

RETAIL MARKET AT A GLANCE

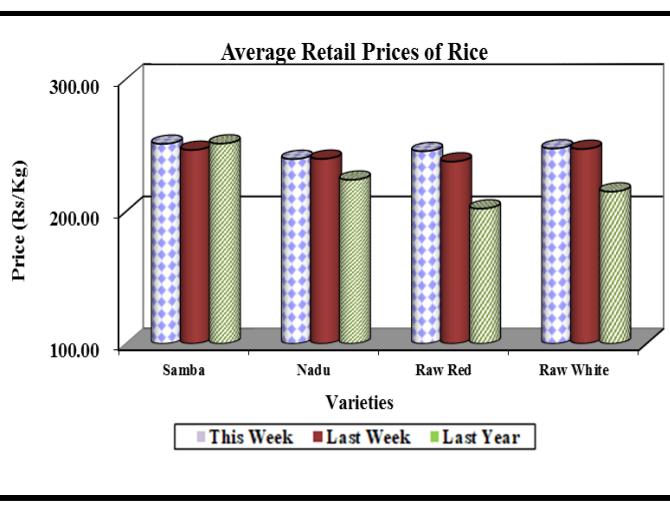
Summary

Paddy/ Rice



Retail prices of all the rice varieties except for *nadu* grade I and raw red have increased. The highest price increase was noted for *keeri* samba and the price ranged Rs.265.00-300.00/kg. Prices of other varieties ranged between Rs.240.00-260.00/kg for samba grade I, Rs.230.00-250.00/kg for *nadu* grade I and Rs.230.00-260.00/kg for raw red and white rice in Colombo and suburb markets. Average farmgate prices of most of the paddy varieties except for *keeri* samba have not changed significantly.

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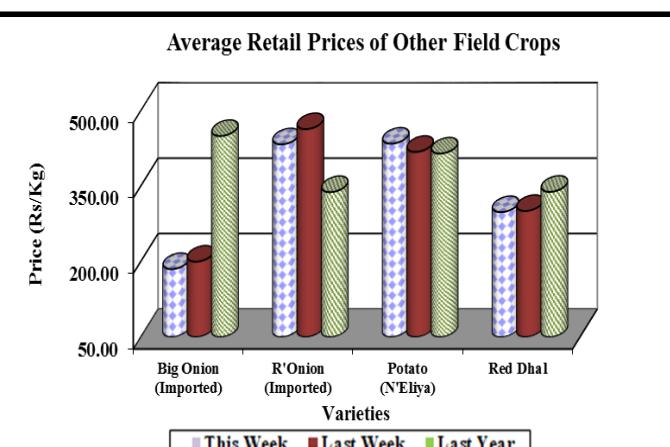


Other Field Crops



Stocks of imported red onion and big onion were available in the market and the prices of both types have decreased further. Prices ranged between Rs.350.00-600.00/kg for red onion and Rs.150.00-240.00/kg for big onion in Colombo and suburb markets. Prices of both Nuwara Eliya and imported potatoes have increased. Further, the prices of white cowpea, red cowpea and red dhal have decreased while the price of green gram has increased.

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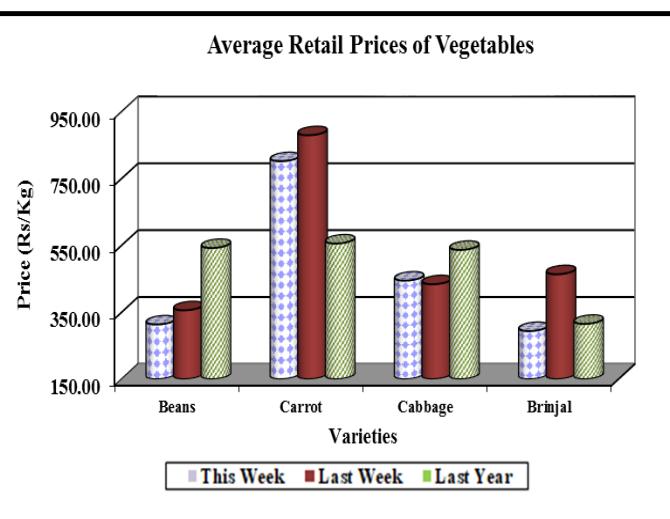


Vegetables



Retail prices of most of the vegetables have decreased. Considering the up-country varieties, the highest price decrease was reported for carrot, followed by knolkhol. Considering the low country varieties, the highest price decrease was reported for capsicum, followed by brinjal.

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Coconut



Prices of both large and small nuts have increased and the prices ranged Rs.220.00-240.00 for large nuts and Rs.180.00-220.00 for small nuts.

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Rice

Wholesale

Price of keeri samba has increased by 3% due to unavailability of sufficient stocks at the market and the price ranged Rs.260.00-270.00/kg. Prices of all the other local rice varieties have not changed significantly. Average prices of raw red and raw white were Rs.218.00.00/kg and Rs 222.00/kg.

Imported rice varieties were also available at the market, with the following average prices

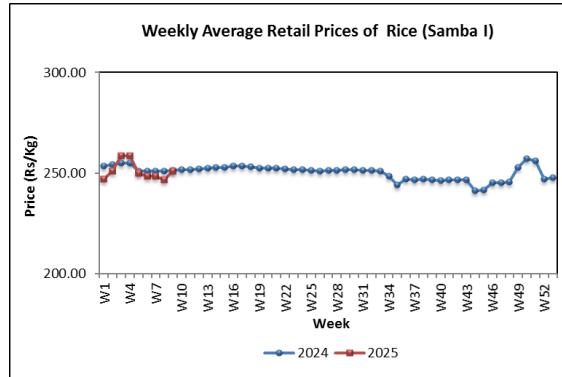
- Imported ponni samba-: Rs.227.00/kg
- Imported Nadu-: Rs.216.00/kg
- Imported raw white -: Rs.208.00/kg

Compared to same period of last year, the wholesale prices of most of the rice varieties have seen price increased with the highest price increase of 27% for raw red. Prices of keeri samba and imported ponni samba have decreased by 17% and 10%.

Retail

The retail prices of all the types of local rice varieties except for nadu grade I and raw red have increased. Among those the highest price increase of Rs.16.00/kg was recorded for keeri samba. The retail prices of all the type of imported rice varieties have not

changed significantly, compared to the last week.



Compared to the same period of last year, the highest price increase of 21% was recorded for local raw red and the highest price decrease of 25% was recorded for keeri samba.

Paddy

The average farm gate prices of most of the major paddy varieties except keeri samba have not changed considerably. Accordingly, the average prices of keeri samba paddy has increased considerably by Rs.6.00-8.00/kg in Polonnaruwa, Anuradhapura and Kalawewa areas. However, it was also reported price decline for keeri samba paddy in Kurunegala and Dehiattakandiya areas by Rs.8.00-13.00/kg. The prices for keeri samba paddy has ranged between Rs.121.00-140.00/kg. Further, the average farm gate price of short grain paddy has increased by Rs.4.00/kg in Ampara while the price has decreased by Rs.1.00/kg in Kalawewa and Kurunegala areas. Prices for short grain paddy ranged between Rs.117.00-

140.00/kg. Subsequently, a slight price increase was reported for long grain white paddy as Rs.1.00-2.00/kg in few major producing areas while it has reported Rs.5.00/kg price decrease in Polonnaruwa area. Prices ranged between Rs.109.00-130.00/kg. Furthermore, the price of long grain (red) paddy has increased by Rs.5.00/kg in Matara while it has decreased by Rs.2.00/kg in Embilipitiya. Prices ranged between Rs.120.00-136.00/kg.

Compared to same period of last year, the average prices of all the paddy varieties except keeri samba has increased by 5%-47% with the highest recorded for long grain red paddy. However, the average price of keeri samba paddy has decreased by 1%-9%.

Dried Chilies

Wholesale

Price of imported dried chilies has not increased significantly and the price ranged Rs.550.00-650.00/kg,

Compared to same period of last year, the current wholesale price of imported dried chilies has decreased by 31%.

Retail

In line with increased wholesale price, the retail price of imported dried chilies has increased by Rs.5.00/kg and the price ranged Rs.800.00 - 1000.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilli has decreased by 19%.

Onion

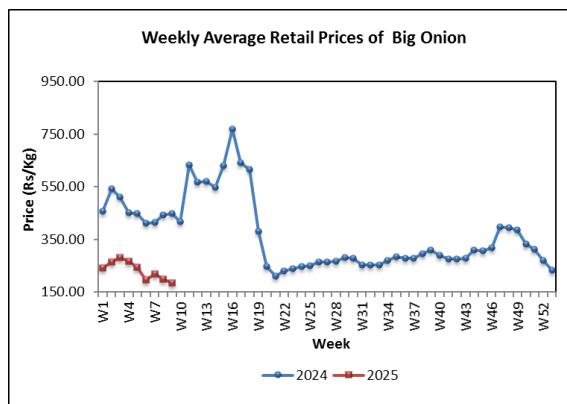
Wholesale

Price of imported red onion has decreased by 16% due to availability of sufficient stocks and the price ranged Rs.200.00-250.00/kg. Sinan red onion was also available at the market and the price ranged Rs.150.00-200.00/kg. Price of imported big onion has decreased by 3% and price ranged Rs.70.00-140.00/kg respectively.

Compared to same period of last year, the current wholesale price of imported red onion has increased by 1% while imported big onion has decreased by 69%.

Retail

Retail prices of imported red onion and imported big onion have decreased by Rs.30.00/kg and Rs.14.00/kg respectively.



Compared to the same period of last year, the current retail price of imported red onion has increased by 28% and imported big onion has decreased by 59%.

Potato

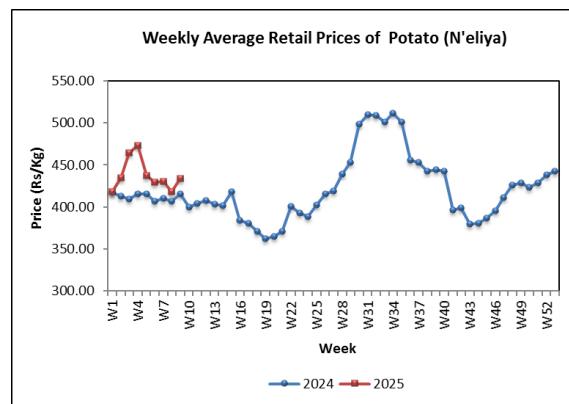
Wholesale

Price of Nuwara Eliya potato has increased by 10% due to unavailability of sufficient stocks and the price ranged Rs.350.00-400.00/kg. Price of imported potato has increased by 2% and the price ranged Rs.140.00-200.00/kg.

Compared to same period of last year, the current wholesale prices of Nuwara Eliya and imported potatoes have increased by 14% and 8% respectively.

Retail

In line with increased wholesale prices, the retail prices of all the types of potatoes have increased. Among those, highest price increase of Rs.16.00/kg was recorded for Nuwara Eliya potato.



Compared to the same period of last year, the current retail prices of all the types of potato have increased with the highest price increase of 13% was recorded for imported potatoes.

Pulses

Wholesale

Price of green gram has increased by 2% and the price ranged Rs.550.00-700.00/kg. Price of red cowpea has decreased by 2% and the price ranged Rs.450.00-600.00/kg. Prices of white cowpea and red dhal have not changed significantly and their average prices were Rs.660.00/kg and Rs.263.00/kg respectively.

Compared to the same period of last year, the current wholesale prices of all the pulse varieties have decreased in the range of 11%-45%.

Retail

Retail prices of all the types of pulses except for green gram have decreased. Among

those, the highest price decrease of Rs.20.00/kg was recorded for white cowpea. The retail price of green gram has increased by Rs.9.00/kg and the price ranged Rs.650.00-900.00/kg.

Compared to the same period of last year, the current retail prices of all the types of pulses have decreased with the highest price decrease of 40% recorded for green gram.

Vegetable

Wholesale

Prices of most of the vegetables have decreased due to increased supply from major producing areas.

Prices of most of the upcountry vegetables have decreased, specifically, cabbage reported the highest as 17%, following the prices of radish, knolkhol, and carrot have decreased in the range of 1%-12%. However, the prices of beetroot, leeks and green beans have increased in the range of 3%-6%. Further, price of tomato has increased by 55% with decreased supply from Kandy area and the price of capsicum has decreased by 36%.

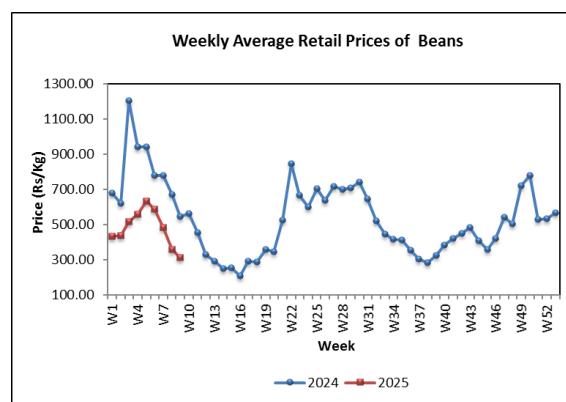
Considering the low-country vegetables, the prices of most of the vegetables experienced price decrease. A significant price decrease was recorded for brinjal (33%) and bitter gourd (25%) following the prices of pumpkin, ash plantain and

ladies fingers have decreased in the range of 2%-8%. However, the prices of snake gourd, long beans, cucumber and luffa have increased in the range of 1%-17%. In addition, the price of green chilies has decreased by 17% while price of lime has increased by 12%.

Compared to the previous year, the wholesale prices of most of the vegetables have decreased with the highest reported for tomato as 72%.

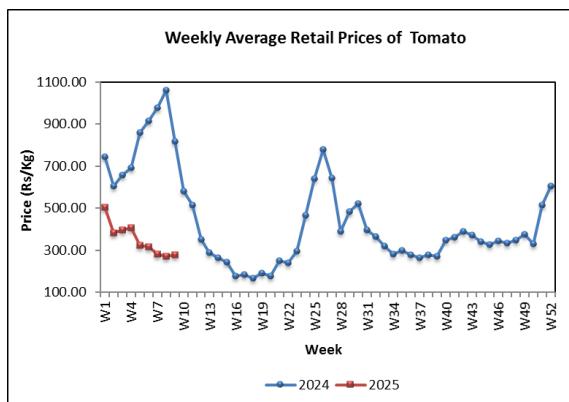
Retail

Retail prices of most of the vegetable varieties have decreased in line with the downward wholesale price trend. Among the up-country vegetables, the highest price decrease was reported for carrots as Rs.78.00/kg, followed by knolkhol (Rs.60.00/kg) and beans (Rs.42.00/kg).



Considering the low-country vegetable varieties, the price of capsicum showed a significant price decrease of Rs.360.00/kg, followed by brinjal (Rs.170.00/kg), bitter gourd

(Rs.153.00/kg). Green chilies (Rs.125.00/kg) showed a price decrease compared to last week but a 69 % price increase compared to last year. Meanwhile, the price of lime has increased by Rs.65.00/kg.



However, compared to the same period of last year, the current retail prices of most of the varieties have decreased, while a notable price drop was reported for tomatoes as 66 %.

Coconut Wholesale

Prices of both large and small nuts have decreased by 1%. Price ranges were Rs.190.00-210.00 for large nuts and Rs.170.00- 180.00 for small nuts.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 101% and 109% respectively.

Retail

Prices of large and small nuts showed a slight increase by Rs.1.00/nut and Rs.3.00/nut, respectively. Price ranges were Rs.220.00-240.00 for large nuts and Rs.180.00-220.00 for small nuts.

Compared to the same period last year, the current retail prices of large and small nuts had increased by 95%.

Fruits

Wholesale

Prices of most of the fruit varieties have increased due to increased demand with the commencement of Ramazan fasting season and due to availability of limited stocks.

The highest price increase was reported as 19% for papaw with the availability of limited stocks and high demand. Prices of all the types of bananas have increased in the range of 4%-9% due to high demand. Price of vilad mango has increased by 15% while the price of karthakolomban has decreased by 20%. Price of wood apple has decreased by 20% due to availability of low-quality stocks.

Compared to the same period of last year, the current wholesale prices of most of the fruits have increased with the highest price increase of 70% recorded for papaw.

Retail

In line with the increased wholesale prices, the retail prices of most of the fruits have also increased. The highest price increase was recorded for pineapple in the range Rs.43.00-Rs.50.00/kg. Further, the prices of imported grapes, orange (local), papaw and avocado have increased by Rs.25.00/kg, Rs.18.00/fruit, Rs.16.00/kg and Rs.15.00/fruit.

However, the price of mango karthakolomban has decreased by Rs.148.00/fruit. In addition, the price of passion fruit has also decreased by Rs.6.00/fruit.

Compared to the same period of last year, the current retail prices of most of the fruit varieties have increased with the highest price increase of 68% reported for king coconut.

Fresh Fish

Wholesale

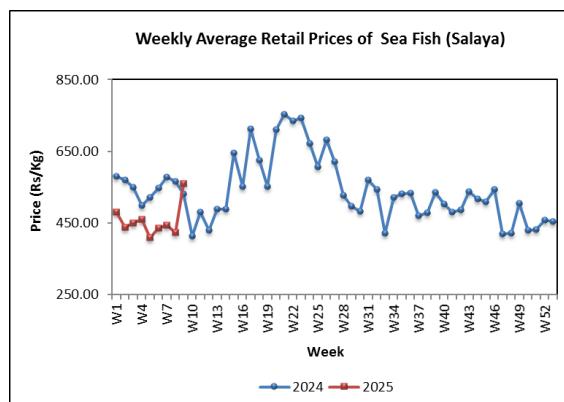
Wholesale prices of most of the fresh fish types have increased due to decreased supply. The highest price increase of 43% was noted for salaya due to low supply from Trincomalee, Mannar and Mulaitivu areas. Price increase of 20%, 17% and 11% were noted for paraw, kelawalla and hurulla due to low supply from Kalpitiya, Valachchenai, Jaffna and Southern areas.

However, a price decrease of 9% was noted for shrimps due to high supply from Kalpitiya, Chilaw and Puttalam areas. Prices of other fresh fish verities have not changed significantly.

Compared to the same period of last year, the current wholesale prices of most of the fresh fish types have increased with the highest price increase of 40% noted for mora.

Retail

Prices of all the fish varieties except balaya, thalapath and shrimps have increased and the highest price increase was recorded for paraw by Rs.150.00/kg. Price increase of kelawalla and salaya were recorded as Rs.139.00/kg and Rs.135.00/kg respectively. Price decrease of balaya and shrimps were recorded as Rs.281.00/kg and Rs.232.00/kg.



Compared to the same period of last year, the current retail prices of most of the fish varieties have decreased with the highest price decrease recorded for thalapath as

15%. The highest price increase was recorded for hurulla by 9%.

Dried Fish

Wholesale

Prices of most of the dried fish types have increased due to decrease supply of local dried fish. A price increase of 5% was noted for local salaya due to low supply from Mannar, Chilaw and Puttalam areas. However, a price decrease of 5% was noted for local balaya due to high supply from Negombo and Beruwala areas. Prices of other dried fish varieties have not changed significantly.

Compared to the same period of last year, the current wholesale prices of most of the dried fish types have decreased with the highest price decrease of 34% noted for local sprats.

Retail

Prices of all the dry fish varieties except balaya and maduwa have increased and the highest price increase was recorded for kattawa by Rs.78.00/kg. The second highest price increase was recorded for local Sprats by Rs.68.00/kg. Price decrease of balaya and maduwa were recorded as Rs.17.00/kg and Rs.39.00/kg.

Compared to the same period of last year, the retail prices of most of the dried fish

varieties have decreased with the highest price decrease recorded for local sprats by 21%. The highest price increase was recorded for salaya by 12%.

Eggs

Wholesale

Prices of both brown and white eggs have increased by 4% and their prices ranged Rs.27.50-33.00/egg and Rs.25.50-29.00/egg respectively.

Compared to the same period of last year, the current wholesale prices of both brown and white eggs have decreased by 49% and 52% respectively.

Retail

Prices of both brown and white eggs have not changed significantly and the prices ranged Rs.28.00-Rs.35.00 for white eggs and Rs.30.00-36.00 for brown eggs. The average price of the white and brown egg types were recorded as Rs.31.00 and Rs.33.00 respectively.

Compared to the same period of last year, the current retail prices of both egg varieties have decreased by 47%.

Meat

Retail

Prices of both beef and pork have remained not changed significantly. The highest price increase was recorded for broiler chicken by Rs.58.00/kg. Price increase of curry chicken and mutton have recorded as Rs.17.00/kg and Rs.50.00/kg respectively.

Compared to the same period of last year, the current price of mutton and beef have increased by 10% and the price of curry chicken has decreased by 11%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	11750 –	12000	11500 –	11650	13000 –	13500	11250 –	11500	11000 –	11100	10750 –	11250	11000 –	11250
Divulapitiya	11800 –	12000	11500 –	11750	13500 –	13750	11350 –	11450	11000 –	11150	11000 –	11000	10700 –	10800
Kurunegala	11900 –	11950	–	–	13000 –	13000	11300 –	11400	–	–	–	–	10900 –	10900
Nikaweratiya	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Badulla	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Dambulla	11750 –	11900	–	–	–	–	11350 –	11400	11250 –	11300	10900 –	10900	10800 –	10900
Anuradhapura	11800 –	11900	–	–	13000 –	13250	11350 –	11400	–	–	10850 –	11150	10800 –	10900
Tambuttegama	11750 –	11900	–	–	12750 –	12850	11350 –	11400	11250 –	11250	10750 –	10900	10750 –	10900
Polonnaruwa	11900 –	11900	–	–	13100 –	13300	11400 –	11400	11200 –	11250	10900 –	10900	10850 –	10900
Kalutara	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Ampara	–	–	–	–	13000 –	13000	11500 –	11500	–	–	10900 –	11000	10500 –	10750
09 Kandy	12000 –	12250	11500 –	11600	12750 –	13000	11400 –	11500	11000 –	11250	11000 –	11250	10800 –	11250
Moneragala	11750 –	11850	–	–	13000 –	13200	11250 –	11350	–	–	10400 –	10600	10300 –	10600
Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Dehiattakandiyā	–	–	–	–	–	–	11350 –	11350	–	–	–	–	10850 –	10850
Hambantota	–	–	–	–	–	–	11250 –	11250	–	–	10750 –	10850	10500 –	10850
Matara	–	–	–	–	12900 –	13000	–	–	–	–	10600 –	10750	10600 –	10750
Galle	–	–	–	–	13000 –	13000	11500 –	11500	–	–	10500 –	10900	–	–
Meegoda	11800 –	11850	–	–	12900 –	13000	11250 –	11350	11000 –	11150	10800 –	10900	10700 –	10850
Tissamaharama	11750 –	11900	–	–	12900 –	13000	11350 –	11450	–	–	10800 –	10950	10850 –	10950
Embiliptiya	11750 –	11800	–	–	11800 –	12900	11250 –	11350	–	–	10700 –	10850	10800 –	10850
Jaffna	12250 –	12300	–	–	12900 –	13250	11400 –	11500	–	–	–	–	11000 –	11250
Vavuniya	11700 –	11900	–	–	13400 –	13700	11500 –	11750	–	–	11000 –	11300	11000 –	11250
Mannar	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Killinochchi	11750 –	11900	–	–	13500 –	13750	11500 –	11750	–	–	11000 –	11250	11000 –	11250
Mullattivu	12000 –	12250	–	–	13750 –	13900	11250 –	11500	–	–	11250 –	11600	11250 –	11400
Batticaloa	11750 –	11900	–	–	12750 –	12900	11400 –	11400	11250 –	11250	10900 –	11000	10900 –	11000
Trincomalee	11800 –	12000	–	–	13250 –	13500	11500 –	11750	–	–	11000 –	11200	–	–
Galenbindunuwew	11850 –	11900	–	–	12850 –	13000	11350 –	11450	–	–	10850 –	10900	10850 –	10950
Matale	12000 –	12250	–	–	13000 –	13250	11400 –	11450	11250 –	11300	10850 –	11000	10750 –	10900

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Rice Varieties																				
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White								
Colombo	240.00	-	260.00	-	265.00	-	300.00	230.00	-	250.00	-	230.00	-	260.00	230.00	-	260.00				
Gampaha	240.00	-	240.00	-	260.00	-	260.00	230.00	-	230.00	-	-	-	220.00	-	220.00	220.00	-	220.00		
Kurunegala	240.00	-	240.00	-	260.00	-	260.00	230.00	-	230.00	-	-	-	220.00	-	220.00	220.00	-	220.00		
Nikaweratiya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Dambulla	245.00	-	250.00	240.00	240.00	-	290.00	-	300.00	230.00	-	230.00	228.00	-	230.00	220.00	-	225.00	220.00	-	220.00
Anuradhapura	240.00	-	240.00	-	265.00	-	270.00	230.00	-	230.00	-	-	-	220.00	-	225.00	220.00	-	220.00	220.00	
Thambuththegama	240.00	-	240.00	-	260.00	-	265.00	230.00	-	232.00	-	-	-	220.00	-	222.00	220.00	-	225.00	220.00	
Polonnaruwa	240.00	-	240.00	-	265.00	-	270.00	230.00	-	230.00	-	225.00	-	227.00	220.00	-	220.00	220.00	-	220.00	
Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Badulla	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Keppetipola	-	-	-	-	270.00	-	275.00	230.00	-	235.00	-	-	-	217.00	-	220.00	217.00	-	220.00	217.00	
Moneragala	240.00	-	240.00	-	265.00	-	275.00	-	-	230.00	-	230.00	-	217.00	-	220.00	215.00	-	220.00	220.00	
Kegalle	240.00	-	250.00	-	260.00	-	260.00	230.00	-	230.00	-	230.00	-	220.00	-	220.00	220.00	-	220.00	220.00	
10 Ampara	-	-	-	-	260.00	-	260.00	230.00	-	230.00	-	-	-	220.00	-	220.00	217.00	-	220.00	220.00	
Dehiattakandiya	240.00	-	240.00	-	260.00	-	300.00	230.00	-	230.00	-	-	-	-	-	-	220.00	-	220.00	220.00	
Nuwaraeliya	245.00	-	250.00	-	270.00	-	280.00	230.00	-	235.00	-	-	-	220.00	-	224.00	218.00	-	220.00	220.00	
Kandy	245.00	-	255.00	-	270.00	-	280.00	230.00	-	240.00	-	228.00	-	230.00	230.00	-	240.00	220.00	-	230.00	
Puttalam	250.00	-	260.00	-	300.00	-	300.00	230.00	-	240.00	-	225.00	-	230.00	220.00	-	225.00	220.00	-	225.00	
Hambantota	240.00	-	240.00	-	260.00	-	260.00	-	-	230.00	-	230.00	-	220.00	-	220.00	220.00	-	223.00	220.00	
Rathnapura	250.00	-	255.00	-	262.00	-	270.00	240.00	-	250.00	-	-	-	220.00	-	230.00	225.00	-	235.00	225.00	
Matara	240.00	-	250.00	-	260.00	-	280.00	230.00	-	240.00	-	-	-	217.00	-	220.00	218.00	-	220.00	220.00	
Galle	240.00	-	240.00	-	260.00	-	260.00	-	-	230.00	-	230.00	-	220.00	-	220.00	230.00	-	230.00	230.00	
Tissamaharama	240.00	-	240.00	238.00	238.00	-	260.00	-	265.00	-	-	230.00	-	230.00	220.00	-	225.00	218.00	-	225.00	
Meegoda (DEC)	240.00	-	245.00	-	260.00	-	270.00	230.00	-	235.00	-	-	-	220.00	-	220.00	220.00	-	220.00	220.00	
Embilipitiya	240.00	-	240.00	-	260.00	-	260.00	230.00	-	230.00	-	-	-	218.00	-	220.00	220.00	-	220.00	220.00	
Jaffna	250.00	-	255.00	-	263.00	-	270.00	233.00	-	240.00	-	-	-	245.00	-	250.00	230.00	-	235.00	230.00	
Vavuniya	244.00	-	248.00	-	275.00	-	280.00	240.00	-	244.00	-	-	-	228.00	-	230.00	226.00	-	228.00	228.00	
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Killinochchi	245.00	-	250.00	-	280.00	-	290.00	240.00	-	245.00	-	-	-	230.00	-	235.00	230.00	-	235.00	235.00	
Mullaitivu	245.00	-	250.00	-	280.00	-	286.00	230.00	-	233.00	-	-	-	230.00	-	235.00	230.00	-	234.00	230.00	
Batticaloa	240.00	-	243.00	-	260.00	-	265.00	230.00	-	230.00	-	-	-	220.00	-	223.00	220.00	-	223.00	220.00	
Trincomalee	248.00	-	250.00	-	275.00	-	280.00	240.00	-	245.00	-	-	-	230.00	-	235.00	-	-	-	-	
Hanguranketha	240.00	-	240.00	-	260.00	-	260.00	-	-	229.00	-	230.00	-	220.00	-	228.00	220.00	-	220.00	220.00	
Veyangoda	240.00	-	240.00	-	260.00	-	260.00	-	-	230.00	-	230.00	-	-	-	-	220.00	-	220.00	220.00	
Galenbindunuwewa	240.00	-	243.00	-	260.00	-	265.00	230.00	-	235.00	-	-	-	220.00	-	220.00	220.00	-	222.00	220.00	
Bandarawela	245.00	-	250.00	-	270.00	-	280.00	230.00	-	235.00	-	-	-	218.00	-	220.00	218.00	-	220.00	220.00	
Matale	250.00	-	260.00	-	280.00	-	300.00	235.00	-	240.00	-	230.00	-	220.00	-	225.00	220.00	-	225.00	220.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATION	Dried Chillies	Red Onion			Big Onion	Potato			Pulses					
	Imported	Imported	Local	Imported		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	Imported	Imported	Imported
	Imported	Imported	Local	Imported		Imported	Welimada	Nuwara Eliya	Imported	Imported	Imported	Imported	Imported	Imported
Colombo	27500 - 32500	10000 - 12500	-	3500 - 7000	7000 - 10000	-	17500 - 20000	27500 - 35000	30000 - 35000	13000 - 13250	-	-	-	-
Kurunegala	32500 - 34000	16000 - 17500	-	7250 - 8000	7500 - 8250	-	-	29750 - 32000	35000 - 35500	13500 - 13650	-	-	-	-
Nikaweratiya	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	31000 - 33750	15000 - 20000	-	5000 - 8250	7750 - 8250	-	-	27500 - 29000	30000 - 35500	12850 - 13250	-	-	-	-
Dambulla (DEC)	30750 - 31500	13750 - 14000	-	4000 - 6500	7000 - 7250	-	-	27000 - 27500	32000 - 32500	12850 - 13250	-	-	-	-
Anuradhapura	34000 - 37000	16000 - 19000	-	6000 - 8000	8000 - 8500	-	-	29000 - 34000	35000 - 37500	13250 - 13500	-	-	-	-
Thambuththegama	31500 - 33500	17500 - 18000	-	4500 - 7250	7750 - 8000	-	-	-	27500 - 28500	13250 - 13500	-	-	-	-
Polonnaruwa	33000 - 37000	17250 - 18250	-	8250 - 10250	8750 - 9250	-	19250 - 20250	28000 - 30500	33500 - 35500	14250 - 14750	-	-	-	-
Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Puttalam	-	-	14000 - 15000	-	-	-	-	-	-	-	-	-	-	-
Kandy	30000 - 32500	14000 - 15000	-	4500 - 7000	7250 - 8250	-	17000 - 17500	30000 - 32500	34000 - 35000	13500 - 13750	-	-	-	-
Matara	32500 - 35000	14000 - 16000	-	6000 - 7500	8000 - 8500	-	16000 - 16500	32000 - 33000	30000 - 32500	13750 - 14250	-	-	-	-
Hambantota	32000 - 35000	13000 - 15000	-	7000 - 7250	7500 - 8000	-	17500 - 17500	35000 - 37500	33500 - 36500	13500 - 13750	-	-	-	-
Kegalle	37250 - 37500	10750 - 11000	-	9000 - 9500	8000 - 8100	-	-	-	-	-	-	-	12850 - 13500	-
Galle	30000 - 32500	14000 - 19000	-	6900 - 7500	7000 - 8000	-	-	26000 - 30000	32500 - 32500	13250 - 14500	-	-	-	-
Tissamaharama	31000 - 34000	16000 - 19000	-	7000 - 8000	7500 - 8500	-	16000 - 17000	27500 - 32500	27500 - 30000	13500 - 14250	-	-	-	-
Meegoda (DEC)	31000 - 34000	12000 - 14000	-	6250 - 7000	7250 - 7750	-	16500 - 18500	29000 - 37000	32500 - 38000	12800 - 13350	-	-	-	-
Jaffna	35000 - 35500	-	14000 - 14250	8000 - 8500	8250 - 8500	-	-	27000 - 27500	-	14000 - 14250	-	-	-	-
Vavuniya	35000 - 37500	-	-	8000 - 8500	8000 - 8500	-	-	30000 - 32000	-	14500 - 14800	-	-	-	-
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Killinochchi	31000 - 32000	-	-	9000 - 10000	8000 - 9000	-	-	29500 - 30500	-	13500 - 14000	-	-	-	-
Mullattivu	33000 - 35000	-	-	9000 - 10000	8000 - 10000	-	-	31000 - 32500	-	14250 - 14750	-	-	-	-
Batticaloa	35000 - 37500	14000 - 15000	-	8500 - 9000	8500 - 9000	-	-	30000 - 35000	37500 - 40000	13500 - 14000	-	-	-	-
Trincomalee	29500 - 32000	15500 - 16000	-	7200 - 7400	7700 - 8000	-	-	29000 - 29500	38750 - 39250	14100 - 14300	-	-	-	-
Galenbindunuwewa	34000 - 37000	16500 - 19000	-	8500 - 9500	8000 - 8500	-	-	27500 - 33000	32500 - 34500	13500 - 14000	-	-	-	-
Matale	31000 - 35000	14000 - 15000	-	7000 - 7500	8000 - 8500	-	-	27000 - 35000	35000 - 37500	13000 - 13750	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Dried Chillies	Red Onion			Big Onion	Potato			Pulses		
	Imported	Imported	Local	Imported		Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	
	Imported	Imported	Local	Imported		Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	
Colombo	800.00 – 1000.00	350.00 – 600.00	–	150.00 – 240.00	180.00 – 240.00	–	380.00 – 480.00	650.00 – 900.00	700.00 – 900.00	280.00 – 320.00	
Gampaha	900.00 – 1200.00	520.00 – 600.00	–	240.00 – 280.00	260.00 – 260.00	–	400.00 – 440.00	700.00 – 1000.00	850.00 – 980.00	290.00 – 300.00	
Kurunegala	800.00 – 900.00	470.00 – 520.00	–	175.00 – 200.00	170.00 – 200.00	–	380.00 – 400.00	700.00 – 870.00	800.00 – 840.00	290.00 – 320.00	
Nikaweratiya	–	–	–	–	–	–	–	–	–	–	
Dambulla	740.00 – 800.00	400.00 – 460.00	–	140.00 – 180.00	180.00 – 200.00	–	–	680.00 – 750.00	800.00 – 850.00	275.00 – 280.00	
Anuradhapura	740.00 – 900.00	400.00 – 480.00	–	180.00 – 200.00	180.00 – 200.00	–	–	640.00 – 800.00	760.00 – 850.00	280.00 – 300.00	
Thambuththegama	750.00 – 820.00	420.00 – 470.00	–	150.00 – 220.00	190.00 – 220.00	–	–	650.00 – 670.00	750.00 – 780.00	290.00 – 300.00	
Polonnaruwa	750.00 – 830.00	350.00 – 380.00	–	180.00 – 220.00	190.00 – 220.00	–	400.00 – 420.00	650.00 – 700.00	800.00 – 850.00	300.00 – 310.00	
Kaluthara	–	–	–	–	–	–	–	–	–	–	
Badulla	–	–	–	–	–	–	–	–	–	–	
Keppetipola	740.00 – 760.00	330.00 – 350.00	–	180.00 – 200.00	240.00 – 250.00	340.00 – 360.00	–	740.00 – 780.00	760.00 – 790.00	280.00 – 288.00	
Moneragala	700.00 – 900.00	400.00 – 480.00	–	160.00 – 200.00	200.00 – 220.00	–	400.00 – 440.00	700.00 – 800.00	600.00 – 700.00	280.00 – 300.00	
Kegalle	700.00 – 960.00	320.00 – 360.00	–	180.00 – 200.00	180.00 – 200.00	–	380.00 – 400.00	650.00 – 760.00	750.00 – 780.00	275.00 – 320.00	
Ampara	680.00 – 725.00	320.00 – 400.00	–	165.00 – 190.00	180.00 – 220.00	–	420.00 – 420.00	650.00 – 700.00	690.00 – 820.00	275.00 – 280.00	
Dehiwakkandiya	700.00 – 800.00	350.00 – 450.00	–	140.00 – 200.00	160.00 – 200.00	–	–	600.00 – 650.00	600.00 – 750.00	275.00 – 300.00	
Nuwaraeliya	740.00 – 750.00	320.00 – 340.00	–	190.00 – 200.00	260.00 – 280.00	–	380.00 – 400.00	760.00 – 800.00	780.00 – 800.00	280.00 – 288.00	
Kandy	720.00 – 800.00	500.00 – 520.00	–	150.00 – 200.00	190.00 – 200.00	–	360.00 – 400.00	720.00 – 800.00	800.00 – 850.00	290.00 – 310.00	
Puttalam	700.00 – 750.00	400.00 – 400.00	380.00 – 420.00	160.00 – 240.00	200.00 – 220.00	–	400.00 – 450.00	600.00 – 900.00	700.00 – 900.00	280.00 – 300.00	
Rathnapura	760.00 – 800.00	330.00 – 360.00	–	170.00 – 190.00	190.00 – 220.00	–	–	600.00 – 650.00	760.00 – 785.00	300.00 – 320.00	
Hambantota	750.00 – 750.00	300.00 – 400.00	–	160.00 – 180.00	180.00 – 200.00	–	400.00 – 480.00	800.00 – 800.00	750.00 – 800.00	280.00 – 300.00	
Matara	720.00 – 800.00	340.00 – 480.00	–	150.00 – 170.00	180.00 – 200.00	–	360.00 – 400.00	700.00 – 800.00	650.00 – 750.00	300.00 – 310.00	
Galle	700.00 – 780.00	360.00 – 550.00	–	140.00 – 180.00	160.00 – 220.00	–	–	600.00 – 750.00	750.00 – 900.00	290.00 – 320.00	
Tissamaharama	700.00 – 800.00	400.00 – 480.00	–	160.00 – 200.00	180.00 – 220.00	–	400.00 – 460.00	680.00 – 750.00	650.00 – 800.00	285.00 – 300.00	
Meegoda (DEC)	650.00 – 700.00	350.00 – 400.00	–	140.00 – 180.00	180.00 – 200.00	–	440.00 – 480.00	650.00 – 800.00	720.00 – 960.00	290.00 – 310.00	
Embilipitiya	800.00 – 850.00	350.00 – 400.00	–	150.00 – 200.00	170.00 – 200.00	–	–	650.00 – 720.00	650.00 – 800.00	285.00 – 320.00	
Jaffna	740.00 – 800.00	–	320.00 – 340.00	190.00 – 220.00	200.00 – 230.00	–	–	550.00 – 600.00	–	290.00 – 300.00	
Vavuniya	780.00 – 840.00	–	–	190.00 – 200.00	200.00 – 215.00	–	–	670.00 – 700.00	–	310.00 – 318.00	
Mannar	–	–	–	–	–	–	–	–	–	–	
Killinochchi	650.00 – 680.00	–	–	210.00 – 230.00	200.00 – 220.00	–	–	630.00 – 650.00	–	290.00 – 300.00	
Mullaitivu	700.00 – 740.00	380.00 – 430.00	–	–	180.00 – 220.00	–	–	650.00 – 680.00	–	290.00 – 300.00	
Batticaloa	800.00 – 830.00	320.00 – 350.00	–	180.00 – 200.00	200.00 – 250.00	–	400.00 – 500.00	700.00 – 800.00	800.00 – 900.00	285.00 – 300.00	
Trincomalee	680.00 – 740.00	440.00 – 460.00	–	195.00 – 210.00	210.00 – 220.00	–	–	680.00 – 690.00	875.00 – 885.00	292.00 – 296.00	
Hanguranketha	700.00 – 835.00	350.00 – 440.00	–	160.00 – 185.00	165.00 – 180.00	–	–	600.00 – 700.00	700.00 – 835.00	280.00 – 285.00	
Veyangoda	640.00 – 760.00	320.00 – 400.00	–	160.00 – 240.00	180.00 – 280.00	–	440.00 – 520.00	740.00 – 900.00	740.00 – 900.00	280.00 – 320.00	
Galenbindunuwewa	700.00 – 830.00	450.00 – 480.00	–	180.00 – 200.00	180.00 – 200.00	–	–	600.00 – 780.00	750.00 – 835.00	285.00 – 300.00	
Bandarawela	700.00 – 750.00	350.00 – 400.00	–	160.00 – 200.00	200.00 – 220.00	380.00 – 400.00	–	650.00 – 750.00	750.00 – 780.00	290.00 – 320.00	
Matale	750.00 – 850.00	360.00 – 400.00	–	160.00 – 180.00	180.00 – 200.00	–	–	650.00 – 725.00	750.00 – 800.00	275.00 – 290.00	

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

Locations	Butter Beans	Green Beans	Carrot		Leeks		Beetroot	Knolkhol
Colombo	-	120.00 - 280.00	600.00 -	750.00	180.00 - 280.00		150.00 - 280.00	150.00 - 200.00
Meegoda (DEC)	-	220.00 - 250.00	600.00 -	750.00	200.00 - 250.00		140.00 - 170.00	130.00 - 180.00
Dambulla (DEC)	-	130.00 - 160.00	550.00 -	800.00	150.00 - 200.00		120.00 - 180.00	110.00 - 130.00
Keppetipola (DEC)	-	200.00 - 220.00	320.00 -	350.00	160.00 - 170.00		140.00 - 160.00	120.00 - 130.00
Norochchhole (DEC)	-	-	-	-	-		100.00 - 140.00	-
Nuwara Eliya	-	210.00 - 230.00	440.00 -	450.00	160.00 - 170.00		160.00 - 170.00	140.00 - 160.00
Kandy	-	150.00 - 180.00	650.00 -	700.00	180.00 - 200.00		150.00 - 180.00	150.00 - 160.00
Hambantota	-	200.00 - 300.00	600.00 -	660.00	200.00 - 260.00		250.00 - 300.00	200.00 - 230.00
Thambuththegama (DEC)	-	200.00 - 250.00	700.00 -	800.00	230.00 - 260.00		120.00 - 160.00	100.00 - 120.00
Jaffna	-	100.00 - 120.00	920.00 -	960.00	250.00 - 270.00		120.00 - 140.00	-
Bandarawela	-	200.00 - 240.00	450.00 -	470.00	170.00 - 180.00		160.00 - 170.00	150.00 - 170.00
Veyangoda	-	150.00 - 200.00	600.00 -	750.00	200.00 - 250.00		130.00 - 160.00	140.00 - 180.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	180.00 - 350.00	100.00 - 250.00	150.00 - 230.00	100.00 - 200.00	400.00 - 700.00
Meegoda (DEC)	90.00 - 140.00	270.00 - 330.00	200.00 - 240.00	180.00 - 230.00	100.00 - 140.00	550.00 - 700.00
Moneragala	80.00 - 150.00	280.00 - 350.00	180.00 - 200.00	200.00 - 220.00	120.00 - 160.00	600.00 - 800.00
Dambulla (DEC)	60.00 - 80.00	250.00 - 300.00	150.00 - 200.00	180.00 - 200.00	60.00 - 100.00	450.00 - 600.00
Keppetipola (DEC)	60.00 - 70.00	180.00 - 200.00	200.00 - 220.00	180.00 - 200.00	100.00 - 130.00	400.00 - 500.00
Norochchhole (DEC)	40.00 - 50.00	220.00 - 300.00	80.00 - 150.00	170.00 - 200.00	80.00 - 150.00	400.00 - 700.00
Nuwara Eliya	70.00 - 80.00	250.00 - 270.00	220.00 - 230.00	200.00 - 210.00	130.00 - 140.00	480.00 - 540.00
Kandy	70.00 - 80.00	220.00 - 250.00	160.00 - 180.00	200.00 - 220.00	100.00 - 140.00	650.00 - 700.00
Hambantota	180.00 - 220.00	280.00 - 320.00	120.00 - 150.00	180.00 - 240.00	150.00 - 200.00	600.00 - 700.00
Thambuththegama (DEC)	60.00 - 100.00	250.00 - 300.00	180.00 - 220.00	180.00 - 200.00	80.00 - 100.00	450.00 - 500.00
Tissamaharama	90.00 - 110.00	300.00 - 320.00	80.00 - 120.00	100.00 - 140.00	100.00 - 140.00	500.00 - 900.00
Jaffna	70.00 - 85.00	190.00 - 210.00	70.00 - 80.00	150.00 - 170.00	70.00 - 80.00	540.00 - 560.00
Bandarawela	60.00 - 70.00	180.00 - 230.00	180.00 - 200.00	-	100.00 - 140.00	600.00 - 650.00
Veyangoda	80.00 - 120.00	280.00 - 320.00	200.00 - 240.00	200.00 - 240.00	90.00 - 120.00	500.00 - 650.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 150.00	120.00 - 160.00	250.00 - 400.00	100.00 - 150.00	-	180.00 - 250.00
Meegoda (DEC)	110.00 - 130.00	120.00 - 140.00	280.00 - 330.00	100.00 - 140.00	-	220.00 - 250.00
Moneragala	130.00 - 160.00	100.00 - 150.00	300.00 - 400.00	150.00 - 200.00	-	200.00 - 280.00
Dambulla (DEC)	80.00 - 110.00	110.00 - 130.00	300.00 - 350.00	60.00 - 100.00	-	150.00 - 200.00
Keppetipola (DEC)	130.00 - 140.00	100.00 - 120.00	250.00 - 260.00	100.00 - 110.00	-	170.00 - 180.00
Norochchhole (DEC)	100.00 - 120.00	90.00 - 120.00	300.00 - 350.00	70.00 - 130.00	-	170.00 - 230.00
Nuwara Eliya	120.00 - 140.00	120.00 - 130.00	260.00 - 280.00	110.00 - 120.00	-	180.00 - 200.00
Kandy	110.00 - 130.00	120.00 - 130.00	250.00 - 300.00	100.00 - 120.00	-	220.00 - 240.00
Hambantota	130.00 - 150.00	120.00 - 140.00	280.00 - 320.00	200.00 - 250.00	-	200.00 - 260.00
Thambuththegama (DEC)	80.00 - 100.00	80.00 - 100.00	300.00 - 350.00	100.00 - 130.00	-	180.00 - 220.00
Tissamaharama	130.00 - 160.00	80.00 - 100.00	380.00 - 400.00	120.00 - 160.00	-	200.00 - 250.00
Jaffna	85.00 - 100.00	120.00 - 140.00	300.00 - 320.00	75.00 - 85.00	-	-
Bandarawela	120.00 - 130.00	120.00 - 130.00	-	-	-	-
Veyangoda	110.00 - 130.00	120.00 - 140.00	320.00 - 380.00	120.00 - 150.00	-	250.00 - 300.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	80.00 - 200.00	100.00 - 150.00	600.00 - 1300.00	100.00 - 150.00	120.00 - 150.00	80.00 - 130.00
Meegoda (DEC)	110.00 - 140.00	120.00 - 150.00	750.00 - 850.00	120.00 - 140.00	80.00 - 110.00	100.00 - 130.00
Moneragala	140.00 - 150.00	100.00 - 130.00	1100.00 - 1300.00	150.00 - 160.00	160.00 - 180.00	80.00 - 100.00
Dambulla (DEC)	80.00 - 110.00	100.00 - 130.00	800.00 - 1000.00	80.00 - 100.00	80.00 - 120.00	70.00 - 80.00
Keppetipola (DEC)	100.00 - 120.00	120.00 - 130.00	500.00 - 550.00	120.00 - 130.00	120.00 - 150.00	80.00 - 100.00
Norochchhole (DEC)	70.00 - 100.00	100.00 - 150.00	600.00 - 1000.00	-	-	80.00 - 100.00
Nuwara Eliya	120.00 - 140.00	140.00 - 150.00	550.00 - 600.00	150.00 - 180.00	140.00 - 150.00	100.00 - 120.00
Kandy	130.00 - 150.00	120.00 - 140.00	900.00 - 1000.00	110.00 - 120.00	120.00 - 150.00	90.00 - 100.00
Hambantota	150.00 - 200.00	100.00 - 120.00	1200.00 - 1300.00	150.00 - 200.00	150.00 - 160.00	130.00 - 150.00
Thambuththegama (DEC)	100.00 - 120.00	100.00 - 120.00	700.00 - 800.00	80.00 - 100.00	100.00 - 120.00	90.00 - 100.00
Tissamaharama	80.00 - 100.00	80.00 - 100.00	1300.00 - 1400.00	120.00 - 150.00	100.00 - 120.00	80.00 - 100.00
Jaffna	100.00 - 120.00	100.00 - 120.00	1150.00 - 1170.00	150.00 - 170.00	150.00 - 170.00	150.00 - 170.00
Bandarawela	-	-	700.00 - 750.00	-	140.00 - 150.00	-
Veyangoda	120.00 - 150.00	130.00 - 160.00	1000.00 - 1200.00	120.00 - 160.00	110.00 - 130.00	100.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	320.00 - 340.00	190.00 - 210.00	170.00 - 180.00
Meegoda (DEC)	60.00 - 70.00	60.00 - 70.00	210.00 - 240.00	180.00 - 190.00	-
Norochchhole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	150.00 - 200.00	160.00 - 165.00	140.00 - 150.00
Kandy	50.00 - 55.00	50.00 - 55.00	240.00 - 250.00	180.00 - 190.00	135.00 - 150.00
Hambantota	50.00 - 50.00	50.00 - 50.00	240.00 - 240.00	-	-
Thambuththegama (DEC)	-	-	-	170.00 - 180.00	140.00 - 150.00
Tissamaharama	40.00 - 50.00	35.00 - 40.00	150.00 - 180.00	150.00 - 170.00	120.00 - 130.00
Jaffna	80.00 - 90.00	40.00 - 45.00	210.00 - 225.00	180.00 - 190.00	120.00 - 130.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	220.00 - 240.00	-	-

Colombo, Meegoda, Norochchhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Up Country Varieties											
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato			
Colombo	—	180.00 – 400.00	650.00 – 1000.00	250.00 – 450.00	240.00 – 450.00	200.00 – 400.00	100.00 – 340.00	320.00 – 550.00	180.00 – 340.00			
Gampaha	—	320.00 – 360.00	800.00 – 960.00	360.00 – 400.00	360.00 – 400.00	360.00 – 400.00	240.00 – 280.00	480.00 – 560.00	320.00 – 440.00			
Kurunegala	—	300.00 – 350.00	800.00 – 800.00	360.00 – 400.00	300.00 – 380.00	380.00 – 420.00	240.00 – 240.00	400.00 – 450.00	280.00 – 320.00			
Nikaweratiya	—	—	—	—	—	—	—	—	—			
Dambulla	—	280.00 – 300.00	900.00 – 1000.00	350.00 – 400.00	300.00 – 350.00	300.00 – 380.00	200.00 – 300.00	460.00 – 500.00	260.00 – 320.00			
Anuradhapura	—	240.00 – 360.00	900.00 – 1000.00	320.00 – 400.00	280.00 – 400.00	240.00 – 260.00	200.00 – 240.00	400.00 – 480.00	280.00 – 360.00			
Thambuththegama	—	300.00 – 350.00	900.00 – 1000.00	320.00 – 380.00	220.00 – 250.00	160.00 – 200.00	120.00 – 160.00	380.00 – 450.00	300.00 – 350.00			
Polonnaruwa	—	300.00 – 340.00	960.00 – 1000.00	340.00 – 380.00	260.00 – 300.00	170.00 – 200.00	120.00 – 140.00	360.00 – 400.00	360.00 – 400.00			
Kaluthara	—	—	—	—	—	—	—	—	—			
Badulla	—	—	—	—	—	—	—	—	—			
Keppetipola	—	280.00 – 300.00	400.00 – 420.00	240.00 – 260.00	220.00 – 240.00	200.00 – 220.00	120.00 – 140.00	250.00 – 260.00	300.00 – 320.00			
Moneragala	—	240.00 – 320.00	800.00 – 1000.00	320.00 – 400.00	320.00 – 400.00	—	200.00 – 240.00	400.00 – 440.00	280.00 – 320.00			
Kegalle	—	320.00 – 360.00	1100.00 – 1200.00	360.00 – 400.00	320.00 – 360.00	280.00 – 320.00	280.00 – 320.00	440.00 – 480.00	300.00 – 360.00			
Ampara	—	260.00 – 280.00	800.00 – 860.00	320.00 – 360.00	240.00 – 260.00	220.00 – 220.00	160.00 – 180.00	360.00 – 400.00	280.00 – 300.00			
Dehiwakkandiya	—	400.00 – 400.00	800.00 – 1000.00	300.00 – 400.00	280.00 – 300.00	200.00 – 240.00	160.00 – 200.00	300.00 – 400.00	300.00 – 400.00			
Nuwaraeliya	—	320.00 – 340.00	560.00 – 580.00	260.00 – 280.00	260.00 – 280.00	240.00 – 260.00	160.00 – 180.00	350.00 – 360.00	340.00 – 360.00			
Kandy	—	240.00 – 300.00	900.00 – 950.00	300.00 – 320.00	240.00 – 260.00	260.00 – 300.00	160.00 – 180.00	320.00 – 400.00	240.00 – 260.00			
Puttalam	—	400.00 – 400.00	800.00 – 1200.00	400.00 – 400.00	320.00 – 400.00	300.00 – 300.00	200.00 – 200.00	480.00 – 480.00	300.00 – 320.00			
Hambantota	—	320.00 – 400.00	750.00 – 800.00	300.00 – 400.00	300.00 – 360.00	300.00 – 340.00	300.00 – 340.00	400.00 – 480.00	220.00 – 320.00			
Rathnapura	—	230.00 – 260.00	700.00 – 740.00	320.00 – 350.00	320.00 – 350.00	240.00 – 280.00	180.00 – 200.00	400.00 – 440.00	240.00 – 280.00			
Matara	—	200.00 – 240.00	1000.00 – 1200.00	320.00 – 400.00	240.00 – 360.00	280.00 – 300.00	160.00 – 200.00	380.00 – 480.00	200.00 – 240.00			
Galle	—	320.00 – 360.00	1000.00 – 1100.00	400.00 – 400.00	400.00 – 400.00	360.00 – 380.00	240.00 – 260.00	480.00 – 500.00	320.00 – 400.00			
Tissamaharama	—	260.00 – 280.00	820.00 – 900.00	280.00 – 320.00	300.00 – 340.00	280.00 – 320.00	160.00 – 200.00	360.00 – 400.00	180.00 – 240.00			
Meegoda (DEC)	—	320.00 – 360.00	800.00 – 1000.00	320.00 – 400.00	240.00 – 300.00	240.00 – 320.00	200.00 – 240.00	400.00 – 480.00	320.00 – 400.00			
Embilipitiya	—	300.00 – 400.00	700.00 – 800.00	320.00 – 400.00	280.00 – 320.00	280.00 – 320.00	160.00 – 200.00	400.00 – 480.00	240.00 – 320.00			
Jaffna	—	150.00 – 200.00	980.00 – 1060.00	300.00 – 350.00	180.00 – 220.00	—	120.00 – 140.00	240.00 – 270.00	100.00 – 150.00			
Vavuniya	—	300.00 – 360.00	900.00 – 1000.00	450.00 – 500.00	300.00 – 350.00	—	200.00 – 240.00	350.00 – 400.00	250.00 – 300.00			
Mannar	—	—	—	—	—	—	—	—	—			
Killinochchi	—	280.00 – 320.00	950.00 – 1000.00	380.00 – 420.00	280.00 – 300.00	—	200.00 – 220.00	380.00 – 420.00	280.00 – 320.00			
Mullaithivu	—	280.00 – 320.00	800.00 – 850.00	300.00 – 350.00	250.00 – 300.00	—	190.00 – 220.00	380.00 – 420.00	180.00 – 220.00			
Batticaloa	—	250.00 – 300.00	900.00 – 980.00	250.00 – 400.00	350.00 – 400.00	250.00 – 350.00	200.00 – 240.00	400.00 – 500.00	180.00 – 250.00			
Trincomalee	—	290.00 – 310.00	720.00 – 750.00	390.00 – 410.00	300.00 – 320.00	—	190.00 – 210.00	320.00 – 340.00	300.00 – 320.00			
Hanguranketha	—	180.00 – 220.00	700.00 – 750.00	200.00 – 240.00	200.00 – 220.00	200.00 – 220.00	100.00 – 120.00	320.00 – 360.00	200.00 – 220.00			
Veyangoda	—	320.00 – 400.00	680.00 – 800.00	280.00 – 360.00	200.00 – 280.00	240.00 – 320.00	140.00 – 200.00	360.00 – 440.00	280.00 – 360.00			
Galenbindunuwewa	—	300.00 – 320.00	850.00 – 1000.00	450.00 – 480.00	300.00 – 320.00	280.00 – 300.00	200.00 – 240.00	380.00 – 400.00	300.00 – 320.00			
Bandarawela	—	260.00 – 300.00	700.00 – 780.00	300.00 – 320.00	300.00 – 320.00	260.00 – 300.00	120.00 – 140.00	300.00 – 320.00	300.00 – 320.00			
Matale	—	240.00 – 300.00	900.00 – 1000.00	320.00 – 400.00	320.00 – 400.00	200.00 – 240.00	200.00 – 240.00	400.00 – 520.00	280.00 – 320.00			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties																										
	Ladies Fingers		Brinjal		Capsicum		Pumpkin		Cucumber		Bitter Gourd		Snake Gourd		Drumstick		Luffa		Long Beans								
Colombo	240.00	-	400.00	200.00	-	400.00	500.00	-	1200.00	140.00	-	320.00	150.00	-	320.00	320.00	180.00	-	400.00	300.00	-	480.00	200.00	-	400.00		
Gampaha	360.00	-	400.00	360.00	-	450.00	1100.00	-	1200.00	300.00	-	320.00	300.00	-	640.00	520.00	360.00	-	480.00	500.00	-	600.00	320.00	-	420.00		
Kurunegala	280.00	-	360.00	360.00	-	400.00	1000.00	-	1200.00	270.00	-	320.00	240.00	-	300.00	500.00	560.00	-	360.00	320.00	-	480.00	460.00	-	480.00		
Nikaweratiya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Dambulla	360.00	-	380.00	180.00	-	200.00	800.00	-	1000.00	200.00	-	240.00	200.00	-	240.00	480.00	500.00	-	260.00	-	300.00	-	320.00	200.00	-	240.00	
Anuradhapura	280.00	-	360.00	200.00	-	240.00	900.00	-	1000.00	200.00	-	240.00	200.00	-	240.00	480.00	660.00	-	320.00	-	320.00	-	400.00	200.00	-	280.00	
Thambuthegama	300.00	-	350.00	150.00	-	200.00	700.00	-	800.00	150.00	-	200.00	180.00	-	220.00	500.00	550.00	-	250.00	-	320.00	-	380.00	160.00	-	220.00	
Polonnaruwa	260.00	-	280.00	260.00	-	300.00	840.00	-	860.00	200.00	-	240.00	140.00	-	160.00	360.00	400.00	-	280.00	-	250.00	-	280.00	220.00	-	260.00	
Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Badulla	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Keppetipola	260.00	-	280.00	200.00	-	220.00	600.00	-	650.00	220.00	-	230.00	180.00	-	200.00	340.00	350.00	-	220.00	-	250.00	-	260.00	180.00	-	200.00	
Moneragala	280.00	-	320.00	200.00	-	260.00	800.00	-	1000.00	200.00	-	240.00	200.00	-	260.00	400.00	600.00	-	240.00	-	320.00	-	400.00	200.00	-	240.00	
Kegalle	400.00	-	440.00	200.00	-	240.00	940.00	-	1000.00	220.00	-	280.00	200.00	-	240.00	440.00	480.00	-	320.00	-	320.00	-	360.00	280.00	-	320.00	
Ampara	260.00	-	320.00	240.00	-	280.00	800.00	-	920.00	200.00	-	240.00	200.00	-	240.00	400.00	480.00	-	260.00	-	280.00	-	320.00	-	-	-	
Dehiwakkandiya	400.00	-	400.00	200.00	-	240.00	600.00	-	800.00	160.00	-	200.00	200.00	-	200.00	400.00	440.00	-	200.00	-	400.00	-	420.00	300.00	-	300.00	
Nuwaraeliya	300.00	-	320.00	220.00	-	240.00	640.00	-	660.00	220.00	-	240.00	220.00	-	230.00	360.00	380.00	-	240.00	-	280.00	-	300.00	200.00	-	220.00	
Kandy	320.00	-	360.00	200.00	-	240.00	1000.00	-	1200.00	180.00	-	200.00	180.00	-	200.00	450.00	480.00	-	200.00	-	300.00	-	320.00	240.00	-	260.00	
Puttalam	300.00	-	400.00	200.00	-	300.00	1000.00	-	1400.00	300.00	-	320.00	200.00	-	240.00	480.00	500.00	-	300.00	-	400.00	-	460.00	250.00	-	300.00	
Rathnapura	200.00	-	240.00	200.00	-	260.00	800.00	-	950.00	180.00	-	240.00	180.00	-	220.00	400.00	480.00	-	240.00	-	320.00	-	400.00	200.00	-	240.00	
Hambantota	240.00	-	300.00	240.00	-	320.00	800.00	-	800.00	160.00	-	200.00	160.00	-	200.00	400.00	400.00	-	320.00	-	300.00	-	400.00	300.00	-	320.00	
Matara	240.00	-	260.00	150.00	-	200.00	800.00	-	1200.00	180.00	-	220.00	160.00	-	200.00	400.00	520.00	-	240.00	-	320.00	-	400.00	200.00	-	260.00	
Galle	300.00	-	360.00	340.00	-	400.00	1300.00	-	1400.00	240.00	-	240.00	180.00	-	220.00	480.00	600.00	-	340.00	-	360.00	-	400.00	280.00	-	300.00	
Tissamaharama	160.00	-	200.00	240.00	-	280.00	650.00	-	1250.00	280.00	-	320.00	160.00	-	180.00	440.00	480.00	-	280.00	-	320.00	-	360.00	180.00	-	200.00	
Meegoda (DEC)	320.00	-	400.00	200.00	-	240.00	800.00	-	1000.00	240.00	-	240.00	240.00	-	280.00	480.00	600.00	-	240.00	-	360.00	-	440.00	240.00	-	300.00	
Embilipitiya	280.00	-	320.00	150.00	-	200.00	700.00	-	800.00	200.00	-	240.00	150.00	-	200.00	520.00	600.00	-	200.00	-	300.00	-	400.00	240.00	-	280.00	
Jaffna	200.00	-	250.00	100.00	-	150.00	600.00	-	650.00	120.00	-	150.00	170.00	-	200.00	350.00	400.00	-	150.00	-	-	-	-	120.00	-	150.00	-
Vavuniya	450.00	-	500.00	150.00	-	200.00	850.00	-	900.00	200.00	-	250.00	200.00	-	250.00	500.00	600.00	-	340.00	-	400.00	-	450.00	400.00	-	450.00	
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Killinochchi	280.00	-	320.00	180.00	-	220.00	950.00	-	1000.00	180.00	-	200.00	180.00	-	200.00	760.00	800.00	-	260.00	-	-	-	-	350.00	-	400.00	-
Mullaittivu	480.00	-	550.00	130.00	-	160.00	600.00	-	680.00	200.00	-	240.00	200.00	-	220.00	600.00	680.00	-	280.00	-	-	-	-	400.00	-	450.00	-
Batticaloa	400.00	-	480.00	320.00	-	350.00	900.00	-	1000.00	200.00	-	250.00	200.00	-	250.00	550.00	600.00	-	240.00	-	320.00	-	400.00	350.00	-	400.00	
Trincomalee	325.00	-	340.00	350.00	-	365.00	1050.00	-	1150.00	185.00	-	200.00	210.00	-	220.00	630.00	650.00	-	280.00	-	280.00	-	290.00	400.00	-	430.00	
Hanguranketha	240.00	-	280.00	160.00	-	180.00	900.00	-	900.00	140.00	-	180.00	140.00	-	180.00	260.00	280.00	-	160.00	-	220.00	-	280.00	140.00	-	180.00	
Veyangoda	280.00	-	360.00	160.00	-	240.00	640.00	-	800.00	160.00	-	240.00	180.00	-	240.00	360.00	480.00	-	280.00	-	360.00	-	400.00	180.00	-	240.00	
Galenbindunuwwa	350.00	-	400.00	300.00	-	320.00	900.00	-	1000.00	220.00	-	240.00	200.00	-	240.00	550.00	600.00	-	240.00	-	300.00	-	320.00	300.00	-	330.00	
Bandarawela	280.00	-	320.00	220.00	-	240.00	900.00	-	1100.00	200.00	-	240.00	180.00	-	200.00	400.00	450.00	-	280.00	-	280.00	-	320.00	220.00	-	240.00	
Matale	320.00	-	400.00	200.00	-	240.00	800.00	-	1000.00	200.00	-	240.00	200.00	-	240.00	480.00	520.00	-	240.00	-	240.00	-	300.00	200.00	-	240.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	180.00 - 340.00	1200.00 - 2000.00	200.00 - 540.00	150.00 - 340.00	150.00 - 240.00	60.00 - 100.00	60.00 - 100.00	220.00 - 280.00	220.00 - 240.00	180.00 - 220.00
Gampaha	320.00 - 360.00	1500.00 - 1600.00	300.00 - 400.00	300.00 - 320.00	200.00 - 220.00	70.00 - 70.00	70.00 - 70.00	90.00 - 90.00	195.00 - 200.00	150.00 - 150.00
Kurunegala	280.00 - 320.00	1500.00 - 1600.00	260.00 - 350.00	300.00 - 320.00	200.00 - 200.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	195.00 - 200.00	165.00 - 175.00
Nikaweratiya	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Dambulla	240.00 - 280.00	1500.00 - 1600.00	200.00 - 250.00	200.00 - 240.00	180.00 - 200.00	60.00 - 80.00	60.00 - 80.00	50.00 - 60.00	180.00 - 190.00	150.00 - 160.00
Anuradhapura	240.00 - 320.00	1500.00 - 1700.00	200.00 - 300.00	240.00 - 320.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	180.00 - 200.00	130.00 - 170.00
Thambuththegama	180.00 - 240.00	1000.00 - 1200.00	150.00 - 180.00	160.00 - 220.00	160.00 - 220.00	- -	- -	- -	200.00 - 220.00	160.00 - 180.00
Polonnaruwa	240.00 - 260.00	1100.00 - 1200.00	280.00 - 300.00	200.00 - 220.00	160.00 - 180.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	200.00 - 230.00	150.00 - 180.00
Kaluthara	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Badulla	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Keppetipola	200.00 - 220.00	700.00 - 800.00	260.00 - 300.00	220.00 - 230.00	180.00 - 200.00	30.00 - 35.00	30.00 - 35.00	25.00 - 30.00	200.00 - 220.00	140.00 - 160.00
Moneragala	180.00 - 200.00	1300.00 - 1500.00	240.00 - 300.00	240.00 - 280.00	140.00 - 160.00	60.00 - 70.00	60.00 - 70.00	60.00 - 80.00	180.00 - 200.00	150.00 - 160.00
Kegalle	280.00 - 320.00	1400.00 - 1500.00	250.00 - 300.00	240.00 - 280.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	50.00 - 60.00	210.00 - 220.00	180.00 - 200.00
Ampara	240.00 - 260.00	1300.00 - 1400.00	300.00 - 350.00	240.00 - 280.00	140.00 - 160.00	60.00 - 70.00	60.00 - 60.00	200.00 - 200.00	- -	- -
Dehiattakandiya	200.00 - 200.00	1000.00 - 1200.00	200.00 - 200.00	100.00 - 120.00	- -	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	- -	110.00 - 140.00
Nuwaraeliya	250.00 - 260.00	800.00 - 900.00	280.00 - 300.00	240.00 - 260.00	200.00 - 220.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	220.00 - 240.00	160.00 - 180.00
Kandy	200.00 - 240.00	1500.00 - 1600.00	200.00 - 240.00	180.00 - 200.00	150.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	190.00 - 210.00	155.00 - 170.00
Puttalam	160.00 - 240.00	1600.00 - 1800.00	300.00 - 300.00	240.00 - 300.00	200.00 - 200.00	60.00 - 60.00	60.00 - 60.00	40.00 - 40.00	240.00 - 250.00	200.00 - 230.00
Rathnapura	160.00 - 220.00	1400.00 - 1600.00	200.00 - 350.00	160.00 - 230.00	120.00 - 160.00	80.00 - 80.00	80.00 - 80.00	100.00 - 100.00	220.00 - 240.00	170.00 - 200.00
Hambanthota	160.00 - 200.00	1500.00 - 1600.00	300.00 - 400.00	200.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 60.00	100.00 - 100.00	230.00 - 240.00	180.00 - 200.00
Matara	160.00 - 200.00	1500.00 - 1700.00	200.00 - 250.00	180.00 - 220.00	140.00 - 180.00	50.00 - 60.00	50.00 - 60.00	90.00 - 110.00	180.00 - 200.00	140.00 - 170.00
Galle	200.00 - 240.00	1600.00 - 1600.00	280.00 - 400.00	200.00 - 280.00	150.00 - 200.00	50.00 - 60.00	- -	80.00 - 100.00	200.00 - 230.00	140.00 - 170.00
Tissamaharama	180.00 - 220.00	1500.00 - 1600.00	240.00 - 280.00	240.00 - 260.00	180.00 - 220.00	60.00 - 60.00	50.00 - 60.00	80.00 - 80.00	200.00 - 220.00	140.00 - 170.00
Meegoda (DEC)	240.00 - 280.00	1000.00 - 1200.00	240.00 - 320.00	160.00 - 240.00	150.00 - 200.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	210.00 - 220.00	190.00 - 200.00
Embilipitiya	140.00 - 160.00	1200.00 - 1300.00	250.00 - 300.00	150.00 - 200.00	120.00 - 160.00	70.00 - 80.00	60.00 - 70.00	100.00 - 120.00	240.00 - 260.00	180.00 - 220.00
Jaffna	150.00 - 200.00	1200.00 - 1250.00	200.00 - 250.00	220.00 - 250.00	210.00 - 250.00	90.00 - 120.00	50.00 - 60.00	80.00 - 100.00	190.00 - 230.00	140.00 - 170.00
Vavuniya	200.00 - 250.00	1000.00 - 1200.00	- -	220.00 - 250.00	220.00 - 250.00	70.00 - 80.00	50.00 - 60.00	70.00 - 75.00	240.00 - 260.00	165.00 - 180.00
Mannar	- -	- -	- -	- -	- -	- -	- -	- -	- -	- -
Killinochchi	230.00 - 250.00	1750.00 - 1800.00	200.00 - 230.00	230.00 - 250.00	220.00 - 240.00	70.00 - 80.00	45.00 - 55.00	45.00 - 55.00	250.00 - 260.00	130.00 - 150.00
Mullaittivu	180.00 - 220.00	1450.00 - 1550.00	200.00 - 220.00	220.00 - 250.00	200.00 - 240.00	75.00 - 80.00	80.00 - 80.00	50.00 - 60.00	-	145.00 - 160.00
Batticaloa	150.00 - 200.00	1600.00 - 1750.00	250.00 - 300.00	250.00 - 280.00	150.00 - 180.00	80.00 - 80.00	50.00 - 80.00	50.00 - 50.00	200.00 - 220.00	150.00 - 180.00
Trincomalee	280.00 - 290.00	1850.00 - 1950.00	180.00 - 200.00	240.00 - 250.00	220.00 - 235.00	65.00 - 70.00	60.00 - 65.00	45.00 - 50.00	230.00 - 240.00	140.00 - 150.00
Hanguranketha	180.00 - 220.00	1200.00 - 1400.00	200.00 - 240.00	170.00 - 180.00	140.00 - 160.00	35.00 - 40.00	40.00 - 40.00	35.00 - 35.00	210.00 - 220.00	190.00 - 200.00
Veyangoda	240.00 - 280.00	1000.00 - 1200.00	200.00 - 240.00	180.00 - 240.00	180.00 - 240.00	60.00 - 70.00	60.00 - 70.00	90.00 - 100.00	200.00 - 220.00	160.00 - 180.00
Galenbindunuwewa	150.00 - 160.00	1500.00 - 1600.00	300.00 - 350.00	200.00 - 240.00	140.00 - 160.00	50.00 - 80.00	50.00 - 60.00	50.00 - 50.00	-	140.00 - 180.00
Bandarawela	200.00 - 240.00	1000.00 - 1200.00	300.00 - 400.00	240.00 - 260.00	160.00 - 200.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	200.00 - 220.00	160.00 - 180.00
Matale	240.00 - 320.00	1600.00 - 1800.00	200.00 - 240.00	200.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	200.00 - 220.00	180.00 - 190.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Banana					Pineapple				Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban	
Colombo	150.00 - 220.00	250.00 - 350.00	150.00 - 240.00	36.00 - 50.00	50.00 - 70.00	490.00 - 780.00	380.00 - 600.00	300.00 - 480.00	-	250.00 - 375.00	
Gampaha	150.00 - 200.00	280.00 - 320.00	180.00 - 200.00	-	-	500.00 - 520.00	400.00 - 440.00	-	-	240.00 - 250.00	
Kurunegala	150.00 - 180.00	280.00 - 300.00	150.00 - 160.00	45.00 - 45.00	60.00 - 68.00	-	450.00 - 500.00	-	-	215.00 - 215.00	
Nikaweratiya	-	-	-	-	-	-	-	-	-	-	
Dambulla	160.00 - 180.00	300.00 - 340.00	160.00 - 180.00	-	55.00 - 65.00	650.00 - 680.00	500.00 - 550.00	280.00 - 300.00	-	250.00 - 300.00	
Anuradhapura	160.00 - 200.00	380.00 - 450.00	180.00 - 200.00	30.00 - 36.00	48.00 - 56.00	760.00 - 850.00	550.00 - 630.00	350.00 - 440.00	-	-	
Thambuththegama	120.00 - 150.00	300.00 - 350.00	120.00 - 150.00	30.00 - 32.00	50.00 - 58.00	-	-	-	-	-	
Polonnaruwa	220.00 - 250.00	400.00 - 440.00	200.00 - 220.00	55.00 - 60.00	55.00 - 60.00	850.00 - 920.00	500.00 - 550.00	300.00 - 350.00	-	180.00 - 220.00	
Kaluthara	-	-	-	-	-	-	-	-	-	-	
Badulla	-	-	-	-	-	-	-	-	-	-	
Keppetipola	140.00 - 160.00	300.00 - 330.00	120.00 - 140.00	28.00 - 32.00	48.00 - 52.00	-	450.00 - 460.00	340.00 - 360.00	-	220.00 - 240.00	
Moneragala	130.00 - 150.00	250.00 - 280.00	100.00 - 120.00	20.00 - 25.00	25.00 - 30.00	810.00 - 820.00	670.00 - 670.00	-	-	-	
Kegalle	160.00 - 200.00	330.00 - 360.00	150.00 - 180.00	15.00 - 20.00	25.00 - 30.00	700.00 - 800.00	550.00 - 650.00	250.00 - 300.00	-	-	
Ampara	140.00 - 150.00	300.00 - 300.00	120.00 - 130.00	-	-	-	420.00 - 450.00	-	-	-	
Dehiattakandiya	200.00 - 230.00	350.00 - 400.00	160.00 - 180.00	-	50.00 - 60.00	700.00 - 800.00	600.00 - 650.00	450.00 - 500.00	-	-	
Nuwaraeliya	160.00 - 170.00	320.00 - 350.00	140.00 - 150.00	32.00 - 34.00	42.00 - 54.00	-	380.00 - 400.00	300.00 - 320.00	-	-	
Kandy	160.00 - 200.00	320.00 - 350.00	150.00 - 200.00	25.00 - 30.00	40.00 - 50.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	250.00 - 260.00	
Puttalam	120.00 - 200.00	500.00 - 500.00	120.00 - 200.00	24.00 - 30.00	45.00 - 45.00	600.00 - 600.00	400.00 - 400.00	300.00 - 300.00	-	230.00 - 260.00	
Rathnapura	150.00 - 200.00	300.00 - 350.00	100.00 - 150.00	25.00 - 28.00	38.00 - 43.00	490.00 - 560.00	350.00 - 400.00	280.00 - 320.00	-	-	
Hambantota	100.00 - 120.00	180.00 - 200.00	150.00 - 160.00	-	-	600.00 - 650.00	350.00 - 360.00	200.00 - 240.00	-	-	
Matara	130.00 - 150.00	200.00 - 230.00	140.00 - 150.00	24.00 - 25.00	33.00 - 35.00	600.00 - 700.00	480.00 - 580.00	300.00 - 350.00	-	-	
Galle	80.00 - 120.00	250.00 - 300.00	120.00 - 160.00	32.00 - 34.00	34.00 - 36.00	560.00 - 600.00	460.00 - 500.00	-	-	-	
Tissamaharama	100.00 - 120.00	180.00 - 230.00	100.00 - 130.00	28.00 - 30.00	35.00 - 40.00	590.00 - 625.00	450.00 - 480.00	360.00 - 380.00	-	-	
Meegoda (DEC)	120.00 - 150.00	230.00 - 280.00	150.00 - 180.00	42.00 - 50.00	47.00 - 56.00	645.00 - 730.00	500.00 - 560.00	380.00 - 430.00	-	260.00 - 270.00	
Embilipitiya	80.00 - 100.00	180.00 - 250.00	100.00 - 120.00	30.00 - 35.00	35.00 - 40.00	500.00 - 600.00	400.00 - 450.00	300.00 - 350.00	-	-	
Jaffna	140.00 - 200.00	220.00 - 250.00	120.00 - 170.00	-	-	700.00 - 730.00	600.00 - 650.00	470.00 - 520.00	-	-	
Vavuniya	140.00 - 160.00	340.00 - 360.00	160.00 - 180.00	45.00 - 50.00	-	550.00 - 590.00	450.00 - 480.00	340.00 - 360.00	-	-	
Mannar	-	-	-	-	-	-	-	-	-	-	
Killinochchi	140.00 - 160.00	300.00 - 350.00	140.00 - 160.00	36.00 - 38.00	39.00 - 40.00	600.00 - 640.00	500.00 - 540.00	400.00 - 440.00	-	-	
Mullaitivu	160.00 - 200.00	360.00 - 380.00	160.00 - 200.00	45.00 - 48.00	50.00 - 52.00	600.00 - 650.00	450.00 - 500.00	-	-	-	
Batticaloa	160.00 - 180.00	280.00 - 300.00	140.00 - 160.00	25.00 - 28.00	46.00 - 50.00	520.00 - 585.00	400.00 - 450.00	320.00 - 360.00	-	-	
Trincomalee	172.00 - 180.00	420.00 - 440.00	165.00 - 170.00	-	-	720.00 - 740.00	600.00 - 630.00	460.00 - 480.00	-	-	
Veyangoda	140.00 - 170.00	240.00 - 260.00	150.00 - 180.00	38.00 - 41.00	38.00 - 42.00	640.00 - 680.00	480.00 - 520.00	380.00 - 400.00	-	230.00 - 250.00	
Galenbindunuwewa	130.00 - 160.00	300.00 - 350.00	120.00 - 150.00	35.00 - 45.00	50.00 - 60.00	650.00 - 720.00	500.00 - 550.00	400.00 - 440.00	-	-	
Bandarawela	180.00 - 200.00	350.00 - 400.00	170.00 - 180.00	25.00 - 27.00	46.00 - 50.00	600.00 - 680.00	480.00 - 500.00	350.00 - 400.00	-	-	
Matale	180.00 - 200.00	300.00 - 350.00	200.00 - 220.00	34.00 - 36.00	52.00 - 58.00	650.00 - 700.00	450.00 - 500.00	300.00 - 360.00	-	-	

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits															
	Vilad	Kohu	Papaw (Rs/kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/kg)		King Coconut	
			350.00 - 450.00	360.00 - 380.00	120.00 - 200.00	130.00 - 240.00	80.00 - 120.00	100.00 - 120.00	60.00 - 120.00	250.00 - 330.00	100.00 - 125.00	125.00 - 125.00	40.00 - 100.00	50.00 - 55.00	2000.00 - 2600.00	160.00 - 170.00	230.00 - 300.00	
Colombo	-	-	350.00 - 450.00	360.00 - 380.00	120.00 - 200.00	130.00 - 240.00	80.00 - 120.00	100.00 - 120.00	60.00 - 120.00	250.00 - 330.00	100.00 - 125.00	125.00 - 125.00	40.00 - 100.00	50.00 - 55.00	2000.00 - 2600.00	160.00 - 170.00	230.00 - 300.00	
Gampaha	-	-	350.00 - 360.00	360.00 - 380.00	-	200.00 - 220.00	-	-	-	-	-	-	-	-	2000.00 - 2200.00	160.00 - 170.00	230.00 - 300.00	
Kurunegala	-	-	350.00 - 360.00	360.00 - 380.00	-	250.00 - 250.00	-	-	-	-	-	-	-	-	2000.00 - 2000.00	140.00 - 140.00	230.00 - 300.00	
Nikaweratiya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dambulla	-	50.00 - 60.00	300.00 - 350.00	300.00 - 350.00	90.00 - 100.00	100.00 - 120.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	150.00 - 160.00	60.00 - 70.00	60.00 - 70.00	2800.00 - 3000.00	180.00 - 200.00	180.00 - 200.00	230.00 - 300.00	180.00 - 200.00	230.00 - 300.00
Anuradhapura	-	-	300.00 - 340.00	300.00 - 340.00	-	100.00 - 125.00	100.00 - 130.00	100.00 - 125.00	100.00 - 130.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	2300.00 - 2800.00	180.00 - 220.00	180.00 - 220.00	230.00 - 300.00	180.00 - 220.00	230.00 - 300.00
Thambuththegama	-	-	280.00 - 350.00	280.00 - 350.00	100.00 - 120.00	-	-	-	-	-	-	-	-	-	-	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00
Polonnaruwa	-	-	350.00 - 380.00	350.00 - 380.00	-	-	-	-	-	100.00 - 140.00	100.00 - 120.00	100.00 - 120.00	2500.00 - 2800.00	180.00 - 220.00	180.00 - 220.00	230.00 - 300.00	180.00 - 220.00	230.00 - 300.00
Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Badulla	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Keppetipola	-	-	270.00 - 290.00	270.00 - 290.00	90.00 - 110.00	90.00 - 100.00	80.00 - 90.00	80.00 - 90.00	80.00 - 90.00	220.00 - 240.00	-	-	1800.00 - 2000.00	180.00 - 190.00	180.00 - 190.00	230.00 - 300.00	180.00 - 190.00	230.00 - 300.00
Moneragala	-	-	340.00 - 350.00	340.00 - 350.00	-	-	80.00 - 100.00	80.00 - 100.00	80.00 - 100.00	-	50.00 - 60.00	50.00 - 60.00	2400.00 - 2500.00	140.00 - 150.00	140.00 - 150.00	230.00 - 300.00	140.00 - 150.00	230.00 - 300.00
Kegalle	-	-	360.00 - 420.00	360.00 - 420.00	-	150.00 - 160.00	80.00 - 100.00	80.00 - 100.00	170.00 - 200.00	40.00 - 60.00	40.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00	180.00 - 200.00	230.00 - 300.00	180.00 - 200.00	230.00 - 300.00	
Ampara	-	-	180.00 - 200.00	180.00 - 200.00	-	-	-	-	-	-	-	-	2100.00 - 2200.00	150.00 - 150.00	150.00 - 150.00	230.00 - 300.00	150.00 - 150.00	230.00 - 300.00
Dehiattakandiya	-	-	330.00 - 360.00	330.00 - 360.00	-	-	-	-	100.00 - 150.00	50.00 - 50.00	50.00 - 50.00	2500.00 - 2800.00	120.00 - 150.00	120.00 - 150.00	230.00 - 300.00	120.00 - 150.00	230.00 - 300.00	
Nuwaraeliya	-	40.00 - 60.00	280.00 - 320.00	280.00 - 320.00	110.00 - 120.00	120.00 - 140.00	90.00 - 100.00	90.00 - 100.00	200.00 - 240.00	-	-	1800.00 - 2000.00	180.00 - 200.00	180.00 - 200.00	230.00 - 300.00	180.00 - 200.00	230.00 - 300.00	
Kandy	-	-	380.00 - 390.00	380.00 - 390.00	100.00 - 120.00	130.00 - 150.00	80.00 - 90.00	80.00 - 90.00	150.00 - 180.00	50.00 - 60.00	50.00 - 60.00	2000.00 - 2500.00	180.00 - 200.00	180.00 - 200.00	230.00 - 300.00	180.00 - 200.00	230.00 - 300.00	
Puttalam	-	-	300.00 - 350.00	300.00 - 350.00	-	-	-	-	120.00 - 180.00	50.00 - 80.00	50.00 - 80.00	2500.00 - 2800.00	150.00 - 200.00	150.00 - 200.00	230.00 - 300.00	150.00 - 200.00	230.00 - 300.00	
Hambantota	-	-	260.00 - 280.00	260.00 - 280.00	100.00 - 100.00	100.00 - 110.00	-	-	125.00 - 135.00	13.00 - 15.00	2300.00 - 2400.00	-	-	-	-	-	-	
Rathnapura	-	-	200.00 - 250.00	200.00 - 250.00	-	100.00 - 120.00	-	-	-	50.00 - 80.00	2000.00 - 2200.00	120.00 - 150.00	120.00 - 150.00	2000.00 - 2200.00	120.00 - 150.00	2000.00 - 2200.00	120.00 - 150.00	2000.00 - 2200.00
Matara	-	-	280.00 - 290.00	280.00 - 290.00	110.00 - 130.00	130.00 - 160.00	120.00 - 150.00	190.00 - 200.00	50.00 - 60.00	50.00 - 60.00	2300.00 - 2500.00	180.00 - 200.00	180.00 - 200.00	230.00 - 300.00	180.00 - 200.00	230.00 - 300.00		
Galle	-	-	280.00 - 380.00	280.00 - 380.00	120.00 - 150.00	-	120.00 - 140.00	150.00 - 180.00	75.00 - 95.00	75.00 - 95.00	2500.00 - 2800.00	160.00 - 200.00	160.00 - 200.00	230.00 - 300.00	160.00 - 200.00	230.00 - 300.00		
Tissamaharama	-	-	260.00 - 280.00	260.00 - 280.00	83.00 - 90.00	75.00 - 85.00	120.00 - 130.00	115.00 - 135.00	18.00 - 20.00	2200.00 - 2400.00	200.00 - 210.00	200.00 - 210.00	230.00 - 300.00	200.00 - 210.00	230.00 - 300.00			
Meegoda (DEC)	-	-	320.00 - 350.00	320.00 - 350.00	-	100.00 - 120.00	75.00 - 90.00	-	42.00 - 56.00	2000.00 - 2300.00	180.00 - 200.00	180.00 - 200.00	2000.00 - 2300.00	180.00 - 200.00	2000.00 - 2300.00			
Embilipitiya	100.00 - 120.00	-	280.00 - 300.00	280.00 - 300.00	-	-	80.00 - 100.00	100.00 - 120.00	12.00 - 20.00	2000.00 - 2600.00	140.00 - 160.00	140.00 - 160.00	2000.00 - 2600.00	140.00 - 160.00	2000.00 - 2600.00			
Jaffna	-	-	230.00 - 250.00	230.00 - 250.00	100.00 - 130.00	-	-	-	-	-	-	2000.00 - 2150.00	140.00 - 180.00	140.00 - 180.00	230.00 - 300.00	140.00 - 180.00	230.00 - 300.00	
Vavuniya	-	-	240.00 - 260.00	240.00 - 260.00	-	65.00 - 70.00	-	-	-	-	-	2350.00 - 2450.00	125.00 - 140.00	125.00 - 140.00	230.00 - 300.00	125.00 - 140.00	230.00 - 300.00	
Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Killinochchi	-	-	270.00 - 300.00	270.00 - 300.00	-	100.00 - 120.00	-	-	-	-	-	2400.00 - 2450.00	250.00 - 260.00	250.00 - 260.00	230.00 - 300.00	250.00 - 260.00	230.00 - 300.00	
Mullaitivu	-	-	180.00 - 220.00	180.00 - 220.00	65.00 - 70.00	-	-	-	-	-	-	2400.00 - 2500.00	150.00 - 160.00	150.00 - 160.00	230.00 - 300.00	150.00 - 160.00	230.00 - 300.00	
Batticaloa	-	-	250.00 - 300.00	250.00 - 300.00	100.00 - 110.00	-	-	-	-	-	-	2400.00 - 2500.00	170.00 - 200.00	170.00 - 200.00	230.00 - 300.00	170.00 - 200.00	230.00 - 300.00	
Trincomalee	-	53.00 - 54.00	240.00 - 250.00	240.00 - 250.00	-	-	87.00 - 88.00	124.00 - 125.00	-	-	2440.00 - 2450.00	225.00 - 240.00	225.00 - 240.00	230.00 - 300.00	225.00 - 240.00	230.00 - 300.00		
Veyangoda	120.00 - 130.00	80.00 - 80.00	330.00 - 350.00	330.00 - 350.00	90.00 - 115.00	120.00 - 130.00	60.00 - 66.00	120.00 - 135.00	30.00 - 32.00	2000.00 - 2500.00	160.00 - 200.00	160.00 - 200.00	2000.00 - 2500.00	160.00 - 200.00	2000.00 - 2500.00			
Galenbindunuwewa	-	-	280.00 - 300.00	280.00 - 300.00	-	-	-	170.00 - 180.00	-	-	2500.00 - 2600.00	130.00 - 150.00	130.00 - 150.00	230.00 - 300.00	130.00 - 150.00	230.00 - 300.00		
Bandarawela	-	40.00 - 55.00	260.00 - 300.00	260.00 - 300.00	100.00 - 120.00	90.00 - 110.00	90.00 - 110.00	180.00 - 200.00	60.00 - 70.00	2300.00 - 2500.00	180.00 - 200.00	180.00 - 200.00	2000.00 - 2500.00	180.00 - 200.00	2000.00 - 2500.00			
Matale	-	-	300.00 - 350.00	300.00 - 350.00	-	100.00 - 130.00	80.00 - 100.00	130.00 - 160.00	60.00 - 80.00	2500.00 - 2800.00	180.00 - 200.00	180.00 - 200.00	2000.00 - 2500.00	180.00 - 200.00	2000.00 - 2500.00			

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 09: 28 Feb - 06 Mar 2025

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	300.00 –	500.00	750.00 –	850.00	600.00 –	700.00	950.00 –	1200.00	1400.00 –	2100.00	1100.00 –	1300.00
Kandy	320.00 –	350.00	850.00 –	900.00	800.00 –	900.00	1100.00 –	1200.00	1700.00 –	1900.00	1000.00 –	1100.00
Kaluthara	–	–	–	–	–	–	–	–	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–	–	–	–	–
Matara	280.00 –	300.00	–	–	750.00 –	850.00	1200.00 –	1300.00	–	–	–	–
Hambantota	250.00 –	300.00	700.00 –	800.00	400.00 –	500.00	1000.00 –	1100.00	–	–	–	–
Galle	–	–	–	–	600.00 –	650.00	900.00 –	950.00	2000.00 –	2000.00	900.00 –	1000.00
Batticaloa	500.00 –	600.00	1000.00 –	1100.00	700.00 –	800.00	1400.00 –	1500.00	1700.00 –	1750.00	1300.00 –	1400.00
Trincomalee	380.00 –	400.00	980.00 –	1020.00	1040.00 –	1070.00	1800.00 –	1840.00	1900.00 –	1940.00	1440.00 –	1460.00
Mannar	–	–	–	–	–	–	–	–	–	–	–	–

Locations	Sea Fish				Eggs							
	Mora		Shrimps		Thalapath		Teppeli		Brown		White	
Colombo	1000.00 –	1300.00	1500.00 –	2150.00	1250.00 –	1900.00	–	–	27.50 –	33.00	25.50 –	29.00
Kandy	1100.00 –	1200.00	2000.00 –	2200.00	1600.00 –	1800.00	–	–	29.00 –	30.00	26.00 –	28.00
Kaluthara	–	–	–	–	–	–	–	–	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–	–	–	–	–
Matara	–	–	2300.00 –	2350.00	1700.00 –	1800.00	–	–	27.00 –	28.50	26.00 –	27.00
Hambantota	–	–	2400.00 –	2400.00	–	–	–	–	–	–	28.00 –	30.00
Galle	–	–	–	–	–	–	–	–	29.00 –	30.00	28.00 –	30.00
Batticaloa	1400.00 –	1450.00	–	–	1700.00 –	1800.00	–	–	30.00 –	32.00	28.00 –	30.00
Trincomalee	1680.00 –	1700.00	1060.00 –	1070.00	–	–	–	–	29.00 –	30.00	28.00 –	29.00
Mannar	–	–	–	–	–	–	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 09: 28 Feb - 06 Mar 2025

Locations	Local Dried Fish							
	Sprats		Kattawa		Thora			
Colombo	42500 –	50000	–	–	87500 –	92500		
Kandy	47500 –	50000	–	–	90000 –	95000		
Batticaloa	50000 –	72000	85000 –	87500	–	95000 –	100000	
Trincomalee	52800 –	53000	–	–	–	–	61500 –	62000
Mannar	–	–	–	–	–	–	–	–

Locations	Local Dried Fish			Imported Dried Fish			
	Maduwa		Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	60000 –	65000	–	27500 –	37500	27500 –	35000
Kandy	62500 –	65000	–	32500 –	37500	30000 –	35000
Batticaloa	–	–	–	35000 –	37500	40000 –	42500
Trincomalee	52600 –	52750	–	29000 –	29300	43750 –	44000
Mannar	–	–	–	–	–	97600 –	97800

Locations	Imported Dried Fish					
	Mora		Balaya		Anguluwa	
Colombo	–	–	–	72500 –	77500	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Sea Fish												Eggs																				
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White														
21	Colombo	400.00	-	700.00	950.00	-	1100.00	680.00	-	750.00	1100.00	-	2200.00	1700.00	-	3600.00	1300.00	-	2400.00	-	1450.00	-	2800.00	30.00	-	36.00	28.00	-	35.00				
	Gampaha	400.00	-	600.00	-	-	-	1800.00	-	1800.00	3000.00	-	3200.00	-	-	-	2600.00	-	2600.00	-	38.00	-	38.00	34.00	-	34.00							
	Kurunegala	400.00	-	450.00	-	-	-	1800.00	-	2000.00	2800.00	-	2900.00	-	-	-	2600.00	-	2600.00	-	30.00	-	32.00	27.00	-	28.00							
	Nikaweratiya	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-					
	Dambulla	400.00	-	450.00	900.00	-	1000.00	800.00	-	900.00	1600.00	-	1800.00	2000.00	-	2200.00	1500.00	-	1600.00	1300.00	-	1400.00	1900.00	-	2000.00	30.00	-	31.00	28.00	-	30.00		
	Anuradhapura	500.00	-	550.00	-	-	-	800.00	-	1000.00	1600.00	-	1800.00	-	-	-	1500.00	-	1600.00	-	2300.00	-	2400.00	-	-	29.00	-	30.00	29.00	-	30.00		
	Thambuththegama	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-			
	Polonnaruwa	450.00	-	500.00	1100.00	-	1200.00	1100.00	-	1200.00	1700.00	-	1800.00	2200.00	-	2300.00	1400.00	-	1400.00	1550.00	-	1600.00	2000.00	-	2100.00	34.00	-	35.00	32.00	-	33.00		
	Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
	Badulla	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
	Keppetipola	550.00	-	560.00	-	-	-	1300.00	-	1350.00	1750.00	-	1800.00	2400.00	-	2500.00	1600.00	-	1700.00	1450.00	-	1500.00	1900.00	-	2000.00	36.00	-	38.00	33.00	-	36.00		
	Moneragala	500.00	-	600.00	-	-	-	800.00	-	850.00	2000.00	-	2200.00	2400.00	-	2600.00	-	-	-	-	-	-	2400.00	-	2600.00	30.00	-	32.00	29.00	-	30.00		
	Kegalle	600.00	-	700.00	-	-	-	-	-	-	1950.00	-	2100.00	-	-	-	1750.00	-	1850.00	1700.00	-	1800.00	2350.00	-	2400.00	32.00	-	36.00	30.00	-	32.00		
	Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
	Dehiattakandiya	400.00	-	400.00	-	-	-	-	-	-	1600.00	-	2200.00	1600.00	-	1600.00	-	-	-	-	-	-	2000.00	-	2200.00	30.00	-	30.00	28.00	-	30.00		
	Nuwaraeliya	560.00	-	580.00	-	-	-	1400.00	-	1450.00	1900.00	-	2000.00	2500.00	-	2600.00	1600.00	-	1700.00	1550.00	-	1600.00	2100.00	-	2200.00	36.00	-	38.00	34.00	-	36.00		
	Kandy	500.00	-	600.00	1000.00	-	1100.00	1000.00	-	1200.00	1600.00	-	1700.00	2000.00	-	2300.00	1400.00	-	1500.00	1400.00	-	1500.00	2000.00	-	2300.00	32.00	-	34.00	28.00	-	30.00		
	Puttalam	450.00	-	500.00	800.00	-	1000.00	800.00	-	800.00	-	-	-	-	-	-	1300.00	-	1500.00	2000.00	-	2200.00	28.00	-	34.00	28.00	-	33.00					
	Hambantota	350.00	-	400.00	800.00	-	900.00	-	-	-	2000.00	-	2000.00	2400.00	-	2400.00	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00	-	33.00	
	Rathnapura	450.00	-	600.00	980.00	-	1200.00	900.00	-	1100.00	1700.00	-	1800.00	2800.00	-	3000.00	2000.00	-	2200.00	1400.00	-	1600.00	1950.00	-	2200.00	30.00	-	32.00	26.00	-	30.00		
	Matara	500.00	-	550.00	-	-	-	1200.00	-	1250.00	1600.00	-	1700.00	-	-	-	1800.00	-	2000.00	-	-	2000.00	-	2100.00	29.00	-	30.00	27.00	-	29.00			
	Galle	580.00	-	600.00	-	-	-	1000.00	-	1200.00	1800.00	-	2000.00	2400.00	-	2400.00	1800.00	-	1800.00	-	-	2200.00	-	2400.00	30.00	-	32.00	30.00	-	32.00			
	Tissamaharama	500.00	-	600.00	800.00	-	1000.00	900.00	-	1200.00	2000.00	-	2200.00	-	-	-	-	-	-	-	-	-	2600.00	-	2800.00	28.00	-	29.00	26.00	-	28.00		
	Meegoda	600.00	-	700.00	-	-	-	800.00	-	800.00	1800.00	-	2200.00	-	-	-	-	-	-	-	-	-	2600.00	-	2800.00	28.00	-	29.00	26.00	-	28.00		
	Embilipitiya	450.00	-	500.00	950.00	-	1000.00	1200.00	-	1300.00	1800.00	-	2000.00	2300.00	-	2400.00	1500.00	-	1600.00	1500.00	-	1600.00	2200.00	-	2300.00	27.00	-	30.00	27.00	-	30.00		
	Jaffna	600.00	-	660.00	800.00	-	900.00	1000.00	-	1150.00	-	-	2000.00	-	2200.00	1500.00	-	1650.00	2000.00	-	2120.00	-	-	30.00	-	34.00	30.00	-	33.00				
	Vavuniya	500.00	-	550.00	1000.00	-	1150.00	1000.00	-	1150.00	2000.00	-	2200.00	2000.00	-	2200.00	1500.00	-	1600.00	2000.00	-	2200.00	2000.00	-	2150.00	30.00	-	32.00	29.00	-	31.00		
	Mannar	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				
	Killinochchi	450.00	-	500.00	850.00	-	900.00	1000.00	-	1100.00	-	-	-	1450.00	-	1500.00	-	-	-	-	-	-	-	-	-	-	-	-	-	30.00	-	31.00	
	Mullaithivu	500.00	-	550.00	950.00	-	1000.00	800.00	-	900.00	-	-	-	1600.00	-	1750.00	-	-	-	-	-	-	2250.00	-	2350.00	-	-	30.00	-	33.00	30.00	-	33.00
	Batticaloa	600.00	-	650.00	1200.00	-	1250.00	1200.00	-	1250.00	2000.00	-	2100.00	2200.00	-	2300.00	2000.00	-	2100.00	2000.00	-	2000.00	2200.00	-	2300.00	33.00	-	35.00	30.00	-	32.00		
	Trincomalee	580.00	-	600.00	1130.00	-	1150.00	1190.00	-	1210.00	2250.00	-	2300.00	2380.00	-	2400.00	1620.00	-	1650.00	1850.00	-	1880.00	-	-	32.00	-	34.00	30.00	-	32.00			
	Veyangoda	650.00	-	700.00	-	-	-	-	-	-	2400.00	-	2500.00	1800.00	-	1800.00	-	-	-	-	-	-	1800.00	-	2000.00	30.00	-	34.00	28.00	-	32.00		
	Galenbindunuwewa	500.00	-	550.00	1250.00	-	1300.00	1300.00	-	1400.00	2200.00	-	2300.00	2500.00	-	2600.00	1700.00	-	1800.00	1600.00	-	1700.00	2450.00	-	2550.00	32.00	-	33.00	30.00	-	32.00		
	Bandarawela	500.00	-	530.00	-	-	-	1400.00	-	1450.00	1950.00	-	2000.00	-	-	-	1800.00	-	1850.00	1400.00	-	1500.00	2200.00	-	2300.00	32.00	-	35.00	28.00	-	30.00		
	Matale	450.00	-	500.00	1000.00	-	1100.00	1000.00	-	1100.00	1600.00	-	1800.00	2200.00	-	2300.00	1200.00	-	1400.00	1500.00	-	1600.00	2200.00	-	2300.00	34.00	-	35.00	32.00	-	33.00		

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
Colombo	750.00 – 1400.00	2000.00 – 2600.00	–	2000.00 – 2600.00	1300.00 – 1800.00	2000.00 – 2400.00	800.00 – 1400.00					
Gampaha	800.00 – 800.00	–	3800.00 – 4000.00	2000.00 – 2000.00	2000.00 – 2000.00	2000.00 – 2100.00	900.00 – 1000.00					
Kurunegala	1200.00 – 1200.00	1700.00 – 1800.00	–	2000.00 – 2000.00	1900.00 – 2000.00	1900.00 – 1950.00	800.00 – 800.00					
Nikaweratiya	–	–	–	–	–	–	–					
Dambulla	850.00 – 950.00	2200.00 – 2300.00	–	2200.00 – 2300.00	1200.00 – 1300.00	1700.00 – 1800.00	–					
Anuradhapura	880.00 – 1000.00	1800.00 – 2000.00	–	2000.00 – 2400.00	1200.00 – 1600.00	1800.00 – 2200.00	900.00 – 1000.00					
Thambuththegama	800.00 – 1100.00	1700.00 – 1800.00	–	2200.00 – 2300.00	1100.00 – 1260.00	1180.00 – 2100.00	900.00 – 1100.00					
Polonnaruwa	1000.00 – 1100.00	1800.00 – 2000.00	–	2200.00 – 2300.00	1100.00 – 1200.00	1800.00 – 1850.00	–					
Kaluthara	–	–	–	–	–	–	–					
Badulla	–	–	–	–	–	–	–					
Keppetipola	840.00 – 880.00	2300.00 – 2350.00	–	2320.00 – 2350.00	1400.00 – 1450.00	2350.00 – 2380.00	860.00 – 880.00					
Moneragala	900.00 – 1100.00	1700.00 – 2000.00	–	2000.00 – 2200.00	1350.00 – 1400.00	1900.00 – 2000.00	800.00 – 900.00					
Kegalle	850.00 – 960.00	1700.00 – 1700.00	–	2000.00 – 2200.00	1000.00 – 1200.00	–	–					
Ampara	–	1800.00 – 1800.00	–	2000.00 – 2200.00	1200.00 – 1300.00	1400.00 – 1400.00	–					
Dehiattakandiya	800.00 – 1000.00	2000.00 – 2200.00	–	1900.00 – 2200.00	1000.00 – 1600.00	1400.00 – 1800.00	–					
Nuwaraeliya	850.00 – 900.00	2250.00 – 2300.00	–	2200.00 – 2250.00	1400.00 – 1450.00	2260.00 – 2280.00	980.00 – 1000.00					
Kandy	800.00 – 1000.00	1900.00 – 2100.00	–	2100.00 – 2200.00	1300.00 – 1500.00	1800.00 – 2000.00	900.00 – 1000.00					
Puttalam	800.00 – 920.00	2000.00 – 2000.00	–	1800.00 – 2200.00	950.00 – 1200.00	1000.00 – 1200.00	800.00 – 1200.00					
Hambantota	1000.00 – 1000.00	2000.00 – 2000.00	–	–	1400.00 – 1500.00	2000.00 – 2000.00	–					
Rathnapura	760.00 – 850.00	1960.00 – 2100.00	–	2000.00 – 2200.00	1200.00 – 1400.00	2000.00 – 2200.00	–					
Matara	800.00 – 900.00	1700.00 – 1800.00	–	1800.00 – 2000.00	1000.00 – 1250.00	1800.00 – 2000.00	–					
Galle	1200.00 – 1300.00	2000.00 – 2400.00	3200.00 – 3200.00	2200.00 – 2400.00	1200.00 – 1400.00	1800.00 – 2000.00	–					
Tissamaharama	950.00 – 1000.00	–	–	2200.00 – 2600.00	1300.00 – 1500.00	2200.00 – 2400.00	–					
Meegoda	800.00 – 850.00	2000.00 – 2500.00	–	2000.00 – 2400.00	1400.00 – 1520.00	2200.00 – 2200.00	800.00 – 1000.00					
Embilipitiya	800.00 – 1000.00	2000.00 – 2200.00	–	2150.00 – 2250.00	1300.00 – 1600.00	1800.00 – 2100.00	800.00 – 900.00					
Jaffna	1000.00 – 1200.00	2300.00 – 2400.00	3100.00 – 3250.00	2150.00 – 2300.00	1280.00 – 1360.00	1200.00 – 1300.00	–					
Vavuniya	–	1800.00 – 1900.00	–	2000.00 – 2150.00	1000.00 – 1200.00	1200.00 – 1300.00	800.00 – 900.00					
Mannar	–	–	–	–	–	–	–					
Killinochchi	950.00 – 1000.00	2200.00 – 2300.00	–	1800.00 – 1900.00	950.00 – 1050.00	1000.00 – 1000.00	800.00 – 900.00					
Mullaithivu	1150.00 – 1200.00	1850.00 – 2000.00	–	2450.00 – 2600.00	–	–	–					
Batticaloa	1000.00 – 1100.00	1800.00 – 1850.00	–	2400.00 – 2500.00	1400.00 – 1450.00	1300.00 – 1400.00	800.00 – 900.00					
Trincomalee	1040.00 – 1060.00	2340.00 – 2360.00	–	–	1360.00 – 1380.00	1180.00 – 1220.00	760.00 – 775.00					
Veyangoda	800.00 – 1200.00	2000.00 – 2200.00	–	2200.00 – 2300.00	1200.00 – 1500.00	1800.00 – 2200.00	800.00 – 960.00					
Galenbindunuwewa	1000.00 – 1000.00	1800.00 – 1900.00	–	2200.00 – 2350.00	1250.00 – 1300.00	1200.00 – 1300.00	800.00 – 900.00					
Bandarawela	800.00 – 1200.00	2000.00 – 2100.00	–	2100.00 – 2300.00	1400.00 – 1500.00	1900.00 – 2000.00	800.00 – 1000.00					
Matale	800.00 – 1000.00	2000.00 – 2200.00	–	2200.00 – 2300.00	1300.00 – 1450.00	1800.00 – 2000.00	800.00 – 1000.00					

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2500.00 – 2800.00	1050.00 – 1300.00	1000.00 – 1350.00	3400.00 – 3800.00	1300.00 – 1300.00
Gampaha	–	1150.00 – 1150.00	1200.00 – 1200.00	3500.00 – 3500.00	1200.00 – 1200.00
Kurunegala	2800.00 – 2800.00	1050.00 – 1090.00	1200.00 – 1200.00	3000.00 – 3200.00	1150.00 – 1200.00
Nikaweratiya	–	–	–	–	–
Dambulla	–	1100.00 – 1150.00	1250.00 – 1300.00	–	1200.00 – 1300.00
Anuradhapura	2400.00 – 2400.00	1100.00 – 1200.00	1300.00 – 1350.00	3600.00 – 3700.00	1200.00 – 1300.00
Thambuththegama	–	1000.00 – 1100.00	–	–	1360.00 – 1500.00
Polonnaruwa	2300.00 – 2400.00	1000.00 – 1100.00	1200.00 – 1300.00	3500.00 – 3600.00	1100.00 – 1200.00
Kaluthara	–	–	–	–	–
Badulla	–	–	–	–	–
Keppetipola	2200.00 – 2300.00	1100.00 – 1150.00	1240.00 – 1280.00	3000.00 – 3100.00	–
Moneragala	2400.00 – 2400.00	1200.00 – 1300.00	1450.00 – 1500.00	–	1400.00 – 1500.00
Kegalle	2300.00 – 2300.00	1050.00 – 1150.00	–	3100.00 – 3100.00	–
Ampara	2100.00 – 2100.00	1000.00 – 1000.00	–	–	1400.00 – 1500.00
Dehiattakandiya	–	980.00 – 1050.00	–	–	1150.00 – 1500.00
Nuwaraeliya	2300.00 – 2350.00	1160.00 – 1200.00	1250.00 – 1280.00	3200.00 – 3300.00	1500.00 – 1600.00
Kandy	2300.00 – 2400.00	980.00 – 1000.00	1100.00 – 1150.00	3200.00 – 3200.00	1400.00 – 1500.00
Puttalam	2400.00 – 2400.00	1000.00 – 1000.00	1400.00 – 1400.00	3500.00 – 3500.00	–
Hambantota	–	1150.00 – 1160.00	–	–	–
Rathnapura	2400.00 – 2400.00	1050.00 – 1150.00	1200.00 – 1300.00	3300.00 – 3300.00	1200.00 – 1200.00
Matara	–	1090.00 – 1100.00	–	–	–
Galle	2400.00 – 2400.00	1050.00 – 1100.00	1150.00 – 1150.00	3500.00 – 3600.00	–
Tissamaharama	–	1100.00 – 1200.00	–	–	–
Meegoda	–	1120.00 – 1150.00	1300.00 – 1350.00	–	1350.00 – 1350.00
Embiliptiya	2000.00 – 2100.00	990.00 – 1100.00	1150.00 – 1250.00	2950.00 – 3500.00	1300.00 – 1450.00
Jaffna	2000.00 – 2100.00	1100.00 – 1250.00	1300.00 – 1400.00	3500.00 – 4000.00	–
Vavuniya	2200.00 – 2300.00	1280.00 – 1340.00	1600.00 – 1700.00	3200.00 – 3300.00	–
Mannar	–	–	–	–	–
Killinochchi	2150.00 – 2200.00	1200.00 – 1250.00	1450.00 – 1500.00	3200.00 – 3300.00	–
Mullaittivu	2150.00 – 2200.00	1350.00 – 1350.00	1450.00 – 1500.00	–	–
Batticaloa	2000.00 – 2100.00	1050.00 – 1100.00	1200.00 – 1200.00	3500.00 – 3550.00	–
Trincomalee	2350.00 – 2360.00	1000.00 – 1050.00	1700.00 – 1750.00	3560.00 – 3600.00	–
Veyangoda	2400.00 – 2450.00	1000.00 – 1180.00	–	–	1200.00 – 1250.00
Galenbindunuwewa	2100.00 – 2200.00	1000.00 – 1050.00	1250.00 – 1350.00	3450.00 – 3550.00	1400.00 – 1450.00
Bandarawela	2350.00 – 2400.00	1100.00 – 1200.00	1300.00 – 1400.00	3450.00 – 3500.00	–
Matale	2300.00 – 2400.00	1080.00 – 1130.00	1250.00 – 1350.00	3100.00 – 3200.00	1200.00 – 1300.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/piece)
Week 09: 28 Feb - 06 Mar 2025

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice							Coconut						
Local							Large	190.00 - 210.00	198.57	200.00	99.00	-0.71	100.58
Samba 1	235.00 - 240.00	237.86	238.00	236.63	-0.06	0.52	Small	170.00 - 180.00	173.33	175.56	83.00	-1.27	108.84
Samba 2	230.00 - 233.00	231.50	231.50	229.50	0.00	0.87							
Keeri Samba	260.00 - 270.00	265.00	257.50	320.00	2.91	-17.19							
Nadu 1	225.00 - 230.00	226.86	227.00	202.50	-0.06	12.03							
Nadu 2	220.00 - 222.00	221.00	221.00	193.13	0.00	14.43	Fruits (Rs/fruit)						
Raw (Red)	215.00 - 225.00	218.33	221.00	172.00	-1.21	26.94	Ambul (Rs/kg)	80.00 - 120.00	104.00	98.00	118.33	6.12	-12.11
Raw (White)	220.00 - 225.00	222.00	221.00	192.50	0.45	15.32	Kolikuttu (Rs/kg)	180.00 - 230.00	206.00	193.00	227.50	6.74	-9.45
Imported							Seeni (Rs/kg)	100.00 - 130.00	116.00	110.91	116.67	4.59	-0.57
Samba	225.00 - 230.00	226.67	227.50	252.50	-0.37	-10.23	Anamalu	27.00 - 32.00	29.10	28.00	28.00	3.93	3.93
Nadu	212.00 - 220.00	216.17	215.67		0.23		Ambun	35.00 - 44.00	40.50	37.20	32.00	8.87	26.56
Raw (Red)							Papaw(Rs/kg)	300.00 - 380.00	331.25	277.50	194.17	19.37	70.60
Raw (White)	205.00 - 210.00	207.50	207.00		0.24		Passion Fruit	90.00 - 130.00	107.50	118.89	104.29	-9.58	3.08
Dried Chillies							Pineapple Large	400.00 - 490.00	448.57	416.67	685.00	7.66	-34.52
Imported	550.00 - 650.00	588.33	576.00	850.00	2.14	-30.78	Pineapple Medium	300.00 - 380.00	347.14	321.67	525.00	7.92	-33.88
Onion							Pineapple Small	240.00 - 290.00	274.29	255.00	420.00	7.56	-34.69
Sinnan	150.00 - 200.00	168.33					Mango						
Vedalan							Betti						
Imported	200.00 - 250.00	221.67	266.67	220.00	-16.88	0.76	Karthakolamban	225.00 - 330.00	267.22	335.00			-20.23
Big Onion							Vilad	130.00 - 180.00	153.33	133.33			15.00
Imported	70.00 - 140.00	112.50	116.25	361.67	-3.23	-68.89	Kohu						
Potato							Other						
Wellimada							Wood Apple	110.00 - 140.00	131.00	153.13	82.00	-14.45	59.76
N'Ellya	350.00 - 400.00	371.00	337.00	325.00	10.09	14.15	Orange	40.00 - 50.00	43.75	40.63	42.78	7.69	2.27
Imported	140.00 - 200.00	160.00	156.67	147.78	2.13	8.27	Avocado	200.00 - 260.00	225.00	217.14	302.50	3.62	-25.62
Pulses							Slime Apple	15.00 - 25.00	18.33	19.63	21.00	-6.58	-12.70
Green Gram	550.00 - 700.00	611.67	600.00	1114.29	1.94	-45.11	Grapes (Imp., Rs/kg)	1700.00 - 1850.00	1766.67	1666.67	1625.00	6.00	8.72
Cowpea (White)	600.00 - 700.00	660.00	663.33	771.67	-0.50	-14.47	King Coconut	180.00 - 250.00	215.00	228.75	130.00	-6.01	65.38
Cowpea (Red)	450.00 - 600.00	541.67	550.00	730.00	-1.52	-25.80	Sea Fish						
Red Dhal	260.00 - 265.00	262.86	263.33	295.00	-0.18	-10.90	Salaya	300.00 - 500.00	378.33	264.17	316.00	43.22	19.73
Vegetable							Hurulla	750.00 - 850.00	800.00	723.85	598.00	10.52	33.78
Beans (Butter)							Balaya	600.00 - 700.00	675.83	706.67	588.00	-4.36	14.94
Beans(Green)	120.00 - 280.00	189.00	183.64	388.00	2.92	-51.29	Kelawalla	950.00 - 1200.00	1058.33	901.67	1145.00	17.38	-7.57
Carrot	600.00 - 750.00	668.18	678.00	392.00	-1.45	70.45	Thora	1400.00 - 2100.00	1726.92	1662.50	1915.00	3.88	-9.82
Leeks	180.00 - 280.00	224.00	212.00	258.00	5.66	-13.18	Paraw	1100.00 - 1300.00	1198.33	1000.00	1230.00	19.83	-2.57
Beetroot	150.00 - 280.00	211.67	200.00	318.00	5.83	-33.44	Mora	1000.00 - 1300.00	1130.00	1118.75	805.00	1.01	40.37
Knolkhol	150.00 - 200.00	170.00	192.00	200.00	-11.46	-15.00	Shrimps	1500.00 - 2150.00	1800.00	1975.00	1737.00	-8.86	3.63
Raddish	60.00 - 100.00	84.00	96.00	108.00	-12.50	-22.22	Thalathap	1250.00 - 1900.00	1577.27	1637.50	1740.00	-3.68	-9.35
Cabbage	180.00 - 350.00	262.00	317.00	326.00	-17.35	-19.63	Eggs						
Tomato	100.00 - 250.00	164.00	106.00	576.00	54.72	-71.53	Brown	27.50 - 33.00	30.38	29.19	59.25	4.07	-48.73
Ladies Fingers	150.00 - 230.00	166.67	172.00	166.00	-3.10	0.40	White	25.50 - 29.00	27.31	26.31	57.00	3.80	-52.08
Brinjal	100.00 - 200.00	152.00	226.00	139.00	-32.74	9.35	Dried Fish						
Capsicum	400.00 - 700.00	575.00	900.00	550.00	-36.11	4.55	Sprats	850.00 - 1000.00	924.17	905.83	1398.00	2.02	-33.89
Pumpkin	100.00 - 150.00	123.00	134.00	256.00	-8.21	-51.95	Sprats (Imported)	550.00 - 700.00	625.83	619.17	875.83	1.08	-28.54
Cucumber	120.00 - 160.00	146.00	142.00	100.00	2.82	46.00	Kattawa						
Bitter Gourd	250.00 - 400.00	313.00	415.00	251.00	-24.58	24.70	Kattawa (Imported)	1400.00 - 1600.00	1490.00	1486.92	1356.00	0.21	9.88
Snake Gourd	100.00 - 150.00	124.00	106.00	222.00	16.98	-44.14	Thora (Imported)						
Drumstick							Mora	1750.00 - 1850.00	1795.83	1826.67	1742.00	-1.69	3.09
Luffa	180.00 - 250.00	218.00	215.00	223.00	1.40	-2.24	Mora (Imported)						
Long Beans	80.00 - 200.00	140.00	121.00	194.00	15.70	-27.84	Balaya	700.00 - 850.00	752.31	795.83	807.00	-5.47	-6.78
Ash Plantain	100.00 - 150.00	129.00	132.00	288.00	-2.27	-55.21	Balaya (Imported)						
Green Chillies	600.00 - 1300.00	980.00	1180.00	515.00	-16.95	90.29	Anguluwa						
Lime	100.00 - 150.00	125.00	112.00	138.00	11.61	-9.42	Anguluwa (Imported)	1450.00 - 1550.00	1477.50	1455.83	1430.91	1.49	3.26
Root Crops							Maduwa	1200.00 - 1300.00	1241.67	1248.33	1405.00	-0.53	-11.63
Sweet Potato	120.00 - 150.00	134.00	137.00	138.00	-2.19	-2.90	Maduwa (Imported)						
Manioc	80.00 - 130.00	98.89	100.00	110.00	-1.11	-10.10	Koduwa						
Leafy Vegetable							Koduwa (Imported)						
Mukunuwenna	40.00 - 45.00	42.22	42.50	47.50	-0.65	-11.11	Salaya	550.00 - 750.00	646.67	615.00	484.17	5.15	33.56
Kankun	40.00 - 45.00	42.22	42.50	47.50	-0.65	-11.11	Salaya (Imported)						
Gotukola (Rs/kg)	320.00 - 340.00	330.00	328.75	290.00	0.38	13.79							

This Week: Week 09: 28 Feb - 06 Mar 2025
Last Week: Week 08: 21 - 27 Feb 2025

Table 15: Colombo & Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 09: 28 Feb - 06 Mar 2025

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)	
Rice														
Local														
Samba 1	240.00 - 260.00	251.11	246.52	251.32	4.59	-0.08	Coconut		220.00 - 240.00	228.57	230.00	117.50	-1.43	94.53
Samba 2	-						Large		180.00 - 220.00	196.67	199.47	101.11	-2.81	94.51
Keeri Samba	265.00 - 300.00	280.52	265.00	375.83	15.52	-25.36	Fruits (Rs/fruit)							
Nadu 1	230.00 - 250.00	239.63	239.76	223.93	-0.13	7.01	Plantain							
Nadu 2	-						Ambul (Rs/kg)		150.00 - 220.00	186.92	185.00	205.36	1.92	-8.98
Raw (Red)	230.00 - 260.00	245.00	245.56	202.14	-0.56	21.20	Kolikuttu (Rs/kg)		250.00 - 350.00	310.80	306.43	402.80	4.37	-22.84
Raw (White)	230.00 - 260.00	247.62	247.22	215.00	0.40	15.17	Seeni (Rs/kg)		150.00 - 240.00	197.78	192.22	204.07	5.56	-3.09
Imported							Anamalu		36.00 - 50.00	43.57	42.96	33.96	0.61	28.30
Samba	230.00 - 250.00	238.00	238.24	290.37	-0.24	-18.04	Ambun		50.00 - 70.00	60.86	56.16	44.84	4.70	35.72
Nadu	220.00 - 240.00	231.20	230.71		0.49		Papaw(Rs/kg)		350.00 - 450.00	389.17	372.80	286.00	16.37	36.07
Raw (Red)	-						Passion Fruit		120.00 - 200.00	151.25	156.92	147.27	-5.67	2.70
Raw (White)	210.00 - 230.00	221.43	221.43		0.00		Pineapple Large		490.00 - 780.00	630.53	580.80	736.32	49.73	-14.37
Dried Chillies							Pineapple Medium		380.00 - 600.00	480.56	437.50	627.37	43.06	-23.40
Imported	800.00 - 1000.00	898.65	893.75	1112.50	4.90	-19.22	Pineapple Small		300.00 - 480.00	382.22	336.67	527.65	45.56	-27.56
Onion							Mango							
Sinnan	-						Betti							
Vedalan	-						Karthakolomban		250.00 - 375.00	300.00	447.78		-147.78	
Imported	350.00 - 600.00	432.67	462.93	337.86	-30.26	28.06	Vilad							
Big Onion							Kohu							
Imported	150.00 - 240.00	184.79	199.57	449.29	-14.77	-58.87	Other							
Local	-						Wood Apple		130.00 - 240.00	173.75	167.09	129.55	6.66	34.12
Potato							Orange		60.00 - 120.00	97.38	79.74	74.21	17.64	31.21
Welimada	-						Avocado		250.00 - 330.00	301.54	286.92		14.62	
N'Eliya	380.00 - 480.00	434.00	417.69	414.38	16.31	4.74	Slime Apple		40.00 - 100.00	60.63	59.38	71.43	1.26	-15.12
Imported	180.00 - 240.00	218.00	213.86	192.90	4.14	13.01	Grapes (Imp., Rs/kg)		2000.00 - 2600.00	2235.29	2210.00	2165.00	25.29	3.25
Pulses							King Coconut		230.00 - 300.00	261.67	259.52	155.83	2.14	67.91
Green Gram	650.00 - 900.00	778.53	769.35	1287.50	9.17	-39.53	Sea Fish							
Cowpea (White)	700.00 - 900.00	817.60	838.08	1218.52	-20.48	-32.90	Salaya		400.00 - 700.00	558.95	423.68	530.95	135.26	5.27
Cowpea (Red)	680.00 - 900.00	786.13	787.83	1207.41	-1.70	-34.89	Hurulla		950.00 - 1100.00	1030.00	980.00	943.81	50.00	9.13
Red Dhal	280.00 - 320.00	297.97	300.28	338.39	-2.30	-11.94	Balaya		680.00 - 750.00	708.89	990.00	668.33	-281.11	6.07
Vegetable							Kelawalla		1100.00 - 2200.00	1769.44	1630.56	2012.50	138.89	-12.08
Beans (Butter)	-						Thora		1700.00 - 3600.00	2706.67	2644.74	2878.95	61.93	-5.98
Beans(Green)	180.00 - 400.00	313.33	355.81	542.22	-42.47	-42.21	Paraw		1300.00 - 2400.00	1841.25	1691.33	2047.35	149.92	-10.07
Carrot	650.00 - 1000.00	801.79	879.60	555.56	-77.81	44.32	Mora							
Leeks	250.00 - 450.00	355.00	353.67	441.11	1.33	-19.52	Shrimps		1750.00 - 2200.00	1970.67	2203.13	2075.00	-232.46	-5.03
Beetroot	240.00 - 450.00	330.67	357.14	495.56	-26.48	-33.27	Thalapath		1450.00 - 2800.00	2279.47	2331.58	2668.42	-52.11	-14.58
Knolkhol	200.00 - 400.00	312.00	371.67	425.83	-59.67	-26.73	Eggs							
Raddish	100.00 - 340.00	232.59	234.29	265.77	-1.69	-12.48	Brown		30.00 - 36.00	32.53	32.39	60.93	0.14	-46.61
Cabbage	320.00 - 550.00	444.58	433.79	536.54	10.79	-17.14	White		28.00 - 35.00	30.88	30.61	58.64	0.26	-47.34
Tomato	180.00 - 340.00	277.67	271.38	814.80	6.29	-65.92	Dried Fish							
Ladies Fingers	240.00 - 400.00	322.41	330.71	330.00	-8.30	-2.30	Sprats		1300.00 - 2000.00	1694.74	1626.32	2150.00	68.42	-21.18
Brinjal	200.00 - 400.00	293.67	463.67	315.20	-170.00	-6.83	Sprats (Imported)		750.00 - 1400.00	1117.50	1095.45	1153.85	22.05	-3.15
Capsicum	500.00 - 1200.00	921.07	1281.48	910.74	-360.41	1.13	Kattawa		2000.00 - 2600.00	2266.67	2188.89	2288.89	77.78	-0.97
Pumpkin	140.00 - 320.00	255.71	263.00	390.74	-7.29	-34.56	Thora							
Cucumber	150.00 - 320.00	258.97	256.79	232.96	2.18	11.16	Mora		2000.00 - 2600.00	2488.89	2476.47	2370.83	12.42	4.98
Bitter Gourd	320.00 - 600.00	478.21	631.38	477.41	-153.17	0.17	Anguluwa							
Snake Gourd	180.00 - 400.00	316.55	314.83	372.80	1.72	-15.09	Maduwa		1300.00 - 1500.00	1377.78	1416.67		-38.89	
Drumstick	-						Koduwa							
Luffa	300.00 - 480.00	417.92	446.21	410.83	-28.29	1.72	Salaya							
Long Beans	200.00 - 400.00	311.85	297.14	347.92	14.71	-10.37	Anguluwa							
Ash Plantain	180.00 - 340.00	266.15	267.14	397.31	-0.99	-33.01	Maduwa							
Green Chillies	1200.00 - 2000.00	1563.79	1689.29	924.44	-125.49	69.16	Koduwa							
Lime	200.00 - 540.00	366.67	302.08	353.08	64.58	3.85	Meat							
Root Crops							Beef (without Bones)		2500.00 - 2800.00	2628.57	2628.57	2380.00	0.00	10.44
Sweet Potato	150.00 - 340.00	265.38	284.67	294.23	-19.28	-9.80	Chicken (Broiler)		1050.00 - 1300.00	1174.67	1117.14	1224.55	57.52	-4.07
Manioc	150.00 - 240.00	203.85	210.40	209.63	-6.55	-2.76	Chicken (Curry)		1000.00 - 1350.00	1168.57	1151.82	1313.64	16.75	-11.04
Leafy Vegetable							Mutton		3400.00 - 3800.00	3640.00	3590.00	3300.00	50.00	10.30
Mukunuwenna	60.00 - 100.00	77.06	74.44	75.77	2.61	1.70	Pork		1300.00 - 1300.00	1300.00	1300.00	1275.00	0.00	1.96
Kankun	60.00 - 100.00	77.06	75.00	75.77	2.06	1.70								
Gotukola	220.00 - 280.00	266.47	240.59	103.60	25.88	157.21								

This Week: Week 09: 28 Feb - 06 Mar 2025

Last Week: Week 08: 21 - 27 Feb 2025

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)
Week 09: 28 Feb - 06 Mar 2025

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	70.00 – 90.00	82.40
A'pura	129.00 – 133.00	130.60	Dambulla	120.00 – 130.00	126.00	Hambantota	–	
P'naruwa	117.00 – 134.00	124.22	Wellimada	170.00 – 180.00	174.00	Embilipitiya	80.00 – 100.00	92.50
Kalawewa	128.00 – 132.00	130.40	Badulla	–		Matara	–	
Kurunegala	117.00 – 130.00	123.67	Carrot			A'pura	120.00 – 140.00	128.00
Dehiattakandiya	130.00 – 132.00	131.00	N'Eliya	400.00 – 420.00	412.00	Luffa		
Nikaweratiya	–		Wellimada	280.00 – 300.00	292.00	Dambulla	130.00 – 157.50	145.00
Ampara	135.00 – 140.00	137.67	Hanguranketha	500.00 – 600.00	530.00	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	240.00 – 260.00	250.00
A'pura	123.00 – 127.00	124.60	N'Eliya	120.00 – 130.00	124.00	Matara	–	
P'naruwa	109.00 – 126.00	116.56	Wellimada	130.00 – 140.00	136.00	A'pura	180.00 – 200.00	188.00
Kalawewa	125.00 – 127.00	126.00	Beetroot			Green Chillies		
Kurunegala	115.00 – 127.00	122.00	N'Eliya	130.00 – 140.00	136.00	Dambulla	800.00 – 900.00	860.00
Dehiattakandiya	128.00 – 130.00	128.67	Dambulla	135.00 – 145.00	140.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	800.00 – 850.00	817.50
Nikaweratiya	–		Wellimada	100.00 – 110.00	104.00	Puttalam	950.00 – 980.00	965.00
Hambantota	–		Hanguranketha	100.00 – 160.00	131.67	A'pura	1200.00 – 1300.00	1240.00
Ampara	110.00 – 130.00	122.50	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	110.00 – 120.00	115.00	Dambulla	76.00 – 110.00	87.60
Matara	132.00 – 136.00	134.50	Wellimada	90.00 – 100.00	94.00	Hambantota	–	
Hambantota	120.00 – 135.00	126.60	Hanguranketha	80.00 – 100.00	86.67	Embilipitiya	120.00 – 130.00	125.00
Embilipitiya	132.00 – 134.00	133.00	Raddish			Matara	–	
Keeri Samba			N'Eliya	45.00 – 55.00	49.00	A'pura	80.00 – 100.00	88.00
A'pura	131.00 – 136.00	133.00	Wellimada	30.00 – 40.00	36.00	Moneragala	80.00 – 100.00	88.00
P'naruwa	121.00 – 139.00	129.22	Hambantota	–		Cucumber		
Kalawewa	130.00 – 135.00	132.40	Hanguranketha	50.00 – 60.00	57.50	A'pura	90.00 – 110.00	98.00
Kurunegala	124.00 – 136.00	129.71	Cabbage			Dambulla	90.00 – 100.00	96.20
Dehiattakandiya	138.00 – 140.00	139.33	N'Eliya	220.00 – 230.00	225.00	Hambantota	–	
Red Onion			Wellimada	150.00 – 160.00	154.00	Matara	95.00 – 110.00	101.25
Puttalam	247.00 – 285.00	266.00	Badulla	–		Long Beans		
Jaffna	230.00 – 250.00	242.00	Hanguranketha	200.00 – 250.00	226.00	Dambulla	57.00 – 86.00	73.60
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Wellimada	170.00 – 180.00	174.00	Embilipitiya	120.00 – 130.00	125.00
Kalawewa	–		Hambantota	–		Matara	90.00 – 100.00	93.75
A'pura	–		Dambulla	145.00 – 172.50	159.00	A'pura	100.00 – 120.00	108.00
Potato			Hanguranketha	80.00 – 120.00	108.00	Ash Plantain		
N'Eliya	270.00 – 290.00	278.00	Vegetable (Low Country)			Hambantota	–	
Badulla	–		Ladies Fingers			Embilipitiya	70.00 – 80.00	75.00
Wellimada	280.00 – 300.00	290.00	A'pura	160.00 – 180.00	168.00	Matara	85.00 – 100.00	92.50
Pulses			Dambulla	172.50 – 190.00	183.75	Lime		
Green Gram			Hambantota	130.00 – 140.00	135.00	Wellimada	–	
Hambantota	–		Embilipitiya	130.00 – 145.00	138.75	Embilipitiya	130.00 – 150.00	140.00
Moneragala	480.00 – 520.00	496.00	Matara	130.00 – 160.00	145.00	Moneragala	100.00 – 110.00	104.00
Embilipitiya	540.00 – 550.00	545.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	–		A'pura	80.00 – 100.00	88.00	Banana		
A'pura	480.00 – 500.00	488.00	Dambulla	57.00 – 86.00	68.80	Ambul		
Cowpea			Hambantota	100.00 – 120.00	110.00	Moneragala	50.00 – 60.00	54.00
Hambantota	–		Embilipitiya	100.00 – 120.00	107.50	Embilipitiya	40.00 – 60.00	48.00
Nikaweratiya	–		Matara	100.00 – 125.00	113.75	Hambantota	50.00 – 60.00	55.00
Moneragala	400.00 – 450.00	420.00	Wellimada	70.00 – 85.00	76.00	Kolikuttu		
Embilipitiya	400.00 – 410.00	405.00	Capsicum			Moneragala	130.00 – 150.00	138.00
Maize			Badulla	–		Embilipitiya	100.00 – 140.00	122.50
A'pura	145.00 – 150.00	147.00	Wellimada	350.00 – 360.00	353.33	Hambantota	140.00 – 160.00	150.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	350.00 – 380.00	362.00	Moneragala	180.00 – 200.00	188.00
A'pura	–		Dambulla	280.00 – 310.00	296.00	Embilipitiya	200.00 – 220.00	210.00
Kalawewa	–		Hambantota	–		Hambantota	220.00 – 230.00	225.00
Black Gram			Embilipitiya	370.00 – 400.00	385.00	Pineapple		
A'pura	–		Matara	280.00 – 320.00	300.00	Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	260.00	-	260.00	240.00	-	250.00	240.00	-	260.00
Samba 2	-		-	-		-	-		-
Keeri Samba	265.00	-	270.00	270.00	-	300.00	270.00	-	300.00
Nadu 1	230.00	-	250.00	230.00	-	240.00	230.00	-	250.00
Nadu 2	-		-	-		-	-		-
Raw (Red)	230.00	-	240.00	240.00	-	260.00	240.00	-	260.00
Raw (White)	230.00	-	240.00	240.00	-	250.00	240.00	-	250.00
Imported									
Samba	230.00	-	240.00	240.00	-	250.00	240.00	-	240.00
Nadu	230.00	-	240.00	220.00	-	230.00	220.00	-	230.00
Raw (Red)	-		-	-		-	-		-
Raw (White)	210.00	-	220.00	220.00	-	220.00	220.00	-	230.00
Dried Chillies									
Imported	800.00	-	900.00	850.00	-	1000.00	900.00	-	1000.00
Red Onion									
Sinnan	-		-	-		-	-		-
Vedalan	-		-	-		-	-		-
Imported	350.00	-	400.00	400.00	-	600.00	480.00	-	600.00
Big Onion									
Imported	150.00	-	180.00	180.00	-	240.00	160.00	-	200.00
Local	-		-	-		-	-		-
Potato									
Welimada	-		-	-		-	-		-
N'Eliya	380.00	-	450.00	420.00	-	480.00	400.00	-	480.00
Imported	200.00	-	240.00	200.00	-	240.00	180.00	-	240.00
Pulses									
Green Gram	650.00	-	750.00	700.00	-	850.00	800.00	-	900.00
Cowpea (White)	700.00	-	740.00	740.00	-	900.00	800.00	-	800.00
Cowpea (Red)	700.00	-	750.00	800.00	-	840.00	800.00	-	800.00
Red Dhal	280.00	-	300.00	290.00	-	320.00	300.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 09: 28 Feb - 06 Mar 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	250.00	-	280.00	340.00	-	400.00	320.00	-	350.00
Carrot	650.00	-	750.00	960.00	-	1000.00	750.00	-	800.00
Leeks	250.00	-	300.00	400.00	-	450.00	340.00	-	400.00
Beetroot	240.00	-	300.00	450.00	-	450.00	320.00	-	340.00
Knolkhol	200.00	-	260.00	400.00	-	400.00	300.00	-	320.00
Raddish	100.00	-	120.00	320.00	-	340.00	240.00	-	260.00
Cabbage	320.00	-	400.00	460.00	-	480.00	450.00	-	480.00
Tomato	220.00	-	260.00	320.00	-	340.00	320.00	-	340.00
Ladies Fingers	240.00	-	260.00	360.00	-	400.00	280.00	-	340.00
Brinjal	200.00	-	250.00	340.00	-	400.00	260.00	-	320.00
Capsicum	500.00	-	600.00	1100.00	-	1200.00	900.00	-	1000.00
Pumpkin	140.00	-	160.00	320.00	-	320.00	260.00	-	280.00
Cucumber	150.00	-	180.00	320.00	-	320.00	260.00	-	260.00
Bitter Gourd	320.00	-	400.00	480.00	-	550.00	450.00	-	480.00
Snake Gourd	180.00	-	220.00	400.00	-	400.00	320.00	-	360.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	300.00	-	320.00	360.00	-	480.00	440.00	-	480.00
Long Beans	200.00	-	250.00	400.00	-	400.00	260.00	-	300.00
Ash Plantain	200.00	-	220.00	320.00	-	340.00	240.00	-	280.00
Green Chillies	1200.00	-	1300.00	1500.00	-	1600.00	1600.00	-	1800.00
Lime	200.00	-	250.00	540.00	-	540.00	400.00	-	500.00
<u>Root Crops</u>									
Sweet Potato	150.00	-	180.00	320.00	-	340.00	260.00	-	280.00
Manioc	150.00	-	160.00	240.00	-	240.00	200.00	-	230.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00	-	60.00	80.00	-	80.00	70.00	-	80.00
Kankun	60.00	-	60.00	80.00	-	80.00	70.00	-	80.00
Gotukola	220.00	-	240.00	280.00	-	280.00	260.00	-	280.00
<u>Coconut</u>									
Large	220.00	-	230.00	220.00	-	230.00	220.00	-	220.00
Small	180.00	-	190.00	190.00	-	195.00	190.00	-	195.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 09: 28 Feb - 06 Mar 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	150.00	-	220.00	200.00	-	200.00	220.00	-	220.00
Kolikuttu (Rs/Kg)	250.00	-	300.00	350.00	-	350.00	300.00	-	350.00
Seeni (Rs/Kg)	150.00	-	200.00	200.00	-	240.00	240.00	-	200.00
Anamalu	36.00	-	38.00	43.00	-	44.00	50.00	-	50.00
Ambun	50.00	-	60.00	58.00	-	60.00	70.00	-	70.00
<u>Pineapple</u>									
Large	490.00	-	520.00	650.00	-	780.00	715.00	-	780.00
Medium	380.00	-	400.00	500.00	-	580.00	550.00	-	600.00
29 Small	300.00	-	320.00	400.00	-	460.00	440.00	-	480.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	250.00	-	250.00	-	325.00	-	330.00	375.00	-
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	130.00	-	140.00	240.00	-	240.00	240.00	-	240.00
Orange	60.00	-	67.00	117.00	-	120.00	117.00	-	120.00
Avocado	330.00	-	330.00	-	300.00	-	330.00	300.00	-
Slime Apple	40.00	-	50.00	40.00	-	60.00	100.00	-	100.00
Grapes (Rs/Kg)	2000.00	-	2000.00	2300.00	-	2600.00	2500.00	-	2500.00
Papaw (Rs/Kg)	360.00	-	450.00	350.00	-	430.00	450.00	-	450.00
Passion	120.00	-	140.00	-	180.00	-	200.00	180.00	-
King Coconut	250.00	-	300.00	250.00	-	250.00	280.00	-	280.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 09: 28 Feb - 06 Mar 2025

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	550.00	600.00	500.00	600.00	600.00	600.00	700.00	520.00	500.00
Hurulla	950.00	1100.00	-	-	-	-	1100.00	-	-
Balaya	700.00	750.00	-	-	-	-	680.00	700.00	700.00
Kelawalla	1100.00	1200.00	2000.00	2000.00	2000.00	2200.00	2200.00	2000.00	1900.00
Thora	1700.00	2000.00	2800.00	2800.00	3200.00	3200.00	3600.00	2400.00	3200.00
Paraw	1300.00	1350.00	2400.00	2400.00	2000.00	2000.00	-	1800.00	1960.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1750.00	1850.00	2200.00	2200.00	2200.00	2000.00	-	1800.00	1960.00
Talapath	1450.00	1550.00	2400.00	2400.00	2800.00	2600.00	2560.00	2400.00	2400.00
30 <u>Eggs (Rs/egg)</u>									
Brown	30.00	30.00	34.00	34.00	34.00	36.00	36.00	30.00	32.00
White	29.00	29.00	32.00	32.00	32.00	35.00	35.00	28.00	31.00
<u>Dried Fish</u>									
Sprats	1300.00	1400.00	1800.00	2000.00	2000.00	1800.00	1800.00	1300.00	1800.00
Kattawa	2000.00	2200.00	2200.00	2400.00	2200.00	2600.00	2600.00	2400.00	2200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00	2300.00	2400.00	2600.00	2400.00	2600.00	2600.00	2600.00	2500.00
Balaya	1300.00	1400.00	1400.00	1600.00	1800.00	1800.00	1400.00	1600.00	1600.00
Anguluwa	2000.00	2000.00	2400.00	2400.00	2400.00	2400.00	-	2200.00	2200.00
Salaya	800.00	1000.00	1000.00	1200.00	1300.00	1200.00	1200.00	1000.00	1200.00
<u>Meat</u>									
Beef (without Bones)	2600.00	2600.00	2700.00	2700.00	2800.00	2700.00	2600.00	2500.00	-
Chicken (Broiler)	1050.00	1050.00	1250.00	1250.00	1250.00	1250.00	1100.00	1100.00	1120.00
Chicken (Curry)	1000.00	1000.00	1250.00	1250.00	1250.00	1300.00	1100.00	1050.00	1180.00
Mutton	3600.00	3600.00	3600.00	3600.00	3700.00	3800.00	3700.00	3400.00	3600.00
Pork	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	-	1300.00	1300.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51

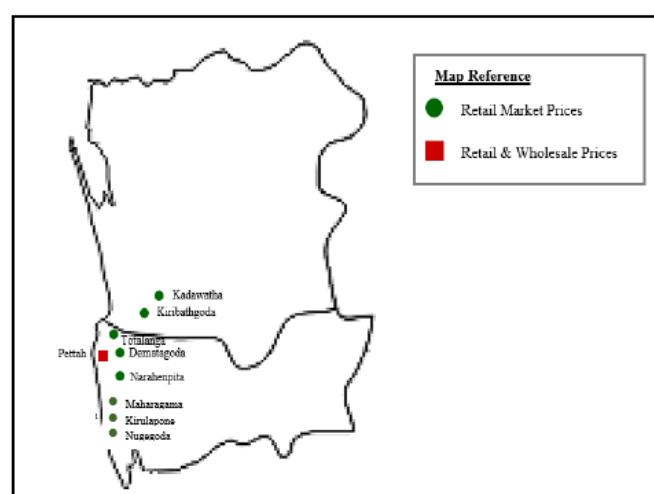
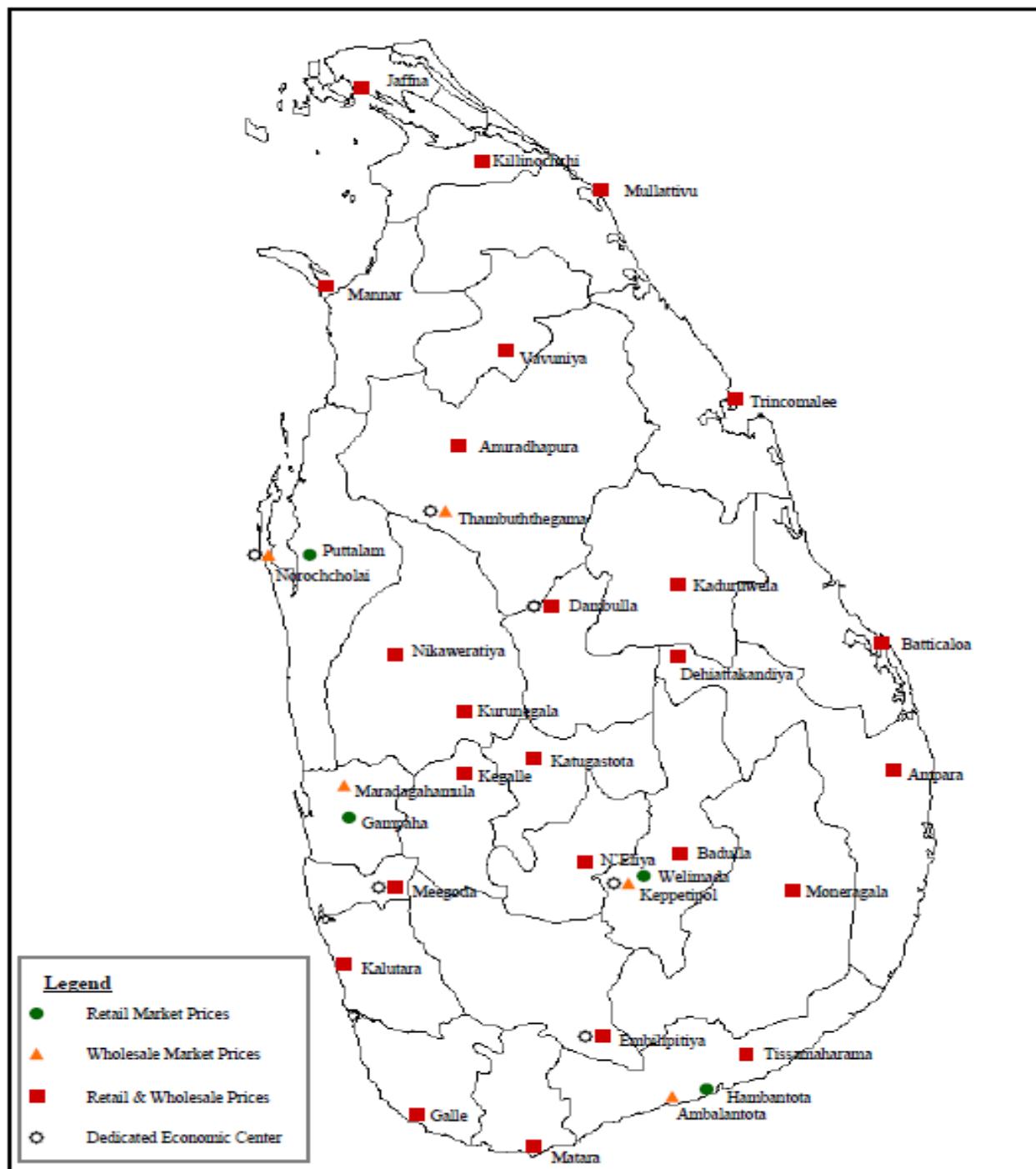
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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හෙක්වර කොතිඩකුව ගොට් කටයුතු පර්යේතනු
නා සහාතිරිවේ ප්‍රාග්ධනය ප්‍රාග්ධනයේ

ଶେଷ ପାଇଁ କର୍ମଚାରୀ
କର୍ମଚାରୀ ଦ୍ୱାରା ଉପରେ