

## RETAIL MARKET AT A GLANCE

### Summary

#### Rice



Except all other rice varieties, price of keeri samba have increased by Rs.3.00/kg and the price ranged Rs.360.00-380.00/kg. Prices of all local rice varieties remained same, compared to last week. With the commencement of paddy harvesting of 23/24 maha season, the average farm gate paddy prices of major paddy varieties have decreased and further price decrease is expected in coming weeks.

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#### Other Field Crops



Price of both imported red onion and imported big onion has decreased by Rs.78.00/kg and Rs.4.00/kg respectively. The price of imported potato has increased by Rs.15.00/Kg when compared to previous week. The price of green gram has increased by Rs.13.00/kg.

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#### Vegetables



In line with the increase wholesale price, retail price of most of vegetable varieties also increased. Considering up country varieties, the highest price increase was reported for carrot as Rs.308.00/kg followed by leeks as Rs.76.00 /kg. Prices of knolkhol, raddish and cabbage have increased by Rs.25.00/kg, Rs.10.00/kg and Rs.7.00/kg respectively. Considering low country varieties, the highest price increase was reported for ladies fingers as Rs.62.00/kg. Pumpkin price stood at Rs.49.00/kg.

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#### Coconut



Prices of both large and small nuts have increased by Rs.1.00/nut and Rs.7.00/nut respectively. The price ranges were Rs.110.00-120.00 for a large nut and Rs.95.00-110.00 for a small nut.

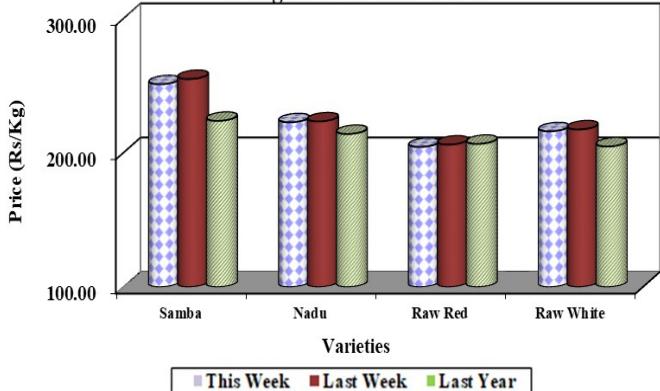
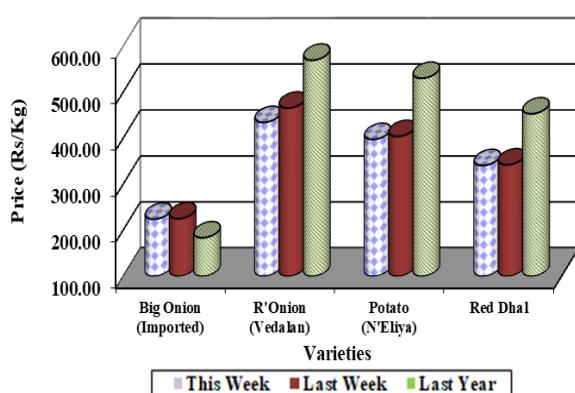
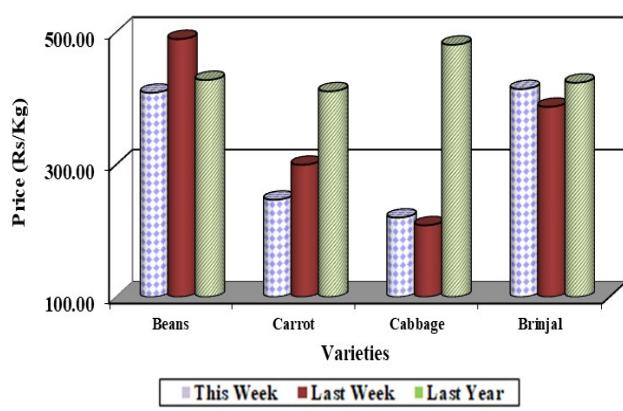
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#### Eggs



Prices of both brown and white eggs have increased by Rs.4.00/egg due to increased farm gate price. Price range was Rs.58.50- 60.00/egg for brown eggs and the average price of a white egg was Rs.57.00/egg.

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**Average Retail Prices of Rice****Average Retail Prices of Other Field Crops****Average Retail Prices of Vegetables**

## **Rice** **Wholesale**

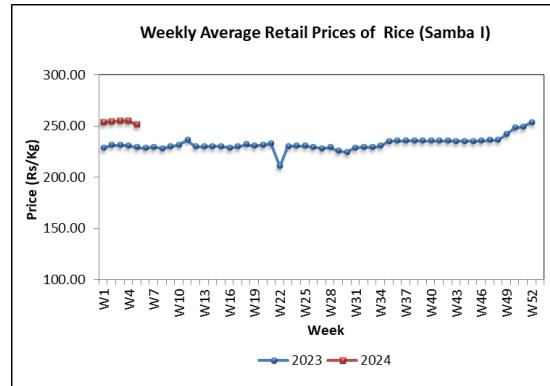
Prices of all local rice varieties except keeri samba have decreased with the availability of sufficient stocks compared to the previous week. Price of both samba grade I and II and nadu grade I and II have decreased slightly and the price ranged Rs.235.00-245.00/kg for samba grade I, Rs.230.00-238.00/kg for samba grade II and Rs.205.00-210.00/kg for nadu grade I, Rs.200.00-203.00/kg for nadu grade II. Prices of raw red and raw white have decreased by 2% and 5% and the price ranged Rs.170.00-185.00/kg, Rs.190.00-200.00/kg. Imported ponni samba was also available in the market and the price ranged Rs.275.00-280.00/kg.

Compared to the same period of last year, price of all local rice varieties except raw red have increased in the range of 8%-57% while the highest price increase was reported for keeri samba. Price of raw red has decreased by 2%. Further, prices of imported ponni samba has increased by 39%.

## **Retail**

Except all the other rice varieties, price of keeri samba have increased by Rs.3.00/kg and the price ranged Rs.360.00-380.00/kg. The price of samba I, nadu I, raw red, raw white and imported samba have decreased

by Rs.4.00/kg, Rs.1.00/kg, Rs.2.00/kg, Rs.1.00/kg and Rs.37.00/kg respectively.



Compared to the same period of last year, the retail prices of all rice varieties except raw red have increased with the highest price increase of 48% for keeri samba.

## **Paddy**

With the commencement of paddy harvesting of 23/24 maha season, the average farmgate paddy prices of major paddy varieties decreased and further price decrease is expected in coming weeks. Accordingly, the average price of shortgrain paddy has decreased by Rs.1.00-31.00/kg in major producing areas and prices ranged Rs.93.00-130.00/kg. Likewise, the average price of keeri samba paddy has also decreased in the range of Rs.3.00-23.00/kg and price range was between Rs.121.00-157.00/kg. Subsequently, a price decrease of Rs.1.00-22.00/kg was also reported for long grain white paddy and prices ranged Rs.78.00-115.00/kg. Further, the average price of long grain red paddy has decreased by

Rs.1.00-9.00/kg and prices ranged Rs.90.00-100.00/kg in major producing areas in the Southern province. with increased supply of newly harvested wet paddy stocks from Ampara, Akkareipattu areas it was reported significant price decrease of Rs.22.00-31.00/kg was reported in Dehiattakandiya area.

Compared to the same period of last year, the average farm gate paddy prices of all major paddy varieties have increased in the range of 3%-43% and the highest for keeri samba paddy.

### **Dried Chilies**

#### **Wholesale**

Prices of imported dried chilies have decreased by 2% due to availability of sufficient stocks and the price ranged Rs.880.00-980.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 28%.

#### **Retail**

Prices of imported dried chilies have decreased by Rs.3.00/kg and the price ranged Rs.1100.00-1400.00/kg.

Compared to the same period of last year, the retail prices of imported dried chilies has decreased by 25%.

### **Onion**

#### **Wholesale**

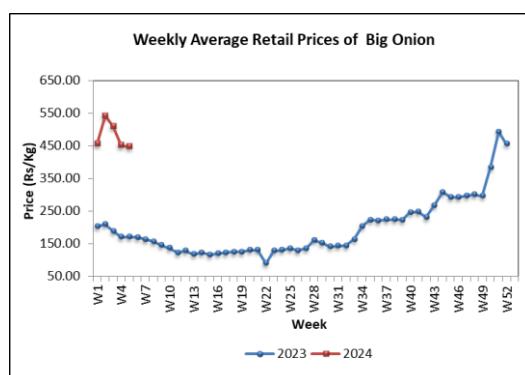
Prices of imported red onion has decreased by 13% due to availability of sufficient stocks and the price ranged Rs.230.00-280.00/kg.

Price of imported big onion has increased by 4% due to availability of high-quality stocks and the price ranged Rs.270.00-370.00/kg.

Compared to the same period of last year, prices of imported red onion has decreased by 32% while the price of imported big onion has increased by 148%.

#### **Retail**

The price of both imported red onion and imported big onion have decreased by Rs.78.00/kg and Rs.4.00/kg respectively and their prices ranged Rs.380.00-480.00/kg and Rs.400.00-480.00/kg respectively.



Compared to the same period of last year, the retail prices of imported red onion have

decreased by 26% and the price of imported big onion has increased by 16.2%.

### **Potato**

#### **Wholesale**

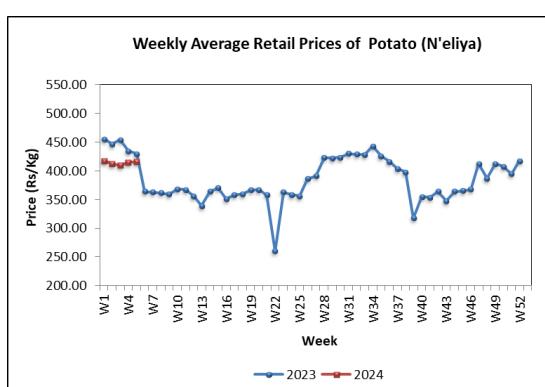
Price of Nuwara Eliya potato has increased slightly and the price ranged Rs.280.00-350.00/kg.

Price of imported potato has increased by 2% due to availability of high-quality stocks and the price ranged Rs.165.00-220.00/kg.

Compared to the same period of last year, price of Nuwara Eliya potato has increased by 1% and the price of imported potato has increased by 84%.

### **Retail**

The prices of both Nuwara Eliya and imported potatoes have increased by Rs.1.00/kg and Rs.15.00/kg respectively and their prices ranged Rs.380.00-440.00/kg and Rs.180.00-240.00/kg.



Compared to the same period of last year, retail prices of Nuwara Eliya potato have decreased by 3% and imported potato have increased by 34%.

### **Pulses**

#### **Wholesale**

Price range of green gram and red cowpea recorded in Rs.950.00-1000.00/kg and Rs.850.00-950.00/kg respectively. Price of white cowpea has decreased by 2% due to availability of low-quality stocks and the price ranged Rs.1000.00-1150.00/kg.

Price of red dhal has increased by 1% and the price ranged Rs.295.00-300.00/kg.

Compared to the same period of last year, price of all pulses expects white cowpea have decreased in the range of 15%-25%.

### **Retail**

The prices of green gram and red dhal have increased by Rs.13.00/kg and Rs.1.00/kg respectively and their prices ranged Rs.1100.00-1300.00/kg and Rs.320.00-360.00/kg respectively. The prices of cowpea white and cowpea red have decreased by Rs.1.00/kg and Rs.6.00/kg respectively and their prices ranged for both Rs.1200.00-1300.00/kg.

Compared to the same period of last year, retail prices of all pulse varieties have decreased by 10%-15%.

### **Vegetable**

#### **Wholesale**

Prices of most of the vegetables have increased due to decreased supply from most of the major producing areas.

Considering up country vegetables, except beans, prices of all other vegetables have increased due to decreased supply from Nuwara Eliya and Bandarawela areas. Accordingly, the highest price increase was reported for knolkhol as 29%, followed by carrot as 25%. Prices of leeks, raddish, beetroot and cabbage have increased in the range of 13%-22%. However, due to increased supply from Balangoda area, price of beans has decreased by 15%.

Due to decreased supply from Sooriyawewa area price of tomato has increased by 33% and with the decreased supply from all major producing areas, price of capsicum has increased by 13%.

Considering low country vegetables, the highest price increase was reported for pumpkin as 47% due to decreased supply from all major producing areas, followed by bitter gourd as 10%. Prices of brinjal, snake gourd, ladies fingers and ash plantain

have increased in the range of 1%-10% with slight changes in market demand. However, price of long beans has decreased by 19% with the decreased demand due to decreased price for beans. Prices of both cucumber and luffa has decreased by 2%.

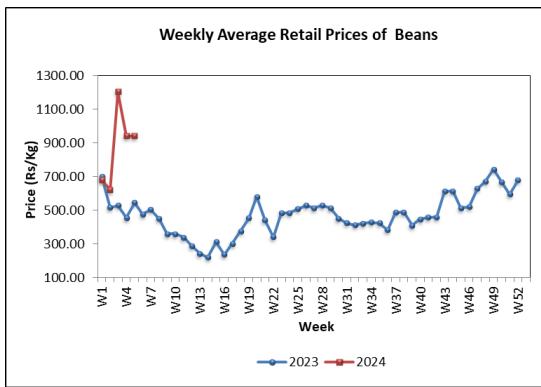
Due to increased supply from Puttalam area, price of green chilies has decreased by 10% and the price of lime has decreased by 4%.

Compared to the same period of last year, prices of all vegetables have increased and the highest was reported for cabbage as 1098%, followed by carrot as 1017% with the decreased supply from up country areas with the pre harvest losses experienced due to excessive rainy weather condition.

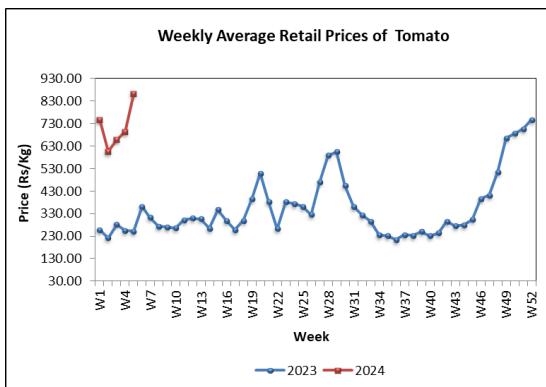
### **Retail**

In line with the increased wholesale price, retail price of most of vegetable varieties has also increased.

Considering up country varieties, the highest price increase was reported for carrot as Rs.308.00/kg followed by leeks as Rs.76.00 /kg. Prices of knolkhol, raddish and cabbage have increased by Rs.25.00/kg, Rs.10.00/kg and Rs.7.00/kg respectively.



Prices of tomato and capsicum have increased by Rs.168.00/kg and Rs.5.38/kg respectively.



Considering low country varieties, the highest price increase was reported for ladies fingers as Rs.62.00/kg followed by pumpkin as Rs.49.00/kg. Prices of brinjal, bitter gourd and ash plantain have increased by Rs.22.00/kg, Rs.13.00/kg and Rs.1.00/kg respectively. However, price of luffa and cucumber have decreased by Rs.47.00/kg and Rs.12.00/kg respectively.

Further, prices of green chilies have increased by Rs.88.00/kg and prices of lime have decreased by Rs.64.00/kg.

Compared to the same period of last year, prices of most of vegetable varieties have

increased and the highest price increase was reported as 545% for carrot.

## **Coconut**

### **Wholesale**

Prices of both large and small nuts have increased by 1%. Price ranges were Rs.95.00-105.00 for a large nut and Rs.80.00-90.00 for a small nut.

Compared to the same period of last year, prices of large and small nut have decreased by 1% and 6% respectively.

## **Retail**

Prices of both large and small nut have increased by Rs.1.00/nut and Rs.7.00/nut respectively. The price ranges were Rs.110.00-120.00 for a large nut and Rs.95.00-110.00 for a small nut.

Compared to the same period of last year, prices of small nuts have increased by 5%.

## **Fruits**

### **Wholesale**

Prices of most of fruit varieties have increased with limited availability of stocks. The highest price increase was reported as 60% for karthakolomban mango with end of the harvesting seasons. Prices of wood apple and avocado have increased by 46% and

21% respectively with limited supply with approaching of the harvesting season. Prices of papaw have increased by 13% with availability of limited stocks. Prices of all banana varieties have increased in the range of 1%-12% with limited quality stocks. Further, prices of imported grapes have increased by 10% while prices of all sizes of pineapple have increased in the range of 5%-7% with limited supply of sufficient stocks. In addition, prices of king coconut have increased by 5% with high demand. Price of passion fruit increased slightly.

However, prices of slime apple and orange have decreased by 9% and 2% with availability of low-quality stocks.

Compared to the same period of last year, prices of the most of fruit varieties have increased while the highest price increase was reported for orange as 212%.

### Retail

Prices of the most of the fruit varieties have increased in line with increased wholesale prices. The highest price increase of Rs.86.00/fruit was reported for karthakolomban due to unavailability of sufficient stocks in the market. Moreover, the price of imported grapes has increased by Rs.54.00/kg. Further, the prices of avocado and passion fruit have increased by

Rs.41.00/fruit and Rs.29.00/fruit respectively.

In addition, the prices of small, medium and large sized pineapple have increased in the range of Rs.10.00/fruit- Rs.25.00/fruit due to unavailability of sufficient stocks. Moreover, the price of papaw has increased by Rs.25.00/kg. Fuhrer, the prices of seeni, kolikuttu and ambul banana have increased in the range of Rs.5.00/kg - Rs.12.00/kg. The price of wood apple has increased by Rs.4.00/fruit.

Meanwhile, the highest price decrease of Rs.15.00/fruit was reported for orange due to availability of sufficient stocks in the market.

Compared to the same period of last year, price of the most of the fruit varieties have increased and the highest price increase was reported for passion fruit as 113%.

### Fresh Fish

### Wholesale

Wholesale prices of the most of the fresh fish types have increased due to decrease in wholesale supply compared to demand. The highest price increase of 16% was noted for kelawalla due to low supply from Beruwala, Galle and Mirissa areas and the

price ranged between Rs.850.00-1400.00/kg. Price increase of 15% was noted for paraw due to low supply from Northern areas, and the price ranged Rs.1200.00-1450.00/kg. Likewise, a price increase of 10% was noted for balaya due to low supply from Valachchenai, Beruwala and Negombo areas and the price ranged between Rs.500.00-780.00/kg. Also, wholesale prices of salaya, hurulla and shrimps have increased by 3%-8%.

However, a price decrease of 10% was noted for thora due to high supply from Kalpitiya, Valachchenai and Mullaitivu areas and the price ranged between Rs.1650.00-2200.00/kg. Likewise, a price decrease of 7% was noted for thalapath due to high supply from Negombo, Beruwala and Kalmunai areas and the price ranged between Rs.1400.00-2100.00/kg. In addition, price of mora has decreased by 2%.

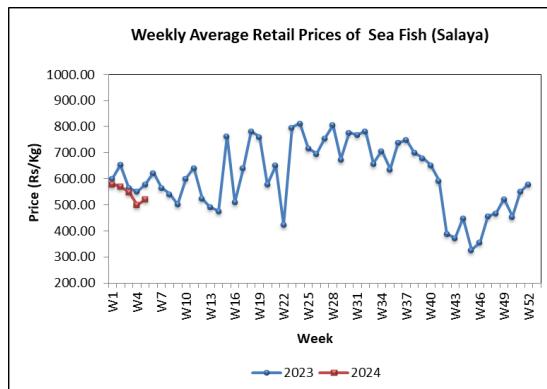
Compared to the same period of last year, wholesale prices of the most of the fresh fish types have increased in the range of 2%-27% and the highest price increase was noted for shrimps.

### **Retail**

In line with increased wholesale prices, retail prices of the most types of fresh fish have also increased due to decreased

supply. The highest price increase of Rs.389.00/kg was reported for balaya and Rs.263.00/kg for thora. Prices of shrimp and paraw have increased in the range of Rs.60.00-226.00/kg. Further, kelawalla and salaya have increased by Rs.54.00/kg and Rs.21.00/kg respectively.

However, prices of thalapath and hurulla have decreased by Rs.45.00/kg and Rs.19.00/kg respectively.



Compared to the same period of last year, prices of most types of fresh fish have increased in the range of 2%-18% and the highest price increase was reported for paraw.

### **Dried Fish**

#### **Wholesale**

Due to decrease of local dried fish supply, prices of the most of the local and imported dried fish types have increased. The highest price increase of 11% was noted for local sprats due to low supply from

Trincomalee, Mannar and Negombo areas and the price ranged between Rs.1600.00-2000.00/kg. Likewise, a price increase of 10% was noted for local salaya due to low supply from Chilaw and Puttalam areas and the price ranged between Rs.450.00-550.00/kg. In addition, wholesale prices of local balaya, imported kattawa and local maduwa have increased by 1%-2%.

However, a price decrease of 3% was noted for imported anguluwa due to high supply from Oman and Indonesia and the price ranged between Rs.1400.00-1550.00/kg. In addition, price of imported sprats has decreased by 2%.

Compared to the same period of last year, wholesale prices of most of the dried fish types have increased in the range of 4%-40% and the highest price increase was reported for local sprats.

### **Retail**

In line with increased wholesale prices, retail prices of most types of dried fish have also increased due to insufficient stocks in the market. The highest price increase of Rs.201.00/kg was reported for local sprats and Rs.27.00/kg for balaya. Prices of kattawa and mora have increased by Rs.7.00/kg and Rs.4.00/kg respectively.

However, prices of salaya, anguluwa and imported sprats have decreased by Rs.143.00/kg, Rs.27.00/kg and

Rs.26.00/kg respectively due to decrease in demand with higher prices recorded.

Compared to the same period of last year, prices of most types of dried fish have decreased in the range of 1%-14% and the highest price decrease was reported for kattawa.

### **Eggs**

#### **Wholesale**

Prices of both brown and white eggs have increased by 8% and their prices ranged between Rs.56.00-59.00/egg and Rs.54.00-57.00/egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 27% and 28% respectively.

#### **Retail**

Prices of both brown and white eggs have increased by Rs.4.00/egg due to increased farmgate price. Price range Rs.58.50-60.00/egg for brown eggs and average price of a white egg was Rs.57.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 29% and 30% respectively.

**Meat**

**Retail**

Prices of beef and skinless curry chicken have decreased by Rs.125.00/kg and Rs.66.00/kg respectively due to low demand. Further, price of mutton has decreased by Rs.13.00/kg.

However, prices of skinless broiler chicken and pork have increased by Rs.21.00/kg and Rs.8.00/kg due to limited supply and increased farm gate prices.

Compared to the same period of last year, prices of most types of meat have increased in the range of 2%-10% with the highest price increase was reported for mutton.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

**EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50kg bag)**

Week 05: 26 January-01 February 2024

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	11750 –	12250	11500 –	11900	17000 –	17500	10250 –	10500	10000 –	10150	8500 –	9250	9500 – 10000
	Divulapitiya	11900 –	12650	11250 –	11500	16500 –	16650	10500 –	10700	9700 –	10300	8600 –	9200	9200 – 9800
	Kurunegala	12200 –	12500	11500 –	11500	16500 –	16500	10600 –	10750	9600 –	9900	9000 –	9250	9150 – 9650
	Nikaweratiya	–		11000 –	11250	18000 –	18000	10650 –	10700	9500 –	10000	9000 –	9750	9350 – 9500
	Badulla	–		11500 –	11500	–		10500 –	10750	–		8750 –	9000	9900 – 97500
	Puttalam	–		11200 –	11350	–		10700 –	10850	9750 –	10250	10000 –	10250	9600 – 9750
	Dambulla	12400 –	12500	11750 –	12000	–		10700 –	10750	10300 –	10400	9750 –	10000	9750 – 9900
	Anuradhapura	11750 –	12250	11500 –	11500	17000 –	17500	10750 –	10900	10000 –	10250	10000 –	10250	9750 – 10250
	Tambuttegama	–		11250 –	11400	–		–		9900 –	10200	–		9700 – 9800
	Polonnaruwa	12350 –	12600	11850 –	11900	–		10700 –	10750	9700 –	9750	10200 –	10250	9700 – 9750
	Kalutara	–		11800 –	11900	–		–		10100 –	10250	9000 –	9250	10250 – 10400
	Ampara	–		11500 –	11500	–		10900 –	11000	–		8750 –	8750	9250 – 9250
	Kandy	11900 –	12200	11500 –	11600	16700 –	16750	10400 –	10600	10000 –	10200	8750 –	9250	9800 – 10000
	Moneragala	12000 –	12500	–		17000 –	17500	10750 –	10850	–		8500 –	8750	9250 – 9750
	Kegalle	–		–		–		–		–		–	–	–
	Dehiattakandiya	–		–		–		10750 –	10850	10250 –	10250	10250 –	10250	9500 – 10250
	Hambantota	11750 –	12000	–		–		–		–		8150 –	8500	9750 – 10250
	Matara	–		–		–		10500 –	10800	–		8250 –	8500	10000 – 10250
	Galle	–		–		–		10750 –	10900	–		8250 –	8750	9500 – 10400
	Meegoda	–		11250 –	11500	–		–		9750 –	10000	8150 –	8600	9500 – 9600
	Tissamaharama	11750 –	12250	11250 –	11500	16750 –	17750	10750 –	11000	–		7800 –	8250	9750 – 10250
	Embiliptiya	–		11400 –	11450	–		10500 –	10600	9950 –	10050	7900 –	8000	9400 – 9500
	Jaffna	12000 –	12250	–		17250 –	17800	10500 –	10750	9750 –	10250	8500 –	8700	10000 – 10250
	Vavuniya	–		–		–		10450 –	10600	10000 –	10250	8750 –	8900	10000 – 10200
	Mannar	12000 –	12250	–		17750 –	18000	10500 –	10750	10100 –	10250	9000 –	9250	10000 – 10250
	Killinochchi	11750 –	12000	–		17750 –	18000	10500 –	10750	9500 –	9750	8700 –	8800	9750 – 10000
	Mullattivu	–		–		–		–		–		–	–	–
	Batticaloa	11750 –	11900	–		–		10250 –	10350	9700 –	9900	8850 –	8950	10150 – 10400
	Trincomalee	11750 –	12000	–		17000 –	17250	10250 –	10500	9500 –	9750	8600 –	8900	10250 – 10500
	Galenbindunuwew	11750 –	12000	11500 –	11500	17500 –	17750	10850 –	10850	10400 –	10600	10000 –	10250	9750 – 10250
	Matale	12250 –	12500	11650 –	11750	–		10500 –	10750	9750 –	10000	9000 –	9250	9500 – 10000



**Table 04: Selected Markets:Wholesale Price of Subsidiary Food (Rs/50kg)**

Week 05: 26 January-01 February 2024

LOCATION	Dried Chillies	Red Onion			Big Onion	Potato			Pulses					
	Imported	Imported	Local			Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal			
	Imported	Imported	Local			Imported	Welimada	Nuwara Eliya	Imported	Imported	Imported			
Colombo	44000 - 49000	11500 - 14000	-		13500 - 18500	8250 - 11000	-	14000 - 17500	47500 - 50000	50000 - 57500	14750 - 15000			
Kurunegala	45500 - 47500	13750 - 14750	-		17500 - 18750	9250 - 9750	-	-	52500 - 55000	47500 - 55000	15150 - 15500			
Nikaweratiya	44000 - 46250	14500 - 16500	-		17500 - 19500	8500 - 9500	-	-	47000 - 48750	45000 - 51500	15000 - 15250			
Dehiattakandiya	47500 - 55000	15000 - 18000	-		19000 - 19000	9000 - 10500	-	-	42500 - 42500	-	15000 - 16500			
Dambulla (DEC)	42500 - 44000	11000 - 12000	-		14500 - 16000	8250 - 8750	-	17000 - 17500	40000 - 42500	40000 - 45000	14750 - 15000			
Anuradhapura	50000 - 55000	16000 - 20000	-		17500 - 20000	9250 - 11000	-	-	50000 - 55000	52500 - 57500	15000 - 15500			
Thambuththegama	44000 - 47500	14500 - 16000	18000 - 19000		13500 - 17750	8500 - 9250	-	16000 - 17500	40000 - 42500	42500 - 42500	14850 - 15250			
Polonnaruwa	57000 - 58000	19000 - 20000	-		20000 - 21000	10000 - 10250	-	19500 - 20500	52000 - 55000	50000 - 50000	15500 - 16250			
Kaluthara	47500 - 49000	14000 - 16000	-		16000 - 17000	9000 - 9500	-	16900 - 17100	49000 - 50000	57500 - 59000	14750 - 15000			
Puttalam	45000 - 50000	-	15000 - 17000		20000 - 21500	8500 - 9250	-	-	44000 - 46000	-	15400 - 15600			
Kandy	50000 - 51000	12500 - 13000	-		13500 - 14000	8500 - 9250	-	17000 - 17500	47500 - 50000	50000 - 52500	15000 - 15250			
Matara	52500 - 55000	14500 - 17500	-		16500 - 17500	9000 - 10000	-	19000 - 20000	49000 - 54000	49000 - 54000	15250 - 15750			
Hambantota	52000 - 55000	13500 - 16000	-		16500 - 18500	9000 - 10000	-	-	47500 - 52500	47500 - 55000	15250 - 15750			
Kegalle	45000 - 50000	15000 - 15500	-		17500 - 18000	9250 - 9500	-	17500 - 18000	47000 - 47500	47500 - 49000	15400 - 16500			
Galle	50000 - 55000	17500 - 20000	-		15000 - 18000	9000 - 9500	-	14500 - 15000	50000 - 52500	54000 - 57500	14900 - 15750			
Tissamaharama	47500 - 52500	14000 - 16000	-		16500 - 18500	9000 - 11000	-	18500 - 19000	42500 - 50000	45000 - 55000	15250 - 15750			
Meegoda (DEC)	44000 - 51000	12500 - 13000	-		14000 - 14250	8500 - 9000	-	16500 - 17000	48500 - 52500	55000 - 55000	14750 - 15000			
Jaffna	50000 - 52500	-	17000 - 18000		16000 - 16500	9000 - 9400	-	-	42500 - 43000	54500 - 55000	14750 - 15000			
Vavuniya	57500 - 59000	13500 - 14500	-		18000 - 19000	10000 - 10750	-	-	40000 - 42500	-	15250 - 15500			
Mannar	46000 - 47500	17500 - 18000	-		17500 - 18000	9750 - 10000	-	-	49000 - 50000	-	15300 - 15500			
Killinochchi	49000 - 51000	19000 - 21000	-		19000 - 21000	10000 - 11000	-	-	45000 - 47000	-	15000 - 15500			
Mullattivu	-	-	-		-	-	-	-	-	-	-			
Batticaloa	51000 - 52500	17500 - 19000	-		19500 - 20000	10000 - 10750	-	22000 - 23000	50750 - 51500	52500 - 53500	15000 - 15350			
Trincomalee	52500 - 55000	13000 - 15000	-		13000 - 15000	8500 - 9500	-	-	52000 - 54000	-	15000 - 15300			
Galenbindunuwewa	50000 - 56000	17000 - 20000	-		18750 - 20000	9750 - 11000	-	-	50000 - 57500	52500 - 55000	15000 - 16250			
Matale	47500 - 50000	15000 - 16000	-		16000 - 18000	8500 - 9500	-	-	47500 - 50000	45000 - 50000	14750 - 15000			





**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	200.00 - 300.00	280.00 - 350.00	700.00 - 900.00	150.00 - 200.00	160.00 - 200.00	100.00 - 120.00
Meegoda (DEC)	250.00 - 300.00	280.00 - 320.00	1100.00 - 1200.00	150.00 - 200.00	180.00 - 220.00	120.00 - 130.00
Moneragala	350.00 - 400.00	240.00 - 300.00	1100.00 - 1200.00	150.00 - 200.00	150.00 - 170.00	80.00 - 100.00
Dambulla (DEC)	250.00 - 320.00	280.00 - 350.00	900.00 - 1100.00	100.00 - 140.00	150.00 - 170.00	70.00 - 90.00
Keppetipola (DEC)	280.00 - 300.00	280.00 - 300.00	950.00 - 1050.00	120.00 - 140.00	140.00 - 160.00	90.00 - 100.00
Norochchhole (DEC)	180.00 - 250.00	-	800.00 - 1000.00	-	-	120.00 - 140.00
Nuwara Eliya	320.00 - 340.00	300.00 - 320.00	1100.00 - 1200.00	150.00 - 160.00	180.00 - 190.00	100.00 - 110.00
Kandy	280.00 - 320.00	280.00 - 320.00	850.00 - 900.00	130.00 - 150.00	160.00 - 180.00	90.00 - 100.00
Hambantota	250.00 - 300.00	250.00 - 280.00	1000.00 - 1200.00	150.00 - 200.00	150.00 - 180.00	100.00 - 150.00
Thambuththegama (DEC)	260.00 - 300.00	200.00 - 250.00	1000.00 - 1200.00	100.00 - 130.00	160.00 - 190.00	90.00 - 120.00
Tissamaharama	250.00 - 280.00	230.00 - 260.00	1000.00 - 1050.00	180.00 - 220.00	200.00 - 250.00	100.00 - 150.00
Jaffna	530.00 - 550.00	220.00 - 240.00	1100.00 - 1140.00	120.00 - 150.00	230.00 - 250.00	140.00 - 160.00
Bandarawela	-	-	900.00 - 950.00	-	160.00 - 180.00	100.00 - 120.00
Veyangoda	320.00 - 350.00	300.00 - 320.00	1000.00 - 1200.00	140.00 - 180.00	180.00 - 190.00	120.00 - 140.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/bundle)</b>			<b>Coconut (Rs/nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	45.00 - 50.00	45.00 - 50.00	300.00 - 380.00	95.00 - 105.00	80.00 - 90.00
Meegoda (DEC)	80.00 - 90.00	80.00 - 90.00	270.00 - 270.00	105.00 - 110.00	85.00 - 90.00
Norochchhole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	85.00 - 95.00	70.00 - 75.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	125.00 - 130.00	80.00 - 85.00	68.00 - 70.00
Kandy	50.00 - 55.00	50.00 - 60.00	260.00 - 270.00	90.00 - 95.00	68.00 - 72.00
Hambantota	60.00 - 70.00	60.00 - 70.00	240.00 - 270.00	-	-
Thambuththegama (DEC)	30.00 - 40.00	30.00 - 40.00	-	75.00 - 85.00	-
Tissamaharama	50.00 - 60.00	50.00 - 60.00	210.00 - 240.00	90.00 - 105.00	65.00 - 80.00
Jaffna	80.00 - 100.00	35.00 - 42.00	180.00 - 200.00	78.00 - 84.00	50.00 - 52.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	-	90.00 - 95.00	-

*Colombo, Meegoda, Norochchhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg*

















**Table 13: Selected Markets: Retail Price of Meat (Rs/kg)**

Week 05: 26 January-01 February 2024

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 – 2500.00	1250.00 – 1410.00	1000.00 – 1400.00	3200.00 – 3400.00	1250.00 – 1300.00
Gampaha	2200.00 – 2200.00	1200.00 – 1200.00	–	3300.00 – 3300.00	1200.00 – 1200.00
Kurunegala	2000.00 – 2200.00	1150.00 – 1200.00	–	3000.00 – 3200.00	1350.00 – 1400.00
Nikaweratiya	2200.00 – 2400.00	1150.00 – 1250.00	–	–	–
Dambulla	–	1200.00 – 1280.00	–	–	1400.00 – 1500.00
Anuradhapura	2000.00 – 2000.00	1150.00 – 1250.00	–	3400.00 – 3400.00	1300.00 – 1450.00
Thambuththegama	2000.00 – 2200.00	1000.00 – 1200.00	1100.00 – 1300.00	–	1450.00 – 1500.00
Polonnaruwa	1800.00 – 1800.00	1200.00 – 1280.00	–	–	–
Kaluthara	2200.00 – 2300.00	1200.00 – 1300.00	1360.00 – 1400.00	–	1300.00 – 1420.00
Badulla	–	1300.00 – 1380.00	–	2900.00 – 2900.00	–
Keppetipola	2100.00 – 2200.00	1150.00 – 1260.00	1350.00 – 1380.00	3000.00 – 3100.00	–
Moneragala	2100.00 – 2100.00	1250.00 – 1350.00	1500.00 – 1600.00	2800.00 – 3000.00	1500.00 – 1600.00
Kegalle	2200.00 – 2200.00	1280.00 – 1290.00	–	3000.00 – 3000.00	1500.00 – 1600.00
Ampara	2100.00 – 2100.00	1000.00 – 1000.00	1125.00 – 1300.00	–	1400.00 – 1650.00
Dehiattakandiya	1900.00 – 1900.00	1000.00 – 1180.00	–	–	1230.00 – 1500.00
Nuwaraeliya	2200.00 – 2300.00	1200.00 – 1280.00	1380.00 – 1450.00	3200.00 – 3300.00	1500.00 – 1600.00
Kandy	2200.00 – 2200.00	1120.00 – 1140.00	1350.00 – 1400.00	3000.00 – 3000.00	1450.00 – 1500.00
Puttalam	2000.00 – 2200.00	1260.00 – 1350.00	–	3200.00 – 3200.00	–
Hambantota	–	1180.00 – 1200.00	–	–	–
Rathnapura	2200.00 – 2200.00	1100.00 – 1200.00	1180.00 – 1350.00	3200.00 – 3200.00	–
Matara	–	1160.00 – 1200.00	–	–	–
Galle	2200.00 – 2200.00	1150.00 – 1200.00	–	3200.00 – 3200.00	–
Tissamaharama	–	1100.00 – 1200.00	–	2800.00 – 2800.00	1400.00 – 1600.00
Meegoda	–	1180.00 – 1220.00	1250.00 – 1400.00	3300.00 – 3300.00	1500.00 – 1500.00
Embiliptiya	2150.00 – 2200.00	1000.00 – 1200.00	1200.00 – 1300.00	2900.00 – 3000.00	1450.00 – 1600.00
Jaffna	2000.00 – 2100.00	1150.00 – 1200.00	1450.00 – 1550.00	3450.00 – 3550.00	–
Vavuniya	2000.00 – 2200.00	1300.00 – 1400.00	–	2900.00 – 3100.00	–
Mannar	1800.00 – 1900.00	1320.00 – 1320.00	–	–	–
Killinochchi	1900.00 – 1950.00	1350.00 – 1400.00	1600.00 – 1650.00	3000.00 – 3200.00	–
Mullaittivu	–	–	–	–	–
Batticaloa	1700.00 – 1800.00	1200.00 – 1250.00	1500.00 – 1600.00	3300.00 – 3400.00	–
Trincomalee	1950.00 – 2000.00	1350.00 – 1400.00	1650.00 – 1700.00	–	–
Veyangoda	2200.00 – 2200.00	1150.00 – 1150.00	–	2950.00 – 3000.00	1300.00 – 1300.00
Galenbindunuwewa	1900.00 – 1900.00	1140.00 – 1140.00	–	–	1400.00 – 1500.00
Bandarawela	2000.00 – 2200.00	1250.00 – 1300.00	–	3000.00 – 3200.00	–
Matale	2000.00 – 2200.00	1200.00 – 1260.00	1300.00 – 1400.00	2800.00 – 3000.00	1500.00 – 1600.00







**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)**

**Week 05: 26 January-01 February 2024**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b>Rice</b>									
<b>Local</b>									
Samba 1	260.00	-	260.00	230.00	-	260.00	230.00	-	260.00
Samba 2	-		-	-		-	-		-
Keeri Samba	360.00	-	380.00	370.00	-	370.00	370.00	-	370.00
Nadu 1	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00
Nadu 2	-		-	-		-	-		-
Raw (Red)	200.00	-	210.00	190.00	-	200.00	200.00	-	210.00
Raw (White)	210.00	-	220.00	210.00	-	220.00	210.00	-	220.00
<b>Imported</b>									
Samba	280.00	-	290.00	300.00	-	300.00	300.00	-	300.00
Nadu	-		-	-		-	-		-
Raw (Red)	-		-	-		-	-		-
Raw (White)	-		-	-		-	-		-
<b>Dried Chillies</b>									
Imported	1100.00	-	1200.00	1200.00	-	1400.00	1300.00	-	1400.00
<b>Red Onion</b>									
Sinnan	-		-	-		-	-		-
Vedalan	-		-	-		-	-		-
Imported	380.00	-	400.00	450.00	-	480.00	400.00	-	480.00
<b>Big Onion</b>									
Imported	420.00	-	420.00	460.00	-	460.00	400.00	-	450.00
Local	-		-	-		-	-		-
<b>Potato</b>									
Welimada	-		-	-		-	-		-
N'Eliya	440.00	-	440.00	380.00	-	400.00	400.00	-	440.00
Imported	200.00	-	230.00	200.00	-	220.00	220.00	-	240.00
<b>Pulses</b>									
Green Gram	1100.00	-	1200.00	1300.00	-	1300.00	1200.00	-	1200.00
Cowpea (White)	1200.00	-	1200.00	1300.00	-	1300.00	1300.00	-	1300.00
Cowpea (Red)	1200.00	-	1200.00	1300.00	-	1300.00	1200.00	-	1200.00
Red Dhal	320.00	-	320.00	340.00	-	360.00	340.00	-	360.00



## Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/fruit)

Week 05: 26 January-01 February 2024

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Plantain</u></b>									
Ambul (Rs/Kg)	150.00	-	280.00	260.00	-	280.00	280.00	-	240.00
Kolikuttu (Rs/Kg)	350.00	-	450.00	440.00	-	450.00	450.00	-	500.00
Seeni (Rs/Kg)	150.00	-	220.00	240.00	-	250.00	260.00	-	260.00
Anamalu	30.00	-	35.00	40.00	-	42.00	35.00	-	44.00
Ambun	40.00	-	46.00	50.00	-	52.00	50.00	-	58.00
<b><u>Pineapple</u></b>									
Large	780.00	-	800.00		-	750.00	750.00	-	850.00
Medium	600.00	-	650.00	600.00	-	650.00	600.00	-	700.00
30 Small	460.00	-	480.00	550.00	-	550.00	500.00	-	580.00
<b><u>Mango</u></b>									
Betti	-		-			-			
Karthakoloman	-		-			-	260.00	-	260.00
Vilad	-		-			-			
Kohu	-		-			-			
<b><u>Other Fruits</u></b>									
Wood Apple	70.00	-	90.00	120.00	-	120.00	100.00	-	120.00
Orange	100.00	-	110.00	80.00	-	80.00	140.00	-	200.00
Avocado	280.00	-	300.00		-	300.00	200.00	-	200.00
Slime Apple	35.00	-	40.00	80.00	-	100.00	80.00	-	100.00
Grapes (Rs/Kg)	1700.00	-	1800.00	2000.00	-	2500.00	2000.00	-	2600.00
Papaw (Rs/Kg)	180.00	-	300.00	280.00	-	300.00	350.00	-	260.00
Passion	140.00	-	150.00		-	250.00	250.00	-	250.00
King Coconut	130.00	-	150.00	150.00	-	150.00	150.00	-	150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)**

**Week 05: 26 January-01 February 2024**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Sea Fish</i></b>									
Salaya	300.00	400.00	580.00	600.00	580.00	600.00	600.00	500.00	500.00
Hurulla	600.00	700.00	900.00	900.00	900.00	900.00	1000.00	800.00	820.00
Balaya	820.00	900.00	1600.00	1600.00	-	-	-	1600.00	-
Kelawalla	1500.00	1600.00	2200.00	2200.00	2000.00	2200.00	2400.00	2000.00	2000.00
Thora	2400.00	2500.00	3800.00	3800.00	3800.00	3800.00	3400.00	3000.00	3200.00
Paraw	1650.00	1700.00	-	-	2600.00	2600.00	2400.00	2400.00	2400.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1900.00	2000.00	2000.00	2100.00	2000.00	2100.00	2100.00	2200.00	2100.00
Talapath	1800.00	2000.00	2800.00	3000.00	3000.00	3000.00	2800.00	2800.00	3000.00
31 <b><i>Eggs (Rs/egg)</i></b>									
Brown	60.00	60.00	59.50	60.00	59.50	60.00	59.00	59.00	59.00
White	58.00	58.00	58.00	58.00	58.00	58.00	56.00	56.00	56.00
<b><i>Dried Fish</i></b>									
Sprats	2200.00	2400.00	2400.00	2400.00	2600.00	2600.00	2400.00	2000.00	2000.00
Kattawa	1800.00	2200.00	1900.00	2200.00	2000.00	2200.00	2200.00	2200.00	2200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00	2400.00	2200.00	2400.00	2400.00	2500.00	2400.00	2500.00	2500.00
Balaya	1600.00	1800.00	1600.00	1800.00	1600.00	1800.00	1600.00	1800.00	1800.00
Anguluwa	-	-	-	-	2400.00	2400.00	-	2400.00	2800.00
Salaya	1000.00	1000.00	1000.00	1100.00	1100.00	1100.00	1000.00	1100.00	1000.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	-	-	2500.00	2500.00	-	2200.00	2200.00	-
Chicken (Broiler)	1280.00	1280.00	1280.00	1280.00	1270.00	1280.00	1250.00	1250.00	1250.00
Chicken (Curry)	1210.00	1210.00	1200.00	1200.00	1200.00	1200.00	1000.00	1200.00	1210.00
Mutton	-	3200.00	3200.00	3200.00	3200.00	3200.00	-	3300.00	3400.00
Pork	-	1300.00	1300.00	-	-	-	-	1300.00	1250.00



Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	390	3.67	39.92	-	0.05	0.11	14.86	-				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51

#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

**Source:** Sri Lanka Food Composition Tables, Ministry of Health - 2021.

# Price Collecting Areas





HARTI



Ministry of Agriculture

## Food Systems and Market Research Division & Data Management Division

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