

RETAIL MARKET AT A GLANCE

Summary

Rice

The retail prices of all types of rice varieties except imported raw white and local raw red have decreased. However, compared to the same period of last year, the highest price increase of 9% was recorded for local raw red and the highest price decrease of 19% was recorded for keeri samba.

(Page No.01)

Other Field Crops

The retail price of imported and Nuwara Eliya potatoes have decreased by Rs.1.00/kg and Rs.8.00/kg respectively. However, compared to the same period of last year, the retail price of imported potato has decreased by 12%.

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Vegetables

The retail prices of most vegetables have decreased, along with the wholesale prices. Considering up vegetables, the highest price decrease was recorded for beans. Considering the low country vegetables, the highest price decrease was reported for drumsticks. Further, compared to the same period of last year, prices of most varieties have decreased with a notable 65% price drop for lime.

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Fruits

In line with the increased wholesale prices, retail prices of most of the fruits have increased. The highest price increase of Rs.70.00/fruit was reported for karthakolomban mango.

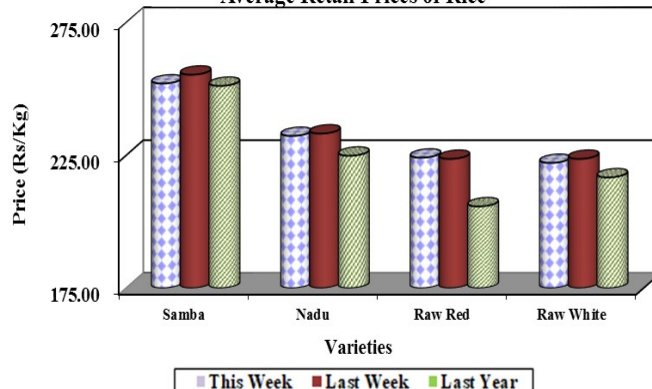
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Fish

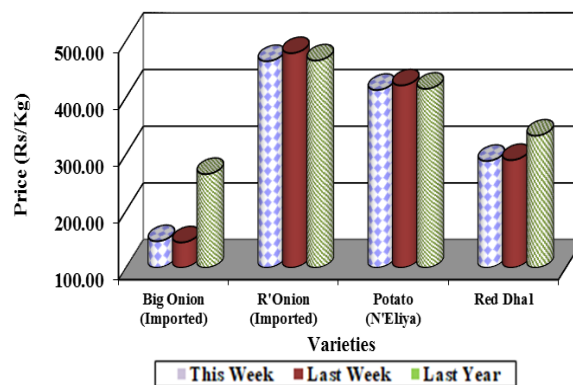
The retail prices of other fish varieties except hurulla, kelawalla and thora have decreased and the highest price decrease was recorded for balaya by Rs.192.00/kg. However, compared to the same period of last year, the retail prices of all fish varieties have increased.

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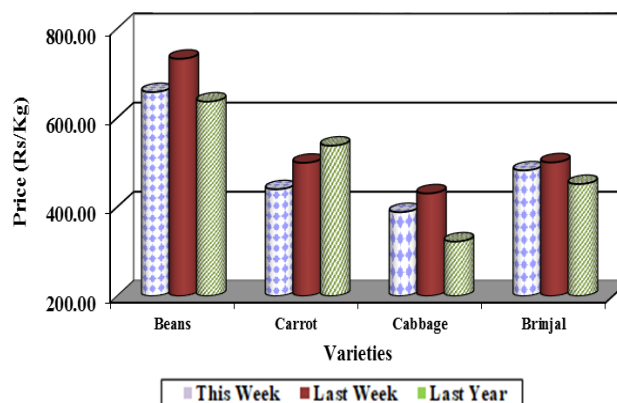
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

The wholesale prices of nadu grade I, nadu grade II, raw white and raw red have decreased in the range of 2%-3% due to availability of sufficient stocks and price ranged Rs.220.00-225.00/kg for nadu I and Rs.215.00-218/kg for nadu II and Rs.200.00-210.00/kg for both red and raw white.

Imported rice varieties were available at the market under the following price ranges;

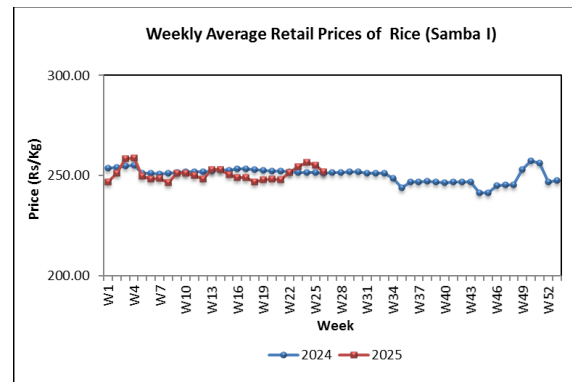
- Imported ponni samba- Rs.230.00-240.00/kg
- Imported raw white- Rs.205.00-210.00/kg.

Compared to same period of last year, most of the rice varieties have seen price increases, with the highest price increase of 5% for nadu rice varieties. Price of keeri samba and imported ponni samba have decreased by 7% and 17% respectively.

Retail

The retail prices of all types of rice varieties expect for, imported raw white and local raw red have decreased. Among those a highest price decreased of Rs.4.00 /kg was observed for keeri samba. The

retail prices of imported raw white and local raw red have not changed significantly.



Compared to the same period of last year, the highest price increase of 9% was recorded for local raw red and the highest price decrease of 19% was recorded for keeri samba.

Paddy

With the commence of paddy harvesting of 2025 Yala season in same producing areas, it was observed slight price decrease of major paddy varieties. Accordingly, the average price of short grain paddy has decreased by Rs.1.00-5.00/kg and price ranged Rs.127.00-140.00/kg. Further, price decrease of Rs.1.00-4.00/kg was also reported for keeri samba paddy in Anuradhapura, Polonnaruwa, Kalawewa, and Kurunegala areas while prices ranged Rs.135.00-149.00/kg. Subsequently, the farmgate price of long grain white paddy has decreased by Rs. 1.00-5.00/kg with

prices ranging from Rs.95.00-123.00/kg. Furthermore, the price range for long grain red paddy has been reported at Rs.110.00-115.00/kg.

Compared to the same period of last year, the average price of major paddy varieties has not changed significantly. Accordingly, the average price of short grain paddy has increased by 4-7%, while the average price of long grain red paddy has decreased by 3-5%.

Dried Chilies

Wholesale

The price of imported dried chilies has increased by 30% due to unavailability of sufficient stocks at the market and price ranged Rs.650.00-750.00/kg.

Compared to same period of last year, current wholesale price of imported dried chilies has decreased by 7%.

Retail

The retail price of imported dried chilies has increased by Rs.7.00/kg and price ranged Rs.700.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 21%.

Onion

Wholesale

Price of vedalan red onion has decreased by 9% due to availability of sufficient stocks and price ranged Rs.320.00-400.00/kg, imported red onion was available at the market and price ranged Rs.300.00-370.00. Imported big onion has increased by 20% due to unavailability of sufficient stocks and price ranged Rs.75.00-120.00/kg.

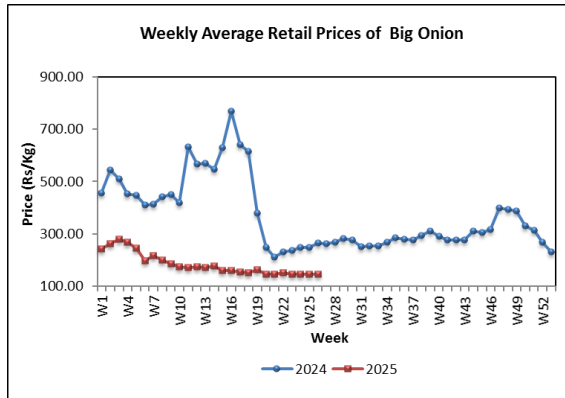
Compared to same period of last year current wholesale prices of all red onion varieties and imported big onion have decreased in the range of 4%-49%.

Retail

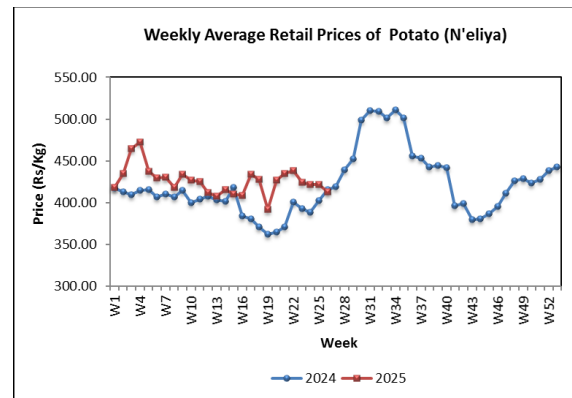
The retail price of imported vedalan red onion and imported big onion have increased by Rs.28.00/kg and Rs.2.00/kg respectively and price ranged Rs.600.00-680.00/kg and Rs.130.00-160.00/kg. The retail price of imported red onion has decreased by Rs.14.00/kg and price ranged Rs.400.00-520.00 /kg.

Compared to the same period of last year, the current retail price of imported big onion has decreased by 45% while the retail price of vedalan red onion has increased by 14%. The retail price of

imported red onions has not changed significantly.



decreased by 12% while the retail price of Nuwara Eliya potato has not changed significantly.



Potato

Wholesale

The price of Nuwara Eliya and imported potatoes have decreased by 3% and 2% and price ranged Rs.280.00-300.00/kg and Rs.140.00-200.00/kg.

Compared to same period of last year, current wholesale price of Nuwara Eliya and imported potatoes have decreased by 13% and 4% respectively.

Retail

The retail price of imported and Nuwara Eliya potatoes have decreased by Rs.1.00/kg and Rs.8.00/kg respectively and price ranged Rs.180.00-240.00/Kg and Rs. 320.00 - 480.00 /Kg.

Compared to the same period of last year, the retail price of imported potato has

Pulses

Wholesale

Price of both green gram, white cowpea, and red cowpea have increased in the range of 2%-5% due to unavailability of sufficient stocks and price ranged Rs.700.00-850.00/kg and Rs.750.00-850.00/kg, Rs.750.00-900.00/kg. Price of red dhal has not changed significantly and price ranged Rs.245.00-252.00/kg.

Compared to same period of last year current wholesale price of all pulses varieties expect red cowpea have decreased in the range of 1%-13% and price of red cowpea has increased by 8%.

Retail

The retail price of green gram, white cowpea, and red cowpea have increased by Rs.24.00/kg, Rs.73.00/kg, and Rs.72.00/kg respectively. The price range of white cowpea and red cowpea was between Rs.800.00-1100.00/kg and the price ranged for green gram was between Rs.750.00-1000.00/kg. The retail price of red dhal has decreased by Rs.2.00/kg.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased. Among those, the highest price decreased of 29% was recorded for green gram.

Vegetable

Wholesale

Prices of most the vegetables have decreased with increased supply from major producing areas.

Prices of all the up-country vegetable except raddish, have decreased with availability of sufficient stocks. The highest price decrease was reported for tomato (46%) with increased supply from all producing areas, like as Kandy, Balangoda, Sooriyawewa, Dambulla and Bandarawela. Further, the prices of beet root (32%) and knolkhol (30%) have also decreased with increased supply from

Puttalam and Kandy. Due to increased supply from Kandy and Balangoda areas, the price of beans has declined by 10%. However, the price of raddish has increased by 12% due to decrease supply from producing areas.

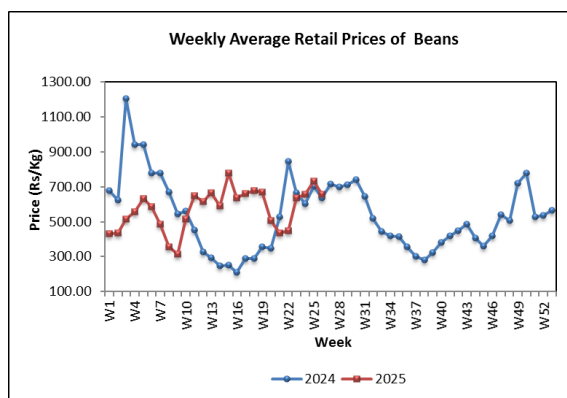
Considering the low-country vegetables, the prices of most of the vegetable varieties experienced price decrease with availability of stocks from Jaffna, Puttalam, Balangoda, Embilipitiya, Kandy, Hambanthota and Beruwela areas. Particularly, the highest price decrease reported for long beans as 23%, followed by drumstick as 22%. Prices of cucumber, bitter gourd and ash plantain have decreased in the range of 5%-12%. However, the prices of pumpkin and snake gourd have increased in the range of 2%-3%. In addition, the price of green chilies and lime have decreased by 14% and 3% respectively.

Compared to the previous year, the prices of most of the vegetables have decreased, with the highest price decrease of 77% reported for tomato. However, the price of green chilies has increased by 171%.

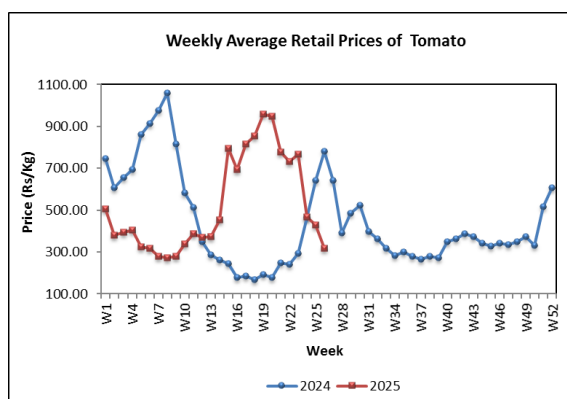
Retail

The retail prices of most vegetables have decreased, along with the wholesale

prices. Considering up-country vegetables, the highest price decrease was reported for beans as Rs.75.00/kg, followed by Rs.69.00/kg for leeks.



Considering the low-country vegetable varieties, the highest price decrease was reported for drumsticks at Rs.182.00/kg, followed by Rs.110.00/kg for tomatoes. Moreover, the green chilies price significantly dropped by Rs. 88.00/kg.



Compared to the same period last year, prices of most varieties have decreased, with a notable 65% price drop reported for lime.

Coconut

Wholesale

Prices of both large and small nuts have not changed significantly. Price ranges were Rs.165.00-175.00 for a large nut and Rs.140.00-165.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 74% and 82% respectively.

Retail

Prices of large and small nuts have decreased by Rs 2.00 /nut and Rs. 5.00 /nut, respectively. Price ranges were Rs.180.00-210.00 for a large nut and Rs.150.00- 190.00 for a small nut. Compared to the same period of last year, the current retail prices of large and small nuts have increased by 69% and 89%, respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have increased with limited supply and availability of quality stocks.

The highest price increase of 47% was reported for slime apple. Due to limited stocks prices have increased by 32% for karthakolomban mango. Prices of passion

fruit and papaw also increased by 22% and 12% respectively due to the prevailing hot weather conditions. Prices of all banana varieties have increased by 5%-18%.

Compared to the same period of last year, prices of most of the fruit varieties have decreased while the highest price decrease of 46% reported for papaw.

Retail

In line with the increased wholesale prices, retail prices of most of the fruits have also increased. The highest price increase of Rs.70.00/fruit was reported for karthakolomban mango. Prices of orange(local), passion fruits, papaw and avocado have increased by Rs.25.00/fruit, Rs.22.00/fruit, Rs.19.00/fruit and Rs.12.00/fruit respectively. Price of all banana varieties have increased in the range of Rs.2.00-12.00/kg. However, the price of imported grapes has decreased by Rs.87.00/kg. Meanwhile, the price of wood apple has decreased by Rs.41.00/fruit due to low quality.

Compared to the same period of last year, current prices of most of the fruits have decreased and the highest price decreases was reported for kolikuttu- banana as 38%.

Fresh Fish

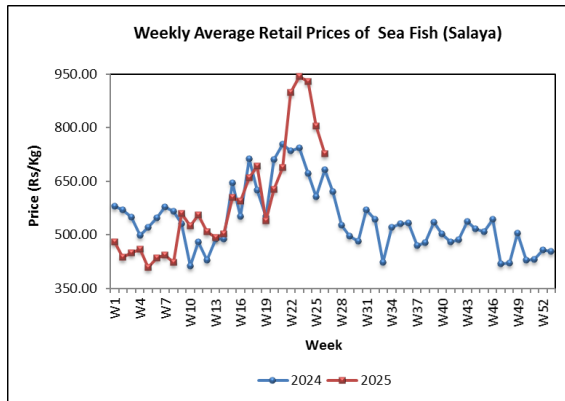
Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increased supply. The highest price decrease was recorded for mora by 10%. The highest price increase was recorded for kelawalla by 7%. Price decrease of paraw and shrimps have recorded as 5%.

Compared to the same period of last year the highest price increase was recorded for thora by 111%. The highest price decrease was recorded for shrimps by 17%.

Retail

The prices of other fish varieties except hurulla, kelawalla and thora have decreased and the highest price decrease was recorded for balaya by Rs.192.00/kg. Price decrease of salaya and paraw have recorded as Rs.77.00/kg and Rs.38.00/kg respectively. The highest price increase was recorded for thora by Rs.447.00/kg. Price increase of kelawalla and hurulla have recorded as Rs.213.00/kg and Rs.73.00/kg respectively.



Compared to the same period of last year, the prices of all fish varieties have increased and the highest price increase was recorded for balaya by 58%.

Dried Fish

Wholesale

The prices of other fish varieties except mora, salaya and balaya have increase and highest price increase was recorded for local sprats by 15%.

The highest price decrease was recorded for salaya by 37%. The second highest price increase was recorded for imported sprats by 6%.

Compared to the same period of last year, prices of all dry fish varieties have increased and the highest price increase was recorded for balaya by 73%.

Retail

The prices of other dry fish varieties except local sprats, maduwa and salaya have

increased and the highest price increase was recorded for balaya by Rs.324.00/kg. Price increase of imported sprats and kattawa have recorded as Rs.79.00/kg and Rs.76.00/kg respectively. The highest price decrease was recorded for maduwa by Rs.150.00/kg. Price decrease of local sprats and salaya have recorded as Rs.69.00/kg and Rs.63.00/kg respectively.

Compared to the same period of last year, the prices of all dry fish varieties have increased and the highest price increase was recorded for balaya by 47%.

Eggs

Wholesale

Prices of brown and white eggs have decreased by 5% and 6% respectively and their prices ranged Rs.32.00-34.00/egg and Rs.30.00-33.00/egg respectively

Compared to the same period of last year, prices of both brown and white eggs have decreased by 38% and 40% respectively.

Retail

The prices of both brown and white egg types have decreased and the price range of a white egg has recorded as Rs.31.00-40.00 and the price range of a brown egg has recorded as Rs.33.00-41.00. The average price of the white and brown egg types has

recorded as Rs.34.00 and Rs.35.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 37%-38%.

price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Meat

Retail

The prices of other meat types except beef and mutton have increased. Price increase of broiler and curry chicken have recorded as Rs.2.00/kg and Rs.71.00/kg respectively. Price increase of pork has recorded as Rs.60.00/kg. Price decrease of beef and mutton have recorded as Rs.67.00/kg and Rs.22.00/kg respectively.

Compared to the same period of last year, the price of ass meat types has increased and the highest price increase was recorded for pork by 78%.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 26: 27 Jun- 03 Jul 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12000 –	12250	11750 –	11900	13500 –	15000	11000 –	11250	10750 –	10900	10000 –	10500	10000 –	10500
	Divulapitiya	11950 –	12250	11700 –	11900	13000 –	13600	11000 –	11350	10700 –	10900	10000 –	10450	10000 –	10600
	Kurunegala	11950 –	12000	–		13500 –	13700	11250 –	11350	10900 –	11000	–		10250 –	10500
	Nikaweratiya	–		11750 –	11900	15000 –	15000	11350 –	11400	10900 –	11100	–		10500 –	10650
	Badulla	–		–		13900 –	14500	11400 –	11500	–		9900 –	10300	10250 –	10400
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	13250 –	13400	11750 –	11900	–		11300 –	11350	11000 –	11150	10700 –	10800	10650 –	10750
	Anuradhapura	–		11750 –	11850	14500 –	15000	11350 –	11500	–		10650 –	10800	10500 –	10750
	Tambuttegama	12000 –	12100	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
	Polonnaruwa	12250 –	12350	–		13350 –	15350	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12500 –	13000	–		14750 –	15000	11200 –	11300	–		9750 –	10750	9750 –	10750
	Ampara	12000 –	12000	–		13000 –	13000	11000 –	11500	–		10000 –	10250	9750 –	10000
	Kandy	12250 –	12500	11750 –	12000	14250 –	15000	11400 –	11500	10900 –	11100	10400 –	10600	10500 –	10900
	Moneragala	–		–		14750 –	15000	11250 –	11500	–		9500 –	10000	9700 –	10000
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	–		11750 –	11750	13750 –	14750	11000 –	11400	–		10500 –	10900	10500 –	10900
	Hambantota	–		–		–		–		–		–		–	
	Matara	12000 –	12250	–		13500 –	14200	11400 –	11500	–		9250 –	10000	10250 –	10500
	Galle	–		–		–		11250 –	11350	–		10500 –	10950	10500 –	10950
	Meegoda	12000 –	12000	11800 –	11900	13000 –	14000	–		10700 –	10900	9700 –	9800	10250 –	10400
	Tissamaharama	–		11700 –	11800	–		11250 –	11400	–		9000 –	9200	10400 –	10550
	Embilipitiya	–		11850 –	11900	–		11000 –	11000	10900 –	10950	9200 –	9350	9700 –	9800
	Jaffna	12000 –	12000	11750 –	11750	14750 –	14800	–		–		–		10750 –	10850
	Vavuniya	12000 –	12200	11900 –	11950	13600 –	13750	11700 –	11750	–		10850 –	10950	10800 –	10900
	Mannar	12000 –	12250	–		13000 –	13250	11500 –	11500	–		10500 –	11100	–	
	Killinochchi	–		–		–		–		–		–		–	
	Mullattivu	12250 –	12500	–		13750 –	14000	11400 –	11600	–		10750 –	10900	–	
	Batticaloa	–		11750 –	11850	13500 –	13750	11000 –	11150	–		10250 –	10400	10250 –	10400
	Trincomalee	12000 –	12000	11750 –	11900	13000 –	13250	11200 –	11500	–		11000 –	11250	11000 –	11250
	Galenbindunuwew	–		11850 –	11900	13800 –	13800	11300 –	11350	11175 –	11200	10750 –	10800	10500 –	10600
Matale	12500 –	12750	11750 –	12000	13500 –	14250	11000 –	11250	10750 –	10900	10000 –	10500	9700 –	10000	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	250.00 –	260.00	–		280.00 –	320.00	230.00 –	240.00	–		220.00 –	240.00	220.00 –	230.00
	Gampaha	–		240.00 –	245.00	290.00 –	290.00	230.00 –	233.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	–		240.00 –	245.00	280.00 –	290.00	230.00 –	230.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Nikaweratiya	–		240.00 –	240.00	260.00 –	310.00	230.00 –	235.00	220.00 –	225.00	–		210.00 –	220.00
	Dambulla	270.00 –	275.00	240.00 –	245.00	260.00 –	300.00	227.00 –	230.00	225.00 –	225.00	218.00 –	220.00	217.00 –	220.00
	Anuradhapura	260.00 –	265.00	240.00 –	240.00	300.00 –	320.00	230.00 –	235.00	–		220.00 –	220.00	215.00 –	220.00
	Thambuththegama	265.00 –	275.00	240.00 –	245.00	270.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	218.00 –	220.00
	Polonnaruwa	248.00 –	255.00	–		270.00 –	310.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	255.00 –	270.00	–		280.00 –	305.00	228.00 –	230.00	–		200.00 –	220.00	200.00 –	218.00
	Badulla	–		–		290.00 –	300.00	–		230.00 –	230.00	200.00 –	215.00	200.00 –	215.00
	Keppetipola	–		245.00 –	250.00	295.00 –	300.00	–		226.00 –	228.00	208.00 –	210.00	210.00 –	212.00
	Moneragala	–		240.00 –	240.00	300.00 –	320.00	230.00 –	240.00	–		200.00 –	210.00	200.00 –	210.00
	Kegalle	275.00 –	275.00	240.00 –	240.00	310.00 –	320.00	230.00 –	230.00	225.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	208.00 –	220.00	190.00 –	220.00
	Dehiattakandiya	–		240.00 –	240.00	280.00 –	300.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Nuwaraeliya	255.00 –	255.00	240.00 –	250.00	290.00 –	300.00	–		225.00 –	228.00	208.00 –	212.00	210.00 –	214.00
	Kandy	265.00 –	275.00	245.00 –	250.00	300.00 –	320.00	235.00 –	240.00	226.00 –	230.00	215.00 –	220.00	215.00 –	220.00
	Puttalam	250.00 –	265.00	–		280.00 –	320.00	–		220.00 –	225.00	–		205.00 –	220.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	260.00 –	270.00	–		300.00 –	320.00	240.00 –	240.00	232.00 –	235.00	210.00 –	220.00	214.00 –	218.00
	Matara	250.00 –	255.00	240.00 –	245.00	280.00 –	300.00	240.00 –	240.00	–		195.00 –	212.00	210.00 –	218.00
	Galle	250.00 –	270.00	240.00 –	240.00	300.00 –	320.00	–		230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Tissamaharama	–		240.00 –	245.00	260.00 –	270.00	235.00 –	240.00	230.00 –	230.00	186.00 –	190.00	210.00 –	220.00
	Meegoda (DEC)	–		240.00 –	245.00	260.00 –	290.00	230.00 –	230.00	220.00 –	220.00	210.00 –	210.00	215.00 –	220.00
	Embilipitiya	–		240.00 –	244.00	260.00 –	300.00	228.00 –	230.00	225.00 –	226.00	187.00 –	195.00	200.00 –	210.00
	Jaffna	–		240.00 –	245.00	300.00 –	305.00	–		–		240.00 –	240.00	220.00 –	225.00
	Vavuniya	248.00 –	252.00	–		280.00 –	285.00	238.00 –	240.00	–		220.00 –	225.00	220.00 –	224.00
	Mannar	248.00 –	250.00	–		278.00 –	285.00	238.00 –	240.00	–		–		–	
	Killinochchi	–		–		–		–		–		–		–	
	Mullaittivu	248.00 –	253.00	–		278.00 –	284.00	232.00 –	236.00	–		218.00 –	222.00	235.00 –	240.00
	Batticaloa	248.00 –	250.00	246.00 –	246.00	285.00 –	288.00	230.00 –	235.00	–		225.00 –	230.00	222.00 –	227.00
	Trincomalee	250.00 –	250.00	245.00 –	245.00	270.00 –	275.00	235.00 –	240.00	–		–		230.00 –	230.00
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	270.00 –	275.00	240.00 –	240.00	260.00 –	300.00	235.00 –	235.00	228.00 –	230.00	220.00 –	220.00	218.00 –	220.00	
Galenbindunuwewa	–		240.00 –	240.00	280.00 –	280.00	230.00 –	230.00	226.00 –	226.00	220.00 –	220.00	215.00 –	220.00	
Bandarawela	255.00 –	260.00	–		280.00 –	300.00	230.00 –	235.00	–		200.00 –	210.00	210.00 –	215.00	
Matale	255.00 –	260.00	240.00 –	245.00	260.00 –	300.00	228.00 –	230.00	220.00 –	226.00	215.00 –	220.00	215.00 –	218.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 26: 27 Jun- 03 Jul 2025

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LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	32500 - 37500	15000 - 18500	16000 - 20000	3750 - 6000	7000 - 10000	-	14000 - 15000	35000 - 42500	37500 - 42500	12250 - 12600
Kurunegala	36000 - 37500	17750 - 18500	-	5500 - 6000	7250 - 8250	-	-	36500 - 40000	36500 - 38500	12600 - 12800
Nikaweratiya	34500 - 36500	17000 - 18000	-	5250 - 6000	8000 - 9000	-	-	32500 - 39000	37500 - 39000	12750 - 13500
Dehiattakandiya	32500 - 40000	20000 - 23000	-	5750 - 6000	7750 - 9250	-	15000 - 17000	32500 - 32500	27500 - 34000	12400 - 13750
Dambulla (DEC)	34000 - 35000	15500 - 16500	17000 - 18000	3750 - 5000	7000 - 8000	-	13000 - 13500	30000 - 31500	34000 - 35000	12500 - 13000
Anuradhapura	37000 - 39000	19000 - 23000	-	5500 - 6250	7750 - 8500	-	-	35000 - 40000	29000 - 35000	12750 - 13250
Thambuththegama	36500 - 39000	-	-	4000 - 5500	8000 - 8500	-	-	28750 - 28750	25000 - 25000	12600 - 12750
Polonnaruwa	35500 - 40500	19250 - 21250	-	5750 - 6250	8750 - 10250	-	14250 - 16250	30500 - 33000	37500 - 39500	14000 - 14500
Kaluthara	32500 - 35000	18000 - 18500	-	5250 - 6000	9000 - 10000	-	-	36500 - 40000	37500 - 42500	12500 - 13500
Puttalam	-	-	-	-	-	-	-	-	-	-
Kandy	32500 - 35000	18000 - 20000	21000 - 22000	4250 - 5750	7750 - 8500	-	14500 - 15000	32500 - 42500	35000 - 42500	12750 - 12900
Matara	32000 - 35500	19000 - 19500	-	4900 - 5500	8750 - 9250	-	-	37500 - 39000	35000 - 37500	13250 - 13750
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	33500 - 35000	17750 - 18000	-	5950 - 6050	8200 - 8300	-	13900 - 14100	34000 - 36500	40000 - 41000	13000 - 13150
Galle	29000 - 36000	22000 - 22500	-	5750 - 6250	7250 - 8250	-	17000 - 18000	35000 - 40000	35000 - 38000	13000 - 14500
Tissamaharama	29000 - 30000	17500 - 20000	-	5000 - 5750	7500 - 8750	-	14000 - 15000	32500 - 35000	35000 - 38000	12350 - 12500
Meegoda (DEC)	34000 - 36000	16000 - 19000	18500 - 19000	4250 - 5750	7750 - 8250	-	13750 - 14000	37500 - 39000	38000 - 45000	12400 - 12800
Jaffna	36000 - 36500	-	-	-	7600 - 7750	-	-	33000 - 34500	-	12750 - 12850
Vavuniya	34000 - 34500	17500 - 19000	-	5000 - 5750	7500 - 8000	-	-	37000 - 38000	-	14200 - 14500
Mannar	29000 - 29000	-	-	6000 - 6500	7000 - 7000	-	-	30000 - 32500	-	12500 - 12500
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	33000 - 35000	-	-	6500 - 6500	8000 - 9000	-	-	31000 - 33500	-	13750 - 14100
Batticaloa	32500 - 33100	-	17500 - 19250	5000 - 5500	7500 - 8000	-	14000 - 17500	34500 - 37500	36000 - 40000	12500 - 12750
Trincomalee	27000 - 28000	-	-	5000 - 5500	8500 - 8750	-	-	31500 - 32000	37000 - 38000	13200 - 13400
Galenbindunuwewa	34000 - 34500	22000 - 22500	19000 - 19500	5500 - 6000	8500 - 9000	-	-	34000 - 34500	34000 - 34500	13000 - 13500
Matale	35000 - 38000	18000 - 19000	-	4000 - 5500	9000 - 10000	-	-	37000 - 40000	31000 - 37500	12750 - 13250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	700.00 – 900.00	400.00 – 520.00	600.00 – 680.00	130.00 – 160.00	180.00 – 240.00	-	320.00 – 480.00	750.00 – 1000.00	800.00 – 1100.00	270.00 – 320.00
Gampaha	690.00 – 900.00	480.00 – 520.00	-	160.00 – 180.00	200.00 – 240.00	-	400.00 – 440.00	730.00 – 1000.00	880.00 – 1000.00	290.00 – 300.00
Kurunegala	700.00 – 850.00	420.00 – 480.00	-	130.00 – 160.00	190.00 – 220.00	-	320.00 – 350.00	800.00 – 1000.00	800.00 – 880.00	280.00 – 300.00
Nikaweratiya	750.00 – 850.00	380.00 – 430.00	-	130.00 – 170.00	175.00 – 210.00	-	-	700.00 – 850.00	750.00 – 800.00	265.00 – 300.00
Dambulla	850.00 – 900.00	450.00 – 480.00	-	130.00 – 160.00	170.00 – 220.00	-	400.00 – 420.00	750.00 – 800.00	850.00 – 900.00	270.00 – 280.00
Anuradhapura	850.00 – 950.00	480.00 – 480.00	600.00 – 600.00	120.00 – 140.00	180.00 – 200.00	-	380.00 – 440.00	760.00 – 900.00	680.00 – 800.00	270.00 – 300.00
Thambuththegama	900.00 – 980.00	-	-	150.00 – 180.00	210.00 – 230.00	-	-	800.00 – 850.00	650.00 – 650.00	265.00 – 275.00
Polonnaruwa	800.00 – 900.00	400.00 – 440.00	-	130.00 – 150.00	190.00 – 220.00	-	320.00 – 340.00	700.00 – 750.00	840.00 – 880.00	280.00 – 300.00
Kaluthara	680.00 – 740.00	400.00 – 500.00	-	150.00 – 180.00	200.00 – 240.00	-	360.00 – 400.00	780.00 – 840.00	800.00 – 900.00	260.00 – 275.00
Badulla	800.00 – 800.00	450.00 – 480.00	-	140.00 – 140.00	180.00 – 200.00	400.00 – 400.00	-	700.00 – 780.00	700.00 – 700.00	270.00 – 280.00
Keppetipola	750.00 – 800.00	380.00 – 420.00	460.00 – 480.00	130.00 – 140.00	200.00 – 220.00	320.00 – 350.00	-	860.00 – 950.00	850.00 – 900.00	260.00 – 270.00
Moneragala	800.00 – 840.00	520.00 – 600.00	-	140.00 – 160.00	200.00 – 220.00	-	360.00 – 400.00	700.00 – 800.00	600.00 – 700.00	270.00 – 300.00
Kegalle	700.00 – 760.00	400.00 – 420.00	-	150.00 – 170.00	200.00 – 240.00	-	340.00 – 350.00	700.00 – 920.00	800.00 – 900.00	270.00 – 310.00
Ampara	710.00 – 860.00	400.00 – 420.00	-	120.00 – 160.00	180.00 – 220.00	-	340.00 – 360.00	740.00 – 780.00	650.00 – 850.00	270.00 – 280.00
Dehiattakandiya	680.00 – 850.00	450.00 – 480.00	-	130.00 – 150.00	180.00 – 200.00	-	320.00 – 360.00	675.00 – 700.00	600.00 – 750.00	260.00 – 300.00
Nuwaraeliya	760.00 – 800.00	390.00 – 420.00	460.00 – 480.00	130.00 – 150.00	200.00 – 220.00	-	320.00 – 340.00	940.00 – 960.00	900.00 – 940.00	260.00 – 265.00
Kandy	700.00 – 760.00	480.00 – 500.00	600.00 – 640.00	130.00 – 140.00	190.00 – 200.00	-	380.00 – 400.00	800.00 – 950.00	840.00 – 900.00	270.00 – 300.00
Puttalam	700.00 – 760.00	400.00 – 440.00	480.00 – 540.00	160.00 – 180.00	220.00 – 240.00	-	400.00 – 480.00	700.00 – 900.00	700.00 – 1000.00	280.00 – 290.00
Rathnapura	750.00 – 900.00	380.00 – 450.00	-	140.00 – 160.00	200.00 – 230.00	-	-	760.00 – 800.00	770.00 – 810.00	280.00 – 310.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	650.00 – 780.00	420.00 – 480.00	-	120.00 – 140.00	210.00 – 240.00	-	320.00 – 340.00	800.00 – 900.00	730.00 – 850.00	280.00 – 300.00
Galle	680.00 – 750.00	500.00 – 560.00	-	140.00 – 140.00	180.00 – 200.00	-	360.00 – 400.00	800.00 – 850.00	780.00 – 900.00	270.00 – 320.00
Tissamaharama	650.00 – 700.00	450.00 – 500.00	-	130.00 – 150.00	200.00 – 240.00	-	340.00 – 360.00	730.00 – 740.00	780.00 – 850.00	255.00 – 300.00
Meegoda (DEC)	720.00 – 750.00	480.00 – 480.00	480.00 – 520.00	120.00 – 140.00	190.00 – 220.00	-	320.00 – 380.00	850.00 – 960.00	920.00 – 1000.00	270.00 – 300.00
Embilipitiya	850.00 – 950.00	400.00 – 480.00	-	130.00 – 140.00	190.00 – 210.00	-	380.00 – 400.00	720.00 – 780.00	680.00 – 780.00	265.00 – 310.00
Jaffna	740.00 – 800.00	-	-	140.00 – 160.00	170.00 – 180.00	-	-	650.00 – 700.00	-	260.00 – 290.00
Vavuniya	740.00 – 760.00	400.00 – 420.00	500.00 – 520.00	150.00 – 160.00	200.00 – 220.00	-	-	800.00 – 850.00	-	294.00 – 300.00
Mannar	650.00 – 700.00	-	-	140.00 – 140.00	180.00 – 190.00	-	-	680.00 – 680.00	-	280.00 – 280.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	700.00 – 740.00	420.00 – 460.00	-	-	180.00 – 200.00	-	-	650.00 – 700.00	-	280.00 – 285.00
Batticaloa	790.00 – 810.00	390.00 – 420.00	-	150.00 – 150.00	200.00 – 200.00	-	350.00 – 350.00	750.00 – 800.00	815.00 – 850.00	285.00 – 300.00
Trincomalee	650.00 – 680.00	-	-	160.00 – 165.00	225.00 – 235.00	-	-	720.00 – 750.00	870.00 – 890.00	280.00 – 285.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	650.00 – 700.00	440.00 – 480.00	-	130.00 – 160.00	180.00 – 220.00	-	360.00 – 440.00	800.00 – 920.00	800.00 – 920.00	270.00 – 300.00
Galenbindunuwewa	700.00 – 800.00	460.00 – 480.00	-	130.00 – 150.00	190.00 – 220.00	-	-	700.00 – 750.00	700.00 – 720.00	275.00 – 280.00
Bandarawela	700.00 – 800.00	400.00 – 440.00	480.00 – 520.00	120.00 – 160.00	180.00 – 220.00	320.00 – 350.00	-	750.00 – 880.00	750.00 – 850.00	270.00 – 280.00
Matale	780.00 – 840.00	390.00 – 480.00	-	120.00 – 140.00	200.00 – 240.00	-	-	780.00 – 900.00	750.00 – 1000.00	265.00 – 275.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	400.00 - 600.00	200.00 - 280.00	160.00 - 250.00	150.00 - 250.00	80.00 - 120.00
Meegoda (DEC)	-	550.00 - 600.00	250.00 - 370.00	170.00 - 200.00	140.00 - 170.00	130.00 - 180.00
Dambulla (DEC)	-	450.00 - 500.00	170.00 - 220.00	140.00 - 170.00	130.00 - 180.00	70.00 - 100.00
Keppetipola (DEC)	-	500.00 - 550.00	180.00 - 220.00	180.00 - 200.00	150.00 - 180.00	100.00 - 120.00
Norochchole (DEC)	-	-	-	-	120.00 - 150.00	-
Nuwara Eliya	-	540.00 - 560.00	270.00 - 280.00	170.00 - 180.00	170.00 - 180.00	120.00 - 140.00
Kandy	-	400.00 - 450.00	230.00 - 250.00	150.00 - 170.00	140.00 - 160.00	80.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	500.00 - 550.00	290.00 - 320.00	200.00 - 220.00	160.00 - 180.00	-
Jaffna	-	680.00 - 695.00	-	290.00 - 310.00	270.00 - 300.00	-
Bandarawela	-	450.00 - 500.00	200.00 - 240.00	150.00 - 170.00	170.00 - 180.00	100.00 - 120.00
Veyangoda	-	500.00 - 550.00	200.00 - 280.00	170.00 - 200.00	140.00 - 180.00	120.00 - 160.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	150.00 - 200.00	90.00 - 150.00	60.00 - 100.00	300.00 - 400.00	350.00 - 500.00
Meegoda (DEC)	90.00 - 120.00	220.00 - 260.00	140.00 - 180.00	70.00 - 100.00	330.00 - 380.00	560.00 - 600.00
Moneragala	150.00 - 160.00	250.00 - 300.00	100.00 - 150.00	150.00 - 160.00	250.00 - 350.00	550.00 - 700.00
Dambulla (DEC)	30.00 - 50.00	160.00 - 230.00	90.00 - 110.00	80.00 - 110.00	280.00 - 330.00	500.00 - 550.00
Keppetipola (DEC)	50.00 - 70.00	120.00 - 160.00	60.00 - 90.00	80.00 - 90.00	250.00 - 300.00	480.00 - 525.00
Norochchole (DEC)	40.00 - 60.00	-	-	50.00 - 80.00	-	-
Nuwara Eliya	60.00 - 80.00	170.00 - 180.00	90.00 - 120.00	90.00 - 110.00	320.00 - 350.00	540.00 - 560.00
Kandy	70.00 - 80.00	170.00 - 200.00	80.00 - 100.00	80.00 - 90.00	250.00 - 300.00	500.00 - 550.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	70.00 - 80.00	150.00 - 200.00	100.00 - 120.00	70.00 - 100.00	280.00 - 300.00	500.00 - 600.00
Tissamaharama	120.00 - 150.00	200.00 - 230.00	150.00 - 200.00	80.00 - 120.00	280.00 - 320.00	550.00 - 600.00
Jaffna	170.00 - 180.00	-	-	90.00 - 110.00	260.00 - 290.00	380.00 - 400.00
Bandarawela	60.00 - 70.00	130.00 - 160.00	70.00 - 85.00	-	260.00 - 320.00	500.00 - 550.00
Veyangoda	70.00 - 100.00	180.00 - 200.00	120.00 - 150.00	80.00 - 120.00	320.00 - 400.00	500.00 - 600.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 130.00	40.00 - 70.00	300.00 - 400.00	100.00 - 150.00	400.00 - 1000.00	100.00 - 150.00
Meegoda (DEC)	130.00 - 150.00	50.00 - 80.00	330.00 - 370.00	130.00 - 180.00	-	120.00 - 150.00
Moneragala	180.00 - 200.00	80.00 - 100.00	350.00 - 450.00	180.00 - 220.00	500.00 - 550.00	200.00 - 220.00
Dambulla (DEC)	120.00 - 140.00	40.00 - 60.00	300.00 - 350.00	70.00 - 100.00	480.00 - 550.00	90.00 - 110.00
Keppetipola (DEC)	130.00 - 140.00	70.00 - 90.00	300.00 - 320.00	80.00 - 90.00	400.00 - 450.00	90.00 - 100.00
Norochchole (DEC)	-	30.00 - 40.00	300.00 - 380.00	80.00 - 120.00	500.00 - 650.00	100.00 - 150.00
Nuwara Eliya	140.00 - 150.00	70.00 - 80.00	340.00 - 360.00	100.00 - 110.00	480.00 - 520.00	120.00 - 130.00
Kandy	100.00 - 120.00	50.00 - 60.00	300.00 - 320.00	100.00 - 120.00	400.00 - 450.00	80.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	120.00 - 140.00	35.00 - 40.00	280.00 - 350.00	100.00 - 120.00	-	80.00 - 90.00
Tissamaharama	100.00 - 150.00	50.00 - 70.00	380.00 - 400.00	120.00 - 160.00	350.00 - 380.00	100.00 - 120.00
Jaffna	90.00 - 100.00	80.00 - 100.00	550.00 - 570.00	90.00 - 110.00	850.00 - 880.00	-
Bandarawela	110.00 - 120.00	60.00 - 80.00	-	-	-	-
Veyangoda	120.00 - 140.00	50.00 - 80.00	320.00 - 380.00	130.00 - 160.00	600.00 - 620.00	140.00 - 180.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	100.00 - 200.00	60.00 - 100.00	400.00 - 500.00	200.00 - 300.00	150.00 - 200.00	80.00 - 100.00
Meegoda (DEC)	100.00 - 170.00	70.00 - 90.00	550.00 - 600.00	190.00 - 220.00	130.00 - 150.00	100.00 - 110.00
Moneragala	250.00 - 260.00	60.00 - 80.00	700.00 - 760.00	250.00 - 280.00	160.00 - 180.00	80.00 - 100.00
Dambulla (DEC)	150.00 - 200.00	50.00 - 70.00	400.00 - 500.00	170.00 - 200.00	100.00 - 130.00	70.00 - 90.00
Keppetipola (DEC)	160.00 - 180.00	50.00 - 60.00	550.00 - 600.00	180.00 - 200.00	150.00 - 160.00	80.00 - 100.00
Norochchole (DEC)	100.00 - 180.00	50.00 - 70.00	500.00 - 650.00	-	-	70.00 - 100.00
Nuwara Eliya	180.00 - 200.00	70.00 - 80.00	600.00 - 650.00	220.00 - 240.00	160.00 - 170.00	90.00 - 100.00
Kandy	180.00 - 200.00	70.00 - 100.00	400.00 - 500.00	180.00 - 200.00	140.00 - 150.00	100.00 - 110.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	80.00 - 100.00	60.00 - 70.00	450.00 - 550.00	150.00 - 160.00	130.00 - 160.00	80.00 - 100.00
Tissamaharama	120.00 - 150.00	50.00 - 60.00	600.00 - 680.00	200.00 - 250.00	180.00 - 200.00	100.00 - 120.00
Jaffna	-	100.00 - 110.00	480.00 - 520.00	250.00 - 270.00	160.00 - 180.00	-
Bandarawela	-	-	550.00 - 600.00	-	150.00 - 160.00	-
Veyangoda	80.00 - 180.00	80.00 - 100.00	480.00 - 600.00	180.00 - 200.00	130.00 - 150.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	280.00 - 300.00	165.00 - 175.00	140.00 - 160.00
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	210.00 - 240.00	160.00 - 170.00	150.00 - 155.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 25.00	125.00 - 125.00	120.00 - 130.00	100.00 - 110.00
Kandy	30.00 - 35.00	30.00 - 40.00	200.00 - 220.00	130.00 - 140.00	100.00 - 110.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	120.00 - 130.00	100.00 - 110.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	120.00 - 150.00	80.00 - 100.00
Jaffna	80.00 - 90.00	40.00 - 45.00	210.00 - 225.00	170.00 - 190.00	100.00 - 120.00
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

	LOCATIONS	Up Country Varieties																								
		Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato								
15	Colombo	-	500.00	-	750.00	300.00	-	600.00	200.00	-	480.00	250.00	-	550.00	200.00	-	480.00	150.00	-	400.00	200.00	-	560.00	200.00	-	460.00
	Gampaha	-	600.00	-	640.00	400.00	-	460.00	320.00	-	400.00	320.00	-	400.00	360.00	-	400.00	160.00	-	200.00	360.00	-	400.00	320.00	-	480.00
	Kurunegala	-	600.00	-	640.00	400.00	-	460.00	280.00	-	340.00	340.00	-	420.00	320.00	-	400.00	120.00	-	180.00	340.00	-	420.00	280.00	-	320.00
	Nikaweratiya	-	640.00	-	720.00	400.00	-	500.00	320.00	-	450.00	320.00	-	450.00	320.00	-	420.00	160.00	-	250.00	320.00	-	480.00	240.00	-	400.00
	Dambulla	-	680.00	-	700.00	400.00	-	440.00	340.00	-	400.00	340.00	-	400.00	280.00	-	340.00	160.00	-	200.00	360.00	-	400.00	300.00	-	340.00
	Anuradhapura	-	660.00	-	800.00	440.00	-	520.00	320.00	-	400.00	320.00	-	440.00	240.00	-	320.00	180.00	-	240.00	360.00	-	440.00	280.00	-	360.00
	Thambuththegama	-	650.00	-	750.00	440.00	-	520.00	320.00	-	380.00	280.00	-	350.00	-	-	150.00	-	180.00	280.00	-	350.00	180.00	-	250.00	
	Polonnaruwa	-	680.00	-	740.00	460.00	-	500.00	340.00	-	380.00	360.00	-	400.00	300.00	-	340.00	200.00	-	240.00	380.00	-	420.00	340.00	-	380.00
	Kaluthara	-	600.00	-	640.00	350.00	-	400.00	340.00	-	400.00	300.00	-	400.00	240.00	-	300.00	160.00	-	200.00	320.00	-	380.00	240.00	-	320.00
	Badulla	-	580.00	-	600.00	360.00	-	400.00	240.00	-	280.00	300.00	-	320.00	300.00	-	320.00	200.00	-	240.00	240.00	-	280.00	160.00	-	200.00
	Keppetipola	-	580.00	-	620.00	260.00	-	280.00	240.00	-	260.00	220.00	-	250.00	160.00	-	180.00	100.00	-	120.00	200.00	-	220.00	140.00	-	160.00
	Moneragala	-	600.00	-	800.00	450.00	-	600.00	320.00	-	400.00	300.00	-	400.00	200.00	-	320.00	180.00	-	200.00	320.00	-	400.00	200.00	-	300.00
	Kegalle	-	680.00	-	720.00	480.00	-	520.00	400.00	-	440.00	280.00	-	320.00	280.00	-	320.00	240.00	-	280.00	360.00	-	400.00	320.00	-	360.00
	Ampara	-	600.00	-	640.00	380.00	-	440.00	280.00	-	360.00	300.00	-	400.00	360.00	-	420.00	160.00	-	200.00	360.00	-	400.00	280.00	-	360.00
	Dehiattakandiya	-	600.00	-	600.00	400.00	-	400.00	300.00	-	300.00	380.00	-	400.00	200.00	-	240.00	200.00	-	240.00	300.00	-	320.00	200.00	-	300.00
	Nuwaraeliya	-	640.00	-	660.00	380.00	-	420.00	280.00	-	300.00	280.00	-	320.00	220.00	-	240.00	160.00	-	180.00	280.00	-	320.00	220.00	-	250.00
	Kandy	-	520.00	-	600.00	520.00	-	550.00	260.00	-	300.00	240.00	-	260.00	160.00	-	200.00	160.00	-	200.00	300.00	-	360.00	160.00	-	200.00
	Puttalam	-	800.00	-	800.00	400.00	-	600.00	400.00	-	450.00	400.00	-	480.00	320.00	-	400.00	200.00	-	200.00	360.00	-	400.00	300.00	-	400.00
	Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Rathnapura	-	600.00	-	650.00	360.00	-	400.00	300.00	-	380.00	380.00	-	400.00	280.00	-	360.00	180.00	-	220.00	360.00	-	420.00	240.00	-	280.00
	Matara	-	720.00	-	800.00	420.00	-	480.00	240.00	-	320.00	260.00	-	340.00	200.00	-	280.00	180.00	-	200.00	380.00	-	400.00	180.00	-	220.00
	Galle	-	600.00	-	630.00	400.00	-	480.00	320.00	-	400.00	380.00	-	400.00	300.00	-	340.00	180.00	-	240.00	360.00	-	400.00	320.00	-	400.00
	Tissamaharama	-	680.00	-	720.00	360.00	-	390.00	270.00	-	300.00	340.00	-	360.00	250.00	-	280.00	200.00	-	240.00	260.00	-	300.00	240.00	-	260.00
	Meegoda (DEC)	-	640.00	-	720.00	400.00	-	520.00	320.00	-	400.00	240.00	-	320.00	240.00	-	320.00	200.00	-	240.00	320.00	-	400.00	250.00	-	300.00
	Embilipitiya	-	500.00	-	600.00	320.00	-	400.00	280.00	-	320.00	400.00	-	480.00	280.00	-	320.00	150.00	-	200.00	320.00	-	400.00	140.00	-	160.00
	Jaffna	-	720.00	-	760.00	-	-	-	320.00	-	350.00	300.00	-	360.00	-	-	200.00	-	230.00	400.00	-	450.00	320.00	-	350.00	
	Vavuniya	-	700.00	-	800.00	600.00	-	650.00	400.00	-	450.00	300.00	-	340.00	300.00	-	340.00	150.00	-	180.00	400.00	-	450.00	400.00	-	450.00
	Mannar	-	550.00	-	600.00	600.00	-	600.00	400.00	-	450.00	350.00	-	400.00	-	-	200.00	-	250.00	400.00	-	450.00	350.00	-	400.00	
Killinochchi	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Mullaittivu	-	650.00	-	700.00	400.00	-	450.00	350.00	-	400.00	350.00	-	400.00	-	-	200.00	-	220.00	450.00	-	480.00	320.00	-	350.00		
Batticaloa	-	550.00	-	600.00	360.00	-	400.00	300.00	-	300.00	300.00	-	350.00	300.00	-	340.00	240.00	-	260.00	400.00	-	400.00	300.00	-	320.00	
Trincomalee	-	560.00	-	600.00	480.00	-	520.00	420.00	-	450.00	-	-	-	-	-	220.00	-	230.00	420.00	-	450.00	400.00	-	450.00		
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Veyangoda	-	600.00	-	720.00	320.00	-	400.00	260.00	-	320.00	240.00	-	320.00	200.00	-	280.00	120.00	-	180.00	240.00	-	320.00	200.00	-	280.00	
Galenbindunuwewa	-	750.00	-	800.00	350.00	-	400.00	350.00	-	400.00	420.00	-	480.00	300.00	-	330.00	200.00	-	240.00	430.00	-	480.00	450.00	-	480.00	
Bandarawela	-	540.00	-	580.00	320.00	-	360.00	260.00	-	300.00	280.00	-	300.00	240.00	-	280.00	120.00	-	140.00	240.00	-	280.00	160.00	-	200.00	
Matale	-	600.00	-	680.00	400.00	-	480.00	280.00	-	320.00	320.00	-	480.00	200.00	-	320.00	200.00	-	240.00	360.00	-	400.00	240.00	-	300.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	160.00 - 360.00	400.00 - 600.00	550.00 - 800.00	140.00 - 320.00	100.00 - 280.00	420.00 - 600.00	200.00 - 480.00	480.00 - 1200.00	200.00 - 450.00	280.00 - 460.00		
Gampaha	240.00 - 320.00	500.00 - 520.00	720.00 - 860.00	200.00 - 240.00	120.00 - 160.00	560.00 - 600.00	300.00 - 320.00	1300.00 - 1300.00	300.00 - 320.00	400.00 - 400.00		
Kurunegala	200.00 - 240.00	400.00 - 480.00	700.00 - 800.00	200.00 - 240.00	120.00 - 160.00	540.00 - 600.00	240.00 - 280.00	800.00 - 800.00	280.00 - 320.00	280.00 - 340.00		
Nikaweratiya	200.00 - 260.00	320.00 - 450.00	600.00 - 720.00	180.00 - 240.00	100.00 - 240.00	450.00 - 550.00	200.00 - 320.00	800.00 - 800.00	200.00 - 280.00	300.00 - 350.00		
Dambulla	180.00 - 220.00	460.00 - 480.00	700.00 - 800.00	200.00 - 240.00	100.00 - 120.00	540.00 - 600.00	300.00 - 340.00	700.00 - 800.00	260.00 - 280.00	280.00 - 300.00		
Anuradhapura	200.00 - 280.00	360.00 - 440.00	720.00 - 800.00	200.00 - 240.00	140.00 - 200.00	440.00 - 560.00	240.00 - 320.00	-	240.00 - 280.00	320.00 - 360.00		
Thambuththegama	150.00 - 200.00	450.00 - 500.00	700.00 - 800.00	180.00 - 250.00	80.00 - 120.00	440.00 - 500.00	160.00 - 220.00	-	150.00 - 220.00	200.00 - 250.00		
Polonnaruwa	260.00 - 300.00	360.00 - 400.00	560.00 - 600.00	200.00 - 240.00	100.00 - 140.00	460.00 - 500.00	260.00 - 300.00	-	300.00 - 340.00	340.00 - 380.00		
Kaluthara	200.00 - 300.00	400.00 - 480.00	600.00 - 680.00	200.00 - 280.00	120.00 - 200.00	400.00 - 520.00	200.00 - 320.00	-	240.00 - 320.00	300.00 - 360.00		
Badulla	220.00 - 240.00	400.00 - 400.00	650.00 - 800.00	200.00 - 240.00	120.00 - 160.00	520.00 - 520.00	220.00 - 240.00	600.00 - 600.00	240.00 - 260.00	300.00 - 320.00		
Keppetipola	140.00 - 160.00	330.00 - 360.00	560.00 - 600.00	200.00 - 220.00	130.00 - 150.00	380.00 - 400.00	150.00 - 160.00	500.00 - 550.00	220.00 - 250.00	240.00 - 260.00		
Moneragala	200.00 - 280.00	320.00 - 400.00	720.00 - 800.00	200.00 - 220.00	140.00 - 200.00	440.00 - 600.00	240.00 - 320.00	600.00 - 700.00	280.00 - 320.00	320.00 - 400.00		
Kegalle	240.00 - 280.00	440.00 - 480.00	750.00 - 800.00	200.00 - 240.00	200.00 - 240.00	520.00 - 560.00	280.00 - 320.00	550.00 - 600.00	320.00 - 360.00	360.00 - 400.00		
Ampara	240.00 - 320.00	340.00 - 400.00	720.00 - 880.00	200.00 - 240.00	180.00 - 220.00	480.00 - 560.00	360.00 - 400.00	640.00 - 640.00	240.00 - 340.00	280.00 - 320.00		
Dehiattakandiya	200.00 - 240.00	400.00 - 420.00	600.00 - 700.00	200.00 - 260.00	100.00 - 100.00	480.00 - 520.00	200.00 - 200.00	600.00 - 600.00	280.00 - 300.00	300.00 - 300.00		
Nuwaraeliya	200.00 - 220.00	420.00 - 440.00	640.00 - 660.00	250.00 - 280.00	180.00 - 200.00	440.00 - 460.00	220.00 - 240.00	600.00 - 650.00	220.00 - 240.00	300.00 - 320.00		
Kandy	160.00 - 180.00	500.00 - 550.00	800.00 - 850.00	160.00 - 200.00	100.00 - 120.00	400.00 - 450.00	160.00 - 200.00	600.00 - 650.00	200.00 - 240.00	240.00 - 260.00		
Puttalam	200.00 - 200.00	320.00 - 400.00	800.00 - 800.00	280.00 - 300.00	200.00 - 200.00	600.00 - 600.00	300.00 - 320.00	800.00 - 1000.00	320.00 - 400.00	320.00 - 400.00		
Rathnapura	160.00 - 200.00	440.00 - 480.00	600.00 - 700.00	180.00 - 230.00	120.00 - 150.00	540.00 - 600.00	230.00 - 280.00	-	260.00 - 300.00	320.00 - 360.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	200.00 - 220.00	480.00 - 600.00	600.00 - 620.00	160.00 - 200.00	120.00 - 200.00	520.00 - 600.00	200.00 - 240.00	-	200.00 - 240.00	240.00 - 320.00		
Galle	200.00 - 280.00	400.00 - 440.00	600.00 - 800.00	160.00 - 200.00	120.00 - 200.00	500.00 - 520.00	300.00 - 360.00	800.00 - 960.00	240.00 - 280.00	320.00 - 400.00		
Tissamaharama	150.00 - 180.00	350.00 - 380.00	650.00 - 680.00	180.00 - 220.00	100.00 - 130.00	450.00 - 480.00	200.00 - 230.00	400.00 - 480.00	150.00 - 220.00	200.00 - 240.00		
Meegoda (DEC)	160.00 - 200.00	480.00 - 520.00	700.00 - 800.00	200.00 - 240.00	120.00 - 160.00	480.00 - 600.00	300.00 - 400.00	-	240.00 - 300.00	200.00 - 300.00		
Embilipitiya	120.00 - 160.00	400.00 - 480.00	480.00 - 520.00	200.00 - 260.00	80.00 - 100.00	520.00 - 600.00	200.00 - 240.00	520.00 - 600.00	240.00 - 300.00	240.00 - 300.00		
Jaffna	100.00 - 150.00	300.00 - 360.00	440.00 - 460.00	120.00 - 150.00	120.00 - 130.00	600.00 - 650.00	120.00 - 160.00	900.00 - 1050.00	-	400.00 - 450.00		
Vavuniya	200.00 - 250.00	340.00 - 400.00	800.00 - 850.00	200.00 - 240.00	180.00 - 220.00	800.00 - 850.00	280.00 - 320.00	1200.00 - 1300.00	340.00 - 380.00	300.00 - 350.00		
Mannar	350.00 - 400.00	400.00 - 400.00	950.00 - 1000.00	200.00 - 220.00	200.00 - 200.00	450.00 - 500.00	300.00 - 350.00	850.00 - 850.00	-	380.00 - 400.00		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	220.00 - 260.00	400.00 - 450.00	480.00 - 500.00	180.00 - 200.00	140.00 - 160.00	600.00 - 650.00	300.00 - 350.00	980.00 - 1050.00	-	300.00 - 350.00		
Batticaloa	300.00 - 330.00	300.00 - 320.00	800.00 - 850.00	120.00 - 150.00	200.00 - 230.00	480.00 - 500.00	300.00 - 350.00	600.00 - 600.00	320.00 - 340.00	320.00 - 350.00		
Trincomalee	400.00 - 440.00	500.00 - 540.00	1000.00 - 1200.00	200.00 - 220.00	200.00 - 220.00	640.00 - 660.00	300.00 - 340.00	-	270.00 - 280.00	400.00 - 440.00		
Hanguranketha						-						
Veyangoda	140.00 - 240.00	440.00 - 520.00	600.00 - 800.00	160.00 - 220.00	120.00 - 180.00	440.00 - 520.00	200.00 - 240.00	-	180.00 - 280.00	220.00 - 280.00		
Galenbindunuwewa	300.00 - 320.00	350.00 - 400.00	700.00 - 720.00	200.00 - 240.00	140.00 - 160.00	550.00 - 600.00	300.00 - 320.00	550.00 - 600.00	300.00 - 320.00	300.00 - 320.00		
Bandarawela	160.00 - 180.00	320.00 - 400.00	600.00 - 700.00	160.00 - 200.00	100.00 - 140.00	440.00 - 480.00	200.00 - 260.00	550.00 - 600.00	200.00 - 260.00	280.00 - 340.00		
Matale	200.00 - 240.00	400.00 - 480.00	600.00 - 840.00	200.00 - 240.00	120.00 - 160.00	480.00 - 520.00	240.00 - 280.00	-	200.00 - 240.00	300.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 340.00	550.00 - 950.00	280.00 - 800.00	220.00 - 340.00	150.00 - 240.00	50.00 - 80.00	50.00 - 80.00	180.00 - 280.00	180.00 - 210.00	150.00 - 190.00
Gampaha	160.00 - 240.00	900.00 - 1000.00	400.00 - 500.00	240.00 - 320.00	160.00 - 180.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	190.00 - 200.00	160.00 - 170.00
Kurunegala	140.00 - 180.00	700.00 - 800.00	350.00 - 400.00	240.00 - 300.00	160.00 - 200.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	180.00 - 185.00	155.00 - 165.00
Nikaweratiya	120.00 - 160.00	720.00 - 1000.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	170.00 - 190.00	120.00 - 160.00
Dambulla	160.00 - 200.00	700.00 - 800.00	500.00 - 550.00	220.00 - 280.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	50.00 - 60.00	150.00 - 160.00	130.00 - 135.00
Anuradhapura	180.00 - 240.00	800.00 - 1000.00	400.00 - 500.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	150.00 - 170.00	120.00 - 140.00
Thambuththegama	120.00 - 180.00	680.00 - 800.00	220.00 - 280.00	250.00 - 280.00	150.00 - 180.00	-	-	-	140.00 - 150.00	120.00 - 130.00
Polonnaruwa	160.00 - 200.00	800.00 - 850.00	400.00 - 450.00	200.00 - 240.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	160.00 - 200.00	120.00 - 140.00
Kaluthara	120.00 - 250.00	600.00 - 800.00	350.00 - 500.00	250.00 - 280.00	150.00 - 200.00	70.00 - 100.00	70.00 - 100.00	100.00 - 120.00	180.00 - 200.00	140.00 - 170.00
Badulla	160.00 - 240.00	800.00 - 800.00	400.00 - 500.00	200.00 - 240.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	170.00 - 180.00	120.00 - 140.00
Keppetipola	120.00 - 130.00	700.00 - 750.00	300.00 - 320.00	200.00 - 220.00	120.00 - 130.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	160.00 - 170.00
Moneragala	120.00 - 160.00	900.00 - 1000.00	320.00 - 400.00	280.00 - 300.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	150.00 - 170.00	120.00 - 130.00
Kegalle	160.00 - 200.00	700.00 - 800.00	450.00 - 500.00	280.00 - 320.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	160.00 - 170.00	140.00 - 150.00
Ampara	160.00 - 240.00	700.00 - 920.00	500.00 - 650.00	250.00 - 280.00	120.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	150.00 - 200.00	-
Dehiattakandiya	200.00 - 200.00	1000.00 - 1000.00	400.00 - 400.00	300.00 - 300.00	150.00 - 160.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	140.00 - 160.00	100.00 - 130.00
Nuwaraeliya	180.00 - 220.00	750.00 - 800.00	380.00 - 420.00	280.00 - 320.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	200.00 - 220.00	170.00 - 190.00
Kandy	140.00 - 160.00	800.00 - 900.00	500.00 - 600.00	200.00 - 240.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	160.00 - 180.00	130.00 - 150.00
Puttalam	120.00 - 160.00	800.00 - 1000.00	300.00 - 400.00	300.00 - 350.00	200.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	160.00 - 170.00	100.00 - 140.00
Rathnapura	160.00 - 220.00	800.00 - 900.00	350.00 - 450.00	240.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	130.00 - 160.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	120.00 - 150.00	750.00 - 900.00	300.00 - 400.00	240.00 - 260.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	175.00 - 200.00	140.00 - 160.00
Galle	120.00 - 200.00	800.00 - 800.00	400.00 - 500.00	200.00 - 260.00	150.00 - 180.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	160.00 - 190.00	130.00 - 150.00
Tissamaharama	80.00 - 100.00	750.00 - 850.00	300.00 - 350.00	220.00 - 260.00	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	180.00 - 200.00	120.00 - 140.00
Meegoda (DEC)	160.00 - 200.00	700.00 - 800.00	320.00 - 400.00	200.00 - 240.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	180.00 - 190.00	160.00 - 170.00
Embilipitiya	100.00 - 120.00	600.00 - 720.00	350.00 - 400.00	240.00 - 280.00	140.00 - 160.00	50.00 - 70.00	40.00 - 60.00	80.00 - 100.00	150.00 - 180.00	100.00 - 140.00
Jaffna	120.00 - 150.00	500.00 - 600.00	280.00 - 350.00	200.00 - 250.00	220.00 - 250.00	90.00 - 120.00	50.00 - 60.00	80.00 - 100.00	180.00 - 220.00	120.00 - 150.00
Vavuniya	150.00 - 170.00	700.00 - 780.00	300.00 - 350.00	200.00 - 240.00	220.00 - 240.00	60.00 - 70.00	60.00 - 65.00	70.00 - 75.00	200.00 - 240.00	150.00 - 170.00
Mannar	150.00 - 200.00	1000.00 - 1000.00	400.00 - 450.00	350.00 - 350.00	250.00 - 250.00	50.00 - 60.00	-	80.00 - 80.00	200.00 - 250.00	120.00 - 150.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 160.00	780.00 - 820.00	380.00 - 420.00	300.00 - 350.00	250.00 - 260.00	100.00 - 120.00	75.00 - 80.00	50.00 - 60.00	-	130.00 - 140.00
Batticaloa	150.00 - 200.00	800.00 - 900.00	400.00 - 400.00	250.00 - 300.00	150.00 - 160.00	60.00 - 60.00	50.00 - 50.00	70.00 - 70.00	180.00 - 200.00	120.00 - 130.00
Trincomalee	230.00 250.00	780.00 800.00	450.00 480.00	320.00 340.00	230.00 250.00	60.00 65.00	65.00 70.00	45.00 50.00	180.00 200.00	140.00 150.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	160.00 - 200.00	700.00 - 900.00	280.00 - 360.00	200.00 - 220.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	170.00 - 190.00	140.00 - 160.00
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	350.00 - 400.00	200.00 - 250.00	120.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	130.00 - 140.00	100.00 - 120.00
Bandarawela	140.00 - 160.00	700.00 - 800.00	400.00 - 450.00	200.00 - 240.00	150.00 - 160.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	160.00 - 180.00	130.00 - 150.00
Matale	160.00 - 200.00	700.00 - 800.00	500.00 - 600.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	150.00 - 170.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	120.00 - 180.00	250.00 - 350.00	130.00 - 200.00	35.00 - 50.00	50.00 - 70.00	500.00 - 650.00	400.00 - 450.00	280.00 - 390.00	-	330.00 - 500.00
Gampaha	120.00 - 130.00	250.00 - 280.00	130.00 - 160.00	-	-	400.00 - 400.00	300.00 - 350.00	200.00 - 250.00	-	175.00 - 250.00
Kurunegala	100.00 - 130.00	280.00 - 300.00	120.00 - 130.00	40.00 - 40.00	52.00 - 60.00	500.00 - 600.00	-	-	-	175.00 - 200.00
Nikaweratiya	130.00 - 160.00	300.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	400.00 - 500.00
Dambulla	120.00 - 140.00	340.00 - 360.00	140.00 - 160.00	-	50.00 - 55.00	550.00 - 600.00	400.00 - 450.00	200.00 - 280.00	75.00 - 80.00	170.00 - 200.00
Anuradhapura	140.00 - 180.00	350.00 - 380.00	150.00 - 200.00	28.00 - 35.00	35.00 - 43.00	620.00 - 700.00	480.00 - 550.00	350.00 - 400.00	-	150.00 - 200.00
Thambuththegama	100.00 - 150.00	300.00 - 350.00	120.00 - 160.00	25.00 - 30.00	35.00 - 42.00	420.00 - 480.00	350.00 - 380.00	-	-	-
Polonnaruwa	180.00 - 200.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	40.00 - 45.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	200.00 - 250.00
Kaluthara	120.00 - 150.00	250.00 - 300.00	120.00 - 160.00	30.00 - 32.00	32.00 - 35.00	520.00 - 598.00	400.00 - 460.00	320.00 - 368.00	-	160.00 - 180.00
Badulla	100.00 - 120.00	200.00 - 250.00	80.00 - 100.00	16.00 - 18.00	33.00 - 35.00	450.00 - 500.00	250.00 - 300.00	150.00 - 200.00	-	300.00 - 375.00
Keppetipola	150.00 - 160.00	260.00 - 270.00	150.00 - 160.00	30.00 - 35.00	46.00 - 48.00	-	420.00 - 450.00	340.00 - 350.00	-	-
Moneragala	80.00 - 100.00	200.00 - 250.00	80.00 - 100.00	18.00 - 20.00	20.00 - 25.00	450.00 - 630.00	375.00 - 525.00	325.00 - 455.00	-	140.00 - 160.00
Kegalle	110.00 - 130.00	280.00 - 320.00	120.00 - 140.00	25.00 - 30.00	40.00 - 50.00	800.00 - 850.00	450.00 - 650.00	200.00 - 300.00	-	180.00 - 200.00
Ampara	130.00 - 140.00	280.00 - 280.00	120.00 - 130.00	35.00 - 35.00	40.00 - 40.00	-	350.00 - 400.00	-	-	-
Dehiattakandiya	150.00 - 160.00	300.00 - 350.00	150.00 - 160.00	-	40.00 - 60.00	680.00 - 760.00	480.00 - 600.00	250.00 - 350.00	-	-
Nuwaraeliya	140.00 - 150.00	250.00 - 260.00	130.00 - 140.00	30.00 - 32.00	40.00 - 44.00	-	460.00 - 480.00	380.00 - 420.00	-	280.00 - 320.00
Kandy	150.00 - 180.00	300.00 - 350.00	160.00 - 180.00	30.00 - 32.00	40.00 - 50.00	600.00 - 650.00	400.00 - 450.00	250.00 - 300.00	-	200.00 - 250.00
Puttalam	120.00 - 200.00	250.00 - 350.00	100.00 - 200.00	24.00 - 30.00	-	500.00 - 700.00	300.00 - 400.00	200.00 - 250.00	-	300.00 - 460.00
Rathnapura	100.00 - 130.00	200.00 - 250.00	80.00 - 100.00	25.00 - 28.00	38.00 - 41.00	560.00 - 700.00	400.00 - 500.00	320.00 - 380.00	-	300.00 - 400.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 120.00	270.00 - 280.00	110.00 - 120.00	22.00 - 23.00	31.00 - 33.00	550.00 - 600.00	400.00 - 500.00	300.00 - 350.00	-	220.00 - 250.00
Galle	120.00 - 150.00	250.00 - 280.00	120.00 - 160.00	32.00 - 35.00	30.00 - 34.00	560.00 - 600.00	450.00 - 500.00	-	-	-
Tissamaharama	80.00 - 100.00	180.00 - 220.00	80.00 - 100.00	18.00 - 24.00	33.00 - 38.00	520.00 - 600.00	400.00 - 480.00	320.00 - 380.00	38.00 - 44.00	-
Meegoda (DEC)	110.00 - 150.00	240.00 - 280.00	120.00 - 150.00	40.00 - 48.00	47.00 - 56.00	600.00 - 650.00	460.00 - 500.00	360.00 - 390.00	-	230.00 - 240.00
Embilipitiya	40.00 - 60.00	160.00 - 200.00	70.00 - 100.00	18.00 - 25.00	25.00 - 30.00	400.00 - 450.00	300.00 - 350.00	150.00 - 250.00	60.00 - 80.00	140.00 - 150.00
Jaffna	120.00 - 140.00	240.00 - 260.00	120.00 - 140.00	-	-	700.00 - 730.00	600.00 - 650.00	460.00 - 520.00	-	140.00 - 180.00
Vavuniya	120.00 - 150.00	240.00 - 260.00	120.00 - 150.00	30.00 - 32.00	30.00 - 32.00	500.00 - 600.00	400.00 - 450.00	320.00 - 360.00	-	-
Mannar	120.00 - 120.00	250.00 - 250.00	150.00 - 150.00	-	-	680.00 - 680.00	580.00 - 580.00	350.00 - 350.00	-	250.00 - 250.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaitivu	140.00 - 160.00	340.00 - 350.00	130.00 - 150.00	40.00 - 43.00	45.00 - 46.00	-	520.00 - 550.00	350.00 - 400.00	-	-
Batticaloa	110.00 - 120.00	250.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	450.00 - 500.00	350.00 - 400.00	200.00 - 220.00	-	180.00 - 200.00
Trincomalee	170.00 - 180.00	-	175.00 - 180.00	-	-	720.00 - 760.00	520.00 - 550.00	430.00 - 450.00	-	-
Veyangoda	120.00 - 140.00	250.00 - 280.00	120.00 - 140.00	30.00 - 33.00	36.00 - 44.00	510.00 - 610.00	390.00 - 460.00	300.00 - 360.00	-	260.00 - 280.00
Galenbindunuwewa	100.00 - 120.00	250.00 - 300.00	80.00 - 100.00	35.00 - 36.00	35.00 - 36.00	500.00 - 550.00	400.00 - 450.00	-	-	-
Bandarawela	140.00 - 160.00	280.00 - 320.00	140.00 - 160.00	27.00 - 30.00	46.00 - 50.00	550.00 - 600.00	400.00 - 480.00	320.00 - 350.00	-	200.00 - 230.00
Matale	120.00 - 140.00	300.00 - 350.00	150.00 - 160.00	28.00 - 33.00	40.00 - 43.00	550.00 - 580.00	450.00 - 520.00	300.00 - 360.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	-	-	140.00 - 250.00	70.00 - 130.00	200.00 - 300.00	140.00 - 250.00	140.00 - 230.00	60.00 - 120.00	1800.00 - 3000.00	150.00 - 200.00
Gampaha	-	-	150.00 - 200.00	-	160.00 - 240.00	140.00 - 150.00	100.00 - 125.00	110.00 - 115.00	2200.00 - 2300.00	150.00 - 160.00
Kurunegala	-	-	150.00 - 180.00	-	200.00 - 200.00	125.00 - 150.00	90.00 - 100.00	75.00 - 100.00	2000.00 - 2200.00	140.00 - 160.00
Nikaweratiya	-	-	130.00 - 220.00	35.00 - 38.00	-	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2500.00 - 2700.00	-
Dambulla	-	50.00 - 55.00	160.00 - 180.00	45.00 - 50.00	200.00 - 200.00	80.00 - 100.00	100.00 - 120.00	60.00 - 80.00	2800.00 - 3000.00	160.00 - 180.00
Anuradhapura	-	-	140.00 - 180.00	-	-	80.00 - 120.00	100.00 - 125.00	60.00 - 80.00	2400.00 - 2800.00	150.00 - 200.00
Thambuththegama	-	-	120.00 - 200.00	55.00 - 65.00	-	-	115.00 - 120.00	-	-	130.00 - 150.00
Polonnaruwa	-	-	150.00 - 180.00	50.00 - 60.00	-	-	160.00 - 180.00	50.00 - 80.00	2800.00 - 3000.00	180.00 - 240.00
Kaluthara	-	-	150.00 - 200.00	-	130.00 - 150.00	-	80.00 - 100.00	50.00 - 70.00	2400.00 - 3000.00	130.00 - 150.00
Badulla	100.00 - 125.00	-	150.00 - 160.00	60.00 - 60.00	180.00 - 240.00	120.00 - 140.00	85.00 - 100.00	62.00 - 66.00	2800.00 - 3000.00	150.00 - 200.00
Keppetipola	-	-	140.00 - 160.00	50.00 - 55.00	130.00 - 140.00	110.00 - 120.00	90.00 - 100.00	40.00 - 50.00	2450.00 - 3390.00	180.00 - 200.00
Moneragala	80.00 - 100.00	-	160.00 - 180.00	-	-	-	80.00 - 100.00	40.00 - 50.00	2500.00 - 2700.00	150.00 - 170.00
Kegalle	-	-	130.00 - 150.00	-	150.00 - 160.00	80.00 - 100.00	70.00 - 100.00	50.00 - 100.00	2300.00 - 2500.00	180.00 - 200.00
Ampara	64.00 - 68.00	-	160.00 - 180.00	-	-	-	70.00 - 75.00	-	2200.00 - 2500.00	160.00 - 180.00
Dehiattakandiya	100.00 - 100.00	-	180.00 - 180.00	-	-	-	80.00 - 100.00	-	2500.00 - 2800.00	150.00 - 200.00
Nuwaraeliya	-	-	150.00 - 160.00	45.00 - 55.00	150.00 - 160.00	130.00 - 140.00	100.00 - 130.00	40.00 - 50.00	3000.00 - 3200.00	220.00 - 230.00
Kandy	-	-	150.00 - 160.00	60.00 - 70.00	160.00 - 180.00	130.00 - 150.00	80.00 - 120.00	50.00 - 60.00	2000.00 - 2500.00	180.00 - 200.00
Puttalam	-	-	150.00 - 200.00	-	-	100.00 - 150.00	80.00 - 130.00	-	2800.00 - 3000.00	150.00 - 200.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	100.00 - 150.00	-	120.00 - 150.00	-	130.00 - 150.00	-	100.00 - 133.00	50.00 - 80.00	2000.00 - 2200.00	130.00 - 150.00
Matara	90.00 - 110.00	-	150.00 - 160.00	50.00 - 60.00	180.00 - 200.00	220.00 - 240.00	100.00 - 115.00	65.00 - 75.00	2400.00 - 2500.00	140.00 - 160.00
Galle	-	-	140.00 - 200.00	60.00 - 75.00	150.00 - 160.00	140.00 - 180.00	75.00 - 100.00	60.00 - 80.00	2500.00 - 2800.00	120.00 - 150.00
Tissamaharama	50.00 - 58.00	40.00 - 43.00	150.00 - 180.00	72.00 - 75.00	130.00 - 142.00	-	100.00 - 115.00	40.00 - 42.00	2400.00 - 2700.00	140.00 - 160.00
Meegoda (DEC)	-	-	140.00 - 160.00	45.00 - 50.00	135.00 - 160.00	-	85.00 - 100.00	42.00 - 60.00	1800.00 - 2200.00	130.00 - 140.00
Embilipitiya	60.00 - 80.00	40.00 - 50.00	120.00 - 140.00	30.00 - 50.00	170.00 - 180.00	120.00 - 150.00	70.00 - 100.00	-	2600.00 - 2800.00	160.00 - 180.00
Jaffna	65.00 - 80.00	-	100.00 - 140.00	-	100.00 - 120.00	-	70.00 - 80.00	-	-	230.00 - 260.00
Vavuniya	-	-	140.00 - 160.00	75.00 - 85.00	150.00 - 160.00	120.00 - 130.00	-	-	2400.00 - 2500.00	200.00 - 240.00
Mannar	-	-	150.00 - 150.00	-	200.00 - 250.00	140.00 - 140.00	170.00 - 170.00	100.00 - 120.00	2500.00 - 2500.00	250.00 - 250.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	120.00 - 140.00	50.00 - 60.00	-	-	-	-	2450.00 - 2550.00	160.00 - 200.00
Batticaloa	50.00 - 50.00	-	100.00 - 100.00	-	-	80.00 - 120.00	100.00 - 110.00	-	2500.00 - 2600.00	180.00 - 200.00
Trincomalee	-	52.00 - 55.00	135.00 - 145.00	70.00 - 75.00	-	86.00 - 88.00	126.00 - 128.00	-	2440.00 - 2450.00	210.00 - 220.00
Veyangoda	-	-	130.00 - 150.00	65.00 - 70.00	120.00 - 125.00	100.00 - 115.00	90.00 - 110.00	40.00 - 50.00	2300.00 - 2500.00	150.00 - 180.00
Galenbindunuwewa	-	-	100.00 - 120.00	-	-	-	75.00 - 80.00	-	2400.00 - 2500.00	130.00 - 150.00
Bandarawela	-	-	150.00 - 180.00	50.00 - 70.00	150.00 - 160.00	120.00 - 140.00	90.00 - 120.00	40.00 - 60.00	2500.00 - 2800.00	160.00 - 200.00
Matale	-	-	120.00 - 140.00	30.00 - 40.00	-	80.00 - 100.00	80.00 - 110.00	50.00 - 60.00	2800.00 - 3000.00	180.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 26: 27 Jun- 03 Jul 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	450.00 – 750.00	1000.00 – 1300.00	1000.00 – 1200.00	1400.00 – 1800.00	3600.00 – 4300.00	1300.00 – 1500.00
Kandy	650.00 – 700.00	1200.00 – 1300.00	1000.00 – 1300.00	1500.00 – 1700.00	–	1400.00 – 1500.00
Kaluthara	450.00 – 500.00	–	1000.00 – 1200.00	1200.00 – 1400.00	–	–
Puttalam	–	–	–	–	–	–
Matara	400.00 – 500.00	–	1200.00 – 1300.00	1700.00 – 1800.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	850.00 – 900.00	1100.00 – 1200.00	–	1200.00 – 1400.00
Batticaloa	400.00 – 500.00	–	1000.00 – 1000.00	1400.00 – 1500.00	–	–
Trincomalee	460.00 – 480.00	1050.00 – 1100.00	1140.00 – 1160.00	1850.00 – 1870.00	–	1520.00 – 1550.00
Mannar	850.00 – 850.00	–	800.00 – 1000.00	–	–	1000.00 – 1200.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1000.00 – 1500.00	1200.00 – 1600.00	1900.00 – 2500.00	–	32.00 – 34.00	30.00 – 33.00
Kandy	1500.00 – 1600.00	1500.00 – 1700.00	2300.00 – 2400.00	–	33.00 – 34.00	30.00 – 31.00
Kaluthara	1200.00 – 1400.00	1600.00 – 1700.00	2000.00 – 2100.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	1600.00 – 1700.00	1950.00 – 2000.00	–	31.00 – 32.50	29.00 – 30.00
Hambantota	–	–	–	–	–	–
Galle	1000.00 – 1200.00	–	–	–	32.00 – 33.00	31.00 – 33.00
Batticaloa	1200.00 – 1300.00	1500.00 – 1600.00	2000.00 – 2200.00	–	33.00 – 33.00	30.00 – 30.00
Trincomalee	1740.00 – 1760.00	1040.00 – 1060.00	–	–	32.00 – 33.00	32.00 – 33.00
Mannar	2000.00 – 2200.00	1000.00 – 1250.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 26: 27 Jun- 03 Jul 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	80000 – 100000	–	–	105000 – 120000	80000 – 105000	–
Kandy	77500 – 82500	–	–	110000 – 115000	90000 – 100000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 80000	–
Trincomalee	52200 – 52300	–	–	–	54450 – 54550	48500 – 48600
Mannar	–	100000 – 100000	–	125000 – 125000	75000 – 75000	50000 – 50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	80000 – 95000	–	30000 – 40000	55000 – 65000	87500 – 100000	–
Kandy	80000 – 85000	–	57500 – 60000	55000 – 60000	95000 – 100000	–
Batticaloa	–	–	40000 – 42500	39500 – 40000	–	–
Trincomalee	50500 – 51000	–	28450 – 28550	42700 – 42750	96500 – 96800	–
Mannar	50000 – 60000	–	–	50000 – 60000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	75000 – 95000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 26: 27 Jun- 03 Jul 2025

	LOCATIONS	Sea Fish									Eggs										
		Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
21	Colombo	540.00	850.00	1200.00	1600.00	1200.00	2400.00	1900.00	3000.00	4000.00	5000.00	1550.00	2800.00	-		2550.00	3500.00	33.00	41.00	31.00	40.00
	Gampaha	650.00	700.00		-		-	2000.00	2000.00		-	2000.00	2000.00	-		2700.00	2800.00	38.00	40.00	33.00	35.00
	Kurunegala	680.00	760.00		-		-	2000.00	2200.00		-	2000.00	2000.00	-		2700.00	2800.00	36.00	38.00	31.00	34.00
	Nikaweratiya	700.00	800.00	1300.00	1400.00	1000.00	1100.00	2400.00	2500.00		-	1500.00	1600.00	-		-		35.00	39.00	34.00	38.00
	Dambulla	700.00	800.00	1100.00	1200.00	1000.00	1100.00	2100.00	2200.00		-	1900.00	2000.00	1800.00	1900.00	2600.00	2700.00	36.00	37.00	35.00	36.00
	Anuradhapura	700.00	900.00		-	1100.00	1300.00	2200.00	2400.00		-	1700.00	1800.00	1600.00	1700.00	2400.00	2600.00	-		33.00	35.00
	Thambuththegama	-			-		-		-		-		-		-		-	34.00	36.00	34.00	35.00
	Polonnaruwa	750.00	800.00	1200.00	1300.00	1750.00	1800.00	2000.00	2200.00		-	1600.00	1700.00	1700.00	1800.00	2500.00	2600.00	35.00	36.00	32.00	34.00
	Kaluthara	700.00	800.00		-	1900.00	2000.00	2600.00	2800.00		-		-	1700.00	1900.00	2600.00	3000.00	34.00	36.00	30.00	34.00
	Badulla	600.00	600.00	1100.00	1200.00	1600.00	1800.00	2200.00	2400.00	3000.00	3000.00	1800.00	1800.00	1800.00	1800.00	2600.00	2800.00	34.00	36.00	32.00	34.00
	Keppetipola	-			-	1500.00	1600.00	1800.00	1900.00		-		-		-	2200.00	2300.00	36.00	38.00	33.00	35.00
	Moneragala	-		1000.00	1100.00	1100.00	1300.00	2300.00	2500.00		-		-	1900.00	2000.00	2800.00	3000.00	35.00	38.00	33.00	35.00
	Kegalle	950.00	1000.00	1550.00	1600.00	1900.00	2000.00	2550.00	2600.00		-		-	1900.00	2000.00	2700.00	2800.00	37.00	38.00	32.00	34.00
	Ampara	800.00	800.00	1200.00	1200.00	1600.00	1600.00	2600.00	2600.00		-		-		-	2800.00	2800.00	-		32.00	34.00
	Dehiattakandiya	700.00	700.00	1000.00	1000.00	1700.00	1700.00	2400.00	2400.00		-		-	1700.00	1800.00	2400.00	2400.00	32.00	35.00	30.00	32.00
	Nuwaraeliya	-			-	1600.00	1700.00	1900.00	2000.00		-		-		-	2300.00	2400.00	36.00	37.00	34.00	35.00
	Kandy	800.00	840.00	1400.00	1450.00	1500.00	1600.00	2200.00	2400.00		-	1700.00	1800.00	1800.00	1900.00	2600.00	2700.00	35.00	36.00	32.00	34.00
	Puttalam	600.00	800.00	1000.00	1200.00	1000.00	1200.00		-		-	1600.00	1600.00		-	2200.00	2500.00	33.00	35.00	30.00	33.00
	Hambantota	-			-		-		-		-		-		-		-	-	-		-
	Rathnapura	700.00	800.00	1300.00	1400.00	1300.00	1500.00	2300.00	2400.00	4000.00	4200.00	2500.00	2600.00	1700.00	1800.00	2460.00	2600.00	35.00	35.00	33.00	34.00
	Matara	650.00	700.00		-	1700.00	1900.00	2200.00	2400.00		-		-		-	2600.00	2700.00	34.00	35.00	30.00	32.00
Galle	600.00	700.00	1000.00	1200.00	1200.00	1400.00	2400.00	2600.00		-	1800.00	1800.00	1800.00	2000.00	2800.00	2800.00	34.00	34.00	30.00	34.00	
Tissamaharama	600.00	700.00		-	1000.00	1400.00	2800.00	2900.00		-		-		-	2400.00	2700.00	35.00	38.00	34.00	36.00	
Meegoda	700.00	760.00		-		-	2600.00	2700.00		-	1700.00	1700.00		-	3500.00	3600.00	34.00	35.00	30.00	34.00	
Embilipitiya	800.00	850.00		-	1600.00	1700.00	2400.00	2500.00		-		-		-	2550.00	2600.00	32.00	34.00	30.00	31.00	
Jaffna	600.00	750.00		-	1200.00	1350.00		-		-	1700.00	1850.00	2500.00	2700.00		-	35.00	37.00	34.00	36.00	
Vavuniya	650.00	700.00	1200.00	1300.00	1200.00	1300.00	2400.00	2500.00		-	1600.00	1700.00	2400.00	2500.00	2400.00	2500.00	35.00	37.00	34.00	36.00	
Mannar	1000.00	1000.00		-	1200.00	1200.00		-		-	1500.00	1800.00	2800.00	2800.00		-	35.00	35.00	32.00	32.00	
Killinochchi	-			-		-		-		-		-		-		-	-			-	
Mullaittivu	500.00	600.00	1100.00	1250.00	1000.00	1000.00	2100.00	2200.00		-	1800.00	1950.00		-	2100.00	2200.00		-	30.00	32.00	
Batticaloa	800.00	800.00	1200.00	1200.00	1500.00	1600.00	1800.00	2100.00		-	2000.00	2300.00		-	2550.00	2600.00	35.00	35.00	32.00	32.00	
Trincomalee	620.00	650.00	1160.00	1180.00	1230.00	1250.00	2350.00	2380.00		-	1660.00	1700.00	1870.00	1900.00		-	35.00	36.00	34.00	35.00	
Veyangoda	600.00	650.00		-		-	2200.00	2200.00		-		-		-	2200.00	2400.00	36.00	38.00	34.00	36.00	
Galenbindunuwewa	600.00	800.00	1500.00	1600.00	1000.00	1200.00	2400.00	2500.00		-	1300.00	1400.00	2000.00	2200.00	3000.00	3000.00	35.00	36.00	33.00	34.00	
Bandarawela	700.00	700.00		-	1400.00	1500.00	2300.00	2400.00		-	2000.00	2000.00		-	2500.00	2600.00	34.00	36.00	32.00	34.00	
Matale	800.00	900.00	1100.00	1200.00	1200.00	1400.00	2400.00	2500.00		-	1600.00	1800.00	1800.00	2000.00	2600.00	2800.00	33.00	34.00	31.00	32.00	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1200.00 – 1600.00	2400.00 – 3000.00	–	2400.00 – 2800.00	2200.00 – 2800.00	2200.00 – 2600.00	1200.00 – 1500.00						
Gampaha	1000.00 – 1000.00	–	3600.00 – 3650.00	2400.00 – 2460.00	1600.00 – 1640.00	2400.00 – 2450.00	1000.00 – 1050.00						
Kurunegala	1200.00 – 1400.00	2600.00 – 2800.00	–	2800.00 – 2900.00	1800.00 – 2000.00	2200.00 – 2400.00	1000.00 – 1000.00						
Nikaweratiya	1400.00 – 1450.00	2800.00 – 3000.00	–	2000.00 – 2200.00	2200.00 – 2400.00	2600.00 – 2800.00	1200.00 – 1350.00						
Dambulla	1300.00 – 1400.00	2500.00 – 2600.00	–	2700.00 – 2800.00	1800.00 – 1900.00	2400.00 – 2500.00	–						
Anuradhapura	1300.00 – 1500.00	2600.00 – 3000.00	–	2600.00 – 3000.00	2400.00 – 2800.00	2400.00 – 2800.00	1200.00 – 1400.00						
Thambuththegama	1400.00 – 1500.00	2400.00 – 2450.00	–	2800.00 – 3000.00	2400.00 – 2800.00	2400.00 – 2600.00	1300.00 – 1400.00						
Polonnaruwa	1200.00 – 1300.00	2400.00 – 2500.00	–	2600.00 – 2900.00	2300.00 – 2600.00	2100.00 – 2200.00	–						
Kaluthara	1200.00 – 1600.00	2300.00 – 2600.00	–	2300.00 – 2600.00	1800.00 – 2100.00	2300.00 – 2600.00	–						
Badulla	1200.00 – 1300.00	2600.00 – 2600.00	–	2400.00 – 2400.00	2400.00 – 2400.00	–	–						
Keppetipola	1000.00 – 1100.00	2500.00 – 2600.00	–	2250.00 – 2300.00	1800.00 – 1850.00	2300.00 – 2400.00	1000.00 – 1000.00						
Moneragala	1300.00 – 1500.00	2500.00 – 2600.00	–	2600.00 – 2800.00	2500.00 – 2600.00	2500.00 – 2600.00	–						
Kegalle	1200.00 – 1400.00	2500.00 – 2800.00	–	2600.00 – 2800.00	1800.00 – 2200.00	–	–						
Ampara	1000.00 – 1200.00	2200.00 – 2400.00	–	2200.00 – 2600.00	1700.00 – 2000.00	–	1000.00 – 1000.00						
Dehiattakandiya	1100.00 – 1600.00	3000.00 – 3000.00	–	3000.00 – 3000.00	2500.00 – 2800.00	–	–						
Nuwareliya	1000.00 – 1100.00	2500.00 – 2600.00	3000.00 – 3200.00	2450.00 – 2500.00	1650.00 – 1750.00	2350.00 – 2400.00	1000.00 – 1200.00						
Kandy	1400.00 – 1500.00	2700.00 – 2800.00	–	2800.00 – 2900.00	2400.00 – 2600.00	2300.00 – 2400.00	1300.00 – 1400.00						
Puttalam	1300.00 – 1400.00	2000.00 – 2800.00	–	2200.00 – 2600.00	2000.00 – 2400.00	1600.00 – 1800.00	1000.00 – 1200.00						
Hambantota	–	–	–	–	–	–	–						
Rathnapura	1200.00 – 1600.00	2360.00 – 2600.00	–	2400.00 – 2600.00	2200.00 – 2600.00	2600.00 – 2800.00	–						
Matara	1300.00 – 1500.00	2400.00 – 2700.00	–	2800.00 – 3000.00	2500.00 – 2700.00	–	–						
Galle	1300.00 – 1600.00	2600.00 – 2800.00	3000.00 – 3200.00	2800.00 – 2800.00	2000.00 – 2200.00	2000.00 – 2400.00	–						
Tissamaharama	1000.00 – 1400.00	–	–	2400.00 – 2500.00	2400.00 – 2500.00	2500.00 – 2600.00	–						
Meegoda	1160.00 – 1400.00	2200.00 – 2400.00	–	2400.00 – 2600.00	2200.00 – 2400.00	2200.00 – 2400.00	1000.00 – 1200.00						
Embilipitiya	1200.00 – 1300.00	2650.00 – 2800.00	–	2500.00 – 2650.00	2500.00 – 2800.00	2800.00 – 3000.00	1300.00 – 1400.00						
Jaffna	1000.00 – 1200.00	2300.00 – 2400.00	3100.00 – 3250.00	2150.00 – 2300.00	–	–	–						
Vavuniya	–	2200.00 – 2300.00	–	–	2200.00 – 2300.00	–	1000.00 – 1150.00						
Mannar	–	2800.00 – 3000.00	–	3000.00 – 3000.00	1800.00 – 2000.00	1800.00 – 2000.00	–						
Killinochchi	–	–	–	–	–	–	–						
Mullaittivu	–	1900.00 – 2000.00	–	2400.00 – 2500.00	–	–	–						
Batticaloa	1000.00 – 1100.00	2400.00 – 2500.00	–	–	1800.00 – 2000.00	–	1000.00 – 1000.00						
Trincomalee	1060.00 – 1080.00	2350.00 – 2370.00	–	–	–	–	–						
Veyangoda	1180.00 – 1400.00	2200.00 – 2400.00	–	2400.00 – 2800.00	2000.00 – 2200.00	2200.00 – 2300.00	1200.00 – 1400.00						
Galenbindunuwewa	1400.00 – 1600.00	2700.00 – 2850.00	3500.00 – 3500.00	2750.00 – 2900.00	2300.00 – 2500.00	2700.00 – 2800.00	1150.00 – 1300.00						
Bandarawela	1100.00 – 1300.00	2400.00 – 2500.00	–	2600.00 – 2800.00	2500.00 – 2600.00	2400.00 – 2500.00	1100.00 – 1300.00						
Matale	1400.00 – 1600.00	2600.00 – 2800.00	–	2400.00 – 2600.00	2300.00 – 2400.00	2400.00 – 2600.00	1100.00 – 1300.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1300.00 - 1440.00	1150.00 - 1350.00	3500.00 - 4000.00	2200.00 - 2600.00
Gampaha	-	1350.00 - 1390.00	1300.00 - 1300.00	3500.00 - 3500.00	-
Kurunegala	3000.00 - 3000.00	1250.00 - 1280.00	1300.00 - 1300.00	3200.00 - 3200.00	-
Nikaweratiya	2200.00 - 2400.00	1300.00 - 1400.00	-	-	-
Dambulla	-	1350.00 - 1380.00	1350.00 - 1400.00	-	1800.00 - 1800.00
Anuradhapura	2700.00 - 2800.00	1250.00 - 1300.00	-	-	2000.00 - 2100.00
Thambuththegama	-	1100.00 - 1200.00	-	-	1500.00 - 1500.00
Polonnaruwa	2500.00 - 2700.00	1200.00 - 1250.00	1300.00 - 1350.00	-	1800.00 - 2000.00
Kaluthara	2600.00 - 2700.00	1200.00 - 1400.00	-	-	-
Badulla	2400.00 - 2400.00	1200.00 - 1300.00	-	3200.00 - 3200.00	-
Keppetipola	2200.00 - 2300.00	1260.00 - 1280.00	1350.00 - 1360.00	3200.00 - 3300.00	-
Moneragala	2600.00 - 2600.00	1300.00 - 1450.00	1500.00 - 1550.00	3000.00 - 3000.00	2400.00 - 2500.00
Kegalle	2500.00 - 2500.00	1330.00 - 1450.00	-	3100.00 - 3100.00	-
Ampara	2200.00 - 2500.00	1150.00 - 1400.00	-	-	2200.00 - 2400.00
Dehiattakandiya	-	1290.00 - 1350.00	-	-	2000.00 - 2100.00
Nuwaraeliya	2500.00 - 2600.00	1260.00 - 1300.00	1380.00 - 1390.00	3200.00 - 3400.00	1800.00 - 1900.00
Kandy	2300.00 - 2400.00	1240.00 - 1260.00	1200.00 - 1250.00	3400.00 - 3400.00	2000.00 - 2100.00
Puttalam	2500.00 - 2500.00	1400.00 - 1400.00	1500.00 - 1500.00	3800.00 - 3800.00	-
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1350.00 - 1400.00	1250.00 - 1350.00	3500.00 - 3500.00	-
Matara	-	1330.00 - 1350.00	-	-	-
Galle	2600.00 - 2700.00	1280.00 - 1320.00	-	3400.00 - 3500.00	-
Tissamaharama	-	1350.00 - 1400.00	1250.00 - 1300.00	-	-
Meegoda	-	1350.00 - 1380.00	1300.00 - 1300.00	-	2200.00 - 2200.00
Embilipitiya	2000.00 - 2100.00	1200.00 - 1300.00	1300.00 - 1350.00	3300.00 - 3500.00	1800.00 - 2000.00
Jaffna	2000.00 - 2100.00	1100.00 - 1250.00	1300.00 - 1400.00	3500.00 - 4000.00	-
Vavuniya	2000.00 - 2250.00	1340.00 - 1380.00	1600.00 - 1700.00	3200.00 - 3300.00	-
Mannar	2100.00 - 2200.00	1300.00 - 1330.00	1450.00 - 1450.00	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2200.00 - 2200.00	1400.00 - 1450.00	1550.00 - 1600.00	-	-
Batticaloa	2100.00 - 2200.00	1250.00 - 1250.00	1400.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2200.00 - 2300.00	1000.00 - 1100.00	1700.00 - 1800.00	3500.00 - 3600.00	-
Veyangoda	-	1250.00 - 1400.00	-	-	2100.00 - 2200.00
Galenbindunuwewa	2400.00 - 2400.00	1270.00 - 1300.00	1350.00 - 1350.00	-	1850.00 - 1850.00
Bandarawela	2400.00 - 2500.00	1250.00 - 1320.00	-	3400.00 - 3500.00	-
Matale	2200.00 - 2400.00	1250.00 - 1300.00	1280.00 - 1350.00	3200.00 - 3400.00	1700.00 - 1800.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 26: 27 Jun- 03 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	165.00 - 175.00	169.29	169.09	97.50	0.12	73.63
Samba 1	240.00 - 245.00	241.11	242.50	236.20	-0.57	2.08	Small	140.00 - 160.00	150.00	149.55	82.50	0.30	81.82
Samba 2	235.00 - 238.00	236.50	236.50	229.50	0.00	3.05							
Keeri Samba	270.00 - 300.00	283.33	281.67	304.50	0.59	-6.95	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 - 225.00	222.75	227.50	211.40	-2.09	5.37	Plantain						
Nadu 2	215.00 - 218.00	216.50	221.00	205.57	-2.04	5.32	Ambul (Rs/kg)	70.00 - 100.00	86.00	75.00	156.36	14.67	-45.00
Raw (Red)	200.00 - 210.00	204.44	210.83	195.00	-3.03	4.84	Kolikuttu (Rs/kg)	200.00 - 220.00	210.00	178.00	383.64	17.98	-45.26
Raw (White)	200.00 - 210.00	205.00	210.83	206.50	-2.77	-0.73	Seeni (Rs/kg)	70.00 - 100.00	86.00	75.00	138.18	14.67	-37.76
Imported							Anamalu	25.00 - 30.00	26.90	25.60	28.27	5.08	-4.86
Samba	230.00 - 240.00	235.00	235.00	283.50	0.00	-17.11	Ambun	35.00 - 38.00	36.90	33.00	33.27	11.82	10.90
Nadu	-						Papaw(Rs/kg)	100.00 - 120.00	110.00	98.00	202.00	12.24	-45.54
Raw (Red)	-						Passion Fruit	50.00 - 70.00	61.00	50.00	71.50	22.00	-14.69
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Pineapple Large	420.00 - 490.00	463.75	468.89	467.50	-1.10	-0.80
<u>Dried Chillies</u>							Pineapple Medium	320.00 - 380.00	350.00	357.78	355.00	-2.17	-1.41
Imported	650.00 - 750.00	707.14	544.00	757.50	29.99	-6.65	Pineapple Small	250.00 - 300.00	271.25	277.78	271.25	-2.35	0.00
<u>Onion</u>							Mango						
Sinnan	-						Betti	50.00 - 60.00	53.33		22.25		139.70
Vedalan	320.00 - 400.00	380.00	416.00	397.14	-8.65	-4.32	Karthakolomban	250.00 - 350.00	306.00	232.00	56.36	31.90	442.90
Imported	300.00 - 370.00	336.67	341.67	366.25	-1.46	-8.08	Vilad	-			55.00		
<u>Big Onion</u>							Kohu	-					
Imported	75.00 - 120.00	105.00	87.22	207.78	20.38	-49.47	<u>Other</u>						
Local	-						Wood Apple	120.00 - 160.00	140.00	136.36	140.00	2.67	0.00
<u>Potato</u>							Orange	100.00 - 130.00	116.00	126.00	140.00	-7.94	-17.14
Welimada	-						Avocado	70.00 - 140.00	106.00	99.00	63.00	7.07	68.25
N'Elia	280.00 - 300.00	290.00	299.00	332.50	-3.01	-12.78	Slime Apple	50.00 - 60.00	55.00	37.50	25.10	46.67	119.12
Imported	140.00 - 200.00	166.11	170.00	173.75	-2.29	-4.40	Grapes (Imp., Rs/kg)	1600.00 - 2000.00	1812.50	1825.00	1463.75	-0.68	23.83
<u>Pulses</u>							King Coconut	120.00 - 150.00	134.00	135.00	155.56	-0.74	-13.86
Green Gram	700.00 - 850.00	766.67	750.00	871.43	2.22	-12.02	<u>Sea Fish</u>						
Cowpea (White)	750.00 - 850.00	790.00	750.00	796.67	5.33	-0.84	Salaya	450.00 - 750.00	611.11	590.00	491.25	3.58	24.40
Cowpea (Red)	750.00 - 900.00	825.00	791.67	763.33	4.21	8.08	Hurulla	1000.00 - 1300.00	1180.00	1122.22	808.33	5.15	45.98
Red Dhal	245.00 - 252.00	249.13	251.67	287.14	-1.01	-13.24	Balaya	1000.00 - 1200.00	1105.56	1137.50	661.67	-2.81	67.09
<u>Vegetable</u>							Kelawalla	1400.00 - 1800.00	1610.00	1505.56	1281.67	6.94	25.62
Beans (Butter)	-						Thora	3600.00 - 4300.00	3970.00	3775.00	1883.33	5.17	110.80
Beans(Green)	400.00 - 600.00	515.00	570.00	475.00	-9.65	8.42	Paraw	1300.00 - 1500.00	1420.00	1500.00	1375.00	-5.33	3.27
Carrot	200.00 - 280.00	242.00	325.00	422.00	-25.54	-42.65	Mora	1000.00 - 1500.00	1255.56	1400.00	1041.67	-10.32	20.53
Leeks	160.00 - 250.00	198.89	222.00	507.00	-10.41	-60.77	Shrimps	1200.00 - 1600.00	1340.00	1412.50	1615.71	-5.13	-17.06
Beetroot	150.00 - 250.00	186.36	272.50	553.85	-31.61	-66.35	Thalapath	1900.00 - 2500.00	2200.00	2237.50	1931.25	-1.68	13.92
Knolkhol	80.00 - 120.00	101.54	144.44	276.00	-29.70	-63.21	<u>Eggs</u>						
Raddish	60.00 - 100.00	76.36	68.00	144.00	12.30	-46.97	Brown	32.00 - 34.00	33.50	35.08	54.38	-4.51	-38.39
Cabbage	150.00 - 200.00	174.62	204.00	156.36	-14.40	11.67	White	30.00 - 33.00	31.50	33.50	52.38	-5.97	-39.86
Tomato	90.00 - 150.00	117.69	219.00	520.00	-46.26	-77.37	<u>Dried Fish</u>						
Ladies Fingers	60.00 - 100.00	81.67	85.00	126.00	-3.92	-35.19	Sprats	1600.00 - 2000.00	1818.75	1585.71	1795.71	14.70	1.28
Brinjal	300.00 - 400.00	344.17	346.00	272.00	-0.53	26.53	Sprats (Imported)	1100.00 - 1300.00	1175.00	1107.14	885.71	6.13	32.66
Capsicum	350.00 - 500.00	388.00	390.00	627.00	-0.51	-38.12	Kattawa	-					
Pumpkin	80.00 - 130.00	103.64	101.82	165.00	1.79	-37.19	Kattawa (Imported)	1750.00 - 2000.00	1862.50	1814.29	1386.67	2.66	34.31
Cucumber	40.00 - 70.00	55.56	58.18	108.00	-4.51	-48.56	Thora	-					
Bitter Gourd	300.00 - 400.00	335.56	382.50	586.00	-12.27	-42.74	Thora (Imported)	-					
Snake Gourd	100.00 - 150.00	119.00	116.00	234.00	2.59	-49.15	Mora	2100.00 - 2400.00	2262.50	2271.43	1900.00	-0.39	19.08
Drumstick	400.00 - 1000.00	646.15	831.82	866.67	-22.32	-25.44	Mora (Imported)	-					
Luffa	100.00 - 150.00	121.82	100.00	206.00	21.82	-40.86	Balaya	1600.00 - 2100.00	1837.50	1871.43	1063.33	-1.81	72.81
Long Beans	100.00 - 200.00	152.22	197.27	253.00	-22.84	-39.83	Balaya (Imported)	-					
Ash Plantain	60.00 - 100.00	74.00	81.00	176.00	-8.64	-57.95	Anguluwa	-					
Green Chillies	400.00 - 500.00	472.22	548.18	174.00	-13.86	171.39	Anguluwa (Imported)	1500.00 - 1900.00	1718.75	1671.43	1463.33	2.83	17.45
Lime	200.00 - 300.00	246.25	255.00	1050.00	-3.43	-76.55	Maduwa	1600.00 - 1900.00	1712.50	1642.86	1456.67	4.24	17.56
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	150.00 - 200.00	170.00	156.00	158.00	8.97	7.59	Koduwa	-					
Manioc	80.00 - 100.00	90.00	98.00	96.00	-8.16	-6.25	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	600.00 - 800.00	718.75	1150.00	522.22	-37.50	37.63
Mukunuwenna	35.00 - 40.00	37.50	37.50	39.17	0.00	-4.26	Salaya (Imported)	-					
Kankun	35.00 - 40.00	37.50	37.50	39.17	0.00	-4.26							
Gotukola (Rs/kg)	280.00 - 300.00	292.00	300.00	310.00	-2.67	-5.81							

This Week: Week 26: 27 Jun- 03 Jul 2025

Last Week: Week 25: 20 - 26 Jun 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 26: 27 Jun- 03 Jul 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	180.00 · 210.00	197.78	200.00	116.92	-2.22	69.15
Samba 1	250.00 · 260.00	252.00	255.33	251.11	-3.33	0.35	Small	150.00 · 190.00	178.95	183.95	94.80	-5.00	88.76
Samba 2													
Keeri Samba	280.00 · 320.00	289.23	293.33	358.00	-4.10	-19.21	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	232.27	233.18	224.83	-0.91	3.31	Plantain						
Nadu 2							Ambul (Rs/kg)	120.00 · 180.00	150.83	141.20	222.00	9.63	-32.06
Raw (Red)	220.00 · 240.00	224.09	223.64	205.76	0.45	8.91	Kolikuttu (Rs/kg)	250.00 · 350.00	306.09	294.35	495.67	11.74	-38.25
Raw (White)	220.00 · 230.00	222.11	223.64	216.67	-1.53	2.51	Seeni (Rs/kg)	130.00 · 200.00	166.25	155.65	214.85	10.60	-22.62
Imported							Anamalu	35.00 · 50.00	41.30	39.81	39.38	1.50	4.87
Samba	240.00 · 260.00	248.89	251.79	293.00	-2.90	-15.05	Ambun	50.00 · 70.00	57.74	55.18	49.78	2.56	15.99
Nadu							Papaw(Rs/kg)	140.00 · 250.00	197.27	178.18	280.63	19.09	-29.70
Raw (Red)							Passion Fruit	70.00 · 130.00	97.47	75.50	97.00	21.97	0.49
Raw (White)	220.00 · 230.00	221.67	221.43		0.24		Pineapple Large	500.00 · 650.00	553.89	563.33	593.75	-9.44	-6.71
Dried Chillies							Pineapple Medium	400.00 · 450.00	425.00	426.32	451.36	-1.32	-5.84
Imported	700.00 · 900.00	808.33	801.43	1019.69	6.90	-20.73	Pineapple Small	280.00 · 390.00	334.38	354.29	341.18	-19.91	-1.99
Onion							Mango						
Sinnan							Betti						
Vedalan	600.00 · 680.00	620.00	592.00	544.09	28.00	13.95	Karthakolomban	330.00 · 500.00	404.17	334.62	96.35	69.55	319.49
Imported	400.00 · 520.00	463.85	478.00	465.00	-14.15	-0.25	Vilad				70.00		
Big Onion							Kohu						
Imported	130.00 · 160.00	146.52	144.35	264.89	2.17	-44.69	Other						
Local							Wood Apple	200.00 · 300.00	238.57	279.33	216.67	-40.76	10.11
Potato							Orange	140.00 · 250.00	180.00	155.38	174.50	24.62	3.15
Welimada							Avocado	140.00 · 230.00	190.59	178.82	106.74	11.76	78.56
N'Eliya	320.00 · 480.00	413.13	421.25	415.19	-8.13	-0.50	Slime Apple	60.00 · 120.00	97.22	95.56	100.18	1.67	-2.95
Imported	180.00 · 240.00	201.85	202.92	228.80	-1.06	-11.78	Grapes (Imp., Rs/kg)	1800.00 · 3000.00	2294.12	2381.25	2340.91	-87.13	-2.00
Pulses							King Coconut	150.00 · 200.00	178.50	181.50	195.00	-3.00	-8.46
Green Gram	750.00 · 1000.00	919.00	895.50	1297.14	23.50	-29.15							
Cowpea (White)	800.00 · 1100.00	938.46	865.71	983.57	72.75	-4.59	Sea Fish						
Cowpea (Red)	800.00 · 1100.00	962.00	890.00	1015.63	72.00	-5.28	Salaya	540.00 · 850.00	726.88	804.12	682.11	-77.24	6.56
Red Dhal	270.00 · 320.00	287.92	289.57	332.50	-1.65	-13.41	Hurulla	1200.00 · 1600.00	1450.00	1377.14	950.00	72.86	52.63
Vegetable							Balaya	1200.00 · 2400.00	1641.67	1833.33	1040.67	-191.67	57.75
Beans (Butter)							Kelawalla	1900.00 · 3000.00	2513.33	2300.00	2128.95	213.33	18.06
Beans(Green)	500.00 · 750.00	657.60	732.41	636.43	-74.81	3.33	Thora	4000.00 · 5000.00	4411.11	3963.64	3115.38	447.47	41.59
Carrot	300.00 · 600.00	439.58	499.03	537.50	-59.45	-18.22	Paraw	1550.00 · 2800.00	2267.86	2305.88	2028.57	-38.03	11.80
Leeks	200.00 · 480.00	367.92	436.43	706.67	-68.51	-47.94	Mora				1455.00		
Beetroot	250.00 · 550.00	396.82	441.92	760.00	-45.10	-47.79	Shrimps	1450.00 · 2400.00	2090.00	2105.56	1925.91	-15.56	8.52
Knolkhol	200.00 · 480.00	348.10	367.04	453.50	-18.94	-23.24	Thalapath	2550.00 · 3500.00	3067.65	3077.78	2838.10	-10.13	8.09
Raddish	150.00 · 400.00	269.57	257.04	300.00	12.53	-10.14	Eggs						
Cabbage	200.00 · 560.00	388.33	430.36	322.40	-42.02	20.45	Brown	33.00 · 41.00	35.31	36.72	56.19	-1.41	-37.15
Tomato	200.00 · 460.00	317.50	427.41	779.63	-109.91	-59.28	White	31.00 · 40.00	33.63	34.68	53.84	-1.06	-37.55
Ladies Fingers	160.00 · 360.00	259.09	260.00	305.38	-0.91	-15.16	Dried Fish						
Brinjal	400.00 · 600.00	482.00	500.00	451.43	-18.00	6.77	Sprats	1800.00 · 2400.00	2168.75	2237.50	2168.75	-68.75	0.00
Capsicum	550.00 · 800.00	673.18	710.71	814.58	-37.53	-17.36	Sprats (Imported)	1200.00 · 1600.00	1417.65	1338.89	1247.62	78.76	13.63
Pumpkin	140.00 · 320.00	247.20	235.00	268.46	12.20	-7.92	Kattawa	2400.00 · 3000.00	2587.50	2511.11	1990.00	76.39	30.03
Cucumber	100.00 · 280.00	181.74	185.56	231.07	-3.82	-21.35	Thora						
Bitter Gourd	420.00 · 600.00	525.38	533.57	735.42	-8.19	-28.56	Mora	2400.00 · 2800.00	2668.75	2663.16	2404.55	5.59	10.99
Snake Gourd	200.00 · 480.00	327.73	322.92	404.35	4.81	-18.95	Balaya	2200.00 · 2800.00	2466.67	2142.86	1676.19	323.81	47.16
Drumstick	480.00 · 1200.00	856.67	1038.40	1066.32	-181.73	-19.66	Anguluwa	2200.00 · 2600.00	2487.50	2475.00	2107.69	12.50	18.02
Luffa	200.00 · 450.00	324.58	308.89	409.62	15.69	-20.76	Maduwa	1800.00 · 2200.00	2000.00	2150.00		-150.00	
Long Beans	280.00 · 460.00	358.18	366.15	428.00	-7.97	-16.31	Koduwa						
Ash Plantain	120.00 · 340.00	217.73	217.78	374.23	-0.05	-41.82	Salaya	1200.00 · 1500.00	1362.50	1425.00	1022.22	-62.50	33.29
Green Chillies	550.00 · 950.00	737.08	825.00	444.07	-87.92	65.98	Meat						
Lime	280.00 · 800.00	574.09	651.54	1642.31	-77.45	-65.04	Beef (without Bones)	2600.00 · 2800.00	2683.33	2750.00	2550.00	-66.67	5.23
Root Crops							Chicken (Broiler)	1300.00 · 1440.00	1364.17	1362.31	1155.79	1.86	18.03
Sweet Potato	220.00 · 340.00	301.36	299.13	292.17	2.23	3.15	Chicken (Curry)	1150.00 · 1350.00	1283.75	1213.00	1158.33	70.75	10.83
Manioc	150.00 · 240.00	205.71	207.31	210.42	-1.59	-2.23	Mutton	3500.00 · 4000.00	3805.56	3827.78	3437.50	-22.22	10.71
Leafy Vegetable							Pork	2200.00 · 2600.00	2400.00	2340.00	1350.00	60.00	77.78
Mukunuwenna	50.00 · 80.00	74.38	71.67	76.48	2.71	-2.75							
Kankun	50.00 · 80.00	74.38	71.67	75.58	2.71	-1.59							
Gotukola	180.00 · 280.00	241.11	246.67	127.37	-5.56	89.30							

This Week: Week 26: 27 Jun- 03 Jul 2025
Last Week: Week 25: 20 - 26 Jun 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 26: 27 Jun- 03 Jul 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	67.00 – 76.00	73.40
A'pura	127.00 – 131.00	128.60	Dambulla	390.00 – 440.00	416.00	Hambantota	–	
P'naruwa	129.00 – 132.00	130.60	Welimada	480.00 – 520.00	493.00	Embilipitiya	100.00 – 120.00	107.50
Kalawewa	128.00 – 132.00	129.60	Badulla	430.00 – 470.00	450.00	Matara	–	
Kurunegala	130.00 – 134.00	132.00	Carrot			A'pura	80.00 – 100.00	88.00
Dehiattakandiya	128.00 – 130.00	129.33	N'Elia	240.00 – 250.00	244.00	Luffa		
Nikaweratiya	130.00 – 134.00	132.00	Welimada	170.00 – 200.00	183.00	Dambulla	86.00 – 100.00	91.20
Ampara	135.00 – 140.00	137.33	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	130.00 – 150.00	140.00
A'pura	115.00 – 120.00	117.00	N'Elia	140.00 – 150.00	145.00	Matara	–	
P'naruwa	120.00 – 122.00	120.80	Welimada	160.00 – 180.00	169.00	A'pura	100.00 – 120.00	108.00
Kalawewa	115.00 – 120.00	117.60	Beetroot			Green Chillies		
Kurunegala	120.00 – 123.00	121.67	N'Elia	145.00 – 150.00	148.00	Dambulla	380.00 – 480.00	420.00
Dehiattakandiya	120.00 – 122.00	120.67	Dambulla	–		Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	500.00 – 540.00	522.50
Nikaweratiya	118.00 – 123.00	120.20	Welimada	135.00 – 160.00	148.00	Puttalam	475.00 – 570.00	522.67
Hambantota	–		Hanguranketha	–		A'pura	500.00 – 550.00	520.00
Ampara	95.00 – 115.00	106.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	95.00 – 100.00	97.00	Dambulla	90.00 – 115.00	103.00
Matara	110.00 – 115.00	111.25	Welimada	80.00 – 90.00	84.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	100.00 – 120.00	112.50
Embilipitiya	110.00 – 112.00	111.00	Raddish			Matara	70.00 – 80.00	75.00
Keeri Samba			N'Elia	40.00 – 45.00	43.00	A'pura	100.00 – 120.00	108.00
A'pura	136.00 – 142.00	138.40	Welimada	35.00 – 50.00	42.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	147.00 – 149.00	147.80	Hambantota	–		Cucumber		
Kalawewa	135.00 – 142.00	138.80	Hanguranketha	–		A'pura	40.00 – 50.00	44.00
Kurunegala	136.00 – 140.00	138.00	Cabbage			Dambulla	35.00 – 48.00	41.20
Dehiattakandiya	143.00 – 145.00	144.00	N'Elia	140.00 – 145.00	143.00	Hambantota	–	
Red Onion			Welimada	120.00 – 135.00	127.00	Matara	25.00 – 35.00	30.00
Puttalam	–		Badulla	100.00 – 140.00	118.33	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	140.00 – 190.00	162.70
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	45.00 – 65.00	54.00	Embilipitiya	160.00 – 180.00	170.00
Kalawewa	–		Hambantota	–		Matara	125.00 – 140.00	131.67
A'pura	–		Dambulla	80.00 – 95.00	90.00	A'pura	180.00 – 200.00	188.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	240.00 – 250.00	246.00	Vegetable (Low Country)			Hambantota	–	
Badulla	240.00 – 280.00	256.67	Ladies Fingers			Embilipitiya	40.00 – 50.00	45.00
Welimada	230.00 – 240.00	236.00	A'pura	90.00 – 110.00	98.00	Matara	45.00 – 55.00	50.00
Pulses			Dambulla	76.00 – 95.00	88.40	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	50.00 – 70.00	60.00	Embilipitiya	200.00 – 220.00	207.50
Moneragala	600.00 – 650.00	620.00	Matara	70.00 – 85.00	78.33	Moneragala	200.00 – 220.00	208.00
Embilipitiya	570.00 – 580.00	575.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	450.00 – 550.00	500.00	A'pura	280.00 – 300.00	288.00	Banana		
A'pura	600.00 – 650.00	620.00	Dambulla	250.00 – 300.00	273.40	Ambul		
Cowpea			Hambantota	–		Moneragala	30.00 – 40.00	34.00
Hambantota	–		Embilipitiya	280.00 – 300.00	292.50	Embilipitiya	15.00 – 25.00	19.00
Nikaweratiya	400.00 – 500.00	450.00	Matara	270.00 – 280.00	276.67	Hambantota	–	
Moneragala	550.00 – 600.00	570.00	Welimada	250.00 – 280.00	264.00	Kolikuttu		
Embilipitiya	530.00 – 540.00	535.00	Capsicum			Moneragala	120.00 – 140.00	128.00
Maize			Badulla	480.00 – 550.00	516.67	Embilipitiya	110.00 – 140.00	124.00
A'pura	–		Welimada	450.00 – 460.00	455.00	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	340.00 – 360.00	348.00	Moneragala	70.00 – 80.00	74.00
A'pura	–		Dambulla	290.00 – 310.00	300.00	Embilipitiya	75.00 – 90.00	81.25
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	350.00 – 380.00	365.00	Pineapple		
A'pura	–		Matara	290.00 – 320.00	303.33	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 26: 27 Jun- 03 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	250.00 - 260.00	250.00 - 250.00	250.00 - 260.00	250.00 - 250.00	250.00 - 250.00	-	250.00 - 260.00	250.00 - 250.00	250.00 - 250.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 280.00	280.00 - 280.00	300.00 - 300.00	280.00 - 280.00	320.00 - 320.00	310.00 - 310.00	280.00 - 300.00	-	280.00 - 280.00
Nadu 1	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	240.00 - 240.00	230.00 - 240.00	220.00 - 220.00	220.00 - 240.00
Raw (White)	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00
Imported									
Samba	240.00 - 250.00	240.00 - 240.00	240.00 - 260.00	240.00 - 260.00	250.00 - 260.00	-	-	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	230.00 - 230.00	-	220.00 - 220.00	-	220.00 - 220.00	-	-	-	220.00 - 220.00
<u>Dried Chillies</u>									
Imported	700.00 - 800.00	700.00 - 750.00	800.00 - 900.00	800.00 - 800.00	700.00 - 900.00	900.00 - 900.00	700.00 - 800.00	800.00 - 800.00	750.00 - 800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	600.00 - 600.00	680.00 - 680.00	-	-	-	600.00 - 600.00
Imported	430.00 - 430.00	-	400.00 - 520.00	480.00 - 520.00	400.00 - 400.00	480.00 - 480.00	-	480.00 - 480.00	400.00 - 480.00
<u>Big Onion</u>									
Imported	130.00 - 140.00	140.00 - 140.00	140.00 - 150.00	150.00 - 160.00	140.00 - 160.00	160.00 - 160.00	130.00 - 140.00	130.00 - 130.00	150.00 - 160.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	320.00 - 350.00	440.00 - 440.00	400.00 - 480.00	380.00 - 480.00	440.00 - 440.00	480.00 - 480.00	-	400.00 - 400.00	440.00 - 480.00
Imported	180.00 - 200.00	200.00 - 240.00	180.00 - 220.00	200.00 - 200.00	180.00 - 200.00	200.00 - 240.00	180.00 - 240.00	240.00 - 240.00	200.00 - 240.00
<u>Pulses</u>									
Green Gram	750.00 - 900.00	800.00 - 800.00	800.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	880.00 - 1000.00	850.00 - 900.00	800.00 - 800.00	1000.00 - 1000.00
Cowpea (White)	800.00 - 900.00	800.00 - 800.00	800.00 - 800.00	1100.00 - 1100.00	900.00 - 1100.00	1000.00 - 1000.00	-	800.00 - 800.00	1000.00 - 1000.00
Cowpea (Red)	850.00 - 900.00	800.00 - 800.00	800.00 - 800.00	1100.00 - 1100.00	1100.00 - 1100.00	900.00 - 1000.00	900.00 - 900.00	880.00 - 880.00	1000.00 - 1000.00
Red Dhal	270.00 - 280.00	280.00 - 300.00	280.00 - 320.00	300.00 - 320.00	290.00 - 320.00	280.00 - 320.00	280.00 - 300.00	270.00 - 270.00	280.00 - 280.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	520.00 - 550.00	750.00 - 750.00	680.00 - 720.00	650.00 - 700.00	650.00 - 700.00	560.00 - 750.00	500.00 - 600.00	640.00 - 650.00	650.00 - 700.00
Carrot	300.00 - 320.00	550.00 - 560.00	360.00 - 400.00	550.00 - 600.00	400.00 - 400.00	400.00 - 480.00	300.00 - 350.00	320.00 - 400.00	600.00 - 600.00
Leeks	200.00 - 220.00	450.00 - 480.00	380.00 - 400.00	350.00 - 400.00	320.00 - 400.00	320.00 - 320.00	260.00 - 280.00	360.00 - 400.00	450.00 - 480.00
Beetroot	250.00 - 280.00	450.00 - 480.00	350.00 - 400.00	550.00 - 550.00	320.00 - 320.00	320.00 - 400.00	250.00 - 260.00	450.00 - 460.00	520.00 - 540.00
Knolkhol	200.00 - 220.00	450.00 - 480.00	320.00 - 350.00	480.00 - 480.00	280.00 - 320.00	320.00 - 320.00	250.00 - 260.00	400.00 - 420.00	300.00 - 320.00
Raddish	150.00 - 170.00	360.00 - 400.00	260.00 - 280.00	400.00 - 400.00	200.00 - 220.00	240.00 - 240.00	150.00 - 160.00	240.00 - 260.00	320.00 - 320.00
Cabbage	200.00 - 240.00	480.00 - 540.00	350.00 - 400.00	550.00 - 560.00	320.00 - 360.00	320.00 - 400.00	230.00 - 250.00	320.00 - 400.00	400.00 - 480.00
Tomato	200.00 - 210.00	450.00 - 460.00	320.00 - 360.00	450.00 - 460.00	300.00 - 320.00	300.00 - 320.00	200.00 - 220.00	230.00 - 260.00	320.00 - 320.00
Ladies Fingers	160.00 - 170.00	350.00 - 360.00	260.00 - 280.00	350.00 - 360.00	240.00 - 260.00	240.00 - 280.00	160.00 - 180.00	230.00 - 320.00	260.00 - 320.00
Brinjal	550.00 - 550.00	560.00 - 600.00	450.00 - 480.00	560.00 - 600.00	400.00 - 480.00	400.00 - 400.00	400.00 - 430.00	400.00 - 420.00	450.00 - 520.00
Capsicum	600.00 - 620.00	800.00 - 800.00	760.00 - 800.00	760.00 - 800.00	600.00 - 700.00	800.00 - 800.00	550.00 - 560.00	550.00 - 600.00	600.00 - 600.00
Pumpkin	140.00 - 160.00	260.00 - 280.00	240.00 - 280.00	280.00 - 320.00	240.00 - 240.00	280.00 - 320.00	160.00 - 180.00	230.00 - 240.00	260.00 - 280.00
Cucumber	100.00 - 120.00	160.00 - 200.00	200.00 - 200.00	260.00 - 280.00	160.00 - 200.00	160.00 - 200.00	160.00 - 180.00	140.00 - 160.00	200.00 - 200.00
Bitter Gourd	420.00 - 450.00	560.00 - 600.00	550.00 - 600.00	560.00 - 600.00	480.00 - 500.00	500.00 - 550.00	500.00 - 550.00	480.00 - 520.00	560.00 - 600.00
Snake Gourd	200.00 - 220.00	400.00 - 480.00	320.00 - 340.00	450.00 - 480.00	280.00 - 360.00	240.00 - 240.00	240.00 - 260.00	320.00 - 320.00	230.00 - 240.00
Drumstick	500.00 - 600.00	1000.00 - 1200.00	800.00 - 900.00	900.00 - 960.00	600.00 - 1000.00	600.00 - 800.00	480.00 - 500.00	1100.00 - 1200.00	1200.00 - 1200.00
Luffa	200.00 - 220.00	400.00 - 450.00	320.00 - 340.00	450.00 - 450.00	280.00 - 320.00	240.00 - 240.00	200.00 - 220.00	240.00 - 300.00	360.00 - 400.00
Long Beans	280.00 - 300.00	450.00 - 460.00	360.00 - 400.00	360.00 - 400.00	300.00 - 320.00	320.00 - 320.00	280.00 - 300.00	380.00 - 400.00	350.00 - 360.00
Ash Plantain	120.00 - 140.00	320.00 - 320.00	260.00 - 280.00	320.00 - 340.00	160.00 - 240.00	240.00 - 240.00	140.00 - 150.00	240.00 - 260.00	230.00 - 240.00
Green Chillies	550.00 - 570.00	900.00 - 900.00	800.00 - 800.00	850.00 - 950.00	700.00 - 700.00	600.00 - 800.00	600.00 - 650.00	560.00 - 600.00	800.00 - 800.00
Lime	280.00 - 300.00	600.00 - 600.00	800.00 - 800.00	760.00 - 800.00	400.00 - 500.00	600.00 - 600.00	340.00 - 350.00	600.00 - 800.00	550.00 - 600.00
<u>Root Crops</u>									
Sweet Potato	220.00 - 230.00	320.00 - 320.00	320.00 - 320.00	320.00 - 340.00	300.00 - 320.00	240.00 - 240.00	240.00 - 260.00	320.00 - 320.00	300.00 - 320.00
Manioc	160.00 - 180.00	220.00 - 240.00	230.00 - 240.00	240.00 - 240.00	200.00 - 200.00	-	150.00 - 160.00	200.00 - 220.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 50.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	60.00 - 70.00	80.00 - 80.00	70.00 - 80.00
Kankun	50.00 - 50.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	60.00 - 70.00	80.00 - 80.00	70.00 - 80.00
Gotukola	180.00 - 200.00	220.00 - 240.00	240.00 - 260.00	230.00 - 240.00	240.00 - 260.00	260.00 - 280.00	240.00 - 260.00	240.00 - 250.00	240.00 - 260.00
<u>Coconut</u>									
Large	180.00 - 190.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	195.00 - 200.00	205.00 - 210.00	200.00 - 200.00
Small	150.00 - 160.00	180.00 - 190.00	180.00 - 190.00	170.00 - 190.00	170.00 - 180.00	170.00 - 180.00	180.00 - 185.00	180.00 - 190.00	185.00 - 190.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 26: 27 Jun- 03 Jul 2025

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	120.00	-	150.00	160.00	-	180.00	180.00	-	180.00	180.00	-	180.00	150.00	-	160.00	150.00	-	180.00	120.00	-	160.00	120.00	-	130.00	120.00	-	150.00
Kolikuttu (Rs/Kg)	250.00	-	300.00	340.00	-	350.00	330.00	-	350.00	300.00	-	350.00	300.00	-	350.00	350.00	-	350.00	250.00	-	300.00	250.00	-	280.00	280.00	-	350.00
Seeni (Rs/Kg)	130.00	-	150.00	180.00	-	200.00	200.00	-	200.00	180.00	-	200.00	180.00	-	180.00	150.00	-	160.00	140.00	-	150.00	150.00	-	200.00	130.00	-	150.00
Anamalu	36.00	-	38.00	42.00	-	43.00	50.00	-	50.00	43.00	-	50.00	45.00	-	47.00	35.00	-	42.00	36.00	-	36.00	36.00	-	43.00	36.00	-	43.00
Ambun	50.00	-	56.00	60.00	-	60.00	70.00	-	70.00	60.00	-	70.00	60.00	-	64.00	50.00	-	60.00	50.00	-	50.00	50.00	-	60.00	50.00	-	60.00
<u>Pineapple</u>																											
Large	500.00	-	520.00	650.00	-	650.00	650.00	-	650.00	600.00	-	650.00	500.00	-	520.00	500.00	-	520.00	520.00	-	530.00	580.00	-	650.00	520.00	-	520.00
Medium	400.00	-	450.00	450.00	-	450.00	450.00	-	450.00	450.00	-	450.00	400.00	-	450.00	430.00	-	450.00	400.00	-	420.00	400.00	-	450.00	400.00	-	400.00
Small	320.00	-	350.00	390.00	-	390.00		-			-		320.00	-	350.00	340.00	-	350.00	280.00	-	300.00	360.00	-	380.00	320.00	-	320.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	330.00	-	400.00	430.00	-	430.00	500.00	-	500.00	500.00	-	500.00	400.00	-	400.00		-		330.00	-	330.00	330.00	-	400.00	330.00	-	330.00
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	200.00	-	240.00	300.00	-	300.00		-		300.00	-	300.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	200.00	-	220.00	200.00	-	200.00
Orange	160.00	-	180.00	180.00	-	180.00	250.00	-	250.00	200.00	-	240.00	170.00	-	200.00		-			-		140.00	-	140.00	140.00	-	240.00
Avocado	200.00	-	230.00	170.00	-	170.00	230.00	-	230.00	200.00	-	200.00	200.00	-	220.00	170.00	-	170.00	140.00	-	140.00	170.00	-	200.00	140.00	-	200.00
Slime Apple	80.00	-	90.00	120.00	-	120.00	120.00	-	120.00	120.00	-	120.00	80.00	-	90.00	100.00	-	100.00	60.00	-	60.00	60.00	-	80.00	100.00	-	120.00
Grapes (Rs/Kg)	1800.00	-	2000.00	2800.00	-	2800.00	2800.00	-	2800.00	2800.00	-	3000.00	2000.00	-	2500.00		-		2000.00	-	2000.00	1800.00	-	2500.00	2000.00	-	2200.00
Papaw (Rs/Kg)	200.00	-	230.00	240.00	-	240.00	250.00	-	250.00	240.00	-	240.00	200.00	-	200.00	200.00	-	250.00	140.00	-	180.00	140.00	-	200.00	150.00	-	160.00
Passion	90.00	-	100.00	110.00	-	110.00	120.00	-	130.00	120.00	-	130.00	90.00	-	100.00	90.00	-	100.00	70.00	-	70.00	72.00	-	80.00	70.00	-	100.00
King Coconut	180.00	-	200.00	150.00	-	200.00	150.00	-	180.00	180.00	-	200.00	160.00	-	180.00	200.00	-	200.00	180.00	-	180.00	150.00	-	180.00	150.00	-	160.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 26: 27 Jun- 03 Jul 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	540.00 - 600.00	800.00 - 800.00	600.00 - 600.00	800.00 - 800.00	800.00 - 800.00	700.00 - 700.00	600.00 - 700.00	840.00 - 850.00	800.00 - 800.00
Hurulla	1550.00 - 1600.00	-	-	1400.00 - 1500.00	-	1200.00 - 1200.00	-	-	-
Balaya	1200.00 - 1350.00	2200.00 - 2400.00	-	1300.00 - 1400.00	-	-	-	-	-
Kelawalla	1900.00 - 2000.00	2800.00 - 2800.00	2400.00 - 2800.00	2800.00 - 3000.00	-	2400.00 - 2400.00	2400.00 - 2400.00	2600.00 - 2600.00	2400.00 - 2400.00
Thora	4200.00 - 4300.00	-	4400.00 - 5000.00	-	-	4000.00 - 4000.00	-	4000.00 - 4200.00	4800.00 - 4800.00
Paraw	1550.00 - 1700.00	2800.00 - 2800.00	2400.00 - 2400.00	2000.00 - 2400.00	1900.00 - 1900.00	2600.00 - 2600.00	-	2600.00 - 2600.00	2600.00 - 2600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1450.00 - 1700.00	2000.00 - 2000.00	2200.00 - 2400.00	2200.00 - 2400.00	-	2000.00 - 2000.00	2200.00 - 2200.00	2000.00 - 2200.00	2000.00 - 2400.00
Talapath	2550.00 - 2650.00	3200.00 - 3200.00	3200.00 - 3200.00	3300.00 - 3300.00	3500.00 - 3500.00	3000.00 - 3000.00	3000.00 - 3000.00	3200.00 - 3200.00	3200.00 - 3200.00
<u>Eggs (Rs/egg)</u>									
Brown	33.00 - 34.00	36.00 - 36.00	36.00 - 36.00	36.00 - 41.00	33.00 - 33.00	33.00 - 33.00	35.00 - 35.00	36.00 - 36.00	34.00 - 35.00
White	31.00 - 32.00	34.00 - 35.00	34.00 - 35.00	35.00 - 40.00	31.00 - 31.00	31.00 - 31.00	32.00 - 33.00	34.00 - 34.00	33.00 - 34.00
<u>Dried Fish</u>									
Sprats	1800.00 - 2000.00	1800.00 - 2100.00	2400.00 - 2400.00	2400.00 - 2400.00	2000.00 - 2000.00	-	1800.00 - 1800.00	2200.00 - 2200.00	2200.00 - 2200.00
Kattawa	2400.00 - 2400.00	2600.00 - 2600.00	2800.00 - 2800.00	2800.00 - 2800.00	2400.00 - 2400.00	3000.00 - 3000.00	2600.00 - 2600.00	2400.00 - 2400.00	2400.00 - 2400.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00 - 2600.00	2600.00 - 2800.00	2800.00 - 2800.00	2800.00 - 2800.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2600.00
Balaya	2400.00 - 2400.00	2400.00 - 2400.00	2800.00 - 2800.00	2600.00 - 2600.00	2600.00 - 2600.00	2200.00 - 2200.00	2400.00 - 2400.00	2300.00 - 2400.00	2300.00 - 2400.00
Anguluwa	2200.00 - 2200.00	2500.00 - 2600.00	2400.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	-	-	-	-
Salaya	1200.00 - 1400.00	-	1400.00 - 1500.00	-	1500.00 - 1500.00	-	-	1300.00 - 1300.00	-
<u>Meat</u>									
Beef (without Bones)	-	2700.00 - 2700.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	-	2600.00 - 2600.00	2600.00 - 2600.00	-
Chicken (Broiler)	1300.00 - 1300.00	1430.00 - 1430.00	1340.00 - 1340.00	1340.00 - 1380.00	1400.00 - 1400.00	1300.00 - 1300.00	1380.00 - 1380.00	1350.00 - 1370.00	1440.00 - 1440.00
Chicken (Curry)	1350.00 - 1350.00	-	1340.00 - 1340.00	1340.00 - 1340.00	1200.00 - 1200.00	1350.00 - 1350.00	1150.00 - 1150.00	-	1200.00 - 1200.00
Mutton	3900.00 - 3900.00	3800.00 - 3800.00	3900.00 - 3900.00	3950.00 - 3950.00	3500.00 - 3500.00	3800.00 - 3800.00	3600.00 - 3600.00	3800.00 - 3800.00	4000.00 - 4000.00
Pork	-	2600.00 - 2600.00	2500.00 - 2500.00	2500.00 - 2500.00	-	-	-	2200.00 - 2200.00	2200.00 - 2200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

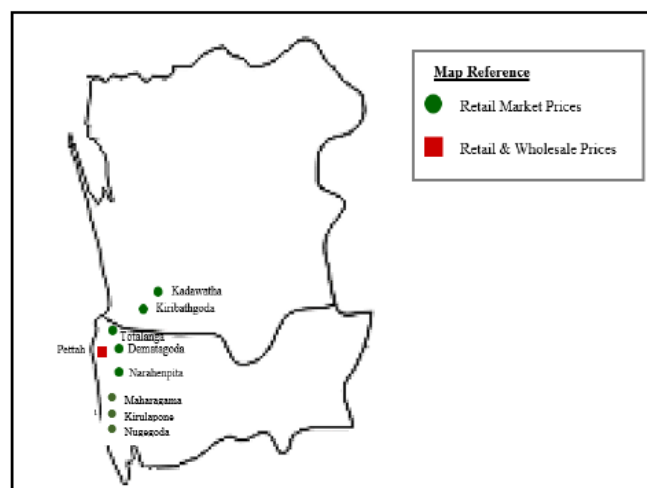
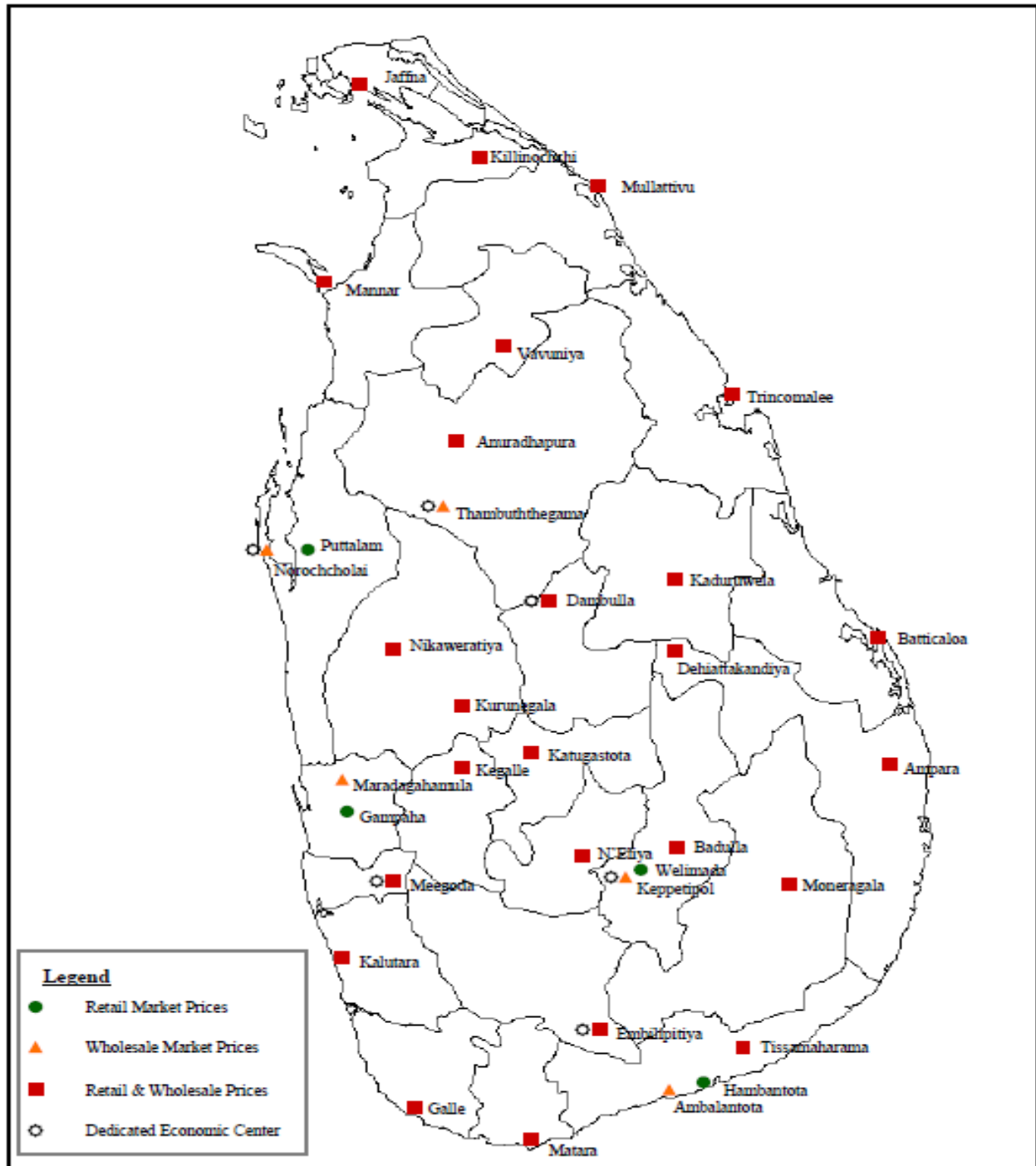
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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විකාසයාට 02/2/-