

RETAIL MARKET AT A GLANCE

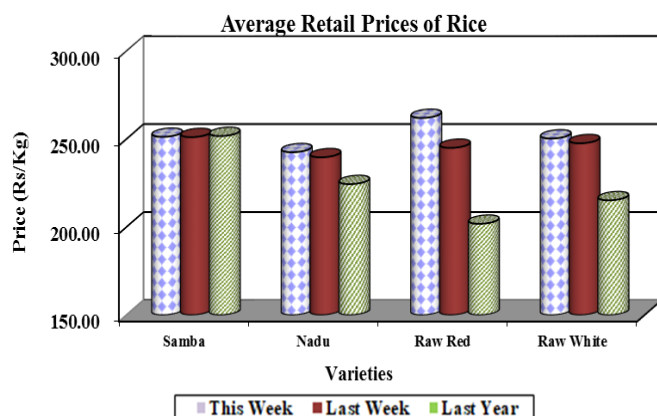
Summary

Rice

Retail prices of all the domestic rice varieties have increased with the highest price increase observed for raw red by Rs.17.00/kg. As well retail prices of imported rice varieties samba, nadu and raw white have increased by Rs.2.00-9.00/kg.

The average farm gate prices of all the paddy varieties in most of the producing areas have increased due to last end of the harvesting of 24/25 Maha season. The highest price increase noted keeri samba paddy.

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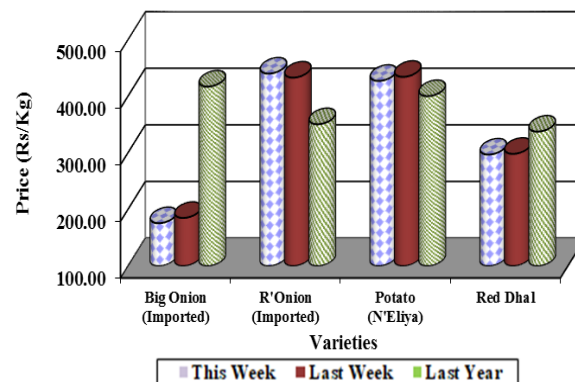


Other Field Crops

Retail prices of imported red onion has increased by Rs.7.00/kg while price of imported big onion has decreased by Rs.9.00/kg. Retail prices of Nuwara Eliya potato has decreased by Rs.7.00/kg while price of imported potato has increased by Rs.2.00/kg. Retail prices of green gram and cowpea have increased while the price of red dhal has decreased by Rs.1.00/kg.

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Average Retail Prices of Other Field Crops

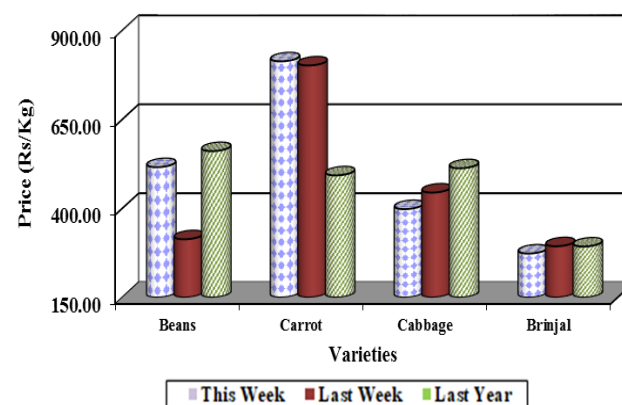


Vegetables

Retail prices of most of the up country and low country vegetable have increased during this week. Among up country varieties, the highest price increase was observed for beans of Rs.203.00/kg, while in low country varieties, bitter gourd recorded the highest increase of Rs.28.00/kg.

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Average Retail Prices of Vegetables



Coconut

The retail prices of both large and small coconuts have decreased by Rs.11.00/nut and Rs.10.00/nut respectively. Price ranged Rs.200.00-230.00 for a large nut and Rs.180.00-195.00 for a small nut.

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Rice

Wholesale

Prices of all rice varieties have not changed significantly and prices ranged Rs.260.00-275.00/kg and for keeri samba Rs.215.00-220.00/kg for raw red.

Imported rice varieties were also available at the market, with the following average prices

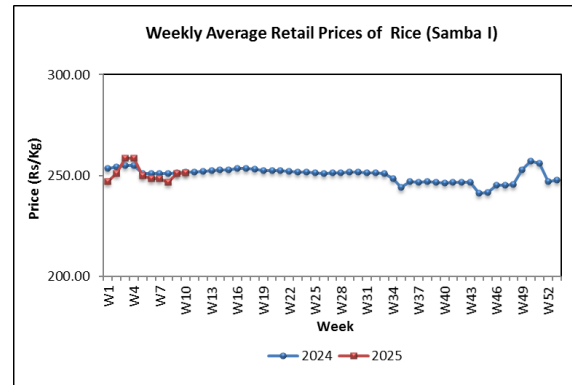
- Imported ponni samba - Rs.227.00/kg.
- Imported nadu - Rs.218.00/kg.
- Imported raw white - Rs.208.00/kg.

Compared to same period of last year, prices of most of the rice varieties have increased with the highest price of 26% for raw red.

Retail

Prices of all rice varieties have increased. The highest price increase of Rs.17.00/kg was recorded for local raw red followed by keeri samba (Rs.13.00/kg). Prices ranged Rs.240.00-260.00/kg for samba and Rs.270.00-320.00/kg for keeri samba. Average price of Rs.242.50/kg recorded for nadu and Rs.262.00/kg for raw red and Rs.250.00/kg for raw white.

Compared to the same period of last year, the highest price decreased of 21% was recorded for keeri samba and the highest price increase of 30% was recorded for local raw red.



Paddy

With the last end of paddy harvesting of 24/25 Maha season, the average farm gate prices of all the paddy varieties in most of the producing areas have increased. The highest price increase was reported for keeri samba paddy. Accordingly, the average paddy price of keeri samba has increased by Rs.8.00-9.00/kg in Anuradhapura, Polonnaruwa and Kalawewa areas while prices have decreased by Rs.9.00 in Kurunegala and Rs.10.00/kg in Dehiattakandiya areas. The average price of long grain white paddy have also increased by Rs.1.00-3.00/kg in major producing areas and price ranged Rs.117.00-130.00/kg. Further, price of long grain red has increased by Rs.1.00-4.00/kg in major producing areas of Southern province and prices ranged Rs.120.00-140.00/kg.

Compared to the same period of last year, the average farm gate prices of all paddy varieties except keeri samba have

increased with the highest price increased was reported for long grain red paddy.

Dried Chilies

Wholesale

The price of imported dried chilies has increased by 5% due to availability of high-quality stocks and price ranged Rs.580.00-650.00/kg,

Compared to same period of last year, current whole sale price of imported dried chilies has decreased by 27%.

Retail

In line with increased wholesale price, the retail price of imported dried chilli has increased by Rs.1.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has decreased by 21%.

Onion

Wholesale

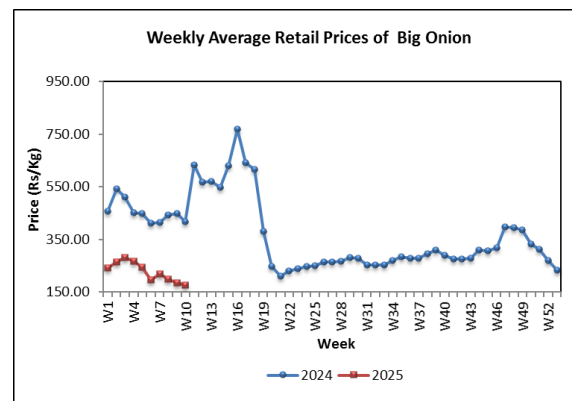
Prices of sinnan and imported red onion and have increased by 5% and 33% due to unavailability of sufficient stocks. Stocks of vedalan onion was also available at the market with the price ranged of Rs.280.00-290.00/kg. Price of imported big onion has decreased by 6% due to availability of

sufficient stocks and price ranged Rs.70.00-140.00/kg respectively.

Compared to same period of last year, current whole sale price of vedalan and imported red onion have increased by 27% and 32% while price of imported big onion has decreased by 69%.

Retail

Local red onion stocks were not available in most of the retail markets. Price of imported red onion has increased by Rs.7.00/kg and price ranged Rs.350.00-600.00/kg. Price of imported big onion has decreased by Rs.9.00/kg and price ranged Rs.150.00 -200.00/kg.



Compared to the same period of last year, current retail price of imported red onion has increased by 26% while price of imported big onion has decreased by 58%.

Potato

Wholesale

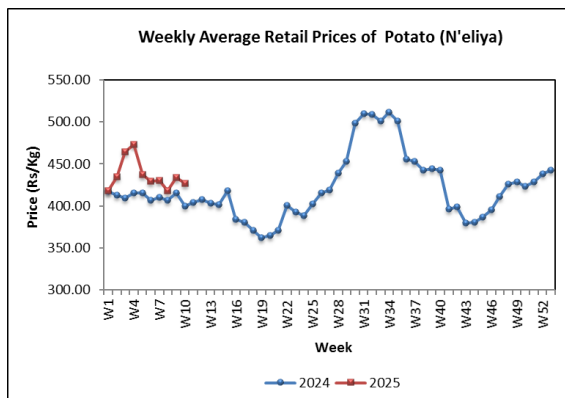
Price of Nuwara Eliya potato has decreased by 22% due to availability of sufficient stocks

and price ranged Rs.280.00-300.00/kg. While, price of imported potato has increased by 8% and price ranged Rs.150.00-210.00/kg. Welimada potato stock was also available at the market and price ranged Rs.250.00-330.00/kg.

Compared to same period of last year, current whole sale price of Nuwara Eliya potato has decreased by 10% and price of imported potato has increased by 9% respectively.

Retail

Price of Nuwara Eliya potato has decreased by Rs.7.00/kg and the price of imported potato has increased by Rs.2.00/kg.



Compared to the same period of last year, the current retail prices of both local and imported potatoes have increased by 7% and 14% respectively.

Pulses

Wholesale

Price of Green gram has increased by 9% due to availability of high-quality stocks from Australia and price ranged Rs.600.00-720.00/kg. price of white cowpea has increased by 2% and price ranged Rs.650.00-700.00/kg. Price of red cowpea has decreased by 6% due to availability of low-quality stocks, and price ranged Rs.420.00-600.00/kg. Price of red dhal has not changed significantly and average price was Rs.260.00/kg.

Compared to same period of last year, current wholesale prices of all pulses varieties have decreased with the highest price decreased of 41% recorded for green gram.

Retail

Prices of all types of pulses except for red dhal have increased. Among those, the highest price decreased of Rs.43.00/kg was recorded for red cowpea. The retail price of red dhal has decreased by Rs.1.00/kg.

Compared to the same period of last year, current retail prices of all types of pulses have decreased.

Vegetable

Wholesale

Prices of most of the vegetables have increased due to decrease supply from major producing areas.

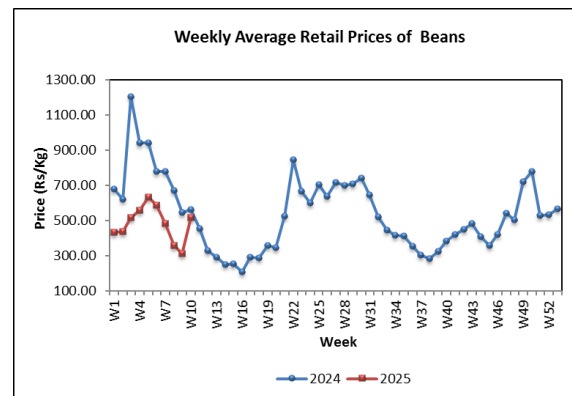
Prices of most of the upcountry vegetable have increased. The highest price increase noted for beans as 98% with decreased supply from major producing areas with tail end of the harvesting season. Prices of carrot, and radish have increased by 14% and 27% respectively. However, price of beetroot and leeks have decreased by 52% and 16% respectively. Further, price of tomato has increased by 8% and price of capsicum has decreased by 11% with availability of Jaffna stocks.

Considering low-country vegetables, most of the vegetable varieties experienced price increase. Particularly, price of long beans has increased by 91%. Prices of snake gourd, luffa, ladies fingers and bitter gourd have increased in the range of 13%-73% with decreased supply. However, prices of brinjal and pumpkin have decreased by 11% and 3% respectively. In addition, price of green chilies has decreased by 37% while price of lime has increased 15%.

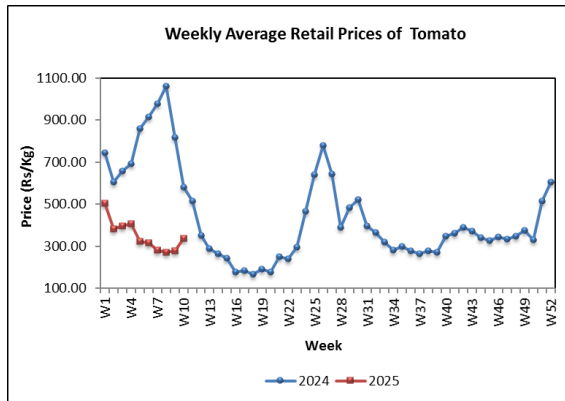
Compared to the previous year, most vegetable prices have increased, with carrot reported the highest as 185%.

Retail

Retail prices of most of the vegetable varieties have increased in line with the upward wholesale price trend. In up-country vegetables, the highest price increase was reported for beans as Rs.203.00/kg, followed by carrot at Rs.12.00/kg. However, the beetroot price has decreased by Rs.66.00/kg.



Price of tomato has increased by Rs.60.00/kg. Considering the low-country vegetable varieties, the highest price increase noted for bitter gourd as Rs.28.00/kg. Price of capsicum has decreased significantly by Rs.183.00/kg. Further, price of green chilies has decreased by Rs.220.00/kg.



Compared to the same period last year, prices of most of the varieties have decreased with a highest price drop was reported for tomatoes (42 %).

Coconut

Wholesale

Prices of both large and small nuts have decreased by 2% and 3% respectively. Prices ranged Rs.190.00-200.00 for a large nut and Rs.160.00-170.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 101% and 107% respectively.

Retail

Prices of both large and small nuts showed a price drop of Rs.11.00/nut and Rs.10.00/nut, respectively. Price ranged Rs.200.00-230.00 for a large nut and Rs.180.00-195.00 for a small nut.

Compared to the same period last year, prices of large nuts (86%) and small nuts (89%) have increased.

Fruits

Wholesale

Price of most of the fruit varieties have decreased.

Prices of villad and karthakolomban have decreased by 36% and 20% respectively due to its low quality. A price decrease of 18% was reported for passion fruit and 15% for avocado. Banana prices also decreased by 2% - 9% due to high supplies.

Compared to the same period of last year, prices of most of the fruit varieties have decreased with the highest price decrease noted for pineapple.

Retail

In line with the decreased wholesale prices, retail prices of most of the fruit varieties have decreased. The highest price decreased of Rs. 82.00/kg was reported for imported grapes. Prices of all sizes of pineapple have decreased in the range of Rs.22.00-Rs. 34.00/kg. Price of banana varieties ambul, kolikuttu and seeni have decreased in the range of Rs.18.00-25.00/kg. Further, price of passion fruit, wood apple and papaw have decreased

by Rs.30.00/fruit Rs.19.00/fruit and Rs.16.00/kg respectively.

However, prices of karthakolomban mango and wood apple have increased by Rs.6.00/fruit and Rs.19.00/fruit respectively.

Compared to the same period of last year, current prices of most of the fruits have decreased and the highest price decrease of 26% was reported for kolikuttu banana.

Fresh Fish

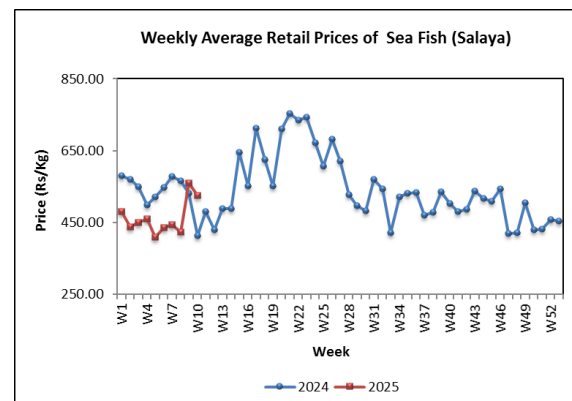
Wholesale

Prices of most of the fresh fish types have decreased due to increased supply. The highest price decrease of 11% was noted for paraw due to high supply from Northern areas. A price decrease of 8% was noted for hurulla due to high supply from Mannar and Kalpitiya areas. However, a price increase of 18% was noted for balaya due to low supply from Galle, Mirissa and Beruwala areas. Prices of other fresh fish varieties have not changed significantly.

Compared to the same period of last year, the current wholesale prices of most of the fresh fish types have increased with the highest price increase of 40% was noted for salaya.

Retail

Prices of most of the fish varieties have decreased and the highest price decrease was recorded for thora by Rs.157.00/kg. The second highest price decrease was recorded for paraw by Rs.144.00/kg. Meanwhile, the highest price increase was recorded for Shrimps by Rs.166.00/kg. Price increase of balaya and thalapath have recorded as Rs.163.00/kg and Rs.102.00/kg respectively.



Compared to the same period of last year, the highest price decrease was recorded for balaya by 22%. The highest price increase was recorded for salaya by 27%.

Dried Fish

Wholesale

Prices of most of the dried fish types have increased due to decrease of local dried fish supply. The highest price increase of 10% was noted for local balaya due to low

supply from Negombo and Beruwala areas.

A price increase of 9% was noted for imported kattawa due to low supply from Oman and Indonesia. However, a price decrease of 9% was noted for local sprats due to high supply from Mullativu, Jaffna and Puttalam areas. Prices of other dried fish varieties have not changed significantly.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have decreased and the highest price decrease of 32% was noted for local sprats.

Retail

Prices of most of the dry fish varieties have increased and the highest price increase was recorded for kattawa by Rs.44.00/kg. The second highest price increase was recorded for maduwa by Rs.22.00/kg. Meanwhile, prices of Price decrease of local sprats and anguluwa have decreased by Rs.138.00/kg and Rs.53.00/kg respectively.

Compared to the same period of last year, the highest price decrease was recorded for local sprats by 27% while the highest price increase was recorded for salaya by 20%.

Eggs

Wholesale

Prices of both brown and white eggs have increased by 6% and 8% respectively. Prices ranged Rs. 30.00-34.00/egg for brown egg and Rs.28.00-31.00/egg for white egg.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 43% and 45% respectively.

Retail

Prices of both brown and white eggs have increased by Rs.1.00/egg and the price ranged Rs.29.00-Rs.34.00 for white egg and Rs.31.00-Rs.35.00 for brown egg. The average price of the white and brown egg has recorded as Rs.31.00 and Rs.33.00 respectively.

Compared to the same period of last year, prices of both egg varieties have decreased in the range of 43%- 45%.

Meat

Retail

Prices of all the meat varieties except mutton have increased and the highest price increase was recorded for Pork by Rs.67.00/kg. Price increase of beef and broiler chicken have recorded as

Rs.59.00/kg and Rs.49.00/kg respectively.

Price of mutton has decreased by Rs.7.00/kg.

Compared to the same period of last year, the highest price increase was recorded for beef by 15% while the highest price decrease was recorded for curry chicken by 11%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**Week 10: 07 - 13 Mar 2025**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	11750 –	12000	11500 –	11650	13000 –	13750	11250 –	11500	11000 –	11100	10750 –	11000	11000 –	11250
	Divulapitiya	11850 –	12000	11700 –	11750	13600 –	13700	11300 –	11400	10900 –	11200	10900 –	10900	10600 –	10850
	Kurunegala	11900 –	11950	–		13000 –	13000	11300 –	11400	–		–		10900 –	10900
	Nikaweratiya	11800 –	11900	–		12850 –	12900	11350 –	11400	–		–		10750 –	10900
	Badulla	11750 –	12000	–		13400 –	13500	11250 –	11300	–		10800 –	10850	10800 –	10900
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	11750 –	11800	–		–		11250 –	11300	11000 –	11200	–		10750 –	10850
	Anuradhapura	11800 –	12000	–		12900 –	13250	11350 –	11400	–		10800 –	10900	10600 –	10850
	Tambuttegama	11750 –	11900	–		12900 –	13000	11350 –	11400	–		10750 –	10900	10750 –	10900
	Polonnaruwa	11900 –	11900	–		13300 –	13350	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
	Kalutara	11900 –	12000	–		12900 –	13000	11400 –	11500	–		–		10950 –	11000
	Ampara	12000 –	12000	–		13000 –	13000	11500 –	11500	–		11000 –	11000	10750 –	11000
	Kandy	12000 –	12250	11500 –	11700	13500 –	13750	11400 –	11500	11000 –	11250	10900 –	11000	10850 –	11000
	Moneragala	11750 –	11750	11500 –	11500	13000 –	13250	11250 –	11350	–		10500 –	10500	10500 –	10500
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	–		–		–		11400 –	11400	–		10850 –	10850	10850 –	10850
	Hambantota	–		11500 –	11500	–		11250 –	11250	–		10500 –	10750	10500 –	10750
	Matara	–		–		13000 –	13000	–		–		10600 –	10750	10600 –	10750
	Galle	11900 –	11900	–		13000 –	13000	11350 –	11500	–		10500 –	10850	10800 –	10800
	Meegoda	11850 –	12000	–		13000 –	13200	–		11000 –	11200	10750 –	10850	10600 –	10750
	Tissamaharama	11750 –	11900	–		12900 –	13000	11300 –	11400	–		10600 –	10850	10850 –	10900
	Embilipitiya	11750 –	11800	–		12950 –	13000	11250 –	11350	–		10600 –	10800	10750 –	10800
	Jaffna	12250 –	12300	–		12900 –	13250	11400 –	11500	–		–		11000 –	11250
	Vavuniya	11750 –	11900	–		13400 –	13600	11500 –	11600	–		11000 –	11250	11000 –	11250
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	11750 –	12000	–		13500 –	13800	11300 –	11450	–		11000 –	11200	11000 –	11200
Mullattivu	12100 –	12250	–		13800 –	13900	11400 –	11500	–		11500 –	11800	11500 –	11750	
Batticaloa	11750 –	11900	–		12900 –	12900	11250 –	11400	–		10900 –	11000	10900 –	11000	
Trincomalee	11800 –	12000	–		–		11500 –	11600	–		11600 –	11800	11700 –	11750	
Galenbindunuwew	11850 –	11900	–		12850 –	13000	11350 –	11450	–		10850 –	10900	10850 –	10950	
Matale	–		–		13250 –	13500	11300 –	11400	11150 –	11200	10750 –	10900	10750 –	11000	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 10: 07 - 13 Mar 2025

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	240.00 –	260.00	–		270.00 –	320.00	230.00 –	250.00	–		250.00 –	270.00	240.00 –	260.00
	Gampaha	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		–		220.00 –	220.00
	Kurunegala	240.00 –	240.00	–		260.00 –	262.00	230.00 –	230.00	–		–		220.00 –	220.00
	Nikaweratiya	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		–		220.00 –	225.00
	Dambulla	250.00 –	255.00	240.00 –	245.00	270.00 –	290.00	230.00 –	230.00	225.00 –	228.00	225.00 –	230.00	220.00 –	220.00
	Anuradhapura	240.00 –	245.00	–		260.00 –	270.00	230.00 –	230.00	–		220.00 –	220.00	215.00 –	220.00
	Thambuththegama	240.00 –	240.00	–		260.00 –	265.00	230.00 –	232.00	–		220.00 –	223.00	220.00 –	220.00
	Polonnaruwa	240.00 –	240.00	–		270.00 –	275.00	230.00 –	230.00	225.00 –	227.00	220.00 –	220.00	220.00 –	220.00
	Kaluthara	240.00 –	245.00	–		260.00 –	265.00	230.00 –	234.00	–		220.00 –	225.00	220.00 –	225.00
	Badulla	245.00 –	250.00	–		280.00 –	285.00	230.00 –	235.00	–		219.00 –	220.00	220.00 –	225.00
	Keppetipola	245.00 –	250.00	–		280.00 –	285.00	230.00 –	235.00	–		218.00 –	220.00	220.00 –	222.00
	Moneragala	240.00 –	250.00	–		265.00 –	270.00	230.00 –	230.00	–		215.00 –	220.00	215.00 –	220.00
	Kegalle	260.00 –	260.00	240.00 –	240.00	260.00 –	325.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Ampara	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		220.00 –	220.00	215.00 –	220.00
	Dehiattakandiya	250.00 –	250.00	–		300.00 –	300.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Nuwaraeliya	250.00 –	255.00	–		280.00 –	290.00	230.00 –	235.00	–		218.00 –	224.00	220.00 –	225.00
	Kandy	245.00 –	255.00	240.00 –	245.00	280.00 –	290.00	230.00 –	240.00	228.00 –	230.00	225.00 –	230.00	220.00 –	230.00
	Puttalam	250.00 –	260.00	–		300.00 –	320.00	230.00 –	240.00	225.00 –	225.00	220.00 –	225.00	220.00 –	225.00
	Hambantota	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00
	Rathnapura	250.00 –	260.00	–		270.00 –	280.00	240.00 –	250.00	–		220.00 –	230.00	225.00 –	235.00
	Matara	–		–		260.00 –	280.00	–		–		217.00 –	220.00	218.00 –	220.00
	Galle	240.00 –	240.00	–		260.00 –	290.00	230.00 –	230.00	–		220.00 –	220.00	230.00 –	230.00
	Tissamaharama	240.00 –	240.00	235.00 –	235.00	260.00 –	265.00	230.00 –	230.00	–		218.00 –	220.00	218.00 –	220.00
	Meegoda (DEC)	240.00 –	245.00	–		265.00 –	270.00	230.00 –	235.00	–		220.00 –	220.00	220.00 –	220.00
	Embilipitiya	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		215.00 –	220.00	220.00 –	220.00
	Jaffna	250.00 –	255.00	–		263.00 –	270.00	233.00 –	240.00	–		245.00 –	250.00	230.00 –	235.00
	Vavuniya	244.00 –	248.00	–		275.00 –	280.00	240.00 –	245.00	–		228.00 –	232.00	226.00 –	228.00
	Mannar	–		–		–		–		–		–		–	
	Killinochchi	245.00 –	250.00	–		285.00 –	290.00	230.00 –	235.00	–		225.00 –	230.00	225.00 –	230.00
	Mullaittivu	246.00 –	250.00	–		280.00 –	286.00	232.00 –	235.00	–		235.00 –	240.00	233.00 –	238.00
Batticaloa	240.00 –	243.00	–		260.00 –	260.00	230.00 –	230.00	–		220.00 –	223.00	220.00 –	223.00	
Trincomalee	248.00 –	252.00	–		268.00 –	275.00	242.00 –	245.00	–		236.00 –	240.00	245.00 –	248.00	
Hanguranketha	240.00 –	240.00	–		260.00 –	275.00	–		230.00 –	230.00	220.00 –	220.00	220.00 –	220.00	
Veyangoda	240.00 –	240.00	–		260.00 –	260.00	230.00 –	230.00	–		220.00 –	220.00	220.00 –	220.00	
Galenbindunuwewa	240.00 –	245.00	–		260.00 –	265.00	230.00 –	235.00	–		220.00 –	220.00	220.00 –	222.00	
Bandarawela	250.00 –	255.00	–		280.00 –	280.00	230.00 –	235.00	–		218.00 –	220.00	218.00 –	220.00	
Matale	245.00 –	255.00	–		275.00 –	280.00	232.00 –	235.00	230.00 –	230.00	220.00 –	222.00	220.00 –	225.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 10: 07 - 13 Mar 2025

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LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	29000 - 32500	11000 - 17500	14000 - 14500	3500 - 7000	7500 - 10500	12500 - 16500	14000 - 15000	30000 - 36000	32500 - 35000	12750 - 13250
Kurunegala	33500 - 34250	16000 - 17000	-	7500 - 8000	8000 - 8500	-	-	30000 - 32000	35000 - 36000	13600 - 13700
Nikaweratiya	32000 - 34000	13000 - 13250	-	6000 - 7000	8250 - 8500	-	-	31250 - 32000	34000 - 37500	13250 - 13500
Dehiattakandiya	30000 - 32500	13500 - 20000	-	5500 - 8000	8000 - 9000	-	-	27500 - 27500	30000 - 36000	12900 - 13750
Dambulla (DEC)	31500 - 32000	13750 - 14000	-	5000 - 7250	7500 - 8000	12000 - 12500	14500 - 15000	28500 - 30000	32500 - 35000	12750 - 13250
Anuradhapura	33500 - 37500	14000 - 18000	-	5500 - 7500	7750 - 8500	-	-	30000 - 35000	32000 - 37500	13200 - 13500
Thambuththegama	31500 - 32500	-	-	6750 - 7500	8000 - 8500	-	-	-	37500 - 37500	13250 - 13500
Polonnaruwa	35500 - 38000	16250 - 17250	-	8250 - 10000	8750 - 9250	-	-	28000 - 30500	33500 - 35500	14250 - 14250
Kaluthara	36000 - 38000	-	-	9500 - 10000	9250 - 10500	-	-	33000 - 34750	36000 - 38000	13900 - 14150
Puttalam	-	-	12000 - 14000	-	-	-	-	-	-	-
Kandy	32500 - 35000	17500 - 19000	-	5000 - 7500	8000 - 8500	13000 - 14000	15000 - 15500	32500 - 35000	30000 - 32500	13500 - 13750
Matara	32500 - 35000	19000 - 20000	-	5000 - 8000	8250 - 9000	-	16000 - 16500	32000 - 33000	31500 - 32500	13750 - 14250
Hambantota	31500 - 37500	13000 - 15000	-	6750 - 7500	8000 - 8500	-	15000 - 15000	36500 - 38000	33750 - 36000	13400 - 13750
Kegalle	34500 - 38000	17000 - 17500	-	7450 - 7550	7200 - 7300	-	15500 - 16000	34000 - 35000	35000 - 36000	13500 - 14250
Galle	30000 - 32500	14000 - 17500	-	6900 - 7750	7500 - 8100	-	17000 - 17000	27000 - 30000	30000 - 37500	13250 - 14250
Tissamaharama	31500 - 34000	14000 - 16000	-	7000 - 7500	7500 - 8000	-	14000 - 15000	29000 - 32500	30000 - 32500	13500 - 14000
Meegoda (DEC)	31000 - 33000	14000 - 15000	13000 - 14000	6750 - 7500	7750 - 8000	13500 - 14000	15000 - 16000	31500 - 37500	36250 - 37000	12800 - 13300
Jaffna	35000 - 35500	-	10000 - 10500	8000 - 8500	8250 - 8500	-	-	27000 - 27500	-	14000 - 14250
Vavuniya	35000 - 38000	-	-	9000 - 9500	9000 - 9500	-	-	30000 - 31000	-	14000 - 14250
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	32000 - 33000	-	-	8000 - 9000	8500 - 9500	-	-	31000 - 32000	-	13500 - 14000
Mullattivu	33000 - 35000	-	-	9000 - 10000	8500 - 10000	-	-	31000 - 32500	-	14000 - 14250
Batticaloa	35000 - 37500	13000 - 14000	-	7500 - 8500	8500 - 9000	-	-	30000 - 35000	37500 - 40000	13500 - 14000
Trincomalee	29500 - 31000	13850 - 14000	-	6200 - 6500	7650 - 7800	-	-	29250 - 29500	38750 - 39700	14100 - 14250
Galenbindunuwewa	34000 - 37000	16000 - 18500	-	7500 - 9000	8000 - 8500	-	-	28500 - 34000	32500 - 34500	13500 - 13750
Matale	31000 - 35000	14000 - 15000	-	8000 - 8500	8000 - 8500	-	-	35000 - 37500	32500 - 35000	13000 - 13250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 10: 07 - 13 Mar 2025

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	800.00 – 1000.00	350.00 – 600.00	–	150.00 – 200.00	180.00 – 240.00	–	360.00 – 480.00	700.00 – 900.00	750.00 – 950.00	280.00 – 320.00
Gampaha	850.00 – 1000.00	520.00 – 560.00	–	180.00 – 220.00	220.00 – 240.00	–	400.00 – 440.00	800.00 – 1000.00	860.00 – 980.00	290.00 – 300.00
Kurunegala	800.00 – 900.00	480.00 – 520.00	–	185.00 – 220.00	180.00 – 200.00	–	380.00 – 400.00	780.00 – 840.00	800.00 – 850.00	295.00 – 320.00
Nikaweratiya	780.00 – 800.00	320.00 – 350.00	–	160.00 – 190.00	180.00 – 180.00	–	–	625.00 – 650.00	780.00 – 800.00	275.00 – 290.00
Dambulla	700.00 – 800.00	380.00 – 420.00	–	160.00 – 180.00	180.00 – 200.00	360.00 – 380.00	–	750.00 – 780.00	800.00 – 850.00	280.00 – 290.00
Anuradhapura	740.00 – 850.00	360.00 – 480.00	–	160.00 – 200.00	180.00 – 200.00	–	–	650.00 – 800.00	680.00 – 850.00	285.00 – 300.00
Thambuththegama	750.00 – 800.00	450.00 – 470.00	–	160.00 – 200.00	210.00 – 230.00	–	–	700.00 – 730.00	800.00 – 820.00	290.00 – 300.00
Polonnaruwa	780.00 – 850.00	340.00 – 380.00	–	180.00 – 220.00	190.00 – 220.00	–	400.00 – 420.00	650.00 – 700.00	760.00 – 800.00	300.00 – 310.00
Kaluthara	765.00 – 800.00	360.00 – 440.00	–	190.00 – 220.00	190.00 – 220.00	–	380.00 – 460.00	650.00 – 690.00	740.00 – 755.00	275.00 – 280.00
Badulla	700.00 – 750.00	400.00 – 420.00	–	170.00 – 200.00	190.00 – 200.00	350.00 – 380.00	–	740.00 – 760.00	780.00 – 800.00	280.00 – 300.00
Keppetipola	740.00 – 780.00	360.00 – 380.00	–	160.00 – 180.00	230.00 – 240.00	340.00 – 350.00	–	750.00 – 770.00	760.00 – 790.00	286.00 – 295.00
Moneragala	700.00 – 800.00	400.00 – 480.00	–	160.00 – 200.00	200.00 – 220.00	–	360.00 – 400.00	700.00 – 800.00	550.00 – 600.00	280.00 – 300.00
Kegalle	700.00 – 960.00	320.00 – 400.00	–	180.00 – 190.00	180.00 – 200.00	–	380.00 – 400.00	700.00 – 760.00	740.00 – 780.00	275.00 – 320.00
Ampara	680.00 – 725.00	320.00 – 400.00	–	180.00 – 190.00	180.00 – 200.00	–	360.00 – 400.00	650.00 – 700.00	690.00 – 700.00	275.00 – 280.00
Dehiattakandiya	680.00 – 700.00	380.00 – 450.00	–	150.00 – 180.00	180.00 – 200.00	–	–	650.00 – 675.00	600.00 – 750.00	275.00 – 300.00
Nuwaraeliya	740.00 – 760.00	400.00 – 420.00	–	160.00 – 200.00	240.00 – 240.00	–	360.00 – 380.00	760.00 – 800.00	750.00 – 800.00	280.00 – 290.00
Kandy	720.00 – 800.00	480.00 – 500.00	–	140.00 – 200.00	190.00 – 220.00	–	400.00 – 440.00	720.00 – 800.00	800.00 – 840.00	290.00 – 310.00
Puttalam	700.00 – 800.00	400.00 – 450.00	300.00 – 400.00	140.00 – 220.00	200.00 – 220.00	–	450.00 – 480.00	600.00 – 900.00	700.00 – 900.00	280.00 – 300.00
Rathnapura	760.00 – 800.00	340.00 – 400.00	–	170.00 – 200.00	190.00 – 200.00	–	–	725.00 – 750.00	760.00 – 785.00	300.00 – 320.00
Hambantota	750.00 – 800.00	360.00 – 400.00	–	160.00 – 180.00	180.00 – 220.00	–	350.00 – 400.00	800.00 – 800.00	750.00 – 800.00	280.00 – 300.00
Matara	720.00 – 800.00	420.00 – 600.00	–	150.00 – 175.00	195.00 – 220.00	–	360.00 – 400.00	700.00 – 800.00	650.00 – 750.00	300.00 – 310.00
Galle	700.00 – 780.00	400.00 – 490.00	–	140.00 – 180.00	190.00 – 220.00	–	400.00 – 420.00	600.00 – 800.00	650.00 – 900.00	290.00 – 320.00
Tissamaharama	700.00 – 800.00	360.00 – 400.00	–	160.00 – 180.00	180.00 – 200.00	–	350.00 – 360.00	680.00 – 750.00	650.00 – 800.00	285.00 – 300.00
Meegoda (DEC)	680.00 – 700.00	360.00 – 400.00	–	150.00 – 170.00	180.00 – 230.00	–	400.00 – 440.00	720.00 – 800.00	720.00 – 920.00	290.00 – 310.00
Embilipitiya	780.00 – 850.00	400.00 – 480.00	–	140.00 – 180.00	180.00 – 200.00	–	360.00 – 400.00	700.00 – 750.00	600.00 – 700.00	280.00 – 310.00
Jaffna	740.00 – 800.00	–	230.00 – 250.00	190.00 – 220.00	200.00 – 230.00	–	–	550.00 – 600.00	–	290.00 – 300.00
Vavuniya	800.00 – 850.00	–	–	200.00 – 215.00	200.00 – 220.00	–	–	650.00 – 700.00	–	315.00 – 318.00
Mannar	–	–	–	–	–	–	–	–	–	–
Killinochchi	680.00 – 720.00	–	–	200.00 – 220.00	200.00 – 220.00	–	–	650.00 – 670.00	–	290.00 – 300.00
Mullaittivu	700.00 – 730.00	400.00 – 450.00	–	–	190.00 – 220.00	–	–	650.00 – 680.00	–	290.00 – 300.00
Batticaloa	800.00 – 830.00	–	300.00 – 320.00	180.00 – 200.00	200.00 – 210.00	–	400.00 – 500.00	700.00 – 800.00	800.00 – 900.00	280.00 – 300.00
Trincomalee	680.00 – 720.00	320.00 – 400.00	–	180.00 – 195.00	220.00 – 230.00	–	–	685.00 – 700.00	880.00 – 890.00	298.00 – 305.00
Hanguranketha	700.00 – 830.00	350.00 – 420.00	–	160.00 – 195.00	188.00 – 190.00	–	–	700.00 – 700.00	750.00 – 780.00	275.00 – 285.00
Veyangoda	680.00 – 760.00	440.00 – 520.00	–	140.00 – 220.00	200.00 – 240.00	–	360.00 – 400.00	740.00 – 900.00	640.00 – 900.00	280.00 – 320.00
Galenbindunuwewa	700.00 – 830.00	350.00 – 400.00	–	160.00 – 200.00	180.00 – 200.00	–	–	620.00 – 780.00	700.00 – 800.00	280.00 – 285.00
Bandarawela	700.00 – 750.00	340.00 – 400.00	–	160.00 – 200.00	180.00 – 210.00	340.00 – 360.00	–	680.00 – 750.00	750.00 – 780.00	290.00 – 320.00
Matale	760.00 – 850.00	320.00 – 400.00	–	180.00 – 200.00	180.00 – 200.00	–	–	800.00 – 850.00	750.00 – 850.00	275.00 – 280.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 10: 07 - 13 Mar 2025

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 450.00	700.00 - 800.00	150.00 - 220.00	60.00 - 150.00	120.00 - 200.00
Meegoda (DEC)	-	450.00 - 520.00	550.00 - 700.00	200.00 - 250.00	80.00 - 110.00	200.00 - 250.00
Dambulla (DEC)	-	350.00 - 450.00	600.00 - 700.00	160.00 - 200.00	80.00 - 160.00	180.00 - 220.00
Keppetipola (DEC)	-	380.00 - 420.00	500.00 - 550.00	150.00 - 180.00	130.00 - 150.00	140.00 - 150.00
Norochchole (DEC)	-	-	-	-	70.00 - 75.00	-
Nuwara Eliya	-	420.00 - 460.00	610.00 - 620.00	160.00 - 170.00	110.00 - 130.00	130.00 - 150.00
Kandy	-	400.00 - 450.00	650.00 - 700.00	200.00 - 220.00	100.00 - 120.00	150.00 - 170.00
Hambantota	-	480.00 - 500.00	600.00 - 700.00	200.00 - 280.00	160.00 - 180.00	200.00 - 260.00
Thambuththegama (DEC)	-	450.00 - 500.00	620.00 - 720.00	230.00 - 250.00	100.00 - 120.00	80.00 - 100.00
Jaffna	-	250.00 - 270.00	800.00 - 820.00	250.00 - 270.00	90.00 - 120.00	-
Bandarawela	-	400.00 - 450.00	500.00 - 600.00	170.00 - 190.00	130.00 - 150.00	150.00 - 160.00
Veyangoda	-	440.00 - 500.00	550.00 - 650.00	200.00 - 250.00	70.00 - 100.00	240.00 - 290.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 150.00	180.00 - 330.00	130.00 - 220.00	170.00 - 260.00	100.00 - 180.00	400.00 - 600.00
Meegoda (DEC)	80.00 - 100.00	220.00 - 270.00	180.00 - 220.00	200.00 - 250.00	130.00 - 160.00	650.00 - 750.00
Moneragala	130.00 - 150.00	250.00 - 300.00	200.00 - 220.00	250.00 - 270.00	100.00 - 140.00	650.00 - 800.00
Dambulla (DEC)	80.00 - 100.00	220.00 - 260.00	140.00 - 170.00	230.00 - 250.00	100.00 - 130.00	500.00 - 650.00
Keppetipola (DEC)	40.00 - 50.00	200.00 - 220.00	180.00 - 200.00	180.00 - 200.00	120.00 - 130.00	500.00 - 550.00
Norochchole (DEC)	50.00 - 70.00	200.00 - 260.00	130.00 - 200.00	170.00 - 200.00	70.00 - 100.00	600.00 - 650.00
Nuwara Eliya	70.00 - 80.00	220.00 - 230.00	180.00 - 220.00	250.00 - 260.00	140.00 - 150.00	550.00 - 600.00
Kandy	60.00 - 70.00	200.00 - 250.00	180.00 - 200.00	250.00 - 260.00	120.00 - 150.00	650.00 - 700.00
Hambantota	150.00 - 170.00	250.00 - 280.00	240.00 - 260.00	200.00 - 260.00	120.00 - 160.00	800.00 - 800.00
Thambuththegama (DEC)	120.00 - 140.00	250.00 - 300.00	160.00 - 200.00	200.00 - 230.00	80.00 - 100.00	700.00 - 750.00
Tissamaharama	80.00 - 100.00	220.00 - 260.00	100.00 - 120.00	200.00 - 250.00	100.00 - 120.00	400.00 - 700.00
Jaffna	70.00 - 85.00	190.00 - 210.00	70.00 - 80.00	220.00 - 240.00	70.00 - 80.00	400.00 - 420.00
Bandarawela	60.00 - 70.00	180.00 - 220.00	180.00 - 210.00	-	130.00 - 160.00	650.00 - 730.00
Veyangoda	80.00 - 100.00	220.00 - 260.00	160.00 - 200.00	200.00 - 240.00	100.00 - 150.00	500.00 - 750.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 140.00	120.00 - 200.00	300.00 - 400.00	130.00 - 300.00	-	250.00 - 400.00
Meegoda (DEC)	130.00 - 150.00	140.00 - 170.00	300.00 - 360.00	200.00 - 220.00	-	280.00 - 350.00
Moneragala	140.00 - 150.00	160.00 - 200.00	350.00 - 450.00	200.00 - 240.00	-	250.00 - 300.00
Dambulla (DEC)	100.00 - 120.00	180.00 - 220.00	280.00 - 330.00	150.00 - 180.00	-	280.00 - 330.00
Keppetipola (DEC)	100.00 - 110.00	130.00 - 150.00	340.00 - 350.00	150.00 - 160.00	-	340.00 - 360.00
Norochchole (DEC)	100.00 - 120.00	100.00 - 140.00	250.00 - 300.00	100.00 - 120.00	-	200.00 - 230.00
Nuwara Eliya	140.00 - 150.00	170.00 - 180.00	360.00 - 380.00	180.00 - 200.00	-	360.00 - 380.00
Kandy	100.00 - 120.00	140.00 - 150.00	380.00 - 400.00	160.00 - 180.00	-	350.00 - 370.00
Hambantota	120.00 - 130.00	120.00 - 140.00	400.00 - 450.00	200.00 - 250.00	-	380.00 - 420.00
Thambuththegama (DEC)	100.00 - 120.00	130.00 - 150.00	280.00 - 300.00	100.00 - 130.00	-	220.00 - 280.00
Tissamaharama	110.00 - 120.00	100.00 - 120.00	380.00 - 420.00	120.00 - 160.00	-	180.00 - 230.00
Jaffna	85.00 - 100.00	120.00 - 140.00	400.00 - 420.00	75.00 - 85.00	-	-
Bandarawela	130.00 - 140.00	170.00 - 180.00	-	-	-	-
Veyangoda	120.00 - 135.00	140.00 - 200.00	350.00 - 400.00	120.00 - 160.00	-	320.00 - 400.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 350.00	100.00 - 150.00	450.00 - 800.00	100.00 - 180.00	120.00 - 170.00	70.00 - 120.00
Meegoda (DEC)	250.00 - 300.00	140.00 - 170.00	700.00 - 800.00	140.00 - 160.00	100.00 - 130.00	100.00 - 140.00
Moneragala	240.00 - 260.00	100.00 - 120.00	700.00 - 750.00	100.00 - 120.00	150.00 - 170.00	80.00 - 100.00
Dambulla (DEC)	200.00 - 260.00	90.00 - 120.00	600.00 - 650.00	100.00 - 130.00	110.00 - 150.00	75.00 - 90.00
Keppetipola (DEC)	240.00 - 260.00	130.00 - 140.00	700.00 - 750.00	130.00 - 140.00	130.00 - 140.00	100.00 - 110.00
Norochchole (DEC)	150.00 - 230.00	100.00 - 150.00	600.00 - 650.00	-	-	80.00 - 100.00
Nuwara Eliya	280.00 - 290.00	130.00 - 140.00	750.00 - 800.00	160.00 - 170.00	150.00 - 160.00	110.00 - 120.00
Kandy	230.00 - 250.00	100.00 - 130.00	700.00 - 750.00	120.00 - 130.00	150.00 - 170.00	90.00 - 100.00
Hambantota	200.00 - 250.00	80.00 - 100.00	800.00 - 800.00	150.00 - 200.00	150.00 - 160.00	140.00 - 150.00
Thambuththegama (DEC)	200.00 - 250.00	100.00 - 120.00	800.00 - 900.00	100.00 - 120.00	120.00 - 150.00	90.00 - 110.00
Tissamaharama	150.00 - 180.00	80.00 - 100.00	650.00 - 700.00	150.00 - 200.00	120.00 - 140.00	100.00 - 110.00
Jaffna	340.00 - 360.00	100.00 - 120.00	540.00 - 570.00	150.00 - 170.00	150.00 - 170.00	150.00 - 170.00
Bandarawela	-	-	700.00 - 750.00	-	130.00 - 150.00	-
Veyangoda	220.00 - 260.00	120.00 - 160.00	700.00 - 800.00	140.00 - 180.00	100.00 - 140.00	100.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	300.00 - 320.00	190.00 - 200.00	160.00 - 170.00
Meegoda (DEC)	50.00 - 50.00	50.00 - 50.00	210.00 - 240.00	175.00 - 180.00	-
Norochchole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	150.00 - 200.00	165.00 - 170.00	140.00 - 150.00
Kandy	45.00 - 50.00	45.00 - 55.00	230.00 - 240.00	180.00 - 190.00	135.00 - 150.00
Hambantota	50.00 - 50.00	50.00 - 50.00	240.00 - 240.00	-	-
Thambuththegama (DEC)	-	-	-	160.00 - 170.00	135.00 - 145.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	150.00 - 150.00	160.00 - 160.00	120.00 - 140.00
Jaffna	80.00 - 90.00	40.00 - 45.00	210.00 - 225.00	180.00 - 190.00	120.00 - 130.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	220.00 - 240.00	-	-

Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 10: 07 - 13 Mar 2025

LOCATIONS	Up Country Varieties															
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-	400.00	- 650.00	720.00	- 1000.00	240.00	- 450.00	160.00	- 380.00	240.00	- 450.00	150.00	- 320.00	280.00	- 480.00	240.00 - 400.00
Gampaha	-	380.00	- 400.00	760.00	- 880.00	360.00	- 440.00	360.00	- 400.00	360.00	- 400.00	200.00	- 280.00	380.00	- 520.00	320.00 - 400.00
Kurunegala	-	380.00	- 400.00	800.00	- 800.00	360.00	- 400.00	280.00	- 360.00	360.00	- 400.00	240.00	- 280.00	380.00	- 460.00	300.00 - 320.00
Nikaweratiya	-	560.00	- 600.00	850.00	- 900.00	400.00	- 450.00	260.00	- 320.00	300.00	- 320.00	240.00	- 260.00	360.00	- 400.00	260.00 - 320.00
Dambulla	-	600.00	- 650.00	900.00	- 1000.00	360.00	- 400.00	280.00	- 320.00	320.00	- 340.00	200.00	- 280.00	460.00	- 480.00	300.00 - 320.00
Anuradhapura	-	600.00	- 640.00	900.00	- 1100.00	320.00	- 400.00	200.00	- 320.00	-		200.00	- 240.00	360.00	- 400.00	240.00 - 320.00
Thambuththegama	-	640.00	- 700.00	850.00	- 900.00	320.00	- 360.00	150.00	- 180.00	150.00	- 180.00	180.00	- 200.00	350.00	- 380.00	250.00 - 300.00
Polonnaruwa	-	500.00	- 540.00	880.00	- 920.00	380.00	- 420.00	360.00	- 400.00	260.00	- 300.00	240.00	- 280.00	360.00	- 400.00	280.00 - 320.00
Kaluthara	-	520.00	- 600.00	750.00	- 880.00	320.00	- 400.00	200.00	- 200.00	260.00	- 360.00	160.00	- 200.00	380.00	- 420.00	280.00 - 300.00
Badulla	-	540.00	- 560.00	600.00	- 660.00	260.00	- 280.00	220.00	- 240.00	250.00	- 260.00	130.00	- 150.00	250.00	- 270.00	320.00 - 340.00
Keppetipola	-	460.00	- 480.00	650.00	- 680.00	260.00	- 280.00	230.00	- 250.00	240.00	- 260.00	150.00	- 160.00	280.00	- 300.00	300.00 - 340.00
Moneragala	-	480.00	- 600.00	750.00	- 800.00	320.00	- 400.00	240.00	- 320.00	-		200.00	- 240.00	320.00	- 400.00	240.00 - 320.00
Kegalle	-	560.00	- 600.00	1100.00	- 1200.00	360.00	- 400.00	280.00	- 320.00	360.00	- 400.00	280.00	- 320.00	440.00	- 480.00	300.00 - 360.00
Ampara	-	480.00	- 520.00	750.00	- 780.00	280.00	- 360.00	180.00	- 220.00	200.00	- 220.00	180.00	- 200.00	340.00	- 400.00	260.00 - 300.00
Dehiattakandiya	-	600.00	- 600.00	1000.00	- 1000.00	400.00	- 400.00	150.00	- 200.00	200.00	- 200.00	120.00	- 120.00	400.00	- 400.00	300.00 - 400.00
Nuwaraeliya	-	560.00	- 580.00	760.00	- 780.00	280.00	- 300.00	240.00	- 250.00	250.00	- 260.00	180.00	- 200.00	340.00	- 350.00	350.00 - 380.00
Kandy	-	520.00	- 550.00	900.00	- 950.00	320.00	- 360.00	200.00	- 240.00	260.00	- 280.00	120.00	- 160.00	320.00	- 400.00	260.00 - 300.00
Puttalam	-	600.00	- 700.00	1000.00	- 1100.00	400.00	- 400.00	350.00	- 400.00	300.00	- 400.00	200.00	- 240.00	400.00	- 480.00	300.00 - 400.00
Hambantota	-	700.00	- 800.00	800.00	- 900.00	350.00	- 400.00	300.00	- 320.00	380.00	- 450.00	240.00	- 320.00	400.00	- 480.00	280.00 - 320.00
Rathnapura	-	500.00	- 600.00	720.00	- 750.00	300.00	- 340.00	240.00	- 280.00	280.00	- 340.00	150.00	- 200.00	300.00	- 340.00	260.00 - 320.00
Matara	-	480.00	- 600.00	800.00	- 900.00	320.00	- 400.00	260.00	- 320.00	240.00	- 280.00	220.00	- 240.00	320.00	- 400.00	240.00 - 320.00
Galle	-	600.00	- 600.00	800.00	- 1000.00	400.00	- 400.00	360.00	- 400.00	280.00	- 300.00	240.00	- 240.00	360.00	- 400.00	320.00 - 400.00
Tissamaharama	-	400.00	- 460.00	700.00	- 800.00	300.00	- 320.00	240.00	- 320.00	250.00	- 320.00	120.00	- 200.00	300.00	- 320.00	180.00 - 200.00
Meegoda (DEC)	-	600.00	- 640.00	800.00	- 1000.00	320.00	- 400.00	200.00	- 240.00	360.00	- 400.00	160.00	- 240.00	360.00	- 440.00	320.00 - 400.00
Embilipitiya	-	520.00	- 600.00	720.00	- 800.00	320.00	- 400.00	240.00	- 280.00	280.00	- 320.00	200.00	- 250.00	400.00	- 480.00	270.00 - 320.00
Jaffna	-	300.00	- 350.00	850.00	- 880.00	300.00	- 350.00	140.00	- 180.00	-		120.00	- 140.00	240.00	- 270.00	120.00 - 150.00
Vavuniya	-	600.00	- 650.00	800.00	- 850.00	400.00	- 450.00	300.00	- 340.00	-		200.00	- 240.00	400.00	- 440.00	240.00 - 260.00
Mannar	-	-		-		-		-		-		-		-		-
Killinochchi	-	580.00	- 620.00	950.00	- 1000.00	440.00	- 460.00	280.00	- 320.00	-		220.00	- 240.00	280.00	- 320.00	230.00 - 250.00
Mullaittivu	-	300.00	- 350.00	1000.00	- 1100.00	280.00	- 350.00	260.00	- 300.00	-		200.00	- 220.00	400.00	- 450.00	200.00 - 250.00
Batticaloa	-	400.00	- 500.00	800.00	- 900.00	300.00	- 350.00	200.00	- 300.00	200.00	- 300.00	200.00	- 220.00	350.00	- 400.00	280.00 - 300.00
Trincomalee	-	300.00	330.00	1000.00	1200.00	400.00	450.00	320.00	340.00	-		200.00	220.00	340.00	360.00	320.00 330.00
Hanguranketha	-	440.00	- 520.00	520.00	- 750.00	200.00	- 240.00	160.00	- 180.00	200.00	- 220.00	100.00	- 120.00	240.00	- 280.00	200.00 - 240.00
Veyangoda	-	560.00	- 680.00	720.00	- 880.00	280.00	- 360.00	160.00	- 200.00	320.00	- 400.00	120.00	- 200.00	320.00	- 400.00	240.00 - 320.00
Galenbindunuwewa	-	550.00	- 600.00	850.00	- 900.00	320.00	- 350.00	240.00	- 250.00	200.00	- 250.00	160.00	- 180.00	380.00	- 400.00	240.00 - 250.00
Bandarawela	-	480.00	- 580.00	650.00	- 750.00	300.00	- 320.00	240.00	- 280.00	240.00	- 280.00	100.00	- 140.00	300.00	- 320.00	300.00 - 320.00
Matale	-	520.00	- 600.00	800.00	- 1000.00	320.00	- 400.00	200.00	- 240.00	320.00	- 360.00	200.00	- 240.00	400.00	- 440.00	240.00 - 320.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	220.00 - 400.00	180.00 - 360.00	540.00 - 900.00	160.00 - 320.00	180.00 - 350.00	360.00 - 600.00	260.00 - 400.00	-	300.00 - 560.00	340.00 - 560.00		
Gampaha	320.00 - 400.00	320.00 - 400.00	1200.00 - 1300.00	240.00 - 280.00	200.00 - 320.00	440.00 - 560.00	360.00 - 440.00	-	480.00 - 560.00	280.00 - 360.00		
Kurunegala	280.00 - 320.00	320.00 - 400.00	1000.00 - 1200.00	240.00 - 280.00	240.00 - 260.00	480.00 - 520.00	360.00 - 400.00	-	440.00 - 500.00	260.00 - 320.00		
Nikaweratiya	280.00 - 320.00	200.00 - 240.00	1000.00 - 1200.00	240.00 - 260.00	200.00 - 240.00	550.00 - 600.00	240.00 - 320.00	-	400.00 - 450.00	350.00 - 420.00		
Dambulla	360.00 - 400.00	200.00 - 240.00	800.00 - 1000.00	200.00 - 240.00	260.00 - 300.00	480.00 - 500.00	340.00 - 380.00	-	480.00 - 540.00	300.00 - 380.00		
Anuradhapura	360.00 - 400.00	200.00 - 240.00	800.00 - 1000.00	200.00 - 240.00	240.00 - 280.00	540.00 - 600.00	280.00 - 320.00	-	400.00 - 520.00	320.00 - 400.00		
Thambuththegama	280.00 - 320.00	150.00 - 200.00	800.00 - 900.00	160.00 - 200.00	200.00 - 240.00	380.00 - 450.00	150.00 - 200.00	-	330.00 - 400.00	300.00 - 350.00		
Polonnaruwa	370.00 - 420.00	260.00 - 300.00	860.00 - 900.00	200.00 - 240.00	220.00 - 260.00	400.00 - 440.00	280.00 - 320.00	-	420.00 - 460.00	220.00 - 260.00		
Kaluthara	360.00 - 400.00	180.00 - 200.00	800.00 - 900.00	200.00 - 240.00	240.00 - 300.00	520.00 - 600.00	200.00 - 280.00	-	400.00 - 460.00	240.00 - 360.00		
Badulla	340.00 - 360.00	220.00 - 230.00	750.00 - 800.00	220.00 - 240.00	220.00 - 250.00	450.00 - 460.00	250.00 - 270.00	-	430.00 - 450.00	340.00 - 360.00		
Keppetipola	280.00 - 300.00	220.00 - 240.00	620.00 - 640.00	240.00 - 250.00	240.00 - 250.00	440.00 - 460.00	220.00 - 280.00	-	450.00 - 460.00	340.00 - 360.00		
Moneragala	320.00 - 400.00	200.00 - 220.00	800.00 - 1000.00	200.00 - 260.00	200.00 - 240.00	520.00 - 600.00	300.00 - 320.00	-	400.00 - 520.00	300.00 - 400.00		
Kegalle	440.00 - 480.00	200.00 - 240.00	850.00 - 900.00	220.00 - 280.00	240.00 - 280.00	440.00 - 480.00	240.00 - 280.00	-	440.00 - 480.00	360.00 - 400.00		
Ampara	320.00 - 360.00	220.00 - 260.00	780.00 - 860.00	200.00 - 220.00	200.00 - 260.00	400.00 - 440.00	200.00 - 240.00	-	300.00 - 340.00	360.00 - 400.00		
Dehiattakandiya	400.00 - 400.00	150.00 - 200.00	700.00 - 800.00	200.00 - 200.00	300.00 - 320.00	400.00 - 600.00	200.00 - 260.00	-	400.00 - 480.00	400.00 - 400.00		
Nuwaraeliya	300.00 - 320.00	220.00 - 240.00	680.00 - 700.00	250.00 - 260.00	280.00 - 300.00	480.00 - 500.00	300.00 - 320.00	-	460.00 - 480.00	380.00 - 400.00		
Kandy	360.00 - 400.00	200.00 - 240.00	900.00 - 1000.00	180.00 - 200.00	240.00 - 260.00	480.00 - 520.00	200.00 - 240.00	-	450.00 - 480.00	400.00 - 450.00		
Puttalam	300.00 - 400.00	250.00 - 300.00	800.00 - 800.00	240.00 - 300.00	240.00 - 300.00	600.00 - 600.00	300.00 - 400.00	-	600.00 - 600.00	300.00 - 400.00		
Rathnapura	220.00 - 280.00	200.00 - 250.00	800.00 - 950.00	180.00 - 240.00	180.00 - 240.00	400.00 - 450.00	240.00 - 280.00	-	400.00 - 460.00	420.00 - 480.00		
Hambantota	300.00 - 320.00	200.00 - 240.00	1000.00 - 1000.00	180.00 - 240.00	180.00 - 240.00	550.00 - 600.00	300.00 - 320.00	-	500.00 - 600.00	300.00 - 320.00		
Matara	260.00 - 320.00	200.00 - 240.00	900.00 - 1000.00	200.00 - 220.00	160.00 - 200.00	380.00 - 520.00	240.00 - 280.00	-	380.00 - 480.00	320.00 - 400.00		
Galle	300.00 - 320.00	280.00 - 320.00	720.00 - 900.00	200.00 - 280.00	160.00 - 240.00	480.00 - 600.00	280.00 - 300.00	-	440.00 - 500.00	300.00 - 380.00		
Tissamaharama	280.00 - 320.00	200.00 - 220.00	800.00 - 900.00	220.00 - 260.00	220.00 - 240.00	420.00 - 480.00	280.00 - 320.00	-	260.00 - 320.00	260.00 - 300.00		
Meegoda (DEC)	360.00 - 400.00	240.00 - 320.00	800.00 - 1000.00	200.00 - 240.00	240.00 - 320.00	400.00 - 520.00	320.00 - 360.00	-	400.00 - 520.00	360.00 - 400.00		
Embilipitiya	280.00 - 320.00	160.00 - 200.00	600.00 - 800.00	200.00 - 260.00	200.00 - 240.00	450.00 - 520.00	280.00 - 320.00	-	350.00 - 400.00	320.00 - 400.00		
Jaffna	280.00 - 320.00	100.00 - 150.00	450.00 - 500.00	120.00 - 150.00	170.00 - 200.00	450.00 - 500.00	100.00 - 150.00	-	-	400.00 - 450.00		
Vavuniya	400.00 - 450.00	200.00 - 240.00	600.00 - 650.00	200.00 - 240.00	200.00 - 220.00	600.00 - 640.00	400.00 - 450.00	-	380.00 - 420.00	600.00 - 650.00		
Mannar	-	-	-	-	-	-	-	-	-	-		
Killinochchi	280.00 - 320.00	200.00 - 230.00	900.00 - 950.00	180.00 - 200.00	200.00 - 220.00	400.00 - 440.00	200.00 - 220.00	-	-	400.00 - 440.00		
Mullaittivu	400.00 - 450.00	120.00 - 160.00	540.00 - 600.00	180.00 - 220.00	180.00 - 220.00	520.00 - 560.00	280.00 - 320.00	-	-	400.00 - 450.00		
Batticaloa	400.00 - 480.00	200.00 - 300.00	700.00 - 800.00	180.00 - 200.00	250.00 - 300.00	450.00 - 480.00	200.00 - 240.00	-	320.00 - 400.00	400.00 - 480.00		
Trincomalee	340.00 - 350.00	325.00 - 340.00	1050.00 - 1100.00	180.00 - 190.00	210.00 - 220.00	580.00 - 600.00	260.00 - 270.00	-	270.00 - 285.00	420.00 - 440.00		
Hanguranketha	260.00 300.00	160.00 180.00	600.00 700.00	160.00 180.00	200.00 220.00	-	200.00 240.00	-	400.00 460.00	340.00 380.00		
Veyangoda	280.00 - 360.00	160.00 - 240.00	720.00 - 1000.00	160.00 - 240.00	220.00 - 320.00	480.00 - 560.00	240.00 - 320.00	-	440.00 - 560.00	280.00 - 360.00		
Galenbindunuwewa	320.00 - 350.00	350.00 - 380.00	600.00 - 700.00	220.00 - 240.00	200.00 - 240.00	480.00 - 500.00	240.00 - 250.00	-	400.00 - 420.00	250.00 - 280.00		
Bandarawela	280.00 - 320.00	220.00 - 240.00	850.00 - 1000.00	200.00 - 240.00	200.00 - 220.00	460.00 - 480.00	260.00 - 320.00	-	380.00 - 400.00	280.00 - 320.00		
Matale	320.00 - 400.00	200.00 - 240.00	720.00 - 800.00	180.00 - 240.00	280.00 - 320.00	400.00 - 480.00	280.00 - 320.00	-	480.00 - 520.00	320.00 - 400.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	200.00 - 360.00	1100.00 - 1800.00	200.00 - 400.00	200.00 - 320.00	160.00 - 240.00	50.00 - 80.00	50.00 - 80.00	250.00 - 340.00	200.00 - 230.00	180.00 - 195.00
Gampaha	320.00 - 400.00	1250.00 - 1400.00	300.00 - 400.00	280.00 - 320.00	200.00 - 220.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	190.00 - 200.00	-
Kurunegala	300.00 - 360.00	1400.00 - 1500.00	300.00 - 300.00	300.00 - 300.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	195.00 - 200.00	160.00 - 170.00
Nikaweratiya	240.00 - 320.00	1400.00 - 1600.00	400.00 - 420.00	240.00 - 260.00	160.00 - 160.00	50.00 - 50.00	50.00 - 50.00	150.00 - 150.00	190.00 - 210.00	120.00 - 150.00
Dambulla	200.00 - 240.00	900.00 - 1000.00	200.00 - 250.00	200.00 - 240.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	50.00 - 60.00	180.00 - 200.00	150.00 - 160.00
Anuradhapura	200.00 - 280.00	1000.00 - 1200.00	200.00 - 300.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	195.00 - 200.00	150.00 - 180.00
Thambuththegama	160.00 - 200.00	900.00 - 1000.00	150.00 - 180.00	200.00 - 240.00	150.00 - 180.00	-	-	-	200.00 - 210.00	160.00 - 180.00
Polonnaruwa	240.00 - 260.00	1000.00 - 1100.00	350.00 - 400.00	180.00 - 200.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	200.00 - 230.00	150.00 - 180.00
Kaluthara	200.00 - 220.00	1400.00 - 1600.00	200.00 - 250.00	200.00 - 250.00	180.00 - 200.00	90.00 - 100.00	100.00 - 120.00	100.00 - 130.00	230.00 - 250.00	170.00 - 190.00
Badulla	200.00 - 230.00	1000.00 - 1200.00	240.00 - 260.00	240.00 - 250.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	210.00 - 220.00	160.00 - 180.00
Keppetipola	240.00 - 250.00	1000.00 - 1100.00	280.00 - 300.00	240.00 - 250.00	190.00 - 200.00	60.00 - 70.00	55.00 - 70.00	35.00 - 60.00	200.00 - 220.00	150.00 - 160.00
Moneragala	200.00 - 240.00	900.00 - 1000.00	160.00 - 200.00	240.00 - 320.00	120.00 - 160.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	170.00 - 190.00	140.00 - 160.00
Kegalle	280.00 - 320.00	900.00 - 1000.00	250.00 - 300.00	320.00 - 360.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	210.00 - 220.00	180.00 - 200.00
Ampara	200.00 - 240.00	860.00 - 900.00	300.00 - 320.00	220.00 - 280.00	140.00 - 160.00	70.00 - 70.00	60.00 - 60.00	180.00 - 200.00	200.00 - 200.00	-
Dehiattakandiya	200.00 - 300.00	1200.00 - 1500.00	200.00 - 200.00	100.00 - 120.00	200.00 - 200.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	-	120.00 - 140.00
Nuwaraeliya	240.00 - 260.00	1100.00 - 1200.00	300.00 - 320.00	260.00 - 280.00	220.00 - 240.00	70.00 - 80.00	70.00 - 80.00	60.00 - 70.00	210.00 - 220.00	170.00 - 180.00
Kandy	160.00 - 200.00	1000.00 - 1100.00	200.00 - 240.00	180.00 - 200.00	150.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	190.00 - 210.00	160.00 - 170.00
Puttalam	240.00 - 260.00	800.00 - 1400.00	240.00 - 300.00	250.00 - 300.00	200.00 - 200.00	60.00 - 60.00	50.00 - 60.00	40.00 - 40.00	200.00 - 220.00	130.00 - 180.00
Rathnapura	160.00 - 220.00	800.00 - 1000.00	200.00 - 350.00	160.00 - 230.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	220.00 - 240.00	170.00 - 200.00
Hambanthota	180.00 - 200.00	1000.00 - 1200.00	260.00 - 300.00	200.00 - 240.00	180.00 - 240.00	60.00 - 70.00	60.00 - 60.00	100.00 - 100.00	200.00 - 220.00	170.00 - 180.00
Matara	160.00 - 200.00	1000.00 - 1100.00	200.00 - 250.00	160.00 - 200.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	190.00 - 220.00	140.00 - 160.00
Galle	180.00 - 240.00	1200.00 - 1500.00	280.00 - 400.00	180.00 - 240.00	140.00 - 200.00	50.00 - 60.00	50.00 - 50.00	80.00 - 100.00	180.00 - 230.00	140.00 - 160.00
Tissamaharama	160.00 - 200.00	800.00 - 1000.00	240.00 - 280.00	180.00 - 220.00	130.00 - 160.00	50.00 - 60.00	50.00 - 60.00	80.00 - 80.00	180.00 - 220.00	150.00 - 160.00
Meegoda (DEC)	240.00 - 320.00	1000.00 - 1400.00	240.00 - 320.00	200.00 - 280.00	150.00 - 200.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	220.00 - 240.00	200.00 - 210.00
Embilipitiya	160.00 - 200.00	1300.00 - 1400.00	270.00 - 300.00	200.00 - 240.00	120.00 - 160.00	70.00 - 80.00	60.00 - 70.00	100.00 - 120.00	230.00 - 250.00	170.00 - 220.00
Jaffna	150.00 - 200.00	600.00 - 640.00	200.00 - 250.00	220.00 - 250.00	210.00 - 250.00	90.00 - 120.00	50.00 - 60.00	80.00 - 100.00	190.00 - 230.00	140.00 - 170.00
Vavuniya	200.00 - 240.00	1200.00 - 1300.00	150.00 - 170.00	200.00 - 240.00	240.00 - 260.00	75.00 - 85.00	50.00 - 60.00	70.00 - 75.00	220.00 - 250.00	165.00 - 180.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	200.00 - 230.00	800.00 - 850.00	200.00 - 230.00	240.00 - 260.00	200.00 - 220.00	70.00 - 80.00	50.00 - 55.00	50.00 - 55.00	230.00 - 240.00	100.00 - 120.00
Mullaitivu	180.00 - 220.00	600.00 - 650.00	200.00 - 220.00	220.00 - 240.00	200.00 - 240.00	75.00 - 80.00	80.00 - 100.00	50.00 - 60.00	-	120.00 - 160.00
Batticaloa	200.00 - 240.00	800.00 - 1000.00	200.00 - 250.00	250.00 - 280.00	150.00 - 180.00	80.00 - 80.00	50.00 - 80.00	50.00 - 50.00	200.00 - 220.00	150.00 - 180.00
Trincomalee	260.00 270.00	1700.00 1800.00	185.00 200.00	230.00 240.00	220.00 230.00	60.00 65.00	65.00 70.00	45.00 50.00	235.00 240.00	155.00 160.00
Hanguranketha	200.00 - 240.00	750.00 - 800.00	200.00 - 250.00	160.00 - 180.00	150.00 - 160.00	40.00 - 40.00	35.00 - 40.00	35.00 - 35.00	200.00 - 210.00	190.00 - 195.00
Veyangoda	200.00 - 240.00	900.00 - 1200.00	220.00 - 280.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	90.00 - 100.00	200.00 - 220.00	160.00 - 180.00
Galenbindunuwewa	150.00 - 160.00	900.00 - 1000.00	180.00 - 230.00	200.00 - 220.00	140.00 - 150.00	50.00 - 80.00	50.00 - 60.00	50.00 - 50.00	170.00 - 180.00	150.00 - 160.00
Bandarawela	220.00 - 240.00	800.00 - 1000.00	300.00 - 400.00	240.00 - 280.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	200.00 - 220.00	160.00 - 180.00
Matale	180.00 - 240.00	800.00 - 1000.00	200.00 - 240.00	200.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	180.00 - 190.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 10: 07 - 13 Mar 2025

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	100.00 - 240.00	200.00 - 350.00	130.00 - 230.00	34.00 - 52.00	42.00 - 72.00	460.00 - 715.00	350.00 - 550.00	280.00 - 440.00	-	280.00 - 330.00
Gampaha	160.00 - 200.00	280.00 - 300.00	180.00 - 200.00	-	-	480.00 - 500.00	400.00 - 420.00	-	-	-
Kurunegala	150.00 - 200.00	300.00 - 300.00	180.00 - 200.00	42.00 - 42.00	70.00 - 70.00	500.00 - 500.00	-	-	-	-
Nikaweratiya	150.00 - 170.00	320.00 - 350.00	150.00 - 180.00	-	50.00 - 55.00	-	400.00 - 450.00	-	-	-
Dambulla	160.00 - 180.00	280.00 - 340.00	160.00 - 180.00	-	52.00 - 55.00	680.00 - 750.00	500.00 - 550.00	280.00 - 350.00	-	150.00 - 200.00
Anuradhapura	160.00 - 200.00	360.00 - 380.00	180.00 - 200.00	32.00 - 35.00	50.00 - 56.00	780.00 - 860.00	560.00 - 670.00	380.00 - 450.00	-	-
Thambuththegama	120.00 - 150.00	300.00 - 350.00	120.00 - 150.00	28.00 - 32.00	50.00 - 55.00	-	-	-	-	-
Polonnaruwa	220.00 - 250.00	400.00 - 420.00	200.00 - 220.00	55.00 - 60.00	55.00 - 60.00	850.00 - 920.00	500.00 - 550.00	300.00 - 350.00	-	200.00 - 220.00
Kaluthara	160.00 - 180.00	250.00 - 320.00	180.00 - 220.00	52.00 - 55.00	50.00 - 52.00	460.00 - 650.00	330.00 - 360.00	260.00 - 288.00	-	-
Badulla	120.00 - 140.00	350.00 - 360.00	180.00 - 190.00	26.00 - 30.00	48.00 - 54.00	460.00 - 480.00	350.00 - 380.00	-	-	200.00 - 220.00
Keppetipola	130.00 - 140.00	320.00 - 350.00	150.00 - 170.00	26.00 - 29.00	48.00 - 52.00	-	440.00 - 460.00	350.00 - 360.00	-	220.00 - 240.00
Moneragala	120.00 - 140.00	250.00 - 280.00	80.00 - 100.00	20.00 - 25.00	25.00 - 30.00	820.00 - 900.00	750.00 - 750.00	-	-	-
Kegalle	160.00 - 200.00	330.00 - 360.00	150.00 - 180.00	15.00 - 20.00	25.00 - 30.00	800.00 - 950.00	550.00 - 700.00	250.00 - 300.00	-	150.00 - 150.00
Ampara	140.00 - 150.00	300.00 - 300.00	120.00 - 130.00	-	56.00 - 60.00	-	450.00 - 450.00	-	-	-
Dehiattakandiya	160.00 - 220.00	300.00 - 380.00	150.00 - 200.00	-	50.00 - 60.00	880.00 - 950.00	500.00 - 600.00	400.00 - 480.00	-	-
Nuwaraeliya	150.00 - 160.00	340.00 - 350.00	180.00 - 200.00	28.00 - 32.00	50.00 - 54.00	-	400.00 - 450.00	350.00 - 360.00	-	250.00 - 260.00
Kandy	170.00 - 200.00	320.00 - 350.00	160.00 - 200.00	25.00 - 28.00	40.00 - 45.00	700.00 - 750.00	450.00 - 500.00	250.00 - 300.00	-	250.00 - 260.00
Puttalam	120.00 - 200.00	300.00 - 350.00	120.00 - 200.00	24.00 - 30.00	45.00 - 50.00	900.00 - 900.00	600.00 - 600.00	300.00 - 400.00	-	250.00 - 360.00
Rathnapura	150.00 - 200.00	300.00 - 350.00	100.00 - 150.00	25.00 - 28.00	38.00 - 43.00	490.00 - 560.00	350.00 - 400.00	280.00 - 320.00	-	-
Hambantota	100.00 - 100.00	200.00 - 220.00	140.00 - 160.00	-	-	600.00 - 650.00	400.00 - 400.00	250.00 - 300.00	-	-
Matara	130.00 - 150.00	230.00 - 250.00	130.00 - 150.00	23.00 - 25.00	33.00 - 35.00	600.00 - 700.00	480.00 - 580.00	300.00 - 350.00	-	-
Galle	100.00 - 160.00	250.00 - 280.00	120.00 - 180.00	32.00 - 36.00	34.00 - 36.00	560.00 - 600.00	480.00 - 520.00	-	-	-
Tissamaharama	100.00 - 120.00	200.00 - 220.00	120.00 - 120.00	25.00 - 28.00	33.00 - 36.00	550.00 - 625.00	420.00 - 480.00	340.00 - 390.00	-	-
Meegoda (DEC)	140.00 - 150.00	220.00 - 300.00	150.00 - 180.00	42.00 - 56.00	42.00 - 56.00	715.00 - 815.00	550.00 - 675.00	420.00 - 480.00	-	-
Embilipitiya	80.00 - 100.00	180.00 - 240.00	100.00 - 120.00	30.00 - 35.00	30.00 - 40.00	500.00 - 600.00	400.00 - 450.00	300.00 - 350.00	-	-
Jaffna	140.00 - 200.00	220.00 - 250.00	120.00 - 170.00	-	-	700.00 - 730.00	600.00 - 650.00	470.00 - 520.00	-	-
Vavuniya	150.00 - 170.00	340.00 - 360.00	170.00 - 180.00	45.00 - 48.00	-	550.00 - 600.00	400.00 - 450.00	350.00 - 380.00	-	-
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	140.00 - 160.00	300.00 - 350.00	150.00 - 160.00	36.00 - 38.00	39.00 - 41.00	600.00 - 650.00	500.00 - 550.00	400.00 - 440.00	-	-
Mullaittivu	180.00 - 200.00	350.00 - 380.00	180.00 - 200.00	46.00 - 48.00	50.00 - 52.00	600.00 - 650.00	450.00 - 520.00	-	-	-
Batticaloa	160.00 - 180.00	280.00 - 300.00	140.00 - 160.00	25.00 - 28.00	46.00 - 50.00	520.00 - 585.00	400.00 - 450.00	320.00 - 360.00	-	-
Trincomalee	170.00 - 180.00	420.00 - 440.00	165.00 - 170.00	-	-	700.00 - 750.00	600.00 - 650.00	470.00 - 490.00	-	-
Veyangoda	160.00 - 180.00	250.00 - 260.00	160.00 - 180.00	40.00 - 43.00	40.00 - 44.00	680.00 - 720.00	520.00 - 550.00	400.00 - 420.00	-	160.00 - 200.00
Galenbindunuwewa	150.00 - 160.00	300.00 - 400.00	120.00 - 150.00	40.00 - 50.00	60.00 - 70.00	580.00 - 650.00	450.00 - 500.00	360.00 - 400.00	-	-
Bandarawela	180.00 - 200.00	300.00 - 350.00	170.00 - 190.00	27.00 - 30.00	46.00 - 50.00	600.00 - 650.00	480.00 - 500.00	380.00 - 400.00	-	200.00 - 240.00
Matale	150.00 - 180.00	300.00 - 350.00	160.00 - 180.00	32.00 - 35.00	50.00 - 58.00	650.00 - 700.00	480.00 - 580.00	380.00 - 420.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/kg)	King Coconut
Colombo	150.00 - 240.00	-	300.00 - 400.00	80.00 - 150.00	150.00 - 260.00	70.00 - 120.00	200.00 - 375.00	50.00 - 80.00	1800.00 - 2500.00	240.00 - 300.00
Gampaha	-	-	340.00 - 360.00	-	200.00 - 240.00	80.00 - 100.00	100.00 - 125.00	50.00 - 60.00	2000.00 - 2300.00	170.00 - 170.00
Kurunegala	-	-	350.00 - 350.00	-	200.00 - 220.00	-	125.00 - 125.00	50.00 - 60.00	2000.00 - 2000.00	140.00 - 140.00
Nikaweratiya	-	-	200.00 - 230.00	-	-	-	-	40.00 - 50.00	2300.00 - 2500.00	-
Dambulla	-	40.00 - 50.00	280.00 - 300.00	90.00 - 100.00	120.00 - 140.00	80.00 - 100.00	150.00 - 170.00	50.00 - 60.00	2800.00 - 3000.00	180.00 - 200.00
Anuradhapura	-	-	260.00 - 320.00	-	-	100.00 - 140.00	150.00 - 200.00	50.00 - 70.00	2300.00 - 2800.00	180.00 - 250.00
Thambuththegama	-	-	260.00 - 300.00	90.00 - 100.00	-	-	-	-	-	130.00 - 150.00
Polonnaruwa	-	-	350.00 - 380.00	-	-	60.00 - 60.00	100.00 - 150.00	100.00 - 120.00	2500.00 - 2800.00	180.00 - 220.00
Kaluthara	-	32.00 - 35.00	320.00 - 400.00	-	160.00 - 170.00	-	-	60.00 - 72.00	2500.00 - 2800.00	150.00 - 160.00
Badulla	-	45.00 - 50.00	300.00 - 350.00	100.00 - 110.00	130.00 - 140.00	60.00 - 80.00	180.00 - 200.00	55.00 - 60.00	2500.00 - 2600.00	190.00 - 200.00
Keppetipola	-	35.00 - 40.00	300.00 - 340.00	100.00 - 120.00	100.00 - 120.00	80.00 - 90.00	200.00 - 220.00	55.00 - 65.00	2400.00 - 2500.00	190.00 - 200.00
Moneragala	-	50.00 - 60.00	280.00 - 300.00	-	-	80.00 - 120.00	150.00 - 180.00	50.00 - 60.00	2400.00 - 2500.00	130.00 - 150.00
Kegalle	-	-	320.00 - 380.00	-	150.00 - 160.00	80.00 - 100.00	170.00 - 200.00	40.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00
Ampara	-	-	200.00 - 200.00	-	-	-	-	-	2100.00 - 2200.00	150.00 - 150.00
Dehiattakandiya	-	-	250.00 - 300.00	-	-	60.00 - 60.00	100.00 - 120.00	60.00 - 100.00	2500.00 - 2800.00	120.00 - 150.00
Nuwaraeliya	-	55.00 - 65.00	350.00 - 360.00	130.00 - 140.00	140.00 - 150.00	80.00 - 100.00	240.00 - 260.00	60.00 - 70.00	2500.00 - 2600.00	200.00 - 220.00
Kandy	-	-	360.00 - 380.00	100.00 - 120.00	130.00 - 150.00	70.00 - 90.00	140.00 - 160.00	50.00 - 60.00	2000.00 - 2500.00	180.00 - 190.00
Puttalam	-	-	300.00 - 350.00	-	-	-	180.00 - 280.00	60.00 - 80.00	2500.00 - 3000.00	150.00 - 200.00
Hambantota	-	-	250.00 - 280.00	100.00 - 100.00	100.00 - 110.00	-	-	-	2300.00 - 2400.00	-
Rathnapura	-	-	200.00 - 250.00	-	100.00 - 130.00	-	-	50.00 - 80.00	2000.00 - 2200.00	120.00 - 150.00
Matara	-	-	260.00 - 280.00	85.00 - 110.00	150.00 - 160.00	80.00 - 120.00	190.00 - 200.00	50.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00
Galle	-	-	280.00 - 380.00	100.00 - 120.00	150.00 - 150.00	120.00 - 130.00	100.00 - 180.00	75.00 - 100.00	2500.00 - 2500.00	130.00 - 160.00
Tissamaharama	-	27.50 - 27.50	260.00 - 280.00	66.00 - 70.00	83.00 - 91.00	120.00 - 130.00	125.00 - 135.00	25.00 - 30.00	2800.00 - 3000.00	180.00 - 200.00
Meegoda (DEC)	-	-	280.00 - 320.00	120.00 - 120.00	117.00 - 160.00	60.00 - 80.00	-	37.00 - 50.00	1900.00 - 2200.00	160.00 - 200.00
Embilipitiya	-	-	250.00 - 280.00	-	150.00 - 160.00	80.00 - 100.00	100.00 - 120.00	-	2300.00 - 2600.00	140.00 - 160.00
Jaffna	-	-	230.00 - 250.00	100.00 - 130.00	-	-	-	-	2000.00 - 2150.00	140.00 - 180.00
Vavuniya	-	-	240.00 - 260.00	-	-	-	-	-	2400.00 - 2500.00	125.00 - 140.00
Mannar	-	-	-	-	-	-	-	-	-	-
Killinochchi	-	-	260.00 - 280.00	-	100.00 - 120.00	-	-	-	2400.00 - 2450.00	250.00 - 260.00
Mullaittivu	-	-	200.00 - 240.00	65.00 - 70.00	-	-	-	-	2400.00 - 2500.00	180.00 - 200.00
Batticaloa	-	-	250.00 - 300.00	100.00 - 110.00	-	-	-	-	2400.00 - 2500.00	170.00 - 200.00
Trincomalee	-	55.00 - 56.00	230.00 - 240.00	-	-	88.00 - 90.00	125.00 - 126.00	-	2450.00 - 2460.00	220.00 - 240.00
Veyangoda	-	-	320.00 - 340.00	90.00 - 110.00	100.00 - 120.00	60.00 - 66.00	115.00 - 125.00	40.00 - 45.00	2000.00 - 2500.00	180.00 - 200.00
Galenbindunuwewa	-	-	200.00 - 250.00	-	-	-	175.00 - 190.00	-	2400.00 - 2500.00	130.00 - 150.00
Bandarawela	-	65.00 - 80.00	260.00 - 280.00	100.00 - 120.00	90.00 - 120.00	90.00 - 110.00	180.00 - 210.00	60.00 - 70.00	2500.00 - 2600.00	200.00 - 230.00
Matale	-	-	340.00 - 350.00	-	-	100.00 - 120.00	140.00 - 160.00	60.00 - 70.00	2600.00 - 2800.00	160.00 - 200.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 10: 07 - 13 Mar 2025

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	300.00 – 400.00	650.00 – 800.00	750.00 – 850.00	1000.00 – 1200.00	1400.00 – 2000.00	900.00 – 1250.00
Kandy	450.00 – 480.00	750.00 – 800.00	800.00 – 900.00	1100.00 – 1200.00	1700.00 – 1900.00	1000.00 – 1100.00
Kaluthara	280.00 – 350.00	600.00 – 800.00	600.00 – 800.00	950.00 – 1200.00	1700.00 – 1850.00	950.00 – 1200.00
Puttalam	–	–	–	–	–	–
Matara	280.00 – 300.00	–	750.00 – 850.00	1250.00 – 1300.00	–	–
Hambantota	250.00 – 300.00	800.00 – 800.00	750.00 – 800.00	900.00 – 1000.00	–	–
Galle	–	–	650.00 – 700.00	900.00 – 1000.00	2000.00 – 2000.00	1000.00 – 1000.00
Batticaloa	400.00 – 450.00	1000.00 – 1100.00	800.00 – 900.00	1400.00 – 1500.00	1700.00 – 1750.00	1300.00 – 1400.00
Trincomalee	390.00 – 440.00	995.00 – 1020.00	1040.00 – 1060.00	1840.00 – 1860.00	1930.00 – 1950.00	1430.00 – 1460.00
Mannar	–	–	–	–	–	–

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	–	1700.00 – 1850.00	1450.00 – 2000.00	–	30.00 – 34.00	28.00 – 31.00
Kandy	1200.00 – 1300.00	2100.00 – 2300.00	1700.00 – 1800.00	–	29.00 – 30.00	26.00 – 28.00
Kaluthara	950.00 – 1200.00	1450.00 – 1650.00	1500.00 – 1750.00	–	–	–
Puttalam	–	–	–	–	–	–
Matara	900.00 – 1000.00	2000.00 – 2100.00	1400.00 – 1600.00	–	30.00 – 30.50	28.00 – 30.00
Hambantota	–	2400.00 – 2400.00	–	–	–	29.00 – 30.00
Galle	–	–	–	–	30.00 – 30.00	29.00 – 31.00
Batticaloa	1400.00 – 1450.00	–	1700.00 – 1800.00	–	30.00 – 32.00	28.00 – 30.00
Trincomalee	1680.00 – 1700.00	1055.00 – 1070.00	–	–	28.00 – 29.00	26.00 – 28.00
Mannar	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 10: 07 - 13 Mar 2025

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	37500 – 47500	–	–	87500 – 92500	37500 – 45000	–
Kandy	45000 – 47500	–	–	90000 – 92500	42500 – 45000	57500 – 60000
Batticaloa	50000 – 72000	85000 – 87500	–	95000 – 100000	45000 – 50000	55000 – 60000
Trincomalee	52750 – 53000	–	–	–	61000 – 61500	49000 – 49250
Mannar	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	60000 – 65000	–	32500 – 37500	25000 – 35000	77500 – 85000	–
Kandy	62500 – 65000	–	32500 – 37500	27500 – 32500	72500 – 75000	–
Batticaloa	–	–	35000 – 37500	40000 – 42500	–	–
Trincomalee	52650 – 52700	–	29000 – 29700	43700 – 43850	97750 – 98500	–
Mannar	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	70000 – 77500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 10: 07 - 13 Mar 2025

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LOCATIONS	Sea Fish									Eggs										
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	360.00 -	700.00	850.00 -	1300.00	800.00 -	950.00	1200.00 -	2200.00	1650.00 -	3600.00	1000.00 -	2000.00	-	-	1600.00 -	2800.00	31.00 -	35.00	29.00 -	34.00
Gampaha	400.00 -	600.00	-	-	-	-	1700.00 -	1800.00	3000.00 -	3000.00	-	-	-	-	2800.00 -	2800.00	35.00 -	35.00	32.00 -	34.00
Kurunegala	400.00 -	450.00	-	-	-	-	1800.00 -	2000.00	2800.00 -	2800.00	-	-	-	-	2600.00 -	2600.00	30.00 -	32.00	29.00 -	29.00
Nikaweratiya	400.00 -	500.00	900.00 -	1000.00	900.00 -	1000.00	1800.00 -	2000.00	2400.00 -	2400.00	1300.00 -	1500.00	-	-	2600.00 -	2600.00	35.00 -	36.00	32.00 -	35.00
Dambulla	500.00 -	550.00	900.00 -	1000.00	800.00 -	900.00	1600.00 -	1800.00	2000.00 -	2000.00	1500.00 -	1600.00	1500.00 -	1600.00	2000.00 -	2200.00	30.00 -	32.00	28.00 -	30.00
Anuradhapura	450.00 -	500.00	-	-	960.00 -	1000.00	1600.00 -	2000.00	2000.00 -	2200.00	1400.00 -	1600.00	-	-	2300.00 -	2500.00	-	-	30.00 -	32.00
Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	29.00 -	32.00	29.00 -	31.00
Polonnaruwa	450.00 -	500.00	1100.00 -	1200.00	1100.00 -	1200.00	1700.00 -	1800.00	2200.00 -	2300.00	1400.00 -	1500.00	1550.00 -	1600.00	2000.00 -	2100.00	34.00 -	35.00	32.00 -	33.00
Kaluthara	500.00 -	700.00	1200.00 -	1300.00	1200.00 -	1400.00	2000.00 -	2400.00	3000.00 -	3200.00	2200.00 -	2400.00	1700.00 -	1800.00	2300.00 -	2600.00	32.00 -	33.00	30.00 -	32.00
Badulla	440.00 -	460.00	900.00 -	900.00	1400.00 -	1450.00	1800.00 -	2000.00	-	-	1500.00 -	1600.00	1600.00 -	1650.00	2000.00 -	2200.00	30.00 -	32.00	30.00 -	31.00
Keppetipola	440.00 -	460.00	-	-	1300.00 -	1400.00	1800.00 -	1900.00	2400.00 -	2500.00	1600.00 -	1700.00	1500.00 -	1550.00	2100.00 -	2200.00	32.00 -	35.00	30.00 -	32.00
Moneragala	400.00 -	500.00	-	-	900.00 -	1000.00	2200.00 -	2400.00	2400.00 -	2600.00	2000.00 -	2200.00	2000.00 -	2200.00	2500.00 -	2600.00	30.00 -	32.00	30.00 -	32.00
Kegalle	650.00 -	700.00	1100.00 -	1200.00	1100.00 -	1200.00	2100.00 -	2200.00	-	-	1750.00 -	1850.00	1700.00 -	1800.00	2350.00 -	2400.00	34.00 -	36.00	32.00 -	34.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	29.00 -	31.00	29.00 -	31.00
Dehiattakandiya	400.00 -	600.00	1100.00 -	1100.00	1500.00 -	1500.00	2600.00 -	2600.00	2600.00 -	2600.00	1000.00 -	1000.00	1400.00 -	1600.00	2000.00 -	2600.00	29.00 -	30.00	27.00 -	30.00
Nuwaraeliya	460.00 -	480.00	-	-	1450.00 -	1500.00	1800.00 -	1900.00	2500.00 -	2600.00	1600.00 -	1700.00	1500.00 -	1600.00	2300.00 -	2400.00	33.00 -	35.00	30.00 -	33.00
Kandy	550.00 -	600.00	1000.00 -	1050.00	1100.00 -	1200.00	1650.00 -	1750.00	2000.00 -	2200.00	1300.00 -	1400.00	1400.00 -	1500.00	2000.00 -	2200.00	33.00 -	35.00	30.00 -	32.00
Puttalam	400.00 -	450.00	800.00 -	1000.00	700.00 -	800.00	-	-	1500.00 -	1500.00	1000.00 -	1200.00	1200.00 -	1300.00	2000.00 -	2200.00	29.00 -	35.00	27.00 -	33.00
Hambantota	300.00 -	350.00	1000.00 -	1000.00	1100.00 -	1200.00	1700.00 -	1800.00	2000.00 -	2000.00	-	-	-	-	-	-	-	-	30.00 -	32.00
Rathnapura	450.00 -	600.00	-	-	900.00 -	1100.00	1700.00 -	1800.00	2800.00 -	3000.00	1850.00 -	2000.00	1400.00 -	1600.00	1950.00 -	2200.00	30.00 -	33.00	28.00 -	30.00
Matara	400.00 -	500.00	900.00 -	1000.00	1200.00 -	1400.00	2000.00 -	2200.00	-	-	1800.00 -	2000.00	1400.00 -	1500.00	2000.00 -	2100.00	31.00 -	33.00	29.00 -	31.00
Galle	580.00 -	600.00	900.00 -	900.00	1100.00 -	1200.00	2000.00 -	2000.00	2400.00 -	2400.00	1600.00 -	1800.00	1900.00 -	2000.00	2400.00 -	2600.00	32.00 -	32.00	30.00 -	32.00
Tissamaharama	500.00 -	600.00	-	-	1000.00 -	1200.00	1700.00 -	2000.00	-	-	-	-	-	-	-	-	30.00 -	32.00	30.00 -	32.00
Meegoda	500.00 -	600.00	1100.00 -	1100.00	1100.00 -	1100.00	1900.00 -	2300.00	-	-	1000.00 -	1000.00	-	-	2700.00 -	2800.00	28.00 -	30.00	28.00 -	30.00
Embilipitiya	400.00 -	500.00	950.00 -	1000.00	1300.00 -	1400.00	2000.00 -	2200.00	2300.00 -	2400.00	1500.00 -	1600.00	1500.00 -	1600.00	2300.00 -	2400.00	29.00 -	32.00	28.00 -	32.00
Jaffna	600.00 -	660.00	800.00 -	900.00	1000.00 -	1150.00	-	-	2000.00 -	2200.00	1550.00 -	1650.00	2000.00 -	2120.00	-	-	30.00 -	34.00	30.00 -	33.00
Vavuniya	550.00 -	600.00	1000.00 -	1100.00	1000.00 -	1150.00	2000.00 -	2150.00	2400.00 -	2500.00	1600.00 -	1700.00	2000.00 -	2100.00	2400.00 -	2500.00	30.00 -	32.00	29.00 -	31.00
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	450.00 -	500.00	850.00 -	900.00	1000.00 -	1050.00	-	-	-	-	1400.00 -	1500.00	-	-	-	-	-	-	32.00 -	33.00
Mullaittivu	500.00 -	550.00	950.00 -	1000.00	800.00 -	900.00	-	-	-	-	1650.00 -	1800.00	-	-	2250.00 -	2350.00	-	-	32.00 -	34.00
Batticaloa	500.00 -	600.00	1200.00 -	1250.00	1400.00 -	1450.00	2000.00 -	2100.00	2200.00 -	2300.00	2000.00 -	2100.00	2000.00 -	2000.00	2200.00 -	2300.00	35.00 -	36.00	34.00 -	35.00
Trincomalee	580.00 -	590.00	1130.00 -	1150.00	1190.00 -	1220.00	2250.00 -	2320.00	2380.00 -	2400.00	1620.00 -	1650.00	1850.00 -	1890.00	-	-	32.00 -	34.00	30.00 -	32.00
Veyangoda	500.00 -	550.00	-	-	-	-	-	-	2200.00 -	2250.00	1000.00 -	1000.00	-	-	2000.00 -	2000.00	32.00 -	34.00	29.00 -	33.00
Galenbindunuwewa	500.00 -	550.00	1300.00 -	1400.00	1250.00 -	1350.00	2200.00 -	2300.00	2450.00 -	2550.00	1800.00 -	1900.00	1600.00 -	1700.00	2400.00 -	2500.00	30.00 -	33.00	28.00 -	32.00
Bandarawela	500.00 -	530.00	-	-	1400.00 -	1450.00	2000.00 -	2000.00	-	-	1800.00 -	1850.00	1400.00 -	1500.00	2200.00 -	2300.00	32.00 -	33.00	30.00 -	32.00
Matale	480.00 -	500.00	1100.00 -	1200.00	1200.00 -	1300.00	1800.00 -	2000.00	2200.00 -	2300.00	1300.00 -	1400.00	1600.00 -	1700.00	2000.00 -	2200.00	32.00 -	33.00	30.00 -	32.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 10: 07 - 13 Mar 2025

LOCATIONS		Dried Fish														
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya		
Colombo	800.00 – 1300.00	2200.00 – 2600.00	–	–	2200.00 – 2600.00	1200.00 – 1800.00	2200.00 – 2400.00	1000.00 – 1400.00	Gampaha	800.00 – 900.00	–	3800.00 – 3800.00	2000.00 – 2200.00	2000.00 – 2200.00	2000.00 – 2000.00	900.00 – 1000.00
Kurunegala	850.00 – 900.00	1700.00 – 1700.00	–	–	2000.00 – 2100.00	1900.00 – 1900.00	1900.00 – 1900.00	800.00 – 850.00	Nikaweratiya	1000.00 – 1000.00	1800.00 – 2000.00	–	–	1000.00 – 1200.00	1800.00 – 2000.00	800.00 – 800.00
Dambulla	750.00 – 850.00	2200.00 – 2300.00	–	–	2200.00 – 2300.00	1000.00 – 1200.00	1400.00 – 1600.00	–	Anuradhapura	800.00 – 1000.00	1800.00 – 2400.00	–	2000.00 – 2400.00	1200.00 – 1600.00	1800.00 – 2400.00	900.00 – 1000.00
Thambuththegama	750.00 – 1100.00	1680.00 – 1800.00	–	–	2200.00 – 2300.00	1100.00 – 1260.00	1200.00 – 2100.00	900.00 – 1000.00	Polonnaruwa	1000.00 – 1100.00	1800.00 – 2000.00	–	2200.00 – 2300.00	1000.00 – 1100.00	2000.00 – 2200.00	–
Kaluthara	800.00 – 1000.00	1900.00 – 2200.00	–	–	2300.00 – 2400.00	1500.00 – 1590.00	1800.00 – 2100.00	700.00 – 720.00	Badulla	800.00 – 1000.00	2100.00 – 2200.00	–	2300.00 – 2400.00	1500.00 – 1600.00	2200.00 – 2300.00	900.00 – 1000.00
Keppetipola	860.00 – 950.00	2250.00 – 2300.00	–	–	2200.00 – 2250.00	1450.00 – 1500.00	2300.00 – 2350.00	880.00 – 900.00	Moneragala	800.00 – 1000.00	1800.00 – 2000.00	–	1800.00 – 2200.00	1400.00 – 1450.00	1800.00 – 2000.00	800.00 – 900.00
Kegalle	850.00 – 960.00	–	–	–	2000.00 – 2200.00	1000.00 – 1200.00	–	–	Ampara	–	1800.00 – 1800.00	–	2000.00 – 2100.00	1300.00 – 1400.00	1300.00 – 1400.00	700.00 – 700.00
Dehiattakandiya	800.00 – 1000.00	2200.00 – 2200.00	–	–	1850.00 – 2200.00	1000.00 – 1200.00	1200.00 – 1200.00	–	Nuwaraeliya	860.00 – 1000.00	2200.00 – 2260.00	–	2200.00 – 2250.00	1500.00 – 1600.00	2200.00 – 2250.00	900.00 – 960.00
Kandy	750.00 – 900.00	1900.00 – 2100.00	–	–	2100.00 – 2200.00	1400.00 – 1500.00	1800.00 – 2000.00	900.00 – 1000.00	Puttalam	800.00 – 920.00	2000.00 – 2200.00	–	1800.00 – 2000.00	1500.00 – 1700.00	1200.00 – 1200.00	700.00 – 800.00
Hambantota	900.00 – 1000.00	2000.00 – 2000.00	–	–	–	1400.00 – 1500.00	2000.00 – 2000.00	–	Rathnapura	750.00 – 850.00	1960.00 – 2100.00	3000.00 – 3000.00	2000.00 – 2200.00	1200.00 – 1400.00	2000.00 – 2200.00	960.00 – 1200.00
Matara	800.00 – 900.00	1700.00 – 1800.00	–	–	1800.00 – 2000.00	1000.00 – 1250.00	1800.00 – 2000.00	–	Galle	800.00 – 1000.00	2000.00 – 2000.00	3000.00 – 3000.00	2000.00 – 2200.00	1000.00 – 1400.00	1600.00 – 2000.00	–
Tissamaharama	900.00 – 1000.00	1800.00 – 1800.00	–	–	2200.00 – 2400.00	1000.00 – 1200.00	1700.00 – 2000.00	–	Meegoda	800.00 – 1000.00	2000.00 – 2400.00	–	2100.00 – 2400.00	1200.00 – 1520.00	2200.00 – 2400.00	800.00 – 1000.00
Embilipitiya	800.00 – 1000.00	2000.00 – 2200.00	–	–	2150.00 – 2250.00	1250.00 – 1500.00	1800.00 – 2100.00	700.00 – 850.00	Jaffna	1000.00 – 1200.00	2300.00 – 2400.00	3100.00 – 3250.00	2150.00 – 2300.00	1280.00 – 1360.00	1200.00 – 1300.00	–
Vavuniya	–	1800.00 – 1900.00	–	–	2000.00 – 2150.00	1000.00 – 1200.00	1200.00 – 1300.00	780.00 – 850.00	Mannar	–	–	–	–	–	–	–
Killinochchi	950.00 – 1000.00	2200.00 – 2300.00	–	–	1800.00 – 1900.00	1000.00 – 1000.00	1000.00 – 1000.00	800.00 – 900.00	Mullaittivu	1150.00 – 1200.00	1850.00 – 2000.00	–	2450.00 – 2600.00	–	–	–
Batticaloa	1000.00 – 1000.00	1800.00 – 1850.00	–	–	2400.00 – 2500.00	1400.00 – 1450.00	1300.00 – 1400.00	800.00 – 900.00	Trincomalee	1000.00 – 1080.00	2340.00 – 2370.00	–	–	1350.00 – 1380.00	1190.00 – 1220.00	760.00 – 775.00
Veyangoda	800.00 – 1200.00	2000.00 – 2400.00	–	–	2200.00 – 2300.00	1200.00 – 1400.00	1800.00 – 2200.00	880.00 – 1000.00	Galenbindunuwewa	1000.00 – 1000.00	1750.00 – 1850.00	–	2200.00 – 2300.00	1100.00 – 1200.00	1200.00 – 1300.00	800.00 – 900.00
Bandarawela	800.00 – 1200.00	2100.00 – 2300.00	–	–	2200.00 – 2300.00	1400.00 – 1500.00	2000.00 – 2200.00	800.00 – 1000.00	Matale	800.00 – 1200.00	2100.00 – 2200.00	–	2300.00 – 2500.00	1500.00 – 1600.00	1800.00 – 2000.00	800.00 – 1200.00

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 10: 07 - 13 Mar 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2600.00 - 2800.00	1130.00 - 1320.00	1100.00 - 1320.00	3500.00 - 3800.00	1300.00 - 1600.00
Gampaha	-	1150.00 - 1150.00	1200.00 - 1200.00	3500.00 - 3500.00	1200.00 - 1200.00
Kurunegala	-	1050.00 - 1090.00	1200.00 - 1200.00	3200.00 - 3200.00	1100.00 - 1250.00
Nikaweratiya	2200.00 - 2200.00	1100.00 - 1200.00	-	-	-
Dambulla	-	1150.00 - 1200.00	1250.00 - 1250.00	-	1300.00 - 1300.00
Anuradhapura	2400.00 - 2500.00	1100.00 - 1200.00	1300.00 - 1350.00	3600.00 - 3800.00	1250.00 - 1400.00
Thambuththegama	-	1000.00 - 1100.00	-	-	1360.00 - 1500.00
Polonnaruwa	2300.00 - 2400.00	1000.00 - 1100.00	1200.00 - 1300.00	3500.00 - 3600.00	1100.00 - 1200.00
Kaluthara	2480.00 - 2500.00	1000.00 - 1180.00	1150.00 - 1250.00	-	1300.00 - 1350.00
Badulla	2100.00 - 2100.00	1160.00 - 1200.00	1280.00 - 1300.00	3100.00 - 3100.00	-
Keppetipola	2200.00 - 2300.00	1100.00 - 1160.00	1250.00 - 1280.00	3000.00 - 3100.00	-
Moneragala	2400.00 - 2400.00	1250.00 - 1350.00	1450.00 - 1550.00	-	1400.00 - 1500.00
Kegalle	2300.00 - 2300.00	1050.00 - 1150.00	-	3100.00 - 3100.00	-
Ampara	2100.00 - 2200.00	1000.00 - 1100.00	-	-	1300.00 - 1500.00
Dehiattakandiya	-	1150.00 - 1200.00	-	-	1290.00 - 1500.00
Nuwaraeliya	2250.00 - 2300.00	1150.00 - 1180.00	1260.00 - 1300.00	3200.00 - 3300.00	1500.00 - 1600.00
Kandy	2300.00 - 2400.00	1080.00 - 1090.00	1150.00 - 1200.00	3200.00 - 3200.00	1400.00 - 1500.00
Puttalam	2400.00 - 2400.00	1200.00 - 1200.00	1400.00 - 1400.00	3500.00 - 3500.00	-
Hambantota	-	1160.00 - 1180.00	-	-	-
Rathnapura	2500.00 - 2500.00	1200.00 - 1280.00	1200.00 - 1350.00	3400.00 - 3400.00	1350.00 - 1350.00
Matara	-	1190.00 - 1200.00	-	-	-
Galle	2400.00 - 2400.00	1080.00 - 1200.00	1150.00 - 1150.00	3500.00 - 3500.00	-
Tissamaharama	-	1100.00 - 1200.00	-	-	-
Meegoda	-	1120.00 - 1220.00	1300.00 - 1350.00	-	1350.00 - 1350.00
Embilipitiya	2000.00 - 2100.00	1000.00 - 1100.00	1150.00 - 1250.00	2950.00 - 3500.00	1300.00 - 1450.00
Jaffna	2000.00 - 2100.00	1100.00 - 1250.00	1300.00 - 1400.00	3500.00 - 4000.00	-
Vavuniya	2200.00 - 2300.00	1280.00 - 1340.00	1600.00 - 1700.00	3200.00 - 3300.00	-
Mannar	-	-	-	-	-
Killinochchi	2150.00 - 2200.00	1200.00 - 1250.00	1400.00 - 1450.00	3200.00 - 3250.00	-
Mullaittivu	2150.00 - 2200.00	1300.00 - 1350.00	1450.00 - 1500.00	-	-
Batticaloa	2000.00 - 2100.00	1100.00 - 1200.00	1300.00 - 1350.00	3500.00 - 3550.00	-
Trincomalee	2350.00 - 2365.00	1000.00 - 1100.00	1700.00 - 1760.00	3580.00 - 3600.00	-
Veyangoda	2400.00 - 2450.00	1000.00 - 1180.00	-	-	1200.00 - 1250.00
Galenbindunuwewa	2200.00 - 2300.00	1100.00 - 1150.00	1300.00 - 1350.00	3500.00 - 3550.00	1450.00 - 1500.00
Bandarawela	2350.00 - 2400.00	1100.00 - 1230.00	-	3450.00 - 3500.00	-
Matale	2300.00 - 2400.00	1050.00 - 1100.00	1000.00 - 1200.00	3100.00 - 3200.00	1200.00 - 1300.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)

Week 10: 07 - 13 Mar 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	190.00 - 200.00	194.44	198.57	96.67	-2.08	101.15
Samba 1	235.00 - 240.00	237.86	237.86	237.00	0.00	0.36	Small	160.00 - 170.00	167.50	173.33	80.83	-3.37	107.22
Samba 2	230.00 - 233.00	231.50	231.50	229.29	0.00	0.97							
Keeri Samba	260.00 - 275.00	267.50	265.00	320.00	0.94	-16.41	<u>Fruits (Rs/fruit)</u>						
Nadu 1	225.00 - 230.00	226.67	226.86	204.56	-0.08	10.81	Plantain						
Nadu 2	220.00 - 222.00	221.00	221.00	194.13	0.00	13.84	Ambul (Rs/kg)	80.00 - 120.00	95.00	104.00	114.67	-8.65	-17.15
Raw (Red)	215.00 - 220.00	217.17	218.33	172.22	-0.53	26.10	Kolikuttu (Rs/kg)	180.00 - 230.00	203.00	206.00	224.00	-1.46	-9.38
Raw (White)	220.00 - 225.00	222.50	222.00	192.22	0.23	15.75	Seeni (Rs/kg)	100.00 - 130.00	114.00	116.00	112.31	-1.72	1.51
Imported							Anamalu	25.00 - 30.00	27.70	29.10	27.50	-4.81	0.73
Samba	225.00 - 230.00	226.67	226.67	253.33	0.00	-10.53	Ambun	35.00 - 44.00	39.70	40.50	31.58	-1.98	25.70
Nadu	215.00 - 220.00	218.00	216.17		0.85		Papaw(Rs/kg)	270.00 - 320.00	301.25	331.25	198.46	-9.06	51.79
Raw (Red)							Passion Fruit	60.00 - 110.00	87.78	107.50	89.50	-18.35	-1.92
Raw (White)	205.00 - 210.00	207.60	207.50		0.05		Pineapple Large	420.00 - 520.00	466.67	448.57	622.86	4.03	-25.08
<u>Dried Chillies</u>							Pineapple Medium	320.00 - 370.00	346.67	347.14	482.86	-0.14	-28.21
Imported	580.00 - 650.00	618.33	588.33	850.00	5.10	-27.25	Pineapple Small	250.00 - 300.00	276.67	274.29	382.86	0.87	-27.74
<u>Onion</u>							Mango						
Sinnan	150.00 - 200.00	176.67	168.33		4.95		Betti	65.00 - 85.00	73.33				
Vedalan	280.00 - 290.00	285.00		224.29		27.07	Karthakolomban	200.00 - 230.00	213.13	267.22		-20.24	
Imported	220.00 - 350.00	294.29	221.67	223.57	32.76	31.63	Vilad	58.00 - 135.00	97.67	153.33		-36.30	
<u>Big Onion</u>							Kohu	-					
Imported	70.00 - 140.00	105.63	112.50	338.57	-6.11	-68.80	<u>Other</u>						
Local							Wood Apple	100.00 - 130.00	118.75	131.00	91.00	-9.35	30.49
<u>Potato</u>							Orange	35.00 - 50.00	41.88	43.75	39.00	-4.29	7.37
Welimada	250.00 - 330.00	285.83					Avocado	150.00 - 230.00	191.88	225.00	284.00	-14.72	-32.44
N'Eliya	280.00 - 300.00	290.00	371.00	322.50	-21.83	-10.08	Slime Apple	15.00 - 20.00	17.75	18.33	20.55	-3.18	-13.61
Imported	150.00 - 210.00	172.56	160.00	158.13	7.85	9.13	Grapes (Imp., Rs/kg)	1500.00 - 1900.00	1783.33	1766.67	1591.67	0.94	12.04
<u>Pulses</u>							King Coconut	160.00 - 250.00	196.25	215.00	151.11	-8.72	29.87
Green Gram	600.00 - 720.00	665.00	611.67	1135.71	8.72	-41.45	<u>Sea Fish</u>						
Cowpea (White)	650.00 - 700.00	675.00	660.00	796.00	2.27	-15.20	Salaya	300.00 - 400.00	372.50	378.33	266.36	-1.54	39.85
Cowpea (Red)	420.00 - 600.00	511.67	541.67	763.33	-5.54	-32.97	Hurulla	650.00 - 800.00	740.00	800.00	608.00	-7.50	21.71
Red Dhal	255.00 - 265.00	259.67	262.86	288.33	-1.21	-9.94	Balaya	750.00 - 850.00	798.33	675.83	581.00	18.13	37.41
<u>Vegetable</u>							Kelawalla	1000.00 - 1200.00	1090.00	1058.33	1183.00	2.99	-7.86
Beans (Butter)							Thora	1400.00 - 2000.00	1708.33	1726.92	2095.00	-1.08	-18.46
Beans(Green)	300.00 - 450.00	375.00	189.00	403.00	98.41	-6.95	Paraw	900.00 - 1250.00	1069.17	1198.33	1180.00	-10.78	-9.39
Carrot	700.00 - 800.00	763.00	668.18	268.00	14.19	184.70	Mora	-		1130.00	846.00		
Leeks	150.00 - 220.00	188.00	224.00	204.00	-16.07	-7.84	Shrimps	1700.00 - 1850.00	1776.67	1800.00	1770.00	-1.30	0.38
Beetroot	60.00 - 150.00	100.77	211.67	250.00	-52.39	-59.69	Thalapath	1450.00 - 2000.00	1625.00	1577.27	1750.00	3.03	-7.14
Knolkhol	120.00 - 200.00	170.91	170.00	169.00	0.53	1.13	<u>Eggs</u>						
Raddish	60.00 - 150.00	107.00	84.00	87.00	27.38	22.99	Brown	30.00 - 34.00	32.25	30.38	56.25	6.17	-42.67
Cabbage	180.00 - 330.00	258.00	262.00	296.00	-1.53	-12.84	White	28.00 - 31.00	29.50	27.31	54.00	8.01	-45.37
Tomato	130.00 - 220.00	177.00	164.00	375.00	7.93	-52.80	<u>Dried Fish</u>						
Ladies Fingers	170.00 - 260.00	221.00	166.67	116.00	32.60	90.52	Sprats	750.00 - 950.00	841.67	924.17	1233.00	-8.93	-31.74
Brinjal	100.00 - 180.00	136.00	152.00	135.00	-10.53	0.74	Sprats (Imported)	500.00 - 700.00	616.67	625.83	881.67	-1.46	-30.06
Capsicum	400.00 - 600.00	510.00	575.00	420.00	-11.30	21.43	Kattawa	-					
Pumpkin	100.00 - 140.00	119.00	123.00	242.00	-3.25	-50.83	Kattawa (Imported)	1550.00 - 1700.00	1619.17	1490.00	1274.00	8.67	27.09
Cucumber	120.00 - 200.00	154.00	146.00	90.00	5.48	71.11	Thora	-					
Bitter Gourd	300.00 - 400.00	353.00	313.00	246.00	12.78	43.50	Thora (Imported)	-					
Snake Gourd	130.00 - 300.00	215.00	124.00	178.00	73.39	20.79	Mora	1750.00 - 1850.00	1795.83	1795.83	1668.00	0.00	7.66
Drumstick							Mora (Imported)	-					
Luffa	250.00 - 400.00	326.00	218.00	172.00	49.54	89.53	Balaya	750.00 - 900.00	827.50	752.31	864.00	9.99	-4.22
Long Beans	150.00 - 350.00	268.00	140.00	182.00	91.43	47.25	Balaya (Imported)	-					
Ash Plantain	100.00 - 150.00	132.00	129.00	247.00	2.33	-46.56	Anguluwa	-					
Green Chillies	450.00 - 800.00	620.00	980.00	305.00	-36.73	103.28	Anguluwa (Imported)	1400.00 - 1550.00	1468.33	1477.50	1415.00	-0.62	3.77
Lime	100.00 - 180.00	144.00	125.00	124.00	15.20	16.13	Maduwa	1200.00 - 1300.00	1263.33	1241.67	1294.00	1.74	-2.37
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	120.00 - 170.00	143.00	134.00	133.00	6.72	7.52	Koduwa	-					
Manioc	70.00 - 120.00	100.00	98.89	100.00	1.12	0.00	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	650.00 - 750.00	670.00	646.67	531.67	3.61	26.02
Mukunuwenna	40.00 - 45.00	42.50	42.22	42.50	0.66	0.00	Salaya (Imported)	-					
Kankun	40.00 - 45.00	42.50	42.22	42.50	0.66	0.00							
Gotukola (Rs/kg)	300.00 - 320.00	310.00	330.00	290.00	-6.06	6.90							

This Week:

Week 10: 07 - 13 Mar 2025

Last Week:

Week 09: 28 Feb - 06 Mar 2025

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 10: 07 - 13 Mar 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	200.00 · 230.00	217.38	228.57	116.79	-11.19	86.14
Samba 1	240.00 · 260.00	251.25	251.11	251.72	0.14	-0.19	Small	180.00 · 195.00	187.06	196.67	99.07	-9.61	88.81
Samba 2													
Keeri Samba	270.00 · 320.00	293.45	280.52	373.04	12.93	-21.34	<u>Fruits (Rs/fruit)</u>						
Nadu 1	230.00 · 250.00	242.50	239.63	224.40	2.87	8.07	Plantain						
Nadu 2							Ambul (Rs/kg)	100.00 · 240.00	162.17	186.92	205.60	-24.75	-21.12
Raw (Red)	250.00 · 270.00	262.00	245.00	201.85	17.00	29.80	Kolikuttu (Rs/kg)	200.00 · 350.00	292.86	310.80	396.36	-17.94	-26.11
Raw (White)	240.00 · 260.00	250.29	247.62	215.20	2.68	16.31	Seeni (Rs/kg)	130.00 · 230.00	183.18	197.78	201.11	-14.60	-8.92
Imported							Anamalu	34.00 · 52.00	42.38	43.57	31.64	-1.19	33.95
Samba	230.00 · 250.00	240.20	238.00	287.50	2.20	-16.45	Ambun	42.00 · 72.00	56.52	60.86	40.24	-4.33	40.47
Nadu	230.00 · 240.00	235.25	231.20		4.05		Papaw(Rs/kg)	300.00 · 400.00	373.50	389.17	299.29	-15.67	24.80
Raw (Red)							Passion Fruit	80.00 · 150.00	121.43	151.25	128.64	-29.82	-5.60
Raw (White)	220.00 · 240.00	230.00	221.43		8.57		Pineapple Large	460.00 · 715.00	596.36	630.53	702.38	-34.16	-15.09
Dried Chillies							Pineapple Medium	350.00 · 550.00	454.76	480.56	578.33	-25.79	-21.37
Imported	800.00 · 1000.00	900.00	898.65	1140.00	1.35	-21.05	Pineapple Small	280.00 · 440.00	360.00	382.22	453.33	-22.22	-20.59
Onion							Mango						
Sinnan							Betti						
Vedalan							Karthakolomban	280.00 · 330.00	316.25	300.00		16.25	
Imported	350.00 · 600.00	439.75	432.67	350.40	7.08	25.50	Vilad	150.00 · 240.00	177.50				
Big Onion							Kohu						
Imported	150.00 · 200.00	175.50	184.79	416.80	-9.29	-57.89	Other						
Local							Wood Apple	150.00 · 260.00	192.47	173.75	130.83	18.72	47.11
Potato							Orange	70.00 · 120.00	94.39	97.38	72.08	-2.99	30.94
Welimada							Avocado	200.00 · 375.00	297.24	301.54		-4.30	
N'Eliya	360.00 · 480.00	426.84	434.00	400.00	-7.16	6.71	Slime Apple	50.00 · 80.00	59.78	60.63	69.84	-0.85	-14.41
Imported	180.00 · 240.00	220.00	218.00	192.38	2.00	14.36	Grapes (Imp., Rs/kg)	1800.00 · 2500.00	2153.33	2235.29	2157.14	-81.96	-0.18
Pulses							King Coconut	240.00 · 300.00	262.22	261.67	170.53	0.56	53.77
Green Gram	700.00 · 900.00	785.00	778.53	1259.09	6.47	-37.65	Sea Fish						
Cowpea (White)	750.00 · 950.00	851.90	817.60	1228.00	34.30	-30.63	Salaya	360.00 · 700.00	524.74	558.95	413.26	-34.21	26.97
Cowpea (Red)	700.00 · 900.00	829.57	786.13	1244.00	43.44	-33.31	Hurulla	850.00 · 1300.00	1024.17	1030.00	902.86	-5.83	13.44
Red Dhal	280.00 · 320.00	296.67	297.97	337.31	-1.31	-12.05	Balaya	800.00 · 950.00	871.43	708.89	1112.73	162.54	-21.69
Vegetable							Kelawalla	1200.00 · 2200.00	1754.71	1769.44	2066.52	-14.74	-15.09
Beans (Butter)							Thora	1650.00 · 3600.00	2550.00	2706.67	3062.50	-156.67	-16.73
Beans(Green)	400.00 · 650.00	516.00	313.33	561.07	202.67	-8.03	Paraw	1000.00 · 2000.00	1697.06	1841.25	2039.05	-144.19	-16.77
Carrot	720.00 · 1000.00	813.33	801.79	492.96	11.55	64.99	Mora						
Leeks	240.00 · 450.00	333.45	355.00	391.11	-21.55	-14.74	Shrimps	1950.00 · 2400.00	2136.67	1970.67	2119.05	166.00	0.83
Beetroot	160.00 · 380.00	264.64	330.67	436.07	-66.02	-39.31	Thalapath	1600.00 · 2800.00	2381.58	2279.47	2720.87	102.11	-12.47
Knolkhol	240.00 · 450.00	344.64	312.00	361.72	32.64	-4.72	Eggs						
Raddish	150.00 · 320.00	244.00	232.59	236.07	11.41	3.36	Brown	31.00 · 35.00	33.18	32.53	58.28	0.64	-43.08
Cabbage	280.00 · 480.00	398.15	444.58	512.86	-46.44	-22.37	White	29.00 · 34.00	31.41	30.88	56.65	0.54	-44.55
Tomato	240.00 · 400.00	337.86	277.67	582.07	60.19	-41.96	Dried Fish						
Ladies Fingers	220.00 · 400.00	328.00	322.41	256.43	5.59	27.91	Sprats	1200.00 · 1800.00	1556.25	1694.74	2136.00	-138.49	-27.14
Brinjal	180.00 · 360.00	273.33	293.67	292.96	-20.33	-6.70	Sprats (Imported)	800.00 · 1300.00	1077.78	1117.50	1280.77	-39.72	-15.85
Capsicum	540.00 · 900.00	737.93	921.07	662.50	-183.14	11.39	Kattawa	2200.00 · 2600.00	2311.11	2266.67	2240.00	44.44	3.17
Pumpkin	160.00 · 320.00	245.00	255.71	370.36	-10.71	-33.85	Thora						
Cucumber	180.00 · 350.00	267.59	258.97	215.00	8.62	24.46	Mora	2200.00 · 2600.00	2500.00	2488.89	2356.00	11.11	6.11
Bitter Gourd	360.00 · 600.00	506.07	478.21	435.00	27.86	16.34	Balaya	1200.00 · 1800.00	1644.44	1627.78	1720.00	16.67	-4.39
Snake Gourd	260.00 · 400.00	338.93	316.55	361.72	22.38	-6.30	Anguluwa	2200.00 · 2400.00	2285.71	2338.46	2280.00	-52.75	0.25
Drumstick							Maduwa	1300.00 · 1500.00	1400.00	1377.78		22.22	
Luffa	300.00 · 560.00	445.00	417.92	384.00	27.08	15.89	Koduwa						
Long Beans	340.00 · 560.00	444.09	311.85	339.64	132.24	30.75	Salaya	1000.00 · 1400.00	1188.24	1187.50	988.46	0.74	20.21
Ash Plantain	200.00 · 360.00	277.59	266.15	361.43	11.43	-23.20	Meat						
Green Chillies	1100.00 · 1800.00	1344.23	1563.79	633.10	-219.56	112.32	Beef (without Bones)	2600.00 · 2800.00	2687.50	2628.57	2333.33	58.93	15.18
Lime	200.00 · 400.00	315.86	366.67	338.67	-50.80	-6.73	Chicken (Broiler)	1130.00 · 1320.00	1223.33	1174.67	1274.55	48.67	-4.02
Root Crops							Chicken (Curry)	1100.00 · 1320.00	1186.36	1168.57	1340.00	17.79	-11.47
Sweet Potato	200.00 · 320.00	266.30	265.38	277.86	0.91	-4.16	Mutton	3500.00 · 3800.00	3633.33	3640.00	3285.71	-6.67	10.58
Manioc	160.00 · 240.00	204.48	203.85	209.31	0.64	-2.31	Pork	1300.00 · 1600.00	1366.67	1300.00	1280.00	66.67	6.77
Leafy Vegetable													
Mukunuwenna	50.00 · 80.00	74.71	77.06	71.38	-2.35	4.66							
Kankun	50.00 · 80.00	74.71	77.06	71.38	-2.35	4.66							
Gotukola	250.00 · 340.00	284.67	266.47	91.21	18.20	212.11							

This Week:

Week 10: 07 - 13 Mar 2025

Last Week:

Week 09: 28 Feb - 06 Mar 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 10: 07 - 13 Mar 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	145.00 – 172.50	156.00
A'pura	130.00 – 134.00	131.60	Dambulla	340.00 – 380.00	356.00	Hambantota	–	
P'naruwa	117.00 – 134.00	124.22	Welimada	340.00 – 360.00	348.00	Embilipitiya	160.00 – 180.00	170.00
Kalawewa	130.00 – 133.00	131.40	Badulla	380.00 – 420.00	397.50	Matara	–	
Kurunegala	118.00 – 130.00	124.80	Carrot			A'pura	160.00 – 180.00	168.00
Dehiattakandiya	130.00 – 132.00	130.67	N'Elia	570.00 – 590.00	578.00	Luffa		
Nikaweratiya	130.00 – 135.00	133.60	Welimada	300.00 – 480.00	428.00	Dambulla	250.00 – 290.00	270.00
Ampara	138.00 – 140.00	138.67	Hanguranketha	400.00 – 500.00	450.00	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	270.00 – 300.00	285.00
A'pura	125.00 – 128.00	126.20	N'Elia	130.00 – 140.00	135.00	Matara	–	
P'naruwa	112.00 – 129.00	119.78	Welimada	120.00 – 130.00	126.00	A'pura	300.00 – 320.00	308.00
Kalawewa	126.00 – 128.00	126.80	Beetroot			Green Chillies		
Kurunegala	115.00 – 128.00	122.40	N'Elia	80.00 – 90.00	84.00	Dambulla	500.00 – 580.00	558.00
Dehiattakandiya	128.00 – 130.00	129.00	Dambulla	95.00 – 100.00	98.33	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	800.00 – 850.00	817.50
Nikaweratiya	125.00 – 130.00	128.20	Welimada	80.00 – 100.00	92.00	Puttalam	475.00 – 570.00	522.67
Hambantota	–		Hanguranketha	100.00 – 160.00	131.67	A'pura	800.00 – 850.00	820.00
Ampara	124.00 – 126.00	125.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	100.00 – 110.00	106.00	Dambulla	90.00 – 100.00	97.00
Matara	132.00 – 140.00	135.50	Welimada	100.00 – 110.00	105.00	Hambantota	–	
Hambantota	120.00 – 135.00	128.33	Hanguranketha	80.00 – 120.00	100.00	Embilipitiya	120.00 – 130.00	125.00
Embilipitiya	133.00 – 135.00	134.00	Raddish			Matara	80.00 – 90.00	
Keeri Samba			N'Elia	45.00 – 55.00	51.00	A'pura	90.00 – 110.00	98.00
A'pura	133.00 – 138.00	135.00	Welimada	25.00 – 30.00	27.00	Moneragala	80.00 – 100.00	88.00
P'naruwa	118.00 – 139.00	127.89	Hambantota	–		Cucumber		
Kalawewa	130.00 – 135.00	133.00	Hanguranketha	50.00 – 60.00	57.50	A'pura	120.00 – 140.00	128.00
Kurunegala	123.00 – 136.00	129.14	Cabbage			Dambulla	167.50 – 190.00	180.50
Dehiattakandiya	140.00 – 144.00	142.00	N'Elia	190.00 – 200.00	194.00	Hambantota	–	
Red Onion			Welimada	160.00 – 180.00	170.00	Matara	100.00 – 120.00	107.50
Puttalam	220.00 – 266.00	240.25	Badulla	140.00 – 160.00	150.00	Long Beans		
Jaffna	230.00 – 250.00	242.00	Hanguranketha	160.00 – 200.00	176.00	Dambulla	152.50 – 200.00	172.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	140.00 – 160.00	148.00	Embilipitiya	250.00 – 270.00	260.00
Kalawewa	–		Hambantota	–		Matara	160.00 – 180.00	167.50
A'pura	–		Dambulla	135.00 – 152.50	145.00	A'pura	200.00 – 220.00	208.00
Potato			Hanguranketha	120.00 – 160.00	140.00	Ash Plantain		
N'Elia	265.00 – 280.00	274.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	250.00 – 260.00	255.00	Ladies Fingers			Embilipitiya	100.00 – 120.00	107.50
Welimada	260.00 – 270.00	266.00	A'pura	240.00 – 260.00	248.00	Matara	85.00 – 100.00	92.50
<u>Pulses</u>			Dambulla	220.00 – 240.00	227.50	Lime		
Green Gram			Hambantota	160.00 – 170.00	165.00	Hambantota	–	
Hambantota	–		Embilipitiya	200.00 – 220.00	207.50	Embilipitiya	140.00 – 160.00	150.00
Moneragala	480.00 – 520.00	496.00	Matara	160.00 – 220.00	190.00	Moneragala	70.00 – 80.00	74.00
Embilipitiya	540.00 – 550.00	545.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	450.00 – 500.00	483.33	A'pura	100.00 – 120.00	108.00	Banana		
A'pura	520.00 – 540.00	528.00	Dambulla	110.00 – 120.00	115.00	Ambul		
Cowpea			Hambantota	80.00 – 90.00	85.00	Moneragala	50.00 – 60.00	56.00
Hambantota	–		Embilipitiya	100.00 – 130.00	115.00	Embilipitiya	40.00 – 60.00	48.00
Nikaweratiya	400.00 – 500.00	450.00	Matara	100.00 – 125.00	113.75	Hambantota	60.00 – 70.00	65.00
Moneragala	400.00 – 420.00	408.00	Welimada	80.00 – 100.00	90.00	Kolikuttu		
Embilipitiya	400.00 – 410.00	405.00	Capsicum			Moneragala	150.00 – 170.00	158.00
Maize			Badulla	500.00 – 540.00	520.00	Embilipitiya	120.00 – 160.00	140.00
A'pura	140.00 – 145.00	142.00	Welimada	400.00 – 420.00	410.00	Hambantota	150.00 – 160.00	155.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	350.00 – 400.00	370.00	Moneragala	150.00 – 160.00	154.00
A'pura	–		Dambulla	280.00 – 300.00	294.00	Embilipitiya	180.00 – 200.00	190.00
Kalawewa	–		Hambantota	–		Hambantota	220.00 – 230.00	225.00
Black Gram			Embilipitiya	340.00 – 360.00	350.00	Pineapple		
A'pura	–		Matara	300.00 – 330.00	315.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 10: 07 - 13 Mar 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	240.00 - 260.00	250.00 - 260.00	250.00 - 260.00	240.00 - 250.00	250.00 - 260.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	270.00 - 280.00	300.00 - 320.00	300.00 - 320.00	270.00 - 300.00	270.00 - 300.00	270.00 - 320.00	300.00 - 320.00	280.00 - 300.00	280.00 - 320.00
Nadu 1	240.00 - 250.00	230.00 - 240.00	240.00 - 250.00	240.00 - 250.00	250.00 - 250.00	240.00 - 250.00	250.00 - 250.00	230.00 - 245.00	230.00 - 250.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	250.00 - 260.00	260.00 - 270.00	270.00 - 270.00	250.00 - 270.00	260.00 - 270.00	250.00 - 260.00
Raw (White)	240.00 - 240.00	250.00 - 250.00	260.00 - 260.00	260.00 - 260.00	250.00 - 260.00	255.00 - 260.00	240.00 - 250.00	250.00 - 250.00	240.00 - 250.00
Imported									
Samba	230.00 - 240.00	240.00 - 240.00	250.00 - 250.00	230.00 - 250.00	240.00 - 245.00	240.00 - 245.00	240.00 - 250.00	230.00 - 240.00	240.00 - 245.00
Nadu	230.00 - 240.00	240.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 240.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	240.00 - 240.00	220.00 - 230.00	230.00 - 240.00	220.00 - 220.00	230.00 - 230.00	220.00 - 230.00	220.00 - 240.00	220.00 - 220.00	230.00 - 230.00
<u>Dried Chillies</u>									
Imported	850.00 - 900.00	850.00 - 1000.00	900.00 - 1000.00	800.00 - 1000.00	800.00 - 950.00	800.00 - 950.00	800.00 - 850.00	800.00 - 950.00	800.00 - 900.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	380.00 - 450.00	400.00 - 600.00	400.00 - 600.00	400.00 - 600.00	350.00 - 420.00	400.00 - 480.00	350.00 - 400.00	400.00 - 520.00	400.00 - 600.00
<u>Big Onion</u>									
Imported	180.00 - 200.00	200.00 - 200.00	180.00 - 200.00	160.00 - 180.00	150.00 - 180.00	160.00 - 200.00	150.00 - 180.00	150.00 - 180.00	150.00 - 180.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	360.00 - 380.00	440.00 - 480.00	400.00 - 420.00	420.00 - 480.00	450.00 - 480.00	480.00 - 480.00	360.00 - 360.00	440.00 - 480.00	420.00 - 480.00
Imported	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00	220.00 - 240.00	200.00 - 240.00	200.00 - 240.00	180.00 - 240.00	180.00 - 220.00	200.00 - 220.00
<u>Pulses</u>									
Green Gram	700.00 - 750.00	700.00 - 750.00	750.00 - 880.00	750.00 - 800.00	750.00 - 840.00	700.00 - 800.00	750.00 - 800.00	750.00 - 800.00	750.00 - 900.00
Cowpea (White)	750.00 - 900.00	800.00 - 880.00	750.00 - 900.00	800.00 - 900.00	900.00 - 950.00	950.00 - 950.00	800.00 - 900.00	780.00 - 850.00	800.00 - 900.00
Cowpea (Red)	780.00 - 900.00	800.00 - 880.00	700.00 - 900.00	800.00 - 900.00	900.00 - 900.00	800.00 - 900.00	700.00 - 900.00	780.00 - 800.00	850.00 - 900.00
Red Dhal	280.00 - 300.00	290.00 - 320.00	290.00 - 320.00	290.00 - 320.00	300.00 - 320.00	290.00 - 300.00	280.00 - 300.00	280.00 - 320.00	290.00 - 320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00 - 480.00	640.00 - 650.00	560.00 - 640.00	520.00 - 550.00	480.00 - 600.00	460.00 - 480.00	400.00 - 480.00	400.00 - 450.00	550.00 - 570.00
Carrot	720.00 - 750.00	900.00 - 1000.00	800.00 - 1000.00	750.00 - 800.00	750.00 - 800.00	800.00 - 800.00	750.00 - 750.00	800.00 - 800.00	750.00 - 750.00
Leeks	240.00 - 260.00	320.00 - 450.00	420.00 - 450.00	350.00 - 400.00	300.00 - 320.00	320.00 - 340.00	260.00 - 280.00	320.00 - 340.00	280.00 - 340.00
Beetroot	180.00 - 200.00	320.00 - 380.00	380.00 - 380.00	320.00 - 340.00	280.00 - 300.00	240.00 - 260.00	160.00 - 200.00	230.00 - 240.00	240.00 - 260.00
Knolkhol	240.00 - 250.00	400.00 - 450.00	400.00 - 420.00	440.00 - 450.00	320.00 - 360.00	280.00 - 280.00	250.00 - 320.00	430.00 - 450.00	240.00 - 250.00
Raddish	160.00 - 180.00	280.00 - 320.00	320.00 - 320.00	260.00 - 280.00	200.00 - 250.00	-	150.00 - 160.00	240.00 - 260.00	200.00 - 230.00
Cabbage	320.00 - 360.00	430.00 - 480.00	450.00 - 480.00	420.00 - 480.00	400.00 - 400.00	360.00 - 400.00	280.00 - 300.00	420.00 - 440.00	340.00 - 400.00
Tomato	240.00 - 260.00	400.00 - 400.00	360.00 - 400.00	360.00 - 400.00	320.00 - 340.00	280.00 - 300.00	250.00 - 320.00	340.00 - 400.00	360.00 - 400.00
Ladies Fingers	220.00 - 250.00	400.00 - 400.00	360.00 - 400.00	350.00 - 400.00	280.00 - 360.00	320.00 - 340.00	240.00 - 280.00	340.00 - 400.00	280.00 - 320.00
Brinjal	200.00 - 230.00	320.00 - 360.00	340.00 - 360.00	320.00 - 340.00	260.00 - 320.00	260.00 - 300.00	180.00 - 200.00	240.00 - 300.00	220.00 - 240.00
Capsicum	550.00 - 600.00	800.00 - 900.00	900.00 - 900.00	750.00 - 800.00	700.00 - 800.00	750.00 - 800.00	540.00 - 600.00	700.00 - 800.00	800.00 - 900.00
Pumpkin	160.00 - 180.00	280.00 - 320.00	320.00 - 320.00	260.00 - 280.00	230.00 - 240.00	260.00 - 280.00	160.00 - 180.00	230.00 - 240.00	280.00 - 320.00
Cucumber	220.00 - 240.00	320.00 - 350.00	350.00 - 350.00	250.00 - 280.00	240.00 - 280.00	240.00 - 240.00	180.00 - 200.00	280.00 - 320.00	280.00 - 320.00
Bitter Gourd	360.00 - 400.00	480.00 - 550.00	550.00 - 600.00	550.00 - 600.00	450.00 - 500.00	450.00 - 460.00	400.00 - 450.00	550.00 - 600.00	550.00 - 600.00
Snake Gourd	260.00 - 280.00	360.00 - 400.00	400.00 - 400.00	350.00 - 400.00	360.00 - 400.00	280.00 - 300.00	260.00 - 300.00	320.00 - 400.00	300.00 - 320.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	320.00 - 350.00	550.00 - 560.00	550.00 - 560.00	450.00 - 480.00	460.00 - 500.00	-	300.00 - 360.00	-	320.00 - 320.00
Long Beans	340.00 - 350.00	540.00 - 560.00	540.00 - 560.00	340.00 - 400.00	400.00 - 500.00	-	340.00 - 340.00	450.00 - 530.00	350.00 - 400.00
Ash Plantain	200.00 - 220.00	320.00 - 340.00	350.00 - 360.00	320.00 - 340.00	250.00 - 280.00	260.00 - 280.00	200.00 - 200.00	280.00 - 320.00	230.00 - 280.00
Green Chillies	1100.00 - 1300.00	1400.00 - 1500.00	1600.00 - 1800.00	1100.00 - 1200.00	1200.00 - 1600.00	1800.00 - 1800.00	1100.00 - 1200.00	1600.00 - 1600.00	1100.00 - 1200.00
Lime	200.00 - 220.00	300.00 - 400.00	360.00 - 400.00	360.00 - 400.00	250.00 - 300.00	400.00 - 400.00	200.00 - 250.00	230.00 - 260.00	300.00 - 340.00
<u>Root Crops</u>									
Sweet Potato	230.00 - 240.00	320.00 - 320.00	260.00 - 300.00	320.00 - 320.00	240.00 - 280.00	250.00 - 260.00	200.00 - 220.00	230.00 - 240.00	220.00 - 240.00
Manioc	160.00 - 180.00	220.00 - 240.00	220.00 - 240.00	220.00 - 240.00	200.00 - 200.00	200.00 - 220.00	160.00 - 180.00	200.00 - 220.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	50.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	70.00 - 80.00	50.00 - 60.00	80.00 - 80.00	80.00 - 80.00
Gotukola	280.00 - 280.00	280.00 - 320.00	260.00 - 280.00	280.00 - 320.00	320.00 - 340.00	260.00 - 280.00	-	250.00 - 260.00	260.00 - 280.00
<u>Coconut</u>									
Large	200.00 - 220.00	200.00 - 220.00	200.00 - 225.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	200.00 - 200.00	200.00 - 220.00	200.00 - 200.00
Small	180.00 - 190.00	180.00 - 180.00	180.00 - 190.00	185.00 - 190.00	185.00 - 190.00	185.00 - 190.00	190.00 - 190.00	180.00 - 195.00	190.00 - 195.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	100.00	-	150.00	180.00	-	200.00	200.00	-	240.00	180.00	-	200.00	200.00	-	200.00	100.00	-	160.00	120.00	-	150.00	120.00	-	150.00	150.00	-	180.00
Kolikuttu (Rs/Kg)	200.00	-	300.00	330.00	-	340.00	350.00	-	350.00	300.00	-	350.00	350.00	-	350.00	300.00	-	300.00	250.00	-	300.00	250.00	-	250.00	250.00	-	250.00
Seeni (Rs/Kg)	130.00	-	150.00	220.00	-	230.00	220.00	-	230.00	200.00	-	200.00	220.00	-	220.00	150.00	-	200.00	130.00	-	150.00	160.00	-	180.00	200.00	-	230.00
Anamalu	36.00	-	40.00	50.00	-	52.00	50.00	-	50.00	50.00	-	50.00	43.00	-	43.00	34.00	-	36.00	36.00	-	43.00	43.00	-	44.00	34.00	-	35.00
Ambun	47.00	-	50.00	70.00	-	72.00	70.00	-	70.00	70.00	-	70.00	60.00	-	60.00	43.00	-	50.00	50.00	-	50.00	58.00	-	60.00	42.00	-	48.00
<u>Pineapple</u>																											
Large	520.00	-	650.00	520.00	-	715.00	715.00	-	715.00	580.00	-	650.00	620.00	-	715.00	460.00	-	520.00	500.00	-	520.00	650.00	-	650.00	500.00	-	590.00
Medium	400.00	-	500.00	400.00	-	510.00	550.00	-	550.00	450.00	-	500.00	480.00	-	550.00	350.00	-	400.00	380.00	-	400.00	500.00	-	500.00	380.00	-	450.00
Small	320.00	-	380.00	320.00	-	400.00	440.00	-	440.00	360.00	-	400.00	380.00	-	440.00	280.00	-	320.00	300.00	-	320.00	400.00	-	400.00	300.00	-	360.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	280.00	-	330.00		-		300.00	-	330.00		-		330.00	-	330.00		-			-		330.00	-	330.00	330.00	-	330.00
Vilad	160.00	-	160.00		-		150.00	-	160.00	240.00	-	240.00		-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	160.00	-	170.00	240.00	-	240.00	200.00	-	240.00	260.00	-	260.00	160.00	-	160.00	160.00	-	160.00	150.00	-	150.00	160.00	-	167.00	200.00	-	200.00
Orange	70.00	-	80.00	100.00	-	120.00	120.00	-	120.00	120.00	-	120.00	100.00	-	100.00	80.00	-	80.00	80.00	-	80.00	76.00	-	80.00	80.00	-	90.00
Avocado	270.00	-	330.00	200.00	-	233.00	300.00	-	325.00	330.00	-	330.00	250.00	-	300.00	300.00	-	300.00	330.00	-	330.00	330.00	-	375.00	330.00	-	330.00
Slime Apple	50.00	-	60.00	80.00	-	80.00	80.00	-	80.00	80.00	-	80.00	80.00	-	80.00	50.00	-	60.00	50.00	-	50.00	50.00	-	60.00	50.00	-	66.00
Grapes (Rs/Kg)	1800.00	-	2000.00	2200.00	-	2200.00	2500.00	-	2500.00	2500.00	-	2500.00	2200.00	-	2200.00	2000.00	-	2000.00	2000.00	-	2000.00	2400.00	-	2400.00	2000.00	-	2000.00
Papaw (Rs/Kg)	300.00	-	400.00	400.00	-	400.00	400.00	-	400.00	380.00	-	380.00	400.00	-	400.00	350.00	-	350.00	350.00	-	400.00	350.00	-	350.00	330.00	-	330.00
Passion	80.00	-	100.00	120.00	-	120.00	150.00	-	150.00	140.00	-	150.00	130.00	-	150.00	90.00	-	100.00	100.00	-	130.00	130.00	-	130.00	130.00	-	130.00
King Coconut	250.00	-	300.00	240.00	-	250.00	280.00	-	280.00	250.00	-	250.00	250.00	-	250.00	300.00	-	300.00	250.00	-	280.00	280.00	-	280.00	250.00	-	250.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)
Week 10: 07 - 13 Mar 2025

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	360.00 - 450.00	500.00 - 500.00	600.00 - 600.00	700.00 - 700.00	560.00 - 560.00	400.00 - 520.00	500.00 - 500.00	560.00 - 560.00	560.00 - 600.00
Hurulla	850.00 - 950.00	-	-	1200.00 - 1300.00	-	900.00 - 1000.00	-	920.00 - 920.00	1200.00 - 1200.00
Balaya	900.00 - 950.00	-	-	-	-	-	800.00 - 800.00	800.00 - 800.00	-
Kelawalla	1200.00 - 1300.00	2000.00 - 2000.00	2000.00 - 2000.00	2200.00 - 2200.00	1960.00 - 1960.00	1600.00 - 1800.00	1600.00 - 1800.00	1720.00 - 2000.00	2200.00 - 2200.00
Thora	1650.00 - 2000.00	2800.00 - 2800.00	2600.00 - 2800.00	2800.00 - 2800.00	3600.00 - 3600.00	2000.00 - 2400.00	2400.00 - 2400.00	2600.00 - 2800.00	3200.00 - 3200.00
Paraw	1000.00 - 1150.00	2000.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2000.00	-	1600.00 - 1800.00	1600.00 - 1600.00	2000.00 - 2000.00	2000.00 - 2000.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1950.00 - 2100.00	2000.00 - 2000.00	-	2200.00 - 2200.00	2400.00 - 2400.00	2200.00 - 2200.00	-	2200.00 - 2200.00	2000.00 - 2400.00
Talapath	1600.00 - 1850.00	2400.00 - 2400.00	2800.00 - 2800.00	2600.00 - 2700.00	2600.00 - 2600.00	2400.00 - 2400.00	2600.00 - 2800.00	2200.00 - 2600.00	2600.00 - 2600.00
<u>Eggs (Rs/egg)</u>									
Brown	31.00 - 32.00	35.00 - 35.00	34.00 - 35.00	34.00 - 35.00	35.00 - 35.00	35.00 - 35.00	32.00 - 32.00	31.00 - 31.00	31.00 - 31.00
White	30.00 - 30.00	33.00 - 33.00	32.00 - 33.00	32.00 - 34.00	34.00 - 34.00	33.00 - 33.00	30.00 - 30.00	29.00 - 29.00	29.00 - 29.00
<u>Dried Fish</u>									
Sprats	1200.00 - 1200.00	1400.00 - 1600.00	1800.00 - 1800.00	1400.00 - 1600.00	1400.00 - 1600.00	1600.00 - 1800.00	1600.00 - 1800.00	1800.00 - 1800.00	1500.00 - 1600.00
Kattawa	2400.00 - 2400.00	2200.00 - 2200.00	2200.00 - 2400.00	2400.00 - 2600.00	2400.00 - 2400.00	2200.00 - 2400.00	2200.00 - 2400.00	2200.00 - 2200.00	2200.00 - 2200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00 - 2200.00	2400.00 - 2400.00	2400.00 - 2600.00	2500.00 - 2600.00	2400.00 - 2400.00	2600.00 - 2600.00	2600.00 - 2600.00	2400.00 - 2400.00	2500.00 - 2600.00
Balaya	1200.00 - 1400.00	1200.00 - 1600.00	1800.00 - 1800.00	1600.00 - 1800.00	1800.00 - 1800.00	1600.00 - 1800.00	1800.00 - 1800.00	1400.00 - 1600.00	1800.00 - 1800.00
Anguluwa	2200.00 - 2200.00	2200.00 - 2200.00	2400.00 - 2400.00	-	2200.00 - 2200.00	2200.00 - 2200.00	-	2400.00 - 2400.00	2400.00 - 2400.00
Salaya	1000.00 - 1200.00	1200.00 - 1400.00	1400.00 - 1400.00	1200.00 - 1400.00	1000.00 - 1200.00	1000.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00
<u>Meat</u>									
Beef (without Bones)	2600.00 - 2600.00	2800.00 - 2800.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	2700.00 - 2700.00	2600.00 - 2600.00	2600.00 - 2600.00	-
Chicken (Broiler)	1150.00 - 1150.00	1280.00 - 1280.00	1300.00 - 1300.00	1300.00 - 1320.00	1200.00 - 1200.00	1150.00 - 1150.00	1150.00 - 1150.00	1130.00 - 1130.00	1200.00 - 1200.00
Chicken (Curry)	1150.00 - 1150.00	1200.00 - 1200.00	1200.00 - 1200.00	1300.00 - 1320.00	1100.00 - 1100.00	1150.00 - 1150.00	1100.00 - 1100.00	1130.00 - 1130.00	1200.00 - 1200.00
Mutton	3600.00 - 3600.00	3700.00 - 3700.00	3700.00 - 3700.00	3800.00 - 3800.00	3500.00 - 3500.00	3600.00 - 3600.00	3500.00 - 3500.00	3700.00 - 3700.00	3600.00 - 3600.00
Pork	1300.00 - 1300.00	1600.00 - 1600.00	1300.00 - 1300.00	1400.00 - 1400.00	-	-	-	1300.00 - 1300.00	1300.00 - 1300.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

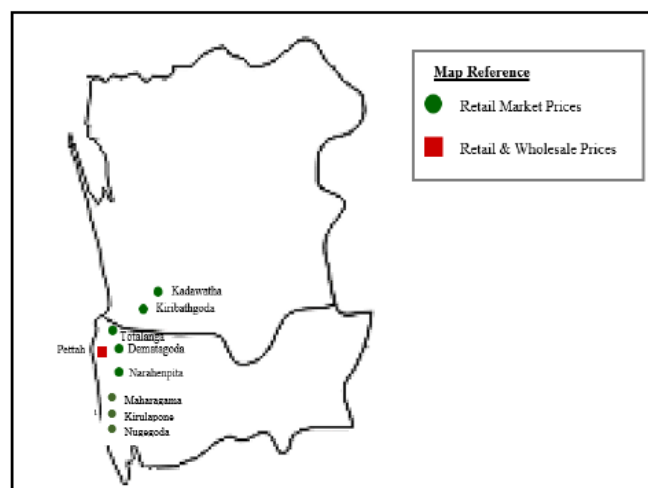
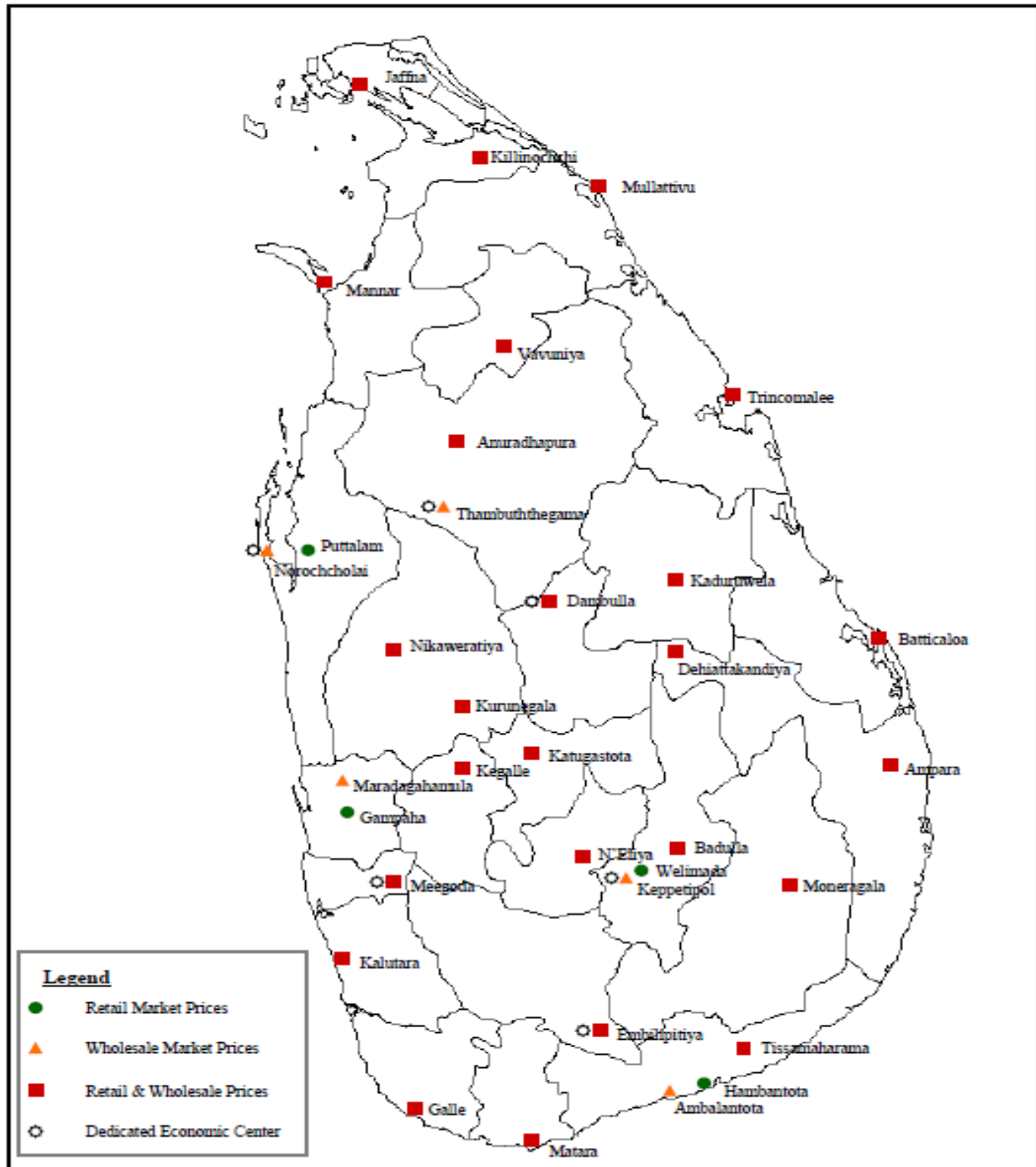
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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