

RETAIL MARKET AT A GLANCE

Summary

Rice/ Paddy

Prices of all the local rice varieties except for samba have decreased with the highest price decrease observed for raw white and raw red. Farmgate prices of major paddy varieties have not changed significantly. However, price of short grain paddy has decreased in Nikaweratiya and Dehiattakandiya areas.

(Page No.01-02)

Other Field Crops

Prices of both vedalan and imported red onion have decreased. As well price of imported big onion has also decreased by Rs.8.00/kg.

Prices of imported and Nuwara Eliya potatoes have increased.

(Page No.02-04)

Vegetables

Prices of most of the upcountry and low country vegetables have decreased with the high supplies from main producing areas. Among the up-country vegetables, the highest price decrease was observed for leeks and considering the low country vegetables, the highest price decrease was recorded for drumstick.

(Page No.04-05)

Coconut

Prices of both large and small nuts have decreased. Price ranged Rs.180.00-195.00 for large nuts and Rs.150.00-180.00 for small nuts.

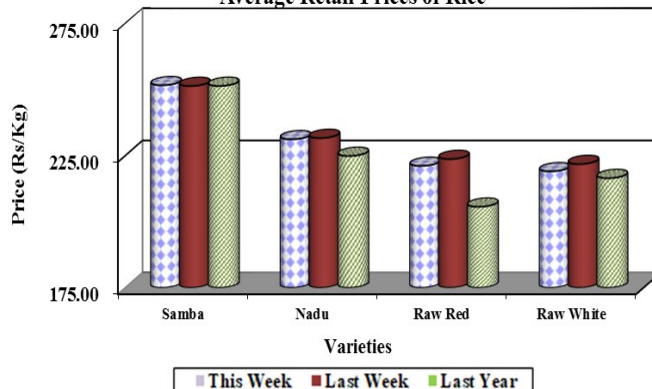
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Eggs

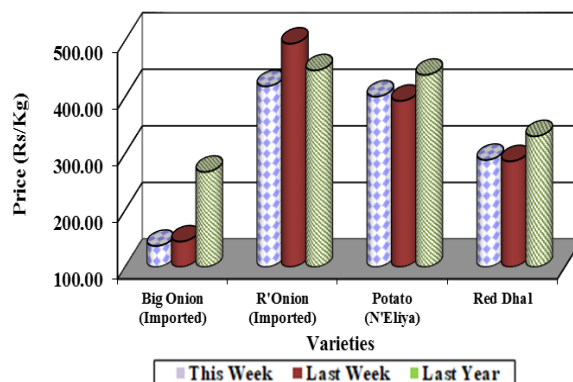
Prices of brown and white eggs have decreased slightly by less than Rs.1.00/egg.

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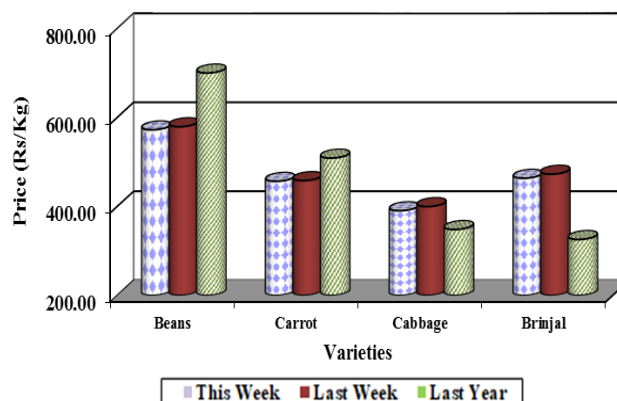
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

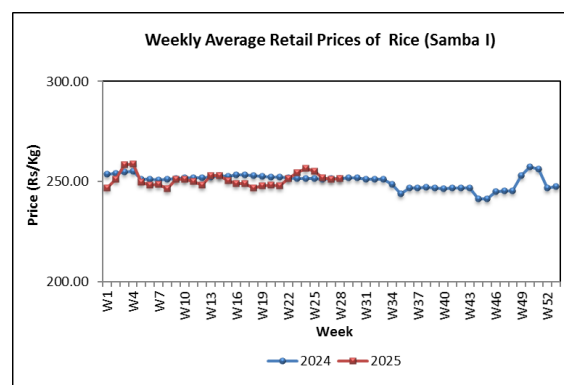
Price of raw red and raw white have decreased by 4% and price ranged Rs.190.00-205.00/kg. Price of all other local rice varieties have not changed significantly and price ranged for keeri samba was Rs.260.00-300.00/kg.

Imported ponni samba has increased by 4% due unavailability of sufficient stocks and price ranged Rs.240.00-250.00. Imported raw white was also available at the market and price ranged Rs.205.00-210.00.

Compared to same period of last year, few of the rice varieties have seen price increase, with the highest price of 2% for nadu . Price of imported ponni samba have decreased by 13%.

Retail

The retail prices of all types of rice varieties expect for, local samba and imported samba have decreased. Among those a highest price decreased of Rs.3.00/kg were observed for local raw white and local raw red. The highest price increased of Rs. 8.00/kg was observed for imported samba.



Compared to the same period of last year, the highest price increase of 8% was recorded for local raw red and the highest price decreased of 19% was recorded for keeri samba.

Paddy

Despite harvesting activities during the 2025 Yala season, average farmgate prices for major paddy varieties have not appreciably changed across major paddy-producing areas. However, price of short grain paddy has decreased by Rs.8.00/kg in Nikaveratiya and Rs.3.00/kg in Dehiattakandiya, ranged Rs.118.00-131.00/kg. Likewise, Keeri Samba paddy was reported to sell in the range of Rs.130.00-138.00/kg. Furthermore, the price range for long grain white paddy has varied at Rs.95.00-122.00/kg with the lowest prices reported in the Ampara area, as well price has decreased by Rs.9.00/kg in Kurunegala district. Conversely, the average price of long grain red paddy has experienced a modest increase by

Rs.8.00/kg in Matara and Rs.4.00/kg in Embilipitiya with the price range of Rs.115.00-120.00/kg.

Compared to the same period of last year, the average prices of major paddy varieties have not changed significantly.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased by 13% due to availability of sufficient stocks at the market and price ranged Rs.550.00-600.00/kg.

Compared to same period of last year, current wholesale price of imported dried chilies has decreased by 24%.

Retail

Price of imported dried chilies has decreased by Rs.44.00/kg and price ranged Rs.650.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 23 %.

Onion

Wholesale

Price of vedalan red onion has not changed significantly and price ranged Rs.400.00-

440.00/kg. Price of imported red onion has decreased slightly by about Rs.2.00/kg at price ranged Rs.320.00-330.00/kg. Price of imported big onion has decreased by 4% and price ranged Rs.55.00-105.00/kg. (Rs.55.00-100.00/kg for low quality Pakistan variety and Rs.90.00-105.00 for Indian variety)

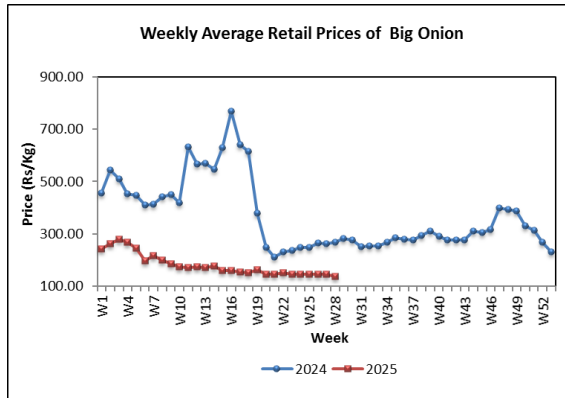
Compared to same period of last year current wholesale price of vedalan red onion has increased by 10% while prices of imported red onion and imported big onion have decreased by 4% and 58% respectively.

Retail

Prices of both vedalan red onion and imported red onion have decreased by Rs.33.00/kg, Rs.75.00/kg, respectively and price ranged Rs.480.00-750.00/kg for vedalan and Rs.350.00- 480.00/kg for imported red onion. Further, prices of imported big onion has also decreased by about Rs.8.00/kg due to availability of low quality Pakistan big onion stocks and high imports price ranged Rs.120.00-160.00/kg.

Compared to the same period of last year, the current retail price of vedalan red onion has increased by 15% while the prices of imported red onion and imported big onion

have decreased by 6% and 49% respectively.



Potato

Wholesale

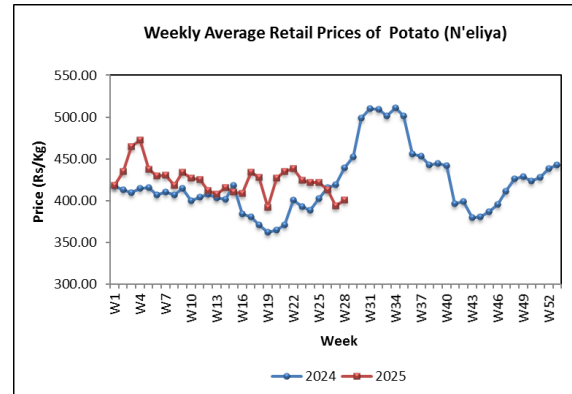
Price of Nuwara Eliya potato has increased by 18% due limited supply from Nuwara Eliya and price ranged Rs.300.00-360.00/kg. Price of imported potato has also increased by 2% and price ranged Rs.160.00-180.00/kg.

Compared to same period of last year, current wholesale prices of both Nuwara Eliya and imported potatoes have decreased by 1% and 37% respectively.

Retail

In line with the wholesale prices, retail prices of imported and Nuwara Eliya potatoes have increased by Rs.5.00/kg and Rs.8.00/kg respectively and price ranged Rs.180.00-240.00/kg for imported potato

and Rs.360.00-450.00/kg for Nuwara Eliya potato.



Compared to the same period of last year, the retail prices of imported and Nuwara Eliya potatoes have decreased by 19% and 9% respectively.

Pulses

Wholesale

Prices of both white cowpea and red cowpea have increased by 4% and price ranged Rs.800.00-850.00 and Rs.850.00-930.00/kg respectively. price of green gram has decreased by 3% and price ranged Rs.650.00-800.00. Price of red dhal has not changed significantly and price ranged Rs.240.00-250.00/kg.

Compared to same period of last year current wholesale price of green gram and red dhal have decreased by 11% and 14% while prices of white cowpea and red cowpea have increased by 1% and 19% respectively.

Retail

Price of green gram has decreased by Rs.28.00/kg and price ranged Rs.800.00- 1100.00/kg. Prices of white cowpea, red cowpea and red dhal have increased by Rs.14.00/kg, Rs.20.00/kg and Rs.2.00/kg respectively and price ranged Rs.880.00-1100.00/kg, Rs.900.00-1200.00/kg, and Rs.270.00-320.00/kg respectively.

Compared to the same period of last year, the current retail prices of all pulses except for red cowpea have decreased with the highest price decreased of 31% was recorded for green gram.

Vegetable

Wholesale

Prices of most the up country and low country vegetables have decreased further with increased supply from major producing areas.

Prices of most of the up-country vegetable except carrot, knolkhol and raddish have decreased with increased supply from main producing areas. Accordingly, the highest price decrease was reported for leeks (23%), with increased supply from Nuwara Eliya, Kandy and Ragala. Further, the prices of beet root (19%) and cabbage (9%) have also decrease with increased supply

from Puttalam and Kandy. Due to increased supply from Hanguranketha and Marassana areas, the prices of beans and tomato have also declined by 6% and 4% respectively. However, the prices of carrot (7%), knolkhol(31%) and raddish(24%), have increased, due to decreased supply from Nuwara Eliya area.

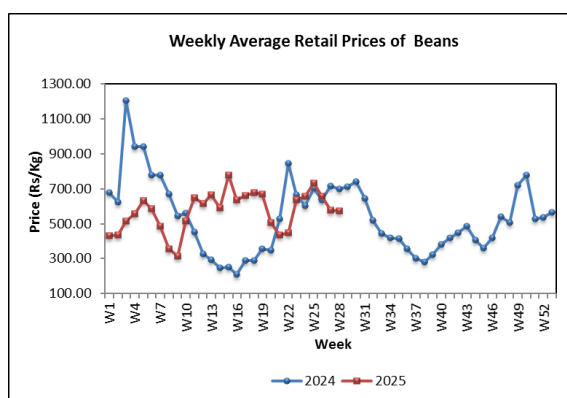
Considering the low-country vegetables, the prices of most of the vegetable varieties experienced price decrease with availability of ample stocks from Jaffna, Puttalam, Kandy, Hambanthota and Dambulla areas. Particularly, the highest price decrease reported for bitter gourd as 33%, followed by drumstick as 21%. Prices of brinjals and cucumber have also decreased in the range of 11%-16%. However, the prices of luffa have increased by 13%, due to decreased supply from main producing areas. In addition, the price of capsicum has also increased by 19%, with decreased supply from Thalawakele and Ragala areas. However, over the weekend, prices of capsicum showed a declining trend with the arrival of stocks from Wellawaya. Therefore, capsicum prices are expected to decrease in the coming week.

Compared to the previous year, the prices of most of the vegetables have decreased, with the highest price decrease of 69%

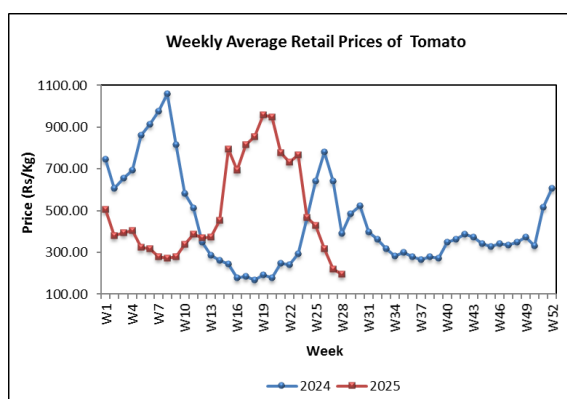
reported for beetroot. However, the price of brinjals has increased by 90%.

Retail

Prices of most of the vegetables have decreased, along with the wholesale prices. Considering up-country vegetables, the highest price decrease was reported for leeks as Rs. 36.00/kg, followed by Rs.25.00/kg for beetroot.



Considering the low-country vegetable varieties, the highest price decrease was reported for drumsticks at Rs.162.00/kg, followed by Rs.113.00/kg for bitter gourd. However, the capsicum price has increased by Rs. 101.00/kg.



Compared to the same period last year, prices of most of the vegetable varieties have decreased, with a notable (63%) price drop reported for lime.

Coconut

Wholesale

Prices of both large and small nuts have decreased further by 5% and 6% respectively, with increased supply from main producing areas. Price ranged Rs.150.00-160.00 for a large nut and Rs.130.00-140.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 48% and 57% respectively.

Retail

Prices of both large and small nuts have decreased by around Rs.8.00/nut. Price ranged Rs.180.00-195.00 for a large nut and Rs.150.00-180.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 57% and 73%, respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to increased supply. The

highest price decrease of 19% was reported for vilad mango.

Price of imported grape has decreased by 14% due to availability of ample stocks arrived from China. Prices of local orange and passion fruit have decreased by 13% and 9%, respectively, due to abundant stocks.

However, price of papaw has increased by 59% due to reduced supply from Anuradhapura and Vavuniya. Further, prices of all the types of banana varieties have shown slight price increase with the highest price increase recorded for ambul (5%).

Compared to the same period of last year, prices of most of the fruit varieties have increased with the highest price increase of 227% reported for karthakolomban mango.

Retail

Prices of most of fruit varieties have decreased. The highest price decrease of Rs.104.00/kg was reported for imported grapes. Prices of slime apple and orange(local) have decreased by Rs.38.00/fruit and Rs.35.00/fruit respectively. Prices of all the sizes of pineapple have decreased in the range of Rs.21.00-30.00/kg. However, price of papaw has increased by Rs.26.00/kg. Price

of all type of bananas have increased in the range of Rs.2.00-26.00/kg.

Compared to the same period of last year, current prices of most of the fruits have decreased and the highest price decreases was reported for kolikuttu banana as 39%.

Fresh Fish

Wholesale

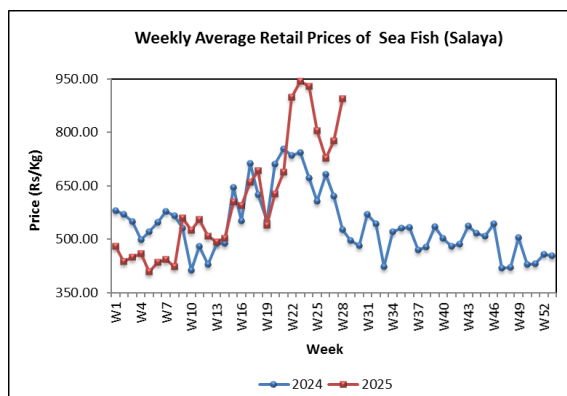
Prices of all the fresh fish varieties except hurulla and thora have increased due to decreased supply. The prices increase of 22% and 13% were noted for thalapath and saalaya respectively due to low supply from valachchenai, Thrincomalee and Northern areas. Meanwhile, the highest price decrease was recorded for thora by 30%.

Compared the same period of last year the highest price increase was recorded for salaya by 127% and the highest price decrease was recorded for thora by 24%.

Retail

Prices of all the fish varieties except hurulla and thora have increased and the highest price increase was recorded for kelawalla by Rs.337.00/kg. The second highest price increase was recorded for paraw by Rs.148.00/kg. However, highest

price decrease was recorded for thora by Rs.272.00/kg.



Retail prices of all types of fish have increased compared to the same period last year, with the highest price increase was recorded for salaya by 71%.

Dried Fish

Wholesale

Prices of all the dried fish varieties except anguluwa(imported) and balaya have decreased and the highest price decrease was recorded for balaya by 13%. The second highest price decrease was recorded for sprats by 12%.

Compared the same period of last year prices of most of the dried fish varieties have increased.

Retail

Prices of all the dry fish varieties except mora and anguluwa have decreased and the highest price decrease was recorded for

local sprats by Rs.101.00/kg. Price decrease of kattawa and maduwa have recorded as Rs.11.00/kg and Rs.62.00/kg. Prices of mora and anguluwa have increased by Rs.30.00/kg and Rs.29.00/kg respectively.

Compared to the same period of last year, prices of all the dry fish varieties expect for local sprats have increased and the highest price increase was recorded for balaya by 47%.

Eggs

Wholesale

Prices of brown and white eggs have decreased by about 4% and 3% respectively and the prices ranged Rs.31.00-32.00 and Rs.29.00- Rs.31.00 respectively.

Compared to the same period of the last year prices of both brown and white eggs have decreased by 41%.

Retail

Prices of both brown and white eggs have decreased slightly by less than Rs.1.00/egg. Price ranged Rs.31.00-34.00 for white eggs and Rs.32.00- 36.00 for brown eggs. The average price of the white and brown egg types has recorded as Rs.33.00 and Rs.35.00 respectively.

Compared to the same period of last year, the prices of both brown and white eggs have decreased by 37% and 38% respectively.

prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Meat

Retail

Prices of most of meat varieties have not changed significantly. The highest price increase was recorded for mutton by Rs.66.00/kg. Price of pork has decreased slightly by Rs.3.00/kg.

Compared to the same period of last year, prices of all meat types have increased and the highest price increase was recorded for pork by 80%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 28: 11 - 17 Jul 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	11750	12000	11500	11600	13000	15000	10750	11000	10500	10600	9500	10250	9500	10250
	Divulapitiya	11950	12250	11500	11700	13000	13600	11000	11250	10300	10550	9500	10150	9500	10400
	Kurunegala	11750	11800			13700	13750	11100	11250	10400	10500			10250	10350
	Nikaweratiya	11750	11900			12900	15000	11350	11400	10900	11100			10000	10650
	Badulla					13750	14750	11400	11500			9500	9750	9150	10000
	Puttalam														
	Dambulla	13200	13250	11750	11850			11350	11400	11000	11100	10650	10700	10500	10600
	Anuradhapura	11750	11850			14000	14750	11250	11400			10500	10750	10250	10500
	Tambuttegama	12000	12100			13000	13000	11250	11400			10750	10900	10600	10900
	Polonnaruwa	12350	12350			13350	15350	11400	11400	11200	11250	10900	10900	10850	10900
	Kalutara	12000	12750			13500	14750	11200	11250			9250	10500	9500	10750
	Ampara	12000	12000			13000	13000	11000	11500			9400	9750	9250	9900
	Kandy	12000	12500	11750	11800	13750	14500	11200	11300	10750	10900	10250	10500	10250	10500
	Moneragala					14750	15000	11200	11350			9250	9750	9500	10000
	Kegalle														
	Dehiattakandiya	11850	13250			14750	14750	11000	11250			10850	10850	10250	10900
	Hambantota														
	Matara	12000	12250	11750	11800	13500	14200	11400	11500	11000	11000	9250	9500	10000	10250
	Galle	12000	12000			14000	15500	11250	11400			9500	10850	9750	10900
	Meegoda	11800	12000			13000	14250			10300	10500	9500	10000	9750	10250
	Tissamaharama	11900	11950			12900	12950	11000	11100			9200	9300	10200	10250
	Embilipitiya	11850	11900					10750	10850			9050	9150	9100	9250
	Jaffna	11750	12000					11350	11400			10200	10250	10400	10550
	Vavuniya	11750	11900	11500	11500	13500	13750	11250	11500			10700	10800	10600	10750
	Mannar	12000	12250			13000	13250	11000	11250			10750	10750		
	Killinochchi														
	Mullattivu	12000	12250			13600	13900	11500	11750			10800	10900		
	Batticaloa			11500	11600	13000	13750	10750	11000			9500	10000	9500	10100
	Trincomalee	11750	11750	11500	11700			11000	11250			10500	10750	10500	10750
	Galenbindunuwew	11850	11900			13800	13800	11300	11350	11175	11200	10750	10800	10500	10600
Matale	11900	12250			12900	14500	11000	11250	10300	10500	9500	10000	9250	10000	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 28: 11 - 17 Jul 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	240.00 –	260.00	–		270.00 –	300.00	230.00 –	240.00	–		200.00 –	240.00	200.00 –	230.00
	Gampaha	–		239.00 –	240.00	290.00 –	300.00	230.00 –	230.00	227.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	–		240.00 –	240.00	280.00 –	290.00	230.00 –	230.00	228.00 –	230.00	220.00 –	220.00	219.00 –	220.00
	Nikaweratiya	–		240.00 –	240.00	260.00 –	310.00	230.00 –	235.00	220.00 –	225.00	–		210.00 –	220.00
	Dambulla	265.00 –	275.00	240.00 –	245.00	260.00 –	300.00	228.00 –	230.00	224.00 –	226.00	216.00 –	220.00	215.00 –	218.00
	Anuradhapura	265.00 –	270.00	240.00 –	240.00	290.00 –	310.00	230.00 –	230.00	–		215.00 –	220.00	210.00 –	215.00
	Thambuththegama	265.00 –	270.00	240.00 –	245.00	270.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	218.00 –	220.00
	Polonnaruwa	250.00 –	260.00	–		270.00 –	310.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	250.00 –	270.00	–		290.00 –	300.00	230.00 –	230.00	–		200.00 –	218.00	200.00 –	220.00
	Badulla	–		–		290.00 –	300.00	–		230.00 –	230.00	195.00 –	205.00	195.00 –	210.00
	Keppetipola	255.00 –	260.00	–		290.00 –	300.00	–		225.00 –	230.00	190.00 –	195.00	205.00 –	210.00
	Moneragala	–		–		300.00 –	310.00	230.00 –	240.00	–		190.00 –	205.00	195.00 –	210.00
	Kegalle	270.00 –	280.00	240.00 –	240.00	300.00 –	310.00	230.00 –	230.00	220.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	203.00 –	220.00	195.00 –	220.00
	Dehiattakandiya	270.00 –	270.00	240.00 –	240.00	260.00 –	300.00	230.00 –	230.00	225.00 –	225.00	220.00 –	220.00	210.00 –	220.00
	Nuwaraeliya	250.00 –	260.00	–		290.00 –	300.00	–		220.00 –	230.00	198.00 –	205.00	208.00 –	210.00
	Kandy	260.00 –	265.00	245.00 –	250.00	290.00 –	310.00	228.00 –	230.00	225.00 –	226.00	220.00 –	225.00	220.00 –	225.00
	Puttalam	260.00 –	270.00	250.00 –	250.00	260.00 –	320.00	–		220.00 –	225.00	218.00 –	220.00	218.00 –	220.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	260.00 –	270.00	–		300.00 –	320.00	232.00 –	240.00	220.00 –	225.00	200.00 –	210.00	210.00 –	215.00
	Matara	250.00 –	260.00	240.00 –	245.00	290.00 –	310.00	230.00 –	240.00	220.00 –	230.00	190.00 –	205.00	208.00 –	215.00
	Galle	280.00 –	280.00	240.00 –	240.00	300.00 –	320.00	–		230.00 –	230.00	210.00 –	220.00	210.00 –	220.00
	Tissamaharama	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	225.00 –	226.00	188.00 –	190.00	207.00 –	210.00
	Meegoda (DEC)	–		240.00 –	240.00	260.00 –	290.00	–		220.00 –	225.00	200.00 –	210.00	210.00 –	220.00
	Embilipitiya	–		240.00 –	244.00	260.00 –	300.00	228.00 –	230.00	225.00 –	226.00	188.00 –	195.00	200.00 –	210.00
	Jaffna	–		240.00 –	245.00	260.00 –	265.00	240.00 –	245.00	–		240.00 –	248.00	220.00 –	225.00
	Vavuniya	–		245.00 –	250.00	280.00 –	285.00	230.00 –	240.00	–		220.00 –	225.00	220.00 –	230.00
	Mannar	248.00 –	250.00	–		275.00 –	280.00	230.00 –	235.00	–		218.00 –	225.00	–	
	Killinochchi	–		–		–		–		–		–		–	
	Mullaittivu	–		244.00 –	250.00	276.00 –	280.00	234.00 –	237.00	–		220.00 –	224.00	–	
	Batticaloa	–		240.00 –	242.00	278.00 –	280.00	–		220.00 –	222.00	200.00 –	208.00	200.00 –	206.00
	Trincomalee	–		240.00 –	245.00	260.00 –	265.00	230.00 –	235.00	–		220.00 –	225.00	220.00 –	225.00
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	270.00 –	270.00	240.00 –	240.00	260.00 –	290.00	230.00 –	235.00	228.00 –	230.00	220.00 –	220.00	218.00 –	220.00	
Galenbindunuwewa	–		240.00 –	240.00	280.00 –	280.00	230.00 –	230.00	226.00 –	226.00	220.00 –	220.00	215.00 –	220.00	
Bandarawela	255.00 –	260.00	240.00 –	245.00	280.00 –	300.00	230.00 –	235.00	–		195.00 –	210.00	195.00 –	210.00	
Matale	255.00 –	260.00	240.00 –	245.00	260.00 –	300.00	–		225.00 –	226.00	205.00 –	210.00	205.00 –	210.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 28: 11 - 17 Jul 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	27500 - 30000	16000 - 16500	20000 - 22000	2750 - 5250	8000 - 9000	-	15000 - 18000	32500 - 40000	40000 - 42500	12000 - 12500
Kurunegala	32000 - 33500	18000 - 18500	19250 - 19250	4250 - 5250	8000 - 9250	-	15000 - 15500	39000 - 39500	38000 - 39000	12250 - 12800
Nikaweratiya	29250 - 36500	17500 - 18000	-	5000 - 6000	8000 - 9000	-	-	32500 - 39000	37500 - 39000	12350 - 13500
Dehiattakandiya	32500 - 33500	21000 - 23000	-	5000 - 6500	8000 - 9000	-	18000 - 18000	32500 - 32500	-	12250 - 13250
Dambulla (DEC)	27500 - 30000	15000 - 16000	16500 - 18000	3250 - 4750	7500 - 8500	-	14500 - 15000	30000 - 31500	32750 - 33000	12250 - 12500
Anuradhapura	32500 - 36000	18000 - 21000	-	5000 - 5750	8250 - 9250	-	15000 - 17000	35000 - 40000	35000 - 38000	12500 - 13000
Thambuththegama	30500 - 32500	-	-	3500 - 5250	8500 - 9250	-	-	32500 - 32500	-	12900 - 13000
Polonnaruwa	33000 - 35500	21250 - 22250	23250 - 24250	5750 - 6250	8750 - 9250	-	19250 - 20250	33000 - 34500	37500 - 39500	13000 - 13500
Kaluthara	35000 - 38000	18500 - 20000	-	5500 - 5900	8500 - 9000	-	-	34000 - 37500	39500 - 41750	12500 - 13250
Puttalam	-	-	-	-	-	-	-	-	-	-
Kandy	32500 - 34000	17500 - 18500	-	3500 - 5500	8250 - 9000	-	16500 - 17000	37500 - 42500	40000 - 42500	12500 - 12750
Matara	35000 - 37500	19000 - 20000	-	3500 - 5500	9000 - 9500	-	17500 - 18000	37500 - 39000	39000 - 40000	13000 - 13500
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	34000 - 36000	17450 - 17600	-	5250 - 5500	8750 - 8850	-	15250 - 15500	38000 - 40000	36500 - 38000	13000 - 13500
Galle	35000 - 37500	22000 - 25000	-	5500 - 6000	7500 - 8250	-	15000 - 17000	36500 - 40000	36500 - 40000	13000 - 13500
Tissamaharama	29000 - 30000	15000 - 17500	-	5000 - 5750	8000 - 8750	-	15000 - 16500	32500 - 35000	35000 - 36500	12250 - 12400
Meegoda (DEC)	31000 - 32500	16000 - 16500	17000 - 17500	3000 - 5000	8000 - 8750	-	16500 - 17000	34000 - 36500	45000 - 47500	12000 - 12300
Jaffna	35000 - 37500	-	-	6200 - 6300	8100 - 8200	-	-	36500 - 36800	-	12000 - 12300
Vavuniya	37000 - 39000	19000 - 20000	22500 - 24000	6000 - 6500	9000 - 9500	-	-	37000 - 38000	-	13250 - 13750
Mannar	30000 - 32500	-	-	6000 - 6500	-	-	-	35000 - 36000	-	12000 - 12500
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	32500 - 34000	-	-	4500 - 5500	8500 - 9500	-	-	-	-	13750 - 13800
Batticaloa	30000 - 32500	-	20000 - 22000	3500 - 4000	8000 - 9000	-	17500 - 19000	36000 - 39500	36000 - 40000	12500 - 12750
Trincomalee	30000 - 31000	-	-	5000 - 5250	7500 - 8000	-	-	32500 - 34000	-	13500 - 13700
Galenbindunuwewa	34000 - 34500	22000 - 22500	-	6000 - 6250	9000 - 9500	-	-	36500 - 37000	34000 - 34500	13000 - 13500
Matale	29000 - 30000	16500 - 17500	-	4750 - 5250	8000 - 9000	-	-	37000 - 40000	40000 - 43000	12000 - 12500

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 28: 11 - 17 Jul 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	350.00 – 480.00	480.00 – 750.00	120.00 – 160.00	180.00 – 240.00	-	360.00 – 450.00	800.00 – 1100.00	880.00 – 1100.00	270.00 – 320.00
Gampaha	720.00 – 900.00	-	480.00 – 520.00	140.00 – 160.00	200.00 – 260.00	-	420.00 – 440.00	730.00 – 1000.00	900.00 – 1000.00	260.00 – 320.00
Kurunegala	750.00 – 800.00	400.00 – 440.00	480.00 – 480.00	120.00 – 150.00	200.00 – 250.00	-	350.00 – 360.00	800.00 – 1000.00	860.00 – 960.00	275.00 – 300.00
Nikaweratiya	650.00 – 800.00	370.00 – 440.00	-	130.00 – 170.00	180.00 – 220.00	-	-	720.00 – 850.00	750.00 – 800.00	265.00 – 300.00
Dambulla	800.00 – 850.00	460.00 – 480.00	-	120.00 – 130.00	180.00 – 200.00	-	440.00 – 460.00	750.00 – 800.00	850.00 – 900.00	270.00 – 280.00
Anuradhapura	750.00 – 800.00	400.00 – 480.00	-	120.00 – 150.00	200.00 – 220.00	-	380.00 – 400.00	760.00 – 880.00	750.00 – 800.00	270.00 – 300.00
Thambuththegama	750.00 – 830.00	400.00 – 450.00	-	140.00 – 160.00	210.00 – 250.00	-	-	820.00 – 850.00	650.00 – 680.00	268.00 – 275.00
Polonnaruwa	750.00 – 800.00	440.00 – 460.00	480.00 – 500.00	130.00 – 150.00	190.00 – 220.00	-	400.00 – 420.00	750.00 – 780.00	840.00 – 880.00	280.00 – 300.00
Kaluthara	750.00 – 800.00	440.00 – 500.00	-	140.00 – 160.00	200.00 – 240.00	-	380.00 – 400.00	700.00 – 800.00	800.00 – 900.00	260.00 – 275.00
Badulla	700.00 – 800.00	450.00 – 480.00	-	120.00 – 140.00	200.00 – 220.00	380.00 – 400.00	-	700.00 – 800.00	800.00 – 800.00	275.00 – 280.00
Keppetipola	700.00 – 720.00	400.00 – 450.00	480.00 – 500.00	110.00 – 130.00	180.00 – 200.00	350.00 – 360.00	-	750.00 – 800.00	750.00 – 800.00	280.00 – 300.00
Moneragala	780.00 – 800.00	400.00 – 480.00	-	140.00 – 160.00	220.00 – 240.00	-	360.00 – 400.00	760.00 – 840.00	650.00 – 700.00	270.00 – 300.00
Kegalle	740.00 – 800.00	400.00 – 440.00	-	140.00 – 160.00	230.00 – 240.00	-	350.00 – 360.00	750.00 – 920.00	800.00 – 900.00	270.00 – 310.00
Ampara	670.00 – 860.00	400.00 – 440.00	-	120.00 – 130.00	195.00 – 220.00	-	360.00 – 380.00	700.00 – 770.00	680.00 – 950.00	260.00 – 270.00
Dehiattakandiya	680.00 – 700.00	440.00 – 500.00	-	120.00 – 150.00	180.00 – 200.00	-	380.00 – 380.00	675.00 – 700.00	-	260.00 – 280.00
Nuwaraeliya	700.00 – 750.00	380.00 – 400.00	480.00 – 500.00	120.00 – 130.00	220.00 – 240.00	-	350.00 – 360.00	860.00 – 900.00	900.00 – 940.00	265.00 – 275.00
Kandy	740.00 – 800.00	500.00 – 520.00	-	130.00 – 140.00	190.00 – 220.00	-	380.00 – 400.00	800.00 – 950.00	840.00 – 900.00	260.00 – 300.00
Puttalam	700.00 – 760.00	400.00 – 440.00	450.00 – 540.00	150.00 – 160.00	220.00 – 240.00	-	400.00 – 480.00	700.00 – 900.00	700.00 – 1000.00	280.00 – 290.00
Rathnapura	780.00 – 900.00	400.00 – 450.00	-	140.00 – 160.00	200.00 – 230.00	-	380.00 – 400.00	740.00 – 800.00	840.00 – 890.00	270.00 – 300.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	750.00 – 800.00	400.00 – 450.00	460.00 – 540.00	120.00 – 140.00	200.00 – 230.00	-	360.00 – 380.00	800.00 – 900.00	800.00 – 1000.00	275.00 – 300.00
Galle	780.00 – 850.00	480.00 – 560.00	580.00 – 600.00	120.00 – 140.00	200.00 – 220.00	-	360.00 – 400.00	800.00 – 900.00	800.00 – 900.00	280.00 – 320.00
Tissamaharama	650.00 – 700.00	420.00 – 460.00	-	125.00 – 135.00	200.00 – 220.00	-	360.00 – 380.00	730.00 – 740.00	775.00 – 790.00	260.00 – 280.00
Meegoda (DEC)	660.00 – 700.00	480.00 – 480.00	480.00 – 520.00	120.00 – 130.00	200.00 – 220.00	-	360.00 – 400.00	720.00 – 960.00	950.00 – 1000.00	260.00 – 290.00
Embilipitiya	730.00 – 800.00	440.00 – 480.00	-	130.00 – 140.00	200.00 – 230.00	-	360.00 – 400.00	800.00 – 870.00	960.00 – 980.00	260.00 – 310.00
Jaffna	820.00 – 860.00	350.00 – 360.00	-	140.00 – 150.00	180.00 – 190.00	-	-	750.00 – 760.00	-	260.00 – 280.00
Vavuniya	920.00 – 950.00	450.00 – 500.00	550.00 – 600.00	140.00 – 160.00	200.00 – 220.00	-	-	840.00 – 860.00	-	280.00 – 290.00
Mannar	700.00 – 750.00	-	-	140.00 – 150.00	180.00 – 200.00	-	-	680.00 – 750.00	-	280.00 – 300.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	680.00 – 720.00	420.00 – 460.00	-	-	180.00 – 220.00	-	-	-	-	280.00 – 285.00
Batticaloa	700.00 – 725.00	450.00 – 450.00	480.00 – 500.00	150.00 – 150.00	200.00 – 200.00	-	400.00 – 420.00	850.00 – 900.00	815.00 – 850.00	260.00 – 290.00
Trincomalee	700.00 – 720.00	-	-	150.00 – 160.00	200.00 – 220.00	-	-	750.00 – 780.00	-	280.00 – 285.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	700.00 – 800.00	400.00 – 480.00	-	120.00 – 160.00	180.00 – 240.00	-	360.00 – 400.00	800.00 – 920.00	800.00 – 920.00	270.00 – 300.00
Galenbindunuwewa	700.00 – 800.00	460.00 – 480.00	-	130.00 – 140.00	200.00 – 220.00	-	-	750.00 – 800.00	700.00 – 750.00	270.00 – 280.00
Bandarawela	750.00 – 850.00	420.00 – 480.00	500.00 – 600.00	120.00 – 140.00	180.00 – 220.00	340.00 – 360.00	-	800.00 – 900.00	800.00 – 900.00	270.00 – 300.00
Matale	650.00 – 700.00	360.00 – 480.00	-	120.00 – 140.00	180.00 – 240.00	-	-	900.00 – 1000.00	700.00 – 840.00	260.00 – 270.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 28: 11 - 17 Jul 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	350.00 - 450.00	250.00 - 350.00	100.00 - 180.00	80.00 - 150.00	80.00 - 120.00
Meegoda (DEC)	-	400.00 - 480.00	320.00 - 370.00	170.00 - 200.00	120.00 - 140.00	120.00 - 160.00
Dambulla (DEC)	-	350.00 - 380.00	250.00 - 300.00	150.00 - 200.00	80.00 - 130.00	80.00 - 100.00
Keppetipola (DEC)	-	420.00 - 450.00	200.00 - 250.00	110.00 - 120.00	130.00 - 150.00	50.00 - 80.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	-	430.00 - 460.00	290.00 - 300.00	160.00 - 170.00	140.00 - 150.00	60.00 - 70.00
Kandy	-	300.00 - 350.00	280.00 - 320.00	150.00 - 160.00	100.00 - 110.00	60.00 - 70.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	400.00 - 450.00	330.00 - 380.00	180.00 - 220.00	120.00 - 160.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	380.00 - 430.00	250.00 - 300.00	150.00 - 160.00	150.00 - 160.00	80.00 - 100.00
Veyangoda	-	400.00 - 450.00	280.00 - 340.00	160.00 - 200.00	100.00 - 130.00	100.00 - 160.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	160.00 - 220.00	60.00 - 80.00	50.00 - 80.00	200.00 - 400.00	380.00 - 550.00
Meegoda (DEC)	90.00 - 120.00	250.00 - 300.00	60.00 - 90.00	70.00 - 100.00	330.00 - 380.00	480.00 - 520.00
Moneragala	-	200.00 - 250.00	80.00 - 90.00	70.00 - 80.00	280.00 - 350.00	550.00 - 650.00
Dambulla (DEC)	40.00 - 60.00	150.00 - 180.00	40.00 - 50.00	50.00 - 70.00	180.00 - 230.00	450.00 - 500.00
Keppetipola (DEC)	70.00 - 80.00	150.00 - 180.00	30.00 - 40.00	70.00 - 80.00	250.00 - 300.00	400.00 - 450.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	60.00 - 80.00	250.00 - 260.00	30.00 - 50.00	80.00 - 100.00	280.00 - 320.00	440.00 - 480.00
Kandy	80.00 - 90.00	200.00 - 230.00	60.00 - 70.00	70.00 - 80.00	280.00 - 320.00	500.00 - 550.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	70.00 - 80.00	250.00 - 320.00	60.00 - 75.00	45.00 - 60.00	220.00 - 300.00	400.00 - 450.00
Tissamaharama	100.00 - 130.00	270.00 - 300.00	60.00 - 80.00	80.00 - 120.00	320.00 - 350.00	550.00 - 600.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	180.00 - 200.00	40.00 - 60.00	-	280.00 - 320.00	500.00 - 550.00
Veyangoda	80.00 - 130.00	200.00 - 260.00	60.00 - 90.00	70.00 - 100.00	280.00 - 350.00	400.00 - 520.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 120.00	30.00 - 60.00	200.00 - 250.00	120.00 - 160.00	200.00 - 500.00	80.00 - 120.00
Meegoda (DEC)	100.00 - 120.00	70.00 - 100.00	200.00 - 240.00	180.00 - 200.00	250.00 - 300.00	140.00 - 180.00
Moneragala	140.00 - 160.00	80.00 - 100.00	300.00 - 350.00	130.00 - 200.00	250.00 - 260.00	130.00 - 160.00
Dambulla (DEC)	50.00 - 70.00	30.00 - 45.00	160.00 - 200.00	80.00 - 110.00	200.00 - 260.00	80.00 - 110.00
Keppetipola (DEC)	100.00 - 110.00	70.00 - 80.00	200.00 - 220.00	90.00 - 100.00	200.00 - 220.00	100.00 - 120.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	120.00 - 130.00	80.00 - 90.00	240.00 - 250.00	110.00 - 120.00	220.00 - 240.00	120.00 - 130.00
Kandy	90.00 - 100.00	60.00 - 70.00	180.00 - 220.00	100.00 - 120.00	250.00 - 350.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	60.00 - 70.00	25.00 - 35.00	140.00 - 180.00	100.00 - 130.00	300.00 - 350.00	50.00 - 70.00
Tissamaharama	100.00 - 130.00	50.00 - 70.00	280.00 - 300.00	120.00 - 160.00	180.00 - 220.00	180.00 - 220.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 100.00	60.00 - 80.00	-	-	-	-
Veyangoda	80.00 - 90.00	50.00 - 80.00	200.00 - 250.00	100.00 - 140.00	200.00 - 250.00	100.00 - 160.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 220.00	50.00 - 80.00	300.00 - 450.00	200.00 - 250.00	150.00 - 200.00	80.00 - 120.00
Meegoda (DEC)	150.00 - 250.00	70.00 - 90.00	420.00 - 500.00	220.00 - 250.00	120.00 - 140.00	100.00 - 110.00
Moneragala	150.00 - 170.00	50.00 - 60.00	700.00 - 800.00	180.00 - 200.00	160.00 - 180.00	80.00 - 100.00
Dambulla (DEC)	110.00 - 150.00	50.00 - 70.00	250.00 - 300.00	170.00 - 200.00	120.00 - 150.00	80.00 - 90.00
Keppetipola (DEC)	140.00 - 160.00	60.00 - 70.00	600.00 - 650.00	200.00 - 220.00	150.00 - 160.00	90.00 - 100.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	160.00 - 170.00	70.00 - 80.00	550.00 - 600.00	230.00 - 250.00	160.00 - 170.00	100.00 - 110.00
Kandy	150.00 - 170.00	70.00 - 90.00	400.00 - 500.00	230.00 - 250.00	150.00 - 160.00	90.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	140.00 - 160.00	60.00 - 70.00	200.00 - 250.00	160.00 - 180.00	130.00 - 160.00	90.00 - 100.00
Tissamaharama	120.00 - 150.00	50.00 - 60.00	600.00 - 680.00	200.00 - 250.00	180.00 - 200.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	480.00 - 530.00	-	140.00 - 160.00	-
Veyangoda	100.00 - 160.00	70.00 - 100.00	320.00 - 450.00	200.00 - 250.00	120.00 - 150.00	100.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	280.00 - 300.00	150.00 - 160.00	130.00 - 140.00
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	210.00 - 210.00	140.00 - 155.00	120.00 - 130.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	125.00 - 150.00	110.00 - 120.00	90.00 - 100.00
Kandy	30.00 - 35.00	30.00 - 40.00	200.00 - 220.00	120.00 - 130.00	90.00 - 95.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	100.00 - 115.00	80.00 - 85.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	100.00 - 120.00	70.00 - 80.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 28: 11 - 17 Jul 2025

	LOCATIONS	Up Country Varieties																								
		Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato									
15	Colombo	-	420.00	-	680.00	350.00	-	600.00	240.00	-	400.00	180.00	-	400.00	160.00	-	350.00	280.00	-	480.00	100.00	-	260.00			
	Gampaha	-	520.00	-	600.00	400.00	-	500.00	300.00	-	400.00	280.00	-	360.00	280.00	-	320.00	200.00	-	500.00	200.00	-	320.00			
	Kurunegala	-	560.00	-	620.00	400.00	-	500.00	300.00	-	400.00	240.00	-	320.00	270.00	-	300.00	160.00	-	200.00	380.00	-	200.00			
	Nikaweratiya	-	560.00	-	650.00	400.00	-	480.00	320.00	-	420.00	240.00	-	320.00	200.00	-	260.00	120.00	-	200.00	350.00	-	250.00			
	Dambulla	-	500.00	-	580.00	400.00	-	460.00	300.00	-	360.00	200.00	-	260.00	280.00	-	300.00	160.00	-	180.00	340.00	-	160.00			
	Anuradhapura	-	480.00	-	600.00	480.00	-	600.00	320.00	-	400.00	240.00	-	320.00	200.00	-	280.00	160.00	-	200.00	360.00	-	200.00			
	Thambuththegama	-	560.00	-	620.00	520.00	-	600.00	320.00	-	360.00	240.00	-	320.00	-	-	120.00	-	160.00	440.00	-	480.00	120.00	-	180.00	
	Polonnaruwa	-	460.00	-	500.00	540.00	-	580.00	360.00	-	400.00	260.00	-	300.00	300.00	-	340.00	180.00	-	220.00	400.00	-	440.00	180.00	-	220.00
	Kaluthara	-	540.00	-	600.00	400.00	-	560.00	320.00	-	400.00	280.00	-	340.00	240.00	-	320.00	200.00	-	280.00	400.00	-	500.00	200.00	-	240.00
	Badulla	-	520.00	-	560.00	420.00	-	480.00	240.00	-	320.00	200.00	-	240.00	200.00	-	240.00	220.00	-	240.00	300.00	-	320.00	80.00	-	120.00
	Keppetipola	-	480.00	-	500.00	260.00	-	300.00	160.00	-	180.00	200.00	-	220.00	120.00	-	140.00	140.00	-	150.00	220.00	-	250.00	80.00	-	100.00
	Moneragala	-	400.00	-	520.00	520.00	-	600.00	300.00	-	400.00	240.00	-	360.00	200.00	-	240.00	200.00	-	240.00	320.00	-	400.00	100.00	-	160.00
	Kegalle	-	520.00	-	560.00	520.00	-	560.00	320.00	-	360.00	240.00	-	280.00	240.00	-	280.00	260.00	-	320.00	360.00	-	400.00	200.00	-	240.00
	Ampara	-	480.00	-	540.00	400.00	-	520.00	280.00	-	360.00	200.00	-	340.00	200.00	-	320.00	180.00	-	200.00	320.00	-	380.00	150.00	-	200.00
	Dehiattakandiya	-	600.00	-	600.00	360.00	-	400.00	300.00	-	300.00	300.00	-	400.00	150.00	-	160.00	120.00	-	200.00	300.00	-	350.00	100.00	-	100.00
	Nuwaraeliya	-	550.00	-	560.00	400.00	-	420.00	260.00	-	280.00	240.00	-	260.00	150.00	-	160.00	150.00	-	160.00	350.00	-	360.00	120.00	-	150.00
	Kandy	-	450.00	-	480.00	450.00	-	480.00	240.00	-	260.00	200.00	-	240.00	120.00	-	140.00	160.00	-	180.00	300.00	-	320.00	100.00	-	120.00
	Puttalam	-	600.00	-	600.00	480.00	-	600.00	400.00	-	400.00	200.00	-	400.00	300.00	-	300.00	200.00	-	200.00	360.00	-	480.00	200.00	-	250.00
	Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Rathnapura	-	480.00	-	540.00	450.00	-	500.00	280.00	-	330.00	260.00	-	320.00	240.00	-	280.00	150.00	-	200.00	340.00	-	400.00	180.00	-	230.00
	Matara	-	540.00	-	600.00	420.00	-	520.00	320.00	-	400.00	200.00	-	240.00	200.00	-	240.00	120.00	-	160.00	400.00	-	480.00	120.00	-	160.00
	Galle	-	600.00	-	600.00	400.00	-	480.00	320.00	-	400.00	280.00	-	380.00	260.00	-	320.00	120.00	-	200.00	340.00	-	380.00	160.00	-	200.00
	Tissamaharama	-	520.00	-	540.00	470.00	-	500.00	270.00	-	300.00	240.00	-	260.00	170.00	-	200.00	180.00	-	220.00	350.00	-	380.00	120.00	-	150.00
	Meegoda (DEC)	-	480.00	-	560.00	440.00	-	520.00	280.00	-	320.00	280.00	-	320.00	200.00	-	240.00	200.00	-	240.00	400.00	-	480.00	120.00	-	200.00
	Embilipitiya	-	550.00	-	600.00	350.00	-	400.00	280.00	-	320.00	240.00	-	250.00	200.00	-	240.00	120.00	-	160.00	320.00	-	400.00	70.00	-	100.00
	Jaffna	-	380.00	-	420.00	400.00	-	560.00	300.00	-	320.00	200.00	-	220.00	-	-	200.00	-	220.00	350.00	-	380.00	120.00	-	140.00	
	Vavuniya	-	600.00	-	650.00	600.00	-	650.00	350.00	-	400.00	300.00	-	340.00	-	-	240.00	-	260.00	400.00	-	450.00	200.00	-	220.00	
	Mannar	-	500.00	-	550.00	600.00	-	650.00	400.00	-	450.00	400.00	-	450.00	-	-	200.00	-	250.00	400.00	-	450.00	-	-	-	-
	Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Mullaittivu	-	560.00	-	600.00	430.00	-	480.00	400.00	-	440.00	240.00	-	260.00	-	-	240.00	-	260.00	400.00	-	450.00	200.00	-	240.00	
Batticaloa	-	450.00	-	490.00	400.00	-	450.00	300.00	-	350.00	200.00	-	220.00	240.00	-	250.00	240.00	-	260.00	320.00	-	350.00	130.00	-	150.00	
Trincomalee	-	560.00	-	600.00	450.00	-	480.00	440.00	-	450.00	350.00	-	360.00	-	-	200.00	-	220.00	380.00	-	400.00	240.00	-	260.00		
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Veyangoda	-	480.00	-	560.00	360.00	-	440.00	240.00	-	320.00	180.00	-	240.00	180.00	-	240.00	120.00	-	200.00	320.00	-	400.00	140.00	-	240.00	
Galenbindunuwewa	-	550.00	-	600.00	420.00	-	480.00	360.00	-	400.00	300.00	-	320.00	200.00	-	240.00	140.00	-	160.00	370.00	-	400.00	200.00	-	240.00	
Bandarawela	-	460.00	-	520.00	380.00	-	400.00	240.00	-	300.00	260.00	-	300.00	150.00	-	200.00	120.00	-	140.00	260.00	-	300.00	100.00	-	120.00	
Matale	-	480.00	-	520.00	400.00	-	480.00	240.00	-	320.00	360.00	-	400.00	200.00	-	320.00	160.00	-	240.00	400.00	-	480.00	120.00	-	160.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	150.00 - 320.00	350.00 - 600.00	500.00 - 800.00	140.00 - 320.00	100.00 - 240.00	300.00 - 600.00	230.00 - 400.00	320.00 - 800.00	160.00 - 400.00	230.00 - 400.00		
Gampaha	240.00 - 320.00	480.00 - 520.00	760.00 - 800.00	240.00 - 280.00	120.00 - 200.00	480.00 - 600.00	380.00 - 400.00	560.00 - 600.00	320.00 - 400.00	360.00 - 400.00		
Kurunegala	200.00 - 240.00	400.00 - 500.00	760.00 - 800.00	200.00 - 240.00	120.00 - 200.00	500.00 - 540.00	300.00 - 380.00	500.00 - 500.00	260.00 - 300.00	340.00 - 400.00		
Nikaweratiya	120.00 - 160.00	380.00 - 430.00	560.00 - 700.00	180.00 - 240.00	100.00 - 240.00	400.00 - 500.00	220.00 - 280.00	350.00 - 420.00	200.00 - 260.00	220.00 - 300.00		
Dambulla	160.00 - 180.00	440.00 - 480.00	700.00 - 800.00	160.00 - 200.00	100.00 - 120.00	360.00 - 400.00	200.00 - 260.00	400.00 - 480.00	160.00 - 200.00	200.00 - 280.00		
Anuradhapura	180.00 - 200.00	380.00 - 460.00	600.00 - 800.00	200.00 - 240.00	120.00 - 180.00	360.00 - 480.00	200.00 - 240.00	460.00 - 600.00	200.00 - 260.00	240.00 - 320.00		
Thambuththegama	120.00 - 160.00	460.00 - 520.00	560.00 - 650.00	120.00 - 180.00	80.00 - 120.00	250.00 - 350.00	200.00 - 250.00	500.00 - 550.00	150.00 - 180.00	300.00 - 350.00		
Polonnaruwa	260.00 - 300.00	360.00 - 400.00	700.00 - 730.00	160.00 - 200.00	100.00 - 140.00	460.00 - 500.00	260.00 - 300.00	540.00 - 580.00	280.00 - 320.00	260.00 - 300.00		
Kaluthara	200.00 - 300.00	400.00 - 480.00	640.00 - 800.00	180.00 - 300.00	180.00 - 220.00	400.00 - 540.00	240.00 - 320.00	400.00 - 520.00	240.00 - 300.00	280.00 - 360.00		
Badulla	220.00 - 240.00	480.00 - 520.00	600.00 - 780.00	200.00 - 240.00	160.00 - 240.00	400.00 - 400.00	240.00 - 240.00	400.00 - 400.00	220.00 - 240.00	240.00 - 240.00		
Keppetipola	140.00 - 150.00	320.00 - 350.00	480.00 - 520.00	160.00 - 180.00	120.00 - 140.00	260.00 - 280.00	150.00 - 160.00	260.00 - 280.00	160.00 - 180.00	200.00 - 220.00		
Moneragala	200.00 - 220.00	400.00 - 520.00	720.00 - 800.00	200.00 - 240.00	160.00 - 200.00	400.00 - 480.00	200.00 - 280.00	300.00 - 400.00	200.00 - 260.00	300.00 - 320.00		
Kegalle	240.00 - 280.00	360.00 - 400.00	720.00 - 760.00	200.00 - 240.00	160.00 - 200.00	360.00 - 400.00	240.00 - 280.00	300.00 - 360.00	240.00 - 280.00	360.00 - 400.00		
Ampara	150.00 - 280.00	300.00 - 400.00	650.00 - 720.00	150.00 - 240.00	130.00 - 160.00	300.00 - 520.00	200.00 - 360.00	400.00 - 480.00	240.00 - 320.00	160.00 - 280.00		
Dehiattakandiya	200.00 - 200.00	300.00 - 320.00	500.00 - 600.00	200.00 - 240.00	100.00 - 100.00	300.00 - 320.00	160.00 - 200.00	300.00 - 320.00	160.00 - 200.00	280.00 - 300.00		
Nuwaraeliya	200.00 - 220.00	420.00 - 440.00	560.00 - 580.00	260.00 - 280.00	180.00 - 200.00	340.00 - 350.00	200.00 - 220.00	340.00 - 360.00	220.00 - 240.00	260.00 - 280.00		
Kandy	140.00 - 160.00	400.00 - 450.00	640.00 - 700.00	160.00 - 200.00	100.00 - 120.00	300.00 - 320.00	160.00 - 180.00	400.00 - 500.00	200.00 - 240.00	200.00 - 240.00		
Puttalam	200.00 - 200.00	400.00 - 500.00	700.00 - 800.00	240.00 - 300.00	200.00 - 200.00	400.00 - 450.00	250.00 - 300.00	600.00 - 600.00	300.00 - 400.00	200.00 - 400.00		
Rathnapura	130.00 - 160.00	400.00 - 450.00	700.00 - 800.00	170.00 - 210.00	100.00 - 150.00	280.00 - 350.00	220.00 - 280.00	360.00 - 440.00	250.00 - 320.00	300.00 - 350.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	160.00 - 200.00	320.00 - 400.00	600.00 - 800.00	160.00 - 200.00	100.00 - 140.00	480.00 - 600.00	240.00 - 320.00	300.00 - 320.00	240.00 - 320.00	260.00 - 320.00		
Galle	200.00 - 240.00	360.00 - 400.00	640.00 - 800.00	160.00 - 200.00	120.00 - 200.00	360.00 - 400.00	240.00 - 320.00	320.00 - 400.00	240.00 - 320.00	280.00 - 320.00		
Tissamaharama	150.00 - 180.00	400.00 - 420.00	640.00 - 650.00	180.00 - 200.00	100.00 - 130.00	360.00 - 400.00	200.00 - 230.00	280.00 - 320.00	250.00 - 280.00	180.00 - 240.00		
Meegoda (DEC)	160.00 - 200.00	480.00 - 520.00	700.00 - 800.00	160.00 - 200.00	160.00 - 200.00	360.00 - 480.00	300.00 - 360.00	-	240.00 - 300.00	300.00 - 400.00		
Embilipitiya	100.00 - 140.00	320.00 - 400.00	480.00 - 600.00	200.00 - 240.00	80.00 - 100.00	400.00 - 480.00	200.00 - 240.00	300.00 - 400.00	280.00 - 320.00	350.00 - 400.00		
Jaffna	80.00 - 90.00	250.00 - 260.00	600.00 - 630.00	120.00 - 130.00	130.00 - 140.00	400.00 - 700.00	140.00 - 160.00	500.00 - 550.00	-	-		
Vavuniya	150.00 - 180.00	300.00 - 340.00	800.00 - 850.00	200.00 - 240.00	150.00 - 170.00	700.00 - 800.00	400.00 - 500.00	400.00 - 450.00	240.00 - 260.00	320.00 - 350.00		
Mannar	350.00 - 400.00	400.00 - 450.00	-	200.00 - 240.00	200.00 - 220.00	700.00 - 750.00	350.00 - 400.00	800.00 - 850.00	-	350.00 - 400.00		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	200.00 - 250.00	270.00 - 300.00	600.00 - 640.00	140.00 - 160.00	140.00 - 160.00	600.00 - 650.00	200.00 - 250.00	700.00 - 750.00	-	240.00 - 270.00		
Batticaloa	150.00 - 150.00	300.00 - 350.00	-	200.00 - 250.00	200.00 - 230.00	430.00 - 450.00	180.00 - 200.00	500.00 - 500.00	180.00 - 200.00	180.00 - 220.00		
Trincomalee	240.00 - 250.00	340.00 - 360.00	550.00 - 600.00	180.00 - 190.00	200.00 - 220.00	640.00 - 650.00	300.00 - 320.00	700.00 - 750.00	260.00 - 280.00	340.00 - 350.00		
Hanguranketha						-						
Veyangoda	160.00 - 240.00	400.00 - 480.00	600.00 - 800.00	140.00 - 200.00	120.00 - 200.00	320.00 - 360.00	200.00 - 240.00	320.00 - 360.00	180.00 - 280.00	200.00 - 280.00		
Galenbindunuwewa	290.00 - 320.00	350.00 - 400.00	680.00 - 720.00	200.00 - 240.00	140.00 - 160.00	550.00 - 600.00	300.00 - 320.00	480.00 - 500.00	300.00 - 320.00	300.00 - 320.00		
Bandarawela	140.00 - 160.00	340.00 - 400.00	700.00 - 800.00	150.00 - 180.00	100.00 - 140.00	400.00 - 460.00	180.00 - 220.00	350.00 - 480.00	180.00 - 260.00	280.00 - 320.00		
Matale	200.00 - 240.00	400.00 - 480.00	600.00 - 800.00	160.00 - 200.00	160.00 - 200.00	320.00 - 400.00	200.00 - 240.00	400.00 - 480.00	200.00 - 240.00	200.00 - 240.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 280.00	400.00 - 1000.00	300.00 - 650.00	200.00 - 360.00	160.00 - 240.00	50.00 - 80.00	50.00 - 80.00	230.00 - 280.00	180.00 - 195.00	150.00 - 180.00
Gampaha	240.00 - 320.00	800.00 - 900.00	600.00 - 750.00	300.00 - 340.00	150.00 - 180.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	150.00 - 160.00	135.00 - 140.00
Kurunegala	160.00 - 200.00	650.00 - 800.00	380.00 - 500.00	280.00 - 340.00	160.00 - 180.00	60.00 - 70.00	70.00 - 70.00	70.00 - 80.00	145.00 - 160.00	130.00 - 140.00
Nikaweratiya	80.00 - 150.00	600.00 - 720.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	130.00 - 140.00	100.00 - 120.00
Dambulla	140.00 - 180.00	500.00 - 650.00	350.00 - 450.00	240.00 - 280.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	100.00 - 115.00
Anuradhapura	160.00 - 200.00	600.00 - 800.00	400.00 - 500.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 150.00	100.00 - 120.00
Thambuththegama	120.00 - 150.00	450.00 - 500.00	260.00 - 320.00	220.00 - 280.00	160.00 - 200.00	-	-	-	120.00 - 130.00	90.00 - 100.00
Polonnaruwa	160.00 - 200.00	780.00 - 800.00	480.00 - 500.00	200.00 - 220.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	160.00 - 200.00	120.00 - 140.00
Kaluthara	160.00 - 240.00	700.00 - 900.00	400.00 - 500.00	240.00 - 280.00	150.00 - 200.00	70.00 - 80.00	70.00 - 100.00	100.00 - 120.00	170.00 - 180.00	130.00 - 150.00
Badulla	160.00 - 200.00	1000.00 - 1000.00	400.00 - 500.00	220.00 - 240.00	160.00 - 240.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	150.00 - 150.00	140.00 - 140.00
Keppetipola	120.00 - 130.00	700.00 - 750.00	300.00 - 320.00	200.00 - 220.00	130.00 - 140.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Moneragala	100.00 - 120.00	900.00 - 1000.00	240.00 - 300.00	260.00 - 300.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	140.00 - 150.00	100.00 - 120.00
Kegalle	160.00 - 200.00	700.00 - 800.00	450.00 - 600.00	280.00 - 320.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	130.00 - 140.00	110.00 - 120.00
Ampara	140.00 - 220.00	600.00 - 880.00	300.00 - 400.00	240.00 - 280.00	120.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	160.00 - 180.00	-
Dehiattakandiya	120.00 - 200.00	800.00 - 800.00	400.00 - 400.00	300.00 - 300.00	-	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	130.00 - 140.00	100.00 - 120.00
Nuwaraeliya	180.00 - 200.00	750.00 - 800.00	380.00 - 420.00	280.00 - 320.00	220.00 - 240.00	40.00 - 45.00	40.00 - 45.00	35.00 - 40.00	180.00 - 190.00	150.00 - 170.00
Kandy	140.00 - 160.00	700.00 - 800.00	400.00 - 450.00	200.00 - 240.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	150.00 - 160.00	120.00 - 130.00
Puttalam	80.00 - 200.00	600.00 - 800.00	300.00 - 300.00	300.00 - 350.00	180.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	150.00 - 170.00	100.00 - 140.00
Rathnapura	160.00 - 220.00	750.00 - 800.00	350.00 - 400.00	240.00 - 280.00	120.00 - 150.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	170.00 - 200.00	120.00 - 150.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 120.00	800.00 - 900.00	350.00 - 450.00	220.00 - 250.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	150.00 - 170.00	120.00 - 140.00
Galle	160.00 - 200.00	700.00 - 800.00	350.00 - 400.00	200.00 - 280.00	150.00 - 200.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	150.00 - 180.00	120.00 - 140.00
Tissamaharama	80.00 - 100.00	750.00 - 850.00	300.00 - 350.00	220.00 - 260.00	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	160.00 - 180.00	110.00 - 130.00
Meegoda (DEC)	160.00 - 240.00	600.00 - 720.00	360.00 - 400.00	240.00 - 320.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	160.00 - 170.00	120.00 - 150.00
Embilipitiya	80.00 - 100.00	480.00 - 520.00	350.00 - 400.00	240.00 - 280.00	140.00 - 160.00	50.00 - 70.00	40.00 - 60.00	80.00 - 100.00	140.00 - 160.00	100.00 - 130.00
Jaffna	100.00 - 120.00	300.00 - 350.00	280.00 - 350.00	250.00 - 260.00	220.00 - 260.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	170.00 - 180.00	100.00 - 130.00
Vavuniya	120.00 - 150.00	600.00 - 650.00	340.00 - 360.00	300.00 - 340.00	240.00 - 260.00	60.00 - 70.00	60.00 - 65.00	70.00 - 80.00	200.00 - 220.00	150.00 - 170.00
Mannar	150.00 - 200.00	1000.00 - 1000.00	400.00 - 450.00	250.00 - 300.00	300.00 - 300.00	55.00 - 60.00	-	80.00 - 80.00	150.00 - 180.00	120.00 - 130.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 160.00	480.00 - 520.00	300.00 - 340.00	260.00 - 300.00	230.00 - 260.00	100.00 - 120.00	75.00 - 80.00	50.00 - 60.00	120.00 - 130.00	90.00 - 100.00
Batticaloa	130.00 - 170.00	700.00 - 750.00	350.00 - 370.00	250.00 - 300.00	150.00 - 160.00	60.00 - 60.00	50.00 - 50.00	70.00 - 70.00	160.00 - 180.00	90.00 - 105.00
Trincomalee	160.00 180.00	700.00 740.00	340.00 360.00	300.00 340.00	240.00 260.00	55.00 60.00	60.00 65.00	45.00 50.00	160.00 180.00	120.00 130.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	160.00 - 200.00	600.00 - 800.00	280.00 - 360.00	180.00 - 200.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	160.00 - 180.00	130.00 - 150.00
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	350.00 - 400.00	200.00 - 240.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 130.00	110.00 - 120.00
Bandarawela	120.00 - 140.00	700.00 - 800.00	350.00 - 400.00	200.00 - 220.00	150.00 - 180.00	70.00 - 80.00	60.00 - 70.00	80.00 - 90.00	140.00 - 160.00	120.00 - 130.00
Matale	160.00 - 200.00	560.00 - 600.00	400.00 - 500.00	320.00 - 360.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	150.00 - 160.00	110.00 - 130.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 28: 11 - 17 Jul 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 200.00	250.00 - 350.00	120.00 - 200.00	35.00 - 46.00	45.00 - 70.00	460.00 - 600.00	350.00 - 460.00	280.00 - 370.00	62.00 - 71.00	330.00 - 430.00
Gampaha	120.00 - 150.00	250.00 - 260.00	120.00 - 160.00	-	46.00 - 48.00	300.00 - 340.00	250.00 - 260.00	200.00 - 200.00	-	200.00 - 225.00
Kurunegala	100.00 - 120.00	250.00 - 280.00	120.00 - 140.00	-	46.00 - 48.00	450.00 - 500.00	-	-	-	175.00 - 200.00
Nikaweratiya	130.00 - 160.00	320.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	400.00 - 420.00
Dambulla	160.00 - 180.00	360.00 - 380.00	160.00 - 180.00	-	50.00 - 55.00	550.00 - 600.00	400.00 - 450.00	200.00 - 250.00	80.00 - 100.00	200.00 - 220.00
Anuradhapura	150.00 - 180.00	340.00 - 370.00	160.00 - 200.00	25.00 - 30.00	37.00 - 45.00	640.00 - 720.00	450.00 - 550.00	320.00 - 380.00	-	-
Thambuththegama	120.00 - 180.00	320.00 - 380.00	120.00 - 160.00	25.00 - 30.00	36.00 - 40.00	450.00 - 500.00	360.00 - 380.00	-	-	-
Polonnaruwa	180.00 - 220.00	350.00 - 400.00	180.00 - 220.00	40.00 - 60.00	50.00 - 60.00	700.00 - 780.00	450.00 - 500.00	280.00 - 350.00	-	200.00 - 250.00
Kaluthara	120.00 - 150.00	250.00 - 280.00	150.00 - 160.00	30.00 - 32.00	32.00 - 35.00	455.00 - 520.00	350.00 - 400.00	280.00 - 320.00	-	-
Badulla	130.00 - 150.00	280.00 - 300.00	100.00 - 120.00	18.00 - 20.00	33.00 - 36.00	400.00 - 400.00	300.00 - 300.00	200.00 - 200.00	-	200.00 - 250.00
Keppetipola	130.00 - 135.00	290.00 - 300.00	150.00 - 155.00	30.00 - 40.00	45.00 - 50.00	460.00 - 470.00	350.00 - 360.00	220.00 - 250.00	-	-
Moneragala	100.00 - 120.00	200.00 - 250.00	80.00 - 100.00	18.00 - 20.00	20.00 - 25.00	540.00 - 720.00	450.00 - 600.00	390.00 - 520.00	-	-
Kegalle	120.00 - 140.00	280.00 - 320.00	120.00 - 140.00	25.00 - 30.00	40.00 - 50.00	800.00 - 850.00	550.00 - 650.00	200.00 - 300.00	-	180.00 - 180.00
Ampara	140.00 - 140.00	250.00 - 280.00	130.00 - 130.00	32.00 - 35.00	42.00 - 46.00	430.00 - 450.00	-	-	-	-
Dehiattakandiya	160.00 - 180.00	350.00 - 400.00	140.00 - 180.00	-	40.00 - 58.00	550.00 - 650.00	350.00 - 440.00	250.00 - 300.00	-	-
Nuwaraeliya	140.00 - 150.00	250.00 - 280.00	130.00 - 150.00	32.00 - 35.00	38.00 - 42.00	-	450.00 - 480.00	350.00 - 380.00	-	320.00 - 350.00
Kandy	150.00 - 180.00	300.00 - 340.00	160.00 - 180.00	30.00 - 32.00	40.00 - 50.00	600.00 - 700.00	400.00 - 500.00	200.00 - 250.00	-	280.00 - 300.00
Puttalam	100.00 - 180.00	250.00 - 350.00	100.00 - 200.00	24.00 - 30.00	-	500.00 - 700.00	300.00 - 400.00	200.00 - 250.00	-	300.00 - 350.00
Rathnapura	100.00 - 130.00	200.00 - 250.00	80.00 - 100.00	25.00 - 31.00	43.00 - 50.00	490.00 - 630.00	360.00 - 450.00	280.00 - 350.00	-	230.00 - 320.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	130.00 - 150.00	250.00 - 260.00	100.00 - 130.00	25.00 - 26.00	32.00 - 34.00	550.00 - 600.00	400.00 - 480.00	250.00 - 350.00	-	250.00 - 280.00
Galle	120.00 - 150.00	260.00 - 300.00	120.00 - 160.00	31.00 - 36.00	32.00 - 35.00	-	420.00 - 480.00	340.00 - 400.00	-	-
Tissamaharama	80.00 - 100.00	180.00 - 220.00	80.00 - 100.00	18.00 - 24.00	33.00 - 38.00	520.00 - 600.00	400.00 - 480.00	320.00 - 380.00	-	-
Meegoda (DEC)	120.00 - 140.00	260.00 - 280.00	130.00 - 140.00	42.00 - 50.00	48.00 - 56.00	595.00 - 680.00	455.00 - 520.00	350.00 - 400.00	-	200.00 - 250.00
Embilipitiya	60.00 - 80.00	160.00 - 200.00	80.00 - 100.00	18.00 - 25.00	25.00 - 30.00	400.00 - 450.00	300.00 - 350.00	150.00 - 250.00	70.00 - 100.00	-
Jaffna	110.00 - 130.00	260.00 - 280.00	110.00 - 120.00	-	-	600.00 - 700.00	480.00 - 500.00	350.00 - 360.00	-	220.00 - 250.00
Vavuniya	120.00 - 150.00	250.00 - 270.00	120.00 - 150.00	30.00 - 32.00	30.00 - 32.00	550.00 - 600.00	400.00 - 500.00	300.00 - 350.00	-	-
Mannar	110.00 - 120.00	250.00 - 280.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	550.00 - 600.00	450.00 - 500.00	350.00 - 400.00	-	250.00 - 280.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 160.00	340.00 - 360.00	140.00 - 150.00	36.00 - 38.00	40.00 - 42.00	520.00 - 550.00	380.00 - 420.00	-	-	-
Batticaloa	110.00 - 120.00	300.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	450.00 - 500.00	350.00 - 400.00	200.00 - 220.00	-	180.00 - 200.00
Trincomalee	150.00 - 170.00	-	150.00 - 160.00	-	-	640.00 - 660.00	440.00 - 450.00	340.00 - 360.00	-	-
Veyangoda	120.00 - 140.00	240.00 - 260.00	120.00 - 140.00	30.00 - 33.00	36.00 - 42.00	470.00 - 550.00	360.00 - 410.00	280.00 - 320.00	-	240.00 - 260.00
Galenbindunuwewa	130.00 - 150.00	350.00 - 400.00	100.00 - 130.00	35.00 - 43.00	-	500.00 - 550.00	400.00 - 450.00	-	-	-
Bandarawela	140.00 - 160.00	320.00 - 350.00	150.00 - 180.00	30.00 - 32.00	43.00 - 46.00	580.00 - 620.00	450.00 - 480.00	330.00 - 360.00	-	230.00 - 250.00
Matale	100.00 - 120.00	300.00 - 350.00	120.00 - 140.00	30.00 - 32.00	38.00 - 42.00	550.00 - 600.00	450.00 - 460.00	300.00 - 360.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	140.00 - 150.00	-	220.00 - 350.00	70.00 - 100.00	200.00 - 260.00	100.00 - 160.00	140.00 - 250.00	60.00 - 90.00	1600.00 - 2600.00	160.00 - 220.00
Gampaha	-	-	250.00 - 300.00	70.00 - 80.00	240.00 - 260.00	120.00 - 130.00	115.00 - 125.00	100.00 - 110.00	2200.00 - 2300.00	140.00 - 150.00
Kurunegala	-	-	200.00 - 250.00	-	240.00 - 240.00	125.00 - 150.00	90.00 - 110.00	85.00 - 85.00	2200.00 - 2200.00	130.00 - 140.00
Nikaweratiya	-	-	130.00 - 220.00	-	-	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2500.00 - 2700.00	-
Dambulla	-	40.00 - 50.00	200.00 - 240.00	40.00 - 50.00	-	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	2700.00 - 2900.00	160.00 - 180.00
Anuradhapura	-	-	180.00 - 240.00	-	150.00 - 170.00	80.00 - 140.00	100.00 - 120.00	60.00 - 80.00	2500.00 - 3000.00	150.00 - 200.00
Thambuththegama	-	-	170.00 - 280.00	65.00 - 70.00	-	-	120.00 - 150.00	-	-	130.00 - 150.00
Polonnaruwa	-	-	250.00 - 300.00	-	-	-	160.00 - 200.00	50.00 - 80.00	2800.00 - 3000.00	180.00 - 240.00
Kaluthara	110.00 - 120.00	-	200.00 - 240.00	-	-	-	100.00 - 115.00	58.00 - 70.00	2200.00 - 2500.00	130.00 - 150.00
Badulla	125.00 - 150.00	-	230.00 - 250.00	60.00 - 80.00	250.00 - 260.00	100.00 - 140.00	116.00 - 150.00	50.00 - 66.00	2800.00 - 3000.00	200.00 - 250.00
Keppetipola	-	-	170.00 - 180.00	45.00 - 50.00	115.00 - 118.00	80.00 - 100.00	-	40.00 - 50.00	2400.00 - 2500.00	180.00 - 200.00
Moneragala	80.00 - 100.00	-	240.00 - 260.00	-	-	-	-	50.00 - 60.00	2500.00 - 2700.00	130.00 - 150.00
Kegalle	-	-	240.00 - 260.00	-	120.00 - 160.00	80.00 - 100.00	90.00 - 120.00	50.00 - 90.00	2300.00 - 2500.00	180.00 - 200.00
Ampara	85.00 - 85.00	-	180.00 - 200.00	-	-	-	90.00 - 96.00	-	2000.00 - 2200.00	180.00 - 200.00
Dehiattakandiya	-	-	200.00 - 250.00	-	-	-	100.00 - 100.00	50.00 - 70.00	2500.00 - 2800.00	150.00 - 200.00
Nuwaraeliya	-	-	280.00 - 300.00	75.00 - 80.00	170.00 - 180.00	100.00 - 120.00	130.00 - 140.00	60.00 - 65.00	2500.00 - 2800.00	180.00 - 200.00
Kandy	-	-	240.00 - 250.00	70.00 - 80.00	180.00 - 200.00	140.00 - 150.00	100.00 - 120.00	60.00 - 70.00	2000.00 - 2500.00	180.00 - 200.00
Puttalam	-	-	200.00 - 300.00	-	-	100.00 - 150.00	120.00 - 150.00	-	2900.00 - 3000.00	150.00 - 200.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	100.00 - 150.00	-	180.00 - 240.00	-	120.00 - 140.00	-	100.00 - 133.00	50.00 - 80.00	2000.00 - 2200.00	130.00 - 150.00
Matara	-	-	210.00 - 230.00	60.00 - 66.00	200.00 - 220.00	130.00 - 160.00	120.00 - 130.00	65.00 - 75.00	2400.00 - 2500.00	130.00 - 150.00
Galle	-	-	280.00 - 320.00	70.00 - 80.00	120.00 - 140.00	140.00 - 160.00	80.00 - 120.00	60.00 - 75.00	2300.00 - 2500.00	120.00 - 150.00
Tissamaharama	-	40.00 - 43.00	200.00 - 250.00	72.00 - 75.00	130.00 - 142.00	-	100.00 - 115.00	36.00 - 42.00	2400.00 - 2500.00	140.00 - 160.00
Meegoda (DEC)	-	-	200.00 - 240.00	-	-	-	100.00 - 130.00	50.00 - 70.00	1800.00 - 2500.00	100.00 - 120.00
Embilipitiya	80.00 - 100.00	40.00 - 50.00	220.00 - 230.00	40.00 - 50.00	180.00 - 200.00	120.00 - 150.00	80.00 - 100.00	-	2600.00 - 2800.00	160.00 - 180.00
Jaffna	70.00 - 80.00	-	120.00 - 130.00	-	180.00 - 220.00	-	-	-	2400.00 - 2600.00	180.00 - 220.00
Vavuniya	-	-	280.00 - 300.00	75.00 - 85.00	170.00 - 180.00	100.00 - 140.00	135.00 - 140.00	-	2400.00 - 2500.00	220.00 - 250.00
Mannar	-	-	150.00 - 180.00	-	200.00 - 250.00	130.00 - 140.00	165.00 - 170.00	100.00 - 120.00	2500.00 - 2500.00	150.00 - 200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	120.00 - 140.00	50.00 - 55.00	-	-	-	-	2450.00 - 2550.00	160.00 - 180.00
Batticaloa	-	-	100.00 - 100.00	-	-	80.00 - 120.00	100.00 - 110.00	-	2500.00 - 2600.00	180.00 - 200.00
Trincomalee	-	-	150.00 - 160.00	80.00 - 85.00	-	86.00 - 88.00	125.00 - 126.00	-	2400.00 - 2500.00	200.00 - 220.00
Veyangoda	80.00 - 90.00	-	160.00 - 200.00	63.00 - 70.00	115.00 - 120.00	90.00 - 100.00	80.00 - 90.00	40.00 - 50.00	2300.00 - 2500.00	140.00 - 170.00
Galenbindunuwewa	-	-	130.00 - 150.00	-	-	-	85.00 - 85.00	30.00 - 35.00	2400.00 - 2500.00	130.00 - 160.00
Bandarawela	-	-	240.00 - 260.00	50.00 - 60.00	160.00 - 200.00	100.00 - 120.00	90.00 - 120.00	50.00 - 60.00	2500.00 - 2800.00	160.00 - 200.00
Matale	-	50.00 - 60.00	180.00 - 210.00	50.00 - 60.00	160.00 - 200.00	100.00 - 120.00	100.00 - 130.00	60.00 - 80.00	2800.00 - 3000.00	160.00 - 180.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 28: 11 - 17 Jul 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	600.00 – 750.00	900.00 – 1200.00	1000.00 – 1300.00	1400.00 – 1800.00	1800.00 – 2400.00	1200.00 – 1500.00
Kandy	500.00 – 550.00	1100.00 – 1150.00	900.00 – 1100.00	1200.00 – 1400.00	–	1200.00 – 1350.00
Kaluthara	500.00 – 600.00	–	1000.00 – 1100.00	1200.00 – 1300.00	–	–
Puttalam	–	–	–	–	–	–
Matara	450.00 – 500.00	–	950.00 – 1100.00	1300.00 – 1400.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	900.00 – 1000.00	1100.00 – 1200.00	–	–
Batticaloa	300.00 – 350.00	–	1000.00 – 1000.00	1400.00 – 1500.00	1200.00 – 1400.00	–
Trincomalee	500.00 – 550.00	1000.00 – 1100.00	1150.00 – 1200.00	1850.00 – 1900.00	1950.00 – 2000.00	1500.00 – 1550.00
Mannar	700.00 – 750.00	–	750.00 – 800.00	–	–	–

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1000.00 – 1200.00	1200.00 – 1600.00	2300.00 – 2500.00	–	31.00 – 32.00	29.00 – 31.00
Kandy	1300.00 – 1400.00	1400.00 – 1500.00	2100.00 – 2200.00	–	32.00 – 33.00	29.00 – 30.00
Kaluthara	1000.00 – 1100.00	1400.00 – 1600.00	1700.00 – 1900.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	900.00 – 1000.00	–	1900.00 – 2000.00	–	28.00 – 29.00	26.00 – 27.00
Hambantota	–	–	–	–	–	–
Galle	1000.00 – 1200.00	–	1600.00 – 1600.00	–	31.00 – 32.00	28.00 – 29.00
Batticaloa	1200.00 – 1300.00	1500.00 – 1600.00	2000.00 – 2200.00	–	30.00 – 30.00	28.00 – 28.00
Trincomalee	1750.00 – 1800.00	1100.00 – 1150.00	–	–	32.00 – 33.00	32.00 – 33.00
Mannar	1000.00 – 1200.00	1250.00 – 1300.00	–	–	28.00 – 30.00	26.00 – 27.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 28: 11 - 17 Jul 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	65000 – 85000	–	–	110000 – 125000	65000 – 77500	–
Kandy	80000 – 85000	–	–	112500 – 115000	90000 – 95000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 80000	–
Trincomalee	55000 – 56000	–	–	–	65000 – 67500	54000 – 54500
Mannar	–	100000 – 112500	–	100000 – 110000	72500 – 75000	62500 – 75000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	67500 – 85000	–	30000 – 37500	50000 – 57500	75000 – 85000	–
Kandy	80000 – 85000	–	45000 – 50000	55000 – 60000	90000 – 100000	–
Batticaloa	–	–	40000 – 42500	39500 – 40000	–	–
Trincomalee	57000 – 57500	–	33500 – 34000	46500 – 47000	98000 – 98500	–
Mannar	70000 – 75000	–	–	50000 – 55000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	85000 – 100000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 28: 11 - 17 Jul 2025

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LOCATIONS	Sea Fish									Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White
Colombo	700.00 - 1000.00	1000.00 - 1200.00	-	2100.00 - 3200.00	3200.00 - 4000.00	2000.00 - 3000.00	-	2700.00 - 3300.00		32.00 - 36.00	31.00 - 34.00
Gampaha	750.00 - 800.00	-	-	2000.00 - 2000.00	2750.00 - 2800.00	-	-	2750.00 - 2800.00		40.00 - 42.00	35.00 - 38.00
Kurunegala	600.00 - 700.00	-	-	2000.00 - 2200.00	-	1600.00 - 1600.00	-	2600.00 - 2700.00		29.00 - 32.00	28.00 - 30.00
Nikaweratiya	700.00 - 800.00	1300.00 - 1400.00	1000.00 - 1100.00	2400.00 - 2500.00	-	-	-	-		29.00 - 34.00	28.00 - 32.00
Dambulla	600.00 - 650.00	1000.00 - 1100.00	1000.00 - 1100.00	2200.00 - 2400.00	2500.00 - 2600.00	1600.00 - 1800.00	1700.00 - 1800.00	2500.00 - 2600.00		34.00 - 35.00	32.00 - 33.00
Anuradhapura	650.00 - 700.00	-	1100.00 - 1500.00	2200.00 - 2400.00	-	1500.00 - 1700.00	1700.00 - 1900.00	2400.00 - 2700.00		-	30.00 - 33.00
Thambuththegama	-	-	-	-	-	-	-	-		33.00 - 35.00	33.00 - 35.00
Polonnaruwa	750.00 - 800.00	1200.00 - 1300.00	1400.00 - 1500.00	2000.00 - 2200.00	2550.00 - 2600.00	1600.00 - 1700.00	1700.00 - 1800.00	2500.00 - 2600.00		35.00 - 36.00	32.00 - 34.00
Kaluthara	750.00 - 800.00	-	1600.00 - 1800.00	2300.00 - 2600.00	-	-	1600.00 - 1800.00	2600.00 - 2800.00		33.00 - 34.00	30.00 - 32.00
Badulla	600.00 - 600.00	1200.00 - 1200.00	1800.00 - 1800.00	2000.00 - 2200.00	2800.00 - 2800.00	1800.00 - 1800.00	1800.00 - 1800.00	2600.00 - 2600.00		32.00 - 35.00	30.00 - 32.00
Keppetipola	-	-	-	-	-	1600.00 - 1600.00	-	2300.00 - 2400.00		35.00 - 37.00	34.00 - 35.00
Moneragala	700.00 - 750.00	-	1100.00 - 1200.00	2400.00 - 2600.00	-	1600.00 - 1700.00	1900.00 - 2000.00	2800.00 - 3000.00		29.00 - 30.00	28.00 - 30.00
Kegalle	950.00 - 1000.00	-	1800.00 - 1950.00	2500.00 - 2700.00	-	2000.00 - 2100.00	1800.00 - 1900.00	2900.00 - 3000.00		37.00 - 40.00	32.00 - 34.00
Ampara	700.00 - 800.00	1200.00 - 1400.00	1800.00 - 2000.00	2400.00 - 2500.00	-	-	-	-		-	29.00 - 32.00
Dehiattakandiya	-	900.00 - 900.00	-	2200.00 - 2200.00	-	-	-	-		30.00 - 32.00	30.00 - 34.00
Nuwareliya	660.00 - 680.00	-	1500.00 - 1600.00	1900.00 - 2000.00	-	-	1500.00 - 1600.00	2600.00 - 2700.00		33.00 - 35.00	31.00 - 34.00
Kandy	720.00 - 750.00	1200.00 - 1250.00	1300.00 - 1500.00	2200.00 - 2360.00	-	1600.00 - 1700.00	1800.00 - 1900.00	2500.00 - 2600.00		35.00 - 36.00	33.00 - 34.00
Puttalam	600.00 - 700.00	1000.00 - 1200.00	800.00 - 1000.00	-	-	1400.00 - 1600.00	-	-		28.00 - 33.00	28.00 - 33.00
Hambantota	-	-	-	-	-	-	-	-		-	-
Rathnapura	600.00 - 700.00	-	1450.00 - 1600.00	2300.00 - 2400.00	3800.00 - 4000.00	2300.00 - 2400.00	1700.00 - 1800.00	2500.00 - 2600.00		34.00 - 35.00	28.00 - 30.00
Matara	550.00 - 600.00	-	1600.00 - 1800.00	2000.00 - 2100.00	-	-	1400.00 - 1500.00	-		30.00 - 32.00	28.00 - 29.00
Galle	600.00 - 650.00	1000.00 - 1100.00	1200.00 - 1400.00	2400.00 - 2600.00	-	-	1800.00 - 1800.00	2600.00 - 2800.00		32.00 - 33.00	28.00 - 30.00
Tissamaharama	600.00 - 700.00	800.00 - 800.00	1000.00 - 1400.00	-	-	-	-	2200.00 - 2400.00		34.00 - 37.00	31.00 - 34.00
Meegoda	800.00 - 800.00	-	-	-	-	-	-	3200.00 - 3200.00		30.00 - 32.00	28.00 - 30.00
Embilipitiya	650.00 - 700.00	1150.00 - 1200.00	1500.00 - 1600.00	2350.00 - 2400.00	2400.00 - 2500.00	-	1500.00 - 1600.00	2500.00 - 2600.00		32.00 - 34.00	31.00 - 33.00
Jaffna	600.00 - 750.00	800.00 - 900.00	1200.00 - 1350.00	-	-	1700.00 - 1850.00	2500.00 - 2700.00	-		30.00 - 32.00	30.00 - 32.00
Vavuniya	600.00 - 700.00	1200.00 - 1300.00	1400.00 - 1500.00	2400.00 - 2500.00	2400.00 - 2500.00	1600.00 - 1700.00	2400.00 - 2500.00	2400.00 - 2500.00		34.00 - 36.00	32.00 - 35.00
Mannar	800.00 - 850.00	-	1250.00 - 1500.00	-	-	1450.00 - 1500.00	1400.00 - 1500.00	-		32.00 - 32.00	28.00 - 30.00
Killinochchi	-	-	-	-	-	-	-	-		-	-
Mullaitivu	550.00 - 600.00	1100.00 - 1200.00	900.00 - 1000.00	2100.00 - 2200.00	2250.00 - 2300.00	1800.00 - 1950.00	-	2150.00 - 2250.00		-	35.00 - 37.00
Batticaloa	550.00 - 650.00	-	1500.00 - 1600.00	1800.00 - 2100.00	-	2000.00 - 2150.00	-	2550.00 - 2600.00		32.00 - 32.00	30.00 - 30.00
Trincomalee	640.00 - 660.00	1200.00 - 1250.00	1250.00 - 1300.00	2300.00 - 2350.00	2450.00 - 2500.00	1750.00 - 1800.00	1900.00 - 1950.00	-		35.00 - 36.00	34.00 - 35.00
Veyangoda	750.00 - 800.00	-	-	2300.00 - 2400.00	2800.00 - 2800.00	2400.00 - 2400.00	1600.00 - 1600.00	2800.00 - 2800.00		34.00 - 38.00	29.00 - 34.00
Galenbindunuwewa	600.00 - 700.00	1200.00 - 1300.00	1000.00 - 1200.00	2400.00 - 2500.00	-	1500.00 - 1600.00	2000.00 - 2100.00	2800.00 - 2800.00		32.00 - 33.00	32.00 - 33.00
Bandarawela	650.00 - 700.00	-	1500.00 - 1600.00	2400.00 - 2500.00	-	-	-	2500.00 - 2600.00		33.00 - 34.00	30.00 - 32.00
Matale	700.00 - 800.00	1200.00 - 1300.00	1200.00 - 1400.00	2200.00 - 2400.00	-	1600.00 - 1800.00	1800.00 - 1900.00	2500.00 - 2600.00		34.00 - 35.00	32.00 - 33.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 28: 11 - 17 Jul 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1300.00	1600.00	1800.00	2800.00	-	-	2400.00	3000.00	2000.00	2600.00	2300.00	2800.00	1000.00	1400.00
Gampaha	1200.00	1300.00	2200.00	2200.00	-	-	2400.00	2460.00	2300.00	2400.00	2400.00	2400.00	950.00	1100.00
Kurunegala	1400.00	1400.00	2400.00	2600.00	-	-	2700.00	2800.00	2000.00	2400.00	2200.00	2200.00	1000.00	1200.00
Nikaweratiya	1200.00	1400.00	-	-	-	-	-	-	2000.00	2150.00	2000.00	2200.00	1200.00	1350.00
Dambulla	1300.00	1400.00	2500.00	2600.00	-	-	2700.00	2800.00	1800.00	2000.00	2400.00	2500.00	-	-
Anuradhapura	1200.00	1600.00	2600.00	2800.00	-	-	2600.00	3000.00	2200.00	2600.00	2400.00	2800.00	1000.00	1300.00
Thambuththegama	1400.00	1500.00	2400.00	2450.00	-	-	2600.00	2800.00	2000.00	2200.00	2350.00	2500.00	950.00	1000.00
Polonnaruwa	1300.00	1400.00	2500.00	2600.00	-	-	2800.00	2900.00	1700.00	1850.00	2200.00	2200.00	-	-
Kaluthara	1250.00	1500.00	2300.00	2500.00	-	-	2300.00	2600.00	1500.00	2200.00	2200.00	2600.00	-	-
Badulla	1400.00	1500.00	2800.00	2800.00	-	-	3000.00	3000.00	2400.00	2400.00	-	-	1200.00	1200.00
Keppetipola	1280.00	1300.00	2500.00	2600.00	-	-	2200.00	2250.00	2000.00	2200.00	1800.00	1900.00	1000.00	1000.00
Moneragala	1400.00	1600.00	2500.00	2600.00	-	-	2600.00	2800.00	2300.00	2500.00	2500.00	2600.00	1000.00	1200.00
Kegalle	1200.00	1400.00	2500.00	2800.00	-	-	2600.00	2800.00	1800.00	2600.00	-	-	-	-
Ampara	-	-	2400.00	2600.00	-	-	2500.00	2900.00	1900.00	2500.00	1600.00	1800.00	1000.00	1200.00
Dehiattakandiya	1400.00	1600.00	2800.00	3000.00	3000.00	3000.00	3000.00	3000.00	1800.00	2400.00	1500.00	1600.00	-	-
Nuwaraeliya	1200.00	1300.00	2450.00	2500.00	2900.00	3000.00	2350.00	2400.00	1650.00	1700.00	2300.00	2350.00	1100.00	1200.00
Kandy	1300.00	1500.00	2700.00	2800.00	-	-	2800.00	3000.00	2400.00	2600.00	2300.00	2400.00	1300.00	1400.00
Puttalam	1300.00	1400.00	2800.00	2900.00	-	-	2200.00	2600.00	2000.00	2200.00	1400.00	1400.00	1000.00	1200.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	1120.00	1520.00	2300.00	2400.00	3560.00	3560.00	2740.00	2800.00	2400.00	2500.00	2400.00	2600.00	1200.00	1240.00
Matara	1300.00	1500.00	2200.00	2400.00	-	-	2800.00	3000.00	2200.00	2500.00	2200.00	2500.00	-	-
Galle	1200.00	1600.00	2400.00	2800.00	3000.00	3200.00	2600.00	2800.00	1800.00	2000.00	2000.00	2400.00	-	-
Tissamaharama	1000.00	1400.00	-	-	-	-	2400.00	2500.00	2400.00	2500.00	2500.00	2600.00	-	-
Meegoda	1100.00	1400.00	2200.00	2400.00	-	-	2400.00	2800.00	1800.00	2000.00	2200.00	2800.00	1000.00	1200.00
Embilipitiya	1200.00	1300.00	2650.00	2800.00	-	-	2500.00	2650.00	2500.00	2800.00	2800.00	3000.00	1300.00	1400.00
Jaffna	1000.00	1200.00	2300.00	2400.00	3100.00	3250.00	3100.00	3300.00	-	-	-	-	-	-
Vavuniya	-	-	2000.00	2150.00	-	-	2400.00	2500.00	1800.00	1900.00	1400.00	1500.00	-	-
Mannar	-	-	2500.00	2500.00	-	-	2500.00	2800.00	1800.00	2000.00	1900.00	2000.00	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	1900.00	2000.00	-	-	2400.00	2500.00	-	-	-	-	-	-
Batticaloa	1000.00	1000.00	2450.00	2500.00	-	-	-	-	1800.00	2000.00	-	-	1000.00	1000.00
Trincomalee	1200.00	1250.00	2400.00	2450.00	-	-	-	-	1600.00	1650.00	1300.00	1350.00	900.00	950.00
Veyangoda	1200.00	1400.00	2300.00	2400.00	-	-	2400.00	2600.00	2000.00	2200.00	2200.00	2300.00	1200.00	1200.00
Galenbindunuwewa	1400.00	1600.00	2900.00	3000.00	3000.00	3000.00	2750.00	2850.00	2400.00	2500.00	1800.00	2400.00	1100.00	1200.00
Bandarawela	1200.00	1600.00	2500.00	2600.00	-	-	2500.00	2800.00	2000.00	2200.00	2300.00	2400.00	1100.00	1200.00
Matale	1200.00	1300.00	2600.00	2800.00	-	-	2500.00	2600.00	2400.00	2500.00	2400.00	2500.00	1000.00	1300.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 28: 11 - 17 Jul 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1340.00 - 1400.00	1200.00 - 1400.00	3600.00 - 3900.00	2200.00 - 2500.00
Gampaha	-	1350.00 - 1350.00	1300.00 - 1400.00	3800.00 - 3800.00	1700.00 - 2000.00
Kurunegala	2800.00 - 2800.00	1300.00 - 1300.00	1280.00 - 1300.00	3300.00 - 3400.00	2200.00 - 2200.00
Nikaweratiya	2200.00 - 2400.00	1300.00 - 1400.00	-	-	-
Dambulla	-	1300.00 - 1350.00	1350.00 - 1350.00	-	1800.00 - 1900.00
Anuradhapura	2700.00 - 2800.00	1250.00 - 1350.00	-	3600.00 - 3800.00	2100.00 - 2300.00
Thambuththegama	-	1150.00 - 1280.00	-	-	1800.00 - 1850.00
Polonnaruwa	2500.00 - 2700.00	1200.00 - 1250.00	1300.00 - 1350.00	-	1800.00 - 2000.00
Kaluthara	2600.00 - 2700.00	1280.00 - 1350.00	-	-	-
Badulla	2400.00 - 2400.00	1250.00 - 1300.00	-	3200.00 - 3300.00	-
Keppetipola	2200.00 - 2300.00	1300.00 - 1350.00	1350.00 - 1400.00	3000.00 - 3200.00	-
Moneragala	2600.00 - 2600.00	1380.00 - 1450.00	1500.00 - 1550.00	3600.00 - 3600.00	2200.00 - 2400.00
Kegalle	2500.00 - 2500.00	1330.00 - 1430.00	-	3100.00 - 3100.00	2000.00 - 2200.00
Ampara	2200.00 - 2300.00	1150.00 - 1350.00	-	-	2300.00 - 2400.00
Dehiattakandiya	-	1320.00 - 1350.00	-	-	2000.00 - 2150.00
Nuwaraeliya	2400.00 - 2500.00	1300.00 - 1360.00	1390.00 - 1400.00	3200.00 - 3400.00	2200.00 - 2400.00
Kandy	2500.00 - 2500.00	1270.00 - 1300.00	1200.00 - 1250.00	3400.00 - 3500.00	2100.00 - 2200.00
Puttalam	2500.00 - 2500.00	1400.00 - 1400.00	1600.00 - 1600.00	3800.00 - 3800.00	2400.00 - 2400.00
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1320.00 - 1400.00	1250.00 - 1350.00	3500.00 - 3500.00	-
Matara	-	1350.00 - 1360.00	1380.00 - 1390.00	-	1800.00 - 2000.00
Galle	2600.00 - 2600.00	1300.00 - 1340.00	1400.00 - 1400.00	3500.00 - 3600.00	2200.00 - 2200.00
Tissamaharama	-	1350.00 - 1400.00	-	-	-
Meegoda	-	1360.00 - 1400.00	1300.00 - 1350.00	-	2100.00 - 2200.00
Embilipitiya	2000.00 - 2100.00	1200.00 - 1300.00	1250.00 - 1320.00	3300.00 - 3500.00	1650.00 - 1750.00
Jaffna	2000.00 - 2100.00	1100.00 - 1250.00	1300.00 - 1400.00	3500.00 - 4000.00	-
Vavuniya	2000.00 - 2150.00	1340.00 - 1380.00	1650.00 - 1700.00	3200.00 - 3300.00	-
Mannar	2200.00 - 2250.00	1300.00 - 1330.00	1450.00 - 1450.00	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2200.00 - 2200.00	1500.00 - 1500.00	1550.00 - 1600.00	-	-
Batticaloa	2100.00 - 2200.00	1300.00 - 1300.00	1400.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2000.00 - 2200.00	1350.00 - 1400.00	1650.00 - 1700.00	3400.00 - 3500.00	-
Veyangoda	-	1300.00 - 1400.00	-	-	2000.00 - 2200.00
Galenbindunuwewa	2400.00 - 2400.00	1270.00 - 1270.00	1350.00 - 1350.00	-	1850.00 - 1850.00
Bandarawela	2400.00 - 2500.00	1300.00 - 1350.00	-	3400.00 - 3500.00	-
Matale	2200.00 - 2400.00	1240.00 - 1300.00	1280.00 - 1300.00	3200.00 - 3300.00	1800.00 - 2000.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 28: 11 - 17 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	150.00 - 160.00	153.75	161.50	104.00	-4.80	47.84
Samba 1	235.00 - 240.00	237.22	237.25	236.40	-0.01	0.35	Small	130.00 - 140.00	135.00	144.00	86.00	-6.25	56.98
Samba 2	230.00 - 232.00	230.40	231.00	229.50	-0.26	0.39							
Keeri Samba	260.00 - 300.00	280.00	282.50	288.75	-0.88	-3.03	<u>Fruits (Rs/fruit)</u>						
Nadu 1	215.00 - 220.00	216.80	219.38	212.40	-1.17	2.07	Plantain						
Nadu 2	210.00 - 212.00	210.80	213.75	205.86	-1.38	2.40	Ambul (Rs/kg)	70.00 - 100.00	86.00	82.00	167.27	4.88	-48.59
Raw (Red)	190.00 - 205.00	195.63	203.75	194.00	-3.99	0.84	Kolikuttu (Rs/kg)	170.00 - 220.00	203.00	198.00	400.00	2.53	-49.25
Raw (White)	190.00 - 205.00	196.25	203.75	204.00	-3.68	-3.80	Seeni (Rs/kg)	70.00 - 100.00	86.00	83.00	135.00	3.61	-36.30
Imported							Anamalu	25.00 - 28.00	27.00	26.80	30.40	0.75	-11.18
Samba	240.00 - 250.00	245.00	236.00	283.13	3.81	-13.47	Ambun	33.00 - 38.00	36.55	36.40	35.80	0.40	2.08
Nadu	-	-	-	-	-	-	Papaw(Rs/kg)	180.00 - 220.00	206.67	130.00	146.67	58.97	40.91
Raw (Red)	-	-	-	-	-	-	Passion Fruit	50.00 - 70.00	62.00	67.78	58.89	-8.52	5.28
Raw (White)	205.00 - 210.00	207.50	207.50	-	0.00	-	Pineapple Large	400.00 - 480.00	423.75	428.75	475.00	-1.17	-10.79
<u>Dried Chillies</u>							Pineapple Medium	300.00 - 350.00	313.33	326.25	375.00	-3.96	-16.44
Imported	550.00 - 600.00	572.86	658.33	750.00	-12.98	-23.62	Pineapple Small	240.00 - 280.00	252.50	258.75	290.00	-2.42	-12.93
<u>Onion</u>							Mango						
Sinnan	-	-	-	-	-	-	Betti	60.00 - 70.00	63.33	62.50	37.50	1.33	68.89
Vedalan	400.00 - 440.00	418.33	416.67	380.00	0.40	10.09	Karthakolomban	280.00 - 320.00	294.00	324.00	90.00	-9.26	226.67
Imported	320.00 - 330.00	325.00	331.43	340.00	-1.94	-4.41	Vilad	80.00 - 100.00	86.67	106.67	65.00	-18.75	33.33
<u>Big Onion</u>							Kohu	-	-	-	-	-	-
Imported	55.00 - 105.00	81.88	85.00	192.78	-3.68	-57.53	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	110.00 - 160.00	138.00	129.00	88.18	6.98	56.49
<u>Potato</u>							Orange	90.00 - 110.00	99.00	114.00	112.73	-13.16	-12.18
Welimada	-	-	-	-	-	-	Avocado	100.00 - 130.00	110.00	112.00	98.18	-1.79	12.04
N'Elia	300.00 - 360.00	332.50	282.50	337.50	17.70	-1.48	Slime Apple	50.00 - 60.00	53.00	56.00	36.00	-5.36	47.22
Imported	160.00 - 180.00	166.25	162.50	262.86	2.31	-36.75	Grapes (Imp., Rs/kg)	1300.00 - 1800.00	1512.50	1762.50	1295.00	-14.18	16.80
<u>Pulses</u>							King Coconut	120.00 - 160.00	143.00	140.00	162.00	2.14	-11.73
Green Gram	650.00 - 800.00	741.67	761.67	830.00	-2.63	-10.64							
Cowpea (White)	800.00 - 850.00	828.33	800.00	818.57	3.54	1.19	<u>Sea Fish</u>						
Cowpea (Red)	850.00 - 950.00	890.00	880.00	750.00	1.14	18.67	Salaya	600.00 - 750.00	635.00	560.00	280.00	13.39	126.79
Red Dhal	240.00 - 250.00	245.63	244.67	287.14	0.39	-14.46	Hurulla	900.00 - 1200.00	960.00	1000.00	739.23	-4.00	29.86
<u>Vegetable</u>							Balaya	1000.00 - 1300.00	1145.00	1070.00	582.50	7.01	96.57
Beans (Butter)	-	-	-	-	-	-	Kelawalla	1400.00 - 1800.00	1580.00	1470.00	1260.83	7.48	25.31
Beans(Green)	350.00 - 450.00	396.36	420.00	537.00	-5.63	-26.19	Thora	1800.00 - 2400.00	2120.00	3050.00	2792.31	-30.49	-24.08
Carrot	250.00 - 350.00	295.56	276.67	312.00	6.83	-5.27	Paraw	1200.00 - 1500.00	1340.00	1260.00	1450.00	6.35	-7.59
Leeks	100.00 - 180.00	140.00	182.22	374.00	-23.17	-62.57	Mora	1000.00 - 1200.00	1120.00	1110.00	1139.17	0.90	-1.68
Beetroot	80.00 - 150.00	118.18	145.00	382.31	-18.50	-69.09	Shrimps	1200.00 - 1600.00	1420.00	1250.00	1802.50	13.60	-21.22
Knolkhol	80.00 - 120.00	94.55	72.00	184.00	31.31	-48.62	Thalapath	2300.00 - 2500.00	2420.00	1980.00	1979.17	22.22	22.27
Raddish	60.00 - 100.00	75.45	61.00	96.00	23.70	-21.40	<u>Eggs</u>						
Cabbage	160.00 - 220.00	189.09	207.69	163.00	-8.96	16.01	Brown	31.00 - 32.00	31.78	33.10	54.06	-3.99	-41.22
Tomato	60.00 - 80.00	70.91	74.17	206.00	-4.39	-65.58	White	29.00 - 31.00	30.20	31.00	51.25	-2.58	-41.07
Ladies Fingers	50.00 - 80.00	60.00	61.82	127.00	-2.94	-52.76	<u>Dried Fish</u>						
Brinjal	200.00 - 400.00	300.00	335.83	158.00	-10.67	89.87	Sprats	1300.00 - 1700.00	1500.00	1722.22	1591.67	-12.90	-5.76
Capsicum	380.00 - 550.00	455.00	381.11	590.00	19.39	-22.88	Sprats (Imported)	1000.00 - 1150.00	1060.00	1118.89	865.83	-5.26	22.43
Pumpkin	80.00 - 120.00	94.55	96.00	133.00	-1.52	-28.91	Kattawa	-	-	-	-	-	-
Cucumber	30.00 - 60.00	45.45	54.00	92.00	-15.82	-50.59	Kattawa (Imported)	1500.00 - 1700.00	1625.00	1838.89	1332.50	-11.63	21.95
Bitter Gourd	200.00 - 250.00	229.09	341.00	428.00	-32.82	-46.47	Thora	-	-	-	-	-	-
Snake Gourd	120.00 - 160.00	136.00	140.00	192.73	-2.86	-29.43	Thora (Imported)	-	-	-	-	-	-
Drumstick	200.00 - 500.00	325.00	410.00	-	-20.73	-	Mora	2200.00 - 2500.00	2355.00	2294.44	1871.67	2.64	25.82
Luffa	80.00 - 120.00	93.33	82.50	205.00	13.13	-54.47	Mora (Imported)	-	-	-	-	-	-
Long Beans	150.00 - 220.00	182.22	187.78	254.17	-2.96	-28.31	Balaya	1300.00 - 1550.00	1420.00	1638.89	1150.00	-13.36	23.48
Ash Plantain	50.00 - 80.00	64.55	68.89	194.00	-6.30	-66.73	Balaya (Imported)	-	-	-	-	-	-
Green Chillies	300.00 - 450.00	372.22	380.91	295.00	-2.28	26.18	Anguluwa	-	-	-	-	-	-
Lime	200.00 - 250.00	225.00	235.00	640.00	-4.26	-64.84	Anguluwa (Imported)	1700.00 - 2000.00	1815.00	1733.33	1460.00	4.71	24.32
<u>Root Crops</u>							Maduwa	1350.00 - 1700.00	1490.00	1616.67	1374.17	-7.84	8.43
Sweet Potato	150.00 - 200.00	171.43	173.75	138.00	-1.34	24.22	Maduwa (Imported)	-	-	-	-	-	-
Manioc	80.00 - 120.00	92.50	93.33	110.00	-0.89	-15.91	Koduwa	-	-	-	-	-	-
<u>Leafy Vegetable</u>							Koduwa (Imported)	-	-	-	-	-	-
Mukunuwenna	35.00 - 40.00	37.50	37.50	41.67	0.00	-10.00	Salaya	600.00 - 750.00	650.00	711.11	405.00	-8.59	60.49
Kankun	35.00 - 40.00	37.50	37.50	41.67	0.00	-10.00	Salaya (Imported)	-	-	-	-	-	-
Gotukola (Rs/kg)	280.00 - 300.00	290.00	290.00	248.33	0.00	16.78							

This Week: Week 28: 11 - 17 Jul 2025

Last Week: Week 27: 04 - 10 Jul 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 28: 11 - 17 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	180.00 · 195.00	188.61	197.05	120.19	-8.43	56.93
Samba 1	240.00 · 260.00	251.54	251.25	251.28	0.29	0.10	Small	150.00 · 180.00	170.28	178.33	98.21	-8.06	73.37
Samba 2													
Keeri Samba	270.00 · 300.00	286.47	288.89	355.00	-2.42	-19.30	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	231.11	231.58	224.81	-0.47	2.80	Plantain						
Nadu 2							Ambul (Rs/kg)	150.00 · 200.00	168.57	147.50	232.89	21.07	-27.62
Raw (Red)	200.00 · 240.00	221.05	223.64	205.60	-2.58	7.52	Kolikuttu (Rs/kg)	250.00 · 350.00	298.50	285.00	490.57	13.50	-39.15
Raw (White)	200.00 · 230.00	219.00	221.74	216.43	-2.74	1.19	Seeni (Rs/kg)	120.00 · 200.00	165.71	159.00	214.47	6.71	-22.73
Imported							Anamalu	35.00 · 46.00	42.24	41.20	42.59	1.04	-0.82
Samba	250.00 · 260.00	258.00	250.00	293.50	8.00	-12.10	Ambun	45.00 · 70.00	58.85	57.30	58.85	1.55	0.00
Nadu							Papaw(Rs/kg)	220.00 · 350.00	282.63	256.54	248.92	26.09	13.54
Raw (Red)							Passion Fruit	70.00 · 100.00	86.25	98.75	90.71	-12.50	-4.92
Raw (White)	220.00 · 230.00	223.33	223.33		0.00		Pineapple Large	460.00 · 600.00	523.08	553.33	622.83	-30.26	-16.02
Dried Chillies							Pineapple Medium	350.00 · 460.00	393.33	422.50	479.66	-29.17	-18.00
Imported	650.00 · 900.00	761.50	805.26	992.00	-43.76	-23.24	Pineapple Small	280.00 · 370.00	311.82	332.94	365.24	-21.12	-14.63
Onion							Mango						
Sinnan							Betti	62.00 · 71.00	64.75				
Vedalan	480.00 · 750.00	616.67	650.00	537.78	-33.33	14.67	Karthakolomban	330.00 · 430.00	365.00	381.11	137.48	-16.11	165.50
Imported	350.00 · 480.00	419.00	494.38	447.14	-75.38	-6.29	Vilad	140.00 · 150.00	145.00	153.33	91.11	-8.33	59.15
Big Onion							Kohu						
Imported	120.00 · 160.00	136.88	144.80	267.81	-7.93	-48.89	Other						
Local							Wood Apple	200.00 · 260.00	234.29	233.33	135.21	0.95	73.28
Potato							Orange	100.00 · 160.00	127.27	161.82	158.82	-34.55	-19.87
Welimada							Avocado	140.00 · 250.00	187.69	192.63	152.88	-4.94	22.77
N'Eliya	360.00 · 450.00	400.83	393.33	439.17	7.50	-8.73	Slime Apple	60.00 · 90.00	74.31	112.11	94.36	-37.80	-21.25
Imported	180.00 · 240.00	205.71	201.15	252.73	4.56	-18.60	Grapes (Imp., Rs/kg)	1600.00 · 2600.00	2143.75	2247.37	2234.78	-103.62	-4.07
Pulses							King Coconut	160.00 · 220.00	196.92	179.44	195.38	17.48	0.79
Green Gram	800.00 · 1100.00	874.00	902.22	1269.57	-28.22	-31.16							
Cowpea (White)	880.00 · 1100.00	972.73	959.09	1012.40	13.64	-3.92	Sea Fish						
Cowpea (Red)	900.00 · 1200.00	1008.33	988.46	1000.46	19.87	0.79	Salaya	700.00 · 1000.00	893.33	775.63	522.27	117.71	71.05
Red Dhal	270.00 · 320.00	288.80	286.54	330.83	2.26	-12.71	Hurulla	1000.00 · 1200.00	1171.43	1181.82	951.82	-10.39	23.07
Vegetable							Balaya			1575.00	927.27		
Beans (Butter)							Kelawalla	2100.00 · 3200.00	2566.67	2229.41	2170.45	337.25	18.25
Beans(Green)	420.00 · 680.00	572.14	579.20	700.00	-7.06	-18.27	Thora	3200.00 · 4000.00	3742.86	4014.71	3313.64	-271.85	12.95
Carrot	350.00 · 600.00	456.43	458.08	508.62	-1.65	-10.26	Paraw	2000.00 · 3000.00	2387.50	2240.00	1996.67	147.50	19.57
Leeks	240.00 · 400.00	324.07	360.40	552.07	-36.33	-41.30	Mora			1500.00			
Beetroot	180.00 · 400.00	312.14	337.39	500.37	-25.25	-37.62	Shrimps	1600.00 · 2400.00	2000.00	1912.50	1975.00	87.50	1.27
Knolkhol	160.00 · 400.00	291.74	287.08	435.71	4.66	-33.04	Thalapath	2700.00 · 3300.00	3073.68	3058.82	2934.09	14.86	4.76
Raddish	120.00 · 350.00	238.85	237.20	258.62	1.65	-7.65	Eggs						
Cabbage	280.00 · 480.00	390.37	399.60	348.15	-9.23	12.13	Brown	32.00 · 36.00	34.63	35.12	55.11	-0.49	-37.17
Tomato	100.00 · 260.00	196.79	220.00	390.36	-23.21	-49.59	White	31.00 · 34.00	32.88	33.44	53.11	-0.57	-38.10
Ladies Fingers	150.00 · 320.00	240.00	249.55	289.66	-9.55	-17.14	Dried Fish						
Brinjal	350.00 · 600.00	463.33	472.50	325.71	-9.17	42.25	Sprats	1400.00 · 2000.00	1811.11	1912.50	2133.33	-101.39	-15.10
Capsicum	500.00 · 800.00	727.86	627.20	793.23	100.66	-8.24	Sprats (Imported)	1300.00 · 1600.00	1382.35	1388.89	1245.45	-6.54	10.99
Pumpkin	140.00 · 320.00	227.31	235.38	256.21	-8.08	-11.28	Kattawa	1800.00 · 2800.00	2500.00	2511.11	2041.67	-11.11	22.45
Cucumber	100.00 · 240.00	174.80	176.67	230.34	-1.87	-24.11	Thora						
Bitter Gourd	300.00 · 600.00	415.38	528.64	621.15	-113.25	-33.13	Mora	2400.00 · 3000.00	2747.06	2716.67	2400.00	30.39	14.46
Snake Gourd	230.00 · 400.00	313.08	329.60	385.19	-16.52	-18.72	Balaya	2000.00 · 2600.00	2392.86	2394.44	1628.13	-1.59	46.97
Drumstick	320.00 · 800.00	528.08	690.43	875.65	-162.36	-39.69	Anguluwa	2300.00 · 2800.00	2528.57	2500.00	2200.00	28.57	14.94
Luffa	160.00 · 400.00	307.60	285.00	405.00	22.60	-24.05	Maduwa	1500.00 · 2200.00	1966.67	2028.57		-61.90	
Long Beans	230.00 · 400.00	334.35	366.82	430.00	-32.47	-22.24	Koduwa						
Ash Plantain	120.00 · 280.00	204.80	207.08	329.26	-2.28	-37.80	Salaya	1000.00 · 1400.00	1236.36	1316.67	980.00	-80.30	26.16
Green Chillies	400.00 · 1000.00	678.08	720.00	542.86	-41.92	24.91	Meat						
Lime	300.00 · 650.00	463.91	475.60	1268.97	-11.69	-63.44	Beef (without Bones)	2600.00 · 2800.00	2744.44	2744.44	2614.29	0.00	4.98
Root Crops							Chicken (Broiler)	1340.00 · 1400.00	1368.33	1368.18	1156.15	0.15	18.35
Sweet Potato	200.00 · 360.00	296.96	302.31	282.33	-5.35	5.18	Chicken (Curry)	1200.00 · 1400.00	1235.71	1235.00	1225.00	0.71	0.87
Manioc	160.00 · 240.00	209.60	210.38	207.74	-0.78	0.89	Mutton	3600.00 · 3900.00	3811.11	3745.00	3370.00	66.11	13.09
Leafy Vegetable							Pork	2200.00 · 2500.00	2416.67	2420.00	1340.00	-3.33	80.35
Mukunuwenna	50.00 · 80.00	72.22	76.67	75.19	-4.44	-3.94							
Kankun	50.00 · 80.00	72.22	76.67	75.19	-4.44	-3.94							
Gotukola	230.00 · 280.00	251.67	250.00	114.44	1.67	119.90							

This Week:

Week 28: 11 - 17 Jul 2025

Last Week:

Week 27: 04 - 10 Jul 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 28: 11 - 17 Jul 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	86.00 – 100.00	93.20
A'pura	123.00 – 127.00	124.60	Dambulla	300.00 – 330.00	316.00	Hambantota	–	
P'naruwa	125.00 – 132.00	128.20	Welimada	400.00 – 425.00	416.00	Embilipitiya	100.00 – 120.00	107.50
Kalawewa	122.00 – 127.00	124.80	Badulla	380.00 – 420.00	400.00	Matara	–	
Kurunegala	125.00 – 126.00	125.50	Carrot			A'pura	90.00 – 110.00	98.00
Dehiattakandiya	120.00 – 125.00	122.67	N'Elia	250.00 – 270.00	262.00	Luffa		
Nikaweratiya	118.00 – 120.00	119.00	Welimada	180.00 – 220.00	204.00	Dambulla	80.00 – 90.00	84.80
Ampara	130.00 – 131.00	130.33	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	150.00 – 170.00	160.00
A'pura	115.00 – 120.00	117.00	N'Elia	135.00 – 140.00	137.00	Matara	–	
P'naruwa	120.00 – 122.00	120.80	Welimada	80.00 – 100.00	87.00	A'pura	80.00 – 100.00	88.00
Kalawewa	115.00 – 120.00	117.00	Beetroot			Green Chillies		
Kurunegala	100.00 – 120.00	110.60	N'Elia	110.00 – 120.00	115.00	Dambulla	240.00 – 290.00	270.00
Dehiattakandiya	116.00 – 120.00	118.00	Dambulla	100.00 – 110.00	102.50	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	340.00 – 370.00	355.00
Nikaweratiya	100.00 – 115.00	107.40	Welimada	110.00 – 130.00	121.00	Puttalam	333.00 – 475.00	396.00
Hambantota	–		Hanguranketha	–		A'pura	300.00 – 350.00	320.00
Ampara	95.00 – 115.00	107.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	35.00 – 40.00	37.00	Dambulla	48.00 – 57.00	52.80
Matara	115.00 – 120.00	117.50	Welimada	35.00 – 50.00	42.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	100.00 – 120.00	112.50
Embilipitiya	115.00 – 117.00	116.00	Raddish			Matara	65.00 – 70.00	68.33
Keeri Samba			N'Elia	30.00 – 40.00	36.00	A'pura	60.00 – 70.00	64.00
A'pura	132.00 – 136.00	133.60	Welimada	50.00 – 60.00	53.00	Moneragala	90.00 – 100.00	94.00
P'naruwa	132.00 – 136.00	135.00	Hambantota	–		Cucumber		
Kalawewa	135.00 – 138.00	136.60	Hanguranketha	–		A'pura	30.00 – 40.00	34.00
Kurunegala	132.00 – 134.00	133.00	Cabbage			Dambulla	30.00 – 38.00	33.80
Dehiattakandiya	130.00 – 130.00	130.00	N'Elia	220.00 – 230.00	224.00	Hambantota	–	
Red Onion			Welimada	135.00 – 155.00	146.00	Matara	35.00 – 40.00	36.67
Puttalam	257.00 – 333.00	291.67	Badulla	120.00 – 160.00	140.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	90.00 – 110.00	99.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	15.00 – 25.00	20.40	Embilipitiya	220.00 – 230.00	226.25
Kalawewa	–		Hambantota	–		Matara	120.00 – 130.00	125.00
A'pura	–		Dambulla	38.00 – 48.00	43.20	A'pura	140.00 – 160.00	148.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	290.00 – 300.00	297.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	250.00 – 280.00	263.33	Ladies Fingers			Embilipitiya	30.00 – 40.00	33.75
Welimada	255.00 – 265.00	261.00	A'pura	60.00 – 80.00	68.00	Matara	40.00 – 50.00	45.00
<u>Pulses</u>			Dambulla	45.00 – 57.00	51.40	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	40.00 – 50.00	45.00	Embilipitiya	220.00 – 240.00	230.00
Moneragala	600.00 – 650.00	620.00	Matara	65.00 – 70.00	68.33	Moneragala	110.00 – 120.00	114.00
Embilipitiya	600.00 – 620.00	610.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	400.00 – 450.00	425.00	A'pura	260.00 – 280.00	268.00	Banana		
A'pura	580.00 – 620.00	596.00	Dambulla	190.00 – 220.00	204.00	Ambul		
Cowpea			Hambantota	–		Moneragala	40.00 – 50.00	44.00
Hambantota	–		Embilipitiya	180.00 – 210.00	195.00	Embilipitiya	30.00 – 40.00	34.00
Nikaweratiya	450.00 – 500.00	472.50	Matara	270.00 – 280.00	276.67	Hambantota	–	
Moneragala	550.00 – 600.00	570.00	Welimada	250.00 – 270.00	257.00	Kolikuttu		
Embilipitiya	680.00 – 700.00	690.00	Capsicum			Moneragala	130.00 – 150.00	138.00
Maize			Badulla	480.00 – 550.00	516.67	Embilipitiya	120.00 – 150.00	136.00
A'pura	–		Welimada	370.00 – 400.00	386.00	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	200.00 – 220.00	208.00	Moneragala	100.00 – 120.00	108.00
A'pura	–		Dambulla	145.00 – 172.50	158.00	Embilipitiya	140.00 – 150.00	143.75
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	200.00 – 220.00	207.50	Pineapple		
A'pura	–		Matara	270.00 – 280.00	273.33	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 28: 11 - 17 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 250.00	250.00 - 250.00	250.00 - 260.00	250.00 - 250.00	250.00 - 250.00	-	250.00 - 260.00	250.00 - 250.00	250.00 - 250.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 280.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00	300.00 - 300.00	300.00 - 300.00	270.00 - 300.00	280.00 - 280.00	280.00 - 280.00
Nadu 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 220.00	220.00 - 220.00	200.00 - 220.00	200.00 - 220.00	220.00 - 220.00	240.00 - 240.00	220.00 - 240.00	220.00 - 220.00	220.00 - 220.00
Raw (White)	220.00 - 220.00	210.00 - 210.00	200.00 - 210.00	210.00 - 220.00	220.00 - 220.00	230.00 - 230.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00
Imported									
Samba	250.00 - 250.00	-	-	-	-	-	260.00 - 260.00	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	230.00 - 230.00	-	220.00 - 220.00	-	220.00 - 220.00	-	-	-	220.00 - 220.00
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	650.00 - 680.00	800.00 - 850.00	700.00 - 700.00	650.00 - 800.00	850.00 - 850.00	750.00 - 800.00	700.00 - 750.00	750.00 - 900.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	600.00 - 750.00	-	-	-	480.00 - 560.00
Imported	350.00 - 350.00	-	360.00 - 400.00	400.00 - 400.00	-	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	-
<u>Big Onion</u>									
Imported	120.00 - 130.00	-	-	-	150.00 - 160.00	140.00 - 140.00	120.00 - 140.00	120.00 - 120.00	150.00 - 150.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	420.00 - 450.00	400.00 - 400.00	360.00 - 380.00	360.00 - 360.00	440.00 - 440.00	-	-	400.00 - 400.00	360.00 - 400.00
Imported	180.00 - 200.00	240.00 - 240.00	180.00 - 200.00	200.00 - 240.00	200.00 - 240.00	200.00 - 200.00	180.00 - 220.00	200.00 - 200.00	180.00 - 240.00
<u>Pulses</u>									
Green Gram	800.00 - 800.00	800.00 - 800.00	800.00 - 800.00	800.00 - 800.00	800.00 - 1100.00	880.00 - 880.00	800.00 - 800.00	800.00 - 800.00	1100.00 - 1100.00
Cowpea (White)	900.00 - 900.00	900.00 - 950.00	900.00 - 900.00	950.00 - 1000.00	880.00 - 1100.00	-	-	920.00 - 920.00	1100.00 - 1100.00
Cowpea (Red)	900.00 - 950.00	900.00 - 900.00	900.00 - 900.00	-	1100.00 - 1200.00	900.00 - 900.00	950.00 - 950.00	900.00 - 900.00	1100.00 - 1100.00
Red Dhal	270.00 - 300.00	280.00 - 300.00	280.00 - 320.00	300.00 - 320.00	280.00 - 320.00	270.00 - 300.00	270.00 - 280.00	270.00 - 280.00	280.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 28: 11 - 17 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	500.00 - 600.00	600.00 - 600.00	550.00 - 600.00	650.00 - 680.00	600.00 - 650.00	650.00 - 680.00	420.00 - 450.00	560.00 - 560.00	600.00 - 650.00
Carrot	360.00 - 400.00	560.00 - 560.00	450.00 - 480.00	550.00 - 600.00	400.00 - 480.00	350.00 - 400.00	360.00 - 400.00	400.00 - 450.00	560.00 - 600.00
Leeks	250.00 - 280.00	320.00 - 400.00	400.00 - 400.00	400.00 - 400.00	320.00 - 340.00	320.00 - 340.00	240.00 - 260.00	240.00 - 280.00	360.00 - 400.00
Beetroot	230.00 - 250.00	400.00 - 400.00	320.00 - 340.00	400.00 - 400.00	320.00 - 340.00	320.00 - 320.00	180.00 - 200.00	320.00 - 340.00	320.00 - 340.00
Knolkhol	160.00 - 200.00	320.00 - 400.00	320.00 - 320.00	360.00 - 400.00	280.00 - 320.00	-	180.00 - 200.00	400.00 - 400.00	230.00 - 230.00
Raddish	120.00 - 160.00	320.00 - 320.00	240.00 - 280.00	350.00 - 350.00	240.00 - 260.00	260.00 - 280.00	160.00 - 180.00	160.00 - 200.00	120.00 - 140.00
Cabbage	300.00 - 450.00	400.00 - 480.00	450.00 - 480.00	480.00 - 480.00	350.00 - 420.00	450.00 - 480.00	280.00 - 300.00	400.00 - 450.00	360.00 - 400.00
Tomato	120.00 - 150.00	240.00 - 260.00	240.00 - 260.00	220.00 - 240.00	160.00 - 180.00	200.00 - 220.00	100.00 - 120.00	240.00 - 250.00	200.00 - 220.00
Ladies Fingers	150.00 - 180.00	240.00 - 280.00	260.00 - 280.00	320.00 - 320.00	240.00 - 260.00	300.00 - 320.00	160.00 - 180.00	230.00 - 240.00	200.00 - 220.00
Brinjal	350.00 - 450.00	550.00 - 600.00	480.00 - 520.00	600.00 - 600.00	350.00 - 420.00	550.00 - 600.00	360.00 - 400.00	550.00 - 600.00	550.00 - 600.00
Capsicum	600.00 - 650.00	700.00 - 800.00	750.00 - 800.00	750.00 - 800.00	700.00 - 800.00	750.00 - 800.00	500.00 - 560.00	750.00 - 800.00	800.00 - 800.00
Pumpkin	140.00 - 150.00	240.00 - 280.00	320.00 - 320.00	280.00 - 320.00	180.00 - 220.00	300.00 - 320.00	160.00 - 180.00	220.00 - 240.00	220.00 - 240.00
Cucumber	120.00 - 130.00	200.00 - 240.00	200.00 - 220.00	240.00 - 240.00	200.00 - 200.00	180.00 - 220.00	100.00 - 120.00	200.00 - 240.00	200.00 - 200.00
Bitter Gourd	320.00 - 360.00	300.00 - 360.00	450.00 - 480.00	550.00 - 600.00	350.00 - 380.00	400.00 - 400.00	350.00 - 400.00	360.00 - 400.00	550.00 - 600.00
Snake Gourd	230.00 - 260.00	300.00 - 360.00	300.00 - 320.00	350.00 - 400.00	320.00 - 340.00	280.00 - 320.00	230.00 - 240.00	400.00 - 400.00	320.00 - 400.00
Drumstick	360.00 - 400.00	700.00 - 800.00	480.00 - 550.00	800.00 - 800.00	500.00 - 550.00	600.00 - 600.00	480.00 - 560.00	320.00 - 400.00	560.00 - 600.00
Luffa	180.00 - 200.00	320.00 - 360.00	300.00 - 320.00	340.00 - 400.00	350.00 - 400.00	-	160.00 - 180.00	320.00 - 340.00	400.00 - 400.00
Long Beans	300.00 - 400.00	400.00 - 400.00	400.00 - 400.00	400.00 - 400.00	350.00 - 400.00	-	230.00 - 240.00	230.00 - 240.00	240.00 - 260.00
Ash Plantain	120.00 - 160.00	240.00 - 280.00	260.00 - 280.00	280.00 - 280.00	180.00 - 200.00	230.00 - 240.00	160.00 - 180.00	200.00 - 230.00	230.00 - 240.00
Green Chillies	500.00 - 600.00	560.00 - 650.00	760.00 - 800.00	1000.00 - 1000.00	550.00 - 600.00	1000.00 - 1000.00	400.00 - 450.00	750.00 - 800.00	800.00 - 800.00
Lime	320.00 - 400.00	500.00 - 600.00	560.00 - 600.00	550.00 - 600.00	450.00 - 480.00	600.00 - 600.00	300.00 - 350.00	600.00 - 650.00	650.00 - 650.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 260.00	280.00 - 340.00	320.00 - 320.00	280.00 - 320.00	300.00 - 320.00	360.00 - 360.00	280.00 - 300.00	340.00 - 360.00	280.00 - 320.00
Manioc	160.00 - 180.00	200.00 - 240.00	220.00 - 240.00	240.00 - 240.00	230.00 - 240.00	220.00 - 240.00	160.00 - 180.00	220.00 - 240.00	230.00 - 240.00
<u>Leafy Vegetable</u>									
Mukunuwenna	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 70.00	70.00 - 70.00	50.00 - 60.00	60.00 - 70.00	70.00 - 80.00
Kankun	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 70.00	70.00 - 70.00	50.00 - 60.00	60.00 - 70.00	70.00 - 80.00
Gotukola	240.00 - 260.00	240.00 - 260.00	260.00 - 280.00	240.00 - 260.00	240.00 - 240.00	260.00 - 280.00	240.00 - 260.00	240.00 - 260.00	230.00 - 240.00
<u>Coconut</u>									
Large	180.00 - 190.00	190.00 - 195.00	185.00 - 195.00	190.00 - 195.00	190.00 - 195.00	180.00 - 190.00	180.00 - 190.00	190.00 - 190.00	180.00 - 190.00
Small	165.00 - 170.00	180.00 - 180.00	170.00 - 180.00	180.00 - 180.00	165.00 - 170.00	150.00 - 160.00	160.00 - 170.00	170.00 - 180.00	165.00 - 170.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 28: 11 - 17 Jul 2025

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	150.00	-	200.00	160.00	-	200.00	160.00	-	200.00	200.00	-	200.00	170.00	-	180.00	150.00	-	200.00	150.00	-	160.00	150.00	-	160.00	160.00	-	170.00
Kolikuttu (Rs/Kg)	250.00	-	320.00	350.00	-	350.00	330.00	-	330.00	350.00	-	350.00	320.00	-	350.00	250.00	-	300.00	250.00	-	300.00	280.00	-	300.00	300.00	-	300.00
Seeni (Rs/Kg)	120.00	-	180.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	180.00	-	200.00	160.00	-	180.00	120.00	-	160.00	150.00	-	160.00	180.00	-	180.00
Anamalu	35.00	-	43.00	45.00	-	45.00	46.00	-	46.00	45.00	-	45.00	45.00	-	46.00	36.00	-	40.00	36.00	-	43.00	40.00	-	42.00	42.00	-	42.00
Ambun	45.00	-	60.00	60.00	-	60.00	70.00	-	70.00	60.00	-	60.00	60.00	-	60.00	60.00	-	60.00	50.00	-	60.00	56.00	-	60.00	60.00	-	60.00
<u>Pineapple</u>																											
Large	460.00	-	520.00	600.00	-	600.00	580.00	-	600.00	520.00	-	520.00	520.00	-	520.00	520.00	-	520.00	460.00	-	460.00	500.00	-	500.00	520.00	-	520.00
Medium	350.00	-	400.00	460.00	-	460.00	420.00	-	420.00	400.00	-	400.00	400.00	-	400.00	400.00	-	400.00	350.00	-	350.00	380.00	-	380.00	400.00	-	400.00
Small	280.00	-	320.00	370.00	-	370.00		-		320.00	-	320.00	320.00	-	320.00	320.00	-	320.00	280.00	-	280.00	300.00	-	300.00	320.00	-	320.00
<u>Mango</u>																											
Betti	62.00	-	71.00		-			-			-			-			-			-			-			-	
Karthakolomban	330.00	-	430.00		-			-		400.00	-	400.00	400.00	-	400.00		-		370.00	-	370.00	330.00	-	400.00	330.00	-	330.00
Vilad	140.00	-	150.00		-			-		145.00	-	145.00		-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	200.00	-	240.00	240.00	-	240.00	260.00	-	260.00	240.00	-	240.00	240.00	-	240.00		-		200.00	-	200.00	200.00	-	240.00	260.00	-	260.00
Orange	100.00	-	160.00	120.00	-	120.00	120.00	-	120.00	140.00	-	140.00	140.00	-	140.00		-			-		100.00	-	100.00	150.00	-	150.00
Avocado	140.00	-	160.00	150.00	-	150.00	250.00	-	250.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	250.00	-	250.00	200.00	-	200.00
Slime Apple	60.00	-	90.00	70.00	-	70.00	70.00	-	70.00	80.00	-	80.00	90.00	-	90.00	80.00	-	80.00	60.00	-	60.00	60.00	-	80.00	80.00	-	80.00
Grapes (Rs/Kg)	1600.00	-	1800.00	2400.00	-	2400.00	2500.00	-	2500.00	2500.00	-	2500.00	2000.00	-	2000.00	2500.00	-	2500.00	2000.00	-	2000.00	2000.00	-	2500.00	2300.00	-	2600.00
Papaw (Rs/Kg)	220.00	-	300.00	350.00	-	350.00	350.00	-	350.00	330.00	-	330.00	280.00	-	300.00	300.00	-	300.00	250.00	-	300.00	250.00	-	300.00	250.00	-	260.00
Passion	70.00	-	80.00		-		100.00	-	100.00	80.00	-	80.00	90.00	-	90.00	80.00	-	80.00	90.00	-	100.00	75.00	-	75.00	100.00	-	100.00
King Coconut	200.00	-	220.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	160.00	-	180.00	200.00	-	200.00	180.00	-	180.00	220.00	-	220.00	180.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 28: 11 - 17 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	700.00 - 800.00	900.00 - 900.00	1000.00 - 1000.00	1000.00 - 1000.00	-	800.00 - 800.00	800.00 - 800.00	1000.00 - 1000.00	800.00 - 900.00
Hurulla	1000.00 - 1000.00	-	1200.00 - 1200.00	1200.00 - 1200.00	-	-	-	1200.00 - 1200.00	-
Balaya	-	-	-	-	-	-	-	-	-
Kelawalla	2100.00 - 2200.00	3000.00 - 3000.00	2600.00 - 2800.00	3200.00 - 3200.00	-	2400.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2400.00	2200.00 - 2400.00
Thora	3600.00 - 3800.00	3200.00 - 3200.00	4000.00 - 4000.00	4000.00 - 4000.00	3800.00 - 3800.00	3200.00 - 3200.00	-	3600.00 - 4000.00	4000.00 - 4000.00
Paraw	2000.00 - 2000.00	2800.00 - 2800.00	2400.00 - 2400.00	3000.00 - 3000.00	2000.00 - 2000.00	2400.00 - 2400.00	2000.00 - 2200.00	2200.00 - 2400.00	2200.00 - 2400.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1600.00 - 1800.00	2000.00 - 2000.00	2000.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2400.00	1800.00 - 2000.00	2000.00 - 2200.00	2000.00 - 2200.00
Talapath	2700.00 - 2800.00	3200.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3000.00	3300.00 - 3300.00	3000.00 - 3000.00	2800.00 - 3000.00	3000.00 - 3200.00	3200.00 - 3200.00
<u>Eggs (Rs/egg)</u>									
Brown	32.00 - 32.00	34.00 - 34.00	34.00 - 34.00	35.00 - 35.00	35.00 - 35.00	34.00 - 34.00	36.00 - 36.00	36.00 - 36.00	35.00 - 36.00
White	31.00 - 31.00	32.00 - 32.00	32.00 - 32.00	33.00 - 34.00	33.00 - 33.00	33.00 - 33.00	34.00 - 34.00	34.00 - 34.00	33.00 - 34.00
<u>Dried Fish</u>									
Sprats	1400.00 - 1500.00	1700.00 - 2000.00	1800.00 - 2000.00	2000.00 - 2000.00	1600.00 - 1600.00	1800.00 - 2000.00	2000.00 - 2000.00	1600.00 - 2000.00	1800.00 - 2000.00
Kattawa	1800.00 - 2400.00	2600.00 - 2800.00	2800.00 - 2800.00	2800.00 - 2800.00	2400.00 - 2400.00	2600.00 - 2800.00	2600.00 - 2600.00	2600.00 - 2800.00	2600.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00 - 2500.00	2800.00 - 2800.00	2800.00 - 3000.00	2800.00 - 3000.00	2400.00 - 2400.00	-	2600.00 - 2800.00	2600.00 - 2800.00	2600.00 - 2800.00
Balaya	2000.00 - 2200.00	2200.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2500.00	2400.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00
Anguluwa	2300.00 - 2400.00	2400.00 - 2400.00	-	2600.00 - 2600.00	2800.00 - 2800.00	-	-	-	-
Salaya	1000.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	-	-	1200.00 - 1200.00	-	1400.00 - 1400.00	-
<u>Meat</u>									
Beef (without Bones)	2700.00 - 2800.00	2800.00 - 2800.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	-	2600.00 - 2600.00	2800.00 - 2800.00	2800.00 - 2800.00
Chicken (Broiler)	1350.00 - 1350.00	1380.00 - 1400.00	1380.00 - 1380.00	1400.00 - 1400.00	1350.00 - 1350.00	1350.00 - 1350.00	1340.00 - 1340.00	1380.00 - 1380.00	1350.00 - 1350.00
Chicken (Curry)	1200.00 - 1200.00	-	-	1400.00 - 1400.00	1200.00 - 1200.00	1250.00 - 1250.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Mutton	3800.00 - 3800.00	3800.00 - 3800.00	3900.00 - 3900.00	3900.00 - 3900.00	3800.00 - 3800.00	3800.00 - 3800.00	3600.00 - 3600.00	3800.00 - 3800.00	3900.00 - 3900.00
Pork	2400.00 - 2400.00	2500.00 - 2500.00	2500.00 - 2500.00	2500.00 - 2500.00	-	-	-	2400.00 - 2400.00	2200.00 - 2200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

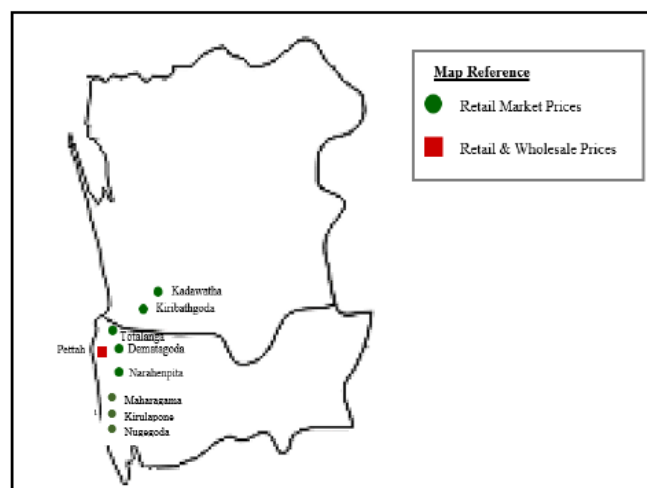
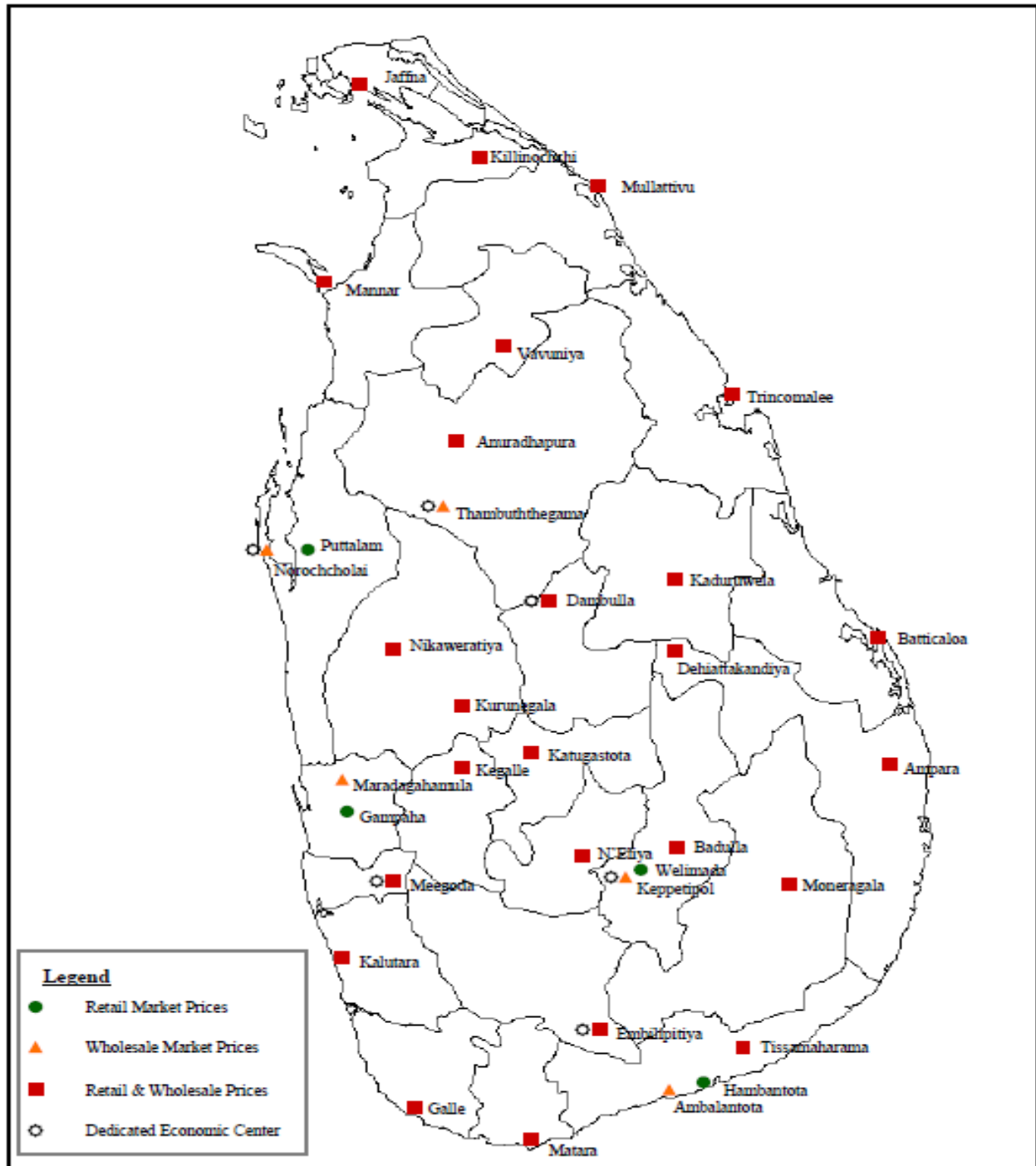
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවිරමේ ආයතනය අනුග්‍රහයෙන්

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