

RETAIL MARKET AT A GLANCE

Summary

Rice

Prices of most rice varieties have increased, with the highest rise recorded for keeri samba. However, compared to the previous year, prices of both keeri samba and samba rice have shown a decline.

(Page No.01)

Other Field Crops

All considered varieties of pulses have experienced a drop in prices, and this trend is consistent when compared to the same period last year.

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Fruits / Coconut

Fruit prices have decreased due to a high level of supply, with the most significant price drop observed for karuthakolomban mangoes. Overall, the retail prices of most fruit varieties have fallen compared to the same period last year.

Both large and small coconut prices have surged by approximately 95% and 117% respectively. compared to the previous year due to insufficient supply to meet demand. Prices of large and small nut ranging from Rs.180.00 to Rs.230.00, during the week.

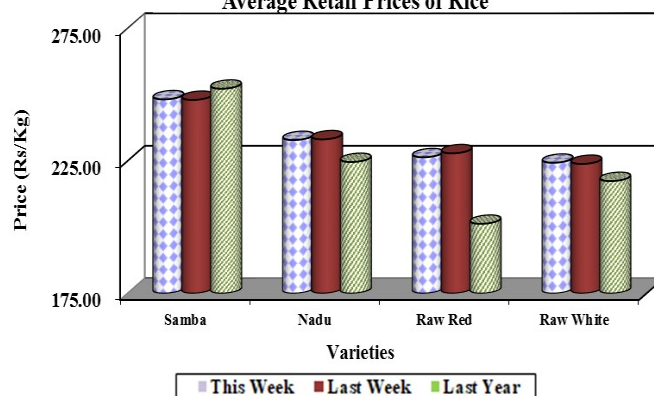
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Eggs

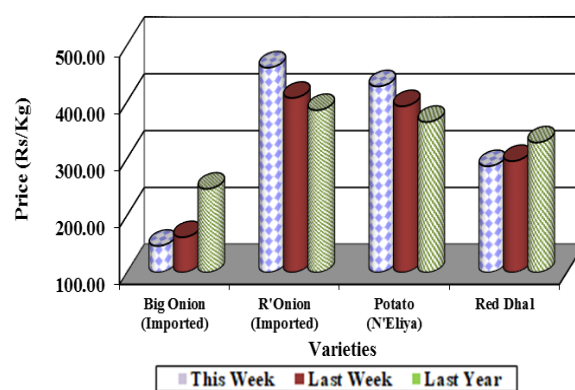
Egg prices have seen a slight increase compared to the previous week, with both white and brown eggs priced between Rs.25.00 and Rs.33.00. Nevertheless, when compared to the previous year, the prices of both types have dropped by approximately 44%.

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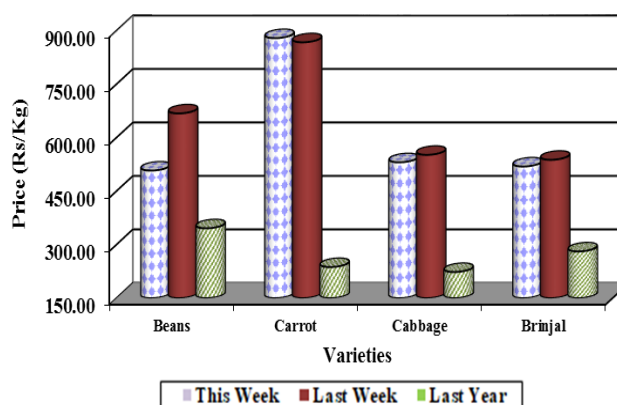
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Price of keeri samba has increased by 6% due to unavailability of sufficient stocks and price ranged Rs.270.00-300.00/kg. Price of all other local rice varieties have not changed significantly and price ranged of white raw and raw red were Rs.210.00-215.00/kg.

Imported rice varieties except imported Nadu were available at the market under the following price ranges

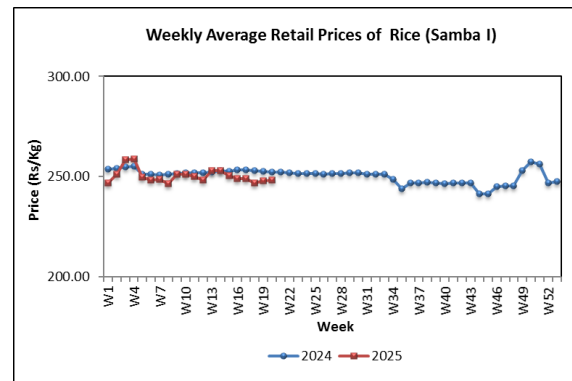
- Imported ponni samba - Rs.230.00-235.00/kg
- Imported raw white- Rs.205.00-210.00/kg.

Compared to same period of last year, most of the rice varieties have seen price increase, with the highest price of 15% for raw red. price of keeri samba and imported ponni samba have decreased by 8% and 12%.

Retail

The retail prices of all types of rice varieties expect for, local nadu, local raw red, and imported raw white have increased. Among those a highest price increased of Rs. 22.00/kg was observed for keeri samba and a highest price decreased

of Rs.2.00/kg was observed for local raw red.



Compared to same period of last year, the highest price increase of 13% was recorded for local raw red and highest price decreased of 19% was recorded for keeri samba.

Paddy

The average farmgate prices of major paddy varieties except for short grain types have slightly fluctuated. The price increment of Rs.1.00-5.00/kg was observed for keeri samba paddy in Kurunegala, Dehiattakandiya, Anuradhapura and Kalawewa. The prices have ranged Rs.129.00-140.00/kg for short grain paddy while Rs.140.00-155.00/kg for keeri samba paddy. Subsequently, the price increment of Rs.1.00-3.00/kg was observed for long grin white paddy in Polonnaruwa, Anuradhapura and Kalawewa areas. Its prices have range Rs.125.00-134.00/kg. The price increment of Rs.2.00/kg was observed for long grain

red paddy and prices have ranged Rs.128.00-135.00/kg in Matara.

Compared to the same period of last year, the average farmgate prices of major paddy varieties except keeri samba have increased by 2%-24% with the highest for long grain red paddy. However, price of keeri samba paddy has decreased slightly.

Dried Chillies

Wholesale

The price of imported dried chillies has increased by 3% due to unavailability of sufficient stocks and price ranged Rs.550.00-600.00/kg,

Compared to same period of last year, current whole sale price of imported dried chillies has decreased by 24%.

Retail

The retail price of imported dried chillies has increased by Rs.8.00/kg and price ranged Rs. 650.00-900.00/kg.

Compared to the same period of last year, the current retail price of imported dried chillies has decreased by 23%.

Onion

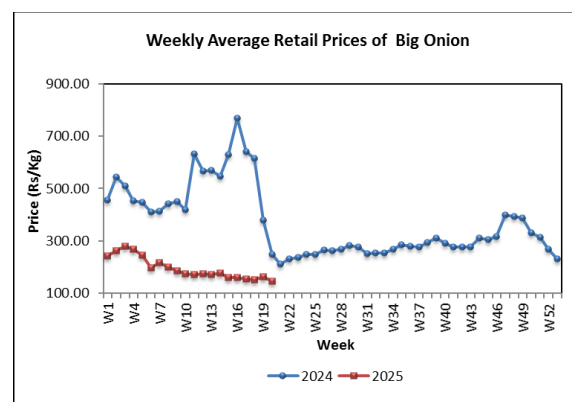
Wholesale

Prices of sinan red onion and imported red onion haven't increased significantly and price ranged Rs.190.00-230.00/kg and Rs.280-330.00/kg. price of Imported big onion has decreased by 28% due to availability of sufficient stocks and price ranged Rs.70.00-100.00/kg.

Compared to same period of last year, current prices of sinan and imported big onion varieties have decreased in the range of 5%-48% while imported red onion has increased by 13%.

Retail

The retail price of imported red onion has increased by Rs.53.00/kg and price ranged Rs.380.00- 600.00/kg. The retail price of imported big onion has decreased by Rs.15.00/kg and price ranged Rs.120.00-160.00/kg.



Compared to the same period of last year, the current retail price of imported red onions has increased by 19%, while retail price of imported big onion has decreased by 41%.

Potato

Wholesale

The Price of Welimada and Nuwara Eliya potatoes have increased by 12% and 13% due to unavailability of sufficient stocks and price ranged Rs.250.00-255.00/kg, and Rs.280.00-300.00/kg respectively. the price of imported potato has decreased by 5% due to availability of sufficient stocks and price ranged Rs.160.00-200.00/kg.

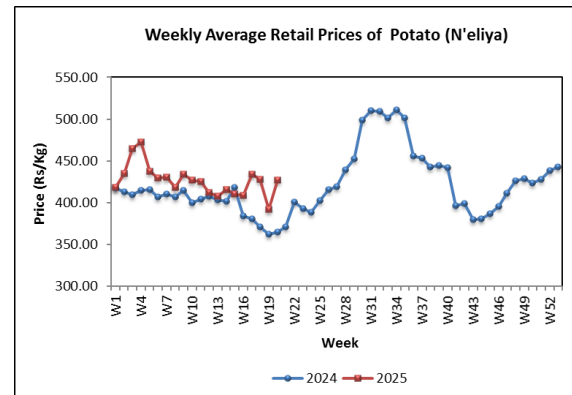
Compared to same period of last year, current wholesale price of Nuwara Eliya and imported potato varieties have increased by 37% and 22% respectively.

Retail

The retail prices of Nuwara Eliya and imported potatoes have increased by Rs.35.00/kg and Rs.2.00/kg respectively, while price ranged Rs.350.00-480.00/kg and Rs.200.00-260.00/kg.

Compared to the same period of last year, the current retail prices of all potato varieties have increased. The highest price

increase of 19% was recorded for imported potato.



Pulses

Wholesale

Price of white cowpea and red cowpea have decreased by 9% and 8% due to availability of sufficient stocks and price ranged Rs.550.00-700.00/kg and Rs.460.00-620.00/kg. Prices of green gram and red dhal have not changed significantly and price ranged Rs.700.00-800/kg, Rs.250.00-255.00/kg.

Compared to same period of last year most of the pulses varieties have decreased in the range of 9%-34%.

Retail

The retail price of green gram, white cowpea, red cowpea and red dhal have decreased Rs.7.00/kg, Rs.23.00/kg, Rs.2.00/kg and Rs.9.00/kg respectively.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased. Among those, a notable price decreased of 38% was recorded for green gram.

Vegetable

Wholesale

Prices of most of upcountry vegetables have increased while prices of most of low country vegetables have decreased.

Most of the upcountry vegetable prices have increased, specifically, leeks reported the highest as 57%, following prices of beetroot, carrot and cabbage have increased in the range of 2%-9%. However, price of green beans has decreased by 46% with increased supply from Bandarawela and Balangoda areas, and price of knol-khol and raddish decreased slightly. Further, price of tomato has decreased by 13% with decreased demand, and price of capsicum has decreased by 7% with increased supply from Jaffna.

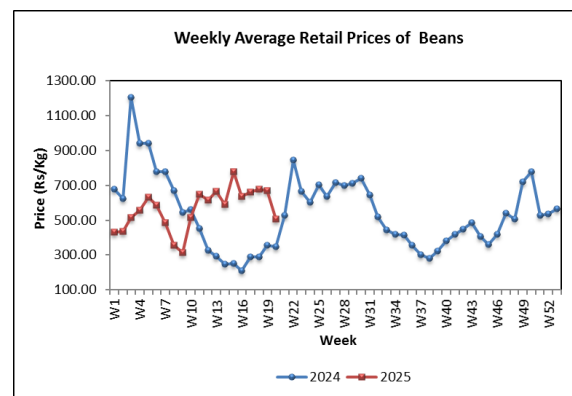
Considering low-country vegetables, all the vegetable varieties experienced price decrease. Particularly, price of long beans has decreased by 40% with decreased price of green beans, following with availability

of sufficient stocks, prices of drumsticks, cucumber, ladies fingers and ash plantain have decreased in the range of 24%- 27%. Prices of luffa and snake gourd have decreased by 19% and 13% respectively with increased supply from Balangoda area. Prices of pumpkin, bitter gourd and brinjal has decreased by 3%- 6%. In addition, with increased supply from Jaffna area, price of green chilies has decreased by 4% and lime have decreased by 10%.

Compared to the previous year, most vegetable prices have increased, with tomato reported the highest as 805%.

Retail

Retail prices of most of the vegetable varieties have decreased. Considering up-country vegetables, the highest price decrease was reported for beans at Rs.160 .00/kg. However, the price of beetroot increased by Rs.130.00/kg.



Considering the low-country vegetable varieties, the highest price decrease was reported for capsicum at Rs 42.00/kg. followed by Rs 24.00/kg for Ash Plantain. Price increments of lime and green chilies have been recorded as Rs.164.00 /kg and Rs.146.00 /kg, respectively.

However, compared to the same period last year, prices of most varieties have increased, while a notable price increment of 437% was reported for tomato.

Coconut Wholesale

Prices of both large and small nuts have decreased by 1%. Price ranges were Rs.180.00- 200.00 for a large nut and Rs. 160.00-170.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 100% and 91% respectively.

Retail

Prices of large and small nuts showed a price drop of Rs.10.00/nut and Rs.2.00/nut respectively. Price ranges were Rs.195.00 -230.00 for a large nut and Rs.180.00-200.00 for a small nut. Compared to the same period last year, prices of large nuts

(95%) and small nuts (117%) have increased.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to low demand during rainy weather. The highest price decrease was reported for karthakolomban mango by 34%. Prices of wood apple and king coconut have decreased by 15% and 11% respectively due to low demand. The price of ambul bananas has decreased by 10% due to abundant supplies. Due to insufficient stocks, local orange and slime apple prices increased by 24%, and 19% respectively.

Wholesale prices for the most of fruits have decreased compared to last year, 66% decrease was recorded for small pineapple.

Retail

In the line with the decreased wholesale prices, retail prices of most of the fruits have also decreased. The highest price decrease of Rs.100.00/fruit was reported for mango-karthakolomban. The price of king-coconut has decreased by Rs. 10.00/fruit. In addition, price of papaw, passion and slime apple had decreased slightly. However, price of imported

grapes, avocado, orange (local) and seeni banana have increased by Rs.212.00/kg, 40.00/fruit, 37.00/fruit and 20.00/kg respectively.

Compared to the same period of last year, the highest price decrease of 59% was reported for large sized pineapples.

Fresh Fish

Wholesale

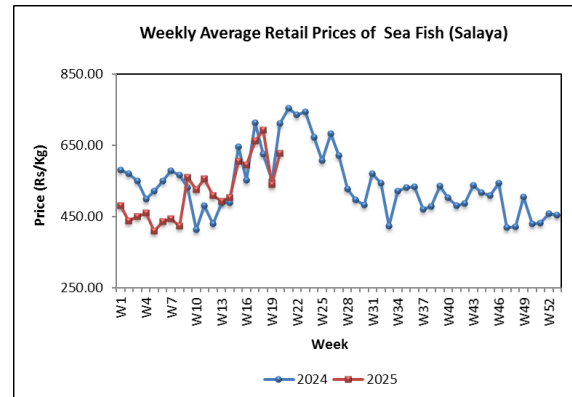
The prices of fish varieties except for, shrimps have increased and the highest price increase was recorded for thora by 23%. The highest price decrease was recorded for shrimps by 11%. Price increase of salaya and thalapath have recorded as 16% and 14% respectively.

Compared to the same period of last year, the highest price decrease was recorded for shrimps by 7%. The highest price increase was recorded for hurulla by 40%.

Retail

The prices of fish varieties except for shrimps and balaya have increased and the highest price increase was recorded for thora by Rs.588.00/kg. The second highest price increase was recorded for kelawalla by Rs.259.00/kg. Price increase of

thalapath and paraw have recorded as Rs.217.00/kg and Rs.111.00/kg respectively. Price decrease of balaya has recorded as Rs.131.00/kg.



Compared to the same period of last year, the prices of other fish varieties except salaya have increased and the highest price increase was recorded for hurulla by 26%.

Dried Fish

Wholesale

Prices of most of the dried fish types have increased due to drop in local dried fish supply. The highest price increase was recorded for salaya by 13%. The second highest price increase was recorded for maduwa by 8%.

Compared to the same period of last year, other dry fish varieties except imported sprats have increased and the highest price increase was recorded for salaya by 83%.

Retail

The prices of dry fish varieties except for local sprats, have increased and the highest price increase was recorded for maduwa by Rs.129.00/kg. The second highest price increase was recorded for balaya by Rs.56.00/kg. Price increase of kattawa and imported sprats recorded as Rs.28.00/kg and Rs.18.00/kg respectively. Price decrease of local sprats has recorded as Rs.56.00/kg.

Compared to the same period of last year, the prices of other fish varieties except local and imported sprats have increased and the highest price increase was recorded for balaya by 19%.

Eggs

Wholesale

The prices of both brown and white egg types have not changed significantly. The price range of a white egg has recorded as Rs.22.00-28.00 and the price range of a brown egg has recorded as Rs.29.00-Rs.31.00.

Compared to the period of last year, the prices of both brown and white eggs have decreased by 43% and Rs.45% respectively.

Retail

The prices of both brown and white egg types have increased by Rs.1.00/kg and the price range of a white egg has recorded as Rs.25.00-Rs.31.00 and the price range of a brown egg has recorded as Rs.27.00-33.00. The average price of white and brown egg types has recorded as Rs.28.00 and Rs.30.00 respectively.

Compared to the same period of last year, prices of both egg varieties have decreased by range of 44%.

Meat

Retail

The price of beef has remained unchanged and price increase of broiler and curry chicken have recorded as Rs.23.00/kg and Rs.32.00/kg respectively. Price increase of pork has recorded as Rs.150.00/kg. However, Price decrease of mutton has recorded as Rs.44.00/kg.

Compared to the same period of last year, the price of other meat types except for broiler and curry chicken have increased. The highest price increase was recorded for Pork by 42%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 20: 16 - 22 May 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	12000 –	12250	11750 –	11900	13500 –	15000	11250 –	11500	11000 –	11100	10500 –	10750	10500 –	10750
	Divulapitiya	11900 –	12250	11750 –	11850	13000 –	13700	11300 –	11500	10900 –	11200	10500 –	10750	10500 –	10800
	Kurunegala	12000 –	12000	–		13500 –	13750	11450 –	11450	11100 –	11200	10750 –	10750	10500 –	10650
	Nikaweratiya	11900 –	11900	11750 –	11850	12850 –	15000	11350 –	11400	10900 –	11100	–		10500 –	10650
	Badulla	–		–		14000 –	14750	11400 –	11500	–		10600 –	10650	10600 –	10650
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	12750 –	12800	11900 –	12000	–		11300 –	11350	11100 –	11200	10850 –	10900	10700 –	10850
	Anuradhapura	12000 –	12500	–		14250 –	14750	11300 –	11400	–		10750 –	10850	10500 –	10750
	Tambuttegama	12000 –	12350	–		13000 –	13000	11250 –	11400	–		10750 –	11000	10600 –	10900
	Polonnaruwa	11900 –	11900	–		12850 –	14850	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12500 –	12750	–		15000 –	15500	11250 –	11400	–		10500 –	10750	10500 –	10800
	Ampara	–		–		13000 –	13000	11500 –	11500	–		10500 –	10600	10350 –	10400
	Kandy	12000 –	12250	11750 –	11800	13250 –	14000	11300 –	11450	11000 –	11100	10650 –	10750	10500 –	10850
	Moneragala	12000 –	12000	11750 –	11750	–		11500 –	11500	11200 –	11200	10300 –	10500	10300 –	10500
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	12750 –	12750	–		15000 –	15500	11400 –	11400	–		10900 –	10900	10900 –	10900
	Hambantota	–		11750 –	11750	12900 –	13000	11250 –	11250	11150 –	11150	10400 –	10750	10600 –	10750
	Matara	–		–		14000 –	14200	11400 –	11500	–		10300 –	10500	10350 –	10500
	Galle	11900 –	11900	11750 –	11800	12900 –	15500	11250 –	11400	–		10300 –	10750	10300 –	10750
	Meegoda	11900 –	12000	11800 –	11850	12900 –	13000	11250 –	11250	11000 –	11200	10400 –	10600	10400 –	10600
	Tissamaharama	–		–		–		–		–		–		–	
	Embilipitiya	11900 –	11900	11800 –	11800	12800 –	12850	–		11000 –	11100	10300 –	10400	10500 –	10600
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	11900 –	12100	–		13400 –	13550	11500 –	11600	–		10750 –	10900	10700 –	10800
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	12000 –	12200	–		13750 –	14000	11500 –	11600	–		10700 –	10900	10750 –	10900
	Mullattivu	11900 –	12000	11750 –	11750	13650 –	13900	11250 –	11500	–		10800 –	11000	–	
	Batticaloa	–		–		–		–		–		–		–	
Trincomalee	–		–		–		–		–		–		–		
Galenbindunuwew	–		–		–		–		–		–		–		
Matale	–		–		14000 –	14500	11250 –	11300	10950 –	11100	10750 –	10800	10500 –	10750	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 20: 16 - 22 May 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	245.00 –	260.00	–		280.00 –	320.00	230.00 –	240.00	–		215.00 –	240.00	220.00 –	240.00
	Gampaha	240.00 –	242.00	–		270.00 –	270.00	233.00 –	233.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Kurunegala	240.00 –	245.00	–		280.00 –	290.00	230.00 –	230.00	230.00 –	230.00	220.00 –	220.00	220.00 –	220.00
	Nikaweratiya	240.00 –	240.00	–		260.00 –	310.00	230.00 –	235.00	220.00 –	225.00	–		210.00 –	220.00
	Dambulla	260.00 –	265.00	240.00 –	245.00	300.00 –	310.00	228.00 –	230.00	225.00 –	226.00	220.00 –	225.00	218.00 –	220.00
	Anuradhapura	245.00 –	260.00	–		300.00 –	310.00	230.00 –	230.00	–		220.00 –	220.00	215.00 –	220.00
	Thambuththegama	245.00 –	252.00	–		270.00 –	320.00	230.00 –	232.00	–		220.00 –	225.00	220.00 –	222.00
	Polonnaruwa	240.00 –	240.00	–		260.00 –	300.00	230.00 –	230.00	226.00 –	228.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	260.00 –	265.00	–		315.00 –	320.00	230.00 –	230.00	–		215.00 –	220.00	215.00 –	220.00
	Badulla	–		–		290.00 –	310.00	–		230.00 –	230.00	215.00 –	215.00	213.00 –	215.00
	Keppetipola	250.00 –	260.00	–		300.00 –	320.00	–		228.00 –	230.00	216.00 –	220.00	217.00 –	220.00
	Moneragala	240.00 –	250.00	–		300.00 –	320.00	240.00 –	240.00	230.00 –	230.00	210.00 –	220.00	210.00 –	220.00
	Kegalle	270.00 –	270.00	240.00 –	240.00	320.00 –	320.00	230.00 –	230.00	225.00 –	230.00	240.00 –	240.00	220.00 –	220.00
	Ampara	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		217.00 –	220.00	210.00 –	212.00
	Dehiattakandiya	240.00 –	265.00	–		260.00 –	320.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Nuwaraeliya	250.00 –	260.00	–		300.00 –	320.00	–		226.00 –	230.00	215.00 –	218.00	218.00 –	220.00
	Kandy	245.00 –	255.00	–		270.00 –	320.00	230.00 –	230.00	225.00 –	226.00	220.00 –	225.00	220.00 –	220.00
	Puttalam	260.00 –	270.00	240.00 –	240.00	270.00 –	270.00	235.00 –	235.00	225.00 –	225.00	240.00 –	250.00	230.00 –	230.00
	Hambantota	240.00 –	240.00	–		260.00 –	265.00	230.00 –	230.00	–		215.00 –	220.00	218.00 –	220.00
	Rathnapura	260.00 –	270.00	–		300.00 –	320.00	240.00 –	250.00	–		214.00 –	220.00	220.00 –	230.00
	Matara	245.00 –	250.00	–		280.00 –	300.00	235.00 –	240.00	–		210.00 –	220.00	215.00 –	220.00
	Galle	240.00 –	250.00	–		260.00 –	320.00	230.00 –	230.00	–		210.00 –	220.00	210.00 –	220.00
	Tissamaharama	–		–		–		–		–		–		–	
	Meegoda (DEC)	240.00 –	245.00	–		270.00 –	280.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Embilipitiya	240.00 –	240.00	–		260.00 –	295.00	229.00 –	230.00	–		210.00 –	220.00	215.00 –	220.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	246.00 –	248.00	–		275.00 –	278.00	235.00 –	238.00	–		224.00 –	226.00	223.00 –	225.00
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	245.00 –	250.00	–		285.00 –	290.00	235.00 –	240.00	–		220.00 –	224.00	220.00 –	224.00
	Mullaittivu	240.00 –	244.00	–		276.00 –	282.00	230.00 –	235.00	–		220.00 –	223.00	225.00 –	230.00
	Batticaloa	–		–		–		–		–		–		–	
	Trincomalee	–		–		–		–		–		–		–	
Hanguranketha	–		–		–		–		–		–		–		
Veyangoda	245.00 –	245.00	240.00 –	240.00	260.00 –	260.00	230.00 –	235.00	228.00 –	230.00	220.00 –	220.00	218.00 –	220.00	
Galenbindunuwewa	–		–		–		–		–		–		–		
Bandarawela	250.00 –	255.00	–		300.00 –	310.00	230.00 –	230.00	–		216.00 –	220.00	218.00 –	220.00	
Matale	245.00 –	250.00	–		290.00 –	300.00	228.00 –	230.00	224.00 –	225.00	218.00 –	220.00	215.00 –	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 20: 16 - 22 May 2025

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	27500 - 30000	14000 - 16500	-	3500 - 5000	8000 - 10000	12500 - 12750	14000 - 15000	35000 - 40000	27500 - 35000	12500 - 12750
Kurunegala	31000 - 31750	16250 - 17000	-	5250 - 5500	10500 - 10750	-	15000 - 15000	37500 - 40500	35000 - 36250	13000 - 13150
Nikaweratiya	27500 - 29500	14250 - 15250	-	5500 - 6000	9250 - 9750	-	-	37500 - 39000	37500 - 39000	12750 - 13500
Dehiattakandiya	29000 - 31500	15000 - 19000	-	4500 - 5500	10000 - 10500	-	14000 - 17000	25000 - 32500	27500 - 35500	12600 - 13500
Dambulla (DEC)	25000 - 26500	17500 - 17500	15000 - 16000	4750 - 5000	8250 - 9250	11000 - 11500	12000 - 12500	25000 - 27500	25000 - 28000	12500 - 12750
Anuradhapura	30000 - 33500	17500 - 20000	-	5000 - 6500	10500 - 11000	-	16000 - 18000	35000 - 40000	27500 - 35000	12750 - 13250
Thambuththegama	28000 - 31500	-	-	4000 - 4750	9250 - 9500	-	-	31250 - 31250	23750 - 23750	12750 - 13000
Polonnaruwa	30500 - 33000	18250 - 19250	-	5250 - 6250	11250 - 13250	-	17250 - 19250	35500 - 38000	31500 - 32500	14000 - 14500
Kaluthara	32500 - 33500	18750 - 19500	-	6000 - 6500	12000 - 13000	-	18750 - 19000	38500 - 39400	37000 - 37500	13000 - 13350
Puttalam	-	-	15000 - 17500	-	-	-	-	-	-	-
Kandy	28000 - 30000	18000 - 19000	-	5000 - 5500	9000 - 10000	-	13500 - 14000	35000 - 39000	32500 - 34000	12850 - 12900
Matara	32000 - 33500	18750 - 19500	-	4750 - 5000	10500 - 11250	-	-	37500 - 40000	33000 - 36000	13250 - 14000
Hambantota	29000 - 33000	15000 - 16250	-	5000 - 5750	10500 - 11250	-	17000 - 17500	27500 - 28000	36500 - 37500	13000 - 13250
Kegalle	28500 - 30000	16000 - 16500	-	4950 - 5100	10500 - 10850	-	14000 - 14250	38000 - 39000	34500 - 35000	13000 - 13500
Galle	29000 - 32500	17000 - 20000	-	5250 - 6500	9500 - 10500	-	16000 - 17500	30000 - 38000	32000 - 37000	13000 - 14500
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	28000 - 29000	15500 - 16500	-	5000 - 5500	9000 - 9500	13500 - 14000	14500 - 15000	34500 - 39000	34000 - 36000	12600 - 12800
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	32500 - 34000	-	-	5500 - 6500	9000 - 9500	-	-	42500 - 43500	-	13500 - 13750
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	29000 - 31000	-	-	6500 - 7000	10000 - 11000	-	-	36000 - 37000	-	13000 - 13500
Mullattivu	34000 - 36000	-	-	6500 - 7000	10000 - 11000	-	-	32500 - 33500	-	13750 - 14250
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Matale	27500 - 30000	17000 - 18000	-	4750 - 5000	9500 - 10250	-	-	37000 - 42000	31250 - 35000	12500 - 13000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 20: 16 - 22 May 2025

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	650.00 – 900.00	380.00 – 600.00	–	120.00 – 160.00	200.00 – 260.00	–	350.00 – 480.00	800.00 – 1000.00	700.00 – 1000.00	270.00 – 320.00
Gampaha	650.00 – 860.00	480.00 – 480.00	–	160.00 – 170.00	230.00 – 260.00	–	400.00 – 420.00	740.00 – 900.00	800.00 – 850.00	290.00 – 300.00
Kurunegala	700.00 – 780.00	400.00 – 440.00	–	140.00 – 150.00	240.00 – 260.00	–	380.00 – 400.00	820.00 – 950.00	860.00 – 900.00	280.00 – 280.00
Nikaweratiya	600.00 – 720.00	360.00 – 400.00	–	140.00 – 180.00	200.00 – 230.00	–	–	790.00 – 960.00	750.00 – 800.00	270.00 – 300.00
Dambulla	650.00 – 700.00	400.00 – 440.00	–	120.00 – 130.00	200.00 – 240.00	–	440.00 – 460.00	750.00 – 800.00	780.00 – 800.00	270.00 – 280.00
Anuradhapura	650.00 – 800.00	400.00 – 480.00	–	120.00 – 150.00	240.00 – 260.00	–	400.00 – 440.00	760.00 – 900.00	600.00 – 800.00	270.00 – 280.00
Thambuththegama	660.00 – 750.00	550.00 – 600.00	–	130.00 – 160.00	250.00 – 280.00	–	–	750.00 – 800.00	600.00 – 670.00	280.00 – 290.00
Polonnaruwa	700.00 – 750.00	380.00 – 400.00	–	120.00 – 140.00	240.00 – 280.00	–	360.00 – 400.00	800.00 – 850.00	720.00 – 740.00	280.00 – 300.00
Kaluthara	670.00 – 685.00	400.00 – 400.00	–	160.00 – 170.00	260.00 – 280.00	–	400.00 – 420.00	790.00 – 800.00	750.00 – 760.00	268.00 – 275.00
Badulla	600.00 – 700.00	400.00 – 450.00	–	120.00 – 140.00	220.00 – 240.00	340.00 – 360.00	–	700.00 – 800.00	600.00 – 600.00	280.00 – 280.00
Keppetipola	640.00 – 680.00	400.00 – 430.00	–	130.00 – 150.00	250.00 – 260.00	320.00 – 340.00	–	850.00 – 880.00	750.00 – 780.00	270.00 – 280.00
Moneragala	700.00 – 800.00	400.00 – 480.00	–	130.00 – 150.00	240.00 – 260.00	–	360.00 – 400.00	700.00 – 1000.00	600.00 – 700.00	270.00 – 280.00
Kegalle	600.00 – 660.00	380.00 – 400.00	–	140.00 – 160.00	240.00 – 260.00	–	350.00 – 360.00	800.00 – 920.00	750.00 – 760.00	260.00 – 310.00
Ampara	650.00 – 675.00	400.00 – 500.00	–	130.00 – 150.00	220.00 – 240.00	–	360.00 – 370.00	700.00 – 820.00	650.00 – 780.00	260.00 – 270.00
Dehiattakandiya	600.00 – 700.00	380.00 – 400.00	–	120.00 – 130.00	220.00 – 230.00	–	360.00 – 360.00	650.00 – 700.00	600.00 – 750.00	260.00 – 280.00
Nuwaraeliya	660.00 – 700.00	420.00 – 460.00	–	140.00 – 160.00	250.00 – 270.00	–	340.00 – 350.00	860.00 – 900.00	750.00 – 800.00	265.00 – 280.00
Kandy	640.00 – 750.00	500.00 – 520.00	–	140.00 – 150.00	220.00 – 240.00	–	360.00 – 400.00	840.00 – 900.00	840.00 – 900.00	280.00 – 300.00
Puttalam	650.00 – 800.00	400.00 – 440.00	400.00 – 480.00	150.00 – 150.00	240.00 – 250.00	–	400.00 – 480.00	700.00 – 900.00	700.00 – 800.00	280.00 – 290.00
Rathnapura	650.00 – 750.00	360.00 – 400.00	–	130.00 – 160.00	220.00 – 240.00	–	–	760.00 – 800.00	740.00 – 760.00	280.00 – 300.00
Hambantota	700.00 – 750.00	400.00 – 480.00	–	140.00 – 150.00	240.00 – 280.00	–	400.00 – 400.00	600.00 – 600.00	750.00 – 800.00	280.00 – 280.00
Matara	700.00 – 760.00	400.00 – 450.00	–	120.00 – 140.00	240.00 – 260.00	–	350.00 – 400.00	780.00 – 850.00	700.00 – 800.00	285.00 – 310.00
Galle	680.00 – 760.00	380.00 – 440.00	–	140.00 – 140.00	230.00 – 260.00	–	350.00 – 380.00	650.00 – 800.00	700.00 – 850.00	280.00 – 320.00
Tissamaharama	–	–	–	–	–	–	–	–	–	–
Meegoda (DEC)	600.00 – 650.00	400.00 – 480.00	–	120.00 – 130.00	230.00 – 280.00	–	350.00 – 360.00	750.00 – 960.00	750.00 – 960.00	270.00 – 300.00
Embilipitiya	670.00 – 740.00	–	–	140.00 – 160.00	230.00 – 260.00	–	370.00 – 400.00	750.00 – 800.00	700.00 – 780.00	265.00 – 310.00
Jaffna	–	–	–	–	–	–	–	–	–	–
Vavuniya	740.00 – 760.00	–	–	160.00 – 170.00	220.00 – 250.00	–	–	900.00 – 950.00	–	285.00 – 290.00
Mannar	–	–	–	–	–	–	–	–	–	–
Killinochchi	640.00 – 660.00	–	–	160.00 – 170.00	230.00 – 250.00	–	–	750.00 – 780.00	–	280.00 – 290.00
Mullaittivu	720.00 – 750.00	–	–	–	220.00 – 240.00	–	–	700.00 – 740.00	–	285.00 – 290.00
Batticaloa	–	–	–	–	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–	–	–	–	–
Hanguranketha	–	–	–	–	–	–	–	–	–	–
Veyangoda	680.00 – 760.00	400.00 – 480.00	–	120.00 – 160.00	240.00 – 280.00	–	360.00 – 440.00	800.00 – 900.00	720.00 – 800.00	270.00 – 280.00
Galenbindunuwewa	–	–	–	–	–	–	–	–	–	–
Bandarawela	650.00 – 750.00	380.00 – 420.00	–	120.00 – 160.00	230.00 – 250.00	320.00 – 340.00	–	800.00 – 900.00	740.00 – 800.00	270.00 – 300.00
Matale	750.00 – 800.00	400.00 – 480.00	–	120.00 – 150.00	210.00 – 240.00	–	–	850.00 – 950.00	700.00 – 780.00	265.00 – 275.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 20: 16 - 22 May 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	200.00 - 400.00	600.00 - 800.00	180.00 - 260.00	400.00 - 550.00	200.00 - 300.00
Meegoda (DEC)	-	240.00 - 300.00	700.00 - 830.00	240.00 - 260.00	380.00 - 480.00	390.00 - 430.00
Dambulla (DEC)	-	200.00 - 300.00	700.00 - 800.00	180.00 - 220.00	350.00 - 450.00	250.00 - 300.00
Keppetipola (DEC)	-	160.00 - 180.00	650.00 - 700.00	200.00 - 210.00	300.00 - 350.00	250.00 - 280.00
Norochchole (DEC)	-	-	-	-	400.00 - 450.00	-
Nuwara Eliya	-	180.00 - 220.00	720.00 - 750.00	210.00 - 230.00	380.00 - 400.00	260.00 - 280.00
Kandy	-	200.00 - 250.00	750.00 - 780.00	180.00 - 200.00	400.00 - 430.00	220.00 - 250.00
Hambantota	-	300.00 - 350.00	850.00 - 900.00	350.00 - 360.00	540.00 - 560.00	380.00 - 400.00
Thambuththegama (DEC)	-	260.00 - 320.00	830.00 - 920.00	220.00 - 260.00	450.00 - 480.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	170.00 - 200.00	650.00 - 750.00	200.00 - 220.00	350.00 - 380.00	250.00 - 280.00
Veyangoda	-	200.00 - 260.00	700.00 - 770.00	200.00 - 260.00	400.00 - 440.00	360.00 - 400.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 150.00	350.00 - 450.00	600.00 - 750.00	100.00 - 250.00	350.00 - 400.00	500.00 - 800.00
Meegoda (DEC)	140.00 - 180.00	400.00 - 460.00	650.00 - 750.00	160.00 - 200.00	300.00 - 400.00	620.00 - 800.00
Moneragala	120.00 - 150.00	400.00 - 430.00	600.00 - 700.00	150.00 - 160.00	200.00 - 250.00	850.00 - 900.00
Dambulla (DEC)	100.00 - 120.00	280.00 - 350.00	530.00 - 600.00	150.00 - 180.00	300.00 - 350.00	600.00 - 750.00
Keppetipola (DEC)	90.00 - 100.00	280.00 - 320.00	500.00 - 550.00	140.00 - 150.00	230.00 - 250.00	650.00 - 700.00
Norochchole (DEC)	60.00 - 100.00	-	600.00 - 650.00	100.00 - 150.00	200.00 - 200.00	-
Nuwara Eliya	110.00 - 130.00	360.00 - 380.00	500.00 - 600.00	150.00 - 160.00	260.00 - 280.00	680.00 - 740.00
Kandy	100.00 - 120.00	300.00 - 320.00	650.00 - 700.00	140.00 - 160.00	200.00 - 250.00	650.00 - 680.00
Hambantota	200.00 - 250.00	460.00 - 500.00	680.00 - 750.00	200.00 - 250.00	300.00 - 330.00	750.00 - 800.00
Thambuththegama (DEC)	120.00 - 150.00	450.00 - 480.00	650.00 - 700.00	150.00 - 200.00	260.00 - 280.00	750.00 - 800.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	90.00 - 100.00	270.00 - 320.00	550.00 - 600.00	-	280.00 - 320.00	650.00 - 700.00
Veyangoda	100.00 - 160.00	380.00 - 420.00	650.00 - 750.00	160.00 - 200.00	350.00 - 440.00	650.00 - 850.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 200.00	30.00 - 80.00	350.00 - 500.00	220.00 - 300.00	400.00 - 800.00	200.00 - 300.00
Meegoda (DEC)	150.00 - 170.00	50.00 - 80.00	440.00 - 500.00	280.00 - 300.00	-	240.00 - 270.00
Moneragala	180.00 - 200.00	100.00 - 160.00	420.00 - 450.00	350.00 - 400.00	-	300.00 - 360.00
Dambulla (DEC)	120.00 - 140.00	20.00 - 30.00	350.00 - 400.00	180.00 - 220.00	-	180.00 - 220.00
Keppetipola (DEC)	140.00 - 150.00	50.00 - 60.00	380.00 - 400.00	250.00 - 260.00	-	180.00 - 200.00
Norochchole (DEC)	150.00 - 200.00	30.00 - 40.00	350.00 - 450.00	170.00 - 200.00	500.00 - 600.00	200.00 - 250.00
Nuwara Eliya	160.00 - 170.00	60.00 - 70.00	400.00 - 420.00	270.00 - 280.00	-	200.00 - 220.00
Kandy	140.00 - 160.00	50.00 - 60.00	430.00 - 450.00	250.00 - 280.00	-	200.00 - 240.00
Hambantota	150.00 - 180.00	100.00 - 120.00	450.00 - 460.00	350.00 - 380.00	-	350.00 - 400.00
Thambuththegama (DEC)	140.00 - 170.00	30.00 - 40.00	400.00 - 450.00	150.00 - 180.00	-	170.00 - 200.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	160.00 - 170.00	50.00 - 70.00	-	-	-	-
Veyangoda	160.00 - 180.00	40.00 - 70.00	400.00 - 480.00	270.00 - 290.00	-	200.00 - 300.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 250.00	40.00 - 100.00	200.00 - 280.00	250.00 - 400.00	200.00 - 250.00	80.00 - 120.00
Meegoda (DEC)	170.00 - 240.00	90.00 - 120.00	320.00 - 350.00	320.00 - 350.00	180.00 - 200.00	100.00 - 110.00
Moneragala	200.00 - 250.00	60.00 - 80.00	300.00 - 400.00	250.00 - 270.00	180.00 - 200.00	80.00 - 100.00
Dambulla (DEC)	100.00 - 130.00	60.00 - 70.00	180.00 - 250.00	300.00 - 320.00	130.00 - 160.00	70.00 - 80.00
Keppetipola (DEC)	110.00 - 120.00	80.00 - 90.00	250.00 - 280.00	260.00 - 280.00	140.00 - 150.00	80.00 - 90.00
Norochchole (DEC)	100.00 - 180.00	50.00 - 70.00	200.00 - 250.00	-	-	80.00 - 100.00
Nuwara Eliya	120.00 - 130.00	90.00 - 100.00	260.00 - 300.00	300.00 - 320.00	150.00 - 160.00	90.00 - 100.00
Kandy	160.00 - 180.00	80.00 - 100.00	250.00 - 300.00	250.00 - 280.00	190.00 - 200.00	90.00 - 100.00
Hambantota	300.00 - 350.00	80.00 - 100.00	400.00 - 500.00	440.00 - 480.00	240.00 - 280.00	150.00 - 180.00
Thambuththegama (DEC)	100.00 - 120.00	60.00 - 70.00	260.00 - 320.00	250.00 - 300.00	140.00 - 160.00	90.00 - 100.00
Tissamaharama	-	-	-	-	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	250.00 - 280.00	-	180.00 - 190.00	-
Veyangoda	150.00 - 200.00	100.00 - 120.00	300.00 - 350.00	300.00 - 340.00	180.00 - 200.00	110.00 - 140.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 45.00	35.00 - 45.00	300.00 - 340.00	180.00 - 200.00	160.00 - 170.00
Meegoda (DEC)	50.00 - 50.00	50.00 - 50.00	210.00 - 240.00	190.00 - 200.00	160.00 - 180.00
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	25.00 - 30.00	115.00 - 125.00	150.00 - 160.00	140.00 - 145.00
Kandy	35.00 - 40.00	35.00 - 40.00	240.00 - 250.00	180.00 - 188.00	135.00 - 145.00
Hambantota	50.00 - 55.00	50.00 - 50.00	240.00 - 240.00	-	-
Thambuththegama (DEC)	-	-	-	145.00 - 150.00	125.00 - 130.00
Tissamaharama	-	-	-	-	-
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	200.00 - 220.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 20: 16 - 22 May 2025

LOCATIONS	Up Country Varieties																
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato	
Colombo	-	300.00	- 650.00	750.00	- 1100.00	260.00	- 450.00	550.00	- 800.00	280.00	- 600.00	160.00	- 400.00	380.00	- 600.00	700.00	- 1200.00
Gampaha	-	600.00	- 720.00	1000.00	- 1150.00	400.00	- 440.00	640.00	- 700.00	560.00	- 580.00	280.00	- 320.00	560.00	- 640.00	800.00	- 880.00
Kurunegala	-	600.00	- 650.00	1000.00	- 1200.00	400.00	- 440.00	600.00	- 700.00	500.00	- 560.00	270.00	- 300.00	540.00	- 600.00	800.00	- 840.00
Nikaweratiya	-	480.00	- 580.00	850.00	- 1200.00	400.00	- 480.00	480.00	- 530.00	-	-	240.00	- 320.00	600.00	- 720.00	800.00	- 1000.00
Dambulla	-	400.00	- 440.00	1000.00	- 1200.00	360.00	- 400.00	600.00	- 660.00	460.00	- 480.00	180.00	- 200.00	560.00	- 600.00	800.00	- 860.00
Anuradhapura	-	400.00	- 480.00	1000.00	- 1200.00	360.00	- 400.00	560.00	- 720.00	-	-	240.00	- 320.00	580.00	- 640.00	840.00	- 1000.00
Thambuththegama	-	450.00	- 500.00	1000.00	- 1200.00	380.00	- 420.00	700.00	- 780.00	-	-	200.00	- 250.00	600.00	- 700.00	900.00	- 1000.00
Polonnaruwa	-	460.00	- 500.00	1160.00	- 1200.00	340.00	- 380.00	580.00	- 620.00	380.00	- 400.00	200.00	- 240.00	540.00	- 580.00	860.00	- 900.00
Kaluthara	-	400.00	- 480.00	850.00	- 900.00	420.00	- 500.00	600.00	- 720.00	500.00	- 600.00	280.00	- 300.00	600.00	- 700.00	800.00	- 850.00
Badulla	-	240.00	- 320.00	820.00	- 880.00	320.00	- 380.00	580.00	- 600.00	580.00	- 600.00	160.00	- 240.00	380.00	- 400.00	780.00	- 800.00
Keppetipola	-	220.00	- 250.00	750.00	- 760.00	260.00	- 280.00	360.00	- 380.00	320.00	- 340.00	150.00	- 160.00	360.00	- 380.00	600.00	- 630.00
Moneragala	-	400.00	- 440.00	880.00	- 1000.00	320.00	- 400.00	520.00	- 700.00	-	-	240.00	- 280.00	480.00	- 520.00	600.00	- 720.00
Kegalle	-	480.00	- 520.00	1150.00	- 1200.00	360.00	- 400.00	600.00	- 640.00	480.00	- 520.00	280.00	- 320.00	520.00	- 560.00	950.00	- 1000.00
Ampara	-	360.00	- 400.00	920.00	- 1000.00	320.00	- 400.00	480.00	- 520.00	360.00	- 400.00	220.00	- 260.00	560.00	- 600.00	800.00	- 960.00
Dehiattakandiya	-	350.00	- 400.00	800.00	- 1000.00	400.00	- 400.00	450.00	- 500.00	-	-	200.00	- 300.00	380.00	- 500.00	600.00	- 800.00
Nuwaraeliya	-	300.00	- 320.00	820.00	- 840.00	320.00	- 340.00	480.00	- 500.00	360.00	- 380.00	240.00	- 250.00	460.00	- 480.00	700.00	- 750.00
Kandy	-	360.00	- 400.00	900.00	- 1000.00	300.00	- 320.00	480.00	- 500.00	300.00	- 320.00	160.00	- 200.00	450.00	- 480.00	950.00	- 1000.00
Puttalam	-	480.00	- 600.00	1000.00	- 1200.00	400.00	- 400.00	700.00	- 800.00	-	-	200.00	- 300.00	600.00	- 700.00	1000.00	- 1000.00
Hambantota	-	450.00	- 500.00	1000.00	- 1000.00	440.00	- 480.00	650.00	- 700.00	480.00	- 520.00	300.00	- 350.00	580.00	- 600.00	800.00	- 800.00
Rathnapura	-	360.00	- 420.00	900.00	- 1000.00	350.00	- 400.00	550.00	- 600.00	-	-	200.00	- 240.00	560.00	- 620.00	880.00	- 1000.00
Matara	-	400.00	- 480.00	900.00	- 1200.00	380.00	- 420.00	600.00	- 720.00	580.00	- 600.00	180.00	- 220.00	600.00	- 720.00	900.00	- 1000.00
Galle	-	460.00	- 500.00	1000.00	- 1100.00	400.00	- 400.00	760.00	- 800.00	-	-	240.00	- 300.00	600.00	- 660.00	900.00	- 1000.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	-	320.00	- 400.00	960.00	- 1200.00	400.00	- 400.00	560.00	- 600.00	560.00	- 600.00	280.00	- 320.00	560.00	- 700.00	850.00	- 1000.00
Embilipitiya	-	320.00	- 400.00	800.00	- 1000.00	300.00	- 400.00	680.00	- 720.00	350.00	- 400.00	200.00	- 280.00	520.00	- 600.00	600.00	- 900.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	840.00	- 900.00	900.00	- 950.00	450.00	- 500.00	640.00	- 700.00	-	-	250.00	- 280.00	480.00	- 550.00	800.00	- 900.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	950.00	- 1000.00	950.00	- 1000.00	420.00	- 450.00	760.00	- 800.00	-	-	260.00	- 300.00	480.00	- 520.00	980.00	- 1020.00
Mullaittivu	-	800.00	- 850.00	950.00	- 1050.00	350.00	- 380.00	600.00	- 650.00	-	-	240.00	- 270.00	580.00	- 620.00	980.00	- 1050.00
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hanguranketha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	320.00	- 400.00	800.00	- 1000.00	280.00	- 400.00	480.00	- 560.00	440.00	- 520.00	160.00	- 240.00	480.00	- 560.00	800.00	- 920.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	-	280.00	- 340.00	760.00	- 800.00	320.00	- 340.00	440.00	- 460.00	340.00	- 360.00	140.00	- 160.00	400.00	- 460.00	650.00	- 700.00
Matale	-	400.00	- 480.00	1000.00	- 1200.00	320.00	- 400.00	480.00	- 680.00	400.00	- 480.00	200.00	- 240.00	480.00	- 600.00	880.00	- 1000.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans			
Colombo	230.00 - 480.00	380.00 - 600.00	600.00 - 1200.00	200.00 - 400.00	100.00 - 280.00	400.00 - 800.00	280.00 - 600.00	1100.00 - 1600.00	340.00 - 600.00	280.00 - 560.00			
Gampaha	280.00 - 340.00	560.00 - 600.00	1000.00 - 1200.00	280.00 - 360.00	160.00 - 200.00	600.00 - 640.00	540.00 - 600.00	-	460.00 - 540.00	360.00 - 440.00			
Kurunegala	340.00 - 360.00	540.00 - 600.00	1000.00 - 1200.00	280.00 - 340.00	180.00 - 200.00	600.00 - 640.00	540.00 - 600.00	-	480.00 - 540.00	420.00 - 460.00			
Nikaweratiya	230.00 - 280.00	380.00 - 480.00	850.00 - 1000.00	260.00 - 330.00	120.00 - 240.00	500.00 - 650.00	300.00 - 340.00	-	420.00 - 550.00	280.00 - 320.00			
Dambulla	300.00 - 340.00	440.00 - 480.00	900.00 - 1000.00	200.00 - 280.00	160.00 - 180.00	560.00 - 600.00	360.00 - 400.00	-	380.00 - 420.00	200.00 - 260.00			
Anuradhapura	280.00 - 320.00	400.00 - 480.00	900.00 - 1100.00	240.00 - 320.00	160.00 - 180.00	560.00 - 640.00	280.00 - 360.00	-	320.00 - 480.00	280.00 - 360.00			
Thambuththegama	250.00 - 300.00	500.00 - 600.00	1000.00 - 1200.00	300.00 - 350.00	80.00 - 120.00	650.00 - 750.00	350.00 - 400.00	-	350.00 - 400.00	160.00 - 200.00			
Polonnaruwa	260.00 - 300.00	460.00 - 500.00	960.00 - 1000.00	220.00 - 250.00	120.00 - 160.00	560.00 - 600.00	340.00 - 360.00	-	340.00 - 380.00	260.00 - 300.00			
Kaluthara	380.00 - 400.00	500.00 - 600.00	1100.00 - 1200.00	280.00 - 300.00	200.00 - 200.00	600.00 - 650.00	560.00 - 600.00	-	460.00 - 500.00	400.00 - 420.00			
Badulla	240.00 - 320.00	380.00 - 400.00	860.00 - 1000.00	240.00 - 320.00	120.00 - 160.00	380.00 - 400.00	480.00 - 520.00	1000.00 - 1000.00	480.00 - 520.00	320.00 - 400.00			
Keppetipola	220.00 - 250.00	300.00 - 340.00	750.00 - 800.00	200.00 - 220.00	120.00 - 150.00	440.00 - 480.00	320.00 - 350.00	-	240.00 - 260.00	180.00 - 220.00			
Moneragala	240.00 - 320.00	320.00 - 400.00	1000.00 - 1100.00	230.00 - 260.00	160.00 - 180.00	520.00 - 600.00	480.00 - 520.00	-	400.00 - 480.00	300.00 - 400.00			
Kegalle	400.00 - 440.00	440.00 - 480.00	950.00 - 1000.00	240.00 - 320.00	200.00 - 240.00	600.00 - 640.00	360.00 - 400.00	-	440.00 - 480.00	360.00 - 400.00			
Ampara	300.00 - 400.00	380.00 - 560.00	920.00 - 1200.00	240.00 - 320.00	180.00 - 240.00	580.00 - 600.00	380.00 - 400.00	-	360.00 - 400.00	320.00 - 400.00			
Dehiattakandiya	300.00 - 320.00	300.00 - 400.00	800.00 - 1000.00	300.00 - 300.00	160.00 - 200.00	480.00 - 600.00	300.00 - 340.00	-	300.00 - 400.00	300.00 - 300.00			
Nuwaraeliya	240.00 - 260.00	360.00 - 380.00	800.00 - 850.00	280.00 - 300.00	150.00 - 160.00	500.00 - 520.00	380.00 - 400.00	-	300.00 - 320.00	220.00 - 240.00			
Kandy	300.00 - 320.00	320.00 - 360.00	900.00 - 1100.00	240.00 - 260.00	100.00 - 120.00	550.00 - 600.00	400.00 - 450.00	-	300.00 - 320.00	260.00 - 300.00			
Puttalam	200.00 - 300.00	400.00 - 500.00	700.00 - 1200.00	300.00 - 300.00	200.00 - 200.00	650.00 - 720.00	300.00 - 400.00	800.00 - 1000.00	520.00 - 600.00	300.00 - 300.00			
Rathnapura	240.00 - 320.00	450.00 - 520.00	1000.00 - 1200.00	220.00 - 260.00	160.00 - 220.00	580.00 - 620.00	350.00 - 400.00	-	370.00 - 440.00	320.00 - 360.00			
Hambantota	300.00 - 360.00	400.00 - 400.00	1000.00 - 1100.00	200.00 - 240.00	130.00 - 150.00	600.00 - 600.00	400.00 - 480.00	-	450.00 - 500.00	380.00 - 400.00			
Matara	320.00 - 400.00	340.00 - 480.00	1000.00 - 1200.00	180.00 - 220.00	140.00 - 160.00	480.00 - 600.00	400.00 - 480.00	-	400.00 - 480.00	300.00 - 340.00			
Galle	360.00 - 400.00	480.00 - 600.00	1000.00 - 1050.00	260.00 - 300.00	150.00 - 180.00	480.00 - 600.00	440.00 - 500.00	-	400.00 - 480.00	460.00 - 480.00			
Tissamaharama	-	-	-	-	-	-	-	-	-	-			
Meegoda (DEC)	400.00 - 440.00	480.00 - 600.00	900.00 - 1200.00	240.00 - 280.00	120.00 - 160.00	600.00 - 720.00	400.00 - 480.00	-	400.00 - 480.00	360.00 - 400.00			
Embilipitiya	280.00 - 320.00	350.00 - 400.00	800.00 - 900.00	240.00 - 300.00	100.00 - 120.00	480.00 - 600.00	360.00 - 400.00	-	350.00 - 400.00	280.00 - 320.00			
Jaffna	-	-	-	-	-	-	-	-	-	-			
Vavuniya	250.00 - 280.00	400.00 - 450.00	600.00 - 700.00	240.00 - 260.00	180.00 - 220.00	680.00 - 750.00	400.00 - 450.00	1400.00 - 1500.00	350.00 - 400.00	400.00 - 450.00			
Mannar	-	-	-	-	-	-	-	-	-	-			
Killinochchi	360.00 - 400.00	560.00 - 600.00	1100.00 - 1150.00	240.00 - 260.00	220.00 - 240.00	-	360.00 - 400.00	1550.00 - 1600.00	-	360.00 - 400.00			
Mullaittivu	250.00 - 300.00	420.00 - 460.00	600.00 - 650.00	200.00 - 220.00	150.00 - 170.00	650.00 - 700.00	400.00 - 450.00	1400.00 - 1500.00	-	250.00 - 300.00			
Batticaloa	-	-	-	-	-	-	-	-	-	-			
Trincomalee	-	-	-	-	-	-	-	-	-	-			
Hanguranketha	-	-	-	-	-	-	-	-	-	-			
Veyangoda	240.00 - 280.00	440.00 - 520.00	900.00 - 1100.00	220.00 - 240.00	120.00 - 160.00	560.00 - 640.00	360.00 - 400.00	-	320.00 - 400.00	240.00 - 280.00			
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-			
Bandarawela	260.00 - 320.00	380.00 - 440.00	800.00 - 850.00	260.00 - 300.00	140.00 - 160.00	460.00 - 520.00	380.00 - 420.00	-	380.00 - 420.00	220.00 - 240.00			
Matale	280.00 - 320.00	440.00 - 480.00	920.00 - 1000.00	200.00 - 240.00	120.00 - 160.00	600.00 - 680.00	320.00 - 400.00	-	400.00 - 480.00	160.00 - 240.00			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	120.00 - 320.00	300.00 - 800.00	400.00 - 800.00	240.00 - 400.00	150.00 - 260.00	50.00 - 80.00	50.00 - 80.00	180.00 - 320.00	195.00 - 230.00	180.00 - 200.00
Gampaha	200.00 - 260.00	500.00 - 600.00	500.00 - 600.00	300.00 - 320.00	180.00 - 200.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	180.00 - 220.00	150.00 - 160.00
Kurunegala	220.00 - 240.00	500.00 - 600.00	540.00 - 600.00	200.00 - 260.00	170.00 - 200.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	200.00 - 200.00	160.00 - 170.00
Nikaweratiya	120.00 - 280.00	350.00 - 520.00	400.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	180.00 - 190.00	120.00 - 160.00
Dambulla	180.00 - 220.00	400.00 - 500.00	400.00 - 500.00	260.00 - 280.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	60.00 - 80.00	180.00 - 200.00	150.00 - 160.00
Anuradhapura	160.00 - 240.00	500.00 - 600.00	400.00 - 500.00	280.00 - 320.00	160.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	180.00 - 200.00	130.00 - 170.00
Thambuththegama	120.00 - 150.00	320.00 - 400.00	500.00 - 550.00	200.00 - 250.00	150.00 - 180.00	-	-	-	165.00 - 180.00	140.00 - 150.00
Polonnaruwa	180.00 - 220.00	550.00 - 600.00	550.00 - 600.00	280.00 - 300.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	190.00 - 220.00	120.00 - 140.00
Kaluthara	300.00 - 300.00	500.00 - 600.00	500.00 - 600.00	300.00 - 300.00	180.00 - 200.00	100.00 - 100.00	100.00 - 120.00	120.00 - 120.00	230.00 - 230.00	170.00 - 180.00
Badulla	160.00 - 200.00	420.00 - 480.00	580.00 - 600.00	240.00 - 240.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	200.00 - 210.00	160.00 - 180.00
Keppetipola	140.00 - 150.00	380.00 - 450.00	380.00 - 420.00	200.00 - 220.00	140.00 - 150.00	60.00 - 70.00	60.00 - 70.00	40.00 - 50.00	210.00 - 220.00	160.00 - 170.00
Moneragala	120.00 - 160.00	500.00 - 600.00	300.00 - 350.00	280.00 - 320.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	60.00 - 80.00	180.00 - 200.00	140.00 - 160.00
Kegalle	280.00 - 320.00	450.00 - 500.00	450.00 - 500.00	280.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	190.00 - 200.00	170.00 - 180.00
Ampara	190.00 - 240.00	440.00 - 600.00	350.00 - 400.00	280.00 - 320.00	140.00 - 150.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	200.00 - 220.00	170.00 - 170.00
Dehiattakandiya	200.00 - 300.00	400.00 - 600.00	600.00 - 800.00	240.00 - 320.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	200.00 - 220.00	140.00 - 180.00
Nuwaraeliya	180.00 - 200.00	400.00 - 450.00	450.00 - 550.00	260.00 - 280.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	210.00 - 220.00	190.00 - 200.00
Kandy	160.00 - 200.00	400.00 - 500.00	400.00 - 450.00	300.00 - 320.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	200.00 - 220.00	160.00 - 175.00
Puttalam	120.00 - 150.00	400.00 - 500.00	480.00 - 600.00	320.00 - 400.00	200.00 - 200.00	50.00 - 70.00	50.00 - 60.00	40.00 - 40.00	160.00 - 200.00	120.00 - 130.00
Rathnapura	160.00 - 220.00	550.00 - 600.00	400.00 - 500.00	240.00 - 280.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	220.00 - 240.00	150.00 - 190.00
Hambanthota	120.00 - 140.00	580.00 - 600.00	550.00 - 600.00	340.00 - 350.00	220.00 - 240.00	60.00 - 70.00	60.00 - 60.00	100.00 - 100.00	190.00 - 200.00	160.00 - 170.00
Matara	120.00 - 160.00	400.00 - 520.00	400.00 - 550.00	260.00 - 320.00	120.00 - 160.00	50.00 - 60.00	50.00 - 60.00	80.00 - 110.00	200.00 - 220.00	160.00 - 180.00
Galle	200.00 - 240.00	500.00 - 600.00	500.00 - 600.00	240.00 - 280.00	200.00 - 240.00	70.00 - 70.00	60.00 - 70.00	80.00 - 100.00	200.00 - 220.00	170.00 - 180.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	200.00 - 240.00	480.00 - 600.00	520.00 - 600.00	280.00 - 320.00	150.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	200.00 - 210.00	160.00 - 180.00
Embilipitiya	100.00 - 140.00	400.00 - 520.00	600.00 - 700.00	280.00 - 320.00	120.00 - 150.00	70.00 - 80.00	50.00 - 70.00	100.00 - 120.00	190.00 - 230.00	140.00 - 180.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	240.00 - 300.00	320.00 - 350.00	300.00 - 340.00	250.00 - 270.00	250.00 - 270.00	70.00 - 75.00	60.00 - 70.00	80.00 - 90.00	200.00 - 240.00	150.00 - 170.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	230.00 - 250.00	400.00 - 430.00	450.00 - 500.00	-	200.00 - 230.00	60.00 - 70.00	45.00 - 55.00	45.00 - 50.00	180.00 - 200.00	100.00 - 120.00
Mullaittivu	180.00 - 220.00	300.00 - 350.00	300.00 - 350.00	300.00 - 340.00	240.00 - 250.00	75.00 - 80.00	75.00 - 80.00	50.00 - 60.00	-	125.00 - 135.00
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Hanguranketha	-	-	-	-	-	-	-	-	-	-
Veyangoda	160.00 - 200.00	400.00 - 600.00	400.00 - 440.00	240.00 - 260.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	200.00 - 220.00	160.00 - 180.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	160.00 - 180.00	400.00 - 480.00	350.00 - 450.00	260.00 - 300.00	160.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	190.00 - 220.00	160.00 - 170.00
Matale	160.00 - 200.00	360.00 - 400.00	400.00 - 480.00	300.00 - 320.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	180.00 - 200.00	150.00 - 170.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 20: 16 - 22 May 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	120.00 - 180.00	250.00 - 330.00	150.00 - 200.00	33.00 - 70.00	40.00 - 70.00	350.00 - 580.00	280.00 - 450.00	230.00 - 360.00	-	250.00 - 340.00
Gampaha	150.00 - 170.00	260.00 - 280.00	170.00 - 200.00	-	48.00 - 50.00	400.00 - 450.00	320.00 - 350.00	-	-	200.00 - 215.00
Kurunegala	140.00 - 150.00	270.00 - 290.00	160.00 - 180.00	40.00 - 45.00	64.00 - 68.00	450.00 - 500.00	-	-	-	200.00 - 225.00
Nikaweratiya	120.00 - 160.00	300.00 - 350.00	120.00 - 160.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	-
Dambulla	140.00 - 160.00	300.00 - 340.00	160.00 - 180.00	-	56.00 - 60.00	500.00 - 525.00	350.00 - 400.00	200.00 - 250.00	80.00 - 100.00	120.00 - 130.00
Anuradhapura	120.00 - 200.00	350.00 - 400.00	120.00 - 200.00	28.00 - 36.00	45.00 - 50.00	420.00 - 480.00	280.00 - 350.00	-	-	120.00 - 160.00
Thambuththegama	80.00 - 150.00	250.00 - 300.00	100.00 - 150.00	22.00 - 28.00	36.00 - 42.00	350.00 - 380.00	250.00 - 300.00	-	-	-
Polonnaruwa	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00	35.00 - 40.00	35.00 - 40.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	250.00 - 300.00
Kaluthara	150.00 - 170.00	240.00 - 260.00	120.00 - 150.00	30.00 - 32.00	35.00 - 36.00	455.00 - 520.00	350.00 - 400.00	280.00 - 320.00	-	135.00 - 150.00
Badulla	120.00 - 160.00	300.00 - 300.00	160.00 - 160.00	28.00 - 31.00	40.00 - 46.00	400.00 - 420.00	250.00 - 280.00	180.00 - 200.00	60.00 - 75.00	200.00 - 300.00
Keppetipola	140.00 - 160.00	280.00 - 300.00	150.00 - 160.00	28.00 - 30.00	48.00 - 52.00	-	340.00 - 360.00	280.00 - 320.00	-	-
Moneragala	100.00 - 120.00	200.00 - 240.00	80.00 - 100.00	20.00 - 22.00	25.00 - 26.00	540.00 - 600.00	450.00 - 480.00	-	-	100.00 - 120.00
Kegalle	120.00 - 150.00	280.00 - 330.00	120.00 - 150.00	25.00 - 30.00	40.00 - 50.00	550.00 - 650.00	350.00 - 450.00	200.00 - 300.00	-	-
Ampara	140.00 - 160.00	300.00 - 300.00	130.00 - 140.00	45.00 - 48.00	56.00 - 56.00	450.00 - 500.00	-	-	-	100.00 - 100.00
Dehiattakandiya	100.00 - 160.00	250.00 - 350.00	100.00 - 160.00	-	46.00 - 64.00	550.00 - 650.00	350.00 - 450.00	-	-	100.00 - 130.00
Nuwareliya	140.00 - 160.00	300.00 - 320.00	160.00 - 170.00	30.00 - 32.00	52.00 - 55.00	-	350.00 - 380.00	300.00 - 330.00	-	-
Kandy	150.00 - 180.00	300.00 - 320.00	160.00 - 180.00	24.00 - 26.00	36.00 - 40.00	500.00 - 600.00	350.00 - 400.00	250.00 - 280.00	-	150.00 - 180.00
Puttalam	100.00 - 180.00	300.00 - 320.00	100.00 - 200.00	24.00 - 30.00	60.00 - 60.00	700.00 - 700.00	500.00 - 600.00	300.00 - 400.00	-	250.00 - 300.00
Rathnapura	100.00 - 130.00	200.00 - 300.00	100.00 - 130.00	25.00 - 28.00	38.00 - 43.00	420.00 - 500.00	300.00 - 360.00	240.00 - 280.00	-	160.00 - 200.00
Hambantota	80.00 - 80.00	180.00 - 200.00	130.00 - 140.00	-	-	350.00 - 360.00	240.00 - 250.00	120.00 - 150.00	-	125.00 - 125.00
Matara	90.00 - 110.00	220.00 - 230.00	90.00 - 110.00	20.00 - 22.00	28.00 - 30.00	550.00 - 620.00	450.00 - 500.00	300.00 - 350.00	-	200.00 - 250.00
Galle	100.00 - 140.00	250.00 - 280.00	120.00 - 140.00	32.00 - 35.00	34.00 - 36.00	520.00 - 560.00	380.00 - 420.00	-	-	140.00 - 180.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-
Meegoda (DEC)	100.00 - 120.00	200.00 - 250.00	100.00 - 120.00	34.00 - 48.00	40.00 - 52.00	380.00 - 425.00	260.00 - 325.00	200.00 - 250.00	-	150.00 - 170.00
Embilipitiya	40.00 - 60.00	150.00 - 200.00	70.00 - 100.00	20.00 - 30.00	25.00 - 30.00	450.00 - 550.00	350.00 - 400.00	200.00 - 300.00	100.00 - 120.00	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	120.00 - 140.00	220.00 - 250.00	120.00 - 150.00	30.00 - 32.00	30.00 - 32.00	400.00 - 450.00	300.00 - 340.00	250.00 - 280.00	-	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	100.00 - 120.00	340.00 - 360.00	100.00 - 120.00	34.00 - 36.00	36.00 - 38.00	600.00 - 650.00	500.00 - 550.00	400.00 - 450.00	-	160.00 - 180.00
Mullaitivu	150.00 - 160.00	340.00 - 350.00	140.00 - 150.00	40.00 - 43.00	45.00 - 48.00	600.00 - 640.00	400.00 - 460.00	-	-	-
Batticaloa	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	120.00 - 140.00	240.00 - 250.00	120.00 - 140.00	20.00 - 20.00	36.00 - 40.00	400.00 - 470.00	310.00 - 360.00	240.00 - 280.00	-	170.00 - 200.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
Bandarawela	150.00 - 180.00	300.00 - 350.00	160.00 - 180.00	25.00 - 27.00	46.00 - 50.00	500.00 - 550.00	400.00 - 420.00	300.00 - 340.00	-	-
Matale	140.00 - 160.00	300.00 - 320.00	160.00 - 180.00	25.00 - 30.00	46.00 - 50.00	480.00 - 600.00	360.00 - 400.00	250.00 - 280.00	-	100.00 - 100.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut	
Colombo	-	-	120.00 - 220.00	40.00 - 80.00	150.00 - 200.00	100.00 - 160.00	230.00 - 300.00	40.00 - 130.00	2000.00 - 2800.00	160.00 - 250.00	
Gampaha	-	-	140.00 - 160.00	-	220.00 - 240.00	100.00 - 120.00	175.00 - 190.00	80.00 - 85.00	2100.00 - 2200.00	150.00 - 160.00	
Kurunegala	-	-	150.00 - 160.00	-	180.00 - 200.00	150.00 - 150.00	160.00 - 160.00	65.00 - 82.00	2000.00 - 2000.00	150.00 - 150.00	
Nikaweratiya	-	-	130.00 - 220.00	28.00 - 38.00	-	120.00 - 150.00	150.00 - 160.00	40.00 - 50.00	2300.00 - 2500.00	-	
Dambulla	-	40.00 - 50.00	160.00 - 180.00	30.00 - 40.00	-	70.00 - 80.00	100.00 - 130.00	30.00 - 40.00	2900.00 - 3000.00	160.00 - 180.00	
Anuradhapura	-	-	100.00 - 160.00	56.00 - 65.00	-	-	125.00 - 150.00	50.00 - 70.00	2300.00 - 3000.00	180.00 - 200.00	
Thambuththegama	-	-	100.00 - 120.00	45.00 - 50.00	-	-	165.00 - 200.00	-	2200.00 - 2500.00	150.00 - 150.00	
Polonnaruwa	-	-	180.00 - 220.00	50.00 - 60.00	-	-	160.00 - 200.00	50.00 - 80.00	2800.00 - 3000.00	200.00 - 240.00	
Kaluthara	-	-	150.00 - 170.00	-	-	-	-	50.00 - 60.00	3000.00 - 3500.00	160.00 - 170.00	
Badulla	-	65.00 - 70.00	120.00 - 120.00	60.00 - 60.00	150.00 - 200.00	60.00 - 80.00	100.00 - 133.00	80.00 - 83.00	2600.00 - 2600.00	200.00 - 220.00	
Keppetipola	-	-	140.00 - 150.00	45.00 - 50.00	130.00 - 140.00	70.00 - 90.00	140.00 - 150.00	50.00 - 60.00	2500.00 - 2600.00	180.00 - 200.00	
Moneragala	70.00 - 80.00	-	140.00 - 150.00	20.00 - 30.00	-	80.00 - 100.00	-	30.00 - 40.00	2800.00 - 3000.00	150.00 - 160.00	
Kegalle	-	-	120.00 - 130.00	20.00 - 25.00	150.00 - 160.00	80.00 - 100.00	130.00 - 150.00	40.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00	
Ampara	70.00 - 70.00	-	160.00 - 170.00	-	-	55.00 - 60.00	-	-	2100.00 - 2300.00	180.00 - 200.00	
Dehiattakandiya	-	-	140.00 - 180.00	-	90.00 - 100.00	-	100.00 - 120.00	30.00 - 50.00	2500.00 - 3000.00	150.00 - 200.00	
Nuwaraeliya	-	-	140.00 - 150.00	50.00 - 60.00	150.00 - 160.00	90.00 - 100.00	160.00 - 180.00	65.00 - 75.00	2500.00 - 2600.00	180.00 - 200.00	
Kandy	-	-	150.00 - 160.00	40.00 - 50.00	130.00 - 150.00	60.00 - 70.00	100.00 - 120.00	40.00 - 50.00	2000.00 - 2500.00	150.00 - 170.00	
Puttalam	-	-	150.00 - 200.00	40.00 - 60.00	-	-	100.00 - 140.00	70.00 - 80.00	2500.00 - 3000.00	150.00 - 200.00	
Hambantota	-	-	120.00 - 130.00	30.00 - 30.00	90.00 - 96.00	-	115.00 - 125.00	32.00 - 36.00	2400.00 - 2500.00	-	
Rathnapura	-	-	140.00 - 160.00	-	100.00 - 130.00	-	100.00 - 116.00	40.00 - 60.00	2000.00 - 2200.00	130.00 - 150.00	
Matara	100.00 - 120.00	-	100.00 - 120.00	40.00 - 50.00	160.00 - 180.00	95.00 - 110.00	120.00 - 150.00	50.00 - 60.00	2300.00 - 2500.00	170.00 - 200.00	
Galle	75.00 - 100.00	-	120.00 - 160.00	50.00 - 60.00	-	120.00 - 140.00	120.00 - 140.00	60.00 - 70.00	2500.00 - 2800.00	140.00 - 160.00	
Tissamaharama	-	-	-	-	-	-	-	-	-	-	
Meegoda (DEC)	-	-	120.00 - 150.00	-	-	-	115.00 - 135.00	42.00 - 56.00	2200.00 - 2400.00	160.00 - 180.00	
Embilipitiya	100.00 - 120.00	-	100.00 - 130.00	50.00 - 60.00	-	100.00 - 130.00	100.00 - 150.00	15.00 - 20.00	2350.00 - 2500.00	140.00 - 160.00	
Jaffna	-	-	-	-	-	-	-	-	-	-	
Vavuniya	-	-	120.00 - 140.00	42.00 - 45.00	140.00 - 150.00	90.00 - 100.00	-	-	2400.00 - 2500.00	200.00 - 250.00	
Mannar	-	-	-	-	-	-	-	-	-	-	
Killinochchi	-	-	120.00 - 140.00	40.00 - 50.00	120.00 - 140.00	-	-	-	2400.00 - 2450.00	240.00 - 260.00	
Mullaittivu	-	-	120.00 - 140.00	50.00 - 60.00	-	-	-	-	2400.00 - 2500.00	160.00 - 180.00	
Batticaloa	-	-	-	-	-	-	-	-	-	-	
Trincomalee	-	-	-	-	-	-	-	-	-	-	
Veyangoda	-	-	110.00 - 130.00	45.00 - 50.00	105.00 - 110.00	83.00 - 90.00	120.00 - 135.00	25.00 - 30.00	2300.00 - 2500.00	160.00 - 180.00	
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	
Bandarawela	-	-	150.00 - 180.00	70.00 - 80.00	130.00 - 150.00	80.00 - 100.00	110.00 - 150.00	50.00 - 70.00	2400.00 - 2500.00	200.00 - 230.00	
Matale	-	-	120.00 - 130.00	30.00 - 40.00	-	80.00 - 100.00	-	40.00 - 50.00	2800.00 - 2900.00	130.00 - 160.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 20: 16 - 22 May 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	400.00 – 600.00	1000.00 – 1200.00	1000.00 – 1500.00	1300.00 – 2000.00	1800.00 – 3000.00	1200.00 – 1800.00
Kandy	500.00 – 550.00	1150.00 – 1200.00	1200.00 – 1400.00	1700.00 – 1800.00	2400.00 – 2500.00	1400.00 – 1500.00
Kaluthara	500.00 – 550.00	–	1200.00 – 1250.00	1500.00 – 1600.00	–	–
Puttalam	–	–	–	–	–	–
Matara	550.00 – 600.00	–	1750.00 – 1850.00	1900.00 – 2000.00	–	–
Hambantota	400.00 – 450.00	950.00 – 950.00	1100.00 – 1200.00	1600.00 – 1700.00	–	1100.00 – 1100.00
Galle	–	–	1000.00 – 1200.00	1400.00 – 1600.00	–	1400.00 – 1400.00
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1000.00 – 1600.00	1500.00 – 1800.00	2000.00 – 2500.00	–	24.00 – 31.00	22.00 – 28.00
Kandy	–	2000.00 – 2100.00	2100.00 – 2200.00	–	27.00 – 29.00	25.00 – 27.00
Kaluthara	–	1600.00 – 1800.00	1600.00 – 1800.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	–	2300.00 – 2400.00	1950.00 – 2000.00	–	28.00 – 29.00	26.00 – 27.00
Hambantota	–	2250.00 – 2250.00	–	–	–	28.00 – 30.00
Galle	–	–	2000.00 – 2200.00	–	26.00 – 29.00	25.00 – 29.00
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 20: 16 - 22 May 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	65000 – 80000	–	–	92500 – 100000	60000 – 82500	–
Kandy	62500 – 65000	–	–	95000 – 97500	60000 – 65000	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	65000 – 75000	–	32500 – 45000	25000 – 40000	82500 – 87500	–
Kandy	65000 – 67500	–	40000 – 42500	27000 – 35000	85000 – 87500	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	72500 – 87500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 20: 16 - 22 May 2025

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LOCATIONS	Sea Fish									Eggs										
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	500.00 -	720.00	1300.00 -	1300.00	1300.00 -	1350.00	1800.00 -	3100.00	2300.00 -	5000.00	1400.00 -	2760.00	-	-	2100.00 -	3200.00	27.00 -	33.00	25.00 -	31.00
Gampaha	500.00 -	600.00	-	-	-	-	-	-	2800.00 -	2800.00	-	-	-	-	2800.00 -	2800.00	33.00 -	34.00	30.00 -	30.00
Kurunegala	560.00 -	600.00	-	-	-	-	2000.00 -	2200.00	-	-	2000.00 -	2000.00	-	-	2700.00 -	2800.00	28.00 -	30.00	24.00 -	26.00
Nikaweratiya	700.00 -	800.00	1300.00 -	1400.00	1300.00 -	1350.00	2600.00 -	2700.00	2600.00 -	2650.00	-	-	-	-	2600.00 -	2650.00	28.00 -	32.00	27.00 -	30.00
Dambulla	600.00 -	650.00	1200.00 -	1400.00	1200.00 -	1300.00	2500.00 -	2600.00	-	-	1500.00 -	1600.00	1700.00 -	1800.00	2600.00 -	2700.00	29.00 -	30.00	28.00 -	30.00
Anuradhapura	600.00 -	700.00	1300.00 -	1400.00	1300.00 -	1300.00	2400.00 -	2600.00	2600.00 -	2600.00	1450.00 -	1600.00	-	-	2300.00 -	2600.00	-	-	26.00 -	29.00
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00 -	32.00	29.00 -	32.00
Polonnaruwa	550.00 -	600.00	1200.00 -	1300.00	1700.00 -	1800.00	2200.00 -	2300.00	2350.00 -	2400.00	1600.00 -	1700.00	1600.00 -	1700.00	2300.00 -	2400.00	28.00 -	29.00	25.00 -	27.00
Kaluthara	800.00 -	900.00	-	-	-	-	2500.00 -	2600.00	-	-	-	-	-	-	3000.00 -	3100.00	30.00 -	30.00	27.00 -	28.00
Badulla	480.00 -	560.00	1100.00 -	1100.00	1800.00 -	1800.00	2200.00 -	2200.00	2600.00 -	2900.00	1900.00 -	1900.00	1400.00 -	1600.00	2400.00 -	2800.00	-	-	27.00 -	28.00
Keppetipola	500.00 -	520.00	-	-	1500.00 -	1600.00	1800.00 -	1900.00	-	-	1600.00 -	1800.00	-	-	2300.00 -	2400.00	32.00 -	33.00	27.00 -	30.00
Moneragala	650.00 -	700.00	-	-	1000.00 -	1200.00	2500.00 -	2700.00	-	-	-	-	-	-	2800.00 -	3000.00	25.00 -	28.00	25.00 -	28.00
Kegalle	800.00 -	900.00	1450.00 -	1500.00	1900.00 -	2000.00	2650.00 -	2700.00	-	-	-	-	1750.00 -	1800.00	2650.00 -	2800.00	34.00 -	35.00	30.00 -	32.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	26.00 -	28.00	-	-
Dehiattakandiya	600.00 -	700.00	-	-	1000.00 -	1000.00	-	-	2600.00 -	2600.00	-	-	-	-	-	-	25.00 -	30.00	25.00 -	27.00
Nuwaraeliya	540.00 -	560.00	1100.00 -	1200.00	1700.00 -	1800.00	2000.00 -	2200.00	2700.00 -	2800.00	1800.00 -	1900.00	-	-	2500.00 -	2600.00	30.00 -	32.00	27.00 -	28.00
Kandy	600.00 -	650.00	1250.00 -	1300.00	1400.00 -	1600.00	2500.00 -	2600.00	3000.00 -	3200.00	1700.00 -	1800.00	-	-	2600.00 -	2700.00	30.00 -	32.00	28.00 -	30.00
Puttalam	500.00 -	600.00	1000.00 -	1200.00	1000.00 -	1200.00	1600.00 -	1800.00	-	-	1000.00 -	1200.00	1800.00 -	2000.00	-	-	29.00 -	30.00	27.00 -	28.00
Hambantota	550.00 -	600.00	1100.00 -	1100.00	1350.00 -	1400.00	2500.00 -	2600.00	-	-	1400.00 -	1400.00	-	-	-	-	-	-	30.00 -	32.00
Rathnapura	500.00 -	600.00	-	-	1200.00 -	1400.00	2300.00 -	2400.00	-	-	2250.00 -	2400.00	1400.00 -	1600.00	2450.00 -	2600.00	-	-	27.00 -	29.00
Matara	750.00 -	800.00	-	-	-	-	2500.00 -	2600.00	-	-	-	-	-	-	2500.00 -	2600.00	29.00 -	30.00	27.50 -	30.00
Galle	650.00 -	700.00	1200.00 -	1400.00	1500.00 -	1800.00	2800.00 -	2800.00	-	-	2000.00 -	2200.00	-	-	2800.00 -	3000.00	27.00 -	30.00	26.00 -	30.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	650.00 -	700.00	-	-	1150.00 -	1600.00	-	-	-	-	-	-	-	-	2960.00 -	3000.00	30.00 -	30.00	25.00 -	30.00
Embilipitiya	650.00 -	700.00	-	-	1500.00 -	1600.00	2500.00 -	2550.00	2550.00 -	2600.00	-	-	1600.00 -	1700.00	2550.00 -	2600.00	26.00 -	28.00	25.00 -	27.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	600.00 -	650.00	1000.00 -	1200.00	1200.00 -	1300.00	2400.00 -	2500.00	2400.00 -	2500.00	1600.00 -	1700.00	1800.00 -	1900.00	2400.00 -	2500.00	30.00 -	32.00	28.00 -	31.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	500.00 -	560.00	-	-	1000.00 -	1050.00	-	-	-	-	1500.00 -	1600.00	-	-	-	-	-	-	30.00 -	31.00
Mullaittivu	500.00 -	600.00	1000.00 -	1150.00	-	-	2100.00 -	2200.00	2150.00 -	2250.00	1550.00 -	1650.00	-	-	2100.00 -	2150.00	-	-	26.00 -	28.00
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	550.00 -	650.00	-	-	1600.00 -	1800.00	2000.00 -	2000.00	2400.00 -	2450.00	2400.00 -	2400.00	-	-	2400.00 -	2400.00	30.00 -	32.00	26.00 -	30.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	550.00 -	600.00	-	-	1700.00 -	1800.00	2500.00 -	2600.00	-	-	-	-	1700.00 -	1800.00	2500.00 -	2600.00	31.00 -	34.00	29.00 -	32.00
Matale	700.00 -	800.00	1200.00 -	1400.00	1500.00 -	1600.00	2300.00 -	2400.00	2500.00 -	2600.00	1600.00 -	1700.00	1700.00 -	1800.00	2400.00 -	2500.00	32.00 -	33.00	30.00 -	31.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 20: 16 - 22 May 2025

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	800.00	1200.00	2200.00	2400.00	-	-	2200.00	2600.00	1400.00	2000.00	2200.00	2400.00	1000.00	1300.00
Gampaha	900.00	950.00	-	-	3600.00	3600.00	2400.00	2450.00	1600.00	1650.00	2450.00	2450.00	1000.00	1200.00
Kurunegala	900.00	900.00	1800.00	1800.00	-	-	2000.00	2000.00	-	-	-	-	800.00	900.00
Nikaweratiya	750.00	1000.00	1800.00	2000.00	-	-	-	-	1200.00	1400.00	1200.00	1300.00	1000.00	1200.00
Dambulla	750.00	800.00	2300.00	2400.00	-	-	2300.00	2400.00	1300.00	1400.00	1800.00	1900.00	-	-
Anuradhapura	750.00	1000.00	2200.00	2400.00	-	-	2300.00	2400.00	1600.00	1800.00	2200.00	2400.00	900.00	1200.00
Thambuththegama	750.00	900.00	2000.00	2200.00	-	-	2200.00	2400.00	1300.00	1600.00	1200.00	2400.00	1000.00	1250.00
Polonnaruwa	800.00	900.00	2100.00	2200.00	-	-	2200.00	2300.00	1300.00	1400.00	2100.00	2200.00	-	-
Kaluthara	800.00	1000.00	2400.00	2400.00	-	-	2400.00	2500.00	1450.00	1540.00	2200.00	2300.00	-	-
Badulla	750.00	800.00	2200.00	2200.00	-	-	2200.00	2200.00	1400.00	1400.00	1600.00	1600.00	-	-
Keppetipola	800.00	900.00	2260.00	2300.00	-	-	2200.00	2250.00	1450.00	1500.00	2350.00	2380.00	900.00	920.00
Moneragala	900.00	1000.00	2300.00	2400.00	-	-	2300.00	2400.00	1600.00	1800.00	2200.00	2300.00	-	-
Kegalle	850.00	960.00	2200.00	2600.00	-	-	2200.00	2400.00	1200.00	1400.00	-	-	-	-
Ampara	-	-	2000.00	2000.00	-	-	2200.00	2200.00	1400.00	1600.00	1200.00	1200.00	-	-
Dehiattakandiya	800.00	1000.00	1800.00	2000.00	-	-	2200.00	2200.00	1700.00	2000.00	1200.00	1400.00	-	-
Nuwaraeliya	850.00	880.00	2300.00	2400.00	2700.00	2800.00	2200.00	2300.00	1500.00	1650.00	2100.00	2200.00	980.00	1000.00
Kandy	800.00	1000.00	2300.00	2400.00	-	-	2300.00	2400.00	1700.00	1800.00	2000.00	2200.00	1100.00	1200.00
Puttalam	800.00	920.00	1800.00	2400.00	-	-	2200.00	2500.00	1200.00	1400.00	2000.00	2200.00	900.00	1000.00
Hambantota	900.00	1000.00	-	-	-	-	-	-	1700.00	1800.00	2000.00	2000.00	-	-
Rathnapura	800.00	980.00	2200.00	2400.00	-	-	2200.00	2400.00	1800.00	1900.00	2200.00	2400.00	-	-
Matara	800.00	900.00	2000.00	2200.00	-	-	2000.00	2200.00	1300.00	1600.00	2000.00	2200.00	-	-
Galle	800.00	1200.00	2400.00	2500.00	2800.00	3000.00	2400.00	2400.00	2000.00	2200.00	2200.00	2200.00	800.00	800.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	800.00	1000.00	2200.00	2300.00	-	-	2000.00	2400.00	1400.00	2200.00	2000.00	2400.00	800.00	800.00
Embilipitiya	850.00	1000.00	2200.00	2400.00	-	-	2250.00	2400.00	1600.00	1800.00	2300.00	2400.00	850.00	1000.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	2000.00	2150.00	-	-	2000.00	2150.00	1200.00	1300.00	1100.00	1150.00	800.00	860.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	900.00	950.00	2100.00	2200.00	-	-	-	-	-	-	-	-	800.00	850.00
Mullaittivu	950.00	1000.00	1900.00	2000.00	-	-	2450.00	2550.00	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	800.00	1000.00	2000.00	2200.00	2800.00	3000.00	2000.00	2400.00	1600.00	2000.00	2000.00	2000.00	1200.00	1200.00
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bandarawela	750.00	1000.00	2200.00	2300.00	-	-	2200.00	2400.00	1600.00	1750.00	2000.00	2200.00	900.00	1000.00
Matale	900.00	1100.00	2300.00	2400.00	-	-	2400.00	2500.00	1600.00	1700.00	2300.00	2400.00	900.00	950.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 20: 16 - 22 May 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1100.00 - 1230.00	900.00 - 1280.00	3400.00 - 3900.00	1600.00 - 2200.00
Gampaha	-	1150.00 - 1180.00	1250.00 - 1250.00	3500.00 - 3500.00	-
Kurunegala	2600.00 - 2800.00	1000.00 - 1100.00	1200.00 - 1250.00	3200.00 - 3300.00	1200.00 - 1300.00
Nikaweratiya	2000.00 - 2100.00	1050.00 - 1100.00	-	-	-
Dambulla	-	1150.00 - 1200.00	1250.00 - 1300.00	-	1400.00 - 1400.00
Anuradhapura	2500.00 - 2600.00	1150.00 - 1200.00	1300.00 - 1400.00	3500.00 - 3700.00	1400.00 - 1600.00
Thambuththegama	-	1000.00 - 1100.00	-	-	1360.00 - 1500.00
Polonnaruwa	2300.00 - 2400.00	1000.00 - 1100.00	1200.00 - 1300.00	3300.00 - 3400.00	1200.00 - 1300.00
Kaluthara	-	1100.00 - 1200.00	1100.00 - 1100.00	-	1400.00 - 1500.00
Badulla	2400.00 - 2400.00	1150.00 - 1250.00	1350.00 - 1350.00	3200.00 - 3200.00	-
Keppetipola	2200.00 - 2300.00	1200.00 - 1250.00	1300.00 - 1350.00	3100.00 - 3200.00	-
Moneragala	2600.00 - 2600.00	1200.00 - 1350.00	1600.00 - 1650.00	-	1600.00 - 1700.00
Kegalle	2500.00 - 2500.00	1150.00 - 1200.00	-	3100.00 - 3100.00	-
Ampara	2200.00 - 2200.00	990.00 - 1100.00	-	-	1800.00 - 2000.00
Dehiattakandiya	-	1150.00 - 1200.00	950.00 - 950.00	-	1690.00 - 1800.00
Nuwaraeliya	2500.00 - 2600.00	1200.00 - 1250.00	1300.00 - 1350.00	3200.00 - 3400.00	1500.00 - 1600.00
Kandy	2300.00 - 2400.00	1100.00 - 1120.00	1150.00 - 1200.00	3200.00 - 3200.00	1500.00 - 1600.00
Puttalam	2500.00 - 2500.00	1100.00 - 1100.00	1400.00 - 1400.00	3800.00 - 3800.00	-
Hambantota	-	1180.00 - 1200.00	-	-	-
Rathnapura	2600.00 - 2600.00	1120.00 - 1190.00	1150.00 - 1300.00	3500.00 - 3500.00	2000.00 - 2000.00
Matara	-	1200.00 - 1230.00	-	-	-
Galle	2400.00 - 2600.00	1200.00 - 1250.00	-	3400.00 - 3600.00	-
Tissamaharama	-	-	-	-	-
Meegoda	-	1200.00 - 1250.00	1150.00 - 1200.00	-	1750.00 - 1750.00
Embilipitiya	2000.00 - 2100.00	1050.00 - 1150.00	1200.00 - 1280.00	3100.00 - 3500.00	1650.00 - 1800.00
Jaffna	-	-	-	-	-
Vavuniya	2150.00 - 2200.00	1300.00 - 1350.00	1600.00 - 1700.00	3200.00 - 3300.00	-
Mannar	-	-	-	-	-
Killinochchi	2150.00 - 2200.00	1200.00 - 1250.00	1450.00 - 1500.00	3200.00 - 3300.00	-
Mullaittivu	2200.00 - 2200.00	1300.00 - 1300.00	1400.00 - 1450.00	-	-
Batticaloa	-	-	-	-	-
Trincomalee	-	-	-	-	-
Veyangoda	2400.00 - 2400.00	1100.00 - 1200.00	-	-	1500.00 - 1550.00
Galenbindunuwewa	-	-	-	-	-
Bandarawela	2300.00 - 2400.00	1100.00 - 1200.00	1300.00 - 1350.00	3300.00 - 3400.00	-
Matale	2300.00 - 2400.00	1050.00 - 1150.00	1200.00 - 1300.00	3200.00 - 3400.00	1300.00 - 1400.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 20: 16 - 22 May 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	180.00 - 200.00	193.33	195.00	96.67	-0.85	100.00
Samba 1	240.00 - 245.00	241.67	241.67	236.60	0.00	2.14	Small	160.00 - 170.00	164.44	166.00	86.22	-0.94	90.72
Samba 2	235.00 - 238.00	236.50	236.50	229.25	0.00	3.16							
Keeri Samba	270.00 - 300.00	286.00	269.17	311.50	6.25	-8.19	<u>Fruits (Rs/fruit)</u>						
Nadu 1	225.00 - 230.00	226.67	227.17	209.00	-0.22	8.45	Plantain						
Nadu 2	220.00 - 222.00	221.00	221.00	201.00	0.00	9.95	Ambul (Rs/kg)	50.00 - 100.00	78.00	87.00	100.00	-10.34	-22.00
Raw (Red)	210.00 - 215.00	212.50	214.00	185.00	-0.70	14.86	Kolikuttu (Rs/kg)	160.00 - 220.00	178.00	180.00	241.67	-1.11	-26.34
Raw (White)	210.00 - 215.00	212.33	214.00	205.00	-0.78	3.58	Seeni (Rs/kg)	70.00 - 100.00	86.00	92.00	100.00	-6.52	-14.00
Imported							Anamalu	25.00 - 28.00	26.50	24.70	21.00	7.29	26.19
Samba	230.00 - 235.00	232.50	231.00	265.00	0.65	-12.26	Ambun	30.00 - 40.00	38.55	38.20	27.33	0.90	41.02
Nadu							Papaw(Rs/kg)	70.00 - 120.00	89.00	92.22	81.67	-3.49	8.98
Raw (Red)							Passion Fruit	25.00 - 40.00	33.75	34.44	59.44	-2.02	-43.22
Raw (White)	205.00 - 210.00	207.50	210.00		-1.19		Pineapple Large	330.00 - 400.00	353.33	324.29	1032.86	8.96	-65.79
<u>Dried Chillies</u>							Pineapple Medium	250.00 - 300.00	268.33	254.29	765.71	5.52	-64.96
Imported	550.00 - 600.00	566.67	550.00	741.00	3.03	-23.53	Pineapple Small	200.00 - 220.00	208.33	202.86	611.43	2.70	-65.93
<u>Onion</u>							Mango						
Sinnan	190.00 - 230.00	210.00	215.00	220.00	-2.33	-4.55	Betti			52.50	24.30		
Vedalan			260.00	327.50			Karthakolomban	150.00 - 400.00	244.44	370.00	67.27	-33.93	263.36
Imported	280.00 - 330.00	308.33	306.67	274.00	0.54	12.53	Vilad			42.22			
<u>Big Onion</u>							Kohu						
Imported	70.00 - 100.00	82.50	115.00	157.27	-28.26	-47.54	Other						
Local							Wood Apple	100.00 - 140.00	119.00	140.00	146.67	-15.00	-18.86
<u>Potato</u>							Orange	70.00 - 90.00	84.00	67.78	88.75	23.93	-5.35
Welimada	250.00 - 255.00	252.50	225.00		12.22		Avocado	170.00 - 220.00	195.00	163.89	76.00	18.98	156.58
N'Eliya	280.00 - 300.00	287.00	255.00	208.75	12.55	37.49	Siime Apple	20.00 - 40.00	28.50	28.56	19.78	-0.19	44.10
Imported	160.00 - 200.00	183.00	192.50	149.44	-4.94	22.45	Grapes (Imp., Rs/kg)	1500.00 - 1900.00	1733.33	1727.78	1761.25	0.32	-1.59
<u>Pulses</u>							King Coconut	100.00 - 160.00	138.00	155.00	156.67	-10.97	-11.91
Green Gram	700.00 - 800.00	750.00	760.00	1143.75	-1.32	-34.43	<u>Sea Fish</u>						
Cowpea (White)	550.00 - 700.00	625.00	684.00	771.43	-8.63	-18.98	Salaya	400.00 - 600.00	456.25	393.33	418.33	16.00	9.06
Cowpea (Red)	460.00 - 620.00	548.33	594.00	748.57	-7.69	-26.75	Hurulla	1000.00 - 1200.00	1112.50	1058.33	790.83	5.12	40.67
Red Dhal	250.00 - 255.00	252.50	255.00	278.89	-0.98	-9.46	Balaya	1000.00 - 1500.00	1243.75	1158.33	910.00	7.37	36.68
<u>Vegetable</u>							Kelawalla	1300.00 - 2000.00	1612.50	1603.33	1465.00	0.57	10.07
Beans (Butter)							Thora	1800.00 - 3000.00	2550.00	2075.00	2084.62	22.89	22.32
Beans(Green)	200.00 - 400.00	313.00	577.00	257.00	-45.75	21.79	Paraw	1200.00 - 1800.00	1475.00	1345.00	1281.43	9.67	15.11
Carrot	600.00 - 800.00	700.00	640.00	98.00	9.38	614.29	Mora	1000.00 - 1600.00	1225.00	1196.67	1183.33	2.37	3.52
Leeks	180.00 - 260.00	227.00	145.00	179.00	56.55	26.82	Shrimps	1500.00 - 1800.00	1637.50	1841.67	1757.50	-11.09	-6.83
Beetroot	400.00 - 550.00	497.69	454.55	267.69	9.49	85.92	Thalapath	2000.00 - 2500.00	2187.50	1925.00	1979.17	13.64	10.53
Knolkhol	200.00 - 300.00	250.00	261.00	116.00	-4.21	115.52	<u>Eggs</u>						
Raddish	100.00 - 150.00	127.00	129.00	91.00	-1.55	39.56	Brown	24.00 - 31.00	28.00	27.88	49.25	0.45	-43.15
Cabbage	350.00 - 450.00	383.33	375.00	74.00	2.22	418.02	White	22.00 - 28.00	25.57	25.63	46.31	-0.21	-44.79
Tomato	600.00 - 750.00	661.00	760.00	73.00	-13.03	805.48	<u>Dried Fish</u>						
Ladies Fingers	100.00 - 250.00	178.00	237.00	113.00	-24.89	57.52	Sprats	1300.00 - 1600.00	1428.57	1356.67	1330.83	5.30	7.34
Brinjal	350.00 - 400.00	376.00	386.36	169.00	-2.68	122.49	Sprats (Imported)	500.00 - 800.00	664.29	616.67	799.17	7.72	-16.88
Capsicum	500.00 - 800.00	675.00	725.00	152.00	-6.90	344.08	Kattawa	-					
Pumpkin	120.00 - 200.00	163.00	174.00	50.00	-6.32	226.00	Kattawa (Imported)	1650.00 - 1750.00	1695.71	1640.00	1281.67	3.40	32.31
Cucumber	30.00 - 80.00	53.00	71.00	108.00	-25.35	-50.93	Thora	-					
Bitter Gourd	350.00 - 500.00	405.00	425.00	206.00	-4.71	96.60	Thora (Imported)	-					
Snake Gourd	220.00 - 300.00	261.00	300.00	214.00	-13.00	21.96	Mora	1850.00 - 2000.00	1914.29	1903.33	1789.17	0.58	6.99
Drumstick	400.00 - 800.00	668.18	919.23	381.82	-27.31	75.00	Mora (Imported)	-					
Luffa	200.00 - 300.00	250.00	309.00	227.00	-19.09	10.13	Balaya	1200.00 - 1650.00	1492.86	1450.00	815.00	2.96	83.17
Long Beans	120.00 - 250.00	179.00	300.00	124.00	-40.33	44.35	Balaya (Imported)	-					
Ash Plantain	40.00 - 100.00	69.00	91.00	67.00	-24.18	2.99	Anguluwa	-					
Green Chillies	200.00 - 280.00	239.00	250.00	108.00	-4.40	121.30	Anguluwa (Imported)	1450.00 - 1750.00	1585.71	1558.33	1394.17	1.76	13.74
Lime	250.00 - 400.00	313.00	349.00	1340.00	-10.32	-76.64	Maduwa	1300.00 - 1500.00	1353.57	1255.00	1350.77	7.85	0.21
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	200.00 - 250.00	222.00	228.00	138.00	-2.63	60.87	Koduwa	-					
Manioc	80.00 - 120.00	96.00	128.00	92.00	-25.00	4.35	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	650.00 - 900.00	785.71	696.67	428.33	12.78	83.44
Mukunuwenna	35.00 - 45.00	40.00	32.00	27.50	25.00	45.45	Salaya (Imported)	-					
Kankun	35.00 - 45.00	40.00	32.00	27.50	25.00	45.45							
Gotukola (Rs/kg)	300.00 - 340.00	320.00	292.00	186.67	9.59	71.43							

This Week:

Week 20: 16 - 22 May 2025

Last Week:

Week 19: 09 - 15 May 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 20: 16 - 22 May 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	195.00 · 230.00	214.17	224.44	110.00	-10.28	94.70
Samba 1	245.00 · 260.00	248.21	248.00	252.22	0.21	-1.59	Small	180.00 · 200.00	191.39	193.53	88.03	-2.14	117.41
Samba 2													
Keeri Samba	280.00 · 320.00	294.55	272.31	364.76	22.24	-19.25	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 240.00	232.86	233.13	224.58	-0.27	3.68	Plantain						
Nadu 2							Ambul (Rs/kg)	120.00 · 180.00	149.57	152.78	197.20	-3.21	-24.16
Raw (Red)	215.00 · 240.00	226.36	227.86	201.25	-1.49	12.48	Kolikuttu (Rs/kg)	250.00 · 330.00	277.22	278.42	391.36	-1.20	-29.17
Raw (White)	220.00 · 240.00	224.29	223.85	217.39	0.44	3.17	Seeni (Rs/kg)	150.00 · 200.00	176.43	156.25	198.08	20.18	-10.93
Imported							Anamalu	33.00 · 70.00	46.50	38.13	32.00	8.38	45.31
Samba	240.00 · 260.00	250.00	249.00	279.60	1.00	-10.59	Ambun	40.00 · 70.00	58.00	52.86	41.33	5.14	40.32
Nadu	230.00 · 240.00	235.00	227.50		7.50		Papaw(Rs/kg)	120.00 · 220.00	162.94	167.50	205.36	-4.56	-20.65
Raw (Red)							Passion Fruit	40.00 · 80.00	59.46	60.00	87.63	-0.54	-32.15
Raw (White)	210.00 · 220.00	216.25	216.67		-0.42		Pineapple Large	350.00 · 580.00	454.00	439.17	1117.65	14.83	-59.38
Dried Chillies							Pineapple Medium	280.00 · 450.00	348.00	340.56	843.08	7.44	-58.72
Imported	650.00 · 900.00	803.18	795.29	1045.83	7.89	-23.20	Pineapple Small	230.00 · 360.00	272.14	270.00	667.65	2.14	-59.24
Onion							Mango						
Sinnan							Betti						
Vedalan			417.14	434.29			Karthakolomban	250.00 · 340.00	286.67	386.67	98.16	-100.00	192.05
Imported	380.00 · 600.00	460.00	406.67	385.19	53.33	19.42	Vilad				70.00		
Big Onion							Kohu						
Imported	120.00 · 160.00	146.25	161.58	246.76	-15.33	-40.73	Other						
Local							Wood Apple	150.00 · 200.00	178.57	181.89	196.67	-3.32	-9.20
Potato							Orange	100.00 · 160.00	127.50	90.30	122.00	37.20	4.51
Welimada							Avocado	230.00 · 300.00	261.25	221.70	199.33	39.55	31.06
N'Eliya	350.00 · 480.00	427.00	392.00	364.35	35.00	17.20	Slime Apple	40.00 · 130.00	80.91	83.64	72.81	-2.73	11.12
Imported	200.00 · 260.00	239.23	236.88	201.60	2.36	18.67	Grapes (Imp., Rs/kg)	2000.00 · 2800.00	2491.67	2280.00	2405.88	211.67	3.57
Pulses							King Coconut	160.00 · 250.00	195.38	205.45	213.50	-10.07	-8.48
Green Gram	800.00 · 1000.00	874.38	881.33	1415.22	-6.96	-38.22	Sea Fish						
Cowpea (White)	700.00 · 1000.00	827.33	850.00	1032.61	-22.67	-19.88	Salaya	500.00 · 720.00	627.06	539.17	710.59	87.89	-11.75
Cowpea (Red)	700.00 · 900.00	808.00	810.00	1030.44	-2.00	-21.59	Hurulla	1300.00 · 1300.00	1300.00	1288.75	1029.29	11.25	26.30
Red Dhal	270.00 · 320.00	286.50	295.53	328.26	-9.03	-12.72	Balaya	1300.00 · 1350.00	1325.00	1456.25	1224.17	-131.25	8.24
Vegetable							Kelawalla	1800.00 · 3100.00	2572.94	2313.64	2203.33	259.30	16.77
Beans (Butter)							Thora	2300.00 · 5000.00	3493.33	2905.00	2928.57	588.33	19.28
Beans(Green)	300.00 · 650.00	507.69	668.00	345.81	-160.31	46.81	Paraw	1400.00 · 2760.00	2051.43	1940.00	1993.75	111.43	2.89
Carrot	750.00 · 1100.00	879.17	867.50	237.10	11.67	270.80	Mora						
Leeks	260.00 · 450.00	367.20	303.00	317.81	64.20	15.54	Shrimps	2000.00 · 2600.00	2288.24	2318.18	2017.50	-29.95	13.42
Beetroot	550.00 · 800.00	687.92	557.65	405.33	130.27	69.72	Thalapath	2100.00 · 3200.00	2929.41	2712.50	2687.50	216.91	9.00
Knolkhol	280.00 · 600.00	473.64	415.29	290.67	58.34	62.95	Eggs						
Raddish	160.00 · 400.00	296.09	266.00	229.29	30.09	29.13	Brown	27.00 · 33.00	29.50	28.63	52.74	0.88	-44.06
Cabbage	380.00 · 600.00	530.91	551.76	223.23	-20.86	137.83	White	25.00 · 31.00	27.83	26.56	49.30	1.27	-43.54
Tomato	700.00 · 1200.00	947.20	959.00	176.43	-11.80	436.87	Dried Fish						
Ladies Fingers	230.00 · 480.00	371.25	380.00	255.33	-8.75	45.40	Sprats	1600.00 · 2000.00	1714.29	1770.59	1940.00	-56.30	-11.63
Brinjal	380.00 · 600.00	519.17	537.89	280.94	-18.73	84.80	Sprats (Imported)	800.00 · 1200.00	1056.52	1038.89	1095.24	17.63	-3.53
Capsicum	600.00 · 1200.00	925.24	968.57	334.67	-43.33	176.47	Kattawa	2200.00 · 2400.00	2377.78	2350.00	2122.73	27.78	12.02
Pumpkin	200.00 · 400.00	287.39	291.00	170.00	-3.61	69.05	Thora						
Cucumber	100.00 · 280.00	182.73	196.32	254.55	-13.59	-28.21	Mora	2200.00 · 2600.00	2550.00	2538.89	2305.26	11.11	10.62
Bitter Gourd	400.00 · 800.00	627.60	576.11	355.63	51.49	76.48	Balaya	1400.00 · 2000.00	1805.56	1750.00	1522.22	55.56	18.61
Snake Gourd	280.00 · 600.00	448.95	461.50	329.69	-12.55	36.17	Anguluwa	2200.00 · 2400.00	2300.00	2292.31	2220.00	7.69	3.60
Drumstick	1100.00 · 1600.00	1276.47	1297.22	645.00	-20.75	97.90	Maduwa	1400.00 · 2000.00	1600.00	1471.43		128.57	
Luffa	340.00 · 600.00	512.61	458.89	370.00	53.72	38.54	Koduwa						
Long Beans	280.00 · 560.00	409.13	421.50	282.31	-12.37	44.92	Salaya	1000.00 · 1300.00	1200.00	1187.50	1116.67	12.50	7.46
Ash Plantain	120.00 · 320.00	229.09	253.00	243.03	-23.91	-5.74	Meat						
Green Chillies	300.00 · 800.00	588.46	442.38	354.14	146.08	66.17	Beef (without Bones)	2600.00 · 2800.00	2700.00	2700.00	2460.00	0.00	9.76
Lime	400.00 · 800.00	630.83	466.84	1820.00	163.99	-65.34	Chicken (Broiler)	1100.00 · 1230.00	1180.00	1157.00	1205.83	23.00	-2.14
Root Crops							Chicken (Curry)	900.00 · 1280.00	1107.00	1075.00	1214.29	32.00	-8.84
Sweet Potato	240.00 · 400.00	328.95	331.00	285.15	-2.05	15.36	Mutton	3400.00 · 3900.00	3688.89	3733.33	3288.89	-44.44	12.16
Manioc	150.00 · 260.00	210.83	217.06	210.63	-6.23	0.10	Pork	1600.00 · 2200.00	1850.00	1700.00	1300.00	150.00	42.31
Leafy Vegetable													
Mukunuwenna	50.00 · 80.00	72.50	71.76	66.97	0.74	8.26							
Kankun	50.00 · 80.00	73.75	71.25	66.97	2.50	10.12							
Gotukola	180.00 · 320.00	247.86	273.85	100.00	-25.99	147.86							

This Week: Week 20: 16 - 22 May 2025

Last Week: Week 19: 09 - 15 May 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 20: 16 - 22 May 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	145.00 – 190.00	167.50
A'pura	135.00 – 140.00	137.00	Dambulla	182.50 – 200.00	190.50	Hambantota	–	
P'naruwa	137.00 – 140.00	138.00	Welimada	140.00 – 160.00	151.00	Embilipitiya	250.00 – 270.00	260.00
Kalawewa	135.00 – 140.00	137.60	Badulla	160.00 – 200.00	181.67	Matara	–	
Kurunegala	129.00 – 133.00	131.00	Carrot			A'pura	160.00 – 180.00	168.00
Dehiattakandiya	130.00 – 132.00	131.33	N'Elia	650.00 – 700.00	678.00	Luffa		
Nikaweratiya	130.00 – 135.00	132.40	Welimada	640.00 – 660.00	653.00	Dambulla	145.00 – 190.00	170.00
Ampara	134.00 – 136.00	135.00	Hanguranketha	–		Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	230.00 – 250.00	240.00
A'pura	130.00 – 134.00	131.60	N'Elia	170.00 – 190.00	182.00	Matara	–	
P'naruwa	129.00 – 133.00	130.60	Welimada	170.00 – 185.00	177.00	A'pura	180.00 – 200.00	188.00
Kalawewa	130.00 – 135.00	132.80	Beetroot			Green Chillies		
Kurunegala	125.00 – 128.00	126.67	N'Elia	350.00 – 360.00	354.00	Dambulla	145.00 – 167.50	155.50
Dehiattakandiya	130.00 – 130.00	130.00	Dambulla	–		Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	300.00 – 320.00	307.50
Nikaweratiya	125.00 – 128.00	126.80	Welimada	280.00 – 320.00	300.00	Puttalam	210.00 – 238.00	224.00
Hambantota	–		Hanguranketha	–		A'pura	250.00 – 300.00	270.00
Ampara	129.00 – 131.00	130.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	230.00 – 250.00	238.00	Dambulla	110.00 – 125.00	118.00
Matara	130.00 – 135.00	132.33	Welimada	240.00 – 260.00	251.00	Hambantota	–	
Hambantota	130.00 – 135.00	132.33	Hanguranketha	–		Embilipitiya	150.00 – 160.00	155.00
Embilipitiya	128.00 – 130.00	129.00	Raddish			Matara	100.00 – 120.00	110.00
Keeri Samba			N'Elia	75.00 – 90.00	80.00	A'pura	120.00 – 140.00	128.00
A'pura	149.00 – 155.00	151.40	Welimada	60.00 – 70.00	65.00	Moneragala	100.00 – 130.00	112.00
P'naruwa	148.00 – 151.00	149.60	Hambantota	–		Cucumber		
Kalawewa	148.00 – 155.00	151.40	Hanguranketha	–		A'pura	30.00 – 40.00	34.00
Kurunegala	140.00 – 144.00	142.25	Cabbage			Dambulla	15.00 – 25.00	20.00
Dehiattakandiya	149.00 – 150.00	149.33	N'Elia	330.00 – 340.00	336.00	Hambantota	–	
Red Onion			Welimada	260.00 – 280.00	272.00	Matara	30.00 – 35.00	31.67
Puttalam	238.00 – 285.00	255.75	Badulla	220.00 – 270.00	246.67	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	90.00 – 120.00	103.00
Big Onion			Tomato			Hambantota	240.00 – 250.00	245.00
Dambulla	–		Welimada	480.00 – 530.00	504.00	Embilipitiya	170.00 – 180.00	175.00
Kalawewa	–		Hambantota	–		Matara	180.00 – 200.00	190.00
A'pura	–		Dambulla	480.00 – 550.00	510.00	A'pura	140.00 – 160.00	148.00
Potato			Hanguranketha	–		Ash Plantain		
N'Elia	250.00 – 260.00	254.00	Vegetable (Low Country)			Hambantota	–	
Badulla	230.00 – 265.00	248.33	Ladies Fingers			Embilipitiya	40.00 – 60.00	52.50
Welimada	230.00 – 245.00	238.00	A'pura	160.00 – 180.00	168.00	Matara	75.00 – 100.00	85.00
Pulses			Dambulla	130.00 – 145.00	138.00	Lime		
Green Gram			Hambantota	180.00 – 200.00	190.00	Hambantota	–	
Hambantota	–		Embilipitiya	140.00 – 160.00	150.00	Embilipitiya	320.00 – 340.00	330.00
Moneragala	580.00 – 600.00	592.00	Matara	140.00 – 160.00	150.00	Moneragala	200.00 – 220.00	208.00
Embilipitiya	570.00 – 580.00	575.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	600.00 – 650.00	616.67	A'pura	280.00 – 300.00	288.00	Banana		
A'pura	560.00 – 600.00	576.00	Dambulla	340.00 – 380.00	364.00	Ambul		
Cowpea			Hambantota	260.00 – 270.00	265.00	Moneragala	30.00 – 40.00	34.00
Hambantota	–		Embilipitiya	270.00 – 300.00	283.33	Embilipitiya	30.00 – 40.00	35.00
Nikaweratiya	500.00 – 550.00	516.67	Matara	280.00 – 320.00	300.00	Hambantota	30.00 – 40.00	35.00
Moneragala	350.00 – 400.00	370.00	Welimada	200.00 – 225.00	213.00	Kolikuttu		
Embilipitiya	440.00 – 450.00	445.00	Capsicum			Moneragala	100.00 – 130.00	112.00
Maize			Badulla	630.00 – 720.00	676.67	Embilipitiya	110.00 – 130.00	118.00
A'pura	–		Welimada	550.00 – 600.00	575.00	Hambantota	130.00 – 140.00	135.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	400.00 – 450.00	420.00	Moneragala	50.00 – 60.00	54.00
A'pura	–		Dambulla	340.00 – 390.00	367.50	Embilipitiya	70.00 – 80.00	77.00
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	340.00 – 400.00	370.00	Pineapple		
A'pura	–		Matara	340.00 – 380.00	356.67	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 20: 16 - 22 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	245.00 - 245.00	260.00 - 260.00	245.00 - 260.00	245.00 - 245.00	245.00 - 245.00	-	245.00 - 260.00	245.00 - 245.00	245.00 - 245.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	280.00 - 290.00	-	280.00 - 280.00	-	280.00 - 280.00	320.00 - 320.00	280.00 - 290.00	320.00 - 320.00	300.00 - 300.00
Nadu 1	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	220.00 - 230.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	215.00 - 220.00	240.00 - 240.00	230.00 - 240.00	220.00 - 220.00	215.00 - 220.00
Raw (White)	220.00 - 240.00	220.00 - 220.00	220.00 - 230.00	220.00 - 240.00	220.00 - 220.00	230.00 - 230.00	230.00 - 240.00	220.00 - 220.00	220.00 - 220.00
Imported									
Samba	240.00 - 250.00	250.00 - 250.00	240.00 - 260.00	-	240.00 - 240.00	-	250.00 - 260.00	240.00 - 240.00	-
Nadu	240.00 - 240.00	-	230.00 - 230.00	-	-	-	240.00 - 240.00	230.00 - 230.00	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	220.00 - 220.00	-	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	-	-	220.00 - 220.00	-
<u>Dried Chillies</u>									
Imported	650.00 - 700.00	900.00 - 900.00	800.00 - 900.00	700.00 - 800.00	700.00 - 900.00	850.00 - 850.00	750.00 - 800.00	720.00 - 720.00	750.00 - 800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	380.00 - 400.00	480.00 - 560.00	400.00 - 600.00	480.00 - 520.00	400.00 - 600.00	400.00 - 520.00	380.00 - 380.00	400.00 - 480.00	480.00 - 520.00
<u>Big Onion</u>									
Imported	120.00 - 140.00	140.00 - 160.00	140.00 - 160.00	160.00 - 160.00	150.00 - 160.00	140.00 - 160.00	130.00 - 140.00	140.00 - 140.00	150.00 - 150.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	-	480.00 - 480.00	400.00 - 440.00	350.00 - 480.00	440.00 - 440.00	-	-	-	360.00 - 360.00
Imported	200.00 - 240.00	260.00 - 260.00	240.00 - 260.00	200.00 - 260.00	240.00 - 260.00	250.00 - 260.00	240.00 - 260.00	240.00 - 250.00	240.00 - 260.00
<u>Pulses</u>									
Green Gram	800.00 - 850.00	800.00 - 840.00	800.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	880.00 - 880.00	800.00 - 900.00	820.00 - 820.00	1000.00 - 1000.00
Cowpea (White)	700.00 - 800.00	840.00 - 840.00	800.00 - 900.00	900.00 - 1000.00	880.00 - 900.00	720.00 - 720.00	700.00 - 700.00	720.00 - 720.00	1000.00 - 1000.00
Cowpea (Red)	700.00 - 850.00	-	800.00 - 900.00	800.00 - 900.00	880.00 - 900.00	-	800.00 - 800.00	720.00 - 720.00	900.00 - 900.00
Red Dhal	270.00 - 280.00	280.00 - 290.00	280.00 - 290.00	290.00 - 320.00	280.00 - 290.00	290.00 - 290.00	280.00 - 280.00	270.00 - 270.00	280.00 - 280.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 20: 16 - 22 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	300.00 - 340.00	520.00 - 560.00	520.00 - 560.00	560.00 - 600.00	400.00 - 450.00	400.00 - 450.00	400.00 - 450.00	600.00 - 640.00	600.00 - 650.00
Carrot	750.00 - 800.00	1040.00 - 1100.00	800.00 - 850.00	850.00 - 900.00	860.00 - 1000.00	860.00 - 860.00	750.00 - 800.00	900.00 - 1000.00	800.00 - 800.00
Leeks	340.00 - 350.00	450.00 - 450.00	360.00 - 400.00	360.00 - 400.00	350.00 - 360.00	320.00 - 340.00	260.00 - 280.00	400.00 - 400.00	400.00 - 400.00
Beetroot	560.00 - 600.00	800.00 - 800.00	680.00 - 720.00	750.00 - 800.00	600.00 - 650.00	550.00 - 600.00	550.00 - 600.00	750.00 - 800.00	800.00 - 800.00
Knolkhol	280.00 - 300.00	550.00 - 570.00	520.00 - 550.00	600.00 - 600.00	460.00 - 480.00	-	400.00 - 450.00	550.00 - 600.00	550.00 - 600.00
Raddish	160.00 - 180.00	360.00 - 400.00	320.00 - 340.00	360.00 - 400.00	300.00 - 340.00	-	250.00 - 260.00	260.00 - 360.00	320.00 - 350.00
Cabbage	380.00 - 400.00	520.00 - 600.00	600.00 - 600.00	600.00 - 600.00	500.00 - 550.00	-	400.00 - 450.00	550.00 - 600.00	560.00 - 600.00
Tomato	740.00 - 800.00	1000.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1000.00	860.00 - 900.00	820.00 - 850.00	700.00 - 750.00	1100.00 - 1200.00	900.00 - 1200.00
Ladies Fingers	230.00 - 250.00	450.00 - 480.00	450.00 - 480.00	480.00 - 480.00	320.00 - 340.00	320.00 - 340.00	240.00 - 260.00	400.00 - 480.00	400.00 - 450.00
Brinjal	380.00 - 400.00	600.00 - 600.00	520.00 - 550.00	550.00 - 600.00	500.00 - 550.00	400.00 - 420.00	400.00 - 500.00	550.00 - 600.00	560.00 - 600.00
Capsicum	600.00 - 650.00	1200.00 - 1200.00	1000.00 - 1100.00	1100.00 - 1200.00	900.00 - 900.00	-	760.00 - 800.00	1100.00 - 1200.00	1100.00 - 1200.00
Pumpkin	200.00 - 220.00	320.00 - 360.00	400.00 - 400.00	360.00 - 400.00	260.00 - 280.00	-	220.00 - 240.00	320.00 - 330.00	280.00 - 320.00
Cucumber	100.00 - 110.00	260.00 - 280.00	200.00 - 200.00	280.00 - 280.00	160.00 - 180.00	-	150.00 - 180.00	180.00 - 220.00	180.00 - 240.00
Bitter Gourd	400.00 - 450.00	640.00 - 720.00	700.00 - 720.00	700.00 - 800.00	600.00 - 600.00	400.00 - 400.00	500.00 - 550.00	700.00 - 800.00	640.00 - 680.00
Snake Gourd	280.00 - 300.00	480.00 - 560.00	600.00 - 600.00	600.00 - 600.00	450.00 - 480.00	400.00 - 400.00	450.00 - 480.00	600.00 - 600.00	-
Drumstick	1100.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1200.00	1600.00 - 1600.00	1400.00 - 1400.00	-	1100.00 - 1200.00	1600.00 - 1600.00	1600.00 - 1600.00
Luffa	340.00 - 350.00	550.00 - 560.00	520.00 - 550.00	550.00 - 560.00	520.00 - 550.00	-	400.00 - 450.00	600.00 - 600.00	550.00 - 600.00
Long Beans	280.00 - 300.00	550.00 - 560.00	440.00 - 480.00	550.00 - 560.00	400.00 - 400.00	-	350.00 - 400.00	340.00 - 400.00	400.00 - 450.00
Ash Plantain	120.00 - 140.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	200.00 - 200.00	-	150.00 - 160.00	230.00 - 240.00	220.00 - 240.00
Green Chillies	300.00 - 300.00	800.00 - 800.00	600.00 - 600.00	800.00 - 800.00	500.00 - 600.00	600.00 - 600.00	400.00 - 450.00	600.00 - 600.00	600.00 - 600.00
Lime	400.00 - 400.00	500.00 - 600.00	680.00 - 700.00	760.00 - 800.00	450.00 - 500.00	600.00 - 600.00	400.00 - 400.00	800.00 - 800.00	800.00 - 800.00
<u>Root Crops</u>									
Sweet Potato	240.00 - 280.00	320.00 - 360.00	360.00 - 400.00	400.00 - 400.00	340.00 - 360.00	-	280.00 - 300.00	400.00 - 400.00	320.00 - 340.00
Manioc	150.00 - 160.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	200.00 - 220.00	-	160.00 - 180.00	200.00 - 240.00	200.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 50.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	-	50.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	-	50.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Gotukola	180.00 - 220.00	280.00 - 320.00	230.00 - 240.00	260.00 - 280.00	-	-	220.00 - 240.00	-	260.00 - 280.00
<u>Coconut</u>									
Large	195.00 - 195.00	220.00 - 220.00	210.00 - 220.00	215.00 - 220.00	200.00 - 220.00	200.00 - 200.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00
Small	180.00 - 185.00	195.00 - 200.00	185.00 - 190.00	190.00 - 195.00	190.00 - 195.00	190.00 - 190.00	190.00 - 195.00	195.00 - 200.00	180.00 - 200.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 20: 16 - 22 May 2025

	CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
29	<u>Plantain</u>																											
	Ambul (Rs/Kg)	140.00	-	160.00	160.00	-	180.00	160.00	-	180.00	140.00	-	160.00	150.00	-	160.00	160.00	-	160.00	120.00	-	130.00	130.00	-	160.00	150.00	-	170.00
	Kolikuttu (Rs/Kg)	250.00	-	300.00	300.00	-	300.00	300.00	-	330.00	250.00	-	280.00	330.00	-	330.00	250.00	-	250.00	250.00	-	260.00	280.00	-	300.00	280.00	-	280.00
	Seeni (Rs/Kg)	180.00	-	200.00	200.00	-	200.00	200.00	-	200.00	180.00	-	180.00	200.00	-	200.00	180.00	-	180.00	150.00	-	160.00	150.00	-	160.00	180.00	-	180.00
	Anamalu	38.00	-	43.00	46.00	-	46.00	50.00	-	50.00	60.00	-	70.00	47.00	-	50.00	45.00	-	45.00	33.00	-	36.00	40.00	-	43.00		-	
	Ambun	50.00	-	60.00	64.00	-	64.00	70.00	-	70.00	40.00	-	50.00	66.00	-	70.00	60.00	-	60.00	46.00	-	50.00	56.00	-	60.00		-	
	<u>Pineapple</u>																											
	Large	350.00	-	400.00	470.00	-	470.00	520.00	-	580.00	400.00	-	400.00	450.00	-	450.00	400.00	-	400.00	350.00	-	420.00	520.00	-	520.00	520.00	-	580.00
	Medium	280.00	-	300.00	360.00	-	360.00	400.00	-	450.00	300.00	-	300.00	350.00	-	350.00	300.00	-	300.00	280.00	-	300.00	400.00	-	400.00	400.00	-	450.00
	Small	230.00	-	240.00	280.00	-	280.00	260.00	-	280.00	240.00	-	240.00	280.00	-	280.00	240.00	-	240.00	240.00	-	240.00	320.00	-	320.00	320.00	-	360.00
	<u>Mango</u>																											
	Betti		-			-			-			-			-			-			-			-			-	
	Karthakolomban	250.00	-	270.00		-		340.00	-	340.00	250.00	-	300.00	270.00	-	270.00	270.00	-	270.00		-			-		300.00	-	330.00
	Vilad		-			-			-			-			-			-			-			-			-	
	Kohu		-			-			-			-			-			-			-			-			-	
	<u>Other Fruits</u>																											
	Wood Apple	150.00	-	160.00		-		200.00	-	200.00	200.00	-	200.00		-		160.00	-	160.00		-		200.00	-	200.00	180.00	-	180.00
	Orange	110.00	-	120.00	120.00	-	120.00	140.00	-	160.00	120.00	-	160.00	120.00	-	120.00	120.00	-	120.00		-		100.00	-	100.00	140.00	-	140.00
	Avocado	230.00	-	230.00	270.00	-	270.00	250.00	-	270.00	250.00	-	300.00	250.00	-	270.00		-			-			-			-	
	Slime Apple	40.00	-	50.00	100.00	-	100.00	130.00	-	130.00	120.00	-	120.00	90.00	-	90.00	40.00	-	40.00	100.00	-	100.00	100.00	-	100.00	80.00	-	80.00
	Grapes (Rs/Kg)	2300.00	-	2300.00	2600.00	-	2600.00	2500.00	-	2800.00	2500.00	-	2800.00	2700.00	-	2700.00		-		2000.00	-	2000.00	2500.00	-	2600.00	2200.00	-	2400.00
	Papaw (Rs/Kg)	120.00	-	140.00	220.00	-	220.00	200.00	-	220.00	200.00	-	200.00	200.00	-	200.00	140.00	-	140.00	150.00	-	180.00	120.00	-	150.00	200.00	-	200.00
	Passion	40.00	-	50.00	60.00	-	60.00	70.00	-	80.00	70.00	-	70.00	60.00	-	65.00	50.00	-	50.00	60.00	-	60.00	48.00	-	48.00	80.00	-	80.00
	King Coconut	170.00	-	180.00	200.00	-	200.00	200.00	-	250.00	200.00	-	200.00	180.00	-	200.00	240.00	-	240.00	180.00	-	180.00	180.00	-	200.00	160.00	-	160.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 20: 16 - 22 May 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	500.00 - 600.00	700.00 - 700.00	600.00 - 700.00	700.00 - 700.00	600.00 - 600.00	720.00 - 720.00	520.00 - 600.00	560.00 - 600.00	540.00 - 600.00
Hurulla	1300.00 - 1300.00	-	-	-	-	-	-	-	-
Balaya	1300.00 - 1350.00	-	-	-	-	-	-	-	-
Kelawalla	1800.00 - 1900.00	3000.00 - 3100.00	2400.00 - 2800.00	2800.00 - 3000.00	2940.00 - 2940.00	2400.00 - 2400.00	2600.00 - 2800.00	2400.00 - 2400.00	2400.00 - 2600.00
Thora	2300.00 - 2500.00	3600.00 - 3600.00	4000.00 - 4000.00	3400.00 - 3600.00	5000.00 - 5000.00	3000.00 - 3000.00	-	3600.00 - 3600.00	3600.00 - 3600.00
Paraw	1400.00 - 1600.00	-	1600.00 - 2200.00	-	2760.00 - 2760.00	-	-	2400.00 - 2400.00	-
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00 - 2100.00	2600.00 - 2600.00	2600.00 - 2600.00	2400.00 - 2600.00	2000.00 - 2000.00	2200.00 - 2200.00	2000.00 - 2000.00	2400.00 - 2400.00	2000.00 - 2200.00
Talapath	2100.00 - 2300.00	3000.00 - 3000.00	3000.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	3000.00 - 3000.00	2800.00 - 3000.00	3000.00 - 3000.00	2800.00 - 3000.00
<u>Eggs (Rs/egg)</u>									
Brown	27.00 - 28.00	32.00 - 32.00	32.00 - 33.00	32.00 - 33.00	30.00 - 30.00	28.00 - 28.00	27.00 - 27.00	28.00 - 28.00	28.00 - 28.00
White	26.00 - 27.00	30.00 - 31.00	31.00 - 31.00	30.00 - 31.00	28.00 - 28.00	26.00 - 27.00	25.00 - 26.00	26.00 - 26.00	26.00 - 26.00
<u>Dried Fish</u>									
Sprats	-	1600.00 - 2000.00	-	-	1600.00 - 1600.00	-	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00
Kattawa	2200.00 - 2400.00	2200.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00 - 2400.00	2400.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2600.00	2600.00 - 2600.00	2600.00 - 2600.00
Balaya	1400.00 - 1400.00	1800.00 - 1900.00	1800.00 - 1800.00	1800.00 - 1800.00	1800.00 - 2000.00	2000.00 - 2000.00	1800.00 - 2000.00	1800.00 - 1800.00	1800.00 - 1800.00
Anguluwa	2200.00 - 2200.00	2200.00 - 2400.00	2400.00 - 2400.00	-	2400.00 - 2400.00	2200.00 - 2200.00	-	-	2200.00 - 2400.00
Salaya	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	2600.00 - 2600.00	2700.00 - 2700.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	-	2600.00 - 2600.00	2700.00 - 2700.00	2800.00 - 2800.00
Chicken (Broiler)	1120.00 - 1120.00	1230.00 - 1230.00	1220.00 - 1220.00	1180.00 - 1180.00	1180.00 - 1180.00	1150.00 - 1150.00	1100.00 - 1100.00	1180.00 - 1200.00	1200.00 - 1200.00
Chicken (Curry)	1000.00 - 1000.00	1100.00 - 1100.00	1220.00 - 1220.00	1280.00 - 1280.00	1000.00 - 1000.00	900.00 - 900.00	950.00 - 950.00	1200.00 - 1200.00	1200.00 - 1200.00
Mutton	3600.00 - 3600.00	3700.00 - 3700.00	3800.00 - 3800.00	3900.00 - 3900.00	3600.00 - 3600.00	3700.00 - 3700.00	3400.00 - 3400.00	3700.00 - 3700.00	3800.00 - 3800.00
Pork	1600.00 - 1600.00	2200.00 - 2200.00	-	1900.00 - 1900.00	-	-	-	1700.00 - 1700.00	-

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

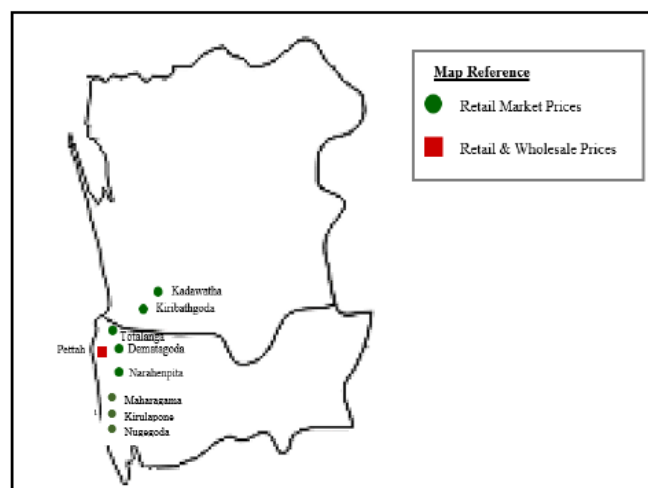
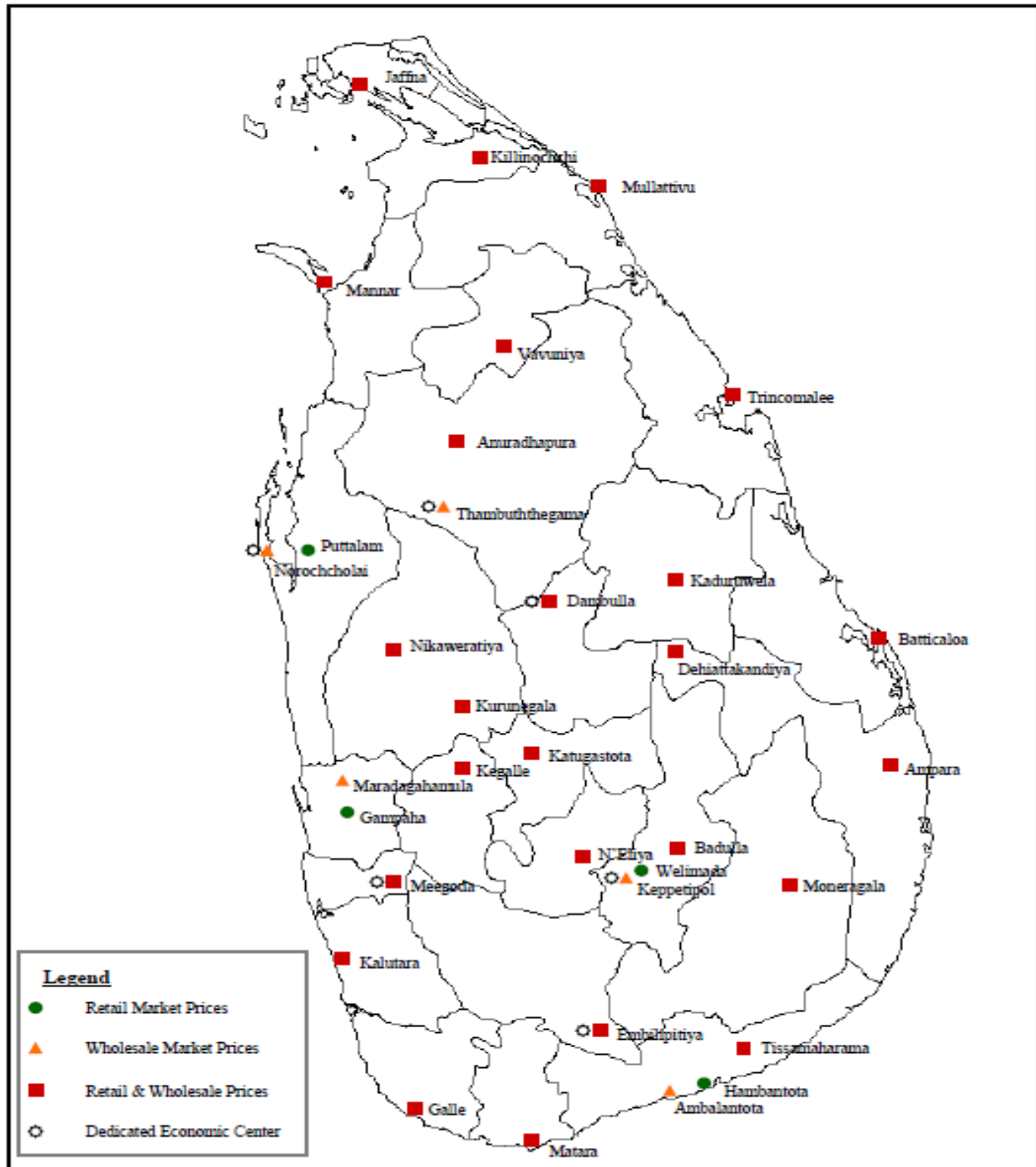
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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