

RETAIL MARKET AT A GLANCE**Summary****Rice**

Prices of all local rice varieties except raw red and raw white have increased by Rs.1.00-3.00/kg with the highest price increase for nadu grade I. Average farm gate prices of all paddy varieties have decreased further in all major producing areas.

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Other Field Crops

Prices of imported red onion (Rs.21.00/kg), big onion (Rs.9.00/kg) and local Vedalan (Rs.12.00/kg) have decreased. Prices of local potatoes have increased (Rs.9.00-19.00/kg) while the imported potato has decreased (Rs.20.00/kg). Prices ranged Rs.280.00-400.00/kg for local potato and Rs.130.00-160.00/kg for imported potato.

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**Vegetables**

Prices of most of the up country vegetables have increased, while the prices of low country vegetables have decreased. The highest price range of Rs.360.00-800.00/kg was reported for capsicum, followed by bitter gourd (Rs.350.00-600.00/kg) in Colombo and suburb markets. Considering the up country vegetables, the highest price increase was reported for knol-khol (Rs.21.00/kg), followed by beetroot (Rs.7.00/kg).

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Coconut

Prices of large and small coconut have decreased by Rs.2.00/nut for large nuts and Rs.1.00/nut for small nuts.

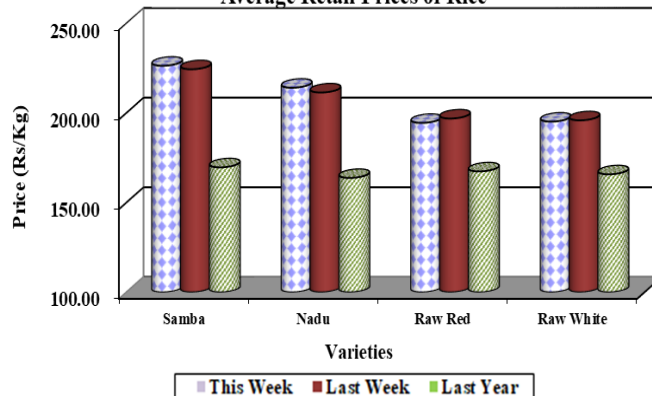
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Eggs

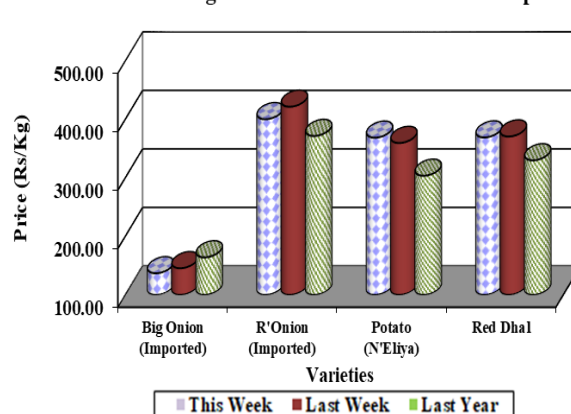
Prices of both brown and white eggs have not changed significantly. Price ranged between Rs.44.00-50.00/egg for white eggs.

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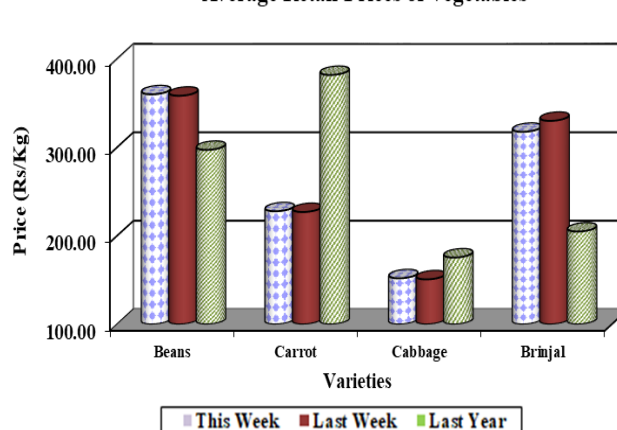
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice**Wholesale**

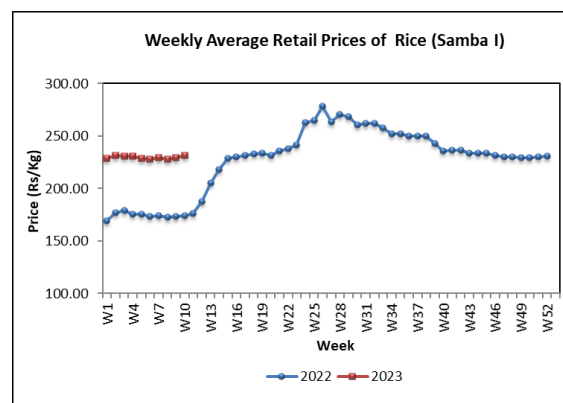
Prices of most of local rice varieties have increased due to decreased supply. Price of grade II samba has increased by 2% and the price ranged Rs.205.00-215.00/kg. Prices of grade I samba, keeri samba, grade II nadu and raw white have increased by 1% and their average prices were Rs.217.00/kg, Rs.246.00/kg, Rs.182.00/kg and Rs.179.00/kg respectively. Meanwhile, the price of raw red has decreased by 3% due to increased supply and the price ranged Rs.160.00-180.00/kg.

Prices of all types of imported rice varieties have increased due to decreased supply. Price of imported ponni samba has increased by 3% and the price ranged between Rs.205.00-210.00/kg. Prices of both imported nadu and raw white have increased by 2% and average prices were Rs.173.00/kg.

Compared to the same period of last year, the wholesale prices of all types of local rice varieties have increased in the range of 3%-36% and the prices of ponni samba, imported raw white and imported nadu have increased by 69%, 63% and 52% respectively.

Retail

Price of raw red and raw white have decreased by Rs.2.00/kg and Rs.1.00/kg respectively while their prices ranged Rs.170.00-210.00/kg and Rs.180.00-210.00/kg respectively. Prices of all other local rice varieties have increased by Rs.1.00-3.00/kg. The highest price increase was reported nadu grade I by Rs.3.00/kg and the price range was Rs.215.00-230.00/kg while price range for nadu grade II was Rs.190.00-210.00/kg. Further, the price of samba ranged between Rs.220.00-240.00/kg and the average price for keeri samba was Rs.260.00/kg.



Price of imported nadu has decreased by Rs.3.00/kg and the price ranged between Rs.190.00-200.00/kg. Price of imported samba and raw white have increased by Rs.4.00/kg and the price ranges were Rs.210.00-230.00/kg and Rs.180.00/kg -200.00/kg respectively.

Compared to the same period of last year, the current retail prices of local rice varieties have increased by 8%-34% while prices of imported rice varieties have increased by 45%-58%.

Paddy

With the commencement of peak harvesting of 2022/2023 maha season, the average farm gate paddy prices have decreased further in most of the major paddy producing areas. Accordingly, the average price of short grain paddy (samba) have decreased by Rs.1.00-6.00/kg and the prices ranged Rs.85.00-110.00/kg. Further, the average price of keeri samba paddy has decreased by Rs.6.00/kg and Rs.1.00/kg in Anuradhapura and Kurunegala areas respectively. However, the price of keeri samba paddy has increased by Rs.3.00/kg and Rs.1.00/kg in Dehiattakandiya and Kalawewa areas due to limited stocks. Its prices ranged between Rs.100.00-130.00/kg. Subsequently, the average price of long grain (white- nadu) paddy has also decreased by Rs.5.00-6.00/kg in Kalawewa and Dehiattakandiya areas. The average farm gate price for long grain white paddy was remained as Rs.80.00-106.00/kg. Further, the average price of long grain red paddy has also decreased by Rs.3.00/kg in Matara producing area and the price ranged between Rs.94.00-

100.00/kg in major producing areas in Southern province. It was observed that supply of both newly harvested and old paddy stocks to the market.

Compared to the same period of last year, the average farm gate paddy prices of all the major paddy varieties have increased by 3%-23%.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased slightly and the price ranged between Rs.950.00-1150.00/kg.

Compared to the same period of last year, the price of imported dried chilies has increased by 25%.

Retail

Price of imported dried chilies has decreased by Rs.62.00/kg and the price ranged between Rs.1100.00-1600.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has increased by 33%.

Onion

Wholesale

Prices of sinnan red onions, vedalan red onions and imported red onions have decreased by 18%, 11% and 6% respectively due to increased supply of both local and imported stocks and their price ranges were Rs.220.00-250.00/kg,

Rs.320.00-340.00/kg and Rs.250.00-290.00/kg respectively.

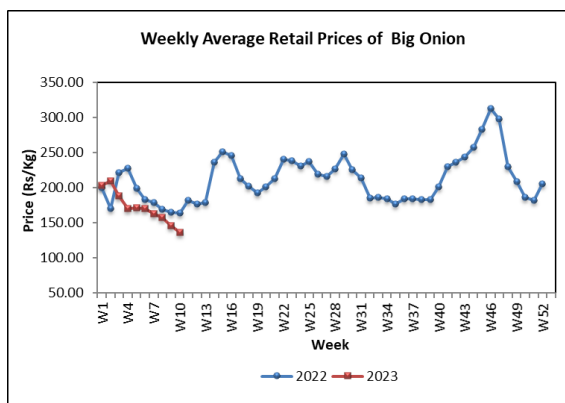
Price of imported big onion has decreased by 7% due to increased supply and the price ranged between Rs.95.00-100.00/kg.

Compared to the same period of last year, the current wholesale prices of all types of red onions have increased in the range of 28%-39% while the price of imported big onion has decreased by 13%.

Retail

Prices of vedalan and imported red onion have decreased by Rs.12.00/kg and Rs.21.00/kg respectively. Prices ranged between Rs.460.00-560.00/kg and Rs.340.00-440.00/kg respectively.

Price of imported big onion has decreased by Rs.9.00/kg and price ranged between Rs.110.00-150.00/kg.



Compared to the same period of last year, the current retail prices of sinnan, vedalan and imported red onions have increased by 29%, 16% and 8% respectively while

price of imported big onion has decreased by 17%.

Potato

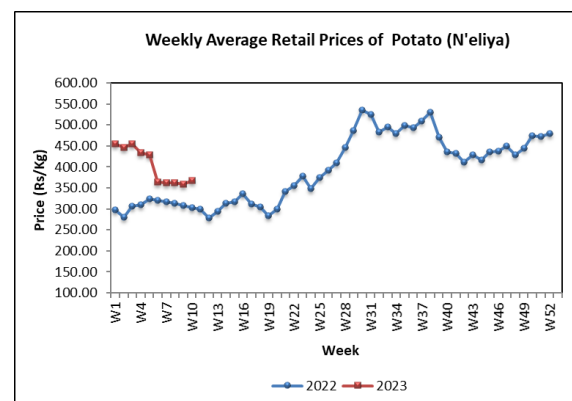
Wholesale

Prices of all types of potatoes have decreased due to increased supply of both local and imported stocks. Prices of imported potato, Welimada potato and Nuwara Eliya potato have decreased by 15%, 5% and 2% respectively and their price ranges were Rs.95.00-110.00/kg, Rs.190.00-200.00/kg and Rs.220.00-230.00/kg respectively.

Compared to the same period of last year, the current wholesale prices of all types of potatoes have increased in the range of 6%-24%.

Retail

Prices of Welimada and Nuwara Eliya potatoes have increased by Rs.19.00/kg and Rs.9.00/kg respectively. Price ranges were Rs.280.00-320.00/kg, and Rs.340.00-400.00/kg respectively. Rs.130.00-160.00/kg.



Price of imported potato has decreased by Rs.21.00/kg and price ranged between

Compared to the same period of last year, the current retail prices of Welimada, Nuwara Eliya and imported potato have increased by 16%, 21% and 7% respectively.

Pulses

Wholesale

Price of white cowpea has decreased by 2% due to increased supply of local stocks and the price ranged between Rs.700.00-950.00/kg. Prices of all types of other pulses have decreased slightly due to increase supply and average prices of green gram, red cowpea and red dhal were Rs.1436.00/kg, Rs.895.00/kg and Rs.336.00/kg respectively.

Compared to the same period of last year, the current wholesale prices of all types of pulses have increased in the range of 11%-127% and the highest price increase was reported for green gram.

Retail

Prices of all pulses have decreased by Rs.1.00-31.00/kg. Price ranges of green gram, white cowpea, red cowpea and red dhal were Rs.1450.00-1600.00/kg, Rs.1100.00-1400/kg, Rs.1000.00-1300.00/kg and Rs.350.00-380.00/kg respectively.

Compared to the same period of last year, the current retail prices all the pulses have increased by 12%-139%.

Vegetable

Wholesale

Prices of most of the upcountry vegetable varieties have increased due to high quality stocks received from Nuwara Eliya areas. However, the prices of most of the low country vegetable varieties have decreased due to increased market supply of maha harvest.

Considering up country vegetables, the highest price increase was reported for beans by 16% due to high quality stocks received from Balangoda area. Further, prices of carrot and cabbage have increased by 7% and 6% respectively. However, the prices of knolkhol, raddish and leeks have decreased by 12%, 4% and 3% respectively.

Meanwhile, the price of tomato has decreased by 6% due to increased market supply from Kandy and Sooriyawewa areas. Further, price of capsicum has decreased by 33% due to increased market supply from Nuwara Eliya and Thalawakele areas.

Considering the low country vegetables, the highest price decrease was reported

for cucumber by 21% due to increased market supply from Embilipitiya area. Further, prices of brinjal, pumpkin, luffa and long beans have decreased in the range of 3%-6%.

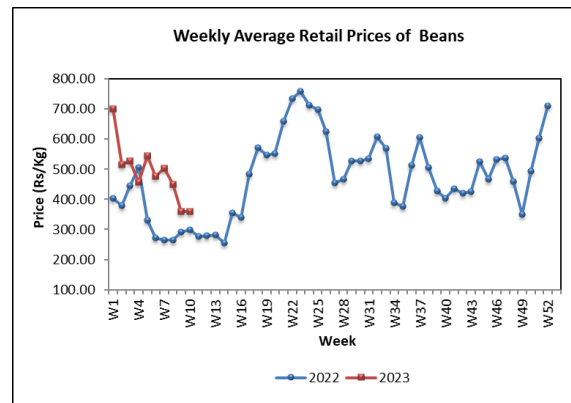
Meanwhile, price of green chilies has decreased by 7% due to increased market supply from Puttalam area. Further, price of lime has decreased by 2%.

Compared to the same period of last year, the current wholesale prices of most of the vegetable varieties have increased with the highest price increase of 356% reported for ladies fingers.

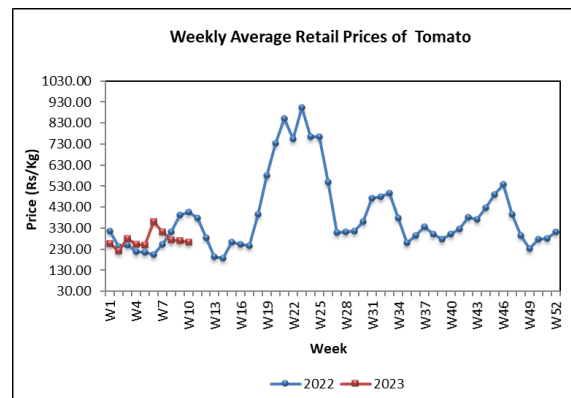
Retail

In line with the fluctuations of wholesale prices, retail prices of most of the up-country varieties have increased and the prices of low country varieties have decreased.

Considering up-country varieties, the highest price increase was reported for knolkhol (Rs.21.00/kg), followed by beetroot (Rs.7.00/kg). Further, price of ladies fingers has increased by Rs.15.0/kg. However, prices of leeks and raddish have decreased by Rs.6.00-9.00/kg.



Prices of tomato and capsicum have decreased by Rs.5.00/kg and Rs.120.00/kg respectively.



Considering low country varieties, the highest price decrease was reported for luffa as Rs.36.00/kg, followed by brinjal as Rs.12.00/kg. Further, prices of cucumber, snake gourd and long beans have decreased by Rs.7.00-15.00/kg. However, price of bitter gourd has increased by Rs.43.00/kg.

Prices of green chilies and lime have decreased by Rs.23.00/kg and Rs.2.00/kg respectively.

Compared to the same period of last year, the current retail prices of most of the varieties have increased and the highest

price increase was reported for ash plantain as 124%.

Coconut

Wholesales

Price of both a large and a small nut have decreased by 1% and 2% respectively. Their prices ranged between Rs.95.00-98.00/nut for a large nut and Rs.85.00-88.00/nut for a small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 27%.

Retail

Prices of large and small nuts have decreased by Rs.1.00/nut and Rs.2.00/nut respectively. Price ranges were Rs.110.00-130.00/nut for a large nut and Rs.90.00-100.00/nut for a small nut.

Compared to the same period of last year, prices of a large and a small nut have increased by 28% and 26% respectively.

Fruits

Wholesale

Prices of most of fruit varieties have increased with limited supply. The highest price increase was reported for all sizes of pineapple in the range of 19%-27% with availability of limited stocks. The price of papaw has increased by 17% as limited stocks received with low production. Prices

of wood apple and slime apple have increased by 11% and price of orange has increased by 8% due to received limited stocks received from Wellawaya, Monaragala and Bibila areas. Further, prices of all banana varieties have increased in the range of 2%-9% with availability of limited stocks and high demand.

However, price of imported grapes has decreased by 14% due to availability of sufficient stocks and low demand. Further, the prices of betti and karthakolomban mango varieties have decreased in the range of 4%-7%

Compared to the same period of last year, the current wholesale prices of all fruit varieties have increased with the highest price increase of 167% was reported for banana- ambul.

Retail

Prices of most of fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.123.00/kg was reported for imported grapes due to availability of quality stocks. Prices of all sizes of pineapple have increased in the range of Rs.63.00-73.00/fruit due to limited supply. Further, prices of mango – karathakolomban and orange have increased by Rs.52.00/fruit

and Rs.14.00/fruit respectively. A price increase of Rs.7.00/kg was reported for papaw due to unavailability of sufficient stocks.

Meanwhile, prices of banana, seeni, kolikuttu and ambul have decreased in the range of Rs.3.00-11.00/kg due to availability of low-quality stocks. Prices of avocado and passionfruit have decreased by Rs.3.00/fruit and Rs.2.00/fruit respectively.

Compared to the same period of last year, the current retail prices of all fruits have increased and the highest price increase was reported for mango- kathakolomban as 183%.

Fresh Fish

Wholesale

Wholesale prices of all the fresh fish types except kelawalla have increased due to decreased wholesale supply. The highest price increase of 20% was noted for mora due to low supply from Northern areas and the price ranged between Rs.980.00-1100.00/kg. Further, the price increase of 16% was noted for thora, salaya and balaya due to low supply from Trincomalee, Mannar and the price ranged between Rs.1600.00-2600.00/kg respectively. Likewise, due to low supply from Northern area, the price ranged between Rs.1000.00-1300.00/kg. In addition, the wholesale prices of shrimps,

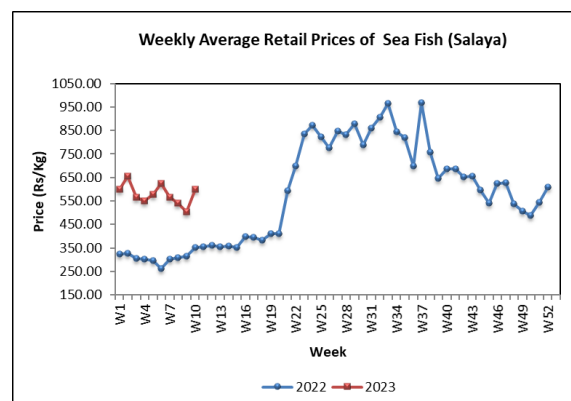
thalapath and hurulla have increased by 1%-5% respectively.

However, a price decrease of 6% was noted for kelawalla due to high supply from Beruwala and Galle areas and the price ranged between Rs.900.00-1200.00/kg.

Compared to the same period of last year, the current wholesale prices of all the fresh fish types except thalapath have increased in the range of 7%-68% and the highest price increase was noted for salaya.

Retail

In line with increased wholesale prices, retail prices of all types of fresh fish have increased due to decreased supply with limited fishing activities. The highest price increase was reported for kelawalla by Rs.206.00/kg. Prices of balaya and paraw have also increased by Rs.140.00/kg and Rs.104.00/kg respectively.



Compared to the same period of last year, the current retail prices of all types of fresh fish have increased between 11%-69% with the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to high supply of local dried fish varieties, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 5% was noted for local balaya due to high supply from Negombo and Beruwala areas and the price ranged between Rs.800.00-920.00/kg. The price decrease of 4% was noted for local maduwa due to high supply from Chilaw and Jaffna areas and the price ranged between Rs.1080.00-1240.00/kg. Further, a price decrease of 3% was noted for local sprats due to high supply from Trincomalee and Mannar areas.

However, a price increase of 2% was noted for local mora due to low supply from Mannar and Negombo areas and the price ranged between Rs.1650.00-1800.00/kg.

Compared to the same period of last year, the current wholesale prices of all dried fish types have increased in the range of 16%-52% and the highest price increase was reported for imported anguluwa.

Retail

Prices of most dried fish varieties have decreased in line with decreased wholesale prices with low demand. The highest price decrease was reported for anguluwa by Rs.100.00/kg. The remaining types have decreased in the range of Rs.3.00-32.00/kg.

However, prices of mora and salaya have increased by Rs.80.00/kg and Rs.33.00/kg respectively due to limited supply.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 29%-51% with the highest price increase reported for anguluwa.

Eggs

Wholesale

Prices of brown and white eggs have not changed significantly and their average prices was Rs.46.00 and Rs.44.00 respectively.

Compared to the same period of last year, the current wholesale prices of both brown and white eggs have increased by 67% and 73% respectively.

Retail

Price of white eggs has not changed significantly and the price ranged between Rs.44.00-50.00. Brown eggs were not

available in retail market due to limited production.

Compared to the same period of last year, the current retail price of white eggs has increased by 82%.

Meat

Retail

Price of mutton has decreased by Rs.29.00/kg with low demand. Price of skin-less curry chicken has also decreased by Rs.7.00/kg. Meanwhile, price of skin-less broiler chicken has increased by Rs.17.00/kg with limited supply.

Compared to the same period of last year, the current wholesale prices of all types of meat have increased in the range of 43%-105% with the highest price increase reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 10: 03 - 09 March 2023

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LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10750 –	11000	10250 –	10750	12000 –	12500	9250 –	9750	9000 –	9250	8000 –	9000	8600 –	9250
Divulapitiya	10500 –	11250	9500 –	10000	12000 –	12400	9250 –	10700	8500 –	9100	8000 –	9000	8250 –	8750
Kurunegala	10500 –	11250	9750 –	10500	11000 –	12750	10000 –	10900	8600 –	9000	10000 –	10500	8500 –	9250
Nikaweratiya	11000 –	11000	9850 –	10000	11250 –	12800	10100 –	10700	8500 –	8750	8000 –	10500	8300 –	8750
Badulla	–		–		–		9500 –	10000	–		8000 –	8250	8000 –	8500
Puttalam	11200 –	11350	–		12500 –	12750	10750 –	10850	8200 –	8500	10500 –	10500	8250 –	8750
Dambulla	10900 –	11000	10000 –	10100	12500 –	12600	10500 –	10600	9400 –	9500	9500 –	9750	8500 –	8750
Anuradhapura	11250 –	11350	–		11500 –	12750	10250 –	10750	9250 –	9500	9750 –	10250	8500 –	9500
Tambuttegama	10900 –	11000	10250 –	10250	–		–		9000 –	9400	–		8500 –	8750
Polonnaruwa	11250 –	11300	–		12700 –	12750	10400 –	10800	–		–		9750 –	9850
Kalutara	10600 –	10750	–		12500 –	12750	–		9250 –	9500	8750 –	9000	9000 –	9250
Ampara	10650 –	11500	–		11250 –	11250	10850 –	10850	8950 –	8950	7900 –	8150	8250 –	8250
Kandy	11000 –	11200	10000 –	10500	12000 –	12250	10000 –	10250	8850 –	9250	9400 –	9750	8600 –	9250
Moneragala	11000 –	11250	–		12250 –	12750	10750 –	10850	–		8250 –	8750	8250 –	8500
Kegalle	–		–		–		–		–		–		–	
Dehiattakandiya	11250 –	11250	–		12750 –	12750	10500 –	10750	–		–		8250 –	9500
Hambantota	11250 –	11250	–		12500 –	12750	–		–		7500 –	7850	7850 –	8250
Matara	11000 –	11100	–		12250 –	12500	9600 –	10000	–		7500 –	8000	7750 –	8100
Galle	11250 –	11250	–		12750 –	12900	10500 –	10500	–		7400 –	7600	8000 –	8500
Meegoda	10500 –	10850	–		11500 –	12500	–		9350 –	9500	7850 –	8500	8600 –	8750
Tissamaharama	–		–		11000 –	11500	–		8500 –	8750	7400 –	8000	7750 –	8000
Embilipitiya	10700 –	10800	10500 –	10600	12150 –	12250	10500 –	10600	–		7350 –	7500	8250 –	8400
Jaffna	10750 –	10900	10400 –	10500	12250 –	12500	10000 –	10500	9000 –	9400	9000 –	9500	–	
Vavuniya	11000 –	11150	–		12000 –	12200	10000 –	10200	9500 –	9600	8750 –	9000	8900 –	9200
Mannar	10500 –	10750	–		11500 –	12000	10500 –	11000	9250 –	9500	8500 –	8750	9000 –	9250
Killinochchi	10500 –	10750	–		12500 –	12750	9700 –	9750	9200 –	9500	8250 –	8750	9000 –	9250
Mullattivu	11000 –	11500	–		12500 –	13000	10750 –	11000	9250 –	9500	7750 –	8250	–	
Batticaloa	10800 –	10850	–		12500 –	12600	–		9500 –	9750	8600 –	8750	8550 –	8750
Trincomalee	10600 –	10750	10000 –	10500	12000 –	12500	–		9000 –	9500	9250 –	10000	8500 –	9250
Galenbindunuwewa	11000 –	11350	–		12250 –	12750	10850 –	10850	9500 –	9750	9250 –	10250	8500 –	8750
Matale	11000 –	11150	10150 –	10250	12400 –	12500	10500 –	10650	9750 –	10000	10000 –	10250	8750 –	9000

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**Week 10: 03 - 09 March 2023**

11

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	225.00 –	240.00	220.00 –	230.00	250.00 –	270.00	215.00 –	230.00	190.00 –	210.00	170.00 –	210.00	180.00 –	210.00
Gampaha	225.00 –	230.00	205.00 –	220.00	240.00 –	260.00	215.00 –	220.00	180.00 –	200.00	200.00 –	210.00	185.00 –	210.00
Kurunegala	220.00 –	230.00	–		260.00 –	260.00	200.00 –	220.00	–		210.00 –	220.00	180.00 –	190.00
Nikaweratiya	230.00 –	230.00	–		240.00 –	260.00	220.00 –	220.00	174.00 –	180.00	210.00 –	220.00	173.00 –	210.00
Dambulla	220.00 –	224.00	205.00 –	210.00	255.00 –	260.00	214.00 –	215.00	190.00 –	200.00	205.00 –	208.00	180.00 –	185.00
Anuradhapura	230.00 –	230.00	–		240.00 –	260.00	210.00 –	220.00	190.00 –	200.00	210.00 –	210.00	175.00 –	200.00
Thambuththegama	230.00 –	235.00	220.00 –	225.00	240.00 –	260.00	220.00 –	225.00	185.00 –	195.00	210.00 –	220.00	180.00 –	190.00
Polonnaruwa	229.00 –	230.00	–		259.00 –	260.00	218.00 –	220.00	210.00 –	215.00	210.00 –	210.00	200.00 –	200.00
Kaluthara	225.00 –	230.00	–		250.00 –	255.00	–		210.00 –	215.00	185.00 –	190.00	190.00 –	195.00
Badulla	–		–		255.00 –	260.00	–		205.00 –	210.00	170.00 –	175.00	175.00 –	180.00
Keppetipola	230.00 –	235.00	220.00 –	225.00	260.00 –	265.00	214.00 –	215.00	196.00 –	200.00	189.00 –	193.00	190.00 –	195.00
Moneragala	230.00 –	230.00	–		250.00 –	260.00	220.00 –	220.00	–		170.00 –	180.00	170.00 –	175.00
Kegalle	230.00 –	230.00	–		255.00 –	260.00	210.00 –	220.00	180.00 –	200.00	210.00 –	220.00	180.00 –	200.00
Ampara	225.00 –	230.00	215.00 –	215.00	–		–		180.00 –	195.00	155.00 –	190.00	165.00 –	170.00
Dehiattakandiya	230.00 –	230.00	–		260.00 –	260.00	215.00 –	220.00	–		–		175.00 –	210.00
Nuwaraeliya	235.00 –	240.00	225.00 –	230.00	265.00 –	270.00	218.00 –	222.00	200.00 –	205.00	190.00 –	193.00	193.00 –	195.00
Kandy	228.00 –	230.00	215.00 –	220.00	250.00 –	260.00	215.00 –	220.00	195.00 –	205.00	195.00 –	205.00	185.00 –	210.00
Puttalam	230.00 –	230.00	–		255.00 –	260.00	210.00 –	220.00	170.00 –	175.00	200.00 –	220.00	160.00 –	180.00
Hambantota	230.00 –	230.00	–		250.00 –	260.00	–		–		155.00 –	165.00	160.00 –	170.00
Rathnapura	225.00 –	230.00	–		–		220.00 –	220.00	194.00 –	200.00	166.00 –	170.00	180.00 –	185.00
Matara	230.00 –	230.00	–		250.00 –	260.00	210.00 –	220.00	–		155.00 –	165.00	160.00 –	175.00
Galle	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		155.00 –	155.00	170.00 –	180.00
Tissamaharama	–		–		–		–		175.00 –	180.00	150.00 –	160.00	160.00 –	165.00
Meegoda (DEC)	225.00 –	230.00	220.00 –	220.00	240.00 –	260.00	–		180.00 –	200.00	170.00 –	180.00	180.00 –	190.00
Embilipitiya	220.00 –	230.00	210.00 –	215.00	250.00 –	260.00	215.00 –	220.00	210.00 –	210.00	154.00 –	160.00	175.00 –	190.00
Jaffna	225.00 –	230.00	220.00 –	220.00	250.00 –	265.00	210.00 –	220.00	190.00 –	200.00	190.00 –	200.00	–	
Vavuniya	228.00 –	230.00	–		250.00 –	255.00	220.00 –	230.00	210.00 –	215.00	190.00 –	200.00	195.00 –	205.00
Mannar	225.00 –	230.00	220.00 –	220.00	250.00 –	260.00	230.00 –	240.00	200.00 –	210.00	190.00 –	200.00	190.00 –	200.00
Killinochchi	225.00 –	230.00	220.00 –	220.00	265.00 –	270.00	215.00 –	215.00	200.00 –	210.00	180.00 –	185.00	190.00 –	200.00
Mullaittivu	230.00 –	240.00	–		260.00 –	270.00	235.00 –	240.00	190.00 –	200.00	160.00 –	170.00	–	
Batticaloa	225.00 –	230.00	220.00 –	220.00	260.00 –	265.00	–		190.00 –	200.00	180.00 –	188.00	184.00 –	188.00
Trincomalee	230.00 –	235.00	220.00 –	225.00	250.00 –	260.00	–		195.00 –	210.00	195.00 –	205.00	180.00 –	192.00
Hanguranketha	225.00 –	230.00	205.00 –	210.00	250.00 –	260.00	210.00 –	220.00	194.00 –	200.00	170.00 –	179.00	180.00 –	205.00
Veyangoda	225.00 –	230.00	220.00 –	220.00	250.00 –	260.00	210.00 –	210.00	190.00 –	200.00	170.00 –	190.00	180.00 –	190.00
Galenbindunuwewa	225.00 –	230.00	–		250.00 –	260.00	220.00 –	220.00	195.00 –	200.00	190.00 –	210.00	175.00 –	180.00
Bandarawela	–		–		–		–		–		–		–	
Matale	226.00 –	235.00	215.00 –	220.00	255.00 –	265.00	210.00 –	220.00	195.00 –	206.00	205.00 –	210.00	190.00 –	200.00

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 10: 03 - 09 March 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	47500 - 57500	12500 - 14500	16000 - 17000	4750 - 5000	4750 - 5500	9500 - 10000	11000 - 11500	70000 - 72500	35000 - 47500	16500 - 17000
Kurunegala	53750 - 61000	-	15000 - 19000	5250 - 5750	5250 - 6000	-	-	75000 - 78750	37500 - 47500	16500 - 17400
Nikaweratiya	53750 - 59000	13000 - 15750	-	5400 - 5750	5750 - 6000	-	-	72500 - 75000	35000 - 40000	16650 - 16800
Dehiattakandiya	56500 - 65000	15000 - 16000	-	5250 - 6250	5250 - 6250	-	-	72500 - 72500	-	16600 - 17500
Dambulla (DEC)	62500 - 65000	13500 - 14000	14000 - 14250	5000 - 5250	5000 - 5500	-	11000 - 11250	72500 - 74000	37500 - 38000	17000 - 17250
Anuradhapura	62500 - 70000	14000 - 17500	-	5500 - 6000	5500 - 6000	-	-	72500 - 80000	37500 - 55000	17000 - 18500
Thambuththegama	57500 - 62500	16000 - 16000	-	5500 - 5650	5400 - 5750	10000 - 11000	-	-	30000 - 32500	16750 - 17250
Polonnaruwa	-	18400 - 18600	-	6250 - 6500	-	-	13250 - 13500	75000 - 75250	-	18000 - 18250
Kaluthara	55000 - 60000	13500 - 14000	-	5250 - 5500	5500 - 5750	11000 - 12000	12000 - 13000	72500 - 75000	47500 - 50000	17000 - 17250
Puttalam	52500 - 64000	-	10000 - 16000	5250 - 5750	5500 - 6500	-	12500 - 13000	70000 - 72500	37000 - 37000	16500 - 17500
Kandy	56250 - 57500	15000 - 15500	-	5250 - 5500	5500 - 5750	10000 - 10250	11000 - 11250	70000 - 72500	45000 - 47500	17000 - 17250
Matara	61500 - 63000	15250 - 16500	-	5400 - 5500	6250 - 6750	-	-	65000 - 69000	53500 - 55000	17500 - 18250
Hambantota	60000 - 65000	16000 - 16500	-	5500 - 5750	5750 - 6000	-	-	67500 - 72500	-	17000 - 17500
Kegalle	62500 - 63500	15000 - 15150	-	5500 - 5650	5500 - 5650	-	12850 - 13000	76500 - 77500	55000 - 56000	17500 - 19500
Galle	65000 - 70000	20000 - 20000	-	5500 - 5750	6000 - 6000	-	-	73750 - 78750	-	17000 - 17500
Tissamaharama	62500 - 70000	15000 - 17500	-	5750 - 6500	6000 - 6500	-	-	67500 - 70000	-	17500 - 18000
Meegoda (DEC)	55000 - 58000	14000 - 15000	-	4900 - 5250	4900 - 5250	-	11000 - 12000	70000 - 76500	44500 - 47500	16500 - 17000
Jaffna	60000 - 67500	14000 - 16000	12500 - 15000	5250 - 5500	5250 - 5500	-	-	72500 - 75000	-	16500 - 16500
Vavuniya	71500 - 72600	-	-	6000 - 6250	5600 - 6250	-	-	74000 - 75000	-	16900 - 17000
Mannar	59000 - 61000	12500 - 13500	-	6000 - 6400	6000 - 6400	-	-	70000 - 71000	-	17400 - 17750
Killinochchi	60000 - 62000	-	-	6000 - 6500	6000 - 6500	-	-	73000 - 75000	-	17500 - 18000
Mullattivu	62500 - 65000	-	-	6000 - 6500	6000 - 6500	-	-	70000 - 72500	42500 - 45000	17500 - 18000
Batticaloa	67000 - 67500	-	-	6000 - 6150	6400 - 6500	-	17500 - 17600	76000 - 76150	42500 - 43000	17500 - 17600
Trincomalee	66000 - 67500	-	-	6750 - 7250	6750 - 6900	-	-	74000 - 75500	-	18000 - 19000
Galenbindunuwewa	60000 - 62500	15000 - 17500	-	6500 - 6750	6500 - 6750	-	-	72500 - 77000	35000 - 45000	17000 - 18000
Matale	58500 - 62500	14500 - 15000	-	5400 - 5500	5250 - 5500	-	-	70000 - 72500	45000 - 47500	17250 - 17750

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 10: 03 - 09 March 2023

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1100.00 - 1600.00	340.00 - 440.00	460.00 - 560.00	110.00 - 150.00	130.00 - 160.00	280.00 - 320.00	340.00 - 400.00	1450.00 - 1600.00	1100.00 - 1400.00	350.00 - 380.00
Gampaha	1200.00 - 1300.00	400.00 - 480.00	-	140.00 - 160.00	150.00 - 160.00	320.00 - 320.00	360.00 - 360.00	1400.00 - 1480.00	1300.00 - 1300.00	360.00 - 400.00
Kurunegala	1400.00 - 1500.00	400.00 - 480.00	-	150.00 - 160.00	150.00 - 160.00	300.00 - 340.00	-	1600.00 - 1700.00	1200.00 - 1200.00	380.00 - 400.00
Nikaweratiya	1300.00 - 1400.00	380.00 - 480.00	-	135.00 - 140.00	140.00 - 150.00	-	-	1500.00 - 1650.00	900.00 - 1100.00	360.00 - 370.00
Dambulla	1400.00 - 1450.00	380.00 - 400.00	-	130.00 - 140.00	130.00 - 150.00	-	-	1500.00 - 1600.00	900.00 - 1000.00	350.00 - 380.00
Anuradhapura	1400.00 - 1500.00	320.00 - 400.00	-	140.00 - 160.00	140.00 - 160.00	-	-	1500.00 - 1650.00	800.00 - 1200.00	350.00 - 390.00
Thambuththegama	1350.00 - 1450.00	-	-	125.00 - 140.00	125.00 - 150.00	-	-	1600.00 - 1600.00	700.00 - 800.00	350.00 - 365.00
Polonnaruwa	1300.00 - 1470.00	360.00 - 380.00	-	140.00 - 150.00	160.00 - 170.00	280.00 - 300.00	-	1550.00 - 1580.00	1300.00 - 1350.00	370.00 - 380.00
Kaluthara	1400.00 - 1500.00	360.00 - 380.00	-	120.00 - 130.00	130.00 - 140.00	270.00 - 300.00	-	1560.00 - 1600.00	1200.00 - 1250.00	360.00 - 380.00
Badulla	1300.00 - 1350.00	400.00 - 480.00	-	130.00 - 140.00	160.00 - 180.00	240.00 - 280.00	-	1600.00 - 1600.00	950.00 - 1200.00	380.00 - 400.00
Keppetipola	1260.00 - 1300.00	340.00 - 380.00	-	130.00 - 150.00	180.00 - 200.00	240.00 - 250.00	-	1500.00 - 1550.00	1050.00 - 1100.00	365.00 - 370.00
Moneragala	1300.00 - 1400.00	360.00 - 400.00	-	140.00 - 160.00	140.00 - 160.00	300.00 - 320.00	-	1600.00 - 1650.00	800.00 - 1000.00	350.00 - 380.00
Kegalle	1280.00 - 1320.00	350.00 - 380.00	-	135.00 - 150.00	140.00 - 160.00	300.00 - 330.00	-	1550.00 - 1580.00	980.00 - 1150.00	355.00 - 400.00
Ampara	1250.00 - 1400.00	320.00 - 400.00	-	125.00 - 150.00	130.00 - 150.00	280.00 - 320.00	-	1560.00 - 1600.00	850.00 - 1300.00	350.00 - 365.00
Dehiattakandiya	1250.00 - 1400.00	320.00 - 350.00	500.00 - 500.00	120.00 - 140.00	130.00 - 140.00	-	-	1600.00 - 1600.00	-	350.00 - 370.00
Nuwaraeliya	1250.00 - 1300.00	320.00 - 380.00	-	130.00 - 140.00	180.00 - 200.00	-	250.00 - 260.00	1600.00 - 1650.00	1050.00 - 1100.00	370.00 - 380.00
Kandy	1320.00 - 1400.00	440.00 - 480.00	-	140.00 - 150.00	150.00 - 160.00	300.00 - 320.00	340.00 - 360.00	1500.00 - 1600.00	1200.00 - 1250.00	360.00 - 370.00
Puttalam	1200.00 - 1400.00	-	440.00 - 520.00	150.00 - 170.00	150.00 - 180.00	300.00 - 320.00	340.00 - 350.00	1550.00 - 1600.00	720.00 - 850.00	350.00 - 360.00
Rathnapura	1300.00 - 1350.00	340.00 - 360.00	-	130.00 - 140.00	140.00 - 150.00	-	-	1450.00 - 1500.00	1100.00 - 1200.00	370.00 - 375.00
Hambantota	1350.00 - 1450.00	350.00 - 360.00	-	125.00 - 130.00	140.00 - 160.00	-	-	1450.00 - 1500.00	1350.00 - 1400.00	360.00 - 380.00
Matara	1300.00 - 1400.00	360.00 - 400.00	-	120.00 - 130.00	140.00 - 160.00	300.00 - 340.00	-	1400.00 - 1600.00	1100.00 - 1250.00	360.00 - 390.00
Galle	1400.00 - 1500.00	460.00 - 500.00	-	130.00 - 140.00	130.00 - 160.00	-	340.00 - 400.00	1550.00 - 1600.00	1300.00 - 1300.00	360.00 - 380.00
Tissamaharama	1300.00 - 1500.00	340.00 - 380.00	-	125.00 - 140.00	130.00 - 150.00	270.00 - 270.00	-	1450.00 - 1500.00	-	360.00 - 370.00
Meegoda (DEC)	1250.00 - 1600.00	400.00 - 480.00	-	120.00 - 130.00	140.00 - 150.00	280.00 - 320.00	-	1500.00 - 1600.00	1000.00 - 1300.00	350.00 - 380.00
Embilipitiya	1350.00 - 1450.00	350.00 - 400.00	-	130.00 - 150.00	140.00 - 160.00	280.00 - 300.00	-	1400.00 - 1500.00	1050.00 - 1100.00	354.00 - 390.00
Jaffna	1350.00 - 1500.00	-	300.00 - 350.00	120.00 - 130.00	130.00 - 130.00	-	-	1500.00 - 1600.00	-	350.00 - 380.00
Vavuniya	1500.00 - 1620.00	350.00 - 400.00	-	145.00 - 160.00	140.00 - 145.00	-	-	1600.00 - 1650.00	-	350.00 - 355.00
Mannar	1300.00 - 1400.00	480.00 - 550.00	-	140.00 - 150.00	140.00 - 150.00	-	-	1450.00 - 1550.00	-	359.00 - 380.00
Killinochchi	1300.00 - 1350.00	-	-	150.00 - 160.00	150.00 - 160.00	-	-	1540.00 - 1560.00	-	370.00 - 380.00
Mullaittivu	1350.00 - 1400.00	-	-	-	150.00 - 160.00	-	-	1450.00 - 1500.00	900.00 - 950.00	370.00 - 400.00
Batticaloa	1300.00 - 1350.00	-	560.00 - 600.00	140.00 - 160.00	150.00 - 160.00	-	380.00 - 400.00	1540.00 - 1560.00	900.00 - 930.00	370.00 - 380.00
Trincomalee	1400.00 - 1480.00	-	-	145.00 - 160.00	140.00 - 160.00	-	-	1550.00 - 1650.00	1330.00 - 1400.00	370.00 - 390.00
Hanguranketha	1250.00 - 1400.00	380.00 - 450.00	500.00 - 500.00	125.00 - 140.00	130.00 - 160.00	300.00 - 300.00	350.00 - 350.00	1560.00 - 1600.00	980.00 - 1100.00	350.00 - 360.00
Veyangoda	1200.00 - 1300.00	400.00 - 480.00	-	120.00 - 140.00	130.00 - 160.00	320.00 - 320.00	380.00 - 380.00	1500.00 - 1600.00	1000.00 - 1040.00	360.00 - 390.00
Galenbindunuwewa	1250.00 - 1300.00	320.00 - 380.00	-	140.00 - 150.00	140.00 - 150.00	-	-	1500.00 - 1560.00	750.00 - 1000.00	350.00 - 370.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	1300.00 - 1400.00	360.00 - 380.00	-	125.00 - 130.00	130.00 - 140.00	320.00 - 340.00	-	1500.00 - 1650.00	1060.00 - 1100.00	350.00 - 380.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 10: 03 - 09 March 2023**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	200.00 - 350.00	100.00 - 120.00	150.00 - 170.00	160.00 - 200.00	120.00 - 140.00
Meegoda (DEC)	-	230.00 - 280.00	120.00 - 180.00	150.00 - 200.00	160.00 - 190.00	150.00 - 170.00
Dambulla (DEC)	-	180.00 - 230.00	80.00 - 120.00	150.00 - 170.00	150.00 - 180.00	100.00 - 120.00
Keppetipola (DEC)	-	180.00 - 200.00	70.00 - 80.00	130.00 - 140.00	140.00 - 150.00	80.00 - 100.00
Norochchole (DEC)	-	-	-	-	130.00 - 160.00	-
Nuwara Eliya	-	200.00 - 210.00	120.00 - 130.00	130.00 - 140.00	140.00 - 150.00	100.00 - 110.00
Kandy	-	200.00 - 220.00	100.00 - 110.00	150.00 - 160.00	160.00 - 180.00	120.00 - 130.00
Hambantota	-	200.00 - 240.00	160.00 - 220.00	180.00 - 230.00	180.00 - 220.00	160.00 - 220.00
Thambuththegama (DEC)	-	220.00 - 250.00	120.00 - 140.00	160.00 - 180.00	155.00 - 170.00	90.00 - 120.00
Jaffna	-	170.00 - 190.00	130.00 - 160.00	180.00 - 220.00	190.00 - 210.00	-
Bandarawela	-	-	-	-	-	-
Veyangoda	-	220.00 - 240.00	100.00 - 140.00	150.00 - 180.00	140.00 - 200.00	130.00 - 160.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 70.00	40.00 - 60.00	130.00 - 160.00	200.00 - 220.00	170.00 - 230.00	330.00 - 450.00
Meegoda (DEC)	60.00 - 90.00	90.00 - 120.00	140.00 - 160.00	200.00 - 230.00	230.00 - 280.00	400.00 - 420.00
Moneragala	80.00 - 100.00	60.00 - 80.00	170.00 - 180.00	170.00 - 220.00	200.00 - 220.00	450.00 - 550.00
Dambulla (DEC)	45.00 - 60.00	45.00 - 60.00	100.00 - 120.00	150.00 - 180.00	180.00 - 220.00	300.00 - 350.00
Keppetipola (DEC)	30.00 - 35.00	30.00 - 40.00	120.00 - 140.00	180.00 - 190.00	240.00 - 250.00	420.00 - 450.00
Norochchole (DEC)	30.00 - 50.00	30.00 - 50.00	140.00 - 160.00	150.00 - 200.00	150.00 - 200.00	300.00 - 420.00
Nuwara Eliya	70.00 - 80.00	70.00 - 80.00	120.00 - 140.00	190.00 - 200.00	250.00 - 260.00	440.00 - 460.00
Kandy	40.00 - 60.00	30.00 - 70.00	140.00 - 150.00	200.00 - 210.00	220.00 - 250.00	450.00 - 470.00
Hambantota	80.00 - 100.00	100.00 - 120.00	140.00 - 150.00	180.00 - 240.00	200.00 - 210.00	450.00 - 500.00
Thambuththegama (DEC)	50.00 - 70.00	40.00 - 60.00	100.00 - 130.00	120.00 - 140.00	150.00 - 200.00	300.00 - 400.00
Tissamaharama	50.00 - 70.00	100.00 - 120.00	150.00 - 180.00	150.00 - 180.00	100.00 - 180.00	400.00 - 450.00
Jaffna	80.00 - 90.00	75.00 - 90.00	100.00 - 120.00	250.00 - 300.00	200.00 - 220.00	280.00 - 340.00
Bandarawela	-	-	-	-	-	-
Veyangoda	40.00 - 50.00	50.00 - 60.00	140.00 - 160.00	220.00 - 240.00	220.00 - 260.00	350.00 - 400.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	45.00 - 60.00	80.00 - 110.00	280.00 - 300.00	120.00 - 170.00	-	200.00 - 250.00
Meegoda (DEC)	70.00 - 90.00	70.00 - 120.00	300.00 - 380.00	100.00 - 130.00	-	210.00 - 270.00
Moneragala	70.00 - 80.00	100.00 - 130.00	380.00 - 400.00	200.00 - 240.00	-	220.00 - 240.00
Dambulla (DEC)	50.00 - 60.00	50.00 - 60.00	280.00 - 320.00	120.00 - 130.00	-	150.00 - 160.00
Keppetipola (DEC)	50.00 - 60.00	100.00 - 120.00	290.00 - 310.00	110.00 - 120.00	-	200.00 - 220.00
Norochchole (DEC)	80.00 - 100.00	60.00 - 100.00	300.00 - 350.00	120.00 - 150.00	-	120.00 - 160.00
Nuwara Eliya	55.00 - 65.00	110.00 - 120.00	300.00 - 320.00	120.00 - 130.00	-	210.00 - 230.00
Kandy	60.00 - 70.00	70.00 - 80.00	280.00 - 320.00	170.00 - 180.00	-	220.00 - 240.00
Hambantota	80.00 - 110.00	100.00 - 130.00	350.00 - 450.00	200.00 - 250.00	-	200.00 - 250.00
Thambuththegama (DEC)	35.00 - 60.00	30.00 - 40.00	250.00 - 300.00	100.00 - 130.00	-	160.00 - 200.00
Tissamaharama	50.00 - 70.00	70.00 - 90.00	300.00 - 330.00	100.00 - 140.00	300.00 - 320.00	200.00 - 230.00
Jaffna	50.00 - 70.00	100.00 - 130.00	280.00 - 300.00	150.00 - 180.00	##### - #####	-
Bandarawela	-	-	-	-	-	-
Veyangoda	65.00 - 75.00	80.00 - 90.00	330.00 - 380.00	150.00 - 180.00	-	170.00 - 220.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 140.00	200.00 - 220.00	250.00 - 400.00	100.00 - 120.00	80.00 - 100.00	150.00 - 160.00
Meegoda (DEC)	120.00 - 180.00	200.00 - 230.00	380.00 - 400.00	140.00 - 170.00	90.00 - 100.00	-
Moneragala	180.00 - 220.00	110.00 - 120.00	350.00 - 400.00	100.00 - 120.00	100.00 - 120.00	-
Dambulla (DEC)	100.00 - 150.00	150.00 - 180.00	300.00 - 350.00	100.00 - 110.00	70.00 - 85.00	130.00 - 140.00
Keppetipola (DEC)	120.00 - 130.00	180.00 - 190.00	340.00 - 360.00	120.00 - 140.00	90.00 - 100.00	130.00 - 140.00
Norochchole (DEC)	80.00 - 120.00	100.00 - 150.00	300.00 - 350.00	100.00 - 150.00	120.00 - 150.00	140.00 - 160.00
Nuwara Eliya	130.00 - 140.00	190.00 - 200.00	340.00 - 360.00	140.00 - 150.00	100.00 - 120.00	140.00 - 150.00
Kandy	120.00 - 140.00	180.00 - 200.00	350.00 - 370.00	130.00 - 150.00	85.00 - 100.00	150.00 - 160.00
Hambantota	120.00 - 180.00	120.00 - 150.00	400.00 - 460.00	100.00 - 150.00	140.00 - 160.00	150.00 - 200.00
Thambuththegama (DEC)	110.00 - 140.00	140.00 - 180.00	300.00 - 360.00	90.00 - 120.00	60.00 - 90.00	110.00 - 130.00
Tissamaharama	80.00 - 100.00	150.00 - 170.00	250.00 - 280.00	60.00 - 80.00	140.00 - 150.00	120.00 - 130.00
Jaffna	250.00 - 280.00	100.00 - 120.00	250.00 - 300.00	160.00 - 180.00	120.00 - 150.00	120.00 - 150.00
Bandarawela	-	-	-	-	-	-
Veyangoda	130.00 - 140.00	180.00 - 220.00	360.00 - 400.00	130.00 - 150.00	85.00 - 110.00	130.00 - 140.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 50.00	40.00 - 50.00	220.00 - 230.00	95.00 - 98.00	85.00 - 88.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	100.00 - 110.00	90.00 - 95.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	95.00 - 105.00	85.00 - 92.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	30.00 - 30.00	20.00 - 25.00	80.00 - 85.00	68.00 - 70.00
Kandy	40.00 - 45.00	45.00 - 50.00	200.00 - 210.00	95.00 - 98.00	75.00 - 80.00
Hambantota	50.00 - 50.00	50.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	80.00 - 85.00	70.00 - 75.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	90.00 - 95.00	60.00 - 65.00
Jaffna	70.00 - 80.00	30.00 - 35.00	120.00 - 150.00	75.00 - 80.00	45.00 - 50.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	90.00 - 95.00	60.00 - 65.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	51.00 - 60.00	95.00 - 100.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 10: 03 - 09 March 2023

	LOCATIONS	Up Country Varieties																								
		Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato								
16	Colombo	-	260.00	-	450.00	140.00	-	280.00	200.00	-	320.00	200.00	-	360.00	200.00	-	320.00	80.00	-	200.00	80.00	-	200.00	200.00	-	320.00
	Gampaha	-	320.00	-	400.00	160.00	-	240.00	240.00	-	320.00	240.00	-	320.00	360.00	-	360.00	160.00	-	200.00	120.00	-	160.00	240.00	-	320.00
	Kurunegala	-	360.00	-	400.00	260.00	-	280.00	280.00	-	320.00	280.00	-	320.00	280.00	-	320.00	200.00	-	240.00	140.00	-	160.00	260.00	-	320.00
	Nikaweratiya	-	360.00	-	400.00	240.00	-	320.00	280.00	-	360.00	280.00	-	320.00	280.00	-	320.00	160.00	-	200.00	120.00	-	160.00	280.00	-	320.00
	Dambulla	-	320.00	-	360.00	180.00	-	200.00	260.00	-	280.00	280.00	-	320.00	200.00	-	240.00	140.00	-	160.00	140.00	-	160.00	280.00	-	320.00
	Anuradhapura	-	320.00	-	400.00	240.00	-	280.00	280.00	-	360.00	240.00	-	360.00	180.00	-	200.00	140.00	-	180.00	120.00	-	160.00	200.00	-	320.00
	Thambuththegama	-	320.00	-	360.00	150.00	-	200.00	180.00	-	240.00	200.00	-	240.00	140.00	-	180.00	100.00	-	160.00	100.00	-	160.00	180.00	-	240.00
	Polonnaruwa	-	320.00	-	340.00	200.00	-	240.00	240.00	-	260.00	240.00	-	260.00	200.00	-	220.00	120.00	-	140.00	220.00	-	240.00	220.00	-	250.00
	Kaluthara	-	360.00	-	380.00	180.00	-	200.00	300.00	-	320.00	240.00	-	260.00	200.00	-	220.00	160.00	-	180.00	140.00	-	160.00	240.00	-	260.00
	Badulla	-	280.00	-	320.00	160.00	-	200.00	280.00	-	320.00	240.00	-	320.00	200.00	-	240.00	100.00	-	140.00	100.00	-	120.00	200.00	-	240.00
	Keppetipola	-	250.00	-	260.00	150.00	-	170.00	240.00	-	250.00	250.00	-	260.00	180.00	-	200.00	100.00	-	110.00	130.00	-	140.00	250.00	-	260.00
	Moneragala	-	300.00	-	320.00	200.00	-	260.00	300.00	-	320.00	300.00	-	320.00	-	-	-	120.00	-	180.00	140.00	-	160.00	240.00	-	320.00
	Kegalle	-	340.00	-	360.00	260.00	-	280.00	300.00	-	320.00	300.00	-	320.00	260.00	-	280.00	180.00	-	200.00	140.00	-	160.00	300.00	-	320.00
	Ampara	-	300.00	-	320.00	200.00	-	260.00	280.00	-	300.00	280.00	-	300.00	220.00	-	220.00	140.00	-	160.00	140.00	-	180.00	280.00	-	280.00
	Dehiattakandiya	-	300.00	-	400.00	200.00	-	300.00	300.00	-	320.00	200.00	-	300.00	300.00	-	320.00	120.00	-	180.00	120.00	-	160.00	200.00	-	260.00
	Nuwaraeliya	-	290.00	-	300.00	200.00	-	220.00	220.00	-	240.00	220.00	-	230.00	200.00	-	220.00	150.00	-	160.00	180.00	-	200.00	240.00	-	260.00
	Kandy	-	360.00	-	400.00	200.00	-	240.00	240.00	-	280.00	260.00	-	300.00	240.00	-	260.00	120.00	-	140.00	100.00	-	140.00	240.00	-	260.00
	Puttalam	-	400.00	-	440.00	280.00	-	320.00	300.00	-	340.00	280.00	-	340.00	-	-	-	200.00	-	240.00	180.00	-	220.00	280.00	-	340.00
	Hambantota	-	280.00	-	320.00	240.00	-	300.00	260.00	-	320.00	280.00	-	320.00	240.00	-	280.00	120.00	-	140.00	110.00	-	140.00	200.00	-	240.00
	Rathnapura	-	300.00	-	320.00	200.00	-	220.00	250.00	-	270.00	290.00	-	310.00	-	-	-	120.00	-	130.00	120.00	-	130.00	250.00	-	280.00
	Matara	-	300.00	-	320.00	220.00	-	250.00	280.00	-	320.00	300.00	-	320.00	220.00	-	240.00	100.00	-	140.00	120.00	-	140.00	200.00	-	240.00
	Galle	-	380.00	-	400.00	220.00	-	260.00	280.00	-	320.00	350.00	-	360.00	-	-	-	160.00	-	200.00	200.00	-	220.00	200.00	-	240.00
	Tissamaharama	-	280.00	-	320.00	180.00	-	220.00	220.00	-	230.00	240.00	-	270.00	200.00	-	230.00	90.00	-	120.00	120.00	-	140.00	200.00	-	230.00
	Meegoda (DEC)	-	320.00	-	440.00	240.00	-	300.00	250.00	-	320.00	300.00	-	360.00	260.00	-	320.00	160.00	-	200.00	160.00	-	220.00	240.00	-	320.00
	Embilipitiya	-	380.00	-	440.00	200.00	-	240.00	240.00	-	280.00	200.00	-	250.00	200.00	-	240.00	140.00	-	200.00	150.00	-	200.00	200.00	-	280.00
	Jaffna	-	200.00	-	250.00	160.00	-	200.00	240.00	-	280.00	220.00	-	250.00	-	-	-	90.00	-	100.00	90.00	-	110.00	130.00	-	150.00
	Vavuniya	-	250.00	-	300.00	250.00	-	300.00	280.00	-	320.00	300.00	-	320.00	200.00	-	240.00	150.00	-	160.00	100.00	-	150.00	150.00	-	200.00
	Mannar	-	400.00	-	440.00	300.00	-	340.00	320.00	-	360.00	300.00	-	340.00	250.00	-	280.00	150.00	-	200.00	200.00	-	240.00	240.00	-	280.00
	Killinochchi	-	300.00	-	340.00	240.00	-	260.00	280.00	-	320.00	240.00	-	260.00	-	-	-	200.00	-	220.00	120.00	-	140.00	200.00	-	240.00
	Mullaittivu	-	300.00	-	350.00	240.00	-	260.00	260.00	-	300.00	280.00	-	300.00	-	-	-	-	-	-	120.00	-	140.00	220.00	-	240.00
Batticaloa	-	360.00	-	400.00	240.00	-	260.00	300.00	-	320.00	300.00	-	330.00	280.00	-	320.00	140.00	-	160.00	140.00	-	160.00	260.00	-	280.00	
Trincomalee	-	390.00	-	440.00	180.00	-	220.00	250.00	-	300.00	230.00	-	270.00	240.00	-	260.00	100.00	-	130.00	100.00	-	140.00	220.00	-	250.00	
Hanguranketha	-	260.00	-	280.00	140.00	-	160.00	200.00	-	230.00	240.00	-	250.00	140.00	-	180.00	55.00	-	70.00	65.00	-	80.00	160.00	-	180.00	
Veyangoda	-	320.00	-	340.00	220.00	-	260.00	280.00	-	320.00	240.00	-	300.00	240.00	-	260.00	120.00	-	160.00	120.00	-	140.00	280.00	-	320.00	
Galenbindunuwewa	-	320.00	-	360.00	220.00	-	240.00	280.00	-	320.00	240.00	-	320.00	200.00	-	220.00	120.00	-	140.00	120.00	-	140.00	200.00	-	220.00	
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Matale	-	280.00	-	360.00	200.00	-	260.00	240.00	-	260.00	320.00	-	350.00	240.00	-	320.00	100.00	-	120.00	80.00	-	100.00	160.00	-	240.00	

Table 07 (Contd.)

LOCATIONS	Low Country Varieties																			
	Ladies Fingers		Brinjal		Capsicum		Pumpkin		Cucumber		Bitter Gourd		Snake Gourd		Drumstick		Luffa		Long Beans	
Colombo	220.00	360.00	200.00	400.00	360.00	800.00	80.00	200.00	100.00	240.00	350.00	600.00	180.00	320.00	-	-	280.00	400.00	150.00	360.00
Gampaha	240.00	320.00	240.00	320.00	480.00	600.00	120.00	160.00	160.00	200.00	480.00	480.00	240.00	320.00	-	-	400.00	420.00	240.00	320.00
Kurunegala	280.00	320.00	320.00	360.00	500.00	600.00	120.00	140.00	160.00	200.00	400.00	480.00	280.00	320.00	-	-	360.00	400.00	280.00	320.00
Nikaweratiya	280.00	320.00	320.00	360.00	600.00	800.00	140.00	160.00	160.00	200.00	400.00	480.00	240.00	320.00	-	-	320.00	360.00	200.00	240.00
Dambulla	280.00	320.00	340.00	360.00	560.00	640.00	100.00	140.00	160.00	180.00	440.00	480.00	200.00	260.00	-	-	280.00	320.00	200.00	240.00
Anuradhapura	240.00	280.00	300.00	360.00	600.00	650.00	120.00	160.00	120.00	180.00	400.00	560.00	240.00	280.00	-	-	300.00	360.00	180.00	240.00
Thambuththegama	160.00	220.00	200.00	300.00	480.00	600.00	80.00	140.00	80.00	120.00	350.00	400.00	160.00	200.00	-	-	250.00	280.00	160.00	200.00
Polonnaruwa	260.00	280.00	300.00	340.00	420.00	440.00	110.00	130.00	100.00	120.00	380.00	420.00	180.00	200.00	-	-	240.00	260.00	220.00	240.00
Kaluthara	280.00	300.00	320.00	340.00	680.00	700.00	140.00	160.00	120.00	140.00	520.00	540.00	240.00	260.00	-	-	300.00	330.00	240.00	260.00
Badulla	300.00	320.00	320.00	360.00	560.00	600.00	120.00	140.00	200.00	240.00	400.00	440.00	280.00	320.00	-	-	360.00	400.00	240.00	280.00
Keppetipola	280.00	300.00	300.00	320.00	560.00	580.00	130.00	150.00	180.00	200.00	380.00	400.00	200.00	220.00	-	-	280.00	300.00	210.00	220.00
Moneragala	240.00	320.00	280.00	320.00	640.00	700.00	120.00	160.00	180.00	200.00	480.00	520.00	240.00	320.00	-	-	280.00	320.00	240.00	260.00
Kegalle	300.00	320.00	340.00	360.00	580.00	600.00	140.00	160.00	160.00	200.00	460.00	480.00	290.00	320.00	-	-	340.00	360.00	260.00	280.00
Ampara	320.00	320.00	320.00	360.00	600.00	720.00	120.00	160.00	200.00	240.00	360.00	400.00	280.00	280.00	-	-	280.00	340.00	200.00	340.00
Dehiattakandiya	240.00	320.00	200.00	320.00	400.00	720.00	100.00	160.00	120.00	180.00	400.00	480.00	200.00	240.00	-	-	300.00	320.00	150.00	200.00
Nuwaraeliya	260.00	280.00	320.00	340.00	600.00	650.00	150.00	160.00	180.00	200.00	400.00	420.00	220.00	240.00	-	-	280.00	300.00	220.00	230.00
Kandy	300.00	320.00	320.00	360.00	650.00	700.00	120.00	140.00	160.00	180.00	360.00	400.00	240.00	280.00	-	-	320.00	360.00	240.00	260.00
Puttalam	260.00	320.00	380.00	400.00	600.00	650.00	160.00	200.00	160.00	200.00	480.00	530.00	280.00	320.00	-	-	400.00	440.00	200.00	320.00
Rathnapura	220.00	240.00	320.00	330.00	580.00	620.00	130.00	160.00	150.00	170.00	460.00	490.00	230.00	250.00	-	-	380.00	400.00	220.00	240.00
Hambantota	240.00	300.00	240.00	300.00	500.00	600.00	100.00	140.00	160.00	200.00	480.00	520.00	280.00	320.00	-	-	280.00	320.00	200.00	240.00
Matara	240.00	300.00	280.00	320.00	450.00	600.00	120.00	140.00	160.00	220.00	480.00	600.00	260.00	320.00	-	-	280.00	320.00	200.00	220.00
Galle	240.00	280.00	280.00	300.00	650.00	700.00	160.00	180.00	180.00	200.00	460.00	480.00	280.00	280.00	-	-	320.00	340.00	260.00	280.00
Tissamaharama	200.00	230.00	130.00	200.00	450.00	500.00	90.00	100.00	100.00	120.00	350.00	400.00	180.00	220.00	400.00	400.00	240.00	270.00	100.00	140.00
Meegoda (DEC)	320.00	360.00	340.00	400.00	600.00	800.00	140.00	160.00	200.00	240.00	480.00	540.00	240.00	280.00	-	-	400.00	440.00	280.00	320.00
Embilipitiya	280.00	320.00	200.00	240.00	500.00	600.00	140.00	200.00	160.00	200.00	480.00	550.00	200.00	280.00	-	-	280.00	320.00	200.00	280.00
Jaffna	300.00	350.00	230.00	250.00	350.00	450.00	70.00	85.00	120.00	130.00	320.00	380.00	200.00	250.00	1400.00	1600.00	-	-	280.00	320.00
Vavuniya	250.00	280.00	250.00	300.00	400.00	500.00	120.00	180.00	170.00	200.00	500.00	600.00	300.00	340.00	-	-	300.00	400.00	350.00	400.00
Mannar	280.00	340.00	320.00	360.00	520.00	560.00	130.00	160.00	180.00	200.00	400.00	450.00	250.00	280.00	-	-	-	-	280.00	340.00
Killinochchi	280.00	320.00	300.00	340.00	400.00	440.00	100.00	120.00	180.00	200.00	500.00	550.00	200.00	240.00	-	-	-	-	300.00	340.00
Mullaivivu	220.00	240.00	320.00	360.00	500.00	550.00	120.00	140.00	-	-	580.00	640.00	260.00	300.00	-	-	-	-	350.00	400.00
Batticaloa	320.00	360.00	340.00	360.00	500.00	540.00	150.00	160.00	160.00	180.00	450.00	480.00	280.00	300.00	-	-	260.00	280.00	450.00	480.00
Trincomalee	290.00	320.00	300.00	340.00	360.00	400.00	120.00	140.00	165.00	200.00	320.00	360.00	250.00	280.00	-	-	240.00	270.00	200.00	240.00
Hanguranketha	220.00	250.00	260.00	300.00	400.00	500.00	80.00	100.00	130.00	160.00	280.00	300.00	200.00	230.00	-	-	260.00	280.00	190.00	220.00
Veyangoda	260.00	320.00	320.00	360.00	500.00	600.00	120.00	140.00	160.00	180.00	460.00	500.00	260.00	300.00	-	-	340.00	380.00	240.00	260.00
Galenbindunuwewa	240.00	280.00	280.00	320.00	560.00	600.00	120.00	140.00	120.00	160.00	440.00	480.00	240.00	280.00	-	-	280.00	320.00	200.00	240.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	240.00	320.00	280.00	320.00	460.00	580.00	80.00	100.00	140.00	180.00	390.00	480.00	200.00	240.00	-	-	240.00	280.00	200.00	240.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	250.00 - 360.00	400.00 - 700.00	150.00 - 400.00	120.00 - 240.00	180.00 - 240.00	60.00 - 80.00	60.00 - 80.00	60.00 - 150.00	110.00 - 130.00	90.00 - 100.00
Gampaha	280.00 - 320.00	600.00 - 600.00	300.00 - 300.00	200.00 - 200.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	110.00 - 130.00	100.00 - 100.00
Kurunegala	280.00 - 320.00	480.00 - 600.00	200.00 - 300.00	180.00 - 220.00	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	30.00 - 30.00	100.00 - 110.00	80.00 - 90.00
Nikaweratiya	200.00 - 240.00	500.00 - 600.00	160.00 - 200.00	160.00 - 200.00	150.00 - 160.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	90.00 - 100.00	75.00 - 85.00
Dambulla	280.00 - 300.00	500.00 - 600.00	200.00 - 300.00	180.00 - 200.00	220.00 - 240.00	50.00 - 60.00	50.00 - 60.00	40.00 - 60.00	100.00 - 110.00	75.00 - 80.00
Anuradhapura	240.00 - 320.00	500.00 - 600.00	250.00 - 400.00	160.00 - 240.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	90.00 - 100.00	70.00 - 85.00
Thambuththegama	-	450.00 - 600.00	150.00 - 200.00	120.00 - 160.00	-	40.00 - 40.00	40.00 - 40.00	-	80.00 - 100.00	70.00 - 75.00
Polonnaruwa	220.00 - 240.00	450.00 - 500.00	250.00 - 300.00	160.00 - 200.00	200.00 - 240.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	85.00 - 90.00	75.00 - 80.00
Kaluthara	280.00 - 300.00	500.00 - 600.00	200.00 - 250.00	220.00 - 240.00	180.00 - 200.00	80.00 - 100.00	80.00 - 100.00	100.00 - 120.00	110.00 - 120.00	90.00 - 100.00
Badulla	300.00 - 320.00	500.00 - 600.00	200.00 - 240.00	160.00 - 200.00	200.00 - 240.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	105.00 - 110.00	85.00 - 90.00
Keppetipola	280.00 - 300.00	450.00 - 500.00	220.00 - 240.00	180.00 - 200.00	200.00 - 220.00	40.00 - 50.00	45.00 - 50.00	30.00 - 35.00	108.00 - 110.00	96.00 - 100.00
Moneragala	120.00 - 200.00	500.00 - 600.00	180.00 - 200.00	140.00 - 160.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	90.00 - 100.00	70.00 - 80.00
Kegalle	260.00 - 280.00	560.00 - 600.00	320.00 - 350.00	180.00 - 200.00	200.00 - 230.00	70.00 - 80.00	70.00 - 80.00	50.00 - 70.00	110.00 - 120.00	90.00 - 100.00
Ampara	200.00 - 280.00	500.00 - 600.00	200.00 - 200.00	180.00 - 200.00	-	60.00 - 60.00	40.00 - 50.00	40.00 - 50.00	90.00 - 100.00	80.00 - 80.00
Dehiattakandiya	200.00 - 240.00	500.00 - 600.00	150.00 - 200.00	120.00 - 160.00	100.00 - 150.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 85.00	60.00 - 70.00
Nuwaraeliya	260.00 - 280.00	580.00 - 600.00	280.00 - 300.00	180.00 - 200.00	240.00 - 250.00	35.00 - 45.00	40.00 - 45.00	30.00 - 40.00	108.00 - 110.00	96.00 - 100.00
Kandy	260.00 - 280.00	480.00 - 500.00	240.00 - 280.00	160.00 - 180.00	240.00 - 250.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	80.00 - 85.00
Puttalam	200.00 - 240.00	440.00 - 600.00	100.00 - 150.00	200.00 - 240.00	200.00 - 240.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	100.00 - 110.00	85.00 - 95.00
Rathnapura	190.00 - 210.00	580.00 - 620.00	200.00 - 250.00	200.00 - 210.00	140.00 - 160.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	110.00 - 120.00	90.00 - 100.00
Hambanthota	160.00 - 200.00	500.00 - 600.00	160.00 - 220.00	180.00 - 230.00	180.00 - 230.00	60.00 - 60.00	50.00 - 60.00	70.00 - 80.00	100.00 - 120.00	70.00 - 80.00
Matara	250.00 - 300.00	400.00 - 550.00	200.00 - 240.00	160.00 - 200.00	180.00 - 240.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	100.00 - 120.00	70.00 - 90.00
Galle	240.00 - 260.00	600.00 - 600.00	250.00 - 300.00	160.00 - 180.00	180.00 - 200.00	60.00 - 70.00	50.00 - 60.00	80.00 - 80.00	95.00 - 110.00	-
Tissamaharama	180.00 - 200.00	300.00 - 380.00	100.00 - 120.00	180.00 - 200.00	150.00 - 170.00	45.00 - 50.00	45.00 - 50.00	55.00 - 60.00	95.00 - 100.00	65.00 - 70.00
Meegoda (DEC)	280.00 - 320.00	600.00 - 800.00	280.00 - 300.00	180.00 - 220.00	-	80.00 - 90.00	80.00 - 90.00	-	120.00 - 130.00	100.00 - 110.00
Embilipitiya	160.00 - 200.00	480.00 - 550.00	150.00 - 200.00	180.00 - 220.00	120.00 - 160.00	60.00 - 80.00	50.00 - 70.00	70.00 - 100.00	90.00 - 110.00	55.00 - 80.00
Jaffna	120.00 - 140.00	300.00 - 350.00	200.00 - 220.00	150.00 - 200.00	150.00 - 160.00	80.00 - 90.00	35.00 - 40.00	30.00 - 40.00	90.00 - 120.00	50.00 - 70.00
Vavuniya	200.00 - 250.00	450.00 - 600.00	180.00 - 200.00	180.00 - 220.00	220.00 - 240.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	70.00 - 80.00	60.00 - 65.00
Mannar	200.00 - 240.00	500.00 - 550.00	200.00 - 240.00	150.00 - 200.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	45.00 - 55.00	70.00 - 80.00	60.00 - 65.00
Killinochchi	140.00 - 160.00	400.00 - 440.00	140.00 - 160.00	220.00 - 240.00	200.00 - 230.00	50.00 - 60.00	40.00 - 50.00	40.00 - 50.00	90.00 - 100.00	60.00 - 70.00
Mullaittivu	180.00 - 220.00	400.00 - 440.00	150.00 - 160.00	200.00 - 240.00	220.00 - 250.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 80.00	50.00 - 60.00
Batticaloa	280.00 - 300.00	450.00 - 480.00	260.00 - 280.00	200.00 - 220.00	230.00 - 250.00	80.00 - 100.00	50.00 - 50.00	50.00 - 50.00	80.00 - 80.00	50.00 - 60.00
Trincomalee	250.00 280.00	440.00 500.00	220.00 250.00	140.00 180.00	245.00 270.00	50.00 55.00	45.00 50.00	45.00 55.00	80.00 100.00	50.00 70.00
Hanguranketha	240.00 - 260.00	400.00 - 450.00	160.00 - 200.00	120.00 - 150.00	120.00 - 150.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	95.00 - 100.00	85.00 - 90.00
Veyangoda	260.00 - 320.00	500.00 - 600.00	280.00 - 300.00	180.00 - 220.00	200.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	120.00 - 130.00	90.00 - 110.00
Galenbindunuwewa	140.00 - 160.00	500.00 - 560.00	-	120.00 - 140.00	-	50.00 - 60.00	50.00 - 60.00	-	75.00 - 80.00	60.00 - 70.00
Bandarawela	-	-	-	-	-	-	-	-	-	-
Matale	280.00 - 320.00	400.00 - 480.00	200.00 - 240.00	160.00 - 180.00	200.00 - 220.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 120.00	80.00 - 90.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 10: 03 - 09 March 2023

LOCATIONS	Banana						Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun		Large	Medium	Small	Betti	Karthakolomban
Colombo	200.00 - 260.00	380.00 - 480.00	180.00 - 250.00	28.00 - 35.00	35.00 - 42.00		700.00 - 760.00	600.00 - 680.00	450.00 - 580.00	-	280.00 - 400.00
Gampaha	220.00 - 230.00	380.00 - 400.00	160.00 - 180.00	25.00 - 30.00	32.00 - 38.00		700.00 - 800.00	500.00 - 600.00	350.00 - 350.00	-	-
Kurunegala	200.00 - 250.00	450.00 - 500.00	160.00 - 200.00	22.00 - 25.00	40.00 - 45.00		680.00 - 800.00	400.00 - 500.00	200.00 - 260.00	100.00 - 100.00	240.00 - 250.00
Nikaweratiya	220.00 - 240.00	450.00 - 480.00	180.00 - 200.00	-	40.00 - 45.00		-	600.00 - 650.00	500.00 - 550.00	-	-
Dambulla	200.00 - 220.00	440.00 - 460.00	160.00 - 180.00	-	43.00 - 45.00		750.00 - 800.00	550.00 - 600.00	300.00 - 350.00	80.00 - 100.00	300.00 - 350.00
Anuradhapura	200.00 - 260.00	400.00 - 500.00	180.00 - 200.00	26.00 - 30.00	37.00 - 50.00		820.00 - 870.00	660.00 - 750.00	500.00 - 570.00	-	-
Thambuththegama	200.00 - 240.00	400.00 - 450.00	160.00 - 220.00	-	42.00 - 43.00		800.00 - 900.00	675.00 - 750.00	550.00 - 600.00	-	-
Polonnaruwa	180.00 - 200.00	450.00 - 480.00	120.00 - 150.00	19.00 - 21.00	-		-	480.00 - 550.00	350.00 - 400.00	-	-
Kaluthara	200.00 - 220.00	400.00 - 420.00	160.00 - 180.00	30.00 - 32.00	38.00 - 40.00		-	560.00 - 580.00	430.00 - 450.00	-	380.00 - 400.00
Badulla	180.00 - 220.00	400.00 - 440.00	130.00 - 140.00	18.00 - 21.00	30.00 - 32.00		-	580.00 - 620.00	400.00 - 440.00	-	-
Keppetipola	210.00 - 220.00	400.00 - 430.00	150.00 - 170.00	22.00 - 23.00	44.00 - 46.00		-	640.00 - 660.00	500.00 - 540.00	-	-
Moneragala	140.00 - 160.00	300.00 - 350.00	100.00 - 120.00	15.00 - 20.00	20.00 - 25.00		-	520.00 - 670.00	-	-	-
Kegalle	190.00 - 220.00	480.00 - 520.00	180.00 - 200.00	30.00 - 40.00	35.00 - 40.00		680.00 - 700.00	400.00 - 580.00	220.00 - 220.00	-	-
Ampara	160.00 - 180.00	380.00 - 390.00	120.00 - 130.00	20.00 - 35.00	31.00 - 44.00		-	600.00 - 650.00	450.00 - 550.00	-	-
Dehiattakandiya	160.00 - 220.00	380.00 - 450.00	160.00 - 180.00	-	50.00 - 60.00		720.00 - 720.00	550.00 - 600.00	350.00 - 450.00	-	-
Nuwaraeliya	210.00 - 220.00	420.00 - 440.00	160.00 - 170.00	25.00 - 28.00	45.00 - 48.00		-	650.00 - 680.00	540.00 - 560.00	-	240.00 - 250.00
Kandy	230.00 - 240.00	460.00 - 480.00	180.00 - 190.00	24.00 - 25.00	35.00 - 40.00		850.00 - 900.00	450.00 - 500.00	200.00 - 250.00	-	-
Puttalam	150.00 - 180.00	350.00 - 400.00	160.00 - 170.00	16.00 - 25.00	-		700.00 - 700.00	600.00 - 650.00	220.00 - 240.00	-	-
Rathnapura	190.00 - 200.00	340.00 - 360.00	180.00 - 200.00	-	-		780.00 - 850.00	550.00 - 600.00	220.00 - 250.00	-	-
Hambantota	180.00 - 200.00	380.00 - 400.00	160.00 - 180.00	22.00 - 24.00	25.00 - 29.00		840.00 - 900.00	700.00 - 760.00	450.00 - 550.00	-	-
Matara	180.00 - 200.00	370.00 - 400.00	170.00 - 180.00	23.00 - 24.00	33.00 - 35.00		780.00 - 900.00	675.00 - 750.00	380.00 - 450.00	-	-
Galle	200.00 - 240.00	350.00 - 400.00	150.00 - 180.00	28.00 - 35.00	40.00 - 40.00		-	-	500.00 - 580.00	100.00 - 120.00	300.00 - 400.00
Tissamaharama	130.00 - 160.00	370.00 - 400.00	120.00 - 140.00	-	-		700.00 - 720.00	500.00 - 580.00	380.00 - 400.00	-	180.00 - 200.00
Meegoda (DEC)	190.00 - 200.00	380.00 - 390.00	170.00 - 180.00	25.00 - 30.00	25.00 - 30.00		-	500.00 - 500.00	350.00 - 420.00	-	-
Embilipitiya	140.00 - 170.00	300.00 - 350.00	120.00 - 140.00	25.00 - 30.00	30.00 - 45.00		-	500.00 - 600.00	400.00 - 450.00	70.00 - 80.00	150.00 - 160.00
Jaffna	120.00 - 130.00	280.00 - 350.00	100.00 - 150.00	22.00 - 24.00	-		780.00 - 840.00	650.00 - 700.00	500.00 - 600.00	-	-
Vavuniya	180.00 - 220.00	380.00 - 390.00	160.00 - 200.00	28.00 - 35.00	-		700.00 - 750.00	650.00 - 680.00	500.00 - 550.00	-	220.00 - 250.00
Mannar	150.00 - 160.00	350.00 - 400.00	120.00 - 150.00	22.00 - 25.00	-		680.00 - 680.00	550.00 - 580.00	420.00 - 480.00	-	-
Killinochchi	200.00 - 220.00	400.00 - 440.00	140.00 - 160.00	28.00 - 30.00	28.00 - 30.00		900.00 - 960.00	720.00 - 760.00	600.00 - 640.00	-	-
Mullaittivu	180.00 - 200.00	300.00 - 320.00	160.00 - 200.00	23.00 - 25.00	-		-	520.00 - 550.00	380.00 - 450.00	-	-
Batticaloa	180.00 - 220.00	380.00 - 400.00	150.00 - 160.00	25.00 - 28.00	-		700.00 - 720.00	580.00 - 600.00	480.00 - 500.00	-	-
Trincomalee	190.00 - 220.00	380.00 - 420.00	160.00 - 180.00	28.00 - 30.00	-		-	600.00 - 650.00	350.00 - 420.00	-	-
Veyangoda	220.00 - 280.00	400.00 - 480.00	180.00 - 200.00	20.00 - 22.00	35.00 - 40.00		850.00 - 900.00	600.00 - 650.00	350.00 - 350.00	-	180.00 - 240.00
Galenbindunuwewa	160.00 - 180.00	300.00 - 350.00	120.00 - 150.00	30.00 - 35.00	35.00 - 40.00		810.00 - 900.00	670.00 - 750.00	540.00 - 600.00	-	-
Bandarawela	-	-	-	-	-		-	-	-	-	-
Matale	160.00 - 180.00	400.00 - 460.00	160.00 - 200.00	16.00 - 20.00	40.00 - 45.00		700.00 - 800.00	550.00 - 600.00	300.00 - 330.00	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut	
Colombo	70.00 - 100.00	-	300.00 - 450.00	70.00 - 100.00	60.00 - 150.00	60.00 - 120.00	120.00 - 250.00	50.00 - 100.00	2200.00 - 3000.00	120.00 - 170.00	
Gampaha	-	-	350.00 - 350.00	100.00 - 100.00	100.00 - 120.00	100.00 - 100.00	100.00 - 120.00	70.00 - 100.00	2500.00 - 2500.00	140.00 - 150.00	
Kurunegala	120.00 - 140.00	60.00 - 60.00	280.00 - 300.00	70.00 - 80.00	100.00 - 100.00	80.00 - 100.00	100.00 - 120.00	80.00 - 100.00	2500.00 - 2500.00	120.00 - 130.00	
Nikaweratiya	-	-	200.00 - 220.00	-	-	70.00 - 80.00	100.00 - 130.00	30.00 - 50.00	3000.00 - 3000.00	100.00 - 100.00	
Dambulla	-	45.00 - 60.00	280.00 - 300.00	50.00 - 60.00	60.00 - 80.00	60.00 - 80.00	130.00 - 150.00	50.00 - 60.00	2500.00 - 2600.00	120.00 - 130.00	
Anuradhapura	-	-	240.00 - 320.00	-	50.00 - 80.00	80.00 - 100.00	-	60.00 - 100.00	2500.00 - 3000.00	100.00 - 120.00	
Thambuththegama	-	-	280.00 - 350.00	-	-	70.00 - 100.00	60.00 - 80.00	-	2400.00 - 2500.00	70.00 - 90.00	
Polonnaruwa	-	-	250.00 - 300.00	-	50.00 - 60.00	-	80.00 - 100.00	50.00 - 60.00	2800.00 - 3000.00	100.00 - 120.00	
Kaluthara	-	-	340.00 - 360.00	-	100.00 - 120.00	80.00 - 100.00	-	80.00 - 100.00	2200.00 - 2400.00	140.00 - 150.00	
Badulla	90.00 - 100.00	-	260.00 - 280.00	50.00 - 60.00	60.00 - 70.00	35.00 - 50.00	-	40.00 - 60.00	2700.00 - 2800.00	100.00 - 130.00	
Keppetipola	-	-	230.00 - 240.00	70.00 - 80.00	60.00 - 65.00	65.00 - 75.00	130.00 - 140.00	80.00 - 85.00	2600.00 - 2800.00	110.00 - 120.00	
Moneragala	-	-	200.00 - 220.00	-	31.00 - 37.00	70.00 - 80.00	-	50.00 - 55.00	-	80.00 - 100.00	
Kegalle	-	-	250.00 - 280.00	-	40.00 - 60.00	80.00 - 100.00	80.00 - 120.00	40.00 - 50.00	2600.00 - 2700.00	90.00 - 100.00	
Ampara	-	-	200.00 - 230.00	-	40.00 - 50.00	40.00 - 60.00	100.00 - 125.00	40.00 - 48.00	2400.00 - 2400.00	120.00 - 130.00	
Dehiattakandiya	-	-	220.00 - 250.00	-	60.00 - 80.00	50.00 - 80.00	150.00 - 200.00	-	3300.00 - 3500.00	100.00 - 130.00	
Nuwaraeliya	-	-	240.00 - 260.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	120.00 - 140.00	75.00 - 90.00	2700.00 - 2800.00	110.00 - 120.00	
Kandy	-	-	300.00 - 350.00	50.00 - 60.00	70.00 - 80.00	70.00 - 80.00	120.00 - 140.00	60.00 - 70.00	2500.00 - 2600.00	140.00 - 150.00	
Puttalam	-	-	240.00 - 250.00	-	-	60.00 - 80.00	-	-	-	80.00 - 100.00	
Hambantota	-	-	280.00 - 290.00	-	30.00 - 40.00	80.00 - 100.00	-	40.00 - 50.00	2500.00 - 2500.00	90.00 - 100.00	
Rathnapura	-	-	240.00 - 260.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2500.00	100.00 - 110.00	
Matara	-	60.00 - 70.00	280.00 - 290.00	66.00 - 75.00	50.00 - 56.00	70.00 - 90.00	80.00 - 100.00	50.00 - 60.00	2500.00 - 2550.00	80.00 - 100.00	
Galle	-	-	300.00 - 380.00	70.00 - 75.00	40.00 - 60.00	100.00 - 120.00	150.00 - 150.00	60.00 - 90.00	2900.00 - 3000.00	100.00 - 110.00	
Tissamaharama	-	35.00 - 40.00	270.00 - 290.00	70.00 - 80.00	35.00 - 40.00	70.00 - 80.00	-	40.00 - 50.00	2800.00 - 3200.00	90.00 - 100.00	
Meegoda (DEC)	-	-	260.00 - 280.00	-	35.00 - 40.00	80.00 - 100.00	100.00 - 120.00	-	2800.00 - 2800.00	-	
Embilipitiya	60.00 - 80.00	30.00 - 50.00	290.00 - 320.00	60.00 - 70.00	60.00 - 80.00	70.00 - 100.00	70.00 - 100.00	30.00 - 40.00	2500.00 - 3000.00	90.00 - 120.00	
Jaffna	180.00 - 250.00	-	220.00 - 250.00	-	50.00 - 90.00	-	-	-	2600.00 - 3000.00	120.00 - 160.00	
Vavuniya	-	-	260.00 - 350.00	85.00 - 100.00	55.00 - 60.00	50.00 - 55.00	-	-	-	100.00 - 120.00	
Mannar	-	-	200.00 - 240.00	-	-	80.00 - 100.00	72.00 - 100.00	-	2600.00 - 3300.00	120.00 - 160.00	
Killinochchi	-	-	240.00 - 260.00	-	50.00 - 60.00	-	-	-	2800.00 - 3000.00	140.00 - 160.00	
Mullaittivu	-	-	200.00 - 220.00	-	-	-	-	-	-	100.00 - 150.00	
Batticaloa	-	-	220.00 - 240.00	80.00 - 90.00	50.00 - 60.00	50.00 - 60.00	-	-	2600.00 - 2800.00	130.00 - 150.00	
Trincomalee	-	-	240.00 - 270.00	60.00 - 70.00	55.00 - 65.00	-	100.00 - 130.00	-	2900.00 - 3100.00	120.00 - 130.00	
Veyangoda	-	-	300.00 - 350.00	55.00 - 60.00	60.00 - 70.00	80.00 - 100.00	100.00 - 130.00	50.00 - 60.00	2500.00 - 3000.00	120.00 - 150.00	
Galenbindunuwewa	-	-	200.00 - 280.00	-	-	-	-	-	2500.00 - 2600.00	-	
Bandarawela	-	-	-	-	-	-	-	-	-	-	
Matale	60.00 - 80.00	50.00 - 60.00	240.00 - 280.00	-	50.00 - 60.00	60.00 - 80.00	140.00 - 145.00	-	2700.00 - 2800.00	100.00 - 110.00	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 10: 03 - 09 March 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 540.00	650.00 – 800.00	580.00 – 840.00	900.00 – 1280.00	1600.00 – 2600.00	1000.00 – 1300.00
Kandy	430.00 – 450.00	750.00 – 760.00	750.00 – 800.00	1100.00 – 1200.00	2000.00 – 2200.00	1150.00 – 1200.00
Kaluthara	420.00 – 430.00	730.00 – 740.00	740.00 – 760.00	900.00 – 920.00	–	1100.00 – 1200.00
Puttalam	400.00 – 480.00	700.00 – 760.00	850.00 – 1000.00	1700.00 – 1850.00	2350.00 – 2450.00	1250.00 – 1300.00
Matara	–	660.00 – 700.00	800.00 – 900.00	1500.00 – 1600.00	–	1500.00 – 1550.00
Hambantota	–	700.00 – 750.00	700.00 – 800.00	1550.00 – 1600.00	1400.00 – 1600.00	–
Galle	–	–	700.00 – 750.00	1000.00 – 1100.00	2000.00 – 2200.00	1000.00 – 1000.00
Batticaloa	300.00 – 350.00	600.00 – 700.00	800.00 – 900.00	1300.00 – 1400.00	1500.00 – 1600.00	1000.00 – 1100.00
Trincomalee	–	880.00 – 950.00	550.00 – 700.00	800.00 – 900.00	1250.00 – 1350.00	1250.00 – 1350.00
Mannar	250.00 – 280.00	600.00 – 650.00	550.00 – 600.00	–	–	1000.00 – 1100.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	980.00 – 1100.00	1280.00 – 1700.00	1100.00 – 1450.00	–	46.00 – 46.00	44.00 – 44.00
Kandy	1100.00 – 1200.00	1600.00 – 1650.00	1700.00 – 1800.00	–	–	50.00 – 52.00
Kaluthara	–	–	1200.00 – 1300.00	–	–	–
Puttalam	1700.00 – 1870.00	1200.00 – 1400.00	2250.00 – 2400.00	–	53.00 – 54.00	49.00 – 51.50
Matara	–	1800.00 – 1900.00	–	–	–	–
Hambantota	–	1900.00 – 1950.00	–	–	–	–
Galle	–	–	1300.00 – 1400.00	–	–	–
Batticaloa	800.00 – 900.00	1400.00 – 1450.00	1600.00 – 1800.00	–	48.00 – 50.00	48.00 – 48.00
Trincomalee	–	950.00 – 1050.00	1800.00 – 1900.00	–	44.00 – 46.00	42.00 – 44.00
Mannar	1200.00 – 1300.00	900.00 – 1000.00	–	–	53.00 – 54.00	51.00 – 52.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 10: 03 - 09 March 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	49000 – 57000	–	–	82500 – 90000	40000 – 46000	–
Kandy	65000 – 67500	–	–	92500 – 95000	50000 – 52500	–
Batticaloa	50000 – 52500	110000 – 113500	–	95000 – 97500	55000 – 57000	50000 – 52500
Trincomalee	42000 – 43000	–	–	45000 – 46000	32000 – 34000	44000 – 45500
Mannar	50000 – 52500	95000 – 100000	–	70000 – 75000	42500 – 45000	40000 – 42500

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	54000 – 62000	–	34000 – 39000	41000 – 47500	82500 – 86000	–
Kandy	65000 – 67500	–	40000 – 45000	47500 – 50000	90000 – 95000	–
Batticaloa	60000 – 63000	–	38500 – 40000	60000 – 63500	–	–
Trincomalee	84000 – 86000	70000 – 71500	31000 – 32500	39000 – 40500	81000 – 83000	–
Mannar	57500 – 60000	70000 – 72500	30000 – 32500	52500 – 55000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	79000 – 85000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 10: 03 - 09 March 2023

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LOCATIONS	Sea Fish									Eggs		
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White	
Colombo	520.00 - 700.00	900.00 - 1050.00	1000.00 - 1600.00	1560.00 - 2600.00	2200.00 - 3800.00	1440.00 - 2400.00	-	1560.00 - 2600.00	-	-	44.00 - 50.00	
Gampaha	700.00 - 700.00	950.00 - 950.00	-	1800.00 - 1800.00	-	-	-	2400.00 - 2400.00	-	-	40.00 - 40.00	
Kurunegala	480.00 - 500.00	880.00 - 900.00	1200.00 - 1300.00	1600.00 - 1800.00	-	1400.00 - 1500.00	1500.00 - 1600.00	2300.00 - 2400.00	-	-	44.00 - 44.00	
Nikaweratiya	600.00 - 700.00	1000.00 - 1000.00	1000.00 - 1500.00	1800.00 - 1900.00	-	1300.00 - 1800.00	-	2200.00 - 2200.00	-	-	44.00 - 50.00	
Dambulla	560.00 - 600.00	960.00 - 1000.00	900.00 - 1000.00	1800.00 - 1900.00	-	1800.00 - 2000.00	1500.00 - 1600.00	1800.00 - 1900.00	52.00 - 53.00	53.00	50.00 - 51.00	
Anuradhapura	480.00 - 500.00	980.00 - 1000.00	1000.00 - 1050.00	1900.00 - 2000.00	2200.00 - 2500.00	-	-	1800.00 - 2000.00	-	-	-	
Thambuththegama	500.00 - 600.00	1000.00 - 1000.00	1800.00 - 1800.00	2400.00 - 2400.00	-	2000.00 - 2000.00	2400.00 - 2400.00	-	-	-	-	
Polonnaruwa	500.00 - 600.00	1000.00 - 1100.00	1200.00 - 1250.00	1600.00 - 1750.00	2400.00 - 2400.00	1600.00 - 1700.00	1700.00 - 1800.00	2000.00 - 2100.00	-	-	50.00 - 60.00	
Kaluthara	580.00 - 600.00	880.00 - 900.00	960.00 - 980.00	1400.00 - 1500.00	-	1800.00 - 1900.00	-	1800.00 - 1900.00	-	-	46.00 - 47.00	
Badulla	480.00 - 500.00	880.00 - 900.00	1200.00 - 1300.00	1600.00 - 1700.00	2700.00 - 2800.00	1400.00 - 1500.00	1500.00 - 1600.00	2200.00 - 2300.00	-	-	-	
Keppetipola	480.00 - 500.00	760.00 - 780.00	1350.00 - 1400.00	1700.00 - 1800.00	-	1500.00 - 1600.00	1600.00 - 1700.00	2000.00 - 2100.00	46.00 - 60.00	60.00	44.00 - 58.00	
Moneragala	500.00 - 550.00	1000.00 - 1100.00	1000.00 - 1100.00	-	-	-	-	2500.00 - 2600.00	-	-	-	
Kegalle	550.00 - 600.00	950.00 - 1000.00	1100.00 - 1200.00	1700.00 - 1800.00	2950.00 - 3000.00	1700.00 - 1800.00	1750.00 - 1800.00	2100.00 - 2200.00	55.00 - 56.00	56.00	54.00 - 54.00	
Ampara	480.00 - 500.00	1000.00 - 1200.00	1400.00 - 1400.00	2000.00 - 2000.00	-	1400.00 - 1400.00	-	2300.00 - 2300.00	-	-	-	
Dehiattakandiya	560.00 - 600.00	-	-	1800.00 - 1800.00	-	-	-	1800.00 - 1800.00	-	-	48.00 - 48.00	
Nuwaraeliya	480.00 - 500.00	790.00 - 820.00	1350.00 - 1380.00	1760.00 - 1800.00	-	1860.00 - 1880.00	1460.00 - 1500.00	2100.00 - 2200.00	46.00 - 60.00	60.00	44.00 - 58.00	
Kandy	580.00 - 600.00	850.00 - 900.00	1000.00 - 1100.00	1900.00 - 2100.00	2600.00 - 2700.00	1600.00 - 1700.00	1600.00 - 1650.00	2400.00 - 2500.00	-	-	52.00 - 55.00	
Puttalam	550.00 - 600.00	800.00 - 900.00	900.00 - 1100.00	1900.00 - 2100.00	2400.00 - 2500.00	1250.00 - 1400.00	1870.00 - 2000.00	2400.00 - 2500.00	53.00 - 55.00	55.00	50.00 - 52.00	
Hambantota	-	1000.00 - 1000.00	1300.00 - 1400.00	2100.00 - 2200.00	2000.00 - 2100.00	-	-	-	-	-	55.00 - 56.00	
Rathnapura	550.00 - 600.00	950.00 - 1000.00	960.00 - 1000.00	1900.00 - 2000.00	2700.00 - 2800.00	1450.00 - 1500.00	1550.00 - 1600.00	2150.00 - 2200.00	-	-	54.00 - 55.00	
Matara	-	900.00 - 1000.00	1300.00 - 1400.00	2000.00 - 2200.00	-	1800.00 - 2000.00	-	-	-	-	55.00 - 56.00	
Galle	450.00 - 450.00	1000.00 - 1000.00	1200.00 - 1400.00	2000.00 - 2200.00	2400.00 - 2600.00	1800.00 - 2000.00	-	2000.00 - 2200.00	-	-	55.00 - 56.00	
Tissamaharama	-	-	1000.00 - 1200.00	2000.00 - 2000.00	-	-	-	1600.00 - 1600.00	-	-	44.00 - 44.00	
Meegoda	700.00 - 700.00	-	900.00 - 950.00	-	-	1000.00 - 1200.00	-	2400.00 - 2500.00	-	-	44.00 - 44.00	
Embilipitiya	500.00 - 600.00	800.00 - 900.00	1100.00 - 1250.00	2000.00 - 2200.00	2000.00 - 2200.00	1500.00 - 1600.00	1400.00 - 1500.00	2000.00 - 2150.00	55.00 - 55.00	55.00	54.00 - 55.00	
Jaffna	320.00 - 380.00	780.00 - 840.00	800.00 - 850.00	-	-	1200.00 - 1400.00	2600.00 - 2900.00	-	49.00 - 50.00	50.00	48.00 - 49.00	
Vavuniya	600.00 - 650.00	950.00 - 1000.00	1050.00 - 1100.00	2000.00 - 2150.00	2350.00 - 2450.00	1600.00 - 1800.00	2000.00 - 2200.00	2100.00 - 2200.00	54.00 - 56.00	56.00	50.00 - 54.00	
Mannar	350.00 - 400.00	800.00 - 900.00	700.00 - 850.00	-	-	1300.00 - 1400.00	1400.00 - 1500.00	-	55.00 - 56.00	56.00	53.00 - 54.00	
Killinochchi	400.00 - 450.00	600.00 - 650.00	800.00 - 850.00	-	-	1200.00 - 1300.00	2800.00 - 3000.00	-	-	-	49.00 - 50.00	
Mullaittivu	350.00 - 400.00	600.00 - 600.00	700.00 - 800.00	-	-	1000.00 - 1200.00	1000.00 - 1200.00	-	-	-	54.00 - 55.00	
Batticaloa	400.00 - 500.00	800.00 - 1000.00	1350.00 - 1450.00	1850.00 - 2000.00	2350.00 - 2400.00	1400.00 - 1600.00	1200.00 - 1400.00	2400.00 - 2600.00	50.00 - 53.00	53.00	50.00 - 50.00	
Trincomalee	-	1000.00 - 1100.00	750.00 - 850.00	-	-	1400.00 - 1500.00	2900.00 - 3000.00	1900.00 - 2100.00	48.00 - 52.00	52.00	46.00 - 50.00	
Veyangoda	600.00 - 600.00	1000.00 - 1000.00	-	2000.00 - 2000.00	-	-	-	2400.00 - 2400.00	-	-	44.00 - 50.00	
Galenbindunuwewa	600.00 - 600.00	1000.00 - 1000.00	1000.00 - 1000.00	2000.00 - 2000.00	2500.00 - 2500.00	2000.00 - 2000.00	1800.00 - 1800.00	2000.00 - 2000.00	-	-	-	
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	
Matale	520.00 - 600.00	960.00 - 970.00	1000.00 - 1200.00	1800.00 - 2200.00	2000.00 - 2500.00	1600.00 - 1800.00	1600.00 - 1800.00	1800.00 - 2000.00	52.00 - 53.00	53.00	50.00 - 52.00	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 10: 03 - 09 March 2023

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1000.00	1500.00	2200.00	2800.00	-		2000.00	2800.00	1100.00	1600.00	2200.00	2600.00	950.00	1400.00
Gampaha	1100.00	1200.00	2400.00	2600.00	-		2200.00	2700.00	1400.00	1800.00	2400.00	2700.00	1000.00	1000.00
Kurunegala	1200.00	1300.00	2200.00	2400.00	2400.00	2500.00	2200.00	2300.00	1200.00	1300.00	2000.00	2100.00	900.00	1000.00
Nikaweratiya	1200.00	1300.00	2200.00	2400.00	-		2000.00	2200.00	1200.00	1200.00	2400.00	2800.00	1000.00	1000.00
Dambulla	1200.00	1300.00	2500.00	2600.00	-		2500.00	2600.00	1200.00	1300.00	2000.00	2200.00	-	
Anuradhapura	1150.00	1450.00	2000.00	2400.00	-		2200.00	2400.00	1200.00	1600.00	2400.00	2600.00	1000.00	1200.00
Thambuththegama	1100.00	1100.00	2400.00	2400.00	-		-		1200.00	1200.00	1200.00	1200.00	-	
Polonnaruwa	1350.00	1400.00	2000.00	2000.00	-		2200.00	2400.00	1200.00	1400.00	2200.00	2300.00	1200.00	1300.00
Kaluthara	1600.00	1700.00	2400.00	2600.00	-		2200.00	2400.00	1200.00	1400.00	-		1000.00	1200.00
Badulla	1200.00	1400.00	2400.00	2500.00	-		2200.00	2300.00	1300.00	1400.00	-		1100.00	1200.00
Keppetipola	1300.00	1400.00	2600.00	2700.00	-		2300.00	2400.00	1250.00	1300.00	2400.00	2500.00	1200.00	1250.00
Moneragala	1200.00	1300.00	2000.00	2200.00	2200.00	2300.00	2000.00	2200.00	1200.00	1400.00	2200.00	2400.00	920.00	1000.00
Kegalle	1150.00	1250.00	2200.00	2350.00	-		2000.00	2200.00	1100.00	1200.00	-		-	
Ampara	1000.00	1200.00	2200.00	2300.00	-		2000.00	2200.00	1100.00	1500.00	1600.00	1600.00	1000.00	1150.00
Dehiattakandiya	1200.00	1400.00	2500.00	2500.00	2200.00	2200.00	2300.00	2300.00	1200.00	1400.00	1200.00	1300.00	1000.00	1200.00
Nuwaraeliya	1300.00	1400.00	2600.00	2700.00	-		2300.00	2450.00	1260.00	1320.00	2550.00	2560.00	1200.00	1260.00
Kandy	1100.00	1300.00	2400.00	2500.00	-		2300.00	2500.00	1300.00	1500.00	2500.00	2600.00	1100.00	1200.00
Puttalam	980.00	1100.00	2200.00	2450.00	-		2200.00	2400.00	900.00	1000.00	1000.00	1200.00	750.00	880.00
Hambantota	1300.00	1500.00	2200.00	2500.00	-		-		1100.00	1200.00	2000.00	2200.00	-	
Rathnapura	1080.00	1200.00	2100.00	2200.00	2960.00	3000.00	2000.00	2000.00	-		1960.00	2100.00	960.00	1060.00
Matara	1200.00	1400.00	2200.00	2400.00	2800.00	2850.00	-		1100.00	1400.00	-		-	
Galle	1400.00	1500.00	2300.00	2600.00	2600.00	2800.00	2200.00	2600.00	1200.00	1400.00	1400.00	1600.00	900.00	1000.00
Tissamaharama	1100.00	1200.00	-		-		-		1100.00	1400.00	-		-	
Meegoda	1120.00	1200.00	-		-		-		1300.00	1400.00	-		-	
Embilipitiya	1200.00	1600.00	2200.00	2400.00	2200.00	2400.00	2100.00	2300.00	1300.00	1600.00	2000.00	2200.00	1000.00	1200.00
Jaffna	1100.00	1200.00	2300.00	2500.00	-		-		-		-		-	
Vavuniya	1150.00	1200.00	-		-		1900.00	2000.00	1200.00	1300.00	950.00	1000.00	850.00	890.00
Mannar	1100.00	1200.00	2100.00	2300.00	-		1700.00	1800.00	950.00	1100.00	900.00	1000.00	800.00	900.00
Killinochchi	1000.00	1200.00	2800.00	3000.00	-		2600.00	2800.00	1200.00	1400.00	1200.00	1300.00	1000.00	1200.00
Mullaittivu	1200.00	1400.00	2000.00	2500.00	-		2000.00	2500.00	1000.00	1400.00	1000.00	1200.00	900.00	1000.00
Batticaloa	1100.00	1250.00	2150.00	2300.00	-		2000.00	2100.00	1200.00	1300.00	1100.00	1200.00	900.00	1000.00
Trincomalee	1000.00	1300.00	1700.00	1800.00	-		-		800.00	850.00	900.00	1000.00	800.00	850.00
Veyangoda	1040.00	1200.00	2200.00	2600.00	-		2200.00	2400.00	1200.00	1400.00	2000.00	2000.00	900.00	1000.00
Galenbindunuwewa	1200.00	1300.00	2200.00	2600.00	-		2200.00	2400.00	1400.00	1500.00	2400.00	2600.00	900.00	1200.00
Bandarawela	-		-		-		-		-		-		-	
Matale	1400.00	1500.00	2300.00	2600.00	3000.00	3500.00	2200.00	2400.00	1300.00	1350.00	2000.00	2200.00	1200.00	1400.00

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 10: 03 - 09 March 2023**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2300.00	1130.00 - 1260.00	1300.00 - 1500.00	2800.00 - 3200.00	1480.00 - 2000.00
Gampaha	-	1250.00 - 1300.00	1500.00 - 1500.00	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	2000.00 - 2000.00	1200.00 - 1300.00	-	2600.00 - 2700.00	1500.00 - 1600.00
Nikaweratiya	1800.00 - 1800.00	1150.00 - 1190.00	-	-	-
Dambulla	-	1150.00 - 1250.00	-	-	1600.00 - 1700.00
Anuradhapura	1900.00 - 2000.00	1100.00 - 1250.00	-	3000.00 - 3200.00	1450.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1120.00 - 1120.00	1200.00 - 1300.00	-	1550.00 - 1600.00
Polonnaruwa	-	1100.00 - 1250.00	-	-	1600.00 - 1800.00
Kaluthara	-	1150.00 - 1200.00	1300.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1250.00 - 1380.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1150.00 - 1160.00	1250.00 - 1260.00	2900.00 - 3000.00	-
Moneragala	1900.00 - 1900.00	1250.00 - 1350.00	-	2700.00 - 2700.00	1600.00 - 1650.00
Kegalle	1850.00 - 1900.00	1180.00 - 1260.00	-	2750.00 - 2800.00	1800.00 - 1850.00
Ampara	2100.00 - 2100.00	-	1100.00 - 1300.00	-	1750.00 - 1850.00
Dehiattakandiya	1850.00 - 1850.00	1020.00 - 1200.00	1200.00 - 1200.00	-	1450.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1100.00 - 1150.00	1250.00 - 1280.00	2800.00 - 2900.00	1900.00 - 2000.00
Kandy	1800.00 - 1900.00	1130.00 - 1140.00	1450.00 - 1500.00	2600.00 - 2700.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1200.00 - 1300.00	1750.00 - 1800.00	2800.00 - 3000.00	-
Hambantota	-	1280.00 - 1300.00	-	-	-
Rathnapura	2000.00 - 2100.00	1130.00 - 1250.00	1500.00 - 1560.00	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1260.00 - 1280.00	-	-	-
Galle	2100.00 - 2200.00	1150.00 - 1200.00	1600.00 - 1600.00	3000.00 - 3200.00	-
Tissamaharama	-	980.00 - 1150.00	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1100.00 - 1180.00	-	-	1600.00 - 1600.00
Embilipitiya	1800.00 - 1900.00	1050.00 - 1100.00	1100.00 - 1200.00	2500.00 - 2600.00	1550.00 - 1750.00
Jaffna	1700.00 - 2000.00	1200.00 - 1350.00	1450.00 - 1600.00	3000.00 - 3250.00	-
Vavuniya	1850.00 - 1900.00	1350.00 - 1450.00	-	2850.00 - 2950.00	-
Mannar	1500.00 - 1600.00	1400.00 - 1400.00	1800.00 - 2000.00	-	-
Killinochchi	1800.00 - 1900.00	1400.00 - 1500.00	1700.00 - 1800.00	2900.00 - 3000.00	-
Mullaitivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1700.00 - 1800.00	1400.00 - 1600.00	1600.00 - 1700.00	-	-
Trincomalee	1750.00 - 1850.00	1200.00 - 1250.00	1500.00 - 1600.00	-	-
Veyangoda	1900.00 - 1900.00	1150.00 - 1150.00	-	2700.00 - 2700.00	1600.00 - 1600.00
Galenbindunuwewa	1800.00 - 1800.00	1150.00 - 1150.00	-	-	-
Bandarawela	-	-	-	-	-
Matale	1800.00 - 1800.00	1200.00 - 1300.00	1400.00 - 1500.00	2600.00 - 2600.00	1500.00 - 1600.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 10: 03 - 09 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	95.00 - 98.00	96.60	97.20	76.10	-0.62	26.94
Samba 1	215.00 - 220.00	216.88	215.50	160.67	0.64	34.98	Small	85.00 - 88.00	85.90	87.64	67.80	-1.98	26.70
Samba 2	205.00 - 215.00	211.33	207.50	155.80	1.85	35.64							
Keeri Samba	240.00 - 250.00	245.50	244.00	204.00	0.61	20.34	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	185.00 - 195.00	188.33	187.50	154.22	0.44	22.12	Plantain						
Nadu 2	180.00 - 185.00	182.30	180.00	150.60	1.28	21.05	Ambul (Rs/Kg)	140.00 - 200.00	170.77	168.33	64.00	1.45	166.83
Raw (Red)	160.00 - 180.00	166.00	171.00	160.63	-2.92	3.35	Kolikuttu (Rs/Kg)	330.00 - 400.00	364.62	338.33	168.57	7.77	116.30
Raw (White)	172.00 - 185.00	178.70	176.50	150.60	1.25	18.66	Seeni (Rs/Kg)	120.00 - 150.00	140.00	135.00	70.00	3.70	100.00
Imported							Anamalu	25.00 - 30.00	27.27	25.08	12.86	8.73	112.12
Samba	205.00 - 210.00	207.60	202.00	122.90	2.77	68.92	Ambun	29.00 - 36.00	31.67	29.67	16.50	6.74	91.92
Nadu	170.00 - 175.00	173.11	170.50	113.50	1.53	52.52	Papaw(Rs/Kg)	220.00 - 360.00	289.23	246.15	212.22	17.50	36.29
Raw (Red)	-	-	-	-	-	-	Passion Fruit	60.00 - 75.00	66.11	68.13	34.50	-2.96	91.63
Raw (White)	170.00 - 175.00	173.00	170.10	106.30	1.70	62.75	Pineapple Large	700.00 - 740.00	710.00	595.56	400.00	19.22	77.50
Dried Chillies							Pineapple Medium	600.00 - 640.00	612.50	487.00	303.33	25.77	101.92
Imported	950.00 - 1150.00	1058.00	1069.50	848.89	-1.08	24.63	Pineapple Small	460.00 - 500.00	484.44	382.00	232.50	26.82	108.36
Onion							Mango						
Sinnan	220.00 - 250.00	236.67	290.00	185.00	-18.39	27.93	Betti	65.00 - 70.00	67.86	70.91	-	-4.30	-
Vedalan	320.00 - 340.00	330.00	370.00	251.67	-10.81	31.13	Karthakolomban	150.00 - 240.00	190.00	205.00	99.44	-7.32	91.06
Imported	250.00 - 290.00	274.00	292.00	197.78	-6.16	38.54	Vilad	-	-	-	-	-	-
Big Onion							Kohu	-	-	-	-	-	-
Imported	95.00 - 100.00	99.00	106.00	113.80	-6.60	-13.01	Other						
Local	-	-	-	-	-	-	Wood Apple	48.00 - 52.00	50.55	45.55	25.67	10.98	96.93
Potato							Orange	45.00 - 60.00	51.73	47.83	34.38	8.14	50.48
Welimada	190.00 - 200.00	195.00	205.00	157.50	-4.88	23.81	Avocado	80.00 - 200.00	134.62	136.36	94.44	-1.28	42.53
N'Eliya	220.00 - 230.00	225.00	230.00	182.50	-2.17	23.29	Slime Apple	24.00 - 30.00	27.00	24.30	24.33	11.11	10.96
Imported	95.00 - 110.00	104.00	122.00	98.30	-14.75	5.80	Grapes (Imp., Rs/Kg)	1400.00 - 2000.00	1657.14	1928.57	1085.00	-14.07	52.73
Pulses							King Coconut	100.00 - 140.00	124.00	120.00	78.33	3.33	58.30
Green Gram	1400.00 - 1450.00	1435.50	1442.50	631.50	-0.49	127.32							
Cowpea (White)	700.00 - 950.00	867.22	887.00	555.00	-2.23	56.26	Sea Fish						
Cowpea (Red)	700.00 - 960.00	895.00	902.50	481.00	-0.83	86.07	Salaya	350.00 - 540.00	426.00	368.00	253.33	15.76	68.16
Red Dhal	330.00 - 340.00	335.80	338.00	301.70	-0.65	11.30	Hurulla	650.00 - 800.00	715.00	681.00	665.71	4.99	7.40
Vegetable							Balaya	580.00 - 840.00	697.00	603.00	630.00	15.59	10.63
Beans (Butter)	-	-	-	-	-	-	Kelawalla	900.00 - 1280.00	1072.00	1135.00	817.50	-5.55	31.13
Beans(Green)	200.00 - 350.00	263.00	227.00	231.00	15.86	13.85	Thora	1600.00 - 2600.00	2020.00	1740.00	1642.22	16.09	23.00
Carrot	100.00 - 120.00	103.64	97.00	314.00	6.84	-66.99	Paraw	1000.00 - 1300.00	1185.00	1092.00	911.43	8.52	30.02
Leeks	150.00 - 170.00	154.00	158.00	93.00	-2.53	65.59	Mora	980.00 - 1100.00	1026.00	853.33	875.00	20.23	17.26
Beetroot	160.00 - 200.00	180.00	175.00	158.18	2.86	13.79	Shrimps	1280.00 - 1700.00	1485.00	1470.00	1260.00	1.02	17.86
Knolkhol	120.00 - 140.00	127.00	145.00	90.91	-12.41	39.70	Thalapath	1100.00 - 1450.00	1318.00	1295.00	1327.78	1.78	-0.74
Raddish	50.00 - 70.00	55.00	57.00	40.00	-3.51	37.50	Eggs						
Cabbage	40.00 - 60.00	51.00	48.00	70.00	6.25	-27.14	Brown	46.00 - 46.00	46.00	46.00	27.50	0.00	67.27
Tomato	130.00 - 160.00	146.00	155.00	284.00	-5.81	-48.59	White	44.00 - 44.00	44.00	44.00	25.50	0.00	72.55
Ladies Fingers	200.00 - 220.00	205.00	198.00	45.00	3.54	355.56	Dried Fish						
Brinjal	170.00 - 230.00	202.00	215.00	127.00	-6.05	59.06	Sprats	980.00 - 1140.00	1053.00	1085.00	909.09	-2.95	15.83
Capsicum	330.00 - 450.00	382.00	567.00	300.00	-32.63	27.33	Sprats (Imported)	820.00 - 950.00	886.67	906.67	719.09	-2.21	23.30
Pumpkin	45.00 - 60.00	54.00	57.00	162.00	-5.26	-66.67	Kattawa	-	-	-	1295.00	-	-
Cucumber	80.00 - 110.00	88.00	112.00	59.00	-21.43	49.15	Kattawa (Imported)	1650.00 - 1720.00	1684.00	1715.00	1135.00	-1.81	48.37
Bitter Gourd	280.00 - 300.00	290.00	279.00	247.00	3.94	17.41	Thora	-	-	-	-	-	-
Snake Gourd	120.00 - 170.00	141.00	142.00	122.00	-0.70	15.57	Thora (Imported)	-	-	-	-	-	-
Drumstick	-	-	-	-	-	-	Mora	1650.00 - 1800.00	1716.00	1681.00	1411.43	2.08	21.58
Luffa	200.00 - 250.00	215.00	222.00	149.00	-3.15	44.30	Mora (Imported)	-	-	-	-	-	-
Long Beans	120.00 - 140.00	127.27	131.00	122.00	-2.85	4.32	Balaya	800.00 - 920.00	856.00	897.00	682.50	-4.57	25.42
Ash Plantain	200.00 - 220.00	210.00	206.00	68.00	1.94	208.82	Balaya (Imported)	-	-	-	-	-	-
Green Chillies	250.00 - 400.00	335.00	360.00	395.00	-6.94	-15.19	Anguluwa	-	-	-	-	-	-
Lime	100.00 - 120.00	114.00	116.00	76.00	-1.72	50.00	Anguluwa (Imported)	1580.00 - 1700.00	1638.75	1637.14	1080.00	0.10	51.74
Root Crops							Maduwa	1080.00 - 1240.00	1156.00	1206.00	897.14	-4.15	28.85
Sweet Potato	80.00 - 100.00	88.00	85.00	86.00	3.53	2.33	Maduwa (Imported)	-	-	-	-	-	-
Manioc	150.00 - 160.00	153.00	140.00	38.00	9.29	302.63	Koduwa	-	-	-	-	-	-
Leafy Vegetable							Koduwa (Imported)	-	-	-	-	-	-
Mukunuwenna	40.00 - 50.00	44.50	44.50	37.80	0.00	17.72	Salaya	680.00 - 780.00	732.00	722.00	558.89	1.39	30.97
Kankun	40.00 - 50.00	44.50	44.50	37.80	0.00	17.72	Salaya (Imported)	-	-	-	-	-	-
Gotukola (Rs/Kg)	220.00 - 230.00	226.00	226.00	153.00	0.00	47.71							

This Week:

Week 10: 03 - 09 March 2023

Last Week:

Week 09: 24 - February -02 March 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 10: 03 - 09 March 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	110.00 - 130.00	117.73	118.95	92.00	-1.22	27.96
Samba 1	225.00 - 240.00	231.41	229.69	174.15	1.72	32.88	Small	90.00 - 100.00	97.86	99.57	77.50	-1.71	26.27
Samba 2	220.00 - 230.00	221.21	219.06	165.16	2.15	33.94							
Keeri Samba	250.00 - 270.00	260.14	258.71	241.05	1.43	7.92	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	215.00 - 230.00	221.36	218.39	167.29	2.98	32.33	<u>Plantain</u>						
Nadu 2	190.00 - 210.00	206.77	204.44	160.18	2.33	29.09	Ambul (Rs/Kg)	200.00 - 260.00	230.67	241.85	115.88	-11.19	99.05
Raw (Red)	170.00 - 210.00	194.43	196.88	167.40	-2.45	16.15	Kolikuttu (Rs/Kg)	380.00 - 480.00	440.29	446.57	236.13	-6.28	86.46
Raw (White)	180.00 - 210.00	195.14	195.88	165.79	-0.74	17.71	Seeni (Rs/Kg)	180.00 - 250.00	211.47	214.24	122.37	-2.77	72.81
<u>Imported</u>							Anamalu	28.00 - 35.00	30.34	30.36	19.05	-0.02	59.26
Samba	210.00 - 230.00	221.86	218.06	140.00	3.79	58.47	Ambun	35.00 - 42.00	38.12	38.19	23.74	-0.07	60.60
Nadu	190.00 - 200.00	193.33	196.38	133.00	-3.05	45.36	Papaw(Rs/Kg)	300.00 - 450.00	370.32	362.96	309.68	7.36	19.58
Raw (Red)	-	-	-	-	-	-	Passion Fruit	70.00 - 100.00	87.69	89.33	44.08	-1.64	98.95
Raw (White)	180.00 - 200.00	191.03	186.61	128.13	4.42	49.10	Pineapple Large	700.00 - 760.00	715.71	650.00	447.20	65.71	60.04
<u>Dried Chillies</u>							Pineapple Medium	600.00 - 680.00	624.33	551.07	352.00	73.26	77.37
Imported	1100.00 - 1600.00	1489.06	1551.29	1116.84	-62.23	33.33	Pineapple Small	450.00 - 580.00	515.71	453.21	268.44	62.50	92.12
<u>Onion</u>							<u>Mango</u>						
Sinnan	360.00 - 360.00	360.00	-	279.66	-	28.73	Betti	-	-	-	-	-	-
Vedalan	460.00 - 560.00	494.17	506.00	426.00	-11.83	16.00	Karthakolomban	280.00 - 400.00	321.67	270.00	113.68	51.67	182.95
Imported	340.00 - 440.00	400.00	421.29	371.33	-21.29	7.72	Vilad	70.00 - 100.00	83.33	-	-	-	-
<u>Biq Onion</u>							Kohu	-	-	-	-	-	-
Imported	110.00 - 150.00	136.71	145.31	163.93	-8.60	-16.60	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	60.00 - 150.00	93.33	92.22	53.33	1.11	75.00
<u>Potato</u>							Orange	60.00 - 120.00	96.50	82.50	62.41	14.00	54.61
Welimada	280.00 - 320.00	297.69	278.89	255.95	18.80	16.31	Avocado	120.00 - 250.00	168.46	171.88	120.00	-3.41	40.38
N'Eliya	340.00 - 400.00	368.39	359.35	303.33	9.03	21.45	Slime Apple	50.00 - 100.00	80.00	78.00	57.86	2.00	38.27
Imported	130.00 - 160.00	155.28	175.81	145.56	-20.53	6.68	Grapes (Imp., Rs/Kg)	2200.00 - 3000.00	2516.67	2393.75	1470.59	122.92	71.13
<u>Pulses</u>							King Coconut	120.00 - 170.00	148.42	145.56	97.27	2.87	52.58
Green Gram	1450.00 - 1600.00	1562.19	1592.96	654.00	-30.78	138.87	<u>Sea Fish</u>						
Cowpea (White)	1100.00 - 1400.00	1282.61	1300.00	695.00	-17.39	84.55	Salaya	520.00 - 700.00	600.80	502.50	354.78	98.30	69.34
Cowpea (Red)	1000.00 - 1300.00	1228.85	1243.20	595.16	-14.35	106.47	Hurulla	900.00 - 1050.00	966.96	962.61	789.00	4.35	22.55
Red Dhal	350.00 - 380.00	368.79	370.44	329.77	-1.65	11.83	Balaya	1000.00 - 1600.00	1258.00	1117.78	1130.77	140.22	11.25
<u>Vegetable</u>							Kelawalla	1560.00 - 2600.00	1860.00	1654.29	1491.00	205.71	24.75
Beans (Butter)	-	-	-	-	-	-	Thora	2200.00 - 3800.00	2832.94	2818.00	2133.33	14.94	32.79
Beans(Green)	260.00 - 450.00	360.00	358.40	297.19	1.60	21.14	Paraw	1440.00 - 2400.00	1912.63	1808.33	1653.89	104.30	15.64
Carrot	140.00 - 280.00	227.78	226.92	381.88	0.85	-40.35	Mora	-	-	1234.29	-	-	-
Leeks	200.00 - 320.00	273.20	282.31	193.33	-9.11	41.31	Shrimps	1400.00 - 2200.00	1733.60	1668.33	1396.25	65.27	24.16
Beetroot	200.00 - 360.00	310.40	303.08	263.64	7.32	17.74	Thalapath	1560.00 - 2600.00	2153.60	2136.00	1838.26	17.60	17.15
Knolkhol	200.00 - 320.00	272.50	251.82	210.94	20.68	29.19	<u>Eggs</u>						
Raddish	80.00 - 200.00	154.78	160.71	130.00	-5.93	19.06	Brown	-	-	46.00	27.57	-	-
Cabbage	80.00 - 200.00	152.00	150.77	175.48	1.23	-13.38	White	44.00 - 50.00	48.00	48.29	26.36	-0.29	82.11
Tomato	200.00 - 320.00	264.62	270.00	403.67	-5.38	-34.45	<u>Dried Fish</u>						
Ladies Fingers	220.00 - 360.00	301.25	286.40	169.03	14.85	78.22	Sprats	1200.00 - 2000.00	1730.00	1759.09	1336.30	-29.09	29.46
Brinjal	200.00 - 400.00	317.60	330.00	204.85	-12.40	55.04	Sprats (Imported)	1000.00 - 1500.00	1281.82	1313.64	900.00	-31.82	42.42
Capsicum	360.00 - 800.00	615.83	735.42	492.81	-119.58	24.96	Kattawa	2200.00 - 2800.00	2465.22	2468.18	1708.62	-2.96	44.28
Pumpkin	80.00 - 200.00	152.40	153.33	247.10	-0.93	-38.32	Thora	-	-	-	-	-	-
Cucumber	100.00 - 240.00	193.20	208.00	128.44	-14.80	50.42	Mora	2000.00 - 2800.00	2394.12	2313.64	1700.00	80.48	40.83
Bitter Gourd	350.00 - 600.00	448.80	405.83	365.15	42.97	22.91	Balaya	1100.00 - 1600.00	1423.81	1441.67	1056.40	-17.86	34.78
Snake Gourd	180.00 - 320.00	272.80	280.00	263.13	-7.20	3.68	Anguluwa	2200.00 - 2600.00	2300.00	2400.00	1526.67	-100.00	50.66
Drumstick	-	-	-	-	-	-	Maduwa	-	-	1750.00	1171.43	-	-
Luffa	280.00 - 400.00	342.08	377.60	302.58	-35.52	13.06	Koduwa	-	-	-	-	-	-
Long Beans	150.00 - 360.00	260.00	271.20	219.06	-11.20	18.69	Salaya	950.00 - 1400.00	1156.82	1124.00	789.13	32.82	46.59
Ash Plantain	250.00 - 360.00	307.20	304.80	136.88	2.40	124.44	<u>Meat</u>						
Green Chillies	400.00 - 700.00	517.50	540.40	558.48	-22.90	-7.34	Beef (without Bones)	2200.00 - 2300.00	2250.00	2233.33	1500.00	16.67	50.00
Lime	150.00 - 400.00	318.80	320.38	223.13	-1.58	42.88	Chicken (Broiler)	1130.00 - 1260.00	1208.75	1198.18	826.00	10.57	46.34
<u>Root Crops</u>							Chicken (Curry)	1300.00 - 1500.00	1400.00	1407.14	769.00	-7.14	82.05
Sweet Potato	120.00 - 240.00	204.00	201.54	150.00	2.46	36.00	Mutton	2800.00 - 3200.00	2971.43	3000.00	2075.00	-28.57	43.20
Manioc	180.00 - 240.00	212.00	210.40	98.06	1.60	116.18	Pork	1480.00 - 2000.00	1720.00	1720.00	840.00	0.00	104.76
<u>Leafy Vegetable</u>													
Mukunuwenna	60.00 - 80.00	77.22	78.13	59.47	-0.90	29.84							
Kankun	60.00 - 80.00	77.22	78.13	59.47	-0.90	29.84							
Gotukola	60.00 - 150.00	107.22	122.22	63.42	-15.00	69.06							

This Week: Week 10: 03 - 09 March 2023

Last Week: Week 09: 24 - February -02 March 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 10: 03 - 09 March 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	100.00 - 125.00	116.00
A'pura	98.00 - 105.00	100.80	Dambulla	172.50 - 210.00	196.50	Hambantota	160.00 - 190.00	176.00
P'naruwa	109.00 - 110.00	109.40	Welimada	160.00 - 170.00	165.00	Embilipitiya	135.00 - 150.00	142.00
Kalawewa	85.00 - 105.00	95.00	Badulla	140.00 - 160.00	152.00	Matara	-	
Kurunegala	85.00 - 100.00	92.75	Carrot			A'pura	110.00 - 125.00	116.00
Dehiattakandiya	92.50 - 108.50	99.80	N'Elia	95.00 - 105.00	99.00	Luffa		
Nikaweratiya	98.00 - 108.00	103.83	Welimada	50.00 - 60.00	54.00	Dambulla	145.00 - 152.50	148.50
Ampara	105.00 - 110.00	107.50	Hanguranketha	55.00 - 80.00	67.00	Hambantota	160.00 - 180.00	174.00
Long Grain (White)			Leeks			Embilipitiya	180.00 - 200.00	186.00
A'pura	90.00 - 100.00	96.00	N'Elia	110.00 - 118.00	114.60	Matara	-	
P'naruwa	104.00 - 106.00	104.90	Welimada	110.00 - 120.00	114.00	A'pura	110.00 - 120.00	114.00
Kalawewa	80.00 - 100.00	87.88	Beetroot			Green Chillies		
Kurunegala	85.00 - 100.00	92.75	N'Elia	118.00 - 125.00	120.20	Dambulla	270.00 - 330.00	308.00
Dehiattakandiya	81.00 - 99.00	91.40	Dambulla	145.00 - 167.50	159.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	350.00 - 370.00	358.00
Nikaweratiya	90.00 - 101.00	97.67	Welimada	120.00 - 125.00	123.00	Puttalam	240.00 - 300.00	260.00
Hambantota	-		Hanguranketha	115.00 - 140.00	127.00	A'pura	150.00 - 160.00	154.00
Ampara	85.00 - 102.00	94.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	75.00 - 85.00	79.00	Dambulla	43.00 - 57.00	52.00
Matara	90.00 - 95.00	93.00	Welimada	60.00 - 70.00	65.00	Hambantota	40.00 - 50.00	46.00
Hambantota	95.00 - 100.00	97.50	Hanguranketha	75.00 - 90.00	81.60	Embilipitiya	70.00 - 80.00	75.00
Embilipitiya	94.00 - 96.00	95.00	Raddish			Matara	40.00 - 55.00	47.50
Keeri Samba			N'Elia	35.00 - 40.00	37.80	A'pura	40.00 - 45.00	42.00
A'pura	110.00 - 120.00	114.00	Welimada	17.00 - 20.00	18.60	Moneragala	-	
P'naruwa	125.00 - 126.00	125.25	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	110.00 - 115.00	111.40	Hanguranketha	20.00 - 25.00	22.00	A'pura	45.00 - 50.00	47.00
Kurunegala	100.00 - 120.00	108.75	Cabbage			Dambulla	47.00 - 57.00	53.60
Dehiattakandiya	104.00 - 129.50	117.40	N'Elia	35.00 - 45.00	41.00	Hambantota	80.00 - 100.00	86.00
Red Onion			Welimada	16.00 - 20.00	18.60	Matara	95.00 - 110.00	101.25
Puttalam	220.00 - 320.00	272.00	Badulla	25.00 - 35.00	30.00	Long Beans		
Jaffna	130.00 - 180.00	153.33	Hanguranketha	20.00 - 35.00	27.20	Dambulla	95.00 - 130.00	115.00
Big Onion			Tomato			Hambantota	80.00 - 100.00	88.00
Dambulla	-		Welimada	100.00 - 110.00	104.00	Embilipitiya	100.00 - 140.00	120.83
Kalawewa	-		Hambantota	-		Matara	110.00 - 125.00	117.50
A'pura	-		Dambulla	95.00 - 110.00	104.00	A'pura	100.00 - 110.00	104.00
Potato			Hanguranketha	80.00 - 100.00	90.60	Ash Plantain		
N'Elia	175.00 - 185.00	179.00	<u>Vegetable (Low Country)</u>			Hambantota	100.00 - 120.00	110.00
Badulla	150.00 - 170.00	160.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	123.00
Welimada	150.00 - 160.00	156.00	A'pura	120.00 - 130.00	124.00	Matara	135.00 - 150.00	142.50
<u>Pulses</u>			Dambulla	145.00 - 157.50	153.00	Lime		
Green Gram			Hambantota	130.00 - 160.00	144.00	Hambantota	-	
Hambantota	-		Embilipitiya	170.00 - 190.00	179.00	Embilipitiya	80.00 - 100.00	88.00
Moneragala	1200.00 - 1300.00	1240.00	Matara	150.00 - 160.00	156.25	Moneragala	90.00 - 100.00	94.00
Embilipitiya	1350.00 - 1400.00	1375.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	1100.00 - 1100.00	1100.00	A'pura	160.00 - 170.00	164.00	Banana		
A'pura	1200.00 - 1300.00	1240.00	Dambulla	172.50 - 210.00	190.00	Ambul		
Cowpea			Hambantota	-		Moneragala	70.00 - 80.00	74.00
Hambantota	-		Embilipitiya	140.00 - 160.00	149.00	Embilipitiya	100.00 - 130.00	116.00
Nikaweratiya	500.00 - 600.00	550.00	Matara	170.00 - 180.00	175.00	Hambantota	130.00 - 150.00	136.00
Moneragala	700.00 - 750.00	720.00	Welimada	210.00 - 225.00	218.00	Kolikuttu		
Embilipitiya	650.00 - 670.00	660.00	Capsicum			Moneragala	250.00 - 280.00	262.00
Maize			Badulla	-		Embilipitiya	260.00 - 290.00	276.00
A'pura	130.00 - 140.00	134.00	Welimada	370.00 - 390.00	378.00	Hambantota	-	
Kalawewa	100.00 - 140.00	119.00	Bitter Gourd			Papaw		
Gingelly			A'pura	280.00 - 300.00	288.00	Moneragala	120.00 - 130.00	124.00
A'pura	550.00 - 600.00	570.00	Dambulla	270.00 - 310.00	298.00	Embilipitiya	230.00 - 340.00	261.25
Kalawewa	600.00 - 700.00	650.00	Hambantota	-		Hambantota	180.00 - 190.00	182.50
Black Gram			Embilipitiya	350.00 - 370.00	357.50	Pineapple		
A'pura	550.00 - 570.00	558.00	Matara	295.00 - 310.00	301.25	Divulapitiya	-	
Kalawewa	500.00 - 600.00	550.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)
Week 10: 03 - 09 March 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	225.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00	240.00 - 240.00	230.00 - 230.00	230.00 - 230.00
Samba 2	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00	220.00 - 220.00	220.00 - 220.00
Keeri Samba	260.00 - 260.00	250.00 - 260.00	260.00 - 260.00	260.00 - 265.00	260.00 - 260.00	260.00 - 260.00	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00
Nadu 1	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	215.00 - 230.00	215.00 - 220.00	220.00 - 220.00
Nadu 2	210.00 - 210.00	200.00 - 210.00	210.00 - 210.00	200.00 - 210.00	190.00 - 210.00	210.00 - 210.00	200.00 - 210.00	210.00 - 210.00	200.00 - 210.00
Raw (Red)	180.00 - 190.00	180.00 - 180.00	170.00 - 210.00	185.00 - 200.00	180.00 - 200.00	210.00 - 210.00	190.00 - 210.00	200.00 - 210.00	190.00 - 210.00
Raw (White)	190.00 - 210.00	180.00 - 200.00	180.00 - 210.00	180.00 - 200.00	180.00 - 200.00	210.00 - 210.00	180.00 - 200.00	190.00 - 200.00	190.00 - 210.00
Imported									
Samba	210.00 - 230.00	210.00 - 220.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	210.00 - 230.00	210.00 - 220.00	220.00 - 220.00
Nadu	190.00 - 190.00	190.00 - 200.00	190.00 - 190.00	190.00 - 200.00	190.00 - 190.00	-	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 185.00	185.00 - 185.00	190.00 - 190.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	180.00 - 190.00	190.00 - 200.00
<u>Dried Chillies</u>									
Imported	1100.00 - 1600.00	1400.00 - 1400.00	1600.00 - 1600.00	1550.00 - 1600.00	1500.00 - 1600.00	1200.00 - 1500.00	1350.00 - 1600.00	1400.00 - 1600.00	1600.00 - 1600.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	360.00 - 360.00	360.00 - 360.00	-
Vedalan	460.00 - 500.00	540.00 - 560.00	480.00 - 480.00	-	480.00 - 560.00	560.00 - 560.00	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00
Imported	380.00 - 380.00	400.00 - 440.00	340.00 - 440.00	400.00 - 440.00	400.00 - 400.00	400.00 - 440.00	350.00 - 400.00	400.00 - 400.00	380.00 - 400.00
<u>Big Onion</u>									
Imported	115.00 - 130.00	130.00 - 130.00	140.00 - 140.00	150.00 - 150.00	140.00 - 150.00	150.00 - 150.00	110.00 - 140.00	130.00 - 140.00	140.00 - 140.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	280.00 - 300.00	320.00 - 320.00	300.00 - 320.00	280.00 - 300.00	320.00 - 320.00	300.00 - 300.00	280.00 - 300.00	280.00 - 280.00	320.00 - 320.00
N'Eliya	340.00 - 360.00	360.00 - 380.00	380.00 - 400.00	360.00 - 380.00	340.00 - 360.00	360.00 - 360.00	360.00 - 400.00	380.00 - 400.00	400.00 - 400.00
Imported	130.00 - 160.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	160.00 - 160.00	130.00 - 160.00	140.00 - 160.00	160.00 - 160.00
<u>Pulses</u>									
Green Gram	1500.00 - 1600.00	1500.00 - 1600.00	1520.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1600.00 - 1600.00	1500.00 - 1600.00	1450.00 - 1600.00	1450.00 - 1500.00
Cowpea (White)	1100.00 - 1200.00	1200.00 - 1400.00	1200.00 - 1400.00	1100.00 - 1200.00	1400.00 - 1400.00	1400.00 - 1400.00	1300.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1400.00
Cowpea (Red)	1150.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1200.00	1300.00 - 1300.00	1300.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1200.00	1300.00 - 1300.00
Red Dhal	350.00 - 360.00	360.00 - 370.00	380.00 - 380.00	380.00 - 380.00	360.00 - 380.00	360.00 - 380.00	360.00 - 380.00	360.00 - 380.00	380.00 - 380.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 10: 03 - 09 March 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	320.00 - 400.00	400.00 - 440.00	400.00 - 440.00	360.00 - 440.00	400.00 - 450.00	320.00 - 320.00	260.00 - 280.00	280.00 - 320.00	320.00 - 320.00
Carrot	140.00 - 160.00	280.00 - 280.00	240.00 - 280.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	180.00 - 200.00	200.00 - 240.00	240.00 - 240.00
Leeks	200.00 - 220.00	320.00 - 320.00	300.00 - 320.00	240.00 - 320.00	240.00 - 260.00	300.00 - 320.00	220.00 - 240.00	240.00 - 320.00	300.00 - 320.00
Beetroot	200.00 - 240.00	320.00 - 360.00	320.00 - 360.00	320.00 - 320.00	240.00 - 240.00	360.00 - 360.00	260.00 - 320.00	320.00 - 320.00	320.00 - 320.00
Knolkhol	200.00 - 280.00	280.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 250.00	300.00 - 320.00	240.00 - 320.00	240.00 - 320.00	240.00 - 280.00
Raddish	80.00 - 120.00	200.00 - 200.00	160.00 - 200.00	200.00 - 200.00	160.00 - 160.00	160.00 - 160.00	120.00 - 160.00	120.00 - 160.00	160.00 - 160.00
Cabbage	80.00 - 120.00	200.00 - 200.00	160.00 - 200.00	160.00 - 200.00	140.00 - 200.00	160.00 - 180.00	120.00 - 160.00	120.00 - 160.00	120.00 - 120.00
Tomato	200.00 - 220.00	320.00 - 320.00	320.00 - 320.00	240.00 - 320.00	240.00 - 240.00	320.00 - 320.00	200.00 - 200.00	200.00 - 320.00	300.00 - 320.00
Ladies Fingers	220.00 - 240.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	260.00 - 280.00	300.00 - 320.00	260.00 - 320.00	240.00 - 320.00	320.00 - 320.00
Brinjal	200.00 - 280.00	400.00 - 400.00	320.00 - 320.00	320.00 - 320.00	280.00 - 280.00	320.00 - 400.00	280.00 - 320.00	300.00 - 400.00	400.00 - 400.00
Capsicum	360.00 - 400.00	700.00 - 800.00	600.00 - 800.00	600.00 - 600.00	500.00 - 700.00	600.00 - 600.00	500.00 - 700.00	600.00 - 800.00	700.00 - 800.00
Pumpkin	80.00 - 120.00	200.00 - 200.00	160.00 - 200.00	200.00 - 200.00	150.00 - 160.00	200.00 - 200.00	120.00 - 160.00	120.00 - 120.00	120.00 - 120.00
Cucumber	100.00 - 150.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	180.00 - 200.00	160.00 - 160.00	160.00 - 200.00	200.00 - 240.00	200.00 - 200.00
Bitter Gourd	350.00 - 360.00	520.00 - 600.00	400.00 - 520.00	480.00 - 600.00	400.00 - 450.00	420.00 - 450.00	400.00 - 480.00	400.00 - 520.00	400.00 - 480.00
Snake Gourd	180.00 - 200.00	280.00 - 320.00	320.00 - 320.00	280.00 - 320.00	240.00 - 260.00	300.00 - 320.00	200.00 - 280.00	240.00 - 320.00	320.00 - 320.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	280.00 - 320.00	360.00 - 400.00	360.00 - 400.00	400.00 - 400.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00	360.00 - 400.00
Long Beans	150.00 - 200.00	360.00 - 360.00	280.00 - 320.00	320.00 - 360.00	240.00 - 250.00	240.00 - 280.00	200.00 - 340.00	240.00 - 240.00	240.00 - 240.00
Ash Plantain	250.00 - 280.00	360.00 - 360.00	320.00 - 360.00	320.00 - 360.00	280.00 - 300.00	320.00 - 360.00	250.00 - 300.00	280.00 - 320.00	280.00 - 280.00
Green Chillies	450.00 - 460.00	700.00 - 700.00	700.00 - 700.00	600.00 - 700.00	400.00 - 500.00	500.00 - 600.00	400.00 - 500.00	400.00 - 600.00	500.00 - 600.00
Lime	150.00 - 200.00	400.00 - 400.00	400.00 - 400.00	300.00 - 400.00	200.00 - 300.00	400.00 - 400.00	200.00 - 300.00	300.00 - 400.00	400.00 - 400.00
<u>Root Crops</u>									
Sweet Potato	120.00 - 160.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 200.00	240.00 - 240.00	160.00 - 160.00	160.00 - 200.00	200.00 - 200.00
Manioc	180.00 - 200.00	220.00 - 220.00	200.00 - 200.00	240.00 - 240.00	240.00 - 240.00	200.00 - 220.00	180.00 - 200.00	200.00 - 220.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	60.00 - 70.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00
<u>Coconut</u>									
Large	110.00 - 110.00	130.00 - 130.00	110.00 - 120.00	120.00 - 120.00	110.00 - 120.00	110.00 - 120.00	110.00 - 110.00	110.00 - 130.00	120.00 - 130.00
Small	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 95.00	100.00 - 100.00	100.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 10: 03 - 09 March 2023

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	200.00	-	220.00	220.00	-	250.00	250.00	-	260.00	230.00	-	240.00	220.00	-	240.00	220.00	-	240.00	200.00	-	220.00	200.00	-	220.00	200.00	-	230.00
Kolikuttu (Rs/Kg)	420.00	-	450.00	400.00	-	450.00	450.00	-	450.00	420.00	-	450.00	380.00	-	450.00	450.00	-	480.00	450.00	-	460.00	420.00	-	450.00	400.00	-	480.00
Seeni (Rs/Kg)	200.00	-	220.00	220.00	-	250.00	220.00	-	240.00	180.00	-	200.00	200.00	-	250.00	180.00	-	200.00	200.00	-	220.00	180.00	-	200.00	230.00	-	250.00
Anamalu	30.00	-	30.00	30.00	-	32.00	30.00	-	35.00	28.00	-	30.00	30.00	-	32.00	28.00	-	30.00	30.00	-	32.00	28.00	-	30.00	28.00	-	32.00
Ambun	38.00	-	38.00	38.00	-	40.00	38.00	-	42.00	35.00	-	38.00	38.00	-	40.00	35.00	-	38.00	38.00	-	40.00	35.00	-	38.00	35.00	-	40.00
<u>Pineapple</u>																											
Large	700.00	-	760.00	700.00	-	700.00	700.00	-	700.00		-		700.00	-	700.00		-			-			-			-	
Medium	600.00	-	680.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	680.00	600.00	-	600.00	600.00	-	600.00	600.00	-	650.00	600.00	-	650.00
Small	500.00	-	550.00	550.00	-	550.00	550.00	-	550.00	550.00	-	580.00	550.00	-	580.00	450.00	-	550.00	450.00	-	550.00	450.00	-	550.00	450.00	-	550.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	280.00	-	320.00		-			-		300.00	-	350.00	400.00	-	400.00		-			-			-			-	
Vilad	100.00	-	100.00		-			-		70.00	-	80.00		-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	70.00	-	80.00	100.00	-	120.00	100.00	-	150.00	100.00	-	150.00	70.00	-	100.00	80.00	-	100.00	60.00	-	60.00	60.00	-	70.00	80.00	-	120.00
Orange	60.00	-	80.00	100.00	-	120.00	100.00	-	120.00	100.00	-	120.00	80.00	-	100.00	70.00	-	80.00		-			-		100.00	-	120.00
Avocado	120.00	-	160.00	200.00	-	220.00	120.00	-	150.00	200.00	-	250.00	180.00	-	250.00	120.00	-	150.00	140.00	-	150.00	140.00	-	150.00	180.00	-	220.00
Slime Apple	50.00	-	60.00	80.00	-	100.00	100.00	-	100.00	80.00	-	100.00	70.00	-	80.00	60.00	-	70.00	50.00	-	70.00	60.00	-	70.00	80.00	-	100.00
Grapes (Rs/Kg)	2200.00	-	2200.00	3000.00	-	3000.00	2400.00	-	3000.00	3000.00	-	3000.00		-		2500.00	-	2500.00	2500.00	-	2500.00	2200.00	-	2200.00	2500.00	-	2500.00
Papaw (Rs/Kg)	340.00	-	350.00	380.00	-	450.00	430.00	-	450.00	300.00	-	350.00	400.00	-	450.00	320.00	-	350.00	320.00	-	350.00	340.00	-	350.00	340.00	-	350.00
Passion	70.00	-	75.00	100.00	-	100.00	92.00	-	100.00	100.00	-	100.00		-			-		100.00	-	100.00		-		83.00	-	100.00
King Coconut	140.00	-	150.00	150.00	-	160.00	150.00	-	170.00	150.00	-	160.00	140.00	-	160.00	150.00	-	160.00	120.00	-	130.00	140.00	-	150.00	140.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 10: 03 - 09 March 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	560.00 - 700.00	520.00 - 520.00	700.00 - 700.00	600.00 - 600.00	520.00 - 520.00	600.00 - 600.00	600.00 - 600.00	560.00 - 600.00	600.00 - 600.00
Hurulla	980.00 - 1050.00	1000.00 - 1000.00	900.00 - 1000.00	1000.00 - 1000.00	900.00 - 900.00	900.00 - 1000.00	900.00 - 1000.00	900.00 - 920.00	900.00 - 960.00
Balaya	1000.00 - 1020.00	1520.00 - 1520.00	-	-	-	1600.00 - 1600.00	1000.00 - 1200.00	-	-
Kelawalla	1560.00 - 1680.00	2000.00 - 2200.00	1800.00 - 2000.00	2600.00 - 2600.00	2200.00 - 2200.00	1600.00 - 2000.00	-	1600.00 - 1600.00	1900.00 - 2100.00
Thora	2200.00 - 3000.00	2520.00 - 2520.00	2400.00 - 3600.00	3400.00 - 3400.00	3800.00 - 3800.00	2200.00 - 3600.00	-	2400.00 - 2400.00	3200.00 - 3200.00
Paraw	1440.00 - 1560.00	1920.00 - 1920.00	2000.00 - 2100.00	2400.00 - 2400.00	1960.00 - 1960.00	2000.00 - 2000.00	-	1800.00 - 2000.00	1960.00 - 1960.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2100.00 - 2200.00	1600.00 - 1600.00	2000.00 - 2000.00	1800.00 - 1800.00	1840.00 - 1840.00	1400.00 - 1600.00	1400.00 - 1500.00	1460.00 - 1480.00	1600.00 - 1800.00
Talapath	1560.00 - 1680.00	2200.00 - 2200.00	2400.00 - 2400.00	2600.00 - 2600.00	2300.00 - 2300.00	2000.00 - 2200.00	2000.00 - 2200.00	2000.00 - 2400.00	2200.00 - 2400.00
<u>Eggs (Rs/Egg)</u>									
Brown	-	-	-	-	-	-	-	-	-
White	44.00 - 44.00	-	50.00 - 50.00	-	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	-	-
<u>Dried Fish</u>									
Sprats	1200.00 - 1400.00	-	1800.00 - 1800.00	1400.00 - 2000.00	1800.00 - 2000.00	-	1800.00 - 2000.00	1800.00 - 1900.00	1800.00 - 1900.00
Kattawa	2200.00 - 2300.00	-	2400.00 - 2400.00	2400.00 - 2800.00	2800.00 - 2800.00	2300.00 - 2300.00	2400.00 - 2400.00	2400.00 - 2500.00	2600.00 - 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2400.00	-	2200.00 - 2400.00	2400.00 - 2800.00	2500.00 - 2800.00	-	2300.00 - 2400.00	2300.00 - 2400.00	-
Balaya	1100.00 - 1400.00	-	1400.00 - 1500.00	1500.00 - 1600.00	1500.00 - 1600.00	-	1300.00 - 1400.00	1300.00 - 1400.00	1400.00 - 1600.00
Anguluwa	2200.00 - 2200.00	-	2400.00 - 2600.00	-	-	-	-	-	-
Salaya	950.00 - 1000.00	-	1200.00 - 1300.00	1000.00 - 1200.00	1200.00 - 1300.00	-	1100.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1400.00
<u>Meat</u>									
Beef (without Bones)	-	2200.00 - 2200.00	2300.00 - 2300.00	-	2300.00 - 2300.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	-	1200.00 - 1200.00	1240.00 - 1240.00	1240.00 - 1240.00	1150.00 - 1150.00	1130.00 - 1130.00	1200.00 - 1200.00	1250.00 - 1250.00	1260.00 - 1260.00
Chicken (Curry)	-	1400.00 - 1400.00	1500.00 - 1500.00	1500.00 - 1500.00	1300.00 - 1300.00	-	1300.00 - 1300.00	-	1400.00 - 1400.00
Mutton	-	2800.00 - 2800.00	3000.00 - 3000.00	-	3000.00 - 3000.00	2800.00 - 2800.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00
Pork	-	1800.00 - 1800.00	2000.00 - 2000.00	-	-	-	-	1600.00 - 1600.00	1480.00 - 1480.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

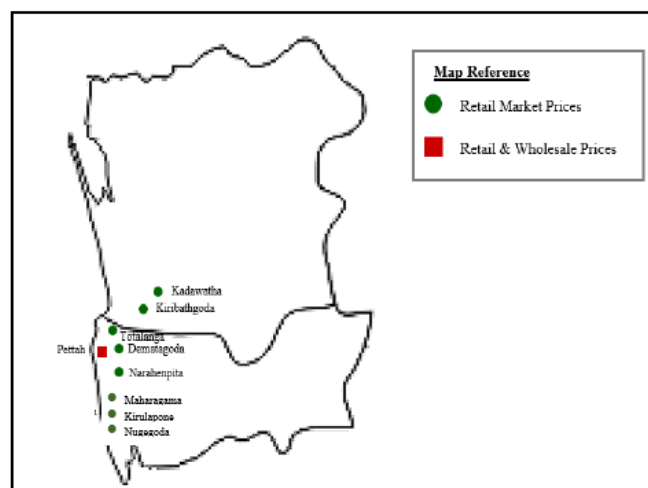
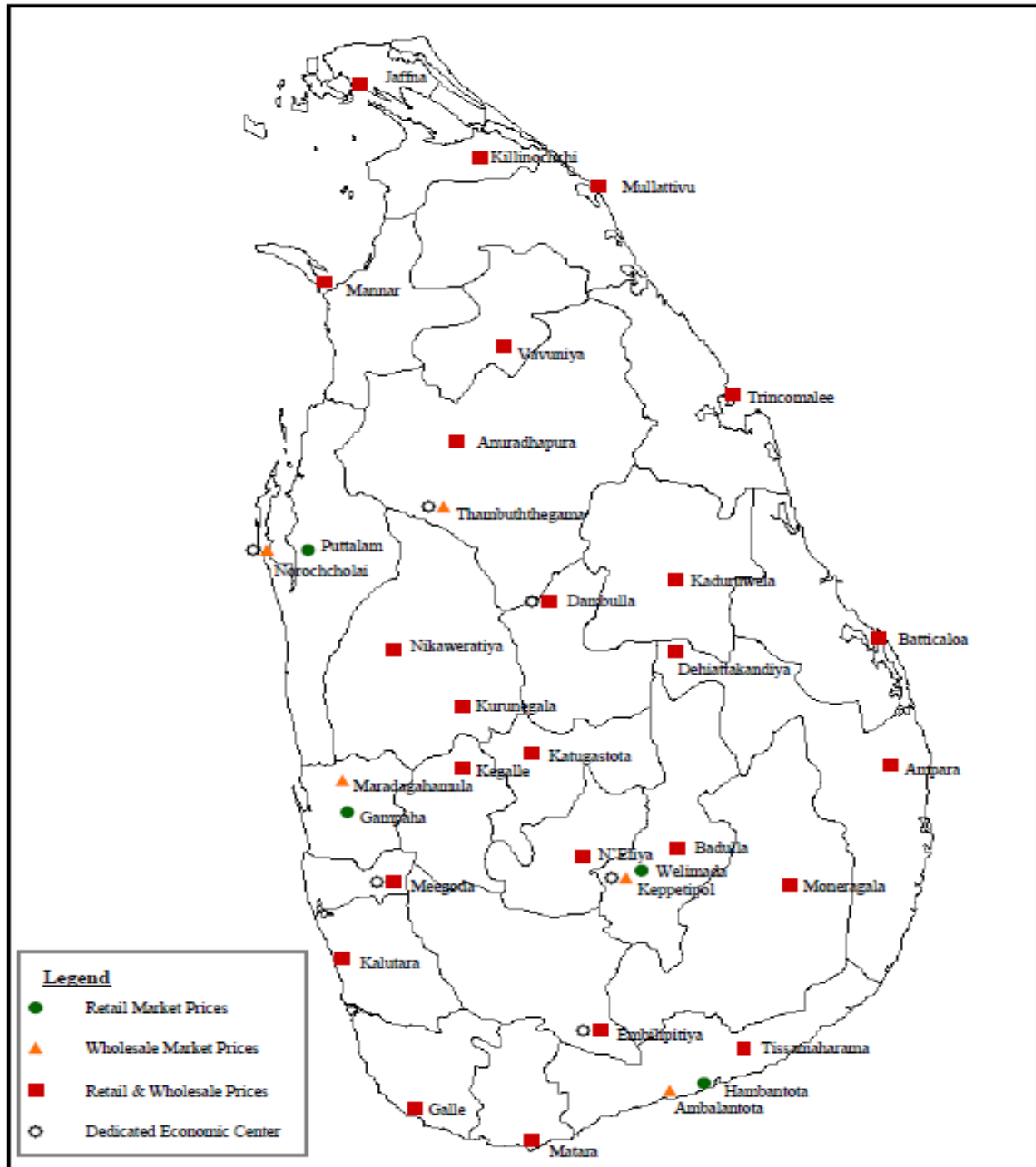
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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දෛනික චළච්ඡි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියුතු පර්යේෂණ හා පුහුණුවීම් ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය
ජාතික ජංගම දුරකථන ජාලයෙන්

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මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චුද්චිත තොග මිල දැක්වේ.
විකාශයාට රු.2/-
සෑහීම සඳහා රජයේ මුද්‍රා ඇතුළත්ව ඇත.