

RETAIL MARKET AT A GLANCE

Summary

Rice/ Paddy

Retail prices of all the local rice varieties have increased by less than Rs.3.00/kg. Prices ranged between Rs.260.00-320.00/kg for *keeri samba*, Rs.250.00-260.00/kg for *samba grade I*, Rs.230.00-250.00/kg for *nadu grade I* and Rs.220.00-240.00/kg for *raw red* and *raw white* rice in Colombo and suburb markets.

(Page No.01-02)

Other Field Crops

Stocks of only imported red onion and big onion were available in the market. Price of red onion has increased while the price of big onion has decreased. Prices ranged between Rs.400.00-600.00/kg for red onion and Rs.120.00-160.00/kg for big onion in Colombo and suburb markets. Prices of local and imported potatoes have decreased. Further, the prices of white cowpea and red cowpea ranged between Rs.700.00-1,000.00/kg and the price of green gram ranged between Rs.800.00-1,000.00/kg.

(Page No.02-03)

Vegetables

Retail prices of most of the vegetables have increased. Considering the up-country varieties, the highest price increase was reported for beans, followed by leeks. Considering the low country varieties, the highest price increase was reported for drumstick, followed by brinjal.

(Page No.04-05)

Fruits

Prices of most of the fruit varieties have increased with the highest price increase recorded for pineapple (Rs.60.00/kg for large fruit).

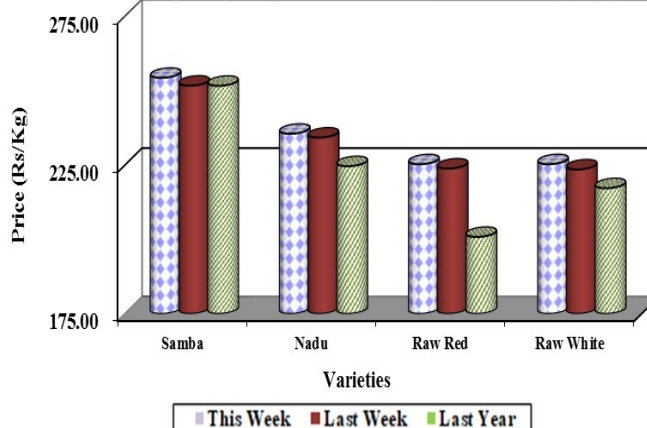
(Page No.05-06)

Fish

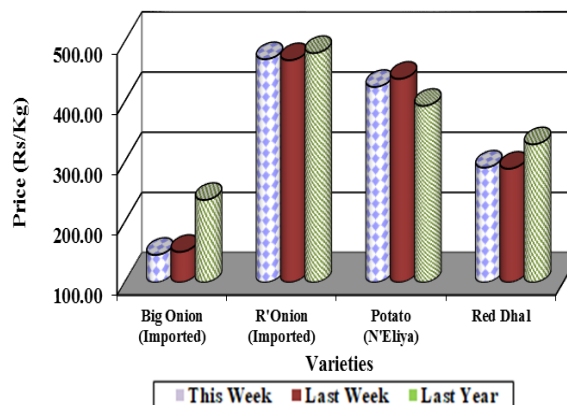
Retail prices of all the fish varieties except for *kelawalla* and *paraw* have increased with the highest price increase recorded for *balaya*.

(Page No.06)

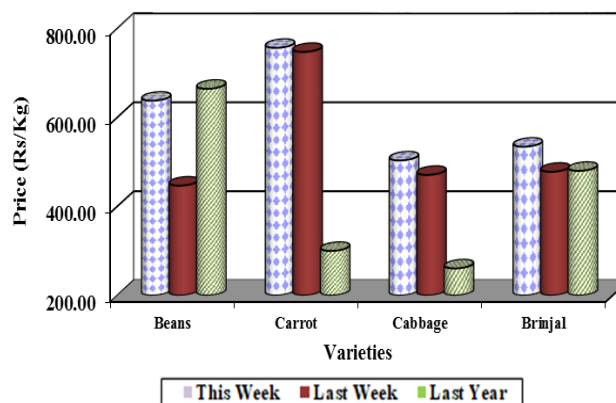
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Prices of all rice varieties have not changed significantly. Price ranged of raw red and raw white were Rs.210.00-220.00/kg.

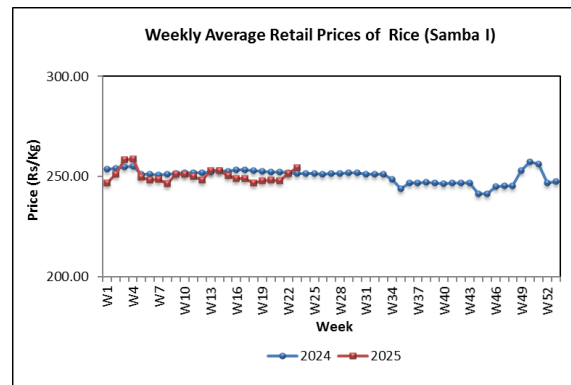
Imported rice varieties were available at the market under the following price ranges

- Imported ponni samba- Rs.230.00-240.00/kg
- Imported raw white - Rs.205.00-210.00/kg.

Compared to same period of last year, most of the rice varieties have increased with the highest price of 16% for raw red. Prices of keeri samba and imported ponni samba have decreased by 10% and 12% respectively.

Retail

Prices of all types of rice varieties expect for, imported samba have increased slightly. The highest price increase of Rs.5.00/kg was observed for imported nadu. Price of local samba grade I has increased by Rs.3.00/kg while other local varieties have increased around Rs.1.00/kg.



Compared to the same period of last year, the highest price increase of 12% was recorded for local raw red and highest price decreased of 21% was recorded for keeri samba.

Paddy

The slight price decrease for major paddy varieties was observed in few major producing areas in this week. Accordingly, price decrease of Rs.1.00-2.00/kg was reported for short grain (samba) paddy in Kalawewa, Nikaweratiya and Ampara areas. Further, it was reported Rs. 2.00/kg price decrease for keeri samba paddy in Dehiattakandiya area. The prices for short grain paddy ranged Rs.129.00-141.00/kg and Rs.140-155.00/kg reported keeri samba. Further, the price decrease of Rs.1.00-3.00/kg was reported for long grain (white) paddy in all the producing areas and its prices ranged Rs.120.0-131.00/kg. Subsequently, the average price for long grain (red) paddy have decreased by Rs.3.00/kg and Rs.4.00/kg in Matara

and Embilipitiya areas respectively and price ranged Rs.120.00-125.00/kg.

Compared to the same period of last year, the average farmgate prices of all the major paddy varieties have increased by 4%-14%.

Dried Chilies

Wholesale

Price of imported dried chilies has not changed significantly and price ranged Rs.500.00-550.00/kg.

Compared to same period of last year, current wholesale price of imported dried chilies has decreased by 32%.

Retail

Price of imported dried chilies has decreased by Rs.2.00/kg and price ranged Rs.650.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 27%.

Onion

Wholesale

Price of imported red onion has increased by 5% due to unavailability of sufficient stocks and price ranged Rs.330.00-390.00/kg. Sinan red onion was also

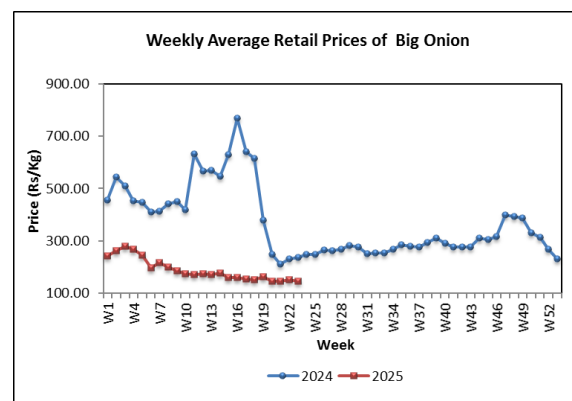
available at the market and price ranged Rs.200.00-250.00/kg. Price of imported big onion has decreased by 3% and price ranged Rs.70.00-110.00/kg.

Compared to same period of last year current wholesale prices of imported red onion and imported big onion varieties have decreased by 2% and 52% respectively.

Retail

Price of imported red onion has increased by Rs.2.00/kg and price ranged Rs.400.00-600.00/kg. Local red onion varieties were not available at most of retail markets. The retail price of imported big onion has decreased by Rs.5.00/kg and price ranged Rs.120.00- 160.00/kg.

Compared to the same period of last year, the current retail prices of both imported big onion and imported red onion have decreased by 39% and 2% respectively.



Potato

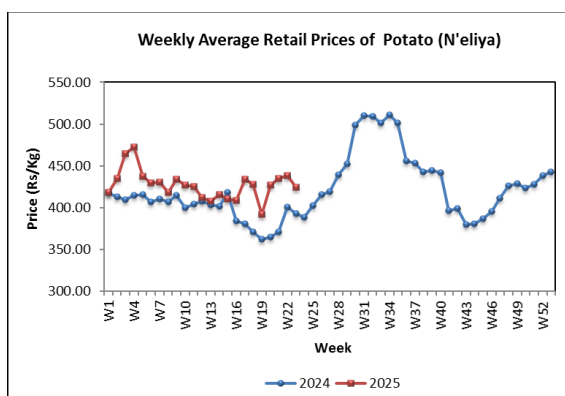
Wholesale

Price of Nuwara Eliya and imported potatoes have decreased by 24% and 7% due to availability of sufficient stocks and price ranged Rs.240.00-290.00/kg for Nuwara Eliya potato and Rs.135.00-180/kg for imported potatoes.

Compared to same period of last year, current wholesale price of Nuwara Eliya potato has increased by 3% while price of imported potato has decreased by 9%.

Retail

Price of both Nuwara Eliya and imported potatoes have decreased by Rs.14.00/kg and Rs.12.00/kg respectively. Price ranged Rs.360.00-480.00/kg for local potato and Rs.180.00-240.00/kg for imported potato.



Compared to the same period of last year, the retail prices of Nuwara Eliya and

imported potatoes have increased by 8% and 3% respectively.

Pulses

Wholesale

Price of green gram and red cowpea have decreased by 8% and 5% respectively due to availability of sufficient stocks and price ranged Rs.650.00-800.00/kg for both varieties. Prices of white cowpea, and red dhal have not changed significantly and price ranged Rs.650.00-700.00/kg and Rs.250.00-255.00/kg respectively.

Compared to same period of last year current wholesale prices of all pulses varieties have decreased in the range of 7%-32%.

Retail

The retail price of green gram, white cowpea, and red cowpea have decreased by Rs.23.00/kg, Rs.16.00/kg and Rs.38.00/kg respectively. The retail price of red dhal has increased slightly by Rs.2.00/kg and price ranged Rs.270.00-320.00/kg.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased with the highest price decreased of 37% was recorded for green gram.

Vegetable

Wholesale

Prices of most of the upcountry vegetables have increased due to limited supply from main producing areas while prices of most of the low country vegetables have decreased.

Accordingly, the highest price increase was reported for leeks as 38%, followed by green beans as 33%. Prices of cabbage and knolkhol have increased by 14% and 10% respectively and price of carrot has increased slightly by 2%. However, the prices of beetroot and raddish have decreased by 8% and 7% respectively with availability of Puttalam stocks. Price of tomatoes has increased by 3% while the price of capsicum has decreased by 5%.

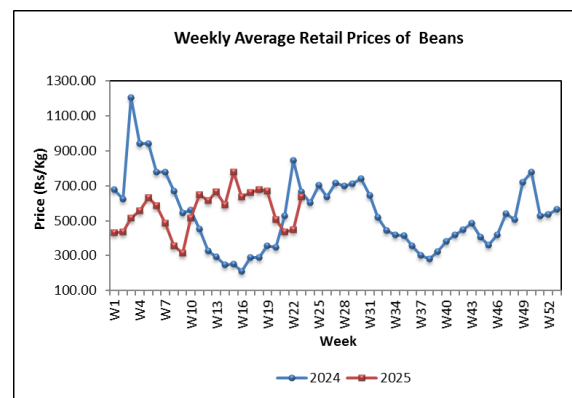
Considering low-country vegetables, most of the vegetable varieties experienced price decrease with availability of stocks from Embilipitiya, Dambulla, Weerawila and Rajanganaya areas. Particularly, the highest price decrease reported for snake gourd as 16%, followed by brinjal as 8%. Prices of pumpkin, luffa, long beans and bitter gourd have decreased in the range of 2%-5%. However, prices of ladies fingers, cucumber and ash plantain have increased in the range of 24%- 32%. The price of drumsticks has increased slightly. In addition, the price of green chilies has

increased by 29%, and price of lime has increased by 1%.

Compared to the previous year, prices of most vegetable varieties have decreased, with lime reported the highest as 70%.

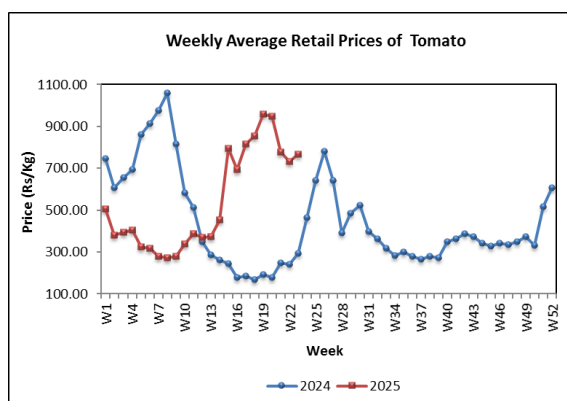
Retail

Prices of most vegetables have increased. Considering up-country vegetables, the highest price increase was reported for beans as Rs.191.00/kg. followed by Rs.54.00/kg for leeks.



Considering the low-country vegetable varieties, the highest price increase was reported for drumstick at Rs.238.00/kg. followed by Rs.84.00/kg for green chilies. However, the capsicum price has dropped by Rs.14.00/kg.

Compared to the same period of last year, prices of most varieties have increased, with the highest price increase of 160% was reported for tomato.



Coconut

Wholesale

Prices of both large and small nuts have increased by 1%. Price ranged were Rs.175.00-195.00 for a large nut and Rs.155.00-165.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 72% and 77% respectively.

Retail

Prices of large and small nuts have decreased by Rs.5.00/nut and Rs.3.00/nut, respectively. Price ranged Rs.195.00-230.00 for a large nut and Rs.180.00-200.00 for a small nut.

Compared to the same period of last year, current retail prices of large and small nuts have increased by 83% and 107% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have increased due to limited supply. The highest price increase was reported as 51% for local orange. Due to insufficient stocks at the end of the week, prices of all sizes of pineapples have increased by 29%-32%. Price of avocado has increased by 24% due to availability of good quality stocks. A price increase of 1%-23% was reported for all banana varieties, while the price of king coconut has also increased by 14%.

Compared to the same period of last year, wholesale prices of most of fruits have increased with the highest price increase was noted for avocado.

Retail

In line with the increased wholesale prices, retail prices of most of the fruits have also increased. The highest price increase was reported pineapples. Prices of all the sizes of pineapple have increased in the range of Rs.28.00-60.00/kg. Price of imported grapes and wood apple have increased by Rs.39.00/kg and Rs.16.00/fruit respectively. However, the price of avocado has decreased by Rs.10.00/fruit.

Compared to the same period of last year, current prices of most of the fruits have increased and the highest price increases was reported for avocado as 85%.

Fresh Fish

Wholesale

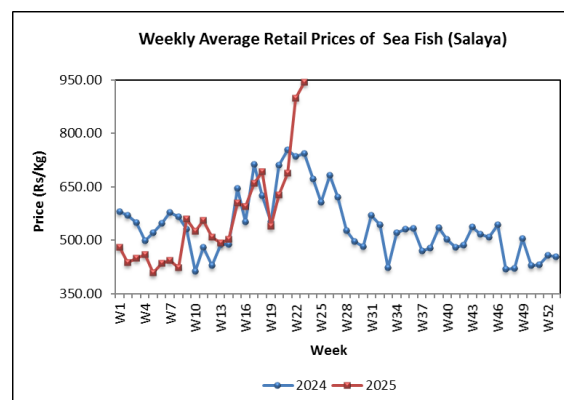
Prices of most of the fresh fish varieties have increased. The highest price increase was recorded for shrimps by 7%. Price increase of thalaph and salaya have recorded as 7% and 6% respectively. While, the highest price decrease was recorded for hurulla by 17%. The second highest price decrease was recorded for paraw by 10%. Price decrease of kelawalla and balaya have recorded as 8% and 5% respectively.

Compared to the same period of last year, prices of all the fish varieties except paraw and shrimps have increased and the highest price increase was recorded for salaya by 30%.

Retail

Prices of all the fish varieties except kelawalla and paraw have increased and the highest price increase was recorded for balaya by Rs.86.00/kg. Price increase of thora and salaya have recorded as Rs.50.00/kg and Rs.44.00/kg respectively.

However, the highest price decrease was recorded for paraw by Rs.430.00/k and the second highest price decrease was recorded for kelawalla by Rs.144.00/kg.



Compared to the same period of last year, the prices of all the fish varieties except thalaph and paraw have increased and the highest price increase was recorded for salaya by 27%.

Dried Fish

Wholesale

The prices of all dry fish varieties have increased and the highest price increase was recorded for imported sprats by 47%. Price of balaya has increased by 22%. Price increase of salaya and local sprats have recorded as 14%. and 11%. respectively.

Compared to the same period of last year, all dry fish types have increased and the highest price increase was recorded for balaya by 85%.

Retail

Prices of all dry fish varieties except anguluwa have increased and the highest price increase was recorded for imported sprats by Rs.124.00/kg. Price increase of local sprats and balaya have recorded as Rs.104.00/kg and Rs.113.00/kg respectively. While the price of anguluwa has decreased by Rs.122.00/kg.

Compared to the same period of last year, all the dry fish types except imported sprats have increased and the highest price increase was recorded for salaya by 28%.

Eggs

Wholesale

Prices of both brown and white eggs have increased by 5% and 6% respectively and the price range of Rs.32.00-33.00 for white egg and the price range of a brown egg has recorded as Rs.34.00-36.00.

Compared to the same period of last year, prices of both egg varieties have decreased in the range of 27%-28%.

Retail

Prices of both brown and white egg have increased by about Rs.2.00/egg and the price ranged Rs.33.00-37.00 for white egg and the price range of a brown egg has

recorded as Rs.35.00-39.00. The average retail price of the white and brown egg types has recorded as Rs.35.00 and Rs.37.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased by 27%.

Meat

Retail

Prices of all meat types have increased and the highest price increase was recorded for Pork by Rs.100.00/kg. Price increase of broiler and curry chicken have recorded as Rs.47.00/kg and Rs.2.00/kg respectively. Price increase of beef and mutton have recorded as Rs.29.00/kg and Rs.20.00/kg respectively.

Compared to the same period of last year, prices of all the meat types except for curry chicken have increased and the highest price increase was recorded for Pork by 58%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 23: 06 - 12 Jun 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12000 –	12500	11750 –	11900	12500 –	15000	11250 –	11500	11000 –	11100	10500 –	11000	10500 –	11000
	Divulapitiya	12000 –	12250	11850 –	11950	13450 –	13750	11400 –	11500	11100 –	11200	10500 –	10700	10500 –	10700
	Kurunegala	12000 –	12000	11950 –	11950	13500 –	13750	11350 –	11350	11100 –	11200	10750 –	10750	10500 –	10700
	Nikaweratiya	–		11750 –	11900	12850 –	15000	11350 –	11400	10900 –	11100	–		10500 –	10650
	Badulla	–		–		13900 –	14500	11400 –	11500	–		10400 –	10400	10400 –	10600
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	12500 –	12650	11750 –	12000	–		11350 –	11400	11100 –	11150	10750 –	10800	10700 –	10750
	Anuradhapura	12250 –	12500	11750 –	11800	14500 –	15000	11300 –	11400	–		10750 –	10850	10500 –	10750
	Tambuttegama	12000 –	12350	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
	Polonnaruwa	–		11900 –	11900	13100 –	15350	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12750 –	13000	–		15000 –	15600	11250 –	11300	–		10500 –	10750	10600 –	10800
	Ampara	–		–		13000 –	13000	11500 –	11500	–		10400 –	10500	10250 –	10500
	Kandy	12250 –	12500	11750 –	12000	14250 –	15000	11400 –	11500	11000 –	11100	10750 –	10900	10750 –	10900
	Moneragala	–		11500 –	11500	14500 –	15000	11250 –	11500	–		10000 –	10250	10250 –	10250
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	13000 –	13000	–		15000 –	15250	11400 –	11400	–		10900 –	10900	10600 –	10900
	Hambantota	–		–		–		–		–		–		–	
	Matara	12000 –	12250	–		14000 –	14250	11400 –	11480	–		10250 –	10400	10350 –	10500
	Galle	–		11750 –	11900	14750 –	15500	11250 –	11350	11000 –	11000	10500 –	10850	10500 –	10850
	Meegoda	–		11800 –	11950	13000 –	13950	–		11100 –	11250	10200 –	10500	10250 –	10500
	Tissamaharama	–		11500 –	11750	–		–		10900 –	11000	9750 –	9750	10000 –	10250
	Embilipitiya	–		11850 –	11900	–		–		10950 –	11100	9750 –	10100	10300 –	10400
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	–		–		–		–		–		–		–	
	Mannar	–		–		14000 –	14000	11950 –	12000	–		–		–	
	Killinochchi	12100 –	12300	–		14000 –	14250	11500 –	11750	–		10500 –	10750	10750 –	10900
	Mullattivu	12000 –	12300	–		13500 –	13750	11400 –	11600	–		10800 –	11000	11000 –	11150
	Batticaloa	12400 –	12500	–		–		11400 –	11400	11000 –	11100	10500 –	10600	10500 –	10750
Trincomalee	–		–		12800 –	13000	11250 –	11250	11200 –	11200	10600 –	10750	10800 –	11000	
Galenbindunuwew	–		11700 –	11800	12700 –	12800	11250 –	11250	11200 –	11200	10600 –	10750	10650 –	10750	
Matale	12000 –	12500	11750 –	11900	14250 –	14500	11250 –	11500	10900 –	11000	10750 –	10850	10500 –	10750	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 23: 06 - 12 Jun 2025

10

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	250.00	260.00	-		260.00	320.00	230.00	250.00	-		220.00	240.00	220.00	240.00
Gampaha	-		240.00	243.00	270.00	270.00	233.00	233.00	230.00	230.00	220.00	220.00	220.00	220.00
Kurunegala	-		240.00	245.00	280.00	290.00	230.00	230.00	230.00	230.00	220.00	220.00	220.00	220.00
Nikaweratiya	-		240.00	240.00	260.00	310.00	230.00	235.00	220.00	225.00	-		210.00	220.00
Dambulla	260.00	265.00	240.00	245.00	300.00	310.00	228.00	230.00	225.00	226.00	218.00	220.00	218.00	220.00
Anuradhapura	250.00	260.00	240.00	240.00	300.00	310.00	230.00	230.00	-		220.00	220.00	215.00	220.00
Thambuththegama	245.00	255.00	-		260.00	310.00	230.00	230.00	-		220.00	220.00	218.00	220.00
Polonnaruwa	-		240.00	240.00	265.00	310.00	230.00	230.00	226.00	228.00	220.00	220.00	220.00	220.00
Kaluthara	260.00	270.00	-		315.00	320.00	230.00	230.00	-		218.00	220.00	215.00	220.00
Badulla	-		-		300.00	300.00	-		230.00	230.00	215.00	220.00	210.00	220.00
Keppetipola	245.00	250.00	-		290.00	300.00	-		226.00	228.00	210.00	212.00	215.00	218.00
Moneragala	-		240.00	240.00	300.00	320.00	240.00	240.00	230.00	230.00	205.00	215.00	205.00	215.00
Kegalle	275.00	280.00	240.00	240.00	300.00	320.00	230.00	230.00	225.00	230.00	220.00	240.00	220.00	220.00
Ampara	-		240.00	240.00	260.00	260.00	230.00	230.00	220.00	220.00	215.00	220.00	205.00	220.00
Dehiattakandiya	265.00	265.00	-		310.00	310.00	230.00	230.00	-		220.00	220.00	220.00	220.00
Nuwaraeliya	245.00	250.00	-		295.00	310.00	-		225.00	228.00	215.00	218.00	216.00	220.00
Kandy	260.00	265.00	240.00	245.00	300.00	320.00	235.00	240.00	225.00	228.00	220.00	225.00	218.00	220.00
Puttalam	260.00	265.00	240.00	240.00	260.00	270.00	235.00	235.00	225.00	225.00	240.00	240.00	230.00	240.00
Hambantota	-		-		-		-		-		-		-	
Rathnapura	260.00	270.00	-		300.00	320.00	240.00	250.00	-		215.00	220.00	220.00	230.00
Matara	250.00	250.00	245.00	245.00	275.00	300.00	235.00	240.00	-		208.00	220.00	215.00	220.00
Galle	250.00	250.00	240.00	240.00	280.00	320.00	-		230.00	230.00	220.00	220.00	220.00	220.00
Tissamaharama	245.00	248.00	240.00	240.00	260.00	268.00	230.00	235.00	-		205.00	210.00	215.00	220.00
Meegoda (DEC)	-		240.00	245.00	285.00	290.00	-		230.00	230.00	220.00	220.00	220.00	220.00
Embilipitiya	-		240.00	240.00	260.00	395.00	228.00	230.00	-		198.00	210.00	210.00	215.00
Jaffna	-		-		-		-		-		-		-	
Vavuniya	-		-		-		-		-		-		-	
Mannar	280.00	280.00	-		295.00	295.00	230.00	240.00	-		-		-	
Killinochchi	250.00	255.00	-		290.00	300.00	240.00	245.00	-		220.00	225.00	220.00	225.00
Mullaittivu	245.00	250.00	-		275.00	280.00	233.00	236.00	-		220.00	224.00	225.00	227.00
Batticaloa	260.00	265.00	-		280.00	290.00	230.00	240.00	-		220.00	225.00	220.00	225.00
Trincomalee	-		240.00	245.00	265.00	270.00	230.00	235.00	-		220.00	225.00	225.00	230.00
Hanguranketha	-		-		-		-		-		-		-	
Veyangoda	245.00	245.00	240.00	240.00	260.00	280.00	230.00	235.00	228.00	230.00	220.00	220.00	218.00	220.00
Galenbindunuwewa	-		240.00	240.00	260.00	265.00	230.00	230.00	-		220.00	222.00	215.00	220.00
Bandarawela	250.00	250.00	-		300.00	310.00	230.00	235.00	-		215.00	220.00	218.00	220.00
Matale	248.00	260.00	240.00	240.00	295.00	300.00	230.00	235.00	225.00	228.00	218.00	220.00	218.00	220.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 23: 06 - 12 Jun 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	25000 - 27500	16500 - 19500	-	3500 - 5500	6750 - 9000	-	12000 - 14500	32500 - 40000	32500 - 35000	12500 - 12750
Kurunegala	29000 - 30500	17000 - 18000	-	5500 - 6000	8000 - 8750	-	15000 - 15000	37500 - 41500	34750 - 36250	13000 - 13200
Nikaweratiya	27500 - 29500	15000 - 15250	-	5500 - 6000	9250 - 9750	-	-	37500 - 39000	37500 - 39000	12750 - 13500
Dehiattakandiya	31000 - 37500	17000 - 19000	-	4500 - 6000	7750 - 9000	-	13000 - 14000	32500 - 32500	27500 - 37500	12600 - 13500
Dambulla (DEC)	26500 - 27000	14500 - 15000	15000 - 15500	4750 - 5000	6750 - 7500	-	12000 - 13500	27500 - 30000	32500 - 35000	12500 - 13000
Anuradhapura	30000 - 32500	18000 - 19000	-	5000 - 6000	8000 - 9000	-	16000 - 17500	35000 - 40000	28500 - 34000	12700 - 13000
Thambuththegama	27500 - 29000	-	15000 - 15000	5000 - 5500	7000 - 8500	-	-	30000 - 30000	23750 - 25000	12750 - 13000
Polonnaruwa	31500 - 34500	20250 - 23250	-	6250 - 6750	9250 - 10250	-	-	30500 - 33500	35500 - 38500	14000 - 14500
Kaluthara	30500 - 31500	17750 - 19500	-	5500 - 6000	9000 - 10000	-	-	36000 - 38500	36000 - 36500	12750 - 13300
Puttalam	-	-	15000 - 20000	-	-	-	-	-	-	-
Kandy	27500 - 28500	18500 - 19000	-	4500 - 5500	7000 - 8000	-	13500 - 14000	32500 - 42500	34000 - 35000	12750 - 12900
Matara	30000 - 32000	18750 - 20000	-	5000 - 5600	9000 - 9800	-	-	37000 - 39000	33000 - 36000	13250 - 13750
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	29000 - 30000	16200 - 16500	-	5350 - 5500	8000 - 8150	-	16000 - 16500	37500 - 39000	34500 - 35000	13000 - 13500
Galle	27500 - 30000	19000 - 23000	-	5250 - 6250	8000 - 9000	-	-	31000 - 38000	35000 - 38000	13000 - 14000
Tissamaharama	30500 - 32500	16000 - 17500	-	5500 - 6000	9000 - 9500	-	-	32500 - 35000	35000 - 38000	12500 - 13000
Meegoda (DEC)	27000 - 30000	16000 - 18000	-	5250 - 5500	7500 - 7750	-	14000 - 14500	33000 - 34000	33500 - 34000	12500 - 12900
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-
Mannar	30000 - 30000	-	-	-	9000 - 9050	-	-	34000 - 34000	-	13500 - 14000
Killinochchi	27500 - 29000	-	-	5500 - 6500	7500 - 8500	-	-	33000 - 34000	-	13000 - 13500
Mullattivu	33000 - 35000	-	-	6500 - 6750	8500 - 10000	-	-	32500 - 34500	-	13750 - 14000
Batticaloa	28000 - 28500	-	17500 - 17750	6000 - 6250	9000 - 10000	-	-	32500 - 35000	33000 - 34000	13000 - 13250
Trincomalee	27500 - 28400	-	-	5200 - 5400	8700 - 9000	-	-	32500 - 33000	37500 - 37600	13500 - 13600
Galenbindunuwewa	30000 - 31500	17000 - 17500	-	6250 - 6300	8000 - 9000	-	-	39500 - 41000	38000 - 38500	13000 - 13500
Matale	26000 - 30000	18000 - 19000	-	5400 - 5750	7500 - 8000	-	-	34000 - 40000	34500 - 36000	12500 - 13250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 23: 06 - 12 Jun 2025

12

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	400.00 – 600.00	–	120.00 – 160.00	180.00 – 240.00	–	360.00 – 480.00	800.00 – 1000.00	700.00 – 1000.00	270.00 – 320.00
Gampaha	650.00 – 900.00	400.00 – 400.00	–	160.00 – 160.00	230.00 – 240.00	–	400.00 – 440.00	900.00 – 1000.00	800.00 – 860.00	290.00 – 295.00
Kurunegala	650.00 – 720.00	400.00 – 420.00	–	130.00 – 150.00	190.00 – 240.00	–	380.00 – 380.00	800.00 – 950.00	800.00 – 860.00	290.00 – 295.00
Nikaweratiya	600.00 – 720.00	380.00 – 400.00	–	130.00 – 180.00	170.00 – 210.00	–	–	790.00 – 960.00	750.00 – 800.00	265.00 – 300.00
Dambulla	600.00 – 700.00	400.00 – 420.00	–	120.00 – 140.00	180.00 – 220.00	340.00 – 360.00	380.00 – 400.00	750.00 – 780.00	760.00 – 800.00	265.00 – 280.00
Anuradhapura	650.00 – 730.00	400.00 – 480.00	–	120.00 – 150.00	200.00 – 220.00	–	400.00 – 440.00	750.00 – 900.00	600.00 – 750.00	270.00 – 280.00
Thambuththegama	700.00 – 750.00	380.00 – 400.00	–	130.00 – 180.00	200.00 – 230.00	–	–	720.00 – 750.00	600.00 – 650.00	280.00 – 290.00
Polonnaruwa	700.00 – 780.00	420.00 – 480.00	–	140.00 – 160.00	200.00 – 240.00	–	–	700.00 – 760.00	800.00 – 860.00	280.00 – 300.00
Kaluthara	650.00 – 670.00	400.00 – 440.00	–	150.00 – 160.00	220.00 – 250.00	–	380.00 – 420.00	750.00 – 800.00	700.00 – 750.00	260.00 – 270.00
Badulla	650.00 – 680.00	440.00 – 480.00	–	140.00 – 150.00	180.00 – 180.00	400.00 – 400.00	–	800.00 – 800.00	600.00 – 700.00	280.00 – 285.00
Keppetipola	650.00 – 660.00	450.00 – 480.00	–	130.00 – 150.00	200.00 – 220.00	320.00 – 330.00	–	900.00 – 950.00	750.00 – 760.00	265.00 – 270.00
Moneragala	640.00 – 700.00	400.00 – 480.00	–	140.00 – 160.00	200.00 – 240.00	–	360.00 – 400.00	700.00 – 800.00	600.00 – 700.00	270.00 – 290.00
Kegalle	600.00 – 660.00	380.00 – 400.00	–	150.00 – 160.00	200.00 – 210.00	–	380.00 – 400.00	750.00 – 920.00	700.00 – 760.00	260.00 – 310.00
Ampara	625.00 – 650.00	380.00 – 400.00	–	120.00 – 140.00	170.00 – 200.00	–	360.00 – 390.00	690.00 – 790.00	650.00 – 690.00	260.00 – 265.00
Dehiattakandiya	680.00 – 800.00	380.00 – 400.00	–	120.00 – 150.00	180.00 – 200.00	–	–	675.00 – 700.00	600.00 – 810.00	258.00 – 300.00
Nuwaraeliya	650.00 – 680.00	450.00 – 480.00	–	130.00 – 150.00	200.00 – 220.00	–	320.00 – 350.00	920.00 – 950.00	740.00 – 760.00	260.00 – 270.00
Kandy	640.00 – 700.00	480.00 – 500.00	–	130.00 – 140.00	190.00 – 220.00	–	380.00 – 400.00	800.00 – 900.00	840.00 – 900.00	270.00 – 300.00
Puttalam	650.00 – 730.00	400.00 – 440.00	480.00 – 600.00	140.00 – 180.00	220.00 – 240.00	–	400.00 – 480.00	700.00 – 900.00	700.00 – 800.00	280.00 – 290.00
Rathnapura	720.00 – 800.00	430.00 – 480.00	–	150.00 – 160.00	210.00 – 230.00	–	–	760.00 – 800.00	740.00 – 760.00	280.00 – 300.00
Hambantota	–	–	–	–	–	–	–	–	–	–
Matara	650.00 – 720.00	400.00 – 480.00	–	125.00 – 140.00	200.00 – 230.00	–	360.00 – 380.00	750.00 – 860.00	700.00 – 800.00	280.00 – 310.00
Galle	680.00 – 700.00	400.00 – 560.00	–	140.00 – 140.00	180.00 – 240.00	–	380.00 – 420.00	720.00 – 900.00	750.00 – 900.00	280.00 – 320.00
Tissamaharama	700.00 – 750.00	400.00 – 450.00	–	130.00 – 140.00	220.00 – 240.00	–	–	730.00 – 740.00	780.00 – 850.00	260.00 – 300.00
Meegoda (DEC)	600.00 – 680.00	480.00 – 480.00	–	130.00 – 140.00	200.00 – 230.00	–	360.00 – 380.00	760.00 – 880.00	760.00 – 960.00	270.00 – 300.00
Embilipitiya	670.00 – 740.00	–	400.00 – 480.00	120.00 – 130.00	190.00 – 230.00	–	–	700.00 – 780.00	680.00 – 780.00	265.00 – 310.00
Jaffna	–	–	–	–	–	–	–	–	–	–
Vavuniya	–	–	–	–	–	–	–	–	–	–
Mannar	820.00 – 860.00	–	–	150.00 – 180.00	200.00 – 220.00	–	–	–	–	300.00 – 320.00
Killinochchi	600.00 – 640.00	–	–	140.00 – 160.00	180.00 – 200.00	–	–	700.00 – 730.00	–	275.00 – 280.00
Mullaittivu	700.00 – 740.00	–	400.00 – 440.00	–	200.00 – 220.00	–	–	680.00 – 720.00	–	280.00 – 285.00
Batticaloa	700.00 – 780.00	–	400.00 – 500.00	150.00 – 175.00	190.00 – 200.00	–	–	750.00 – 800.00	650.00 – 700.00	285.00 – 300.00
Trincomalee	650.00 – 680.00	–	–	160.00 – 170.00	220.00 – 240.00	–	–	740.00 – 760.00	880.00 – 890.00	280.00 – 290.00
Hanguranketha	–	–	–	–	–	–	–	–	–	–
Veyangoda	680.00 – 760.00	400.00 – 480.00	–	140.00 – 200.00	180.00 – 220.00	–	360.00 – 440.00	800.00 – 880.00	720.00 – 800.00	270.00 – 320.00
Galenbindunuwewa	660.00 – 700.00	–	–	140.00 – 160.00	210.00 – 230.00	–	–	830.00 – 850.00	785.00 – 800.00	270.00 – 280.00
Bandarawela	650.00 – 700.00	440.00 – 480.00	–	130.00 – 140.00	200.00 – 220.00	320.00 – 360.00	–	800.00 – 900.00	700.00 – 800.00	270.00 – 300.00
Matale	650.00 – 700.00	400.00 – 440.00	–	120.00 – 130.00	170.00 – 200.00	–	–	760.00 – 850.00	800.00 – 850.00	270.00 – 280.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 23: 06 - 12 Jun 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	400.00 - 600.00	450.00 - 700.00	250.00 - 350.00	300.00 - 450.00	250.00 - 300.00
Meegoda (DEC)	-	450.00 - 500.00	580.00 - 700.00	320.00 - 360.00	340.00 - 360.00	330.00 - 400.00
Dambulla (DEC)	-	350.00 - 450.00	550.00 - 650.00	300.00 - 360.00	260.00 - 450.00	250.00 - 300.00
Keppetipola (DEC)	-	460.00 - 500.00	560.00 - 600.00	270.00 - 280.00	350.00 - 400.00	350.00 - 380.00
Norochchole (DEC)	-	-	-	-	300.00 - 400.00	-
Nuwara Eliya	-	480.00 - 520.00	660.00 - 670.00	300.00 - 320.00	260.00 - 280.00	220.00 - 240.00
Kandy	-	350.00 - 400.00	630.00 - 680.00	300.00 - 320.00	350.00 - 380.00	220.00 - 250.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	450.00 - 550.00	600.00 - 650.00	330.00 - 380.00	400.00 - 450.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	420.00 - 460.00	480.00 - 550.00	260.00 - 290.00	280.00 - 300.00	270.00 - 300.00
Veyangoda	-	480.00 - 550.00	600.00 - 700.00	340.00 - 400.00	380.00 - 420.00	360.00 - 420.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 150.00	300.00 - 400.00	450.00 - 600.00	80.00 - 150.00	300.00 - 350.00	500.00 - 800.00
Meegoda (DEC)	100.00 - 140.00	380.00 - 420.00	450.00 - 550.00	80.00 - 120.00	350.00 - 420.00	650.00 - 750.00
Moneragala	150.00 - 160.00	450.00 - 550.00	500.00 - 550.00	150.00 - 170.00	200.00 - 250.00	650.00 - 800.00
Dambulla (DEC)	60.00 - 100.00	300.00 - 350.00	280.00 - 350.00	60.00 - 80.00	250.00 - 300.00	550.00 - 650.00
Keppetipola (DEC)	80.00 - 100.00	350.00 - 380.00	200.00 - 220.00	90.00 - 100.00	260.00 - 400.00	700.00 - 800.00
Norochchole (DEC)	60.00 - 100.00	-	-	50.00 - 60.00	-	-
Nuwara Eliya	100.00 - 130.00	420.00 - 430.00	200.00 - 250.00	100.00 - 120.00	280.00 - 320.00	760.00 - 820.00
Kandy	100.00 - 120.00	350.00 - 380.00	300.00 - 350.00	100.00 - 120.00	250.00 - 300.00	650.00 - 680.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	130.00 - 140.00	400.00 - 450.00	350.00 - 450.00	70.00 - 90.00	230.00 - 300.00	700.00 - 800.00
Tissamaharama	180.00 - 220.00	350.00 - 400.00	450.00 - 500.00	80.00 - 100.00	280.00 - 320.00	800.00 - 850.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 100.00	280.00 - 330.00	350.00 - 400.00	-	300.00 - 330.00	650.00 - 680.00
Veyangoda	100.00 - 130.00	360.00 - 420.00	450.00 - 550.00	80.00 - 120.00	320.00 - 400.00	700.00 - 750.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	80.00 - 130.00	60.00 - 80.00	400.00 - 500.00	130.00 - 220.00	600.00 - 1000.00	130.00 - 220.00
Meegoda (DEC)	120.00 - 130.00	60.00 - 100.00	380.00 - 480.00	220.00 - 250.00	-	180.00 - 220.00
Moneragala	140.00 - 180.00	80.00 - 100.00	500.00 - 550.00	250.00 - 300.00	-	250.00 - 300.00
Dambulla (DEC)	60.00 - 90.00	40.00 - 60.00	300.00 - 400.00	120.00 - 140.00	-	100.00 - 120.00
Keppetipola (DEC)	120.00 - 130.00	80.00 - 90.00	400.00 - 420.00	160.00 - 180.00	-	160.00 - 180.00
Norochchole (DEC)	100.00 - 120.00	12.00 - 20.00	320.00 - 360.00	100.00 - 120.00	500.00 - 600.00	100.00 - 150.00
Nuwara Eliya	120.00 - 130.00	90.00 - 100.00	420.00 - 440.00	180.00 - 200.00	-	180.00 - 200.00
Kandy	110.00 - 120.00	70.00 - 80.00	450.00 - 470.00	200.00 - 220.00	-	130.00 - 150.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	100.00 - 120.00	30.00 - 40.00	300.00 - 400.00	180.00 - 200.00	-	130.00 - 160.00
Tissamaharama	140.00 - 180.00	60.00 - 80.00	400.00 - 450.00	160.00 - 220.00	-	220.00 - 250.00
Jaffna	-	-	-	-	-	-
Bandarawela	110.00 - 130.00	60.00 - 70.00	-	-	-	-
Veyangoda	100.00 - 120.00	60.00 - 80.00	400.00 - 450.00	220.00 - 240.00	-	180.00 - 220.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 200.00	70.00 - 120.00	600.00 - 650.00	250.00 - 300.00	160.00 - 220.00	80.00 - 130.00
Meegoda (DEC)	150.00 - 200.00	80.00 - 100.00	650.00 - 750.00	250.00 - 300.00	130.00 - 160.00	100.00 - 130.00
Moneragala	250.00 - 300.00	40.00 - 60.00	700.00 - 800.00	250.00 - 300.00	160.00 - 170.00	70.00 - 80.00
Dambulla (DEC)	100.00 - 150.00	40.00 - 60.00	500.00 - 600.00	230.00 - 280.00	120.00 - 150.00	70.00 - 100.00
Keppetipola (DEC)	170.00 - 190.00	70.00 - 80.00	700.00 - 800.00	300.00 - 330.00	160.00 - 180.00	80.00 - 100.00
Norochchole (DEC)	150.00 - 180.00	50.00 - 60.00	600.00 - 700.00	-	-	80.00 - 100.00
Nuwara Eliya	180.00 - 200.00	80.00 - 90.00	680.00 - 720.00	340.00 - 360.00	170.00 - 180.00	100.00 - 120.00
Kandy	200.00 - 220.00	90.00 - 100.00	650.00 - 680.00	350.00 - 380.00	160.00 - 180.00	90.00 - 100.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	100.00 - 130.00	60.00 - 80.00	650.00 - 750.00	180.00 - 220.00	130.00 - 160.00	100.00 - 110.00
Tissamaharama	200.00 - 250.00	40.00 - 50.00	780.00 - 800.00	260.00 - 300.00	230.00 - 250.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	550.00 - 600.00	-	150.00 - 160.00	-
Veyangoda	160.00 - 220.00	80.00 - 100.00	750.00 - 900.00	280.00 - 320.00	140.00 - 160.00	100.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	300.00 - 320.00	175.00 - 195.00	155.00 - 165.00
Meegoda (DEC)	50.00 - 60.00	50.00 - 60.00	210.00 - 240.00	185.00 - 195.00	160.00 - 160.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	25.00 - 35.00	125.00 - 150.00	150.00 - 155.00	130.00 - 140.00
Kandy	35.00 - 40.00	40.00 - 45.00	230.00 - 240.00	160.00 - 170.00	125.00 - 135.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	-	-	-	150.00 - 160.00	120.00 - 130.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	-	200.00 - 220.00	160.00 - 180.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	32.00 - 35.00	32.00 - 35.00	210.00 - 240.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 23: 06 - 12 Jun 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	500.00	- 800.00	550.00	- 900.00	350.00	- 560.00	450.00	- 800.00	280.00	- 600.00	150.00	- 360.00	350.00	- 600.00	550.00 - 900.00
Gampaha	-	600.00	- 720.00	720.00	- 800.00	400.00	- 520.00	560.00	- 600.00	480.00	- 600.00	200.00	- 320.00	600.00	- 640.00	760.00 - 800.00
Kurunegala	-	500.00	- 620.00	700.00	- 800.00	400.00	- 460.00	580.00	- 600.00	400.00	- 420.00	160.00	- 200.00	480.00	- 540.00	540.00 - 600.00
Nikaweratiya	-	560.00	- 620.00	750.00	- 900.00	450.00	- 500.00	600.00	- 720.00	480.00	- 560.00	240.00	- 320.00	440.00	- 600.00	550.00 - 600.00
Dambulla	-	600.00	- 680.00	700.00	- 800.00	440.00	- 480.00	560.00	- 640.00	460.00	- 480.00	180.00	- 200.00	460.00	- 500.00	600.00 - 700.00
Anuradhapura	-	600.00	- 660.00	760.00	- 880.00	480.00	- 520.00	600.00	- 720.00	-	-	200.00	- 280.00	520.00	- 600.00	660.00 - 740.00
Thambuththegama	-	700.00	- 780.00	800.00	- 900.00	550.00	- 600.00	620.00	- 700.00	-	-	220.00	- 260.00	600.00	- 650.00	550.00 - 650.00
Polonnaruwa	-	620.00	- 660.00	760.00	- 800.00	460.00	- 500.00	580.00	- 620.00	380.00	- 400.00	200.00	- 240.00	500.00	- 560.00	660.00 - 700.00
Kaluthara	-	750.00	- 800.00	740.00	- 800.00	480.00	- 600.00	600.00	- 680.00	500.00	- 580.00	260.00	- 300.00	500.00	- 640.00	-
Badulla	-	480.00	- 520.00	520.00	- 580.00	240.00	- 320.00	560.00	- 600.00	480.00	- 520.00	240.00	- 240.00	380.00	- 400.00	520.00 - 580.00
Keppetipola	-	520.00	- 560.00	620.00	- 650.00	340.00	- 360.00	460.00	- 480.00	400.00	- 450.00	140.00	- 160.00	400.00	- 450.00	-
Moneragala	-	600.00	- 640.00	720.00	- 800.00	400.00	- 480.00	600.00	- 640.00	-	-	200.00	- 240.00	520.00	- 600.00	600.00 - 720.00
Kegalle	-	560.00	- 600.00	960.00	- 1000.00	440.00	- 480.00	520.00	- 560.00	480.00	- 520.00	280.00	- 320.00	440.00	- 480.00	680.00 - 720.00
Ampara	-	540.00	- 600.00	680.00	- 780.00	420.00	- 500.00	480.00	- 520.00	400.00	- 420.00	200.00	- 280.00	540.00	- 580.00	720.00 - 780.00
Dehiattakandiya	-	600.00	- 800.00	800.00	- 800.00	450.00	- 500.00	520.00	- 600.00	480.00	- 480.00	260.00	- 260.00	400.00	- 480.00	600.00 - 600.00
Nuwaraeliya	-	600.00	- 620.00	760.00	- 800.00	420.00	- 440.00	380.00	- 400.00	320.00	- 340.00	240.00	- 260.00	520.00	- 540.00	350.00 - 400.00
Kandy	-	480.00	- 520.00	800.00	- 900.00	480.00	- 500.00	500.00	- 550.00	320.00	- 360.00	200.00	- 240.00	480.00	- 520.00	520.00 - 600.00
Puttalam	-	600.00	- 600.00	1000.00	- 1000.00	500.00	- 520.00	600.00	- 800.00	300.00	- 400.00	200.00	- 240.00	520.00	- 650.00	720.00 - 800.00
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	450.00	- 500.00	780.00	- 820.00	420.00	- 450.00	550.00	- 600.00	-	-	200.00	- 240.00	450.00	- 500.00	600.00 - 650.00
Matara	-	480.00	- 640.00	640.00	- 800.00	400.00	- 440.00	560.00	- 600.00	-	-	160.00	- 220.00	520.00	- 600.00	720.00 - 800.00
Galle	-	600.00	- 640.00	760.00	- 800.00	480.00	- 600.00	600.00	- 680.00	560.00	- 580.00	260.00	- 280.00	520.00	- 600.00	680.00 - 700.00
Tissamaharama	-	540.00	- 580.00	680.00	- 740.00	380.00	- 440.00	560.00	- 580.00	460.00	- 490.00	240.00	- 260.00	420.00	- 480.00	520.00 - 550.00
Meegoda (DEC)	-	560.00	- 600.00	800.00	- 900.00	480.00	- 520.00	520.00	- 600.00	480.00	- 560.00	200.00	- 240.00	600.00	- 720.00	720.00 - 800.00
Embilipitiya	-	600.00	- 720.00	700.00	- 800.00	400.00	- 480.00	560.00	- 720.00	400.00	- 480.00	240.00	- 280.00	600.00	- 720.00	600.00 - 720.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mannar	-	600.00	- 600.00	950.00	- 1000.00	600.00	- 600.00	580.00	- 600.00	-	-	250.00	- 250.00	550.00	- 600.00	750.00 - 800.00
Killinochchi	-	780.00	- 820.00	960.00	- 1000.00	580.00	- 620.00	580.00	- 620.00	-	-	240.00	- 260.00	580.00	- 620.00	780.00 - 820.00
Mullaittivu	-	680.00	- 720.00	950.00	- 1050.00	550.00	- 600.00	580.00	- 640.00	-	-	240.00	- 260.00	600.00	- 650.00	800.00 - 850.00
Batticaloa	-	750.00	- 800.00	950.00	- 1000.00	550.00	- 650.00	600.00	- 700.00	-	-	240.00	- 260.00	600.00	- 680.00	720.00 - 740.00
Trincomalee	-	500.00	540.00	960.00	1000.00	380.00	400.00	550.00	570.00	-	-	220.00	230.00	380.00	400.00	780.00 840.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	600.00	- 720.00	760.00	- 880.00	400.00	- 480.00	480.00	- 560.00	480.00	- 560.00	160.00	- 220.00	480.00	- 520.00	600.00 - 800.00
Galenbindunuwewa	-	780.00	- 800.00	800.00	- 850.00	450.00	- 480.00	580.00	- 600.00	320.00	- 340.00	220.00	- 240.00	470.00	- 480.00	620.00 - 650.00
Bandarawela	-	550.00	- 600.00	600.00	- 680.00	360.00	- 400.00	440.00	- 480.00	340.00	- 360.00	120.00	- 150.00	380.00	- 400.00	500.00 - 540.00
Matale	-	480.00	- 600.00	800.00	- 840.00	440.00	- 480.00	600.00	- 650.00	400.00	- 480.00	200.00	- 240.00	480.00	- 600.00	600.00 - 620.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	160.00 - 360.00	360.00 - 650.00	650.00 - 1100.00	160.00 - 340.00	100.00 - 260.00	420.00 - 720.00	250.00 - 450.00	1100.00 - 1600.00	240.00 - 480.00	260.00 - 480.00		
Gampaha	320.00 - 400.00	520.00 - 600.00	1000.00 - 1200.00	180.00 - 300.00	140.00 - 240.00	600.00 - 720.00	400.00 - 480.00	1200.00 - 1200.00	400.00 - 480.00	400.00 - 460.00		
Kurunegala	260.00 - 320.00	400.00 - 540.00	750.00 - 900.00	180.00 - 240.00	100.00 - 140.00	480.00 - 560.00	320.00 - 400.00	-	300.00 - 400.00	280.00 - 340.00		
Nikaweratiya	140.00 - 170.00	380.00 - 480.00	850.00 - 1000.00	200.00 - 280.00	100.00 - 240.00	580.00 - 650.00	280.00 - 340.00	-	240.00 - 380.00	200.00 - 280.00		
Dambulla	200.00 - 240.00	460.00 - 480.00	900.00 - 1000.00	200.00 - 240.00	100.00 - 140.00	560.00 - 600.00	340.00 - 380.00	800.00 - 860.00	240.00 - 280.00	240.00 - 280.00		
Anuradhapura	200.00 - 240.00	440.00 - 480.00	800.00 - 1000.00	200.00 - 260.00	140.00 - 160.00	580.00 - 640.00	320.00 - 360.00	-	280.00 - 320.00	280.00 - 320.00		
Thambuththegama	150.00 - 200.00	420.00 - 500.00	900.00 - 1100.00	180.00 - 240.00	80.00 - 120.00	600.00 - 700.00	350.00 - 400.00	-	240.00 - 300.00	200.00 - 250.00		
Polonnaruwa	280.00 - 320.00	460.00 - 500.00	960.00 - 1000.00	220.00 - 250.00	120.00 - 150.00	600.00 - 640.00	280.00 - 320.00	-	300.00 - 360.00	320.00 - 350.00		
Kaluthara	340.00 - 400.00	580.00 - 650.00	1200.00 - 1300.00	260.00 - 300.00	250.00 - 260.00	550.00 - 600.00	400.00 - 440.00	-	360.00 - 400.00	350.00 - 400.00		
Badulla	220.00 - 240.00	480.00 - 520.00	800.00 - 820.00	220.00 - 240.00	200.00 - 240.00	520.00 - 580.00	380.00 - 400.00	980.00 - 1000.00	400.00 - 400.00	320.00 - 320.00		
Keppetipola	150.00 - 160.00	420.00 - 450.00	750.00 - 850.00	180.00 - 200.00	130.00 - 150.00	460.00 - 480.00	220.00 - 240.00	-	240.00 - 260.00	240.00 - 260.00		
Moneragala	200.00 - 240.00	320.00 - 400.00	800.00 - 1000.00	200.00 - 260.00	160.00 - 170.00	600.00 - 640.00	320.00 - 400.00	-	320.00 - 400.00	300.00 - 360.00		
Kegalle	360.00 - 400.00	360.00 - 400.00	950.00 - 1000.00	200.00 - 240.00	120.00 - 160.00	600.00 - 640.00	360.00 - 400.00	-	320.00 - 360.00	320.00 - 360.00		
Ampara	240.00 - 280.00	380.00 - 440.00	860.00 - 920.00	280.00 - 300.00	100.00 - 140.00	600.00 - 720.00	280.00 - 360.00	-	280.00 - 380.00	320.00 - 420.00		
Dehiattakandiya	300.00 - 320.00	320.00 - 400.00	750.00 - 800.00	200.00 - 240.00	100.00 - 150.00	600.00 - 600.00	300.00 - 320.00	-	400.00 - 420.00	300.00 - 400.00		
Nuwaraeliya	220.00 - 240.00	380.00 - 400.00	900.00 - 950.00	230.00 - 250.00	200.00 - 220.00	520.00 - 540.00	280.00 - 300.00	-	280.00 - 300.00	300.00 - 320.00		
Kandy	200.00 - 240.00	320.00 - 360.00	800.00 - 900.00	140.00 - 160.00	140.00 - 160.00	550.00 - 600.00	260.00 - 300.00	-	240.00 - 260.00	300.00 - 320.00		
Puttalam	250.00 - 300.00	400.00 - 500.00	700.00 - 1000.00	280.00 - 320.00	160.00 - 200.00	600.00 - 660.00	300.00 - 320.00	800.00 - 1000.00	400.00 - 480.00	320.00 - 400.00		
Rathnapura	240.00 - 280.00	450.00 - 480.00	1000.00 - 1200.00	180.00 - 230.00	140.00 - 180.00	600.00 - 650.00	300.00 - 350.00	-	320.00 - 360.00	260.00 - 320.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	200.00 - 240.00	400.00 - 480.00	900.00 - 1100.00	160.00 - 220.00	120.00 - 180.00	480.00 - 520.00	320.00 - 400.00	-	320.00 - 380.00	240.00 - 320.00		
Galle	300.00 - 360.00	460.00 - 500.00	880.00 - 1000.00	200.00 - 240.00	140.00 - 200.00	500.00 - 600.00	300.00 - 400.00	-	400.00 - 460.00	320.00 - 400.00		
Tissamaharama	140.00 - 180.00	350.00 - 420.00	900.00 - 950.00	220.00 - 260.00	120.00 - 160.00	480.00 - 540.00	260.00 - 320.00	-	270.00 - 320.00	280.00 - 340.00		
Meegoda (DEC)	200.00 - 240.00	480.00 - 600.00	960.00 - 1000.00	200.00 - 240.00	140.00 - 180.00	680.00 - 800.00	320.00 - 400.00	-	360.00 - 400.00	320.00 - 400.00		
Embilipitiya	120.00 - 160.00	300.00 - 400.00	650.00 - 720.00	200.00 - 240.00	90.00 - 120.00	480.00 - 520.00	280.00 - 320.00	-	320.00 - 400.00	300.00 - 400.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	-	-	-	-	-	-	-	-	-	-		
Mannar	350.00 - 400.00	500.00 - 550.00	950.00 - 950.00	230.00 - 230.00	200.00 - 200.00	950.00 - 950.00	280.00 - 280.00	950.00 - 980.00	400.00 - 400.00	380.00 - 380.00		
Killinochchi	240.00 - 260.00	480.00 - 520.00	960.00 - 1000.00	180.00 - 200.00	200.00 - 220.00	1500.00 - 1550.00	260.00 - 280.00	1950.00 - 2000.00	-	360.00 - 400.00		
Mullaittivu	300.00 - 350.00	400.00 - 460.00	900.00 - 950.00	190.00 - 220.00	140.00 - 160.00	1250.00 - 1350.00	280.00 - 320.00	1750.00 - 1850.00	-	340.00 - 380.00		
Batticaloa	320.00 - 350.00	400.00 - 500.00	-	200.00 - 220.00	150.00 - 160.00	800.00 - 950.00	280.00 - 290.00	750.00 - 850.00	350.00 - 400.00	300.00 - 370.00		
Trincomalee	360.00 - 400.00	450.00 - 480.00	1000.00 - 1150.00	220.00 - 240.00	220.00 - 230.00	630.00 - 650.00	360.00 - 380.00	-	270.00 - 300.00	360.00 - 400.00		
Hanguranketha						-						
Veyangoda	180.00 - 240.00	440.00 - 560.00	800.00 - 1000.00	160.00 - 200.00	100.00 - 160.00	560.00 - 640.00	280.00 - 360.00	-	280.00 - 320.00	240.00 - 320.00		
Galenbindunuwewa	300.00 - 320.00	450.00 - 480.00	950.00 - 1000.00	235.00 - 250.00	110.00 - 120.00	580.00 - 600.00	300.00 - 320.00	-	300.00 - 320.00	450.00 - 480.00		
Bandarawela	160.00 - 200.00	380.00 - 420.00	800.00 - 850.00	180.00 - 220.00	120.00 - 140.00	480.00 - 540.00	280.00 - 320.00	-	300.00 - 320.00	280.00 - 320.00		
Matale	240.00 - 320.00	400.00 - 480.00	800.00 - 1000.00	200.00 - 240.00	120.00 - 160.00	560.00 - 600.00	320.00 - 400.00	-	320.00 - 400.00	240.00 - 320.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	110.00 - 340.00	650.00 - 1000.00	350.00 - 800.00	240.00 - 400.00	160.00 - 240.00	45.00 - 80.00	45.00 - 80.00	180.00 - 280.00	195.00 - 230.00	180.00 - 200.00
Gampaha	240.00 - 320.00	1000.00 - 1100.00	600.00 - 800.00	380.00 - 400.00	180.00 - 200.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	200.00 - 200.00	180.00 - 180.00
Kurunegala	180.00 - 240.00	700.00 - 800.00	400.00 - 500.00	300.00 - 300.00	160.00 - 200.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	200.00 - 210.00	165.00 - 170.00
Nikaweratiya	120.00 - 280.00	780.00 - 850.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	180.00 - 190.00	120.00 - 160.00
Dambulla	160.00 - 200.00	700.00 - 800.00	400.00 - 500.00	240.00 - 260.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	60.00 - 80.00	170.00 - 180.00	150.00 - 160.00
Anuradhapura	160.00 - 200.00	800.00 - 1000.00	350.00 - 400.00	240.00 - 300.00	180.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	170.00 - 180.00	120.00 - 160.00
Thambuththegama	120.00 - 160.00	900.00 - 1100.00	300.00 - 400.00	220.00 - 260.00	160.00 - 200.00	-	-	-	170.00 - 180.00	140.00 - 150.00
Polonnaruwa	200.00 - 240.00	1000.00 - 1200.00	550.00 - 600.00	280.00 - 300.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	180.00 - 200.00	120.00 - 140.00
Kaluthara	300.00 - 320.00	1000.00 - 1300.00	700.00 - 800.00	250.00 - 300.00	180.00 - 200.00	70.00 - 80.00	80.00 - 100.00	120.00 - 120.00	220.00 - 230.00	160.00 - 170.00
Badulla	200.00 - 240.00	1000.00 - 1200.00	460.00 - 600.00	240.00 - 240.00	140.00 - 160.00	70.00 - 80.00	70.00 - 80.00	60.00 - 80.00	200.00 - 200.00	160.00 - 180.00
Keppetipola	140.00 - 150.00	800.00 - 900.00	400.00 - 420.00	230.00 - 240.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	160.00 - 170.00
Moneragala	120.00 - 160.00	800.00 - 1000.00	320.00 - 400.00	240.00 - 280.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	160.00 - 170.00	130.00 - 150.00
Kegalle	160.00 - 200.00	950.00 - 1000.00	400.00 - 450.00	280.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	190.00 - 200.00	170.00 - 180.00
Ampara	120.00 - 140.00	850.00 - 900.00	350.00 - 500.00	260.00 - 280.00	120.00 - 160.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	200.00 - 220.00	-
Dehiattakandiya	200.00 - 200.00	800.00 - 1250.00	600.00 - 600.00	200.00 - 200.00	200.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	170.00 - 230.00	140.00 - 160.00
Nuwaraeliya	200.00 - 220.00	850.00 - 900.00	460.00 - 480.00	300.00 - 320.00	220.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	210.00 - 220.00	190.00 - 200.00
Kandy	140.00 - 160.00	1000.00 - 1100.00	550.00 - 600.00	240.00 - 260.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	185.00 - 200.00	150.00 - 165.00
Puttalam	100.00 - 160.00	800.00 - 800.00	400.00 - 400.00	320.00 - 360.00	200.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	180.00 - 190.00	120.00 - 140.00
Rathnapura	160.00 - 220.00	880.00 - 1000.00	400.00 - 500.00	240.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	180.00 - 210.00	140.00 - 160.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	120.00 - 140.00	800.00 - 1000.00	400.00 - 450.00	280.00 - 320.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	210.00 - 230.00	180.00 - 200.00
Galle	160.00 - 240.00	900.00 - 1000.00	500.00 - 600.00	240.00 - 320.00	160.00 - 240.00	60.00 - 70.00	60.00 - 70.00	80.00 - 100.00	200.00 - 220.00	165.00 - 180.00
Tissamaharama	80.00 - 100.00	850.00 - 920.00	320.00 - 400.00	280.00 - 300.00	150.00 - 180.00	40.00 - 50.00	40.00 - 50.00	70.00 - 80.00	200.00 - 230.00	-
Meegoda (DEC)	160.00 - 200.00	900.00 - 1000.00	480.00 - 520.00	280.00 - 320.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	200.00 - 210.00	160.00 - 180.00
Embilipitiya	80.00 - 100.00	900.00 - 1000.00	500.00 - 600.00	300.00 - 320.00	140.00 - 160.00	60.00 - 80.00	50.00 - 70.00	100.00 - 120.00	190.00 - 230.00	140.00 - 180.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-
Mannar	180.00 - 200.00	800.00 - 850.00	350.00 - 400.00	320.00 - 320.00	240.00 - 240.00	50.00 - 50.00	-	50.00 - 60.00	210.00 - 225.00	180.00 - 185.00
Killinochchi	140.00 - 160.00	780.00 - 820.00	300.00 - 330.00	300.00 - 330.00	240.00 - 260.00	60.00 - 70.00	45.00 - 55.00	45.00 - 55.00	180.00 - 200.00	100.00 - 120.00
Mullaittivu	180.00 - 200.00	600.00 - 650.00	300.00 - 350.00	300.00 - 350.00	240.00 - 260.00	75.00 - 80.00	75.00 - 80.00	50.00 - 60.00	-	130.00 - 140.00
Batticaloa	150.00 - 160.00	700.00 - 780.00	470.00 - 500.00	250.00 - 290.00	150.00 - 160.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	180.00 - 200.00	100.00 - 100.00
Trincomalee	230.00 250.00	650.00 700.00	550.00 600.00	330.00 350.00	220.00 250.00	65.00 70.00	70.00 75.00	50.00 55.00	190.00 210.00	140.00 150.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	140.00 - 200.00	900.00 - 1100.00	360.00 - 400.00	180.00 - 220.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	200.00 - 220.00	160.00 - 180.00
Galenbindunuwewa	150.00 - 160.00	760.00 - 800.00	300.00 - 310.00	220.00 - 240.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 50.00	170.00 - 175.00	160.00 - 160.00
Bandarawela	160.00 - 200.00	600.00 - 700.00	400.00 - 500.00	200.00 - 260.00	150.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	180.00 - 200.00	150.00 - 170.00
Matale	160.00 - 200.00	800.00 - 1000.00	400.00 - 480.00	200.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	160.00 - 170.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 23: 06 - 12 Jun 2025

18	LOCATIONS	Banana					Pineapple			Mango	
		Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
	Colombo	100.00 - 200.00	200.00 - 350.00	100.00 - 200.00	29.00 - 44.00	40.00 - 60.00	325.00 - 585.00	250.00 - 450.00	200.00 - 360.00	-	150.00 - 233.00
	Gampaha	130.00 - 150.00	300.00 - 300.00	150.00 - 180.00	-	50.00 - 50.00	500.00 - 500.00	350.00 - 400.00	-	-	150.00 - 160.00
	Kurunegala	100.00 - 130.00	270.00 - 280.00	140.00 - 150.00	38.00 - 38.00	56.00 - 60.00	450.00 - 500.00	-	-	-	138.00 - 150.00
	Nikaweratiya	130.00 - 160.00	300.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	130.00 - 160.00
	Dambulla	120.00 - 140.00	300.00 - 340.00	150.00 - 160.00	-	48.00 - 52.00	450.00 - 500.00	300.00 - 350.00	200.00 - 250.00	60.00 - 70.00	100.00 - 140.00
	Anuradhapura	120.00 - 200.00	320.00 - 380.00	120.00 - 200.00	28.00 - 35.00	43.00 - 47.00	600.00 - 650.00	420.00 - 500.00	300.00 - 350.00	-	120.00 - 150.00
	Thambuththegama	100.00 - 150.00	300.00 - 350.00	120.00 - 150.00	28.00 - 30.00	42.00 - 50.00	450.00 - 500.00	300.00 - 350.00	-	-	-
	Polonnaruwa	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	40.00 - 45.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	200.00 - 250.00
	Kaluthara	150.00 - 160.00	280.00 - 320.00	180.00 - 220.00	28.00 - 30.00	32.00 - 35.00	475.00 - 550.00	360.00 - 420.00	300.00 - 340.00	-	120.00 - 140.00
	Badulla	100.00 - 120.00	250.00 - 300.00	100.00 - 120.00	25.00 - 27.00	30.00 - 33.00	550.00 - 600.00	300.00 - 350.00	200.00 - 280.00	50.00 - 58.00	250.00 - 300.00
	Keppetipola	140.00 - 150.00	250.00 - 270.00	140.00 - 150.00	30.00 - 32.00	45.00 - 46.00	-	380.00 - 400.00	300.00 - 330.00	-	120.00 - 130.00
	Moneragala	80.00 - 100.00	200.00 - 250.00	70.00 - 100.00	15.00 - 20.00	20.00 - 25.00	570.00 - 680.00	300.00 - 360.00	260.00 - 260.00	-	140.00 - 160.00
	Kegalle	110.00 - 130.00	250.00 - 300.00	120.00 - 140.00	25.00 - 30.00	40.00 - 50.00	550.00 - 650.00	350.00 - 450.00	200.00 - 300.00	-	120.00 - 130.00
	Ampara	140.00 - 150.00	280.00 - 280.00	130.00 - 140.00	38.00 - 38.00	50.00 - 50.00	-	380.00 - 400.00	-	-	110.00 - 115.00
	Dehiattakandiya	150.00 - 160.00	280.00 - 350.00	130.00 - 160.00	-	30.00 - 50.00	500.00 - 600.00	350.00 - 450.00	300.00 - 300.00	-	-
	Nuwaraeliya	140.00 - 160.00	260.00 - 280.00	130.00 - 140.00	30.00 - 35.00	45.00 - 48.00	-	380.00 - 420.00	320.00 - 350.00	-	140.00 - 150.00
	Kandy	150.00 - 170.00	280.00 - 300.00	150.00 - 180.00	25.00 - 28.00	40.00 - 45.00	650.00 - 680.00	400.00 - 450.00	250.00 - 300.00	-	150.00 - 160.00
	Puttalam	100.00 - 180.00	300.00 - 350.00	120.00 - 200.00	24.00 - 30.00	-	500.00 - 500.00	300.00 - 400.00	200.00 - 250.00	-	120.00 - 150.00
	Rathnapura	100.00 - 120.00	200.00 - 250.00	80.00 - 100.00	25.00 - 28.00	38.00 - 41.00	420.00 - 490.00	300.00 - 350.00	240.00 - 280.00	-	160.00 - 200.00
	Hambantota	-	-	-	-	-	-	-	-	-	-
	Matara	100.00 - 120.00	250.00 - 260.00	110.00 - 120.00	21.00 - 23.00	32.00 - 33.00	500.00 - 580.00	380.00 - 400.00	250.00 - 350.00	50.00 - 70.00	160.00 - 210.00
	Galle	100.00 - 120.00	250.00 - 280.00	120.00 - 150.00	32.00 - 36.00	32.00 - 36.00	-	-	250.00 - 320.00	-	140.00 - 160.00
	Tissamaharama	80.00 - 100.00	200.00 - 260.00	90.00 - 120.00	25.00 - 30.00	33.00 - 38.00	490.00 - 540.00	380.00 - 420.00	300.00 - 350.00	50.00 - 53.00	145.00 - 150.00
	Meegoda (DEC)	110.00 - 140.00	240.00 - 260.00	120.00 - 140.00	40.00 - 48.00	48.00 - 56.00	500.00 - 550.00	390.00 - 420.00	300.00 - 320.00	-	130.00 - 150.00
	Embilipitiya	40.00 - 60.00	140.00 - 180.00	70.00 - 80.00	20.00 - 30.00	25.00 - 30.00	450.00 - 500.00	350.00 - 420.00	200.00 - 300.00	60.00 - 70.00	120.00 - 150.00
	Jaffna	-	-	-	-	-	-	-	-	-	-
	Vavuniya	-	-	-	-	-	-	-	-	-	-
	Mannar	100.00 - 110.00	300.00 - 350.00	150.00 - 150.00	30.00 - 34.00	-	650.00 - 690.00	550.00 - 580.00	350.00 - 380.00	-	280.00 - 280.00
	Killinochchi	100.00 - 120.00	280.00 - 320.00	120.00 - 140.00	34.00 - 36.00	38.00 - 40.00	500.00 - 550.00	400.00 - 450.00	300.00 - 350.00	-	140.00 - 160.00
	Mullaittivu	120.00 - 150.00	320.00 - 350.00	120.00 - 150.00	42.00 - 43.00	44.00 - 46.00	600.00 - 650.00	400.00 - 450.00	-	-	-
	Batticaloa	100.00 - 1300.00	300.00 - 330.00	130.00 - 150.00	35.00 - 36.00	40.00 - 44.00	450.00 - 500.00	350.00 - 400.00	200.00 - 220.00	-	250.00 - 280.00
	Trincomalee	160.00 - 165.00	320.00 - 350.00	170.00 - 180.00	-	-	700.00 - 740.00	520.00 - 540.00	420.00 - 440.00	-	-
	Veyangoda	100.00 - 130.00	250.00 - 270.00	120.00 - 140.00	23.00 - 25.00	30.00 - 32.00	510.00 - 590.00	390.00 - 450.00	250.00 - 325.00	-	140.00 - 170.00
	Galenbindunuwewa	100.00 - 120.00	250.00 - 300.00	90.00 - 100.00	35.00 - 40.00	50.00 - 60.00	480.00 - 520.00	350.00 - 360.00	-	45.00 - 45.00	-
	Bandarawela	130.00 - 150.00	250.00 - 300.00	150.00 - 160.00	27.00 - 30.00	40.00 - 46.00	450.00 - 500.00	350.00 - 400.00	280.00 - 320.00	-	140.00 - 160.00
	Matale	100.00 - 120.00	280.00 - 300.00	120.00 - 160.00	28.00 - 36.00	46.00 - 50.00	580.00 - 620.00	400.00 - 460.00	320.00 - 350.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango			Other Fruits															
	Vilad		Kohu	Papaw (Rs/kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/kg)		King Coconut	
Colombo	-		-	120.00 - 250.00		50.00 - 80.00		180.00 - 300.00		130.00 - 167.00		140.00 - 225.00		40.00 - 120.00		2000.00 - 3000.00		140.00 - 250.00	
Gampaha	-		-	160.00 - 200.00		-		200.00 - 240.00		150.00 - 160.00		125.00 - 150.00		85.00 - 90.00		2600.00 - 2600.00		150.00 - 160.00	
Kurunegala	-		-	150.00 - 170.00		-		200.00 - 200.00		125.00 - 150.00		115.00 - 150.00		85.00 - 100.00		2200.00 - 2200.00		150.00 - 170.00	
Nikaweratiya	-		-	130.00 - 220.00		30.00 - 38.00		-		120.00 - 150.00		150.00 - 160.00		40.00 - 50.00		2500.00 - 2700.00		-	
Dambulla	-		40.00 - 50.00	160.00 - 180.00		30.00 - 33.00		-		80.00 - 100.00		150.00 - 160.00		50.00 - 60.00		2900.00 - 3000.00		180.00 - 200.00	
Anuradhapura	-		-	140.00 - 160.00		-		110.00 - 130.00		-		120.00 - 150.00		60.00 - 80.00		2600.00 - 3000.00		150.00 - 200.00	
Thambuththegama	-		-	100.00 - 150.00		40.00 - 50.00		-		-		115.00 - 130.00		-		-		130.00 - 150.00	
Polonnaruwa	-		-	150.00 - 180.00		50.00 - 60.00		-		-		160.00 - 200.00		50.00 - 80.00		2800.00 - 3000.00		180.00 - 240.00	
Kaluthara	-		-	140.00 - 170.00		-		-		-		115.00 - 125.00		53.00 - 60.00		2700.00 - 3000.00		150.00 - 160.00	
Badulla	70.00 - 75.00		33.00 - 41.00	100.00 - 150.00		60.00 - 62.00		150.00 - 200.00		66.00 - 75.00		150.00 - 200.00		50.00 - 66.00		2500.00 - 2500.00		250.00 - 250.00	
Keppetipola	-		-	140.00 - 150.00		45.00 - 55.00		120.00 - 130.00		100.00 - 120.00		120.00 - 130.00		50.00 - 55.00		2800.00 - 2900.00		170.00 - 180.00	
Moneragala	80.00 - 100.00		-	150.00 - 170.00		-		-		80.00 - 100.00		80.00 - 80.00		30.00 - 40.00		2800.00 - 3000.00		150.00 - 180.00	
Kegalle	-		-	120.00 - 130.00		-		150.00 - 160.00		80.00 - 100.00		100.00 - 130.00		40.00 - 60.00		2300.00 - 2500.00		180.00 - 200.00	
Ampara	85.00 - 90.00		-	160.00 - 180.00		-		-		60.00 - 70.00		90.00 - 98.00		-		2400.00 - 2500.00		180.00 - 200.00	
Dehiattakandiya	-		-	160.00 - 180.00		-		80.00 - 100.00		-		100.00 - 120.00		50.00 - 60.00		2600.00 - 3000.00		150.00 - 200.00	
Nuwaraeliya	-		-	140.00 - 160.00		55.00 - 60.00		130.00 - 140.00		120.00 - 140.00		130.00 - 150.00		50.00 - 60.00		2800.00 - 3000.00		180.00 - 200.00	
Kandy	-		-	160.00 - 170.00		40.00 - 45.00		150.00 - 160.00		100.00 - 120.00		80.00 - 100.00		50.00 - 60.00		2500.00 - 2800.00		170.00 - 180.00	
Puttalam	-		-	150.00 - 200.00		40.00 - 60.00		-		70.00 - 100.00		80.00 - 120.00		50.00 - 60.00		2900.00 - 3000.00		150.00 - 200.00	
Hambantota	-		-	-		-		-		-		-		-		-		-	
Rathnapura	-		-	120.00 - 150.00		-		100.00 - 130.00		-		100.00 - 133.00		40.00 - 60.00		2000.00 - 2200.00		130.00 - 150.00	
Matara	120.00 - 130.00		-	130.00 - 150.00		50.00 - 60.00		170.00 - 190.00		180.00 - 220.00		90.00 - 110.00		50.00 - 60.00		2300.00 - 2500.00		150.00 - 170.00	
Galle	80.00 - 90.00		-	120.00 - 160.00		38.00 - 48.00		-		120.00 - 140.00		116.00 - 130.00		60.00 - 70.00		2500.00 - 2800.00		140.00 - 160.00	
Tissamaharama	70.00 - 76.00		38.00 - 43.00	120.00 - 180.00		48.00 - 52.00		130.00 - 140.00		-		135.00 - 142.00		30.00 - 35.00		2900.00 - 3000.00		150.00 - 180.00	
Meegoda (DEC)	-		-	140.00 - 160.00		-		-		-		120.00 - 130.00		50.00 - 70.00		2000.00 - 2500.00		150.00 - 160.00	
Embilipitiya	60.00 - 80.00		40.00 - 50.00	120.00 - 140.00		30.00 - 40.00		-		120.00 - 150.00		80.00 - 100.00		-		2600.00 - 2800.00		160.00 - 180.00	
Jaffna	-		-	-		-		-		-		-		-		-		-	
Vavuniya	-		-	-		-		-		-		-		-		-		-	
Mannar	-		-	150.00 - 180.00		70.00 - 78.00		140.00 - 150.00		80.00 - 90.00		130.00 - 150.00		100.00 - 120.00		2400.00 - 2500.00		180.00 - 190.00	
Killinochchi	-		-	130.00 - 150.00		45.00 - 50.00		-		-		-		-		2400.00 - 2450.00		240.00 - 260.00	
Mullaittivu	-		-	130.00 - 140.00		50.00 - 60.00		-		-		-		-		2400.00 - 2500.00		160.00 - 200.00	
Batticaloa	-		-	180.00 - 200.00		30.00 - 35.00		100.00 - 150.00		115.00 - 150.00		100.00 - 110.00		-		2500.00 - 2600.00		180.00 - 200.00	
Trincomalee	-		50.00 - 55.00	135.00 - 140.00		70.00 - 75.00		-		85.00 - 88.00		124.00 - 125.00		-		2440.00 - 2450.00		225.00 - 230.00	
Veyangoda	-		-	120.00 - 130.00		38.00 - 45.00		100.00 - 120.00		70.00 - 90.00		110.00 - 130.00		30.00 - 40.00		2400.00 - 2500.00		150.00 - 180.00	
Galenbindunuwewa	-		-	100.00 - 120.00		-		-		-		80.00 - 80.00		-		2400.00 - 2500.00		150.00 - 150.00	
Bandarawela	-		-	150.00 - 170.00		40.00 - 45.00		-		90.00 - 110.00		100.00 - 150.00		50.00 - 60.00		2400.00 - 2500.00		160.00 - 180.00	
Matale	-		-	120.00 - 150.00		35.00 - 40.00		150.00 - 160.00		80.00 - 90.00		-		50.00 - 70.00		2800.00 - 3000.00		130.00 - 160.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 23: 06 - 12 Jun 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	700.00 – 850.00	1000.00 – 1200.00	1300.00 – 1500.00	1500.00 – 1800.00	3200.00 – 3800.00	1300.00 – 1500.00
Kandy	650.00 – 680.00	–	1200.00 – 1300.00	1700.00 – 1800.00	2500.00 – 2600.00	1400.00 – 1500.00
Kaluthara	500.00 – 600.00	–	900.00 – 1000.00	1300.00 – 1400.00	–	–
Puttalam	–	–	–	–	–	–
Matara	700.00 – 750.00	–	1200.00 – 1300.00	1400.00 – 1500.00	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	1000.00 – 1000.00	1200.00 – 1400.00	–	–
Batticaloa	450.00 – 500.00	900.00 – 1000.00	1000.00 – 1200.00	1400.00 – 1500.00	–	–
Trincomalee	460.00 – 480.00	1050.00 – 1100.00	1140.00 – 1160.00	1870.00 – 1900.00	1960.00 – 1980.00	1540.00 – 1560.00
Mannar	–	–	–	–	–	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1400.00 – 1600.00	1300.00 – 1600.00	2700.00 – 3000.00	–	34.00 – 36.00	32.00 – 33.00
Kandy	1500.00 – 1600.00	1700.00 – 1800.00	2300.00 – 2400.00	–	33.00 – 34.00	31.00 – 32.00
Kaluthara	1100.00 – 1200.00	1500.00 – 1700.00	1900.00 – 2200.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	1600.00 – 1750.00	–	–	33.00 – 35.00	31.50 – 32.00
Hambantota	–	–	–	–	–	–
Galle	1200.00 – 1200.00	–	–	–	34.00 – 35.00	33.00 – 34.00
Batticaloa	1200.00 – 1300.00	1750.00 – 1800.00	2200.00 – 2300.00	–	32.00 – 32.00	30.00 – 30.00
Trincomalee	1750.00 – 1760.00	1040.00 – 1060.00	–	–	35.00 – 37.00	33.00 – 34.00
Mannar	1280.00 – 1300.00	1200.00 – 1200.00	–	–	38.00 – 38.00	35.00 – 35.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 23: 06 - 12 Jun 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	72500 – 90000	–	–	100000 – 110000	90000 – 100000	–
Kandy	75000 – 77500	–	–	97500 – 100000	75000 – 80000	–
Batticaloa	42500 – 45000	90000 – 97500	–	–	77500 – 82500	–
Trincomalee	52200 – 52400	–	–	–	54650 – 54800	48500 – 49500
Mannar	–	75000 – 75000	–	82500 – 82500	–	35000 – 35000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	70000 – 80000	–	35000 – 47500	50000 – 55000	92500 – 97500	–
Kandy	72500 – 75000	–	45000 – 47500	40000 – 45000	90000 – 95000	–
Batticaloa	–	–	40000 – 42500	39500 – 42500	–	–
Trincomalee	50850 – 51500	–	28600 – 28800	42750 – 42800	98750 – 98800	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	82500 – 92500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 23: 06 - 12 Jun 2025

21

LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown		White	
Colombo	850.00 - 1080.00	-	1500.00 - 2000.00	1800.00 - 3000.00	3700.00 - 4800.00	1600.00 - 2800.00	-	2800.00 - 3500.00		35.00 - 39.00		33.00 - 37.00	
Gampaha	600.00 - 650.00	-	-	2000.00 - 2000.00	-	-	-	2800.00 - 2800.00		39.00 - 40.00		36.00 - 36.00	
Kurunegala	550.00 - 640.00	-	1800.00 - 1800.00	2000.00 - 2000.00	-	1900.00 - 2000.00	-	2700.00 - 2800.00		34.00 - 36.00		32.00 - 34.00	
Nikaweratiya	800.00 - 850.00	1400.00 - 1500.00	1300.00 - 1350.00	2800.00 - 2900.00	-	1400.00 - 1500.00	-	2800.00 - 2850.00		32.00 - 36.00		32.00 - 35.00	
Dambulla	800.00 - 860.00	1300.00 - 1400.00	1300.00 - 1400.00	2400.00 - 2600.00	-	1600.00 - 1800.00	1800.00 - 2000.00	2400.00 - 2500.00		35.00 - 36.00		33.00 - 34.00	
Anuradhapura	-	1300.00 - 1400.00	1200.00 - 1600.00	2400.00 - 2600.00	-	1700.00 - 1800.00	-	2600.00 - 2800.00		-		34.00 - 35.00	
Thambuththegama	-	-	-	-	-	-	-	-		33.00 - 35.00		32.00 - 34.00	
Polonnaruwa	750.00 - 800.00	1200.00 - 1300.00	1750.00 - 1800.00	2200.00 - 2300.00	-	1600.00 - 1700.00	1700.00 - 1800.00	2300.00 - 2400.00		35.00 - 36.00		32.00 - 34.00	
Kaluthara	850.00 - 1000.00	-	2100.00 - 2200.00	2800.00 - 3000.00	-	-	1700.00 - 1800.00	3000.00 - 3100.00		33.00 - 35.00		30.00 - 32.00	
Badulla	600.00 - 600.00	1200.00 - 1200.00	1800.00 - 1800.00	2200.00 - 2200.00	2950.00 - 2950.00	1800.00 - 1800.00	1800.00 - 1800.00	2600.00 - 2600.00		-		34.00 - 36.00	
Keppetipola	-	-	-	-	-	-	-	-		37.00 - 39.00		35.00 - 37.00	
Moneragala	950.00 - 1000.00	-	1200.00 - 1600.00	2600.00 - 2700.00	-	-	-	2800.00 - 3000.00		34.00 - 35.00		34.00 - 35.00	
Kegalle	800.00 - 1000.00	-	1900.00 - 2000.00	2700.00 - 2800.00	-	-	1750.00 - 1800.00	2650.00 - 2800.00		42.00 - 43.00		37.00 - 40.00	
Ampara	-	-	-	-	-	-	-	-		-		31.00 - 34.00	
Dehiattakandiya	-	-	1200.00 - 1400.00	2400.00 - 2500.00	-	1800.00 - 1800.00	1800.00 - 1800.00	2500.00 - 2600.00		32.00 - 35.00		30.00 - 35.00	
Nuwaraeliya	-	-	-	-	-	-	-	-		38.00 - 40.00		36.00 - 38.00	
Kandy	780.00 - 800.00	-	1500.00 - 1600.00	2500.00 - 2600.00	3200.00 - 3300.00	1700.00 - 1760.00	1750.00 - 1800.00	2600.00 - 2660.00		36.00 - 37.00		33.00 - 35.00	
Puttalam	900.00 - 1000.00	1400.00 - 1500.00	1500.00 - 1600.00	1700.00 - 1800.00	-	1500.00 - 1600.00	-	-		32.00 - 35.00		30.00 - 33.00	
Hambantota	-	-	-	-	-	-	-	-		-		-	
Rathnapura	500.00 - 600.00	-	1600.00 - 1700.00	2300.00 - 2400.00	-	2400.00 - 2600.00	1700.00 - 1800.00	2450.00 - 2600.00		36.00 - 38.00		32.00 - 34.00	
Matara	900.00 - 1000.00	-	1800.00 - 2000.00	2100.00 - 2300.00	-	-	-	2300.00 - 2400.00		35.00 - 36.00		33.00 - 34.00	
Galle	750.00 - 800.00	-	1400.00 - 1600.00	2600.00 - 2600.00	-	-	1600.00 - 1800.00	2800.00 - 3000.00		35.00 - 36.00		34.00 - 35.00	
Tissamaharama	600.00 - 700.00	-	1000.00 - 1200.00	2800.00 - 2900.00	-	-	-	2500.00 - 2700.00		34.00 - 35.00		33.00 - 34.00	
Meegoda	960.00 - 960.00	-	-	2800.00 - 2960.00	-	1700.00 - 1700.00	-	2800.00 - 3400.00		36.00 - 36.00		35.00 - 36.00	
Embilipitiya	850.00 - 900.00	-	1700.00 - 1800.00	2550.00 - 2600.00	-	-	-	2550.00 - 2600.00		34.00 - 35.00		32.00 - 35.00	
Jaffna	-	-	-	-	-	-	-	-		-		-	
Vavuniya	-	-	-	-	-	-	-	-		-		-	
Mannar	350.00 - 400.00	-	750.00 - 900.00	-	-	1200.00 - 1300.00	-	-		38.00 - 38.00		35.00 - 35.00	
Killinochchi	500.00 - 550.00	850.00 - 900.00	950.00 - 1000.00	-	-	1500.00 - 1550.00	-	-		-		38.00 - 39.00	
Mullaittivu	500.00 - 600.00	1000.00 - 1200.00	900.00 - 1000.00	2100.00 - 2200.00	-	1600.00 - 1700.00	-	2100.00 - 2200.00		-		-	
Batticaloa	600.00 - 700.00	1200.00 - 1300.00	1400.00 - 1500.00	2000.00 - 2200.00	-	-	1500.00 - 1600.00	2700.00 - 2800.00		-		-	
Trincomalee	600.00 - 650.00	1160.00 - 1180.00	1250.00 - 1280.00	2350.00 - 2380.00	-	1680.00 - 1740.00	1870.00 - 1900.00	-		36.00 - 38.00		35.00 - 36.00	
Veyangoda	900.00 - 900.00	-	-	2000.00 - 2200.00	2800.00 - 2800.00	2500.00 - 2600.00	-	2600.00 - 2800.00		36.00 - 38.00		34.00 - 36.00	
Galenbindunuwewa	-	-	-	-	-	-	-	-		35.00 - 35.00		34.00 - 34.00	
Bandarawela	650.00 - 700.00	-	-	-	-	1800.00 - 1900.00	-	-		37.00 - 40.00		34.00 - 36.00	
Matale	800.00 - 900.00	1400.00 - 1500.00	1200.00 - 1400.00	2500.00 - 2600.00	2800.00 - 3000.00	1800.00 - 2000.00	1800.00 - 1900.00	2600.00 - 2800.00		40.00 - 41.00		37.00 - 38.00	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 23: 06 - 12 Jun 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1100.00 –	1400.00	2000.00 –	2800.00	–		2400.00 –	2800.00	2000.00 –	2600.00	1800.00 –	2400.00	1200.00 –	1250.00
Gampaha	900.00 –	1000.00	–		3500.00 –	3600.00	2400.00 –	2400.00	1600.00 –	1700.00	2400.00 –	2400.00	950.00 –	1000.00
Kurunegala	800.00 –	900.00	–		–		2200.00 –	2300.00	1300.00 –	1400.00	–		900.00 –	900.00
Nikaweratiya	800.00 –	1200.00	2200.00 –	2400.00	–		2400.00 –	2600.00	2000.00 –	2200.00	2400.00 –	2500.00	1000.00 –	1200.00
Dambulla	850.00 –	900.00	2300.00 –	2400.00	–		2300.00 –	2400.00	1400.00 –	1500.00	1800.00 –	2000.00	–	
Anuradhapura	1000.00 –	1200.00	2400.00 –	2800.00	–		2400.00 –	2600.00	2000.00 –	2200.00	2300.00 –	2400.00	1000.00 –	1200.00
Thambuththegama	850.00 –	1250.00	2200.00 –	2400.00	–		2450.00 –	2600.00	1800.00 –	2200.00	2100.00 –	2400.00	1150.00 –	1300.00
Polonnaruwa	1000.00 –	1100.00	2100.00 –	2200.00	–		2300.00 –	2400.00	1800.00 –	2000.00	2100.00 –	2200.00	–	
Kaluthara	1160.00 –	1200.00	2400.00 –	2600.00	–		2400.00 –	2600.00	1400.00 –	1560.00	2400.00 –	2600.00	–	
Badulla	1000.00 –	1000.00	–		–		2400.00 –	2400.00	–		–		–	
Keppetipola	800.00 –	850.00	2280.00 –	2300.00	–		2250.00 –	2300.00	1800.00 –	1850.00	2350.00 –	2400.00	950.00 –	1000.00
Moneragala	1100.00 –	1300.00	2400.00 –	2500.00	–		2500.00 –	2600.00	2300.00 –	2400.00	2300.00 –	2400.00	–	
Kegalle	850.00 –	1040.00	2300.00 –	2800.00	–		2200.00 –	2600.00	1300.00 –	1800.00	–		–	
Ampara	–		2200.00 –	2300.00	–		2200.00 –	2400.00	1600.00 –	2000.00	1200.00 –	1800.00	–	
Dehiattakandiya	950.00 –	1200.00	2300.00 –	2400.00	–		2200.00 –	2400.00	2000.00 –	2200.00	1400.00 –	1500.00	–	
Nuwareliya	850.00 –	900.00	2450.00 –	2500.00	2900.00 –	3000.00	2300.00 –	2400.00	1600.00 –	1650.00	2200.00 –	2400.00	1000.00 –	1100.00
Kandy	900.00 –	1000.00	2300.00 –	2400.00	3200.00 –	3300.00	2300.00 –	2400.00	2000.00 –	2100.00	2100.00 –	2200.00	1100.00 –	1200.00
Puttalam	900.00 –	1000.00	2600.00 –	2800.00	–		2200.00 –	2400.00	1600.00 –	1800.00	2000.00 –	2400.00	1000.00 –	1200.00
Hambantota	–		–		–		–		–		–		–	
Rathnapura	1100.00 –	1400.00	2300.00 –	2600.00	–		2300.00 –	2600.00	2000.00 –	2400.00	2200.00 –	2400.00	–	
Matara	800.00 –	900.00	2000.00 –	2200.00	–		2000.00 –	2200.00	1400.00 –	1600.00	2000.00 –	2200.00	–	
Galle	1200.00 –	1400.00	2400.00 –	2800.00	–		2400.00 –	2800.00	2000.00 –	2400.00	2000.00 –	2400.00	–	
Tissamaharama	800.00 –	1000.00	–		–		–		2400.00 –	2500.00	2500.00 –	2600.00	–	
Meegoda	800.00 –	1200.00	2300.00 –	2400.00	–		2200.00 –	2400.00	–		2200.00 –	2400.00	1200.00 –	1400.00
Embilipitiya	900.00 –	1200.00	2300.00 –	2400.00	–		2250.00 –	2400.00	2200.00 –	2450.00	2300.00 –	2400.00	900.00 –	1000.00
Jaffna	–		–		–		–		–		–		–	
Vavuniya	–		–		–		–		–		–		–	
Mannar	1050.00 –	1100.00	2500.00 –	2550.00	–		1800.00 –	1900.00	1400.00 –	1400.00	850.00 –	900.00	800.00 –	850.00
Killinochchi	–		2400.00 –	2500.00	–		1600.00 –	1700.00	1350.00 –	1400.00	800.00 –	980.00	800.00 –	850.00
Mullaittivu	920.00 –	960.00	1900.00 –	2000.00	–		2400.00 –	2500.00	1200.00 –	1250.00	900.00 –	1000.00	–	
Batticaloa	950.00 –	1100.00	2400.00 –	2500.00	–		–		1900.00 –	2000.00	–		1300.00 –	1400.00
Trincomalee	1050.00 –	1080.00	2360.00 –	2380.00	–		–		1260.00 –	1280.00	1220.00 –	1250.00	–	
Veyangoda	1000.00 –	1200.00	2000.00 –	2200.00	3000.00 –	3000.00	2000.00 –	2400.00	2200.00 –	2200.00	1900.00 –	2200.00	1000.00 –	1400.00
Galenbindunuwewa	950.00 –	1000.00	2800.00 –	2850.00	–		–		–		1200.00 –	1300.00	–	
Bandarawela	800.00 –	1200.00	2200.00 –	2350.00	–		2300.00 –	2400.00	1700.00 –	1800.00	2200.00 –	2300.00	1000.00 –	1100.00
Matale	800.00 –	1000.00	2300.00 –	2400.00	–		2200.00 –	2400.00	1700.00 –	1800.00	2300.00 –	2400.00	900.00 –	1000.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 23: 06 - 12 Jun 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1250.00 - 1380.00	1000.00 - 1350.00	3600.00 - 4000.00	2000.00 - 2400.00
Gampaha	-	1300.00 - 1350.00	1300.00 - 1300.00	3500.00 - 3500.00	-
Kurunegala	2800.00 - 2800.00	1180.00 - 1260.00	1250.00 - 1250.00	3200.00 - 3200.00	-
Nikaweratiya	2200.00 - 2400.00	1200.00 - 1400.00	-	-	-
Dambulla	-	1250.00 - 1300.00	1300.00 - 1400.00	-	1400.00 - 1500.00
Anuradhapura	2600.00 - 2800.00	1150.00 - 1250.00	1300.00 - 1300.00	3600.00 - 3800.00	1600.00 - 1800.00
Thambuththegama	-	1000.00 - 1100.00	-	-	1360.00 - 1500.00
Polonnaruwa	2300.00 - 2400.00	1000.00 - 1100.00	1200.00 - 1300.00	3300.00 - 3400.00	-
Kaluthara	2500.00 - 2500.00	1200.00 - 1300.00	1150.00 - 1200.00	-	1300.00 - 1400.00
Badulla	2300.00 - 2400.00	1100.00 - 1250.00	-	3200.00 - 3200.00	-
Keppetipola	-	1260.00 - 1280.00	1350.00 - 1360.00	-	-
Moneragala	2600.00 - 2600.00	1300.00 - 1400.00	-	3400.00 - 3400.00	1800.00 - 2000.00
Kegalle	2500.00 - 2500.00	1250.00 - 1350.00	-	3100.00 - 3100.00	-
Ampara	2200.00 - 2400.00	1050.00 - 1280.00	-	-	1800.00 - 2000.00
Dehiattakandiya	-	1190.00 - 1250.00	950.00 - 950.00	-	1950.00 - 2000.00
Nuwaraeliya	-	1260.00 - 1300.00	1380.00 - 1390.00	-	-
Kandy	2300.00 - 2400.00	1240.00 - 1250.00	1250.00 - 1270.00	3400.00 - 3400.00	1800.00 - 1900.00
Puttalam	2500.00 - 2500.00	1250.00 - 1250.00	1400.00 - 1400.00	3800.00 - 3800.00	-
Hambantota	-	-	-	-	-
Rathnapura	2600.00 - 2600.00	1290.00 - 1350.00	1250.00 - 1400.00	3500.00 - 3500.00	2000.00 - 2000.00
Matara	-	1280.00 - 1300.00	-	-	-
Galle	-	1250.00 - 1300.00	-	-	-
Tissamaharama	-	1350.00 - 1400.00	1250.00 - 1300.00	-	-
Meegoda	-	1280.00 - 1330.00	1200.00 - 1230.00	-	2200.00 - 2200.00
Embilipitiya	2000.00 - 2100.00	1150.00 - 1300.00	1250.00 - 1300.00	3150.00 - 3500.00	1800.00 - 2000.00
Jaffna	-	-	-	-	-
Vavuniya	-	-	-	-	-
Mannar	2100.00 - 2200.00	1330.00 - 1330.00	1450.00 - 1450.00	-	-
Killinochchi	2200.00 - 2250.00	1250.00 - 1300.00	1450.00 - 1500.00	3300.00 - 3400.00	-
Mullaittivu	2200.00 - 2200.00	1300.00 - 1350.00	1450.00 - 1500.00	-	-
Batticaloa	2100.00 - 2200.00	1150.00 - 1200.00	1250.00 - 1300.00	3500.00 - 3600.00	-
Trincomalee	2320.00 - 2350.00	1120.00 - 1150.00	1760.00 - 1800.00	3550.00 - 3580.00	-
Veyangoda	-	1200.00 - 1300.00	-	-	1800.00 - 2000.00
Galenbindunuwewa	-	-	-	-	-
Bandarawela	2300.00 - 2400.00	1200.00 - 1300.00	-	3300.00 - 3400.00	-
Matale	2300.00 - 2500.00	1200.00 - 1250.00	1300.00 - 1350.00	3200.00 - 3400.00	1500.00 - 1600.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 23: 06 - 12 Jun 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	175.00 - 195.00	185.00	184.00	107.50	0.54	72.09
Samba 1	240.00 - 250.00	243.89	243.13	237.30	0.31	2.78	Small	155.00 - 165.00	161.00	160.00	91.11	0.63	76.71
Samba 2	235.00 - 238.00	236.50	236.50	229.50	0.00	3.05							
Keeri Samba	250.00 - 300.00	280.00	283.33	310.00	-1.18	-9.68	<u>Fruits (Rs/fruit)</u>						
Nadu 1	225.00 - 230.00	227.33	228.00	212.00	-0.29	7.23	Plantain						
Nadu 2	220.00 - 222.00	221.00	221.00	205.22	0.00	7.69	Ambul (Rs/kg)	80.00 - 100.00	90.00	73.00	99.17	23.29	-9.24
Raw (Red)	210.00 - 220.00	215.00	212.43	184.80	1.21	16.34	Kolikuttu (Rs/kg)	180.00 - 220.00	196.00	174.00	276.67	12.64	-29.16
Raw (White)	210.00 - 220.00	214.67	212.71	206.00	0.92	4.21	Seeni (Rs/kg)	80.00 - 100.00	92.00	86.00	96.67	6.98	-4.83
Imported							Anamalu	25.00 - 28.00	26.60	24.60	23.00	8.13	15.65
Samba	230.00 - 240.00	235.00	235.00	266.63	0.00	-11.86	Ambun	32.00 - 37.00	35.60	35.10	29.67	1.42	20.00
Nadu							Papaw(Rs/kg)	80.00 - 120.00	104.00	106.00	90.00	-1.89	15.56
Raw (Red)							Passion Fruit	35.00 - 40.00	38.60	35.00	66.00	10.29	-41.52
Raw (White)	205.00 - 210.00	207.50	208.00		-0.24		Pineapple Large	290.00 - 500.00	399.00	306.67	545.00	30.11	-26.79
<u>Dried Chillies</u>							Pineapple Medium	220.00 - 400.00	312.00	236.67	395.00	31.83	-21.01
Imported	500.00 - 550.00	523.75	525.00	769.00	-0.24	-31.89	Pineapple Small	180.00 - 320.00	246.00	191.11	305.00	28.72	-19.34
<u>Onion</u>							Mango						
Sinnan	200.00 - 250.00	220.00		427.78			Betti	-			22.78		
Vedalan					4.68	-2.35	Karthakolomban	130.00 - 160.00	147.00	152.00	75.45	-3.29	94.82
Imported	330.00 - 390.00	363.75	347.50	372.50			Vilad	-			40.00		
<u>Big Onion</u>							Kohu	-					
Imported	70.00 - 110.00	93.13	95.71	196.00	-2.71	-52.49	Other						
Local							Wood Apple	120.00 - 140.00	131.00	118.00	155.00	11.02	-15.48
<u>Potato</u>							Orange	120.00 - 140.00	131.00	87.00	94.00	50.57	39.36
Welimada							Avocado	130.00 - 160.00	147.00	119.00	65.00	23.53	126.15
N'Eliya	240.00 - 290.00	255.00	335.00	248.57	-23.88	2.59	Slime Apple	20.00 - 40.00	30.00	27.00	19.11	11.11	56.98
Imported	135.00 - 180.00	151.67	161.67	167.86	-6.19	-9.65	Grapes (Imp., Rs/kg)	1800.00 - 2100.00	1962.50	1883.33	1657.14	4.20	18.43
<u>Pulses</u>							King Coconut	130.00 - 170.00	150.00	132.00	148.89	13.64	0.75
Green Gram	650.00 - 800.00	700.00	762.50	1022.50	-8.20	-31.54	<u>Sea Fish</u>						
Cowpea (White)	650.00 - 700.00	680.00	683.33	805.71	-0.49	-15.60	Salaya	700.00 - 850.00	760.00	715.00	582.50	6.29	30.47
Cowpea (Red)	650.00 - 800.00	712.50	750.00	765.71	-5.00	-6.95	Hurulla	1000.00 - 1200.00	1100.00	1330.00	1003.33	-17.29	9.63
Red Dhal	250.00 - 255.00	252.22	252.00	276.67	0.09	-8.84	Balaya	1300.00 - 1500.00	1380.00	1460.00	1265.83	-5.48	9.02
<u>Vegetable</u>							Kelawalla	1500.00 - 1800.00	1660.00	1795.00	1560.00	-7.52	6.41
Beans (Butter)							Thora	3200.00 - 3800.00	3500.00	3420.00	2883.33	2.34	21.39
Beans(Green)	400.00 - 600.00	500.00	375.00	513.00	33.33	-2.53	Paraw	1300.00 - 1500.00	1400.00	1560.00	1666.67	-10.26	-16.00
Carrot	450.00 - 700.00	575.00	563.00	133.00	2.13	332.33	Mora	1400.00 - 1600.00	1475.00	1445.00		2.08	
Leeks	250.00 - 350.00	288.00	208.00	392.00	38.46	-26.53	Shrimps	1300.00 - 1600.00	1450.00	1350.00	1740.00	7.41	-16.67
Beetroot	300.00 - 450.00	373.57	405.00	314.29	-7.76	18.86	Thalapath	2700.00 - 3000.00	2880.00	2700.00	2266.67	6.67	27.06
Knolkhol	250.00 - 300.00	276.00	250.00	222.00	10.40	24.32	<u>Eggs</u>						
Raddish	100.00 - 150.00	124.00	134.00	170.00	-7.46	-27.06	Brown	34.00 - 36.00	34.80	33.00	47.56	5.45	-26.83
Cabbage	300.00 - 400.00	350.00	308.00	72.00	13.64	386.11	White	32.00 - 33.00	32.80	30.89	45.63	6.19	-28.11
Tomato	450.00 - 600.00	526.00	513.00	165.00	2.53	218.79	<u>Dried Fish</u>						
Ladies Fingers	80.00 - 150.00	112.00	85.00	109.00	31.76	2.75	Sprats	1450.00 - 1800.00	1637.50	1472.22	1555.38	11.23	5.28
Brinjal	300.00 - 350.00	324.00	354.00	370.00	-8.47	-12.43	Sprats (Imported)	1000.00 - 1100.00	1037.50	706.25	796.67	46.90	30.23
Capsicum	500.00 - 800.00	650.00	685.00	362.00	-5.11	79.56	Kattawa	-					
Pumpkin	80.00 - 130.00	108.00	114.00	76.00	-5.26	42.11	Kattawa (Imported)	1850.00 - 1950.00	1900.00	1777.78	1316.67	6.88	44.30
Cucumber	60.00 - 80.00	71.00	55.00	100.00	29.09	-29.00	Thora	-					
Bitter Gourd	400.00 - 500.00	450.00	459.00	503.00	-1.96	-10.54	Thora (Imported)	-					
Snake Gourd	130.00 - 220.00	181.00	215.00	292.00	-15.81	-38.01	Mora	2000.00 - 2200.00	2100.00	1975.00	1868.33	6.33	12.40
Drumstick	600.00 - 1000.00	800.00	780.00		2.56		Mora (Imported)	-					
Luffa	130.00 - 220.00	181.00	186.00	267.00	-2.69	-32.21	Balaya	1800.00 - 2000.00	1925.00	1577.78	1040.00	22.01	85.10
Long Beans	120.00 - 200.00	158.00	162.00	202.00	-2.47	-21.78	Balaya (Imported)	-					
Ash Plantain	70.00 - 120.00	98.00	79.00	140.00	24.05	-30.00	Anguluwa	-					
Green Chillies	600.00 - 650.00	630.00	487.00	202.00	29.36	211.88	Anguluwa (Imported)	1650.00 - 1850.00	1762.50	1616.67	1383.33	9.02	27.41
Lime	250.00 - 300.00	284.00	281.00	950.00	1.07	-70.11	Maduwa	1400.00 - 1600.00	1525.00	1516.67	1419.17	0.55	7.46
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	160.00 - 220.00	190.00	176.00	170.00	7.95	11.76	Koduwa	-					
Manioc	80.00 - 130.00	104.00	100.00	110.00	4.00	-5.45	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	700.00 - 950.00	837.50	737.50	604.17	13.56	38.62
Mukunuwenna	35.00 - 40.00	37.50	35.30	47.50	6.23	-21.05	Salaya (Imported)	-					
Kankun	35.00 - 40.00	37.50	35.30	47.50	6.23	-21.05							
Gotukola (Rs/kg)	300.00 - 320.00	314.55	312.00	260.00	0.82	20.98							

This Week:

Week 23: 06 - 12 Jun 2025

Last Week:

Week 22: 30 May - 05 Jun 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 23: 06 - 12 Jun 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	195.00 · 230.00	210.83	215.75	115.34	-4.92	82.79
Samba 1	250.00 · 260.00	254.29	251.67	251.61	2.62	1.06	Small	180.00 · 200.00	192.22	195.00	92.69	-2.78	107.38
Samba 2													
Keeri Samba	260.00 · 320.00	287.06	286.67	362.08	0.39	-20.72	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 250.00	235.50	234.21	224.60	1.29	4.85	Plantain						
Nadu 2							Ambul (Rs/kg)	100.00 · 200.00	145.93	145.00	194.62	0.93	-25.02
Raw (Red)	220.00 · 240.00	225.24	223.81	200.83	1.43	12.15	Kolikuttu (Rs/kg)	200.00 · 350.00	283.08	271.43	376.43	11.65	-24.80
Raw (White)	220.00 · 240.00	225.26	223.50	217.20	1.76	3.71	Seeni (Rs/kg)	100.00 · 200.00	162.76	160.95	197.50	1.81	-17.59
Imported							Anamalu	29.00 · 44.00	40.29	38.24	36.10	2.06	11.61
Samba	240.00 · 260.00	249.29	251.11	280.00	-1.83	-10.97	Ambun	40.00 · 60.00	55.33	52.35	46.48	2.98	19.04
Nadu	230.00 · 240.00	232.00	227.50		4.50		Papaw(Rs/kg)	120.00 · 250.00	180.37	182.22	187.20	-1.85	-3.65
Raw (Red)							Passion Fruit	50.00 · 80.00	64.21	57.69	89.00	6.52	-27.85
Raw (White)	215.00 · 220.00	218.75	218.00		0.75		Pineapple Large	325.00 · 585.00	438.85	379.23	755.00	59.62	-41.87
Dried Chillies							Pineapple Medium	250.00 · 450.00	336.19	294.67	494.00	41.53	-31.94
Imported	650.00 · 900.00	776.19	778.42	1065.91	-2.23	-27.18	Pineapple Small	200.00 · 360.00	263.67	235.33	363.91	28.33	-27.55
Onion							Mango						
Sinnan							Betti						
Vedalan				542.86			Karthakolomban	150.00 · 233.00	188.50	194.17	117.32	-5.67	60.67
Imported	400.00 · 600.00	470.56	468.89	480.80	1.67	-2.13	Vilad				62.14		
Big Onion							Kohu						
Imported	120.00 · 160.00	145.42	150.43	236.77	-5.02	-38.58	Other						
Local							Wood Apple	180.00 · 300.00	227.27	210.91	170.83	16.36	33.04
Potato							Orange	130.00 · 167.00	151.29	150.83	137.94	0.45	9.67
Welimada							Avocado	140.00 · 225.00	188.86	198.57	102.27	-9.71	84.67
N'Eliya	360.00 · 480.00	424.44	438.00	393.04	-13.56	7.99	Slime Apple	40.00 · 120.00	91.11	90.00	64.76	1.11	40.68
Imported	180.00 · 240.00	217.62	230.00	211.58	-12.38	2.85	Grapes (Imp., Rs/kg)	2000.00 · 3000.00	2625.00	2585.71	2304.76	39.29	13.89
Pulses							King Coconut	140.00 · 250.00	189.05	186.67	201.15	2.38	-6.02
Green Gram	800.00 · 1000.00	887.78	910.63	1402.17	-22.85	-36.69	Sea Fish						
Cowpea (White)	700.00 · 1000.00	856.43	872.73	1064.17	-16.30	-19.52	Salaya	850.00 · 1080.00	942.67	898.24	743.18	44.43	26.84
Cowpea (Red)	700.00 · 1000.00	835.71	874.00	1055.00	-38.29	-20.79	Hurulla				1090.00		
Red Dhal	270.00 · 320.00	290.48	288.64	329.17	1.84	-11.75	Balaya	1500.00 · 2000.00	1700.00	1614.29	1505.56	85.71	12.92
Vegetable							Kelawalla	1800.00 · 3000.00	2538.89	2683.33	2454.76	-144.44	3.43
Beans (Butter)							Thora	3700.00 · 4800.00	4150.00	4100.00	3317.86	50.00	25.08
Beans(Green)	500.00 · 800.00	637.67	446.82	664.48	190.85	-4.04	Paraw	1600.00 · 2800.00	2063.33	2492.86	2571.43	-429.52	-19.76
Carrot	550.00 · 900.00	756.43	747.37	300.00	9.06	152.14	Mora						
Leeks	350.00 · 560.00	451.11	397.39	516.77	53.72	-12.71	Shrimps	1800.00 · 2400.00	2147.06	2144.44	2073.53	2.61	3.55
Beetroot	450.00 · 800.00	606.54	584.29	579.68	22.25	4.63	Thalapath	2800.00 · 3500.00	3144.44	3138.89	3167.50	5.56	-0.73
Knolkhol	280.00 · 600.00	454.35	442.67	407.78	11.68	11.42	Eggs						
Raddish	150.00 · 360.00	266.54	273.33	327.60	-6.79	-18.64	Brown	35.00 · 39.00	36.82	34.88	50.17	1.94	-26.61
Cabbage	350.00 · 600.00	503.33	470.91	260.67	32.42	93.09	White	33.00 · 37.00	34.75	32.88	47.74	1.87	-27.21
Tomato	550.00 · 900.00	765.36	733.64	294.00	31.72	160.33	Dried Fish						
Ladies Fingers	160.00 · 360.00	274.80	293.48	272.41	-18.68	0.88	Sprats	1600.00 · 2500.00	2044.44	1940.00	1652.94	104.44	23.69
Brinjal	360.00 · 650.00	534.23	477.92	480.00	56.31	11.30	Sprats (Imported)	1100.00 · 1400.00	1235.00	1111.11	1315.79	123.89	-6.14
Capsicum	650.00 · 1100.00	915.22	929.57	488.44	-14.35	87.38	Kattawa	2000.00 · 2800.00	2452.38	2450.00	2040.91	2.38	20.16
Pumpkin	160.00 · 340.00	256.80	258.18	209.33	-1.38	22.68	Thora						
Cucumber	100.00 · 260.00	204.07	204.76	225.81	-0.69	-9.62	Mora	2400.00 · 2800.00	2588.89	2570.00	2360.00	18.89	9.70
Bitter Gourd	420.00 · 720.00	541.15	559.50	670.67	-18.35	-19.31	Balaya	2000.00 · 2600.00	2140.00	2026.67	1719.05	113.33	24.49
Snake Gourd	250.00 · 450.00	356.54	375.00	445.86	-18.46	-20.03	Anguluwa	1800.00 · 2400.00	2261.54	2383.33	2094.44	-121.79	7.98
Drumstick	1100.00 · 1600.00	1411.11	1173.33	932.31	237.78	51.36	Maduwa				1660.00		
Luffa	240.00 · 480.00	361.20	386.88	466.13	-25.68	-22.51	Koduwa						
Long Beans	260.00 · 480.00	357.69	345.26	375.16	12.43	-4.66	Salaya	1200.00 · 1250.00	1212.50	1200.00	947.62	12.50	27.95
Ash Plantain	110.00 · 340.00	263.20	234.29	294.48	28.91	-10.62	Meat						
Green Chillies	650.00 · 1000.00	850.00	766.09	449.35	83.91	89.16	Beef (without Bones)	2600.00 · 2800.00	2742.86	2714.29	2490.91	28.57	10.11
Lime	350.00 · 800.00	635.00	620.87	1556.25	14.13	-59.20	Chicken (Broiler)	1250.00 · 1380.00	1298.33	1251.54	1263.75	46.79	2.74
Root Crops							Chicken (Curry)	1000.00 · 1350.00	1148.89	1147.27	1224.67	1.62	-6.19
Sweet Potato	240.00 · 400.00	322.80	298.57	306.33	24.23	5.38	Mutton	3600.00 · 4000.00	3770.00	3750.00	3375.00	20.00	11.70
Manioc	160.00 · 240.00	213.57	210.00	212.81	3.57	0.36	Pork	2000.00 · 2400.00	2100.00	2000.00	1328.57	100.00	58.06
Leafy Vegetable													
Mukunuwenna	45.00 · 80.00	74.44	75.00	74.69	-0.56	-0.33							
Kankun	45.00 · 80.00	74.44	75.00	74.69	-0.56	-0.33							
Gotukola	180.00 · 280.00	243.16	253.89	130.34	-10.73	86.55							

This Week:

Week 23: 06 - 12 Jun 2025

Last Week:

Week 22: 30 May - 05 Jun 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 23: 06 - 12 Jun 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	100.00 – 120.00	108.00
A'pura	134.00 – 140.00	136.40	Dambulla	340.00 – 400.00	364.00	Hambantota	–	
P'naruwa	138.00 – 141.00	139.20	Welimada	450.00 – 470.00	459.00	Embilipitiya	150.00 – 180.00	165.00
Kalawewa	135.00 – 140.00	137.40	Badulla	350.00 – 400.00	376.67	Matara	–	
Kurunegala	134.00 – 136.00	135.00	Carrot			A'pura	180.00 – 200.00	188.00
Dehiattakandiya	129.00 – 132.00	130.50	N'Eliya	625.00 – 640.00	633.00	Luffa		
Nikaweratiya	133.00 – 136.00	134.80	Welimada	545.00 – 570.00	558.00	Dambulla	100.00 – 120.00	106.00
Ampara	130.00 – 135.00	132.67	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	200.00 – 230.00	212.50
A'pura	126.00 – 129.00	127.20	N'Eliya	260.00 – 280.00	272.00	Matara	–	
P'naruwa	129.00 – 131.00	130.00	Welimada	245.00 – 260.00	252.00	A'pura	160.00 – 180.00	168.00
Kalawewa	125.00 – 128.00	126.80	Beetroot			Green Chillies		
Kurunegala	125.00 – 128.00	126.67	N'Eliya	230.00 – 240.00	236.00	Dambulla	490.00 – 560.00	536.00
Dehiattakandiya	122.00 – 127.00	124.67	Dambulla	–		Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	700.00 – 730.00	716.67
Nikaweratiya	125.00 – 128.00	126.60	Welimada	340.00 – 380.00	359.00	Puttalam	570.00 – 620.00	601.67
Hambantota	–		Hanguranketha	–		A'pura	650.00 – 700.00	670.00
Ampara	120.00 – 125.00	122.50	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	180.00 – 200.00	188.00	Dambulla	67.00 – 90.00	77.20
Matara	120.00 – 125.00	121.67	Welimada	340.00 – 365.00	355.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	120.00 – 130.00	123.75
Embilipitiya	120.00 – 125.00	122.75	Raddish			Matara	90.00 – 110.00	100.00
Keeri Samba			N'Eliya	70.00 – 80.00	74.00	A'pura	90.00 – 110.00	98.00
A'pura	151.00 – 155.00	152.60	Welimada	50.00 – 70.00	61.00	Moneragala	80.00 – 90.00	84.00
P'naruwa	150.00 – 152.00	150.80	Hambantota	–		Cucumber		
Kalawewa	148.00 – 155.00	151.40	Hanguranketha	–		A'pura	30.00 – 40.00	34.00
Kurunegala	140.00 – 144.00	142.00	Cabbage			Dambulla	40.00 – 52.00	46.60
Dehiattakandiya	145.00 – 147.00	145.67	N'Eliya	360.00 – 400.00	376.00	Hambantota	–	
Red Onion			Welimada	340.00 – 360.00	350.00	Matara	25.00 – 35.00	30.00
Puttalam	335.00 – 380.00	355.00	Badulla	230.00 – 250.00	240.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	100.00 – 140.00	120.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	170.00 – 190.00	181.00	Embilipitiya	200.00 – 220.00	212.50
Kalawewa	–		Hambantota	–		Matara	120.00 – 140.00	130.00
A'pura	–		Dambulla	290.00 – 330.00	314.00	A'pura	160.00 – 180.00	168.00
Potato			Hanguranketha	–		Ash Plantain		
N'Eliya	235.00 – 240.00	237.00	Vegetable (Low Country)			Hambantota	–	
Badulla	230.00 – 250.00	238.33	Ladies Fingers			Embilipitiya	30.00 – 50.00	40.00
Welimada	240.00 – 255.00	248.00	A'pura	100.00 – 120.00	108.00	Matara	50.00 – 60.00	55.00
Pulses			Dambulla	57.00 – 67.00	62.60	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	50.00 – 70.00	60.00	Embilipitiya	320.00 – 350.00	335.00
Moneragala	500.00 – 550.00	520.00	Matara	80.00 – 100.00	90.00	Moneragala	200.00 – 220.00	208.00
Embilipitiya	570.00 – 580.00	575.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	600.00 – 650.00	616.67	A'pura	320.00 – 340.00	328.00	Banana		
A'pura	550.00 – 600.00	570.00	Dambulla	240.00 – 290.00	268.00	Ambul		
Cowpea			Hambantota	–		Moneragala	30.00 – 40.00	34.00
Hambantota	–		Embilipitiya	160.00 – 200.00	177.50	Embilipitiya	15.00 – 30.00	22.00
Nikaweratiya	500.00 – 550.00	516.67	Matara	260.00 – 300.00	280.00	Hambantota	–	
Moneragala	500.00 – 550.00	520.00	Welimada	350.00 – 380.00	361.00	Kolikuttu		
Embilipitiya	530.00 – 540.00	535.00	Capsicum			Moneragala	100.00 – 130.00	112.00
Maize			Badulla	630.00 – 670.00	650.00	Embilipitiya	60.00 – 100.00	78.00
A'pura	–		Welimada	680.00 – 750.00	712.50	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	440.00 – 460.00	448.00	Moneragala	60.00 – 70.00	64.00
A'pura	–		Dambulla	240.00 – 320.00	286.00	Embilipitiya	60.00 – 70.00	66.25
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	350.00 – 380.00	363.33	Pineapple		
A'pura	–		Matara	300.00 – 340.00	320.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 23: 06 - 12 Jun 2025

27

CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA													
<u>Rice</u>																														
Local																														
Samba 1	260.00	-	260.00	260.00	-	260.00	250.00	-	260.00	250.00	-	250.00	-	250.00	-	260.00	250.00	-	250.00											
Samba 2	-			-			-			-			-			-			-											
Keeri Samba	280.00	-	300.00	-			300.00	-	300.00	280.00	-	280.00	320.00	-	320.00	320.00	-	300.00	280.00	-	280.00									
Nadu 1	240.00	-	250.00	230.00	-	230.00	230.00	-	240.00	230.00	-	240.00	240.00	-	240.00	230.00	-	250.00	230.00	-	230.00									
Nadu 2	-			-			-			-			-			-			-											
Raw (Red)	230.00	-	230.00	220.00	-	220.00	220.00	-	230.00	220.00	-	220.00	240.00	-	240.00	220.00	-	240.00	220.00	-	220.00									
Raw (White)	230.00	-	230.00	220.00	-	220.00	220.00	-	230.00	220.00	-	220.00	230.00	-	230.00	220.00	-	240.00	240.00	-	220.00									
Imported																														
Samba	240.00	-	250.00	240.00	-	240.00	240.00	-	260.00	240.00	-	260.00	-			240.00	-	260.00	-		260.00	-	260.00							
Nadu	240.00	-	240.00	-			230.00	-	230.00	-			230.00	-	230.00	-			230.00	-		230.00	-							
Raw (Red)	-			-			-			-			-			-			-			-								
Raw (White)	220.00	-	220.00	220.00	-	220.00	220.00	-	220.00	220.00	-	220.00	-			-			215.00	-		215.00	-							
<u>Dried Chillies</u>																														
Imported	650.00	-	700.00	900.00	-	900.00	800.00	-	900.00	700.00	-	800.00	900.00	-	900.00	800.00	-	800.00	900.00	-	900.00	750.00	-	900.00						
<u>Red Onion</u>																														
Sinnan	-			-			-			-			-			-			-			-								
Vedalan	-			-			-			-			-			-			-			-								
Imported	420.00	-	450.00	520.00	-	600.00	400.00	-	480.00	400.00	-	520.00	400.00	-	560.00	400.00	-	600.00	440.00	-		440.00	-		400.00	-	480.00			
<u>Big Onion</u>																														
Imported	120.00	-	140.00	140.00	-	160.00	140.00	-	160.00	150.00	-	160.00	140.00	-	160.00	140.00	-	160.00	130.00	-	160.00	130.00	-	140.00	150.00	-	150.00			
Local	-			-			-			-			-			-			-			-			-					
<u>Potato</u>																														
Welimada	-			-			-			-			-			-			-			-			-					
N'Eliya	360.00	-	380.00	480.00	-	480.00	440.00	-	440.00	440.00	-	440.00	-			-			360.00	-		360.00	-		480.00	-	480.00			
Imported	180.00	-	220.00	240.00	-	240.00	180.00	-	240.00	200.00	-	240.00	200.00	-	200.00	240.00	-	240.00	200.00	-		200.00	-		240.00	-	240.00			
<u>Pulses</u>																														
Green Gram	800.00	-	850.00	840.00	-	840.00	800.00	-	1000.00	800.00	-	1000.00	1000.00	-	1000.00	840.00	-	840.00	800.00	-		950.00	-		820.00	-	820.00	800.00	-	1000.00
Cowpea (White)	700.00	-	800.00	840.00	-	840.00	800.00	-	900.00	800.00	-	1000.00	880.00	-	900.00	-			900.00	-		900.00	-		720.00	-	720.00	1000.00	-	1000.00
Cowpea (Red)	700.00	-	900.00	840.00	-	840.00	800.00	-	800.00	800.00	-	1000.00	880.00	-	900.00	700.00	-	700.00	900.00	-		900.00	-		700.00	-	700.00	1000.00	-	1000.00
Red Dhal	270.00	-	280.00	300.00	-	300.00	280.00	-	300.00	300.00	-	320.00	290.00	-	320.00	280.00	-	280.00	270.00	-		300.00	-		320.00	-	320.00	280.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 23: 06 - 12 Jun 2025

28

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	500.00 - 600.00	650.00 - 750.00	600.00 - 650.00	720.00 - 800.00	600.00 - 700.00	560.00 - 600.00	550.00 - 600.00	640.00 - 650.00	600.00 - 650.00
Carrot	560.00 - 660.00	800.00 - 900.00	750.00 - 800.00	800.00 - 850.00	700.00 - 700.00	800.00 - 800.00	550.00 - 600.00	800.00 - 900.00	750.00 - 800.00
Leeks	350.00 - 400.00	550.00 - 560.00	360.00 - 400.00	550.00 - 560.00	450.00 - 480.00	400.00 - 400.00	360.00 - 400.00	400.00 - 420.00	500.00 - 560.00
Beetroot	500.00 - 560.00	800.00 - 800.00	700.00 - 800.00	750.00 - 800.00	550.00 - 600.00	450.00 - 480.00	550.00 - 560.00	560.00 - 600.00	640.00 - 650.00
Knolkhol	280.00 - 350.00	540.00 - 560.00	360.00 - 400.00	550.00 - 600.00	560.00 - 600.00	-	300.00 - 320.00	350.00 - 400.00	600.00 - 600.00
Raddish	150.00 - 180.00	340.00 - 360.00	280.00 - 300.00	350.00 - 360.00	240.00 - 260.00	240.00 - 240.00	200.00 - 220.00	340.00 - 350.00	320.00 - 340.00
Cabbage	360.00 - 450.00	600.00 - 600.00	480.00 - 550.00	560.00 - 600.00	450.00 - 480.00	550.00 - 600.00	350.00 - 400.00	520.00 - 550.00	550.00 - 560.00
Tomato	550.00 - 600.00	750.00 - 800.00	750.00 - 800.00	800.00 - 900.00	800.00 - 800.00	800.00 - 800.00	700.00 - 750.00	900.00 - 900.00	760.00 - 800.00
Ladies Fingers	160.00 - 180.00	360.00 - 360.00	320.00 - 340.00	320.00 - 360.00	230.00 - 240.00	320.00 - 320.00	200.00 - 220.00	320.00 - 340.00	240.00 - 320.00
Brinjal	360.00 - 420.00	560.00 - 600.00	560.00 - 600.00	640.00 - 650.00	560.00 - 600.00	460.00 - 480.00	450.00 - 460.00	640.00 - 650.00	450.00 - 500.00
Capsicum	650.00 - 700.00	900.00 - 950.00	900.00 - 1000.00	900.00 - 1000.00	1000.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1100.00	1100.00 - 1100.00	1000.00 - 1100.00
Pumpkin	160.00 - 180.00	320.00 - 340.00	320.00 - 340.00	280.00 - 320.00	200.00 - 220.00	320.00 - 320.00	240.00 - 260.00	240.00 - 260.00	340.00 - 340.00
Cucumber	100.00 - 140.00	260.00 - 260.00	200.00 - 220.00	240.00 - 260.00	160.00 - 180.00	220.00 - 240.00	200.00 - 220.00	200.00 - 220.00	230.00 - 260.00
Bitter Gourd	420.00 - 450.00	720.00 - 720.00	650.00 - 720.00	600.00 - 650.00	560.00 - 600.00	720.00 - 720.00	450.00 - 480.00	420.00 - 450.00	420.00 - 450.00
Snake Gourd	250.00 - 260.00	450.00 - 450.00	360.00 - 400.00	400.00 - 450.00	320.00 - 320.00	320.00 - 320.00	360.00 - 400.00	350.00 - 400.00	300.00 - 320.00
Drumstick	1200.00 - 1400.00	1400.00 - 1500.00	1100.00 - 1200.00	1300.00 - 1600.00	1600.00 - 1600.00	-	1600.00 - 1600.00	1400.00 - 1400.00	1400.00 - 1600.00
Luffa	300.00 - 360.00	480.00 - 480.00	360.00 - 400.00	450.00 - 480.00	320.00 - 320.00	320.00 - 320.00	240.00 - 260.00	360.00 - 400.00	320.00 - 340.00
Long Beans	260.00 - 280.00	360.00 - 400.00	450.00 - 480.00	450.00 - 480.00	320.00 - 340.00	-	360.00 - 400.00	300.00 - 320.00	340.00 - 400.00
Ash Plantain	110.00 - 140.00	340.00 - 340.00	320.00 - 340.00	260.00 - 300.00	200.00 - 220.00	320.00 - 320.00	260.00 - 280.00	260.00 - 280.00	300.00 - 320.00
Green Chillies	650.00 - 700.00	900.00 - 1000.00	900.00 - 1000.00	900.00 - 1000.00	800.00 - 800.00	900.00 - 900.00	700.00 - 800.00	850.00 - 900.00	1000.00 - 1000.00
Lime	350.00 - 400.00	800.00 - 800.00	650.00 - 700.00	760.00 - 800.00	400.00 - 450.00	800.00 - 800.00	450.00 - 500.00	800.00 - 800.00	800.00 - 800.00
<u>Root Crops</u>									
Sweet Potato	240.00 - 260.00	400.00 - 400.00	400.00 - 400.00	300.00 - 320.00	320.00 - 320.00	400.00 - 400.00	280.00 - 300.00	340.00 - 350.00	320.00 - 340.00
Manioc	160.00 - 180.00	200.00 - 220.00	230.00 - 240.00	220.00 - 230.00	200.00 - 220.00	230.00 - 230.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00
<u>Leafy Vegetable</u>									
Mukunuwenna	45.00 - 55.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	45.00 - 55.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	180.00 - 200.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	260.00 - 260.00	240.00 - 260.00	260.00 - 280.00	240.00 - 260.00	240.00 - 260.00
<u>Coconut</u>									
Large	195.00 - 200.00	210.00 - 215.00	210.00 - 220.00	220.00 - 230.00	205.00 - 215.00	200.00 - 220.00	205.00 - 210.00	205.00 - 215.00	200.00 - 220.00
Small	180.00 - 185.00	190.00 - 195.00	195.00 - 200.00	190.00 - 195.00	195.00 - 200.00	190.00 - 195.00	190.00 - 195.00	190.00 - 195.00	190.00 - 190.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 23: 06 - 12 Jun 2025

29

CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	100.00	-	150.00	150.00	-	160.00	160.00	-	200.00	150.00	-	180.00	150.00	-	200.00	100.00	-	180.00	100.00	-	100.00	100.00	-	150.00	100.00	-	150.00
Kolikuttu (Rs/Kg)	200.00	-	280.00	300.00	-	340.00	300.00	-	330.00	250.00	-	300.00	300.00	-	350.00	250.00	-	350.00	200.00	-	300.00	260.00	-	320.00	230.00	-	250.00
Seeni (Rs/Kg)	100.00	-	150.00	180.00	-	200.00	200.00	-	200.00	160.00	-	180.00	170.00	-	200.00	120.00	-	200.00	100.00	-	100.00	140.00	-	160.00	100.00	-	120.00
Anamalu	29.00	-	43.00	43.00	-	43.00	43.00	-	44.00	43.00	-	44.00	43.00	-	44.00	42.00	-	42.00	29.00	-	32.00	40.00	-	43.00	43.00	-	43.00
Ambun	40.00	-	60.00	60.00	-	60.00	58.00	-	60.00	58.00	-	60.00	58.00	-	60.00	60.00	-	60.00	40.00	-	44.00	56.00	-	60.00	60.00	-	60.00
<u>Pineapple</u>																											
Large	330.00	-	400.00	374.00	-	468.00	500.00	-	585.00	488.00	-	570.00	390.00	-	455.00	325.00	-	390.00	400.00	-	400.00	400.00	-	400.00	400.00	-	450.00
Medium	250.00	-	300.00	288.00	-	360.00	400.00	-	450.00	375.00	-	438.00	300.00	-	350.00	250.00	-	300.00	300.00	-	300.00	300.00	-	300.00	300.00	-	350.00
Small	200.00	-	240.00	230.00	-	288.00	320.00	-	360.00	300.00	-	350.00	240.00	-	280.00	200.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	280.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	170.00	-	200.00	200.00	-	200.00	233.00	-	233.00	175.00	-	200.00	150.00	-	167.00	200.00	-	200.00		-		200.00	-	230.00	170.00	-	200.00
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	180.00	-	200.00	200.00	-	200.00	300.00	-	300.00	240.00	-	300.00		-			-		200.00	-	200.00	200.00	-	200.00	200.00	-	240.00
Orange	130.00	-	150.00	150.00	-	150.00	140.00	-	167.00	167.00	-	167.00	140.00	-	160.00		-		130.00	-	130.00		-		130.00	-	130.00
Avocado	140.00	-	150.00	180.00	-	200.00	175.00	-	225.00	200.00	-	225.00	167.00	-	188.00	200.00	-	200.00	140.00	-	140.00	170.00	-	200.00	170.00	-	200.00
Slime Apple	40.00	-	50.00	70.00	-	80.00	100.00	-	120.00	120.00	-	120.00	80.00	-	83.00		-		60.00	-	60.00	60.00	-	60.00	80.00	-	100.00
Grapes (Rs/Kg)	2200.00	-	2300.00	3000.00	-	3000.00	2700.00	-	3000.00	2800.00	-	3000.00	2700.00	-	2800.00	2800.00	-	2800.00	2000.00	-	2000.00	2800.00	-	2800.00	2300.00	-	2500.00
Papaw (Rs/Kg)	120.00	-	140.00	200.00	-	240.00	250.00	-	250.00	180.00	-	250.00	150.00	-	250.00	150.00	-	200.00	150.00	-	200.00	130.00	-	150.00	120.00	-	150.00
Passion	50.00	-	55.00	60.00	-	60.00	70.00	-	80.00	60.00	-	80.00	60.00	-	75.00	50.00	-	60.00	50.00	-	50.00	60.00	-	60.00	60.00	-	70.00
King Coconut	140.00	-	150.00	200.00	-	250.00	200.00	-	250.00	200.00	-	200.00	180.00	-	180.00	150.00	-	200.00	180.00	-	180.00	150.00	-	180.00	150.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 23: 06 - 12 Jun 2025
30

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	850.00 - 950.00	900.00 - 900.00	1000.00 - 1000.00	-	960.00 - 960.00	880.00 - 1000.00	900.00 - 1000.00	1000.00 - 1080.00	900.00 - 920.00
Hurulla	-	-	-	-	-	-	-	-	-
Balaya	1500.00 - 1600.00	2000.00 - 2000.00	1600.00 - 1600.00	-	1600.00 - 1600.00	-	2000.00 - 2000.00	-	1600.00 - 1600.00
Kelawalla	2000.00 - 2200.00	3000.00 - 3000.00	2400.00 - 2800.00	1800.00 - 1800.00	2900.00 - 2900.00	2400.00 - 2400.00	2600.00 - 2600.00	2800.00 - 2800.00	2600.00 - 2600.00
Thora	3700.00 - 3800.00	3800.00 - 3800.00	4200.00 - 4400.00	-	-	3800.00 - 3800.00	-	3800.00 - 3800.00	4800.00 - 4800.00
Paraw	1600.00 - 1800.00	2800.00 - 2800.00	2000.00 - 2000.00	1600.00 - 1600.00	1760.00 - 1760.00	2000.00 - 2000.00	-	-	2800.00 - 2800.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1800.00 - 2000.00	2000.00 - 2400.00	2400.00 - 2400.00	1800.00 - 1800.00	2300.00 - 2300.00	2000.00 - 2400.00	2200.00 - 2200.00	1800.00 - 2200.00	2000.00 - 2200.00
Talapath	2800.00 - 3000.00	3200.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3000.00	3500.00 - 3500.00	3000.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3000.00	3200.00 - 3200.00
<u>Eggs (Rs/egg)</u>									
Brown	35.00 - 35.00	-	38.00 - 39.00	36.00 - 37.00	36.00 - 38.00	37.00 - 37.00	37.00 - 37.00	36.00 - 37.00	38.00 - 38.00
White	33.00 - 33.00	35.00 - 36.00	34.00 - 35.00	33.00 - 36.00	35.00 - 36.00	35.00 - 35.00	34.00 - 35.00	34.00 - 35.00	37.00 - 37.00
<u>Dried Fish</u>									
Sprats	-	1600.00 - 1600.00	-	2000.00 - 2500.00	2400.00 - 2500.00	-	-	1600.00 - 1600.00	2000.00 - 2200.00
Kattawa	2000.00 - 2400.00	2400.00 - 2600.00	2400.00 - 2500.00	2200.00 - 2800.00	-	2400.00 - 2400.00	2400.00 - 2400.00	2300.00 - 2400.00	2500.00 - 2500.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00 - 2400.00	2400.00 - 2600.00	2500.00 - 2600.00	2600.00 - 2800.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2600.00
Balaya	2000.00 - 2000.00	-	2000.00 - 2000.00	2600.00 - 2600.00	2000.00 - 2000.00	2200.00 - 2200.00	2000.00 - 2000.00	2000.00 - 2000.00	2200.00 - 2300.00
Anguluwa	1800.00 - 2000.00	-	-	-	2000.00 - 2200.00	2200.00 - 2400.00	-	2400.00 - 2400.00	2400.00 - 2400.00
Salaya	-	-	-	-	1200.00 - 1200.00	1250.00 - 1250.00	-	1200.00 - 1200.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	2800.00 - 2800.00	2700.00 - 2700.00	2800.00 - 2800.00	-	2700.00 - 2700.00	-	2600.00 - 2600.00	2800.00 - 2800.00	2800.00 - 2800.00
Chicken (Broiler)	1250.00 - 1300.00	1380.00 - 1380.00	1290.00 - 1290.00	1290.00 - 1290.00	1380.00 - 1380.00	1250.00 - 1250.00	1300.00 - 1300.00	1290.00 - 1300.00	1260.00 - 1260.00
Chicken (Curry)	1100.00 - 1100.00	1250.00 - 1250.00	1290.00 - 1290.00	1350.00 - 1350.00	1050.00 - 1050.00	1100.00 - 1100.00	1000.00 - 1000.00	-	1100.00 - 1100.00
Mutton	3700.00 - 3800.00	3700.00 - 3700.00	3800.00 - 3800.00	3900.00 - 3900.00	3700.00 - 3700.00	3800.00 - 3800.00	3600.00 - 3600.00	3700.00 - 3700.00	4000.00 - 4000.00
Pork	2000.00 - 2000.00	2400.00 - 2400.00	-	-	-	-	-	2000.00 - 2000.00	2000.00 - 2000.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
----------------------	------------	-------------	--------------	----------	-------------	-------------	--------------	----------	--	--	--	--

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

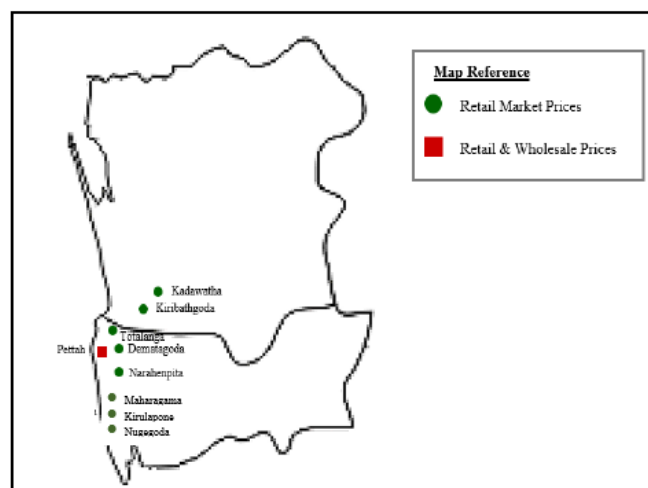
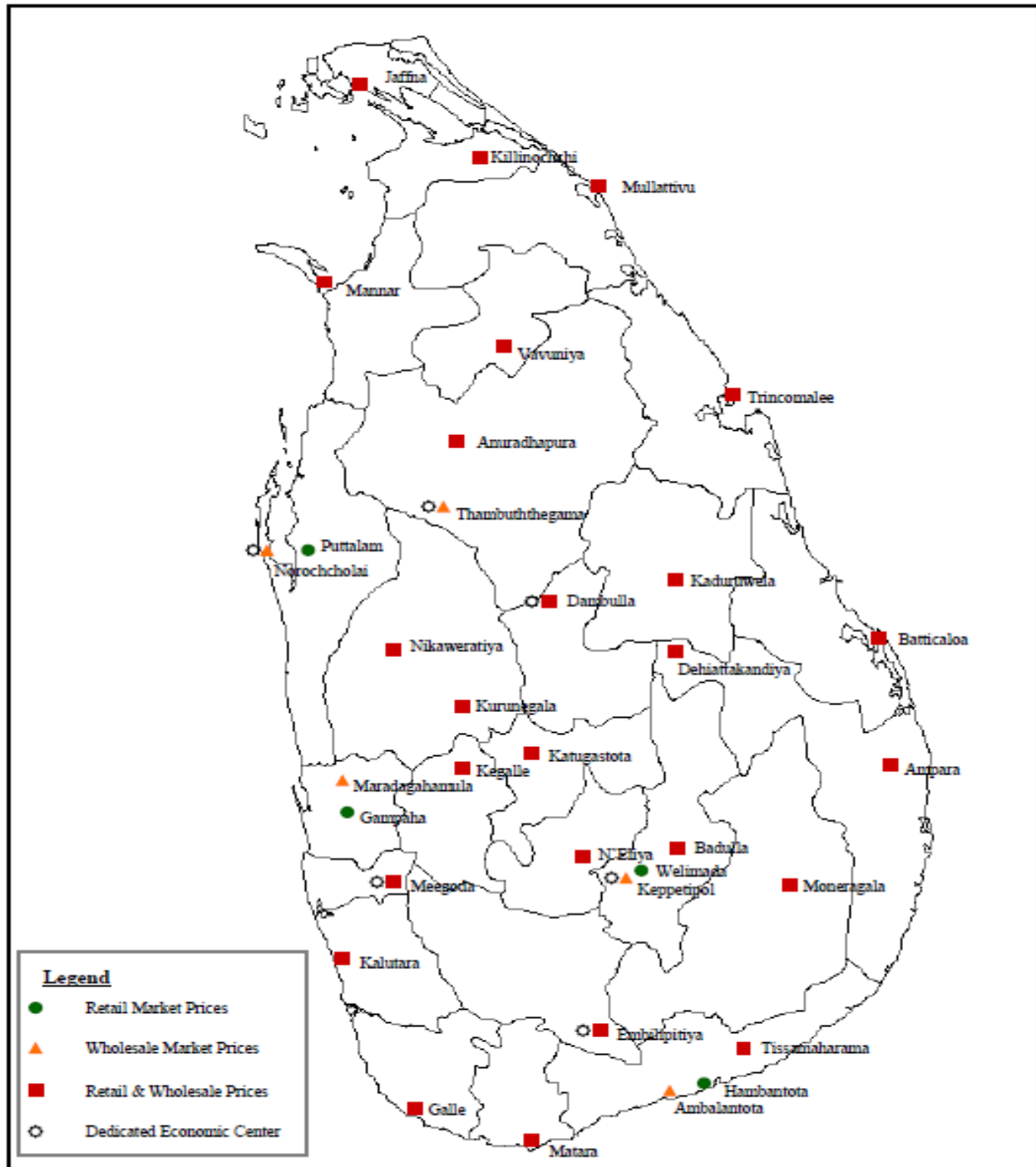
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡකඩුව ගොවි කරියුතු පර්යේෂණ හා පුහුණුවිර්මේ ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය
ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.
මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චළච්චි තොග මිල දැක්වේ.
විකාසයාට 022/-