

RETAIL MARKET AT A GLANCE**Summary****Rice**

Prices of all local rice varieties have decreased by Rs.1.00-7.00/kg. The highest price decrease was reported as Rs.7.00/kg for nadu grade-II. The average prices of both raw red and raw white were Rs.217.00/kg and Rs.210.00/kg respectively. The price of keeri samba ranged Rs.250.00-265.00/kg while the price of samba grade-I remained stable. Prices of imported samba and raw white have decreased by Rs.2.00/kg and price of imported nadu has increased by Rs.2.00/kg. The average farm gate prices of short grain and long grain paddy varieties have risen, ranging from Rs.84.00-106.00/kg and Rs.84.00-105.00/kg respectively.

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Other Field Crops

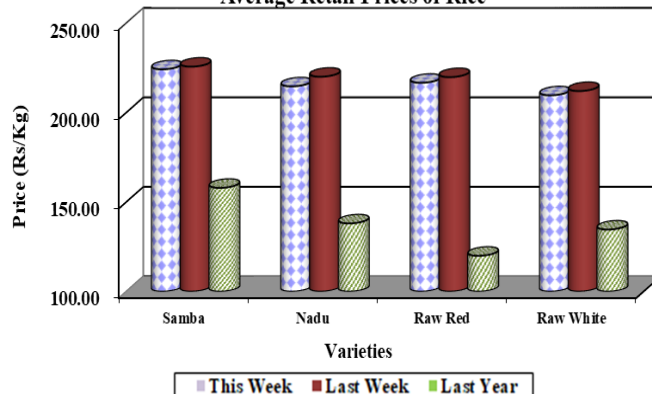
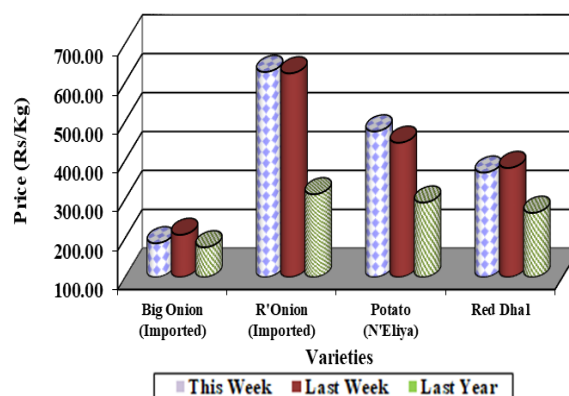
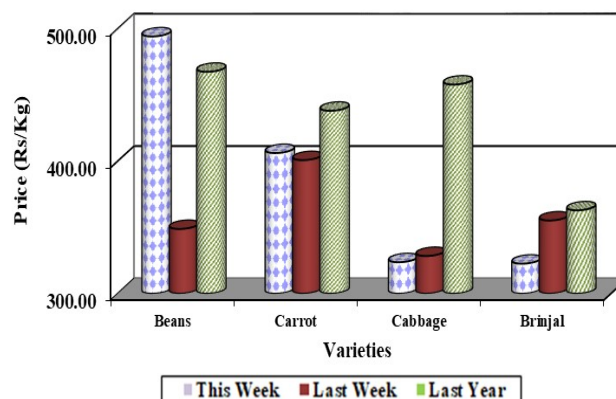
The price of imported dried chilies has dropped by Rs.12.00/kg and price ranged Rs.1600.00-1900.00/kg. The price of vedalan red onion has decreased by Rs.10.00/kg, while the price of imported red onion has increased by Rs.4.00/kg. Nuwara Eliya potato prices have risen by Rs.29.00/kg and ranged Rs.450.00-480.00/kg. The price of imported potato has dropped by Rs.11.00/kg and price ranged Rs.200.00-260.00/kg.

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Vegetables

The retail prices of the majority of vegetables have climbed due to lack market supply during the off-season. Considering up-country vegetables, the highest price increase was reported for beans as Rs.145.00/kg, followed by knolkhol at Rs.79.00/kg. Considering low-country vegetables, the most significant price increase was reported for luffa by Rs.61.00/kg, followed by ladies fingers at Rs.50.00/kg.

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Average Retail Prices of Rice**Average Retail Prices of Other Field Crops****Average Retail Prices of Vegetables**

Rice**Wholesale**

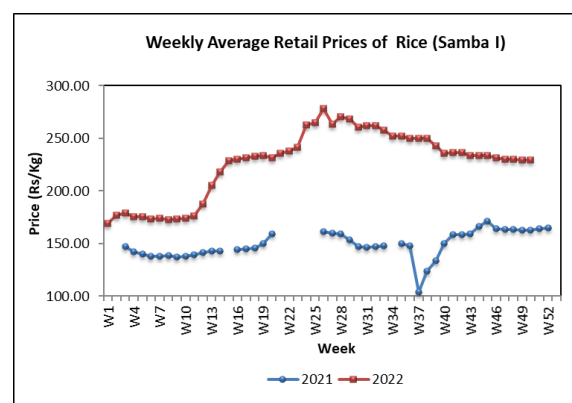
Prices of grade II samba and keeri samba have increased by 1% due to decreased supply of stocks and their price ranges were Rs.200.00-210.00/kg and Rs.220.00-225.00/kg, respectively. Prices of other local rice varieties have decreased slightly. Price range of grade I samba and grade I nadu was Rs.210.00-215.00/kg and Rs.195.00-200.00/kg respectively. Average prices of grade II nadu, raw red and raw white were Rs.192.00/kg, Rs.195.00/kg and Rs.188.00/kg respectively.

Prices of all types of imported rice varieties have increased in line with increase of imported levies. Price of ponni samba has increased by 4% and the price ranged Rs.185.00-205.00/kg. Prices of both imported nadu and imported raw white have increased by 3% and their price ranges were Rs.160.00-185.00/kg and Rs.155.00-170.00/kg respectively.

Compared to the same period of last year, prices of all types of local rice varieties have increased in the range of 6%-78% and prices of all types of imported rice varieties have increased in the range of 47%-63%.

Retail

Prices of all local rice varieties have decreased by Rs.1.00-7.00/kg. The highest price decrease was reported as Rs.7.00/kg for nadu grade II and the price ranged Rs.200.00-210.00/kg. Price ranges for nadu grade II and I were Rs.210.00-220.00/kg and Rs.200.00-230.00/kg respectively. Further, the average prices of both raw red and white were Rs.217.00/kg and Rs.210.00/kg respectively. Keeri samba was Rs.250.00-265.00/kg. Price of samba grade I has not changed significantly and the price ranged Rs.220.00-230.00/kg. The average prices of samba grade II was Rs.219.00/kg. Price of imported samba and raw white have decreased by Rs.2.00/kg and the price ranged Rs.200.00-210.00/kg and Rs.170.00-180.00/kg respectively. Price of imported nadu has increased by Rs.2.00/kg and the price range was Rs.180.00-200.00/kg.



Compared to the same period of last year, prices of all local rice varieties have increased by 11%-81% while prices of imported rice varieties have increased by a 39%-47% range.

Paddy

Average farm gate prices of short grain (samba), keeri samba and long grain white (nadu) paddy varieties have increased in major producing areas. The prices of short grain paddy ranged Rs.84.00-106.00/kg and prices increased by Rs.7.00-9.00/kg in Nikaweratiya, Kurunegala, Kalawewa and Anuradhapura areas. However, the average farm gate price of short grain paddy has decreased by Rs.8.00/kg and Rs.3.00/kg respectively in Dehiattakandiya and Polonnaruwa areas. Further, price of keeri samba paddy also increased by Rs.10.00/kg in Anuradhapura and Kalawewa areas while a price decrease of Rs.3.00-9.00/kg was reported in Dehiattakandiya and Polonnaruwa areas. The price range for keeri samba paddy was Rs.84.00-110.00/kg. The average farm gate price of long grain white paddy has increased by Rs.6.00-10.00/kg and reporting a Rs.84.00-105.00/kg price range. The prices for long grain red paddy have ranged Rs.102.00-110.00/kg in major producing areas in the Southern Province.

Compared to the same period of last year, the average prices of all major paddy varieties except keeri samba have increased by 9%-60% and the highest was reported for long grain red paddy. However, the average farm gate price of keeri samba paddy has decreased by 4%-26%.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 1% due to availability of high quality stocks and the price ranged Rs.1450.00-1550.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 166%.

Retail

Price of imported dried chilies has decreased by Rs.12.00/kg and price range between Rs.1600.00-1900.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 179%.

Onion

Wholesale

Price of imported red onion has increased by 10% due to limited supply of local stocks to the market and the price ranged Rs.460.00-580.00/kg. Price of imported big onion has increased by 6% due to

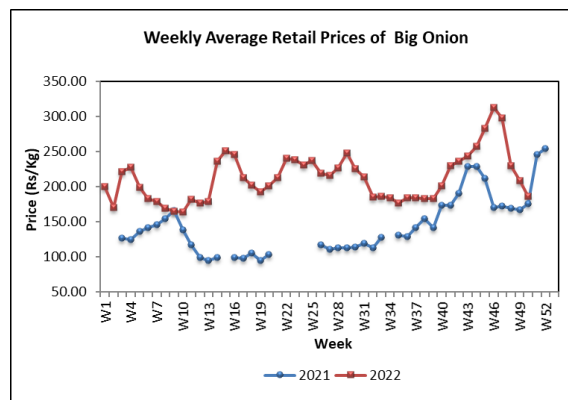
availability of both high quality and low quality stocks and the price ranged Rs.136.00-195.00/kg.

Compared to the same period of last year, prices of imported red onions and big onions have increased by 97% and 3% respectively.

Retail

Price of vedalan red onion has decreased by Rs.10.00/kg and price ranged between Rs.620.00-720.00/kg. Price of imported red onion has increased by Rs.4.00/kg and price ranged between Rs.520.00-680.00/kg.

Price of imported big onion has decreased by Rs.22.00/kg and the price ranged Rs.150.00-200.00/kg.



Compared to the same period of last year, prices of vedalan, imported red onion and imported big onion have increased by 88%, 100% and 6% respectively.

Potato

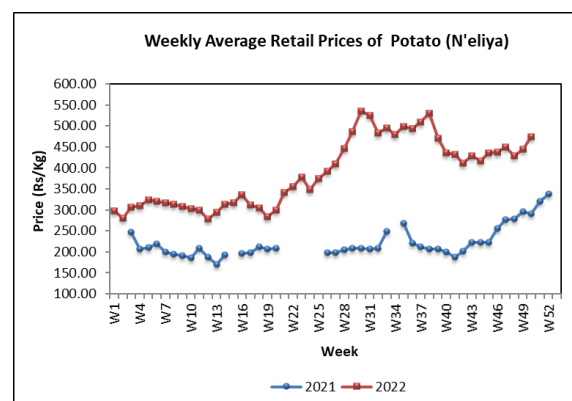
Wholesale

Price of Nuwara Eliya potato has increased by 9% due to limited supply and the price ranged Rs.430.00-450.00/kg. Price of imported potato has decreased slightly due to availability of both high quality and low quality stocks and the price ranged Rs.140.00-280.00/kg.

Compared to the same period of last year, prices of Nuwara Eliya potatoes and imported potatoes have increased by 78% and 18% respectively.

Retail

Price of Nuwara Eliya potato has increased by Rs.29.00/kg and price ranged Rs.450.00-480.00/kg. Price of imported potato has decreased by Rs.11.00/kg and the price ranged Rs.200.00-260.00/kg.



Compared to the same period of last year, prices of Nuwara Eliya and imported potato have increased by 63% and 26% respectively.

Pulses

Wholesale

Prices of white cowpea, red cowpea and green gram have increased by 3%, 2% and 1% respectively due to limited supply of local stocks and their price ranges were Rs.1100.00-1200.00/kg, Rs.1200.00-1250.00/kg and Rs.1050.00-1100.00/kg respectively. Average price of red dhal was Rs.352.00/kg.

Compared to the same period of last year, prices of all types of pulses have increased in the range of 44%-236% and the highest price increase was reported for red cowpea.

Retail

Price of white cowpea, red cowpea and green gram have increased by Rs.26.00/kg, Rs.15.00/kg and Rs.7.00/kg respectively and price ranges were Rs.1200.00-1300.00/kg and Rs.1300.00-1400.00/kg and Rs.1200.00-1400.00/kg respectively.

Price of red dhal has decreased by Rs.12.00/kg and price ranged between Rs.360.00-380.00/kg.

Compared to the same period of last year, prices all pulses have increased by 39%-218% and the highest price increase was reported for red cowpea.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased market supply in the off-season while prices of some varieties have decreased due to supply of low quality substitute low country stocks.

Considering up-country vegetables, prices of raddish, cabbage, beetroot and knolkhol have decreased by 22%, 15%, 5% and 4% respectively. However, price of beans (green) has increased by 63% due to decreased market supply from Welimada, Balangoda and most of the main producing areas.

Meanwhile, price of tomato has increased by 24% due to decreased supply from Sooriyawewa area. However, price of capsicum has decreased by 2%.

Considering low-country vegetables, the highest price increase was reported for long beans by 31% due to decreased market supply from Puttalam and Balangoda areas. A price increase of 23% was reported for ladies fingers. The price of ash plantain has increased by 13% due to decreased supply from Embilipitiya and Sooriyawewa areas. Price of brinjal has decreased by 24% due to low quality

stocks received from Jaffna and Puttalam areas. Further, prices of both cucumber and snake gourd have decreased by 12%.

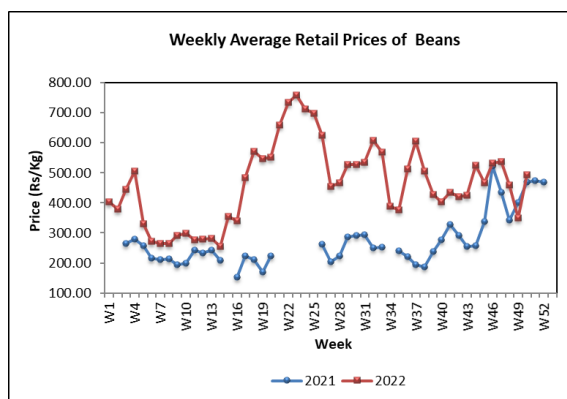
Meanwhile, price of green chilies has increased by 23% due to decreased supply from Puttalam area. Further, price of lime has increased by 23% due to decreased market supply from Monaragala area.

Compared to the same period of last year, wholesale prices of most of the vegetable varieties have decreased with the highest price decrease of 61% being reported for cucumber.

Retail

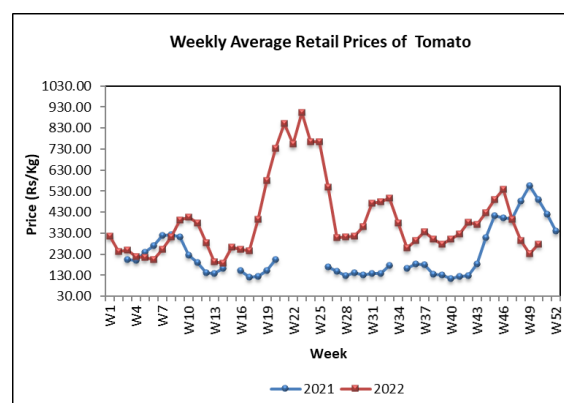
Retail prices of most of the vegetable varieties have increased.

Considering up-country varieties, the highest price increase was reported for beans as Rs.145.00/kg, followed by knolkhol as Rs.79.00/kg. Further, prices of carrot and leeks have increased by Rs.6.00-9.00/kg.



However, prices of beetroot, raddish and cabbage have decreased by Rs.3.00-5.00/kg.

Price of tomato has increased by Rs.42.00/kg and price of capsicum has decreased by Rs.61.00/kg.



Considering low-country varieties, the highest price increase was reported for luffa by Rs.61.00/kg, followed by ladies fingers as Rs.50.00/kg. However, price of brinjal has decreased by Rs.33.00/kg. Prices of pumpkin, cucumber, long beans and ash plantain have increased by Rs.14.00-45.00/kg.

Further, prices of green chilies and lime have increased by Rs.40.00/kg and Rs.73.00/kg respectively.

Compared to the same period of last year, prices of most of the varieties have increased and the highest was reported as 116% for ash plantain.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1%. Their prices ranged between Rs.85.00-90.00/nut for large nut and Rs.75.00-78.00/nut for small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 11% and 10% respectively.

Retail

Prices of large and small nuts have increased by Rs.4.00/nut and Rs.3.00/nut respectively. Price ranges were Rs.95.00-120.00/nut for a large nut and Rs.80.00-100.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 23% and 21% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased due to low demand. The highest price decrease of 30% reported for slime apple. The price of papaw decreased by 26% with low demand and the price of orange decreased by 15% due to high availability of low quality stocks. Prices of passion fruit and king coconut have decreased by 17% and 8% respectively.

Prices of vilad and karthakolomban mango varieties have decreased in the range of 10%-17%. Further, price of imported grapes (3%), ambun (3%) and anamalu (1%) banana have decreased slightly with low demand.

However, the price of all sizes of pineapple have increased in the range of 11%-18% with limited supply. The price of both avocado and wood apple have increased by 12%. Further, price of ambul, seeni and kolikuttu banana have increased in the range of 2%-7% as quality stocks were received.

Compared to the same period of last year, wholesale prices of all fruits except slime apple have increased with the highest price increase of 239% being recorded for ambul banana.

Retail

Retail prices of most of the fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.29.00/fruit was reported for mango-karthakolomban due to availability of low quality stocks. The price of avocado has decreased by Rs.23.00/fruit. Further, prices of imported grapes and papaw have decreased by Rs.6.00/kg and Rs.5.00/kg due to low demand. Prices of orange, passionfruit and

slime apple have decreased by Rs.5.00/fruit.

Meanwhile, prices of all sizes of pineapple have increased by Rs.18.00-47.00/fruit due to limited supply. Prices of banana varieties, kolikuttu, ambul and seeni have increased and ranged Rs.1.00-5.00/kg.

Compared with the same period of last year, retail prices of all fruits have increased and the highest price increase of 134% was reported for passion fruit.

Fresh Fish

Wholesale

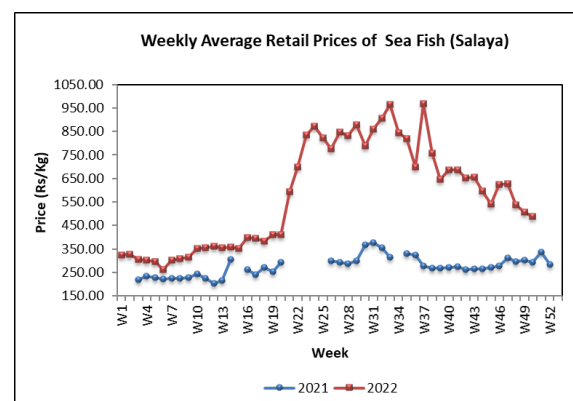
Wholesale prices of all fresh fish types have increased due to decrease in supply. The highest price increase of 41% was noted for balaya due to low supply from Beruwala and Galle areas and the price ranged Rs.580.00-800.00/kg. The price increase of 24% and 33% noted for thora and paraw and their prices ranged between Rs.1100.00-2500.00/kg and Rs.900.00-1400.00/kg respectively. A price increase of 23% was noted for mora and the price ranged between Rs.850.00-900.00/kg. Also, the wholesale prices of hurulla, kelawalla, thalapath and shrimps have increased by 6%-15% respectively. In addition, price of salaya has increased by 1%.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 13%-80% and the highest price increase was noted for balaya.

Retail

Retail prices of most of the fresh fish have increased in line with increased wholesale prices. The highest price increase was reported for paraw by Rs.161.00/kg. Prices of balaya and mora have also increased by Rs.149.00/kg and Rs.114.00/kg respectively. Further, prices of hurulla, kelawalla and thalapath have increased in the range of Rs.34.00-60.00/kg

However, prices of thora and salaya have decreased by Rs.60.00/kg and Rs.17.00/kg respectively.



Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 23%-65%

and the highest price increase reported for salaya.

Dried Fish

Wholesale

Prices of most of the local and imported dried fish types have decreased due to the increase of local dried fish supply. The highest price decrease of 9% was noted for local mora due to high supply from Negombo and Jaffna areas, and the price ranged between Rs.1400.00-1600.00/kg. A price decrease of 6% noted for local balaya and the price ranged Rs.650.00-820.00/kg. A price decrease of 4% noted for imported anguluwa due to high supply from Oman and Pakistan and the price ranged Rs.1680.00-1750.00/kg. In addition, price of local salaya has decreased by 4% and the price of imported kattawa has decreased by 2% respectively.

However, a price increase of 14% noted for local sprats due to low supply from Trincomalee and Mannar areas and the price ranged Rs.1000.00-1350.00/kg. The prices of local maduwa and imported sprats have decreased by 3%.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 12%-108% and the highest price increase was reported for local salaya.

Retail

Retail prices of most types of dried fish have also decreased with increased supply. The highest price decrease reported for anguluwa and salaya in the range of Rs.14.00-15.00/kg. Price of mora also increased by Rs.9.00/kg.

However, prices of maduwa, kattawa and imported sprat have increased by Rs.120.00/kg, Rs.77.00/kg and Rs.22.00/kg respectively with insufficient stock availability.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 43%-117% and the highest price increase reported for maduwa.

Eggs

Wholesale

Prices of brown and white eggs have not changed significantly, average price of a brown egg was Rs.50.00, and a white egg ranged Rs.49.50-50.00.

Compared to the same period of last year, prices of both brown and white eggs have increased by 96% and 105% respectively.

Retail

Prices of both brown and white eggs have not changed significantly. Average price of a brown egg and white egg was reported as Rs.50.00/egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 95% and 107% respectively.

Meat

Retail

Prices of most types of meat have increased. Prices of skin-less broiler chicken and skin-less curry chicken have increased by Rs.92.00/kg and Rs.50.00/kg respectively due to high demand in the festival season. Also, price of mutton has increased by Rs.21.00/kg.

However, price of beef has decreased by Rs.25.00/kg due to low demand.

Compared to the same period of last year, prices of all types of meat have increased in the range of 51%-121% and the highest price increase was reported for curry chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)**Week 50: 09 - 15 December 2022**

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10500	10750	10000	10500	11000	11250	9750	10000	9500	9750	9500	10000	9250	9500
Divulapitiya	10500	11350	9500	10000	11000	11500	10000	10800	9000	9500	10000	10300	8700	9250
Kurunegala	11250	11250	10000	10000	12600	12750	9750	10600	9250	9250	-	-	8900	9500
Nikaweratiya	10900	10900	9750	10500	11500	12600	10600	10600	9150	9250	10500	10600	9000	9500
Badulla	-	-	-	-	-	-	10250	10500	-	-	9500	10000	9400	9750
Puttalam	11250	11350	-	-	12500	12750	10750	10850	9000	9100	10750	10800	9000	9350
Dambulla	11300	11400	10950	11100	12750	12750	10750	10800	10350	10500	10400	10500	10000	10150
Anuradhapura	11250	11350	-	-	12500	12750	10500	10800	9750	10000	10000	10500	9500	10000
Tambuttegama	-	-	10250	10500	11500	11500	-	-	9450	9600	-	-	8750	9150
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10750	-	-	-	-	10200	10250
Kalutara	-	-	10000	10250	11250	11400	-	-	9650	9750	10150	10250	9650	9750
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kandy	10750	11250	9750	10250	12000	12250	10250	10650	9800	10000	10000	10250	9400	9750
Moneragala	11000	11250	10250	10600	12500	12750	10750	10850	-	-	9750	10000	9000	9500
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	11250	11250	-	-	12250	12750	10500	10750	-	-	-	-	9000	10250
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	9250	9750	9250	9750
Matara	11000	11100	-	-	12300	12750	10500	10600	-	-	9400	9500	9250	9500
Galle	11250	11250	-	-	12500	12750	10500	10750	-	-	9500	10250	9500	10250
Meegoda	-	-	10500	10750	11500	12500	10000	10200	9800	9900	9500	10000	9000	9400
Tissamaharama	-	-	-	-	11000	11250	-	-	9250	9500	8900	9250	9000	9250
Embilipitiya	11250	11350	-	-	12500	12600	10600	10650	-	-	8750	9000	9550	9700
Jaffna	-	-	9750	9900	12500	12900	-	-	-	-	9750	10900	-	-
Vavuniya	11000	11250	-	-	11500	11500	10000	10500	-	-	10750	10750	10250	10250
Mannar	11150	11250	-	-	12000	12250	10250	10400	-	-	10100	10250	10100	10250
Killinochchi	10750	11000	10600	10700	12500	12750	10500	10750	-	-	9500	9750	10000	10250
Mullattivu	-	-	-	-	12250	12500	10000	10250	9750	9750	9750	10250	-	-
Batticaloa	11000	11000	-	-	12350	12600	10750	10750	-	-	10000	10250	9750	10000
Trincomalee	-	-	-	-	12450	12750	-	-	9500	9750	8900	9250	8900	9250
Galenbindunuwewa	11250	11350	-	-	12000	12750	10500	10850	9500	10250	10250	10500	8750	9250
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 50: 09 - 15 December 2022

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	220.00 –	230.00	210.00 –	220.00	250.00 –	265.00	210.00 –	220.00	200.00 –	210.00	200.00 –	230.00	200.00 –	220.00
Gampaha	225.00 –	230.00	210.00 –	220.00	250.00 –	260.00	220.00 –	220.00	200.00 –	215.00	210.00 –	220.00	200.00 –	210.00
Kurunegala	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		210.00 –	220.00	200.00 –	210.00
Nikaweratiya	230.00 –	235.00	–		255.00 –	260.00	210.00 –	220.00	185.00 –	195.00	210.00 –	220.00	185.00 –	210.00
Dambulla	230.00 –	233.00	224.00 –	225.00	260.00 –	265.00	218.00 –	220.00	212.00 –	215.00	212.00 –	215.00	206.00 –	210.00
Anuradhapura	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00	200.00 –	210.00
Thambuththegama	230.00 –	235.00	215.00 –	225.00	250.00 –	260.00	220.00 –	225.00	200.00 –	210.00	220.00 –	225.00	190.00 –	200.00
Polonnaruwa	229.00 –	230.00	225.00 –	225.00	259.00 –	260.00	219.00 –	220.00	215.00 –	215.00	210.00 –	210.00	210.00 –	210.00
Kaluthara	–		220.00 –	225.00	250.00 –	255.00	218.00 –	220.00	–		210.00 –	215.00	205.00 –	210.00
Badulla	–		–		250.00 –	260.00	215.00 –	220.00	–		195.00 –	205.00	190.00 –	200.00
Keppetipola	225.00 –	230.00	218.00 –	222.00	260.00 –	265.00	218.00 –	220.00	210.00 –	216.00	210.00 –	212.00	205.00 –	210.00
Moneragala	230.00 –	230.00	213.00 –	220.00	255.00 –	260.00	220.00 –	220.00	–		195.00 –	205.00	185.00 –	195.00
Kegalle	230.00 –	230.00	225.00 –	225.00	260.00 –	260.00	220.00 –	220.00	185.00 –	210.00	220.00 –	220.00	195.00 –	210.00
Ampara	–		–		–		–		–		–		–	
Dehiattakandiya	230.00 –	230.00	–		260.00 –	260.00	215.00 –	220.00	–		–		185.00 –	210.00
Nuwaraeliya	226.00 –	230.00	218.00 –	224.00	250.00 –	260.00	216.00 –	218.00	210.00 –	212.00	205.00 –	210.00	205.00 –	208.00
Kandy	228.00 –	230.00	220.00 –	225.00	255.00 –	260.00	218.00 –	220.00	210.00 –	215.00	215.00 –	220.00	195.00 –	210.00
Puttalam	230.00 –	230.00	–		255.00 –	270.00	220.00 –	220.00	185.00 –	190.00	220.00 –	225.00	185.00 –	195.00
Hambantota	230.00 –	230.00	–		250.00 –	260.00	–		–		190.00 –	200.00	190.00 –	200.00
Rathnapura	225.00 –	230.00	–		–		215.00 –	225.00	–		200.00 –	208.00	190.00 –	195.00
Matara	225.00 –	230.00	–		250.00 –	260.00	220.00 –	225.00	–		195.00 –	200.00	190.00 –	200.00
Galle	226.00 –	230.00	–		255.00 –	260.00	220.00 –	220.00	–		190.00 –	210.00	190.00 –	210.00
Tissamaharama	–		–		–		–		190.00 –	195.00	180.00 –	190.00	185.00 –	190.00
Meegoda (DEC)	225.00 –	230.00	–		250.00 –	255.00	–		210.00 –	215.00	210.00 –	215.00	200.00 –	210.00
Embilipitiya	230.00 –	235.00	225.00 –	225.00	255.00 –	270.00	220.00 –	225.00	–		190.00 –	200.00	195.00 –	208.00
Jaffna	–		200.00 –	210.00	260.00 –	270.00	230.00 –	230.00	–		200.00 –	220.00	–	
Vavuniya	230.00 –	230.00	–		–		–		205.00 –	210.00	220.00 –	220.00	210.00 –	215.00
Mannar	230.00 –	230.00	–		255.00 –	260.00	–		210.00 –	215.00	210.00 –	210.00	210.00 –	215.00
Killinochchi	230.00 –	235.00	–		260.00 –	265.00	220.00 –	225.00	–		200.00 –	210.00	210.00 –	220.00
Mullaittivu	–		–		260.00 –	270.00	220.00 –	220.00	210.00 –	215.00	200.00 –	210.00	–	
Batticaloa	230.00 –	230.00	–		260.00 –	260.00	225.00 –	230.00	–		210.00 –	210.00	200.00 –	210.00
Trincomalee	–		–		255.00 –	260.00	–		200.00 –	205.00	190.00 –	200.00	190.00 –	195.00
Hanguranketha	220.00 –	230.00	205.00 –	215.00	250.00 –	260.00	210.00 –	220.00	192.00 –	208.00	205.00 –	210.00	190.00 –	210.00
Veyangoda	230.00 –	230.00	210.00 –	225.00	260.00 –	260.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00	190.00 –	200.00
Galenbindunuwewa	230.00 –	230.00	–		250.00 –	260.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00	185.00 –	195.00
Bandarawela	–		215.00 –	220.00	255.00 –	260.00	–		210.00 –	215.00	200.00 –	210.00	195.00 –	200.00
Matale	–		–		–		–		–		–		–	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 50: 09 - 15 December 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	72500 - 77500	23000 - 29000	-	6800 - 9750	7000 - 14000	-	21500 - 22500	52500 - 55000	55000 - 60000	17400 - 17750
Kurunegala	72500 - 72600	22500 - 22500	-	7000 - 7750	8500 - 8750	-	-	55000 - 57500	-	17500 - 17750
Nikaweratiya	72500 - 77500	26000 - 26500	-	7250 - 7250	8750 - 9750	-	-	53500 - 53500	-	17500 - 17750
Dehiattakandiya	72500 - 79000	25000 - 25000	-	7250 - 8250	8000 - 9750	-	-	-	-	17750 - 18250
Dambulla (DEC)	74000 - 80000	29000 - 30000	-	6500 - 6750	7500 - 9750	-	-	50000 - 52500	46500 - 47500	18000 - 18250
Anuradhapura	82500 - 86000	27000 - 30000	-	8000 - 9500	9000 - 10000	-	-	57500 - 60000	-	18000 - 19000
Thambuththegama	76500 - 80000	27500 - 28500	-	7000 - 7250	7750 - 10000	-	21500 - 22500	46000 - 47500	-	18000 - 18250
Polonnaruwa	85000 - 85500	29500 - 29750	-	9000 - 9250	9500 - 9600	-	21500 - 21750	47250 - 47500	46250 - 46300	18250 - 18500
Kaluthara	77000 - 78000	24500 - 25500	-	7500 - 8000	8000 - 9000	-	22500 - 22750	54500 - 55500	55000 - 57500	17750 - 18000
Puttalam	74000 - 77500	-	22500 - 27500	8000 - 8750	8250 - 9000	-	24000 - 26000	47500 - 55000	45000 - 50000	17500 - 18100
Kandy	74000 - 75000	26000 - 27000	-	7250 - 7750	8000 - 13750	-	21000 - 21500	52500 - 55000	55000 - 57500	18000 - 18500
Matara	83000 - 86000	26500 - 27500	32000 - 32750	7500 - 8000	9000 - 9500	-	20000 - 20500	55000 - 56000	-	18500 - 19000
Hambantota	80000 - 85000	27000 - 28000	-	7500 - 8000	8750 - 10500	-	20000 - 20000	47500 - 48500	-	18000 - 18750
Kegalle	82000 - 83000	26500 - 27000	-	7250 - 7500	8000 - 10400	-	22950 - 23000	57000 - 58000	57000 - 57500	18500 - 19000
Galle	82500 - 85000	28500 - 31000	-	8000 - 8750	9000 - 9500	-	21000 - 21000	55000 - 60000	-	18000 - 18250
Tissamaharama	80000 - 85000	30000 - 31000	-	8000 - 9000	9000 - 10500	-	-	52500 - 55000	-	18000 - 18500
Meegoda (DEC)	74250 - 77500	30000 - 30500	-	6500 - 7000	8250 - 10000	-	21000 - 23000	52500 - 55000	56500 - 60000	17400 - 18000
Jaffna	80000 - 85000	-	27500 - 34000	9500 - 10500	8500 - 10000	-	-	50000 - 57500	-	16000 - 18000
Vavuniya	79000 - 80000	-	-	7250 - 8000	8000 - 8250	-	-	52000 - 52500	-	18500 - 18500
Mannar	76000 - 77500	32500 - 34000	-	7750 - 8000	9250 - 9500	-	-	54000 - 55000	-	18500 - 19000
Killinochchi	82500 - 83500	32000 - 33000	-	8000 - 9000	8500 - 9500	-	-	52500 - 53500	-	18500 - 19000
Mullattivu	76500 - 80000	-	-	8000 - 8500	8500 - 8750	-	-	55000 - 56500	-	18000 - 18500
Batticaloa	82000 - 82500	-	-	8500 - 8600	8750 - 9000	-	24000 - 25000	55000 - 56000	-	18000 - 18500
Trincomalee	80000 - 81000	-	32500 - 32500	8750 - 9250	8750 - 9750	-	-	57000 - 58000	62500 - 62500	17400 - 17550
Galenbindunuwewa	77500 - 81000	28000 - 29500	-	8500 - 9000	8750 - 10000	-	-	52500 - 55000	-	18000 - 18500
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 50: 09 - 15 December 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1600.00 – 1900.00	520.00 – 680.00	620.00 – 720.00	150.00 – 200.00	200.00 – 260.00	–	450.00 – 480.00	1200.00 – 1400.00	1200.00 – 1300.00	360.00 – 380.00
Gampaha	1700.00 – 1900.00	–	–	200.00 – 220.00	200.00 – 280.00	–	540.00 – 540.00	1280.00 – 1380.00	1200.00 – 1300.00	380.00 – 400.00
Kurunegala	1700.00 – 1800.00	650.00 – 680.00	–	200.00 – 200.00	200.00 – 220.00	–	450.00 – 500.00	1100.00 – 1200.00	1000.00 – 1000.00	390.00 – 400.00
Nikaweratiya	1600.00 – 1800.00	600.00 – 650.00	–	180.00 – 200.00	195.00 – 210.00	–	–	1150.00 – 1200.00	1100.00 – 1100.00	375.00 – 380.00
Dambulla	1700.00 – 1800.00	650.00 – 700.00	–	160.00 – 200.00	200.00 – 240.00	–	–	1150.00 – 1200.00	1100.00 – 1200.00	370.00 – 400.00
Anuradhapura	1750.00 – 1800.00	600.00 – 650.00	–	200.00 – 220.00	200.00 – 240.00	–	–	1200.00 – 1300.00	1100.00 – 1250.00	380.00 – 390.00
Thambuththegama	1650.00 – 1750.00	590.00 – 700.00	–	165.00 – 190.00	200.00 – 220.00	–	–	1000.00 – 1000.00	–	370.00 – 385.00
Polonnaruwa	1750.00 – 1800.00	600.00 – 620.00	–	190.00 – 200.00	195.00 – 210.00	–	440.00 – 450.00	1000.00 – 1100.00	–	385.00 – 400.00
Kaluthara	1660.00 – 1680.00	560.00 – 580.00	–	180.00 – 200.00	200.00 – 220.00	–	520.00 – 540.00	1180.00 – 1200.00	1200.00 – 1250.00	390.00 – 400.00
Badulla	1700.00 – 1750.00	600.00 – 660.00	–	180.00 – 200.00	200.00 – 210.00	–	480.00 – 500.00	1100.00 – 1200.00	1050.00 – 1100.00	380.00 – 400.00
Keppetipola	1750.00 – 1800.00	640.00 – 660.00	–	180.00 – 200.00	230.00 – 250.00	–	440.00 – 460.00	1150.00 – 1250.00	1100.00 – 1200.00	375.00 – 390.00
Moneragala	1700.00 – 1800.00	600.00 – 660.00	–	200.00 – 220.00	200.00 – 240.00	–	440.00 – 480.00	1100.00 – 1200.00	1100.00 – 1200.00	370.00 – 390.00
Kegalle	1670.00 – 1710.00	580.00 – 610.00	–	195.00 – 210.00	200.00 – 260.00	–	510.00 – 520.00	1160.00 – 1200.00	1180.00 – 1200.00	390.00 – 400.00
Ampara	–	–	–	–	–	–	–	–	–	–
Dehiattakandiya	1600.00 – 1700.00	540.00 – 540.00	–	160.00 – 200.00	200.00 – 220.00	–	–	–	–	370.00 – 380.00
Nuwaraeliya	1750.00 – 1850.00	640.00 – 660.00	–	180.00 – 220.00	210.00 – 230.00	–	470.00 – 480.00	1150.00 – 1200.00	1100.00 – 1200.00	385.00 – 395.00
Kandy	1700.00 – 1740.00	700.00 – 720.00	–	200.00 – 220.00	220.00 – 240.00	–	520.00 – 550.00	1200.00 – 1250.00	1150.00 – 1200.00	380.00 – 400.00
Puttalam	1600.00 – 1650.00	–	720.00 – 760.00	200.00 – 220.00	200.00 – 240.00	–	520.00 – 600.00	1100.00 – 1220.00	1000.00 – 1100.00	365.00 – 375.00
Rathnapura	1700.00 – 1750.00	600.00 – 620.00	–	180.00 – 190.00	195.00 – 200.00	–	–	1100.00 – 1200.00	1200.00 – 1300.00	380.00 – 390.00
Hambantota	1800.00 – 1900.00	600.00 – 620.00	–	180.00 – 200.00	200.00 – 240.00	–	440.00 – 460.00	1000.00 – 1100.00	1200.00 – 1200.00	370.00 – 400.00
Matara	1800.00 – 1900.00	560.00 – 600.00	700.00 – 760.00	170.00 – 180.00	200.00 – 240.00	–	440.00 – 450.00	1150.00 – 1200.00	1150.00 – 1200.00	380.00 – 400.00
Galle	1800.00 – 1800.00	680.00 – 700.00	–	180.00 – 200.00	200.00 – 240.00	–	440.00 – 460.00	1200.00 – 1200.00	–	380.00 – 395.00
Tissamaharama	1650.00 – 1750.00	650.00 – 700.00	–	170.00 – 190.00	200.00 – 230.00	–	–	1100.00 – 1150.00	–	365.00 – 380.00
Meegoda (DEC)	1600.00 – 1650.00	650.00 – 720.00	–	150.00 – 160.00	200.00 – 240.00	–	500.00 – 520.00	1120.00 – 1120.00	1120.00 – 1120.00	380.00 – 400.00
Embilipitiya	1675.00 – 1750.00	–	640.00 – 680.00	190.00 – 200.00	230.00 – 260.00	–	480.00 – 500.00	1000.00 – 1060.00	1050.00 – 1100.00	380.00 – 400.00
Jaffna	1580.00 – 1750.00	–	600.00 – 750.00	200.00 – 220.00	195.00 – 210.00	–	–	1100.00 – 1200.00	–	380.00 – 400.00
Vavuniya	1600.00 – 1650.00	–	–	200.00 – 200.00	200.00 – 200.00	–	580.00 – 600.00	1200.00 – 1250.00	–	380.00 – 380.00
Mannar	1650.00 – 1700.00	–	780.00 – 850.00	180.00 – 200.00	200.00 – 220.00	–	–	1150.00 – 1200.00	–	390.00 – 400.00
Killinochchi	1700.00 – 1740.00	680.00 – 720.00	–	200.00 – 220.00	200.00 – 220.00	–	–	1150.00 – 1200.00	–	390.00 – 400.00
Mullaittivu	1600.00 – 1700.00	–	–	–	200.00 – 200.00	–	–	1150.00 – 1200.00	–	380.00 – 400.00
Batticaloa	1680.00 – 1700.00	–	–	180.00 – 200.00	200.00 – 220.00	–	550.00 – 600.00	1200.00 – 1250.00	–	380.00 – 400.00
Trincomalee	1600.00 – 1650.00	–	650.00 – 700.00	165.00 – 190.00	195.00 – 210.00	–	–	1160.00 – 1200.00	1300.00 – 1300.00	358.00 – 370.00
Hanguranketha	1650.00 – 1800.00	–	–	180.00 – 200.00	200.00 – 260.00	–	450.00 – 460.00	1050.00 – 1250.00	1100.00 – 1100.00	358.00 – 365.00
Veyangoda	1700.00 – 1850.00	600.00 – 640.00	–	160.00 – 200.00	200.00 – 240.00	–	480.00 – 480.00	1200.00 – 1300.00	1000.00 – 1200.00	380.00 – 400.00
Galenbindunuwewa	1600.00 – 1680.00	580.00 – 600.00	–	180.00 – 190.00	195.00 – 210.00	–	–	1100.00 – 1150.00	–	370.00 – 380.00
Bandarawela	1700.00 – 1750.00	600.00 – 640.00	–	180.00 – 200.00	200.00 – 220.00	–	–	1150.00 – 1200.00	1100.00 – 1150.00	380.00 – 400.00
Matale	–	–	–	–	–	–	–	–	–	–

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 50: 09 - 15 December 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	220.00 - 450.00	250.00 - 320.00	320.00 - 350.00	300.00 - 380.00	200.00 - 230.00
Meegoda (DEC)	-	450.00 - 500.00	300.00 - 350.00	380.00 - 420.00	280.00 - 300.00	280.00 - 300.00
Dambulla (DEC)	-	350.00 - 400.00	240.00 - 280.00	300.00 - 350.00	270.00 - 300.00	250.00 - 260.00
Keppetipola (DEC)	-	520.00 - 550.00	230.00 - 250.00	330.00 - 350.00	300.00 - 330.00	230.00 - 250.00
Norochchole (DEC)	-	-	-	-	200.00 - 300.00	-
Nuwara Eliya	-	500.00 - 530.00	260.00 - 280.00	360.00 - 370.00	320.00 - 330.00	230.00 - 240.00
Kandy	-	400.00 - 450.00	260.00 - 280.00	300.00 - 320.00	300.00 - 320.00	220.00 - 240.00
Hambantota	-	400.00 - 500.00	350.00 - 430.00	390.00 - 400.00	280.00 - 300.00	200.00 - 260.00
Thambuththegama (DEC)	-	310.00 - 350.00	280.00 - 310.00	340.00 - 370.00	270.00 - 300.00	-
Jaffna	-	380.00 - 420.00	380.00 - 420.00	380.00 - 410.00	300.00 - 380.00	-
Bandarawela	-	460.00 - 480.00	240.00 - 260.00	320.00 - 340.00	280.00 - 300.00	200.00 - 220.00
Veyangoda	-	500.00 - 550.00	300.00 - 330.00	360.00 - 380.00	280.00 - 320.00	260.00 - 300.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 100.00	130.00 - 180.00	120.00 - 180.00	80.00 - 150.00	160.00 - 200.00	600.00 - 700.00
Meegoda (DEC)	110.00 - 130.00	130.00 - 190.00	130.00 - 150.00	150.00 - 180.00	200.00 - 220.00	630.00 - 700.00
Moneragala	120.00 - 160.00	180.00 - 200.00	150.00 - 180.00	140.00 - 170.00	180.00 - 200.00	750.00 - 850.00
Dambulla (DEC)	60.00 - 70.00	90.00 - 110.00	110.00 - 130.00	75.00 - 90.00	170.00 - 200.00	550.00 - 600.00
Keppetipola (DEC)	50.00 - 70.00	100.00 - 120.00	120.00 - 140.00	110.00 - 130.00	150.00 - 160.00	620.00 - 650.00
Norochchole (DEC)	50.00 - 80.00	60.00 - 100.00	-	100.00 - 140.00	150.00 - 250.00	500.00 - 650.00
Nuwara Eliya	70.00 - 90.00	130.00 - 140.00	130.00 - 140.00	115.00 - 130.00	155.00 - 165.00	640.00 - 660.00
Kandy	40.00 - 50.00	100.00 - 150.00	120.00 - 130.00	120.00 - 130.00	160.00 - 200.00	480.00 - 500.00
Hambantota	110.00 - 180.00	200.00 - 220.00	150.00 - 180.00	150.00 - 180.00	200.00 - 250.00	600.00 - 650.00
Thambuththegama (DEC)	80.00 - 110.00	120.00 - 200.00	130.00 - 160.00	90.00 - 120.00	110.00 - 150.00	500.00 - 550.00
Tissamaharama	130.00 - 150.00	270.00 - 300.00	160.00 - 180.00	130.00 - 150.00	180.00 - 200.00	600.00 - 700.00
Jaffna	175.00 - 200.00	250.00 - 300.00	250.00 - 280.00	90.00 - 110.00	180.00 - 220.00	620.00 - 700.00
Bandarawela	50.00 - 70.00	80.00 - 100.00	100.00 - 110.00	-	150.00 - 180.00	600.00 - 650.00
Veyangoda	80.00 - 120.00	130.00 - 160.00	140.00 - 160.00	130.00 - 150.00	180.00 - 200.00	600.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 100.00	30.00 - 60.00	300.00 - 330.00	180.00 - 230.00	-	170.00 - 210.00
Meegoda (DEC)	90.00 - 110.00	60.00 - 70.00	330.00 - 370.00	280.00 - 280.00	-	280.00 - 280.00
Moneragala	100.00 - 110.00	100.00 - 120.00	450.00 - 480.00	340.00 - 350.00	-	300.00 - 350.00
Dambulla (DEC)	70.00 - 90.00	60.00 - 70.00	270.00 - 300.00	180.00 - 200.00	-	210.00 - 230.00
Keppetipola (DEC)	80.00 - 100.00	60.00 - 70.00	290.00 - 310.00	190.00 - 210.00	-	180.00 - 200.00
Norochchole (DEC)	60.00 - 80.00	40.00 - 50.00	250.00 - 350.00	150.00 - 220.00	300.00 - 400.00	130.00 - 160.00
Nuwara Eliya	100.00 - 110.00	70.00 - 80.00	310.00 - 320.00	210.00 - 220.00	-	190.00 - 210.00
Kandy	100.00 - 110.00	50.00 - 60.00	250.00 - 270.00	180.00 - 200.00	-	150.00 - 170.00
Hambantota	90.00 - 120.00	60.00 - 80.00	350.00 - 450.00	230.00 - 300.00	-	200.00 - 230.00
Thambuththegama (DEC)	50.00 - 80.00	25.00 - 40.00	280.00 - 330.00	140.00 - 160.00	-	120.00 - 150.00
Tissamaharama	80.00 - 100.00	50.00 - 70.00	360.00 - 380.00	210.00 - 230.00	-	250.00 - 270.00
Jaffna	100.00 - 120.00	100.00 - 130.00	420.00 - 450.00	220.00 - 250.00	-	-
Bandarawela	70.00 - 90.00	60.00 - 70.00	-	-	-	-
Veyangoda	90.00 - 110.00	60.00 - 80.00	350.00 - 380.00	200.00 - 230.00	-	260.00 - 310.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 300.00	180.00 - 220.00	160.00 - 200.00	120.00 - 200.00	140.00 - 150.00	130.00 - 160.00
Meegoda (DEC)	280.00 - 300.00	200.00 - 220.00	170.00 - 200.00	130.00 - 150.00	120.00 - 140.00	170.00 - 170.00
Moneragala	240.00 - 250.00	100.00 - 120.00	300.00 - 350.00	100.00 - 120.00	120.00 - 160.00	-
Dambulla (DEC)	150.00 - 200.00	170.00 - 190.00	140.00 - 200.00	100.00 - 130.00	110.00 - 130.00	100.00 - 110.00
Keppetipola (DEC)	220.00 - 240.00	170.00 - 190.00	260.00 - 300.00	120.00 - 140.00	130.00 - 140.00	80.00 - 90.00
Norochchole (DEC)	160.00 - 200.00	140.00 - 200.00	120.00 - 180.00	-	120.00 - 150.00	100.00 - 150.00
Nuwara Eliya	240.00 - 250.00	190.00 - 200.00	300.00 - 340.00	130.00 - 150.00	130.00 - 140.00	100.00 - 120.00
Kandy	240.00 - 250.00	150.00 - 200.00	180.00 - 200.00	150.00 - 170.00	130.00 - 150.00	90.00 - 100.00
Hambantota	240.00 - 250.00	110.00 - 150.00	240.00 - 260.00	240.00 - 260.00	150.00 - 190.00	110.00 - 140.00
Thambuththegama (DEC)	140.00 - 170.00	150.00 - 180.00	100.00 - 150.00	100.00 - 120.00	120.00 - 140.00	100.00 - 130.00
Tissamaharama	180.00 - 200.00	140.00 - 150.00	300.00 - 330.00	130.00 - 150.00	140.00 - 160.00	120.00 - 130.00
Jaffna	420.00 - 480.00	120.00 - 150.00	130.00 - 180.00	250.00 - 300.00	130.00 - 170.00	120.00 - 160.00
Bandarawela	-	-	250.00 - 280.00	-	130.00 - 140.00	90.00 - 100.00
Veyangoda	220.00 - 270.00	190.00 - 230.00	150.00 - 180.00	120.00 - 160.00	140.00 - 150.00	130.00 - 150.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	55.00 - 60.00	55.00 - 60.00	220.00 - 250.00	85.00 - 90.00	75.00 - 78.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	98.00 - 100.00	82.00 - 85.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	85.00 - 95.00	70.00 - 80.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	70.00 - 80.00	65.00 - 68.00
Kandy	45.00 - 50.00	50.00 - 55.00	210.00 - 220.00	85.00 - 90.00	68.00 - 70.00
Hambantota	45.00 - 50.00	40.00 - 50.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	75.00 - 80.00	65.00 - 70.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	55.00 - 60.00
Jaffna	55.00 - 60.00	30.00 - 35.00	120.00 - 150.00	65.00 - 90.00	50.00 - 60.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	55.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 50.00	40.00 - 50.00	54.00 - 60.00	85.00 - 100.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**Week 50: 09 - 15 December 2022**

LOCATIONS	Up Country Varieties																									
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato									
Colombo	-		320.00	-	600.00	320.00	-	480.00	400.00	-	480.00	400.00	-	560.00	350.00	-	560.00	150.00	-	260.00	200.00	-	400.00	200.00	-	360.00
Gampaha	-		520.00	-	600.00	400.00	-	500.00	400.00	-	480.00	400.00	-	480.00	400.00	-	400.00	160.00	-	240.00	280.00	-	320.00	280.00	-	320.00
Kurunegala	-		600.00	-	640.00	480.00	-	500.00	460.00	-	480.00	480.00	-	520.00	360.00	-	400.00	220.00	-	240.00	300.00	-	340.00	240.00	-	260.00
Nikaweratiya	-		480.00	-	560.00	400.00	-	520.00	480.00	-	520.00	360.00	-	480.00	360.00	-	360.00	160.00	-	240.00	280.00	-	360.00	240.00	-	280.00
Dambulla	-		460.00	-	480.00	440.00	-	460.00	440.00	-	480.00	450.00	-	480.00	440.00	-	460.00	140.00	-	180.00	220.00	-	260.00	200.00	-	240.00
Anuradhapura	-		480.00	-	560.00	460.00	-	500.00	480.00	-	560.00	400.00	-	560.00	-	-	-	200.00	-	240.00	280.00	-	360.00	280.00	-	320.00
Thambuththegama	-		380.00	-	450.00	400.00	-	520.00	460.00	-	560.00	360.00	-	420.00	320.00	-	340.00	140.00	-	180.00	180.00	-	220.00	220.00	-	260.00
Polonnaruwa	-		480.00	-	500.00	420.00	-	430.00	460.00	-	480.00	360.00	-	400.00	360.00	-	360.00	180.00	-	200.00	160.00	-	180.00	220.00	-	240.00
Kaluthara	-		540.00	-	560.00	380.00	-	400.00	440.00	-	460.00	460.00	-	480.00	320.00	-	340.00	200.00	-	220.00	320.00	-	340.00	240.00	-	260.00
Badulla	-		560.00	-	600.00	400.00	-	480.00	400.00	-	480.00	440.00	-	480.00	360.00	-	400.00	180.00	-	200.00	240.00	-	280.00	200.00	-	240.00
Keppetipola	-		580.00	-	620.00	320.00	-	340.00	380.00	-	400.00	360.00	-	380.00	300.00	-	320.00	120.00	-	140.00	160.00	-	180.00	180.00	-	200.00
Moneragala	-		480.00	-	520.00	460.00	-	480.00	480.00	-	520.00	480.00	-	520.00	-	-	-	200.00	-	240.00	300.00	-	320.00	240.00	-	260.00
Kegalle	-		540.00	-	560.00	450.00	-	480.00	460.00	-	480.00	460.00	-	480.00	380.00	-	400.00	260.00	-	280.00	300.00	-	320.00	260.00	-	280.00
Ampara	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	-		450.00	-	480.00	400.00	-	520.00	480.00	-	520.00	400.00	-	400.00	320.00	-	400.00	200.00	-	260.00	200.00	-	320.00	200.00	-	320.00
Nuwareliya	-		580.00	-	600.00	340.00	-	360.00	440.00	-	460.00	380.00	-	400.00	280.00	-	300.00	150.00	-	160.00	220.00	-	240.00	200.00	-	220.00
Kandy	-		560.00	-	600.00	400.00	-	440.00	440.00	-	480.00	400.00	-	440.00	320.00	-	360.00	100.00	-	120.00	160.00	-	200.00	200.00	-	240.00
Puttalam	-		440.00	-	520.00	420.00	-	500.00	440.00	-	480.00	400.00	-	480.00	-	-	-	240.00	-	280.00	300.00	-	400.00	280.00	-	320.00
Hambantota	-		580.00	-	600.00	420.00	-	520.00	480.00	-	520.00	320.00	-	400.00	280.00	-	320.00	160.00	-	240.00	240.00	-	320.00	200.00	-	240.00
Rathnapura	-		540.00	-	560.00	380.00	-	400.00	460.00	-	480.00	380.00	-	400.00	-	-	-	190.00	-	200.00	280.00	-	320.00	300.00	-	320.00
Matara	-		580.00	-	600.00	400.00	-	480.00	500.00	-	540.00	400.00	-	460.00	-	-	-	200.00	-	240.00	220.00	-	250.00	200.00	-	240.00
Galle	-		540.00	-	600.00	480.00	-	520.00	480.00	-	480.00	500.00	-	520.00	-	-	-	200.00	-	240.00	380.00	-	420.00	240.00	-	280.00
Tissamaharama	-		620.00	-	660.00	380.00	-	400.00	420.00	-	430.00	420.00	-	440.00	330.00	-	350.00	170.00	-	200.00	300.00	-	330.00	200.00	-	240.00
Meegoda (DEC)	-		520.00	-	600.00	400.00	-	480.00	500.00	-	520.00	400.00	-	480.00	400.00	-	480.00	240.00	-	280.00	240.00	-	320.00	200.00	-	280.00
Embilipitiya	-		400.00	-	500.00	400.00	-	480.00	420.00	-	480.00	400.00	-	480.00	300.00	-	360.00	200.00	-	240.00	300.00	-	360.00	200.00	-	240.00
Jaffna	-		400.00	-	440.00	440.00	-	460.00	430.00	-	450.00	360.00	-	420.00	-	-	-	200.00	-	240.00	290.00	-	330.00	240.00	-	300.00
Vavuniya	-		380.00	-	400.00	400.00	-	520.00	480.00	-	520.00	400.00	-	480.00	-	-	-	200.00	-	200.00	200.00	-	240.00	240.00	-	300.00
Mannar	-		480.00	-	500.00	400.00	-	420.00	480.00	-	500.00	400.00	-	420.00	-	-	-	200.00	-	240.00	300.00	-	340.00	300.00	-	340.00
Killinochchi	-		400.00	-	440.00	470.00	-	500.00	440.00	-	460.00	380.00	-	420.00	-	-	-	240.00	-	260.00	320.00	-	340.00	240.00	-	260.00
Mullaitivu	-		400.00	-	440.00	480.00	-	500.00	480.00	-	500.00	440.00	-	480.00	-	-	-	-	-	-	300.00	-	320.00	240.00	-	260.00
Batticaloa	-		500.00	-	520.00	450.00	-	450.00	450.00	-	480.00	480.00	-	480.00	320.00	-	320.00	320.00	-	320.00	320.00	-	320.00	240.00	-	250.00
Trincomalee	-		360.00		400.00	400.00		430.00	420.00		460.00	360.00	-	400.00	-	-	-	180.00	-	200.00	180.00		220.00	240.00		260.00
Hanguranketha	-		400.00	-	450.00	320.00	-	350.00	340.00	-	360.00	320.00	-	340.00	270.00	-	300.00	80.00	-	100.00	120.00	-	160.00	180.00	-	200.00
Veyangoda	-		600.00	-	640.00	440.00	-	480.00	460.00	-	480.00	420.00	-	480.00	380.00	-	420.00	180.00	-	220.00	280.00	-	320.00	200.00	-	240.00
Galenbindunuwewa	-		360.00	-	400.00	400.00	-	480.00	480.00	-	520.00	400.00	-	480.00	-	-	-	160.00	-	200.00	240.00	-	280.00	240.00	-	280.00
Bandarawela	-		500.00	-	560.00	360.00	-	380.00	400.00	-	420.00	360.00	-	380.00	320.00	-	340.00	180.00	-	200.00	200.00	-	220.00	220.00	-	240.00
Matale	-		-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 07 (Contd.)

LOCATIONS	Low Country Varieties									
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans
Colombo	160.00 - 320.00	240.00 - 400.00	650.00 - 1000.00	120.00 - 240.00	100.00 - 200.00	400.00 - 600.00	300.00 - 440.00	-	280.00 - 450.00	280.00 - 480.00
Gampaha	240.00 - 240.00	280.00 - 400.00	700.00 - 1000.00	120.00 - 200.00	120.00 - 160.00	480.00 - 600.00	320.00 - 400.00	400.00 - 400.00	400.00 - 460.00	400.00 - 400.00
Kurunegala	200.00 - 240.00	280.00 - 320.00	700.00 - 800.00	180.00 - 200.00	120.00 - 160.00	460.00 - 480.00	320.00 - 340.00	440.00 - 460.00	320.00 - 400.00	280.00 - 320.00
Nikaweratiya	200.00 - 240.00	280.00 - 320.00	700.00 - 880.00	140.00 - 160.00	100.00 - 160.00	480.00 - 560.00	320.00 - 400.00	-	280.00 - 320.00	240.00 - 280.00
Dambulla	140.00 - 160.00	280.00 - 320.00	880.00 - 1000.00	140.00 - 160.00	140.00 - 160.00	400.00 - 460.00	340.00 - 360.00	-	320.00 - 360.00	240.00 - 300.00
Anuradhapura	200.00 - 260.00	240.00 - 320.00	800.00 - 850.00	160.00 - 240.00	120.00 - 200.00	480.00 - 600.00	300.00 - 400.00	-	300.00 - 400.00	300.00 - 360.00
Thambuththegama	140.00 - 180.00	180.00 - 260.00	680.00 - 780.00	120.00 - 180.00	80.00 - 140.00	440.00 - 480.00	240.00 - 260.00	-	220.00 - 260.00	260.00 - 300.00
Polonnaruwa	180.00 - 210.00	250.00 - 270.00	650.00 - 700.00	140.00 - 160.00	100.00 - 110.00	440.00 - 480.00	260.00 - 280.00	-	300.00 - 320.00	280.00 - 300.00
Kaluthara	200.00 - 220.00	300.00 - 320.00	860.00 - 880.00	180.00 - 200.00	160.00 - 180.00	600.00 - 620.00	340.00 - 360.00	-	320.00 - 340.00	340.00 - 360.00
Badulla	200.00 - 240.00	280.00 - 320.00	800.00 - 900.00	120.00 - 160.00	120.00 - 160.00	480.00 - 520.00	360.00 - 400.00	-	360.00 - 400.00	320.00 - 360.00
Keppetipola	180.00 - 200.00	220.00 - 240.00	740.00 - 760.00	160.00 - 180.00	140.00 - 150.00	350.00 - 360.00	260.00 - 280.00	-	250.00 - 260.00	280.00 - 300.00
Moneragala	200.00 - 240.00	240.00 - 300.00	800.00 - 900.00	150.00 - 160.00	160.00 - 200.00	530.00 - 580.00	400.00 - 440.00	-	400.00 - 440.00	300.00 - 320.00
Kegalle	220.00 - 240.00	300.00 - 320.00	780.00 - 800.00	180.00 - 200.00	120.00 - 140.00	460.00 - 480.00	340.00 - 360.00	-	300.00 - 320.00	300.00 - 320.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	240.00 - 300.00	300.00 - 300.00	880.00 - 900.00	120.00 - 240.00	100.00 - 200.00	400.00 - 480.00	300.00 - 400.00	-	320.00 - 400.00	300.00 - 400.00
Nuwaraeliya	180.00 - 200.00	230.00 - 240.00	760.00 - 780.00	170.00 - 180.00	150.00 - 160.00	380.00 - 400.00	260.00 - 280.00	-	250.00 - 260.00	320.00 - 330.00
Kandy	240.00 - 260.00	240.00 - 260.00	650.00 - 680.00	160.00 - 200.00	100.00 - 120.00	400.00 - 440.00	320.00 - 340.00	-	300.00 - 320.00	400.00 - 440.00
Puttalam	180.00 - 220.00	300.00 - 360.00	900.00 - 1000.00	150.00 - 200.00	120.00 - 150.00	480.00 - 520.00	320.00 - 400.00	-	300.00 - 360.00	240.00 - 280.00
Rathnapura	180.00 - 200.00	280.00 - 320.00	850.00 - 1000.00	180.00 - 200.00	140.00 - 160.00	460.00 - 500.00	300.00 - 320.00	-	300.00 - 320.00	370.00 - 400.00
Hambantota	200.00 - 240.00	240.00 - 320.00	700.00 - 720.00	150.00 - 160.00	100.00 - 120.00	400.00 - 550.00	320.00 - 400.00	-	280.00 - 320.00	280.00 - 320.00
Matara	240.00 - 280.00	240.00 - 320.00	800.00 - 1000.00	120.00 - 160.00	100.00 - 130.00	520.00 - 600.00	300.00 - 360.00	-	280.00 - 320.00	300.00 - 320.00
Galle	200.00 - 260.00	360.00 - 360.00	900.00 - 960.00	160.00 - 200.00	160.00 - 180.00	480.00 - 520.00	340.00 - 360.00	-	320.00 - 360.00	320.00 - 340.00
Tissamaharama	170.00 - 200.00	240.00 - 260.00	720.00 - 800.00	120.00 - 150.00	90.00 - 110.00	420.00 - 460.00	260.00 - 300.00	-	300.00 - 330.00	240.00 - 280.00
Meegoda (DEC)	240.00 - 300.00	320.00 - 400.00	800.00 - 900.00	120.00 - 200.00	140.00 - 200.00	440.00 - 480.00	400.00 - 440.00	-	360.00 - 400.00	360.00 - 400.00
Embilipitiya	180.00 - 240.00	280.00 - 320.00	800.00 - 1000.00	160.00 - 240.00	80.00 - 100.00	450.00 - 600.00	300.00 - 360.00	-	300.00 - 360.00	320.00 - 400.00
Jaffna	120.00 - 140.00	250.00 - 280.00	750.00 - 820.00	120.00 - 140.00	140.00 - 160.00	500.00 - 620.00	240.00 - 280.00	-	-	480.00 - 550.00
Vavuniya	240.00 - 240.00	200.00 - 240.00	800.00 - 1000.00	150.00 - 150.00	150.00 - 160.00	700.00 - 800.00	400.00 - 400.00	-	300.00 - 320.00	400.00 - 400.00
Mannar	280.00 - 300.00	280.00 - 320.00	750.00 - 800.00	180.00 - 200.00	160.00 - 180.00	580.00 - 600.00	320.00 - 340.00	-	-	280.00 - 320.00
Killinochchi	180.00 - 200.00	240.00 - 260.00	600.00 - 640.00	180.00 - 200.00	-	600.00 - 640.00	270.00 - 300.00	-	-	400.00 - 440.00
Mullaittivu	200.00 - 240.00	200.00 - 240.00	720.00 - 800.00	160.00 - 180.00	-	800.00 - 800.00	300.00 - 320.00	-	-	400.00 - 480.00
Batticaloa	300.00 - 320.00	280.00 - 300.00	800.00 - 800.00	200.00 - 200.00	-	580.00 - 600.00	240.00 - 250.00	-	260.00 - 280.00	320.00 - 320.00
Trincomalee	280.00 - 320.00	280.00 - 320.00	580.00 - 620.00	180.00 - 220.00	180.00 - 220.00	380.00 - 420.00	340.00 - 380.00	-	320.00 - 350.00	270.00 - 300.00
Hanguranketha	150.00 170.00	250.00 280.00	600.00 700.00	120.00 140.00	100.00 120.00	350.00 380.00	240.00 260.00	-	200.00 220.00	240.00 260.00
Veyangoda	220.00 - 240.00	360.00 - 400.00	700.00 - 800.00	160.00 - 200.00	120.00 - 160.00	480.00 - 500.00	360.00 - 400.00	-	340.00 - 380.00	320.00 - 360.00
Galenbindunuwewa	160.00 - 220.00	280.00 - 320.00	800.00 - 1000.00	140.00 - 160.00	120.00 - 160.00	440.00 - 480.00	280.00 - 320.00	-	280.00 - 320.00	240.00 - 280.00
Bandarawela	200.00 - 240.00	240.00 - 260.00	800.00 - 860.00	140.00 - 160.00	140.00 - 160.00	480.00 - 520.00	340.00 - 360.00	-	320.00 - 340.00	300.00 - 320.00
Matale	-	-	-	-	-	-	-	-	-	-

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LOCATIONS	Low Country Varieties					Leafy Vegetable				Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small	
Colombo	240.00 - 360.00	200.00 - 500.00	240.00 - 500.00	180.00 - 320.00	180.00 - 240.00	70.00 - 100.00	70.00 - 100.00	100.00 - 160.00	95.00 - 120.00	80.00 - 100.00	
Gampaha	240.00 - 280.00	400.00 - 600.00	400.00 - 500.00	240.00 - 240.00	200.00 - 200.00	60.00 - 60.00	60.00 - 60.00	30.00 - 30.00	100.00 - 120.00	75.00 - 80.00	
Kurunegala	220.00 - 240.00	500.00 - 600.00	200.00 - 300.00	220.00 - 240.00	180.00 - 200.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	90.00 - 95.00	70.00 - 75.00	
Nikaweratiya	200.00 - 240.00	300.00 - 400.00	200.00 - 200.00	200.00 - 240.00	120.00 - 140.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	85.00 - 85.00	70.00 - 70.00	
Dambulla	260.00 - 300.00	350.00 - 400.00	250.00 - 350.00	220.00 - 240.00	160.00 - 180.00	45.00 - 60.00	45.00 - 60.00	40.00 - 50.00	80.00 - 90.00	70.00 - 75.00	
Anuradhapura	240.00 - 280.00	400.00 - 500.00	300.00 - 400.00	220.00 - 260.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 95.00	70.00 - 75.00	
Thambuththegama	200.00 - 240.00	200.00 - 300.00	180.00 - 250.00	-	180.00 - 200.00	40.00 - 40.00	40.00 - 40.00	-	80.00 - 85.00	70.00 - 75.00	
Polonnaruwa	200.00 - 220.00	200.00 - 220.00	400.00 - 450.00	190.00 - 200.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	-	60.00 - 70.00	
Kaluthara	240.00 - 260.00	340.00 - 360.00	320.00 - 340.00	200.00 - 220.00	160.00 - 180.00	60.00 - 80.00	60.00 - 80.00	80.00 - 100.00	100.00 - 110.00	85.00 - 95.00	
Badulla	220.00 - 240.00	500.00 - 600.00	300.00 - 400.00	220.00 - 240.00	180.00 - 220.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	90.00 - 95.00	65.00 - 75.00	
Keppetipola	240.00 - 260.00	350.00 - 400.00	200.00 - 230.00	200.00 - 220.00	170.00 - 190.00	45.00 - 50.00	45.00 - 50.00	35.00 - 40.00	95.00 - 98.00	75.00 - 80.00	
Moneragala	160.00 - 200.00	380.00 - 400.00	160.00 - 200.00	200.00 - 240.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	75.00 - 80.00	60.00 - 65.00	
Kegalle	220.00 - 240.00	480.00 - 500.00	380.00 - 400.00	220.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	100.00 - 110.00	85.00 - 95.00	
Ampara	-	-	-	-	-	-	-	-	-	-	
Dehiattakandiya	200.00 - 200.00	500.00 - 600.00	400.00 - 500.00	180.00 - 200.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	55.00 - 60.00	
Nuwaraeliya	250.00 - 260.00	500.00 - 600.00	240.00 - 260.00	220.00 - 240.00	180.00 - 200.00	45.00 - 50.00	45.00 - 50.00	30.00 - 35.00	95.00 - 98.00	78.00 - 80.00	
Kandy	240.00 - 280.00	300.00 - 360.00	300.00 - 320.00	200.00 - 240.00	190.00 - 200.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	100.00 - 110.00	70.00 - 80.00	
Puttalam	160.00 - 200.00	500.00 - 600.00	250.00 - 350.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 40.00	90.00 - 100.00	75.00 - 85.00	
Rathnapura	200.00 - 240.00	500.00 - 600.00	400.00 - 500.00	220.00 - 240.00	140.00 - 160.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	100.00 - 110.00	80.00 - 90.00	
Hambanthota	150.00 - 200.00	300.00 - 400.00	300.00 - 400.00	200.00 - 240.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 100.00	60.00 - 70.00	
Matara	230.00 - 260.00	320.00 - 400.00	350.00 - 400.00	180.00 - 200.00	150.00 - 160.00	55.00 - 60.00	55.00 - 60.00	75.00 - 80.00	100.00 - 115.00	65.00 - 75.00	
Galle	240.00 - 300.00	400.00 - 400.00	300.00 - 350.00	240.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	100.00 - 110.00	75.00 - 85.00	
Tissamaharama	160.00 - 180.00	350.00 - 400.00	180.00 - 200.00	180.00 - 200.00	140.00 - 160.00	40.00 - 50.00	40.00 - 50.00	50.00 - 60.00	85.00 - 90.00	60.00 - 65.00	
Meegoda (DEC)	300.00 - 320.00	300.00 - 400.00	300.00 - 400.00	240.00 - 280.00	180.00 - 180.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	100.00 - 120.00	80.00 - 90.00	
Embilipitiya	180.00 - 220.00	320.00 - 400.00	300.00 - 400.00	200.00 - 240.00	120.00 - 160.00	60.00 - 80.00	50.00 - 70.00	80.00 - 100.00	80.00 - 100.00	50.00 - 70.00	
Jaffna	120.00 - 150.00	150.00 - 200.00	300.00 - 340.00	130.00 - 180.00	130.00 - 200.00	60.00 - 65.00	35.00 - 40.00	45.00 - 50.00	80.00 - 100.00	65.00 - 75.00	
Vavuniya	200.00 - 240.00	180.00 - 200.00	120.00 - 200.00	240.00 - 240.00	200.00 - 200.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 70.00	40.00 - 60.00	
Mannar	200.00 - 220.00	250.00 - 300.00	280.00 - 300.00	180.00 - 200.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 55.00	70.00 - 80.00	60.00 - 65.00	
Killinochchi	140.00 - 160.00	350.00 - 380.00	150.00 - 180.00	230.00 - 250.00	200.00 - 220.00	50.00 - 60.00	-	40.00 - 50.00	80.00 - 90.00	50.00 - 60.00	
Mullaittivu	160.00 - 180.00	320.00 - 360.00	150.00 - 160.00	180.00 - 200.00	200.00 - 220.00	50.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	50.00 - 55.00	
Batticaloa	240.00 - 240.00	300.00 - 320.00	320.00 - 320.00	220.00 - 240.00	180.00 - 200.00	70.00 - 80.00	-	40.00 - 50.00	70.00 - 70.00	50.00 - 50.00	
Trincomalee	250.00 280.00	240.00 260.00	200.00 230.00	200.00 220.00	200.00 220.00	50.00 55.00	45.00 50.00	45.00 55.00	75.00 85.00	50.00 60.00	
Hanguranketha	240.00 - 260.00	300.00 - 350.00	250.00 - 300.00	160.00 - 180.00	110.00 - 130.00	-	-	35.00 - 40.00	85.00 - 93.00	60.00 - 75.00	
Veyangoda	240.00 - 280.00	400.00 - 500.00	320.00 - 400.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	25.00 - 30.00	100.00 - 120.00	80.00 - 100.00	
Galenbindunuwewa	-	300.00 - 400.00	-	160.00 - 200.00	-	50.00 - 60.00	50.00 - 60.00	-	70.00 - 80.00	60.00 - 65.00	
Bandarawela	220.00 - 240.00	400.00 - 500.00	400.00 - 450.00	220.00 - 240.00	200.00 - 220.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	80.00 - 90.00	60.00 - 70.00	
Matale	-	-	-	-	-	-	-	-	-	-	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 50: 09 - 15 December 2022

LOCATIONS	Banana								Pineapple			Mango								
	Ambul (Rs/Kg)		Kolikuttu (Rs/Kg)		Seeni (Rs/Kg)		Anamalu		Ambun		Large	Medium	Small	Betti	Karthakolomban					
Colombo	150.00 -	220.00	380.00 -	480.00	150.00 -	200.00	20.00 -	30.00	23.00 -	38.00	580.00 -	700.00	500.00 -	600.00	400.00 -	500.00	-	80.00 -	200.00	
Gampaha	160.00 -	200.00	350.00 -	400.00	130.00 -	150.00	25.00 -	26.00	31.00 -	32.00	550.00 -	600.00	450.00 -	500.00	250.00 -	300.00	-	120.00 -	150.00	
Kurunegala	170.00 -	180.00	450.00 -	450.00	130.00 -	150.00	18.00 -	20.00	35.00 -	38.00	500.00 -	650.00	300.00 -	350.00	180.00 -	250.00	70.00 -	80.00	150.00 -	160.00
Nikaweratiya	180.00 -	200.00	450.00 -	470.00	170.00 -	180.00	-	-	40.00 -	43.00	500.00 -	550.00	400.00 -	470.00	200.00 -	300.00	-	-	90.00 -	100.00
Dambulla	180.00 -	200.00	400.00 -	450.00	150.00 -	180.00	-	-	40.00 -	45.00	600.00 -	680.00	500.00 -	530.00	250.00 -	280.00	40.00 -	50.00	100.00 -	130.00
Anuradhapura	180.00 -	220.00	440.00 -	480.00	150.00 -	180.00	22.00 -	30.00	27.00 -	40.00	675.00 -	800.00	450.00 -	600.00	340.00 -	400.00	-	-	100.00 -	150.00
Thambuththegama	220.00 -	250.00	450.00 -	480.00	180.00 -	220.00	30.00 -	30.00	45.00 -	50.00	750.00 -	800.00	600.00 -	600.00	450.00 -	450.00	-	-	110.00 -	140.00
Polonnaruwa	180.00 -	200.00	450.00 -	460.00	130.00 -	150.00	19.00 -	21.00	-	-	700.00 -	750.00	550.00 -	600.00	400.00 -	450.00	-	-	160.00 -	180.00
Kaluthara	220.00 -	240.00	400.00 -	420.00	160.00 -	180.00	26.00 -	28.00	32.00 -	34.00	500.00 -	520.00	400.00 -	420.00	-	-	-	-	140.00 -	160.00
Badulla	150.00 -	180.00	400.00 -	440.00	120.00 -	130.00	18.00 -	20.00	28.00 -	30.00	-	-	600.00 -	650.00	400.00 -	450.00	-	-	130.00 -	150.00
Keppetipola	180.00 -	200.00	420.00 -	440.00	130.00 -	150.00	20.00 -	24.00	38.00 -	42.00	540.00 -	580.00	400.00 -	440.00	280.00 -	320.00	-	-	140.00 -	150.00
Moneragala	120.00 -	150.00	250.00 -	280.00	80.00 -	100.00	15.00 -	20.00	18.00 -	25.00	-	-	520.00 -	600.00	-	-	-	-	100.00 -	150.00
Kegalle	140.00 -	160.00	450.00 -	470.00	150.00 -	160.00	30.00 -	40.00	35.00 -	40.00	550.00 -	650.00	300.00 -	400.00	150.00 -	180.00	-	-	80.00 -	130.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	160.00 -	200.00	400.00 -	450.00	130.00 -	160.00	-	-	48.00 -	50.00	650.00 -	770.00	420.00 -	560.00	260.00 -	360.00	-	-	160.00 -	190.00
Nuwaraeliya	190.00 -	200.00	420.00 -	440.00	140.00 -	160.00	19.00 -	22.00	42.00 -	44.00	-	-	450.00 -	480.00	320.00 -	350.00	-	-	140.00 -	150.00
Kandy	180.00 -	200.00	420.00 -	430.00	170.00 -	180.00	20.00 -	22.00	32.00 -	35.00	750.00 -	800.00	450.00 -	500.00	250.00 -	280.00	-	-	100.00 -	150.00
Puttalam	140.00 -	160.00	340.00 -	400.00	140.00 -	160.00	17.00 -	20.00	-	-	500.00 -	550.00	350.00 -	450.00	-	-	-	-	75.00 -	85.00
Rathnapura	190.00 -	200.00	320.00 -	350.00	180.00 -	200.00	-	-	-	-	500.00 -	600.00	300.00 -	400.00	150.00 -	200.00	-	-	100.00 -	120.00
Hambantota	180.00 -	200.00	360.00 -	380.00	150.00 -	180.00	20.00 -	24.00	24.00 -	27.00	500.00 -	600.00	380.00 -	420.00	250.00 -	320.00	-	-	80.00 -	130.00
Matara	180.00 -	190.00	370.00 -	380.00	150.00 -	160.00	21.00 -	23.00	30.00 -	32.00	750.00 -	825.00	600.00 -	680.00	350.00 -	400.00	50.00 -	55.00	120.00 -	150.00
Galle	160.00 -	180.00	400.00 -	450.00	180.00 -	200.00	25.00 -	25.00	31.00 -	35.00	-	-	450.00 -	480.00	-	-	-	-	120.00 -	150.00
Tissamaharama	120.00 -	140.00	350.00 -	380.00	110.00 -	130.00	-	-	-	-	520.00 -	540.00	420.00 -	440.00	340.00	360.00	-	-	100.00 -	120.00
Meegoda (DEC)	180.00 -	200.00	400.00 -	400.00	160.00 -	170.00	-	-	-	-	900.00 -	900.00	-	-	-	-	-	-	80.00 -	100.00
Embilipitiya	130.00 -	160.00	320.00 -	360.00	110.00 -	130.00	20.00 -	30.00	25.00 -	35.00	500.00 -	500.00	350.00 -	450.00	200.00 -	300.00	40.00 -	60.00	80.00 -	100.00
Jaffna	140.00 -	170.00	250.00 -	300.00	120.00 -	150.00	-	-	-	-	600.00 -	720.00	450.00 -	550.00	300.00 -	350.00	-	-	130.00 -	180.00
Vavuniya	150.00 -	180.00	280.00 -	320.00	120.00 -	150.00	20.00 -	25.00	-	-	-	-	400.00 -	450.00	-	-	-	-	100.00 -	200.00
Mannar	150.00 -	160.00	350.00 -	400.00	120.00 -	150.00	18.00 -	20.00	-	-	-	-	500.00 -	520.00	400.00 -	420.00	-	-	100.00 -	150.00
Killinochchi	150.00 -	170.00	350.00 -	370.00	120.00 -	150.00	24.00 -	25.00	24.00 -	25.00	660.00 -	690.00	530.00 -	550.00	440.00 -	460.00	-	-	100.00 -	120.00
Mullaittivu	130.00 -	150.00	280.00 -	300.00	120.00 -	150.00	18.00 -	20.00	-	-	-	-	-	-	-	-	-	-	100.00 -	120.00
Batticaloa	180.00 -	180.00	400.00 -	400.00	150.00 -	160.00	25.00 -	25.00	-	-	-	-	500.00 -	500.00	450.00 -	450.00	-	-	120.00 -	120.00
Trincomalee	160.00 -	180.00	340.00 -	360.00	150.00 -	165.00	27.00 -	28.00	26.00 -	36.00	500.00 -	540.00	340.00 -	350.00	220.00 -	280.00	-	-	110.00 -	140.00
Veyangoda	200.00 -	230.00	400.00 -	450.00	160.00 -	200.00	20.00 -	25.00	28.00 -	35.00	700.00 -	830.00	500.00 -	600.00	330.00 -	380.00	-	-	120.00 -	150.00
Galenbindunuwewa	130.00 -	190.00	300.00 -	350.00	100.00 -	150.00	25.00 -	30.00	30.00 -	35.00	880.00 -	900.00	735.00 -	750.00	590.00 -	600.00	-	-	130.00 -	150.00
Bandarawela	180.00 -	200.00	400.00 -	420.00	120.00 -	140.00	18.00 -	20.00	28.00 -	30.00	-	-	560.00 -	600.00	400.00 -	460.00	-	-	120.00 -	140.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut	
Colombo	60.00 - 100.00	-	250.00 - 450.00	33.00 - 75.00	30.00 - 80.00	80.00 - 180.00	100.00 - 200.00	40.00 - 120.00	1800.00 - 2500.00	110.00 - 150.00	
Gampaha	-	-	300.00 - 400.00	50.00 - 60.00	40.00 - 70.00	120.00 - 130.00	100.00 - 120.00	50.00 - 100.00	2300.00 - 2300.00	120.00 - 150.00	
Kurunegala	60.00 - 80.00	-	230.00 - 250.00	40.00 - 50.00	50.00 - 60.00	120.00 - 130.00	-	80.00 - 100.00	2500.00 - 2600.00	90.00 - 100.00	
Nikaweratiya	-	-	220.00 - 250.00	-	30.00 - 40.00	80.00 - 100.00	-	40.00 - 60.00	2400.00 - 2500.00	-	
Dambulla	50.00 - 60.00	20.00 - 30.00	260.00 - 280.00	30.00 - 35.00	40.00 - 50.00	60.00 - 80.00	150.00 - 180.00	60.00 - 80.00	2500.00 - 2600.00	90.00 - 100.00	
Anuradhapura	70.00 - 80.00	-	200.00 - 260.00	-	40.00 - 60.00	100.00 - 120.00	150.00 - 180.00	80.00 - 100.00	2000.00 - 3000.00	100.00 - 120.00	
Thambuththegama	-	-	200.00 - 300.00	-	-	80.00 - 100.00	-	-	2200.00 - 2500.00	80.00 - 100.00	
Polonnaruwa	50.00 - 60.00	-	250.00 - 270.00	-	45.00 - 60.00	-	-	80.00 - 100.00	2550.00 - 2700.00	100.00 - 120.00	
Kaluthara	70.00 - 80.00	-	300.00 - 320.00	50.00 - 55.00	40.00 - 60.00	120.00 - 140.00	120.00 - 140.00	100.00 - 120.00	2000.00 - 2200.00	110.00 - 120.00	
Badulla	70.00 - 80.00	-	240.00 - 260.00	40.00 - 50.00	35.00 - 40.00	80.00 - 100.00	-	45.00 - 60.00	2500.00 - 2600.00	100.00 - 120.00	
Keppetipola	60.00 - 80.00	-	220.00 - 240.00	35.00 - 42.00	33.00 - 40.00	90.00 - 110.00	100.00 - 140.00	60.00 - 70.00	2400.00 - 2500.00	90.00 - 100.00	
Moneragala	60.00 - 80.00	-	200.00 - 220.00	-	25.00 - 30.00	80.00 - 90.00	-	50.00 - 55.00	-	80.00 - 100.00	
Kegalle	-	-	250.00 - 270.00	20.00 - 30.00	40.00 - 60.00	80.00 - 180.00	-	50.00 - 60.00	2000.00 - 2100.00	80.00 - 100.00	
Ampara	-	-	-	-	-	-	-	-	-	-	
Dehiattakandiya	50.00 - 60.00	-	220.00 - 250.00	-	50.00 - 60.00	80.00 - 80.00	130.00 - 160.00	-	2400.00 - 3000.00	100.00 - 130.00	
Nuwaraeliya	70.00 - 80.00	-	230.00 - 250.00	35.00 - 38.00	35.00 - 40.00	110.00 - 120.00	110.00 - 120.00	65.00 - 70.00	2300.00 - 2400.00	90.00 - 100.00	
Kandy	60.00 - 70.00	-	320.00 - 350.00	40.00 - 45.00	40.00 - 50.00	80.00 - 90.00	100.00 - 150.00	60.00 - 80.00	2200.00 - 2300.00	100.00 - 120.00	
Puttalam	-	-	200.00 - 250.00	-	-	-	-	-	-	80.00 - 90.00	
Hambantota	-	-	250.00 - 280.00	-	25.00 - 30.00	100.00 - 120.00	-	30.00 - 40.00	-	80.00 - 100.00	
Rathnapura	50.00 - 60.00	-	220.00 - 250.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2200.00	100.00 - 110.00	
Matara	-	-	260.00 - 280.00	40.00 - 46.00	30.00 - 40.00	110.00 - 140.00	-	35.00 - 45.00	2000.00 - 2000.00	80.00 - 100.00	
Galle	-	-	360.00 - 380.00	58.00 - 67.00	40.00 - 40.00	120.00 - 160.00	150.00 - 160.00	70.00 - 80.00	2400.00 - 2500.00	100.00 - 120.00	
Tissamaharama	-	15.00 - 20.00	240.00 - 260.00	30.00 - 35.00	20.00 - 25.00	90.00 - 100.00	-	-	-	80.00 - 130.00	
Meegoda (DEC)	-	-	250.00 - 260.00	-	40.00 - 50.00	100.00 - 100.00	-	50.00 - 60.00	2500.00 - 2500.00	100.00 - 100.00	
Embilipitiya	-	15.00 - 25.00	250.00 - 270.00	25.00 - 30.00	40.00 - 60.00	90.00 - 110.00	100.00 - 120.00	20.00 - 30.00	2200.00 - 2400.00	90.00 - 120.00	
Jaffna	90.00 - 120.00	-	70.00 - 80.00	-	20.00 - 35.00	60.00 - 80.00	-	-	3200.00 - 3500.00	120.00 - 150.00	
Vavuniya	-	-	150.00 - 180.00	-	20.00 - 25.00	-	100.00 - 100.00	-	2000.00 - 2000.00	100.00 - 100.00	
Mannar	50.00 - 60.00	-	200.00 - 220.00	40.00 - 50.00	18.00 - 20.00	-	-	-	2200.00 - 2400.00	120.00 - 150.00	
Killinochchi	-	-	150.00 - 170.00	-	40.00 - 50.00	-	-	-	2000.00 - 2200.00	100.00 - 120.00	
Mullaittivu	45.00 - 50.00	-	170.00 - 180.00	-	30.00 - 40.00	-	-	-	-	100.00 - 120.00	
Batticaloa	-	-	200.00 - 220.00	45.00 - 50.00	30.00 - 30.00	70.00 - 80.00	150.00 - 150.00	-	2200.00 - 2400.00	120.00 - 130.00	
Trincomalee	45.00 - 50.00	-	150.00 - 165.00	-	24.00 - 28.00	-	-	-	2450.00 - 2550.00	120.00 - 130.00	
Veyangoda	-	-	280.00 - 330.00	45.00 - 50.00	40.00 - 50.00	110.00 - 150.00	150.00 - 150.00	60.00 - 70.00	2000.00 - 2800.00	100.00 - 120.00	
Galenbindunuwewa	-	-	150.00 - 160.00	-	-	-	-	-	2000.00 - 2600.00	-	
Bandarawela	60.00 - 70.00	-	260.00 - 280.00	50.00 - 60.00	40.00 - 50.00	100.00 - 120.00	-	60.00 - 80.00	2400.00 - 2500.00	120.00 - 140.00	
Matale	-	-	-	-	-	-	-	-	-	-	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 50: 09 - 15 December 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	250.00 – 500.00	550.00 – 750.00	580.00 – 800.00	900.00 – 1250.00	1100.00 – 2500.00	900.00 – 1400.00
Kandy	400.00 – 450.00	650.00 – 700.00	800.00 – 900.00	1150.00 – 1200.00	1800.00 – 1900.00	1000.00 – 1100.00
Kaluthara	260.00 – 300.00	600.00 – 650.00	800.00 – 900.00	900.00 – 1100.00	–	1100.00 – 1300.00
Puttalam	350.00 – 420.00	550.00 – 700.00	580.00 – 700.00	–	1400.00 – 1550.00	1150.00 – 1450.00
Matara	280.00 – 320.00	500.00 – 520.00	800.00 – 860.00	1250.00 – 1350.00	–	1100.00 – 1200.00
Hambantota	300.00 – 320.00	550.00 – 560.00	750.00 – 800.00	900.00 – 950.00	1400.00 – 1450.00	800.00 – 900.00
Galle	–	–	600.00 – 700.00	1000.00 – 1000.00	1000.00 – 1100.00	850.00 – 900.00
Batticaloa	400.00 – 400.00	650.00 – 700.00	–	–	1600.00 – 1700.00	1400.00 – 1600.00
Trincomalee	300.00 – 350.00	850.00 – 900.00	550.00 – 600.00	1450.00 – 1500.00	1950.00 – 2050.00	1200.00 – 1250.00
Mannar	280.00 – 300.00	400.00 – 500.00	–	–	–	850.00 – 900.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	850.00 – 900.00	1350.00 – 1600.00	1150.00 – 2000.00	–	50.00 – 50.00	49.50 – 50.00
Kandy	850.00 – 900.00	1500.00 – 1600.00	1750.00 – 1900.00	–	–	50.00 – 50.00
Kaluthara	–	–	1300.00 – 1400.00	–	–	–
Puttalam	1400.00 – 1450.00	1200.00 – 1320.00	1900.00 – 2150.00	–	–	49.00 – 49.00
Matara	–	1650.00 – 1700.00	1300.00 – 1400.00	–	–	–
Hambantota	–	1700.00 – 1800.00	1600.00 – 1650.00	–	–	49.00 – 49.00
Galle	–	–	–	–	–	49.00 – 49.50
Batticaloa	–	1500.00 – 1600.00	1800.00 – 1900.00	–	–	–
Trincomalee	1800.00 – 1850.00	800.00 – 850.00	2300.00 – 2350.00	–	–	–
Mannar	–	1000.00 – 1100.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 50: 09 - 15 December 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	50000 – 67500	–	–	70000 – 80000	32500 – 41000	–
Kandy	63000 – 64000	–	–	93000 – 95000	39000 – 42500	–
Batticaloa	70000 – 75000	–	–	–	–	–
Trincomalee	60750 – 61500	87500 – 87500	–	–	48500 – 49250	49000 – 49750
Mannar	57500 – 60000	90000 – 92500	–	–	47500 – 50000	35000 – 37500

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	57500 – 65000	–	34000 – 42500	42500 – 55000	80000 – 87500	–
Kandy	58000 – 60000	–	38000 – 40000	48000 – 55000	88000 – 90000	–
Batticaloa	60000 – 65000	–	37500 – 40000	65000 – 66500	–	–
Trincomalee	49000 – 49750	–	37550 – 37750	50000 – 52500	90000 – 90000	–
Mannar	55000 – 57500	42500 – 45000	25000 – 27500	47500 – 50000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	84000 – 87500	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 50: 09 - 15 December 2022

LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown	White		
Colombo	320.00 - 720.00	700.00 - 975.00	850.00 - 1600.00	1250.00 - 2800.00	1800.00 - 3200.00	1300.00 - 2600.00	1400.00 - 1800.00	2000.00 - 3000.00		50.00 - 50.00	50.00 - 52.00		
Gampaha	500.00 - 500.00	-	-	-	-	-	-	2400.00 - 2400.00		-	50.00 - 50.00		
Kurunegala	400.00 - 440.00	660.00 - 700.00	1300.00 - 1400.00	1700.00 - 1800.00	-	1600.00 - 1600.00	1600.00 - 1600.00	2300.00 - 2400.00		-	50.00 - 50.00		
Nikaweratiya	400.00 - 700.00	1000.00 - 1000.00	1100.00 - 1200.00	1800.00 - 1800.00	-	1350.00 - 1800.00	-	2400.00 - 2400.00		-	50.00 - 50.00		
Dambulla	400.00 - 450.00	1000.00 - 1100.00	900.00 - 1000.00	1800.00 - 2200.00	-	1700.00 - 1800.00	1500.00 - 1600.00	2000.00 - 2200.00		51.00 - 52.00	50.00 - 51.00		
Anuradhapura	480.00 - 500.00	900.00 - 980.00	800.00 - 900.00	1800.00 - 1900.00	2500.00 - 2600.00	1250.00 - 1400.00	1600.00 - 1700.00	2450.00 - 2500.00		-	50.00 - 52.00		
Thambuththegama	400.00 - 400.00	900.00 - 900.00	1200.00 - 1200.00	2200.00 - 2200.00	3000.00 - 3000.00	1400.00 - 1400.00	-	2600.00 - 2600.00		-	50.00 - 50.00		
Polonnaruwa	400.00 - 450.00	800.00 - 900.00	1300.00 - 1400.00	1700.00 - 1800.00	-	1500.00 - 1700.00	1600.00 - 1700.00	2000.00 - 2200.00		-	50.00 - 50.00		
Kaluthara	400.00 - 500.00	750.00 - 850.00	900.00 - 950.00	1300.00 - 1500.00	-	1700.00 - 1800.00	-	1900.00 - 2100.00		-	50.00 - 52.00		
Badulla	400.00 - 500.00	800.00 - 900.00	1300.00 - 1400.00	1700.00 - 1800.00	-	1600.00 - 1700.00	1500.00 - 1600.00	2200.00 - 2300.00		50.00 - 50.00	50.00 - 50.00		
Keppetipola	540.00 - 560.00	780.00 - 800.00	1100.00 - 1200.00	1400.00 - 1500.00	2500.00 - 2600.00	1400.00 - 1500.00	1500.00 - 1600.00	1900.00 - 2000.00		52.00 - 53.00	50.00 - 52.00		
Moneragala	500.00 - 550.00	900.00 - 1000.00	1000.00 - 1100.00	-	-	1400.00 - 1500.00	-	2600.00 - 2700.00		-	50.00 - 50.00		
Kegalle	380.00 - 420.00	980.00 - 1000.00	1200.00 - 1250.00	1750.00 - 1800.00	-	-	1750.00 - 1800.00	2000.00 - 2100.00		53.00 - 55.00	50.00 - 50.00		
Ampara	-	-	-	-	-	-	-	-		-	-		
Dehiattakandiya	380.00 - 400.00	800.00 - 900.00	-	-	-	-	-	-		50.00 - 50.00	50.00 - 50.00		
Nuwareliya	540.00 - 560.00	780.00 - 820.00	1100.00 - 1200.00	1700.00 - 1800.00	2500.00 - 2600.00	1400.00 - 1500.00	1300.00 - 1400.00	2100.00 - 2200.00		51.00 - 52.00	50.00 - 51.00		
Kandy	550.00 - 600.00	850.00 - 900.00	1000.00 - 1200.00	1900.00 - 2100.00	2500.00 - 2600.00	1500.00 - 1600.00	1400.00 - 1500.00	2340.00 - 2480.00		-	50.00 - 52.00		
Puttalam	400.00 - 450.00	600.00 - 700.00	700.00 - 800.00	-	1600.00 - 1650.00	1200.00 - 1600.00	1500.00 - 1550.00	2000.00 - 2350.00		-	50.00 - 55.00		
Hambantota	400.00 - 400.00	700.00 - 800.00	1200.00 - 1400.00	1600.00 - 1800.00	2000.00 - 2000.00	1600.00 - 1800.00	-	2000.00 - 2000.00		-	50.00 - 50.00		
Rathnapura	540.00 - 600.00	800.00 - 900.00	1000.00 - 1200.00	1800.00 - 2000.00	2700.00 - 2800.00	1400.00 - 1500.00	1260.00 - 1400.00	2300.00 - 2400.00		-	50.00 - 50.00		
Matara	400.00 - 500.00	700.00 - 750.00	1350.00 - 1400.00	1900.00 - 2000.00	-	1600.00 - 1700.00	-	2000.00 - 2100.00		-	50.00 - 50.00		
Galle	400.00 - 400.00	700.00 - 700.00	1000.00 - 1100.00	1800.00 - 2000.00	2000.00 - 2200.00	1400.00 - 1600.00	1400.00 - 1600.00	1800.00 - 2000.00		50.00 - 50.00	50.00 - 50.00		
Tissamaharama	-	750.00 - 800.00	800.00 - 800.00	-	-	-	-	-		-	50.00 - 50.00		
Meegoda	560.00 - 560.00	1200.00 - 1200.00	-	-	-	-	-	-		-	50.00 - 50.00		
Embilipitiya	400.00 - 500.00	800.00 - 900.00	1200.00 - 1400.00	2000.00 - 2200.00	2100.00 - 2200.00	1400.00 - 1500.00	1400.00 - 1500.00	2000.00 - 2200.00		54.00 - 55.00	53.00 - 55.00		
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-		53.00 - 55.00	52.00 - 53.00		
Vavuniya	600.00 - 700.00	600.00 - 600.00	700.00 - 700.00	-	-	1000.00 - 1200.00	1200.00 - 1500.00	-		50.00 - 55.00	49.00 - 52.00		
Mannar	350.00 - 400.00	600.00 - 700.00	-	-	-	1000.00 - 1100.00	-	-		-	50.00 - 55.00		
Killinochchi	400.00 - 450.00	-	800.00 - 850.00	-	-	1200.00 - 1300.00	1500.00 - 1600.00	-		-	55.00 - 55.00		
Mullaittivu	400.00 - 450.00	700.00 - 800.00	700.00 - 800.00	-	-	1000.00 - 1400.00	1000.00 - 1200.00	-		-	52.00 - 55.00		
Batticaloa	500.00 - 500.00	1000.00 - 1000.00	-	-	2400.00 - 2400.00	2400.00 - 2400.00	-	2400.00 - 2500.00		55.00 - 55.00	55.00 - 55.00		
Trincomalee	400.00 - 500.00	1000.00 - 1100.00	650.00 - 700.00	1550.00 - 1650.00	1900.00 - 2200.00	1300.00 - 1350.00	1900.00 - 1950.00	2400.00 - 2500.00		-	55.00 - 55.00		
Veyangoda	600.00 - 600.00	800.00 - 800.00	-	2000.00 - 2000.00	2800.00 - 2800.00	-	1600.00 - 1600.00	2800.00 - 2800.00		-	50.00 - 50.00		
Galenbindunuwewa	500.00 - 500.00	900.00 - 900.00	1000.00 - 1000.00	2400.00 - 2400.00	2800.00 - 2800.00	1600.00 - 1600.00	1600.00 - 1600.00	2500.00 - 2500.00		-	-		
Bandarawela	400.00 - 500.00	700.00 - 800.00	1300.00 - 1400.00	1600.00 - 1700.00	-	1500.00 - 1600.00	1400.00 - 1500.00	2000.00 - 2200.00		50.00 - 52.00	50.00 - 50.00		
Matale	-	-	-	-	-	-	-	-		-	-		

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 50: 09 - 15 December 2022

LOCATIONS		Dried Fish												
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
Colombo		1000.00 – 1600.00	2500.00 – 2700.00	–		2000.00 – 2800.00	1100.00 – 1700.00	2400.00 – 2800.00	800.00 – 1400.00					
Gampaha		1200.00 – 1600.00	2600.00 – 2600.00	3200.00 – 3200.00		2600.00 – 2600.00	1200.00 – 1400.00	2000.00 – 2000.00	800.00 – 1200.00					
Kurunegala		1400.00 – 1400.00	2400.00 – 2500.00	2500.00 – 2600.00		2400.00 – 2400.00	1400.00 – 1500.00	2000.00 – 2100.00	800.00 – 900.00					
Nikaweratiya		1300.00 – 1440.00	2200.00 – 2200.00	2200.00 – 2200.00		2000.00 – 2200.00	1000.00 – 1200.00	1800.00 – 2200.00	800.00 – 1000.00					
Dambulla		1300.00 – 1400.00	2500.00 – 2600.00	–		2350.00 – 2500.00	1200.00 – 1300.00	2000.00 – 2200.00	–					
Anuradhapura		1200.00 – 1400.00	2200.00 – 2500.00	–		2400.00 – 2800.00	1400.00 – 1600.00	1800.00 – 2400.00	800.00 – 1000.00					
Thambuththegama		1080.00 – 1200.00	–	–		1900.00 – 1900.00	1000.00 – 1100.00	2400.00 – 2400.00	800.00 – 1000.00					
Polonnaruwa		1200.00 – 1400.00	2500.00 – 2600.00	–		2700.00 – 2800.00	1400.00 – 1400.00	–	1200.00 – 1300.00					
Kaluthara		1400.00 – 1500.00	2500.00 – 2600.00	–		2400.00 – 2500.00	1300.00 – 1400.00	2400.00 – 2500.00	1200.00 – 1300.00					
Badulla		1200.00 – 1400.00	2400.00 – 2500.00	–		2300.00 – 2400.00	1400.00 – 1600.00	–	1000.00 – 1100.00					
Keppetipola		1200.00 – 1400.00	2400.00 – 2500.00	–		2300.00 – 2400.00	1200.00 – 1300.00	2200.00 – 2300.00	900.00 – 1000.00					
Moneragala		1200.00 – 1500.00	2300.00 – 2500.00	2100.00 – 2400.00		2400.00 – 2600.00	1200.00 – 1400.00	2000.00 – 2400.00	–					
Kegalle		1150.00 – 1250.00	2200.00 – 2350.00	–		1800.00 – 1900.00	1100.00 – 1200.00	–	–					
Ampara		–	–	–		–	–	–	–					
Dehiattakandiya		1200.00 – 1400.00	2800.00 – 2800.00	–		2000.00 – 2200.00	1200.00 – 1600.00	–	1000.00 – 1000.00					
Nuwaraeliya		1250.00 – 1350.00	2500.00 – 2600.00	–		2250.00 – 2400.00	1400.00 – 1500.00	2300.00 – 2400.00	1150.00 – 1200.00					
Kandy		1400.00 – 1500.00	2500.00 – 2600.00	–		2300.00 – 2400.00	1500.00 – 1600.00	2500.00 – 2600.00	–					
Puttalam		1050.00 – 1200.00	1800.00 – 2200.00	–		2400.00 – 2500.00	1000.00 – 1200.00	1000.00 – 1200.00	680.00 – 800.00					
Hambantota		1400.00 – 1500.00	2300.00 – 2400.00	–		–	1200.00 – 1300.00	–	–					
Rathnapura		1080.00 – 1240.00	2320.00 – 2420.00	3000.00 – 3000.00		1800.00 – 2120.00	–	2360.00 – 2420.00	860.00 – 900.00					
Matara		1350.00 – 1550.00	2250.00 – 2400.00	–		2500.00 – 2600.00	1100.00 – 1200.00	2000.00 – 2200.00	–					
Galle		1200.00 – 1500.00	2200.00 – 2300.00	–		–	1200.00 – 1300.00	2000.00 – 2200.00	–					
Tissamaharama		1250.00 – 1300.00	–	–		–	1000.00 – 1200.00	–	–					
Meegoda		1000.00 – 1200.00	2400.00 – 2400.00	–		2400.00 – 2400.00	1400.00 – 1600.00	2400.00 – 2400.00	1000.00 – 1000.00					
Embilipitiya		1300.00 – 1450.00	2300.00 – 2500.00	2300.00 – 2450.00		2200.00 – 2400.00	1200.00 – 1500.00	2200.00 – 2450.00	950.00 – 1200.00					
Jaffna		1400.00 – 1500.00	–	–		–	–	–	–					
Vavuniya		1200.00 – 1200.00	–	–		1800.00 – 1800.00	1350.00 – 1400.00	1200.00 – 1250.00	900.00 – 1000.00					
Mannar		1300.00 – 1400.00	1900.00 – 2000.00	–		–	1100.00 – 1200.00	800.00 – 900.00	650.00 – 700.00					
Killinochchi		1500.00 – 1600.00	3000.00 – 3000.00	–		3000.00 – 3000.00	1800.00 – 1850.00	–	950.00 – 1000.00					
Mullaittivu		1500.00 – 1600.00	2500.00 – 2800.00	–		2500.00 – 2800.00	1500.00 – 1600.00	1000.00 – 1200.00	1000.00 – 1000.00					
Batticaloa		1500.00 – 1600.00	2400.00 – 2500.00	–		2500.00 – 2600.00	1600.00 – 1800.00	–	900.00 – 1000.00					
Trincomalee		1300.00 – 1400.00	1850.00 – 1900.00	–		1600.00 – 1650.00	1000.00 – 1100.00	1000.00 – 1050.00	800.00 – 900.00					
Veyangoda		1000.00 – 1200.00	1900.00 – 2400.00	–		2000.00 – 2500.00	1000.00 – 1100.00	1950.00 – 2000.00	700.00 – 1000.00					
Galenbindunuwewa		1200.00 – 1400.00	1800.00 – 2200.00	–		2200.00 – 2400.00	1400.00 – 1600.00	1800.00 – 2400.00	900.00 – 1000.00					
Bandarawela		1200.00 – 1400.00	2400.00 – 2500.00	–		2200.00 – 2400.00	1400.00 – 1500.00	–	900.00 – 1000.00					
Matale		–	–	–		–	–	–	–					

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 50: 09 - 15 December 2022**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 - 2100.00	1200.00 - 1350.00	1550.00 - 1600.00	2800.00 - 3200.00	1450.00 - 2000.00
Gampaha	-	1300.00 - 1350.00	1300.00 - 1300.00	2800.00 - 2800.00	1500.00 - 1500.00
Kurunegala	1900.00 - 2000.00	1180.00 - 1200.00	-	2700.00 - 2700.00	1460.00 - 1500.00
Nikaweratiya	1800.00 - 1800.00	1050.00 - 1190.00	-	-	1500.00 - 1500.00
Dambulla	-	1150.00 - 1250.00	-	-	-
Anuradhapura	1900.00 - 2000.00	1150.00 - 1150.00	-	-	1500.00 - 1600.00
Thambuththegama	1800.00 - 2000.00	1000.00 - 1150.00	-	-	1500.00 - 1600.00
Polonnaruwa	2000.00 - 2000.00	1250.00 - 1380.00	1500.00 - 1500.00	-	1600.00 - 1800.00
Kaluthara	-	1180.00 - 1200.00	1400.00 - 1500.00	-	-
Badulla	1800.00 - 2000.00	1250.00 - 1350.00	1500.00 - 1600.00	2600.00 - 2800.00	-
Keppetipola	1900.00 - 2000.00	1160.00 - 1260.00	1200.00 - 1260.00	2800.00 - 2900.00	-
Moneragala	1800.00 - 1800.00	1200.00 - 1300.00	-	-	1600.00 - 1700.00
Kegalle	1850.00 - 1900.00	1250.00 - 1300.00	-	2750.00 - 2800.00	1750.00 - 1800.00
Ampara	-	-	-	-	-
Dehiattakandiya	-	1150.00 - 1230.00	1200.00 - 1200.00	-	1500.00 - 1600.00
Nuwaraeliya	2000.00 - 2200.00	1160.00 - 1200.00	1200.00 - 1280.00	2800.00 - 2900.00	1800.00 - 1900.00
Kandy	-	1220.00 - 1290.00	1550.00 - 1600.00	2600.00 - 2700.00	1500.00 - 1600.00
Puttalam	2000.00 - 2000.00	1150.00 - 1250.00	-	2800.00 - 2800.00	-
Hambantota	-	1300.00 - 1350.00	-	-	-
Rathnapura	1800.00 - 1820.00	1250.00 - 1260.00	1550.00 - 1600.00	2950.00 - 3000.00	1560.00 - 1600.00
Matara	-	1300.00 - 1330.00	-	-	-
Galle	2000.00 - 2000.00	1200.00 - 1280.00	-	3000.00 - 3000.00	-
Tissamaharama	-	1200.00 - 1200.00	1400.00 - 1400.00	2800.00 - 2800.00	1700.00 - 1700.00
Meegoda	-	1100.00 - 1150.00	-	-	1650.00 - 1650.00
Embilipitiya	2100.00 - 2200.00	1040.00 - 1100.00	1150.00 - 1250.00	2800.00 - 2900.00	1500.00 - 1650.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2400.00 - 2600.00	-
Vavuniya	1700.00 - 1700.00	1350.00 - 1350.00	-	2700.00 - 2700.00	-
Mannar	1500.00 - 1600.00	1400.00 - 1500.00	-	-	-
Killinochchi	1800.00 - 1800.00	1400.00 - 1400.00	1800.00 - 1800.00	2800.00 - 2800.00	-
Mullaitivu	1600.00 - 1600.00	1500.00 - 1500.00	-	-	-
Batticaloa	-	1400.00 - 1500.00	1600.00 - 1600.00	-	-
Trincomalee	1600.00 - 1700.00	1060.00 - 1100.00	1400.00 - 1400.00	-	-
Veyangoda	1900.00 - 1900.00	1250.00 - 1250.00	-	2600.00 - 2600.00	1500.00 - 1500.00
Galenbindunuwewa	1700.00 - 1700.00	1260.00 - 1260.00	-	-	-
Bandarawela	2000.00 - 2200.00	1200.00 - 1280.00	1500.00 - 1580.00	2800.00 - 3000.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 50: 09 - 15 December 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	85.00 - 90.00	87.60	87.00	78.80	0.69	11.17
Samba 1	210.00 - 215.00	213.00	212.50	145.00	0.24	46.90	Small	75.00 - 78.00	77.30	76.70	70.15	0.78	10.19
Samba 2	200.00 - 210.00	205.10	202.27	142.00	1.40	44.44							
Keeri Samba	220.00 - 225.00	222.50	221.36	209.40	0.51	6.26	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	195.00 - 200.00	197.30	198.70	132.10	-0.70	49.36	Plantain						
Nadu 2	190.00 - 195.00	192.00	193.30	127.80	-0.67	50.23	Ambul (Rs/Kg)	120.00 - 170.00	144.17	134.17	42.50	7.45	239.22
Raw (Red)	190.00 - 200.00	195.00	196.50	109.80	-0.76	77.60	Kolikuttu (Rs/Kg)	330.00 - 380.00	353.33	331.67	120.83	6.53	192.41
Raw (White)	185.00 - 190.00	187.50	189.00	125.90	-0.79	48.93	Seeni (Rs/Kg)	100.00 - 140.00	123.33	120.83	57.50	2.07	114.49
Imported							Anamalu	16.00 - 20.00	18.00	18.25	10.92	-1.37	64.89
Samba	185.00 - 205.00	195.20	187.90	120.10	3.89	62.53	Ambun	19.00 - 23.00	21.00	21.75	13.33	-3.45	57.50
Nadu	160.00 - 185.00	171.20	166.10	116.80	3.07	46.58	Papaw(Rs/Kg)	150.00 - 250.00	202.73	272.86	117.50	-25.70	72.53
Raw (Red)	-	-	-	-	-	-	Passion Fruit	30.00 - 45.00	38.18	46.25	12.50	-17.44	205.45
Raw (White)	155.00 - 170.00	162.60	158.50	102.30	2.59	58.94	Pineapple Large	560.00 - 620.00	592.00	531.82	292.00	11.32	102.74
Dried Chillies							Pineapple Medium	460.00 - 550.00	501.67	455.45	225.00	10.15	122.96
Imported	1450.00 - 1550.00	1470.83	1464.50	559.00	0.43	163.12	Pineapple Small	370.00 - 450.00	413.33	350.00	153.00	18.10	170.15
Onion							Mango						
Sinnan	-	-	-	177.50	-	-	Betti	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	Karthakolomban	70.00 - 150.00	97.78	117.50	37.27	-16.78	162.33
Imported	460.00 - 580.00	527.22	479.00	267.00	10.07	97.46	Vilad	45.00 - 60.00	48.89	54.55	-	-10.37	-
Big Onion							Kohu	-	-	-	-	-	-
Imported	136.00 - 195.00	162.90	153.50	157.50	6.12	3.43	Other						
Local	-	-	-	173.89	-	-	Wood Apple	20.00 - 27.00	23.17	20.62	17.00	12.38	36.27
Potato							Orange	60.00 - 100.00	81.82	96.25	52.92	-14.99	54.62
Welimada	-	-	-	226.25	-	-	Avocado	90.00 - 200.00	137.50	123.33	115.33	11.49	19.22
N'Eliya	430.00 - 450.00	440.00	402.50	247.50	9.32	77.78	Slime Apple	28.00 - 34.00	30.25	43.00	37.00	-29.65	-18.24
Imported	140.00 - 280.00	187.50	189.00	159.00	-0.79	17.92	Grapes (Imp., Rs/Kg)	1400.00 - 1500.00	1440.00	1483.33	740.00	-2.92	94.59
Pulses							King Coconut	90.00 - 100.00	95.56	104.55	60.00	-8.60	59.26
Green Gram	1050.00 - 1100.00	1078.89	1068.75	387.50	0.95	178.42							
Cowpea (White)	1100.00 - 1200.00	1170.00	1133.33	512.50	3.24	128.29	Sea Fish						
Cowpea (Red)	1200.00 - 1250.00	1225.00	1200.00	365.00	2.08	235.62	Salaya	250.00 - 500.00	349.09	347.00	201.43	0.60	73.31
Red Dhal	348.00 - 355.00	351.80	352.00	243.50	-0.06	44.48	Hurulla	550.00 - 750.00	648.00	562.00	453.33	15.30	42.94
Vegetable							Balaya	580.00 - 800.00	720.00	510.00	400.00	41.18	80.00
Beans (Butter)	-	-	-	-	-	-	Kelawalla	900.00 - 1250.00	1066.00	950.00	845.00	12.21	26.15
Beans(Green)	220.00 - 450.00	338.00	207.00	379.00	63.29	-10.82	Thora	1100.00 - 2500.00	1775.00	1430.00	1357.50	24.13	30.76
Carrot	250.00 - 320.00	298.00	296.00	353.00	0.68	-15.58	Paraw	900.00 - 1400.00	1156.00	868.00	725.00	33.18	59.45
Leeks	320.00 - 350.00	344.00	340.00	294.00	1.18	17.01	Mora	850.00 - 900.00	875.00	710.00	-	23.24	-
Beetroot	300.00 - 380.00	333.64	350.00	245.00	-4.68	36.18	Shrimps	1350.00 - 1600.00	1475.00	1388.00	1175.71	6.27	25.46
Knolkhol	200.00 - 230.00	219.00	227.00	237.50	-3.52	-7.79	Thalapath	1150.00 - 2000.00	1525.00	1395.00	1355.00	9.32	12.55
Raddish	60.00 - 100.00	82.00	105.00	174.00	-21.90	-52.87	Eggs						
Cabbage	130.00 - 180.00	155.00	183.00	343.00	-15.30	-54.81	Brown	50.00 - 50.00	50.00	-	25.50	-	96.08
Tomato	120.00 - 180.00	155.00	125.00	392.00	24.00	-60.46	White	49.50 - 50.00	49.75	49.63	24.25	0.25	105.15
Ladies Fingers	80.00 - 150.00	119.00	97.00	174.00	22.68	-31.61	Dried Fish						
Brinjal	160.00 - 200.00	188.00	248.00	269.00	-24.19	-30.11	Sprats	1000.00 - 1350.00	1216.36	1069.00	972.50	13.79	25.08
Capsicum	600.00 - 700.00	655.00	670.00	642.00	-2.24	2.02	Sprats (Imported)	850.00 - 1100.00	970.00	945.00	553.64	2.65	75.21
Pumpkin	60.00 - 100.00	82.00	80.00	52.00	2.50	57.69	Kattawa	-	-	-	1276.67	-	-
Cucumber	30.00 - 60.00	44.00	50.00	114.00	-12.00	-61.40	Kattawa (Imported)	1600.00 - 1750.00	1686.00	1715.00	-	-1.69	-
Bitter Gourd	300.00 - 330.00	312.00	337.00	380.00	-7.42	-17.89	Thora	-	-	-	-	-	-
Snake Gourd	180.00 - 230.00	207.00	236.00	247.50	-12.29	-16.36	Thora (Imported)	-	-	-	-	-	-
Drumstick	-	-	-	-	-	-	Mora	1400.00 - 1600.00	1488.00	1637.00	1328.33	-9.10	12.02
Luffa	170.00 - 210.00	195.00	188.00	233.00	3.72	-16.31	Mora (Imported)	-	-	-	-	-	-
Long Beans	150.00 - 300.00	229.00	175.00	257.00	30.86	-10.89	Balaya	650.00 - 820.00	757.00	808.00	588.33	-6.31	28.67
Ash Plantain	180.00 - 220.00	202.00	179.00	66.00	12.85	206.06	Balaya (Imported)	-	-	-	-	-	-
Green Chillies	160.00 - 200.00	180.00	146.00	639.00	23.29	-71.83	Anguluwa	-	-	-	-	-	-
Lime	120.00 - 200.00	161.00	131.00	202.00	22.90	-20.30	Anguluwa (Imported)	1680.00 - 1750.00	1708.33	1771.67	-	-3.57	-
Root Crops							Maduwa	1150.00 - 1300.00	1210.00	1176.00	810.00	2.89	49.38
Sweet Potato	140.00 - 150.00	145.00	138.00	135.00	5.07	7.41	Maduwa (Imported)	-	-	-	-	-	-
Manioc	130.00 - 160.00	146.00	126.00	36.00	15.87	305.56	Koduwa	-	-	-	-	-	-
Leafy Vegetable							Koduwa (Imported)	-	-	-	-	-	-
Mukunuwenna	55.00 - 60.00	58.00	56.50	39.50	2.65	46.84	Salaya	680.00 - 850.00	747.27	776.00	358.89	-3.70	108.22
Kankun	55.00 - 60.00	58.00	56.50	39.50	2.65	46.84	Salaya (Imported)	-	-	-	-	-	-
Gotukola (Rs/Kg)	220.00 - 250.00	233.00	229.00	157.00	1.75	48.41							

This Week:

Week 50: 09 - 15 December 2022

Last Week:

Week 49: 02 - 08 December 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 50: 09 - 15 December 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	95.00 - 120.00	107.75	104.00	87.27	3.75	23.46
Samba 1	220.00 - 230.00	229.39	229.67	162.74	-0.27	40.96	Small	80.00 - 100.00	90.56	87.31	74.91	3.25	20.89
Samba 2	210.00 - 220.00	219.00	221.72	153.17	-2.72	42.98							
Keeri Samba	250.00 - 265.00	257.86	258.44	233.02	-0.58	10.66	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	210.00 - 220.00	219.70	223.79	142.38	-4.10	54.30	Plantain						
Nadu 2	200.00 - 210.00	209.66	216.33	133.78	-6.68	56.71	Ambul (Rs/Kg)	150.00 - 220.00	194.44	192.78	105.59	1.67	84.15
Raw (Red)	200.00 - 230.00	216.67	219.84	120.00	-3.17	80.56	Kolikuttu (Rs/Kg)	380.00 - 480.00	437.22	432.50	205.00	4.72	113.28
Raw (White)	200.00 - 220.00	209.69	212.07	134.64	-2.38	55.74	Seeni (Rs/Kg)	150.00 - 200.00	184.24	183.61	119.70	0.63	53.92
Imported							Anamalu	20.00 - 30.00	25.18	26.19	18.18	-1.02	38.51
Samba	200.00 - 210.00	203.33	205.60	146.16	-2.27	39.11	Ambun	23.00 - 38.00	30.35	31.39	23.12	-1.04	31.30
Nadu	180.00 - 200.00	194.85	193.00	135.13	1.85	44.19	Papaw(Rs/Kg)	250.00 - 450.00	375.29	380.37	214.67	-5.08	74.83
Raw (Red)	-	-	-	-	-	-	Passion Fruit	33.00 - 75.00	58.70	64.15	25.03	-5.45	134.49
Raw (White)	170.00 - 180.00	175.47	177.68	119.51	-2.21	46.82	Pineapple Large	580.00 - 700.00	634.14	597.43	338.70	36.71	87.23
<u>Dried Chillies</u>							Pineapple Medium	500.00 - 600.00	547.59	500.91	264.06	46.68	107.37
Imported	1600.00 - 1900.00	1780.65	1792.86	637.14	-12.21	179.47	Pineapple Small	400.00 - 500.00	447.14	429.57	198.62	17.58	125.12
<u>Onion</u>							Mango						
Sinnan	-	-	-	287.36	-	-	Betti	-	-	-	-	-	-
Vedalan	620.00 - 720.00	693.33	703.10	368.94	-9.77	87.93	Karthakolomban	80.00 - 200.00	142.68	171.48	65.00	-28.80	119.51
Imported	520.00 - 680.00	626.80	623.21	312.66	3.59	100.47	Vilad	60.00 - 100.00	76.15	78.00	-	-1.85	-
<u>Biq Onion</u>							Kohu	-	-	-	-	-	-
Imported	150.00 - 200.00	186.76	208.48	176.44	-21.72	5.85	<u>Other</u>						
Local	-	-	-	216.74	-	-	Wood Apple	30.00 - 80.00	54.06	52.58	49.41	1.48	9.41
<u>Potato</u>							Orange	80.00 - 180.00	146.84	152.22	82.69	-5.38	77.58
Welimada	-	-	-	238.57	-	-	Avocado	100.00 - 200.00	167.27	190.00	141.88	-22.73	17.90
N'Eliya	450.00 - 480.00	474.17	445.00	291.36	29.17	62.74	Slime Apple	40.00 - 120.00	88.00	93.04	74.64	-5.04	17.89
Imported	200.00 - 260.00	229.38	240.23	181.78	-10.86	26.18	Grapes (Imp., Rs/Kg)	1800.00 - 2500.00	2072.22	2078.57	1228.00	-6.35	68.75
<u>Pulses</u>							King Coconut	110.00 - 150.00	133.81	135.71	73.64	-1.90	81.72
Green Gram	1200.00 - 1400.00	1266.67	1259.26	557.59	7.41	127.17	<u>Sea Fish</u>						
Cowpea (White)	1200.00 - 1300.00	1254.17	1228.00	630.83	26.17	98.81	Salaya	320.00 - 720.00	489.20	506.50	296.00	-17.30	65.27
Cowpea (Red)	1300.00 - 1400.00	1320.00	1305.36	415.27	14.64	217.87	Hurulla	700.00 - 975.00	844.44	784.09	558.26	60.35	51.26
Red Dhal	360.00 - 380.00	368.28	380.28	265.00	-12.00	38.97	Balaya	850.00 - 1600.00	1213.68	1064.44	860.00	149.24	41.13
<u>Vegetable</u>							Kelawalla	1250.00 - 2800.00	1937.08	1902.86	1477.14	34.23	31.14
Beans (Butter)	-	-	-	-	-	-	Thora	1800.00 - 3200.00	2679.13	2738.89	2116.36	-59.76	26.59
Beans(Green)	320.00 - 600.00	494.23	348.80	467.50	145.43	5.72	Paraw	1300.00 - 2600.00	1923.68	1762.35	1478.33	161.33	30.13
Carrot	320.00 - 480.00	406.15	400.80	438.08	5.35	-7.29	Mora	1400.00 - 1800.00	1588.89	1475.00	1128.00	113.89	40.86
Leeks	400.00 - 480.00	442.59	434.00	409.63	8.59	8.05	Shrimps	1560.00 - 2000.00	1763.18	1754.29	1246.96	8.90	41.40
Beetroot	400.00 - 560.00	468.46	471.03	347.39	-2.57	34.85	Thalapath	2000.00 - 3000.00	2590.38	2560.00	2101.82	30.38	23.24
Knolkhol	350.00 - 560.00	419.13	340.00	324.62	79.13	29.12	<u>Eggs</u>						
Raddish	150.00 - 260.00	223.33	229.20	279.26	-5.87	-20.03	Brown	50.00 - 50.00	50.00	50.17	25.62	-0.17	95.18
Cabbage	200.00 - 400.00	323.70	328.40	457.86	-4.70	-29.30	White	50.00 - 52.00	50.25	49.89	24.32	0.36	106.61
Tomato	200.00 - 360.00	275.93	233.60	490.00	42.33	-43.69	<u>Dried Fish</u>						
Ladies Fingers	160.00 - 320.00	254.81	205.00	285.52	49.81	-10.75	Sprats	1500.00 - 2000.00	1836.00	1838.89	1216.13	-2.89	50.97
Brinjal	240.00 - 400.00	322.59	355.20	362.86	-32.61	-11.10	Sprats (Imported)	1000.00 - 1600.00	1392.59	1370.37	711.61	22.22	95.70
Capsicum	650.00 - 1000.00	871.15	932.00	762.14	-60.85	14.30	Kattawa	2500.00 - 2700.00	2600.00	2523.08	1596.67	76.92	62.84
Pumpkin	120.00 - 240.00	188.52	174.80	122.31	13.72	54.13	Thora	-	-	-	-	-	-
Cucumber	100.00 - 200.00	156.30	129.60	184.64	26.70	-15.35	Mora	2000.00 - 2800.00	2462.50	2471.43	1609.68	-8.93	52.98
Bitter Gourd	400.00 - 600.00	483.46	500.48	505.77	-17.01	-4.41	Balaya	1100.00 - 1700.00	1416.00	1417.39	988.57	-1.39	43.24
Snake Gourd	300.00 - 440.00	372.59	376.80	356.07	-4.21	4.64	Anguluwa	2400.00 - 2800.00	2560.00	2575.00	1500.00	-15.00	70.67
Drumstick	-	-	-	-	-	-	Maduwa	2000.00 - 2600.00	2220.00	2100.00	1025.00	120.00	116.59
Luffa	280.00 - 450.00	362.69	301.67	342.50	61.03	5.90	Koduwa	-	-	-	-	-	-
Long Beans	280.00 - 480.00	378.85	333.91	366.43	44.93	3.39	Salaya	800.00 - 1400.00	1142.86	1156.52	639.35	-13.66	78.75
Ash Plantain	240.00 - 360.00	301.85	271.20	140.00	30.65	115.61	<u>Meat</u>						
Green Chillies	200.00 - 500.00	370.00	329.60	803.57	40.40	-53.96	Beef (without Bones)	2000.00 - 2100.00	2050.00	2075.00	1207.14	-25.00	69.82
Lime	240.00 - 500.00	381.11	308.00	450.71	73.11	-15.44	Chicken (Broiler)	1200.00 - 1350.00	1280.00	1187.78	781.00	92.22	63.89
<u>Root Crops</u>							Chicken (Curry)	1550.00 - 1600.00	1570.00	1520.00	710.00	50.00	121.13
Sweet Potato	180.00 - 320.00	258.52	248.80	191.15	9.72	35.24	Mutton	2800.00 - 3200.00	2971.43	2950.00	1966.67	21.43	51.09
Manioc	180.00 - 240.00	219.20	211.76	93.46	7.44	134.53	Pork	1450.00 - 2000.00	1725.00	1725.00	860.00	0.00	100.58
<u>Leafy Vegetable</u>													
Mukunuwenna	70.00 - 100.00	81.18	81.11	63.50	0.07	27.84							
Kankun	70.00 - 100.00	81.18	81.11	63.50	0.07	27.84							
Gotukola	100.00 - 160.00	123.33	117.78	69.00	5.56	78.74							

This Week: Week 50: 09 - 15 December 2022

Last Week: Week 49: 02 - 08 December 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 50: 09 - 15 December 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	172.50 - 182.50	176.50
A'pura	95.00 - 100.00	97.00	Dambulla	340.00 - 370.00	356.00	Hambantota	160.00 - 190.00	176.00
P'naruwa	100.00 - 101.00	100.33	Welimada	380.00 - 420.00	403.00	Embilipitiya	190.00 - 210.00	200.00
Kalawewa	90.00 - 100.00	96.00	Badulla	375.00 - 420.00	395.00	Matara	-	
Kurunegala	100.00 - 105.00	102.50	Carrot			A'pura	170.00 - 180.00	174.00
Dehiattakandiya	84.00 - 90.00	87.00	N'Elia	235.00 - 245.00	239.00	Luffa		
Nikaweratiya	98.00 - 106.00	101.80	Welimada	200.00 - 210.00	205.00	Dambulla	190.00 - 210.00	202.00
Ampara	-		Hanguranketha	230.00 - 270.00	245.00	Hambantota	130.00 - 150.00	138.00
Long Grain (White)			Leeks			Embilipitiya	185.00 - 210.00	197.00
A'pura	95.00 - 100.00	97.00	N'Elia	330.00 - 345.00	337.00	Matara	-	
P'naruwa	97.00 - 98.00	97.67	Welimada	290.00 - 310.00	303.00	A'pura	160.00 - 170.00	164.00
Kalawewa	90.00 - 100.00	93.00	Beetroot			Green Chillies		
Kurunegala	98.00 - 105.00	102.00	N'Elia	295.00 - 305.00	299.00	Dambulla	135.00 - 150.00	142.00
Dehiattakandiya	84.00 - 90.00	87.00	Dambulla	260.00 - 280.00	270.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	160.00 - 200.00	180.00
Nikaweratiya	98.00 - 106.00	101.80	Welimada	280.00 - 290.00	285.00	Puttalam	80.00 - 120.00	100.00
Hambantota	-		Hanguranketha	200.00 - 230.00	212.00	A'pura	130.00 - 150.00	138.00
Ampara	-		Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	210.00 - 215.00	212.00	Dambulla	76.00 - 90.00	84.80
Matara	105.00 - 110.00	108.25	Welimada	200.00 - 210.00	204.00	Hambantota	60.00 - 80.00	68.33
Hambantota	107.00 - 110.00	108.33	Hanguranketha	190.00 - 210.00	199.60	Embilipitiya	95.00 - 110.00	101.00
Embilipitiya	102.00 - 105.00	103.80	Raddish			Matara	65.00 - 70.00	66.67
Keeri Samba			N'Elia	45.00 - 55.00	51.00	A'pura	60.00 - 70.00	64.00
A'pura	95.00 - 100.00	97.00	Welimada	35.00 - 45.00	41.00	Moneragala	50.00 - 60.00	54.00
P'naruwa	96.00 - 97.00	96.42	Hambantota	70.00 - 120.00	95.00	Cucumber		
Kalawewa	95.00 - 110.00	101.25	Hanguranketha	28.00 - 40.00	33.60	A'pura	40.00 - 45.00	42.00
Kurunegala	-		Cabbage			Dambulla	48.00 - 57.00	52.40
Dehiattakandiya	84.00 - 90.00	87.00	N'Elia	105.00 - 115.00	110.00	Hambantota	30.00 - 40.00	33.00
Red Onion			Welimada	80.00 - 90.00	84.00	Matara	30.00 - 35.00	31.67
Puttalam	350.00 - 450.00	404.00	Badulla	90.00 - 110.00	98.00	Long Beans		
Jaffna	-		Hanguranketha	80.00 - 110.00	91.00	Dambulla	162.50 - 172.50	167.50
Big Onion			Tomato			Hambantota	130.00 - 150.00	143.33
Dambulla	-		Welimada	75.00 - 85.00	79.00	Embilipitiya	220.00 - 250.00	236.00
Kalawewa	-		Hambantota	-		Matara	190.00 - 200.00	195.00
A'pura	-		Dambulla	100.00 - 110.00	106.00	A'pura	160.00 - 180.00	168.00
Potato			Hanguranketha	70.00 - 85.00	78.40	Ash Plantain		
N'Elia	410.00 - 415.00	413.00	<u>Vegetable (Low Country)</u>			Hambantota	60.00 - 90.00	76.00
Badulla	340.00 - 370.00	354.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	125.00
Welimada	380.00 - 390.00	386.00	A'pura	80.00 - 100.00	88.00	Matara	100.00 - 110.00	103.75
<u>Pulses</u>			Dambulla	67.00 - 76.00	71.40	Lime		
Green Gram			Hambantota	90.00 - 130.00	108.33	Hambantota	-	
Hambantota	-		Embilipitiya	100.00 - 120.00	108.00	Embilipitiya	160.00 - 180.00	172.00
Moneragala	850.00 - 900.00	870.00	Matara	110.00 - 125.00	118.75	Moneragala	90.00 - 100.00	94.00
Embilipitiya	940.00 - 950.00	945.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	850.00 - 850.00	850.00	A'pura	140.00 - 150.00	144.00	Banana		
A'pura	850.00 - 900.00	870.00	Dambulla	162.50 - 172.50	169.50	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	150.00 - 170.00	159.00	Embilipitiya	90.00 - 110.00	100.00
Nikaweratiya	-		Matara	160.00 - 175.00	167.50	Hambantota	100.00 - 120.00	112.50
Moneragala	-		Welimada	130.00 - 140.00	136.00	Kolikuttu		
Embilipitiya	1000.00 - 1020.00	1010.00	Capsicum			Moneragala	150.00 - 170.00	158.00
Maize			Badulla	-		Embilipitiya	270.00 - 300.00	284.00
A'pura	170.00 - 180.00	174.00	Welimada	540.00 - 560.00	550.00	Hambantota	-	
Kalawewa	160.00 - 180.00	168.75	Bitter Gourd			Papaw		
Gingelly			A'pura	300.00 - 320.00	308.00	Moneragala	100.00 - 120.00	108.00
A'pura	550.00 - 570.00	558.00	Dambulla	240.00 - 270.00	258.00	Embilipitiya	150.00 - 180.00	166.00
Kalawewa	-		Hambantota	-		Hambantota	180.00 - 210.00	195.00
Black Gram			Embilipitiya	300.00 - 380.00	336.00	Pineapple		
A'pura	800.00 - 850.00	820.00	Matara	310.00 - 325.00	318.75	Divulapitiya	-	
Kalawewa	780.00 - 850.00	807.50						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 50: 09 - 15 December 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Samba 2	210.00 - 210.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Keeri Samba	250.00 - 250.00	260.00 - 260.00	250.00 - 260.00	250.00 - 265.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00
Nadu 1	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Nadu 2	200.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00
Raw (Red)	210.00 - 220.00	210.00 - 220.00	210.00 - 210.00	200.00 - 220.00	230.00 - 230.00	220.00 - 220.00	220.00 - 230.00	210.00 - 220.00	210.00 - 210.00
Raw (White)	210.00 - 210.00	210.00 - 210.00	200.00 - 200.00	210.00 - 210.00	210.00 - 220.00	200.00 - 210.00	210.00 - 220.00	210.00 - 220.00	210.00 - 210.00
Imported									
Samba	200.00 - 200.00	200.00 - 200.00	210.00 - 210.00	210.00 - 210.00	200.00 - 200.00	200.00 - 200.00	200.00 - 210.00	200.00 - 210.00	200.00 - 200.00
Nadu	190.00 - 200.00	200.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	180.00 - 200.00	180.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	170.00 - 170.00	180.00 - 180.00	180.00 - 180.00	180.00 - 180.00	170.00 - 180.00	170.00 - 170.00	175.00 - 180.00	170.00 - 180.00	170.00 - 170.00
<u>Dried Chillies</u>									
Imported	1600.00 - 1700.00	1900.00 - 1900.00	1800.00 - 1900.00	1900.00 - 1900.00	1800.00 - 1800.00	1700.00 - 1800.00	1700.00 - 1700.00	1700.00 - 1800.00	1800.00 - 1800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	620.00 - 650.00	700.00 - 720.00	700.00 - 720.00	700.00 - 720.00	680.00 - 680.00	700.00 - 700.00	680.00 - 700.00	680.00 - 700.00	720.00 - 720.00
Imported	560.00 - 580.00	620.00 - 660.00	600.00 - 600.00	600.00 - 650.00	600.00 - 620.00	680.00 - 680.00	520.00 - 560.00	520.00 - 520.00	600.00 - 680.00
<u>Big Onion</u>									
Imported	150.00 - 180.00	200.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 180.00	180.00 - 180.00	180.00 - 180.00	180.00 - 200.00	180.00 - 180.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	-	-	-	-	-	-	-	-	-
N'Eliya	450.00 - 450.00	460.00 - 480.00	480.00 - 480.00	460.00 - 480.00	-	-	-	-	-
Imported	220.00 - 240.00	240.00 - 260.00	220.00 - 240.00	220.00 - 260.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	200.00 - 200.00	200.00 - 200.00
<u>Pulses</u>									
Green Gram	1200.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1400.00	1200.00 - 1200.00	1300.00 - 1300.00	1200.00 - 1200.00	1200.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00
Cowpea (White)	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1300.00 - 1300.00	1200.00 - 1300.00	1300.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1300.00
Cowpea (Red)	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1400.00	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00	1400.00 - 1400.00
Red Dhal	360.00 - 360.00	360.00 - 380.00	380.00 - 380.00	380.00 - 380.00	360.00 - 360.00	360.00 - 370.00	360.00 - 380.00	360.00 - 380.00	360.00 - 360.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 50: 09 - 15 December 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	500.00 - 550.00	560.00 - 600.00	520.00 - 600.00	560.00 - 600.00	580.00 - 600.00	600.00 - 600.00	320.00 - 320.00	320.00 - 320.00	320.00 - 360.00
Carrot	340.00 - 360.00	480.00 - 480.00	480.00 - 480.00	480.00 - 480.00	400.00 - 400.00	440.00 - 480.00	320.00 - 360.00	320.00 - 400.00	320.00 - 400.00
Leeks	400.00 - 420.00	480.00 - 480.00	480.00 - 480.00	400.00 - 480.00	400.00 - 450.00	440.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00
Beetroot	400.00 - 420.00	480.00 - 560.00	480.00 - 480.00	440.00 - 480.00	450.00 - 500.00	550.00 - 560.00	400.00 - 480.00	400.00 - 560.00	400.00 - 520.00
Knolkhol	350.00 - 360.00	400.00 - 520.00	400.00 - 440.00	400.00 - 480.00	400.00 - 400.00	500.00 - 500.00	360.00 - 400.00	560.00 - 560.00	560.00 - 560.00
Raddish	150.00 - 160.00	200.00 - 240.00	240.00 - 260.00	240.00 - 240.00	200.00 - 260.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00
Cabbage	200.00 - 240.00	400.00 - 400.00	360.00 - 400.00	320.00 - 400.00	320.00 - 400.00	320.00 - 320.00	240.00 - 320.00	240.00 - 320.00	320.00 - 360.00
Tomato	220.00 - 240.00	320.00 - 360.00	320.00 - 320.00	320.00 - 360.00	280.00 - 350.00	280.00 - 280.00	200.00 - 200.00	240.00 - 240.00	240.00 - 240.00
Ladies Fingers	200.00 - 240.00	320.00 - 320.00	280.00 - 320.00	240.00 - 320.00	240.00 - 300.00	240.00 - 280.00	160.00 - 240.00	240.00 - 240.00	240.00 - 240.00
Brinjal	240.00 - 280.00	400.00 - 400.00	320.00 - 400.00	320.00 - 400.00	280.00 - 360.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	240.00 - 280.00
Capsicum	650.00 - 750.00	900.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	800.00 - 950.00	800.00 - 800.00	800.00 - 1000.00	800.00 - 1000.00	1000.00 - 1000.00
Pumpkin	140.00 - 160.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	160.00 - 200.00	240.00 - 240.00	120.00 - 160.00	160.00 - 200.00	160.00 - 200.00
Cucumber	100.00 - 120.00	200.00 - 200.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	160.00 - 200.00	120.00 - 120.00	120.00 - 160.00	120.00 - 160.00
Bitter Gourd	400.00 - 440.00	480.00 - 600.00	520.00 - 600.00	480.00 - 600.00	400.00 - 500.00	440.00 - 480.00	400.00 - 480.00	440.00 - 600.00	520.00 - 520.00
Snake Gourd	300.00 - 320.00	400.00 - 440.00	400.00 - 440.00	400.00 - 440.00	360.00 - 400.00	400.00 - 440.00	320.00 - 320.00	320.00 - 400.00	320.00 - 400.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	300.00 - 320.00	400.00 - 450.00	400.00 - 400.00	400.00 - 450.00	400.00 - 450.00	320.00 - 360.00	280.00 - 320.00	340.00 - 400.00	320.00 - 360.00
Long Beans	350.00 - 360.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 400.00	400.00 - 420.00	320.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Ash Plantain	240.00 - 260.00	320.00 - 360.00	240.00 - 320.00	320.00 - 360.00	280.00 - 360.00	320.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Green Chillies	200.00 - 250.00	500.00 - 500.00	400.00 - 500.00	400.00 - 400.00	300.00 - 400.00	500.00 - 500.00	300.00 - 400.00	300.00 - 400.00	300.00 - 400.00
Lime	240.00 - 260.00	500.00 - 500.00	500.00 - 500.00	400.00 - 500.00	300.00 - 400.00	300.00 - 400.00	300.00 - 400.00	300.00 - 400.00	300.00 - 400.00
<u>Root Crops</u>									
Sweet Potato	180.00 - 200.00	240.00 - 280.00	240.00 - 280.00	280.00 - 320.00	240.00 - 280.00	320.00 - 320.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00
Manioc	180.00 - 200.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	240.00 - 240.00	180.00 - 200.00	240.00 - 240.00	240.00 - 240.00
<u>Leafy Vegetable</u>									
Mukunuwenna	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00
Kankun	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00
Gotukola	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	160.00 - 160.00	150.00 - 150.00	150.00 - 150.00	100.00 - 100.00	150.00 - 150.00	100.00 - 100.00
<u>Coconut</u>									
Large	95.00 - 95.00	115.00 - 120.00	100.00 - 110.00	110.00 - 120.00	-	-	110.00 - 110.00	100.00 - 110.00	100.00 - 110.00
Small	90.00 - 90.00	90.00 - 100.00	85.00 - 100.00	90.00 - 95.00	90.00 - 100.00	80.00 - 90.00	85.00 - 95.00	80.00 - 90.00	90.00 - 95.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	150.00	-	180.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	200.00	-	220.00	180.00	-	200.00	180.00	-	200.00	160.00	-	180.00	180.00	-	200.00
Kolikuttu (Rs/Kg)	440.00	-	450.00	420.00	-	440.00	430.00	-	450.00	400.00	-	420.00	420.00	-	450.00	420.00	-	450.00	460.00	-	480.00	380.00	-	420.00	450.00	-	480.00
Seeni (Rs/Kg)	150.00	-	160.00	180.00	-	200.00	200.00	-	200.00	180.00	-	200.00	170.00	-	200.00	180.00	-	200.00	160.00	-	180.00	160.00	-	180.00	160.00	-	180.00
Anamalu	20.00	-	21.00	20.00	-	22.00	28.00	-	30.00	24.00	-	25.00	24.00	-	25.00	26.00	-	28.00	28.00	-	30.00	22.00	-	25.00	25.00	-	28.00
Ambun	25.00	-	28.00	23.00	-	25.00	35.00	-	38.00	30.00	-	32.00	30.00	-	31.00	33.00	-	35.00	28.00	-	30.00	28.00	-	30.00	30.00	-	35.00
<u>Pineapple</u>																											
Large	580.00	-	600.00	650.00	-	650.00	650.00	-	700.00	640.00	-	680.00	650.00	-	680.00	580.00	-	580.00	600.00	-	650.00	580.00	-	600.00	580.00	-	650.00
Medium	500.00	-	540.00	550.00	-	600.00	600.00	-	600.00	600.00	-	600.00	600.00	-	600.00	500.00	-	550.00	500.00	-	550.00	500.00	-	540.00	500.00	-	550.00
Small	400.00	-	450.00	460.00	-	500.00	400.00	-	450.00	450.00	-	500.00	450.00	-	500.00	400.00	-	450.00	450.00	-	460.00	420.00	-	450.00	400.00	-	450.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	80.00	-	100.00	180.00	-	200.00	160.00	-	200.00	180.00	-	200.00	100.00	-	150.00	80.00	-	100.00	120.00	-	150.00	120.00	-	160.00	125.00	-	150.00
Vilad	60.00	-	60.00		-		100.00	-	100.00		-		80.00	-	100.00		-		80.00	-	100.00		-		60.00	-	80.00
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	30.00	-	40.00	50.00	-	70.00	60.00	-	80.00	70.00	-	80.00	40.00	-	50.00	50.00	-	70.00	40.00	-	50.00	40.00	-	60.00	30.00	-	50.00
Orange	120.00	-	140.00	150.00	-	160.00	160.00	-	180.00	120.00	-	180.00	140.00	-	150.00	80.00	-	100.00		-			-		150.00	-	160.00
Avocado	100.00	-	120.00	180.00	-	200.00	150.00	-	200.00		-		150.00	-	200.00	100.00	-	150.00	200.00	-	200.00	150.00	-	200.00	180.00	-	200.00
Slime Apple	40.00	-	50.00	80.00	-	100.00	100.00	-	120.00	90.00	-	120.00	80.00	-	100.00	70.00	-	100.00	70.00	-	80.00	100.00	-	120.00	60.00	-	80.00
Grapes (Rs/Kg)		-		2000.00	-	2000.00	2000.00	-	2000.00	2000.00	-	2500.00	2000.00	-	2200.00	2400.00	-	2400.00	2300.00	-	2500.00	2000.00	-	2000.00	1800.00	-	1800.00
Papaw (Rs/Kg)	250.00	-	300.00	440.00	-	450.00	420.00	-	450.00	350.00	-	450.00	380.00	-	420.00	350.00	-	400.00	380.00	-	420.00	350.00	-	380.00	350.00	-	360.00
Passion	33.00	-	38.00	50.00	-	58.00	58.00	-	75.00	58.00	-	66.00	54.00	-	58.00	63.00	-	67.00	50.00	-	52.00	60.00	-	65.00	70.00	-	75.00
King Coconut	110.00	-	130.00	140.00	-	150.00	130.00	-	150.00	150.00	-	150.00	120.00	-	130.00	140.00	-	150.00	120.00	-	120.00	140.00	-	150.00	130.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 50: 09 - 15 December 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	360.00 - 450.00	320.00 - 360.00	400.00 - 400.00	700.00 - 700.00	500.00 - 500.00	400.00 - 460.00	500.00 - 600.00	500.00 - 520.00	700.00 - 720.00
Hurulla	700.00 - 975.00	920.00 - 920.00	800.00 - 900.00	900.00 - 900.00	800.00 - 800.00	800.00 - 840.00	700.00 - 900.00	720.00 - 760.00	900.00 - 960.00
Balaya	850.00 - 1080.00	1560.00 - 1560.00	1500.00 - 1600.00	-	-	1300.00 - 1400.00	1200.00 - 1200.00	1200.00 - 1400.00	-
Kelawalla	1250.00 - 1680.00	2400.00 - 2400.00	1900.00 - 2000.00	2800.00 - 2800.00	2200.00 - 2200.00	1800.00 - 1900.00	-	2000.00 - 2000.00	1800.00 - 1800.00
Thora	1900.00 - 3200.00	2720.00 - 2760.00	3200.00 - 3200.00	-	3200.00 - 3200.00	2400.00 - 2800.00	1800.00 - 2000.00	2400.00 - 2400.00	1900.00 - 3000.00
Paraw	1300.00 - 1500.00	2400.00 - 2400.00	2300.00 - 2400.00	2600.00 - 2600.00	2200.00 - 2200.00	1800.00 - 1800.00	1800.00 - 1900.00	-	2200.00 - 2400.00
Mora	-	1800.00 - 1800.00	1500.00 - 1600.00	-	-	-	1400.00 - 1500.00	-	-
Shrimps Small	1600.00 - 2000.00	1720.00 - 1800.00	1800.00 - 1800.00	1700.00 - 1700.00	1760.00 - 1760.00	1560.00 - 1600.00	1560.00 - 1560.00	1560.00 - 1560.00	1800.00 - 1900.00
Talapath	2000.00 - 2800.00	2800.00 - 2800.00	2600.00 - 2600.00	3000.00 - 3000.00	2800.00 - 2800.00	2500.00 - 2600.00	2400.00 - 2600.00	2600.00 - 2600.00	2500.00 - 2500.00
<u>Eggs (Rs/Egg)</u>									
Brown	-	-	-	-	-	-	50.00 - 50.00	-	50.00 - 50.00
White	-	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	52.00 - 52.00	51.00 - 51.00	50.00 - 50.00
<u>Dried Fish</u>									
Sprats	1500.00 - 1600.00	1900.00 - 1900.00	1800.00 - 2000.00	1800.00 - 2000.00	1700.00 - 2000.00	1800.00 - 1800.00	1700.00 - 2000.00	1800.00 - 1800.00	1700.00 - 1800.00
Kattawa	2500.00 - 2600.00	2600.00 - 2600.00	-	2600.00 - 2700.00	2600.00 - 2700.00	2600.00 - 2600.00	-	-	2600.00 - 2600.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2300.00 - 2600.00	-	2600.00 - 2800.00	2000.00 - 2600.00	2400.00 - 2700.00	2400.00 - 2500.00	2400.00 - 2500.00	2400.00 - 2500.00	2700.00 - 2800.00
Balaya	1100.00 - 1300.00	1600.00 - 1600.00	1600.00 - 1600.00	1200.00 - 1500.00	1300.00 - 1700.00	1600.00 - 1700.00	1300.00 - 1600.00	1200.00 - 1400.00	1500.00 - 1700.00
Anguluwa	-	-	2800.00 - 2800.00	2800.00 - 2800.00	-	-	-	-	2400.00 - 2400.00
Salaya	800.00 - 1100.00	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1300.00	1100.00 - 1200.00	1000.00 - 1000.00	1300.00 - 1300.00	1300.00 - 1400.00	-
<u>Meat</u>									
Beef (without Bones)	-	2000.00 - 2000.00	-	-	2100.00 - 2100.00	-	-	-	-
Chicken (Broiler)	1300.00 - 1300.00	1350.00 - 1350.00	1340.00 - 1340.00	1250.00 - 1250.00	1300.00 - 1300.00	1280.00 - 1300.00	-	1200.00 - 1200.00	1200.00 - 1200.00
Chicken (Curry)	1600.00 - 1600.00	-	1600.00 - 1600.00	1550.00 - 1550.00	1550.00 - 1550.00	1550.00 - 1550.00	-	-	-
Mutton	-	2800.00 - 2800.00	2900.00 - 3000.00	-	3000.00 - 3000.00	2800.00 - 2800.00	-	3100.00 - 3100.00	3200.00 - 3200.00
Pork	-	1800.00 - 1800.00	2000.00 - 2000.00	-	-	-	-	1650.00 - 1650.00	1450.00 - 1450.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µg/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
White												
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions												
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

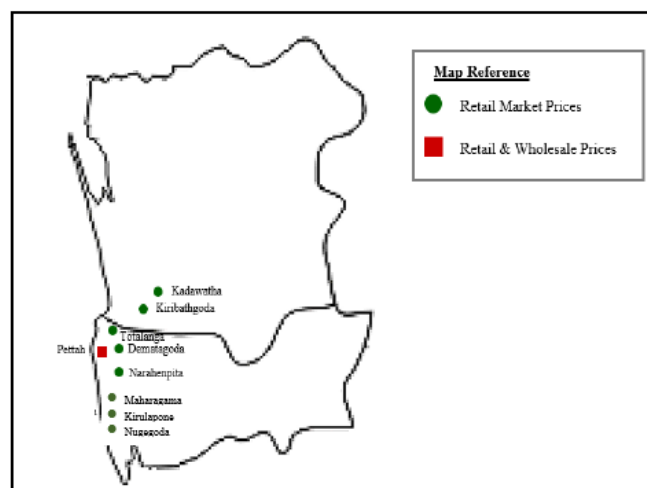
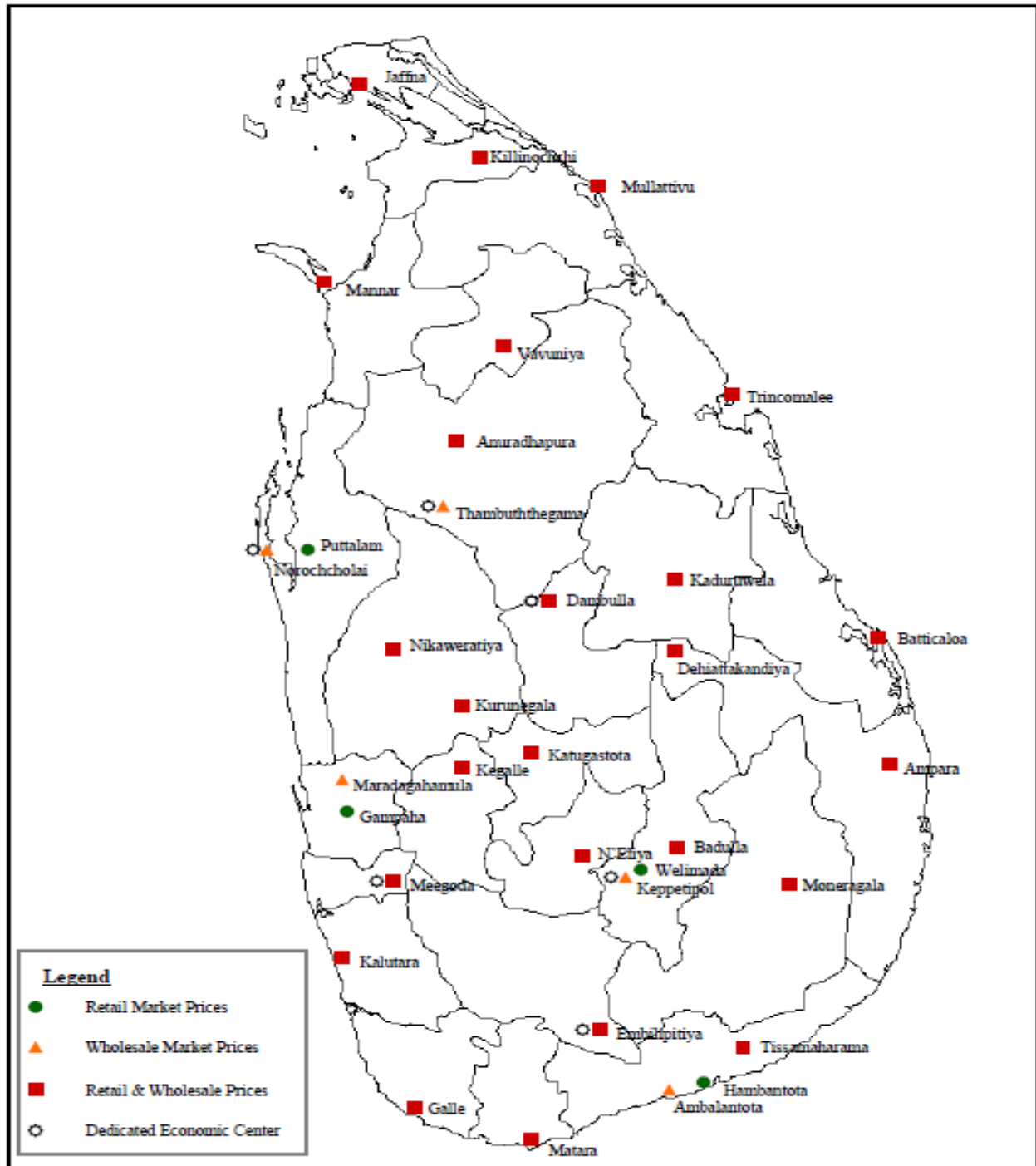
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Korali	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19	
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45	
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16	
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44	
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66	
Eggs												
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12	
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73	
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51	
Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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**දෛනික චළච්චි තොග මිල,
ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියුතු පර්යේෂණ
හා පුහුණුවීම් ආයතනය අනුග්‍රහයෙන්

මොබිටෙල්
ජංගම
මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

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අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන්
එදවර මිලට වඩා අඩු වැටුප්.

විකාශිතයාට රු.2/-
විකාශිතයාට වැටුප් (විකාශිතයාට වැටුප්)