

## RETAIL MARKET AT A GLANCE

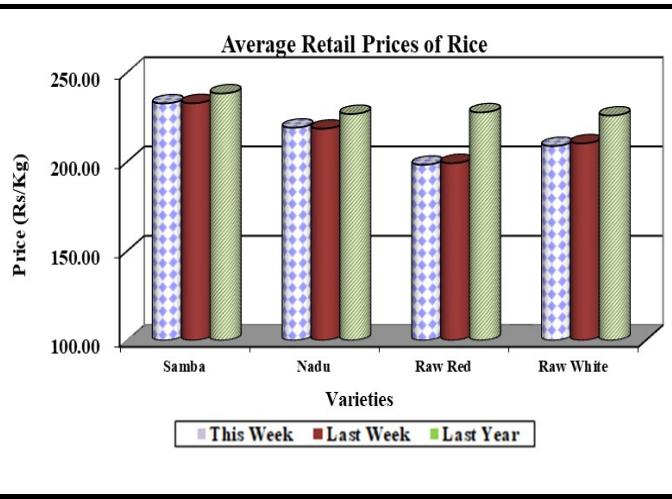
### Summary

#### Rice



Prices of all varieties have not changed significantly except samba with high demand for samba as well as insufficient stocks of keeri samba. Prices of all paddy varieties have not changed significantly except for samba and keeri samba.

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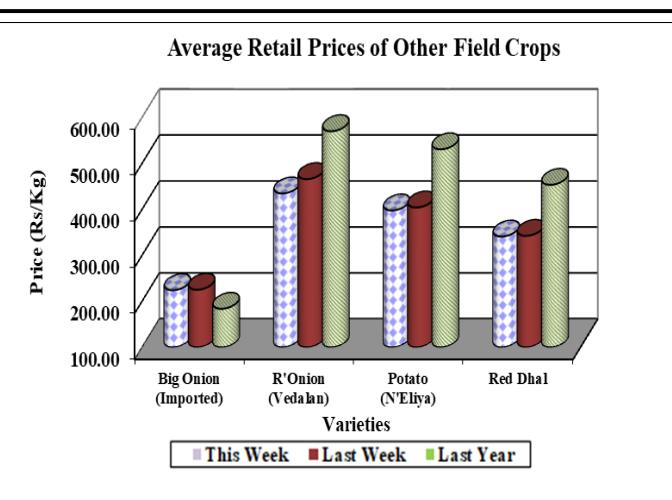


#### Other Field Crops



Prices of all considered varieties have increased with high demand with festival season.

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#### Vegetables



Prices of most of the vegetable varieties have decreased because low demand with highest prices.

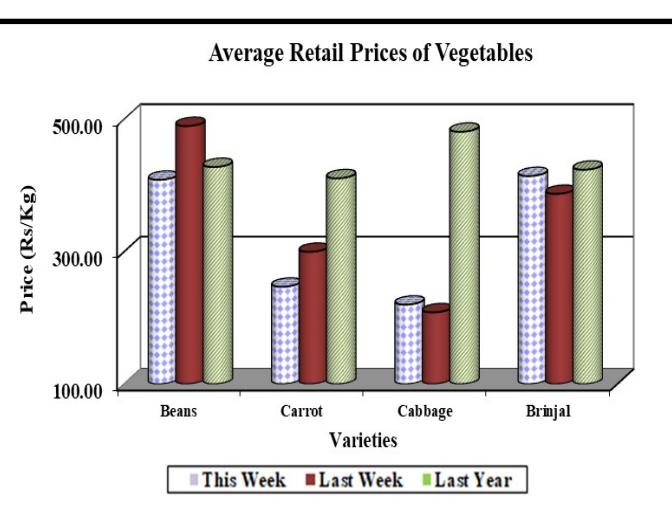
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#### Coconut



Large and small size nut prices have decreased slightly compared to last year.

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#### Eggs



Prices of both brown and white eggs have increased significantly because of high demand with the coming the festival season.

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## Rice

### Wholesale

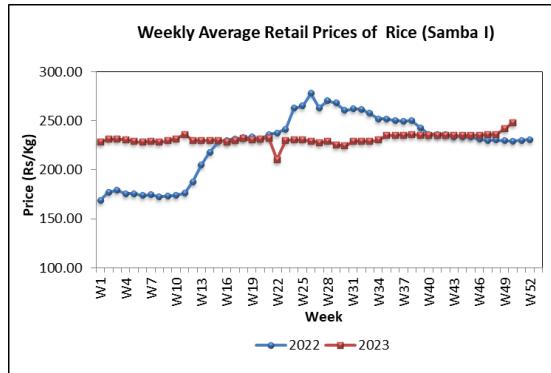
Price of keeri samba and red raw have not changed significantly and the price ranged between Rs.310.00-320.00/kg and Rs.180.00-190.00/kg respectively. Price of other local rice varieties have also not changed significantly. Price ranges of both samba grade I and II were Rs.230.00-235.00/kg and Rs.220.00-227.00/kg. Average price of both grade nadu I and II and raw white were Rs.212.22/kg for nadu grade I, Rs.205.22/kg for nadu grade II and Rs.203.00/kg for raw white.

Compared to the same period of last year, price of all local rice varieties except raw red have increased in the range of 7%-42% while price of raw red has decreased by 6%.

### Retail

The prices of samba I and samba II have increased by Rs.6.00/kg and Rs.11.00/kg respectively and their prices ranged between Rs.230.00-260.00/kg and Rs.240.00-245.00/kg. The price of nadu I have increased by Rs.1.00/kg and price ranged Rs.220.00-230.00/kg. Even though the samba I and nadu I available in the Cargill, Keells like super markets at the price of Rs.220.00/kg and there were no samba I and nadu I available at the open market for the same prices. The price of

raw red has increased by RS.1.00/kg and price ranged Rs.200.00-210.00/kg.



Compared to the same period of last year, the current prices of all rice varieties except raw red have increased in the range of 3%-10%.

## Paddy

Average farm gate price of short grain paddy has increased in the range of Rs.2.00-4.00/kg in all producing areas and the price ranged between Rs.118.00-131.00/kg in all the major producing areas.

The average price of keeri samba has increased by less than Rs.3.00/kg in all producing areas.

The price of long grain white paddy has increased slightly all producing areas except in Kurunegala area. The price ranged between Rs.105.00-116.00/kg in all the major producing area.

The average price of long grain red paddy has decreased by Rs.10.00/kg and

Rs.7.00/kg respectively in Matara and Hambantota areas and price ranged between Rs.90.00-102.00/kg in all major producing areas.

Compared to the same period of last year, short grain, keeri samba and long grain white by 12%-77% in all producing area while the long red has decreased 3%-15% all producing areas.

### **Dried Chilies**

#### **Wholesale**

Price of imported dried chilies has decreased by 1% and the price ranged Rs.980.00-1050.00/kg.

Compared to the same period of last year, price of imported dried chilies have decreased by 31%.

#### **Retail**

The prices of imported dried chilies have decreased by Rs.2.00/kg and the price ranged Rs.1100.00-1400.00/kg.

Compared to the same period of last year, the current prices of imported dried chilies have decreased by 28%.

### **Onion**

#### **Wholesale**

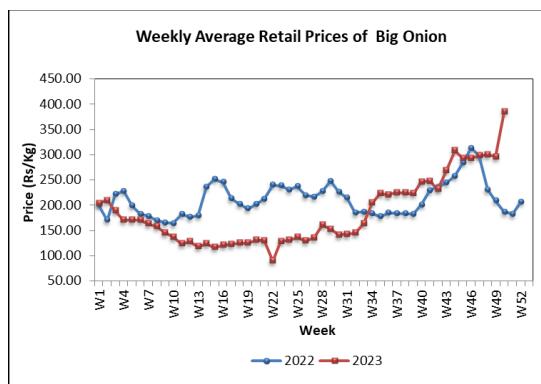
Price of imported red onion has not changed significantly and the price ranged Rs.390.00-420.00/kg.

Price of imported big onion has increased due to unavailability of Indian stocks and the price ranged Rs.180.00-430.00/kg.

Compared to the same period of last year, price of imported red onion has increased by 23% while the price of imported big onion has increased by 76%.

#### **Retail**

Prices of imported red onion have increased by Rs.6.00/kg and imported big onion have increased by Rs.89.00/kg and their prices ranged Rs.480.00-640.00/kg and Rs.280.00-480.00/kg respectively.



Compared to the same period of last year, the current prices of imported red onion have decreased by 7% and imported big onion has increased by 107%.

## **Potato**

### **Wholesale**

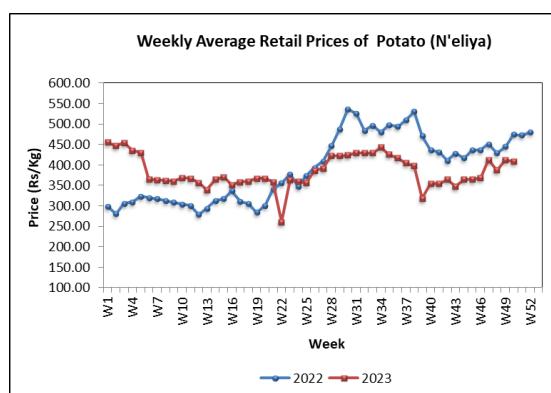
Price of Nuwara Eliya potato has decreased by 7% due to low quality stocks and the price ranged Rs.310.00-340.00/kg.

Price of imported potato has decreased by 3% due to availability of sufficient stocks and the price ranged Rs.180.00-235.00/kg.

Compared to the same period of last year, price of Nuwara Eliya potato has decreased by 27% while price of imported potato has increased by 8%.

### **Retail**

The prices of both Nuwara Eliya and imported potato have decreased by Rs.5.00/kg and Rs.1.00/kg respectively and their prices ranged Rs.380.00-440.00/kg and Rs.200.00-260.00/kg respectively.



Compared to the same period of last year, the current prices of Nuwara Eliya potato

have decreased by 14% and the imported potato have increased by 1%.

## **Pulses**

### **Wholesale**

Price of green gram has increased by 6% due to availability of high quality stocks and the price ranged Rs.800.00-850.00/kg. Price of white cowpea and red cowpea have increased by 7% and 9% due to unavailability of sufficient stocks and the price ranged Rs.950.00-1100.00/kg and Rs.1000.00-1150.00/kg respectively.

Compared to the same period of last year, price of all green grams have decreased in the range of 13%-22%.

### **Retail**

Prices of all the pulse varieties have increased in the range of Rs.1.00-41.00/kg. The prices of green gram and red dhal have increased by Rs.12.00/kg and Rs.1.00/kg respectively and their prices ranged Rs.950.00-1300.00/kg and Rs.315.00-360.00/kg respectively. The prices of white cowpea and red cowpea have increased by Rs.40.00/kg and Rs.41.00/kg respectively and their prices ranged for both Rs.1200.00-1300.00/kg.

Compared to the same period of last year, the current prices of all pulse varieties have decreased in the range of 3%-10%.

## **Vegetable**

### **Wholesale**

Prices of most of the vegetables have decreased due to slightly increased supply from a few producing areas while decreased market demand with the unfavorable weather conditions.

Considering up country vegetables the highest price decrease was reported for beans as 26% due to increased supply from Kandy areas followed by knolkhol and leeks as 9% and 10% with the slight changes in market demand.

However, prices of raddish and cabbage increased by 12% and 8% due to decreased supply form Nuwara Eliya areas.

Prices of tomato have increased by 3% with the slight changes of market demand and price of capsicum has increased by 13% due to increased supply from Nuwara Eliya area.

Considering low country vegetables, prices of most of the vegetables have decreased due to increased supply from Kandy areas with the commencement of harvesting season. Accordingly, the highest price decrease was reported for cucumber as 25%, followed by bitter gourd and long beans as 22% and 16%

respectively. Prices of luffa, ladies fingers and snake gourd have decreased in the range of 1%-4%.

However, price of pumpkin has increased by 33% due to decreased supply from Mahavilachchiya and Nochchiyagama areas following a price increase of brinjal by 17% due to decreased supply from all producing areas.

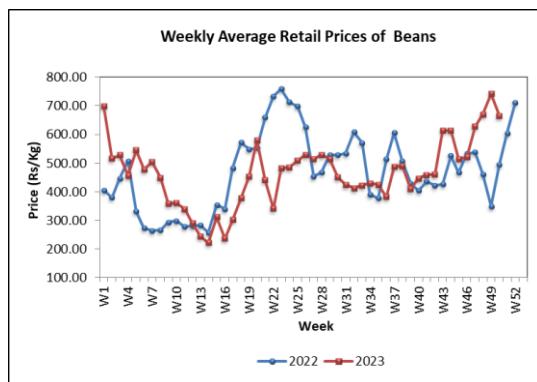
Price of green chilies has increased by 15% due to decreased supply from Nochchiyagama and Thambuththegama areas and the price of lime has decreased by 60% due to increased supply from all major producing areas.

Compared to the same period of last year, prices of most of the vegetables have increased and the highest was reported for green chilies as 458%.

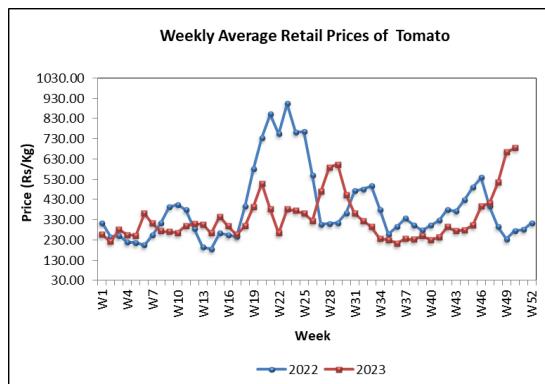
### **Retail**

In line with increased wholesale prices, retail prices of most of vegetables also increased.

Considering up country varieties the highest price increase was reported for beetroot as Rs.80.00/kg followed by carrot as Rs.19.00/kg. Prices of cabbage and raddish have increased by Rs.14.00/kg and Rs.10.00/kg respectively. However, prices of beans, knolkhol and leeks have decreased by Rs.77.00/kg, Rs.4.00/kg and Rs.1.00/kg respectively.



Price of tomato has increased by Rs.20.00/kg while capsicum has decreased by Rs.100.00/kg.



Considering low country varieties, the highest price increase was reported for brinjal as Rs.38.00/kg followed by ash plantain as Rs.18.00/kg. However, prices of cucumber, snake gourd and long beans have decreased by Rs.42.00/kg, Rs.30.00/kg and Rs.20.00/kg respectively. Prices of luffa and ladies fingers have decreased by Rs.14.00/kg and Rs.10.00/kg respectively.

Further, price of green chilies has increased by Rs.116.00/kg and the price of lime has decreased by Rs.547.00/kg.

Compared to the same period of last year, prices of most of varieties have increased

and the highest price increase was reported for green chilies as 260%.

## **Coconut**

### **Wholesale**

Prices of large and small nuts have decreased by 8% and 3% respectively. Price ranges were Rs.90.00-100.00 for a large nut and Rs.80.00-90.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 8% and 10% respectively.

### **Retail**

Prices of both large and small nuts have decreased by Rs.1.00/nut and Rs.3.00/nut respectively. Price ranges were Rs.100.00-120.00 for a large nut and Rs.90.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased 8% and 2% respectively.

## **Fruits**

### **Wholesale**

Prices of most of the fruit varieties have increased due to limited availability of stocks. The highest price increase was reported as 63% for avocado with end of

the harvesting season. Price of all mango varieties have increased in the range of 11%-33% with availability of high quality stocks. Further, price of king coconut and passion fruit have increased by 17% with availability of limited stocks. Price of papaw has increased by 16% with availability of quality stocks. In addition, price of imported grapes and wood apple has increased by 14% while the price of orange has increased by 12% with limited supply. Prices of seeni, anamalu and ambun banana have increased in the range of 3%-11% with limited availability of stocks. Price of slime apple has increased by 2%.

However, prices of ambul and kolikuttu banana have decreased by 145 and 15% respectively while prices of all sizes of pineapple have decreased in the range of 7%-11% with low demand.

Compared to the same period of last year, prices of the most of fruit varieties have decreased with the highest price decrease of 71% reported for karthakolomban mango.

### Retail

Prices of most of fruit varieties have increased in line with the increased wholesale prices. The highest price increase of Rs.24.00/fruit was reported for orange due to unavailability of sufficient

stocks in the market. Further, prices of papaw and seeni banana increased by Rs.15.00/kg and Rs.6.00/kg respectively due to high demand.

In addition, prices of passion fruit and wood apple have increased by Rs.5.00/fruit and Rs.3.00/fruit respectively. Moreover, prices of imported grapes and king coconut have increased by Rs.3.00/kg and Rs.3.00/fruit respectively.

Meanwhile, the highest price decrease of Rs.32.00/kg was reported for kolikuttu banana due to low demand in the market. Further, the price of ambul banan has decreased by Rs.17.00/kg. Moreover, the prices of small, medium and large sized pineapple have decreased in the range of Rs.6.00-19.00/fruit due to availability of sufficient stocks in the market. The price of avocado has decreased by Rs.6.00/fruit due to unavailability of quality stocks.

Compared to the same period of last year, prices of most of the fruit varieties have increased and highest price increase was reported for ambun banana as 60%.

### Fresh Fish

### Wholesale

Wholesale prices of most of the fresh fish varieties have decreased due to an increase in supply. The highest price decrease of 13% was noted for

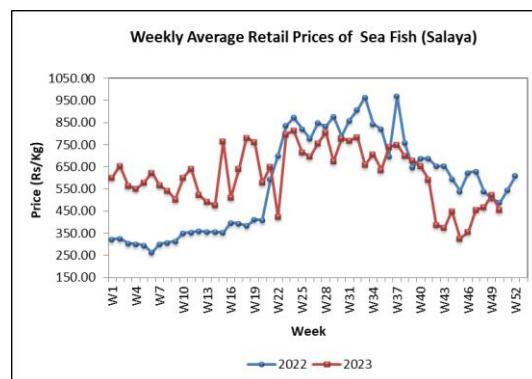
kelawalla due to high supply from Beruwala, Galle and Mirissa areas and the price ranged between Rs.900.00-1100.00/kg. A price decrease of 12% was noted for balaya due to high supply from Mirissa, Mannar and Negombo areas and the price ranged Rs.700.00-900.00/kg. Likewise, a price decrease of 6% was noted for thalapath due to high supply from Valachchenai, Kalmunai and Trincomalee areas and the price ranged between Rs.1450.00-2300.00/kg. In addition, price of shrimps has decreased by 1%.

However, a price increase of 11% was noted for hurulla due to low supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.500.00-700.00/kg. Likewise, a price increase of 4% was noted for thora due to low supply from Northern areas and the price ranged between Rs.1800.00-2600.00/kg. In addition, price of paraw has increased by 3%.

Compared to the same period of last year, current wholesale prices of most of the fresh fish types have increased in the range of 2%-22% and the highest price increase was noted for mora.

## Retail

In line with decreased wholesale prices, retail prices of most types of fresh fish have also decreased due to increased supply. The highest price decrease was reported for kelawalla Rs.170.00/kg followed by Rs.68.00/kg for salaya and Rs.36.00/kg for hurulla. The remaining types have decreased in the range of Rs.18.00-32.00/kg.



However, prices of thora, paraw and balaya have increased by Rs.3.00/kg, Rs.7.00/kg and Rs.93.00/kg respectively due to limited supply.

Compared to the same period of last year, prices of most types of fresh fish have increased in the range of 1%-14% and the highest price increase was reported for shrimps.

## Dried Fish

### Wholesale

Due to decrease of local dried fish supply, prices of most of the local and imported dried fish types have increased. The highest price increase of 7% was noted for local salaya due to low supply from Negombo, Chilaw and Puttalam areas and the price ranged between Rs.340.00-450.00/kg. A price increase of 5% was noted for local sprats due to low supply from Trincomalee and Mannar areas and the price ranged between Rs.1150.00-1450.00/kg. Likewise, a price increase of 4% and 3% was noted for imported kattawa and imported sprats due to low supply from Iran, Thailand, Oman and Indonesia and their prices ranged between Rs.1250.00-1350.00/kg and Rs.880.00-1050.00/kg respectively. In addition, price of local maduwa has increased by 1%.

However, a price decrease of 3% was noted for imported anguluwa due to high supply from Oman and Pakistan and the price ranged between Rs.1400.00-1550.00/kg. In addition, price of local mora has decreased by 2%.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have decreased in the range of 3%-49% and the highest price decrease was reported for local salaya.

### Retail

In line with increased wholesale prices, retail prices of most types of dried fish have also increased due to decreased supply. The highest price increase of Rs.43.00/kg was reported for local sprats and Rs.9.00/kg was reported for salaya. Prices of kattawa, imported sprats and balaya have also increased by Rs.9.00/kg, Rs.8.00/kg and Rs.2.00/kg respectively.

However, prices of mora and anguluwa have decreased by Rs.37.00/kg and Rs.91.00/kg respectively due to increase of supply.

Compared to the same period of last year, prices of most types of dried fish have decreased in the range of 4%-16% and the highest price decreased was reported for kattawa.

### Eggs

#### Wholesale

Prices of both brown and white eggs have increased by 19% and 20% respectively and their prices ranged between Rs.50.00-58.00/egg and Rs.48.00-56.00/egg respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 8% and 5% respectively.

### Retail

Prices of both brown and white eggs have increased by Rs.9.00/egg due to limited stocks. The price range was reported as Rs.50.00-57.00/egg for white eggs and average price of a brown egg was Rs.56.00/kg.

Compared to the same period of last year, prices of both brown and white eggs have increased by Rs.12.00/egg and Rs.7.00/egg respectively.

markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

### Meat

#### Retail

Price of mutton and pork have increased by Rs.71.00/kg and Rs.50.00/kg respectively with low supply. Price of skinless curry chicken and skinless broiler chicken have decreased by Rs.27.00/kg and Rs.2.00/kg respectively due to low demand. Price of beef has not changed significantly.

Compared to the same period of last year, prices of most types of meat have increased in the range of 10%-15% with the highest price increase reported for beef.

#### EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**

Week 50: 08 - 14 December 2023

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	11500 –	11750	11000 –	11350	15500 –	16000	10500 –	10750	10250 –	10350	9000 –	9500	9750 –	10500
	Divulapitiya	11500 –	12100	11250 –	11500	15200 –	15500	10500 –	10700	10100 –	10500	9200 –	9500	9600 –	9800
	Kurunegala	11500 –	12700	11250 –	11250	16000 –	16250	10600 –	10600	10000 –	10250	9250 –	10250	9600 –	9750
	Nikaweratiya	12500 –	12500	11250 –	11500	15000 –	15250	10700 –	10700	9900 –	10000	9000 –	9750	9400 –	9500
	Badulla	11400 –	11500	–	–	–	–	10400 –	10600	–	–	8650 –	9000	9900 –	10100
	Puttalam	–	–	11200 –	11350	–	–	10750 –	10900	9850 –	10250	9750 –	10250	9500 –	10100
	Dambulla	11600 –	11650	11450 –	11450	–	–	10650 –	10700	10000 –	10250	9500 –	9750	9750 –	10000
	Anuradhapura	11450 –	11750	–	–	15250 –	15500	10750 –	10900	–	–	9750 –	10250	9750 –	10250
	Tambuttegama	–	–	11100 –	11300	–	–	–	–	10250 –	10350	10300 –	10300	9750 –	10150
	Polonnaruwa	11250 –	11250	11250 –	11300	–	–	10700 –	10750	9700 –	9750	10200 –	10250	9700 –	9750
	Kalutara	–	–	11250 –	11400	–	–	–	–	10250 –	10400	9350 –	9500	10250 –	10500
	Ampara	–	–	–	–	–	–	10500 –	11000	–	–	8750 –	8750	9600 –	9600
	Kandy	11500 –	11750	11100 –	11250	15500 –	15750	10500 –	10750	10200 –	10250	9250 –	9500	10000 –	10250
	Moneragala	11450 –	11750	–	–	15000 –	15750	10950 –	10950	–	–	8750 –	9250	9250 –	9750
	Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Dehiattakandiya	12000 –	13000	–	–	15000 –	16000	10750 –	11000	10400 –	10400	9750 –	10000	9900 –	10500
	Hambantota	11400 –	11750	–	–	–	–	–	–	–	–	8400 –	8650	9750 –	10000
	Matara	11450 –	11550	–	–	–	–	10600 –	10800	–	–	8500 –	8750	9750 –	10100
	Galle	13000 –	13000	–	–	–	–	10750 –	10900	–	–	9000 –	9350	9900 –	10500
	Meegoda	11250 –	11300	–	–	–	–	–	–	10250 –	10400	8700 –	8800	9700 –	9800
	Tissamaharama	11500 –	11750	11250 –	11250	16250 –	16750	10750 –	11000	–	–	8000 –	8250	9750 –	10000
	Embilipitiya	11450 –	11500	–	–	–	–	10500 –	10600	9950 –	10050	8000 –	8250	9700 –	9800
	Jaffna	11500 –	11700	–	–	15250 –	15500	10500 –	10700	10000 –	10250	9000 –	9250	9500 –	9600
	Vavuniya	11500 –	11600	–	–	–	–	10500 –	10600	10250 –	10500	9250 –	9400	10250 –	10300
	Mannar	–	–	11300 –	11400	15500 –	15750	10400 –	10500	10100 –	10250	8800 –	9000	10000 –	10250
	Killinochchi	11400 –	11500	11250 –	11300	15500 –	15750	10500 –	10750	9700 –	9750	9000 –	9250	10500 –	10600
	Mullattivu	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Batticaloa	11500 –	11550	11350 –	11400	15500 –	15800	10700 –	10800	10100 –	10250	9200 –	9250	10500 –	10600
	Trincomalee	11400 –	11500	11250 –	11250	–	–	10400 –	10500	9900 –	10250	8750 –	9000	9900 –	10250
	Galenbindunuwew	11400 –	11500	–	–	15350 –	15500	10750 –	10850	10250 –	10500	9500 –	10250	9500 –	10000
	Matale	11500 –	11750	–	–	–	–	10500 –	10750	9900 –	10150	9250 –	9500	9500 –	9900

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 50: 08 - 14 December 2023

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
11	Colombo	230.00 –	260.00	240.00 –	245.00	–	220.00 –	230.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00	
	Gampaha	250.00 –	250.00	230.00 –	238.00	320.00 –	320.00	220.00 –	220.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00
	Kurunegala	230.00 –	260.00	–	–	–	220.00 –	220.00	–	–	200.00 –	200.00	210.00 –	210.00	
	Nikaweratiya	230.00 –	255.00	–	–	320.00 –	320.00	220.00 –	220.00	205.00 –	215.00	200.00 –	210.00	195.00 –	210.00
	Dambulla	235.00 –	240.00	230.00 –	230.00	310.00 –	320.00	215.00 –	218.00	208.00 –	210.00	200.00 –	205.00	200.00 –	205.00
	Anuradhapura	230.00 –	240.00	–	–	310.00 –	320.00	220.00 –	220.00	–	–	200.00 –	210.00	200.00 –	210.00
	Thambuththegama	235.00 –	240.00	228.00 –	230.00	–	220.00 –	220.00	215.00 –	220.00	210.00 –	210.00	208.00 –	212.00	
	Polonnaruwa	228.00 –	230.00	–	–	–	218.00 –	220.00	200.00 –	205.00	210.00 –	210.00	195.00 –	200.00	
	Kaluthara	–	–	230.00 –	238.00	–	–	–	215.00 –	220.00	200.00 –	205.00	205.00 –	210.00	
	Badulla	230.00 –	235.00	–	–	310.00 –	320.00	215.00 –	220.00	–	–	175.00 –	185.00	200.00 –	205.00
	Keppetipola	238.00 –	240.00	228.00 –	230.00	330.00 –	340.00	215.00 –	217.00	208.00 –	212.00	185.00 –	188.00	200.00 –	205.00
	Moneragala	230.00 –	240.00	–	–	300.00 –	320.00	220.00 –	230.00	–	–	180.00 –	190.00	195.00 –	200.00
	Kegalle	250.00 –	255.00	–	–	–	220.00 –	220.00	210.00 –	215.00	210.00 –	210.00	210.00 –	220.00	
	Ampara	245.00 –	245.00	230.00 –	240.00	325.00 –	325.00	220.00 –	220.00	215.00 –	220.00	195.00 –	195.00	200.00 –	220.00
	Dehiattakandiya	245.00 –	250.00	–	–	310.00 –	340.00	218.00 –	230.00	210.00 –	210.00	200.00 –	210.00	200.00 –	220.00
	Nuwaraeliya	238.00 –	242.00	228.00 –	232.00	335.00 –	345.00	215.00 –	217.00	208.00 –	212.00	186.00 –	189.00	200.00 –	205.00
	Kandy	240.00 –	250.00	230.00 –	232.00	320.00 –	325.00	220.00 –	220.00	205.00 –	210.00	190.00 –	200.00	205.00 –	210.00
	Puttalam	–	–	230.00 –	232.00	–	–	220.00 –	220.00	200.00 –	210.00	200.00 –	212.00	195.00 –	205.00
	Hambantota	230.00 –	240.00	–	–	–	–	–	–	–	175.00 –	180.00	200.00 –	205.00	
	Rathnапura	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Matara	230.00 –	240.00	–	–	310.00 –	320.00	220.00 –	220.00	–	–	175.00 –	178.00	200.00 –	210.00
	Galle	260.00 –	260.00	–	–	320.00 –	320.00	220.00 –	220.00	–	–	185.00 –	200.00	210.00 –	210.00
	Tissamaharama	–	–	230.00 –	240.00	330.00 –	340.00	220.00 –	230.00	–	–	165.00 –	170.00	195.00 –	210.00
	Meegoda (DEC)	–	–	230.00 –	235.00	–	–	210.00 –	215.00	–	–	185.00 –	190.00	205.00 –	212.00
	Embilipitiya	230.00 –	250.00	–	–	300.00 –	320.00	215.00 –	220.00	205.00 –	210.00	168.00 –	180.00	200.00 –	210.00
	Jaffna	240.00 –	240.00	–	–	320.00 –	330.00	215.00 –	220.00	210.00 –	215.00	185.00 –	195.00	210.00 –	220.00
	Vavuniya	235.00 –	240.00	–	–	–	–	218.00 –	220.00	215.00 –	218.00	192.00 –	195.00	208.00 –	210.00
	Mannar	–	–	230.00 –	230.00	320.00 –	340.00	220.00 –	230.00	210.00 –	215.00	190.00 –	200.00	210.00 –	220.00
	Killinochchi	235.00 –	240.00	–	–	320.00 –	330.00	220.00 –	225.00	200.00 –	205.00	190.00 –	195.00	220.00 –	225.00
	Mullaitivu	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Batticaloa	235.00 –	240.00	–	–	320.00 –	325.00	220.00 –	224.00	210.00 –	212.00	188.00 –	192.00	216.00 –	220.00
	Trincomalee	235.00 –	240.00	–	–	–	–	215.00 –	220.00	205.00 –	210.00	185.00 –	190.00	210.00 –	215.00
	Hanguranketha	235.00 –	245.00	230.00 –	230.00	–	–	216.00 –	220.00	208.00 –	215.00	184.00 –	190.00	198.00 –	212.00
	Veyangoda	240.00 –	250.00	230.00 –	230.00	310.00 –	320.00	220.00 –	220.00	210.00 –	215.00	190.00 –	200.00	200.00 –	210.00
	Galenbindunuwewa	230.00 –	235.00	–	–	315.00 –	315.00	220.00 –	220.00	210.00 –	215.00	195.00 –	210.00	195.00 –	210.00
	Bandarawela	–	–	225.00 –	230.00	310.00 –	320.00	–	–	210.00 –	215.00	185.00 –	190.00	205.00 –	210.00
	Matale	230.00 –	240.00	–	–	310.00 –	320.00	215.00 –	220.00	205.00 –	208.00	190.00 –	198.00	195.00 –	205.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 50: 08 - 14 December 2023

LOCATION	Dried Chillies	Red Onion			Big Onion	Potato			Pulses				
	Imported	Imported	Local			Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal		
Colombo	49000 - 52500	19500 - 21000	-		9000 - 21500	9000 - 11750	-	15500 - 17000	40000 - 42500	47500 - 55000	14750 - 15250		
Kurunegala	49000 - 51000	20000 - 23000	-		19750 - 21250	9750 - 10500	-	-	37500 - 42500	52500 - 55000	14750 - 15150		
Nikaweratiya	48000 - 50500	21500 - 25000	-		18250 - 20000	9400 - 12500	-	-	35000 - 37500	-	15000 - 15100		
Dehiattakandiya	50000 - 55000	22500 - 25000	-		17500 - 19000	10500 - 12000	-	-	-	-	15000 - 15500		
Dambulla (DEC)	49000 - 50500	22500 - 24000	-		20000 - 21500	9500 - 10750	-	15000 - 16000	37000 - 37500	42000 - 42500	14750 - 15000		
Anuradhapura	52500 - 57500	22500 - 25000	-		21000 - 22500	10000 - 11000	-	-	37500 - 42500	49000 - 52500	15000 - 15500		
Thambuththegama	49500 - 55000	22500 - 24000	19000 - 20000		16500 - 20000	9250 - 11000	-	16000 - 17000	34000 - 35000	-	14750 - 15250		
Polonnaruwa	57000 - 59000	22500 - 25500	-		17500 - 19250	10000 - 10250	-	19500 - 20500	37000 - 41000	50000 - 50000	15500 - 16250		
Kaluthara	51000 - 52500	20000 - 20500	-		18000 - 18250	9500 - 9900	-	16500 - 16900	41500 - 42000	49000 - 51000	15000 - 15250		
Puttalam	50000 - 54000	-	20000 - 26000		17500 - 20000	10500 - 12000	-	19000 - 21000	39000 - 45000	-	15500 - 15850		
Kandy	54000 - 55000	25000 - 26000	-		17500 - 20000	9250 - 10000	-	15000 - 17000	42500 - 45000	50000 - 52500	14750 - 15000		
Matara	52500 - 56000	22500 - 22750	-		17500 - 18000	10500 - 11500	-	17250 - 18000	39000 - 41500	50000 - 52500	15000 - 15250		
Hambantota	51000 - 56000	22500 - 24000	-		18000 - 20000	10500 - 12000	-	18000 - 19000	40000 - 45000	45000 - 49000	14750 - 15250		
Kegalle	53000 - 55000	21000 - 21500	-		18000 - 20000	11000 - 11200	-	17500 - 17750	40000 - 45000	49000 - 50000	15400 - 15500		
Galle	57500 - 61500	24000 - 27500	-		14000 - 16000	9750 - 11000	-	15000 - 16000	39000 - 45000	42500 - 55000	15500 - 16000		
Tissamaharama	52500 - 55000	25000 - 29000	-		19000 - 21000	-	-	-	35000 - 37500	40000 - 42500	15000 - 16000		
Meegoda (DEC)	51500 - 52500	20250 - 20500	-		20500 - 21500	9000 - 9500	-	15000 - 17500	42000 - 42500	49000 - 52500	14800 - 15250		
Jaffna	51000 - 52000	-	16400 - 16800		14500 - 15000	9000 - 9500	-	15500 - 18500	39000 - 39500	-	14800 - 15000		
Vavuniya	55000 - 57500	19000 - 21000	22500 - 25000		21000 - 23500	9250 - 9750	-	-	45000 - 49000	-	15250 - 15500		
Mannar	52000 - 54000	22000 - 22500	-		20500 - 21000	11000 - 11500	-	-	42500 - 44000	-	15250 - 15400		
Killinochchi	54000 - 56000	-	-		20000 - 21000	11500 - 12000	-	-	42000 - 43000	-	15250 - 15750		
Mullattivu	-	-	-		-	-	-	-	-	-	-		
Batticaloa	53500 - 55000	20000 - 20500	27000 - 27500		21000 - 22000	11000 - 11500	-	20000 - 21000	42500 - 43250	53750 - 55000	15250 - 15400		
Trincomalee	52500 - 55000	24000 - 25000	-		18000 - 20000	10000 - 11000	-	-	37500 - 40000	-	14800 - 15000		
Galenbindunuwewa	52500 - 55000	23000 - 23500	-		21000 - 23000	10500 - 10750	-	-	38000 - 41000	-	14750 - 15500		
Matale	50000 - 52500	20000 - 21000	-		20000 - 21500	9500 - 10500	-	17500 - 18000	-	-	14750 - 15000		



**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 50: 08 - 14 December 2023

<b>Locations</b>	<b>Butter Beans</b>	<b>Green Beans</b>	<b>Carrot</b>	<b>Leeks</b>	<b>Beetroot</b>	<b>Knolkhol</b>
Colombo	-	300.00 - 550.00	250.00 - 330.00	200.00 - 240.00	350.00 - 430.00	250.00 - 280.00
Meegoda (DEC)	-	350.00 - 400.00	320.00 - 380.00	240.00 - 280.00	450.00 - 500.00	280.00 - 300.00
Dambulla (DEC)	-	220.00 - 280.00	250.00 - 300.00	220.00 - 240.00	360.00 - 420.00	350.00 - 360.00
Keppetipola (DEC)	-	400.00 - 450.00	260.00 - 300.00	200.00 - 230.00	320.00 - 350.00	250.00 - 300.00
Norochchhole (DEC)	-	-	-	-	400.00 - 450.00	-
Nuwara Eliya	-	420.00 - 450.00	335.00 - 345.00	230.00 - 240.00	345.00 - 355.00	310.00 - 320.00
Kandy	-	400.00 - 450.00	300.00 - 320.00	230.00 - 250.00	450.00 - 470.00	250.00 - 280.00
Hambantota	-	450.00 - 500.00	400.00 - 450.00	250.00 - 300.00	350.00 - 400.00	-
Thambuththegama (DEC)	-	300.00 - 350.00	340.00 - 370.00	230.00 - 260.00	460.00 - 490.00	220.00 - 250.00
Jaffna	-	350.00 - 360.00	380.00 - 390.00	300.00 - 320.00	550.00 - 560.00	-
Bandarawela	-	400.00 - 450.00	280.00 - 300.00	200.00 - 220.00	320.00 - 340.00	250.00 - 280.00
Veyangoda	-	380.00 - 450.00	330.00 - 360.00	250.00 - 270.00	350.00 - 460.00	280.00 - 300.00

<b>Locations</b>	<b>Raddish</b>	<b>Cabbage</b>	<b>Tomato</b>	<b>Ladies Fingers</b>	<b>Brinjal</b>	<b>Capsicum</b>
Colombo	180.00 - 220.00	300.00 - 370.00	450.00 - 550.00	130.00 - 180.00	350.00 - 400.00	450.00 - 550.00
Meegoda (DEC)	150.00 - 200.00	400.00 - 440.00	480.00 - 550.00	150.00 - 200.00	330.00 - 380.00	450.00 - 500.00
Moneragala	200.00 - 220.00	430.00 - 450.00	500.00 - 550.00	200.00 - 250.00	350.00 - 380.00	720.00 - 750.00
Dambulla (DEC)	120.00 - 150.00	280.00 - 320.00	400.00 - 440.00	80.00 - 100.00	300.00 - 350.00	400.00 - 450.00
Keppetipola (DEC)	140.00 - 160.00	300.00 - 350.00	420.00 - 450.00	130.00 - 150.00	230.00 - 250.00	550.00 - 600.00
Norochchhole (DEC)	120.00 - 150.00	250.00 - 300.00	400.00 - 450.00	120.00 - 150.00	250.00 - 350.00	600.00 - 700.00
Nuwara Eliya	140.00 - 160.00	380.00 - 395.00	450.00 - 460.00	140.00 - 160.00	250.00 - 260.00	560.00 - 600.00
Kandy	120.00 - 140.00	300.00 - 350.00	450.00 - 500.00	140.00 - 150.00	260.00 - 300.00	450.00 - 470.00
Hambantota	220.00 - 300.00	430.00 - 500.00	420.00 - 500.00	200.00 - 250.00	380.00 - 450.00	600.00 - 700.00
Thambuththegama (DEC)	150.00 - 180.00	310.00 - 340.00	470.00 - 510.00	120.00 - 150.00	250.00 - 320.00	400.00 - 470.00
Tissamaharama	250.00 - 260.00	400.00 - 460.00	480.00 - 520.00	150.00 - 170.00	320.00 - 350.00	600.00 - 640.00
Jaffna	190.00 - 210.00	350.00 - 360.00	700.00 - 720.00	200.00 - 210.00	430.00 - 450.00	540.00 - 570.00
Bandarawela	120.00 - 150.00	300.00 - 340.00	400.00 - 450.00	-	280.00 - 300.00	550.00 - 600.00
Veyangoda	160.00 - 200.00	320.00 - 380.00	500.00 - 520.00	160.00 - 170.00	330.00 - 360.00	420.00 - 500.00

<b>Locations</b>	<b>Pumpkin</b>	<b>Cucumber</b>	<b>Bitter Gourd</b>	<b>Snake Gourd</b>	<b>Drumstick</b>	<b>Luffa</b>
Colombo	120.00 - 150.00	100.00 - 120.00	380.00 - 450.00	150.00 - 220.00	-	250.00 - 280.00
Meegoda (DEC)	160.00 - 170.00	100.00 - 110.00	430.00 - 450.00	180.00 - 220.00	-	280.00 - 330.00
Moneragala	170.00 - 180.00	160.00 - 180.00	500.00 - 560.00	350.00 - 380.00	-	360.00 - 380.00
Dambulla (DEC)	130.00 - 150.00	80.00 - 100.00	350.00 - 380.00	160.00 - 200.00	-	230.00 - 240.00
Keppetipola (DEC)	140.00 - 160.00	100.00 - 120.00	350.00 - 360.00	170.00 - 180.00	-	240.00 - 250.00
Norochchhole (DEC)	100.00 - 150.00	80.00 - 140.00	450.00 - 600.00	200.00 - 250.00	-	220.00 - 250.00
Nuwara Eliya	150.00 - 160.00	120.00 - 130.00	360.00 - 370.00	180.00 - 190.00	-	250.00 - 260.00
Kandy	160.00 - 180.00	110.00 - 120.00	350.00 - 400.00	220.00 - 230.00	-	250.00 - 270.00
Hambantota	120.00 - 150.00	120.00 - 150.00	600.00 - 650.00	200.00 - 250.00	-	280.00 - 350.00
Thambuththegama (DEC)	100.00 - 140.00	60.00 - 80.00	440.00 - 480.00	200.00 - 230.00	-	220.00 - 250.00
Tissamaharama	140.00 - 150.00	100.00 - 120.00	400.00 - 500.00	180.00 - 220.00	-	400.00 - 400.00
Jaffna	100.00 - 120.00	130.00 - 150.00	420.00 - 445.00	270.00 - 290.00	-	-
Bandarawela	140.00 - 160.00	100.00 - 120.00	-	-	-	-
Veyangoda	150.00 - 170.00	100.00 - 120.00	400.00 - 460.00	200.00 - 250.00	-	250.00 - 280.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	180.00 - 300.00	240.00 - 280.00	900.00 - #####	300.00 - 500.00	80.00 - 120.00	80.00 - 130.00
Meegoda (DEC)	280.00 - 300.00	260.00 - 300.00	##### - #####	350.00 - 450.00	110.00 - 160.00	120.00 - 130.00
Moneragal	250.00 - 300.00	200.00 - 220.00	##### - #####	400.00 - 450.00	180.00 - 200.00	60.00 - 70.00
Dambulla (DEC)	100.00 - 150.00	250.00 - 260.00	700.00 - 850.00	350.00 - 400.00	80.00 - 135.00	60.00 - 70.00
Keppetipola (DEC)	160.00 - 180.00	240.00 - 250.00	##### - #####	400.00 - 450.00	120.00 - 130.00	100.00 - 120.00
Norochchhole (DEC)	120.00 - 150.00	-	850.00 - 900.00	-	80.00 - 100.00	70.00 - 100.00
Nuwara Eliya	170.00 - 190.00	250.00 - 260.00	##### - #####	440.00 - 460.00	130.00 - 140.00	100.00 - 110.00
Kandy	200.00 - 220.00	250.00 - 270.00	850.00 - 900.00	500.00 - 520.00	130.00 - 150.00	90.00 - 110.00
Hambantota	200.00 - 280.00	180.00 - 240.00	##### - #####	500.00 - 600.00	120.00 - 160.00	100.00 - 150.00
Thambuththegama (DEC)	110.00 - 140.00	220.00 - 250.00	700.00 - 850.00	200.00 - 250.00	110.00 - 130.00	55.00 - 70.00
Tissamaharama	150.00 - 200.00	180.00 - 200.00	900.00 - #####	350.00 - 400.00	150.00 - 160.00	100.00 - 150.00
Jaffna	200.00 - 220.00	130.00 - 145.00	930.00 - 950.00	700.00 - 730.00	110.00 - 125.00	80.00 - 90.00
Bandarawela	-	-	900.00 - #####	-	100.00 - 120.00	100.00 - 120.00
Veyangoda	170.00 - 200.00	250.00 - 300.00	870.00 - #####	420.00 - 500.00	120.00 - 130.00	100.00 - 120.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	50.00 - 60.00	50.00 - 60.00	240.00 - 250.00	90.00 - 100.00	80.00 - 90.00
Meegoda (DEC)	80.00 - 80.00	80.00 - 80.00	150.00 - 160.00	110.00 - 115.00	85.00 - 95.00
Norochchhole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 130.00	90.00 - 102.00	78.00 - 85.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	125.00 - 130.00	80.00 - 85.00	65.00 - 70.00
Kandy	40.00 - 45.00	40.00 - 50.00	170.00 - 180.00	95.00 - 100.00	70.00 - 80.00
Hambantota	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	75.00 - 80.00	60.00 - 70.00
Tissamaharama	40.00 - 50.00	40.00 - 50.00	180.00 - 195.00	80.00 - 110.00	60.00 - 70.00
Jaffna	80.00 - 100.00	30.00 - 36.00	230.00 - 250.00	78.00 - 84.00	58.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	-	95.00 - 95.00	-

*Colombo, Meegoda, Norochchhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg*

**Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**

Week 50: 08 - 14 December 2023

LOCATIONS	Up Country Varieties											
	Butter Beans	Green Beans	Carrot		Leeks		Beetroot	Knol Khol	Raddish		Cabbage	Tomato
Colombo	—	500.00 – 760.00	360.00 – 560.00	300.00 – 460.00	500.00 – 740.00	300.00 – 600.00	250.00 – 480.00	400.00 – 600.00	600.00 – 800.00			
Gampaha	—	500.00 – 600.00	400.00 – 560.00	400.00 – 400.00	560.00 – 600.00	600.00 – 600.00	320.00 – 400.00	480.00 – 600.00	600.00 – 720.00			
Kurunegala	—	700.00 – 800.00	500.00 – 600.00	360.00 – 400.00	500.00 – 600.00	350.00 – 350.00	300.00 – 300.00	500.00 – 600.00	700.00 – 760.00			
Nikaweratiya	—	600.00 – 720.00	480.00 – 560.00	400.00 – 480.00	560.00 – 600.00	480.00 – 480.00	320.00 – 320.00	480.00 – 600.00	600.00 – 800.00			
Dambulla	—	460.00 – 480.00	400.00 – 450.00	340.00 – 360.00	580.00 – 620.00	—	260.00 – 280.00	460.00 – 480.00	640.00 – 700.00			
Anuradhapura	—	600.00 – 800.00	480.00 – 600.00	400.00 – 440.00	500.00 – 640.00	—	240.00 – 360.00	440.00 – 500.00	640.00 – 800.00			
Thambuththegama	—	420.00 – 460.00	430.00 – 480.00	340.00 – 400.00	560.00 – 620.00	—	220.00 – 260.00	380.00 – 460.00	580.00 – 640.00			
Polonnaruwa	—	580.00 – 680.00	450.00 – 480.00	320.00 – 380.00	550.00 – 600.00	440.00 – 460.00	240.00 – 260.00	440.00 – 480.00	750.00 – 800.00			
Kaluthara	—	580.00 – 600.00	380.00 – 420.00	280.00 – 320.00	—	340.00 – 380.00	220.00 – 240.00	420.00 – 460.00	580.00 – 640.00			
Badulla	—	600.00 – 660.00	360.00 – 400.00	320.00 – 360.00	440.00 – 480.00	400.00 – 440.00	240.00 – 260.00	440.00 – 480.00	560.00 – 600.00			
Keppetipola	—	540.00 – 560.00	350.00 – 360.00	290.00 – 300.00	440.00 – 460.00	360.00 – 380.00	240.00 – 250.00	440.00 – 460.00	550.00 – 560.00			
Moneragala	—	600.00 – 640.00	480.00 – 520.00	400.00 – 480.00	520.00 – 600.00	—	240.00 – 320.00	480.00 – 520.00	600.00 – 720.00			
Kegalle	—	560.00 – 600.00	500.00 – 520.00	360.00 – 400.00	600.00 – 640.00	480.00 – 520.00	340.00 – 360.00	520.00 – 560.00	760.00 – 800.00			
16 Ampara	—	680.00 – 680.00	480.00 – 520.00	360.00 – 400.00	520.00 – 520.00	—	320.00 – 320.00	500.00 – 560.00	680.00 – 720.00			
Dehiattakandiya	—	420.00 – 480.00	400.00 – 520.00	360.00 – 400.00	480.00 – 520.00	320.00 – 320.00	240.00 – 300.00	400.00 – 550.00	600.00 – 640.00			
Nuwaraeliya	—	550.00 – 560.00	420.00 – 440.00	320.00 – 340.00	450.00 – 460.00	360.00 – 380.00	260.00 – 280.00	460.00 – 480.00	560.00 – 600.00			
Kandy	—	600.00 – 640.00	480.00 – 500.00	320.00 – 360.00	650.00 – 700.00	400.00 – 450.00	200.00 – 240.00	480.00 – 500.00	750.00 – 800.00			
Puttalam	—	720.00 – 800.00	520.00 – 560.00	380.00 – 440.00	520.00 – 600.00	—	280.00 – 320.00	480.00 – 600.00	700.00 – 800.00			
Hambantota	—	600.00 – 680.00	480.00 – 560.00	320.00 – 400.00	480.00 – 560.00	—	320.00 – 400.00	480.00 – 580.00	600.00 – 650.00			
Rathnapura	—	—	—	—	—	—	—	—	—			
Matara	—	600.00 – 800.00	480.00 – 560.00	380.00 – 400.00	550.00 – 600.00	—	280.00 – 320.00	480.00 – 600.00	600.00 – 800.00			
Galle	—	600.00 – 600.00	460.00 – 480.00	340.00 – 360.00	600.00 – 650.00	340.00 – 360.00	240.00 – 280.00	520.00 – 560.00	560.00 – 620.00			
Tissamaharama	—	700.00 – 760.00	460.00 – 480.00	340.00 – 360.00	550.00 – 580.00	—	280.00 – 300.00	500.00 – 600.00	560.00 – 600.00			
Meegoda (DEC)	—	560.00 – 600.00	560.00 – 600.00	360.00 – 480.00	600.00 – 700.00	480.00 – 520.00	280.00 – 320.00	560.00 – 600.00	680.00 – 760.00			
Embilipitiya	—	480.00 – 600.00	400.00 – 520.00	320.00 – 400.00	—	—	280.00 – 320.00	450.00 – 520.00	600.00 – 700.00			
Jaffna	—	400.00 – 420.00	420.00 – 450.00	340.00 – 360.00	590.00 – 620.00	—	230.00 – 260.00	380.00 – 410.00	740.00 – 760.00			
Vavuniya	—	—	500.00 – 600.00	400.00 – 450.00	600.00 – 650.00	320.00 – 400.00	300.00 – 400.00	540.00 – 600.00	800.00 – 840.00			
Mannar	—	600.00 – 640.00	550.00 – 600.00	400.00 – 480.00	800.00 – 850.00	—	240.00 – 260.00	560.00 – 600.00	560.00 – 600.00			
Killinochchi	—	760.00 – 800.00	580.00 – 620.00	380.00 – 420.00	560.00 – 600.00	—	300.00 – 340.00	380.00 – 420.00	750.00 – 800.00			
Mullaittivu	—	—	—	—	—	—	—	—	—			
Batticaloa	—	720.00 – 760.00	520.00 – 560.00	400.00 – 420.00	600.00 – 650.00	440.00 – 450.00	300.00 – 320.00	480.00 – 520.00	800.00 – 850.00			
Trincomalee	—	600.00 – 650.00	520.00 – 600.00	370.00 – 420.00	580.00 – 620.00	320.00 – 350.00	260.00 – 300.00	480.00 – 530.00	760.00 – 800.00			
Hanguranketha	—	460.00 – 500.00	370.00 – 390.00	260.00 – 290.00	400.00 – 420.00	360.00 – 380.00	160.00 – 180.00	360.00 – 400.00	500.00 – 550.00			
Veyangoda	—	620.00 – 680.00	480.00 – 520.00	360.00 – 400.00	480.00 – 560.00	480.00 – 480.00	280.00 – 320.00	480.00 – 520.00	700.00 – 800.00			
Galenbindunuwewa	—	480.00 – 600.00	400.00 – 600.00	400.00 – 420.00	480.00 – 600.00	—	240.00 – 320.00	400.00 – 480.00	600.00 – 720.00			
Bandarawela	—	500.00 – 560.00	380.00 – 400.00	300.00 – 320.00	420.00 – 440.00	360.00 – 380.00	220.00 – 240.00	400.00 – 440.00	500.00 – 560.00			
Matale	—	560.00 – 600.00	440.00 – 480.00	360.00 – 400.00	560.00 – 600.00	—	200.00 – 220.00	480.00 – 520.00	660.00 – 700.00			





**Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**

Week 50: 08 - 14 December 2023

LOCATIONS	Banana						Pineapple				Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun		Large	Medium	Small		Betti	Karthakolomban
Colombo	100.00 - 260.00	350.00 - 600.00	150.00 - 260.00	28.00 - 43.00	36.00 - 58.00	500.00 - 680.00	450.00 - 600.00	400.00 - 550.00	-	-	65.00 - 135.00	
Gampaha	200.00 - 200.00	400.00 - 450.00	180.00 - 180.00	30.00 - 30.00	38.00 - 40.00	750.00 - 800.00	450.00 - 500.00	280.00 - 300.00	-	-	70.00 - 80.00	
Kurunegala	180.00 - 250.00	500.00 - 600.00	160.00 - 200.00	20.00 - 25.00	40.00 - 45.00	680.00 - 740.00	500.00 - 500.00	280.00 - 300.00	40.00 - 50.00	-	70.00 - 90.00	
Nikaweratiya	230.00 - 250.00	550.00 - 570.00	200.00 - 220.00	-	48.00 - 50.00	800.00 - 950.00	650.00 - 750.00	520.00 - 600.00	-	-	40.00 - 50.00	
Dambulla	180.00 - 200.00	480.00 - 520.00	160.00 - 200.00	-	40.00 - 42.00	600.00 - 650.00	500.00 - 550.00	300.00 - 350.00	20.00 - 25.00	-	50.00 - 60.00	
Anuradhapura	200.00 - 260.00	480.00 - 550.00	180.00 - 200.00	24.00 - 36.00	40.00 - 50.00	750.00 - 900.00	600.00 - 670.00	400.00 - 540.00	-	-	50.00 - 70.00	
Thambuththegama	200.00 - 230.00	450.00 - 500.00	200.00 - 230.00	28.00 - 33.00	45.00 - 48.00	825.00 - 900.00	675.00 - 750.00	540.00 - 600.00	-	-	50.00 - 70.00	
Polonnaruwa	250.00 - 280.00	500.00 - 550.00	150.00 - 180.00	30.00 - 30.00	35.00 - 40.00	750.00 - 800.00	600.00 - 650.00	500.00 - 550.00	-	-	100.00 - 140.00	
Kaluthara	220.00 - 240.00	460.00 - 500.00	160.00 - 190.00	30.00 - 33.00	38.00 - 41.00	550.00 - 580.00	430.00 - 480.00	-	-	-	50.00 - 80.00	
Badulla	150.00 - 180.00	440.00 - 500.00	140.00 - 170.00	23.00 - 25.00	32.00 - 34.00	700.00 - 740.00	500.00 - 550.00	280.00 - 320.00	-	-	40.00 - 70.00	
Keppetipola	210.00 - 220.00	520.00 - 550.00	180.00 - 190.00	34.00 - 36.00	50.00 - 52.00	-	520.00 - 540.00	350.00 - 360.00	32.00 - 35.00	-	50.00 - 60.00	
Moneragala	180.00 - 200.00	400.00 - 450.00	100.00 - 140.00	25.00 - 30.00	30.00 - 35.00	675.00 - 750.00	-	-	-	-	30.00 - 40.00	
Kegalle	180.00 - 200.00	550.00 - 600.00	180.00 - 220.00	20.00 - 25.00	20.00 - 30.00	550.00 - 650.00	350.00 - 450.00	200.00 - 250.00	-	-	50.00 - 80.00	
19 Ampara	160.00 - 190.00	400.00 - 480.00	100.00 - 140.00	22.00 - 30.00	28.00 - 38.00	-	-	550.00 - 630.00	-	-	50.00 - 50.00	
Dehiattakandiya	150.00 - 200.00	480.00 - 500.00	150.00 - 180.00	-	40.00 - 50.00	550.00 - 600.00	440.00 - 440.00	-	-	-	50.00 - 80.00	
Nuwaraeliya	220.00 - 230.00	540.00 - 560.00	200.00 - 220.00	34.00 - 36.00	53.00 - 56.00	-	550.00 - 580.00	400.00 - 440.00	25.00 - 30.00	-	50.00 - 60.00	
Kandy	230.00 - 240.00	540.00 - 550.00	170.00 - 180.00	25.00 - 28.00	38.00 - 42.00	600.00 - 650.00	400.00 - 450.00	250.00 - 300.00	30.00 - 35.00	-	50.00 - 80.00	
Puttalam	160.00 - 220.00	450.00 - 550.00	170.00 - 200.00	22.00 - 28.00	-	700.00 - 800.00	-	250.00 - 320.00	-	-	50.00 - 60.00	
Rathnapura	-	-	-	-	-	-	-	-	-	-	-	
Hambantota	180.00 - 220.00	500.00 - 550.00	180.00 - 200.00	25.00 - 28.00	30.00 - 35.00	900.00 - 980.00	720.00 - 780.00	380.00 - 440.00	-	-	70.00 - 90.00	
Matara	200.00 - 230.00	500.00 - 550.00	160.00 - 180.00	23.00 - 25.00	34.00 - 35.00	900.00 - 975.00	750.00 - 825.00	380.00 - 400.00	-	-	60.00 - 100.00	
Galle	180.00 - 200.00	550.00 - 600.00	160.00 - 200.00	36.00 - 38.00	36.00 - 38.00	650.00 - 700.00	550.00 - 600.00	-	-	-	100.00 - 120.00	
Tissamaharama	160.00 - 180.00	400.00 - 550.00	160.00 - 170.00	45.00 - 50.00	55.00 - 60.00	580.00 - 600.00	500.00 - 520.00	420.00 - 450.00	20.00 - 30.00	-	50.00 - 80.00	
Meegoda (DEC)	180.00 - 180.00	480.00 - 480.00	200.00 - 200.00	40.00 - 42.00	42.00 - 45.00	765.00 - 816.00	585.00 - 624.00	450.00 - 480.00	-	-	50.00 - 50.00	
Embilipitiya	120.00 - 150.00	300.00 - 450.00	130.00 - 160.00	30.00 - 40.00	35.00 - 40.00	500.00 - 600.00	400.00 - 450.00	250.00 - 350.00	40.00 - 50.00	-	60.00 - 100.00	
Jaffna	100.00 - 120.00	350.00 - 370.00	130.00 - 140.00	-	-	900.00 - 950.00	650.00 - 800.00	500.00 - 600.00	-	-	100.00 - 120.00	
Vavuniya	140.00 - 160.00	300.00 - 350.00	120.00 - 160.00	38.00 - 40.00	-	850.00 - 900.00	650.00 - 750.00	400.00 - 500.00	-	-	100.00 - 110.00	
Mannar	140.00 - 160.00	350.00 - 400.00	120.00 - 150.00	24.00 - 30.00	-	600.00 - 650.00	500.00 - 550.00	400.00 - 450.00	30.00 - 40.00	45.00 - 50.00	-	
Killinochchi	130.00 - 150.00	400.00 - 440.00	130.00 - 150.00	30.00 - 33.00	30.00 - 33.00	600.00 - 660.00	500.00 - 540.00	400.00 - 450.00	30.00 - 40.00	50.00 - 60.00	-	
Mullaittivu	-	-	-	-	-	-	-	-	-	-	-	
Batticaloa	180.00 - 200.00	550.00 - 600.00	150.00 - 160.00	20.00 - 25.00	-	580.00 - 600.00	500.00 - 540.00	380.00 - 400.00	30.00 - 30.00	40.00 - 45.00	-	
Trincomalee	160.00 - 200.00	420.00 - 450.00	150.00 - 170.00	-	-	700.00 - 750.00	480.00 - 550.00	330.00 - 360.00	-	-	110.00 - 115.00	
Veyangoda	200.00 - 250.00	500.00 - 600.00	200.00 - 220.00	22.00 - 25.00	31.00 - 48.00	700.00 - 750.00	500.00 - 600.00	350.00 - 400.00	-	-	60.00 - 100.00	
Galenbindunuwewa	200.00 - 220.00	400.00 - 450.00	150.00 - 180.00	28.00 - 30.00	35.00 - 40.00	750.00 - 900.00	600.00 - 700.00	450.00 - 550.00	-	-	50.00 - 80.00	
Bandarawela	180.00 - 200.00	460.00 - 480.00	160.00 - 180.00	24.00 - 26.00	32.00 - 34.00	-	500.00 - 520.00	320.00 - 340.00	-	-	50.00 - 70.00	
Matale	150.00 - 160.00	500.00 - 540.00	150.00 - 160.00	28.00 - 30.00	38.00 - 40.00	700.00 - 790.00	500.00 - 540.00	300.00 - 320.00	-	-	50.00 - 60.00	

**Table 08 (Contd.)**

LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
20	Colombo	-	-	130.00 - 260.00	30.00 - 75.00	30.00 - 100.00	160.00 - 300.00	100.00 - 200.00	90.00 - 120.00	1600.00 - 2500.00	100.00 - 150.00	
	Gampaha	-	-	160.00 - 180.00	30.00 - 60.00	70.00 - 80.00	170.00 - 180.00	200.00 - 200.00	80.00 - 90.00	2300.00 - 2300.00	120.00 - 120.00	
	Kurunegala	30.00 - 40.00	20.00 - 30.00	100.00 - 130.00	50.00 - 50.00	60.00 - 70.00	100.00 - 150.00	140.00 - 150.00	100.00 - 120.00	2000.00 - 2000.00	120.00 - 130.00	
	Nikaweratiya	-	-	100.00 - 130.00	40.00 - 50.00	50.00 - 60.00	120.00 - 130.00	150.00 - 180.00	-	2500.00 - 2500.00	100.00 - 100.00	
	Dambulla	20.00 - 25.00	10.00 - 15.00	140.00 - 150.00	20.00 - 25.00	50.00 - 60.00	80.00 - 100.00	150.00 - 160.00	80.00 - 100.00	2500.00 - 2600.00	100.00 - 110.00	
	Anuradhapura	-	-	120.00 - 160.00	-	30.00 - 50.00	100.00 - 120.00	120.00 - 150.00	80.00 - 100.00	2000.00 - 3000.00	130.00 - 150.00	
	Thambuththegama	20.00 - 30.00	-	120.00 - 160.00	-	-	-	-	-	2000.00 - 2300.00	-	
	Polonnaruwa	-	-	150.00 - 180.00	-	40.00 - 60.00	-	-	-	2000.00 - 2200.00	120.00 - 130.00	
	Kaluthara	-	-	140.00 - 180.00	40.00 - 50.00	50.00 - 70.00	-	-	80.00 - 100.00	1900.00 - 2100.00	100.00 - 120.00	
	Badulla	30.00 - 40.00	20.00 - 25.00	120.00 - 140.00	35.00 - 40.00	50.00 - 60.00	120.00 - 140.00	100.00 - 120.00	60.00 - 70.00	2200.00 - 2300.00	120.00 - 140.00	
	Keppetipola	30.00 - 34.00	15.00 - 18.00	160.00 - 170.00	25.00 - 28.00	45.00 - 50.00	130.00 - 140.00	130.00 - 140.00	80.00 - 90.00	2500.00 - 2600.00	140.00 - 150.00	
	Moneragala	15.00 - 20.00	10.00 - 15.00	140.00 - 160.00	15.00 - 25.00	30.00 - 40.00	100.00 - 120.00	110.00 - 150.00	60.00 - 80.00	2000.00 - 2400.00	100.00 - 120.00	
	Kegalle	30.00 - 40.00	20.00 - 25.00	150.00 - 180.00	20.00 - 25.00	30.00 - 50.00	100.00 - 120.00	-	60.00 - 80.00	2000.00 - 2100.00	120.00 - 130.00	
	Ampara	20.00 - 20.00	-	160.00 - 180.00	50.00 - 50.00	26.00 - 30.00	-	-	-	1800.00 - 2200.00	120.00 - 130.00	
	Dehiwakkandiya	-	-	140.00 - 180.00	50.00 - 60.00	30.00 - 50.00	100.00 - 100.00	-	60.00 - 60.00	2500.00 - 2800.00	100.00 - 130.00	
	Nuwaraeliya	25.00 - 28.00	15.00 - 18.00	160.00 - 180.00	24.00 - 26.00	50.00 - 60.00	130.00 - 140.00	140.00 - 150.00	85.00 - 100.00	2500.00 - 2600.00	130.00 - 150.00	
	Kandy	40.00 - 50.00	18.00 - 20.00	160.00 - 180.00	35.00 - 40.00	50.00 - 60.00	100.00 - 120.00	100.00 - 120.00	70.00 - 80.00	1800.00 - 2000.00	120.00 - 130.00	
	Puttalam	-	-	120.00 - 150.00	-	-	-	100.00 - 120.00	-	2600.00 - 3000.00	100.00 - 130.00	
	Hambantota	-	-	150.00 - 180.00	-	20.00 - 25.00	-	-	-	2000.00 - 2100.00	100.00 - 110.00	
	Rathnapura	-	-	-	-	-	-	-	-	-	-	
	Matara	-	-	160.00 - 170.00	45.00 - 50.00	38.00 - 41.00	180.00 - 190.00	150.00 - 160.00	46.00 - 50.00	2000.00 - 2100.00	120.00 - 130.00	
	Galle	-	25.00 - 30.00	180.00 - 200.00	55.00 - 60.00	40.00 - 50.00	100.00 - 110.00	140.00 - 180.00	90.00 - 120.00	2000.00 - 2500.00	100.00 - 150.00	
	Tissamaharama	20.00 - 35.00	-	160.00 - 180.00	30.00 - 40.00	25.00 - 30.00	-	-	-	1600.00 - 2100.00	100.00 - 100.00	
	Meegoda (DEC)	-	-	150.00 - 160.00	-	40.00 - 45.00	-	-	-	2000.00 - 2000.00	100.00 - 120.00	
	Embilipitiya	40.00 - 50.00	20.00 - 30.00	140.00 - 160.00	20.00 - 40.00	60.00 - 80.00	100.00 - 120.00	100.00 - 120.00	40.00 - 50.00	1500.00 - 2200.00	120.00 - 130.00	
	Jaffna	45.00 - 55.00	-	70.00 - 90.00	-	45.00 - 55.00	-	100.00 - 120.00	-	2800.00 - 3000.00	150.00 - 160.00	
	Vavuniya	30.00 - 35.00	-	80.00 - 90.00	35.00 - 40.00	25.00 - 30.00	-	-	-	2000.00 - 2150.00	100.00 - 110.00	
	Mannar	25.00 - 30.00	-	100.00 - 120.00	35.00 - 45.00	20.00 - 25.00	80.00 - 90.00	-	100.00 - 130.00	2400.00 - 2600.00	120.00 - 150.00	
	Killinochchi	30.00 - 40.00	-	100.00 - 120.00	40.00 - 50.00	30.00 - 35.00	-	-	-	2400.00 - 2500.00	120.00 - 130.00	
	Mullaitivu	-	-	-	-	-	-	-	-	-	-	
	Batticaloa	35.00 - 40.00	-	160.00 - 180.00	50.00 - 52.00	45.00 - 50.00	150.00 - 150.00	150.00 - 180.00	-	2000.00 - 2200.00	130.00 - 140.00	
	Trincomalee	45.00 - 50.00	-	120.00 - 140.00	47.00 - 52.00	37.50 - 40.00	-	-	-	2400.00 - 2460.00	130.00 - 140.00	
	Veyangoda	-	-	150.00 - 180.00	40.00 - 45.00	50.00 - 60.00	-	120.00 - 160.00	83.00 - 120.00	2500.00 - 2800.00	100.00 - 150.00	
	Galenbindunuwewa	-	-	120.00 - 160.00	-	-	-	-	-	2500.00 - 2800.00	120.00 - 130.00	
	Bandarawela	35.00 - 40.00	20.00 - 25.00	130.00 - 150.00	40.00 - 45.00	45.00 - 50.00	120.00 - 140.00	90.00 - 100.00	70.00 - 80.00	2000.00 - 2200.00	120.00 - 140.00	
	Matale	35.00 - 40.00	20.00 - 25.00	100.00 - 120.00	30.00 - 40.00	55.00 - 60.00	-	-	-	2000.00 - 2200.00	100.00 - 120.00	

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 50: 08 - 14 December 2023

Locations	Sea Fish								
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw			
Colombo	180.00 – 350.00	500.00 – 700.00	700.00 – 900.00	900.00 – 1100.00	1800.00 – 2600.00	1100.00 – 1250.00			
Kandy	300.00 – 330.00	500.00 – 550.00	900.00 – 980.00	1100.00 – 1200.00	1900.00 – 2000.00	1000.00 – 1200.00			
Kaluthara	300.00 – 340.00	520.00 – 580.00	700.00 – 800.00	920.00 – 960.00	–	–			
Puttalam	300.00 – 350.00	450.00 – 650.00	700.00 – 820.00	900.00 – 1300.00	–	–			
Matara	200.00 – 250.00	400.00 – 500.00	900.00 – 1000.00	1350.00 – 1450.00	–	–	1300.00 – 1400.00		
Hambantota	250.00 – 300.00	400.00 – 500.00	800.00 – 850.00	1100.00 – 1200.00	1200.00 – 1400.00	850.00 – 900.00			
Galle	–	–	700.00 – 750.00	900.00 – 1100.00	1500.00 – 1600.00	1000.00 – 1100.00			
Batticaloa	350.00 – 400.00	300.00 – 450.00	600.00 – 700.00	1400.00 – 1500.00	1400.00 – 1500.00	1400.00 – 1600.00			
Trincomalee	380.00 – 400.00	420.00 – 450.00	1250.00 – 1300.00	1850.00 – 1920.00	1900.00 – 1950.00	1480.00 – 1600.00			
Mannar	90.00 – 110.00	320.00 – 350.00	–	–	–	900.00 – 950.00			

Locations	Sea Fish				Eggs		
	Mora	Shrimps	Thalapath	Teppeli	Brown	White	
Colombo	1000.00 – 1150.00	1550.00 – 1700.00	1450.00 – 2300.00	–	50.00 – 58.00	48.00 – 56.00	
Kandy	–	1600.00 – 1700.00	1800.00 – 1900.00	–	53.00 – 54.00	51.00 – 52.00	
Kaluthara	–	–	1340.00 – 1400.00	–	–	–	
Puttalam	1000.00 – 1350.00	900.00 – 1150.00	–	–	47.00 – 49.00	46.00 – 48.00	
Matara	–	1800.00 – 1900.00	1400.00 – 1600.00	–	57.00 – 58.00	54.00 – 55.00	
Hambantota	–	–	–	–	–	50.00 – 51.00	
Galle	900.00 – 1000.00	–	–	–	56.00 – 61.00	56.00 – 60.00	
Batticaloa	1000.00 – 1200.00	1400.00 – 1500.00	1400.00 – 1500.00	–	62.00 – 63.00	62.00 – 63.00	
Trincomalee	1300.00 – 1400.00	1000.00 – 1150.00	–	–	58.00 – 58.00	56.00 – 58.00	
Mannar	–	900.00 – 1000.00	–	–	63.00 – 64.00	60.00 – 62.00	

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 50: 08 - 14 December 2023

Locations	Local Dried Fish							
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa		
Colombo	57500 – 72500	–	–	82500 – 90000	40000 – 46000	–		
Kandy	60000 – 65000	–	–	90000 – 95000	45000 – 47500	–		
Batticaloa	51500 – 55000	105000 – 110000	–	95000 – 100000	45000 – 50000	52500 – 55000		
Trincomalee	50000 – 57500	–	–	–	46000 – 48000	37500 – 40000		
Mannar	52500 – 55000	75000 – 80000	–	75000 – 80000	45000 – 50000	35000 – 40000		

Locations	Local Dried Fish			Imported Dried Fish				
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora		
Colombo	64000 – 70000	–	17000 – 22500	44000 – 52500	62500 – 67500	–		
Kandy	64000 – 65000	–	19000 – 20000	50000 – 52500	70000 – 72500	–		
Batticaloa	60000 – 65000	–	37500 – 42500	60000 – 65000	–	–		
Trincomalee	37000 – 39000	–	23000 – 25000	37500 – 40000	93000 – 95000	–		
Mannar	47500 – 50000	45000 – 47500	30000 – 35000	52500 – 55000	–	–		

Locations	Imported Dried Fish							
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya		
Colombo	–	–	70000 – 77500	–	–	–		
Kandy	–	–	–	–	–	–		
Batticaloa	–	–	–	–	–	–		
Trincomalee	–	–	–	–	–	–		
Mannar	–	–	–	–	–	–		



**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 50: 08 - 14 December 2023

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
23	Colombo	1200.00 - 1300.00	1800.00 - 2400.00	-	2000.00 - 2600.00	1400.00 - 1800.00	2000.00 - 2800.00	800.00 - 1000.00				
	Gampaha	1200.00 - 1400.00	2000.00 - 2000.00	3000.00 - 3000.00	2400.00 - 2400.00	1400.00 - 1400.00	2000.00 - 2000.00	800.00 - 800.00				
	Kurunegala	1100.00 - 1400.00	1800.00 - 2200.00	2900.00 - 3000.00	2000.00 - 2200.00	1200.00 - 1400.00	1500.00 - 2000.00	700.00 - 700.00				
	Nikaweratiya	1100.00 - 1500.00	1800.00 - 2000.00	-	2000.00 - 2200.00	1200.00 - 1400.00	2200.00 - 2400.00	-				
	Dambulla	1100.00 - 1200.00	2200.00 - 2200.00	-	2000.00 - 2200.00	1200.00 - 1300.00	1600.00 - 1700.00	-				
	Anuradhapura	1100.00 - 1400.00	2000.00 - 2400.00	-	2000.00 - 2400.00	1200.00 - 1600.00	2000.00 - 2800.00	800.00 - 1000.00				
	Thambuththegama	1100.00 - 1300.00	2200.00 - 2400.00	-	1900.00 - 2200.00	1200.00 - 1300.00	1200.00 - 1300.00	-				
	Polonnaruwa	1200.00 - 1300.00	1900.00 - 2200.00	2800.00 - 2800.00	2200.00 - 2300.00	1000.00 - 1100.00	1300.00 - 1400.00	-				
	Kaluthara	1200.00 - 1300.00	2000.00 - 2200.00	-	2200.00 - 2400.00	1300.00 - 1500.00	2000.00 - 2200.00	800.00 - 980.00				
	Badulla	1200.00 - 1300.00	2300.00 - 2400.00	-	2100.00 - 2200.00	1200.00 - 1400.00	-	800.00 - 900.00				
	Keppetipola	1250.00 - 1300.00	2350.00 - 2380.00	-	2340.00 - 2350.00	1250.00 - 1260.00	2260.00 - 2280.00	1100.00 - 1200.00				
	Moneragala	1350.00 - 1400.00	2000.00 - 2400.00	-	2200.00 - 2400.00	1500.00 - 1600.00	2200.00 - 2400.00	800.00 - 900.00				
	Kegalle	1100.00 - 1300.00	2000.00 - 2150.00	-	2000.00 - 2100.00	1100.00 - 1250.00	-	-				
	Ampara	1200.00 - 1300.00	1750.00 - 1800.00	-	1800.00 - 2000.00	1000.00 - 1200.00	-	-				
	Dehiattakandiya	1200.00 - 1400.00	2600.00 - 2600.00	-	2200.00 - 2400.00	1200.00 - 1600.00	-	-				
	Nuwaraeliya	1200.00 - 1300.00	2460.00 - 2480.00	-	2250.00 - 2280.00	1460.00 - 1480.00	2280.00 - 2300.00	1200.00 - 1250.00				
	Kandy	1200.00 - 1400.00	2300.00 - 2400.00	-	2200.00 - 2300.00	1500.00 - 1600.00	1900.00 - 2000.00	900.00 - 950.00				
	Puttalam	1100.00 - 1350.00	2400.00 - 2600.00	-	1800.00 - 2200.00	1200.00 - 1400.00	1000.00 - 1400.00	600.00 - 800.00				
	Hambantota	1250.00 - 1300.00	1900.00 - 2100.00	-	-	1100.00 - 1300.00	2000.00 - 2100.00	-				
	Rathnapura	-	-	-	-	-	-	-				
	Matara	1200.00 - 1300.00	2000.00 - 2200.00	-	1800.00 - 2000.00	1000.00 - 1300.00	2000.00 - 2000.00	-				
	Galle	1200.00 - 1400.00	2200.00 - 2400.00	2600.00 - 2600.00	2200.00 - 2400.00	1000.00 - 1400.00	1800.00 - 2000.00	800.00 - 950.00				
	Tissamaharama	-	2000.00 - 2000.00	-	2000.00 - 2000.00	1200.00 - 1600.00	-	-				
	Meegoda	1100.00 - 1200.00	1800.00 - 1800.00	-	1800.00 - 2000.00	1200.00 - 1400.00	1800.00 - 1800.00	1000.00 - 1000.00				
	Embilipitiya	1100.00 - 1350.00	1850.00 - 2000.00	-	2000.00 - 2200.00	1200.00 - 1500.00	2000.00 - 2200.00	600.00 - 750.00				
	Jaffna	1100.00 - 1200.00	2100.00 - 2300.00	2900.00 - 3500.00	2300.00 - 2500.00	1300.00 - 1600.00	1100.00 - 1300.00	-				
	Vavuniya	-	1600.00 - 1700.00	-	2000.00 - 2150.00	1200.00 - 1250.00	-	-				
	Mannar	1150.00 - 1200.00	1700.00 - 2000.00	-	1800.00 - 2000.00	1100.00 - 1200.00	900.00 - 1000.00	800.00 - 900.00				
	Killinochchi	1100.00 - 1200.00	2400.00 - 2500.00	-	-	1800.00 - 1900.00	1200.00 - 1300.00	950.00 - 1050.00				
	Mullaithivu	-	-	-	-	-	-	-				
	Batticaloa	1200.00 - 1300.00	2250.00 - 2400.00	-	2100.00 - 2200.00	1100.00 - 1200.00	1200.00 - 1300.00	900.00 - 1000.00				
	Trincomalee	1300.00 - 1400.00	2050.00 - 2350.00	-	-	1240.00 - 1300.00	1100.00 - 1200.00	680.00 - 900.00				
	Veyangoda	1120.00 - 1400.00	1600.00 - 2000.00	-	2000.00 - 2200.00	1200.00 - 1400.00	1600.00 - 2000.00	800.00 - 1000.00				
	Galenbindunuwewa	1200.00 - 1400.00	2000.00 - 2200.00	2600.00 - 2800.00	2000.00 - 2200.00	1400.00 - 1600.00	2200.00 - 2400.00	800.00 - 1000.00				
	Bandarawela	1200.00 - 1400.00	2200.00 - 2400.00	-	2000.00 - 2200.00	1400.00 - 1500.00	-	800.00 - 900.00				
	Matale	1100.00 - 1300.00	2300.00 - 2400.00	2800.00 - 3000.00	2100.00 - 2200.00	1300.00 - 1400.00	1600.00 - 1700.00	700.00 - 800.00				

**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 50: 08 - 14 December 2023

LOCATIONS	Meat		Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork	
Colombo	2200.00 – 2500.00	1180.00 – 1400.00	1100.00 – 1380.00	3200.00 – 3400.00	1300.00 – 1600.00	
Gampaha	2200.00 – 2200.00	1180.00 – 1200.00	1300.00 – 1300.00	3300.00 – 3300.00	1300.00 – 1300.00	
Kurunegala	2000.00 – 2000.00	1100.00 – 1190.00	–	3000.00 – 3000.00	1300.00 – 1300.00	
Nikaweratiya	2200.00 – 2400.00	1200.00 – 1250.00	–	–	–	
Dambulla	–	1150.00 – 1350.00	–	–	1500.00 – 1600.00	
Anuradhapura	2000.00 – 2200.00	1100.00 – 1220.00	–	3400.00 – 3400.00	1400.00 – 1500.00	
Thambuththegama	2000.00 – 2200.00	950.00 – 1170.00	1100.00 – 1300.00	–	1450.00 – 1500.00	
Polonnaruwa	1800.00 – 1800.00	1200.00 – 1300.00	–	–	1800.00 – 1800.00	
Kaluthara	2200.00 – 2300.00	1180.00 – 1220.00	1380.00 – 1420.00	–	1300.00 – 1420.00	
Badulla	1800.00 – 2000.00	1250.00 – 1350.00	1500.00 – 1550.00	2800.00 – 3000.00	–	
Keppetipola	2000.00 – 2200.00	1250.00 – 1340.00	1360.00 – 1440.00	2900.00 – 3000.00	–	
Moneragala	2100.00 – 2100.00	1250.00 – 1350.00	–	2600.00 – 2800.00	1500.00 – 1600.00	
Kegalle	2200.00 – 2200.00	1100.00 – 1280.00	–	2900.00 – 3000.00	1750.00 – 1850.00	
Ampara	2100.00 – 2100.00	900.00 – 1000.00	1200.00 – 1300.00	–	1400.00 – 1400.00	
Dehiattakandiya	–	1120.00 – 1300.00	–	–	1400.00 – 1500.00	
Nuwaraeliya	2000.00 – 2200.00	1250.00 – 1280.00	1360.00 – 1400.00	3000.00 – 3200.00	1550.00 – 1600.00	
Kandy	2200.00 – 2200.00	1180.00 – 1200.00	1400.00 – 1450.00	3000.00 – 3000.00	1450.00 – 1500.00	
Puttalam	2000.00 – 2200.00	900.00 – 1100.00	–	3200.00 – 3200.00	–	
Hambantota	–	1250.00 – 1300.00	–	–	–	
Rathnapura	–	–	–	–	–	
Matara	–	1240.00 – 1250.00	–	–	–	
Galle	2200.00 – 2200.00	1200.00 – 1250.00	1500.00 – 1500.00	3200.00 – 3300.00	–	
Tissamaharama	–	1300.00 – 1400.00	–	2800.00 – 2800.00	1600.00 – 1750.00	
Meegoda	–	1200.00 – 1220.00	1250.00 – 1400.00	–	1400.00 – 1400.00	
Embiliptiya	2150.00 – 2200.00	920.00 – 1150.00	1250.00 – 1300.00	2900.00 – 3000.00	1450.00 – 1600.00	
Jaffna	2000.00 – 2100.00	1150.00 – 1200.00	1450.00 – 1550.00	3450.00 – 3500.00	–	
Vavuniya	2000.00 – 2150.00	1300.00 – 1400.00	–	2900.00 – 3000.00	–	
Mannar	1700.00 – 1900.00	1300.00 – 1400.00	–	–	–	
Killinochchi	1900.00 – 1950.00	1300.00 – 1350.00	1550.00 – 1600.00	3100.00 – 3200.00	–	
Mullaittivu	–	–	–	–	–	
Batticaloa	1600.00 – 1700.00	1200.00 – 1250.00	1400.00 – 1500.00	3000.00 – 3000.00	–	
Trincomalee	1900.00 – 2000.00	1200.00 – 1300.00	1580.00 – 1600.00	–	–	
Veyangoda	2200.00 – 2200.00	1170.00 – 1170.00	1300.00 – 1300.00	2950.00 – 3000.00	1500.00 – 1500.00	
Galenbindunuwewa	1900.00 – 1900.00	1170.00 – 1200.00	–	–	1400.00 – 1500.00	
Bandarawela	2000.00 – 2200.00	1200.00 – 1300.00	–	3000.00 – 3200.00	–	
Matale	2000.00 – 2200.00	1250.00 – 1300.00	1400.00 – 1500.00	2900.00 – 3000.00	1500.00 – 1600.00	





**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**  
**Week 50: 08 - 14 December 2023**

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b>Paddy</b>			<b>Vegetable (Up Country)</b>			<b>Snake Gourd</b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	152.50 – 172.50	160.50
A'pura	118.00 – 125.00	120.80	Dambulla	200.00 – 240.00	226.00	Hambantota	180.00 – 220.00	204.00
P'naruwa	129.00 – 131.00	130.33	Welimada	360.00 – 380.00	374.00	Embilipitiya	200.00 – 220.00	206.00
Kalawewa	122.00 – 125.00	123.40	Badulla	420.00 – 460.00	438.00	Matara	–	
Kurunegala	125.00 – 130.00	128.20	<b>Carrot</b>			A'pura	220.00 – 240.00	228.00
Dehiattakandiya	125.00 – 129.50	127.17	N'Ellya	310.00 – 320.00	314.00	<b>Luffa</b>		
Nikaweratiya	118.00 – 125.00	121.33	Welimada	240.00 – 250.00	246.00	Dambulla	220.00 – 230.00	224.00
Ampara	120.00 – 125.00	121.67	Hanguranketha	230.00 – 250.00	239.00	Hambantota	240.00 – 250.00	245.00
<b>Long Grain (White)</b>			<b>Leeks</b>			Embipiliyia	300.00 – 320.00	306.00
A'pura	110.00 – 115.00	112.00	N'Ellya	200.00 – 210.00	205.00	Matara	–	
P'naruwa	114.00 – 116.00	115.17	Welimada	180.00 – 190.00	185.00	A'pura	280.00 – 300.00	288.00
Kalawewa	110.00 – 115.00	113.00	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	112.00 – 115.00	114.00	N'Ellya	320.00 – 330.00	324.00	Dambulla	690.00 – 740.00	718.00
Dehiattakandiya	105.00 – 109.00	107.33	Dambulla	360.00 – 370.00	363.33	Hambantota	–	
Embipiliyia	–		Kurunegala	–		Embipiliyia	950.00 – 1000.00	980.00
Nikaweratiya	112.00 – 115.00	113.50	Welimada	280.00 – 285.00	282.00	Puttalam	700.00 – 800.00	758.33
Hambantota	–		Hanguranketha	290.00 – 315.00	305.00	A'pura	950.00 – 1100.00	1010.00
Ampara	105.00 – 115.00	111.25	<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Ellya	280.00 – 290.00	286.00	Dambulla	120.00 – 130.00	127.00
Matara	90.00 – 95.00	92.50	Welimada	235.00 – 240.00	237.00	Hambantota	80.00 – 100.00	87.50
Hambantota	93.00 – 100.00	95.75	Hanguranketha	260.00 – 270.00	264.60	Embipiliyia	100.00 – 120.00	108.00
Embipiliyia	100.00 – 102.00	100.75	<b>Raddish</b>			Matara	80.00 – 90.00	85.00
<b>Keeri Samba</b>			N'Ellya	115.00 – 125.00	121.00	A'pura	110.00 – 130.00	118.00
A'pura	145.00 – 150.00	147.50	Welimada	115.00 – 125.00	121.00	Moneragala	110.00 – 120.00	114.00
P'naruwa	157.00 – 159.00	158.00	Hambantota	160.00 – 180.00	167.50	<b>Cucumber</b>		
Kalawewa	140.00 – 145.00	141.67	Hanguranketha	100.00 – 110.00	104.00	A'pura	90.00 – 110.00	98.00
Kurunegala	145.00 – 150.00	148.20	<b>Cabbage</b>			Dambulla	70.00 – 86.00	80.00
Dehiattakandiya	150.00 – 156.00	153.67	N'Ellya	335.00 – 350.00	342.00	Hambantota	–	
<b>Red Onion</b>			Welimada	280.00 – 285.00	282.00	Matara	–	
Puttalam	–		Badulla	280.00 – 320.00	304.00	<b>Long Beans</b>		
Jaffna	–		Hanguranketha	250.00 – 270.00	260.00	Dambulla	96.00 – 120.00	107.20
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	–	
Dambulla	–		Welimada	375.00 – 385.00	379.00	Embipiliyia	200.00 – 220.00	206.00
Kalawewa	–		Hambantota	–		Matara	200.00 – 230.00	217.50
A'pura	–		Dambulla	380.00 – 410.00	394.00	A'pura	260.00 – 280.00	268.00
<b>Potato</b>			Hanguranketha	380.00 – 410.00	399.00	<b>Ash Plantain</b>		
N'Ellya	280.00 – 290.00	284.00	<b>Vegetable (Low Country)</b>			Hambantota	–	
Badulla	280.00 – 300.00	292.00	<b>Ladies Fingers</b>			Embipiliyia	190.00 – 220.00	208.00
Welimada	265.00 – 270.00	268.00	A'pura	120.00 – 140.00	128.00	Matara	170.00 – 180.00	175.00
<b>Pulses</b>			Dambulla	67.00 – 86.00	77.40	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	180.00 – 210.00	200.00	Matara	–	
Hambantota	–		Embipiliyia	160.00 – 180.00	169.00	<b>Fruits (Rs/Kg)</b>		
Moneragala	650.00 – 700.00	670.00	Matara	130.00 – 150.00	140.00	<b>Banana</b>		
Embipiliyia	500.00 – 600.00	550.00	<b>Brinjal</b>			<b>Ambul</b>		
Nikaweratiya	675.00 – 750.00	706.25	A'pura	300.00 – 320.00	308.00	Moneragala	100.00 – 120.00	108.00
A'pura	600.00 – 650.00	625.00	Dambulla	280.00 – 320.00	300.00	Embipiliyia	70.00 – 100.00	84.00
<b>Cowpea</b>			Matara	–		Hambantota	120.00 – 130.00	125.00
Hambantota	–		Embilipitiyia	300.00 – 330.00	316.00	<b>Kolikuttu</b>		
Nikaweratiya	800.00 – 850.00	818.75	Matara	220.00 – 240.00	232.50	Moneragala	300.00 – 320.00	308.00
Moneragala	800.00 – 900.00	840.00	Wellimada	200.00 – 220.00	211.00	Embilipitiyia	250.00 – 320.00	282.00
Embilipitiyia	850.00 – 900.00	875.00	<b>Capsicum</b>			Hambantota	–	
<b>Maize</b>			Badulla	460.00 – 540.00	506.00	<b>Papaw</b>		
A'pura	130.00 – 135.00	132.50	Wellimada	530.00 – 540.00	534.00	Moneragala	60.00 – 70.00	64.00
Kalawewa	130.00 – 140.00	135.00	<b>Bitter Gourd</b>			Embilipitiyia	75.00 – 100.00	85.00
<b>Gingelly</b>			A'pura	400.00 – 450.00	420.00	Hambantota	110.00 – 120.00	115.00
A'pura	850.00 – 900.00	875.00	Dambulla	350.00 – 370.00	357.50	<b>Pineapple</b>		
Kalawewa	–		Hambantota	–		Divulapitiya	–	
<b>Black Gram</b>			Embilipitiyia	520.00 – 550.00	536.00			
A'pura	900.00 – 950.00	925.00	Matara	400.00 – 440.00	422.50			

## Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 50: 08 - 14 December 2023

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
<u>Local</u>									
Samba 1	-	230.00	260.00	250.00	260.00	230.00	250.00	250.00	230.00
Samba 2	240.00	245.00	-	-	-	-	-	240.00	240.00
Keeri Samba	-	-	-	-	-	-	-	-	-
Nadu 1	-	220.00	220.00	230.00	230.00	220.00	230.00	220.00	220.00
Nadu 2	220.00	220.00	220.00	220.00	-	220.00	220.00	220.00	220.00
Raw (Red)	200.00	210.00	200.00	200.00	200.00	210.00	210.00	200.00	210.00
Raw (White)	210.00	220.00	210.00	220.00	210.00	220.00	220.00	210.00	210.00
<u>Imported</u>									
Samba	-	-	-	-	-	-	-	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<u>Dried Chillies</u>									
Imported	1100.00	1150.00	1300.00	1400.00	1200.00	1400.00	1300.00	1400.00	1200.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	480.00	550.00	640.00	640.00	600.00	640.00	600.00	640.00	560.00
<u>Big Onion</u>									
Imported	400.00	420.00	480.00	480.00	480.00	480.00	480.00	400.00	400.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	380.00	420.00	400.00	440.00	380.00	440.00	400.00	440.00	380.00
Imported	200.00	240.00	230.00	240.00	240.00	240.00	260.00	260.00	220.00
<u>Pulses</u>									
Green Gram	950.00	1100.00	1100.00	1200.00	1000.00	1200.00	1200.00	1200.00	950.00
Cowpea (White)	1200.00	1300.00	1250.00	1300.00	1200.00	1200.00	1300.00	1300.00	1200.00
Cowpea (Red)	1200.00	1300.00	1200.00	1250.00	1200.00	1200.00	1300.00	1300.00	1200.00
Red Dhal	315.00	320.00	340.00	360.00	320.00	360.00	360.00	340.00	320.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 50: 08 - 14 December 2023**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Vegetable</u></b>									
Beans	500.00	-	560.00	640.00	-	720.00	720.00	-	740.00
Carrot	360.00	-	420.00	460.00	-	560.00	500.00	-	520.00
Leeks	300.00	-	360.00	400.00	-	420.00	400.00	-	460.00
Beetroot	500.00	-	560.00	580.00	-	720.00	600.00	-	740.00
Knolkhol	300.00	-	360.00	460.00	-	600.00	-	-	-
Raddish	250.00	-	350.00	400.00	-	480.00	400.00	-	440.00
Cabbage	440.00	-	460.00	540.00	-	600.00	460.00	-	480.00
Tomato	600.00	-	660.00	600.00	-	780.00	800.00	-	800.00
Ladies Fingers	220.00	-	260.00	400.00	-	420.00	400.00	-	420.00
Brinjal	450.00	-	480.00	600.00	-	600.00	500.00	-	450.00
Capsicum	550.00	-	560.00	800.00	-	1000.00	1100.00	-	840.00
Pumpkin	160.00	-	200.00	260.00	-	280.00	240.00	-	280.00
Cucumber	140.00	-	200.00	220.00	-	280.00	240.00	-	280.00
Bitter Gourd	460.00	-	480.00	600.00	-	760.00	600.00	-	800.00
Snake Gourd	250.00	-	360.00	460.00	-	480.00	520.00	-	520.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	360.00	-	460.00	540.00	-	560.00	520.00	-	600.00
Long Beans	250.00	-	350.00	560.00	-	600.00	460.00	-	640.00
Ash Plantain	340.00	-	360.00	460.00	-	480.00	420.00	-	480.00
Green Chillies	1000.00	-	1200.00	1400.00	-	1400.00	1400.00	-	1600.00
Lime	800.00	-	960.00	1200.00	-	1600.00	1100.00	-	1500.00
<b><u>Root Crops</u></b>									
Sweet Potato	140.00	-	160.00	320.00	-	320.00	240.00	-	280.00
Manioc	160.00	-	160.00	220.00	-	240.00	220.00	-	260.00
<b><u>Leafy Vegetable</u></b>									
Mukunuwenna	60.00	-	60.00	80.00	-	80.00	70.00	-	80.00
Kankun	60.00	-	60.00	80.00	-	80.00	80.00	-	80.00
Gotukola	100.00	-	120.00	100.00	-	100.00	90.00	-	100.00
<b><u>Coconut</u></b>									
Large	100.00	-	110.00	120.00	-	120.00	120.00	-	120.00
Small	90.00	-	90.00	90.00	-	100.00	90.00	-	90.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 50: 08 - 14 December 2023**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Plantain</u></b>									
Ambul (Rs/Kg)	100.00	-	150.00	240.00	-	260.00	260.00	-	240.00
Kolikuttu (Rs/Kg)	350.00	-	550.00	500.00	-	540.00	500.00	-	450.00
Seeni (Rs/Kg)	150.00	-	200.00	240.00	-	240.00	250.00	-	250.00
Anamalu	28.00	-	32.00	37.00	-	40.00	43.00	-	37.00
Ambun	36.00	-	41.00	50.00	-	53.00	58.00	-	50.00
<b><u>Pineapple</u></b>									
Large	500.00	-	500.00	580.00	-	600.00	650.00	-	680.00
Medium	450.00	-	450.00	530.00	-	540.00	580.00	-	600.00
30	Small	400.00	-	400.00	500.00	-	500.00	550.00	-
	Mango	-	-	-	-	-	-	-	-
	Betti	-	-	-	-	-	-	-	-
Karthakolomban	65.00	-	80.00	100.00	-	100.00	120.00	-	100.00
Vilad	-	-	-	-	-	-	-	-	-
Kohu	-	-	-	-	-	-	-	-	-
<b><u>Other Fruits</u></b>									
Wood Apple	30.00	-	40.00	60.00	-	68.00	80.00	-	100.00
Orange	-	-	200.00	-	200.00	300.00	200.00	-	210.00
Avocado	-	-	-	200.00	-	200.00	-	180.00	180.00
Slime Apple	100.00	-	120.00	120.00	-	120.00	100.00	-	100.00
Grapes (Rs/Kg)	1600.00	-	1800.00	2000.00	-	2200.00	2000.00	-	2500.00
Papaw (Rs/Kg)	150.00	-	200.00	200.00	-	240.00	260.00	-	250.00
Passion	30.00	-	35.00	65.00	-	65.00	60.00	-	70.00
King Coconut	100.00	-	130.00	150.00	-	150.00	130.00	-	130.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

**Week 50: 08 - 14 December 2023**

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Sea Fish</u></b>									
Salaya	360.00	400.00	400.00	420.00	500.00	500.00	500.00	500.00	500.00
Hurulla	780.00	800.00	700.00	700.00	800.00	800.00	700.00	680.00	680.00
Balaya	900.00	1000.00	-	-	-	1600.00	1600.00	1600.00	1600.00
Kelawalla	1200.00	1300.00	2400.00	2400.00	2000.00	2200.00	1900.00	1800.00	2000.00
Thora	2500.00	2800.00	3000.00	3200.00	3000.00	3200.00	3400.00	2800.00	2600.00
Paraw	1300.00	1500.00	2600.00	2600.00	-	2600.00	2600.00	2000.00	2000.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00	2100.00	2000.00	2000.00	2000.00	2000.00	-	2000.00	2000.00
Talapath	2400.00	2600.00	2800.00	3000.00	2800.00	3000.00	2900.00	2600.00	2800.00
31 <b><u>Eggs (Rs/Egg)</u></b>									
Brown	57.00	57.00	59.00	59.00	59.00	59.00	57.00	57.00	52.00
White	55.00	55.00	57.00	57.00	57.00	57.00	55.00	55.00	50.00
<b><u>Dried Fish</u></b>									
Sprats	1800.00	2000.00	2000.00	2000.00	1800.00	2000.00	2000.00	1800.00	2000.00
Kattawa	1800.00	2000.00	2200.00	2400.00	2000.00	2200.00	2400.00	2000.00	2200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2100.00	2200.00	2400.00	2600.00	2400.00	2500.00	2400.00	-	-
Balaya	1400.00	1400.00	1800.00	1800.00	1800.00	1600.00	1600.00	1600.00	1800.00
Anguluwa	-	2800.00	2800.00	2800.00	2800.00	2400.00	2400.00	-	2400.00
Salaya	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	1000.00	800.00	800.00
<b><u>Meat</u></b>									
Beef (without Bones)	-	2500.00	2500.00	2500.00	2500.00	-	2200.00	2200.00	-
Chicken (Broiler)	1300.00	1300.00	1300.00	1300.00	1300.00	1250.00	1250.00	1180.00	1300.00
Chicken (Curry)	-	-	-	-	-	1380.00	1380.00	1260.00	1260.00
Mutton	-	-	-	3200.00	3200.00	3200.00	3200.00	3200.00	3400.00
Pork	-	1600.00	1600.00	1600.00	1600.00	-	-	-	1300.00

## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>												
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	390	3.67	39.92	-	0.05	0.11	14.86	-				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

**Source:** Sri Lanka Food Composition Tables, Ministry of Health - 2021.

# Price Collecting Areas





HARTI



Ministry of Agriculture

## Food Systems and Market Research Division & Data Management Division

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