

RETAIL MARKET AT A GLANCE

Summary

Rice



Price of keeri samba has not changed significantly and prices of nadu grade I, II and raw red have decreased by Rs.1.00/kg, Rs.2.00/kg and Rs.1.00/kg respectively. Imported samba and imported raw white have increased by Rs.2.00/kg, Rs.1.00/kg respectively. Compared to the same period last year, price of all local rice have decreased by 8%-40% and price of all imported rice have decreased by 3%-6%. Due to the beginning of harvesting, a drop in prices for all paddy varieties is anticipated in the upcoming weeks.

(Page No.01-02)

Other Field Crops



Price of imported dried chilies has increased by Rs.4.00/kg and the price ranged Rs.1100.00-1500.00/kg. Price of imported red onion has decreased by Rs.45.00/kg and the price ranged Rs.400.00-450.00/kg. Price of big onion has increased by Rs.25.00/kg and the price ranged Rs.140.00-180/kg. Price of Nuwara Eliya and imported potatoes have increased by Rs.32.00/kg, Rs.9.00/kg respectively.

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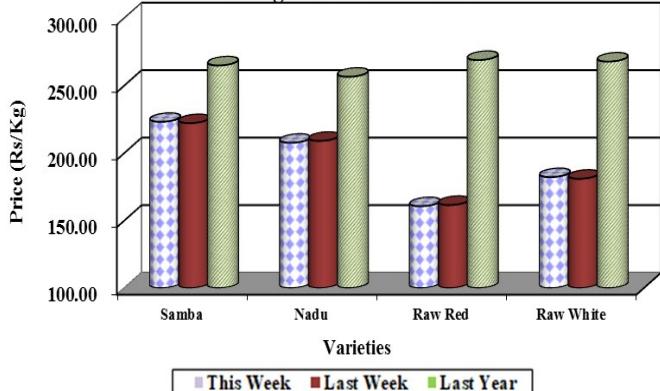
Vegetables



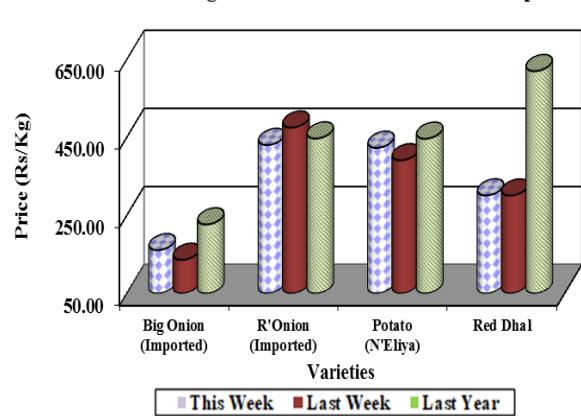
Price of most of the vegetables have decreased with increased supply. Considering up-country varieties, the highest price decrease was reported for leeks as Rs.46.00/kg followed by carrots as Rs.16.00/kg. Considering low-country varieties, the highest price decrease was reported for drumstick as Rs.86.00/kg followed by bitter gourd as Rs.54.00/kg. However, prices of tomatoes have increased by Rs.120.00/kg

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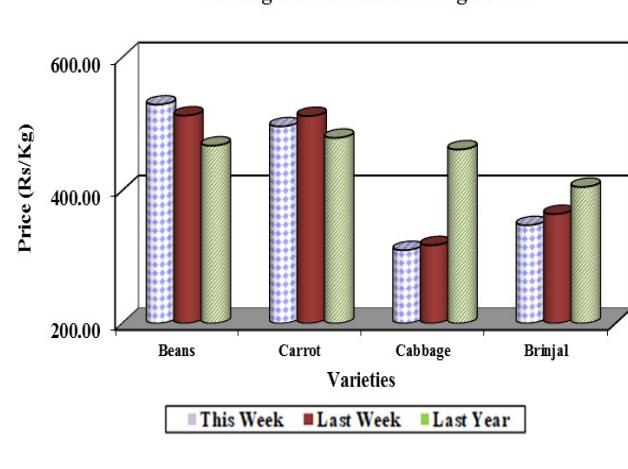
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Price of keeri samba and nadu grade I was not changed significantly and average prices were Rs.259.00/kg and Rs.178.00/kg respectively. Price of nadu grade II and raw red have decreased by 1% due to low demand. Price ranges were Rs.168.00-173.00/kg and Rs.135.00-140.00/kg respectively. Price of samba grade I and II and raw white increased by 4%, 3% and 3% respectively and price ranges were Rs.205.00-215.00/kg, Rs.190.00-205.00/kg and Rs.160.00-170.00/kg respectively.

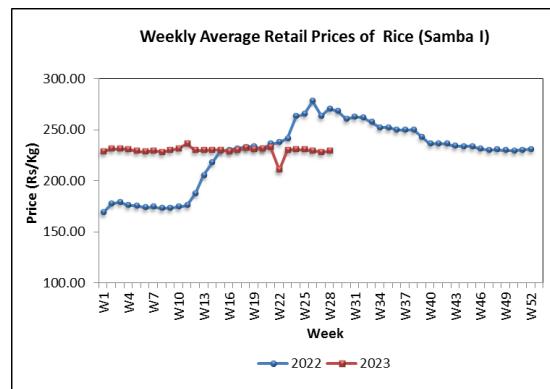
Price of imported samba and imported raw white have increased by 5% and 1% respectively due to low supply. Price ranges were Rs.205.00-225.00/kg, Rs.190.00-192.00/kg respectively.

Compared to the same period of last year, all local rice have decreased by 17%-46% except keeri samba. Keeri samba price increased by 2% and all imported rice varieties have increased by 7%-10%.

Retail

Price of keeri samba was not changed significantly and price ranged Rs.260.00-280.00/kg. Nadu grade I, II and raw red have decreased by Rs.1.00-2.00/kg and

price ranged Rs.210.00-220.00/kg, Rs.190.00-210.00/kg and Rs.150.00-180.00/kg respectively. Samba grade I, grade II, raw white have increased by Rs.1.00/kg and the price range Rs.220.00-230.00/kg, Rs.210.00-220.00/kg and Rs.170.00-190.00/kg respectively.



Imported samba and imported raw white have increased by Rs.2.00/kg and Rs.1.00/kg respectively. Price ranged Rs.220.00-240.00/kg and Rs.200.00-210.00/kg respectively.

Compared to the same period of the last year, price of all the local rice varieties have decreased by 8%-40% and price of all the imported rice have decreased by 3%-6%.

Paddy

Harvesting of paddy in 2023 yala season has already commenced in some of the major producing areas. The average prices of short grain paddy have decreased in Kurunegala, Dehiattakandiya and Nikaweratiya areas by Rs.1.00-3.00/kg. However, prices have increased in

Anuradhpura and Kalawewa areas by Rs.2.00-3.00/kg. Short grain paddy prices have not changed in Polonnaruwa and Ampara areas and the price ranged Rs.100.00-111.00/kg.

Average farm gate prices of long grain white paddy have decreased by Rs.1.00-7.00/kg in major producing areas except Anuradhpura and Kalawewa. The highest price decrease was reported in Ampara due to supply of newly harvested moist paddy.

Keeri samba paddy prices have further increased in major producing areas by Rs.1.00-2.00/kg and the price ranged Rs.130.00-146.00/kg. Subsequently, long grain red paddy prices have also increased by Rs.1.00-2.00/kg and the price ranged Rs.75.00-80.00/kg. However, a decrease in prices for all paddy varieties will be expected in the coming weeks due to commencement of harvesting.

Compared to the same period of last year, all major paddy varieties except keeri samba have decreased in the range of 16%-43%.

Dried Chilies

Wholesale

Price of imported dried chilies has not changed significantly and the price ranged Rs.1040.00-1150.00/kg.

Compared to the same period of last year, imported dried chilies has decreased by 36%.

Retail

Price of imported dried chilies has increased by Rs.4.00/kg and the price ranged Rs.1100.00-1500.00/kg.

Compared to the same period of last year, price of imported dried chilies has decreased by 39%.

Onion

Wholesale

Price of vedalan red onion has increased by 5% due to supply of high quality stocks and the price ranged Rs.450.00-500.00/kg.

Price of imported big onion has increased by 25% due to increased CIF prices and the price ranged Rs.115.00-130.00/kg.

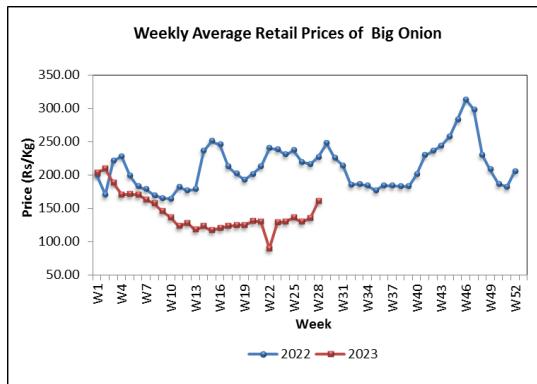
Compared to the same period of last year, vedalan red onion price has increased by 28% while imported big onion price has decreased by 34%.

Retail

Price of vedalan red onion has increased by Rs.3.00/kg and the price ranged Rs.600.00-650.00/kg. Price of imported red onion has

decreased by Rs.45.00/kg and the price ranged Rs.400.00-450.00/kg.

Price of big onion has increased by Rs.25.00/kg and the price ranged Rs.140.00-180/kg.



Compared to the same period of last year, prices of imported red onion and imported big onion have decreased by 4%-29% respectively.

Potato

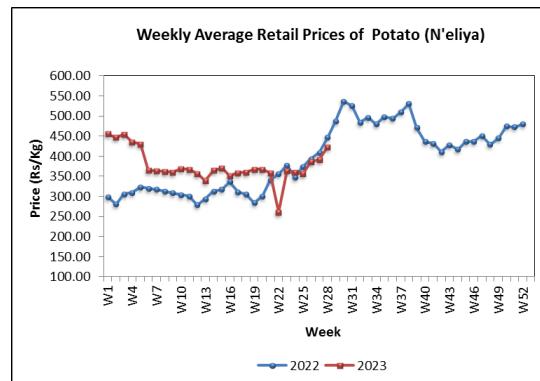
Wholesale

Price of Nuwara Eliya and imported potatoes have increased by 8% and 1% respectively due to high quality stocks. The price ranged Rs.310.00-360.00/kg and Rs.190.00-230.00/kg respectively.

Compared to the same period of last year, price of Nuwara Eliya potato has decreased by 8% while imported potato has increased by 11%.

Retail

Price of Nuwara Eliya and imported potato have increased by Rs.32.00/kg and Rs.9.00/kg respectively. The price ranged Rs.380.00-480.00/kg and Rs.205.00-280.00/kg respectively.



Compared to the same period of last year, prices of Nuwara Eliya and imported potato have decreased by 5% and 3% respectively.

Pulses

Wholesale

Price of red dhal has not changed significantly. Average price was Rs.249.00/kg and the price of white cowpea has decreased by 1% due to availability of low quality stocks. The price ranged Rs.620.00-675.00/kg. Price of green gram and red cowpea have increased by 5% and 4% respectively due to decreased supply and the price ranged

Rs.800.00-950.00/kg and Rs.750.00-800.00/kg respectively.

Compared to the same period of last year, green gram and red cowpea have increased by 9% and 23% respectively while white cowpea and red dhal have decreased by 11% and 54% respectively.

Retail

Price of white cowpea price has decreased by Rs.10.00/kg and the price ranged Rs.750.00-1000.00/kg. Price of green gram and red cowpea have increased by Rs.11.00/kg and Rs.1.00/kg respectively. Red dhal prices have not changed significantly and the price ranged Rs.270.00-330.00/kg.

Compared to the same period of last year, red dhal price decreased by 51%. All the other pulses prices have increased by 3%-31%.

Vegetable

Wholesale

Price of most of the varieties have decreased with increased supply from producing areas.

Considering up country varieties, the highest price decrease was reported for leeks as 34% due to increased supply from Nuwara Eliya areas. Price of both knolkhol and carrot have decreased by 15% due to slight changes in market demand.

However, price of beans has increased by 18% due to decreased supply from Kandy areas.

Due to decreased supply from all producing areas price of tomato has increased by 37% and the price of capsicum have decreased by 1%.

Considering low-country varieties, the highest price decrease was reported for cucumber as 37% due to increased supply from Kalpitiya and Puttalam areas, followed by drumstick as 22% due to increased supply from Jaffna. Prices of snake gourd, long beans and bitter gourd have increased in the range of 14%-15% with the increased supply from Kandy areas. Prices of luffa, pumpkin, ladies fingers and ash plantain have decreased in the range of 6%-9% with the increased supply from major producing areas. However, price of brinjal has increased by 11% due to decreased supply from Embilipitiya area.

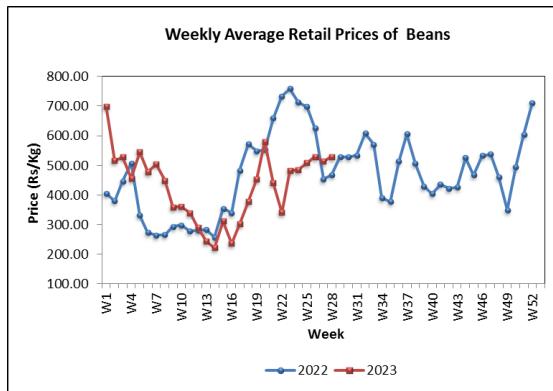
With the increased supply from Jaffna, price of green chilies has decreased by 9% and price of lime has decreased by 7% with the increased supply from Monaragala area.

Compared to the same period of last year, prices of most of the varieties have decreased and the highest price decrease was reported for cabbage as 53%.

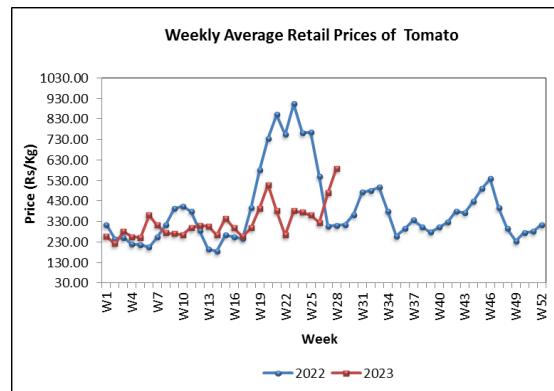
Retail

In line with the decreased wholesale price, retail price of most of the vegetable varieties also decreased.

Considering up country varieties, the highest price decrease was reported for leeks as Rs.46.00/kg followed by carrot as Rs.16.00/kg. Prices of raddish and beetroot have decreased by Rs.8.00/kg and Rs.1.00/kg respectively. Prices of both knolkhol and cabbage have decreased by Rs.7.00/kg. However, prices of beans have increased by Rs.17.00/kg.



Prices of tomato have increased by Rs.120.00/kg while prices of capsicum have decreased by Rs.94.00/kg respectively.



Considering low country varieties, the highest price decrease was reported for drumstick as Rs.86.00/kg followed by bitter gourd as Rs.54.00/kg. Prices of snake gourd, luffa and cucumber have decreased by Rs.51.00/kg, Rs.39.00/kg and Rs.24.00/kg respectively. Prices of brinjal, ash plantain and long beans have decreased by Rs.17.00/kg, Rs.2.00/kg and Rs.1.00/kg respectively.

Further, prices of green chilies and lime have decreased by Rs.41.00/kg and Rs.9.00/kg respectively.

Compared to the same period of last year, prices of most of varieties have decreased and the highest price decrease was reported for pumpkin as 38%

Coconut

Wholesales

Prices of large and small nuts have decreased by 8% and 6% respectively. Price ranged or large nut and small nut are

Rs.85.00-95.00 and Rs.70.00-80.00 respectively.

Compared to the same period of last year, prices of large and small nut have increased by 20% and 17% respectively.

Retail

Prices of both large and small nuts have decreased by Rs.2.00/nut and Rs.3.00/nut respectively. Price ranges were Rs.90.00-120.00 for a large nut and Rs.80.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased 20% and 22% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have decreased due to low demand for fruits and availability of sufficient stocks. The highest price decrease of 19% was reported for king coconut due to low demand and availability of sufficient stocks. Price of wood apple was decreased by 7% due to low demand while price of imported grapes was decreased by 5% with availability of China stocks. Price of all the sizes of pineapple decreased in the range of 1%-5% due to low

demand. In addition, prices of passion fruit and papaw decreased by 3% and 1% with availability of sufficient stocks and low demand.

However, prices of all banana varieties have increased in the range of 5% -13% due to unavailability of sufficient stocks. Further, price of all mango varieties have increased in the range of 5%-13% while price of avocado has increased by 11% with the end of the harvesting seasons. Price of orange has increased by 6% while price of slime apple has increased by 1% slightly.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase of 139% was reported for kolikuttu banana.

Retail

Price of most fruit varieties have increased despite the wholesale prices. The highest price increase of Rs.60.00/fruit was reported for medium sized pineapple and both small and large sized pineapple have increased by Rs.34.00-45.00/fruit due to unavailability of sufficient stocks in the market.

Furthermore, the price of karthakolomban has increased by Rs.22.00/fruit due to unavailability of quality stocks. In

addition, the price of avocado, slime apple and orange have increased by Rs.9.00/fruit, Rs.4.00/fruit and Rs.2.00/fruit respectively due to availability of low quality stocks in the market.

Moreover, the price of kolikuttu and seeni banana have increased by Rs.5.00/kg and Rs.4.00/kg respectively.

Meanwhile, the highest price decrease of Rs.163.00/kg was reported for grapes due to availability of low quality China stocks in the market. Furthermore, the price of papaw has decreased by Rs.17.00/kg.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase was reported for large sized pineapple as 120%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have increased due to decreased supply. The highest price increase of 21% was reported for mora due to low supply from Northern areas and the price ranged Rs.1100.00-1250.00/kg. A price increase of 20% was reported for hurulla due to low supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.1000.00-1250.00/kg. Price increase of 14% was observed for paraw due to low supply from

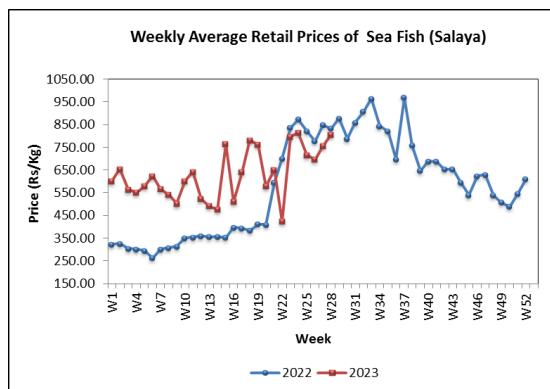
Kalmunai, Walachchenai and Trincomalee areas and the price ranged Rs.1600.00-1750.00/kg. In addition, the prices of thora, balaya, salaya and thlapath have increased by 2%-7% respectively.

However, a price decrease of 4% was reported for shrimps due to high supply from Jaffna and Walachchenai areas and the price ranged between Rs.1600.00-1700.00/kg. In addition, price of kelawalla has decreased by 1%.

Compared to the same period of last year, prices of all fresh fish types have increased in the range of 1%-50% and the highest price increase was noted for hurulla.

Retail

In line with increased wholesale prices, retail prices of all types of fresh fish except mora have increased due to decreased supply. The highest price increase was reported for thora by Rs.282.00/kg followed by Rs.229.00/kg for paraw. Prices of balaya and thalapath have increased in the range of Rs.101.00-102.00/kg. Further, prices of shrimps, hurulla, salaya and kelawalla have increased by Rs.91.00/kg, Rs.83.00/kg, Rs.51.00/kg and Rs.45.00/kg respectively. Price of mora has decreased by Rs.24.00/kg with low demand.



Compared to the same period of last year, prices of all types of fresh fish except salaya have increased in the range of 6%-33% with the highest price increase reported for shrimp.

ranged Rs.1750.00-1860.00/kg. In addition, prices of local mora and local sprats have increased by 3%.

However, a price decrease of 7% was noted for imported kattawa due to high supply from Oman and Indonesia and the price ranged Rs.1550.00-1650.00/kg. In addition, price of imported anguluwa has decreased by 5%.

Compared to the same period of last year, wholesale prices of most of the dried fish types have decreased in the range of 3%-32% and the highest price decrease was reported for imported sprats.

Retail

Dried Fish

Wholesale

Prices of most of the local and imported dried fish types have increased due to decrease of local dried fish supply. The highest price increase of 7% was observed for imported sprats due to low supply from Iran and Thailand and the price ranged Rs.880.00-1120.00/kg. A price increase of 6% was reported for local salaya and local maduwa due to low supply from Chilaw, Puttalam and Negombo areas, and their prices ranged Rs.900.00-1000.00/kg and Rs.1400.00-1600.00/kg respectively. Likewise, a price increase of 5% was noted for local balaya due to low supply from Negombo and Beruwala areas and the price

Prices of most types of dried fish have further increased in line with wholesale prices due to insufficient stocks. The highest price increase was reported for balaya by Rs.74.00/kg followed by Rs.72.00/kg for local sprats. Prices of salaya, imported sprats and mora have increased by Rs.33.00/kg, Rs.17.00/kg and Rs.14.00/kg respectively.

However, prices of kattawa and anguluwa have decreased by Rs.38.00/kg and Rs.23.00/kg respectively due to low demand, reporting higher prices.

Compared to the same period of last year, retail prices of all types of dried fish have decreased in the range of 13%-28% and the

highest price decrease was reported for imported sprats.

Eggs

Wholesale

Brown eggs were not available and white egg price increased by 3%. Whit egg price ranged Rs.55.00-58.00/egg.

Compared to the same period of last year, price of white egg has increased by 46%.

Retail

In line with increased wholesale price, retail price of white eggs has also further increased by Rs.1.00/egg and price ranged Rs.56.00-60.00/egg. Brown eggs were not available in retail markets.

Compared to the same period of last year, retail price of white eggs has increased by 44%.

Meat

Retail

Price of mutton has further increased by Rs.81.00/kg due to limited supply. Prices of skin-less curry chicken and skin-less broiler chicken have also increased by Rs.44.00/kg and Rs.32.00/kg respectively due to increase of farm gate prices. Price of beef has decreased by Rs.42.00/kg due to low demand. Price of pork has not changed significantly.

Compared to the same period of last year, prices of all types of meat have increased in the range of 9%-43% with the highest price increase reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 28: 07 - 13 July 2023

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	10250 –	10750	9500 –	10250	12750 –	13000	8750 –	9250	8400 –	8600	6750 –	7000	8000 –	8500
	Divulapitiya	11200 –	11350	9500 –	10000	12700 –	12850	10700 –	10700	8100 –	8600	6500 –	7000	7500 –	8000
	Kurunegala	10500 –	11000	10000 –	10000	13000 –	13000	10000 –	10250	8250 –	8500	8250 –	8250	7750 –	7900
	Nikaweratiya	11200 –	11250	9500 –	9500	12500 –	13100	10150 –	10500	7800 –	8100	7250 –	9000	7750 –	7900
	Badulla	–	–	–	–	–	–	9400 –	9500	9000 –	9100	6250 –	6500	7500 –	7750
	Puttalam	11200 –	11300	–	–	12500 –	13100	10200 –	10750	7750 –	8000	6750 –	7900	7600 –	7800
	Dambulla	11350 –	11400	10650 –	10750	12900 –	12950	10500 –	10600	8400 –	8500	7000 –	7150	7650 –	7750
	Anuradhapura	11000 –	11350	–	–	12900 –	13000	10250 –	10750	8250 –	9500	7750 –	8500	8000 –	8500
	Tambuttegama	–	–	10000 –	10250	12900 –	12900	11000 –	11000	8100 –	8350	–	–	7750 –	7850
	Polonnaruwa	11250 –	11300	–	–	12700 –	12750	10700 –	10750	–	–	9350 –	9350	9350 –	9400
	Kalutara	–	–	9750 –	10000	12750 –	13000	–	–	8600 –	8750	7000 –	7250	8000 –	8250
	Ampara	10500 –	10500	–	–	12750 –	13000	–	–	8200 –	8200	6750 –	6750	7200 –	7200
	Kandy	11000 –	11250	9800 –	10200	12750 –	13000	10000 –	10250	8500 –	9000	7000 –	7500	8000 –	8250
	Moneragala	11000 –	11250	9750 –	10000	12900 –	13000	10500 –	10750	9000 –	9750	6250 –	7000	7000 –	7750
	Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Dehiattakandiya	11000 –	11750	–	–	13000 –	13000	10000 –	10500	9000 –	9500	8000 –	9000	7400 –	8900
	Hambantota	11250 –	11250	–	–	12750 –	12900	–	–	–	–	6250 –	6300	7750 –	8000
	Matara	10900 –	11100	–	–	12900 –	13000	9750 –	10200	–	–	6250 –	6300	7750 –	7900
	Galle	10900 –	11250	–	–	13000 –	13000	10500 –	10750	–	–	6250 –	6500	8000 –	8250
	Meegoda	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Tissamaharama	–	–	9750 –	10000	12750 –	12750	–	–	8250 –	8500	6000 –	6250	7750 –	8000
	Embilipitiya	10900 –	11000	–	–	12900 –	13000	10400 –	10500	–	–	6250 –	6350	7250 –	7350
	Jaffna	–	–	9750 –	10250	12750 –	12750	–	–	7600 –	7900	7000 –	7200	–	–
	Vavuniya	10600 –	10900	–	–	13000 –	13250	9000 –	9250	8100 –	8250	6200 –	6400	8200 –	8300
	Mannar	10500 –	10750	–	–	13000 –	13000	8750 –	9000	8000 –	8250	6750 –	7000	8500 –	8750
	Killinochchi	10500 –	10750	–	–	13000 –	13250	9000 –	9250	7600 –	7750	6500 –	6750	8250 –	8500
	Mullattivu	10750 –	11000	–	–	12750 –	13150	9250 –	9650	8250 –	8500	6500 –	6750	8500 –	8750
	Batticaloa	10900 –	11250	–	–	12700 –	12900	9200 –	9300	–	–	6600 –	6750	8400 –	8500
	Trincomalee	10250 –	10750	–	–	12750 –	12750	9000 –	9250	8000 –	8250	7250 –	7750	8500 –	8750
	Galenbindunuwew	10750 –	11350	9750 –	10500	12900 –	13250	10600 –	10600	8500 –	9000	7750 –	8750	7750 –	8250
	Matale	11250 –	11300	10700 –	10750	12900 –	12950	10450 –	10500	8500 –	8750	7250 –	7500	7500 –	8250

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Rice Varieties																					
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White									
11	Colombo	220.00	-	230.00	210.00	-	220.00	260.00	-	280.00	210.00	-	220.00	190.00	-	210.00	150.00	-	180.00	170.00	-	190.00
	Gampaha	230.00	-	230.00	210.00	-	220.00	270.00	-	270.00	220.00	-	220.00	175.00	-	190.00	150.00	-	165.00	170.00	-	180.00
	Kurunegala	230.00	-	230.00	-	-	-	260.00	-	270.00	220.00	-	220.00	180.00	-	200.00	180.00	-	190.00	170.00	-	175.00
	Nikaweratiya	230.00	-	230.00	-	-	-	260.00	-	270.00	210.00	-	215.00	160.00	-	170.00	180.00	-	180.00	165.00	-	170.00
	Dambulla	230.00	-	232.00	216.00	-	218.00	260.00	-	265.00	214.00	-	215.00	175.00	-	180.00	140.00	-	155.00	160.00	-	165.00
	Anuradhapura	230.00	-	230.00	200.00	-	220.00	260.00	-	265.00	210.00	-	220.00	170.00	-	200.00	160.00	-	180.00	170.00	-	180.00
	Thambuththegama	230.00	-	230.00	210.00	-	220.00	265.00	-	280.00	220.00	-	220.00	175.00	-	190.00	180.00	-	190.00	170.00	-	180.00
	Polonnaruwa	228.00	-	230.00	-	-	-	258.00	-	260.00	218.00	-	220.00	190.00	-	205.00	190.00	-	190.00	190.00	-	190.00
	Kaluthara	230.00	-	235.00	-	-	-	270.00	-	275.00	-	-	-	195.00	-	200.00	165.00	-	170.00	190.00	-	195.00
	Badulla	-	-	-	-	-	-	260.00	-	260.00	195.00	-	200.00	185.00	-	190.00	130.00	-	135.00	155.00	-	160.00
	Keppetipola	225.00	-	230.00	210.00	-	215.00	265.00	-	270.00	214.00	-	218.00	184.00	-	188.00	134.00	-	138.00	168.00	-	178.00
	Moneragala	230.00	-	230.00	200.00	-	210.00	260.00	-	270.00	215.00	-	220.00	185.00	-	200.00	130.00	-	145.00	145.00	-	160.00
	Kegalle	230.00	-	230.00	-	-	-	265.00	-	265.00	210.00	-	220.00	175.00	-	200.00	150.00	-	180.00	180.00	-	190.00
	Ampara	225.00	-	230.00	200.00	-	210.00	260.00	-	260.00	220.00	-	220.00	175.00	-	190.00	130.00	-	140.00	140.00	-	150.00
	Dehiattakandiya	230.00	-	235.00	-	-	-	260.00	-	270.00	210.00	-	215.00	180.00	-	205.00	170.00	-	190.00	150.00	-	180.00
	Nuwaraeliya	226.00	-	230.00	210.00	-	214.00	270.00	-	280.00	210.00	-	218.00	185.00	-	200.00	135.00	-	140.00	170.00	-	180.00
	Kandy	228.00	-	230.00	200.00	-	215.00	265.00	-	270.00	210.00	-	220.00	175.00	-	190.00	150.00	-	165.00	180.00	-	190.00
	Puttalam	230.00	-	230.00	-	-	-	260.00	-	270.00	210.00	-	220.00	158.00	-	165.00	145.00	-	165.00	160.00	-	170.00
	Hambantota	230.00	-	230.00	-	-	-	260.00	-	260.00	-	-	-	-	-	-	130.00	-	132.00	160.00	-	165.00
	Rathnapura	220.00	-	230.00	-	-	-	-	-	-	-	-	175.00	-	182.00	138.00	-	142.00	170.00	-	176.00	
	Matara	230.00	-	230.00	-	-	-	260.00	-	260.00	215.00	-	220.00	-	-	-	130.00	-	135.00	160.00	-	165.00
	Galle	230.00	-	230.00	-	-	-	260.00	-	260.00	220.00	-	220.00	-	-	-	130.00	-	140.00	170.00	-	180.00
	Tissamaharama	-	-	-	200.00	-	205.00	260.00	-	260.00	-	-	-	170.00	-	175.00	122.00	-	130.00	156.00	-	165.00
	Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Embilipitiya	220.00	-	230.00	-	-	-	260.00	-	270.00	215.00	-	225.00	-	-	-	128.00	-	140.00	155.00	-	160.00
	Jaffna	-	-	-	215.00	-	220.00	260.00	-	265.00	-	-	-	160.00	-	165.00	145.00	-	155.00	-	-	-
	Vavuniya	220.00	-	225.00	-	-	-	268.00	-	270.00	190.00	-	197.00	170.00	-	175.00	136.00	-	140.00	175.00	-	180.00
	Mannar	220.00	-	230.00	-	-	-	265.00	-	270.00	190.00	-	200.00	175.00	-	180.00	150.00	-	160.00	180.00	-	190.00
	Killinochchi	225.00	-	235.00	-	-	-	270.00	-	280.00	190.00	-	195.00	165.00	-	170.00	140.00	-	145.00	175.00	-	180.00
	Mullaitivu	225.00	-	230.00	-	-	-	260.00	-	270.00	190.00	-	200.00	170.00	-	180.00	135.00	-	140.00	175.00	-	180.00
	Batticaloa	225.00	-	230.00	-	-	-	260.00	-	268.00	190.00	-	192.00	-	-	-	138.00	-	142.00	175.00	-	180.00
	Trincomalee	220.00	-	230.00	-	-	-	260.00	-	270.00	190.00	-	200.00	170.00	-	180.00	160.00	-	170.00	180.00	-	190.00
	Hanguranketha	222.00	-	230.00	210.00	-	215.00	258.00	-	265.00	210.00	-	220.00	170.00	-	185.00	138.00	-	145.00	150.00	-	165.00
	Veyangoda	230.00	-	230.00	200.00	-	215.00	260.00	-	270.00	200.00	-	220.00	175.00	-	195.00	160.00	-	170.00	170.00	-	180.00
	Galenbindunuwewa	220.00	-	230.00	200.00	-	215.00	260.00	-	270.00	215.00	-	215.00	175.00	-	190.00	160.00	-	180.00	160.00	-	170.00
	Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Matale	228.00	-	230.00	218.00	-	220.00	260.00	-	260.00	212.00	-	215.00	190.00	-	198.00	155.00	-	165.00	170.00	-	175.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 28: 07 - 13 July 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses			
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	
Colombo	52000 - 57500	-	22500 - 25000	5750 - 6500	9500 - 11500	-	15500 - 18000	40000 - 47500	31000 - 33750	12250 - 12750	
Kurunegala	50000 - 55000	-	27500 - 27500	6000 - 6750	9750 - 10250	-	-	40000 - 47500	27500 - 37500	12750 - 13000	
Nikaweratiya	52500 - 56250	20500 - 21000	-	5500 - 6500	10000 - 10500	-	-	-	30000 - 33000	12500 - 13000	
Dehiattakandiya	52500 - 55000	18000 - 19000	20000 - 24500	5500 - 6500	10500 - 12500	-	17500 - 18000	35000 - 47500	33500 - 35000	12750 - 13250	
Dambulla (DEC)	52500 - 54000	-	-	6000 - 6250	9500 - 9750	-	16000 - 16250	42500 - 46500	32500 - 34000	12750 - 13000	
Anuradhapura	52500 - 57500	20000 - 24000	-	6500 - 7000	10500 - 11000	-	-	47500 - 52500	32500 - 37500	13000 - 13500	
Thambuththegama	51500 - 60000	-	22500 - 24000	5500 - 6250	9750 - 10500	-	16000 - 17000	40000 - 45000	29000 - 30000	12750 - 13000	
Polonnaruwa	52500 - 55000	23250 - 23500	-	8000 - 8250	12250 - 12500	-	18500 - 18750	55000 - 55000	34000 - 34000	13500 - 13750	
Kaluthara	57000 - 57500	20000 - 21000	-	6000 - 6500	11000 - 11500	-	17750 - 18000	42000 - 44000	32500 - 33000	12500 - 12750	
Puttalam	52000 - 55000	-	18000 - 21000	6600 - 7250	10500 - 11000	-	16500 - 17250	35000 - 45000	29250 - 31000	12500 - 13250	
Kandy	56500 - 57500	21000 - 21500	23000 - 23500	5500 - 6500	10000 - 10250	-	16000 - 17000	44000 - 45000	34000 - 35000	13000 - 13500	
Matara	56000 - 58000	21000 - 22000	25000 - 26500	6250 - 7000	10500 - 11000	-	17500 - 18500	42500 - 44000	36250 - 37500	13750 - 14000	
Hambantota	52500 - 60000	19000 - 21000	24000 - 25500	6500 - 7250	10500 - 11000	-	-	39000 - 42500	39000 - 41000	13000 - 14000	
Kegalle	52000 - 53000	22000 - 22500	-	6600 - 6800	9500 - 10750	-	17850 - 18000	43000 - 44000	36500 - 37500	13500 - 14000	
Galle	55000 - 59000	22000 - 24000	28000 - 29000	6500 - 6750	10250 - 10750	-	17500 - 18000	45000 - 50000	32500 - 35000	12750 - 13000	
Tissamaharama	57500 - 62500	20000 - 21000	-	6000 - 7000	11000 - 13000	-	19000 - 19500	40000 - 42500	37500 - 37500	13750 - 14000	
Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-	
Jaffna	50000 - 54000	-	18000 - 20000	5500 - 6000	9500 - 10000	-	-	49000 - 51500	-	13250 - 13750	
Vavuniya	60000 - 62000	-	-	7750 - 8250	10500 - 11000	-	-	50000 - 52500	-	13250 - 13500	
Mannar	55000 - 57500	20000 - 21000	-	6700 - 6800	10500 - 10750	-	-	47500 - 50000	-	13000 - 13250	
Killinochchi	57500 - 60000	-	-	7500 - 7750	10500 - 11000	-	-	49000 - 51000	-	13250 - 13750	
Mullattivu	60000 - 61500	-	-	7000 - 7500	10000 - 10500	-	-	47500 - 50000	40000 - 42500	13000 - 13500	
Batticaloa	58000 - 59250	-	28500 - 29000	7000 - 7250	10500 - 11000	-	-	49000 - 51000	35000 - 36000	13250 - 13500	
Trincomalee	57500 - 60000	-	21000 - 22000	6250 - 6750	-	-	-	55000 - 57500	29500 - 31500	12500 - 13000	
Galenbindunuwewa	50000 - 60000	21000 - 22500	-	6500 - 7000	10500 - 10750	-	-	40000 - 50000	29000 - 34000	13000 - 14000	
Matale	52500 - 55000	20100 - 20500	-	6000 - 6250	10000 - 10500	-	-	38750 - 45000	30000 - 35000	12250 - 12750	

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Dried Chillies	Red Onion			Big Onion	Potato			Pulses		
	Imported	Imported	Local	Imported		Wellimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal	
	Colombo	1100.00 - 1500.00	400.00 - 450.00	600.00 - 650.00	140.00 - 180.00	205.00 - 280.00	-	380.00 - 480.00	1000.00 - 1400.00	750.00 - 1000.00	270.00 - 330.00
13	Gampaha	1280.00 - 1400.00	400.00 - 480.00	-	160.00 - 160.00	240.00 - 260.00	-	400.00 - 440.00	980.00 - 1200.00	800.00 - 880.00	280.00 - 320.00
	Kurunegala	1200.00 - 1300.00	460.00 - 540.00	-	140.00 - 160.00	220.00 - 260.00	-	380.00 - 420.00	1100.00 - 1200.00	800.00 - 860.00	300.00 - 320.00
	Nikaweratiya	1200.00 - 1300.00	440.00 - 520.00	-	140.00 - 160.00	220.00 - 240.00	-	400.00 - 400.00	900.00 - 1200.00	700.00 - 900.00	275.00 - 300.00
	Dambulla	1100.00 - 1200.00	-	-	125.00 - 130.00	220.00 - 230.00	-	380.00 - 380.00	900.00 - 1100.00	700.00 - 800.00	270.00 - 280.00
	Anuradhapura	1100.00 - 1200.00	480.00 - 560.00	-	140.00 - 150.00	220.00 - 240.00	-	-	1200.00 - 1300.00	700.00 - 850.00	280.00 - 300.00
	Thambuththegama	1100.00 - 1250.00	-	560.00 - 600.00	120.00 - 150.00	215.00 - 230.00	-	380.00 - 380.00	900.00 - 1000.00	600.00 - 750.00	278.00 - 300.00
	Polonnaruwa	1100.00 - 1260.00	480.00 - 490.00	-	170.00 - 180.00	255.00 - 260.00	-	380.00 - 400.00	1200.00 - 1300.00	700.00 - 750.00	285.00 - 290.00
	Kaluthara	1240.00 - 1260.00	440.00 - 460.00	-	150.00 - 160.00	240.00 - 250.00	-	380.00 - 390.00	1100.00 - 1200.00	750.00 - 800.00	275.00 - 280.00
	Badulla	1200.00 - 1300.00	480.00 - 540.00	-	140.00 - 150.00	240.00 - 250.00	400.00 - 440.00	-	1000.00 - 1200.00	800.00 - 800.00	280.00 - 300.00
	Keppetipola	1150.00 - 1200.00	470.00 - 500.00	-	140.00 - 160.00	220.00 - 240.00	350.00 - 370.00	-	1100.00 - 1200.00	750.00 - 780.00	275.00 - 280.00
	Moneragala	1150.00 - 1200.00	440.00 - 560.00	-	150.00 - 160.00	220.00 - 240.00	-	400.00 - 440.00	900.00 - 1200.00	600.00 - 800.00	280.00 - 300.00
	Kegalle	1060.00 - 1140.00	480.00 - 500.00	-	150.00 - 160.00	240.00 - 260.00	-	400.00 - 420.00	900.00 - 980.00	750.00 - 840.00	290.00 - 300.00
	Ampara	1090.00 - 1200.00	400.00 - 480.00	-	145.00 - 150.00	230.00 - 280.00	-	395.00 - 400.00	980.00 - 1200.00	700.00 - 900.00	260.00 - 280.00
	Dehiattakandiya	1100.00 - 1200.00	400.00 - 450.00	480.00 - 520.00	120.00 - 150.00	240.00 - 260.00	-	380.00 - 400.00	850.00 - 1050.00	800.00 - 800.00	270.00 - 280.00
	Nuwaraeliya	1150.00 - 1200.00	480.00 - 500.00	-	140.00 - 160.00	230.00 - 240.00	-	370.00 - 390.00	1000.00 - 1150.00	750.00 - 780.00	270.00 - 280.00
	Kandy	1250.00 - 1300.00	540.00 - 560.00	-	140.00 - 150.00	230.00 - 240.00	-	430.00 - 440.00	1160.00 - 1300.00	800.00 - 840.00	280.00 - 310.00
	Puttalam	1050.00 - 1200.00	-	600.00 - 680.00	170.00 - 190.00	250.00 - 280.00	-	400.00 - 440.00	850.00 - 1050.00	640.00 - 700.00	260.00 - 300.00
	Rathnapura	1350.00 - 1400.00	440.00 - 480.00	500.00 - 520.00	140.00 - 150.00	230.00 - 240.00	-	-	900.00 - 1100.00	750.00 - 900.00	280.00 - 290.00
	Hambantota	1200.00 - 1350.00	450.00 - 500.00	550.00 - 600.00	140.00 - 160.00	240.00 - 250.00	-	-	900.00 - 950.00	850.00 - 900.00	270.00 - 290.00
	Matara	1200.00 - 1350.00	450.00 - 500.00	580.00 - 620.00	135.00 - 160.00	240.00 - 260.00	-	400.00 - 450.00	900.00 - 1100.00	760.00 - 850.00	280.00 - 300.00
	Galle	1200.00 - 1300.00	500.00 - 560.00	600.00 - 700.00	140.00 - 150.00	200.00 - 240.00	-	380.00 - 400.00	1100.00 - 1200.00	750.00 - 850.00	270.00 - 290.00
	Tissamaharama	1200.00 - 1300.00	450.00 - 480.00	-	130.00 - 160.00	230.00 - 280.00	-	390.00 - 400.00	850.00 - 900.00	800.00 - 800.00	280.00 - 290.00
	Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-
	Embilipitiya	1100.00 - 1250.00	400.00 - 450.00	480.00 - 520.00	130.00 - 160.00	220.00 - 240.00	-	400.00 - 400.00	950.00 - 1150.00	700.00 - 800.00	260.00 - 300.00
	Jaffna	1150.00 - 1250.00	-	420.00 - 500.00	125.00 - 135.00	210.00 - 240.00	-	-	1050.00 - 1150.00	-	280.00 - 285.00
	Vavuniya	1300.00 - 1380.00	-	-	180.00 - 190.00	240.00 - 245.00	-	-	1100.00 - 1200.00	800.00 - 850.00	288.00 - 295.00
	Mannar	1200.00 - 1300.00	-	600.00 - 620.00	140.00 - 160.00	220.00 - 240.00	-	-	1200.00 - 1400.00	-	290.00 - 320.00
	Killinochchi	1250.00 - 1300.00	-	-	170.00 - 190.00	230.00 - 250.00	-	-	1050.00 - 1100.00	-	280.00 - 290.00
	Mullaitivu	1250.00 - 1300.00	-	-	-	220.00 - 240.00	-	-	1000.00 - 1050.00	850.00 - 900.00	280.00 - 300.00
	Batticaloa	1200.00 - 1250.00	-	640.00 - 660.00	160.00 - 180.00	240.00 - 250.00	-	-	1050.00 - 1100.00	760.00 - 800.00	280.00 - 290.00
	Trincomalee	1250.00 - 1300.00	-	450.00 - 480.00	140.00 - 150.00	230.00 - 240.00	-	450.00 - 520.00	1200.00 - 1250.00	650.00 - 700.00	280.00 - 320.00
	Hanguranketha	1100.00 - 1280.00	500.00 - 600.00	-	130.00 - 160.00	220.00 - 250.00	-	380.00 - 400.00	950.00 - 1100.00	780.00 - 840.00	260.00 - 285.00
	Veyangoda	1200.00 - 1300.00	480.00 - 480.00	-	150.00 - 160.00	210.00 - 240.00	-	380.00 - 400.00	1000.00 - 1200.00	800.00 - 860.00	275.00 - 300.00
	Galenbindunuwewa	1100.00 - 1300.00	460.00 - 480.00	-	140.00 - 160.00	220.00 - 230.00	-	-	850.00 - 1100.00	650.00 - 700.00	270.00 - 300.00
	Bandarawela	-	-	-	-	-	-	-	-	-	-
	Matale	1200.00 - 1300.00	460.00 - 500.00	-	135.00 - 140.00	215.00 - 220.00	-	-	950.00 - 1000.00	800.00 - 1000.00	260.00 - 280.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 28: 07 - 13 July 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	350.00 - 450.00	280.00 - 400.00	100.00 - 150.00	250.00 - 400.00	100.00 - 130.00
Meegoda (DEC)	-	-	-	-	-	-
Dambulla (DEC)	-	380.00 - 420.00	350.00 - 400.00	130.00 - 150.00	280.00 - 380.00	90.00 - 110.00
Keppetipola (DEC)	-	460.00 - 480.00	270.00 - 290.00	110.00 - 120.00	300.00 - 320.00	100.00 - 110.00
Norochchhole (DEC)	-	-	-	-	220.00 - 280.00	-
Nuwara Eliya	-	460.00 - 480.00	310.00 - 320.00	120.00 - 130.00	280.00 - 300.00	110.00 - 120.00
Kandy	-	400.00 - 420.00	380.00 - 400.00	130.00 - 150.00	300.00 - 330.00	90.00 - 110.00
Hambantota	-	420.00 - 480.00	320.00 - 380.00	240.00 - 300.00	320.00 - 380.00	220.00 - 270.00
Thambuththegama (DEC)	-	450.00 - 550.00	380.00 - 420.00	160.00 - 180.00	310.00 - 340.00	120.00 - 150.00
Jaffna	-	450.00 - 480.00	450.00 - 520.00	240.00 - 260.00	200.00 - 240.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	500.00 - 550.00	330.00 - 350.00	150.00 - 180.00	300.00 - 350.00	130.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	80.00 - 120.00	100.00 - 180.00	400.00 - 550.00	120.00 - 150.00	180.00 - 300.00	300.00 - 350.00
Meegoda (DEC)	-	-	-	-	-	-
Moneragala	120.00 - 150.00	220.00 - 280.00	440.00 - 480.00	180.00 - 200.00	200.00 - 250.00	360.00 - 400.00
Dambulla (DEC)	35.00 - 45.00	120.00 - 150.00	370.00 - 400.00	120.00 - 130.00	230.00 - 240.00	300.00 - 350.00
Keppetipola (DEC)	40.00 - 50.00	110.00 - 120.00	400.00 - 420.00	130.00 - 140.00	200.00 - 230.00	360.00 - 400.00
Norochchhole (DEC)	20.00 - 50.00	-	-	120.00 - 150.00	140.00 - 180.00	350.00 - 450.00
Nuwara Eliya	60.00 - 70.00	110.00 - 130.00	380.00 - 420.00	140.00 - 150.00	240.00 - 260.00	340.00 - 380.00
Kandy	70.00 - 80.00	130.00 - 180.00	400.00 - 450.00	150.00 - 160.00	200.00 - 250.00	330.00 - 350.00
Hambantota	130.00 - 180.00	220.00 - 280.00	420.00 - 500.00	150.00 - 200.00	180.00 - 240.00	360.00 - 420.00
Thambuththegama (DEC)	45.00 - 60.00	180.00 - 210.00	410.00 - 450.00	120.00 - 150.00	230.00 - 280.00	350.00 - 400.00
Tissamaharama	70.00 - 90.00	240.00 - 260.00	400.00 - 430.00	140.00 - 160.00	140.00 - 200.00	350.00 - 380.00
Jaffna	150.00 - 160.00	250.00 - 280.00	480.00 - 520.00	160.00 - 200.00	250.00 - 280.00	300.00 - 320.00
Bandarawela	-	-	-	-	-	-
Veyangoda	75.00 - 90.00	160.00 - 180.00	400.00 - 450.00	160.00 - 200.00	280.00 - 300.00	350.00 - 380.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 130.00	50.00 - 80.00	250.00 - 300.00	200.00 - 230.00	300.00 - 500.00	130.00 - 160.00
Meegoda (DEC)	-	-	-	-	-	-
Moneragala	80.00 - 160.00	100.00 - 120.00	380.00 - 400.00	300.00 - 350.00	380.00 - 420.00	200.00 - 250.00
Dambulla (DEC)	90.00 - 110.00	40.00 - 50.00	240.00 - 270.00	120.00 - 140.00	350.00 - 380.00	80.00 - 130.00
Keppetipola (DEC)	110.00 - 120.00	90.00 - 100.00	230.00 - 250.00	130.00 - 150.00	-	130.00 - 140.00
Norochchhole (DEC)	70.00 - 100.00	20.00 - 40.00	250.00 - 300.00	130.00 - 160.00	280.00 - 350.00	110.00 - 150.00
Nuwara Eliya	110.00 - 130.00	60.00 - 80.00	250.00 - 280.00	140.00 - 160.00	-	140.00 - 150.00
Kandy	90.00 - 100.00	60.00 - 70.00	240.00 - 260.00	150.00 - 170.00	320.00 - 400.00	120.00 - 150.00
Hambantota	100.00 - 150.00	60.00 - 100.00	320.00 - 380.00	200.00 - 260.00	380.00 - 430.00	200.00 - 250.00
Thambuththegama (DEC)	80.00 - 110.00	20.00 - 35.00	200.00 - 250.00	130.00 - 160.00	350.00 - 400.00	70.00 - 100.00
Tissamaharama	100.00 - 120.00	70.00 - 80.00	360.00 - 380.00	220.00 - 240.00	330.00 - 340.00	200.00 - 230.00
Jaffna	90.00 - 110.00	60.00 - 80.00	420.00 - 450.00	240.00 - 280.00	450.00 - 500.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	110.00 - 140.00	60.00 - 80.00	300.00 - 350.00	160.00 - 180.00	380.00 - 430.00	130.00 - 150.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 28: 07 - 13 July 2023

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	350.00 - 450.00	280.00 - 400.00	100.00 - 150.00	250.00 - 400.00	100.00 - 130.00
Meegoda (DEC)	-	-	-	-	-	-
Dambulla (DEC)	-	380.00 - 420.00	350.00 - 400.00	130.00 - 150.00	280.00 - 380.00	90.00 - 110.00
Keppetipola (DEC)	-	460.00 - 480.00	270.00 - 290.00	110.00 - 120.00	300.00 - 320.00	100.00 - 110.00
Norochchhole (DEC)	-	-	-	-	220.00 - 280.00	-
Nuwara Eliya	-	460.00 - 480.00	310.00 - 320.00	120.00 - 130.00	280.00 - 300.00	110.00 - 120.00
Kandy	-	400.00 - 420.00	380.00 - 400.00	130.00 - 150.00	300.00 - 330.00	90.00 - 110.00
Hambantota	-	420.00 - 480.00	320.00 - 380.00	240.00 - 300.00	320.00 - 380.00	220.00 - 270.00
Thambuththegama (DEC)	-	450.00 - 550.00	380.00 - 420.00	160.00 - 180.00	310.00 - 340.00	120.00 - 150.00
Jaffna	-	450.00 - 480.00	450.00 - 520.00	240.00 - 260.00	200.00 - 240.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	500.00 - 550.00	330.00 - 350.00	150.00 - 180.00	300.00 - 350.00	130.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	80.00 - 120.00	100.00 - 180.00	400.00 - 550.00	120.00 - 150.00	180.00 - 300.00	300.00 - 350.00
Meegoda (DEC)	-	-	-	-	-	-
Moneragala	120.00 - 150.00	220.00 - 280.00	440.00 - 480.00	180.00 - 200.00	200.00 - 250.00	360.00 - 400.00
Dambulla (DEC)	35.00 - 45.00	120.00 - 150.00	370.00 - 400.00	120.00 - 130.00	230.00 - 240.00	300.00 - 350.00
Keppetipola (DEC)	40.00 - 50.00	110.00 - 120.00	400.00 - 420.00	130.00 - 140.00	200.00 - 230.00	360.00 - 400.00
Norochchhole (DEC)	20.00 - 50.00	-	-	120.00 - 150.00	140.00 - 180.00	350.00 - 450.00
Nuwara Eliya	60.00 - 70.00	110.00 - 130.00	380.00 - 420.00	140.00 - 150.00	240.00 - 260.00	340.00 - 380.00
Kandy	70.00 - 80.00	130.00 - 180.00	400.00 - 450.00	150.00 - 160.00	200.00 - 250.00	330.00 - 350.00
Hambantota	130.00 - 180.00	220.00 - 280.00	420.00 - 500.00	150.00 - 200.00	180.00 - 240.00	360.00 - 420.00
Thambuththegama (DEC)	45.00 - 60.00	180.00 - 210.00	410.00 - 450.00	120.00 - 150.00	230.00 - 280.00	350.00 - 400.00
Tissamaharama	70.00 - 90.00	240.00 - 260.00	400.00 - 430.00	140.00 - 160.00	140.00 - 200.00	350.00 - 380.00
Jaffna	150.00 - 160.00	250.00 - 280.00	480.00 - 520.00	160.00 - 200.00	250.00 - 280.00	300.00 - 320.00
Bandarawela	-	-	-	-	-	-
Veyangoda	75.00 - 90.00	160.00 - 180.00	400.00 - 450.00	160.00 - 200.00	280.00 - 300.00	350.00 - 380.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 130.00	50.00 - 80.00	250.00 - 300.00	200.00 - 230.00	300.00 - 500.00	130.00 - 160.00
Meegoda (DEC)	-	-	-	-	-	-
Moneragala	80.00 - 160.00	100.00 - 120.00	380.00 - 400.00	300.00 - 350.00	380.00 - 420.00	200.00 - 250.00
Dambulla (DEC)	90.00 - 110.00	40.00 - 50.00	240.00 - 270.00	120.00 - 140.00	350.00 - 380.00	80.00 - 130.00
Keppetipola (DEC)	110.00 - 120.00	90.00 - 100.00	230.00 - 250.00	130.00 - 150.00	-	130.00 - 140.00
Norochchhole (DEC)	70.00 - 100.00	20.00 - 40.00	250.00 - 300.00	130.00 - 160.00	280.00 - 350.00	110.00 - 150.00
Nuwara Eliya	110.00 - 130.00	60.00 - 80.00	250.00 - 280.00	140.00 - 160.00	-	140.00 - 150.00
Kandy	90.00 - 100.00	60.00 - 70.00	240.00 - 260.00	150.00 - 170.00	320.00 - 400.00	120.00 - 150.00
Hambantota	100.00 - 150.00	60.00 - 100.00	320.00 - 380.00	200.00 - 260.00	380.00 - 430.00	200.00 - 250.00
Thambuththegama (DEC)	80.00 - 110.00	20.00 - 35.00	200.00 - 250.00	130.00 - 160.00	350.00 - 400.00	70.00 - 100.00
Tissamaharama	100.00 - 120.00	70.00 - 80.00	360.00 - 380.00	220.00 - 240.00	330.00 - 340.00	200.00 - 230.00
Jaffna	90.00 - 110.00	60.00 - 80.00	420.00 - 450.00	240.00 - 280.00	450.00 - 500.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	110.00 - 140.00	60.00 - 80.00	300.00 - 350.00	160.00 - 180.00	380.00 - 430.00	130.00 - 150.00

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Up Country Varieties											
	Butter Beans	Green Beans	Carrot		Leeks		Beetroot	Knol Khol		Raddish	Cabbage	Tomato
Colombo	-	380.00 - 600.00	400.00 - 600.00	240.00 - 400.00	350.00 - 600.00	200.00 - 480.00	130.00 - 360.00	200.00 - 400.00	460.00 - 720.00			
Gampaha	-	400.00 - 480.00	400.00 - 500.00	280.00 - 320.00	360.00 - 480.00	280.00 - 400.00	160.00 - 240.00	280.00 - 400.00	500.00 - 560.00			
Kurunegala	-	580.00 - 600.00	540.00 - 560.00	360.00 - 400.00	540.00 - 580.00	280.00 - 320.00	260.00 - 320.00	360.00 - 400.00	500.00 - 560.00			
Nikaweratiya	-	550.00 - 600.00	520.00 - 560.00	320.00 - 400.00	480.00 - 600.00	280.00 - 320.00	140.00 - 160.00	320.00 - 320.00	480.00 - 600.00			
Dambulla	-	460.00 - 480.00	550.00 - 600.00	300.00 - 360.00	500.00 - 560.00	200.00 - 240.00	160.00 - 180.00	280.00 - 320.00	540.00 - 560.00			
Anuradhapura	-	520.00 - 600.00	500.00 - 600.00	300.00 - 400.00	420.00 - 500.00	200.00 - 280.00	160.00 - 180.00	280.00 - 320.00	520.00 - 600.00			
Thambuththegama	-	520.00 - 600.00	440.00 - 500.00	260.00 - 320.00	360.00 - 440.00	180.00 - 240.00	80.00 - 140.00	240.00 - 320.00	480.00 - 540.00			
Polonnaruwa	-	550.00 - 560.00	460.00 - 490.00	270.00 - 300.00	540.00 - 560.00	360.00 - 400.00	180.00 - 200.00	340.00 - 350.00	480.00 - 500.00			
Kaluthara	-	480.00 - 500.00	460.00 - 480.00	300.00 - 320.00	460.00 - 480.00	220.00 - 240.00	220.00 - 240.00	320.00 - 340.00	480.00 - 500.00			
Badulla	-	480.00 - 560.00	480.00 - 520.00	280.00 - 320.00	480.00 - 520.00	280.00 - 320.00	180.00 - 200.00	280.00 - 320.00	480.00 - 560.00			
Keppetipola	-	550.00 - 580.00	340.00 - 360.00	180.00 - 220.00	360.00 - 380.00	180.00 - 200.00	120.00 - 140.00	180.00 - 200.00	480.00 - 500.00			
Moneragala	-	580.00 - 600.00	480.00 - 520.00	320.00 - 400.00	480.00 - 520.00	280.00 - 320.00	180.00 - 240.00	320.00 - 400.00	580.00 - 600.00			
Kegalle	-	580.00 - 600.00	540.00 - 560.00	340.00 - 360.00	500.00 - 520.00	300.00 - 320.00	260.00 - 280.00	340.00 - 360.00	560.00 - 600.00			
16 Ampara	-	560.00 - 650.00	480.00 - 500.00	280.00 - 280.00	480.00 - 600.00	240.00 - 240.00	200.00 - 240.00	320.00 - 360.00	460.00 - 480.00			
Dehiwakkandiya	-	600.00 - 600.00	480.00 - 600.00	240.00 - 300.00	400.00 - 480.00	200.00 - 240.00	100.00 - 120.00	240.00 - 320.00	600.00 - 750.00			
Nuwaraeliya	-	560.00 - 580.00	400.00 - 420.00	220.00 - 240.00	360.00 - 380.00	200.00 - 220.00	160.00 - 180.00	220.00 - 280.00	380.00 - 420.00			
Kandy	-	520.00 - 600.00	520.00 - 550.00	300.00 - 320.00	520.00 - 550.00	160.00 - 200.00	160.00 - 200.00	260.00 - 300.00	550.00 - 600.00			
Puttalam	-	600.00 - 680.00	560.00 - 600.00	320.00 - 400.00	400.00 - 480.00	-	200.00 - 300.00	320.00 - 400.00	560.00 - 640.00			
Hambantota	-	500.00 - 600.00	440.00 - 500.00	280.00 - 380.00	400.00 - 480.00	280.00 - 340.00	180.00 - 240.00	280.00 - 340.00	540.00 - 600.00			
Rathnapura	-	480.00 - 520.00	475.00 - 500.00	260.00 - 300.00	460.00 - 480.00	300.00 - 330.00	140.00 - 160.00	260.00 - 280.00	580.00 - 620.00			
Matara	-	500.00 - 600.00	480.00 - 500.00	300.00 - 320.00	480.00 - 600.00	240.00 - 280.00	140.00 - 160.00	300.00 - 320.00	580.00 - 600.00			
Galle	-	540.00 - 600.00	540.00 - 600.00	360.00 - 400.00	550.00 - 600.00	300.00 - 360.00	180.00 - 200.00	320.00 - 360.00	560.00 - 600.00			
Tissamaharama	-	500.00 - 520.00	450.00 - 480.00	240.00 - 260.00	480.00 - 500.00	240.00 - 250.00	110.00 - 130.00	260.00 - 290.00	480.00 - 550.00			
Meegoda (DEC)	-	-	-	-	-	-	-	-	-			
Embilipitiya	-	480.00 - 520.00	480.00 - 520.00	280.00 - 320.00	500.00 - 600.00	280.00 - 400.00	200.00 - 280.00	280.00 - 320.00	600.00 - 750.00			
Jaffna	-	500.00 - 580.00	500.00 - 560.00	280.00 - 320.00	240.00 - 280.00	-	180.00 - 220.00	280.00 - 320.00	520.00 - 550.00			
Vavuniya	-	550.00 - 600.00	550.00 - 600.00	350.00 - 390.00	540.00 - 560.00	-	200.00 - 220.00	350.00 - 360.00	580.00 - 600.00			
Mannar	-	520.00 - 550.00	520.00 - 550.00	400.00 - 450.00	400.00 - 450.00	-	200.00 - 220.00	320.00 - 360.00	600.00 - 640.00			
Killinochchi	-	580.00 - 620.00	580.00 - 620.00	380.00 - 420.00	540.00 - 560.00	-	200.00 - 220.00	340.00 - 360.00	580.00 - 620.00			
Mullaittivu	-	500.00 - 550.00	520.00 - 560.00	350.00 - 380.00	480.00 - 500.00	-	200.00 - 220.00	350.00 - 360.00	520.00 - 560.00			
Batticaloa	-	540.00 - 560.00	520.00 - 550.00	400.00 - 420.00	550.00 - 580.00	300.00 - 320.00	180.00 - 220.00	320.00 - 350.00	580.00 - 620.00			
Trincomalee	-	500.00 - 550.00	520.00 - 550.00	320.00 - 380.00	480.00 - 520.00	320.00 - 380.00	240.00 - 280.00	350.00 - 400.00	480.00 - 520.00			
Hanguranketha	-	400.00 - 450.00	440.00 - 480.00	190.00 - 230.00	370.00 - 400.00	160.00 - 180.00	120.00 - 150.00	240.00 - 280.00	420.00 - 460.00			
Veyangoda	-	540.00 - 600.00	480.00 - 520.00	320.00 - 360.00	400.00 - 480.00	280.00 - 320.00	240.00 - 260.00	320.00 - 360.00	480.00 - 520.00			
Galenbindunuwewa	-	520.00 - 600.00	580.00 - 600.00	280.00 - 320.00	380.00 - 480.00	200.00 - 240.00	130.00 - 160.00	280.00 - 320.00	480.00 - 520.00			
Bandarawela	-	-	-	-	-	-	-	-	-			
Matale	-	480.00 - 560.00	480.00 - 550.00	280.00 - 320.00	480.00 - 520.00	200.00 - 280.00	160.00 - 180.00	320.00 - 360.00	500.00 - 600.00			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal		Capsicum	Pumpkin		Cucumber	Bitter Gourd	Snake Gourd		Drumstick	Luffa	Long Beans
Colombo	200.00 - 400.00	240.00 - 420.00	350.00 - 700.00	160.00 - 260.00	80.00 - 240.00	320.00 - 600.00	240.00 - 480.00	400.00 - 1000.00	180.00 - 400.00	300.00 - 600.00			
Gampaha	240.00 - 320.00	280.00 - 400.00	480.00 - 480.00	160.00 - 240.00	140.00 - 160.00	400.00 - 480.00	320.00 - 400.00	480.00 - 600.00	400.00 - 400.00	360.00 - 400.00			
Kurunegala	280.00 - 320.00	380.00 - 400.00	600.00 - 600.00	160.00 - 200.00	160.00 - 200.00	480.00 - 540.00	320.00 - 400.00	500.00 - 540.00	280.00 - 360.00	360.00 - 400.00			
Nikaweratiya	320.00 - 320.00	400.00 - 480.00	480.00 - 600.00	160.00 - 200.00	160.00 - 200.00	400.00 - 560.00	240.00 - 320.00	400.00 - 480.00	280.00 - 400.00	320.00 - 400.00			
Dambulla	240.00 - 300.00	300.00 - 320.00	560.00 - 600.00	180.00 - 200.00	140.00 - 160.00	460.00 - 480.00	360.00 - 380.00	560.00 - 600.00	200.00 - 240.00	360.00 - 380.00			
Anuradhapura	240.00 - 320.00	320.00 - 400.00	480.00 - 600.00	160.00 - 240.00	120.00 - 160.00	400.00 - 480.00	280.00 - 320.00	640.00 - 700.00	240.00 - 260.00	360.00 - 400.00			
Thambuththegama	140.00 - 200.00	300.00 - 400.00	460.00 - 550.00	120.00 - 200.00	80.00 - 120.00	300.00 - 360.00	200.00 - 260.00	460.00 - 480.00	120.00 - 180.00	320.00 - 380.00			
Polonnaruwa	300.00 - 320.00	360.00 - 380.00	480.00 - 500.00	180.00 - 200.00	180.00 - 200.00	480.00 - 500.00	320.00 - 340.00	400.00 - 420.00	320.00 - 330.00	320.00 - 330.00			
Kaluthara	180.00 - 200.00	340.00 - 360.00	520.00 - 540.00	160.00 - 180.00	200.00 - 220.00	440.00 - 460.00	320.00 - 340.00	-	300.00 - 320.00	360.00 - 380.00			
Badulla	280.00 - 320.00	300.00 - 320.00	480.00 - 600.00	200.00 - 240.00	160.00 - 220.00	480.00 - 560.00	320.00 - 400.00	600.00 - 600.00	320.00 - 360.00	360.00 - 400.00			
Keppetipola	220.00 - 240.00	300.00 - 320.00	460.00 - 480.00	200.00 - 220.00	180.00 - 200.00	320.00 - 340.00	220.00 - 240.00	-	220.00 - 240.00	320.00 - 340.00			
Moneragala	280.00 - 320.00	260.00 - 320.00	480.00 - 520.00	160.00 - 240.00	160.00 - 200.00	480.00 - 520.00	380.00 - 400.00	480.00 - 520.00	320.00 - 380.00	380.00 - 400.00			
Kegalle	340.00 - 360.00	340.00 - 360.00	480.00 - 520.00	180.00 - 200.00	160.00 - 180.00	460.00 - 480.00	340.00 - 360.00	480.00 - 520.00	260.00 - 280.00	440.00 - 480.00			
Ampara	240.00 - 240.00	320.00 - 320.00	480.00 - 560.00	180.00 - 200.00	180.00 - 200.00	480.00 - 480.00	300.00 - 360.00	560.00 - 600.00	280.00 - 320.00	300.00 - 320.00			
Dehiattakandiya	320.00 - 400.00	200.00 - 320.00	550.00 - 600.00	200.00 - 260.00	100.00 - 160.00	400.00 - 520.00	240.00 - 320.00	400.00 - 520.00	240.00 - 320.00	300.00 - 400.00			
Nuwaraeliya	240.00 - 260.00	340.00 - 360.00	460.00 - 480.00	210.00 - 240.00	180.00 - 200.00	340.00 - 360.00	240.00 - 260.00	-	240.00 - 260.00	340.00 - 360.00			
Kandy	260.00 - 300.00	450.00 - 480.00	520.00 - 550.00	160.00 - 200.00	120.00 - 140.00	450.00 - 480.00	260.00 - 280.00	550.00 - 600.00	200.00 - 240.00	440.00 - 480.00			
Puttalam	240.00 - 320.00	400.00 - 480.00	600.00 - 700.00	200.00 - 260.00	150.00 - 200.00	400.00 - 520.00	300.00 - 340.00	600.00 - 700.00	280.00 - 320.00	400.00 - 480.00			
Rathnapura	220.00 - 250.00	280.00 - 320.00	460.00 - 500.00	140.00 - 170.00	140.00 - 160.00	460.00 - 480.00	300.00 - 330.00	460.00 - 500.00	300.00 - 340.00	400.00 - 420.00			
Hambantota	200.00 - 240.00	260.00 - 320.00	520.00 - 600.00	160.00 - 200.00	120.00 - 160.00	440.00 - 540.00	300.00 - 400.00	540.00 - 600.00	280.00 - 320.00	380.00 - 410.00			
Matara	240.00 - 300.00	300.00 - 400.00	500.00 - 600.00	160.00 - 200.00	150.00 - 180.00	550.00 - 600.00	380.00 - 420.00	580.00 - 600.00	300.00 - 340.00	400.00 - 420.00			
Galle	240.00 - 280.00	260.00 - 300.00	480.00 - 520.00	160.00 - 200.00	160.00 - 220.00	380.00 - 450.00	360.00 - 380.00	560.00 - 600.00	300.00 - 380.00	400.00 - 480.00			
Tissamaharama	200.00 - 220.00	200.00 - 250.00	450.00 - 480.00	140.00 - 170.00	110.00 - 130.00	450.00 - 480.00	280.00 - 320.00	400.00 - 420.00	280.00 - 320.00	320.00 - 350.00			
Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-			
Embilipitiya	200.00 - 280.00	280.00 - 320.00	480.00 - 600.00	200.00 - 240.00	160.00 - 240.00	480.00 - 520.00	300.00 - 400.00	350.00 - 400.00	240.00 - 320.00	350.00 - 400.00			
Jaffna	200.00 - 240.00	280.00 - 320.00	320.00 - 360.00	120.00 - 140.00	80.00 - 120.00	480.00 - 540.00	280.00 - 320.00	500.00 - 600.00	-	320.00 - 360.00			
Vavuniya	300.00 - 350.00	390.00 - 400.00	480.00 - 490.00	200.00 - 220.00	220.00 - 240.00	700.00 - 800.00	350.00 - 400.00	550.00 - 600.00	290.00 - 300.00	390.00 - 420.00			
Mannar	320.00 - 350.00	400.00 - 450.00	520.00 - 550.00	200.00 - 220.00	180.00 - 200.00	480.00 - 520.00	320.00 - 350.00	600.00 - 700.00	-	400.00 - 450.00			
Killinochchi	200.00 - 240.00	380.00 - 420.00	460.00 - 500.00	180.00 - 200.00	160.00 - 180.00	750.00 - 800.00	380.00 - 420.00	550.00 - 600.00	-	380.00 - 420.00			
Mullaitivu	280.00 - 300.00	320.00 - 350.00	500.00 - 520.00	200.00 - 220.00	-	600.00 - 640.00	320.00 - 340.00	600.00 - 600.00	-	320.00 - 340.00			
Batticaloa	380.00 - 400.00	300.00 - 320.00	520.00 - 550.00	160.00 - 200.00	150.00 - 160.00	580.00 - 600.00	300.00 - 320.00	700.00 - 800.00	280.00 - 300.00	240.00 - 260.00			
Trincomalee	280.00 - 350.00	320.00 - 380.00	480.00 - 520.00	180.00 - 220.00	220.00 - 250.00	500.00 - 580.00	320.00 - 400.00	600.00 - 650.00	280.00 - 320.00	350.00 - 380.00			
Hanguranketha	210.00 - 250.00	330.00 - 350.00	420.00 - 480.00	140.00 - 160.00	120.00 - 140.00	350.00 - 380.00	150.00 - 180.00	450.00 - 500.00	180.00 - 220.00	300.00 - 330.00			
Veyangoda	280.00 - 320.00	320.00 - 360.00	500.00 - 600.00	160.00 - 180.00	160.00 - 160.00	500.00 - 600.00	320.00 - 320.00	520.00 - 600.00	320.00 - 360.00	400.00 - 440.00			
Galenbindunuwewa	280.00 - 320.00	280.00 - 320.00	520.00 - 600.00	180.00 - 200.00	120.00 - 140.00	400.00 - 480.00	260.00 - 280.00	460.00 - 480.00	240.00 - 260.00	280.00 - 320.00			
Bandarawela	-	-	-	-	-	-	-	-	-	-			
Matale	280.00 - 320.00	400.00 - 480.00	560.00 - 600.00	200.00 - 240.00	120.00 - 160.00	400.00 - 480.00	280.00 - 320.00	500.00 - 560.00	280.00 - 320.00	320.00 - 400.00			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties							Leafy Vegetable					Coconut (Rs/Nut)			
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large		Small					
Colombo	200.00 - 380.00	650.00 - 1200.00	350.00 - 800.00	150.00 - 280.00	160.00 - 260.00	50.00 - 90.00	50.00 - 90.00	95.00 - 100.00	90.00 - 120.00	80.00 - 100.00	100.00 - 100.00	75.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Gampaha	240.00 - 320.00	1000.00 - 1200.00	480.00 - 600.00	180.00 - 180.00	180.00 - 200.00	70.00 - 70.00	70.00 - 70.00	30.00 - 30.00	100.00 - 100.00	75.00 - 80.00	100.00 - 100.00	75.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Kurunegala	280.00 - 320.00	1100.00 - 1200.00	500.00 - 600.00	220.00 - 240.00	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	80.00 - 90.00	65.00 - 70.00	80.00 - 90.00	65.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Nikaweratiya	200.00 - 200.00	1000.00 - 1200.00	320.00 - 400.00	200.00 - 240.00	160.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 75.00	65.00 - 70.00	75.00 - 75.00	65.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Dambulla	260.00 - 280.00	900.00 - 1000.00	400.00 - 500.00	200.00 - 220.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	90.00 - 100.00	70.00 - 80.00	90.00 - 100.00	70.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Anuradhapura	200.00 - 280.00	1000.00 - 1200.00	400.00 - 500.00	180.00 - 200.00	180.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	60.00 - 70.00	80.00 - 100.00	60.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Thambuththegama	140.00 - 200.00	800.00 - 950.00	300.00 - 350.00	180.00 - 220.00	140.00 - 180.00	40.00 - 40.00	40.00 - 40.00	-	65.00 - 75.00	50.00 - 60.00	65.00 - 75.00	50.00 - 60.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Polonnaruwa	160.00 - 160.00	1150.00 - 1200.00	400.00 - 470.00	160.00 - 180.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	-	-	-	-	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Kaluthara	240.00 - 260.00	900.00 - 1000.00	500.00 - 600.00	200.00 - 220.00	240.00 - 260.00	70.00 - 80.00	70.00 - 80.00	90.00 - 100.00	110.00 - 120.00	90.00 - 100.00	110.00 - 120.00	90.00 - 100.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Badulla	220.00 - 240.00	1000.00 - 1100.00	450.00 - 600.00	160.00 - 200.00	220.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	95.00 - 100.00	80.00 - 85.00	95.00 - 100.00	80.00 - 85.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Keppetipola	230.00 - 250.00	900.00 - 1100.00	350.00 - 360.00	180.00 - 190.00	200.00 - 220.00	45.00 - 50.00	45.00 - 50.00	40.00 - 45.00	85.00 - 88.00	75.00 - 80.00	85.00 - 88.00	75.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Moneragala	120.00 - 160.00	1200.00 - 1300.00	300.00 - 320.00	160.00 - 200.00	120.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	65.00 - 70.00	80.00 - 90.00	65.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Kegalle	260.00 - 280.00	980.00 - 1000.00	420.00 - 450.00	220.00 - 240.00	200.00 - 210.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	85.00 - 95.00	65.00 - 80.00	85.00 - 95.00	65.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Ampara	200.00 - 240.00	1000.00 - 1000.00	300.00 - 300.00	150.00 - 200.00	150.00 - 200.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 100.00	80.00 - 90.00	100.00 - 100.00	80.00 - 90.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Dehiatkandiya	160.00 - 240.00	800.00 - 1200.00	400.00 - 600.00	160.00 - 200.00	-	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	80.00 - 85.00	60.00 - 70.00	80.00 - 85.00	60.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Nuwaraeliya	240.00 - 260.00	1200.00 - 1400.00	380.00 - 410.00	180.00 - 200.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	85.00 - 90.00	75.00 - 80.00	85.00 - 90.00	75.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Kandy	300.00 - 320.00	1000.00 - 1200.00	400.00 - 450.00	160.00 - 180.00	230.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	90.00 - 95.00	65.00 - 75.00	90.00 - 95.00	65.00 - 75.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Puttalam	140.00 - 200.00	1000.00 - 1200.00	400.00 - 480.00	200.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	75.00 - 80.00	65.00 - 70.00	75.00 - 80.00	65.00 - 70.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Rathnapura	220.00 - 240.00	1160.00 - 1240.00	450.00 - 550.00	190.00 - 220.00	150.00 - 170.00	90.00 - 100.00	85.00 - 90.00	100.00 - 110.00	100.00 - 110.00	100.00 - 110.00	100.00 - 110.00	100.00 - 110.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Hambanthota	170.00 - 200.00	1000.00 - 1200.00	480.00 - 550.00	160.00 - 200.00	170.00 - 200.00	50.00 - 55.00	50.00 - 50.00	70.00 - 80.00	90.00 - 110.00	70.00 - 80.00	90.00 - 110.00	70.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Matara	220.00 - 250.00	1100.00 - 1200.00	400.00 - 500.00	180.00 - 200.00	180.00 - 220.00	55.00 - 60.00	55.00 - 60.00	75.00 - 90.00	100.00 - 115.00	80.00 - 90.00	100.00 - 115.00	80.00 - 90.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Galle	200.00 - 280.00	1000.00 - 1100.00	450.00 - 500.00	160.00 - 200.00	200.00 - 240.00	60.00 - 70.00	50.00 - 60.00	60.00 - 80.00	95.00 - 100.00	80.00 - 85.00	95.00 - 100.00	80.00 - 85.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Tissamaharama	170.00 - 180.00	750.00 - 900.00	280.00 - 320.00	160.00 - 180.00	150.00 - 180.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	85.00 - 90.00	75.00 - 80.00	85.00 - 90.00	75.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-	-	-	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Embilipitiya	160.00 - 200.00	800.00 - 900.00	500.00 - 600.00	150.00 - 200.00	150.00 - 200.00	50.00 - 70.00	50.00 - 70.00	80.00 - 90.00	90.00 - 110.00	60.00 - 80.00	90.00 - 110.00	60.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Jaffna	120.00 - 140.00	600.00 - 700.00	350.00 - 400.00	100.00 - 140.00	160.00 - 200.00	80.00 - 90.00	35.00 - 40.00	40.00 - 45.00	100.00 - 130.00	60.00 - 80.00	100.00 - 130.00	60.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Vavuniya	180.00 - 200.00	950.00 - 1000.00	350.00 - 400.00	200.00 - 220.00	280.00 - 300.00	65.00 - 70.00	60.00 - 65.00	55.00 - 60.00	70.00 - 80.00	60.00 - 65.00	70.00 - 80.00	60.00 - 65.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Mannar	200.00 - 240.00	1000.00 - 1200.00	400.00 - 500.00	180.00 - 220.00	220.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	85.00 - 90.00	50.00 - 60.00	85.00 - 90.00	50.00 - 60.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Killinochchi	140.00 - 160.00	950.00 - 1000.00	350.00 - 400.00	200.00 - 220.00	280.00 - 320.00	50.00 - 60.00	40.00 - 50.00	40.00 - 45.00	70.00 - 80.00	40.00 - 50.00	70.00 - 80.00	40.00 - 50.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Mullaittivu	160.00 - 180.00	800.00 - 900.00	350.00 - 380.00	180.00 - 200.00	280.00 - 300.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	80.00 - 90.00	50.00 - 60.00	80.00 - 90.00	50.00 - 60.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Batticaloa	300.00 - 320.00	1000.00 - 1200.00	400.00 - 450.00	200.00 - 220.00	240.00 - 250.00	60.00 - 70.00	50.00 - 50.00	40.00 - 50.00	90.00 - 90.00	40.00 - 50.00	90.00 - 90.00	40.00 - 50.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Trincomalee	270.00 - 300.00	880.00 - 920.00	380.00 - 420.00	180.00 - 220.00	200.00 - 250.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	100.00 - 110.00	75.00 - 85.00	100.00 - 110.00	75.00 - 85.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Hanguranketha	230.00 - 260.00	880.00 - 1000.00	300.00 - 400.00	130.00 - 150.00	140.00 - 160.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Veyangoda	240.00 - 260.00	1000.00 - 1200.00	400.00 - 500.00	160.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	100.00 - 120.00	70.00 - 80.00	100.00 - 120.00	70.00 - 80.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
Galenbindunuwewa	120.00 - 140.00	1000.00 - 1000.00	300.00 - 400.00	140.00 - 160.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	140.00 - 280.00	100.00 - 100.00	100.00 - 100.00	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 240.00	450.00 - 540.00	130.00 - 240.00	25.00 - 37.00	32.00 - 46.00	930.00 - 1200.00	750.00 - 975.00	550.00 - 700.00	-	90.00 - 150.00
Gampaha	170.00 - 200.00	440.00 - 450.00	160.00 - 180.00	22.00 - 28.00	28.00 - 35.00	900.00 - 1000.00	500.00 - 700.00	300.00 - 400.00	-	140.00 - 150.00
Kurunegala	150.00 - 200.00	450.00 - 500.00	140.00 - 160.00	18.00 - 22.00	30.00 - 38.00	750.00 - 800.00	500.00 - 600.00	250.00 - 300.00	60.00 - 80.00	140.00 - 160.00
Nikaweratiya	130.00 - 150.00	450.00 - 480.00	130.00 - 150.00	-	37.00 - 43.00	900.00 - 1000.00	700.00 - 800.00	550.00 - 650.00	-	80.00 - 120.00
Dambulla	140.00 - 160.00	350.00 - 380.00	150.00 - 160.00	-	38.00 - 40.00	750.00 - 800.00	480.00 - 500.00	260.00 - 280.00	40.00 - 50.00	90.00 - 120.00
Anuradhapura	160.00 - 200.00	400.00 - 500.00	160.00 - 180.00	20.00 - 30.00	35.00 - 47.00	1000.00 - 1100.00	820.00 - 950.00	650.00 - 720.00	-	100.00 - 130.00
Thambuththegama	150.00 - 180.00	420.00 - 450.00	140.00 - 180.00	25.00 - 30.00	38.00 - 45.00	900.00 - 1100.00	750.00 - 900.00	600.00 - 720.00	-	80.00 - 110.00
Polonnaruwa	180.00 - 200.00	400.00 - 450.00	150.00 - 180.00	-	30.00 - 32.00	900.00 - 950.00	700.00 - 750.00	450.00 - 500.00	-	130.00 - 130.00
Kaluthara	180.00 - 200.00	460.00 - 480.00	150.00 - 170.00	30.00 - 32.00	38.00 - 40.00	800.00 - 820.00	700.00 - 720.00	-	-	120.00 - 160.00
Badulla	130.00 - 140.00	340.00 - 380.00	120.00 - 130.00	17.00 - 19.00	26.00 - 29.00	-	620.00 - 680.00	360.00 - 420.00	-	80.00 - 100.00
Keppetipola	130.00 - 140.00	350.00 - 380.00	120.00 - 130.00	18.00 - 22.00	32.00 - 35.00	-	650.00 - 700.00	450.00 - 460.00	45.00 - 48.00	100.00 - 120.00
Moneragala	100.00 - 140.00	250.00 - 300.00	60.00 - 80.00	12.00 - 16.00	15.00 - 20.00	-	600.00 - 630.00	450.00 - 520.00	-	120.00 - 130.00
Kegalle	130.00 - 150.00	440.00 - 480.00	140.00 - 160.00	15.00 - 25.00	20.00 - 25.00	-	650.00 - 750.00	450.00 - 550.00	-	80.00 - 100.00
Ampara	140.00 - 180.00	300.00 - 350.00	100.00 - 130.00	18.00 - 25.00	22.00 - 30.00	-	-	400.00 - 550.00	-	70.00 - 70.00
Dehiattakandiya	100.00 - 160.00	350.00 - 400.00	100.00 - 150.00	-	44.00 - 50.00	800.00 - 800.00	650.00 - 700.00	400.00 - 580.00	-	100.00 - 150.00
Nuwaraeliya	140.00 - 150.00	380.00 - 420.00	130.00 - 140.00	23.00 - 26.00	34.00 - 38.00	-	650.00 - 680.00	400.00 - 460.00	-	100.00 - 130.00
Kandy	170.00 - 180.00	400.00 - 450.00	160.00 - 180.00	23.00 - 25.00	38.00 - 45.00	1000.00 - 1100.00	650.00 - 700.00	400.00 - 450.00	-	100.00 - 150.00
Puttalam	120.00 - 150.00	350.00 - 450.00	140.00 - 160.00	17.00 - 18.00	-	800.00 - 920.00	600.00 - 600.00	200.00 - 300.00	-	65.00 - 85.00
Rathnapura	190.00 - 220.00	330.00 - 360.00	180.00 - 220.00	-	-	900.00 - 1000.00	600.00 - 700.00	200.00 - 300.00	-	120.00 - 150.00
Hambantota	120.00 - 140.00	430.00 - 450.00	140.00 - 150.00	19.00 - 22.00	24.00 - 27.00	880.00 - 950.00	650.00 - 800.00	360.00 - 420.00	-	120.00 - 130.00
Matara	160.00 - 180.00	420.00 - 450.00	140.00 - 155.00	18.00 - 20.00	30.00 - 32.00	1000.00 - 1050.00	930.00 - 960.00	560.00 - 650.00	30.00 - 45.00	80.00 - 120.00
Galle	150.00 - 200.00	450.00 - 500.00	150.00 - 180.00	25.00 - 30.00	30.00 - 35.00	-	650.00 - 700.00	480.00 - 560.00	60.00 - 80.00	100.00 - 150.00
Tissamaharama	120.00 - 140.00	320.00 - 360.00	110.00 - 130.00	30.00 - 35.00	30.00 - 35.00	850.00 - 880.00	620.00 - 650.00	500.00 - 520.00	-	80.00 - 90.00
Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-
Embilipitiya	100.00 - 120.00	320.00 - 400.00	120.00 - 140.00	20.00 - 30.00	25.00 - 35.00	-	600.00 - 650.00	450.00 - 550.00	50.00 - 60.00	100.00 - 150.00
Jaffna	110.00 - 140.00	420.00 - 480.00	110.00 - 130.00	-	-	980.00 - 1200.00	820.00 - 950.00	620.00 - 750.00	-	120.00 - 170.00
Vavuniya	130.00 - 150.00	350.00 - 400.00	150.00 - 165.00	27.00 - 29.00	-	800.00 - 900.00	640.00 - 680.00	560.00 - 600.00	-	100.00 - 120.00
Mannar	150.00 - 160.00	350.00 - 400.00	140.00 - 150.00	18.00 - 20.00	-	750.00 - 750.00	620.00 - 700.00	500.00 - 550.00	-	100.00 - 150.00
Killinochchi	140.00 - 160.00	350.00 - 400.00	140.00 - 160.00	24.00 - 25.00	-	900.00 - 960.00	720.00 - 760.00	600.00 - 640.00	70.00 - 80.00	100.00 - 120.00
Mullaithivu	150.00 - 180.00	320.00 - 350.00	150.00 - 180.00	22.00 - 25.00	28.00 - 30.00	750.00 - 840.00	650.00 - 715.00	500.00 - 580.00	-	100.00 - 120.00
Batticaloa	150.00 - 160.00	400.00 - 420.00	140.00 - 150.00	22.00 - 24.00	-	-	600.00 - 650.00	500.00 - 550.00	-	100.00 - 110.00
Trincomalee	140.00 - 170.00	360.00 - 400.00	130.00 - 160.00	-	33.00 - 36.00	-	650.00 - 720.00	500.00 - 560.00	33.00 - 36.00	123.00 - 126.00
Veyangoda	200.00 - 200.00	500.00 - 550.00	180.00 - 200.00	20.00 - 25.00	31.00 - 44.00	980.00 - 1100.00	600.00 - 650.00	450.00 - 500.00	-	75.00 - 120.00
Galenbindunuwewa	140.00 - 160.00	300.00 - 350.00	100.00 - 160.00	25.00 - 30.00	35.00 - 40.00	1000.00 - 1200.00	850.00 - 950.00	700.00 - 800.00	-	100.00 - 120.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	120.00 - 160.00	320.00 - 350.00	130.00 - 160.00	30.00 - 35.00	40.00 - 42.00	750.00 - 800.00	500.00 - 580.00	350.00 - 380.00	40.00 - 50.00	100.00 - 120.00

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
20	Colombo	60.00 - 90.00	-	100.00 - 280.00	30.00 - 60.00	98.00 - 200.00	75.00 - 160.00	60.00 - 160.00	50.00 - 120.00	1700.00 - 3000.00	100.00 - 150.00	
	Gampaha	-	-	200.00 - 200.00	50.00 - 60.00	-	150.00 - 150.00	60.00 - 100.00	100.00 - 120.00	2500.00 - 2500.00	120.00 - 120.00	
	Kurunegala	60.00 - 80.00	30.00 - 50.00	140.00 - 150.00	40.00 - 50.00	80.00 - 100.00	80.00 - 100.00	80.00 - 120.00	60.00 - 80.00	2800.00 - 3000.00	100.00 - 130.00	
	Nikaweratiya	-	-	100.00 - 130.00	20.00 - 30.00	-	80.00 - 100.00	100.00 - 120.00	-	2800.00 - 3000.00	100.00 - 120.00	
	Dambulla	50.00 - 60.00	30.00 - 40.00	150.00 - 160.00	30.00 - 40.00	80.00 - 100.00	80.00 - 100.00	80.00 - 100.00	60.00 - 80.00	2200.00 - 2500.00	100.00 - 120.00	
	Anuradhapura	-	-	140.00 - 160.00	-	80.00 - 100.00	100.00 - 120.00	80.00 - 120.00	50.00 - 80.00	2300.00 - 3000.00	120.00 - 150.00	
	Thambuththegama	-	-	70.00 - 100.00	-	-	-	50.00 - 80.00	-	2100.00 - 2400.00	100.00 - 120.00	
	Polonnaruwa	-	-	150.00 - 180.00	50.00 - 60.00	-	-	100.00 - 120.00	50.00 - 60.00	2500.00 - 2600.00	130.00 - 140.00	
	Kaluthara	-	-	160.00 - 180.00	35.00 - 40.00	160.00 - 180.00	120.00 - 140.00	130.00 - 150.00	120.00 - 140.00	2400.00 - 2600.00	130.00 - 140.00	
	Badulla	50.00 - 60.00	20.00 - 25.00	150.00 - 160.00	25.00 - 30.00	-	75.00 - 90.00	60.00 - 75.00	45.00 - 60.00	2700.00 - 2800.00	120.00 - 130.00	
	Keppetipola	45.00 - 50.00	18.00 - 24.00	160.00 - 180.00	30.00 - 36.00	80.00 - 100.00	80.00 - 100.00	50.00 - 60.00	45.00 - 55.00	2500.00 - 2700.00	100.00 - 120.00	
	Moneragala	50.00 - 60.00	-	180.00 - 200.00	20.00 - 23.00	60.00 - 80.00	80.00 - 100.00	40.00 - 50.00	40.00 - 50.00	3000.00 - 3500.00	100.00 - 120.00	
	Kegalle	-	20.00 - 25.00	150.00 - 170.00	15.00 - 25.00	60.00 - 80.00	80.00 - 100.00	40.00 - 50.00	50.00 - 70.00	2500.00 - 2600.00	100.00 - 120.00	
	Ampara	-	-	130.00 - 160.00	50.00 - 50.00	-	60.00 - 60.00	56.00 - 60.00	60.00 - 80.00	2000.00 - 2000.00	120.00 - 140.00	
	Dehiwakkandiya	70.00 - 70.00	-	100.00 - 180.00	-	80.00 - 80.00	50.00 - 60.00	100.00 - 160.00	40.00 - 60.00	2800.00 - 3500.00	120.00 - 150.00	
	Nuwaraeliya	50.00 - 60.00	20.00 - 25.00	160.00 - 180.00	35.00 - 40.00	100.00 - 120.00	80.00 - 100.00	60.00 - 70.00	50.00 - 60.00	2400.00 - 2600.00	120.00 - 130.00	
	Kandy	60.00 - 70.00	-	150.00 - 200.00	30.00 - 40.00	130.00 - 150.00	80.00 - 100.00	50.00 - 100.00	50.00 - 60.00	2000.00 - 2600.00	130.00 - 140.00	
	Puttalam	-	-	140.00 - 180.00	-	-	65.00 - 75.00	75.00 - 85.00	-	-	100.00 - 140.00	
	Hambantota	-	-	120.00 - 130.00	-	60.00 - 70.00	80.00 - 100.00	50.00 - 60.00	40.00 - 50.00	2500.00 - 2500.00	90.00 - 110.00	
	Rathnapura	60.00 - 80.00	-	150.00 - 160.00	-	50.00 - 60.00	90.00 - 120.00	-	50.00 - 60.00	2000.00 - 2500.00	-	
	Matara	-	-	130.00 - 145.00	28.00 - 30.00	100.00 - 110.00	100.00 - 120.00	45.00 - 55.00	45.00 - 50.00	2500.00 - 2500.00	100.00 - 120.00	
	Galle	-	30.00 - 40.00	180.00 - 200.00	40.00 - 50.00	110.00 - 150.00	110.00 - 140.00	90.00 - 120.00	60.00 - 80.00	2900.00 - 3000.00	100.00 - 120.00	
	Tissamaharama	-	25.00 - 30.00	120.00 - 130.00	30.00 - 35.00	65.00 - 70.00	50.00 - 60.00	50.00 - 60.00	25.00 - 30.00	2800.00 - 2850.00	90.00 - 100.00	
	Meegoda (DEC)	-	-	-	-	-	-	-	-	-	-	
	Embilipitiya	50.00 - 60.00	30.00 - 40.00	130.00 - 150.00	20.00 - 40.00	-	100.00 - 120.00	60.00 - 90.00	20.00 - 30.00	2250.00 - 2500.00	110.00 - 130.00	
	Jaffna	80.00 - 100.00	-	120.00 - 150.00	-	-	110.00 - 120.00	-	-	2800.00 - 3200.00	120.00 - 150.00	
	Vavuniya	-	-	140.00 - 150.00	40.00 - 50.00	-	100.00 - 120.00	120.00 - 130.00	-	2800.00 - 2900.00	140.00 - 160.00	
	Mannar	50.00 - 70.00	-	130.00 - 150.00	25.00 - 30.00	-	110.00 - 140.00	80.00 - 100.00	130.00 - 150.00	2600.00 - 3000.00	140.00 - 160.00	
	Killinochchi	50.00 - 60.00	-	100.00 - 130.00	50.00 - 60.00	100.00 - 120.00	50.00 - 60.00	70.00 - 100.00	-	2800.00 - 2900.00	150.00 - 160.00	
	Mullaitivu	45.00 - 50.00	-	120.00 - 150.00	-	-	-	-	-	-	140.00 - 150.00	
	Batticaloa	-	-	150.00 - 160.00	45.00 - 50.00	100.00 - 100.00	78.00 - 80.00	100.00 - 120.00	-	2400.00 - 2500.00	150.00 - 150.00	
	Trincomalee	52.00 - 56.00	23.00 - 26.00	150.00 - 180.00	69.00 - 73.00	-	-	130.00 - 138.00	32.00 - 33.00	2700.00 - 2800.00	130.00 - 140.00	
	Veyangoda	-	-	180.00 - 250.00	30.00 - 40.00	115.00 - 120.00	100.00 - 130.00	75.00 - 100.00	50.00 - 80.00	2000.00 - 2800.00	100.00 - 130.00	
	Galenbindunuwewa	-	-	100.00 - 130.00	-	-	-	80.00 - 100.00	-	2500.00 - 2600.00	130.00 - 140.00	
	Bandarawela	-	-	-	-	-	-	-	-	-	-	
	Matale	50.00 - 60.00	30.00 - 40.00	150.00 - 170.00	20.00 - 25.00	-	100.00 - 120.00	100.00 - 110.00	40.00 - 50.00	2500.00 - 2700.00	120.00 - 130.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 28: 07 - 13 July 2023

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	450.00 –	600.00	1000.00 –	1250.00	950.00 –	1400.00	1400.00 –	1750.00	2000.00 –	3000.00	1600.00 –	1750.00
Kandy	550.00 –	600.00	950.00 –	1000.00	1000.00 –	1200.00	1650.00 –	1800.00	2500.00 –	2800.00	1500.00 –	1600.00
Kaluthara	480.00 –	500.00	–	–	1130.00 –	1150.00	1500.00 –	1600.00	–	–	1500.00 –	1600.00
Puttalam	450.00 –	550.00	900.00 –	1100.00	1000.00 –	1200.00	1400.00 –	1800.00	–	–	1000.00 –	1200.00
Matara	500.00 –	550.00	–	–	1300.00 –	1400.00	1900.00 –	1960.00	–	–	–	–
Hambantota	550.00 –	600.00	–	–	1100.00 –	1200.00	–	–	–	–	–	–
Galle	–	–	–	–	1000.00 –	1100.00	1600.00 –	1800.00	1600.00 –	1800.00	1400.00 –	1600.00
Batticaloa	350.00 –	450.00	1000.00 –	1100.00	1100.00 –	1200.00	1500.00 –	1600.00	1900.00 –	2000.00	1800.00 –	1900.00
Trincomalee	450.00 –	500.00	850.00 –	900.00	1230.00 –	1280.00	2250.00 –	2350.00	2520.00 –	2600.00	2000.00 –	2050.00
Mannar	420.00 –	450.00	–	–	–	–	–	–	–	–	1300.00 –	1350.00

Locations	Sea Fish				Eggs			
	Mora		Shrimps		Thalapath	Teppeli	Brown	White
Colombo	1100.00 –	1250.00	1600.00 –	1700.00	1800.00 –	2400.00	–	–
Kandy	1200.00 –	1250.00	1600.00 –	1700.00	2300.00 –	2400.00	–	–
Kaluthara	–	–	1600.00 –	1700.00	1950.00 –	2000.00	–	–
Puttalam	1600.00 –	1800.00	1050.00 –	1300.00	2200.00 –	2400.00	–	–
Matara	–	–	1480.00 –	1550.00	2200.00 –	2250.00	–	–
Hambantota	–	–	1600.00 –	1700.00	–	–	–	–
Galle	1000.00 –	1100.00	–	–	–	–	56.00 –	59.00
Batticaloa	1350.00 –	1500.00	1300.00 –	1400.00	2100.00 –	2200.00	–	–
Trincomalee	2100.00 –	2200.00	1550.00 –	1580.00	–	–	62.00 –	63.00
Mannar	–	–	1400.00 –	1500.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 28: 07 - 13 July 2023

Locations	Local Dried Fish						
	Sprats		Kattawa		Thora		
Colombo	100000 –	107500	–	–	95000 –	109000	
Kandy	88000 –	95000	–	–	97500 –	100000	
Batticaloa	52500 –	55000	105000 –	110000	–	115000 –	122500
Trincomalee	52000 –	55000	–	–	95000 –	100000	
Mannar	49000 –	50000	100000 –	105000	–	92500 –	95000

Locations	Local Dried Fish			Imported Dried Fish			
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora	
Colombo	70000 –	80000	–	45000 –	50000	44000 –	56000
Kandy	70000 –	72500	–	44000 –	45000	45000 –	47500
Batticaloa	77500 –	80000	–	42500 –	45000	–	–
Trincomalee	82500 –	85000	–	41500 –	43500	44000 –	46500
Mannar	60000 –	65000	–	47500 –	50000	49000 –	50000

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	75000 –	78000	–	–
Kandy	–	–	–	–	–	–
Batticaloa	135000 –	135000	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 28: 07 - 13 July 2023

LOCATIONS	Sea Fish													Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White					
22	Colombo	700.00 - 1000.00	1100.00 - 1500.00	1400.00 - 2200.00	1800.00 - 3500.00	3200.00 - 4000.00	2200.00 - 3000.00	2000.00 - 2800.00	3000.00 - 3600.00	-	56.00 - 60.00				
	Gampaha	800.00 - 800.00	-	2400.00 - 2400.00	2200.00 - 2200.00	-	-	-	2800.00 - 2800.00	-	44.00 - 55.00				
	Kurunegala	700.00 - 800.00	1100.00 - 1200.00	1800.00 - 1800.00	2000.00 - 2200.00	-	1700.00 - 1800.00	1700.00 - 1800.00	2600.00 - 2600.00	55.00 - 60.00	-				
	Nikaweratiya	800.00 - 800.00	1000.00 - 1100.00	1300.00 - 1400.00	-	-	-	-	-	-	58.00 - 58.00				
	Dambulla	760.00 - 800.00	1200.00 - 1300.00	1300.00 - 1400.00	2400.00 - 2500.00	-	2000.00 - 2200.00	2000.00 - 2200.00	2600.00 - 2700.00	60.00 - 60.00	58.00 - 59.00				
	Anuradhapura	750.00 - 800.00	-	1300.00 - 1400.00	-	3000.00 - 3000.00	1800.00 - 1900.00	-	2600.00 - 2800.00	-	55.00 - 58.00				
	Thambuththegama	700.00 - 700.00	1200.00 - 1200.00	1200.00 - 1300.00	2800.00 - 3000.00	3400.00 - 3400.00	-	-	3200.00 - 3600.00	-	58.00 - 60.00				
	Polonnaruwa	700.00 - 700.00	1300.00 - 1300.00	1800.00 - 1800.00	2350.00 - 2400.00	-	1550.00 - 1600.00	1800.00 - 1800.00	2600.00 - 2600.00	-	55.00 - 60.00				
	Kaluthara	560.00 - 600.00	1280.00 - 1300.00	1460.00 - 1500.00	2300.00 - 2400.00	-	2200.00 - 2300.00	-	2700.00 - 2800.00	-	54.00 - 57.00				
	Badulla	800.00 - 840.00	1200.00 - 1200.00	1700.00 - 1800.00	2000.00 - 2200.00	-	1700.00 - 1800.00	1700.00 - 1800.00	2600.00 - 2800.00	60.00 - 60.00	58.00 - 60.00				
	Keppetipola	740.00 - 760.00	1200.00 - 1300.00	1800.00 - 1900.00	2200.00 - 2300.00	-	2100.00 - 2200.00	1800.00 - 1900.00	2500.00 - 2600.00	64.00 - 65.00	60.00 - 64.00				
	Moneragala	750.00 - 800.00	-	1300.00 - 1400.00	-	-	1500.00 - 1600.00	-	3000.00 - 3200.00	-	56.00 - 58.00				
	Kegalle	700.00 - 740.00	1280.00 - 1320.00	1950.00 - 2000.00	2400.00 - 2450.00	-	2000.00 - 2100.00	2000.00 - 2050.00	2700.00 - 2800.00	59.00 - 61.00	56.00 - 58.00				
	Ampara	950.00 - 1000.00	-	2200.00 - 2200.00	3000.00 - 3000.00	-	-	-	2800.00 - 3200.00	60.00 - 60.00	60.00 - 60.00				
	Dehiattakandiya	600.00 - 600.00	-	-	2600.00 - 2600.00	-	-	2200.00 - 2200.00	-	56.00 - 60.00	55.00 - 55.00				
	Nuwaraeliya	700.00 - 750.00	1200.00 - 1300.00	1850.00 - 1950.00	2300.00 - 2400.00	-	2000.00 - 2100.00	1900.00 - 2000.00	2800.00 - 3000.00	64.00 - 66.00	60.00 - 64.00				
	Kandy	760.00 - 800.00	1250.00 - 1300.00	1300.00 - 1500.00	2400.00 - 2500.00	3000.00 - 3250.00	1800.00 - 1900.00	1800.00 - 1900.00	2700.00 - 2800.00	59.00 - 60.00	61.00 - 62.00				
	Puttalam	500.00 - 650.00	1000.00 - 1200.00	1100.00 - 1350.00	1600.00 - 2000.00	-	1100.00 - 1350.00	1800.00 - 2000.00	2400.00 - 2650.00	48.00 - 51.00	46.00 - 50.00				
	Hambantota	700.00 - 750.00	-	1900.00 - 2000.00	2400.00 - 2500.00	-	-	-	-	-	52.00 - 53.00				
	Rathnapura	660.00 - 720.00	-	1500.00 - 1600.00	2700.00 - 2800.00	3400.00 - 3600.00	1900.00 - 2000.00	1700.00 - 1800.00	2900.00 - 3000.00	-	-				
	Matara	700.00 - 800.00	-	1800.00 - 2000.00	2400.00 - 2450.00	-	-	-	2700.00 - 2800.00	58.00 - 60.00	52.00 - 54.00				
	Galle	650.00 - 750.00	1000.00 - 1100.00	1600.00 - 1700.00	2500.00 - 2700.00	-	1600.00 - 1800.00	1800.00 - 1800.00	2700.00 - 2800.00	57.00 - 60.00	50.00 - 58.00				
	Tissamaharama	700.00 - 750.00	-	1200.00 - 1300.00	2400.00 - 2400.00	-	-	-	-	-	55.00 - 56.00				
	Meegoda	-	-	-	-	-	-	-	-	-	-				
	Embilipitiya	600.00 - 650.00	-	1500.00 - 1600.00	2400.00 - 2500.00	-	-	1700.00 - 1800.00	2500.00 - 2600.00	59.00 - 60.00	57.00 - 60.00				
	Jaffna	400.00 - 450.00	-	1000.00 - 1100.00	1800.00 - 2000.00	-	1600.00 - 1800.00	2200.00 - 2400.00	-	55.00 - 56.00	54.00 - 55.00				
	Vavuniya	600.00 - 700.00	-	1200.00 - 1300.00	-	-	1700.00 - 1800.00	2100.00 - 2250.00	-	56.00 - 60.00	58.00 - 62.00				
	Mannar	500.00 - 550.00	-	-	-	-	1500.00 - 1600.00	-	-	62.00 - 63.00	60.00 - 61.00				
	Killinochchi	600.00 - 650.00	-	1200.00 - 1300.00	-	-	1600.00 - 1650.00	2500.00 - 2600.00	-	-	58.00 - 60.00				
	Mullaithivu	700.00 - 800.00	1000.00 - 1200.00	1200.00 - 1400.00	-	-	1800.00 - 2000.00	1600.00 - 1800.00	-	-	54.00 - 55.00				
	Batticaloa	500.00 - 600.00	1400.00 - 1500.00	1900.00 - 2000.00	2300.00 - 2400.00	2700.00 - 2800.00	2700.00 - 2800.00	2200.00 - 2400.00	2700.00 - 2800.00	58.00 - 60.00	58.00 - 60.00				
	Trincomalee	550.00 - 600.00	1000.00 - 1100.00	1300.00 - 1380.00	2400.00 - 2500.00	2650.00 - 2750.00	2200.00 - 2300.00	2250.00 - 2350.00	-	64.00 - 65.00	64.00 - 65.00				
	Veyangoda	800.00 - 800.00	-	-	2400.00 - 2400.00	3000.00 - 3000.00	-	2400.00 - 2400.00	3000.00 - 3000.00	-	50.00 - 55.00				
	Galenbindunuweawa	700.00 - 700.00	1200.00 - 1200.00	1200.00 - 1200.00	2800.00 - 2800.00	2800.00 - 2800.00	1800.00 - 1800.00	2000.00 - 2000.00	2800.00 - 2800.00	-	55.00 - 60.00				
	Bandarawela	-	-	-	-	-	-	-	-	-	-				
	Matale	800.00 - 880.00	1000.00 - 1200.00	1500.00 - 1600.00	2500.00 - 2600.00	3000.00 - 3400.00	1800.00 - 2000.00	1600.00 - 1700.00	2700.00 - 2800.00	60.00 - 61.00	59.00 - 60.00				

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
23	Colombo	1100.00 – 1400.00	2000.00 – 2800.00	–	2200.00 – 2800.00	1800.00 – 2400.00	2000.00 – 2800.00	1000.00 – 1400.00				
	Gampaha	1200.00 – 1400.00	2400.00 – 2400.00	3400.00 – 3600.00	2400.00 – 2400.00	2000.00 – 2000.00	2000.00 – 2200.00	1200.00 – 1400.00				
	Kurunegala	1000.00 – 1200.00	2200.00 – 2400.00	2400.00 – 2400.00	2200.00 – 2400.00	1600.00 – 1800.00	2000.00 – 2200.00	1100.00 – 1400.00				
	Nikaweratiya	1000.00 – 1200.00	2400.00 – 2400.00	2800.00 – 2800.00	2200.00 – 2400.00	1800.00 – 1800.00	2200.00 – 2200.00	–				
	Dambulla	1100.00 – 1200.00	2400.00 – 2600.00	–	2400.00 – 2600.00	1500.00 – 1600.00	2000.00 – 2200.00	–				
	Anuradhapura	1200.00 – 1400.00	2000.00 – 2800.00	–	2400.00 – 2800.00	2000.00 – 2400.00	2400.00 – 2600.00	1200.00 – 1400.00				
	Thambuththegama	1000.00 – 1200.00	–	–	2400.00 – 2400.00	1800.00 – 1800.00	1850.00 – 1850.00	1200.00 – 1200.00				
	Polonnaruwa	1100.00 – 1200.00	2200.00 – 2200.00	–	2300.00 – 2350.00	1400.00 – 1500.00	2200.00 – 2200.00	1100.00 – 1200.00				
	Kaluthara	1150.00 – 1200.00	2400.00 – 2600.00	–	2400.00 – 2600.00	1800.00 – 2000.00	–	1300.00 – 1400.00				
	Badulla	1200.00 – 1300.00	2400.00 – 2500.00	–	2200.00 – 2300.00	1600.00 – 1800.00	–	1100.00 – 1200.00				
	Keppetipola	1150.00 – 1260.00	2500.00 – 2600.00	–	2360.00 – 2420.00	1750.00 – 1850.00	2300.00 – 2350.00	1250.00 – 1300.00				
	Moneragala	1200.00 – 1400.00	2200.00 – 2600.00	–	2300.00 – 2500.00	2000.00 – 2400.00	2200.00 – 2600.00	1200.00 – 1400.00				
	Kegalle	1000.00 – 1200.00	2000.00 – 2200.00	–	2000.00 – 2200.00	1450.00 – 1700.00	–	–				
	Ampara	1000.00 – 1200.00	2150.00 – 2800.00	–	2200.00 – 2300.00	1850.00 – 2200.00	2400.00 – 2400.00	–				
	Dehiattakandiya	1200.00 – 1200.00	2800.00 – 2800.00	–	2200.00 – 2200.00	2000.00 – 2000.00	1600.00 – 1600.00	–				
	Nuwaraeliya	1180.00 – 1300.00	2450.00 – 2600.00	–	2300.00 – 2450.00	1600.00 – 1700.00	2200.00 – 2380.00	1260.00 – 1300.00				
	Kandy	1100.00 – 1400.00	2700.00 – 2800.00	–	2500.00 – 2600.00	1900.00 – 2100.00	2600.00 – 2700.00	1300.00 – 1350.00				
	Puttalam	1100.00 – 1300.00	2200.00 – 2400.00	–	2250.00 – 2400.00	1500.00 – 2000.00	1400.00 – 1600.00	900.00 – 1200.00				
	Hambantota	1150.00 – 1200.00	2200.00 – 2400.00	–	–	1700.00 – 1900.00	2200.00 – 2300.00	–				
	Rathnapura	1200.00 – 1300.00	2300.00 – 2400.00	–	2200.00 – 2300.00	1720.00 – 1800.00	2100.00 – 2200.00	1120.00 – 1360.00				
	Matara	1150.00 – 1250.00	2300.00 – 2400.00	–	–	1600.00 – 2000.00	2200.00 – 2300.00	–				
	Galle	1200.00 – 1300.00	2000.00 – 2400.00	2000.00 – 2400.00	2200.00 – 2200.00	1500.00 – 1800.00	1800.00 – 2000.00	1200.00 – 1300.00				
	Tissamaharama	1000.00 – 1100.00	–	–	–	1900.00 – 2300.00	–	–				
	Meegoda	–	–	–	–	–	–	–				
	Embilipitiya	1000.00 – 1300.00	2250.00 – 2400.00	2300.00 – 2400.00	2200.00 – 2400.00	1850.00 – 2300.00	2250.00 – 2450.00	1400.00 – 1500.00				
	Jaffna	1100.00 – 1200.00	2500.00 – 2800.00	–	–	–	–	–				
	Vavuniya	1200.00 – 1300.00	2450.00 – 2500.00	–	2800.00 – 2900.00	1250.00 – 1350.00	1250.00 – 1300.00	1000.00 – 1100.00				
	Mannar	1100.00 – 1200.00	2200.00 – 2400.00	–	2000.00 – 2200.00	1500.00 – 1700.00	1200.00 – 1350.00	1100.00 – 1200.00				
	Killinochchi	1100.00 – 1200.00	2400.00 – 2500.00	–	2800.00 – 2900.00	1200.00 – 1300.00	1200.00 – 1300.00	1000.00 – 1100.00				
	Mullaitivu	1300.00 – 1400.00	2400.00 – 2500.00	–	2200.00 – 2400.00	1400.00 – 1500.00	1100.00 – 1200.00	1000.00 – 1100.00				
	Batticaloa	1200.00 – 1300.00	2300.00 – 2400.00	–	2500.00 – 2600.00	1300.00 – 1400.00	–	1000.00 – 1100.00				
	Trincomalee	1250.00 – 1300.00	2150.00 – 2250.00	1980.00 – 2100.00	–	1550.00 – 1650.00	1650.00 – 1750.00	920.00 – 950.00				
	Veyangoda	1000.00 – 1200.00	2000.00 – 2300.00	–	2200.00 – 2400.00	1600.00 – 1800.00	1800.00 – 2200.00	1000.00 – 1360.00				
	Galenbindunuwewa	1000.00 – 1200.00	2400.00 – 2600.00	–	2200.00 – 2600.00	2000.00 – 2200.00	2200.00 – 2600.00	1200.00 – 1400.00				
	Bandarawela	–	–	–	–	–	–	–				
	Matale	1300.00 – 1400.00	2600.00 – 2700.00	3500.00 – 3600.00	2250.00 – 2400.00	2100.00 – 2200.00	2200.00 – 2300.00	1100.00 – 1150.00				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 28: 07 - 13 July 2023

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 – 2500.00	1480.00 – 1600.00	1500.00 – 1600.00	3000.00 – 3400.00	1400.00 – 1800.00
Gampaha	2200.00 – 2200.00	1490.00 – 1500.00	–	3000.00 – 3000.00	1400.00 – 1400.00
Kurunegala	1900.00 – 1900.00	1500.00 – 1560.00	–	2700.00 – 2700.00	1400.00 – 1500.00
Nikaweratiya	2000.00 – 2200.00	1500.00 – 1550.00	–	–	–
Dambulla	–	1600.00 – 1650.00	1700.00 – 1800.00	–	1700.00 – 1800.00
Anuradhapura	2000.00 – 2200.00	1450.00 – 1500.00	–	3400.00 – 3600.00	1500.00 – 1600.00
Thambuththegama	2000.00 – 2300.00	1430.00 – 1450.00	–	2600.00 – 2600.00	1600.00 – 1700.00
Polonnaruwa	–	1650.00 – 1700.00	–	–	1800.00 – 1800.00
Kaluthara	2200.00 – 2500.00	1520.00 – 1560.00	1600.00 – 1640.00	–	1600.00 – 1860.00
Badulla	1800.00 – 2000.00	1650.00 – 1730.00	–	2800.00 – 3000.00	–
Keppetipola	2000.00 – 2100.00	1480.00 – 1520.00	1560.00 – 1640.00	2900.00 – 3000.00	–
Moneragala	2000.00 – 2000.00	1650.00 – 1700.00	–	2800.00 – 2800.00	1500.00 – 1600.00
Kegalle	2200.00 – 2200.00	1350.00 – 1590.00	–	2800.00 – 2850.00	1800.00 – 1850.00
Ampara	2000.00 – 2000.00	–	1400.00 – 1480.00	–	1650.00 – 1700.00
Dehiattakandiya	1900.00 – 1900.00	1450.00 – 1490.00	–	–	1380.00 – 1650.00
Nuwaraeliya	2000.00 – 2200.00	1500.00 – 1550.00	1600.00 – 1660.00	3000.00 – 3200.00	1800.00 – 1900.00
Kandy	2200.00 – 2200.00	1450.00 – 1500.00	1550.00 – 1600.00	3000.00 – 3000.00	1700.00 – 1750.00
Puttalam	2000.00 – 2200.00	1350.00 – 1450.00	–	3200.00 – 3200.00	–
Hambantota	–	1550.00 – 1580.00	–	–	–
Rathnapura	2200.00 – 2200.00	1400.00 – 1500.00	1600.00 – 1650.00	3000.00 – 3000.00	1500.00 – 1560.00
Matara	–	1550.00 – 1580.00	–	–	–
Galle	2200.00 – 2200.00	1550.00 – 1600.00	1600.00 – 1600.00	3200.00 – 3300.00	–
Tissamaharama	–	1450.00 – 1550.00	–	2800.00 – 2800.00	1800.00 – 1850.00
Meegoda	–	–	–	–	–
Embiliptiya	2000.00 – 2100.00	1400.00 – 1450.00	1400.00 – 1400.00	2800.00 – 2900.00	1600.00 – 1800.00
Jaffna	1700.00 – 2000.00	1600.00 – 1700.00	1700.00 – 1800.00	3200.00 – 4200.00	–
Vavuniya	2050.00 – 2200.00	1850.00 – 1900.00	–	2900.00 – 3000.00	–
Mannar	1800.00 – 1900.00	1700.00 – 1800.00	–	–	–
Killinochchi	1900.00 – 1950.00	1700.00 – 1750.00	1800.00 – 1850.00	3000.00 – 3200.00	–
Mullaittivu	1700.00 – 1800.00	1800.00 – 1900.00	–	–	–
Batticaloa	1800.00 – 1900.00	1800.00 – 1900.00	1900.00 – 1900.00	–	–
Trincomalee	1800.00 – 1850.00	1480.00 – 1500.00	1800.00 – 1850.00	3800.00 – 3850.00	–
Veyangoda	2200.00 – 2200.00	1450.00 – 1450.00	1700.00 – 1700.00	2950.00 – 3000.00	1400.00 – 1400.00
Galenbindunuwewa	2000.00 – 2000.00	1480.00 – 1480.00	–	–	1500.00 – 1600.00
Bandarawela	–	–	–	–	–
Matale	2100.00 – 2200.00	1600.00 – 1650.00	–	2800.00 – 2900.00	1600.00 – 1700.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)
Week 28: 07 - 13 July 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
Rice													
Local													
Samba 1	205.00 - 215.00	210.00	201.50		4.22		Coconut		85.00 - 95.00	90.00	97.78	74.80	-7.95
Samba 2	190.00 - 205.00	200.00	194.50	241.60	2.83	-17.22	Large	70.00 - 80.00	75.00	80.00	64.20	-6.25	20.32
Keeri Samba	255.00 - 260.00	258.57	258.10	254.30	0.18	1.68	Small						16.82
Nadu 1	175.00 - 185.00	178.13	178.50		-0.21								
Nadu 2	168.00 - 172.00	169.33	171.00	241.20	-0.97	-29.80	Fruits (Rs/Fruit)						
Raw (Red)	135.00 - 140.00	137.57	139.00	252.60	-1.03	-45.54	Plantain						
Raw (White)	160.00 - 170.00	165.00	159.80	236.40	3.25	-30.20	Ambul (Rs/Kg)	130.00 - 170.00	148.46	133.33	100.77	11.35	47.33
Imported							Kolikuttu (Rs/Kg)	380.00 - 450.00	414.17	393.08	173.00	5.37	139.40
Samba	205.00 - 225.00	218.00	207.78	198.60	4.92	9.77	Seeni (Rs/Kg)	90.00 - 140.00	119.17	110.00	90.00	8.33	32.41
Nadu	-	-	-	201.30			Anamalu	23.00 - 30.00	25.33	22.33	13.00	13.43	94.87
Raw (Red)	-	-	-				Ambun	27.00 - 32.00	29.58	28.00	16.00	5.65	84.90
Raw (White)	190.00 - 192.00	190.29	188.00	178.10	1.22	6.84	Papaw(Rs/Kg)	70.00 - 140.00	103.85	105.00	129.29	-1.10	-19.68
Dried Chillies							Passion Fruit	23.00 - 30.00	26.50	27.20	27.67	-2.57	-4.22
Imported	1040.00 - 1150.00	1105.71	1101.50	1716.00	0.38	-35.56	Pineapple Large	850.00 - 900.00	868.89	880.00	423.33	-1.26	105.25
Onion							Pineapple Medium	650.00 - 720.00	675.56	683.33	340.83	-1.14	98.21
Sinnan	-	-	-				Pineapple Small	500.00 - 550.00	514.44	540.00	263.64	-4.73	95.13
Vedalan	450.00 - 500.00	479.29	457.50	375.00	4.76	27.81	Mango						
Imported	-	-	398.57	271.50			Betti	34.00 - 36.00	35.00	31.25	42.50	12.00	-17.65
Big Onion							Karthakolamban	60.00 - 100.00	79.17	70.00	132.00	13.10	-40.03
Imported	115.00 - 130.00	125.00	100.30	188.50	24.63	-33.69	Vilad	56.00 - 60.00	57.22	54.75	53.40	4.52	7.16
Local	-	-	-				Kohu	-					
Potato							Other						
Wellimada	-	-	-				Wood Apple	80.00 - 110.00	95.56	102.86	46.67	-7.10	104.76
N'Eliya	310.00 - 360.00	335.00	310.00	365.00	8.06	-8.22	Orange	70.00 - 100.00	82.50	77.86	57.50	5.96	43.48
Imported	190.00 - 230.00	207.14	205.00	187.30	1.05	10.59	Avocado	50.00 - 90.00	72.31	65.00	49.29	11.24	46.71
Pulses							Slime Apple	24.00 - 28.00	26.00	25.75	30.67	0.97	-15.22
Green Gram	800.00 - 950.00	900.00	860.00	823.50	4.65	9.29	Grapes (Imp., Rs/Kg)	1350.00 - 1450.00	1400.00	1471.43	-	-4.85	
Cowpea (White)	620.00 - 675.00	643.57	648.89	722.22	-0.82	-10.89	King Coconut	70.00 - 100.00	85.00	105.00	110.00	-19.05	-22.73
Cowpea (Red)	750.00 - 800.00	776.00	746.67	630.00	3.93	23.17	Sea Fish						
Red Dhal	245.00 - 255.00	249.29	248.60	541.30	0.28	-53.95	Salaya	450.00 - 600.00	538.00	503.00	517.00	6.96	4.06
Vegetable							Hurulla	1000.00 - 1250.00	1153.00	962.00	766.25	19.85	50.47
Beans (Butter)	-	-	-				Balaya	950.00 - 1400.00	1183.00	1145.00	876.25	3.32	35.01
Beans(Green)	350.00 - 450.00	412.00	350.00	327.00	17.71	25.99	Kelawalla	1400.00 - 1750.00	1585.00	1602.00	1205.00	-1.06	31.54
Carrot	280.00 - 400.00	334.00	390.91	256.00	-14.56	30.47	Thora	2000.00 - 3000.00	2530.00	2470.00	2508.00	2.43	0.88
Leeks	100.00 - 150.00	124.00	188.00	195.00	-34.04	-36.41	Paraw	1600.00 - 1750.00	1688.00	1480.00	1243.33	14.05	35.76
Beetroot	250.00 - 400.00	313.64	319.09	248.33	-1.71	26.30	Mora	1100.00 - 1250.00	1183.33	978.00	-	21.00	
Knolkhol	100.00 - 130.00	117.00	137.00	170.00	-14.60	-31.18	Shrimps	1600.00 - 1700.00	1658.00	1731.00	1348.00	-4.22	23.00
Raddish	80.00 - 120.00	98.00	101.00	121.00	-2.97	-19.01	Thalathap	1800.00 - 2400.00	2135.00	1995.00	1725.56	7.02	23.73
Cabbage	100.00 - 180.00	138.00	155.00	292.00	-10.97	-52.74	Eggs						
Tomato	400.00 - 550.00	475.00	346.00	143.00	37.28	232.17	Brown	-			54.00	41.38	
Ladies Fingers	120.00 - 150.00	134.00	147.00	221.00	-8.84	-39.37	White	55.00 - 58.00	56.50	54.75	38.75	3.20	45.81
Brinjal	180.00 - 300.00	238.00	214.00	242.73	11.21	-1.95	Dried Fish						
Capsicum	300.00 - 350.00	322.00	325.00	544.00	-0.92	-40.81	Sprats	2000.00 - 2150.00	2074.44	2015.56	2138.00	2.92	-2.97
Pumpkin	100.00 - 130.00	116.00	125.00	235.00	-7.20	-50.64	Sprats (Imported)	880.00 - 1120.00	990.83	925.00	1451.67	7.12	-31.75
Cucumber	50.00 - 80.00	64.00	102.00	91.00	-37.25	-29.67	Kattawa	-					
Bitter Gourd	250.00 - 300.00	275.00	320.00	289.00	-14.06	-4.84	Kattawa (Imported)	1550.00 - 1650.00	1600.00	1716.00	2151.25	-6.76	-25.62
Snake Gourd	200.00 - 230.00	219.00	258.00	239.00	-15.12	-8.37	Thora (Imported)	-					
Drumstick	300.00 - 500.00	407.00	520.83	208.00	-21.86	95.67	Mora	1900.00 - 2180.00	2037.00	1979.00	2438.33	2.93	-16.46
Luffa	130.00 - 160.00	145.00	155.00	131.00	-6.45	10.69	Mora (Imported)	-					
Long Beans	250.00 - 300.00	275.00	322.00	196.00	-14.60	40.31	Balaya	1750.00 - 1860.00	1819.00	1732.73	1325.00	4.98	37.28
Ash Plantain	130.00 - 160.00	148.00	163.00	104.00	-9.20	42.31	Balaya (Imported)	-					
Green Chillies	600.00 - 800.00	700.00	765.00	580.00	-8.50	20.69	Anguluwa	-					
Lime	250.00 - 300.00	272.00	294.00	314.00	-7.48	-13.38	Anguluwa (Imported)	1500.00 - 1560.00	1527.14	1608.57	1908.57	-5.06	-19.99
Root Crops							Maduwa	1400.00 - 1600.00	1508.89	1429.00	-	5.59	
Sweet Potato	100.00 - 120.00	108.00	98.00	125.00	10.20	-13.60	Maduwa (Imported)	-					
Manioc	140.00 - 160.00	151.00	145.00	89.00	4.14	69.66	Koduwa	-					
Leafy Vegetable							Koduwa (Imported)	-					
Mukunuwenna	40.00 - 50.00	45.00	46.25	42.00	-2.70	7.14	Salaya	900.00 - 1000.00	937.78	883.00	876.25	6.20	7.02
Kankun	40.00 - 50.00	45.00	46.25	42.00	-2.70	7.14	Salaya (Imported)	-					
Gotukola (Rs/Kg)	280.00 - 300.00	290.00	292.50	164.00	-0.85	76.83	-						

This Week:

Week 28: 07 - 13 July 2023

Last Week:

Week 27: 30 June - 06 July 2023

Table 15: Colombo & Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 28: 07 - 13 July 2023

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)	
Rice														
Local														
Samba 1	220.00 - 230.00	228.97	227.74	270.36	1.22	-15.31	Coconut		90.00 - 120.00	112.34	114.00	93.24	-1.66	20.49
Samba 2	210.00 - 220.00	217.20	216.55	259.41	0.65	-16.27	Large	80.00 - 100.00	93.00	95.56	76.50	-2.56	21.57	
Keeri Samba	260.00 - 280.00	267.12	266.67	289.21	0.45	-7.64	Small							
Nadu 1	210.00 - 220.00	216.52	217.20	260.00	-0.68	-16.72	Fruits (Rs/Fruit)							
Nadu 2	190.00 - 210.00	198.62	200.83	253.00	-2.21	-21.49	Plantain							
Raw (Red)	150.00 - 180.00	160.63	161.52	268.89	-0.89	-40.26	Ambul (Rs/Kg)	150.00 - 240.00	202.00	201.07	129.39	0.93	56.11	
Raw (White)	170.00 - 190.00	182.14	180.94	267.74	1.21	-31.97	Kolikuttu (Rs/Kg)	450.00 - 540.00	484.69	479.55	248.13	5.14	95.34	
Imported							Seeni (Rs/Kg)	130.00 - 240.00	200.00	195.56	138.48	4.44	44.42	
Samba	220.00 - 240.00	232.59	230.65	240.94	1.95	-3.46	Anamalu	25.00 - 37.00	29.66	28.16	20.94	1.50	41.64	
Nadu	-	-	-	236.00			Ambun	32.00 - 46.00	39.09	38.30	26.03	0.80	50.20	
Raw (Red)	-	-	-				Papaw (Rs/Kg)	100.00 - 280.00	200.94	217.74	230.00	-16.80	-12.64	
Raw (White)	200.00 - 210.00	205.91	204.67	218.38	1.24	-5.71	Passion Fruit	30.00 - 60.00	44.69	46.67	42.23	-1.98	5.83	
Dried Chillies							Pineapple Large	930.00 - 1200.00	1047.88	1003.00	475.38	44.88	120.43	
Imported	1100.00 - 1500.00	1310.71	1306.90	2153.13	3.82	-39.13	Pineapple Medium	750.00 - 975.00	836.67	776.67	391.20	60.00	113.87	
Onion							Pineapple Small	550.00 - 700.00	632.31	598.13	309.63	34.18	104.21	
Sinnan	-	-	-	-			Mango							
Vedalan	600.00 - 650.00	622.61	620.00	-	2.61		Betti	-						
Imported	400.00 - 450.00	430.00	474.62	446.66	-44.62	-3.73	Karthakolomban	90.00 - 150.00	117.31	95.75	136.43	21.56	-14.02	
Big Onion							Vilad	60.00 - 90.00	76.57	75.00	71.20	1.57	7.54	
Imported	140.00 - 180.00	160.33	135.61	226.39	24.73	-29.18	Kohu							
Local	-	-	-	-			Other							
Potato							Wood Apple	98.00 - 200.00	145.15	146.76	86.79	-1.61	67.25	
Welimada	-	-	-	-			Orange	75.00 - 160.00	113.53	111.47	95.71	2.06	18.61	
N'Eliya	380.00 - 480.00	422.67	390.83	446.11	31.83	-5.26	Avocado	60.00 - 160.00	102.07	93.54	91.79	8.52	11.20	
Imported	205.00 - 280.00	246.33	237.50	253.14	8.83	-2.69	Slime Apple	50.00 - 120.00	78.57	74.58	68.21	3.99	15.17	
Pulses							Grapes (Imp., Rs/Kg)	1700.00 - 3000.00	2442.11	2605.26	-	-163.16		
Green Gram	1000.00 - 1400.00	1278.85	1267.86	1002.57	10.99	27.56	King Coconut	100.00 - 150.00	135.17	136.55	126.00	-1.38	7.28	
Cowpea (White)	750.00 - 1000.00	935.00	945.45	906.45	-10.45	3.15	Sea Fish							
Cowpea (Red)	800.00 - 1000.00	958.82	958.18	734.48	0.64	30.54	Salaya	700.00 - 1000.00	805.68	755.00	835.79	50.68	-3.60	
Red Dhal	270.00 - 330.00	300.65	300.34	619.44	0.30	-51.47	Hurulla	1100.00 - 1500.00	1276.25	1192.86	1087.06	83.39	17.40	
Vegetable							Balaya	1400.00 - 2200.00	1718.18	1616.67	-	101.52		
Beans (Butter)	-	-	-	-			Kelawalla	1800.00 - 3500.00	2632.73	2587.50	2480.00	45.23	6.16	
Beans(Green)	380.00 - 600.00	529.35	512.86	467.59	16.50	13.21	Thora	3200.00 - 4000.00	3681.82	3400.00	3088.89	281.82	19.20	
Carrot	400.00 - 600.00	496.56	512.08	479.26	-15.52	3.61	Paraw	2200.00 - 3000.00	2753.85	2525.00	2225.00	228.85	23.77	
Leeks	240.00 - 400.00	328.48	374.29	338.57	-45.80	-2.98	Mora	2000.00 - 2800.00	2442.86	2466.67	-	-23.81		
Beetroot	350.00 - 600.00	491.14	491.92	411.43	-0.78	19.38	Shrimps	1800.00 - 2400.00	2064.44	1973.33	1556.47	91.11	32.64	
Knolkhol	200.00 - 480.00	309.03	315.71	316.92	-6.68	-2.49	Thalaphath	3000.00 - 3600.00	3245.45	3144.44	2608.00	101.01	24.44	
Raddish	130.00 - 360.00	207.00	215.38	235.36	-8.38	-12.05	Eggs							
Cabbage	200.00 - 400.00	310.31	317.69	461.79	-7.38	-32.80	Brown							
Tomato	460.00 - 720.00	588.39	468.85	312.00	119.54	88.59	White	56.00 - 60.00	57.93	57.23	40.12	0.70	44.39	
Ladies Fingers	200.00 - 400.00	300.00	290.83	387.50	9.17	-22.58	Dried Fish							
Brinjal	240.00 - 420.00	347.88	364.64	405.36	-16.76	-14.18	Sprats	2100.00 - 2600.00	2338.89	2266.67	2820.00	72.22	-17.06	
Capsicum	350.00 - 700.00	510.91	605.17	815.17	-94.26	-37.33	Sprats (Imported)	1100.00 - 1400.00	1269.57	1252.17	1757.14	17.39	-27.75	
Pumpkin	160.00 - 260.00	205.81	195.38	333.57	10.42	-38.30	Kattawa	2000.00 - 2800.00	2465.38	2503.85	3156.00	-38.46	-21.88	
Cucumber	80.00 - 240.00	177.06	200.69	208.57	-23.63	-15.11	Thora							
Bitter Gourd	320.00 - 600.00	461.29	514.81	454.44	-53.52	1.51	Mora	2200.00 - 2800.00	2442.11	2427.78	2930.77	14.33	-16.67	
Snake Gourd	240.00 - 480.00	361.33	411.85	369.63	-50.52	-2.24	Balaya	1800.00 - 2400.00	2094.12	2020.00	2484.62	74.12	-15.72	
Drumstick	400.00 - 1000.00	667.81	753.33	397.60	-85.52	67.96	Anguluwa	2000.00 - 2800.00	2400.00	2423.08	2766.67	-23.08	-13.25	
Luffa	180.00 - 400.00	308.44	347.74	290.33	-39.30	6.24	Maduwa							
Long Beans	300.00 - 600.00	438.62	439.23	389.60	-0.61	12.58	Koduwa							
Ash Plantain	200.00 - 380.00	296.13	298.46	213.70	-2.33	38.57	Salaya	1000.00 - 1400.00	1275.00	1241.67	1500.00	33.33	-15.00	
Green Chillies	650.00 - 1200.00	988.06	1028.85	803.57	-40.78	22.96	Meat							
Lime	350.00 - 800.00	540.63	550.00	613.21	-9.38	-11.84	Beef (without Bones)	2200.00 - 2500.00	2325.00	2366.67	2133.33	-41.67	8.98	
Root Crops							Chicken (Broiler)	1480.00 - 1600.00	1541.25	1509.09	1187.00	32.16	29.84	
Sweet Potato	150.00 - 280.00	216.90	206.67	231.85	10.23	-6.45	Chicken (Curry)	1500.00 - 1600.00	1578.57	1534.44	1148.00	44.13	37.51	
Manioc	160.00 - 260.00	224.00	221.43	169.20	2.57	32.39	Mutton	3000.00 - 3400.00	3214.29	3133.33	2637.50	80.95	21.87	
Leafy Vegetable							Pork	1400.00 - 1800.00	1600.00	1600.00	1116.67	0.00	43.28	
Mukunuwenna	50.00 - 90.00	75.81	76.15	77.14	-0.35	-1.73								
Kankun	50.00 - 90.00	75.81	76.15	77.14	-0.35	-1.73								
Gotukola	95.00 - 100.00	98.70	97.69	77.62	1.01	27.16								

This Week: Week 28: 07 - 13 July 2023

Last Week: Week 27: 30 June - 06 July 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 28: 07 - 13 July 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	110.00 – 130.00	120.00
A'pura	104.00 – 108.00	105.60	Dambulla	370.00 – 400.00	388.00	Hambantota	150.00 – 170.00	157.50
P'naruwa	110.00 – 111.00	110.30	Wellimada	420.00 – 430.00	424.00	Embilipitiya	240.00 – 260.00	250.00
Kalawewa	104.00 – 108.00	105.80	Badulla	340.00 – 380.00	361.00	Matara	–	
Kurunegala	105.00 – 108.00	106.75	Carrot			A'pura	140.00 – 180.00	156.00
Dehiattakandiya	100.00 – 109.00	104.67	N'Ellya	275.00 – 290.00	280.00	Luffa		
Nikaweratiya	100.00 – 105.00	102.80	Wellimada	240.00 – 255.00	248.00	Dambulla	100.00 – 120.00	106.00
Ampara	100.00 – 100.00	100.00	Hanguranketha	330.00 – 365.00	350.00	Hambantota	150.00 – 170.00	160.00
Long Grain (White)			Leeks			Embilipitiya	140.00 – 160.00	152.00
A'pura	85.00 – 90.00	87.00	N'Ellya	90.00 – 105.00	100.00	Matara	–	
P'naruwa	87.00 – 89.00	87.70	Wellimada	80.00 – 90.00	86.00	A'pura	130.00 – 140.00	134.00
Kalawewa	85.00 – 90.00	88.00	Beetroot			Green Chillies		
Kurunegala	88.00 – 90.00	89.00	N'Ellya	255.00 – 265.00	261.00	Dambulla	590.00 – 620.00	610.00
Dehiattakandiya	81.00 – 87.50	84.17	Dambulla	280.00 – 300.00	290.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	600.00 – 700.00	644.00
Nikaweratiya	87.00 – 90.00	89.00	Wellimada	270.00 – 280.00	275.00	Puttalam	500.00 – 600.00	544.00
Hambantota	–		Hanguranketha	260.00 – 280.00	270.20	A'pura	500.00 – 550.00	520.00
Ampara	65.00 – 85.00	76.25	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	80.00 – 95.00	88.00	Dambulla	82.00 – 90.00	87.60
Matara	78.00 – 80.00	79.25	Wellimada	80.00 – 90.00	84.00	Hambantota	50.00 – 65.00	58.75
Hambantota	78.00 – 80.00	79.33	Hanguranketha	80.00 – 110.00	97.00	Embilipitiya	75.00 – 110.00	95.83
Embilipitiya	75.00 – 76.00	75.60	Raddish			Matara	65.00 – 70.00	68.00
Keeri Samba			N'Ellya	40.00 – 45.00	43.00	A'pura	70.00 – 80.00	74.00
A'pura	–		Wellimada	20.00 – 30.00	25.00	Moneragala	60.00 – 70.00	64.00
P'naruwa	145.00 – 146.00	145.30	Hambantota	70.00 – 100.00	85.00	Cucumber		
Kalawewa	–		Hanguranketha	45.00 – 60.00	53.60	A'pura	50.00 – 60.00	54.00
Kurunegala	130.00 – 135.00	132.50	Cabbage			Dambulla	38.00 – 46.00	42.00
Dehiattakandiya	140.00 – 145.00	142.33	N'Ellya	85.00 – 95.00	89.00	Hambantota	40.00 – 45.00	41.25
Red Onion			Wellimada	70.00 – 80.00	75.00	Matara	60.00 – 65.00	62.50
Puttalam	–		Badulla	90.00 – 100.00	95.00	Long Beans		
Jaffna	250.00 – 300.00	273.33	Hanguranketha	110.00 – 140.00	124.00	Dambulla	200.00 – 230.00	216.00
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Wellimada	350.00 – 370.00	358.00	Embilipitiya	240.00 – 260.00	248.00
Kalawewa	–		Hambantota	–		Matara	230.00 – 250.00	240.00
A'pura	–		Dambulla	370.00 – 390.00	382.00	A'pura	240.00 – 260.00	248.00
Potato			Hanguranketha	230.00 – 270.00	252.00	Ash Plantain		
N'Ellya	270.00 – 280.00	276.00	Vegetable (Low Country)			Hambantota	50.00 – 60.00	56.00
Badulla	–		Ladies Fingers			Embilipitiya	100.00 – 120.00	109.00
Wellimada	260.00 – 265.00	263.00	A'pura	140.00 – 150.00	144.00	Matara	100.00 – 110.00	105.00
Pulses			Dambulla	110.00 – 125.00	118.00	Lime		
Green Gram			Hambantota	70.00 – 110.00	90.00	Hambantota	–	
Hambantota	–		Embilipitiya	130.00 – 140.00	135.00	Embilipitiya	270.00 – 300.00	284.00
Moneragala	700.00 – 750.00	720.00	Matara	140.00 – 150.00	146.25	Moneragala	160.00 – 180.00	168.00
Embilipitiya	700.00 – 720.00	710.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	700.00 – 750.00	725.00	A'pura	200.00 – 220.00	208.00	Banana		
A'pura	700.00 – 750.00	725.00	Dambulla	220.00 – 250.00	238.00	Ambul		
Cowpea			Hambantota	–		Moneragala	50.00 – 60.00	54.00
Hambantota	–		Embilipitiya	200.00 – 220.00	210.00	Embilipitiya	70.00 – 80.00	74.00
Nikaweratiya	500.00 – 500.00	500.00	Matara	150.00 – 160.00	153.33	Hambantota	50.00 – 65.00	57.50
Moneragala	500.00 – 550.00	520.00	Wellimada	170.00 – 190.00	178.00	Kolikuttu		
Embilipitiya	500.00 – 600.00	550.00	Capsicum			Moneragala	180.00 – 220.00	196.00
Maize			Badulla	–		Embilipitiya	240.00 – 280.00	260.00
A'pura	140.00 – 150.00	145.00	Wellimada	320.00 – 335.00	329.00	Hambantota	–	
Kalawewa	140.00 – 150.00	143.33	Bitter Gourd			Papaw		
Gingelly			A'pura	280.00 – 320.00	296.00	Moneragala	80.00 – 90.00	84.00
A'pura	450.00 – 500.00	475.00	Dambulla	230.00 – 250.00	240.00	Embilipitiya	65.00 – 75.00	71.00
Kalawewa	–		Hambantota	–		Hambantota	40.00 – 60.00	47.50
Black Gram			Embilipitiya	350.00 – 400.00	374.00	Pineapple		
A'pura	700.00 – 750.00	725.00	Matara	360.00 – 380.00	372.50	Divulapitiya	–	

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 28: 07 - 13 July 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	230.00	-	230.00	230.00	-	230.00	230.00	-	230.00
Samba 2	220.00	-	220.00	220.00	-	220.00	210.00	-	210.00
Keeri Samba	260.00	-	260.00	260.00	-	260.00	260.00	-	260.00
Nadu 1	220.00	-	220.00	220.00	-	220.00	210.00	-	210.00
Nadu 2	190.00	-	200.00	210.00	-	210.00	190.00	-	200.00
Raw (Red)	150.00	-	180.00	160.00	-	160.00	150.00	-	180.00
Raw (White)	170.00	-	185.00	190.00	-	190.00	175.00	-	180.00
Imported									
Samba	220.00	-	230.00	230.00	-	240.00	230.00	-	240.00
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	200.00	-	200.00	200.00	-	200.00	210.00	-	210.00
Dried Chillies									
Imported	1100.00	-	1200.00	1500.00	-	1500.00	1350.00	-	1400.00
Red Onion									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	600.00	-	650.00	600.00	-	600.00	600.00
Imported	400.00	-	420.00	400.00	-	450.00	-	400.00	400.00
Big Onion									
Imported	140.00	-	160.00	180.00	-	180.00	160.00	-	160.00
Local	-	-	-	-	-	-	-	-	-
Potato									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	380.00	-	400.00	480.00	-	480.00	400.00	-	400.00
Imported	205.00	-	220.00	270.00	-	270.00	220.00	-	240.00
Pulses									
Green Gram	1000.00	-	1250.00	1400.00	-	1400.00	1000.00	-	1200.00
Cowpea (White)	750.00	-	900.00	1000.00	-	1000.00	900.00	-	1000.00
Cowpea (Red)	800.00	-	900.00	1000.00	-	1000.00	1000.00	-	1000.00
Red Dhal	270.00	-	290.00	320.00	-	330.00	280.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 28: 07 - 13 July 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00	-	520.00	560.00	-	600.00	560.00	-	600.00
Carrot	400.00	-	440.00	540.00	-	600.00	400.00	-	560.00
Leeks	240.00	-	260.00	400.00	-	400.00	320.00	-	400.00
Beetroot	350.00	-	450.00	560.00	-	600.00	480.00	-	550.00
Knolkhol	200.00	-	220.00	320.00	-	400.00	320.00	-	400.00
Raddish	130.00	-	140.00	280.00	-	320.00	200.00	-	240.00
Cabbage	200.00	-	260.00	360.00	-	400.00	240.00	-	320.00
Tomato	500.00	-	550.00	600.00	-	700.00	600.00	-	700.00
Ladies Fingers	200.00	-	240.00	320.00	-	400.00	320.00	-	400.00
Brinjal	250.00	-	260.00	400.00	-	420.00	320.00	-	320.00
Capsicum	350.00	-	380.00	600.00	-	700.00	600.00	-	700.00
Pumpkin	160.00	-	180.00	200.00	-	240.00	240.00	-	260.00
Cucumber	80.00	-	100.00	200.00	-	240.00	200.00	-	240.00
Bitter Gourd	320.00	-	360.00	480.00	-	600.00	480.00	-	600.00
Snake Gourd	240.00	-	260.00	400.00	-	480.00	320.00	-	480.00
Drumstick	400.00	-	500.00	700.00	-	800.00	600.00	-	800.00
Luffa	180.00	-	200.00	400.00	-	420.00	280.00	-	320.00
Long Beans	350.00	-	380.00	480.00	-	600.00	350.00	-	520.00
Ash Plantain	200.00	-	220.00	320.00	-	380.00	280.00	-	340.00
Green Chillies	650.00	-	720.00	1200.00	-	1200.00	960.00	-	1200.00
Lime	350.00	-	400.00	600.00	-	600.00	450.00	-	500.00
<u>Root Crops</u>									
Sweet Potato	150.00	-	160.00	240.00	-	260.00	240.00	-	240.00
Manioc	160.00	-	180.00	220.00	-	240.00	200.00	-	220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00	-	60.00	80.00	-	80.00	70.00	-	80.00
Kankun	50.00	-	60.00	80.00	-	80.00	80.00	-	80.00
Gotukola	95.00	-	100.00	100.00	-	100.00	95.00	-	100.00
<u>Coconut</u>									
Large	90.00	-	95.00	110.00	-	120.00	110.00	-	120.00
Small	80.00	-	80.00	100.00	-	100.00	90.00	-	100.00

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Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 28: 07 - 13 July 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA																		
<u>Plantain</u>																											
Ambul (Rs/Kg)	180.00	-	200.00	200.00	-	240.00	220.00	-	240.00	180.00	-	200.00	180.00	-	230.00	150.00	-	155.00	150.00	-	160.00	180.00	-	220.00			
Kolikuttu (Rs/Kg)	450.00	-	500.00	480.00	-	540.00	450.00	-	500.00	450.00	-	490.00	450.00	-	500.00	480.00	-	500.00	450.00	-	480.00	450.00	-	500.00			
Seeni (Rs/Kg)	130.00	-	150.00	220.00	-	240.00	200.00	-	240.00	200.00	-	200.00	200.00	-	220.00	180.00	-	200.00	160.00	-	200.00	180.00	-	200.00			
Anamalu	25.00	-	26.00	26.00	-	30.00	28.00	-	30.00	26.00	-	28.00	32.00	-	37.00	30.00	-	35.00	25.00	-	28.00	30.00	-	32.00			
Ambun	35.00	-	38.00	32.00	-	35.00	32.00	-	37.00	35.00	-	40.00	40.00	-	46.00	35.00	-	38.00	32.00	-	35.00	40.00	-	45.00			
<u>Pineapple</u>																											
Large	935.00	-	980.00	1020.00	-	1050.00	1000.00	-	1200.00	1020.00	-	1200.00	1000.00	-	1200.00	1150.00	-	1200.00	930.00	-	950.00	930.00	-	950.00			
Medium	750.00	-	760.00	750.00	-	780.00	850.00	-	900.00	750.00	-	975.00	845.00	-	900.00	880.00	-	900.00	830.00	-	880.00	750.00	-	760.00			
Small	550.00	-	580.00	600.00	-	600.00	650.00	-	700.00	600.00	-	700.00	550.00	-	700.00	680.00	-	700.00	620.00	-	650.00	550.00	-	600.00			
<u>Mango</u>																											
Betti	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-			
Karthakoloman	100.00	-	120.00	125.00	-	130.00	125.00	-	150.00	125.00	-	140.00	150.00	-	150.00	95.00	-	110.00	90.00	-	100.00	90.00	-	100.00	100.00	-	110.00
Vilad	60.00	-	65.00	-	-	60.00	-	75.00	82.00	-	85.00	85.00	-	90.00	75.00	-	80.00	60.00	-	60.00	-	-	-	-	-	-	
Kohu	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
<u>Other Fruits</u>																											
Wood Apple	130.00	-	140.00	160.00	-	160.00	150.00	-	160.00	150.00	-	155.00	120.00	-	125.00	200.00	-	200.00	98.00	-	100.00	155.00	-	200.00	180.00	-	200.00
Orange	75.00	-	80.00	150.00	-	160.00	130.00	-	140.00	110.00	-	130.00	92.00	-	100.00	90.00	-	100.00	-	-	90.00	-	100.00	90.00	-	100.00	
Avocado	60.00	-	65.00	100.00	-	125.00	150.00	-	160.00	80.00	-	110.00	150.00	-	160.00	60.00	-	80.00	70.00	-	75.00	60.00	-	65.00	100.00	-	100.00
Slime Apple	50.00	-	55.00	100.00	-	120.00	90.00	-	120.00	80.00	-	100.00	50.00	-	55.00	50.00	-	60.00	50.00	-	55.00	50.00	-	52.00	50.00	-	60.00
Grapes (Rs/Kg)	1700.00	-	1800.00	2000.00	-	3000.00	2600.00	-	3000.00	2000.00	-	2600.00	2600.00	-	2600.00	2300.00	-	2300.00	2400.00	-	2500.00	2500.00	-	2800.00	2000.00	-	2300.00
Papaw (Rs/Kg)	100.00	-	150.00	240.00	-	280.00	260.00	-	280.00	200.00	-	200.00	200.00	-	240.00	180.00	-	200.00	180.00	-	220.00	160.00	-	200.00	150.00	-	220.00
Passion	30.00	-	35.00	40.00	-	45.00	50.00	-	60.00	48.00	-	60.00	40.00	-	45.00	58.00	-	60.00	30.00	-	40.00	42.00	-	50.00	60.00	-	60.00
King Coconut	130.00	-	150.00	100.00	-	150.00	150.00	-	150.00	150.00	-	150.00	130.00	-	140.00	130.00	-	150.00	120.00	-	150.00	130.00	-	150.00	150.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 28: 07 - 13 July 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	750.00	875.00	720.00	720.00	800.00	800.00	1000.00	1000.00	800.00
Hurulla	1400.00	1500.00	-	-	1200.00	1400.00	1400.00	1400.00	1100.00
Balaya	1400.00	1500.00	2200.00	2200.00	2200.00	2200.00	-	-	2000.00
Kelawalla	1800.00	1920.00	3000.00	3000.00	2200.00	2600.00	3200.00	3200.00	2800.00
Thora	3600.00	3800.00	3600.00	3600.00	-	4000.00	4000.00	-	3200.00
Paraw	2200.00	2300.00	2800.00	2800.00	-	3000.00	3000.00	2800.00	-
Mora	-	-	-	-	2800.00	2800.00	-	2000.00	2000.00
Shrimps Small	2300.00	2400.00	2000.00	2100.00	2200.00	1800.00	1800.00	1800.00	1800.00
Talapath	3100.00	3200.00	3200.00	3600.00	3000.00	3200.00	3400.00	3600.00	3200.00
31 <u>Eggs (Rs/Egg)</u>									
Brown	-	-	-	-	-	-	-	-	-
White	56.00	57.00	60.00	60.00	58.00	59.00	58.00	60.00	58.00
<u>Dried Fish</u>									
Sprats	2400.00	2400.00	2100.00	2100.00	2300.00	2400.00	2300.00	2400.00	-
Kattawa	2000.00	2400.00	2600.00	2600.00	2500.00	2500.00	2600.00	2600.00	-
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00	2200.00	2600.00	2600.00	2400.00	2500.00	2400.00	2400.00	-
Balaya	1900.00	2300.00	2200.00	2200.00	2200.00	2200.00	1800.00	2200.00	1900.00
Anguluwa	2000.00	2400.00	-	-	2600.00	2600.00	2500.00	2500.00	-
Salaya	1000.00	1200.00	1200.00	1200.00	1200.00	1300.00	1200.00	1300.00	1200.00
<u>Meat</u>									
Beef (without Bones)	-	2300.00	2300.00	2500.00	2500.00	-	2300.00	2300.00	-
Chicken (Broiler)	-	1560.00	1560.00	1600.00	1600.00	1560.00	1560.00	1500.00	1480.00
Chicken (Curry)	-	1600.00	1600.00	1600.00	1600.00	1600.00	1550.00	1550.00	1600.00
Mutton	-	3000.00	3000.00	3100.00	3100.00	-	3300.00	3300.00	3200.00
Pork	-	1600.00	1600.00	1800.00	1800.00	-	-	-	1600.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				

Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51

Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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