

RETAIL MARKET AT A GLANCE**Summary****Rice**

The retail prices of all types of rice varieties except local samba and keeri samba have increased, while those prices have not changed significantly. However, compared to the same period of last year, the highest price increase of 12% was recorded for local raw red and highest price decrease of 21% was recorded for keeri samba.

(Page No.01)**Other Field Crops**

The retail prices of Nuwara Eliya potato has increased by Rs.8.00/kg while retail price of imported potato has decreased by Rs.3.00/kg. However, compared to the same period of last year, the current retail prices of all potato varieties have increased.

(Page No.02-03)**Vegetables**

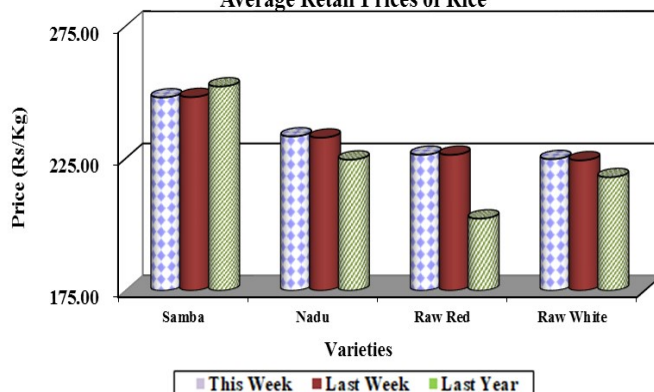
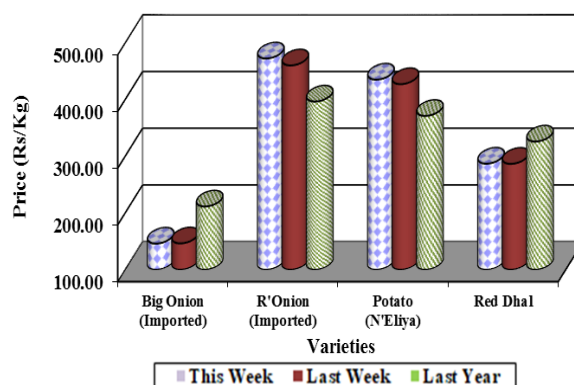
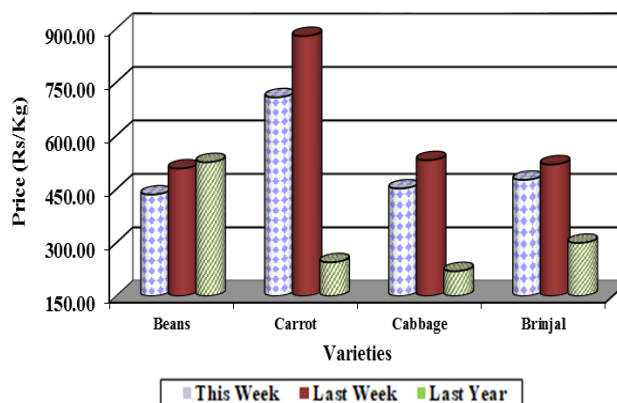
The retail prices of most vegetable varieties have decreased in line with the downward trend of wholesale prices. Considering up country vegetables, the highest price decrease was reported for carrots as Rs.172.00/kg. However, compared to the same period of last year, prices of most vegetable varieties have increased.

(Page No.04-05)**Fruits**

In line with the decreased wholesale prices, retail prices of most of the fruit varieties have decreased. The highest price decrease of Rs.78.00/fruit was reported for karthakolomban mango.

(Page No.05-06)**Fish**

The retail prices of other fish varieties except shrimps have increased and the highest price increase was recorded for balaya.

(Page No.06)**Average Retail Prices of Rice****Average Retail Prices of Other Field Crops****Average Retail Prices of Vegetables**

Rice

Wholesale

Prices of all rice varieties have not changed significantly and price ranged of keeri samba was Rs.270.00-300.00/kg.

Except imported nadu imported rice varieties were available at the market under the following price ranges

- Imported ponni samba - Rs.230.00-235.00/kg
- Imported raw white - Rs.205.00-210.00/kg.

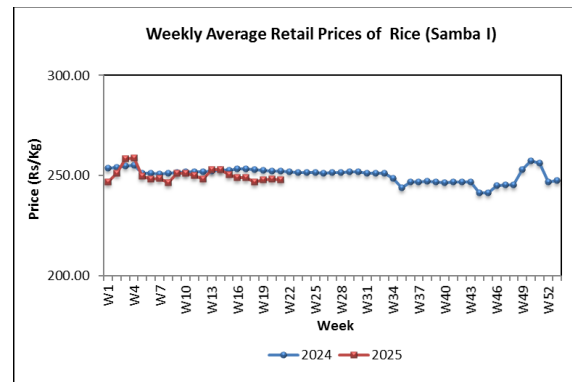
Compared to same period of last year, most of the rice varieties have seen price increases, with the highest price of 14% for raw red. Price of keeri samba and imported ponni samba have decreased by 9% and 13%.

Retail

Retail prices of all types of rice varieties except local samba rice, and keeri samba have increased, while those prices have not changed significantly. Among those the highest price increased of Rs.1.00/kg was observed for imported samba and the highest price decreased of Rs.5.00 /kg was observed for keeri samba.

Compared to the same period of last year, the highest price increase of 12% was

recorded for local raw red and highest price decrease of 21% was recorded for keeri samba.



Paddy

The slight price changes for major paddy varieties have observed in few producing areas. Accordingly, the average price of short grain paddy has increased by Rs.1.00-5.00/kg in Polonnaruwa, Kurunegala and Nikaweratiya areas. Its prices have ranged Rs.130.00-141.00/kg. The average farmgate price of keeri samba paddy has not changed considerably and reported Rs.140.00-155.00/kg price range. However, it was reported Rs.2.00-3.00/kg price decrease for long grain white paddy in Kalawewa and Ampara and its prices have ranged Rs.125.00-134.00/kg. Further, the average price of long grain red paddy have decreased by Rs.1.00-2.00/kg in Hambantota and Embilipitiya areas and increased by Rs.1.00/kg in Matara. The prices for long grain red paddy have ranged

Rs.125.00-133.00/kg in major producing areas in Southern province.

Compared to the same period of last year, the average prices of all the major paddy varieties have increased by 3%-25% and the highest for long grain red paddy.

Dried Chillies

Wholesale

The price of imported dried chillies has decreased by 5% due to availability of low-quality stocks and price ranged Rs.500.00-600.00/kg,

Compared to same period of last year, current whole sale price of imported dried chillies has decreased by 31%.

Retail

The retail price of imported dried chillies has decreased by Rs.23.00/kg and price ranged Rs.650.00- 900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chillies has decreased by 26%.

Onion

Wholesale

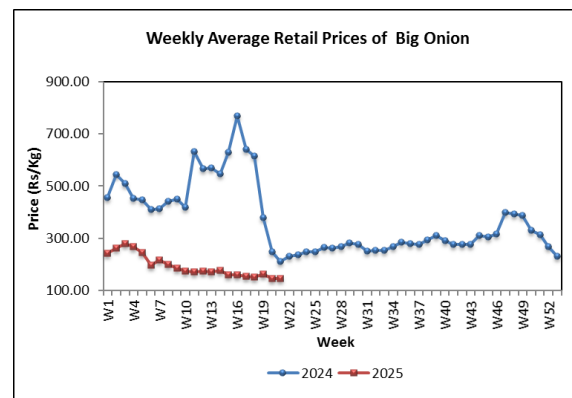
Prices of sinnan red onion has decreased by 2% and price ranged Rs.180.00-240.00/kg. Price of imported

red onion has increased by 14% due to unavailability of sufficient stocks and price ranged Rs.300.00-380.00/kg. Price of imported big onion has decreased by 12% due to availability of high-quality stocks and price ranged Rs.80.00-110.00/kg.

Compared to same period of last year, current whole sale price of imported red onion has increased by 13% while imported big onion has decreased by 39%.

Retail

The retail price of imported red onion has increased by Rs.12.00/kg and price ranged Rs. 400.00- 600.00/kg. The retail price of imported big onion has not changed significantly and price ranged Rs.120.00-160.00/kg.



Compared to the same period of last year, the current retail price of imported red onion has increased by 19%, while retail price of imported big onion has decreased by 31%.

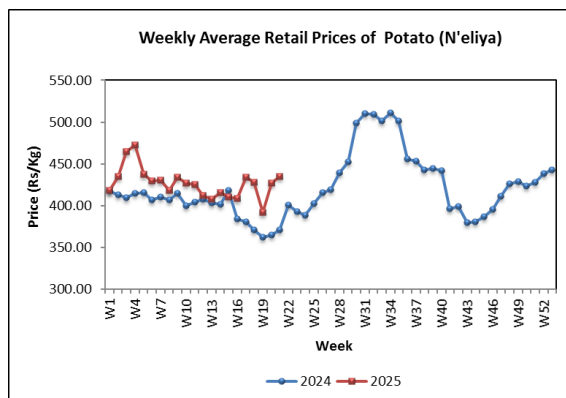
Potato**Wholesale**

The price of Nuwara Eliya and imported potato varieties have not changed significantly and price ranged Rs.280.00-300.00/kg and Rs.160.00-200/kg.

Compared to same period of last year, current wholesale price Nuwara Eliya and imported potato varieties have increased by 21% and 17% respectively.

Retail

The retail price of Nuwara Eliya potato has increased by Rs.8.00/kg and price ranged Rs.360.00-480.00/kg. The retail price of imported potato has decreased by Rs.3.00/kg and price ranged Rs.200.00-260.00/kg.



Compared to the same period of last year, the current retail prices of all potato varieties have increased. The highest price increase of 17% was recorded for Nuwara Eliya potato.

Pulses**Wholesale**

Price of white cowpea has increased by 6% due to unavailability of sufficient stocks and price ranged Rs.600.00-700.00/kg. Price of green gram, red cowpea and red dhal have not increased significantly and price ranged Rs.700.00-800.00/kg, Rs.460.00-600.00/kg and Rs.250.00-255.00/kg.

Compared to same period of last year, current wholesale prices of all pulses varieties have decreased in the range of 8%-27%.

Retail

The retail price of green gram, and white cowpea have increased Rs.24.00/kg and Rs.5.00/kg respectively. The retail price of red cowpea has decreased by Rs.16.00/kg. The retail price of red dhal has not changed significantly.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased. Among those, a notable price decreased of 35% was recorded for green gram.

Vegetable

Wholesale

Prices of all the vegetables have decreased with increase the supply from major producing areas.

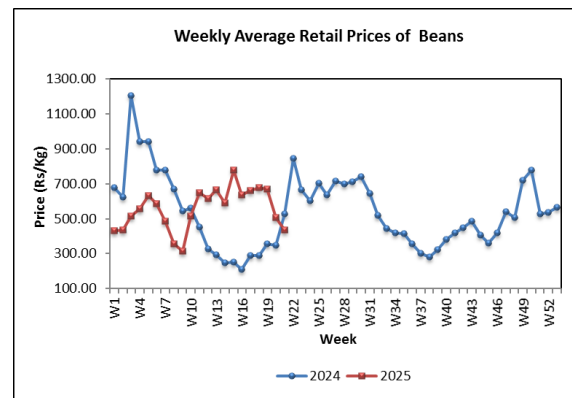
All the upcountry vegetable prices are decreased with increased supply from Nuwaraeliya, Keppetipola, Bandarawela and Balangoda areas. Specifically, cabbage reported the highest as 22%, following prices of carrot, leeks and knol-khol have decreased in the range of 10%-16%. Price of beetroot, green beans and raddish have decreased in the range of 2% - 8%. Further, the price of tomatoes has decreased by 20% and the price of capsicum has decreased slightly.

Considering low-country vegetables, all the vegetable varieties experienced a price decrease with increased supply from Embilipitiya, Dambulla, Rajanganaya and Balangoda areas. Particularly, highest price decrease reported for ladies fingers as 44%, following prices of luffa, snake gourd, pumpkin and cucumber have decreased in the range of 15%-30%. Prices of brinjal, drumstick, ash plantain, long beans and bitter gourd have decreased in the range of 2%-7%. In addition, the price of green chilies has increased by 18% and lime has decreased 12%.

Compared to the previous year, most vegetable prices have increased, with cabbage reported the highest as 384%.

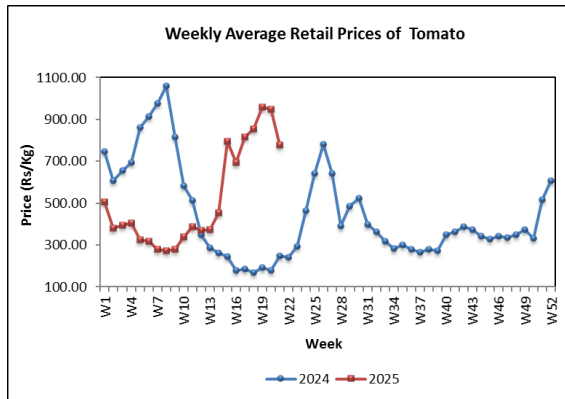
Retail

The retail prices of most vegetable varieties have decreased. Considering up-country vegetables, the highest price decrease was reported for carrot as Rs.172.00/kg. followed by Rs.73.00/kg for beans. Moreover, the price of raddish decreased by Rs.60.00/kg.



Considering the low-country vegetable varieties, the highest price decrease was reported for tomato at Rs.171.00/kg. followed by Rs 149.00/kg for luffa. Drumstick price decreased by Rs.110.00/kg.

Compared to the same period of last year, prices of most varieties have increased, while a notable price increment of 212% was reported for tomato.



Coconut Wholesale

Prices of large and small nuts have decreased by 2% and 1% respectively. Price ranges were Rs.180.00-200.00 for a large nut and Rs.160.00-170.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 94% and 88% respectively.

Retail

Prices of large and small nuts showed a price drop of Rs.1.00/nut and Rs.4.00/nut, respectively. Price ranges were Rs.200.00-220.00 for a large nut and Rs.190.00-200.00 for a small nut.

Compared to the same period last year, prices of large nuts (99%) and small nuts (125%) have increased.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to low demand with rainy weather.

The highest price decrease was reported for karthakolomban mango by 34%.

With the start of the harvest season, prices for avocado and local orange decreased by 25% and 17%, respectively, due to abundant stocks.

Due to abundant stocks, prices have decreased by between 2%-15% for all banana varieties.

However, due to insufficient stocks, prices has increased by 10% for papaw.

Wholesale prices for the most of fruits have increased compared to last year, 158% increase was recorded for karthakolomban mango.

Retail

In line with the decreased wholesale prices, retail prices of most of the fruit varieties have decreased. The highest price decreased of Rs.78.00/fruit was reported for karthakolomban mango. Price of avocado has decreased by Rs.57.00/fruit. Prices of all sizes of pineapple have decreased in the range of Rs.10.00-23.00/kg. Prices of all types of bananas

have decreased in the range of Rs.3.00-17.00/kg.

Meanwhile, price of wood apples have increased by Rs.54.00/fruit and price of imported grapes have increased by Rs.54.00/kg.

Compared to last year, price of most fruit varieties have decreased with the highest price decrease of 60% recorded for medium sized pineapples.

Fresh Fish

Wholesale

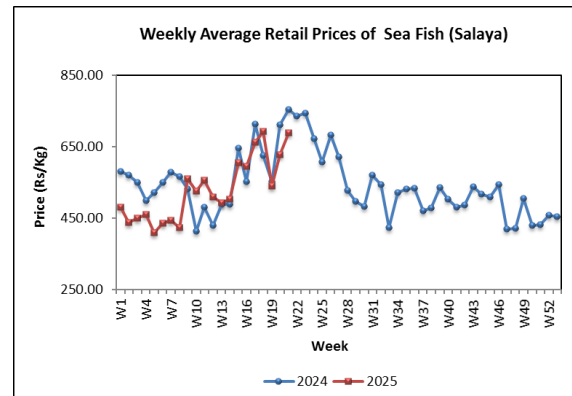
Wholesale prices of most of the fresh fish types except hurulla and shrimps have increased due to the bad weather condition. The highest price increase was recorded for salaya by 19%. The highest price decrease was recorded for shrimp by 14%. Price increase of thalapath and mora have recorded as 14% and 13% respectively.

Compared to the same period of last year, the highest price decrease was recorded for shrimps by 22%. The highest price increases was recorded for hurulla by 31%.

Retail

The prices of other fish varieties except shrimps have increased and the highest price increase was recorded for balaya by

Rs.175.00/kg. The second highest price increase was recorded for paraw by Rs.77.00/kg. Price increase of thalapath and salaya have recorded as Rs.76.00/kg and Rs.62.00/kg respectively. Price decrease of shrimps have recorded as Rs.95.00/kg.



Compared to the same period of last year, the prices of other fish varieties except salaya and paraw have increased and the highest price increase was recorded for kelawalla by 22%.

Dried Fish

Wholesale

Due to the adverse weather, prices of other dry fish varieties except imported sprats and balaya have increased and the highest price increase was recorded for maduwa by 10%. The second highest price increase was recorded for salaya by 9%. The highest price decreased was recorded for imported sprats by 6%.

Compared to the same period of last year, other dry fish varieties except imported sprats have increased and the highest price increase was recorded for salaya by 91%.

Retail

The prices of other dry fish varieties except imported sprats, anguluwa and balaya have increased and the highest price increase was recorded for maduwa by Rs.33.00/kg. The second highest price increase was recorded for local sprats by Rs.19.00/kg. Price decrease of imported sprats and anguluwa have recorded as Rs.95.00/kg and Rs.8.00/kg respectively.

Compared to the same period of last year, other dry fish types except local and imported sprats and balaya have increased and the highest price increase was recorded for salaya by 25%.

Eggs

Wholesale

Prices of brown and white eggs have increased by 10% and 12% respectively and their prices ranged Rs.29.00-33.00/egg and Rs.27.00-30.00/egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 37% and 38% respectively.

Retail

The prices of both brown and white egg types have increased and the price range of a white egg has recorded as Rs.28.00-34.00 and the price range of a brown egg has recorded as Rs.30.00-35.00. The average price of the white and brown egg types has recorded as Rs.31.00 and Rs.33.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased by 34%.

Meat

Retail

The price of beef has remained unchanged and the highest price increase was recorded for pork by Rs.70.00/kg. Price increase of broiler and curry chicken have recorded as Rs.16.00/kg and Rs.11.00/kg respectively. Price increase of mutton have recorded as Rs.11.00/kg.

Compared to the same period of last year, other meat types except curry chicken have increased and the highest price increase was recorded for pork by 28%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 21: 23 - 29 May 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12000 –	12250	11750 –	11900	13500 –	15000	11250 –	11500	11000 –	11100	10500 –	10750	10500 –	10750
	Divulapitiya	12000 –	12250	11800 –	11950	13200 –	13600	11350 –	11500	11000 –	11200	10500 –	10700	10500 –	10800
	Kurunegala	11950 –	12000	–		13500 –	13650	11400 –	11400	11150 –	11200	10700 –	10750	10600 –	10700
	Nikaweratiya	11900 –	11900	11750 –	11850	12850 –	15000	11350 –	11400	10900 –	11100	–		10500 –	10650
	Badulla	–		–		14000 –	14750	11400 –	11500	–		10600 –	10650	10600 –	10650
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	12960 –	13000	11900 –	12000	–		11300 –	11350	11100 –	11150	10850 –	10900	10750 –	10800
	Anuradhapura	12250 –	12500	–		14500 –	15000	11300 –	11400	–		10750 –	10850	10600 –	10750
	Tambuttegama	12000 –	12350	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
	Polonnaruwa	11900 –	11900	–		13100 –	15350	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12750 –	13000	–		15500 –	15600	11250 –	11400	–		10500 –	10750	10500 –	10800
	Ampara	–		–		13000 –	13000	11500 –	11500	–		10500 –	10700	10500 –	10600
	Kandy	12000 –	12250	11750 –	11800	13500 –	14250	11300 –	11450	11000 –	11100	10600 –	10750	10500 –	10850
	Moneragala	–		–		–		11500 –	11500	11200 –	11200	10000 –	10500	10500 –	10500
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	13250 –	13250	–		15000 –	15000	11400 –	11400	–		10900 –	10900	10900 –	10900
	Hambantota	–		11750 –	11750	13000 –	14500	11250 –	11250	11150 –	11150	10250 –	10400	10500 –	10600
	Matara	–		–		14000 –	14200	11400 –	11480	–		10250 –	10500	10350 –	10500
	Galle	11900 –	11900	11750 –	11850	15500 –	15500	11250 –	11350	11000 –	11000	10300 –	10750	10300 –	10900
	Meegoda	12000 –	12250	11750 –	11750	13000 –	14250	–		11000 –	11200	10400 –	10500	10400 –	10800
	Tissamaharama	–		–		–		–		–		–		–	
	Embilipitiya	11900 –	11900	11850 –	11850	12800 –	12850	–		10950 –	11100	10000 –	10250	10500 –	10600
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	11900 –	12000	–		13700 –	13800	11500 –	11600	–		10750 –	10900	10700 –	10850
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	12000 –	12200	–		13750 –	14000	11400 –	11600	–		10750 –	10900	10750 –	11000
	Mullattivu	11900 –	12100	11800 –	11800	13600 –	13900	11300 –	11500	–		10800 –	11000	11000 –	11250
	Batticaloa	–		–		–		–		–		–		–	
	Trincomalee	–		–		13000 –	13250	11200 –	11250	11000 –	11000	10650 –	11000	10750 –	11000
	Galenbindunuwew	–		–		–		–		–		–		–	
Matale	11900 –	12000	–		14250 –	14750	11250 –	11500	10950 –	11100	10600 –	10750	10500 –	10750	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 21: 23 - 29 May 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	245.00 –	260.00	–		280.00 –	320.00	230.00 –	240.00	–		220.00 –	240.00	220.00 –	240.00
	Gampaha	–		240.00 –	242.00	280.00 –	280.00	233.00 –	233.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	–		240.00 –	245.00	280.00 –	280.00	230.00 –	230.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Nikaweratiya	–		240.00 –	240.00	300.00 –	310.00	230.00 –	235.00	220.00 –	225.00	–		210.00 –	220.00
	Dambulla	265.00 –	270.00	240.00 –	245.00	300.00 –	310.00	228.00 –	230.00	225.00 –	226.00	220.00 –	220.00	218.00 –	220.00
	Anuradhapura	250.00 –	260.00	–		300.00 –	310.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Thambuththegama	248.00 –	260.00	–		270.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Polonnaruwa	–		240.00 –	240.00	265.00 –	310.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	260.00 –	270.00	–		320.00 –	320.00	230.00 –	230.00	–		215.00 –	220.00	215.00 –	220.00
	Badulla	–		–		290.00 –	310.00	–		230.00 –	230.00	215.00 –	215.00	213.00 –	215.00
	Keppetipola	245.00 –	250.00	–		300.00 –	320.00	–		228.00 –	230.00	216.00 –	218.00	217.00 –	218.00
	Moneragala	–		–		300.00 –	320.00	240.00 –	240.00	230.00 –	230.00	210.00 –	220.00	210.00 –	220.00
	Kegalle	270.00 –	270.00	240.00 –	240.00	320.00 –	325.00	230.00 –	230.00	225.00 –	230.00	220.00 –	240.00	220.00 –	220.00
	Ampara	–		–		260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	217.00 –	220.00	210.00 –	215.00
	Dehiattakandiya	270.00 –	270.00	240.00 –	240.00	280.00 –	310.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Nuwaraeliya	250.00 –	250.00	240.00 –	240.00	310.00 –	320.00	–		225.00 –	230.00	214.00 –	216.00	216.00 –	218.00
	Kandy	245.00 –	260.00	–		280.00 –	320.00	230.00 –	235.00	225.00 –	228.00	220.00 –	225.00	218.00 –	220.00
	Puttalam	260.00 –	265.00	240.00 –	240.00	270.00 –	270.00	235.00 –	235.00	225.00 –	225.00	240.00 –	240.00	230.00 –	240.00
	Hambantota	–		240.00 –	240.00	265.00 –	320.00	230.00 –	230.00	–		210.00 –	220.00	220.00 –	220.00
	Rathnapura	260.00 –	270.00	–		300.00 –	320.00	240.00 –	245.00	–		214.00 –	220.00	220.00 –	230.00
	Matara	245.00 –	250.00	–		280.00 –	300.00	235.00 –	240.00	–		210.00 –	220.00	215.00 –	220.00
	Galle	250.00 –	250.00	240.00 –	240.00	320.00 –	320.00	–		230.00 –	230.00	220.00 –	220.00	210.00 –	220.00
	Tissamaharama	–		–		–		–		–		–		–	
	Meegoda (DEC)	245.00 –	245.00	–		285.00 –	290.00	–		230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Embilipitiya	–		240.00 –	240.00	260.00 –	290.00	228.00 –	230.00	–		210.00 –	215.00	215.00 –	220.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	245.00 –	247.00	–		280.00 –	286.00	234.00 –	236.00	–		224.00 –	226.00	222.00 –	225.00
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	245.00 –	250.00	–		285.00 –	290.00	235.00 –	240.00	–		220.00 –	225.00	225.00 –	230.00
	Mullaittivu	242.00 –	245.00	240.00 –	242.00	276.00 –	282.00	230.00 –	235.00	–		220.00 –	223.00	225.00 –	230.00
	Batticaloa	–		–		–		–		–		–		–	
	Trincomalee	–		240.00 –	240.00	265.00 –	270.00	230.00 –	235.00	–		225.00 –	230.00	225.00 –	230.00
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	245.00 –	245.00	240.00 –	240.00	260.00 –	270.00	230.00 –	235.00	228.00 –	230.00	220.00 –	220.00	218.00 –	220.00	
Galenbindunuwewa	–		–		–		–		–		–		–		
Bandarawela	250.00 –	255.00	–		300.00 –	310.00	230.00 –	235.00	–		215.00 –	220.00	218.00 –	220.00	
Matale	250.00 –	260.00	240.00 –	245.00	290.00 –	320.00	230.00 –	230.00	225.00 –	228.00	218.00 –	220.00	218.00 –	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 21: 23 - 29 May 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	25000 - 30000	15000 - 19000	-	4000 - 5000	8000 - 10000	-	14000 - 15000	35000 - 40000	30000 - 35000	12500 - 12750
Kurunegala	29500 - 30500	16750 - 17250	-	5250 - 5500	9750 - 10750	-	15000 - 15500	37500 - 41500	34750 - 36000	13000 - 13100
Nikaweratiya	27500 - 29500	15000 - 15250	-	5500 - 6000	9250 - 9750	-	-	37500 - 39000	37500 - 39000	12750 - 13500
Dehiattakandiya	28000 - 33250	15000 - 17000	-	4750 - 6000	9500 - 10500	-	16500 - 18250	32500 - 32500	27500 - 35500	12600 - 13000
Dambulla (DEC)	26500 - 27000	16500 - 17000	17000 - 17500	4000 - 4250	7500 - 8000	-	12000 - 12500	27500 - 30000	28500 - 30000	12500 - 13000
Anuradhapura	29000 - 33000	16000 - 19000	-	5000 - 6000	9000 - 10000	-	15000 - 17500	35000 - 40000	31000 - 36000	12750 - 13250
Thambuththegama	27500 - 31000	-	-	4750 - 5000	7500 - 8250	-	-	31000 - 31000	25000 - 25000	12750 - 13000
Polonnaruwa	30500 - 33000	18250 - 18250	20250 - 21250	5250 - 6250	11250 - 11250	-	-	39500 - 40500	30000 - 31500	14000 - 14500
Kaluthara	32000 - 33250	21500 - 23000	-	6500 - 7000	10000 - 11000	-	18750 - 19000	37000 - 37750	35000 - 37000	12600 - 13350
Puttalam	-	-	16000 - 17500	-	-	-	-	-	-	-
Kandy	27500 - 30000	17500 - 18000	-	4750 - 5250	8500 - 9000	-	14000 - 15000	35000 - 41250	32500 - 35000	12750 - 12900
Matara	32000 - 33000	18000 - 19500	-	4750 - 5000	9750 - 10100	-	-	37000 - 40000	33000 - 36000	13250 - 13750
Hambantota	28500 - 30000	16500 - 17500	-	5000 - 5500	8000 - 10000	-	17000 - 17500	27500 - 28000	35000 - 37500	12750 - 13000
Kegalle	29000 - 30000	16200 - 16500	-	5150 - 5250	9250 - 9500	-	14000 - 14050	39000 - 40000	32000 - 34000	13000 - 13500
Galle	27500 - 29000	17000 - 20000	19000 - 21000	5250 - 6250	8500 - 10000	-	15000 - 17000	30000 - 37500	36000 - 37500	13250 - 14750
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	27500 - 28500	15500 - 18000	-	4500 - 4750	8250 - 8750	-	14500 - 15000	32500 - 40000	33000 - 35000	12600 - 12900
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	31000 - 32500	-	-	5500 - 6000	9000 - 9500	-	-	32000 - 32500	-	13500 - 13700
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	27500 - 29000	-	-	5500 - 6000	8250 - 8750	-	-	36000 - 37000	-	13250 - 13750
Mullattivu	34000 - 36000	-	-	6500 - 7000	8500 - 10000	-	-	32500 - 34000	-	13750 - 14000
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	29000 - 29800	-	-	4800 - 4900	9000 - 9500	-	-	32500 - 33000	37500 - 38000	13600 - 13700
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Matale	28000 - 32500	17000 - 19000	-	4750 - 5250	8750 - 9500	-	16000 - 17000	36000 - 38000	32500 - 35000	12750 - 13250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 21: 23 - 29 May 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	400.00 – 600.00	–	120.00 – 160.00	200.00 – 260.00	–	360.00 – 480.00	800.00 – 1000.00	700.00 – 900.00	270.00 – 320.00
Gampaha	750.00 – 900.00	400.00 – 400.00	–	160.00 – 170.00	240.00 – 280.00	–	400.00 – 440.00	750.00 – 900.00	780.00 – 850.00	290.00 – 295.00
Kurunegala	700.00 – 780.00	400.00 – 440.00	–	140.00 – 150.00	230.00 – 260.00	–	380.00 – 400.00	800.00 – 950.00	870.00 – 900.00	280.00 – 300.00
Nikaweratiya	600.00 – 720.00	380.00 – 400.00	–	130.00 – 160.00	200.00 – 230.00	–	–	790.00 – 960.00	750.00 – 800.00	280.00 – 300.00
Dambulla	650.00 – 750.00	420.00 – 440.00	–	120.00 – 130.00	200.00 – 240.00	–	380.00 – 400.00	750.00 – 780.00	750.00 – 800.00	265.00 – 285.00
Anuradhapura	650.00 – 750.00	400.00 – 480.00	–	120.00 – 150.00	200.00 – 250.00	–	400.00 – 440.00	760.00 – 900.00	650.00 – 800.00	270.00 – 290.00
Thambuththegama	680.00 – 760.00	–	380.00 – 400.00	150.00 – 160.00	210.00 – 250.00	–	–	750.00 – 780.00	620.00 – 650.00	278.00 – 285.00
Polonnaruwa	700.00 – 750.00	380.00 – 380.00	420.00 – 450.00	120.00 – 140.00	240.00 – 280.00	–	–	880.00 – 900.00	690.00 – 720.00	280.00 – 300.00
Kaluthara	650.00 – 680.00	450.00 – 480.00	–	150.00 – 160.00	220.00 – 240.00	–	400.00 – 420.00	750.00 – 770.00	720.00 – 750.00	265.00 – 270.00
Badulla	600.00 – 680.00	400.00 – 480.00	–	130.00 – 140.00	200.00 – 240.00	340.00 – 380.00	–	800.00 – 800.00	600.00 – 700.00	280.00 – 300.00
Keppetipola	650.00 – 700.00	420.00 – 450.00	–	120.00 – 140.00	220.00 – 250.00	320.00 – 350.00	–	850.00 – 900.00	650.00 – 700.00	265.00 – 275.00
Moneragala	650.00 – 700.00	400.00 – 480.00	–	120.00 – 160.00	220.00 – 240.00	–	360.00 – 400.00	720.00 – 800.00	600.00 – 700.00	280.00 – 290.00
Kegalle	600.00 – 660.00	380.00 – 400.00	–	140.00 – 160.00	230.00 – 250.00	–	350.00 – 360.00	830.00 – 920.00	720.00 – 760.00	265.00 – 310.00
Ampara	650.00 – 700.00	–	–	120.00 – 140.00	200.00 – 240.00	–	360.00 – 380.00	680.00 – 820.00	650.00 – 750.00	265.00 – 270.00
Dehiattakandiya	650.00 – 700.00	380.00 – 400.00	–	120.00 – 140.00	220.00 – 220.00	–	360.00 – 380.00	700.00 – 700.00	600.00 – 750.00	265.00 – 280.00
Nuwaraeliya	650.00 – 700.00	470.00 – 500.00	–	130.00 – 150.00	240.00 – 260.00	–	350.00 – 380.00	880.00 – 950.00	740.00 – 760.00	265.00 – 275.00
Kandy	640.00 – 750.00	480.00 – 500.00	–	140.00 – 150.00	220.00 – 240.00	–	360.00 – 400.00	800.00 – 900.00	840.00 – 900.00	280.00 – 300.00
Puttalam	650.00 – 800.00	400.00 – 440.00	400.00 – 480.00	140.00 – 160.00	220.00 – 240.00	–	380.00 – 420.00	700.00 – 900.00	700.00 – 800.00	280.00 – 290.00
Rathnapura	650.00 – 750.00	420.00 – 450.00	–	130.00 – 160.00	220.00 – 240.00	–	–	800.00 – 830.00	740.00 – 760.00	280.00 – 300.00
Hambantota	650.00 – 700.00	400.00 – 480.00	–	120.00 – 140.00	200.00 – 240.00	–	400.00 – 400.00	700.00 – 750.00	750.00 – 800.00	280.00 – 280.00
Matara	700.00 – 760.00	400.00 – 450.00	–	120.00 – 130.00	210.00 – 230.00	–	350.00 – 400.00	780.00 – 850.00	700.00 – 800.00	280.00 – 310.00
Galle	600.00 – 700.00	–	480.00 – 500.00	140.00 – 140.00	220.00 – 240.00	–	350.00 – 380.00	700.00 – 900.00	700.00 – 900.00	280.00 – 320.00
Tissamaharama	–	–	–	–	–	–	–	–	–	–
Meegoda (DEC)	600.00 – 650.00	400.00 – 480.00	–	120.00 – 130.00	220.00 – 250.00	–	360.00 – 380.00	850.00 – 960.00	750.00 – 960.00	270.00 – 300.00
Embilipitiya	670.00 – 740.00	–	400.00 – 480.00	120.00 – 130.00	200.00 – 240.00	–	–	750.00 – 800.00	600.00 – 780.00	265.00 – 310.00
Jaffna	–	–	–	–	–	–	–	–	–	–
Vavuniya	700.00 – 740.00	400.00 – 420.00	–	130.00 – 140.00	220.00 – 240.00	–	–	750.00 – 780.00	–	280.00 – 286.00
Mannar	–	–	–	–	–	–	–	–	–	–
Killinochchi	600.00 – 640.00	–	–	140.00 – 150.00	200.00 – 220.00	–	–	750.00 – 770.00	–	280.00 – 290.00
Mullaittivu	720.00 – 750.00	–	450.00 – 500.00	–	200.00 – 220.00	–	–	680.00 – 720.00	–	280.00 – 285.00
Batticaloa	–	–	–	–	–	–	–	–	–	–
Trincomalee	650.00 – 680.00	–	–	140.00 – 150.00	240.00 – 250.00	–	–	740.00 – 760.00	880.00 – 890.00	280.00 – 290.00
Hanguranketha	–	–	–	–	–	–	–	–	–	–
Veyangoda	680.00 – 760.00	400.00 – 480.00	–	120.00 – 160.00	240.00 – 280.00	–	360.00 – 440.00	800.00 – 900.00	720.00 – 800.00	270.00 – 280.00
Galenbindunuwewa	–	–	–	–	–	–	–	–	–	–
Bandarawela	650.00 – 750.00	420.00 – 460.00	–	120.00 – 150.00	220.00 – 260.00	320.00 – 340.00	–	800.00 – 900.00	700.00 – 800.00	270.00 – 300.00
Matale	600.00 – 700.00	380.00 – 440.00	–	120.00 – 130.00	200.00 – 220.00	–	360.00 – 400.00	800.00 – 950.00	750.00 – 800.00	270.00 – 280.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 21: 23 - 29 May 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	250.00 - 350.00	500.00 - 650.00	160.00 - 250.00	380.00 - 550.00	200.00 - 250.00
Meegoda (DEC)	-	280.00 - 340.00	570.00 - 630.00	230.00 - 260.00	450.00 - 500.00	430.00 - 450.00
Dambulla (DEC)	-	200.00 - 300.00	500.00 - 650.00	180.00 - 220.00	380.00 - 480.00	300.00 - 350.00
Keppetipola (DEC)	-	230.00 - 250.00	500.00 - 550.00	190.00 - 200.00	340.00 - 350.00	280.00 - 300.00
Norochchole (DEC)	-	-	-	-	380.00 - 430.00	-
Nuwara Eliya	-	250.00 - 280.00	560.00 - 580.00	220.00 - 240.00	340.00 - 360.00	300.00 - 320.00
Kandy	-	200.00 - 250.00	500.00 - 550.00	180.00 - 200.00	420.00 - 450.00	230.00 - 250.00
Hambantota	-	340.00 - 360.00	650.00 - 700.00	300.00 - 320.00	600.00 - 700.00	400.00 - 400.00
Thambuththegama (DEC)	-	280.00 - 320.00	580.00 - 650.00	230.00 - 250.00	400.00 - 450.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	220.00 - 240.00	540.00 - 580.00	200.00 - 210.00	400.00 - 430.00	250.00 - 260.00
Veyangoda	-	260.00 - 320.00	550.00 - 620.00	200.00 - 250.00	400.00 - 460.00	400.00 - 440.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 150.00	250.00 - 350.00	450.00 - 600.00	80.00 - 140.00	300.00 - 400.00	600.00 - 800.00
Meegoda (DEC)	120.00 - 150.00	300.00 - 350.00	520.00 - 600.00	100.00 - 170.00	350.00 - 400.00	780.00 - 850.00
Moneragala	150.00 - 170.00	350.00 - 400.00	500.00 - 550.00	120.00 - 160.00	350.00 - 400.00	600.00 - 750.00
Dambulla (DEC)	100.00 - 120.00	220.00 - 280.00	450.00 - 550.00	120.00 - 140.00	300.00 - 360.00	550.00 - 650.00
Keppetipola (DEC)	90.00 - 100.00	250.00 - 260.00	420.00 - 450.00	100.00 - 120.00	300.00 - 320.00	700.00 - 750.00
Norochchole (DEC)	70.00 - 100.00	-	600.00 - 650.00	100.00 - 130.00	280.00 - 300.00	-
Nuwara Eliya	110.00 - 130.00	310.00 - 330.00	460.00 - 480.00	130.00 - 140.00	320.00 - 340.00	750.00 - 780.00
Kandy	100.00 - 120.00	250.00 - 300.00	450.00 - 500.00	120.00 - 140.00	300.00 - 350.00	650.00 - 700.00
Hambantota	200.00 - 250.00	440.00 - 460.00	600.00 - 650.00	180.00 - 200.00	300.00 - 360.00	850.00 - 900.00
Thambuththegama (DEC)	120.00 - 140.00	330.00 - 380.00	550.00 - 600.00	80.00 - 100.00	320.00 - 350.00	650.00 - 750.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	90.00 - 100.00	270.00 - 300.00	400.00 - 450.00	-	280.00 - 320.00	680.00 - 750.00
Veyangoda	100.00 - 160.00	300.00 - 350.00	550.00 - 600.00	100.00 - 160.00	350.00 - 400.00	750.00 - 850.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 150.00	25.00 - 70.00	350.00 - 450.00	160.00 - 250.00	400.00 - 900.00	150.00 - 200.00
Meegoda (DEC)	130.00 - 150.00	50.00 - 80.00	430.00 - 480.00	230.00 - 250.00	-	170.00 - 200.00
Moneragala	100.00 - 180.00	80.00 - 100.00	430.00 - 450.00	260.00 - 320.00	-	250.00 - 300.00
Dambulla (DEC)	110.00 - 130.00	30.00 - 40.00	400.00 - 450.00	160.00 - 200.00	-	160.00 - 180.00
Keppetipola (DEC)	130.00 - 140.00	40.00 - 50.00	350.00 - 370.00	160.00 - 180.00	-	150.00 - 160.00
Norochchole (DEC)	140.00 - 150.00	15.00 - 20.00	320.00 - 360.00	140.00 - 180.00	500.00 - 600.00	150.00 - 180.00
Nuwara Eliya	140.00 - 150.00	30.00 - 50.00	380.00 - 400.00	220.00 - 230.00	-	160.00 - 180.00
Kandy	130.00 - 140.00	40.00 - 50.00	380.00 - 400.00	200.00 - 250.00	-	130.00 - 150.00
Hambantota	150.00 - 180.00	50.00 - 70.00	600.00 - 700.00	300.00 - 350.00	-	340.00 - 360.00
Thambuththegama (DEC)	120.00 - 130.00	20.00 - 30.00	350.00 - 400.00	180.00 - 220.00	-	150.00 - 180.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	130.00 - 150.00	30.00 - 50.00	-	-	-	-
Veyangoda	120.00 - 150.00	40.00 - 80.00	400.00 - 450.00	220.00 - 250.00	-	170.00 - 230.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 200.00	50.00 - 80.00	180.00 - 400.00	250.00 - 300.00	180.00 - 240.00	80.00 - 120.00
Meegoda (DEC)	160.00 - 200.00	60.00 - 90.00	470.00 - 520.00	280.00 - 350.00	170.00 - 190.00	100.00 - 110.00
Moneragala	180.00 - 200.00	50.00 - 60.00	550.00 - 600.00	280.00 - 320.00	160.00 - 180.00	60.00 - 70.00
Dambulla (DEC)	120.00 - 150.00	60.00 - 70.00	400.00 - 450.00	200.00 - 250.00	110.00 - 140.00	60.00 - 80.00
Keppetipola (DEC)	140.00 - 150.00	70.00 - 80.00	420.00 - 450.00	230.00 - 260.00	190.00 - 200.00	80.00 - 90.00
Norochchole (DEC)	100.00 - 180.00	50.00 - 60.00	250.00 - 400.00	-	-	80.00 - 100.00
Nuwara Eliya	170.00 - 180.00	90.00 - 100.00	450.00 - 480.00	300.00 - 320.00	160.00 - 170.00	80.00 - 90.00
Kandy	150.00 - 180.00	80.00 - 100.00	400.00 - 450.00	220.00 - 280.00	140.00 - 160.00	90.00 - 100.00
Hambantota	280.00 - 320.00	60.00 - 80.00	550.00 - 600.00	400.00 - 500.00	250.00 - 300.00	150.00 - 170.00
Thambuththegama (DEC)	150.00 - 170.00	60.00 - 80.00	480.00 - 500.00	200.00 - 230.00	130.00 - 160.00	90.00 - 110.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	400.00 - 450.00	-	150.00 - 170.00	-
Veyangoda	150.00 - 200.00	80.00 - 100.00	450.00 - 520.00	280.00 - 320.00	160.00 - 180.00	100.00 - 140.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	30.00 - 35.00	30.00 - 35.00	300.00 - 320.00	180.00 - 200.00	160.00 - 170.00
Meegoda (DEC)	50.00 - 50.00	50.00 - 50.00	210.00 - 240.00	190.00 - 210.00	170.00 - 180.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	25.00 - 30.00	125.00 - 125.00	150.00 - 160.00	130.00 - 140.00
Kandy	35.00 - 40.00	35.00 - 40.00	220.00 - 240.00	175.00 - 185.00	135.00 - 145.00
Hambantota	50.00 - 55.00	50.00 - 50.00	240.00 - 240.00	-	-
Thambuththegama (DEC)	-	-	-	150.00 - 155.00	130.00 - 130.00
Tissamaharama	-	-	-	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 21: 23 - 29 May 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	340.00	600.00	550.00	800.00	280.00	400.00	500.00	800.00	300.00	600.00	160.00	300.00	320.00	550.00	550.00 - 1000.00
Gampaha	-	360.00	400.00	760.00	800.00	320.00	440.00	600.00	800.00	500.00	520.00	280.00	320.00	520.00	560.00	800.00 - 840.00
Kurunegala	-	380.00	400.00	750.00	840.00	380.00	420.00	680.00	740.00	500.00	540.00	240.00	280.00	520.00	560.00	800.00 - 840.00
Nikaweratiya	-	400.00	500.00	800.00	1000.00	350.00	450.00	500.00	560.00	380.00	450.00	240.00	320.00	480.00	600.00	720.00 - 950.00
Dambulla	-	350.00	400.00	700.00	850.00	300.00	360.00	600.00	660.00	400.00	480.00	180.00	200.00	460.00	480.00	680.00 - 760.00
Anuradhapura	-	400.00	480.00	740.00	880.00	360.00	400.00	680.00	800.00	-	-	200.00	280.00	440.00	520.00	740.00 - 800.00
Thambuththegama	-	440.00	480.00	800.00	840.00	320.00	380.00	650.00	700.00	-	-	220.00	250.00	580.00	600.00	750.00 - 800.00
Polonnaruwa	-	420.00	460.00	860.00	900.00	380.00	420.00	580.00	620.00	380.00	400.00	200.00	240.00	460.00	500.00	660.00 - 700.00
Kaluthara	-	400.00	420.00	700.00	760.00	420.00	460.00	650.00	700.00	540.00	600.00	280.00	300.00	560.00	600.00	1000.00 - 1000.00
Badulla	-	320.00	380.00	660.00	800.00	320.00	380.00	580.00	600.00	580.00	600.00	200.00	240.00	320.00	380.00	580.00 - 600.00
Keppetipola	-	300.00	320.00	560.00	600.00	260.00	280.00	400.00	420.00	340.00	360.00	150.00	170.00	320.00	340.00	480.00 - 500.00
Moneragala	-	400.00	480.00	720.00	800.00	320.00	400.00	720.00	800.00	-	-	200.00	240.00	400.00	520.00	600.00 - 800.00
Kegalle	-	400.00	440.00	840.00	880.00	360.00	400.00	560.00	600.00	480.00	520.00	280.00	320.00	480.00	520.00	750.00 - 800.00
Ampara	-	360.00	400.00	680.00	720.00	340.00	400.00	520.00	600.00	-	-	260.00	320.00	440.00	600.00	700.00 - 800.00
Dehiattakandiya	-	520.00	600.00	720.00	920.00	360.00	420.00	500.00	600.00	520.00	520.00	280.00	320.00	480.00	600.00	600.00 - 800.00
Nuwaraeliya	-	350.00	360.00	660.00	680.00	320.00	340.00	440.00	460.00	380.00	400.00	220.00	240.00	420.00	440.00	580.00 - 620.00
Kandy	-	320.00	360.00	900.00	1000.00	300.00	320.00	550.00	600.00	300.00	320.00	160.00	200.00	450.00	480.00	750.00 - 800.00
Puttalam	-	480.00	600.00	800.00	1000.00	400.00	440.00	480.00	800.00	300.00	300.00	150.00	200.00	500.00	520.00	700.00 - 800.00
Hambantota	-	400.00	480.00	800.00	800.00	380.00	400.00	700.00	800.00	480.00	500.00	300.00	320.00	500.00	600.00	750.00 - 800.00
Rathnapura	-	320.00	360.00	700.00	750.00	330.00	380.00	520.00	560.00	-	-	200.00	240.00	440.00	480.00	650.00 - 700.00
Matara	-	360.00	400.00	720.00	800.00	360.00	400.00	560.00	600.00	-	-	180.00	240.00	400.00	480.00	720.00 - 800.00
Galle	-	460.00	480.00	800.00	800.00	400.00	400.00	760.00	800.00	500.00	560.00	240.00	300.00	480.00	600.00	700.00 - 800.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	-	360.00	400.00	800.00	900.00	400.00	440.00	560.00	600.00	560.00	640.00	200.00	280.00	560.00	600.00	800.00 - 880.00
Embilipitiya	-	350.00	400.00	800.00	900.00	300.00	400.00	600.00	720.00	320.00	360.00	200.00	280.00	520.00	600.00	700.00 - 800.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	500.00	560.00	850.00	870.00	350.00	380.00	460.00	480.00	-	-	180.00	200.00	350.00	380.00	750.00 - 780.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	580.00	620.00	860.00	900.00	380.00	420.00	480.00	520.00	-	-	230.00	250.00	380.00	420.00	760.00 - 800.00
Mullaittivu	-	620.00	680.00	950.00	1000.00	400.00	450.00	500.00	560.00	-	-	240.00	260.00	500.00	550.00	800.00 - 850.00
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	550.00	580.00	960.00	1000.00	360.00	400.00	540.00	560.00	-	-	230.00	250.00	380.00	400.00	800.00 - 850.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	360.00	440.00	680.00	800.00	280.00	360.00	520.00	600.00	480.00	560.00	160.00	240.00	400.00	480.00	720.00 - 800.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	300.00	340.00	700.00	800.00	320.00	340.00	440.00	480.00	320.00	360.00	140.00	160.00	380.00	440.00	600.00 - 680.00
Matale	-	400.00	480.00	720.00	800.00	320.00	360.00	720.00	800.00	440.00	480.00	200.00	240.00	440.00	480.00	720.00 - 800.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties													
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans				
Colombo	180.00 - 400.00	350.00 - 650.00	650.00 - 1200.00	160.00 - 340.00	80.00 - 260.00	380.00 - 640.00	180.00 - 480.00	900.00 - 1400.00	200.00 - 560.00	200.00 - 450.00				
Gampaha	320.00 - 400.00	480.00 - 560.00	960.00 - 1050.00	240.00 - 280.00	140.00 - 160.00	560.00 - 600.00	360.00 - 400.00	-	360.00 - 480.00	320.00 - 360.00				
Kurunegala	340.00 - 400.00	460.00 - 540.00	950.00 - 1000.00	220.00 - 280.00	140.00 - 160.00	540.00 - 600.00	350.00 - 400.00	-	340.00 - 440.00	300.00 - 360.00				
Nikaweratiya	230.00 - 280.00	380.00 - 480.00	850.00 - 1000.00	240.00 - 330.00	120.00 - 240.00	520.00 - 650.00	240.00 - 340.00	-	350.00 - 520.00	240.00 - 320.00				
Dambulla	260.00 - 280.00	500.00 - 540.00	900.00 - 1000.00	200.00 - 240.00	100.00 - 120.00	580.00 - 600.00	360.00 - 400.00	-	350.00 - 400.00	260.00 - 280.00				
Anuradhapura	200.00 - 260.00	440.00 - 520.00	880.00 - 1000.00	240.00 - 320.00	140.00 - 180.00	520.00 - 640.00	280.00 - 360.00	-	320.00 - 400.00	260.00 - 320.00				
Thambuththegama	150.00 - 200.00	460.00 - 550.00	900.00 - 1000.00	200.00 - 250.00	80.00 - 100.00	580.00 - 640.00	320.00 - 380.00	-	300.00 - 380.00	280.00 - 350.00				
Polonnaruwa	300.00 - 340.00	540.00 - 580.00	960.00 - 1000.00	220.00 - 250.00	120.00 - 160.00	560.00 - 600.00	340.00 - 360.00	-	340.00 - 380.00	280.00 - 320.00				
Kaluthara	380.00 - 420.00	500.00 - 540.00	1100.00 - 1200.00	280.00 - 300.00	180.00 - 200.00	560.00 - 600.00	400.00 - 500.00	-	400.00 - 480.00	380.00 - 420.00				
Badulla	240.00 - 320.00	400.00 - 420.00	780.00 - 800.00	240.00 - 320.00	120.00 - 200.00	480.00 - 520.00	400.00 - 400.00	820.00 - 960.00	400.00 - 400.00	320.00 - 320.00				
Keppetipola	160.00 - 180.00	360.00 - 380.00	800.00 - 850.00	220.00 - 230.00	100.00 - 120.00	430.00 - 450.00	220.00 - 240.00	-	220.00 - 240.00	200.00 - 220.00				
Moneragala	200.00 - 240.00	400.00 - 520.00	800.00 - 1000.00	160.00 - 240.00	160.00 - 200.00	520.00 - 600.00	320.00 - 400.00	-	320.00 - 480.00	260.00 - 320.00				
Kegalle	320.00 - 360.00	480.00 - 520.00	850.00 - 900.00	240.00 - 320.00	160.00 - 200.00	480.00 - 520.00	360.00 - 400.00	-	400.00 - 440.00	360.00 - 400.00				
Ampara	280.00 - 400.00	380.00 - 440.00	800.00 - 1040.00	260.00 - 320.00	180.00 - 240.00	600.00 - 640.00	280.00 - 400.00	-	320.00 - 400.00	340.00 - 400.00				
Dehiattakandiya	300.00 - 400.00	400.00 - 480.00	880.00 - 1000.00	240.00 - 280.00	160.00 - 240.00	640.00 - 720.00	360.00 - 480.00	-	400.00 - 480.00	320.00 - 480.00				
Nuwaraeliya	230.00 - 240.00	420.00 - 440.00	850.00 - 860.00	240.00 - 260.00	120.00 - 140.00	480.00 - 500.00	320.00 - 340.00	-	260.00 - 280.00	260.00 - 280.00				
Kandy	200.00 - 240.00	450.00 - 480.00	900.00 - 1000.00	200.00 - 240.00	100.00 - 120.00	500.00 - 550.00	300.00 - 320.00	-	200.00 - 240.00	240.00 - 260.00				
Puttalam	250.00 - 300.00	400.00 - 400.00	700.00 - 1200.00	300.00 - 320.00	200.00 - 200.00	600.00 - 700.00	320.00 - 350.00	800.00 - 1000.00	400.00 - 480.00	320.00 - 400.00				
Rathnapura	200.00 - 250.00	420.00 - 450.00	1000.00 - 1200.00	200.00 - 240.00	120.00 - 150.00	550.00 - 600.00	280.00 - 320.00	-	280.00 - 350.00	240.00 - 280.00				
Hambantota	300.00 - 330.00	400.00 - 480.00	1000.00 - 1000.00	200.00 - 240.00	100.00 - 120.00	750.00 - 800.00	400.00 - 480.00	-	400.00 - 480.00	350.00 - 400.00				
Matara	240.00 - 320.00	400.00 - 480.00	900.00 - 1100.00	160.00 - 200.00	120.00 - 180.00	520.00 - 600.00	360.00 - 400.00	-	360.00 - 400.00	320.00 - 400.00				
Galle	320.00 - 360.00	480.00 - 520.00	1000.00 - 1050.00	260.00 - 280.00	150.00 - 180.00	480.00 - 500.00	400.00 - 480.00	-	400.00 - 480.00	320.00 - 400.00				
Tissamaharama	-	-	-	-	-	-	-	-	-	-				
Meegoda (DEC)	240.00 - 400.00	520.00 - 600.00	900.00 - 1000.00	200.00 - 280.00	160.00 - 200.00	600.00 - 640.00	400.00 - 440.00	-	320.00 - 400.00	320.00 - 400.00				
Embilipitiya	150.00 - 200.00	400.00 - 480.00	800.00 - 900.00	200.00 - 240.00	80.00 - 100.00	480.00 - 520.00	280.00 - 320.00	-	300.00 - 360.00	280.00 - 320.00				
Jaffna	-	-	-	-	-	-	-	-	-	-				
Vavuniya	350.00 - 370.00	420.00 - 450.00	920.00 - 950.00	240.00 - 260.00	170.00 - 190.00	920.00 - 950.00	300.00 - 350.00	1300.00 - 1350.00	-	300.00 - 350.00				
Mannar	-	-	-	-	-	-	-	-	-	-				
Killinochchi	360.00 - 400.00	460.00 - 500.00	950.00 - 1000.00	240.00 - 260.00	200.00 - 220.00	950.00 - 980.00	340.00 - 360.00	1400.00 - 1450.00	-	360.00 - 400.00				
Mullaittivu	250.00 - 300.00	400.00 - 440.00	950.00 - 1000.00	190.00 - 220.00	150.00 - 160.00	800.00 - 850.00	300.00 - 350.00	1600.00 - 1680.00	-	250.00 - 300.00				
Batticaloa	-	-	-	-	-	-	-	-	-	-				
Trincomalee	360.00 - 400.00	400.00 - 450.00	1000.00 - 1100.00	240.00 - 260.00	220.00 - 240.00	650.00 - 680.00	360.00 - 400.00	-	280.00 - 300.00	360.00 - 400.00				
Hanguranketha	-	-	-	-	-	-	-	-	-	-				
Veyangoda	200.00 - 280.00	440.00 - 560.00	900.00 - 1100.00	200.00 - 240.00	100.00 - 160.00	560.00 - 640.00	320.00 - 360.00	-	240.00 - 320.00	240.00 - 320.00				
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-				
Bandarawela	220.00 - 260.00	360.00 - 420.00	850.00 - 1000.00	240.00 - 260.00	120.00 - 150.00	480.00 - 520.00	300.00 - 340.00	-	340.00 - 360.00	220.00 - 240.00				
Matale	240.00 - 260.00	400.00 - 480.00	900.00 - 1000.00	240.00 - 260.00	100.00 - 120.00	640.00 - 700.00	320.00 - 360.00	-	280.00 - 320.00	280.00 - 320.00				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	80.00 - 360.00	230.00 - 600.00	340.00 - 600.00	200.00 - 400.00	120.00 - 240.00	50.00 - 80.00	50.00 - 80.00	180.00 - 320.00	200.00 - 220.00	190.00 - 200.00
Gampaha	200.00 - 240.00	600.00 - 700.00	500.00 - 600.00	320.00 - 340.00	200.00 - 220.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	200.00 - 220.00	180.00 - 190.00
Kurunegala	180.00 - 220.00	500.00 - 600.00	440.00 - 500.00	280.00 - 300.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	70.00 - 70.00	210.00 - 220.00	180.00 - 185.00
Nikaweratiya	120.00 - 280.00	320.00 - 500.00	320.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	180.00 - 190.00	120.00 - 160.00
Dambulla	160.00 - 200.00	450.00 - 500.00	400.00 - 500.00	200.00 - 280.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	60.00 - 80.00	170.00 - 200.00	150.00 - 160.00
Anuradhapura	180.00 - 240.00	600.00 - 800.00	400.00 - 500.00	260.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	180.00 - 200.00	120.00 - 160.00
Thambuththegama	100.00 - 150.00	700.00 - 800.00	320.00 - 380.00	250.00 - 300.00	150.00 - 180.00	-	-	-	170.00 - 180.00	140.00 - 150.00
Polonnaruwa	180.00 - 220.00	550.00 - 600.00	550.00 - 600.00	240.00 - 280.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	190.00 - 220.00	120.00 - 140.00
Kaluthara	200.00 - 250.00	600.00 - 700.00	600.00 - 700.00	280.00 - 300.00	180.00 - 200.00	100.00 - 100.00	100.00 - 120.00	120.00 - 120.00	230.00 - 240.00	170.00 - 190.00
Badulla	200.00 - 240.00	420.00 - 580.00	460.00 - 480.00	260.00 - 280.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	200.00 - 210.00	160.00 - 180.00
Keppetipola	140.00 - 160.00	550.00 - 600.00	350.00 - 400.00	240.00 - 250.00	120.00 - 130.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	210.00 - 220.00	160.00 - 170.00
Moneragala	100.00 - 140.00	600.00 - 800.00	400.00 - 440.00	240.00 - 300.00	100.00 - 120.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	180.00 - 200.00	150.00 - 160.00
Kegalle	280.00 - 320.00	500.00 - 550.00	500.00 - 550.00	280.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	190.00 - 200.00	170.00 - 180.00
Ampara	180.00 - 240.00	600.00 - 640.00	400.00 - 420.00	280.00 - 320.00	100.00 - 140.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	170.00 - 240.00	-
Dehiattakandiya	200.00 - 320.00	500.00 - 800.00	600.00 - 700.00	240.00 - 320.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	200.00 - 220.00	140.00 - 180.00
Nuwaraeliya	200.00 - 220.00	600.00 - 650.00	460.00 - 500.00	280.00 - 300.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	210.00 - 220.00	190.00 - 200.00
Kandy	160.00 - 180.00	800.00 - 900.00	500.00 - 600.00	260.00 - 280.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	200.00 - 220.00	165.00 - 175.00
Puttalam	100.00 - 150.00	500.00 - 600.00	400.00 - 480.00	300.00 - 320.00	200.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	180.00 - 200.00	120.00 - 140.00
Rathnapura	160.00 - 220.00	750.00 - 800.00	400.00 - 500.00	240.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	220.00 - 240.00	150.00 - 190.00
Hambanthota	100.00 - 120.00	650.00 - 700.00	500.00 - 600.00	350.00 - 400.00	200.00 - 240.00	65.00 - 70.00	60.00 - 60.00	100.00 - 100.00	200.00 - 200.00	180.00 - 190.00
Matara	120.00 - 160.00	540.00 - 600.00	450.00 - 500.00	200.00 - 240.00	140.00 - 180.00	50.00 - 60.00	50.00 - 60.00	80.00 - 110.00	200.00 - 220.00	150.00 - 180.00
Galle	200.00 - 240.00	600.00 - 600.00	600.00 - 600.00	200.00 - 300.00	180.00 - 240.00	70.00 - 70.00	60.00 - 70.00	80.00 - 100.00	200.00 - 220.00	165.00 - 180.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	160.00 - 240.00	600.00 - 700.00	480.00 - 600.00	280.00 - 320.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	210.00 - 220.00	180.00 - 200.00
Embilipitiya	80.00 - 120.00	500.00 - 600.00	500.00 - 600.00	280.00 - 320.00	140.00 - 160.00	60.00 - 80.00	50.00 - 70.00	100.00 - 120.00	190.00 - 230.00	140.00 - 180.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	150.00 - 170.00	400.00 - 450.00	300.00 - 350.00	400.00 - 440.00	220.00 - 240.00	70.00 - 75.00	65.00 - 70.00	85.00 - 100.00	220.00 - 240.00	140.00 - 160.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	200.00 - 220.00	480.00 - 520.00	360.00 - 400.00	280.00 - 300.00	180.00 - 200.00	60.00 - 70.00	45.00 - 55.00	45.00 - 50.00	200.00 - 220.00	120.00 - 140.00
Mullaittivu	180.00 - 220.00	300.00 - 350.00	400.00 - 450.00	240.00 - 280.00	240.00 - 250.00	75.00 - 80.00	75.00 - 80.00	50.00 - 60.00	-	130.00 - 135.00
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	260.00 300.00	560.00 600.00	360.00 400.00	330.00 350.00	240.00 260.00	60.00 65.00	65.00 70.00	45.00 50.00	200.00 220.00	140.00 155.00
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	140.00 - 200.00	600.00 - 800.00	400.00 - 440.00	220.00 - 260.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	200.00 - 220.00	160.00 - 180.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	140.00 - 160.00	500.00 - 550.00	400.00 - 500.00	240.00 - 280.00	150.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	190.00 - 220.00	160.00 - 180.00
Matale	120.00 - 160.00	520.00 - 620.00	400.00 - 440.00	300.00 - 320.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	150.00 - 170.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 21: 23 - 29 May 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	80.00 - 180.00	200.00 - 350.00	100.00 - 200.00	29.00 - 60.00	40.00 - 70.00	350.00 - 520.00	250.00 - 400.00	200.00 - 320.00	-	150.00 - 230.00
Gampaha	100.00 - 120.00	200.00 - 280.00	120.00 - 140.00	32.00 - 32.00	44.00 - 44.00	-	200.00 - 300.00	-	-	125.00 - 150.00
Kurunegala	100.00 - 120.00	250.00 - 280.00	130.00 - 140.00	-	56.00 - 56.00	-	350.00 - 350.00	-	-	150.00 - 150.00
Nikaweratiya	120.00 - 160.00	300.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	-
Dambulla	120.00 - 150.00	280.00 - 300.00	140.00 - 160.00	-	48.00 - 52.00	400.00 - 450.00	280.00 - 350.00	180.00 - 200.00	50.00 - 60.00	90.00 - 100.00
Anuradhapura	120.00 - 180.00	300.00 - 350.00	120.00 - 180.00	26.00 - 30.00	40.00 - 45.00	500.00 - 600.00	350.00 - 450.00	250.00 - 300.00	-	125.00 - 160.00
Thambuththegama	80.00 - 100.00	220.00 - 250.00	80.00 - 120.00	22.00 - 30.00	36.00 - 42.00	380.00 - 450.00	320.00 - 350.00	-	-	-
Polonnaruwa	180.00 - 200.00	300.00 - 350.00	180.00 - 200.00	35.00 - 40.00	35.00 - 40.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	250.00 - 300.00
Kaluthara	150.00 - 160.00	240.00 - 260.00	160.00 - 180.00	30.00 - 32.00	32.00 - 35.00	490.00 - 550.00	380.00 - 420.00	300.00 - 340.00	-	130.00 - 140.00
Badulla	100.00 - 120.00	220.00 - 250.00	100.00 - 120.00	28.00 - 31.00	40.00 - 46.00	450.00 - 500.00	350.00 - 400.00	250.00 - 300.00	70.00 - 75.00	200.00 - 300.00
Keppetipola	130.00 - 150.00	260.00 - 300.00	120.00 - 150.00	26.00 - 30.00	44.00 - 46.00	-	320.00 - 350.00	250.00 - 280.00	-	-
Moneragala	100.00 - 120.00	200.00 - 250.00	80.00 - 100.00	20.00 - 24.00	24.00 - 26.00	630.00 - 700.00	520.00 - 600.00	-	-	100.00 - 120.00
Kegalle	120.00 - 150.00	280.00 - 330.00	120.00 - 150.00	25.00 - 30.00	40.00 - 50.00	800.00 - 850.00	450.00 - 550.00	200.00 - 300.00	-	-
Ampara	140.00 - 140.00	280.00 - 300.00	130.00 - 130.00	38.00 - 38.00	50.00 - 50.00	350.00 - 400.00	-	-	-	135.00 - 135.00
Dehiattakandiya	130.00 - 180.00	300.00 - 350.00	120.00 - 180.00	-	46.00 - 55.00	500.00 - 600.00	350.00 - 450.00	-	-	100.00 - 130.00
Nuwaraeliya	140.00 - 150.00	240.00 - 260.00	150.00 - 160.00	28.00 - 32.00	45.00 - 48.00	-	350.00 - 360.00	280.00 - 320.00	-	140.00 - 150.00
Kandy	140.00 - 160.00	280.00 - 300.00	150.00 - 180.00	23.00 - 25.00	35.00 - 40.00	450.00 - 500.00	300.00 - 350.00	180.00 - 200.00	-	125.00 - 150.00
Puttalam	100.00 - 180.00	300.00 - 350.00	100.00 - 200.00	24.00 - 30.00	60.00 - 60.00	700.00 - 700.00	500.00 - 600.00	300.00 - 400.00	-	250.00 - 300.00
Rathnapura	90.00 - 120.00	200.00 - 250.00	80.00 - 110.00	25.00 - 28.00	38.00 - 43.00	420.00 - 500.00	300.00 - 360.00	240.00 - 290.00	-	160.00 - 200.00
Hambantota	50.00 - 60.00	150.00 - 160.00	100.00 - 120.00	-	-	350.00 - 400.00	250.00 - 250.00	100.00 - 120.00	-	100.00 - 100.00
Matara	90.00 - 110.00	180.00 - 200.00	90.00 - 110.00	29.00 - 31.00	-	530.00 - 580.00	350.00 - 450.00	250.00 - 300.00	-	180.00 - 220.00
Galle	80.00 - 120.00	180.00 - 220.00	120.00 - 140.00	32.00 - 35.00	34.00 - 36.00	420.00 - 450.00	300.00 - 320.00	-	-	140.00 - 160.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	100.00 - 130.00	230.00 - 250.00	120.00 - 140.00	40.00 - 48.00	47.00 - 56.00	380.00 - 480.00	290.00 - 360.00	220.00 - 280.00	-	100.00 - 150.00
Embilipitiya	40.00 - 60.00	120.00 - 180.00	60.00 - 80.00	20.00 - 30.00	25.00 - 30.00	450.00 - 550.00	350.00 - 400.00	200.00 - 300.00	100.00 - 120.00	140.00 - 150.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	100.00 - 140.00	150.00 - 170.00	120.00 - 150.00	30.00 - 32.00	32.00 - 35.00	440.00 - 460.00	340.00 - 360.00	250.00 - 280.00	-	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	100.00 - 120.00	280.00 - 320.00	100.00 - 120.00	32.00 - 34.00	36.00 - 38.00	550.00 - 600.00	450.00 - 500.00	350.00 - 400.00	-	180.00 - 200.00
Mullaittivu	150.00 - 160.00	320.00 - 350.00	140.00 - 150.00	40.00 - 43.00	45.00 - 46.00	600.00 - 650.00	400.00 - 450.00	-	-	-
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	170.00 - 175.00	320.00 - 350.00	165.00 - 170.00	-	-	670.00 - 700.00	520.00 - 540.00	420.00 - 440.00	-	-
Veyangoda	120.00 - 140.00	180.00 - 220.00	120.00 - 140.00	25.00 - 30.00	36.00 - 40.00	370.00 - 440.00	280.00 - 340.00	220.00 - 260.00	-	130.00 - 150.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	140.00 - 160.00	260.00 - 320.00	150.00 - 180.00	27.00 - 31.00	46.00 - 50.00	500.00 - 550.00	380.00 - 420.00	300.00 - 320.00	-	200.00 - 220.00
Matale	150.00 - 160.00	300.00 - 320.00	160.00 - 170.00	30.00 - 32.00	46.00 - 52.00	500.00 - 580.00	350.00 - 380.00	240.00 - 270.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	-	-	120.00 - 200.00	40.00 - 80.00	160.00 - 300.00	100.00 - 140.00	170.00 - 230.00	40.00 - 100.00	2000.00 - 2800.00	160.00 - 200.00
Gampaha	-	-	120.00 - 180.00	-	200.00 - 240.00	140.00 - 150.00	100.00 - 150.00	82.00 - 90.00	2400.00 - 2500.00	150.00 - 160.00
Kurunegala	-	-	130.00 - 160.00	-	180.00 - 200.00	125.00 - 130.00	115.00 - 125.00	80.00 - 80.00	2200.00 - 2300.00	150.00 - 160.00
Nikaweratiya	-	-	130.00 - 220.00	30.00 - 38.00	-	120.00 - 130.00	150.00 - 160.00	40.00 - 50.00	2300.00 - 2500.00	-
Dambulla	-	30.00 - 50.00	140.00 - 160.00	29.00 - 33.00	-	60.00 - 70.00	120.00 - 150.00	40.00 - 50.00	2900.00 - 3000.00	150.00 - 180.00
Anuradhapura	-	-	120.00 - 160.00	-	-	-	120.00 - 150.00	60.00 - 80.00	2500.00 - 3000.00	180.00 - 200.00
Thambuththegama	-	-	80.00 - 120.00	42.00 - 46.00	-	-	115.00 - 130.00	-	-	150.00 - 150.00
Polonnaruwa	-	-	180.00 - 220.00	50.00 - 60.00	-	-	160.00 - 200.00	50.00 - 80.00	2800.00 - 3000.00	200.00 - 240.00
Kaluthara	-	-	140.00 - 150.00	-	-	-	-	58.00 - 60.00	2700.00 - 3000.00	150.00 - 170.00
Badulla	-	65.00 - 65.00	140.00 - 160.00	45.00 - 50.00	200.00 - 200.00	70.00 - 80.00	100.00 - 133.00	80.00 - 83.00	2500.00 - 2600.00	200.00 - 220.00
Keppetipola	-	-	120.00 - 150.00	40.00 - 45.00	120.00 - 130.00	70.00 - 90.00	120.00 - 130.00	50.00 - 60.00	2600.00 - 2700.00	170.00 - 180.00
Moneragala	50.00 - 60.00	-	100.00 - 130.00	25.00 - 30.00	-	80.00 - 100.00	-	30.00 - 40.00	2500.00 - 2800.00	150.00 - 180.00
Kegalle	-	-	120.00 - 130.00	20.00 - 25.00	150.00 - 160.00	80.00 - 100.00	130.00 - 150.00	40.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00
Ampara	90.00 - 90.00	-	160.00 - 180.00	-	-	-	100.00 - 115.00	-	2200.00 - 2400.00	190.00 - 200.00
Dehiattakandiya	-	-	160.00 - 200.00	-	100.00 - 100.00	-	100.00 - 120.00	50.00 - 70.00	2500.00 - 3000.00	150.00 - 200.00
Nuwaraeliya	-	-	150.00 - 160.00	45.00 - 50.00	130.00 - 140.00	100.00 - 120.00	140.00 - 160.00	60.00 - 65.00	2800.00 - 2900.00	170.00 - 190.00
Kandy	-	-	140.00 - 150.00	35.00 - 40.00	130.00 - 150.00	70.00 - 80.00	100.00 - 120.00	40.00 - 50.00	2000.00 - 2500.00	150.00 - 170.00
Puttalam	-	25.00 - 25.00	150.00 - 200.00	40.00 - 60.00	-	-	100.00 - 140.00	80.00 - 80.00	2500.00 - 3000.00	150.00 - 200.00
Hambantota	-	-	100.00 - 120.00	30.00 - 35.00	116.00 - 120.00	-	125.00 - 125.00	30.00 - 40.00	2700.00 - 2800.00	130.00 - 130.00
Rathnapura	-	-	140.00 - 160.00	-	100.00 - 130.00	-	100.00 - 115.00	40.00 - 60.00	2000.00 - 2200.00	130.00 - 150.00
Matara	100.00 - 120.00	-	120.00 - 130.00	45.00 - 55.00	160.00 - 180.00	120.00 - 140.00	120.00 - 150.00	50.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00
Galle	-	-	120.00 - 140.00	36.00 - 48.00	-	126.00 - 140.00	115.00 - 130.00	60.00 - 70.00	2500.00 - 2800.00	140.00 - 160.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	-	-	120.00 - 160.00	-	-	-	135.00 - 170.00	42.00 - 56.00	2400.00 - 2500.00	130.00 - 180.00
Embilipitiya	100.00 - 120.00	70.00 - 80.00	120.00 - 140.00	25.00 - 50.00	-	100.00 - 130.00	100.00 - 150.00	15.00 - 20.00	2350.00 - 2500.00	140.00 - 160.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	140.00 - 150.00	40.00 - 44.00	140.00 - 150.00	90.00 - 100.00	-	-	2400.00 - 2500.00	200.00 - 240.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	100.00 - 120.00	40.00 - 45.00	120.00 - 140.00	-	-	-	2400.00 - 2450.00	240.00 - 260.00
Mullaittivu	-	-	120.00 - 140.00	50.00 - 60.00	-	-	-	-	2400.00 - 2500.00	160.00 - 180.00
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	50.00 - 55.00	120.00 - 130.00	70.00 - 75.00	-	85.00 - 88.00	120.00 - 124.00	-	2440.00 - 2450.00	235.00 - 240.00
Veyangoda	-	-	110.00 - 130.00	45.00 - 50.00	120.00 - 125.00	75.00 - 82.00	130.00 - 150.00	35.00 - 40.00	2300.00 - 2500.00	150.00 - 180.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	-	130.00 - 160.00	50.00 - 70.00	130.00 - 150.00	80.00 - 100.00	100.00 - 150.00	50.00 - 60.00	2400.00 - 2500.00	180.00 - 200.00
Matale	-	-	120.00 - 130.00	32.00 - 34.00	-	80.00 - 100.00	-	40.00 - 50.00	2800.00 - 2900.00	130.00 - 160.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 21: 23 - 29 May 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	400.00 – 700.00	1000.00 – 1200.00	1200.00 – 1350.00	1500.00 – 2000.00	2200.00 – 3300.00	1400.00 – 1700.00
Kandy	500.00 – 550.00	–	1100.00 – 1400.00	1650.00 – 1800.00	2500.00 – 2600.00	1500.00 – 1650.00
Kaluthara	500.00 – 600.00	–	1200.00 – 1200.00	1500.00 – 1600.00	–	–
Puttalam	–	–	–	–	–	–
Matara	500.00 – 550.00	–	1200.00 – 1300.00	1800.00 – 1900.00	–	–
Hambantota	550.00 – 550.00	–	1300.00 – 1350.00	2000.00 – 2000.00	–	–
Galle	–	–	1000.00 – 1200.00	1400.00 – 1600.00	–	1400.00 – 1500.00
Batticaloa	–	–	–	–	–	–
Trincomalee	420.00 – 450.00	1040.00 – 1060.00	1080.00 – 1120.00	1840.00 – 1860.00	1940.00 – 1960.00	1500.00 – 1540.00
Mannar	–	–	–	–	–	–

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1100.00 – 1600.00	1200.00 – 1600.00	2200.00 – 3000.00	–	29.00 – 33.00	27.00 – 30.00
Kandy	–	2000.00 – 2100.00	2100.00 – 2200.00	–	31.00 – 32.00	29.00 – 31.00
Kaluthara	–	1600.00 – 1800.00	1900.00 – 2000.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	1900.00 – 2100.00	1900.00 – 2000.00	–	29.00 – 30.50	26.00 – 27.00
Hambantota	–	1750.00 – 1750.00	–	–	–	30.00 – 32.00
Galle	1200.00 – 1200.00	–	–	–	27.00 – 28.00	25.00 – 29.00
Batticaloa	–	–	–	–	–	–
Trincomalee	1700.00 – 1750.00	1040.00 – 1060.00	–	–	31.00 – 32.00	30.00 – 32.00
Mannar	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 21: 23 - 29 May 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	65000 – 80000	–	–	95000 – 100000	67500 – 80000	–
Kandy	65000 – 70000	–	–	97500 – 100000	65000 – 72500	–
Batticaloa	–	–	–	–	–	–
Trincomalee	52200 – 52300	–	–	–	54800 – 55000	47400 – 47600
Mannar	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	67500 – 85000	–	40000 – 47500	27500 – 37500	82500 – 100000	–
Kandy	67500 – 70000	–	40000 – 42500	29000 – 42500	85000 – 90000	–
Batticaloa	–	–	–	–	–	–
Trincomalee	50500 – 50750	–	–	42500 – 42750	98650 – 98750	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	65000 – 90000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 21: 23 - 29 May 2025

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LOCATIONS	Sea Fish									Eggs										
	Salaya		Hurulla	Balaya		Kelawalla		Thora		Paraw		Mora	Thalapath	Brown		White				
Colombo	500.00 -	800.00	-	1300.00 -	1600.00	1800.00 -	3200.00	2500.00 -	4000.00	1600.00 -	2600.00	-	2500.00 -	3400.00	30.00 -	35.00	28.00 -	34.00		
Gampaha	500.00 -	600.00	-	-	-	2000.00 -	2000.00	-	-	-	-	-	2800.00 -	2800.00	36.00 -	36.00	34.00 -	35.00		
Kurunegala	600.00 -	680.00	-	2000.00 -	2000.00	2000.00 -	2200.00	-	-	2200.00 -	2200.00	-	2700.00 -	2800.00	30.00 -	33.00	26.00 -	28.00		
Nikaweratiya	800.00 -	850.00	1400.00 -	1500.00	1300.00 -	1350.00	2800.00 -	2900.00	-	1400.00 -	1500.00	-	2800.00 -	2850.00	28.00 -	32.00	27.00 -	30.00		
Dambulla	660.00 -	680.00	1300.00 -	1400.00	1300.00 -	1400.00	2500.00 -	2600.00	-	1800.00 -	2000.00	2000.00 -	2200.00	2600.00 -	2700.00	34.00 -	35.00	33.00 -	34.00	
Anuradhapura	700.00 -	800.00	-	-	1300.00 -	1600.00	2400.00 -	2600.00	-	1600.00 -	1700.00	-	-	2500.00 -	2700.00	-	-	30.00 -	32.00	
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00 -	32.00	30.00 -	32.00		
Polonnaruwa	650.00 -	700.00	1200.00 -	1300.00	1750.00 -	1800.00	2200.00 -	2300.00	2350.00 -	2400.00	1600.00 -	1700.00	1600.00 -	1700.00	2300.00 -	2400.00	28.00 -	29.00	25.00 -	27.00
Kaluthara	800.00 -	900.00	-	-	-	-	2500.00 -	2700.00	-	-	-	-	-	3000.00 -	3200.00	30.00 -	32.00	28.00 -	30.00	
Badulla	480.00 -	600.00	1100.00 -	1100.00	1800.00 -	2000.00	2200.00 -	2200.00	2900.00 -	2950.00	1800.00 -	2000.00	1800.00 -	1800.00	2600.00 -	2600.00	32.00 -	34.00	28.00 -	30.00
Keppetipola	650.00 -	700.00	-	-	-	-	1900.00 -	2000.00	-	-	-	-	-	2600.00 -	2700.00	32.00 -	33.00	28.00 -	30.00	
Moneragala	700.00 -	780.00	-	-	1400.00 -	1700.00	2500.00 -	2700.00	-	-	-	-	-	2800.00 -	3000.00	30.00 -	32.00	29.00 -	31.00	
Kegalle	800.00 -	900.00	1500.00 -	1500.00	1900.00 -	2000.00	2700.00 -	2800.00	-	-	-	1750.00 -	1800.00	2700.00 -	2800.00	37.00 -	38.00	32.00 -	35.00	
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	26.00 -	28.00	
Dehiattakandiya	600.00 -	700.00	-	-	1200.00 -	1200.00	-	-	2600.00 -	2800.00	-	-	-	-	-	30.00 -	30.00	25.00 -	30.00	
Nuwaraeliya	720.00 -	740.00	-	-	1800.00 -	1900.00	2200.00 -	2300.00	-	-	-	-	-	2700.00 -	2800.00	32.00 -	33.00	30.00 -	32.00	
Kandy	650.00 -	700.00	-	-	1400.00 -	1600.00	2500.00 -	2600.00	3200.00 -	3300.00	1800.00 -	1900.00	-	2600.00 -	2700.00	35.00 -	36.00	33.00 -	35.00	
Puttalam	500.00 -	600.00	1000.00 -	1200.00	900.00 -	1000.00	1600.00 -	1800.00	-	-	1000.00 -	1200.00	1800.00 -	2000.00	-	30.00 -	35.00	32.00 -	35.00	
Hambantota	700.00 -	700.00	-	-	-	-	2800.00 -	2800.00	-	-	-	-	-	-	-	-	-	32.00 -	34.00	
Rathnapura	700.00 -	800.00	-	-	1300.00 -	1500.00	2300.00 -	2400.00	3600.00 -	3800.00	2250.00 -	2400.00	1400.00 -	1600.00	2450.00 -	2600.00	31.00 -	32.00	29.00 -	30.00
Matara	700.00 -	800.00	-	-	1700.00 -	2000.00	2300.00 -	2400.00	-	-	-	-	-	2400.00 -	2500.00	31.00 -	32.00	27.00 -	30.00	
Galle	650.00 -	700.00	-	-	1600.00 -	1800.00	2800.00 -	2800.00	-	-	2000.00 -	2200.00	2000.00 -	2200.00	-	28.00 -	30.00	26.00 -	30.00	
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Meegoda	700.00 -	720.00	-	-	-	-	2900.00 -	3000.00	-	-	-	-	-	3000.00 -	3000.00	32.00 -	32.00	28.00 -	32.00	
Embilipitiya	750.00 -	800.00	-	-	1500.00 -	1600.00	2500.00 -	2550.00	2550.00 -	2600.00	1600.00 -	1700.00	1500.00 -	1600.00	2550.00 -	2600.00	27.00 -	30.00	26.00 -	30.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Vavuniya	600.00 -	700.00	1000.00 -	1200.00	1200.00 -	1300.00	2400.00 -	2500.00	2400.00 -	2500.00	1600.00 -	1700.00	1800.00 -	1900.00	2400.00 -	2500.00	30.00 -	32.00	29.00 -	31.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Killinochchi	500.00 -	550.00	-	-	1000.00 -	1100.00	-	-	-	-	1500.00 -	1600.00	-	-	-	-	-	32.00 -	33.00	
Mullaittivu	500.00 -	600.00	1000.00 -	1200.00	900.00 -	1000.00	2100.00 -	2200.00	2200.00 -	2300.00	1600.00 -	1700.00	-	-	2100.00 -	2200.00	-	27.00 -	28.00	
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Trincomalee	580.00 -	600.00	1140.00 -	1160.00	1220.00 -	1240.00	2330.00 -	2350.00	2400.00 -	2450.00	1650.00 -	1680.00	1850.00 -	1870.00	-	33.00 -	35.00	32.00 -	34.00	
Veyangoda	680.00 -	700.00	-	-	1800.00 -	1800.00	1800.00 -	2000.00	-	-	2200.00 -	2400.00	-	-	2400.00 -	2400.00	30.00 -	34.00	28.00 -	32.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Bandarawela	600.00 -	650.00	-	-	1800.00 -	1800.00	2400.00 -	2500.00	-	-	-	-	-	-	2500.00 -	2600.00	31.00 -	32.00	29.00 -	31.00
Matale	800.00 -	900.00	1300.00 -	1400.00	1300.00 -	1400.00	2500.00 -	2600.00	2600.00 -	3000.00	1600.00 -	1700.00	1800.00 -	1900.00	2500.00 -	2600.00	32.00 -	33.00	29.00 -	30.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 21: 23 - 29 May 2025

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	800.00 – 1200.00	2200.00 – 2400.00	–	–	2200.00 – 2600.00	1500.00 – 2000.00	2000.00 – 2500.00	1100.00 – 1250.00					
Gampaha	900.00 – 950.00	–	3600.00 – 3600.00	2400.00 – 2450.00	1600.00 – 1700.00	2450.00 – 2450.00	960.00 – 1200.00						
Kurunegala	750.00 – 750.00	–	–	2100.00 – 2300.00	1300.00 – 1450.00	–	900.00 – 1000.00						
Nikaweratiya	800.00 – 1000.00	1800.00 – 2000.00	–	–	1200.00 – 1400.00	1200.00 – 1300.00	1000.00 – 1200.00						
Dambulla	700.00 – 750.00	2300.00 – 2400.00	–	2300.00 – 2400.00	1300.00 – 1400.00	1800.00 – 2000.00	–						
Anuradhapura	800.00 – 1000.00	2300.00 – 2400.00	–	2300.00 – 2400.00	1600.00 – 1800.00	2200.00 – 2400.00	1000.00 – 1200.00						
Thambuththegama	750.00 – 920.00	2100.00 – 2250.00	–	2300.00 – 2400.00	1400.00 – 1750.00	2250.00 – 2400.00	1000.00 – 1250.00						
Polonnaruwa	1000.00 – 1100.00	2100.00 – 2200.00	–	2300.00 – 2400.00	1800.00 – 2000.00	2100.00 – 2200.00	–						
Kaluthara	800.00 – 1000.00	2300.00 – 2400.00	–	2400.00 – 2500.00	1400.00 – 1500.00	2300.00 – 2400.00	–						
Badulla	700.00 – 800.00	2400.00 – 2400.00	–	2400.00 – 2400.00	1800.00 – 1800.00	1600.00 – 1600.00	–						
Keppetipola	800.00 – 900.00	2280.00 – 2300.00	–	2200.00 – 2250.00	1450.00 – 1520.00	2350.00 – 2400.00	900.00 – 950.00						
Moneragala	900.00 – 1000.00	2200.00 – 2300.00	–	2300.00 – 2400.00	1800.00 – 1900.00	2200.00 – 2300.00	–						
Kegalle	850.00 – 1040.00	2300.00 – 2800.00	–	2200.00 – 2600.00	1300.00 – 1800.00	–	–						
Ampara	–	2000.00 – 2400.00	–	2200.00 – 2400.00	1600.00 – 2000.00	1200.00 – 1200.00	800.00 – 800.00						
Dehiattakandiya	800.00 – 1000.00	2000.00 – 2200.00	–	2150.00 – 2300.00	1700.00 – 2000.00	1500.00 – 1500.00	–						
Nuwareliya	860.00 – 900.00	2400.00 – 2500.00	2800.00 – 3000.00	2300.00 – 2400.00	1550.00 – 1650.00	2200.00 – 2400.00	1000.00 – 1100.00						
Kandy	800.00 – 1000.00	2300.00 – 2400.00	3200.00 – 3300.00	2300.00 – 2400.00	1700.00 – 1800.00	2000.00 – 2200.00	1000.00 – 1100.00						
Puttalam	800.00 – 920.00	2250.00 – 2500.00	–	2000.00 – 2200.00	1200.00 – 1700.00	1200.00 – 2000.00	900.00 – 1200.00						
Hambantota	900.00 – 1000.00	–	–	–	2000.00 – 2000.00	2200.00 – 2200.00	–						
Rathnapura	800.00 – 980.00	2200.00 – 2400.00	3000.00 – 3000.00	2200.00 – 2400.00	1800.00 – 1900.00	2200.00 – 2400.00	–						
Matara	800.00 – 900.00	2000.00 – 2200.00	–	2000.00 – 2200.00	1400.00 – 1600.00	2000.00 – 2200.00	–						
Galle	800.00 – 1200.00	2400.00 – 2500.00	–	2400.00 – 2400.00	2000.00 – 2000.00	2000.00 – 2200.00	800.00 – 800.00						
Tissamaharama	–	–	–	–	–	–	–						
Meegoda	720.00 – 1000.00	2200.00 – 2200.00	–	2200.00 – 2200.00	–	2000.00 – 2400.00	800.00 – 800.00						
Embilipitiya	900.00 – 1200.00	2300.00 – 2400.00	–	2250.00 – 2400.00	–	2300.00 – 2400.00	900.00 – 1000.00						
Jaffna	–	–	–	–	–	–	–						
Vavuniya	–	1800.00 – 1900.00	–	2000.00 – 2150.00	1500.00 – 1600.00	1000.00 – 1150.00	800.00 – 900.00						
Mannar	–	–	–	–	–	–	–						
Killinochchi	850.00 – 950.00	2400.00 – 2500.00	–	–	1300.00 – 1400.00	–	800.00 – 850.00						
Mullaittivu	950.00 – 1000.00	1900.00 – 2000.00	–	2450.00 – 2550.00	1000.00 – 1100.00	–	–						
Batticaloa	–	–	–	–	–	–	–						
Trincomalee	1050.00 – 1080.00	2340.00 – 2360.00	–	–	1240.00 – 1260.00	1200.00 – 1220.00	–						
Veyangoda	800.00 – 1100.00	2000.00 – 2400.00	–	2300.00 – 2400.00	1800.00 – 1800.00	2000.00 – 2400.00	1600.00 – 1600.00						
Galenbindunuwewa	–	–	–	–	–	–	–						
Bandarawela	800.00 – 1000.00	2200.00 – 2400.00	–	2200.00 – 2300.00	1600.00 – 1800.00	2100.00 – 2200.00	900.00 – 1100.00						
Matale	900.00 – 1000.00	2200.00 – 2400.00	–	2200.00 – 2400.00	1600.00 – 1700.00	2200.00 – 2400.00	900.00 – 1000.00						

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 21: 23 - 29 May 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1100.00 - 1280.00	950.00 - 1280.00	3400.00 - 3900.00	1600.00 - 2200.00
Gampaha	-	1200.00 - 1250.00	-	3500.00 - 3500.00	1800.00 - 1800.00
Kurunegala	2800.00 - 2800.00	1100.00 - 1200.00	-	3000.00 - 3200.00	1200.00 - 1200.00
Nikaweratiya	2000.00 - 2200.00	1050.00 - 1100.00	-	-	-
Dambulla	-	1150.00 - 1200.00	-	-	1400.00 - 1400.00
Anuradhapura	2600.00 - 2700.00	1100.00 - 1150.00	1250.00 - 1300.00	3600.00 - 3700.00	1500.00 - 1600.00
Thambuththegama	-	1050.00 - 1150.00	-	-	1360.00 - 1500.00
Polonnaruwa	2300.00 - 2400.00	1000.00 - 1100.00	1200.00 - 1300.00	3300.00 - 3400.00	1200.00 - 1300.00
Kaluthara	2500.00 - 2500.00	1100.00 - 1200.00	1000.00 - 1100.00	-	1400.00 - 1500.00
Badulla	2300.00 - 2300.00	1150.00 - 1350.00	-	3200.00 - 3200.00	-
Keppetipola	2200.00 - 2300.00	1250.00 - 1260.00	1340.00 - 1350.00	3100.00 - 3200.00	-
Moneragala	2600.00 - 2600.00	1190.00 - 1300.00	1300.00 - 1500.00	3200.00 - 3200.00	1700.00 - 1800.00
Kegalle	2500.00 - 2500.00	1200.00 - 1300.00	-	3100.00 - 3100.00	-
Ampara	2200.00 - 2300.00	1000.00 - 1100.00	-	-	1800.00 - 2000.00
Dehiattakandiya	-	1150.00 - 1250.00	950.00 - 950.00	-	1690.00 - 1800.00
Nuwaraeliya	2500.00 - 2600.00	1250.00 - 1280.00	1350.00 - 1360.00	3200.00 - 3400.00	1500.00 - 1600.00
Kandy	2300.00 - 2400.00	1040.00 - 1120.00	1180.00 - 1200.00	3200.00 - 3300.00	1500.00 - 1600.00
Puttalam	2500.00 - 2500.00	1100.00 - 1100.00	1400.00 - 1400.00	3800.00 - 3800.00	-
Hambantota	-	1180.00 - 1200.00	-	-	-
Rathnapura	2600.00 - 2600.00	1200.00 - 1250.00	1100.00 - 1180.00	3500.00 - 3500.00	2000.00 - 2000.00
Matara	-	1200.00 - 1250.00	-	-	-
Galle	2400.00 - 2600.00	1200.00 - 1250.00	-	3400.00 - 3400.00	-
Tissamaharama	-	-	-	-	-
Meegoda	-	1120.00 - 1250.00	1200.00 - 1250.00	-	1900.00 - 1950.00
Embilipitiya	2000.00 - 2100.00	1080.00 - 1150.00	1200.00 - 1280.00	3100.00 - 3500.00	1650.00 - 1800.00
Jaffna	-	-	-	-	-
Vavuniya	2100.00 - 2200.00	1300.00 - 1350.00	1600.00 - 1700.00	3200.00 - 3300.00	-
Mannar	-	-	-	-	-
Killinochchi	2150.00 - 2200.00	1200.00 - 1250.00	1450.00 - 1500.00	3200.00 - 3300.00	-
Mullaittivu	2200.00 - 2200.00	1300.00 - 1350.00	1400.00 - 1450.00	-	-
Batticaloa	-	-	-	-	-
Trincomalee	2300.00 - 2350.00	1060.00 - 1180.00	1760.00 - 1800.00	3550.00 - 3580.00	-
Veyangoda	2400.00 - 2400.00	1100.00 - 1200.00	-	-	1500.00 - 1550.00
Galenbindunuwewa	-	-	-	-	-
Bandarawela	2300.00 - 2400.00	1150.00 - 1230.00	1300.00 - 1350.00	3300.00 - 3400.00	-
Matale	2400.00 - 2500.00	1100.00 - 1150.00	1250.00 - 1350.00	3200.00 - 3400.00	1400.00 - 1500.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 21: 23 - 29 May 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	180.00 - 200.00	190.00	193.33	97.78	-1.72	94.32
Samba 1	240.00 - 245.00	241.67	241.67	236.60	0.00	2.14	Small	160.00 - 170.00	163.00	164.44	86.67	-0.88	88.08
Samba 2	235.00 - 238.00	236.50	236.50	229.43	0.00	3.08							
Keeri Samba	270.00 - 300.00	284.00	286.00	312.00	-0.70	-8.97	<u>Fruits (Rs/fruit)</u>						
Nadu 1	225.00 - 230.00	227.17	226.67	208.89	0.22	8.75	Plantain						
Nadu 2	220.00 - 222.00	221.00	221.00	201.29	0.00	9.79	Ambul (Rs/kg)	50.00 - 80.00	66.00	78.00	90.00	-15.38	-26.67
Raw (Red)	210.00 - 215.00	213.00	212.50	186.50	0.24	14.21	Kolikuttu (Rs/kg)	130.00 - 200.00	158.00	178.00	220.00	-11.24	-28.18
Raw (White)	210.00 - 215.00	212.83	212.33	209.00	0.24	1.83	Seeni (Rs/kg)	50.00 - 100.00	73.00	86.00	90.91	-15.12	-19.70
Imported							Anamalu	25.00 - 28.00	25.90	26.50	19.73	-2.26	31.29
Samba	230.00 - 235.00	232.50	232.50	266.25	0.00	-12.68	Ambun	32.00 - 38.00	35.80	38.55	26.27	-7.12	36.26
Nadu							Papaw(Rs/kg)	80.00 - 120.00	97.50	89.00	66.36	9.55	46.92
Raw (Red)							Passion Fruit	30.00 - 40.00	33.13	33.75	63.00	-1.85	-47.42
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Pineapple Large	300.00 - 360.00	328.33	353.33	805.00	-7.08	-59.21
<u>Dried Chillies</u>							Pineapple Medium	230.00 - 280.00	253.33	268.33	618.75	-5.59	-59.06
Imported	500.00 - 600.00	541.67	566.67	782.22	-4.41	-30.75	Pineapple Small	180.00 - 220.00	200.00	208.33	495.00	-4.00	-59.60
<u>Onion</u>							Mango						
Sinnan	180.00 - 240.00	206.67	210.00	210.00	-1.59	-1.59	Betti				21.44		
Vedalan				375.00			Karthakolomban	130.00 - 200.00	162.22	244.44	63.00	-33.64	157.50
Imported	300.00 - 380.00	350.00	308.33	308.75	13.51	13.36	Vilad				34.44		
<u>Big Onion</u>							Kohu						
Imported	80.00 - 100.00	92.50	82.50	152.00	12.12	-39.14	Other						
Local							Wood Apple	100.00 - 140.00	123.00	119.00	140.00	3.36	-12.14
<u>Potato</u>							Orange	60.00 - 80.00	70.00	84.00	88.75	-16.67	-21.13
Welimada			252.50				Avocado	130.00 - 160.00	146.67	195.00	69.09	-24.79	112.28
N'Eliya	280.00 - 300.00	290.00	287.00	240.00	1.05	20.83	Siime Apple	20.00 - 35.00	26.67	28.50	18.89	-6.43	41.18
Imported	160.00 - 200.00	180.00	183.00	153.75	-1.64	17.07	Grapes (Imp., Rs/kg)	1500.00 - 2000.00	1783.33	1733.33	1712.00	2.88	4.17
<u>Pulses</u>							King Coconut	100.00 - 160.00	135.00	138.00	124.44	-2.17	8.48
Green Gram	700.00 - 800.00	750.00	750.00	1028.75	0.00	-27.10	<u>Sea Fish</u>						
Cowpea (White)	600.00 - 700.00	660.00	625.00	777.50	5.60	-15.11	Salaya	400.00 - 700.00	544.44	456.25	505.83	19.33	7.63
Cowpea (Red)	460.00 - 600.00	542.00	548.33	728.75	-1.16	-25.63	Hurulla	1000.00 - 1200.00	1094.44	1112.50	835.00	-1.62	31.07
Red Dhal	250.00 - 255.00	252.00	252.50	273.75	-0.20	-7.95	Balaya	1200.00 - 1350.00	1261.11	1243.75	980.00	1.40	28.68
<u>Vegetable</u>							Kelawalla	1500.00 - 2000.00	1777.78	1612.50	1381.67	10.25	28.67
Beans (Butter)							Thora	2200.00 - 3300.00	2788.89	2550.00	2166.67	9.37	28.72
Beans(Green)	250.00 - 350.00	296.00	313.00	437.00	-5.43	-32.27	Paraw	1400.00 - 1700.00	1550.00	1475.00	1324.17	5.08	17.05
Carrot	500.00 - 650.00	585.00	700.00	121.00	-16.43	383.47	Mora	1100.00 - 1600.00	1377.78	1225.00		12.47	
Leeks	160.00 - 250.00	198.00	227.00	214.00	-12.78	-7.48	Shrimps	1200.00 - 1600.00	1400.00	1637.50	1788.46	-14.50	-21.72
Beetroot	380.00 - 550.00	459.29	497.69	225.45	-7.72	103.72	Thalapath	2200.00 - 3000.00	2488.89	2187.50	2050.00	13.78	21.41
Knolkhol	200.00 - 250.00	224.00	250.00	127.00	-10.40	76.38	<u>Eggs</u>						
Raddish	100.00 - 150.00	125.00	127.00	106.00	-1.57	17.92	Brown	29.00 - 33.00	30.78	28.00	48.56	9.92	-36.62
Cabbage	250.00 - 350.00	300.00	383.33	62.00	-21.74	383.87	White	27.00 - 30.00	28.56	25.57	46.06	11.67	-38.01
Tomato	450.00 - 600.00	526.00	661.00	136.00	-20.42	286.76	<u>Dried Fish</u>						
Ladies Fingers	80.00 - 140.00	100.00	178.00	87.00	-43.82	14.94	Sprats	1300.00 - 1600.00	1487.50	1428.57	1408.33	4.12	5.62
Brinjal	300.00 - 400.00	350.00	376.00	184.00	-6.91	90.22	Sprats (Imported)	550.00 - 750.00	625.00	664.29	820.83	-5.91	-23.86
Capsicum	600.00 - 800.00	665.00	675.00	189.00	-1.48	251.85	Kattawa	-					
Pumpkin	100.00 - 150.00	130.00	163.00	70.00	-20.25	85.71	Kattawa (Imported)	1650.00 - 2000.00	1762.50	1695.71	1269.23	3.94	38.86
Cucumber	25.00 - 70.00	45.00	53.00	104.00	-15.09	-56.73	Thora	-					
Bitter Gourd	350.00 - 450.00	398.18	405.00	278.00	-1.68	43.23	Thora (Imported)	-					
Snake Gourd	160.00 - 250.00	206.00	261.00	244.00	-21.07	-15.57	Mora	1900.00 - 2000.00	1962.50	1914.29	1843.33	2.52	6.46
Drumstick	400.00 - 900.00	646.15	668.18	600.00	-3.30	7.69	Mora (Imported)	-					
Luffa	150.00 - 200.00	176.00	250.00	265.00	-29.60	-33.58	Balaya	1350.00 - 1600.00	1462.50	1492.86	894.17	-2.03	63.56
Long Beans	150.00 - 200.00	176.00	179.00	228.00	-1.68	-22.81	Balaya (Imported)	-					
Ash Plantain	50.00 - 80.00	67.00	69.00	113.00	-2.90	-40.71	Anguluwa	-					
Green Chillies	180.00 - 400.00	283.00	239.00	216.00	18.41	31.02	Anguluwa (Imported)	1300.00 - 1800.00	1600.00	1585.71	1375.38	0.90	16.33
Lime	250.00 - 300.00	276.00	313.00	1160.00	-11.82	-76.21	Maduwa	1350.00 - 1700.00	1487.50	1353.57	1399.17	9.89	6.31
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	180.00 - 240.00	206.00	222.00	134.00	-7.21	53.73	Koduwa	-					
Manioc	80.00 - 120.00	100.00	96.00	100.00	4.17	0.00	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	800.00 - 950.00	856.25	785.71	448.33	8.98	90.99
Mukunuwenna	30.00 - 35.00	32.50	40.00	43.33	-18.75	-25.00	Salaya (Imported)	-					
Kankun	30.00 - 35.00	32.50	40.00	43.33	-18.75	-25.00							
Gotukola (Rs/kg)	300.00 - 320.00	310.00	320.00	210.00	-3.13	47.62							

This Week:

Week 21: 23 - 29 May 2025

Last Week:

Week 20: 16 - 22 May 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 21: 23 - 29 May 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	200.00 · 220.00	215.50	214.17	108.48	1.33	98.65
Samba 1	245.00 · 260.00	248.08	248.21	252.22	-0.14	-1.64	Small	190.00 · 200.00	195.25	191.39	86.97	3.86	124.50
Samba 2													
Keeri Samba	280.00 · 320.00	290.00	294.55	365.00	-4.55	-20.55	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	233.33	232.86	224.55	0.48	3.91	Plantain						
Nadu 2							Ambul (Rs/kg)	80.00 · 180.00	144.00	149.57	192.50	-5.57	-25.19
Raw (Red)	220.00 · 240.00	226.36	226.36	202.27	0.00	11.91	Kolikuttu (Rs/kg)	200.00 · 350.00	269.00	277.22	379.64	-8.22	-29.14
Raw (White)	220.00 · 240.00	224.76	224.29	217.93	0.48	3.13	Seeni (Rs/kg)	100.00 · 200.00	159.44	176.43	192.00	-16.98	-16.96
Imported							Anamalu	29.00 · 60.00	40.13	46.50	31.74	-6.37	26.44
Samba	240.00 · 260.00	250.77	250.00	280.00	0.77	-10.44	Ambun	40.00 · 70.00	55.47	58.00	41.00	-2.53	35.28
Nadu	230.00 · 240.00	235.00	235.00		0.00		Papaw(Rs/kg)	120.00 · 200.00	173.33	162.94	178.62	10.39	-2.96
Raw (Red)							Passion Fruit	40.00 · 80.00	56.47	59.46	88.33	-2.99	-36.07
Raw (White)	210.00 · 220.00	216.67	216.25		0.42		Pineapple Large	350.00 · 520.00	434.38	454.00	1064.29	-19.63	-59.19
Dried Chillies							Pineapple Medium	250.00 · 400.00	324.71	348.00	818.75	-23.29	-60.34
Imported	650.00 · 900.00	780.00	803.18	1056.52	-23.18	-26.17	Pineapple Small	200.00 · 320.00	262.35	272.14	619.05	-9.79	-57.62
Onion							Mango						
Sinnan							Betti						
Vedalan				454.00			Karthakolomban	150.00 · 230.00	209.17	286.67	94.09	-77.50	122.30
Imported	400.00 · 600.00	472.17	460.00	396.36	12.17	19.13	Vilad				53.33		
Big Onion							Kohu						
Imported	120.00 · 160.00	145.86	146.25	211.21	-0.39	-30.94	Other						
Local							Wood Apple	160.00 · 300.00	232.50	178.57	162.00	53.93	43.52
Potato							Orange	100.00 · 140.00	128.00	127.50	119.05	0.50	7.52
Welimada							Avocado	170.00 · 230.00	204.00	261.25	130.00	-57.25	56.92
N'Eliya	360.00 · 480.00	435.00	427.00	370.95	8.00	17.27	Slime Apple	40.00 · 100.00	67.27	80.91	71.18	-13.64	-5.48
Imported	200.00 · 260.00	236.32	239.23	202.73	-2.91	16.57	Grapes (Imp., Rs/kg)	2000.00 · 2800.00	2545.45	2491.67	2386.36	53.79	6.67
Pulses							King Coconut	160.00 · 200.00	186.88	195.38	199.17	-8.51	-6.17
Green Gram	800.00 · 1000.00	899.00	874.38	1377.27	24.63	-34.73	Sea Fish						
Cowpea (White)	700.00 · 900.00	832.35	827.33	1018.18	5.02	-18.25	Salaya	500.00 · 800.00	688.82	627.06	753.50	61.76	-8.58
Cowpea (Red)	700.00 · 900.00	791.88	808.00	1018.18	-16.13	-22.23	Hurulla			1300.00	1111.82		
Red Dhal	270.00 · 320.00	286.79	286.50	325.77	0.29	-11.97	Balaya	1300.00 · 1600.00	1500.00	1325.00	1242.86	175.00	20.69
Vegetable							Kelawalla	1800.00 · 3200.00	2633.33	2572.94	2152.63	60.39	22.33
Beans (Butter)							Thora	2500.00 · 4000.00	3500.00	3493.33	3331.25	6.67	5.07
Beans(Green)	340.00 · 600.00	434.58	507.69	525.43	-73.11	-17.29	Paraw	1600.00 · 2600.00	2128.57	2051.43	2144.74	77.14	-0.75
Carrot	550.00 · 800.00	707.31	879.17	244.71	-171.86	189.04	Mora						
Leeks	280.00 · 400.00	364.00	367.20	361.47	-3.20	0.70	Shrimps	1400.00 · 2400.00	2192.86	2288.24	2103.68	-95.38	4.24
Beetroot	500.00 · 800.00	684.40	687.92	426.36	-3.52	60.52	Thalapath	2500.00 · 3400.00	3005.88	2929.41	2855.26	76.47	5.28
Knolkhol	300.00 · 600.00	439.09	473.64	292.50	-34.55	50.12	Eggs						
Raddish	160.00 · 300.00	236.00	296.09	253.55	-60.09	-6.92	Brown	30.00 · 35.00	33.23	29.50	50.45	3.73	-34.14
Cabbage	320.00 · 550.00	451.60	530.91	219.71	-79.31	105.54	White	28.00 · 34.00	31.46	27.83	47.82	3.63	-34.21
Tomato	550.00 · 1000.00	776.54	947.20	248.71	-170.66	212.23	Dried Fish						
Ladies Fingers	180.00 · 400.00	306.00	371.25	247.43	-65.25	23.67	Sprats	1500.00 · 2000.00	1733.33	1714.29	1941.67	19.05	-10.73
Brinjal	350.00 · 650.00	475.83	519.17	299.09	-43.33	59.09	Sprats (Imported)	800.00 · 1200.00	961.76	1056.52	1100.00	-94.76	-12.57
Capsicum	650.00 · 1200.00	923.20	925.24	338.18	-2.04	172.99	Kattawa	2200.00 · 2400.00	2378.95	2377.78	2019.35	1.17	17.81
Pumpkin	160.00 · 340.00	270.77	287.39	173.03	-16.62	56.49	Thora						
Cucumber	80.00 · 260.00	179.63	182.73	231.14	-3.10	-22.29	Mora	2200.00 · 2600.00	2555.56	2550.00	2554.17	5.56	0.05
Bitter Gourd	380.00 · 640.00	534.17	627.60	447.06	-93.43	19.48	Balaya	1500.00 · 2000.00	1800.00	1805.56	1815.65	-5.56	-0.86
Snake Gourd	180.00 · 480.00	367.20	448.95	364.85	-81.75	0.64	Anguluwa	2000.00 · 2500.00	2291.67	2300.00	2145.45	-8.33	6.81
Drumstick	900.00 · 1400.00	1166.67	1276.47	993.64	-109.80	17.41	Maduwa	1500.00 · 1800.00	1633.33	1600.00		33.33	
Luffa	200.00 · 560.00	363.33	512.61	426.67	-149.28	-14.84	Koduwa						
Long Beans	200.00 · 450.00	360.42	409.13	336.88	-48.71	6.99	Salaya	1100.00 · 1250.00	1203.13	1200.00	963.16	3.13	24.91
Ash Plantain	80.00 · 360.00	221.60	229.09	256.57	-7.49	-13.63	Meat						
Green Chillies	230.00 · 600.00	502.17	588.46	402.19	-86.29	24.86	Beef (without Bones)	2600.00 · 2800.00	2700.00	2700.00	2500.00	0.00	8.00
Lime	340.00 · 600.00	533.60	630.83	1935.48	-97.23	-72.43	Chicken (Broiler)	1100.00 · 1280.00	1196.36	1180.00	1132.73	16.36	5.62
Root Crops							Chicken (Curry)	950.00 · 1280.00	1117.50	1107.00	1138.00	10.50	-1.80
Sweet Potato	200.00 · 400.00	312.61	328.95	275.88	-16.34	13.31	Mutton	3400.00 · 3900.00	3700.00	3688.89	3442.22	11.11	7.49
Manioc	120.00 · 240.00	211.85	210.83	213.33	1.02	-0.69	Pork	1600.00 · 2200.00	1920.00	1850.00	1500.00	70.00	28.00
Leafy Vegetable													
Mukunuwenna	50.00 · 80.00	74.44	72.50	72.19	1.94	3.13							
Kankun	50.00 · 80.00	74.44	73.75	72.19	0.69	3.13							
Gotukola	180.00 · 320.00	254.44	247.86	97.27	6.59	161.58							

This Week: Week 21: 23 - 29 May 2025
Last Week: Week 20: 16 - 22 May 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 21: 23 - 29 May 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	140.00 – 152.50	144.50
A'pura	135.00 – 140.00	137.00	Dambulla	190.00 – 240.00	212.00	Hambantota	–	
P'naruwa	138.00 – 141.00	139.20	Welimada	210.00 – 225.00	220.00	Embilipitiya	180.00 – 200.00	192.50
Kalawewa	135.00 – 140.00	137.20	Badulla	185.00 – 230.00	205.00	Matara	–	
Kurunegala	133.00 – 136.00	134.50	Carrot			A'pura	160.00 – 180.00	168.00
Dehiattakandiya	130.00 – 132.00	131.33	N'Elia	520.00 – 540.00	534.00	Luffa		
Nikaweratiya	135.00 – 140.00	137.20	Welimada	500.00 – 525.00	516.00	Dambulla	145.00 – 167.50	157.00
Ampara	133.00 – 135.00	133.67	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	200.00 – 240.00	222.50
A'pura	130.00 – 134.00	131.60	N'Elia	190.00 – 200.00	196.00	Matara	–	
P'naruwa	129.00 – 133.00	130.60	Welimada	170.00 – 185.00	178.00	A'pura	180.00 – 200.00	188.00
Kalawewa	128.00 – 132.00	130.00	Beetroot			Green Chillies		
Kurunegala	125.00 – 128.00	126.67	N'Elia	300.00 – 320.00	310.00	Dambulla	380.00 – 420.00	394.00
Dehiattakandiya	130.00 – 130.00	130.00	Dambulla	–		Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	350.00 – 370.00	357.50
Nikaweratiya	128.00 – 132.00	130.00	Welimada	320.00 – 330.00	323.00	Puttalam	350.00 – 380.00	365.00
Hambantota	–		Hanguranketha	–		A'pura	400.00 – 450.00	420.00
Ampara	127.00 – 128.00	127.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	260.00 – 280.00	268.00	Dambulla	100.00 – 120.00	111.00
Matara	130.00 – 132.00	130.67	Welimada	260.00 – 275.00	266.00	Hambantota	–	
Hambantota	130.00 – 133.00	131.67	Hanguranketha	–		Embilipitiya	100.00 – 130.00	115.00
Embilipitiya	125.00 – 130.00	127.50	Raddish			Matara	100.00 – 120.00	110.00
Keeri Samba			N'Elia	80.00 – 100.00	88.00	A'pura	120.00 – 130.00	124.00
A'pura	150.00 – 155.00	152.00	Welimada	70.00 – 85.00	78.00	Moneragala	60.00 – 70.00	64.00
P'naruwa	150.00 – 152.00	150.80	Hambantota	–		Cucumber		
Kalawewa	148.00 – 155.00	151.20	Hanguranketha	–		A'pura	25.00 – 40.00	31.00
Kurunegala	140.00 – 144.00	142.33	Cabbage			Dambulla	18.00 – 25.00	21.60
Dehiattakandiya	149.00 – 150.00	149.33	N'Elia	270.00 – 280.00	276.00	Hambantota	–	
Red Onion			Welimada	230.00 – 240.00	236.00	Matara	28.00 – 35.00	31.00
Puttalam	238.00 – 285.00	255.75	Badulla	235.00 – 260.00	248.33	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	100.00 – 120.00	110.00
Big Onion			Tomato			Hambantota	250.00 – 260.00	255.00
Dambulla	–		Welimada	400.00 – 430.00	420.00	Embilipitiya	160.00 – 180.00	170.00
Kalawewa	–		Hambantota	–		Matara	180.00 – 200.00	190.00
A'pura	–		Dambulla	440.00 – 470.00	456.00	A'pura	140.00 – 160.00	148.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	255.00 – 265.00	259.00	Vegetable (Low Country)			Hambantota	–	
Badulla	200.00 – 230.00	215.00	Ladies Fingers			Embilipitiya	40.00 – 60.00	52.50
Welimada	240.00 – 260.00	249.00	A'pura	100.00 – 120.00	108.00	Matara	70.00 – 80.00	75.00
Pulses			Dambulla	120.00 – 135.00	128.00	Lime		
Green Gram			Hambantota	140.00 – 150.00	145.00	Hambantota	–	
Hambantota	–		Embilipitiya	80.00 – 100.00	92.50	Embilipitiya	280.00 – 300.00	292.50
Moneragala	580.00 – 600.00	592.00	Matara	100.00 – 130.00	116.67	Moneragala	200.00 – 250.00	220.00
Embilipitiya	570.00 – 580.00	575.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	600.00 – 650.00	616.67	A'pura	320.00 – 350.00	332.00	Banana		
A'pura	580.00 – 600.00	588.00	Dambulla	300.00 – 340.00	324.00	Ambul		
Cowpea			Hambantota	270.00 – 280.00	275.00	Moneragala	40.00 – 45.00	42.00
Hambantota	–		Embilipitiya	330.00 – 350.00	340.00	Embilipitiya	10.00 – 20.00	14.00
Nikaweratiya	500.00 – 550.00	516.67	Matara	280.00 – 320.00	300.00	Hambantota	20.00 – 30.00	25.00
Moneragala	350.00 – 400.00	370.00	Welimada	280.00 – 290.00	285.00	Kolikuttu		
Embilipitiya	440.00 – 450.00	445.00	Capsicum			Moneragala	150.00 – 160.00	154.00
Maize			Badulla	480.00 – 600.00	543.33	Embilipitiya	60.00 – 100.00	78.00
A'pura	–		Welimada	650.00 – 670.00	657.50	Hambantota	110.00 – 120.00	115.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	400.00 – 420.00	408.00	Moneragala	50.00 – 60.00	54.00
A'pura	–		Dambulla	380.00 – 410.00	395.00	Embilipitiya	65.00 – 75.00	70.00
Kalawewa	–		Hambantota	–		Hambantota	50.00 – 60.00	55.00
Black Gram			Embilipitiya	350.00 – 370.00	357.50	Pineapple		
A'pura	–		Matara	340.00 – 380.00	356.67	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 21: 23 - 29 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	245.00 - 245.00	260.00 - 260.00	250.00 - 260.00	245.00 - 245.00	245.00 - 245.00	250.00 - 250.00	245.00 - 245.00	245.00 - 245.00	245.00 - 245.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 300.00	-	280.00 - 280.00	280.00 - 290.00	320.00 - 320.00	320.00 - 320.00	280.00 - 280.00	-	280.00 - 280.00
Nadu 1	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	220.00 - 220.00	240.00 - 240.00	220.00 - 240.00	220.00 - 220.00	220.00 - 240.00
Raw (White)	220.00 - 240.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	220.00 - 220.00	240.00 - 240.00	220.00 - 240.00	220.00 - 220.00	220.00 - 220.00
Imported									
Samba	240.00 - 250.00	245.00 - 245.00	240.00 - 260.00	240.00 - 260.00	255.00 - 255.00	-	240.00 - 260.00	-	260.00 - 260.00
Nadu	240.00 - 240.00	-	230.00 - 230.00	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	220.00 - 220.00	-	220.00 - 220.00	-	220.00 - 220.00	-	-	210.00 - 210.00	220.00 - 220.00
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	900.00 - 900.00	800.00 - 900.00	800.00 - 800.00	700.00 - 900.00	850.00 - 850.00	800.00 - 800.00	720.00 - 720.00	750.00 - 800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	400.00 - 400.00	420.00 - 560.00	400.00 - 400.00	400.00 - 560.00	400.00 - 600.00	440.00 - 520.00	400.00 - 480.00	400.00 - 400.00	480.00 - 600.00
<u>Big Onion</u>									
Imported	120.00 - 130.00	130.00 - 160.00	140.00 - 150.00	150.00 - 160.00	120.00 - 160.00	140.00 - 160.00	120.00 - 150.00	120.00 - 140.00	150.00 - 150.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	-	480.00 - 480.00	400.00 - 400.00	-	400.00 - 440.00	480.00 - 480.00	-	440.00 - 440.00	360.00 - 360.00
Imported	200.00 - 220.00	-	240.00 - 250.00	240.00 - 240.00	220.00 - 220.00	260.00 - 260.00	240.00 - 260.00	240.00 - 240.00	240.00 - 260.00
<u>Pulses</u>									
Green Gram	800.00 - 880.00	800.00 - 800.00	800.00 - 900.00	1000.00 - 1000.00	900.00 - 1000.00	880.00 - 880.00	800.00 - 900.00	820.00 - 820.00	900.00 - 1000.00
Cowpea (White)	700.00 - 800.00	800.00 - 800.00	800.00 - 800.00	800.00 - 900.00	880.00 - 900.00	800.00 - 800.00	800.00 - 800.00	720.00 - 720.00	900.00 - 900.00
Cowpea (Red)	700.00 - 850.00	700.00 - 700.00	800.00 - 900.00	800.00 - 900.00	880.00 - 900.00	720.00 - 720.00	700.00 - 700.00	720.00 - 720.00	900.00 - 900.00
Red Dhal	270.00 - 280.00	300.00 - 320.00	280.00 - 300.00	300.00 - 320.00	290.00 - 320.00	290.00 - 320.00	270.00 - 290.00	270.00 - 280.00	280.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 21: 23 - 29 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	360.00 - 400.00	600.00 - 600.00	480.00 - 520.00	560.00 - 600.00	400.00 - 420.00	380.00 - 400.00	340.00 - 350.00	340.00 - 400.00	380.00 - 400.00
Carrot	550.00 - 600.00	800.00 - 800.00	700.00 - 720.00	750.00 - 800.00	650.00 - 700.00	800.00 - 800.00	550.00 - 600.00	750.00 - 800.00	760.00 - 800.00
Leeks	300.00 - 320.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00	280.00 - 300.00	400.00 - 400.00	320.00 - 340.00
Beetroot	550.00 - 560.00	800.00 - 800.00	650.00 - 720.00	800.00 - 800.00	680.00 - 700.00	560.00 - 600.00	500.00 - 650.00	750.00 - 800.00	800.00 - 800.00
Knolkhol	300.00 - 320.00	560.00 - 600.00	400.00 - 400.00	560.00 - 600.00	400.00 - 400.00	-	400.00 - 450.00	400.00 - 400.00	350.00 - 400.00
Raddish	160.00 - 180.00	220.00 - 240.00	260.00 - 280.00	300.00 - 300.00	230.00 - 240.00	280.00 - 300.00	200.00 - 220.00	240.00 - 260.00	230.00 - 240.00
Cabbage	320.00 - 340.00	450.00 - 550.00	450.00 - 520.00	550.00 - 550.00	400.00 - 450.00	400.00 - 400.00	350.00 - 400.00	520.00 - 550.00	520.00 - 530.00
Tomato	650.00 - 700.00	800.00 - 900.00	900.00 - 1000.00	800.00 - 800.00	700.00 - 750.00	800.00 - 820.00	550.00 - 600.00	900.00 - 1000.00	600.00 - 650.00
Ladies Fingers	180.00 - 190.00	360.00 - 400.00	320.00 - 340.00	360.00 - 400.00	240.00 - 250.00	320.00 - 340.00	260.00 - 280.00	280.00 - 320.00	360.00 - 400.00
Brinjal	350.00 - 360.00	500.00 - 520.00	550.00 - 600.00	400.00 - 600.00	400.00 - 420.00	400.00 - 400.00	400.00 - 500.00	400.00 - 450.00	640.00 - 650.00
Capsicum	650.00 - 700.00	1000.00 - 1200.00	1100.00 - 1200.00	1100.00 - 1200.00	900.00 - 1000.00	1000.00 - 1000.00	700.00 - 800.00	900.00 - 1000.00	900.00 - 1000.00
Pumpkin	160.00 - 180.00	230.00 - 320.00	320.00 - 330.00	320.00 - 340.00	230.00 - 240.00	320.00 - 320.00	180.00 - 200.00	320.00 - 320.00	300.00 - 320.00
Cucumber	80.00 - 100.00	160.00 - 200.00	180.00 - 200.00	230.00 - 240.00	140.00 - 160.00	160.00 - 180.00	120.00 - 140.00	240.00 - 260.00	230.00 - 240.00
Bitter Gourd	380.00 - 400.00	560.00 - 600.00	550.00 - 600.00	400.00 - 600.00	550.00 - 560.00	400.00 - 400.00	450.00 - 500.00	600.00 - 640.00	600.00 - 640.00
Snake Gourd	180.00 - 200.00	480.00 - 480.00	420.00 - 450.00	450.00 - 480.00	320.00 - 350.00	320.00 - 320.00	350.00 - 400.00	340.00 - 350.00	360.00 - 400.00
Drumstick	900.00 - 1000.00	1000.00 - 1200.00	1100.00 - 1200.00	1400.00 - 1400.00	1200.00 - 1200.00	-	1100.00 - 1200.00	1300.00 - 1400.00	1400.00 - 1400.00
Luffa	200.00 - 220.00	300.00 - 480.00	340.00 - 400.00	550.00 - 560.00	400.00 - 400.00	-	350.00 - 380.00	320.00 - 340.00	300.00 - 320.00
Long Beans	200.00 - 230.00	450.00 - 450.00	360.00 - 400.00	360.00 - 400.00	340.00 - 360.00	-	300.00 - 360.00	360.00 - 400.00	360.00 - 400.00
Ash Plantain	80.00 - 100.00	320.00 - 320.00	260.00 - 280.00	360.00 - 360.00	200.00 - 220.00	240.00 - 260.00	150.00 - 180.00	230.00 - 240.00	230.00 - 240.00
Green Chillies	230.00 - 250.00	560.00 - 600.00	550.00 - 600.00	550.00 - 600.00	450.00 - 500.00	550.00 - 600.00	320.00 - 340.00	400.00 - 400.00	550.00 - 600.00
Lime	340.00 - 360.00	600.00 - 600.00	600.00 - 600.00	560.00 - 600.00	480.00 - 500.00	600.00 - 600.00	400.00 - 450.00	600.00 - 600.00	600.00 - 600.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 220.00	280.00 - 320.00	320.00 - 360.00	360.00 - 400.00	260.00 - 350.00	240.00 - 240.00	240.00 - 340.00	400.00 - 400.00	320.00 - 340.00
Manioc	120.00 - 130.00	200.00 - 220.00	230.00 - 240.00	240.00 - 240.00	200.00 - 220.00	220.00 - 220.00	160.00 - 180.00	220.00 - 220.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	60.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Kankun	50.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	60.00 - 70.00	80.00 - 80.00	80.00 - 80.00
Gotukola	180.00 - 200.00	240.00 - 260.00	280.00 - 320.00	280.00 - 320.00	240.00 - 260.00	240.00 - 260.00	220.00 - 240.00	260.00 - 280.00	240.00 - 260.00
<u>Coconut</u>									
Large	200.00 - 205.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	200.00 - 220.00	210.00 - 220.00	215.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Small	195.00 - 195.00	195.00 - 200.00	195.00 - 200.00	190.00 - 200.00	190.00 - 195.00	195.00 - 200.00	190.00 - 200.00	200.00 - 200.00	195.00 - 200.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 21: 23 - 29 May 2025

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	100.00	-	150.00	160.00	-	160.00	160.00	-	180.00	150.00	-	160.00	150.00	-	180.00	140.00	-	140.00	80.00	-	100.00	130.00	-	150.00	130.00	-	150.00
Kolikuttu (Rs/Kg)	200.00	-	250.00	340.00	-	340.00	300.00	-	300.00	280.00	-	350.00	300.00	-	300.00	200.00	-	200.00	200.00	-	300.00	250.00	-	280.00	280.00	-	280.00
Seeni (Rs/Kg)	100.00	-	150.00	180.00	-	180.00	200.00	-	200.00	160.00	-	180.00	180.00	-	200.00	160.00	-	160.00	100.00	-	150.00	150.00	-	160.00	170.00	-	170.00
Anamalu	29.00	-	36.00	43.00	-	43.00	43.00	-	50.00	50.00	-	50.00	60.00	-	60.00	33.00	-	33.00	29.00	-	29.00	36.00	-	40.00		-	
Ambun	40.00	-	50.00	60.00	-	60.00	60.00	-	70.00	70.00	-	70.00	70.00	-	70.00	46.00	-	46.00	40.00	-	40.00	50.00	-	60.00		-	
<u>Pineapple</u>																											
Large	370.00	-	400.00	500.00	-	500.00	520.00	-	520.00	460.00	-	520.00	370.00	-	400.00		-		350.00	-	400.00	400.00	-	400.00	400.00	-	420.00
Medium	280.00	-	300.00	340.00	-	340.00	400.00	-	400.00	350.00	-	400.00	280.00	-	300.00	300.00	-	300.00	250.00	-	300.00	300.00	-	300.00	300.00	-	320.00
Small	230.00	-	240.00	280.00	-	280.00	320.00	-	320.00	280.00	-	320.00	230.00	-	240.00	240.00	-	240.00	200.00	-	240.00	250.00	-	250.00	240.00	-	260.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	150.00	-	180.00		-		200.00	-	230.00	200.00	-	230.00	200.00	-	230.00		-			-		200.00	-	230.00	230.00	-	230.00
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	180.00	-	180.00		-		300.00	-	300.00	300.00	-	300.00		-		160.00	-	160.00	160.00	-	160.00	160.00	-	160.00		-	
Orange	120.00	-	120.00	120.00	-	120.00	140.00	-	140.00	120.00	-	140.00	140.00	-	140.00		-			-		100.00	-	100.00		-	
Avocado	200.00	-	200.00		-		200.00	-	230.00	180.00	-	180.00	230.00	-	230.00	170.00	-	170.00	180.00	-	180.00	200.00	-	200.00	220.00	-	220.00
Slime Apple	40.00	-	40.00	100.00	-	100.00		-		100.00	-	100.00	80.00	-	100.00		-		40.00	-	40.00	60.00	-	60.00	100.00	-	100.00
Grapes (Rs/Kg)	2000.00	-	2300.00	2600.00	-	2600.00	2800.00	-	2800.00	2500.00	-	2800.00	2700.00	-	2700.00		-			-		2500.00	-	2500.00	2300.00	-	2300.00
Papaw (Rs/Kg)	120.00	-	120.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	180.00	-	180.00	160.00	-	160.00	140.00	-	140.00	150.00	-	200.00	150.00	-	200.00
Passion	40.00	-	50.00	60.00	-	60.00	80.00	-	80.00	70.00	-	80.00	60.00	-	70.00	40.00	-	40.00	40.00	-	40.00	40.00	-	40.00	70.00	-	70.00
King Coconut	160.00	-	180.00	200.00	-	200.00	200.00	-	200.00	200.00	-	200.00	170.00	-	170.00	200.00	-	200.00	180.00	-	180.00	160.00	-	200.00	180.00	-	200.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 21: 23 - 29 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	600.00 - 650.00	700.00 - 700.00	500.00 - 800.00	700.00 - 700.00	720.00 - 720.00	700.00 - 720.00	800.00 - 800.00	700.00 - 700.00	600.00 - 600.00
Hurulla	-	-	-	-	-	-	-	-	-
Balaya	1300.00 - 1400.00	-	1600.00 - 1600.00	-	-	-	1600.00 - 1600.00	-	-
Kelawalla	1800.00 - 1900.00	3000.00 - 3000.00	2400.00 - 2400.00	3000.00 - 3000.00	3200.00 - 3200.00	2400.00 - 2400.00	2400.00 - 2400.00	2800.00 - 2800.00	3000.00 - 3000.00
Thora	2500.00 - 2900.00	3400.00 - 3400.00	4000.00 - 4000.00	3400.00 - 3400.00	3400.00 - 3600.00	3000.00 - 3200.00	-	3800.00 - 3900.00	4000.00 - 4000.00
Paraw	1600.00 - 1700.00	1600.00 - 1600.00	1700.00 - 2200.00	-	2000.00 - 2200.00	2400.00 - 2400.00	-	2600.00 - 2600.00	2600.00 - 2600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1400.00 - 1700.00	2000.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	-	2000.00 - 2200.00	2200.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00
Talapath	2500.00 - 2900.00	3200.00 - 3200.00	3000.00 - 3200.00	3200.00 - 3200.00	3300.00 - 3400.00	2800.00 - 3000.00	2800.00 - 2800.00	3000.00 - 3000.00	2800.00 - 3000.00
<u>Eggs (Rs/egg)</u>									
Brown	30.00 - 31.00	35.00 - 35.00	35.00 - 35.00	35.00 - 35.00	35.00 - 35.00	35.00 - 35.00	32.00 - 32.00	33.00 - 33.00	33.00 - 33.00
White	28.00 - 29.00	33.00 - 33.00	33.00 - 33.00	33.00 - 33.00	34.00 - 34.00	33.00 - 33.00	29.00 - 30.00	31.00 - 32.00	32.00 - 32.00
<u>Dried Fish</u>									
Sprats	1500.00 - 1600.00	1700.00 - 1700.00	2000.00 - 2000.00	-	-	-	1600.00 - 1600.00	1600.00 - 2000.00	1600.00 - 1600.00
Kattawa	2200.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00 - 2400.00	2400.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00
Balaya	1500.00 - 1650.00	1800.00 - 1900.00	2000.00 - 2000.00	1800.00 - 1800.00	1600.00 - 2000.00	1650.00 - 2000.00	2000.00 - 2000.00	1800.00 - 2000.00	1800.00 - 2000.00
Anguluwa	2000.00 - 2200.00	2500.00 - 2500.00	2400.00 - 2400.00	-	2100.00 - 2200.00	-	-	-	2200.00 - 2400.00
Salaya	1200.00 - 1250.00	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	-	1200.00 - 1250.00	1200.00 - 1250.00	1200.00 - 1200.00	1100.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	2600.00 - 2600.00	2700.00 - 2700.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	-	2600.00 - 2600.00	-	2800.00 - 2800.00
Chicken (Broiler)	1120.00 - 1120.00	1230.00 - 1230.00	1280.00 - 1280.00	1250.00 - 1250.00	1180.00 - 1180.00	1150.00 - 1150.00	1100.00 - 1100.00	1200.00 - 1200.00	1170.00 - 1200.00
Chicken (Curry)	1000.00 - 1000.00	1230.00 - 1230.00	1230.00 - 1230.00	1280.00 - 1280.00	1000.00 - 1000.00	1150.00 - 1150.00	950.00 - 950.00	1100.00 - 1100.00	-
Mutton	3600.00 - 3600.00	3700.00 - 3700.00	3800.00 - 3800.00	3900.00 - 3900.00	3600.00 - 3600.00	3800.00 - 3800.00	3400.00 - 3400.00	3700.00 - 3700.00	3800.00 - 3800.00
Pork	1600.00 - 1600.00	2200.00 - 2200.00	-	2000.00 - 2000.00	-	-	-	1800.00 - 1800.00	2000.00 - 2000.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

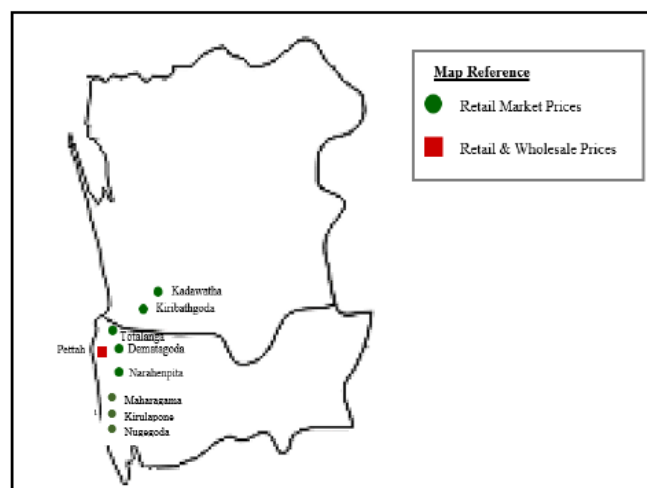
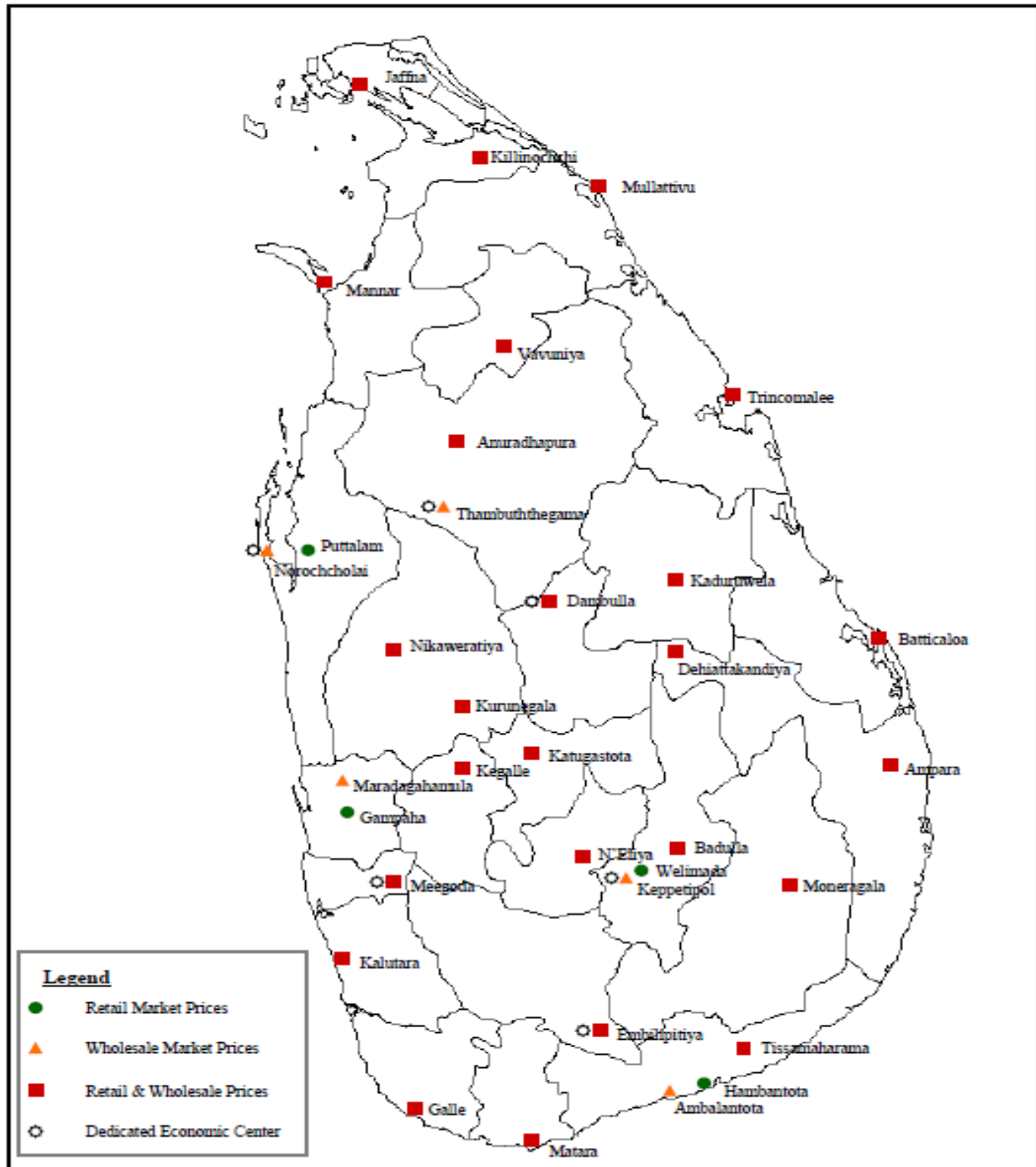
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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