

WEEKLY FOOD COMMODITIES BULLETIN

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No.40

RETAIL MARKET AT A GLANCE

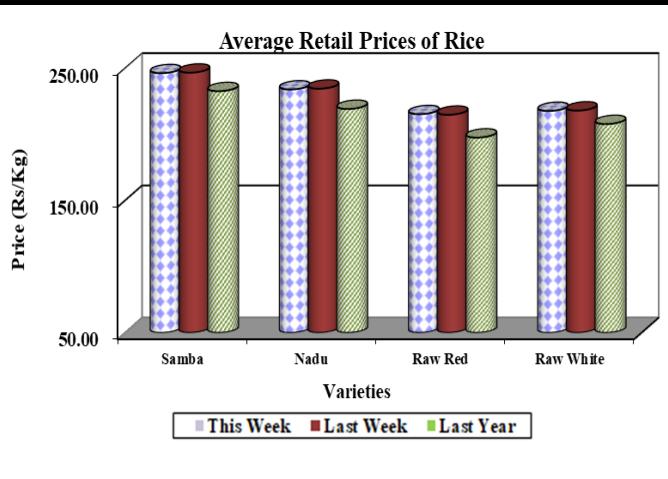
Summary

Rice



Prices of all the rice varieties except raw red have decreased slightly. Prices of keeri samba and nadu grade I have decreased by around Rs.1.00/kg. Prices ranged Rs.230.00-260.00/kg for samba grade I and Rs.250.00-300.00/kg for keeri samba.

(Page No.01-02)



Other Field Crops



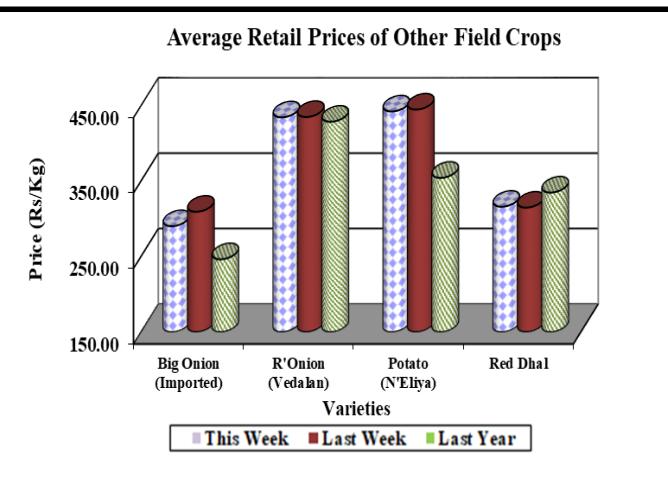
Prices of local red onion varieties have decreased with the high supplies from main producing areas. Prices of both imported and local big onion varieties have also decreased.



Prices of local potatoes and imported potatoes have decreased. The price ranged Rs.290.00-400.00/kg for Welimada potato, Rs.360.00-480.00/kg for Nuwara Eliya potato and Rs.180.00-260.00/kg for imported potato.



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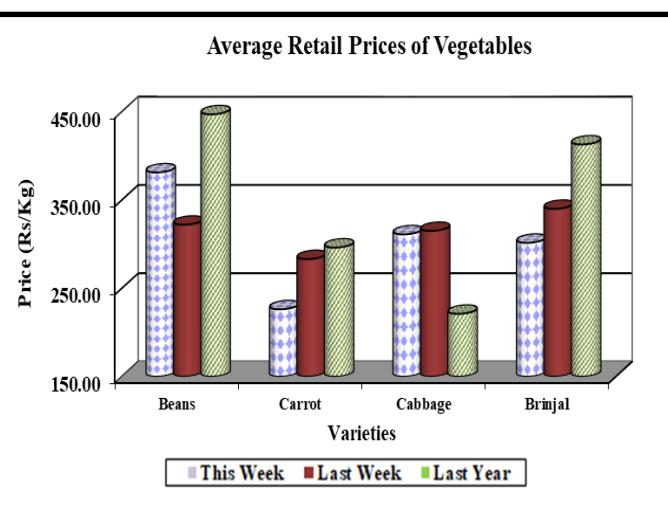


Vegetables



Prices of most of the upcountry vegetable varieties have decreased while prices of most of the low country vegetables have increased.

(Page No.04-05)



Rice

Wholesale

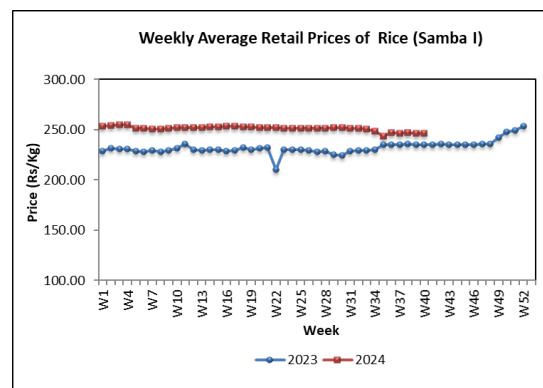
Prices of all local rice varieties have decreased slightly. Prices of samba grade I, samba grade II and keeri samba have decreased by about 1% and prices ranged Rs.225.00-235.00/kg, Rs.218.00-225.00/kg and Rs.240.00-300.00/kg.

Price ranges of both nadu grade I and II were Rs.220.00-230.00/kg and Rs.215.00-220.00/kg respectively. Average price of raw red and raw white were Rs.207.00/kg and Rs.211.00/kg. Stock of imported ponni samba rice were also available at the market with the price ranged Rs.275.00-280.00/kg.

Compared to the same period of last year, prices of all local rice varieties except keeri samba have increased in the range of 3%-18% while price of keeri samba has decreased by 6%.

Retail

Retail prices of all the rice varieties have decreased slightly except for raw red. Prices of keeri samba and nadu grade I have decreased by around Rs.1.00/kg. Price ranges of samba grade I and keeri samba were Rs.230.00-260.00/kg and Rs.250.00-300.00/kg respectively.



Compared to the same period of last year, the current retail prices of all the rice varieties except keeri samba have increased with the highest price increase of 9% recorded for raw red. Price of keeri samba has decreased by 15%.

Paddy

The average farmgate prices of all paddy varieties except long grain red have decreased in all producing areas due to the most of the farmer sell their stocks for starting maha season. The higher price decreased for long grain white, Keeri samba and short grain white paddy in Dehiaththakandiya area with sell farmers paddy stocks with land preparation in coming maha season. However, the prices of long grain red have increase with highest price in Mathara area with limited supply.

The average farmgate price of long grain white paddy has decreased by Rs.3.00-8.00/kg and the prices ranged Rs.117.00-132.00/kg in all producing areas. The

average price of keeri samba paddy has decreased by Rs.2.00-6.00/kg in all producing areas. Prices for short grain paddy ranged Rs.117.00-128.00/kg in all producing areas.

Compared to the same period of last year, the average farmgate prices of long grain white paddy varieties have increased significantly in all producing areas with highest price increased 24% in Ampara. However, price of keeri samba have decreased by 6% -14% with highest price decreased in Dehiaththakandiya area.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 1% due to high quality stocks and the price ranged Rs.650.00-750.00/kg.

Compared to the same period of last year, the current price of imported dried chilies has decreased by 32%.

Retail

Price of imported dried chilies has increased by Rs.7.00/kg and price ranged Rs.750.00-1200.00/kg.

Compared to the same period of last year, the current retail price of dried chilies has decreased by 27%.

Onion

Wholesale

Prices of both sinnan and vedalan red onion have decreased by 3% and 8% due to high supply from main producing areas and price ranged Rs.140.00-200.00/kg and Rs.250.00-350.00/kg respectively.

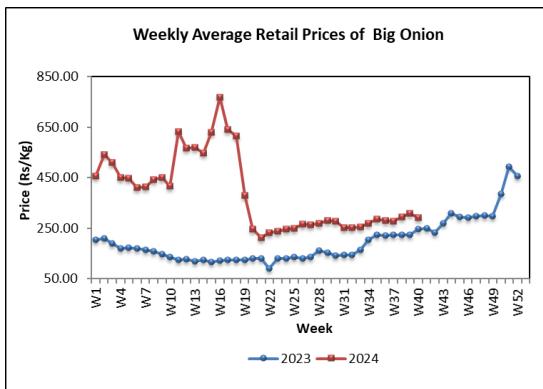
Prices of imported big onion and local big onion have decreased by 5% and 8% due to availability of sufficient stocks of imported big onions and price ranged Rs.180.00-270.00/kg and Rs.220.00-275.00/kg respectively.

Compared to the same period of last year, the current prices of imported big onion and local big onion have increased by 29% and 33% respectively while price of sinnan red onion has decreased by 25%.

Retail

In line with decreased wholesale prices, the retail prices of sinnan and vedalan red onion have decreased by Rs.2.00/kg and Rs.1.00/kg respectively and price ranged Rs.320.00-380.00/kg for sinnan and Rs.400.00-480.00/kg for vedalan.

Retail prices of both imported and local big onion have decreased by Rs.19.00/kg and Rs.13.00/kg and price ranged Rs.220.00-340.00/kg and Rs.300.00-360.00/kg respectively.



Compared to the same period of last year, retail prices of both local and imported big onion have increased by 24% and 18% respectively.

Potato

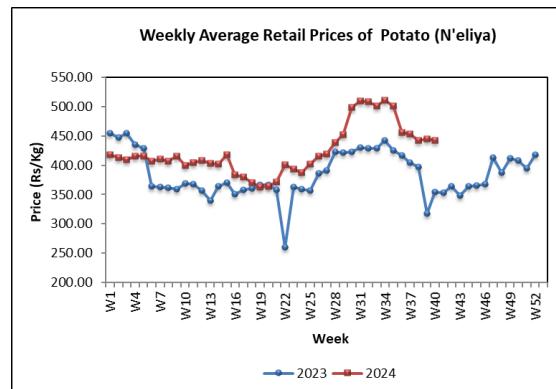
Wholesale

Prices of Welimada and Nuwara Eliya potatoes have decreased by 21% and 22% due to high supply from main producing areas. Prices ranged Rs.200.00-220.00/kg for Welimada potato and Rs.240.00-255.00/kg for Nuwara Eliya potato. Price of imported potato has also decreased by 7% due to low demand with low quality stocks and price ranged Rs.140.00-170.00/kg.

Compared to the same period of last year, current price of Welimada and Nuwara Eliya potato have increased by 6% and 7% while price of imported potato has decreased by 11%.

Retail

In line with decreased wholesale price, the retail prices of Welimada, Nuwara Eliya and imported potato have decreased with highest price decrease of Rs.12.00/kg recorded for imported potato. Price ranged of Welimada, Nuwara Eliya and imported potatoes were Rs.290.00-400.00/kg, Rs.360.00-480.00/kg and Rs.180.00-260.00/kg respectively.



Compared to the same period of last year, the current retail prices of Nuwara Eliya and Welimada potatoes have increased by 25% and 15% respectively.

Pulses

Wholesale

Prices of green gram, white cowpea and red cowpea have decreased in the range of 1%-9% due to availability sufficient stocks at the market and price ranged Rs.650.00-750.00/kg, Rs.650.00-800.00 and Rs.600.00-750.00/kg respectively. Price of

red dhal has increased by 1% and price ranged Rs.265.00-275.00/kg.

Compared to the same period of last year, the current wholesale prices of all the varieties have decreased in the range of 8%-31%.

Retail

Retail prices of red cowpea, white cowpea and green gram have decreased by Rs.56.00/kg, Rs.47.00/kg and Rs.31.00/kg and price ranged Rs.800.00-1000.00/kg for both red and white cowpea and Rs.780.00-1200.00/kg for green gram. Retail price of red dhal has increased slightly and price ranged Rs.280.00-360.00/kg.

Compared to the same period of last year, the current retail prices of all the types of pulses have decreased with the highest price decrease of 20% recorded for red cowpea.

Vegetable Wholesale

Prices of most of the vegetables have decreased due to increased supply from main producing areas.

Considering up country vegetables, the highest price decrease was reported for carrot as 38% due to increased supply from Nuwara Eliya area, followed by cabbage as 35% due to increased supply from Kandy area. Prices of leeks and knolkhol have decreased by 24% and 22% respectively

with increased supply from Nuwara Eliya and Dambulla areas. Prices of beetroot and raddish have decreased by 14% and 16% respectively with increased supply from Puttalam area. However, price of beans has increase by 14% with decreased supply from major producing areas.

Price of tomato has increased by 21% due to decreased supply from Kandy area and price of capsicum has decreased by 16% with increased supply from Puttalam and Sooriyawewa areas.

Considering low country vegetables, the highest price decrease was reported as 30% for brinjal as increased supply from Embilipitiya and Sooriyawewa areas, followed by snake gourd as 29% with increased supply from Balangoda area. Prices of luffa and ash plantain has decreased in the range of 18%-19% with increased supply from major producing areas. However, price of drumstick has increased by 71% with decreased supply from major producing areas, followed by long beans as 47% with increased price of beans. Price of ladies fingers has increased by 30% with limited supply from Puttalam and Dambulla areas.

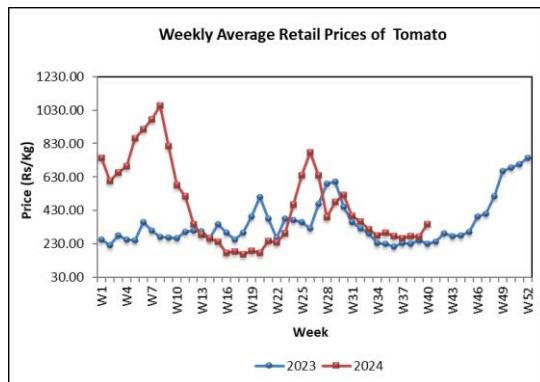
Price of green chilies has decreased by 47% with increased supply from Puttalam and Nochchiyagama area while price of lime has increased by 19%.

Compared to the same period of last year, the current prices of most of the vegetables have decreased with the highest was reported for lime as 73%.

Retail

Prices of most of the upcountry vegetable varieties have decreased while prices of most of low country varieties have increased.

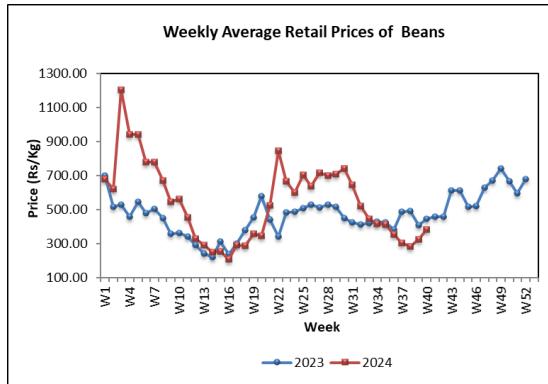
Considering up country varieties, the highest price decrease was reported for carrots at Rs.57.00/kg followed by leeks at Rs.32.00/kg. Prices of beetroot and knolkhol have decreased by Rs.16.00/kg and Rs.8.00/kg respectively. However, price of beans has increased by Rs.59.00/kg.



Considering low country varieties, the highest price increase was reported for drumstick as Rs.304.00/kg followed by bitter gourd at Rs.57.00/kg. Price of luffa and long bean have increased by Rs.50.00/kg and Rs.44.00/kg respectively. Price of cucumber and pumpkin have also increased around by Rs.22.00/kg. However, prices of brinjal has decreased by Rs.38.00/kg.

Further, price of lime and green chilies have increased by Rs.126.00/kg and Rs.38.00/kg respectively.

Compared to the same period last year, the current retail prices of most of the varieties have increased with the highest price increase reported for drumsticks as 199%.



The prices of capsicum and tomato have increased by Rs.22.00/kg and Rs.77.00/kg respectively.

Coconut

Wholesale

Prices of both large and small nuts have increased by 3% and 2% respectively. Price ranges were Rs.120.00-130.00 for a

large nut and Rs.100.00-115.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of large and small nuts have increased by 29% and 33% respectively.

Retail

Prices of both large and small nuts have increased by around Rs 4.00 for large nut and Rs.3.00 for small nut. Price ranges were Rs.125.00 - 150.00 for a large nut and Rs. 100.00 - 125.00 for a small nut.

Compared to the same period last year, the current retail prices of large nuts and small nuts have increased by 17 % and 23 % respectively.

Fruits

Wholesale

The wholesale prices of most fruit varieties remained low due to high supply and low demand.

With the beginning of the harvest season, the prices of karthakolomban and vilad mangoes have decreased by 22% and 29% respectively. Prices of all banana varieties have decreased in the range of 1%-28% due to availability of ripen stocks. Price of papaw has deceased by 24% due to high supply from Anuradhapura and Vauniya areas. However, prices of all sizes of

pineapples have increased in the range of 14%-21% due to availability of good-quality stocks at the market.

Compared to the same period of last year, current wholesale prices of most of the fruit varieties have increased with the highest price increase recorded for papaw as 166%.

Retail

In line with the decreased wholesale prices, retail prices of most of the fruit varieties have decreased.

The highest price decreased of Rs.70.00/kg was reported for imported grapes (China). Price of kolikuttu, seeni and ambul banana have decreased by Rs.63.00/kg, Rs.15.00/kg and Rs.12.00/kg respectively due to availability of over ripen stocks in the market. While price of papaw has decreased by Rs.50.00/kg due to high supply from Anuradhapura and Vavuniya. Meanwhile, prices of all size of pineapple have increased by Rs.65.00-117.00/kg due to high quality stocks in the market. Price of avocado has increased by Rs.33.00/fruit.

Compared to the same period of last year, the current retail prices of most fruit varieties have increased with highest price increase of 184% reported for avocado.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increased supply. The highest price decrease of 28% was noted for salaya due to high supply from Mannar, Jaffna and Trincomalee areas and the price ranged Rs.200.00-300.00/kg. A price decreases of 12% was noted for shrimps due of high supply from Kalpitiya, Chilaw and Puttalam areas and the price ranged Rs.1750.00-2100.00/kg. The wholesale prices of kelawalla, thora, mora, thalapath and paraw have decreased by 1%-3%.

However, a price increase of 16% was noted for hurulla due to low supply from Negombo, Pulmude and Kalmunai areas and the price ranged Rs.650.00-950.00/kg. In addition, price of balaya has increased by 5%.

Compared to the same period of last year, the current wholesale prices of most of the fish types have increased with the highest price increase reported for hurulla.

Retail

With the decreased wholesale prices, retail prices of most of fish varieties have decreased. The highest price decrease was reported for balaya by Rs.185.00/kg. The second price decrease was recorded for

shrimps by Rs.178.00/kg. Price decrease of other fish varieties have recorded in the range of Rs.15.00-49.00/kg. Meanwhile, prices of hurulla and paraw have increased by Rs.198.00/kg and Rs.111.00/kg respectively.



Compared to the same period of last year, the current retail prices of most the fresh fish varieties have decreased in the range of 4%-39% with the highest price decrease was reported for balaya.

Dried Fish

Wholesale

Prices of most of the local and imported dried fish types have increased due to decreased supply of local dried fish varieties. The highest price increase of 12% was noted for imported sprats due to low supply form Iran and Thailand and the price ranged Rs.900.00-1100.00/kg. A price increase of 5% was noted for local mora due to low supply from Trincomalee, Negombo and Beruwala areas and the price ranged Rs.1700.00-1850.00/kg. Further,

prices of imported kattawa, imported anguluwa and local sprats have increased by 1%-2%.

However, a price decrease of 5% was noted for local maduwa due to high supply from Jaffna and Negombao areas and the price ranged Rs.1200.00-1350.00/kg. In addition, prices of both local salaya and local balaya have decreased by 2%.

Compared to the same period of last year, the current wholesale prices of most of the dried fish types have increased by with the highest price increase reported for local sprats.

Retail

With the increased wholesale prices, retail prices of anguluwa, mora, kattawa, local sprats and imported sprats have increased and the highest price increase was recorded for anguluwa by Rs67.00/kg. While, the highest price decrease was recorded for maduwa by Rs.60.00/kg.

Compared to the same period of last year, the current retail prices of all the dried fish types except imported sprats have decreased with the highest price decrease recorded for balaya as 19%.

Eggs

Wholesale

Prices of both brown and white eggs have decreased by 9% and 10% respectively and their prices ranged between Rs.31.00-35.00/egg and Rs.29.00-31.00/egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 32% and 37% respectively.

Retail

Both white and brown egg varieties have recorded a price decrease by Rs.5.00/egg and the prices ranged Rs.30.00-34.00 for white eggs and Rs.32.00-35.00 for brown egg. The average prices of a brown egg and white egg have recorded as Rs.34.00 and Rs.32.00 respectively.

Compared to the same period of last year, price decrease was recorded for brown and white egg varieties by 30% and 33% respectively.

Meat

Retail

Prices of all the meat varieties except mutton have decreased. The highest price decrease was recorded for pork by Rs.50.00/kg. Both broiler and curry chicken have recorded a price decrease in the range of Rs.23.00-43.00/kg.

Compared to the same period of last year, prices of beef, broiler chicken and mutton have increased while the prices of curry chicken and pork have decreased by 11% and 16% respectively.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	11250 –	11750	10900 –	11250	12000 –	15000	11000 –	11500	10750 –	11000	10250 –	10500	10400 –	10750
	Divulapitiya	11400 –	12100	10800 –	11000	12250 –	13000	11000 –	11600	10600 –	10900	10200 –	10500	10200 –	10700
	Kurunegala	11350 –	11400	–		12850 –	12900	11150 –	11250	10650 –	10900	10650 –	10750	10300 –	10350
	Nikaweratiya	12750 –	12750	10850 –	11000	12750 –	13000	11000 –	11000	10500 –	10750	10250 –	10250	10250 –	10250
	Badulla	11500 –	11500	–		12850 –	13000	10850 –	11000	–		10250 –	10250	10250 –	10250
	Puttalam	–		–		–		–		–		–		–	
	Dambulla	12250 –	12300	11250 –	11300	12500 –	12600	10900 –	10950	10750 –	10800	10000 –	10250	10250 –	10300
	Anuradhapura	11250 –	11400	–		12750 –	12850	10750 –	10900	–		10450 –	10500	10250 –	10400
	Tambuttegama	11400 –	11500	–		12900 –	12900	10900 –	11000	10750 –	10800	–		10350 –	10400
	Polonnaruwa	11600 –	11850	11350 –	11350	12850 –	12850	10950 –	11000	10750 –	10850	10600 –	10650	10350 –	10450
	Kalutara	11250 –	11500	–		12750 –	13000	10750 –	11000	–		10000 –	10400	10000 –	10250
	Ampara	–		–		13000 –	13000	10750 –	11000	–		10000 –	10000	10150 –	10350
	Kandy	11500 –	11750	11000 –	11250	13000 –	14000	11250 –	11300	10500 –	10750	10250 –	10400	10500 –	10600
	Moneragala	12000 –	12250	10750 –	10750	12500 –	12600	10750 –	10850	–		10000 –	10250	10000 –	10250
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	11450 –	11450	–		12850 –	12900	10900 –	10900	–		10400 –	10500	10400 –	10500
	Hambantota	11500 –	11500	11000 –	11000	12500 –	14500	10750 –	11000	–		9750 –	9900	10000 –	10250
	Matara	11300 –	11350	–		12750 –	12900	10800 –	11000	–		9950 –	10150	10200 –	10300
	Galle	12900 –	12900	11400 –	11450	12750 –	12950	10900 –	10950	–		10250 –	10400	10250 –	10400
	Meegoda	11250 –	11400	11150 –	11200	12000 –	12700	10750 –	10900	–		10200 –	10250	10300 –	10450
	Tissamaharama	11250 –	11500	–		12000 –	12300	–		–		9900 –	10000	10000 –	10250
	Embilipitiya	11250 –	11350	–		11900 –	12000	–		10400 –	10500	9900 –	10100	10100 –	10500
	Jaffna	11750 –	12250	–		15000 –	15750	12500 –	12550	10250 –	10500	10400 –	10600	10000 –	10250
	Vavuniya	12000 –	12200	–		15500 –	15700	11500 –	11750	10250 –	10500	10250 –	10500	10200 –	10400
	Mannar	11500 –	11700	–		13000 –	13100	12000 –	12250	11000 –	11200	10300 –	10500	10400 –	10500
	Killinochchi	11500 –	11750	–		15500 –	15750	11000 –	11500	–		10250 –	10500	10250 –	10500
	Mullattivu	11750 –	12000	–		16250 –	16500	11000 –	11250	10750 –	10750	10500 –	10750	10500 –	10750
	Batticaloa	–		–		–		–		–		–		–	
	Trincomalee	11300 –	11500	–		15500 –	16000	11000 –	11500	10500 –	10800	10000 –	10250	10250 –	10500
	Galenbindunuwew	–		–		–		–		–		–		–	
	Matale	11500 –	11750	11100 –	11150	12750 –	12900	10900 –	11000	10750 –	10800	10100 –	10250	10100 –	10250

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
11	Colombo	230.00 –	260.00	–	250.00 –	300.00	220.00 –	240.00	–	210.00 –	230.00	210.00 –	230.00		
	Gampaha	–	230.00 –	240.00	260.00 –	260.00	220.00 –	230.00	–	210.00 –	220.00	210.00 –	230.00		
	Kurunegala	–	240.00 –	240.00	260.00 –	260.00	228.00 –	230.00	–	205.00 –	207.00	218.00 –	220.00		
	Nikaweratiya	260.00 –	260.00	230.00 –	230.00	260.00 –	270.00	220.00 –	230.00	–	210.00 –	210.00	210.00 –	210.00	
	Dambulla	250.00 –	255.00	230.00 –	235.00	255.00 –	260.00	220.00 –	225.00	218.00 –	220.00	208.00 –	210.00	210.00 –	212.00
	Anuradhapura	–	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	–	210.00 –	210.00	210.00 –	210.00		
	Thambuththegama	–	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	216.00 –	218.00	–	210.00 –	212.00		
	Polonnaruwa	235.00 –	240.00	230.00 –	230.00	260.00 –	265.00	220.00 –	223.00	218.00 –	220.00	215.00 –	216.00	210.00 –	212.00
	Kaluthara	230.00 –	240.00	228.00 –	235.00	255.00 –	265.00	220.00 –	225.00	–	205.00 –	210.00	204.00 –	210.00	
	Badulla	230.00 –	230.00	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	–	210.00 –	210.00	210.00 –	210.00	
	Keppetipola	245.00 –	250.00	230.00 –	235.00	260.00 –	265.00	225.00 –	228.00	220.00 –	224.00	208.00 –	212.00	210.00 –	212.00
	Moneragala	245.00 –	250.00	220.00 –	220.00	260.00 –	260.00	220.00 –	220.00	–	205.00 –	210.00	205.00 –	210.00	
	Kegalle	230.00 –	230.00	–	260.00 –	260.00	220.00 –	220.00	210.00 –	215.00	210.00 –	210.00	210.00 –	210.00	
	Ampara	250.00 –	255.00	–	–	–	222.00 –	240.00	–	210.00 –	215.00	205.00 –	230.00		
	Dehiattakandiya	230.00 –	240.00	–	260.00 –	260.00	220.00 –	220.00	210.00 –	210.00	210.00 –	210.00	210.00 –	210.00	
	Nuwaraeliya	240.00 –	250.00	230.00 –	245.00	260.00 –	270.00	225.00 –	230.00	220.00 –	220.00	215.00 –	218.00	218.00 –	220.00
	Kandy	250.00 –	260.00	230.00 –	235.00	280.00 –	300.00	225.00 –	230.00	215.00 –	220.00	215.00 –	220.00	218.00 –	220.00
	Puttalam	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Hambantota	–	–	230.00 –	240.00	260.00 –	300.00	240.00 –	240.00	220.00 –	220.00	200.00 –	205.00	210.00 –	210.00
	Rathnapura	260.00 –	270.00	–	270.00 –	280.00	235.00 –	240.00	225.00 –	230.00	212.00 –	215.00	215.00 –	220.00	
	Matara	–	–	230.00 –	235.00	260.00 –	270.00	220.00 –	225.00	–	203.00 –	210.00	208.00 –	210.00	
	Galle	260.00 –	260.00	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	–	210.00 –	220.00	210.00 –	210.00	
	Tissamaharama	–	–	230.00 –	240.00	250.00 –	260.00	220.00 –	220.00	–	208.00 –	210.00	210.00 –	210.00	
	Meegoda (DEC)	230.00 –	230.00	–	250.00 –	260.00	220.00 –	220.00	–	210.00 –	210.00	210.00 –	210.00		
	Embilipitiya	228.00 –	235.00	–	255.00 –	265.00	218.00 –	220.00	212.00 –	218.00	204.00 –	210.00	205.00 –	210.00	
	Jaffna	245.00 –	250.00	–	330.00 –	332.00	–	220.00 –	225.00	220.00 –	225.00	220.00 –	225.00	210.00 –	215.00
	Vavuniya	245.00 –	250.00	–	330.00 –	335.00	240.00 –	245.00	230.00 –	235.00	220.00 –	225.00	220.00 –	225.00	
	Mannar	240.00 –	250.00	–	265.00 –	270.00	230.00 –	235.00	–	215.00 –	220.00	220.00 –	225.00		
	Killinochchi	240.00 –	245.00	–	325.00 –	330.00	240.00 –	245.00	230.00 –	235.00	215.00 –	220.00	215.00 –	220.00	
	Mullaitivu	240.00 –	245.00	–	330.00 –	334.00	225.00 –	230.00	218.00 –	224.00	208.00 –	216.00	214.00 –	220.00	
	Batticaloa	–	–	–	–	–	–	–	–	–	–	–	–		
	Trincomalee	236.00 –	240.00	–	320.00 –	330.00	230.00 –	240.00	220.00 –	226.00	200.00 –	215.00	215.00 –	220.00	
	Hanguranketha	–	–	228.00 –	230.00	250.00 –	260.00	230.00 –	235.00	218.00 –	220.00	207.00 –	210.00	210.00 –	210.00
	Veyangoda	230.00 –	250.00	220.00 –	230.00	260.00 –	280.00	225.00 –	235.00	220.00 –	220.00	205.00 –	215.00	210.00 –	215.00
	Galenbindunuwewa	–	–	–	–	–	–	–	–	–	–	–	–		
	Bandarawela	–	–	230.00 –	235.00	260.00 –	285.00	225.00 –	230.00	–	210.00 –	210.00	210.00 –	212.00	
	Matale	232.00 –	235.00	225.00 –	230.00	260.00 –	260.00	222.00 –	225.00	218.00 –	220.00	210.00 –	210.00	210.00 –	210.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50kg)

Week 40: 27 Sep-03 Oct 2024

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato				Pulses			
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal		
Colombo	32500 - 37500	-	12500 - 17500	9000 - 13500	7000 - 8500	10000 - 11000	12000 - 12750	32500 - 37500	32500 - 40000	13250 - 13750		
Kurunegala	37000 - 37000	-	16000 - 17250	10250 - 10750	7750 - 8000	-	14500 - 15500	39000 - 40500	38000 - 38500	13750 - 14150		
Nikaweratiya	35750 - 38000	-	12750 - 16000	-	8000 - 9250	-	-	36250 - 38000	35500 - 38000	14000 - 14000		
Dehiattakandiya	33000 - 45000	-	14000 - 18500	9500 - 14000	8250 - 9500	-	16000 - 16500	25000 - 39500	40000 - 40000	13750 - 13900		
Dambulla (DEC)	34500 - 35000	-	13000 - 14500	8750 - 13000	7500 - 8500	9500 - 10000	-	25000 - 27500	-	13500 - 13750		
Anuradhapura	39000 - 41000	-	16000 - 19000	10250 - 14000	8500 - 9500	-	13000 - 14000	40000 - 42500	42500 - 44000	13750 - 14250		
Thambuththegama	34500 - 36000	-	15000 - 17500	9750 - 13500	7500 - 9250	-	-	29000 - 30000	-	13750 - 14000		
Polonnaruwa	37500 - 40000	-	16750 - 17250	11750 - 12250	10750 - 11850	-	-	32500 - 35000	30000 - 33000	15000 - 15500		
Kaluthara	39500 - 41000	-	21500 - 23500	9500 - 11000	9000 - 10000	-	14000 - 16000	39000 - 40000	42500 - 43500	13500 - 14000		
Puttalam	-	-	-	-	-	-	-	-	-	-	-	-
Kandy	35000 - 37500	-	15000 - 16000	9500 - 14000	7750 - 9000	10500 - 11000	12500 - 13000	35000 - 37500	37500 - 40000	13750 - 14000		
Matara	37500 - 40000	-	17000 - 18000	10000 - 14500	8750 - 9750	-	13000 - 13500	37500 - 40000	37500 - 40000	13750 - 14250		
Hambantota	36500 - 40000	-	16500 - 19000	9500 - 15000	8000 - 9000	-	12000 - 12500	36500 - 40000	35000 - 45000	13750 - 14000		
Kegalle	35900 - 36000	-	14500 - 15000	13500 - 14100	8850 - 9000	-	13000 - 13450	39000 - 40000	39000 - 39500	13850 - 14250		
Galle	34000 - 39000	-	17000 - 20000	13500 - 15750	8750 - 10000	13500 - 14000	17000 - 18500	41500 - 43500	42500 - 44000	13750 - 15000		
Tissamaharama	35000 - 37500	-	15000 - 16000	13500 - 14000	8250 - 9000	10000 - 11000	-	37500 - 38000	37500 - 38000	13250 - 13750		
Meegoda (DEC)	35000 - 36000	-	15000 - 17500	8750 - 9500	7250 - 8750	11500 - 12500	14000 - 14500	36500 - 42500	37500 - 42500	13750 - 14200		
Jaffna	38000 - 38250	-	13500 - 14000	11000 - 11750	11000 - 11500	-	-	33000 - 33500	41000 - 41500	13500 - 13750		
Vavuniya	37000 - 37300	-	14000 - 14500	14000 - 14500	8500 - 9500	-	-	35000 - 36000	-	14200 - 14500		
Mannar	37500 - 39000	-	16000 - 16500	10750 - 14000	8500 - 9000	-	-	37500 - 39000	-	14000 - 14200		
Killinochchi	36000 - 37000	-	17500 - 19000	13000 - 14000	9000 - 10000	-	-	34000 - 36000	-	14250 - 14750		
Mullattivu	38000 - 39000	-	15000 - 17000	11000 - 12000	9000 - 9500	-	-	40000 - 42500	-	14000 - 14500		
Batticaloa	-	-	-	-	-	-	-	-	-	-	-	-
Trincomalee	34000 - 35000	-	12600 - 13000	10250 - 10500	8200 - 8300	-	-	37500 - 38500	39000 - 40000	14400 - 14600		
Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-	-	-
Matale	35000 - 38500	-	18000 - 18500	9500 - 14000	8000 - 9000	11000 - 11500	-	32500 - 34000	36000 - 37500	13500 - 14000		

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Dried Chillies	Red Onion			Big Onion	Potato			Pulses		
	Imported	Imported	Local			Imported	Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
13	Colombo	750.00 - 1200.00	-	400.00 - 480.00	220.00 - 340.00	180.00 - 260.00	290.00 - 400.00	360.00 - 480.00	780.00 - 1200.00	800.00 - 1000.00	280.00 - 360.00
	Gampaha	880.00 - 1000.00	-	480.00 - 520.00	340.00 - 360.00	240.00 - 260.00	-	400.00 - 400.00	880.00 - 980.00	880.00 - 980.00	290.00 - 360.00
	Kurunegala	780.00 - 850.00	-	420.00 - 450.00	340.00 - 340.00	220.00 - 240.00	340.00 - 360.00	-	850.00 - 880.00	850.00 - 880.00	306.00 - 320.00
	Nikaweratiya	750.00 - 800.00	-	-	230.00 - 300.00	220.00 - 230.00	300.00 - 300.00	-	750.00 - 800.00	900.00 - 1000.00	310.00 - 320.00
	Dambulla	750.00 - 850.00	-	380.00 - 420.00	240.00 - 280.00	180.00 - 220.00	300.00 - 340.00	-	800.00 - 900.00	800.00 - 850.00	280.00 - 290.00
	Anuradhapura	850.00 - 900.00	-	400.00 - 440.00	230.00 - 320.00	200.00 - 220.00	280.00 - 300.00	-	850.00 - 950.00	900.00 - 950.00	300.00 - 320.00
	Thambuththegama	800.00 - 900.00	-	400.00 - 480.00	280.00 - 350.00	250.00 - 280.00	-	-	700.00 - 750.00	700.00 - 750.00	290.00 - 320.00
	Polonnaruwa	850.00 - 900.00	-	-	240.00 - 260.00	220.00 - 240.00	-	-	750.00 - 800.00	760.00 - 800.00	300.00 - 320.00
	Kaluthara	840.00 - 900.00	-	450.00 - 520.00	250.00 - 280.00	200.00 - 250.00	-	360.00 - 400.00	800.00 - 830.00	880.00 - 930.00	275.00 - 290.00
	Badulla	750.00 - 800.00	-	400.00 - 400.00	280.00 - 280.00	200.00 - 200.00	280.00 - 320.00	-	750.00 - 800.00	750.00 - 800.00	300.00 - 300.00
	Keppetipola	750.00 - 800.00	-	440.00 - 450.00	320.00 - 340.00	200.00 - 230.00	300.00 - 340.00	-	900.00 - 940.00	850.00 - 860.00	285.00 - 300.00
	Moneragala	750.00 - 900.00	-	400.00 - 480.00	240.00 - 320.00	200.00 - 240.00	300.00 - 320.00	-	800.00 - 850.00	700.00 - 760.00	300.00 - 320.00
	Kegalle	750.00 - 800.00	-	350.00 - 380.00	320.00 - 340.00	220.00 - 240.00	320.00 - 360.00	-	800.00 - 840.00	800.00 - 840.00	280.00 - 340.00
	Ampara	750.00 - 800.00	-	430.00 - 430.00	255.00 - 340.00	185.00 - 240.00	300.00 - 320.00	-	750.00 - 850.00	750.00 - 900.00	280.00 - 285.00
	Dehiwakkandyia	750.00 - 1000.00	-	350.00 - 400.00	210.00 - 300.00	180.00 - 210.00	300.00 - 360.00	-	750.00 - 850.00	900.00 - 1000.00	280.00 - 300.00
	Nuwaraeliya	750.00 - 860.00	-	440.00 - 460.00	320.00 - 350.00	240.00 - 250.00	-	360.00 - 380.00	950.00 - 960.00	960.00 - 980.00	285.00 - 300.00
	Kandy	820.00 - 900.00	-	440.00 - 480.00	300.00 - 320.00	220.00 - 240.00	340.00 - 360.00	400.00 - 420.00	900.00 - 960.00	1000.00 - 1060.00	290.00 - 320.00
	Puttalam	-	-	-	-	-	-	-	-	-	-
	Rathnapura	870.00 - 900.00	-	-	300.00 - 320.00	200.00 - 240.00	-	-	900.00 - 980.00	850.00 - 900.00	300.00 - 300.00
	Hambantota	800.00 - 900.00	-	400.00 - 480.00	240.00 - 350.00	220.00 - 240.00	320.00 - 320.00	-	800.00 - 900.00	840.00 - 1000.00	280.00 - 300.00
	Matara	780.00 - 850.00	-	400.00 - 480.00	220.00 - 320.00	200.00 - 240.00	300.00 - 320.00	360.00 - 400.00	800.00 - 900.00	800.00 - 860.00	280.00 - 320.00
	Galle	800.00 - 900.00	-	440.00 - 480.00	220.00 - 350.00	180.00 - 240.00	-	360.00 - 400.00	850.00 - 1000.00	950.00 - 1000.00	290.00 - 320.00
	Tissamaharama	750.00 - 800.00	-	400.00 - 440.00	320.00 - 340.00	240.00 - 280.00	280.00 - 340.00	-	780.00 - 820.00	780.00 - 820.00	280.00 - 310.00
	Meegoda (DEC)	750.00 - 800.00	-	440.00 - 480.00	220.00 - 300.00	200.00 - 240.00	320.00 - 360.00	400.00 - 400.00	750.00 - 1040.00	780.00 - 1000.00	290.00 - 320.00
	Eembilipitiya	820.00 - 900.00	-	380.00 - 400.00	220.00 - 320.00	200.00 - 240.00	300.00 - 320.00	-	700.00 - 850.00	750.00 - 820.00	280.00 - 300.00
	Jaffna	790.00 - 820.00	-	300.00 - 340.00	250.00 - 280.00	230.00 - 260.00	-	-	680.00 - 700.00	840.00 - 860.00	280.00 - 300.00
	Vavuniya	760.00 - 780.00	-	-	310.00 - 320.00	220.00 - 230.00	-	-	750.00 - 770.00	-	300.00 - 320.00
	Mannar	820.00 - 860.00	-	350.00 - 360.00	240.00 - 320.00	200.00 - 220.00	-	-	840.00 - 900.00	-	300.00 - 330.00
	Killinochchi	750.00 - 780.00	-	400.00 - 440.00	290.00 - 310.00	230.00 - 250.00	-	-	740.00 - 760.00	-	300.00 - 310.00
	Mullaitivu	800.00 - 820.00	-	-	-	200.00 - 220.00	-	-	850.00 - 900.00	-	290.00 - 300.00
	Batticaloa	-	-	-	-	-	-	-	-	-	-
	Trincomalee	780.00 - 800.00	-	320.00 - 340.00	270.00 - 300.00	220.00 - 240.00	-	-	850.00 - 870.00	880.00 - 900.00	298.00 - 305.00
	Hanguranketha	780.00 - 850.00	-	-	300.00 - 330.00	190.00 - 220.00	280.00 - 320.00	460.00 - 460.00	700.00 - 950.00	680.00 - 920.00	278.00 - 290.00
	Veyangoda	760.00 - 800.00	-	400.00 - 480.00	240.00 - 400.00	200.00 - 280.00	280.00 - 360.00	360.00 - 400.00	900.00 - 1000.00	1000.00 - 1100.00	275.00 - 320.00
	Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
	Bandarawela	750.00 - 800.00	-	360.00 - 400.00	200.00 - 300.00	200.00 - 240.00	260.00 - 280.00	-	750.00 - 800.00	840.00 - 850.00	280.00 - 300.00
	Matale	780.00 - 800.00	-	400.00 - 420.00	220.00 - 300.00	180.00 - 190.00	260.00 - 280.00	-	700.00 - 800.00	780.00 - 800.00	280.00 - 290.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 40: 27 Sep-03 Oct 2024

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	250.00 - 300.00	80.00 - 140.00	150.00 - 180.00	70.00 - 120.00	60.00 - 120.00
Meegoda (DEC)	-	280.00 - 320.00	100.00 - 120.00	170.00 - 200.00	100.00 - 130.00	100.00 - 130.00
Dambulla (DEC)	-	280.00 - 330.00	70.00 - 110.00	180.00 - 200.00	80.00 - 120.00	100.00 - 120.00
Keppetipola (DEC)	-	200.00 - 240.00	70.00 - 85.00	130.00 - 150.00	70.00 - 80.00	80.00 - 100.00
Norochchhole (DEC)	-	-	-	-	-	-
Nuwara Eliya	-	200.00 - 250.00	80.00 - 90.00	160.00 - 170.00	100.00 - 110.00	80.00 - 100.00
Kandy	-	200.00 - 250.00	80.00 - 100.00	160.00 - 180.00	80.00 - 90.00	80.00 - 90.00
Hambantota	-	200.00 - 300.00	150.00 - 180.00	200.00 - 250.00	140.00 - 160.00	150.00 - 160.00
Thambuththegama (DEC)	-	280.00 - 320.00	120.00 - 140.00	180.00 - 220.00	100.00 - 120.00	120.00 - 130.00
Jaffna	-	400.00 - 420.00	110.00 - 120.00	250.00 - 270.00	100.00 - 110.00	-
Bandarawela	-	200.00 - 230.00	80.00 - 100.00	150.00 - 170.00	-	80.00 - 110.00
Veyangoda	-	300.00 - 350.00	130.00 - 180.00	170.00 - 220.00	100.00 - 120.00	120.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 90.00	120.00 - 160.00	150.00 - 250.00	80.00 - 120.00	100.00 - 200.00	350.00 - 550.00
Meegoda (DEC)	70.00 - 100.00	150.00 - 220.00	230.00 - 270.00	90.00 - 120.00	130.00 - 220.00	380.00 - 420.00
Moneragala	80.00 - 100.00	200.00 - 220.00	200.00 - 280.00	150.00 - 180.00	100.00 - 150.00	350.00 - 400.00
Dambulla (DEC)	50.00 - 70.00	140.00 - 170.00	180.00 - 210.00	50.00 - 70.00	140.00 - 160.00	300.00 - 350.00
Keppetipola (DEC)	40.00 - 50.00	130.00 - 150.00	180.00 - 220.00	70.00 - 80.00	80.00 - 100.00	550.00 - 600.00
Norochchhole (DEC)	-	-	-	-	-	-
Nuwara Eliya	40.00 - 60.00	160.00 - 170.00	180.00 - 220.00	80.00 - 100.00	100.00 - 120.00	560.00 - 600.00
Kandy	50.00 - 70.00	100.00 - 160.00	200.00 - 220.00	70.00 - 80.00	100.00 - 150.00	350.00 - 400.00
Hambantota	120.00 - 150.00	200.00 - 230.00	250.00 - 270.00	130.00 - 150.00	140.00 - 160.00	350.00 - 440.00
Thambuththegama (DEC)	70.00 - 80.00	200.00 - 230.00	150.00 - 230.00	60.00 - 80.00	150.00 - 200.00	350.00 - 420.00
Tissamaharama	100.00 - 110.00	150.00 - 160.00	220.00 - 240.00	70.00 - 70.00	170.00 - 180.00	300.00 - 360.00
Jaffna	80.00 - 90.00	210.00 - 230.00	240.00 - 250.00	100.00 - 120.00	125.00 - 140.00	420.00 - 430.00
Bandarawela	50.00 - 60.00	120.00 - 140.00	180.00 - 210.00	90.00 - 100.00	100.00 - 220.00	450.00 - 500.00
Veyangoda	70.00 - 100.00	160.00 - 220.00	220.00 - 270.00	90.00 - 120.00	140.00 - 200.00	340.00 - 420.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	40.00 - 70.00	80.00 - 100.00	200.00 - 300.00	100.00 - 180.00	400.00 - 650.00	160.00 - 220.00
Meegoda (DEC)	60.00 - 80.00	70.00 - 80.00	350.00 - 380.00	160.00 - 180.00	-	230.00 - 280.00
Moneragala	80.00 - 100.00	100.00 - 150.00	380.00 - 420.00	200.00 - 250.00	-	250.00 - 280.00
Dambulla (DEC)	45.00 - 55.00	65.00 - 85.00	280.00 - 320.00	150.00 - 170.00	380.00 - 400.00	220.00 - 270.00
Keppetipola (DEC)	60.00 - 70.00	80.00 - 90.00	280.00 - 300.00	160.00 - 170.00	-	240.00 - 250.00
Norochchhole (DEC)	-	-	-	-	-	-
Nuwara Eliya	70.00 - 80.00	90.00 - 100.00	300.00 - 320.00	180.00 - 200.00	-	250.00 - 260.00
Kandy	50.00 - 60.00	90.00 - 100.00	300.00 - 350.00	160.00 - 180.00	-	200.00 - 250.00
Hambantota	70.00 - 100.00	80.00 - 100.00	300.00 - 340.00	200.00 - 230.00	300.00 - 350.00	300.00 - 320.00
Thambuththegama (DEC)	50.00 - 60.00	60.00 - 80.00	180.00 - 250.00	130.00 - 160.00	220.00 - 300.00	180.00 - 250.00
Tissamaharama	70.00 - 80.00	80.00 - 90.00	360.00 - 380.00	100.00 - 140.00	300.00 - 320.00	-
Jaffna	40.00 - 50.00	120.00 - 140.00	500.00 - 510.00	90.00 - 100.00	550.00 - 570.00	-
Bandarawela	60.00 - 70.00	100.00 - 110.00	-	-	-	-
Veyangoda	60.00 - 80.00	70.00 - 90.00	310.00 - 350.00	180.00 - 220.00	350.00 - 420.00	220.00 - 250.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 180.00	120.00 - 180.00	80.00 - 150.00	300.00 - 400.00	80.00 - 100.00	80.00 - 100.00
Meegoda (DEC)	150.00 - 200.00	180.00 - 230.00	190.00 - 220.00	380.00 - 430.00	60.00 - 80.00	90.00 - 110.00
Moneragala	150.00 - 200.00	100.00 - 120.00	220.00 - 250.00	350.00 - 400.00	100.00 - 120.00	70.00 - 80.00
Dambulla (DEC)	130.00 - 160.00	130.00 - 150.00	150.00 - 200.00	300.00 - 330.00	50.00 - 70.00	65.00 - 75.00
Keppetipola (DEC)	120.00 - 140.00	160.00 - 170.00	250.00 - 260.00	330.00 - 340.00	100.00 - 120.00	70.00 - 80.00
Norochchhole (DEC)	-	-	-	-	-	-
Nuwara Eliya	140.00 - 150.00	170.00 - 180.00	260.00 - 280.00	350.00 - 360.00	110.00 - 130.00	80.00 - 100.00
Kandy	100.00 - 130.00	150.00 - 180.00	150.00 - 200.00	320.00 - 350.00	70.00 - 90.00	80.00 - 90.00
Hambantota	180.00 - 200.00	120.00 - 130.00	200.00 - 250.00	200.00 - 250.00	100.00 - 120.00	100.00 - 120.00
Thambuththegama (DEC)	180.00 - 240.00	130.00 - 160.00	130.00 - 200.00	250.00 - 300.00	70.00 - 75.00	70.00 - 90.00
Tissamaharama	80.00 - 90.00	160.00 - 180.00	240.00 - 270.00	440.00 - 450.00	160.00 - 180.00	140.00 - 160.00
Jaffna	360.00 - 380.00	160.00 - 170.00	170.00 - 180.00	310.00 - 320.00	120.00 - 130.00	150.00 - 170.00
Bandarawela	-	-	180.00 - 220.00	-	90.00 - 100.00	-
Veyangoda	140.00 - 170.00	170.00 - 200.00	210.00 - 250.00	350.00 - 420.00	80.00 - 100.00	100.00 - 130.00

Locations	Leafy Vegetables (Rs/bundle)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	300.00 - 320.00	120.00 - 130.00	100.00 - 115.00
Meegoda (DEC)	50.00 - 60.00	50.00 - 60.00	210.00 - 240.00	120.00 - 125.00	100.00 - 110.00
Norochchhole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	100.00 - 125.00	90.00 - 100.00	75.00 - 80.00
Kandy	40.00 - 45.00	40.00 - 50.00	220.00 - 240.00	100.00 - 110.00	75.00 - 85.00
Hambantota	30.00 - 35.00	30.00 - 35.00	150.00 - 180.00	-	-
Thambuththegama (DEC)	-	-	-	90.00 - 95.00	70.00 - 75.00
Tissamaharama	20.00 - 30.00	20.00 - 30.00	120.00 - 150.00	115.00 - 120.00	100.00 - 100.00
Jaffna	65.00 - 75.00	40.00 - 45.00	120.00 - 125.00	120.00 - 130.00	80.00 - 90.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	200.00 - 250.00	-	-

Colombo, Meegoda, Norochchhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/kg)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Banana					Pineapple			Mango		
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban	
19	Colombo	150.00 - 300.00	400.00 - 600.00	150.00 - 260.00	40.00 - 54.00	52.00 - 76.00	650.00 - 950.00	500.00 - 750.00	440.00 - 600.00	-	300.00 - 400.00
	Gampaha	180.00 - 200.00	420.00 - 480.00	180.00 - 200.00	25.00 - 25.00	60.00 - 70.00	710.00 - 780.00	550.00 - 600.00	440.00 - 480.00	-	180.00 - 180.00
	Kurunegala	260.00 - 260.00	500.00 - 550.00	200.00 - 200.00	-	76.00 - 84.00	650.00 - 700.00	-	-	-	-
	Nikaweratiya	180.00 - 220.00	500.00 - 550.00	180.00 - 220.00	-	58.00 - 66.00	-	-	465.00 - 530.00	-	-
	Dambulla	220.00 - 240.00	480.00 - 550.00	200.00 - 240.00	-	56.00 - 60.00	800.00 - 900.00	600.00 - 650.00	300.00 - 350.00	60.00 - 80.00	-
	Anuradhapura	240.00 - 280.00	600.00 - 650.00	200.00 - 240.00	30.00 - 35.00	50.00 - 60.00	900.00 - 1000.00	750.00 - 850.00	550.00 - 650.00	-	-
	Thambuththegama	180.00 - 220.00	430.00 - 450.00	180.00 - 220.00	25.00 - 30.00	50.00 - 58.00	-	-	-	-	-
	Polonnaruwa	250.00 - 300.00	500.00 - 550.00	160.00 - 180.00	48.00 - 55.00	-	850.00 - 920.00	500.00 - 550.00	350.00 - 380.00	-	-
	Kaluthara	250.00 - 280.00	570.00 - 620.00	200.00 - 250.00	40.00 - 47.00	50.00 - 56.00	650.00 - 650.00	500.00 - 600.00	300.00 - 380.00	-	-
	Badulla	200.00 - 260.00	400.00 - 400.00	160.00 - 200.00	20.00 - 20.00	32.00 - 35.00	-	600.00 - 650.00	-	-	-
	Keppetipola	220.00 - 240.00	500.00 - 520.00	160.00 - 180.00	36.00 - 40.00	55.00 - 60.00	-	580.00 - 620.00	400.00 - 450.00	-	-
	Moneragala	150.00 - 180.00	300.00 - 380.00	100.00 - 120.00	20.00 - 25.00	25.00 - 30.00	1020.00 - 1050.00	750.00 - 750.00	-	-	120.00 - 150.00
	Kegalle	190.00 - 220.00	550.00 - 600.00	200.00 - 220.00	20.00 - 25.00	22.00 - 25.00	800.00 - 900.00	600.00 - 750.00	350.00 - 450.00	-	-
	Ampara	160.00 - 200.00	400.00 - 440.00	120.00 - 140.00	45.00 - 50.00	50.00 - 52.00	-	560.00 - 600.00	-	-	-
	Dehiattakandiya	240.00 - 270.00	400.00 - 600.00	160.00 - 200.00	-	45.00 - 56.00	750.00 - 850.00	600.00 - 680.00	400.00 - 570.00	-	-
	Nuwaraeliya	240.00 - 250.00	540.00 - 550.00	180.00 - 200.00	42.00 - 45.00	60.00 - 65.00	-	580.00 - 650.00	450.00 - 500.00	-	-
	Kandy	200.00 - 250.00	500.00 - 550.00	180.00 - 220.00	28.00 - 32.00	40.00 - 50.00	900.00 - 950.00	500.00 - 600.00	300.00 - 350.00	-	-
	Puttalam	-	-	-	-	-	-	-	-	-	-
	Rathnapura	200.00 - 250.00	400.00 - 500.00	200.00 - 250.00	25.00 - 28.00	40.00 - 50.00	-	-	420.00 - 490.00	-	-
	Hambantota	100.00 - 140.00	300.00 - 350.00	120.00 - 180.00	25.00 - 25.00	-	650.00 - 650.00	550.00 - 600.00	500.00 - 500.00	-	-
	Matara	180.00 - 200.00	400.00 - 500.00	170.00 - 200.00	26.00 - 28.00	40.00 - 42.00	800.00 - 860.00	650.00 - 700.00	400.00 - 450.00	-	185.00 - 200.00
	Galle	220.00 - 240.00	480.00 - 500.00	200.00 - 240.00	28.00 - 33.00	35.00 - 38.00	-	640.00 - 680.00	500.00 - 580.00	-	-
	Tissamaharama	160.00 - 200.00	400.00 - 420.00	150.00 - 170.00	40.00 - 45.00	45.00 - 46.00	780.00 - 845.00	600.00 - 650.00	480.00 - 520.00	80.00 - 90.00	220.00 - 240.00
	Meegoda (DEC)	200.00 - 220.00	400.00 - 450.00	200.00 - 220.00	47.00 - 56.00	54.00 - 64.00	850.00 - 975.00	650.00 - 715.00	500.00 - 550.00	-	-
	Embilipitiya	150.00 - 180.00	320.00 - 400.00	120.00 - 160.00	30.00 - 40.00	40.00 - 54.00	-	500.00 - 550.00	350.00 - 450.00	-	-
	Jaffna	200.00 - 250.00	300.00 - 350.00	140.00 - 180.00	-	-	850.00 - 950.00	750.00 - 800.00	650.00 - 700.00	-	-
	Vavuniya	240.00 - 260.00	400.00 - 420.00	180.00 - 200.00	38.00 - 40.00	-	900.00 - 940.00	650.00 - 700.00	500.00 - 560.00	-	-
	Mannar	200.00 - 240.00	400.00 - 450.00	180.00 - 200.00	30.00 - 34.00	-	700.00 - 750.00	600.00 - 650.00	500.00 - 550.00	-	-
	Killinochchi	240.00 - 260.00	440.00 - 500.00	200.00 - 220.00	40.00 - 43.00	-	850.00 - 900.00	700.00 - 750.00	600.00 - 650.00	-	-
	Mullaithivu	250.00 - 280.00	470.00 - 520.00	250.00 - 270.00	53.00 - 56.00	58.00 - 62.00	-	-	300.00 - 350.00	-	-
	Batticaloa	-	-	-	-	-	-	-	-	-	-
	Trincomalee	245.00 - 255.00	480.00 - 520.00	190.00 - 200.00	-	-	870.00 - 900.00	740.00 - 770.00	600.00 - 640.00	-	-
	Veyangoda	200.00 - 260.00	450.00 - 550.00	200.00 - 240.00	38.00 - 42.00	46.00 - 52.00	950.00 - 1000.00	850.00 - 900.00	600.00 - 700.00	55.00 - 70.00	220.00 - 240.00
	Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-
	Bandarawela	180.00 - 200.00	400.00 - 450.00	160.00 - 180.00	25.00 - 27.00	33.00 - 35.00	680.00 - 700.00	650.00 - 650.00	600.00 - 600.00	-	-
	Matale	200.00 - 220.00	400.00 - 450.00	180.00 - 200.00	35.00 - 37.00	45.00 - 50.00	750.00 - 800.00	600.00 - 650.00	450.00 - 500.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits										
	Vilad	Kohu	Papaw (Rs/kg)	Passion		Wood Apple		Orange		Avocado		Slime Apple	
				70.00 - 360.00	100.00	30.00 - 70.00	40.00 - 40.00	80.00 - 160.00	160.00 - 260.00	170.00 - 240.00	1600.00 - 2500.00	150.00 - 200.00	
20	Colombo	130.00 - 180.00	-	200.00 - 360.00	70.00 - 100.00	30.00 - 70.00	36.00 - 40.00	80.00 - 160.00	160.00 - 260.00	170.00 - 240.00	1600.00 - 2500.00	150.00 - 200.00	
	Gampaha	-	-	200.00 - 250.00	-	-	-	100.00 - 100.00	120.00 - 150.00	-	2000.00 - 2000.00	180.00 - 200.00	
	Kurunegala	140.00 - 140.00	-	250.00 - 260.00	-	-	40.00 - 40.00	-	90.00 - 100.00	-	1800.00 - 2000.00	130.00 - 150.00	
	Nikaweratiya	-	-	180.00 - 220.00	-	-	20.00 - 25.00	-	100.00 - 120.00	-	2500.00 - 2500.00	150.00 - 180.00	
	Dambulla	-	40.00 - 50.00	200.00 - 240.00	35.00 - 40.00	20.00 - 30.00	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	2000.00 - 2100.00	180.00 - 200.00		
	Anuradhapura	-	-	200.00 - 280.00	-	-	25.00 - 40.00	100.00 - 150.00	120.00 - 140.00	120.00 - 150.00	2000.00 - 2600.00	150.00 - 200.00	
	Thambuththegama	-	-	150.00 - 200.00	60.00 - 70.00	25.00 - 35.00	70.00 - 75.00	100.00 - 120.00	-	1800.00 - 2100.00	120.00 - 150.00		
	Polonnaruwa	-	-	260.00 - 300.00	-	40.00 - 55.00	-	80.00 - 80.00	50.00 - 60.00	2800.00 - 3000.00	150.00 - 200.00		
	Kaluthara	120.00 - 150.00	-	350.00 - 380.00	90.00 - 90.00	25.00 - 33.00	150.00 - 180.00	135.00 - 150.00	170.00 - 180.00	1800.00 - 2100.00	120.00 - 150.00		
	Badulla	-	-	240.00 - 300.00	-	15.00 - 20.00	-	-	-	1950.00 - 2000.00	160.00 - 200.00		
	Keppetipola	65.00 - 70.00	30.00 - 35.00	260.00 - 280.00	50.00 - 60.00	26.00 - 30.00	130.00 - 140.00	90.00 - 100.00	65.00 - 70.00	2200.00 - 2300.00	170.00 - 180.00		
	Moneragala	50.00 - 60.00	-	200.00 - 240.00	-	10.00 - 15.00	80.00 - 100.00	100.00 - 120.00	100.00 - 120.00	2200.00 - 2400.00	150.00 - 170.00		
	Kegalle	-	-	300.00 - 350.00	-	30.00 - 50.00	80.00 - 100.00	80.00 - 100.00	80.00 - 100.00	2400.00 - 2500.00	140.00 - 160.00		
	Ampara	50.00 - 55.00	-	190.00 - 240.00	-	-	-	-	-	2000.00 - 2300.00	140.00 - 150.00		
	Dehiwakkandiya	80.00 - 120.00	-	250.00 - 280.00	-	30.00 - 50.00	-	80.00 - 120.00	-	2600.00 - 2800.00	120.00 - 150.00		
	Nuwaraeliya	70.00 - 80.00	35.00 - 40.00	280.00 - 320.00	50.00 - 60.00	28.00 - 32.00	140.00 - 150.00	100.00 - 120.00	70.00 - 80.00	2200.00 - 2400.00	180.00 - 200.00		
	Kandy	-	-	220.00 - 240.00	60.00 - 70.00	30.00 - 40.00	100.00 - 120.00	70.00 - 100.00	60.00 - 70.00	2000.00 - 2500.00	170.00 - 180.00		
	Puttalam	-	-	-	-	-	-	-	-	-	-		
	Hambantota	-	-	200.00 - 260.00	-	13.00 - 16.00	-	100.00 - 125.00	-	2000.00 - 2200.00	140.00 - 150.00		
	Rathnapura	-	-	200.00 - 250.00	-	20.00 - 25.00	-	70.00 - 75.00	-	2000.00 - 2200.00	120.00 - 150.00		
	Matara	-	-	230.00 - 250.00	54.00 - 58.00	28.00 - 35.00	130.00 - 160.00	70.00 - 80.00	60.00 - 80.00	1800.00 - 2000.00	130.00 - 150.00		
	Galle	-	-	240.00 - 360.00	96.00 - 100.00	30.00 - 35.00	140.00 - 140.00	65.00 - 75.00	60.00 - 80.00	1600.00 - 2000.00	120.00 - 130.00		
	Tissamaharama	-	-	190.00 - 240.00	58.00 - 65.00	20.00 - 25.00	140.00 - 160.00	120.00 - 130.00	-	2400.00 - 2600.00	150.00 - 160.00		
	Meegoda (DEC)	75.00 - 100.00	-	240.00 - 250.00	-	26.00 - 40.00	-	70.00 - 80.00	130.00 - 135.00	1600.00 - 2000.00	130.00 - 150.00		
	Embilipitiya	90.00 - 100.00	-	200.00 - 260.00	-	20.00 - 30.00	120.00 - 140.00	100.00 - 140.00	50.00 - 60.00	2250.00 - 2500.00	160.00 - 180.00		
	Jaffna	60.00 - 70.00	-	100.00 - 140.00	60.00 - 80.00	40.00 - 50.00	-	100.00 - 110.00	-	2500.00 - 2600.00	150.00 - 200.00		
	Vavuniya	-	-	220.00 - 250.00	-	30.00 - 32.00	-	65.00 - 70.00	-	2000.00 - 2200.00	200.00 - 240.00		
	Mannar	-	-	180.00 - 200.00	70.00 - 80.00	18.00 - 20.00	80.00 - 90.00	130.00 - 150.00	120.00 - 150.00	2400.00 - 2600.00	200.00 - 250.00		
	Killinochchi	-	-	200.00 - 220.00	50.00 - 60.00	25.00 - 35.00	-	100.00 - 120.00	-	2000.00 - 2200.00	200.00 - 210.00		
	Mullaitivu	-	-	190.00 - 220.00	-	40.00 - 45.00	-	-	-	2750.00 - 2850.00	150.00 - 170.00		
	Batticaloa	-	-	-	-	-	-	-	-	-	-		
	Trincomalee	-	44.00 - 45.00	195.00 - 200.00	100.00 - 100.00	48.00 - 52.00	86.00 - 88.00	122.00 - 124.00	-	2420.00 - 2440.00	190.00 - 200.00		
	Veyangoda	100.00 - 110.00	-	200.00 - 250.00	30.00 - 35.00	18.00 - 22.00	100.00 - 120.00	150.00 - 160.00	-	2000.00 - 2500.00	130.00 - 150.00		
	Galenbindunuwewa	-	-	-	-	-	-	-	-	-	-		
	Bandarawela	100.00 - 100.00	-	200.00 - 220.00	60.00 - 65.00	30.00 - 40.00	80.00 - 100.00	100.00 - 120.00	-	2300.00 - 2400.00	180.00 - 220.00		
	Matale	-	-	200.00 - 250.00	50.00 - 60.00	30.00 - 35.00	90.00 - 100.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 2600.00	140.00 - 150.00		

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 40: 27 Sep-03 Oct 2024

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	200.00 –	300.00	650.00 –	950.00	750.00 –	950.00	1250.00 –	1450.00	2000.00 –	2800.00	1250.00 –	1400.00
Kandy	380.00 –	400.00	850.00 –	900.00	850.00 –	1000.00	1300.00 –	1500.00	2200.00 –	2300.00	1300.00 –	1400.00
Kaluthara	250.00 –	350.00	450.00 –	500.00	700.00 –	1000.00	1100.00 –	1300.00	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–	–	–	–	–
Matara	300.00 –	330.00	–	–	650.00 –	700.00	1350.00 –	1450.00	–	–	–	–
Hambantota	200.00 –	250.00	550.00 –	600.00	500.00 –	600.00	1400.00 –	1500.00	–	–	–	–
Galle	–	–	–	–	750.00 –	800.00	1100.00 –	1200.00	–	–	1000.00 –	1100.00
Batticaloa	–	–	–	–	–	–	–	–	–	–	–	–
Trincomalee	320.00 –	350.00	950.00 –	1000.00	1000.00 –	1050.00	1860.00 –	1940.00	1950.00 –	2000.00	1550.00 –	1580.00
Mannar	250.00 –	300.00	–	–	650.00 –	700.00	–	–	–	–	1000.00 –	1100.00

Locations	Sea Fish				Eggs							
	Mora		Shrimps		Thalapath		Teppeli		Brown		White	
Colombo	1000.00 –	1100.00	1750.00 –	2100.00	2000.00 –	2450.00	–	–	31.00 –	35.00	29.00 –	31.00
Kandy	1100.00 –	1200.00	1800.00 –	1900.00	2100.00 –	2200.00	–	–	32.00 –	34.00	28.00 –	30.00
Kaluthara	–	–	1200.00 –	1600.00	1800.00 –	2200.00	–	–	–	–	–	–
Puttalam	–	–	–	–	–	–	–	–	–	–	–	–
Matara	–	–	1700.00 –	1800.00	1450.00 –	1500.00	–	–	–	–	30.00 –	32.00
Hambantota	–	–	1800.00 –	1800.00	–	–	–	–	–	–	28.00 –	30.00
Galle	–	–	–	–	–	–	–	–	29.00 –	30.00	29.00 –	30.00
Batticaloa	–	–	–	–	–	–	–	–	–	–	–	–
Trincomalee	1740.00 –	1780.00	1000.00 –	1060.00	–	–	–	–	26.00 –	28.00	26.00 –	28.00
Mannar	1900.00 –	2000.00	1300.00 –	1400.00	–	–	–	–	31.00 –	32.00	29.00 –	30.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50kg)

Week 40: 27 Sep-03 Oct 2024

Locations	Local Dried Fish					
	Sprats		Kattawa		Thora	
Colombo	67500 –	75000	–	–	85000 –	92500
Kandy	67500 –	70000	–	–	82500 –	85000
Batticaloa	–	–	–	–	–	–
Trincomalee	54000 –	55000	–	–	–	–
Mannar	47500 –	50000	80000 –	105000	–	–
	80000 –	85000	50000 –	52500	37500 –	40000

Locations	Local Dried Fish			Imported Dried Fish			
	Maduwa		Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	60000 –	67500	–	20000 –	25000	45000 –	55000
Kandy	65000 –	70000	–	25000 –	27500	47500 –	52500
Batticaloa	–	–	–	–	–	–	–
Trincomalee	50000 –	52000	–	27000 –	27500	43000 –	44000
Mannar	57500 –	60000	–	32500 –	35000	52500 –	55000
	–	–	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora		Balaya		Anguluwa	
Colombo	–	–	–	70000 –	75000	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Dried Fish										
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya				
23	Colombo	1100.00 – 1400.00	1800.00 – 2200.00	–	2000.00 – 2600.00	1400.00 – 1800.00	2000.00 – 2400.00	700.00 – 1000.00			
	Gampaha	1120.00 – 1400.00	1800.00 – 1800.00	–	2200.00 – 2400.00	–	2000.00 – 2400.00	880.00 – 880.00			
	Kurunegala	1100.00 – 1200.00	1800.00 – 1800.00	–	2000.00 – 2000.00	1200.00 – 1300.00	1800.00 – 1900.00	700.00 – 750.00			
	Nikaweratiya	1120.00 – 1200.00	1800.00 – 2000.00	–	2000.00 – 2200.00	1000.00 – 1200.00	1800.00 – 2200.00	600.00 – 700.00			
	Dambulla	1000.00 – 1200.00	2200.00 – 2300.00	–	2200.00 – 2300.00	1000.00 – 1200.00	1800.00 – 2000.00	–			
	Anuradhapura	1100.00 – 1400.00	1800.00 – 2400.00	–	2200.00 – 2400.00	1200.00 – 1600.00	2000.00 – 2400.00	700.00 – 1000.00			
	Thambuththegama	1200.00 – 1300.00	1750.00 – 1900.00	–	2000.00 – 2300.00	1200.00 – 1300.00	1700.00 – 1900.00	600.00 – 700.00			
	Polonnaruwa	1100.00 – 1200.00	1800.00 – 2000.00	–	2100.00 – 2300.00	1300.00 – 1400.00	–	–			
	Kaluthara	1000.00 – 1100.00	1800.00 – 2200.00	–	1900.00 – 2400.00	1000.00 – 1300.00	1500.00 – 2200.00	950.00 – 1000.00			
	Badulla	1100.00 – 1200.00	2000.00 – 2000.00	–	1900.00 – 2000.00	1000.00 – 1100.00	–	–			
	Keppetipola	1000.00 – 1200.00	2380.00 – 2400.00	–	2280.00 – 2300.00	1250.00 – 1300.00	2300.00 – 2350.00	900.00 – 920.00			
	Moneragala	1200.00 – 1300.00	2000.00 – 2200.00	–	2000.00 – 2200.00	1400.00 – 1600.00	1900.00 – 2100.00	800.00 – 900.00			
	Kegalle	1000.00 – 1100.00	1800.00 – 1900.00	–	2000.00 – 2200.00	1100.00 – 1200.00	–	–			
	Ampara	1000.00 – 1200.00	1800.00 – 1800.00	–	1900.00 – 2000.00	1400.00 – 1500.00	1000.00 – 1200.00	600.00 – 600.00			
	Dehiatatakandiya	1200.00 – 1400.00	–	–	–	1200.00 – 1600.00	1200.00 – 1200.00	–			
	Nuwaraeliya	1100.00 – 1200.00	2300.00 – 2400.00	–	2300.00 – 2360.00	1300.00 – 1400.00	2350.00 – 2400.00	850.00 – 900.00			
	Kandy	1200.00 – 1400.00	2100.00 – 2200.00	–	2000.00 – 2200.00	1700.00 – 1800.00	2000.00 – 2100.00	700.00 – 800.00			
	Puttalam	–	–	–	–	–	–	–			
	Hambantota	1000.00 – 1000.00	–	–	–	1200.00 – 1300.00	2200.00 – 2200.00	–			
	Rathnapura	1080.00 – 1200.00	1800.00 – 2100.00	–	1920.00 – 2200.00	1400.00 – 1530.00	1800.00 – 2100.00	–			
	Matara	1000.00 – 1200.00	1800.00 – 2000.00	–	1900.00 – 2100.00	1400.00 – 1500.00	1700.00 – 2000.00	–			
	Galle	1200.00 – 1400.00	2000.00 – 2400.00	2800.00 – 3400.00	2200.00 – 2400.00	1200.00 – 1600.00	1800.00 – 2000.00	600.00 – 900.00			
	Tissamaharama	1200.00 – 1400.00	2000.00 – 2200.00	–	–	1300.00 – 1700.00	–	–			
	Meegoda	1150.00 – 1320.00	1800.00 – 2000.00	3000.00 – 3000.00	2000.00 – 2200.00	1500.00 – 1600.00	1800.00 – 2200.00	600.00 – 650.00			
	Embilipitiya	1050.00 – 1300.00	2000.00 – 2200.00	–	2000.00 – 2250.00	1300.00 – 1500.00	2000.00 – 2250.00	650.00 – 800.00			
	Jaffna	1000.00 – 1100.00	2200.00 – 2400.00	3100.00 – 3250.00	2150.00 – 2300.00	1280.00 – 1350.00	1200.00 – 1300.00	–			
	Vavuniya	–	1700.00 – 1800.00	–	–	1200.00 – 1350.00	1250.00 – 1300.00	600.00 – 680.00			
	Mannar	1050.00 – 1100.00	1700.00 – 2400.00	–	1800.00 – 1900.00	1100.00 – 1200.00	900.00 – 950.00	750.00 – 850.00			
	Killinochchi	1000.00 – 1100.00	2300.00 – 2400.00	–	2400.00 – 2500.00	1500.00 – 1600.00	1000.00 – 1100.00	800.00 – 900.00			
	Mullaithivu	1150.00 – 1250.00	2250.00 – 2450.00	–	2500.00 – 2650.00	1300.00 – 1400.00	–	650.00 – 750.00			
	Batticaloa	–	–	–	–	–	–	–			
	Trincomalee	1000.00 – 1120.00	2280.00 – 2320.00	–	–	1150.00 – 1200.00	1000.00 – 1120.00	700.00 – 740.00			
	Veyangoda	1120.00 – 1400.00	1750.00 – 1850.00	–	–	1200.00 – 1200.00	–	800.00 – 800.00			
	Galenbindunuwewa	–	–	–	–	–	–	–			
	Bandarawela	1000.00 – 1300.00	2000.00 – 2200.00	–	2000.00 – 2100.00	1400.00 – 1500.00	1600.00 – 1700.00	1000.00 – 1000.00			
	Matale	1000.00 – 1200.00	2100.00 – 2200.00	–	2100.00 – 2200.00	1500.00 – 1600.00	2100.00 – 2200.00	600.00 – 700.00			

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

LOCATIONS	Meat		Meat (Chicken)		Meat	
	Beef		Broiler	Curry	Mutton	Pork
Colombo	2500.00 – 2600.00		1050.00 – 1200.00	1000.00 – 1450.00	3300.00 – 3600.00	1200.00 – 1300.00
Gampaha	–		1150.00 – 1150.00	1500.00 – 1500.00	–	1200.00 – 1200.00
Kurunegala	2600.00 – 2600.00		1050.00 – 1150.00	1400.00 – 1400.00	3600.00 – 3600.00	1400.00 – 1500.00
Nikaweratiya	2170.00 – 2200.00		1040.00 – 1090.00	–	–	1280.00 – 1280.00
Dambulla	–		1100.00 – 1150.00	–	–	1400.00 – 1400.00
Anuradhapura	2300.00 – 2400.00		1150.00 – 1200.00	1300.00 – 1450.00	3500.00 – 3600.00	1300.00 – 1400.00
Thambuththegama	–		1000.00 – 1100.00	–	–	1500.00 – 1500.00
Polonnaruwa	2100.00 – 2200.00		1150.00 – 1200.00	1280.00 – 1300.00	3000.00 – 3100.00	–
Kaluthara	–		1080.00 – 1200.00	1100.00 – 1400.00	3300.00 – 3500.00	1200.00 – 1400.00
Badulla	2200.00 – 2200.00		1100.00 – 1200.00	–	3100.00 – 3100.00	–
Keppetipola	2100.00 – 2200.00		1100.00 – 1180.00	1260.00 – 1280.00	3200.00 – 3300.00	–
Moneragala	2300.00 – 2300.00		1090.00 – 1250.00	–	2800.00 – 3000.00	1300.00 – 1500.00
Kegalle	2300.00 – 2300.00		1050.00 – 1190.00	–	3100.00 – 3100.00	1450.00 – 1550.00
Ampara	2000.00 – 2100.00		1000.00 – 1000.00	–	–	1400.00 – 1500.00
Dehiwakkandiya	–		1000.00 – 1100.00	–	–	1290.00 – 1500.00
Nuwaraeliya	2200.00 – 2300.00		1160.00 – 1200.00	1350.00 – 1400.00	3300.00 – 3400.00	1400.00 – 1500.00
Kandy	2200.00 – 2200.00		980.00 – 1000.00	1200.00 – 1250.00	3100.00 – 3100.00	1300.00 – 1350.00
Puttalam	–		–	–	–	–
Hambantota	–		1250.00 – 1250.00	1200.00 – 1250.00	–	–
Rathnapura	2400.00 – 2400.00		1100.00 – 1200.00	1200.00 – 1400.00	3200.00 – 3200.00	1300.00 – 1300.00
Matara	–		1120.00 – 1150.00	–	–	–
Galle	2300.00 – 2400.00		1050.00 – 1150.00	1400.00 – 1400.00	3400.00 – 3500.00	–
Tissamaharama	–		1000.00 – 1250.00	–	–	1500.00 – 1550.00
Meegoda	–		1100.00 – 1180.00	1000.00 – 1000.00	3500.00 – 3500.00	1200.00 – 1250.00
Embiliptiya	2150.00 – 2200.00		990.00 – 1100.00	1150.00 – 1250.00	2900.00 – 3000.00	1350.00 – 1500.00
Jaffna	2000.00 – 2100.00		1200.00 – 1250.00	1500.00 – 1550.00	3450.00 – 3600.00	–
Vavuniya	2000.00 – 2200.00		1350.00 – 1400.00	1500.00 – 1600.00	3000.00 – 3200.00	–
Mannar	2000.00 – 2200.00		1180.00 – 1250.00	1650.00 – 1700.00	–	–
Killinochchi	2000.00 – 2050.00		1200.00 – 1250.00	1650.00 – 1700.00	3200.00 – 3300.00	–
Mullaittivu	1700.00 – 1750.00		1300.00 – 1350.00	–	–	–
Batticaloa	–		–	–	–	–
Trincomalee	1850.00 – 1900.00		1200.00 – 1250.00	1750.00 – 1780.00	3400.00 – 3500.00	–
Veyangoda	2400.00 – 2400.00		1050.00 – 1280.00	–	–	1200.00 – 1300.00
Galenbindunuwewa	–		–	–	–	–
Bandarawela	–		1150.00 – 1250.00	–	2800.00 – 3000.00	–
Matale	2000.00 – 2100.00		1050.00 – 1100.00	1300.00 – 1350.00	2900.00 – 3000.00	1400.00 – 1500.00

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)
Week 40: 27 Sep-03 Oct 2024

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	140.00 – 152.50	143.50
A'pura	117.00 – 120.00	118.20	Dambulla	270.00 – 310.00	292.00	Hambantota	130.00 – 150.00	140.00
P'naruwa	118.00 – 120.00	119.00	Welimada	160.00 – 180.00	170.00	Embilipitiya	150.00 – 160.00	156.25
Kalawewa	117.00 – 120.00	118.60	Badulla	–	–	Matara	–	–
Kurunegala	125.00 – 128.00	126.40	Carrot			A'pura	160.00 – 180.00	168.00
Dehiattakandiya	113.00 – 114.00	113.50	N'Ellya	55.00 – 65.00	61.00	Luffa		
Nikaweratiya	122.00 – 124.00	123.00	Welimada	45.00 – 55.00	51.00	Dambulla	190.00 – 230.00	210.00
Ampara	124.00 – 125.00	124.33	Hanguranketha	–	–	Hambantota	180.00 – 200.00	186.67
Long Grain (White)			Leeks			Embilipitiya	230.00 – 250.00	241.25
A'pura	120.00 – 125.00	122.00	N'Ellya	130.00 – 145.00	138.00	Matara	–	–
P'naruwa	121.00 – 123.00	122.00	Welimada	110.00 – 120.00	114.00	A'pura	200.00 – 220.00	208.00
Kalawewa	120.00 – 125.00	121.40	Beetroot			Green Chillies		
Kurunegala	125.00 – 132.00	129.00	N'Ellya	75.00 – 85.00	78.00	Dambulla	140.00 – 167.50	153.50
Dehiattakandiya	117.00 – 118.00	117.67	Dambulla	86.00 – 95.00	90.20	Hambantota	–	–
Embilipitiya	–	–	Kurunegala	–	–	Embilipitiya	250.00 – 280.00	265.00
Nikaweratiya	120.00 – 122.00	121.20	Welimada	–	–	Puttalam	–	–
Hambantota	–	–	Hanguranketha	–	–	A'pura	280.00 – 300.00	288.00
Ampara	123.00 – 125.00	123.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	55.00 – 65.00	59.00	Dambulla	40.00 – 50.00	46.20
Matara	125.00 – 130.00	126.75	Welimada	55.00 – 65.00	59.00	Hambantota	50.00 – 60.00	53.33
Hambantota	125.00 – 130.00	126.25	Hanguranketha	50.00 – 70.00	58.00	Embilipitiya	45.00 – 60.00	51.67
Embilipitiya	125.00 – 126.00	125.50	Raddish			Matara	–	–
Keeri Samba			N'Ellya	25.00 – 30.00	27.00	A'pura	40.00 – 50.00	44.00
A'pura	120.00 – 125.00	122.00	Welimada	20.00 – 25.00	22.80	Moneragala	40.00 – 50.00	44.00
P'naruwa	128.00 – 130.00	129.00	Hambantota	–	–	Cucumber		
Kalawewa	–	–	Hanguranketha	–	–	A'pura	40.00 – 50.00	44.00
Kurunegala	129.00 – 130.00	129.67	Cabbage			Dambulla	60.00 – 72.00	67.20
Dehiattakandiya	123.00 – 124.00	123.33	N'Ellya	130.00 – 145.00	136.00	Hambantota	60.00 – 70.00	66.67
Red Onion			Welimada	110.00 – 115.00	112.00	Matara	40.00 – 42.00	41.00
Puttalam	–	–	Badulla	90.00 – 100.00	95.00	Long Beans		
Jaffna	220.00 – 240.00	228.00	Hanguranketha	120.00 – 160.00	144.00	Dambulla	135.00 – 145.00	140.00
Big Onion			Tomato			Hambantota	90.00 – 100.00	96.67
Dambulla	190.00 – 210.00	198.00	Welimada	150.00 – 165.00	156.00	Embilipitiya	120.00 – 150.00	135.00
Kalawewa	–	–	Hambantota	200.00 – 220.00	213.33	Matara	90.00 – 120.00	102.50
A'pura	–	–	Dambulla	172.50 – 200.00	187.00	A'pura	200.00 – 220.00	208.00
Potato			Hanguranketha	–	–	Ash Plantain		
N'Ellya	220.00 – 250.00	232.00	Vegetable (Low Country)			Hambantota	–	–
Badulla	–	–	Ladies Fingers			Embilipitiya	120.00 – 140.00	128.75
Welimada	185.00 – 200.00	194.00	A'pura	80.00 – 100.00	88.00	Matara	120.00 – 130.00	123.75
Pulses			Dambulla	48.00 – 55.00	52.00	Lime		
Green Gram			Hambantota	90.00 – 100.00	96.67	Hambantota	–	–
Hambantota	–	–	Embilipitiya	80.00 – 100.00	91.25	Embilipitiya	200.00 – 220.00	207.50
Moneragala	520.00 – 530.00	524.00	Matara	60.00 – 70.00	63.75	Moneragala	250.00 – 300.00	270.00
Embilipitiya	500.00 – 520.00	510.00	Brinjal			Fruits (Rs/kg)		
Nikaweratiya	500.00 – 600.00	566.67	A'pura	180.00 – 200.00	188.00	Banana		
A'pura	500.00 – 550.00	520.00	Dambulla	100.00 – 135.00	122.00	Ambul		
Cowpea			Hambantota	100.00 – 110.00	103.33	Moneragala	80.00 – 90.00	84.00
Hambantota	–	–	Embilipitiya	100.00 – 140.00	122.50	Embilipitiya	50.00 – 60.00	55.00
Nikaweratiya	600.00 – 700.00	650.00	Matara	170.00 – 190.00	180.00	Hambantota	80.00 – 90.00	83.33
Moneragala	550.00 – 600.00	570.00	Welimada	–	–	Kolikuttu		
Embilipitiya	600.00 – 620.00	610.00	Capsicum			Moneragala	200.00 – 260.00	224.00
Maize			Badulla	350.00 – 400.00	375.00	Embilipitiya	200.00 – 250.00	227.50
A'pura	–	–	Welimada	480.00 – 520.00	496.00	Hambantota	200.00 – 220.00	206.67
Kalawewa	–	–	Bitter Gourd			Papaw		
Gingelly			A'pura	260.00 – 280.00	268.00	Moneragala	100.00 – 120.00	108.00
A'pura	–	–	Dambulla	240.00 – 280.00	258.00	Embilipitiya	130.00 – 150.00	138.75
Kalawewa	–	–	Hambantota	–	–	Hambantota	150.00 – 150.00	150.00
Black Gram			Embilipitiya	270.00 – 300.00	285.00	Pineapple		
A'pura	–	–	Matara	170.00 – 190.00	180.00	Divulapitiya	–	–
Kalawewa	–	–						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	230.00	-	250.00	240.00	-	260.00	230.00	-	240.00
Samba 2	-		-	-		-	-		-
Keeri Samba	250.00	-	260.00	260.00	-	270.00	260.00	-	275.00
Nadu 1	220.00	-	240.00	225.00	-	240.00	220.00	-	240.00
Nadu 2	-		-	-		-	-		-
Raw (Red)	210.00	-	220.00	210.00	-	220.00	210.00	-	230.00
Raw (White)	210.00	-	220.00	215.00	-	220.00	210.00	-	230.00
Imported									
Samba	290.00	-	300.00	-		290.00	-	320.00	300.00
Nadu	-		-	-		-	-	-	-
Raw (Red)	-		-	-		-	-	-	-
Raw (White)	-		-	-		-	-	-	-
Dried Chillies									
Imported	750.00	-	900.00	900.00	-	1200.00	900.00	-	1100.00
Red Onion									
Sinnan	320.00	-	350.00	360.00	-	380.00	320.00	-	320.00
Vedalan	400.00	-	480.00	400.00	-	480.00	440.00	-	480.00
Imported	-		-	-		-	-		-
Big Onion									
Imported	220.00	-	320.00	260.00	-	320.00	280.00	-	320.00
Local	-		-	-		-	320.00	-	360.00
Potato									
Welimada	290.00	-	320.00	360.00	-	400.00	360.00	-	400.00
N'Eliya	360.00	-	360.00	440.00	-	480.00	440.00	-	480.00
Imported	180.00	-	220.00	200.00	-	260.00	200.00	-	240.00
Pulses									
Green Gram	780.00	-	900.00	950.00	-	1100.00	1000.00	-	1000.00
Cowpea (White)	800.00	-	900.00	950.00	-	1000.00	800.00	-	1000.00
Cowpea (Red)	800.00	-	900.00	950.00	-	1000.00	800.00	-	1000.00
Red Dhal	290.00	-	300.00	290.00	-	360.00	280.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 40: 27 Sep-03 Oct 2024

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	300.00	-	400.00	400.00	-	480.00	360.00	-	400.00
Carrot	130.00	-	180.00	320.00	-	320.00	240.00	-	280.00
Leeks	180.00	-	250.00	320.00	-	360.00	320.00	-	320.00
Beetroot	150.00	-	180.00	240.00	-	320.00	240.00	-	320.00
Knolkhol	150.00	-	200.00	240.00	-	280.00	240.00	-	320.00
Raddish	100.00	-	150.00	240.00	-	240.00	200.00	-	200.00
Cabbage	200.00	-	240.00	400.00	-	400.00	320.00	-	320.00
Tomato	320.00	-	360.00	400.00	-	400.00	360.00	-	400.00
Ladies Fingers	160.00	-	180.00	280.00	-	320.00	240.00	-	240.00
Brinjal	200.00	-	350.00	400.00	-	400.00	320.00	-	320.00
Capsicum	400.00	-	600.00	600.00	-	800.00	420.00	-	800.00
Pumpkin	100.00	-	140.00	160.00	-	200.00	160.00	-	200.00
Cucumber	130.00	-	160.00	200.00	-	240.00	200.00	-	240.00
Bitter Gourd	350.00	-	400.00	480.00	-	480.00	360.00	-	480.00
Snake Gourd	220.00	-	260.00	360.00	-	400.00	320.00	-	400.00
Drumstick	560.00	-	700.00	800.00	-	800.00	600.00	-	800.00
Luffa	200.00	-	300.00	400.00	-	480.00	360.00	-	480.00
Long Beans	240.00	-	260.00	320.00	-	400.00	260.00	-	400.00
Ash Plantain	200.00	-	220.00	320.00	-	400.00	260.00	-	400.00
Green Chillies	250.00	-	260.00	500.00	-	600.00	360.00	-	600.00
Lime	400.00	-	500.00	700.00	-	800.00	500.00	-	800.00
<u>Root Crops</u>									
Sweet Potato	150.00	-	160.00	200.00	-	240.00	240.00	-	280.00
Manioc	160.00	-	180.00	200.00	-	220.00	220.00	-	200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	40.00	-	50.00	80.00	-	80.00	70.00	-	80.00
Kankun	40.00	-	50.00	80.00	-	80.00	70.00	-	80.00
Gotukola	100.00	-	100.00	120.00	-	120.00	130.00	-	120.00
<u>Coconut</u>									
Large	125.00	-	125.00	140.00	-	140.00	130.00	-	140.00
Small	105.00	-	105.00	100.00	-	100.00	110.00	-	125.00

29

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 40: 27 Sep-03 Oct 2024

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	150.00	-	200.00	260.00	-	300.00	280.00	-	300.00
Kolikuttu (Rs/Kg)	400.00	-	450.00	520.00	-	600.00	550.00	-	600.00
Seeni (Rs/Kg)	150.00	-	200.00	200.00	-	260.00	260.00	-	300.00
Anamalu	40.00	-	42.00	51.00	-	54.00	50.00	-	50.00
Ambun	52.00	-	60.00	72.00	-	76.00	70.00	-	70.00
<u>Pineapple</u>									
Large	650.00	-	700.00	850.00	-	850.00	900.00	-	950.00
Medium	500.00	-	580.00	660.00	-	660.00	700.00	-	750.00
30 Small	440.00	-	460.00	530.00	-	530.00	560.00	-	600.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	300.00	-	320.00	-	330.00	-	400.00	330.00	-
Vilad	130.00	-	140.00	-	160.00	-	180.00	180.00	-
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00	-	40.00	60.00	-	70.00	60.00	-	70.00
Orange	80.00	-	100.00	120.00	-	140.00	160.00	-	160.00
Avocado	160.00	-	200.00	250.00	-	260.00	250.00	-	260.00
Slime Apple	-	-	-	-	240.00	-	240.00	-	-
Grapes (Rs/Kg)	1600.00	-	1600.00	2200.00	-	2300.00	2000.00	-	2200.00
Papaw (Rs/Kg)	200.00	-	230.00	340.00	-	360.00	350.00	-	350.00
Passion	70.00	-	70.00	100.00	-	100.00	80.00	-	90.00
King Coconut	150.00	-	160.00	150.00	-	200.00	180.00	-	180.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 40: 27 Sep-03 Oct 2024

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	300.00	400.00	400.00	400.00	500.00	600.00	600.00	560.00	560.00
Hurulla	1000.00	1150.00	960.00	960.00	-	-	960.00	960.00	1000.00
Balaya	850.00	900.00	1100.00	1100.00	-	-	1100.00	1100.00	-
Kelawalla	1350.00	1450.00	2400.00	2400.00	2000.00	2000.00	2800.00	2800.00	2000.00
Thora	2300.00	2850.00	3200.00	3200.00	-	3400.00	3400.00	-	3000.00
Paraw	1350.00	1500.00	2400.00	2400.00	2000.00	2000.00	2600.00	2600.00	2600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2100.00	2200.00	1900.00	2000.00	2200.00	2200.00	1900.00	2000.00	1920.00
Talapath	2300.00	2650.00	3200.00	3200.00	3200.00	3200.00	3000.00	3000.00	3200.00
<u>Eggs (Rs/egg)</u>									
Brown	32.00	32.00	-	32.00	33.00	35.00	35.00	33.00	35.00
White	30.00	30.00	-	30.00	32.00	34.00	34.00	32.00	32.00
<u>Dried Fish</u>									
Sprats	1450.00	1500.00	1800.00	2000.00	2400.00	2400.00	1800.00	2000.00	2100.00
Kattawa	1800.00	2000.00	1800.00	2000.00	2000.00	2000.00	2200.00	2200.00	2100.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00	2000.00	2400.00	2400.00	2600.00	2600.00	2600.00	2400.00	2400.00
Balaya	1400.00	1700.00	1500.00	1600.00	1800.00	1800.00	1500.00	1800.00	1800.00
Anguluwa	-	2000.00	2000.00	2000.00	2400.00	2400.00	2400.00	2200.00	-
Salaya	700.00	800.00	1000.00	1000.00	1000.00	-	-	1000.00	-
<u>Meat</u>									
Beef (without Bones)	2500.00	2500.00	2500.00	2500.00	2600.00	2600.00	2500.00	2500.00	2600.00
Chicken (Broiler)	1100.00	1100.00	1200.00	1200.00	1180.00	1080.00	1180.00	1050.00	1100.00
Chicken (Curry)	1100.00	1100.00	1200.00	1200.00	1180.00	1180.00	1450.00	1000.00	1100.00
Mutton	3400.00	3400.00	3300.00	3300.00	3400.00	3400.00	3500.00	3500.00	3600.00
Pork	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	-	-	1200.00

31

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51

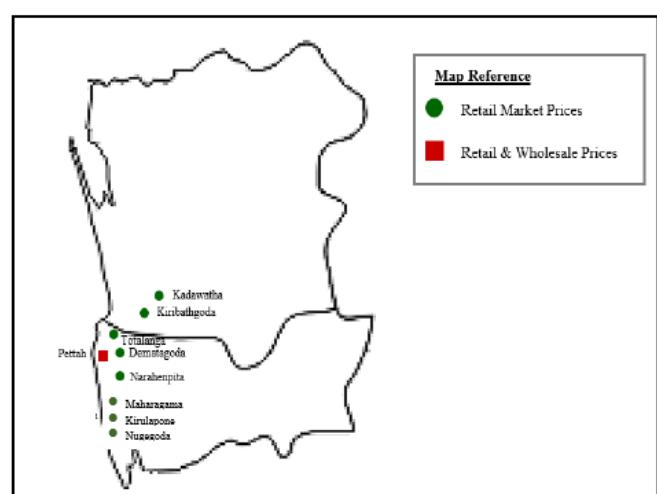
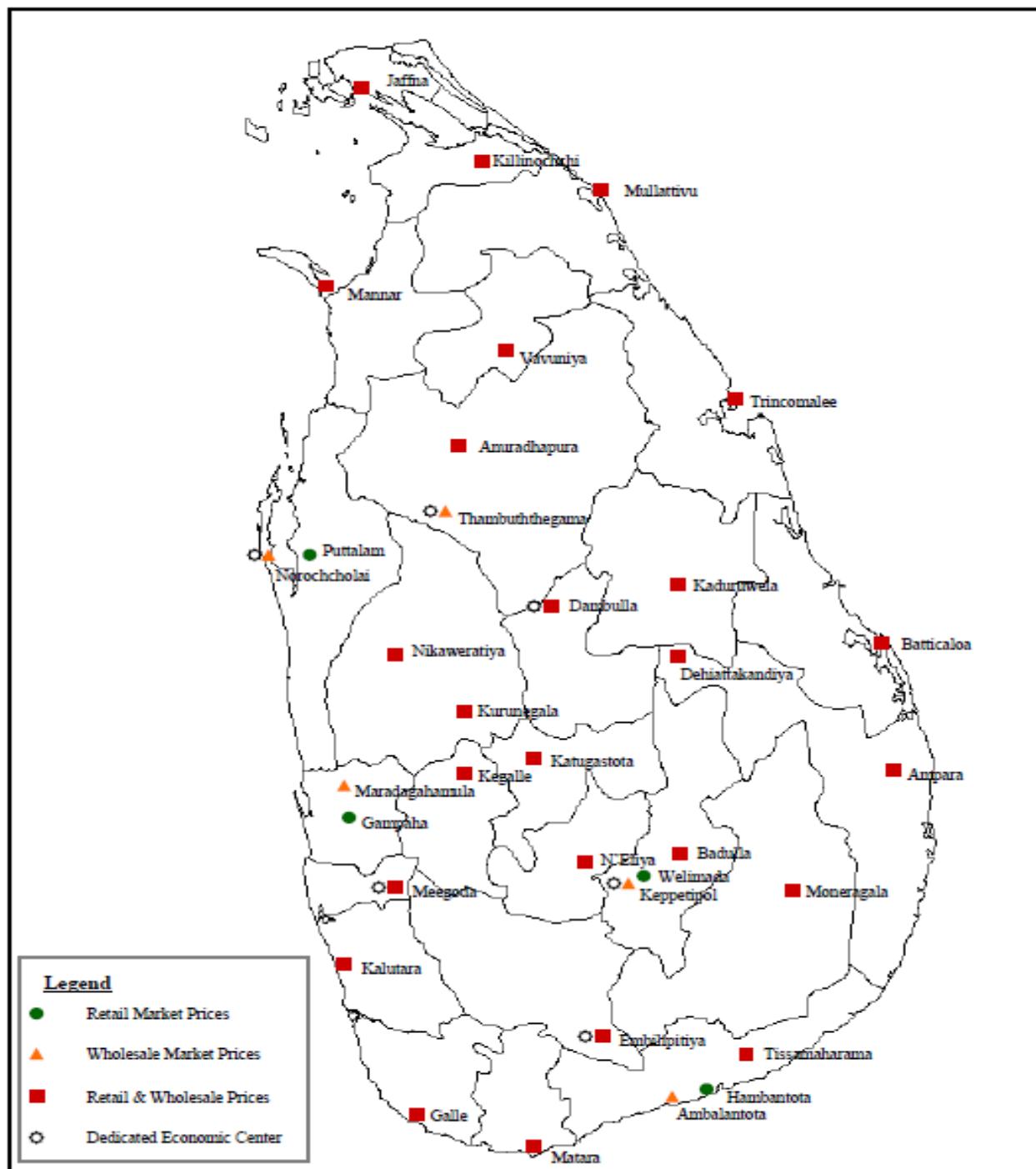
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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යොඩ්නික මිලටරි කොළ විල,
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