

RETAIL MARKET AT A GLANCE

Summary

Rice

With the commencement of the Yala paddy harvest, the prices of all rice varieties have decreased.

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Other Field Crops

Due to limited imported stocks and high quality dried chilli stocks, an increase in the price of dried chilli was reported. Due to the high-quality imported stocks, an increase in the prices of both white and red cowpea peas and green gram was reported, while no change was reported in the prices of red lentils.

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Vegetables

Due to the commencement of the Yala harvest, a decrease in the prices of both upcountry and low country vegetables was reported, with the maximum price decrease being recorded for carrots and cabbage.

(Page No.04-05)

Fruits / Coconut

With the high supply, a decrease in the prices of all fruit varieties was reported, and the maximum price decrease among local varieties was recorded for pineapple.

The prices of both small and large coconuts decreased by Rs. 8.00-13.00 per nut, and these prices are still up by 80% to 100% compared to the previous year.

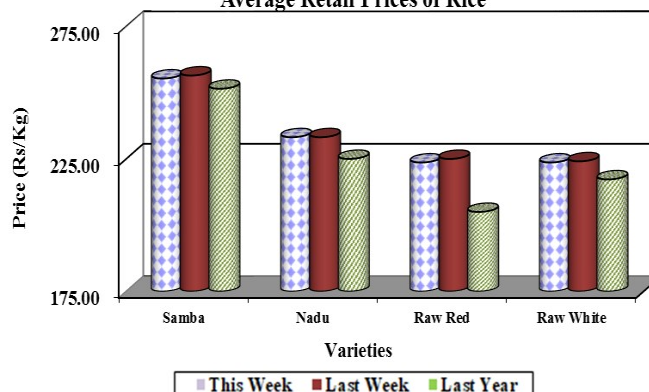
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Dried Fish

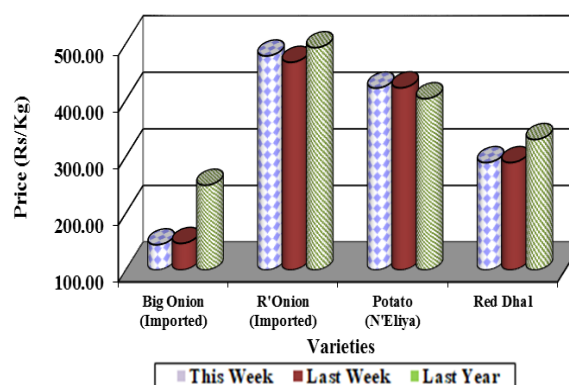
Due to the limited supply of imported stocks and the availability of high-quality sprats, prices of all types of dried fish, except balaya, increased, with the maximum price increase being recorded for sprats.

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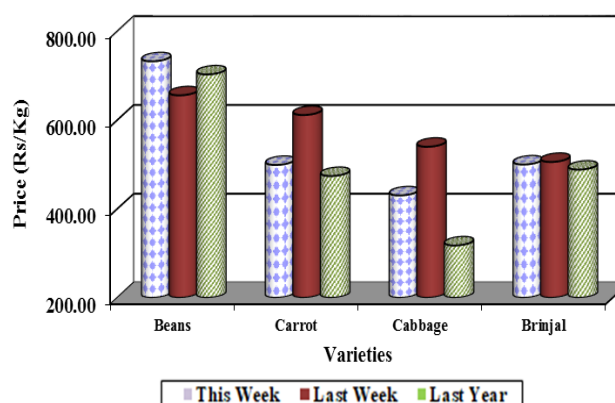
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Price of raw red has decreased by 2% and price ranged Rs. 205.00- 215.00/kg. Price ranges of keeri samba and raw white were Rs.270.00-300/kg and Rs.205.00-215.00/kg.

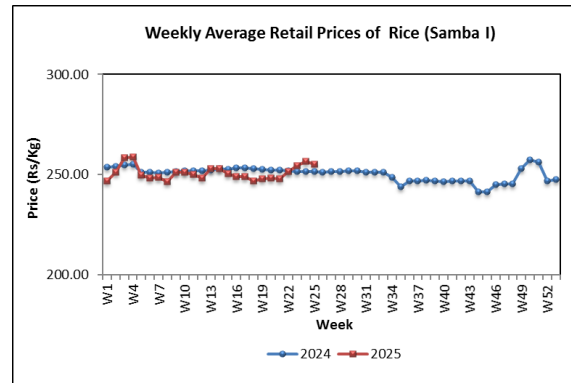
Imported rice varieties were available at the market under the following price ranges

- Imported ponni samba - Rs.230.00-240.00/kg
- Imported raw white - Rs.205.00-210.00/kg.

Compared to same period of last year, most of the rice varieties have seen price increase with the highest price of 10% for raw red. price of keeri samba and imported ponni samba have decreased by 9% and 13%.

Retail

The retail prices of all types of rice varieties expect for, imported raw white and local nadu have decreased. Among those a highest price decreased of Rs.3.00/kg was observed for keeri samba. The retail prices of imported raw white and local nadu have not changed significantly.



Compared to the same period of last year, the highest price increase of 9% was recorded for local raw red and highest price decreased of 18% was recorded for keeri samba.

Paddy

With the commence of paddy harvesting of 2025 Yala season in same producing areas, it was observed slight price decrease of major paddy varieties. Accordingly, the average price of short grain paddy has decreased by Rs.1.00-4.00/kg and price ranged Rs.125.00-140.00/kg. Further, price decrease of Rs.1.00-6.00/kg was also reported for keeri samba paddy in Anuradhapura, Kalawewa, Kurunegala and Dehiattakandiya areas while prices ranged Rs.138.00-148.00/kg. Subsequently, the farmgate price of long grain white paddy has decreased by Rs.4.00/kg in Anuradhapura, Kalawewa, Kurunegala and Dehiattakandiya areas while has decreased by Rs.10.00/kg in Ampara area. It was reported Rs.100.00-

128.00/kg price range for long grain white paddy. Likewise, the average farmgate price of long grain red paddy has decreased by Rs.1.00-2.00/kg and prices ranged Rs.105.00-113.00/kg in major producing areas in Southern province.

Compared to the same period of last year, the average price of short grain, keeri samba and long grain white paddy varieties have increased by 4%-10% while average price of long grain red paddy has decreased by 2%-7%.

Dried Chillies

Wholesale

The price of imported dried chillies has increased by 4% and price ranged Rs.500.00-600.00/kg,

Compared to same period of last year, current wholesale price of imported dried chillies has decreased by 27%.

Retail

The retail price of imported dried chillies has increased by Rs.12.00/kg and price ranged Rs. 650.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chillies has decreased by 21%.

Onion

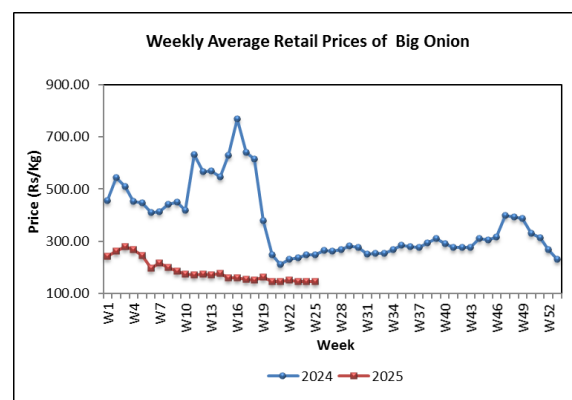
Wholesale

price of vedalan red onion and imported red onion have increased by 9% and 4% due to unavailability of sufficient stocks and price ranged Rs.350.00-480.00/kg and Rs.320.00-350.00/kg. Price of imported big onion has decreased by 9% due to availability of sufficient stocks and price ranged Rs.60.00-110.00/kg.

Compared to same period of last year current wholesale prices of imported red onion and imported big onion have decreased by 8% and 57% while vedalan red onion has increased by 6% respectively.

Retail

The retail price of imported red onion has increased by Rs.11.00/kg and price ranged Rs.400.00-600.00/kg. The retail price of imported big onion has decreased by Rs.2.00/kg and price ranged Rs.120.00-160.00/kg.



Compared to the same period of last year, the current retail prices of imported red onion and imported big onion have decreased by 3% and 42% respectively while the retail price of vedalan red onion has increased by 12%.

Potato

Wholesale

The Price of Nuwara Eliya potato has decreased by 3% and price ranged Rs.280.00-310.00/kg. Price of imported potato has increased by 13% due to availability of high-quality stocks from India and price ranged Rs.140.00-200.00/kg.

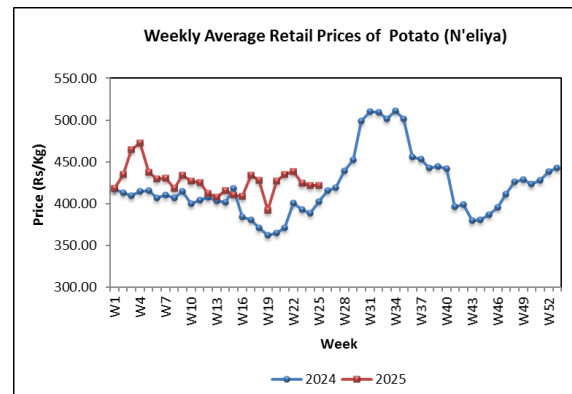
Compared to same period of last year, current wholesale price of Nuwara Eliya potato has increased by 1% while imported potato has decreased by 6%

Retail

The retail price of imported potato has decreased by Rs.11.00/kg and price ranged Rs.180.00-240.00/kg. The retail price of Nuwara Eliya potato has not changed significantly.

Compared to the same period of last year, the retail price of Nuwara Eliya potato has

increased by 5% while the retail price of imported potato has decreased by 12%.



Pulses

Wholesale

price of green gram, white cowpea, and red cowpea have increased in the range of 4%-10% due to unavailability of sufficient stocks and price ranged Rs.700.00-800.00/kg for green gram and white cowpea and Rs.700.00-850.00/kg for red cowpea. Price of red dhal has not increased significantly and price ranged Rs.250.00-255.00/kg.

Compared to same period of last year current whole sale price of all pulses varieties except red cowpea have decreased in the range of 8%-19% respectively.

Retail

The retail price of green gram, white cowpea, and red cowpea have increased of Rs.17.00/kg, Rs.18.00/kg, and

Rs.10.00 /kg respectively. The price range of white cowpea and red cowpea was between Rs.750.00-1000.00/kg and the price ranged for green gram was between Rs.800.00-1000.00/kg. The retail price of red dhal has not changed significantly.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased. Among those, highest price decreased of 32% was recorded for green gram.

Vegetable

Wholesale

Prices of all the vegetables except both green and long beans have decreased with increased supply from major producing areas.

Prices of up country and low country vegetable have decreased due to increased early supply from Kandy Producing areas (Marassana,Thalathuoya,Manikhinna and Gampola) in Yala season. Accordingly, the highest price decrease was reported for cabbage (49%), followed by Raddish (47%). Further, the price of Knol Khol has decreased by 44%.

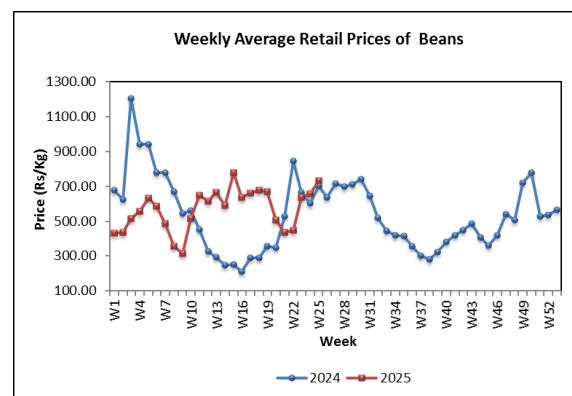
Considering the low-country vegetables the highest price decrease reported for luffa 34%, followed by capsicum as 27% (due to high supply from Ragala and Thalawakele

area). Prices of snake gourd, ash plantain and bitter gourd have decreased in the range of 6%-26%. However, during the weekend prices of both beans also shown a decline trend.

Compared to the same period of last year, the prices of most of the vegetables have decreased, with the highest price decrease of 63% reported for raddish. However, the price of green chilies has increased by 141%.

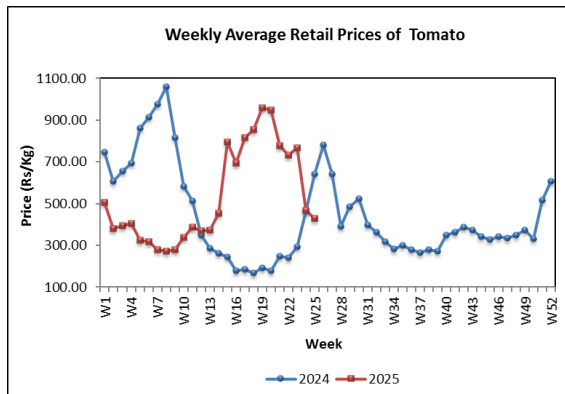
Retail

The retail prices of most vegetables have decreased, along with the wholesale prices. Considering up-country vegetables, the highest price decrease was reported for carrots as Rs.112.00/kg, followed by Rs.110.00/kg for cabbage.



Considering the low-country vegetable varieties, the highest price decrease was reported for green chilies at Rs.48.00/kg, followed by Rs. 39.00/kg for tomato.

However, the capsicum price significantly dropped by Rs. 78.00/kg.



Compared to the same period of last year, prices of most varieties have decreased, while a notable price drop of 62% was reported for lime.

Coconut

Wholesale

Prices of both large and small nuts have decreased further by 7% and 4% respectively. Price ranges were Rs.165.00-175.00 for a large nut and Rs.140.00-155.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 71% and 78% respectively.

Retail

Prices of large and small nuts have decreased by Rs.13.00/nut and Rs.9.00/nut respectively. Price ranges were

Rs.185.00-205.00 for a large nut and Rs.160.00-190.00 for a small nut.

Compared to the same period of last year, the current retail prices of large and small nuts have increased by 81% and 107%, respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to low demand with rainy weather. The highest price decrease was reported for avocado by 25%. Price of all the banana varieties have decreased in the range of 3%-21% due to low demand and availability of ripe fruit stocks. Price of passion fruit has decreased by 34% due to availability of sufficient stocks with ongoing harvesting season. Pineapple prices of all sizes have decreased by 6% to 10%. However, price of karthakolomban mango has increased by 26% due to limited stocks.

Wholesale prices for the most of fruits have decreased compared to last year, 49% decrease was recorded for kolikuttu banana.

Retail

In line with the decreased wholesale prices, retail prices of most of the fruits have also

decreased. The highest price decrease of Rs.206.00/kg was reported for imported grapes. Prices of all the sizes of pineapple have decreased in the range of Rs. 27.00-58.00/kg. Price of kolikuttu banana and avocado have decreased by Rs.19.00/kg and Rs.18.00/fruit respectively. A price decrease of Rs.13.00 was reported for papaw and orange(local).

However, the price of wood apple has increased by Rs.48.00/fruit due to limited supply.

Compared to the same period of last year, current prices of most of the fruits have decreased and the highest price decreased was reported for ambul banana as 30%.

Fresh Fish

Wholesale

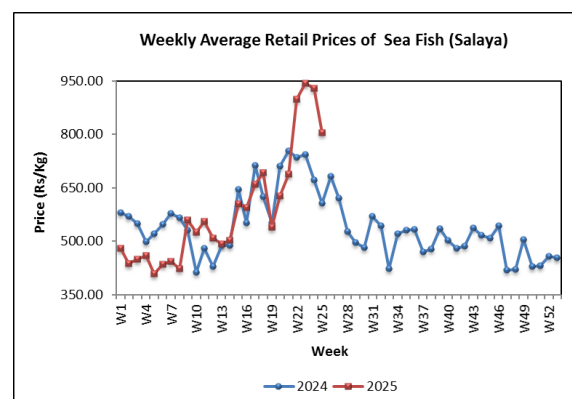
The prices of other fish varieties except balaya, thora, thalapath and mora have decreased and the highest price decrease was recorded for kelawalla by 16%.

The highest price increase was recorded for thora by 17%. price decrease of shrimps and hurulla have recorded as 13% and 6% respectively.

Compared to the same period of last year the highest price increase was recorded for thora by 81%.the highest price decrease was recorded for shrimps by 18%.

Retail

The prices of other fish varieties except balaya, shrimps and thalapath have decreased and the highest price decrease was recorded for kelawalla by Rs.168.00/kg. The second highest price decrease was recorded for salaya by Rs.124.00/kg. Price decrease of thora and paraw have recorded as Rs.103.00/kg and Rs.86.00/kg respectively. The highest price increase was recorded for balaya by Rs.425.00/kg. Price increase of thalapath and shrimps have recorded as Rs.78.00/kg and Rs.112.00/kg respectively.



Compared to the same period of last year, the prices of all fish varieties have increased and the highest price increase was recorded for balaya by 54%.

Dried Fish

Wholesale

The prices of other fish varieties except local kattawa and balaya have increase was recorded for local salaya by 33%.

The highest price decrease was recorded for imported kattawa by 5%. the second highest price increase was recorded for imported sprats by 11%.

Compared to the same period of last year other dry fish varieties except local sprats have increased and the highest price increase was recorded for salaya by 97%

Retail

The prices of other dry fish varieties except balaya have increased and the highest price increase was recorded for local sprats by Rs.287.00/kg. The second highest price increase was recorded for imported sprats by Rs.111.00/kg. Price increase of mora and salaya have recorded as Rs.69.00/kg and Rs.61.00/kg respectively. Price decrease of balaya have recorded as Rs.113.00/kg.

Compared to the same period of last year, all dry fish types have increased and the highest price increase was recorded for salaya by 38%.

Eggs

Wholesale

Prices of brown and white eggs have decreased by 3% and 4% respectively and their prices ranged Rs.35.00-35.50/egg and Rs.32.00-34.50/egg brown and white respectively

Compared to the same period of last year prices of both brown and white eggs have decreased by 30% and 31% respectively.

Retail

The prices of both brown and white egg types have decreased and the price range of a White egg has recorded as Rs.33.00-Rs.37.00 and the price range of a brown egg has recorded as Rs.36.00-Rs.40.00. The average price of the white and brown egg types has recorded as Rs.35.00 and Rs.37.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 30%-31%.

Meat

Retail

The prices of all meat types have increased and the highest price increase was recorded for broiler chicken by Rs.73.00/kg. Price

increase of Pork and curry chicken have recorded as Rs.40.00/kg and Rs.37.00/kg respectively. Price increase of beef has recorded as Rs.36.00/kg.

Compared to the same period of last year, all meat types have increased and the highest price increase was recorded for pork by 71%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 25: 20 - 26 Jun 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12000 –	12250	11750 –	11900	13500 –	15000	11250 –	11500	11000 –	11100	10250 –	10750	10250 –	10750
	Divulapitiya	11900 –	12200	11700 –	11800	13200 –	13700	11150 –	11400	10800 –	11050	10300 –	10500	10300 –	10600
	Kurunegala	11900 –	11950	–		13500 –	13700	11350 –	11400	11100 –	11150	10650 –	10700	10500 –	10650
	Nikaweratiya	11900 –	11900	11750 –	11850	15000 –	15000	11350 –	11400	10900 –	11100	–		10500 –	10650
	Badulla	–		–		13900 –	14750	11500 –	11500	–		10000 –	10250	10400 –	10500
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	13350 –	13400	11850 –	12000	–		11300 –	11400	11000 –	11200	10700 –	10750	10650 –	10750
	Anuradhapura	11900 –	11900	11800 –	11800	14500 –	15000	11350 –	11500	–		10700 –	10850	10500 –	10750
	Tambuttegama	12000 –	12100	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
	Polonnaruwa	12250 –	12350	–		13100 –	15350	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12500 –	13000	–		14750 –	15000	11250 –	11300	11200 –	11200	9750 –	10750	9750 –	10750
	Ampara	12000 –	12000	–		13000 –	13000	11500 –	11500	–		10000 –	10250	10000 –	10250
	Kandy	12250 –	12500	11750 –	12000	14250 –	15000	11400 –	11500	11000 –	11100	10500 –	10650	10500 –	10650
	Moneragala	–		–		14750 –	15000	11500 –	11500	–		9500 –	9750	9750 –	10250
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	13000 –	13000	–		13750 –	14750	11350 –	11350	11150 –	11150	10900 –	10900	10500 –	10900
	Hambantota	–		–		–		–		–		–		–	
	Matara	12000 –	12250	–		13500 –	14200	11400 –	11480	–		9750 –	10100	10250 –	10400
	Galle	13000 –	13000	–		–		11250 –	11350	–		10500 –	10900	10500 –	10900
	Meegoda	11900 –	11900	11800 –	11850	13000 –	13750	–		10750 –	11000	9750 –	10000	10250 –	10400
	Tissamaharama	–		11700 –	11800	–		11250 –	11400	–		9000 –	9200	10400 –	10550
	Embilipitiya	11900 –	11900	11850 –	11850	–		–		10900 –	11000	9250 –	9350	9750 –	9850
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	12000 –	12150	–		13600 –	13750	11700 –	11800	–		10800 –	10950	10750 –	10900
	Mannar	12000 –	12250	–		13000 –	13250	11500 –	11500	–		10500 –	10750	–	
	Killinochchi	12000 –	12250	–		13750 –	14250	11500 –	11750	–		10500 –	10700	10500 –	10750
Mullattivu	12250 –	12500	–		13750 –	14250	11400 –	11600	–		10750 –	10900	–		
Batticaloa	11900 –	11900	11750 –	11800	13000 –	13150	11250 –	11350	11100 –	11200	10500 –	10750	10500 –	10750	
Trincomalee	12000 –	12000	11750 –	11800	13250 –	13500	11400 –	11500	11250 –	11250	11000 –	11250	–		
Galenbindunuwew	11900 –	11900	11850 –	11875	–		11300 –	11350	11175 –	11200	10425 –	10450	10650 –	10675	
Matale	12500 –	13000	11750 –	12000	14500 –	14500	11250 –	11400	10750 –	11000	9900 –	10250	9750 –	10000	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 25: 20 - 26 Jun 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	250.00 –	260.00	–		280.00 –	320.00	230.00 –	240.00	–		220.00 –	240.00	220.00 –	240.00
	Gampaha	245.00 –	245.00	240.00 –	243.00	–		233.00 –	235.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	245.00 –	245.00	240.00 –	242.00	280.00 –	290.00	230.00 –	230.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Nikaweratiya	–		240.00 –	240.00	260.00 –	310.00	230.00 –	235.00	220.00 –	225.00	–		212.00 –	220.00
	Dambulla	270.00 –	275.00	240.00 –	250.00	260.00 –	300.00	228.00 –	230.00	225.00 –	226.00	218.00 –	220.00	217.00 –	220.00
	Anuradhapura	265.00 –	270.00	240.00 –	240.00	300.00 –	310.00	230.00 –	235.00	–		220.00 –	220.00	215.00 –	220.00
	Thambuththegama	265.00 –	275.00	240.00 –	245.00	270.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	218.00 –	220.00
	Polonnaruwa	248.00 –	255.00	–		265.00 –	310.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	255.00 –	270.00	–		280.00 –	305.00	228.00 –	230.00	–		200.00 –	220.00	200.00 –	218.00
	Badulla	–		–		290.00 –	300.00	–		230.00 –	230.00	205.00 –	215.00	205.00 –	220.00
	Keppetipola	245.00 –	250.00	–		295.00 –	300.00	–		226.00 –	228.00	208.00 –	210.00	212.00 –	214.00
	Moneragala	–		240.00 –	240.00	300.00 –	320.00	240.00 –	240.00	230.00 –	230.00	195.00 –	205.00	200.00 –	210.00
	Kegalle	275.00 –	275.00	240.00 –	240.00	310.00 –	320.00	230.00 –	230.00	225.00 –	230.00	220.00 –	240.00	220.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	208.00 –	220.00	200.00 –	220.00
	Dehiattakandiya	265.00 –	265.00	–		280.00 –	300.00	230.00 –	230.00	226.00 –	226.00	220.00 –	220.00	220.00 –	220.00
	Nuwaraeliya	255.00 –	255.00	245.00 –	245.00	293.00 –	310.00	–		225.00 –	228.00	210.00 –	216.00	215.00 –	218.00
	Kandy	260.00 –	270.00	245.00 –	250.00	300.00 –	320.00	235.00 –	240.00	226.00 –	230.00	220.00 –	225.00	220.00 –	225.00
	Puttalam	260.00 –	270.00	240.00 –	250.00	280.00 –	320.00	–		220.00 –	220.00	235.00 –	240.00	240.00 –	240.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	260.00 –	270.00	–		300.00 –	320.00	245.00 –	245.00	230.00 –	230.00	210.00 –	220.00	218.00 –	225.00
	Matara	250.00 –	255.00	240.00 –	245.00	280.00 –	300.00	235.00 –	240.00	–		198.00 –	210.00	210.00 –	218.00
	Galle	250.00 –	270.00	240.00 –	240.00	280.00 –	320.00	–		230.00 –	230.00	210.00 –	220.00	220.00 –	220.00
	Tissamaharama	245.00 –	245.00	240.00 –	242.00	260.00 –	270.00	235.00 –	240.00	230.00 –	230.00	186.00 –	190.00	210.00 –	220.00
	Meegoda (DEC)	245.00 –	245.00	240.00 –	240.00	260.00 –	290.00	–		230.00 –	230.00	210.00 –	220.00	215.00 –	220.00
	Embilipitiya	–		240.00 –	244.00	260.00 –	300.00	228.00 –	230.00	225.00 –	226.00	187.00 –	195.00	200.00 –	210.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	247.00 –	250.00	–		278.00 –	284.00	238.00 –	242.00	–		220.00 –	225.00	220.00 –	224.00
	Mannar	248.00 –	250.00	–		278.00 –	285.00	240.00 –	240.00	–		–		–	
	Killinochchi	248.00 –	252.00	–		290.00 –	300.00	240.00 –	245.00	–		215.00 –	220.00	216.00 –	220.00
	Mullaittivu	248.00 –	253.00	242.00 –	242.00	280.00 –	288.00	233.00 –	236.00	–		218.00 –	222.00	230.00 –	233.00
	Batticaloa	245.00 –	248.00	–		280.00 –	285.00	230.00 –	235.00	–		226.00 –	230.00	220.00 –	225.00
	Trincomalee	245.00 –	250.00	–		275.00 –	280.00	235.00 –	240.00	–		230.00 –	235.00	230.00 –	235.00
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	245.00 –	245.00	240.00 –	240.00	260.00 –	290.00	230.00 –	235.00	228.00 –	230.00	220.00 –	220.00	218.00 –	220.00	
Galenbindunuwewa	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	226.00 –	226.00	210.00 –	215.00	215.00 –	220.00	
Bandarawela	250.00 –	255.00	–		280.00 –	300.00	230.00 –	235.00	–		210.00 –	215.00	210.00 –	218.00	
Matale	260.00 –	265.00	240.00 –	245.00	260.00 –	300.00	230.00 –	230.00	225.00 –	230.00	208.00 –	210.00	208.00 –	210.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 25: 20 - 26 Jun 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	25000 - 30000	16000 - 17500	17500 - 24000	3000 - 5500	7000 - 10000	-	14000 - 15500	35000 - 40000	35000 - 40000	12500 - 12750
Kurunegala	28500 - 29500	17500 - 18000	-	5500 - 6000	8000 - 8500	-	15000 - 15000	34500 - 40000	34000 - 35750	12700 - 13000
Nikaweratiya	27500 - 29500	15000 - 15250	-	5500 - 6000	8250 - 9000	-	-	32500 - 39000	37500 - 39000	12750 - 13500
Dehiattakandiya	27500 - 31250	15500 - 22500	-	5500 - 6250	7750 - 9000	-	16500 - 16500	25000 - 32500	25000 - 34000	12500 - 13250
Dambulla (DEC)	27000 - 27500	15500 - 16500	16000 - 17000	4250 - 5000	6250 - 7500	-	12500 - 13000	30000 - 31500	34500 - 35000	12500 - 12750
Anuradhapura	30000 - 35000	17500 - 20000	-	5500 - 6500	8000 - 9000	-	-	35000 - 40000	32500 - 37000	12750 - 13250
Thambuththegama	27500 - 30000	15000 - 16000	-	4000 - 5500	7250 - 8250	-	-	28750 - 28750	25000 - 25000	12600 - 12750
Polonnaruwa	30500 - 33000	19250 - 20250	-	5750 - 6750	9250 - 10250	-	14250 - 14250	30500 - 33500	35500 - 38500	14000 - 14500
Kaluthara	30500 - 32500	18000 - 18500	-	5000 - 5500	9000 - 10000	-	-	35750 - 37500	36000 - 36500	12500 - 13500
Puttalam	-	-	-	-	-	-	-	-	-	-
Kandy	30000 - 31000	17500 - 20000	22500 - 23000	4000 - 5500	7250 - 8250	-	13000 - 14000	32500 - 40000	35000 - 37500	12750 - 12900
Matara	30000 - 32500	18500 - 19000	-	4900 - 5500	8500 - 9000	-	-	36500 - 39000	34000 - 36000	13250 - 13750
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	33500 - 35000	17750 - 18000	-	6000 - 6100	8250 - 8400	-	14000 - 14300	34000 - 40000	33000 - 34500	13000 - 13500
Galle	27500 - 35000	20000 - 23000	-	5700 - 6250	7250 - 8250	-	17500 - 18000	35000 - 40000	35000 - 38000	12750 - 13500
Tissamaharama	29000 - 30000	17500 - 20000	-	5000 - 5750	7500 - 8750	-	15000 - 16500	32500 - 35000	35000 - 38000	12500 - 13000
Meegoda (DEC)	29000 - 31000	18000 - 19000	19000 - 20000	5000 - 5500	6750 - 7250	-	14000 - 14500	34000 - 39000	34000 - 36000	12500 - 12800
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	32500 - 34000	20000 - 22000	-	6000 - 6500	8000 - 8500	-	-	30000 - 32500	-	14000 - 14200
Mannar	29000 - 29000	-	-	6000 - 6500	7000 - 7000	-	-	32500 - 32500	-	12500 - 12500
Killinochchi	27500 - 29000	-	-	5500 - 6500	7500 - 8500	-	-	33000 - 34000	-	13000 - 13250
Mullattivu	33500 - 35000	-	-	6500 - 7000	8000 - 9000	-	-	32000 - 33500	-	13750 - 14100
Batticaloa	27500 - 28100	-	18000 - 19250	5250 - 5750	7500 - 8000	-	14000 - 17500	32500 - 35000	33000 - 34000	12500 - 12750
Trincomalee	27500 - 29000	-	-	5750 - 6000	8200 - 8750	-	-	31000 - 32500	37500 - 38000	13250 - 13500
Galenbindunuwewa	31250 - 31500	23000 - 23500	-	6500 - 6750	8000 - 8750	-	-	32500 - 35000	36750 - 37000	12750 - 13250
Matale	26000 - 30000	16000 - 18000	-	5250 - 5500	8500 - 9000	-	-	37500 - 42000	34500 - 37500	12750 - 13250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 25: 20 - 26 Jun 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	400.00 – 600.00	480.00 – 680.00	120.00 – 160.00	180.00 – 240.00	-	380.00 – 480.00	800.00 – 1000.00	750.00 – 1000.00	270.00 – 320.00
Gampaha	650.00 – 900.00	560.00 – 600.00	-	140.00 – 180.00	200.00 – 240.00	-	400.00 – 440.00	730.00 – 1000.00	800.00 – 1000.00	285.00 – 290.00
Kurunegala	650.00 – 740.00	400.00 – 440.00	-	130.00 – 150.00	195.00 – 200.00	-	380.00 – 400.00	760.00 – 950.00	760.00 – 900.00	275.00 – 290.00
Nikaweratiya	600.00 – 750.00	400.00 – 420.00	-	130.00 – 170.00	180.00 – 190.00	-	-	700.00 – 850.00	750.00 – 800.00	265.00 – 300.00
Dambulla	620.00 – 700.00	440.00 – 480.00	-	120.00 – 130.00	180.00 – 180.00	-	380.00 – 400.00	750.00 – 800.00	800.00 – 900.00	270.00 – 280.00
Anuradhapura	650.00 – 750.00	440.00 – 520.00	-	140.00 – 160.00	190.00 – 220.00	-	400.00 – 440.00	760.00 – 900.00	700.00 – 780.00	265.00 – 300.00
Thambuththegama	720.00 – 800.00	400.00 – 420.00	-	150.00 – 180.00	200.00 – 230.00	-	-	720.00 – 750.00	650.00 – 650.00	278.00 – 285.00
Polonnaruwa	700.00 – 750.00	400.00 – 440.00	-	130.00 – 150.00	200.00 – 240.00	-	-	700.00 – 760.00	800.00 – 860.00	280.00 – 300.00
Kaluthara	640.00 – 700.00	450.00 – 480.00	-	140.00 – 160.00	200.00 – 240.00	-	400.00 – 400.00	750.00 – 800.00	750.00 – 760.00	260.00 – 275.00
Badulla	600.00 – 650.00	450.00 – 480.00	-	130.00 – 150.00	180.00 – 200.00	400.00 – 400.00	-	700.00 – 780.00	700.00 – 700.00	260.00 – 300.00
Keppetipola	650.00 – 720.00	400.00 – 420.00	460.00 – 480.00	135.00 – 150.00	200.00 – 220.00	320.00 – 340.00	-	850.00 – 900.00	850.00 – 900.00	265.00 – 270.00
Moneragala	640.00 – 700.00	480.00 – 500.00	-	140.00 – 160.00	220.00 – 240.00	-	380.00 – 400.00	600.00 – 800.00	600.00 – 700.00	270.00 – 290.00
Kegalle	700.00 – 760.00	400.00 – 420.00	-	150.00 – 170.00	200.00 – 240.00	-	360.00 – 380.00	750.00 – 920.00	700.00 – 760.00	260.00 – 310.00
Ampara	640.00 – 730.00	400.00 – 440.00	-	120.00 – 160.00	180.00 – 220.00	-	360.00 – 360.00	740.00 – 800.00	700.00 – 780.00	260.00 – 265.00
Dehiattakandiya	650.00 – 700.00	400.00 – 480.00	-	130.00 – 140.00	180.00 – 200.00	-	360.00 – 360.00	650.00 – 750.00	650.00 – 750.00	260.00 – 280.00
Nuwaraeliya	680.00 – 740.00	400.00 – 420.00	500.00 – 520.00	140.00 – 150.00	220.00 – 240.00	-	340.00 – 350.00	920.00 – 950.00	860.00 – 900.00	260.00 – 266.00
Kandy	640.00 – 720.00	480.00 – 500.00	-	140.00 – 160.00	190.00 – 220.00	-	380.00 – 400.00	800.00 – 950.00	840.00 – 900.00	270.00 – 300.00
Puttalam	650.00 – 730.00	400.00 – 440.00	450.00 – 540.00	160.00 – 180.00	220.00 – 240.00	-	400.00 – 480.00	700.00 – 900.00	700.00 – 800.00	280.00 – 290.00
Rathnapura	720.00 – 800.00	420.00 – 450.00	-	130.00 – 150.00	200.00 – 230.00	-	-	760.00 – 800.00	780.00 – 880.00	280.00 – 300.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	650.00 – 700.00	420.00 – 480.00	-	120.00 – 140.00	180.00 – 220.00	-	360.00 – 380.00	750.00 – 850.00	730.00 – 800.00	275.00 – 300.00
Galle	680.00 – 700.00	450.00 – 560.00	-	140.00 – 150.00	180.00 – 200.00	-	360.00 – 400.00	750.00 – 900.00	750.00 – 900.00	270.00 – 320.00
Tissamaharama	630.00 – 700.00	450.00 – 500.00	-	130.00 – 150.00	200.00 – 240.00	-	360.00 – 380.00	730.00 – 740.00	780.00 – 850.00	260.00 – 300.00
Meegoda (DEC)	600.00 – 650.00	480.00 – 520.00	-	120.00 – 140.00	180.00 – 220.00	-	360.00 – 400.00	800.00 – 850.00	760.00 – 960.00	270.00 – 300.00
Embilipitiya	670.00 – 740.00	400.00 – 420.00	460.00 – 480.00	130.00 – 140.00	190.00 – 210.00	-	380.00 – 400.00	700.00 – 780.00	680.00 – 780.00	265.00 – 310.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	720.00 – 750.00	500.00 – 520.00	-	150.00 – 160.00	200.00 – 220.00	-	-	700.00 – 760.00	-	290.00 – 295.00
Mannar	600.00 – 610.00	-	-	140.00 – 150.00	180.00 – 180.00	-	-	680.00 – 700.00	-	280.00 – 280.00
Killinochchi	600.00 – 640.00	-	-	140.00 – 160.00	180.00 – 200.00	-	-	700.00 – 740.00	-	270.00 – 280.00
Mullaittivu	700.00 – 740.00	400.00 – 420.00	-	-	180.00 – 200.00	-	-	670.00 – 700.00	-	280.00 – 285.00
Batticaloa	700.00 – 780.00	420.00 – 440.00	-	150.00 – 150.00	200.00 – 200.00	-	-	700.00 – 750.00	650.00 – 700.00	285.00 – 300.00
Trincomalee	640.00 – 680.00	-	-	165.00 – 175.00	220.00 – 230.00	-	-	720.00 – 750.00	880.00 – 890.00	280.00 – 285.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	600.00 – 700.00	440.00 – 520.00	-	120.00 – 160.00	180.00 – 220.00	-	360.00 – 440.00	800.00 – 880.00	720.00 – 800.00	270.00 – 300.00
Galenbindunuwewa	650.00 – 700.00	470.00 – 490.00	-	140.00 – 160.00	180.00 – 210.00	-	-	750.00 – 800.00	750.00 – 800.00	270.00 – 280.00
Bandarawela	680.00 – 750.00	400.00 – 440.00	460.00 – 480.00	130.00 – 150.00	180.00 – 200.00	340.00 – 360.00	-	750.00 – 850.00	700.00 – 800.00	270.00 – 290.00
Matale	650.00 – 700.00	400.00 – 480.00	-	120.00 – 140.00	180.00 – 200.00	-	-	900.00 – 1000.00	800.00 – 1000.00	265.00 – 280.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 25: 20 - 26 Jun 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	500.00 - 650.00	250.00 - 400.00	180.00 - 280.00	200.00 - 350.00	100.00 - 180.00
Meegoda (DEC)	-	600.00 - 680.00	320.00 - 370.00	220.00 - 260.00	180.00 - 230.00	200.00 - 220.00
Dambulla (DEC)	-	480.00 - 550.00	300.00 - 350.00	200.00 - 230.00	180.00 - 220.00	140.00 - 170.00
Keppetipola (DEC)	-	550.00 - 600.00	280.00 - 310.00	190.00 - 210.00	180.00 - 220.00	120.00 - 150.00
Norochchole (DEC)	-	-	-	-	130.00 - 180.00	-
Nuwara Eliya	-	580.00 - 620.00	320.00 - 330.00	220.00 - 230.00	200.00 - 220.00	140.00 - 150.00
Kandy	-	550.00 - 600.00	330.00 - 350.00	200.00 - 220.00	200.00 - 220.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	530.00 - 600.00	280.00 - 350.00	220.00 - 260.00	200.00 - 220.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	550.00 - 600.00	250.00 - 310.00	190.00 - 210.00	180.00 - 220.00	150.00 - 170.00
Veyangoda	-	600.00 - 650.00	300.00 - 350.00	200.00 - 250.00	160.00 - 200.00	150.00 - 200.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 80.00	160.00 - 250.00	200.00 - 250.00	60.00 - 100.00	300.00 - 400.00	350.00 - 450.00
Meegoda (DEC)	80.00 - 120.00	220.00 - 260.00	220.00 - 270.00	80.00 - 120.00	350.00 - 420.00	380.00 - 420.00
Moneragala	150.00 - 160.00	300.00 - 350.00	250.00 - 260.00	150.00 - 170.00	280.00 - 300.00	500.00 - 600.00
Dambulla (DEC)	40.00 - 70.00	150.00 - 200.00	180.00 - 220.00	100.00 - 110.00	280.00 - 350.00	300.00 - 350.00
Keppetipola (DEC)	50.00 - 80.00	160.00 - 200.00	150.00 - 180.00	90.00 - 100.00	250.00 - 300.00	350.00 - 380.00
Norochchole (DEC)	40.00 - 70.00	-	-	50.00 - 80.00	-	-
Nuwara Eliya	70.00 - 90.00	220.00 - 230.00	170.00 - 200.00	110.00 - 120.00	300.00 - 320.00	380.00 - 420.00
Kandy	80.00 - 90.00	200.00 - 230.00	200.00 - 220.00	100.00 - 110.00	280.00 - 320.00	350.00 - 380.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	60.00 - 70.00	200.00 - 280.00	160.00 - 200.00	80.00 - 110.00	220.00 - 280.00	400.00 - 450.00
Tissamaharama	120.00 - 150.00	250.00 - 280.00	200.00 - 230.00	80.00 - 120.00	280.00 - 320.00	350.00 - 400.00
Jaffna	-	-	-	-	-	-
Bandarawela	70.00 - 80.00	170.00 - 200.00	180.00 - 200.00	-	250.00 - 280.00	350.00 - 400.00
Veyangoda	70.00 - 100.00	200.00 - 250.00	220.00 - 270.00	80.00 - 130.00	300.00 - 350.00	350.00 - 420.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 120.00	40.00 - 80.00	350.00 - 400.00	80.00 - 140.00	600.00 - 1100.00	70.00 - 130.00
Meegoda (DEC)	120.00 - 140.00	50.00 - 80.00	380.00 - 420.00	150.00 - 230.00	-	120.00 - 150.00
Moneragala	130.00 - 150.00	70.00 - 100.00	380.00 - 420.00	250.00 - 270.00	650.00 - 700.00	150.00 - 180.00
Dambulla (DEC)	100.00 - 120.00	45.00 - 60.00	350.00 - 400.00	80.00 - 120.00	600.00 - 650.00	70.00 - 100.00
Keppetipola (DEC)	110.00 - 130.00	70.00 - 90.00	340.00 - 350.00	100.00 - 110.00	-	90.00 - 100.00
Norochchole (DEC)	-	30.00 - 40.00	300.00 - 380.00	100.00 - 140.00	500.00 - 650.00	120.00 - 150.00
Nuwara Eliya	120.00 - 130.00	60.00 - 70.00	390.00 - 420.00	140.00 - 150.00	650.00 - 660.00	120.00 - 140.00
Kandy	110.00 - 120.00	40.00 - 50.00	330.00 - 350.00	120.00 - 140.00	500.00 - 600.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	90.00 - 120.00	40.00 - 50.00	330.00 - 380.00	90.00 - 120.00	-	80.00 - 100.00
Tissamaharama	100.00 - 150.00	80.00 - 100.00	380.00 - 400.00	150.00 - 200.00	400.00 - 450.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	110.00 - 130.00	70.00 - 90.00	-	-	-	-
Veyangoda	100.00 - 140.00	50.00 - 80.00	360.00 - 430.00	130.00 - 160.00	-	100.00 - 150.00

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 250.00	60.00 - 100.00	500.00 - 600.00	200.00 - 300.00	130.00 - 180.00	80.00 - 120.00
Meegoda (DEC)	200.00 - 280.00	80.00 - 100.00	570.00 - 680.00	200.00 - 240.00	130.00 - 150.00	90.00 - 110.00
Moneragala	220.00 - 280.00	80.00 - 100.00	700.00 - 800.00	250.00 - 300.00	160.00 - 200.00	80.00 - 90.00
Dambulla (DEC)	150.00 - 200.00	50.00 - 70.00	500.00 - 600.00	180.00 - 200.00	90.00 - 130.00	70.00 - 90.00
Keppetipola (DEC)	200.00 - 210.00	70.00 - 80.00	600.00 - 650.00	200.00 - 220.00	160.00 - 170.00	90.00 - 100.00
Norochchole (DEC)	150.00 - 200.00	50.00 - 70.00	500.00 - 600.00	-	-	70.00 - 100.00
Nuwara Eliya	240.00 - 250.00	80.00 - 90.00	640.00 - 660.00	240.00 - 260.00	160.00 - 180.00	100.00 - 110.00
Kandy	230.00 - 250.00	90.00 - 110.00	550.00 - 650.00	200.00 - 250.00	140.00 - 160.00	90.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	160.00 - 200.00	60.00 - 70.00	600.00 - 700.00	150.00 - 160.00	130.00 - 150.00	80.00 - 100.00
Tissamaharama	120.00 - 150.00	40.00 - 60.00	700.00 - 750.00	200.00 - 250.00	180.00 - 200.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	550.00 - 600.00	-	140.00 - 160.00	-
Veyangoda	220.00 - 270.00	70.00 - 100.00	550.00 - 650.00	180.00 - 230.00	120.00 - 140.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	280.00 - 320.00	165.00 - 175.00	140.00 - 155.00
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	210.00 - 240.00	175.00 - 185.00	155.00 - 160.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	125.00 - 125.00	130.00 - 140.00	115.00 - 120.00
Kandy	30.00 - 35.00	30.00 - 40.00	230.00 - 240.00	150.00 - 160.00	125.00 - 140.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	130.00 - 130.00	105.00 - 110.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	130.00 - 150.00	100.00 - 120.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 25: 20 - 26 Jun 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	600.00	800.00	360.00	650.00	300.00	560.00	300.00	560.00	260.00	450.00	160.00	360.00	240.00	560.00	300.00
Gampaha	-	700.00	800.00	480.00	600.00	400.00	440.00	480.00	600.00	400.00	480.00	200.00	300.00	520.00	600.00	480.00
Kurunegala	-	600.00	700.00	460.00	600.00	340.00	400.00	360.00	400.00	340.00	400.00	120.00	180.00	380.00	480.00	380.00
Nikaweratiya	-	600.00	800.00	480.00	650.00	400.00	500.00	400.00	480.00	320.00	420.00	160.00	250.00	480.00	580.00	320.00
Dambulla	-	700.00	750.00	580.00	640.00	380.00	400.00	440.00	480.00	340.00	380.00	160.00	200.00	400.00	480.00	380.00
Anuradhapura	-	760.00	880.00	520.00	640.00	400.00	480.00	400.00	520.00	320.00	400.00	180.00	240.00	440.00	480.00	400.00
Thambuththegama	-	720.00	800.00	500.00	600.00	340.00	380.00	320.00	400.00	-	-	150.00	180.00	330.00	400.00	380.00
Polonnaruwa	-	700.00	740.00	580.00	640.00	460.00	500.00	460.00	500.00	380.00	400.00	200.00	240.00	460.00	500.00	460.00
Kaluthara	-	720.00	800.00	450.00	500.00	350.00	400.00	320.00	480.00	320.00	400.00	160.00	240.00	420.00	500.00	320.00
Badulla	-	620.00	680.00	400.00	420.00	300.00	320.00	360.00	400.00	320.00	360.00	120.00	160.00	380.00	400.00	240.00
Keppetipola	-	620.00	660.00	340.00	360.00	260.00	280.00	240.00	280.00	180.00	200.00	120.00	140.00	220.00	250.00	220.00
Moneragala	-	720.00	900.00	480.00	600.00	320.00	400.00	420.00	520.00	320.00	400.00	200.00	240.00	400.00	480.00	400.00
Kegalle	-	680.00	720.00	650.00	700.00	440.00	480.00	440.00	480.00	280.00	320.00	280.00	320.00	440.00	480.00	440.00
Ampara	-	680.00	700.00	440.00	520.00	300.00	360.00	340.00	480.00	380.00	420.00	260.00	300.00	380.00	480.00	360.00
Dehiattakandiya	-	800.00	800.00	520.00	600.00	400.00	520.00	400.00	520.00	280.00	300.00	180.00	240.00	400.00	400.00	300.00
Nuwaraeliya	-	700.00	720.00	440.00	460.00	340.00	350.00	300.00	320.00	240.00	260.00	180.00	200.00	340.00	360.00	280.00
Kandy	-	700.00	750.00	480.00	520.00	300.00	320.00	300.00	320.00	180.00	200.00	160.00	200.00	320.00	360.00	260.00
Puttalam	-	720.00	800.00	600.00	650.00	480.00	500.00	400.00	480.00	400.00	400.00	200.00	240.00	520.00	520.00	480.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	560.00	640.00	480.00	550.00	320.00	360.00	400.00	480.00	280.00	360.00	180.00	220.00	400.00	460.00	400.00
Matara	-	720.00	800.00	440.00	480.00	320.00	400.00	360.00	480.00	250.00	320.00	180.00	200.00	360.00	480.00	360.00
Galle	-	700.00	800.00	480.00	500.00	320.00	400.00	400.00	480.00	300.00	380.00	180.00	200.00	400.00	500.00	400.00
Tissamaharama	-	680.00	720.00	380.00	420.00	300.00	350.00	340.00	360.00	250.00	300.00	200.00	240.00	300.00	350.00	280.00
Meegoda (DEC)	-	760.00	800.00	480.00	600.00	320.00	400.00	300.00	360.00	300.00	400.00	200.00	240.00	480.00	560.00	400.00
Embilipitiya	-	600.00	720.00	400.00	480.00	300.00	400.00	480.00	520.00	350.00	400.00	240.00	280.00	400.00	480.00	300.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	850.00	900.00	600.00	650.00	450.00	500.00	400.00	450.00	300.00	340.00	240.00	260.00	400.00	440.00	400.00
Mannar	-	600.00	650.00	600.00	650.00	400.00	400.00	350.00	400.00	-	-	250.00	250.00	450.00	500.00	300.00
Killinochchi	-	780.00	810.00	780.00	820.00	380.00	420.00	480.00	520.00	-	-	230.00	250.00	480.00	520.00	440.00
Mullaittivu	-	800.00	850.00	700.00	750.00	500.00	550.00	400.00	450.00	-	-	250.00	300.00	600.00	650.00	400.00
Batticaloa	-	600.00	650.00	450.00	460.00	400.00	470.00	400.00	420.00	350.00	400.00	240.00	260.00	520.00	550.00	420.00
Trincomalee	-	580.00	640.00	-	-	460.00	500.00	550.00	600.00	-	-	220.00	240.00	460.00	500.00	-
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	720.00	800.00	360.00	440.00	300.00	320.00	280.00	320.00	320.00	360.00	120.00	180.00	320.00	400.00	320.00
Galenbindunuwewa	-	850.00	880.00	580.00	620.00	380.00	420.00	300.00	330.00	300.00	330.00	150.00	180.00	300.00	340.00	320.00
Bandarawela	-	620.00	720.00	380.00	460.00	300.00	340.00	320.00	400.00	260.00	300.00	140.00	150.00	300.00	350.00	280.00
Matale	-	800.00	840.00	600.00	640.00	400.00	440.00	440.00	480.00	280.00	320.00	200.00	240.00	320.00	480.00	400.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	180.00 - 320.00	340.00 - 600.00	500.00 - 800.00	150.00 - 280.00	100.00 - 260.00	450.00 - 600.00	200.00 - 400.00	900.00 - 1200.00	200.00 - 420.00	280.00 - 400.00		
Gampaha	280.00 - 320.00	520.00 - 600.00	700.00 - 800.00	200.00 - 240.00	160.00 - 240.00	580.00 - 600.00	320.00 - 400.00	1200.00 - 1250.00	320.00 - 400.00	320.00 - 400.00		
Kurunegala	240.00 - 280.00	400.00 - 480.00	600.00 - 700.00	200.00 - 240.00	130.00 - 160.00	500.00 - 560.00	260.00 - 300.00	1000.00 - 1000.00	240.00 - 280.00	300.00 - 340.00		
Nikaweratiya	200.00 - 260.00	400.00 - 450.00	520.00 - 640.00	180.00 - 240.00	100.00 - 240.00	450.00 - 550.00	200.00 - 320.00	800.00 - 800.00	200.00 - 280.00	300.00 - 350.00		
Dambulla	200.00 - 220.00	460.00 - 500.00	600.00 - 700.00	180.00 - 200.00	100.00 - 140.00	500.00 - 600.00	280.00 - 320.00	800.00 - 800.00	160.00 - 180.00	260.00 - 300.00		
Anuradhapura	200.00 - 280.00	400.00 - 480.00	680.00 - 800.00	200.00 - 240.00	140.00 - 200.00	480.00 - 560.00	200.00 - 280.00	-	200.00 - 280.00	320.00 - 400.00		
Thambuththegama	180.00 - 220.00	460.00 - 520.00	600.00 - 700.00	160.00 - 220.00	100.00 - 150.00	480.00 - 550.00	180.00 - 240.00	-	150.00 - 180.00	300.00 - 360.00		
Polonnaruwa	280.00 - 320.00	460.00 - 500.00	560.00 - 600.00	200.00 - 240.00	120.00 - 150.00	460.00 - 500.00	280.00 - 320.00	-	280.00 - 340.00	260.00 - 300.00		
Kaluthara	200.00 - 280.00	450.00 - 500.00	600.00 - 640.00	160.00 - 240.00	140.00 - 240.00	480.00 - 560.00	200.00 - 320.00	-	200.00 - 320.00	340.00 - 400.00		
Badulla	200.00 - 240.00	360.00 - 400.00	520.00 - 600.00	200.00 - 240.00	160.00 - 200.00	520.00 - 600.00	320.00 - 360.00	640.00 - 800.00	360.00 - 400.00	220.00 - 240.00		
Keppetipola	150.00 - 160.00	340.00 - 360.00	420.00 - 460.00	160.00 - 180.00	120.00 - 130.00	400.00 - 420.00	160.00 - 180.00	-	160.00 - 180.00	250.00 - 260.00		
Moneragala	280.00 - 320.00	320.00 - 400.00	600.00 - 680.00	200.00 - 240.00	160.00 - 200.00	520.00 - 600.00	300.00 - 340.00	700.00 - 800.00	320.00 - 400.00	320.00 - 400.00		
Kegalle	240.00 - 280.00	400.00 - 440.00	550.00 - 600.00	200.00 - 240.00	200.00 - 240.00	560.00 - 600.00	280.00 - 320.00	900.00 - 900.00	280.00 - 320.00	360.00 - 400.00		
Ampara	240.00 - 280.00	360.00 - 400.00	600.00 - 720.00	200.00 - 280.00	160.00 - 200.00	440.00 - 520.00	240.00 - 360.00	-	240.00 - 340.00	220.00 - 320.00		
Dehiattakandiya	160.00 - 240.00	400.00 - 400.00	520.00 - 600.00	260.00 - 300.00	80.00 - 100.00	480.00 - 600.00	200.00 - 200.00	800.00 - 800.00	240.00 - 300.00	300.00 - 300.00		
Nuwaraeliya	220.00 - 240.00	400.00 - 420.00	480.00 - 520.00	230.00 - 250.00	140.00 - 160.00	500.00 - 520.00	240.00 - 260.00	780.00 - 800.00	230.00 - 250.00	340.00 - 360.00		
Kandy	160.00 - 200.00	480.00 - 520.00	520.00 - 600.00	160.00 - 180.00	100.00 - 120.00	520.00 - 600.00	200.00 - 240.00	800.00 - 850.00	160.00 - 180.00	280.00 - 300.00		
Puttalam	200.00 - 240.00	400.00 - 400.00	700.00 - 800.00	280.00 - 300.00	180.00 - 200.00	600.00 - 650.00	260.00 - 320.00	600.00 - 1200.00	320.00 - 350.00	400.00 - 400.00		
Rathnapura	160.00 - 200.00	400.00 - 460.00	600.00 - 700.00	180.00 - 230.00	120.00 - 150.00	500.00 - 550.00	200.00 - 240.00	-	200.00 - 260.00	380.00 - 420.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	180.00 - 220.00	400.00 - 480.00	600.00 - 620.00	180.00 - 200.00	80.00 - 120.00	480.00 - 600.00	240.00 - 280.00	-	240.00 - 280.00	280.00 - 320.00		
Galle	200.00 - 280.00	400.00 - 480.00	500.00 - 600.00	160.00 - 200.00	120.00 - 200.00	480.00 - 600.00	200.00 - 260.00	-	200.00 - 280.00	240.00 - 300.00		
Tissamaharama	150.00 - 180.00	350.00 - 380.00	480.00 - 500.00	180.00 - 220.00	140.00 - 160.00	450.00 - 500.00	240.00 - 280.00	480.00 - 520.00	150.00 - 220.00	180.00 - 240.00		
Meegoda (DEC)	200.00 - 240.00	520.00 - 600.00	600.00 - 680.00	200.00 - 240.00	160.00 - 200.00	600.00 - 650.00	300.00 - 400.00	-	240.00 - 300.00	320.00 - 400.00		
Embilipitiya	200.00 - 240.00	400.00 - 480.00	500.00 - 600.00	240.00 - 260.00	100.00 - 140.00	520.00 - 600.00	240.00 - 280.00	550.00 - 600.00	280.00 - 320.00	300.00 - 400.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	200.00 - 250.00	350.00 - 370.00	600.00 - 640.00	200.00 - 240.00	150.00 - 170.00	800.00 - 900.00	200.00 - 240.00	1400.00 - 1500.00	240.00 - 260.00	340.00 - 360.00		
Mannar	350.00 - 400.00	400.00 - 400.00	900.00 - 950.00	200.00 - 250.00	200.00 - 200.00	450.00 - 500.00	300.00 - 300.00	850.00 - 900.00	-	380.00 - 400.00		
Killinochchi	280.00 - 320.00	400.00 - 440.00	800.00 - 840.00	150.00 - 170.00	200.00 - 220.00	950.00 - 980.00	260.00 - 280.00	1600.00 - 1650.00	-	280.00 - 320.00		
Mullaittivu	240.00 - 260.00	300.00 - 350.00	600.00 - 680.00	180.00 - 200.00	140.00 - 160.00	800.00 - 850.00	300.00 - 350.00	1200.00 - 1300.00	-	240.00 - 280.00		
Batticaloa	240.00 - 250.00	300.00 - 320.00	1000.00 - 1100.00	150.00 - 160.00	200.00 - 230.00	600.00 - 610.00	250.00 - 260.00	750.00 - 850.00	350.00 - 400.00	250.00 - 260.00		
Trincomalee	380.00 - 400.00	500.00 - 550.00	1000.00 - 1200.00	200.00 - 230.00	200.00 - 220.00	700.00 - 750.00	340.00 - 360.00	-	280.00 - 300.00	400.00 - 450.00		
Hanguranketha						-						
Veyangoda	160.00 - 240.00	400.00 - 480.00	480.00 - 600.00	160.00 - 200.00	120.00 - 160.00	480.00 - 560.00	200.00 - 240.00	-	180.00 - 240.00	280.00 - 360.00		
Galenbindunuwewa	220.00 - 260.00	390.00 - 430.00	590.00 - 630.00	220.00 - 260.00	110.00 - 140.00	520.00 - 560.00	300.00 - 340.00	600.00 - 630.00	300.00 - 330.00	300.00 - 330.00		
Bandarawela	160.00 - 200.00	300.00 - 360.00	520.00 - 600.00	160.00 - 180.00	120.00 - 140.00	440.00 - 480.00	200.00 - 260.00	-	220.00 - 260.00	280.00 - 320.00		
Matale	300.00 - 320.00	480.00 - 520.00	520.00 - 600.00	200.00 - 240.00	120.00 - 160.00	520.00 - 560.00	240.00 - 320.00	-	200.00 - 240.00	320.00 - 360.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 280.00	650.00 - 1000.00	450.00 - 800.00	220.00 - 360.00	180.00 - 230.00	60.00 - 80.00	60.00 - 80.00	230.00 - 260.00	185.00 - 205.00	160.00 - 190.00
Gampaha	160.00 - 240.00	800.00 - 1000.00	500.00 - 600.00	240.00 - 350.00	160.00 - 200.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	200.00 - 210.00	170.00 - 180.00
Kurunegala	160.00 - 200.00	700.00 - 800.00	360.00 - 400.00	250.00 - 300.00	160.00 - 200.00	60.00 - 70.00	70.00 - 80.00	70.00 - 80.00	180.00 - 200.00	160.00 - 165.00
Nikaweratiya	120.00 - 160.00	720.00 - 900.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	180.00 - 190.00	120.00 - 160.00
Dambulla	160.00 - 240.00	700.00 - 800.00	400.00 - 500.00	200.00 - 240.00	160.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	160.00 - 170.00	130.00 - 140.00
Anuradhapura	160.00 - 200.00	800.00 - 1000.00	350.00 - 500.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	170.00 - 200.00	120.00 - 160.00
Thambuththegama	100.00 - 150.00	800.00 - 900.00	300.00 - 380.00	240.00 - 280.00	150.00 - 180.00	-	-	-	145.00 - 150.00	130.00 - 130.00
Polonnaruwa	200.00 - 240.00	900.00 - 1000.00	400.00 - 450.00	240.00 - 280.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	180.00 - 200.00	120.00 - 140.00
Kaluthara	120.00 - 240.00	800.00 - 1000.00	450.00 - 500.00	250.00 - 270.00	150.00 - 200.00	70.00 - 100.00	70.00 - 100.00	100.00 - 120.00	200.00 - 220.00	150.00 - 170.00
Badulla	160.00 - 240.00	800.00 - 1000.00	400.00 - 500.00	220.00 - 240.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	180.00 - 180.00	150.00 - 160.00
Keppetipola	140.00 - 160.00	700.00 - 800.00	320.00 - 350.00	200.00 - 220.00	130.00 - 150.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	160.00 - 170.00
Moneragala	120.00 - 160.00	900.00 - 1000.00	300.00 - 400.00	280.00 - 300.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	150.00 - 160.00	120.00 - 130.00
Kegalle	160.00 - 200.00	850.00 - 900.00	450.00 - 500.00	280.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	180.00 - 190.00	160.00 - 170.00
Ampara	160.00 - 200.00	800.00 - 900.00	350.00 - 500.00	260.00 - 280.00	120.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	160.00 - 200.00	-
Dehiattakandiya	150.00 - 240.00	1000.00 - 1000.00	300.00 - 400.00	280.00 - 300.00	-	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	160.00 - 180.00	140.00 - 150.00
Nuwaraeliya	180.00 - 200.00	850.00 - 880.00	400.00 - 440.00	300.00 - 320.00	210.00 - 220.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	210.00 - 220.00	190.00 - 200.00
Kandy	140.00 - 160.00	900.00 - 1000.00	400.00 - 500.00	240.00 - 260.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	170.00 - 190.00	130.00 - 150.00
Puttalam	120.00 - 160.00	800.00 - 1000.00	350.00 - 400.00	300.00 - 350.00	180.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	160.00 - 180.00	120.00 - 140.00
Rathnapura	160.00 - 220.00	800.00 - 900.00	400.00 - 500.00	240.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 200.00	130.00 - 160.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 120.00	800.00 - 1000.00	300.00 - 400.00	200.00 - 240.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	190.00 - 220.00	160.00 - 180.00
Galle	120.00 - 180.00	800.00 - 1000.00	500.00 - 600.00	200.00 - 260.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	160.00 - 180.00	130.00 - 150.00
Tissamaharama	100.00 - 120.00	800.00 - 950.00	300.00 - 350.00	220.00 - 260.00	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	180.00 - 200.00	120.00 - 140.00
Meegoda (DEC)	160.00 - 200.00	800.00 - 1000.00	400.00 - 520.00	200.00 - 250.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	180.00 - 200.00	160.00 - 170.00
Embilipitiya	100.00 - 120.00	850.00 - 900.00	350.00 - 400.00	280.00 - 320.00	140.00 - 160.00	60.00 - 80.00	50.00 - 70.00	90.00 - 120.00	170.00 - 200.00	120.00 - 160.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	170.00 - 200.00	800.00 - 900.00	350.00 - 400.00	260.00 - 280.00	240.00 - 250.00	60.00 - 70.00	60.00 - 65.00	70.00 - 80.00	200.00 - 220.00	150.00 - 170.00
Mannar	150.00 - 200.00	800.00 - 900.00	400.00 - 450.00	300.00 - 350.00	250.00 - 250.00	50.00 - 60.00	-	60.00 - 60.00	150.00 - 200.00	110.00 - 130.00
Killinochchi	140.00 - 160.00	760.00 - 800.00	380.00 - 420.00	290.00 - 320.00	200.00 - 220.00	65.00 - 75.00	45.00 - 55.00	45.00 - 55.00	180.00 - 200.00	100.00 - 120.00
Mullaittivu	140.00 - 180.00	600.00 - 650.00	380.00 - 420.00	300.00 - 350.00	240.00 - 260.00	100.00 - 120.00	75.00 - 80.00	50.00 - 60.00	-	130.00 - 140.00
Batticaloa	150.00 - 200.00	900.00 - 1000.00	550.00 - 600.00	250.00 - 300.00	150.00 - 160.00	60.00 - 60.00	50.00 - 50.00	70.00 - 70.00	180.00 - 200.00	120.00 - 130.00
Trincomalee	240.00 260.00	720.00 760.00	460.00 500.00	330.00 350.00	220.00 240.00	60.00 65.00	65.00 70.00	45.00 50.00	190.00 220.00	140.00 150.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	140.00 - 200.00	700.00 - 900.00	320.00 - 360.00	160.00 - 220.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	180.00 - 200.00	160.00 - 170.00
Galenbindunuwewa	140.00 - 170.00	780.00 - 820.00	320.00 - 360.00	160.00 - 180.00	180.00 - 210.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	170.00 - 175.00	155.00 - 160.00
Bandarawela	150.00 - 200.00	700.00 - 800.00	400.00 - 500.00	200.00 - 240.00	150.00 - 170.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	170.00 - 200.00	150.00 - 160.00
Matale	120.00 - 160.00	800.00 - 840.00	400.00 - 500.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	150.00 - 170.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 25: 20 - 26 Jun 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	100.00 - 180.00	250.00 - 350.00	120.00 - 200.00	36.00 - 48.00	45.00 - 65.00	400.00 - 650.00	300.00 - 500.00	240.00 - 420.00	-	230.00 - 400.00
Gampaha	120.00 - 130.00	250.00 - 280.00	140.00 - 160.00	32.00 - 32.00	-	500.00 - 600.00	400.00 - 440.00	300.00 - 300.00	-	175.00 - 180.00
Kurunegala	100.00 - 120.00	240.00 - 280.00	130.00 - 150.00	32.00 - 35.00	50.00 - 52.00	550.00 - 600.00	-	-	-	175.00 - 175.00
Nikaweratiya	130.00 - 160.00	300.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	400.00 - 420.00
Dambulla	120.00 - 140.00	340.00 - 360.00	140.00 - 150.00	-	50.00 - 56.00	500.00 - 550.00	380.00 - 400.00	250.00 - 280.00	70.00 - 80.00	180.00 - 200.00
Anuradhapura	140.00 - 180.00	300.00 - 400.00	150.00 - 200.00	30.00 - 35.00	40.00 - 45.00	640.00 - 720.00	480.00 - 560.00	350.00 - 400.00	-	150.00 - 200.00
Thambuththegama	80.00 - 120.00	300.00 - 380.00	100.00 - 150.00	25.00 - 28.00	36.00 - 42.00	500.00 - 550.00	360.00 - 400.00	-	-	-
Polonnaruwa	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	40.00 - 45.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	200.00 - 250.00
Kaluthara	130.00 - 140.00	250.00 - 300.00	130.00 - 180.00	30.00 - 32.00	30.00 - 35.00	585.00 - 650.00	450.00 - 500.00	360.00 - 400.00	-	160.00 - 180.00
Badulla	100.00 - 120.00	200.00 - 250.00	120.00 - 140.00	22.00 - 25.00	33.00 - 38.00	500.00 - 550.00	350.00 - 400.00	300.00 - 300.00	-	300.00 - 375.00
Keppetipola	140.00 - 150.00	250.00 - 270.00	140.00 - 150.00	30.00 - 32.00	45.00 - 46.00	-	420.00 - 450.00	340.00 - 350.00	-	-
Moneragala	80.00 - 100.00	200.00 - 250.00	80.00 - 100.00	18.00 - 20.00	20.00 - 22.00	450.00 - 450.00	340.00 - 375.00	260.00 - 320.00	-	150.00 - 200.00
Kegalle	110.00 - 130.00	280.00 - 320.00	120.00 - 140.00	25.00 - 30.00	40.00 - 50.00	550.00 - 650.00	350.00 - 450.00	200.00 - 300.00	-	160.00 - 200.00
Ampara	130.00 - 140.00	250.00 - 280.00	100.00 - 130.00	35.00 - 35.00	40.00 - 40.00	480.00 - 500.00	-	-	-	-
Dehiattakandiya	140.00 - 160.00	300.00 - 350.00	140.00 - 160.00	-	30.00 - 44.00	500.00 - 600.00	450.00 - 450.00	-	-	-
Nuwareliya	130.00 - 140.00	240.00 - 260.00	120.00 - 140.00	28.00 - 32.00	38.00 - 42.00	-	450.00 - 480.00	380.00 - 400.00	-	180.00 - 200.00
Kandy	150.00 - 170.00	300.00 - 350.00	150.00 - 180.00	28.00 - 30.00	40.00 - 50.00	700.00 - 760.00	450.00 - 480.00	300.00 - 350.00	-	160.00 - 200.00
Puttalam	100.00 - 180.00	300.00 - 350.00	120.00 - 200.00	24.00 - 30.00	-	500.00 - 700.00	300.00 - 400.00	200.00 - 250.00	-	150.00 - 150.00
Rathnapura	100.00 - 130.00	200.00 - 250.00	80.00 - 100.00	25.00 - 28.00	38.00 - 41.00	560.00 - 700.00	400.00 - 500.00	320.00 - 380.00	-	200.00 - 250.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	100.00 - 120.00	250.00 - 270.00	110.00 - 120.00	20.00 - 22.00	30.00 - 32.00	500.00 - 600.00	350.00 - 450.00	300.00 - 350.00	-	175.00 - 190.00
Galle	120.00 - 150.00	250.00 - 280.00	120.00 - 160.00	31.00 - 35.00	30.00 - 34.00	600.00 - 620.00	480.00 - 520.00	-	-	163.00 - 200.00
Tissamaharama	80.00 - 100.00	180.00 - 220.00	80.00 - 100.00	22.00 - 24.00	33.00 - 38.00	520.00 - 600.00	400.00 - 480.00	320.00 - 380.00	38.00 - 44.00	-
Meegoda (DEC)	110.00 - 140.00	240.00 - 260.00	120.00 - 140.00	40.00 - 48.00	48.00 - 56.00	680.00 - 680.00	520.00 - 520.00	350.00 - 400.00	-	220.00 - 230.00
Embilipitiya	40.00 - 50.00	160.00 - 200.00	70.00 - 100.00	18.00 - 25.00	25.00 - 30.00	420.00 - 500.00	300.00 - 400.00	220.00 - 280.00	60.00 - 80.00	140.00 - 150.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	120.00 - 150.00	240.00 - 260.00	100.00 - 140.00	31.00 - 32.00	35.00 - 38.00	600.00 - 650.00	460.00 - 480.00	350.00 - 370.00	-	-
Mannar	100.00 - 120.00	300.00 - 300.00	150.00 - 150.00	25.00 - 28.00	30.00 - 35.00	600.00 - 650.00	580.00 - 580.00	350.00 - 350.00	-	280.00 - 280.00
Killinochchi	100.00 - 120.00	280.00 - 300.00	120.00 - 140.00	34.00 - 36.00	38.00 - 40.00	500.00 - 550.00	400.00 - 450.00	300.00 - 350.00	-	-
Mullaittivu	150.00 - 160.00	340.00 - 360.00	130.00 - 150.00	40.00 - 43.00	45.00 - 46.00	600.00 - 650.00	400.00 - 450.00	-	-	-
Batticaloa	110.00 - 120.00	250.00 - 300.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	450.00 - 600.00	350.00 - 400.00	200.00 - 220.00	-	250.00 - 270.00
Trincomalee	170.00 - 175.00	-	174.00 - 180.00	-	-	700.00 - 750.00	520.00 - 550.00	430.00 - 450.00	-	-
Veyangoda	120.00 - 140.00	250.00 - 280.00	120.00 - 140.00	28.00 - 33.00	36.00 - 44.00	610.00 - 640.00	460.00 - 490.00	360.00 - 380.00	-	250.00 - 280.00
Galenbindunuwewa	110.00 - 150.00	300.00 - 350.00	90.00 - 100.00	35.00 - 42.00	35.00 - 42.00	-	360.00 - 390.00	-	-	-
Bandarawela	140.00 - 160.00	300.00 - 350.00	140.00 - 160.00	27.00 - 31.00	46.00 - 50.00	550.00 - 600.00	420.00 - 480.00	320.00 - 350.00	-	200.00 - 220.00
Matale	100.00 - 140.00	280.00 - 300.00	120.00 - 160.00	30.00 - 33.00	40.00 - 45.00	600.00 - 700.00	400.00 - 520.00	280.00 - 360.00	-	140.00 - 150.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	-	-	120.00 - 250.00	60.00 - 100.00	180.00 - 400.00	120.00 - 200.00	130.00 - 230.00	60.00 - 120.00	2000.00 - 2800.00	150.00 - 200.00
Gampaha	-	-	150.00 - 160.00	70.00 - 80.00	250.00 - 260.00	130.00 - 150.00	100.00 - 125.00	100.00 - 105.00	2200.00 - 2200.00	150.00 - 160.00
Kurunegala	-	-	140.00 - 150.00	-	240.00 - 240.00	125.00 - 125.00	90.00 - 100.00	65.00 - 66.00	2000.00 - 2200.00	140.00 - 160.00
Nikaweratiya	-	-	130.00 - 220.00	30.00 - 38.00	-	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2500.00 - 2700.00	-
Dambulla	-	40.00 - 50.00	160.00 - 180.00	40.00 - 45.00	-	80.00 - 100.00	120.00 - 140.00	60.00 - 80.00	2500.00 - 2600.00	150.00 - 180.00
Anuradhapura	-	-	140.00 - 160.00	-	-	100.00 - 150.00	120.00 - 150.00	60.00 - 80.00	2600.00 - 2800.00	150.00 - 200.00
Thambuththegama	-	-	100.00 - 150.00	55.00 - 65.00	-	-	115.00 - 130.00	-	-	130.00 - 150.00
Polonnaruwa	-	-	150.00 - 180.00	50.00 - 60.00	-	-	160.00 - 200.00	50.00 - 80.00	2800.00 - 3000.00	180.00 - 240.00
Kaluthara	-	-	150.00 - 180.00	-	130.00 - 150.00	-	-	53.00 - 70.00	2000.00 - 2500.00	150.00 - 160.00
Badulla	-	58.00 - 66.00	150.00 - 160.00	55.00 - 60.00	180.00 - 200.00	120.00 - 125.00	125.00 - 166.00	50.00 - 50.00	2800.00 - 3000.00	200.00 - 250.00
Keppetipola	-	-	120.00 - 140.00	50.00 - 55.00	120.00 - 130.00	100.00 - 120.00	90.00 - 100.00	40.00 - 50.00	2450.00 - 3000.00	170.00 - 180.00
Moneragala	-	-	150.00 - 170.00	30.00 - 40.00	-	80.00 - 100.00	70.00 - 80.00	40.00 - 50.00	2500.00 - 2800.00	150.00 - 170.00
Kegalle	-	-	140.00 - 150.00	-	120.00 - 160.00	80.00 - 100.00	70.00 - 100.00	50.00 - 90.00	2300.00 - 2500.00	180.00 - 200.00
Ampara	64.00 - 68.00	-	150.00 - 160.00	-	-	-	66.00 - 75.00	-	2150.00 - 2200.00	180.00 - 200.00
Dehiattakandiya	-	-	160.00 - 180.00	-	-	-	70.00 - 80.00	50.00 - 50.00	2500.00 - 2800.00	150.00 - 200.00
Nuwaraeliya	-	-	140.00 - 160.00	55.00 - 65.00	140.00 - 150.00	120.00 - 140.00	120.00 - 140.00	45.00 - 55.00	2800.00 - 3000.00	200.00 - 220.00
Kandy	-	-	160.00 - 170.00	50.00 - 60.00	150.00 - 160.00	130.00 - 150.00	100.00 - 120.00	50.00 - 60.00	2400.00 - 2600.00	180.00 - 200.00
Puttalam	-	-	150.00 - 200.00	40.00 - 60.00	-	80.00 - 100.00	80.00 - 120.00	50.00 - 60.00	3000.00 - 3000.00	150.00 - 200.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	-	120.00 - 150.00	-	120.00 - 140.00	-	100.00 - 133.00	50.00 - 80.00	2000.00 - 2200.00	130.00 - 150.00
Matara	-	-	140.00 - 160.00	50.00 - 60.00	180.00 - 200.00	180.00 - 200.00	80.00 - 100.00	50.00 - 60.00	2300.00 - 2500.00	140.00 - 160.00
Galle	-	-	140.00 - 200.00	60.00 - 61.00	133.00 - 160.00	180.00 - 200.00	125.00 - 140.00	60.00 - 70.00	2500.00 - 3000.00	120.00 - 150.00
Tissamaharama	50.00 - 58.00	40.00 - 43.00	100.00 - 150.00	60.00 - 68.00	130.00 - 142.00	-	100.00 - 115.00	36.00 - 42.00	2400.00 - 2700.00	140.00 - 160.00
Meegoda (DEC)	-	-	140.00 - 160.00	-	135.00 - 160.00	-	115.00 - 135.00	42.00 - 60.00	2000.00 - 2500.00	150.00 - 160.00
Embilipitiya	60.00 - 80.00	40.00 - 50.00	120.00 - 140.00	40.00 - 50.00	-	120.00 - 150.00	90.00 - 120.00	20.00 - 25.00	2600.00 - 2800.00	160.00 - 180.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	100.00 - 140.00	68.00 - 70.00	145.00 - 155.00	120.00 - 130.00	-	-	2400.00 - 2500.00	200.00 - 240.00
Mannar	-	-	150.00 - 180.00	-	200.00 - 250.00	120.00 - 130.00	150.00 - 170.00	100.00 - 120.00	2500.00 - 2500.00	250.00 - 250.00
Killinochchi	-	-	120.00 - 140.00	55.00 - 65.00	-	-	-	-	2400.00 - 2450.00	230.00 - 250.00
Mullaittivu	-	-	120.00 - 140.00	50.00 - 60.00	-	-	-	-	2450.00 - 2550.00	160.00 - 200.00
Batticaloa	-	-	180.00 - 200.00	25.00 - 35.00	100.00 - 150.00	80.00 - 120.00	100.00 - 110.00	-	2500.00 - 2600.00	180.00 - 200.00
Trincomalee	-	52.00 - 55.00	135.00 - 140.00	70.00 - 74.00	-	85.00 - 86.00	125.00 - 128.00	-	2440.00 - 2450.00	220.00 - 225.00
Veyangoda	-	-	120.00 - 140.00	55.00 - 60.00	115.00 - 125.00	80.00 - 90.00	94.00 - 100.00	30.00 - 40.00	2300.00 - 2500.00	150.00 - 180.00
Galenbindunuwewa	50.00 - 50.00	-	100.00 - 120.00	-	-	-	80.00 - 100.00	30.00 - 35.00	2400.00 - 2500.00	150.00 - 150.00
Bandarawela	-	-	150.00 - 180.00	50.00 - 60.00	150.00 - 160.00	110.00 - 120.00	100.00 - 150.00	50.00 - 60.00	2600.00 - 2800.00	160.00 - 180.00
Matale	-	-	150.00 - 160.00	30.00 - 40.00	120.00 - 180.00	80.00 - 100.00	110.00 - 130.00	40.00 - 50.00	2600.00 - 3000.00	180.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 25: 20 - 26 Jun 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	500.00 – 700.00	950.00 – 1300.00	1000.00 – 1350.00	1400.00 – 1600.00	3500.00 – 4000.00	1400.00 – 1600.00
Kandy	650.00 – 700.00	–	1000.00 – 1300.00	1500.00 – 1750.00	2800.00 – 3000.00	1400.00 – 1500.00
Kaluthara	450.00 – 650.00	–	1000.00 – 1100.00	1200.00 – 1300.00	–	–
Puttalam	–	–	–	–	–	–
Matara	480.00 – 520.00	–	1200.00 – 1300.00	1600.00 – 1750.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	900.00 – 950.00	1200.00 – 1200.00	–	1400.00 – 1400.00
Batticaloa	500.00 – 600.00	–	1000.00 – 1200.00	1400.00 – 1500.00	–	–
Trincomalee	460.00 – 480.00	1070.00 – 1100.00	1150.00 – 1170.00	1860.00 – 1880.00	–	1540.00 – 1560.00
Mannar	800.00 – 850.00	–	900.00 – 1000.00	–	–	1000.00 – 1200.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1200.00 – 1600.00	1200.00 – 1600.00	2000.00 – 2400.00	–	35.00 – 35.50	32.00 – 34.50
Kandy	1500.00 – 1600.00	1500.00 – 1600.00	2300.00 – 2400.00	–	35.00 – 36.00	32.00 – 33.00
Kaluthara	900.00 – 1100.00	1600.00 – 1800.00	–	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	1600.00 – 1750.00	–	–	34.00 – 36.00	31.00 – 32.00
Hambantota	–	–	–	–	–	–
Galle	1200.00 – 1200.00	–	–	–	33.00 – 33.00	30.00 – 31.00
Batticaloa	1200.00 – 1300.00	1750.00 – 1800.00	2200.00 – 2300.00	–	37.00 – 37.00	36.00 – 36.00
Trincomalee	1750.00 – 1770.00	1040.00 – 1060.00	–	–	35.00 – 36.00	32.00 – 33.00
Mannar	2000.00 – 2000.00	1000.00 – 1250.00	–	–	38.00 – 38.00	35.00 – 35.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 25: 20 - 26 Jun 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	70000 – 90000	–	–	105000 – 120000	85000 – 110000	–
Kandy	77500 – 80000	–	–	105000 – 110000	90000 – 95000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 82500	–
Trincomalee	52200 – 52400	–	–	–	54500 – 54650	48500 – 48600
Mannar	–	–	–	125000 – 125000	75000 – 75000	60000 – 62500

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	75000 – 92500	–	50000 – 67500	50000 – 60000	85000 – 100000	–
Kandy	80000 – 85000	–	45000 – 50000	55000 – 60000	95000 – 100000	–
Batticaloa	–	–	40000 – 42500	39500 – 42500	–	–
Trincomalee	50800 – 51500	–	–	42600 – 42800	96500 – 97000	–
Mannar	50000 – 60000	–	–	50000 – 60000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	75000 – 90000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 25: 20 - 26 Jun 2025

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LOCATIONS	Sea Fish									Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White
Colombo	700.00 - 880.00	1200.00 - 1500.00	1200.00 - 2400.00	1600.00 - 2900.00	3600.00 - 4400.00	1600.00 - 2800.00	-	2600.00 - 3500.00		36.00 - 40.00	33.00 - 37.00
Gampaha	700.00 - 800.00	-	-	2000.00 - 2100.00	-	2000.00 - 2000.00	-	2800.00 - 2800.00		41.00 - 42.00	38.00 - 40.00
Kurunegala	640.00 - 720.00	-	-	2000.00 - 2200.00	-	1900.00 - 2000.00	-	2700.00 - 2700.00		38.00 - 40.00	33.00 - 36.00
Nikaweratiya	800.00 - 1000.00	-	1000.00 - 1100.00	1600.00 - 1650.00	-	-	-	-		35.00 - 39.00	34.00 - 38.00
Dambulla	700.00 - 800.00	1300.00 - 1400.00	1000.00 - 1200.00	2300.00 - 2400.00	2400.00 - 2600.00	1500.00 - 1600.00	1800.00 - 2000.00	2300.00 - 2400.00		39.00 - 40.00	36.00 - 38.00
Anuradhapura	800.00 - 900.00	-	1200.00 - 1600.00	2200.00 - 2600.00	-	1600.00 - 1800.00	-	2500.00 - 2700.00		-	35.00 - 36.00
Thambuththegama	-	-	-	-	-	-	-	-		35.00 - 37.00	35.00 - 36.00
Polonnaruwa	750.00 - 800.00	1200.00 - 1300.00	1750.00 - 1800.00	2200.00 - 2300.00	-	1600.00 - 1700.00	1700.00 - 1800.00	2300.00 - 2400.00		35.00 - 36.00	32.00 - 34.00
Kaluthara	700.00 - 900.00	-	1700.00 - 2000.00	2100.00 - 2400.00	-	-	1600.00 - 1800.00	2400.00 - 2600.00		33.00 - 33.00	32.00 - 33.00
Badulla	600.00 - 600.00	1100.00 - 1100.00	1800.00 - 1800.00	2400.00 - 2400.00	2950.00 - 2950.00	1850.00 - 1850.00	1800.00 - 1800.00	2950.00 - 2950.00		38.00 - 38.00	34.00 - 36.00
Keppetipola	-	-	1500.00 - 1600.00	1800.00 - 1900.00	-	-	-	2200.00 - 2300.00		35.00 - 37.00	32.00 - 34.00
Moneragala	800.00 - 900.00	-	1200.00 - 1600.00	2500.00 - 2700.00	-	-	-	2700.00 - 2800.00		35.00 - 36.00	35.00 - 36.00
Kegalle	950.00 - 1000.00	-	1900.00 - 2000.00	2700.00 - 2800.00	-	-	1800.00 - 1850.00	2700.00 - 2800.00		38.00 - 40.00	34.00 - 36.00
Ampara	-	-	-	-	-	-	-	-		-	32.00 - 37.00
Dehiattakandiya	700.00 - 800.00	-	1600.00 - 1600.00	2400.00 - 2700.00	-	-	-	2200.00 - 2200.00		35.00 - 35.00	31.00 - 32.00
Nuwaraeliya	680.00 - 700.00	-	1500.00 - 1600.00	1900.00 - 2000.00	-	-	1500.00 - 1600.00	2300.00 - 2400.00		36.00 - 39.00	33.00 - 35.00
Kandy	800.00 - 840.00	-	1500.00 - 1600.00	2200.00 - 2400.00	3400.00 - 3600.00	1600.00 - 1700.00	1800.00 - 1900.00	2700.00 - 2800.00		38.00 - 39.00	34.00 - 36.00
Puttalam	900.00 - 1000.00	1300.00 - 1500.00	1000.00 - 1200.00	1600.00 - 1800.00	-	1300.00 - 1500.00	-	2000.00 - 2200.00		38.00 - 40.00	32.00 - 38.00
Hambantota	-	-	-	-	-	-	-	-		-	-
Rathnapura	700.00 - 800.00	-	1300.00 - 1500.00	2300.00 - 2400.00	3800.00 - 4000.00	2500.00 - 2600.00	1700.00 - 1800.00	2450.00 - 2600.00		36.00 - 38.00	33.00 - 35.00
Matara	700.00 - 800.00	-	1700.00 - 1900.00	2200.00 - 2400.00	-	2200.00 - 2300.00	-	-		35.00 - 38.00	32.00 - 34.00
Galle	700.00 - 800.00	-	1200.00 - 1400.00	2400.00 - 2500.00	-	1600.00 - 1800.00	1800.00 - 2000.00	-		34.00 - 35.00	32.00 - 34.00
Tissamaharama	600.00 - 700.00	-	1000.00 - 1400.00	2800.00 - 2900.00	-	-	-	2400.00 - 2700.00		37.00 - 40.00	36.00 - 38.00
Meegoda	700.00 - 900.00	-	1100.00 - 1200.00	2600.00 - 2900.00	-	1700.00 - 1700.00	-	3500.00 - 3500.00		35.00 - 35.00	32.00 - 35.00
Embilipitiya	800.00 - 850.00	-	1600.00 - 1700.00	2400.00 - 2500.00	-	-	-	2550.00 - 2600.00		34.00 - 36.00	31.00 - 35.00
Jaffna	-	-	-	-	-	-	-	-		-	-
Vavuniya	600.00 - 700.00	1200.00 - 1300.00	1200.00 - 1300.00	2400.00 - 2500.00	-	1600.00 - 1700.00	2400.00 - 2500.00	2400.00 - 2500.00		36.00 - 38.00	35.00 - 36.00
Mannar	800.00 - 1000.00	-	1000.00 - 1200.00	-	-	1500.00 - 1800.00	2500.00 - 2500.00	-		40.00 - 40.00	38.00 - 38.00
Killinochchi	-	-	900.00 - 980.00	-	-	1450.00 - 1550.00	-	-		-	34.00 - 36.00
Mullaittivu	500.00 - 600.00	1000.00 - 1200.00	900.00 - 1000.00	2100.00 - 2200.00	-	1800.00 - 1900.00	-	2100.00 - 2200.00		-	32.00 - 33.00
Batticaloa	800.00 - 800.00	1450.00 - 1500.00	1500.00 - 1600.00	1800.00 - 2100.00	2800.00 - 3000.00	2200.00 - 2300.00	1500.00 - 1700.00	2450.00 - 2600.00		40.00 - 40.00	38.00 - 38.00
Trincomalee	600.00 - 650.00	1160.00 - 1180.00	1240.00 - 1260.00	2360.00 - 2380.00	2460.00 - 2500.00	1660.00 - 1700.00	1870.00 - 1900.00	-		36.00 - 38.00	35.00 - 36.00
Veyangoda	700.00 - 700.00	-	1500.00 - 1500.00	1800.00 - 1800.00	-	-	-	2200.00 - 2400.00		36.00 - 40.00	34.00 - 36.00
Galenbindunuwewa	800.00 - 880.00	1500.00 - 1500.00	1000.00 - 1000.00	2550.00 - 2650.00	3000.00 - 3000.00	2300.00 - 2400.00	2200.00 - 2200.00	-		36.00 - 37.00	36.00 - 36.00
Bandarawela	-	-	1600.00 - 1700.00	2400.00 - 2400.00	-	-	-	2600.00 - 2600.00		36.00 - 40.00	34.00 - 37.00
Matale	800.00 - 900.00	-	1600.00 - 1700.00	2400.00 - 2500.00	3100.00 - 3200.00	1600.00 - 1800.00	1800.00 - 2000.00	2600.00 - 2800.00		34.00 - 35.00	33.00 - 34.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 25: 20 - 26 Jun 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1200.00 –	1500.00	2400.00 –	2800.00	–		2400.00 –	3000.00	2000.00 –	2400.00	2400.00 –	2600.00	1300.00 –	1500.00
Gampaha	1000.00 –	1000.00	–		3600.00 –	3600.00	2400.00 –	2450.00	1600.00 –	1600.00	2400.00 –	2450.00	900.00 –	1000.00
Kurunegala	–		–		–		2000.00 –	2000.00	1200.00 –	1300.00	2000.00 –	2200.00	–	
Nikaweratiya	1400.00 –	1450.00	2800.00 –	3000.00	–		2000.00 –	2200.00	2000.00 –	2200.00	2600.00 –	2800.00	1400.00 –	1600.00
Dambulla	1400.00 –	1500.00	2500.00 –	2600.00	–		2500.00 –	2600.00	1400.00 –	1500.00	2000.00 –	2200.00	–	
Anuradhapura	1280.00 –	1400.00	2600.00 –	2800.00	–		2600.00 –	2800.00	2400.00 –	2800.00	2400.00 –	2600.00	1400.00 –	1600.00
Thambuththegama	1400.00 –	1500.00	2400.00 –	2450.00	–		2800.00 –	3000.00	2400.00 –	2800.00	2400.00 –	2600.00	1300.00 –	1400.00
Polonnaruwa	1200.00 –	1300.00	2400.00 –	2500.00	–		2500.00 –	2600.00	2100.00 –	2200.00	2100.00 –	2200.00	–	
Kaluthara	1200.00 –	1400.00	2250.00 –	2600.00	–		2300.00 –	2700.00	1800.00 –	2360.00	2100.00 –	2500.00	–	
Badulla	1300.00 –	1500.00	2600.00 –	2600.00	–		2200.00 –	2400.00	–		–		–	
Keppetipola	–		2500.00 –	2600.00	–		2250.00 –	2300.00	1800.00 –	1850.00	2300.00 –	2400.00	950.00 –	1000.00
Moneragala	1100.00 –	1400.00	2700.00 –	2800.00	–		2700.00 –	2800.00	2500.00 –	2800.00	2500.00 –	2600.00	–	
Kegalle	1000.00 –	1400.00	2500.00 –	2800.00	–		2600.00 –	2800.00	1800.00 –	2200.00	–		–	
Ampara	–		2200.00 –	2400.00	–		2200.00 –	2600.00	1800.00 –	2000.00	–		900.00 –	1000.00
Dehiattakandiya	1200.00 –	1500.00	2200.00 –	2800.00	–		–		2000.00 –	2500.00	1600.00 –	1600.00	–	
Nuwareliya	1000.00 –	1000.00	2550.00 –	2600.00	3000.00 –	3200.00	2450.00 –	2500.00	1650.00 –	1750.00	2350.00 –	2400.00	1000.00 –	1100.00
Kandy	1200.00 –	1300.00	2700.00 –	2800.00	3500.00 –	3600.00	2400.00 –	2500.00	2400.00 –	2600.00	2200.00 –	2300.00	1100.00 –	1200.00
Puttalam	1000.00 –	1200.00	2400.00 –	2500.00	–		2200.00 –	2400.00	1600.00 –	2200.00	2400.00 –	2400.00	1200.00 –	1200.00
Hambantota	–		–		–		–		–		–		–	
Rathnapura	1400.00 –	1520.00	2360.00 –	2600.00	–		2500.00 –	2800.00	2200.00 –	2400.00	2300.00 –	2440.00	–	
Matara	1200.00 –	1400.00	2200.00 –	2500.00	–		–		2500.00 –	2600.00	–		–	
Galle	1200.00 –	1500.00	2400.00 –	2800.00	–		2600.00 –	2800.00	1800.00 –	2200.00	2000.00 –	2400.00	900.00 –	1000.00
Tissamaharama	1000.00 –	1400.00	–		–		2400.00 –	2500.00	2400.00 –	2500.00	2500.00 –	2600.00	–	
Meegoda	1120.00 –	1400.00	2300.00 –	2400.00	–		2200.00 –	2600.00	2400.00 –	2400.00	2300.00 –	2400.00	1200.00 –	1200.00
Embilipitiya	1000.00 –	1200.00	2400.00 –	2700.00	–		2400.00 –	2500.00	2500.00 –	2800.00	2400.00 –	2500.00	1300.00 –	1400.00
Jaffna	–		–		–		–		–		–		–	
Vavuniya	–		2000.00 –	2150.00	–		–		2150.00 –	2250.00	1400.00 –	1500.00	1000.00 –	1150.00
Mannar	1500.00 –	1500.00	2800.00 –	3000.00	–		2800.00 –	3000.00	1800.00 –	2000.00	1500.00 –	2000.00	1200.00 –	1500.00
Killinochchi	–		2400.00 –	2500.00	–		–		1300.00 –	1400.00	–		–	
Mullaittivu	–		2000.00 –	2000.00	–		2400.00 –	2500.00	1200.00 –	1250.00	–		–	
Batticaloa	1000.00 –	1100.00	2400.00 –	2500.00	–		–		1800.00 –	2000.00	–		900.00 –	1000.00
Trincomalee	1060.00 –	1080.00	2360.00 –	2380.00	–		–		1250.00 –	1270.00	–		–	
Veyangoda	1180.00 –	1280.00	2200.00 –	2400.00	–		2300.00 –	2400.00	2000.00 –	2000.00	2200.00 –	2300.00	1400.00 –	1500.00
Galenbindunuwewa	1000.00 –	1400.00	2600.00 –	2800.00	3200.00 –	3300.00	2750.00 –	2900.00	2800.00 –	2900.00	2350.00 –	2600.00	1150.00 –	1300.00
Bandarawela	1000.00 –	1200.00	2300.00 –	2500.00	–		2400.00 –	2500.00	2000.00 –	2200.00	2200.00 –	2300.00	1000.00 –	1200.00
Matale	1200.00 –	1400.00	2500.00 –	2800.00	–		2400.00 –	2600.00	2000.00 –	2300.00	2200.00 –	2400.00	1000.00 –	1100.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 25: 20 - 26 Jun 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1300.00 - 1430.00	1100.00 - 1340.00	3600.00 - 4000.00	2200.00 - 2600.00
Gampaha	-	1350.00 - 1350.00	1300.00 - 1300.00	3500.00 - 3500.00	-
Kurunegala	2600.00 - 2800.00	1260.00 - 1280.00	1300.00 - 1300.00	3200.00 - 3200.00	-
Nikaweratiya	2200.00 - 2400.00	1200.00 - 1400.00	-	-	-
Dambulla	-	1380.00 - 1400.00	1400.00 - 1400.00	-	1800.00 - 1800.00
Anuradhapura	2600.00 - 2800.00	1250.00 - 1300.00	1300.00 - 1300.00	3600.00 - 3800.00	2100.00 - 2300.00
Thambuththegama	-	1100.00 - 1200.00	-	-	1360.00 - 1500.00
Polonnaruwa	2300.00 - 2400.00	1000.00 - 1100.00	1200.00 - 1300.00	3300.00 - 3400.00	-
Kaluthara	2500.00 - 2600.00	1180.00 - 1250.00	1150.00 - 1200.00	-	1500.00 - 1600.00
Badulla	2300.00 - 2400.00	1100.00 - 1250.00	1400.00 - 1400.00	3200.00 - 3200.00	-
Keppetipola	2200.00 - 2300.00	1260.00 - 1280.00	1350.00 - 1360.00	3200.00 - 3300.00	-
Moneragala	2600.00 - 2600.00	1200.00 - 1400.00	1500.00 - 1550.00	-	2200.00 - 2400.00
Kegalle	2500.00 - 2500.00	1330.00 - 1450.00	-	3100.00 - 3100.00	-
Ampara	2200.00 - 2500.00	1100.00 - 1300.00	-	-	2200.00 - 2400.00
Dehiattakandiya	-	1250.00 - 1350.00	-	-	2000.00 - 2100.00
Nuwaraeliya	2500.00 - 2600.00	1280.00 - 1300.00	1380.00 - 1390.00	3200.00 - 3400.00	1800.00 - 1900.00
Kandy	2300.00 - 2400.00	1260.00 - 1280.00	1250.00 - 1280.00	3400.00 - 3400.00	2000.00 - 2100.00
Puttalam	2500.00 - 2500.00	1250.00 - 1250.00	1400.00 - 1400.00	3800.00 - 3800.00	-
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1320.00 - 1400.00	1100.00 - 1240.00	3500.00 - 3500.00	-
Matara	-	1335.00 - 1380.00	-	-	-
Galle	2400.00 - 2600.00	1200.00 - 1280.00	-	3400.00 - 3400.00	-
Tissamaharama	-	1350.00 - 1400.00	1250.00 - 1300.00	-	-
Meegoda	-	1120.00 - 1400.00	1300.00 - 1300.00	-	2100.00 - 2250.00
Embilipitiya	2000.00 - 2100.00	1200.00 - 1300.00	1300.00 - 1350.00	3300.00 - 3500.00	1800.00 - 2000.00
Jaffna	-	-	-	-	-
Vavuniya	2000.00 - 2200.00	1340.00 - 1400.00	1600.00 - 1700.00	3200.00 - 3300.00	-
Mannar	2100.00 - 2200.00	1300.00 - 1300.00	1450.00 - 1500.00	-	-
Killinochchi	2200.00 - 2300.00	1250.00 - 1300.00	1450.00 - 1500.00	3300.00 - 3400.00	-
Mullaittivu	2200.00 - 2200.00	1300.00 - 1350.00	1450.00 - 1450.00	-	-
Batticaloa	2100.00 - 2200.00	1300.00 - 1350.00	1400.00 - 1500.00	3500.00 - 3600.00	-
Trincomalee	2200.00 - 2300.00	1120.00 - 1150.00	1740.00 - 1800.00	3500.00 - 3550.00	-
Veyangoda	-	1250.00 - 1400.00	-	-	2100.00 - 2200.00
Galenbindunuwewa	2400.00 - 2400.00	1300.00 - 1320.00	1350.00 - 1350.00	-	1850.00 - 1850.00
Bandarawela	2400.00 - 2500.00	1200.00 - 1300.00	-	3400.00 - 3500.00	-
Matale	2200.00 - 2400.00	1250.00 - 1350.00	1300.00 - 1350.00	3200.00 - 3400.00	1600.00 - 1700.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 25: 20 - 26 Jun 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	165.00 - 175.00	169.09	181.00	99.00	-6.58	70.80
Samba 1	240.00 - 245.00	242.50	243.00	236.80	-0.21	2.41	Small	140.00 - 155.00	149.55	156.00	84.00	-4.14	78.03
Samba 2	235.00 - 238.00	236.50	236.50	229.50	0.00	3.05							
Keeri Samba	270.00 - 300.00	281.67	284.00	308.89	-0.82	-8.81	<u>Fruits (Rs/fruit)</u>						
Nadu 1	225.00 - 230.00	227.50	227.25	212.20	0.11	7.21	Plantain						
Nadu 2	220.00 - 222.00	221.00	221.00	205.75	0.00	7.41	Ambul (Rs/kg)	70.00 - 80.00	75.00	89.09	134.00	-15.82	-44.03
Raw (Red)	205.00 - 215.00	210.83	214.44	192.30	-1.68	9.64	Kolikuttu (Rs/kg)	150.00 - 200.00	178.00	224.55	351.00	-20.73	-49.29
Raw (White)	205.00 - 215.00	210.83	213.50	207.00	-1.25	1.85	Seeni (Rs/kg)	60.00 - 80.00	75.00	90.00	131.00	-16.67	-42.75
Imported							Anamalu	24.00 - 28.00	25.60	26.27	26.70	-2.56	-4.12
Samba	230.00 - 240.00	235.00	235.00	271.25	0.00	-13.36	Ambun	30.00 - 36.00	33.00	35.00	32.00	-5.71	3.13
Nadu							Papaw(Rs/kg)	80.00 - 120.00	98.00	102.00	151.00	-3.92	-35.10
Raw (Red)							Passion Fruit	40.00 - 60.00	50.00	57.00	67.00	-12.28	-25.37
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Pineapple Large	380.00 - 550.00	468.89	500.00	437.14	-6.22	7.26
<u>Dried Chillies</u>							Pineapple Medium	280.00 - 420.00	357.78	387.00	328.57	-7.55	8.89
Imported	500.00 - 600.00	544.00	524.00	750.00	3.82	-27.47	Pineapple Small	200.00 - 340.00	277.78	307.00	245.71	-9.52	13.05
<u>Onion</u>							Mango						
Sinnan			206.67				Betti	-			22.00		
Vedalan	350.00 - 480.00	416.00	380.00	394.29	9.47	5.51	Karthakolomban	200.00 - 280.00	232.00	184.00	63.33	26.09	266.32
Imported	320.00 - 350.00	341.67	328.33	371.25	4.06	-7.97	Vilad	-			55.00		
<u>Big Onion</u>							Kohu	-					
Imported	60.00 - 110.00	87.22	96.11	202.00	-9.25	-56.82	Other						
Local							Wood Apple	120.00 - 140.00	136.36	135.00	150.00	1.01	-9.09
<u>Potato</u>							Orange	100.00 - 140.00	126.00	134.00	135.00	-5.97	-6.67
Welimada							Avocado	70.00 - 120.00	99.00	132.00	73.00	-25.00	35.62
N'Eliya	280.00 - 310.00	299.00	307.50	297.50	-2.76	0.50	Slime Apple	30.00 - 45.00	37.50	35.00	21.20	7.14	76.89
Imported	140.00 - 200.00	170.00	151.11	180.71	12.50	-5.93	Grapes (Imp., Rs/kg)	1600.00 - 2000.00	1825.00	1887.50	1645.71	-3.31	10.89
<u>Pulses</u>							King Coconut	100.00 - 160.00	135.00	140.00	141.11	-3.57	-4.33
Green Gram	700.00 - 800.00	750.00	691.67	925.00	8.43	-18.92	<u>Sea Fish</u>						
Cowpea (White)	700.00 - 800.00	750.00	680.00	818.13	10.29	-8.33	Salaya	500.00 - 700.00	590.00	600.00	415.00	-1.67	42.17
Cowpea (Red)	700.00 - 850.00	791.67	761.67	772.86	3.94	2.43	Hurulla	950.00 - 1300.00	1122.22	1200.00	786.67	-6.48	42.66
Red Dhal	250.00 - 255.00	251.67	251.44	278.75	0.09	-9.72	Balaya	1000.00 - 1350.00	1137.50	1060.00	813.33	7.31	39.86
<u>Vegetable</u>							Kelawalla	1400.00 - 1600.00	1505.56	1800.00	1505.00	-16.36	0.04
Beans (Butter)							Thora	3500.00 - 4000.00	3775.00	3214.29	2083.33	17.44	81.20
Beans(Green)	500.00 - 650.00	570.00	524.00	538.00	8.78	5.95	Paraw	1400.00 - 1600.00	1500.00	1520.00	1359.17	-1.32	10.36
Carrot	250.00 - 400.00	325.00	525.00	309.00	-38.10	5.18	Mora	1200.00 - 1600.00	1400.00	1271.43	975.83	10.11	43.47
Leeks	180.00 - 280.00	222.00	282.00	502.00	-21.28	-55.78	Shrimps	1200.00 - 1600.00	1412.50	1633.33	1721.67	-13.52	-17.96
Beetroot	200.00 - 350.00	272.50	355.71	447.00	-23.39	-39.04	Thalapath	2000.00 - 2400.00	2237.50	2220.00	1983.33	0.79	12.82
Knolkhol	100.00 - 180.00	144.44	257.00	280.91	-43.80	-48.58	<u>Eggs</u>						
Raddish	50.00 - 80.00	68.00	129.00	184.00	-47.29	-63.04	Brown	35.00 - 35.50	35.08	36.25	50.19	-3.22	-30.10
Cabbage	160.00 - 250.00	204.00	400.00	143.64	-49.00	42.03	White	32.00 - 34.50	33.50	34.75	48.75	-3.60	-31.28
Tomato	200.00 - 250.00	219.00	276.00	498.00	-20.65	-56.02	<u>Dried Fish</u>						
Ladies Fingers	60.00 - 100.00	85.00	92.00	117.00	-7.61	-27.35	Sprats	1400.00 - 1800.00	1585.71	1533.33	1669.23	3.42	-5.00
Brinjal	300.00 - 400.00	346.00	376.00	352.00	-7.98	-1.70	Sprats (Imported)	1000.00 - 1200.00	1107.14	1000.00	842.50	10.71	31.41
Capsicum	350.00 - 450.00	390.00	535.00	486.00	-27.10	-19.75	Kattawa	-					
Pumpkin	80.00 - 120.00	101.82	107.00	126.00	-4.84	-19.19	Kattawa (Imported)	1700.00 - 2000.00	1814.29	1920.00	1397.50	-5.51	29.82
Cucumber	40.00 - 80.00	58.18	86.00	89.00	-32.35	-34.63	Thora	-					
Bitter Gourd	350.00 - 400.00	382.50	413.00	602.00	-7.38	-36.46	Thora (Imported)	-					
Snake Gourd	80.00 - 140.00	116.00	156.00	292.00	-25.64	-60.27	Mora	2100.00 - 2400.00	2271.43	2125.00	1882.50	6.89	20.66
Drumstick	600.00 - 1100.00	831.82	908.33	454.55	-8.42	83.00	Mora (Imported)	-					
Luffa	70.00 - 130.00	100.00	152.00	251.00	-34.21	-60.16	Balaya	1700.00 - 2200.00	1871.43	2000.00	1125.83	-6.43	66.23
Long Beans	150.00 - 250.00	197.27	176.00	244.00	12.09	-19.15	Balaya (Imported)	-					
Ash Plantain	60.00 - 100.00	81.00	86.00	170.00	-5.81	-52.35	Anguluwa	-					
Green Chillies	500.00 - 600.00	548.18	563.00	227.00	-2.63	141.49	Anguluwa (Imported)	1500.00 - 1800.00	1671.43	1633.33	1523.33	2.33	9.72
Lime	200.00 - 300.00	255.00	387.00	1060.00	-34.11	-75.94	Maduwa	1500.00 - 1850.00	1642.86	1616.67	1478.33	1.62	11.13
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	130.00 - 180.00	156.00	175.00	154.44	-10.86	1.01	Koduwa	-					
Manioc	80.00 - 120.00	98.00	108.00	90.00	-9.26	8.89	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	1000.00 - 1350.00	1150.00	866.67	582.31	32.69	97.49
Mukunuwenna	35.00 - 40.00	37.50	37.50	42.50	0.00	-11.76	Salaya (Imported)	-					
Kankun	35.00 - 40.00	37.50	37.50	42.50	0.00	-11.76							
Gotukola (Rs/kg)	280.00 - 320.00	300.00	310.00	290.00	-3.23	3.45							

This Week: Week 25: 20 - 26 Jun 2025

Last Week: Week 24: 13 - 19 Jun 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 25: 20 - 26 Jun 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	185.00 · 205.00	200.00	213.10	110.28	-13.10	81.36
Samba 1	250.00 · 260.00	255.33	256.47	251.47	-1.14	1.54	Small	160.00 · 190.00	183.95	192.50	89.06	-8.55	106.54
Samba 2													
Keeri Samba	280.00 · 320.00	293.33	296.67	359.17	-3.33	-18.33	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	233.18	233.18	225.00	0.00	3.64	Plantain						
Nadu 2							Ambul (Rs/kg)	100.00 · 180.00	141.20	143.89	201.94	-2.69	-30.08
Raw (Red)	220.00 · 240.00	223.64	225.00	205.00	-1.36	9.09	Kolikuttu (Rs/kg)	250.00 · 350.00	294.35	313.18	433.93	-18.83	-32.17
Raw (White)	220.00 · 240.00	223.64	224.09	217.27	-0.45	2.93	Seeni (Rs/kg)	120.00 · 200.00	155.65	158.50	204.48	-2.85	-23.88
Imported							Anamalu	36.00 · 48.00	39.81	40.00	36.81	-0.19	8.13
Samba	240.00 · 260.00	251.79	252.31	286.67	-0.52	-12.17	Ambun	45.00 · 65.00	55.18	54.73	46.75	0.45	18.03
Nadu							Papaw(Rs/kg)	120.00 · 250.00	178.18	191.36	245.93	-13.18	-27.55
Raw (Red)							Passion Fruit	60.00 · 100.00	75.50	77.63	87.89	-2.13	-14.10
Raw (White)	220.00 · 230.00	221.43	221.11		0.32		Pineapple Large	400.00 · 650.00	563.33	602.22	574.29	-38.89	-1.91
Dried Chillies							Pineapple Medium	300.00 · 500.00	426.32	484.44	448.80	-58.13	-5.01
Imported	650.00 · 900.00	801.43	789.09	1013.64	12.34	-20.94	Pineapple Small	240.00 · 420.00	354.29	381.11	326.19	-26.83	8.61
Onion							Mango						
Sinnan							Betti						
Vedalan	480.00 · 680.00	592.00		528.00		12.12	Karthakolomban	230.00 · 400.00	334.62	330.77	95.95	3.85	248.72
Imported	400.00 · 600.00	478.00	466.82	492.61	11.18	-2.97	Vilad				78.13		
Big Onion							Kohu						
Imported	120.00 · 160.00	144.35	146.80	249.63	-2.45	-42.18	Other						
Local							Wood Apple	180.00 · 400.00	279.33	231.00	175.38	48.33	59.27
Potato							Orange	120.00 · 200.00	155.38	168.46	172.35	-13.08	-9.85
Welimada							Avocado	130.00 · 230.00	178.82	197.22	106.14	-18.40	68.48
N'Eliya	380.00 · 480.00	421.25	421.67	402.50	-0.42	4.66	Slime Apple	60.00 · 120.00	95.56	95.33	87.14	0.22	9.65
Imported	180.00 · 240.00	202.92	214.17	230.40	-11.25	-11.93	Grapes (Imp., Rs/kg)	2000.00 · 2800.00	2381.25	2587.50	2370.00	-206.25	0.47
Pulses							King Coconut	150.00 · 200.00	181.50	186.32	195.00	-4.82	-6.92
Green Gram	800.00 · 1000.00	895.50	878.42	1308.00	17.08	-31.54							
Cowpea (White)	750.00 · 1000.00	865.71	848.13	1047.62	17.59	-17.36	Sea Fish						
Cowpea (Red)	750.00 · 1000.00	890.00	880.00	1056.52	10.00	-15.76	Salaya	700.00 · 880.00	804.12	928.13	607.27	-124.01	32.41
Red Dhal	270.00 · 320.00	289.57	289.60	330.42	-0.03	-12.36	Hurulla	1200.00 · 1500.00	1377.14		984.44		39.89
Vegetable							Balaya	1200.00 · 2400.00	1833.33	1408.57	1188.67	424.76	54.23
Beans (Butter)							Kelawalla	1600.00 · 2900.00	2300.00	2468.42	2191.18	-168.42	4.97
Beans(Green)	600.00 · 800.00	732.41	655.86	702.90	76.55	4.20	Thora	3600.00 · 4400.00	3963.64	4066.67	3279.17	-103.03	20.87
Carrot	360.00 · 650.00	499.03	611.48	474.06	-112.45	5.27	Paraw	1600.00 · 2800.00	2305.88	2391.67	2111.54	-85.78	9.20
Leeks	300.00 · 560.00	436.43	447.08	688.44	-10.65	-36.61	Mora				1411.11		
Beetroot	300.00 · 560.00	441.92	499.64	718.28	-57.72	-38.47	Shrimps	1600.00 · 2400.00	2105.56	1993.75	2000.00	111.81	5.28
Knolkhol	260.00 · 450.00	367.04	440.43	496.15	-73.40	-26.02	Thalapath	2600.00 · 3500.00	3077.78	3000.00	2883.53	77.78	6.74
Raddish	160.00 · 360.00	257.04	303.33	337.50	-46.30	-23.84	Eggs						
Cabbage	240.00 · 560.00	430.36	540.00	317.67	-109.64	35.47	Brown	36.00 · 40.00	36.72	38.72	52.18	-2.00	-29.62
Tomato	300.00 · 560.00	427.41	466.30	641.25	-38.89	-33.35	White	33.00 · 37.00	34.68	37.28	50.35	-2.59	-31.12
Ladies Fingers	180.00 · 320.00	260.00	263.45	298.75	-3.45	-12.97	Dried Fish						
Brinjal	340.00 · 600.00	500.00	505.77	488.39	-5.77	2.38	Sprats	1800.00 · 2400.00	2237.50	1950.00	2064.29	287.50	8.39
Capsicum	500.00 · 800.00	710.71	788.97	735.16	-78.25	-3.33	Sprats (Imported)	1200.00 · 1500.00	1338.89	1227.78	1105.00	111.11	21.17
Pumpkin	150.00 · 280.00	235.00	240.33	232.26	-5.33	1.18	Kattawa	2400.00 · 2800.00	2511.11	2455.56	2047.06	55.56	22.67
Cucumber	100.00 · 260.00	185.56	206.52	227.67	-20.97	-18.50	Thora				3000.00		
Bitter Gourd	450.00 · 600.00	533.57	533.85	733.87	-0.27	-27.29	Mora	2400.00 · 3000.00	2663.16	2594.44	2360.00	68.71	12.85
Snake Gourd	200.00 · 400.00	322.92	333.93	477.33	-11.01	-32.35	Balaya	2000.00 · 2400.00	2142.86	2256.25	1684.21	-113.39	27.23
Drumstick	900.00 · 1200.00	1038.40	1067.50	882.90	-29.10	17.61	Anguluwa	2400.00 · 2600.00	2475.00	2440.00	2114.29	35.00	17.06
Luffa	200.00 · 420.00	308.89	323.70	456.67	-14.81	-32.36	Maduwa	1800.00 · 2400.00	2150.00				
Long Beans	280.00 · 400.00	366.15	363.48	440.69	2.68	-16.91	Koduwa						
Ash Plantain	120.00 · 280.00	217.78	218.52	367.59	-0.74	-40.75	Salaya	1300.00 · 1500.00	1425.00	1363.64	1030.77	61.36	38.25
Green Chillies	650.00 · 1000.00	825.00	873.00	481.29	-48.00	71.41	Meat						
Lime	450.00 · 800.00	651.54	652.41	1723.33	-0.88	-62.19	Beef (without Bones)	2600.00 · 2800.00	2750.00	2714.29	2500.00	35.71	10.00
Root Crops							Chicken (Broiler)	1300.00 · 1430.00	1362.31	1289.23	1212.50	73.08	12.36
Sweet Potato	220.00 · 360.00	299.13	301.11	273.79	-1.98	9.25	Chicken (Curry)	1100.00 · 1340.00	1213.00	1176.36	1176.36	36.64	3.11
Manioc	180.00 · 230.00	207.31	215.36	205.00	-8.05	1.13	Mutton	3600.00 · 4000.00	3827.78	3822.22	3411.11	5.56	12.21
Leafy Vegetable							Pork	2200.00 · 2600.00	2340.00	2300.00	1371.43	40.00	70.63
Mukunuwenna	60.00 · 80.00	71.67	71.94	79.06	-0.28	-9.35							
Kankun	60.00 · 80.00	71.67	71.94	69.69	-0.28	2.84							
Gotukola	230.00 · 260.00	246.67	241.18	124.84	5.49	97.58							

This Week: Week 25: 20 - 26 Jun 2025
Last Week: Week 24: 13 - 19 Jun 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 25: 20 - 26 Jun 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	76.00 – 100.00	86.80
A'pura	127.00 – 130.00	128.20	Dambulla	390.00 – 420.00	406.00	Hambantota	–	
P'naruwa	135.00 – 137.00	135.80	Welimada	520.00 – 540.00	529.00	Embilipitiya	120.00 – 140.00	130.00
Kalawewa	125.00 – 130.00	128.00	Badulla	530.00 – 570.00	550.00	Matara	–	
Kurunegala	133.00 – 135.00	134.00	Carrot			A'pura	110.00 – 130.00	118.00
Dehiattakandiya	128.00 – 130.00	129.33	N'Elia	285.00 – 300.00	291.00	Luffa		
Nikaweratiya	130.00 – 135.00	132.20	Welimada	260.00 – 280.00	269.00	Dambulla	67.00 – 76.00	70.40
Ampara	135.00 – 140.00	137.50	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	160.00 – 180.00	171.25
A'pura	120.00 – 125.00	122.00	N'Elia	185.00 – 200.00	193.00	Matara	–	
P'naruwa	125.00 – 128.00	126.00	Welimada	170.00 – 180.00	175.00	A'pura	80.00 – 100.00	88.00
Kalawewa	118.00 – 125.00	121.20	Beetroot			Green Chillies		
Kurunegala	120.00 – 125.00	122.50	N'Elia	170.00 – 180.00	173.00	Dambulla	460.00 – 520.00	486.00
Dehiattakandiya	120.00 – 122.00	120.67	Dambulla	–		Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	670.00 – 700.00	685.00
Nikaweratiya	120.00 – 125.00	123.40	Welimada	170.00 – 200.00	181.00	Puttalam	523.00 – 570.00	546.50
Hambantota	–		Hanguranketha	–		A'pura	600.00 – 650.00	620.00
Ampara	100.00 – 115.00	108.33	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	110.00 – 120.00	115.00	Dambulla	90.00 – 100.00	93.00
Matara	105.00 – 112.00	108.00	Welimada	100.00 – 125.00	118.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	120.00 – 130.00	123.75
Embilipitiya	110.00 – 113.00	111.50	Raddish			Matara	70.00 – 75.00	71.67
Keeri Samba			N'Elia	45.00 – 55.00	50.00	A'pura	90.00 – 110.00	98.00
A'pura	140.00 – 146.00	142.40	Welimada	20.00 – 30.00	26.00	Moneragala	80.00 – 90.00	84.00
P'naruwa	148.00 – 150.00	149.00	Hambantota	–		Cucumber		
Kalawewa	140.00 – 145.00	142.40	Hanguranketha	–		A'pura	40.00 – 50.00	44.00
Kurunegala	138.00 – 142.00	140.00	Cabbage			Dambulla	45.00 – 48.00	46.20
Dehiattakandiya	143.00 – 145.00	143.67	N'Elia	190.00 – 200.00	193.00	Hambantota	–	
Red Onion			Welimada	150.00 – 170.00	161.00	Matara	30.00 – 35.00	33.33
Puttalam	–		Badulla	180.00 – 220.00	200.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	150.00 – 167.50	160.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	140.00 – 160.00	151.00	Embilipitiya	200.00 – 220.00	212.50
Kalawewa	–		Hambantota	–		Matara	140.00 – 160.00	150.00
A'pura	–		Dambulla	182.50 – 200.00	190.50	A'pura	180.00 – 200.00	188.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	235.00 – 245.00	241.00	Vegetable (Low Country)			Hambantota	–	
Badulla	230.00 – 265.00	248.33	Ladies Fingers			Embilipitiya	40.00 – 50.00	45.00
Welimada	240.00 – 255.00	248.00	A'pura	100.00 – 120.00	108.00	Matara	45.00 – 55.00	50.00
Pulses			Dambulla	90.00 – 100.00	96.00	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	80.00 – 100.00	90.00	Embilipitiya	200.00 – 220.00	207.50
Moneragala	500.00 – 550.00	520.00	Matara	80.00 – 90.00	86.67	Moneragala	170.00 – 200.00	182.00
Embilipitiya	570.00 – 580.00	575.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	500.00 – 600.00	550.00	A'pura	300.00 – 320.00	308.00	Banana		
A'pura	540.00 – 580.00	556.00	Dambulla	240.00 – 280.00	262.00	Ambul		
Cowpea			Hambantota	–		Moneragala	30.00 – 40.00	34.00
Hambantota	–		Embilipitiya	300.00 – 320.00	312.50	Embilipitiya	15.00 – 25.00	19.00
Nikaweratiya	500.00 – 550.00	516.67	Matara	240.00 – 260.00	250.00	Hambantota	–	
Moneragala	450.00 – 500.00	470.00	Welimada	250.00 – 270.00	259.00	Kolikuttu		
Embilipitiya	530.00 – 540.00	535.00	Capsicum			Moneragala	120.00 – 140.00	128.00
Maize			Badulla	280.00 – 350.00	316.67	Embilipitiya	100.00 – 140.00	122.00
A'pura	–		Welimada	320.00 – 330.00	323.75	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	360.00 – 400.00	376.00	Moneragala	60.00 – 70.00	64.00
A'pura	–		Dambulla	330.00 – 360.00	344.00	Embilipitiya	70.00 – 80.00	76.25
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	350.00 – 380.00	365.00	Pineapple		
A'pura	–		Matara	300.00 – 330.00	316.67	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 25: 20 - 26 Jun 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	250.00 - 260.00	250.00 - 250.00	250.00 - 260.00	250.00 - 250.00	260.00 - 260.00	-	250.00 - 260.00	260.00 - 260.00	250.00 - 260.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 300.00	280.00 - 280.00	300.00 - 300.00	280.00 - 280.00	320.00 - 320.00	310.00 - 310.00	290.00 - 320.00	290.00 - 290.00	280.00 - 290.00
Nadu 1	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	240.00 - 240.00	220.00 - 240.00	220.00 - 220.00	220.00 - 240.00
Raw (White)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	230.00 - 230.00	220.00 - 240.00	220.00 - 220.00	220.00 - 240.00
Imported									
Samba	240.00 - 250.00	250.00 - 250.00	250.00 - 255.00	240.00 - 240.00	250.00 - 260.00	-	250.00 - 260.00	240.00 - 240.00	260.00 - 260.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	-	220.00 - 220.00	-	-	220.00 - 220.00	230.00 - 230.00
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	900.00 - 900.00	780.00 - 900.00	800.00 - 800.00	700.00 - 900.00	900.00 - 900.00	800.00 - 900.00	700.00 - 800.00	750.00 - 900.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	600.00 - 600.00	600.00 - 680.00	-	-	480.00 - 480.00	-
Imported	420.00 - 430.00	520.00 - 600.00	400.00 - 500.00	520.00 - 520.00	400.00 - 480.00	480.00 - 520.00	450.00 - 600.00	440.00 - 480.00	400.00 - 480.00
<u>Big Onion</u>									
Imported	120.00 - 140.00	140.00 - 140.00	140.00 - 150.00	160.00 - 160.00	140.00 - 160.00	140.00 - 160.00	140.00 - 140.00	130.00 - 140.00	150.00 - 150.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	380.00 - 400.00	480.00 - 480.00	480.00 - 480.00	400.00 - 480.00	380.00 - 440.00	-	-	380.00 - 400.00	460.00 - 480.00
Imported	190.00 - 200.00	200.00 - 200.00	180.00 - 240.00	180.00 - 200.00	180.00 - 240.00	200.00 - 200.00	180.00 - 200.00	180.00 - 200.00	200.00 - 240.00
<u>Pulses</u>									
Green Gram	800.00 - 850.00	840.00 - 840.00	800.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	820.00 - 820.00	800.00 - 900.00	800.00 - 800.00	900.00 - 1000.00
Cowpea (White)	750.00 - 800.00	840.00 - 840.00	800.00 - 900.00	900.00 - 1000.00	880.00 - 1000.00	-	750.00 - 750.00	750.00 - 750.00	1000.00 - 1000.00
Cowpea (Red)	750.00 - 900.00	840.00 - 840.00	800.00 - 900.00	1000.00 - 1000.00	1000.00 - 1000.00	800.00 - 800.00	750.00 - 900.00	750.00 - 750.00	1000.00 - 1000.00
Red Dhal	270.00 - 280.00	280.00 - 320.00	280.00 - 300.00	300.00 - 320.00	290.00 - 320.00	280.00 - 280.00	270.00 - 280.00	270.00 - 280.00	280.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 25: 20 - 26 Jun 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	600.00 - 750.00	800.00 - 800.00	650.00 - 720.00	720.00 - 800.00	720.00 - 800.00	680.00 - 700.00	600.00 - 700.00	700.00 - 800.00	800.00 - 800.00
Carrot	360.00 - 400.00	500.00 - 520.00	450.00 - 520.00	560.00 - 600.00	450.00 - 480.00	500.00 - 560.00	360.00 - 450.00	600.00 - 650.00	500.00 - 600.00
Leeks	300.00 - 320.00	500.00 - 560.00	450.00 - 480.00	550.00 - 560.00	500.00 - 550.00	360.00 - 400.00	340.00 - 400.00	400.00 - 450.00	400.00 - 450.00
Beetroot	300.00 - 360.00	520.00 - 560.00	480.00 - 520.00	560.00 - 560.00	350.00 - 400.00	400.00 - 420.00	300.00 - 400.00	450.00 - 560.00	520.00 - 560.00
Knolkhol	280.00 - 300.00	400.00 - 420.00	350.00 - 400.00	450.00 - 450.00	360.00 - 400.00	400.00 - 400.00	260.00 - 300.00	400.00 - 450.00	320.00 - 450.00
Raddish	160.00 - 180.00	300.00 - 320.00	280.00 - 300.00	360.00 - 360.00	360.00 - 360.00	240.00 - 260.00	180.00 - 240.00	230.00 - 240.00	220.00 - 240.00
Cabbage	320.00 - 350.00	460.00 - 560.00	450.00 - 520.00	560.00 - 560.00	240.00 - 260.00	400.00 - 400.00	300.00 - 450.00	450.00 - 500.00	550.00 - 560.00
Tomato	350.00 - 360.00	520.00 - 560.00	380.00 - 400.00	550.00 - 560.00	400.00 - 400.00	400.00 - 450.00	300.00 - 400.00	450.00 - 480.00	400.00 - 480.00
Ladies Fingers	280.00 - 300.00	320.00 - 320.00	260.00 - 280.00	320.00 - 320.00	240.00 - 280.00	240.00 - 280.00	180.00 - 200.00	280.00 - 320.00	240.00 - 320.00
Brinjal	340.00 - 400.00	560.00 - 600.00	560.00 - 600.00	560.00 - 600.00	400.00 - 520.00	400.00 - 420.00	400.00 - 450.00	480.00 - 560.00	500.00 - 600.00
Capsicum	500.00 - 550.00	680.00 - 800.00	750.00 - 800.00	800.00 - 800.00	650.00 - 700.00	650.00 - 680.00	550.00 - 600.00	800.00 - 800.00	720.00 - 800.00
Pumpkin	150.00 - 160.00	230.00 - 280.00	260.00 - 280.00	280.00 - 280.00	240.00 - 280.00	260.00 - 280.00	160.00 - 180.00	240.00 - 280.00	240.00 - 280.00
Cucumber	100.00 - 110.00	240.00 - 260.00	180.00 - 200.00	260.00 - 260.00	160.00 - 200.00	160.00 - 180.00	140.00 - 160.00	220.00 - 240.00	200.00 - 220.00
Bitter Gourd	450.00 - 460.00	550.00 - 600.00	560.00 - 600.00	560.00 - 600.00	450.00 - 500.00	450.00 - 450.00	460.00 - 500.00	530.00 - 600.00	550.00 - 600.00
Snake Gourd	200.00 - 220.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	340.00 - 360.00	-	200.00 - 240.00	320.00 - 320.00	360.00 - 400.00
Drumstick	900.00 - 1000.00	1000.00 - 1200.00	900.00 - 1000.00	960.00 - 1000.00	1100.00 - 1200.00	1100.00 - 1200.00	900.00 - 1200.00	1200.00 - 1200.00	900.00 - 1000.00
Luffa	240.00 - 250.00	400.00 - 400.00	300.00 - 320.00	400.00 - 400.00	300.00 - 340.00	260.00 - 280.00	200.00 - 240.00	240.00 - 340.00	360.00 - 420.00
Long Beans	350.00 - 360.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	350.00 - 400.00	-	280.00 - 300.00	350.00 - 400.00	340.00 - 400.00
Ash Plantain	120.00 - 140.00	280.00 - 280.00	280.00 - 280.00	280.00 - 280.00	240.00 - 260.00	230.00 - 240.00	140.00 - 150.00	230.00 - 240.00	200.00 - 280.00
Green Chillies	650.00 - 700.00	1000.00 - 1000.00	750.00 - 800.00	800.00 - 800.00	800.00 - 1000.00	900.00 - 1000.00	700.00 - 800.00	800.00 - 800.00	800.00 - 850.00
Lime	560.00 - 600.00	600.00 - 600.00	550.00 - 600.00	750.00 - 800.00	800.00 - 800.00	800.00 - 800.00	450.00 - 500.00	600.00 - 800.00	800.00 - 800.00
<u>Root Crops</u>									
Sweet Potato	320.00 - 340.00	320.00 - 320.00	300.00 - 320.00	360.00 - 360.00	320.00 - 340.00	260.00 - 260.00	220.00 - 240.00	320.00 - 360.00	320.00 - 320.00
Manioc	180.00 - 200.00	220.00 - 230.00	200.00 - 230.00	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00	180.00 - 220.00	200.00 - 220.00	180.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 70.00	70.00 - 80.00	60.00 - 70.00	70.00 - 80.00	70.00 - 70.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 70.00	70.00 - 80.00	60.00 - 70.00	70.00 - 80.00	70.00 - 70.00
Gotukola	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	260.00 - 260.00	230.00 - 240.00	230.00 - 240.00	-
<u>Coconut</u>									
Large	185.00 - 190.00	200.00 - 205.00	200.00 - 205.00	200.00 - 205.00	195.00 - 200.00	200.00 - 200.00	200.00 - 205.00	200.00 - 205.00	200.00 - 205.00
Small	160.00 - 170.00	190.00 - 190.00	185.00 - 190.00	190.00 - 190.00	180.00 - 185.00	185.00 - 190.00	180.00 - 190.00	180.00 - 190.00	180.00 - 190.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 25: 20 - 26 Jun 2025

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	100.00	-	150.00	180.00	-	180.00	160.00	-	180.00	160.00	-	180.00	150.00	-	170.00	150.00	-	180.00	100.00	-	140.00	100.00	-	130.00	100.00	-	140.00
Kolikuttu (Rs/Kg)	250.00	-	300.00	330.00	-	350.00	340.00	-	350.00	280.00	-	350.00	300.00	-	350.00	250.00	-	300.00	250.00	-	300.00	250.00	-	330.00	250.00	-	280.00
Seeni (Rs/Kg)	120.00	-	150.00	200.00	-	200.00	180.00	-	200.00	160.00	-	200.00	150.00	-	200.00	150.00	-	180.00	120.00	-	160.00	140.00	-	160.00	130.00	-	150.00
Anamalu	36.00	-	43.00	42.00	-	46.00	36.00	-	43.00	42.00	-	45.00	43.00	-	46.00	36.00	-	40.00	36.00	-	43.00	43.00	-	43.00	36.00	-	48.00
Ambun	45.00	-	60.00	64.00	-	65.00	56.00	-	60.00	60.00	-	65.00	60.00	-	65.00	50.00	-	56.00	50.00	-	60.00	50.00	-	60.00	50.00	-	60.00
<u>Pineapple</u>																											
Large	500.00	-	510.00	600.00	-	600.00	560.00	-	560.00	650.00	-	650.00	580.00	-	600.00	400.00	-	400.00	400.00	-	400.00	630.00	-	650.00	630.00	-	650.00
Medium	400.00	-	420.00	480.00	-	480.00	450.00	-	450.00	500.00	-	500.00	450.00	-	500.00	320.00	-	320.00	300.00	-	300.00	400.00	-	500.00	400.00	-	500.00
Small	320.00	-	330.00		-			-		420.00	-	420.00	380.00	-	400.00		-		240.00	-	240.00	370.00	-	380.00	380.00	-	390.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	300.00	-	330.00	330.00	-	400.00	300.00	-	300.00	400.00	-	400.00	300.00	-	330.00		-			-		230.00	-	230.00	230.00	-	230.00
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	180.00	-	220.00	320.00	-	400.00	400.00	-	400.00	280.00	-	300.00	260.00	-	260.00	200.00	-	200.00		-		330.00	-	400.00	240.00	-	260.00
Orange	120.00	-	140.00	160.00	-	200.00		-		160.00	-	200.00	160.00	-	180.00		-			-		120.00	-	120.00	140.00	-	160.00
Avocado	140.00	-	170.00	230.00	-	230.00	170.00	-	200.00	200.00	-	230.00	200.00	-	230.00	140.00	-	140.00	130.00	-	130.00	170.00	-	200.00	130.00	-	130.00
Slime Apple	60.00	-	70.00	120.00	-	120.00	100.00	-	100.00	120.00	-	120.00	80.00	-	80.00	70.00	-	70.00	60.00	-	60.00	80.00	-	100.00	80.00	-	100.00
Grapes (Rs/Kg)	2000.00	-	2200.00	2800.00	-	2800.00	2200.00	-	2600.00	2500.00	-	2800.00	2200.00	-	2600.00	2200.00	-	2200.00	2000.00	-	2000.00	2400.00	-	2800.00	2000.00	-	2000.00
Papaw (Rs/Kg)	130.00	-	180.00	200.00	-	250.00		-		200.00	-	200.00	150.00	-	200.00	200.00	-	220.00	150.00	-	180.00	200.00	-	200.00	120.00	-	150.00
Passion	60.00	-	90.00	100.00	-	100.00	70.00	-	70.00	100.00	-	100.00	80.00	-	100.00	60.00	-	60.00	60.00	-	70.00	70.00	-	75.00	70.00	-	80.00
King Coconut	150.00	-	200.00	180.00	-	200.00	180.00	-	200.00	200.00	-	200.00	180.00	-	180.00	200.00	-	200.00	180.00	-	180.00	150.00	-	180.00	150.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 25: 20 - 26 Jun 2025
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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	700.00 - 750.00	800.00 - 800.00	800.00 - 800.00	800.00 - 800.00	880.00 - 880.00	800.00 - 880.00	800.00 - 800.00	800.00 - 880.00	880.00 - 880.00
Hurulla	1300.00 - 1440.00	-	-	-	-	-	1200.00 - 1500.00	-	1300.00 - 1500.00
Balaya	1200.00 - 1300.00	2400.00 - 2400.00	2000.00 - 2000.00	2000.00 - 2000.00	-	-	-	-	-
Kelawalla	1600.00 - 1700.00	2800.00 - 2800.00	2400.00 - 2800.00	2400.00 - 2400.00	2900.00 - 2900.00	2000.00 - 2400.00	2000.00 - 2200.00	2600.00 - 2600.00	2000.00 - 2200.00
Thora	3600.00 - 3800.00	4400.00 - 4400.00	4000.00 - 4000.00	4000.00 - 4000.00	-	3800.00 - 3800.00	-	3800.00 - 3800.00	-
Paraw	1600.00 - 1800.00	2800.00 - 2800.00	2400.00 - 2400.00	2400.00 - 2400.00	-	2600.00 - 2600.00	2000.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2400.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1600.00 - 1800.00	2000.00 - 2000.00	2000.00 - 2400.00	2000.00 - 2200.00	2300.00 - 2300.00	2000.00 - 2200.00	2200.00 - 2400.00	2200.00 - 2400.00	2000.00 - 2400.00
Talapath	2600.00 - 2700.00	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	3500.00 - 3500.00	3000.00 - 3000.00	2700.00 - 3000.00	3200.00 - 3400.00	3200.00 - 3200.00
<u>Eggs (Rs/egg)</u>									
Brown	36.00 - 36.00	37.00 - 37.00	36.00 - 36.00	40.00 - 40.00	36.00 - 36.00	37.00 - 37.00	36.00 - 36.00	36.00 - 36.00	36.00 - 37.00
White	33.00 - 33.00	35.00 - 35.00	34.00 - 34.00	37.00 - 37.00	35.00 - 35.00	35.00 - 35.00	33.00 - 34.00	34.00 - 35.00	35.00 - 36.00
<u>Dried Fish</u>									
Sprats	-	1800.00 - 2100.00	2200.00 - 2200.00	2400.00 - 2400.00	-	-	-	-	2400.00 - 2400.00
Kattawa	2400.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	2800.00 - 2800.00	2400.00 - 2400.00	2600.00 - 2600.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00 - 2600.00	2400.00 - 2600.00	3000.00 - 3000.00	2800.00 - 2800.00	2800.00 - 3000.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2600.00
Balaya	2000.00 - 2000.00	2400.00 - 2400.00	2200.00 - 2400.00	-	2000.00 - 2000.00	2200.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2200.00	-
Anguluwa	2400.00 - 2400.00	2500.00 - 2500.00	-	2600.00 - 2600.00	-	-	-	-	2400.00 - 2400.00
Salaya	1400.00 - 1400.00	1300.00 - 1500.00	-	1500.00 - 1500.00	-	-	-	1300.00 - 1500.00	-
<u>Meat</u>									
Beef (without Bones)	2800.00 - 2800.00	2800.00 - 2800.00	2800.00 - 2800.00	2700.00 - 2700.00	2800.00 - 2800.00	-	2600.00 - 2600.00	-	-
Chicken (Broiler)	1300.00 - 1400.00	1430.00 - 1430.00	1340.00 - 1340.00	1340.00 - 1340.00	1400.00 - 1400.00	1350.00 - 1350.00	1350.00 - 1350.00	1350.00 - 1370.00	1400.00 - 1400.00
Chicken (Curry)	1200.00 - 1200.00	-	1200.00 - 1200.00	1340.00 - 1340.00	1200.00 - 1200.00	1150.00 - 1150.00	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00
Mutton	3800.00 - 3800.00	3800.00 - 3800.00	3900.00 - 3900.00	3950.00 - 3950.00	3800.00 - 3800.00	3800.00 - 3800.00	3600.00 - 3600.00	3800.00 - 3800.00	4000.00 - 4000.00
Pork	2200.00 - 2200.00	2600.00 - 2600.00	-	2500.00 - 2500.00	-	-	-	2200.00 - 2200.00	2200.00 - 2200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

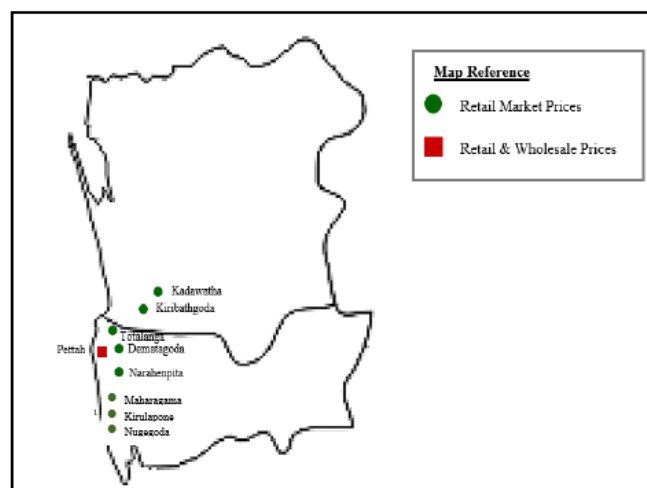
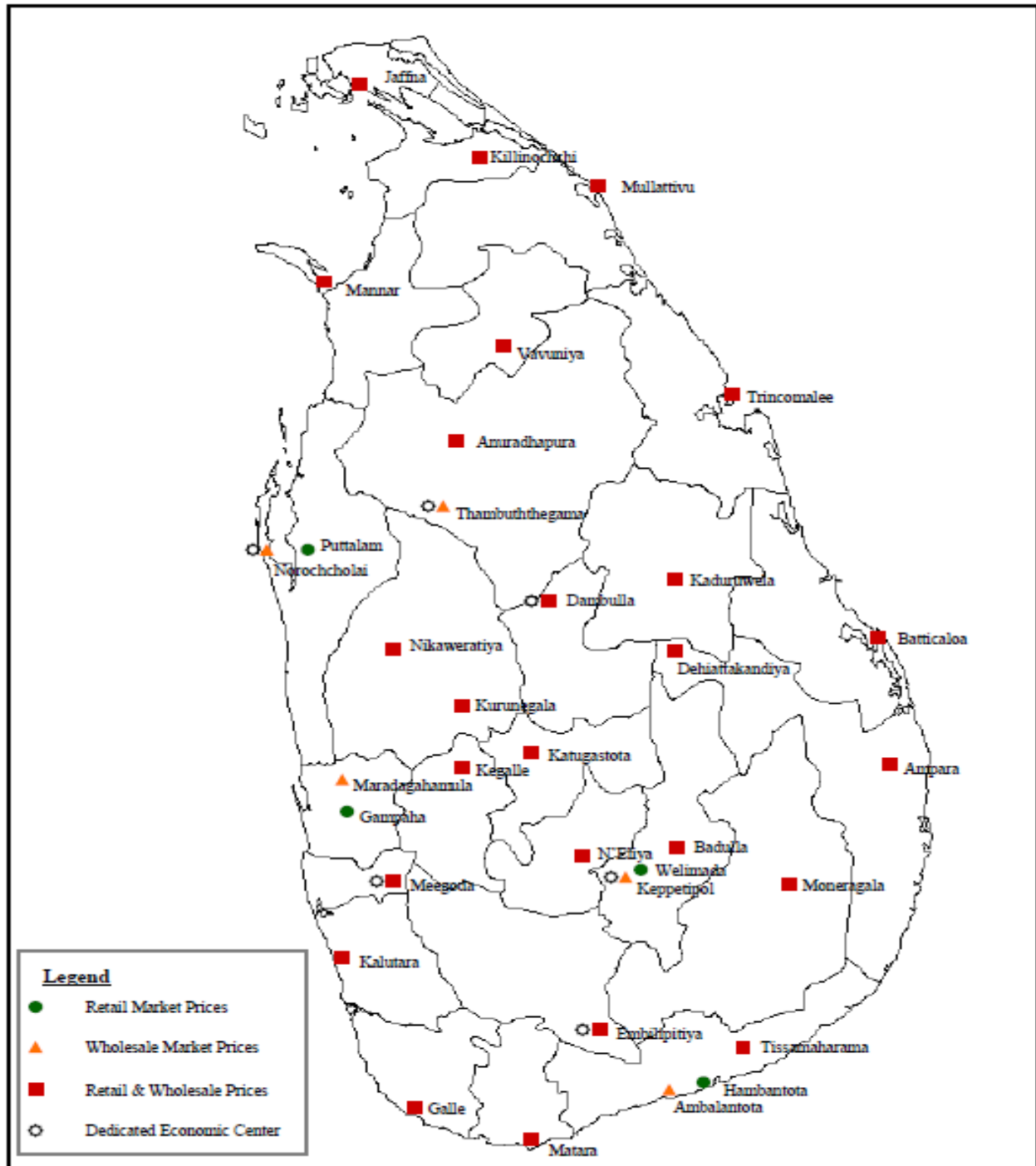
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චිළවිඛි තොග මිල, ජංගම දුරකථනයෙන්
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