

RETAIL MARKET AT A GLANCE

Summary

Rice/Paddy

With the commencement of the Yala paddy harvest, prices of all rice varieties except keeri samba have decreased.

(Page No.01-02)

Other Field Crops

A decrease in the price of dried chilies was reported due to sufficient imported stocks.

Due to the presence of high-quality imported stocks and insufficient local stocks, an increase in the prices of both white and red cowpea and green gram was reported, while a decrease in the prices of red lentils was observed.

(Page No.02-03)

Vegetables

With the commencement of the Yala harvest, a decrease in the prices of both up country and low country vegetables was reported, with the maximum price decrease being recorded for brinjal.

(Page No.04-05)

Fruits / Coconut

With the high supply, a decrease in the prices of all fruit varieties was reported, and the maximum price decrease among local varieties was recorded for pineapple.

The prices of both small and large coconuts decreased by Rs.12.00-16.00 per nut, which is a further increase of 45% to 49% compared to the previous year.

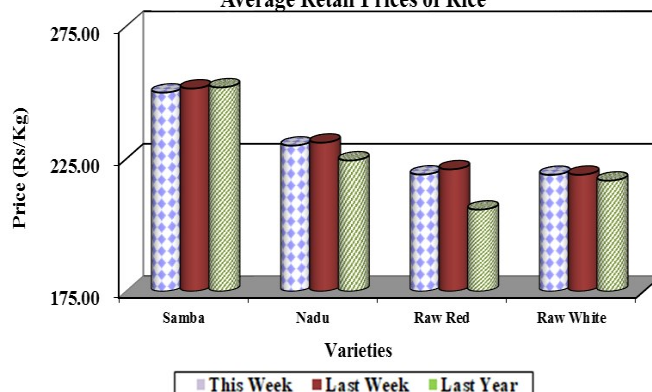
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Dried Fish

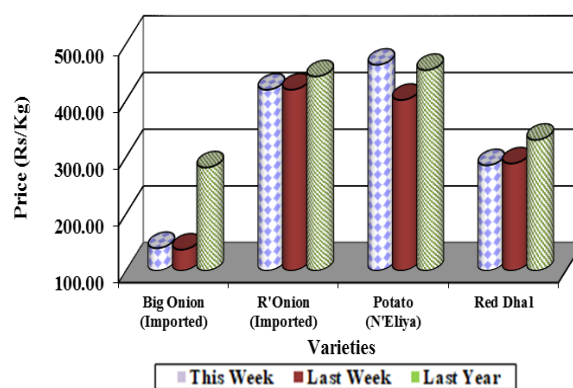
Due to the sufficient supply of imported stocks, the prices of all types of dried fish except sprats decreased, and the maximum price decrease was recorded for maduwa.

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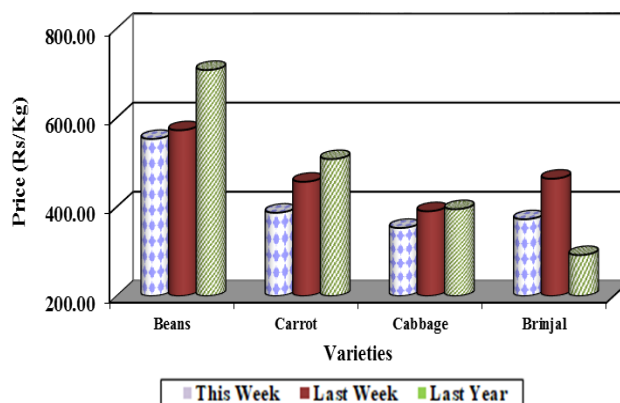
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Price of nadu grade I and nadu grade II have decreased by 3% and 4% due to availability of sufficient stocks and price ranged Rs.205.00-215.00/kg and Rs.200.00-208.00/kg. Price of all other local rice varieties have not changed significantly and average price of keeri samba was Rs.280.00.

Imported raw white was also available at the market and price ranged Rs.205.00-210.00

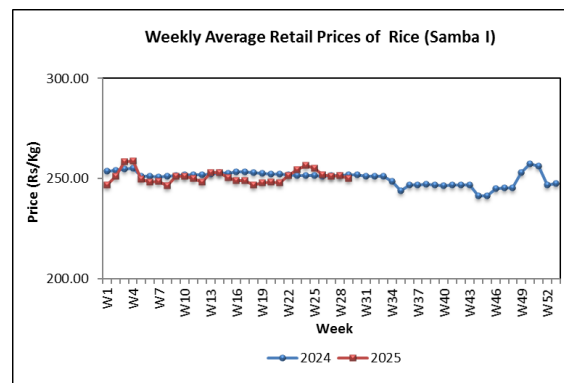
Compared to same period of last year, most of the rice varieties have seen price decrease with the lowest price of 4% for the raw white.

Retail

Expect for the local keeri samba, the retail prices of all types of rice varieties have decreased. Among those a highest price decreased of Rs.5.00/kg was recorded for imported raw white. The highest price increased of Rs.4.00/kg recorded for local keeri samba.

Compared to the same period of last year, the highest price increase of 6% was recorded for local raw red and highest price

decreased of 18% was recorded for local keeri samba.



Paddy

In several major paddy-producing areas, only minimal fluctuations in average farmgate prices were observed across the major paddy varieties. Accordingly, the price of short grain paddy was ranged at Rs.103.00–130.00/kg, while in Kurunegala and Nikaweratiya areas, prices had declined to Rs.9.50/kg and Rs.8.20/kg respectively. Likewise, keeri Samba paddy was reported to sell in the range of Rs.130.00-138.00/kg. Furthermore, the price range for long grain white paddy has varied at Rs.96.00-121.00/kg with the lowest prices reported in the Ampara area. In the Matara region, the average farmgate price of long grain red paddy has risen by Rs.4.50/kg, with prices varying in the range of Rs.115.00-120.00/kg in the major producing areas.

Compared to the same period of last year, the average price of major paddy varieties has not changed significantly.

Dried Chilies

Wholesale

The price of imported dried chilies has decreased by 6% due to availability of sufficient stocks at the market and price ranged Rs.500.00-600.00/kg.

Compared to same period of last year, current wholesale price of imported dried chilies has decreased by 29%.

Retail

The retail price of imported dried chilies has decreased by Rs.2.00/kg and price ranged Rs.650.00-900/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 24%.

Onion

Wholesale

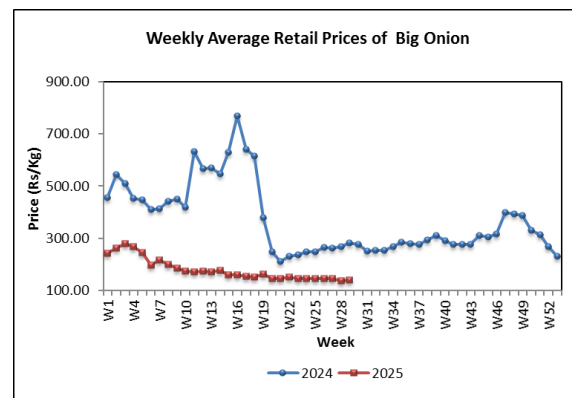
Price of vedalan red onion and imported red onion have decreased by 16% and 8% and price ranged Rs.320.00-400.00/kg and Rs.280.00-320.00/kg. Imported big onion has increased by 3% and price

ranged Rs.60.00-105.00/kg. (Price ranged Rs.60.00-80.00 for varieties from Pakistan and price ranges for Indian varieties was Rs.90.00-105.00)

Compared to same period of last year current wholesale prices of vedalan red onion and imported big onion have decreased by 2% and 57% while imported red onion have decreased by 3%.

Retail

The retail price of vedalan has decreased by Rs.42.00/kg and price ranged Rs.520.00-600.00/kg. The retail price of imported big onion has increased by Rs.3.00/kg and price ranged Rs.120.00-160.00/kg. There was no significant change in the price of imported red onions.



Compared to the same period of the last year, the current retail price of vedalan red onion has increased by 8%, while the retail price of imported red onion and imported big onion have decreased by 5% and 50% respectively.

Potato

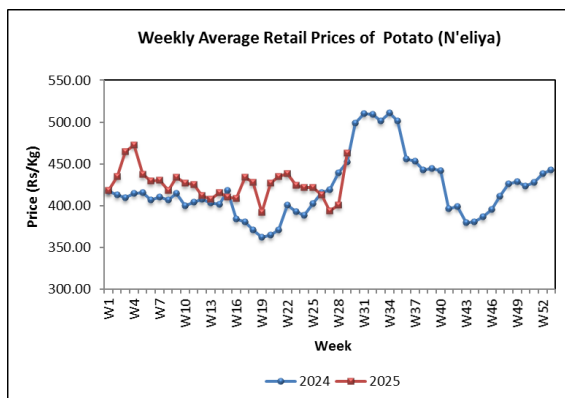
Wholesale

The Price of Nuwara Eliya potato has increased by 3% and price ranged Rs.330.00-350.00/kg. Price of imported potato has increased by 2% and price ranged 150.00-170.00/kg.

Compared to same period of last year, current wholesale price of Nuwara Eliya and imported potatoes have decreased by 2% and 42% respectively.

Retail

The retail price of Nuwara Eliya and imported potatoes have increased by Rs.62.00/kg and Rs.7.00/kg, while the price ranged Rs.440.00-480.00 and Rs.190.00-Rs.240.00/kg.



Compared to the same period of last year, the price of Nuwara Eliya potato has increased by 2% while the price of imported potato has decreased by 41%.

Pulses

Wholesale

Price of white cowpea has increased by 3% and price ranged Rs.800.00-900.00. Price of red cowpea has decreased by 3% and price ranged Rs.650.00-800.00. Price of green gram and red dhal have not changed significantly and price ranged Rs.700.00-800.00/kg and Rs.240.00-250.00/kg.

Compared to same period of last year, current wholesale price of green gram and red dhal have decreased by 5% and 15% while white cowpea and red cowpea have increased by 9% and 15% respectively.

Retail

The retail prices of green gram, white cowpea and red cowpea have increased by Rs.50.00/kg, Rs.70.00/kg and Rs.36.00/kg respectively, while price changed Rs.800.00-1100.00, Rs.900-1200 and Rs.950.00-1200.00/kg. The retail price of red dhal has decreased by Rs.3.00/kg.

Compared to the same period of last year, a notable price decreased of 27% was recorded for green gram and notable price increase of 4% recorded for white and red cowpea.

Vegetable

Wholesale

Prices of most the both up and low country vegetables have further decreased with increased supply from major producing areas.

Prices of all the up-country vegetable except for tomato have decreased with increased supply from producing areas. Accordingly, the highest price decrease was reported for beetroot (27%), with increased supply from Kandy, Puttalam and Jaffna. Further, the prices of raddish (20%), have also decrease, with increased supply from Nuwara Eliya, Puttalam and Kandy. Due to increased supply from Nuwara Eliya and Kandy areas. Prices of leeks have also declined by 18%. However, with decreased stocks from Kandy, due to unfavorable weather condition, the prices of tomato have increased by 23%.

Considering the low-country vegetables, the prices of most of the vegetable varieties experienced price decrease with availability of stocks from Jaffna, Puttalam, Embilipitiya, Kandy, Anuradhapura Monaragala and Dambulla areas. Particularly, the highest price decrease reported for brinjals as 25%, followed by bitter gourd as 10%. Due to availability sufficient stocks from Monaragala, Vilachchiya, Rajanganaya

and Kandy, Prices of Pumpkin have also decreased by 14%. In addition, the price of capsicum has also decreased by 11%, with increased supply from Nuwara Eliya, Wellawaya and Puttalam, as reported last week due to availability sufficient stocks from Nochciyagama and Jaffna. Price of green chilies has decreased by 31%. further, price of sweet potato has decreased by 18%, due to high supplies from Dambulla. However, the prices of ladies fingers, cucumber, luffa and long beans have increased in the range of 7% - 22%.

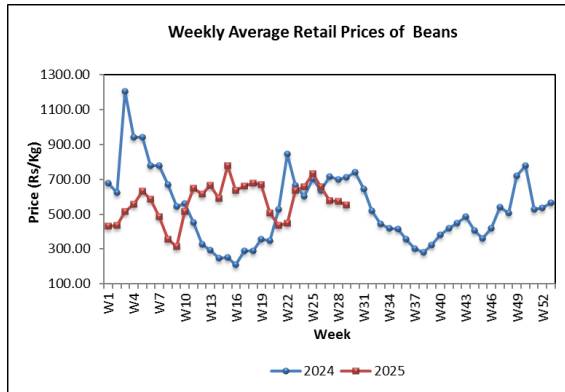
Compared to the same period of year, the prices of most of the vegetables have decreased, with the highest price decrease of 68% reported for leeks.

Retail

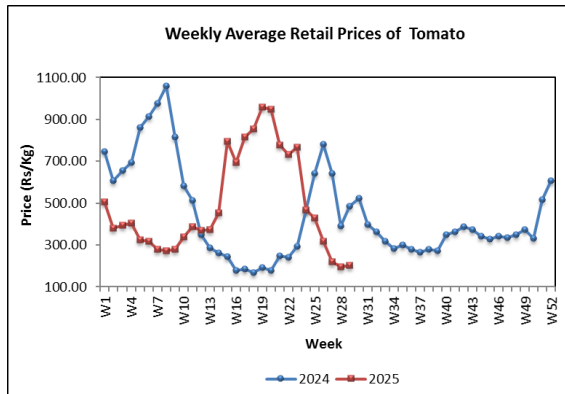
The retail prices of most vegetables have decreased, along with the wholesale prices. Considering up-country vegetables, the highest price decrease was reported for carrots as Rs. 69.00/kg, followed by Rs. 44.00/kg for beetroot.

Considering the low-country vegetable varieties, the highest price decrease was reported for brinjal at Rs.91.00/kg, followed by Rs.60.00/kg for green chillies. However,

the capsicum price increased by Rs.48.00/kg.



Compared to the same period last year, prices of most varieties have decreased, with a notable 59% price drop reported for lime.



Coconut Wholesale

According to the wholesalers, and price information of Coconut Development Authority, the price of desiccated coconut has increased. The prices of fresh coconut, in Peliyagoda wholesale market have increased again by 5% (large nut) and 6% (small nut). Price ranges were Rs.150.00-170.00 for a large nut and Rs.135.00-150.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 54% and 63% respectively.

Retail

Prices of large and small nuts have decreased by Rs.12.00/nut and Rs.16.00 /nut respectively. Price ranges were Rs.160.00-195.00 for a large nut and Rs.140.00-170.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 45% and 49%, respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to low demand and increased supply. The highest price decrease of 20% was reported for wood apple. Local orange prices fell 15% with the start of the harvest. Local orange and passion fruit prices dropped by 10% due to rainy weather. Pineapple prices for all sizes decreased by 5%–8% due to abundant stocks.

Compared to the same period of last year, prices of most of the fruit varieties have

increased while the highest price increase of 172% reported for karthakolomban mango.

Retail

In the line with the decreased wholesale prices, retail prices of most of the fruits have also decreased. The highest price decrease of Rs.46.00/kg was reported for large sized pineapples. The price of wood apple, king coconut and avocado have decreased by Rs. 27.00/fruit, Rs.22.00/fruit and Rs. 21.00/fruit respectively. However, price of karthakolomban mango, slime apple, imported grapes have increased by Rs. 39.00/fruit, 29.00/fruit and Rs.15.00/kg respectively. Prices of banana has slightly increased in the range of Rs.1.00- 4.00/kg. Compared to the same period of last year, retail price of most of the fruit varieties have decreased and the highest price decrease was reported for kolikuttu banana as 43%.

Fresh Fish

Wholesale

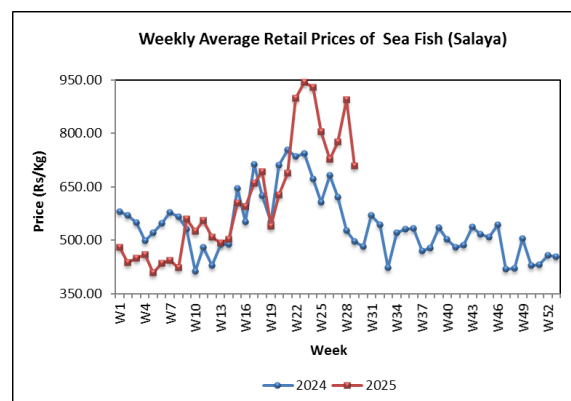
Wholesale prices of all the fresh fish types have decreased due to increased supply. The prices decrease of 22% and 18% were noted for thalapath and hurulla respectively due to high supply from

Valachchenai, Mannar, Trincomalee and Northern areas. The highest price decrease was recorded for salaya by 28%.

Compared the same period of last year the highest price increase was recorded for salaya by 85%. The highest price decrease was recorded for thora by 35%.

Retail

Retail prices of all types of fish have decreased due to increased wholesale supply. The highest price decrease was recorded for thora by Rs.388.00/kg. The second highest price decrease was recorded for thalapath by Rs.237.00/kg. The low-price decrease was recorded for shrimps by Rs.9.00/kg. Price decrease of salaya, hurulla and paraw have recorded as Rs.185.00/kg, Rs.191.00 And Rs.213.00/kg respectively.



compared to the same period last year, prices of other fresh fish varieties except hurulla and thalapath have increased and

the highest price increase was recorded for mora by 71%

Dried Fish

Wholesale

The price of other fish varieties except local sprats, balaya and salaya have decrease and the highest price decrease was recorded for mora by 40%. The second highest price decrease was recorded for sprats (Imported) by 20%.

Compared the same period of last year, the all prices of the dried fish price decrease was recorded.

Retail

The prices of other dry fish varieties except local sprats have decreased and the highest price decrease was recorded for local maduwa by Rs.233.00/kg. Price decrease of balaya and anguluwa have recorded as Rs.218.00/kg and Rs.157.00/kg. The highest price increase was recorded for local sprats by Rs.39.00/kg.

Compared to the same period of last year, the prices of other dry fish varieties expect local sprats have increased and the highest price increase was recorded for balaya by 39%.

Eggs

Wholesale

The prices of brown and white eggs have decreased by 6% and 8% respectively and the prices ranged Rs.28.00-32.00 and Rs.26.00-29.00 respectively.

Compared to the same period of the last year, prices of both brown and white eggs have decreased by 43% and 44% respectively.

Retail

The price of a white egg has decreased by Rs.2.00 and the price of a brown egg by Rs.1.00 the price range of a white egg has recorded as Rs.28.00-32.00 and the price range of a brown egg has recorded as Rs.30.00-36.00. The average price of the white and brown egg types has recorded as Rs.31.00 and Rs.34.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 38% - 41%.

Meat

Retail

The prices of other meat types expect pork and beef have increased. The highest price increase was recorded for curry chicken by Rs.57.00/kg. Prices increase of broiler

chicken and mutton have recorded as Rs.12.00/kg and Rs.17.00/kg respectively. The highest price decrease was recorded for pork by Rs.50.00/kg.

Compared to the same period of last year, the price of all meat types have increased and the highest price increase was recorded for pork by 72%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 29: 18 - 24 Jul 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	11750	12000	11500	11600	13000	15000	10250	10750	10000	10400	9500	10250	9500	10250
	Divulapitiya	12000	12300	11450	11700	12900	13600	11000	11250	10000	10400	9500	10000	9500	10250
	Kurunegala	-	-	11700	11800	13500	13750	11100	11250	10250	10500	-	-	10250	10350
	Nikaweratiya	11750	11900	-	-	12900	15000	11350	11400	9800	10100	-	-	9750	11000
	Badulla	-	-	-	-	13900	15000	11250	11500	-	-	9500	9750	9500	9900
	Puttalam	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Dambulla	13250	13400	11800	12000	-	-	11250	11350	11000	11050	10600	10700	10250	10400
	Anuradhapura	12750	13250	11750	11850	14500	15000	11300	11400	-	-	10500	10750	10000	10500
	Tambuttegama	12000	12100	-	-	13000	13000	11250	11400	-	-	10750	11000	10600	10900
	Polonnaruwa	12350	12600	-	-	13350	15350	11250	11400	-	-	10900	10900	10850	10900
	Kalutara	12000	12500	-	-	13500	14500	11200	11250	-	-	9500	10500	9500	10750
	Ampara	12000	12000	-	-	13000	13000	11000	11500	-	-	9400	10000	9250	10000
	Kandy	12250	12500	11750	11800	13750	14500	11000	11250	10500	10750	10000	10150	10000	10250
	Moneragala	-	-	-	-	14750	15000	11200	11350	-	-	9250	9750	9250	9750
	Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Dehiattakandiya	11900	13250	-	-	12900	14500	11000	11400	-	-	10850	10850	9750	10900
	Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Matara	12000	12200	11750	11800	13500	14200	11250	11500	10900	11000	9250	9500	9750	10000
	Galle	12000	12000	-	-	14000	15500	11250	11400	-	-	9500	10850	9750	10900
	Meegoda	11800	11850	11600	11750	12900	13000	-	-	10000	10500	9250	9500	9500	9750
	Tissamaharama	11900	11950	-	-	12900	12950	11000	11100	-	-	9200	9300	10200	10250
	Embilipitiya	11900	11950	-	-	-	-	10750	10850	-	-	9100	9250	9250	9350
	Jaffna	-	-	11500	11600	-	-	11350	11400	-	-	10200	10250	10400	10550
	Vavuniya	11750	12000	-	-	13500	13750	10900	11250	-	-	10700	10800	10600	10750
	Mannar	12000	12300	-	-	13000	13400	10750	11000	-	-	10250	10500	-	-
	Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Mullattivu	12000	12350	-	-	13350	13750	11500	11750	-	-	10800	11000	-	-
	Batticaloa	-	-	11500	11600	13000	13750	10750	10750	10500	10600	9500	10000	9500	10100
	Trincomalee	11750	11750	11500	11700	-	-	11000	11250	-	-	10500	10750	10500	10750
	Galenbindunuwew	11850	11900	-	-	13800	13800	11300	11350	11175	11200	10750	10800	10550	10600
Matale	12000	12250	11600	11750	12900	14500	11000	11300	10400	10750	9500	10250	10250	10500	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 29: 18 - 24 Jul 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	240.00 –	260.00	–		280.00 –	310.00	220.00 –	240.00	–		210.00 –	220.00	210.00 –	220.00
	Gampaha	–		238.00 –	240.00	300.00 –	300.00	230.00 –	230.00	226.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	–		240.00 –	240.00	290.00 –	300.00	230.00 –	230.00	228.00 –	230.00	220.00 –	220.00	219.00 –	220.00
	Nikaweratiya	240.00 –	240.00	–		260.00 –	310.00	230.00 –	235.00	210.00 –	220.00	–		210.00 –	220.00
	Dambulla	268.00 –	275.00	240.00 –	245.00	260.00 –	300.00	228.00 –	230.00	224.00 –	225.00	216.00 –	220.00	210.00 –	215.00
	Anuradhapura	265.00 –	270.00	240.00 –	240.00	300.00 –	310.00	230.00 –	230.00	–		215.00 –	220.00	210.00 –	220.00
	Thambuththegama	265.00 –	270.00	240.00 –	245.00	270.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	218.00 –	220.00
	Polonnaruwa	260.00 –	265.00	250.00 –	255.00	270.00 –	310.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	250.00 –	260.00	–		290.00 –	300.00	230.00 –	230.00	–		200.00 –	218.00	200.00 –	218.00
	Badulla	–		–		290.00 –	300.00	–		225.00 –	230.00	195.00 –	210.00	190.00 –	210.00
	Keppetipola	260.00 –	260.00	–		290.00 –	300.00	–		220.00 –	230.00	190.00 –	200.00	200.00 –	205.00
	Moneragala	–		–		300.00 –	310.00	230.00 –	230.00	–		190.00 –	200.00	190.00 –	200.00
	Kegalle	265.00 –	270.00	240.00 –	240.00	300.00 –	310.00	230.00 –	230.00	220.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	215.00 –	220.00	200.00 –	210.00	185.00 –	220.00
	Dehiattakandiya	270.00 –	270.00	240.00 –	240.00	260.00 –	300.00	230.00 –	230.00	–		220.00 –	220.00	200.00 –	220.00
	Nuwaraeliya	255.00 –	260.00	250.00 –	250.00	295.00 –	300.00	–		225.00 –	230.00	195.00 –	205.00	205.00 –	208.00
	Kandy	260.00 –	265.00	245.00 –	250.00	290.00 –	300.00	228.00 –	230.00	225.00 –	226.00	215.00 –	220.00	210.00 –	220.00
	Puttalam	250.00 –	270.00	–		260.00 –	320.00	–		215.00 –	225.00	218.00 –	220.00	218.00 –	220.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	260.00 –	270.00	–		300.00 –	310.00	232.00 –	240.00	220.00 –	225.00	195.00 –	205.00	205.00 –	212.00
	Matara	250.00 –	260.00	240.00 –	240.00	290.00 –	310.00	230.00 –	240.00	220.00 –	230.00	190.00 –	205.00	200.00 –	210.00
	Galle	270.00 –	275.00	240.00 –	240.00	300.00 –	320.00	–		230.00 –	230.00	210.00 –	220.00	210.00 –	220.00
	Tissamaharama	–		240.00 –	240.00	260.00 –	260.00	–		225.00 –	230.00	188.00 –	190.00	207.00 –	210.00
	Meegoda (DEC)	–		240.00 –	240.00	260.00 –	260.00	–		210.00 –	220.00	200.00 –	210.00	210.00 –	220.00
	Embilipitiya	240.00 –	244.00	–		260.00 –	300.00	225.00 –	230.00	–		185.00 –	195.00	198.00 –	210.00
	Jaffna	240.00 –	245.00	–		260.00 –	265.00	240.00 –	240.00	–		230.00 –	235.00	215.00 –	218.00
	Vavuniya	240.00 –	245.00	–		280.00 –	285.00	225.00 –	235.00	–		220.00 –	225.00	220.00 –	224.00
	Mannar	248.00 –	250.00	–		275.00 –	280.00	230.00 –	235.00	–		218.00 –	225.00	–	
	Killinochchi	–		–		–		–		–		–		–	
	Mullaittivu	243.00 –	250.00	–		275.00 –	280.00	234.00 –	238.00	–		220.00 –	223.00	–	
Batticaloa	240.00 –	242.00	–		278.00 –	280.00	–		215.00 –	222.00	200.00 –	208.00	200.00 –	206.00	
Trincomalee	240.00 –	245.00	–		260.00 –	265.00	230.00 –	235.00	–		220.00 –	225.00	220.00 –	220.00	
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	240.00 –	240.00	240.00 –	240.00	260.00 –	290.00	230.00 –	230.00	228.00 –	230.00	215.00 –	220.00	215.00 –	220.00	
Galenbindunuwewa	–		240.00 –	240.00	280.00 –	280.00	230.00 –	230.00	226.00 –	226.00	220.00 –	220.00	215.00 –	220.00	
Bandarawela	255.00 –	260.00	240.00 –	245.00	280.00 –	300.00	230.00 –	235.00	–		195.00 –	205.00	195.00 –	210.00	
Matale	250.00 –	260.00	240.00 –	245.00	260.00 –	300.00	230.00 –	230.00	225.00 –	226.00	215.00 –	220.00	215.00 –	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 29: 18 - 24 Jul 2025

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LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	25000 - 30000	14000 - 16000	16000 - 20000	3000 - 5250	7500 - 8500	-	16500 - 17500	35000 - 40000	40000 - 45000	12000 - 12500
Kurunegala	30000 - 31000	17000 - 17500	18000 - 18000	4750 - 5500	8000 - 9250	-	15000 - 15000	38500 - 39500	38500 - 39000	12400 - 12700
Nikaweratiya	29250 - 36500	17500 - 18000	-	5000 - 6000	8000 - 9000	-	-	32500 - 39000	37500 - 39000	12350 - 13500
Dehiattakandiya	31250 - 32500	20000 - 23000	-	5000 - 6500	9000 - 10000	-	-	30000 - 32500	27500 - 27500	12000 - 13000
Dambulla (DEC)	27500 - 29000	-	12500 - 13000	3000 - 4750	7000 - 8000	-	16500 - 17000	27500 - 32500	29000 - 32500	12000 - 12500
Anuradhapura	32500 - 35000	17500 - 22000	-	5000 - 6000	8750 - 9500	-	16000 - 17000	37500 - 40000	35000 - 37500	12500 - 13000
Thambuththegama	32500 - 34000	-	-	3500 - 5250	8000 - 8750	-	-	32500 - 32500	26000 - 26000	12900 - 13000
Polonnaruwa	30500 - 33000	19250 - 21250	-	5750 - 6750	8750 - 10000	-	-	30500 - 33000	40500 - 43500	14000 - 14500
Kaluthara	32500 - 37500	18500 - 20000	-	5750 - 5900	8750 - 9250	-	-	34000 - 37500	39500 - 42000	12500 - 13250
Puttalam	-	-	12500 - 15000	-	-	-	-	-	-	-
Kandy	30000 - 31000	18000 - 18500	16500 - 17000	4000 - 5500	8250 - 8750	-	17000 - 17500	35000 - 42500	40000 - 42500	12500 - 12750
Matara	32500 - 35500	18750 - 19250	19000 - 21000	5500 - 5750	8750 - 9500	-	17500 - 18000	36000 - 39000	40000 - 41000	13000 - 13500
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	32500 - 33000	16000 - 16200	-	5350 - 5500	8800 - 9000	-	16400 - 16500	39000 - 40000	38500 - 39500	13150 - 13500
Galle	35000 - 37500	22000 - 25000	-	5500 - 6000	7500 - 8250	-	15000 - 17000	36500 - 40000	36500 - 40000	13000 - 14500
Tissamaharama	29000 - 30000	15000 - 17500	-	5000 - 5750	7500 - 8750	-	15000 - 16500	32500 - 35000	35000 - 36500	12250 - 12400
Meegoda (DEC)	28500 - 30000	13500 - 16500	14000 - 15000	3000 - 5250	7750 - 8500	-	17000 - 17500	32500 - 37500	45000 - 47500	12000 - 12300
Jaffna	30000 - 30000	-	16400 - 16500	6000 - 6300	8400 - 8500	-	-	32000 - 33000	-	12000 - 12300
Vavuniya	31000 - 32500	14000 - 14500	-	5000 - 5750	7500 - 8500	-	-	32500 - 35000	-	13250 - 13500
Mannar	25000 - 28000	-	-	6000 - 6500	7500 - 8250	-	-	35000 - 36000	-	12000 - 12500
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	32500 - 34000	-	-	4500 - 5500	8500 - 10000	-	-	26500 - 28000	-	13750 - 14000
Batticaloa	27500 - 28500	-	15000 - 17500	3500 - 4000	8000 - 9000	-	17500 - 19000	32500 - 35000	36000 - 40000	12500 - 12750
Trincomalee	30000 - 31000	-	14500 - 15000	5000 - 5300	7600 - 8000	-	-	32500 - 34000	-	13500 - 13600
Galenbindunuwewa	33500 - 34000	22000 - 22500	-	6000 - 6500	9000 - 9500	-	-	36500 - 37000	34000 - 34500	12500 - 13000
Matale	30000 - 32500	17000 - 18000	-	4500 - 5750	8000 - 9000	-	-	39000 - 42000	35000 - 37500	12500 - 13000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 29: 18 - 24 Jul 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	380.00 – 480.00	520.00 – 600.00	120.00 – 160.00	190.00 – 240.00	-	440.00 – 480.00	800.00 – 1100.00	900.00 – 1200.00	270.00 – 320.00
Gampaha	720.00 – 800.00	-	480.00 – 520.00	130.00 – 160.00	220.00 – 240.00	-	400.00 – 460.00	740.00 – 1000.00	980.00 – 1120.00	280.00 – 300.00
Kurunegala	700.00 – 800.00	440.00 – 440.00	480.00 – 500.00	120.00 – 150.00	200.00 – 240.00	-	380.00 – 400.00	850.00 – 1000.00	860.00 – 960.00	275.00 – 300.00
Nikaweratiya	630.00 – 800.00	370.00 – 440.00	-	130.00 – 160.00	180.00 – 220.00	-	-	680.00 – 850.00	750.00 – 800.00	265.00 – 300.00
Dambulla	700.00 – 800.00	460.00 – 480.00	400.00 – 440.00	100.00 – 130.00	180.00 – 200.00	-	-	750.00 – 800.00	850.00 – 900.00	270.00 – 280.00
Anuradhapura	750.00 – 800.00	400.00 – 520.00	-	120.00 – 140.00	200.00 – 220.00	-	380.00 – 400.00	800.00 – 880.00	750.00 – 800.00	270.00 – 300.00
Thambuththegama	780.00 – 880.00	350.00 – 380.00	-	130.00 – 160.00	210.00 – 230.00	-	-	820.00 – 850.00	650.00 – 680.00	268.00 – 275.00
Polonnaruwa	700.00 – 750.00	400.00 – 440.00	-	130.00 – 150.00	190.00 – 220.00	-	-	700.00 – 750.00	900.00 – 960.00	280.00 – 300.00
Kaluthara	700.00 – 800.00	400.00 – 500.00	-	130.00 – 160.00	200.00 – 240.00	-	400.00 – 440.00	740.00 – 800.00	800.00 – 950.00	255.00 – 275.00
Badulla	700.00 – 800.00	440.00 – 480.00	-	120.00 – 140.00	180.00 – 200.00	-	-	750.00 – 800.00	750.00 – 800.00	270.00 – 280.00
Keppetipola	650.00 – 700.00	400.00 – 410.00	480.00 – 500.00	100.00 – 130.00	190.00 – 200.00	350.00 – 360.00	-	800.00 – 850.00	750.00 – 800.00	285.00 – 300.00
Moneragala	700.00 – 800.00	-	480.00 – 520.00	120.00 – 160.00	220.00 – 240.00	340.00 – 400.00	-	720.00 – 800.00	680.00 – 700.00	270.00 – 300.00
Kegalle	680.00 – 760.00	400.00 – 440.00	-	140.00 – 160.00	230.00 – 240.00	-	380.00 – 400.00	750.00 – 920.00	800.00 – 900.00	290.00 – 310.00
Ampara	630.00 – 860.00	390.00 – 440.00	-	120.00 – 130.00	190.00 – 220.00	360.00 – 380.00	-	740.00 – 820.00	800.00 – 850.00	255.00 – 260.00
Dehiattakandiya	650.00 – 700.00	440.00 – 500.00	-	120.00 – 140.00	200.00 – 240.00	-	380.00 – 380.00	650.00 – 700.00	-	255.00 – 280.00
Nuwaraeliya	680.00 – 750.00	380.00 – 400.00	460.00 – 480.00	120.00 – 130.00	190.00 – 220.00	-	350.00 – 380.00	850.00 – 880.00	920.00 – 940.00	265.00 – 280.00
Kandy	790.00 – 800.00	500.00 – 550.00	550.00 – 580.00	120.00 – 140.00	200.00 – 220.00	-	390.00 – 400.00	800.00 – 950.00	840.00 – 900.00	270.00 – 300.00
Puttalam	700.00 – 760.00	400.00 – 440.00	450.00 – 540.00	150.00 – 160.00	220.00 – 240.00	-	400.00 – 480.00	600.00 – 900.00	700.00 – 1000.00	280.00 – 290.00
Rathnapura	780.00 – 900.00	380.00 – 420.00	-	140.00 – 160.00	190.00 – 220.00	-	380.00 – 440.00	760.00 – 800.00	860.00 – 930.00	280.00 – 310.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	700.00 – 800.00	380.00 – 450.00	460.00 – 520.00	120.00 – 140.00	200.00 – 220.00	-	380.00 – 400.00	800.00 – 900.00	800.00 – 900.00	275.00 – 300.00
Galle	780.00 – 850.00	480.00 – 560.00	580.00 – 600.00	120.00 – 140.00	200.00 – 220.00	-	380.00 – 400.00	800.00 – 900.00	800.00 – 900.00	280.00 – 320.00
Tissamaharama	630.00 – 700.00	420.00 – 460.00	-	125.00 – 135.00	200.00 – 220.00	-	380.00 – 380.00	730.00 – 740.00	775.00 – 790.00	260.00 – 280.00
Meegoda (DEC)	630.00 – 660.00	400.00 – 440.00	440.00 – 480.00	100.00 – 150.00	200.00 – 220.00	-	400.00 – 440.00	880.00 – 960.00	950.00 – 1000.00	260.00 – 280.00
Embilipitiya	700.00 – 780.00	-	400.00 – 460.00	120.00 – 140.00	190.00 – 220.00	-	380.00 – 400.00	800.00 – 870.00	960.00 – 980.00	255.00 – 310.00
Jaffna	650.00 – 660.00	350.00 – 360.00	-	130.00 – 140.00	180.00 – 190.00	-	-	670.00 – 680.00	-	255.00 – 260.00
Vavuniya	700.00 – 750.00	350.00 – 370.00	-	130.00 – 140.00	180.00 – 190.00	-	-	780.00 – 800.00	-	280.00 – 290.00
Mannar	700.00 – 750.00	-	-	140.00 – 150.00	180.00 – 185.00	-	-	680.00 – 750.00	-	280.00 – 300.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	680.00 – 720.00	-	440.00 – 480.00	-	180.00 – 220.00	-	-	560.00 – 600.00	-	280.00 – 285.00
Batticaloa	700.00 – 725.00	-	450.00 – 500.00	150.00 – 150.00	200.00 – 200.00	-	400.00 – 420.00	850.00 – 900.00	815.00 – 850.00	260.00 – 290.00
Trincomalee	700.00 – 750.00	350.00 – 380.00	-	150.00 – 160.00	220.00 – 230.00	-	-	750.00 – 780.00	-	280.00 – 285.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	660.00 – 760.00	360.00 – 400.00	-	100.00 – 160.00	200.00 – 240.00	-	400.00 – 440.00	920.00 – 1000.00	920.00 – 920.00	270.00 – 300.00
Galenbindunuwewa	700.00 – 750.00	460.00 – 480.00	-	140.00 – 140.00	200.00 – 200.00	-	-	750.00 – 800.00	700.00 – 750.00	270.00 – 280.00
Bandarawela	700.00 – 800.00	400.00 – 440.00	480.00 – 560.00	120.00 – 130.00	180.00 – 220.00	340.00 – 360.00	-	750.00 – 850.00	800.00 – 900.00	270.00 – 300.00
Matale	700.00 – 750.00	380.00 – 440.00	-	120.00 – 140.00	180.00 – 240.00	-	-	750.00 – 880.00	800.00 – 970.00	260.00 – 275.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 29: 18 - 24 Jul 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 500.00	200.00 - 300.00	80.00 - 150.00	60.00 - 120.00	60.00 - 120.00
Meegoda (DEC)	-	520.00 - 560.00	320.00 - 340.00	140.00 - 170.00	80.00 - 100.00	100.00 - 140.00
Dambulla (DEC)	-	360.00 - 400.00	250.00 - 280.00	130.00 - 170.00	80.00 - 120.00	70.00 - 100.00
Keppetipola (DEC)	-	450.00 - 500.00	250.00 - 300.00	100.00 - 120.00	80.00 - 120.00	80.00 - 100.00
Norochchole (DEC)	-	-	-	-	50.00 - 80.00	-
Nuwara Eliya	-	480.00 - 520.00	270.00 - 280.00	140.00 - 150.00	140.00 - 150.00	90.00 - 110.00
Kandy	-	380.00 - 420.00	300.00 - 320.00	150.00 - 160.00	80.00 - 90.00	60.00 - 80.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	450.00 - 550.00	310.00 - 350.00	170.00 - 200.00	100.00 - 130.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	420.00 - 460.00	270.00 - 300.00	120.00 - 140.00	120.00 - 130.00	60.00 - 80.00
Veyangoda	-	480.00 - 550.00	280.00 - 330.00	150.00 - 180.00	80.00 - 110.00	100.00 - 140.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 80.00	150.00 - 200.00	60.00 - 120.00	50.00 - 80.00	200.00 - 250.00	300.00 - 500.00
Meegoda (DEC)	90.00 - 120.00	200.00 - 240.00	100.00 - 140.00	60.00 - 90.00	220.00 - 260.00	460.00 - 520.00
Moneragala	80.00 - 120.00	200.00 - 250.00	80.00 - 100.00	100.00 - 120.00	250.00 - 280.00	550.00 - 600.00
Dambulla (DEC)	50.00 - 60.00	140.00 - 180.00	80.00 - 110.00	60.00 - 70.00	200.00 - 250.00	400.00 - 450.00
Keppetipola (DEC)	60.00 - 70.00	120.00 - 150.00	80.00 - 100.00	60.00 - 70.00	240.00 - 260.00	550.00 - 600.00
Norochchole (DEC)	30.00 - 40.00	-	-	50.00 - 80.00	200.00 - 230.00	-
Nuwara Eliya	60.00 - 90.00	180.00 - 190.00	90.00 - 120.00	70.00 - 90.00	280.00 - 320.00	560.00 - 600.00
Kandy	80.00 - 90.00	140.00 - 160.00	100.00 - 110.00	70.00 - 80.00	200.00 - 250.00	500.00 - 550.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	70.00 - 80.00	200.00 - 260.00	70.00 - 90.00	45.00 - 50.00	230.00 - 280.00	440.00 - 460.00
Tissamaharama	100.00 - 130.00	250.00 - 280.00	60.00 - 80.00	80.00 - 120.00	220.00 - 250.00	550.00 - 600.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	120.00 - 140.00	70.00 - 90.00	-	200.00 - 250.00	500.00 - 550.00
Veyangoda	80.00 - 120.00	170.00 - 200.00	100.00 - 130.00	60.00 - 90.00	200.00 - 260.00	400.00 - 520.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 100.00	40.00 - 80.00	180.00 - 250.00	100.00 - 150.00	150.00 - 500.00	80.00 - 120.00
Meegoda (DEC)	50.00 - 70.00	50.00 - 80.00	180.00 - 230.00	150.00 - 170.00	250.00 - 300.00	120.00 - 150.00
Moneragala	80.00 - 100.00	80.00 - 100.00	220.00 - 300.00	120.00 - 160.00	250.00 - 260.00	120.00 - 200.00
Dambulla (DEC)	30.00 - 45.00	40.00 - 50.00	150.00 - 180.00	80.00 - 100.00	200.00 - 250.00	100.00 - 120.00
Keppetipola (DEC)	70.00 - 80.00	60.00 - 80.00	180.00 - 200.00	100.00 - 120.00	180.00 - 200.00	120.00 - 130.00
Norochchole (DEC)	40.00 - 50.00	25.00 - 40.00	230.00 - 280.00	80.00 - 100.00	200.00 - 250.00	100.00 - 130.00
Nuwara Eliya	70.00 - 90.00	70.00 - 80.00	220.00 - 230.00	120.00 - 130.00	230.00 - 240.00	130.00 - 140.00
Kandy	70.00 - 80.00	60.00 - 70.00	140.00 - 160.00	80.00 - 100.00	200.00 - 300.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	45.00 - 60.00	30.00 - 35.00	130.00 - 150.00	90.00 - 110.00	270.00 - 300.00	60.00 - 70.00
Tissamaharama	100.00 - 130.00	50.00 - 70.00	250.00 - 280.00	120.00 - 160.00	180.00 - 220.00	160.00 - 200.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 80.00	60.00 - 80.00	-	-	-	-
Veyangoda	55.00 - 65.00	50.00 - 70.00	180.00 - 220.00	120.00 - 140.00	250.00 - 320.00	110.00 - 150.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	160.00 - 250.00	50.00 - 70.00	200.00 - 300.00	160.00 - 250.00	120.00 - 160.00	80.00 - 100.00
Meegoda (DEC)	200.00 - 250.00	70.00 - 90.00	360.00 - 420.00	180.00 - 200.00	130.00 - 140.00	90.00 - 100.00
Moneragala	230.00 - 250.00	50.00 - 60.00	500.00 - 600.00	200.00 - 230.00	180.00 - 200.00	80.00 - 100.00
Dambulla (DEC)	120.00 - 180.00	50.00 - 70.00	250.00 - 350.00	150.00 - 200.00	100.00 - 120.00	80.00 - 90.00
Keppetipola (DEC)	180.00 - 200.00	70.00 - 80.00	500.00 - 550.00	180.00 - 200.00	150.00 - 160.00	90.00 - 100.00
Norochchole (DEC)	120.00 - 200.00	30.00 - 50.00	300.00 - 400.00	-	-	70.00 - 100.00
Nuwara Eliya	210.00 - 220.00	80.00 - 90.00	500.00 - 600.00	220.00 - 240.00	150.00 - 170.00	100.00 - 110.00
Kandy	180.00 - 220.00	70.00 - 80.00	350.00 - 380.00	150.00 - 180.00	130.00 - 140.00	80.00 - 90.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	180.00 - 220.00	40.00 - 50.00	300.00 - 350.00	140.00 - 160.00	120.00 - 140.00	80.00 - 90.00
Tissamaharama	120.00 - 150.00	50.00 - 60.00	450.00 - 500.00	200.00 - 250.00	180.00 - 200.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	400.00 - 450.00	-	140.00 - 160.00	-
Veyangoda	180.00 - 220.00	70.00 - 90.00	300.00 - 380.00	180.00 - 220.00	120.00 - 140.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 45.00	35.00 - 45.00	280.00 - 300.00	150.00 - 170.00	135.00 - 150.00
Meegoda (DEC)	50.00 - 50.00	50.00 - 50.00	210.00 - 240.00	140.00 - 155.00	120.00 - 130.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	125.00 - 125.00	100.00 - 110.00	80.00 - 90.00
Kandy	30.00 - 35.00	30.00 - 35.00	210.00 - 220.00	130.00 - 140.00	90.00 - 100.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	110.00 - 120.00	90.00 - 100.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	100.00 - 120.00	70.00 - 80.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 29: 18 - 24 Jul 2025

	LOCATIONS	Up Country Varieties																
		Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
15	Colombo	-		400.00 - 700.00	280.00 - 520.00	160.00 - 400.00	150.00 - 360.00	180.00 - 360.00	130.00 - 320.00	250.00 - 480.00	120.00 - 300.00							
	Gampaha	-		520.00 - 620.00	400.00 - 500.00	240.00 - 360.00	240.00 - 280.00	240.00 - 320.00	240.00 - 280.00	360.00 - 460.00	180.00 - 240.00							
	Kurunegala	-		580.00 - 620.00	400.00 - 500.00	340.00 - 400.00	200.00 - 240.00	240.00 - 300.00	160.00 - 180.00	360.00 - 400.00	180.00 - 200.00							
	Nikaweratiya	-		560.00 - 650.00	480.00 - 520.00	320.00 - 450.00	200.00 - 320.00	200.00 - 260.00	150.00 - 200.00	320.00 - 420.00	160.00 - 250.00							
	Dambulla	-		560.00 - 600.00	400.00 - 440.00	280.00 - 300.00	200.00 - 240.00	200.00 - 260.00	140.00 - 160.00	280.00 - 320.00	140.00 - 180.00							
	Anuradhapura	-		580.00 - 640.00	480.00 - 520.00	320.00 - 400.00	240.00 - 320.00	240.00 - 280.00	160.00 - 200.00	320.00 - 400.00	180.00 - 200.00							
	Thambuththegama	-		600.00 - 650.00	440.00 - 500.00	320.00 - 360.00	200.00 - 250.00	-	120.00 - 160.00	320.00 - 380.00	150.00 - 180.00							
	Polonnaruwa	-		460.00 - 500.00	420.00 - 460.00	340.00 - 380.00	220.00 - 260.00	200.00 - 240.00	200.00 - 240.00	260.00 - 300.00	180.00 - 220.00							
	Kaluthara	-		500.00 - 580.00	300.00 - 440.00	280.00 - 400.00	200.00 - 240.00	200.00 - 240.00	180.00 - 200.00	240.00 - 360.00	200.00 - 200.00							
	Badulla	-		480.00 - 520.00	300.00 - 340.00	200.00 - 240.00	220.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 260.00	120.00 - 160.00							
	Keppetipola	-		520.00 - 560.00	340.00 - 360.00	160.00 - 180.00	140.00 - 160.00	150.00 - 160.00	120.00 - 130.00	180.00 - 200.00	150.00 - 160.00							
	Moneragala	-		560.00 - 600.00	400.00 - 520.00	300.00 - 360.00	200.00 - 320.00	160.00 - 200.00	160.00 - 200.00	320.00 - 400.00	150.00 - 200.00							
	Kegalle	-		560.00 - 600.00	480.00 - 520.00	320.00 - 360.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	280.00 - 320.00	160.00 - 200.00							
	Ampara	-		460.00 - 540.00	380.00 - 420.00	240.00 - 320.00	180.00 - 240.00	180.00 - 220.00	140.00 - 200.00	320.00 - 360.00	160.00 - 260.00							
	Dehiattakandiya	-		600.00 - 600.00	400.00 - 400.00	200.00 - 250.00	300.00 - 320.00	200.00 - 240.00	100.00 - 150.00	300.00 - 300.00	200.00 - 200.00							
	Nuwaraeliya	-		600.00 - 620.00	380.00 - 400.00	240.00 - 250.00	240.00 - 250.00	200.00 - 220.00	180.00 - 200.00	280.00 - 300.00	180.00 - 220.00							
	Kandy	-		480.00 - 520.00	450.00 - 480.00	260.00 - 300.00	160.00 - 200.00	140.00 - 160.00	160.00 - 180.00	240.00 - 260.00	160.00 - 200.00							
	Puttalam	-		600.00 - 680.00	500.00 - 520.00	350.00 - 400.00	200.00 - 300.00	300.00 - 300.00	200.00 - 200.00	360.00 - 400.00	250.00 - 300.00							
	Hambantota	-		-	-	-	-	-	-	-	-							
	Rathnapura	-		400.00 - 460.00	380.00 - 440.00	220.00 - 250.00	200.00 - 260.00	180.00 - 240.00	140.00 - 180.00	250.00 - 280.00	120.00 - 160.00							
	Matara	-		540.00 - 600.00	360.00 - 440.00	240.00 - 320.00	200.00 - 280.00	200.00 - 240.00	120.00 - 180.00	300.00 - 340.00	160.00 - 200.00							
	Galle	-		600.00 - 600.00	400.00 - 480.00	320.00 - 400.00	280.00 - 380.00	260.00 - 320.00	120.00 - 200.00	340.00 - 380.00	160.00 - 200.00							
	Tissamaharama	-		520.00 - 540.00	360.00 - 400.00	270.00 - 300.00	200.00 - 230.00	170.00 - 200.00	180.00 - 220.00	300.00 - 330.00	120.00 - 150.00							
	Meegoda (DEC)	-		600.00 - 600.00	450.00 - 480.00	280.00 - 320.00	180.00 - 200.00	200.00 - 240.00	220.00 - 240.00	360.00 - 400.00	200.00 - 240.00							
	Embilipitiya	-		600.00 - 640.00	400.00 - 480.00	280.00 - 320.00	240.00 - 280.00	200.00 - 240.00	120.00 - 160.00	320.00 - 400.00	150.00 - 200.00							
	Jaffna	-		-	400.00 - 450.00	250.00 - 260.00	150.00 - 160.00	-	-	250.00 - 260.00	160.00 - 180.00							
	Vavuniya	-		600.00 - 700.00	500.00 - 550.00	300.00 - 340.00	200.00 - 250.00	300.00 - 340.00	200.00 - 240.00	400.00 - 450.00	200.00 - 240.00							
	Mannar	-		500.00 - 550.00	600.00 - 650.00	380.00 - 400.00	-	-	200.00 - 250.00	400.00 - 450.00	280.00 - 300.00							
	Killinochchi	-		-	-	-	-	-	-	-	-							
	Mullaittivu	-		570.00 - 600.00	400.00 - 450.00	350.00 - 380.00	200.00 - 250.00	-	150.00 - 180.00	300.00 - 350.00	200.00 - 250.00							
Batticaloa	-		450.00 - 490.00	400.00 - 450.00	300.00 - 350.00	200.00 - 220.00	240.00 - 250.00	240.00 - 260.00	320.00 - 350.00	180.00 - 200.00								
Trincomalee	-		480.00 520.00	400.00 450.00	360.00 400.00	350.00 - 360.00	150.00 200.00	180.00 - 200.00	320.00 360.00	200.00 250.00								
Hanguranketha	-		-	-	-	-	-	-	-	-								
Veyangoda	-		600.00 - 720.00	360.00 - 440.00	240.00 - 320.00	160.00 - 220.00	180.00 - 240.00	120.00 - 200.00	240.00 - 320.00	160.00 - 240.00								
Galenbindunuwewa	-		550.00 - 600.00	390.00 - 420.00	290.00 - 320.00	300.00 - 320.00	200.00 - 240.00	140.00 - 160.00	290.00 - 320.00	200.00 - 240.00								
Bandarawela	-		450.00 - 520.00	340.00 - 380.00	200.00 - 240.00	180.00 - 220.00	120.00 - 150.00	120.00 - 140.00	220.00 - 240.00	100.00 - 120.00								
Matale	-		440.00 - 480.00	400.00 - 480.00	280.00 - 320.00	200.00 - 240.00	200.00 - 240.00	160.00 - 240.00	300.00 - 320.00	120.00 - 160.00								

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	140.00 - 320.00	280.00 - 480.00	450.00 - 800.00	130.00 - 280.00	80.00 - 260.00	200.00 - 400.00	140.00 - 350.00	320.00 - 650.00	150.00 - 350.00	220.00 - 480.00		
Gampaha	200.00 - 280.00	400.00 - 440.00	700.00 - 800.00	200.00 - 240.00	120.00 - 160.00	400.00 - 520.00	240.00 - 320.00	480.00 - 560.00	320.00 - 340.00	340.00 - 460.00		
Kurunegala	180.00 - 220.00	420.00 - 500.00	700.00 - 800.00	170.00 - 220.00	120.00 - 160.00	400.00 - 500.00	220.00 - 300.00	400.00 - 500.00	240.00 - 260.00	320.00 - 380.00		
Nikaweratiya	160.00 - 220.00	320.00 - 430.00	560.00 - 700.00	160.00 - 230.00	120.00 - 160.00	320.00 - 420.00	220.00 - 280.00	350.00 - 420.00	200.00 - 260.00	220.00 - 300.00		
Dambulla	160.00 - 200.00	400.00 - 440.00	650.00 - 700.00	140.00 - 160.00	120.00 - 140.00	340.00 - 380.00	200.00 - 240.00	300.00 - 340.00	180.00 - 220.00	240.00 - 280.00		
Anuradhapura	180.00 - 240.00	360.00 - 440.00	600.00 - 720.00	160.00 - 240.00	120.00 - 180.00	360.00 - 480.00	200.00 - 260.00	360.00 - 480.00	200.00 - 320.00	280.00 - 360.00		
Thambuththegama	120.00 - 150.00	450.00 - 500.00	600.00 - 700.00	120.00 - 180.00	100.00 - 150.00	240.00 - 300.00	200.00 - 250.00	500.00 - 550.00	120.00 - 150.00	300.00 - 380.00		
Polonnaruwa	260.00 - 300.00	360.00 - 400.00	620.00 - 660.00	140.00 - 180.00	100.00 - 140.00	360.00 - 400.00	260.00 - 300.00	340.00 - 380.00	280.00 - 320.00	280.00 - 320.00		
Kaluthara	200.00 - 240.00	300.00 - 400.00	600.00 - 800.00	180.00 - 200.00	160.00 - 200.00	300.00 - 400.00	200.00 - 300.00	400.00 - 460.00	200.00 - 300.00	260.00 - 300.00		
Badulla	200.00 - 240.00	400.00 - 420.00	600.00 - 620.00	160.00 - 200.00	160.00 - 200.00	320.00 - 360.00	220.00 - 240.00	320.00 - 360.00	220.00 - 240.00	240.00 - 280.00		
Keppetipola	120.00 - 130.00	300.00 - 320.00	650.00 - 700.00	150.00 - 160.00	120.00 - 140.00	250.00 - 260.00	160.00 - 180.00	250.00 - 260.00	180.00 - 200.00	200.00 - 220.00		
Moneragala	200.00 - 240.00	320.00 - 400.00	640.00 - 720.00	160.00 - 200.00	140.00 - 200.00	320.00 - 400.00	200.00 - 260.00	340.00 - 400.00	240.00 - 320.00	320.00 - 400.00		
Kegalle	200.00 - 240.00	320.00 - 360.00	640.00 - 680.00	200.00 - 240.00	160.00 - 200.00	320.00 - 360.00	240.00 - 280.00	350.00 - 400.00	280.00 - 320.00	320.00 - 360.00		
Ampara	180.00 - 200.00	300.00 - 360.00	640.00 - 650.00	180.00 - 240.00	120.00 - 180.00	300.00 - 480.00	200.00 - 240.00	400.00 - 480.00	240.00 - 320.00	200.00 - 320.00		
Dehiattakandiya	150.00 - 200.00	300.00 - 300.00	600.00 - 700.00	150.00 - 160.00	100.00 - 100.00	300.00 - 300.00	160.00 - 200.00	400.00 - 440.00	240.00 - 300.00	240.00 - 300.00		
Nuwaraeliya	180.00 - 200.00	400.00 - 420.00	680.00 - 700.00	220.00 - 240.00	160.00 - 180.00	320.00 - 340.00	220.00 - 240.00	330.00 - 350.00	240.00 - 250.00	320.00 - 340.00		
Kandy	140.00 - 160.00	300.00 - 320.00	700.00 - 750.00	140.00 - 160.00	120.00 - 140.00	260.00 - 300.00	140.00 - 160.00	320.00 - 400.00	200.00 - 240.00	260.00 - 300.00		
Puttalam	200.00 - 200.00	450.00 - 460.00	700.00 - 800.00	200.00 - 260.00	150.00 - 200.00	300.00 - 450.00	300.00 - 360.00	500.00 - 600.00	300.00 - 320.00	200.00 - 250.00		
Rathnapura	120.00 - 160.00	280.00 - 340.00	650.00 - 740.00	180.00 - 210.00	90.00 - 130.00	300.00 - 370.00	180.00 - 220.00	300.00 - 360.00	200.00 - 280.00	260.00 - 320.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	160.00 - 200.00	320.00 - 400.00	700.00 - 800.00	120.00 - 160.00	120.00 - 150.00	360.00 - 420.00	240.00 - 300.00	280.00 - 320.00	240.00 - 280.00	300.00 - 360.00		
Galle	200.00 - 240.00	360.00 - 400.00	640.00 - 800.00	160.00 - 200.00	120.00 - 200.00	360.00 - 400.00	240.00 - 320.00	320.00 - 400.00	240.00 - 320.00	280.00 - 320.00		
Tissamaharama	150.00 - 180.00	280.00 - 300.00	640.00 - 650.00	180.00 - 200.00	100.00 - 130.00	300.00 - 350.00	200.00 - 230.00	280.00 - 320.00	220.00 - 240.00	180.00 - 240.00		
Meegoda (DEC)	160.00 - 200.00	380.00 - 440.00	600.00 - 720.00	100.00 - 160.00	120.00 - 160.00	360.00 - 480.00	280.00 - 320.00	-	240.00 - 280.00	320.00 - 400.00		
Embilipitiya	120.00 - 160.00	280.00 - 320.00	600.00 - 800.00	120.00 - 160.00	80.00 - 120.00	320.00 - 400.00	200.00 - 240.00	200.00 - 280.00	280.00 - 320.00	350.00 - 400.00		
Jaffna	100.00 - 120.00	200.00 - 220.00	540.00 - 560.00	100.00 - 120.00	100.00 - 120.00	400.00 - 460.00	100.00 - 120.00	300.00 - 350.00	-	350.00 - 360.00		
Vavuniya	200.00 - 250.00	220.00 - 250.00	650.00 - 700.00	180.00 - 200.00	100.00 - 140.00	600.00 - 640.00	200.00 - 240.00	500.00 - 600.00	150.00 - 180.00	-		
Mannar	250.00 - 280.00	400.00 - 450.00	-	200.00 - 240.00	200.00 - 220.00	700.00 - 750.00	350.00 - 360.00	450.00 - 500.00	250.00 - 300.00	300.00 - 350.00		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	200.00 - 250.00	220.00 - 250.00	650.00 - 700.00	140.00 - 160.00	140.00 - 160.00	600.00 - 650.00	200.00 - 250.00	400.00 - 450.00	-	300.00 - 350.00		
Batticaloa	150.00 - 150.00	240.00 - 250.00	-	200.00 - 250.00	200.00 - 230.00	430.00 - 450.00	180.00 - 200.00	380.00 - 400.00	180.00 - 200.00	-		
Trincomalee	200.00 - 240.00	300.00 - 320.00	450.00 - 500.00	150.00 - 160.00	180.00 - 200.00	550.00 - 600.00	240.00 - 280.00	350.00 - 400.00	240.00 - 250.00	250.00 - 300.00		
Hanguranketha						-						
Veyangoda	160.00 - 240.00	320.00 - 360.00	600.00 - 800.00	120.00 - 160.00	120.00 - 200.00	240.00 - 320.00	180.00 - 240.00	320.00 - 400.00	180.00 - 280.00	240.00 - 320.00		
Galenbindunuwewa	140.00 - 160.00	350.00 - 400.00	680.00 - 720.00	200.00 - 240.00	140.00 - 160.00	450.00 - 480.00	300.00 - 320.00	480.00 - 500.00	300.00 - 320.00	300.00 - 320.00		
Bandarawela	100.00 - 130.00	300.00 - 360.00	650.00 - 740.00	120.00 - 130.00	100.00 - 130.00	320.00 - 340.00	160.00 - 200.00	220.00 - 300.00	160.00 - 200.00	260.00 - 280.00		
Matale	140.00 - 160.00	400.00 - 480.00	800.00 - 840.00	100.00 - 160.00	120.00 - 160.00	320.00 - 400.00	200.00 - 240.00	400.00 - 480.00	200.00 - 240.00	300.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	90.00 - 320.00	360.00 - 800.00	250.00 - 600.00	200.00 - 360.00	130.00 - 260.00	40.00 - 80.00	40.00 - 80.00	180.00 - 260.00	160.00 - 195.00	140.00 - 170.00
Gampaha	160.00 - 240.00	700.00 - 800.00	400.00 - 550.00	280.00 - 340.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	90.00 - 90.00	150.00 - 160.00	135.00 - 140.00
Kurunegala	160.00 - 200.00	540.00 - 650.00	350.00 - 400.00	280.00 - 340.00	150.00 - 160.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	140.00 - 160.00	130.00 - 135.00
Nikaweratiya	120.00 - 160.00	600.00 - 720.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	130.00 - 140.00	100.00 - 120.00
Dambulla	140.00 - 160.00	500.00 - 600.00	300.00 - 450.00	200.00 - 260.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 50.00	120.00 - 130.00	100.00 - 110.00
Anuradhapura	160.00 - 200.00	600.00 - 800.00	350.00 - 500.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 150.00	100.00 - 120.00
Thambuththegama	100.00 - 150.00	450.00 - 500.00	220.00 - 280.00	220.00 - 250.00	160.00 - 200.00	-	-	-	140.00 - 150.00	105.00 - 115.00
Polonnaruwa	160.00 - 200.00	600.00 - 650.00	450.00 - 500.00	200.00 - 240.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	160.00 - 200.00	120.00 - 140.00
Kaluthara	180.00 - 200.00	700.00 - 800.00	400.00 - 500.00	220.00 - 250.00	150.00 - 200.00	70.00 - 80.00	70.00 - 100.00	100.00 - 120.00	170.00 - 180.00	130.00 - 140.00
Badulla	160.00 - 200.00	800.00 - 800.00	380.00 - 500.00	220.00 - 240.00	200.00 - 220.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	150.00 - 150.00	120.00 - 140.00
Keppetipola	140.00 - 150.00	600.00 - 650.00	260.00 - 280.00	200.00 - 220.00	140.00 - 150.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Moneragala	120.00 - 140.00	600.00 - 800.00	280.00 - 360.00	250.00 - 300.00	120.00 - 160.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	140.00 - 160.00	100.00 - 120.00
Kegalle	160.00 - 200.00	600.00 - 650.00	400.00 - 450.00	240.00 - 280.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	130.00 - 140.00	110.00 - 120.00
Ampara	120.00 - 200.00	560.00 - 620.00	350.00 - 400.00	240.00 - 280.00	120.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	150.00 - 180.00	-
Dehiattakandiya	200.00 - 220.00	500.00 - 600.00	400.00 - 400.00	200.00 - 240.00	200.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	130.00 - 140.00	100.00 - 120.00
Nuwaraeliya	160.00 - 180.00	700.00 - 800.00	350.00 - 360.00	300.00 - 320.00	220.00 - 240.00	40.00 - 45.00	40.00 - 45.00	35.00 - 40.00	160.00 - 170.00	140.00 - 150.00
Kandy	140.00 - 160.00	600.00 - 700.00	400.00 - 450.00	160.00 - 180.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	150.00 - 160.00	120.00 - 130.00
Puttalam	60.00 - 80.00	600.00 - 800.00	250.00 - 300.00	300.00 - 300.00	180.00 - 180.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	100.00 - 120.00	80.00 - 90.00
Rathnapura	120.00 - 160.00	660.00 - 750.00	300.00 - 400.00	200.00 - 260.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	150.00 - 180.00	100.00 - 130.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 140.00	560.00 - 800.00	350.00 - 450.00	180.00 - 220.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	140.00 - 160.00	120.00 - 135.00
Galle	160.00 - 200.00	700.00 - 800.00	350.00 - 400.00	200.00 - 280.00	150.00 - 200.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	150.00 - 180.00	120.00 - 140.00
Tissamaharama	80.00 - 100.00	550.00 - 600.00	270.00 - 300.00	220.00 - 260.00	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	160.00 - 180.00	110.00 - 130.00
Meegoda (DEC)	150.00 - 200.00	560.00 - 600.00	320.00 - 400.00	240.00 - 300.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	160.00 - 180.00	120.00 - 150.00
Embilipitiya	80.00 - 100.00	480.00 - 520.00	300.00 - 320.00	240.00 - 280.00	140.00 - 160.00	50.00 - 70.00	40.00 - 60.00	80.00 - 100.00	140.00 - 160.00	100.00 - 130.00
Jaffna	130.00 - 140.00	300.00 - 350.00	200.00 - 250.00	200.00 - 230.00	300.00 - 350.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	190.00 - 210.00	130.00 - 140.00
Vavuniya	100.00 - 140.00	400.00 - 450.00	300.00 - 340.00	-	280.00 - 320.00	60.00 - 70.00	60.00 - 70.00	65.00 - 75.00	200.00 - 220.00	120.00 - 150.00
Mannar	150.00 - 200.00	-	300.00 - 350.00	300.00 - 350.00	280.00 - 300.00	55.00 - 60.00	-	80.00 - 80.00	150.00 - 160.00	100.00 - 120.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaitivu	140.00 - 160.00	480.00 - 540.00	350.00 - 400.00	260.00 - 300.00	200.00 - 230.00	100.00 - 120.00	75.00 - 80.00	50.00 - 60.00	120.00 - 130.00	90.00 - 100.00
Batticaloa	130.00 - 170.00	600.00 - 650.00	350.00 - 370.00	250.00 - 300.00	150.00 - 160.00	60.00 - 60.00	50.00 - 50.00	70.00 - 70.00	160.00 - 180.00	90.00 - 105.00
Trincomalee	160.00 180.00	600.00 650.00	350.00 400.00	280.00 300.00	200.00 250.00	50.00 55.00	55.00 60.00	45.00 50.00	150.00 160.00	100.00 120.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	140.00 - 200.00	500.00 - 700.00	240.00 - 360.00	180.00 - 220.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	150.00 - 160.00	130.00 - 140.00
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	350.00 - 400.00	200.00 - 240.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 130.00	110.00 - 120.00
Bandarawela	120.00 - 140.00	550.00 - 700.00	300.00 - 350.00	200.00 - 220.00	150.00 - 180.00	70.00 - 80.00	60.00 - 70.00	80.00 - 90.00	150.00 - 165.00	130.00 - 140.00
Matale	160.00 - 200.00	560.00 - 600.00	380.00 - 400.00	320.00 - 360.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	140.00 - 160.00	100.00 - 120.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 29: 18 - 24 Jul 2025

18	LOCATIONS	Banana					Pineapple			Mango	
		Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
	Colombo	100.00 - 200.00	230.00 - 350.00	100.00 - 200.00	30.00 - 50.00	38.00 - 70.00	380.00 - 580.00	300.00 - 500.00	220.00 - 400.00	64.00 - 72.00	330.00 - 500.00
	Gampaha	120.00 - 150.00	250.00 - 300.00	140.00 - 180.00	-	52.00 - 56.00	300.00 - 350.00	240.00 - 250.00	200.00 - 200.00	-	225.00 - 250.00
	Kurunegala	100.00 - 120.00	260.00 - 280.00	140.00 - 140.00	38.00 - 38.00	56.00 - 60.00	350.00 - 400.00	-	-	-	150.00 - 175.00
	Nikaweratiya	130.00 - 160.00	320.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	400.00 - 500.00
	Dambulla	160.00 - 180.00	360.00 - 380.00	160.00 - 180.00	-	52.00 - 56.00	550.00 - 600.00	400.00 - 450.00	200.00 - 250.00	90.00 - 100.00	200.00 - 250.00
	Anuradhapura	120.00 - 200.00	350.00 - 400.00	150.00 - 200.00	28.00 - 32.00	35.00 - 47.00	680.00 - 750.00	480.00 - 550.00	350.00 - 400.00	-	-
	Thambuththegama	120.00 - 180.00	320.00 - 380.00	120.00 - 160.00	30.00 - 38.00	42.00 - 50.00	450.00 - 500.00	350.00 - 380.00	-	-	-
	Polonnaruwa	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	40.00 - 45.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	200.00 - 250.00
	Kaluthara	120.00 - 150.00	240.00 - 280.00	130.00 - 160.00	30.00 - 32.00	32.00 - 35.00	455.00 - 585.00	350.00 - 450.00	280.00 - 360.00	-	-
	Badulla	120.00 - 130.00	220.00 - 240.00	100.00 - 120.00	16.00 - 18.00	28.00 - 33.00	450.00 - 500.00	350.00 - 400.00	250.00 - 300.00	-	166.00 - 200.00
	Keppetipola	140.00 - 150.00	280.00 - 285.00	150.00 - 160.00	35.00 - 40.00	48.00 - 52.00	400.00 - 420.00	300.00 - 320.00	180.00 - 200.00	-	-
	Moneragala	100.00 - 120.00	200.00 - 250.00	80.00 - 100.00	20.00 - 22.00	23.00 - 25.00	480.00 - 540.00	390.00 - 450.00	325.00 - 375.00	-	140.00 - 160.00
	Kegalle	120.00 - 140.00	280.00 - 320.00	120.00 - 140.00	25.00 - 30.00	40.00 - 50.00	650.00 - 650.00	450.00 - 550.00	250.00 - 350.00	-	-
	Ampara	140.00 - 150.00	280.00 - 280.00	130.00 - 130.00	35.00 - 38.00	45.00 - 50.00	400.00 - 430.00	-	-	-	120.00 - 130.00
	Dehiattakandiya	160.00 - 180.00	350.00 - 350.00	140.00 - 180.00	-	40.00 - 58.00	550.00 - 650.00	350.00 - 440.00	200.00 - 270.00	-	-
	Nuwaraeliya	150.00 - 160.00	290.00 - 300.00	150.00 - 160.00	34.00 - 37.00	50.00 - 55.00	-	350.00 - 360.00	250.00 - 300.00	-	320.00 - 340.00
	Kandy	150.00 - 180.00	300.00 - 320.00	150.00 - 170.00	28.00 - 30.00	40.00 - 45.00	650.00 - 700.00	400.00 - 500.00	200.00 - 250.00	-	280.00 - 320.00
	Puttalam	100.00 - 200.00	250.00 - 300.00	100.00 - 200.00	24.00 - 30.00	-	500.00 - 700.00	300.00 - 400.00	200.00 - 250.00	-	120.00 - 150.00
	Rathnapura	100.00 - 130.00	200.00 - 250.00	80.00 - 100.00	25.00 - 31.00	43.00 - 50.00	490.00 - 630.00	360.00 - 450.00	280.00 - 350.00	-	300.00 - 350.00
	Hambantota	-	-	-	-	-	-	-	-	-	-
	Matara	130.00 - 150.00	250.00 - 260.00	100.00 - 130.00	24.00 - 26.00	33.00 - 35.00	550.00 - 600.00	440.00 - 480.00	300.00 - 350.00	-	250.00 - 280.00
	Galle	120.00 - 150.00	260.00 - 300.00	120.00 - 160.00	31.00 - 36.00	32.00 - 35.00	-	420.00 - 480.00	340.00 - 400.00	-	-
	Tissamaharama	80.00 - 100.00	180.00 - 220.00	80.00 - 100.00	18.00 - 24.00	33.00 - 38.00	520.00 - 600.00	400.00 - 480.00	320.00 - 380.00	50.00 - 58.00	150.00 - 158.00
	Meegoda (DEC)	120.00 - 150.00	280.00 - 300.00	120.00 - 140.00	42.00 - 50.00	47.00 - 56.00	510.00 - 645.00	390.00 - 495.00	300.00 - 380.00	-	200.00 - 200.00
	Embilipitiya	60.00 - 80.00	160.00 - 200.00	80.00 - 100.00	18.00 - 25.00	25.00 - 30.00	400.00 - 450.00	300.00 - 350.00	200.00 - 250.00	70.00 - 100.00	150.00 - 170.00
	Jaffna	110.00 - 130.00	260.00 - 280.00	110.00 - 120.00	-	-	540.00 - 600.00	430.00 - 450.00	300.00 - 350.00	-	270.00 - 300.00
	Vavuniya	120.00 - 150.00	220.00 - 260.00	110.00 - 140.00	29.00 - 31.00	30.00 - 32.00	450.00 - 550.00	380.00 - 400.00	280.00 - 320.00	-	-
	Mannar	110.00 - 120.00	220.00 - 250.00	130.00 - 150.00	35.00 - 35.00	40.00 - 44.00	450.00 - 500.00	350.00 - 400.00	250.00 - 300.00	-	250.00 - 300.00
	Killinochchi	-	-	-	-	-	-	-	-	-	-
	Mullaittivu	140.00 - 160.00	340.00 - 360.00	140.00 - 150.00	36.00 - 38.00	40.00 - 42.00	520.00 - 550.00	380.00 - 420.00	-	-	-
	Batticaloa	110.00 - 120.00	300.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	400.00 - 400.00	340.00 - 350.00	200.00 - 220.00	-	130.00 - 150.00
	Trincomalee	150.00 - 160.00	400.00 - 420.00	150.00 - 160.00	-	-	600.00 - 650.00	400.00 - 440.00	300.00 - 350.00	-	-
	Veyangoda	130.00 - 150.00	240.00 - 270.00	120.00 - 140.00	23.00 - 26.00	32.00 - 34.00	460.00 - 520.00	320.00 - 400.00	240.00 - 300.00	-	200.00 - 225.00
	Galenbindunuwewa	150.00 - 160.00	350.00 - 400.00	140.00 - 150.00	35.00 - 42.00	50.00 - 50.00	500.00 - 530.00	350.00 - 400.00	-	-	-
	Bandarawela	140.00 - 160.00	300.00 - 340.00	150.00 - 180.00	28.00 - 30.00	43.00 - 46.00	550.00 - 620.00	450.00 - 480.00	330.00 - 380.00	-	200.00 - 250.00
	Matale	120.00 - 150.00	300.00 - 350.00	130.00 - 160.00	28.00 - 32.00	38.00 - 45.00	560.00 - 600.00	420.00 - 480.00	320.00 - 360.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	100.00 - 180.00	-	200.00 - 360.00	60.00 - 120.00	160.00 - 300.00	100.00 - 160.00	110.00 - 220.00	60.00 - 140.00	1600.00 - 2600.00	150.00 - 200.00
Gampaha	-	-	230.00 - 280.00	-	240.00 - 260.00	100.00 - 130.00	125.00 - 150.00	110.00 - 115.00	2200.00 - 2300.00	130.00 - 150.00
Kurunegala	-	-	200.00 - 240.00	-	240.00 - 240.00	100.00 - 125.00	90.00 - 100.00	75.00 - 85.00	2200.00 - 2200.00	130.00 - 140.00
Nikaweratiya	-	-	130.00 - 220.00	35.00 - 38.00	250.00 - 300.00	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2500.00 - 2700.00	-
Dambulla	-	40.00 - 50.00	200.00 - 240.00	40.00 - 50.00	130.00 - 140.00	100.00 - 120.00	80.00 - 100.00	80.00 - 100.00	2600.00 - 2800.00	150.00 - 180.00
Anuradhapura	70.00 - 100.00	-	220.00 - 260.00	-	-	80.00 - 120.00	100.00 - 130.00	70.00 - 100.00	2500.00 - 3000.00	150.00 - 200.00
Thambuththegama	-	-	120.00 - 200.00	65.00 - 70.00	-	-	120.00 - 130.00	-	-	130.00 - 150.00
Polonnaruwa	-	-	150.00 - 180.00	50.00 - 60.00	-	-	160.00 - 180.00	50.00 - 80.00	2800.00 - 3000.00	180.00 - 240.00
Kaluthara	116.00 - 120.00	-	200.00 - 280.00	-	150.00 - 216.00	-	115.00 - 125.00	66.00 - 70.00	2200.00 - 2500.00	120.00 - 140.00
Badulla	100.00 - 125.00	-	240.00 - 250.00	60.00 - 70.00	100.00 - 100.00	100.00 - 140.00	87.00 - 116.00	50.00 - 66.00	2800.00 - 2800.00	200.00 - 200.00
Keppetipola	-	-	230.00 - 250.00	45.00 - 50.00	-	80.00 - 90.00	60.00 - 60.00	45.00 - 50.00	2500.00 - 3000.00	180.00 - 200.00
Moneragala	80.00 - 90.00	-	250.00 - 280.00	40.00 - 50.00	-	80.00 - 100.00	60.00 - 70.00	70.00 - 80.00	2500.00 - 2700.00	130.00 - 150.00
Kegalle	-	-	200.00 - 250.00	-	120.00 - 160.00	80.00 - 100.00	90.00 - 120.00	50.00 - 90.00	2300.00 - 2500.00	160.00 - 180.00
Ampara	85.00 - 90.00	-	180.00 - 200.00	-	-	-	90.00 - 100.00	-	2000.00 - 2300.00	160.00 - 180.00
Dehiattakandiya	-	-	250.00 - 280.00	-	-	100.00 - 100.00	100.00 - 140.00	50.00 - 50.00	2500.00 - 2800.00	150.00 - 200.00
Nuwaraeliya	-	-	240.00 - 280.00	50.00 - 56.00	150.00 - 180.00	90.00 - 100.00	120.00 - 140.00	60.00 - 65.00	2500.00 - 2800.00	180.00 - 220.00
Kandy	-	-	200.00 - 210.00	70.00 - 80.00	180.00 - 200.00	120.00 - 140.00	100.00 - 130.00	60.00 - 70.00	2000.00 - 2500.00	170.00 - 180.00
Puttalam	-	-	200.00 - 300.00	-	-	100.00 - 120.00	80.00 - 150.00	-	-	150.00 - 200.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	-	180.00 - 240.00	-	120.00 - 140.00	-	75.00 - 100.00	50.00 - 80.00	2000.00 - 2200.00	130.00 - 150.00
Matara	-	-	220.00 - 240.00	65.00 - 70.00	200.00 - 220.00	120.00 - 150.00	100.00 - 130.00	65.00 - 80.00	2400.00 - 2500.00	130.00 - 150.00
Galle	-	-	280.00 - 320.00	70.00 - 80.00	120.00 - 140.00	140.00 - 160.00	80.00 - 120.00	60.00 - 75.00	2300.00 - 2500.00	120.00 - 150.00
Tissamaharama	75.00 - 80.00	-	250.00 - 280.00	72.00 - 75.00	130.00 - 142.00	-	100.00 - 115.00	41.00 - 45.00	1800.00 - 2100.00	140.00 - 160.00
Meegoda (DEC)	-	-	220.00 - 240.00	-	-	-	100.00 - 130.00	50.00 - 80.00	1800.00 - 2500.00	100.00 - 120.00
Embilipitiya	70.00 - 100.00	40.00 - 50.00	200.00 - 230.00	40.00 - 50.00	150.00 - 180.00	120.00 - 150.00	70.00 - 100.00	-	2400.00 - 2800.00	160.00 - 180.00
Jaffna	80.00 - 90.00	-	120.00 - 130.00	-	160.00 - 190.00	-	-	-	2500.00 - 2600.00	220.00 - 260.00
Vavuniya	-	-	220.00 - 250.00	70.00 - 80.00	150.00 - 170.00	90.00 - 100.00	130.00 - 150.00	-	2400.00 - 2500.00	220.00 - 250.00
Mannar	-	-	150.00 - 200.00	-	200.00 - 250.00	130.00 - 140.00	165.00 - 170.00	100.00 - 100.00	2500.00 - 2500.00	180.00 - 200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	120.00 - 140.00	50.00 - 55.00	-	-	-	-	2450.00 - 2550.00	160.00 - 180.00
Batticaloa	-	-	180.00 - 200.00	-	-	80.00 - 120.00	100.00 - 110.00	-	2500.00 - 2600.00	180.00 - 200.00
Trincomalee	-	-	120.00 - 140.00	80.00 - 85.00	-	88.00 - 90.00	120.00 - 125.00	-	2400.00 - 2500.00	190.00 - 200.00
Veyangoda	75.00 - 85.00	-	150.00 - 180.00	58.00 - 64.00	115.00 - 120.00	83.00 - 105.00	90.00 - 100.00	50.00 - 60.00	2300.00 - 2500.00	140.00 - 160.00
Galenbindunuwewa	-	-	160.00 - 180.00	-	-	-	75.00 - 85.00	-	2400.00 - 2500.00	130.00 - 160.00
Bandarawela	-	-	240.00 - 300.00	70.00 - 80.00	180.00 - 200.00	100.00 - 130.00	100.00 - 130.00	60.00 - 70.00	2600.00 - 2800.00	160.00 - 200.00
Matale	-	50.00 - 60.00	200.00 - 220.00	50.00 - 60.00	-	-	100.00 - 130.00	60.00 - 70.00	2800.00 - 3000.00	150.00 - 160.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 29: 18 - 24 Jul 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	400.00 – 500.00	600.00 – 1000.00	800.00 – 1100.00	1200.00 – 1550.00	1500.00 – 2000.00	1200.00 – 1400.00
Kandy	600.00 – 650.00	900.00 – 950.00	900.00 – 1000.00	1300.00 – 1600.00	2100.00 – 2200.00	1300.00 – 1400.00
Kaluthara	450.00 – 500.00	–	900.00 – 1200.00	1200.00 – 1400.00	–	–
Puttalam	–	–	–	–	–	–
Matara	500.00 – 550.00	900.00 – 1000.00	1000.00 – 1100.00	1500.00 – 1600.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	900.00 – 1000.00	1100.00 – 1200.00	–	–
Batticaloa	–	450.00 – 550.00	1000.00 – 1000.00	1400.00 – 1500.00	1200.00 – 1400.00	–
Trincomalee	500.00 – 550.00	1000.00 – 1100.00	1150.00 – 1200.00	1850.00 – 1900.00	1950.00 – 2000.00	1500.00 – 1550.00
Mannar	750.00 – 800.00	–	800.00 – 850.00	–	–	900.00 – 950.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	900.00 – 1300.00	1000.00 – 1500.00	1700.00 – 2000.00	–	28.00 – 32.00	26.00 – 29.00
Kandy	1300.00 – 1400.00	1400.00 – 1600.00	2200.00 – 2300.00	–	28.00 – 29.00	27.00 – 28.00
Kaluthara	800.00 – 1000.00	1400.00 – 1600.00	1600.00 – 2000.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	1000.00 – 1100.00	1500.00 – 1600.00	1900.00 – 2000.00	–	31.00 – 32.00	26.00 – 27.00
Hambantota	–	–	–	–	–	–
Galle	1000.00 – 1200.00	–	1600.00 – 1600.00	–	31.00 – 32.00	28.00 – 29.00
Batticaloa	1200.00 – 1300.00	1500.00 – 1600.00	2000.00 – 2200.00	–	30.00 – 30.00	28.00 – 28.00
Trincomalee	1750.00 – 1800.00	1100.00 – 1150.00	–	–	33.00 – 34.00	33.00 – 34.00
Mannar	1000.00 – 1200.00	1250.00 – 1300.00	–	–	28.00 – 30.00	26.00 – 27.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 29: 18 - 24 Jul 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	75000 – 87500	–	110000 – 115000	65000 – 75000	70000 – 82500	–
Kandy	75000 – 80000	–	–	112500 – 115000	75000 – 80000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 80000	–
Trincomalee	55000 – 56000	–	–	–	65000 – 66000	54000 – 55000
Mannar	–	100000 – 112500	–	100000 – 110000	72500 – 75000	62500 – 75000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	50000 – 75000	–	30000 – 42500	37500 – 50000	72500 – 85000	–
Kandy	75000 – 85000	–	42500 – 45000	52500 – 60000	90000 – 95000	–
Batticaloa	–	–	40000 – 42500	39500 – 40000	–	–
Trincomalee	56000 – 57000	–	33000 – 34000	46000 – 47000	98000 – 99000	–
Mannar	70000 – 72500	–	–	50000 – 55000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	75000 – 90000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 29: 18 - 24 Jul 2025

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LOCATIONS	Sea Fish									Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White
Colombo	600.00 - 800.00	700.00 - 1200.00	1000.00 - 1600.00	1750.00 - 2800.00	2200.00 - 3900.00	1550.00 - 2800.00	1800.00 - 2400.00	2100.00 - 3200.00		30.00 - 36.00	28.00 - 32.00
Gampaha	700.00 - 800.00	1000.00 - 1000.00	-	2000.00 - 2000.00	2700.00 - 2800.00	-	-	2800.00 - 2800.00		36.00 - 38.00	33.00 - 36.00
Kurunegala	600.00 - 700.00	-	-	2000.00 - 2200.00	-	1600.00 - 1700.00	-	2600.00 - 2600.00		28.00 - 33.00	27.00 - 30.00
Nikaweratiya	700.00 - 800.00	1300.00 - 1400.00	1000.00 - 1100.00	2400.00 - 2500.00	-	-	-	-		29.00 - 34.00	28.00 - 32.00
Dambulla	700.00 - 750.00	1000.00 - 1100.00	1000.00 - 1100.00	2300.00 - 2400.00	2600.00 - 2600.00	1600.00 - 1700.00	1600.00 - 1800.00	2600.00 - 2600.00		34.00 - 35.00	31.00 - 33.00
Anuradhapura	700.00 - 800.00	1000.00 - 1200.00	1100.00 - 1400.00	2200.00 - 2400.00	2800.00 - 3000.00	1400.00 - 1500.00	1600.00 - 1700.00	2400.00 - 2700.00		-	28.00 - 30.00
Thambuththegama	-	-	-	-	-	-	-	-		28.00 - 31.00	28.00 - 30.00
Polonnaruwa	750.00 - 800.00	1200.00 - 1300.00	1400.00 - 1450.00	2000.00 - 2200.00	2550.00 - 2600.00	1600.00 - 1700.00	1700.00 - 1800.00	2500.00 - 2600.00		35.00 - 36.00	32.00 - 34.00
Kaluthara	650.00 - 800.00	-	1400.00 - 1800.00	2300.00 - 2600.00	-	-	1600.00 - 1800.00	2400.00 - 2800.00		32.00 - 33.00	28.00 - 32.00
Badulla	560.00 - 600.00	1100.00 - 1100.00	1600.00 - 1800.00	2200.00 - 2400.00	2600.00 - 3000.00	1800.00 - 1800.00	1400.00 - 1800.00	2600.00 - 2600.00		34.00 - 35.00	30.00 - 32.00
Keppetipola	600.00 - 620.00	1000.00 - 1000.00	900.00 - 1100.00	2300.00 - 2400.00	2700.00 - 2700.00	1800.00 - 1850.00	1600.00 - 1600.00	2400.00 - 2400.00		33.00 - 35.00	30.00 - 32.00
Moneragala	-	1200.00 - 1300.00	1200.00 - 1250.00	2400.00 - 2600.00	-	1400.00 - 1500.00	-	2800.00 - 3000.00		28.00 - 29.00	27.00 - 28.00
Kegalle	750.00 - 800.00	1150.00 - 1200.00	1750.00 - 1800.00	2750.00 - 2800.00	-	1850.00 - 1900.00	1800.00 - 1850.00	2800.00 - 2900.00		34.00 - 35.00	32.00 - 33.00
Ampara	700.00 - 800.00	1000.00 - 1200.00	1800.00 - 2000.00	2400.00 - 2600.00	-	1200.00 - 1600.00	-	2600.00 - 2800.00		-	27.00 - 29.00
Dehiattakandiya	500.00 - 600.00	900.00 - 900.00	1500.00 - 1500.00	2200.00 - 2300.00	-	-	-	-		29.00 - 30.00	27.00 - 28.00
Nuwareliya	640.00 - 660.00	1100.00 - 1200.00	1300.00 - 1400.00	2400.00 - 2450.00	2800.00 - 2900.00	1900.00 - 2000.00	1700.00 - 1800.00	2500.00 - 2600.00		32.00 - 34.00	30.00 - 32.00
Kandy	760.00 - 800.00	1050.00 - 1100.00	1300.00 - 1400.00	2200.00 - 2360.00	3000.00 - 3200.00	1600.00 - 1700.00	1800.00 - 1900.00	2550.00 - 2640.00		32.00 - 34.00	29.00 - 30.00
Puttalam	500.00 - 600.00	1000.00 - 1200.00	800.00 - 1000.00	-	-	1200.00 - 1200.00	2000.00 - 2200.00	2400.00 - 2500.00		30.00 - 32.00	30.00 - 32.00
Hambantota	-	-	-	-	-	-	-	-		-	-
Rathnapura	600.00 - 700.00	860.00 - 1000.00	1460.00 - 1600.00	2300.00 - 2400.00	3800.00 - 4000.00	-	1700.00 - 1800.00	2500.00 - 2600.00		30.00 - 32.00	27.00 - 29.00
Matara	600.00 - 700.00	1100.00 - 1200.00	1400.00 - 1600.00	2200.00 - 2400.00	-	-	1500.00 - 1600.00	2400.00 - 2600.00		32.00 - 33.00	27.00 - 30.00
Galle	600.00 - 650.00	1000.00 - 1100.00	1200.00 - 1400.00	2400.00 - 2600.00	-	-	1800.00 - 1800.00	2600.00 - 2800.00		32.00 - 33.00	28.00 - 30.00
Tissamaharama	600.00 - 700.00	700.00 - 800.00	1000.00 - 1400.00	-	-	-	-	2200.00 - 2400.00		34.00 - 37.00	31.00 - 34.00
Meegoda	600.00 - 600.00	1000.00 - 1120.00	-	2600.00 - 2800.00	-	1200.00 - 1200.00	-	3400.00 - 3400.00		32.00 - 32.00	30.00 - 30.00
Embilipitiya	600.00 - 650.00	850.00 - 900.00	1500.00 - 1600.00	2300.00 - 2350.00	2400.00 - 2500.00	-	1500.00 - 1600.00	2500.00 - 2600.00		28.00 - 30.00	26.00 - 29.00
Jaffna	600.00 - 750.00	800.00 - 900.00	1200.00 - 1350.00	-	2000.00 - 2200.00	1700.00 - 1850.00	2500.00 - 2700.00	-		35.00 - 36.00	32.00 - 36.00
Vavuniya	600.00 - 650.00	1200.00 - 1300.00	1400.00 - 1500.00	2400.00 - 2500.00	2400.00 - 2500.00	1600.00 - 1700.00	2400.00 - 2500.00	2400.00 - 2500.00		32.00 - 35.00	30.00 - 34.00
Mannar	800.00 - 850.00	-	1250.00 - 1500.00	-	-	1450.00 - 1500.00	-	-		32.00 - 34.00	27.00 - 30.00
Killinochchi	-	-	-	-	-	-	-	-		-	-
Mullaitivu	550.00 - 600.00	1100.00 - 1200.00	900.00 - 1000.00	2100.00 - 2200.00	2250.00 - 2300.00	1850.00 - 1950.00	-	2150.00 - 2250.00		35.00 - 37.00	-
Batticaloa	-	900.00 - 1000.00	1500.00 - 1600.00	1800.00 - 2100.00	2000.00 - 2000.00	2000.00 - 2150.00	-	2550.00 - 2600.00		27.00 - 30.00	30.00 - 30.00
Trincomalee	600.00 - 650.00	1200.00 - 1250.00	1250.00 - 1300.00	2300.00 - 2350.00	2450.00 - 2500.00	1700.00 - 1750.00	1850.00 - 1900.00	-		36.00 - 37.00	33.00 - 35.00
Veyangoda	600.00 - 700.00	900.00 - 900.00	-	2000.00 - 2000.00	2400.00 - 2500.00	2400.00 - 2400.00	-	2400.00 - 2400.00		30.00 - 32.00	28.00 - 30.00
Galenbindunuwewa	550.00 - 650.00	1000.00 - 1100.00	1000.00 - 1150.00	2000.00 - 2400.00	2700.00 - 2800.00	1400.00 - 1500.00	2000.00 - 2100.00	2500.00 - 2800.00		32.00 - 32.00	30.00 - 31.00
Bandarawela	700.00 - 800.00	1000.00 - 1100.00	1600.00 - 1700.00	2400.00 - 2500.00	-	-	-	2500.00 - 2600.00		32.00 - 34.00	29.00 - 31.00
Matale	700.00 - 800.00	1200.00 - 1300.00	1300.00 - 1400.00	2300.00 - 2400.00	3000.00 - 3500.00	1700.00 - 1800.00	1800.00 - 1900.00	2400.00 - 2600.00		34.00 - 35.00	30.00 - 31.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 29: 18 - 24 Jul 2025

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1200.00 – 1600.00	1800.00 – 2800.00	–	2500.00 – 3000.00	1800.00 – 2400.00	2000.00 – 2600.00	1000.00 – 1500.00						
Gampaha	1100.00 – 1300.00	2200.00 – 2300.00	–	2400.00 – 2450.00	2300.00 – 2350.00	2400.00 – 2400.00	900.00 – 1000.00						
Kurunegala	1400.00 – 1400.00	2400.00 – 2600.00	–	2800.00 – 2800.00	2200.00 – 2400.00	2200.00 – 2300.00	1000.00 – 1300.00						
Nikaweratiya	1200.00 – 1400.00	–	–	–	2000.00 – 2150.00	2400.00 – 2550.00	1200.00 – 1350.00						
Dambulla	1300.00 – 1400.00	2500.00 – 2600.00	–	2700.00 – 2800.00	1600.00 – 1800.00	2400.00 – 2500.00	–						
Anuradhapura	1200.00 – 1400.00	2600.00 – 3000.00	–	2600.00 – 2800.00	2000.00 – 2600.00	2400.00 – 2800.00	1000.00 – 1200.00						
Thambuththegama	1380.00 – 1500.00	2200.00 – 2400.00	–	3000.00 – 3100.00	2000.00 – 2200.00	2350.00 – 2500.00	900.00 – 1000.00						
Polonnaruwa	1300.00 – 1400.00	2200.00 – 2500.00	–	2800.00 – 2900.00	1700.00 – 1750.00	2200.00 – 2200.00	–						
Kaluthara	1200.00 – 1500.00	2200.00 – 2600.00	–	2400.00 – 2600.00	1700.00 – 2000.00	2200.00 – 2600.00	–						
Badulla	1400.00 – 1500.00	2800.00 – 2800.00	–	3000.00 – 3000.00	2400.00 – 2400.00	–	1200.00 – 1200.00						
Keppetipola	1200.00 – 1300.00	2400.00 – 2500.00	–	2500.00 – 2600.00	1600.00 – 1700.00	1800.00 – 1900.00	1000.00 – 1100.00						
Moneragala	1200.00 – 1300.00	2500.00 – 2600.00	–	2500.00 – 2800.00	2000.00 – 2200.00	2500.00 – 2600.00	980.00 – 1000.00						
Kegalle	1200.00 – 1400.00	2600.00 – 2800.00	–	2600.00 – 2800.00	1800.00 – 2600.00	–	–						
Ampara	1200.00 – 1400.00	2200.00 – 2600.00	–	2500.00 – 2600.00	2000.00 – 2200.00	1400.00 – 1600.00	–						
Dehiattakandiya	1400.00 – 1600.00	2800.00 – 3000.00	3000.00 – 3000.00	2800.00 – 2800.00	2000.00 – 2400.00	1500.00 – 1600.00	–						
Nuwareliya	1200.00 – 1300.00	2500.00 – 2550.00	2900.00 – 3000.00	2600.00 – 2650.00	1650.00 – 1700.00	1900.00 – 2000.00	1100.00 – 1200.00						
Kandy	1400.00 – 1500.00	2700.00 – 2800.00	–	2800.00 – 2900.00	2400.00 – 2500.00	2300.00 – 2400.00	1200.00 – 1350.00						
Puttalam	1300.00 – 1400.00	2100.00 – 2100.00	–	2200.00 – 2600.00	2000.00 – 2200.00	1200.00 – 1400.00	1000.00 – 1200.00						
Hambantota	–	–	–	–	–	–	–						
Rathnapura	1200.00 – 1520.00	2360.00 – 2600.00	3560.00 – 3560.00	2740.00 – 2800.00	2000.00 – 2200.00	2480.00 – 2600.00	960.00 – 1000.00						
Matara	1300.00 – 1500.00	2200.00 – 2400.00	–	2800.00 – 3000.00	2000.00 – 2300.00	2200.00 – 2400.00	–						
Galle	1200.00 – 1600.00	2400.00 – 2800.00	3000.00 – 3200.00	2600.00 – 2800.00	1800.00 – 2000.00	2000.00 – 2400.00	–						
Tissamaharama	1200.00 – 1400.00	–	–	2400.00 – 2500.00	2400.00 – 2500.00	2500.00 – 2600.00	–						
Meegoda	1120.00 – 1400.00	2000.00 – 2300.00	–	2200.00 – 2800.00	1800.00 – 2300.00	2000.00 – 2300.00	600.00 – 1000.00						
Embilipitiya	1250.00 – 1400.00	2650.00 – 2800.00	–	2800.00 – 3000.00	2500.00 – 2700.00	2650.00 – 2850.00	1400.00 – 1500.00						
Jaffna	1100.00 – 1200.00	2300.00 – 2400.00	3100.00 – 3250.00	2900.00 – 3000.00	–	1200.00 – 1300.00	–						
Vavuniya	–	2000.00 – 2200.00	–	2200.00 – 2400.00	1800.00 – 1900.00	1400.00 – 1500.00	850.00 – 900.00						
Mannar	1250.00 – 1300.00	2500.00 – 2500.00	–	2500.00 – 2800.00	1800.00 – 2000.00	1900.00 – 2000.00	–						
Killinochchi	–	–	–	–	–	–	–						
Mullaittivu	–	1900.00 – 2000.00	–	2400.00 – 2500.00	–	–	–						
Batticaloa	1100.00 – 1200.00	2450.00 – 2500.00	–	–	1800.00 – 2000.00	–	900.00 – 1000.00						
Trincomalee	1200.00 – 1250.00	2400.00 – 2450.00	–	–	1550.00 – 1600.00	1300.00 – 1350.00	850.00 – 900.00						
Veyangoda	1200.00 – 1400.00	2300.00 – 2400.00	–	2400.00 – 2600.00	1800.00 – 2300.00	2400.00 – 2400.00	1200.00 – 1200.00						
Galenbindunuwewa	1400.00 – 1600.00	2350.00 – 2450.00	3000.00 – 3000.00	2750.00 – 2850.00	1800.00 – 2200.00	1400.00 – 2600.00	1000.00 – 1100.00						
Bandarawela	1200.00 – 1500.00	2500.00 – 2600.00	–	2800.00 – 3000.00	2000.00 – 2200.00	2200.00 – 2300.00	1100.00 – 1200.00						
Matale	1200.00 – 1300.00	2600.00 – 2800.00	–	2500.00 – 2600.00	2400.00 – 2500.00	2400.00 – 2500.00	1000.00 – 1200.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 29: 18 - 24 Jul 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1300.00 - 1450.00	1150.00 - 1480.00	3600.00 - 4000.00	2200.00 - 2500.00
Gampaha	-	1350.00 - 1350.00	1300.00 - 1400.00	3800.00 - 3800.00	2000.00 - 2200.00
Kurunegala	2600.00 - 2800.00	1300.00 - 1360.00	1280.00 - 1300.00	3400.00 - 3400.00	2200.00 - 2200.00
Nikaweratiya	2200.00 - 2400.00	1300.00 - 1400.00	-	-	-
Dambulla	-	1350.00 - 1380.00	1400.00 - 1400.00	-	1900.00 - 1900.00
Anuradhapura	2700.00 - 2800.00	1250.00 - 1350.00	-	3600.00 - 3800.00	2100.00 - 2400.00
Thambuththegama	-	1150.00 - 1200.00	-	-	1800.00 - 1850.00
Polonnaruwa	2500.00 - 2700.00	1200.00 - 1250.00	1300.00 - 1350.00	-	1800.00 - 2000.00
Kaluthara	2600.00 - 2700.00	1200.00 - 1350.00	1200.00 - 1300.00	-	2000.00 - 2300.00
Badulla	2300.00 - 2400.00	1250.00 - 1300.00	-	3200.00 - 3300.00	-
Keppetipola	2000.00 - 2000.00	1350.00 - 1360.00	1400.00 - 1450.00	3000.00 - 3100.00	-
Moneragala	2600.00 - 2600.00	1200.00 - 1400.00	1500.00 - 1550.00	3600.00 - 3600.00	2200.00 - 2400.00
Kegalle	2500.00 - 2500.00	1290.00 - 1400.00	-	3100.00 - 3100.00	2000.00 - 2200.00
Ampara	2200.00 - 2500.00	1200.00 - 1350.00	-	-	2200.00 - 2300.00
Dehiattakandiya	-	1320.00 - 1350.00	-	-	2100.00 - 2200.00
Nuwaraeliya	2200.00 - 2300.00	1350.00 - 1380.00	1450.00 - 1460.00	3200.00 - 3300.00	2300.00 - 2400.00
Kandy	2500.00 - 2500.00	1240.00 - 1250.00	1180.00 - 1200.00	3400.00 - 3500.00	2100.00 - 2200.00
Puttalam	2500.00 - 2500.00	1450.00 - 1450.00	-	3800.00 - 3800.00	2400.00 - 2400.00
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1350.00 - 1420.00	1300.00 - 1370.00	3500.00 - 3500.00	-
Matara	-	1330.00 - 1350.00	1380.00 - 1390.00	-	1900.00 - 2000.00
Galle	2600.00 - 2600.00	1300.00 - 1340.00	1400.00 - 1400.00	3500.00 - 3600.00	2200.00 - 2200.00
Tissamaharama	-	1350.00 - 1400.00	-	-	-
Meegoda	-	1350.00 - 1380.00	1300.00 - 1350.00	-	2100.00 - 2200.00
Embilipitiya	2000.00 - 2100.00	1220.00 - 1300.00	1250.00 - 1320.00	3300.00 - 3500.00	2200.00 - 2250.00
Jaffna	2200.00 - 2300.00	1300.00 - 1500.00	1600.00 - 1600.00	3500.00 - 4000.00	-
Vavuniya	2000.00 - 2150.00	1340.00 - 1380.00	1650.00 - 1700.00	3200.00 - 3300.00	-
Mannar	2200.00 - 2250.00	1300.00 - 1330.00	1450.00 - 1450.00	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2200.00 - 2200.00	1450.00 - 1500.00	1600.00 - 1650.00	-	-
Batticaloa	2100.00 - 2200.00	1300.00 - 1300.00	1400.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2000.00 - 2200.00	1350.00 - 1400.00	1700.00 - 1750.00	3400.00 - 3500.00	-
Veyangoda	-	1300.00 - 1480.00	-	-	2100.00 - 2200.00
Galenbindunuwewa	2400.00 - 2400.00	1270.00 - 1270.00	1350.00 - 1350.00	-	1950.00 - 1950.00
Bandarawela	2400.00 - 2500.00	1320.00 - 1400.00	-	3400.00 - 3500.00	-
Matale	2200.00 - 2400.00	1250.00 - 1300.00	1150.00 - 1250.00	3200.00 - 3300.00	1800.00 - 2000.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 29: 18 - 24 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	150.00 - 170.00	162.14	153.75	105.00	5.46	54.42
Samba 1	235.00 - 240.00	236.88	237.22	236.10	-0.15	0.33	Small	135.00 - 150.00	142.86	135.00	87.50	5.82	63.27
Samba 2	230.00 - 232.00	231.00	230.40	229.33	0.26	0.73							
Keeri Samba	260.00 - 300.00	280.00	280.00	288.75	0.00	-3.03	<u>Fruits (Rs/fruit)</u>						
Nadu 1	205.00 - 215.00	210.00	216.80	211.56	-3.14	-0.74	Plantain						
Nadu 2	200.00 - 208.00	203.00	210.80	205.86	-3.70	-1.39	Ambul (Rs/kg)	70.00 - 120.00	88.00	86.00	170.91	2.33	-48.51
Raw (Red)	190.00 - 205.00	196.11	195.63	194.50	0.25	0.83	Kolikutu (Rs/kg)	180.00 - 220.00	206.00	203.00	441.00	1.48	-53.29
Raw (White)	190.00 - 205.00	195.50	196.25	203.50	-0.38	-3.93	Seeni (Rs/kg)	80.00 - 120.00	92.00	86.00	140.00	6.98	-34.29
Imported							Anamalu	24.00 - 30.00	27.90	27.00	30.80	3.33	-9.42
Samba	-		245.00	284.29			Ambun	34.00 - 40.00	37.00	36.55	37.40	1.24	-1.07
Nadu	-						Papaw(Rs/kg)	150.00 - 220.00	185.00	206.67	133.64	-10.48	38.44
Raw (Red)	-						Passion Fruit	40.00 - 70.00	55.50	62.00	47.50	-10.48	16.84
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Pineapple Large	350.00 - 450.00	398.75	423.75	502.22	-5.90	-20.60
<u>Dried Chillies</u>							Pineapple Medium	270.00 - 320.00	296.25	313.33	402.22	-5.45	-26.35
Imported	500.00 - 600.00	536.67	572.86	755.56	-6.32	-28.97	Pineapple Small	200.00 - 250.00	232.50	252.50	293.33	-7.92	-20.74
<u>Onion</u>							Mango						
Sinnan	-			260.00			Betti	-		63.33	38.40		
Vedalan	320.00 - 400.00	353.33	418.33	360.00	-15.54	-1.85	Karthakolomban	250.00 - 330.00	299.00	294.00	110.00	1.70	171.82
Imported	280.00 - 320.00	300.00	325.00	290.00	-7.69	3.45	Vilad	-		86.67	67.78		
<u>Big Onion</u>							Kohu	-					
Imported	60.00 - 105.00	84.38	81.88	198.33	3.05	-57.46	<u>Other</u>						
Local	-						Wood Apple	100.00 - 120.00	110.00	138.00	55.50	-20.29	98.20
<u>Potato</u>							Orange	70.00 - 100.00	84.00	99.00	92.00	-15.15	-8.70
Welimada	-						Avocado	90.00 - 120.00	103.00	110.00	110.00	-6.36	-6.36
N'Elia	330.00 - 350.00	342.50	332.50	350.00	3.01	-2.14	Slime Apple	50.00 - 60.00	55.00	53.00	42.00	3.77	30.95
Imported	150.00 - 170.00	162.14	166.25	280.71	-2.47	-42.24	Grapes (Imp., Rs/kg)	1500.00 - 1700.00	1611.11	1512.50	1260.00	6.52	27.87
<u>Pulses</u>							King Coconut	120.00 - 150.00	136.00	143.00	157.00	-4.90	-13.38
Green Gram	700.00 - 800.00	750.00	741.67	792.86	1.12	-5.41	<u>Sea Fish</u>						
Cowpea (White)	800.00 - 900.00	850.00	828.33	780.83	2.62	8.86	Salaya	400.00 - 500.00	460.00	635.00	249.17	-27.56	84.62
Cowpea (Red)	800.00 - 900.00	858.00	890.00	747.14	-3.60	14.84	Hurulla	600.00 - 1000.00	790.00	960.00	774.17	-17.71	2.05
Red Dhal	240.00 - 250.00	245.00	245.63	287.14	-0.25	-14.68	Balaya	800.00 - 1100.00	945.00	1145.00	737.50	-17.03	28.81
<u>Vegetable</u>							Kelawalla	1200.00 - 1550.00	1445.00	1580.00	1235.83	-8.54	16.93
Beans (Butter)	-						Thora	1500.00 - 2000.00	1830.00	2120.00	2783.33	-13.68	-34.25
Beans(Green)	300.00 - 500.00	390.91	396.36	542.00	-1.38	-27.88	Paraw	1200.00 - 1400.00	1270.00	1340.00	1328.33	-5.22	-4.39
Carrot	200.00 - 300.00	253.33	295.56	350.00	-14.29	-27.62	Mora	900.00 - 1300.00	1110.00	1120.00	1058.33	-0.89	4.88
Leeks	80.00 - 150.00	115.00	140.00	359.00	-17.86	-67.97	Shrimps	1000.00 - 1500.00	1250.00	1420.00	1724.17	-11.97	-27.50
Beetroot	60.00 - 120.00	85.83	118.18	331.00	-27.37	-74.07	Thalapath	1700.00 - 2000.00	1890.00	2420.00	1991.67	-21.90	-5.10
Knolkhol	60.00 - 120.00	94.00	94.55	180.00	-0.58	-47.78	<u>Eggs</u>						
Raddish	50.00 - 80.00	60.00	75.45	88.00	-20.48	-31.82	Brown	28.00 - 32.00	29.90	31.78	52.50	-5.91	-43.05
Cabbage	150.00 - 200.00	171.54	189.09	202.00	-9.28	-15.08	White	26.00 - 29.00	27.90	30.20	49.63	-7.62	-43.78
Tomato	60.00 - 120.00	87.50	70.91	303.00	23.40	-71.12	<u>Dried Fish</u>						
Ladies Fingers	50.00 - 80.00	65.83	60.00	154.00	9.72	-57.25	Sprats	1500.00 - 1750.00	1580.00	1500.00	1635.83	5.33	-3.41
Brinjal	200.00 - 250.00	225.00	300.00	155.00	-25.00	45.16	Sprats (Imported)	750.00 - 1000.00	855.00	1060.00	860.83	-19.34	-0.68
Capsicum	300.00 - 500.00	405.56	455.00	672.00	-10.87	-39.65	Kattawa	-					
Pumpkin	60.00 - 100.00	81.67	94.55	148.00	-13.62	-44.82	Kattawa (Imported)	1450.00 - 1700.00	1525.00	1625.00	1340.83	-6.15	13.74
Cucumber	40.00 - 80.00	55.56	45.45	88.00	22.22	-36.87	Thora	2200.00 - 2300.00	2260.00				
Bitter Gourd	180.00 - 250.00	206.36	229.09	300.00	-9.92	-31.21	Thora (Imported)	-					
Snake Gourd	150.00 - 150.00	130.00	136.00	188.00	-4.41	-30.85	Mora	1300.00 - 1500.00	1415.00	2355.00	1850.00	-39.92	-23.51
Drumstick	150.00 - 500.00	315.38	325.00		-2.96		Mora (Imported)	-					
Luffa	80.00 - 120.00	100.00	93.33	224.00	7.14	-55.36	Balaya	1400.00 - 1650.00	1490.00	1420.00	1063.33	4.93	40.13
Long Beans	160.00 - 250.00	197.78	182.22	252.00	8.54	-21.52	Balaya (Imported)	-					
Ash Plantain	50.00 - 70.00	62.50	64.55	192.00	-3.17	-67.45	Anguluwa	-					
Green Chillies	200.00 - 300.00	255.56	372.22	450.00	-31.34	-43.21	Anguluwa (Imported)	1500.00 - 1800.00	1680.00	1815.00	1450.00	-7.44	15.86
Lime	160.00 - 250.00	203.33	225.00	595.00	-9.63	-65.83	Maduwa	1000.00 - 1500.00	1240.00	1490.00	1363.64	-16.78	-9.07
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	120.00 - 160.00	140.00	171.43	130.00	-18.33	7.69	Koduwa	-					
Manioc	80.00 - 100.00	88.00	92.50	103.64	-4.86	-15.09	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	600.00 - 850.00	745.00	650.00	329.17	14.62	126.33
Mukunuwenna	35.00 - 45.00	38.75	37.50	43.75	3.33	-11.43	Salaya (Imported)	-					
Kankun	35.00 - 45.00	38.75	37.50	43.75	3.33	-11.43							
Gotukola (Rs/kg)	280.00 - 300.00	292.00	290.00	307.50	0.69	-5.04							

This Week: Week 29: 18 - 24 Jul 2025

Last Week: Week 28: 11 - 17 Jul 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 29: 18 - 24 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	160.00 · 195.00	176.39	188.61	122.04	-12.22	44.54
Samba 1	240.00 · 260.00	250.00	251.54	251.97	-1.54	-0.78	Small	140.00 · 170.00	154.72	170.28	103.57	-15.56	49.39
Samba 2													
Keeri Samba	280.00 · 310.00	290.00	286.47	354.44	3.53	-18.18	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 · 240.00	230.00	231.11	224.46	-1.11	2.47	Plantain						
Nadu 2							Ambul (Rs/kg)	100.00 · 200.00	170.00	168.57	233.42	1.43	-27.17
Raw (Red)	210.00 · 220.00	219.09	221.05	205.86	-1.96	6.43	Kolikuttu (Rs/kg)	230.00 · 350.00	302.61	298.50	529.68	4.11	-42.87
Raw (White)	210.00 · 220.00	218.95	219.00	216.79	-0.05	1.00	Seeni (Rs/kg)	100.00 · 200.00	166.50	165.71	217.58	0.79	-23.47
Imported							Anamalu	30.00 · 50.00	40.71	42.24	44.74	-1.53	-9.02
Samba	240.00 · 260.00	253.08	258.00	293.91	-4.92	-13.89	Ambun	38.00 · 70.00	55.68	58.85	62.47	-3.17	-10.86
Nadu							Papaw(Rs/kg)	200.00 · 360.00	277.50	282.63	238.72	-5.13	16.25
Raw (Red)							Passion Fruit	60.00 · 120.00	84.23	86.25	82.11	-2.02	2.59
Raw (White)	215.00 · 220.00	218.33	223.33		-5.00		Pineapple Large	380.00 · 580.00	477.65	523.08	676.56	-45.43	-29.40
Dried Chillies							Pineapple Medium	300.00 · 500.00	368.24	393.33	523.94	-25.10	-29.72
Imported	650.00 · 900.00	760.00	761.50	994.44	-1.50	-23.58	Pineapple Small	220.00 · 400.00	291.88	311.82	385.45	-19.94	-24.28
Onion							Mango						
Sinnan							Betti	64.00 · 72.00	67.75	64.75			
Vedalan	520.00 · 600.00	574.55	616.67	530.56	-42.12	8.29	Karthakolomban	330.00 · 500.00	403.75	365.00	171.50	38.75	135.42
Imported	380.00 · 480.00	418.89	419.00	442.35	-0.11	-5.30	Vilad	100.00 · 180.00	145.00	145.00	112.22	0.00	29.21
Big Onion							Kohu						
Imported	120.00 · 160.00	139.58	136.88	281.79	2.71	-50.46	Other						
Local							Wood Apple	160.00 · 300.00	207.14	234.29	113.10	-27.14	83.14
Potato							Orange	100.00 · 160.00	125.38	127.27	171.47	-1.89	-26.88
Welimada							Avocado	110.00 · 220.00	166.75	187.69	177.75	-20.94	-6.19
N'Eliya	440.00 · 480.00	462.73	400.83	453.53	61.89	2.03	Slime Apple	60.00 · 140.00	103.00	74.31	104.12	28.69	-1.07
Imported	190.00 · 240.00	212.63	205.71	362.92	6.92	-41.41	Grapes (Imp., Rs/kg)	1600.00 · 2600.00	2158.82	2143.75	2214.29	15.07	-2.50
Pulses							King Coconut	150.00 · 200.00	175.00	196.92	193.85	-21.92	-9.72
Green Gram	800.00 · 1100.00	923.81	874.00	1263.08	49.81	-26.86							
Cowpea (White)	900.00 · 1200.00	1042.31	972.73	1002.17	69.58	4.01	Sea Fish						
Cowpea (Red)	950.00 · 1200.00	1044.44	1008.33	1002.08	36.11	4.23	Salaya	600.00 · 800.00	708.33	893.33	499.09	-185.00	41.92
Red Dhal	270.00 · 320.00	285.65	288.80	330.38	-3.15	-13.54	Hurulla	700.00 · 1200.00	980.00	1171.43	991.67	-191.43	-1.18
Vegetable							Balaya	1000.00 · 1600.00	1383.33		893.75		54.78
Beans (Butter)							Kelawalla	1750.00 · 2800.00	2485.00	2566.67	2045.00	-81.67	21.52
Beans(Green)	400.00 · 700.00	552.50	572.14	707.33	-19.64	-21.89	Thora	2200.00 · 3900.00	3354.55	3742.86	3236.36	-388.31	3.65
Carrot	280.00 · 520.00	387.04	456.43	507.41	-69.39	-23.72	Paraw	1550.00 · 2800.00	2175.00	2387.50	1969.00	-212.50	10.46
Leeks	160.00 · 400.00	302.86	324.07	530.37	-21.22	-42.90	Mora	1800.00 · 2400.00	2140.00		1225.00		74.69
Beetroot	150.00 · 360.00	268.57	312.14	492.96	-43.57	-45.52	Shrimps	1600.00 · 2400.00	1990.91	2000.00	1986.36	-9.09	0.23
Knolkhol	180.00 · 360.00	272.22	291.74	383.20	-19.52	-28.96	Thalapath	2100.00 · 3200.00	2836.36	3073.68	2952.63	-237.32	-3.94
Raddish	130.00 · 320.00	230.00	238.85	248.67	-8.85	-7.51	Eggs						
Cabbage	250.00 · 480.00	352.86	390.37	395.00	-37.51	-10.67	Brown	30.00 · 36.00	33.73	34.63	54.12	-0.90	-37.68
Tomato	120.00 · 300.00	202.40	196.79	480.74	5.61	-57.90	White	28.00 · 32.00	30.91	32.88	52.12	-1.97	-40.69
Ladies Fingers	140.00 · 320.00	242.59	240.00	309.00	2.59	-21.49	Dried Fish						
Brinjal	280.00 · 480.00	372.31	463.33	292.07	-91.03	27.47	Sprats	1600.00 · 2400.00	1850.00	1811.11	2167.86	38.89	-14.66
Capsicum	450.00 · 800.00	679.64	727.86	888.33	-48.21	-23.49	Sprats (Imported)	1200.00 · 1600.00	1361.54	1382.35	1196.00	-20.81	13.84
Pumpkin	130.00 · 280.00	212.59	227.31	271.03	-14.72	-21.56	Kattawa	1800.00 · 2800.00	2491.67	2500.00	2090.48	-8.33	19.19
Cucumber	80.00 · 260.00	180.37	174.80	212.07	5.57	-14.95	Thora						
Bitter Gourd	200.00 · 400.00	342.14	415.38	567.41	-73.24	-39.70	Mora	2500.00 · 3000.00	2721.43	2747.06	2333.33	-25.63	16.63
Snake Gourd	140.00 · 350.00	268.15	313.08	374.83	-44.93	-28.46	Balaya	1800.00 · 2400.00	2175.00	2392.86	1561.11	-217.86	39.32
Drumstick	320.00 · 650.00	513.08	528.08	854.19	-15.00	-39.93	Anguluwa	2000.00 · 2600.00	2371.43	2528.57	2127.27	-157.14	11.48
Luffa	150.00 · 350.00	288.80	307.60	411.79	-18.80	-29.87	Maduwa	1600.00 · 2000.00	1733.33	1966.67	1600.00	-233.33	8.33
Long Beans	220.00 · 480.00	366.92	334.35	421.07	32.58	-12.86	Koduwa						
Ash Plantain	90.00 · 320.00	196.30	204.80	328.15	-8.50	-40.18	Salaya	1000.00 · 1500.00	1227.27	1236.36	871.43	-9.09	40.83
Green Chillies	360.00 · 800.00	617.93	678.08	707.86	-60.15	-12.70	Meat						
Lime	250.00 · 600.00	440.87	463.91	1070.97	-23.04	-58.83	Beef (without Bones)	2600.00 · 2800.00	2700.00	2744.44	2557.14	-44.44	5.59
Root Crops							Chicken (Broiler)	1300.00 · 1450.00	1380.00	1368.33	1158.46	11.67	19.12
Sweet Potato	200.00 · 360.00	294.83	296.96	279.26	-2.13	5.57	Chicken (Curry)	1150.00 · 1480.00	1292.22	1235.71	1262.86	56.51	2.33
Manioc	130.00 · 260.00	202.96	209.60	214.29	-6.64	-5.28	Mutton	3600.00 · 4000.00	3828.57	3811.11	3400.00	17.46	12.61
Leafy Vegetable							Pork	2200.00 · 2500.00	2366.67	2416.67	1380.00	-50.00	71.50
Mukunuwenna	40.00 · 80.00	73.89	72.22	78.52	1.67	-5.90							
Kankun	40.00 · 80.00	73.89	72.22	80.37	1.67	-8.06							
Gotukola	180.00 · 260.00	242.78	251.67	102.50	-8.89	136.86							

This Week:

Week 29: 18 - 24 Jul 2025

Last Week:

Week 28: 11 - 17 Jul 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 29: 18 - 24 Jul 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	76.00 – 90.00	82.00
A'pura	122.00 – 125.00	123.20	Dambulla	340.00 – 360.00	354.00	Hambantota	–	
P'naruwa	125.00 – 127.00	126.20	Welimada	450.00 – 465.00	458.00	Embilipitiya	120.00 – 140.00	130.00
Kalawewa	120.00 – 125.00	122.00	Badulla	320.00 – 360.00	340.00	Matara	–	
Kurunegala	105.00 – 126.00	116.00	Carrot			A'pura	80.00 – 100.00	88.00
Dehiattakandiya	125.00 – 128.00	126.00	N'Elia	240.00 – 250.00	246.00	Luffa		
Nikaweratiya	103.00 – 122.00	110.80	Welimada	255.00 – 270.00	262.00	Dambulla	90.00 – 110.00	100.00
Ampara	128.00 – 130.00	129.00	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	130.00 – 150.00	140.00
A'pura	114.00 – 118.00	115.60	N'Elia	115.00 – 120.00	118.00	Matara	–	
P'naruwa	119.00 – 121.00	120.20	Welimada	80.00 – 90.00	85.00	A'pura	80.00 – 100.00	88.00
Kalawewa	112.00 – 118.00	115.40	Beetroot			Green Chillies		
Kurunegala	96.00 – 120.00	107.67	N'Elia	110.00 – 120.00	115.00	Dambulla	290.00 – 330.00	306.00
Dehiattakandiya	115.00 – 120.00	117.67	Dambulla	90.00 – 100.00	93.75	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	370.00 – 400.00	385.00
Nikaweratiya	95.00 – 115.00	106.40	Welimada	60.00 – 80.00	68.00	Puttalam	275.00 – 380.00	329.33
Hambantota	–		Hanguranketha	–		A'pura	300.00 – 350.00	320.00
Ampara	96.00 – 115.00	107.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	50.00 – 70.00	58.00	Dambulla	30.00 – 40.00	35.00
Matara	118.00 – 120.00	119.50	Welimada	60.00 – 80.00	69.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	60.00 – 75.00	66.25
Embilipitiya	115.00 – 117.00	115.75	Raddish			Matara	55.00 – 65.00	60.00
Keeri Samba			N'Elia	35.00 – 40.00	37.00	A'pura	60.00 – 70.00	64.00
A'pura	134.00 – 138.00	135.60	Welimada	40.00 – 55.00	48.00	Moneragala	60.00 – 70.00	64.00
P'naruwa	132.00 – 136.00	134.60	Hambantota	–		Cucumber		
Kalawewa	135.00 – 138.00	136.60	Hanguranketha	–		A'pura	30.00 – 40.00	34.00
Kurunegala	132.00 – 134.00	133.00	Cabbage			Dambulla	35.00 – 42.00	38.20
Dehiattakandiya	130.00 – 132.00	130.67	N'Elia	150.00 – 160.00	154.00	Hambantota	–	
Red Onion			Welimada	100.00 – 130.00	119.00	Matara	30.00 – 40.00	35.00
Puttalam	200.00 – 274.00	228.00	Badulla	80.00 – 120.00	100.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	110.00 – 152.50	128.50
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	50.00 – 65.00	60.00	Embilipitiya	250.00 – 270.00	257.50
Kalawewa	–		Hambantota	–		Matara	140.00 – 160.00	150.00
A'pura	–		Dambulla	72.00 – 82.00	77.20	A'pura	160.00 – 180.00	168.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	310.00 – 320.00	315.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	260.00 – 300.00	280.00	Ladies Fingers			Embilipitiya	30.00 – 40.00	36.25
Welimada	260.00 – 270.00	264.00	A'pura	60.00 – 80.00	68.00	Matara	40.00 – 50.00	45.00
<u>Pulses</u>			Dambulla	55.00 – 62.00	59.20	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	70.00 – 80.00	73.75	Embilipitiya	150.00 – 180.00	165.00
Moneragala	600.00 – 630.00	612.00	Matara	60.00 – 70.00	63.33	Moneragala	150.00 – 170.00	158.00
Embilipitiya	600.00 – 620.00	610.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	400.00 – 450.00	425.00	A'pura	260.00 – 280.00	268.00	Banana		
A'pura	580.00 – 600.00	588.00	Dambulla	190.00 – 220.00	202.00	Ambul		
Cowpea			Hambantota	–		Moneragala	40.00 – 50.00	44.00
Hambantota	–		Embilipitiya	150.00 – 180.00	165.00	Embilipitiya	30.00 – 50.00	38.00
Nikaweratiya	450.00 – 500.00	472.50	Matara	250.00 – 270.00	260.00	Hambantota	–	
Moneragala	500.00 – 550.00	520.00	Welimada	220.00 – 235.00	228.00	Kolikuttu		
Embilipitiya	680.00 – 700.00	690.00	Capsicum			Moneragala	130.00 – 150.00	138.00
Maize			Badulla	380.00 – 480.00	436.67	Embilipitiya	120.00 – 150.00	136.00
A'pura	–		Welimada	480.00 – 520.00	500.00	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	180.00 – 220.00	196.00	Moneragala	120.00 – 130.00	124.00
A'pura	–		Dambulla	135.00 – 157.50	146.00	Embilipitiya	150.00 – 160.00	153.75
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	220.00 – 250.00	235.00	Pineapple		
A'pura	–		Matara	230.00 – 250.00	240.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 29: 18 - 24 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 240.00	250.00 - 250.00	240.00 - 260.00	240.00 - 240.00	240.00 - 240.00	-	260.00 - 260.00	260.00 - 260.00	250.00 - 250.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 300.00	280.00 - 280.00	280.00 - 280.00	280.00 - 280.00	290.00 - 310.00	310.00 - 310.00	290.00 - 300.00	290.00 - 290.00	290.00 - 300.00
Nadu 1	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	220.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	220.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00
Raw (White)	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00
Imported									
Samba	240.00 - 250.00	250.00 - 250.00	260.00 - 260.00	240.00 - 250.00	260.00 - 260.00	-	260.00 - 260.00	260.00 - 260.00	240.00 - 240.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	220.00 - 220.00	-	215.00 - 220.00	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	800.00 - 800.00	800.00 - 900.00	800.00 - 900.00	900.00 - 900.00	900.00 - 900.00	700.00 - 800.00	700.00 - 750.00	700.00 - 800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	600.00 - 600.00	520.00 - 560.00	600.00 - 600.00	520.00 - 600.00	-	-	-	560.00 - 600.00
Imported	380.00 - 420.00	-	480.00 - 480.00	380.00 - 400.00	380.00 - 400.00	450.00 - 480.00	450.00 - 480.00	400.00 - 480.00	-
<u>Big Onion</u>									
Imported	120.00 - 140.00	160.00 - 160.00	140.00 - 150.00	160.00 - 160.00	140.00 - 140.00	150.00 - 160.00	120.00 - 130.00	120.00 - 140.00	130.00 - 150.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	450.00 - 450.00	480.00 - 480.00	450.00 - 450.00	480.00 - 480.00	440.00 - 480.00	450.00 - 480.00	-	-	440.00 - 460.00
Imported	190.00 - 200.00	200.00 - 200.00	220.00 - 220.00	200.00 - 220.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00
<u>Pulses</u>									
Green Gram	800.00 - 800.00	900.00 - 900.00	800.00 - 1000.00	960.00 - 1100.00	1000.00 - 1000.00	880.00 - 880.00	800.00 - 900.00	800.00 - 800.00	1000.00 - 1100.00
Cowpea (White)	950.00 - 950.00	-	1000.00 - 1000.00	1000.00 - 1200.00	1100.00 - 1100.00	900.00 - 900.00	1000.00 - 1000.00	-	1200.00 - 1200.00
Cowpea (Red)	950.00 - 950.00	-	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1200.00	-	1000.00 - 1000.00	-	1200.00 - 1200.00
Red Dhal	270.00 - 280.00	280.00 - 280.00	280.00 - 300.00	280.00 - 290.00	290.00 - 320.00	280.00 - 280.00	270.00 - 280.00	270.00 - 280.00	280.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	500.00 - 700.00	600.00 - 680.00	550.00 - 600.00	400.00 - 550.00	700.00 - 700.00	650.00 - 680.00	400.00 - 450.00	400.00 - 500.00	550.00 - 600.00
Carrot	300.00 - 400.00	480.00 - 500.00	360.00 - 400.00	500.00 - 520.00	360.00 - 400.00	300.00 - 320.00	280.00 - 350.00	360.00 - 400.00	450.00 - 480.00
Leeks	160.00 - 180.00	400.00 - 400.00	400.00 - 400.00	360.00 - 400.00	320.00 - 360.00	300.00 - 320.00	160.00 - 240.00	320.00 - 340.00	260.00 - 320.00
Beetroot	160.00 - 200.00	300.00 - 360.00	260.00 - 280.00	360.00 - 360.00	240.00 - 320.00	260.00 - 280.00	150.00 - 180.00	320.00 - 320.00	300.00 - 320.00
Knolkhol	180.00 - 200.00	320.00 - 360.00	300.00 - 320.00	340.00 - 360.00	240.00 - 280.00	230.00 - 240.00	200.00 - 250.00	240.00 - 260.00	360.00 - 360.00
Raddish	130.00 - 160.00	320.00 - 320.00	240.00 - 260.00	300.00 - 320.00	220.00 - 300.00	300.00 - 320.00	160.00 - 180.00	200.00 - 220.00	200.00 - 220.00
Cabbage	250.00 - 300.00	450.00 - 480.00	360.00 - 400.00	450.00 - 480.00	300.00 - 340.00	280.00 - 300.00	280.00 - 350.00	300.00 - 320.00	350.00 - 400.00
Tomato	150.00 - 160.00	300.00 - 300.00	200.00 - 220.00	240.00 - 260.00	180.00 - 200.00	240.00 - 240.00	120.00 - 140.00	150.00 - 180.00	200.00 - 220.00
Ladies Fingers	160.00 - 250.00	320.00 - 320.00	240.00 - 260.00	230.00 - 240.00	320.00 - 320.00	300.00 - 320.00	140.00 - 160.00	140.00 - 160.00	230.00 - 240.00
Brinjal	280.00 - 300.00	450.00 - 480.00	360.00 - 400.00	450.00 - 480.00	320.00 - 360.00	300.00 - 320.00	280.00 - 400.00	320.00 - 320.00	450.00 - 480.00
Capsicum	600.00 - 700.00	800.00 - 800.00	550.00 - 600.00	750.00 - 800.00	650.00 - 700.00	800.00 - 800.00	450.00 - 500.00	750.00 - 800.00	650.00 - 800.00
Pumpkin	130.00 - 140.00	260.00 - 280.00	230.00 - 240.00	240.00 - 260.00	200.00 - 220.00	230.00 - 240.00	140.00 - 160.00	200.00 - 240.00	280.00 - 280.00
Cucumber	80.00 - 140.00	250.00 - 260.00	200.00 - 200.00	230.00 - 240.00	200.00 - 200.00	160.00 - 180.00	110.00 - 130.00	200.00 - 200.00	200.00 - 220.00
Bitter Gourd	200.00 - 300.00	400.00 - 400.00	350.00 - 400.00	360.00 - 400.00	350.00 - 360.00	340.00 - 360.00	300.00 - 400.00	300.00 - 320.00	320.00 - 400.00
Snake Gourd	140.00 - 150.00	260.00 - 300.00	260.00 - 280.00	350.00 - 350.00	320.00 - 320.00	260.00 - 280.00	200.00 - 240.00	300.00 - 340.00	300.00 - 320.00
Drumstick	400.00 - 600.00	600.00 - 600.00	480.00 - 600.00	650.00 - 650.00	500.00 - 600.00	400.00 - 450.00	320.00 - 450.00	320.00 - 400.00	550.00 - 600.00
Luffa	150.00 - 160.00	350.00 - 350.00	300.00 - 320.00	340.00 - 350.00	280.00 - 320.00	-	160.00 - 180.00	200.00 - 240.00	300.00 - 320.00
Long Beans	220.00 - 250.00	450.00 - 480.00	450.00 - 480.00	360.00 - 450.00	400.00 - 450.00	-	240.00 - 320.00	350.00 - 360.00	400.00 - 400.00
Ash Plantain	90.00 - 120.00	300.00 - 320.00	260.00 - 280.00	300.00 - 320.00	200.00 - 220.00	230.00 - 240.00	100.00 - 170.00	160.00 - 200.00	200.00 - 220.00
Green Chillies	360.00 - 500.00	800.00 - 800.00	550.00 - 600.00	750.00 - 800.00	600.00 - 600.00	600.00 - 600.00	450.00 - 500.00	550.00 - 600.00	800.00 - 800.00
Lime	250.00 - 320.00	600.00 - 600.00	560.00 - 600.00	560.00 - 600.00	500.00 - 550.00	600.00 - 600.00	300.00 - 350.00	600.00 - 600.00	550.00 - 600.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 240.00	320.00 - 320.00	300.00 - 320.00	350.00 - 360.00	320.00 - 360.00	280.00 - 320.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00
Manioc	130.00 - 160.00	220.00 - 260.00	240.00 - 260.00	200.00 - 220.00	200.00 - 230.00	-	140.00 - 160.00	200.00 - 220.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	40.00 - 50.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00
Kankun	40.00 - 50.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00
Gotukola	180.00 - 200.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	260.00 - 260.00	230.00 - 240.00	240.00 - 260.00
<u>Coconut</u>									
Large	165.00 - 170.00	170.00 - 180.00	170.00 - 180.00	170.00 - 180.00	180.00 - 180.00	180.00 - 180.00	160.00 - 165.00	180.00 - 190.00	180.00 - 195.00
Small	140.00 - 150.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	150.00 - 150.00	150.00 - 160.00	140.00 - 150.00	160.00 - 170.00	165.00 - 170.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	150.00	-	200.00	160.00	-	180.00	180.00	-	200.00	200.00	-	200.00	170.00	-	180.00	180.00	-	200.00	100.00	-	120.00	140.00	-	150.00	100.00	-	120.00
Kolikuttu (Rs/Kg)	230.00	-	250.00	330.00	-	350.00	330.00	-	350.00	300.00	-	350.00	340.00	-	350.00	280.00	-	300.00	230.00	-	250.00	280.00	-	300.00	240.00	-	250.00
Seeni (Rs/Kg)	140.00	-	150.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	180.00	-	180.00	160.00	-	180.00	100.00	-	120.00	150.00	-	160.00	150.00	-	160.00
Anamalu	35.00	-	40.00	43.00	-	43.00	43.00	-	50.00	43.00	-	50.00	43.00	-	46.00	36.00	-	43.00	30.00	-	35.00	40.00	-	42.00	30.00	-	32.00
Ambun	45.00	-	56.00	60.00	-	60.00	60.00	-	70.00	60.00	-	70.00	60.00	-	60.00	50.00	-	60.00	38.00	-	40.00	56.00	-	60.00	40.00	-	44.00
<u>Pineapple</u>																											
Large	380.00	-	420.00	500.00	-	500.00	580.00	-	580.00	380.00	-	400.00	460.00	-	480.00	480.00	-	520.00	500.00	-	500.00	520.00	-	520.00	500.00	-	520.00
Medium	300.00	-	320.00	380.00	-	380.00	450.00	-	500.00	300.00	-	350.00	350.00	-	370.00	370.00	-	400.00	300.00	-	300.00	400.00	-	400.00	350.00	-	400.00
Small	220.00	-	250.00	300.00	-	300.00	360.00	-	400.00	240.00	-	280.00	280.00	-	290.00	290.00	-	320.00	240.00	-	240.00	320.00	-	320.00	320.00	-	320.00
<u>Mango</u>																											
Betti	64.00	-	72.00		-			-			-			-			-			-			-			-	
Karthakolomban	350.00	-	400.00		-		500.00	-	500.00	400.00	-	500.00		-			-			-			-		330.00	-	400.00
Vilad	100.00	-	120.00		-			-		180.00	-	180.00		-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	160.00	-	180.00		-		300.00	-	300.00	280.00	-	300.00	200.00	-	200.00		-		200.00	-	200.00	160.00	-	200.00	180.00	-	200.00
Orange	100.00	-	120.00		-		160.00	-	160.00	160.00	-	160.00	140.00	-	140.00		-			-		120.00	-	130.00	160.00	-	160.00
Avocado	130.00	-	170.00		-		200.00	-	220.00	200.00	-	220.00	210.00	-	220.00	150.00	-	150.00	110.00	-	118.00	140.00	-	170.00	120.00	-	140.00
Slime Apple	80.00	-	130.00		-		130.00	-	130.00	120.00	-	120.00	90.00	-	94.00	90.00	-	90.00		-		60.00	-	65.00	120.00	-	140.00
Grapes (Rs/Kg)	1600.00	-	1700.00	2000.00	-	2600.00	2500.00	-	2600.00	2000.00	-	2600.00	2000.00	-	2000.00	2500.00	-	2500.00	2000.00	-	2000.00	2100.00	-	2200.00	2200.00	-	2500.00
Papaw (Rs/Kg)	200.00	-	250.00	300.00	-	320.00	350.00	-	360.00	200.00	-	300.00	270.00	-	280.00	250.00	-	260.00	200.00	-	300.00	280.00	-	300.00	300.00	-	300.00
Passion	60.00	-	70.00		-		80.00	-	120.00	100.00	-	120.00	85.00	-	90.00		-		70.00	-	70.00		-		80.00	-	100.00
King Coconut	150.00	-	200.00	160.00	-	180.00	200.00	-	200.00	180.00	-	200.00	160.00	-	160.00	180.00	-	180.00	150.00	-	200.00	150.00	-	180.00	180.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

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	CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA		
30	<u>Sea Fish</u>																			
	Salaya	600.00	600.00	700.00	700.00	800.00	800.00	800.00	800.00	700.00	700.00	600.00	650.00	700.00	700.00	700.00	700.00	750.00	750.00	
	Hurulla	700.00	700.00	900.00	900.00	1200.00	1200.00	1100.00	1100.00	1200.00	1200.00	1200.00	1200.00	800.00	800.00	1000.00	1000.00	800.00	800.00	
	Balaya	1000.00	1000.00	-	-	-	-	-	-	-	-	-	-	1600.00	1600.00	-	-	1550.00	1550.00	
	Kelawalla	1750.00	1750.00	2800.00	2800.00	2400.00	2800.00	2800.00	2800.00	-	-	2200.00	2200.00	2400.00	2400.00	2600.00	2600.00	2300.00	2300.00	
	Thora	2200.00	2200.00	3200.00	3200.00	3800.00	3800.00	3800.00	3800.00	3800.00	3800.00	2800.00	3200.00	3800.00	3800.00	3200.00	3200.00	3900.00	3900.00	
	Paraw	1550.00	1550.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	1600.00	1600.00	1600.00	2400.00	-	-	1800.00	1800.00	1600.00	1600.00	
	Mora	2300.00	2300.00	1800.00	1800.00	-	-	-	-	2400.00	2400.00	2400.00	2400.00	1800.00	1800.00	-	-	-	-	
	Shrimps Small	1800.00	1800.00	1900.00	2000.00	2400.00	2400.00	2000.00	2000.00	2200.00	2200.00	2000.00	2000.00	2000.00	2000.00	2000.00	1600.00	1600.00	2000.00	2000.00
	Talapath	2100.00	2100.00	3200.00	3200.00	2400.00	3200.00	3000.00	3000.00	2300.00	2300.00	2600.00	3000.00	3000.00	3000.00	3000.00	3200.00	3200.00	3200.00	3200.00
	<u>Eggs (Rs/egg)</u>																			
	Brown	30.00	30.00	35.00	35.00	32.00	32.00	33.00	35.00	33.00	33.00	33.00	35.00	33.00	33.00	36.00	36.00	36.00	36.00	
	White	28.00	28.00	32.00	32.00	30.00	30.00	30.00	32.00	32.00	32.00	30.00	32.00	32.00	32.00	32.00	32.00	30.00	30.00	
	<u>Dried Fish</u>																			
	Sprats	1600.00	1600.00	1700.00	1700.00	2000.00	2400.00	2400.00	2400.00	1600.00	1600.00	-	-	-	-	1800.00	1800.00	1800.00	1800.00	
	Kattawa	1800.00	2400.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	2400.00	2400.00	2500.00	2600.00	2600.00	2600.00	2600.00	2600.00	2400.00	2400.00	
	Thora	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Mora	2500.00	2800.00	2800.00	2800.00	2800.00	2800.00	3000.00	3000.00	3000.00	3000.00	3000.00	3000.00	2600.00	2600.00	2800.00	2800.00	2600.00	2600.00	
	Balaya	1800.00	2200.00	2400.00	2400.00	2400.00	2400.00	2200.00	2200.00	2000.00	2000.00	2200.00	2300.00	2200.00	2200.00	2400.00	2400.00	2000.00	2000.00	
	Anguluwa	2000.00	2400.00	2000.00	2000.00	2600.00	2600.00	-	-	2400.00	2400.00	-	-	-	-	2600.00	2600.00	2600.00	2600.00	
Salaya	1000.00	1200.00	1300.00	1300.00	1300.00	1300.00	1400.00	1400.00	1000.00	1000.00	1400.00	1500.00	1000.00	1000.00	1000.00	1000.00	-	-		
<u>Meat</u>																				
Beef (without Bones)	-	-	2700.00	2700.00	-	-	-	-	2700.00	2700.00	-	-	-	2600.00	2600.00	2800.00	2800.00	-	-	
Chicken (Broiler)	-	-	1450.00	1450.00	1380.00	1380.00	1400.00	1400.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1300.00	1300.00	1440.00	1440.00	
Chicken (Curry)	-	-	1350.00	1350.00	1480.00	1480.00	1150.00	1400.00	1200.00	1200.00	1250.00	1250.00	1150.00	1150.00	1150.00	1350.00	1350.00	1300.00	1300.00	
Mutton	-	-	3800.00	3800.00	4000.00	4000.00	-	-	3800.00	3800.00	3800.00	3800.00	3600.00	3600.00	3600.00	3800.00	3800.00	4000.00	4000.00	
Pork	-	-	2400.00	2400.00	2500.00	2500.00	-	-	-	-	-	-	-	-	-	-	-	2200.00	2200.00	

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

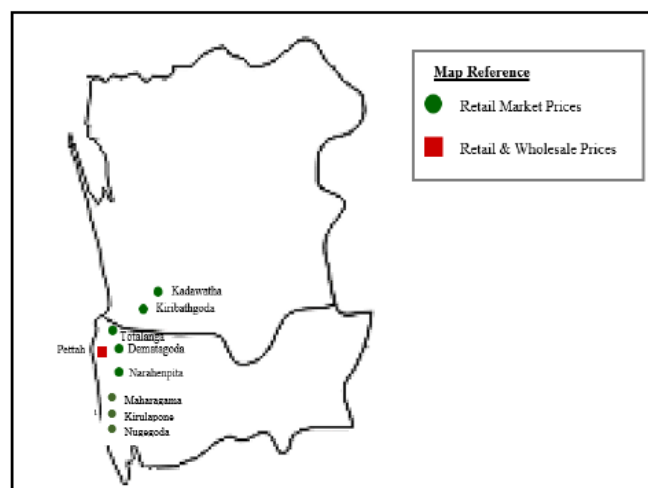
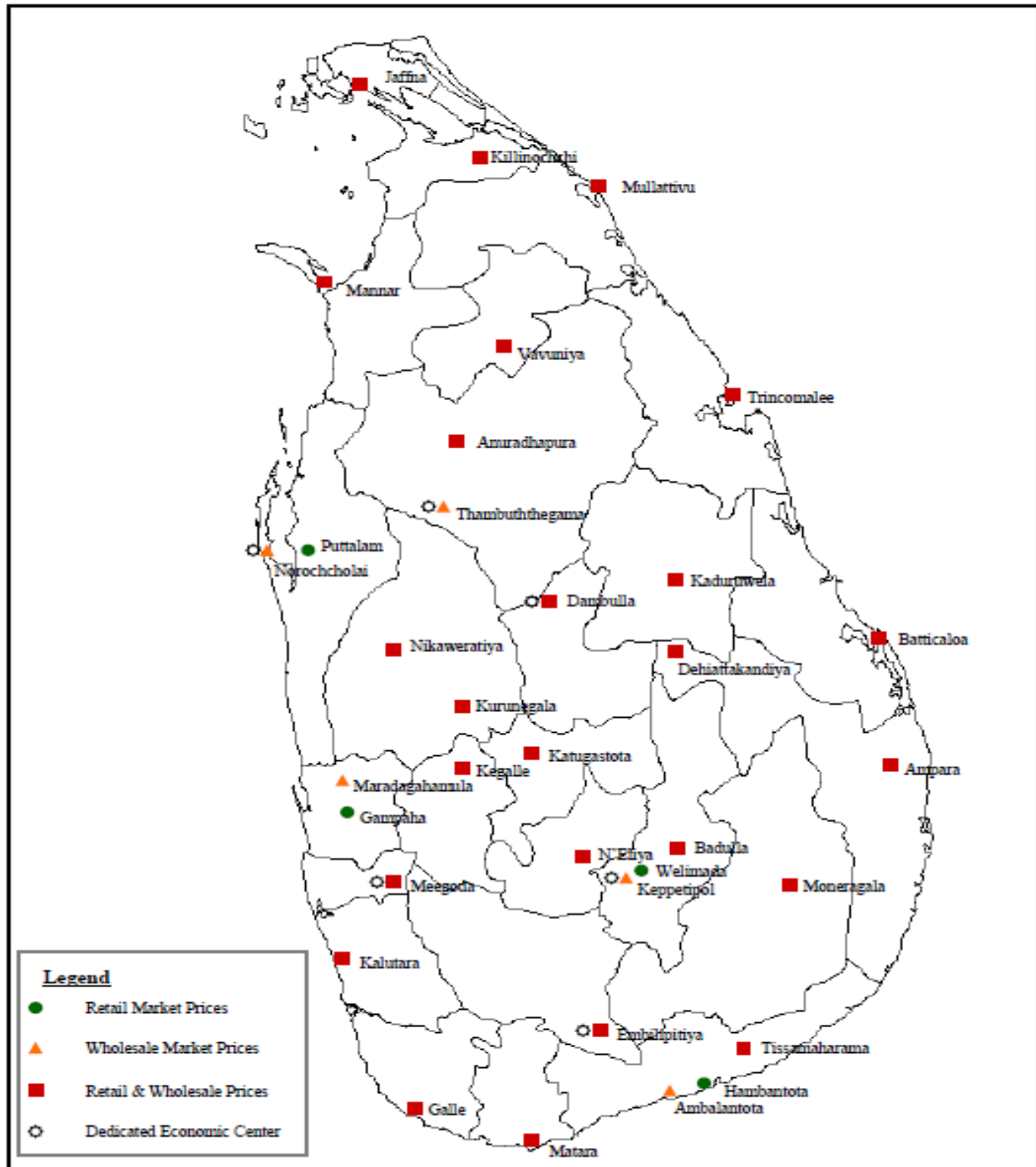
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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**දෛනික චළච්ඡි තොග මිල,
ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ
හා පුහුණුවිරමේ ආයතනය අනුග්‍රහයෙන්

මොබිටෙල්

ජංගම

මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

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මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන්
චළච්ඡි තොග මිල දැක්වේ.

විකාශයාට රු.2/-