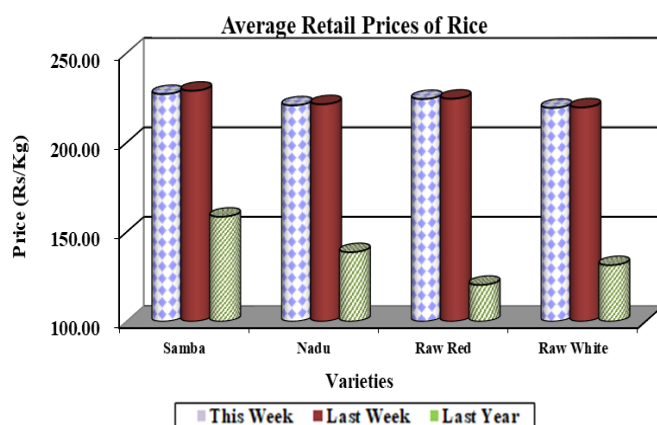
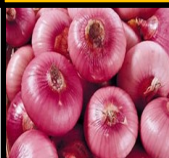
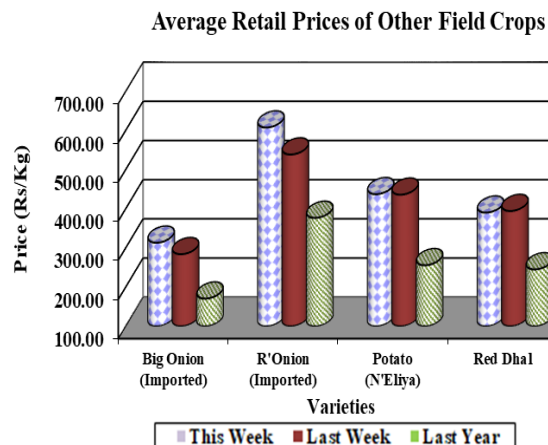


RETAIL MARKET AT A GLANCE**Summary****Rice**

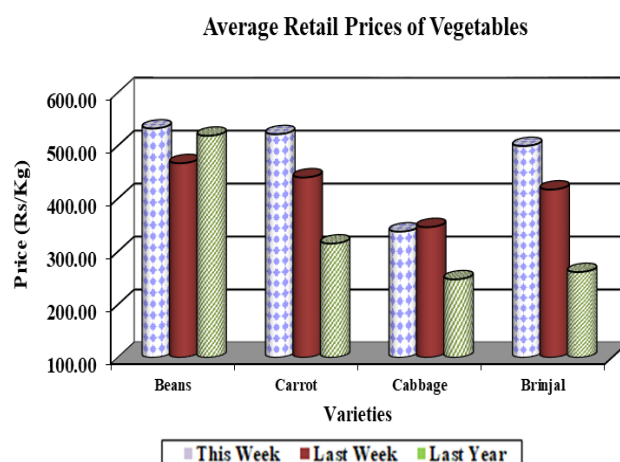
Prices of most of the local rice varieties have slightly decreased. Prices of nadu grade I, raw red and raw white have not changed significantly. Price of imported samba has increased by Rs.1.00/kg and the price ranged Rs.190.00-220.00/kg. Price of imported nadu has ranged between Rs.180.00-200.00/kg. Price of imported raw white has not changed significantly. The farm gate prices of all major paddy varieties have decreased in most of the major producing areas.

(Page No.01-02)**Other Field Crops**

Price of imported dried chilies has increased by Rs.56.00/kg and price ranged Rs.1650.00-2000.00/kg. Price of imported red onion has increased by Rs.69.00/kg. Price of vedalan red onion has decreased by Rs.4.00/kg and price ranged between Rs.580.00-800.00/kg. Prices of both imported and local big onions have increased by Rs.29.00/kg and Rs.28.00/kg. Prices of Welimada, imported and Nuwara Eliya potatoes have increased by Rs.9.00/kg, Rs.8.00/kg and Rs.1.00/kg respectively.

(Page No.02-04)**Vegetables**

Prices of most of the vegetable varieties have increased due to decreased market supply in the off season. Considering up-country vegetables, the highest price increase was reported for carrot as Rs.82.00/kg, followed by beans as Rs.65.00/kg. Considering the low-country vegetables, the highest price increase was reported for brinjal as Rs.82.00/kg, followed by Rs.46.00/kg for drumstick.

(Page No.04-05)

Rice

Wholesale

Prices of all types of local rice varieties have slightly decreased. Average prices of grade I samba, keeri samba and grade I nadu were Rs.220.00/kg, Rs.233.00/kg and Rs.209.00/kg respectively. Further, prices of raw red and raw white have ranged Rs.200.00-210.00/kg and Rs.190.00-200.00/kg respectively.

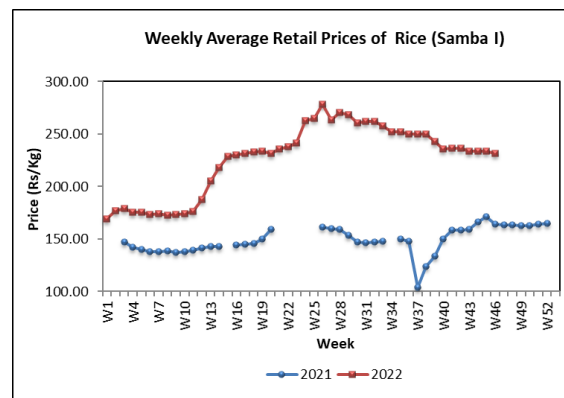
Prices of imported nadu and raw white have decreased by 2% and 1% respectively and their price ranges were Rs.162.00-165.00/kg and Rs.153.00-160.00/kg respectively. Price of ponni samba has not changed significantly and the average price was Rs.188.00/kg.

Compared to the same period of last year, prices of all types of local rice varieties except grade I samba have increased in the range of 10%-92% while price of ponni samba also has increased by 27%.

Retail

Prices of samba grade I and II, keeri samba and nadu grade II have decreased by Rs.1.00-2.00/kg and prices ranged between Rs.220.00-240.00/kg, Rs.210.00-230.00/kg, Rs.250.00-270.00/kg and Rs.210.00-220.00/kg respectively. Prices

of nadu grade I, raw red and raw white have not changed significantly.



Price of imported samba has increased by Rs.1.00/kg and price ranged Rs.190.00-220.00/kg. Price of imported nadu has decreased by Rs.1.00/kg and price ranged between Rs.180.00-200.00/kg. Price of imported raw white has not changed significantly.

Compared to the same period of last year, prices of all local rice varieties have increased by 11%-86% and the price of imported samba has increased by 26%.

Paddy

The farm gate prices of all major paddy varieties have decreased in most of the major producing areas. The average price of short grain paddy has decreased by Rs.1.00-7.00/kg and prices ranged between Rs.98.00-110.00/kg. The average price of keeri samba paddy also decreased by Rs.1.00-9.00/kg and the price range was Rs.100.00-110.00/kg. Subsequently, a price decrease of Rs.1.00-9.00/kg reported for long grain white paddy and price

ranged between Rs.98.00-110.00/kg. The prices of long grain red paddy also have decreased by Rs.2.00/kg in major producing areas in the Southern Province and reported a price range of Rs.118.00-120.00/kg. A considerable price increase for major paddy varieties of short grain, long grain white and red was reported in Kalawewa and Kurunegala areas.

Compared to the same period of last year, average farm gate prices of paddy have increased by 28%-89% except keeri samba and the highest was reported for long grain red.

Dried Chilies

Wholesale

Prices of imported dried chilies has increased by 3% and the price ranged Rs.1550.00-1650.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 223%.

Retail

Price of imported dried chilies has increased by Rs.56.00/kg and price ranged between Rs.1650.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 222%.

Onion

Wholesale

Prices of both vedalan and imported red onions have decreased by 2% and 1% and their price ranges were Rs.550.00-620.00/kg and Rs.500.00-550.00/kg respectively.

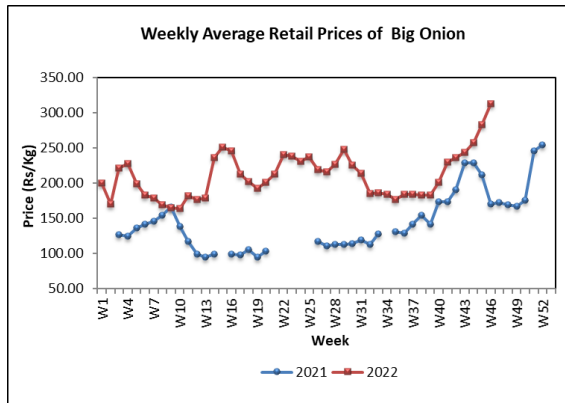
Prices of both local and imported big onions have increased by 28% and 16% due to limited supply and their price ranges were Rs.320.00-340.00/kg and Rs.270.00-290.00/kg respectively.

Compared to the same period of last year, prices of vedalan and imported red onions have increased by 111% and 105% respectively and prices of imported and local big onions have increased by 119% and 103% respectively.

Retail

Price of imported red onion has increased by Rs.69.00/kg and price ranged between Rs.550.00-680.00/kg. Price of vedalan red onion has decreased by Rs.4.00/kg and price ranged between Rs.580.00-800.00/kg.

Prices of both imported and local big onions have increased by Rs.29.00/kg and Rs.28.00/kg and prices ranged between Rs.280.00-360.00/kg and Rs.280.00-380.00/kg respectively.



Compared to the same period of last year, prices of vedalan and imported red onions and both imported and local big onions have increased by 110%, 61%, 84% and 69% respectively.

Potato

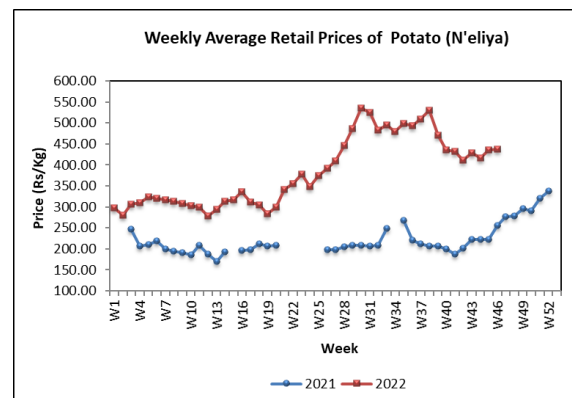
Wholesale

Prices of Nuwara Eliya and Welimada potatoes have increased by 3% and 2% respectively due to decreased supply and their price ranges were Rs.320.00-330.00/kg and Rs.290.00-310.00/kg respectively. Price of imported potato has decreased by 2% due to increased supply of Pakistan stocks and the price ranged between Rs.160.00-220.00/kg.

Compared to the same period of last year, prices of all types of potatoes have increased in the range of 9%- 69%.

Retail

Prices of Welimada, imported and Nuwara Eliya potatoes have increased by Rs.9.00/kg, Rs.8.00/kg and Rs.1.00/kg respectively. Their prices ranged between Rs.320.00-400.00/kg, Rs.200.00-280.00/kg and Rs.400.00-480.00/kg respectively.



Compared to the same period of last year, prices of Welimada, Nuwara Eliya and imported potatoes have increased by 83%, 71% and 41% respectively.

Pulses

Wholesale

Prices of both white cowpea and red cowpea have increased by 6% and 1%

respectively and their price ranges were Rs.880.00-1050.00/kg and Rs.925.00-1000.00/kg respectively. Price of green gram has decreased by 2% due to increased supply and the price ranged Rs.1000.00-1100.00/kg. Price of red dhal has not changed and the average price was Rs.357.00/kg.

Compared to the same period of last year, prices of all types of pulses have increased in the range of 61%-229%.

Retail

Prices of green gram, white cowpea and red dhal have decreased by 36%, 14% and 4% respectively and their price ranges were Rs.1100.00-1300.00/kg, Rs.1000.00-1200.00/kg and Rs.370.00-400.00/kg respectively. Price of red cowpea has increased by Rs.9.00/kg and price ranged between Rs.1080.00-1200.00/kg.

Compared to the same period of last year, price of green gram, white cowpea, red cowpea and red dhal have increased by 119%, 98%, 206% and 59% respectively.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased market supply in the off season.

Considering upcountry vegetables, prices of leeks and carrot have increased by 15% and 14% respectively due to decreased market supply from Nuwara Eliya area. Further, prices of both beans and knolkhol have increased by 7% and price of cabbage has decreased by 2%.

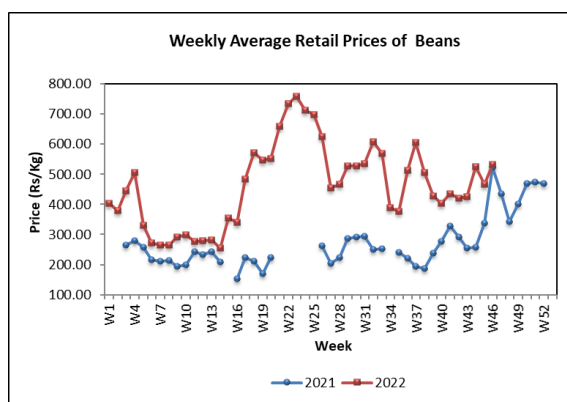
Price of capsicum has also decreased by 5% due to low quality stocks received from Puttalam and Wellawaya areas.

Considering low country vegetables, the highest price increase was reported for drumsticks by 53% due to high quality stock received from Jaffna area. Price of cucumber has increased by 34% due to decreased market supply from Puttalam area. Further, price of both brinjals and luffa have increased by 8%. However, price of long beans has decreased by 6% due to increased market supply from Puttalam and Balangoda areas and price of pumpkin has decreased by 3% due to increased market supply from Monaragala area.

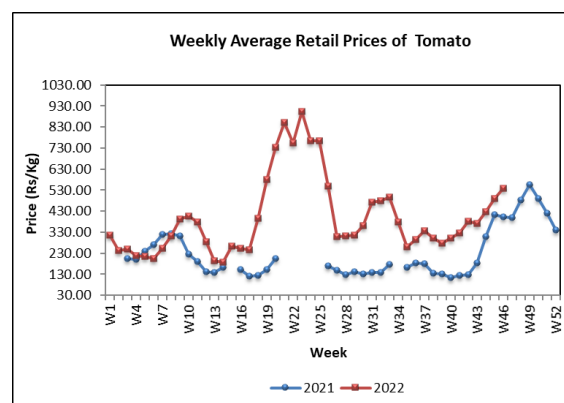
Compared to the same period of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 317% was reported for ash plantain.

Retail

In line with the increased wholesale prices retail prices of most of the vegetable varieties have also increased.



Considering up-country varieties, the highest price increase was reported for carrot as Rs.82.00/kg, followed by beans as Rs.65.00/kg. Further, prices of leeks, beetroot, knolkhol and raddish have increased in the range of Rs.17.00-50.00/kg. However, price of cabbage has decreased by Rs.11.00/kg followed by Rs.6.00/kg for ladies fingers.



Price of tomato has increased by Rs.48.00/kg and price of capsicum has decreased by Rs.32.00/kg.

Considering low-country varieties, the highest price increase reported for brinjal as Rs.82.00/kg followed by Rs.46.00/kg for drumstick. Likewise, prices of snake gourd, luffa and long beans also increased by Rs.31.00-41.00/kg. However, price of pumpkin has decreased by Rs.8.00/kg.

Further, prices of green chilies and lime have decreased by Rs.11.00/kg and Rs.131.00/kg respectively.

Compared to the same period of last year, prices of all varieties have increased and the highest was reported for beetroot as 159%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1%. Their prices ranged between Rs.85.00-90.00/nut for a large

nut and Rs.76.00-78.00/nut for a small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 17% and 19% respectively.

Retail

Prices of both large and small nuts have increased by Rs.1.00/nut. Price ranges were Rs.100.00-120.00/nut for a large nut and Rs.80.00-95.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 15% and 14% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased with low demand. The highest price decrease was reported for imported grapes by 13%. The price of passion fruit has decreased by 12% while price of king coconut has decreased by 5% due to low demand with the rainy weather. The price of all the mango varieties have decreased in range of 2%-7%. Prices of all sizes of pineapples have also decreased by 1%-8% with low demand. In addition to that, price

of banana has decreased slightly by 1%-2% due to low demand and availability of low quality fruits.

However, the price of orange has increased by 35% due to not availability of sufficient stocks. Further, price of slime apple has increased by 15% due to limited supply. In addition to that prices of avocado and papaw have increased by 10% with non-availability of sufficient stocks.

Compared to the same period of last year, wholesale prices of all the varieties of fruits have increased. The highest price increase of 370% was recorded for passion fruit.

Retail

Retail prices of most of the fruits have decreased in line with the decreased wholesale pieces. The highest price decrease of Rs.130.00/fruit was reported for large and medium sized pineapple due to increased supply. The price of small sized pineapple has decreased by Rs.84.00/fruit. Further, prices of karthakolomban and vilad have decreased by Rs.14.00/fruit and Rs.13.00/fruit. Prices of banana varieties seeni, ambul and kolikuttu have decreased in the range or Rs.3.00-4.00/kg due to low demand.

Meanwhile, the price of orange has increased by Rs.35.00/fruit due to limited supply. Prices of imported grapes and papaw has increased by Rs.20.00/kg and Rs.13.00/kg respectively. The price of slime apple has increased by Rs.7.00/fruit due to limited supply. Prices of avocado and wood apple have increased by Rs.6.00/fruit and Rs.2.00/fruit respectively.

Compared with the same period of last year, prices of all the fruits have increased and the highest price increase of 165% was reported for pineapple small.

Fresh Fish

Wholesale

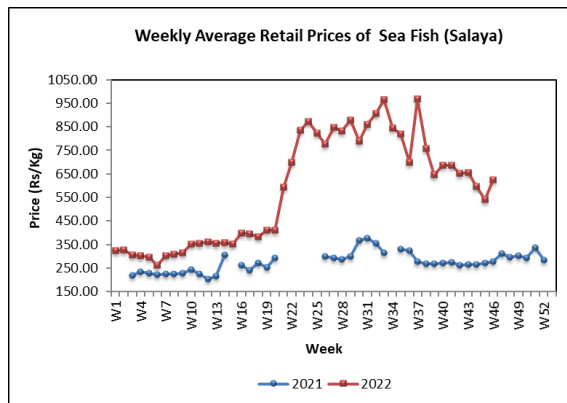
Wholesale prices of most of the fresh fish types have increased due to decrease supply. The highest price increase of 16% was reported for paraw due to low supply from Northern areas, and the price ranged between Rs.950.00-1200.00/kg. A price increase of 8% was noted for thora due to and the price ranged between Rs.1750.00-2600.00/kg. A price increase of 5% was noted for thalapath due to low supply from Negombo, Walachchanai and Kalmunai areas and the price ranged between Rs.1600.00-2600.00/kg. In addition, price of mora has increased by 4%.

However, the price decrease of 16% was noted for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.450.00-620.00/kg. Similarly, a price decrease of 11% was noted for kelawalla and salaya due to high supply from Trincomalee, Mannar and Beruwala areas and their prices ranged between Rs.800.00-1350.00/kg and Rs.280.00-500.00/kg respectively.

Compared to the same period of last year, wholesale prices of all the fresh fish types have increased in the range of 22%-122% and the highest price increase was noted for salaya.

Retail

In line with the increased wholesale prices, retail prices of all types of fresh fish have also increased with increasing the price of kerosene and limited fishing activities regarding to bad weather condition. The highest price increase was reported for thora by Rs.150.00/kg. Price of kelawalla and balaya have increased in the range of Rs.141.00-142.00/kg. The rest have increased in the range of Rs.50.00-89.00/kg.



Compared to the same period of last year, the current prices of all types of fresh fish have increased in the range of 24%-124% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of all of the local and imported dried fish types have decreased. The highest price decrease of 22% was noted for local sprats due to high supply from Trincomalee, Mannar and Negombo areas and the price ranged between Rs.850.00-1100.00/kg. A price decrease of 11% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged between Rs.600.00-700.00/kg. A price decrease of 8% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged between Rs.850.00-

1100.00/kg. Likewise, the price decrease of 6% was noted for local balaya due to high supply from Negombo and Matara areas and the price ranged between Rs.750.00-820.00/kg. Also the wholesale prices of local mora and imported anguluwa have decreased by 1%-3%.

Compared to the same period of last year, wholesale prices of all the dried fish types except local sprats have increased in the range of 11%-102% and the highest price increase was reported for local salaya.

Retail

Retail prices of all types of dried fish have further decreased in line with decreased wholesale prices. The highest price decrease of Rs.238.00/kg was reported for local sprat due to the season of the production. The rest have decreased in the range of Rs.23.00-90.00/kg. Thora, anguluwa and maduwa were reported in few retail markets.

Compared to the same period of last year, the current retail prices of all types of dried fish have increased in the range of 50%-123% and the highest price increase was reported for imported sprat.

Eggs

Wholesale

The price of brown egg has not changed significantly while the price of a white egg has increased by Rs.1.00/egg. Average price of a brown egg was Rs.50.00 and a white egg price ranged between Rs.49.00-50.00.

Compared to the same period of last year, prices of both brown and white egg have increased by 136% and 160% respectively.

Retail

Price of a brown egg has increased by Rs.2.00/egg due limited supply and available in a few markets. Meanwhile, price of a white egg has not changed significantly. Price range of a brown egg was in between Rs.53.00-55.00 and Rs.50.00-53.00 for a white egg.

Compared to the same period of last year, current retail prices of a brown egg and a white egg have increased by 157% and 155% respectively.

Meat

Retail

Prices of skin-less broiler chicken and pork have increased by Rs.18.00/kg and Rs.13.00/kg respectively due to limited supply. Meanwhile, price of mutton has decreased by Rs.33.00/kg due to low demand.

In addition, price of beef has not changed significantly. Skin-less curry chicken was not available in the market due to low production with decreased egg production.

Compared to the same period of last year, retail prices of all types of meat have increased in the range of 48%-103% and the highest price increase was reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets:Wholesale Price of Rice (Rs/50Kg Bag)

Week 46: 11 - 17 November 2022

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10750	11250	10500	10750	11250	12000	10250	10600	10000	10400	10000	10500	9500	10000
Divulpitiya	10600	11400	10000	10400	11500	11800	10400	10900	9750	10100	10250	10700	9500	9750
Kurunegala	11250	11400	10150	10250	12650	12750	10750	10750	9500	9750	10250	10250	-	-
Nikaweratiya	11200	11350	10400	10400	11500	12800	10750	10750	9500	9700	10650	10750	9450	9600
Badulla	-	-	-	-	-	-	10500	10600	-	-	10250	10300	10000	10250
Puttalam	11200	11350	-	-	12350	12750	10750	10900	9750	10100	-	-	9500	9800
Dambulla	11300	11350	10850	10950	12750	13000	10700	10750	10450	10550	10600	10650	9750	10000
Anuradhapura	11250	11350	-	-	12700	12850	10750	10850	-	-	10250	10500	9750	10000
Tambuttegama	-	-	10650	10750	11650	12000	-	-	9750	10000	-	-	9500	9750
Polonnaruwa	11250	11300	-	-	12700	12750	10700	10750	-	-	-	-	10200	10250
Kalutara	-	-	10900	11000	12000	12150	10400	10500	-	-	10350	10500	9900	10000
Ampara	11000	11250	-	-	12250	12500	10250	10250	-	-	9500	10250	9500	10000
Kandy	11000	11250	10250	10500	12000	12250	10500	10750	10000	10250	10400	10600	10000	10250
Moneragala	11250	11350	10250	10750	12750	12850	10500	10750	-	-	10000	10250	9500	9750
Kegalle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	-	-	-	-	12750	12900	10650	10750	10350	10350	-	-	10250	10250
Hambantota	11250	11250	-	-	12500	12750	-	-	-	-	10000	10300	10250	10350
Matara	11000	11100	-	-	12500	12750	10750	10800	-	-	10200	10300	10000	10200
Galle	11350	11400	-	-	12800	12850	-	-	-	-	10250	10350	10250	10350
Meegoda	-	-	10900	11000	11750	12250	-	-	10000	10250	10200	10300	9500	10000
Tissamaharama	-	-	-	-	-	-	-	-	10250	10500	9500	10000	9750	10000
Embilipitiya	11250	11350	-	-	12500	12600	10650	10700	-	-	9700	9850	9750	9850
Jaffna	-	-	9900	10400	12500	12900	10400	10400	9600	9900	9750	10900	-	-
Vavuniya	-	-	10900	11000	12250	12750	10500	10500	-	-	10500	10500	10500	10500
Mannar	11150	11250	-	-	12650	12750	10650	10750	-	-	10400	10500	10250	10500
Killinochchi	-	-	10700	11000	12500	12750	10500	10750	-	-	9750	10000	10000	10250
Mullattivu	-	-	-	-	12500	12750	10750	11000	-	-	9850	10350	-	-
Batticaloa	-	-	11000	11000	12500	12750	10500	10650	-	-	10500	10750	10000	10250
Trincomalee	-	-	-	-	12500	12800	10500	10750	10250	10400	10000	10500	10000	10500
Galenbindunuwew	11250	11400	-	-	12250	12500	10500	10750	10000	10250	10250	10500	9500	9750
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 46: 11 - 17 November 2022

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
11	Colombo	220.00 –	240.00	210.00 –	230.00	250.00 –	270.00	220.00 –	230.00	210.00 –	220.00	220.00 –	230.00	210.00 –	230.00
	Gampaha	230.00 –	230.00	225.00 –	230.00	255.00 –	260.00	220.00 –	220.00	215.00 –	220.00	220.00 –	230.00	210.00 –	220.00
	Kurunegala	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		–		210.00 –	210.00
	Nikaweratiya	235.00 –	235.00	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	198.00 –	200.00	210.00 –	225.00	200.00 –	210.00
	Dambulla	228.00 –	230.00	220.00 –	224.00	260.00 –	270.00	218.00 –	220.00	212.00 –	215.00	220.00 –	225.00	200.00 –	210.00
	Anuradhapura	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		210.00 –	215.00	200.00 –	210.00
	Thambuththegama	240.00 –	240.00	220.00 –	230.00	260.00 –	280.00	230.00 –	230.00	205.00 –	220.00	215.00 –	215.00	198.00 –	210.00
	Polonnaruwa	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		220.00 –	220.00	210.00 –	210.00
	Kaluthara	–		225.00 –	228.00	255.00 –	260.00	–		215.00 –	218.00	210.00 –	215.00	205.00 –	210.00
	Badulla	–		–		255.00 –	260.00	220.00 –	220.00	–		210.00 –	210.00	210.00 –	210.00
	Keppetipola	228.00 –	230.00	222.00 –	225.00	270.00 –	280.00	222.00 –	225.00	215.00 –	219.00	215.00 –	218.00	212.00 –	217.00
	Moneragala	230.00 –	230.00	210.00 –	220.00	260.00 –	260.00	–		215.00 –	220.00	210.00 –	210.00	195.00 –	200.00
	Kegalle	230.00 –	230.00	220.00 –	225.00	260.00 –	260.00	220.00 –	220.00	200.00 –	210.00	220.00 –	220.00	210.00 –	220.00
	Ampara	228.00 –	230.00	210.00 –	210.00	255.00 –	265.00	220.00 –	220.00	210.00 –	210.00	198.00 –	210.00	198.00 –	210.00
	Dehiattakandiya	230.00 –	230.00	–		260.00 –	260.00	215.00 –	220.00	200.00 –	210.00	–		215.00 –	220.00
	Nuwaraeliya	228.00 –	230.00	222.00 –	225.00	270.00 –	280.00	217.00 –	220.00	212.00 –	215.00	216.00 –	218.00	212.00 –	216.00
	Kandy	235.00 –	240.00	220.00 –	225.00	260.00 –	270.00	225.00 –	230.00	215.00 –	220.00	220.00 –	225.00	210.00 –	220.00
	Puttalam	230.00 –	232.00	–		250.00 –	265.00	220.00 –	222.00	200.00 –	205.00	220.00 –	220.00	198.00 –	200.00
	Hambantota	–		230.00 –	230.00	250.00 –	260.00	–		–		205.00 –	210.00	210.00 –	210.00
	Rathnapura	230.00 –	240.00	–		–		222.00 –	225.00	–		210.00 –	215.00	205.00 –	206.00
	Matara	225.00 –	230.00	–		255.00 –	260.00	220.00 –	225.00	–		207.00 –	210.00	205.00 –	210.00
Galle	–		230.00 –	230.00	260.00 –	260.00	230.00 –	230.00	–		210.00 –	210.00	210.00 –	210.00	
Tissamaharama	–		–		–		–		205.00 –	210.00	198.00 –	205.00	200.00 –	205.00	
Meegoda (DEC)	–		230.00 –	230.00	250.00 –	260.00	–		220.00 –	220.00	220.00 –	220.00	210.00 –	210.00	
Embilipitiya	235.00 –	240.00	225.00 –	230.00	255.00 –	270.00	225.00 –	230.00	220.00 –	225.00	198.00 –	208.00	200.00 –	210.00	
Jaffna	–		210.00 –	210.00	260.00 –	270.00	230.00 –	230.00	200.00 –	210.00	200.00 –	220.00	–		
Vavuniya	–		230.00 –	230.00	250.00 –	260.00	–		215.00 –	215.00	220.00 –	220.00	215.00 –	215.00	
Mannar	–		230.00 –	230.00	260.00 –	260.00	–		220.00 –	220.00	215.00 –	220.00	215.00 –	220.00	
Killinochchi	–		225.00 –	230.00	260.00 –	265.00	–		220.00 –	225.00	210.00 –	215.00	210.00 –	220.00	
Mullaittivu	–		–		260.00 –	265.00	–		220.00 –	225.00	200.00 –	210.00	–		
Batticaloa	–		230.00 –	230.00	260.00 –	265.00	–		220.00 –	220.00	220.00 –	220.00	210.00 –	210.00	
Trincomalee	–		–		260.00 –	270.00	–		200.00 –	210.00	205.00 –	210.00	205.00 –	210.00	
Hanguranketha	225.00 –	230.00	210.00 –	220.00	255.00 –	260.00	215.00 –	220.00	202.00 –	210.00	210.00 –	220.00	198.00 –	212.00	
Veyangoda	230.00 –	230.00	220.00 –	230.00	250.00 –	260.00	220.00 –	220.00	210.00 –	220.00	220.00 –	225.00	210.00 –	210.00	
Galenbindunuwewa	230.00 –	230.00	–		250.00 –	260.00	215.00 –	220.00	210.00 –	210.00	210.00 –	215.00	200.00 –	210.00	
Bandarawela	–		220.00 –	225.00	255.00 –	260.00	–		215.00 –	220.00	210.00 –	215.00	210.00 –	215.00	
Matale	–		–		–		–		–		–		–		

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 46: 11 - 17 November 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	77500 - 82500	25000 - 27500	27500 - 31000	13500 - 14500	8000 - 11000	14500 - 15500	16000 - 16500	50000 - 55000	44000 - 52500	17750 - 18000
Kurunegala	-	-	-	14000 - 14500	8750 - 9250	-	-	51250 - 55000	-	17650 - 17750
Nikaweratiya	77500 - 82500	-	-	14500 - 14500	9000 - 9500	-	-	48500 - 55500	-	17900 - 18250
Dehiattakandiya	75000 - 82500	-	-	-	10000 - 11500	-	-	47500 - 50000	-	17500 - 18500
Dambulla (DEC)	81500 - 82500	25000 - 26500	25500 - 26000	14000 - 14500	9000 - 10000	15500 - 16000	-	42500 - 45000	40000 - 42500	17650 - 18000
Anuradhapura	82500 - 85000	-	32500 - 35000	15000 - 16000	9500 - 11000	-	16000 - 17000	57500 - 60000	45000 - 47500	18250 - 19500
Thambuththegama	82500 - 85000	-	27500 - 29500	14500 - 14750	9250 - 11000	-	17500 - 18000	48000 - 49000	-	17850 - 18250
Polonnaruwa	85000 - 85500	-	32000 - 32250	15250 - 15500	11500 - 11750	-	18500 - 18750	47250 - 47500	46250 - 46300	18250 - 18500
Kaluthara	80000 - 81000	26500 - 27500	-	14250 - 14500	8500 - 9500	15000 - 16000	16000 - 16500	54000 - 55500	44500 - 45500	18000 - 18250
Puttalam	77500 - 80000	-	24000 - 28000	14000 - 15500	10000 - 11500	-	17500 - 18500	54000 - 56500	49000 - 51000	18000 - 18500
Kandy	80000 - 82500	27000 - 27500	29500 - 30000	13500 - 15000	9250 - 11000	14500 - 15000	16000 - 16500	52500 - 55000	45000 - 46000	18250 - 18500
Matara	82500 - 83000	27500 - 28000	30500 - 31500	15000 - 15500	10000 - 11000	-	16000 - 16500	53000 - 55000	-	18500 - 19000
Hambantota	80000 - 84000	-	28000 - 28500	15000 - 15500	10000 - 11000	15000 - 16000	-	47500 - 48500	-	18500 - 19000
Kegalle	84000 - 85000	-	28500 - 29000	14250 - 14500	9400 - 9500	-	16350 - 16500	56800 - 57500	47500 - 48000	18500 - 19000
Galle	81000 - 82500	-	31000 - 32500	14500 - 14750	9500 - 10500	-	19000 - 21000	55000 - 57500	-	18000 - 18500
Tissamaharama	80000 - 82500	-	29500 - 30000	15000 - 16500	11000 - 12000	-	-	50000 - 50000	-	18500 - 19000
Meegoda (DEC)	75000 - 80000	26500 - 27500	-	13750 - 14250	8750 - 10500	17500 - 17500	18500 - 19000	53500 - 55000	48500 - 52500	17500 - 18000
Jaffna	77500 - 85000	-	-	13000 - 15000	8500 - 9500	-	-	50000 - 57500	-	17500 - 18000
Vavuniya	82500 - 82500	-	-	16000 - 16500	12000 - 12500	-	19000 - 19000	50000 - 50000	-	18000 - 18000
Mannar	82500 - 84000	-	30000 - 31000	15500 - 15750	9250 - 9500	-	-	54000 - 55000	-	18750 - 19000
Killinochchi	80000 - 82000	-	-	15000 - 16000	10000 - 11000	-	-	52500 - 54000	-	19000 - 19500
Mullattivu	82500 - 86500	-	-	16000 - 16500	10500 - 11000	-	-	57500 - 60000	47500 - 47500	18000 - 18500
Batticaloa	81500 - 82500	-	37500 - 38000	15000 - 15500	9500 - 9750	-	19000 - 19250	56500 - 57500	-	18350 - 18500
Trincomalee	75000 - 78000	-	-	14500 - 15000	9400 - 9800	-	-	52500 - 53250	43750 - 44500	17750 - 18750
Galenbindunuwewa	82500 - 84000	-	35000 - 37500	15000 - 15500	10500 - 11000	-	-	55000 - 57500	-	18000 - 18500
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 46: 11 - 17 November 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1650.00 – 2000.00	550.00 – 680.00	580.00 – 800.00	280.00 – 360.00	200.00 – 280.00	320.00 – 400.00	400.00 – 480.00	1100.00 – 1300.00	1000.00 – 1200.00	370.00 – 400.00
Gampaha	1700.00 – 1900.00	640.00 – 680.00	–	340.00 – 360.00	240.00 – 280.00	–	400.00 – 480.00	1200.00 – 1380.00	980.00 – 1040.00	400.00 – 400.00
Kurunegala	1700.00 – 1800.00	600.00 – 640.00	680.00 – 740.00	320.00 – 340.00	230.00 – 240.00	–	440.00 – 480.00	1200.00 – 1200.00	1000.00 – 1000.00	390.00 – 400.00
Nikaweratiya	1700.00 – 1800.00	–	600.00 – 620.00	320.00 – 340.00	210.00 – 240.00	340.00 – 340.00	–	1200.00 – 1200.00	950.00 – 1100.00	380.00 – 390.00
Dambulla	1750.00 – 1800.00	680.00 – 720.00	–	320.00 – 350.00	230.00 – 250.00	380.00 – 400.00	–	1100.00 – 1200.00	1000.00 – 1100.00	390.00 – 420.00
Anuradhapura	1700.00 – 1800.00	–	700.00 – 800.00	320.00 – 340.00	220.00 – 240.00	360.00 – 380.00	–	1200.00 – 1250.00	950.00 – 1000.00	380.00 – 400.00
Thambuththegama	1675.00 – 1800.00	–	640.00 – 700.00	320.00 – 340.00	210.00 – 240.00	–	–	1100.00 – 1200.00	–	370.00 – 380.00
Polonnaruwa	1750.00 – 1800.00	–	650.00 – 660.00	310.00 – 320.00	240.00 – 250.00	380.00 – 390.00	–	1000.00 – 1100.00	950.00 – 1000.00	380.00 – 390.00
Kaluthara	1650.00 – 1700.00	640.00 – 680.00	–	310.00 – 330.00	220.00 – 240.00	430.00 – 450.00	460.00 – 480.00	1200.00 – 1280.00	1000.00 – 1100.00	390.00 – 400.00
Badulla	1700.00 – 1750.00	–	700.00 – 720.00	320.00 – 340.00	240.00 – 250.00	400.00 – 440.00	–	1100.00 – 1200.00	950.00 – 1000.00	390.00 – 400.00
Keppetipola	1700.00 – 1800.00	600.00 – 640.00	640.00 – 660.00	320.00 – 340.00	250.00 – 260.00	350.00 – 380.00	–	1150.00 – 1200.00	980.00 – 1000.00	390.00 – 410.00
Moneragala	1650.00 – 1750.00	–	760.00 – 800.00	320.00 – 360.00	230.00 – 260.00	380.00 – 400.00	–	1000.00 – 1200.00	900.00 – 950.00	380.00 – 400.00
Kegalle	1720.00 – 1760.00	600.00 – 640.00	–	320.00 – 340.00	240.00 – 260.00	380.00 – 400.00	–	1140.00 – 1200.00	960.00 – 980.00	400.00 – 420.00
Ampara	1700.00 – 1800.00	–	700.00 – 720.00	340.00 – 360.00	260.00 – 280.00	420.00 – 420.00	440.00 – 480.00	1000.00 – 1050.00	880.00 – 900.00	380.00 – 420.00
Dehiattakandiya	1550.00 – 1700.00	600.00 – 650.00	–	380.00 – 380.00	220.00 – 250.00	–	–	1000.00 – 1200.00	–	380.00 – 400.00
Nuwareliya	1700.00 – 1800.00	660.00 – 680.00	680.00 – 720.00	330.00 – 350.00	260.00 – 280.00	–	400.00 – 420.00	1150.00 – 1250.00	1000.00 – 1150.00	390.00 – 420.00
Kandy	1680.00 – 1700.00	700.00 – 720.00	750.00 – 780.00	320.00 – 340.00	260.00 – 280.00	400.00 – 420.00	440.00 – 460.00	1180.00 – 1200.00	960.00 – 1000.00	390.00 – 410.00
Puttalam	1630.00 – 1680.00	–	720.00 – 800.00	340.00 – 360.00	240.00 – 280.00	–	400.00 – 440.00	1200.00 – 1250.00	1050.00 – 1100.00	380.00 – 400.00
Rathnapura	1700.00 – 1800.00	630.00 – 640.00	–	320.00 – 330.00	220.00 – 230.00	–	–	1160.00 – 1200.00	940.00 – 990.00	390.00 – 400.00
Hambantota	1700.00 – 1800.00	600.00 – 700.00	–	340.00 – 370.00	240.00 – 260.00	360.00 – 400.00	–	1000.00 – 1100.00	1000.00 – 1000.00	380.00 – 400.00
Matara	1700.00 – 1850.00	600.00 – 700.00	760.00 – 800.00	340.00 – 370.00	240.00 – 250.00	340.00 – 370.00	460.00 – 470.00	1000.00 – 1200.00	1000.00 – 1100.00	380.00 – 400.00
Galle	1700.00 – 1800.00	–	680.00 – 700.00	300.00 – 320.00	240.00 – 240.00	–	400.00 – 460.00	1100.00 – 1250.00	–	375.00 – 400.00
Tissamaharama	1650.00 – 1700.00	610.00 – 640.00	–	310.00 – 350.00	240.00 – 260.00	390.00 – 400.00	–	1050.00 – 1050.00	–	380.00 – 390.00
Meegoda (DEC)	1550.00 – 1650.00	600.00 – 700.00	–	300.00 – 300.00	220.00 – 230.00	440.00 – 440.00	480.00 – 480.00	1100.00 – 1200.00	880.00 – 880.00	380.00 – 400.00
Embilipitiya	1750.00 – 1850.00	–	640.00 – 680.00	320.00 – 340.00	220.00 – 240.00	370.00 – 400.00	–	1000.00 – 1060.00	900.00 – 930.00	385.00 – 400.00
Jaffna	1600.00 – 1750.00	–	–	300.00 – 320.00	210.00 – 230.00	–	–	1100.00 – 1200.00	–	380.00 – 400.00
Vavuniya	1700.00 – 1750.00	–	–	340.00 – 350.00	260.00 – 260.00	–	430.00 – 450.00	1100.00 – 1100.00	–	370.00 – 380.00
Mannar	1700.00 – 1750.00	–	–	320.00 – 340.00	210.00 – 220.00	–	–	1150.00 – 1200.00	–	390.00 – 400.00
Killinochchi	1650.00 – 1700.00	–	–	340.00 – 360.00	240.00 – 260.00	–	–	1100.00 – 1200.00	–	400.00 – 410.00
Mullaittivu	1700.00 – 1800.00	–	–	–	240.00 – 250.00	–	–	1200.00 – 1300.00	1000.00 – 1000.00	380.00 – 400.00
Batticaloa	1650.00 – 1700.00	–	800.00 – 800.00	330.00 – 350.00	220.00 – 240.00	–	420.00 – 440.00	1200.00 – 1200.00	–	380.00 – 400.00
Trincomalee	1600.00 – 1610.00	–	900.00 – 1000.00	300.00 – 320.00	200.00 – 210.00	–	–	1090.00 – 1200.00	880.00 – 910.00	370.00 – 385.00
Hanguranketha	1640.00 – 1700.00	580.00 – 600.00	–	330.00 – 360.00	210.00 – 240.00	340.00 – 370.00	–	1200.00 – 1250.00	950.00 – 1100.00	370.00 – 380.00
Veyangoda	1680.00 – 1800.00	600.00 – 640.00	–	300.00 – 320.00	220.00 – 240.00	360.00 – 400.00	–	1200.00 – 1250.00	960.00 – 1000.00	380.00 – 400.00
Galenbindunuwewa	1700.00 – 1700.00	–	750.00 – 800.00	320.00 – 330.00	220.00 – 240.00	–	–	1150.00 – 1200.00	–	370.00 – 380.00
Bandarawela	1750.00 – 1800.00	600.00 – 640.00	–	320.00 – 340.00	220.00 – 240.00	380.00 – 400.00	–	1160.00 – 1200.00	980.00 – 1000.00	380.00 – 400.00
Matale	–	–	–	–	–	–	–	–	–	–

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 46: 11 - 17 November 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 400.00	300.00 - 370.00	200.00 - 260.00	220.00 - 280.00	180.00 - 220.00
Meegoda (DEC)	-	350.00 - 400.00	380.00 - 440.00	250.00 - 290.00	230.00 - 260.00	260.00 - 260.00
Dambulla (DEC)	-	320.00 - 350.00	350.00 - 380.00	200.00 - 230.00	190.00 - 220.00	180.00 - 220.00
Keppetipola (DEC)	-	300.00 - 320.00	330.00 - 350.00	210.00 - 220.00	210.00 - 220.00	170.00 - 180.00
Norochchole (DEC)	-	-	-	-	190.00 - 220.00	-
Nuwara Eliya	-	290.00 - 310.00	370.00 - 380.00	230.00 - 240.00	210.00 - 220.00	180.00 - 190.00
Kandy	-	330.00 - 350.00	350.00 - 370.00	220.00 - 240.00	220.00 - 230.00	180.00 - 200.00
Hambantota	-	350.00 - 420.00	380.00 - 450.00	240.00 - 320.00	270.00 - 300.00	270.00 - 300.00
Thambuththegama (DEC)	-	350.00 - 400.00	400.00 - 430.00	210.00 - 240.00	210.00 - 240.00	150.00 - 200.00
Jaffna	-	400.00 - 450.00	380.00 - 420.00	250.00 - 280.00	230.00 - 300.00	-
Bandarawela	-	280.00 - 300.00	320.00 - 360.00	200.00 - 220.00	180.00 - 200.00	160.00 - 180.00
Veyangoda	-	380.00 - 400.00	400.00 - 420.00	230.00 - 250.00	220.00 - 260.00	230.00 - 260.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 140.00	150.00 - 200.00	330.00 - 380.00	100.00 - 150.00	300.00 - 370.00	700.00 - 750.00
Meegoda (DEC)	140.00 - 160.00	160.00 - 220.00	320.00 - 370.00	150.00 - 170.00	360.00 - 440.00	700.00 - 830.00
Moneragala	120.00 - 150.00	180.00 - 200.00	330.00 - 350.00	140.00 - 160.00	280.00 - 330.00	740.00 - 800.00
Dambulla (DEC)	80.00 - 100.00	140.00 - 160.00	220.00 - 250.00	90.00 - 100.00	350.00 - 400.00	600.00 - 700.00
Keppetipola (DEC)	60.00 - 70.00	110.00 - 120.00	300.00 - 320.00	100.00 - 110.00	260.00 - 280.00	720.00 - 750.00
Norochchole (DEC)	60.00 - 100.00	140.00 - 180.00	-	120.00 - 140.00	250.00 - 350.00	600.00 - 650.00
Nuwara Eliya	90.00 - 100.00	150.00 - 160.00	280.00 - 300.00	100.00 - 120.00	280.00 - 300.00	700.00 - 730.00
Kandy	80.00 - 100.00	100.00 - 150.00	250.00 - 280.00	120.00 - 140.00	250.00 - 300.00	720.00 - 730.00
Hambantota	120.00 - 200.00	200.00 - 240.00	300.00 - 380.00	150.00 - 160.00	250.00 - 360.00	700.00 - 750.00
Thambuththegama (DEC)	100.00 - 130.00	160.00 - 190.00	270.00 - 320.00	100.00 - 120.00	400.00 - 450.00	580.00 - 650.00
Tissamaharama	150.00 - 170.00	250.00 - 260.00	320.00 - 350.00	120.00 - 130.00	300.00 - 330.00	680.00 - 690.00
Jaffna	180.00 - 200.00	200.00 - 250.00	380.00 - 420.00	140.00 - 160.00	300.00 - 420.00	620.00 - 700.00
Bandarawela	60.00 - 80.00	100.00 - 120.00	260.00 - 280.00	-	280.00 - 300.00	680.00 - 720.00
Veyangoda	130.00 - 160.00	150.00 - 200.00	280.00 - 320.00	120.00 - 160.00	380.00 - 420.00	620.00 - 750.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 150.00	40.00 - 60.00	350.00 - 400.00	280.00 - 300.00	200.00 - 350.00	180.00 - 220.00
Meegoda (DEC)	130.00 - 150.00	50.00 - 70.00	360.00 - 430.00	280.00 - 300.00	300.00 - 340.00	200.00 - 230.00
Moneragala	140.00 - 160.00	100.00 - 120.00	450.00 - 500.00	280.00 - 300.00	230.00 - 250.00	230.00 - 240.00
Dambulla (DEC)	100.00 - 130.00	20.00 - 30.00	350.00 - 400.00	220.00 - 250.00	150.00 - 200.00	190.00 - 240.00
Keppetipola (DEC)	110.00 - 120.00	60.00 - 70.00	300.00 - 320.00	230.00 - 240.00	220.00 - 240.00	180.00 - 200.00
Norochchole (DEC)	110.00 - 150.00	15.00 - 30.00	300.00 - 350.00	220.00 - 270.00	180.00 - 250.00	160.00 - 200.00
Nuwara Eliya	110.00 - 130.00	50.00 - 60.00	330.00 - 350.00	230.00 - 240.00	220.00 - 240.00	170.00 - 190.00
Kandy	120.00 - 140.00	50.00 - 60.00	300.00 - 320.00	240.00 - 250.00	180.00 - 220.00	170.00 - 180.00
Hambantota	120.00 - 180.00	70.00 - 100.00	350.00 - 500.00	230.00 - 350.00	150.00 - 200.00	150.00 - 220.00
Thambuththegama (DEC)	90.00 - 130.00	25.00 - 35.00	290.00 - 330.00	220.00 - 250.00	120.00 - 180.00	200.00 - 230.00
Tissamaharama	130.00 - 150.00	50.00 - 60.00	380.00 - 420.00	240.00 - 260.00	80.00 - 100.00	150.00 - 170.00
Jaffna	100.00 - 130.00	80.00 - 110.00	350.00 - 400.00	230.00 - 300.00	380.00 - 550.00	-
Bandarawela	120.00 - 130.00	50.00 - 60.00	-	-	-	-
Veyangoda	130.00 - 140.00	40.00 - 60.00	380.00 - 430.00	280.00 - 300.00	160.00 - 240.00	240.00 - 250.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 200.00	180.00 - 200.00	140.00 - 200.00	350.00 - 450.00	120.00 - 150.00	90.00 - 110.00
Meegoda (DEC)	240.00 - 270.00	180.00 - 220.00	130.00 - 150.00	220.00 - 250.00	110.00 - 140.00	170.00 - 170.00
Moneragala	280.00 - 320.00	100.00 - 120.00	250.00 - 280.00	300.00 - 320.00	160.00 - 180.00	-
Dambulla (DEC)	200.00 - 230.00	180.00 - 200.00	80.00 - 100.00	130.00 - 160.00	100.00 - 120.00	90.00 - 100.00
Keppetipola (DEC)	200.00 - 220.00	170.00 - 180.00	160.00 - 200.00	240.00 - 260.00	110.00 - 130.00	90.00 - 100.00
Norochchole (DEC)	190.00 - 230.00	150.00 - 200.00	80.00 - 120.00	-	120.00 - 150.00	120.00 - 150.00
Nuwara Eliya	220.00 - 240.00	180.00 - 200.00	160.00 - 180.00	240.00 - 270.00	130.00 - 140.00	100.00 - 110.00
Kandy	200.00 - 220.00	150.00 - 180.00	100.00 - 150.00	250.00 - 270.00	120.00 - 140.00	90.00 - 100.00
Hambantota	200.00 - 220.00	100.00 - 140.00	150.00 - 200.00	400.00 - 500.00	130.00 - 170.00	80.00 - 120.00
Thambuththegama (DEC)	250.00 - 280.00	150.00 - 180.00	80.00 - 130.00	150.00 - 200.00	100.00 - 120.00	100.00 - 120.00
Tissamaharama	180.00 - 200.00	130.00 - 140.00	220.00 - 240.00	300.00 - 340.00	130.00 - 140.00	100.00 - 120.00
Jaffna	380.00 - 420.00	120.00 - 150.00	120.00 - 160.00	330.00 - 370.00	130.00 - 170.00	120.00 - 160.00
Bandarawela	-	-	180.00 - 220.00	-	120.00 - 130.00	90.00 - 100.00
Veyangoda	220.00 - 260.00	190.00 - 200.00	120.00 - 150.00	230.00 - 250.00	120.00 - 130.00	120.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	55.00 - 60.00	55.00 - 60.00	220.00 - 240.00	85.00 - 90.00	76.00 - 78.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	96.00 - 98.00	85.00 - 90.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	78.00 - 85.00	70.00 - 75.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	20.00 - 25.00	75.00 - 80.00	65.00 - 68.00
Kandy	40.00 - 50.00	45.00 - 50.00	200.00 - 210.00	85.00 - 90.00	68.00 - 70.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	75.00 - 80.00	60.00 - 70.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	40.00 - 45.00	85.00 - 90.00	60.00 - 65.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	80.00 - 90.00	55.00 - 65.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	40.00 - 45.00	85.00 - 90.00	60.00 - 65.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 40.00	40.00 - 45.00	45.00 - 51.00	80.00 - 85.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 46: 11 - 17 November 2022

	LOCATIONS	Up Country Varieties																					
		Butter Beans	Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato						
16	Colombo	-	450.00	-	600.00	440.00	-	600.00	280.00	-	480.00	300.00	-	480.00	280.00	-	320.00	240.00	-	400.00	400.00	-	600.00
	Gampaha	-	460.00	-	480.00	460.00	-	480.00	360.00	-	400.00	320.00	-	400.00	400.00	-	280.00	300.00	-	320.00	400.00	-	480.00
	Kurunegala	-	480.00	-	520.00	540.00	-	560.00	360.00	-	400.00	400.00	-	460.00	340.00	-	360.00	200.00	-	240.00	300.00	-	340.00
	Nikaweratiya	-	450.00	-	520.00	480.00	-	560.00	360.00	-	400.00	360.00	-	400.00	360.00	-	400.00	180.00	-	240.00	320.00	-	400.00
	Dambulla	-	440.00	-	480.00	480.00	-	540.00	400.00	-	440.00	360.00	-	400.00	340.00	-	360.00	200.00	-	220.00	300.00	-	320.00
	Anuradhapura	-	450.00	-	600.00	480.00	-	600.00	350.00	-	400.00	320.00	-	400.00	340.00	-	400.00	200.00	-	240.00	380.00	-	400.00
	Thambuththegama	-	440.00	-	500.00	480.00	-	520.00	260.00	-	320.00	270.00	-	300.00	280.00	-	320.00	160.00	-	200.00	280.00	-	320.00
	Polonnaruwa	-	440.00	-	460.00	500.00	-	520.00	350.00	-	370.00	320.00	-	340.00	-	-	220.00	-	240.00	280.00	-	300.00	
	Kaluthara	-	420.00	-	440.00	420.00	-	440.00	300.00	-	320.00	300.00	-	320.00	300.00	-	320.00	220.00	-	240.00	300.00	-	320.00
	Badulla	-	400.00	-	480.00	440.00	-	480.00	320.00	-	360.00	360.00	-	400.00	300.00	-	320.00	120.00	-	160.00	280.00	-	320.00
	Keppetipola	-	350.00	-	360.00	400.00	-	420.00	260.00	-	280.00	250.00	-	260.00	250.00	-	260.00	160.00	-	180.00	180.00	-	200.00
	Moneragala	-	480.00	-	500.00	400.00	-	480.00	380.00	-	400.00	400.00	-	480.00	-	-	200.00	-	220.00	320.00	-	360.00	
	Kegalle	-	420.00	-	440.00	450.00	-	480.00	340.00	-	360.00	340.00	-	360.00	340.00	-	360.00	260.00	-	280.00	300.00	-	320.00
	Ampara	-	400.00	-	480.00	500.00	-	520.00	320.00	-	360.00	360.00	-	400.00	300.00	-	300.00	200.00	-	240.00	320.00	-	360.00
	Dehiattakandiya	-	400.00	-	480.00	440.00	-	480.00	300.00	-	400.00	300.00	-	320.00	-	-	200.00	-	240.00	380.00	-	400.00	
	Nuwareliya	-	360.00	-	380.00	440.00	-	450.00	300.00	-	320.00	260.00	-	280.00	250.00	-	260.00	150.00	-	160.00	230.00	-	240.00
	Kandy	-	480.00	-	500.00	480.00	-	500.00	320.00	-	360.00	300.00	-	320.00	240.00	-	260.00	160.00	-	180.00	160.00	-	200.00
	Puttalam	-	400.00	-	480.00	440.00	-	520.00	320.00	-	400.00	350.00	-	420.00	-	-	280.00	-	320.00	320.00	-	420.00	
	Hambantota	-	480.00	-	600.00	480.00	-	600.00	320.00	-	400.00	320.00	-	400.00	280.00	-	380.00	160.00	-	240.00	250.00	-	320.00
	Rathnapura	-	460.00	-	480.00	440.00	-	480.00	360.00	-	380.00	380.00	-	400.00	300.00	-	320.00	180.00	-	200.00	300.00	-	320.00
	Matara	-	480.00	-	540.00	480.00	-	540.00	320.00	-	380.00	320.00	-	380.00	-	-	180.00	-	240.00	300.00	-	320.00	
	Galle	-	480.00	-	540.00	460.00	-	540.00	360.00	-	400.00	340.00	-	400.00	-	-	240.00	-	300.00	360.00	-	400.00	
	Tissamaharama	-	430.00	-	460.00	490.00	-	520.00	300.00	-	330.00	300.00	-	330.00	270.00	-	290.00	180.00	-	200.00	260.00	-	300.00
	Meegoda (DEC)	-	400.00	-	480.00	520.00	-	600.00	360.00	-	400.00	320.00	-	400.00	360.00	-	400.00	240.00	-	280.00	300.00	-	360.00
	Embilipitiya	-	520.00	-	600.00	440.00	-	480.00	340.00	-	400.00	350.00	-	400.00	280.00	-	320.00	160.00	-	240.00	300.00	-	360.00
	Jaffna	-	430.00	-	480.00	450.00	-	500.00	300.00	-	320.00	280.00	-	340.00	-	-	200.00	-	220.00	220.00	-	250.00	
Vavuniya	-	400.00	-	400.00	600.00	-	600.00	400.00	-	400.00	360.00	-	400.00	-	-	240.00	-	300.00	400.00	-	400.00		
Mannar	-	500.00	-	520.00	500.00	-	520.00	400.00	-	420.00	400.00	-	420.00	-	-	200.00	-	240.00	300.00	-	320.00		
Killinochchi	-	400.00	-	440.00	580.00	-	620.00	400.00	-	440.00	350.00	-	380.00	-	-	280.00	-	320.00	340.00	-	360.00		
Mullaitivu	-	400.00	-	440.00	480.00	-	520.00	360.00	-	400.00	340.00	-	360.00	-	-	-	-	-	360.00	-	400.00		
Batticaloa	-	400.00	-	430.00	480.00	-	480.00	320.00	-	320.00	320.00	-	340.00	240.00	-	250.00	220.00	-	240.00	320.00	-	340.00	
Trincomalee	-	-	-	-	460.00	-	490.00	340.00	-	360.00	320.00	-	350.00	230.00	-	250.00	180.00	-	220.00	240.00	-	265.00	
Hanguranketha	-	380.00	-	410.00	360.00	-	380.00	240.00	-	260.00	280.00	-	300.00	220.00	-	240.00	90.00	-	110.00	180.00	-	200.00	
Veyangoda	-	480.00	-	500.00	480.00	-	520.00	320.00	-	360.00	320.00	-	340.00	320.00	-	350.00	240.00	-	280.00	340.00	-	380.00	
Galenbindunuwewa	-	480.00	-	540.00	480.00	-	540.00	400.00	-	420.00	280.00	-	320.00	-	-	140.00	-	160.00	280.00	-	320.00		
Bandarawela	-	420.00	-	460.00	440.00	-	460.00	300.00	-	320.00	280.00	-	300.00	260.00	-	280.00	140.00	-	160.00	200.00	-	240.00	
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)**Week 46: 11 - 17 November 2022**

	LOCATIONS	Banana					Pineapple			Mango	
		Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
19	Colombo	140.00 - 240.00	400.00 - 450.00	140.00 - 220.00	20.00 - 28.00	24.00 - 35.00	500.00 - 650.00	420.00 - 460.00	300.00 - 400.00	-	80.00 - 200.00
	Gampaha	160.00 - 180.00	350.00 - 400.00	120.00 - 140.00	18.00 - 20.00	25.00 - 32.00	500.00 - 550.00	350.00 - 450.00	250.00 - 300.00	-	120.00 - 120.00
	Kurunegala	140.00 - 150.00	400.00 - 450.00	100.00 - 130.00	18.00 - 20.00	35.00 - 38.00	500.00 - 650.00	260.00 - 300.00	150.00 - 180.00	-	140.00 - 160.00
	Nikaweratiya	140.00 - 170.00	400.00 - 470.00	140.00 - 170.00	-	38.00 - 41.00	500.00 - 600.00	380.00 - 450.00	300.00 - 300.00	-	70.00 - 100.00
	Dambulla	180.00 - 200.00	400.00 - 450.00	140.00 - 150.00	-	38.00 - 40.00	600.00 - 650.00	450.00 - 500.00	200.00 - 250.00	40.00 - 50.00	100.00 - 120.00
	Anuradhapura	180.00 - 200.00	440.00 - 480.00	150.00 - 160.00	24.00 - 28.00	30.00 - 35.00	630.00 - 720.00	450.00 - 580.00	-	-	120.00 - 180.00
	Thambuththegama	180.00 - 220.00	420.00 - 450.00	140.00 - 180.00	-	40.00 - 45.00	600.00 - 700.00	450.00 - 500.00	400.00 - 400.00	-	90.00 - 120.00
	Polonnaruwa	180.00 - 200.00	420.00 - 450.00	100.00 - 120.00	18.00 - 20.00	27.00 - 29.00	500.00 - 550.00	400.00 - 450.00	300.00 - 350.00	-	150.00 - 170.00
	Kaluthara	230.00 - 250.00	400.00 - 420.00	160.00 - 180.00	24.00 - 26.00	30.00 - 33.00	500.00 - 550.00	400.00 - 450.00	-	-	160.00 - 180.00
	Badulla	150.00 - 160.00	380.00 - 420.00	120.00 - 130.00	17.00 - 18.00	27.00 - 28.00	550.00 - 600.00	450.00 - 480.00	340.00 - 380.00	-	120.00 - 150.00
	Keppetipola	160.00 - 180.00	390.00 - 420.00	150.00 - 170.00	17.00 - 20.00	37.00 - 40.00	-	440.00 - 460.00	340.00 - 360.00	-	70.00 - 80.00
	Moneragala	120.00 - 140.00	250.00 - 280.00	80.00 - 120.00	15.00 - 16.00	18.00 - 20.00	670.00 - 700.00	-	-	-	90.00 - 120.00
	Kegalle	150.00 - 160.00	450.00 - 470.00	150.00 - 160.00	30.00 - 40.00	35.00 - 40.00	550.00 - 600.00	350.00 - 450.00	180.00 - 260.00	-	120.00 - 150.00
	Ampara	130.00 - 170.00	380.00 - 400.00	100.00 - 130.00	18.00 - 20.00	27.00 - 30.00	550.00 - 600.00	450.00 - 500.00	300.00 - 350.00	-	90.00 - 100.00
	Dehiattakandiya	180.00 - 200.00	340.00 - 360.00	160.00 - 180.00	-	41.00 - 50.00	680.00 - 750.00	550.00 - 600.00	300.00 - 370.00	-	200.00 - 220.00
	Nuwaraeliya	170.00 - 190.00	400.00 - 430.00	140.00 - 160.00	17.00 - 20.00	38.00 - 42.00	-	440.00 - 460.00	340.00 - 360.00	-	70.00 - 90.00
	Kandy	170.00 - 190.00	400.00 - 420.00	160.00 - 180.00	20.00 - 22.00	30.00 - 35.00	650.00 - 700.00	400.00 - 450.00	220.00 - 250.00	-	100.00 - 150.00
	Puttalam	140.00 - 150.00	350.00 - 400.00	140.00 - 160.00	16.00 - 18.00	-	-	400.00 - 450.00	250.00 - 300.00	20.00 - 25.00	-
	Rathnapura	190.00 - 200.00	380.00 - 400.00	180.00 - 200.00	-	-	600.00 - 650.00	300.00 - 400.00	100.00 - 150.00	-	100.00 - 120.00
	Hambantota	160.00 - 180.00	340.00 - 370.00	140.00 - 150.00	20.00 - 22.00	24.00 - 26.00	550.00 - 680.00	450.00 - 520.00	350.00 - 400.00	-	120.00 - 150.00
	Matara	160.00 - 180.00	350.00 - 380.00	145.00 - 160.00	20.00 - 22.00	28.00 - 31.00	600.00 - 660.00	540.00 - 580.00	350.00 - 400.00	-	100.00 - 130.00
	Galle	180.00 - 200.00	380.00 - 450.00	180.00 - 180.00	25.00 - 32.00	27.00 - 32.00	750.00 - 750.00	450.00 - 450.00	-	-	120.00 - 180.00
	Tissamaharama	130.00 - 150.00	300.00 - 340.00	100.00 - 120.00	-	-	500.00 - 500.00	380.00 - 380.00	250.00 250.00	-	90.00 - 100.00
	Meegoda (DEC)	180.00 - 180.00	400.00 - 400.00	150.00 - 160.00	-	35.00 - 35.00	760.00 - 800.00	-	-	-	70.00 - 90.00
	Embilipitiya	130.00 - 150.00	350.00 - 400.00	110.00 - 130.00	20.00 - 30.00	25.00 - 35.00	500.00 - 600.00	400.00 - 450.00	300.00 - 350.00	40.00 - 60.00	90.00 - 100.00
	Jaffna	100.00 - 150.00	250.00 - 300.00	120.00 - 150.00	-	-	750.00 - 800.00	-	-	-	130.00 - 180.00
Vavuniya	160.00 - 180.00	300.00 - 350.00	140.00 - 160.00	25.00 - 25.00	-	550.00 - 600.00	450.00 - 450.00	360.00 - 400.00	-	200.00 - 200.00	
Mannar	150.00 - 160.00	350.00 - 400.00	120.00 - 150.00	17.00 - 18.00	-	-	400.00 - 450.00	320.00 - 350.00	-	100.00 - 120.00	
Killinochchi	140.00 - 160.00	300.00 - 350.00	150.00 - 170.00	26.00 - 28.00	26.00 - 28.00	600.00 - 650.00	400.00 - 440.00	320.00 - 350.00	-	100.00 - 120.00	
Mullaittivu	150.00 - 160.00	280.00 - 300.00	120.00 - 150.00	-	-	-	-	-	-	100.00 - 120.00	
Batticaloa	180.00 - 200.00	400.00 - 400.00	150.00 - 160.00	25.00 - 25.00	-	-	400.00 - 400.00	-	-	150.00 - 150.00	
Trincomalee	150.00 - 165.00	340.00 - 360.00	150.00 - 170.00	28.00 - 29.00	26.00 - 36.00	-	400.00 - 440.00	220.00 - 280.00	-	100.00 - 140.00	
Veyangoda	180.00 - 230.00	450.00 - 480.00	160.00 - 180.00	22.00 - 28.00	30.00 - 38.00	550.00 - 580.00	400.00 - 450.00	320.00 - 350.00	-	120.00 - 150.00	
Galenbindunuwewa	150.00 - 190.00	300.00 - 320.00	120.00 - 150.00	25.00 - 30.00	30.00 - 35.00	810.00 - 900.00	675.00 - 750.00	540.00 - 600.00	-	130.00 - 140.00	
Bandarawela	180.00 - 200.00	380.00 - 400.00	120.00 - 140.00	18.00 - 20.00	28.00 - 30.00	-	480.00 - 520.00	380.00 - 420.00	-	140.00 - 160.00	
Matale	-	-	-	-	-	-	-	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango			Other Fruits															
	Vilad		Kohu	Papaw (Rs/Kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/Kg)		King Coconut	
Colombo	60.00 -	100.00	-	200.00 -	380.00	38.00 -	58.00	30.00 -	60.00	80.00 -	160.00	80.00 -	180.00	100.00 -	200.00	1700.00 -	2300.00	100.00 -	150.00
Gampaha	-		-	300.00 -	330.00	40.00 -	60.00	40.00 -	50.00	120.00 -	130.00	100.00 -	150.00	150.00 -	150.00	2300.00 -	2300.00	100.00 -	150.00
Kurunegala	80.00 -	100.00	-	150.00 -	200.00	40.00 -	50.00	50.00 -	60.00	80.00 -	100.00	80.00 -	100.00	-		2500.00 -	2500.00	100.00 -	100.00
Nikaweratiya	-		-	140.00 -	170.00	-		20.00 -	40.00	60.00 -	70.00	70.00 -	100.00	-		2400.00 -	2500.00	-	
Dambulla	40.00 -	50.00	20.00 - 25.00	200.00 -	230.00	25.00 -	30.00	35.00 -	40.00	60.00 -	80.00	130.00 -	150.00	80.00 -	100.00	2500.00 -	2600.00	80.00 -	90.00
Anuradhapura	-		-	180.00 -	240.00	-		25.00 -	50.00	100.00 -	130.00	90.00 -	140.00	100.00 -	130.00	2500.00 -	3000.00	100.00 -	120.00
Thambuththegama	-		-	180.00 -	230.00	-		-		70.00 -	80.00	-		-		2200.00 -	3000.00	60.00 -	80.00
Polonnaruwa	50.00 -	60.00	-	200.00 -	230.00	40.00 -	50.00	40.00 -	50.00	-		70.00 -	80.00	-		2800.00 -	2900.00	100.00 -	120.00
Kaluthara	70.00 -	80.00	-	260.00 -	280.00	45.00 -	50.00	50.00 -	60.00	80.00 -	100.00	110.00 -	120.00	70.00 -	80.00	2000.00 -	2200.00	120.00 -	130.00
Badulla	70.00 -	80.00	-	200.00 -	220.00	35.00 -	40.00	30.00 -	35.00	80.00 -	90.00	50.00 -	60.00	40.00 -	50.00	2500.00 -	2600.00	90.00 -	100.00
Keppetipola	60.00 -	70.00	-	160.00 -	180.00	33.00 -	36.00	22.00 -	25.00	75.00 -	85.00	85.00 -	100.00	50.00 -	60.00	-		90.00 -	100.00
Moneragala	-		-	200.00 -	220.00	-		10.00 -	13.00	70.00 -	80.00	70.00 -	80.00	40.00 -	60.00	-		80.00 -	100.00
Kegalle	-		-	200.00 -	220.00	20.00 -	30.00	40.00 -	50.00	80.00 -	100.00	80.00 -	120.00	60.00 -	80.00	2000.00 -	2100.00	80.00 -	100.00
Ampara	50.00 -	60.00	-	200.00 -	220.00	-		20.00 -	25.00	-		-		-		-		110.00 -	120.00
Dehiattakandiya	40.00 -	50.00	-	200.00 -	240.00	-		30.00 -	50.00	-		-		-		2800.00 -	3200.00	100.00 -	120.00
Nuwaraeliya	70.00 -	80.00	-	170.00 -	190.00	34.00 -	38.00	24.00 -	28.00	85.00 -	95.00	100.00 -	110.00	65.00 -	80.00	2700.00 -	2800.00	90.00 -	100.00
Kandy	60.00 -	80.00	-	250.00 -	280.00	38.00 -	40.00	35.00 -	50.00	80.00 -	90.00	100.00 -	120.00	70.00 -	80.00	2200.00 -	2300.00	100.00 -	120.00
Puttalam	-		-	150.00 -	240.00	40.00 -	45.00	-		60.00 -	70.00	70.00 -	75.00	-		-		80.00 -	90.00
Hambantota	-		-	150.00 -	170.00	-		25.00 -	30.00	100.00 -	120.00	-		-		2000.00 -	2000.00	70.00 -	80.00
Rathnapura	50.00 -	60.00	-	150.00 -	160.00	-		50.00 -	60.00	80.00 -	100.00	-		50.00 -	70.00	2000.00 -	2200.00	100.00 -	120.00
Matara	-		-	180.00 -	200.00	33.00 -	35.00	23.00 -	25.00	90.00 -	110.00	75.00 -	85.00	33.00 -	40.00	2000.00 -	2100.00	85.00 -	100.00
Galle	120.00 -	120.00	-	200.00 -	250.00	50.00 -	50.00	30.00 -	40.00	120.00 -	120.00	140.00 -	180.00	80.00 -	100.00	2500.00 -	2500.00	80.00 -	100.00
Tissamaharama	-		-	180.00 -	200.00	-		10.00 -	12.00	80.00 -	90.00	-		-		-		80.00 -	100.00
Meegoda (DEC)	-		-	240.00 -	260.00	-		35.00 -	40.00	-		-		40.00 -	45.00	2000.00 -	2500.00	100.00 -	100.00
Embilipitiya	25.00 -	50.00	15.00 - 25.00	180.00 -	200.00	25.00 -	30.00	30.00 -	50.00	90.00 -	110.00	90.00 -	110.00	20.00 -	30.00	2000.00 -	2300.00	90.00 -	120.00
Jaffna	90.00 -	120.00	-	70.00 -	80.00	-		20.00 -	35.00	60.00 -	80.00	-		-		3200.00 -	3500.00	120.00 -	150.00
Vavuniya	-		-	180.00 -	190.00	35.00 -	40.00	20.00 -	25.00	85.00 -	90.00	90.00 -	120.00	-		-		100.00 -	120.00
Mannar	40.00 -	50.00	-	150.00 -	160.00	-		14.00 -	16.00	-		70.00 -	90.00	-		-		120.00 -	150.00
Killinochchi	40.00 -	50.00	-	100.00 -	140.00	-		20.00 -	30.00	-		-		-		2800.00 -	3000.00	100.00 -	120.00
Mullaittivu	60.00 -	65.00	-	100.00 -	120.00	-		20.00 -	25.00	-		-		-		-		100.00 -	120.00
Batticaloa	-		-	200.00 -	200.00	45.00 -	45.00	30.00 -	30.00	-		120.00 -	120.00	-		2400.00 -	2400.00	120.00 -	120.00
Trincomalee	40.00 -	50.00	-	150.00 -	165.00	42.00 -	48.00	25.00 -	30.00	-		60.00 -	70.00	-		2350.00 -	2450.00	120.00 -	140.00
Veyangoda	-		-	220.00 -	260.00	45.00 -	50.00	40.00 -	45.00	80.00 -	100.00	80.00 -	90.00	85.00 -	90.00	2000.00 -	3000.00	100.00 -	150.00
Galenbindunuwewa	-		-	150.00 -	160.00	-		-		-		120.00 -	160.00	-		2000.00 -	2500.00	-	
Bandarawela	50.00 -	60.00	30.00 - 40.00	200.00 -	240.00	50.00 -	60.00	40.00 -	50.00	80.00 -	100.00	60.00 -	80.00	60.00 -	80.00	2500.00 -	2600.00	100.00 -	120.00
Matale	-		-	-		-		-		-		-		-		-		-	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 46: 11 - 17 November 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	280.00 – 500.00	450.00 – 620.00	500.00 – 800.00	800.00 – 1350.00	1750.00 – 2600.00	950.00 – 1200.00
Kandy	400.00 – 450.00	680.00 – 700.00	800.00 – 950.00	1200.00 – 1300.00	2200.00 – 2300.00	900.00 – 1100.00
Kaluthara	420.00 – 440.00	660.00 – 720.00	620.00 – 650.00	1050.00 – 1150.00	–	1220.00 – 1270.00
Puttalam	350.00 – 420.00	580.00 – 650.00	520.00 – 570.00	1800.00 – 1900.00	–	1150.00 – 1250.00
Matara	260.00 – 300.00	–	800.00 – 860.00	1450.00 – 1550.00	–	–
Hambantota	250.00 – 300.00	680.00 – 700.00	700.00 – 800.00	1200.00 – 1300.00	–	–
Galle	–	–	550.00 – 650.00	850.00 – 1000.00	–	750.00 – 800.00
Batticaloa	400.00 – 400.00	600.00 – 700.00	1150.00 – 1200.00	2000.00 – 2100.00	2000.00 – 2000.00	1600.00 – 1700.00
Trincomalee	–	350.00 – 400.00	600.00 – 650.00	950.00 – 1050.00	2000.00 – 2050.00	1550.00 – 1600.00
Mannar	150.00 – 160.00	280.00 – 300.00	–	–	–	800.00 – 900.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	750.00 – 900.00	1350.00 – 1600.00	1600.00 – 2600.00	–	50.00 – 50.00	49.00 – 50.00
Kandy	900.00 – 1000.00	1400.00 – 1450.00	2000.00 – 2100.00	–	–	–
Kaluthara	–	–	1800.00 – 1900.00	–	–	–
Puttalam	1400.00 – 1450.00	1250.00 – 1400.00	1750.00 – 1850.00	–	–	49.00 – 49.00
Matara	–	1850.00 – 1900.00	1950.00 – 2000.00	–	–	–
Hambantota	–	–	–	–	–	–
Galle	700.00 – 700.00	–	–	–	–	48.50 – 49.00
Batticaloa	–	1500.00 – 1600.00	1800.00 – 2000.00	–	–	–
Trincomalee	–	800.00 – 900.00	2050.00 – 2150.00	–	48.00 – 50.00	46.00 – 48.00
Mannar	–	950.00 – 1000.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 46: 11 - 17 November 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	42500 – 55000	–	–	84000 – 98000	37500 – 41000	–
Kandy	85000 – 90000	–	–	105000 – 107500	50000 – 52500	–
Batticaloa	73000 – 75000	99500 – 100000	–	100000 – 105000	–	55000 – 56500
Trincomalee	72000 – 72500	–	–	98000 – 98000	60000 – 61000	68250 – 69000
Mannar	75000 – 76000	100000 – 105000	–	–	47500 – 50000	47500 – 50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	55000 – 62500	–	30000 – 35000	42500 – 55000	82500 – 87500	–
Kandy	–	–	–	55000 – 65000	85000 – 87500	–
Batticaloa	55000 – 55500	–	35000 – 40000	77500 – 80000	–	–
Trincomalee	68250 – 69000	–	36000 – 36500	75500 – 76000	–	–
Mannar	57500 – 60000	57500 – 60000	27000 – 28000	47500 – 50000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	82500 – 95000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 46: 11 - 17 November 2022

LOCATIONS	Sea Fish									Eggs										
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	400.00	900.00	600.00	1000.00	900.00	1600.00	1560.00	2800.00	2200.00	3600.00	1200.00	2600.00	1200.00	1300.00	2100.00	3200.00	53.00	55.00	50.00	53.00
Gampaha	400.00	600.00		-		-		-		-		-		-	2400.00	2400.00	-		-	
Kurunegala	440.00	480.00	600.00	680.00	1400.00	1500.00	1800.00	1800.00	-		1600.00	1700.00	1700.00	1700.00	2400.00	2400.00	-		48.00	50.00
Nikaweratiya	500.00	500.00	900.00	900.00	900.00	1000.00	2000.00	2200.00	-		1700.00	1700.00		-		-	-		50.00	55.00
Dambulla	300.00	360.00	800.00	900.00	900.00	1000.00	1800.00	1900.00	-		1600.00	1700.00	1600.00	1700.00	2300.00	2400.00	53.00	54.00	52.00	53.00
Anuradhapura	480.00	500.00	900.00	950.00	1100.00	1200.00	1800.00	2000.00	2500.00	2600.00	1100.00	1500.00	1600.00	1700.00	2700.00	2800.00	-		50.00	50.00
Thambuththegama	400.00	400.00	1000.00	1000.00	1000.00	1000.00	2200.00	2200.00		-	1200.00	1200.00		-	2800.00	3000.00	-		50.00	55.00
Polonnaruwa	650.00	700.00	1000.00	1000.00	1400.00	1500.00	1900.00	2000.00	2400.00	2500.00	1600.00	1700.00	1700.00	1800.00	2200.00	2200.00	52.00	52.00	50.00	50.00
Kaluthara	550.00	600.00	860.00	900.00	850.00	960.00	2000.00	2100.00		-	1800.00	1900.00		-	2600.00	2700.00	-		-	
Badulla	500.00	600.00	800.00	900.00	1400.00	1500.00	1800.00	1900.00		-	1600.00	1800.00	1600.00	1700.00	2300.00	2400.00	-		50.00	52.00
Keppetipola	580.00	600.00	760.00	780.00	1000.00	1200.00	1700.00	1800.00		-	1800.00	1900.00	1400.00	1500.00	2000.00	2100.00	55.00	56.00	54.00	55.00
Moneragala	500.00	550.00	900.00	1000.00	1000.00	1100.00		-		-		-		-	2700.00	2800.00	-		50.00	50.00
Kegalle	600.00	700.00	950.00	1000.00	1300.00	1400.00	2100.00	2200.00	2500.00	2700.00		-	1600.00	1750.00	2350.00	2400.00	53.00	55.00	50.00	50.00
Ampara	500.00	600.00		-	1600.00	2000.00	2400.00	2400.00	2400.00	2400.00	1600.00	1600.00		-	2800.00	2800.00	-		50.00	55.00
Dehiattakandiya	300.00	400.00	600.00	800.00	700.00	860.00	2000.00	2000.00	2000.00	2000.00	1200.00	1200.00		-		-	50.00	50.00	50.00	50.00
Nuwaraeliya	560.00	600.00	760.00	800.00	1100.00	1300.00	2100.00	2300.00	2600.00	2700.00	1700.00	1900.00	1600.00	1700.00	2000.00	2200.00	55.00	56.00	54.00	55.00
Kandy	600.00	650.00	780.00	800.00	1000.00	1050.00	1900.00	1950.00	2600.00	2700.00	1400.00	1500.00	1450.00	1500.00	2450.00	2500.00	-		-	
Puttalam	450.00	550.00	620.00	720.00	600.00	650.00	1850.00	2000.00		-	1300.00	1400.00	1500.00	1600.00	1800.00	2000.00	-		50.00	50.00
Hambantota	400.00	450.00	900.00	1000.00	1400.00	1400.00	1800.00	2000.00		-		-		-		-	-		-	
Rathnapura	480.00	520.00	860.00	900.00	1160.00	1200.00	1900.00	2000.00	2500.00	2700.00	1300.00	1400.00	1360.00	1450.00	2500.00	2600.00	-		49.00	50.00
Matara	400.00	420.00		-	1200.00	1300.00	1800.00	2000.00		-	1900.00	2000.00		-	2350.00	2400.00	-		-	
Galle	400.00	450.00	600.00	800.00	1200.00	1600.00	2000.00	2200.00	2000.00	2400.00	2000.00	2400.00	1500.00	1600.00	2000.00	2400.00	50.00	50.00	50.00	50.00
Tissamaharama		-		-	800.00	1000.00		-		-		-		-		-	-		-	
Meegoda	560.00	600.00		-		-		-		-		-		-	3000.00	3000.00	-		50.00	50.00
Embilipitiya	400.00	500.00	800.00	900.00	1300.00	1450.00	1800.00	2000.00	2000.00	2100.00	1400.00	1500.00	1400.00	1500.00	2100.00	2200.00	52.00	54.00	50.00	53.00
Jaffna		-	1000.00	1200.00	1000.00	1500.00		-		-	1450.00	1500.00		-		-	50.00	51.00	49.00	51.00
Vavuniya	600.00	700.00	800.00	800.00		-	2300.00	2400.00	1900.00	2000.00	1800.00	1800.00	2400.00	2400.00	2650.00	2800.00	52.00	52.00	50.00	50.00
Mannar	200.00	250.00	400.00	450.00		-		-		-	1000.00	1100.00		-		-	-		50.00	50.00
Killinochchi	400.00	450.00		-	800.00	850.00		-		-	1000.00	1200.00		-		-	-		54.00	55.00
Mullaittivu	350.00	400.00	800.00	800.00	700.00	800.00		-		-	1400.00	1500.00	1200.00	1200.00		-	-		54.00	55.00
Batticaloa	500.00	500.00	1000.00	1000.00	1800.00	1800.00	2600.00	2800.00	2800.00	2800.00	2400.00	2600.00		-	2600.00	2600.00	55.00	56.00	55.00	56.00
Trincomalee	400.00	550.00	650.00	750.00	650.00	750.00		-	2000.00	2100.00	1550.00	1650.00		-	2200.00	2300.00	49.00	50.00	-	
Veyangoda	720.00	720.00	800.00	800.00		-	2000.00	2000.00	2400.00	2400.00		-		-	2400.00	2400.00	-		50.00	50.00
Galenbindunuwewa	500.00	500.00		-	1000.00	1000.00	2000.00	2000.00	3000.00	3000.00	1500.00	1500.00	1400.00	1400.00	2200.00	2200.00	-		-	
Bandarawela	500.00	600.00	800.00	900.00	1300.00	1400.00	1800.00	2000.00		-	1600.00	1800.00	1600.00	1700.00	2200.00	2300.00	53.00	55.00	50.00	52.00
Matale		-		-		-		-		-		-		-		-	-		-	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 46: 11 - 17 November 2022

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1300.00 – 1800.00	2000.00 – 2900.00	3300.00 – 3800.00	2300.00 – 3000.00	1300.00 – 2100.00	2200.00 – 2800.00	900.00 – 1400.00						
Gampaha	1200.00 – 1600.00	2400.00 – 2600.00	3200.00 – 3400.00	2400.00 – 2400.00	1400.00 – 1600.00	2000.00 – 2400.00	1000.00 – 1200.00						
Kurunegala	1400.00 – 1600.00	2400.00 – 2500.00	–	2400.00 – 2500.00	1400.00 – 1500.00	2000.00 – 2200.00	800.00 – 900.00						
Nikaweratiya	1300.00 – 1600.00	2400.00 – 2400.00	–	2000.00 – 2400.00	1200.00 – 1400.00	2400.00 – 2400.00	1000.00 – 1200.00						
Dambulla	1500.00 – 1800.00	2500.00 – 2600.00	–	2500.00 – 2600.00	1300.00 – 1400.00	2200.00 – 2500.00	–						
Anuradhapura	1400.00 – 1600.00	2400.00 – 2500.00	–	2400.00 – 2600.00	1600.00 – 1800.00	2800.00 – 2800.00	950.00 – 1000.00						
Thambuththegama	1280.00 – 1280.00	2200.00 – 2200.00	–	–	1100.00 – 1300.00	–	–						
Polonnaruwa	1600.00 – 1900.00	2800.00 – 2900.00	–	2700.00 – 2800.00	1400.00 – 1600.00	–	–						
Kaluthara	1800.00 – 2000.00	2600.00 – 2800.00	–	2600.00 – 2800.00	1800.00 – 2000.00	–	1200.00 – 1400.00						
Badulla	1400.00 – 1600.00	2400.00 – 2600.00	–	2400.00 – 2500.00	1500.00 – 1600.00	–	1200.00 – 1300.00						
Keppetipola	1800.00 – 1900.00	2600.00 – 2700.00	–	2300.00 – 2400.00	1400.00 – 1500.00	2400.00 – 2500.00	1100.00 – 1200.00						
Moneragala	1300.00 – 1500.00	2500.00 – 2600.00	–	2500.00 – 2600.00	1500.00 – 1600.00	2500.00 – 2600.00	–						
Kegalle	1400.00 – 1450.00	2400.00 – 2500.00	–	2400.00 – 2500.00	1200.00 – 1500.00	–	–						
Ampara	1500.00 – 1800.00	2200.00 – 2400.00	–	–	1600.00 – 1800.00	–	900.00 – 900.00						
Dehiattakandiya	1200.00 – 1500.00	3000.00 – 3000.00	–	2400.00 – 2600.00	1200.00 – 1200.00	–	–						
Nuwaraeliya	1750.00 – 1800.00	2600.00 – 2700.00	–	2400.00 – 2600.00	1600.00 – 1700.00	2200.00 – 2300.00	1100.00 – 1200.00						
Kandy	1500.00 – 1800.00	2500.00 – 2600.00	–	2400.00 – 2500.00	1600.00 – 1700.00	2500.00 – 2600.00	–						
Puttalam	1200.00 – 1400.00	1800.00 – 2400.00	–	2400.00 – 2800.00	1200.00 – 1400.00	1200.00 – 1400.00	800.00 – 920.00						
Hambantota	1600.00 – 1800.00	2300.00 – 2500.00	–	–	1200.00 – 1300.00	–	–						
Rathnapura	1200.00 – 1440.00	2400.00 – 2600.00	3000.00 – 3000.00	2200.00 – 2300.00	–	2400.00 – 2440.00	740.00 – 800.00						
Matara	1500.00 – 1700.00	2400.00 – 2500.00	–	2600.00 – 2700.00	1150.00 – 1300.00	2000.00 – 2150.00	–						
Galle	1500.00 – 1800.00	2300.00 – 2500.00	–	2200.00 – 2200.00	1000.00 – 1200.00	2200.00 – 2500.00	–						
Tissamaharama	1300.00 – 1600.00	–	–	–	1100.00 – 1200.00	–	–						
Meegoda	1200.00 – 1400.00	2400.00 – 2600.00	–	2400.00 – 2400.00	1400.00 – 1600.00	2600.00 – 2600.00	1000.00 – 1000.00						
Embilipitiya	1400.00 – 1700.00	2450.00 – 2600.00	–	2450.00 – 2550.00	1350.00 – 1600.00	2450.00 – 2600.00	1000.00 – 1300.00						
Jaffna	1400.00 – 1500.00	–	–	–	–	–	–						
Vavuniya	1200.00 – 1250.00	–	–	2400.00 – 2450.00	1400.00 – 1450.00	1400.00 – 1400.00	1200.00 – 1200.00						
Mannar	1600.00 – 1650.00	2200.00 – 2400.00	–	–	1200.00 – 1300.00	1100.00 – 1200.00	600.00 – 700.00						
Killinochchi	1500.00 – 1600.00	3000.00 – 3000.00	–	3000.00 – 3000.00	2000.00 – 2200.00	–	980.00 – 1000.00						
Mullaittivu	1800.00 – 2000.00	2800.00 – 3000.00	–	2800.00 – 3000.00	2000.00 – 2000.00	1500.00 – 2000.00	700.00 – 1000.00						
Batticaloa	1500.00 – 1600.00	2100.00 – 2200.00	–	2200.00 – 2400.00	–	1200.00 – 1400.00	800.00 – 900.00						
Trincomalee	1600.00 – 1680.00	–	–	–	1200.00 – 1250.00	1400.00 – 1450.00	650.00 – 750.00						
Veyangoda	1200.00 – 1500.00	2000.00 – 2400.00	–	2500.00 – 2800.00	1100.00 – 1200.00	2000.00 – 2200.00	800.00 – 1000.00						
Galenbindunuwewa	1400.00 – 1600.00	2200.00 – 2600.00	–	2400.00 – 2600.00	1400.00 – 1600.00	2000.00 – 2400.00	800.00 – 1000.00						
Bandarawela	1400.00 – 1600.00	2500.00 – 2600.00	–	2400.00 – 2500.00	1400.00 – 1500.00	–	1200.00 – 1300.00						
Matale	–	–	–	–	–	–	–						

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 46: 11 - 17 November 2022**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 - 2200.00	1080.00 - 1260.00	-	2700.00 - 3300.00	1450.00 - 2000.00
Gampaha	-	1200.00 - 1250.00	-	3000.00 - 3000.00	1600.00 - 1600.00
Kurunegala	1900.00 - 1950.00	1150.00 - 1200.00	-	2600.00 - 2600.00	1500.00 - 1600.00
Nikaweratiya	1800.00 - 1800.00	1090.00 - 1150.00	-	-	-
Dambulla	-	1150.00 - 1200.00	-	-	-
Anuradhapura	1900.00 - 2000.00	960.00 - 1100.00	-	2900.00 - 3000.00	1500.00 - 1600.00
Thambuththegama	1800.00 - 2000.00	980.00 - 1150.00	-	-	1500.00 - 1600.00
Polonnaruwa	1850.00 - 2000.00	1350.00 - 1380.00	-	2600.00 - 2900.00	1600.00 - 1800.00
Kaluthara	-	1220.00 - 1240.00	1240.00 - 1260.00	-	-
Badulla	1800.00 - 2000.00	1250.00 - 1380.00	1450.00 - 1500.00	2600.00 - 2800.00	-
Keppetipola	1900.00 - 2000.00	1200.00 - 1300.00	1250.00 - 1350.00	2800.00 - 2900.00	-
Moneragala	1800.00 - 1800.00	1000.00 - 1100.00	-	-	1600.00 - 1700.00
Kegalle	1850.00 - 1950.00	1280.00 - 1320.00	-	2800.00 - 2800.00	1800.00 - 1900.00
Ampara	2000.00 - 2000.00	1200.00 - 1300.00	-	-	1500.00 - 1500.00
Dehiattakandiya	-	1100.00 - 1200.00	1200.00 - 1300.00	-	1600.00 - 1800.00
Nuwaraeliya	2000.00 - 2100.00	1250.00 - 1300.00	1300.00 - 1360.00	2800.00 - 2900.00	1600.00 - 1700.00
Kandy	1900.00 - 2000.00	1060.00 - 1100.00	1450.00 - 1500.00	2600.00 - 2700.00	-
Puttalam	2000.00 - 2000.00	980.00 - 1200.00	-	2800.00 - 2800.00	-
Hambantota	-	1170.00 - 1200.00	-	-	-
Rathnapura	1800.00 - 1820.00	1000.00 - 1060.00	1500.00 - 1500.00	2950.00 - 3000.00	1560.00 - 1600.00
Matara	-	1170.00 - 1180.00	-	-	-
Galle	2000.00 - 2000.00	1080.00 - 1150.00	1350.00 - 1450.00	3000.00 - 3000.00	-
Tissamaharama	-	1200.00 - 1200.00	-	2800.00 - 2800.00	1800.00 - 1800.00
Meegoda	-	1050.00 - 1100.00	-	-	1650.00 - 1650.00
Embilipitiya	2100.00 - 2200.00	980.00 - 1200.00	1150.00 - 1200.00	2900.00 - 3000.00	1700.00 - 1850.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2500.00 - 2600.00	-
Vavuniya	1800.00 - 1850.00	1450.00 - 1500.00	-	2600.00 - 2700.00	-
Mannar	1400.00 - 1600.00	1400.00 - 1400.00	-	-	-
Killinochchi	1800.00 - 1800.00	1400.00 - 1400.00	1800.00 - 1800.00	2800.00 - 2800.00	-
Mullaitivu	1600.00 - 1600.00	1500.00 - 1500.00	-	-	-
Batticaloa	-	1400.00 - 1500.00	1500.00 - 1500.00	-	-
Trincomalee	1600.00 - 1700.00	1100.00 - 1150.00	-	-	-
Veyangoda	1900.00 - 1900.00	1100.00 - 1130.00	1250.00 - 1250.00	2600.00 - 2800.00	1500.00 - 1500.00
Galenbindunuwewa	1700.00 - 1750.00	1140.00 - 1150.00	-	-	-
Bandarawela	2000.00 - 2200.00	1200.00 - 1300.00	1400.00 - 1500.00	2800.00 - 3000.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 46: 11 - 17 November 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	85.00 - 90.00	87.83	87.10	74.80	0.84	17.42
Samba 1	215.00 - 225.00	219.50	219.60		-0.05		Small	76.00 - 78.00	77.67	77.00	65.17	0.87	19.18
Samba 2	210.00 - 215.00	212.00	214.00	145.20	-0.93	46.01							
Keeri Samba	225.00 - 240.00	232.50	234.00	211.50	-0.64	9.93	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	205.00 - 212.00	209.20	211.10	131.00	-0.90	59.69	<u>Plantain</u>						
Nadu 2	200.00 - 208.00	203.30	205.90	126.80	-1.26	60.33	Ambul (Rs/Kg)	120.00 - 200.00	156.67	160.00	55.00	-2.08	184.85
Raw (Red)	200.00 - 210.00	205.30	206.80	106.90	-0.73	92.05	Kolikuttu (Rs/Kg)	350.00 - 380.00	359.17	366.15	130.00	-1.91	176.28
Raw (White)	190.00 - 200.00	196.10	197.80	124.40	-0.86	57.64	Seeni (Rs/Kg)	100.00 - 140.00	114.17	115.38	62.50	-1.06	82.67
<u>Imported</u>							Anamalu	16.00 - 19.00	17.17	17.50	11.00	-1.90	56.06
Samba	185.00 - 195.00	187.91	187.30	148.33	0.33	26.68	Ambun	19.00 - 22.00	20.17	20.50	13.33	-1.63	51.25
Nadu	162.00 - 165.00	164.70	168.30		-2.14		Papaw(Rs/Kg)	150.00 - 300.00	220.00	199.23	96.92	10.42	126.98
Raw (Red)	-						Passion Fruit	30.00 - 35.00	32.89	37.45	7.00	-12.19	369.84
Raw (White)	153.00 - 160.00	156.00	156.80		-0.51		Pineapple Large	450.00 - 470.00	458.00	500.00	194.00	-8.40	136.08
<u>Dried Chillies</u>							Pineapple Medium	360.00 - 400.00	376.00	400.00	146.00	-6.00	157.53
Imported	1550.00 - 1650.00	1605.00	1553.00	497.00	3.35	222.94	Pineapple Small	280.00 - 320.00	296.00	300.00	96.00	-1.33	208.33
<u>Onion</u>							<u>Mango</u>						
Sinnan	-			201.25			Betti	-					
Vedalan	550.00 - 620.00	575.56	589.17	272.78	-2.31	111.00	Karthakolomban	80.00 - 140.00	106.00	114.17	58.00	-7.15	82.76
Imported	500.00 - 550.00	521.11	525.45	254.44	-0.83	104.80	Vilad	50.00 - 70.00	58.75	60.00	25.00	-2.08	135.00
<u>Big Onion</u>							Kohu	-					
Imported	270.00 - 290.00	280.50	241.50	128.13	16.15	118.93	<u>Other</u>						
Local	320.00 - 340.00	330.00	258.57	162.86	27.62	102.63	Wood Apple	12.00 - 20.00	16.00	15.38	9.00	4.00	77.78
<u>Potato</u>							Orange	70.00 - 130.00	92.73	68.75	55.00	34.88	68.60
Welimada	290.00 - 310.00	300.00	295.00	177.50	1.69	69.01	Avocado	70.00 - 120.00	90.83	82.86	74.75	9.63	21.52
N'Eliya	320.00 - 330.00	325.00	315.00	205.00	3.17	58.54	Slime Apple	30.00 - 60.00	41.91	36.55	37.00	14.68	13.27
Imported	160.00 - 220.00	178.00	182.00	163.30	-2.20	9.00	Grapes (Imp., Rs/Kg)	1200.00 - 1700.00	1385.71	1600.00	881.22	-13.39	57.25
<u>Pulses</u>							King Coconut	75.00 - 120.00	97.22	102.50	56.25	-5.15	72.84
Green Gram	1000.00 - 1100.00	1057.50	1076.50	406.50	-1.76	160.15	<u>Sea Fish</u>						
Cowpea (White)	880.00 - 1050.00	940.00	885.71	492.22	6.13	90.97	Salaya	280.00 - 500.00	389.00	435.00	175.00	-10.57	122.29
Cowpea (Red)	925.00 - 1000.00	959.00	945.71	291.11	1.40	229.43	Hurulla	450.00 - 620.00	525.00	627.00	371.67	-16.27	41.26
Red Dhal	355.00 - 360.00	357.20	357.00	221.80	0.06	61.05	Balaya	500.00 - 800.00	650.00	582.22	427.14	11.64	52.17
<u>Vegetable</u>							Kelawalla	800.00 - 1350.00	1067.00	1203.00	735.00	-11.31	45.17
Beans (Butter)	-						Thora	1750.00 - 2600.00	2090.00	1940.00	1382.86	7.73	51.14
Beans(Green)	300.00 - 400.00	346.00	323.00	390.00	7.12	-11.28	Paraw	950.00 - 1200.00	1103.00	951.11	792.86	15.97	39.12
Carrot	300.00 - 370.00	340.00	298.00	224.00	14.09	51.79	Mora	750.00 - 900.00	816.00	783.33	670.00	4.17	21.79
Leeks	200.00 - 260.00	230.00	200.00	219.00	15.00	5.02	Shrimps	1350.00 - 1600.00	1474.00	1490.00	1078.57	-1.07	36.66
Beetroot	220.00 - 280.00	243.33	239.00	76.36	1.81	218.65	Thalapath	1600.00 - 2600.00	1990.00	1890.00	958.33	5.29	107.65
Knolkhol	180.00 - 220.00	202.00	189.00	139.00	6.88	45.32	<u>Eggs</u>						
Raddish	100.00 - 140.00	120.91	118.00	120.00	2.47	0.76	Brown	50.00 - 50.00	50.00	50.00	21.20	0.00	135.85
Cabbage	150.00 - 200.00	162.00	165.00	130.00	-1.82	24.62	White	49.00 - 50.00	49.75	49.50	19.13	0.51	160.13
Tomato	330.00 - 380.00	368.33	365.00	272.00	0.91	35.42	<u>Dried Fish</u>						
Ladies Fingers	100.00 - 150.00	129.00	130.00	149.00	-0.77	-13.42	Sprats	850.00 - 1100.00	926.00	1192.00	1211.25	-22.32	-23.55
Brinjal	300.00 - 370.00	336.00	310.00	153.00	8.39	119.61	Sprats (Imported)	850.00 - 1100.00	978.33	1064.17	570.00	-8.07	71.64
Capsicum	700.00 - 750.00	721.00	755.00	394.00	-4.50	82.99	Kattawa	-			1200.00		
Pumpkin	120.00 - 150.00	130.00	134.00	45.50	-2.99	185.71	Kattawa (Imported)	1650.00 - 1750.00	1690.00	1692.00		-0.12	
Cucumber	40.00 - 60.00	51.00	38.00	79.00	34.21	-35.44	Thora	-					
Bitter Gourd	350.00 - 400.00	376.00	374.00	338.00	0.53	11.24	Thora (Imported)	-					
Snake Gourd	280.00 - 300.00	296.36	294.00	192.00	0.80	54.36	Mora	1680.00 - 1960.00	1809.00	1872.00	1291.43	-3.37	40.08
Drumstick	200.00 - 350.00	285.00	186.00	240.00	53.23	18.75	Mora (Imported)	-					
Luffa	180.00 - 220.00	200.00	186.00	180.00	7.53	11.11	Balaya	750.00 - 820.00	780.00	833.00	704.29	-6.36	10.75
Long Beans	150.00 - 200.00	180.00	191.00	197.00	-5.76	-8.63	Balaya (Imported)	-					
Ash Plantain	180.00 - 200.00	192.00	189.00	46.00	1.59	317.39	Anguluwa	-					
Green Chillies	140.00 - 200.00	172.00	174.00	153.00	-1.15	12.42	Anguluwa (Imported)	1650.00 - 1900.00	1761.25	1783.33		-1.24	
Lime	350.00 - 450.00	401.00	421.00	408.00	-4.75	-1.72	Maduwa	1100.00 - 1250.00	1176.67	1180.00	686.67	-0.28	71.36
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	120.00 - 150.00	135.00	140.00	81.00	-3.57	66.67	Koduwa	-					
Manioc	90.00 - 110.00	98.00	95.00	25.50	3.16	284.31	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	600.00 - 700.00	663.75	742.00	328.75	-10.55	101.90
Mukunuwenna	55.00 - 60.00	57.00	58.50	32.20	-2.56	77.02	Salaya (Imported)	-					
Kankun	55.00 - 60.00	57.00	58.50	32.20	-2.56	77.02							
Gotukola (Rs/Kg)	220.00 - 240.00	228.00	234.00	95.00	-2.56	140.00							

This Week: Week 46: 11 - 17 November 2022

Last Week: Week 45: 04 - 10 November 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 46: 11 - 17 November 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	100.00 - 120.00	107.50	106.11	93.61	1.39	14.84
Samba 1	220.00 - 240.00	231.21	233.45	164.31	-2.24	40.72	Small	80.00 - 95.00	88.40	87.20	77.36	1.20	14.27
Samba 2	210.00 - 230.00	223.00	224.48	152.86	-1.48	45.89							
Keeri Samba	250.00 - 270.00	260.14	262.00	234.75	-1.86	10.82	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	220.00 - 230.00	224.19	224.14	142.97	0.06	56.81	Plantain						
Nadu 2	210.00 - 220.00	217.39	218.75	134.52	-1.36		Ambul (Rs/Kg)	140.00 - 240.00	195.28	198.29	106.94	-3.01	82.60
Raw (Red)	220.00 - 230.00	224.33	224.53	120.47	-0.20	86.22	Kolikuttu (Rs/Kg)	400.00 - 450.00	430.86	434.85	211.94	-3.99	103.29
Raw (White)	210.00 - 230.00	219.39	219.66	131.51	-0.26	66.82	Seeni (Rs/Kg)	140.00 - 220.00	180.56	184.57	120.83	-4.02	49.43
Imported							Anamalu	20.00 - 28.00	24.56	25.12	18.50	-0.56	32.73
Samba	190.00 - 220.00	205.00	204.29	162.50	0.71	26.15	Ambun	24.00 - 35.00	29.47	30.12	23.36	-0.65	26.16
Nadu	180.00 - 200.00	192.81	193.33		-0.52		Papaw(Rs/Kg)	200.00 - 380.00	301.00	287.67	161.82	13.33	86.01
Raw (Red)	-						Passion Fruit	38.00 - 58.00	50.73	52.45	19.52	-1.71	159.96
Raw (White)	170.00 - 190.00	180.28	180.17		0.11		Pineapple Large	500.00 - 650.00	559.11	689.06	253.03	-129.95	120.97
<u>Dried Chillies</u>							Pineapple Medium	420.00 - 460.00	447.62	577.78	184.67	-130.16	142.39
Imported	1650.00 - 2000.00	1907.14	1851.61	591.50	55.53	222.42	Pineapple Small	300.00 - 400.00	365.71	450.00	137.93	-84.29	165.14
<u>Onion</u>							Mango						
Sinnan	-		490.45	296.21			Betti	-					
Vedalan	580.00 - 800.00	683.33	687.14	325.80	-3.81	109.74	Karthakolomban	80.00 - 200.00	126.79	141.15	98.46	-14.37	28.77
Imported	550.00 - 680.00	606.88	538.08	376.31	68.80	61.27	Vilad	60.00 - 100.00	73.33	86.67	61.25	-13.33	19.73
<u>Big Onion</u>							Kohu	-					
Imported	280.00 - 360.00	312.90	283.57	170.25	29.33	83.79	<u>Other</u>						
Local	280.00 - 380.00	337.06	308.57	199.47	28.49	68.97	Wood Apple	30.00 - 60.00	46.18	44.55	40.63	1.63	13.67
<u>Potato</u>							Orange	80.00 - 160.00	127.62	92.73	66.50	34.89	91.91
Welimada	320.00 - 400.00	365.63	357.04	200.25	8.59	82.58	Avocado	80.00 - 180.00	132.61	126.79	96.40	5.82	37.56
N'Eliya	400.00 - 480.00	436.77	435.52	255.41	1.26	71.01	Slime Apple	100.00 - 200.00	155.83	148.75	87.50	7.08	78.10
Imported	200.00 - 280.00	251.76	244.14	178.72	7.63	40.87	Grapes (Imp., Rs/Kg)	1700.00 - 2300.00	2000.00	1980.00	1278.57	20.00	56.42
<u>Pulses</u>							King Coconut	100.00 - 150.00	129.50	130.53	70.91	-1.03	82.63
Green Gram	1100.00 - 1300.00	1225.76	1261.54	558.68	-35.78	119.40							
Cowpea (White)	1000.00 - 1200.00	1157.14	1170.83	583.33	-13.69	98.37	<u>Sea Fish</u>						
Cowpea (Red)	1080.00 - 1200.00	1145.38	1136.00	374.57	9.38	205.79	Salaya	400.00 - 900.00	622.73	539.52	278.00	83.20	124.00
Red Dhal	370.00 - 400.00	389.71	393.79	244.90	-4.09	59.13	Hurulla	600.00 - 1000.00	840.48	762.61	558.26	77.87	50.55
<u>Vegetable</u>							Balaya	900.00 - 1600.00	1208.89	1068.13	912.11	140.76	32.54
Beans (Butter)	-						Kelawalla	1560.00 - 2800.00	2133.64	1991.82	1509.41	141.82	41.36
Beans(Green)	450.00 - 600.00	532.40	466.92	518.71	65.48	2.64	Thora	2200.00 - 3600.00	2845.26	2695.00	2021.18	150.26	40.77
Carrot	440.00 - 600.00	521.60	440.00	315.71	81.60	65.21	Paraw	1200.00 - 2600.00	1984.21	1922.35	1600.00	61.86	24.01
Leeks	280.00 - 480.00	375.77	325.60	317.24	50.17	18.45	Mora	1200.00 - 1300.00	1250.00		956.00		30.75
Beetroot	300.00 - 480.00	389.62	353.08	150.71	36.54	158.51	Shrimps	1480.00 - 2200.00	1765.00	1714.74	1198.00	50.26	47.33
Knolkhol	280.00 - 480.00	384.35	340.45	239.64	43.89	60.38	Thalapath	2100.00 - 3200.00	2766.67	2677.27	1763.00	89.39	56.93
Raddish	180.00 - 320.00	267.69	250.77	216.55	16.92	23.62	<u>Eggs</u>						
Cabbage	240.00 - 400.00	337.81	349.23	247.59	-11.42	36.44	Brown	53.00 - 55.00	54.00	52.33	21.03	1.67	156.74
Tomato	400.00 - 600.00	538.00	490.40	402.86	47.60	33.55	White	50.00 - 53.00	50.88	50.83	19.97	0.04	154.77
Ladies Fingers	180.00 - 320.00	267.69	273.85	248.97	-6.15	7.52	<u>Dried Fish</u>						
Brinjal	350.00 - 600.00	499.23	417.20	261.38	82.03	91.00	Sprats	1600.00 - 2500.00	1988.00	2226.09	1321.43	-238.09	50.44
Capsicum	750.00 - 1200.00	986.92	1018.75	523.08	-31.83	88.68	Sprats (Imported)	1300.00 - 1800.00	1563.33	1652.94	700.71	-89.61	123.11
Pumpkin	180.00 - 300.00	233.85	241.92	117.59	-8.08	98.87	Kattawa	2000.00 - 2900.00	2544.00	2566.67	1563.46	-22.67	62.72
Cucumber	100.00 - 200.00	158.46	151.15	150.34	7.31	5.40	Thora	3300.00 - 3800.00	3533.33		2075.00		70.28
Bitter Gourd	400.00 - 640.00	544.40	542.08	448.62	2.32	21.35	Mora	2300.00 - 3000.00	2614.81	2652.17	1580.36	-37.36	65.46
Snake Gourd	350.00 - 480.00	430.00	389.20	280.71	40.80	53.18	Balaya	1300.00 - 2100.00	1555.17	1580.95	982.96	-25.78	58.21
Drumstick	280.00 - 600.00	433.20	386.82	417.93	46.38	3.65	Anguluwa	2200.00 - 2800.00	2660.00		1447.37		83.78
Luffa	240.00 - 480.00	361.15	330.38	304.14	30.77	18.75	Maduwa	1800.00 - 2000.00	1875.00		957.50		95.82
Long Beans	280.00 - 480.00	385.77	346.15	320.00	39.62	20.55	Koduwa	-					
Ash Plantain	220.00 - 320.00	288.80	284.29	128.97	4.51	123.94	Salaya	900.00 - 1400.00	1160.87	1209.52	595.20	-48.65	95.04
Green Chillies	180.00 - 500.00	376.67	388.08	280.00	-11.41	34.52	<u>Meat</u>						
Lime	400.00 - 800.00	588.46	719.23	630.00	-130.77	-6.59	Beef (without Bones)	2000.00 - 2200.00	2075.00	2075.00	1200.00	0.00	72.92
<u>Root Crops</u>							Chicken (Broiler)	1080.00 - 1260.00	1169.00	1151.00	767.00	18.00	52.41
Sweet Potato	160.00 - 280.00	240.00	245.38	137.86	-5.38	74.09	Chicken (Curry)	-		1560.00	726.00		
Manioc	160.00 - 240.00	200.42	196.92	71.67	3.49	179.65	Mutton	2700.00 - 3300.00	3000.00	3033.33	2022.22	-33.33	48.35
<u>Leafy Vegetable</u>							Pork	1450.00 - 2000.00	1725.00	1712.50	850.00	12.50	102.94
Mukunuwenna	70.00 - 100.00	80.56	81.18	53.18	-0.62	51.47							
Kankun	70.00 - 100.00	80.56	81.18	53.18	-0.62	51.47							
Gotukola	100.00 - 160.00	113.13	116.84	61.36	-3.72	84.35							

This Week:
Last Week:Week 46: 11 - 17 November 2022
Week 45: 04 - 10 November 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 46: 11 - 17 November 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	210.00 - 220.00	214.00
A'pura	98.00 - 105.00	100.80	Dambulla	300.00 - 340.00	324.00	Hambantota	160.00 - 180.00	172.50
P'naruwa	109.00 - 110.00	109.33	Welimada	270.00 - 280.00	275.00	Embilipitiya	225.00 - 240.00	233.00
Kalawewa	100.00 - 105.00	101.60	Badulla	280.00 - 320.00	304.00	Matara	-	
Kurunegala	100.00 - 104.00	102.40	Carrot			A'pura	120.00 - 130.00	124.00
Dehiattakandiya	105.00 - 108.00	106.67	N'Elia	340.00 - 355.00	347.00	Luffa		
Nikaweratiya	98.00 - 105.00	101.83	Welimada	290.00 - 305.00	300.00	Dambulla	190.00 - 230.00	212.00
Ampara	100.00 - 105.00	102.50	Hanguranketha	230.00 - 280.00	253.00	Hambantota	110.00 - 130.00	120.00
Long Grain (White)			Leeks			Embilipitiya	180.00 - 200.00	192.00
A'pura	98.00 - 100.00	98.80	N'Elia	205.00 - 215.00	211.00	Matara	-	
P'naruwa	106.00 - 106.50	106.17	Welimada	190.00 - 200.00	196.00	A'pura	220.00 - 230.00	224.00
Kalawewa	98.00 - 100.00	98.80	Beetroot			Green Chillies		
Kurunegala	98.00 - 100.00	99.60	N'Elia	180.00 - 190.00	186.00	Dambulla	74.00 - 86.00	80.40
Dehiattakandiya	100.00 - 103.00	101.67	Dambulla	182.50 - 200.00	192.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	150.00 - 180.00	169.17
Nikaweratiya	98.00 - 105.00	101.83	Welimada	175.00 - 185.00	179.00	Puttalam	60.00 - 100.00	83.33
Hambantota	-		Hanguranketha	140.00 - 170.00	159.00	A'pura	100.00 - 120.00	108.00
Ampara	100.00 - 110.00	102.50	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	155.00 - 165.00	159.00	Dambulla	95.00 - 110.00	102.00
Matara	118.00 - 120.00	119.50	Welimada	140.00 - 150.00	144.00	Hambantota	90.00 - 130.00	110.00
Hambantota	118.00 - 120.00	119.00	Hanguranketha	130.00 - 150.00	142.00	Embilipitiya	115.00 - 130.00	122.00
Embilipitiya	118.00 - 120.00	119.00	Raddish			Matara	-	
Keeri Samba			N'Elia	65.00 - 75.00	69.00	A'pura	110.00 - 120.00	114.00
A'pura	100.00 - 110.00	104.00	Welimada	35.00 - 45.00	39.00	Moneragala	100.00 - 120.00	108.00
P'naruwa	106.00 - 106.50	106.17	Hambantota	70.00 - 80.00	73.33	Cucumber		
Kalawewa	100.00 - 105.00	102.50	Hanguranketha	30.00 - 50.00	41.00	A'pura	35.00 - 40.00	37.00
Kurunegala	-		Cabbage			Dambulla	19.00 - 24.00	21.80
Dehiattakandiya	103.00 - 104.00	103.67	N'Elia	125.00 - 135.00	129.00	Hambantota	30.00 - 40.00	33.00
Red Onion			Welimada	80.00 - 90.00	85.00	Matara	30.00 - 40.00	35.00
Puttalam	320.00 - 400.00	358.00	Badulla	110.00 - 120.00	116.00	Long Beans		
Jaffna	300.00 - 350.00	316.67	Hanguranketha	110.00 - 130.00	118.40	Dambulla	190.00 - 215.00	203.00
Big Onion			Tomato			Hambantota	110.00 - 140.00	128.00
Dambulla	-		Welimada	270.00 - 280.00	276.00	Embilipitiya	180.00 - 210.00	196.00
Kalawewa	-		Hambantota	-		Matara	150.00 - 160.00	156.67
A'pura	-		Dambulla	210.00 - 230.00	219.00	A'pura	220.00 - 240.00	228.00
Potato			Hanguranketha	230.00 - 280.00	254.00	Ash Plantain		
N'Elia	330.00 - 345.00	338.00	<u>Vegetable (Low Country)</u>			Hambantota	60.00 - 90.00	76.00
Badulla	280.00 - 300.00	290.00	Ladies Fingers			Embilipitiya	120.00 - 130.00	123.00
Welimada	300.00 - 310.00	306.00	A'pura	70.00 - 80.00	74.00	Matara	80.00 - 95.00	88.33
<u>Pulses</u>			Dambulla	70.00 - 95.00	84.00	Lime		
Green Gram			Hambantota	80.00 - 120.00	100.00	Hambantota	-	
Hambantota	-		Embilipitiya	95.00 - 110.00	101.00	Embilipitiya	280.00 - 300.00	292.00
Moneragala	900.00 - 950.00	920.00	Matara	90.00 - 100.00	95.00	Moneragala	200.00 - 220.00	208.00
Embilipitiya	940.00 - 950.00	945.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	-		A'pura	290.00 - 300.00	294.00	Banana		
A'pura	900.00 - 950.00	920.00	Dambulla	340.00 - 360.00	352.00	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	240.00 - 260.00	249.00	Embilipitiya	100.00 - 120.00	111.00
Nikaweratiya	750.00 - 750.00	750.00	Matara	200.00 - 240.00	220.00	Hambantota	90.00 - 100.00	95.00
Moneragala	750.00 - 800.00	770.00	Welimada	230.00 - 245.00	238.00	Kolikuttu		
Embilipitiya	780.00 - 800.00	790.00	Capsicum			Moneragala	170.00 - 180.00	174.00
Maize			Badulla	-		Embilipitiya	260.00 - 300.00	280.00
A'pura	180.00 - 190.00	184.00	Welimada	650.00 - 680.00	664.00	Hambantota	-	
Kalawewa	160.00 - 200.00	180.00	Bitter Gourd			Papaw		
Gingelly			A'pura	300.00 - 320.00	308.00	Moneragala	80.00 - 90.00	84.00
A'pura	540.00 - 560.00	548.00	Dambulla	320.00 - 350.00	334.00	Embilipitiya	110.00 - 130.00	119.00
Kalawewa	-		Hambantota	-		Hambantota	80.00 - 100.00	90.00
Black Gram			Embilipitiya	440.00 - 460.00	450.00	Pineapple		
A'pura	800.00 - 850.00	820.00	Matara	270.00 - 300.00	282.50	Divulapitiya	-	
Kalawewa	700.00 - 800.00	762.50						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)
Week 46: 11 - 17 November 2022

28

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00
Samba 2	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00
Keeri Samba	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	260.00 - 260.00	250.00 - 260.00	250.00 - 260.00	270.00 - 270.00
Nadu 1	230.00 - 230.00	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00
Nadu 2	220.00 - 220.00	210.00 - 220.00	210.00 - 210.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Raw (Red)	220.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	220.00 - 220.00	230.00 - 230.00
Raw (White)	220.00 - 230.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	210.00 - 220.00	230.00 - 230.00	220.00 - 220.00	210.00 - 220.00	220.00 - 230.00
Imported									
Samba	200.00 - 210.00	200.00 - 200.00	200.00 - 220.00	200.00 - 210.00	220.00 - 220.00	220.00 - 220.00	190.00 - 200.00	190.00 - 200.00	200.00 - 210.00
Nadu	180.00 - 190.00	200.00 - 200.00	190.00 - 200.00	180.00 - 200.00	190.00 - 190.00	190.00 - 190.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	175.00 - 190.00	190.00 - 190.00	170.00 - 180.00	175.00 - 180.00	180.00 - 190.00	180.00 - 190.00	170.00 - 180.00	170.00 - 180.00	180.00 - 180.00
<u>Dried Chillies</u>									
Imported	1650.00 - 1800.00	2000.00 - 2000.00	1800.00 - 2000.00	1900.00 - 2000.00	1900.00 - 2000.00	1900.00 - 1900.00	1800.00 - 1800.00	1900.00 - 2000.00	2000.00 - 2000.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	580.00 - 650.00	700.00 - 800.00	700.00 - 700.00	720.00 - 800.00	600.00 - 760.00	700.00 - 700.00	600.00 - 680.00	600.00 - 700.00	600.00 - 700.00
Imported	580.00 - 580.00	680.00 - 680.00	650.00 - 680.00	620.00 - 620.00	600.00 - 600.00	600.00 - 600.00	550.00 - 600.00	550.00 - 600.00	550.00 - 560.00
<u>Big Onion</u>									
Imported	320.00 - 320.00	320.00 - 360.00	300.00 - 320.00	320.00 - 360.00	300.00 - 340.00	300.00 - 320.00	280.00 - 280.00	280.00 - 280.00	280.00 - 280.00
Local	320.00 - 360.00	360.00 - 380.00	360.00 - 360.00	380.00 - 380.00	360.00 - 360.00	340.00 - 340.00	280.00 - 300.00	280.00 - 300.00	300.00 - 300.00
<u>Potato</u>									
Welimada	360.00 - 400.00	400.00 - 400.00	360.00 - 380.00	380.00 - 400.00	360.00 - 360.00	360.00 - 360.00	320.00 - 360.00	320.00 - 360.00	360.00 - 360.00
N'Eliya	420.00 - 420.00	480.00 - 480.00	440.00 - 440.00	480.00 - 480.00	400.00 - 480.00	400.00 - 420.00	400.00 - 400.00	400.00 - 420.00	400.00 - 400.00
Imported	200.00 - 240.00	240.00 - 280.00	240.00 - 260.00	240.00 - 260.00	220.00 - 260.00	240.00 - 240.00	260.00 - 280.00	260.00 - 280.00	280.00 - 280.00
<u>Pulses</u>									
Green Gram	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1200.00	1300.00 - 1300.00	1200.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1300.00 - 1300.00
Cowpea (White)	1100.00 - 1200.00	1100.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Cowpea (Red)	1100.00 - 1100.00	1200.00 - 1200.00	1080.00 - 1100.00	1100.00 - 1100.00	1100.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Red Dhal	380.00 - 390.00	400.00 - 400.00	380.00 - 400.00	380.00 - 400.00	400.00 - 400.00	390.00 - 400.00	370.00 - 380.00	370.00 - 380.00	390.00 - 400.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 46: 11 - 17 November 2022

29

CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
<u>Vegetable</u>																		
Beans	450.00	- 500.00	560.00	- 560.00	520.00	- 520.00	600.00	- 600.00	500.00	- 560.00	600.00	- 600.00	450.00	- 480.00	480.00	- 480.00	560.00	- 600.00
Carrot	440.00	- 450.00	520.00	- 560.00	520.00	- 520.00	500.00	- 600.00	500.00	- 550.00	600.00	- 600.00	440.00	- 480.00	440.00	- 560.00	520.00	- 600.00
Leeks	320.00	- 360.00	480.00	- 480.00	360.00	- 400.00	400.00	- 480.00	350.00	- 400.00	360.00	- 400.00	280.00	- 300.00	320.00	- 400.00	360.00	- 400.00
Beetroot	300.00	- 330.00	440.00	- 480.00	400.00	- 480.00	400.00	- 480.00	350.00	- 400.00	400.00	- 480.00	300.00	- 320.00	320.00	- 400.00	400.00	- 400.00
Knolkhol	300.00	- 320.00	400.00	- 480.00	400.00	- 480.00	320.00	- 480.00	350.00	- 400.00	360.00	- 360.00	280.00	- 320.00	350.00	- 400.00	360.00	- 400.00
Raddish	180.00	- 200.00	280.00	- 280.00	240.00	- 280.00	320.00	- 320.00	280.00	- 300.00	280.00	- 280.00	200.00	- 240.00	320.00	- 320.00	240.00	- 280.00
Cabbage	240.00	- 260.00	320.00	- 400.00	320.00	- 400.00	320.00	- 400.00	280.00	- 350.00	320.00	- 400.00	260.00	- 280.00	280.00	- 320.00	320.00	- 360.00
Tomato	400.00	- 450.00	600.00	- 600.00	480.00	- 480.00	600.00	- 600.00	480.00	- 550.00	560.00	- 600.00	480.00	- 520.00	600.00	- 600.00	600.00	- 600.00
Ladies Fingers	180.00	- 220.00	280.00	- 320.00	320.00	- 320.00	240.00	- 320.00	200.00	- 300.00	320.00	- 320.00	200.00	- 240.00	240.00	- 320.00	240.00	- 280.00
Brinjal	350.00	- 450.00	560.00	- 600.00	520.00	- 520.00	600.00	- 600.00	400.00	- 500.00	520.00	- 600.00	400.00	- 480.00	360.00	- 520.00	520.00	- 560.00
Capsicum	750.00	- 860.00	1000.00	- 1200.00	1000.00	- 1200.00	1000.00	- 1200.00	800.00	- 1000.00	900.00	- 1000.00	850.00	- 1000.00	900.00	- 1200.00	1000.00	- 1100.00
Pumpkin	180.00	- 200.00	240.00	- 280.00	240.00	- 280.00	240.00	- 240.00	200.00	- 240.00	280.00	- 300.00	200.00	- 200.00	240.00	- 240.00	240.00	- 240.00
Cucumber	100.00	- 120.00	200.00	- 200.00	160.00	- 200.00	120.00	- 200.00	160.00	- 200.00	160.00	- 160.00	100.00	- 160.00	160.00	- 160.00	140.00	- 160.00
Bitter Gourd	450.00	- 500.00	500.00	- 600.00	600.00	- 640.00	480.00	- 600.00	480.00	- 600.00	500.00	- 600.00	400.00	- 520.00	600.00	- 600.00	560.00	- 600.00
Snake Gourd	350.00	- 360.00	440.00	- 480.00	480.00	- 480.00	480.00	- 480.00	400.00	- 450.00	480.00	- 480.00	350.00	- 440.00	420.00	- 480.00	360.00	- 400.00
Drumstick	300.00	- 320.00	600.00	- 600.00	400.00	- 600.00	400.00	- 600.00	320.00	- 500.00	400.00	- 400.00	280.00	- 350.00	400.00	- 420.00	400.00	- 500.00
Luffa	240.00	- 350.00	320.00	- 400.00	400.00	- 480.00	400.00	- 480.00	400.00	- 400.00	320.00	- 360.00	260.00	- 320.00	300.00	- 360.00	320.00	- 360.00
Long Beans	280.00	- 330.00	400.00	- 400.00	400.00	- 480.00	400.00	- 480.00	380.00	- 400.00	480.00	- 480.00	300.00	- 320.00	400.00	- 400.00	400.00	- 400.00
Ash Plantain	220.00	- 240.00	280.00	- 320.00	280.00	- 320.00	320.00	- 320.00	300.00	- 320.00	320.00	- 320.00	240.00	- 280.00	240.00	- 320.00	240.00	- 280.00
Green Chillies	180.00	- 220.00	500.00	- 500.00	500.00	- 500.00	400.00	- 500.00	350.00	- 400.00	500.00	- 500.00	300.00	- 400.00	320.00	- 400.00	400.00	- 400.00
Lime	400.00	- 480.00	600.00	- 600.00	700.00	- 800.00	600.00	- 800.00	450.00	- 600.00	700.00	- 800.00	400.00	- 600.00	600.00	- 600.00	600.00	- 600.00
<u>Root Crops</u>																		
Sweet Potato	160.00	- 200.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	280.00	- 280.00	200.00	- 240.00	200.00	- 280.00	200.00	- 240.00
Manioc	160.00	- 160.00	200.00	- 240.00	200.00	- 200.00	200.00	- 200.00	160.00	- 200.00	240.00	- 240.00	170.00	- 200.00	200.00	- 240.00	220.00	- 240.00
<u>Leafy Vegetable</u>																		
Mukunuwenna	80.00	- 80.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	80.00	- 80.00	80.00	- 80.00	70.00	- 70.00	100.00	- 100.00	80.00	- 80.00
Kankun	80.00	- 80.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	80.00	- 80.00	80.00	- 80.00	70.00	- 70.00	100.00	- 100.00	80.00	- 80.00
Gotukola	100.00	- 100.00	100.00	- 100.00	100.00	- 100.00	160.00	- 160.00	150.00	- 150.00	100.00	- 100.00	100.00	- 100.00	150.00	- 150.00	100.00	- 100.00
<u>Coconut</u>																		
Large	100.00	- 100.00	110.00	- 110.00	100.00	- 110.00	100.00	- 110.00	100.00	- 100.00	100.00	- 100.00	105.00	- 105.00	110.00	- 120.00	100.00	- 120.00
Small	85.00	- 90.00	90.00	- 90.00	80.00	- 95.00	85.00	- 90.00	90.00	- 90.00	80.00	- 90.00	85.00	- 90.00	85.00	- 95.00	90.00	- 95.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 46: 11 - 17 November 2022

30

CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
<u>Plantain</u>																		
Ambul (Rs/Kg)	160.00	- 180.00	220.00	- 240.00	230.00	- 240.00	200.00	- 220.00	200.00	- 240.00	180.00	- 200.00	180.00	- 200.00	160.00	- 180.00	140.00	- 150.00
Kolikuttu (Rs/Kg)	400.00	- 420.00	440.00	- 450.00	420.00	- 450.00	400.00	- 420.00	400.00	- 450.00	420.00	- 450.00	420.00	- 450.00	400.00	- 440.00	450.00	- 450.00
Seeni (Rs/Kg)	150.00	- 160.00	180.00	- 200.00	180.00	- 220.00	180.00	- 200.00	150.00	- 180.00	180.00	- 200.00	140.00	- 150.00	160.00	- 180.00	200.00	- 220.00
Anamalu	20.00	- 22.00	26.00	- 28.00	25.00	- 27.00	24.00	- 25.00	22.00	- 25.00	24.00	- 28.00	25.00	- 28.00	24.00	- 25.00	24.00	- 26.00
Ambun	25.00	- 27.00	24.00	- 25.00	28.00	- 30.00	30.00	- 31.00	28.00	- 31.00	30.00	- 35.00	31.00	- 35.00	30.00	- 31.00	30.00	- 33.00
<u>Pineapple</u>																		
Large	500.00	- 550.00	500.00	- 650.00	540.00	- 650.00	500.00	- 550.00	500.00	- 550.00	500.00	- 550.00	500.00	- 650.00	500.00	- 650.00	500.00	- 650.00
Medium	450.00	- 460.00	450.00	- 460.00	450.00	- 450.00	420.00	- 450.00	450.00	- 460.00	420.00	- 450.00	450.00	- 450.00	450.00	- 450.00	450.00	- 450.00
Small	300.00	- 400.00		-	350.00	- 400.00	300.00	- 400.00	350.00	- 400.00	300.00	- 400.00	400.00	- 400.00	350.00	- 400.00	350.00	- 400.00
<u>Mango</u>																		
Betti		-		-		-		-		-		-		-		-		-
Karthakolomban	100.00	- 150.00	120.00	- 150.00	150.00	- 180.00	150.00	- 160.00	170.00	- 200.00	80.00	- 100.00	80.00	- 100.00	80.00	- 100.00	80.00	- 100.00
Vilad	60.00	- 80.00		-		-	70.00	- 100.00	70.00	- 80.00		-	60.00	- 60.00	60.00	- 60.00	60.00	- 70.00
Kohu		-		-		-		-		-		-		-		-		-
<u>Other Fruits</u>																		
Wood Apple	30.00	- 40.00	40.00	- 50.00	50.00	- 60.00	50.00	- 60.00	30.00	- 50.00	35.00	- 40.00	30.00	- 50.00	40.00	- 60.00	40.00	- 60.00
Orange	100.00	- 120.00	140.00	- 150.00	120.00	- 150.00	150.00	- 160.00	150.00	- 160.00	80.00	- 80.00		-	80.00	- 100.00	100.00	- 120.00
Avocado	100.00	- 150.00	150.00	- 180.00	150.00	- 180.00	150.00	- 180.00	100.00	- 120.00	80.00	- 100.00	80.00	- 80.00	100.00	- 120.00	120.00	- 140.00
Slime Apple	100.00	- 100.00	120.00	- 150.00	150.00	- 200.00	150.00	- 160.00	100.00	- 100.00		-		-		-	200.00	- 200.00
Grapes (Rs/Kg)		-	2000.00	- 2000.00	2000.00	- 2000.00	2200.00	- 2300.00	2200.00	- 2200.00	1700.00	- 1700.00	2300.00	- 2300.00	2000.00	- 2000.00	1800.00	- 1800.00
Papaw (Rs/Kg)	200.00	- 300.00	360.00	- 380.00	350.00	- 380.00	300.00	- 330.00	300.00	- 320.00	280.00	- 300.00	250.00	- 280.00	260.00	- 280.00	260.00	- 280.00
Passion	38.00	- 42.00	54.00	- 58.00	56.00	- 58.00	50.00	- 54.00	42.00	- 46.00	46.00	- 50.00	50.00	- 58.00	46.00	- 50.00	50.00	- 58.00
King Coconut	100.00	- 120.00	130.00	- 140.00	140.00	- 150.00	130.00	- 140.00	120.00	- 130.00	130.00	- 140.00	120.00	- 130.00	120.00	- 130.00	120.00	- 130.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 46: 11 - 17 November 2022

31

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	620.00 ~ 870.00	500.00 ~ 520.00	760.00 ~ 800.00	900.00 ~ 900.00	760.00 ~ 760.00	400.00 ~ 520.00	500.00 ~ 600.00	480.00 ~ 520.00	600.00 ~ 640.00
Hurulla	700.00 ~ 750.00	900.00 ~ 960.00	940.00 ~ 1000.00	1000.00 ~ 1000.00	760.00 ~ 760.00	800.00 ~ 900.00	600.00 ~ 800.00	600.00 ~ 600.00	900.00 ~ 900.00
Balaya	900.00 ~ 1080.00	1440.00 ~ 1440.00	1600.00 ~ 1600.00	-	-	1600.00 ~ 1600.00	1000.00 ~ 1200.00	-	-
Kelawalla	1560.00 ~ 1680.00	2400.00 ~ 2400.00	2000.00 ~ 2200.00	2800.00 ~ 2800.00	2400.00 ~ 2400.00	1600.00 ~ 1800.00	1600.00 ~ 2200.00	2400.00 ~ 2400.00	2300.00 ~ 2400.00
Thora	2200.00 ~ 2600.00	2720.00 ~ 2720.00	-	3600.00 ~ 3600.00	3300.00 ~ 3300.00	2800.00 ~ 2800.00	2600.00 ~ 2700.00	3000.00 ~ 3200.00	3000.00 ~ 3200.00
Paraw	1200.00 ~ 1400.00	1800.00 ~ 1800.00	2200.00 ~ 2400.00	2600.00 ~ 2600.00	-	1600.00 ~ 2000.00	-	2000.00 ~ 2200.00	2400.00 ~ 2400.00
Mora	-	-	-	-	-	-	1300.00 ~ 1300.00	1200.00 ~ 1200.00	-
Shrimps Small	1900.00 ~ 2200.00	1720.00 ~ 1720.00	2000.00 ~ 2000.00	1800.00 ~ 1800.00	1920.00 ~ 1920.00	1720.00 ~ 1800.00	1500.00 ~ 1500.00	1480.00 ~ 1500.00	1700.00 ~ 1800.00
Talapath	2100.00 ~ 2400.00	2800.00 ~ 2800.00	2800.00 ~ 2800.00	3000.00 ~ 3000.00	3200.00 ~ 3200.00	2800.00 ~ 2800.00	2600.00 ~ 2600.00	2800.00 ~ 3000.00	2800.00 ~ 3000.00
<u>Eggs (Rs/Egg)</u>									
Brown	-	-	-	-	-	-	55.00 ~ 55.00	54.00 ~ 54.00	53.00 ~ 53.00
White	50.00 ~ 50.00	-	50.00 ~ 50.00	50.00 ~ 50.00	50.00 ~ 50.00	-	53.00 ~ 53.00	52.00 ~ 52.00	52.00 ~ 52.00
<u>Dried Fish</u>									
Sprats	1600.00 ~ 2000.00	1900.00 ~ 2000.00	1800.00 ~ 2000.00	2000.00 ~ 2200.00	2400.00 ~ 2500.00	1800.00 ~ 2000.00	1600.00 ~ 1800.00	1800.00 ~ 2000.00	1800.00 ~ 2000.00
Kattawa	2000.00 ~ 2800.00	2800.00 ~ 2800.00	2400.00 ~ 2500.00	2500.00 ~ 2800.00	2800.00 ~ 2900.00	2400.00 ~ 2500.00	2400.00 ~ 2600.00	2600.00 ~ 2700.00	2600.00 ~ 2800.00
Thora	-	-	-	3300.00 ~ 3800.00	-	-	-	-	-
Mora	2400.00 ~ 2700.00	2700.00 ~ 2800.00	2700.00 ~ 2800.00	2600.00 ~ 2800.00	2600.00 ~ 2800.00	2800.00 ~ 3000.00	2300.00 ~ 2400.00	2500.00 ~ 2600.00	2600.00 ~ 2800.00
Balaya	1300.00 ~ 1500.00	1700.00 ~ 1800.00	1700.00 ~ 1900.00	2000.00 ~ 2100.00	1400.00 ~ 1800.00	1800.00 ~ 2000.00	1300.00 ~ 1300.00	1300.00 ~ 1400.00	1600.00 ~ 1900.00
Anguluwa	2200.00 ~ 2200.00	2800.00 ~ 2800.00	2700.00 ~ 2800.00	-	-	-	-	-	-
Salaya	900.00 ~ 1400.00	1300.00 ~ 1400.00	1200.00 ~ 1300.00	1300.00 ~ 1400.00	1200.00 ~ 1200.00	-	1100.00 ~ 1200.00	900.00 ~ 1000.00	1000.00 ~ 1200.00
<u>Meat</u>									
Beef (without Bones)	-	2000.00 ~ 2000.00	2200.00 ~ 2200.00	-	2100.00 ~ 2100.00	-	2000.00 ~ 2000.00	-	-
Chicken (Broiler)	-	1150.00 ~ 1150.00	1180.00 ~ 1180.00	1200.00 ~ 1200.00	1150.00 ~ 1150.00	1080.00 ~ 1100.00	1200.00 ~ 1200.00	1170.00 ~ 1200.00	1260.00 ~ 1260.00
Chicken (Curry)	-	-	-	-	-	-	-	-	-
Mutton	-	2800.00 ~ 2800.00	3000.00 ~ 3000.00	-	3300.00 ~ 3300.00	2800.00 ~ 2800.00	2700.00 ~ 2700.00	3200.00 ~ 3200.00	3200.00 ~ 3200.00
Pork	-	1800.00 ~ 1800.00	2000.00 ~ 2000.00	-	-	-	-	1650.00 ~ 1650.00	1450.00 ~ 1450.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
White												
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Korali	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

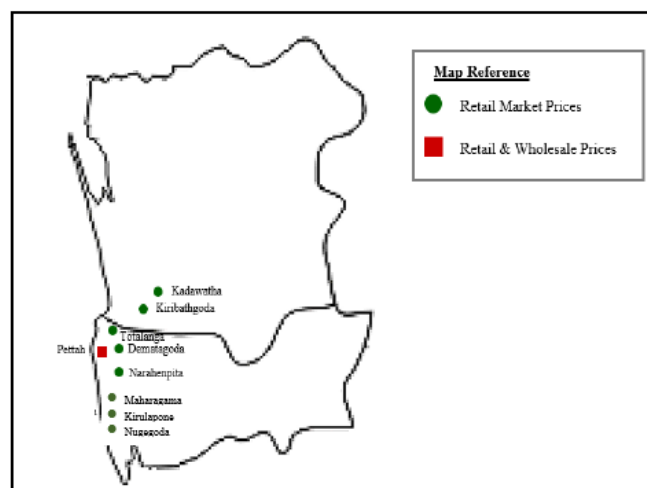
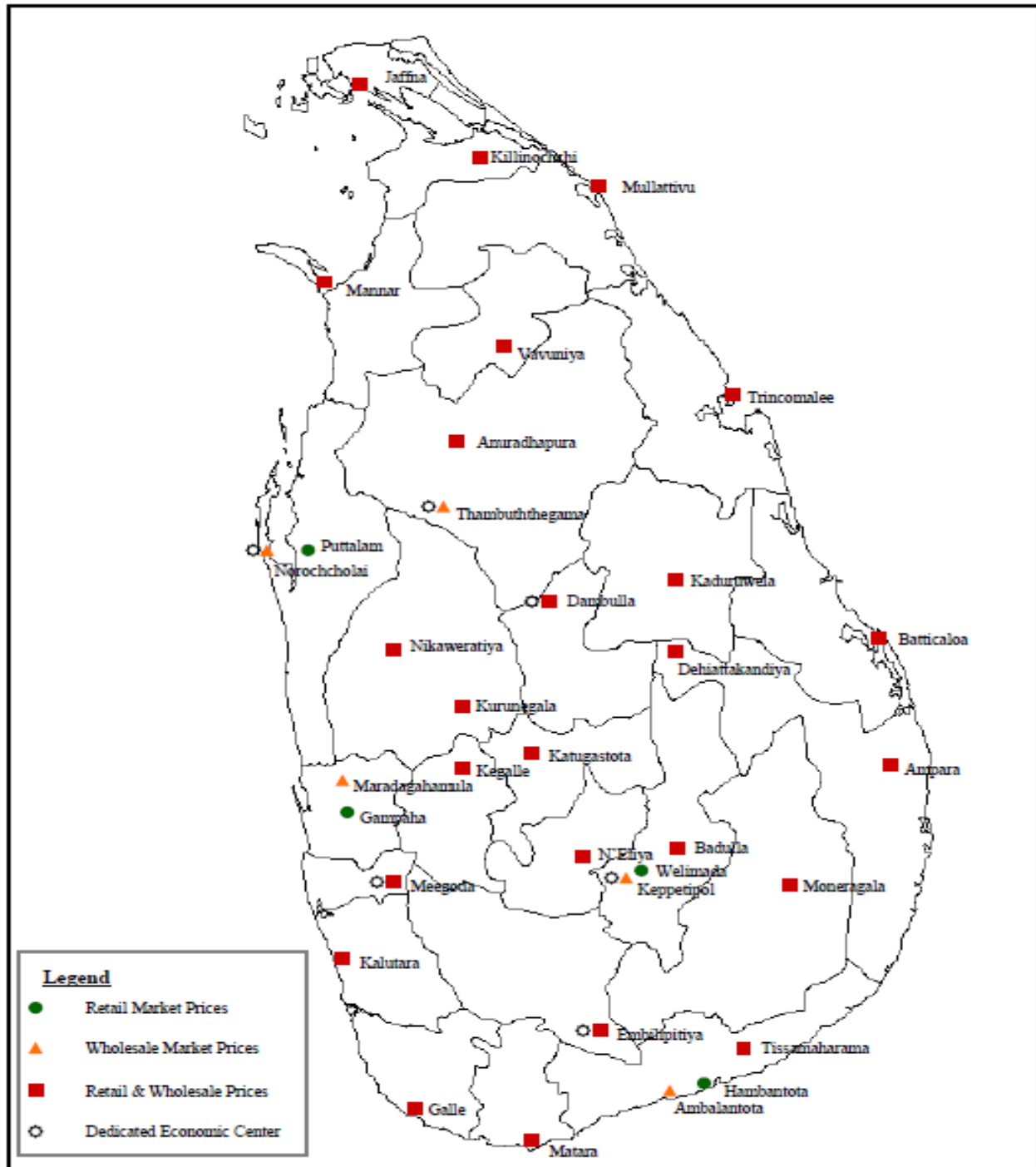
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

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Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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