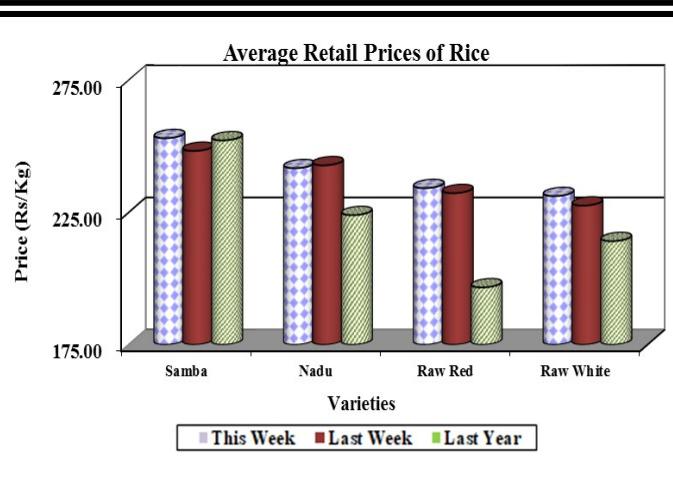


RETAIL MARKET AT A GLANCE**Summary****Rice**

Retail prices of all local rice varieties except nadu have increased with the highest price increase of Rs.6.00/kg was recorded for keeri samba. However, compared to the same period of last year, the prices of keeri samba have decreased by 19%.

(Page No.01)

**Other Field Crops**

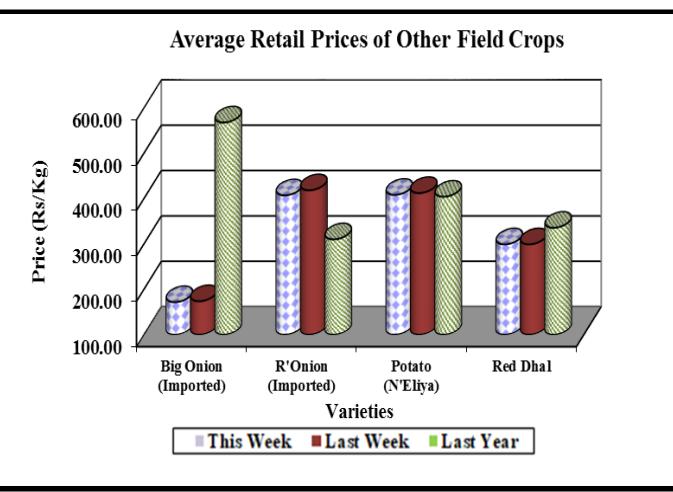
The Prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.20.00/kg and Rs.4.00/kg due to availability of sufficient stocks and price ranged between Rs.340.00-480.00/kg and price of imported potato has increased by Rs.10.00/kg.

(Page No.02-04)

Vegetables

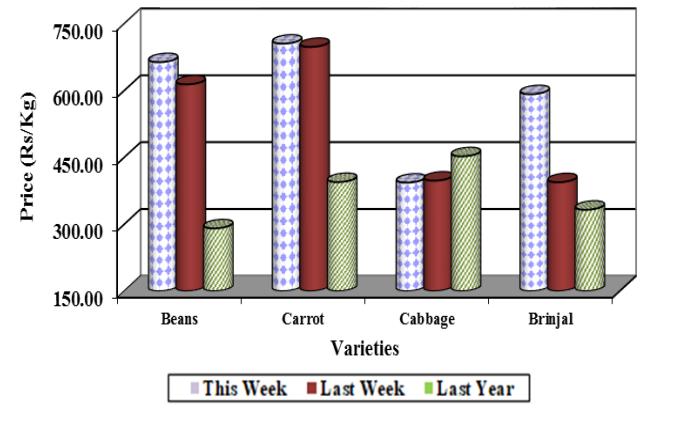
Retail prices of most vegetable varieties have increased in line with the upward wholesale trend. In up-country vegetables, the highest price increase was reported for beetroot. Also, with the high demand due to the festive season, these prices are expected to increase further in the coming week.

(Page No.04-05)

**Fruits**

Retail prices of most of the fruit varieties have decreased with the highest price decrease was reported for all sized pineapples.

(Page No.05-06)

Average Retail Prices of Vegetables**Fish**

Prices of most of the fish varieties have increased and the highest price increase was recorded for balaya. Compared to the same period of last year, the prices of most of the fish varieties have increased and the highest price increase was recorded for balaya.

(Page No.06-07)

Rice

Wholesale

prices of all local rice varieties have not changed significantly and average price of keeri samba and raw white were Rs.270.00/kg and Rs.221.00/kg respectively

imported rice varieties was also available at the market, with the following average prices

- Imported ponni samba - Rs.233.00/kg
- Imported nadu - Rs.218.00/kg
- Imported raw white - Rs.208.00/kg

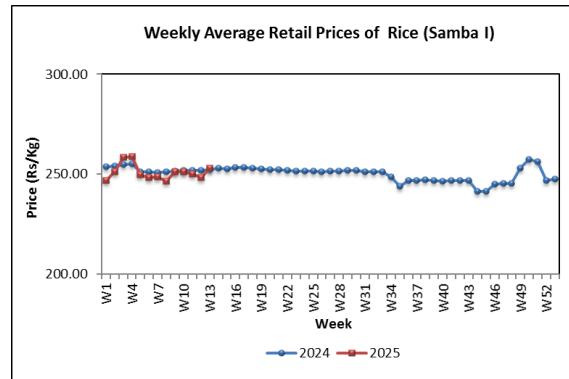
Compared to same period of last year, most of the rice prices have increases, with the highest price of 26% for raw red. Prices of keeri samba and imported ponni samba have decreased by 15% and 7%.

Retail

The retail prices of all types of rice varieties except for nadu grade I have increased. Among those, a highest price increased of Rs.6.00/kg was recorded for keeri samba. The retail price of nadu grade I has decreased by around Rs.1.00/kg.

Compared to the same period of last year, the highest price increase of 19% was recorded for local raw red and the highest

price decreased of 19% was recorded for keeri samba.



Paddy

The average farmgate prices of major paddy varieties except keeri samba have not changed considerably in most of the major producing areas. Accordingly, the farmgate price of keeri samba paddy has increased by Rs.12.00-18.00/kg in Anuradhapura, Polonnaruwa and Kalawewa areas while has decreased by Rs.7.00/kg and Rs.12.00/kg in Kurunegala and Dehiattakandiya areas respectively. Its prices have ranged Rs.125.00-145.00/kg. However, the average farmgate price of short grain paddy has increased slightly by Rs.1.00/kg in Kalawewa while has decreased by Rs.2.00/kg in Dehiattakandiya and Ampara areas. It was reported Rs.117.00-135.00/kg price range for short grain (samba) paddy in major producing areas. The farmgate price of long grain (white) paddy has not changed considerably and reported Rs.115.00-125.00/kg price range. Further, the price

decrease of Rs.5.00/kg was reported for long grain red paddy in Embilipitiya area while reported price ranged of Rs.120.00-130.00/kg in major producing areas of Southern province.

Compared to the same period of last year, the average farmgate price of all the major paddy varieties have increased and the highest for long grain red paddy.

Dried Chilies

Wholesale

The price of imported dried chilies has decreased by 3% and price ranged Rs.550.00-650.00/kg.

Compared to same period of last year, current whole sale price of imported dried chilies has decreased by 25%.

Retail

The retail price of imported dried chilies has increased by Rs.15.00/kg and price ranged Rs.700.00-950.00 /kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 24%.

Onion

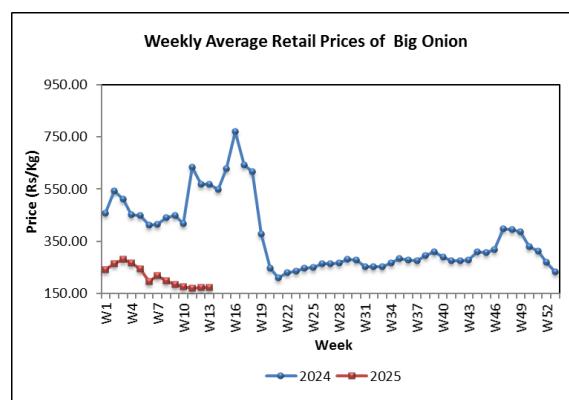
Wholesale

Prices of sinnan and vedalan red onion have not changed significantly and price ranged Rs.100.00-200.00/kg, Rs.200.00-320.00/kg. Prices of imported red onion and imported big onion also have not changed significantly and price ranged Rs.250.00-270.00/kg and Rs.70.00-135.00/kg respectively.

Compared to same period of last year, current whole sale price of vedalan and imported red onion have increased by 16% and 22% while imported big onion has decreased by 77%.

Retail

The retail price of imported red onion has decreased by Rs.11.00/kg. The retail price of vedalan red onion has increased by Rs.19.00/kg and retail price of imported big onion has decreased by Rs.2.00/kg.



Compared to the same period of last year, the current retail prices of imported big

onion and vedalan red onion have decreased by 70% and 4% respectively. The retail price of imported red onion has increased by 31%.

Potato

Wholesale

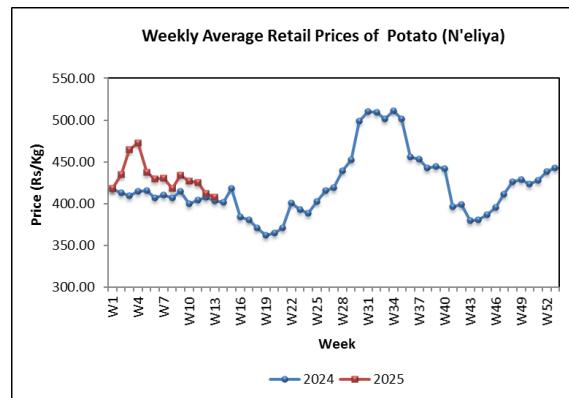
The Price of Welimada and Nuwara Eliya potatoes have decreased by 7% and 9% due to availability of sufficient stocks and price ranged Rs.220.00-250.00/kg, Rs.240.00-270.00/kg price of imported potato has not changed significantly and price ranged Rs.130.00-180.00/kg.

Compared to same period of last year, current wholesale price of all potato varieties have decreased in the range of 5%-7%.

Retail

The retail prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.20.00/kg and Rs.4.00/kg respectively. The retail price of imported potato has increased by Rs.10.00/kg.

Compared to the same period of last year, the current retail price of all types of potatoes have increased with the highest price increase of 2% was recorded for imported potato.



Pulses

Wholesale

Price of Green gram has increased by 6% due to unavailability of sufficient stocks and price ranged Rs.650.00-850.00/kg. Price of white Cowpea has increased by 3% and price ranged Rs.600.00-700.00/kg. Prices of red cowpea and Red dhal have not increased significantly and average prices were Rs.500.00/kg and Rs.261.00/kg.

Compared to same period of last year, current whole sale prices of all pulses varieties have decreased in the range of 9%-42% respectively.

Retail

In line with increased wholesale prices, the retail prices of all types of pulses have increased. Among those, a notable price increase of Rs.82.00/kg was recorded for green gram.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased. Among those, a highest price reduction of 37% was recorded for green gram.

Vegetable Wholesale

Prices of most of upcountry vegetables have increased due to decrease supply while prices of most low country vegetables have decreased due to increase supply from major producing areas.

Most of the upcountry vegetable prices are increased, specifically, beetroot reported the highest as 42% with decreased supply from Jaffna area, following prices of carrot, green beans and knol-khol have increased in the range of 5% -17%. However, price of leeks, raddish and cabbage have decreased in the range of 3% -8%. Further, price of tomato has increased by 18% with decreased supply from Sooriyawewa, Balangoda and Kandy areas and price of capsicum has increased by 4% with decreased supply from Jaffna.

Considering low-country vegetables, most of the vegetable varieties experienced price decrease. Particularly, price of cucumber has decreased by 18% with availability of

excess stocks, following prices of long beans has decreased by 11% with increased supply from Embilipitiya area. Prices of snake gourd, ash plantain, luffa and ladies fingers have decreased in the range of 1% -8%. However, price of brinjal has increased by 60% with decreased supply from major producing areas and price of pumpkin, bitter gourd and ash plantain have increased in the range of 10%-18%. In addition, price of green chilies has increased by 3% while price of lime has increased by 8%.

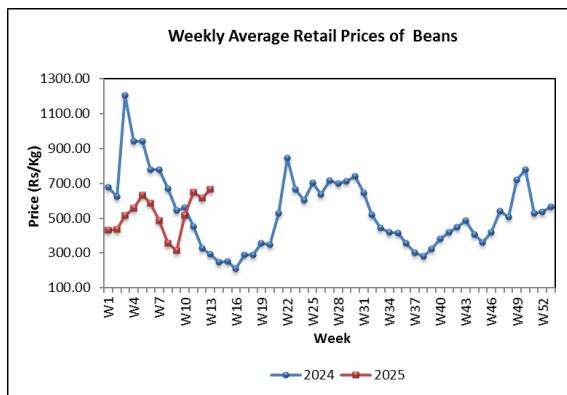
Compared to the previous year, most vegetable prices have increased, with ladies fingers reported the highest as 358%.

Retail

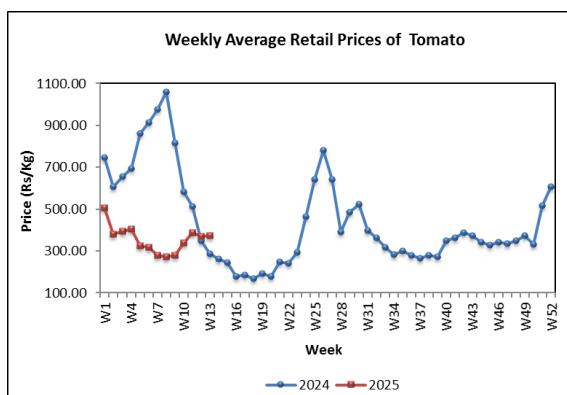
Retail prices of most vegetable varieties increased in line with the upward wholesale trend. In up-country vegetables, the highest price increase was reported for beetroot at Rs.91.00/kg, followed by beans at Rs.50.00 /kg.

Considering the low-country vegetable varieties, brinjal prices showed a significant price increase of around Rs.198.00/kg. Bitter gourd prices showed a significant price increase of Rs.34.00 /kg. Capsicum prices decreased by Rs.34.00/kg compared to the previous week. Lime

prices increased by Rs. 65.00 /kg. Green Chilies (Rs.130.00 /kg) showed a price decrease compared to last week but an 77% price increase compared to last year.



Compared to the same period last year, prices of most of the varieties have increased, while a notable price increment was reported for beans at 128 %.



Coconut Wholesale

Prices of both large and small nuts have increased by 4%. Price ranges were Rs.180.00-200.00 for a large nut and Rs.160.00-170.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 90% and 101% respectively.

Retail

Prices of large and small nuts showed a price increment of Rs.2.00/nut. Price ranges were Rs.185.00-240. .00 for a large nut and Rs. 165.00-190.00 for a small nut.

Compared to the same period last year, prices of large nuts (77%) and small nuts (91%) have increased.

Fruits

Wholesale

Wholesale prices of many fruits have fallen due to low demand and abundant supply. The highest price decrease was recorded for avocado, at 16%. With the start of the harvest season, price for vilad mango had decreased by 13% due to abundant supply. kolikuttu and passion fruit prices decreased by 11% and 10% respectively due to abundant stocks. However, due to increased demand, prices for wood apple increased by 13%.

Wholesale prices for the most of fruits have decreased compared to last year, 58% decrease was recorded for vilad mango.

Retail

In line with the decreased wholesale prices, retail prices of most of the fruits have also decreased. The highest price decrease in the range of Rs.62.00-78.00/kg was reported for all sized pineapples. Further, price of papaw and avocado have decreased by Rs.32.00/kg and Rs. 32.00/fruit respectively. However, the price of imported grapes has increased by Rs.94.00/kg.

Compared to the same period of last year, current prices of most of the fruits have decreased and the highest price decrease of 45% was reported for passion fruit.

Fresh Fish

Wholesale

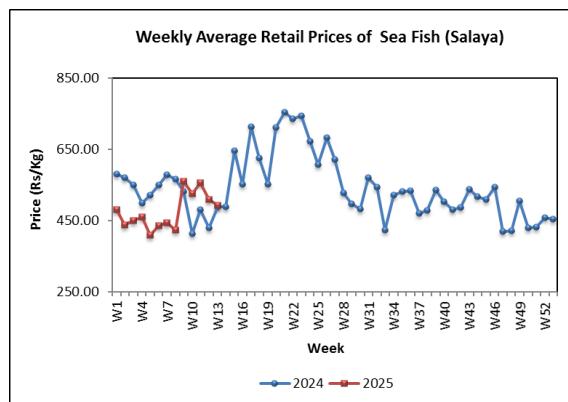
Wholesale prices of most of the fresh fish types have increased due to decreased supply. The highest price increase of 16% was noted for paraw due to low supply from Northern areas. A price increase of 10% was noted for thalaphath due to low supply from Negombo, Beruwala and Trincomalee areas. The prices of mora, kelawalla, balaya and hurulla have increased by 3%-9%. However, A price decrease of 22% was noted for salaya due to high supply from Chilaw, Trincomalee, Mannar and Mullaithivu areas. Likewise,

A price decrease of 11% was noted for shrimps due to high supply from Kalpitiya, Puttalam and Chilaw areas.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased with the highest price increase of 68% was noted for balaya.

Retail

The prices of other fish varieties except salaya, Thora and shrimps have increased and the highest price increase was recorded for balaya by Rs.123.00/kg. The second highest price increase was recorded for kelawalla by Rs.113.00/kg. The highest price decrease was recorded for thora by Rs.91.00/kg. The second highest price decrease was recorded for shrimps by Rs.53.00/kg.



Compared to the same period of last year, the prices of other fish varieties except thora and shrimps have increased and the

highest price increase was recorded for balaya by 37%.

Dried Fish

Wholesale

Prices of most of the dried fish types have increased due to decrease of local dried fish supply. The highest price increase of 28% was noted for local balaya due to low supply from Negombo and Beruwala areas. A price increase of 8% was noted for local salaya due to low supply from Trincomalee, Chilaw and Puttalam areas. Prices of other dried fish varieties have not changed significantly.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have increased and the highest price increase of 105% was noted for local salaya.

Retail

The prices of other dry fish varieties except mora and aguluwa have increased and the highest price increase was recorded for salaya by Rs.105.00/kg. Price increase of balaya and local sprats have recorded as Rs.17.00/kg and Rs.15.00/kg respectively. Price decrease of mora and aguluwa have recorded as Rs.38.00/kg and Rs.11.00/kg respectively.

Compared to the same period of last year, the highest price decrease was recorded for imported sprats by 13%. The highest price increase was recorded for salaya by 53%.

Eggs

Wholesale

Prices of both brown and white eggs have increased by 1% and their prices ranged Rs. 26.00-33.00/egg and Rs.24.00-30.00/egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 38% and 41% respectively.

Retail

The prices of both brown and white egg types have increased and the price range of a white egg has recorded as Rs.28.00-Rs.36.00 and the price range of a brown egg has recorded as Rs.29.00-Rs.38.00. The average price of the white and brown egg types has recorded as Rs.31.00 and Rs.32.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 32%- 34%.

Meat

Retail

The prices of all meat types have increased and the highest price increase was recorded for beef by Rs.63.00/kg. Price increase of broiler and curry chicken have recorded as Rs.17.00/kg and Rs.23.00/kg respectively. Price increase of mutton and pork have recorded as Rs33.00/kg and Rs.33.00/kg respectively.

Compared to the same period of last year, other meat types except broiler and curry chicken have increased and the highest price increase was recorded for pork and beef by 17%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
09	Colombo	12000 –	12250	11750 –	11900	13000 –	14000	11250 –	11500	11000 –	11100	10750 –	11000	10900 –	11250
	Divulapitiya	11900 –	12250	11750 –	11850	13500 –	13700	11350 –	11500	10900 –	11000	10900 –	10900	10500 –	10800
	Kurunegala	12000 –	12000	–	–	13700 –	13700	11250 –	11250	–	–	–	–	10750 –	10800
	Nikaweratiya	11850 –	11900	11750 –	11750	12850 –	12900	11350 –	11400	–	–	–	–	10500 –	10850
	Badulla	12000 –	12250	–	–	13750 –	15000	11400 –	11400	–	–	10750 –	10750	10750 –	10800
	Puttalam	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Dambulla	–	–	11500 –	11700	12900 –	13000	11300 –	11350	11100 –	11150	11000 –	11000	10750 –	10800
	Anuradhapura	11850 –	12000	–	–	13250 –	14000	11300 –	11400	–	–	10900 –	11250	10350 –	10750
	Tambuttegama	11900 –	11900	11750 –	11800	13000 –	13000	11250 –	11400	–	–	10750 –	10900	10600 –	10750
	Polonnaruwa	11900 –	11900	–	–	12850 –	12850	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	12000 –	12500	–	–	13000 –	15000	11250 –	11500	–	–	10750 –	10850	10750 –	10850
	Ampara	12000 –	12000	–	–	13000 –	13000	11500 –	11500	–	–	10650 –	10750	10500 –	10750
	Kandy	12000 –	12250	–	–	13750 –	14000	11250 –	11350	11000 –	11100	10700 –	10800	10850 –	11000
	Moneragala	–	–	–	–	–	–	11250 –	11350	–	–	10250 –	10500	10250 –	10500
	Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Dehiattakandiyā	–	–	–	–	13500 –	14500	11350 –	11350	–	–	–	–	10850 –	10850
	Hambantota	–	–	11500 –	11700	13250 –	14500	11250 –	11250	11000 –	11000	10250 –	10500	10750 –	10750
	Matara	–	–	–	–	–	–	–	–	11200 –	11200	10250 –	10400	10400 –	10500
	Galle	–	–	–	–	–	–	–	–	–	–	10400 –	10850	10400 –	10750
	Meegoda	11850 –	11900	11750 –	11800	12900 –	13000	–	–	11000 –	11200	10600 –	10700	10500 –	10800
	Tissamaharama	11900 –	11900	11750 –	11800	12900 –	13000	11250 –	11350	–	–	10500 –	10600	10600 –	10750
	Embilipitiya	11800 –	11850	–	–	13000 –	13000	–	–	11000 –	11000	10250 –	10350	10700 –	10800
	Jaffna	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Vavuniya	11900 –	11900	11750 –	11800	13200 –	13400	11700 –	11800	–	–	10850 –	11000	11000 –	11200
	Mannar	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Killinochchi	11900 –	12100	–	–	13500 –	13750	11300 –	11400	–	–	11000 –	11200	11000 –	11200
	Mullattivu	12000 –	12100	–	–	13500 –	14100	11500 –	11600	–	–	11000 –	11250	–	–
	Batticaloa	11900 –	11900	11750 –	11750	12750 –	12900	11250 –	11400	–	–	10900 –	11000	10900 –	11000
	Trincomalee	–	–	11700 –	11800	12800 –	13000	11450 –	11600	–	–	11200 –	11300	–	–
	Galenbindunuwew	–	–	11650 –	11750	12850 –	13000	11250 –	11350	–	–	10850 –	10900	10850 –	10950
	Matale	–	–	–	–	14000 –	14500	11250 –	11400	11050 –	11150	10750 –	10900	10750 –	10800

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	240.00	–	260.00	–	280.00	–	340.00	230.00	–	250.00	–	220.00	–	250.00
	Gampaha	240.00	–	245.00	–	–	–	–	230.00	–	230.00	–	220.00	–	220.00
	Kurunegala	245.00	–	245.00	–	290.00	–	290.00	230.00	–	230.00	–	–	–	220.00
	Nikaweratiya	238.00	–	240.00	–	260.00	–	260.00	230.00	–	230.00	220.00	–	–	210.00
	Dambulla	240.00	–	250.00	235.00	–	240.00	260.00	–	270.00	228.00	–	230.00	224.00	–
	Anuradhapura	240.00	–	245.00	–	270.00	–	320.00	230.00	–	230.00	–	220.00	–	230.00
	Thambuththegama	240.00	–	245.00	–	270.00	–	320.00	230.00	–	232.00	–	220.00	–	220.00
	Polonnaruwa	240.00	–	240.00	–	260.00	–	260.00	230.00	–	230.00	226.00	–	220.00	–
	Kaluthara	240.00	–	260.00	–	260.00	–	310.00	230.00	–	235.00	–	220.00	–	220.00
	Badulla	245.00	–	250.00	–	285.00	–	310.00	–	–	230.00	–	220.00	–	220.00
	Keppetipola	250.00	–	255.00	–	300.00	–	310.00	–	–	230.00	–	218.00	–	220.00
	Moneragala	–	–	–	–	290.00	–	320.00	–	–	230.00	–	210.00	–	220.00
	Kegalle	260.00	–	260.00	240.00	–	240.00	260.00	–	325.00	230.00	–	220.00	–	240.00
	Ampara	240.00	–	240.00	–	260.00	–	260.00	230.00	–	230.00	–	218.00	–	220.00
	Dehiattakandiya	260.00	–	260.00	–	280.00	–	300.00	230.00	–	230.00	–	–	–	220.00
	Nuwaraeliya	255.00	–	260.00	–	300.00	–	320.00	230.00	–	235.00	–	217.00	–	220.00
	Kandy	245.00	–	250.00	–	285.00	–	290.00	230.00	–	240.00	225.00	–	228.00	220.00
	Puttalam	250.00	–	260.00	240.00	–	240.00	300.00	–	320.00	230.00	–	225.00	–	230.00
	Hambantota	240.00	–	240.00	–	270.00	–	320.00	230.00	–	230.00	–	210.00	–	215.00
	Rathnapura	255.00	–	260.00	–	310.00	–	320.00	240.00	–	250.00	–	218.00	–	222.00
	Matara	240.00	–	240.00	–	290.00	–	310.00	240.00	–	245.00	–	210.00	–	215.00
	Galle	–	–	–	–	300.00	–	340.00	240.00	–	240.00	230.00	–	220.00	–
	Tissamaharama	238.00	–	240.00	–	265.00	–	270.00	229.00	–	230.00	–	210.00	–	215.00
	Meegoda (DEC)	240.00	–	245.00	–	260.00	–	280.00	230.00	–	230.00	225.00	–	218.00	–
	Embilipitiya	240.00	–	240.00	–	260.00	–	260.00	229.00	–	230.00	–	210.00	–	220.00
	Jaffna	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Vavuniya	242.00	–	245.00	–	270.00	–	275.00	240.00	–	245.00	–	225.00	–	228.00
	Mannar	–	–	–	–	–	–	–	–	–	–	–	–	–	–
	Killinochchi	245.00	–	250.00	–	280.00	–	290.00	230.00	–	235.00	–	225.00	–	230.00
	Mullaitivu	243.00	–	246.00	–	275.00	–	283.00	233.00	–	235.00	–	225.00	–	230.00
	Batticaloa	240.00	–	243.00	–	260.00	–	265.00	230.00	–	230.00	–	220.00	–	223.00
	Trincomalee	244.00	–	246.00	–	266.00	–	270.00	238.00	–	242.00	–	234.00	–	236.00
	Hanguranketha	240.00	–	240.00	–	260.00	–	275.00	230.00	–	230.00	227.00	–	220.00	–
	Veyangoda	240.00	–	240.00	–	260.00	–	260.00	230.00	–	230.00	–	220.00	–	220.00
	Galenbindunuwewa	240.00	–	245.00	–	260.00	–	265.00	230.00	–	233.00	–	220.00	–	220.00
	Bandarawela	255.00	–	260.00	–	300.00	–	310.00	230.00	–	235.00	–	217.00	–	220.00
	Matale	–	–	–	–	295.00	–	300.00	229.00	–	230.00	224.00	–	225.00	218.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATION	Dried Chillies	Red Onion				Big Onion	Potato						Pulses								
	Imported	Imported		Local			Imported	Welimada		Nuwara Eliya		Green Gram	Cowpea		Red Dhal						
	Imported	Imported	Local	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	Imported	Local	Imported	Local					
Colombo	27500 - 32500	12500 - 13500	10000 - 16000	3500 - 6750	6500 - 9000	11000 - 12500	12000 - 13500	32500 - 42500	30000 - 35000	12750 - 13250	11	30000 - 32000	16500 - 17000	7000 - 7500	7750 - 8250	-	14500 - 15000	29750 - 31750	36000 - 36500	13250 - 13500	
Kurunegala	30000 - 32000	16500 - 17000	-	7000 - 7500	7750 - 8250	-	14500 - 15000	37000 - 38500	37500 - 39500	12900 - 13500	29250 - 31000	14500 - 15000	-	6750 - 7500	8000 - 8500	-	-	-	-		
Nikaweratiya	29250 - 31000	14500 - 15000	-	5000 - 9000	7500 - 8500	-	15000 - 19000	32500 - 39000	30000 - 36000	12750 - 14000	27500 - 35000	14000 - 15000	-	4500 - 7000	7250 - 7500	-	12000 - 12500	32500 - 34000	30000 - 32500	12750 - 13000	
Dehiattakandiya	27500 - 35000	14000 - 15000	-	5000 - 7500	8000 - 9000	-	14000 - 15000	35000 - 40000	32500 - 40000	13250 - 13500	30000 - 31500	15000 - 17500	-	5000 - 7500	8000 - 9000	-	12000 - 12500	35000 - 40000	32500 - 40000	13250 - 13500	
Dambulla (DEC)	30000 - 31500	11500 - 12500	12000 - 12500	4500 - 7000	7250 - 7500	-	12000 - 12500	32500 - 34000	30000 - 32500	12750 - 13000	32500 - 36250	15000 - 17500	-	4000 - 7000	7250 - 7500	-	11500 - 12000	32500 - 34000	30000 - 32500	12750 - 13000	
Anuradhapura	32500 - 36250	15000 - 17500	-	5000 - 7500	8000 - 9000	-	14000 - 15000	35000 - 40000	32500 - 40000	13250 - 13500	30000 - 31500	11000 - 12500	-	5000 - 7500	7250 - 8250	-	-	42500 - 42500	32500 - 32500	13000 - 13300	
Thambuththegama	30000 - 31500	-	11000 - 12500	7000 - 7500	7250 - 8250	-	-	42500 - 42500	32500 - 32500	13000 - 13300	32500 - 34500	-	17250 - 18250	8750 - 9250	-	15250 - 18250	33500 - 35500	33500 - 35500	14000 - 14500		
Polonnaruwa	32500 - 34500	-	17250 - 18250	7250 - 8250	8750 - 9250	-	15250 - 18250	36750 - 37250	36250 - 36750	13250 - 13500	34000 - 35000	17000 - 19000	-	8000 - 9000	8750 - 9000	-	16000 - 20000	36750 - 37250	36250 - 36750	13250 - 13500	
Kaluthara	34000 - 35000	17000 - 19000	-	8000 - 9000	8750 - 9000	-	16000 - 20000	36750 - 37250	36250 - 36750	13250 - 13500	34000 - 35000	10000 - 12500	-	-	-	-	-	-	-		
Puttalam	-	-	10000 - 12500	-	-	-	-	-	-	-	30000 - 32000	11000 - 12000	-	5000 - 7250	7750 - 8250	11500 - 12000	13000 - 13500	35000 - 40000	34000 - 35000	13000 - 13250	
Kandy	30000 - 32000	11000 - 12000	13000 - 14000	5000 - 7250	7750 - 8250	11500 - 12000	13000 - 13500	35000 - 40000	34000 - 35000	13000 - 13250	32500 - 35000	14500 - 15500	17500 - 18500	6000 - 7500	8500 - 9000	-	16000 - 16500	34000 - 37500	34000 - 37500	13500 - 14000	
Matara	32500 - 35000	14500 - 15500	17500 - 18500	6000 - 7500	8000 - 9000	-	17500 - 17500	36500 - 37500	35000 - 36000	13250 - 13500	29500 - 32000	12500 - 16000	-	6500 - 7500	8000 - 9000	-	17500 - 17500	36500 - 37500	35000 - 36000	13250 - 13500	
Hambantota	29500 - 32000	12500 - 16000	-	6500 - 7500	8000 - 9000	-	14000 - 14500	37500 - 38200	34500 - 35000	13000 - 13500	34500 - 35000	13000 - 13400	-	6850 - 7000	7500 - 7750	-	14000 - 14500	37500 - 38200	34500 - 35000	13000 - 13500	
Kegalle	34500 - 35000	13000 - 13400	-	6850 - 7000	7500 - 7750	-	14000 - 14500	31000 - 40000	30000 - 35000	12750 - 14000	30000 - 32500	15000 - 18000	-	4500 - 8000	7000 - 8000	-	14000 - 16500	31000 - 40000	30000 - 35000	12750 - 14000	
Galle	30000 - 32500	15000 - 18000	14000 - 16000	4500 - 8000	7000 - 8000	-	14000 - 16500	31000 - 40000	30000 - 35000	12750 - 14000	31000 - 34000	12000 - 14000	-	5000 - 7000	6500 - 7000	-	13500 - 14000	30000 - 32500	27500 - 30000	13250 - 13750	
Tissamaharama	31000 - 34000	12000 - 14000	12000 - 12500	5000 - 7000	6500 - 7000	-	13500 - 14000	30000 - 32500	27500 - 30000	13250 - 13750	29250 - 31500	13000 - 13500	-	6250 - 7000	7500 - 8000	13000 - 13500	14000 - 15000	37000 - 38500	35000 - 37000	12650 - 13400	
Meegoda (DEC)	29250 - 31500	13000 - 13500	13000 - 15000	6250 - 7000	7500 - 8000	13000 - 13500	14000 - 15000	37000 - 38500	35000 - 37000	12650 - 13400	Jaffna	-	-	-	-	-	-	-	-	-	
Vavuniya	37500 - 39500	-	-	7500 - 8000	8500 - 9000	-	-	37500 - 38000	-	14000 - 14250	Mannar	-	-	-	-	-	-	-	-	-	
Killinochchi	30000 - 32000	-	-	-	-	7000 - 8000	9250 - 9500	-	-	37000 - 39000	Mullattivu	-	-	-	-	-	-	-	-	-	
Batticaloa	35000 - 37500	-	11000 - 13000	7500 - 8500	8000 - 8500	-	-	30000 - 31500	-	14200 - 14500	Trincomalee	29500 - 31000	11250 - 11400	13000 - 13250	6200 - 6300	8200 - 8300	-	29500 - 30000	38700 - 38800	38700 - 38800	13700 - 13850
Galenbindunuwewa	34000 - 37500	-	15000 - 17000	7500 - 8500	8000 - 8500	-	-	33000 - 37000	32500 - 35000	13500 - 13750	Matale	31000 - 32500	12000 - 13000	14000 - 15000	7250 - 7750	7500 - 8500	-	34000 - 35000	35000 - 37500	35000 - 37500	13500 - 13750

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Dried Chillies	Red Onion			Big Onion	Potato			Pulses		
	Imported	Imported	Local	Imported		Imported	Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
	Imported	Imported	Local	Imported		Imported	Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	700.00 – 950.00	320.00 – 480.00	350.00 – 400.00	140.00 – 200.00	180.00 – 260.00	340.00 – 350.00	360.00 – 480.00	700.00 – 1000.00	700.00 – 1000.00	280.00 – 340.00	
Gampaha	650.00 – 900.00	480.00 – 520.00	–	180.00 – 220.00	200.00 – 220.00	–	400.00 – 420.00	880.00 – 1000.00	860.00 – 1000.00	280.00 – 300.00	
Kurunegala	750.00 – 800.00	400.00 – 460.00	–	170.00 – 190.00	200.00 – 200.00	–	380.00 – 400.00	800.00 – 850.00	830.00 – 850.00	280.00 – 300.00	
Nikaweratiya	650.00 – 750.00	320.00 – 380.00	–	150.00 – 190.00	175.00 – 200.00	–	–	750.00 – 850.00	780.00 – 800.00	270.00 – 290.00	
Dambulla	800.00 – 850.00	380.00 – 420.00	400.00 – 420.00	150.00 – 180.00	180.00 – 200.00	–	–	800.00 – 850.00	800.00 – 850.00	280.00 – 290.00	
Anuradhapura	700.00 – 800.00	360.00 – 400.00	–	140.00 – 180.00	190.00 – 220.00	–	360.00 – 400.00	750.00 – 900.00	700.00 – 900.00	280.00 – 300.00	
Thambuththegama	680.00 – 750.00	300.00 – 350.00	–	160.00 – 200.00	180.00 – 210.00	–	–	900.00 – 950.00	750.00 – 780.00	280.00 – 290.00	
Polonnaruwa	740.00 – 780.00	–	360.00 – 400.00	160.00 – 200.00	190.00 – 220.00	320.00 – 350.00	380.00 – 380.00	760.00 – 800.00	760.00 – 800.00	280.00 – 300.00	
Kaluthara	690.00 – 730.00	360.00 – 420.00	–	180.00 – 200.00	190.00 – 200.00	340.00 – 380.00	420.00 – 460.00	740.00 – 760.00	730.00 – 750.00	269.00 – 275.00	
Badulla	700.00 – 750.00	360.00 – 400.00	–	160.00 – 170.00	180.00 – 200.00	320.00 – 340.00	–	800.00 – 800.00	750.00 – 800.00	280.00 – 300.00	
Keppetipola	700.00 – 750.00	300.00 – 330.00	340.00 – 360.00	160.00 – 190.00	180.00 – 200.00	320.00 – 330.00	–	750.00 – 800.00	730.00 – 750.00	280.00 – 290.00	
Moneragala	700.00 – 800.00	380.00 – 400.00	–	160.00 – 200.00	190.00 – 220.00	340.00 – 360.00	–	800.00 – 1000.00	500.00 – 600.00	280.00 – 300.00	
Kegalle	700.00 – 960.00	320.00 – 350.00	–	160.00 – 180.00	180.00 – 200.00	–	350.00 – 380.00	780.00 – 800.00	750.00 – 780.00	265.00 – 280.00	
Ampara	720.00 – 750.00	300.00 – 400.00	–	140.00 – 190.00	180.00 – 200.00	–	–	650.00 – 850.00	690.00 – 720.00	265.00 – 270.00	
Dehiwakkandiya	650.00 – 750.00	320.00 – 400.00	–	140.00 – 200.00	175.00 – 180.00	320.00 – 320.00	360.00 – 400.00	675.00 – 800.00	650.00 – 760.00	265.00 – 300.00	
Nuwaraeliya	700.00 – 750.00	300.00 – 330.00	350.00 – 360.00	160.00 – 180.00	190.00 – 220.00	–	340.00 – 350.00	860.00 – 880.00	750.00 – 780.00	278.00 – 285.00	
Kandy	700.00 – 760.00	360.00 – 400.00	440.00 – 460.00	170.00 – 180.00	200.00 – 220.00	320.00 – 340.00	380.00 – 400.00	800.00 – 900.00	800.00 – 840.00	285.00 – 310.00	
Puttalam	700.00 – 800.00	400.00 – 480.00	400.00 – 480.00	160.00 – 200.00	200.00 – 220.00	–	400.00 – 450.00	700.00 – 900.00	700.00 – 900.00	280.00 – 290.00	
Rathnapura	760.00 – 900.00	300.00 – 320.00	–	180.00 – 200.00	180.00 – 200.00	–	–	780.00 – 850.00	720.00 – 785.00	290.00 – 300.00	
Hambantota	700.00 – 750.00	320.00 – 400.00	–	150.00 – 160.00	180.00 – 200.00	–	400.00 – 400.00	750.00 – 850.00	750.00 – 800.00	270.00 – 280.00	
Matara	720.00 – 800.00	320.00 – 360.00	400.00 – 450.00	140.00 – 180.00	195.00 – 200.00	–	380.00 – 400.00	720.00 – 850.00	700.00 – 750.00	285.00 – 310.00	
Galle	750.00 – 760.00	400.00 – 480.00	380.00 – 420.00	160.00 – 180.00	190.00 – 200.00	320.00 – 360.00	–	700.00 – 900.00	720.00 – 800.00	280.00 – 320.00	
Tissamaharama	700.00 – 750.00	320.00 – 360.00	–	150.00 – 200.00	180.00 – 220.00	–	360.00 – 400.00	680.00 – 750.00	680.00 – 800.00	275.00 – 290.00	
Meegoda (DEC)	680.00 – 700.00	350.00 – 360.00	350.00 – 400.00	150.00 – 190.00	180.00 – 200.00	320.00 – 320.00	360.00 – 360.00	800.00 – 960.00	750.00 – 960.00	270.00 – 300.00	
Embilipitiya	700.00 – 800.00	–	340.00 – 400.00	160.00 – 180.00	185.00 – 200.00	320.00 – 350.00	–	750.00 – 800.00	650.00 – 720.00	270.00 – 300.00	
Jaffna	–	–	–	–	–	–	–	–	–	–	
Vavuniya	800.00 – 850.00	–	–	180.00 – 190.00	200.00 – 215.00	–	–	850.00 – 870.00	–	295.00 – 300.00	
Mannar	–	–	–	–	–	–	–	–	–	–	
Killinochchi	670.00 – 700.00	–	–	180.00 – 200.00	220.00 – 230.00	–	–	800.00 – 840.00	–	280.00 – 290.00	
Mullaitivu	800.00 – 850.00	–	400.00 – 450.00	–	190.00 – 220.00	–	–	650.00 – 670.00	–	290.00 – 295.00	
Batticaloa	750.00 – 830.00	300.00 – 320.00	–	160.00 – 180.00	180.00 – 210.00	–	–	700.00 – 800.00	800.00 – 900.00	280.00 – 300.00	
Trincomalee	690.00 – 720.00	300.00 – 330.00	–	175.00 – 185.00	220.00 – 230.00	–	–	685.00 – 700.00	880.00 – 890.00	285.00 – 290.00	
Hanguranketha	700.00 – 830.00	320.00 – 320.00	480.00 – 480.00	160.00 – 180.00	175.00 – 185.00	320.00 – 320.00	–	780.00 – 895.00	750.00 – 780.00	265.00 – 275.00	
Veyangoda	680.00 – 800.00	320.00 – 400.00	–	140.00 – 200.00	200.00 – 240.00	–	360.00 – 440.00	880.00 – 1000.00	720.00 – 800.00	280.00 – 320.00	
Galenbindunuwewa	730.00 – 830.00	–	340.00 – 360.00	170.00 – 200.00	180.00 – 200.00	–	–	720.00 – 800.00	700.00 – 800.00	280.00 – 290.00	
Bandarawela	750.00 – 800.00	400.00 – 480.00	–	140.00 – 180.00	180.00 – 200.00	300.00 – 320.00	–	800.00 – 900.00	750.00 – 800.00	290.00 – 320.00	
Matale	750.00 – 850.00	380.00 – 400.00	–	160.00 – 170.00	180.00 – 200.00	320.00 – 360.00	–	780.00 – 900.00	680.00 – 750.00	275.00 – 285.00	

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	450.00 - 600.00	450.00 - 550.00	100.00 - 200.00	170.00 - 280.00	180.00 - 250.00
Meegoda (DEC)	-	550.00 - 600.00	450.00 - 530.00	150.00 - 170.00	300.00 - 340.00	280.00 - 320.00
Dambulla (DEC)	-	500.00 - 580.00	450.00 - 600.00	140.00 - 160.00	330.00 - 380.00	150.00 - 200.00
Keppetipola (DEC)	-	500.00 - 550.00	360.00 - 400.00	120.00 - 130.00	160.00 - 200.00	250.00 - 280.00
Norochchhole (DEC)	-	-	-	-	200.00 - 280.00	-
Nuwara Eliya	-	550.00 - 600.00	460.00 - 470.00	140.00 - 150.00	150.00 - 170.00	260.00 - 280.00
Kandy	-	450.00 - 500.00	450.00 - 480.00	120.00 - 140.00	270.00 - 280.00	200.00 - 220.00
Hambantota	-	500.00 - 580.00	500.00 - 560.00	200.00 - 250.00	340.00 - 380.00	200.00 - 260.00
Thambuththegama (DEC)	-	550.00 - 680.00	480.00 - 530.00	160.00 - 200.00	290.00 - 360.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	400.00 - 420.00	370.00 - 420.00	110.00 - 120.00	200.00 - 220.00	200.00 - 220.00
Veyangoda	-	580.00 - 650.00	450.00 - 520.00	150.00 - 200.00	300.00 - 350.00	280.00 - 330.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	80.00 - 120.00	200.00 - 250.00	160.00 - 280.00	200.00 - 250.00	400.00 - 550.00	500.00 - 700.00
Meegoda (DEC)	90.00 - 120.00	200.00 - 260.00	250.00 - 300.00	250.00 - 280.00	480.00 - 530.00	580.00 - 700.00
Moneragala	140.00 - 150.00	280.00 - 290.00	280.00 - 300.00	250.00 - 280.00	350.00 - 400.00	700.00 - 750.00
Dambulla (DEC)	80.00 - 100.00	200.00 - 230.00	240.00 - 270.00	250.00 - 260.00	400.00 - 450.00	500.00 - 600.00
Keppetipola (DEC)	50.00 - 70.00	160.00 - 200.00	200.00 - 230.00	250.00 - 260.00	350.00 - 400.00	650.00 - 700.00
Norochchhole (DEC)	50.00 - 80.00	-	130.00 - 150.00	220.00 - 250.00	200.00 - 250.00	550.00 - 650.00
Nuwara Eliya	90.00 - 110.00	210.00 - 220.00	200.00 - 230.00	270.00 - 280.00	400.00 - 420.00	680.00 - 720.00
Kandy	100.00 - 120.00	200.00 - 260.00	260.00 - 280.00	250.00 - 260.00	400.00 - 450.00	650.00 - 680.00
Hambantota	120.00 - 160.00	260.00 - 300.00	200.00 - 250.00	240.00 - 260.00	400.00 - 450.00	650.00 - 700.00
Thambuththegama (DEC)	110.00 - 150.00	220.00 - 260.00	160.00 - 200.00	130.00 - 160.00	350.00 - 400.00	500.00 - 650.00
Tissamaharama	90.00 - 120.00	220.00 - 250.00	160.00 - 180.00	220.00 - 250.00	380.00 - 420.00	680.00 - 700.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 90.00	150.00 - 200.00	180.00 - 200.00	-	400.00 - 440.00	650.00 - 700.00
Veyangoda	100.00 - 130.00	230.00 - 270.00	240.00 - 270.00	240.00 - 280.00	420.00 - 500.00	600.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 170.00	60.00 - 100.00	350.00 - 400.00	220.00 - 350.00	-	280.00 - 350.00
Meegoda (DEC)	160.00 - 170.00	50.00 - 80.00	330.00 - 370.00	250.00 - 280.00	-	320.00 - 370.00
Moneragala	160.00 - 200.00	120.00 - 150.00	450.00 - 500.00	280.00 - 300.00	-	300.00 - 330.00
Dambulla (DEC)	140.00 - 150.00	60.00 - 70.00	250.00 - 300.00	240.00 - 280.00	-	250.00 - 300.00
Keppetipola (DEC)	150.00 - 160.00	60.00 - 70.00	350.00 - 360.00	280.00 - 300.00	180.00 - 200.00	320.00 - 340.00
Norochchhole (DEC)	130.00 - 150.00	40.00 - 50.00	330.00 - 400.00	150.00 - 200.00	400.00 - 500.00	220.00 - 260.00
Nuwara Eliya	160.00 - 180.00	90.00 - 100.00	360.00 - 380.00	290.00 - 320.00	200.00 - 220.00	340.00 - 350.00
Kandy	160.00 - 170.00	60.00 - 70.00	330.00 - 350.00	280.00 - 300.00	-	320.00 - 340.00
Hambantota	160.00 - 170.00	100.00 - 130.00	400.00 - 450.00	250.00 - 300.00	200.00 - 220.00	250.00 - 260.00
Thambuththegama (DEC)	130.00 - 150.00	40.00 - 50.00	250.00 - 320.00	180.00 - 220.00	-	250.00 - 300.00
Tissamaharama	120.00 - 150.00	70.00 - 80.00	400.00 - 450.00	260.00 - 280.00	-	250.00 - 300.00
Jaffna	-	-	-	-	-	-
Bandarawela	160.00 - 170.00	80.00 - 100.00	-	-	-	-
Veyangoda	150.00 - 170.00	70.00 - 100.00	300.00 - 360.00	260.00 - 280.00	-	330.00 - 370.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	200.00 - 300.00	120.00 - 150.00	450.00 - 550.00	100.00 - 150.00	140.00 - 180.00	80.00 - 130.00
Meegoda (DEC)	180.00 - 250.00	130.00 - 150.00	580.00 - 650.00	160.00 - 180.00	160.00 - 180.00	100.00 - 120.00
Moneragala	200.00 - 300.00	130.00 - 150.00	700.00 - 800.00	140.00 - 160.00	180.00 - 200.00	80.00 - 90.00
Dambulla (DEC)	150.00 - 220.00	90.00 - 110.00	450.00 - 550.00	110.00 - 130.00	140.00 - 170.00	80.00 - 90.00
Keppetipola (DEC)	230.00 - 250.00	120.00 - 130.00	500.00 - 550.00	140.00 - 150.00	180.00 - 200.00	80.00 - 90.00
Norochchhole (DEC)	150.00 - 200.00	100.00 - 130.00	500.00 - 600.00	-	-	80.00 - 100.00
Nuwara Eliya	250.00 - 260.00	130.00 - 150.00	600.00 - 650.00	150.00 - 160.00	180.00 - 200.00	90.00 - 100.00
Kandy	230.00 - 250.00	130.00 - 150.00	550.00 - 600.00	140.00 - 150.00	160.00 - 180.00	90.00 - 100.00
Hambantota	200.00 - 230.00	80.00 - 100.00	600.00 - 700.00	200.00 - 260.00	180.00 - 220.00	120.00 - 150.00
Thambuththegama (DEC)	150.00 - 180.00	80.00 - 100.00	700.00 - 750.00	100.00 - 110.00	150.00 - 180.00	90.00 - 100.00
Tissamaharama	200.00 - 220.00	100.00 - 120.00	700.00 - 800.00	150.00 - 160.00	-	110.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	550.00 - 600.00	-	150.00 - 160.00	-
Veyangoda	150.00 - 220.00	120.00 - 160.00	600.00 - 700.00	150.00 - 180.00	130.00 - 160.00	120.00 - 140.00

Locations	Leafy Vegetables (Rs/bundle)				Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small	
Colombo	30.00 - 35.00	30.00 - 35.00	280.00 - 320.00	180.00 - 200.00	160.00 - 170.00	
Meegoda (DEC)	60.00 - 60.00	60.00 - 60.00	240.00 - 240.00	190.00 - 195.00	170.00 - 175.00	
Norochchhole (DEC)	-	-	-	-	-	
Nuwara Eliya	-	-	-	-	-	
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	150.00 - 200.00	155.00 - 160.00	130.00 - 140.00	
Kandy	45.00 - 50.00	45.00 - 50.00	220.00 - 230.00	160.00 - 170.00	120.00 - 135.00	
Hambantota	50.00 - 55.00	50.00 - 50.00	240.00 - 240.00	-	-	
Thambuththegama (DEC)	-	-	-	150.00 - 160.00	120.00 - 130.00	
Tissamaharama	30.00 - 30.00	30.00 - 30.00	150.00 - 150.00	170.00 - 190.00	150.00 - 160.00	
Jaffna	-	-	-	-	-	
Bandarawela	-	-	-	-	-	
Veyangoda	35.00 - 40.00	40.00 - 40.00	220.00 - 240.00	-	-	

Colombo, Meegoda, Norochchhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Up Country Varieties																
	Butter Beans	Green Beans	Carrot		Leeks		Beetroot	Knol Khol		Raddish	Cabbage	Tomato					
Colombo	-	540.00	800.00	550.00	800.00	220.00	360.00	250.00	500.00	280.00	480.00	160.00	320.00	340.00	480.00	240.00	480.00
Gampaha	-	560.00	620.00	800.00	850.00	260.00	320.00	280.00	320.00	360.00	400.00	240.00	280.00	400.00	480.00	380.00	460.00
Kurunegala	-	600.00	620.00	800.00	850.00	260.00	300.00	280.00	320.00	360.00	400.00	220.00	240.00	340.00	400.00	340.00	380.00
Nikaweratiya	-	720.00	800.00	720.00	800.00	320.00	400.00	320.00	400.00	300.00	400.00	240.00	260.00	400.00	480.00	350.00	400.00
Dambulla	-	660.00	760.00	760.00	800.00	300.00	320.00	460.00	500.00	280.00	300.00	180.00	220.00	350.00	400.00	380.00	400.00
Anuradhapura	-	760.00	800.00	720.00	800.00	320.00	400.00	320.00	400.00	-	240.00	280.00	400.00	440.00	320.00	400.00	
Thambuththegama	-	750.00	840.00	680.00	760.00	300.00	360.00	380.00	440.00	330.00	350.00	160.00	200.00	360.00	400.00	300.00	360.00
Polonnaruwa	-	760.00	800.00	800.00	840.00	280.00	320.00	350.00	380.00	260.00	300.00	200.00	240.00	360.00	400.00	360.00	400.00
Kaluthara	-	640.00	800.00	700.00	800.00	300.00	400.00	380.00	400.00	380.00	400.00	200.00	220.00	380.00	400.00	360.00	400.00
Badulla	-	600.00	700.00	520.00	600.00	260.00	320.00	240.00	300.00	320.00	400.00	160.00	240.00	300.00	320.00	300.00	380.00
Keppetipola	-	560.00	600.00	420.00	450.00	180.00	200.00	240.00	260.00	300.00	320.00	100.00	130.00	240.00	260.00	260.00	280.00
Moneragala	-	720.00	800.00	640.00	700.00	320.00	400.00	360.00	400.00	-	240.00	260.00	360.00	400.00	320.00	400.00	
Kegalle	-	720.00	760.00	760.00	800.00	280.00	320.00	480.00	520.00	440.00	480.00	280.00	320.00	360.00	400.00	400.00	440.00
Ampara	-	600.00	680.00	580.00	640.00	240.00	280.00	280.00	360.00	-	200.00	240.00	300.00	360.00	300.00	360.00	
Dehiwakkandiya	-	600.00	600.00	600.00	600.00	300.00	300.00	400.00	400.00	300.00	480.00	200.00	240.00	300.00	400.00	300.00	300.00
Nuwaraeliya	-	660.00	700.00	560.00	600.00	280.00	300.00	260.00	280.00	360.00	380.00	220.00	240.00	300.00	320.00	340.00	360.00
Kandy	-	700.00	750.00	750.00	800.00	200.00	240.00	320.00	360.00	280.00	300.00	180.00	200.00	300.00	320.00	360.00	400.00
Puttalam	-	800.00	800.00	800.00	850.00	400.00	450.00	450.00	480.00	-	300.00	300.00	400.00	480.00	400.00	400.00	
Hambantota	-	750.00	800.00	700.00	800.00	300.00	320.00	480.00	540.00	300.00	320.00	250.00	320.00	400.00	480.00	300.00	320.00
Rathnapura	-	520.00	600.00	620.00	680.00	280.00	350.00	240.00	260.00	-	150.00	200.00	300.00	350.00	350.00	400.00	
Matara	-	600.00	800.00	640.00	800.00	280.00	320.00	380.00	480.00	360.00	400.00	240.00	300.00	400.00	480.00	280.00	320.00
Galle	-	660.00	800.00	750.00	800.00	380.00	400.00	440.00	500.00	320.00	360.00	240.00	280.00	380.00	420.00	400.00	420.00
Tissamaharama	-	680.00	800.00	650.00	800.00	240.00	300.00	260.00	320.00	300.00	360.00	160.00	220.00	280.00	300.00	240.00	260.00
Meegoda (DEC)	-	660.00	800.00	680.00	800.00	320.00	360.00	420.00	480.00	440.00	480.00	200.00	240.00	400.00	480.00	320.00	400.00
Embilipitiya	-	640.00	720.00	600.00	720.00	280.00	320.00	280.00	320.00	320.00	400.00	240.00	320.00	400.00	480.00	270.00	320.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Vavuniya	-	800.00	870.00	800.00	870.00	300.00	340.00	400.00	450.00	-	200.00	240.00	400.00	450.00	400.00	450.00	
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Killinochchi	-	780.00	820.00	780.00	820.00	380.00	420.00	380.00	420.00	-	200.00	220.00	340.00	360.00	320.00	340.00	
Mullaittivu	-	600.00	650.00	600.00	650.00	400.00	450.00	300.00	350.00	-	200.00	220.00	400.00	450.00	300.00	350.00	
Batticaloa	-	650.00	700.00	600.00	700.00	320.00	380.00	350.00	400.00	-	150.00	250.00	350.00	400.00	320.00	350.00	
Trincomalee	-	580.00	600.00	700.00	800.00	350.00	370.00	340.00	360.00	-	210.00	225.00	325.00	340.00	360.00	400.00	
Hanguranketha	-	480.00	560.00	500.00	540.00	220.00	260.00	280.00	320.00	240.00	260.00	120.00	120.00	240.00	280.00	260.00	300.00
Veyangoda	-	720.00	800.00	600.00	760.00	240.00	320.00	400.00	440.00	360.00	440.00	140.00	180.00	320.00	400.00	320.00	360.00
Galenbindunuwewa	-	800.00	820.00	800.00	830.00	320.00	350.00	320.00	350.00	350.00	360.00	200.00	240.00	400.00	420.00	400.00	430.00
Bandarawela	-	600.00	680.00	600.00	650.00	240.00	300.00	300.00	340.00	300.00	340.00	120.00	140.00	300.00	320.00	300.00	320.00
Matale	-	720.00	800.00	720.00	800.00	320.00	360.00	480.00	500.00	400.00	440.00	320.00	360.00	320.00	360.00	320.00	380.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans			
16	Colombo	300.00 - 400.00	500.00 - 720.00	550.00 - 1000.00	160.00 - 320.00	130.00 - 320.00	400.00 - 650.00	320.00 - 480.00	500.00 - 600.00	340.00 - 600.00	320.00 - 520.00		
	Gampaha	330.00 - 400.00	480.00 - 500.00	900.00 - 1000.00	240.00 - 280.00	240.00 - 300.00	460.00 - 560.00	360.00 - 420.00	-	540.00 - 560.00	400.00 - 440.00		
	Kurunegala	330.00 - 360.00	480.00 - 500.00	900.00 - 950.00	220.00 - 260.00	200.00 - 220.00	420.00 - 460.00	340.00 - 360.00	-	480.00 - 540.00	400.00 - 440.00		
	Nikaweratiya	320.00 - 400.00	400.00 - 480.00	600.00 - 750.00	240.00 - 300.00	180.00 - 240.00	400.00 - 480.00	280.00 - 320.00	-	400.00 - 480.00	320.00 - 400.00		
	Dambulla	360.00 - 400.00	580.00 - 640.00	800.00 - 1000.00	240.00 - 260.00	160.00 - 180.00	480.00 - 500.00	360.00 - 400.00	-	460.00 - 480.00	340.00 - 380.00		
	Anuradhapura	320.00 - 360.00	480.00 - 600.00	720.00 - 800.00	240.00 - 280.00	160.00 - 180.00	460.00 - 600.00	280.00 - 320.00	-	440.00 - 520.00	280.00 - 360.00		
	Thambuththegama	240.00 - 300.00	440.00 - 600.00	720.00 - 800.00	200.00 - 250.00	100.00 - 120.00	440.00 - 500.00	320.00 - 360.00	-	400.00 - 480.00	250.00 - 300.00		
	Polonnaruwa	360.00 - 400.00	460.00 - 500.00	820.00 - 860.00	200.00 - 240.00	220.00 - 260.00	360.00 - 400.00	300.00 - 340.00	-	450.00 - 480.00	300.00 - 340.00		
	Kaluthara	360.00 - 400.00	580.00 - 600.00	700.00 - 780.00	240.00 - 300.00	160.00 - 200.00	460.00 - 560.00	360.00 - 400.00	-	460.00 - 520.00	340.00 - 380.00		
	Badulla	380.00 - 400.00	400.00 - 480.00	600.00 - 800.00	230.00 - 240.00	200.00 - 240.00	460.00 - 480.00	420.00 - 480.00	520.00 - 600.00	420.00 - 480.00	380.00 - 400.00		
	Keppetipola	320.00 - 350.00	420.00 - 450.00	750.00 - 780.00	220.00 - 240.00	120.00 - 140.00	420.00 - 450.00	340.00 - 360.00	260.00 - 280.00	380.00 - 400.00	280.00 - 320.00		
	Moneragala	360.00 - 400.00	400.00 - 480.00	800.00 - 1000.00	280.00 - 320.00	200.00 - 280.00	520.00 - 640.00	320.00 - 400.00	-	440.00 - 480.00	320.00 - 400.00		
	Kegalle	400.00 - 440.00	540.00 - 600.00	750.00 - 800.00	220.00 - 280.00	160.00 - 200.00	480.00 - 520.00	440.00 - 480.00	-	440.00 - 480.00	440.00 - 480.00		
	Ampara	300.00 - 360.00	560.00 - 640.00	700.00 - 780.00	200.00 - 240.00	160.00 - 200.00	400.00 - 420.00	300.00 - 360.00	-	340.00 - 360.00	300.00 - 360.00		
	Dehiwakkandiya	320.00 - 400.00	480.00 - 480.00	600.00 - 720.00	260.00 - 300.00	120.00 - 160.00	400.00 - 600.00	300.00 - 320.00	-	400.00 - 400.00	300.00 - 400.00		
	Nuwaraeliya	360.00 - 380.00	500.00 - 520.00	800.00 - 850.00	280.00 - 300.00	180.00 - 220.00	460.00 - 480.00	380.00 - 400.00	280.00 - 300.00	440.00 - 460.00	350.00 - 360.00		
	Kandy	360.00 - 400.00	550.00 - 600.00	900.00 - 1000.00	240.00 - 260.00	120.00 - 140.00	500.00 - 550.00	450.00 - 480.00	-	480.00 - 500.00	320.00 - 360.00		
	Puttalam	300.00 - 300.00	600.00 - 720.00	800.00 - 1000.00	300.00 - 300.00	200.00 - 200.00	480.00 - 600.00	400.00 - 400.00	800.00 - 800.00	520.00 - 600.00	400.00 - 480.00		
	Rathnapura	250.00 - 300.00	480.00 - 550.00	650.00 - 700.00	160.00 - 200.00	150.00 - 200.00	480.00 - 530.00	280.00 - 320.00	-	340.00 - 400.00	360.00 - 430.00		
	Hambantota	300.00 - 320.00	480.00 - 600.00	800.00 - 800.00	240.00 - 320.00	160.00 - 240.00	600.00 - 600.00	360.00 - 480.00	300.00 - 340.00	450.00 - 480.00	300.00 - 320.00		
	Matara	300.00 - 340.00	520.00 - 600.00	800.00 - 1000.00	220.00 - 240.00	160.00 - 180.00	600.00 - 720.00	320.00 - 400.00	-	380.00 - 480.00	320.00 - 400.00		
	Galle	360.00 - 400.00	580.00 - 620.00	700.00 - 1000.00	200.00 - 280.00	240.00 - 240.00	400.00 - 480.00	460.00 - 480.00	380.00 - 400.00	480.00 - 520.00	400.00 - 480.00		
	Tissamaharama	260.00 - 300.00	460.00 - 520.00	650.00 - 800.00	180.00 - 220.00	160.00 - 200.00	460.00 - 520.00	320.00 - 360.00	-	360.00 - 480.00	260.00 - 320.00		
	Meegoda (DEC)	400.00 - 440.00	600.00 - 700.00	800.00 - 800.00	240.00 - 280.00	160.00 - 200.00	480.00 - 600.00	400.00 - 480.00	-	480.00 - 600.00	320.00 - 400.00		
	Embilipitiya	300.00 - 360.00	480.00 - 600.00	600.00 - 900.00	300.00 - 320.00	100.00 - 160.00	450.00 - 520.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00		
	Jaffna	-	-	-	-	-	-	-	-	-	-		
	Vavuniya	400.00 - 440.00	600.00 - 650.00	800.00 - 850.00	240.00 - 260.00	200.00 - 240.00	800.00 - 850.00	400.00 - 440.00	-	400.00 - 450.00	480.00 - 520.00		
	Mannar	-	-	-	-	-	-	-	-	-	-		
	Killinochchi	300.00 - 340.00	580.00 - 620.00	700.00 - 740.00	220.00 - 240.00	220.00 - 240.00	580.00 - 620.00	-	-	-	440.00 - 460.00		
	Mullaittivu	400.00 - 450.00	480.00 - 500.00	600.00 - 650.00	150.00 - 180.00	150.00 - 180.00	500.00 - 560.00	300.00 - 340.00	-	-	450.00 - 500.00		
	Batticaloa	400.00 - 450.00	600.00 - 700.00	800.00 - 850.00	200.00 - 250.00	200.00 - 250.00	520.00 - 600.00	360.00 - 380.00	-	400.00 - 450.00	400.00 - 460.00		
	Trincomalee	340.00 - 360.00	700.00 - 800.00	1150.00 - 1200.00	185.00 - 195.00	215.00 - 225.00	580.00 - 590.00	280.00 - 300.00	-	-	420.00 - 440.00		
	Hanguranketha	280.00 - 300.00	480.00 - 520.00	650.00 - 700.00	160.00 - 200.00	100.00 - 140.00	300.00 - 320.00	240.00 - 300.00	-	400.00 - 420.00	280.00 - 300.00		
	Veyangoda	320.00 - 400.00	600.00 - 720.00	700.00 - 900.00	180.00 - 240.00	140.00 - 200.00	440.00 - 520.00	360.00 - 440.00	-	400.00 - 520.00	320.00 - 360.00		
	Galenbindunuwewa	400.00 - 420.00	580.00 - 600.00	800.00 - 850.00	240.00 - 260.00	160.00 - 180.00	550.00 - 600.00	320.00 - 350.00	-	480.00 - 500.00	320.00 - 340.00		
	Bandarawela	320.00 - 360.00	480.00 - 500.00	800.00 - 850.00	260.00 - 300.00	180.00 - 200.00	460.00 - 480.00	440.00 - 460.00	-	440.00 - 480.00	380.00 - 440.00		
	Matale	360.00 - 400.00	680.00 - 800.00	720.00 - 800.00	240.00 - 260.00	140.00 - 160.00	400.00 - 600.00	360.00 - 380.00	-	400.00 - 480.00	380.00 - 400.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)		
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small	
Colombo	180.00 - 320.00	500.00 - 1000.00	200.00 - 500.00	220.00 - 360.00	150.00 - 240.00	50.00 - 80.00	50.00 - 80.00	230.00 - 280.00	185.00 - 240.00	165.00 - 190.00	
Gampaha	280.00 - 320.00	900.00 - 1200.00	300.00 - 420.00	200.00 - 240.00	150.00 - 200.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	190.00 - 200.00	150.00 - 160.00	
Kurunegala	240.00 - 280.00	880.00 - 900.00	260.00 - 300.00	200.00 - 240.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	200.00 - 210.00	170.00 - 175.00	
Nikaweratiya	240.00 - 280.00	720.00 - 1000.00	400.00 - 420.00	240.00 - 260.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	185.00 - 210.00	120.00 - 160.00	
Dambulla	200.00 - 240.00	800.00 - 1000.00	300.00 - 350.00	240.00 - 260.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	60.00 - 60.00	170.00 - 180.00	150.00 - 155.00	
Anuradhapura	200.00 - 300.00	800.00 - 1000.00	200.00 - 400.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	180.00 - 220.00	150.00 - 170.00	
Thambuththegama	150.00 - 180.00	880.00 - 1000.00	160.00 - 200.00	220.00 - 250.00	150.00 - 200.00	-	-	-	165.00 - 180.00	145.00 - 160.00	
Polonnaruwa	200.00 - 240.00	800.00 - 850.00	350.00 - 400.00	220.00 - 240.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	200.00 - 230.00	150.00 - 180.00	
Kaluthara	200.00 - 300.00	800.00 - 900.00	250.00 - 300.00	250.00 - 300.00	200.00 - 200.00	100.00 - 100.00	100.00 - 120.00	120.00 - 120.00	240.00 - 250.00	180.00 - 190.00	
Badulla	240.00 - 300.00	800.00 - 1000.00	300.00 - 400.00	260.00 - 300.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	60.00 - 80.00	180.00 - 200.00	150.00 - 160.00	
Keppetipola	180.00 - 200.00	620.00 - 680.00	240.00 - 250.00	280.00 - 300.00	140.00 - 150.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	190.00 - 200.00	150.00 - 170.00	
Moneragala	200.00 - 240.00	1000.00 - 1200.00	200.00 - 300.00	280.00 - 320.00	120.00 - 140.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	180.00 - 200.00	150.00 - 170.00	
Kegalle	240.00 - 280.00	850.00 - 900.00	350.00 - 400.00	280.00 - 320.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	180.00 - 190.00	160.00 - 170.00	
Ampara	200.00 - 240.00	800.00 - 900.00	200.00 - 300.00	240.00 - 250.00	120.00 - 160.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	200.00 - 240.00	-	
Dehiattakandiya	240.00 - 260.00	800.00 - 1200.00	200.00 - 300.00	300.00 - 300.00	200.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	200.00 - 220.00	150.00 - 180.00	
Nuwaraeliya	250.00 - 260.00	750.00 - 800.00	320.00 - 340.00	320.00 - 340.00	220.00 - 240.00	90.00 - 100.00	90.00 - 100.00	80.00 - 90.00	190.00 - 220.00	170.00 - 180.00	
Kandy	160.00 - 200.00	900.00 - 1000.00	200.00 - 240.00	240.00 - 260.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	170.00 - 190.00	130.00 - 150.00	
Puttalam	160.00 - 200.00	1000.00 - 1000.00	300.00 - 400.00	300.00 - 300.00	200.00 - 200.00	60.00 - 60.00	50.00 - 60.00	40.00 - 40.00	200.00 - 200.00	130.00 - 150.00	
Rathnapura	180.00 - 240.00	850.00 - 1000.00	200.00 - 300.00	230.00 - 260.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	220.00 - 240.00	160.00 - 200.00	
Hambanthota	150.00 - 160.00	800.00 - 800.00	300.00 - 380.00	240.00 - 320.00	180.00 - 240.00	60.00 - 70.00	60.00 - 60.00	100.00 - 100.00	180.00 - 200.00	160.00 - 170.00	
Matara	240.00 - 320.00	800.00 - 1000.00	200.00 - 240.00	160.00 - 200.00	140.00 - 180.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	180.00 - 200.00	150.00 - 170.00	
Galle	200.00 - 280.00	900.00 - 1000.00	400.00 - 500.00	260.00 - 280.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	100.00 - 100.00	220.00 - 240.00	175.00 - 185.00	
Tissamaharama	180.00 - 220.00	800.00 - 900.00	180.00 - 220.00	-	180.00 - 220.00	50.00 - 50.00	50.00 - 50.00	80.00 - 80.00	180.00 - 220.00	160.00 - 170.00	
Meegoda (DEC)	240.00 - 240.00	800.00 - 800.00	240.00 - 320.00	240.00 - 240.00	150.00 - 180.00	80.00 - 80.00	80.00 - 80.00	100.00 - 120.00	210.00 - 220.00	170.00 - 200.00	
Embilipitiya	160.00 - 200.00	800.00 - 900.00	350.00 - 400.00	240.00 - 260.00	150.00 - 200.00	70.00 - 80.00	60.00 - 70.00	100.00 - 120.00	160.00 - 200.00	120.00 - 150.00	
Jaffna	-	-	-	-	-	-	-	-	-	-	
Vavuniya	200.00 - 240.00	800.00 - 850.00	200.00 - 240.00	200.00 - 240.00	240.00 - 260.00	70.00 - 75.00	55.00 - 65.00	70.00 - 75.00	220.00 - 240.00	140.00 - 150.00	
Mannar	-	-	-	-	-	-	-	-	-	-	
Killinochchi	260.00 - 280.00	700.00 - 740.00	200.00 - 230.00	230.00 - 250.00	200.00 - 230.00	75.00 - 80.00	50.00 - 55.00	50.00 - 55.00	200.00 - 230.00	100.00 - 120.00	
Mullaittivu	170.00 - 200.00	600.00 - 650.00	200.00 - 240.00	240.00 - 260.00	240.00 - 260.00	75.00 - 80.00	90.00 - 100.00	50.00 - 60.00	-	115.00 - 125.00	
Batticaloa	200.00 - 240.00	900.00 - 1000.00	250.00 - 300.00	200.00 - 250.00	150.00 - 180.00	80.00 - 80.00	50.00 - 80.00	50.00 - 50.00	180.00 - 200.00	130.00 - 150.00	
Trincomalee	274.00	280.00	900.00 1100.00	165.00 175.00	230.00 235.00	225.00 230.00	55.00 60.00	65.00 70.00	40.00 45.00	235.00 240.00	155.00 160.00
Hanguranketha	160.00 - 200.00	600.00 - 800.00	180.00 - 240.00	180.00 - 220.00	140.00 - 160.00	40.00 - 40.00	40.00 - 45.00	40.00 - 45.00	190.00 - 200.00	180.00 - 185.00	
Veyangoda	180.00 - 240.00	800.00 - 1000.00	200.00 - 240.00	180.00 - 240.00	160.00 - 220.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	200.00 - 220.00	160.00 - 180.00	
Galenbindunuwewa	240.00 - 250.00	980.00 - 1000.00	300.00 - 320.00	220.00 - 240.00	200.00 - 220.00	50.00 - 80.00	50.00 - 60.00	50.00 - 50.00	180.00 - 190.00	160.00 - 170.00	
Bandarawela	220.00 - 240.00	800.00 - 850.00	300.00 - 400.00	260.00 - 300.00	160.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	180.00 - 210.00	160.00 - 170.00	
Matale	240.00 - 280.00	720.00 - 800.00	200.00 - 240.00	280.00 - 320.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	180.00 - 190.00	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	120.00 - 220.00	300.00 - 400.00	140.00 - 220.00	34.00 - 50.00	50.00 - 60.00	520.00 - 650.00	400.00 - 500.00	320.00 - 370.00	-	200.00 - 300.00
Gampaha	140.00 - 170.00	280.00 - 300.00	150.00 - 190.00	-	-	-	460.00 - 500.00	300.00 - 300.00	-	175.00 - 190.00
Kurunegala	150.00 - 170.00	280.00 - 300.00	140.00 - 160.00	42.00 - 50.00	60.00 - 70.00	-	500.00 - 500.00	-	-	150.00 - 175.00
Nikaweratiya	150.00 - 170.00	320.00 - 400.00	150.00 - 180.00	-	50.00 - 55.00	500.00 - 600.00	400.00 - 480.00	-	-	-
Dambulla	160.00 - 180.00	440.00 - 480.00	180.00 - 200.00	-	64.00 - 68.00	680.00 - 700.00	500.00 - 550.00	300.00 - 350.00	-	160.00 - 200.00
Anuradhapura	160.00 - 200.00	380.00 - 450.00	160.00 - 200.00	28.00 - 36.00	43.00 - 50.00	760.00 - 930.00	560.00 - 680.00	400.00 - 490.00	-	160.00 - 200.00
Thambuththegama	150.00 - 180.00	320.00 - 360.00	150.00 - 180.00	30.00 - 35.00	50.00 - 58.00	550.00 - 580.00	-	-	-	-
Polonnaruwa	220.00 - 250.00	400.00 - 450.00	200.00 - 220.00	55.00 - 60.00	55.00 - 60.00	850.00 - 920.00	500.00 - 550.00	300.00 - 350.00	-	200.00 - 250.00
Kaluthara	180.00 - 200.00	380.00 - 420.00	200.00 - 220.00	30.00 - 35.00	42.00 - 45.00	550.00 - 600.00	420.00 - 460.00	340.00 - 375.00	-	110.00 - 115.00
Badulla	150.00 - 160.00	300.00 - 320.00	120.00 - 160.00	22.00 - 25.00	43.00 - 43.00	-	400.00 - 420.00	280.00 - 300.00	-	175.00 - 175.00
Keppetipola	130.00 - 150.00	340.00 - 350.00	150.00 - 170.00	28.00 - 32.00	48.00 - 52.00	-	420.00 - 440.00	330.00 - 350.00	-	180.00 - 200.00
Moneragala	130.00 - 140.00	300.00 - 320.00	100.00 - 120.00	20.00 - 25.00	25.00 - 30.00	820.00 - 900.00	750.00 - 750.00	-	-	-
Kegalle	150.00 - 180.00	300.00 - 360.00	150.00 - 180.00	15.00 - 20.00	20.00 - 25.00	800.00 - 950.00	600.00 - 700.00	200.00 - 300.00	-	120.00 - 150.00
Ampara	160.00 - 170.00	300.00 - 350.00	130.00 - 140.00	32.00 - 35.00	42.00 - 46.00	530.00 - 550.00	-	-	-	130.00 - 130.00
Dehiattakandiya	160.00 - 200.00	350.00 - 450.00	180.00 - 200.00	-	50.00 - 60.00	850.00 - 950.00	600.00 - 750.00	350.00 - 500.00	-	140.00 - 150.00
Nuwaraeliya	150.00 - 180.00	330.00 - 350.00	180.00 - 200.00	32.00 - 35.00	52.00 - 54.00	-	440.00 - 460.00	340.00 - 360.00	-	200.00 - 220.00
Kandy	160.00 - 200.00	320.00 - 350.00	160.00 - 180.00	26.00 - 28.00	40.00 - 50.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	-
Puttalam	120.00 - 200.00	300.00 - 400.00	120.00 - 200.00	24.00 - 30.00	-	600.00 - 600.00	400.00 - 400.00	300.00 - 300.00	-	200.00 - 300.00
Rathnapura	200.00 - 230.00	400.00 - 480.00	120.00 - 150.00	27.00 - 37.00	41.00 - 50.00	560.00 - 700.00	400.00 - 500.00	320.00 - 380.00	-	-
Hambantota	100.00 - 120.00	200.00 - 250.00	130.00 - 150.00	-	-	500.00 - 550.00	350.00 - 400.00	250.00 - 280.00	-	-
Matara	140.00 - 150.00	300.00 - 320.00	130.00 - 150.00	24.00 - 26.00	35.00 - 37.00	640.00 - 700.00	480.00 - 560.00	300.00 - 350.00	-	240.00 - 260.00
Galle	120.00 - 180.00	320.00 - 380.00	140.00 - 180.00	34.00 - 36.00	35.00 - 37.00	560.00 - 580.00	450.00 - 500.00	-	-	-
Tissamaharama	100.00 - 120.00	220.00 - 250.00	100.00 - 120.00	32.00 - 34.00	40.00 - 46.00	520.00 - 585.00	400.00 - 450.00	320.00 - 360.00	-	225.00 - 235.00
Meegoda (DEC)	160.00 - 180.00	320.00 - 350.00	160.00 - 180.00	47.00 - 56.00	54.00 - 64.00	675.00 - 750.00	450.00 - 520.00	360.00 - 400.00	-	-
Embilipitiya	70.00 - 100.00	200.00 - 250.00	100.00 - 130.00	30.00 - 35.00	30.00 - 40.00	500.00 - 600.00	400.00 - 450.00	250.00 - 350.00	-	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	130.00 - 145.00	300.00 - 350.00	120.00 - 140.00	24.00 - 30.00	32.00 - 35.00	600.00 - 650.00	450.00 - 480.00	350.00 - 370.00	-	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	140.00 - 160.00	340.00 - 360.00	140.00 - 160.00	36.00 - 38.00	40.00 - 42.00	640.00 - 660.00	540.00 - 560.00	440.00 - 460.00	-	-
Mullaithivu	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	45.00 - 47.00	50.00 - 52.00	600.00 - 650.00	450.00 - 520.00	-	-	-
Batticaloa	160.00 - 180.00	350.00 - 380.00	140.00 - 160.00	28.00 - 30.00	-	590.00 - 620.00	450.00 - 480.00	360.00 - 380.00	-	-
Trincomalee	180.00 - 185.00	420.00 - 440.00	170.00 - 180.00	-	-	740.00 - 760.00	640.00 - 650.00	475.00 - 480.00	-	-
Veyangoda	150.00 - 170.00	300.00 - 330.00	150.00 - 170.00	32.00 - 36.00	40.00 - 44.00	600.00 - 680.00	460.00 - 520.00	360.00 - 400.00	-	170.00 - 190.00
Galenbindunuwewa	140.00 - 160.00	350.00 - 400.00	130.00 - 160.00	50.00 - 60.00	70.00 - 75.00	585.00 - 650.00	420.00 - 500.00	360.00 - 400.00	-	200.00 - 225.00
Bandarawela	160.00 - 200.00	320.00 - 370.00	170.00 - 200.00	27.00 - 31.00	53.00 - 56.00	550.00 - 600.00	450.00 - 500.00	380.00 - 420.00	-	180.00 - 200.00
Matale	170.00 - 180.00	380.00 - 400.00	180.00 - 200.00	32.00 - 35.00	45.00 - 52.00	680.00 - 720.00	550.00 - 580.00	380.00 - 440.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits												
	Vilad	Kohu	Papaw (Rs/kg)	Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/kg)	King Coconut
				60.00 - 320.00	100.00	100.00 - 200.00	-	150.00 - 200.00	80.00 - 120.00	100.00 - 100.00	100.00 - 120.00	30.00 - 35.00	60.00 - 100.00	1900.00 - 2500.00	200.00 - 250.00
Colombo	-	-	200.00 - 320.00	60.00 - 100.00	100.00 - 200.00	50.00 - 120.00	200.00 - 300.00	60.00 - 100.00	1900.00 - 2500.00	200.00 - 250.00	30.00 - 35.00	60.00 - 100.00	1900.00 - 2500.00	200.00 - 250.00	
Gampaha	-	-	260.00 - 300.00	-	150.00 - 200.00	80.00 - 100.00	100.00 - 120.00	30.00 - 35.00	2000.00 - 2200.00	150.00 - 160.00	-	-	-	-	
Kurunegala	-	-	270.00 - 300.00	-	-	-	-	150.00 - 175.00	50.00 - 50.00	1900.00 - 2000.00	140.00 - 150.00	-	-	-	-
Nikaweratiya	-	-	130.00 - 200.00	-	-	100.00 - 130.00	150.00 - 160.00	40.00 - 50.00	2300.00 - 2500.00	-	-	-	-	-	-
Dambulla	-	40.00 - 50.00	180.00 - 200.00	60.00 - 65.00	120.00 - 130.00	80.00 - 100.00	140.00 - 150.00	50.00 - 60.00	2800.00 - 2900.00	180.00 - 200.00	-	-	-	-	
Anuradhapura	80.00 - 120.00	-	180.00 - 200.00	-	120.00 - 140.00	100.00 - 140.00	150.00 - 180.00	60.00 - 80.00	2100.00 - 2600.00	180.00 - 250.00	-	-	-	-	
Thambuththegama	-	-	100.00 - 160.00	48.00 - 50.00	-	-	-	150.00 - 200.00	-	2200.00 - 2300.00	130.00 - 150.00	-	-	-	-
Polonnaruwa	-	-	240.00 - 250.00	100.00 - 130.00	-	50.00 - 60.00	200.00 - 220.00	60.00 - 70.00	2500.00 - 2800.00	240.00 - 250.00	-	-	-	-	
Kaluthara	-	-	150.00 - 180.00	-	130.00 - 140.00	-	-	58.00 - 60.00	2300.00 - 2500.00	160.00 - 170.00	-	-	-	-	
Badulla	-	-	240.00 - 260.00	60.00 - 65.00	100.00 - 100.00	50.00 - 60.00	100.00 - 100.00	60.00 - 100.00	2500.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Keppetipola	-	-	220.00 - 240.00	100.00 - 120.00	100.00 - 120.00	50.00 - 70.00	100.00 - 130.00	50.00 - 60.00	2400.00 - 2500.00	170.00 - 180.00	-	-	-	-	
Moneragala	-	-	150.00 - 180.00	50.00 - 60.00	100.00 - 130.00	50.00 - 70.00	-	40.00 - 50.00	2400.00 - 2500.00	130.00 - 150.00	-	-	-	-	
Kegalle	-	-	180.00 - 230.00	-	150.00 - 160.00	80.00 - 100.00	170.00 - 200.00	40.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Ampara	-	-	260.00 - 260.00	-	-	-	100.00 - 115.00	-	2200.00 - 2300.00	160.00 - 180.00	-	-	-	-	
Dehiattakandiya	-	-	160.00 - 200.00	-	-	50.00 - 50.00	100.00 - 150.00	50.00 - 70.00	2800.00 - 2800.00	120.00 - 150.00	-	-	-	-	
Nuwaraeliya	-	-	240.00 - 260.00	120.00 - 130.00	130.00 - 140.00	60.00 - 90.00	120.00 - 140.00	60.00 - 65.00	2500.00 - 2600.00	180.00 - 190.00	-	-	-	-	
Kandy	-	-	160.00 - 180.00	90.00 - 100.00	150.00 - 160.00	70.00 - 90.00	100.00 - 120.00	50.00 - 60.00	2000.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Puttalam	-	-	250.00 - 350.00	-	-	-	-	120.00 - 180.00	50.00 - 100.00	2500.00 - 3000.00	150.00 - 200.00	-	-	-	-
Hambantota	-	-	180.00 - 200.00	40.00 - 45.00	120.00 - 130.00	100.00 - 100.00	150.00 - 150.00	36.00 - 40.00	2400.00 - 2500.00	-	-	-	-	-	
Rathnapura	-	-	200.00 - 260.00	-	100.00 - 120.00	-	-	50.00 - 80.00	2000.00 - 2200.00	120.00 - 150.00	-	-	-	-	
Matara	-	-	130.00 - 150.00	50.00 - 60.00	180.00 - 190.00	80.00 - 120.00	160.00 - 180.00	50.00 - 60.00	2300.00 - 2500.00	170.00 - 190.00	-	-	-	-	
Galle	100.00 - 120.00	-	180.00 - 280.00	70.00 - 100.00	116.00 - 120.00	120.00 - 135.00	140.00 - 150.00	70.00 - 80.00	2500.00 - 3000.00	150.00 - 180.00	-	-	-	-	
Tissamaharama	-	-	140.00 - 140.00	45.00 - 50.00	90.00 - 110.00	120.00 - 140.00	150.00 - 165.00	35.00 - 46.00	1800.00 - 2000.00	180.00 - 200.00	-	-	-	-	
Meegoda (DEC)	-	-	150.00 - 200.00	80.00 - 80.00	-	50.00 - 80.00	-	42.00 - 56.00	2000.00 - 2500.00	180.00 - 180.00	-	-	-	-	
Embilipitiya	100.00 - 120.00	-	120.00 - 160.00	30.00 - 40.00	-	80.00 - 120.00	150.00 - 200.00	-	1900.00 - 2350.00	140.00 - 160.00	-	-	-	-	
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Vavuniya	-	-	160.00 - 180.00	65.00 - 68.00	120.00 - 130.00	-	-	-	2400.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Killinochchi	-	-	200.00 - 220.00	-	100.00 - 120.00	-	-	-	2400.00 - 2450.00	250.00 - 260.00	-	-	-	-	
Mullaitivu	-	-	200.00 - 220.00	65.00 - 70.00	-	-	-	-	2400.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Batticaloa	-	-	200.00 - 230.00	100.00 - 110.00	-	-	-	-	2400.00 - 2500.00	170.00 - 200.00	-	-	-	-	
Trincomalee	-	56.00 - 58.00	245.00 - 250.00	-	-	94.00 - 95.00	127.00 - 128.00	-	2440.00 - 2450.00	225.00 - 230.00	-	-	-	-	
Veyangoda	85.00 - 92.00	-	160.00 - 180.00	55.00 - 65.00	100.00 - 112.00	65.00 - 72.00	115.00 - 130.00	30.00 - 40.00	2200.00 - 2500.00	180.00 - 200.00	-	-	-	-	
Galenbindunuwewa	120.00 - 130.00	-	100.00 - 150.00	-	-	85.00 - 90.00	140.00 - 145.00	30.00 - 40.00	2400.00 - 2500.00	130.00 - 150.00	-	-	-	-	
Bandarawela	-	50.00 - 60.00	180.00 - 200.00	90.00 - 120.00	150.00 - 160.00	80.00 - 110.00	150.00 - 200.00	70.00 - 80.00	2500.00 - 2600.00	220.00 - 250.00	-	-	-	-	
Matale	-	-	180.00 - 200.00	-	-	100.00 - 120.00	100.00 - 130.00	60.00 - 70.00	2600.00 - 2800.00	160.00 - 200.00	-	-	-	-	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 13: 28 Mar - 03 Apr 2025

Locations	Sea Fish									
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw				
Colombo	200.00 – 300.00	850.00 – 1000.00	750.00 – 900.00	1100.00 – 1250.00	1500.00 – 2000.00	1200.00 – 1300.00				
Kandy	360.00 – 400.00	850.00 – 900.00	750.00 – 850.00	1200.00 – 1300.00	1700.00 – 1800.00	950.00 – 1100.00				
Kaluthara	300.00 – 400.00	–	800.00 – 850.00	900.00 – 1000.00	1700.00 – 1800.00	1000.00 – 1100.00				
Puttalam	–	–	–	–	–	–	–	–	–	–
Matara	300.00 – 330.00	–	800.00 – 900.00	1400.00 – 1500.00	–	–	–	–	–	–
Hambantota	350.00 – 400.00	800.00 – 850.00	800.00 – 900.00	900.00 – 1000.00	–	–	–	–	–	–
Galle	–	–	600.00 – 650.00	900.00 – 960.00	1800.00 – 1800.00	950.00 – 1000.00				
Batticaloa	400.00 – 450.00	–	800.00 – 900.00	1400.00 – 1500.00	1700.00 – 1750.00	1300.00 – 1400.00				
Trincomalee	390.00 – 420.00	1020.00 – 1035.00	1070.00 – 1080.00	1820.00 – 1860.00	1920.00 – 1950.00	1420.00 – 1450.00				
Mannar	–	–	–	–	–	–	–	–	–	–

Locations	Sea Fish				Eggs			
	Mora	Shrimps	Thalapath	Teppeli	Brown	White		
Colombo	950.00 – 1100.00	1650.00 – 1800.00	1500.00 – 1900.00	–	26.00 – 33.00	24.00 – 30.00		
Kandy	1250.00 – 1300.00	1800.00 – 1900.00	1800.00 – 1900.00	–	34.00 – 35.00	32.00 – 33.00		
Kaluthara	1000.00 – 1050.00	1600.00 – 1700.00	1300.00 – 1400.00	–	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–
Matara	–	1950.00 – 2100.00	1500.00 – 1600.00	–	33.00 – 34.50	32.00 – 33.50		
Hambantota	–	–	–	–	–	28.00 – 30.00		
Galle	–	–	1800.00 – 1800.00	–	32.00 – 33.00	26.00 – 33.00		
Batticaloa	1400.00 – 1450.00	–	1700.00 – 1800.00	–	30.00 – 32.00	28.00 – 30.00		
Trincomalee	1680.00 – 1720.00	1040.00 – 1050.00	–	–	30.00 – 31.00	29.00 – 30.00		
Mannar	–	–	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 13: 28 Mar - 03 Apr 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	40000 – 45000	–	–	87500 – 92500	50000 – 55000	–
Kandy	40000 – 42500	–	–	90000 – 92500	40000 – 45000	57500 – 60000
Batticaloa	50000 – 52000	85000 – 87500	–	95000 – 100000	50000 – 60000	55000 – 60000
Trincomalee	52800 – 53200	–	–	–	59500 – 60000	49000 – 49600
Mannar	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	60000 – 65000	–	37500 – 42500	27500 – 35000	82500 – 87500	–
Kandy	62500 – 65000	–	35000 – 37500	27000 – 30000	77500 – 80000	–
Batticaloa	–	–	35000 – 37500	40000 – 42500	–	–
Trincomalee	52800 – 53200	–	28800 – 29000	43700 – 43800	98500 – 98650	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	75000 – 80000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Sea Fish													Eggs																		
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White													
21	Colombo	250.00	-	600.00	960.00	-	1200.00	900.00	-	1300.00	1300.00	-	2300.00	1750.00	-	3500.00	1400.00	-	2000.00	-	1650.00	-	2800.00	29.00	-	38.00	28.00	-	36.00			
	Gampaha	500.00	-	600.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2600.00	-	2600.00	38.00	-	38.00	35.00	-	35.00				
	Kurunegala	360.00	-	400.00	-	-	-	-	-	1800.00	-	1800.00	-	-	-	-	-	-	-	2500.00	-	2600.00	31.00	-	33.00	27.00	-	29.00				
	Nikaweratiya	600.00	-	650.00	1100.00	-	1200.00	850.00	-	850.00	2000.00	-	2000.00	2600.00	-	2600.00	1200.00	-	1300.00	-	2200.00	-	2400.00	32.00	-	35.00	30.00	-	33.00			
	Dambulla	450.00	-	480.00	900.00	-	1000.00	900.00	-	1000.00	1700.00	-	1800.00	2200.00	-	2400.00	1300.00	-	1400.00	1400.00	-	1500.00	2000.00	-	2200.00	29.00	-	30.00	28.00	-	29.00	
	Anuradhapura	480.00	-	500.00	1100.00	-	1200.00	1000.00	-	1200.00	1800.00	-	2000.00	2000.00	-	2200.00	1300.00	-	1500.00	1800.00	-	2000.00	2300.00	-	2400.00	30.00	-	33.00	30.00	-	33.00	
	Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	36.00	-	38.00	36.00	-	37.00				
	Polonnaruwa	450.00	-	500.00	1100.00	-	1200.00	1200.00	-	1300.00	1700.00	-	1800.00	2200.00	-	2300.00	1400.00	-	1500.00	1600.00	-	1700.00	2000.00	-	2100.00	32.00	-	33.00	30.00	-	31.00	
	Kaluthara	600.00	-	700.00	-	-	1450.00	-	1600.00	2250.00	-	2400.00	2700.00	-	2800.00	-	-	1600.00	-	1700.00	2500.00	-	2600.00	30.00	-	30.00	28.00	-	28.00			
	Badulla	400.00	-	400.00	960.00	-	1000.00	1400.00	-	1400.00	1600.00	-	1600.00	1800.00	-	2000.00	1600.00	-	1600.00	1600.00	-	2000.00	30.00	-	34.00	26.00	-	28.00				
	Keppetipola	420.00	-	440.00	850.00	-	900.00	1300.00	-	1400.00	1700.00	-	1800.00	2300.00	-	2400.00	1500.00	-	1600.00	1400.00	-	1500.00	2100.00	-	2200.00	32.00	-	33.00	28.00	-	30.00	
	Moneragala	450.00	-	500.00	1100.00	-	1200.00	1000.00	-	1200.00	2200.00	-	2400.00	2200.00	-	2400.00	-	-	2000.00	-	2200.00	2400.00	-	2600.00	30.00	-	32.00	30.00	-	32.00		
	Kegalle	650.00	-	700.00	1200.00	-	1300.00	1100.00	-	1200.00	2000.00	-	2200.00	-	-	1750.00	-	1850.00	1850.00	-	2000.00	2350.00	-	2400.00	38.00	-	40.00	36.00	-	38.00		
	Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	28.00	-	35.00	28.00	-	35.00				
	Dehiattakandiya	350.00	-	500.00	1200.00	-	1200.00	1400.00	-	1400.00	1800.00	-	1800.00	1800.00	-	1800.00	-	-	1400.00	-	1400.00	2000.00	-	2200.00	32.00	-	35.00	31.00	-	33.00		
	Nuwaraeliya	450.00	-	460.00	960.00	-	980.00	1400.00	-	1500.00	1800.00	-	1900.00	2400.00	-	2500.00	1400.00	-	1500.00	1500.00	-	1600.00	2300.00	-	2400.00	32.00	-	33.00	30.00	-	31.00	
	Kandy	460.00	-	500.00	1000.00	-	1100.00	1000.00	-	1100.00	1700.00	-	1800.00	2200.00	-	2300.00	1300.00	-	1500.00	1500.00	-	1600.00	2000.00	-	2100.00	36.00	-	37.00	34.00	-	35.00	
	Puttalam	450.00	-	500.00	800.00	-	900.00	850.00	-	1000.00	1200.00	-	1200.00	-	-	1100.00	-	1200.00	-	-	2000.00	-	2200.00	35.00	-	40.00	30.00	-	35.00			
	Hambantota	400.00	-	500.00	900.00	-	1000.00	1600.00	-	1750.00	1750.00	-	1800.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00	-	32.00	
	Rathnapura	450.00	-	600.00	980.00	-	1200.00	1100.00	-	1200.00	1700.00	-	1800.00	2800.00	-	3000.00	1850.00	-	2000.00	1400.00	-	1600.00	1950.00	-	2200.00	31.00	-	33.00	29.00	-	31.00	
	Matara	500.00	-	550.00	-	-	1300.00	-	1450.00	2000.00	-	2200.00	-	-	-	-	-	1350.00	-	1500.00	2200.00	-	2300.00	33.00	-	36.00	33.00	-	34.00			
	Galle	480.00	-	500.00	900.00	-	1000.00	980.00	-	1150.00	1800.00	-	2000.00	2200.00	-	2400.00	1400.00	-	1800.00	1800.00	-	2000.00	2400.00	-	2400.00	34.00	-	35.00	32.00	-	35.00	
	Tissamaharama	450.00	-	500.00	800.00	-	1000.00	1000.00	-	1200.00	2600.00	-	2800.00	-	-	1400.00	-	1600.00	-	-	-	-	-	29.00	-	32.00	28.00	-	30.00			
	Meegoda	400.00	-	600.00	1200.00	-	1200.00	900.00	-	1000.00	1800.00	-	2300.00	-	-	-	-	-	-	-	2700.00	-	2700.00	34.00	-	36.00	32.00	-	34.00			
	Embilipitiya	400.00	-	450.00	-	-	1300.00	-	1400.00	2000.00	-	2100.00	2200.00	-	2300.00	1600.00	-	1700.00	1500.00	-	1600.00	2300.00	-	2400.00	28.00	-	30.00	27.00	-	29.00		
	Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Vavuniya	600.00	-	700.00	1000.00	-	1200.00	1200.00	-	1300.00	2400.00	-	2500.00	2400.00	-	2500.00	1600.00	-	1700.00	2400.00	-	2500.00	2400.00	-	2500.00	31.00	-	33.00	30.00	-	32.00	
	Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Killinochchi	450.00	-	500.00	850.00	-	900.00	950.00	-	1000.00	-	-	-	-	-	-	1450.00	-	1500.00	2800.00	-	2900.00	-	-	-	-	-	-	30.00	-	31.00	
	Mullaithivu	500.00	-	550.00	1000.00	-	1200.00	850.00	-	900.00	-	-	-	-	-	-	1650.00	-	1800.00	-	-	2250.00	-	2350.00	-	-	32.00	-	33.00	30.00	-	33.00
	Batticaloa	400.00	-	500.00	-	-	1400.00	-	1500.00	2000.00	-	2100.00	2200.00	-	2300.00	2000.00	-	2100.00	2000.00	-	2000.00	2200.00	-	2300.00	35.00	-	36.00	33.00	-	35.00		
	Trincomalee	580.00	-	590.00	1150.00	-	1160.00	1220.00	-	1230.00	2340.00	-	2350.00	2430.00	-	2440.00	1635.00	-	1650.00	1870.00	-	1900.00	-	-	32.00	-	34.00	32.00	-	33.00		
	Veyangoda	500.00	-	550.00	900.00	-	1000.00	1400.00	-	1400.00	1800.00	-	1850.00	2000.00	-	2200.00	-	-	-	-	2000.00	-	2200.00	34.00	-	36.00	30.00	-	34.00			
	Galenbindunuwewa	500.00	-	550.00	1250.00	-	1300.00	1350.00	-	1400.00	2200.00	-	2300.00	2500.00	-	2550.00	1950.00	-	2000.00	1700.00	-	1800.00	2400.00	-	2500.00	33.00	-	35.00	29.00	-	31.00	
	Bandarawela	500.00	-	500.00	1200.00	-	1250.00	1400.00	-	1450.00	2000.00	-	2000.00	-	-	1800.00	-	1850.00	1400.00	-	1450.00	2200.00	-	2300.00	35.00	-	36.00	33.00	-	35.00		
	Matale	480.00	-	500.00	1100.00	-	1200.00	1200.00	-	1300.00	1900.00	-	2000.00	2300.00	-	2400.00	1300.00	-	1400.00	1400.00	-	1600.00	2000.00	-	2200.00	27.00	-	28.00	25.00	-	26.00	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
Colombo	700.00 – 1300.00	2200.00 – 2600.00	–	2000.00 – 2600.00	1300.00 – 1800.00	1800.00 – 2400.00	1000.00 – 1500.00					
Gampaha	850.00 – 900.00	–	3800.00 – 4000.00	2000.00 – 2000.00	–	2000.00 – 2000.00	950.00 – 950.00					
Kurunegala	850.00 – 850.00	–	–	–	1800.00 – 1800.00	1800.00 – 1900.00	700.00 – 750.00					
Nikaweratiya	800.00 – 900.00	1800.00 – 1800.00	–	–	1200.00 – 1400.00	2000.00 – 2200.00	–					
Dambulla	800.00 – 900.00	2200.00 – 2300.00	–	2200.00 – 2300.00	1200.00 – 1300.00	1700.00 – 1800.00	–					
Anuradhapura	800.00 – 1000.00	1800.00 – 2200.00	–	2000.00 – 2400.00	1400.00 – 1600.00	2000.00 – 2200.00	900.00 – 1000.00					
Thambuththegama	780.00 – 1000.00	1960.00 – 2100.00	–	2200.00 – 2300.00	1100.00 – 1260.00	1100.00 – 2100.00	1180.00 – 1280.00					
Polonnaruwa	900.00 – 950.00	2000.00 – 2100.00	–	2200.00 – 2300.00	1100.00 – 1200.00	2000.00 – 2100.00	–					
Kaluthara	950.00 – 1000.00	2200.00 – 2360.00	–	2200.00 – 2350.00	1300.00 – 1600.00	2100.00 – 2200.00	–					
Badulla	700.00 – 1000.00	2000.00 – 2100.00	–	2000.00 – 2200.00	1200.00 – 1300.00	1700.00 – 1800.00	–					
Keppetipola	800.00 – 900.00	2100.00 – 2200.00	–	2200.00 – 2250.00	1400.00 – 1500.00	2000.00 – 2100.00	880.00 – 920.00					
Moneragala	800.00 – 1000.00	1800.00 – 1900.00	–	2000.00 – 2300.00	1400.00 – 1450.00	2200.00 – 2300.00	800.00 – 900.00					
Kegalle	850.00 – 960.00	–	–	2000.00 – 2200.00	1000.00 – 1200.00	–	–					
Ampara	–	1800.00 – 1900.00	–	2100.00 – 2200.00	1300.00 – 1400.00	1200.00 – 1300.00	700.00 – 700.00					
Dehiattakandiya	800.00 – 1000.00	1800.00 – 2600.00	–	2200.00 – 2400.00	1100.00 – 1200.00	1400.00 – 2400.00	–					
Nuwaraeliya	860.00 – 950.00	2200.00 – 2250.00	–	2200.00 – 2260.00	1500.00 – 1600.00	1800.00 – 1900.00	900.00 – 950.00					
Kandy	800.00 – 900.00	2300.00 – 2400.00	–	2300.00 – 2400.00	1500.00 – 1600.00	2000.00 – 2100.00	1100.00 – 1200.00					
Puttalam	700.00 – 920.00	1800.00 – 2200.00	–	1800.00 – 2000.00	950.00 – 1000.00	1000.00 – 1600.00	700.00 – 1000.00					
Hambantota	800.00 – 900.00	–	–	–	1400.00 – 1500.00	2000.00 – 2000.00	–					
Rathnapura	720.00 – 720.00	1800.00 – 2200.00	3000.00 – 3000.00	2100.00 – 2200.00	1200.00 – 1350.00	1800.00 – 2100.00	960.00 – 1240.00					
Matara	750.00 – 850.00	1800.00 – 2000.00	–	1900.00 – 2200.00	1100.00 – 1200.00	1800.00 – 2100.00	–					
Galle	900.00 – 1200.00	2000.00 – 2200.00	2800.00 – 3000.00	1800.00 – 2200.00	1400.00 – 1600.00	1800.00 – 2000.00	700.00 – 700.00					
Tissamaharama	800.00 – 1000.00	2000.00 – 2200.00	–	–	1200.00 – 1200.00	1400.00 – 1600.00	1000.00 – 1200.00					
Meegoda	800.00 – 880.00	2200.00 – 2400.00	–	2200.00 – 2400.00	1400.00 – 1600.00	2400.00 – 2400.00	1200.00 – 1200.00					
Embilipitiya	850.00 – 1000.00	2300.00 – 2400.00	–	2150.00 – 2250.00	1300.00 – 1500.00	2150.00 – 2300.00	750.00 – 900.00					
Jaffna	–	–	–	–	–	–	–					
Vavuniya	–	2000.00 – 2200.00	–	2000.00 – 2200.00	1000.00 – 1200.00	1200.00 – 1300.00	800.00 – 900.00					
Mannar	–	–	–	–	–	–	–					
Killinochchi	900.00 – 950.00	2150.00 – 2200.00	–	1800.00 – 1900.00	980.00 – 1000.00	1000.00 – 1000.00	750.00 – 800.00					
Mullaittivu	1100.00 – 1200.00	1900.00 – 2000.00	–	2450.00 – 2600.00	–	–	–					
Batticaloa	1000.00 – 1100.00	1800.00 – 1850.00	–	2200.00 – 2400.00	1600.00 – 1650.00	1400.00 – 1500.00	800.00 – 900.00					
Trincomalee	1070.00 – 1080.00	2365.00 – 2375.00	–	–	1300.00 – 1320.00	1200.00 – 1225.00	755.00 – 760.00					
Veyangoda	800.00 – 1200.00	1800.00 – 2000.00	–	2000.00 – 2300.00	1000.00 – 1200.00	1400.00 – 1600.00	800.00 – 1000.00					
Galenbindunuwewa	800.00 – 950.00	1850.00 – 2000.00	–	2150.00 – 2250.00	1350.00 – 1400.00	1350.00 – 1450.00	1000.00 – 1150.00					
Bandarawela	900.00 – 1200.00	2200.00 – 2300.00	–	2200.00 – 2300.00	1450.00 – 1500.00	2000.00 – 2100.00	900.00 – 1000.00					
Matale	900.00 – 1200.00	2200.00 – 2300.00	–	2300.00 – 2400.00	1500.00 – 1700.00	2200.00 – 2300.00	800.00 – 900.00					

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 – 2800.00	1170.00 – 1320.00	1000.00 – 1280.00	3400.00 – 3800.00	1400.00 – 1700.00
Gampaha	–	1140.00 – 1150.00	1200.00 – 1200.00	3500.00 – 3500.00	1200.00 – 1200.00
Kurunegala	2600.00 – 2800.00	1050.00 – 1100.00	1200.00 – 1200.00	3000.00 – 3200.00	1100.00 – 1200.00
Nikaweratiya	2200.00 – 2300.00	1080.00 – 1200.00	–	–	–
Dambulla	–	1200.00 – 1250.00	1300.00 – 1300.00	–	1400.00 – 1400.00
Anuradhapura	2400.00 – 2500.00	1150.00 – 1250.00	1300.00 – 1400.00	3600.00 – 3700.00	1300.00 – 1500.00
Thambuththegama	–	1080.00 – 1150.00	–	–	1360.00 – 1500.00
Polonnaruwa	2300.00 – 2400.00	1100.00 – 1200.00	1200.00 – 1300.00	3300.00 – 3400.00	1200.00 – 1300.00
Kaluthara	2500.00 – 2550.00	1180.00 – 1250.00	1100.00 – 1300.00	–	1300.00 – 1400.00
Badulla	2300.00 – 2300.00	1050.00 – 1100.00	1250.00 – 1300.00	3200.00 – 3200.00	–
Keppetipola	2200.00 – 2300.00	1100.00 – 1200.00	1240.00 – 1280.00	3000.00 – 3200.00	–
Moneragala	2400.00 – 2400.00	1190.00 – 1350.00	1500.00 – 1600.00	3000.00 – 3000.00	1500.00 – 1600.00
Kegalle	2300.00 – 2300.00	1200.00 – 1290.00	–	3100.00 – 3100.00	1150.00 – 1200.00
Ampara	2100.00 – 2200.00	1000.00 – 1000.00	–	–	1400.00 – 1650.00
Dehiattakandiya	–	1190.00 – 1220.00	–	–	1290.00 – 1600.00
Nuwaraeliya	2250.00 – 2300.00	1100.00 – 1160.00	1250.00 – 1280.00	3200.00 – 3300.00	1500.00 – 1600.00
Kandy	2300.00 – 2400.00	1170.00 – 1180.00	1100.00 – 1150.00	3200.00 – 3200.00	1450.00 – 1500.00
Puttalam	2400.00 – 2400.00	1100.00 – 1100.00	1400.00 – 1400.00	3500.00 – 3500.00	–
Hambantota	–	1260.00 – 1280.00	–	–	–
Rathnapura	2500.00 – 2500.00	1200.00 – 1300.00	1250.00 – 1350.00	3400.00 – 3400.00	1350.00 – 1350.00
Matara	–	1230.00 – 1260.00	–	–	–
Galle	2300.00 – 2400.00	1200.00 – 1250.00	–	3400.00 – 3500.00	–
Tissamaharama	–	1100.00 – 1200.00	–	–	1500.00 – 1600.00
Meegoda	–	1080.00 – 1250.00	1000.00 – 1300.00	–	1500.00 – 1500.00
Embiliptiya	2000.00 – 2100.00	1150.00 – 1200.00	1200.00 – 1280.00	2950.00 – 3500.00	1350.00 – 1450.00
Jaffna	–	–	–	–	–
Vavuniya	2100.00 – 2200.00	1300.00 – 1340.00	1600.00 – 1700.00	3200.00 – 3300.00	–
Mannar	–	–	–	–	–
Killinochchi	2150.00 – 2200.00	1250.00 – 1300.00	1450.00 – 1500.00	3200.00 – 3250.00	–
Mullaitivu	2150.00 – 2200.00	1350.00 – 1400.00	1500.00 – 1500.00	–	–
Batticaloa	2000.00 – 2100.00	1100.00 – 1200.00	1300.00 – 1350.00	3500.00 – 3550.00	–
Trincomalee	2345.00 – 2350.00	1050.00 – 1080.00	1770.00 – 1780.00	3580.00 – 3590.00	–
Veyangoda	2400.00 – 2450.00	1100.00 – 1280.00	–	–	1200.00 – 1250.00
Galenbindunuwewa	2400.00 – 2450.00	1100.00 – 1200.00	1350.00 – 1400.00	3550.00 – 3650.00	1600.00 – 1650.00
Bandarawela	2350.00 – 2400.00	1250.00 – 1350.00	–	3300.00 – 3500.00	–
Matale	2300.00 – 2400.00	1050.00 – 1100.00	1100.00 – 1200.00	3100.00 – 3200.00	1250.00 – 1300.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)
Week 13: 28 Mar - 03 Apr 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large	180.00 - 200.00	187.50	179.50	98.89	4.46	89.61
Samba 1	240.00 - 245.00	241.67	241.67	236.25	0.00	2.29	Small	160.00 - 170.00	166.25	159.50	82.78	4.23	100.84
Samba 2	235.00 - 238.00	236.50	236.20	229.43	0.13	3.08							
Keeri Samba	260.00 - 280.00	270.00	271.67	317.50	-0.61	-14.96							
Nadu 1	225.00 - 230.00	227.00	227.00	206.00	0.00	10.19							
Nadu 2	220.00 - 222.00	221.00	221.00	196.33	0.00	12.56	Fruits (Rs/fruit)						
Raw (Red)	215.00 - 220.00	217.00	218.00	172.78	-0.46	25.59	Plantain						
Raw (White)	218.00 - 225.00	221.00	221.00	194.78	0.00	13.46	Ambul (Rs/kg)	70.00 - 120.00	92.00	93.64	126.67	-1.75	-27.37
Imported							Kolikuttu (Rs/kg)	200.00 - 280.00	243.00	271.82	330.00	-10.60	-26.36
Samba	230.00 - 235.00	233.00	230.83	250.38	0.94	-6.94	Seeni (Rs/kg)	100.00 - 120.00	108.00	110.00	123.33	-1.82	-12.43
Nadu	215.00 - 220.00	217.50	217.50		0.00		Anamalu	25.00 - 30.00	28.10	28.91	26.67	-2.80	5.37
Raw (Red)							Ambun	37.00 - 44.00	39.70	42.18	31.33	-5.88	26.70
Raw (White)	205.00 - 210.00	207.50	207.50		0.00		Papaw(Rs/kg)	100.00 - 180.00	148.75	150.91	192.50	-1.43	-22.73
Dried Chillies							Passion Fruit	50.00 - 60.00	52.78	58.33	107.78	-9.52	-51.03
Imported	550.00 - 650.00	600.00	618.57	800.00	-3.00	-25.00	Pineapple Large	450.00 - 500.00	483.33	475.00		1.75	
Onion							Pineapple Medium	350.00 - 380.00	366.67	344.29	532.50	6.50	-31.14
Sinnan	100.00 - 200.00	144.00	146.00		-1.37		Pineapple Small	280.00 - 300.00	290.00	275.71	432.50	5.18	-32.95
Vedalan	200.00 - 320.00	275.00	273.33	236.67	0.61	16.20	Mango						
Imported	250.00 - 270.00	259.17	262.00	212.86	-1.08	21.76	Betti						
Big Onion							Karthakolamban	150.00 - 200.00	178.13	168.00	318.00	6.03	-43.99
Imported	70.00 - 135.00	109.38	109.44	476.67	-0.06	-77.05	Vilad	55.00 - 60.00	58.33	66.67	138.33	-12.50	-57.83
Potato							Kohu						
Wellimada	220.00 - 250.00	232.50	250.00	247.50	-7.00	-6.06	Other						
N'Eliya	240.00 - 270.00	255.83	280.00	274.17	-8.63	-6.69	Wood Apple	85.00 - 120.00	100.63	89.44	105.56	12.50	-4.67
Imported	130.00 - 180.00	160.00	159.38	168.33	0.39	-4.95	Orange	35.00 - 50.00	44.38	45.00	40.50	-1.39	9.57
Pulses							Avocado	100.00 - 225.00	153.75	182.78	263.75	-15.88	-41.71
Green Gram	650.00 - 850.00	758.33	716.00	1303.33	5.91	-41.82	Slime Apple	25.00 - 40.00	31.88	30.00	29.11	6.25	9.49
Cowpea (White)	600.00 - 700.00	656.00	638.33	750.00	2.77	-12.53	Grapes (Imp., Rs/kg)	1300.00 - 1900.00	1637.50	1600.00	1957.14	2.34	-16.33
Cowpea (Red)	450.00 - 550.00	500.00	500.00	700.00	0.00	-28.57	King Coconut	150.00 - 220.00	188.75	191.11	180.00	-1.24	4.86
Red Dhal	255.00 - 265.00	260.71	261.67	285.83	-0.36	-8.79	Sea Fish						
Vegetable							Salaya	200.00 - 300.00	271.82	348.33	261.00	-21.97	4.14
Beans (Butter)							Hurulla	850.00 - 1000.00	915.00	838.33	637.00	9.15	43.64
Beans(Green)	450.00 - 600.00	525.00	468.18	124.55	12.14	321.53	Balaya	750.00 - 900.00	834.44	777.50	496.00	7.32	68.23
Carrot	450.00 - 550.00	503.00	431.00	266.00	16.71	89.10	Kelawalla	1100.00 - 1250.00	1171.00	1106.67	965.00	5.81	21.35
Leeks	100.00 - 200.00	144.00	157.00	164.00	-8.28	-12.20	Thora	1500.00 - 2000.00	1810.00	1841.67	1815.00	-1.72	-0.28
Beetroot	170.00 - 280.00	216.92	153.08	166.00	41.71	30.68	Paraw	1200.00 - 1300.00	1283.33	1108.33	1168.00	15.79	9.87
Knolkhol	180.00 - 250.00	219.00	208.00	70.00	5.29	212.86	Mora	950.00 - 1100.00	1042.22	1016.67	900.00	2.51	15.80
Raddish	80.00 - 120.00	100.00	106.00	42.00	-5.66	138.10	Shrimps	1650.00 - 1800.00	1745.00	1952.50	1915.00	-10.63	-8.88
Cabbage	200.00 - 250.00	231.00	238.00	250.00	-2.94	-7.60	Thalaphath	1500.00 - 1900.00	1710.00	1550.00	1425.00	10.32	20.00
Tomato	160.00 - 280.00	221.00	188.00	134.00	17.55	64.93	Eggs						
Ladies Fingers	200.00 - 250.00	229.00	232.00	50.00	-1.29	358.00	White	26.00 - 33.00	30.13	29.88	48.25	0.84	-37.56
Brinjal	400.00 - 550.00	475.00	296.00	217.00	60.47	118.89	Brown	24.00 - 30.00	27.00	26.81	45.50	0.70	-40.66
Capsicum	500.00 - 700.00	615.00	593.00	375.00	3.71	64.00	Sprats	800.00 - 900.00	868.33	850.00	1130.91	2.16	-23.22
Pumpkin	120.00 - 170.00	140.00	119.00	148.00	17.65	-5.41	Sprats (Imported)	550.00 - 700.00	650.00	623.33	843.33	4.28	-22.92
Cucumber	60.00 - 100.00	82.00	100.00	37.00	-18.00	121.62	Kattawa						
Bitter Gourd	350.00 - 400.00	376.00	340.00	166.00	10.59	126.51	Kattawa (Imported)	1650.00 - 1750.00	1691.67	1645.83	1298.00	2.78	30.33
Snake Gourd	220.00 - 350.00	291.00	315.00	121.00	-7.62	140.50	Thora (Imported)						
Drumstick							Mora	1750.00 - 1850.00	1785.00	1804.17	1729.17	-1.06	3.23
Luffa	280.00 - 350.00	310.00	321.00	100.00	-3.43	210.00	Mora (Imported)						
Long Beans	200.00 - 300.00	237.00	266.00	90.00	-10.90	163.33	Balaya	1000.00 - 1100.00	1032.86	804.17	808.00	28.44	27.83
Ash Plantain	120.00 - 150.00	136.00	124.00	192.00	9.68	-29.17	Balaya (Imported)						
Green Chillies	450.00 - 550.00	505.00	490.00	186.00	3.06	171.51	Anguluwa						
Lime	100.00 - 150.00	129.00	120.00	234.00	7.50	-44.87	Anguluwa (Imported)	1500.00 - 1600.00	1541.67	1511.82	1418.00	1.97	8.72
Root Crops							Maduwa	1200.00 - 1300.00	1255.00	1263.33	1334.00	-0.66	-5.92
Sweet Potato	140.00 - 180.00	161.00	146.00	141.00	10.27	14.18	Maduwa (Imported)						
Manioc	80.00 - 130.00	102.00	100.00	108.00	2.00	-5.56	Koduwa						
Leafy Vegetable							Koduwa (Imported)						
Mukunuwenna	30.00 - 35.00	32.50	32.50	21.67	0.00	50.00	Salaya	750.00 - 850.00	800.00	737.50	390.83	8.47	104.69
Kankun	30.00 - 35.00	32.50	32.50	21.67	0.00	50.00	Salaya (Imported)						
Gotukola (Rs/kg)	280.00 - 320.00	300.00	310.00	243.33	-3.23	23.29							

This Week: Week 13: 28 Mar - 03 Apr 2025
Last Week: Week 12: 21 - 27 Mar 2025

Table 15: Colombo & Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 13: 28 Mar - 03 Apr 2025

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)	
Rice														
Local														
Samba 1	240.00 - 260.00	253.08	248.28	252.26	4.80	0.32	Coconut		185.00 - 240.00	206.76	205.00	116.55	1.76	77.40
Samba 2	-	-	-	-	-	-	Large		165.00 - 190.00	178.82	177.67	93.70	1.16	90.84
Keeri Samba	280.00 - 340.00	301.18	295.16	371.46	6.02	-18.92	Fruits (Rs/fruit)							
Nadu 1	230.00 - 250.00	241.74	242.83	224.00	-1.09	7.92	Plantain							
Nadu 2	-	-	-	-	-	-	Ambul (Rs/kg)		120.00 - 220.00	167.27	173.48	217.31	-6.21	-23.02
Raw (Red)	220.00 - 250.00	234.21	232.31	196.67	1.90	19.09	Kolikutu (Rs/kg)		300.00 - 400.00	346.67	355.50	431.60	-8.83	-19.68
Raw (White)	220.00 - 250.00	231.19	227.60	214.17	3.59	7.95	Seeni (Rs/kg)		140.00 - 220.00	186.67	190.50	205.00	-3.83	-8.94
Imported							Anamalu		34.00 - 50.00	42.56	46.22	30.69	-3.66	38.69
Samba	240.00 - 260.00	246.18	242.73	280.45	3.45	-12.22	Ambun		50.00 - 60.00	55.36	63.78	41.04	-8.42	34.89
Nadu	220.00 - 240.00	230.50	229.79	-	0.71	-	Papaw(Rs/kg)		200.00 - 320.00	234.74	266.47	304.62	-31.73	-22.94
Raw (Red)	-	-	-	-	-	-	Passion Fruit		60.00 - 100.00	83.00	88.24	150.91	-5.24	-45.00
Raw (White)	220.00 - 230.00	225.63	225.19	-	0.43	-	Pineapple Large		520.00 - 650.00	577.22	647.14	696.88	-69.92	-17.17
Dried Chillies							Pineapple Medium		400.00 - 500.00	421.76	500.00	601.58	-78.24	-29.89
Imported	700.00 - 950.00	831.82	816.67	1095.65	15.15	-24.08	Pineapple Small		320.00 - 370.00	341.33	403.75	501.05	-62.42	-31.88
Onion							Mango							
Sinnan	320.00 - 360.00	360.00	360.00	0.00	-	-	Betti							
Vedalan	350.00 - 400.00	370.00	351.00	383.75	19.00	-3.58	Karthakolomban		200.00 - 300.00	246.47	241.74	-	4.73	-
Imported	320.00 - 480.00	406.79	417.94	310.00	-11.16	31.22	Vilad							
Big Onion							Kohu							
Imported	140.00 - 200.00	171.54	173.57	567.41	-2.03	-69.77	Other							
Local	-	-	-	-	-	-	Wood Apple		100.00 - 200.00	177.35	175.56	171.05	1.80	3.68
Potato							Orange		50.00 - 120.00	79.06	85.68	85.24	-6.62	-7.25
Welimada	340.00 - 350.00	345.00	365.00	-	-20.00	-	Avocado		200.00 - 300.00	231.67	263.53	136.15	-31.86	70.15
N'Eliya	360.00 - 480.00	407.83	411.90	403.81	-4.08	0.99	Slime Apple		60.00 - 100.00	82.73	77.78	83.10	4.95	-0.44
Imported	180.00 - 260.00	217.19	207.65	212.50	9.54	2.21	Grapes (Imp., Rs/kg)		1900.00 - 2500.00	2188.24	2094.44	2388.24	93.79	-8.37
Pulses							King Coconut		200.00 - 250.00	230.00	233.33	213.33	-3.33	7.81
Green Gram	700.00 - 1000.00	848.28	766.00	1350.00	82.28	-37.16	Sea Fish							
Cowpea (White)	700.00 - 1000.00	826.36	798.26	1120.83	28.10	-26.27	Salaya		250.00 - 600.00	491.58	508.42	490.00	-16.84	0.32
Cowpea (Red)	650.00 - 1000.00	817.27	797.73	1144.00	19.55	-28.56	Hurulla		960.00 - 1200.00	1094.17	1074.38	810.63	19.79	34.98
Red Dhal	280.00 - 340.00	298.92	298.92	335.42	0.00	-10.88	Balaya		900.00 - 1300.00	1043.75	920.83	761.43	122.92	37.08
Vegetable							Kelawalla		1300.00 - 2300.00	1872.11	1758.89	1668.42	113.22	12.21
Beans (Butter)	-	-	-	-	-	-	Thora		1750.00 - 3500.00	2586.84	2677.78	2700.00	-90.94	-4.19
Beans(Green)	540.00 - 800.00	663.60	613.81	290.69	49.79	128.28	Paraw		1400.00 - 2000.00	1797.06	1794.74	1796.88	2.32	0.01
Carrot	550.00 - 800.00	705.20	697.83	394.64	7.37	78.69	Mora							
Leeks	220.00 - 360.00	291.74	293.91	309.03	-2.17	-5.60	Shrimps		1800.00 - 2400.00	2125.00	2177.78	2242.11	-52.78	-5.22
Beetroot	250.00 - 500.00	391.74	300.42	323.10	91.32	21.24	Thalapath		1650.00 - 2800.00	2457.89	2447.37	2272.50	10.53	8.16
Knolkhol	280.00 - 480.00	386.92	385.71	254.48	1.21	52.04	Eggs							
Raddish	160.00 - 320.00	245.00	240.95	175.93	4.05	39.26	Brown		29.00 - 38.00	33.53	32.39	50.68	1.14	-33.84
Cabbage	340.00 - 480.00	393.33	397.83	452.41	-4.49	-13.06	White		28.00 - 36.00	32.06	30.72	47.32	1.34	-32.25
Tomato	240.00 - 480.00	373.48	368.26	285.17	5.22	30.97	Dried Fish							
Ladies Fingers	300.00 - 400.00	363.18	347.20	219.66	15.98	65.34	Sprats		1000.00 - 2000.00	1572.22	1557.14	1785.19	15.08	-11.93
Brinjal	500.00 - 720.00	591.74	394.17	332.41	197.57	78.01	Sprats (Imported)		700.00 - 1300.00	1026.32	1022.22	1178.57	4.09	-12.92
Capsicum	550.00 - 1000.00	806.09	839.58	594.64	-33.50	35.56	Kattawa		2200.00 - 2600.00	2366.67	2355.56	2064.00	11.11	14.66
Pumpkin	160.00 - 320.00	258.18	245.45	295.17	12.73	-12.53	Thora							
Cucumber	130.00 - 320.00	224.09	228.00	160.34	-3.91	39.76	Paraw		2000.00 - 2600.00	2484.21	2522.22	2234.48	-38.01	11.18
Bitter Gourd	400.00 - 650.00	542.86	508.82	341.72	34.03	58.86	Mora							
Snake Gourd	320.00 - 480.00	414.29	430.43	281.43	-16.15	47.21	Balaya		1300.00 - 1800.00	1689.47	1672.22	1516.00	17.25	11.44
Drumstick	500.00 - 600.00	575.00	-	604.40	-	-4.86	Anguluwa		1800.00 - 2400.00	2300.00	2311.11	2444.44	-11.11	-5.91
Luffa	340.00 - 600.00	443.33	452.11	286.90	-8.77	54.53	Maduwa							
Long Beans	320.00 - 520.00	414.35	448.26	247.08	-33.91	67.70	Koduwa							
Ash Plantain	180.00 - 320.00	253.91	253.33	347.24	0.58	-26.88	Salaya		1000.00 - 1500.00	1228.57	1123.08	804.17	105.49	52.78
Green Chillies	500.00 - 1000.00	789.57	919.17	445.17	-129.60	77.36	Meat							
Lime	200.00 - 500.00	356.67	291.36	457.24	65.30	-22.00	Beef (without Bones)		2600.00 - 2800.00	2762.50	2700.00	2366.67	62.50	16.73
Root Crops							Chicken (Broiler)		1170.00 - 1320.00	1244.17	1227.50	1251.82	16.67	-0.61
Sweet Potato	220.00 - 360.00	304.55	270.00	306.55	34.55	-0.65	Chicken (Curry)		1000.00 - 1280.00	1113.75	1090.91	1222.73	22.84	-8.91
Manioc	150.00 - 240.00	209.09	199.17	227.93	9.92	-8.27	Mutton		3400.00 - 3800.00	3666.67	3633.33	3260.00	33.33	12.47
Leafy Vegetable							Pork		1400.00 - 1700.00	1516.67	1483.33	1300.00	33.33	16.67
Mukunuwenna	50.00 - 80.00	72.06	72.22	70.69	-0.16	1.94								
Kankun	50.00 - 80.00	71.56	72.22	70.69	-0.66	1.23								
Gotukola	230.00 - 280.00	254.44	282.94	99.66	-28.50	155.32								

This Week: Week 13: 28 Mar - 03 Apr 2025

Last Week: Week 12: 21 - 27 Mar 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)
Week 13: 28 Mar - 03 Apr 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	240.00 – 260.00	252.00
A'pura	132.00 – 134.00	132.80	Dambulla	440.00 – 500.00	472.00	Hambantota	–	
P'naruwa	117.00 – 133.00	124.11	Wellimada	480.00 – 500.00	489.00	Embilipitiya	280.00 – 300.00	290.00
Kalawewa	132.00 – 135.00	133.00	Badulla	480.00 – 540.00	513.33	Matara	–	
Kurunegala	118.00 – 130.00	123.83	Carrot			A'pura	180.00 – 200.00	188.00
Dehiattakandiya	128.00 – 130.00	129.00	N'Ellya	420.00 – 440.00	432.00	Luffa		
Nikaweratiya	125.00 – 135.00	129.60	Wellimada	340.00 – 355.00	347.00	Dambulla	240.00 – 270.00	255.00
Ampara	135.00 – 135.00	135.00	Hanguranketha	450.00 – 500.00	480.00	Hambantota	220.00 – 230.00	225.00
Long Grain (White)			Leeks			Embilipitiya	320.00 – 350.00	335.00
A'pura	124.00 – 128.00	125.60	N'Ellya	100.00 – 120.00	108.00	Matara	–	
P'naruwa	115.00 – 132.00	122.89	Wellimada	90.00 – 100.00	95.00	A'pura	320.00 – 340.00	328.00
Kalawewa	124.00 – 128.00	126.40	Beetroot			Green Chillies		
Kurunegala	115.00 – 127.00	121.33	N'Ellya	110.00 – 130.00	122.50	Dambulla	440.00 – 490.00	470.00
Dehiattakandiya	126.00 – 127.00	126.33	Dambulla	280.00 – 320.00	300.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	550.00 – 580.00	565.00
Nikaweratiya	115.00 – 125.00	119.00	Wellimada	145.00 – 160.00	152.00	Puttalam	500.00 – 570.00	540.00
Hambantota	–		Hanguranketha	160.00 – 160.00	160.00	A'pura	550.00 – 600.00	570.00
Ampara	125.00 – 128.00	126.33	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	220.00 – 240.00	228.00	Dambulla	130.00 – 145.00	138.00
Matara	125.00 – 126.00	125.50	Wellimada	220.00 – 240.00	231.00	Hambantota	–	
Hambantota	120.00 – 130.00	125.00	Hanguranketha	160.00 – 200.00	180.00	Embilipitiya	160.00 – 180.00	170.00
Embilipitiya	125.00 – 128.00	126.50	Raddish			Matara	125.00 – 140.00	131.25
Keeri Samba			N'Ellya	50.00 – 70.00	58.00	A'pura	140.00 – 160.00	148.00
A'pura	140.00 – 145.00	142.00	Wellimada	25.00 – 35.00	31.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	125.00 – 142.00	132.44	Hambantota	–		Cucumber		
Kalawewa	140.00 – 145.00	142.40	Hanguranketha	50.00 – 70.00	60.00	A'pura	50.00 – 60.00	54.00
Kurunegala	125.00 – 137.00	131.33	Cabbage			Dambulla	45.00 – 57.00	51.00
Dehiattakandiya	139.00 – 142.00	140.33	N'Ellya	160.00 – 180.00	170.00	Hambantota	–	
Red Onion			Wellimada	140.00 – 150.00	144.00	Matara	80.00 – 90.00	85.00
Puttalam	210.00 – 266.00	233.25	Badulla	180.00 – 220.00	200.00	Long Beans		
Jaffna	–		Hanguranketha	160.00 – 200.00	172.00	Dambulla	140.00 – 167.50	156.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Wellimada	180.00 – 190.00	185.00	Embilipitiya	280.00 – 300.00	292.50
Kalawewa	–		Hambantota	–		Matara	200.00 – 230.00	216.67
A'pura	–		Dambulla	230.00 – 250.00	238.00	A'pura	160.00 – 180.00	168.00
Potato			Hanguranketha	100.00 – 140.00	116.00	Ash Plantain		
N'Ellya	240.00 – 260.00	248.00	Vegetable (Low Country)			Hambantota	–	
Badulla	230.00 – 255.00	238.33	Ladies Fingers			Embilipitiya	100.00 – 120.00	112.50
Wellimada	190.00 – 220.00	202.00	A'pura	220.00 – 240.00	228.00	Matara	90.00 – 110.00	98.75
Pulses			Dambulla	230.00 – 250.00	242.50	Lime		
Green Gram			Hambantota	180.00 – 200.00	190.00	Hambantota	–	
Hambantota	–		Embilipitiya	230.00 – 250.00	237.50	Embilipitiya	200.00 – 220.00	212.50
Moneragala	650.00 – 670.00	658.00	Matara	200.00 – 220.00	207.50	Moneragala	80.00 – 100.00	88.00
Embilipitiya	580.00 – 600.00	590.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	450.00 – 500.00	483.33	A'pura	360.00 – 380.00	368.00	Banana		
A'pura	620.00 – 650.00	632.00	Dambulla	390.00 – 420.00	406.00	Ambul		
Cowpea			Hambantota	–		Moneragala	60.00 – 70.00	64.00
Hambantota	–		Embilipitiya	380.00 – 400.00	390.00	Embilipitiya	30.00 – 50.00	38.00
Nikaweratiya	400.00 – 500.00	450.00	Matara	280.00 – 310.00	287.50	Hambantota	50.00 – 60.00	55.00
Moneragala	400.00 – 450.00	420.00	Wellimada	320.00 – 340.00	329.00	Kolikuttu		
Embilipitiya	440.00 – 450.00	445.00	Capsicum			Moneragala	180.00 – 200.00	188.00
Maize			Badulla	600.00 – 650.00	632.50	Embilipitiya	150.00 – 180.00	165.00
A'pura	140.00 – 145.00	142.00	Wellimada	600.00 – 620.00	610.00	Hambantota	150.00 – 160.00	155.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	340.00 – 360.00	348.00	Moneragala	50.00 – 60.00	54.00
A'pura	–		Dambulla	220.00 – 250.00	235.00	Embilipitiya	50.00 – 70.00	60.00
Kalawewa	–		Hambantota	370.00 – 380.00	375.00	Hambantota	80.00 – 100.00	90.00
Black Gram			Embilipitiya	350.00 – 380.00	365.00	Pineapple		
A'pura	–		Matara	290.00 – 330.00	310.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	255.00	-	260.00	245.00	-	255.00	250.00	-	260.00
Samba 2	-		-	-		-	-		-
Keeri Samba	280.00	-	320.00	300.00	-	340.00	300.00	-	340.00
Nadu 1	240.00	-	250.00	230.00	-	240.00	240.00	-	250.00
Nadu 2	-		-	-		-	-		-
Raw (Red)	235.00	-	240.00	230.00	-	240.00	220.00	-	230.00
Raw (White)	225.00	-	240.00	230.00	-	230.00	220.00	-	230.00
Imported									
Samba	240.00	-	240.00	250.00	-	260.00	240.00	-	250.00
Nadu	225.00	-	230.00	230.00	-	240.00	230.00	-	230.00
Raw (Red)	-		-	-		-	-		-
Raw (White)	230.00	-	230.00	230.00	-	230.00	220.00	-	230.00
Dried Chillies									
Imported	700.00	-	900.00	900.00	-	950.00	850.00	-	900.00
Red Onion									
Sinnan	320.00	-	320.00	-		-	-		-
Vedalan	350.00	-	380.00	-		380.00	-	400.00	-
Imported	400.00	-	450.00	400.00	-	440.00	400.00	-	480.00
Big Onion									
Imported	160.00	-	180.00	160.00	-	200.00	180.00	-	200.00
Local	-		-	-		-	-		-
Potato									
Welimada	-		-	-		-	-		-
N'Eliya	360.00	-	400.00	440.00	-	480.00	360.00	-	400.00
Imported	200.00	-	240.00	240.00	-	260.00	200.00	-	220.00
Pulses									
Green Gram	750.00	-	800.00	850.00	-	950.00	700.00	-	900.00
Cowpea (White)	700.00	-	750.00	750.00	-	1000.00	700.00	-	1000.00
Cowpea (Red)	650.00	-	700.00	780.00	-	1000.00	950.00	-	1000.00
Red Dhal	280.00	-	320.00	290.00	-	340.00	280.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 13: 28 Mar - 03 Apr 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	550.00	-	600.00	720.00	-	780.00	560.00	-	600.00
Carrot	560.00	-	600.00	800.00	-	800.00	600.00	-	600.00
Leeks	220.00	-	240.00	340.00	-	360.00	280.00	-	320.00
Beetroot	350.00	-	380.00	480.00	-	500.00	360.00	-	400.00
Knolkhol	280.00	-	300.00	480.00	-	480.00	400.00	-	400.00
Raddish	160.00	-	180.00	320.00	-	320.00	240.00	-	260.00
Cabbage	340.00	-	350.00	480.00	-	480.00	400.00	-	400.00
Tomato	340.00	-	360.00	480.00	-	480.00	400.00	-	400.00
Ladies Fingers	320.00	-	350.00	400.00	-	400.00	320.00	-	320.00
Brinjal	540.00	-	560.00	640.00	-	720.00	600.00	-	600.00
Capsicum	550.00	-	600.00	-	-	600.00	1000.00	-	1000.00
Pumpkin	160.00	-	180.00	300.00	-	320.00	280.00	-	320.00
Cucumber	130.00	-	140.00	280.00	-	320.00	240.00	-	260.00
Bitter Gourd	450.00	-	480.00	560.00	-	600.00	400.00	-	400.00
Snake Gourd	320.00	-	340.00	480.00	-	480.00	400.00	-	400.00
Drumstick	500.00	-	600.00	-	-	600.00	400.00	-	400.00
Luffa	420.00	-	450.00	480.00	-	600.00	500.00	-	500.00
Long Beans	320.00	-	340.00	520.00	-	520.00	320.00	-	320.00
Ash Plantain	180.00	-	200.00	320.00	-	320.00	240.00	-	240.00
Green Chillies	650.00	-	700.00	800.00	-	1000.00	750.00	-	800.00
Lime	250.00	-	280.00	400.00	-	500.00	400.00	-	500.00
<u>Root Crops</u>									
Sweet Potato	240.00	-	260.00	300.00	-	320.00	320.00	-	320.00
Manioc	160.00	-	180.00	240.00	-	240.00	200.00	-	240.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00	-	55.00	80.00	-	80.00	70.00	-	80.00
Kankun	50.00	-	55.00	80.00	-	80.00	70.00	-	80.00
Gotukola	230.00	-	240.00	260.00	-	280.00	240.00	-	260.00
<u>Coconut</u>									
Large	190.00	-	200.00	220.00	-	240.00	220.00	-	210.00
Small	165.00	-	170.00	180.00	-	180.00	190.00	-	185.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 13: 28 Mar - 03 Apr 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	120.00	-	150.00	200.00	-	220.00	200.00	-	200.00
Kolikuttu (Rs/Kg)	300.00	-	350.00	330.00	-	340.00	380.00	-	400.00
Seeni (Rs/Kg)	180.00	-	200.00	220.00	-	220.00	180.00	-	200.00
Anamalu	38.00	-	40.00	46.00	-	46.00	50.00	-	50.00
Ambun	50.00	-	54.00	55.00	-	55.00	58.00	-	58.00
<u>Pineapple</u>									
Large	520.00	-	580.00	560.00	-	560.00	600.00	-	600.00
Medium	400.00	-	450.00	400.00	-	400.00	450.00	-	400.00
29 Small	320.00	-	360.00	320.00	-	320.00	360.00	-	360.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	200.00	-	300.00	210.00	-	210.00	250.00	-	270.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	140.00	-	160.00	185.00	-	200.00	200.00	-	200.00
Orange	70.00	-	80.00	120.00	-	120.00	80.00	-	80.00
Avocado	200.00	-	250.00	230.00	-	230.00	200.00	-	200.00
Slime Apple	80.00	-	80.00	80.00	-	100.00	100.00	-	80.00
Grapes (Rs/Kg)	2000.00	-	2200.00	2000.00	-	2500.00	2200.00	-	2200.00
Papaw (Rs/Kg)	200.00	-	230.00	260.00	-	260.00	280.00	-	200.00
Passion	70.00	-	80.00	100.00	-	100.00	100.00	-	80.00
King Coconut	230.00	-	250.00	220.00	-	220.00	230.00	-	230.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 13: 28 Mar - 03 Apr 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	250.00	400.00	500.00	500.00	600.00	600.00	560.00	560.00	500.00
Hurulla	1100.00	1200.00	960.00	960.00	-	1000.00	1000.00	-	-
Balaya	900.00	1000.00	1000.00	1000.00	-	-	-	-	-
Kelawalla	1300.00	1400.00	2200.00	2200.00	2000.00	2300.00	2000.00	2200.00	1600.00
Thora	1750.00	2200.00	2400.00	2400.00	3000.00	3000.00	3500.00	3500.00	3000.00
Paraw	1400.00	1450.00	1800.00	1800.00	1600.00	1600.00	2000.00	1600.00	1600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00	2150.00	2200.00	2200.00	2400.00	2400.00	1800.00	2200.00	-
Talapath	1650.00	2000.00	2400.00	2400.00	2800.00	2800.00	2800.00	2800.00	2400.00
30 <u>Eggs (Rs/egg)</u>									
Brown	32.00	32.00	38.00	38.00	36.00	36.00	35.00	35.00	36.00
White	30.00	30.00	36.00	36.00	35.00	35.00	35.00	35.00	35.00
<u>Dried Fish</u>									
Sprats	1000.00	1100.00	1600.00	2000.00	1600.00	2000.00	1400.00	1600.00	1600.00
Kattawa	2200.00	2200.00	2400.00	2400.00	2400.00	2400.00	2400.00	2400.00	2300.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00	2200.00	2400.00	2400.00	2600.00	2600.00	2500.00	2600.00	2600.00
Balaya	1300.00	1400.00	1600.00	1600.00	1800.00	1800.00	1800.00	1800.00	1800.00
Anguluwa	1800.00	1800.00	2200.00	2200.00	2200.00	2200.00	2400.00	2400.00	2400.00
Salaya	1000.00	1200.00	1100.00	1200.00	1400.00	1400.00	1100.00	1200.00	1000.00
<u>Meat</u>									
Beef (without Bones)	2700.00	2700.00	2800.00	2800.00	2800.00	2800.00	2800.00	2800.00	-
Chicken (Broiler)	1170.00	1170.00	1320.00	1320.00	1280.00	1280.00	1200.00	1200.00	1280.00
Chicken (Curry)	1000.00	1000.00	1100.00	1100.00	-	1280.00	1280.00	1100.00	1100.00
Mutton	3600.00	3600.00	3600.00	3600.00	3700.00	3800.00	3700.00	3800.00	3400.00
Pork	1500.00	1500.00	1700.00	1700.00	1500.00	1600.00	1600.00	-	1400.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51

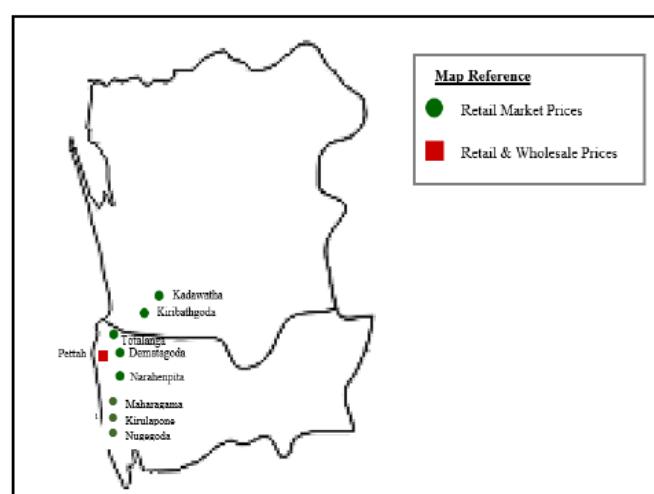
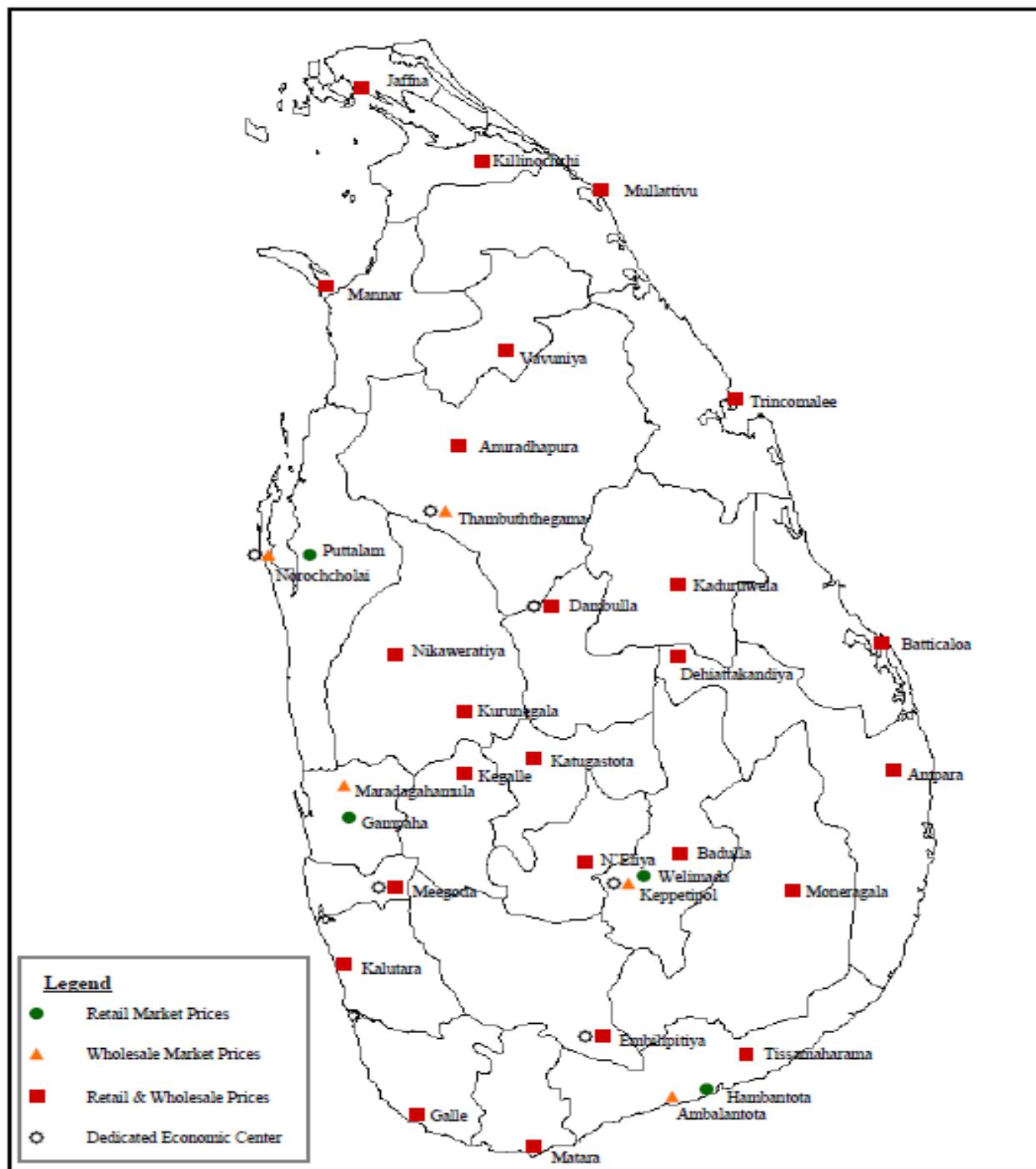
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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