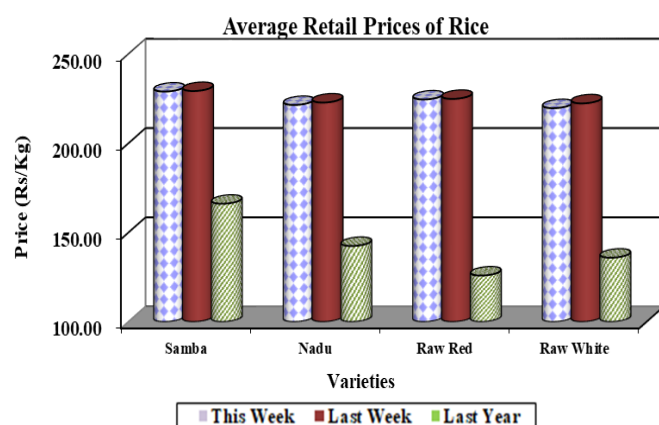


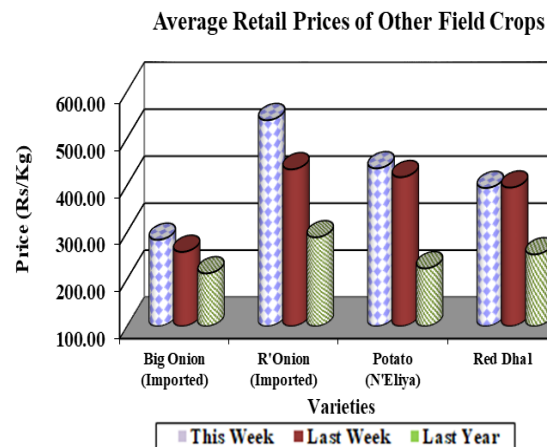
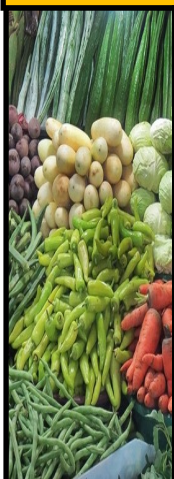
RETAIL MARKET AT A GLANCE**Summary****Rice**

Prices of all local rice varieties have decreased slightly with the price range of Rs.210.00-270.00/kg. The highest average price was reported for keeri samba as Rs.262.00/kg. Average price of grade I samba and nadu was Rs.234.00/kg and Rs.224.00/kg respectively.

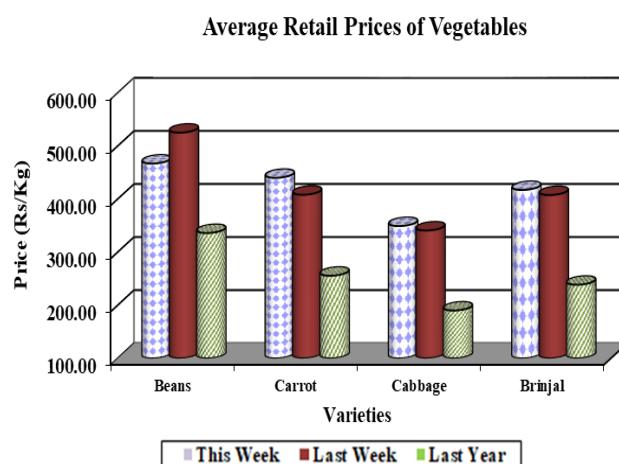
Prices of all imported rice varieties have increased by Rs.1.00/kg to Rs.7.00/kg. The highest price increase was reported for imported raw (white) rice as Rs.7.00/kg. The average prices of imported nadu and raw white were Rs.193.00/kg and Rs.180.00/kg respectively.

(Page No.01)**Other Field Crops**

Prices of imported dried chilies have increased by 5% with the average price of Rs.1852.00/kg. The prices of onion ranged Rs.400.00/kg to Rs.750.00/kg. Prices of imported onion increased by Rs.105.00/kg and the average price was Rs.538.00/kg. Prices of Welimada and Nuwara Eliya potatoes have increased Rs.4.00/kg and Rs.19.00/kg respectively.

(Page No.01-04)**Vegetables**

In line with the increased wholesale prices, retail prices of most vegetables have increased. Considering up- country vegetables, the highest price increase was reported for carrot as Rs.32.00/kg. The price of beans (green) reduced by 58% and the average price is Rs.467.00/kg. Tomato price and capsicum prices, the price increase of tomato was recorded as Rs.62.00/kg and average price was Rs.490.00/kg. Capsicum recorded a Rs.165.00/kg price increase and the average price was Rs.1019.00/kg. Considering the low country vegetables, the highest price increase was reported for bitter gourd as Rs.45.00/kg.

(Page No.04-06)

Rice

Wholesale

Prices of all types of local rice varieties have decreased slightly. Price ranges of grade II samba, grade II nadu and keeri samba were Rs.210.00-220.00/kg, Rs.200.00-210.00/kg and Rs.230.00-240.00/kg respectively. Average prices of grade I samba, grade I nadu, raw red and raw white were Rs.220.00/kg, Rs.211.00/kg, Rs.207.00/kg and Rs.198.00/kg respectively.

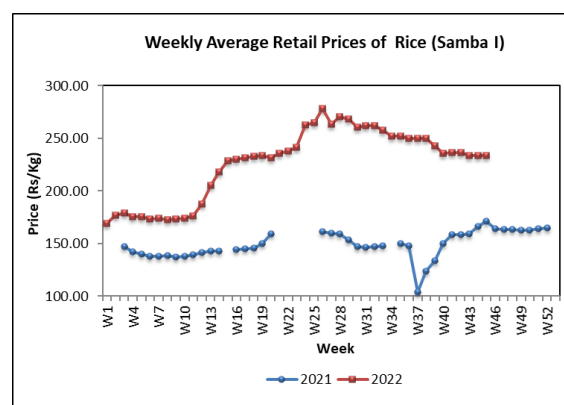
Prices of all types of imported rice varieties have increased due to decreased supply. Prices of both ponni samba and imported raw white have increased by 3% and their price ranges were Rs.185.00-190.00 and Rs.155.00-160.00/kg respectively. Price of imported nadu also increased by 2% and the price ranged Rs.165.00-175.00/kg.

Compared to the same period of last year, prices of all types of local rice varieties except grade I samba and keeri samba have increased in the range of 41%-92% and the highest price increase was reported for raw red.

Retail

Prices of raw white, nadu grade I and grade II have decreased by Rs.1.00-

3.00/kg. Their prices ranged Rs.210.00-220.00/kg, Rs.220.00-240.00/kg and Rs.210.00-230.00/kg respectively. Price of keeri samba have increased by Rs.2.00/kg and price ranged between Rs.260.00-270.00/kg which exceeded the ceiling price of Rs.260.00/kg. Prices of Samba grade I and II, raw red have not changed significantly.



Prices of imported raw white, nadu, and samba have increased by Rs.8.00/kg, Rs.2.00/kg and Rs.1.00/kg respectively and prices ranged between Rs.160.00-190.00/kg, Rs.180.00-200.00/kg and Rs.195.00-210.00/kg respectively.

Compared to the same period of last year, prices of all local rice varieties except keeri samba have increased by 36%-78% ranged. Following the same trend, the price of keeri samba only increased by 4%.

Paddy

The farm gate prices of major paddy varieties have fluctuated slightly. Accordingly, the average farm gate price of short grain paddy has decreased by Rs.3.00-4.00/kg in Nikaweratiya, Anuradhapura and Polonnaruwa areas while price has increased by Rs.1.00-2.00/kg in Kurunegala, Dehiattakandiya and Kalawewa areas. The short grain paddy prices ranged between Rs.100.00-111.00/kg in major producing areas. Further, price of keeri samba paddy also has decreased by Rs.3.00/kg in Polonnaruwa area while has increased by Rs.1.00/kg in Anuradahapura and Dehiattakandiya areas. It was reported Rs.106.00-115.00/kg price range for keeri samba paddy. Subsequently, the average price of long grain white paddy has decreased by Rs.2.00/kg in Polonnaruwa while has increased in the range of Rs.1.00-2.00/kg in other major producing areas. The average price of both long grain red paddy has also increased by Rs.2.00/kg in Matara. The average farm gate prices of long grain white and red paddy varieties were Rs.100.00-110.00/kg and Rs.120.00-125.00/kg respectively.

Compared to the same period of last year, the average farm gate prices of major paddy varieties except keeri samba have increased in the range of 20%-92% and

the highest price increase was reported for long grain red paddy.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 5% due to increased CIF prices and the price ranged Rs.1450.00-1600.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 211%.

Retail

Price of imported dried chilies has increased by Rs.47.00/kg and price ranged Rs.1600.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 212%.

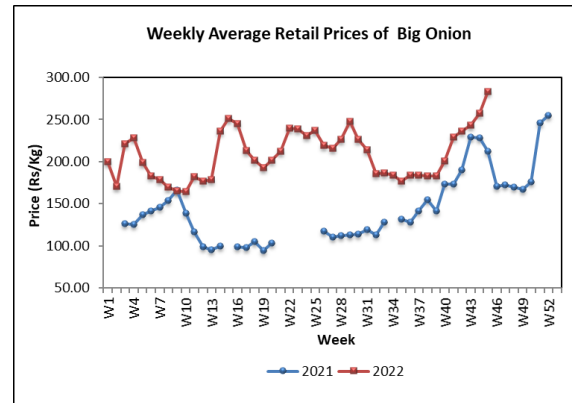
Onion

Wholesale

Price of vedalan red onion has increased by 8% due to decreased supply and the price ranged Rs.570.00-620.00/kg. Average price of imported red onion was Rs.525.00/kg.

Wholesale prices of local and imported big onions have increased by 16% and 5% respectively due to limited supply of both stocks and their price ranges were Rs.230.00-300.00/kg and Rs.225.00-250.00/kg respectively.

Compared to the same period of last year, prices of imported and vedalan red onions have increased by 172% and 148% respectively and prices of both imported and local big onions have increased by 70% and 48% respectively.



Compared to the same period of last year, prices of vedalan, sinnan and imported red onions have increased by 86%-134% while prices of both local big and imported big onions have increased by 54% and 34% respectively.

Retail

Prices of imported, sinan and vedalan red onions have increased by Rs.105.00/kg, Rs.88.00/kg and Rs.70.00/kg respectively. Their prices ranged between Rs.400.00-620.00/kg, Rs.400.00-600.00/kg and Rs.600.00-750.00/kg respectively.

Prices of both local and imported big onions have increased by Rs.33.00/kg, Rs.26.00/kg respectively. Their prices ranged between Rs.280.00-340.00/kg and Rs.260.00-300.00/kg respectively.

Potato

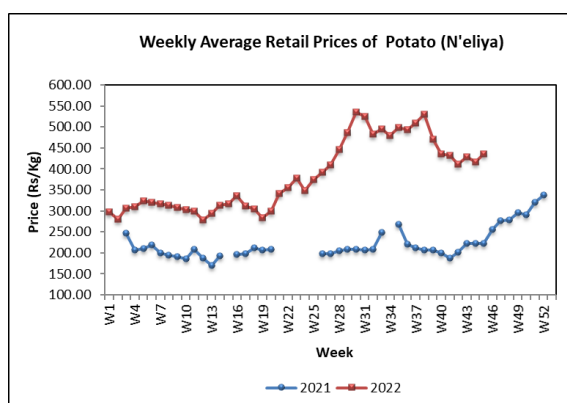
Wholesale

Price of imported potato has decreased by 8% due to increased supply of Pakistan stocks to the market and the price ranged Rs.170.00-200.00/kg. Prices of Welimada and Nuwara Eliya potatoes have increased by 3% and 2% respectively due to decreased supply and their price ranges were Rs.290.00-300.00/kg and Rs.310.00-320.00/kg respectively.

Compared to the same period of last year, prices of all types of potatoes have increased in the range of 15%-89%.

Retail

Prices of Nuwara Eliya and Welimada potatoes have increased by 19% and 4% and prices ranged Rs.400.00-480.00/kg and Rs.320.00-360.00/kg respectively. Prices of imported potato has decreased by Rs.3.00/kg and the price ranged Rs.200.00-260.00/kg.



Compared to the same period of last year, prices of Nuwara Eliya, Welimada and imported potatoes have increased by 95%, 87% and 49% respectively.

Pulses

Wholesale

Price of red cowpea has increased by 3% due to limited supply and the price ranged Rs.900.00-1000.00/kg. Prices of all other pulses have not changed significantly and average prices of green gram, white cowpea and red dhal were

Rs.1077.00/kg, Rs.886.00/kg and Rs.357.00/kg respectively.

Compared to the same period of last year, prices of red cowpea and green gram have increased by 226% and 158% respectively. Also prices of white cowpea and red dhal have also increased by 85% and 61% respectively.

Retail

Price of red cowpea has increased by Rs.21.00/kg and the price ranged between Rs.1000.00-1200.00/kg. Prices of white cowpea, green gram and red dhal have decreased by Rs.4.00/kg, Rs.2.00, 1.00/kg. The price ranged Rs.1100.00-1200.00/kg, Rs.1200.00-1300.00/kg and Rs.370.00-400.00/kg respectively.

Compared to the same period of last year, prices of red cowpea, green gram, white cowpea and red dhal have increased by 208%, 118%, 92% and 56% respectively.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased market supply in the off season.

Considering upcountry vegetables, prices of raddish, knolkhol and beet root have increased by 16%, 10% and 7% respectively due to sufficient stocks have not received from any upcountry or low country producing areas. Further, prices of carrot, leeks and cabbage have increased in the range of 1%-3%. However, price of beans has decreased by 2%.

Meanwhile, prices of tomato have increased by 32% due to decreased market supply from Sooriyawewa area. Further, price of capsicum has increased by 21% due to decreased market supply from Puttalam, Wellawaya and Nuwara Eliya areas.

Considering, low country vegetables, the highest price increase was reported for brinjals by 22% due to decreased market supply from Embilipitiya and Sooriyawewa areas. In addition, prices of ladies fingers, bitter gourd and snake gourd have increased in the range of 14%-16% due to sufficient stocks not received from any main producing area. Further, luffa and ash plantain have increased by 5% and 6% However, price of drumstick has decreased by 40% due to low quality stocks received from Dambulla, Sooriyawewa and Kalpitiya areas. Further

price of cucumber has decreased by 30% due to increased market supply from Puttalam and Balangoda areas and the price of pumpkin has decreased by 14% due to increased market supply from Monaragala and Jaffna areas.

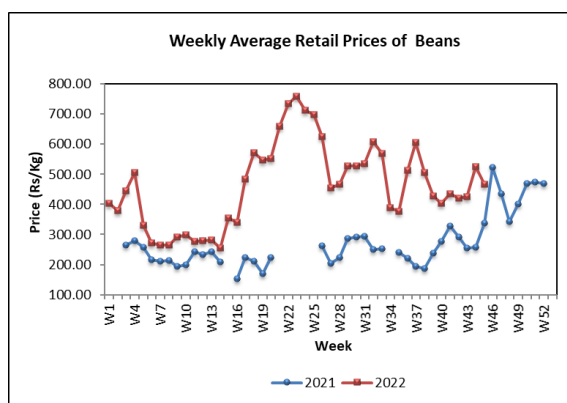
Meanwhile, price of green chilies has decreased by 4% and price of lime has decreased by 8%.

Compared to the same period of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 369% being reported for beetroot.

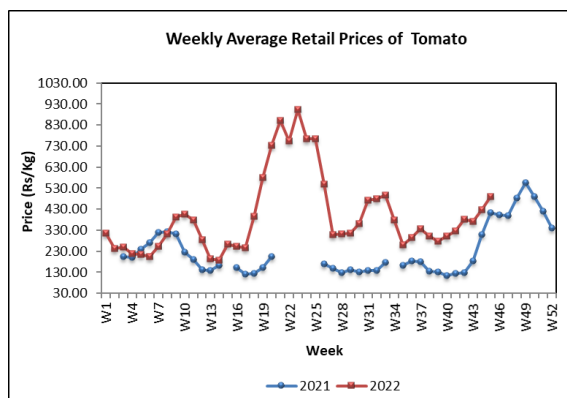
Retail

In line with the increased wholesale prices retail prices of most of the varieties have also increased.

Considering up country varieties the highest price increase was reported for carrot as Rs.32.00/kg, followed by Rs.24.00/kg for raddish. Further, prices of leeks, beetroot, knolkhol, cabbage, ladies fingers and brinjals have also increased by Rs.4.00-10.00/kg. However, price of beans has decreased by Rs.58.00/kg.



Prices of tomato and capsicum have increased by Rs.63.00/kg and Rs.166.00/kg respectively.



Considering low country varieties, the highest price increase was reported for bitter gourd as Rs.45.00/kg followed by Rs.28.00/kg for drumstick. Further, prices of snake gourd, luffa, long beans and ash plantain also have increased by Rs.4.00-10.00/kg. However, prices of pumpkin and cucumber have decreased by Rs.16.00/kg and Rs.17.00/kg in line with wholesale prices.

Prices of green chilies and lime have decreased by Rs.35.00/kg and Rs.34.00/kg respectively.

Compared to the same period of last year, prices of all varieties have increased and the highest was reported for beet root as 169%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1%. Their prices ranged between Rs.85.00-88.00/nut for a large nut and Rs.75.00-78.00/nut for a small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 17% and 19% respectively.

Retail

Prices of both large and small nuts have increased by Rs.1.00/nut. Price ranges were Rs.95.00-120.00/nut for large and Rs.80.00-95.00/nut for small.

Compared to the same period of last year, prices of large and small nuts have increased by 16% and 15% respectively.

Fruits

Wholesale

Prices of most fruit varieties have increased with limited supply and high demand. The highest price increase was reported for papaw by 34% with limited supply and availability of quality stocks. The price of orange has increased in 23% due to limited supply and high demand. Prices of imported grapes has increased by 13% with availability of high quality stocks from South Africa. The price of avocado has increased by 8% due to the off season while passion fruit has increased by 3% due to high demand. Further, prices of all varieties of banana have increased slightly by 1%-2% as availability of limited stocks.

However, the price of all sizes of pineapple have decreased in the range of 9%-13% due to low demand and availability of small ripe fruits in the market. The price of all varieties of mango has decreased by 13%-19% due to availability of small fruits. The price of slime apple (3%) has also decreased and reported a high range with availability of both raw and ripe fruits. Further, price of king coconut (7%) and wood apple (6%) have decreased slightly with rainy weather.

Compared to the same period of last year, wholesale prices of all varieties of fruits

have increased with the highest price increase of 316% was recorded for passion fruit.

Retail

Retail prices of most of the fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.47.00/fruit was reported for medium sized pineapple due to increased demand. Prices of both small and large sized pineapples have increased by Rs.43.00/fruit and Rs.21.00/fruit respectively. The price of slime apple has increased by Rs.47.00/fruit due to limited supply. A price increase of Rs.40.00/kg was reported for papaw due to limited supply. The price of avocado has increased by Rs.13.00/fruit. Further, prices of banana varieties kolikuttu, ambul and seeni have increased in the range of Rs.5.00-10.00/kg while prices of anamalu and ambun have increased by Rs.1.00/fruit due to limited supply.

Meanwhile, a price decrease of Rs.34.00/kg was reported for imported grapes due to low demand. Prices of mango varieties kathakolimban and vilad have decreased by Rs.33.00/fruit and Rs.2.00/fruit respectively due to availability of low quality stocks. Prices of orange, wood apple and king coconut

have decreased in the range of Rs.3.00-7.00/fruit.

Compared with the same period of last year, retail prices of most of the fruits have increased and the highest price increase of 172% was reported for pineapple (small size).

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have decreased due to increased supply compared to declined demand. The highest price decrease of 15% was noted for mora due to high supply from Negombo and Kalpitiya areas and the price ranged Rs.750.00-800.00/kg. A price decrease of 11% was noted for paraw and thora due to high supply from Northern areas and their prices ranged Rs.800.00-1100.00/kg and Rs.1650.00-2200.00/kg respectively. Also, prices of hurulla and thalapath have decreased by 7%-8% and their prices ranged between Rs.550.00-700.00/kg and Rs.1600.00-2300.00/kg respectively.

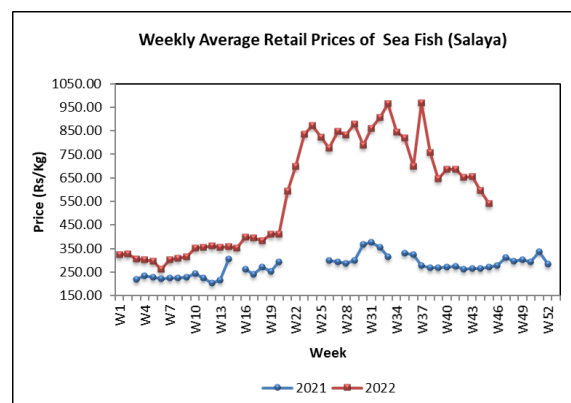
However, a price increase of 10% and 9% were noted for kelawalla and balaya due to low supply from Southern areas and their prices ranged Rs.1000.00-

1320.00/kg and Rs.450.00-700.00/kg respectively. In addition, price of shrimps has increased by 3%.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 18%-131% and the highest price increase was noted for salaya.

Retail

Retail prices of all types of fresh fish have further decreased in line with decreased wholesale prices. The highest price decrease of Rs.219.00/kg was reported for thora followed by Rs.96.00/kg for thalapath. Other types have decreased in the range of Rs.14.00-93.00/kg.



Compared to the same period of last year, all types of fresh fish have increased in the range of 13%-98% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 29% was noted for local sprats due to high supply from Trincomalee and Mannar areas and the price ranged Rs.850.00-1520.00/kg. Likewise, a price decrease of 8% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged between Rs.950.00-1200.00/kg. Further, a price decrease of 4% was noted for local maduwa and the price ranged between Rs.1100.00-1250.00/kg. Likewise, the prices of local salaya and local balaya have decreased by 2%-3%. In addition, prices of local mora, imported anguluwa and imported kattawa have not changed significantly.

Compared to the same period of last year, wholesale prices of all dried fish types except local sprats have increased in the range of 30%-135% and the highest price increase was reported for local salaya.

Retail

In line with decrease wholesale prices, the retail prices of most of the dried fish varieties have also further decreased. The

highest price decrease was reported for salaya by Rs.71.00/kg followed by Rs.67.00/kg for balaya. Further, prices of local sprats, imported sprats and kattawa also decreased by Rs.13.00-36.00/kg.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 62%-131% and the highest price increase was reported for imported sprat.

Eggs

Wholesale

The price of a brown egg has not changed significantly, while the price of a white egg has increased by 1%. Average price of a brown egg was Rs.50.00 and the price range of a white egg was Rs.49.00-50.00.

Compared to the same period of last year, prices of both brown and white eggs have increased by 137% and 159% respectively.

Retail

Price of a white egg has increased by Rs.1.00/egg in line with increased wholesale prices due to limited stocks in the market. Meanwhile, price of a brown egg has not changed significantly. Prices

ranged Rs.50.00-55.00 for a brown egg and Rs.49.00-52.00 for a white egg.

Compared to the same period of last year, both brown and white eggs have increased by 150% and 156% respectively.

Meat

Retail

Prices of most types of meat have further decreased. Price of pork has decreased by Rs.75.00/kg due to high supply. Price of skin-less broiler chicken has also decreased by Rs.38.00/kg. Further, price of beef has decreased by Rs.5.00/kg with low demand. However, prices of skin-less curry chicken and mutton have increased by Rs.10.00/kg and Rs.8.00/kg respectively due to low production.

Compared to the same period of last year, prices of all types of meat have increased in the range of 48%-110% and the highest price increase was reported for skin-less curry chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Week 45: 04 - 10 November 2022

Rice Varieties

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	10750 –	11250	10500 –	11000	11500 –	12000	10500 –	10750	10000 –	10500	10250 –	10500	9750 –	10250
Divulpitiya	11350 –	11350	10200 –	10600	11500 –	12000	10400 –	10900	9900 –	10250	10400 –	10700	9250 –	9750
Kurunegala	11250 –	11400	–		12750 –	12750	10850 –	10900	10000 –	10000	10250 –	10250	9250 –	9250
Nikaweratiya	11250 –	11350	10250 –	10250	12750 –	12800	10850 –	10850	9500 –	9750	10500 –	11000	9500 –	9600
Badulla	–		–		–		10600 –	10750	–		10400 –	10500	10250 –	10400
Puttalam	11100 –	11250	–		12600 –	12800	10700 –	10850	9450 –	9500	–		9250 –	9500
Dambulla	11250 –	11350	10750 –	10850	12750 –	13000	10850 –	10900	10400 –	10450	10500 –	10600	9750 –	10000
Anuradhapura	11250 –	11350	–		12700 –	12850	10750 –	10850	–		10350 –	10750	10000 –	10250
Tambuttegama	–		–		11750 –	12250	–		10000 –	10500	–		9500 –	9750
Polonnaruwa	11250 –	11300	–		12700 –	12750	10700 –	10750	–		–		10200 –	10250
Kalutara	–		11000 –	11150	12000 –	12150	–		10400 –	10500	10500 –	10750	10000 –	10250
Ampara	–		–		–		–		–		–		–	
Kandy	11000 –	11250	10250 –	10500	12000 –	12250	10500 –	10900	10000 –	10250	10400 –	10750	9750 –	10250
Moneragala	11250 –	11350	10750 –	10850	12500 –	12750	10500 –	10750	–		10250 –	10500	9750 –	10250
Kegalle	–		–		–		–		–		–		–	
Dehiattakandiya	–		–		12750 –	12750	10650 –	10750	9750 –	9750	–		10650 –	10750
Hambantota	–		11250 –	11250	12500 –	12750	–		–		10000 –	10300	10250 –	10350
Matara	11000 –	11100	–		12500 –	12750	10750 –	10800	–		10200 –	10300	10000 –	10200
Galle	11250 –	11350	–		12800 –	12850	–		–		10250 –	10250	10250 –	10500
Meegoda	–		10500 –	11000	12000 –	12500	–		10250 –	10500	10250 –	10500	9750 –	9900
Tissamaharama	–		–		–		–		10500 –	10500	9750 –	10000	10000 –	10250
Embilipitiya	11250 –	11350	–		12500 –	12600	10650 –	10700	–		9750 –	9900	9750 –	9850
Jaffna	–		10400 –	10650	12500 –	12900	10900 –	10900	10250 –	10400	10750 –	11000	–	
Vavuniya	–		10900 –	11000	12250 –	12750	–		10500 –	10500	10500 –	10500	10500 –	10500
Mannar	11150 –	11250	–		12650 –	12750	–		10650 –	10750	10400 –	10500	10250 –	10500
Killinochchi	–		10500 –	10750	12700 –	13000	–		10500 –	10750	10000 –	10250	10000 –	10250
Mullattivu	–		–		12500 –	12750	–		10250 –	10750	10350 –	10500	–	
Batticaloa	–		11000 –	11000	12900 –	13000	–		10500 –	10750	10500 –	10750	10000 –	10250
Trincomalee	–		–		12500 –	12800	–		10250 –	10750	10000 –	10500	10000 –	10500
Galenbindunuwewa	11250 –	11400	–		12250 –	12500	10750 –	10850	10000 –	10250	10250 –	10500	9500 –	9750
Matale	–		–		–		–		–		–		–	

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**Week 45: 04 - 10 November 2022**

	LOCATIONS	Rice Varieties														
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
12	Colombo	230.00 –	240.00	220.00 –	230.00	260.00 –	270.00	220.00 –	240.00	210.00 –	230.00	220.00 –	230.00	210.00 –	220.00	
	Gampaha	230.00 –	230.00	220.00 –	230.00	255.00 –	260.00	220.00 –	220.00	215.00 –	220.00	220.00 –	230.00	210.00 –	220.00	
	Kurunegala	230.00 –	230.00		–	260.00 –	260.00	220.00 –	220.00		–		–	210.00 –	210.00	
	Nikaweratiya	235.00 –	235.00	230.00 –	230.00	260.00 –	260.00	220.00 –	220.00	198.00 –	205.00	210.00 –	225.00	205.00 –	210.00	
	Dambulla	228.00 –	230.00	220.00 –	224.00	260.00 –	270.00	219.00 –	220.00	210.00 –	214.00	220.00 –	225.00	200.00 –	210.00	
	Anuradhapura	230.00 –	230.00		–	260.00 –	260.00	220.00 –	220.00		–	210.00 –	220.00	205.00 –	210.00	
	Thambuththegama	240.00 –	240.00	220.00 –	230.00	260.00 –	270.00	230.00 –	230.00	210.00 –	220.00	210.00 –	215.00	195.00 –	210.00	
	Polonnaruwa	230.00 –	230.00		–	260.00 –	260.00	220.00 –	220.00		–	220.00 –	220.00	210.00 –	210.00	
	Kaluthara		–	228.00 –	230.00	255.00 –	260.00		–	215.00 –	220.00	220.00 –	225.00	215.00 –	220.00	
	Badulla		–		–	255.00 –	260.00	220.00 –	220.00		–	210.00 –	215.00	210.00 –	215.00	
	Keppetipola	228.00 –	232.00	220.00 –	225.00	265.00 –	270.00	220.00 –	225.00	212.00 –	218.00	215.00 –	218.00	212.00 –	217.00	
	Moneragala	230.00 –	230.00	220.00 –	220.00	255.00 –	260.00		–	215.00 –	220.00	210.00 –	215.00	200.00 –	210.00	
	Kegalle	230.00 –	230.00	220.00 –	225.00	260.00 –	260.00	220.00 –	220.00	200.00 –	210.00	210.00 –	220.00	210.00 –	220.00	
	Ampara		–		–		–		–		–		–		–	
	Dehiattakandiya	230.00 –	230.00		–	260.00 –	260.00	215.00 –	220.00	200.00 –	200.00		–		215.00 –	220.00
	Nuwareliya	228.00 –	230.00	220.00 –	225.00	265.00 –	270.00	218.00 –	220.00	212.00 –	217.00	215.00 –	217.00	208.00 –	212.00	
	Kandy	235.00 –	240.00	220.00 –	225.00	260.00 –	270.00	225.00 –	230.00	215.00 –	220.00	220.00 –	230.00	200.00 –	210.00	
	Puttalam	230.00 –	232.00		–	255.00 –	265.00	220.00 –	222.00	195.00 –	200.00	220.00 –	220.00	195.00 –	197.00	
	Hambantota		–	230.00 –	230.00	250.00 –	260.00		–		–	205.00 –	210.00	210.00 –	210.00	
	Rathnapura	230.00 –	232.00		–		–	222.00 –	225.00		–	210.00 –	212.00	202.00 –	206.00	
	Matara	225.00 –	230.00		–	255.00 –	260.00	220.00 –	225.00		–	208.00 –	210.00	205.00 –	210.00	
	Galle		–	230.00 –	230.00	260.00 –	260.00		–	230.00 –	230.00	210.00 –	210.00	210.00 –	220.00	
	Tissamaharama		–		–		–		–	210.00 –	220.00	200.00 –	210.00	205.00 –	210.00	
	Meegoda (DEC)		–	230.00 –	230.00	250.00 –	260.00		–	210.00 –	220.00	210.00 –	220.00	210.00 –	210.00	
	Embilipitiya	235.00 –	240.00	225.00 –	230.00	255.00 –	270.00		–	220.00 –	230.00	200.00 –	210.00	200.00 –	212.00	
	Jaffna		–	210.00 –	215.00	260.00 –	270.00	230.00 –	230.00	210.00 –	220.00	220.00 –	250.00		–	
	Vavuniya		–	230.00 –	230.00	250.00 –	260.00		–	215.00 –	215.00	220.00 –	220.00	215.00 –	215.00	
	Mannar		–	230.00 –	230.00	260.00 –	260.00		–	220.00 –	220.00	215.00 –	220.00	215.00 –	220.00	
	Killinochchi		–	220.00 –	230.00	265.00 –	270.00	250.00 –	260.00	220.00 –	225.00	210.00 –	220.00	210.00 –	220.00	
	Mullaittivu		–		–	260.00 –	265.00		–	210.00 –	220.00	210.00 –	215.00		–	
	Batticaloa		–	230.00 –	230.00	265.00 –	270.00		–	215.00 –	220.00	220.00 –	220.00	210.00 –	215.00	
	Trincomalee		–		–	260.00 –	270.00		–	205.00 –	210.00	210.00 –	215.00	210.00 –	215.00	
Hanguranketha	225.00 –	235.00	212.00 –	220.00	250.00 –	260.00	218.00 –	220.00	205.00 –	215.00	215.00 –	225.00	200.00 –	212.00		
Veyangoda	230.00 –	230.00	220.00 –	230.00	250.00 –	260.00		–	210.00 –	220.00	210.00 –	225.00	210.00 –	210.00		
Galenbindunuwewa	230.00 –	230.00		–	250.00 –	260.00	220.00 –	220.00	210.00 –	210.00	210.00 –	220.00	200.00 –	210.00		
Bandarawela		–	225.00 –	230.00	255.00 –	260.00		–	215.00 –	220.00	210.00 –	215.00	210.00 –	215.00		
Matale		–		–		–		–		–		–		–		

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 45: 04 - 10 November 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	72500 - 80000	25000 - 26500	28500 - 31000	11250 - 12500	8500 - 10000	14500 - 15000	15500 - 16000	52500 - 55000	43000 - 45000	17750 - 18000
Kurunegala	-	-	-	13000 - 13250	9250 - 10250	-	-	55000 - 55000	43500 - 43750	17750 - 18250
Nikaweratiya	75000 - 82500	-	-	12250 - 13000	9500 - 9500	-	-	48500 - 55000	-	17900 - 18250
Dehiattakandiya	73500 - 77500	-	-	12500 - 13000	10500 - 11500	-	-	55000 - 55000	-	17750 - 19500
Dambulla (DEC)	77500 - 78000	27500 - 28000	27000 - 28000	11500 - 11750	9000 - 9250	13000 - 13500	-	49500 - 50000	43000 - 44000	17750 - 18000
Anuradhapura	80000 - 82500	-	30000 - 32000	13500 - 14000	11000 - 12000	-	16000 - 17000	57500 - 60000	45000 - 47500	18500 - 19500
Thambuththegama	71500 - 75000	-	28000 - 30000	12250 - 13000	9500 - 10500	14500 - 15000	-	49000 - 50000	-	17750 - 18250
Polonnaruwa	81000 - 81500	-	32000 - 32250	13500 - 113750	10250 - 10500	-	17000 - 17500	47250 - 47500	46250 - 46300	18500 - 18750
Kaluthara	79000 - 80000	26500 - 27000	-	12500 - 12750	9500 - 10000	15000 - 15500	16000 - 16500	55000 - 55500	44000 - 45000	18000 - 18250
Puttalam	78250 - 79500	-	22500 - 25000	12000 - 13500	10500 - 11750	-	17500 - 18500	55000 - 57500	47500 - 50000	17750 - 18500
Kandy	78000 - 80000	27500 - 28500	31000 - 32000	12750 - 13000	9250 - 9500	14500 - 15000	15500 - 16000	52500 - 53000	45000 - 46000	18000 - 18500
Matara	79000 - 80000	-	31500 - 32000	12750 - 13000	10000 - 11000	-	16250 - 16500	53000 - 55000	-	18500 - 19000
Hambantota	74000 - 77500	27500 - 29000	-	12500 - 13000	10500 - 11000	15500 - 16000	-	47500 - 48500	-	18500 - 19000
Kegalle	77000 - 78000	26000 - 26050	-	11200 - 11250	11000 - 11250	-	15500 - 15650	51500 - 52000	46500 - 47000	19500 - 20000
Galle	80000 - 81250	-	31000 - 32500	12500 - 13000	9500 - 10500	-	18000 - 18500	52500 - 57500	-	18000 - 18750
Tissamaharama	77500 - 80000	27500 - 28000	-	12500 - 13500	11500 - 12000	-	-	50000 - 50000	47500 - 47500	18500 - 19000
Meegoda (DEC)	75000 - 79000	26500 - 27500	-	12500 - 12750	8900 - 9250	16000 - 16500	18000 - 18000	55000 - 57500	42500 - 46000	17750 - 18250
Jaffna	77500 - 85000	-	21000 - 21750	13000 - 15000	8500 - 9500	-	-	50000 - 57500	-	17500 - 18000
Vavuniya	85000 - 85500	-	-	13000 - 13000	11500 - 11500	-	19000 - 19000	52000 - 52500	-	18000 - 18500
Mannar	82500 - 84000	-	30000 - 31000	13500 - 14000	10250 - 10500	-	-	54000 - 55000	-	18750 - 19000
Killinochchi	82000 - 83000	-	32000 - 33000	13000 - 14000	10250 - 11000	-	-	52500 - 53500	-	18750 - 19250
Mullattivu	75000 - 80000	-	-	14000 - 14500	10500 - 11000	-	-	52500 - 57500	47500 - 47500	19000 - 19500
Batticaloa	78000 - 80000	-	34500 - 35000	13750 - 14000	9500 - 9750	-	19000 - 19250	55000 - 55000	-	18000 - 18500
Trincomalee	75000 - 78000	-	26500 - 27500	11500 - 12250	9000 - 9500	-	-	56000 - 58000	42000 - 46250	17750 - 18750
Galenbindunuwewa	79000 - 82500	-	31000 - 33000	13000 - 14000	10500 - 11000	-	-	52500 - 55000	42500 - 47000	18500 - 19000
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 45: 04 - 10 November 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1600.00 - 2000.00	400.00 - 620.00	600.00 - 750.00	260.00 - 300.00	200.00 - 260.00	320.00 - 360.00	400.00 - 480.00	1200.00 - 1300.00	1100.00 - 1200.00	370.00 - 400.00
Gampaha	1600.00 - 1800.00	400.00 - 400.00	600.00 - 720.00	260.00 - 280.00	240.00 - 280.00	-	400.00 - 440.00	1200.00 - 1280.00	940.00 - 1000.00	400.00 - 430.00
Kurunegala	1700.00 - 1800.00	-	620.00 - 720.00	280.00 - 300.00	240.00 - 260.00	380.00 - 400.00	420.00 - 440.00	1200.00 - 1200.00	1000.00 - 1000.00	400.00 - 440.00
Nikaweratiya	1600.00 - 1800.00	560.00 - 600.00	-	270.00 - 290.00	210.00 - 240.00	340.00 - 350.00	-	1200.00 - 1200.00	950.00 - 1100.00	380.00 - 390.00
Dambulla	1650.00 - 1700.00	650.00 - 660.00	640.00 - 660.00	270.00 - 280.00	240.00 - 260.00	360.00 - 380.00	-	1150.00 - 1200.00	1000.00 - 1100.00	380.00 - 400.00
Anuradhapura	1700.00 - 1800.00	-	640.00 - 720.00	270.00 - 300.00	240.00 - 260.00	360.00 - 380.00	-	1200.00 - 1250.00	950.00 - 1000.00	380.00 - 400.00
Thambuththegama	1600.00 - 1700.00	-	650.00 - 700.00	260.00 - 300.00	225.00 - 240.00	340.00 - 360.00	-	1000.00 - 1200.00	-	375.00 - 390.00
Polonnaruwa	1640.00 - 1750.00	-	650.00 - 660.00	280.00 - 290.00	230.00 - 240.00	360.00 - 370.00	-	980.00 - 1100.00	950.00 - 1000.00	380.00 - 390.00
Kaluthara	1650.00 - 1700.00	620.00 - 640.00	-	265.00 - 285.00	220.00 - 240.00	420.00 - 440.00	440.00 - 460.00	1200.00 - 1280.00	1000.00 - 1100.00	390.00 - 400.00
Badulla	1650.00 - 1700.00	-	660.00 - 700.00	280.00 - 300.00	240.00 - 250.00	400.00 - 440.00	-	1150.00 - 1200.00	950.00 - 1000.00	390.00 - 400.00
Keppetipola	1650.00 - 1750.00	650.00 - 670.00	680.00 - 700.00	300.00 - 330.00	240.00 - 260.00	360.00 - 380.00	-	1150.00 - 1200.00	980.00 - 1000.00	380.00 - 400.00
Moneragala	1650.00 - 1700.00	-	720.00 - 760.00	280.00 - 300.00	240.00 - 260.00	360.00 - 400.00	-	1000.00 - 1100.00	900.00 - 1000.00	380.00 - 400.00
Kegalle	1580.00 - 1650.00	580.00 - 600.00	-	260.00 - 280.00	250.00 - 260.00	360.00 - 380.00	-	1050.00 - 1120.00	950.00 - 980.00	400.00 - 440.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	1500.00 - 1600.00	420.00 - 420.00	560.00 - 560.00	260.00 - 280.00	230.00 - 260.00	-	-	1150.00 - 1150.00	-	370.00 - 400.00
Nuwaraeliya	1600.00 - 1700.00	650.00 - 660.00	680.00 - 700.00	320.00 - 340.00	240.00 - 260.00	-	370.00 - 390.00	1150.00 - 1250.00	1000.00 - 1100.00	385.00 - 420.00
Kandy	1680.00 - 1700.00	720.00 - 740.00	780.00 - 800.00	280.00 - 300.00	240.00 - 250.00	380.00 - 400.00	420.00 - 440.00	1180.00 - 1200.00	960.00 - 1000.00	400.00 - 420.00
Puttalam	1620.00 - 1670.00	-	600.00 - 640.00	280.00 - 320.00	240.00 - 280.00	-	400.00 - 440.00	1200.00 - 1250.00	1000.00 - 1100.00	370.00 - 385.00
Rathnapura	1700.00 - 1800.00	620.00 - 640.00	-	280.00 - 300.00	220.00 - 240.00	-	-	1160.00 - 1200.00	940.00 - 990.00	390.00 - 400.00
Hambantota	1600.00 - 1700.00	600.00 - 650.00	-	270.00 - 280.00	260.00 - 280.00	360.00 - 400.00	-	1000.00 - 1200.00	-	380.00 - 400.00
Matara	1650.00 - 1700.00	-	700.00 - 800.00	270.00 - 280.00	240.00 - 270.00	360.00 - 380.00	-	1000.00 - 1200.00	1000.00 - 1100.00	380.00 - 400.00
Galle	1700.00 - 1750.00	680.00 - 700.00	-	260.00 - 280.00	240.00 - 240.00	-	400.00 - 420.00	1100.00 - 1250.00	-	380.00 - 385.00
Tissamaharama	1650.00 - 1700.00	580.00 - 600.00	-	260.00 - 280.00	250.00 - 260.00	-	-	1050.00 - 1050.00	1000.00 - 1000.00	380.00 - 400.00
Meegoda (DEC)	1500.00 - 1650.00	600.00 - 700.00	-	260.00 - 270.00	220.00 - 240.00	400.00 - 420.00	480.00 - 480.00	1100.00 - 1200.00	880.00 - 1000.00	380.00 - 400.00
Embilipitiya	1650.00 - 1800.00	-	640.00 - 680.00	270.00 - 280.00	230.00 - 250.00	320.00 - 380.00	-	950.00 - 1060.00	900.00 - 930.00	385.00 - 460.00
Jaffna	1500.00 - 1750.00	-	400.00 - 500.00	290.00 - 320.00	210.00 - 230.00	-	-	1100.00 - 1200.00	-	380.00 - 400.00
Vavuniya	1800.00 - 1900.00	-	-	280.00 - 280.00	250.00 - 250.00	400.00 - 400.00	-	1050.00 - 1100.00	-	370.00 - 398.00
Mannar	1700.00 - 1750.00	-	750.00 - 800.00	300.00 - 320.00	230.00 - 240.00	-	-	1150.00 - 1200.00	-	390.00 - 400.00
Killinochchi	1700.00 - 1750.00	-	680.00 - 720.00	300.00 - 320.00	240.00 - 260.00	-	-	1100.00 - 1200.00	-	390.00 - 400.00
Mullaittivu	1600.00 - 1700.00	-	-	-	240.00 - 260.00	-	-	1100.00 - 1200.00	1000.00 - 1000.00	400.00 - 420.00
Batticaloa	1600.00 - 1650.00	-	750.00 - 800.00	300.00 - 320.00	230.00 - 250.00	-	420.00 - 450.00	1150.00 - 1200.00	-	380.00 - 400.00
Trincomalee	1500.00 - 1610.00	-	500.00 - 600.00	260.00 - 300.00	200.00 - 210.00	-	-	1100.00 - 1200.00	870.00 - 900.00	370.00 - 380.00
Hanguranketha	1600.00 - 1700.00	550.00 - 600.00	-	270.00 - 300.00	210.00 - 240.00	340.00 - 380.00	-	1200.00 - 1250.00	950.00 - 1000.00	358.00 - 370.00
Veyangoda	1600.00 - 1700.00	-	600.00 - 660.00	280.00 - 290.00	210.00 - 240.00	360.00 - 400.00	-	1200.00 - 1250.00	960.00 - 1000.00	375.00 - 400.00
Galenbindunuwewa	1650.00 - 1700.00	-	640.00 - 680.00	270.00 - 290.00	220.00 - 240.00	-	-	1150.00 - 1200.00	900.00 - 1000.00	380.00 - 390.00
Bandarawela	1600.00 - 1700.00	580.00 - 600.00	-	280.00 - 290.00	220.00 - 240.00	380.00 - 400.00	-	1180.00 - 1200.00	950.00 - 1000.00	380.00 - 400.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 45: 04 - 10 November 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 370.00	280.00 - 320.00	180.00 - 220.00	200.00 - 280.00	170.00 - 200.00
Meegoda (DEC)	-	350.00 - 380.00	340.00 - 370.00	240.00 - 270.00	210.00 - 240.00	-
Dambulla (DEC)	-	240.00 - 260.00	260.00 - 340.00	200.00 - 220.00	180.00 - 210.00	190.00 - 210.00
Keppetipola (DEC)	-	280.00 - 300.00	280.00 - 320.00	190.00 - 200.00	180.00 - 200.00	180.00 - 200.00
Norochchole (DEC)	-	-	-	-	170.00 - 220.00	-
Nuwara Eliya	-	260.00 - 300.00	320.00 - 330.00	200.00 - 210.00	190.00 - 200.00	180.00 - 200.00
Kandy	-	280.00 - 300.00	270.00 - 300.00	220.00 - 240.00	220.00 - 230.00	170.00 - 180.00
Hambantota	-	360.00 - 400.00	300.00 - 360.00	200.00 - 260.00	200.00 - 280.00	170.00 - 240.00
Thambuththegama (DEC)	-	300.00 - 340.00	320.00 - 350.00	210.00 - 240.00	200.00 - 220.00	150.00 - 180.00
Jaffna	-	350.00 - 400.00	340.00 - 380.00	250.00 - 280.00	190.00 - 210.00	-
Bandarawela	-	280.00 - 320.00	260.00 - 280.00	170.00 - 190.00	180.00 - 200.00	160.00 - 180.00
Veyangoda	-	300.00 - 350.00	320.00 - 350.00	220.00 - 240.00	200.00 - 220.00	180.00 - 240.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	90.00 - 150.00	130.00 - 200.00	330.00 - 400.00	120.00 - 140.00	300.00 - 320.00	700.00 - 800.00
Meegoda (DEC)	130.00 - 160.00	190.00 - 230.00	330.00 - 380.00	130.00 - 160.00	300.00 - 350.00	650.00 - 760.00
Moneragala	100.00 - 120.00	250.00 - 270.00	300.00 - 350.00	120.00 - 150.00	250.00 - 300.00	700.00 - 750.00
Dambulla (DEC)	60.00 - 100.00	150.00 - 180.00	260.00 - 280.00	80.00 - 90.00	240.00 - 280.00	600.00 - 650.00
Keppetipola (DEC)	90.00 - 110.00	120.00 - 140.00	280.00 - 300.00	100.00 - 120.00	240.00 - 260.00	700.00 - 750.00
Norochchole (DEC)	70.00 - 90.00	120.00 - 150.00	-	110.00 - 130.00	250.00 - 320.00	450.00 - 550.00
Nuwara Eliya	100.00 - 110.00	140.00 - 160.00	260.00 - 290.00	110.00 - 120.00	230.00 - 240.00	690.00 - 720.00
Kandy	80.00 - 100.00	130.00 - 180.00	270.00 - 300.00	130.00 - 140.00	250.00 - 280.00	650.00 - 680.00
Hambantota	150.00 - 200.00	200.00 - 260.00	300.00 - 380.00	120.00 - 180.00	200.00 - 280.00	550.00 - 700.00
Thambuththegama (DEC)	90.00 - 120.00	190.00 - 220.00	290.00 - 340.00	100.00 - 120.00	260.00 - 320.00	560.00 - 650.00
Tissamaharama	120.00 - 140.00	260.00 - 290.00	300.00 - 330.00	90.00 - 120.00	230.00 - 260.00	680.00 - 700.00
Jaffna	130.00 - 150.00	230.00 - 280.00	300.00 - 360.00	140.00 - 160.00	300.00 - 420.00	620.00 - 700.00
Bandarawela	50.00 - 70.00	120.00 - 140.00	250.00 - 280.00	-	230.00 - 250.00	650.00 - 700.00
Veyangoda	100.00 - 120.00	180.00 - 190.00	320.00 - 350.00	100.00 - 150.00	280.00 - 320.00	650.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 140.00	30.00 - 50.00	350.00 - 400.00	280.00 - 320.00	150.00 - 200.00	170.00 - 200.00
Meegoda (DEC)	120.00 - 150.00	50.00 - 70.00	320.00 - 370.00	280.00 - 300.00	260.00 - 300.00	160.00 - 200.00
Moneragala	140.00 - 150.00	60.00 - 70.00	450.00 - 500.00	300.00 - 320.00	230.00 - 250.00	200.00 - 240.00
Dambulla (DEC)	85.00 - 120.00	20.00 - 30.00	280.00 - 310.00	220.00 - 240.00	100.00 - 130.00	140.00 - 170.00
Keppetipola (DEC)	120.00 - 140.00	40.00 - 60.00	280.00 - 300.00	230.00 - 240.00	200.00 - 220.00	150.00 - 170.00
Norochchole (DEC)	110.00 - 150.00	20.00 - 30.00	250.00 - 350.00	150.00 - 170.00	170.00 - 200.00	140.00 - 180.00
Nuwara Eliya	135.00 - 145.00	45.00 - 55.00	330.00 - 340.00	240.00 - 250.00	180.00 - 200.00	180.00 - 190.00
Kandy	130.00 - 150.00	50.00 - 60.00	320.00 - 330.00	250.00 - 270.00	160.00 - 220.00	200.00 - 220.00
Hambantota	150.00 - 180.00	60.00 - 80.00	360.00 - 460.00	220.00 - 300.00	150.00 - 190.00	150.00 - 220.00
Thambuththegama (DEC)	80.00 - 120.00	20.00 - 30.00	270.00 - 320.00	220.00 - 250.00	150.00 - 220.00	130.00 - 160.00
Tissamaharama	110.00 - 130.00	50.00 - 70.00	350.00 - 380.00	180.00 - 220.00	120.00 - 130.00	130.00 - 150.00
Jaffna	100.00 - 130.00	80.00 - 110.00	350.00 - 400.00	180.00 - 220.00	380.00 - 550.00	-
Bandarawela	120.00 - 140.00	50.00 - 60.00	-	-	-	-
Veyangoda	130.00 - 160.00	40.00 - 60.00	320.00 - 360.00	240.00 - 280.00	170.00 - 220.00	180.00 - 190.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 230.00	180.00 - 200.00	150.00 - 200.00	400.00 - 450.00	130.00 - 150.00	90.00 - 100.00
Meegoda (DEC)	200.00 - 220.00	170.00 - 210.00	180.00 - 200.00	330.00 - 350.00	110.00 - 130.00	170.00 - 170.00
Moneragala	280.00 - 300.00	140.00 - 160.00	250.00 - 300.00	300.00 - 350.00	180.00 - 200.00	60.00 - 80.00
Dambulla (DEC)	180.00 - 210.00	160.00 - 180.00	100.00 - 150.00	220.00 - 250.00	110.00 - 130.00	85.00 - 100.00
Keppetipola (DEC)	180.00 - 200.00	150.00 - 170.00	200.00 - 230.00	260.00 - 280.00	120.00 - 130.00	90.00 - 110.00
Norochchole (DEC)	150.00 - 180.00	100.00 - 150.00	150.00 - 180.00	-	120.00 - 150.00	100.00 - 120.00
Nuwara Eliya	190.00 - 200.00	180.00 - 190.00	180.00 - 200.00	250.00 - 300.00	120.00 - 130.00	90.00 - 100.00
Kandy	200.00 - 220.00	150.00 - 170.00	200.00 - 230.00	350.00 - 380.00	120.00 - 140.00	90.00 - 100.00
Hambantota	150.00 - 180.00	100.00 - 140.00	200.00 - 250.00	500.00 - 560.00	130.00 - 170.00	80.00 - 120.00
Thambuththegama (DEC)	220.00 - 250.00	130.00 - 160.00	100.00 - 160.00	200.00 - 250.00	110.00 - 140.00	100.00 - 120.00
Tissamaharama	140.00 - 180.00	120.00 - 140.00	220.00 - 240.00	320.00 - 350.00	130.00 - 140.00	80.00 - 90.00
Jaffna	220.00 - 280.00	120.00 - 150.00	120.00 - 160.00	450.00 - 600.00	130.00 - 170.00	120.00 - 160.00
Bandarawela	-	-	180.00 - 200.00	-	120.00 - 130.00	80.00 - 100.00
Veyangoda	190.00 - 230.00	150.00 - 180.00	140.00 - 170.00	250.00 - 300.00	110.00 - 130.00	120.00 - 160.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	55.00 - 60.00	55.00 - 60.00	220.00 - 240.00	85.00 - 88.00	75.00 - 78.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	95.00 - 97.00	85.00 - 90.00
Norochchole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	72.00 - 85.00	60.00 - 65.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	30.00 - 35.00	30.00 - 35.00	20.00 - 25.00	75.00 - 82.00	62.00 - 65.00
Kandy	40.00 - 50.00	45.00 - 50.00	200.00 - 210.00	85.00 - 90.00	68.00 - 70.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	70.00 - 75.00	55.00 - 65.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	40.00 - 45.00	80.00 - 85.00	55.00 - 60.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 90.00	50.00 - 60.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	40.00 - 45.00	80.00 - 85.00	55.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 45.00	45.00 - 50.00	45.00 - 51.00	85.00 - 90.00	65.00 - 70.00

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 45: 04 - 10 November 2022

LOCATIONS	Up Country Varieties																						
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato						
Colombo	-		360.00	-	560.00	360.00	-	520.00	260.00	-	400.00	280.00	-	400.00	250.00	-	320.00	200.00	-	440.00	380.00	-	600.00
Gampaha	-		480.00	-	500.00	380.00	-	400.00	280.00	-	320.00	320.00	-	360.00	280.00	-	320.00	160.00	-	240.00	280.00	-	320.00
Kurunegala	-		460.00	-	500.00	460.00	-	480.00	320.00	-	360.00	320.00	-	360.00	300.00	-	340.00	220.00	-	260.00	300.00	-	340.00
Nikaweratiya	-		400.00	-	480.00	400.00	-	480.00	320.00	-	400.00	320.00	-	320.00	280.00	-	360.00	160.00	-	240.00	320.00	-	360.00
Dambulla	-		400.00	-	420.00	400.00	-	420.00	400.00	-	420.00	360.00	-	400.00	350.00	-	360.00	160.00	-	200.00	300.00	-	340.00
Anuradhapura	-		450.00	-	480.00	420.00	-	480.00	320.00	-	400.00	300.00	-	400.00	240.00	-	260.00	230.00	-	250.00	320.00	-	360.00
Thambuththegama	-		420.00	-	480.00	380.00	-	440.00	280.00	-	320.00	260.00	-	300.00	260.00	-	300.00	160.00	-	220.00	280.00	-	320.00
Polonnaruwa	-		380.00	-	400.00	420.00	-	440.00	320.00	-	340.00	320.00	-	340.00	-		180.00	-	190.00	320.00	-	340.00	
Kaluthara	-		400.00	-	420.00	420.00	-	440.00	280.00	-	300.00	340.00	-	360.00	340.00	-	360.00	200.00	-	220.00	360.00	-	380.00
Badulla	-		360.00	-	400.00	360.00	-	400.00	320.00	-	360.00	320.00	-	360.00	300.00	-	320.00	120.00	-	140.00	240.00	-	280.00
Keppetipola	-		340.00	-	360.00	340.00	-	350.00	250.00	-	260.00	240.00	-	260.00	240.00	-	260.00	140.00	-	160.00	200.00	-	220.00
Moneragala	-		400.00	-	480.00	360.00	-	400.00	320.00	-	400.00	360.00	-	400.00	-		160.00	-	200.00	280.00	-	320.00	
Kegalle	-		460.00	-	480.00	420.00	-	440.00	340.00	-	360.00	340.00	-	360.00	300.00	-	320.00	260.00	-	280.00	300.00	-	320.00
Ampara	-		-		-	-		-	-		-	-		-	-		-	-		-	-		-
Dehiattakandiya	-		400.00	-	480.00	400.00	-	480.00	320.00	-	360.00	380.00	-	400.00	400.00	-	400.00	200.00	-	240.00	360.00	-	400.00
Nuwaraeliya	-		350.00	-	360.00	380.00	-	400.00	260.00	-	280.00	250.00	-	260.00	250.00	-	260.00	150.00	-	160.00	220.00	-	240.00
Kandy	-		440.00	-	480.00	440.00	-	480.00	280.00	-	320.00	300.00	-	320.00	240.00	-	260.00	160.00	-	180.00	240.00	-	280.00
Puttalam	-		440.00	-	520.00	400.00	-	480.00	300.00	-	360.00	350.00	-	420.00	-		240.00	-	260.00	400.00	-	440.00	
Hambantota	-		460.00	-	520.00	400.00	-	480.00	280.00	-	320.00	280.00	-	320.00	240.00	-	320.00	200.00	-	240.00	280.00	-	330.00
Rathnapura	-		380.00	-	400.00	400.00	-	440.00	360.00	-	400.00	320.00	-	330.00	-		-	-		300.00	-	320.00	
Matara	-		450.00	-	500.00	400.00	-	460.00	300.00	-	320.00	300.00	-	320.00	-		180.00	-	220.00	300.00	-	320.00	
Galle	-		480.00	-	540.00	460.00	-	500.00	360.00	-	400.00	340.00	-	400.00	-		240.00	-	300.00	360.00	-	400.00	
Tissamaharama	-		360.00	-	400.00	380.00	-	400.00	290.00	-	320.00	300.00	-	320.00	240.00	-	260.00	160.00	-	180.00	300.00	-	320.00
Meegoda (DEC)	-		400.00	-	480.00	440.00	-	480.00	360.00	-	400.00	320.00	-	400.00	-		200.00	-	240.00	300.00	-	320.00	
Embilipitiya	-		450.00	-	500.00	400.00	-	480.00	300.00	-	360.00	320.00	-	400.00	240.00	-	280.00	160.00	-	200.00	350.00	-	400.00
Jaffna	-		380.00	-	420.00	380.00	-	420.00	300.00	-	320.00	200.00	-	250.00	-		145.00	-	160.00	260.00	-	350.00	
Vavuniya	-		400.00	-	400.00	450.00	-	480.00	380.00	-	400.00	380.00	-	400.00	-		140.00	-	160.00	320.00	-	400.00	
Mannar	-		480.00	-	500.00	480.00	-	500.00	400.00	-	420.00	400.00	-	420.00	-		180.00	-	200.00	400.00	-	420.00	
Killinochchi	-		400.00	-	440.00	440.00	-	460.00	350.00	-	380.00	350.00	-	380.00	-		200.00	-	240.00	300.00	-	340.00	
Mullaittivu	-		400.00	-	440.00	450.00	-	480.00	360.00	-	380.00	320.00	-	360.00	-		-	-		360.00	-	400.00	
Batticaloa	-		420.00	-	450.00	460.00	-	480.00	320.00	-	350.00	320.00	-	350.00	320.00	-	320.00	240.00	-	260.00	320.00	-	340.00
Trincomalee	-					440.00		480.00	340.00		360.00	-		-	-		200.00	-	230.00	240.00		265.00	
Hanguranketha	-		320.00	-	350.00	340.00	-	380.00	240.00	-	260.00	250.00	-	280.00	210.00	-	230.00	90.00	-	110.00	150.00	-	180.00
Veyangoda	-		480.00	-	500.00	400.00	-	440.00	320.00	-	360.00	320.00	-	350.00	320.00	-	340.00	220.00	-	240.00	320.00	-	360.00
Galenbindunuwewa	-		400.00	-	480.00	420.00	-	480.00	360.00	-	400.00	300.00	-	320.00	-		160.00	-	200.00	300.00	-	360.00	
Bandarawela	-		360.00	-	380.00	380.00	-	400.00	300.00	-	320.00	280.00	-	320.00	260.00	-	280.00	140.00	-	160.00	220.00	-	240.00
Matale	-		-		-	-		-	-		-	-		-	-		-	-		-	-		-

Table 07 (Contd.)

LOCATIONS	Low Country Varieties																			
	Ladies Fingers		Brinjal		Capsicum		Pumpkin		Cucumber		Bitter Gourd		Snake Gourd		Drumstick		Luffa		Long Beans	
Colombo	160.00	320.00	340.00	500.00	800.00	1200.00	160.00	280.00	70.00	200.00	400.00	600.00	300.00	480.00	300.00	480.00	240.00	400.00	240.00	440.00
Gampaha	240.00	260.00	320.00	400.00	800.00	800.00	240.00	280.00	120.00	160.00	400.00	600.00	320.00	400.00	400.00	480.00	280.00	400.00	280.00	400.00
Kurunegala	200.00	240.00	360.00	400.00	760.00	900.00	220.00	240.00	140.00	160.00	400.00	440.00	380.00	400.00	360.00	400.00	280.00	320.00	300.00	340.00
Nikaweratiya	240.00	320.00	320.00	360.00	750.00	800.00	180.00	240.00	120.00	200.00	400.00	480.00	320.00	320.00	-	-	280.00	360.00	-	-
Dambulla	180.00	200.00	440.00	460.00	700.00	800.00	200.00	240.00	100.00	120.00	460.00	480.00	360.00	400.00	200.00	240.00	280.00	320.00	300.00	320.00
Anuradhapura	200.00	250.00	320.00	480.00	650.00	800.00	240.00	320.00	120.00	200.00	400.00	480.00	320.00	400.00	360.00	400.00	280.00	360.00	320.00	400.00
Thambuththegama	160.00	240.00	400.00	460.00	680.00	780.00	160.00	200.00	80.00	150.00	400.00	480.00	300.00	320.00	-	-	220.00	280.00	260.00	320.00
Polonnaruwa	200.00	220.00	440.00	450.00	770.00	800.00	180.00	200.00	90.00	110.00	420.00	440.00	340.00	360.00	-	-	240.00	260.00	320.00	340.00
Kaluthara	280.00	300.00	360.00	380.00	880.00	900.00	240.00	260.00	140.00	160.00	600.00	620.00	360.00	380.00	400.00	420.00	320.00	340.00	340.00	360.00
Badulla	200.00	240.00	360.00	400.00	800.00	900.00	200.00	240.00	120.00	160.00	480.00	540.00	360.00	400.00	320.00	360.00	320.00	360.00	240.00	320.00
Keppetipola	160.00	180.00	290.00	320.00	780.00	820.00	180.00	200.00	90.00	100.00	340.00	360.00	280.00	300.00	260.00	280.00	220.00	240.00	250.00	260.00
Moneragala	180.00	200.00	320.00	360.00	800.00	850.00	200.00	240.00	100.00	200.00	520.00	550.00	380.00	400.00	300.00	320.00	280.00	320.00	320.00	360.00
Kegalle	220.00	240.00	340.00	360.00	780.00	800.00	260.00	280.00	140.00	160.00	450.00	480.00	300.00	320.00	280.00	320.00	300.00	320.00	340.00	360.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	240.00	260.00	280.00	320.00	800.00	820.00	240.00	280.00	160.00	180.00	460.00	480.00	320.00	380.00	300.00	480.00	300.00	340.00	360.00	380.00
Nuwaraeliya	180.00	200.00	280.00	300.00	800.00	820.00	200.00	220.00	100.00	110.00	380.00	400.00	300.00	320.00	250.00	270.00	260.00	280.00	250.00	270.00
Kandy	200.00	240.00	320.00	360.00	900.00	950.00	200.00	240.00	100.00	120.00	400.00	440.00	360.00	380.00	280.00	300.00	260.00	280.00	280.00	300.00
Puttalam	200.00	240.00	440.00	520.00	800.00	1000.00	240.00	300.00	150.00	180.00	440.00	520.00	360.00	400.00	400.00	600.00	320.00	400.00	300.00	340.00
Rathnapura	180.00	200.00	340.00	380.00	760.00	800.00	230.00	250.00	150.00	170.00	520.00	580.00	300.00	320.00	300.00	320.00	320.00	340.00	320.00	360.00
Hambantota	160.00	240.00	240.00	320.00	720.00	800.00	200.00	240.00	100.00	120.00	400.00	550.00	280.00	400.00	160.00	200.00	240.00	320.00	200.00	240.00
Matara	180.00	200.00	350.00	400.00	800.00	900.00	180.00	200.00	100.00	120.00	480.00	550.00	360.00	400.00	180.00	200.00	240.00	320.00	240.00	300.00
Galle	260.00	320.00	400.00	480.00	900.00	1000.00	260.00	280.00	160.00	200.00	540.00	600.00	360.00	380.00	300.00	380.00	360.00	400.00	270.00	300.00
Tissamaharama	140.00	160.00	280.00	320.00	700.00	740.00	150.00	180.00	90.00	120.00	400.00	440.00	240.00	260.00	170.00	180.00	170.00	200.00	180.00	200.00
Meegoda (DEC)	240.00	280.00	400.00	480.00	900.00	1000.00	240.00	240.00	160.00	200.00	440.00	480.00	400.00	440.00	400.00	440.00	280.00	320.00	300.00	360.00
Embilipitiya	160.00	200.00	320.00	400.00	600.00	700.00	240.00	280.00	60.00	80.00	480.00	560.00	300.00	350.00	200.00	280.00	240.00	300.00	320.00	400.00
Jaffna	160.00	180.00	380.00	450.00	750.00	820.00	120.00	130.00	120.00	150.00	400.00	420.00	140.00	200.00	400.00	600.00	-	-	300.00	350.00
Vavuniya	160.00	240.00	400.00	500.00	750.00	800.00	240.00	300.00	180.00	200.00	500.00	650.00	400.00	400.00	600.00	600.00	300.00	320.00	450.00	480.00
Mannar	240.00	280.00	400.00	440.00	800.00	800.00	220.00	240.00	120.00	140.00	480.00	520.00	320.00	360.00	300.00	320.00	-	-	280.00	320.00
Killinochchi	230.00	250.00	480.00	520.00	780.00	820.00	240.00	260.00	-	-	600.00	640.00	240.00	260.00	580.00	620.00	-	-	480.00	520.00
Mullaivittu	200.00	240.00	400.00	480.00	760.00	800.00	200.00	240.00	-	-	500.00	800.00	-	-	-	-	-	-	350.00	400.00
Batticaloa	240.00	260.00	400.00	420.00	800.00	800.00	220.00	240.00	240.00	240.00	600.00	600.00	320.00	320.00	480.00	500.00	320.00	320.00	320.00	350.00
Trincomalee	200.00	230.00	300.00	340.00	600.00	680.00	200.00	240.00	100.00	140.00	380.00	420.00	300.00	340.00	200.00	250.00	220.00	260.00	200.00	240.00
Hanguranketha	140.00	160.00	300.00	330.00	690.00	750.00	160.00	190.00	80.00	100.00	310.00	350.00	260.00	280.00	200.00	260.00	190.00	220.00	230.00	250.00
Veyangoda	220.00	240.00	360.00	400.00	750.00	800.00	240.00	280.00	120.00	160.00	400.00	440.00	320.00	360.00	360.00	400.00	320.00	360.00	280.00	320.00
Galenbindunuwewa	200.00	240.00	340.00	400.00	700.00	800.00	200.00	240.00	140.00	160.00	460.00	480.00	-	-	-	-	280.00	320.00	-	-
Bandarawela	220.00	240.00	320.00	360.00	760.00	800.00	220.00	240.00	140.00	160.00	400.00	460.00	380.00	400.00	320.00	340.00	340.00	360.00	280.00	320.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable				Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small	
Colombo	200.00 - 320.00	200.00 - 600.00	500.00 - 900.00	180.00 - 320.00	160.00 - 200.00	70.00 - 100.00	70.00 - 100.00	100.00 - 160.00	95.00 - 120.00	80.00 - 95.00	
Gampaha	240.00 - 260.00	400.00 - 500.00	600.00 - 1000.00	200.00 - 240.00	200.00 - 200.00	70.00 - 70.00	70.00 - 70.00	25.00 - 30.00	85.00 - 110.00	75.00 - 75.00	
Kurunegala	240.00 - 260.00	400.00 - 500.00	500.00 - 600.00	200.00 - 240.00	160.00 - 180.00	40.00 - 40.00	40.00 - 40.00	25.00 - 30.00	80.00 - 90.00	70.00 - 70.00	
Nikaweratiya	160.00 - 200.00	400.00 - 500.00	500.00 - 600.00	160.00 - 240.00	140.00 - 140.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	80.00 - 80.00	65.00 - 65.00	
Dambulla	260.00 - 280.00	300.00 - 400.00	350.00 - 400.00	200.00 - 240.00	140.00 - 160.00	50.00 - 55.00	50.00 - 55.00	45.00 - 50.00	85.00 - 90.00	70.00 - 75.00	
Anuradhapura	240.00 - 280.00	300.00 - 500.00	600.00 - 650.00	180.00 - 250.00	180.00 - 200.00	45.00 - 50.00	45.00 - 50.00	40.00 - 50.00	80.00 - 90.00	60.00 - 75.00	
Thambuththegama	200.00 - 240.00	280.00 - 350.00	350.00 - 400.00	180.00 - 220.00	180.00 - 200.00	40.00 - 40.00	40.00 - 40.00	-	70.00 - 80.00	-	
Polonnaruwa	200.00 - 220.00	400.00 - 450.00	-	160.00 - 180.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 80.00	60.00 - 65.00	
Kaluthara	240.00 - 260.00	450.00 - 550.00	850.00 - 950.00	200.00 - 220.00	150.00 - 180.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	100.00 - 110.00	85.00 - 90.00	
Badulla	200.00 - 240.00	400.00 - 500.00	550.00 - 600.00	220.00 - 240.00	160.00 - 180.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	88.00 - 95.00	65.00 - 75.00	
Keppetipola	220.00 - 240.00	300.00 - 340.00	380.00 - 400.00	200.00 - 220.00	180.00 - 190.00	60.00 - 70.00	65.00 - 70.00	40.00 - 50.00	85.00 - 90.00	65.00 - 70.00	
Moneragala	200.00 - 220.00	400.00 - 450.00	400.00 - 480.00	220.00 - 240.00	80.00 - 100.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	50.00 - 60.00	
Kegalle	220.00 - 240.00	430.00 - 450.00	580.00 - 600.00	220.00 - 240.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	90.00 - 95.00	75.00 - 85.00	
Ampara	-	-	-	-	-	-	-	-	-	-	
Dehiattakandiya	220.00 - 240.00	400.00 - 600.00	600.00 - 600.00	160.00 - 200.00	120.00 - 160.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	60.00 - 65.00	
Nuwaraeliya	240.00 - 260.00	300.00 - 380.00	380.00 - 400.00	220.00 - 230.00	160.00 - 180.00	60.00 - 70.00	65.00 - 70.00	40.00 - 50.00	85.00 - 90.00	65.00 - 70.00	
Kandy	240.00 - 260.00	400.00 - 440.00	850.00 - 900.00	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	60.00 - 70.00	50.00 - 60.00	100.00 - 110.00	70.00 - 80.00	
Puttalam	180.00 - 220.00	300.00 - 400.00	600.00 - 700.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	85.00 - 95.00	65.00 - 75.00	
Rathnapura	220.00 - 240.00	400.00 - 500.00	600.00 - 620.00	200.00 - 220.00	120.00 - 140.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	90.00 - 100.00	75.00 - 85.00	
Hambanthota	140.00 - 160.00	320.00 - 450.00	600.00 - 630.00	160.00 - 240.00	100.00 - 160.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 90.00	60.00 - 70.00	
Matara	180.00 - 200.00	300.00 - 320.00	550.00 - 600.00	160.00 - 200.00	140.00 - 160.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	80.00 - 95.00	65.00 - 70.00	
Galle	240.00 - 280.00	360.00 - 420.00	700.00 - 800.00	240.00 - 260.00	140.00 - 200.00	60.00 - 70.00	60.00 - 60.00	70.00 - 70.00	90.00 - 100.00	75.00 - 80.00	
Tissamaharama	150.00 - 170.00	280.00 - 320.00	360.00 - 400.00	160.00 - 180.00	100.00 - 130.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	85.00 - 90.00	60.00 - 65.00	
Meegoda (DEC)	280.00 - 320.00	300.00 - 400.00	500.00 - 600.00	200.00 - 240.00	180.00 - 180.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	100.00 - 120.00	90.00 - 95.00	
Embilipitiya	150.00 - 200.00	300.00 - 400.00	450.00 - 500.00	170.00 - 200.00	80.00 - 100.00	50.00 - 60.00	40.00 - 50.00	60.00 - 80.00	70.00 - 90.00	50.00 - 60.00	
Jaffna	120.00 - 150.00	120.00 - 160.00	400.00 - 480.00	130.00 - 180.00	130.00 - 200.00	60.00 - 65.00	35.00 - 40.00	30.00 - 35.00	80.00 - 100.00	65.00 - 75.00	
Vavuniya	200.00 - 320.00	350.00 - 400.00	380.00 - 500.00	200.00 - 200.00	200.00 - 200.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	40.00 - 40.00	
Mannar	200.00 - 220.00	500.00 - 600.00	450.00 - 500.00	180.00 - 200.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 55.00	70.00 - 80.00	55.00 - 60.00	
Killinochchi	140.00 - 160.00	250.00 - 300.00	400.00 - 440.00	240.00 - 250.00	150.00 - 170.00	50.00 - 60.00	-	40.00 - 50.00	70.00 - 80.00	40.00 - 50.00	
Mullaittivu	160.00 - 180.00	260.00 - 320.00	400.00 - 440.00	180.00 - 200.00	200.00 - 240.00	50.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	55.00 - 60.00	
Batticaloa	320.00 - 320.00	320.00 - 340.00	600.00 - 600.00	200.00 - 200.00	180.00 - 200.00	70.00 - 80.00	60.00 - 70.00	50.00 - 50.00	70.00 - 75.00	50.00 - 60.00	
Trincomalee	250.00 280.00	240.00 260.00	380.00 420.00	140.00 170.00	140.00 170.00	50.00 55.00	45.00 50.00	45.00 55.00	75.00 85.00	50.00 60.00	
Hanguranketha	240.00 - 260.00	300.00 - 400.00	450.00 - 500.00	140.00 - 160.00	100.00 - 120.00	-	40.00 - 40.00	35.00 - 40.00	85.00 - 90.00	70.00 - 80.00	
Veyangoda	240.00 - 260.00	400.00 - 500.00	500.00 - 600.00	200.00 - 240.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	30.00 - 30.00	90.00 - 110.00	70.00 - 80.00	
Galenbindunuwewa	-	350.00 - 400.00	-	160.00 - 200.00	-	50.00 - 60.00	50.00 - 60.00	-	70.00 - 80.00	60.00 - 65.00	
Bandarawela	240.00 - 260.00	400.00 - 500.00	500.00 - 600.00	200.00 - 240.00	160.00 - 180.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	85.00 - 90.00	60.00 - 70.00	
Matale	-	-	-	-	-	-	-	-	-	-	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 45: 04 - 10 November 2022

LOCATIONS	Banana						Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun		Large	Medium	Small	Betti	Karthakolomban
Colombo	160.00 - 240.00	380.00 - 460.00	130.00 - 230.00	20.00 - 28.00	22.00 - 35.00		650.00 - 800.00	550.00 - 600.00	350.00 - 500.00	-	100.00 - 180.00
Gampaha	180.00 - 200.00	350.00 - 380.00	140.00 - 150.00	18.00 - 25.00	30.00 - 32.00		600.00 - 600.00	400.00 - 500.00	200.00 - 300.00	-	150.00 - 200.00
Kurunegala	150.00 - 160.00	450.00 - 450.00	120.00 - 140.00	15.00 - 18.00	30.00 - 38.00		500.00 - 600.00	250.00 - 300.00	100.00 - 150.00	35.00 - 40.00	150.00 - 160.00
Nikaweratiya	140.00 - 170.00	380.00 - 450.00	150.00 - 160.00	-	38.00 - 40.00		500.00 - 600.00	400.00 - 480.00	250.00 - 300.00	-	80.00 - 100.00
Dambulla	180.00 - 200.00	400.00 - 450.00	150.00 - 160.00	-	38.00 - 42.00		600.00 - 650.00	480.00 - 500.00	250.00 - 260.00	40.00 - 50.00	100.00 - 120.00
Anuradhapura	180.00 - 200.00	400.00 - 480.00	120.00 - 160.00	22.00 - 28.00	35.00 - 38.00		800.00 - 870.00	600.00 - 720.00	490.00 - 570.00	-	120.00 - 150.00
Thambuththegama	190.00 - 220.00	430.00 - 470.00	140.00 - 180.00	25.00 - 28.00	40.00 - 43.00		700.00 - 800.00	500.00 - 600.00	400.00 - 450.00	-	80.00 - 110.00
Polonnaruwa	180.00 - 200.00	330.00 - 350.00	100.00 - 120.00	18.00 - 20.00	27.00 - 29.00		-	500.00 - 600.00	350.00 - 450.00	-	150.00 - 170.00
Kaluthara	200.00 - 225.00	400.00 - 420.00	160.00 - 180.00	24.00 - 26.00	30.00 - 33.00		-	500.00 - 550.00	400.00 - 450.00	-	150.00 - 160.00
Badulla	150.00 - 160.00	400.00 - 420.00	120.00 - 130.00	17.00 - 18.00	27.00 - 28.00		-	450.00 - 500.00	340.00 - 380.00	-	140.00 - 160.00
Keppetipola	170.00 - 180.00	380.00 - 400.00	150.00 - 160.00	16.00 - 18.00	38.00 - 40.00		-	460.00 - 480.00	350.00 - 360.00	-	60.00 - 80.00
Moneragala	120.00 - 140.00	250.00 - 280.00	80.00 - 100.00	15.00 - 16.00	19.00 - 21.00		-	670.00 - 750.00	-	-	120.00 - 130.00
Kegalle	150.00 - 160.00	450.00 - 470.00	150.00 - 160.00	30.00 - 40.00	40.00 - 50.00		640.00 - 680.00	400.00 - 550.00	150.00 - 260.00	-	100.00 - 180.00
Ampara	-	-	-	-	-		-	-	-	-	-
Dehiattakandiya	180.00 - 200.00	340.00 - 360.00	160.00 - 180.00	-	41.00 - 62.00		800.00 - 850.00	500.00 - 580.00	300.00 - 350.00	-	100.00 - 120.00
Nuwareliya	180.00 - 200.00	420.00 - 440.00	150.00 - 160.00	16.00 - 20.00	38.00 - 42.00		-	460.00 - 520.00	340.00 - 360.00	-	70.00 - 90.00
Kandy	170.00 - 180.00	400.00 - 420.00	160.00 - 170.00	20.00 - 22.00	30.00 - 35.00		700.00 - 750.00	450.00 - 500.00	250.00 - 300.00	-	100.00 - 150.00
Puttalam	100.00 - 150.00	350.00 - 400.00	140.00 - 150.00	15.00 - 17.00	-		-	-	300.00 - 340.00	-	-
Rathnapura	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	-	-		600.00 - 650.00	300.00 - 400.00	120.00 - 150.00	-	120.00 - 150.00
Hambantota	160.00 - 170.00	330.00 - 370.00	130.00 - 140.00	20.00 - 22.00	24.00 - 26.00		620.00 - 700.00	550.00 - 600.00	380.00 - 480.00	-	120.00 - 150.00
Matara	160.00 - 180.00	350.00 - 380.00	130.00 - 145.00	20.00 - 22.00	28.00 - 31.00		600.00 - 700.00	540.00 - 580.00	350.00 - 400.00	-	130.00 - 160.00
Galle	180.00 - 200.00	380.00 - 450.00	180.00 - 180.00	20.00 - 20.00	25.00 - 30.00		700.00 - 750.00	600.00 - 675.00	400.00 - 450.00	80.00 - 80.00	150.00 - 180.00
Tissamaharama	140.00 - 160.00	300.00 - 320.00	100.00 - 120.00	-	-		-	540.00 - 540.00	380.00 - 440.00	-	100.00 - 120.00
Meegoda (DEC)	180.00 - 180.00	400.00 - 400.00	150.00 - 160.00	35.00 - 35.00	32.00 - 32.00		-	800.00 - 800.00	-	-	70.00 - 80.00
Embilipitiya	130.00 - 160.00	300.00 - 350.00	110.00 - 130.00	20.00 - 30.00	25.00 - 35.00		600.00 - 600.00	450.00 - 550.00	320.00 - 420.00	40.00 - 60.00	100.00 - 120.00
Jaffna	100.00 - 150.00	250.00 - 300.00	120.00 - 150.00	-	-		1100.00 - 1350.00	720.00 - 800.00	-	-	130.00 - 180.00
Vavuniya	160.00 - 180.00	300.00 - 360.00	140.00 - 140.00	25.00 - 25.00	-		600.00 - 650.00	480.00 - 480.00	370.00 - 380.00	-	180.00 - 200.00
Mannar	150.00 - 160.00	350.00 - 400.00	120.00 - 150.00	17.00 - 18.00	-		-	550.00 - 580.00	400.00 - 450.00	-	100.00 - 150.00
Killinochchi	150.00 - 180.00	280.00 - 320.00	140.00 - 160.00	24.00 - 26.00	24.00 - 26.00		600.00 - 650.00	400.00 - 440.00	320.00 - 350.00	-	100.00 - 120.00
Mullaittivu	150.00 - 180.00	280.00 - 300.00	120.00 - 180.00	-	18.00 - 25.00		-	-	-	-	100.00 - 120.00
Batticaloa	180.00 - 200.00	400.00 - 400.00	150.00 - 160.00	25.00 - 25.00	-		-	-	-	-	180.00 - 200.00
Trincomalee	150.00 - 165.00	340.00 - 360.00	150.00 - 170.00	28.00 - 29.00	26.00 - 37.00		-	400.00 - 450.00	250.00 - 280.00	50.00 - 55.00	100.00 - 140.00
Veyangoda	180.00 - 220.00	400.00 - 450.00	160.00 - 170.00	20.00 - 25.00	31.00 - 38.00		580.00 - 630.00	400.00 - 450.00	280.00 - 330.00	-	120.00 - 150.00
Galenbindunuwewa	150.00 - 200.00	350.00 - 400.00	150.00 - 180.00	25.00 - 30.00	30.00 - 35.00		900.00 - 940.00	750.00 - 780.00	600.00 - 630.00	-	120.00 - 160.00
Bandarawela	180.00 - 200.00	400.00 - 420.00	140.00 - 160.00	18.00 - 20.00	28.00 - 30.00		-	480.00 - 520.00	380.00 - 420.00	-	140.00 - 160.00
Matale	-	-	-	-	-		-	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits								
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut	
Colombo	70.00 - 100.00	-	180.00 - 350.00	38.00 - 63.00	30.00 - 70.00	80.00 - 100.00	80.00 - 180.00	100.00 - 200.00	1600.00 - 2200.00	110.00 - 150.00	
Gampaha	-	-	200.00 - 240.00	50.00 - 50.00	40.00 - 50.00	120.00 - 120.00	80.00 - 120.00	-	2300.00 - 2500.00	100.00 - 150.00	
Kurunegala	100.00 - 120.00	-	150.00 - 200.00	40.00 - 50.00	40.00 - 50.00	80.00 - 100.00	80.00 - 100.00	-	2000.00 - 2500.00	100.00 - 100.00	
Nikaweratiya	-	-	140.00 - 150.00	-	20.00 - 30.00	60.00 - 80.00	70.00 - 80.00	50.00 - 70.00	2400.00 - 2500.00	-	
Dambulla	50.00 - 60.00	20.00 - 25.00	180.00 - 240.00	25.00 - 30.00	35.00 - 40.00	60.00 - 80.00	80.00 - 120.00	80.00 - 100.00	2500.00 - 2600.00	80.00 - 90.00	
Anuradhapura	-	-	160.00 - 200.00	-	35.00 - 50.00	80.00 - 100.00	90.00 - 140.00	80.00 - 110.00	2500.00 - 3000.00	100.00 - 120.00	
Thambuththegama	-	-	160.00 - 230.00	-	-	70.00 - 80.00	-	-	2000.00 - 2500.00	60.00 - 80.00	
Polonnaruwa	50.00 - 60.00	-	200.00 - 230.00	50.00 - 60.00	40.00 - 60.00	50.00 - 60.00	60.00 - 70.00	-	2800.00 - 2900.00	100.00 - 120.00	
Kaluthara	70.00 - 80.00	-	220.00 - 240.00	45.00 - 50.00	50.00 - 60.00	80.00 - 100.00	100.00 - 120.00	50.00 - 60.00	2000.00 - 2200.00	120.00 - 130.00	
Badulla	70.00 - 80.00	-	200.00 - 220.00	35.00 - 40.00	30.00 - 35.00	70.00 - 80.00	50.00 - 60.00	40.00 - 50.00	2500.00 - 2600.00	90.00 - 100.00	
Keppetipola	60.00 - 70.00	-	160.00 - 170.00	32.00 - 36.00	24.00 - 28.00	80.00 - 90.00	80.00 - 100.00	50.00 - 60.00	-	90.00 - 100.00	
Moneragala	-	-	120.00 - 150.00	-	10.00 - 12.00	70.00 - 80.00	90.00 - 100.00	50.00 - 62.00	-	80.00 - 100.00	
Kegalle	-	-	150.00 - 170.00	20.00 - 30.00	40.00 - 50.00	80.00 - 100.00	80.00 - 140.00	60.00 - 80.00	2500.00 - 2500.00	80.00 - 100.00	
Ampara	-	-	-	-	-	-	-	-	-	-	
Dehiattakandiya	40.00 - 60.00	-	200.00 - 250.00	50.00 - 60.00	40.00 - 50.00	90.00 - 100.00	-	40.00 - 40.00	2800.00 - 3200.00	90.00 - 120.00	
Nuwaraeliya	70.00 - 90.00	-	170.00 - 180.00	35.00 - 40.00	25.00 - 30.00	80.00 - 90.00	80.00 - 90.00	70.00 - 80.00	2600.00 - 2800.00	90.00 - 100.00	
Kandy	60.00 - 70.00	-	240.00 - 250.00	38.00 - 40.00	30.00 - 50.00	80.00 - 90.00	80.00 - 100.00	70.00 - 80.00	2400.00 - 2500.00	100.00 - 120.00	
Puttalam	-	-	180.00 - 220.00	40.00 - 50.00	-	60.00 - 80.00	60.00 - 70.00	-	-	80.00 - 90.00	
Hambantota	-	-	140.00 - 160.00	-	25.00 - 30.00	130.00 - 140.00	-	-	2000.00 - 2000.00	70.00 - 80.00	
Rathnapura	50.00 - 60.00	-	150.00 - 160.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2200.00	100.00 - 120.00	
Matara	-	-	150.00 - 170.00	33.00 - 35.00	23.00 - 25.00	80.00 - 110.00	75.00 - 85.00	-	2000.00 - 2100.00	85.00 - 100.00	
Galle	100.00 - 100.00	-	200.00 - 250.00	50.00 - 50.00	30.00 - 40.00	100.00 - 140.00	120.00 - 150.00	80.00 - 100.00	2000.00 - 2500.00	80.00 - 100.00	
Tissamaharama	-	-	140.00 - 170.00	25.00 - 30.00	10.00 - 12.00	80.00 - 90.00	80.00 - 100.00	-	-	80.00 - 100.00	
Meegoda (DEC)	-	-	200.00 - 240.00	-	20.00 - 30.00	120.00 - 120.00	80.00 - 100.00	50.00 - 50.00	2500.00 - 2500.00	100.00 - 100.00	
Embilipitiya	40.00 - 50.00	15.00 - 25.00	150.00 - 170.00	25.00 - 30.00	30.00 - 50.00	90.00 - 110.00	90.00 - 110.00	20.00 - 30.00	2000.00 - 2300.00	90.00 - 120.00	
Jaffna	90.00 - 120.00	-	70.00 - 80.00	-	20.00 - 35.00	60.00 - 80.00	-	-	3200.00 - 3500.00	120.00 - 150.00	
Vavuniya	-	-	175.00 - 180.00	40.00 - 40.00	25.00 - 25.00	70.00 - 80.00	80.00 - 100.00	-	-	100.00 - 100.00	
Mannar	80.00 - 100.00	-	150.00 - 160.00	-	14.00 - 16.00	-	70.00 - 90.00	-	-	120.00 - 150.00	
Killinochchi	-	-	120.00 - 140.00	-	30.00 - 40.00	-	80.00 - 100.00	-	-	100.00 - 120.00	
Mullaittivu	60.00 - 70.00	-	100.00 - 160.00	-	20.00 - 25.00	-	-	-	-	-	
Batticaloa	-	-	200.00 - 200.00	45.00 - 45.00	30.00 - 32.00	70.00 - 70.00	100.00 - 120.00	-	2200.00 - 2400.00	120.00 - 120.00	
Trincomalee	65.00 - 80.00	-	150.00 - 165.00	38.00 - 42.00	30.00 - 35.00	-	75.00 - 80.00	-	2000.00 - 2150.00	120.00 - 140.00	
Veyangoda	-	-	180.00 - 230.00	45.00 - 50.00	35.00 - 40.00	80.00 - 100.00	80.00 - 90.00	70.00 - 80.00	2000.00 - 3000.00	100.00 - 130.00	
Galenbindunuwewa	-	-	150.00 - 180.00	-	-	-	130.00 - 150.00	-	2000.00 - 2500.00	-	
Bandarawela	-	30.00 - 40.00	200.00 - 220.00	40.00 - 50.00	40.00 - 50.00	80.00 - 100.00	60.00 - 80.00	60.00 - 80.00	2500.00 - 2600.00	120.00 - 140.00	
Matale	-	-	-	-	-	-	-	-	-	-	

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 45: 04 - 10 November 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	380.00 – 520.00	550.00 – 700.00	450.00 – 700.00	1000.00 – 1320.00	1650.00 – 2200.00	800.00 – 1100.00
Kandy	400.00 – 450.00	680.00 – 700.00	750.00 – 800.00	1200.00 – 1300.00	2200.00 – 2300.00	900.00 – 1100.00
Kaluthara	350.00 – 450.00	600.00 – 700.00	750.00 – 850.00	850.00 – 950.00	–	1100.00 – 1200.00
Puttalam	350.00 – 450.00	520.00 – 600.00	500.00 – 560.00	1300.00 – 1500.00	–	1150.00 – 1250.00
Matara	300.00 – 400.00	–	800.00 – 900.00	1450.00 – 1600.00	1950.00 – 2000.00	–
Hambantota	250.00 – 300.00	650.00 – 700.00	750.00 – 800.00	1300.00 – 1500.00	1400.00 – 1500.00	1200.00 – 1300.00
Galle	–	–	550.00 – 600.00	800.00 – 850.00	–	1000.00 – 1000.00
Batticaloa	400.00 – 400.00	600.00 – 700.00	–	–	2000.00 – 2000.00	–
Trincomalee	–	650.00 – 700.00	800.00 – 900.00	1250.00 – 1350.00	2050.00 – 2200.00	750.00 – 850.00
Mannar	280.00 – 300.00	350.00 – 400.00	–	–	–	850.00 – 950.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	750.00 – 800.00	1400.00 – 1650.00	1600.00 – 2300.00	–	50.00 – 50.00	49.00 – 50.00
Kandy	900.00 – 1000.00	1400.00 – 1500.00	2000.00 – 2100.00	–	–	49.00 – 50.00
Kaluthara	–	1600.00 – 1700.00	1800.00 – 1950.00	–	–	–
Puttalam	1100.00 – 1200.00	1250.00 – 1300.00	1700.00 – 1850.00	–	–	49.00 – 49.00
Matara	–	–	1950.00 – 2000.00	–	–	–
Hambantota	–	–	–	–	–	48.00 – 48.00
Galle	650.00 – 700.00	–	–	–	–	50.00 – 50.50
Batticaloa	–	1500.00 – 1600.00	2000.00 – 2000.00	–	–	–
Trincomalee	–	1100.00 – 1200.00	1750.00 – 1850.00	–	48.00 – 50.00	46.00 – 48.00
Mannar	–	950.00 – 1000.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 45: 04 - 10 November 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	42500 – 76000	–	–	90000 – 96000	39000 – 45000	–
Kandy	85000 – 90000	–	–	105000 – 107500	50000 – 52500	–
Batticaloa	75000 – 90000	125000 – 130000	–	117500 – 120000	68500 – 70000	–
Trincomalee	75000 – 76000	–	–	98000 – 98000	60000 – 61000	65000 – 66000
Mannar	77500 – 78000	100000 – 105000	–	–	57500 – 60000	47500 – 50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	55000 – 62500	–	30000 – 43000	47500 – 60000	82500 – 87500	–
Kandy	–	–	–	55000 – 65000	85000 – 90000	–
Batticaloa	65000 – 67500	–	38500 – 40000	–	–	–
Trincomalee	83000 – 88000	–	36000 – 36500	65000 – 65750	85000 – 85000	–
Mannar	67500 – 97500	57500 – 60000	30000 – 31000	55000 – 57500	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	87500 – 90000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	98500 – 100000	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 45: 04 - 10 November 2022

LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White			
Colombo	400.00 - 720.00	600.00 - 1000.00	800.00 - 1600.00	1200.00 - 2600.00	2200.00 - 3800.00	1100.00 - 2600.00	-	2300.00 - 3200.00	50.00 - 55.00	49.00 - 52.00			
Gampaha	400.00 - 600.00	700.00 - 800.00	-	-	-	-	-	2400.00 - 2400.00	50.00 - 50.00	48.00 - 50.00			
Kurunegala	400.00 - 500.00	700.00 - 800.00	1200.00 - 1300.00	1800.00 - 2000.00	-	1700.00 - 1800.00	1600.00 - 1700.00	2400.00 - 2500.00	-	49.00 - 50.00			
Nikaweratiya	500.00 - 500.00	900.00 - 900.00	900.00 - 1000.00	1800.00 - 2000.00	-	2000.00 - 2000.00	-	2400.00 - 2400.00	-	50.00 - 55.00			
Dambulla	360.00 - 400.00	700.00 - 800.00	700.00 - 800.00	1800.00 - 2000.00	-	1500.00 - 1700.00	1600.00 - 1700.00	2200.00 - 2300.00	55.00 - 56.00	54.00 - 55.00			
Anuradhapura	480.00 - 500.00	-	980.00 - 1000.00	1900.00 - 2000.00	2500.00 - 2600.00	1100.00 - 1200.00	1600.00 - 1700.00	2700.00 - 2800.00	-	52.00 - 55.00			
Thambuththegama	400.00 - 600.00	-	1000.00 - 1000.00	1200.00 - 2000.00	2000.00 - 2000.00	1000.00 - 1000.00	-	3000.00 - 3000.00	-	48.00 - 55.00			
Polonnaruwa	400.00 - 500.00	700.00 - 800.00	1600.00 - 1670.00	1800.00 - 1900.00	2400.00 - 2500.00	1600.00 - 1700.00	1700.00 - 1800.00	2200.00 - 2200.00	52.00 - 52.00	50.00 - 50.00			
Kaluthara	500.00 - 600.00	850.00 - 950.00	950.00 - 1050.00	1600.00 - 1800.00	-	1250.00 - 1350.00	-	2400.00 - 2600.00	-	50.00 - 51.00			
Badulla	400.00 - 600.00	800.00 - 900.00	1200.00 - 1300.00	1800.00 - 2000.00	-	1600.00 - 1800.00	1600.00 - 1700.00	2200.00 - 2300.00	52.00 - 52.00	50.00 - 50.00			
Keppetipola	560.00 - 580.00	780.00 - 800.00	1100.00 - 1200.00	1800.00 - 1900.00	-	1800.00 - 1900.00	1600.00 - 1700.00	2000.00 - 2100.00	51.00 - 52.00	50.00 - 51.00			
Moneragala	550.00 - 600.00	800.00 - 900.00	900.00 - 1000.00	-	-	-	-	2500.00 - 2700.00	-	50.00 - 52.00			
Kegalle	600.00 - 700.00	850.00 - 900.00	1150.00 - 1200.00	2000.00 - 2100.00	-	-	1550.00 - 1600.00	2350.00 - 2400.00	53.00 - 55.00	48.00 - 50.00			
Ampara	-	-	-	-	-	-	-	-	-	-			
Dehiattakandiya	-	800.00 - 800.00	750.00 - 960.00	1200.00 - 1200.00	-	-	-	1800.00 - 2000.00	50.00 - 50.00	49.00 - 50.00			
Nuwaraeliya	580.00 - 620.00	780.00 - 800.00	1200.00 - 1300.00	2200.00 - 2300.00	2700.00 - 2800.00	1800.00 - 1900.00	1600.00 - 1700.00	1900.00 - 2100.00	51.00 - 52.00	49.00 - 50.00			
Kandy	600.00 - 650.00	800.00 - 840.00	900.00 - 1050.00	1900.00 - 2000.00	2600.00 - 2800.00	1400.00 - 1500.00	1500.00 - 1600.00	2500.00 - 2600.00	-	52.00 - 53.00			
Puttalam	450.00 - 550.00	600.00 - 650.00	600.00 - 650.00	1450.00 - 1600.00	-	1300.00 - 1400.00	1200.00 - 1350.00	1800.00 - 2000.00	-	50.00 - 50.00			
Hambantota	350.00 - 450.00	800.00 - 1000.00	1000.00 - 1300.00	1800.00 - 2000.00	2000.00 - 2200.00	1600.00 - 1800.00	-	-	-	50.00 - 50.00			
Rathnapura	560.00 - 600.00	860.00 - 900.00	1160.00 - 1200.00	1900.00 - 2000.00	2900.00 - 3000.00	1180.00 - 1260.00	1460.00 - 1500.00	2500.00 - 2600.00	-	50.00 - 51.00			
Matara	450.00 - 550.00	-	1200.00 - 1300.00	1800.00 - 2000.00	2350.00 - 2400.00	1900.00 - 2000.00	-	2350.00 - 2400.00	-	50.00 - 50.00			
Galle	400.00 - 500.00	800.00 - 1000.00	1400.00 - 1500.00	2000.00 - 2200.00	2400.00 - 2400.00	2200.00 - 2400.00	2000.00 - 2000.00	2000.00 - 2400.00	51.50 - 51.50	50.50 - 51.00			
Tissamaharama	-	950.00 - 950.00	800.00 - 800.00	-	-	-	-	-	-	-			
Meegoda	600.00 - 600.00	-	-	-	-	-	-	-	-	-			
Embilipitiya	450.00 - 500.00	800.00 - 900.00	1300.00 - 1450.00	1800.00 - 2000.00	2000.00 - 2100.00	1500.00 - 1600.00	1400.00 - 1500.00	2100.00 - 2200.00	54.00 - 55.00	50.00 - 55.00			
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	50.00 - 51.00	49.00 - 51.00			
Vavuniya	650.00 - 750.00	800.00 - 850.00	-	2300.00 - 2400.00	2000.00 - 2000.00	1750.00 - 1800.00	2400.00 - 2450.00	2800.00 - 2800.00	52.00 - 52.00	50.00 - 50.00			
Mannar	350.00 - 400.00	500.00 - 600.00	-	-	-	1100.00 - 1200.00	-	-	-	49.00 - 50.00			
Killinochchi	350.00 - 400.00	-	900.00 - 950.00	-	-	1200.00 - 1250.00	-	-	-	54.00 - 55.00			
Mullaittivu	300.00 - 350.00	600.00 - 600.00	900.00 - 900.00	-	-	1200.00 - 1250.00	-	-	-	-			
Batticaloa	500.00 - 500.00	800.00 - 1000.00	-	2600.00 - 2800.00	2600.00 - 2800.00	2600.00 - 2600.00	-	2600.00 - 2700.00	55.00 - 55.00	55.00 - 55.00			
Trincomalee	700.00 - 850.00	650.00 - 750.00	950.00 - 1050.00	1400.00 - 1500.00	2250.00 - 2350.00	900.00 - 1000.00	1900.00 - 1950.00	1850.00 - 2000.00	-	49.00 - 50.00			
Veyangoda	600.00 - 600.00	800.00 - 800.00	-	2000.00 - 2000.00	2800.00 - 2800.00	-	-	2800.00 - 2800.00	-	50.00 - 55.00			
Galenbindunuwewa	500.00 - 500.00	700.00 - 700.00	800.00 - 800.00	2000.00 - 2000.00	2500.00 - 2500.00	1200.00 - 1200.00	1400.00 - 1400.00	2200.00 - 2200.00	-	-			
Bandarawela	400.00 - 500.00	700.00 - 800.00	1200.00 - 1300.00	1800.00 - 2000.00	-	1600.00 - 1800.00	1600.00 - 1700.00	2200.00 - 2400.00	50.00 - 52.00	49.00 - 50.00			
Matale	-	-	-	-	-	-	-	-	-	-			

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 45: 04 - 10 November 2022

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1100.00 –	1900.00	2200.00 –	2800.00	–		2200.00 –	2800.00	1100.00 –	2000.00	–		900.00 –	1400.00
Gampaha	1500.00 –	1900.00	2400.00 –	2800.00	2800.00 –	2800.00	2400.00 –	2600.00	1400.00 –	1600.00	2200.00 –	2400.00	1000.00 –	1400.00
Kurunegala	1400.00 –	1600.00	2400.00 –	2500.00	2500.00 –	2600.00	2400.00 –	2600.00	1200.00 –	1400.00	2400.00 –	2400.00	1000.00 –	1200.00
Nikaweratiya	1400.00 –	1600.00	2400.00 –	2400.00	–		2000.00 –	2400.00	1000.00 –	1400.00	2400.00 –	2400.00	1000.00 –	1200.00
Dambulla	1500.00 –	1600.00	2400.00 –	2600.00	–		2500.00 –	2600.00	1300.00 –	1400.00	2200.00 –	2400.00	–	
Anuradhapura	1400.00 –	1600.00	2400.00 –	2800.00	–		2400.00 –	2600.00	1500.00 –	1600.00	2400.00 –	2800.00	1000.00 –	1200.00
Thambuththegama	1300.00 –	1450.00	–		–		2200.00 –	2200.00	1300.00 –	1400.00	–		–	
Polonnaruwa	1600.00 –	1900.00	2800.00 –	2900.00	–		2400.00 –	2700.00	1400.00 –	1600.00	–		–	
Kaluthara	1750.00 –	1850.00	2000.00 –	2200.00	–		2200.00 –	2400.00	1150.00 –	1300.00	2400.00 –	2600.00	950.00 –	1100.00
Badulla	1600.00 –	1700.00	2400.00 –	2600.00	–		2400.00 –	2500.00	1600.00 –	1700.00	–		1200.00 –	1300.00
Keppetipola	1750.00 –	1850.00	2500.00 –	2600.00	–		2400.00 –	2500.00	1500.00 –	1600.00	2500.00 –	2600.00	1100.00 –	1200.00
Moneragala	1400.00 –	1600.00	2550.00 –	2600.00	2500.00 –	2600.00	2500.00 –	2600.00	1500.00 –	1700.00	2500.00 –	2600.00	–	
Kegalle	1400.00 –	1600.00	2400.00 –	2550.00	–		2400.00 –	2500.00	1200.00 –	1600.00	–		–	
Ampara	–		–		–		–		–		–		–	
Dehiattakandiya	1600.00 –	1600.00	–		–		2400.00 –	2600.00	1200.00 –	1600.00	–		800.00 –	800.00
Nuwaraeliya	1600.00 –	1750.00	2500.00 –	2700.00	–		2400.00 –	2500.00	1600.00 –	1700.00	2200.00 –	2300.00	1200.00 –	1250.00
Kandy	1500.00 –	1800.00	2400.00 –	2500.00	–		2400.00 –	2500.00	1600.00 –	1700.00	2500.00 –	2600.00	–	
Puttalam	1400.00 –	1500.00	2000.00 –	2200.00	–		2450.00 –	2600.00	1250.00 –	1400.00	1200.00 –	1400.00	800.00 –	1000.00
Hambantota	1700.00 –	1800.00	2300.00 –	2500.00	–		–		1200.00 –	1300.00	–		–	
Rathnapura	1200.00 –	1460.00	2400.00 –	2600.00	–		2250.00 –	2360.00	1000.00 –	1060.00	2400.00 –	2440.00	–	
Matara	1400.00 –	1700.00	2400.00 –	2500.00	–		2600.00 –	2700.00	1200.00 –	1400.00	2000.00 –	2100.00	–	
Galle	1600.00 –	1900.00	2550.00 –	2600.00	2500.00 –	2500.00	2200.00 –	2200.00	1200.00 –	1600.00	1800.00 –	2000.00	–	
Tissamaharama	1500.00 –	1600.00	–		–		–		1200.00 –	1400.00	–		–	
Meegoda	1320.00 –	1600.00	2400.00 –	2600.00	–		2400.00 –	2600.00	1400.00 –	1600.00	2200.00 –	2200.00	1000.00 –	1000.00
Embilipitiya	1400.00 –	1700.00	2450.00 –	2600.00	–		2450.00 –	2550.00	1350.00 –	1600.00	2450.00 –	2600.00	1000.00 –	1300.00
Jaffna	1750.00 –	1900.00	–		–		–		–		–		–	
Vavuniya	1600.00 –	1650.00	–		–		2450.00 –	2500.00	1600.00 –	1600.00	1350.00 –	1400.00	–	
Mannar	1600.00 –	1650.00	2200.00 –	2400.00	–		–		1300.00 –	1400.00	1100.00 –	1200.00	700.00 –	800.00
Killinochchi	1650.00 –	1700.00	2500.00 –	2600.00	–		–		2100.00 –	2250.00	1800.00 –	1800.00	950.00 –	1000.00
Mullaittivu	1600.00 –	1700.00	2600.00 –	2800.00	–		2800.00 –	3000.00	–		1500.00 –	2000.00	700.00 –	1000.00
Batticaloa	1600.00 –	1700.00	2600.00 –	2800.00	–		2600.00 –	2600.00	1500.00 –	1600.00	–		900.00 –	1000.00
Trincomalee	1500.00 –	1650.00	–		–		1900.00 –	2000.00	1200.00 –	1250.00	1900.00 –	2000.00	750.00 –	800.00
Veyangoda	1400.00 –	1600.00	2200.00 –	2500.00	–		2400.00 –	2800.00	1200.00 –	1600.00	2400.00 –	2400.00	800.00 –	1000.00
Galenbindunuwewa	1500.00 –	1600.00	2400.00 –	2600.00	–		2400.00 –	2600.00	1500.00 –	1600.00	1600.00 –	2000.00	800.00 –	1000.00
Bandarawela	1600.00 –	1700.00	2500.00 –	2600.00	–		2400.00 –	2500.00	1400.00 –	1500.00	–		1200.00 –	1300.00
Matale	–		–		–		–		–		–		–	

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 45: 04 - 10 November 2022

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 - 2200.00	1100.00 - 1280.00	1500.00 - 1600.00	2700.00 - 3300.00	1500.00 - 1900.00
Gampaha	-	1200.00 - 1300.00	-	3000.00 - 3000.00	1600.00 - 1600.00
Kurunegala	1900.00 - 2000.00	1150.00 - 1200.00	-	2600.00 - 2700.00	1600.00 - 1700.00
Nikaweratiya	1800.00 - 1800.00	1090.00 - 1150.00	-	-	-
Dambulla	-	1200.00 - 1250.00	-	-	-
Anuradhapura	1900.00 - 2000.00	1100.00 - 1150.00	-	2900.00 - 3000.00	1500.00 - 1600.00
Thambuththegama	1800.00 - 2200.00	1000.00 - 1200.00	-	-	1500.00 - 1600.00
Polonnaruwa	1850.00 - 2000.00	1350.00 - 1380.00	-	2600.00 - 2900.00	1600.00 - 1800.00
Kaluthara	-	1240.00 - 1260.00	1260.00 - 1280.00	-	-
Badulla	1800.00 - 2000.00	1300.00 - 1380.00	1450.00 - 1500.00	2600.00 - 2800.00	-
Keppetipola	1900.00 - 2000.00	1340.00 - 1400.00	1400.00 - 1460.00	2800.00 - 2900.00	-
Moneragala	1800.00 - 1800.00	1190.00 - 1200.00	1400.00 - 1400.00	-	1750.00 - 1800.00
Kegalle	1900.00 - 2000.00	1300.00 - 1320.00	-	2800.00 - 2800.00	1800.00 - 1900.00
Ampara	-	-	-	-	-
Dehiattakandiya	-	1150.00 - 1250.00	1220.00 - 1300.00	-	1600.00 - 1800.00
Nuwaraeliya	2000.00 - 2100.00	1400.00 - 1450.00	1450.00 - 1480.00	2800.00 - 2900.00	1600.00 - 1700.00
Kandy	1900.00 - 2000.00	1080.00 - 1100.00	1500.00 - 1550.00	2600.00 - 2700.00	-
Puttalam	2000.00 - 2000.00	1150.00 - 1200.00	-	2800.00 - 2800.00	-
Hambantota	-	1100.00 - 1200.00	-	-	-
Rathnapura	1800.00 - 1820.00	1000.00 - 1060.00	1500.00 - 1500.00	2800.00 - 2850.00	1560.00 - 1600.00
Matara	-	1160.00 - 1180.00	-	-	-
Galle	2000.00 - 2000.00	1100.00 - 1200.00	1400.00 - 1400.00	3000.00 - 3000.00	-
Tissamaharama	-	1200.00 - 1200.00	-	-	1800.00 - 1900.00
Meegoda	-	1080.00 - 1100.00	-	-	-
Embilipitiya	2100.00 - 2200.00	1090.00 - 1200.00	1150.00 - 1200.00	2900.00 - 3000.00	1700.00 - 1850.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2350.00 - 2600.00	-
Vavuniya	1750.00 - 1850.00	1450.00 - 1450.00	-	2600.00 - 2700.00	-
Mannar	1400.00 - 1600.00	1400.00 - 1400.00	-	-	-
Killinochchi	1800.00 - 1800.00	1400.00 - 1400.00	1800.00 - 1800.00	2800.00 - 2800.00	-
Mullaitivu	1600.00 - 1600.00	1500.00 - 1500.00	-	-	-
Batticaloa	-	1500.00 - 1500.00	1500.00 - 1600.00	-	-
Trincomalee	1600.00 - 1700.00	1100.00 - 1150.00	1000.00 - 1050.00	-	-
Veyangoda	1900.00 - 1900.00	1100.00 - 1150.00	-	2600.00 - 2600.00	1500.00 - 1500.00
Galenbindunuwewa	1600.00 - 1800.00	1140.00 - 1150.00	-	-	-
Bandarawela	2000.00 - 2200.00	1200.00 - 1300.00	1400.00 - 1500.00	2800.00 - 3000.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 45: 04 - 10 November 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	85.00 - 88.00	87.10	86.20	74.30	1.04	17.23
Samba 1	215.00 - 225.00	219.60	221.00		-0.63		Small	75.00 - 78.00	77.00	76.50	64.73	0.65	18.96
Samba 2	210.00 - 220.00	214.00	216.00	152.14	-0.93	40.66							
Keeri Samba	230.00 - 240.00	234.00	234.50	224.29	-0.21	4.33	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	210.00 - 215.00	211.10	212.20	132.00	-0.52	59.92	Plantain						
Nadu 2	200.00 - 210.00	205.90	207.20	127.86	-0.63	61.04	Ambul (Rs/Kg)	150.00 - 180.00	160.00	157.50	60.00	1.59	166.67
Raw (Red)	205.00 - 210.00	206.80	207.80	107.57	-0.48	92.24	Kolikuttu (Rs/Kg)	350.00 - 380.00	366.15	361.67	133.33	1.24	174.62
Raw (White)	195.00 - 205.00	197.80	199.80	128.00	-1.00	54.53	Seeni (Rs/Kg)	90.00 - 130.00	115.38	114.17	63.33	1.07	82.19
Imported							Anamalu	16.00 - 19.00	17.50	17.25	11.00	1.45	59.09
Samba	185.00 - 190.00	187.30	181.30		3.31		Ambun	19.00 - 22.00	20.50	20.23	13.33	1.33	53.75
Nadu	165.00 - 175.00	168.30	165.30		1.81		Papaw(Rs/Kg)	160.00 - 250.00	199.23	148.46	92.86	34.20	114.56
Raw (Red)	-						Passion Fruit	35.00 - 40.00	37.45	36.29	9.00	3.22	316.16
Raw (White)	155.00 - 160.00	156.80	152.00		3.16		Pineapple Large	480.00 - 520.00	500.00	546.67	196.00	-8.54	155.10
<u>Dried Chillies</u>							Pineapple Medium	380.00 - 420.00	400.00	447.78	150.00	-10.67	166.67
Imported	1450.00 - 1600.00	1553.00	1481.50	500.00	4.83	210.60	Pineapple Small	280.00 - 320.00	300.00	343.33	100.00	-12.62	200.00
<u>Onion</u>							Mango						
Sinnan	-			163.33			Betti	-					
Vedalan	570.00 - 620.00	589.17	546.43	237.86	7.82	147.70	Karthakolomban	80.00 - 150.00	114.17	140.91	80.00	-18.98	42.71
Imported	500.00 - 530.00	525.45	525.00	193.33	0.09	171.79	Vilad	50.00 - 70.00	60.00	69.00	29.60	-13.04	102.70
<u>Big Onion</u>							Kohu	-					
Imported	225.00 - 250.00	241.50	230.50	142.14	4.77	69.90	Other						
Local	230.00 - 300.00	258.57	222.50	174.29	16.21	48.36	Wood Apple	12.00 - 20.00	15.38	16.31	10.00	-5.66	53.85
<u>Potato</u>							Orange	60.00 - 80.00	68.75	56.00	55.42	22.77	24.06
Welimada	290.00 - 300.00	295.00	287.50	156.00	2.61	89.10	Avocado	60.00 - 120.00	82.86	76.67	49.75	8.07	66.55
N'Eliya	310.00 - 320.00	315.00	310.00	176.00	1.61	78.98	Slime Apple	28.00 - 60.00	36.55	37.55	35.67	-2.66	2.46
Imported	170.00 - 200.00	182.00	197.50	157.86	-7.85	15.29	Grapes (Imp., Rs/Kg)	1300.00 - 1800.00	1600.00	1416.67	992.27	12.94	61.25
<u>Pulses</u>							King Coconut	90.00 - 120.00	102.50	110.00	57.50	-6.82	78.26
Green Gram	1050.00 - 1100.00	1076.50	1079.50	417.14	-0.28	158.07	Sea Fish						
Cowpea (White)	860.00 - 900.00	885.71	890.00	480.00	-0.48	84.52	Salaya	380.00 - 520.00	435.00	436.00	188.33	-0.23	130.97
Cowpea (Red)	900.00 - 1000.00	945.71	916.43	290.00	3.20	226.11	Hurulla	550.00 - 700.00	627.00	685.00	424.00	-8.47	47.88
Red Dhal	355.00 - 360.00	357.00	358.00	221.71	-0.28	61.02	Balaya	450.00 - 700.00	582.22	532.00	384.00	9.44	51.62
<u>Vegetable</u>							Kelawalla	1000.00 - 1320.00	1203.00	1090.00	660.00	10.37	82.27
Beans (Butter)	-						Thora	1650.00 - 2200.00	1940.00	2175.00	1375.00	-10.80	41.09
Beans(Green)	300.00 - 370.00	323.00	328.00	258.00	-1.52	25.19	Paraw	800.00 - 1100.00	951.11	1068.00	753.33	-10.94	26.25
Carrot	280.00 - 320.00	298.00	292.00	159.00	2.05	87.42	Mora	750.00 - 800.00	783.33	918.57	665.00	-14.72	17.79
Leeks	180.00 - 220.00	200.00	194.00	202.00	3.09	-0.99	Shrimps	1400.00 - 1650.00	1490.00	1448.00	1013.33	2.90	47.04
Beetroot	200.00 - 280.00	239.00	223.33	51.00	7.01	368.63	Thalapath	1600.00 - 2300.00	1890.00	2025.00	1083.33	-6.67	74.46
Knolkhol	170.00 - 200.00	189.00	172.00	109.00	9.88	73.39	<u>Eggs</u>						
Raddish	90.00 - 150.00	118.00	102.00	98.00	15.69	20.41	Brown	50.00 - 50.00	50.00	49.88	21.13	0.25	136.69
Cabbage	130.00 - 200.00	165.00	163.00	121.00	1.23	36.36	White	49.00 - 50.00	49.50	49.00	19.13	1.02	158.82
Tomato	330.00 - 400.00	365.00	277.00	317.00	31.77	15.14	<u>Dried Fish</u>						
Ladies Fingers	120.00 - 140.00	130.00	113.00	105.00	15.04	23.81	Sprats	850.00 - 1520.00	1192.00	1669.00	1261.67	-28.58	-5.52
Brinjal	300.00 - 320.00	310.00	254.00	149.00	22.05	108.05	Sprats (Imported)	950.00 - 1200.00	1064.17	1160.83	573.00	-8.33	85.72
Capsicum	700.00 - 800.00	755.00	625.00	310.00	20.80	143.55	Kattawa	-			1256.67		
Pumpkin	120.00 - 140.00	134.00	156.00	41.50	-14.10	222.89	Kattawa (Imported)	1650.00 - 1750.00	1692.00	1691.00		0.06	
Cucumber	30.00 - 50.00	38.00	54.00	68.00	-29.63	-44.12	Thora	-					
Bitter Gourd	350.00 - 400.00	374.00	327.00	213.00	14.37	75.59	Thora (Imported)	-					
Snake Gourd	280.00 - 320.00	294.00	254.00	177.00	15.75	66.10	Mora	1800.00 - 1920.00	1872.00	1865.56	1281.67	0.35	46.06
Drumstick	150.00 - 200.00	186.00	310.00	160.00	-40.00	16.25	Mora (Imported)	-					
Luffa	170.00 - 200.00	186.00	177.00	134.00	5.08	38.81	Balaya	780.00 - 900.00	833.00	847.00	640.00	-1.65	30.16
Long Beans	150.00 - 230.00	191.00	188.00	128.00	1.60	49.22	Balaya (Imported)	-					
Ash Plantain	180.00 - 200.00	189.00	178.00	41.50	6.18	355.42	Anguluwa	-					
Green Chillies	150.00 - 200.00	174.00	182.00	107.00	-4.40	62.62	Anguluwa (Imported)	1750.00 - 1800.00	1783.33	1786.00		-0.15	
Lime	400.00 - 450.00	421.00	460.00	402.00	-8.48	4.73	Maduwa	1100.00 - 1250.00	1180.00	1224.44	630.00	-3.63	87.30
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	130.00 - 150.00	140.00	127.00	74.00	10.24	89.19	Koduwa	-					
Manioc	90.00 - 100.00	95.00	94.00	30.50	1.06	211.48	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	600.00 - 860.00	742.00	762.00	316.25	-2.62	134.62
Mukunuwenna	55.00 - 60.00	58.50	55.50	31.90	5.41	83.39	Salaya (Imported)	-					
Kankun	55.00 - 60.00	58.50	55.50	31.90	5.41	83.39							
Gotukola (Rs/Kg)	220.00 - 240.00	234.00	234.00	90.00	0.00	160.00							

This Week:

Week 45: 04 - 10 November 2022

Last Week:

Week 44: 28 October - 03 November 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 45: 04 - 10 November 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	95.00 - 120.00	106.11	105.20	91.49	0.91	15.99
Samba 1	230.00 - 240.00	233.45	233.75	171.21	-0.30	36.35	Small	80.00 - 95.00	87.20	86.40	75.66	0.80	15.26
Samba 2	220.00 - 230.00	224.48	224.81	161.05	-0.33	39.38							
Keeri Samba	260.00 - 270.00	262.00	260.44	251.71	1.56	4.09	<u>Fruits (Rs/Fruit)</u>						
Nadu 1	220.00 - 240.00	224.14	225.63	147.50	-1.49	51.96	Plantain						
Nadu 2	210.00 - 230.00	218.75	220.00	137.50	-1.25		Ambul (Rs/Kg)	160.00 - 240.00	198.29	193.06	128.29	5.23	54.57
Raw (Red)	220.00 - 230.00	224.53	224.85	125.95	-0.32	78.28	Kolikuttu (Rs/Kg)	380.00 - 460.00	434.85	424.72	214.71	10.13	102.53
Raw (White)	210.00 - 220.00	219.66	222.34	135.97	-2.69	61.54	Seeni (Rs/Kg)	130.00 - 230.00	184.57	180.00	124.57	4.57	48.17
Imported							Anamalu	20.00 - 28.00	25.12	24.31	18.46	0.81	36.09
Samba	195.00 - 210.00	204.29	202.92		1.37		Ambun	22.00 - 35.00	30.12	29.60	23.31	0.52	29.18
Nadu	180.00 - 200.00	193.33	191.72		1.61		Papaw(Rs/Kg)	180.00 - 350.00	287.67	247.67	155.48	40.00	85.01
Raw (Red)	-						Passion Fruit	38.00 - 63.00	52.45	51.69	20.91	0.76	150.87
Raw (White)	160.00 - 190.00	180.17	172.27		7.89		Pineapple Large	650.00 - 800.00	689.06	667.74	261.33	21.32	163.67
<u>Dried Chillies</u>							Pineapple Medium	550.00 - 600.00	577.78	530.77	222.67	47.01	159.48
Imported	1600.00 - 2000.00	1851.61	1804.86	592.81	46.76	212.35	Pineapple Small	350.00 - 500.00	450.00	406.67	165.33	43.33	172.18
<u>Onion</u>							Mango						
Sinnan	400.00 - 600.00	490.45	402.59	245.00	87.86	100.19	Betti	-					
Vedalan	600.00 - 750.00	687.14	616.97	294.19	70.17	133.57	Karthakolomban	100.00 - 180.00	141.15	173.85	120.59	-32.69	17.05
Imported	400.00 - 620.00	538.08	433.46	288.88	104.62	86.26	Vilad	70.00 - 100.00	86.67	88.57	66.25	-1.90	30.82
<u>Big Onion</u>							Kohu	-					
Imported	260.00 - 300.00	283.57	257.81	212.11	25.76	33.69	<u>Other</u>						
Local	280.00 - 340.00	308.57	275.31	200.59	33.26	53.83	Wood Apple	30.00 - 70.00	44.55	47.06	48.28	-2.51	-7.73
<u>Potato</u>							Orange	80.00 - 100.00	92.73	99.52	97.14	-6.80	-4.55
Welimada	320.00 - 360.00	357.04	353.10	191.18	3.93	86.76	Avocado	80.00 - 180.00	126.79	113.33	76.07	13.45	66.67
N'Eliya	400.00 - 480.00	435.52	416.88	222.86	18.64	95.42	Slime Apple	100.00 - 200.00	148.75	101.76		46.99	
Imported	200.00 - 260.00	244.14	246.88	164.29	-2.74	48.61	Grapes (Imp., Rs/Kg)	1600.00 - 2200.00	1980.00	2014.29	1325.00	-34.29	49.43
<u>Pulses</u>							King Coconut	110.00 - 150.00	130.53	134.00	72.00	-3.47	81.29
Green Gram	1200.00 - 1300.00	1261.54	1263.64	580.00	-2.10	117.51	<u>Sea Fish</u>						
Cowpea (White)	1100.00 - 1200.00	1170.83	1175.00	610.00	-4.17	91.94	Salaya	400.00 - 720.00	539.52	595.87	272.50	-56.35	97.99
Cowpea (Red)	1000.00 - 1200.00	1136.00	1115.38	369.43	20.62	207.50	Hurulla	600.00 - 1000.00	762.61	849.52	526.67	-86.92	44.80
Red Dhal	370.00 - 400.00	393.79	394.69	252.50	-0.89	55.96	Balaya	800.00 - 1600.00	1068.13	1121.67	943.33	-53.54	13.23
<u>Vegetable</u>							Kelawalla	1200.00 - 2600.00	1991.82	2085.00	1284.17	-93.18	55.11
Beans (Butter)	-						Thora	2200.00 - 3800.00	2695.00	2914.44	1864.21	-219.44	44.57
Beans(Green)	360.00 - 560.00	466.92	525.20	336.00	-58.28	38.97	Paraw	1100.00 - 2600.00	1922.35	1981.25	1351.00	-58.90	42.29
Carrot	360.00 - 520.00	440.00	408.15	255.60	31.85	72.14	Mora	-		1392.22	1120.00		
Leeks	260.00 - 400.00	325.60	318.21	282.40	7.39	15.30	Shrimps	1500.00 - 2000.00	1714.74	1729.17	1161.82	-14.43	47.59
Beetroot	280.00 - 400.00	353.08	343.08	131.48	10.00	168.54	Thalapath	2300.00 - 3200.00	2677.27	2773.60	1691.74	-96.33	58.26
Knolkhol	250.00 - 400.00	340.45	335.00	174.58	5.45	95.01	<u>Eggs</u>						
Raddish	200.00 - 320.00	250.77	227.20	155.65	23.57	61.11	Brown	50.00 - 55.00	52.33	51.92	20.94	0.42	149.95
Cabbage	200.00 - 440.00	349.23	340.77	190.00	8.46	83.81	White	49.00 - 52.00	50.83	50.11	19.83	0.73	156.41
Tomato	380.00 - 600.00	490.40	427.50	417.60	62.90	17.43	<u>Dried Fish</u>						
Ladies Fingers	160.00 - 320.00	273.85	269.58	194.58	4.26	40.73	Sprats	1200.00 - 2600.00	2226.09	2256.52	1375.00	-30.43	61.90
Brinjal	340.00 - 500.00	417.20	407.60	238.57	9.60	74.87	Sprats (Imported)	1100.00 - 1900.00	1652.94	1688.89	715.38	-35.95	131.06
Capsicum	800.00 - 1200.00	1018.75	852.80	405.19	165.95	151.43	Kattawa	2200.00 - 2800.00	2566.67	2580.00	1589.13	-13.33	61.51
Pumpkin	160.00 - 280.00	241.92	258.40	102.00	-16.48	137.18	Thora	-			1985.00		
Cucumber	70.00 - 200.00	151.15	168.46	134.40	-17.31	12.47	Mora	2200.00 - 2800.00	2652.17	2652.00	1538.00	0.17	72.44
Bitter Gourd	400.00 - 600.00	542.08	496.67	376.00	45.42	44.17	Balaya	1100.00 - 2000.00	1580.95	1647.83	935.42	-66.87	69.01
Snake Gourd	300.00 - 480.00	389.20	383.33	271.67	5.87	43.26	Anguluwa	-		2720.00	1440.00		
Drumstick	300.00 - 480.00	386.82	359.13	264.58	27.69	46.20	Maduwa	-		2160.00	943.33		
Luffa	240.00 - 400.00	330.38	325.60	251.67	4.78	31.28	Koduwa	-					
Long Beans	240.00 - 440.00	346.15	335.83	220.00	10.32	57.34	Salaya	900.00 - 1400.00	1209.52	1280.95	574.23	-71.43	110.63
Ash Plantain	200.00 - 320.00	284.29	280.77	117.92	3.52	141.09	<u>Meat</u>						
Green Chillies	200.00 - 600.00	388.08	423.08	249.57	-35.00	55.50	Beef (without Bones)	2000.00 - 2200.00	2075.00	2080.00	1228.57	-5.00	68.90
Lime	500.00 - 900.00	719.23	753.70	607.50	-34.47	18.39	Chicken (Broiler)	1100.00 - 1280.00	1151.00	1189.17	750.00	-38.17	53.47
<u>Root Crops</u>							Chicken (Curry)	1500.00 - 1600.00	1560.00	1550.00	743.00	10.00	109.96
Sweet Potato	180.00 - 320.00	245.38	231.92	132.80	13.46	84.78	Mutton	2700.00 - 3300.00	3033.33	3025.00	2044.44	8.33	48.37
Manioc	160.00 - 200.00	196.92	196.00	70.40	0.92	179.72	Pork	1500.00 - 1900.00	1712.50	1787.50	820.00	-75.00	108.84
<u>Leafy Vegetable</u>													
Mukunuwenna	70.00 - 100.00	81.18	81.18	45.28	0.00	79.29							
Kankun	70.00 - 100.00	81.18	81.18	45.28	0.00	79.29							
Gotukola	100.00 - 160.00	116.84	116.84	55.28	0.00	111.37							

This Week:

Week 45: 04 - 10 November 2022

Last Week:

Week 44: 28 October - 03 November 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 45: 04 - 10 November 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	210.00 - 230.00	218.00
A'pura	100.00 - 105.00	102.00	Dambulla	230.00 - 250.00	236.00	Hambantota	140.00 - 180.00	157.50
P'naruwa	110.00 - 111.00	110.33	Welimada	250.00 - 265.00	258.00	Embilipitiya	200.00 - 220.00	209.00
Kalawewa	105.00 - 110.00	108.60	Badulla	220.00 - 250.00	236.00	Matara	-	
Kurunegala	107.00 - 110.00	108.75	Carrot			A'pura	210.00 - 230.00	218.00
Dehiattakandiya	102.00 - 104.00	103.00	N'Elia	295.00 - 305.00	299.00	Luffa		
Nikaweratiya	100.00 - 108.00	104.80	Welimada	250.00 - 265.00	258.00	Dambulla	135.00 - 157.50	146.00
Ampara	-		Hanguranketha	240.00 - 250.00	246.60	Hambantota	140.00 - 180.00	157.50
Long Grain (White)			Leeks			Embilipitiya	145.00 - 160.00	152.00
A'pura	100.00 - 105.00	102.00	N'Elia	180.00 - 185.00	182.00	Matara	-	
P'naruwa	106.00 - 109.00	107.00	Welimada	160.00 - 175.00	168.00	A'pura	140.00 - 160.00	148.00
Kalawewa	105.00 - 110.00	107.67	Beetroot			Green Chillies		
Kurunegala	104.00 - 108.00	106.25	N'Elia	165.00 - 175.00	171.00	Dambulla	95.00 - 110.00	100.00
Dehiattakandiya	102.00 - 103.00	102.33	Dambulla	172.50 - 190.00	180.63	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	200.00 - 220.00	210.00
Nikaweratiya	100.00 - 108.00	104.80	Welimada	160.00 - 170.00	164.00	Puttalam	120.00 - 150.00	136.67
Hambantota	-		Hanguranketha	140.00 - 170.00	155.00	A'pura	130.00 - 160.00	142.00
Ampara	-		Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	155.00 - 165.00	159.00	Dambulla	76.00 - 95.00	85.40
Matara	120.00 - 125.00	121.75	Welimada	160.00 - 170.00	165.00	Hambantota	110.00 - 130.00	120.00
Hambantota	120.00 - 122.00	121.00	Hanguranketha	105.00 - 130.00	114.00	Embilipitiya	130.00 - 170.00	150.00
Embilipitiya	120.00 - 123.00	121.20	Raddish			Matara	-	
Keeri Samba			N'Elia	70.00 - 80.00	76.00	A'pura	110.00 - 120.00	114.00
A'pura	107.00 - 110.00	108.20	Welimada	55.00 - 65.00	61.00	Moneragala	80.00 - 90.00	84.00
P'naruwa	106.00 - 109.00	107.00	Hambantota	100.00 - 120.00	108.00	Cucumber		
Kalawewa	110.00 - 115.00	111.25	Hanguranketha	25.00 - 40.00	31.60	A'pura	25.00 - 30.00	27.00
Kurunegala	-		Cabbage			Dambulla	18.00 - 26.00	21.17
Dehiattakandiya	107.00 - 108.00	107.33	N'Elia	115.00 - 125.00	120.00	Hambantota	30.00 - 40.00	33.00
Red Onion			Welimada	100.00 - 110.00	104.00	Matara	30.00 - 40.00	35.00
Puttalam	350.00 - 450.00	404.00	Badulla	100.00 - 120.00	114.00	Long Beans		
Jaffna	300.00 - 350.00	320.00	Hanguranketha	95.00 - 120.00	106.00	Dambulla	172.50 - 200.00	189.00
Big Onion			Tomato			Hambantota	100.00 - 140.00	120.00
Dambulla	235.00 - 250.00	240.00	Welimada	250.00 - 265.00	256.00	Embilipitiya	170.00 - 200.00	186.00
Kalawewa	-		Hambantota	-		Matara	130.00 - 150.00	137.50
A'pura	-		Dambulla	240.00 - 260.00	252.00	A'pura	180.00 - 200.00	188.00
Potato			Hanguranketha	180.00 - 200.00	191.00	Ash Plantain		
N'Elia	300.00 - 310.00	304.00	<u>Vegetable (Low Country)</u>			Hambantota	60.00 - 90.00	76.00
Badulla	250.00 - 270.00	258.00	Ladies Fingers			Embilipitiya	110.00 - 120.00	117.00
Welimada	265.00 - 275.00	271.00	A'pura	70.00 - 90.00	78.00	Matara	80.00 - 95.00	88.33
<u>Pulses</u>			Dambulla	76.00 - 86.00	80.00	Lime		
Green Gram			Hambantota	80.00 - 120.00	100.00	Hambantota	-	
Hambantota	-		Embilipitiya	90.00 - 100.00	95.00	Embilipitiya	350.00 - 400.00	368.00
Moneragala	900.00 - 920.00	908.00	Matara	90.00 - 100.00	95.00	Moneragala	250.00 - 300.00	270.00
Embilipitiya	940.00 - 950.00	945.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	950.00 - 950.00	950.00	A'pura	250.00 - 280.00	262.00	Banana		
A'pura	900.00 - 950.00	920.00	Dambulla	230.00 - 260.00	244.00	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	220.00 - 240.00	228.00	Embilipitiya	100.00 - 120.00	111.00
Nikaweratiya	800.00 - 800.00	800.00	Matara	220.00 - 240.00	232.50	Hambantota	90.00 - 100.00	95.00
Moneragala	750.00 - 800.00	770.00	Welimada	210.00 - 225.00	218.00	Kolikuttu		
Embilipitiya	780.00 - 800.00	790.00	Capsicum			Moneragala	175.00 - 200.00	185.00
Maize			Badulla	-		Embilipitiya	240.00 - 260.00	248.00
A'pura	180.00 - 200.00	188.00	Welimada	660.00 - 680.00	670.00	Hambantota	-	
Kalawewa	160.00 - 200.00	180.00	Bitter Gourd			Papaw		
Gingelly			A'pura	280.00 - 300.00	288.00	Moneragala	70.00 - 80.00	74.00
A'pura	540.00 - 560.00	548.00	Dambulla	270.00 - 290.00	278.00	Embilipitiya	80.00 - 95.00	90.00
Kalawewa	-		Hambantota	-		Hambantota	80.00 - 110.00	95.00
Black Gram			Embilipitiya	280.00 - 340.00	308.00	Pineapple		
A'pura	850.00 - 900.00	870.00	Matara	260.00 - 300.00	277.50	Divulapitiya	-	
Kalawewa	750.00 - 800.00	787.50						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)
Week 45: 04 - 10 November 2022

29

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	230.00 - 240.00	-	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	240.00 - 240.00
Samba 2	220.00 - 220.00	-	220.00 - 220.00	220.00 - 220.00	220.00 - 230.00	220.00 - 220.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00
Keeri Samba	260.00 - 265.00	-	260.00 - 270.00	260.00 - 270.00	260.00 - 260.00	260.00 - 260.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00
Nadu 1	220.00 - 230.00	-	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00	220.00 - 230.00	230.00 - 240.00
Nadu 2	210.00 - 210.00	-	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00
Raw (Red)	220.00 - 225.00	-	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00
Raw (White)	210.00 - 220.00	-	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00
Imported									
Samba	195.00 - 200.00	-	200.00 - 210.00	210.00 - 210.00	210.00 - 210.00	210.00 - 210.00	200.00 - 200.00	195.00 - 210.00	200.00 - 200.00
Nadu	185.00 - 190.00	-	180.00 - 200.00	200.00 - 200.00	190.00 - 190.00	190.00 - 190.00	190.00 - 200.00	200.00 - 200.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	170.00 - 190.00	-	170.00 - 180.00	180.00 - 190.00	190.00 - 190.00	180.00 - 190.00	180.00 - 190.00	160.00 - 180.00	160.00 - 170.00
<u>Dried Chillies</u>									
Imported	1600.00 - 1700.00	-	1900.00 - 2000.00	2000.00 - 2000.00	1900.00 - 2000.00	1800.00 - 1900.00	1800.00 - 1800.00	1800.00 - 1800.00	1800.00 - 1800.00
<u>Red Onion</u>									
Sinnan	400.00 - 400.00	-	450.00 - 450.00	480.00 - 480.00	400.00 - 400.00	450.00 - 500.00	600.00 - 600.00	400.00 - 600.00	600.00 - 600.00
Vedalan	600.00 - 620.00	-	640.00 - 720.00	700.00 - 720.00	600.00 - 700.00	680.00 - 680.00	700.00 - 750.00	600.00 - 750.00	750.00 - 750.00
Imported	580.00 - 600.00	-	600.00 - 620.00	600.00 - 620.00	600.00 - 600.00	600.00 - 600.00	400.00 - 400.00	450.00 - 450.00	450.00 - 450.00
<u>Big Onion</u>									
Imported	260.00 - 280.00	-	280.00 - 280.00	300.00 - 300.00	280.00 - 300.00	300.00 - 300.00	260.00 - 280.00	280.00 - 280.00	260.00 - 280.00
Local	280.00 - 280.00	-	280.00 - 300.00	340.00 - 340.00	280.00 - 340.00	300.00 - 300.00	300.00 - 300.00	320.00 - 320.00	300.00 - 320.00
<u>Potato</u>									
Welimada	360.00 - 360.00	-	360.00 - 360.00	360.00 - 360.00	360.00 - 360.00	360.00 - 360.00	320.00 - 360.00	320.00 - 360.00	360.00 - 360.00
N'Eliya	400.00 - 430.00	-	400.00 - 440.00	460.00 - 460.00	400.00 - 460.00	460.00 - 480.00	400.00 - 420.00	400.00 - 420.00	480.00 - 480.00
Imported	200.00 - 220.00	-	240.00 - 260.00	240.00 - 240.00	260.00 - 260.00	240.00 - 240.00	240.00 - 260.00	240.00 - 240.00	260.00 - 260.00
<u>Pulses</u>									
Green Gram	1200.00 - 1200.00	-	1300.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00	1200.00 - 1200.00	1200.00 - 1300.00	1300.00 - 1300.00	1300.00 - 1300.00
Cowpea (White)	1100.00 - 1100.00	-	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1100.00	1200.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00
Cowpea (Red)	1100.00 - 1100.00	-	1100.00 - 1200.00	1200.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1100.00	1000.00 - 1000.00	1200.00 - 1200.00	1200.00 - 1200.00
Red Dhal	370.00 - 400.00	-	380.00 - 400.00	390.00 - 400.00	400.00 - 400.00	380.00 - 400.00	400.00 - 400.00	400.00 - 400.00	380.00 - 400.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 45: 04 - 10 November 2022
30

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	360.00 - 400.00	560.00 - 560.00	400.00 - 520.00	480.00 - 480.00	450.00 - 500.00	550.00 - 560.00	360.00 - 400.00	480.00 - 520.00	480.00 - 500.00
Carrot	360.00 - 450.00	480.00 - 520.00	480.00 - 480.00	440.00 - 480.00	400.00 - 500.00	480.00 - 500.00	360.00 - 400.00	400.00 - 400.00	400.00 - 440.00
Leeks	260.00 - 300.00	400.00 - 400.00	320.00 - 360.00	360.00 - 400.00	280.00 - 400.00	300.00 - 320.00	280.00 - 320.00	300.00 - 320.00	300.00 - 320.00
Beetroot	280.00 - 300.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00	320.00 - 400.00	320.00 - 360.00	280.00 - 320.00	300.00 - 400.00	360.00 - 400.00
Knolkhol	250.00 - 260.00	320.00 - 320.00	400.00 - 400.00	400.00 - 400.00	300.00 - 320.00	-	300.00 - 360.00	260.00 - 320.00	320.00 - 360.00
Raddish	200.00 - 240.00	240.00 - 280.00	240.00 - 280.00	320.00 - 320.00	240.00 - 300.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	240.00 - 240.00
Cabbage	200.00 - 260.00	400.00 - 440.00	320.00 - 400.00	360.00 - 400.00	280.00 - 400.00	400.00 - 440.00	240.00 - 280.00	300.00 - 400.00	320.00 - 360.00
Tomato	380.00 - 500.00	600.00 - 600.00	480.00 - 480.00	550.00 - 600.00	400.00 - 550.00	500.00 - 550.00	420.00 - 480.00	420.00 - 450.00	400.00 - 420.00
Ladies Fingers	160.00 - 200.00	320.00 - 320.00	280.00 - 320.00	320.00 - 320.00	280.00 - 300.00	280.00 - 320.00	200.00 - 280.00	220.00 - 240.00	240.00 - 280.00
Brinjal	340.00 - 400.00	480.00 - 500.00	400.00 - 480.00	440.00 - 480.00	400.00 - 400.00	400.00 - 420.00	350.00 - 400.00	360.00 - 400.00	400.00 - 440.00
Capsicum	800.00 - 900.00	1000.00 - 1100.00	1000.00 - 1200.00	1000.00 - 1200.00	900.00 - 1000.00	1000.00 - 1000.00	900.00 - 1000.00	1000.00 - 1200.00	1000.00 - 1200.00
Pumpkin	160.00 - 200.00	280.00 - 280.00	240.00 - 280.00	240.00 - 280.00	250.00 - 280.00	280.00 - 280.00	200.00 - 280.00	200.00 - 240.00	240.00 - 240.00
Cucumber	70.00 - 100.00	140.00 - 160.00	160.00 - 200.00	200.00 - 200.00	120.00 - 150.00	160.00 - 160.00	140.00 - 160.00	160.00 - 160.00	160.00 - 200.00
Bitter Gourd	420.00 - 450.00	520.00 - 600.00	600.00 - 600.00	600.00 - 600.00	500.00 - 550.00	600.00 - 600.00	400.00 - 480.00	500.00 - 600.00	600.00 - 600.00
Snake Gourd	320.00 - 360.00	400.00 - 480.00	400.00 - 480.00	440.00 - 480.00	360.00 - 400.00	360.00 - 360.00	350.00 - 400.00	300.00 - 320.00	320.00 - 360.00
Drumstick	300.00 - 350.00	400.00 - 400.00	480.00 - 480.00	480.00 - 480.00	300.00 - 400.00	400.00 - 400.00	350.00 - 400.00	400.00 - 400.00	400.00 - 420.00
Luffa	240.00 - 260.00	320.00 - 360.00	320.00 - 400.00	400.00 - 400.00	320.00 - 350.00	280.00 - 320.00	280.00 - 320.00	320.00 - 360.00	280.00 - 320.00
Long Beans	240.00 - 300.00	440.00 - 440.00	400.00 - 440.00	360.00 - 400.00	300.00 - 400.00	320.00 - 360.00	300.00 - 320.00	240.00 - 320.00	320.00 - 400.00
Ash Plantain	200.00 - 240.00	280.00 - 320.00	240.00 - 320.00	320.00 - 320.00	260.00 - 320.00	240.00 - 280.00	200.00 - 280.00	240.00 - 320.00	240.00 - 300.00
Green Chillies	220.00 - 250.00	550.00 - 600.00	500.00 - 600.00	500.00 - 550.00	350.00 - 400.00	400.00 - 400.00	280.00 - 400.00	200.00 - 240.00	300.00 - 320.00
Lime	500.00 - 600.00	800.00 - 900.00	800.00 - 900.00	800.00 - 900.00	600.00 - 700.00	700.00 - 800.00	600.00 - 700.00	600.00 - 800.00	700.00 - 700.00
<u>Root Crops</u>									
Sweet Potato	180.00 - 200.00	280.00 - 320.00	240.00 - 280.00	280.00 - 320.00	220.00 - 240.00	240.00 - 240.00	180.00 - 260.00	200.00 - 240.00	240.00 - 240.00
Manioc	160.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00
Kankun	80.00 - 80.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	100.00 - 100.00	80.00 - 80.00
Gotukola	100.00 - 100.00	100.00 - 100.00	100.00 - 100.00	160.00 - 160.00	150.00 - 150.00	100.00 - 100.00	100.00 - 100.00	150.00 - 150.00	100.00 - 100.00
<u>Coconut</u>									
Large	95.00 - 100.00	110.00 - 120.00	95.00 - 110.00	100.00 - 110.00	100.00 - 110.00	95.00 - 100.00	100.00 - 105.00	100.00 - 110.00	110.00 - 120.00
Small	80.00 - 80.00	90.00 - 90.00	85.00 - 90.00	85.00 - 95.00	85.00 - 90.00	80.00 - 85.00	85.00 - 90.00	80.00 - 90.00	90.00 - 90.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 45: 04 - 10 November 2022

31

CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul (Rs/Kg)	160.00	-	170.00	220.00	-	240.00	220.00	-	240.00	200.00	-	220.00	220.00	-	240.00	180.00	-	200.00	160.00	-	200.00	160.00	-	200.00	160.00	-	200.00
Kolikuttu (Rs/Kg)	400.00	-	420.00	450.00	-	460.00	450.00	-	450.00	400.00	-	420.00	440.00	-	450.00	420.00	-	450.00	440.00	-	460.00	380.00	-	400.00	430.00	-	460.00
Seeni (Rs/Kg)	130.00	-	150.00	220.00	-	230.00	180.00	-	220.00	180.00	-	200.00	170.00	-	200.00	180.00	-	200.00	160.00	-	180.00	160.00	-	180.00	180.00	-	220.00
Anamalu	20.00	-	22.00	26.00	-	28.00	26.00	-	28.00	24.00	-	25.00	24.00	-	25.00	26.00	-	28.00	26.00	-	27.00	24.00	-	25.00	20.00	-	25.00
Ambun	25.00	-	27.00	33.00	-	35.00	33.00	-	35.00	30.00	-	31.00	30.00	-	31.00	33.00	-	35.00	22.00	-	23.00	30.00	-	31.00	25.00	-	31.00
<u>Pineapple</u>																											
Large	650.00	-	700.00	650.00	-	700.00	650.00	-	750.00	650.00	-	700.00	650.00	-	700.00	650.00	-	700.00	700.00	-	800.00	650.00	-	700.00	650.00	-	750.00
Medium	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00	600.00	-	600.00
Small	350.00	-	500.00	450.00	-	500.00	450.00	-	500.00	350.00	-	500.00	400.00	-	500.00	350.00	-	500.00	500.00	-	500.00	400.00	-	500.00	400.00	-	500.00
<u>Mango</u>																											
Betti		-			-			-			-			-			-			-			-			-	
Karthakolomban	100.00	-	150.00	140.00	-	180.00	120.00	-	150.00	150.00	-	180.00	140.00	-	150.00	100.00	-	120.00	140.00	-	160.00	100.00	-	120.00	150.00	-	180.00
Vilad	70.00	-	100.00	80.00	-	100.00	70.00	-	80.00	100.00	-	100.00		-			-		100.00	-	100.00		-		80.00	-	100.00
Kohu		-			-			-			-			-			-			-			-			-	
<u>Other Fruits</u>																											
Wood Apple	30.00	-	40.00	30.00	-	50.00	50.00	-	70.00	50.00	-	70.00	40.00	-	50.00	30.00	-	50.00	30.00	-	50.00	30.00	-	50.00	50.00	-	70.00
Orange	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00		-		80.00	-	100.00	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00
Avocado	100.00	-	150.00	120.00	-	150.00	120.00	-	150.00	120.00	-	150.00	180.00	-	180.00	80.00	-	100.00	120.00	-	150.00	80.00	-	100.00	80.00	-	120.00
Slime Apple	100.00	-	120.00	140.00	-	150.00	120.00	-	150.00	150.00	-	160.00	150.00	-	200.00		-		160.00	-	200.00		-		200.00	-	200.00
Grapes (Rs/Kg)		-		2000.00	-	2000.00	2000.00	-	2000.00	2000.00	-	2000.00	2200.00	-	2200.00	1700.00	-	1700.00	2000.00	-	2000.00	2000.00	-	2000.00	1600.00	-	1600.00
Papaw (Rs/Kg)	180.00	-	200.00	340.00	-	350.00	320.00	-	350.00	300.00	-	320.00	300.00	-	320.00	320.00	-	350.00	240.00	-	250.00	240.00	-	250.00	260.00	-	280.00
Passion	38.00	-	42.00	54.00	-	58.00	54.00	-	58.00	46.00	-	50.00	46.00	-	50.00	46.00	-	50.00	50.00	-	54.00	46.00	-	50.00	58.00	-	63.00
King Coconut	110.00	-	120.00	130.00	-	140.00	130.00	-	150.00	130.00	-	140.00	120.00	-	140.00	130.00	-	140.00	120.00	-	140.00	120.00	-	130.00	120.00	-	130.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 45: 04 - 10 November 2022

32

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	600.00 ~ 650.00	400.00 ~ 640.00	600.00 ~ 700.00	-	720.00 ~ 720.00	500.00 ~ 520.00	400.00 ~ 400.00	460.00 ~ 500.00	400.00 ~ 520.00
Hurulla	780.00 ~ 900.00	720.00 ~ 800.00	760.00 ~ 800.00	1000.00 ~ 1000.00	780.00 ~ 780.00	800.00 ~ 920.00	600.00 ~ 680.00	600.00 ~ 680.00	600.00 ~ 680.00
Balaya	850.00 ~ 900.00	-	1600.00 ~ 1600.00	-	-	1200.00 ~ 1600.00	800.00 ~ 900.00	1000.00 ~ 1300.00	820.00 ~ 900.00
Kelawalla	1200.00 ~ 1460.00	2600.00 ~ 2600.00	2000.00 ~ 2000.00	2600.00 ~ 2600.00	2500.00 ~ 2500.00	2000.00 ~ 2000.00	1200.00 ~ 1300.00	1800.00 ~ 2000.00	1800.00 ~ 1860.00
Thora	2200.00 ~ 2200.00	2720.00 ~ 2720.00	2600.00 ~ 2600.00	2800.00 ~ 2800.00	3800.00 ~ 3800.00	2400.00 ~ 2800.00	-	2400.00 ~ 2400.00	2600.00 ~ 2600.00
Paraw	1100.00 ~ 1200.00	2200.00 ~ 2400.00	2300.00 ~ 2400.00	2600.00 ~ 2600.00	-	1600.00 ~ 2000.00	-	2200.00 ~ 2300.00	1500.00 ~ 1700.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1800.00 ~ 2000.00	1920.00 ~ 1920.00	1900.00 ~ 2000.00	1700.00 ~ 1700.00	1760.00 ~ 1760.00	1600.00 ~ 1800.00	1500.00 ~ 1500.00	1500.00 ~ 1600.00	1600.00 ~ 1700.00
Talapath	2300.00 ~ 2700.00	2800.00 ~ 2800.00	2800.00 ~ 2800.00	3000.00 ~ 3000.00	3200.00 ~ 3200.00	2600.00 ~ 2800.00	2400.00 ~ 2400.00	2400.00 ~ 2500.00	2600.00 ~ 2700.00
<u>Eggs (Rs/Egg)</u>									
Brown	50.00 ~ 50.00	-	-	55.00 ~ 55.00	-	-	53.00 ~ 53.00	53.00 ~ 53.00	53.00 ~ 53.00
White	49.00 ~ 50.00	-	-	50.00 ~ 50.00	-	-	52.00 ~ 52.00	52.00 ~ 52.00	52.00 ~ 52.00
<u>Dried Fish</u>									
Sprats	1200.00 ~ 1800.00	2400.00 ~ 2400.00	2300.00 ~ 2400.00	2400.00 ~ 2600.00	2500.00 ~ 2600.00	-	2300.00 ~ 2400.00	2100.00 ~ 2300.00	2300.00 ~ 2400.00
Kattawa	2200.00 ~ 2500.00	2600.00 ~ 2800.00	2400.00 ~ 2500.00	2800.00 ~ 2800.00	2400.00 ~ 2400.00	-	2400.00 ~ 2600.00	2500.00 ~ 2600.00	2600.00 ~ 2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2200.00 ~ 2600.00	2800.00 ~ 2800.00	2500.00 ~ 2600.00	2700.00 ~ 2800.00	2700.00 ~ 2800.00	-	2600.00 ~ 2800.00	2600.00 ~ 2800.00	2600.00 ~ 2700.00
Balaya	1100.00 ~ 1400.00	1800.00 ~ 1800.00	1800.00 ~ 1800.00	1600.00 ~ 2000.00	1300.00 ~ 1800.00	-	1300.00 ~ 1500.00	1300.00 ~ 1400.00	2000.00 ~ 2000.00
Anguluwa	-	-	-	-	-	-	-	-	-
Salaya	900.00 ~ 1100.00	1300.00 ~ 1300.00	1200.00 ~ 1200.00	1000.00 ~ 1400.00	1100.00 ~ 1200.00	-	1300.00 ~ 1400.00	1200.00 ~ 1300.00	1300.00 ~ 1400.00
<u>Meat</u>									
Beef (without Bones)	-	2000.00 ~ 2000.00	2200.00 ~ 2200.00	-	2100.00 ~ 2100.00	-	2000.00 ~ 2000.00	-	-
Chicken (Broiler)	1100.00 ~ 1100.00	1150.00 ~ 1150.00	1180.00 ~ 1180.00	1100.00 ~ 1100.00	1100.00 ~ 1100.00	1100.00 ~ 1100.00	1200.00 ~ 1200.00	1200.00 ~ 1200.00	1280.00 ~ 1280.00
Chicken (Curry)	1600.00 ~ 1600.00	-	-	-	1500.00 ~ 1500.00	-	1500.00 ~ 1500.00	-	1600.00 ~ 1600.00
Mutton	-	-	3000.00 ~ 3000.00	-	3300.00 ~ 3300.00	2800.00 ~ 2800.00	2700.00 ~ 2700.00	3200.00 ~ 3200.00	3200.00 ~ 3200.00
Pork	-	1800.00 ~ 1800.00	1900.00 ~ 1900.00	-	-	-	-	1650.00 ~ 1650.00	1500.00 ~ 1500.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µg/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
White												
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

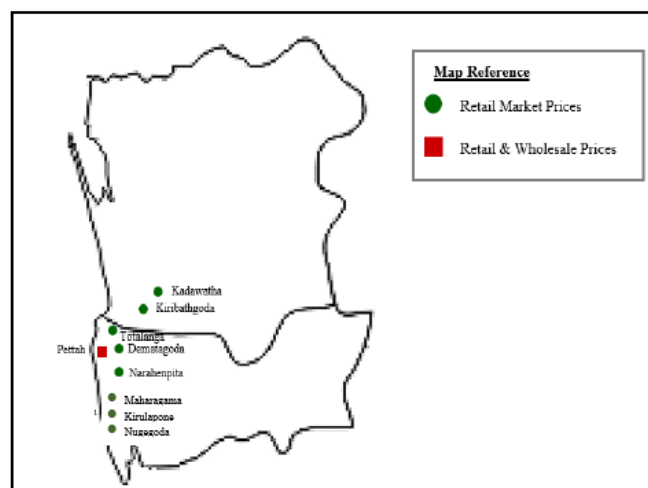
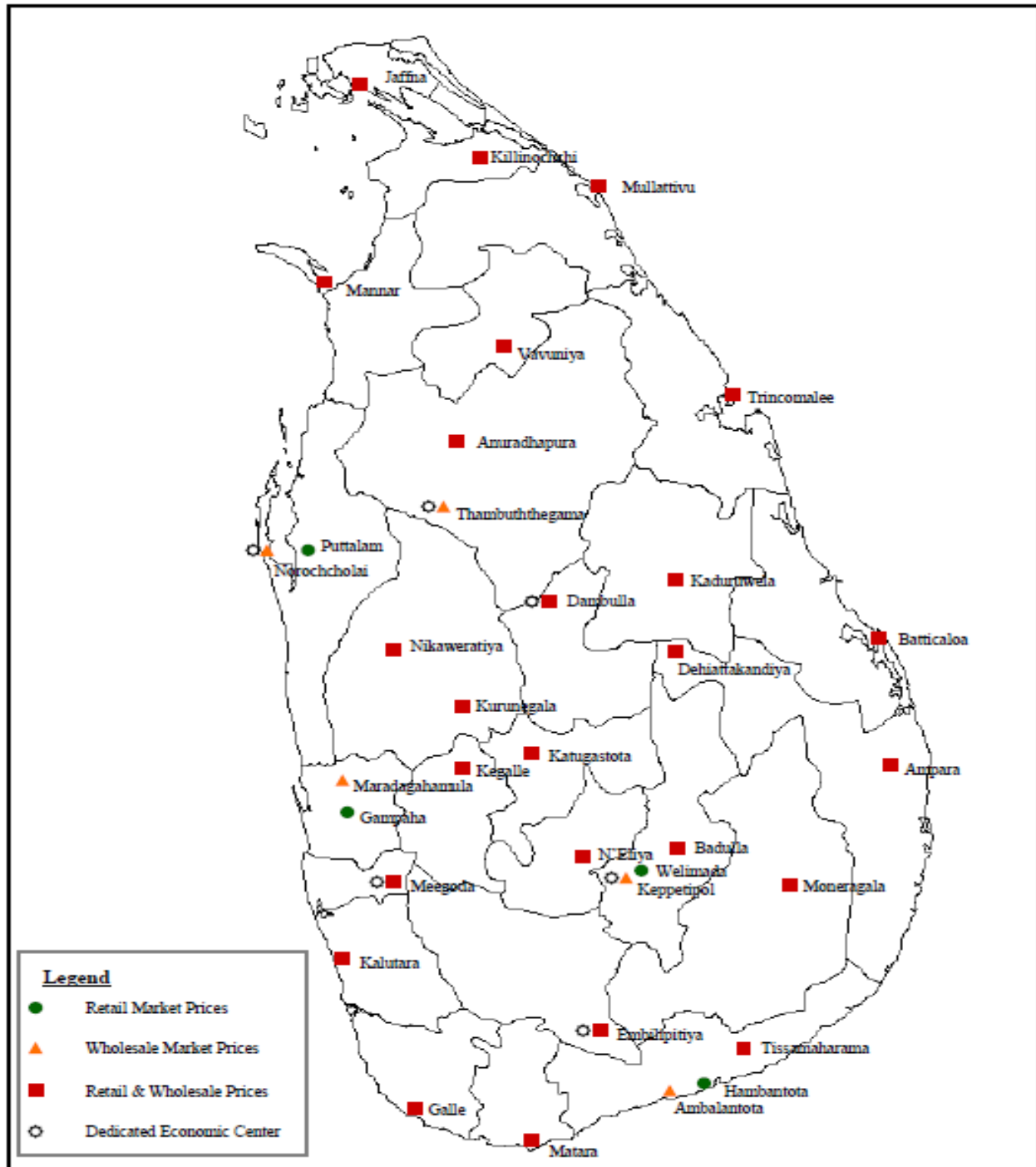
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Korali	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවිරමේ ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අමතන්න.

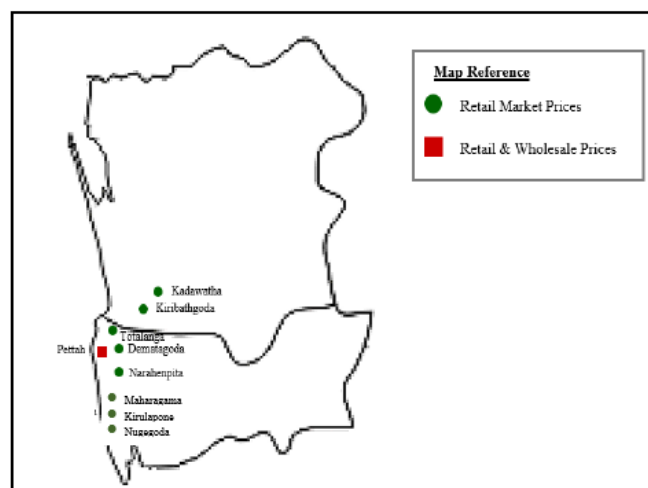
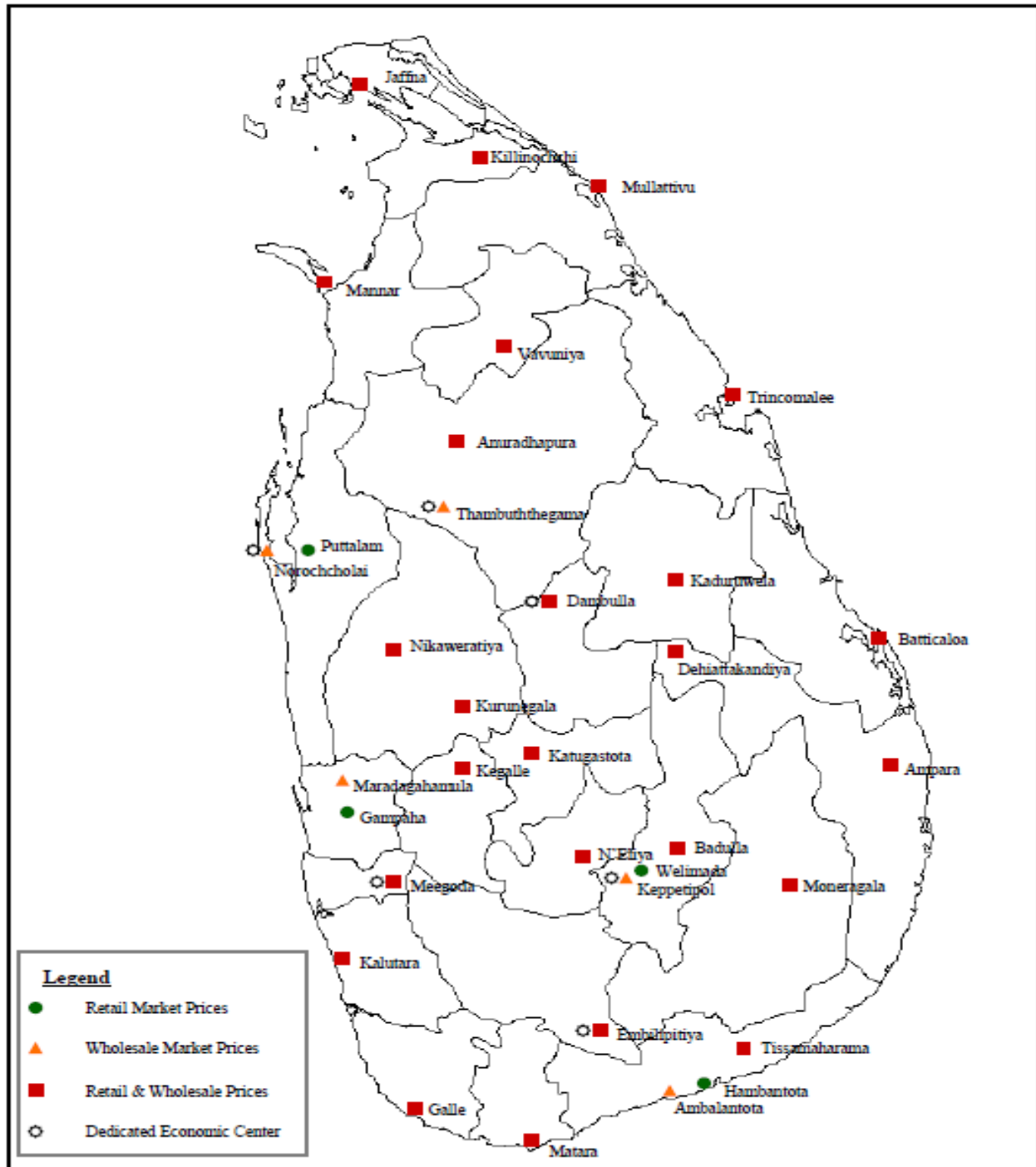
මොබිටෙල් අද මිල - අඟ්‍රාණ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චළච්චි තොග මිල දැක්වේ.

විකාශිතයාට රු.2/-

මොබිටෙල් අද මිල - අඟ්‍රාණ

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

Hector Kobbekaduwa Agrarian Research and Training Institute

No. 114, Wijerama Mawatha, Colombo 07.

Phone: 011-2696981 Fax: 011-2682283

E-mail: mfpaharti@yahoo.com

Web: www.harti.gov.lk

දෛනික චළච්චි තොග මිල,
ජංගම දුරකථනයෙන්

හෙක්ටර් කොච්ඡාකඩුව ගොවි කරියුතු පර්යේෂණ
හා පුහුණුවීම් ආයතනය අනුග්‍රහයෙන්

මොබිටෙල්
ජංගම
මිල දර්ශනය

ජාතික ජංගම දුරකථන ජාලයෙන්

6666
අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන්
එදවර මොහොතේම දැනගන්න.

විකාශිතයාට රු.2/-
විකාශිතයාට රු.2/-