	1100.00 -	1200.00	1100.00 -	1200.00	2400.00 -	2600.00	-		1400.00 -	1500.00	-		2600.00 -	2800.00	30.00 -	31.00	27.00 -	30.00
Kegalle	850.00 -	900.00	1150.00 -	1200.00	1600.00 -	1750.00	2400.00 -	2500.00	-		1600.00 -	1650.00	1800.00 -	1850.00	2450.00 -	2500.00	35.00 -	36.00	32.00 -	33.00
Ampara	800.00 -	900.00	1000.00 -	1200.00	-		2400.00 -	2600.00	-		1300.00 -	1500.00	-		-		29.00 -	30.00	28.00 -	32.00
Dehiattakandiya	500.00 -	500.00	900.00 -	960.00	1400.00 -	1400.00	2400.00 -	2400.00	2600.00 -	2600.00	-		1800.00 -	1800.00	-		30.00 -	32.00	28.00 -	29.00
Nuwareliya	620.00 -	640.00	1100.00 -	1200.00	1300.00 -	1400.00	2300.00 -	2400.00	2800.00 -	2900.00	1800.00 -	1900.00	1600.00 -	1700.00	2500.00 -	2600.00	30.00 -	32.00	28.00 -	31.00
Kandy	700.00 -	750.00	1000.00 -	1200.00	1200.00 -	1300.00	2200.00 -	2300.00	3000.00 -	3200.00	1600.00 -	1700.00	1700.00 -	1800.00	2500.00 -	2640.00	32.00 -	33.00	28.00 -	30.00
Puttalam	500.00 -	500.00	900.00 -	950.00	-		-		-		1200.00 -	1400.00	-		2400.00 -	2500.00	32.00 -	35.00	28.00 -	35.00
Hambantota	-		-		-		-		-		-		-		-		-		-	
Rathnapura	500.00 -	600.00	1000.00 -	1200.00	1400.00 -	1600.00	2300.00 -	2400.00	3800.00 -	4000.00	2360.00 -	2600.00	1700.00 -	1800.00	2500.00 -	2600.00	30.00 -	31.00	26.00 -	28.00
Matara	600.00 -	700.00	900.00 -	1000.00	1600.00 -	1800.00	2300.00 -	2400.00	-		-		1500.00 -	1600.00	2500.00 -	2600.00	30.00 -	31.00	26.00 -	29.00
Galle	550.00 -	600.00	1000.00 -	1100.00	1200.00 -	1400.00	2400.00 -	2400.00	-		1600.00 -	1800.00	1600.00 -	1800.00	2600.00 -	2600.00	28.00 -	30.00	26.00 -	28.00
Tissamaharama	700.00 -	800.00	900.00 -	950.00	1000.00 -	1400.00	-		-		-		-		2200.00 -	2400.00	33.00 -	36.00	30.00 -	34.00
Meegoda	560.00 -	600.00	900.00 -	900.00	-		2700.00 -	2700.00	-		-		-		-		32.00 -	32.00	30.00 -	30.00
Embilipitiya	600.00 -	700.00	900.00 -	950.00	1500.00 -	1600.00	2350.00 -	2400.00	2500.00 -	2600.00	-		1500.00 -	1600.00	2500.00 -	2600.00	29.00 -	30.00	27.00 -	29.00
Jaffna	600.00 -	750.00	900.00 -	900.00	1200.00 -	1350.00	-		-		1700.00 -	1850.00	2500.00 -	2700.00	-		35.00 -	36.00	32.00 -	36.00
Vavuniya	600.00 -	650.00	1100.00 -	1200.00	1400.00 -	1500.00	2400.00 -	2500.00	-		1600.00 -	1700.00	2400.00 -	2600.00	2400.00 -	2500.00	32.00 -	35.00	30.00 -	34.00
Mannar	850.00 -	900.00	-		1250.00 -	1500.00	-		-		1500.00 -	1550.00	1800.00 -	1850.00	-		33.00 -	34.00	30.00 -	32.00
Killinochchi	-		-		-		-		-		-		-		-		-		-	
Mullaittivu	550.00 -	600.00	1100.00 -	1200.00	-		2150.00 -	2200.00	2250.00 -	2300.00	1850.00 -	1950.00	-		2150.00 -	2250.00	-		36.00 -	36.00
Batticaloa	-		-		1400.00 -	1450.00	1800.00 -	1900.00	-		2200.00 -	2300.00	-		2400.00 -	2450.00	33.00 -	34.00	32.00 -	32.00
Trincomalee	600.00 -	650.00	1200.00 -	1250.00	1250.00 -	1300.00	2300.00 -	2350.00	2450.00 -	2500.00	1650.00 -	1700.00	1850.00 -	1900.00	-		36.00 -	37.00	35.00 -	36.00
Veyangoda	500.00 -	600.00	900.00 -	1000.00	1600.00 -	1600.00	2000.00 -	2000.00	2800.00 -	2800.00	2200.00 -	2400.00	-		2200.00 -	2400.00	30.00 -	34.00	27.00 -	32.00
Galenbindunuwewa	600.00 -	700.00	1000.00 -	1200.00	1200.00 -	1300.00	2400.00 -	2500.00	2550.00 -	2650.00	1450.00 -	1550.00	2750.00 -	2850.00	2800.00 -	2800.00	32.00 -	32.00	30.00 -	31.00
Bandarawela	600.00 -	700.00	-		1500.00 -	1600.00	2200.00 -	2300.00	-		1800.00 -	1800.00	-		2500.00 -	2600.00	34.00 -	35.00	30.00 -	32.00
Matale	600.00 -	680.00	1100.00 -	1200.00	1300.00 -	1400.00	2400.00 -	2500.00	2800.00 -	3000.00	1600.00 -	1800.00	1800.00 -	1900.00	2400.00 -	2500.00	32.00 -	33.00	29.00 -	30.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 30: 25 - 31 Jul 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1200.00	2000.00	1800.00	3200.00	-		2400.00	3200.00	1600.00	2800.00	2400.00	3000.00	700.00	1200.00
Gampaha	1100.00	1400.00	2400.00	2450.00	3200.00	3200.00	2900.00	3000.00	2000.00	2200.00	2400.00	2400.00	800.00	1000.00
Kurunegala	1200.00	1400.00	2400.00	2500.00	2800.00	2800.00	2700.00	2800.00	1800.00	2000.00	2200.00	2200.00	950.00	1000.00
Nikaweratiya	1200.00	1400.00	2600.00	2700.00	-		2800.00	3000.00	2000.00	2150.00	2400.00	2550.00	1200.00	1350.00
Dambulla	1350.00	1500.00	2500.00	2600.00	-		2900.00	3200.00	1600.00	1800.00	2300.00	2400.00	-	
Anuradhapura	1200.00	1400.00	2500.00	2800.00	-		2600.00	2800.00	2000.00	2200.00	2400.00	2800.00	800.00	1000.00
Thambuththegama	1200.00	1400.00	2400.00	2600.00	-		2800.00	3000.00	1500.00	1700.00	2400.00	2500.00	800.00	820.00
Polonnaruwa	1300.00	1400.00	2200.00	2500.00	-		2800.00	2900.00	1700.00	1750.00	2200.00	2200.00	-	
Kaluthara	1200.00	1500.00	2200.00	2700.00	-		2500.00	2600.00	1400.00	2000.00	2200.00	2700.00	-	
Badulla	1400.00	1400.00	2700.00	2700.00	-		3000.00	3000.00	2200.00	2200.00	-		1000.00	1000.00
Keppetipola	1200.00	1300.00	2400.00	2500.00	-		2500.00	2600.00	1600.00	1700.00	1800.00	1900.00	1000.00	1100.00
Moneragala	1300.00	1400.00	2500.00	2600.00	-		2500.00	2800.00	1800.00	2000.00	2500.00	2600.00	800.00	1000.00
Kegalle	1200.00	1400.00	2600.00	2800.00	-		2600.00	2800.00	1800.00	2600.00	-		-	
Ampara	-		2000.00	2600.00	2900.00	2900.00	2200.00	2600.00	1600.00	2400.00	-		800.00	1200.00
Dehiattakandiya	1200.00	1600.00	2800.00	3000.00	3000.00	3000.00	2800.00	2800.00	1800.00	2400.00	1600.00	1800.00	-	
Nuwaraeliya	1000.00	1200.00	2450.00	2500.00	2800.00	2900.00	2500.00	2600.00	1600.00	1700.00	1900.00	2000.00	1100.00	1200.00
Kandy	1400.00	1500.00	2700.00	2800.00	-		2800.00	2900.00	2400.00	2500.00	2300.00	2400.00	1200.00	1300.00
Puttalam	1300.00	1400.00	2000.00	2000.00	-		2400.00	2500.00	1350.00	2000.00	1200.00	2000.00	900.00	1000.00
Hambantota	-		-		-		-		-		-		-	
Rathnapura	1040.00	1340.00	2300.00	2440.00	3200.00	3200.00	2740.00	2800.00	1920.00	2100.00	2480.00	2600.00	800.00	960.00
Matara	1250.00	1400.00	2200.00	2300.00	-		-		2000.00	2200.00	2200.00	2300.00	-	
Galle	1000.00	1400.00	2400.00	2800.00	-		2500.00	2800.00	1800.00	2000.00	2000.00	2100.00	1000.00	1000.00
Tissamaharama	1000.00	1400.00	-		-		2400.00	2500.00	2400.00	2500.00	2500.00	2600.00	-	
Meegoda	1200.00	1320.00	2000.00	2200.00	-		2500.00	2800.00	1600.00	2000.00	2000.00	2300.00	800.00	1000.00
Embilipitiya	1250.00	1400.00	2650.00	2800.00	-		2800.00	3000.00	1450.00	2700.00	2650.00	2850.00	1400.00	1450.00
Jaffna	1000.00	1200.00	2300.00	2400.00	3100.00	3250.00	3100.00	3200.00	1280.00	1360.00	1200.00	1300.00	-	
Vavuniya	-		1900.00	2000.00	-		2400.00	2500.00	1400.00	1500.00	1400.00	1500.00	800.00	900.00
Mannar	-		2500.00	2500.00	-		2800.00	2850.00	1800.00	1850.00	1900.00	2000.00	-	
Killinochchi	-		-		-		-		-		-		-	
Mullaittivu	-		1900.00	2000.00	-		2400.00	2500.00	1200.00	1300.00	-		-	
Batticaloa	1000.00	1000.00	2450.00	2500.00	-		-		1800.00	2000.00	-		1000.00	1000.00
Trincomalee	1200.00	1250.00	2350.00	2400.00	-		-		1550.00	1600.00	1300.00	1350.00	800.00	850.00
Veyangoda	1100.00	1400.00	2000.00	2200.00	3000.00	3000.00	2400.00	2600.00	1800.00	2300.00	2000.00	2400.00	800.00	1000.00
Galenbindunuwewa	1400.00	1600.00	2750.00	2850.00	3000.00	3000.00	2750.00	2850.00	1800.00	2200.00	1350.00	1450.00	800.00	850.00
Bandarawela	1300.00	1500.00	2500.00	2600.00	-		2700.00	2800.00	2000.00	2200.00	2200.00	2300.00	1100.00	1200.00
Matale	1300.00	1500.00	2700.00	2800.00	-		2800.00	2900.00	2400.00	2500.00	2700.00	2800.00	1300.00	1400.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 30: 25 - 31 Jul 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1350.00 - 1550.00	1150.00 - 1400.00	3600.00 - 4000.00	2200.00 - 2600.00
Gampaha	-	1350.00 - 1350.00	1300.00 - 1300.00	3800.00 - 3800.00	2000.00 - 2200.00
Kurunegala	-	1300.00 - 1360.00	1300.00 - 1300.00	3400.00 - 3400.00	2200.00 - 2200.00
Nikaweratiya	2200.00 - 2400.00	1300.00 - 1400.00	-	-	-
Dambulla	-	1350.00 - 1380.00	1400.00 - 1400.00	-	1900.00 - 2000.00
Anuradhapura	2600.00 - 2700.00	1250.00 - 1350.00	-	3600.00 - 3800.00	2200.00 - 2400.00
Thambuththegama	-	1150.00 - 1200.00	-	-	1800.00 - 1850.00
Polonnaruwa	2500.00 - 2700.00	1200.00 - 1250.00	1300.00 - 1350.00	-	1800.00 - 2000.00
Kaluthara	2600.00 - 2700.00	1250.00 - 1350.00	1200.00 - 1250.00	-	2200.00 - 2500.00
Badulla	2300.00 - 2400.00	1250.00 - 1300.00	-	3200.00 - 3300.00	-
Keppetipola	2000.00 - 2000.00	1350.00 - 1360.00	1400.00 - 1450.00	3000.00 - 3100.00	-
Moneragala	2600.00 - 2600.00	1200.00 - 1400.00	1500.00 - 1600.00	-	2200.00 - 2400.00
Kegalle	2500.00 - 2500.00	1290.00 - 1400.00	-	3100.00 - 3100.00	2600.00 - 2700.00
Ampara	2400.00 - 2500.00	1250.00 - 1350.00	-	-	2000.00 - 2400.00
Dehiattakandiya	-	1320.00 - 1400.00	-	-	2100.00 - 2300.00
Nuwaraeliya	2200.00 - 2300.00	1380.00 - 1420.00	1460.00 - 1480.00	3200.00 - 3300.00	2400.00 - 2500.00
Kandy	2500.00 - 2500.00	1260.00 - 1270.00	1200.00 - 1220.00	3400.00 - 3500.00	2100.00 - 2200.00
Puttalam	2500.00 - 2500.00	1350.00 - 1350.00	1600.00 - 1600.00	3800.00 - 3800.00	2400.00 - 2400.00
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1350.00 - 1420.00	1250.00 - 1380.00	3500.00 - 3500.00	-
Matara	-	1290.00 - 1330.00	1360.00 - 1380.00	-	2000.00 - 2100.00
Galle	2600.00 - 2600.00	1300.00 - 1320.00	1200.00 - 1250.00	3500.00 - 3600.00	2200.00 - 2200.00
Tissamaharama	-	1350.00 - 1400.00	-	-	-
Meegoda	-	1350.00 - 1380.00	1300.00 - 1350.00	-	2200.00 - 2300.00
Embilipitiya	2000.00 - 2100.00	1220.00 - 1300.00	1250.00 - 1320.00	3300.00 - 3500.00	2200.00 - 2250.00
Jaffna	2200.00 - 2300.00	1300.00 - 1500.00	1600.00 - 1800.00	3500.00 - 4000.00	-
Vavuniya	2000.00 - 2150.00	1340.00 - 1360.00	1650.00 - 1700.00	3250.00 - 3350.00	-
Mannar	2200.00 - 2220.00	1300.00 - 1330.00	1400.00 - 1450.00	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2200.00 - 2200.00	1500.00 - 1500.00	1600.00 - 1650.00	-	-
Batticaloa	2100.00 - 2200.00	1300.00 - 1300.00	1400.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2000.00 - 2200.00	1350.00 - 1400.00	1700.00 - 1750.00	3400.00 - 3500.00	-
Veyangoda	2500.00 - 2500.00	1200.00 - 1400.00	-	-	2100.00 - 2200.00
Galenbindunuwewa	2400.00 - 2400.00	1270.00 - 1270.00	1350.00 - 1350.00	-	1950.00 - 1950.00
Bandarawela	2500.00 - 2600.00	1300.00 - 1400.00	-	3500.00 - 3600.00	-
Matale	2200.00 - 2400.00	1250.00 - 1280.00	1150.00 - 1200.00	3200.00 - 3300.00	1800.00 - 2000.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 30: 25 - 31 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	170.00 - 180.00	173.33	162.14	105.00	6.90	65.08
Samba 1	235.00 - 240.00	236.67	236.88	236.80	-0.09	-0.06	Small	140.00 - 160.00	150.00	142.86	87.22	5.00	71.97
Samba 2	230.00 - 232.00	231.00	231.00	229.22	0.00	0.78							
Keeri Samba	260.00 - 300.00	278.33	280.00	290.00	-0.60	-4.02	<u>Fruits (Rs/fruit)</u>						
Nadu 1	205.00 - 215.00	210.00	210.00	211.90	0.00	-0.90	Plantain						
Nadu 2	200.00 - 207.00	203.50	203.00	206.00	0.25	-1.21	Ambul (Rs/kg)	80.00 - 120.00	98.00	88.00	190.91	11.36	-48.67
Raw (Red)	190.00 - 205.00	195.56	196.11	194.44	-0.28	0.57	Kolikuttu (Rs/kg)	200.00 - 230.00	213.00	206.00	467.27	3.40	-54.42
Raw (White)	190.00 - 205.00	195.00	195.50	202.78	-0.26	-3.84	Seeni (Rs/kg)	80.00 - 100.00	95.45	92.00	154.55	3.75	-38.24
Imported							Anamalu	27.00 - 30.00	28.60	27.90	35.45	2.51	-19.33
Samba	-			283.13			Ambun	35.00 - 40.00	38.20	37.00	40.18	3.24	-4.93
Nadu	-						Papaw(Rs/kg)	140.00 - 180.00	164.44	185.00	145.00	-11.11	13.41
Raw (Red)	-						Passion Fruit	40.00 - 55.00	49.00	55.50	33.89	-11.71	44.59
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Pineapple Large	350.00 - 400.00	375.00	398.75	565.00	-5.96	-33.63
<u>Dried Chillies</u>							Pineapple Medium	250.00 - 300.00	272.50	296.25	477.50	-8.02	-42.93
Imported	520.00 - 600.00	564.29	536.67	792.22	5.15	-28.77	Pineapple Small	220.00 - 240.00	226.67	232.50	335.00	-2.51	-32.34
<u>Onion</u>							Mango						
Sinnan	-			196.25			Betti	-					
Vedalan	240.00 - 300.00	263.75	353.33	293.57	-25.35	-10.16	Karthakolomban	270.00 - 330.00	296.67	299.00	176.00	-0.78	68.56
Imported	200.00 - 320.00	254.29	300.00	247.22	-15.24	2.86	Vilad	-			78.75		
<u>Big Onion</u>							Kohu	-					
Imported	60.00 - 105.00	82.86	84.38	188.33	-1.80	-56.01	<u>Other</u>						
Local	-						Wood Apple	80.00 - 110.00	96.25	110.00	42.27	-12.50	127.69
<u>Potato</u>							Orange	50.00 - 66.00	58.00	84.00	100.00	-30.95	-42.00
Welimada	-						Avocado	70.00 - 80.00	75.56	103.00	110.00	-26.65	-31.31
N'Elia	320.00 - 380.00	350.00	342.50	369.00	2.19	-5.15	Slime Apple	50.00 - 60.00	55.56	55.00	48.00	1.01	15.74
Imported	150.00 - 180.00	165.00	162.14	224.38	1.76	-26.46	Grapes (Imp., Rs/kg)	1300.00 - 1600.00	1457.14	1611.11	1168.75	-9.56	24.68
<u>Pulses</u>							King Coconut	100.00 - 150.00	131.00	136.00	186.67	-3.68	-29.82
Green Gram	650.00 - 750.00	705.00	750.00	768.75	-6.00	-8.29	<u>Sea Fish</u>						
Cowpea (White)	850.00 - 1000.00	920.00	850.00	771.25	8.24	19.29	Salaya	350.00 - 500.00	420.00	460.00	303.33	-8.70	38.46
Cowpea (Red)	850.00 - 1000.00	920.00	858.00	757.14	7.23	21.51	Hurulla	700.00 - 1000.00	825.00	790.00	765.83	4.43	7.73
Red Dhal	240.00 - 250.00	244.67	245.00	281.88	-0.14	-13.20	Balaya	900.00 - 1100.00	990.00	950.00	746.67	4.21	32.59
<u>Vegetable</u>							Kelawalla	1100.00 - 1900.00	1500.00	1445.00	1375.83	3.81	9.02
Beans (Butter)	-						Thora	1700.00 - 2200.00	1944.44	1830.00	2525.00	6.25	-22.99
Beans(Green)	550.00 - 650.00	605.00	390.91	625.00	54.77	-3.20	Paraw	1300.00 - 1600.00	1440.00	1270.00	1347.50	13.39	6.86
Carrot	240.00 - 300.00	263.00	253.33	346.00	3.82	-23.99	Mora	1100.00 - 1400.00	1200.00	1110.00	1050.00	8.11	14.29
Leeks	100.00 - 130.00	114.00	115.00	376.00	-0.87	-69.68	Shrimps	1200.00 - 1700.00	1450.00	1250.00	1800.00	16.00	-19.44
Beetroot	80.00 - 120.00	101.54	85.83	336.00	18.30	-69.78	Thalapath	1700.00 - 2200.00	1890.00	1890.00	1837.50	0.00	2.86
Knolkhol	50.00 - 100.00	73.00	94.00	190.00	-22.34	-61.58	<u>Eggs</u>						
Raddish	60.00 - 80.00	69.23	60.00	84.00	15.38	-17.58	Brown	28.00 - 30.00	29.20	29.90	49.88	-2.34	-41.45
Cabbage	100.00 - 150.00	134.17	171.54	244.00	-21.79	-45.01	White	26.00 - 28.00	27.00	27.90	46.88	-3.23	-42.40
Tomato	100.00 - 130.00	121.67	87.50	318.00	39.05	-61.74	<u>Dried Fish</u>						
Ladies Fingers	50.00 - 100.00	75.83	65.83	147.00	15.19	-48.41	Sprats	1700.00 - 1850.00	1780.00	1580.00	1650.00	12.66	7.88
Brinjal	200.00 - 300.00	253.33	225.00	213.00	12.59	18.94	Sprats (Imported)	950.00 - 1200.00	1045.00	855.00	870.83	22.22	20.00
Capsicum	400.00 - 600.00	500.00	405.56	728.00	23.29	-31.32	Kattawa	-					
Pumpkin	50.00 - 80.00	64.17	81.67	202.00	-21.43	-68.23	Kattawa (Imported)	1400.00 - 1700.00	1535.00	1525.00	1342.50	0.66	14.34
Cucumber	50.00 - 70.00	56.00	55.56	68.00	0.80	-17.65	Thora	-					
Bitter Gourd	200.00 - 250.00	224.44	206.36	202.00	8.76	11.11	Thora (Imported)	-					
Snake Gourd	120.00 - 200.00	162.00	130.00	180.00	24.62	-10.00	Mora	2200.00 - 2500.00	2375.00	1415.00	1851.67	67.84	28.26
Drumstick	200.00 - 500.00	354.17	315.38	320.83	12.30	10.39	Mora (Imported)	-					
Luffa	100.00 - 130.00	123.00	100.00	212.00	23.00	-41.98	Balaya	1300.00 - 1500.00	1433.33	1490.00	1118.33	-3.80	28.17
Long Beans	180.00 - 280.00	233.85	197.78	278.00	18.24	-15.88	Balaya (Imported)	-					
Ash Plantain	50.00 - 70.00	60.00	62.50	210.00	-4.00	-71.43	Anguluwa	-					
Green Chillies	180.00 - 300.00	221.00	255.56	565.00	-13.52	-60.88	Anguluwa (Imported)	1700.00 - 2000.00	1825.00	1680.00	1425.83	8.63	28.00
Lime	150.00 - 200.00	174.00	203.33	455.00	-14.43	-61.76	Maduwa	1000.00 - 1250.00	1170.00	1240.00	1329.17	-5.65	-11.97
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	100.00 - 130.00	122.00	140.00	146.00	-12.86	-16.44	Koduwa	-					
Manioc	80.00 - 100.00	86.67	88.00	112.00	-1.52	-22.62	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	350.00 - 550.00	430.00	745.00	352.50	-42.28	21.99
Mukunuwenna	40.00 - 45.00	42.50	38.75	45.00	9.68	-5.56	Salaya (Imported)	-					
Kankun	40.00 - 45.00	42.50	38.75	45.00	9.68	-5.56							
Gotukola (Rs/kg)	280.00 - 320.00	300.00	292.00	290.00	2.74	3.45							

This Week: Week 30: 25 - 31 Jul 2025

Last Week: Week 29: 18 - 24 Jul 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 30: 25 - 31 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	180.00 · 200.00	182.73	176.39	123.65	6.34	47.77
Samba 1	240.00 · 260.00	249.41	250.00	251.67	-0.59	-0.90	Small	150.00 · 170.00	155.71	154.72	104.09	0.99	49.59
Samba 2													
Keeri Samba	280.00 · 320.00	289.17	290.00	354.09	-0.83	-18.34	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 · 240.00	230.00	230.00	224.80	0.00	2.31	Plantain						
Nadu 2							Ambul (Rs/kg)	100.00 · 200.00	177.89	170.00	238.11	7.89	-25.29
Raw (Red)	210.00 · 230.00	218.64	219.09	205.60	-0.45	6.34	Kolikuttu (Rs/kg)	250.00 · 350.00	310.53	302.61	540.61	7.92	-42.56
Raw (White)	210.00 · 230.00	218.64	218.95	216.43	-0.31	1.02	Seeni (Rs/kg)	100.00 · 200.00	172.11	166.50	225.15	5.61	-23.56
Imported							Anamalu	38.00 · 50.00	43.38	40.71	45.17	2.67	-3.98
Samba	240.00 · 260.00	250.91	253.08	294.35	-2.17	-14.76	Ambun	50.00 · 70.00	59.88	55.68	66.24	4.19	-9.61
Nadu							Papaw(Rs/kg)	200.00 · 280.00	230.00	277.50	241.88	-47.50	-4.91
Raw (Red)							Passion Fruit	60.00 · 100.00	75.36	84.23	73.15	-8.87	3.02
Raw (White)	210.00 · 220.00	216.00	218.33		-2.33		Pineapple Large	380.00 · 530.00	447.22	477.65	680.47	-30.42	-34.28
<u>Dried Chillies</u>							Pineapple Medium	280.00 · 380.00	327.65	368.24	536.67	-40.59	-38.95
Imported	650.00 · 900.00	797.50	760.00	1027.78	37.50	-22.41	Pineapple Small	230.00 · 290.00	259.33	291.88	413.57	-32.54	-37.29
<u>Onion</u>							Mango						
Sinnan							Betti			67.75			
Vedalan	480.00 · 600.00	521.25	574.55	521.43	-53.30	-0.03	Karthakolomban	300.00 · 400.00	341.67	403.75	260.53	-62.08	31.14
Imported	360.00 · 440.00	406.67	418.89	417.78	-12.22	-2.66	Vilad	100.00 · 140.00	125.00	145.00	100.00	-20.00	25.00
<u>Big Onion</u>							Kohu						
Imported	120.00 · 160.00	139.20	139.58	277.78	-0.38	-49.89	<u>Other</u>						
Local							Wood Apple	130.00 · 280.00	198.00	207.14	112.22	-9.14	76.44
<u>Potato</u>							Orange	100.00 · 160.00	124.74	125.38	171.43	-0.65	-27.24
Welimada							Avocado	100.00 · 200.00	161.13	166.75	172.50	-5.63	-6.59
N'Elia	440.00 · 520.00	467.86	462.73	499.33	5.13	-6.30	Slime Apple	76.00 · 160.00	104.00	103.00	110.79	1.00	-6.13
Imported	180.00 · 240.00	220.91	212.63	300.00	8.28	-26.36	Grapes (Imp., Rs/kg)	1600.00 · 2800.00	2105.88	2158.82	2169.57	-52.94	-2.94
<u>Pulses</u>							King Coconut	160.00 · 200.00	174.29	175.00	212.50	-0.71	-17.98
Green Gram	800.00 · 1000.00	913.33	923.81	1239.58	-10.48	-26.32							
Cowpea (White)	950.00 · 1200.00	1052.31	1042.31	1018.00	10.00	3.37	<u>Sea Fish</u>						
Cowpea (Red)	950.00 · 1200.00	1065.00	1044.44	1035.00	20.56	2.90	Salaya	600.00 · 800.00	679.17	708.33	480.95	-29.17	41.21
Red Dhal	260.00 · 320.00	285.45	285.65	328.15	-0.20	-13.01	Hurulla	900.00 · 1200.00	1018.18	980.00	867.14	38.18	17.42
<u>Vegetable</u>							Balaya	1200.00 · 2000.00	1600.00	1383.33	928.89	216.67	72.25
Beans (Butter)							Kelawalla	1500.00 · 2800.00	2558.33	2485.00	2091.67	73.33	22.31
Beans(Green)	600.00 · 800.00	666.67	552.50	741.92	114.17	-10.14	Thora	2500.00 · 4000.00	3390.00	3354.55	3410.71	35.45	-0.61
Carrot	280.00 · 480.00	390.00	387.04	503.64	2.96	-22.56	Paraw	1700.00 · 2800.00	2333.33	2175.00	2159.38	158.33	8.06
Leeks	150.00 · 400.00	273.50	302.86	542.67	-29.36	-49.60	Mora	1500.00 · 2600.00	2166.67	2140.00	1395.00	26.67	55.32
Beetroot	180.00 · 320.00	263.81	268.57	531.25	-4.76	-50.34	Shrimps	1600.00 · 2200.00	2000.00	1990.91	2033.53	9.09	-1.65
Knolkhol	100.00 · 320.00	251.67	272.22	358.71	-20.56	-29.84	Thalapath	2400.00 · 3200.00	2891.67	2836.36	2895.83	55.30	-0.14
Raddish	100.00 · 320.00	321.58	230.00	245.45	1.58	-5.65	<u>Eggs</u>						
Cabbage	150.00 · 400.00	320.00	352.86	416.45	-32.86	-23.16	Brown	30.00 · 35.00	32.80	33.73	51.69	-0.93	-36.54
Tomato	160.00 · 320.00	234.71	202.40	523.79	32.31	-55.19	White	28.00 · 32.00	30.40	30.91	49.61	-0.51	-38.72
Ladies Fingers	150.00 · 320.00	248.89	242.59	310.65	6.30	-19.88	<u>Dried Fish</u>						
Brinjal	250.00 · 480.00	380.95	372.31	370.71	8.64	2.76	Sprats	1800.00 · 2400.00	2175.00	1850.00	2180.00	325.00	-0.23
Capsicum	600.00 · 800.00	704.38	679.64	986.88	24.73	-28.63	Sprats (Imported)	1200.00 · 2000.00	1500.00	1361.54	1195.24	138.46	25.50
Pumpkin	100.00 · 260.00	176.84	212.59	326.67	-35.75	-45.86	Kattawa	1800.00 · 3200.00	2507.69	2491.67	2129.41	16.03	17.76
Cucumber	120.00 · 240.00	185.63	180.37	209.12	5.25	-11.23	Thora						
Bitter Gourd	250.00 · 480.00	365.26	342.14	483.75	23.12	-24.49	Mora	2400.00 · 3200.00	2850.00	2721.43	2358.82	128.57	20.82
Snake Gourd	150.00 · 400.00	281.58	268.15	370.31	13.43	-23.96	Balaya	1600.00 · 2800.00	2230.00	2175.00	1610.00	55.00	38.51
Drumstick	350.00 · 600.00	491.11	513.08	657.74	-21.97	-25.33	Anguluwa	2400.00 · 3000.00	2700.00	2371.43	2120.00	328.57	27.36
Luffa	180.00 · 320.00	290.00	288.80	449.00	1.20	-35.41	Maduwa	2000.00 · 2000.00	2000.00	1733.33	1400.00	266.67	42.86
Long Beans	320.00 · 450.00	371.00	366.92	483.10	4.08	-23.20	Koduwa						
Ash Plantain	120.00 · 320.00	195.56	196.30	364.19	-0.74	-46.30	Salaya	700.00 · 1200.00	933.33	1227.27	900.00	-293.94	3.70
Green Chillies	300.00 · 700.00	530.53	617.93	842.81	-87.40	-37.05	<u>Meat</u>						
Lime	180.00 · 600.00	420.56	440.87	845.63	-20.31	-50.27	Beef (without Bones)	2600.00 · 2800.00	2720.00	2700.00	2522.22	20.00	7.84
<u>Root Crops</u>							Chicken (Broiler)	1350.00 · 1550.00	1408.75	1380.00	1174.38	28.75	19.96
Sweet Potato	130.00 · 320.00	264.12	294.83	287.69	-30.71	-8.19	Chicken (Curry)	1150.00 · 1400.00	1254.29	1292.22	1242.22	-37.94	0.97
Manioc	120.00 · 240.00	185.88	202.96	200.34	-17.08	-7.22	Mutton	3600.00 · 4000.00	3850.00	3828.57	3420.00	21.43	12.57
<u>Leafy Vegetable</u>							Pork	2200.00 · 2600.00	2420.00	2366.67	1380.00	53.33	75.36
Mukunuwenna	50.00 · 100.00	74.55	73.89	77.93	0.66	-4.34							
Kankun	50.00 · 100.00	75.00	73.89	77.93	1.11	-3.76							
Gotukola	180.00 · 260.00	243.50	242.78	115.38	0.72	111.03							

This Week: Week 30: 25 - 31 Jul 2025

Last Week: Week 29: 18 - 24 Jul 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 30: 25 - 31 Jul 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	82.00 – 90.00	86.80
A'pura	116.00 – 122.00	118.40	Dambulla	480.00 – 520.00	500.00	Hambantota	–	
P'naruwa	125.00 – 127.00	126.20	Welimada	580.00 – 625.00	609.00	Embilipitiya	150.00 – 170.00	160.00
Kalawewa	115.00 – 118.00	116.00	Badulla	480.00 – 570.00	530.00	Matara	–	
Kurunegala	106.00 – 127.00	116.50	Carrot			A'pura	90.00 – 110.00	98.00
Dehiattakandiya	120.00 – 122.00	120.67	N'Elia	240.00 – 250.00	246.00	Luffa		
Nikaweratiya	105.00 – 125.00	113.40	Welimada	200.00 – 230.00	220.00	Dambulla	100.00 – 120.00	110.00
Ampara	128.00 – 130.00	129.00	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	150.00 – 170.00	160.00
A'pura	115.00 – 118.00	116.20	N'Elia	90.00 – 100.00	95.00	Matara	–	
P'naruwa	119.00 – 121.00	120.20	Welimada	65.00 – 80.00	72.00	A'pura	100.00 – 120.00	108.00
Kalawewa	115.00 – 118.00	116.00	Beetroot			Green Chillies		
Kurunegala	96.00 – 120.00	107.33	N'Elia	100.00 – 120.00	108.00	Dambulla	220.00 – 250.00	236.00
Dehiattakandiya	115.00 – 116.00	115.33	Dambulla	76.00 – 90.00	84.50	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	300.00 – 330.00	317.50
Nikaweratiya	90.00 – 110.00	100.00	Welimada	80.00 – 90.00	84.00	Puttalam	275.00 – 380.00	329.33
Hambantota	–		Hanguranketha	–		A'pura	260.00 – 300.00	276.00
Ampara	95.00 – 120.00	105.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	50.00 – 60.00	56.00	Dambulla	30.00 – 40.00	36.20
Matara	110.00 – 120.00	115.00	Welimada	50.00 – 60.00	55.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	80.00 – 90.00	85.00
Embilipitiya	110.00 – 113.00	112.00	Raddish			Matara	50.00 – 60.00	55.00
Keeri Samba			N'Elia	50.00 – 60.00	53.00	A'pura	50.00 – 60.00	54.00
A'pura	130.00 – 140.00	134.00	Welimada	45.00 – 65.00	56.00	Moneragala	40.00 – 50.00	44.00
P'naruwa	132.00 – 136.00	134.60	Hambantota	–		Cucumber		
Kalawewa	132.00 – 138.00	135.40	Hanguranketha	–		A'pura	35.00 – 50.00	41.00
Kurunegala	132.00 – 134.00	133.00	Cabbage			Dambulla	57.00 – 67.00	61.60
Dehiattakandiya	130.00 – 132.00	130.67	N'Elia	130.00 – 140.00	135.00	Hambantota	–	
Red Onion			Welimada	80.00 – 100.00	88.00	Matara	35.00 – 40.00	36.67
Puttalam	190.00 – 218.00	204.60	Badulla	80.00 – 120.00	100.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	200.00 – 250.00	222.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	80.00 – 90.00	84.00	Embilipitiya	230.00 – 250.00	242.50
Kalawewa	–		Hambantota	–		Matara	150.00 – 160.00	153.33
A'pura	–		Dambulla	80.00 – 95.00	88.20	A'pura	200.00 – 220.00	208.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	280.00 – 290.00	284.00	Vegetable (Low Country)			Hambantota	–	
Badulla	260.00 – 285.00	275.00	Ladies Fingers			Embilipitiya	45.00 – 60.00	51.25
Welimada	250.00 – 260.00	255.00	A'pura	60.00 – 70.00	64.00	Matara	35.00 – 45.00	40.00
<u>Pulses</u>			Dambulla	62.00 – 76.00	69.60	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	100.00 – 120.00	107.50	Embilipitiya	180.00 – 200.00	187.50
Moneragala	600.00 – 650.00	620.00	Matara	60.00 – 75.00	68.33	Moneragala	140.00 – 160.00	148.00
Embilipitiya	610.00 – 620.00	615.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	400.00 – 450.00	425.00	A'pura	220.00 – 240.00	228.00	Banana		
A'pura	600.00 – 650.00	620.00	Dambulla	182.50 – 200.00	190.50	Ambul		
Cowpea			Hambantota	–		Moneragala	40.00 – 50.00	44.00
Hambantota	–		Embilipitiya	250.00 – 270.00	260.00	Embilipitiya	30.00 – 50.00	38.00
Nikaweratiya	450.00 – 500.00	472.50	Matara	240.00 – 260.00	250.00	Hambantota	–	
Moneragala	550.00 – 600.00	570.00	Welimada	230.00 – 240.00	236.00	Kolikuttu		
Embilipitiya	600.00 – 750.00	675.00	Capsicum			Moneragala	120.00 – 140.00	128.00
Maize			Badulla	480.00 – 520.00	503.33	Embilipitiya	130.00 – 160.00	146.00
A'pura	–		Welimada	400.00 – 450.00	424.00	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	200.00 – 240.00	216.00	Moneragala	70.00 – 90.00	78.00
A'pura	–		Dambulla	145.00 – 152.50	149.50	Embilipitiya	100.00 – 110.00	105.00
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	220.00 – 270.00	245.00	Pineapple		
A'pura	–		Matara	160.00 – 200.00	180.00	Divulapitiya	–	
Kalawewa	–							

Farmgate Prices of Paddy and Subsidiary Food Crops in Selected Producing Areas (Rs/kg)

Week 30: 25 - 31 Jul 2025

Commodity	Range		Average			Change			
			This Week	Last Week	Last Year	Last Week		Last Year	
						Rs/Kg	%	Rs/Kg	%
<u>Paddy</u>									
Short Grain									
A'pura	116.00 -	122.00	118.40	123.20	116.20	-4.80	-3.90	2.20	1.89
P'naruwa	125.00 -	127.00	126.20	126.20		0.00	0.00		
Kalawewa	115.00 -	118.00	116.00	122.00	116.50	-6.00	-4.92	-0.50	-0.43
Kurunegala	106.00 -	127.00	116.50	116.00		0.50	0.43		
Dehiattakandiya	120.00 -	122.00	120.67	126.00	119.00	-5.33	-4.23	1.67	1.40
Nikaweratiya	105.00 -	125.00	113.40	110.80	123.50	2.60	2.35	-10.10	-8.18
Ampara	128.00 -	130.00	129.00	129.00	117.50	0.00	0.00	11.50	9.79
Keeri Samba									
A'pura	130.00 -	140.00	134.00	135.60	122.00	-1.60	-1.18	12.00	9.84
P'naruwa	132.00 -	136.00	134.60	134.60		0.00	0.00		
Kalawewa	132.00 -	138.00	135.40	136.60	122.50	-1.20	-0.88	12.90	10.53
Kurunegala	132.00 -	134.00	133.00	133.00		0.00	0.00		
Dehiattakandiya	130.00 -	132.00	130.67	130.67	121.67	0.00	0.00	9.00	7.39
Long Grain (White)									
A'pura	115.00 -	118.00	116.20	115.60	116.20	0.60	0.52	0.00	0.00
P'naruwa	119.00 -	121.00	120.20	120.20		0.00	0.00		
Kalawewa	115.00 -	118.00	116.00	115.40	115.00	0.60	0.52	1.00	0.87
Kurunegala	96.00 -	120.00	107.33	107.67		-0.33	-0.31		
Dehiattakandiya	115.00 -	116.00	115.33	117.67	120.00	-2.33	-1.98	-4.67	-3.89
Ampara	95.00 -	120.00	105.67	107.00	110.20	-1.33	-1.25	-4.53	-4.11
Long Grain (Red)									
Matara	110.00 -	120.00	115.00	119.50		-4.50	-3.77		
Hambantota	-								
Embilipitiya	110.00 -	113.00	112.00	115.75	111.25	-3.75	-3.24	0.75	0.67
<u>Other Food Crops</u>									
Big Onion									
Dambulla	-								
Kalawewa	-								
A'pura	-								
Potato									
N'Eliya	280.00 -	290.00	284.00	315.00	328.00	-31.00	-9.84	-44.00	-13.41
Badulla	260.00 -	285.00	275.00	280.00		-5.00	-1.79		
Welimada	250.00 -	260.00	255.00	264.00	314.00	-9.00	-3.41	-59.00	-18.79

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 30: 25 - 31 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 250.00	250.00 - 250.00	240.00 - 260.00	240.00 - 240.00	240.00 - 240.00	-	260.00 - 260.00	250.00 - 260.00	250.00 - 250.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 280.00	-	280.00 - 280.00	280.00 - 320.00	320.00 - 320.00	310.00 - 310.00	280.00 - 280.00	280.00 - 280.00	280.00 - 280.00
Nadu 1	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	220.00 - 230.00	240.00 - 240.00	230.00 - 240.00	220.00 - 230.00	230.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 230.00	220.00 - 220.00	230.00 - 230.00	210.00 - 220.00	210.00 - 210.00	210.00 - 220.00
Raw (White)	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	230.00 - 230.00	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00
Imported									
Samba	240.00 - 250.00	250.00 - 250.00	240.00 - 240.00	260.00 - 260.00	-	-	250.00 - 260.00	250.00 - 250.00	260.00 - 260.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	220.00 - 220.00	-	210.00 - 210.00	220.00 - 220.00	-	-	220.00 - 220.00	-	-
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	800.00 - 800.00	900.00 - 900.00	800.00 - 900.00	800.00 - 900.00	650.00 - 650.00	650.00 - 850.00	700.00 - 900.00	800.00 - 900.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	480.00 - 560.00	480.00 - 480.00	480.00 - 480.00	500.00 - 600.00	-	480.00 - 480.00	600.00 - 600.00	560.00 - 600.00
Imported	360.00 - 420.00	-	-	-	-	440.00 - 440.00	-	400.00 - 420.00	-
<u>Big Onion</u>									
Imported	120.00 - 140.00	120.00 - 160.00	140.00 - 150.00	130.00 - 160.00	160.00 - 160.00	140.00 - 140.00	120.00 - 120.00	130.00 - 140.00	150.00 - 160.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	440.00 - 450.00	480.00 - 520.00	440.00 - 440.00	480.00 - 480.00	440.00 - 480.00	-	-	440.00 - 480.00	440.00 - 440.00
Imported	180.00 - 200.00	220.00 - 240.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 200.00	200.00 - 240.00	230.00 - 240.00
<u>Pulses</u>									
Green Gram	800.00 - 1000.00	800.00 - 800.00	800.00 - 1000.00	1000.00 - 1000.00	900.00 - 1000.00	880.00 - 880.00	800.00 - 900.00	800.00 - 800.00	1000.00 - 1000.00
Cowpea (White)	950.00 - 1000.00	980.00 - 980.00	1000.00 - 1000.00	1100.00 - 1100.00	1000.00 - 1100.00	-	1000.00 - 1000.00	950.00 - 950.00	1200.00 - 1200.00
Cowpea (Red)	950.00 - 1000.00	980.00 - 980.00	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1100.00	1000.00 - 1000.00	-	1200.00 - 1200.00
Red Dhal	260.00 - 280.00	270.00 - 280.00	270.00 - 280.00	290.00 - 320.00	300.00 - 320.00	280.00 - 280.00	270.00 - 280.00	270.00 - 280.00	280.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 30: 25 - 31 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	600.00 - 700.00	800.00 - 800.00	720.00 - 720.00	800.00 - 800.00	640.00 - 800.00	600.00 - 600.00	600.00 - 700.00	600.00 - 650.00	600.00 - 650.00
Carrot	280.00 - 300.00	400.00 - 480.00	480.00 - 480.00	480.00 - 480.00	450.00 - 450.00	320.00 - 320.00	300.00 - 350.00	340.00 - 400.00	450.00 - 480.00
Leeks	150.00 - 200.00	320.00 - 400.00	400.00 - 400.00	400.00 - 400.00	280.00 - 320.00	240.00 - 320.00	160.00 - 200.00	240.00 - 260.00	320.00 - 320.00
Beetroot	180.00 - 200.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	200.00 - 260.00	240.00 - 240.00	200.00 - 220.00	200.00 - 240.00	240.00 - 260.00
Knolkhol	100.00 - 120.00	240.00 - 320.00	280.00 - 280.00	320.00 - 320.00	250.00 - 250.00	240.00 - 240.00	200.00 - 200.00	300.00 - 320.00	280.00 - 320.00
Raddish	100.00 - 120.00	240.00 - 320.00	240.00 - 240.00	320.00 - 320.00	200.00 - 200.00	-	160.00 - 180.00	200.00 - 240.00	200.00 - 200.00
Cabbage	150.00 - 200.00	320.00 - 400.00	400.00 - 400.00	400.00 - 400.00	240.00 - 300.00	320.00 - 320.00	260.00 - 280.00	320.00 - 400.00	350.00 - 400.00
Tomato	180.00 - 200.00	240.00 - 320.00	280.00 - 280.00	320.00 - 320.00	250.00 - 250.00	240.00 - 240.00	160.00 - 180.00	200.00 - 240.00	320.00 - 320.00
Ladies Fingers	150.00 - 180.00	280.00 - 320.00	240.00 - 240.00	320.00 - 320.00	240.00 - 240.00	240.00 - 240.00	160.00 - 160.00	200.00 - 240.00	230.00 - 240.00
Brinjal	250.00 - 300.00	320.00 - 400.00	480.00 - 480.00	480.00 - 480.00	400.00 - 400.00	320.00 - 320.00	320.00 - 350.00	320.00 - 400.00	320.00 - 320.00
Capsicum	700.00 - 700.00	800.00 - 800.00	600.00 - 600.00	800.00 - 800.00	600.00 - 800.00	800.00 - 800.00	650.00 - 700.00	800.00 - 800.00	600.00 - 650.00
Pumpkin	100.00 - 120.00	160.00 - 240.00	260.00 - 260.00	240.00 - 240.00	160.00 - 180.00	120.00 - 120.00	120.00 - 160.00	160.00 - 180.00	240.00 - 260.00
Cucumber	120.00 - 120.00	200.00 - 240.00	200.00 - 200.00	240.00 - 240.00	160.00 - 200.00	240.00 - 240.00	120.00 - 130.00	240.00 - 240.00	200.00 - 220.00
Bitter Gourd	250.00 - 300.00	280.00 - 400.00	480.00 - 480.00	480.00 - 480.00	280.00 - 300.00	320.00 - 320.00	350.00 - 400.00	360.00 - 400.00	340.00 - 400.00
Snake Gourd	150.00 - 200.00	360.00 - 400.00	320.00 - 320.00	400.00 - 400.00	240.00 - 360.00	240.00 - 240.00	200.00 - 220.00	280.00 - 300.00	320.00 - 320.00
Drumstick	360.00 - 500.00	600.00 - 600.00	480.00 - 480.00	600.00 - 600.00	400.00 - 500.00	480.00 - 480.00	350.00 - 400.00	360.00 - 400.00	560.00 - 600.00
Luffa	180.00 - 240.00	320.00 - 320.00	320.00 - 320.00	320.00 - 320.00	280.00 - 300.00	300.00 - 320.00	180.00 - 200.00	300.00 - 320.00	300.00 - 320.00
Long Beans	-	-	-	-	-	-	320.00 - 350.00	320.00 - 400.00	400.00 - 450.00
Ash Plantain	130.00 - 150.00	240.00 - 320.00	280.00 - 280.00	320.00 - 320.00	180.00 - 200.00	160.00 - 160.00	120.00 - 140.00	320.00 - 320.00	200.00 - 220.00
Green Chillies	300.00 - 500.00	600.00 - 700.00	600.00 - 600.00	700.00 - 700.00	450.00 - 500.00	600.00 - 600.00	400.00 - 450.00	500.00 - 600.00	560.00 - 600.00
Lime	180.00 - 200.00	400.00 - 500.00	600.00 - 600.00	600.00 - 600.00	400.00 - 400.00	240.00 - 240.00	300.00 - 350.00	500.00 - 600.00	500.00 - 550.00
<u>Root Crops</u>									
Sweet Potato	130.00 - 140.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 320.00	320.00 - 320.00	200.00 - 220.00	320.00 - 320.00	320.00 - 320.00
Manioc	120.00 - 200.00	200.00 - 220.00	240.00 - 240.00	-	200.00 - 200.00	240.00 - 240.00	140.00 - 180.00	180.00 - 200.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00	80.00 - 80.00	50.00 - 50.00	100.00 - 100.00	80.00 - 80.00
Kankun	50.00 - 50.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00	80.00 - 80.00	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Gotukola	180.00 - 200.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	230.00 - 240.00	240.00 - 260.00
<u>Coconut</u>									
Large	180.00 - 180.00	180.00 - 180.00	180.00 - 180.00	180.00 - 190.00	180.00 - 180.00	180.00 - 180.00	180.00 - 180.00	180.00 - 200.00	180.00 - 180.00
Small	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	150.00 - 170.00	150.00 - 150.00	150.00 - 160.00	150.00 - 160.00	160.00 - 170.00	150.00 - 160.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 30: 25 - 31 Jul 2025

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	100.00	-	200.00	170.00	-	180.00	180.00	-	200.00	200.00	-	200.00	180.00	-	200.00	180.00	-	200.00	160.00	-	160.00	140.00	-	140.00	180.00	-	200.00
Kolikuttu (Rs/Kg)	250.00	-	300.00	280.00	-	300.00	330.00	-	350.00	300.00	-	350.00	320.00	-	350.00	320.00	-	350.00	300.00	-	300.00	280.00	-	280.00	300.00	-	340.00
Seeni (Rs/Kg)	100.00	-	160.00	200.00	-	200.00	180.00	-	200.00	160.00	-	200.00	180.00	-	200.00	160.00	-	180.00	150.00	-	150.00	160.00	-	160.00	180.00	-	180.00
Anamalu	38.00	-	40.00		-		47.00	-	50.00	42.00	-	50.00	42.00	-	45.00	40.00	-	42.00	48.00	-	48.00	42.00	-	42.00	45.00	-	45.00
Ambun	50.00	-	56.00		-		66.00	-	70.00	60.00	-	70.00	60.00	-	64.00	56.00	-	60.00	50.00	-	50.00	60.00	-	60.00	60.00	-	60.00
<u>Pineapple</u>																											
Large	380.00	-	400.00	450.00	-	470.00	480.00	-	530.00	430.00	-	460.00	400.00	-	460.00	400.00	-	400.00	400.00	-	400.00	400.00	-	460.00	450.00	-	460.00
Medium	280.00	-	300.00	340.00	-	360.00	360.00	-	380.00	330.00	-	350.00	300.00	-	350.00	280.00	-	300.00	300.00	-	300.00	300.00	-	350.00	340.00	-	350.00
Small	230.00	-	240.00	270.00	-	290.00		-		270.00	-	280.00	240.00	-	280.00	230.00	-	240.00	240.00	-	240.00	240.00	-	280.00	280.00	-	280.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	330.00	-	400.00		-			-		300.00	-	300.00		-		330.00	-	340.00	350.00	-	350.00		-			-	
Vilad	130.00	-	140.00		-		100.00	-	130.00		-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	130.00	-	140.00	140.00	-	160.00	200.00	-	260.00	280.00	-	280.00	200.00	-	200.00	140.00	-	160.00		-			-		260.00	-	280.00
Orange	100.00	-	120.00	140.00	-	160.00	160.00	-	160.00	160.00	-	160.00	140.00	-	150.00	100.00	-	120.00	120.00	-	120.00	100.00	-	100.00	160.00	-	160.00
Avocado	100.00	-	180.00	150.00	-	168.00	200.00	-	200.00	120.00	-	140.00	200.00	-	200.00	170.00	-	200.00	200.00	-	200.00	200.00	-	200.00	160.00	-	180.00
Slime Apple	80.00	-	90.00		-		160.00	-	160.00	100.00	-	160.00	80.00	-	100.00	76.00	-	80.00	80.00	-	80.00	80.00	-	80.00	120.00	-	120.00
Grapes (Rs/Kg)	1600.00	-	1700.00	2000.00	-	2600.00	2300.00	-	2600.00	2500.00	-	2800.00	1800.00	-	2300.00	1900.00	-	2000.00	2000.00	-	2000.00	2000.00	-	2100.00	2000.00	-	2000.00
Papaw (Rs/Kg)	200.00	-	280.00	220.00	-	240.00	250.00	-	250.00	200.00	-	250.00	220.00	-	230.00	250.00	-	250.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00
Passion	60.00	-	70.00	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00	70.00	-	70.00		-		60.00	-	60.00		-		60.00	-	60.00
King Coconut	160.00	-	180.00	160.00	-	200.00	180.00	-	200.00	200.00	-	200.00	160.00	-	180.00	180.00	-	200.00	160.00	-	160.00	160.00	-	180.00	200.00	-	200.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 30: 25 - 31 Jul 2025

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CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
<u>Sea Fish</u>																		
Salaya	600.00	600.00	600.00	600.00	800.00	800.00	800.00	800.00	700.00	700.00	650.00	700.00	600.00	600.00	600.00	700.00	700.00	700.00
Hurulla	1000.00	1000.00	900.00	900.00	1200.00	1200.00	1100.00	1100.00	1100.00	1100.00	1000.00	1000.00	900.00	1000.00	1000.00	1000.00	1000.00	1000.00
Balaya	1200.00	1200.00	2000.00	2000.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kelawalla	1500.00	1500.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	2600.00	2600.00	2400.00	2600.00	2400.00	2500.00	2800.00	2800.00	2700.00	2700.00
Thora	2500.00	2500.00	3200.00	3200.00	-	-	3800.00	3800.00	4000.00	4000.00	3000.00	3200.00	-	-	3200.00	3200.00	3200.00	3200.00
Paraw	1700.00	1700.00	2800.00	2800.00	-	-	2800.00	2800.00	2200.00	2600.00	1800.00	2400.00	-	-	2400.00	2400.00	2300.00	2300.00
Mora	1500.00	1500.00	2000.00	2000.00	-	-	2600.00	2600.00	2400.00	2400.00	2400.00	2400.00	1600.00	1600.00	2000.00	2000.00	-	-
Shrimps Small	1600.00	1600.00	2000.00	2200.00	2000.00	2000.00	2000.00	2200.00	-	-	2000.00	2200.00	1800.00	1800.00	1600.00	1600.00	1800.00	1800.00
Talapath	2400.00	2400.00	3200.00	3200.00	3200.00	3200.00	3000.00	3000.00	2400.00	2400.00	2600.00	3000.00	3000.00	3100.00	3000.00	3000.00	3000.00	3000.00
<u>Eggs (Rs/egg)</u>																		
Brown	35.00	35.00	35.00	35.00	33.00	33.00	33.00	33.00	35.00	35.00	32.00	32.00	30.00	30.00	30.00	30.00	30.00	30.00
White	32.00	32.00	32.00	32.00	31.00	31.00	32.00	32.00	30.00	32.00	30.00	30.00	28.00	28.00	28.00	28.00	29.00	29.00
<u>Dried Fish</u>																		
Sprats	2000.00	2000.00	1800.00	1800.00	2400.00	2400.00	2400.00	2400.00	2400.00	2400.00	2000.00	2000.00	-	-	-	-	2400.00	2400.00
Kattawa	1800.00	2200.00	2400.00	2800.00	2800.00	2800.00	3200.00	3200.00	2200.00	2200.00	2600.00	2800.00	2000.00	2600.00	2600.00	2600.00	2600.00	2600.00
Thora	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mora	2400.00	2700.00	2800.00	2800.00	3000.00	3000.00	3000.00	3000.00	3000.00	3000.00	3000.00	3200.00	-	-	2600.00	2600.00	2800.00	2800.00
Balaya	1600.00	1800.00	2400.00	2400.00	2800.00	2800.00	2300.00	2300.00	2200.00	2200.00	2200.00	2500.00	-	-	2200.00	2200.00	2300.00	2300.00
Anguluwa	-	-	2400.00	2400.00	2600.00	2600.00	3000.00	3000.00	2800.00	2800.00	-	-	-	-	2600.00	2600.00	2800.00	2800.00
Salaya	700.00	800.00	1200.00	1200.00	-	-	-	-	700.00	700.00	1200.00	1200.00	-	-	1000.00	1000.00	-	-
<u>Meat</u>																		
Beef (without Bones)	-	-	2700.00	2700.00	2800.00	2800.00	-	-	2700.00	2700.00	-	-	2600.00	2600.00	2800.00	2800.00	-	-
Chicken (Broiler)	-	-	1450.00	1450.00	1380.00	1380.00	1550.00	1550.00	1400.00	1400.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1440.00	1440.00
Chicken (Curry)	-	-	1400.00	1400.00	1380.00	1380.00	1300.00	1300.00	1200.00	1200.00	1150.00	1150.00	1150.00	1150.00	-	-	1200.00	1200.00
Mutton	-	-	3800.00	3800.00	3900.00	3900.00	3900.00	3900.00	3800.00	3800.00	3800.00	3800.00	3600.00	3600.00	4000.00	4000.00	4000.00	4000.00
Pork	-	-	2600.00	2600.00	2600.00	2600.00	2500.00	2500.00	-	-	-	-	-	-	2200.00	2200.00	2200.00	2200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

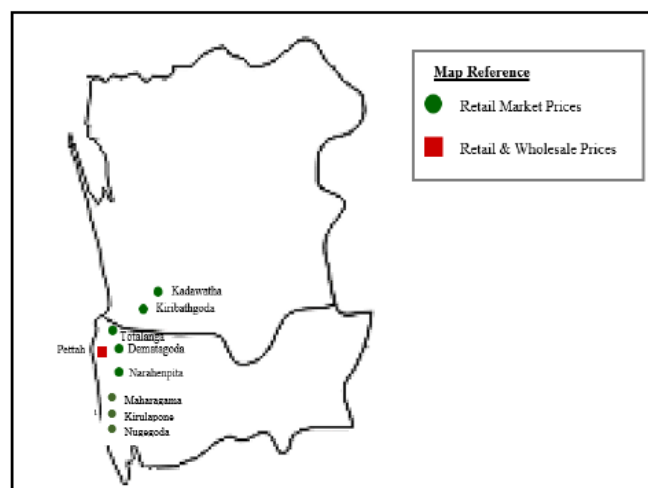
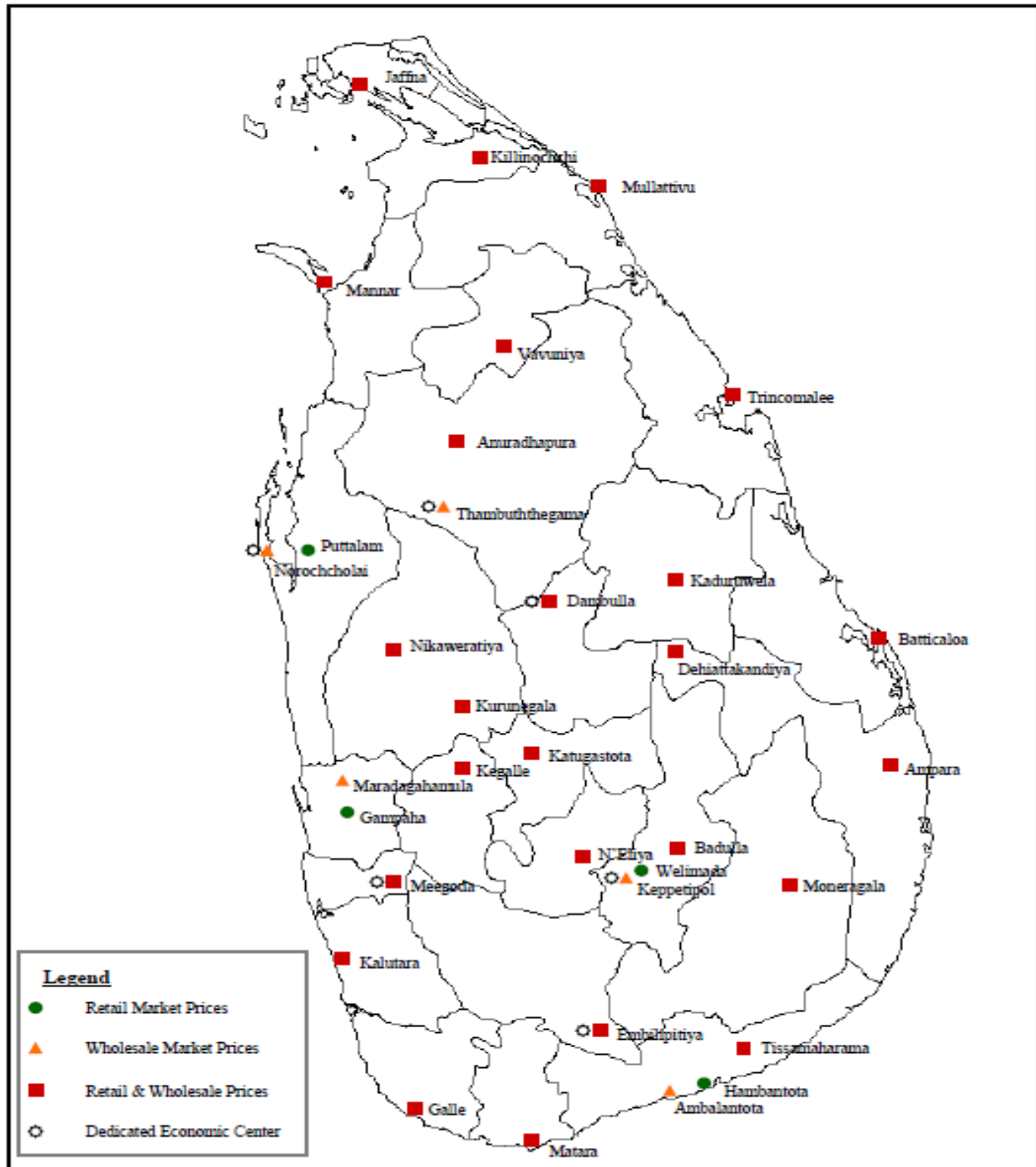
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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