

RETAIL MARKET AT A GLANCE

Summary

Rice

Except for raw red, prices of both local and imported rice varieties have decreased during this week. Prices of samba grade I and II have decreased by Rs.2.00/kg and Rs.3.00/kg respectively while the price of nadu grade I and II have decreased by Rs.4.00/kg and Rs.3.00/kg. In addition, prices of all the imported rice varieties have decreased in the range of Rs.1.00-3.00/kg. Among the local rice varieties, the highest price drop was reported for nadu grade I as Rs.4.00/kg while among the imported rice varieties the highest price drop (Rs.3.00/kg) was reported for samba. Meanwhile, average farm gate prices of major paddy varieties have decreased in some producing area. Prices of short grain paddy (samba) and long grain white (nudu) have decreased by Rs.3.00/kg and Rs.10.00/kg in Ampara district respectively. Paddy prices of short grain, keeri samba and long grain (white) in Dehiattakandiya area have increased by Rs.8.00/kg, Rs.1.00/kg and Rs.7.00/kg respectively.

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Other Field Crops

Price of imported dried chilies has decreased by Rs.18.00/kg. Prices of both local and imported red onions have decreased in the range of Rs.2.00-8.00/kg. Meanwhile, prices of both local and imported big onions have increased by Rs.1.00/kg and Rs.8.00/kg respectively. In addition, prices of both local and imported potatoes have increased in the range of Rs.8.00-17.00/kg with the highest price increased noted for Nuwara Eliya potato.

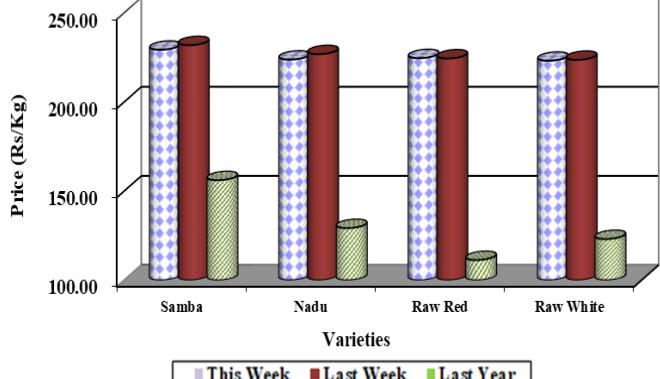
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Vegetables

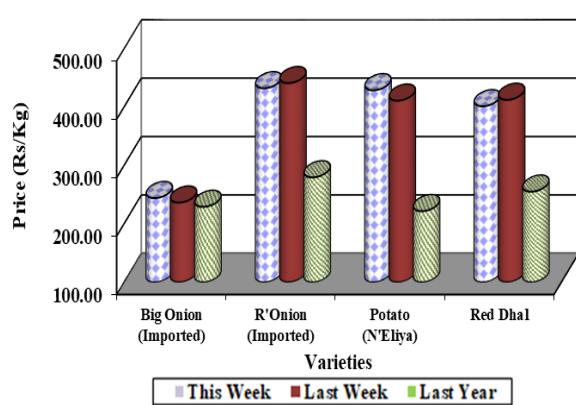
Prices of most of the vegetable varieties have increased during this week due to limited supplies from major producing areas. Considering up country vegetables, the highest price increase was reported for carrot (Rs.24.00/kg) and for the low country varieties, the highest price increase was reported for snake gourd (Rs.11.00).

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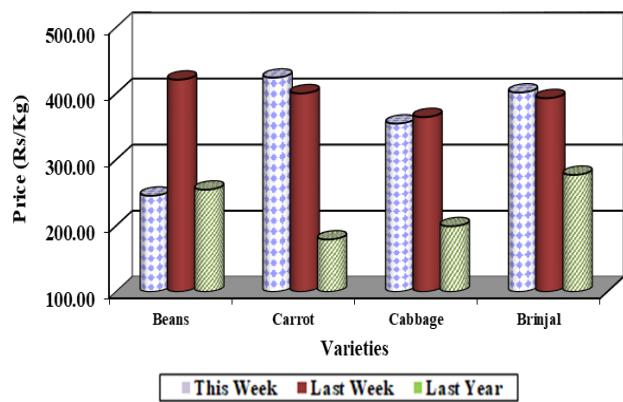
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice**Wholesale**

Wholesale prices of both local keeri samba and raw white have decreased by 1% and their price ranges were Rs.235.00-240.00/kg and Rs.200.00-210.00/kg respectively. Prices of all other local rice varieties have not changed significantly. Average prices of grade I samba and grade I nadu were Rs.221.00/kg and Rs.213.00/kg respectively. Price ranges of grade II samba, grade II nadu and raw red were Rs.210.00-220.00/kg, Rs.205.00-210.00/kg and Rs.208.00-215.00/kg respectively.

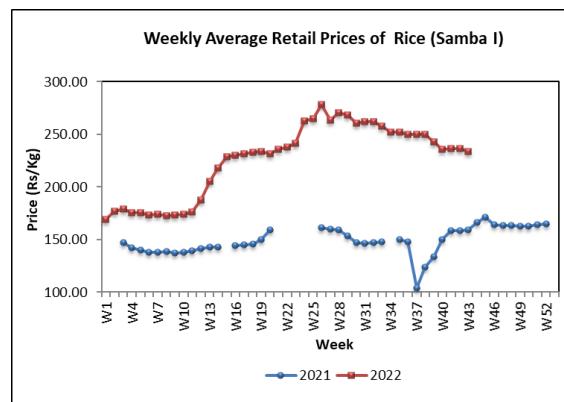
Prices of all types of imported rice varieties have decreased due to availability of sufficient stocks at the market. Prices of both imported nadu and raw white have decreased by about 3% and their price ranges were Rs.160.00-170.00/kg and Rs.142.00-150.00/kg respectively. Price of ponni samba has also decreased by 1% and the average price was Rs.179.00/kg.

Compared to the same period of last year, wholesale prices of all types of local rice varieties have increased in the range of 14%-107% and the highest price increase was reported for raw red.

Retail

Prices of all local rice varieties except for raw red have decreased. Prices of nadu grade I and II, samba grade I and II have decreased by Rs.2.00-4.00/kg. Their prices ranged Rs.220.00-240.00/kg, Rs.210.00-230.00/kg, Rs.230.00-240.00/kg and Rs.220.00-230.00/kg respectively. A slight price decrease was observed for keeri samba and raw white while the price of raw red has increased slightly. Prices ranged Rs.220.00-230.00/kg respectively.

Prices of imported samba, nadu and raw white have decreased by Rs.1.00-3.00/kg and the price ranged Rs.190.00-210.00/kg, Rs.180.00-210.00/kg and Rs.165.00-190.00/kg respectively.



Compared to the same period of last year, prices of all local rice varieties have increased by 22%- 102% and the highest for raw red.

Paddy

The average farm gate price of short grain paddy has further decreased by Rs.1.00-3.00/kg in Kalawewa, Nikaweratiya, Ampara and Kurunegala areas while the price increased by Rs.8.00/kg was observed in Dehiattakandiya. Likewise, price of keeri samba paddy also decreased by Rs.2.00/kg in Anuradhapura and Kalawewa areas and the price has increased by Rs.1.00/kg in Kurunegala and Dehiattakandiya areas. Prices of both short grain and keeri samba paddy were ranged Rs.100-114.00/kg and Rs.108.00-115.00/kg respectively. Meanwhile, a price decrease of Rs.10.00/kg was observed for long grain white paddy in Ampara and the price was decreased by Rs.2.00/kg in Anuradhapura. Meanwhile, price of long grain white has increased by Rs.2.00-7.00/kg in Kalawewa and Dehiattakandiya areas. Its prices ranged between Rs.100.00-110.00/kg. However, the average farm gate price of long grain red paddy has not changed significantly and its prices ranged Rs.120.00-126.00/kg.

Compared to the same period of last year, average farm gate prices of all major paddy varieties have increased and the highest was reported for long grain red paddy in major producing areas in the Southern province.

Dried Chilies

Wholesale

Wholesale price of imported dried chilies has decreased by 2% and the price ranged Rs.1380.00-1460.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 180%.

Retail

Price of imported dried chilies has decreased by Rs.18.00/kg and the price ranged Rs.1550.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 199%.

Onion

Wholesale

Prices of imported and vedalan red onions have decreased by 6% and 4% respectively due to increased supply of both stocks and their price ranges were Rs.420.00-465.00/kg and Rs.465.00-480.00/kg respectively.

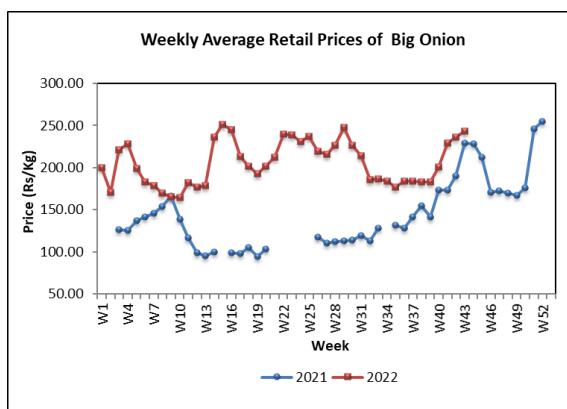
Wholesale prices of imported and local big onions have increased by 2% and 1% respectively and their price ranges were Rs.185.00-220.00/kg and Rs.190.00-230.00/kg respectively.

Compared to the same period of last year, prices of imported and vedalan red onions

have increased by 136% and 107% respectively while the prices of imported and local big onions have also increased by 11% and 7% respectively.

Retail

Prices of sinnan and vedalan red onions have decreased by Rs.8.00/kg and Rs.2.00/kg respectively due to availability of sufficient stocks at the market. Price ranges were Rs.300.00-400.00/kg and Rs.500.00-620.00/kg respectively. Price of imported red onion has also decreased by Rs.9.00/kg and reported average price of Rs.431.94/kg. Prices of imported and local big onions have increased by Rs.8.00/kg and Rs.1.00/kg respectively and both prices ranged between Rs.220.00-260.00/kg.



Compared to the same period of last year, prices of vedalan, imported and sinan red onions have increased by 106%, 55% and 47% respectively while prices of both local and imported big onions also increased by 7%-17%

Potato

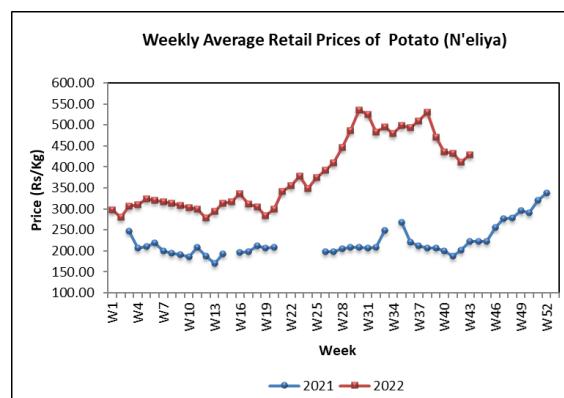
Wholesale

Price of imported potato has increased by 4% due decreased supply of Pakistan stocks and the price ranged Rs.150.00-185.00/kg. Price of Welimada potato has increased by 2% due to decreased supply with the unfavorable weather conditions and the price ranged Rs.280.00-290.00/kg. Price of Nuwara Eliya potato has not changed and the average price was Rs.315.00/kg.

Compared to the same period of last year, prices of Welimada and Nuwara Eliya potatoes have increased by 119% and 110% respectively and price of imported potato has also increased by 28%.

Retail

Price of Nuwara Eliya, Welimada and imported potato have increased by 18%, 12% and 8% respectively. Prices ranged Rs.400.00-480.00/kg, Rs.300.00-360.00/kg and Rs.190.00-240.00/kg respectively.



Compared to the same period of last year, price of Nuwara Eliya, Welimada and imported potatoes have increased by 93%, 92% and 43% respectively.

Pulses

Wholesale

Price of red dhal has decreased by 3% due to increased supply and the price ranged Rs.358.00-380.00/kg. Price of green gram has increased by 2% due to limited supply of local stocks and the price ranged Rs.1050.00-1120.00/kg. Prices of both white cowpea and red cowpea have not changed significantly and their average prices were Rs.867.00/kg and Rs.909.00/kg respectively.

Compared to the same period of last year, prices of all types of pulses have increased in the range of 65%, 192% and the highest price increase was reported for red cowpea.

Retail

Prices of white cowpea, red cowpea and green gram have increased by Rs.20.00/kg, Rs.16.00/kg and Rs.4.00/kg respectively. Price ranges were Rs.1000.00-1200.00/kg for both red and white cowpea while Rs.1150.00-1300.00/kg was reported for green gram.

Price of red dhal have decreased by Rs.11.00/kg and the price ranged Rs.390.00-420.00/kg.

Compared to the same period of last year, prices of all pulses have increased by 51%-183% and the highest price reported for red cowpea.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased supply from main producing areas as the end of yala harvesting season.

Considering up country vegetable, prices of carrot and leeks have increased by 35% and 20% respectively due to decreased supply from Nuwara Eliya area. Price of beans has increased by 12% due to decreased market supply from Welimada and Balangoda areas. Further, prices of Beetroot and knolkhol have increased by 6% and 5% respectively due to sufficient stocks not received from any upcountry or low country producing area. However, price of cabbage has decreased by 2% due to increased market supply from most of the main producing areas.

Meanwhile, price of tomato has decreased by 2% and price of capsicum has increased by 18% due to decreased market supply from Puttalam, Thalawakele and

Wellawaya areas. Considering low country vegetables, the highest price increase was reported for snake gourd by 36% due to sufficient stocks not received from any producing area. In addition, prices of ladies fingers, cucumber and ash plantain have increased by about 16%, 10% and 8% respectively due to decreased supply from Embilipitiya and Sooriyawewa areas. Further, price of pumpkin has increased by 14% due to decreased supply from Jaffna and Nochchiyagama areas. However, price of bitter gourd has decreased by 4% due to increased market supply from Dambulla area.

Price of green chilies has increased by 9% while the price of lime has decreased by 7%.

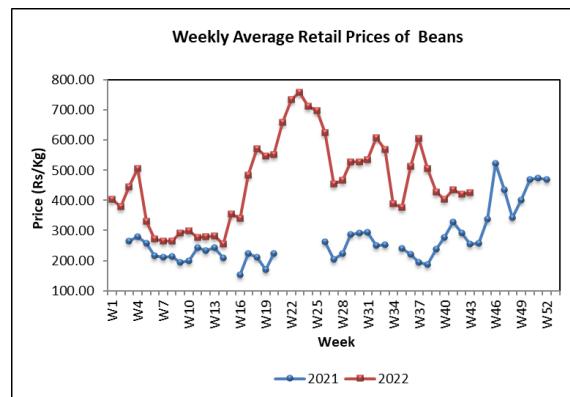
Compared to the same prices of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 393% was reported for beetroot.

Retail

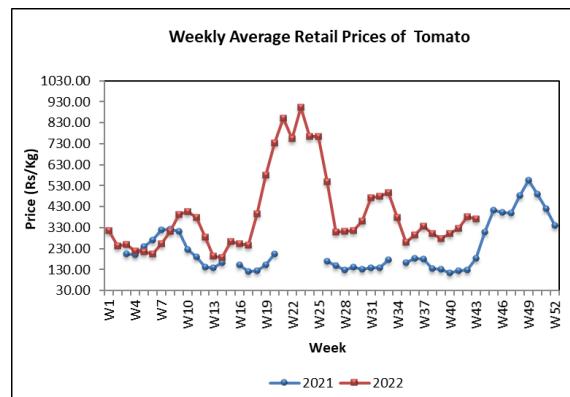
In line with the increased wholesale prices, retail prices of most of the vegetables have also increased.

Considering up-country varieties, the highest price increase was reported for

carrot as Rs.24.00/kg followed by Rs.8.00/kg for both leeks and knolkhol. Further, prices of beans, beetroot and raddish also increased by Rs.4.00-6.00/kg. However, prices of cabbage have decreased by Rs.10.00/kg.



Prices of tomato has decreased by Rs.8.00/kg and price of capsicum has increased by Rs.23.00/kg.



Considering low country varieties, the highest price increase was reported for snake guard as Rs.11.00/kg followed by Rs.9.00/kg for brinjal and Rs.5.00/kg for pumpkin. However, price of drumstick has decreased by Rs.133.00/kg. Prices of cucumber (Rs.9.00/kg) and long beans (Rs.7.00/kg) have also decreased. Price of

green chilies has increased by Rs.29.00/kg and price of lime has decreased by Rs.3.00/kg.

Compared to the same period of last year, prices of all varieties have increased and the highest was reported for beetroot as 195%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1% and 2% due to low supply. Their prices ranged between Rs.83.00-85.00/nut for large nut and Rs.70.00-75.00/nut for small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 15% and 13% respectively.

Retail

In line with the wholesale prices, retail prices of both large and small nuts have increased by RS.6.00/nut. Price ranges were Rs.95.00-120.00/nut for a large nut and Rs.75.00-90.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 14% and 13% respectively

Fruits

Wholesale

Prices of the most of fruit varieties have decreased with low demand. The highest price decrease was recorded for small size pineapple by 27% while medium and large size pineapple have also decreased in the range of 21%-25%. The prices of vilad and karthakolomban mango varieties have decreased by 11% and 14% respectively due availability of small size fruits. Further, prices of wood apple (11%) and papaw (19%) have reduced due to the low demand with rainy weather condition and high supplies of wood apple. Price of imported grapes has decreased by 6% with availability of sufficient stocks.

However, price of all banana varieties has increased in the range of 2%-14% due to limited supply and availability of good quality fruits. The price of avocado (10%), passion fruit (10%) and orange (4%) have increased with availability of quality fruits. In addition to that price of king coconut has increased by 6% with limited.

Compared to the same period of last year, wholesale prices of all varieties of fruits have increased with highest price increase of 235% recorded for ambul banana.

Retail

Retail prices of most of fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.136.00/kg was reported for imported grapes due to availability of sufficient stocks. Prices of all sizes of pineapple have decreased in the range of Rs.60.00-109.00/fruit due to low demand. Prices of mango varieties, karthakolomban and vilad have decreased in the range of Rs.25.00-48.00/fruit. A price decrease of Rs.35.00/kg was reported for papaw due to low demand with rainy weather condition. Prices of slime apple and wood apple have decreased by Rs.15.00/fruit and Rs.3.00/fruit respectively.

Meanwhile, prices of banana varieties kolikuttu, ambul and seeni have increased in the range of Rs.2.00-7.00/kg due to high wholesale prices. In addition, prices of avocado, orange, king coconut and passionfruit have increased by Rs.2.00/fruit.

Compared to the same period of last year, prices of most of the fruits have increased and the highest price increase of 119% was reported for pineapple medium.

Fresh Fish

Wholesale

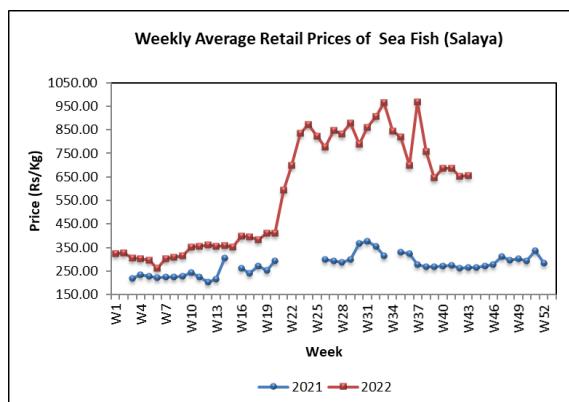
Prices of all fresh fish varieties have increased except shrimps due to low supply of the prevailed bad weather condition. The highest price increase of 27% was noted for hurulla due to low supply from Kalpitiya and Mullaitivu areas and the price ranged between Rs.560.00-750.00/kg. A price increase of 25% was noted for kelawalla due to low supply from Beruwala and Matara areas and the price ranged between Rs.1200.00-1460.00/kg. The price increase of 17% and 16% were noted for salaya and paraw due to low supply from Mannar, Trincomalee and Walachchenai areas and their prices ranged Rs.380.00-550.00/kg and Rs.1200.00-1400.00/kg respectively. Likewise, a price increase of 10% was noted for balaya due to low supply from Southern areas and the price ranged between Rs.680.00-850.00/kg. In addition, price of mora has increased by 4% and prices of thalapath and thora have increased by 2%.

Compared to the same period of last year wholesale prices of all fresh fish types have increased in the range of 20%-162% and the highest price increase was noted for salaya.

Retail

In line with the increased wholesale prices, retail prices of most types of fresh fish have increased in the range of Rs.2.00-133.00/kg. The highest price increase was reported for mora by Rs.133.00/kg followed by Rs.78.00/kg for hurulla due to limited supply with bad weather condition. Prices of both thora and kelawalla have increased by Rs.24.00/kg.

However, prices of paraw and shrimp have decreased by Rs.82.00/kg and Rs.8.00/kg due to low demand.



Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 38%-148% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 14% was noted for local sprats due to high supply from Trincomalee, Mannar and Negomba areas and the price ranged Rs.1700.00-2000.00/kg. A price decrease of 13% was noted for imported sprats due to high supply from Iran and Thailand and the price ranged Rs.1150.00-1380.00/kg. Likewise, a price decrease of 7% was noted for local salaya due to high supply from Chilaw and Mannar areas and the price ranged Rs.620.00-750.00/kg. In addition, prices of local mora and imported anguluwa have decreased by 3%.

However, a price increase of 8% was noted for local balaya due to low supply from Negombo and Beruwala areas and the price ranged Rs.850.00-1050.00/kg.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 54%-140% and the highest price increase was reported for imported sprats.

Retail

In line with the decreased wholesale prices, retail prices of all types of dried fish except

anguluwa have also increased due to increased supply. The highest price decrease was reported for imported sprat by Rs.119.00/kg followed by Rs.104.00/kg for balaya. Further, prices of salaya, local sprats and mora have also decreased by Rs.87.00-100.00/kg.

In addition, price of anguluwa has increased by Rs.120.00/kg due to limited stocks in the market. Further, maduwa was available only in few markets.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 72%-143%.

Eggs

Wholesale

Price of brown egg has not changed significantly and price of white egg has increased by 1%. Their prices ranged between Rs.49.50-50.00 and Rs.48.00-49.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 149% and 163% respectively.

Retail

Prices of both brown and white eggs have not changed significantly. Average price

of a brown egg was Rs.51.00 and Rs.49.00 for a white egg.

Compared to the same period of last year, Prices of both brown and white eggs have increased by 144% and 153% respectively.

Meat

Retail

Prices of most of the meat varieties have decreased. Price of skin-less broiler chicken has decreased by Rs.150.00/kg with drop in prices by large scale producers due to high stock. Price of pork and beef has also decreased by Rs.38.00/kg and Rs.25.00/kg respectively due to low demand.

Meanwhile, price of skin-less curry chicken has increased by Rs.54.00/kg due to low production.

Compared to the same period of last year, prices of all types of meat have increased in the range of 43%-120% and the highest price increase was reported for pork.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages,

Weekly Food Commodities Bulletin

and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 43: 21 - 27 October 2022

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 43: 21 - 27 October 2022

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 43: 21 - 27 October 2022

LOCATION	Dried Chillies		Red Onion				Big Onion	Potato						Pulses					
	Imported		Imported		Local			Imported		Wellimada		Nuwara Eliya		Green Gram		Cowpea		Red Dhal	
	Colombo	69000 - 73000	21000 - 23250	23250 - 24000	9250 - 11000	7500 - 9250	14000 - 14500	15500 - 16000	52500 - 56000	42000 - 45000	17900 - 19000								
13	Kurunegala	-	-	-	10000 - 11250	9000 - 9500	-	-	52500 - 55000	42500 - 45000	17500 - 18250								
	Nikaweratiya	70000 - 73500	-	23000 - 23500	10500 - 11000	9250 - 9400	-	-	51000 - 55000	-	18000 - 18400								
	Dehiattakandiya	70000 - 82000	-	23500 - 29000	11000 - 12000	9000 - 10750	-	-	-	-	18000 - 21000								
	Dambulla (DEC)	71500 - 73000	-	22000 - 24000	11000 - 11250	9500 - 10000	13500 - 14000	-	42500 - 45000	37500 - 40000	18500 - 19000								
	Anuradhapura	77500 - 82500	-	26000 - 27500	10500 - 11500	9500 - 10500	14000 - 16000	-	55000 - 57500	45000 - 47500	19000 - 19500								
	Thambuththegama	73250 - 75000	-	26500 - 27500	9750 - 10000	8900 - 10500	14500 - 15500	-	52500 - 52500	37500 - 37500	17750 - 18250								
	Polonnaruwa	83500 - 83750	25000 - 25250	29250 - 29500	13000 - 13300	-	-	18000 - 18250	47250 - 47500	39900 - 41000	20250 - 20500								
	Kaluthara	73000 - 74000	22500 - 23500	-	10000 - 10500	8500 - 8750	14000 - 14250	15500 - 15750	53000 - 55000	44000 - 45000	18750 - 19000								
	Puttalam	73500 - 76000	-	21500 - 23500	10750 - 12000	10000 - 10500	-	17000 - 18500	58500 - 60500	45000 - 46000	19500 - 197500								
	Kandy	75000 - 76000	24500 - 25000	27000 - 27500	10500 - 11000	9500 - 10000	13500 - 14000	15000 - 16000	52000 - 52500	45000 - 46000	19000 - 19500								
	Matara	77500 - 80000	23500 - 24000	25000 - 25500	10250 - 11000	8500 - 10000	15000 - 15500	16500 - 17000	53000 - 55000	-	19000 - 19500								
	Hambantota	72500 - 77500	24000 - 24750	-	10500 - 10750	8500 - 10000	14750 - 15500	18500 - 19500	47500 - 52500	-	19000 - 20000								
	Kegalle	80000 - 82000	22000 - 22100	-	10250 - 10300	8250 - 8350	-	15900 - 16000	51500 - 52000	46500 - 47000	19500 - 20000								
	Galle	-	-	-	-	-	-	-	-	-	-								
	Tissamaharama	75000 - 80000	23000 - 24000	-	11000 - 11500	10000 - 10750	-	17000 - 17000	-	-	19000 - 20000								
	Meegoda (DEC)	70000 - 72500	23000 - 24000	24000 - 25000	10750 - 11000	9250 - 10000	15500 - 16000	16500 - 17000	55000 - 60000	42500 - 46500	18000 - 18500								
	Jaffna	72500 - 79000	-	20000 - 21750	10000 - 11000	8250 - 8750	-	-	46000 - 50000	-	18000 - 20000								
	Vavuniya	80000 - 80500	-	-	-	9750 - 9800	-	17500 - 17800	55000 - 55500	-	19000 - 19500								
	Mannar	75000 - 77500	-	19500 - 20000	11250 - 11500	10500 - 10750	-	-	52500 - 53000	-	18500 - 19000								
	Killinochchi	75000 - 77500	-	-	12500 - 13500	10000 - 10500	-	-	52500 - 54000	-	19500 - 20000								
	Mullattivu	75000 - 78500	-	28000 - 28500	13000 - 13500	10000 - 11000	-	-	52500 - 57500	-	20500 - 21000								
	Batticaloa	80000 - 81000	-	27500 - 28000	12500 - 12650	9600 - 10000	-	-	56000 - 56250	-	20000 - 20500								
	Trincomalee	79500 - 82500	-	25000 - 25750	10000 - 10500	8800 - 9500	-	-	49750 - 50750	46000 - 46500	18000 - 18750								
	Galenbindunuwewa	75000 - 77500	22000 - 23000	-	10500 - 11500	10000 - 10500	-	-	52500 - 55000	-	18750 - 19250								
	Matale	-	-	-	-	-	-	-	-	-	-								

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 43: 21 - 27 October 2022

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 43: 21 - 27 October 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	280.00 - 350.00	300.00 - 350.00	180.00 - 230.00	220.00 - 280.00	180.00 - 200.00
Meegoda (DEC)	-	330.00 - 380.00	320.00 - 380.00	230.00 - 280.00	160.00 - 220.00	190.00 - 210.00
Dambulla (DEC)	-	250.00 - 300.00	250.00 - 300.00	210.00 - 240.00	120.00 - 130.00	160.00 - 180.00
Keppetipola (DEC)	-	320.00 - 350.00	255.00 - 270.00	200.00 - 210.00	150.00 - 165.00	150.00 - 160.00
Norochchhole (DEC)	-	-	-	-	100.00 - 120.00	-
Nuwara Eliya	-	330.00 - 340.00	310.00 - 320.00	210.00 - 220.00	180.00 - 190.00	160.00 - 170.00
Kandy	-	250.00 - 280.00	270.00 - 300.00	180.00 - 200.00	170.00 - 190.00	150.00 - 160.00
Hambantota	-	350.00 - 380.00	280.00 - 380.00	200.00 - 250.00	200.00 - 280.00	150.00 - 250.00
Thambuththegama (DEC)	-	340.00 - 380.00	320.00 - 340.00	210.00 - 240.00	160.00 - 180.00	140.00 - 180.00
Jaffna		280.00 - 350.00	320.00 - 360.00	220.00 - 250.00	190.00 - 220.00	-
Bandarawela		330.00 - 350.00	260.00 - 280.00	180.00 - 200.00	160.00 - 180.00	130.00 - 150.00
Veyangoda	-	330.00 - 360.00	280.00 - 330.00	220.00 - 220.00	150.00 - 190.00	170.00 - 210.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 130.00	180.00 - 200.00	200.00 - 250.00	100.00 - 120.00	200.00 - 260.00	640.00 - 700.00
Meegoda (DEC)	130.00 - 160.00	180.00 - 230.00	270.00 - 290.00	120.00 - 140.00	250.00 - 290.00	680.00 - 700.00
Moneragala	100.00 - 120.00	250.00 - 300.00	220.00 - 300.00	130.00 - 180.00	200.00 - 280.00	700.00 - 750.00
Dambulla (DEC)	50.00 - 80.00	140.00 - 160.00	200.00 - 230.00	75.00 - 100.00	180.00 - 230.00	550.00 - 600.00
Keppetipola (DEC)	60.00 - 70.00	140.00 - 150.00	180.00 - 200.00	110.00 - 130.00	160.00 - 190.00	650.00 - 680.00
Norochchhole (DEC)	30.00 - 60.00	160.00 - 220.00	-	80.00 - 110.00	270.00 - 320.00	500.00 - 650.00
Nuwara Eliya	95.00 - 105.00	170.00 - 180.00	180.00 - 200.00	120.00 - 140.00	200.00 - 220.00	630.00 - 660.00
Kandy	60.00 - 80.00	120.00 - 170.00	180.00 - 200.00	120.00 - 130.00	200.00 - 250.00	650.00 - 680.00
Hambantota	150.00 - 180.00	170.00 - 210.00	240.00 - 260.00	80.00 - 130.00	200.00 - 280.00	550.00 - 700.00
Thambuththegama (DEC)	50.00 - 75.00	190.00 - 220.00	230.00 - 250.00	100.00 - 120.00	200.00 - 250.00	450.00 - 520.00
Tissamaharama	110.00 - 130.00	240.00 - 260.00	250.00 - 270.00	110.00 - 130.00	250.00 - 270.00	630.00 - 650.00
Jaffna	130.00 - 160.00	220.00 - 260.00	320.00 - 350.00	150.00 - 160.00	320.00 - 380.00	600.00 - 700.00
Bandarawela	60.00 - 80.00	120.00 - 140.00	170.00 - 190.00	-	160.00 - 180.00	600.00 - 650.00
Veyangoda	110.00 - 130.00	180.00 - 200.00	250.00 - 300.00	120.00 - 140.00	250.00 - 280.00	620.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	180.00 - 210.00	60.00 - 70.00	300.00 - 350.00	260.00 - 300.00	100.00 - 250.00	150.00 - 200.00
Meegoda (DEC)	160.00 - 200.00	50.00 - 60.00	300.00 - 350.00	250.00 - 250.00	200.00 - 280.00	160.00 - 180.00
Moneragala	180.00 - 200.00	130.00 - 160.00	400.00 - 450.00	270.00 - 300.00	200.00 - 250.00	260.00 - 280.00
Dambulla (DEC)	150.00 - 170.00	25.00 - 30.00	240.00 - 250.00	180.00 - 210.00	180.00 - 200.00	140.00 - 160.00
Keppetipola (DEC)	170.00 - 180.00	75.00 - 90.00	290.00 - 310.00	220.00 - 230.00	220.00 - 240.00	180.00 - 190.00
Norochchhole (DEC)	120.00 - 150.00	20.00 - 40.00	270.00 - 320.00	150.00 - 200.00	200.00 - 290.00	120.00 - 160.00
Nuwara Eliya	180.00 - 190.00	80.00 - 90.00	300.00 - 320.00	220.00 - 230.00	220.00 - 250.00	180.00 - 190.00
Kandy	160.00 - 180.00	60.00 - 70.00	280.00 - 300.00	250.00 - 260.00	200.00 - 250.00	170.00 - 180.00
Hambantota	170.00 - 200.00	50.00 - 70.00	350.00 - 450.00	180.00 - 280.00	-	200.00 - 250.00
Thambuththegama (DEC)	120.00 - 180.00	20.00 - 35.00	230.00 - 270.00	180.00 - 200.00	200.00 - 250.00	120.00 - 160.00
Tissamaharama	160.00 - 180.00	40.00 - 50.00	360.00 - 380.00	230.00 - 250.00	160.00 - 170.00	140.00 - 160.00
Jaffna	150.00 - 160.00	140.00 - 160.00	520.00 - 640.00	140.00 - 200.00	320.00 - 400.00	-
Bandarawela	160.00 - 180.00	60.00 - 70.00	-	-	-	-
Veyangoda	180.00 - 190.00	40.00 - 60.00	320.00 - 330.00	230.00 - 260.00	200.00 - 250.00	140.00 - 180.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potaoe	Manioc
Colombo	150.00 - 180.00	160.00 - 180.00	180.00 - 250.00	450.00 - 530.00	110.00 - 130.00	80.00 - 100.00
Meegoda (DEC)	180.00 - 200.00	170.00 - 180.00	180.00 - 220.00	460.00 - 500.00	110.00 - 130.00	170.00 - 170.00
Moneragala	150.00 - 250.00	100.00 - 120.00	300.00 - 350.00	380.00 - 400.00	140.00 - 180.00	-
Dambulla (DEC)	180.00 - 200.00	150.00 - 180.00	130.00 - 150.00	380.00 - 450.00	80.00 - 110.00	70.00 - 80.00
Keppetipola (DEC)	170.00 - 180.00	150.00 - 160.00	280.00 - 300.00	480.00 - 500.00	110.00 - 120.00	70.00 - 90.00
Norochchhole (DEC)	100.00 - 150.00	100.00 - 150.00	120.00 - 150.00	-	120.00 - 150.00	90.00 - 150.00
Nuwara Eliya	170.00 - 180.00	160.00 - 180.00	300.00 - 330.00	500.00 - 520.00	120.00 - 140.00	90.00 - 110.00
Kandy	150.00 - 170.00	150.00 - 170.00	230.00 - 280.00	450.00 - 470.00	110.00 - 130.00	70.00 - 80.00
Hambantota	150.00 - 250.00	100.00 - 150.00	250.00 - 300.00	550.00 - 650.00	150.00 - 170.00	80.00 - 120.00
Thambuththegama (DEC)	210.00 - 240.00	130.00 - 160.00	100.00 - 170.00	350.00 - 400.00	80.00 - 100.00	80.00 - 100.00
Tissamaharama	120.00 - 140.00	120.00 - 140.00	320.00 - 340.00	500.00 - 520.00	130.00 - 140.00	80.00 - 90.00
Jaffna	540.00 - 650.00	120.00 - 150.00	120.00 - 160.00	450.00 - 600.00	100.00 - 160.00	130.00 - 200.00
Bandarawela	-	-	280.00 - 320.00	-	110.00 - 120.00	70.00 - 80.00
Veyangoda	160.00 - 200.00	150.00 - 190.00	150.00 - 200.00	450.00 - 500.00	110.00 - 130.00	135.00 - 150.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	50.00 - 60.00	50.00 - 60.00	220.00 - 240.00	83.00 - 85.00	70.00 - 75.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	95.00 - 95.00	85.00 - 90.00
Norochchhole (DEC)	50.00 - 60.00	50.00 - 60.00	120.00 - 140.00	90.00 - 95.00	65.00 - 75.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 35.00	25.00 - 30.00	20.00 - 25.00	68.00 - 75.00	58.00 - 62.00
Kandy	40.00 - 50.00	45.00 - 50.00	200.00 - 210.00	84.00 - 86.00	68.00 - 70.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	60.00 - 70.00	50.00 - 60.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	45.00 - 50.00	75.00 - 80.00	55.00 - 60.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 90.00	50.00 - 60.00
Tissamaharama	40.00 - 45.00	40.00 - 45.00	45.00 - 50.00	75.00 - 80.00	55.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 40.00	40.00 - 40.00	45.00 - 51.00	80.00 - 85.00	50.00 - 50.00

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 43: 21 - 27 October 2022

LOCATIONS	Up Country Varieties												
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato				
Colombo	-	320.00 – 480.00	320.00 – 500.00	240.00 – 400.00	250.00 – 480.00	220.00 – 440.00	140.00 – 320.00	220.00 – 440.00	280.00 – 480.00				
Gampaha	-	320.00 – 480.00	360.00 – 480.00	280.00 – 320.00	320.00 – 320.00	240.00 – 320.00	200.00 – 240.00	320.00 – 400.00	360.00 – 480.00				
Kurunegala	-	480.00 – 520.00	460.00 – 480.00	300.00 – 320.00	350.00 – 380.00	280.00 – 320.00	240.00 – 280.00	320.00 – 360.00	360.00 – 400.00				
Nikaweratiya	-	440.00 – 480.00	400.00 – 480.00	320.00 – 360.00	320.00 – 360.00	320.00 – 360.00	160.00 – 200.00	320.00 – 360.00	360.00 – 420.00				
Dambulla	-	400.00 – 440.00	420.00 – 460.00	360.00 – 400.00	260.00 – 280.00	280.00 – 320.00	160.00 – 180.00	300.00 – 340.00	360.00 – 400.00				
Anuradhapura	-	420.00 – 520.00	400.00 – 480.00	320.00 – 400.00	300.00 – 400.00	240.00 – 260.00	160.00 – 240.00	360.00 – 380.00	320.00 – 400.00				
Thambuththegama	-	420.00 – 480.00	360.00 – 420.00	280.00 – 320.00	240.00 – 280.00	250.00 – 320.00	140.00 – 160.00	260.00 – 320.00	340.00 – 380.00				
Polonnaruwa	-	420.00 – 450.00	430.00 – 450.00	310.00 – 340.00	240.00 – 260.00	320.00 – 340.00	140.00 – 160.00	280.00 – 300.00	320.00 – 350.00				
Kaluthara	-	420.00 – 440.00	400.00 – 420.00	320.00 – 340.00	320.00 – 340.00	320.00 – 340.00	200.00 – 220.00	360.00 – 380.00	360.00 – 380.00				
Badulla	-	400.00 – 480.00	400.00 – 400.00	320.00 – 360.00	320.00 – 360.00	280.00 – 320.00	120.00 – 160.00	280.00 – 320.00	280.00 – 320.00				
Keppetipola	-	400.00 – 430.00	320.00 – 340.00	260.00 – 280.00	220.00 – 240.00	200.00 – 230.00	110.00 – 120.00	220.00 – 230.00	260.00 – 280.00				
Moneragala	-	460.00 – 480.00	360.00 – 400.00	320.00 – 360.00	320.00 – 400.00	-	180.00 – 200.00	320.00 – 400.00	320.00 – 400.00				
Kegalle	-	380.00 – 400.00	380.00 – 400.00	340.00 – 360.00	300.00 – 320.00	300.00 – 320.00	260.00 – 280.00	300.00 – 320.00	420.00 – 440.00				
Ampara	-	440.00 – 480.00	440.00 – 480.00	320.00 – 340.00	360.00 – 400.00	320.00 – 320.00	220.00 – 240.00	290.00 – 320.00	360.00 – 360.00				
Dehiattakandiya	-	400.00 – 520.00	400.00 – 520.00	320.00 – 400.00	380.00 – 400.00	400.00 – 420.00	200.00 – 240.00	320.00 – 400.00	360.00 – 400.00				
Nuwaraeliya	-	380.00 – 400.00	360.00 – 380.00	260.00 – 280.00	250.00 – 260.00	230.00 – 240.00	160.00 – 180.00	230.00 – 240.00	280.00 – 300.00				
Kandy	-	440.00 – 480.00	440.00 – 480.00	280.00 – 300.00	300.00 – 320.00	280.00 – 300.00	160.00 – 180.00	280.00 – 300.00	300.00 – 320.00				
Puttalam	-	440.00 – 480.00	400.00 – 480.00	320.00 – 400.00	400.00 – 480.00	-	240.00 – 280.00	400.00 – 440.00	320.00 – 400.00				
Hambantota	-	420.00 – 480.00	380.00 – 480.00	280.00 – 320.00	250.00 – 300.00	240.00 – 320.00	200.00 – 240.00	240.00 – 300.00	280.00 – 340.00				
Rathnapura	-	400.00 – 420.00	380.00 – 400.00	320.00 – 340.00	300.00 – 320.00	300.00 – 340.00	200.00 – 210.00	300.00 – 320.00	420.00 – 440.00				
Matara	-	320.00 – 440.00	400.00 – 440.00	280.00 – 320.00	240.00 – 320.00	240.00 – 260.00	160.00 – 200.00	280.00 – 320.00	320.00 – 400.00				
Galle	-	-	-	-	-	-	-	-	-				
Tissamaharama	-	480.00 – 500.00	380.00 – 400.00	280.00 – 320.00	260.00 – 280.00	270.00 – 290.00	160.00 – 180.00	260.00 – 300.00	280.00 – 320.00				
Meegoda (DEC)	-	400.00 – 480.00	400.00 – 480.00	320.00 – 400.00	320.00 – 360.00	300.00 – 360.00	200.00 – 240.00	320.00 – 360.00	360.00 – 400.00				
Embilipitiya	-	400.00 – 480.00	350.00 – 440.00	280.00 – 320.00	350.00 – 440.00	240.00 – 280.00	120.00 – 160.00	350.00 – 440.00	280.00 – 320.00				
Jaffna	-	360.00 – 380.00	360.00 – 380.00	260.00 – 280.00	220.00 – 250.00	-	150.00 – 180.00	250.00 – 280.00	360.00 – 380.00				
Vavuniya	-	480.00 – 600.00	460.00 – 500.00	360.00 – 400.00	400.00 – 400.00	-	240.00 – 240.00	380.00 – 400.00	500.00 – 520.00				
Mannar	-	480.00 – 500.00	480.00 – 500.00	400.00 – 420.00	300.00 – 320.00	-	180.00 – 200.00	360.00 – 400.00	400.00 – 440.00				
Killinochchi	-	580.00 – 620.00	480.00 – 520.00	380.00 – 420.00	300.00 – 340.00	-	240.00 – 260.00	300.00 – 340.00	340.00 – 360.00				
Mullaitivu	-	480.00 – 520.00	560.00 – 600.00	400.00 – 440.00	320.00 – 360.00	-	-	300.00 – 400.00	360.00 – 400.00	360.00 – 400.00			
Batticaloa	-	450.00 – 480.00	480.00 – 500.00	380.00 – 400.00	300.00 – 320.00	300.00 – 320.00	240.00 – 250.00	340.00 – 350.00	320.00 – 350.00				
Trincomalee	-	380.00 – 410.00	420.00 – 460.00	340.00 – 360.00	320.00 – 340.00	-	200.00 – 240.00	290.00 – 320.00	340.00 – 360.00				
Hanguranketha	-	300.00 – 320.00	320.00 – 350.00	240.00 – 260.00	300.00 – 320.00	210.00 – 240.00	80.00 – 100.00	180.00 – 200.00	250.00 – 280.00				
Veyangoda	-	400.00 – 440.00	380.00 – 420.00	320.00 – 360.00	280.00 – 320.00	300.00 – 340.00	200.00 – 240.00	360.00 – 400.00	340.00 – 380.00				
Galenbindunuwewa	-	400.00 – 480.00	460.00 – 480.00	380.00 – 400.00	300.00 – 320.00	-	140.00 – 160.00	360.00 – 400.00	360.00 – 400.00				
Bandarawela	-	440.00 – 460.00	360.00 – 380.00	280.00 – 300.00	260.00 – 280.00	240.00 – 260.00	120.00 – 140.00	220.00 – 240.00	280.00 – 300.00				
Matale	-	-	-	-	-	-	-	-	-				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties													
	Ladies Fingers	Brinjal		Capsicum	Pumpkin	Cucumber		Bitter Gourd	Snake Gourd		Drumstick	Luffa		Long Beans
Colombo	140.00 - 320.00	280.00 - 480.00	680.00 - 1000.00	220.00 - 320.00	80.00 - 240.00	320.00 - 600.00	280.00 - 480.00	250.00 - 600.00	200.00 - 480.00	200.00 - 400.00	200.00 - 400.00	280.00 - 400.00	240.00 - 320.00	280.00 - 320.00
Gampaha	240.00 - 240.00	360.00 - 400.00	800.00 - 800.00	240.00 - 280.00	100.00 - 200.00	400.00 - 480.00	400.00 - 400.00	320.00 - 480.00	280.00 - 400.00	280.00 - 400.00	280.00 - 400.00	240.00 - 320.00	240.00 - 320.00	280.00 - 320.00
Kurunegala	240.00 - 280.00	360.00 - 380.00	700.00 - 800.00	240.00 - 280.00	160.00 - 200.00	440.00 - 480.00	300.00 - 340.00	400.00 - 440.00	300.00 - 340.00	300.00 - 340.00	300.00 - 340.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Nikaweratiya	300.00 - 320.00	320.00 - 360.00	720.00 - 800.00	220.00 - 260.00	160.00 - 200.00	400.00 - 480.00	280.00 - 320.00	320.00 - 380.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Dambulla	160.00 - 200.00	360.00 - 400.00	700.00 - 800.00	260.00 - 280.00	100.00 - 120.00	400.00 - 460.00	320.00 - 360.00	300.00 - 340.00	240.00 - 280.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00	280.00 - 300.00
Anuradhapura	200.00 - 240.00	320.00 - 400.00	720.00 - 800.00	240.00 - 320.00	120.00 - 180.00	400.00 - 600.00	300.00 - 360.00	460.00 - 600.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00
Thambuththegama	160.00 - 200.00	330.00 - 380.00	600.00 - 680.00	200.00 - 240.00	80.00 - 140.00	350.00 - 400.00	260.00 - 320.00	300.00 - 350.00	210.00 - 260.00	260.00 - 300.00	260.00 - 300.00	260.00 - 300.00	260.00 - 300.00	260.00 - 300.00
Polonnaruwa	200.00 - 220.00	320.00 - 340.00	750.00 - 780.00	240.00 - 260.00	120.00 - 120.00	400.00 - 420.00	320.00 - 340.00	380.00 - 400.00	220.00 - 260.00	220.00 - 260.00	220.00 - 260.00	320.00 - 340.00	320.00 - 340.00	320.00 - 340.00
Kaluthara	180.00 - 200.00	360.00 - 380.00	880.00 - 900.00	240.00 - 260.00	120.00 - 160.00	520.00 - 560.00	320.00 - 340.00	-	280.00 - 300.00	280.00 - 300.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00
Badulla	200.00 - 240.00	320.00 - 360.00	800.00 - 880.00	280.00 - 300.00	160.00 - 200.00	480.00 - 540.00	360.00 - 400.00	360.00 - 400.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Keppetipola	180.00 - 200.00	250.00 - 260.00	760.00 - 780.00	240.00 - 250.00	140.00 - 150.00	360.00 - 380.00	280.00 - 300.00	320.00 - 340.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00
Moneragala	200.00 - 240.00	320.00 - 400.00	760.00 - 800.00	240.00 - 300.00	160.00 - 200.00	480.00 - 560.00	320.00 - 400.00	240.00 - 320.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	220.00 - 320.00	220.00 - 320.00	220.00 - 320.00
Kegalle	220.00 - 240.00	340.00 - 360.00	760.00 - 800.00	260.00 - 280.00	140.00 - 160.00	450.00 - 480.00	300.00 - 320.00	340.00 - 360.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00
Ampara	240.00 - 280.00	320.00 - 360.00	760.00 - 800.00	240.00 - 280.00	180.00 - 200.00	440.00 - 520.00	320.00 - 400.00	400.00 - 440.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00
Dehiattakandiya	240.00 - 280.00	280.00 - 320.00	720.00 - 800.00	260.00 - 280.00	160.00 - 160.00	520.00 - 560.00	320.00 - 400.00	400.00 - 440.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00
Nuwaraeliya	200.00 - 220.00	250.00 - 260.00	740.00 - 760.00	250.00 - 260.00	140.00 - 160.00	360.00 - 380.00	260.00 - 280.00	340.00 - 360.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00	250.00 - 260.00
Kandy	180.00 - 200.00	280.00 - 300.00	800.00 - 850.00	240.00 - 260.00	120.00 - 140.00	400.00 - 440.00	360.00 - 380.00	320.00 - 360.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 280.00
Puttalam	200.00 - 260.00	400.00 - 440.00	800.00 - 1000.00	300.00 - 320.00	160.00 - 200.00	440.00 - 520.00	280.00 - 320.00	400.00 - 600.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Rathnapura	200.00 - 240.00	320.00 - 340.00	780.00 - 800.00	240.00 - 280.00	190.00 - 200.00	450.00 - 480.00	320.00 - 340.00	280.00 - 320.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Hambantota	140.00 - 240.00	300.00 - 380.00	720.00 - 800.00	200.00 - 240.00	80.00 - 120.00	480.00 - 520.00	280.00 - 400.00	-	240.00 - 320.00	240.00 - 320.00	240.00 - 320.00	200.00 - 320.00	200.00 - 320.00	200.00 - 320.00
Matara	140.00 - 200.00	260.00 - 320.00	750.00 - 800.00	220.00 - 240.00	80.00 - 120.00	480.00 - 550.00	320.00 - 400.00	220.00 - 240.00	240.00 - 260.00	240.00 - 260.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	150.00 - 180.00	290.00 - 320.00	660.00 - 680.00	200.00 - 230.00	70.00 - 90.00	440.00 - 460.00	270.00 - 300.00	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00	160.00 - 180.00	160.00 - 180.00	160.00 - 180.00	160.00 - 180.00
Meegoda (DEC)	240.00 - 300.00	360.00 - 400.00	800.00 - 1000.00	280.00 - 300.00	160.00 - 200.00	400.00 - 480.00	360.00 - 400.00	400.00 - 500.00	260.00 - 360.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Embilipitiya	160.00 - 240.00	280.00 - 320.00	520.00 - 600.00	240.00 - 280.00	100.00 - 160.00	480.00 - 600.00	280.00 - 320.00	240.00 - 380.00	240.00 - 300.00	240.00 - 300.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Jaffna	160.00 - 180.00	380.00 - 420.00	680.00 - 750.00	160.00 - 180.00	110.00 - 130.00	600.00 - 650.00	200.00 - 240.00	400.00 - 450.00	-	580.00 - 650.00	580.00 - 650.00	-	-	-
Vavuniya	300.00 - 320.00	300.00 - 400.00	700.00 - 800.00	240.00 - 240.00	180.00 - 200.00	480.00 - 600.00	380.00 - 400.00	600.00 - 600.00	300.00 - 320.00	380.00 - 450.00	380.00 - 450.00	320.00 - 360.00	380.00 - 450.00	380.00 - 450.00
Mannar	240.00 - 280.00	400.00 - 440.00	720.00 - 800.00	240.00 - 280.00	160.00 - 180.00	480.00 - 520.00	360.00 - 400.00	380.00 - 420.00	-	320.00 - 360.00	320.00 - 360.00	-	320.00 - 360.00	320.00 - 360.00
Killinochchi	-	280.00 - 320.00	680.00 - 720.00	200.00 - 240.00	-	800.00 - 840.00	280.00 - 320.00	300.00 - 350.00	-	580.00 - 620.00	580.00 - 620.00	-	-	-
Mullaithivu	-	320.00 - 350.00	800.00 - 800.00	200.00 - 240.00	-	600.00 - 800.00	280.00 - 300.00	350.00 - 400.00	-	600.00 - 650.00	600.00 - 650.00	-	-	-
Batticaloa	280.00 - 280.00	380.00 - 400.00	720.00 - 750.00	220.00 - 240.00	240.00 - 240.00	460.00 - 500.00	320.00 - 320.00	400.00 - 400.00	300.00 - 300.00	340.00 - 350.00	340.00 - 350.00	340.00 - 350.00	340.00 - 350.00	340.00 - 350.00
Trincomalee	200.00 - 230.00	280.00 - 350.00	600.00 - 680.00	250.00 - 280.00	140.00 - 160.00	380.00 - 420.00	300.00 - 340.00	280.00 - 350.00	240.00 - 280.00	240.00 - 300.00	240.00 - 300.00	240.00 - 300.00	240.00 - 300.00	240.00 - 300.00
Hanguranketha	160.00 - 180.00	320.00 - 350.00	700.00 - 800.00	190.00 - 200.00	80.00 - 100.00	360.00 - 400.00	300.00 - 320.00	280.00 - 350.00	240.00 - 280.00	220.00 - 250.00	220.00 - 250.00	220.00 - 250.00	220.00 - 250.00	220.00 - 250.00
Veyangoda	240.00 - 260.00	360.00 - 380.00	750.00 - 800.00	240.00 - 280.00	120.00 - 160.00	440.00 - 480.00	320.00 - 340.00	360.00 - 400.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00
Galenbindunuweawa	240.00 - 280.00	340.00 - 360.00	750.00 - 800.00	240.00 - 280.00	140.00 - 160.00	460.00 - 480.00	240.00 - 280.00	280.00 - 320.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	-	-	-
Bandarawela	200.00 - 240.00	240.00 - 260.00	800.00 - 860.00	260.00 - 280.00	100.00 - 120.00	440.00 - 480.00	400.00 - 460.00	300.00 - 320.00	260.00 - 280.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00	240.00 - 260.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)		
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small	
Colombo	200.00 - 320.00	220.00 - 600.00	500.00 - 1000.00	150.00 - 280.00	150.00 - 200.00	70.00 - 100.00	70.00 - 100.00	100.00 - 160.00	95.00 - 120.00	75.00 - 90.00	
Gampaha	240.00 - 240.00	400.00 - 600.00	800.00 - 1000.00	200.00 - 200.00	200.00 - 200.00	70.00 - 70.00	70.00 - 70.00	25.00 - 30.00	80.00 - 90.00	75.00 - 75.00	
Kurunegala	240.00 - 260.00	500.00 - 600.00	600.00 - 800.00	200.00 - 240.00	160.00 - 180.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	80.00 - 90.00	70.00 - 70.00	
Nikaweratiya	160.00 - 200.00	320.00 - 500.00	500.00 - 600.00	200.00 - 260.00	120.00 - 140.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	
Dambulla	260.00 - 300.00	400.00 - 500.00	500.00 - 600.00	200.00 - 240.00	120.00 - 140.00	45.00 - 50.00	45.00 - 50.00	40.00 - 50.00	80.00 - 90.00	68.00 - 75.00	
Anuradhapura	240.00 - 280.00	400.00 - 500.00	600.00 - 800.00	200.00 - 240.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	40.00 - 50.00	80.00 - 90.00	60.00 - 75.00	
Thambuththegama	180.00 - 220.00	220.00 - 320.00	580.00 - 650.00	160.00 - 200.00	160.00 - 200.00	40.00 - 40.00	40.00 - 40.00	-	75.00 - 80.00	60.00 - 70.00	
Polonnaruwa	200.00 - 220.00	400.00 - 450.00	750.00 - 800.00	180.00 - 200.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 80.00	60.00 - 65.00	
Kaluthara	200.00 - 220.00	500.00 - 600.00	700.00 - 800.00	180.00 - 200.00	140.00 - 160.00	70.00 - 80.00	70.00 - 80.00	80.00 - 100.00	100.00 - 110.00	85.00 - 90.00	
Badulla	200.00 - 240.00	600.00 - 600.00	760.00 - 800.00	200.00 - 240.00	140.00 - 160.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	85.00 - 95.00	65.00 - 75.00	
Keppetipola	200.00 - 220.00	360.00 - 400.00	580.00 - 600.00	190.00 - 210.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	85.00 - 90.00	65.00 - 70.00	
Moneragala	160.00 - 240.00	400.00 - 500.00	550.00 - 600.00	200.00 - 240.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	50.00 - 60.00	
Kegalle	220.00 - 240.00	430.00 - 450.00	680.00 - 700.00	220.00 - 240.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	85.00 - 90.00	70.00 - 80.00	
Ampara	140.00 - 200.00	560.00 - 600.00	600.00 - 700.00	200.00 - 240.00	90.00 - 120.00	50.00 - 60.00	40.00 - 50.00	40.00 - 50.00	70.00 - 75.00	65.00 - 68.00	
Dehiattakandiya	160.00 - 200.00	600.00 - 600.00	550.00 - 600.00	160.00 - 200.00	120.00 - 140.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	70.00 - 85.00	55.00 - 65.00	
Nuwaraeliya	240.00 - 260.00	400.00 - 460.00	600.00 - 640.00	200.00 - 220.00	180.00 - 200.00	70.00 - 80.00	70.00 - 80.00	60.00 - 80.00	84.00 - 88.00	65.00 - 70.00	
Kandy	260.00 - 280.00	400.00 - 480.00	900.00 - 1000.00	180.00 - 200.00	180.00 - 200.00	50.00 - 60.00	60.00 - 70.00	50.00 - 60.00	90.00 - 100.00	70.00 - 75.00	
Puttalam	180.00 - 240.00	400.00 - 500.00	700.00 - 800.00	200.00 - 250.00	170.00 - 200.00	60.00 - 70.00	60.00 - 70.00	40.00 - 40.00	90.00 - 100.00	75.00 - 85.00	
Rathnapura	200.00 - 240.00	550.00 - 600.00	750.00 - 800.00	200.00 - 210.00	120.00 - 140.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	90.00 - 100.00	75.00 - 85.00	
Hambanthota	150.00 - 200.00	320.00 - 450.00	760.00 - 820.00	160.00 - 240.00	120.00 - 160.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 90.00	60.00 - 70.00	
Matara	160.00 - 220.00	320.00 - 400.00	750.00 - 800.00	160.00 - 180.00	120.00 - 130.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	75.00 - 90.00	60.00 - 70.00	
Galle	-	-	-	-	-	-	-	-	-	-	
Tissamaharama	140.00 - 170.00	350.00 - 380.00	540.00 - 580.00	170.00 - 180.00	120.00 - 130.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	80.00 - 85.00	60.00 - 65.00	
Meegoda (DEC)	280.00 - 320.00	300.00 - 500.00	700.00 - 800.00	200.00 - 240.00	180.00 - 180.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	100.00 - 120.00	90.00 - 95.00	
Embilipitiya	140.00 - 160.00	400.00 - 480.00	900.00 - 1000.00	170.00 - 200.00	80.00 - 100.00	50.00 - 60.00	40.00 - 50.00	60.00 - 80.00	70.00 - 90.00	50.00 - 60.00	
Jaffna	140.00 - 160.00	160.00 - 180.00	500.00 - 650.00	150.00 - 180.00	180.00 - 220.00	60.00 - 65.00	35.00 - 40.00	30.00 - 35.00	80.00 - 100.00	65.00 - 75.00	
Vavuniya	200.00 - 200.00	380.00 - 400.00	600.00 - 800.00	240.00 - 240.00	300.00 - 320.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	50.00 - 60.00	40.00 - 40.00	
Mannar	200.00 - 220.00	500.00 - 600.00	700.00 - 800.00	180.00 - 200.00	200.00 - 240.00	50.00 - 60.00	50.00 - 60.00	50.00 - 55.00	70.00 - 80.00	50.00 - 55.00	
Killinochchi	140.00 - 160.00	400.00 - 440.00	500.00 - 540.00	200.00 - 220.00	150.00 - 170.00	50.00 - 60.00	-	40.00 - 50.00	75.00 - 85.00	50.00 - 60.00	
Mullaitivu	200.00 - 240.00	360.00 - 400.00	500.00 - 550.00	180.00 - 200.00	180.00 - 200.00	50.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	55.00 - 60.00	
Batticaloa	240.00 - 240.00	400.00 - 400.00	600.00 - 650.00	200.00 - 200.00	180.00 - 200.00	70.00 - 80.00	50.00 - 50.00	50.00 - 50.00	75.00 - 75.00	50.00 - 60.00	
Trincomalee	250.00 - 280.00	350.00 - 380.00	590.00 - 630.00	170.00 - 200.00	200.00 - 240.00	50.00 - 55.00	45.00 - 50.00	45.00 - 55.00	75.00 - 85.00	50.00 - 60.00	
Hanguranketha	240.00 - 260.00	450.00 - 500.00	550.00 - 600.00	140.00 - 160.00	100.00 - 130.00	-	40.00 - 40.00	40.00 - 40.00	35.00 - 45.00	80.00 - 90.00	60.00 - 75.00
Veyangoda	220.00 - 240.00	450.00 - 500.00	700.00 - 800.00	200.00 - 240.00	180.00 - 200.00	50.00 - 60.00	50.00 - 60.00	25.00 - 30.00	85.00 - 100.00	65.00 - 80.00	
Galenbindunuwewa	-	400.00 - 500.00	-	160.00 - 200.00	-	55.00 - 60.00	55.00 - 60.00	-	70.00 - 80.00	60.00 - 65.00	
Bandarawela	220.00 - 240.00	500.00 - 600.00	700.00 - 800.00	220.00 - 240.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	80.00 - 85.00	60.00 - 70.00	
Matale	-	-	-	-	-	-	-	-	-	-	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 43: 21 - 27 October 2022

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
Colombo	50.00 - 80.00	-	180.00 - 300.00	33.00 - 67.00	30.00 - 70.00	60.00 - 150.00	80.00 - 150.00	50.00 - 160.00	1600.00 - 2000.00	110.00 - 150.00		
Gampaha	-	-	180.00 - 200.00	30.00 - 30.00	30.00 - 50.00	120.00 - 120.00	100.00 - 120.00	-	2500.00 - 2500.00	100.00 - 150.00		
Kurunegala	100.00 - 150.00	-	180.00 - 180.00	50.00 - 50.00	50.00 - 60.00	70.00 - 80.00	70.00 - 100.00	-	2500.00 - 2800.00	100.00 - 100.00		
Nikaweratiya	40.00 - 60.00	-	150.00 - 170.00	30.00 - 30.00	20.00 - 40.00	60.00 - 80.00	60.00 - 80.00	-	2500.00 - 2600.00	-		
Dambulla	50.00 - 60.00	25.00 - 30.00	200.00 - 250.00	30.00 - 35.00	35.00 - 40.00	60.00 - 80.00	60.00 - 100.00	60.00 - 80.00	2600.00 - 2700.00	90.00 - 100.00		
Anuradhapura	-	-	140.00 - 200.00	-	25.00 - 40.00	80.00 - 120.00	70.00 - 120.00	70.00 - 100.00	2500.00 - 3000.00	100.00 - 120.00		
Thambuththegama	-	-	150.00 - 200.00	-	-	60.00 - 80.00	60.00 - 80.00	-	1900.00 - 2300.00	60.00 - 80.00		
Polonnaruwa	50.00 - 60.00	-	200.00 - 230.00	50.00 - 60.00	40.00 - 60.00	50.00 - 60.00	60.00 - 70.00	-	3000.00 - 3000.00	100.00 - 120.00		
Kaluthara	120.00 - 130.00	-	220.00 - 240.00	50.00 - 55.00	40.00 - 50.00	90.00 - 100.00	80.00 - 100.00	100.00 - 120.00	-	100.00 - 120.00		
Badulla	-	-	200.00 - 220.00	35.00 - 40.00	30.00 - 40.00	70.00 - 80.00	50.00 - 60.00	40.00 - 50.00	2800.00 - 3000.00	100.00 - 120.00		
Keppetipola	60.00 - 70.00	-	180.00 - 200.00	35.00 - 38.00	30.00 - 35.00	75.00 - 80.00	65.00 - 80.00	60.00 - 70.00	-	100.00 - 110.00		
Moneragala	-	-	120.00 - 140.00	25.00 - 27.00	13.00 - 15.00	60.00 - 70.00	100.00 - 120.00	50.00 - 62.00	-	70.00 - 80.00		
Kegalle	-	-	150.00 - 170.00	20.00 - 30.00	40.00 - 50.00	80.00 - 100.00	80.00 - 140.00	60.00 - 80.00	2500.00 - 2500.00	80.00 - 100.00		
Ampara	80.00 - 80.00	-	200.00 - 200.00	-	24.00 - 25.00	80.00 - 80.00	50.00 - 60.00	-	-	100.00 - 120.00		
Dehiwakkandiya	-	-	200.00 - 280.00	-	50.00 - 60.00	100.00 - 100.00	100.00 - 160.00	60.00 - 85.00	2800.00 - 3200.00	100.00 - 120.00		
Nuwaraeliya	70.00 - 80.00	-	200.00 - 220.00	42.00 - 45.00	25.00 - 30.00	80.00 - 90.00	70.00 - 80.00	65.00 - 80.00	2800.00 - 3200.00	100.00 - 120.00		
Kandy	70.00 - 80.00	-	190.00 - 200.00	37.00 - 38.00	30.00 - 50.00	90.00 - 100.00	70.00 - 90.00	70.00 - 80.00	2100.00 - 2200.00	100.00 - 110.00		
Puttalam	-	-	180.00 - 220.00	30.00 - 40.00	-	50.00 - 60.00	50.00 - 60.00	-	-	80.00 - 90.00		
Hambantota	-	-	150.00 - 160.00	-	20.00 - 25.00	120.00 - 130.00	-	-	2000.00 - 2000.00	70.00 - 80.00		
Rathnapura	50.00 - 60.00	-	150.00 - 180.00	-	50.00 - 60.00	80.00 - 100.00	-	50.00 - 70.00	2000.00 - 2500.00	100.00 - 110.00		
Matara	-	-	150.00 - 160.00	33.00 - 35.00	25.00 - 30.00	80.00 - 120.00	70.00 - 100.00	60.00 - 70.00	2000.00 - 2100.00	85.00 - 100.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	-	-	140.00 - 160.00	-	18.00 - 20.00	70.00 - 100.00	100.00 - 120.00	-	-	70.00 - 100.00		
Meegoda (DEC)	70.00 - 70.00	-	200.00 - 220.00	-	40.00 - 45.00	-	60.00 - 80.00	70.00 - 90.00	-	100.00 - 100.00		
Embilipitiya	40.00 - 60.00	30.00 - 50.00	150.00 - 180.00	25.00 - 30.00	30.00 - 50.00	90.00 - 110.00	50.00 - 100.00	-	2000.00 - 2300.00	90.00 - 120.00		
Jaffna	90.00 - 120.00	-	70.00 - 80.00	-	20.00 - 35.00	60.00 - 80.00	-	-	3200.00 - 3500.00	120.00 - 150.00		
Vavuniya	-	-	150.00 - 150.00	40.00 - 40.00	25.00 - 28.00	70.00 - 100.00	95.00 - 100.00	-	2000.00 - 2100.00	100.00 - 100.00		
Mannar	100.00 - 150.00	-	150.00 - 160.00	-	14.00 - 16.00	-	50.00 - 70.00	-	-	120.00 - 150.00		
Killinochchi	-	-	150.00 - 170.00	-	30.00 - 40.00	-	80.00 - 100.00	-	-	100.00 - 120.00		
Mullaittivu	-	-	140.00 - 160.00	-	16.00 - 20.00	-	-	-	-	100.00 - 120.00		
Batticaloa	-	-	200.00 - 200.00	42.00 - 45.00	35.00 - 40.00	67.00 - 67.00	85.00 - 85.00	-	-	120.00 - 120.00		
Trincomalee	70.00 - 80.00	-	150.00 - 170.00	40.00 - 48.00	30.00 - 35.00	-	70.00 - 80.00	-	2000.00 - 2200.00	120.00 - 140.00		
Veyangoda	-	-	200.00 - 230.00	45.00 - 50.00	35.00 - 40.00	80.00 - 100.00	70.00 - 80.00	70.00 - 90.00	2500.00 - 3000.00	100.00 - 150.00		
Galenbindunuwewa	-	-	180.00 - 200.00	-	-	-	80.00 - 100.00	-	1900.00 - 2000.00	-		
Bandarawela	50.00 - 60.00	-	180.00 - 200.00	40.00 - 50.00	40.00 - 50.00	80.00 - 100.00	50.00 - 60.00	50.00 - 60.00	-	120.00 - 140.00		
Matale	-	-	-	-	-	-	-	-	-	-		

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 43: 21 - 27 October 2022

Locations	Sea Fish																	
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw							
Colombo	380.00	-	550.00	560.00	-	750.00	680.00	-	850.00	1200.00	-	1460.00	2000.00	-	2600.00	1200.00	-	1400.00
Kandy	500.00	-	550.00	650.00	-	670.00	900.00	-	950.00	1300.00	-	1450.00	2280.00	-	2350.00	1000.00	-	1150.00
Kaluthara	350.00	-	450.00	600.00	-	650.00	700.00	-	800.00	1000.00	-	1200.00	-	-	-	1400.00	-	1500.00
Puttalam	500.00	-	550.00	600.00	-	650.00	420.00	-	470.00	900.00	-	1100.00	-	-	-	900.00	-	1100.00
Matara	350.00	-	380.00	500.00	-	580.00	800.00	-	900.00	1600.00	-	1700.00	-	-	-	-	-	-
Hambantota	250.00	-	300.00	500.00	-	600.00	750.00	-	800.00	1500.00	-	1600.00	-	-	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Batticaloa	300.00	-	400.00	500.00	-	600.00	-	-	-	1700.00	-	1800.00	1700.00	-	1800.00	1700.00	-	1700.00
Trincomalee	220.00	-	300.00	500.00	-	600.00	800.00	-	880.00	1450.00	-	1550.00	1700.00	-	1800.00	1100.00	-	1250.00
Mannar	300.00	-	320.00	420.00	-	450.00	-	-	-	-	-	-	-	-	-	850.00	-	900.00

Locations	Sea Fish					Eggs											
	Mora		Shrimps		Thalapath	Teppeli	Brown		White								
Colombo	850.00	-	1000.00	1400.00	-	1680.00	1700.00	-	2300.00	-	-	49.50	-	50.00	48.00	-	49.00
Kandy	1000.00	-	1100.00	1600.00	-	1700.00	2200.00	-	2300.00	-	-	50.00	-	51.00	48.00	-	49.00
Kaluthara	-	-	-	-	-	-	1800.00	-	1900.00	-	-	-	-	-	-	-	-
Puttalam	1300.00	-	1400.00	1050.00	-	1150.00	1850.00	-	1920.00	-	-	-	-	-	49.00	-	49.00
Matara	900.00	-	950.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-	-	-	-	-	48.00	-	48.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Batticaloa	-	-	-	1500.00	-	1600.00	1600.00	-	1700.00	-	-	49.00	-	49.00	49.00	-	49.00
Trincomalee	1750.00	-	1850.00	1000.00	-	1150.00	1850.00	-	1950.00	-	-	48.00	-	50.00	46.00	-	48.00
Mannar	-	-	-	950.00	-	1000.00	-	-	-	-	-	-	-	-	-	-	-

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 43: 21 - 27 October 2022

Locations	Local Dried Fish																
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa											
Colombo	85000	-	100000	-	-	95000	-	102500	42500	-	52500	-	-	-	-	-	-
Kandy	90000	-	100000	-	-	110000	-	112500	47500	-	50000	-	-	-	-	-	-
Batticaloa	75000	-	80000	120000	-	130000	120000	-	125000	-	-	65000	-	70000	-	-	-
Trincomalee	64250	-	65000	-	-	-	-	-	95000	-	97000	60000	-	61000	65000	-	66000
Mannar	80000	-	82500	100000	-	105000	-	-	-	-	-	60000	-	62500	47500	-	50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	-	-	-	31000	-	37500
Kandy	-	-	-	-	70000	-
Batticaloa	65000	-	70000	50000	-	55000
Trincomalee	70000	-	71000	35000	-	36000
Mannar	67500	-	97500	57500	-	60000

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	-	-	-	87500	-	95000
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	100000	-	100000	-	-	-
Mannar	-	-	-	-	-	-

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 43: 21 - 27 October 2022

LOCATIONS	Sea Fish												Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White				
23	Colombo	560.00 - 800.00	600.00 - 1100.00	840.00 - 1520.00	1680.00 - 2800.00	2700.00 - 3900.00	1440.00 - 2400.00	1080.00 - 2400.00	2200.00 - 3200.00	50.00 - 52.00	48.50 - 50.00			
	Gampaha	400.00 - 600.00	700.00 - 700.00	-	-	-	-	-	-	55.00 - 55.00	50.00 - 50.00			
	Kurunegala	500.00 - 600.00	800.00 - 900.00	1300.00 - 1400.00	1800.00 - 1800.00	-	1700.00 - 1800.00	1700.00 - 1700.00	2400.00 - 2500.00	51.00 - 52.00	48.00 - 50.00			
	Nikaweratiya	700.00 - 700.00	900.00 - 1000.00	1000.00 - 1000.00	2000.00 - 2000.00	-	-	-	-	-	48.00 - 50.00			
	Dambulla	500.00 - 600.00	700.00 - 800.00	900.00 - 1000.00	2000.00 - 2200.00	-	1500.00 - 1800.00	1600.00 - 1700.00	2000.00 - 2200.00	52.00 - 53.00	50.00 - 51.00			
	Anuradhapura	550.00 - 600.00	-	950.00 - 1000.00	2000.00 - 2200.00	2400.00 - 2500.00	1400.00 - 1500.00	1680.00 - 1700.00	2700.00 - 2800.00	-	50.00 - 50.00			
	Thambuthegama	400.00 - 400.00	-	1200.00 - 1200.00	2600.00 - 2600.00	-	-	-	3000.00 - 3000.00	-	50.00 - 50.00			
	Polonnaruwa	400.00 - 500.00	700.00 - 800.00	1600.00 - 1670.00	1800.00 - 1900.00	-	1700.00 - 1800.00	1700.00 - 1800.00	2300.00 - 2400.00	52.00 - 53.00	50.00 - 50.00			
	Kaluthara	500.00 - 550.00	700.00 - 780.00	850.00 - 950.00	1600.00 - 1800.00	-	1600.00 - 1700.00	-	2400.00 - 2600.00	-	49.00 - 50.00			
	Badulla	500.00 - 600.00	800.00 - 900.00	1300.00 - 1400.00	1800.00 - 2000.00	-	1600.00 - 1800.00	1600.00 - 1800.00	2400.00 - 2500.00	50.00 - 52.00	50.00 - 50.00			
	Keppetipola	560.00 - 580.00	780.00 - 800.00	1200.00 - 1300.00	2000.00 - 2100.00	-	1800.00 - 1900.00	1700.00 - 1800.00	2400.00 - 2500.00	50.00 - 51.00	49.00 - 50.00			
	Moneragala	600.00 - 650.00	850.00 - 900.00	1100.00 - 1200.00	-	-	-	-	2700.00 - 2800.00	-	50.00 - 50.00			
	Kegalle	560.00 - 600.00	780.00 - 850.00	1150.00 - 1200.00	2150.00 - 2200.00	-	-	1500.00 - 1600.00	2300.00 - 2400.00	53.00 - 55.00	48.00 - 50.00			
	Ampara	700.00 - 700.00	800.00 - 800.00	1600.00 - 1800.00	2000.00 - 2400.00	-	-	-	3000.00 - 3000.00	-	49.50 - 50.00			
	Dehiattakandiya	680.00 - 700.00	900.00 - 960.00	800.00 - 800.00	1800.00 - 1800.00	1800.00 - 2000.00	1400.00 - 1400.00	1500.00 - 1500.00	2200.00 - 2400.00	50.00 - 50.00	49.00 - 50.00			
	Nuwaraeliya	580.00 - 620.00	780.00 - 820.00	1100.00 - 1300.00	2200.00 - 2300.00	2600.00 - 2700.00	1700.00 - 1800.00	1700.00 - 1800.00	2400.00 - 2500.00	50.00 - 51.00	49.00 - 50.00			
	Kandy	650.00 - 700.00	800.00 - 840.00	1100.00 - 1150.00	2000.00 - 2100.00	2600.00 - 2800.00	1500.00 - 1600.00	1500.00 - 1550.00	2350.00 - 2500.00	52.00 - 53.00	50.00 - 51.00			
	Puttalam	550.00 - 650.00	680.00 - 750.00	-	-	-	1000.00 - 1250.00	1500.00 - 1500.00	2000.00 - 2100.00	-	50.00 - 50.00			
	Hambantota	400.00 - 450.00	750.00 - 850.00	900.00 - 1200.00	2000.00 - 2200.00	-	-	-	-	-	50.00 - 50.00			
	Rathnapura	550.00 - 620.00	780.00 - 860.00	1160.00 - 1200.00	1900.00 - 2100.00	2900.00 - 3000.00	1500.00 - 1600.00	1400.00 - 1500.00	2500.00 - 2600.00	50.00 - 52.00	49.00 - 50.00			
	Matara	450.00 - 600.00	700.00 - 800.00	1100.00 - 1200.00	2200.00 - 2400.00	-	-	1200.00 - 1250.00	2350.00 - 2400.00	-	49.00 - 50.00			
	Galle	-	-	-	-	-	-	-	-	-	-			
	Tissamaharama	-	-	800.00 - 1200.00	-	-	1400.00 - 1400.00	-	-	-	50.00 - 50.00			
	Meegoda	700.00 - 800.00	1000.00 - 1120.00	-	-	-	-	-	-	-	50.00 - 50.00			
	Embilipitiya	500.00 - 600.00	700.00 - 750.00	1300.00 - 1450.00	1800.00 - 2000.00	2100.00 - 2200.00	1700.00 - 1800.00	1350.00 - 1500.00	2100.00 - 2200.00	51.00 - 52.00	48.00 - 52.00			
	Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	50.00 - 51.00	49.00 - 51.00			
	Vavuniya	600.00 - 600.00	800.00 - 850.00	-	2350.00 - 2400.00	2000.00 - 2000.00	1750.00 - 1800.00	2400.00 - 2500.00	2850.00 - 3000.00	52.00 - 52.00	50.00 - 50.00			
	Mannar	400.00 - 450.00	500.00 - 600.00	-	-	-	1000.00 - 1100.00	-	-	-	49.00 - 50.00			
	Killinochchi	400.00 - 450.00	-	800.00 - 850.00	-	-	1450.00 - 1500.00	1800.00 - 2000.00	-	-	50.00 - 50.00			
	Mullaitivu	300.00 - 300.00	500.00 - 550.00	800.00 - 800.00	-	-	1000.00 - 1000.00	1000.00 - 1000.00	-	-	50.00 - 50.00			
	Batticaloa	400.00 - 500.00	800.00 - 900.00	-	2400.00 - 2500.00	2400.00 - 2500.00	2300.00 - 2400.00	-	2400.00 - 2400.00	50.00 - 50.00	50.00 - 50.00			
	Trincomalee	340.00 - 400.00	650.00 - 750.00	950.00 - 1100.00	1600.00 - 1700.00	1900.00 - 2000.00	1300.00 - 1450.00	1900.00 - 1950.00	2000.00 - 2150.00	50.00 - 50.00	47.00 - 49.00			
	Veyangoda	600.00 - 600.00	800.00 - 800.00	-	2000.00 - 2000.00	3000.00 - 3000.00	-	-	2800.00 - 2800.00	-	47.00 - 50.00			
	Galenbindunuwewa	500.00 - 500.00	700.00 - 700.00	800.00 - 800.00	2000.00 - 2000.00	2200.00 - 2200.00	1400.00 - 1400.00	1400.00 - 1400.00	2200.00 - 2200.00	-	50.00 - 50.00			
	Bandarawela	500.00 - 600.00	800.00 - 900.00	1200.00 - 1400.00	1800.00 - 2000.00	-	1700.00 - 1800.00	1600.00 - 1800.00	2400.00 - 2500.00	50.00 - 52.00	48.00 - 50.00			
	Matale	-	-	-	-	-	-	-	-	-	-			

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 43: 21 - 27 October 2022

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
Colombo	1500.00 – 2000.00	2600.00 – 2800.00	–	2400.00 – 3000.00	1200.00 – 2500.00	2800.00 – 2800.00	900.00 – 1600.00					
Gampaha	1600.00 – 1920.00	2400.00 – 2800.00	2800.00 – 2800.00	2600.00 – 3000.00	1600.00 – 1600.00	2200.00 – 2800.00	1200.00 – 1400.00					
Kurunegala	1500.00 – 1700.00	2500.00 – 2500.00	2500.00 – 2700.00	2200.00 – 2500.00	1400.00 – 2000.00	2000.00 – 2200.00	800.00 – 1000.00					
Nikaweratiya	1500.00 – 1720.00	2600.00 – 2600.00	–	2600.00 – 2800.00	1200.00 – 1400.00	2400.00 – 2400.00	800.00 – 800.00					
Dambulla	1600.00 – 1700.00	2400.00 – 2500.00	–	2500.00 – 2700.00	1200.00 – 1400.00	2000.00 – 2200.00	–					
Anuradhapura	1600.00 – 1800.00	2400.00 – 2600.00	–	2500.00 – 2700.00	1600.00 – 1800.00	1600.00 – 2400.00	880.00 – 1000.00					
Thambuththegama	1600.00 – 1600.00	2500.00 – 2500.00	–	2400.00 – 2400.00	1400.00 – 1500.00	–	–					
Polonnaruwa	1850.00 – 1900.00	2600.00 – 2800.00	–	2400.00 – 2600.00	1600.00 – 1600.00	–	1200.00 – 1300.00					
Kaluthara	1700.00 – 1800.00	–	–	2400.00 – 2500.00	1400.00 – 1600.00	2000.00 – 2200.00	1000.00 – 1100.00					
Badulla	1700.00 – 1800.00	2400.00 – 2600.00	–	2400.00 – 2600.00	1700.00 – 1800.00	–	1200.00 – 1400.00					
Keppetipola	1800.00 – 1900.00	2600.00 – 2700.00	–	2600.00 – 2700.00	1600.00 – 1700.00	2450.00 – 2500.00	1100.00 – 1200.00					
Moneragala	1600.00 – 1700.00	2500.00 – 2600.00	2400.00 – 2500.00	2500.00 – 2600.00	1500.00 – 1700.00	2400.00 – 2500.00	–					
Kegalle	1500.00 – 1600.00	2400.00 – 2550.00	–	2400.00 – 2500.00	2000.00 – 2200.00	–	–					
Ampara	1650.00 – 1900.00	2450.00 – 2450.00	–	–	1650.00 – 1800.00	–	1100.00 – 1100.00					
Dehiatatakandiya	1600.00 – 1600.00	3000.00 – 3000.00	–	2600.00 – 2600.00	1400.00 – 1800.00	1400.00 – 1600.00	800.00 – 800.00					
Nuwaraeliya	1800.00 – 1850.00	2400.00 – 2600.00	–	2400.00 – 2500.00	1550.00 – 1650.00	2200.00 – 2350.00	1100.00 – 1200.00					
Kandy	1700.00 – 1800.00	2800.00 – 3000.00	–	2400.00 – 2500.00	1600.00 – 1800.00	2500.00 – 2600.00	–					
Puttalam	1600.00 – 1800.00	2150.00 – 2300.00	–	2720.00 – 2800.00	1200.00 – 1400.00	1200.00 – 1400.00	900.00 – 1400.00					
Hambantota	1600.00 – 1600.00	2200.00 – 2400.00	–	1800.00 – 2000.00	1200.00 – 1300.00	–	–					
Rathnapura	1560.00 – 1640.00	2400.00 – 2600.00	3000.00 – 3000.00	2200.00 – 2360.00	1100.00 – 1260.00	2400.00 – 2460.00	–					
Matara	1600.00 – 1800.00	2000.00 – 2500.00	–	2000.00 – 2500.00	1200.00 – 1500.00	–	–					
Galle	–	–	–	–	–	–	–					
Tissamaharama	1600.00 – 1700.00	–	–	–	1200.00 – 1500.00	–	–					
Meegoda	1520.00 – 1680.00	2400.00 – 2600.00	–	2300.00 – 2400.00	1400.00 – 1600.00	–	–					
Embilipitiya	1600.00 – 1850.00	2600.00 – 2800.00	–	2550.00 – 2700.00	1400.00 – 1800.00	2600.00 – 2750.00	1200.00 – 1400.00					
Jaffna	1750.00 – 1900.00	–	–	–	–	–	–					
Vavuniya	1400.00 – 1400.00	–	–	–	1200.00 – 1200.00	1000.00 – 1050.00	–					
Mannar	1700.00 – 1800.00	2200.00 – 2400.00	–	–	1350.00 – 1500.00	1100.00 – 1200.00	750.00 – 850.00					
Killinochchi	1600.00 – 1800.00	2500.00 – 2600.00	–	–	2000.00 – 2100.00	1800.00 – 1800.00	1000.00 – 1200.00					
Mullaitivu	1600.00 – 1700.00	2800.00 – 3000.00	–	2800.00 – 3000.00	–	1500.00 – 2000.00	1000.00 – 1000.00					
Batticaloa	1600.00 – 1800.00	2500.00 – 2700.00	2500.00 – 2600.00	–	1400.00 – 1500.00	–	1100.00 – 1200.00					
Trincomalee	–	–	–	1800.00 – 2000.00	1200.00 – 1250.00	1800.00 – 2000.00	700.00 – 780.00					
Veyangoda	1500.00 – 1700.00	2400.00 – 2600.00	–	2500.00 – 2800.00	1400.00 – 1500.00	2400.00 – 2400.00	800.00 – 1000.00					
Galenbindunuwewa	1600.00 – 1800.00	2400.00 – 2600.00	–	2600.00 – 3000.00	1300.00 – 1600.00	1500.00 – 2800.00	800.00 – 1000.00					
Bandarawela	1600.00 – 1800.00	2500.00 – 2600.00	–	2400.00 – 2600.00	1400.00 – 1600.00	–	1300.00 – 1400.00					
Matale	–	–	–	–	–	–	–					

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 43: 21 - 27 October 2022

LOCATIONS	Meat		Meat (Chicken)		Meat		
	Beef	Broiler	Curry	Mutton	Pork		
Colombo	2000.00 – 2200.00	1080.00 – 1400.00	1320.00 – 1600.00	2700.00 – 3200.00	1550.00 – 2200.00		
Gampaha	–	1350.00 – 1350.00	1600.00 – 1600.00	3000.00 – 3000.00	1600.00 – 1600.00		
Kurunegala	1900.00 – 2000.00	1200.00 – 1300.00	–	2700.00 – 2700.00	1800.00 – 1800.00		
Nikaweratiya	1800.00 – 1800.00	1290.00 – 1290.00	–	2600.00 – 2600.00	–		
Dambulla	–	1250.00 – 1300.00	–	–	–		
Anuradhapura	1900.00 – 2000.00	1170.00 – 1250.00	–	2900.00 – 3000.00	1650.00 – 1700.00		
Thambuththegama	1900.00 – 2200.00	1100.00 – 1250.00	1200.00 – 1200.00	–	1500.00 – 1600.00		
Polonnaruwa	1800.00 – 2000.00	1380.00 – 1400.00	–	2600.00 – 2900.00	1600.00 – 1600.00		
Kaluthara	–	1360.00 – 1380.00	1380.00 – 1400.00	–	–		
Badulla	1800.00 – 2000.00	1350.00 – 1430.00	1450.00 – 1500.00	2600.00 – 2800.00	–		
Keppetipola	1900.00 – 2000.00	1420.00 – 1450.00	1500.00 – 1560.00	2800.00 – 2900.00	–		
Moneragala	2000.00 – 2000.00	1250.00 – 1400.00	–	–	1750.00 – 1800.00		
Kegalle	1900.00 – 2000.00	1320.00 – 1350.00	–	2800.00 – 2800.00	1750.00 – 1900.00		
Ampara	2000.00 – 2000.00	1280.00 – 1400.00	–	–	1550.00 – 1550.00		
Dehiattakandiya	–	1100.00 – 1250.00	1200.00 – 1300.00	–	1600.00 – 1800.00		
Nuwaraeliya	2000.00 – 2100.00	1450.00 – 1480.00	1500.00 – 1540.00	2800.00 – 2900.00	1600.00 – 1700.00		
Kandy	1900.00 – 2000.00	1170.00 – 1200.00	1300.00 – 1350.00	2600.00 – 2700.00	–		
Puttalam	2000.00 – 2000.00	1250.00 – 1300.00	–	2800.00 – 2800.00	–		
Hambantota	–	1200.00 – 1250.00	–	–	–		
Rathnapura	1800.00 – 1820.00	1100.00 – 1200.00	1500.00 – 1560.00	2800.00 – 2900.00	1750.00 – 1800.00		
Matara	–	1180.00 – 1200.00	–	–	–		
Galle	–	–	–	–	–		
Tissamaharama	–	1550.00 – 1550.00	–	–	2000.00 – 2000.00		
Meegoda	–	1130.00 – 1150.00	–	–	–		
Embilipitiya	2100.00 – 2200.00	1290.00 – 1400.00	1350.00 – 1400.00	2900.00 – 3000.00	1800.00 – 2000.00		
Jaffna	1450.00 – 1500.00	1500.00 – 1600.00	1400.00 – 1500.00	2350.00 – 2600.00	–		
Vavuniya	1700.00 – 2000.00	1450.00 – 1650.00	–	2800.00 – 2900.00	–		
Mannar	1400.00 – 1600.00	1500.00 – 1500.00	–	–	–		
Killinochchi	1800.00 – 1800.00	1400.00 – 1500.00	1800.00 – 1800.00	2800.00 – 2800.00	–		
Mullaittivu	1600.00 – 1600.00	–	1800.00 – 1800.00	–	–		
Batticaloa	–	1400.00 – 1500.00	1700.00 – 1800.00	–	–		
Trincomalee	1600.00 – 1700.00	1100.00 – 1150.00	–	–	–		
Veyangoda	1900.00 – 1900.00	1080.00 – 1180.00	1250.00 – 1250.00	2600.00 – 2600.00	1600.00 – 1600.00		
Galenbindunuwewa	1780.00 – 1800.00	1190.00 – 1200.00	–	–	–		
Bandarawela	2000.00 – 2200.00	1300.00 – 1400.00	1400.00 – 1500.00	2800.00 – 3000.00	–		
Matale	–	–	–	–	–		

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 43: 21 - 27 October 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	83.00 - 85.00	84.20	82.60	73.40	1.94	14.71	
Samba 1	215.00 - 225.00	221.00	222.00		-0.45		Small	70.00 - 75.00	73.20	72.60	64.90	0.83	12.79	
Samba 2	210.00 - 220.00	216.80	216.50	144.30	0.14	50.24								
Keeri Samba	235.00 - 240.00	237.00	239.30	208.33	-0.96	13.76	Fruits (Rs/Fruit)							
Nadu 1	210.00 - 220.00	213.30	213.20	124.78	0.05	70.94	Plantain							
Nadu 2	205.00 - 210.00	207.60	207.90	121.70	-0.14	70.58	Ambul (Rs/Kg)	150.00 - 170.00	159.17	150.83	47.50	5.52	235.09	
Raw (Red)	208.00 - 215.00	211.80	212.30	102.10	-0.24	107.44	Kolikuttu (Rs/Kg)	300.00 - 360.00	332.50	327.50	147.50	1.53	125.42	
Raw (White)	200.00 - 210.00	203.30	204.80	117.30	-0.73	73.32	Seeni (Rs/Kg)	100.00 - 130.00	112.50	110.00	60.00	2.27	87.50	
Imported							Anamalu	16.00 - 20.00	18.08	15.92	11.00	13.61	64.39	
Samba	175.00 - 180.00	178.80	181.20		-1.32		Ambun	19.00 - 22.00	20.58	19.15	13.33	7.46	54.38	
Nadu	160.00 - 170.00	166.50	170.80		-2.52		Papaw(Rs/Kg)	70.00 - 180.00	132.31	163.85	66.67	-19.25	98.46	
Raw (Red)	-	-	-	-	-	-	Passion Fruit	30.00 - 50.00	34.33	31.11	12.50	10.36	174.67	
Raw (White)	142.00 - 150.00	146.90	150.80		-2.59		Pineapple Large	460.00 - 540.00	500.00	630.00	310.00	-20.63	61.29	
Dried Chillies							Pineapple Medium	360.00 - 440.00	400.00	530.00	223.00	-24.53	79.37	
Imported	1380.00 - 1460.00	1414.50	1444.50	506.00	-2.08	179.55	Pineapple Small	280.00 - 350.00	320.00	436.67	156.00	-26.72	105.13	
Onion							Mango							
Sinnan	-	-	-	170.83			Betti	-						
Vedalan	465.00 - 480.00	475.00	495.00	230.00	-4.04	106.52	Karthakolomban	100.00 - 180.00	137.00	160.00	81.82	-14.38	67.44	
Imported	420.00 - 465.00	441.67	468.00	187.50	-5.63	135.56	Vilad	45.00 - 60.00	50.91	57.50	28.60	-11.46	78.00	
Big Onion							Kohu	-						
Imported	185.00 - 220.00	203.50	200.00	184.00	1.75	10.60	Other							
Local	190.00 - 230.00	207.50	206.11	193.50	0.67	7.24	Wood Apple	12.00 - 20.00	15.92	17.92	13.75	-11.16	15.80	
Potato							Orange	50.00 - 65.00	58.33	56.11	47.50	3.96	22.81	
Wellimada	280.00 - 290.00	285.00	280.00	130.00	1.79	119.23	Avocado	40.00 - 80.00	63.57	58.00	44.23	9.61	43.73	
N'Eliya	310.00 - 320.00	315.00	315.00	150.00	0.00	110.00	Slime Apple	30.00 - 56.00	40.14	44.29	33.67	-9.35	19.24	
Imported	150.00 - 185.00	170.60	163.50	133.20	4.34	28.08	Grapes (Imp., Rs/Kg)	1070.00 - 1100.00	1076.00	1150.00	927.73	-6.43	15.98	
Pulses							King Coconut	100.00 - 120.00	108.18	102.22	56.25	5.83	92.32	
Green Gram	1050.00 - 1120.00	1094.44	1070.00	500.00	2.28	118.89	Sea Fish							
Cowpea (White)	840.00 - 900.00	867.14	864.29	507.50	0.33	70.87	Salaya	380.00 - 550.00	485.45	415.45	185.00	16.85	162.41	
Cowpea (Red)	870.00 - 950.00	908.75	905.00	311.00	0.41	192.20	Hurulla	560.00 - 750.00	660.00	519.00	410.00	27.17	60.98	
Red Dhal	358.00 - 380.00	365.50	378.00	221.60	-3.31	64.94	Bayala	680.00 - 850.00	742.73	677.00	400.00	9.71	85.68	
Vegetable							Kelawalla	1200.00 - 1460.00	1337.00	1073.00	808.33	24.60	65.40	
Beans (Butter)	-	-	-	-	-	-	Thora	2000.00 - 2600.00	2275.00	2230.00	1316.67	2.02	72.78	
Beans(Green)	280.00 - 350.00	311.00	277.00	200.00	12.27	55.50	Paraw	1200.00 - 1400.00	1293.00	1118.00	791.67	15.65	63.33	
Carrot	300.00 - 350.00	316.00	234.00	123.00	35.04	156.91	Mora	850.00 - 1000.00	930.00	897.50	775.00	3.62	20.00	
Leeks	180.00 - 230.00	200.00	166.00	190.00	20.48	5.26	Shrimps	1400.00 - 1680.00	1530.00	1545.00	1108.33	-0.97	38.05	
Beetroot	220.00 - 280.00	246.67	233.33	50.00	5.71	393.33	Thalaphath	1700.00 - 2300.00	2038.89	1994.44	1133.33	2.23	79.90	
Knolhol	180.00 - 200.00	192.00	182.00	102.00	5.49	88.24	Eggs							
Raddish	100.00 - 130.00	120.91	120.00	84.00	0.76	43.94	Brown	49.50 - 50.00	49.75	49.63	20.00	0.25	148.75	
Cabbage	180.00 - 200.00	190.00	194.00	112.00	-2.06	69.64	White	48.00 - 49.00	48.25	47.88	18.38	0.78	162.59	
Tomato	200.00 - 250.00	235.00	240.00	110.00	-2.08	113.64	Dried Fish							
Ladies Fingers	100.00 - 120.00	114.00	98.00	123.00	16.33	-7.32	Sprats	1700.00 - 2000.00	1869.00	2165.00	1080.00	-13.67	73.06	
Brinjal	200.00 - 260.00	237.00	234.00	198.00	1.28	19.70	Sprats (Imported)	1150.00 - 1380.00	1260.00	1444.44	526.00	-12.77	139.54	
Capsicum	640.00 - 700.00	662.00	560.00	282.00	18.21	134.75	Kattawa	-						
Pumpkin	180.00 - 210.00	193.00	169.00	42.50	14.20	354.12	Kattawa (Imported)	1600.00 - 1800.00	1711.11	1714.00	-	-0.17		
Cucumber	60.00 - 70.00	65.00	59.00	71.00	10.17	-8.45	Thora	-						
Bitter Gourd	300.00 - 350.00	332.00	347.00	227.00	-4.32	46.26	Thora (Imported)	-						
Snake Gourd	260.00 - 300.00	288.00	212.00	173.00	35.85	66.47	Anguluwa	-						
Drumstick	100.00 - 250.00	171.00	172.00	140.00	-0.58	22.14	Mora	1900.00 - 2050.00	1980.00	2047.00	1283.33	-3.27	54.29	
Luffa	150.00 - 200.00	166.00	174.00	120.00	-4.60	38.33	Mora (Imported)	-						
Long Beans	150.00 - 180.00	163.00	165.00	126.00	-1.21	29.37	Bayala	850.00 - 1050.00	944.44	870.91	581.43	8.44	62.44	
Ash Plantain	160.00 - 180.00	172.00	160.00	43.00	7.50	300.00	Bayala (Imported)	-						
Green Chillies	180.00 - 250.00	221.00	202.00	133.00	9.41	66.17	Anguluwa	-						
Lime	450.00 - 530.00	516.00	555.00	416.00	-7.03	24.04	Anguluwa (Imported)	1750.00 - 1900.00	1818.57	1880.00	-	-3.27		
Root Crops							Maduwa	-						
Sweet Potato	110.00 - 130.00	124.00	122.00	77.00	1.64	61.04	Maduwa (Imported)	-						
Manioc	80.00 - 100.00	92.00	87.00	30.50	5.75	201.64	Koduwa	-						
Leafy Vegetable							Koduwa (Imported)	-						
Mukunuwenna	50.00 - 60.00	55.00	51.50	29.40	6.80	87.07	Salaya	620.00 - 750.00	670.00	724.00	322.86	-7.46	107.52	
Kankun	50.00 - 60.00	55.00	51.50	29.40	6.80	87.07	Salaya (Imported)	-						
Gotukola (Rs/Kg)	220.00 - 240.00	232.00	229.00	76.00	1.31	205.26	-							

This Week: Week 43: 21 - 27 October 2022

Last Week: Week 42: 14 - 20 October 2022

Table 15: Colombo & Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 43: 21 - 27 October 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
Rice													
Local													
Samba 1	230.00 - 240.00	233.89	236.21	159.34	-2.32	46.78	Coconut						
Samba 2	220.00 - 230.00	224.71	227.59	152.90	-2.88	46.96	Large	95.00 - 120.00	101.67	95.30	89.34	6.36	13.79
Keeri Samba	250.00 - 270.00	260.95	261.00	214.05	-0.05	21.91	Small	75.00 - 90.00	85.34	79.19	75.39	6.15	13.20
Nadu 1	220.00 - 240.00	228.03	231.61	129.23	-3.58	76.45	Fruits (Rs/Fruit)						
Nadu 2	210.00 - 230.00	219.52	222.07		-2.55		Plantain						
Raw (Red)	220.00 - 230.00	224.58	224.41	111.29	0.17	101.80	Ambul (Rs/Kg)	160.00 - 230.00	194.72	193.14	114.86	1.58	69.53
Raw (White)	220.00 - 230.00	223.14	223.64	123.07	-0.49	81.32	Kolikuttu (Rs/Kg)	360.00 - 460.00	412.22	405.67	222.29	6.56	85.45
Imported							Seeni (Rs/Kg)	140.00 - 220.00	179.44	174.85	124.86	4.60	43.72
Samba	190.00 - 210.00	200.59	203.75		-3.16		Anamalu	18.00 - 28.00	24.82	24.15	17.95	0.68	38.29
Nadu	180.00 - 210.00	195.71	196.73		-1.02		Ambun	23.00 - 35.00	30.83	30.23	22.78	0.60	35.33
Raw (Red)	-						Papaw (Rs/Kg)	180.00 - 300.00	222.50	257.86	139.35	-35.36	59.66
Raw (White)	165.00 - 190.00	179.03	179.85		-0.82		Passion Fruit	33.00 - 67.00	49.24	47.27	23.70	1.97	107.77
Dried Chillies							Pineapple Large	700.00 - 900.00	743.55	852.17	352.00	-108.63	111.24
Imported	1550.00 - 2000.00	1783.78	1801.39	595.95	-17.61	199.32	Pineapple Medium	600.00 - 650.00	624.00	694.00	284.62	-70.00	119.24
Onion							Pineapple Small	350.00 - 550.00	490.67	550.38	233.44	-59.72	110.19
Sinnan	300.00 - 400.00	362.14	370.00	247.14	-7.86	46.53	Mango						
Vedalan	500.00 - 620.00	575.48	577.88	279.00	-2.39	106.27	Betti	-					
Imported	400.00 - 480.00	431.94	440.69	279.33	-8.75	54.63	Karthakoloman	100.00 - 250.00	167.27	214.75	106.33	-47.48	57.31
Big Onion							Vilad	50.00 - 80.00	63.64	88.64	60.87	-25.00	4.55
Imported	220.00 - 260.00	243.75	236.06	228.84	7.69	6.52	Other						
Local	220.00 - 260.00	244.67	243.94	209.74	0.73	16.65	Wood Apple	30.00 - 70.00	46.18	48.89	51.52	-2.71	-10.36
Potato							Orange	60.00 - 150.00	105.42	103.64	75.19	1.78	40.21
Wellimada	300.00 - 360.00	345.36	332.90	179.49	12.45	92.41	Avocado	80.00 - 150.00	112.00	109.60	76.67	2.40	46.09
N'Ellya	400.00 - 480.00	428.48	410.65	221.46	17.84	93.48	Slime Apple	50.00 - 160.00	105.83	121.11	-	-15.28	
Imported	190.00 - 240.00	229.22	221.32	159.76	7.90	43.48	Grapes (Imp., Rs/Kg)	1600.00 - 2000.00	1927.27	2063.64	1280.95	-136.36	50.46
Pulses							King Coconut	110.00 - 150.00	122.94	121.18	70.48	1.76	74.44
Green Gram	1150.00 - 1300.00	1208.33	1204.69	607.06	3.65	99.05	Sea Fish						
Cowpea (White)	1000.00 - 1200.00	1103.33	1083.33	728.78	20.00	51.39	Salaya	560.00 - 800.00	654.29	652.17	264.00	2.11	147.84
Cowpea (Red)	1000.00 - 1200.00	1050.00	1033.93	370.85	16.07	183.13	Hurulla	600.00 - 1100.00	859.79	781.88	514.74	77.92	67.04
Red Dhal	390.00 - 420.00	401.05	412.05	254.88	-11.00	57.35	Balaya	840.00 - 1520.00	1242.50	1238.75	892.50	3.75	39.22
Vegetable							Kelawalla	1680.00 - 2800.00	2254.21	2230.00	1495.79	24.21	50.70
Beans (Butter)	-						Thora	2700.00 - 3900.00	3081.18	3057.14	1861.43	24.03	65.53
Beans (Green)	320.00 - 480.00	425.42	421.11	254.62	4.31	67.08	Paraw	1440.00 - 2400.00	2037.50	2119.23	1472.27	-81.73	38.39
Carrot	320.00 - 500.00	424.07	400.36	179.26	23.72	136.57	Mora	1080.00 - 2400.00	1446.00	1313.33	968.89	132.67	49.24
Leeks	240.00 - 400.00	324.81	316.92	268.15	7.89	21.13	Shrimps	1500.00 - 2200.00	1863.64	1872.00	1191.30	-8.36	56.44
Beetroot	250.00 - 480.00	354.00	347.60	120.00	6.40	195.00	Thalaphath	2200.00 - 3200.00	2783.20	2779.13	1695.45	4.07	64.16
Knolkhol	220.00 - 440.00	344.00	336.30	165.77	7.70	107.52	Eggs						
Raddish	140.00 - 320.00	228.40	224.81	140.38	3.59	62.70	Brown	2700.00 - 3900.00	3081.18	3057.14	1861.43	24.03	65.53
Cabbage	220.00 - 440.00	354.62	364.44	199.26	-9.83	77.97	White	50.00 - 52.00	50.78	50.45	20.85	0.32	143.58
Tomato	280.00 - 480.00	372.14	380.37	183.20	-8.23	103.13	Dried Fish						
Ladies Fingers	140.00 - 320.00	235.93	234.62	197.50	1.31	19.46	Sprats	2000.00 - 2600.00	2205.00	2300.00	1279.17	-95.00	72.38
Brinjal	280.00 - 480.00	401.60	393.08	277.04	8.52	44.96	Sprats (Imported)	1500.00 - 2000.00	1690.48	1809.26	694.80	-118.78	143.30
Capsicum	680.00 - 1000.00	874.17	851.48	401.11	22.69	117.94	Kattawa	2600.00 - 2800.00	2666.67	2684.00	1550.00	-17.33	72.04
Pumpkin	220.00 - 320.00	278.40	273.33	105.56	5.07	163.75	Thora	-				2047.06	
Cucumber	80.00 - 240.00	179.29	188.46	132.14	-9.18	35.68	Mora	2400.00 - 3000.00	2700.00	2800.00	1548.08	-100.00	74.41
Bitter Gourd	320.00 - 600.00	501.11	503.33	310.37	-2.22	61.46	Balaya	1200.00 - 2500.00	1658.33	1762.50	928.00	-104.17	78.70
Snake Gourd	280.00 - 480.00	385.93	375.19	243.70	10.74	58.36	Anguluwa	2800.00 - 2800.00	2800.00	2680.00	1406.52	120.00	99.07
Drumstick	250.00 - 600.00	403.48	536.96	270.00	-133.48	49.44	Maduwa	2000.00 - 2600.00	2200.00	-	978.57		124.82
Luffa	200.00 - 480.00	332.40	334.29	218.89	-1.89	51.86	Koduwa	-					
Long Beans	200.00 - 400.00	307.31	313.91	206.67	-6.61	48.70	Salaya	900.00 - 1600.00	1217.39	1304.35	573.91	-86.96	112.12
Ash Plantain	200.00 - 320.00	277.08	266.67	117.41	10.42	136.00	Meat						
Green Chillies	220.00 - 600.00	465.60	436.54	260.83	29.06	78.50	Beef (without Bones)	2000.00 - 2200.00	2100.00	2125.00	1228.57	-25.00	70.93
Lime	500.00 - 1000.00	760.37	762.96	605.00	-2.59	25.68	Chicken (Broiler)	1080.00 - 1400.00	1199.09	1349.00	710.00	-149.91	68.89
Root Crops							Chicken (Curry)	1320.00 - 1600.00	1493.75	1440.00	710.00	53.75	110.39
Sweet Potato	150.00 - 280.00	231.15	225.19	130.37	5.97	77.31	Mutton	2700.00 - 3200.00	2928.57	2928.57	2044.44	0.00	43.25
Manioc	150.00 - 200.00	194.80	193.93	70.00	0.87	178.29	Pork	1550.00 - 2200.00	1800.00	1837.50	820.00	-37.50	119.51
Leafy Vegetable													
Mukunuwenna	70.00 - 100.00	80.53	80.00	44.44	0.53	81.18							
Kankun	70.00 - 100.00	81.11	82.22	44.44	-1.11	82.50							
Gotukola	100.00 - 160.00	116.84	119.44	54.44	-2.60	114.61							

This Week: Week 43: 21 - 27 October 2022
Last Week: Week 42: 14 - 20 October 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 43: 21 - 27 October 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	172.50 – 190.00	184.50
A'pura	103.00 – 105.00	103.80	Dambulla	240.00 – 270.00	256.00	Hambantota	140.00 – 160.00	150.00
P'naruwa	113.00 – 114.00	113.42	Welimada	270.00 – 280.00	274.00	Embilipitiya	180.00 – 200.00	189.00
Kalawewa	105.00 – 110.00	107.00	Badulla	275.00 – 320.00	291.00	Matara	–	
Kurunegala	108.00 – 110.00	109.00	Carrot			A'pura	190.00 – 200.00	194.00
Dehiattakandiya	112.00 – 114.00	113.33	N'Eliya	285.00 – 300.00	293.00	Luffa		
Nikaweratiya	107.00 – 112.00	109.17	Welimada	225.00 – 235.00	231.00	Dambulla	135.00 – 152.50	145.00
Ampara	100.00 – 100.00	100.00	Hanguranketha	160.00 – 180.00	172.00	Hambantota	140.00 – 160.00	150.00
Long Grain (White)			Leeks			Embilipitiya	140.00 – 150.00	145.00
A'pura	100.00 – 105.00	102.00	N'Eliya	185.00 – 200.00	193.00	Matara	–	
P'naruwa	108.00 – 109.50	108.75	Welimada	170.00 – 185.00	176.00	A'pura	110.00 – 120.00	114.00
Kalawewa	102.00 – 107.00	104.80	Beetroot			Green Chillies		
Kurunegala	108.00 – 110.00	109.00	N'Eliya	160.00 – 170.00	164.00	Dambulla	125.00 – 152.50	139.50
Dehiattakandiya	109.00 – 110.00	109.33	Dambulla	120.00 – 125.00	122.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	200.00 – 230.00	213.33
Nikaweratiya	107.00 – 112.00	109.17	Welimada	130.00 – 140.00	136.00	Puttalam	100.00 – 150.00	126.67
Hambantota	–		Hanguranketha	120.00 – 130.00	126.00	A'pura	180.00 – 190.00	184.00
Ampara	100.00 – 105.00	101.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	135.00 – 145.00	140.00	Dambulla	145.00 – 162.50	156.00
Matara	120.00 – 125.00	122.50	Welimada	130.00 – 140.00	134.00	Hambantota	120.00 – 140.00	132.50
Hambantota	120.00 – 125.00	121.75	Hanguranketha	90.00 – 110.00	101.00	Embilipitiya	160.00 – 180.00	171.00
Embilipitiya	125.00 – 126.00	125.40	Raddish			Matara	–	
Keeri Samba			N'Eliya	70.00 – 80.00	76.00	A'pura	120.00 – 130.00	124.00
A'pura	110.00 – 115.00	112.00	Welimada	35.00 – 40.00	37.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	109.00 – 110.00	109.50	Hambantota	80.00 – 120.00	100.00	Cucumber		
Kalawewa	108.00 – 110.00	109.50	Hanguranketha	30.00 – 50.00	41.00	A'pura	30.00 – 35.00	32.00
Kurunegala	115.00 – 115.00	115.00	Cabbage			Dambulla	24.00 – 30.00	27.20
Dehiattakandiya	109.00 – 110.00	109.67	N'Eliya	150.00 – 160.00	154.00	Hambantota	30.00 – 40.00	33.00
Red Onion			Welimada	120.00 – 130.00	124.00	Matara	–	
Puttalam	350.00 – 450.00	388.00	Badulla	90.00 – 120.00	108.00	Long Beans		
Jaffna	300.00 – 350.00	320.00	Tomato			Dambulla	162.50 – 182.50	171.50
Big Onion			Welimada	100.00 – 115.00	108.60	Hambantota	100.00 – 130.00	115.00
Dambulla	190.00 – 210.00	202.00	Hambantota	160.00 – 170.00	164.00	Embilipitiya	200.00 – 220.00	209.00
Kalawewa	–		Dambulla	160.00 – 200.00	174.00	Matara	120.00 – 140.00	128.75
A'pura	–		Hanguranketha	190.00 – 220.00	206.00	A'pura	140.00 – 150.00	144.00
Potato				130.00 – 180.00	153.00	Ash Plantain		
N'Eliya	285.00 – 295.00	289.00	Vegetable (Low Country)			Hambantota	60.00 – 70.00	65.00
Badulla	250.00 – 270.00	258.00	Ladies Fingers			Embilipitiya	100.00 – 120.00	108.00
Welimada	260.00 – 270.00	264.00	A'pura	70.00 – 80.00	74.00	Matara	90.00 – 100.00	95.00
Pulses			Dambulla	76.00 – 96.00	84.40	Lime		
Green Gram			Hambantota	40.00 – 70.00	55.00	Hambantota	–	
Hambantota	–		Embilipitiya	90.00 – 100.00	95.00	Embilipitiya	550.00 – 600.00	568.00
Moneragala	–		Matara	90.00 – 100.00	93.33	Moneragala	350.00 – 380.00	362.00
Brinjal			Fruits (Rs/Kg)					
Embilipitiya	940.00 – 950.00	945.00	A'pura	170.00 – 180.00	174.00	Banana		
Nikaweratiya	900.00 – 900.00	900.00	Dambulla	172.50 – 190.00	185.00	Ambul		
A'pura	850.00 – 900.00	870.00	Hambantota	–		Moneragala	60.00 – 70.00	64.00
Cowpea			Embilipitiya	175.00 – 190.00	184.00	Embilipitiya	80.00 – 110.00	96.00
Hambantota	–		Matara	190.00 – 220.00	202.50	Hambantota	110.00 – 120.00	115.00
Nikaweratiya	700.00 – 700.00	700.00	Welimada	130.00 – 140.00	134.00	Kolikuttu		
Moneragala	700.00 – 750.00	720.00	Capsicum			Moneragala	190.00 – 200.00	194.00
Embilipitiya	780.00 – 800.00	790.00	Badulla	–		Embilipitiya	230.00 – 250.00	238.00
Maize			Welimada	570.00 – 600.00	586.00	Hambantota	–	
A'pura	–		Bitter Gourd			Papaw		
Kalawewa	200.00 – 200.00	200.00	A'pura	230.00 – 240.00	234.00	Moneragala	60.00 – 70.00	66.00
Gingelly			Dambulla	220.00 – 240.00	230.00	Embilipitiya	90.00 – 110.00	99.00
A'pura	500.00 – 520.00	508.00	Hambantota	–		Hambantota	120.00 – 130.00	123.33
Kalawewa	–		Embilipitiya	280.00 – 340.00	310.00	Pineapple		
Black Gram			Matara	270.00 – 300.00	287.50	Divulapitiya	–	
A'pura	–							
Kalawewa	800.00 – 900.00	862.50						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 43: 21 - 27 October 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	230.00	-	240.00	230.00	-	230.00	240.00	-	240.00
Samba 2	220.00	-	230.00	220.00	-	220.00	230.00	-	230.00
Keeri Samba	265.00	-	270.00	260.00	-	270.00	260.00	-	260.00
Nadu 1	230.00	-	230.00	220.00	-	230.00	230.00	-	230.00
Nadu 2	220.00	-	225.00	210.00	-	220.00	230.00	-	220.00
Raw (Red)	220.00	-	230.00	230.00	-	230.00	220.00	-	220.00
Raw (White)	220.00	-	230.00	220.00	-	230.00	230.00	-	220.00
Imported									
Samba	190.00	-	200.00	200.00	-	200.00	200.00	-	200.00
Nadu	180.00	-	190.00	200.00	-	210.00	180.00	-	190.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	165.00	-	190.00	190.00	-	190.00	170.00	-	180.00
Dried Chillies									
Imported	1550.00	-	1700.00	2000.00	-	2000.00	1800.00	-	1800.00
Red Onion									
Sinnan	400.00	-	400.00	350.00	-	360.00	400.00	-	400.00
Vedalan	500.00	-	600.00	620.00	-	620.00	600.00	-	600.00
Imported	420.00	-	480.00	400.00	-	420.00	480.00	-	480.00
Big Onion									
Imported	220.00	-	240.00	240.00	-	260.00	240.00	-	240.00
Local	220.00	-	240.00	240.00	-	260.00	240.00	-	240.00
Potato									
Welimada	360.00	-	360.00	320.00	-	320.00	360.00	-	360.00
N'Eliya	400.00	-	420.00	480.00	-	480.00	400.00	-	420.00
Imported	190.00	-	240.00	240.00	-	240.00	220.00	-	240.00
Pulses									
Green Gram	1200.00	-	1200.00	1200.00	-	1200.00	1200.00	-	1200.00
Cowpea (White)	1100.00	-	1100.00	1100.00	-	1100.00	1000.00	-	1000.00
Cowpea (Red)	1100.00	-	1100.00	1000.00	-	1000.00	1100.00	-	1000.00
Red Dhal	390.00	-	400.00	400.00	-	420.00	400.00	-	400.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 43: 21 - 27 October 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA									
<u>Vegetable</u>																		
Beans	350.00	- 360.00	480.00	- 480.00	440.00	- 480.00	400.00	- 480.00	380.00	- 400.00	450.00	- 480.00	320.00	- 350.00	400.00	- 400.00	400.00	- 400.00
Carrot	350.00	- 400.00	480.00	- 480.00	480.00	- 480.00	480.00	- 500.00	440.00	- 450.00	480.00	- 500.00	320.00	- 360.00	320.00	- 400.00	320.00	- 400.00
Leeks	260.00	- 280.00	400.00	- 400.00	320.00	- 360.00	400.00	- 400.00	300.00	- 320.00	300.00	- 320.00	240.00	- 280.00	300.00	- 320.00	300.00	- 320.00
Beetroot	250.00	- 260.00	400.00	- 400.00	360.00	- 400.00	400.00	- 480.00	260.00	- 320.00	400.00	- 480.00	280.00	- 300.00	300.00	- 320.00	320.00	- 320.00
Knolkhok	220.00	- 240.00	320.00	- 400.00	360.00	- 400.00	440.00	- 440.00	320.00	- 360.00	300.00	- 320.00	240.00	- 280.00	300.00	- 360.00	300.00	- 320.00
Raddish	140.00	- 160.00	260.00	- 280.00	240.00	- 280.00	240.00	- 320.00	240.00	- 320.00	280.00	- 280.00	140.00	- 160.00	240.00	- 240.00	160.00	- 200.00
Cabbage	220.00	- 260.00	400.00	- 400.00	400.00	- 420.00	400.00	- 400.00	350.00	- 360.00	400.00	- 440.00	240.00	- 280.00	320.00	- 400.00	320.00	- 400.00
Tomato	340.00	- 350.00	400.00	- 480.00	360.00	- 400.00	400.00	- 480.00	400.00	- 400.00	400.00	- 460.00	280.00	- 280.00	320.00	- 400.00	320.00	- 360.00
Ladies Fingers	140.00	- 160.00	280.00	- 320.00	240.00	- 280.00	240.00	- 320.00	200.00	- 260.00	200.00	- 240.00	160.00	- 240.00	240.00	- 240.00	240.00	- 280.00
Brinjal	280.00	- 320.00	400.00	- 480.00	400.00	- 480.00	400.00	- 480.00	320.00	- 360.00	440.00	- 480.00	280.00	- 320.00	320.00	- 320.00	400.00	- 440.00
Capsicum	680.00	- 800.00	800.00	- 900.00	900.00	- 1000.00	900.00	- 1000.00	800.00	- 900.00	1000.00	- 1000.00	800.00	- 800.00	800.00	- 800.00	800.00	- 800.00
Pumpkin	220.00	- 260.00	280.00	- 320.00	240.00	- 280.00	320.00	- 320.00	240.00	- 280.00	320.00	- 320.00	240.00	- 280.00	280.00	- 320.00	280.00	- 320.00
30 Cucumber	80.00	- 90.00	240.00	- 240.00	160.00	- 200.00	200.00	- 240.00	100.00	- 120.00	160.00	- 160.00	140.00	- 160.00	160.00	- 200.00	160.00	- 200.00
Bitter Gourd	320.00	- 360.00	480.00	- 560.00	560.00	- 600.00	400.00	- 600.00	450.00	- 600.00	550.00	- 600.00	400.00	- 440.00	560.00	- 600.00	600.00	- 600.00
Snake Gourd	320.00	- 360.00	400.00	- 480.00	400.00	- 480.00	440.00	- 480.00	320.00	- 420.00	400.00	- 400.00	280.00	- 320.00	320.00	- 480.00	320.00	- 320.00
Drumstick	250.00	- 320.00	480.00	- 560.00	400.00	- 480.00	600.00	- 600.00	360.00	- 440.00	400.00	- 400.00	300.00	- 320.00	320.00	- 360.00	400.00	- 400.00
Luffa	200.00	- 250.00	320.00	- 380.00	400.00	- 400.00	440.00	- 480.00	280.00	- 400.00	400.00	- 400.00	240.00	- 300.00	280.00	- 400.00	300.00	- 320.00
Long Beans	200.00	- 250.00	400.00	- 400.00	320.00	- 400.00	400.00	- 400.00	300.00	- 320.00	240.00	- 320.00	200.00	- 240.00	240.00	- 320.00	300.00	- 320.00
Ash Plantain	200.00	- 250.00	320.00	- 320.00	240.00	- 320.00	320.00	- 320.00	240.00	- 320.00	320.00	- 320.00	200.00	- 240.00	240.00	- 260.00	280.00	- 320.00
Green Chillies	220.00	- 300.00	600.00	- 600.00	400.00	- 600.00	500.00	- 600.00	400.00	- 400.00	500.00	- 600.00	300.00	- 320.00	400.00	- 400.00	600.00	- 600.00
Lime	500.00	- 600.00	800.00	- 900.00	900.00	- 1000.00	1000.00	- 1000.00	700.00	- 800.00	900.00	- 1000.00	600.00	- 680.00	800.00	- 1000.00	800.00	- 900.00
<u>Root Crops</u>																		
Sweet Potato	150.00	- 180.00	240.00	- 280.00	240.00	- 240.00	240.00	- 280.00	200.00	- 240.00	280.00	- 280.00	200.00	- 240.00	240.00	- 240.00	200.00	- 240.00
Manioc	150.00	- 200.00	200.00	- 200.00	200.00	- 200.00	200.00	- 200.00	180.00	- 200.00	200.00	- 200.00	180.00	- 180.00	160.00	- 200.00	200.00	- 200.00
<u>Leafy Vegetable</u>																		
Mukunuwenna	80.00	- 80.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	80.00	- 80.00	80.00	- 80.00	70.00	- 70.00	100.00	- 100.00	80.00	- 80.00
Kankun	80.00	- 80.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	80.00	- 80.00	80.00	- 80.00	70.00	- 70.00	100.00	- 100.00	80.00	- 80.00
Gotukola	100.00	- 100.00	100.00	- 100.00	100.00	- 100.00	160.00	- 160.00	150.00	- 150.00	100.00	- 100.00	100.00	- 100.00	150.00	- 150.00	100.00	- 100.00
<u>Coconut</u>																		
Large	95.00	- 95.00	110.00	- 120.00	95.00	- 110.00	100.00	- 100.00	100.00	- 110.00	95.00	- 95.00	95.00	- 100.00	95.00	- 110.00	95.00	- 110.00
Small	80.00	- 90.00	90.00	- 90.00	80.00	- 90.00	80.00	- 90.00	85.00	- 90.00	85.00	- 90.00	75.00	- 90.00	85.00	- 90.00	90.00	- 90.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 43: 21 - 27 October 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA																				
<i>Plantain</i>																													
Ambul (Rs/Kg)	160.00	-	180.00	200.00	-	220.00	220.00	-	230.00	200.00	-	220.00	200.00	-	200.00	160.00	-	180.00	200.00	-	220.00								
Kolikuttu (Rs/Kg)	400.00	-	420.00	400.00	-	450.00	420.00	-	450.00	380.00	-	400.00	400.00	-	450.00	400.00	-	450.00	360.00	-	400.00	380.00	-	460.00					
Seenii (Rs/Kg)	150.00	-	160.00	200.00	-	220.00	180.00	-	220.00	180.00	-	200.00	170.00	-	180.00	140.00	-	200.00	140.00	-	160.00	160.00	-	180.00	180.00	-	220.00		
Anamalu	20.00	-	22.00	25.00	-	28.00	28.00	-	28.00	20.00	-	25.00	24.00	-	25.00	24.00	-	28.00	24.00	-	25.00	18.00	-	20.00	25.00	-	26.00		
Ambun	25.00	-	28.00	31.00	-	35.00	35.00	-	35.00	25.00	-	32.00	30.00	-	31.00	30.00	-	35.00	30.00	-	31.00	23.00	-	25.00	31.00	-	33.00		
<i>Pineapple</i>																													
Large	700.00	-	750.00	700.00	-	800.00	750.00	-	900.00	700.00	-	750.00	700.00	-	750.00	700.00	-	750.00	700.00	-	800.00	700.00	-	750.00	700.00	-	850.00		
Medium	600.00	-	650.00	600.00	-	600.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00		
31 Small	500.00	-	550.00	480.00	-	550.00	400.00	-	550.00	350.00	-	550.00	400.00	-	550.00	350.00	-	500.00	550.00	-	550.00	450.00	-	550.00	500.00	-	550.00		
<i>Mango</i>																													
Betti	-		-	-		-	-		-	-		-	-		-	-		-	-		-	-		-		-		-	
Karthakolban	110.00	-	120.00	180.00	-	220.00	200.00	-	250.00	200.00	-	250.00	150.00	-	160.00	100.00	-	100.00	-		100.00	-	100.00	100.00	-	100.00	100.00	-	120.00
Vilad	60.00	-	70.00	-		70.00	-	80.00	-		60.00	-	60.00	50.00	-	50.00	-		-		-	-		-		-		-	
Kohu	-		-	-		-	-		-	-		-	-		-	-		-	-		-	-		-		-		-	
<i>Other Fruits</i>																													
Wood Apple	50.00	-	60.00	30.00	-	50.00	50.00	-	70.00	50.00	-	70.00	40.00	-	60.00	30.00	-	50.00	30.00	-	50.00	30.00	-	50.00	60.00	-	70.00		
Orange	80.00	-	100.00	120.00	-	150.00	80.00	-	100.00	120.00	-	150.00	100.00	-	120.00	60.00	-	60.00	100.00	-	120.00	70.00	-	80.00	140.00	-	150.00		
Avocado	80.00	-	100.00	120.00	-	150.00	100.00	-	130.00	120.00	-	140.00	110.00	-	120.00	80.00	-	100.00	80.00	-	100.00	-		80.00	-	100.00			
Slime Apple	100.00	-	120.00	100.00	-	120.00	150.00	-	160.00	100.00	-	120.00	-		50.00	-	80.00	-		-		-		-		-		-	
Grapes (Rs/Kg)	-		1800.00	-	2000.00	2000.00	-	2000.00	2000.00	-	2000.00	-		-		-	-	-	-	-	2000.00	-	2000.00	1600.00	-	1800.00			
Papaw (Rs/Kg)	180.00	-	200.00	220.00	-	240.00	280.00	-	300.00	220.00	-	240.00	220.00	-	250.00	180.00	-	200.00	200.00	-	220.00	180.00	-	200.00	200.00	-	220.00		
Passion	33.00	-	33.00	50.00	-	54.00	50.00	-	58.00	50.00	-	54.00	42.00	-	46.00	42.00	-	50.00	42.00	-	46.00	50.00	-	54.00	61.00	-	67.00		
King Coconut	110.00	-	120.00	130.00	-	150.00	130.00	-	130.00	150.00	-	150.00	110.00	-	120.00	120.00	-	120.00	120.00	-	120.00	110.00	-	120.00	110.00	-	120.00		

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 43: 21 - 27 October 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Sea Fish</i>									
Salaya	560.00	650.00	700.00	720.00	600.00	700.00	800.00	800.00	760.00
Hurulla	820.00	875.00	780.00	800.00	720.00	760.00	1100.00	1100.00	920.00
Balaya	840.00	850.00	1500.00	1520.00	-	-	-	-	1200.00
Kelawalla	1680.00	1750.00	2300.00	2400.00	2000.00	2000.00	2800.00	2800.00	2500.00
Thora	2700.00	2760.00	2700.00	2720.00	-	-	3600.00	3600.00	3900.00
Paraw	1440.00	1460.00	2300.00	2400.00	-	-	-	-	2000.00
Mora	1080.00	1140.00	-	-	-	-	2400.00	2400.00	1360.00
Shrimps Small	2160.00	2200.00	1720.00	1800.00	2000.00	2200.00	1900.00	1900.00	1900.00
Talapath	2200.00	2520.00	2720.00	2720.00	2800.00	2800.00	3200.00	3200.00	3200.00
32 <i>Eggs (Rs/Egg)</i>									
Brown	50.00	50.00	-	-	51.00	52.00	52.00	52.00	52.00
White	48.50	48.50	50.00	50.00	50.00	50.00	50.00	49.00	49.00
<i>Dried Fish</i>									
Sprats	2000.00	2400.00	2300.00	2400.00	2400.00	2400.00	2000.00	2100.00	2600.00
Kattawa	-	-	-	-	-	-	2700.00	2800.00	-
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00	2600.00	2700.00	2800.00	2700.00	2800.00	2400.00	2500.00	-
Balaya	1200.00	1400.00	2300.00	2400.00	1500.00	1600.00	1500.00	2000.00	1400.00
Anguluwa	-	2800.00	2800.00	-	-	-	-	-	-
Salaya	900.00	1000.00	1300.00	1300.00	1000.00	1100.00	1000.00	1200.00	-
<i>Meat</i>									
Beef (without Bones)	-	2000.00	2000.00	2200.00	2200.00	-	2100.00	2100.00	-
Chicken (Broiler)	1180.00	1180.00	1200.00	1200.00	1180.00	1180.00	1150.00	1150.00	1080.00
Chicken (Curry)	1500.00	1550.00	-	1550.00	1550.00	1550.00	1450.00	1450.00	1430.00
Mutton	-	2800.00	2800.00	3000.00	3000.00	-	2800.00	2800.00	2700.00
Pork	-	1800.00	1800.00	2200.00	2200.00	-	-	-	1650.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)		Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
				Vit B2 (mg/100g)	Vit B6 (mg/100g)								
Rice													
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5	
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7	
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84	
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49	
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61	
Dried chilies													
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65	
Onion													
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25	
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28	
Potatoes													
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29	
Pulses													
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86	
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57	
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4	
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34	
Vegetables													
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59	
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25	
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43	
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29	

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods												
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

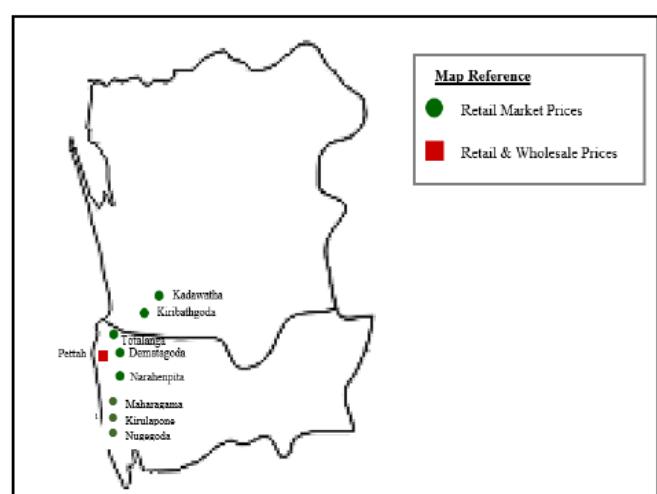
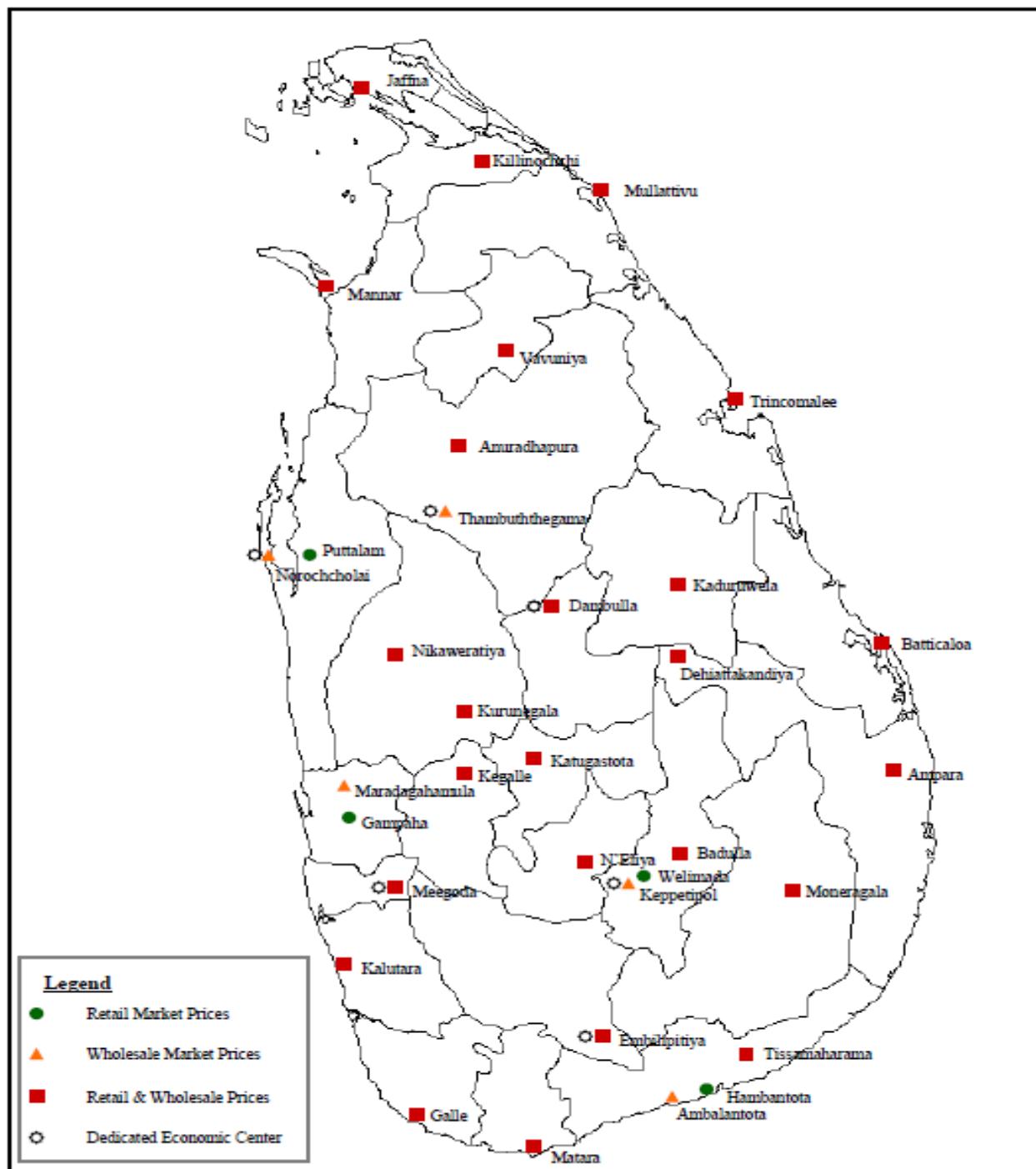
Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppli / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppara	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
Fruits											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avocado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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