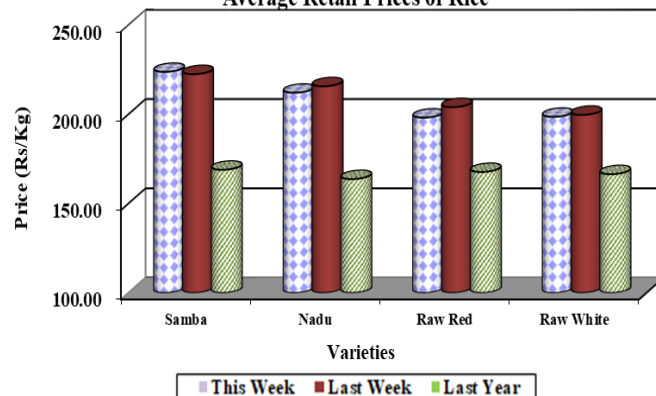
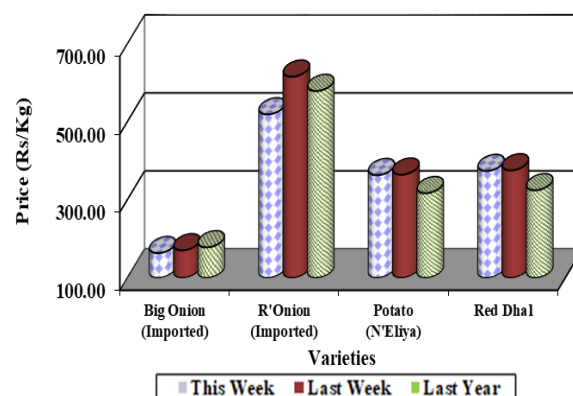
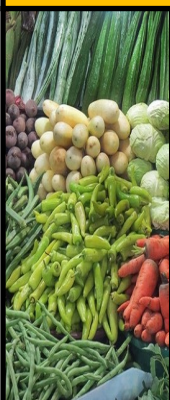


RETAIL MARKET AT A GLANCE**Summary****Rice**

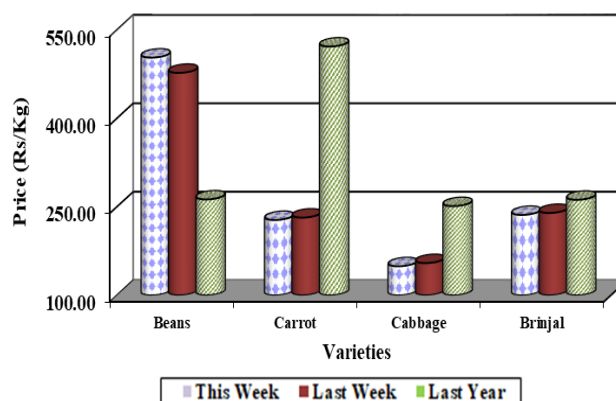
Retail prices of all types of local and imported rice varieties have not changed significantly. Except for samba grade I, samba grade II, and Keeri Samba, retail prices of all types of local rice varieties have decreased marginally by Rs.1.00-6.00/kg. The highest price decrease was reported for raw red and the price ranged as Rs.170.00-210.00/kg. Prices of all types of imported rice varieties have also decreased marginally by Rs.1 /kg. However, compared to the same period of last year, prices of local and imported rice varieties have increased by 6%-33% and 40% -59% respectively. Except for long grain red paddy, the average farm gate paddy price has increased slightly for most of the major paddy varieties.

(Page No. 01-02)**Average Retail Prices of Rice****Other Field Crops**

Retail prices of most of the other field crops have decreased except for imported potato. The price of imported dried chillies has dropped by Rs.53.00/kg and the price ranged Rs.1300.00-1800.00/kg. Price of imported red onion has increased by Rs.97.00/kg and the price ranged Rs.400.00-600.00/kg. Price of imported big onion has decreased slightly (7%) and price ranged Rs.140.00 -180.00/kg. Price of imported potato has increased by Rs.20.00/kg and the price ranged Rs.150.00-240.00/kg. However, compared to the same period of last year, prices of imported dried chilli, Nuwara Eliya potato and imported potato have increased by 49% ,15% and 14% respectively.

(Page No.02-04)**Average Retail Prices of Other Field Crops****Vegetables**

Prices for the majority of vegetable varieties have fallen due to increased market supply in the early stages of the Maha vegetable harvesting season. The most significant price decrease was reported for capsicum at Rs.100.00/kg following the same trend last week, followed by tomato at Rs.49.00/kg. However, the highest price increase of Rs.26.00/kg was reported for beans(Green). Prices for vegetables are expected to decrease further in the upcoming week.

(Page No.04-06)**Average Retail Prices of Vegetables**

Rice**Wholesale**

Prices of both grade II nadu and raw red have decreased by 2% due to increased supply and their price ranges were Rs.170.00-185.00/kg and Rs.157.00-185.00/kg respectively. Prices of all other local rice varieties have not changed significantly and price ranges of grade II samba and raw white were Rs.200.00-210.00/kg and Rs.160.00-190.00/kg respectively. Average prices of grade I samba, grade I nadu and keeri samba were Rs.211.00/kg, Rs.187.00/kg and Rs.219.00/kg respectively.

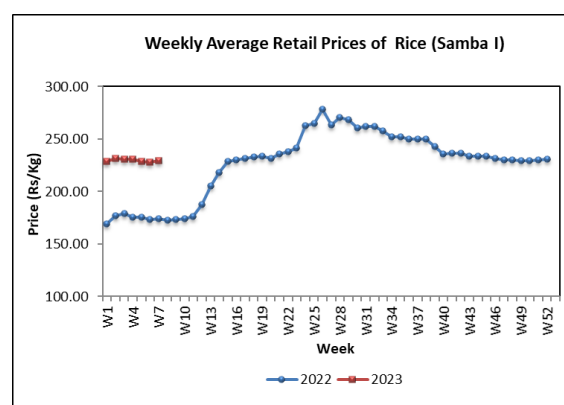
Prices of all types of imported rice varieties have decreased due to increased supply of local rice varieties. Prices of both ponni samba and imported raw white have decreased by 2% and their price ranges were Rs.188.00-195.00/kg and Rs.153.00-162.00/kg respectively. Price of imported nadu has decreased by 1% and the average price was Rs.164.00/kg.

Compared to the same period of last year, prices of all types of local rice varieties have increased in the range of 6%-31% and prices of ponni samba, imported nadu and imported raw white have increased by 57%, 45% and 43% respectively.

Retail

Price of samba grade I, samba grade II and keeri samba have increased by Rs.1.00/kg, Rs.1.00/kg and Rs.4.00/kg respectively. Their price ranges were Rs.220.00-230.00/kg, Rs.210.00-225.00/kg and Rs.240.00-260.00/kg respectively. Price of nadu I, nadu II, raw red and raw white have decreased by Rs.2.00/kg, Rs.5.00/kg Rs.6.00/kg and Rs.1.00/kg respectively. Their price ranges were Rs.210.00-220.00/kg, Rs.190.00-210.00/kg, Rs.170.00-210.00/kg and Rs.180.00-210.00/kg respectively.

Price of both imported samba and imported raw white have decreased by Rs.1.00/kg and price ranged between Rs.200.00-220.00/kg and Rs.160.00-190.00/kg. Imported nadu have not changed significantly. And the price range was Rs.180.00-200.00/kg.



Compared to the same period of last year, all prices of local rice varieties have increased in the 7%-33% range. All

imported rice varieties have increased in the range of 40-59%.

Paddy

The average farm gate prices of short grain (samba) paddy, keeri samba paddy and long grain (white) paddy have slightly increased in most of the producing areas. Long grain (red) paddy prices slightly decreased in Mattara, Hambantota and Embilipitiya areas.

The average farm gate prices of short grain paddy have increased by Rs.1.00-11.00/kg and the price ranged between Rs.95.00-112.00/kg. However, in Polonnaruwa average farm gate price of short grain paddy remained unchanged at Rs.103.00/kg. The highest price increase for short grain paddy was reported in Ampara as 11%. Next, the average prices of keeri samba paddy also has increased except in Polonnaruwa by Rs.2.00-3.00/kg and the price ranged between Rs.103.00-116.00/kg. Also, average prices of long grain (white) paddy has increased except in Dehiattakandiya by Rs.1.00-4.00/kg. In Dehiattakandiya district long grain (white) paddy prices decreased by Rs.1.00/kg. However, a price decrease of Rs.1.00-4.00/kg was reported for long grain (red) paddy in major producing areas and the price ranged Rs.85.00-95.00/kg.

Compared to the same period of last year, the average farm gate paddy prices of short

grain (8-39%), long grain (white) (5-39%) and keeri samba (4-18%) paddy varieties have increased while the price of long grain (white) (5-39%) and keeri samba (4-18%) paddy varieties have increased. Price of long grain (red) paddy has decreased by 2-4% except in Hambantota. In Hambantota long grain (red) prices increased by 4%.

Dried Chilies

Wholesale

Price of imported dried chilies has significantly not changed and the price ranged between Rs.1100.00-1300.00/kg.

Compared to the same period of last year, wholesale price of imported dried chilies prices has increased by 29%.

Retail

Price of imported dried chilies has decreased by Rs.53.00/kg and price range was Rs.1300.00-1800.00/kg.

Compared to the same period of last year, imported dried chilies has increased by 50%.

Onion

Wholesale

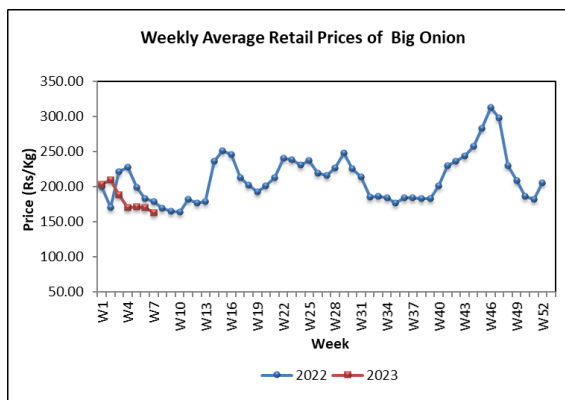
Price of imported red onion has decreased by 7% due to increased supply of Indian stocks to the market and the price ranged Rs.250.00-330.00/kg.

Price of imported big onion has increased by 7% due to availability of high quality Indian stocks in the market and the price ranged between Rs.110.00-130.00/kg.

Compared to the same period of last year, wholesale price of imported red onion and imported big onion have decreased by 25% and 2% respectively.

Retail

Price of imported red onion and big onion have decreased by Rs.97.00/kg and Rs.7.00/kg respectively. Price ranged between Rs.400.00-600.00/kg and Rs.140.00-180.00/kg respectively. Local red onions and local big onions were not available in the market during this week.



Compared to the same period of last year, imported red onion and big onion prices have decreased by 10% and 8% respectively.

Potato

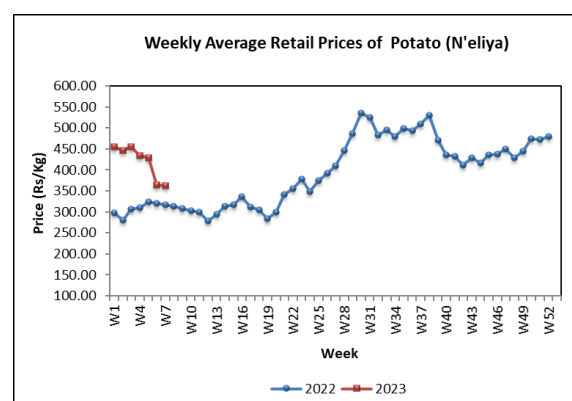
Wholesale

Price of imported potato has increased by 48% due to limited supply and the price ranged between Rs.140.00-190.00/kg. Price of Nuwara Eliya potato has decreased by 2% due to increased supply and the price ranged between Rs.250.00-290.00/kg.

Compared to the same period of last year, prices of imported potatoes and Nuwara Eliya potatoes have increased by 58% and 13% respectively.

Retail

Price of Nuwara Eliya potato have decreased by Rs.1.00/kg and price ranged between Rs.300.00-480.00/kg. Price of imported potato have increased by Rs.20.00/kg and price ranged between Rs.150.00-240.00/kg.



Compared to the same period of last year, Nuwara Eliya and imported potato have increased by 15% and 14% respectively.

Pulses

Wholesale

Prices of both red and white cowpea decreased by 3% due to increased supply of local stocks to the market and both prices ranged between Rs.950.00-1050.00/kg. Price of green gram increased by 6% due to decreased supply of local stocks to the market and the price ranged between Rs.1350.00-1475.00/kg. Price of red dhal have not changed significantly and price ranged between Rs.335.00-340.00/kg.

Compared to the same period of last year, prices of all pulse varieties increased in the range of 12%-175%.

Retail

Price of green gram has increased by Rs.14.00/kg and the price ranged between Rs.1400.00-1600.00/kg. Price of all other pulse varieties decreased by Rs.2.00-35.00/kg. Price ranges of white cowpea and red cowpea were Rs.1200.00-1600.00/kg and the red dhal price range was Rs.350.00-380.00/kg.

Compared to the same period of last year, prices of all pulse varieties have increased in the 15%-138% range.

Vegetable

Wholesale

Prices of most of the vegetable varieties have decreased with the commencement of maha vegetable harvesting season.

Considering up country vegetables, price of most of the vegetable varieties have decreased. The highest price decrease was reported for leeks as 22% due to increased market supply from Nuwara Eliya and Thalawakele areas. Next, a price decrease of 10% was reported for beetroot by due to increased market supply from Puttlam area. Price of knolkhol has decreased by 7% due to low quality stocks received from Kandy and Hanguranketha areas. However, prices of cabbage and raddish have increased by 21% and 6% respectively due to limiting the previous high supply from most of the up country and low country producing area.

Meanwhile, price of tomato has decreased by 29% due to increased market supply from Kandy and Balangoda areas. Further, price of capsicum has decreased by 9% due to increased market supply from Nuwara Eliya. Considering low country vegetables, prices of most of the vegetable varieties have decreased. The highest price decrease was reported for brinjals as 15% due to

increased market supply from Embilipitiya and most of the main producing areas. The price of cucumber has decreased by 6% due to increased market supply from Embilipitiya area. Further, price of pumpkin, bitter gourd, snake gourd and ash plantain has decreased in the range of 1%-4%. However, prices of long beans, ladies fingers and luffa have increased in the range of 9%-10% due to limited stocks received from main producing areas.

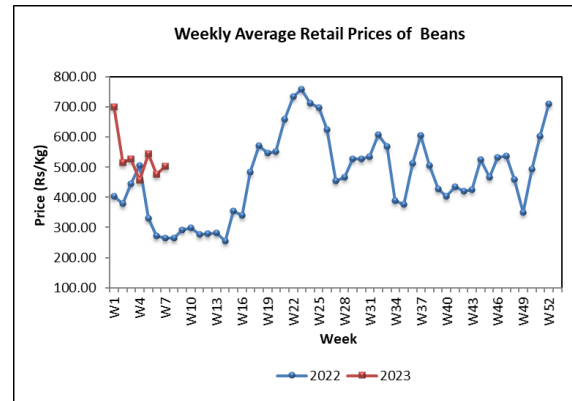
Meanwhile, price of green chilies has decreased by 20% due to increased market supply from Puttalam area. However, price of lime has increased by 4%.

Compared to the same period of last year, prices of a considerable number of vegetable varieties have decreased with the highest price decrease of 74% reported for carrot.

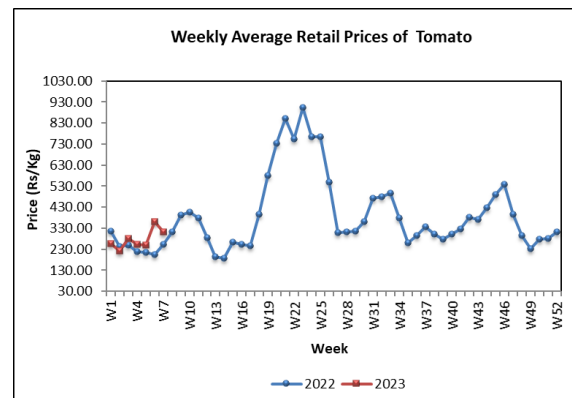
Retail

In line with the decreased wholesale market prices, retail prices of most of the vegetable varieties have also decreased.

Considering up- country vegetables the highest price decrease was reported for leeks as Rs.40.00/kg, followed by beet root as Rs.32.00/kg. However, price of beans has increased by Rs.26.00/kg.



Prices of tomato and capsicum have decreased by Rs.49.00/kg and Rs.100.00/kg respectively.



Considering low country vegetables, the highest price decrease was reported for bitter gourd as Rs.18.00/kg, followed by luffa as Rs.11.00/kg. However, prices of ladies fingers and snake gourd have increased by Rs.19.00/kg and Rs.16.00/kg respectively.

Further, price of green chilies has decreased by Rs.20.00/kg and price of lime has increased by Rs.9.00/kg.

Compared to the same period of last year, prices of considerable of vegetable varieties have decreased and may record a

price surge. The highest was reported for ash plantain as 108%.

Coconut

Wholesales

Prices of both large and small nuts have not changed significantly. Their prices ranged between Rs.98.00-100.00/nut for large nuts and Rs.88.00-92.00/nut for small nuts.

Compared to the same period of last year prices of both large and small nuts have increased by 34% and 36% respectively.

Retail

Prices of both large and small nuts have decreased by Rs.1.00/nut. Price ranges were Rs.110.00-130.00 for a large nut and Rs.90.00-100.00 for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 29% and 26% respectively.

Fruits

Wholesale

Prices of most of fruit varieties increased with limited supply. The highest price increase was reported for mango-betti as 90% with limited supply due to off-season. Price of mango- karthakolomban also increased by 31%. Price of orange increased by 55% due to availability of limited stocks.

Further, price of papaw increased by 15% as availability of limited stocks and high demand. Price of king coconut increased by 5%. The price of ambun and anamalu banana increased by 11% and 8% respectively due to limited stocks. In addition, price of all sizes of pineapple increased in the range of 1%-2% as quality stocks were available. A slight price increase of 1% reported for passion fruit.

However, a price decrease was reported for ambul (14%), kolikuttu (6%) and seeni (4%) banana with availability of ripe fruits. Price of slime apple (3%) and wood apple (1%) decreased with low demand. Further, a slight price decrease was reported for avocado (1%) and imported grapes.

Compared to the same period of last year, wholesale prices of most of the fruit varieties have increased with the highest price increase of 164% reported for banana-ambul.

Retail

Retail prices of most of fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.85.00/fruit was reported for mango-karthakolomban due to limited supply. Prices of all sizes of pineapple have increased in the range of Rs.1.00-32.00/fruit due to availability of quality

stocks. Further, the price of slime apple has increased by Rs.13.00/fruit. A price increase of Rs.6.00/kg was reported for papaw due to limited stocks. Prices of both orange and king coconut have increased by Rs.4.00/fruit.

Meanwhile, the price of avocado has decreased by Rs.33.00/fruit due to low demand. Prices of banana- ambul, kolikuttu and seeni have decreased in the range of Rs.1.00-11.00/kg due to low quality stocks. The price of wood apple and imported grapes have decreased by Rs.4.00/fruit and Rs.3.00/kg respectively.

Compared to the same period of last year, retail prices of all fruits have increased and the highest price increase of 124% was reported for banana- ambul.

Fresh Fish

Wholesale

Prices of most of the fresh fish types have increased due to limited supply compared to demand. The highest price increase of 21% was noted for mora due to low supply from Northern areas and the price ranged between Rs.950.00-1300.00/kg. A price increase of 13% was noted thalapath due to low supply from Negombo and Walachchenai areas and the price ranged between Rs.1400.00-2300.00/kg. Likewise, a price increase of 12% was

noted for thora due to low supply from Northern areas and the price ranged between Rs.2000.00-2800.00/kg. Also, wholesale prices of hurulla and balaya have increased by 1% and 5% respectively.

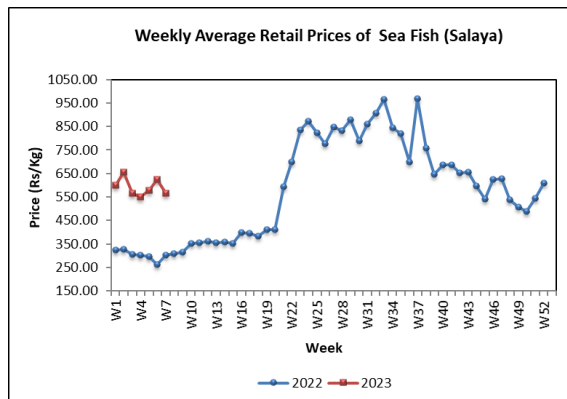
However, a price decrease of 21% was noted for salaya due to high supply from Trincomalee and Mannar areas and the price ranged between Rs.280.00-450.00/kg. Likewise, a price decrease of 5% was noted for kelawalla due to high supply from Beruwala and Galle areas and the price ranged between Rs.1100.00-1300.00/kg. In addition, price of paraw has decreased by 4%.

Compared to the same period of last year, prices of fresh fish types have increased in the range of 34%-72% and the highest price increase was noted for salaya.

Retail

Prices of most types of fresh fish have further increased in line with increased wholesale prices with limited supply. The highest price increase was reported for thora and kelawalla in the range of Rs.90.00-93.00/kg. Prices of balaya and paraw have also increased in the range of Rs.42.00-43.00/kg. Further, price of thalapath has increased by Rs.21.00/kg. However, prices of shrimps and salaya have decreased by Rs.124.00/kg and

Rs.56.00/kg respectively due to low demand.



Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 39%-88% and the highest price increase was reported for salaya.

local maduwa and local sprats due to high supply from Negombo and Trincomalee areas and their prices ranged between Rs.1150.00-1280.00/kg and Rs.1200.00-1340.00/kg respectively. In addition, price of local mora has decrease by 2%.

However, a price increase of 1% was noted for imported kattawa due to low supply from Oman and Indonesia and the price ranged between Rs.1650.00-1800.00/kg.

Compared to the same period of last year, prices of all dried fish types have increased in the range of 18%-65% and the highest price increase was reported for imported kattawa.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 6% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged between Rs.720.00-850.00/kg. A price decrease of 5% was noted for local balaya due to high supply from Negombo and Beruwala areas and the price ranged between Rs.800.00-880.00/kg. Likewise, the prices decrease of 4% were noted for

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except local sprats have decreased with low demand. The highest price decrease was reported for mora by Rs.118.00/kg followed as Rs.110.00/kg for anguluwa. The remaining items have decreased in the range of Rs.10.00-63.00/kg. Price of local sprat has increased by Rs.22.00/kg due to insufficient stocks in the market.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 32%-78% and the

highest price increase was reported for salaya.

Eggs

Wholesale

The prices of brown egg and white egg have increased by 1% and brown egg average price was Rs.46.00/egg and a white egg price ranged between Rs.43.00-44.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 152% and 169% respectively.

Retail

Prices of both brown and white eggs have not changed significantly. Average price of a brown egg was Rs.46.00 and Rs.44.00 for a white egg.

Compared to the same period of last year, prices of brown and white eggs have increased by 140% and 151% respectively.

Meat

Retail

Price of beef has increased by Rs.85.00/kg due to insufficient supply with low meat production. Price of skin-less curry chicken has also increased by Rs.13.00/kg. Meanwhile, prices of pork and skin-less broiler chicken have decreased by

Rs.16.00/kg and Rs.8.00/kg with low demand.

Compared to the same period of last year, prices of all types of meat have increased in the range of 47%-98% and the highest price increase was reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 07: 10 - 16 February 2023

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	10250 –	10750	10000 –	10500	10750 –	11250	9000 –	9500	8500 –	9250	7850 –	9250	8000 –	9500
	Divulapitiya	9900 –	11250	9200 –	9600	10700 –	11000	9250 –	10750	8500 –	9000	8250 –	9250	8000 –	8750
	Kurunegala	–		9750 –	10000	11000 –	12500	–		8250 –	8750	10000 –	10250	8150 –	8250
	Nikaweratiya	11000 –	11000	9250 –	9600	11500 –	12600	10100 –	10600	8500 –	9000	8000 –	10500	8000 –	8500
	Badulla	–		–		–		9500 –	10000	–		7750 –	8250	7750 –	8250
	Puttalam	11200 –	11350	–		12250 –	12750	10700 –	10850	8250 –	8800	9600 –	9600	8600 –	8850
	Dambulla	11200 –	11250	10250 –	10300	12500 –	12600	10500 –	10600	9500 –	9600	10000 –	10250	8750 –	8900
	Anuradhapura	10750 –	11250	–		11750 –	12750	10250 –	10750	–		9750 –	10250	8500 –	9500
	Tambuttegama	10500 –	10600	9900 –	10000	11250 –	11500	–		8900 –	9200	–		8250 –	8500
	Polonnaruwa	11250 –	11300	–		12700 –	12750	10700 –	10800	–		–		9750 –	9850
	Kalutara	10500 –	10750	–		11000 –	11250	–		9250 –	9500	8900 –	9000	8750 –	8900
	Ampara	11400 –	11500	–		12750 –	12750	11000 –	11000	8500 –	8500	7650 –	8250	7500 –	8250
	Kandy	11200 –	11250	10000 –	10250	12000 –	12250	10250 –	10500	8750 –	9500	9500 –	9750	8900 –	9250
	Moneragala	–		9750 –	10250	12250 –	12750	10500 –	10750	–		8250 –	8750	8000 –	8250
	Kegalle	–		–		–		–		–		–		–	
	Dehiattakandiya	11250 –	11250	–		12500 –	12750	10500 –	10750	–		–		8500 –	9500
	Hambantota	11250 –	11250	–		12500 –	12750	–		–		7400 –	7600	7750 –	7800
	Matara	11000 –	11100	–		12000 –	12500	9500 –	10000	–		7500 –	7800	7500 –	7800
	Galle	11250 –	11500	–		12500 –	12750	10500 –	10500	–		7250 –	8000	8000 –	8750
	Meegoda	10500 –	10750	10000 –	10000	11000 –	11750	9500 –	9500	8900 –	9150	7800 –	8500	8000 –	8500
	Tissamaharama	–		–		10750 –	11500	–		8500 –	8750	7500 –	8000	7750 –	8000
	Embilipitiya	10700 –	10800	10500 –	10600	12150 –	12250	10550 –	10650	–		7250 –	7400	8000 –	8200
	Jaffna	–		9200 –	9500	12250 –	12500	9250 –	9400	9150 –	9200	9250 –	9500	–	
	Vavuniya	10500 –	10600	–		11250 –	11500	9750 –	10000	–		8500 –	8750	8450 –	8600
	Mannar	10500 –	10750	–		11500 –	11750	10500 –	10750	9250 –	9500	8750 –	9000	9000 –	9250
	Killinochchi	10500 –	10800	–		12500 –	12750	9400 –	9500	9000 –	9300	8500 –	8750	9000 –	9250
	Mullattivu	–		–		12000 –	12500	10000 –	10500	9500 –	9500	7750 –	8500	9250 –	9750
	Batticaloa	10500 –	10650	–		12250 –	12500	–		9250 –	9500	8650 –	8750	8750 –	8800
Trincomalee	10350 –	10750	–		12250 –	12750	–		8250 –	8500	9250 –	10000	9400 –	9750	
Galenbindunuwewa	10750 –	11250	–		12250 –	12750	10250 –	10750	9500 –	9750	9500 –	10500	8750 –	9250	
Matale	–		–		–		–		–		–		–		

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 07: 10 - 16 February 2023

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
11	Colombo	220.00 –	230.00	210.00 –	225.00	240.00 –	260.00	210.00 –	220.00	190.00 –	210.00	170.00 –	210.00	180.00 –	210.00
	Gampaha	225.00 –	230.00	200.00 –	220.00	240.00 –	260.00	215.00 –	220.00	185.00 –	190.00	200.00 –	210.00	185.00 –	200.00
	Kurunegala	220.00 –	230.00	–		260.00 –	260.00	215.00 –	220.00	200.00 –	200.00	200.00 –	215.00	185.00 –	210.00
	Nikaweratiya	225.00 –	230.00	–		240.00 –	260.00	215.00 –	220.00	175.00 –	190.00	210.00 –	220.00	173.00 –	205.00
	Dambulla	227.00 –	230.00	210.00 –	212.00	255.00 –	260.00	215.00 –	218.00	195.00 –	200.00	210.00 –	212.00	180.00 –	190.00
	Anuradhapura	220.00 –	230.00	–		240.00 –	260.00	210.00 –	220.00	200.00 –	205.00	210.00 –	210.00	175.00 –	200.00
	Thambuththegama	230.00 –	230.00	210.00 –	220.00	240.00 –	260.00	220.00 –	225.00	185.00 –	195.00	210.00 –	220.00	180.00 –	190.00
	Polonnaruwa	229.00 –	230.00	–		259.00 –	260.00	218.00 –	220.00	210.00 –	210.00	210.00 –	210.00	200.00 –	200.00
	Kaluthara	225.00 –	230.00	–		240.00 –	245.00	210.00 –	215.00	–		190.00 –	195.00	185.00 –	190.00
	Badulla	–		–		250.00 –	260.00	210.00 –	210.00	200.00 –	205.00	165.00 –	175.00	165.00 –	175.00
	Keppetipola	224.00 –	226.00	215.00 –	217.00	250.00 –	255.00	210.00 –	212.00	196.00 –	198.00	186.00 –	190.00	185.00 –	188.00
	Moneragala	–		200.00 –	210.00	250.00 –	260.00	215.00 –	220.00	–		170.00 –	180.00	165.00 –	170.00
	Kegalle	230.00 –	230.00	–		250.00 –	260.00	220.00 –	220.00	180.00 –	205.00	210.00 –	220.00	190.00 –	210.00
	Ampara	230.00 –	230.00	–		240.00 –	265.00	205.00 –	205.00	195.00 –	195.00	155.00 –	180.00	150.00 –	160.00
	Dehiattakandiya	230.00 –	230.00	–		260.00 –	260.00	210.00 –	220.00	–		–		180.00 –	210.00
	Nuwareliya	220.00 –	224.00	210.00 –	216.00	250.00 –	255.00	212.00 –	214.00	202.00 –	206.00	188.00 –	190.00	186.00 –	188.00
	Kandy	228.00 –	230.00	215.00 –	220.00	250.00 –	255.00	215.00 –	220.00	195.00 –	205.00	210.00 –	215.00	185.00 –	210.00
	Puttalam	230.00 –	230.00	–		250.00 –	260.00	210.00 –	220.00	175.00 –	185.00	–		180.00 –	190.00
	Hambantota	230.00 –	230.00	–		250.00 –	260.00	–		–		150.00 –	160.00	160.00 –	165.00
	Rathnapura	225.00 –	230.00	–		–		210.00 –	215.00	200.00 –	200.00	164.00 –	170.00	164.00 –	168.00
	Matara	228.00 –	230.00	–		250.00 –	260.00	210.00 –	220.00	–		155.00 –	170.00	156.00 –	170.00
	Galle	230.00 –	230.00	–		255.00 –	260.00	215.00 –	220.00	–		160.00 –	170.00	170.00 –	180.00
	Tissamaharama	–		–		–		–		175.00 –	180.00	155.00 –	165.00	160.00 –	170.00
	Meegoda (DEC)	220.00 –	230.00	210.00 –	210.00	240.00 –	250.00	–		190.00 –	200.00	170.00 –	190.00	170.00 –	190.00
	Embilipitiya	220.00 –	230.00	210.00 –	215.00	248.00 –	260.00	210.00 –	220.00	–		150.00 –	160.00	165.00 –	180.00
	Jaffna	–		200.00 –	210.00	250.00 –	265.00	210.00 –	220.00	190.00 –	210.00	190.00 –	200.00	–	
	Vavuniya	215.00 –	220.00	–		240.00 –	250.00	210.00 –	210.00	205.00 –	205.00	180.00 –	200.00	175.00 –	190.00
	Mannar	220.00 –	230.00	–		250.00 –	260.00	–		200.00 –	210.00	189.00 –	200.00	188.00 –	200.00
	Killinochchi	220.00 –	230.00	–		260.00 –	265.00	–		200.00 –	210.00	180.00 –	190.00	190.00 –	200.00
	Mullaittivu	–		–		260.00 –	270.00	210.00 –	220.00	200.00 –	205.00	160.00 –	180.00	190.00 –	200.00
Batticaloa	220.00 –	230.00	–		260.00 –	260.00	–		200.00 –	210.00	185.00 –	190.00	180.00 –	190.00	
Trincomalee	220.00 –	230.00	–		255.00 –	260.00	–		175.00 –	185.00	198.00 –	205.00	192.00 –	205.00	
Hanguranketha	223.00 –	230.00	200.00 –	210.00	240.00 –	260.00	210.00 –	220.00	194.00 –	199.00	180.00 –	190.00	170.00 –	189.00	
Veyangoda	225.00 –	230.00	220.00 –	220.00	250.00 –	260.00	220.00 –	220.00	190.00 –	200.00	200.00 –	210.00	190.00 –	210.00	
Galenbindunuwewa	220.00 –	230.00	–		250.00 –	260.00	210.00 –	220.00	195.00 –	200.00	200.00 –	220.00	180.00 –	195.00	
Bandarawela	–		215.00 –	220.00	250.00 –	255.00	–		200.00 –	205.00	170.00 –	180.00	170.00 –	175.00	
Matale	–		–		–		–		–		–		–		

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 07: 10 - 16 February 2023

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	55000 - 65000	12500 - 16500	-	5500 - 6500	7000 - 9500	11000 - 11500	12500 - 14500	67500 - 73750	47500 - 52500	16750 - 17000
Kurunegala	57500 - 65750	18500 - 20000	-	6500 - 7500	9500 - 11000	-	-	72500 - 72500	50000 - 62500	17000 - 18250
Nikaweratiya	53500 - 65000	16000 - 16000	-	6500 - 7000	9500 - 9750	-	-	67500 - 72500	-	17000 - 17500
Dehiattakandiya	56500 - 70000	15000 - 22500	-	6500 - 7250	9000 - 11000	-	17000 - 17000	55000 - 55000	-	17000 - 18250
Dambulla (DEC)	64000 - 66000	11500 - 12000	-	6000 - 6250	9000 - 9500	12000 - 12500	13000 - 13500	50000 - 55000	40000 - 42500	17000 - 17500
Anuradhapura	65000 - 75000	17000 - 26500	-	7500 - 8000	10000 - 10000	-	-	57500 - 67500	57500 - 62500	17500 - 18500
Thambuththegama	58500 - 69000	17000 - 17000	17500 - 17500	6000 - 6500	7750 - 8500	-	-	67500 - 67500	45000 - 45000	16900 - 17250
Polonnaruwa	80000 - 85000	19000 - 19500	-	8250 - 8500	10250 - 10500	-	15250 - 15500	-	57500 - 58000	18250 - 18400
Kaluthara	60000 - 62500	17000 - 18000	-	5750 - 5900	9250 - 9500	-	12500 - 13000	70000 - 72000	52000 - 54000	17000 - 17250
Puttalam	60000 - 66000	-	17500 - 23500	6250 - 6500	8000 - 9000	-	13500 - 15000	52500 - 57500	52500 - 56000	17600 - 18500
Kandy	60000 - 65000	16500 - 17500	-	6750 - 7000	9500 - 10000	-	12000 - 12500	64000 - 65000	60000 - 62500	17400 - 17650
Matara	65000 - 68000	18500 - 20000	-	6250 - 6750	9500 - 10000	-	-	60000 - 62500	55000 - 57500	18000 - 18500
Hambantota	65000 - 70000	22500 - 24000	-	6500 - 6750	8000 - 8750	-	-	57500 - 57500	57500 - 60000	18000 - 18750
Kegalle	72000 - 73000	17500 - 18000	-	7200 - 7250	7250 - 7300	-	12500 - 12700	67900 - 68000	57000 - 57600	17700 - 19500
Galle	67500 - 72500	23000 - 24000	-	6900 - 7000	9500 - 10000	-	17500 - 18000	65000 - 68500	-	17000 - 18000
Tissamaharama	62500 - 67500	22500 - 24000	-	7500 - 8000	10000 - 11000	-	-	62500 - 65000	-	18000 - 18500
Meegoda (DEC)	69000 - 74500	14750 - 16000	-	6500 - 6750	9000 - 9750	11500 - 12500	13000 - 14000	65000 - 73500	47500 - 60000	16750 - 18000
Jaffna	65000 - 69000	14000 - 16000	12500 - 14000	6500 - 7500	9500 - 10500	-	-	70500 - 72000	-	16750 - 17000
Vavuniya	70000 - 72000	17500 - 18750	-	7250 - 7500	7750 - 8000	-	-	70000 - 72500	-	17500 - 18000
Mannar	60000 - 65000	25000 - 25500	-	7250 - 7500	9500 - 10000	-	-	70000 - 72500	-	17600 - 18000
Killinochchi	68000 - 70000	16500 - 17500	-	7500 - 8500	10000 - 11000	-	-	70500 - 71500	-	18000 - 18500
Mullattivu	67500 - 70000	-	-	7000 - 8000	7500 - 8000	-	-	57500 - 67500	47500 - 50000	18000 - 18500
Batticaloa	66000 - 67000	-	-	7750 - 8000	10500 - 11000	-	18000 - 18750	72500 - 73000	52000 - 52500	17500 - 17750
Trincomalee	70000 - 74750	-	-	6500 - 7500	10000 - 10900	-	14000 - 14000	77500 - 80000	64500 - 65000	18250 - 19000
Galenbindunuwewa	67000 - 68000	21000 - 22000	-	7500 - 8000	8000 - 11000	-	-	66500 - 67500	55000 - 65000	17750 - 18000
Matale	-	-	-	-	-	-	-	-	-	-

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Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 07: 10 - 16 February 2023**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 400.00	100.00 - 120.00	130.00 - 180.00	100.00 - 150.00	100.00 - 150.00
Meegoda (DEC)	-	360.00 - 390.00	140.00 - 160.00	190.00 - 230.00	120.00 - 150.00	140.00 - 170.00
Dambulla (DEC)	-	350.00 - 380.00	90.00 - 120.00	180.00 - 220.00	100.00 - 120.00	130.00 - 140.00
Keppetipola (DEC)	-	300.00 - 320.00	80.00 - 100.00	160.00 - 180.00	110.00 - 130.00	100.00 - 130.00
Norochchole (DEC)	-	-	-	-	80.00 - 120.00	-
Nuwara Eliya	-	300.00 - 330.00	120.00 - 130.00	170.00 - 180.00	90.00 - 100.00	100.00 - 120.00
Kandy	-	350.00 - 380.00	100.00 - 120.00	180.00 - 200.00	100.00 - 110.00	130.00 - 150.00
Hambantota	-	350.00 - 400.00	140.00 - 180.00	180.00 - 240.00	160.00 - 190.00	180.00 - 200.00
Thambuththegama (DEC)	-	350.00 - 400.00	90.00 - 120.00	160.00 - 180.00	90.00 - 110.00	120.00 - 140.00
Jaffna	-	300.00 - 340.00	100.00 - 150.00	180.00 - 220.00	100.00 - 120.00	-
Bandarawela	-	300.00 - 350.00	80.00 - 100.00	150.00 - 170.00	100.00 - 120.00	80.00 - 100.00
Veyangoda	-	380.00 - 420.00	100.00 - 120.00	180.00 - 220.00	100.00 - 150.00	120.00 - 160.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 70.00	40.00 - 80.00	140.00 - 240.00	200.00 - 220.00	80.00 - 120.00	450.00 - 600.00
Meegoda (DEC)	60.00 - 80.00	75.00 - 120.00	160.00 - 200.00	200.00 - 220.00	140.00 - 160.00	480.00 - 500.00
Moneragala	80.00 - 100.00	80.00 - 100.00	220.00 - 250.00	200.00 - 240.00	100.00 - 130.00	550.00 - 600.00
Dambulla (DEC)	30.00 - 40.00	30.00 - 40.00	140.00 - 160.00	210.00 - 230.00	100.00 - 130.00	400.00 - 450.00
Keppetipola (DEC)	20.00 - 35.00	30.00 - 35.00	150.00 - 160.00	190.00 - 200.00	130.00 - 140.00	450.00 - 500.00
Norochchole (DEC)	15.00 - 30.00	20.00 - 30.00	170.00 - 210.00	180.00 - 220.00	70.00 - 110.00	400.00 - 550.00
Nuwara Eliya	35.00 - 40.00	55.00 - 60.00	160.00 - 180.00	200.00 - 220.00	130.00 - 140.00	400.00 - 450.00
Kandy	40.00 - 60.00	40.00 - 80.00	180.00 - 220.00	200.00 - 210.00	100.00 - 140.00	480.00 - 500.00
Hambantota	80.00 - 120.00	80.00 - 100.00	120.00 - 140.00	200.00 - 250.00	60.00 - 120.00	450.00 - 500.00
Thambuththegama (DEC)	40.00 - 65.00	30.00 - 50.00	190.00 - 230.00	170.00 - 190.00	50.00 - 80.00	450.00 - 530.00
Tissamaharama	80.00 - 100.00	80.00 - 90.00	120.00 - 140.00	180.00 - 200.00	120.00 - 140.00	540.00 - 580.00
Jaffna	35.00 - 40.00	45.00 - 50.00	170.00 - 180.00	280.00 - 320.00	180.00 - 220.00	620.00 - 700.00
Bandarawela	30.00 - 40.00	30.00 - 50.00	150.00 - 170.00	-	100.00 - 120.00	450.00 - 500.00
Veyangoda	50.00 - 60.00	40.00 - 60.00	150.00 - 200.00	210.00 - 240.00	120.00 - 140.00	450.00 - 500.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 80.00	120.00 - 140.00	250.00 - 280.00	130.00 - 150.00	-	190.00 - 280.00
Meegoda (DEC)	75.00 - 100.00	120.00 - 150.00	320.00 - 380.00	120.00 - 140.00	-	200.00 - 260.00
Moneragala	80.00 - 90.00	120.00 - 140.00	380.00 - 400.00	200.00 - 230.00	-	350.00 - 400.00
Dambulla (DEC)	50.00 - 70.00	150.00 - 160.00	250.00 - 300.00	130.00 - 150.00	-	230.00 - 250.00
Keppetipola (DEC)	60.00 - 70.00	60.00 - 80.00	260.00 - 280.00	140.00 - 150.00	-	230.00 - 240.00
Norochchole (DEC)	80.00 - 120.00	100.00 - 120.00	250.00 - 320.00	120.00 - 150.00	-	140.00 - 180.00
Nuwara Eliya	70.00 - 80.00	100.00 - 120.00	280.00 - 320.00	150.00 - 160.00	-	240.00 - 250.00
Kandy	60.00 - 80.00	170.00 - 180.00	240.00 - 260.00	150.00 - 170.00	-	240.00 - 250.00
Hambantota	90.00 - 130.00	150.00 - 180.00	380.00 - 450.00	200.00 - 240.00	-	280.00 - 350.00
Thambuththegama (DEC)	40.00 - 60.00	110.00 - 130.00	230.00 - 280.00	100.00 - 130.00	-	200.00 - 240.00
Tissamaharama	80.00 - 100.00	100.00 - 120.00	320.00 - 340.00	160.00 - 180.00	-	200.00 - 260.00
Jaffna	60.00 - 70.00	110.00 - 130.00	300.00 - 400.00	300.00 - 380.00	##### - #####	-
Bandarawela	60.00 - 70.00	100.00 - 120.00	-	-	-	-
Veyangoda	60.00 - 80.00	140.00 - 170.00	330.00 - 380.00	130.00 - 170.00	-	260.00 - 320.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	130.00 - 150.00	200.00 - 230.00	200.00 - 250.00	90.00 - 100.00	120.00 - 140.00	150.00 - 180.00
Meegoda (DEC)	180.00 - 200.00	200.00 - 220.00	240.00 - 300.00	110.00 - 130.00	100.00 - 110.00	-
Moneragala	150.00 - 200.00	100.00 - 130.00	300.00 - 350.00	80.00 - 120.00	120.00 - 150.00	-
Dambulla (DEC)	150.00 - 200.00	180.00 - 200.00	200.00 - 230.00	80.00 - 100.00	75.00 - 90.00	125.00 - 140.00
Keppetipola (DEC)	170.00 - 180.00	170.00 - 180.00	200.00 - 220.00	80.00 - 100.00	110.00 - 120.00	80.00 - 100.00
Norochchole (DEC)	130.00 - 160.00	130.00 - 160.00	200.00 - 250.00	60.00 - 90.00	120.00 - 140.00	100.00 - 150.00
Nuwara Eliya	180.00 - 200.00	180.00 - 200.00	220.00 - 240.00	100.00 - 130.00	100.00 - 120.00	140.00 - 150.00
Kandy	130.00 - 150.00	180.00 - 200.00	230.00 - 250.00	100.00 - 110.00	90.00 - 110.00	120.00 - 130.00
Hambantota	150.00 - 200.00	140.00 - 160.00	380.00 - 420.00	100.00 - 130.00	150.00 - 180.00	120.00 - 140.00
Thambuththegama (DEC)	120.00 - 150.00	150.00 - 180.00	250.00 - 300.00	60.00 - 80.00	100.00 - 120.00	100.00 - 130.00
Tissamaharama	100.00 - 120.00	170.00 - 180.00	270.00 - 290.00	80.00 - 100.00	140.00 - 150.00	120.00 - 140.00
Jaffna	250.00 - 300.00	150.00 - 180.00	200.00 - 250.00	60.00 - 80.00	150.00 - 180.00	120.00 - 180.00
Bandarawela	-	-	220.00 - 250.00	-	100.00 - 120.00	100.00 - 120.00
Veyangoda	180.00 - 220.00	200.00 - 220.00	250.00 - 280.00	100.00 - 130.00	90.00 - 110.00	130.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	220.00 - 230.00	98.00 - 100.00	88.00 - 92.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	100.00 - 120.00	70.00 - 90.00
Norochchole (DEC)	60.00 - 60.00	50.00 - 60.00	120.00 - 140.00	85.00 - 92.00	75.00 - 84.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	25.00 - 30.00	80.00 - 85.00	65.00 - 70.00
Kandy	40.00 - 45.00	45.00 - 50.00	210.00 - 220.00	95.00 - 98.00	75.00 - 80.00
Hambantota	45.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	80.00 - 85.00	70.00 - 75.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	85.00 - 90.00	65.00 - 70.00
Jaffna	70.00 - 80.00	30.00 - 35.00	100.00 - 150.00	85.00 - 98.00	75.00 - 82.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	50.00 - 55.00	85.00 - 90.00	65.00 - 70.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 40.00	51.00 - 60.00	90.00 - 110.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 07: 10 - 16 February 2023

LOCATIONS	Up Country Varieties																
	Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato	
Colombo	-	400.00	600.00	160.00	280.00	200.00	360.00	160.00	320.00	180.00	320.00	100.00	200.00	100.00	200.00	240.00	400.00
Gampaha	-	480.00	480.00	160.00	240.00	260.00	320.00	200.00	240.00	240.00	280.00	100.00	160.00	100.00	160.00	320.00	400.00
Kurunegala	-	500.00	540.00	240.00	300.00	280.00	320.00	240.00	300.00	200.00	320.00	200.00	240.00	140.00	160.00	360.00	380.00
Nikaweratiya	-	520.00	560.00	240.00	320.00	320.00	400.00	240.00	240.00	240.00	320.00	160.00	200.00	120.00	160.00	320.00	400.00
Dambulla	-	540.00	560.00	180.00	220.00	300.00	340.00	200.00	220.00	200.00	220.00	100.00	120.00	100.00	120.00	300.00	340.00
Anuradhapura	-	460.00	600.00	240.00	320.00	320.00	360.00	200.00	280.00	200.00	260.00	120.00	180.00	120.00	160.00	280.00	360.00
Thambuththegama	-	450.00	520.00	170.00	220.00	230.00	260.00	140.00	180.00	150.00	200.00	120.00	160.00	80.00	120.00	240.00	280.00
Polonnaruwa	-	480.00	500.00	190.00	200.00	280.00	310.00	160.00	190.00	230.00	230.00	140.00	150.00	100.00	130.00	300.00	340.00
Kaluthara	-	440.00	460.00	200.00	220.00	320.00	340.00	180.00	200.00	280.00	300.00	160.00	180.00	160.00	180.00	260.00	280.00
Badulla	-	480.00	560.00	200.00	240.00	280.00	320.00	240.00	280.00	200.00	240.00	120.00	140.00	100.00	120.00	280.00	320.00
Keppetipola	-	380.00	400.00	180.00	200.00	250.00	260.00	200.00	220.00	180.00	200.00	90.00	100.00	100.00	120.00	280.00	300.00
Moneragala	-	480.00	560.00	240.00	300.00	240.00	320.00	280.00	320.00	-	-	120.00	160.00	100.00	160.00	300.00	320.00
Kegalle	-	480.00	520.00	300.00	320.00	340.00	360.00	250.00	280.00	260.00	280.00	220.00	240.00	180.00	200.00	320.00	360.00
Ampara	-	500.00	520.00	240.00	260.00	280.00	300.00	220.00	240.00	200.00	240.00	140.00	140.00	120.00	140.00	280.00	360.00
Dehiattakandiya	-	400.00	600.00	250.00	320.00	320.00	400.00	240.00	320.00	300.00	320.00	120.00	200.00	120.00	120.00	200.00	300.00
Nuwaraeliya	-	380.00	400.00	200.00	220.00	250.00	260.00	200.00	220.00	200.00	220.00	100.00	120.00	140.00	160.00	260.00	280.00
Kandy	-	480.00	500.00	200.00	240.00	300.00	320.00	160.00	200.00	240.00	260.00	100.00	120.00	100.00	120.00	240.00	260.00
Puttalam	-	520.00	600.00	260.00	320.00	280.00	320.00	200.00	400.00	-	-	150.00	200.00	150.00	200.00	300.00	360.00
Hambantota	-	480.00	540.00	200.00	240.00	260.00	320.00	200.00	250.00	240.00	320.00	120.00	160.00	120.00	140.00	160.00	220.00
Rathnapura	-	400.00	430.00	200.00	220.00	200.00	220.00	200.00	240.00	180.00	200.00	80.00	90.00	120.00	130.00	380.00	400.00
Matara	-	520.00	580.00	200.00	220.00	280.00	300.00	160.00	200.00	240.00	300.00	100.00	140.00	100.00	140.00	200.00	220.00
Galle	-	500.00	540.00	200.00	260.00	320.00	320.00	240.00	240.00	320.00	320.00	140.00	180.00	140.00	160.00	240.00	280.00
Tissamaharama	-	440.00	460.00	160.00	180.00	240.00	260.00	190.00	220.00	250.00	270.00	120.00	140.00	90.00	120.00	180.00	200.00
Meegoda (DEC)	-	440.00	520.00	160.00	240.00	200.00	320.00	200.00	240.00	240.00	240.00	110.00	200.00	120.00	160.00	240.00	360.00
Embilipitiya	-	450.00	520.00	200.00	240.00	240.00	280.00	240.00	280.00	200.00	240.00	150.00	200.00	120.00	160.00	240.00	280.00
Jaffna	-	350.00	420.00	150.00	240.00	250.00	300.00	150.00	220.00	-	-	40.00	60.00	50.00	80.00	180.00	220.00
Vavuniya	-	350.00	420.00	200.00	250.00	300.00	400.00	200.00	250.00	-	-	150.00	200.00	120.00	180.00	300.00	350.00
Mannar	-	560.00	600.00	280.00	320.00	360.00	400.00	200.00	240.00	-	-	100.00	140.00	120.00	150.00	280.00	320.00
Killinochchi	-	400.00	440.00	240.00	260.00	300.00	340.00	180.00	220.00	-	-	180.00	220.00	100.00	120.00	300.00	340.00
Mullaitivu	-	400.00	440.00	260.00	300.00	300.00	320.00	240.00	260.00	-	-	150.00	180.00	100.00	140.00	280.00	320.00
Batticaloa	-	540.00	600.00	260.00	280.00	300.00	320.00	320.00	340.00	280.00	320.00	140.00	160.00	140.00	160.00	300.00	320.00
Trincomalee	-	450.00	480.00	190.00	230.00	280.00	320.00	240.00	280.00	180.00	200.00	80.00	110.00	70.00	100.00	240.00	300.00
Hanguranketha	-	400.00	420.00	120.00	150.00	220.00	240.00	150.00	170.00	170.00	200.00	50.00	80.00	60.00	80.00	220.00	250.00
Veyangoda	-	480.00	520.00	200.00	240.00	260.00	320.00	220.00	260.00	200.00	240.00	120.00	160.00	120.00	140.00	280.00	320.00
Galenbindunuwewa	-	560.00	600.00	240.00	260.00	320.00	360.00	200.00	240.00	180.00	200.00	120.00	140.00	100.00	120.00	280.00	320.00
Bandarawela	-	450.00	480.00	180.00	200.00	280.00	300.00	220.00	240.00	180.00	200.00	100.00	120.00	80.00	120.00	280.00	320.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

LOCATIONS	Low Country Varieties					Leafy Vegetable						Coconut (Rs/Nut)			
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna		Kankun		Gotukola		Large		Small	
Colombo	240.00 - 360.00	300.00 - 600.00	180.00 - 400.00	150.00 - 240.00	180.00 - 240.00	50.00 - 80.00	80.00	50.00 - 80.00	80.00	70.00 - 150.00	150.00	110.00 - 130.00	130.00	90.00 - 100.00	100.00
Gampaha	280.00 - 320.00	500.00 - 600.00	200.00 - 300.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	70.00	60.00 - 70.00	70.00	30.00 - 30.00	30.00	110.00 - 120.00	120.00	80.00 - 100.00	100.00
Kurunegala	240.00 - 280.00	400.00 - 500.00	160.00 - 200.00	220.00 - 240.00	200.00 - 240.00	40.00 - 50.00	50.00	40.00 - 50.00	50.00	30.00 - 30.00	30.00	100.00 - 120.00	120.00	90.00 - 90.00	90.00
Nikaweratiya	200.00 - 240.00	400.00 - 500.00	160.00 - 200.00	160.00 - 200.00	140.00 - 160.00	40.00 - 50.00	50.00	40.00 - 50.00	50.00	60.00 - 60.00	60.00	90.00 - 95.00	95.00	80.00 - 85.00	85.00
Dambulla	280.00 - 300.00	400.00 - 500.00	150.00 - 200.00	180.00 - 200.00	180.00 - 220.00	50.00 - 60.00	60.00	50.00 - 60.00	60.00	50.00 - 50.00	50.00	90.00 - 100.00	100.00	75.00 - 80.00	80.00
Anuradhapura	240.00 - 360.00	400.00 - 600.00	200.00 - 300.00	160.00 - 240.00	200.00 - 240.00	50.00 - 60.00	60.00	50.00 - 60.00	60.00	50.00 - 60.00	60.00	90.00 - 100.00	100.00	70.00 - 85.00	85.00
Thambuththegama	-	350.00 - 420.00	140.00 - 160.00	160.00 - 200.00	160.00 - 200.00	40.00 - 40.00	40.00	40.00 - 40.00	40.00	-	-	90.00 - 105.00	105.00	70.00 - 85.00	85.00
Polonnaruwa	220.00 - 240.00	400.00 - 420.00	200.00 - 250.00	200.00 - 220.00	180.00 - 200.00	50.00 - 50.00	50.00	50.00 - 50.00	50.00	50.00 - 50.00	50.00	85.00 - 90.00	90.00	75.00 - 80.00	80.00
Kaluthara	240.00 - 260.00	320.00 - 360.00	240.00 - 280.00	260.00 - 280.00	200.00 - 220.00	80.00 - 90.00	90.00	80.00 - 90.00	90.00	90.00 - 100.00	100.00	110.00 - 115.00	115.00	90.00 - 100.00	100.00
Badulla	300.00 - 320.00	400.00 - 500.00	160.00 - 200.00	220.00 - 240.00	220.00 - 240.00	70.00 - 70.00	70.00	70.00 - 70.00	70.00	70.00 - 80.00	80.00	105.00 - 110.00	110.00	85.00 - 90.00	90.00
Keppetipola	250.00 - 260.00	300.00 - 360.00	200.00 - 220.00	200.00 - 220.00	220.00 - 240.00	40.00 - 45.00	45.00	40.00 - 45.00	45.00	30.00 - 35.00	35.00	105.00 - 108.00	108.00	94.00 - 96.00	96.00
Moneragala	160.00 - 200.00	400.00 - 500.00	200.00 - 250.00	200.00 - 220.00	-	60.00 - 70.00	70.00	60.00 - 70.00	70.00	60.00 - 70.00	70.00	90.00 - 100.00	100.00	70.00 - 80.00	80.00
Kegalle	260.00 - 280.00	460.00 - 500.00	230.00 - 250.00	180.00 - 200.00	180.00 - 200.00	70.00 - 80.00	80.00	70.00 - 80.00	80.00	50.00 - 70.00	70.00	110.00 - 120.00	120.00	90.00 - 100.00	100.00
Ampara	200.00 - 280.00	400.00 - 450.00	150.00 - 200.00	200.00 - 200.00	-	60.00 - 60.00	60.00	50.00 - 50.00	50.00	50.00 - 50.00	50.00	90.00 - 100.00	100.00	80.00 - 90.00	90.00
Dehiattakandiya	200.00 - 240.00	500.00 - 600.00	150.00 - 250.00	160.00 - 200.00	140.00 - 160.00	50.00 - 60.00	60.00	50.00 - 60.00	60.00	50.00 - 60.00	60.00	80.00 - 85.00	85.00	55.00 - 70.00	70.00
Nuwaraeliya	260.00 - 280.00	350.00 - 400.00	240.00 - 260.00	180.00 - 200.00	250.00 - 260.00	40.00 - 50.00	50.00	40.00 - 50.00	50.00	30.00 - 35.00	35.00	105.00 - 108.00	108.00	95.00 - 98.00	98.00
Kandy	260.00 - 280.00	480.00 - 500.00	200.00 - 240.00	160.00 - 180.00											

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 07: 10 - 16 February 2023

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LOCATIONS	Banana						Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun		Large	Medium	Small	Betti	Karthakolomban
Colombo	180.00 - 300.00	400.00 - 480.00	160.00 - 280.00	26.00 - 35.00	33.00 - 44.00		500.00 - 600.00	400.00 - 500.00	300.00 - 400.00	-	330.00 - 450.00
Gampaha	200.00 - 230.00	380.00 - 400.00	170.00 - 180.00	25.00 - 30.00	31.00 - 38.00		380.00 - 400.00	280.00 - 350.00	180.00 - 250.00	-	-
Kurunegala	200.00 - 240.00	440.00 - 500.00	160.00 - 200.00	25.00 - 30.00	42.00 - 43.00		450.00 - 500.00	300.00 - 350.00	150.00 - 180.00	100.00 - 100.00	-
Nikaweratiya	180.00 - 220.00	400.00 - 460.00	180.00 - 200.00	-	40.00 - 44.00		450.00 - 500.00	350.00 - 400.00	150.00 - 200.00	-	-
Dambulla	200.00 - 220.00	400.00 - 450.00	160.00 - 180.00	-	40.00 - 43.00		500.00 - 550.00	400.00 - 450.00	180.00 - 200.00	80.00 - 100.00	250.00 - 280.00
Anuradhapura	200.00 - 260.00	400.00 - 500.00	160.00 - 200.00	28.00 - 30.00	37.00 - 50.00		630.00 - 720.00	520.00 - 600.00	360.00 - 450.00	-	-
Thambuththegama	220.00 - 250.00	400.00 - 450.00	160.00 - 220.00	30.00 - 35.00	-		580.00 - 580.00	450.00 - 450.00	350.00 - 350.00	-	-
Polonnaruwa	180.00 - 200.00	450.00 - 460.00	120.00 - 150.00	19.00 - 21.00	-		600.00 - 650.00	400.00 - 450.00	320.00 - 350.00	-	-
Kaluthara	220.00 - 240.00	410.00 - 440.00	200.00 - 220.00	32.00 - 36.00	35.00 - 37.00		500.00 - 540.00	430.00 - 450.00	-	-	240.00 - 260.00
Badulla	200.00 - 240.00	400.00 - 440.00	130.00 - 140.00	18.00 - 21.00	30.00 - 32.00		-	400.00 - 440.00	300.00 - 340.00	-	-
Keppetipola	180.00 - 200.00	420.00 - 440.00	160.00 - 170.00	18.00 - 22.00	42.00 - 45.00		-	440.00 - 460.00	340.00 - 350.00	-	210.00 - 210.00
Moneragala	150.00 - 170.00	300.00 - 350.00	100.00 - 150.00	18.00 - 20.00	23.00 - 25.00		570.00 - 600.00	-	-	-	-
Kegalle	180.00 - 200.00	480.00 - 520.00	180.00 - 200.00	30.00 - 40.00	35.00 - 40.00		600.00 - 660.00	350.00 - 550.00	150.00 - 220.00	-	-
Ampara	160.00 - 180.00	350.00 - 380.00	100.00 - 130.00	24.00 - 35.00	30.00 - 44.00		600.00 - 650.00	500.00 - 550.00	400.00 - 450.00	-	-
Dehiattakandiya	160.00 - 200.00	400.00 - 450.00	140.00 - 180.00	-	60.00 - 70.00		600.00 - 640.00	425.00 - 500.00	280.00 - 365.00	-	-
Nuwareliya	180.00 - 190.00	430.00 - 450.00	170.00 - 180.00	20.00 - 24.00	44.00 - 46.00		-	460.00 - 480.00	330.00 - 350.00	-	210.00 - 220.00
Kandy	240.00 - 250.00	450.00 - 480.00	180.00 - 200.00	24.00 - 26.00	35.00 - 40.00		650.00 - 700.00	400.00 - 450.00	150.00 - 200.00	-	180.00 - 200.00
Puttalam	150.00 - 180.00	400.00 - 450.00	150.00 - 180.00	20.00 - 22.00	-		600.00 - 650.00	400.00 - 480.00	250.00 - 300.00	-	-
Rathnapura	190.00 - 200.00	340.00 - 360.00	180.00 - 200.00	-	-		650.00 - 700.00	400.00 - 500.00	150.00 - 200.00	-	-
Hambantota	180.00 - 200.00	380.00 - 400.00	150.00 - 170.00	23.00 - 25.00	25.00 - 29.00		550.00 - 600.00	450.00 - 500.00	280.00 - 330.00	-	-
Matara	180.00 - 200.00	370.00 - 400.00	170.00 - 180.00	22.00 - 23.00	33.00 - 35.00		600.00 - 670.00	450.00 - 520.00	300.00 - 400.00	-	190.00 - 220.00
Galle	180.00 - 200.00	350.00 - 380.00	150.00 - 200.00	28.00 - 30.00	35.00 - 38.00		-	-	350.00 - 400.00	-	200.00 - 250.00
Tissamaharama	150.00 - 170.00	380.00 - 420.00	120.00 - 130.00	-	-		520.00 - 540.00	400.00 - 420.00	350.00 - 370.00	-	150.00 - 160.00
Meegoda (DEC)	200.00 - 220.00	350.00 - 380.00	140.00 - 160.00	25.00 - 30.00	30.00 - 32.00		-	-	300.00 - 350.00	-	-
Embilipitiya	150.00 - 170.00	280.00 - 350.00	120.00 - 140.00	20.00 - 30.00	25.00 - 35.00		500.00 - 550.00	350.00 - 450.00	200.00 - 300.00	-	-
Jaffna	150.00 - 180.00	250.00 - 300.00	100.00 - 120.00	-	-		700.00 - 820.00	560.00 - 680.00	350.00 - 420.00	-	350.00 - 450.00
Vavuniya	180.00 - 200.00	340.00 - 360.00	150.00 - 180.00	25.00 - 30.00	-		500.00 - 550.00	400.00 - 480.00	300.00 - 350.00	-	550.00 - 600.00
Mannar	150.00 - 160.00	350.00 - 400.00	120.00 - 150.00	20.00 - 22.00	-		-	450.00 - 500.00	350.00 - 400.00	-	-
Killinochchi	180.00 - 200.00	350.00 - 380.00	140.00 - 160.00	26.00 - 28.00	26.00 - 28.00		720.00 - 760.00	580.00 - 620.00	480.00 - 520.00	-	300.00 - 330.00
Mullaittivu	160.00 - 180.00	280.00 - 300.00	160.00 - 200.00	22.00 - 25.00	22.00 - 25.00		520.00 - 550.00	440.00 - 460.00	360.00 - 380.00	-	-
Batticaloa	180.00 - 200.00	380.00 - 400.00	150.00 - 160.00	30.00 - 40.00	-		-	440.00 - 460.00	320.00 - 400.00	-	-
Trincomalee	190.00 - 220.00	380.00 - 420.00	160.00 - 180.00	28.00 - 29.00	24.00 - 27.00		-	450.00 - 480.00	250.00 - 350.00	-	350.00 - 360.00
Veyangoda	250.00 - 280.00	400.00 - 500.00	180.00 - 220.00	20.00 - 25.00	35.00 - 38.00		450.00 - 500.00	350.00 - 400.00	280.00 - 280.00	-	200.00 - 250.00
Galenbindunuwewa	180.00 - 200.00	400.00 - 420.00	120.00 - 150.00	30.00 - 35.00	35.00 - 40.00		630.00 - 720.00	520.00 - 600.00	420.00 - 480.00	-	-
Bandarawela	220.00 - 240.00	400.00 - 420.00	140.00 - 160.00	20.00 - 24.00	30.00 - 32.00		-	460.00 - 480.00	360.00 - 380.00	-	-
Matale	-	-	-	-	-		-	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits																	
	Vilad		Kohu		Papaw (Rs/Kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/Kg)		King Coconut	
Colombo	-		-		200.00 - 380.00		83.00 - 100.00		50.00 - 120.00		50.00 - 100.00		120.00 - 250.00		60.00 - 120.00		2000.00 - 3000.00		130.00 - 160.00	
Gampaha	-		-		200.00 - 300.00		70.00 - 100.00		80.00 - 90.00		100.00 - 100.00		160.00 - 180.00		50.00 - 80.00		2500.00 - 2500.00		120.00 - 150.00	
Kurunegala	-		-		190.00 - 200.00		60.00 - 70.00		80.00 - 80.00		80.00 - 100.00		120.00 - 125.00		80.00 - 100.00		2500.00 - 2500.00		120.00 - 120.00	
Nikaweratiya	-		-		150.00 - 180.00		-		-		70.00 - 80.00		90.00 - 110.00		40.00 - 60.00		2500.00 - 2500.00		100.00 - 100.00	
Dambulla	100.00 - 100.00		40.00 - 50.00		200.00 - 220.00		40.00 - 50.00		60.00 - 80.00		60.00 - 80.00		150.00 - 160.00		40.00 - 50.00		2600.00 - 2800.00		120.00 - 130.00	
Anuradhapura	-		-		180.00 - 260.00		-		50.00 - 70.00		60.00 - 120.00		100.00 - 150.00		60.00 - 100.00		2500.00 - 3000.00		80.00 - 120.00	
Thambuththegama	-		-		180.00 - 240.00		-		-		60.00 - 100.00		-		60.00 - 80.00		2300.00 - 2500.00		70.00 - 90.00	
Polonnaruwa	-		-		250.00 - 300.00		-		45.00 - 60.00		-		100.00 - 100.00		50.00 - 60.00		3500.00 - 3500.00		100.00 - 120.00	
Kaluthara	-		-		280.00 - 300.00		-		100.00 - 120.00		70.00 - 80.00		-		70.00 - 80.00		2500.00 - 2750.00		130.00 - 140.00	
Badulla	70.00 - 80.00		-		200.00 - 240.00		40.00 - 50.00		50.00 - 60.00		40.00 - 50.00		-		40.00 - 50.00		2700.00 - 2800.00		120.00 - 130.00	
Keppetipola	100.00 - 110.00		-		190.00 - 220.00		34.00 - 38.00		50.00 - 60.00		80.00 - 90.00		90.00 - 110.00		65.00 - 70.00		2700.00 - 2800.00		110.00 - 120.00	
Moneragala	-		-		150.00 - 200.00		-		25.00 - 32.00		70.00 - 80.00		-		50.00 - 55.00		-		80.00 - 100.00	
Kegalle	-		-		200.00 - 230.00		-		40.00 - 60.00		80.00 - 100.00		80.00 - 120.00		40.00 - 50.00		2600.00 - 2700.00		90.00 - 100.00	
Ampara	-		-		190.00 - 200.00		-		30.00 - 32.00		30.00 - 50.00		-		30.00 - 50.00		2400.00 - 2500.00		120.00 - 120.00	
Dehiattakandiya	-		-		160.00 - 200.00		-		50.00 - 80.00		50.00 - 60.00		90.00 - 130.00		50.00 - 60.00		3000.00 - 3500.00		100.00 - 130.00	
Nuwaraeliya	90.00 - 100.00		-		200.00 - 220.00		40.00 - 45.00		50.00 - 60.00		80.00 - 90.00		90.00 - 110.00		56.00 - 60.00		2600.00 - 2800.00		100.00 - 120.00	
Kandy	-		-		200.00 - 270.00		45.00 - 48.00		70.00 - 80.00		50.00 - 60.00		130.00 - 150.00		50.00 - 60.00		2900.00 - 3000.00		140.00 - 150.00	
Puttalam	-		-		200.00 - 250.00		-		-		65.00 - 80.00		120.00 - 150.00		-		-		80.00 - 120.00	
Hambantota	-		-		180.00 - 200.00		-		30.00 - 40.00		100.00 - 110.00		-		40.00 - 50.00		2500.00 - 2500.00		90.00 - 100.00	
Rathnapura	50.00 - 60.00		-		180.00 - 200.00		-		50.00 - 60.00		80.00 - 100.00		-		50.00 - 70.00		2000.00 - 2500.00		100.00 - 110.00	
Matara	100.00 - 110.00		-		190.00 - 200.00		70.00 - 75.00		45.00 - 55.00		90.00 - 120.00		180.00 - 185.00		45.00 - 60.00		2400.00 - 2500.00		80.00 - 100.00	
Galle	-		-		220.00 - 260.00		85.00 - 100.00		56.00 - 60.00		100.00 - 120.00		-		70.00 - 90.00		2500.00 - 2800.00		100.00 - 110.00	
Tissamaharama	-		35.00 - 40.00		170.00 - 200.00		-		40.00 - 45.00		80.00 - 100.00		-		-		2200.00 - 2200.00		80.00 - 100.00	
Meegoda (DEC)	-		-		200.00 - 220.00		-		50.00 - 60.00		100.00 - 120.00		100.00 - 120.00		-		2800.00 - 2800.00		-	
Embilipitiya	50.00 - 50.00		20.00 - 30.00		190.00 - 220.00		-		50.00 - 70.00		70.00 - 100.00		90.00 - 120.00		25.00 - 40.00		2500.00 - 2800.00		90.00 - 120.00	
Jaffna	120.00 - 200.00		-		180.00 - 200.00		-		50.00 - 100.00		-		-		-		2700.00 - 3000.00		120.00 - 160.00	
Vavuniya	100.00 - 150.00		-		200.00 - 280.00		70.00 - 90.00		45.00 - 50.00		80.00 - 90.00		150.00 - 180.00		30.00 - 40.00		-		100.00 - 150.00	
Mannar	-		-		150.00 - 180.00		60.00 - 70.00		20.00 - 25.00		80.00 - 100.00		150.00 - 200.00		-		2400.00 - 2600.00		120.00 - 160.00	
Killinochchi	-		-		200.00 - 230.00		-		50.00 - 60.00		-		-		-		2800.00 - 3000.00		100.00 - 120.00	
Mullaittivu	-		-		180.00 - 220.00		-		30.00 - 40.00		35.00 - 40.00		-		-		-		100.00 - 120.00	
Batticaloa	-		-		200.00 - 220.00		90.00 - 100.00		60.00 - 70.00		45.00 - 50.00		150.00 - 180.00		-		2200.00 - 2400.00		120.00 - 130.00	
Trincomalee	-		-		200.00 - 240.00		80.00 - 85.00		50.00 - 60.00		-		130.00 - 150.00		50.00 - 55.00		2900.00 - 3100.00		120.00 - 130.00	
Veyangoda	-		-		280.00 - 350.00		55.00 - 60.00		50.00 - 60.00		80.00 - 90.00		125.00 - 150.00		50.00 - 80.00		2500.00 - 3500.00		140.00 - 150.00	
Galenbindunuwewa	-		-		150.00 - 180.00		-		-		-		-		-		2500.00 - 2600.00		-	
Bandarawela	60.00 - 80.00		-		180.00 - 220.00		-		60.00 - 80.00		80.00 - 100.00		-		60.00 - 70.00		2800.00 - 3000.00		120.00 - 140.00	
Matale	-		-		-		-		-		-		-		-		-		-	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 07: 10 - 16 February 2023

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	280.00 – 450.00	680.00 – 840.00	700.00 – 800.00	1100.00 – 1300.00	2000.00 – 2800.00	1150.00 – 1300.00
Kandy	420.00 – 440.00	780.00 – 800.00	850.00 – 900.00	1250.00 – 1400.00	2000.00 – 2200.00	1100.00 – 1350.00
Kaluthara	280.00 – 300.00	650.00 – 700.00	650.00 – 700.00	1100.00 – 1200.00	–	1100.00 – 1200.00
Puttalam	420.00 – 500.00	850.00 – 950.00	680.00 – 900.00	1500.00 – 1800.00	2300.00 – 2400.00	1200.00 – 1300.00
Matara	280.00 – 340.00	660.00 – 720.00	750.00 – 850.00	1450.00 – 1550.00	–	–
Hambantota	280.00 – 300.00	800.00 – 850.00	750.00 – 800.00	1200.00 – 1300.00	–	–
Galle	–	–	700.00 – 800.00	1000.00 – 1300.00	2200.00 – 2400.00	1000.00 – 1200.00
Batticaloa	300.00 – 350.00	700.00 – 800.00	800.00 – 900.00	1300.00 – 1400.00	1700.00 – 1800.00	1500.00 – 1600.00
Trincomalee	350.00 – 400.00	850.00 – 950.00	450.00 – 550.00	1200.00 – 1300.00	1750.00 – 1900.00	1150.00 – 1250.00
Mannar	280.00 – 300.00	450.00 – 550.00	–	–	–	1100.00 – 1200.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	950.00 – 1300.00	1400.00 – 1600.00	1400.00 – 2300.00	–	46.00 – 46.00	43.00 – 44.00
Kandy	1000.00 – 1100.00	1600.00 – 1700.00	1700.00 – 1900.00	–	44.00 – 45.00	42.00 – 43.00
Kaluthara	–	–	1450.00 – 1500.00	–	–	–
Puttalam	1750.00 – 1870.00	1200.00 – 1400.00	2200.00 – 2400.00	–	48.00 – 48.00	46.00 – 47.00
Matara	–	1800.00 – 1900.00	–	–	–	–
Hambantota	–	–	–	–	–	42.00 – 43.00
Galle	800.00 – 1000.00	–	–	–	–	43.00 – 43.50
Batticaloa	–	1500.00 – 1600.00	1700.00 – 1800.00	–	48.00 – 48.00	46.00 – 46.00
Trincomalee	1650.00 – 1800.00	950.00 – 1050.00	1950.00 – 2100.00	–	44.00 – 46.00	42.00 – 46.00
Mannar	–	1000.00 – 1100.00	–	–	–	44.00 – 44.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 07: 10 - 16 February 2023

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	60000 – 67000	–	–	80000 – 86000	40000 – 44000	–
Kandy	66000 – 67500	–	–	90000 – 92500	47500 – 50000	–
Batticaloa	57000 – 58500	110000 – 112500	–	92500 – 95000	60000 – 62500	50000 – 53500
Trincomalee	45000 – 48000	67500 – 71000	83750 – 85000	74500 – 75550	32250 – 33000	39000 – 40500
Mannar	50000 – 52500	92500 – 95000	–	70000 – 72500	42500 – 45000	40000 – 42500

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	57500 – 64000	–	36000 – 42500	42500 – 50000	82500 – 90000	–
Kandy	65000 – 67500	–	41000 – 45000	48500 – 52500	90000 – 92500	–
Batticaloa	65000 – 66750	–	45000 – 47000	60000 – 62500	–	–
Trincomalee	48500 – 50000	54000 – 54000	28750 – 30500	40000 – 42000	74750 – 76000	85000 – 86000
Mannar	50000 – 52500	70000 – 72500	37500 – 40000	52500 – 55000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	81000 – 87500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	80000 – 81500	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 07: 10 - 16 February 2023

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LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White		
Colombo	480.00 - 700.00	800.00 - 1200.00	980.00 - 1600.00	1500.00 - 2800.00	2720.00 - 3800.00	1560.00 - 2600.00	1400.00 - 2400.00	2200.00 - 3000.00		46.00 - 46.00	44.00 - 44.00		
Gampaha	700.00 - 700.00	950.00 - 950.00	-	2000.00 - 2000.00	-	-	-	2400.00 - 2400.00		-	43.00 - 44.00		
Kurunegala	440.00 - 500.00	800.00 - 880.00	1200.00 - 1300.00	1600.00 - 1700.00	-	1500.00 - 1600.00	1500.00 - 1600.00	2380.00 - 2400.00		45.00 - 46.00	44.00 - 44.00		
Nikaweratiya	500.00 - 600.00	900.00 - 1000.00	1000.00 - 1300.00	1700.00 - 1900.00	-	1500.00 - 2000.00	-	2000.00 - 2000.00		-	44.00 - 45.00		
Dambulla	400.00 - 450.00	900.00 - 1000.00	800.00 - 900.00	1700.00 - 1800.00	-	1600.00 - 1800.00	1400.00 - 1500.00	1900.00 - 2000.00		46.00 - 47.00	44.00 - 45.00		
Anuradhapura	400.00 - 450.00	950.00 - 1000.00	1050.00 - 1100.00	1900.00 - 2000.00	2200.00 - 2600.00	1500.00 - 1600.00	1650.00 - 1750.00	2000.00 - 2200.00		46.00 - 46.00	44.00 - 44.00		
Thambuththegama	450.00 - 600.00	1000.00 - 1000.00	900.00 - 900.00	2600.00 - 2600.00	-	1500.00 - 1600.00	-	2600.00 - 2800.00		-	44.00 - 45.00		
Polonnaruwa	500.00 - 550.00	1100.00 - 1200.00	1300.00 - 1400.00	1800.00 - 1800.00	2400.00 - 2400.00	-	1700.00 - 1800.00	2100.00 - 2200.00		46.00 - 46.00	44.00 - 44.00		
Kaluthara	450.00 - 550.00	980.00 - 1020.00	850.00 - 950.00	1440.00 - 2000.00	-	1800.00 - 1900.00	-	2100.00 - 2200.00		-	44.00 - 45.00		
Badulla	400.00 - 500.00	800.00 - 900.00	1200.00 - 1300.00	1700.00 - 1800.00	2700.00 - 2800.00	1500.00 - 1600.00	1500.00 - 1600.00	2300.00 - 2400.00		46.00 - 46.00	44.00 - 44.00		
Keppetipola	450.00 - 460.00	840.00 - 860.00	1100.00 - 1200.00	1800.00 - 1900.00	-	1500.00 - 1600.00	1600.00 - 1700.00	1900.00 - 2000.00		46.00 - 46.00	44.00 - 44.00		
Moneragala	550.00 - 600.00	900.00 - 1000.00	1100.00 - 1200.00	-	-	1500.00 - 1600.00	-	2400.00 - 2600.00		-	44.00 - 44.00		
Kegalle	500.00 - 550.00	950.00 - 1100.00	1160.00 - 1200.00	1700.00 - 1800.00	2950.00 - 3000.00	1900.00 - 2000.00	1600.00 - 1700.00	2000.00 - 2100.00		46.00 - 47.00	44.00 - 44.00		
Ampara	500.00 - 600.00	1000.00 - 1200.00	1400.00 - 1600.00	1800.00 - 2000.00	-	-	-	2400.00 - 2400.00		-	44.00 - 50.00		
Dehiattakandiya	450.00 - 500.00	900.00 - 900.00	1000.00 - 1000.00	1600.00 - 1600.00	-	-	1600.00 - 1600.00	1800.00 - 2000.00		45.00 - 45.00	44.00 - 44.00		
Nuwaraeliya	560.00 - 580.00	860.00 - 880.00	1200.00 - 1300.00	1700.00 - 1800.00	-	1600.00 - 1700.00	1300.00 - 1400.00	2100.00 - 2200.00		46.00 - 46.00	44.00 - 44.00		
Kandy	500.00 - 550.00	900.00 - 940.00	1200.00 - 1300.00	1800.00 - 2000.00	2500.00 - 2600.00	1650.00 - 1720.00	1600.00 - 1650.00	2240.00 - 2350.00		46.00 - 47.00	44.00 - 44.00		
Puttalam	480.00 - 550.00	950.00 - 1000.00	850.00 - 1000.00	1600.00 - 2000.00	2350.00 - 2500.00	1300.00 - 1450.00	1900.00 - 2000.00	2400.00 - 2500.00		49.00 - 49.00	47.00 - 48.00		
Hambantota	450.00 - 500.00	950.00 - 1000.00	1300.00 - 1400.00	2000.00 - 2200.00	-	-	-	-		-	44.00 - 44.00		
Rathnapura	550.00 - 600.00	950.00 - 1040.00	1150.00 - 1200.00	1900.00 - 2100.00	2700.00 - 2800.00	1500.00 - 1600.00	1500.00 - 1600.00	2300.00 - 2400.00		46.00 - 46.00	44.00 - 45.00		
Matara	450.00 - 500.00	900.00 - 1000.00	1350.00 - 1400.00	2000.00 - 2100.00	2350.00 - 2400.00	-	-	2300.00 - 2400.00		-	-		
Galle	400.00 - 400.00	900.00 - 1000.00	1200.00 - 1400.00	2000.00 - 2400.00	2400.00 - 2600.00	2000.00 - 2000.00	1600.00 - 1800.00	2200.00 - 2400.00		46.00 - 46.00	44.00 - 44.00		
Tissamaharama	450.00 - 500.00	800.00 - 800.00	800.00 - 800.00	-	-	-	-	-		-	44.00 - 46.00		
Meegoda	540.00 - 700.00	800.00 - 1000.00	1100.00 - 1100.00	-	-	-	-	2800.00 - 2800.00		-	44.00 - 44.00		
Embilipitiya	500.00 - 650.00	900.00 - 1000.00	1100.00 - 1250.00	2000.00 - 2200.00	2100.00 - 2200.00	1600.00 - 1700.00	1500.00 - 1600.00	2150.00 - 2250.00		46.00 - 48.00	44.00 - 45.00		
Jaffna	400.00 - 450.00	800.00 - 850.00	-	-	-	1500.00 - 1600.00	-	-		48.00 - 50.00	47.00 - 49.00		
Vavuniya	500.00 - 600.00	-	780.00 - 950.00	1800.00 - 2000.00	2900.00 - 3000.00	1600.00 - 1700.00	1900.00 - 2100.00	1900.00 - 2000.00		-	44.00 - 46.00		
Mannar	350.00 - 400.00	700.00 - 800.00	800.00 - 900.00	-	-	1300.00 - 1400.00	-	-		-	46.00 - 50.00		
Killinochchi	400.00 - 450.00	800.00 - 850.00	900.00 - 950.00	-	-	1500.00 - 1600.00	2000.00 - 2200.00	-		-	46.00 - 47.00		
Mullaittivu	400.00 - 450.00	800.00 - 900.00	800.00 - 900.00	-	-	1500.00 - 1800.00	1200.00 - 1400.00	-		-	46.00 - 50.00		
Batticaloa	400.00 - 500.00	800.00 - 1000.00	1350.00 - 1450.00	1800.00 - 2000.00	2400.00 - 2500.00	2200.00 - 2400.00	-	2350.00 - 2500.00		49.00 - 50.00	48.00 - 48.00		
Trincomalee	450.00 - 500.00	950.00 - 1050.00	650.00 - 700.00	1300.00 - 1400.00	1900.00 - 2000.00	1300.00 - 1400.00	1750.00 - 1850.00	2100.00 - 2200.00		49.00 - 52.00	46.00 - 50.00		
Veyangoda	560.00 - 560.00	800.00 - 800.00	1600.00 - 1600.00	-	-	-	-	2400.00 - 2400.00		46.00 - 46.00	44.00 - 44.00		
Galenbindunuwewa	500.00 - 500.00	1000.00 - 1000.00	800.00 - 800.00	2000.00 - 2000.00	2800.00 - 2800.00	1600.00 - 1600.00	1800.00 - 1800.00	2000.00 - 2000.00		-	-		
Bandarawela	450.00 - 550.00	900.00 - 1000.00	1300.00 - 1400.00	1800.00 - 2000.00	-	1600.00 - 1700.00	1500.00 - 1600.00	2000.00 - 2200.00		46.00 - 46.00	44.00 - 44.00		
Matale	-	-	-	-	-	-	-	-		-	-		

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 07: 10 - 16 February 2023

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1200.00 – 1600.00	2200.00 – 2600.00	–		2000.00 – 2500.00	1200.00 – 1800.00	2200.00 – 2500.00	900.00 – 1500.00					
Gampaha	1200.00 – 1400.00	2400.00 – 2600.00	3800.00 – 3800.00		2400.00 – 2800.00	1400.00 – 1400.00	2200.00 – 2200.00	1000.00 – 1200.00					
Kurunegala	1200.00 – 1300.00	2200.00 – 2400.00	2500.00 – 3000.00		2200.00 – 2400.00	1200.00 – 1400.00	2200.00 – 2400.00	1000.00 – 1200.00					
Nikaweratiya	1200.00 – 1300.00	2200.00 – 2200.00	2600.00 – 2600.00		2000.00 – 2200.00	1200.00 – 1200.00	2400.00 – 2400.00	1000.00 – 1000.00					
Dambulla	1100.00 – 1300.00	2400.00 – 2500.00	–		2400.00 – 2600.00	1100.00 – 1300.00	2200.00 – 2400.00	–					
Anuradhapura	1200.00 – 1400.00	2400.00 – 2500.00	–		2200.00 – 2400.00	1200.00 – 1500.00	2400.00 – 2600.00	800.00 – 1200.00					
Thambuththegama	1100.00 – 1200.00	2400.00 – 2500.00	–		2000.00 – 2200.00	1200.00 – 1400.00	2400.00 – 2400.00	800.00 – 800.00					
Polonnaruwa	1400.00 – 1400.00	2200.00 – 2400.00	–		2200.00 – 2400.00	1200.00 – 1400.00	2200.00 – 2300.00	1200.00 – 1300.00					
Kaluthara	1600.00 – 1700.00	2400.00 – 2500.00	–		2300.00 – 2400.00	1400.00 – 1500.00	–	1100.00 – 1200.00					
Badulla	1200.00 – 1400.00	2400.00 – 2500.00	–		2200.00 – 2300.00	1300.00 – 1400.00	–	1100.00 – 1200.00					
Keppetipola	1200.00 – 1300.00	2600.00 – 2700.00	–		2100.00 – 2200.00	1100.00 – 1200.00	2300.00 – 2400.00	1100.00 – 1200.00					
Moneragala	1200.00 – 1400.00	2300.00 – 2400.00	2200.00 – 2300.00		2200.00 – 2400.00	1200.00 – 1300.00	2200.00 – 2300.00	1000.00 – 1200.00					
Kegalle	1150.00 – 1250.00	2200.00 – 2400.00	–		2000.00 – 2200.00	1100.00 – 1200.00	–	–					
Ampara	1100.00 – 1160.00	2000.00 – 2000.00	2200.00 – 2200.00		2000.00 – 2200.00	1200.00 – 1200.00	1600.00 – 2100.00	–					
Dehiattakandiya	1200.00 – 1400.00	2600.00 – 2800.00	–		2000.00 – 2400.00	1200.00 – 1400.00	–	1200.00 – 1200.00					
Nuwaraeliya	1250.00 – 1320.00	2300.00 – 2500.00	–		2250.00 – 2400.00	1250.00 – 1300.00	2400.00 – 2500.00	1100.00 – 1200.00					
Kandy	1000.00 – 1300.00	2500.00 – 2600.00	–		2300.00 – 2400.00	1400.00 – 1500.00	2400.00 – 2500.00	1100.00 – 1200.00					
Puttalam	1000.00 – 1150.00	1900.00 – 2100.00	–		2000.00 – 2400.00	1000.00 – 1200.00	1000.00 – 1200.00	800.00 – 880.00					
Hambantota	1300.00 – 1500.00	2200.00 – 2500.00	–		–	1200.00 – 1300.00	2200.00 – 2300.00	–					
Rathnapura	1120.00 – 1200.00	2000.00 – 2300.00	–		1920.00 – 2100.00	–	2160.00 – 2400.00	1000.00 – 1100.00					
Matara	1250.00 – 1500.00	2200.00 – 2400.00	–		2800.00 – 2850.00	1150.00 – 1400.00	–	–					
Galle	1300.00 – 1400.00	2300.00 – 2600.00	–		2200.00 – 2600.00	1000.00 – 1400.00	1800.00 – 2000.00	–					
Tissamaharama	1000.00 – 1200.00	–	–		–	1000.00 – 1200.00	–	–					
Meegoda	1050.00 – 1250.00	2200.00 – 2500.00	–		1900.00 – 2200.00	1300.00 – 1300.00	2000.00 – 2000.00	800.00 – 850.00					
Embilipitiya	1350.00 – 1600.00	2300.00 – 2500.00	2300.00 – 2450.00		2200.00 – 2400.00	1300.00 – 1600.00	2200.00 – 2450.00	950.00 – 1200.00					
Jaffna	1000.00 – 1200.00	–	–		–	–	–	–					
Vavuniya	1000.00 – 1100.00	2000.00 – 2200.00	–		1750.00 – 1950.00	1150.00 – 1250.00	900.00 – 1000.00	850.00 – 900.00					
Mannar	1100.00 – 1200.00	2000.00 – 2200.00	–		1550.00 – 1700.00	950.00 – 1100.00	900.00 – 1000.00	850.00 – 900.00					
Killinochchi	1300.00 – 1400.00	2800.00 – 3000.00	–		2700.00 – 2900.00	1600.00 – 1800.00	1200.00 – 1400.00	1000.00 – 1200.00					
Mullaittivu	1400.00 – 1500.00	2000.00 – 2800.00	–		2000.00 – 2500.00	1000.00 – 1400.00	1000.00 – 1200.00	900.00 – 1500.00					
Batticaloa	1200.00 – 1300.00	2250.00 – 2400.00	–		1950.00 – 2050.00	1350.00 – 1400.00	1100.00 – 1200.00	1000.00 – 1100.00					
Trincomalee	1050.00 – 1150.00	–	–		1600.00 – 1700.00	–	900.00 – 950.00	750.00 – 800.00					
Veyangoda	1000.00 – 1400.00	1900.00 – 2400.00	–		2100.00 – 2300.00	1000.00 – 1200.00	2100.00 – 2400.00	850.00 – 1200.00					
Galenbindunuwewa	1200.00 – 1400.00	2400.00 – 2600.00	–		2200.00 – 2400.00	1300.00 – 1400.00	2400.00 – 2800.00	800.00 – 1000.00					
Bandarawela	1200.00 – 1400.00	2300.00 – 2500.00	–		2200.00 – 2300.00	1300.00 – 1400.00	–	1000.00 – 1200.00					
Matale	–	–	–		–	–	–	–					

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 07: 10 - 16 February 2023**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2200.00 - 2300.00	1150.00 - 1280.00	1300.00 - 1500.00	2800.00 - 3200.00	1480.00 - 2000.00
Gampaha	-	1250.00 - 1300.00	1500.00 - 1500.00	3000.00 - 3000.00	1500.00 - 1500.00
Kurunegala	1800.00 - 2000.00	1200.00 - 1300.00	-	2600.00 - 2700.00	1500.00 - 1580.00
Nikaweratiya	1800.00 - 1800.00	1150.00 - 1190.00	-	-	-
Dambulla	-	1200.00 - 1250.00	-	-	1600.00 - 1700.00
Anuradhapura	1800.00 - 1900.00	1000.00 - 1250.00	-	2900.00 - 3000.00	1500.00 - 1650.00
Thambuththegama	1800.00 - 2000.00	1000.00 - 1120.00	1200.00 - 1300.00	-	1550.00 - 1600.00
Polonnaruwa	2000.00 - 2000.00	1100.00 - 1250.00	-	-	1600.00 - 1800.00
Kaluthara	-	1180.00 - 1200.00	1350.00 - 1450.00	-	-
Badulla	1800.00 - 2000.00	1300.00 - 1380.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	2000.00 - 2100.00	1150.00 - 1180.00	1260.00 - 1280.00	2900.00 - 3000.00	-
Moneragala	1900.00 - 1900.00	1200.00 - 1300.00	-	2700.00 - 2700.00	1600.00 - 1650.00
Kegalle	1850.00 - 1900.00	1180.00 - 1300.00	-	2750.00 - 2800.00	1750.00 - 1800.00
Ampara	2000.00 - 2000.00	-	1100.00 - 1300.00	-	1750.00 - 3000.00
Dehiattakandiya	1900.00 - 1900.00	1000.00 - 1200.00	-	-	1450.00 - 1650.00
Nuwaraeliya	2000.00 - 2200.00	1150.00 - 1200.00	1250.00 - 1280.00	2800.00 - 2900.00	1800.00 - 1900.00
Kandy	1800.00 - 1900.00	1140.00 - 1150.00	1450.00 - 1500.00	2600.00 - 2700.00	1550.00 - 1600.00
Puttalam	2000.00 - 2000.00	1200.00 - 1300.00	-	2800.00 - 3000.00	-
Hambantota	-	1280.00 - 1300.00	-	-	-
Rathnapura	2000.00 - 2100.00	1160.00 - 1250.00	1480.00 - 1550.00	2900.00 - 3000.00	1560.00 - 1600.00
Matara	-	1280.00 - 1290.00	-	-	-
Galle	2000.00 - 2100.00	1200.00 - 1250.00	1550.00 - 1600.00	3000.00 - 3200.00	-
Tissamaharama	-	1100.00 - 1200.00	-	2800.00 - 2800.00	1700.00 - 1800.00
Meegoda	-	1080.00 - 1200.00	-	-	1550.00 - 1650.00
Embilipitiya	2100.00 - 2200.00	1050.00 - 1080.00	1100.00 - 1200.00	2800.00 - 2900.00	1550.00 - 1750.00
Jaffna	1850.00 - 2100.00	1250.00 - 1350.00	1700.00 - 1800.00	3000.00 - 3250.00	-
Vavuniya	1800.00 - 1900.00	1350.00 - 1500.00	-	2750.00 - 2900.00	-
Mannar	1500.00 - 1600.00	1400.00 - 1400.00	-	-	-
Killinochchi	1850.00 - 1900.00	1500.00 - 1600.00	1500.00 - 1600.00	2800.00 - 2900.00	-
Mullaitivu	1700.00 - 1800.00	1500.00 - 1600.00	-	-	-
Batticaloa	1700.00 - 1800.00	1500.00 - 1500.00	1600.00 - 1600.00	-	-
Trincomalee	1800.00 - 1850.00	1200.00 - 1250.00	1250.00 - 1250.00	-	-
Veyangoda	1900.00 - 1900.00	1150.00 - 1160.00	-	2600.00 - 2600.00	1600.00 - 1600.00
Galenbindunuwewa	1700.00 - 1700.00	1200.00 - 1200.00	-	-	-
Bandarawela	2000.00 - 2200.00	1300.00 - 1350.00	1500.00 - 1580.00	2800.00 - 3000.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 07: 10 - 16 February 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	98.00 - 100.00	98.60	99.00	73.50	-0.40	34.15
Samba 1	205.00 - 215.00	210.50	211.20	161.50	-0.33	30.34	Small	88.00 - 92.00	90.20	90.60	66.50	-0.44	35.64
Samba 2	200.00 - 210.00	205.10	205.30	156.00	-0.10	31.47							
Keeri Samba	215.00 - 225.00	219.36	219.00	207.00	0.17	5.97	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	180.00 - 190.00	186.90	187.50	156.25	-0.32	19.62	Plantain						
Nadu 2	170.00 - 185.00	176.82	180.50	149.00	-2.04	18.67	Ambul (Rs/Kg)	150.00 - 200.00	171.54	200.00	65.00	-14.23	163.91
Raw (Red)	157.00 - 185.00	170.90	175.00	155.00	-2.34	10.26	Kolikuttu (Rs/Kg)	300.00 - 400.00	340.77	361.54	161.00	-5.74	111.66
Raw (White)	160.00 - 190.00	172.70	172.50	152.00	0.12	13.62	Seeni (Rs/Kg)	120.00 - 150.00	130.83	136.15	65.00	-3.91	101.28
Imported							Anamalu	20.00 - 24.00	22.17	20.58	12.00	7.69	84.72
Samba	188.00 - 195.00	189.90	192.90	121.00	-1.56	56.94	Ambun	25.00 - 30.00	27.67	24.92	15.40	11.04	79.65
Nadu	160.00 - 170.00	163.60	165.30	113.00	-1.03	44.78	Papaw(Rs/Kg)	130.00 - 280.00	185.45	161.43	230.00	14.88	-19.37
Raw (Red)	-	-	-	-	-	-	Passion Fruit	60.00 - 70.00	67.50	66.67	32.50	1.25	107.69
Raw (White)	153.00 - 162.00	157.10	159.80	109.90	-1.69	42.95	Pineapple Large	380.00 - 420.00	402.50	397.50	357.50	1.26	12.59
<u>Dried Chillies</u>							Pineapple Medium	320.00 - 350.00	333.33	328.89	262.50	1.35	26.98
Imported	1100.00 - 1300.00	1219.00	1213.50	946.00	0.45	28.86	Pineapple Small	250.00 - 280.00	269.00	263.75	200.00	1.99	34.50
<u>Onion</u>							Mango						
Sinnan	-	-	-	-	-	-	Betti	50.00 - 70.00	60.00	31.56	-	90.14	-
Vedalan	-	-	-	468.33	-	-	Karthakolomban	220.00 - 350.00	273.64	209.23	110.00	30.78	148.76
Imported	250.00 - 330.00	300.50	324.50	402.00	-7.40	-25.25	Vilad	-	-	-	-	-	-
<u>Big Onion</u>							Kohu	-	-	-	-	-	-
Imported	110.00 - 130.00	120.80	112.50	123.50	7.38	-2.19	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	30.00 - 50.00	40.50	41.11	33.50	-1.49	20.90
<u>Potato</u>							Orange	25.00 - 42.00	33.00	21.33	40.50	54.69	-18.52
Welimada	220.00 - 230.00	225.00	-	-	-	-	Avocado	100.00 - 220.00	146.36	147.69	110.00	-0.90	33.06
N'Eliya	250.00 - 290.00	270.00	275.00	238.75	-1.82	13.09	Slime Apple	15.00 - 20.00	17.22	17.70	21.50	-2.70	-19.90
Imported	140.00 - 190.00	164.00	110.56	103.50	48.34	58.45	Grapes (Imp., Rs/Kg)	1800.00 - 2000.00	1962.50	1966.67	928.50	-0.21	111.36
<u>Pulses</u>							King Coconut	120.00 - 130.00	123.33	117.50	65.00	4.96	89.74
Green Gram	1350.00 - 1475.00	1415.50	1332.14	515.00	6.26	174.85							
Cowpea (White)	950.00 - 1050.00	1003.13	1036.67	586.00	-3.24	71.18	<u>Sea Fish</u>						
Cowpea (Red)	950.00 - 1050.00	1007.50	1041.67	503.00	-3.28	100.30	Salaya	280.00 - 450.00	367.00	463.00	212.86	-20.73	72.42
Red Dhal	335.00 - 340.00	337.60	338.00	301.60	-0.12	11.94	Hurulla	680.00 - 840.00	757.00	751.00	488.57	0.80	54.94
<u>Vegetable</u>							Balaya	700.00 - 800.00	752.00	713.00	491.25	5.47	53.08
Beans (Butter)	-	-	-	-	-	-	Kelawalla	1100.00 - 1300.00	1229.00	1298.00	817.14	-5.32	50.40
Beans(Green)	300.00 - 400.00	354.00	381.00	168.00	-7.09	110.71	Thora	2000.00 - 2800.00	2395.00	2135.00	1485.00	12.18	61.28
Carrot	100.00 - 120.00	104.00	107.00	405.00	-2.80	-74.32	Paraw	1150.00 - 1300.00	1228.00	1273.00	734.29	-3.53	67.24
Leeks	130.00 - 180.00	159.00	204.00	104.00	-22.06	52.88	Mora	950.00 - 1300.00	1090.00	904.29	-	20.54	-
Beetroot	100.00 - 150.00	120.00	133.08	320.91	-9.83	-62.61	Shrimps	1400.00 - 1600.00	1508.00	1514.00	1121.67	-0.40	34.44
Knolkhol	100.00 - 150.00	124.00	133.00	143.00	-6.77	-13.29	Thalapath	1400.00 - 2300.00	1770.00	1560.00	1116.25	13.46	58.57
Raddish	50.00 - 70.00	55.00	51.67	27.00	6.45	103.70	<u>Eggs</u>						
Cabbage	40.00 - 80.00	54.00	44.55	108.00	21.22	-50.00	Brown	46.00 - 46.00	46.00	45.50	18.25	1.10	152.05
Tomato	140.00 - 240.00	178.00	252.00	142.00	-29.37	25.35	White	43.00 - 44.00	43.75	43.50	16.25	0.57	169.23
Ladies Fingers	200.00 - 220.00	206.00	188.00	145.00	9.57	42.07	<u>Dried Fish</u>						
Brinjal	80.00 - 120.00	99.00	116.00	151.00	-14.66	-34.44	Sprats	1200.00 - 1340.00	1271.00	1321.00	971.25	-3.79	30.86
Capsicum	450.00 - 600.00	516.00	566.00	408.00	-8.83	26.47	Sprats (Imported)	850.00 - 1000.00	928.33	932.50	712.73	-0.45	30.25
Pumpkin	60.00 - 80.00	70.00	72.00	158.00	-2.78	-55.70	Kattawa	-	-	-	1232.00	-	-
Cucumber	120.00 - 140.00	126.00	134.00	72.00	-5.97	75.00	Kattawa (Imported)	1650.00 - 1800.00	1728.00	1706.67	1050.00	1.25	64.57
Bitter Gourd	250.00 - 280.00	259.00	262.00	274.00	-1.15	-5.47	Thora	-	-	-	-	-	-
Snake Gourd	130.00 - 150.00	136.00	138.00	145.00	-1.45	-6.21	Thora (Imported)	-	-	-	-	-	-
Drumstick	-	-	-	-	-	-	Mora	1600.00 - 1720.00	1674.00	1716.00	1414.29	-2.45	18.36
Luffa	190.00 - 280.00	229.00	210.00	244.00	9.05	-6.15	Mora (Imported)	-	-	-	-	-	-
Long Beans	130.00 - 150.00	139.00	126.00	114.00	10.32	21.93	Balaya	800.00 - 880.00	836.00	879.00	696.67	-4.89	20.00
Ash Plantain	200.00 - 230.00	211.00	219.00	76.00	-3.65	177.63	Balaya (Imported)	-	-	-	-	-	-
Green Chillies	200.00 - 250.00	222.00	278.00	596.00	-20.14	-62.75	Anguluwa	-	-	-	-	-	-
Lime	90.00 - 100.00	98.00	94.00	71.00	4.26	38.03	Anguluwa (Imported)	1620.00 - 1750.00	1685.00	1680.00	1103.33	0.30	52.72
<u>Root Crops</u>							Maduwa	1150.00 - 1280.00	1235.00	1290.00	878.75	-4.26	40.54
Sweet Potato	120.00 - 140.00	129.00	131.00	80.00	-1.53	61.25	Maduwa (Imported)	-	-	-	-	-	-
Manioc	150.00 - 180.00	157.00	168.00	41.36	-6.55	279.56	Koduwa	-	-	-	-	-	-
<u>Leafy Vegetable</u>							Koduwa (Imported)	-	-	-	-	-	-
Mukunuwenna	40.00 - 45.00	41.50	42.00	45.50	-1.19	-8.79	Salaya	720.00 - 850.00	792.00	842.00	492.22	-5.94	60.90
Kankun	40.00 - 45.00	41.50	42.00	45.50	-1.19	-8.79	Salaya (Imported)	-	-	-	-	-	-
Gotukola (Rs/Kg)	220.00 - 230.00	222.00	223.00	182.00	-0.45	21.98							

This Week: Week 07: 10 - 16 February 2023

Last Week: Week 06: 03 - 09 February 2023

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 07: 10 - 16 February 2023

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	110.00 - 130.00	115.50	116.59	89.21	-1.09	29.47
Samba 1	220.00 - 230.00	229.29	228.15	174.25	1.14	31.58	Small	90.00 - 100.00	95.00	96.00	75.51	-1.00	25.81
Samba 2	210.00 - 225.00	218.17	216.79	163.55	1.38	33.39							
Keeri Samba	240.00 - 260.00	253.71	249.35	237.31	4.36	6.91	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	210.00 - 220.00	218.33	220.33	168.65	-2.00	29.46	Plantain						
Nadu 2	190.00 - 210.00	205.76	211.00	158.75	-5.24	29.61	Ambul (Rs/Kg)	180.00 - 300.00	250.31	261.79	111.79	-11.47	123.90
Raw (Red)	170.00 - 210.00	198.14	204.00	167.68	-5.86	18.17	Kolikuttu (Rs/Kg)	400.00 - 480.00	448.71	451.00	232.63	-2.29	92.88
Raw (White)	180.00 - 210.00	198.57	199.69	166.43	-1.12	19.31	Seeni (Rs/Kg)	160.00 - 280.00	210.33	211.82	119.72	-1.48	75.68
Imported							Anamalu	26.00 - 35.00	30.16	29.61	18.37	0.56	64.20
Samba	200.00 - 220.00	216.50	217.32	136.13	-0.82	59.04	Ambun	33.00 - 44.00	38.03	37.30	23.18	0.73	64.04
Nadu	180.00 - 200.00	189.42	189.66	133.09	-0.23	42.33	Papaw(Rs/Kg)	200.00 - 380.00	303.33	297.33	293.44	6.00	3.37
Raw (Red)	-	-	-	-	-	-	Passion Fruit	83.00 - 100.00	89.00	88.07	40.00	0.93	122.50
Raw (White)	160.00 - 190.00	180.57	181.96	129.23	-1.39	39.73	Pineapple Large	500.00 - 600.00	543.55	511.07	442.50	32.48	22.84
<u>Dried Chillies</u>							Pineapple Medium	400.00 - 500.00	456.67	453.93	335.81	2.74	35.99
Imported	1300.00 - 1800.00	1646.67	1699.26	1098.33	-52.59	49.92	Pineapple Small	300.00 - 400.00	355.93	355.00	255.48	0.93	39.31
<u>Onion</u>							Mango						
Sinnan	-	-	-	-	-	-	Betti	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	Karthakolomban	330.00 - 450.00	400.67	315.63	-	85.04	-
Imported	400.00 - 600.00	518.75	615.38	578.68	-96.63	-10.36	Vilad	-	-	-	-	-	-
<u>Biq Onion</u>							Kohu	-	-	-	-	-	-
Imported	140.00 - 180.00	163.03	170.31	177.98	-7.28	-8.40	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	50.00 - 120.00	92.14	95.93	62.22	-3.78	48.09
<u>Potato</u>							Orange	50.00 - 100.00	79.60	75.19	67.65	4.41	17.67
Welimada	-	-	-	-	-	-	Avocado	120.00 - 250.00	185.71	219.09	135.00	-33.38	37.57
N'Eliya	300.00 - 480.00	363.04	364.21	316.76	-1.17	14.61	Slime Apple	60.00 - 120.00	78.70	66.15	52.90	12.54	48.75
Imported	150.00 - 240.00	195.29	175.00	171.82	20.29	13.66	Grapes (Imp., Rs/Kg)	2000.00 - 3000.00	2433.33	2436.36	1356.00	-3.03	79.45
<u>Pulses</u>							King Coconut	130.00 - 160.00	149.41	145.33	86.43	4.08	72.87
Green Gram	1400.00 - 1600.00	1486.15	1472.00	623.33	14.15	138.42	<u>Sea Fish</u>						
Cowpea (White)	1200.00 - 1600.00	1360.00	1373.33	785.15	-13.33	73.22	Salaya	480.00 - 700.00	566.40	622.83	300.83	-56.43	88.28
Cowpea (Red)	1200.00 - 1600.00	1371.43	1406.25	592.26	-34.82	131.56	Hurulla	800.00 - 1200.00	1034.00	1032.63	638.46	1.37	61.95
Red Dhal	350.00 - 380.00	373.64	375.31	324.29	-1.68	15.22	Balaya	980.00 - 1600.00	1388.75	1345.33	1023.33	43.42	35.71
<u>Vegetable</u>							Kelawalla	1500.00 - 2800.00	2047.27	1957.00	1438.82	90.27	42.29
Beans (Butter)	-	-	-	-	-	-	Thora	2720.00 - 3800.00	3244.00	3150.67	1919.05	93.33	69.04
Beans(Green)	400.00 - 600.00	503.08	477.20	262.58	25.88	91.59	Paraw	1560.00 - 2600.00	2084.35	2042.22	1497.14	42.13	39.22
Carrot	160.00 - 280.00	227.69	231.72	521.88	-4.03	-56.37	Mora	1400.00 - 2400.00	1740.00	-	-	-	-
Leeks	200.00 - 360.00	291.20	330.80	224.69	-39.60	29.60	Shrimps	1640.00 - 2100.00	1864.55	1988.42	1272.17	-123.88	46.56
Beetroot	160.00 - 320.00	249.23	281.54	408.13	-32.31	-38.93	Thalapath	2200.00 - 3000.00	2558.33	2537.39	1683.08	20.94	52.00
Knolkhol	180.00 - 320.00	265.00	259.20	252.26	5.80	5.05	<u>Eggs</u>						
Raddish	100.00 - 200.00	156.00	161.60	122.33	-5.60	27.52	Brown	46.00 - 46.00	46.00	46.20	19.19	-0.20	139.68
Cabbage	100.00 - 200.00	149.23	154.62	251.25	-5.38	-40.60	White	44.00 - 44.00	44.00	44.23	17.53	-0.23	150.95
Tomato	240.00 - 400.00	311.60	360.77	252.81	-49.17	23.25	<u>Dried Fish</u>						
Ladies Fingers	240.00 - 360.00	311.54	292.40	250.00	19.14	24.62	Sprats	1500.00 - 2000.00	1805.56	1784.00	1364.00	21.56	32.37
Brinjal	200.00 - 280.00	236.30	239.62	261.94	-3.32	-9.79	Sprats (Imported)	1200.00 - 1600.00	1337.50	1355.56	847.59	-18.06	57.80
Capsicum	500.00 - 800.00	711.11	811.15	699.69	-100.04	1.63	Kattawa	2200.00 - 2600.00	2412.50	2471.43	1688.89	-58.93	42.85
Pumpkin	100.00 - 240.00	177.69	178.46	256.13	-0.77	-30.62	Thora	-	-	-	-	-	-
Cucumber	160.00 - 280.00	214.17	212.40	142.81	1.77	49.96	Mora	2000.00 - 2500.00	2295.24	2413.64	1686.96	-118.40	36.06
Bitter Gourd	300.00 - 480.00	379.09	397.31	399.06	-18.22	-5.00	Balaya	1200.00 - 1800.00	1440.91	1503.85	1079.63	-62.94	33.46
Snake Gourd	280.00 - 360.00	309.23	293.20	276.76	16.03	11.73	Anguluwa	2200.00 - 2500.00	2300.00	2410.00	1508.33	-110.00	52.49
Drumstick	-	-	-	-	-	-	Maduwa	-	-	-	1240.00	-	-
Luffa	320.00 - 480.00	380.43	391.15	334.84	-10.72	13.62	Koduwa	-	-	-	-	-	-
Long Beans	240.00 - 360.00	283.21	288.80	255.63	-5.59	10.79	Salaya	900.00 - 1500.00	1212.50	1222.22	681.25	-9.72	77.98
Ash Plantain	240.00 - 360.00	299.09	304.80	143.87	-5.71	107.89	<u>Meat</u>						
Green Chillies	300.00 - 600.00	449.26	469.20	761.94	-19.94	-41.04	Beef (without Bones)	2200.00 - 2300.00	2225.00	2140.00	1433.33	85.00	55.23
Lime	180.00 - 400.00	306.92	297.69	209.67	9.23	46.39	Chicken (Broiler)	1150.00 - 1280.00	1211.25	1218.89	818.00	-7.64	48.07
<u>Root Crops</u>							Chicken (Curry)	1300.00 - 1500.00	1425.00	1412.50	748.00	12.50	90.51
Sweet Potato	150.00 - 240.00	213.20	224.17	167.19	-10.97	27.52	Mutton	2800.00 - 3200.00	2971.43	2971.43	2022.22	0.00	46.94
Manioc	180.00 - 240.00	220.00	222.31	99.06	-2.31	122.08	Pork	1480.00 - 2000.00	1720.00	1736.00	866.67	-16.00	98.46
<u>Leafy Vegetable</u>													
Mukunuwenna	50.00 - 80.00	73.57	74.44	66.82	-0.87	10.11							
Kankun	50.00 - 80.00	73.57	74.44	66.82	-0.87	10.11							
Gotukola	70.00 - 150.00	115.63	116.67	72.27	-1.04	59.98							

This Week: Week 07: 10 - 16 February 2023

Last Week: Week 06: 03 - 09 February 2023

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 07: 10 - 16 February 2023

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	125.00 - 145.00	136.00
A'pura	100.00 - 105.00	102.00	Dambulla	290.00 - 330.00	314.00	Hambantota	160.00 - 190.00	176.00
P'naruwa	103.00 - 104.00	103.33	Welimada	270.00 - 280.00	277.00	Embilipitiya	140.00 - 150.00	145.00
Kalawewa	100.00 - 103.00	101.00	Badulla	320.00 - 340.00	334.00	Matara	-	
Kurunegala	104.00 - 106.00	105.00	Carrot			A'pura	110.00 - 120.00	114.00
Dehiattakandiya	95.00 - 103.00	99.67	N'Elia	90.00 - 100.00	94.00	Luffa		
Nikaweratiya	100.00 - 105.00	102.60	Welimada	50.00 - 65.00	57.00	Dambulla	220.00 - 240.00	230.00
Ampara	110.00 - 112.00	111.00	Hanguranketha	60.00 - 80.00	70.00	Hambantota	180.00 - 220.00	198.00
Long Grain (White)			Leeks			Embilipitiya	250.00 - 270.00	258.00
A'pura	96.00 - 100.00	97.60	N'Elia	145.00 - 155.00	150.00	Matara	-	
P'naruwa	101.00 - 102.00	101.33	Welimada	135.00 - 145.00	140.00	A'pura	190.00 - 210.00	198.00
Kalawewa	95.00 - 98.00	96.20	Beetroot			Green Chillies		
Kurunegala	102.00 - 103.00	102.25	N'Elia	70.00 - 80.00	75.00	Dambulla	190.00 - 220.00	208.00
Dehiattakandiya	95.00 - 97.00	96.00	Dambulla	90.00 - 105.00	98.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	250.00 - 280.00	268.00
Nikaweratiya	98.00 - 100.00	99.60	Welimada	70.00 - 80.00	74.00	Puttalam	150.00 - 200.00	178.00
Hambantota	-		Hanguranketha	60.00 - 80.00	68.60	A'pura	150.00 - 180.00	162.00
Ampara	90.00 - 90.00	90.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	70.00 - 75.00	73.00	Dambulla	40.00 - 50.00	46.80
Matara	85.00 - 90.00	87.75	Welimada	70.00 - 80.00	74.00	Hambantota	40.00 - 60.00	52.00
Hambantota	90.00 - 95.00	92.80	Hanguranketha	70.00 - 90.00	78.60	Embilipitiya	70.00 - 110.00	85.83
Embilipitiya	88.00 - 90.00	89.40	Raddish			Matara	50.00 - 60.00	55.00
Keeri Samba			N'Elia	20.00 - 25.00	22.00	A'pura	50.00 - 70.00	58.00
A'pura	107.00 - 112.00	109.00	Welimada	12.00 - 15.00	13.60	Moneragala	-	
P'naruwa	110.00 - 112.00	110.75	Hambantota	50.00 - 60.00	52.50	Cucumber		
Kalawewa	105.00 - 110.00	106.40	Hanguranketha	12.00 - 20.00	15.60	A'pura	100.00 - 120.00	108.00
Kurunegala	-		Cabbage			Dambulla	140.00 - 145.00	143.00
Dehiattakandiya	103.00 - 116.00	109.67	N'Elia	20.00 - 25.00	22.00	Hambantota	110.00 - 140.00	122.00
Red Onion			Welimada	15.00 - 20.00	17.40	Matara	100.00 - 120.00	110.00
Puttalam	350.00 - 450.00	404.00	Badulla	30.00 - 40.00	37.00	Long Beans		
Jaffna	130.00 - 160.00	145.00	Hanguranketha	15.00 - 28.00	20.60	Dambulla	140.00 - 150.00	146.00
Big Onion			Tomato			Hambantota	100.00 - 130.00	116.00
Dambulla	-		Welimada	130.00 - 140.00	136.00	Embilipitiya	150.00 - 170.00	158.00
Kalawewa	-		Hambantota	-		Matara	115.00 - 125.00	120.00
A'pura	-		Dambulla	135.00 - 152.50	145.00	A'pura	100.00 - 110.00	104.00
Potato			Hanguranketha	140.00 - 180.00	162.00	Ash Plantain		
N'Elia	200.00 - 210.00	204.00	<u>Vegetable (Low Country)</u>			Hambantota	100.00 - 130.00	114.00
Badulla	-		Ladies Fingers			Embilipitiya	140.00 - 160.00	149.00
Welimada	170.00 - 190.00	178.00	A'pura	160.00 - 170.00	164.00	Matara	135.00 - 155.00	145.00
<u>Pulses</u>			Dambulla	210.00 - 230.00	221.00	Lime		
Green Gram			Hambantota	140.00 - 160.00	146.00	Hambantota	-	
Hambantota	-		Embilipitiya	170.00 - 200.00	184.00	Embilipitiya	100.00 - 120.00	106.00
Moneragala	900.00 - 950.00	920.00	Matara	170.00 - 185.00	176.25	Moneragala	60.00 - 70.00	64.00
Embilipitiya	1000.00 - 1020.00	1010.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	1050.00 - 1050.00	1050.00	A'pura	80.00 - 100.00	88.00	Banana		
A'pura	900.00 - 950.00	920.00	Dambulla	90.00 - 115.00	99.00	Ambul		
Cowpea			Hambantota	-		Moneragala	80.00 - 100.00	88.00
Hambantota	-		Embilipitiya	120.00 - 130.00	125.00	Embilipitiya	110.00 - 130.00	120.00
Nikaweratiya	650.00 - 700.00	675.00	Matara	75.00 - 85.00	80.00	Hambantota	120.00 - 150.00	134.00
Moneragala	780.00 - 800.00	788.00	Welimada	115.00 - 120.00	116.80	Kolikuttu		
Embilipitiya	970.00 - 980.00	975.00	Capsicum			Moneragala	250.00 - 280.00	262.00
Maize			Badulla	-		Embilipitiya	240.00 - 270.00	256.00
A'pura	135.00 - 140.00	137.00	Welimada	360.00 - 400.00	376.00	Hambantota	-	
Kalawewa	100.00 - 130.00	116.00	Bitter Gourd			Papaw		
Gingelly			A'pura	240.00 - 260.00	248.00	Moneragala	80.00 - 100.00	88.00
A'pura	520.00 - 550.00	532.00	Dambulla	230.00 - 250.00	242.00	Embilipitiya	140.00 - 150.00	145.00
Kalawewa	-		Hambantota	-		Hambantota	120.00 - 140.00	130.00
Black Gram			Embilipitiya	310.00 - 360.00	334.00	Pineapple		
A'pura	550.00 - 600.00	570.00	Matara	280.00 - 300.00	292.50	Divulapitiya	-	
Kalawewa	550.00 - 600.00	575.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)
Week 07: 10 - 16 February 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	230.00 - 230.00
Samba 2	220.00 - 225.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Keeri Samba	240.00 - 260.00	260.00 - 260.00	240.00 - 260.00	250.00 - 260.00	250.00 - 260.00	260.00 - 260.00	240.00 - 260.00	260.00 - 260.00	250.00 - 260.00
Nadu 1	215.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	190.00 - 210.00	210.00 - 210.00	190.00 - 210.00	200.00 - 200.00	190.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00
Raw (Red)	190.00 - 210.00	200.00 - 210.00	190.00 - 200.00	170.00 - 190.00	190.00 - 200.00	200.00 - 210.00	200.00 - 210.00	200.00 - 210.00	210.00 - 210.00
Raw (White)	190.00 - 210.00	210.00 - 210.00	190.00 - 210.00	180.00 - 190.00	190.00 - 210.00	200.00 - 210.00	200.00 - 200.00	180.00 - 200.00	190.00 - 190.00
Imported									
Samba	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	200.00 - 210.00	220.00 - 220.00	210.00 - 220.00
Nadu	180.00 - 190.00	200.00 - 200.00	190.00 - 200.00	180.00 - 180.00	200.00 - 200.00	200.00 - 200.00	180.00 - 200.00	180.00 - 180.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	165.00 - 180.00	180.00 - 180.00	180.00 - 190.00	180.00 - 190.00	190.00 - 190.00	190.00 - 190.00	180.00 - 180.00	170.00 - 190.00	160.00 - 190.00
<u>Dried Chillies</u>									
Imported	1300.00 - 1550.00	1800.00 - 1800.00	1600.00 - 1800.00	1650.00 - 1800.00	1700.00 - 1800.00	1700.00 - 1700.00	1500.00 - 1700.00	1600.00 - 1600.00	1700.00 - 1700.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	400.00 - 480.00	600.00 - 600.00	480.00 - 600.00	400.00 - 560.00	500.00 - 500.00	480.00 - 480.00	400.00 - 480.00	600.00 - 600.00	550.00 - 600.00
<u>Big Onion</u>									
Imported	140.00 - 160.00	180.00 - 180.00	160.00 - 160.00	160.00 - 180.00	160.00 - 180.00	160.00 - 160.00	150.00 - 180.00	140.00 - 180.00	140.00 - 160.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	300.00 - 300.00	480.00 - 480.00	360.00 - 400.00	340.00 - 400.00	350.00 - 400.00	300.00 - 300.00	-	-	300.00 - 300.00
Imported	160.00 - 220.00	200.00 - 200.00	220.00 - 240.00	240.00 - 240.00	160.00 - 240.00	180.00 - 220.00	150.00 - 180.00	160.00 - 200.00	150.00 - 160.00
<u>Pulses</u>									
Green Gram	1400.00 - 1400.00	1500.00 - 1500.00	1400.00 - 1600.00	1600.00 - 1600.00	1500.00 - 1600.00	1400.00 - 1400.00	1600.00 - 1600.00	1400.00 - 1600.00	1400.00 - 1400.00
Cowpea (White)	1200.00 - 1300.00	1400.00 - 1600.00	-	1400.00 - 1400.00	1400.00 - 1600.00	1400.00 - 1400.00	1200.00 - 1200.00	1400.00 - 1400.00	1600.00 - 1600.00
Cowpea (Red)	1200.00 - 1300.00	1400.00 - 1400.00	1400.00 - 1400.00	1200.00 - 1400.00	1200.00 - 1600.00	1400.00 - 1400.00	1200.00 - 1300.00	1400.00 - 1400.00	1600.00 - 1600.00
Red Dhal	350.00 - 380.00	380.00 - 380.00	370.00 - 380.00	370.00 - 380.00	380.00 - 380.00	380.00 - 380.00	360.00 - 380.00	360.00 - 380.00	370.00 - 370.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 07: 10 - 16 February 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	400.00 - 500.00	480.00 - 560.00	520.00 - 600.00	480.00 - 600.00	480.00 - 500.00	560.00 - 600.00	450.00 - 480.00	400.00 - 520.00	480.00 - 520.00
Carrot	160.00 - 180.00	240.00 - 280.00	280.00 - 280.00	240.00 - 240.00	240.00 - 280.00	220.00 - 240.00	180.00 - 200.00	240.00 - 240.00	200.00 - 200.00
Leeks	220.00 - 240.00	320.00 - 360.00	320.00 - 360.00	320.00 - 320.00	240.00 - 280.00	360.00 - 360.00	200.00 - 240.00	240.00 - 320.00	320.00 - 320.00
Beetroot	200.00 - 200.00	240.00 - 320.00	280.00 - 320.00	240.00 - 320.00	240.00 - 240.00	320.00 - 320.00	160.00 - 180.00	240.00 - 240.00	240.00 - 280.00
Knolkhol	200.00 - 240.00	240.00 - 320.00	320.00 - 320.00	320.00 - 320.00	240.00 - 240.00	320.00 - 320.00	180.00 - 260.00	240.00 - 320.00	200.00 - 240.00
Raddish	100.00 - 120.00	200.00 - 200.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	200.00 - 200.00	100.00 - 100.00	160.00 - 160.00	120.00 - 160.00
Cabbage	100.00 - 100.00	200.00 - 200.00	160.00 - 200.00	160.00 - 200.00	160.00 - 160.00	160.00 - 180.00	100.00 - 100.00	120.00 - 200.00	120.00 - 160.00
Tomato	240.00 - 250.00	400.00 - 400.00	320.00 - 320.00	320.00 - 400.00	240.00 - 280.00	320.00 - 320.00	260.00 - 280.00	320.00 - 400.00	320.00 - 360.00
Ladies Fingers	240.00 - 320.00	240.00 - 360.00	320.00 - 360.00	320.00 - 360.00	300.00 - 320.00	320.00 - 360.00	240.00 - 280.00	300.00 - 360.00	320.00 - 360.00
Brinjal	200.00 - 240.00	280.00 - 280.00	280.00 - 280.00	240.00 - 280.00	200.00 - 280.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	240.00 - 280.00
Capsicum	500.00 - 650.00	600.00 - 800.00	700.00 - 800.00	800.00 - 800.00	800.00 - 800.00	700.00 - 800.00	500.00 - 600.00	800.00 - 800.00	600.00 - 800.00
Pumpkin	100.00 - 140.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	160.00 - 180.00	240.00 - 240.00	100.00 - 120.00	160.00 - 160.00	160.00 - 200.00
Cucumber	200.00 - 200.00	240.00 - 280.00	200.00 - 280.00	280.00 - 280.00	200.00 - 240.00	240.00 - 240.00	160.00 - 180.00	200.00 - 200.00	200.00 - 200.00
Bitter Gourd	320.00 - 400.00	360.00 - 480.00	480.00 - 480.00	480.00 - 480.00	360.00 - 400.00	400.00 - 400.00	300.00 - 320.00	300.00 - 320.00	360.00 - 400.00
Snake Gourd	280.00 - 320.00	320.00 - 320.00	320.00 - 360.00	280.00 - 320.00	300.00 - 320.00	360.00 - 360.00	280.00 - 280.00	320.00 - 360.00	320.00 - 360.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	340.00 - 400.00	320.00 - 480.00	360.00 - 480.00	480.00 - 480.00	320.00 - 400.00	320.00 - 320.00	320.00 - 350.00	340.00 - 400.00	320.00 - 360.00
Long Beans	240.00 - 280.00	240.00 - 360.00	320.00 - 320.00	320.00 - 360.00	280.00 - 300.00	320.00 - 360.00	240.00 - 240.00	240.00 - 360.00	240.00 - 240.00
Ash Plantain	260.00 - 280.00	240.00 - 360.00	320.00 - 360.00	360.00 - 360.00	280.00 - 320.00	360.00 - 360.00	240.00 - 280.00	360.00 - 360.00	240.00 - 240.00
Green Chillies	300.00 - 360.00	600.00 - 600.00	500.00 - 600.00	500.00 - 600.00	500.00 - 600.00	500.00 - 600.00	300.00 - 350.00	400.00 - 400.00	500.00 - 600.00
Lime	180.00 - 200.00	400.00 - 400.00	320.00 - 400.00	240.00 - 400.00	300.00 - 300.00	400.00 - 400.00	180.00 - 200.00	300.00 - 400.00	300.00 - 300.00
<u>Root Crops</u>									
Sweet Potato	160.00 - 180.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	150.00 - 160.00	200.00 - 240.00	240.00 - 240.00
Manioc	200.00 - 220.00	240.00 - 240.00	220.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	180.00 - 200.00	220.00 - 240.00	220.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	50.00 - 50.00	70.00 - 70.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Kankun	50.00 - 50.00	70.00 - 70.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00
Gotukola	70.00 - 80.00	100.00 - 100.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	100.00 - 100.00
<u>Coconut</u>									
Large	120.00 - 120.00	120.00 - 130.00	110.00 - 110.00	110.00 - 120.00	110.00 - 120.00	-	110.00 - 120.00	110.00 - 120.00	120.00 - 130.00
Small	90.00 - 100.00	90.00 - 100.00	90.00 - 90.00	100.00 - 100.00	100.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 100.00	100.00 - 100.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 07: 10 - 16 February 2023

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	200.00	-	220.00	280.00	-	300.00	260.00	-	280.00	240.00	-	260.00	280.00	-	300.00	280.00	-	300.00	240.00	-	250.00	180.00	-	200.00	230.00	-	260.00
Kolikuttu (Rs/Kg)	420.00	-	450.00	450.00	-	460.00	450.00	-	480.00	450.00	-	460.00	440.00	-	450.00	450.00	-	480.00	450.00	-	460.00	420.00	-	450.00	400.00	-	480.00
Seeni (Rs/Kg)	180.00	-	200.00	220.00	-	250.00	230.00	-	240.00	200.00	-	230.00	280.00	-	280.00	180.00	-	200.00	180.00	-	200.00	160.00	-	200.00	230.00	-	260.00
Anamalu	30.00	-	32.00	30.00	-	32.00	32.00	-	35.00	26.00	-	32.00	28.00	-	30.00	26.00	-	28.00	28.00	-	30.00	26.00	-	28.00	30.00	-	32.00
Ambun	38.00	-	40.00	38.00	-	40.00	40.00	-	44.00	33.00	-	40.00	35.00	-	38.00	33.00	-	35.00	35.00	-	38.00	33.00	-	35.00	38.00	-	40.00
<u>Pineapple</u>																											
Large	500.00	-	550.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00	500.00	-	600.00
Medium	400.00	-	450.00	500.00	-	500.00	450.00	-	500.00	450.00	-	500.00	400.00	-	450.00	400.00	-	450.00	400.00	-	450.00	400.00	-	450.00	400.00	-	450.00
Small	300.00	-	320.00	350.00	-	400.00	350.00	-	400.00	350.00	-	400.00	300.00	-	350.00	300.00	-	350.00	300.00	-	350.00	350.00	-	380.00	300.00	-	350.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	330.00	-	450.00		-		380.00	-	400.00	400.00	-	450.00		-		366.00	-	366.00	400.00	-	400.00		-			-	
Vilad		-			-			-			-			-			-			-			-			-	
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	50.00	-	60.00	100.00	-	120.00	100.00	-	120.00	100.00	-	120.00	100.00	-	120.00	70.00	-	100.00	60.00	-	70.00	70.00	-	100.00	80.00	-	100.00
Orange	60.00	-	70.00	70.00	-	100.00	80.00	-	100.00	70.00	-	80.00	80.00	-	100.00	70.00	-	80.00	70.00	-	80.00	50.00	-	70.00	80.00	-	100.00
Avocado	120.00	-	150.00	200.00	-	220.00	150.00	-	150.00	150.00	-	200.00	200.00	-	200.00	250.00	-	250.00	160.00	-	200.00		-		200.00	-	220.00
Slime Apple	100.00	-	100.00	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00	60.00	-	80.00	60.00	-	70.00	60.00	-	70.00	70.00	-	80.00	120.00	-	120.00
Grapes (Rs/Kg)	2200.00	-	2500.00	2800.00	-	3000.00	3000.00	-	3000.00	3000.00	-	3000.00	2500.00	-	2500.00	2500.00	-	2500.00	2000.00	-	2000.00	2000.00	-	2000.00	2500.00	-	2500.00
Papaw (Rs/Kg)	200.00	-	240.00	360.00	-	380.00	320.00	-	380.00	250.00	-	330.00	300.00	-	320.00	280.00	-	300.00	250.00	-	260.00	280.00	-	300.00	240.00	-	250.00
Passion		-		83.00	-	83.00	92.00	-	100.00	83.00	-	83.00	83.00	-	83.00	83.00	-	83.00	83.00	-	83.00		-		83.00	-	83.00
King Coconut	130.00	-	130.00	150.00	-	150.00	150.00	-	150.00	150.00	-	150.00	150.00	-	160.00	160.00	-	160.00	140.00	-	150.00	150.00	-	150.00	140.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 07: 10 - 16 February 2023

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	600.00 - 640.00	520.00 - 520.00	600.00 - 700.00	700.00 - 700.00	520.00 - 520.00	520.00 - 600.00	500.00 - 500.00	500.00 - 520.00	480.00 - 600.00
Hurulla	1000.00 - 1120.00	1000.00 - 1000.00	1000.00 - 1000.00	1200.00 - 1200.00	1100.00 - 1100.00	800.00 - 960.00	800.00 - 900.00	960.00 - 1000.00	1000.00 - 1100.00
Balaya	980.00 - 1000.00	1520.00 - 1560.00	1500.00 - 1600.00	-	-	1300.00 - 1600.00	1200.00 - 1400.00	1300.00 - 1400.00	-
Kelawalla	1500.00 - 1680.00	2400.00 - 2400.00	2000.00 - 2000.00	2800.00 - 2800.00	2500.00 - 2500.00	1600.00 - 1600.00	-	2100.00 - 2200.00	2000.00 - 2100.00
Thora	3100.00 - 3600.00	2720.00 - 2720.00	3500.00 - 3600.00	3800.00 - 3800.00	3800.00 - 3800.00	2800.00 - 3000.00	-	-	-
Paraw	1560.00 - 1680.00	2400.00 - 2400.00	2400.00 - 2400.00	2600.00 - 2600.00	2200.00 - 2200.00	1600.00 - 2000.00	1900.00 - 2000.00	2000.00 - 2000.00	2400.00 - 2600.00
Mora	1400.00 - 1440.00	2400.00 - 2400.00	-	-	-	-	1400.00 - 1400.00	-	-
Shrimps Small	2080.00 - 2100.00	1640.00 - 1700.00	2000.00 - 2000.00	1800.00 - 1800.00	1700.00 - 1700.00	1800.00 - 2000.00	1700.00 - 1800.00	1720.00 - 1760.00	1800.00 - 1960.00
Talapath	2200.00 - 2300.00	2600.00 - 2600.00	2600.00 - 2800.00	3000.00 - 3000.00	2900.00 - 2900.00	2400.00 - 2400.00	2400.00 - 2400.00	2600.00 - 2800.00	2600.00 - 2600.00
<u>Eggs (Rs/Egg)</u>									
Brown	46.00 - 46.00	-	46.00 - 46.00	-	46.00 - 46.00	46.00 - 46.00	46.00 - 46.00	-	46.00 - 46.00
White	44.00 - 44.00	-	44.00 - 44.00	-	44.00 - 44.00	-	-	44.00 - 44.00	44.00 - 44.00
<u>Dried Fish</u>									
Sprats	1500.00 - 1600.00	1800.00 - 1800.00	1800.00 - 2000.00	1800.00 - 2000.00	1800.00 - 2000.00	2000.00 - 2000.00	1800.00 - 1900.00	-	1900.00 - 2000.00
Kattawa	2200.00 - 2300.00	2600.00 - 2600.00	2400.00 - 2400.00	2400.00 - 2600.00	2400.00 - 2500.00	2200.00 - 2600.00	2200.00 - 2400.00	2400.00 - 2400.00	2500.00 - 2600.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2000.00 - 2300.00	2400.00 - 2400.00	2200.00 - 2400.00	2000.00 - 2200.00	2200.00 - 2300.00	2400.00 - 2400.00	2300.00 - 2400.00	2300.00 - 2300.00	2400.00 - 2500.00
Balaya	1200.00 - 1400.00	1400.00 - 1400.00	1400.00 - 1600.00	1400.00 - 1700.00	1300.00 - 1400.00	1800.00 - 1800.00	1300.00 - 1500.00	1200.00 - 1200.00	1500.00 - 1600.00
Anguluwa	2200.00 - 2200.00	2400.00 - 2400.00	2500.00 - 2500.00	-	-	-	-	-	-
Salaya	-	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1400.00 - 1400.00	900.00 - 1200.00	1000.00 - 1000.00	1500.00 - 1500.00
<u>Meat</u>									
Beef (without Bones)	-	2200.00 - 2200.00	2300.00 - 2300.00	-	2200.00 - 2200.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	-	1200.00 - 1200.00	1240.00 - 1240.00	1240.00 - 1240.00	1180.00 - 1180.00	1150.00 - 1150.00	1200.00 - 1200.00	1200.00 - 1200.00	1280.00 - 1280.00
Chicken (Curry)	-	-	1500.00 - 1500.00	1500.00 - 1500.00	-	-	1300.00 - 1300.00	-	1400.00 - 1400.00
Mutton	-	2800.00 - 2800.00	3000.00 - 3000.00	-	3000.00 - 3000.00	2800.00 - 2800.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00
Pork	-	1800.00 - 1800.00	2000.00 - 2000.00	-	-	-	-	1600.00 - 1600.00	1480.00 - 1480.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
White												
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Korali	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

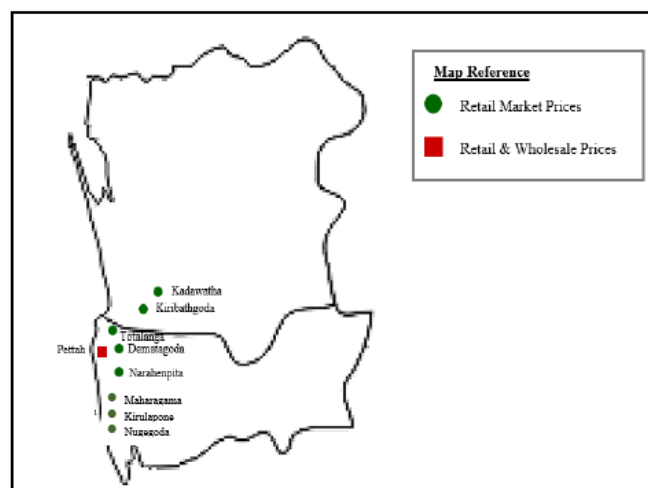
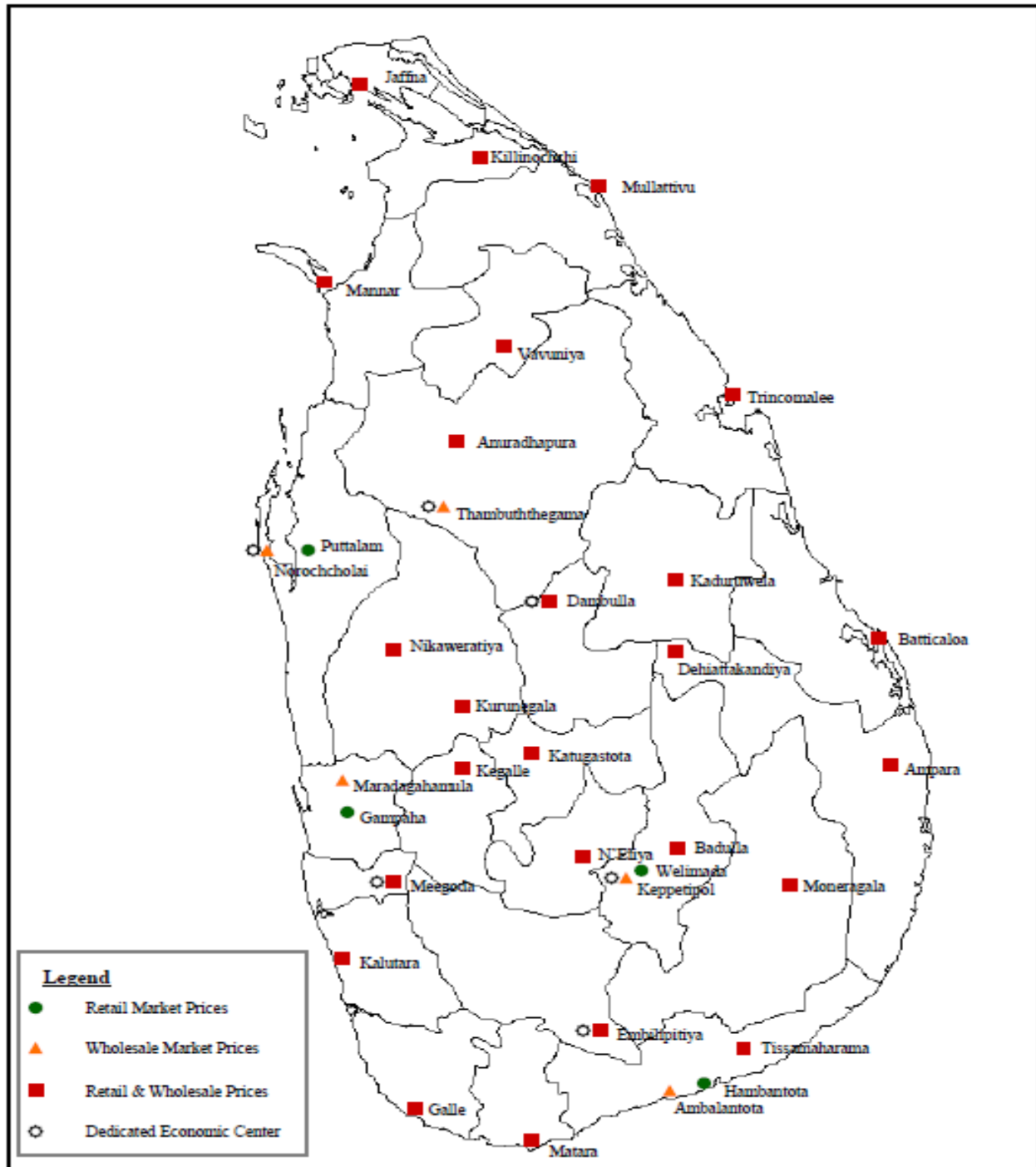
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

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Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



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දෛනික චළච්ඡි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවීම් ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය
ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.
මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චුද්චිත තොග මිල දැක්වේ.
විකාශිතයාට රු.2/-
විකාශිතයාට රු.2/-