

WEEKLY FOOD COMMODITIES BULLETIN

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No.37

RETAIL MARKET AT A GLANCE

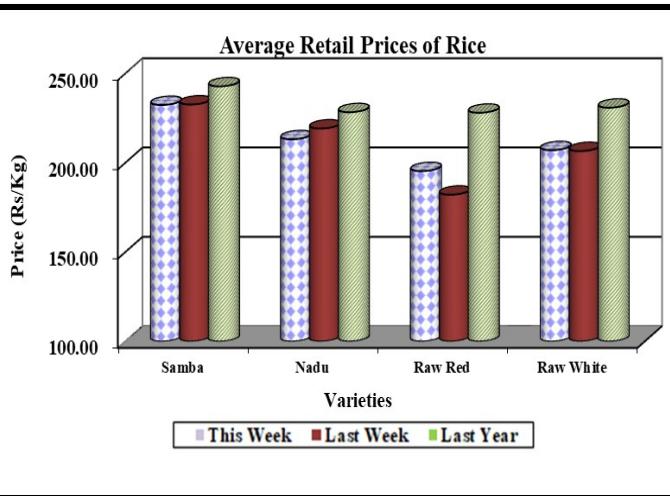
Summary

Rice



Prices of keeri samba and raw red have increased by Rs.22.00/kg and RS.13.00/kg respectively. Keeri samba prices ranged between Rs.290.00-360.00/kg. Prices of nadu grade I and II have decreased while a significant price change was not observed for samba and raw white.

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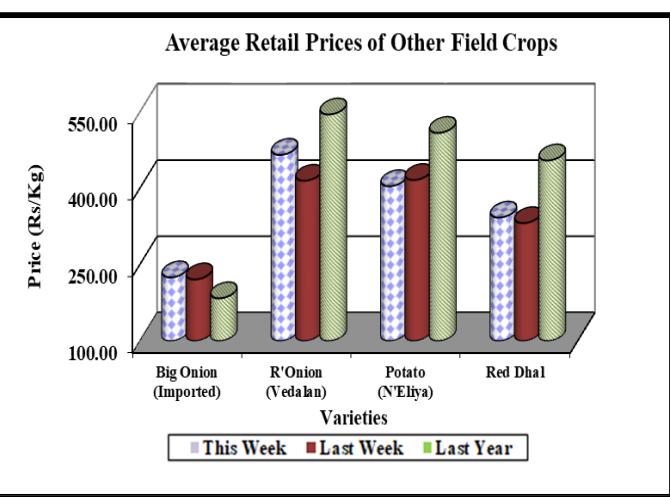


Other Field Crops



Price of vedalan red onion has increased by Rs.51.00/kg and the price ranged Rs.400.00-600.00/kg. Sinnan red onion stocks also were available at the market with the price range of Rs.350.00-420.00/kg. Price of imported big onions increased by Rs.4.00/kg. Prices of both local and imported potatoes have decreased by Rs.12.00/kg and Rs.2.00/kg respectively. Price of red dhal has increased by Rs.11.00/kg and the price ranged Rs.320.00-380.00/kg.

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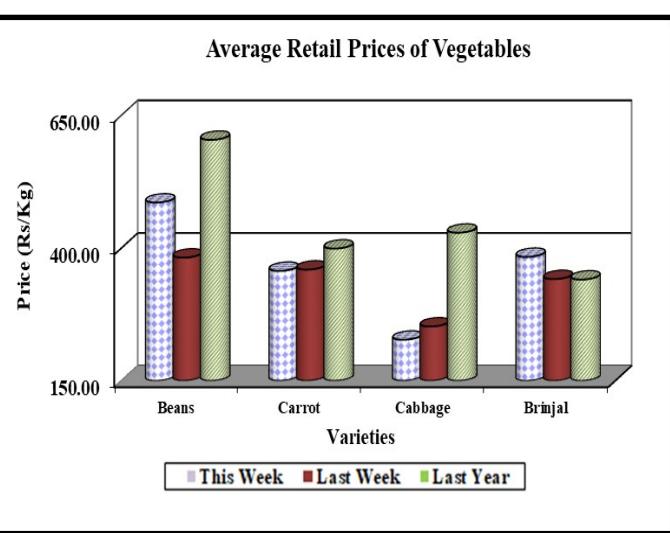


Vegetables



Most of the up country vegetables have decreased while the price of most of the low country vegetables have increased. Price of lime has increased by Rs.166.00/kg and the price ranged Rs.1200.00-1600.00/kg due to limited supply.

(Page No.04-06)



Coconut



Prices of both large and small nuts have decreased. Prices ranged Rs.100.00-120.00/nut for large nut and Rs.80.00-95.00 for small nuts.

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Eggs



Price of a brown egg has increased by Rs.1.00/egg while price of a white egg has not changed significantly. The price ranged Rs.46.00-50.00 for brown eggs and Rs.44.00-47.00 for white eggs.

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Rice

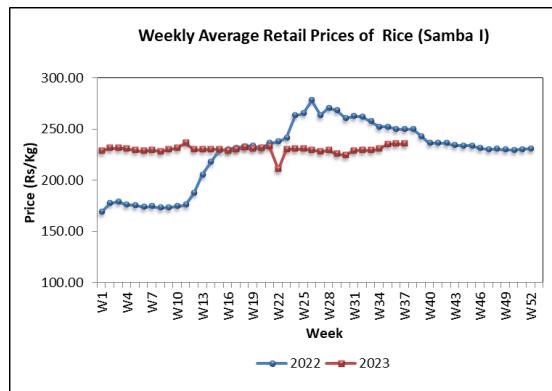
Wholesale

Prices of most of the local rice varieties have not changed significantly except raw red and grade I nadu. Price of raw red has increased by 3% and the price ranged Rs.175.00-185.00/kg. Price of grade I nadu has decreased by 1% and the price ranged Rs.195.00-205.00/kg. Average wholesale price for samba grade I was of Rs.222.50/kg while Rs.215.00/kg for samba grade II. Prices ranged between Rs.280.00-290.00/kg for keeri samba and Rs.195.00-205.00/kg for raw white. Compared to the same period of last year, prices of all local rice varieties except keeri samba has decreased in the range of 2%-15% while the price of keeri samba has increased by 17%.

Retail

Prices of keeri samba and raw red have increased by Rs.22.00/kg and Rs.13.00/kg respectively due to limited supply. Prices of keeri samba and raw red ranged between Rs.290.00-360.00/kg and Rs.180.00-210.00/kg respectively. Prices of nadu grade I and II have decreased by Rs.4.00/kg and Rs.8.00/kg and their prices ranged between Rs.210.00-225.00/kg and Rs.200.00-210.00/kg respectively. A significant price charge was not observed for samba varieties and the prices ranged Rs.230.00-240.00/kg for samba I and

Rs.225.00-230.00/kg for samba II while price of raw white ranged Rs.200.00-220.00/kg. Limited stocks of imported samba were available in the market while the prices range of Rs.280.00-320.00/kg. Price of imported samba has increased by Rs.23.00/kg and the price ranged between Rs.280.00-320.00/kg.



Compared to the same period of last year, prices of all local rice varieties except keeri samba have decreased in the range of 3%-14% while price of keeri samba has increased by 21%.

Paddy

The average producer price of short grain (samba) paddy has not changed considerably in most of the producing areas. However, prices of short grain paddy have increased by Rs.3.00/kg and Rs.1.00/kg respectively in Nikaweratiya and Kalawewa areas. The average producer prices of both keeri samba and long grain white paddy varieties have decreased. Price ranged Rs.98.00-119.00/kg for short grain paddy in short

grain paddy in major producing areas.

Further, Rs.3.00/kg price increase was also reported for long grain red paddy in Matara area and reported Rs.100.00-110.00/kg and the price ranged in major producing areas in the Southern province.

However, the average price of keeri samba paddy has decreased by Rs.3.00-9.00/kg in all major producing areas and prices ranged between Rs.123.00-140.00/kg. Subsequently, the average price of long grain white paddy also has decreased by Rs.1.00-4.00/kg in the most producing areas and the prices ranged between Rs.90.00-110.00/kg.

Compared to the same period of last year, the average producer prices of most of the paddy varieties in most of the producing areas have decreased. However, producer prices of keeri samba in all major producing areas have increased by 2%-21% when compared to the last year,

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 3% due to availability of high quality stocks at the market and prices ranged Rs.1000.00-1050.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 34%.

Retail

The price of imported dried chilies has increased by Rs.51.00/kg and the price ranged between Rs.1100.00-1500.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 26%.

Onion

Wholesale

Prices of sinan and vedalan red onions have increased by 1% and 3% respectively due to availability of high quality stocks at the market and prices ranged Rs.200.00-230.00/kg for sinan and Rs.260.00-310.00/kg for vedalan.

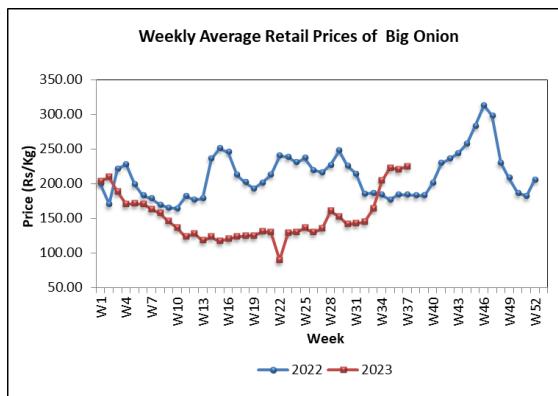
Price of imported big onion has increased by 2% due to limited imports and price ranged Rs.80.00-185.00/kg.

Compared to the same period of last year, prices of both sinan and vedalan red onions have decreased by 34% and the price of imported big onion has increased by 3%.

Retail

Price of vedalan red onion has increased by Rs.51.00/kg and price ranged between Rs.400.00-600.00/kg. Sinnan red onion stocks were also available of the market with the price range of Rs.350.00-420.00/kg. Price of imported big onion

has increased by Rs.4.00/kg and price ranged between Rs.200.00-240.00/kg.



Compared to the same period of last year, price of vedalan has decreased by 14% while price of imported big onion has increased by 22%.

Potato

Wholesale

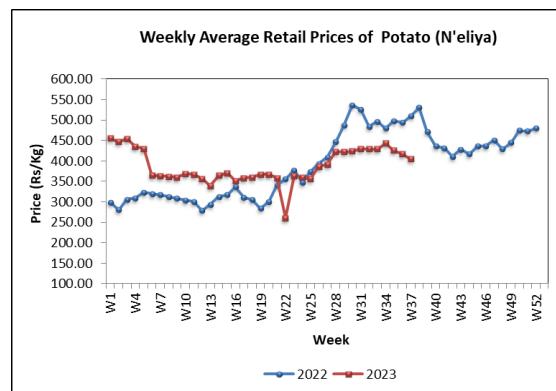
Prices of both Welimada and Nuwara Eliya potatoes have decreased by 14% and 8% respectively due to increased supply from main producing areas and prices ranged Rs.180.00-240.00/kg for Welimada potato and Rs.240.00-290.00 for Nuwara Eliya potato.

Price of imported potato has increased by 9% due to availability of high quality stocks at the market and price ranged Rs.150.00-260.00/kg.

Compared to the same period of last year, prices of all types of potatoes have decreased in the range of 24%-35%.

Retail

Price of Nuwara Eliya potato has decreased by Rs.12.00/kg and price ranged Rs.300.00-440.00/kg. Price of imported potato has also decreased by Rs.2.00/kg and price ranged Rs.180.00-280.00/kg.



Compared to the same period of last year, price of Nuwara Eliya potato has decreased by 21% and the price of imported potato has decreased by 31%.

Pulses

Wholesale

Prices of all types of pulses except green gram have increased slightly. Price of white cowpea and red cowpea have increased in the range of 1%-2% while their prices ranged Rs.900.00-950.00/kg and Rs.900.00-970.00/kg respectively.

Price of red dhal has also increased by 3% due to increased import price and price ranged Rs.310.00-320.00. However, price of green gram has decreased by 4% and price ranged Rs.850.00-900.00/kg.

Compared to same period of last year, price of green gram and red dhal have decreased by 8% and 23% respectively while price of both white and red cowpea has increased 21% and 17% respectively.

Retail

Price of red dhal has increased by Rs.11.00/kg and the price ranged between Rs.320.00-380.00/kg. Price of white cowpea has increased by Rs.10.00/kg and price ranged between Rs.1000.00-1200.00/kg. Price of red cowpea has not changed and average price was Rs.1175.00/kg. Price of green gram has decreased by Rs.12.00/kg and price ranged between Rs.1000.00-1300.00/kg.

Compared to the same period of last year, except red dhal all types of pulses have increased by 15%-36% while price of red dhal has decreased by 25%.

Vegetable

Wholesale

Prices of most of the up country varieties have decreased and prices of most of the low country varieties have increased.

Considering up country varieties, the highest price decrease was reported for carrot as 32% followed by leeks as 29% due to increased supply from Nuwara Eliya and Welimada areas. Prices of cabbage and knolkhol also have decreased by 20% and 13% respectively due to

increase supply from major producing areas. Prices of raddish and beetroot have decreased by 7% and 6% respectively. However, due to adverse rainy weather condition, a price of beans has increased by 35% due to decreased supply from Balangoda and Welimada areas.

Due to decreased supply from Balangoda areas price of tomato has increased by 11% and price of capsicum has increased by 5% due to decreased supply from Nuwara Eliya area.

Considering low country varieties, prices of all the varieties except drumstick have increased with the decreased supply from all producing areas due to unfavorable rainy weather condition. Accordingly, the highest price increase was reported for long beans as 68% due to decreased supply from both Balangoda and Puttalam captivates, followed by ladies fingers as 60% due to decreased supply from Puttalam and Rajanganaya areas. Price of cucumber, snake gourd, ash plantain and luffa have increased in the range of 13%-24%. Prices of brinjal, pumpkin and bitter gourd have also increased by 1%-5%.

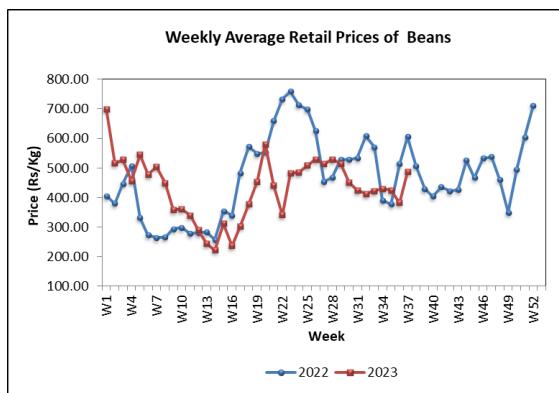
However, due to increased supply from Jaffna and Embilipitiya areas, price of drumstick has decreased by 46%. Further, price of green chilies has decreased 14% with the increased supply from Jaffna area and price of lime has increased by 2%.

Compared to the same period of last year, except long beans, green chilies and lime prices of all other varieties have decreased and the highest price decrease was reported for drumstick as 86%. However, price of lime has increased by 297%.

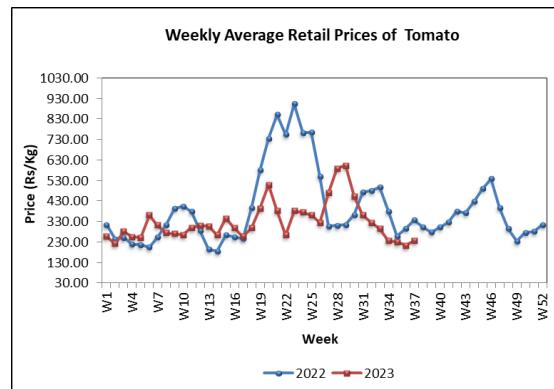
Retail

In line with the wholesale prices, retail prices of most of the low country vegetable varieties have increased. While prices of most the up country varieties have decreased.

Considering up country varieties the highest price decrease was reported for cabbage as Rs.25.00/kg. Followed by beetroot as Rs.8.00/kg. Prices of knolkhol and carrot have decreased by Rs.7.00/kg and Rs.2.00/kg respectively. Prices of raddish and leeks have also decreased by Rs.1.00/kg. However, price of beans has increased by Rs.104.00/kg.



Prices of tomato and capsicum have increased by Rs.22.00/kg and Rs.3.00/kg respectively.



Considering low country varieties, the highest price increase was reported for long beans as Rs.79.00/kg followed by bitter gourd as Rs.66.00/kg. Price of brinjal, ash plantain and ladies fingers have also increased by Rs.42.00/kg, Rs.23.00/kg and Rs.13.00/kg respectively. Price of drumstick has decreased by Rs.42.00/kg. However, prices of all other varieties have increased in the range of Rs.6.00-12.00/kg. Further, prices of green chilies have decreased by Rs.8.00/kg and the price of lime has increased by Rs.166.00/kg. Prices ranged between Rs.1200.00-1600.00/kg for lime.

Compared to the same period of last year, prices of most of the varieties have decreased and the highest price decrease was reported for drumstick as 59%, while the highest price increase was observed for lime (249%).

Coconut

Wholesale

Prices of both large and small nuts have increased by 3%. Price ranges were Rs.90.00-100.00 for a large nut and Rs.70.00-80.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 12% and 5% respectively.

Retail

Prices of both large and small nuts have decreased by Rs.3.00/nut and Rs.1.00/nut respectively. Price ranges were Rs.100.00-120.00 for a large nut and Rs.80.00-95.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 5% and 6% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have decreased with low demand due to rainy weather condition. The highest price decrease was reported for papaw by 32% due to availability of small sized low fruit stocks. Price of wood apple has decreased by 27% due to availability of sufficient stocks received from Beliatta, Buttala and Wellawaya areas. Prices of karthakolomban

and vilad mango varieties have decreased in the range of 17%-25% while prices of all banana varieties have decreased in the range of 1%-11% due to low demand. Further, price of king coconut has decreased by 10% and price of all sizes of pineapple have also slightly decreased in the range of 1%-2% due to low demand. A slight price decrease of 1% has reported for passion fruit with availability of stocks.

However, price of slime apple has increased by 28% due to limited stocks. Further, price of both orange and avocado has increased by 9% and price of imported grapes has slightly increased by 1%.

Compared to the same period of last year, prices of the most fruit varieties have increased and the highest price increase was reported as 58% for slime apple.

Retail

Prices of the most of fruit varieties have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.193.00/fruit was reported for large sized pineapple. Further, prices of small and medium sized pineapple have decreased by Rs.59.00/fruit and Rs.87.00/fruit due to availability of sufficient stocks.

Further, prices of karthakolomban and vilad mangoes have decreased by

Rs.79.00/fruit and Rs.9.00/fruit respectively due to low demand. Further, price of papaw has decreased by Rs.53.00/kg due to low demand.

In addition, prices of wood apple and passion have decreased by Rs.5.00/fruit and Rs.3.00/fruit respectively. Meanwhile, the highest price increase of Rs.16.00/fruit was reported for slime apple. Further, price of kolikuttu and seeni banana have increased by RS.7.00/kg and Rs.6.00/kg respectively. Further, price of orange, avocado and imported grapes have increased by Rs.5.00/fruit, Rs.2.00/fruit and Rs.3.00/kg respectively due to limited supply.

Compared to the same period of last year, retail prices of most of the fruits have increased and the highest price increase was reported for ambun banana as 60%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increased in supply. The highest price decrease of 8% was noted for thalapath and kelawalla due to high supply from Beruwala, Negombo, Mirissa and Kalmunai areas and their prices ranged between Rs.1700.00-2200.00/kg and Rs.1200.00-1350/kg respectively. A price decrease of 7% was noted salaya due to high supply from Trincomalee, Mannar and Valachchenai

areas and the price ranged between Rs.340.00-500.00/kg. Likewise, the price decrease of 5% was noted for paraw due to high supply from Northern area and the price ranged between Rs.1300.00-1600.00/kg. In addition, prices of thora and shrimps have decreased by 4%.

However, a price increase of 7% was noted for hurulla due to low supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.540.00-780.00/kg. In addition, price of balaya has increased by 3%.

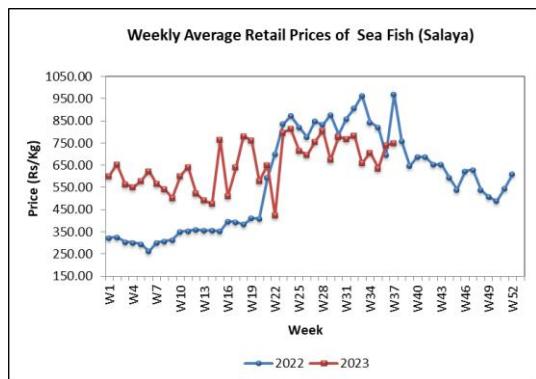
Compared to the same period of last year, wholesale prices of all fresh fish types except shrimps have decreased in the range of 6%-47% and the highest price decrease was noted for salaya.

Retail

In line with decreased wholesale prices, retail prices of most of the fresh fish types have also decreased. The highest price decrease was reported for thora by Rs.78.00/kg followed by Rs.21.00/kg for mora and Rs.15.00/kg for thalapath. The remaining types of kelawalla, paraw and shrimps have decreased in the range of Rs.5.00-11.00/kg.

However, price of hurulla has increased by Rs.74.00/kg with limited supply. Prices of balaya and salaya have

increased by Rs.48.00/kg and Rs.11.00/kg respectively.



Compared to the same period of last year, prices of most types of fresh fish have decreased in the range of 4%-27% and the highest price decrease was reported for hurulla.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have deceased. The highest price decrease of 18% was noted for local sprats due to high supply from Trincomalee and Mannar areas and the price ranged between Rs.1400.00-1550.00/kg. Likewise, a price decrease of 4% was noted for imported kattawa due to high supply from Oman and Indonesia and the price ranged between Rs.1350.00-1550.00/kg. In addition, prices of local balaya and imported sprats have decreased by 1%.

However, the price increase of 2% was noted for imported anguluwa due to low supply from Oman and Pakistan and the price ranged between Rs.1480.00-1600.00/kg. In addition, prices of local maduwa and local mora have increased by 1%.

Compared to the same period of last year, prices of all dried fish types have decreased in the range of 19%-61% and the highest price decrease was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of most types of dried fish have also decreased due to increased supply. The highest price decrease was reported for local sprats as Rs.35.00/kg. Prices of balaya and salaya have decreased by Rs.23.00/kg and Rs.13.00/kg respectively. Further, prices of imported sprats and kattawa have also decreased by Rs.4.00-5.00/kg. However, prices of maduwa and anguluwa have increased by Rs.50.00/kg and Rs.39.00/kg respectively due to insufficient supply.

Compared to the same period of last year, prices of all types of dried fish types have decreased in the range of 15%-44% with the highest price decrease was reported for imported sprats.

Eggs

Wholesale

The prices of brown and white eggs have increased by 1% and their prices ranged between Rs.45.00-46.00 and Rs.43.00-44.50 respectively.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 8%.

Retail

In line with increase wholesale prices, retail price of brown eggs has increased by Rs.1.00/egg due to unavailability of sufficient stocks while price of white egg has not changed considerably. Price of brown egg ranged between Rs.46.00-50.00/egg and Rs.44.00-47.00/egg, noted for white eggs.

Compared to the same period of last year, prices of both brown and white eggs have decreased by 6% and 8% respectively.

Meat

Retail

Prices of all types of meat have decreased due to low demand. Prices of skinless broiler chicken and mutton have decreased by Rs.77.00/kg and Rs.64.00/kg respectively. Price of skinless curry chicken has decreased by Rs.36.00/kg and the price of beef has also decreased by Rs.25.00/kg.

Compared to the same period of last year, prices of all types of meat except beef and mutton have decreased in the range of 2%-12% and the highest price decrease was reported for curry chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 37: 08 - 14 September 2023

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	11000 –	11250	10750 –	10750	14000 –	14500	9750 –	10250	9500 –	9750	8750 –	9250	9750 –	10250
	Divulapitiya	11000 –	11400	10300 –	10800	14500 –	14750	10000 –	10700	9300 –	10000	8700 –	9250	9250 –	9600
	Kurunegala	11000 –	11250	10750 –	10750	13000 –	13000	–	–	9400 –	9500	9250 –	9250	9250 –	9500
	Nikaweratiya	11000 –	11750	–	–	13000 –	15000	10500 –	10700	9000 –	9000	8750 –	9500	8900 –	9250
	Badulla	–	–	–	–	–	–	10250 –	10500	9750 –	10000	8250 –	8500	9250 –	9500
	Puttalam	11200 –	11350	10750 –	11000	–	–	10400 –	10750	9100 –	9500	9000 –	9750	8500 –	9250
	Dambulla	11250 –	11350	11000 –	11100	14750 –	14900	10700 –	10750	10000 –	10100	9250 –	9500	9000 –	9250
	Anuradhapura	11250 –	11350	–	–	14500 –	14750	10250 –	10750	9500 –	10000	9250 –	9750	9250 –	9750
	Tambuttegama	–	–	10250 –	10750	13000 –	13000	–	–	9550 –	9650	–	–	9150 –	9250
	Polonnaruwa	11250 –	11300	–	–	14250 –	14400	10700 –	10750	–	–	9000 –	9150	10300 –	10350
	Kalutara	–	–	10900 –	11000	–	–	–	–	9900 –	10000	8900 –	9000	9900 –	10000
	Ampara	11500 –	11500	10600 –	10600	13000 –	13000	11000 –	11000	9750 –	9750	8500 –	8500	8500 –	8500
	Kandy	11250 –	11400	10250 –	10500	14500 –	14750	10400 –	10500	9500 –	10000	8500 –	8750	9750 –	10250
	Moneragala	11250 –	11350	10000 –	10250	–	–	10750 –	10850	9250 –	9750	8750 –	9000	8750 –	9250
	Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Dehiattakandiya	11250 –	11900	–	–	14750 –	14750	10500 –	10900	9500 –	9750	9000 –	9500	9100 –	9750
	Hambantota	11250 –	11250	–	–	–	–	–	–	–	–	8250 –	8500	8750 –	9000
	Matara	11000 –	11250	–	–	–	–	10000 –	10500	–	–	8400 –	8600	9150 –	9500
	Galle	11250 –	11400	–	–	–	–	10750 –	10900	–	–	8500 –	9250	9250 –	10250
	Meegoda	11000 –	11500	–	–	13000 –	13000	10000 –	10500	10000 –	10250	9000 –	9500	9750 –	10000
	Tissamaharama	–	–	10750 –	10750	13750 –	14000	–	–	9000 –	9250	8000 –	8250	9000 –	9250
	Embilipitiya	–	–	10750 –	10850	–	–	–	–	8900 –	9100	8200 –	8300	8900 –	9000
	Jaffna	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Vavuniya	–	–	10900 –	11250	15000 –	15500	10500 –	10900	9750 –	9900	9000 –	9300	9000 –	9250
	Mannar	11000 –	11250	–	–	14850 –	15000	10000 –	10250	9500 –	9750	8750 –	9000	9500 –	9750
	Killinochchi	11250 –	11500	–	–	14500 –	15000	10000 –	10250	9250 –	9500	8500 –	8750	9250 –	9500
	Mullattivu	11250 –	11500	–	–	14750 –	15000	10000 –	10000	9500 –	9750	8750 –	9000	9750 –	10000
	Batticaloa	11600 –	11750	–	–	15200 –	16000	10300 –	10600	–	–	8900 –	9100	8900 –	8950
	Trincomalee	11250 –	11500	–	–	14250 –	14500	9750 –	10000	9400 –	9500	8250 –	8500	8750 –	9000
	Galenbindunuwew	11350 –	11400	10750 –	10850	14750 –	14750	10750 –	10900	9500 –	10000	9250 –	9500	9000 –	9500
	Matale	11300 –	11350	–	–	–	–	10600 –	10750	9000 –	9250	8250 –	8750	9000 –	9250

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Rice Varieties																					
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White									
11	Colombo	230.00	-	240.00	225.00	-	230.00	290.00	-	360.00	210.00	-	225.00	200.00	-	210.00	200.00	-	220.00			
	Gampaha	230.00	-	230.00	220.00	-	230.00	300.00	-	300.00	220.00	-	220.00	210.00	-	220.00	200.00	-	210.00			
	Kurunegala	230.00	-	230.00	-	280.00	-	280.00	220.00	-	220.00	200.00	-	200.00	190.00	-	190.00	-	200.00			
	Nikaweratiya	230.00	-	240.00	220.00	-	225.00	310.00	-	310.00	220.00	-	220.00	185.00	-	190.00	175.00	-	190.00			
	Dambulla	230.00	-	230.00	223.00	-	225.00	300.00	-	310.00	218.00	-	220.00	205.00	-	208.00	195.00	-	200.00			
	Anuradhapura	230.00	-	230.00	-	295.00	-	300.00	210.00	-	220.00	195.00	-	205.00	190.00	-	210.00	190.00	-	200.00		
	Thambuththegama	230.00	-	240.00	215.00	-	220.00	280.00	-	300.00	220.00	-	220.00	193.00	-	200.00	-	188.00	-	195.00		
	Polonnaruwa	228.00	-	230.00	-	295.00	-	300.00	218.00	-	220.00	185.00	-	195.00	185.00	-	185.00	210.00	-	210.00		
	Kaluthara	-	-	-	225.00	-	230.00	-	-	-	-	-	-	210.00	-	220.00	185.00	-	190.00	205.00	-	210.00
	Badulla	-	-	-	-	280.00	-	280.00	210.00	-	220.00	200.00	-	205.00	170.00	-	180.00	190.00	-	200.00		
	Keppetipola	228.00	-	230.00	215.00	-	220.00	290.00	-	300.00	210.00	-	212.00	195.00	-	198.00	178.00	-	180.00	187.00	-	189.00
	Moneragala	230.00	-	230.00	210.00	-	210.00	280.00	-	280.00	220.00	-	220.00	190.00	-	200.00	180.00	-	185.00	180.00	-	190.00
	Kegalle	230.00	-	230.00	-	300.00	-	300.00	210.00	-	220.00	195.00	-	200.00	200.00	-	210.00	200.00	-	210.00		
	Ampara	230.00	-	240.00	210.00	-	230.00	-	-	220.00	-	220.00	185.00	-	195.00	168.00	-	180.00	170.00	-	180.00	
	Dehiattakandiya	230.00	-	240.00	-	300.00	-	300.00	220.00	-	220.00	190.00	-	200.00	185.00	-	210.00	185.00	-	200.00		
	Nuwaraeliya	230.00	-	235.00	218.00	-	222.00	300.00	-	320.00	210.00	-	212.00	198.00	-	202.00	178.00	-	180.00	188.00	-	190.00
	Kandy	230.00	-	235.00	218.00	-	220.00	300.00	-	310.00	220.00	-	220.00	205.00	-	210.00	185.00	-	195.00	195.00	-	210.00
	Puttalam	230.00	-	230.00	220.00	-	225.00	-	-	215.00	-	220.00	188.00	-	195.00	185.00	-	210.00	175.00	-	190.00	
	Hambantota	230.00	-	230.00	-	-	-	-	-	-	-	-	-	-	-	170.00	-	175.00	180.00	-	185.00	
	Rathnapura	230.00	-	230.00	220.00	-	225.00	-	-	215.00	-	220.00	195.00	-	200.00	175.00	-	180.00	194.00	-	200.00	
	Matara	230.00	-	230.00	-	-	-	-	-	220.00	-	220.00	-	-	-	175.00	-	180.00	190.00	-	200.00	
	Galle	230.00	-	230.00	-	-	-	-	220.00	-	220.00	-	-	-	-	180.00	-	190.00	190.00	-	210.00	
	Tissamaharama	-	-	-	220.00	-	220.00	280.00	-	285.00	-	-	185.00	-	190.00	163.00	-	170.00	185.00	-	190.00	
	Meegoda (DEC)	-	-	-	220.00	-	230.00	295.00	-	300.00	-	-	200.00	-	210.00	180.00	-	190.00	195.00	-	200.00	
	Embilipitiya	230.00	-	240.00	225.00	-	225.00	-	-	210.00	-	220.00	195.00	-	200.00	168.00	-	180.00	180.00	-	190.00	
	Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Vavuniya	230.00	-	235.00	-	-	320.00	-	325.00	-	-	200.00	-	210.00	194.00	-	196.00	200.00	-	210.00		
	Mannar	-	-	-	230.00	-	230.00	305.00	-	310.00	210.00	-	220.00	200.00	-	205.00	185.00	-	190.00	200.00	-	210.00
	Killinochchi	240.00	-	245.00	-	-	310.00	-	320.00	210.00	-	220.00	200.00	-	210.00	180.00	-	190.00	200.00	-	210.00	
	Mullaitivu	230.00	-	235.00	-	-	300.00	-	310.00	200.00	-	210.00	195.00	-	200.00	180.00	-	185.00	200.00	-	210.00	
	Batticaloa	240.00	-	243.00	-	-	310.00	-	320.00	212.00	-	220.00	-	-	-	185.00	-	190.00	184.00	-	186.00	
	Trincomalee	235.00	-	240.00	-	-	295.00	-	300.00	205.00	-	210.00	195.00	-	200.00	175.00	-	180.00	185.00	-	190.00	
	Hanguranketha	230.00	-	237.00	220.00	-	225.00	-	-	212.00	-	220.00	187.00	-	200.00	175.00	-	185.00	188.00	-	207.00	
	Veyangoda	230.00	-	230.00	210.00	-	225.00	300.00	-	310.00	220.00	-	220.00	200.00	-	210.00	195.00	-	200.00	200.00	-	210.00
	Galenbindunuwewa	230.00	-	230.00	220.00	-	220.00	300.00	-	300.00	220.00	-	220.00	195.00	-	205.00	190.00	-	210.00	185.00	-	200.00
	Bandarawela	-	-	-	215.00	-	220.00	280.00	-	280.00	-	-	205.00	-	210.00	180.00	-	185.00	195.00	-	200.00	
	Matale	230.00	-	230.00	220.00	-	225.00	-	-	218.00	-	220.00	190.00	-	200.00	190.00	-	200.00	190.00	-	195.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 37: 08 - 14 September 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato				Pulses				
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya		Green Gram	Cowpea		Red Dhal	
Colombo	50000 - 52500	-	13000 - 15500	4000 - 9250	7500 - 13000	9000 - 12000	12000 - 14500	42500 - 45000	45000 - 47500	40000 - 48500	15500 - 16000	15500 - 16000	15500 - 16000
Kurunegala	51500 - 52000	-	16000 - 16000	9250 - 9500	8250 - 8750	-	-	45000 - 47500	43500 - 45000	15500 - 15750	15500 - 15750	15500 - 15750	15500 - 15750
Nikaweratiya	51500 - 52500	-	12500 - 13000	9250 - 9500	8000 - 8250	11500 - 12000	-	44000 - 45000	40000 - 48500	15500 - 15600	15500 - 15600	15500 - 15600	15500 - 15600
Dehiattakandiya	50000 - 52500	-	16000 - 18000	4500 - 8000	9000 - 9500	14000 - 15000	19000 - 19000	35000 - 37500	-	15500 - 16000	15500 - 16000	15500 - 16000	15500 - 16000
Dambulla (DEC)	45000 - 50000	-	12500 - 13500	8500 - 8750	7500 - 8000	9000 - 9500	-	32500 - 35000	37500 - 39500	15750 - 16000	15750 - 16000	15750 - 16000	15750 - 16000
Anuradhapura	57500 - 60000	-	13000 - 17500	6500 - 10000	9000 - 9750	-	-	47500 - 52500	45000 - 50000	15500 - 16000	15500 - 16000	15500 - 16000	15500 - 16000
Thambuththegama	50750 - 57500	-	15000 - 16000	4000 - 9250	7750 - 9000	11000 - 12500	14000 - 14500	32500 - 35000	35000 - 37500	15400 - 15750	15400 - 15750	15400 - 15750	15400 - 15750
Polonnaruwa	60000 - 61000	-	16500 - 16750	10000 - 10250	10000 - 10250	-	-	41500 - 42500	45000 - 45000	15250 - 15500	15250 - 15500	15250 - 15500	15250 - 15500
Kaluthara	52500 - 54000	-	15500 - 16000	9000 - 9500	8000 - 8500	12000 - 12500	14500 - 15000	45000 - 46000	46000 - 47000	15750 - 15900	15750 - 15900	15750 - 15900	15750 - 15900
Puttalam	50000 - 54000	-	12500 - 16000	9000 - 10500	9000 - 10500	-	15000 - 16000	42500 - 46500	36000 - 40000	15600 - 16000	15600 - 16000	15600 - 16000	15600 - 16000
Kandy	52500 - 55000	-	14500 - 15000	4000 - 9250	8000 - 9000	10500 - 11000	12000 - 12500	45000 - 46000	44000 - 45000	15750 - 16000	15750 - 16000	15750 - 16000	15750 - 16000
Matara	55000 - 60000	-	16750 - 17500	9500 - 10000	9500 - 10000	-	16000 - 17000	47500 - 51000	46250 - 47500	15500 - 16000	15500 - 16000	15500 - 16000	15500 - 16000
Hambantota	54000 - 60000	-	16750 - 18000	9500 - 10000	9500 - 10000	-	-	48000 - 50000	-	15000 - 15500	15000 - 15500	15000 - 15500	15000 - 15500
Kegalle	53800 - 54500	-	13000 - 13250	9500 - 9600	8000 - 8200	-	13000 - 13250	47500 - 48000	49500 - 50000	15000 - 16000	15000 - 16000	15000 - 16000	15000 - 16000
Galle	57500 - 62500	-	20000 - 23000	9500 - 9750	9000 - 10000	-	15000 - 17500	50000 - 55000	42500 - 45000	15000 - 15750	15000 - 15750	15000 - 15750	15000 - 15750
Tissamaharama	58000 - 60000	-	15000 - 16000	10000 - 10500	9000 - 9500	-	14000 - 15000	45000 - 45000	45000 - 45000	16000 - 16500	16000 - 16500	16000 - 16500	16000 - 16500
Meegoda (DEC)	50000 - 52500	-	14000 - 14500	9000 - 9500	7750 - 8000	9750 - 10500	12000 - 13000	47500 - 49000	46000 - 49000	15000 - 16000	15000 - 16000	15000 - 16000	15000 - 16000
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	56000 - 57500	-	15000 - 15500	9850 - 10000	9750 - 10000	-	-	44500 - 49000	47500 - 49000	15000 - 15500	15000 - 15500	15000 - 15500	15000 - 15500
Mannar	52500 - 54000	-	12000 - 12500	5500 - 9750	9000 - 9250	-	-	40000 - 41250	-	15750 - 16000	15750 - 16000	15750 - 16000	15750 - 16000
Killinochchi	53000 - 55000	-	14000 - 15000	9000 - 10000	10000 - 10500	-	-	43000 - 44000	-	15750 - 16000	15750 - 16000	15750 - 16000	15750 - 16000
Mullattivu	55000 - 56500	-	15500 - 16000	9000 - 10000	10000 - 10500	-	-	47500 - 51500	50000 - 52500	16250 - 16500	16250 - 16500	16250 - 16500	16250 - 16500
Batticaloa	54000 - 56000	-	20000 - 22000	9750 - 10000	9000 - 9500	-	22000 - 22500	46000 - 46750	46500 - 47250	15000 - 16000	15000 - 16000	15000 - 16000	15000 - 16000
Trincomalee	54000 - 55500	-	14000 - 14500	7500 - 8000	9250 - 10000	-	19500 - 20000	49000 - 49500	-	15000 - 16000	15000 - 16000	15000 - 16000	15000 - 16000
Galenbindunuwewa	52500 - 55000	-	13500 - 16000	10000 - 10500	9000 - 9750	-	-	43000 - 52500	41250 - 47500	15500 - 16000	15500 - 16000	15500 - 16000	15500 - 16000
Matale	50000 - 52500	-	15000 - 15500	9000 - 9250	8250 - 8500	-	-	37500 - 44000	45000 - 47500	15000 - 15250	15000 - 15250	15000 - 15250	15000 - 15250

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
	Colombo	1100.00 - 1500.00	-	200.00 - 240.00	180.00 - 280.00	-	300.00 - 440.00	1000.00 - 1300.00	1000.00 - 1200.00	320.00 - 380.00
13	Gampaha	1180.00 - 1380.00	-	400.00 - 480.00	200.00 - 220.00	220.00 - 240.00	-	440.00 - 440.00	1020.00 - 1200.00	1060.00 - 1300.00
	Kurunegala	1200.00 - 1340.00	-	400.00 - 450.00	220.00 - 240.00	200.00 - 240.00	350.00 - 380.00	-	1200.00 - 1320.00	1050.00 - 1100.00
	Nikaweratiya	1150.00 - 1300.00	-	300.00 - 320.00	210.00 - 230.00	200.00 - 240.00	280.00 - 300.00	-	1000.00 - 1300.00	1000.00 - 1000.00
	Dambulla	1100.00 - 1150.00	-	340.00 - 360.00	200.00 - 220.00	200.00 - 220.00	300.00 - 320.00	-	900.00 - 1000.00	900.00 - 1000.00
	Anuradhapura	1200.00 - 1300.00	-	300.00 - 400.00	220.00 - 220.00	200.00 - 220.00	-	-	1000.00 - 1200.00	1000.00 - 1200.00
	Thambuththegama	1150.00 - 1300.00	-	380.00 - 440.00	190.00 - 220.00	180.00 - 200.00	260.00 - 280.00	320.00 - 330.00	850.00 - 1000.00	800.00 - 900.00
	Polonnaruwa	1280.00 - 1400.00	-	340.00 - 360.00	215.00 - 230.00	210.00 - 220.00	-	-	900.00 - 1000.00	940.00 - 960.00
	Kaluthara	1180.00 - 1200.00	-	400.00 - 410.00	205.00 - 220.00	180.00 - 200.00	380.00 - 400.00	440.00 - 460.00	1050.00 - 1200.00	1200.00 - 1300.00
	Badulla	1200.00 - 1300.00	-	350.00 - 400.00	210.00 - 220.00	200.00 - 220.00	300.00 - 320.00	-	1000.00 - 1200.00	1000.00 - 1100.00
	Keppetipola	1150.00 - 1200.00	-	340.00 - 360.00	190.00 - 210.00	200.00 - 210.00	260.00 - 300.00	-	1150.00 - 1200.00	980.00 - 1000.00
	Moneragala	1200.00 - 1300.00	-	320.00 - 400.00	200.00 - 220.00	220.00 - 240.00	300.00 - 320.00	-	900.00 - 1000.00	800.00 - 1000.00
	Kegalle	1100.00 - 1200.00	-	300.00 - 350.00	220.00 - 240.00	200.00 - 220.00	-	320.00 - 360.00	950.00 - 1050.00	1020.00 - 1100.00
	Ampara	1150.00 - 1370.00	-	360.00 - 380.00	200.00 - 215.00	200.00 - 220.00	320.00 - 320.00	400.00 - 400.00	940.00 - 1150.00	880.00 - 1200.00
	Dehiattakandiya	1100.00 - 1150.00	-	360.00 - 400.00	200.00 - 240.00	200.00 - 200.00	300.00 - 320.00	400.00 - 400.00	850.00 - 850.00	-
	Nuwaraeliya	1180.00 - 1220.00	-	350.00 - 380.00	200.00 - 210.00	200.00 - 210.00	-	280.00 - 320.00	1160.00 - 1200.00	1000.00 - 1050.00
	Kandy	1300.00 - 1360.00	-	440.00 - 460.00	210.00 - 220.00	200.00 - 220.00	360.00 - 380.00	420.00 - 440.00	1000.00 - 1100.00	960.00 - 1000.00
	Puttalam	1150.00 - 1250.00	-	360.00 - 400.00	200.00 - 240.00	200.00 - 240.00	-	350.00 - 400.00	920.00 - 1000.00	820.00 - 950.00
	Rathnapura	1250.00 - 1350.00	-	300.00 - 320.00	200.00 - 220.00	200.00 - 220.00	-	-	900.00 - 960.00	1000.00 - 1050.00
	Hambantota	1200.00 - 1400.00	-	380.00 - 400.00	220.00 - 230.00	220.00 - 240.00	-	-	1000.00 - 1200.00	-
	Matara	1200.00 - 1350.00	-	360.00 - 400.00	210.00 - 230.00	220.00 - 240.00	-	340.00 - 380.00	1040.00 - 1200.00	950.00 - 1000.00
	Galle	1250.00 - 1300.00	-	440.00 - 520.00	220.00 - 220.00	220.00 - 240.00	-	380.00 - 400.00	1200.00 - 1200.00	900.00 - 1000.00
	Tissamaharama	1250.00 - 1300.00	-	340.00 - 360.00	200.00 - 230.00	190.00 - 200.00	-	-	950.00 - 950.00	950.00 - 950.00
	Meegoda (DEC)	1100.00 - 1150.00	-	340.00 - 400.00	200.00 - 240.00	190.00 - 220.00	360.00 - 400.00	360.00 - 420.00	980.00 - 1100.00	1000.00 - 1100.00
	Eembilipitiya	1200.00 - 1320.00	-	380.00 - 420.00	200.00 - 240.00	190.00 - 220.00	300.00 - 340.00	360.00 - 360.00	900.00 - 1000.00	850.00 - 1000.00
	Jaffna	-	-	-	-	-	-	-	-	-
	Vavuniya	1200.00 - 1250.00	-	300.00 - 350.00	220.00 - 240.00	230.00 - 240.00	-	-	1000.00 - 1100.00	-
	Mannar	1150.00 - 1300.00	-	350.00 - 400.00	200.00 - 220.00	190.00 - 210.00	-	-	900.00 - 1000.00	-
	Killinochchi	1180.00 - 1220.00	-	340.00 - 360.00	230.00 - 240.00	230.00 - 250.00	-	-	900.00 - 950.00	-
	Mullaittivu	1150.00 - 1200.00	-	350.00 - 360.00	-	240.00 - 250.00	-	-	1000.00 - 1100.00	1050.00 - 1150.00
	Batticaloa	1160.00 - 1200.00	-	480.00 - 520.00	230.00 - 240.00	240.00 - 250.00	-	520.00 - 550.00	1000.00 - 1050.00	980.00 - 1020.00
	Trincomalee	1180.00 - 1220.00	-	300.00 - 340.00	200.00 - 230.00	220.00 - 240.00	-	420.00 - 460.00	1000.00 - 1100.00	-
	Hanguranketha	1150.00 - 1320.00	-	400.00 - 500.00	205.00 - 240.00	195.00 - 240.00	280.00 - 280.00	320.00 - 355.00	950.00 - 1195.00	1000.00 - 1100.00
	Veyangoda	1200.00 - 1200.00	-	320.00 - 380.00	220.00 - 240.00	200.00 - 220.00	-	360.00 - 400.00	980.00 - 1050.00	980.00 - 1000.00
	Galenbindunuwewa	1100.00 - 1160.00	-	290.00 - 380.00	210.00 - 230.00	185.00 - 200.00	-	-	880.00 - 1100.00	850.00 - 1000.00
	Bandarawela	1200.00 - 1300.00	-	380.00 - 400.00	200.00 - 220.00	200.00 - 220.00	280.00 - 300.00	-	1000.00 - 1100.00	1000.00 - 1100.00
	Matale	1120.00 - 1200.00	-	340.00 - 360.00	190.00 - 200.00	180.00 - 190.00	320.00 - 340.00	-	900.00 - 950.00	980.00 - 1000.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 37: 08 - 14 September 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 400.00	100.00 - 200.00	50.00 - 70.00	80.00 - 150.00	50.00 - 80.00
Meegoda (DEC)	-	400.00 - 460.00	220.00 - 240.00	90.00 - 100.00	90.00 - 120.00	70.00 - 100.00
Dambulla (DEC)	-	300.00 - 350.00	150.00 - 200.00	60.00 - 80.00	60.00 - 110.00	50.00 - 65.00
Keppetipola (DEC)	-	380.00 - 420.00	155.00 - 165.00	50.00 - 55.00	70.00 - 80.00	60.00 - 70.00
Norochchhole (DEC)	-	-	-	-	70.00 - 120.00	-
Nuwara Eliya	-	400.00 - 420.00	170.00 - 180.00	55.00 - 65.00	75.00 - 85.00	65.00 - 75.00
Kandy	-	340.00 - 360.00	180.00 - 200.00	70.00 - 80.00	110.00 - 120.00	60.00 - 70.00
Hambantota	-	400.00 - 450.00	200.00 - 250.00	120.00 - 150.00	150.00 - 200.00	100.00 - 130.00
Thambuththegama (DEC)	-	420.00 - 460.00	200.00 - 220.00	70.00 - 80.00	100.00 - 120.00	70.00 - 100.00
Jaffna	-	-	-	-	-	-
Bandarawela		350.00 - 400.00	160.00 - 180.00	50.00 - 60.00	60.00 - 80.00	60.00 - 70.00
Veyangoda	-	420.00 - 460.00	180.00 - 220.00	80.00 - 100.00	100.00 - 140.00	80.00 - 120.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	30.00 - 60.00	50.00 - 80.00	80.00 - 140.00	70.00 - 120.00	180.00 - 220.00	150.00 - 250.00
Meegoda (DEC)	80.00 - 100.00	80.00 - 120.00	100.00 - 140.00	90.00 - 130.00	230.00 - 320.00	180.00 - 280.00
Moneragala	60.00 - 100.00	120.00 - 150.00	140.00 - 160.00	120.00 - 140.00	170.00 - 250.00	230.00 - 250.00
Dambulla (DEC)	35.00 - 45.00	50.00 - 70.00	100.00 - 120.00	60.00 - 70.00	200.00 - 250.00	180.00 - 210.00
Keppetipola (DEC)	30.00 - 40.00	40.00 - 50.00	80.00 - 100.00	80.00 - 90.00	180.00 - 200.00	300.00 - 320.00
Norochchhole (DEC)	20.00 - 40.00	120.00 - 140.00	-	70.00 - 120.00	130.00 - 200.00	150.00 - 220.00
Nuwara Eliya	50.00 - 70.00	70.00 - 80.00	90.00 - 120.00	90.00 - 100.00	190.00 - 220.00	320.00 - 340.00
Kandy	50.00 - 60.00	70.00 - 110.00	100.00 - 120.00	90.00 - 100.00	150.00 - 200.00	200.00 - 250.00
Hambantota	80.00 - 120.00	120.00 - 160.00	100.00 - 150.00	80.00 - 100.00	150.00 - 200.00	200.00 - 250.00
Thambuththegama (DEC)	45.00 - 60.00	80.00 - 100.00	90.00 - 120.00	50.00 - 70.00	190.00 - 240.00	160.00 - 200.00
Tissamaharama	50.00 - 70.00	140.00 - 170.00	190.00 - 220.00	80.00 - 90.00	200.00 - 220.00	280.00 - 320.00
Jaffna	-	-	-	-	-	-
Bandarawela	30.00 - 50.00	40.00 - 60.00	80.00 - 100.00	-	160.00 - 180.00	250.00 - 300.00
Veyangoda	70.00 - 90.00	80.00 - 100.00	120.00 - 140.00	100.00 - 130.00	220.00 - 280.00	200.00 - 270.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	40.00 - 80.00	70.00 - 100.00	200.00 - 220.00	100.00 - 160.00	30.00 - 100.00	120.00 - 150.00
Meegoda (DEC)	60.00 - 75.00	70.00 - 100.00	240.00 - 300.00	100.00 - 150.00	-	120.00 - 160.00
Moneragala	100.00 - 120.00	70.00 - 130.00	300.00 - 350.00	180.00 - 200.00	80.00 - 120.00	200.00 - 220.00
Dambulla (DEC)	50.00 - 60.00	50.00 - 70.00	200.00 - 230.00	100.00 - 120.00	50.00 - 60.00	100.00 - 120.00
Keppetipola (DEC)	70.00 - 80.00	80.00 - 90.00	210.00 - 220.00	120.00 - 130.00	70.00 - 80.00	120.00 - 130.00
Norochchhole (DEC)	70.00 - 80.00	60.00 - 70.00	180.00 - 230.00	70.00 - 130.00	50.00 - 70.00	80.00 - 120.00
Nuwara Eliya	80.00 - 90.00	90.00 - 100.00	220.00 - 240.00	130.00 - 140.00	80.00 - 90.00	130.00 - 140.00
Kandy	60.00 - 75.00	80.00 - 90.00	230.00 - 260.00	140.00 - 150.00	80.00 - 100.00	130.00 - 140.00
Hambantota	80.00 - 100.00	50.00 - 80.00	200.00 - 250.00	150.00 - 200.00	50.00 - 80.00	150.00 - 200.00
Thambuththegama (DEC)	30.00 - 60.00	45.00 - 60.00	170.00 - 200.00	100.00 - 120.00	30.00 - 60.00	100.00 - 130.00
Tissamaharama	50.00 - 70.00	70.00 - 80.00	230.00 - 250.00	160.00 - 170.00	20.00 - 30.00	80.00 - 100.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 80.00	60.00 - 80.00	-	-	-	-
Veyangoda	60.00 - 80.00	70.00 - 100.00	230.00 - 280.00	130.00 - 160.00	80.00 - 100.00	110.00 - 150.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	160.00 - 200.00	180.00 - 200.00	400.00 - 500.00	800.00 - #####	80.00 - 120.00	80.00 - 120.00
Meegoda (DEC)	200.00 - 260.00	180.00 - 220.00	450.00 - 530.00	##### - #####	70.00 - 120.00	120.00 - 130.00
Moneragala	120.00 - 200.00	80.00 - 120.00	550.00 - 650.00	900.00 - #####	100.00 - 120.00	80.00 - 100.00
Dambulla (DEC)	130.00 - 150.00	140.00 - 160.00	350.00 - 450.00	950.00 - #####	60.00 - 80.00	70.00 - 90.00
Keppetipola (DEC)	190.00 - 200.00	160.00 - 170.00	500.00 - 550.00	900.00 - #####	80.00 - 100.00	100.00 - 120.00
Norochchhole (DEC)	150.00 - 250.00	150.00 - 180.00	400.00 - 480.00	-	80.00 - 120.00	70.00 - 130.00
Nuwara Eliya	200.00 - 220.00	170.00 - 180.00	550.00 - 600.00	980.00 - #####	100.00 - 110.00	130.00 - 140.00
Kandy	200.00 - 220.00	150.00 - 180.00	400.00 - 430.00	900.00 - 950.00	85.00 - 100.00	100.00 - 120.00
Hambantota	200.00 - 250.00	80.00 - 120.00	450.00 - 500.00	800.00 - 950.00	90.00 - 120.00	80.00 - 130.00
Thambuththegama (DEC)	140.00 - 170.00	130.00 - 160.00	380.00 - 450.00	700.00 - 800.00	80.00 - 100.00	70.00 - 90.00
Tissamaharama	150.00 - 170.00	130.00 - 150.00	480.00 - 500.00	600.00 - 650.00	120.00 - 130.00	110.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	380.00 - 400.00	-	80.00 - 100.00	100.00 - 120.00
Veyangoda	220.00 - 260.00	180.00 - 200.00	450.00 - 500.00	##### - #####	90.00 - 100.00	120.00 - 140.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	30.00 - 40.00	30.00 - 40.00	250.00 - 280.00	90.00 - 100.00	70.00 - 80.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	80.00 - 100.00	90.00 - 95.00	80.00 - 85.00
Norochchhole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	80.00 - 85.00	60.00 - 70.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	25.00 - 30.00	65.00 - 70.00	55.00 - 60.00
Kandy	40.00 - 45.00	40.00 - 50.00	230.00 - 240.00	75.00 - 80.00	58.00 - 62.00
Hambantota	45.00 - 50.00	45.00 - 50.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	65.00 - 75.00	60.00 - 63.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	85.00 - 90.00	60.00 - 65.00
Jaffna	-	-	-	-	-
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 45.00	80.00 - 85.00	-

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Up Country Varieties											
	Butter Beans	Green Beans	Carrot		Leeks		Beetroot	Knol Khol		Raddish	Cabbage	Tomato
Colombo	-	380.00 - 600.00	250.00 - 480.00	130.00 - 320.00	180.00 - 280.00	120.00 - 280.00	100.00 - 240.00	140.00 - 280.00	200.00 - 360.00			
Gampaha	-	400.00 - 480.00	240.00 - 320.00	160.00 - 200.00	200.00 - 240.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	240.00 - 240.00		
Kurunegala	-	480.00 - 520.00	320.00 - 380.00	200.00 - 260.00	280.00 - 320.00	200.00 - 240.00	160.00 - 200.00	160.00 - 200.00	240.00 - 280.00	220.00 - 240.00		
Nikaweratiya	-	440.00 - 480.00	320.00 - 400.00	200.00 - 280.00	200.00 - 320.00	160.00 - 240.00	100.00 - 160.00	160.00 - 240.00	160.00 - 240.00	200.00 - 240.00		
Dambulla	-	450.00 - 480.00	300.00 - 320.00	150.00 - 160.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	120.00 - 140.00	200.00 - 220.00	160.00 - 200.00		
Anuradhapura	-	480.00 - 600.00	300.00 - 400.00	160.00 - 240.00	200.00 - 320.00	140.00 - 160.00	120.00 - 160.00	200.00 - 240.00	180.00 - 240.00			
Thambuththegama	-	520.00 - 580.00	240.00 - 280.00	120.00 - 160.00	180.00 - 240.00	140.00 - 180.00	120.00 - 160.00	160.00 - 200.00	150.00 - 200.00			
Polonnaruwa	-	380.00 - 400.00	400.00 - 420.00	240.00 - 260.00	250.00 - 260.00	180.00 - 200.00	130.00 - 140.00	240.00 - 260.00	200.00 - 220.00	200.00 - 220.00		
Kaluthara	-	380.00 - 400.00	320.00 - 340.00	130.00 - 150.00	140.00 - 160.00	160.00 - 180.00	180.00 - 200.00	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00		
Badulla	-	480.00 - 540.00	280.00 - 320.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	140.00 - 160.00	160.00 - 200.00	200.00 - 240.00	200.00 - 240.00		
Keppetipola	-	460.00 - 480.00	220.00 - 240.00	120.00 - 140.00	150.00 - 160.00	150.00 - 160.00	120.00 - 140.00	120.00 - 140.00	130.00 - 140.00	180.00 - 200.00		
Moneragala	-	480.00 - 520.00	320.00 - 400.00	160.00 - 240.00	240.00 - 320.00	-	120.00 - 140.00	200.00 - 320.00	220.00 - 240.00			
Kegalle	-	540.00 - 560.00	360.00 - 400.00	220.00 - 240.00	260.00 - 280.00	210.00 - 240.00	220.00 - 240.00	260.00 - 280.00	220.00 - 240.00			
16 Ampara	-	440.00 - 480.00	320.00 - 360.00	160.00 - 160.00	240.00 - 240.00	180.00 - 180.00	160.00 - 160.00	240.00 - 240.00	200.00 - 240.00			
Dehiwakkandiya	-	480.00 - 520.00	300.00 - 400.00	160.00 - 240.00	160.00 - 200.00	160.00 - 160.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00			
Nuwaraeliya	-	480.00 - 500.00	260.00 - 280.00	150.00 - 160.00	160.00 - 180.00	150.00 - 160.00	130.00 - 140.00	150.00 - 160.00	190.00 - 200.00			
Kandy	-	480.00 - 500.00	320.00 - 360.00	120.00 - 140.00	160.00 - 200.00	120.00 - 140.00	100.00 - 120.00	120.00 - 140.00	160.00 - 200.00			
Puttalam	-	520.00 - 600.00	400.00 - 440.00	180.00 - 220.00	200.00 - 240.00	200.00 - 200.00	180.00 - 200.00	280.00 - 320.00	240.00 - 260.00			
Hambantota	-	460.00 - 480.00	280.00 - 320.00	160.00 - 180.00	200.00 - 240.00	130.00 - 180.00	120.00 - 160.00	160.00 - 200.00	160.00 - 200.00			
Rathnapura	-	460.00 - 480.00	300.00 - 340.00	200.00 - 220.00	220.00 - 240.00	160.00 - 180.00	150.00 - 170.00	200.00 - 230.00	240.00 - 260.00			
Matara	-	480.00 - 500.00	300.00 - 320.00	180.00 - 200.00	200.00 - 240.00	160.00 - 200.00	120.00 - 160.00	160.00 - 220.00	160.00 - 200.00			
Galle	-	520.00 - 560.00	360.00 - 380.00	200.00 - 260.00	200.00 - 260.00	180.00 - 240.00	120.00 - 180.00	240.00 - 260.00	200.00 - 280.00			
Tissamaharama	-	440.00 - 480.00	280.00 - 320.00	150.00 - 170.00	180.00 - 220.00	130.00 - 140.00	100.00 - 120.00	180.00 - 220.00	240.00 - 280.00			
Meegoda (DEC)	-	480.00 - 560.00	320.00 - 360.00	160.00 - 200.00	200.00 - 320.00	160.00 - 200.00	160.00 - 200.00	200.00 - 240.00	200.00 - 240.00			
Embilipitiya	450.00 - 480.00	400.00 - 480.00	300.00 - 400.00	150.00 - 240.00	150.00 - 200.00	150.00 - 200.00	100.00 - 140.00	250.00 - 320.00	160.00 - 180.00			
Jaffna	-	-	-	-	-	-	-	-	-			
Vavuniya	-	500.00 - 600.00	350.00 - 400.00	150.00 - 200.00	150.00 - 200.00	200.00 - 220.00	120.00 - 160.00	180.00 - 200.00	180.00 - 200.00			
Mannar	-	480.00 - 520.00	320.00 - 360.00	240.00 - 280.00	200.00 - 250.00	150.00 - 180.00	120.00 - 150.00	240.00 - 320.00	240.00 - 280.00			
Killinochchi	-	540.00 - 560.00	440.00 - 460.00	240.00 - 260.00	230.00 - 250.00	-	180.00 - 200.00	240.00 - 260.00	240.00 - 260.00			
Mullaithivu	-	450.00 - 480.00	400.00 - 440.00	200.00 - 240.00	200.00 - 240.00	-	150.00 - 160.00	240.00 - 250.00	200.00 - 240.00			
Batticaloa	480.00 - 520.00	480.00 - 520.00	420.00 - 450.00	240.00 - 250.00	240.00 - 250.00	260.00 - 280.00	240.00 - 250.00	250.00 - 280.00	240.00 - 250.00			
Trincomalee		360.00 - 400.00	320.00 - 350.00	180.00 - 230.00	190.00 - 220.00	190.00 - 210.00	140.00 - 160.00	180.00 - 220.00	160.00 - 200.00			
Hanguranketha	-	360.00 - 400.00	230.00 - 250.00	110.00 - 140.00	140.00 - 180.00	90.00 - 120.00	60.00 - 80.00	110.00 - 140.00	120.00 - 150.00			
Veyangoda	-	480.00 - 520.00	320.00 - 380.00	160.00 - 240.00	200.00 - 240.00	160.00 - 240.00	160.00 - 200.00	200.00 - 240.00	160.00 - 240.00			
Galenbindunuwewa	-	480.00 - 600.00	320.00 - 400.00	160.00 - 240.00	180.00 - 240.00	120.00 - 140.00	120.00 - 130.00	160.00 - 240.00	160.00 - 240.00			
Bandarawela	-	460.00 - 500.00	260.00 - 280.00	140.00 - 160.00	160.00 - 180.00	140.00 - 160.00	120.00 - 140.00	140.00 - 160.00	180.00 - 200.00			
Matale	-	460.00 - 480.00	320.00 - 360.00	160.00 - 200.00	200.00 - 240.00	120.00 - 160.00	120.00 - 160.00	200.00 - 240.00	200.00 - 240.00			

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	220.00 - 300.00	600.00 - 700.00	150.00 - 280.00	25.00 - 50.00	30.00 - 58.00	880.00 - 1000.00	750.00 - 850.00	600.00 - 750.00	-	280.00 - 300.00
Gampaha	250.00 - 250.00	550.00 - 650.00	200.00 - 200.00	25.00 - 33.00	31.00 - 41.00	950.00 - 1200.00	700.00 - 800.00	350.00 - 500.00	-	250.00 - 300.00
Kurunegala	200.00 - 250.00	600.00 - 650.00	160.00 - 200.00	25.00 - 30.00	38.00 - 45.00	850.00 - 900.00	650.00 - 700.00	350.00 - 350.00	100.00 - 120.00	180.00 - 200.00
Nikaweratiya	230.00 - 250.00	480.00 - 500.00	220.00 - 250.00	-	47.00 - 50.00	1250.00 - 1300.00	1000.00 - 1150.00	850.00 - 900.00	-	-
Dambulla	240.00 - 260.00	500.00 - 540.00	180.00 - 200.00	-	48.00 - 50.00	1200.00 - 1300.00	800.00 - 900.00	380.00 - 400.00	60.00 - 80.00	260.00 - 280.00
Anuradhapura	220.00 - 280.00	450.00 - 600.00	180.00 - 200.00	28.00 - 35.00	35.00 - 50.00	1100.00 - 1350.00	900.00 - 1000.00	700.00 - 810.00	-	-
Thambuththegama	240.00 - 300.00	550.00 - 580.00	180.00 - 250.00	30.00 - 35.00	48.00 - 50.00	1200.00 - 1350.00	960.00 - 1080.00	-	-	-
Polonnaruwa	200.00 - 220.00	450.00 - 500.00	180.00 - 200.00	-	30.00 - 31.00	900.00 - 950.00	700.00 - 800.00	500.00 - 600.00	-	-
Kaluthara	260.00 - 280.00	580.00 - 600.00	220.00 - 240.00	35.00 - 43.00	46.00 - 48.00	920.00 - 940.00	850.00 - 870.00	-	-	-
Badulla	200.00 - 240.00	460.00 - 520.00	140.00 - 160.00	23.00 - 25.00	32.00 - 34.00	-	880.00 - 950.00	500.00 - 650.00	-	-
Keppetipola	200.00 - 220.00	540.00 - 560.00	150.00 - 160.00	26.00 - 30.00	44.00 - 46.00	-	950.00 - 980.00	760.00 - 780.00	-	330.00 - 350.00
Moneragala	200.00 - 220.00	430.00 - 450.00	100.00 - 120.00	20.00 - 23.00	25.00 - 30.00	-	900.00 - 1000.00	-	-	-
Kegalle	190.00 - 210.00	530.00 - 550.00	190.00 - 210.00	15.00 - 25.00	20.00 - 25.00	900.00 - 1050.00	650.00 - 800.00	300.00 - 500.00	-	-
Ampara	180.00 - 220.00	440.00 - 600.00	200.00 - 250.00	22.00 - 28.00	28.00 - 35.00	-	-	750.00 - 850.00	-	-
Dehiattakandiya	180.00 - 220.00	400.00 - 480.00	160.00 - 180.00	-	46.00 - 56.00	880.00 - 950.00	690.00 - 780.00	450.00 - 550.00	-	180.00 - 200.00
Nuwaraeliya	200.00 - 230.00	560.00 - 600.00	160.00 - 170.00	32.00 - 36.00	46.00 - 50.00	-	960.00 - 980.00	750.00 - 780.00	-	340.00 - 350.00
Kandy	230.00 - 250.00	530.00 - 550.00	180.00 - 200.00	25.00 - 30.00	40.00 - 45.00	1100.00 - 1200.00	750.00 - 800.00	400.00 - 500.00	-	250.00 - 300.00
Puttalam	150.00 - 180.00	520.00 - 600.00	160.00 - 200.00	20.00 - 22.00	-	850.00 - 1000.00	-	-	-	-
Rathnapura	200.00 - 230.00	400.00 - 450.00	200.00 - 220.00	-	-	900.00 - 1000.00	500.00 - 600.00	-	-	-
Hambantota	160.00 - 180.00	500.00 - 550.00	180.00 - 200.00	25.00 - 26.00	30.00 - 32.00	980.00 - 1050.00	800.00 - 880.00	550.00 - 650.00	-	-
Matara	180.00 - 200.00	530.00 - 550.00	180.00 - 200.00	24.00 - 25.00	34.00 - 36.00	1050.00 - 1100.00	925.00 - 980.00	550.00 - 660.00	-	250.00 - 270.00
Galle	200.00 - 240.00	460.00 - 480.00	200.00 - 240.00	30.00 - 32.00	32.00 - 36.00	-	-	700.00 - 780.00	80.00 - 100.00	-
Tissamaharama	180.00 - 200.00	450.00 - 480.00	130.00 - 150.00	30.00 - 32.00	30.00 - 30.00	-	780.00 - 800.00	580.00 - 680.00	-	-
Meegoda (DEC)	220.00 - 250.00	560.00 - 580.00	180.00 - 200.00	40.00 - 45.00	40.00 - 45.00	1190.00 - 1190.00	910.00 - 950.00	700.00 - 730.00	-	-
Embilipitiya	150.00 - 180.00	450.00 - 500.00	160.00 - 180.00	25.00 - 30.00	30.00 - 40.00	900.00 - 1000.00	700.00 - 800.00	500.00 - 600.00	70.00 - 90.00	180.00 - 200.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	220.00 - 250.00	600.00 - 620.00	180.00 - 200.00	30.00 - 45.00	-	900.00 - 940.00	800.00 - 820.00	700.00 - 720.00	-	-
Mannar	200.00 - 240.00	400.00 - 450.00	150.00 - 180.00	24.00 - 30.00	-	-	820.00 - 900.00	640.00 - 720.00	-	180.00 - 180.00
Killinochchi	250.00 - 300.00	450.00 - 500.00	200.00 - 230.00	36.00 - 38.00	-	1350.00 - 1400.00	1050.00 - 1100.00	900.00 - 940.00	-	340.00 - 360.00
Mullaithivu	280.00 - 300.00	420.00 - 450.00	280.00 - 300.00	35.00 - 38.00	45.00 - 46.00	1100.00 - 1150.00	930.00 - 960.00	770.00 - 810.00	-	-
Batticaloa	220.00 - 240.00	580.00 - 600.00	160.00 - 180.00	30.00 - 32.00	-	880.00 - 900.00	780.00 - 800.00	650.00 - 680.00	-	-
Trincomalee	230.00 - 260.00	430.00 - 450.00	180.00 - 200.00	-	-	-	820.00 - 850.00	720.00 - 750.00	-	-
Veyangoda	250.00 - 300.00	600.00 - 650.00	200.00 - 250.00	25.00 - 28.00	31.00 - 44.00	1000.00 - 1300.00	750.00 - 850.00	500.00 - 550.00	-	200.00 - 200.00
Galenbindunuwewa	200.00 - 225.00	350.00 - 400.00	150.00 - 180.00	30.00 - 35.00	40.00 - 50.00	1100.00 - 1300.00	900.00 - 1000.00	750.00 - 800.00	-	-
Bandarawela	220.00 - 240.00	480.00 - 520.00	140.00 - 160.00	24.00 - 26.00	30.00 - 32.00	-	900.00 - 960.00	580.00 - 600.00	-	-
Matale	180.00 - 200.00	450.00 - 500.00	180.00 - 200.00	25.00 - 30.00	35.00 - 40.00	1100.00 - 1200.00	850.00 - 900.00	400.00 - 600.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
20	Colombo	80.00 - 160.00	-	150.00 - 300.00	30.00 - 70.00	25.00 - 80.00	65.00 - 140.00	60.00 - 100.00	80.00 - 140.00	1600.00 - 2500.00	120.00 - 150.00	
	Gampaha	120.00 - 120.00	-	180.00 - 200.00	40.00 - 50.00	40.00 - 50.00	120.00 - 130.00	100.00 - 120.00	100.00 - 120.00	2300.00 - 2500.00	120.00 - 130.00	
	Kurunegala	100.00 - 120.00	40.00 - 40.00	150.00 - 200.00	40.00 - 50.00	50.00 - 60.00	100.00 - 120.00	100.00 - 120.00	120.00 - 140.00	1800.00 - 2400.00	100.00 - 140.00	
	Nikaweratiya	-	-	230.00 - 270.00	-	20.00 - 40.00	80.00 - 100.00	100.00 - 130.00	50.00 - 100.00	2200.00 - 2500.00	100.00 - 100.00	
	Dambulla	50.00 - 60.00	35.00 - 45.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	100.00 - 120.00	80.00 - 100.00	80.00 - 100.00	2500.00 - 2600.00	130.00 - 140.00	
	Anuradhapura	-	-	220.00 - 280.00	-	40.00 - 50.00	80.00 - 120.00	60.00 - 80.00	50.00 - 80.00	2300.00 - 2800.00	140.00 - 160.00	
	Thambuththegama	-	-	150.00 - 220.00	-	30.00 - 50.00	80.00 - 110.00	70.00 - 100.00	70.00 - 100.00	2000.00 - 2300.00	80.00 - 120.00	
	Polonnaruwa	-	-	260.00 - 280.00	-	60.00 - 70.00	-	70.00 - 90.00	50.00 - 60.00	2500.00 - 2550.00	120.00 - 130.00	
	Kaluthara	150.00 - 170.00	-	230.00 - 260.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	100.00 - 120.00	100.00 - 120.00	2000.00 - 2200.00	140.00 - 150.00	
	Badulla	80.00 - 100.00	-	220.00 - 250.00	30.00 - 40.00	30.00 - 40.00	70.00 - 90.00	35.00 - 50.00	45.00 - 60.00	2300.00 - 2500.00	130.00 - 140.00	
	Keppetipola	60.00 - 70.00	25.00 - 28.00	200.00 - 220.00	25.00 - 30.00	24.00 - 26.00	70.00 - 80.00	70.00 - 80.00	-	1600.00 - 2000.00	140.00 - 160.00	
	Moneragala	-	-	230.00 - 250.00	25.00 - 30.00	20.00 - 25.00	80.00 - 100.00	60.00 - 70.00	70.00 - 80.00	2400.00 - 2500.00	100.00 - 120.00	
	Kegalle	-	20.00 - 25.00	190.00 - 200.00	20.00 - 25.00	35.00 - 50.00	80.00 - 100.00	50.00 - 70.00	40.00 - 60.00	2000.00 - 2100.00	120.00 - 130.00	
	Ampara	50.00 - 50.00	-	180.00 - 250.00	48.00 - 48.00	20.00 - 50.00	50.00 - 60.00	50.00 - 75.00	30.00 - 50.00	1600.00 - 1700.00	120.00 - 140.00	
	Dehiwakkandiya	50.00 - 70.00	-	180.00 - 240.00	-	50.00 - 60.00	50.00 - 100.00	70.00 - 100.00	60.00 - 70.00	2500.00 - 3000.00	100.00 - 130.00	
	Nuwaraeliya	-	-	200.00 - 230.00	25.00 - 30.00	24.00 - 26.00	70.00 - 85.00	80.00 - 90.00	30.00 - 40.00	1600.00 - 2000.00	140.00 - 160.00	
	Kandy	90.00 - 100.00	-	200.00 - 220.00	45.00 - 47.00	40.00 - 50.00	80.00 - 100.00	50.00 - 80.00	50.00 - 60.00	2000.00 - 2800.00	130.00 - 150.00	
	Puttalam	-	-	200.00 - 250.00	-	-	80.00 - 100.00	120.00 - 130.00	-	-	100.00 - 140.00	
	Hambantota	-	-	130.00 - 150.00	-	25.00 - 30.00	100.00 - 120.00	40.00 - 60.00	30.00 - 40.00	2200.00 - 2300.00	90.00 - 110.00	
	Rathnapura	-	-	160.00 - 200.00	-	70.00 - 80.00	80.00 - 100.00	50.00 - 60.00	60.00 - 90.00	2250.00 - 2500.00	100.00 - 150.00	
	Matara	-	-	130.00 - 160.00	27.00 - 29.00	38.00 - 41.00	100.00 - 130.00	40.00 - 42.00	30.00 - 36.00	2000.00 - 2100.00	100.00 - 125.00	
	Galle	100.00 - 120.00	-	200.00 - 240.00	60.00 - 64.00	35.00 - 40.00	120.00 - 140.00	55.00 - 70.00	75.00 - 90.00	2500.00 - 3000.00	100.00 - 100.00	
	Tissamaharama	-	-	100.00 - 160.00	40.00 - 45.00	15.00 - 20.00	50.00 - 60.00	40.00 - 50.00	45.00 - 50.00	2500.00 - 2500.00	90.00 - 100.00	
	Meegoda (DEC)	100.00 - 120.00	-	180.00 - 200.00	40.00 - 40.00	35.00 - 40.00	-	50.00 - 70.00	50.00 - 60.00	2000.00 - 2000.00	100.00 - 120.00	
	Embilipitiya	70.00 - 90.00	25.00 - 50.00	120.00 - 140.00	40.00 - 60.00	50.00 - 80.00	100.00 - 120.00	70.00 - 100.00	15.00 - 20.00	1800.00 - 2200.00	120.00 - 130.00	
	Jaffna	-	-	-	-	-	-	-	-	-	-	
	Vavuniya	50.00 - 70.00	-	200.00 - 240.00	-	30.00 - 40.00	80.00 - 90.00	100.00 - 120.00	-	2250.00 - 2350.00	140.00 - 160.00	
	Mannar	80.00 - 120.00	-	200.00 - 250.00	35.00 - 45.00	20.00 - 22.00	120.00 - 150.00	80.00 - 100.00	100.00 - 150.00	2600.00 - 3000.00	120.00 - 150.00	
	Killinochchi	80.00 - 100.00	-	200.00 - 230.00	40.00 - 50.00	30.00 - 40.00	60.00 - 70.00	70.00 - 80.00	-	2400.00 - 2500.00	150.00 - 160.00	
	Mullaitivu	-	-	180.00 - 200.00	-	45.00 - 50.00	-	-	-	-	150.00 - 160.00	
	Batticaloa	-	-	180.00 - 220.00	45.00 - 50.00	25.00 - 30.00	80.00 - 90.00	110.00 - 120.00	-	2200.00 - 2300.00	130.00 - 140.00	
	Trincomalee	83.00 - 86.00	50.00 - 53.00	185.00 - 200.00	40.00 - 42.00	30.00 - 33.00	70.00 - 75.00	83.00 - 90.00	-	2580.00 - 2650.00	145.00 - 150.00	
	Veyangoda	-	-	250.00 - 280.00	40.00 - 50.00	40.00 - 50.00	70.00 - 100.00	80.00 - 90.00	90.00 - 120.00	2000.00 - 2800.00	120.00 - 150.00	
	Galenbindunuwewa	-	-	130.00 - 180.00	-	-	-	50.00 - 80.00	-	2500.00 - 3000.00	120.00 - 130.00	
	Bandarawela	-	-	240.00 - 260.00	40.00 - 45.00	30.00 - 40.00	80.00 - 90.00	30.00 - 40.00	50.00 - 60.00	2200.00 - 2400.00	120.00 - 140.00	
	Matale	80.00 - 90.00	50.00 - 60.00	180.00 - 200.00	50.00 - 60.00	40.00 - 50.00	80.00 - 90.00	90.00 - 100.00	80.00 - 90.00	2400.00 - 2600.00	120.00 - 130.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 37: 08 - 14 September 2023

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	340.00 –	500.00	540.00 –	780.00	880.00 –	1100.00	1200.00 –	1350.00	1800.00 –	2700.00	1300.00 –	1600.00
Kandy	450.00 –	480.00	650.00 –	700.00	850.00 –	1000.00	1400.00 –	1500.00	2000.00 –	2200.00	1350.00 –	1400.00
Kaluthara	600.00 –	620.00	600.00 –	620.00	–	–	1350.00 –	1400.00	–	–	1300.00 –	1350.00
Puttalam	400.00 –	480.00	580.00 –	650.00	800.00 –	900.00	1100.00 –	1250.00	–	–	1000.00 –	1150.00
Matara	500.00 –	550.00	600.00 –	650.00	1050.00 –	1100.00	1700.00 –	1750.00	–	–	1350.00 –	1400.00
Hambantota	450.00 –	500.00	450.00 –	500.00	900.00 –	1100.00	1400.00 –	1600.00	–	–	–	–
Galle	–	–	–	–	650.00 –	900.00	1400.00 –	1500.00	–	–	–	–
Batticaloa	250.00 –	300.00	300.00 –	400.00	600.00 –	700.00	1200.00 –	1300.00	1900.00 –	2000.00	1500.00 –	1600.00
Trincomalee	390.00 –	450.00	600.00 –	650.00	1200.00 –	1280.00	1700.00 –	1750.00	2250.00 –	2300.00	1620.00 –	1700.00
Mannar	350.00 –	380.00	–	–	900.00 –	950.00	–	–	–	–	1200.00 –	1300.00

Locations	Sea Fish				Eggs				Brown		White	
	Mora		Shrimps		Thalapath		Teppeli		Brown		White	
Colombo	–	–	1550.00 –	1700.00	1700.00 –	2200.00	–	–	45.00 –	46.00	43.00 –	44.50
Kandy	1100.00 –	1200.00	1700.00 –	1800.00	1900.00 –	2000.00	–	–	44.00 –	45.00	42.00 –	44.00
Kaluthara	–	–	1700.00 –	1800.00	2000.00 –	2100.00	–	–	–	–	–	–
Puttalam	–	–	1200.00 –	1500.00	–	–	–	–	44.00 –	46.00	43.00 –	45.00
Matara	–	–	1850.00 –	1900.00	1900.00 –	2000.00	–	–	43.00 –	44.00	41.00 –	43.00
Hambantota	–	–	1800.00 –	1900.00	–	–	–	–	–	–	–	–
Galle	700.00 –	800.00	–	–	–	–	–	–	43.00 –	44.00	41.00 –	42.00
Batticaloa	1000.00 –	1100.00	1400.00 –	1500.00	1600.00 –	1700.00	–	–	47.00 –	48.00	47.00 –	48.00
Trincomalee	1600.00 –	1680.00	1200.00 –	1250.00	–	–	–	–	48.00 –	50.00	46.00 –	48.00
Mannar	–	–	1100.00 –	1200.00	–	–	–	–	45.00 –	45.00	44.00 –	44.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 37: 08 - 14 September 2023

Locations	Local Dried Fish					
	Sprats		Kattawa		Thora	
Colombo	70000 –	77500	–	–	87500 –	92500
Kandy	97500 –	100000	–	–	90000 –	95000
Batticaloa	47500 –	50000	97500 –	100000	72500 –	75000
Trincomalee	46000 –	47500	–	–	–	49000 –
Mannar	49000 –	50000	89000 –	90000	82500 –	85000

Locations	Local Dried Fish			Imported Dried Fish			
	Maduwa		Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	67500 –	72500	–	17500 –	21000	40000 –	48000
Kandy	70000 –	72500	–	30000 –	32500	42500 –	50000
Batticaloa	57500 –	60000	–	32500 –	35000	–	–
Trincomalee	62500 –	64000	–	31000 –	31500	41000 –	42500
Mannar	57500 –	60000	50000 –	55000	37500 –	40000	–

Locations	Imported Dried Fish					
	Mora		Balaya		Anguluwa	
Colombo	–	–	–	74000 –	80000	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 37: 08 - 14 September 2023

LOCATIONS	Sea Fish														Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White						
Colombo	650.00 - 900.00	800.00 - 1200.00	1100.00 - 1600.00	1800.00 - 3000.00	2200.00 - 3800.00	1800.00 - 2600.00	1400.00 - 2000.00	2800.00 - 3200.00	46.00 - 50.00	44.00 - 47.00						
Gampaha	800.00 - 800.00	1000.00 - 1000.00	-	2000.00 - 2000.00	-	-	-	2800.00 - 2800.00	48.00 - 50.00	45.00 - 48.00						
Kurunegala	600.00 - 640.00	1100.00 - 1100.00	1400.00 - 1400.00	2100.00 - 2200.00	-	1600.00 - 1600.00	1700.00 - 1700.00	2300.00 - 2400.00	46.00 - 46.00	42.00 - 44.00						
Nikaweratiya	-	900.00 - 900.00	1200.00 - 1300.00	2500.00 - 2500.00	-	-	2200.00 - 2200.00	-	45.00 - 50.00	40.00 - 48.00						
Dambulla	600.00 - 660.00	800.00 - 900.00	1200.00 - 1300.00	2400.00 - 2500.00	2500.00 - 2500.00	2000.00 - 2200.00	1800.00 - 2000.00	2500.00 - 2600.00	49.00 - 50.00	45.00 - 47.00						
Anuradhapura	500.00 - 600.00	950.00 - 1000.00	900.00 - 1100.00	2000.00 - 2200.00	2500.00 - 2500.00	1750.00 - 1800.00	-	2400.00 - 2600.00	-	44.00 - 46.00						
Thambuththegama	400.00 - 400.00	600.00 - 700.00	900.00 - 1000.00	-	3400.00 - 3600.00	-	-	3000.00 - 3200.00	-	35.00 - 46.00						
Polonnaruwa	600.00 - 700.00	700.00 - 800.00	1600.00 - 1700.00	1900.00 - 2000.00	2800.00 - 2800.00	1550.00 - 1600.00	1700.00 - 1800.00	2000.00 - 2200.00	52.00 - 52.00	46.00 - 48.00						
Kaluthara	760.00 - 780.00	780.00 - 800.00	-	1980.00 - 2000.00	-	1800.00 - 2000.00	-	2680.00 - 2700.00	-	43.00 - 44.00						
Badulla	580.00 - 650.00	800.00 - 900.00	1200.00 - 1400.00	2200.00 - 2300.00	-	1600.00 - 1700.00	1700.00 - 1800.00	2300.00 - 2400.00	47.00 - 50.00	44.00 - 47.00						
Keppetipola	560.00 - 580.00	900.00 - 950.00	1260.00 - 1300.00	1850.00 - 1900.00	-	1480.00 - 1520.00	1500.00 - 1560.00	2500.00 - 2600.00	47.00 - 50.00	45.00 - 48.00						
Moneragala	600.00 - 700.00	950.00 - 1000.00	1000.00 - 1200.00	2500.00 - 2600.00	-	-	-	2800.00 - 3000.00	44.00 - 48.00	43.00 - 46.00						
Kegalle	750.00 - 800.00	850.00 - 900.00	-	2350.00 - 2400.00	-	1950.00 - 2000.00	2200.00 - 2250.00	2550.00 - 2600.00	51.00 - 52.00	46.00 - 48.00						
22 Ampara	600.00 - 600.00	800.00 - 800.00	-	2600.00 - 2600.00	-	-	-	-	48.00 - 48.00	45.00 - 50.00						
Dehiattakandiya	-	700.00 - 700.00	1600.00 - 1700.00	2200.00 - 2200.00	3000.00 - 3000.00	-	-	-	44.00 - 45.00	38.00 - 46.00						
Nuwaraeliya	580.00 - 600.00	1000.00 - 1100.00	1300.00 - 1350.00	1800.00 - 1900.00	-	1550.00 - 1650.00	1400.00 - 1500.00	2500.00 - 2600.00	48.00 - 50.00	46.00 - 49.00						
Kandy	600.00 - 650.00	850.00 - 860.00	1100.00 - 1300.00	2100.00 - 2200.00	2800.00 - 3000.00	1600.00 - 1700.00	1680.00 - 1700.00	2300.00 - 2400.00	46.00 - 47.00	44.00 - 46.00						
Puttalam	450.00 - 600.00	600.00 - 750.00	850.00 - 1000.00	1300.00 - 1500.00	-	1200.00 - 1400.00	-	-	45.00 - 47.00	44.00 - 46.00						
Hambantota	650.00 - 700.00	700.00 - 750.00	1550.00 - 1600.00	2200.00 - 2400.00	-	-	-	-	-	44.00 - 46.00						
Rathnapura	680.00 - 720.00	880.00 - 920.00	1420.00 - 1500.00	2260.00 - 2400.00	3700.00 - 3800.00	1520.00 - 1620.00	1720.00 - 1800.00	2700.00 - 2800.00	45.00 - 47.00	43.00 - 45.00						
Matara	700.00 - 750.00	800.00 - 850.00	1600.00 - 1700.00	2300.00 - 2400.00	-	1800.00 - 2000.00	-	2500.00 - 2600.00	44.00 - 46.00	41.00 - 44.00						
Galle	600.00 - 700.00	850.00 - 900.00	1000.00 - 1200.00	2000.00 - 2200.00	2200.00 - 2200.00	-	-	2600.00 - 2800.00	44.00 - 45.00	42.00 - 44.00						
Tissamaharama	600.00 - 600.00	-	1100.00 - 1200.00	-	-	-	-	-	-	43.00 - 45.00						
Meegoda	760.00 - 760.00	800.00 - 800.00	1120.00 - 1120.00	2400.00 - 2400.00	-	2400.00 - 2400.00	-	-	46.00 - 46.00	43.00 - 44.00						
Embilipitiya	600.00 - 650.00	750.00 - 800.00	1400.00 - 1500.00	2200.00 - 2400.00	-	-	-	2350.00 - 2450.00	48.00 - 50.00	43.00 - 45.00						
Jaffna	-	-	-	-	-	-	-	-	-	-						
Vavuniya	500.00 - 560.00	1000.00 - 1200.00	800.00 - 1000.00	2000.00 - 2200.00	2400.00 - 2500.00	1700.00 - 1800.00	2400.00 - 2500.00	2400.00 - 2500.00	45.00 - 47.00	46.00 - 49.00						
Mannar	500.00 - 550.00	-	1100.00 - 1200.00	-	-	1400.00 - 1500.00	1750.00 - 2000.00	-	47.00 - 49.00	45.00 - 46.00						
Killinochchi	550.00 - 600.00	-	800.00 - 850.00	-	-	1600.00 - 1700.00	2800.00 - 3000.00	-	47.00 - 48.00	45.00 - 46.00						
Mullaithivu	400.00 - 500.00	800.00 - 900.00	800.00 - 850.00	-	-	1600.00 - 1800.00	2000.00 - 2200.00	-	-	44.00 - 45.00						
Batticaloa	400.00 - 500.00	500.00 - 600.00	1400.00 - 1500.00	2000.00 - 2100.00	2700.00 - 2800.00	2300.00 - 2400.00	1900.00 - 2000.00	2400.00 - 2500.00	49.00 - 50.00	49.00 - 50.00						
Trincomalee	500.00 - 550.00	740.00 - 780.00	1300.00 - 1350.00	2100.00 - 2200.00	2550.00 - 2600.00	1950.00 - 2000.00	1860.00 - 1950.00	-	50.00 - 52.00	48.00 - 50.00						
Veyangoda	800.00 - 800.00	1000.00 - 1000.00	1600.00 - 1600.00	-	3000.00 - 3000.00	-	2000.00 - 2000.00	2800.00 - 2800.00	43.00 - 46.00	42.00 - 46.00						
Galenbindunuwewa	400.00 - 400.00	800.00 - 800.00	900.00 - 900.00	2200.00 - 2200.00	3000.00 - 3000.00	2400.00 - 2400.00	2000.00 - 2000.00	3000.00 - 3000.00	-	46.00 - 48.00						
Bandarawela	500.00 - 560.00	800.00 - 900.00	1000.00 - 1200.00	2000.00 - 2200.00	-	1600.00 - 1700.00	-	2200.00 - 2400.00	46.00 - 48.00	44.00 - 46.00						
Matale	650.00 - 760.00	900.00 - 1000.00	1600.00 - 1800.00	2400.00 - 2500.00	2800.00 - 3000.00	1800.00 - 2000.00	1700.00 - 1800.00	2400.00 - 2600.00	47.00 - 48.00	45.00 - 46.00						

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
23	Colombo	950.00 – 1300.00	2000.00 – 2800.00	–	2000.00 – 2800.00	1400.00 – 2200.00	1800.00 – 2600.00	950.00 – 1200.00				
	Gampaha	1200.00 – 1200.00	2100.00 – 2400.00	3000.00 – 3200.00	2400.00 – 2400.00	1500.00 – 1500.00	2000.00 – 2000.00	800.00 – 1000.00				
	Kurunegala	950.00 – 1200.00	2000.00 – 2200.00	3000.00 – 3200.00	2000.00 – 2300.00	1200.00 – 1400.00	1800.00 – 1900.00	800.00 – 800.00				
	Nikaweratiya	1100.00 – 1200.00	2000.00 – 2200.00	–	2200.00 – 2200.00	1400.00 – 1400.00	2200.00 – 2200.00	–				
	Dambulla	1100.00 – 1200.00	2300.00 – 2500.00	–	2300.00 – 2400.00	1500.00 – 1600.00	2000.00 – 2200.00	–				
	Anuradhapura	1200.00 – 1300.00	2000.00 – 2800.00	–	2200.00 – 2400.00	1400.00 – 1800.00	2000.00 – 2400.00	800.00 – 1000.00				
	Thambuththegama	1000.00 – 1200.00	2000.00 – 2000.00	–	2400.00 – 2400.00	–	–	800.00 – 1000.00				
	Polonnaruwa	1200.00 – 1400.00	2100.00 – 2200.00	–	2200.00 – 2300.00	1400.00 – 1600.00	1900.00 – 1950.00	1100.00 – 1200.00				
	Kaluthara	1300.00 – 1400.00	2400.00 – 2500.00	–	2400.00 – 2500.00	2300.00 – 2400.00	2200.00 – 2300.00	1200.00 – 1300.00				
	Badulla	1200.00 – 1300.00	2500.00 – 2600.00	–	2200.00 – 2300.00	1600.00 – 1800.00	–	1100.00 – 1200.00				
	Keppetipola	1180.00 – 1260.00	2560.00 – 2580.00	–	2450.00 – 2480.00	1560.00 – 1600.00	2460.00 – 2480.00	1200.00 – 1250.00				
	Moneragala	1200.00 – 1250.00	2200.00 – 2400.00	–	2200.00 – 2400.00	1400.00 – 1600.00	2000.00 – 2400.00	800.00 – 1200.00				
	Kegalle	1000.00 – 1100.00	1900.00 – 2150.00	–	2000.00 – 2200.00	1450.00 – 2000.00	–	–				
	Ampara	970.00 – 1180.00	1950.00 – 2200.00	–	2200.00 – 2200.00	1500.00 – 1600.00	1700.00 – 1800.00	–				
	Dehiattakandiya	1000.00 – 1200.00	–	–	2400.00 – 2400.00	1600.00 – 2000.00	1400.00 – 1600.00	–				
	Nuwaraeliya	1200.00 – 1280.00	2500.00 – 2600.00	–	2400.00 – 2450.00	1500.00 – 1560.00	2350.00 – 2380.00	1250.00 – 1280.00				
	Kandy	1100.00 – 1300.00	2400.00 – 2500.00	–	2400.00 – 2500.00	1600.00 – 1800.00	2000.00 – 2200.00	1100.00 – 1150.00				
	Puttalam	980.00 – 1100.00	1900.00 – 2200.00	–	2000.00 – 2400.00	1000.00 – 1400.00	1000.00 – 1400.00	650.00 – 750.00				
	Hambantota	1150.00 – 1200.00	2200.00 – 2400.00	–	–	1300.00 – 1400.00	2200.00 – 2300.00	–				
	Rathnapura	1060.00 – 1120.00	2300.00 – 2400.00	–	2120.00 – 2300.00	1200.00 – 1260.00	2100.00 – 2200.00	–				
	Matara	1100.00 – 1250.00	2000.00 – 2200.00	–	2000.00 – 2200.00	1400.00 – 1600.00	2000.00 – 2250.00	–				
	Galle	1200.00 – 1400.00	2000.00 – 2400.00	–	2200.00 – 2200.00	1300.00 – 1600.00	1800.00 – 2000.00	800.00 – 1000.00				
	Tissamaharama	1050.00 – 1200.00	–	–	–	1300.00 – 1500.00	–	–				
	Meegoda	950.00 – 1100.00	2400.00 – 2400.00	–	2100.00 – 2200.00	1250.00 – 1400.00	1800.00 – 1800.00	800.00 – 850.00				
	Embilipitiya	1200.00 – 1350.00	2300.00 – 2400.00	–	2200.00 – 2300.00	1650.00 – 2000.00	2250.00 – 2450.00	1400.00 – 1500.00				
	Jaffna	–	–	–	–	–	–	–				
	Vavuniya	1200.00 – 1300.00	1900.00 – 2000.00	–	2000.00 – 2150.00	1200.00 – 1300.00	1000.00 – 1200.00	800.00 – 950.00				
	Mannar	1100.00 – 1200.00	1900.00 – 2100.00	–	1800.00 – 2000.00	1200.00 – 1400.00	900.00 – 1000.00	900.00 – 1000.00				
	Killinochchi	1200.00 – 1300.00	2400.00 – 2500.00	–	2800.00 – 3000.00	1700.00 – 1800.00	1300.00 – 1400.00	1000.00 – 1150.00				
	Mullaittivu	1400.00 – 1500.00	2400.00 – 2600.00	–	2500.00 – 2800.00	1600.00 – 1700.00	1200.00 – 1300.00	900.00 – 1000.00				
	Batticaloa	1150.00 – 1200.00	2300.00 – 2400.00	–	1600.00 – 1700.00	1200.00 – 1300.00	1200.00 – 1300.00	800.00 – 900.00				
	Trincomalee	1000.00 – 1100.00	1950.00 – 2100.00	–	–	1100.00 – 1200.00	1200.00 – 1280.00	700.00 – 750.00				
	Veyangoda	1000.00 – 1200.00	1900.00 – 2200.00	–	2000.00 – 2400.00	1200.00 – 1800.00	1800.00 – 2200.00	1000.00 – 1200.00				
	Galenbindunuwewa	1000.00 – 1200.00	2200.00 – 2400.00	–	2200.00 – 2400.00	1400.00 – 1600.00	2200.00 – 2500.00	800.00 – 1000.00				
	Bandarawela	1200.00 – 1300.00	2200.00 – 2400.00	–	2000.00 – 2200.00	1500.00 – 1600.00	–	900.00 – 1000.00				
	Matale	1100.00 – 1200.00	2400.00 – 2600.00	–	2200.00 – 2300.00	1500.00 – 1600.00	1800.00 – 1900.00	1000.00 – 1100.00				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 37: 08 - 14 September 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 – 2500.00	1250.00 – 1400.00	1300.00 – 1400.00	3000.00 – 3200.00	1400.00 – 1800.00
Gampaha	2200.00 – 2200.00	1350.00 – 1350.00	1700.00 – 1700.00	3300.00 – 3300.00	1500.00 – 1500.00
Kurunegala	1900.00 – 2000.00	1300.00 – 1400.00	–	2700.00 – 2700.00	1400.00 – 1500.00
Nikaweratiya	2000.00 – 2200.00	1300.00 – 1400.00	1250.00 – 1250.00	–	–
Dambulla	–	1250.00 – 1400.00	–	–	1600.00 – 1700.00
Anuradhapura	2200.00 – 2200.00	1400.00 – 1450.00	–	3000.00 – 3200.00	1450.00 – 1500.00
Thambuththegama	2000.00 – 2200.00	1050.00 – 1350.00	1300.00 – 1300.00	–	1450.00 – 1600.00
Polonnaruwa	1800.00 – 1800.00	–	–	–	1800.00 – 1800.00
Kaluthara	2300.00 – 2400.00	1300.00 – 1350.00	1280.00 – 1300.00	–	1400.00 – 1500.00
Badulla	1800.00 – 2000.00	1450.00 – 1550.00	1750.00 – 1800.00	2800.00 – 3000.00	–
Keppetipola	2000.00 – 2100.00	1350.00 – 1400.00	1450.00 – 1500.00	2900.00 – 3000.00	–
Moneragala	2100.00 – 2100.00	1400.00 – 1500.00	–	2800.00 – 2800.00	1450.00 – 1550.00
Kegalle	2200.00 – 2200.00	1250.00 – 1400.00	–	3000.00 – 3000.00	1800.00 – 1850.00
Ampara	2100.00 – 2100.00	1150.00 – 1200.00	1250.00 – 1300.00	–	1650.00 – 1850.00
Dehiattakandiya	–	1330.00 – 1400.00	–	–	1380.00 – 1600.00
Nuwaraeliya	2000.00 – 2200.00	1340.00 – 1400.00	1440.00 – 1520.00	3000.00 – 3200.00	1700.00 – 1800.00
Kandy	2200.00 – 2200.00	1250.00 – 1260.00	1430.00 – 1450.00	3000.00 – 3000.00	1550.00 – 1600.00
Puttalam	2200.00 – 2350.00	1350.00 – 1450.00	–	3200.00 – 3200.00	–
Hambantota	–	1320.00 – 1350.00	–	–	–
Rathnapura	2200.00 – 2200.00	1260.00 – 1350.00	1400.00 – 1500.00	3000.00 – 3200.00	1500.00 – 1560.00
Matara	–	1320.00 – 1350.00	–	–	–
Galle	2200.00 – 2200.00	1300.00 – 1400.00	1500.00 – 1550.00	3300.00 – 3400.00	–
Tissamaharama	–	1350.00 – 1400.00	–	2800.00 – 2800.00	1800.00 – 1850.00
Meegoda	2200.00 – 2200.00	1250.00 – 1300.00	1400.00 – 1400.00	–	1650.00 – 1650.00
Embiliptiya	2150.00 – 2200.00	1120.00 – 1290.00	1300.00 – 1350.00	2900.00 – 3000.00	1500.00 – 1700.00
Jaffna	–	–	–	–	–
Vavuniya	1800.00 – 2000.00	1400.00 – 1500.00	–	2900.00 – 3100.00	–
Mannar	1900.00 – 2000.00	1500.00 – 1500.00	–	–	–
Killinochchi	1900.00 – 1950.00	1500.00 – 1550.00	1700.00 – 1750.00	3000.00 – 3200.00	–
Mullaittivu	1800.00 – 1900.00	–	–	–	–
Batticaloa	1750.00 – 1800.00	1400.00 – 1450.00	1500.00 – 1600.00	3000.00 – 3000.00	–
Trincomalee	1800.00 – 1850.00	1350.00 – 1380.00	1540.00 – 1550.00	–	–
Veyangoda	2200.00 – 2200.00	1280.00 – 1300.00	–	2950.00 – 3000.00	1500.00 – 1500.00
Galenbindunuwewa	1900.00 – 1900.00	1290.00 – 1290.00	–	–	1500.00 – 1500.00
Bandarawela	2000.00 – 2200.00	1450.00 – 1500.00	–	3000.00 – 3200.00	–
Matale	2100.00 – 2200.00	1250.00 – 1380.00	–	2900.00 – 3000.00	1600.00 – 1700.00

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 37: 08 - 14 September 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	95.00 – 110.00	101.00
A'pura	110.00 – 113.00	111.20	Dambulla	290.00 – 320.00	306.00	Hambantota	90.00 – 120.00	105.00
P'naruwa	103.00 – 104.00	103.50	Wellimada	350.00 – 365.00	358.00	Embilipitiya	130.00 – 150.00	138.00
Kalawewa	98.00 – 112.00	103.29	Badulla	330.00 – 375.00	355.00	Matara	–	
Kurunegala	114.00 – 115.00	114.75	Carrot			A'pura	100.00 – 120.00	108.00
Dehiattakandiya	104.00 – 118.75	110.92	N'Ellya	150.00 – 170.00	156.00	Luffa		
Nikaweratiya	110.00 – 113.00	111.17	Wellimada	125.00 – 135.00	131.00	Dambulla	95.00 – 110.00	101.00
Ampara	110.00 – 110.00	110.00	Hanguranketha	170.00 – 190.00	179.00	Hambantota	110.00 – 130.00	120.00
Long Grain (White)			Leeks			Embilipitiya	130.00 – 150.00	138.00
A'pura	100.00 – 106.00	102.40	N'Ellya	30.00 – 36.00	34.00	Matara	–	
P'naruwa	92.00 – 93.00	92.50	Wellimada	30.00 – 36.00	33.00	A'pura	100.00 – 120.00	108.00
Kalawewa	90.00 – 105.00	96.33	Beetroot			Green Chillies		
Kurunegala	107.00 – 110.00	108.25	N'Ellya	50.00 – 60.00	57.00	Dambulla	40.00 – 430.00	414.00
Dehiattakandiya	101.00 – 105.00	103.00	Dambulla	57.00 – 70.00	63.20	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	550.00 – 600.00	578.00
Nikaweratiya	100.00 – 106.00	104.00	Wellimada	45.00 – 55.00	51.00	Puttalam	350.00 – 450.00	388.33
Hambantota	–		Hanguranketha	40.00 – 65.00	52.00	A'pura	400.00 – 450.00	420.00
Ampara	100.00 – 105.00	102.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	45.00 – 50.00	47.00	Dambulla	48.00 – 57.00	54.20
Matara	105.00 – 110.00	106.50	Wellimada	40.00 – 45.00	42.00	Hambantota	40.00 – 50.00	43.75
Hambantota	100.00 – 105.00	102.33	Hanguranketha	20.00 – 30.00	26.60	Embilipitiya	60.00 – 75.00	67.50
Embilipitiya	104.00 – 105.00	104.60	Raddish			Matara	35.00 – 45.00	38.75
Keeri Samba			N'Ellya	30.00 – 35.00	33.00	A'pura	40.00 – 50.00	44.00
A'pura	130.00 – 140.00	135.00	Wellimada	18.00 – 22.00	19.60	Moneragala	60.00 – 65.00	62.00
P'naruwa	123.00 – 125.00	123.90	Hambantota	40.00 – 50.00	45.00	Cucumber		
Kalawewa	130.00 – 140.00	136.25	Hanguranketha	15.00 – 25.00	20.00	A'pura	40.00 – 50.00	44.00
Kurunegala	135.00 – 135.00	135.00	Cabbage			Dambulla	48.00 – 57.00	52.40
Dehiattakandiya	128.00 – 135.00	131.00	N'Ellya	45.00 – 55.00	51.00	Hambantota	30.00 – 35.00	32.50
Red Onion			Wellimada	25.00 – 30.00	27.20	Matara	40.00 – 50.00	46.25
Puttalam	–		Badulla	35.00 – 50.00	42.00	Long Beans		
Jaffna	–		Hanguranketha	30.00 – 40.00	34.00	Dambulla	125.00 – 140.00	132.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Wellimada	55.00 – 65.00	61.00	Embilipitiya	130.00 – 160.00	146.00
Kalawewa	–		Hambantota	–		Matara	130.00 – 150.00	138.75
A'pura	–		Dambulla	100.00 – 115.00	107.00	A'pura	140.00 – 160.00	148.00
Potato			Hanguranketha	30.00 – 40.00	36.60	Ash Plantain		
N'Ellya	205.00 – 212.00	209.00	Vegetable (Low Country)			Hambantota	–	
Badulla	–		Ladies Fingers			Embilipitiya	100.00 – 120.00	108.00
Wellimada	150.00 – 160.00	156.00	A'pura	55.00 – 65.00	59.00	Matara	100.00 – 120.00	111.25
Pulses			Dambulla	57.00 – 67.00	60.60	Lime		
Green Gram			Hambantota	35.00 – 50.00	41.00	Hambantota	–	
Hambantota	–		Embilipitiya	55.00 – 70.00	61.00	Embilipitiya	800.00 – 850.00	832.00
Moneragala	630.00 – 650.00	638.00	Matara	45.00 – 55.00	50.00	Moneragala	850.00 – 900.00	870.00
Embilipitiya	780.00 – 800.00	790.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	750.00 – 750.00	750.00	A'pura	150.00 – 160.00	154.00	Banana		
A'pura	650.00 – 700.00	675.00	Dambulla	200.00 – 220.00	213.00	Ambul		
Cowpea			Hambantota	–		Moneragala	120.00 – 140.00	128.00
Hambantota	–		Embilipitiya	150.00 – 200.00	176.00	Embilipitiya	70.00 – 100.00	84.00
Nikaweratiya	700.00 – 725.00	712.50	Matara	130.00 – 150.00	140.00	Hambantota	90.00 – 120.00	105.00
Moneragala	800.00 – 850.00	820.00	Wellimada	155.00 – 165.00	160.00	Kolikuttu		
Embilipitiya	790.00 – 800.00	795.00	Badulla	–		Moneragala	320.00 – 350.00	332.00
Maize			Wellimada	260.00 – 280.00	271.00	Embilipitiya	380.00 – 430.00	404.00
A'pura	125.00 – 140.00	132.50	Bitter Gourd			Hambantota	–	
Kalawewa	100.00 – 130.00	116.00	A'pura	190.00 – 210.00	198.00	Papaw		
Gingelly			Dambulla	190.00 – 220.00	206.00	Moneragala	120.00 – 140.00	128.00
A'pura	750.00 – 800.00	775.00	Hambantota	–		Embilipitiya	50.00 – 70.00	58.00
Kalawewa	–		Embilipitiya	230.00 – 320.00	268.00	Hambantota	50.00 – 70.00	60.00
Black Gram			Matara	190.00 – 200.00	196.25	Pineapple		
A'pura	850.00 – 900.00	875.00	Divulapitiya	–		Divulapitiya	–	

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 37: 08 - 14 September 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	230.00	-	230.00	230.00	-	240.00	230.00	-	230.00
Samba 2	230.00	-	230.00	230.00	-	230.00	225.00	-	230.00
Keeri Samba	290.00	-	290.00	290.00	-	290.00	300.00	-	300.00
Nadu 1	210.00	-	220.00	220.00	-	220.00	210.00	-	220.00
Nadu 2	-		-	-		200.00	200.00	-	210.00
Raw (Red)	180.00	-	180.00	200.00	-	200.00	180.00	-	200.00
Raw (White)	200.00	-	210.00	200.00	-	200.00	210.00	-	210.00
Imported									
Samba	280.00	-	280.00	-		280.00	-	300.00	-
Nadu	-		-	-		-	-	-	-
Raw (Red)	-		-	-		-	-	-	-
Raw (White)	-		-	-		-	-	-	-
Dried Chillies									
Imported	1100.00	-	1200.00	1500.00	-	1500.00	1300.00	-	1500.00
Red Onion									
Sinnan	350.00	-	350.00	-		380.00	-	400.00	-
Vedalan	-		600.00	-	600.00	-	480.00	-	480.00
Imported	-		-	-		-	-	-	-
Big Onion									
Imported	200.00	-	220.00	200.00	-	240.00	220.00	-	240.00
Local	-		-	-		-	-	-	-
Potato									
Welimada	-		-	-		-	-	-	-
N'Eliya	300.00	-	300.00	440.00	-	440.00	360.00	-	400.00
Imported	180.00	-	200.00	200.00	-	280.00	200.00	-	240.00
Pulses									
Green Gram	1000.00	-	1100.00	-		1150.00	-	1300.00	-
Cowpea (White)	1000.00	-	1100.00	-		1060.00	-	1060.00	-
Cowpea (Red)	1000.00	-	1100.00	-		1100.00	-	1200.00	-
Red Dhal	320.00	-	325.00	360.00	-	360.00	340.00	-	380.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 37: 08 - 14 September 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00	- 500.00	600.00	- 600.00	480.00	- 520.00	480.00	- 600.00	400.00
Carrot	250.00	- 280.00	400.00	- 400.00	400.00	- 480.00	400.00	- 400.00	320.00
Leeks	130.00	- 180.00	280.00	- 320.00	240.00	- 280.00	240.00	- 320.00	140.00
Beetroot	180.00	- 200.00	280.00	- 280.00	280.00	- 280.00	280.00	- 220.00	200.00
Knolkhol	120.00	- 140.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	160.00
Raddish	100.00	- 120.00	240.00	- 240.00	200.00	- 240.00	240.00	- 200.00	140.00
Cabbage	140.00	- 150.00	280.00	- 280.00	240.00	- 280.00	240.00	- 280.00	180.00
Tomato	200.00	- 240.00	360.00	- 360.00	220.00	- 240.00	320.00	- 220.00	200.00
Ladies Fingers	150.00	- 180.00	320.00	- 320.00	240.00	- 320.00	280.00	- 220.00	180.00
Brinjal	260.00	- 360.00	480.00	- 480.00	320.00	- 380.00	480.00	- 400.00	340.00
Capsicum	260.00	- 300.00	480.00	- 600.00	400.00	- 480.00	480.00	- 600.00	350.00
Pumpkin	100.00	- 100.00	160.00	- 200.00	160.00	- 200.00	200.00	- 170.00	100.00
Cucumber	120.00	- 150.00	200.00	- 240.00	160.00	- 240.00	240.00	- 200.00	120.00
Bitter Gourd	250.00	- 280.00	400.00	- 480.00	400.00	- 480.00	480.00	- 420.00	320.00
Snake Gourd	200.00	- 200.00	320.00	- 320.00	280.00	- 320.00	320.00	- 320.00	200.00
Drumstick	180.00	- 220.00	320.00	- 320.00	240.00	- 280.00	320.00	- 260.00	160.00
Luffa	200.00	- 220.00	320.00	- 320.00	280.00	- 320.00	240.00	- 260.00	200.00
Long Beans	300.00	- 300.00	400.00	- 400.00	320.00	- 400.00	480.00	- 400.00	240.00
Ash Plantain	240.00	- 260.00	320.00	- 360.00	320.00	- 350.00	320.00	- 320.00	240.00
Green Chillies	550.00	- 580.00	800.00	- 800.00	700.00	- 800.00	800.00	- 800.00	600.00
Lime	1200.00	- 1300.00	1600.00	- 1600.00	1500.00	- 1600.00	1400.00	- 1600.00	1200.00
<u>Root Crops</u>									
Sweet Potato	140.00	- 160.00	240.00	- 240.00	220.00	- 240.00	240.00	- 240.00	200.00
Manioc	160.00	- 180.00	200.00	- 240.00	220.00	- 240.00	200.00	- 260.00	180.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00	- 50.00	80.00	- 80.00	70.00	- 70.00	80.00	- 70.00	70.00
Kankun	50.00	- 50.00	80.00	- 80.00	70.00	- 70.00	80.00	- 70.00	70.00
Gotukola	90.00	- 100.00	100.00	- 100.00	90.00	- 90.00	100.00	- 100.00	90.00
<u>Coconut</u>									
Large	100.00	- 100.00	110.00	- 110.00	100.00	- 110.00	100.00	- 120.00	100.00
Small	90.00	- 90.00	85.00	- 90.00	80.00	- 90.00	80.00	- 95.00	90.00

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Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 37: 08 - 14 September 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	220.00	-	250.00	240.00	-	280.00	280.00	-	300.00
Kolikuttu (Rs/Kg)	600.00	-	700.00	650.00	-	700.00	650.00	-	650.00
Seeni (Rs/Kg)	150.00	-	200.00	260.00	-	280.00	250.00	-	260.00
Anamalu	28.00	-	35.00	37.00	-	42.00	37.00	-	50.00
Ambun	38.00	-	50.00	50.00	-	56.00	53.00	-	58.00
<u>Pineapple</u>									
Large	900.00	-	950.00	900.00	-	950.00	900.00	-	950.00
Medium	750.00	-	780.00	750.00	-	800.00	750.00	-	850.00
30 Small	650.00	-	700.00	650.00	-	700.00	650.00	-	680.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	280.00	-	300.00	-	-	-	-	-	-
Vilad	80.00	-	100.00	160.00	-	160.00	100.00	-	100.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00	-	50.00	40.00	-	80.00	60.00	-	80.00
Orange	70.00	-	100.00	120.00	-	130.00	130.00	-	140.00
Avocado	60.00	-	100.00	80.00	-	100.00	80.00	-	100.00
Slime Apple	80.00	-	100.00	120.00	-	130.00	100.00	-	100.00
Grapes (Rs/Kg)	1600.00	-	2000.00	2200.00	-	2200.00	2200.00	-	2300.00
Papaw (Rs/Kg)	150.00	-	220.00	280.00	-	280.00	240.00	-	260.00
Passion	30.00	-	35.00	50.00	-	55.00	60.00	-	60.00
King Coconut	130.00	-	150.00	150.00	-	150.00	130.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 37: 08 - 14 September 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA										
<u>Sea Fish</u>																			
Salaya	650.00	700.00	700.00	720.00	900.00	900.00	890.00	900.00	680.00	680.00	800.00	800.00	700.00	800.00	780.00	800.00	760.00	800.00	
Hurulla	800.00	820.00	800.00	800.00	1200.00	1200.00	1000.00	1100.00	800.00	800.00	890.00	900.00	800.00	900.00	900.00	920.00	800.00	880.00	
Balaya	1100.00	1200.00	-	-	1600.00	1600.00	-	-	-	-	1600.00	1600.00	1400.00	1400.00	-	-	-	-	
Kelawalla	1800.00	1800.00	2800.00	2800.00	2400.00	2400.00	3000.00	3000.00	2800.00	2800.00	2400.00	2600.00	-	-	2600.00	2800.00	2600.00	2800.00	
Thora	2200.00	2400.00	3200.00	3200.00	-	-	3800.00	3800.00	-	-	3200.00	3200.00	-	-	3200.00	3200.00	-	-	
Paraw	1800.00	2000.00	2600.00	2600.00	1800.00	2000.00	2600.00	2600.00	2400.00	2400.00	2400.00	2400.00	2400.00	2400.00	2600.00	2600.00	-	-	
Mora	1400.00	1400.00	-	-	-	-	-	-	-	-	1600.00	1600.00	1600.00	1600.00	2000.00	2000.00	1900.00	1900.00	
Shrimps Small	1900.00	2000.00	1900.00	1900.00	2000.00	2000.00	1850.00	1900.00	1920.00	1920.00	1800.00	2000.00	1800.00	1800.00	1820.00	1820.00	1900.00	1900.00	
Talapath	2800.00	3000.00	3000.00	3200.00	3200.00	3200.00	3200.00	3200.00	3200.00	3200.00	3200.00	2800.00	3000.00	3200.00	3200.00	3200.00	3200.00	3200.00	
<u>Eggs (Rs/Egg)</u>																			
Brown	47.00	47.00	47.00	47.00	46.00	46.00	47.00	47.00	47.00	47.00	50.00	50.00	48.00	48.00	48.00	48.00	48.00	48.00	
White	45.00	45.00	45.00	45.00	45.00	45.00	45.00	45.00	44.00	44.00	47.00	47.00	45.00	45.00	46.00	46.50	45.00	45.00	
<u>Dried Fish</u>																			
Sprats	2100.00	2100.00	2000.00	2000.00	2000.00	2200.00	2000.00	2400.00	2600.00	2600.00	2600.00	2200.00	2400.00	2200.00	2400.00	2000.00	2200.00	2000.00	2200.00
Kattawa	2000.00	2200.00	2400.00	2600.00	2300.00	2400.00	2600.00	2800.00	2200.00	2400.00	2000.00	2200.00	2000.00	2200.00	2100.00	2200.00	2600.00	2800.00	
Thora	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Mora	2000.00	2200.00	2400.00	2400.00	2500.00	2600.00	2400.00	2600.00	2400.00	2400.00	2800.00	2800.00	2400.00	2400.00	2300.00	2400.00	2600.00	2600.00	
Balaya	1500.00	1800.00	1800.00	2200.00	2200.00	2200.00	1800.00	2200.00	1600.00	1800.00	-	-	1400.00	1600.00	1800.00	2000.00	2000.00	2200.00	
Anguluwa	1800.00	1850.00	2500.00	2600.00	2600.00	2600.00	2200.00	2200.00	2400.00	2400.00	2600.00	2600.00	-	-	-	-	1800.00	2200.00	
Salaya	950.00	1100.00	1100.00	1200.00	1100.00	1200.00	1000.00	1200.00	1000.00	1100.00	1100.00	1200.00	1100.00	1200.00	1000.00	1200.00	1000.00	1200.00	
<u>Meat</u>																			
Beef (without Bones)	-	2300.00	2300.00	2500.00	2500.00	2300.00	2300.00	2200.00	2200.00	-	2200.00	2200.00	-	-	-	-	-	-	
Chicken (Broiler)	1250.00	1250.00	1350.00	1350.00	1340.00	1340.00	1350.00	1350.00	1250.00	1250.00	1250.00	1250.00	1300.00	1300.00	1370.00	1400.00	1380.00	1380.00	
Chicken (Curry)	1300.00	1300.00	1400.00	1400.00	1400.00	1400.00	1400.00	1400.00	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	-	-	1400.00	1400.00	
Mutton	-	3200.00	3200.00	3200.00	3200.00	3200.00	3200.00	3200.00	3000.00	3000.00	3200.00	3200.00	3100.00	3100.00	-	-	-	-	
Pork	-	1600.00	1600.00	1800.00	1800.00	1500.00	1500.00	-	-	-	-	-	-	1600.00	1600.00	1400.00	1400.00	1400.00	

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

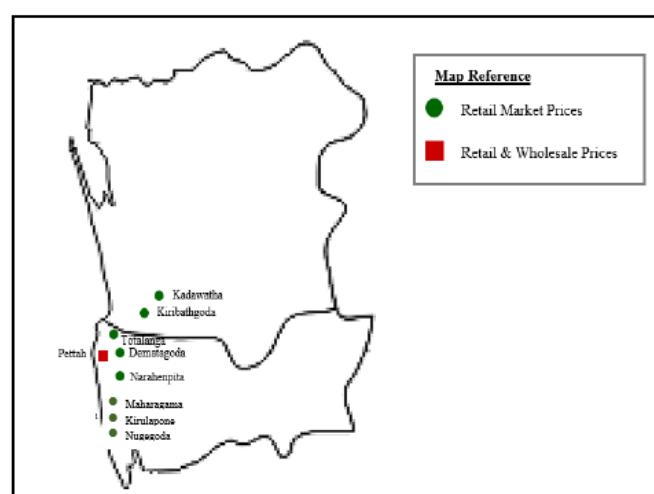
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



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යොඩ්නික මිලටරි කොළ විල,
තංහෙල දුරකථනයායේ

හෙක්වර කොළඹකුව ගොවී කටයුතු තරේයේකම්
හා ප්‍රහැරුවේ ආයතනය අනුග්‍රහයෙන්

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අමතන්න.

වොඩ්නික අද තිල - ආ එම
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