

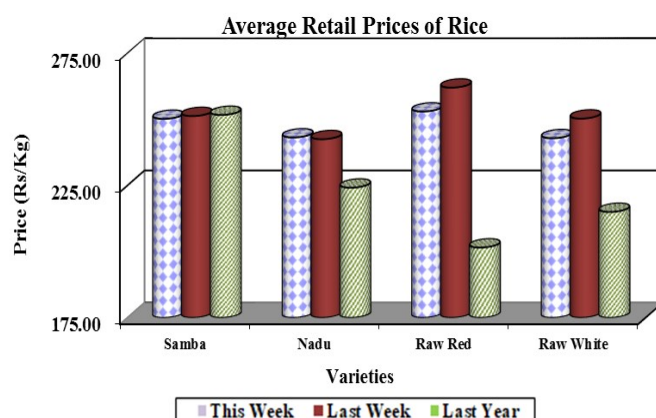
## RETAIL MARKET AT A GLANCE

### Summary

#### Rice

Retail prices of all most all the local rice varieties have decreased compared to the previous week. The average prices of all the local rice varieties has surpassed the maximum retail price.

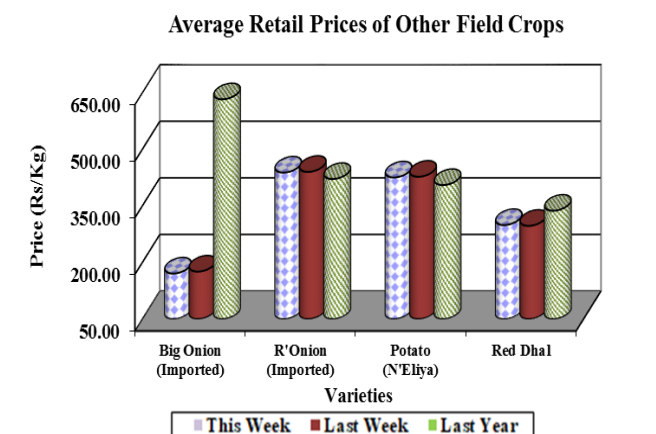
(Page No.01)



### Other Field Crops

Prices of green gram and cowpea (Red and White) have decreased.

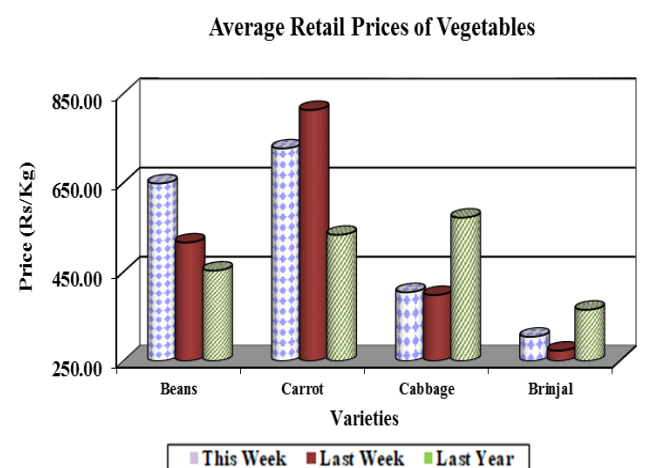
(Page No.02-03)



### Vegetables

Prices of most of the vegetables have increased with the highest price increases of Rs.133.00/kg for green beans.

(Page No.03-05)



### Fruits

Prices of most of the fruits have increased due to increased demand during Ramazan period.

(Page No.05-06)

### Fish and Dried Fish

Prices of all most all the fresh fish and dry fish varieties have increased.

(Page No.06-07)

## Rice

### Wholesale

Prices of samba grade I, samba grade II and keeri samba have increased slightly by 2% and 1% and price ranged Rs.240.00-245.00/kg, Rs.235.00-238.00/kg and Rs.260.00-270.00/kg. Prices of all other local rice varieties have not changed significantly

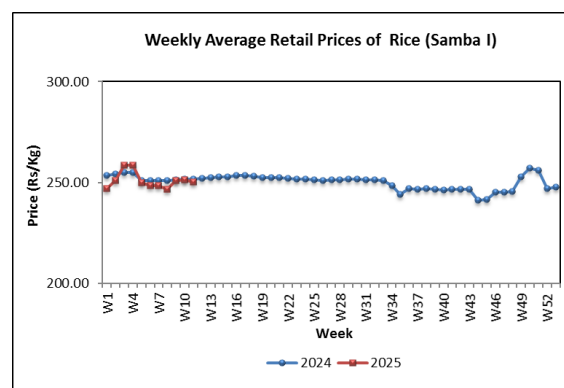
Imported rice varieties was also available at the market, with the following average prices

- Imported ponni samba - Rs.230.00/kg.
- Imported nadu - Rs.218.00/kg.
- Imported raw white - Rs.208.00/kg.

Compared to same period of last year, most of the rice varieties have seen price increases, with the highest price increase of 26% for raw red. Price of keeri samba and imported ponni samba have decreased by 15% and 9% respectively.

### Retail

The retail prices of all types of rice varieties except for nadu grade I and imported samba have decreased. The highest price decreased of Rs.10.00/kg was recorded for keeri samba.



Compared to the same period of last year, the highest price increase of 26% was recorded for local raw red and the highest price decreased of 24% was recorded for keeri samba.

### Paddy

The average farm gate prices of major paddy varieties except keeri samba have decreased slightly in most of the producing areas. However, the average farm gate price of keeri samba paddy has increased by Rs.10.00-17.00/kg in Anuradhapura, Polonnaruwa and Kalawewa areas while price has decreased by Rs.10.00/kg and Rs.8.00/kg in Dehiattakandiya and Kurunegala areas respectively. Farm gate price of keeri samba ranged between Rs.121.00-145.00/kg. The average farm gate price of short grain paddy has decreased by less than Rs.4.00/kg in Polonnaruwa, Kurunegala and Nikeweratiya. Its prices have ranged Rs.115.00-124.00/kg. Subsequently, the average price of long grain white paddy has increased

by Rs.3.00/kg in Anuradhapura, Dehiattakandya and Kalawewa areas and price ranged from Rs.110.00-132.00/kg. Further, price for long grain red paddy has decreased by Rs.1.00-6.00/kg and price ranged from Rs.120.00-135.00/kg in major producing areas in Southern province.

Compared to the same period of last year, the average prices for all the major paddy varieties have increased by 2%-45% and the highest was for long grain red paddy.

### **Dried Chillies**

#### **Wholesale**

The price of imported dried chillies has not increased significantly and price ranged Rs.600.00-650.00/kg,

Compared to same period of last year, current wholesale price of imported dried chillies has decreased by 27% respectively.

#### **Retail**

The retail price of imported dried chillies has decreased by Rs.6.00/kg and price ranged Rs.750.00-1000.00/kg.

Compared to the same period of last year, the current retail price of imported dried chillies has decreased by 20%.

### **Onion**

#### **Wholesale**

Prices of sinnan, vedalan and imported red onion have decreased in the range of 1%-4%. Price of imported big onion has decreased by 7% due to availability of sufficient stocks and price ranged from Rs.70.00-130.00/kg.

Compared to same period of last year, current whole sale price of vedalan and imported red onion have decreased by 27% and 32% while imported big onion has decreased by 69%.

#### **Retail**

The retail prices of imported big onion and imported red onion have decreased by Rs.5.00/kg and Rs.2.00/kg respectively.

Compared to the same period of last year, the current retail price of imported big onion has decreased by 73% and imported red onion has increased by 4%.

### **Potato**

#### **Wholesale**

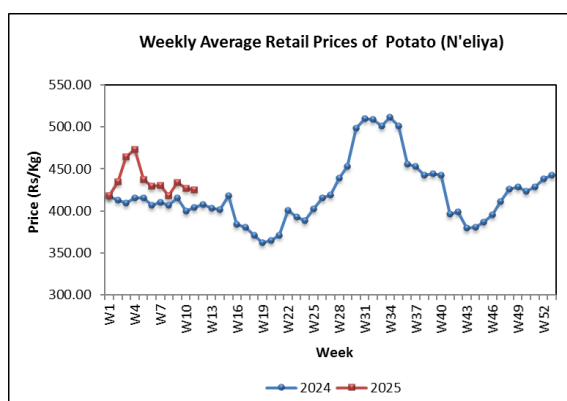
The Price of Welimada, Nuwara Eliya and imported potatoes have decreased in the range of 1%- 6% due to availability of sufficient stocks and price

ranged Rs.260.00-280.00/kg, Rs.280.00-300.00/kg and kg140.00-180.00/kg.

Compared to same period of last year, current wholesale price of all potato varieties have decreased in the range of 13%-20%.

### Retail

The retail prices of all types of potatoes have decreased. Among those, the highest price decreased of Rs.4.00/kg was recorded for imported potato.



Compared to the same period of last year, the current retail prices of all types of potatoes have increased with the highest price increase of 5% was recorded for Nuwara Eliya potato.

### Pulses

#### Wholesale

Price of white cowpea and red cowpea have decreased by 5% due to availability sufficient stocks and price ranged

Rs.580.00-700.00/kg and Rs.400.00-550.00/kg. Price of red dhal have not increased significantly and average price was Rs.261.00/kg.

Compared to same period of last year, current whole sale prices of all pulses varieties have decreased in the range of 9%-43%.

### Retail

The retail prices of all types of pulses except for red dhal have decreased with notable price reduction of Rs.54.00/kg for white cowpea.

Compared to the same period of last year, the current retail prices of all types of pulses have decreased with the highest price decreased of 39% for green gram.

### Vegetable

#### Wholesale

Prices of most of the vegetables have increased due to decrease supply from major producing areas. Most of the upcountry vegetable prices are increased, specifically, beetroot reported the highest as 32% with decreased supply from Jaffna and Puttalam areas, following prices of green beans, knolkhol and cabbage have

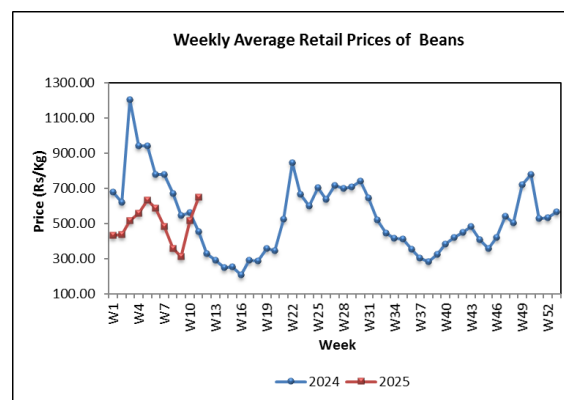
increased in the range of 4%-26%. However, price of carrot, leeks and raddish have decreased in the range of 4% -19%. Further, the price of tomato has increased by 42% with decreased supply from Jaffna and Kandy areas. Considering low-country vegetables, most of the vegetable varieties experienced price increase. Particularly, price of brinjal has increased by 29% with decreased supply from Embilipitiya area, following prices of snake gourd, luffa and ladies fingers have increased in the range of 8%-27% with decreased supply. Prices of long beans and bitter gourd have increased by 4% and 3% respectively. However, price of cucumber, pumpkin and ash plantain have decreased with slightly changes of market demand. In addition, price of green chilies has increased by 29% while price of lime has not changed significantly.

Compared to the same period of last year, most vegetable prices have increased, with luffa reported the highest as 207%.

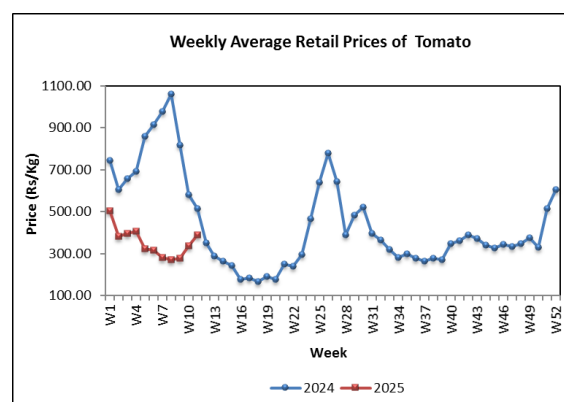
### Retail

Retail prices of most of the vegetable varieties increased in line with the upward wholesale trend. For up-country vegetables, the highest price increase was

reported for beans by Rs.133.00/kg, followed by beetroot by Rs.37.00 /kg. However, the carrot price decreased by Rs.86.00 /kg.



Considering the low-country vegetables, luffa price showed a significant price increase by around Rs.73.00/kg. Snake gourd has a significant price increase of Rs.64.00/kg. Capsicum prices decreased by Rs.183.00/kg compared to the previous week. Lime has increased by Rs.44.00/kg. Green Chilies (Rs.128.00 /kg) showed a price decrease compared to last week but a 100% price increase compared to last year.



However, compared to the same period last year, prices of most of the varieties

have decreased while a notable price drop was reported for green chilies at 100 %.

### **Coconut Wholesale**

Prices of both large and small nuts have decreased by 8% and 5% respectively. Price ranges were Rs.170.00-185.00 for a large nut and Rs.150.00-165.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 81% and 92% respectively.

### **Retail**

Prices of large and small nuts showed a price drop of Rs.9.00/nut and Rs. 4.00/nut, respectively. Price ranges were Rs.190.00-220.00 for a large nut and Rs.175.00-195.00 for a small nut.

Compared to the same period last year, prices of large nuts (76%) and small nuts (83%) have increased.

## **Fruits**

### **Wholesale**

Wholesale prices of many fruits have fallen due to low demand and abundant supply.

The highest price decrease was recorded for betti mangoes, at 38%. Prices for papaya and passion fruits have fallen by 33% and 28% respectively due to sufficient stocks. With the start of the harvest season, prices for karthakolomban and vilad mango varieties had decreased by between 19% and 11% due to abundant supply.

Prices for wood apple decreased by 13% due to poor quality stocks. However, due to increased demand, prices for slime apple and kolikuttu increased by 60% and 25% respectively.

Wholesale prices for the most of fruits have increased compared to last year, 27% increase was recorded for local orange.

### **Retail**

In the line with the decreased wholesale prices, retail prices of most of the fruits have also decreased. The highest price decrease of Rs.72.00/fruit was reported for karthakolomban. The price

of mango-vilad has decreased by Rs.44.00/fruit.

In addition, papaw, passion fruit, avocado, imported grapes, wood apple and king coconut has decreased by Rs.43.00/kg, Rs.32.00/fruit, Rs.31.00/fruit, Rs.28.00/fruit, Rs.13.00/fruit and Rs.12.00/fruit respectively. However, price of banana varieties have increased in the range of Rs. 1.00-33.00/kg.

Compared to the same period of last year, the highest price increase of 76% and the highest price decrease of 42% was reported for avocado and ambun banana.

### Fresh Fish

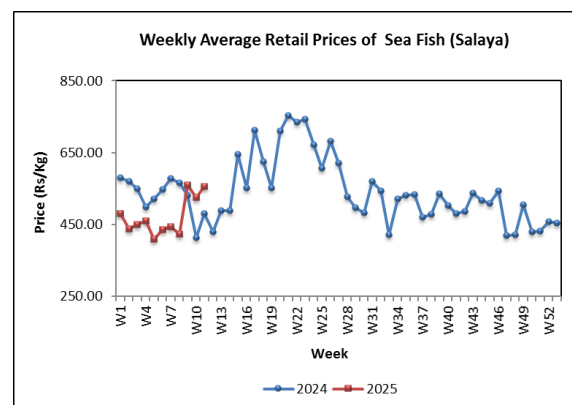
#### Wholesale

Wholesale prices of all the fresh fish types have increased due to decreased supply. The highest price increase of 19% was noted for shrimps due to low supply from Kalpitiya, Chilaw and Puttalam areas. The prices of thora, kelawalla, balaya, hurulla and paraw have increased by 10% - 17% respectively. prices of other fresh fish varieties have not changed significantly.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased with the highest price increase of 109% was noted for hurulla.

### Retail

The prices of other fish varieties except hurulla have increased and the highest price increase was recorded for Shrimps by Rs.176.00/kg. The second highest price increase was recorded for Thora by Rs.155.00/kg. Price increase of paraw and kelawalla have recorded as Rs.145.00/kg and Rs.91.00/kg respectively. Price increase of thalapath has recorded as Rs.89.00/kg. Price decrease of hurulla has recorded as Rs.60.00/kg.



Compared to the same period of last year, other fish varieties except paraw and thalapath have increased and the highest price increase was recorded for hurulla by 26%.

### Dried Fish

#### Wholesale

Prices of most of the dried fish types have increased due to decrease of local dried

fish supply. A price increase of 9% was noted for local salaya due to low supply from Trincomalee, Chilaw and Puttalam areas. However, a price decrease of 5% was noted for local sprats due to high supply from Mannar, Mullaitivu and Negombo areas. Prices of other dried fish varieties have not changed significantly.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have increased and the highest price increase of 57% was noted for local salaya.

#### **Retail**

The prices of other dry fish varieties except local sprats have increased and the highest price increase was recorded for balaya by Rs.74.00/kg. Price increase of maduwa has recorded as Rs.33.00/kg. Price decrease of local sprats has recorded as Rs.25.00/kg.

Compared to the same period of last year, the highest price decrease was recorded for local sprats by 22%. The highest price increase was recorded for salaya by 41%.

#### **Eggs**

##### **Wholesale**

Prices of both brown and white eggs have decreased by 1% and their prices ranged Rs. 30.00-34.00/ egg and Rs.28.00-31.00/ egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 37% and 40% respectively.

##### **Retail**

The prices of both brown and white egg types have not changed and the price range of a white egg has recorded as Rs.29.00-Rs.33.00 and the price range of a Brown egg has recorded as Rs.31.00-Rs.35.00. The average price of the white and brown egg types has recorded as Rs.32.00 and Rs.33.00 respectively.

Compared to the same period of last year, the prices of both egg varieties have decreased in the range of 36%- 38%.

## **Meat**

### **Retail**

The prices of other meat types except beef have increased and the highest price increase was recorded for pork by Rs.113.00/kg. Price increase of broiler and curry chicken have recorded as Rs.14.00/kg and Rs.32.00/kg respectively. Price increase of mutton has recorded as Rs.11.00/kg.

Compared to the same period of last year, other meat types except broiler and curry chicken have increased and the highest price increase was recorded for beef by 18%.

### **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)****Week 11: 14 - 20 Mar 2025**

|                 | LOCATIONS       | Rice Varieties |         |         |         |             |         |         |         |         |         |         |         |           |       |
|-----------------|-----------------|----------------|---------|---------|---------|-------------|---------|---------|---------|---------|---------|---------|---------|-----------|-------|
|                 |                 | Samba 1        |         | Samba 2 |         | Keeri Samba |         | Nadu 1  |         | Nadu 2  |         | Raw Red |         | Raw White |       |
| 09              | Colombo         | 12000 –        | 12250   | 11750 – | 11900   | 13000 –     | 14000   | 11250 – | 11500   | 11000 – | 11100   | 10750 – | 11000   | 10900 –   | 11250 |
|                 | Divulapitiya    | 11850 –        | 12250   | 11700 – | 11800   | 13600 –     | 13750   | 11300 – | 11500   | 10900 – | 11200   | 10900 – | 10900   | 10500 –   | 10850 |
|                 | Kurunegala      | 11850 –        | 11950   | –       |         | –           |         | 11250 – | 11350   | –       |         | –       |         | 10750 –   | 10850 |
|                 | Nikaweratiya    | 11800 –        | 11900   | –       |         | 12850 –     | 12900   | 11350 – | 11400   | 10900 – | 10900   | –       |         | 10500 –   | 10900 |
|                 | Badulla         | 12000 –        | 12000   | –       |         | 14000 –     | 14000   | 11500 – | 11500   | –       |         | 10750 – | 10900   | 10750 –   | 10900 |
|                 | Puttalam        | –              |         | –       |         | –           |         | –       |         | –       |         | –       |         | –         |       |
|                 | Dambulla        | –              |         | 11750 – | 11800   | –           |         | 11250 – | 11300   | 11000 – | 11200   | –       |         | 10750 –   | 10800 |
|                 | Anuradhapura    | 11850 –        | 12100   | –       |         | 12850 –     | 13500   | 11350 – | 11400   | –       |         | 10500 – | 10750   | 10350 –   | 10650 |
|                 | Tambuttegama    | –              |         | 11750 – | 11750   | 12900 –     | 13000   | 11250 – | 11250   | 11100 – | 11100   | 10750 – | 10900   | 10600 –   | 10750 |
|                 | Polonnaruwa     | 11900 –        | 11900   | –       |         | –           |         | 11400 – | 11400   | 11200 – | 11250   | 10900 – | 10900   | 10850 –   | 10900 |
|                 | Kalutara        | 11900 –        | 12000   | –       |         | 12900 –     | 13000   | 11400 – | 11500   | –       |         | –       |         | 10950 –   | 11000 |
|                 | Ampara          | 12000 –        | 12000   | –       |         | 13000 –     | 13000   | 11400 – | 11500   | –       |         | 10750 – | 10750   | 10500 –   | 10750 |
|                 | Kandy           | 12000 –        | 12250   | 11600 – | 11700   | 13500 –     | 13750   | 11400 – | 11500   | 11000 – | 11250   | 10900 – | 11000   | 10850 –   | 11000 |
|                 | Moneragala      | –              |         | –       |         | –           |         | 11350 – | 11400   | –       |         | 10500 – | 10600   | 10400 –   | 10600 |
|                 | Kegalle         | –              |         | –       |         | –           |         | –       |         | –       |         | –       |         | –         |       |
|                 | Dehiattakandiya | –              |         | –       |         | –           |         | 11350 – | 11350   | –       |         | 10850 – | 10850   | 10850 –   | 10850 |
|                 | Hambantota      | –              |         | –       |         | –           |         | 11250 – | 11250   | –       |         | 10250 – | 10700   | 10600 –   | 10750 |
|                 | Matara          | –              |         | –       |         | –           |         | –       |         | –       |         | 10500 – | 10600   | 10500 –   | 10600 |
|                 | Galle           | –              |         | 11900 – | 11900   | 13000 –     | 14000   | 11350 – | 11500   | –       |         | 10500 – | 10850   | 10800 –   | 10800 |
|                 | Meegoda         | 12000 –        | 12250   | –       |         | 13200 –     | 13250   | –       |         | 11000 – | 11200   | 10800 – | 10900   | 10700 –   | 10800 |
|                 | Tissamaharama   | –              |         | 11750 – | 11900   | 13000 –     | 13150   | 11300 – | 11400   | –       |         | 10400 – | 10600   | 10500 –   | 10650 |
|                 | Embilipitiya    | –              |         | 11750 – | 11800   | 12900 –     | 13000   | 11200 – | 11250   | –       |         | 10450 – | 10600   | 10700 –   | 10800 |
|                 | Jaffna          | 12250 –        | 12300   | –       |         | 12900 –     | 13250   | 11400 – | 11500   | –       |         | –       |         | 11000 –   | 11250 |
|                 | Vavuniya        | –              |         | 11750 – | 11900   | 13400 –     | 13600   | 11700 – | 11800   | –       |         | 11200 – | 11300   | 11000 –   | 11250 |
|                 | Mannar          | –              |         | –       |         | –           |         | –       |         | –       |         | –       |         | –         |       |
|                 | Killinochchi    | 11900 –        | 12000   | 11750 – | 11800   | 13750 –     | 14000   | 11300 – | 11400   | –       |         | 10850 – | 11000   | 11000 –   | 11250 |
| Mullattivu      | 12100 –         | 12300          | –       |         | 13800 – | 14100       | 11400 – | 11600   | –       |         | –       |         | –       |           |       |
| Batticaloa      | 11900 –         | 11900          | 11750 – | 11750   | 12900 – | 12900       | 11250 – | 11400   | –       |         | 10900 – | 11000   | 10900 – | 11000     |       |
| Trincomalee     | 11900 –         | 12000          | 11750 – | 11800   | 12900 – | 13200       | 11500 – | 11650   | –       |         | 11250 – | 11400   | –       |           |       |
| Galenbindunuwew | 11850 –         | 11900          | –       |         | 12850 – | 13000       | 11350 – | 11450   | –       |         | 10850 – | 10900   | 10850 – | 10950     |       |
| Matale          | –               |                | –       |         | 14000 – | 14500       | 11250 – | 11400   | 11150 – | 11200   | 10750 – | 10900   | 10600 – | 10750     |       |

**Table 02: Selected Markets: Retail Price of Rice (Rs/kg)**

Week 11: 14 - 20 Mar 2025

|                  | LOCATIONS       | Rice Varieties |          |          |          |             |          |          |          |          |          |          |          |           |        |
|------------------|-----------------|----------------|----------|----------|----------|-------------|----------|----------|----------|----------|----------|----------|----------|-----------|--------|
|                  |                 | Samba 1        |          | Samba 2  |          | Keeri Samba |          | Nadu 1   |          | Nadu 2   |          | Raw Red  |          | Raw White |        |
| 10               | Colombo         | 240.00 –       | 260.00   | –        |          | 260.00 –    | 320.00   | 230.00 – | 250.00   | –        |          | 240.00 – | 270.00   | 230.00 –  | 250.00 |
|                  | Gampaha         | 240.00 –       | 240.00   | –        |          | –           |          | 230.00 – | 230.00   | –        |          | 220.00 – | 220.00   | 220.00 –  | 220.00 |
|                  | Kurunegala      | 240.00 –       | 240.00   | –        |          | –           |          | 230.00 – | 230.00   | –        |          | –        |          | 220.00 –  | 220.00 |
|                  | Nikaweratiya    | 240.00 –       | 240.00   | –        |          | 260.00 –    | 260.00   | 230.00 – | 230.00   | 220.00 – | 225.00   | –        |          | 215.00 –  | 220.00 |
|                  | Dambulla        | 250.00 –       | 255.00   | 240.00 – | 245.00   | 280.00 –    | 290.00   | 230.00 – | 230.00   | 225.00 – | 228.00   | 225.00 – | 230.00   | 220.00 –  | 220.00 |
|                  | Anuradhapura    | 240.00 –       | 250.00   | –        |          | 265.00 –    | 280.00   | 230.00 – | 230.00   | –        |          | 215.00 – | 220.00   | 210.00 –  | 220.00 |
|                  | Thambuththegama | 240.00 –       | 245.00   | –        |          | 265.00 –    | 275.00   | 230.00 – | 230.00   | –        |          | 220.00 – | 222.00   | 220.00 –  | 220.00 |
|                  | Polonnaruwa     | 240.00 –       | 240.00   | –        |          | 305.00 –    | 310.00   | 230.00 – | 230.00   | 225.00 – | 227.00   | 220.00 – | 220.00   | 220.00 –  | 220.00 |
|                  | Kaluthara       | 243.00 –       | 250.00   | 240.00 – | 240.00   | 265.00 –    | 290.00   | 230.00 – | 234.00   | –        |          | 218.00 – | 225.00   | 220.00 –  | 225.00 |
|                  | Badulla         | 245.00 –       | 250.00   | –        |          | 285.00 –    | 290.00   | –        |          | 230.00 – | 230.00   | 217.00 – | 220.00   | 218.00 –  | 220.00 |
|                  | Keppetipola     | 245.00 –       | 255.00   | –        |          | 300.00 –    | 320.00   | –        |          | 230.00 – | 230.00   | 217.00 – | 220.00   | 218.00 –  | 220.00 |
|                  | Moneragala      | 240.00 –       | 250.00   | –        |          | –           |          | 230.00 – | 230.00   | –        |          | 215.00 – | 220.00   | 210.00 –  | 220.00 |
|                  | Kegalle         | 260.00 –       | 260.00   | 240.00 – | 240.00   | 260.00 –    | 325.00   | 230.00 – | 230.00   | 220.00 – | 225.00   | 220.00 – | 240.00   | 220.00 –  | 220.00 |
|                  | Ampara          | 240.00 –       | 240.00   | –        |          | 260.00 –    | 260.00   | 230.00 – | 230.00   | –        |          | 215.00 – | 218.00   | 213.00 –  | 220.00 |
|                  | Dehiattakandiya | 250.00 –       | 250.00   | –        |          | 300.00 –    | 300.00   | 230.00 – | 230.00   | –        |          | 220.00 – | 220.00   | 220.00 –  | 220.00 |
|                  | Nuwaraeliya     | 255.00 –       | 260.00   | –        |          | 300.00 –    | 320.00   | 230.00 – | 235.00   | –        |          | 217.00 – | 220.00   | 218.00 –  | 220.00 |
|                  | Kandy           | 245.00 –       | 250.00   | 240.00 – | 245.00   | 285.00 –    | 290.00   | 230.00 – | 240.00   | 225.00 – | 230.00   | 220.00 – | 230.00   | 220.00 –  | 230.00 |
|                  | Puttalam        | 250.00 –       | 260.00   | 240.00 – | 240.00   | 300.00 –    | 320.00   | 230.00 – | 235.00   | 225.00 – | 230.00   | 220.00 – | 225.00   | 215.00 –  | 220.00 |
|                  | Hambantota      | 240.00 –       | 240.00   | –        |          | 260.00 –    | 260.00   | 230.00 – | 230.00   | –        |          | 213.00 – | 220.00   | 220.00 –  | 220.00 |
|                  | Rathnapura      | 255.00 –       | 260.00   | –        |          | 300.00 –    | 310.00   | 240.00 – | 250.00   | –        |          | 220.00 – | 224.00   | 220.00 –  | 230.00 |
|                  | Matara          | –              |          | –        |          | 275.00 –    | 300.00   | –        |          | –        |          | 215.00 – | 220.00   | 215.00 –  | 220.00 |
|                  | Galle           | –              |          | 240.00 – | 240.00   | 260.00 –    | 290.00   | 230.00 – | 230.00   | –        |          | 220.00 – | 220.00   | 230.00 –  | 230.00 |
|                  | Tissamaharama   | –              |          | 240.00 – | 240.00   | 260.00 –    | 270.00   | 230.00 – | 230.00   | –        |          | 212.00 – | 220.00   | 215.00 –  | 220.00 |
|                  | Meegoda (DEC)   | 240.00 –       | 245.00   | –        |          | 265.00 –    | 270.00   | –        |          | 225.00 – | 230.00   | 215.00 – | 220.00   | 220.00 –  | 220.00 |
|                  | Embilipitiya    | 240.00 –       | 240.00   | –        |          | 260.00 –    | 260.00   | 230.00 – | 230.00   | –        |          | 214.00 – | 220.00   | 218.00 –  | 220.00 |
|                  | Jaffna          | 250.00 –       | 255.00   | –        |          | 263.00 –    | 270.00   | 233.00 – | 240.00   | –        |          | 245.00 – | 250.00   | 230.00 –  | 235.00 |
|                  | Vavuniya        | 242.00 –       | 245.00   | –        |          | 274.00 –    | 278.00   | 240.00 – | 244.00   | –        |          | 228.00 – | 232.00   | 226.00 –  | 228.00 |
|                  | Mannar          | –              |          | –        |          | –           |          | –        |          | –        |          | –        |          | –         |        |
|                  | Killinochchi    | 246.00 –       | 250.00   | –        |          | 285.00 –    | 290.00   | 230.00 – | 235.00   | –        |          | 225.00 – | 230.00   | 230.00 –  | 235.00 |
|                  | Mullaittivu     | 246.00 –       | 250.00   | –        |          | 280.00 –    | 286.00   | 233.00 – | 235.00   | –        |          | 236.00 – | 240.00   | 235.00 –  | 238.00 |
|                  | Batticaloa      | 240.00 –       | 243.00   | –        |          | 260.00 –    | 260.00   | 230.00 – | 230.00   | –        |          | 220.00 – | 223.00   | 220.00 –  | 223.00 |
|                  | Trincomalee     | 245.00 –       | 248.00   | –        |          | 268.00 –    | 274.00   | 240.00 – | 244.00   | –        |          | 235.00 – | 238.00   | 244.00 –  | 246.00 |
| Hanguranketha    | –               |                | 240.00 – | 240.00   | 270.00 – | 270.00      | –        |          | 228.00 – | 230.00   | 220.00 – | 220.00   | 218.00 – | 230.00    |        |
| Veyangoda        | –               |                | 240.00 – | 240.00   | 260.00 – | 260.00      | 230.00 – | 230.00   | –        |          | 220.00 – | 220.00   | 220.00 – | 220.00    |        |
| Galenbindunuwewa | 240.00 –        | 245.00         | –        |          | 260.00 – | 265.00      | 230.00 – | 235.00   | –        |          | 220.00 – | 220.00   | 220.00 – | 222.00    |        |
| Bandarawela      | 255.00 –        | 260.00         | –        |          | 295.00 – | 300.00      | 230.00 – | 235.00   | –        |          | 217.00 – | 220.00   | 217.00 – | 220.00    |        |
| Matale           | –               |                | –        |          | 285.00 – | 300.00      | 230.00 – | 230.00   | 225.00 – | 226.00   | 220.00 – | 222.00   | 220.00 – | 220.00    |        |

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)**

Week 11: 14 - 20 Mar 2025

| LOCATION         | Dried Chillies | Red Onion     |               | Big Onion   | Potato      |               |               | Pulses        |               |               |
|------------------|----------------|---------------|---------------|-------------|-------------|---------------|---------------|---------------|---------------|---------------|
|                  | Imported       | Imported      | Local         |             | Imported    | Welimada      | Nuwara Eliya  | Green Gram    | Cowpea        | Red Dhal      |
| Colombo          | 30000 - 32500  | 12500 - 17500 | 11000 - 15000 | 3500 - 6500 | 7000 - 9000 | 13000 - 14000 | 14000 - 15000 | 30000 - 35000 | 29000 - 35000 | 12750 - 13250 |
| Kurunegala       | 33750 - 34250  | 16500 - 17000 | -             | 7250 - 8000 | 8250 - 8500 | -             | -             | 31000 - 32000 | 35500 - 36250 | 13400 - 13600 |
| Nikaweratiya     | 31500 - 32500  | 14500 - 16000 | -             | 6500 - 7000 | 8000 - 8500 | -             | -             | 31000 - 32000 | 34000 - 35000 | 13250 - 13500 |
| Dehiattakandiya  | 31500 - 35000  | 16500 - 19000 | -             | 6600 - 9000 | 7600 - 8500 | -             | 15000 - 17500 | 27500 - 32500 | 28000 - 34500 | 12900 - 13650 |
| Dambulla (DEC)   | 33500 - 35000  | 12500 - 13000 | -             | 3250 - 6250 | 7000 - 7500 | 12000 - 12500 | 14000 - 14500 | 32500 - 34000 | 27500 - 32500 | 12750 - 13000 |
| Anuradhapura     | 33000 - 36000  | 14000 - 17000 | -             | 6500 - 7750 | 8500 - 9250 | -             | -             | 30000 - 34000 | 32000 - 37500 | 13250 - 13500 |
| Thambuththegama  | 31500 - 34000  | -             | 11500 - 12000 | 4000 - 6500 | 7500 - 8000 | -             | -             | -             | 27500 - 28500 | 13250 - 13500 |
| Polonnaruwa      | 33000 - 35500  | 17250 - 19250 | -             | 8250 - 8250 | 8750 - 9250 | -             | 18250 - 19250 | 28000 - 30500 | 28500 - 33000 | 13750 - 14250 |
| Kaluthara        | 36000 - 38000  | -             | -             | 9000 - 9500 | 9250 - 9750 | -             | -             | 33000 - 34750 | 36000 - 38000 | 13900 - 14150 |
| Puttalam         | -              | -             | 12000 - 14000 | -           | -           | -             | -             | -             | -             | -             |
| Kandy            | 32000 - 34000  | 13500 - 14000 | 12500 - 15000 | 4000 - 7000 | 8000 - 8500 | 13500 - 14000 | 15000 - 15500 | 32500 - 35000 | 30000 - 33500 | 13250 - 13500 |
| Matara           | 32000 - 35000  | 16000 - 17500 | 15000 - 15500 | 5000 - 6750 | 8000 - 8500 | -             | 17000 - 17500 | 32000 - 33000 | 31500 - 32500 | 13750 - 14250 |
| Hambantota       | 32000 - 32500  | 14000 - 16000 | -             | 6500 - 7000 | 8000 - 8000 | -             | 15000 - 16000 | 36500 - 37500 | 33750 - 35000 | 13250 - 13500 |
| Kegalle          | 34500 - 35000  | 13000 - 14000 | -             | 6250 - 6350 | 7350 - 7500 | -             | 15800 - 16000 | 36000 - 37000 | 32500 - 33000 | 13500 - 14450 |
| Galle            | 30000 - 32500  | 14000 - 17500 | -             | 6900 - 7750 | 6900 - 8100 | -             | 17000 - 17000 | 27000 - 30000 | 30000 - 37500 | 13250 - 14500 |
| Tissamaharama    | 31000 - 34000  | 14000 - 15000 | 13000 - 15000 | 7000 - 7500 | 7000 - 8000 | -             | 15000 - 16000 | 29000 - 31000 | 30000 - 32500 | 13500 - 14000 |
| Meegoda (DEC)    | 31000 - 32000  | 13500 - 14000 | 13000 - 13500 | 3500 - 7000 | 7750 - 8000 | 14500 - 15000 | 15000 - 16000 | 31000 - 37500 | 34500 - 39000 | 13000 - 13500 |
| Jaffna           | 35000 - 35500  | -             | 10000 - 10500 | 8000 - 8500 | 8250 - 8500 | -             | -             | 27000 - 27500 | -             | 14000 - 14250 |
| Vavuniya         | 34000 - 35000  | -             | -             | 8250 - 9000 | 8500 - 9000 | -             | -             | 34500 - 36000 | -             | 14750 - 15250 |
| Mannar           | -              | -             | -             | -           | -           | -             | -             | -             | -             | -             |
| Killinochchi     | 32000 - 33000  | -             | -             | 4500 - 5500 | 8500 - 9500 | -             | -             | 32000 - 33000 | -             | 13500 - 14000 |
| Mullattivu       | 32500 - 34000  | -             | -             | 9000 - 9500 | 9000 - 9500 | -             | -             | 31000 - 32500 | -             | 14250 - 14750 |
| Batticaloa       | 35000 - 37500  | -             | 13000 - 14000 | 7500 - 8500 | 8500 - 9000 | -             | -             | 30000 - 35000 | 37500 - 40000 | 13500 - 14000 |
| Trincomalee      | 29800 - 32000  | 15000 - 15500 | 12250 - 12750 | 6500 - 7000 | 7900 - 8300 | -             | -             | 29500 - 29750 | 38750 - 39500 | 13700 - 13900 |
| Galenbindunuwewa | 34000 - 37000  | 17500 - 18500 | -             | 7000 - 7500 | 8000 - 8500 | -             | -             | 31500 - 35000 | 32500 - 34500 | 13500 - 13750 |
| Matale           | 31000 - 32500  | 14500 - 15000 | -             | 6250 - 6750 | 8000 - 9000 | -             | -             | 32000 - 37500 | 32500 - 32500 | 13250 - 13500 |

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)**

Week 11: 14 - 20 Mar 2025

12

| LOCATIONS        | Dried Chillies   | Red Onion       |                 | Big Onion       | Potato          |                 |                 | Pulses           |                  |                 |
|------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|------------------|-----------------|
|                  | Imported         | Imported        | Local           |                 | Imported        | Welimada        | Nuwara Eliya    | Green Gram       | Cowpea           | Red Dhal        |
| Colombo          | 750.00 – 1000.00 | 380.00 – 520.00 | –               | 120.00 – 220.00 | 180.00 – 260.00 | 380.00 – 380.00 | 380.00 – 480.00 | 650.00 – 900.00  | 700.00 – 900.00  | 280.00 – 340.00 |
| Gampaha          | 880.00 – 1000.00 | 440.00 – 520.00 | –               | 170.00 – 220.00 | 200.00 – 260.00 | –               | 400.00 – 440.00 | 880.00 – 1000.00 | 860.00 – 1000.00 | 280.00 – 300.00 |
| Kurunegala       | 800.00 – 900.00  | 480.00 – 500.00 | –               | 175.00 – 190.00 | 190.00 – 200.00 | –               | 380.00 – 400.00 | 760.00 – 840.00  | 800.00 – 870.00  | 290.00 – 320.00 |
| Nikaweratiya     | 660.00 – 700.00  | 380.00 – 400.00 | 320.00 – 350.00 | 160.00 – 190.00 | 180.00 – 200.00 | –               | –               | 625.00 – 650.00  | 780.00 – 800.00  | 280.00 – 290.00 |
| Dambulla         | 800.00 – 850.00  | 400.00 – 420.00 | –               | 160.00 – 180.00 | 180.00 – 200.00 | –               | 380.00 – 400.00 | 780.00 – 850.00  | 800.00 – 850.00  | 280.00 – 300.00 |
| Anuradhapura     | 750.00 – 850.00  | 400.00 – 480.00 | –               | 160.00 – 200.00 | 200.00 – 220.00 | –               | –               | 650.00 – 750.00  | 680.00 – 850.00  | 285.00 – 300.00 |
| Thambuththegama  | 750.00 – 800.00  | –               | 280.00 – 300.00 | 120.00 – 200.00 | 200.00 – 230.00 | –               | –               | 650.00 – 700.00  | –                | 290.00 – 300.00 |
| Polonnaruwa      | 750.00 – 800.00  | 360.00 – 400.00 | –               | 180.00 – 220.00 | 190.00 – 220.00 | –               | 380.00 – 420.00 | 650.00 – 700.00  | 750.00 – 760.00  | 290.00 – 310.00 |
| Kaluthara        | 760.00 – 780.00  | 380.00 – 440.00 | –               | 180.00 – 200.00 | 200.00 – 220.00 | –               | 390.00 – 440.00 | 650.00 – 715.00  | 745.00 – 755.00  | 275.00 – 280.00 |
| Badulla          | 700.00 – 750.00  | 400.00 – 420.00 | 360.00 – 400.00 | 170.00 – 180.00 | 180.00 – 200.00 | 380.00 – 400.00 | –               | 720.00 – 750.00  | 700.00 – 800.00  | 280.00 – 300.00 |
| Keppetipola      | 740.00 – 760.00  | –               | 330.00 – 360.00 | 150.00 – 180.00 | 190.00 – 220.00 | 320.00 – 340.00 | –               | 750.00 – 780.00  | 680.00 – 740.00  | 280.00 – 290.00 |
| Moneragala       | 750.00 – 900.00  | 400.00 – 480.00 | –               | 160.00 – 200.00 | 200.00 – 220.00 | –               | 380.00 – 400.00 | 700.00 – 850.00  | 550.00 – 600.00  | 280.00 – 300.00 |
| Kegalle          | 700.00 – 960.00  | –               | 350.00 – 380.00 | 160.00 – 180.00 | 180.00 – 200.00 | –               | 380.00 – 400.00 | 750.00 – 760.00  | 680.00 – 780.00  | 275.00 – 300.00 |
| Ampara           | 720.00 – 750.00  | 360.00 – 400.00 | –               | 160.00 – 190.00 | 180.00 – 200.00 | 330.00 – 365.00 | –               | 650.00 – 690.00  | 670.00 – 710.00  | 275.00 – 285.00 |
| Dehiattakandiya  | 690.00 – 750.00  | 370.00 – 430.00 | –               | 140.00 – 200.00 | 180.00 – 190.00 | 350.00 – 350.00 | 380.00 – 400.00 | 650.00 – 700.00  | 600.00 – 750.00  | 275.00 – 290.00 |
| Nuwaraeliya      | 750.00 – 780.00  | 380.00 – 400.00 | 350.00 – 360.00 | 160.00 – 190.00 | 200.00 – 240.00 | –               | 350.00 – 360.00 | 740.00 – 780.00  | 730.00 – 760.00  | 285.00 – 290.00 |
| Kandy            | 720.00 – 800.00  | 480.00 – 500.00 | –               | 180.00 – 200.00 | 190.00 – 200.00 | 340.00 – 360.00 | 400.00 – 420.00 | 800.00 – 900.00  | 800.00 – 840.00  | 290.00 – 310.00 |
| Puttalam         | 700.00 – 800.00  | 400.00 – 450.00 | 300.00 – 400.00 | 180.00 – 220.00 | 200.00 – 220.00 | –               | 380.00 – 450.00 | 600.00 – 900.00  | 700.00 – 900.00  | 280.00 – 300.00 |
| Rathnapura       | 760.00 – 800.00  | 360.00 – 400.00 | –               | 160.00 – 180.00 | 180.00 – 200.00 | –               | –               | 630.00 – 660.00  | 750.00 – 785.00  | 300.00 – 320.00 |
| Hambantota       | 700.00 – 760.00  | 360.00 – 420.00 | 300.00 – 320.00 | 140.00 – 180.00 | 180.00 – 200.00 | 350.00 – 360.00 | –               | 750.00 – 800.00  | 750.00 – 800.00  | 280.00 – 300.00 |
| Matara           | 720.00 – 780.00  | 400.00 – 480.00 | 340.00 – 360.00 | 120.00 – 160.00 | 180.00 – 200.00 | –               | 380.00 – 400.00 | 700.00 – 760.00  | 650.00 – 750.00  | 300.00 – 310.00 |
| Galle            | 700.00 – 780.00  | 400.00 – 490.00 | –               | 120.00 – 180.00 | 190.00 – 220.00 | 320.00 – 320.00 | 400.00 – 420.00 | 600.00 – 800.00  | 650.00 – 900.00  | 290.00 – 320.00 |
| Tissamaharama    | 700.00 – 750.00  | 360.00 – 400.00 | 320.00 – 380.00 | 160.00 – 200.00 | 180.00 – 220.00 | 320.00 – 360.00 | –               | 680.00 – 750.00  | 650.00 – 800.00  | 285.00 – 300.00 |
| Meegoda (DEC)    | 680.00 – 700.00  | –               | 340.00 – 360.00 | 150.00 – 160.00 | 200.00 – 220.00 | 380.00 – 400.00 | 400.00 – 400.00 | 650.00 – 800.00  | 750.00 – 960.00  | 275.00 – 310.00 |
| Embilipitiya     | 780.00 – 850.00  | 400.00 – 480.00 | 350.00 – 360.00 | 140.00 – 180.00 | 180.00 – 200.00 | 340.00 – 370.00 | –               | 700.00 – 750.00  | 600.00 – 700.00  | 275.00 – 310.00 |
| Jaffna           | 740.00 – 800.00  | –               | 230.00 – 250.00 | 180.00 – 220.00 | 200.00 – 230.00 | –               | –               | 550.00 – 600.00  | –                | 290.00 – 300.00 |
| Vavuniya         | 750.00 – 800.00  | –               | –               | 200.00 – 220.00 | 200.00 – 220.00 | –               | –               | 740.00 – 780.00  | –                | 315.00 – 320.00 |
| Mannar           | –                | –               | –               | –               | –               | –               | –               | –                | –                | –               |
| Killinochchi     | 680.00 – 700.00  | –               | –               | 120.00 – 140.00 | 200.00 – 220.00 | –               | –               | 670.00 – 690.00  | –                | 290.00 – 300.00 |
| Mullaittivu      | 680.00 – 720.00  | 420.00 – 450.00 | –               | –               | 200.00 – 230.00 | –               | –               | 650.00 – 680.00  | –                | 290.00 – 300.00 |
| Batticaloa       | 800.00 – 830.00  | –               | 300.00 – 350.00 | 180.00 – 200.00 | 200.00 – 210.00 | –               | 400.00 – 450.00 | 700.00 – 800.00  | 800.00 – 900.00  | 280.00 – 300.00 |
| Trincomalee      | 690.00 – 740.00  | –               | 300.00 – 370.00 | 185.00 – 195.00 | 215.00 – 225.00 | –               | –               | 685.00 – 700.00  | 880.00 – 890.00  | 285.00 – 290.00 |
| Hanguranketha    | 700.00 – 830.00  | 350.00 – 360.00 | –               | 140.00 – 180.00 | 185.00 – 190.00 | 320.00 – 340.00 | –               | 700.00 – 750.00  | 750.00 – 780.00  | 275.00 – 282.00 |
| Veyangoda        | 660.00 – 700.00  | 400.00 – 520.00 | –               | 120.00 – 220.00 | 200.00 – 240.00 | –               | 400.00 – 480.00 | 720.00 – 800.00  | 740.00 – 800.00  | 280.00 – 320.00 |
| Galenbindunuwewa | 700.00 – 830.00  | 360.00 – 380.00 | –               | 150.00 – 180.00 | 180.00 – 200.00 | –               | –               | 650.00 – 800.00  | 700.00 – 800.00  | 280.00 – 285.00 |
| Bandarawela      | 700.00 – 750.00  | 380.00 – 400.00 | –               | 140.00 – 190.00 | 180.00 – 200.00 | 320.00 – 360.00 | –               | 750.00 – 800.00  | 750.00 – 820.00  | 290.00 – 320.00 |
| Matale           | 750.00 – 830.00  | –               | 320.00 – 360.00 | 140.00 – 170.00 | 185.00 – 200.00 | –               | 400.00 – 440.00 | 750.00 – 850.00  | 750.00 – 830.00  | 275.00 – 280.00 |

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)**

Week 11: 14 - 20 Mar 2025

| Locations            | Butter Beans | Green Beans     | Carrot          | Leeks           | Beetroot        | Knolkhol        |
|----------------------|--------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Colombo              | -            | 350.00 - 580.00 | 500.00 - 750.00 | 100.00 - 260.00 | 100.00 - 180.00 | 150.00 - 200.00 |
| Meegoda (DEC)        | -            | 650.00 - 680.00 | 500.00 - 600.00 | 150.00 - 180.00 | 130.00 - 170.00 | 250.00 - 270.00 |
| Dambulla (DEC)       | -            | 550.00 - 650.00 | 550.00 - 700.00 | 150.00 - 200.00 | 120.00 - 180.00 | 180.00 - 220.00 |
| Keppetipola (DEC)    | -            | 500.00 - 550.00 | 450.00 - 500.00 | 120.00 - 130.00 | 130.00 - 140.00 | 150.00 - 160.00 |
| Norochchole (DEC)    | -            | -               | -               | -               | 80.00 - 120.00  | -               |
| Nuwara Eliya         | -            | 540.00 - 580.00 | 510.00 - 520.00 | 110.00 - 130.00 | 130.00 - 140.00 | 160.00 - 180.00 |
| Kandy                | -            | 550.00 - 600.00 | 550.00 - 600.00 | 120.00 - 140.00 | 120.00 - 140.00 | 140.00 - 160.00 |
| Hambantota           | -            | 550.00 - 650.00 | 550.00 - 650.00 | 230.00 - 250.00 | 200.00 - 230.00 | 160.00 - 200.00 |
| Thambuthhegama (DEC) | -            | 450.00 - 500.00 | 500.00 - 550.00 | 100.00 - 130.00 | 100.00 - 120.00 | 130.00 - 150.00 |
| Jaffna               | -            | 350.00 - 370.00 | 650.00 - 670.00 | 250.00 - 270.00 | 90.00 - 120.00  | -               |
| Bandarawela          | -            | 500.00 - 550.00 | 470.00 - 550.00 | 130.00 - 140.00 | 130.00 - 140.00 | 150.00 - 170.00 |
| Veyangoda            | -            | 650.00 - 700.00 | 470.00 - 550.00 | 150.00 - 200.00 | 120.00 - 150.00 | 280.00 - 300.00 |

| Locations            | Raddish         | Cabbage         | Tomato          | Ladies Fingers  | Brinjal         | Capsicum        |
|----------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Colombo              | 80.00 - 140.00  | 250.00 - 300.00 | 200.00 - 300.00 | 200.00 - 260.00 | 150.00 - 200.00 | 450.00 - 700.00 |
| Meegoda (DEC)        | 80.00 - 120.00  | 250.00 - 350.00 | 280.00 - 320.00 | 250.00 - 300.00 | 130.00 - 170.00 | 630.00 - 700.00 |
| Moneragala           | 150.00 - 200.00 | 280.00 - 350.00 | 250.00 - 320.00 | 230.00 - 250.00 | 130.00 - 200.00 | 700.00 - 750.00 |
| Dambulla (DEC)       | 80.00 - 110.00  | 180.00 - 240.00 | 250.00 - 280.00 | 230.00 - 250.00 | 100.00 - 130.00 | 450.00 - 600.00 |
| Keppetipola (DEC)    | 50.00 - 70.00   | 180.00 - 220.00 | 240.00 - 260.00 | 230.00 - 250.00 | 120.00 - 150.00 | 650.00 - 700.00 |
| Norochchole (DEC)    | 70.00 - 140.00  | 200.00 - 260.00 | 180.00 - 230.00 | 220.00 - 250.00 | 80.00 - 120.00  | 600.00 - 650.00 |
| Nuwara Eliya         | 60.00 - 80.00   | 280.00 - 290.00 | 250.00 - 280.00 | 260.00 - 280.00 | 150.00 - 160.00 | 680.00 - 740.00 |
| Kandy                | 70.00 - 80.00   | 220.00 - 250.00 | 280.00 - 300.00 | 260.00 - 280.00 | 120.00 - 160.00 | 650.00 - 680.00 |
| Hambantota           | 200.00 - 200.00 | 300.00 - 350.00 | 300.00 - 350.00 | 250.00 - 280.00 | 200.00 - 240.00 | 600.00 - 650.00 |
| Thambuthhegama (DEC) | 150.00 - 170.00 | 250.00 - 300.00 | 180.00 - 200.00 | 160.00 - 200.00 | 100.00 - 130.00 | 550.00 - 600.00 |
| Tissamaharama        | 100.00 - 120.00 | 250.00 - 280.00 | 200.00 - 260.00 | 250.00 - 280.00 | 120.00 - 150.00 | 650.00 - 750.00 |
| Jaffna               | 70.00 - 85.00   | 190.00 - 210.00 | 140.00 - 160.00 | 220.00 - 240.00 | 100.00 - 130.00 | 400.00 - 420.00 |
| Bandarawela          | 70.00 - 80.00   | 210.00 - 240.00 | 240.00 - 260.00 | -               | 110.00 - 140.00 | 680.00 - 720.00 |
| Veyangoda            | 80.00 - 120.00  | 280.00 - 320.00 | 240.00 - 280.00 | 260.00 - 300.00 | 120.00 - 160.00 | 550.00 - 700.00 |

| Locations            | Pumpkin         | Cucumber        | Bitter Gourd    | Snake Gourd     | Drumstick | Luffa           |
|----------------------|-----------------|-----------------|-----------------|-----------------|-----------|-----------------|
| Colombo              | 100.00 - 130.00 | 100.00 - 200.00 | 300.00 - 450.00 | 200.00 - 320.00 | -         | 300.00 - 400.00 |
| Meegoda (DEC)        | 120.00 - 130.00 | 100.00 - 150.00 | 320.00 - 380.00 | 310.00 - 350.00 | -         | 320.00 - 420.00 |
| Moneragala           | 140.00 - 180.00 | 140.00 - 180.00 | 400.00 - 450.00 | 260.00 - 300.00 | -         | 350.00 - 400.00 |
| Dambulla (DEC)       | 100.00 - 120.00 | 100.00 - 120.00 | 250.00 - 300.00 | 180.00 - 200.00 | -         | 340.00 - 380.00 |
| Keppetipola (DEC)    | 130.00 - 140.00 | 130.00 - 150.00 | 270.00 - 290.00 | 240.00 - 250.00 | -         | 340.00 - 350.00 |
| Norochchole (DEC)    | 100.00 - 120.00 | 80.00 - 120.00  | 300.00 - 350.00 | 120.00 - 160.00 | -         | 250.00 - 300.00 |
| Nuwara Eliya         | 130.00 - 150.00 | 150.00 - 160.00 | 350.00 - 360.00 | 260.00 - 270.00 | -         | 360.00 - 370.00 |
| Kandy                | 110.00 - 120.00 | 140.00 - 150.00 | 330.00 - 350.00 | 240.00 - 250.00 | -         | 350.00 - 380.00 |
| Hambantota           | 150.00 - 180.00 | 120.00 - 150.00 | 400.00 - 400.00 | 260.00 - 300.00 | -         | 360.00 - 400.00 |
| Thambuthhegama (DEC) | 100.00 - 130.00 | 60.00 - 70.00   | 300.00 - 350.00 | 150.00 - 180.00 | -         | 280.00 - 320.00 |
| Tissamaharama        | 130.00 - 150.00 | 100.00 - 120.00 | 300.00 - 350.00 | 230.00 - 280.00 | -         | 350.00 - 380.00 |
| Jaffna               | 85.00 - 100.00  | 120.00 - 140.00 | 400.00 - 420.00 | 75.00 - 85.00   | -         | -               |
| Bandarawela          | 130.00 - 140.00 | 150.00 - 160.00 | -               | -               | -         | -               |
| Veyangoda            | 110.00 - 140.00 | 120.00 - 160.00 | 300.00 - 360.00 | 200.00 - 250.00 | -         | 350.00 - 400.00 |

**Table 06 (Contd.)**

|                       | Long Beans      | Ash Plantain    | Green Chillies   | Lime            | Sweet Potatoe   | Manioc          |
|-----------------------|-----------------|-----------------|------------------|-----------------|-----------------|-----------------|
| Colombo               | 250.00 - 300.00 | 100.00 - 160.00 | 700.00 - 900.00  | 120.00 - 180.00 | 130.00 - 180.00 | 80.00 - 120.00  |
| Meegoda (DEC)         | 270.00 - 320.00 | 120.00 - 160.00 | 650.00 - 850.00  | 130.00 - 170.00 | 130.00 - 150.00 | 100.00 - 110.00 |
| Moneragala            | 300.00 - 350.00 | 100.00 - 130.00 | 900.00 - 1000.00 | 140.00 - 160.00 | 220.00 - 250.00 | 80.00 - 100.00  |
| Dambulla (DEC)        | 250.00 - 300.00 | 100.00 - 120.00 | 600.00 - 700.00  | 120.00 - 140.00 | 130.00 - 160.00 | 80.00 - 90.00   |
| Keppetipola (DEC)     | 280.00 - 300.00 | 130.00 - 140.00 | 600.00 - 650.00  | 130.00 - 140.00 | 140.00 - 160.00 | 80.00 - 100.00  |
| Norochchole (DEC)     | 230.00 - 280.00 | 100.00 - 130.00 | 600.00 - 700.00  | -               | -               | 80.00 - 100.00  |
| Nuwara Eliya          | 300.00 - 320.00 | 150.00 - 160.00 | 740.00 - 780.00  | 170.00 - 180.00 | 160.00 - 170.00 | 100.00 - 120.00 |
| Kandy                 | 300.00 - 320.00 | 100.00 - 130.00 | 700.00 - 750.00  | 100.00 - 120.00 | 130.00 - 150.00 | 80.00 - 100.00  |
| Hambantota            | 300.00 - 320.00 | 120.00 - 140.00 | 750.00 - 800.00  | 220.00 - 250.00 | 150.00 - 160.00 | 120.00 - 140.00 |
| Thambuththegama (DEC) | 180.00 - 200.00 | 100.00 - 120.00 | 600.00 - 700.00  | 80.00 - 120.00  | 120.00 - 140.00 | 80.00 - 100.00  |
| Tissamaharama         | 230.00 - 300.00 | 100.00 - 120.00 | 650.00 - 700.00  | 140.00 - 160.00 | 130.00 - 160.00 | 90.00 - 120.00  |
| Jaffna                | 150.00 - 170.00 | 100.00 - 120.00 | 700.00 - 730.00  | 150.00 - 170.00 | 150.00 - 170.00 | 150.00 - 170.00 |
| Bandarawela           | -               | -               | 700.00 - 770.00  | -               | 150.00 - 160.00 | -               |
| Veyangoda             | 270.00 - 320.00 | 120.00 - 150.00 | 700.00 - 900.00  | 140.00 - 170.00 | 130.00 - 160.00 | 110.00 - 140.00 |

| Locations             | Leafy Vegetables (Rs/bundle) |               |                 | Coconut (Rs/nut) |                 |
|-----------------------|------------------------------|---------------|-----------------|------------------|-----------------|
|                       | Mukunuwenna                  | Kankun        | Gotukola        | Large            | Small           |
| Colombo               | 30.00 - 35.00                | 30.00 - 35.00 | 300.00 - 320.00 | 170.00 - 185.00  | 150.00 - 165.00 |
| Meegoda (DEC)         | 60.00 - 65.00                | 60.00 - 65.00 | 240.00 - 300.00 | 185.00 - 210.00  | -               |
| Norochchole (DEC)     | -                            | -             | -               | -                | -               |
| Nuwara Eliya          | -                            | -             | -               | -                | -               |
| Dambulla (DEC)        | 30.00 - 35.00                | 30.00 - 35.00 | 150.00 - 200.00 | 160.00 - 170.00  | 140.00 - 150.00 |
| Kandy                 | 45.00 - 50.00                | 45.00 - 55.00 | 230.00 - 240.00 | 170.00 - 185.00  | 130.00 - 140.00 |
| Hambantota            | 50.00 - 50.00                | 50.00 - 50.00 | 240.00 - 240.00 | -                | -               |
| Thambuththegama (DEC) | -                            | -             | -               | 160.00 - 170.00  | 125.00 - 140.00 |
| Tissamaharama         | 25.00 - 30.00                | 30.00 - 30.00 | 120.00 - 120.00 | 160.00 - 180.00  | 140.00 - 150.00 |
| Jaffna                | 80.00 - 90.00                | 40.00 - 45.00 | 210.00 - 225.00 | 180.00 - 190.00  | 120.00 - 130.00 |
| Bandarawela           | -                            | -             | -               | -                | -               |
| Veyangoda             | 35.00 - 40.00                | 35.00 - 40.00 | 220.00 - 240.00 | -                | -               |

*Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg*

**Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)**

Week 11: 14 - 20 Mar 2025

| LOCATIONS        | Up Country Varieties |             |          |         |           |        |          |          |          |           |          |         |          |         |          |        |          |
|------------------|----------------------|-------------|----------|---------|-----------|--------|----------|----------|----------|-----------|----------|---------|----------|---------|----------|--------|----------|
|                  | Butter Beans         | Green Beans |          | Carrot  |           | Leeks  |          | Beetroot |          | Knol Khol |          | Raddish |          | Cabbage |          | Tomato |          |
| Colombo          | -                    | 480.00      | - 850.00 | 540.00  | - 950.00  | 220.00 | - 440.00 | 180.00   | - 450.00 | 240.00    | - 480.00 | 150.00  | - 360.00 | 300.00  | - 450.00 | 260.00 | - 480.00 |
| Gampaha          | -                    | 500.00      | - 640.00 | 800.00  | - 840.00  | 320.00 | - 400.00 | 280.00   | - 320.00 | 320.00    | - 400.00 | 240.00  | - 280.00 | 480.00  | - 520.00 | 400.00 | - 480.00 |
| Kurunegala       | -                    | 500.00      | - 620.00 | 800.00  | - 840.00  | 300.00 | - 400.00 | 260.00   | - 300.00 | 320.00    | - 400.00 | 240.00  | - 260.00 | 380.00  | - 400.00 | 350.00 | - 440.00 |
| Nikaweratiya     | -                    | 700.00      | - 800.00 | 800.00  | - 900.00  | 320.00 | - 400.00 | 240.00   | - 280.00 | 300.00    | - 350.00 | 240.00  | - 260.00 | 360.00  | - 450.00 | 320.00 | - 400.00 |
| Dambulla         | -                    | 760.00      | - 800.00 | 800.00  | - 880.00  | 340.00 | - 380.00 | 300.00   | - 360.00 | 340.00    | - 380.00 | 200.00  | - 240.00 | 360.00  | - 400.00 | 360.00 | - 400.00 |
| Anuradhapura     | -                    | 760.00      | - 880.00 | 800.00  | - 960.00  | 320.00 | - 400.00 | 240.00   | - 320.00 | -         | -        | 200.00  | - 280.00 | 400.00  | - 480.00 | 360.00 | - 400.00 |
| Thambuththegama  | -                    | 600.00      | - 650.00 | 700.00  | - 820.00  | 250.00 | - 300.00 | 160.00   | - 200.00 | 240.00    | - 250.00 | 220.00  | - 250.00 | 400.00  | - 450.00 | 280.00 | - 320.00 |
| Polonnaruwa      | -                    | 780.00      | - 820.00 | 880.00  | - 920.00  | 320.00 | - 350.00 | 280.00   | - 320.00 | 260.00    | - 300.00 | 240.00  | - 260.00 | 360.00  | - 400.00 | 350.00 | - 380.00 |
| Kaluthara        | -                    | 600.00      | - 760.00 | 780.00  | - 800.00  | 360.00 | - 400.00 | 200.00   | - 280.00 | 350.00    | - 400.00 | 200.00  | - 240.00 | 400.00  | - 480.00 | 360.00 | - 500.00 |
| Badulla          | -                    | 600.00      | - 700.00 | 600.00  | - 700.00  | 260.00 | - 320.00 | 220.00   | - 240.00 | 250.00    | - 300.00 | 160.00  | - 240.00 | 260.00  | - 320.00 | 320.00 | - 400.00 |
| Keppetipola      | -                    | 580.00      | - 620.00 | 520.00  | - 580.00  | 180.00 | - 200.00 | 200.00   | - 220.00 | 220.00    | - 250.00 | 120.00  | - 140.00 | 250.00  | - 270.00 | 300.00 | - 320.00 |
| Moneragala       | -                    | 640.00      | - 720.00 | 720.00  | - 800.00  | 300.00 | - 360.00 | 260.00   | - 320.00 | -         | -        | 200.00  | - 260.00 | 400.00  | - 480.00 | 320.00 | - 400.00 |
| Kegalle          | -                    | 720.00      | - 760.00 | 1000.00 | - 1040.00 | 360.00 | - 400.00 | 280.00   | - 320.00 | 360.00    | - 400.00 | 280.00  | - 320.00 | 440.00  | - 480.00 | 480.00 | - 500.00 |
| Ampara           | -                    | 600.00      | - 760.00 | 680.00  | - 800.00  | 260.00 | - 400.00 | 240.00   | - 280.00 | 300.00    | - 400.00 | 200.00  | - 240.00 | 360.00  | - 400.00 | 340.00 | - 400.00 |
| Dehiattakandiya  | -                    | 600.00      | - 800.00 | 600.00  | - 700.00  | 300.00 | - 300.00 | 300.00   | - 320.00 | 300.00    | - 320.00 | 200.00  | - 240.00 | 400.00  | - 400.00 | 260.00 | - 300.00 |
| Nuwaraeliya      | -                    | 650.00      | - 680.00 | 620.00  | - 640.00  | 220.00 | - 240.00 | 230.00   | - 250.00 | 260.00    | - 280.00 | 160.00  | - 180.00 | 380.00  | - 400.00 | 380.00 | - 420.00 |
| Kandy            | -                    | 750.00      | - 800.00 | 800.00  | - 900.00  | 240.00 | - 260.00 | 200.00   | - 240.00 | 240.00    | - 260.00 | 120.00  | - 160.00 | 360.00  | - 400.00 | 360.00 | - 400.00 |
| Puttalam         | -                    | 700.00      | - 800.00 | 900.00  | - 1000.00 | 400.00 | - 400.00 | 300.00   | - 400.00 | 240.00    | - 300.00 | 200.00  | - 200.00 | 480.00  | - 480.00 | 300.00 | - 400.00 |
| Hambantota       | -                    | 800.00      | - 900.00 | 800.00  | - 900.00  | 300.00 | - 400.00 | 300.00   | - 400.00 | 300.00    | - 400.00 | 300.00  | - 320.00 | 400.00  | - 480.00 | 400.00 | - 400.00 |
| Rathnapura       | -                    | 600.00      | - 660.00 | 700.00  | - 800.00  | 280.00 | - 380.00 | 240.00   | - 280.00 | 240.00    | - 340.00 | 180.00  | - 250.00 | 280.00  | - 360.00 | 300.00 | - 360.00 |
| Matara           | -                    | 720.00      | - 800.00 | 800.00  | - 1000.00 | 320.00 | - 400.00 | 280.00   | - 340.00 | 380.00    | - 400.00 | 280.00  | - 320.00 | 400.00  | - 480.00 | 380.00 | - 450.00 |
| Galle            | -                    | 600.00      | - 600.00 | 800.00  | - 1000.00 | 400.00 | - 400.00 | 360.00   | - 400.00 | 280.00    | - 300.00 | 240.00  | - 240.00 | 360.00  | - 400.00 | 320.00 | - 400.00 |
| Tissamaharama    | -                    | 700.00      | - 800.00 | 800.00  | - 850.00  | 320.00 | - 400.00 | 280.00   | - 380.00 | 300.00    | - 400.00 | 220.00  | - 300.00 | 380.00  | - 460.00 | 300.00 | - 360.00 |
| Meegoda (DEC)    | -                    | 720.00      | - 800.00 | 720.00  | - 800.00  | 320.00 | - 360.00 | 240.00   | - 320.00 | 400.00    | - 480.00 | 160.00  | - 240.00 | 400.00  | - 480.00 | 400.00 | - 480.00 |
| Embilipitiya     | -                    | 550.00      | - 720.00 | 720.00  | - 800.00  | 280.00 | - 320.00 | 200.00   | - 280.00 | 240.00    | - 280.00 | 200.00  | - 250.00 | 400.00  | - 480.00 | 280.00 | - 320.00 |
| Jaffna           | -                    | 400.00      | - 450.00 | 700.00  | - 760.00  | 300.00 | - 350.00 | 150.00   | - 180.00 | -         | -        | 120.00  | - 140.00 | 250.00  | - 270.00 | 240.00 | - 260.00 |
| Vavuniya         | -                    | 750.00      | - 800.00 | 800.00  | - 850.00  | 380.00 | - 420.00 | 250.00   | - 280.00 | -         | -        | 280.00  | - 320.00 | 390.00  | - 420.00 | 290.00 | - 320.00 |
| Mannar           | -                    | -           | -        | -       | -         | -      | -        | -        | -        | -         | -        | -       | -        | -       | -        | -      | -        |
| Killinochchi     | -                    | 580.00      | - 620.00 | 780.00  | - 820.00  | 380.00 | - 420.00 | 240.00   | - 260.00 | -         | -        | 180.00  | - 200.00 | 340.00  | - 360.00 | 280.00 | - 320.00 |
| Mullaittivu      | -                    | -           | -        | 950.00  | - 1050.00 | 400.00 | - 460.00 | 260.00   | - 300.00 | -         | -        | 200.00  | - 220.00 | 350.00  | - 400.00 | 300.00 | - 360.00 |
| Batticaloa       | -                    | 670.00      | - 700.00 | 800.00  | - 820.00  | 300.00 | - 350.00 | 220.00   | - 300.00 | 240.00    | - 260.00 | 200.00  | - 220.00 | 350.00  | - 400.00 | 400.00 | - 420.00 |
| Trincomalee      | -                    | -           | -        | 950.00  | - 1050.00 | 380.00 | - 400.00 | 300.00   | - 330.00 | -         | -        | 215.00  | - 225.00 | 330.00  | - 350.00 | 320.00 | - 340.00 |
| Hanguranketha    | -                    | 580.00      | - 600.00 | 600.00  | - 660.00  | 180.00 | - 220.00 | 160.00   | - 200.00 | 200.00    | - 220.00 | 80.00   | - 100.00 | 240.00  | - 280.00 | 300.00 | - 340.00 |
| Veyangoda        | -                    | 800.00      | - 920.00 | 600.00  | - 720.00  | 240.00 | - 360.00 | 180.00   | - 240.00 | 360.00    | - 440.00 | 120.00  | - 180.00 | 360.00  | - 480.00 | 320.00 | - 400.00 |
| Galenbindunuwewa | -                    | 560.00      | - 600.00 | 950.00  | - 1000.00 | 320.00 | - 350.00 | 240.00   | - 250.00 | 240.00    | - 260.00 | 200.00  | - 220.00 | 400.00  | - 420.00 | 300.00 | - 320.00 |
| Bandarawela      | -                    | 680.00      | - 750.00 | 650.00  | - 750.00  | 250.00 | - 300.00 | 240.00   | - 280.00 | 240.00    | - 280.00 | 100.00  | - 120.00 | 300.00  | - 340.00 | 320.00 | - 360.00 |
| Matale           | -                    | 800.00      | - 880.00 | 800.00  | - 900.00  | 320.00 | - 360.00 | 160.00   | - 200.00 | 320.00    | - 360.00 | 200.00  | - 240.00 | 320.00  | - 360.00 | 320.00 | - 360.00 |

Table 07 (Contd.)

| LOCATIONS        | Low Country Varieties |                 |                   |                 |                 |                 |                 |           |                 |                 |  |  |
|------------------|-----------------------|-----------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------|-----------------|-----------------|--|--|
|                  | Ladies Fingers        | Brinjal         | Capsicum          | Pumpkin         | Cucumber        | Bitter Gourd    | Snake Gourd     | Drumstick | Luffa           | Long Beans      |  |  |
| Colombo          | 280.00 - 420.00       | 200.00 - 400.00 | 540.00 - 1000.00  | 160.00 - 320.00 | 180.00 - 360.00 | 400.00 - 600.00 | 320.00 - 550.00 | -         | 340.00 - 600.00 | 350.00 - 560.00 |  |  |
| Gampaha          | 360.00 - 480.00       | 280.00 - 360.00 | 880.00 - 1000.00  | 240.00 - 320.00 | 280.00 - 360.00 | 560.00 - 640.00 | 360.00 - 480.00 | -         | 480.00 - 600.00 | 440.00 - 600.00 |  |  |
| Kurunegala       | 320.00 - 360.00       | 260.00 - 320.00 | 900.00 - 1000.00  | 240.00 - 280.00 | 260.00 - 300.00 | 480.00 - 540.00 | 340.00 - 400.00 | -         | 440.00 - 520.00 | 400.00 - 440.00 |  |  |
| Nikaweratiya     | 300.00 - 320.00       | 200.00 - 240.00 | 750.00 - 1000.00  | 200.00 - 260.00 | 200.00 - 240.00 | 500.00 - 600.00 | 280.00 - 320.00 | -         | 450.00 - 480.00 | 350.00 - 400.00 |  |  |
| Dambulla         | 360.00 - 400.00       | 240.00 - 260.00 | 800.00 - 900.00   | 200.00 - 240.00 | 200.00 - 240.00 | 460.00 - 500.00 | 360.00 - 380.00 | -         | 500.00 - 540.00 | 400.00 - 460.00 |  |  |
| Anuradhapura     | 360.00 - 400.00       | 200.00 - 280.00 | 800.00 - 900.00   | 200.00 - 280.00 | 240.00 - 320.00 | 520.00 - 600.00 | 320.00 - 400.00 | -         | 480.00 - 560.00 | 360.00 - 400.00 |  |  |
| Thambuththegama  | 260.00 - 320.00       | 150.00 - 180.00 | 750.00 - 820.00   | 160.00 - 200.00 | 160.00 - 200.00 | 420.00 - 480.00 | 180.00 - 220.00 | -         | 400.00 - 450.00 | 280.00 - 320.00 |  |  |
| Polonnaruwa      | 280.00 - 320.00       | 250.00 - 280.00 | 780.00 - 820.00   | 200.00 - 240.00 | 220.00 - 260.00 | 460.00 - 500.00 | 300.00 - 340.00 | -         | 380.00 - 420.00 | 360.00 - 400.00 |  |  |
| Kaluthara        | 380.00 - 500.00       | 180.00 - 240.00 | 920.00 - 1000.00  | 200.00 - 300.00 | 260.00 - 300.00 | 520.00 - 640.00 | 400.00 - 500.00 | -         | 480.00 - 600.00 | 420.00 - 480.00 |  |  |
| Badulla          | 340.00 - 400.00       | 240.00 - 320.00 | 750.00 - 800.00   | 200.00 - 240.00 | 240.00 - 260.00 | 400.00 - 480.00 | 300.00 - 320.00 | -         | 320.00 - 400.00 | 320.00 - 400.00 |  |  |
| Keppetipola      | 300.00 - 320.00       | 180.00 - 220.00 | 760.00 - 800.00   | 200.00 - 230.00 | 200.00 - 230.00 | 340.00 - 360.00 | 300.00 - 320.00 | -         | 400.00 - 420.00 | 340.00 - 380.00 |  |  |
| Moneragala       | 360.00 - 400.00       | 200.00 - 320.00 | 760.00 - 800.00   | 200.00 - 300.00 | 240.00 - 320.00 | 480.00 - 600.00 | 320.00 - 400.00 | -         | 520.00 - 600.00 | 360.00 - 400.00 |  |  |
| Kegalle          | 440.00 - 480.00       | 280.00 - 320.00 | 750.00 - 800.00   | 220.00 - 280.00 | 240.00 - 280.00 | 480.00 - 520.00 | 280.00 - 320.00 | -         | 480.00 - 520.00 | 520.00 - 560.00 |  |  |
| Ampara           | 360.00 - 400.00       | 280.00 - 280.00 | 840.00 - 960.00   | 180.00 - 240.00 | 220.00 - 280.00 | 400.00 - 420.00 | 240.00 - 320.00 | -         | 400.00 - 460.00 | 400.00 - 440.00 |  |  |
| Dehiattakandiya  | 320.00 - 400.00       | 300.00 - 320.00 | 600.00 - 800.00   | 200.00 - 300.00 | 160.00 - 200.00 | 400.00 - 500.00 | 260.00 - 300.00 | -         | 400.00 - 480.00 | 400.00 - 400.00 |  |  |
| Nuwaraeliya      | 360.00 - 380.00       | 250.00 - 260.00 | 780.00 - 800.00   | 240.00 - 260.00 | 250.00 - 260.00 | 460.00 - 480.00 | 360.00 - 380.00 | -         | 460.00 - 480.00 | 400.00 - 420.00 |  |  |
| Kandy            | 360.00 - 400.00       | 200.00 - 240.00 | 850.00 - 900.00   | 180.00 - 200.00 | 240.00 - 260.00 | 480.00 - 520.00 | 450.00 - 480.00 | -         | 450.00 - 480.00 | 450.00 - 480.00 |  |  |
| Puttalam         | 300.00 - 400.00       | 240.00 - 250.00 | 800.00 - 1000.00  | 300.00 - 300.00 | 240.00 - 240.00 | 520.00 - 600.00 | 300.00 - 300.00 | -         | 520.00 - 600.00 | 300.00 - 400.00 |  |  |
| Rathnapura       | 220.00 - 280.00       | 200.00 - 240.00 | 900.00 - 1000.00  | 180.00 - 230.00 | 180.00 - 240.00 | 440.00 - 480.00 | 280.00 - 360.00 | -         | 560.00 - 600.00 | 380.00 - 440.00 |  |  |
| Hambantota       | 320.00 - 400.00       | 300.00 - 340.00 | 800.00 - 900.00   | 200.00 - 200.00 | 180.00 - 200.00 | 600.00 - 600.00 | 400.00 - 480.00 | -         | 520.00 - 600.00 | 400.00 - 400.00 |  |  |
| Matara           | 320.00 - 400.00       | 240.00 - 320.00 | 800.00 - 1000.00  | 200.00 - 220.00 | 160.00 - 200.00 | 480.00 - 520.00 | 320.00 - 400.00 | -         | 400.00 - 480.00 | 480.00 - 520.00 |  |  |
| Galle            | 300.00 - 320.00       | 280.00 - 320.00 | 720.00 - 900.00   | 200.00 - 280.00 | 160.00 - 240.00 | 480.00 - 600.00 | 280.00 - 300.00 | -         | 440.00 - 500.00 | 300.00 - 380.00 |  |  |
| Tissamaharama    | 320.00 - 380.00       | 240.00 - 300.00 | 850.00 - 950.00   | 240.00 - 260.00 | 220.00 - 250.00 | 560.00 - 600.00 | 360.00 - 380.00 | -         | 450.00 - 480.00 | 320.00 - 360.00 |  |  |
| Meegoda (DEC)    | 400.00 - 480.00       | 240.00 - 320.00 | 800.00 - 900.00   | 200.00 - 240.00 | 200.00 - 320.00 | 480.00 - 560.00 | 400.00 - 480.00 | -         | 480.00 - 520.00 | 400.00 - 480.00 |  |  |
| Embilipitiya     | 280.00 - 320.00       | 180.00 - 240.00 | 550.00 - 600.00   | 180.00 - 240.00 | 160.00 - 200.00 | 400.00 - 480.00 | 280.00 - 320.00 | -         | 340.00 - 400.00 | 320.00 - 400.00 |  |  |
| Jaffna           | 280.00 - 320.00       | 160.00 - 200.00 | 450.00 - 500.00   | 120.00 - 150.00 | 180.00 - 200.00 | 450.00 - 500.00 | 130.00 - 150.00 | -         | -               | 200.00 - 250.00 |  |  |
| Vavuniya         | 400.00 - 420.00       | 300.00 - 320.00 | 740.00 - 760.00   | 200.00 - 240.00 | 240.00 - 260.00 | 600.00 - 640.00 | 300.00 - 340.00 | -         | 400.00 - 460.00 | 350.00 - 370.00 |  |  |
| Mannar           | -                     | -               | -                 | -               | -               | -               | -               | -         | -               | -               |  |  |
| Killinochchi     | 260.00 - 300.00       | 180.00 - 220.00 | 780.00 - 820.00   | 180.00 - 200.00 | 180.00 - 200.00 | 440.00 - 460.00 | 340.00 - 360.00 | -         | -               | 440.00 - 460.00 |  |  |
| Mullaittivu      | 400.00 - 450.00       | 160.00 - 200.00 | 550.00 - 560.00   | 160.00 - 200.00 | 180.00 - 200.00 | 520.00 - 560.00 | 300.00 - 340.00 | -         | -               | 400.00 - 450.00 |  |  |
| Batticaloa       | 450.00 - 480.00       | 320.00 - 350.00 | 800.00 - 820.00   | 180.00 - 200.00 | 250.00 - 300.00 | 450.00 - 480.00 | 320.00 - 350.00 | -         | 400.00 - 450.00 | 450.00 - 480.00 |  |  |
| Trincomalee      | 315.00 - 325.00       | 340.00 - 350.00 | 1080.00 - 1150.00 | 180.00 - 186.00 | 215.00 - 230.00 | 580.00 - 600.00 | 270.00 - 280.00 | -         | -               | 400.00 - 420.00 |  |  |
| Hanguranketha    | 300.00 - 320.00       | 160.00 - 190.00 | 600.00 - 700.00   | 140.00 - 160.00 | 170.00 - 190.00 | 330.00 - 360.00 | 240.00 - 270.00 | -         | 380.00 - 480.00 | 360.00 - 400.00 |  |  |
| Veyangoda        | 320.00 - 400.00       | 200.00 - 280.00 | 720.00 - 900.00   | 160.00 - 240.00 | 180.00 - 240.00 | 440.00 - 520.00 | 320.00 - 360.00 | -         | 480.00 - 600.00 | 320.00 - 360.00 |  |  |
| Galenbindunuwewa | 320.00 - 340.00       | 240.00 - 280.00 | 900.00 - 1000.00  | 240.00 - 250.00 | 240.00 - 250.00 | 560.00 - 580.00 | 360.00 - 380.00 | -         | 450.00 - 460.00 | 320.00 - 350.00 |  |  |
| Bandarawela      | 300.00 - 340.00       | 240.00 - 260.00 | 900.00 - 1100.00  | 200.00 - 240.00 | 200.00 - 220.00 | 460.00 - 480.00 | 340.00 - 360.00 | -         | 400.00 - 440.00 | 380.00 - 400.00 |  |  |
| Matale           | 360.00 - 400.00       | 200.00 - 240.00 | 800.00 - 840.00   | 200.00 - 240.00 | 200.00 - 240.00 | 440.00 - 480.00 | 320.00 - 360.00 | -         | 440.00 - 480.00 | 360.00 - 400.00 |  |  |

Table 07 (Contd.)

| LOCATIONS        | Low Country Varieties |                   |                 |                 |                 | Leafy Vegetable |                 |                 | Coconut (Rs/nut) |                 |
|------------------|-----------------------|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|-----------------|
|                  | Ash Plantain          | Green Chillies    | Lime            | Sweet Potato    | Manioc          | Mukunuwenna     | Kankun          | Gotukola        | Large            | Small           |
| Colombo          | 180.00 - 360.00       | 900.00 - 1500.00  | 200.00 - 500.00 | 200.00 - 340.00 | 150.00 - 240.00 | 50.00 - 80.00   | 50.00 - 80.00   | 240.00 - 340.00 | 190.00 - 220.00  | 175.00 - 190.00 |
| Gampaha          | 240.00 - 320.00       | 1300.00 - 1600.00 | 300.00 - 400.00 | 240.00 - 280.00 | 200.00 - 220.00 | 70.00 - 70.00   | 70.00 - 70.00   | 90.00 - 90.00   | 180.00 - 200.00  | 100.00 - 150.00 |
| Kurunegala       | 240.00 - 300.00       | 1200.00 - 1300.00 | 280.00 - 350.00 | 240.00 - 260.00 | 180.00 - 180.00 | 70.00 - 70.00   | 70.00 - 70.00   | 70.00 - 80.00   | 200.00 - 200.00  | 165.00 - 170.00 |
| Nikaweratiya     | 200.00 - 320.00       | 1000.00 - 1300.00 | 400.00 - 420.00 | 240.00 - 260.00 | 160.00 - 160.00 | 50.00 - 50.00   | 50.00 - 50.00   | 150.00 - 150.00 | 190.00 - 210.00  | 120.00 - 150.00 |
| Dambulla         | 200.00 - 240.00       | 900.00 - 1000.00  | 250.00 - 300.00 | 220.00 - 240.00 | 180.00 - 200.00 | 60.00 - 80.00   | 60.00 - 80.00   | 60.00 - 60.00   | 190.00 - 200.00  | 150.00 - 160.00 |
| Anuradhapura     | 240.00 - 280.00       | 1000.00 - 1300.00 | 200.00 - 400.00 | 260.00 - 320.00 | 200.00 - 240.00 | 50.00 - 60.00   | 50.00 - 60.00   | 50.00 - 60.00   | 180.00 - 200.00  | 140.00 - 170.00 |
| Thambuththegama  | 160.00 - 200.00       | 750.00 - 900.00   | 160.00 - 200.00 | 200.00 - 250.00 | 150.00 - 180.00 | -               | -               | -               | 200.00 - 210.00  | 160.00 - 175.00 |
| Polonnaruwa      | 240.00 - 260.00       | 1000.00 - 1100.00 | 300.00 - 350.00 | 200.00 - 220.00 | 160.00 - 180.00 | 50.00 - 60.00   | 50.00 - 50.00   | 50.00 - 50.00   | 200.00 - 230.00  | 150.00 - 180.00 |
| Kaluthara        | 200.00 - 300.00       | 1400.00 - 1600.00 | 300.00 - 400.00 | 250.00 - 300.00 | 180.00 - 200.00 | 90.00 - 100.00  | 100.00 - 120.00 | 100.00 - 130.00 | 240.00 - 250.00  | 170.00 - 190.00 |
| Badulla          | 240.00 - 300.00       | 1000.00 - 1400.00 | 240.00 - 260.00 | 240.00 - 250.00 | 120.00 - 180.00 | 70.00 - 80.00   | 70.00 - 80.00   | 60.00 - 70.00   | 200.00 - 220.00  | 150.00 - 170.00 |
| Keppetipola      | 200.00 - 220.00       | 800.00 - 900.00   | 240.00 - 260.00 | 200.00 - 230.00 | 150.00 - 160.00 | 70.00 - 80.00   | 70.00 - 80.00   | 60.00 - 70.00   | 190.00 - 200.00  | 150.00 - 170.00 |
| Moneragala       | 180.00 - 200.00       | 1000.00 - 1300.00 | 200.00 - 300.00 | 300.00 - 320.00 | 140.00 - 160.00 | 60.00 - 70.00   | 60.00 - 70.00   | 60.00 - 80.00   | 160.00 - 180.00  | 140.00 - 150.00 |
| Kegalle          | 280.00 - 320.00       | 1140.00 - 1200.00 | 300.00 - 350.00 | 280.00 - 320.00 | 180.00 - 200.00 | 70.00 - 80.00   | 70.00 - 80.00   | 50.00 - 60.00   | 200.00 - 210.00  | 170.00 - 190.00 |
| Ampara           | 220.00 - 240.00       | 850.00 - 1000.00  | 240.00 - 280.00 | 240.00 - 260.00 | 140.00 - 180.00 | 60.00 - 70.00   | 60.00 - 60.00   | 200.00 - 200.00 | -                | -               |
| Dehiattakandiya  | 240.00 - 300.00       | 1000.00 - 1500.00 | 200.00 - 200.00 | 150.00 - 160.00 | 200.00 - 200.00 | 50.00 - 70.00   | 50.00 - 70.00   | 50.00 - 70.00   | -                | 120.00 - 140.00 |
| Nuwaraeliya      | 250.00 - 260.00       | 900.00 - 950.00   | 280.00 - 340.00 | 280.00 - 300.00 | 200.00 - 220.00 | 80.00 - 90.00   | 80.00 - 90.00   | 70.00 - 80.00   | 200.00 - 220.00  | 160.00 - 180.00 |
| Kandy            | 180.00 - 200.00       | 1000.00 - 1100.00 | 200.00 - 240.00 | 180.00 - 200.00 | 150.00 - 180.00 | 60.00 - 70.00   | 60.00 - 70.00   | 50.00 - 60.00   | 190.00 - 210.00  | 155.00 - 170.00 |
| Puttalam         | 240.00 - 260.00       | 800.00 - 1000.00  | 300.00 - 300.00 | 300.00 - 300.00 | 200.00 - 200.00 | 60.00 - 60.00   | 50.00 - 60.00   | 40.00 - 40.00   | 180.00 - 200.00  | 150.00 - 170.00 |
| Rathnapura       | 160.00 - 220.00       | 900.00 - 1200.00  | 200.00 - 350.00 | 160.00 - 230.00 | 120.00 - 160.00 | 80.00 - 80.00   | 80.00 - 80.00   | 100.00 - 100.00 | 220.00 - 240.00  | 160.00 - 200.00 |
| Hambanthota      | 180.00 - 200.00       | 900.00 - 1000.00  | 320.00 - 400.00 | 250.00 - 320.00 | 200.00 - 240.00 | 60.00 - 70.00   | 60.00 - 60.00   | 100.00 - 100.00 | 180.00 - 200.00  | 160.00 - 170.00 |
| Matara           | 180.00 - 200.00       | 1000.00 - 1200.00 | 200.00 - 250.00 | 160.00 - 200.00 | 150.00 - 180.00 | 50.00 - 60.00   | 50.00 - 60.00   | 90.00 - 110.00  | 180.00 - 220.00  | 140.00 - 160.00 |
| Galle            | 180.00 - 240.00       | 1200.00 - 1500.00 | 280.00 - 400.00 | 180.00 - 240.00 | 140.00 - 200.00 | 50.00 - 60.00   | 50.00 - 50.00   | 80.00 - 100.00  | 180.00 - 230.00  | 140.00 - 160.00 |
| Tissamaharama    | 180.00 - 200.00       | 800.00 - 900.00   | 240.00 - 260.00 | -               | -               | 50.00 - 60.00   | 50.00 - 60.00   | 80.00 - 80.00   | 170.00 - 200.00  | 150.00 - 160.00 |
| Meegoda (DEC)    | 240.00 - 280.00       | 1000.00 - 1200.00 | 240.00 - 320.00 | 200.00 - 240.00 | 150.00 - 160.00 | 80.00 - 80.00   | 80.00 - 80.00   | 100.00 - 120.00 | 210.00 - 230.00  | 190.00 - 200.00 |
| Embilipitiya     | 150.00 - 180.00       | 1300.00 - 1400.00 | 250.00 - 300.00 | 200.00 - 240.00 | 120.00 - 160.00 | 70.00 - 80.00   | 60.00 - 70.00   | 100.00 - 120.00 | 200.00 - 240.00  | 150.00 - 180.00 |
| Jaffna           | 150.00 - 200.00       | 750.00 - 800.00   | 200.00 - 250.00 | 220.00 - 250.00 | 210.00 - 250.00 | 90.00 - 120.00  | 50.00 - 60.00   | 80.00 - 100.00  | 190.00 - 230.00  | 140.00 - 170.00 |
| Vavuniya         | 200.00 - 240.00       | 800.00 - 900.00   | 200.00 - 280.00 | 200.00 - 240.00 | 240.00 - 260.00 | 70.00 - 80.00   | 50.00 - 60.00   | 70.00 - 80.00   | 220.00 - 250.00  | 165.00 - 180.00 |
| Mannar           | -                     | -                 | -               | -               | -               | -               | -               | -               | -                | -               |
| Killinochchi     | 200.00 - 220.00       | 740.00 - 760.00   | 230.00 - 250.00 | 240.00 - 260.00 | 200.00 - 230.00 | 70.00 - 80.00   | 45.00 - 50.00   | 45.00 - 50.00   | 230.00 - 240.00  | 100.00 - 120.00 |
| Mullaittivu      | 160.00 - 200.00       | 800.00 - 850.00   | 200.00 - 240.00 | 260.00 - 300.00 | 250.00 - 280.00 | 75.00 - 80.00   | 90.00 - 100.00  | 50.00 - 60.00   | -                | 110.00 - 120.00 |
| Batticaloa       | 200.00 - 240.00       | 900.00 - 1000.00  | 250.00 - 300.00 | 250.00 - 280.00 | 150.00 - 180.00 | 80.00 - 80.00   | 50.00 - 80.00   | 50.00 - 50.00   | 180.00 - 200.00  | 130.00 - 150.00 |
| Trincomalee      | 265.00 - 270.00       | 1500.00 - 1600.00 | 180.00 - 190.00 | 230.00 - 240.00 | 220.00 - 230.00 | 55.00 - 60.00   | 64.00 - 70.00   | 45.00 - 50.00   | 230.00 - 235.00  | 150.00 - 155.00 |
| Hanguranketha    | 180.00 - 200.00       | 750.00 - 850.00   | 180.00 - 200.00 | 180.00 - 200.00 | 140.00 - 160.00 | 40.00 - 40.00   | 40.00 - 40.00   | 45.00 - 50.00   | 200.00 - 210.00  | 180.00 - 195.00 |
| Veyangoda        | 180.00 - 240.00       | 1000.00 - 1200.00 | 200.00 - 280.00 | 200.00 - 240.00 | 180.00 - 200.00 | 60.00 - 70.00   | 60.00 - 70.00   | 90.00 - 100.00  | 200.00 - 220.00  | 160.00 - 180.00 |
| Galenbindunuwewa | 150.00 - 180.00       | 1000.00 - 1100.00 | 200.00 - 250.00 | 200.00 - 240.00 | 180.00 - 200.00 | 50.00 - 80.00   | 50.00 - 60.00   | 50.00 - 50.00   | 170.00 - 180.00  | 150.00 - 160.00 |
| Bandarawela      | 220.00 - 240.00       | 1000.00 - 1100.00 | 300.00 - 400.00 | 260.00 - 280.00 | 160.00 - 200.00 | 70.00 - 80.00   | 70.00 - 80.00   | 80.00 - 100.00  | 200.00 - 230.00  | 170.00 - 180.00 |
| Matale           | 200.00 - 240.00       | 900.00 - 1000.00  | 200.00 - 240.00 | 200.00 - 240.00 | 160.00 - 180.00 | 60.00 - 70.00   | 60.00 - 70.00   | 50.00 - 60.00   | 200.00 - 220.00  | 180.00 - 190.00 |

**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)**

Week 11: 14 - 20 Mar 2025

18

| LOCATIONS        | Banana          |                   |                 |               |               | Pineapple       |                 |                 | Mango |                 |
|------------------|-----------------|-------------------|-----------------|---------------|---------------|-----------------|-----------------|-----------------|-------|-----------------|
|                  | Ambul (Rs/kg)   | Kolikuttu (Rs/kg) | Seeni (Rs/kg)   | Anamalu       | Ambun         | Large           | Medium          | Small           | Betti | Karthakolomban  |
| Colombo          | 100.00 - 220.00 | 250.00 - 400.00   | 150.00 - 250.00 | 36.00 - 50.00 | 50.00 - 70.00 | 520.00 - 650.00 | 400.00 - 500.00 | 320.00 - 400.00 | -     | 200.00 - 330.00 |
| Gampaha          | 150.00 - 160.00 | 280.00 - 300.00   | 180.00 - 200.00 | -             | -             | -               | 450.00 - 500.00 | 300.00 - 320.00 | -     | 175.00 - 190.00 |
| Kurunegala       | 140.00 - 160.00 | 300.00 - 350.00   | 180.00 - 220.00 | -             | 58.00 - 60.00 | -               | 450.00 - 500.00 | -               | -     | 150.00 - 175.00 |
| Nikaweratiya     | 150.00 - 170.00 | 320.00 - 420.00   | 150.00 - 180.00 | -             | 50.00 - 55.00 | 500.00 - 600.00 | 400.00 - 480.00 | -               | -     | -               |
| Dambulla         | 160.00 - 180.00 | 300.00 - 340.00   | 180.00 - 200.00 | -             | 54.00 - 55.00 | 700.00 - 750.00 | 500.00 - 550.00 | 280.00 - 350.00 | -     | 180.00 - 200.00 |
| Anuradhapura     | 160.00 - 200.00 | 350.00 - 400.00   | 160.00 - 200.00 | 30.00 - 35.00 | 45.00 - 50.00 | 810.00 - 900.00 | 630.00 - 700.00 | 400.00 - 500.00 | -     | -               |
| Thambuththegama  | 120.00 - 150.00 | 300.00 - 350.00   | 120.00 - 150.00 | 28.00 - 30.00 | 50.00 - 52.00 | -               | -               | -               | -     | -               |
| Polonnaruwa      | 220.00 - 250.00 | 400.00 - 440.00   | 200.00 - 220.00 | 55.00 - 60.00 | 55.00 - 60.00 | 850.00 - 920.00 | 500.00 - 550.00 | 300.00 - 350.00 | -     | 200.00 - 220.00 |
| Kaluthara        | 180.00 - 220.00 | 280.00 - 320.00   | 200.00 - 240.00 | 40.00 - 45.00 | 50.00 - 55.00 | -               | 450.00 - 500.00 | 300.00 - 360.00 | -     | 133.00 - 160.00 |
| Badulla          | 140.00 - 160.00 | 320.00 - 350.00   | 150.00 - 160.00 | 27.00 - 30.00 | 48.00 - 54.00 | -               | 450.00 - 500.00 | 300.00 - 380.00 | -     | 150.00 - 200.00 |
| Keppetipola      | 120.00 - 130.00 | 280.00 - 320.00   | 140.00 - 160.00 | 26.00 - 30.00 | 48.00 - 52.00 | -               | 400.00 - 450.00 | 350.00 - 380.00 | -     | 200.00 - 220.00 |
| Moneragala       | 130.00 - 150.00 | 250.00 - 280.00   | 80.00 - 100.00  | 18.00 - 22.00 | 25.00 - 30.00 | 900.00 - 990.00 | 750.00 - 820.00 | -               | -     | 100.00 - 150.00 |
| Kegalle          | 160.00 - 200.00 | 330.00 - 360.00   | 150.00 - 180.00 | 15.00 - 20.00 | 20.00 - 30.00 | 800.00 - 950.00 | 550.00 - 700.00 | 250.00 - 300.00 | -     | 120.00 - 150.00 |
| Ampara           | 160.00 - 170.00 | 280.00 - 300.00   | 130.00 - 140.00 | 38.00 - 38.00 | 50.00 - 50.00 | -               | 500.00 - 550.00 | -               | -     | -               |
| Dehiattakandiya  | 200.00 - 220.00 | 300.00 - 400.00   | 150.00 - 200.00 | -             | 50.00 - 60.00 | 750.00 - 950.00 | 550.00 - 650.00 | 400.00 - 500.00 | -     | -               |
| Nuwaraeliya      | 140.00 - 160.00 | 320.00 - 350.00   | 170.00 - 200.00 | 30.00 - 34.00 | 50.00 - 55.00 | -               | 460.00 - 480.00 | 360.00 - 380.00 | -     | 240.00 - 250.00 |
| Kandy            | 170.00 - 200.00 | 330.00 - 350.00   | 160.00 - 200.00 | 26.00 - 28.00 | 40.00 - 45.00 | 700.00 - 750.00 | 450.00 - 500.00 | 280.00 - 300.00 | -     | -               |
| Puttalam         | 120.00 - 200.00 | 300.00 - 400.00   | 120.00 - 200.00 | 24.00 - 30.00 | -             | 600.00 - 600.00 | 400.00 - 400.00 | 300.00 - 300.00 | -     | 250.00 - 300.00 |
| Rathnapura       | 150.00 - 200.00 | 300.00 - 350.00   | 100.00 - 150.00 | 25.00 - 28.00 | 38.00 - 43.00 | 560.00 - 700.00 | 400.00 - 500.00 | 320.00 - 380.00 | -     | -               |
| Hambantota       | 100.00 - 120.00 | 260.00 - 280.00   | 140.00 - 150.00 | -             | -             | 650.00 - 700.00 | 480.00 - 500.00 | 300.00 - 300.00 | -     | 125.00 - 138.00 |
| Matara           | 130.00 - 150.00 | 260.00 - 280.00   | 140.00 - 150.00 | 25.00 - 26.00 | 33.00 - 36.00 | 640.00 - 700.00 | 480.00 - 560.00 | 300.00 - 350.00 | -     | -               |
| Galle            | 100.00 - 160.00 | 250.00 - 280.00   | 120.00 - 180.00 | 32.00 - 36.00 | 34.00 - 36.00 | 560.00 - 600.00 | 480.00 - 520.00 | -               | -     | -               |
| Tissamaharama    | 100.00 - 140.00 | 260.00 - 300.00   | 120.00 - 130.00 | 28.00 - 30.00 | 36.00 - 40.00 | 520.00 - 624.00 | 400.00 - 480.00 | 320.00 - 384.00 | -     | 220.00 - 235.00 |
| Meegoda (DEC)    | 150.00 - 170.00 | 300.00 - 320.00   | 160.00 - 180.00 | 42.00 - 54.00 | 50.00 - 60.00 | 680.00 - 765.00 | 520.00 - 675.00 | 400.00 - 450.00 | -     | 200.00 - 200.00 |
| Embilipitiya     | 70.00 - 100.00  | 200.00 - 250.00   | 100.00 - 130.00 | 30.00 - 35.00 | 30.00 - 40.00 | 500.00 - 600.00 | 400.00 - 450.00 | 300.00 - 350.00 | -     | -               |
| Jaffna           | 140.00 - 200.00 | 220.00 - 250.00   | 120.00 - 170.00 | -             | -             | 700.00 - 730.00 | 600.00 - 650.00 | 470.00 - 520.00 | -     | 100.00 - 140.00 |
| Vavuniya         | 150.00 - 170.00 | 340.00 - 360.00   | 160.00 - 170.00 | 34.00 - 36.00 | -             | 600.00 - 670.00 | 450.00 - 490.00 | 350.00 - 380.00 | -     | -               |
| Mannar           | -               | -                 | -               | -             | -             | -               | -               | -               | -     | -               |
| Killinochchi     | 150.00 - 170.00 | 340.00 - 360.00   | 150.00 - 160.00 | 36.00 - 38.00 | 39.00 - 41.00 | 600.00 - 650.00 | 500.00 - 550.00 | 400.00 - 440.00 | -     | -               |
| Mullaittivu      | 180.00 - 200.00 | 350.00 - 380.00   | 180.00 - 200.00 | 45.00 - 48.00 | 50.00 - 52.00 | 600.00 - 650.00 | 450.00 - 520.00 | -               | -     | -               |
| Batticaloa       | 160.00 - 180.00 | 280.00 - 300.00   | 140.00 - 160.00 | 25.00 - 28.00 | 46.00 - 50.00 | 520.00 - 585.00 | 400.00 - 450.00 | 320.00 - 360.00 | -     | -               |
| Trincomalee      | 180.00 - 185.00 | 420.00 - 440.00   | 168.00 - 175.00 | -             | -             | 730.00 - 760.00 | 620.00 - 640.00 | 468.00 - 480.00 | -     | -               |
| Veyangoda        | 150.00 - 180.00 | 300.00 - 340.00   | 150.00 - 170.00 | 35.00 - 42.00 | 40.00 - 44.00 | 590.00 - 700.00 | 450.00 - 540.00 | 350.00 - 420.00 | -     | 160.00 - 180.00 |
| Galenbindunuwewa | 130.00 - 150.00 | 300.00 - 350.00   | 120.00 - 150.00 | 40.00 - 50.00 | 60.00 - 70.00 | 650.00 - 715.00 | 500.00 - 550.00 | 400.00 - 440.00 | -     | -               |
| Bandarawela      | 160.00 - 200.00 | 320.00 - 370.00   | 160.00 - 180.00 | 27.00 - 30.00 | 43.00 - 46.00 | 580.00 - 600.00 | 450.00 - 480.00 | 380.00 - 400.00 | -     | -               |
| Matale           | 160.00 - 180.00 | 320.00 - 350.00   | 160.00 - 180.00 | 32.00 - 33.00 | 50.00 - 55.00 | 670.00 - 700.00 | 550.00 - 580.00 | 360.00 - 420.00 | -     | -               |

Table 08 (Contd.)

| LOCATIONS        | Mango           |               | Other Fruits    |                 |                 |                 |                 |                 |                   |                 |
|------------------|-----------------|---------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-------------------|-----------------|
|                  | Vilad           | Kohu          | Papaw (Rs/kg)   | Passion         | Wood Apple      | Orange          | Avocado         | Slime Apple     | Grapes (Rs/kg)    | King Coconut    |
| Colombo          | 120.00 - 160.00 | -             | 260.00 - 400.00 | 60.00 - 120.00  | 140.00 - 260.00 | 60.00 - 120.00  | 200.00 - 330.00 | 40.00 - 100.00  | 1800.00 - 2500.00 | 200.00 - 300.00 |
| Gampaha          | -               | -             | 300.00 - 320.00 | -               | 140.00 - 200.00 | 80.00 - 100.00  | 100.00 - 120.00 | 35.00 - 50.00   | 2000.00 - 2200.00 | 160.00 - 170.00 |
| Kurunegala       | -               | -             | 300.00 - 300.00 | -               | 180.00 - 180.00 | -               | 120.00 - 125.00 | 46.00 - 48.00   | 1900.00 - 2000.00 | 140.00 - 150.00 |
| Nikaweratiya     | -               | -             | 200.00 - 230.00 | -               | -               | 100.00 - 130.00 | 100.00 - 140.00 | 40.00 - 50.00   | 2300.00 - 2500.00 | -               |
| Dambulla         | -               | 40.00 - 50.00 | 240.00 - 280.00 | 60.00 - 70.00   | 100.00 - 120.00 | 80.00 - 100.00  | 130.00 - 150.00 | 50.00 - 60.00   | 2800.00 - 3000.00 | 180.00 - 200.00 |
| Anuradhapura     | -               | -             | 240.00 - 280.00 | -               | -               | 100.00 - 130.00 | 100.00 - 120.00 | 50.00 - 60.00   | 2300.00 - 2600.00 | 180.00 - 220.00 |
| Thambuththegama  | -               | -             | 200.00 - 250.00 | 55.00 - 60.00   | -               | -               | -               | -               | -                 | 130.00 - 150.00 |
| Polonnaruwa      | -               | -             | 300.00 - 350.00 | -               | -               | -               | 100.00 - 150.00 | 100.00 - 120.00 | 2500.00 - 2800.00 | 180.00 - 220.00 |
| Kaluthara        | -               | -             | 300.00 - 380.00 | -               | 140.00 - 160.00 | -               | -               | 50.00 - 60.00   | 2400.00 - 2600.00 | 150.00 - 160.00 |
| Badulla          | -               | -             | 320.00 - 340.00 | 80.00 - 100.00  | 130.00 - 133.00 | 60.00 - 70.00   | 125.00 - 150.00 | 60.00 - 70.00   | 2500.00 - 2800.00 | 190.00 - 200.00 |
| Keppetipola      | -               | 40.00 - 50.00 | 250.00 - 260.00 | 90.00 - 100.00  | 110.00 - 120.00 | 80.00 - 90.00   | 200.00 - 220.00 | 45.00 - 55.00   | 2400.00 - 2500.00 | 180.00 - 200.00 |
| Moneragala       | 70.00 - 100.00  | 50.00 - 60.00 | 250.00 - 270.00 | -               | 90.00 - 100.00  | 60.00 - 100.00  | 80.00 - 100.00  | 50.00 - 60.00   | 2500.00 - 2600.00 | 140.00 - 150.00 |
| Kegalle          | -               | -             | 320.00 - 380.00 | -               | 150.00 - 160.00 | 80.00 - 100.00  | 170.00 - 200.00 | 40.00 - 60.00   | 2300.00 - 2500.00 | 180.00 - 200.00 |
| Ampara           | -               | -             | 220.00 - 260.00 | -               | -               | -               | 80.00 - 80.00   | -               | 2200.00 - 2300.00 | 180.00 - 200.00 |
| Dehiattakandiya  | -               | -             | 200.00 - 300.00 | -               | -               | -               | 80.00 - 100.00  | 60.00 - 100.00  | 2500.00 - 2800.00 | 120.00 - 150.00 |
| Nuwaraeliya      | -               | 60.00 - 65.00 | 260.00 - 280.00 | 100.00 - 120.00 | 140.00 - 150.00 | 80.00 - 100.00  | 220.00 - 230.00 | 55.00 - 65.00   | 2500.00 - 2600.00 | 200.00 - 220.00 |
| Kandy            | -               | -             | 280.00 - 300.00 | 100.00 - 120.00 | 140.00 - 150.00 | 70.00 - 90.00   | 130.00 - 150.00 | 50.00 - 60.00   | 2000.00 - 2500.00 | 170.00 - 180.00 |
| Puttalam         | -               | -             | 200.00 - 350.00 | -               | -               | -               | 120.00 - 180.00 | 50.00 - 80.00   | 2500.00 - 3000.00 | 150.00 - 200.00 |
| Hambantota       | -               | -             | 250.00 - 280.00 | 70.00 - 70.00   | 120.00 - 140.00 | -               | -               | -               | 2300.00 - 2400.00 | -               |
| Rathnapura       | -               | -             | 250.00 - 300.00 | -               | 100.00 - 130.00 | -               | -               | 50.00 - 80.00   | 2000.00 - 2200.00 | 120.00 - 150.00 |
| Matara           | 100.00 - 130.00 | -             | 230.00 - 250.00 | 70.00 - 100.00  | 150.00 - 170.00 | 110.00 - 140.00 | 180.00 - 200.00 | 50.00 - 60.00   | 2300.00 - 2500.00 | 180.00 - 200.00 |
| Galle            | -               | -             | 280.00 - 380.00 | 100.00 - 120.00 | 150.00 - 150.00 | 120.00 - 130.00 | 100.00 - 180.00 | 75.00 - 100.00  | 2500.00 - 2500.00 | 130.00 - 160.00 |
| Tissamaharama    | -               | 40.00 - 60.00 | 200.00 - 240.00 | 50.00 - 55.00   | 108.00 - 116.00 | 120.00 - 140.00 | 125.00 - 150.00 | 30.00 - 36.00   | 2600.00 - 2800.00 | 180.00 - 200.00 |
| Meegoda (DEC)    | -               | -             | 280.00 - 300.00 | 100.00 - 120.00 | 100.00 - 120.00 | 75.00 - 90.00   | 135.00 - 150.00 | 42.00 - 60.00   | 1900.00 - 2200.00 | 160.00 - 200.00 |
| Embilipitiya     | 100.00 - 120.00 | -             | 240.00 - 270.00 | -               | -               | 80.00 - 120.00  | 120.00 - 140.00 | -               | 2300.00 - 2500.00 | 140.00 - 160.00 |
| Jaffna           | 45.00 - 60.00   | -             | 230.00 - 250.00 | 100.00 - 130.00 | -               | -               | -               | -               | 2000.00 - 2150.00 | 140.00 - 180.00 |
| Vavuniya         | -               | -             | 240.00 - 260.00 | 60.00 - 65.00   | 90.00 - 100.00  | -               | -               | -               | 2400.00 - 2500.00 | 140.00 - 150.00 |
| Mannar           | -               | -             | -               | -               | -               | -               | -               | -               | -                 | -               |
| Killinochchi     | -               | -             | 270.00 - 290.00 | -               | 100.00 - 120.00 | -               | -               | -               | 2400.00 - 2450.00 | 250.00 - 260.00 |
| Mullaittivu      | -               | -             | 200.00 - 240.00 | 65.00 - 70.00   | -               | -               | -               | -               | 2400.00 - 2500.00 | 180.00 - 200.00 |
| Batticaloa       | -               | -             | 300.00 - 350.00 | 100.00 - 110.00 | 160.00 - 200.00 | -               | -               | -               | 2400.00 - 2500.00 | 170.00 - 200.00 |
| Trincomalee      | -               | 58.00 - 60.00 | 240.00 - 250.00 | -               | -               | 90.00 - 92.00   | 126.00 - 128.00 | -               | 2440.00 - 2450.00 | 225.00 - 235.00 |
| Veyangoda        | 80.00 - 90.00   | -             | 240.00 - 280.00 | 70.00 - 100.00  | 100.00 - 110.00 | 60.00 - 66.00   | 130.00 - 140.00 | 35.00 - 45.00   | 2000.00 - 2500.00 | 180.00 - 200.00 |
| Galenbindunuwewa | -               | -             | 230.00 - 250.00 | -               | -               | -               | 150.00 - 160.00 | 32.00 - 35.00   | 2400.00 - 2500.00 | 130.00 - 150.00 |
| Bandarawela      | -               | 50.00 - 55.00 | 250.00 - 280.00 | 80.00 - 95.00   | 100.00 - 120.00 | 80.00 - 100.00  | 150.00 - 200.00 | 60.00 - 80.00   | 2500.00 - 2600.00 | 200.00 - 240.00 |
| Matale           | -               | -             | 320.00 - 350.00 | -               | -               | 100.00 - 130.00 | 150.00 - 160.00 | 60.00 - 70.00   | 2600.00 - 2700.00 | 160.00 - 200.00 |

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)**

Week 11: 14 - 20 Mar 2025

| Locations   | Sea Fish        |                   |                   |                   |                   |                   |
|-------------|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|
|             | Salaya          | Hurulla           | Balaya            | Kelawalla         | Thora             | Paraw             |
| Colombo     | 350.00 – 450.00 | 650.00 – 1100.00  | 800.00 – 1000.00  | 1100.00 – 1300.00 | 1500.00 – 2200.00 | 1200.00 – 1300.00 |
| Kandy       | 450.00 – 480.00 | 800.00 – 850.00   | 850.00 – 1000.00  | 1150.00 – 1250.00 | 1800.00 – 1900.00 | 1000.00 – 1200.00 |
| Kaluthara   | 280.00 – 350.00 | 600.00 – 800.00   | 600.00 – 800.00   | 950.00 – 1200.00  | 1700.00 – 1850.00 | 950.00 – 1200.00  |
| Puttalam    | –               | –                 | –                 | –                 | –                 | –                 |
| Matara      | 300.00 – 330.00 | –                 | 800.00 – 850.00   | 1300.00 – 1400.00 | –                 | –                 |
| Hambantota  | 450.00 – 500.00 | –                 | 900.00 – 1000.00  | 1000.00 – 1150.00 | –                 | 900.00 – 900.00   |
| Galle       | –               | –                 | 650.00 – 700.00   | 900.00 – 1000.00  | 2000.00 – 2000.00 | 1000.00 – 1000.00 |
| Batticaloa  | 400.00 – 450.00 | –                 | 800.00 – 900.00   | 1400.00 – 1500.00 | 1700.00 – 1750.00 | 1300.00 – 1400.00 |
| Trincomalee | 400.00 – 430.00 | 1000.00 – 1040.00 | 1060.00 – 1080.00 | 1840.00 – 1870.00 | 1950.00 – 1970.00 | 1450.00 – 1470.00 |
| Mannar      | –               | –                 | –                 | –                 | –                 | –                 |

| Locations   | Sea Fish          |                   |                   |         | Eggs          |               |
|-------------|-------------------|-------------------|-------------------|---------|---------------|---------------|
|             | Mora              | Shrimps           | Thalapath         | Teppeli | Brown         | White         |
| Colombo     | –                 | 2000.00 – 2250.00 | 1500.00 – 1850.00 | –       | 30.00 – 34.00 | 28.00 – 31.00 |
| Kandy       | 1200.00 – 1300.00 | 2000.00 – 2100.00 | 1800.00 – 1900.00 | –       | 29.00 – 30.00 | 27.00 – 28.00 |
| Kaluthara   | 950.00 – 1200.00  | 1450.00 – 1650.00 | 1500.00 – 1750.00 | –       | –             | –             |
| Puttalam    | –                 | –                 | –                 | –       | –             | –             |
| Matara      | 900.00 – 1000.00  | 2200.00 – 2250.00 | 1500.00 – 1600.00 | –       | 29.00 – 31.00 | 29.00 – 30.00 |
| Hambantota  | –                 | 2200.00 – 2200.00 | –                 | –       | –             | 30.00 – 32.00 |
| Galle       | –                 | –                 | –                 | –       | 30.00 – 30.00 | 29.00 – 31.00 |
| Batticaloa  | 1400.00 – 1450.00 | –                 | 1700.00 – 1800.00 | –       | 30.00 – 32.00 | 28.00 – 30.00 |
| Trincomalee | 1690.00 – 1720.00 | 1060.00 – 1070.00 | –                 | –       | 31.00 – 32.00 | 30.00 – 31.00 |
| Mannar      | –                 | –                 | –                 | –       | –             | –             |

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)**

Week 11: 14 - 20 Mar 2025

| Locations   | Local Dried Fish |               |       |                |               |               |
|-------------|------------------|---------------|-------|----------------|---------------|---------------|
|             | Sprats           | Kattawa       | Thora | Mora           | Balaya        | Anguluwa      |
| Colombo     | 37500 – 42500    | –             | –     | 87500 – 92500  | 40000 – 45000 | –             |
| Kandy       | 45000 – 50000    | –             | –     | 90000 – 92500  | 45000 – 47500 | 57500 – 60000 |
| Batticaloa  | 50000 – 72000    | 85000 – 87500 | –     | 95000 – 100000 | 45000 – 50000 | 55000 – 60000 |
| Trincomalee | 52900 – 53200    | –             | –     | –              | 60500 – 61000 | 49000 – 49500 |
| Mannar      | –                | –             | –     | –              | –             | –             |

| Locations   | Local Dried Fish |        |               | Imported Dried Fish |               |       |
|-------------|------------------|--------|---------------|---------------------|---------------|-------|
|             | Maduwa           | Koduwa | Salaya        | Sprats              | Kattawa       | Thora |
| Colombo     | 60000 – 65000    | –      | 35000 – 40000 | 27500 – 35000       | 77500 – 85000 | –     |
| Kandy       | 62500 – 65000    | –      | 32500 – 40000 | 29000 – 32500       | 75000 – 77500 | –     |
| Batticaloa  | –                | –      | 35000 – 37500 | 40000 – 42500       | –             | –     |
| Trincomalee | 53000 – 53500    | –      | 29600 – 29750 | 43750 – 43900       | 98500 – 99000 | –     |
| Mannar      | –                | –      | –             | –                   | –             | –     |

| Locations   | Imported Dried Fish |        |               |        |        |        |
|-------------|---------------------|--------|---------------|--------|--------|--------|
|             | Mora                | Balaya | Anguluwa      | Maduwa | Koduwa | Salaya |
| Colombo     | –                   | –      | 72500 – 77500 | –      | –      | –      |
| Kandy       | –                   | –      | –             | –      | –      | –      |
| Batticaloa  | –                   | –      | –             | –      | –      | –      |
| Trincomalee | –                   | –      | –             | –      | –      | –      |
| Mannar      | –                   | –      | –             | –      | –      | –      |

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)**

Week 11: 14 - 20 Mar 2025

21

| LOCATIONS        | Sea Fish |        |           |         |           |         |           |         |           | Eggs    |           |         |           |           |           |         |         |         |         |       |
|------------------|----------|--------|-----------|---------|-----------|---------|-----------|---------|-----------|---------|-----------|---------|-----------|-----------|-----------|---------|---------|---------|---------|-------|
|                  | Salaya   |        | Hurulla   |         | Balaya    |         | Kelawalla |         | Thora     | Paraw   |           | Mora    |           | Thalapath | Brown     |         | White   |         |         |       |
| Colombo          | 450.00 - | 700.00 | 800.00 -  | 1100.00 | 900.00 -  | 1000.00 | 1300.00 - | 2200.00 | 1700.00 - | 3600.00 | 1350.00 - | 2000.00 | -         | 1750.00 - | 3200.00   | 31.00 - | 35.00   | 29.00 - | 33.00   |       |
| Gampaha          | 500.00 - | 600.00 | -         | -       | -         | -       | 1800.00 - | 1800.00 | -         | -       | 2000.00 - | 2000.00 | -         | 2600.00 - | 2600.00   | 40.00 - | 40.00   | 36.00 - | 38.00   |       |
| Kurunegala       | 400.00 - | 500.00 | -         | -       | -         | -       | 1600.00 - | 1800.00 | -         | -       | 1900.00 - | 1900.00 | -         | 2600.00 - | 2700.00   | 30.00 - | 32.00   | 27.00 - | 29.00   |       |
| Nikaweratiya     | 600.00 - | 700.00 | 1200.00 - | 1300.00 | 900.00 -  | 900.00  | 2000.00 - | 2100.00 | -         | -       | 1200.00 - | 1500.00 | -         | 2000.00 - | 2200.00   | 28.00 - | 35.00   | 26.00 - | 33.00   |       |
| Dambulla         | 450.00 - | 500.00 | 900.00 -  | 1000.00 | 900.00 -  | 1000.00 | 1800.00 - | 2000.00 | 2200.00 - | 2400.00 | 1600.00 - | 1700.00 | 1600.00 - | 1700.00   | 2000.00 - | 2200.00 | 30.00 - | 32.00   | 29.00 - | 30.00 |
| Anuradhapura     | 500.00 - | 600.00 | -         | -       | 980.00 -  | 1200.00 | 1800.00 - | 2000.00 | -         | -       | 1500.00 - | 1600.00 | -         | 2300.00 - | 2400.00   | -       | -       | 30.00 - | 32.00   |       |
| Thambuththegama  | -        | -      | -         | -       | -         | -       | -         | -       | -         | -       | -         | -       | -         | -         | -         | 32.00 - | 33.00   | 31.00 - | 32.00   |       |
| Polonnaruwa      | 450.00 - | 500.00 | 1100.00 - | 1200.00 | 1100.00 - | 1200.00 | 1700.00 - | 1800.00 | 2200.00 - | 2300.00 | 1400.00 - | 1500.00 | 1550.00 - | 1600.00   | 2000.00 - | 2100.00 | 34.00 - | 35.00   | 32.00 - | 33.00 |
| Kaluthara        | 500.00 - | 650.00 | -         | -       | 1300.00 - | 1500.00 | 2300.00 - | 2500.00 | 3000.00 - | 3200.00 | -         | -       | 1800.00 - | 2200.00   | 2400.00 - | 2600.00 | 32.00 - | 34.00   | 30.00 - | 32.00 |
| Badulla          | 460.00 - | 480.00 | 960.00 -  | 960.00  | 1400.00 - | 1400.00 | 1800.00 - | 1900.00 | 2400.00 - | 2400.00 | 1500.00 - | 1600.00 | 1600.00 - | 1650.00   | 2000.00 - | 2100.00 | 33.00 - | 34.00   | 31.00 - | 32.00 |
| Keppetipola      | 460.00 - | 480.00 | -         | -       | 1300.00 - | 1400.00 | 1700.00 - | 1800.00 | 2400.00 - | 2500.00 | 1600.00 - | 1700.00 | 1500.00 - | 1600.00   | 2000.00 - | 2200.00 | 32.00 - | 34.00   | 30.00 - | 32.00 |
| Moneragala       | 500.00 - | 600.00 | -         | -       | 1000.00 - | 1200.00 | 2200.00 - | 2400.00 | 2200.00 - | 2400.00 | 1650.00 - | 1900.00 | 2000.00 - | 2200.00   | 2400.00 - | 2600.00 | 30.00 - | 32.00   | 30.00 - | 32.00 |
| Kegalle          | 650.00 - | 700.00 | 1100.00 - | 1200.00 | 1100.00 - | 1200.00 | 2100.00 - | 2200.00 | -         | -       | 1750.00 - | 1850.00 | 1700.00 - | 1800.00   | 2350.00 - | 2400.00 | 36.00 - | 38.00   | 32.00 - | 34.00 |
| Ampara           | -        | -      | -         | -       | -         | -       | -         | -       | -         | -       | -         | -       | -         | -         | -         | 27.00 - | 28.00   | 27.00 - | 28.00   |       |
| Dehiattakandiya  | 400.00 - | 600.00 | -         | -       | 1600.00 - | 1600.00 | 1600.00 - | 2100.00 | 1600.00 - | 1600.00 | -         | -       | 1400.00 - | 1400.00   | 2000.00 - | 2400.00 | 30.00 - | 30.00   | 27.00 - | 30.00 |
| Nuwareliya       | 480.00 - | 500.00 | 900.00 -  | 950.00  | 1400.00 - | 1500.00 | 1900.00 - | 2000.00 | 2500.00 - | 2600.00 | 1600.00 - | 1700.00 | 1500.00 - | 1600.00   | 2200.00 - | 2300.00 | 33.00 - | 34.00   | 30.00 - | 33.00 |
| Kandy            | 550.00 - | 580.00 | 950.00 -  | 1000.00 | 1100.00 - | 1200.00 | 1750.00 - | 1800.00 | 2300.00 - | 2400.00 | 1400.00 - | 1500.00 | 1600.00 - | 1650.00   | 2000.00 - | 2200.00 | 33.00 - | 34.00   | 30.00 - | 31.00 |
| Puttalam         | 450.00 - | 500.00 | 800.00 -  | 1000.00 | 900.00 -  | 1000.00 | 1000.00 - | 1200.00 | 2000.00 - | 2000.00 | 1100.00 - | 1300.00 | 1300.00 - | 1400.00   | 2000.00 - | 2200.00 | 29.00 - | 35.00   | 27.00 - | 33.00 |
| Hambantota       | 600.00 - | 650.00 | -         | -       | 1500.00 - | 1650.00 | 1750.00 - | 1800.00 | 2200.00 - | 2200.00 | 1100.00 - | 1100.00 | -         | -         | -         | -       | -       | -       | 33.00 - | 34.00 |
| Rathnapura       | 450.00 - | 600.00 | 1000.00 - | 1200.00 | 900.00 -  | 1100.00 | 1700.00 - | 1800.00 | 2800.00 - | 3000.00 | 1850.00 - | 2000.00 | 1400.00 - | 1600.00   | 1950.00 - | 2200.00 | 32.00 - | 33.00   | 29.00 - | 32.00 |
| Matara           | 500.00 - | 600.00 | -         | -       | 1200.00 - | 1300.00 | 2000.00 - | 2200.00 | -         | -       | 1800.00 - | 2000.00 | 1300.00 - | 1400.00   | 2000.00 - | 2200.00 | 31.00 - | 33.00   | 29.00 - | 31.00 |
| Galle            | 580.00 - | 600.00 | 900.00 -  | 900.00  | 1100.00 - | 1200.00 | 2000.00 - | 2000.00 | 2400.00 - | 2400.00 | 1600.00 - | 1800.00 | 1900.00 - | 2000.00   | 2400.00 - | 2600.00 | 32.00 - | 32.00   | 30.00 - | 32.00 |
| Tissamaharama    | 500.00 - | 600.00 | -         | -       | 900.00 -  | 1200.00 | 1800.00 - | 2000.00 | -         | -       | -         | -       | -         | -         | 2400.00 - | 2600.00 | 33.00 - | 34.00   | 30.00 - | 32.00 |
| Meegoda          | 400.00 - | 600.00 | -         | -       | 900.00 -  | 900.00  | 1700.00 - | 2200.00 | -         | -       | 1100.00 - | 1400.00 | -         | -         | 2700.00 - | 2800.00 | 28.00 - | 34.00   | 28.00 - | 33.00 |
| Embilipitiya     | 400.00 - | 500.00 | 950.00 -  | 1000.00 | 1300.00 - | 1400.00 | 1900.00 - | 2000.00 | 2500.00 - | 2600.00 | 1500.00 - | 1600.00 | 1500.00 - | 1600.00   | 2300.00 - | 2400.00 | 28.00 - | 30.00   | 27.00 - | 29.00 |
| Jaffna           | 600.00 - | 660.00 | 800.00 -  | 900.00  | 1000.00 - | 1150.00 | -         | -       | 2000.00 - | 2200.00 | 1550.00 - | 1650.00 | 2000.00 - | 2120.00   | -         | -       | 30.00 - | 34.00   | 30.00 - | 33.00 |
| Vavuniya         | 550.00 - | 600.00 | 1000.00 - | 1100.00 | 1000.00 - | 1150.00 | 2050.00 - | 2400.00 | 2400.00 - | 2500.00 | 1600.00 - | 1700.00 | 2000.00 - | 2100.00   | 2400.00 - | 2500.00 | 32.00 - | 34.00   | 30.00 - | 32.00 |
| Mannar           | -        | -      | -         | -       | -         | -       | -         | -       | -         | -       | -         | -       | -         | -         | -         | -       | -       | -       | -       | -     |
| Killinochchi     | 450.00 - | 500.00 | 850.00 -  | 880.00  | 1000.00 - | 1050.00 | -         | -       | -         | -       | 1450.00 - | 1500.00 | -         | -         | -         | -       | -       | -       | 32.00 - | 33.00 |
| Mullaittivu      | 500.00 - | 550.00 | 950.00 -  | 1000.00 | 850.00 -  | 900.00  | -         | -       | -         | -       | 1650.00 - | 1800.00 | -         | -         | 2250.00 - | 2350.00 | -       | -       | 34.00 - | 35.00 |
| Batticaloa       | 500.00 - | 600.00 | -         | -       | 1400.00 - | 1450.00 | 2000.00 - | 2100.00 | 2200.00 - | 2300.00 | 2000.00 - | 2100.00 | 2000.00 - | 2000.00   | 2200.00 - | 2300.00 | 35.00 - | 36.00   | 34.00 - | 35.00 |
| Trincomalee      | 585.00 - | 600.00 | 1140.00 - | 1160.00 | 1230.00 - | 1240.00 | 2290.00 - | 2350.00 | 2400.00 - | 2450.00 | 1640.00 - | 1660.00 | 1860.00 - | 1900.00   | -         | -       | 34.00 - | 35.00   | 32.00 - | 33.00 |
| Veyangoda        | 500.00 - | 550.00 | 1000.00 - | 1000.00 | -         | -       | 1700.00 - | 1750.00 | 2000.00 - | 2100.00 | 1800.00 - | 1800.00 | 1600.00 - | 1600.00   | 1800.00 - | 2000.00 | 33.00 - | 34.00   | 29.00 - | 33.00 |
| Galenbindunuwewa | 500.00 - | 550.00 | 1200.00 - | 1300.00 | 1350.00 - | 1400.00 | 2200.00 - | 2300.00 | 2500.00 - | 2550.00 | 1900.00 - | 2000.00 | 1650.00 - | 1750.00   | 2400.00 - | 2500.00 | 32.00 - | 33.00   | 28.00 - | 31.00 |
| Bandarawela      | 550.00 - | 580.00 | -         | -       | 1400.00 - | 1450.00 | 2000.00 - | 2000.00 | -         | -       | 1800.00 - | 1850.00 | -         | -         | 2350.00 - | 2400.00 | 32.00 - | 35.00   | 30.00 - | 32.00 |
| Matale           | 480.00 - | 500.00 | 1100.00 - | 1200.00 | 1200.00 - | 1300.00 | 1800.00 - | 2000.00 | 2200.00 - | 2300.00 | 1400.00 - | 1500.00 | 1600.00 - | 1700.00   | 2000.00 - | 2200.00 | 34.00 - | 35.00   | 33.00 - | 34.00 |

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)**

Week 11: 14 - 20 Mar 2025

| LOCATIONS        | Dried Fish      |         |         |         |         |         |         |         |         |         |          |         |         |         |
|------------------|-----------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|
|                  | Sprats-Imported |         | Kattawa |         | Thora   |         | Mora    |         | Balaya  |         | Anguluwa |         | Salaya  |         |
| Colombo          | 800.00          | 1200.00 | 2200.00 | 2400.00 | -       | -       | 2000.00 | 2600.00 | 1200.00 | 1800.00 | 1800.00  | 2400.00 | 900.00  | 1300.00 |
| Gampaha          | 850.00          | 900.00  | -       | -       | 3700.00 | 3800.00 | 2000.00 | 2200.00 | 2000.00 | 2200.00 | 2000.00  | 2100.00 | 950.00  | 1000.00 |
| Kurunegala       | 900.00          | 1300.00 | 1600.00 | 1700.00 | -       | -       | 2000.00 | 2000.00 | 1800.00 | 1900.00 | 1800.00  | 1900.00 | 800.00  | 800.00  |
| Nikaweratiya     | 800.00          | 1000.00 | 2000.00 | 2200.00 | -       | -       | -       | -       | 1000.00 | 1200.00 | 1800.00  | 2000.00 | 800.00  | 800.00  |
| Dambulla         | 780.00          | 850.00  | 2200.00 | 2300.00 | -       | -       | 2200.00 | 2300.00 | 1200.00 | 1300.00 | 1500.00  | 1600.00 | -       | -       |
| Anuradhapura     | 800.00          | 1200.00 | 1800.00 | 2000.00 | -       | -       | 2000.00 | 2200.00 | 1200.00 | 1600.00 | 1800.00  | 2200.00 | 900.00  | 1000.00 |
| Thambuththegama  | 780.00          | 1000.00 | 1200.00 | 1800.00 | -       | -       | 2200.00 | 2300.00 | 1100.00 | 1260.00 | 1200.00  | 2100.00 | 900.00  | 1000.00 |
| Polonnaruwa      | 1000.00         | 1100.00 | 1800.00 | 2000.00 | -       | -       | 2200.00 | 2300.00 | 1100.00 | 1200.00 | 2000.00  | 2200.00 | -       | -       |
| Kaluthara        | 880.00          | 1000.00 | 1800.00 | 2200.00 | -       | -       | 2200.00 | 2400.00 | 1100.00 | 1320.00 | 1800.00  | 2200.00 | -       | -       |
| Badulla          | 800.00          | 950.00  | 2000.00 | 2100.00 | -       | -       | 2200.00 | 2300.00 | 1600.00 | 1700.00 | 2000.00  | 2200.00 | 800.00  | 900.00  |
| Keppetipola      | 860.00          | 950.00  | 2250.00 | 2300.00 | -       | -       | 2200.00 | 2250.00 | 1450.00 | 1500.00 | 2300.00  | 2350.00 | 880.00  | 900.00  |
| Moneragala       | 800.00          | 1200.00 | 1800.00 | 2000.00 | -       | -       | 2000.00 | 2200.00 | 1300.00 | 1400.00 | 1800.00  | 2000.00 | 800.00  | 900.00  |
| Kegalle          | 850.00          | 960.00  | 1550.00 | 1700.00 | -       | -       | 2000.00 | 2200.00 | 1000.00 | 1200.00 | -        | -       | -       | -       |
| Ampara           | -               | -       | 1800.00 | 1900.00 | -       | -       | 2000.00 | 2200.00 | 1300.00 | 1600.00 | 1200.00  | 1300.00 | -       | -       |
| Dehiattakandiya  | 800.00          | 1000.00 | 1300.00 | 2200.00 | -       | -       | 1850.00 | 2200.00 | 1000.00 | 1200.00 | 1000.00  | 1200.00 | -       | -       |
| Nuwaraeliya      | 860.00          | 950.00  | 2200.00 | 2250.00 | -       | -       | 2240.00 | 2260.00 | 1500.00 | 1600.00 | 2000.00  | 2100.00 | 900.00  | 950.00  |
| Kandy            | 800.00          | 900.00  | 2100.00 | 2200.00 | -       | -       | 2200.00 | 2300.00 | 1300.00 | 1400.00 | 1900.00  | 2000.00 | 1000.00 | 1100.00 |
| Puttalam         | 880.00          | 920.00  | 2400.00 | 2600.00 | -       | -       | 2000.00 | 2300.00 | 1200.00 | 1600.00 | 1200.00  | 1800.00 | 800.00  | 1000.00 |
| Hambantota       | 900.00          | 1000.00 | 2000.00 | 2000.00 | -       | -       | -       | -       | 1400.00 | 1500.00 | 2000.00  | 2000.00 | -       | -       |
| Rathnapura       | 780.00          | 850.00  | 1960.00 | 2200.00 | 3000.00 | 3000.00 | 1800.00 | 2200.00 | 1040.00 | 1200.00 | 2000.00  | 2200.00 | 960.00  | 1200.00 |
| Matara           | 800.00          | 900.00  | 1800.00 | 1900.00 | -       | -       | 1800.00 | 2000.00 | 1100.00 | 1250.00 | 1800.00  | 2000.00 | -       | -       |
| Galle            | 800.00          | 1500.00 | 1600.00 | 2000.00 | 3000.00 | 3000.00 | 2000.00 | 2200.00 | 1000.00 | 1400.00 | 1600.00  | 2000.00 | -       | -       |
| Tissamaharama    | 850.00          | 1000.00 | 1400.00 | 1600.00 | -       | -       | 2400.00 | 2600.00 | 1200.00 | 1400.00 | 2000.00  | 2400.00 | -       | -       |
| Meegoda          | 800.00          | 1000.00 | 2000.00 | 2400.00 | -       | -       | 2000.00 | 2200.00 | 1100.00 | 1300.00 | 2000.00  | 2200.00 | -       | -       |
| Embilipitiya     | 800.00          | 1000.00 | 2000.00 | 2200.00 | -       | -       | 2150.00 | 2250.00 | 1250.00 | 1500.00 | 1800.00  | 2100.00 | 800.00  | 850.00  |
| Jaffna           | 1000.00         | 1200.00 | 2300.00 | 2400.00 | 3100.00 | 3250.00 | 2150.00 | 2300.00 | 1280.00 | 1360.00 | 1200.00  | 1300.00 | -       | -       |
| Vavuniya         | -               | -       | 1800.00 | 2100.00 | -       | -       | 2000.00 | 2150.00 | 1100.00 | 1200.00 | 1200.00  | 1300.00 | 780.00  | 850.00  |
| Mannar           | -               | -       | -       | -       | -       | -       | -       | -       | -       | -       | -        | -       | -       | -       |
| Killinochchi     | 950.00          | 1000.00 | 2200.00 | 2300.00 | -       | -       | 1800.00 | 1900.00 | 1000.00 | 1000.00 | 1000.00  | 1000.00 | 800.00  | 850.00  |
| Mullaittivu      | 1150.00         | 1200.00 | 1850.00 | 2000.00 | -       | -       | 2450.00 | 2600.00 | -       | -       | -        | -       | -       | -       |
| Batticaloa       | 1000.00         | 1000.00 | 1800.00 | 1850.00 | -       | -       | 2400.00 | 2500.00 | 1400.00 | 1450.00 | 1300.00  | 1400.00 | 800.00  | 900.00  |
| Trincomalee      | 1060.00         | 1080.00 | 2350.00 | 2380.00 | -       | -       | -       | -       | 1320.00 | 1340.00 | 1220.00  | 1240.00 | 760.00  | 770.00  |
| Veyangoda        | 800.00          | 920.00  | 2000.00 | 2400.00 | -       | -       | 2000.00 | 2300.00 | 1000.00 | 1200.00 | 1800.00  | 2200.00 | 920.00  | 920.00  |
| Galenbindunuwewa | 1000.00         | 1000.00 | 1750.00 | 1850.00 | -       | -       | 2250.00 | 2350.00 | 1000.00 | 1150.00 | 1200.00  | 1300.00 | 800.00  | 850.00  |
| Bandarawela      | 900.00          | 1200.00 | 2200.00 | 2300.00 | -       | -       | 2200.00 | 2300.00 | 1400.00 | 1500.00 | 2000.00  | 2200.00 | 900.00  | 1000.00 |
| Matale           | 900.00          | 1100.00 | 2100.00 | 2200.00 | -       | -       | 2300.00 | 2500.00 | 1500.00 | 1600.00 | 1800.00  | 2000.00 | 800.00  | 1100.00 |

**Table 13: Selected Markets: Retail Price of Meat (Rs/kg)**

Week 11: 14 - 20 Mar 2025

| LOCATIONS        | Meat              | Meat (Chicken)    |                   | Meat              |                   |
|------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
|                  | Beef              | Broiler           | Curry             | Mutton            | Pork              |
| Colombo          | 2600.00 - 2800.00 | 1140.00 - 1320.00 | 1100.00 - 1400.00 | 3500.00 - 3800.00 | 1400.00 - 1600.00 |
| Gampaha          | -                 | 1200.00 - 1200.00 | 1500.00 - 1500.00 | 3500.00 - 3500.00 | 1200.00 - 1200.00 |
| Kurunegala       | 2800.00 - 2800.00 | 1200.00 - 1200.00 | 1350.00 - 1350.00 | 3200.00 - 3400.00 | 1200.00 - 1200.00 |
| Nikaweratiya     | 2200.00 - 2200.00 | 1080.00 - 1200.00 | -                 | -                 | -                 |
| Dambulla         | -                 | 1200.00 - 1250.00 | 1250.00 - 1300.00 | -                 | 1300.00 - 1400.00 |
| Anuradhapura     | 2400.00 - 2400.00 | 1150.00 - 1250.00 | 1300.00 - 1400.00 | 3600.00 - 3700.00 | 1300.00 - 1400.00 |
| Thambuththegama  | -                 | 1000.00 - 1100.00 | -                 | -                 | 1360.00 - 1500.00 |
| Polonnaruwa      | 2300.00 - 2400.00 | 1100.00 - 1200.00 | 1200.00 - 1300.00 | 3300.00 - 3400.00 | 1200.00 - 1300.00 |
| Kaluthara        | 2500.00 - 2500.00 | 1080.00 - 1320.00 | 1100.00 - 1320.00 | -                 | 1300.00 - 1300.00 |
| Badulla          | 2300.00 - 2300.00 | 1000.00 - 1100.00 | -                 | 3200.00 - 3200.00 | -                 |
| Keppetipola      | 2200.00 - 2300.00 | 1100.00 - 1200.00 | 1240.00 - 1280.00 | 3000.00 - 3100.00 | -                 |
| Moneragala       | 2400.00 - 2400.00 | 1190.00 - 1300.00 | 1400.00 - 1500.00 | 3000.00 - 3000.00 | 1400.00 - 1500.00 |
| Kegalle          | 2300.00 - 2300.00 | 1050.00 - 1150.00 | -                 | 3100.00 - 3100.00 | -                 |
| Ampara           | 2200.00 - 2200.00 | 1100.00 - 1150.00 | -                 | -                 | 1400.00 - 1650.00 |
| Dehiattakandiya  | -                 | 1150.00 - 1200.00 | -                 | -                 | 1290.00 - 1500.00 |
| Nuwaraeliya      | 2250.00 - 2300.00 | 1100.00 - 1160.00 | 1250.00 - 1280.00 | 3200.00 - 3300.00 | 1500.00 - 1600.00 |
| Kandy            | 2300.00 - 2400.00 | 1150.00 - 1160.00 | 1250.00 - 1275.00 | 3200.00 - 3200.00 | 1400.00 - 1500.00 |
| Puttalam         | 2400.00 - 2400.00 | 1200.00 - 1200.00 | 1400.00 - 1400.00 | 3500.00 - 3500.00 | -                 |
| Hambantota       | -                 | 1100.00 - 1160.00 | -                 | -                 | -                 |
| Rathnapura       | 2500.00 - 2500.00 | 1220.00 - 1280.00 | 1250.00 - 1350.00 | 3400.00 - 3400.00 | 1350.00 - 1350.00 |
| Matara           | -                 | 1200.00 - 1220.00 | -                 | -                 | -                 |
| Galle            | 2400.00 - 2400.00 | 1050.00 - 1100.00 | 1150.00 - 1150.00 | 3500.00 - 3500.00 | -                 |
| Tissamaharama    | -                 | 1100.00 - 1200.00 | -                 | -                 | -                 |
| Meegoda          | -                 | 1220.00 - 1250.00 | 1300.00 - 1350.00 | -                 | 1400.00 - 1400.00 |
| Embilipitiya     | 2000.00 - 2100.00 | 1080.00 - 1200.00 | 1150.00 - 1250.00 | 2950.00 - 3500.00 | 1350.00 - 1450.00 |
| Jaffna           | 2000.00 - 2100.00 | 1100.00 - 1250.00 | 1300.00 - 1400.00 | 3550.00 - 4000.00 | -                 |
| Vavuniya         | 2150.00 - 2250.00 | 1300.00 - 1340.00 | 1600.00 - 1700.00 | 3200.00 - 3300.00 | -                 |
| Mannar           | -                 | -                 | -                 | -                 | -                 |
| Killinochchi     | 2150.00 - 2200.00 | 1200.00 - 1250.00 | 1400.00 - 1450.00 | 3200.00 - 3250.00 | -                 |
| Mullaittivu      | 2150.00 - 2200.00 | 1350.00 - 1400.00 | 1500.00 - 1500.00 | -                 | -                 |
| Batticaloa       | 2000.00 - 2100.00 | 1100.00 - 1200.00 | 1300.00 - 1350.00 | 3500.00 - 3550.00 | -                 |
| Trincomalee      | 2345.00 - 2350.00 | 1000.00 - 1100.00 | 1760.00 - 1800.00 | 3580.00 - 3590.00 | -                 |
| Veyangoda        | 2400.00 - 2450.00 | 1000.00 - 1180.00 | -                 | -                 | 1200.00 - 1250.00 |
| Galenbindunuwewa | 2200.00 - 2300.00 | 1130.00 - 1200.00 | 1300.00 - 1350.00 | 3500.00 - 3550.00 | 1500.00 - 1500.00 |
| Bandarawela      | -                 | 1150.00 - 1250.00 | -                 | 3450.00 - 3500.00 | -                 |
| Matale           | 2350.00 - 2400.00 | 1050.00 - 1100.00 | 1100.00 - 1200.00 | 3100.00 - 3200.00 | 1200.00 - 1300.00 |

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 11: 14 - 20 Mar 2025

| COMMODITY                     | Range           | Average Price |           |           | Change Compared to |               | COMMODITY                       | Range             | Average Price |           |           | Change Compared to |               |
|-------------------------------|-----------------|---------------|-----------|-----------|--------------------|---------------|---------------------------------|-------------------|---------------|-----------|-----------|--------------------|---------------|
|                               |                 | This Week     | Last Week | Last Year | Last Week (%)      | Last Year (%) |                                 |                   | This Week     | Last Week | Last Year | Last Week (%)      | Last Year (%) |
| <b><u>Rice</u></b>            |                 |               |           |           |                    |               | <b><u>Coconut</u></b>           |                   |               |           |           |                    |               |
| <b>Local</b>                  |                 |               |           |           |                    |               | Large                           | 170.00 - 185.00   | 178.33        | 194.44    | 98.13     | -8.29              | 81.74         |
| Samba 1                       | 240.00 - 245.00 | 242.00        | 237.86    | 237.50    | 1.74               | 1.89          | Small                           | 150.00 - 165.00   | 158.33        | 167.50    | 82.50     | -5.47              | 91.92         |
| Samba 2                       | 235.00 - 238.00 | 235.60        | 231.50    | 229.43    | 1.77               | 2.69          |                                 |                   |               |           |           |                    |               |
| Keeri Samba                   | 260.00 - 280.00 | 270.83        | 267.50    | 320.00    | 1.25               | -15.36        | <b><u>Fruits (Rs/fruit)</u></b> |                   |               |           |           |                    |               |
| Nadu 1                        | 225.00 - 230.00 | 226.86        | 226.67    | 204.89    | 0.08               | 10.72         | <b>Plantain</b>                 |                   |               |           |           |                    |               |
| Nadu 2                        | 220.00 - 222.00 | 220.80        | 221.00    | 194.43    | -0.09              | 13.56         | Ambul (Rs/kg)                   | 70.00 - 120.00    | 99.00         | 95.00     | 124.17    | 4.21               | -20.27        |
| Raw (Red)                     | 215.00 - 220.00 | 218.00        | 217.17    | 173.00    | 0.38               | 26.01         | Kolikuttu (Rs/kg)               | 230.00 - 280.00   | 253.64        | 203.00    | 271.67    | 24.94              | -6.64         |
| Raw (White)                   | 218.00 - 225.00 | 221.60        | 222.50    | 192.50    | -0.40              | 15.12         | Seeni (Rs/kg)                   | 100.00 - 140.00   | 120.00        | 114.00    | 124.17    | 5.26               | -3.36         |
| <b>Imported</b>               |                 |               |           |           |                    |               | Anamalu                         | 26.00 - 30.00     | 28.27         | 27.70     | 27.92     | 2.07               | 1.28          |
| Samba                         | 225.00 - 235.00 | 229.71        | 226.67    | 252.86    | 1.34               | -9.15         | Ambun                           | 38.00 - 45.00     | 41.36         | 39.70     | 32.83     | 4.19               | 25.98         |
| Nadu                          | 215.00 - 220.00 | 217.50        | 218.00    |           | -0.23              |               | Papaw(Rs/kg)                    | 120.00 - 280.00   | 202.73        | 301.25    | 240.83    | -32.70             | -15.82        |
| Raw (Red)                     |                 |               |           |           |                    |               | Passion Fruit                   | 50.00 - 70.00     | 63.00         | 87.78     | 111.50    | -28.23             | -43.50        |
| Raw (White)                   | 205.00 - 210.00 | 207.50        | 207.60    |           | -0.05              |               | Pineapple Large                 | 450.00 - 500.00   | 480.00        | 466.67    | 630.00    | 2.86               | -23.81        |
| <b><u>Dried Chillies</u></b>  |                 |               |           |           |                    |               | Pineapple Medium                | 320.00 - 380.00   | 364.29        | 346.67    | 503.75    | 5.08               | -27.69        |
| Imported                      | 600.00 - 650.00 | 621.67        | 618.33    | 850.00    | 0.54               | -26.86        | Pineapple Small                 | 260.00 - 300.00   | 285.71        | 276.67    | 403.75    | 3.27               | -29.23        |
| <b><u>Onion</u></b>           |                 |               |           |           |                    |               | <b>Mango</b>                    |                   |               |           |           |                    |               |
| Sinnan                        | 150.00 - 200.00 | 175.00        | 176.67    |           | -0.94              |               | Betti                           | 42.00 - 50.00     | 45.33         | 73.33     |           | -38.18             |               |
| Vedalan                       | 220.00 - 300.00 | 272.50        | 285.00    | 290.00    | -4.39              | -6.03         | Karthakolomban                  | 150.00 - 200.00   | 171.67        | 213.13    |           | -19.45             |               |
| Imported                      | 250.00 - 350.00 | 285.00        | 294.29    | 350.00    | -3.16              | -18.57        | Vilad                           | 75.00 - 100.00    | 87.14         | 97.67     |           | -10.78             |               |
| <b><u>Big Onion</u></b>       |                 |               |           |           |                    |               | Kohu                            | -                 |               |           |           |                    |               |
| Imported                      | 70.00 - 130.00  | 98.75         | 105.63    | 558.33    | -6.51              | -82.31        | <b>Other</b>                    |                   |               |           |           |                    |               |
| <b>Local</b>                  |                 |               |           |           |                    |               | Wood Apple                      | 85.00 - 120.00    | 103.89        | 118.75    | 102.00    | -12.51             | 1.85          |
| <b><u>Potato</u></b>          |                 |               |           |           |                    |               | Orange                          | 40.00 - 50.00     | 44.44         | 41.88     | 35.00     | 6.14               | 26.98         |
| Welimada                      | 260.00 - 280.00 | 270.00        | 285.83    | 310.00    | -5.54              | -12.90        | Avocado                         | 175.00 - 230.00   | 202.22        | 191.88    | 247.50    | 5.39               | -18.29        |
| N'Eliya                       | 280.00 - 300.00 | 288.33        | 290.00    | 335.00    | -0.57              | -13.93        | Siime Apple                     | 25.00 - 30.00     | 28.33         | 17.75     | 23.64     | 59.62              | 19.87         |
| Imported                      | 140.00 - 180.00 | 163.33        | 172.56    | 205.00    | -5.34              | -20.33        | Grapes (Imp., Rs/kg)            | 1400.00 - 1900.00 | 1716.67       | 1783.33   | 1616.67   | -3.74              | 6.19          |
| <b><u>Pulses</u></b>          |                 |               |           |           |                    |               | King Coconut                    | 150.00 - 230.00   | 188.89        | 196.25    | 161.88    | -3.75              | 16.69         |
| Green Gram                    | 600.00 - 700.00 | 650.00        | 665.00    | 1150.00   | -2.26              | -43.48        | <b><u>Sea Fish</u></b>          |                   |               |           |           |                    |               |
| Cowpea (White)                | 580.00 - 700.00 | 638.33        | 675.00    | 776.67    | -5.43              | -17.81        | Salaya                          | 350.00 - 450.00   | 378.33        | 372.50    | 260.00    | 1.57               | 45.51         |
| Cowpea (Red)                  | 400.00 - 550.00 | 486.67        | 511.67    | 750.00    | -4.89              | -35.11        | Hurulla                         | 650.00 - 1100.00  | 856.67        | 740.00    | 410.00    | 15.77              | 108.94        |
| Red Dhal                      | 255.00 - 265.00 | 261.00        | 259.67    | 288.33    | 0.51               | -9.48         | Balaya                          | 800.00 - 1000.00  | 900.00        | 798.33    | 556.25    | 12.73              | 61.80         |
| <b><u>Vegetable</u></b>       |                 |               |           |           |                    |               | Kelawalla                       | 1100.00 - 1300.00 | 1209.17       | 1090.00   | 1135.00   | 10.93              | 6.53          |
| Beans (Butter)                |                 |               |           |           |                    |               | Thora                           | 1500.00 - 2200.00 | 1883.33       | 1708.33   | 1937.50   | 10.24              | -2.80         |
| Beans(Green)                  | 350.00 - 580.00 | 471.00        | 375.00    | 303.00    | 25.60              | 55.45         | Paraw                           | 1200.00 - 1300.00 | 1252.50       | 1069.17   | 1261.25   | 17.15              | -0.69         |
| Carrot                        | 500.00 - 750.00 | 615.00        | 763.00    | 424.00    | -19.40             | 45.05         | Mora                            | -                 |               |           | 722.50    |                    |               |
| Leeks                         | 100.00 - 260.00 | 166.00        | 188.00    | 210.00    | -11.70             | -20.95        | Shrimps                         | 2000.00 - 2250.00 | 2120.83       | 1776.67   | 1585.00   | 19.37              | 33.81         |
| Beetroot                      | 100.00 - 180.00 | 133.33        | 100.77    | 230.00    | 32.32              | -42.03        | Thalapath                       | 1500.00 - 1850.00 | 1662.50       | 1625.00   | 1800.00   | 2.31               | -7.64         |
| Knolkhol                      | 150.00 - 200.00 | 178.00        | 170.91    | 164.00    | 4.15               | 8.54          | <b><u>Eggs</u></b>              |                   |               |           |           |                    |               |
| Raddish                       | 80.00 - 140.00  | 103.00        | 107.00    | 67.00     | -3.74              | 53.73         | Brown                           | 30.00 - 34.00     | 32.06         | 32.25     | 50.75     | -0.58              | -36.82        |
| Cabbage                       | 250.00 - 300.00 | 276.00        | 258.00    | 424.00    | 6.98               | -34.91        | White                           | 28.00 - 31.00     | 29.25         | 29.50     | 48.75     | -0.85              | -40.00        |
| Tomato                        | 200.00 - 300.00 | 252.00        | 177.00    | 354.00    | 42.37              | -28.81        | <b><u>Dried Fish</u></b>        |                   |               |           |           |                    |               |
| Ladies Fingers                | 200.00 - 260.00 | 238.00        | 221.00    | 91.00     | 7.69               | 161.54        | Sprats                          | 750.00 - 850.00   | 799.17        | 841.67    | 1198.75   | -5.05              | -33.33        |
| Brinjal                       | 150.00 - 200.00 | 176.00        | 136.00    | 226.00    | 29.41              | -22.12        | Sprats (Imported)               | 550.00 - 700.00   | 631.67        | 616.67    | 877.78    | 2.43               | -28.04        |
| Capsicum                      | 450.00 - 700.00 | 565.00        | 510.00    | 405.00    | 10.78              | 39.51         | Kattawa                         | -                 |               |           |           |                    |               |
| Pumpkin                       | 100.00 - 130.00 | 117.00        | 119.00    | 214.00    | -1.68              | -45.33        | Kattawa (Imported)              | 1550.00 - 1700.00 | 1626.67       | 1619.17   | 1262.50   | 0.46               | 28.84         |
| Cucumber                      | 100.00 - 200.00 | 144.00        | 154.00    | 66.00     | -6.49              | 118.18        | Thora                           | -                 |               |           |           |                    |               |
| Bitter Gourd                  | 300.00 - 450.00 | 365.00        | 353.00    | 227.00    | 3.40               | 60.79         | Thora (Imported)                | -                 |               |           |           |                    |               |
| Snake Gourd                   | 200.00 - 320.00 | 274.00        | 215.00    | 192.00    | 27.44              | 42.71         | Mora                            | 1750.00 - 1850.00 | 1795.83       | 1795.83   | 1653.33   | 0.00               | 8.62          |
| Drumstick                     |                 |               |           |           |                    |               | Mora (Imported)                 | -                 |               |           |           |                    |               |
| Luffa                         | 300.00 - 400.00 | 365.00        | 326.00    | 119.00    | 11.96              | 206.72        | Balaya                          | 800.00 - 900.00   | 845.83        | 827.50    | 853.75    | 2.22               | -0.93         |
| Long Beans                    | 250.00 - 300.00 | 278.00        | 268.00    | 179.17    | 3.73               | 55.16         | Balaya (Imported)               | -                 |               |           |           |                    |               |
| Ash Plantain                  | 100.00 - 160.00 | 131.00        | 132.00    | 224.00    | -0.76              | -41.52        | Anguluwa                        | -                 |               |           |           |                    |               |
| Green Chillies                | 700.00 - 900.00 | 800.00        | 620.00    | 376.00    | 29.03              | 112.77        | Anguluwa (Imported)             | 1450.00 - 1550.00 | 1494.17       | 1468.33   | 1450.00   | 1.76               | 3.05          |
| Lime                          | 120.00 - 180.00 | 144.00        | 144.00    | 170.00    | 0.00               | -15.29        | Maduwa                          | 1200.00 - 1300.00 | 1255.00       | 1263.33   | 1296.25   | -0.66              | -3.18         |
| <b><u>Root Crops</u></b>      |                 |               |           |           |                    |               | Maduwa (Imported)               | -                 |               |           |           |                    |               |
| Sweet Potato                  | 130.00 - 180.00 | 156.00        | 143.00    | 125.00    | 9.09               | 24.80         | Koduwa                          | -                 |               |           |           |                    |               |
| Manioc                        | 80.00 - 120.00  | 100.00        | 100.00    | 135.00    | 0.00               | -25.93        | Koduwa (Imported)               | -                 |               |           |           |                    |               |
| <b><u>Leafy Vegetable</u></b> |                 |               |           |           |                    |               | Salaya                          | 700.00 - 800.00   | 731.67        | 670.00    | 465.00    | 9.20               | 57.35         |
| Mukunuwenna                   | 30.00 - 35.00   | 32.78         | 42.50     | 42.50     | -22.88             | -22.88        | Salaya (Imported)               | -                 |               |           |           |                    |               |
| Kankun                        | 30.00 - 35.00   | 32.78         | 42.50     | 42.50     | -22.88             | -22.88        |                                 |                   |               |           |           |                    |               |
| Gotukola (Rs/kg)              | 300.00 - 320.00 | 311.11        | 310.00    | 290.00    | 0.36               | 7.28          |                                 |                   |               |           |           |                    |               |

This Week:

Week 11: 14 - 20 Mar 2025

Last Week:

Week 10: 07 - 13 Mar 2025

Table 15: Colombo &amp;Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 11: 14 - 20 Mar 2025

| COMMODITY              | Range            | Average Price |           |           | Change Compared to |               | COMMODITY                       | Range             | Average Price |           |           | Change Compared to |               |
|------------------------|------------------|---------------|-----------|-----------|--------------------|---------------|---------------------------------|-------------------|---------------|-----------|-----------|--------------------|---------------|
|                        |                  | This Week     | Last Week | Last Year | Last Week          | Last Year (%) |                                 |                   | This Week     | Last Week | Last Year | Last Week          | Last Year (%) |
| <b><u>Rice</u></b>     |                  |               |           |           |                    |               | <b><u>Coconut</u></b>           |                   |               |           |           |                    |               |
| <b>Local</b>           |                  |               |           |           |                    |               | Large                           | 190.00 · 220.00   | 208.61        | 217.38    | 118.28    | -8.77              | 76.38         |
| Samba 1                | 240.00 · 260.00  | 250.19        | 251.25    | 251.67    | -1.06              | -0.59         | Small                           | 175.00 · 190.00   | 183.16        | 187.06    | 100.00    | -3.90              | 83.16         |
| Samba 2                |                  |               |           |           |                    |               |                                 |                   |               |           |           |                    |               |
| Keeri Samba            | 260.00 · 320.00  | 283.24        | 293.45    | 372.92    | -10.21             | -24.05        | <b><u>Fruits (Rs/fruit)</u></b> |                   |               |           |           |                    |               |
| Nadu 1                 | 230.00 · 250.00  | 243.15        | 242.50    | 224.17    | 0.65               | 8.47          | <b>Plantain</b>                 |                   |               |           |           |                    |               |
| Nadu 2                 |                  |               |           |           |                    |               | Ambul (Rs/kg)                   | 100.00 · 220.00   | 176.11        | 162.17    | 206.00    | 13.94              | -14.51        |
| Raw (Red)              | 240.00 · 270.00  | 252.96        | 262.00    | 201.54    | -9.04              | 25.52         | Kolikuttu (Rs/kg)               | 250.00 · 400.00   | 325.79        | 292.86    | 400.36    | 32.93              | -18.63        |
| Raw (White)            | 230.00 · 250.00  | 242.86        | 250.29    | 215.00    | -7.44              | 12.96         | Seeni (Rs/kg)                   | 150.00 · 250.00   | 201.11        | 183.18    | 207.93    | 17.93              | -3.28         |
| <b>Imported</b>        |                  |               |           |           |                    |               | Anamalu                         | 36.00 · 50.00     | 43.74         | 42.38     | 32.64     | 1.36               | 34.00         |
| Samba                  | 230.00 · 260.00  | 243.91        | 240.20    | 283.75    | 3.71               | -14.04        | Ambun                           | 50.00 · 70.00     | 60.00         | 56.52     | 42.23     | 3.48               | 42.08         |
| Nadu                   | 220.00 · 240.00  | 230.00        | 235.25    |           | -5.25              |               | Papaw(Rs/kg)                    | 260.00 · 400.00   | 331.05        | 373.50    | 316.30    | -42.45             | 4.67          |
| Raw (Red)              |                  |               |           |           |                    |               | Passion Fruit                   | 60.00 · 120.00    | 90.00         | 121.43    | 153.00    | -31.43             | -41.18        |
| Raw (White)            | 220.00 · 235.00  | 228.00        | 230.00    |           | -2.00              |               | Pineapple Large                 | 520.00 · 650.00   | 598.33        | 596.36    | 702.17    | 1.97               | -14.79        |
| <b>Dried Chillies</b>  |                  |               |           |           |                    |               | Pineapple Medium                | 400.00 · 500.00   | 457.33        | 454.76    | 598.57    | 2.57               | -23.60        |
| Imported               | 750.00 · 1000.00 | 893.55        | 900.00    | 1121.74   | -6.45              | -20.34        | Pineapple Small                 | 320.00 · 400.00   | 363.08        | 360.00    | 522.63    | 3.08               | -30.53        |
| <b>Onion</b>           |                  |               |           |           |                    |               | <b>Mango</b>                    |                   |               |           |           |                    |               |
| Sinnan                 |                  |               |           |           |                    |               | Betti                           |                   |               |           |           |                    |               |
| Vedalan                |                  |               |           |           |                    |               | Karthakolomban                  | 200.00 · 330.00   | 244.00        | 316.25    |           | -72.25             |               |
| Imported               | 380.00 · 520.00  | 437.95        | 439.75    | 420.87    | -1.80              | 4.06          | Vilad                           | 120.00 · 160.00   | 133.33        | 177.50    |           | -44.17             |               |
| <b>Big Onion</b>       |                  |               |           |           |                    |               | Kohu                            |                   |               |           |           |                    |               |
| Imported               | 120.00 · 220.00  | 170.34        | 175.50    | 632.08    | -5.16              | -73.05        | <b>Other</b>                    |                   |               |           |           |                    |               |
| Local                  |                  |               |           |           |                    |               | Wood Apple                      | 140.00 · 260.00   | 179.33        | 192.47    | 146.25    | -13.13             | 22.62         |
| <b>Potato</b>          |                  |               |           |           |                    |               | Orange                          | 60.00 · 120.00    | 97.89         | 94.39     | 71.25     | 3.51               | 37.40         |
| Welimada               | 380.00 · 380.00  | 380.00        |           |           |                    |               | Avocado                         | 200.00 · 330.00   | 266.67        | 297.24    | 151.11    | -30.57             | 76.47         |
| N'Eliya                | 380.00 · 480.00  | 425.00        | 426.84    | 404.80    | -1.84              | 4.99          | Slime Apple                     | 40.00 · 100.00    | 68.87         | 59.78     | 76.67     | 9.09               | -10.17        |
| Imported               | 180.00 · 260.00  | 216.34        | 220.00    | 210.91    | -3.66              | 2.58          | Grapes (Imp., Rs/kg)            | 1800.00 · 2500.00 | 2125.00       | 2153.33   | 2245.00   | -28.33             | -5.35         |
| <b>Pulses</b>          |                  |               |           |           |                    |               | King Coconut                    | 200.00 · 300.00   | 250.63        | 262.22    | 190.00    | -11.60             | 31.91         |
| Green Gram             | 650.00 · 900.00  | 759.41        | 785.00    | 1252.08   | -25.59             | -39.35        | <b>Sea Fish</b>                 |                   |               |           |           |                    |               |
| Cowpea (White)         | 700.00 · 900.00  | 797.60        | 851.90    | 1186.36   | -54.30             | -32.77        | Salaya                          | 450.00 · 700.00   | 554.74        | 524.74    | 477.39    | 30.00              | 16.20         |
| Cowpea (Red)           | 600.00 · 900.00  | 791.25        | 829.57    | 1181.82   | -38.32             | -33.05        | Hurulla                         | 800.00 · 1100.00  | 964.29        | 1024.17   | 767.14    | -59.88             | 25.70         |
| Red Dhal               | 280.00 · 340.00  | 298.68        | 296.67    | 336.67    | 2.02               | -11.28        | Balaya                          | 900.00 · 1000.00  | 941.67        | 871.43    | 792.22    | 70.24              | 18.86         |
| <b>Vegetable</b>       |                  |               |           |           |                    |               | Kelawalla                       | 1300.00 · 2200.00 | 1845.79       | 1754.71   | 1781.50   | 91.08              | 3.61          |
| Beans (Butter)         |                  |               |           |           |                    |               | Thora                           | 1700.00 · 3600.00 | 2705.26       | 2550.00   | 2661.90   | 155.26             | 1.63          |
| Beans(Green)           | 480.00 · 850.00  | 648.62        | 516.00    | 453.00    | 132.62             | 43.18         | Paraw                           | 1350.00 · 2000.00 | 1842.11       | 1697.06   | 1916.19   | 145.05             | -3.87         |
| Carrot                 | 540.00 · 950.00  | 727.04        | 813.33    | 533.21    | -86.30             | 36.35         | Mora                            |                   |               |           |           |                    |               |
| Leeks                  | 220.00 · 440.00  | 313.10        | 333.45    | 334.48    | -20.34             | -6.39         | Shrimps                         | 2200.00 · 2450.00 | 2312.50       | 2136.67   | 1973.81   | 175.83             | 17.16         |
| Beetroot               | 180.00 · 450.00  | 301.38        | 264.64    | 399.29    | 36.74              | -24.52        | Thalapath                       | 1750.00 · 3200.00 | 2471.05       | 2381.58   | 2545.24   | 89.47              | -2.91         |
| Knolkhol               | 240.00 · 480.00  | 372.17        | 344.64    | 346.67    | 27.53              | 7.36          | <b>Eggs</b>                     |                   |               |           |           |                    |               |
| Raddish                | 150.00 · 360.00  | 238.89        | 244.00    | 220.00    | -5.11              | 8.59          | Brown                           | 31.00 · 35.00     | 33.25         | 33.18     | 53.22     | 0.07               | -37.53        |
| Cabbage                | 300.00 · 450.00  | 404.44        | 398.15    | 571.72    | 6.30               | -29.26        | White                           | 29.00 · 33.00     | 31.88         | 31.41     | 50.17     | 0.47               | -36.45        |
| Tomato                 | 260.00 · 480.00  | 388.28        | 337.86    | 512.59    | 50.42              | -24.25        | <b>Dried Fish</b>               |                   |               |           |           |                    |               |
| Ladies Fingers         | 280.00 · 420.00  | 360.69        | 328.00    | 261.72    | 32.69              | 37.81         | Sprats                          | 1200.00 · 1800.00 | 1531.58       | 1556.25   | 1963.64   | -24.67             | -22.00        |
| Brinjal                | 200.00 · 400.00  | 304.48        | 273.33    | 365.00    | 31.15              | -16.58        | Sprats (Imported)               | 800.00 · 1200.00  | 1082.35       | 1077.78   | 1265.38   | 4.58               | -14.46        |
| Capsicum               | 540.00 · 1000.00 | 748.28        | 737.93    | 657.67    | 10.34              | 13.78         | Kattawa                         | 2200.00 · 2400.00 | 2315.79       | 2311.11   | 2238.46   | 4.68               | 3.45          |
| Pumpkin                | 160.00 · 320.00  | 235.00        | 245.00    | 356.00    | -10.00             | -33.99        | Thora                           |                   |               |           |           |                    |               |
| Cucumber               | 180.00 · 360.00  | 263.57        | 267.59    | 188.97    | -4.01              | 39.48         | Mora                            | 2000.00 · 2600.00 | 2508.33       | 2500.00   | 2280.00   | 8.33               | 10.01         |
| Bitter Gourd           | 400.00 · 600.00  | 517.24        | 506.07    | 378.33    | 11.17              | 36.72         | Balaya                          | 1200.00 · 1800.00 | 1718.75       | 1644.44   | 1654.55   | 74.31              | 3.88          |
| Snake Gourd            | 320.00 · 550.00  | 402.69        | 338.93    | 362.59    | 63.76              | 11.06         | Anguluwa                        | 1800.00 · 2400.00 | 2288.89       | 2285.71   | 2272.73   | 3.17               | 0.71          |
| Drumstick              |                  |               |           |           |                    |               | Maduwa                          | 1400.00 · 1500.00 | 1433.33       | 1400.00   |           | 33.33              |               |
| Luffa                  | 340.00 · 600.00  | 517.92        | 445.00    | 338.97    | 72.92              | 52.79         | Koduwa                          |                   |               |           |           |                    |               |
| Long Beans             | 350.00 · 560.00  | 448.89        | 444.09    | 353.10    | 4.80               | 27.13         | Salaya                          | 900.00 · 1300.00  | 1194.44       | 1188.24   | 847.06    | 6.21               | 41.01         |
| Ash Plantain           | 180.00 · 360.00  | 265.38        | 277.59    | 360.00    | -12.20             | -26.28        | <b>Meat</b>                     |                   |               |           |           |                    |               |
| Green Chillies         | 900.00 · 1500.00 | 1216.67       | 1344.23   | 606.90    | -127.56            | 100.47        | Beef (without Bones)            | 2600.00 · 2800.00 | 2683.33       | 2687.50   | 2266.67   | -4.17              | 18.38         |
| Lime                   | 200.00 · 500.00  | 360.00        | 315.86    | 354.83    | 44.14              | 1.46          | Chicken (Broiler)               | 1140.00 · 1320.00 | 1237.50       | 1223.33   | 1275.45   | 14.17              | -2.98         |
| <b>Root Crops</b>      |                  |               |           |           |                    |               | Chicken (Curry)                 | 1100.00 · 1400.00 | 1218.18       | 1186.36   | 1328.18   | 31.82              | -8.28         |
| Sweet Potato           | 200.00 · 340.00  | 273.10        | 266.30    | 278.82    | 6.81               | -2.05         | Mutton                          | 3500.00 · 3800.00 | 3644.44       | 3633.33   | 3290.00   | 11.11              | 10.77         |
| Manioc                 | 150.00 · 240.00  | 209.66        | 204.48    | 214.48    | 5.17               | -2.25         | Pork                            | 1400.00 · 1600.00 | 1480.00       | 1366.67   | 1283.33   | 113.33             | 15.32         |
| <b>Leafy Vegetable</b> |                  |               |           |           |                    |               |                                 |                   |               |           |           |                    |               |
| Mukunuwenna            | 50.00 · 80.00    | 72.94         | 74.71     | 73.93     | -1.76              | -1.34         |                                 |                   |               |           |           |                    |               |
| Kankun                 | 50.00 · 80.00    | 72.94         | 74.71     | 73.93     | -1.76              | -1.34         |                                 |                   |               |           |           |                    |               |
| Gotukola               | 240.00 · 340.00  | 291.25        | 284.67    | 97.24     | 6.58               | 199.51        |                                 |                   |               |           |           |                    |               |

This Week: Week 11: 14 - 20 Mar 2025

Last Week: Week 10: 07 - 13 Mar 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 11: 14 - 20 Mar 2025

| COMMODITY                 | Range           | Average Price | COMMODITY                             | Range           | Average Price | COMMODITY                    | Range           | Average Price |
|---------------------------|-----------------|---------------|---------------------------------------|-----------------|---------------|------------------------------|-----------------|---------------|
| <b><u>Paddy</u></b>       |                 |               | <b><u>Vegetable (Up Country)</u></b>  |                 |               | <b><u>Snake Gourd</u></b>    |                 |               |
| <b>Short Grain</b>        |                 |               | <b>Beans</b>                          |                 |               | Dambulla                     | 172.50 – 190.00 | 181.00        |
| A'pura                    | 132.00 – 136.00 | 133.60        | Dambulla                              | 440.00 – 480.00 | 456.00        | Hambantota                   | –               |               |
| P'naruwa                  | 115.00 – 132.00 | 123.11        | Welimada                              | 440.00 – 480.00 | 454.00        | Embilipitiya                 | 140.00 – 160.00 | 152.50        |
| Kalawewa                  | 130.00 – 135.00 | 132.20        | Badulla                               | 480.00 – 545.00 | 516.25        | Matara                       | –               |               |
| Kurunegala                | 117.00 – 130.00 | 123.50        | <b>Carrot</b>                         |                 |               | A'pura                       | 180.00 – 200.00 | 188.00        |
| Dehiattakandiya           | 130.00 – 132.00 | 131.00        | N'Elia                                | 470.00 – 490.00 | 482.00        | <b>Luffa</b>                 |                 |               |
| Nikaweratiya              | 125.00 – 135.00 | 129.60        | Welimada                              | 400.00 – 440.00 | 418.00        | Dambulla                     | 340.00 – 360.00 | 350.00        |
| Ampara                    | 140.00 – 142.00 | 140.67        | Hanguranketha                         | 500.00 – 600.00 | 550.00        | Hambantota                   | 300.00 – 330.00 | 316.67        |
| <b>Long Grain (White)</b> |                 |               | <b>Leeks</b>                          |                 |               | Embilipitiya                 | 220.00 – 240.00 | 230.00        |
| A'pura                    | 127.00 – 132.00 | 129.00        | N'Elia                                | 80.00 – 90.00   | 84.00         | Matara                       | –               |               |
| P'naruwa                  | 110.00 – 128.00 | 118.22        | Welimada                              | 90.00 – 110.00  | 98.00         | A'pura                       | 340.00 – 360.00 | 348.00        |
| Kalawewa                  | 126.00 – 130.00 | 127.60        | <b>Beetroot</b>                       |                 |               | <b>Green Chillies</b>        |                 |               |
| Kurunegala                | 115.00 – 127.00 | 122.00        | N'Elia                                | 100.00 – 110.00 | 106.00        | Dambulla                     | 550.00 – 600.00 | 574.00        |
| Dehiattakandiya           | 129.00 – 131.00 | 130.00        | Dambulla                              | 100.00 – 110.00 | 105.00        | Hambantota                   | –               |               |
| Embilipitiya              | –               |               | Kurunegala                            | –               |               | Embilipitiya                 | 800.00 – 850.00 | 817.50        |
| Nikaweratiya              | 115.00 – 130.00 | 119.60        | Welimada                              | 80.00 – 100.00  | 92.00         | Puttalam                     | 520.00 – 665.00 | 585.00        |
| Hambantota                | –               |               | Hanguranketha                         | 80.00 – 100.00  | 93.33         | A'pura                       | 750.00 – 800.00 | 770.00        |
| Ampara                    | 124.00 – 127.00 | 125.33        | <b>Knol Khol</b>                      |                 |               | <b>Pumpkin</b>               |                 |               |
| <b>Long Grain (Red)</b>   |                 |               | N'Elia                                | 130.00 – 140.00 | 134.00        | Dambulla                     | 100.00 – 110.00 | 103.00        |
| Matara                    | 125.00 – 130.00 | 128.25        | Welimada                              | 120.00 – 130.00 | 125.00        | Hambantota                   | –               |               |
| Hambantota                | 120.00 – 135.00 | 127.50        | Hanguranketha                         | 100.00 – 140.00 | 120.00        | Embilipitiya                 | 100.00 – 120.00 | 110.00        |
| Embilipitiya              | 130.00 – 132.00 | 131.00        | <b>Raddish</b>                        |                 |               | Matara                       | 80.00 – 90.00   | 85.00         |
| <b>Keeri Samba</b>        |                 |               | N'Elia                                | 35.00 – 40.00   | 37.00         | A'pura                       | 90.00 – 110.00  | 98.00         |
| A'pura                    | 140.00 – 145.00 | 142.00        | Welimada                              | 30.00 – 40.00   | 34.00         | Moneragala                   | 80.00 – 100.00  | 88.00         |
| P'naruwa                  | 121.00 – 140.00 | 130.11        | Hambantota                            | –               |               | <b>Cucumber</b>              |                 |               |
| Kalawewa                  | 138.00 – 145.00 | 140.60        | Hanguranketha                         | 60.00 – 80.00   | 67.50         | A'pura                       | 100.00 – 120.00 | 108.00        |
| Kurunegala                | 124.00 – 136.00 | 130.33        | <b>Cabbage</b>                        |                 |               | Dambulla                     | 110.00 – 120.00 | 117.00        |
| Dehiattakandiya           | 142.00 – 144.00 | 142.67        | N'Elia                                | 250.00 – 260.00 | 256.00        | Hambantota                   | 80.00 – 100.00  | 90.00         |
| <b>Red Onion</b>          |                 |               | Welimada                              | 180.00 – 200.00 | 190.00        | Matara                       | 95.00 – 110.00  | 101.25        |
| Puttalam                  | 220.00 – 266.00 | 240.25        | Badulla                               | 210.00 – 235.00 | 218.75        | <b>Long Beans</b>            |                 |               |
| Jaffna                    | 130.00 – 160.00 | 140.00        | Hanguranketha                         | 160.00 – 220.00 | 184.00        | Dambulla                     | 240.00 – 270.00 | 252.00        |
| <b>Big Onion</b>          |                 |               | <b>Tomato</b>                         |                 |               | Hambantota                   | 260.00 – 280.00 | 270.00        |
| Dambulla                  | –               |               | Welimada                              | 200.00 – 220.00 | 210.00        | Embilipitiya                 | 250.00 – 270.00 | 260.00        |
| Kalawewa                  | –               |               | Hambantota                            | –               |               | Matara                       | –               |               |
| A'pura                    | –               |               | Dambulla                              | 240.00 – 260.00 | 252.00        | A'pura                       | 240.00 – 260.00 | 248.00        |
| <b>Potato</b>             |                 |               | Hanguranketha                         | 120.00 – 160.00 | 148.00        | <b>Ash Plantain</b>          |                 |               |
| N'Elia                    | 240.00 – 260.00 | 248.00        | <b><u>Vegetable (Low Country)</u></b> |                 |               | Hambantota                   | –               |               |
| Badulla                   | –               |               | <b>Ladies Fingers</b>                 |                 |               | Embilipitiya                 | 90.00 – 110.00  | 100.00        |
| Welimada                  | 220.00 – 240.00 | 230.00        | A'pura                                | 240.00 – 260.00 | 248.00        | Matara                       | 85.00 – 100.00  | 92.50         |
| <b><u>Pulses</u></b>      |                 |               | Dambulla                              | 220.00 – 230.00 | 222.50        | <b>Lime</b>                  |                 |               |
| <b>Green Gram</b>         |                 |               | Hambantota                            | 200.00 – 210.00 | 205.00        | Hambantota                   | –               |               |
| Hambantota                | –               |               | Embilipitiya                          | 200.00 – 220.00 | 207.50        | Embilipitiya                 | 150.00 – 180.00 | 165.00        |
| Moneragala                | 550.00 – 600.00 | 570.00        | Matara                                | 190.00 – 220.00 | 205.00        | Moneragala                   | 100.00 – 120.00 | 108.00        |
| Embilipitiya              | 540.00 – 550.00 | 545.00        | <b>Brinjal</b>                        |                 |               | <b><u>Fruits (Rs/kg)</u></b> |                 |               |
| Nikaweratiya              | 450.00 – 500.00 | 483.33        | A'pura                                | 80.00 – 100.00  | 88.00         | <b>Banana</b>                |                 |               |
| A'pura                    | 530.00 – 550.00 | 538.00        | Dambulla                              | 90.00 – 115.00  | 105.00        | <b>Ambul</b>                 |                 |               |
| <b>Cowpea</b>             |                 |               | Hambantota                            | 120.00 – 150.00 | 133.33        | Moneragala                   | 50.00 – 60.00   | 54.00         |
| Hambantota                | –               |               | Embilipitiya                          | 120.00 – 140.00 | 130.00        | Embilipitiya                 | 30.00 – 50.00   | 38.00         |
| Nikaweratiya              | 400.00 – 500.00 | 450.00        | Matara                                | 125.00 – 150.00 | 136.25        | Hambantota                   | 60.00 – 80.00   | 70.00         |
| Moneragala                | 380.00 – 400.00 | 388.00        | Welimada                              | 80.00 – 100.00  | 88.00         | <b>Kolikuttu</b>             |                 |               |
| Embilipitiya              | 400.00 – 410.00 | 405.00        | <b>Capsicum</b>                       |                 |               | Moneragala                   | 150.00 – 160.00 | 154.00        |
| <b>Maize</b>              |                 |               | Badulla                               | 580.00 – 630.00 | 597.50        | Embilipitiya                 | 150.00 – 180.00 | 165.00        |
| A'pura                    | 140.00 – 145.00 | 142.00        | Welimada                              | 580.00 – 620.00 | 600.00        | Hambantota                   | 200.00 – 220.00 | 210.00        |
| Kalawewa                  | –               |               | <b>Bitter Gourd</b>                   |                 |               | <b>Papaw</b>                 |                 |               |
| <b>Gingelly</b>           |                 |               | A'pura                                | 350.00 – 380.00 | 362.00        | Moneragala                   | 100.00 – 120.00 | 108.00        |
| A'pura                    | –               |               | Dambulla                              | 240.00 – 290.00 | 264.00        | Embilipitiya                 | 180.00 – 190.00 | 185.00        |
| Kalawewa                  | –               |               | Hambantota                            | 300.00 – 350.00 | 326.67        | Hambantota                   | 220.00 – 230.00 | 225.00        |
| <b>Black Gram</b>         |                 |               | Embilipitiya                          | 330.00 – 350.00 | 341.25        | <b>Pineapple</b>             |                 |               |
| A'pura                    | –               |               | Matara                                | 280.00 – 310.00 | 295.00        | Divulapitiya                 | –               |               |
| Kalawewa                  | –               |               |                                       |                 |               |                              |                 |               |

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)**
**Week 11: 14 - 20 Mar 2025**

27

| CROP                         | PELIYAGODA      | MAHARAGAMA       | KIRULAPONE       | NUGEGODA         | NARAHENPITA      | DEMATAGODA      | THOTALANGA      | KADAWATHA       | KIRIBATHGODA    |
|------------------------------|-----------------|------------------|------------------|------------------|------------------|-----------------|-----------------|-----------------|-----------------|
| <b><u>Rice</u></b>           |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| <b>Local</b>                 |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Samba 1                      | 240.00 - 250.00 | 250.00 - 260.00  | 240.00 - 250.00  | 240.00 - 250.00  | 240.00 - 250.00  | 240.00 - 260.00 | 250.00 - 260.00 | 240.00 - 260.00 | 240.00 - 260.00 |
| Samba 2                      | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| Keeri Samba                  | 260.00 - 270.00 | 260.00 - 280.00  | 260.00 - 320.00  | 260.00 - 300.00  | 260.00 - 280.00  | 260.00 - 270.00 | 280.00 - 320.00 | 260.00 - 320.00 | 280.00 - 320.00 |
| Nadu 1                       | 230.00 - 240.00 | 230.00 - 240.00  | 230.00 - 250.00  | 230.00 - 240.00  | 240.00 - 250.00  | 250.00 - 250.00 | 250.00 - 250.00 | 230.00 - 250.00 | 245.00 - 250.00 |
| Nadu 2                       | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| Raw (Red)                    | 240.00 - 250.00 | 240.00 - 250.00  | 240.00 - 250.00  | 240.00 - 260.00  | 250.00 - 260.00  | 250.00 - 260.00 | 240.00 - 270.00 | 240.00 - 270.00 | 240.00 - 270.00 |
| Raw (White)                  | 230.00 - 240.00 | 230.00 - 240.00  | 240.00 - 250.00  | 240.00 - 240.00  | 250.00 - 250.00  | 240.00 - 250.00 | 250.00 - 250.00 | 240.00 - 250.00 | 240.00 - 250.00 |
| <b>Imported</b>              |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Samba                        | 240.00 - 240.00 | 240.00 - 240.00  | 240.00 - 260.00  | 250.00 - 260.00  | 230.00 - 235.00  | 235.00 - 240.00 | 250.00 - 250.00 | 240.00 - 250.00 | 230.00 - 250.00 |
| Nadu                         | 225.00 - 230.00 | 230.00 - 230.00  | 220.00 - 240.00  | 220.00 - 230.00  | 230.00 - 240.00  | 225.00 - 230.00 | 240.00 - 240.00 | 220.00 - 240.00 | 220.00 - 230.00 |
| Raw (Red)                    | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| Raw (White)                  | 225.00 - 230.00 | 220.00 - 230.00  | 220.00 - 230.00  | 220.00 - 230.00  | 230.00 - 235.00  | 230.00 - 235.00 | 220.00 - 220.00 | 220.00 - 220.00 | 220.00 - 220.00 |
| <b><u>Dried Chillies</u></b> |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Imported                     | 750.00 - 850.00 | 850.00 - 1000.00 | 850.00 - 1000.00 | 850.00 - 1000.00 | 850.00 - 1000.00 | 800.00 - 900.00 | 750.00 - 800.00 | 800.00 - 900.00 | 800.00 - 900.00 |
| <b><u>Red Onion</u></b>      |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Sinnan                       | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| Vedalan                      | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| Imported                     | 380.00 - 450.00 | 440.00 - 520.00  | 400.00 - 520.00  | 400.00 - 520.00  | 400.00 - 520.00  | 400.00 - 480.00 | 380.00 - 450.00 | 400.00 - 520.00 | 400.00 - 520.00 |
| <b><u>Big Onion</u></b>      |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Imported                     | 160.00 - 180.00 | 160.00 - 200.00  | 180.00 - 200.00  | 120.00 - 200.00  | 180.00 - 200.00  | 160.00 - 220.00 | 120.00 - 180.00 | 120.00 - 180.00 | 140.00 - 180.00 |
| Local                        | -               | -                | -                | -                | -                | -               | -               | -               | -               |
| <b><u>Potato</u></b>         |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Welimada                     | -               | -                | -                | -                | -                | -               | 380.00 - 380.00 | -               | -               |
| N'Eliya                      | 380.00 - 400.00 | 460.00 - 480.00  | 400.00 - 440.00  | 440.00 - 480.00  | 400.00 - 480.00  | 400.00 - 450.00 | 400.00 - 420.00 | 400.00 - 400.00 | 480.00 - 480.00 |
| Imported                     | 200.00 - 240.00 | 240.00 - 260.00  | 240.00 - 260.00  | 200.00 - 240.00  | 220.00 - 260.00  | 200.00 - 260.00 | 180.00 - 200.00 | 200.00 - 220.00 | 180.00 - 200.00 |
| <b><u>Pulses</u></b>         |                 |                  |                  |                  |                  |                 |                 |                 |                 |
| Green Gram                   | 700.00 - 750.00 | 660.00 - 750.00  | 700.00 - 880.00  | 800.00 - 900.00  | 650.00 - 750.00  | 700.00 - 850.00 | 750.00 - 800.00 | 750.00 - 850.00 | 750.00 - 900.00 |
| Cowpea (White)               | 740.00 - 800.00 | 750.00 - 880.00  | 700.00 - 800.00  | 750.00 - 900.00  | 700.00 - 850.00  | 750.00 - 900.00 | 800.00 - 850.00 | 720.00 - 850.00 | 800.00 - 900.00 |
| Cowpea (Red)                 | 740.00 - 850.00 | 600.00 - 880.00  | 800.00 - 800.00  | 900.00 - 900.00  | 700.00 - 850.00  | 700.00 - 850.00 | 700.00 - 800.00 | 720.00 - 800.00 | 800.00 - 900.00 |
| Red Dhal                     | 280.00 - 320.00 | 280.00 - 340.00  | 280.00 - 320.00  | 280.00 - 320.00  | 290.00 - 340.00  | 290.00 - 320.00 | 280.00 - 300.00 | 280.00 - 300.00 | 280.00 - 300.00 |

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)**

**Week 11: 14 - 20 Mar 2025**

28

| CROP                          | PELIYAGODA       | MAHARAGAMA        | KIRULAPONE        | NUGEGODA          | NARAHENPITA       | DEMATAGODA        | THOTALANGA        | KADAWATHA         | KIRIBATHGODA      |
|-------------------------------|------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <b><u>Vegetable</u></b>       |                  |                   |                   |                   |                   |                   |                   |                   |                   |
| Beans                         | 550.00 - 600.00  | 800.00 - 850.00   | 650.00 - 720.00   | 800.00 - 850.00   | 650.00 - 700.00   | 650.00 - 650.00   | 480.00 - 550.00   | 560.00 - 600.00   | 550.00 - 600.00   |
| Carrot                        | 540.00 - 600.00  | 730.00 - 800.00   | 700.00 - 720.00   | 750.00 - 850.00   | 560.00 - 600.00   | 600.00 - 650.00   | 680.00 - 800.00   | 900.00 - 950.00   | 860.00 - 950.00   |
| Leeks                         | 220.00 - 240.00  | 320.00 - 340.00   | 280.00 - 340.00   | 400.00 - 440.00   | 280.00 - 300.00   | 320.00 - 340.00   | 250.00 - 280.00   | 320.00 - 340.00   | 350.00 - 400.00   |
| Beetroot                      | 200.00 - 240.00  | 320.00 - 450.00   | 280.00 - 320.00   | 420.00 - 450.00   | 280.00 - 340.00   | 280.00 - 300.00   | 180.00 - 210.00   | 280.00 - 320.00   | 320.00 - 350.00   |
| Knolkhol                      | 240.00 - 280.00  | 450.00 - 480.00   | 450.00 - 480.00   | 480.00 - 480.00   | 240.00 - 260.00   | -                 | 280.00 - 340.00   | 400.00 - 480.00   | -                 |
| Raddish                       | 150.00 - 180.00  | 240.00 - 350.00   | 260.00 - 280.00   | 350.00 - 360.00   | 180.00 - 200.00   | -                 | 180.00 - 240.00   | 180.00 - 240.00   | 240.00 - 260.00   |
| Cabbage                       | 400.00 - 450.00  | 300.00 - 320.00   | 400.00 - 450.00   | 420.00 - 450.00   | 400.00 - 420.00   | 450.00 - 450.00   | 300.00 - 350.00   | 400.00 - 450.00   | 320.00 - 340.00   |
| Tomato                        | 350.00 - 400.00  | 450.00 - 480.00   | 440.00 - 480.00   | 360.00 - 400.00   | 400.00 - 450.00   | 400.00 - 400.00   | 260.00 - 320.00   | 320.00 - 400.00   | 340.00 - 400.00   |
| Ladies Fingers                | 300.00 - 350.00  | 320.00 - 420.00   | 360.00 - 400.00   | 420.00 - 420.00   | 340.00 - 400.00   | 280.00 - 300.00   | 320.00 - 350.00   | 360.00 - 400.00   | 350.00 - 400.00   |
| Brinjal                       | 200.00 - 250.00  | 320.00 - 400.00   | 320.00 - 350.00   | 340.00 - 400.00   | 260.00 - 300.00   | 240.00 - 260.00   | 200.00 - 280.00   | 360.00 - 400.00   | 320.00 - 340.00   |
| Capsicum                      | 540.00 - 600.00  | 900.00 - 1000.00  | 640.00 - 700.00   | 850.00 - 900.00   | 540.00 - 650.00   | 600.00 - 650.00   | 700.00 - 800.00   | 800.00 - 800.00   | 900.00 - 1000.00  |
| Pumpkin                       | 180.00 - 200.00  | 240.00 - 320.00   | 260.00 - 280.00   | 320.00 - 320.00   | 220.00 - 240.00   | 260.00 - 280.00   | 160.00 - 200.00   | 220.00 - 240.00   | 320.00 - 320.00   |
| Cucumber                      | 180.00 - 200.00  | 260.00 - 320.00   | 280.00 - 320.00   | 300.00 - 320.00   | 200.00 - 240.00   | 200.00 - 220.00   | 200.00 - 240.00   | 360.00 - 360.00   | 320.00 - 340.00   |
| Bitter Gourd                  | 400.00 - 450.00  | 450.00 - 550.00   | 560.00 - 600.00   | 550.00 - 600.00   | 480.00 - 540.00   | 480.00 - 500.00   | 480.00 - 500.00   | 480.00 - 520.00   | 580.00 - 600.00   |
| Snake Gourd                   | 350.00 - 400.00  | 400.00 - 400.00   | 520.00 - 540.00   | 480.00 - 550.00   | 360.00 - 400.00   | -                 | 350.00 - 400.00   | 320.00 - 360.00   | 340.00 - 360.00   |
| Drumstick                     | -                | -                 | -                 | -                 | -                 | -                 | -                 | -                 | -                 |
| Luffa                         | 500.00 - 550.00  | 550.00 - 600.00   | 460.00 - 520.00   | 550.00 - 600.00   | 450.00 - 480.00   | -                 | 340.00 - 350.00   | 520.00 - 540.00   | 560.00 - 600.00   |
| Long Beans                    | 400.00 - 450.00  | 440.00 - 550.00   | 450.00 - 480.00   | 540.00 - 560.00   | 440.00 - 450.00   | -                 | 350.00 - 450.00   | 360.00 - 480.00   | 360.00 - 400.00   |
| Ash Plantain                  | 180.00 - 200.00  | 320.00 - 330.00   | 300.00 - 320.00   | 360.00 - 360.00   | 240.00 - 260.00   | 250.00 - 280.00   | 200.00 - 220.00   | 230.00 - 240.00   | 320.00 - 320.00   |
| Green Chillies                | 900.00 - 1000.00 | 1100.00 - 1400.00 | 1100.00 - 1200.00 | 1200.00 - 1500.00 | 1100.00 - 1200.00 | 1000.00 - 1000.00 | 1000.00 - 1200.00 | 1100.00 - 1400.00 | 1400.00 - 1500.00 |
| Lime                          | 200.00 - 240.00  | 400.00 - 500.00   | 400.00 - 460.00   | 400.00 - 450.00   | 500.00 - 500.00   | 500.00 - 500.00   | 240.00 - 280.00   | 320.00 - 360.00   | 300.00 - 300.00   |
| <b><u>Root Crops</u></b>      |                  |                   |                   |                   |                   |                   |                   |                   |                   |
| Sweet Potato                  | 230.00 - 260.00  | 320.00 - 340.00   | 280.00 - 320.00   | 320.00 - 340.00   | 230.00 - 250.00   | 280.00 - 280.00   | 200.00 - 240.00   | 230.00 - 300.00   | 260.00 - 280.00   |
| Manioc                        | 160.00 - 180.00  | 220.00 - 240.00   | 230.00 - 240.00   | 230.00 - 240.00   | 200.00 - 240.00   | 220.00 - 240.00   | 150.00 - 160.00   | 200.00 - 220.00   | 200.00 - 240.00   |
| <b><u>Leafy Vegetable</u></b> |                  |                   |                   |                   |                   |                   |                   |                   |                   |
| Mukunuwenna                   | 50.00 - 60.00    | 70.00 - 80.00     | 70.00 - 70.00     | 80.00 - 80.00     | 80.00 - 80.00     | 70.00 - 80.00     | 60.00 - 70.00     | 80.00 - 80.00     | 80.00 - 80.00     |
| Kankun                        | 50.00 - 60.00    | 70.00 - 80.00     | 70.00 - 70.00     | 80.00 - 80.00     | 80.00 - 80.00     | 70.00 - 80.00     | 60.00 - 70.00     | 80.00 - 80.00     | 80.00 - 80.00     |
| Gotukola                      | 270.00 - 280.00  | 320.00 - 320.00   | 320.00 - 320.00   | 320.00 - 340.00   | 320.00 - 340.00   | -                 | 240.00 - 260.00   | 240.00 - 260.00   | 250.00 - 260.00   |
| <b><u>Coconut</u></b>         |                  |                   |                   |                   |                   |                   |                   |                   |                   |
| Large                         | 200.00 - 200.00  | 190.00 - 200.00   | 190.00 - 200.00   | 195.00 - 200.00   | 220.00 - 220.00   | 210.00 - 220.00   | 215.00 - 220.00   | 215.00 - 220.00   | 220.00 - 220.00   |
| Small                         | 175.00 - 180.00  | 180.00 - 185.00   | 180.00 - 185.00   | 180.00 - 185.00   | 185.00 - 190.00   | 185.00 - 190.00   | 180.00 - 185.00   | 180.00 - 185.00   | 180.00 - 180.00   |

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)**

**Week 11: 14 - 20 Mar 2025**

29

| CROP                       | PELIYAGODA |   |         | MAHARAGAMA |   |         | KIRULAPONE |   |         | NUGEGODA |   |         | NARAHENPITA |   |         | DEMATAGODA |   |         | THOTALANGA |   |         | KADAWATHA |   |         | KIRIBATHGODA |   |         |
|----------------------------|------------|---|---------|------------|---|---------|------------|---|---------|----------|---|---------|-------------|---|---------|------------|---|---------|------------|---|---------|-----------|---|---------|--------------|---|---------|
| <b><u>Plantain</u></b>     |            |   |         |            |   |         |            |   |         |          |   |         |             |   |         |            |   |         |            |   |         |           |   |         |              |   |         |
| Ambul (Rs/Kg)              | 100.00     | - | 150.00  | 220.00     | - | 220.00  | 220.00     | - | 220.00  | 200.00   | - | 200.00  | 150.00      | - | 150.00  | 180.00     | - | 200.00  | 120.00     | - | 180.00  | 150.00    | - | 180.00  | 150.00       | - | 180.00  |
| Kolikuttu (Rs/Kg)          | 300.00     | - | 350.00  | 350.00     | - | 360.00  | 400.00     | - | 400.00  | 300.00   | - | 350.00  | 300.00      | - | 350.00  | 380.00     | - | 400.00  | 250.00     | - | 300.00  | 250.00    | - | 320.00  | 250.00       | - | 280.00  |
| Seeni (Rs/Kg)              | 150.00     | - | 200.00  | 230.00     | - | 250.00  | 230.00     | - | 250.00  | 200.00   | - | 200.00  | 200.00      | - | 200.00  | 200.00     | - | 200.00  | 150.00     | - | 180.00  | 200.00    | - | 200.00  | 200.00       | - | 220.00  |
| Anamalu                    | 36.00      | - | 43.00   | 36.00      | - | 36.00   | 50.00      | - | 50.00   | 50.00    | - | 50.00   | 36.00       | - | 45.00   | 42.00      | - | 42.00   | 36.00      | - | 43.00   | 43.00     | - | 50.00   | 36.00        | - | 43.00   |
| Ambun                      | 50.00      | - | 60.00   | 50.00      | - | 50.00   | 70.00      | - | 70.00   | 70.00    | - | 70.00   | 50.00       | - | 60.00   | 60.00      | - | 60.00   | 50.00      | - | 60.00   | 60.00     | - | 70.00   | 50.00        | - | 60.00   |
| <b><u>Pineapple</u></b>    |            |   |         |            |   |         |            |   |         |          |   |         |             |   |         |            |   |         |            |   |         |           |   |         |              |   |         |
| Large                      | 520.00     | - | 580.00  | 620.00     | - | 650.00  | 600.00     | - | 600.00  | 650.00   | - | 650.00  | 520.00      | - | 580.00  | 580.00     | - | 580.00  | 520.00     | - | 520.00  | 580.00    | - | 650.00  | 520.00       | - | 520.00  |
| Medium                     | 400.00     | - | 450.00  | 500.00     | - | 500.00  | 480.00     | - | 480.00  | 500.00   | - | 500.00  | 400.00      | - | 450.00  | 450.00     | - | 450.00  | 400.00     | - | 400.00  | 450.00    | - | 500.00  | 400.00       | - | 400.00  |
| Small                      | 320.00     | - | 360.00  | 400.00     | - | 400.00  |            | - |         | 400.00   | - | 400.00  | 320.00      | - | 360.00  | 360.00     | - | 360.00  | 320.00     | - | 320.00  | 360.00    | - | 400.00  | 320.00       | - | 320.00  |
| <b><u>Mango</u></b>        |            |   |         |            |   |         |            |   |         |          |   |         |             |   |         |            |   |         |            |   |         |           |   |         |              |   |         |
| Betti                      |            | - |         |            | - |         |            | - |         |          | - |         |             | - |         |            | - |         |            | - |         |           | - |         |              | - |         |
| Karthakolomban             | 200.00     | - | 233.00  |            | - |         | 233.00     | - | 250.00  | 330.00   | - | 330.00  | 230.00      | - | 230.00  | 200.00     | - | 200.00  | 250.00     | - | 250.00  | 233.00    | - | 250.00  | 200.00       | - | 233.00  |
| Vilad                      | 120.00     | - | 120.00  |            | - |         | 120.00     | - | 120.00  | 160.00   | - | 160.00  |             | - |         |            | - |         |            | - |         |           | - |         |              | - |         |
| Kohu                       |            | - |         |            | - |         |            | - |         |          | - |         |             | - |         |            | - |         |            | - |         |           | - |         |              | - |         |
| <b><u>Other Fruits</u></b> |            |   |         |            |   |         |            |   |         |          |   |         |             |   |         |            |   |         |            |   |         |           |   |         |              |   |         |
| Wood Apple                 | 140.00     | - | 150.00  | 200.00     | - | 220.00  | 200.00     | - | 240.00  | 260.00   | - | 260.00  | 140.00      | - | 160.00  | 160.00     | - | 160.00  | 160.00     | - | 160.00  | 160.00    | - | 160.00  | 200.00       | - | 200.00  |
| Orange                     | 80.00      | - | 80.00   | 100.00     | - | 120.00  | 120.00     | - | 120.00  | 100.00   | - | 120.00  | 70.00       | - | 80.00   | 80.00      | - | 80.00   | 60.00      | - | 80.00   | 60.00     | - | 70.00   | 120.00       | - | 120.00  |
| Avocado                    | 330.00     | - | 330.00  | 250.00     | - | 250.00  | 325.00     | - | 325.00  | 250.00   | - | 270.00  | 330.00      | - | 330.00  | 330.00     | - | 330.00  | 200.00     | - | 200.00  | 200.00    | - | 225.00  | 230.00       | - | 260.00  |
| Slime Apple                | 40.00      | - | 50.00   | 80.00      | - | 100.00  | 100.00     | - | 100.00  | 100.00   | - | 100.00  | 50.00       | - | 50.00   | 50.00      | - | 50.00   | 76.00      | - | 76.00   | 60.00     | - | 67.00   | 70.00        | - | 70.00   |
| Grapes (Rs/Kg)             | 1900.00    | - | 2000.00 | 2200.00    | - | 2500.00 | 2300.00    | - | 2500.00 | 2500.00  | - | 2500.00 | 2000.00     | - | 2000.00 | 2000.00    | - | 2000.00 | 1800.00    | - | 1800.00 | 2200.00   | - | 2300.00 | 1800.00      | - | 2000.00 |
| Papaw (Rs/Kg)              | 260.00     | - | 300.00  | 280.00     | - | 300.00  | 400.00     | - | 400.00  | 340.00   | - | 350.00  | 280.00      | - | 280.00  | 350.00     | - | 400.00  | 300.00     | - | 350.00  | 350.00    | - | 400.00  | 330.00       | - | 330.00  |
| Passion                    | 60.00      | - | 60.00   | 120.00     | - | 120.00  | 120.00     | - | 120.00  | 120.00   | - | 120.00  | 60.00       | - | 70.00   |            | - |         | 80.00      | - | 80.00   | 80.00     | - | 80.00   | 90.00        | - | 100.00  |
| King Coconut               | 250.00     | - | 300.00  | 250.00     | - | 250.00  | 250.00     | - | 280.00  | 250.00   | - | 280.00  | 250.00      | - | 300.00  | 300.00     | - | 300.00  | 200.00     | - | 250.00  | 200.00    | - | 200.00  | 200.00       | - | 200.00  |

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)**
**Week 11: 14 - 20 Mar 2025**

30

| CROP                        | PELIYAGODA        | MAHARAGAMA        | KIRULAPONE        | NUGEGODA          | NARAHENPITA       | DEMATAGODA        | THOTALANGA        | KADAWATHA         | KIRIBATHGODA      |
|-----------------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <b><u>Sea Fish</u></b>      |                   |                   |                   |                   |                   |                   |                   |                   |                   |
| Salaya                      | 450.00 - 600.00   | 500.00 - 500.00   | 600.00 - 600.00   | 700.00 - 700.00   | 540.00 - 540.00   | 500.00 - 520.00   | 560.00 - 560.00   | 480.00 - 480.00   | 600.00 - 600.00   |
| Hurulla                     | 800.00 - 850.00   | -                 | -                 | -                 | 1100.00 - 1100.00 | -                 | 1000.00 - 1000.00 | 1000.00 - 1000.00 | -                 |
| Balaya                      | 900.00 - 1000.00  | 900.00 - 900.00   | -                 | -                 | -                 | -                 | -                 | -                 | -                 |
| Kelawalla                   | 1300.00 - 1400.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 2000.00 - 2200.00 | 2000.00 - 2000.00 | 1400.00 - 1800.00 | 2000.00 - 2000.00 | 1920.00 - 2000.00 | 2200.00 - 2200.00 |
| Thora                       | 1700.00 - 2300.00 | 2800.00 - 2800.00 | 3000.00 - 3000.00 | 3000.00 - 3200.00 | 3600.00 - 3600.00 | 2400.00 - 2400.00 | 2200.00 - 2200.00 | 2800.00 - 2800.00 | 3600.00 - 3600.00 |
| Paraw                       | 1350.00 - 1450.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 | 1800.00 - 2000.00 | 1800.00 - 1800.00 | 2000.00 - 2000.00 | 2000.00 - 2000.00 |
| Mora                        | -                 | -                 | -                 | -                 | -                 | -                 | -                 | -                 | -                 |
| Shrimps Small               | 2350.00 - 2450.00 | 2200.00 - 2200.00 | 2400.00 - 2400.00 | 2200.00 - 2200.00 | 2400.00 - 2400.00 | 2200.00 - 2200.00 | 2200.00 - 2200.00 | 2200.00 - 2200.00 | 2400.00 - 2400.00 |
| Talapath                    | 1750.00 - 2000.00 | 2400.00 - 2400.00 | 2800.00 - 2800.00 | 2800.00 - 2800.00 | 3200.00 - 3200.00 | 2200.00 - 2400.00 | 2600.00 - 2800.00 | 2400.00 - 2600.00 | 2600.00 - 2600.00 |
| <b><u>Eggs (Rs/egg)</u></b> |                   |                   |                   |                   |                   |                   |                   |                   |                   |
| Brown                       | 31.00 - 31.00     | 34.00 - 34.00     | 34.00 - 34.00     | 33.00 - 33.00     | 34.00 - 34.00     | 34.00 - 34.00     | 34.00 - 34.00     | 35.00 - 35.00     | 33.00 - 33.00     |
| White                       | 29.00 - 29.00     | 33.00 - 33.00     | 32.00 - 33.00     | 32.00 - 32.00     | 33.00 - 33.00     | 33.00 - 33.00     | 32.00 - 32.00     | 33.00 - 33.00     | 32.00 - 32.00     |
| <b><u>Dried Fish</u></b>    |                   |                   |                   |                   |                   |                   |                   |                   |                   |
| Sprats                      | 1200.00 - 1400.00 | 1300.00 - 1500.00 | 1800.00 - 1800.00 | 1600.00 - 1800.00 | 1600.00 - 1800.00 | 1400.00 - 1600.00 | 1400.00 - 1600.00 | 1600.00 - 1800.00 | 1500.00 - 1600.00 |
| Kattawa                     | 2200.00 - 2200.00 | 2200.00 - 2400.00 | 2200.00 - 2400.00 | 2200.00 - 2200.00 | 2400.00 - 2400.00 | 2200.00 - 2400.00 | 2200.00 - 2200.00 | 2200.00 - 2400.00 | 2200.00 - 2400.00 |
| Thora                       | -                 | -                 | -                 | -                 | -                 | -                 | -                 | -                 | -                 |
| Mora                        | 2000.00 - 2200.00 | -                 | -                 | -                 | 2600.00 - 2600.00 | 2600.00 - 2600.00 | 2600.00 - 2600.00 | 2600.00 - 2600.00 | 2500.00 - 2600.00 |
| Balaya                      | 1200.00 - 1500.00 | -                 | 1800.00 - 1800.00 | 1600.00 - 1800.00 | 1800.00 - 1800.00 | 1600.00 - 1800.00 | 1800.00 - 1800.00 | 1800.00 - 1800.00 | 1800.00 - 1800.00 |
| Anguluwa                    | 1800.00 - 2000.00 | 2200.00 - 2200.00 | 2400.00 - 2400.00 | 2400.00 - 2400.00 | 2200.00 - 2400.00 | 2200.00 - 2400.00 | 2200.00 - 2200.00 | 2200.00 - 2200.00 | -                 |
| Salaya                      | 900.00 - 1000.00  | 1200.00 - 1200.00 | 1200.00 - 1300.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1300.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 |
| <b><u>Meat</u></b>          |                   |                   |                   |                   |                   |                   |                   |                   |                   |
| Beef (without Bones)        | 2600.00 - 2600.00 | 2800.00 - 2800.00 | 2800.00 - 2800.00 | 2700.00 - 2700.00 | 2600.00 - 2600.00 | -                 | 2600.00 - 2600.00 | -                 | -                 |
| Chicken (Broiler)           | 1140.00 - 1140.00 | 1280.00 - 1280.00 | 1300.00 - 1300.00 | 1300.00 - 1320.00 | 1140.00 - 1140.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1190.00 - 1200.00 | 1280.00 - 1280.00 |
| Chicken (Curry)             | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 1200.00 - 1400.00 | 1350.00 - 1350.00 | 1100.00 - 1100.00 | 1100.00 - 1100.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 | 1200.00 - 1200.00 |
| Mutton                      | 3600.00 - 3600.00 | 3500.00 - 3500.00 | 3700.00 - 3700.00 | 3800.00 - 3800.00 | 3600.00 - 3600.00 | 3600.00 - 3600.00 | 3600.00 - 3600.00 | 3800.00 - 3800.00 | 3600.00 - 3600.00 |
| Pork                        | 1500.00 - 1500.00 | 1600.00 - 1600.00 | 1400.00 - 1400.00 | 1500.00 - 1500.00 | -                 | -                 | -                 | -                 | 1400.00 - 1400.00 |

## Annex 05 : Food Composition of Selected Food Commodities

| Commodity                       | Energy<br>(kcal/100g) | Protein<br>(g/100g) | Total fat<br>(g/100g) | Retinol Eq<br>(µ g/100g) | Vit B2<br>(mg/100g) | Vit B6<br>(mg/100g) | Folate<br>(µg/100g) | Vit C<br>(mg/100g) | Calcium<br>(mg/100g) | Magnesium<br>(mg/100g) | Iron<br>(mg/100g) | Zinc<br>(mg/100g) |
|---------------------------------|-----------------------|---------------------|-----------------------|--------------------------|---------------------|---------------------|---------------------|--------------------|----------------------|------------------------|-------------------|-------------------|
| <b>Rice</b>                     |                       |                     |                       |                          |                     |                     |                     |                    |                      |                        |                   |                   |
| Rice - (white Kekulu - normal ) | 361                   | 9.88                | 1.52                  | -                        | 0.03                | 0.09                | 10.67               | -                  | 6.94                 | 26.29                  | 1.22              | 1.5               |
| Rice - (white Kekulu Samba)     | 355                   | 8.81                | 1.53                  | -                        | 0.03                | 0.09                | 8.11                | -                  | 9.82                 | 30.48                  | 0.92              | 1.7               |
| Rice - ( Red Kekulu - normal )  | 366                   | 8.64                | 2.12                  | -                        | 0.05                | 0.1                 | 8.39                | -                  | 4.73                 | 31.7                   | 0.88              | 1.84              |
| Rice -Samba                     | 369                   | 6.86                | 2.45                  | -                        | 0.05                | 0.13                | 12.79               | -                  | 8.71                 | 37.26                  | 1.18              | 1.49              |
| Rice - Nadu White               | 366                   | 7.76                | 1.48                  | -                        | 0.03                | 0.12                | 9.35                | -                  | 4.57                 | 20.1                   | 0.64              | 1.61              |
| <b>Dried chilies</b>            | 233                   | 12.68               | 6.41                  | 437                      | 0.84                | 0.42                | 46.83               | NA                 | 107                  | 231                    | 5.39              | 1.65              |
| <b>Onion</b>                    |                       |                     |                       |                          |                     |                     |                     |                    |                      |                        |                   |                   |
| Big onions                      | 48                    | 1.67                | 0.24                  | 0.16                     | 0.01                | 0.1                 | 32.99               | 7.58               | 14.82                | 16.94                  | 0.45              | 0.25              |
| Red onions                      | 55                    | 2.13                | 0.15                  | 0.18                     | 0.02                | 0.13                | 30.15               | 14.26              | 20.37                | 19.32                  | 0.31              | 0.28              |
| <b>Potatoes</b>                 | 71                    | 1.67                | 0.25                  |                          | 0.01                | 0.09                | 14.31               | 20.5               | 9.83                 | 23.84                  | 0.46              | 0.29              |
| <b>Pulses</b>                   |                       |                     |                       |                          |                     |                     |                     |                    |                      |                        |                   |                   |
| Green gram                      | 290                   | 21.97               | 0.93                  | 19.5                     | 0.28                | 0.33                | 135                 | NA                 | 98.96                | 146                    | 4.15              | 2.86              |
| White cowpea                    | 320                   | 21.25               | 1.14                  | 1.36                     | 0.09                | 0.26                | 249                 | NA                 | 84.1                 | 213                    | 5.04              | 3.57              |
| Red cowpea                      | 320                   | 20.24               | 1.08                  | 0.96                     | 0.11                | 0.27                | 273                 | NA                 | 81.83                | 194                    | 4.95              | 3.4               |
| Red Dhal                        | 319                   | 23.09               | 0.77                  | 1.06                     | 1.6                 | 0.22                | 55                  | NA                 | 41.27                | 66.63                  | 7.45              | 3.34              |
| <b>Vegetables</b>               |                       |                     |                       |                          |                     |                     |                     |                    |                      |                        |                   |                   |
| Beans                           | 46                    | 3.95                | 0.15                  | 6.64                     | 0.1                 | 0.3                 | 45.2                | 7.02               | 35.68                | 45.56                  | 0.7               | 0.59              |
| Carrot                          | 30                    | 0.85                | 0.45                  | 1240                     | 0.03                | 0.1                 | 24.71               | 5.93               | 27.65                | 11.7                   | 0.59              | 0.25              |
| Leeks                           | 30                    | 1.74                | 0.49                  | 18.56                    | 0.02                | 0.19                | 42.63               | 4.65               | 29.28                | 11.77                  | 1.49              | 0.43              |
| Beetroot                        | 31                    | 2.12                | 0.15                  | 1.52                     | 0.01                | 0.09                | 108                 | 4.51               | 20.29                | 34.88                  | 0.77              | 0.29              |
| Knolkhol                        | 16                    | 1.69                | 0.34                  |                          | 0.05                | 0.19                | 12.7                | 77.64              | 40.09                | 19.35                  | 0.23              | 0.18              |
| Radish                          | 29                    | 0.75                | 0.11                  |                          | 0.02                | 0.09                | 18.09               | 12.13              | 35.64                | 13.56                  | 0.38              | 0.16              |
| Cabbage                         | 21                    | 1.35                | 0.14                  | 3.35                     | 0.05                | 0.14                | 52.66               | 29.62              | 56.85                | 18.47                  | 0.33              | 0.16              |

|                              |    |      |      |       |      |      |       |       |       |       |      |      |
|------------------------------|----|------|------|-------|------|------|-------|-------|-------|-------|------|------|
| Tomatoes                     | 20 | 0.88 | 0.56 | 165   | 0.03 | 0.09 | 20.16 | 25.58 | 9.69  | 14.93 | 0.31 | 0.12 |
| Ladies fingers               | 26 | 2.06 | 0.19 | 12.41 | 0.08 | 0.28 | 70.62 | 24.48 | 92.26 | 55.23 | 0.96 | 0.44 |
| Brinjal (Pandora Striped)    | 29 | 1.49 | 0.31 | 23    | 0.12 | 0.09 | 30.99 | 1.49  | 18.95 | 18    | 0.32 | 0.19 |
| Brinjal (Chinese eggplant)   | 24 | 1.28 | 0.33 | 16.83 | 0.12 | 0.11 | 32.94 | 3.37  | 14.4  | 21.18 | 0.28 | 0.16 |
| Capsicum                     | 23 | 1.22 | 0.34 | 38.96 | 0.03 | 0.29 | 28.65 | 49.63 | 12.65 | 11.21 | 0.21 | 0.31 |
| Pumpkin (Common)             | 31 | 0.86 | 0.3  | 30.41 | 0.02 | 0.09 | 17.72 | 8.73  | 18.75 | 9.93  | 0.49 | 0.25 |
| Cucumber                     | 19 | 0.98 | 0.24 | 0.58  | 0.01 | 0.08 | 19.66 | 4.08  | 22.1  | 18.22 | 0.67 | 0.21 |
| Bitter gourd                 | 19 | 1.47 | 0.23 | 55.08 | 0.05 | 0.06 | 53.1  | 46.89 | 25.19 | 35.81 | 1.75 | 0.26 |
| Snake gourd (Dark green)     | 11 | 0.82 | 0.25 | 10.41 | 0.03 | 0.12 | 18.09 | 3.54  | 26.83 | 25.84 | 0.41 | 0.11 |
| Snake gourd (Pale green)     | 11 | 0.89 | 0.25 | 5.14  | 0.03 | 0.07 | 16.52 | 2.85  | 27.11 | 21.77 | 0.47 | 0.2  |
| Drumstick                    | 30 | 2.48 | 0.12 | 3.13  | 0.06 | 0.12 | 60.48 | 92.33 | 22.27 | 28.51 | 0.5  | 0.26 |
| Watakolu                     | 12 | 0.86 | 0.15 | 59.33 | 0.01 | 0.07 | 25.48 | 6.41  | 14.67 | 14.01 | 4.42 | 0.45 |
| Long beans                   | 24 | 3.36 | 0.3  | -     | 0.06 | 0.11 | 99.98 | 8.93  | 44.22 | 33.17 | 1.01 | 0.08 |
| Ash Plantain                 | 76 | 2.84 | 0.56 | 0.06  | 0.02 | 0.07 | 6.82  | 4.49  | 5.19  | 22.55 | 0.39 | 0.21 |
| Green chillies               | 39 | 2.28 | 0.76 | 38.16 | 0.08 | 0.25 | 21.29 | 98.61 | 20.25 | 36.91 | 1.25 | 0.29 |
| Limes                        | 26 | 0.66 | 0.26 | 0.36  | 0.01 | 0.05 | 12.1  | 38.05 | 26    | 15.25 | 0.12 | 0.05 |
| Kekiri                       | 17 | 1.01 | 0.25 | 0.76  | 0.01 | 0.07 | 17.34 | 8.07  | 25.72 | 26.2  | 0.63 | 0.22 |
| Ash pumpkin (Ash guord)      | 18 | 0.8  | 0.15 |       | 0.01 | 0.15 | 14.17 | 9.14  | 19.27 | 23.62 | 0.48 | 0.13 |
| Cho-Cho                      | 19 | 0.58 | 0.12 | 0.3   | 0.04 | 0.07 | 63.81 | 23.76 | 20.55 | 13.02 | 0.49 | 0.12 |
| Thalana batu (Little prince) | 21 | 1.28 | 0.39 | 24.33 | 0.12 | 0.09 | 38.63 | 2.4   | 12.38 | 19.62 | 0.31 | 0.22 |
| Thalana batu (Thai eggplant) | 21 | 1.45 | 0.26 | 18.33 | 0.11 | 0.09 | 31.18 | 2.71  | 17.24 | 37.22 | 0.37 | 0.24 |
| Thibbatu                     | 61 | 1.66 | 1.96 | 15.89 | 0.03 | 1.02 | 72.39 | 10.8  | 105   | 57.46 | 1.06 | 0.59 |
| Kohila yams                  | 27 | 0.64 | 0.16 | 1.72  | 0.01 | 0.14 | 4.64  | 1.67  | 52.33 | 33.95 | 0.61 | 1.62 |
| Kehel muwa                   | 19 | 1.36 | 0.63 | 4.27  | 0.02 | 0.12 | 40.51 | 8.16  | 35.09 | 31.43 | 0.38 | 0.39 |
| Ambaralla                    | 37 | 0.73 | 0.44 | 3.36  | 0.01 | 0.1  | 44.49 | 35.51 | 20.7  | 9.28  | 0.7  | 0.12 |
| Mango                        | 50 | 0.75 | 0.09 | 14.5  | 0.02 | 0.14 | 34.89 | 91.63 | 28.56 | 17.74 | 0.5  | 0.09 |
| Mushroom                     | 27 | 2.54 | 0.42 | -     | 0.15 | 0.13 | 7.81  | 11.56 | 0.9   | 14.42 | 1.32 | 0.79 |
| Dambala                      | 21 | 1.84 | 0.2  | 38.74 | 0.08 | 0.4  | 33.69 | 19.82 | 68.24 | 31.38 | 1.2  | 0.44 |

|                      |            |             |              |          |             |             |              |          |  |  |  |  |
|----------------------|------------|-------------|--------------|----------|-------------|-------------|--------------|----------|--|--|--|--|
| <b>Coconuts nuts</b> | <b>390</b> | <b>3.67</b> | <b>39.92</b> | <b>-</b> | <b>0.05</b> | <b>0.11</b> | <b>14.86</b> | <b>-</b> |  |  |  |  |
|----------------------|------------|-------------|--------------|----------|-------------|-------------|--------------|----------|--|--|--|--|

| <b>Root Crop</b>        |     |       |      |       |      |      |       |       |       |       |       |       |
|-------------------------|-----|-------|------|-------|------|------|-------|-------|-------|-------|-------|-------|
| Sweet potato            | 108 | 1.27  | 0.33 | NA    | 0.04 | 0.09 | 14.44 | 22.2  | 28.93 | 21.05 | 0.51  | 0.14  |
| Manioc                  | 78  | 0.92  | 0.19 | NA    | 0.07 | 0.2  | 0.1   | 1.95  | 25.31 | 19.08 | 19.78 | 23.73 |
| Nelum ala/Lotus root    | 79  | 1.94  | 0.93 | NA    | 0.05 | 0.19 | 26.49 | 26.63 | 37.71 | 26.58 | 3.34  | 0.35  |
| Kiriala                 | 87  | 3.96  | 0.15 | 1.19  | 0.03 | 0.16 | 20.17 | 2.71  | 30.79 | 41.52 | 0.6   | 0.42  |
| Iniala                  | 103 | 3.2   | 0.3  | 33.14 | 0.01 | 0.22 | 22.19 | 13.03 | 40.99 | 28.98 | 1.31  | 0.29  |
| <b>Leafy Vegetables</b> |     |       |      |       |      |      |       |       |       |       |       |       |
| Mukunuwanna             | 28  | 3.15  | 0.55 | 92.25 | 0.09 | 0.27 | 96.14 | 3.24  | 135   | 45.38 | 1.7   | 1.03  |
| Gotukola                | 15  | 0.64  | 0.47 | 226   | 0.07 | 0.23 | 70.11 | 6.74  | 96.31 | 41.42 | 1.25  | 0.66  |
| Kankun                  | 15  | 0.47  | 0.37 | 1614  | 0.08 | 0.4  | 33.69 | 19.82 | 49.21 | 18.35 | 1.32  | 0.44  |
| Kathurumurunga          | 70  | 8.01  | 1.35 | 2097  | 0.33 | 0.22 | 120   | 121   | 901   | 96.64 | 4.36  | 0.53  |
| Nivithi                 | 22  | 2.2   | 0.47 | 959   | 0.06 | 0.11 | 74.05 | 10.26 | 163   | 61.37 | 1.49  | 0.67  |
| Thampala                | 32  | 3.55  | 0.72 | 1474  | 0.21 | 0.22 | 74.27 | 82    | 258   | 209   | 3.5   | 1.4   |
| Sarana                  | 20  | 2.42  | 0.21 | 1149  | 0.03 | 0.13 | 58.54 | 9.89  | 59.57 | 42.93 | 0.13  | 0.75  |
| Kohila leaves           | 33  | 4.1   | 0.83 | 300   | 0.02 | 0.17 | 56.76 | 5.56  | 19.5  | 20.32 | 0.25  | 0.3   |
| Onion leaves            | 27  | 2.01  | 0.26 | NA    | 0.04 | 0.18 | 56.8  | 23.38 | 35.21 | 74.95 | 3.15  | 0.77  |
| Cabbage leaves          | 30  | 3.63  | 0.27 | 8.66  | 0.05 | 0.24 | 63.46 | 40.76 | 170   | 18.47 | 2.67  | 0.35  |
| Salad leaves            | 19  | 1.05  | 0.24 | NA    | 0.1  | 0.06 | 37.48 | 11.64 | 58.23 | 36.89 | 2.07  | 0.27  |
| Cauliflower             | 23  | 2.09  | 0.48 | 0.14  | 0.06 | 0.11 | 46.67 | 50.17 | 22.44 | 18.52 | 0.76  | 0.27  |
| Jackfruit pods          | 25  | 2.14  | 0.34 | NA    | 0.03 | 0.04 | 30.7  | 24.77 | 37.32 | 26.08 | 0.3   | 0.17  |
| Jackfruit seeds         | 77  | 5.66  | 0.44 | NA    | 0.02 | 0.08 | 58.91 | 15.24 | 40.87 | 50.14 | 0.52  | 0.42  |
| <b>Meat</b>             |     |       |      |       |      |      |       |       |       |       |       |       |
| Chicken                 | 176 | 23.14 | 9.24 | 6.88  | 0.07 | 0.49 | 10.09 | -     | 15.06 | 20.18 | 0.75  | 0.64  |
| Beef                    | 160 | 23.3  | 7.45 | 2.15  | 0.08 | 0.32 | 1.93  | -     | 4.8   | 28.54 | 2.41  | 3.31  |
| Mutton                  | 138 | 20.37 | 6.23 | 2.7   | 0.13 | 0.28 | 1.73  | -     | 7.58  | 19.5  | 1.62  | 5.05  |
| Pork                    | 161 | 18.83 | 9.5  | 1.9   | 0.09 | 0.28 | 8.15  | -     | 6.58  | 8.9   | 0.79  | 0.8   |
| <b>Fish</b>             |     |       |      |       |      |      |       |       |       |       |       |       |
| Balaya                  | 96  | 21.28 | 1.12 | 21.01 | 0.15 | 0.12 | 7.89  |       | 6.45  | 26.02 | 0.68  | 0.46  |
| Seer                    | 136 | 22.28 | 5.18 | 81.9  | 0.07 | 0.16 | 15.45 |       | 9.85  | 36.73 | 0.41  | 0.74  |

|                            |     |       |      |       |      |      |       |       |       |      |      |
|----------------------------|-----|-------|------|-------|------|------|-------|-------|-------|------|------|
| Shark                      | 95  | 21.6  | 0.83 | 1.11  | 0.04 | 0.11 | 8.57  | 8.44  | 32.58 | 0.41 | 0.74 |
| Paraw                      | 87  | 20.02 | 0.7  | 1.49  | 0.02 | 0.16 | 6.77  | 8.17  | 31.68 | 0.67 | 0.41 |
| Thalapath                  | 91  | 16.04 | 2.88 | 12.03 | 0.1  | 0.13 | 78.22 | 7.64  | 24.89 | 0.71 | 0.67 |
| Kelawalla                  | 109 | 21.47 | 2.55 | 15.95 | 0.17 | 0.73 | 77.39 | 13.35 | 33.82 | 0.68 | 0.64 |
| Haedaella                  | 87  | 19.88 | 0.78 | 12.18 | 0.04 | 0.06 | 11.7  | 36.6  | 53    | 0.54 | 0.65 |
| Hurulla                    | 88  | 17.08 | 2.18 | 10.02 | 0.14 | 1.66 | 61.66 | 103   | 35.45 | 1.24 | 1.05 |
| Karalla / Katuwalla        | 97  | 21.8  | 1.06 | 1.25  | 0.02 | 0.1  | 14.38 | 37.06 | 39.05 | 0.24 | 0.42 |
| Kumbala / Angila           | 101 | 21.51 | 1.53 | 16.34 | 0.1  | 0.1  | 7.13  | 31.27 | 37.46 | 1.46 | 0.67 |
| Salaya / Sudaya            | 100 | 19.5  | 2.39 | 15.41 | 0.18 | 1.39 | 60.87 | 435   | 42.83 | 1.4  | 2.3  |
| Theppli / Telapiya /Korali | 83  | 18.48 | 1.08 | 17.14 | 0.18 | 0.18 | 8.29  | 99.39 | 24.96 | 2.84 | 0.88 |
| Prawns                     | 65  | 14.85 | 0.56 | 1.24  | 0.03 | 0.1  | 15.37 | 37.81 | 30.5  | 0.73 | 1.1  |
| Crabs                      | 45  | 10    | 0.55 | 8.33  | 0.14 | 0.18 | 13.83 | 37.81 | 45.93 | 0.73 | 1.1  |
| Cuttle fish                | 76  | 16.82 | 0.93 | 1.93  | 0.02 | 0.04 | 6.22  | 8.73  | 35.46 | 0.62 | 1.3  |
| Linna                      | 112 | 20.3  | 3.37 | 15.78 | 0.23 | 0.68 | 59.78 |       |       |      |      |
| Coppara                    | 97  | 22.89 | 0.56 | 21.51 | 0.04 | 0.12 | 8.08  | 7.2   | 30.08 | 1.2  | 0.58 |
| Ray (Maduwa)               | 97  | 23.98 | 0.68 | 7.55  | 0.02 | 0.21 | 25.59 | 9.16  | 24.61 | 0.74 | 0.44 |

#### Dried Fish

|                      |     |       |       |       |      |      |      |       |       |      |      |
|----------------------|-----|-------|-------|-------|------|------|------|-------|-------|------|------|
| Dried sprats         | 259 | 51.16 | 5.92  | 12.83 | 0.25 | 0.62 | 438  | 1178  | 162   | 3.06 | 4.2  |
| Dried keeramin       | 311 | 49.6  | 12.42 | 12.92 | 0.13 | 2.41 | 144  | 555   | 166   | 2.58 | 3.19 |
| Dried thalapath      | 289 | 54.68 | 8.04  | 9.38  | 0.04 | 0.43 | 97.8 | 62.75 | 110   | 1.96 | 1.45 |
| Dried katta          | 275 | 50.04 | 8.31  | 2.48  | 0.03 | 0.35 | 80.4 | 86.55 | 92.17 | 1.47 | 1.16 |
| Dried balaya         | 282 | 63.79 | 3.37  | 14.32 | 0.12 | 1.98 | 213  | 83.48 | 83.45 | 3.6  | 1.44 |
| Dried shark / keelan | 267 | 55.03 | 5.25  | 10.31 | 0.04 | 0.32 | 187  | 42.24 | 92.94 | 1.48 | 0.66 |

#### Eggs

|                    |     |       |       |     |      |      |       |       |       |      |      |
|--------------------|-----|-------|-------|-----|------|------|-------|-------|-------|------|------|
| Hen eggs (Country) | 170 | 13.14 | 13    | 208 | 0.08 | 0.18 | 54.6  | 50.14 | 11.04 | 1.64 | 1.12 |
| Hen eggs (Table)   | 135 | 13.55 | 9.03  | 200 | 0.19 | 0.19 | 49.46 | 63.3  | 12    | 2.39 | 1.73 |
| Quail eggs         | 153 | 12.39 | 11.46 | 153 | 0.11 | 0.17 | 54.86 | 60.67 | 11.21 | 2.55 | 1.51 |

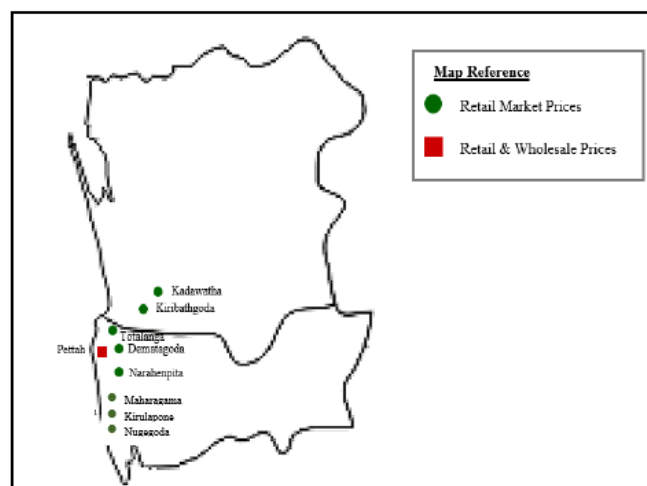
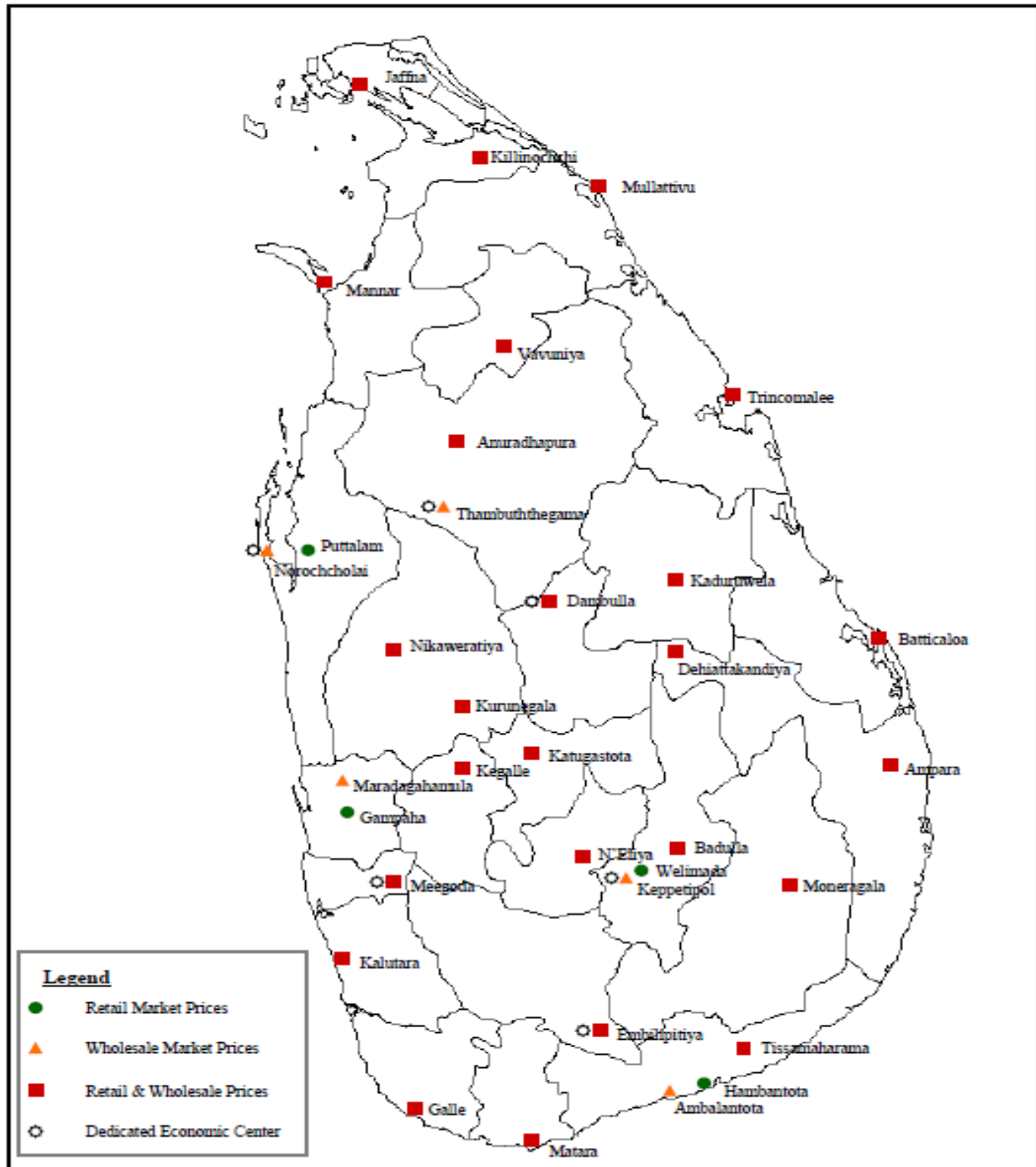
#### Fruits

|              |     |      |      |      |      |      |       |       |      |       |      |      |
|--------------|-----|------|------|------|------|------|-------|-------|------|-------|------|------|
| Banana Embul | 109 | 1.11 | 1.09 | 9.68 | 0.05 | 0.64 | 32.98 | 13.61 | 9.39 | 25.67 | 0.51 | 0.23 |
| Anamaalu     | 102 | 1.04 | 0.72 | 16.4 | 0.04 | 0.65 | 21.07 | 3.66  | 8.06 | 27.02 | 0.51 | 0.23 |

|                          |     |      |       |       |      |      |       |       |       |       |      |      |
|--------------------------|-----|------|-------|-------|------|------|-------|-------|-------|-------|------|------|
| Koli kuttu               | 107 | 1.38 | 0.34  | 8.8   | 0.03 | 0.47 | 18.12 | 7.71  | 8.56  | 38    | 0.32 | 0.14 |
| Pineapple                | 37  | 0.41 | 0.17  | 5.76  | 0.04 | 0.12 | 17.86 | 39.36 | 10.37 | 10.71 | 0.3  | 0.09 |
| Papaya                   | 26  | 0.42 | 0.16  | 171   | 0.11 | 0.04 | 54.85 | 48.62 | 16.77 | 8.9   | 0.23 | 0.08 |
| Mangoes (Karthakolomban) | 79  | 0.8  | 0.92  | 259   | 0.01 | 0.1  | 35.52 | 17.74 | 3.12  | 6.72  | 0.1  | 0.08 |
| Mangoes (Vilad)          | 44  | 0.76 | 0.58  | 146   | 0.05 | 0.26 | 67.6  | 29.97 | 16.93 | 14.79 | 0.65 | 0.19 |
| Apple                    | 62  | 0.29 | 0.64  | 0.36  | 0.02 | 0.08 | 3.43  | 2.9   | 3.12  | 6.72  | 0.1  | 0.08 |
| Avacado                  | 144 | 2.95 | 13.86 | 2     | 0.08 | 0.18 | 67.17 | 9.36  | 28.48 | 48.14 | 0.81 | 0.75 |
| Wood apple               | 78  | 3.09 | 3.62  | 0.46  | 0.01 | 0.14 | 6.07  | 13.58 | 59.15 | 25.16 | 0.45 | 0.32 |
| Orange                   | 46  | 1.07 | 0.37  | 23.44 | 0.01 | 0.28 | 14.46 | 20.19 | 31.18 | 20.36 | 0.81 | 0.35 |
| Guava                    | 39  | 1.53 | 0.38  | 19.67 | 0.01 | 0.11 | 25.24 | 30.88 | 6.59  | 12.02 | 0.53 | 0.33 |
| Grapes                   | 49  | 0.95 | 10.69 | 3.22  | 0.04 | 0.1  | 7.07  | 20.51 | 7.27  | 6.86  | 0.28 | 0.07 |
| Melon                    | 19  | 0.65 | 0.16  | 130   | 0.02 | 0.11 | 6     | 8.24  | 4.05  | 9.76  | 0.15 | 0.1  |

***Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.***

# Price Collecting Areas





**HARTI**



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**දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්**  
හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවිරමේ ආයතනය අනුග්‍රහයෙන්

**මොබිටෙල් ජංගම මිල දර්ශනය**  
ජාතික ජංගම දුරකථන ජාලයෙන්

**6666 අමතන්න.**  
මොබිටෙල් අද මිල - අඟ පහ  
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චළච්චි තොග මිල දැක්වේ.  
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