

RETAIL MARKET AT A GLANCE**Summary****Rice**

Retail prices of all the types of local rice varieties have decreased by Rs.1.00-7.00/kg. The highest price decrease was reported for samba grade I by Rs.7.00/kg. Wholesale prices of grade I and II samba and grade I nadu have decreased by 1%-3% due to increased supply and prices of all other local rice varieties have not changed significantly. The average farm gate prices of major paddy varieties have decreased slightly in almost all major producing areas.

(Page No.01)

Other Field Crops

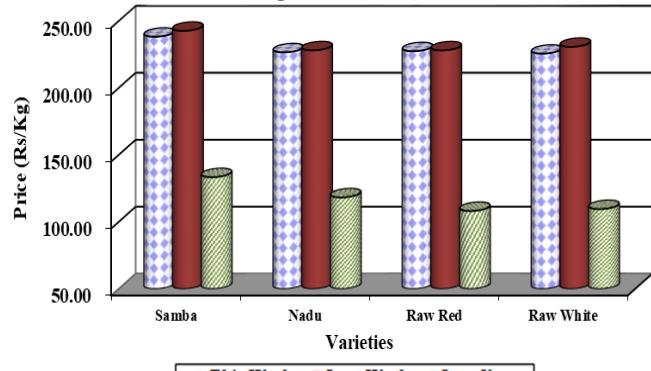
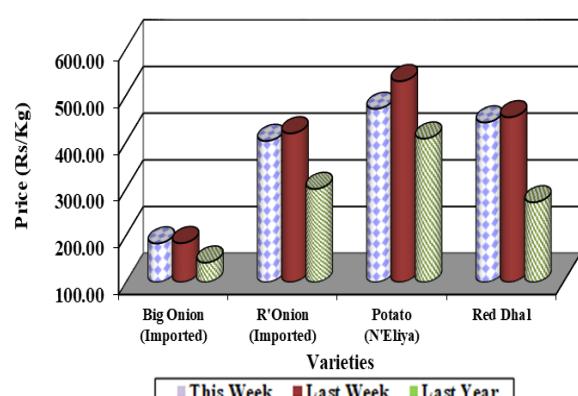
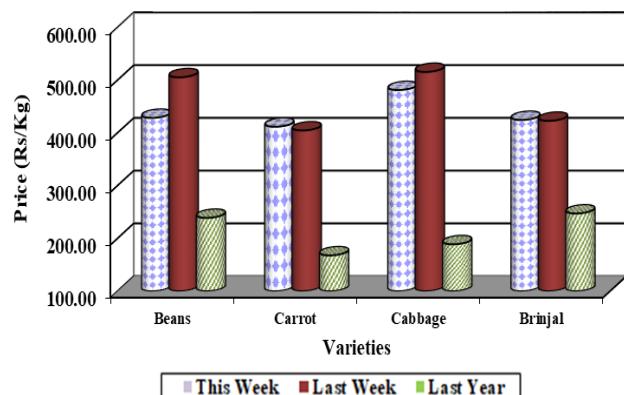
Retail price of imported dried chilies has decreased by Rs.14.00/kg and the price ranged between Rs.1650.00-2000.00/kg. Price of sinnan, vedalan and imported red onions have decreased by Rs.12.00/kg, Rs.59.00/kg and Rs.16.00/kg respectively. Price of local and imported big onions have decreased by Rs.9.00/kg and Rs.1.00/kg respectively. Price of Welimada, Nuwara Eliya and imported potatoes has decreased by Rs.40.00/kg, Rs.59.00/kg and Rs.38.00/kg respectively.

(Page No.02-03)

Vegetables

Prices of most of the upcountry vegetable varieties have increased due to decreased market supply in the end phase of *yala* vegetable harvesting season. However, the prices of beans and cabbage are decreased by 77% and 34% respectively. Most of low country vegetable varieties have decreased due to increased supply and the highest price decrease was reported for drumstick as Rs.62.00/kg.

(Page No.04-05)

Average Retail Prices of Rice**Average Retail Prices of Other Field Crops****Average Retail Prices of Vegetables**

Rice **Wholesale**

Wholesale prices of grade I and II samba and grade I nadu have decreased by 1%-3% due to increased supply and their price ranges were Rs.215.00-230.00/kg, Rs.210.00-220.00/kg, and Rs.210.00-215.00/kg respectively. Prices of all other local rice varieties have not changed significantly. Price ranges of grade II nadu and keeri samba were Rs.200.00-210.00/kg and Rs.240.00-250.00/kg respectively. Average prices of raw red and raw white were Rs.209.00/kg and Rs.206.00/kg respectively.

Prices of imported raw white, nadu and ponni samba have decreased by 6%, 4% and 1% respectively due to increased supply and their average prices were Rs.160.00/kg, Rs.174.00/kg and Rs.184.00/kg respectively.

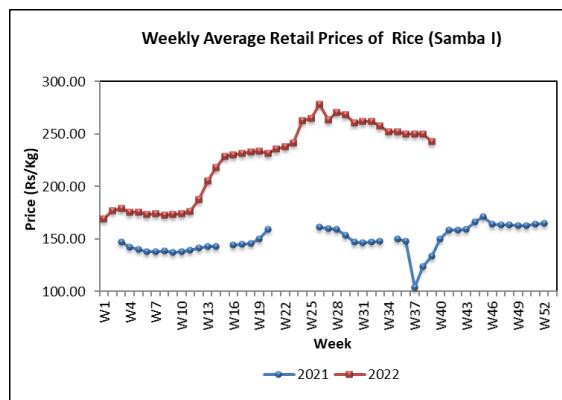
Compared to the same period of last year, prices of all types of local rice varieties except grade I samba and keeri samba have increased in the range of 75%-123%.

Retail

Prices of all types of local rice varieties have decreased by Rs.1.00-7.00/kg. The highest price decrease was reported for samba grade I by Rs.7.00/kg, the price ranged Rs.230.00-260.00/kg, followed by

raw white by Rs.5.00/kg, and the average price was Rs.226.00/kg.

Price of imported samba, nadu, raw white has decreased by Rs.2.00-6.00/kg and the price ranges were Rs.190.00-220.00/kg, Rs.195.00-220.00/kg and Rs.180.00-210.00/kg respectively.



Compared to the same period of last year, samba grade I, nadu grade II, raw red and raw white have increased by 82%, 95%, 110% and 106% respectively.

Paddy

The average farm gate prices of major paddy varieties have decreased slightly in almost all major producing areas. Accordingly, the average price of short grain paddy (samba) has decreased by Rs.1.00-5.00/kg and the prices ranged Rs.102.00-120.00/kg. Further, average price of keeri samba paddy also decreased by Rs.1.00-2.00/kg in Polonnaruwa and Kurunegala areas. Its prices ranged between Rs.115.00-125.00/kg. Likewise, the average price of long grain white (nudu) paddy also decreased by Rs.1.00-

6.00/kg in Anuradhapura, Polonnaruwa and Kurunegala areas while price increase by Rs.7.00/kg and Rs.1.00/kg in Kalawewa and Dehiattakandiya was also reported respectively. Its prices ranged Rs.102.00-120.00/kg. However, the average price of long grain red (raw red) have increased by Rs.1.00-3.00/kg in major producing areas in the Southern province and its prices ranged Rs.120.00-130.00/kg.

Compared to the same period of last year, the average price of short grain, long grain white and red paddy varieties have increased by 74%-131% and the highest for long grain red was reported in Embilipitiya.

Dried Chilies

Wholesale

Price of imported dried chilies has decreased by 3% due to increased supply and the price ranged between Rs.1480.00-1550.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 198%.

Retail

Price of imported dried chilies has decreased by Rs.14.00/kg and the price ranged Rs.1650.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 210%.

Onion

Wholesale

Wholesale prices of vedalan red onions and imported red onions have decreased by 12% and 5% due to increased supply and their price ranges were Rs.380.00-460.00/kg and Rs.350.00-370.00/kg respectively. Price of Sinnan red onion has increased by 11% due to decreased supply and the average price was Rs.326.00/kg.

Wholesale prices of both local and imported big onions have decreased by 5% due to increased supply of both stocks and their price ranges were Rs.100.00-150.00/kg and Rs.90.00-150.00/kg respectively. (Price ranges were Rs.90.00-100.00/kg for Netherlands stocks and Rs.125.00-150.00/kg for Indian stocks.)

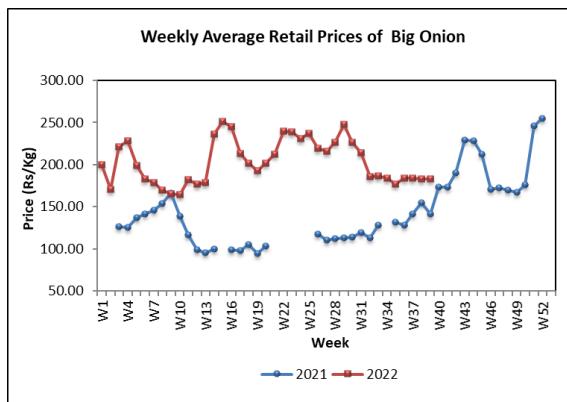
Compared to the same period of last year, prices of all types of red onions have increased in the range of 69%-89% while Prices of both imported and local big onions also have increased by 11% and 9% respectively.

Retail

Price of sinnan, vedalan and imported red onions have decreased by Rs.12.00/kg, Rs.59.00/kg and Rs.16.00/kg respectively

and prices ranged Rs.300.00-Rs.400.00/kg, Rs.460.00-580.00/kg and Rs.380.00-420.00/kg respectively.

Price of local and imported big onions have decreased by Rs.9.00/kg and Rs.1.00/kg respectively. The prices ranged Rs.150.00-200.00/kg and Rs.160.00-200.00/kg and respectively.



Compared to the same period of last year, sinnan, vedalan, imported red onions, imported and local big onions have increased by 33%, 66%, 34%, 29% and 36% respectively.

Potato

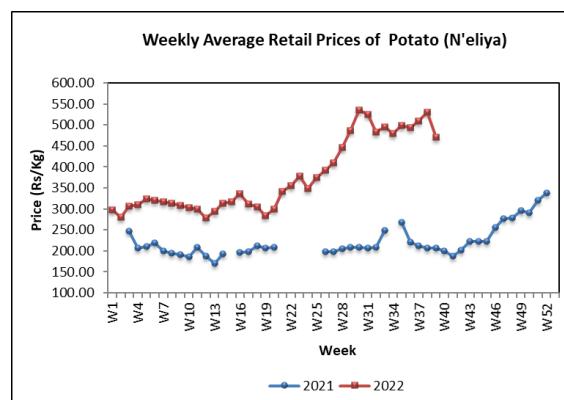
Wholesale

Price of imported potato has decreased by 24% due to increased supply of Bangladesh stocks and the price ranged Rs.180.00-300.00/kg. Prices of Welimada and Nuwara Eliya potatoes have decreased by 4% and 2% respectively due to increased supply and their price ranges were Rs.280.00-340.00/kg and Rs.320.00-370.00/kg respectively.

Compared to the same period of last year, prices of Welimada and Nuwara Eliya potatoes have increased by 160% and 140% respectively and price of imported potato also increased by 79%

Retail

Price of Welimada, Nuwara Eliya and imported potatoes have decreased by Rs.40.00/kg, Rs.59.00/kg and Rs.38.00/kg respectively. Price ranged between Rs.320.00-400.00/kg, Rs.420.00-500.00/kg and Rs.250.00-330.00/kg respectively.



Compared to the same period of last year, Welimada, Nuwara Eliya and imported potatoes have increased by 110%, 127% and 94% respectively.

Pulses

Wholesale

All types of pulses except red dhal have increased slightly due to decreased local supply and average prices of green gram, white cowpea and red cowpea were

Rs.1039.00/kg, Rs.856.00/kg and Rs.877.00/kg respectively. Price of red dhal has decreased further by 1% due to increased supply and the price ranged Rs.390.00-410.00/kg.

Compared to the same period of last year, prices of all types of pulses have increased in the range of 61% to 163% and the highest price increase was reported for red cowpea.

Retail

Price of green gram, white cowpea and red cowpea have increased by Rs.5.00/kg, Rs.5.00/kg and Rs.17.00/kg respectively. Prices ranged between Rs.1080.00-1200.00/kg, Rs.900.00-1100.00/kg and Rs.850.00-1000.00/kg respectively.

Price of red dhal has decreased by Rs.11.00/kg and the price ranged between Rs.420.00-460.00/kg.

Compared to the same period of last year, green gram, white cowpea, red cowpea and red dhal have increased by 43%, 43%, 42% and 63% respectively.

Vegetable

Wholesale

Prices of most of the upcountry vegetable varieties have increased due to decreased market supply in the end phase of yala vegetable harvesting season. However,

price of most of low country vegetable varieties have decreased due to increased supply.

Considering upcountry vegetables, the highest price increase was reported for leeks by 33% due to sufficient stocks not being received from any producing areas. Prices of beetroot, knolkhol and raddish have increased by 19%, 4% and 3% respectively due to decreased market supply. Further, price of carrot has increased by 13% due to decreased supply from Welimada and Nuwara Eliya areas. However, price of cabbage has increased by 5% due to increased supply from Thalawakele and Welimada areas.

Meanwhile, price of tomato has decreased by 4% due to increase supply from Balangoda and Sooriyawewa area. Further, price of capsicum has decreased by 5% due to increased supply from Thalawakele area.

Considering low country vegetables prices of most of the vegetable varieties have decreased due to increased market supply from Embilipitiya, Sooriyawewa, Rajanganaya, Thambuththegama, Dambulla and Balangoda areas. Prices of all low country vegetables except brinjal have decreased in the range of 1%-10%. However, price of brinjal has increased by

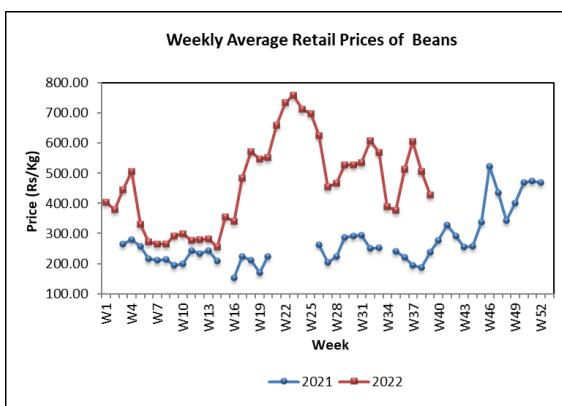
7% due to sufficient market supply not received from any producing area.

Meanwhile, price of green chilies has increased by 18% due to decrease market supply from Puttalam area. Further, price of lime has increased by 18% by Monaragala.

Compared to the same period of last year, wholesale price of most of the vegetable varieties have increased with the highest price increase of 529% reported for beet root.

Retail

In line with the wholesale prices, prices of most of the up country varieties have increased and most of the low country varieties have decreased.

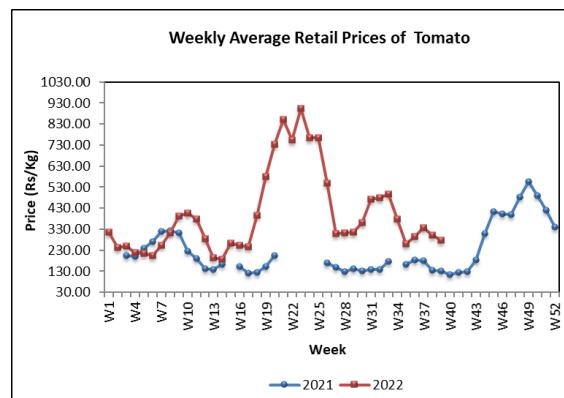


Considering up country varieties, the highest price increase was reported for knolkhol as Rs.39.00/kg, followed by Rs.33.00/kg for beet root. However, price of beans has decreased by Rs.77.00/kg

followed by Rs.34.00/kg for cabbage due to decreased wholesale price.

Prices of tomato and capsicum have decreased by Rs.25.00/kg and Rs.15.00/kg respectively.

Considering low country varieties, the highest price decrease was reported for drumstick as Rs.62.00/kg followed by Rs.41.00/kg for long beans. Prices of bitter gourd, luffa and snake gourd has decreased by Rs.24.00-37.00/kg.



Prices of green chilies and lime have increased by Rs.15.00/kg and Rs.83.00/kg respectively.

Compared to the same period of last year, prices of all the varieties have increased and the highest was reported for capsicum as 271%.

Coconut

Wholesales

Prices of both large and small nuts have decreased by 1%. Their prices ranged

between Rs.82.00-85.00/nut for large nut and Rs.72.00-76.00 for small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 16% and 17% respectively.

Retail

Prices of large and small nuts have decreased by Rs.6.00/nut and Rs.5.00/nut respectively. Price ranges were Rs.90.00-110.00/nut for a large nut and Rs.75.00-85.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 6% and 3% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have decreased owing to low demand. The highest price decrease was reported for vilad mango by 16% due to low demand. The price of imported grapes has decreased by 11% due to low demand and availability of stocks from China. The price of all banana varieties have decreased in the range of 1%-10% due to low demand and availability of low quality stocks. The price of passion fruit has decreased by 10% and orange by 6% due to availability of sufficient stocks. Further, price of

karthakolomban has decreased by 9% due to low demand. In addition, the price of king coconut (5%) and avocado (1%) have slightly decreased as sufficient stocks received.

However, price of all the sizes of pineapple have increased in the range of 11%-25% due unavailability of stocks price of papaw (7%) and slime apple (16%) have increased as limited supply. In addition, the price of wood apple has increased in 4% due to availability of good quality stocks.

Compared to the same period of last year, wholesale prices of all varieties except slime apple have increased with the highest price increase of 241% being noted for passion fruit.

Retail

Retail prices of most fruits have decreased in line with the decreased wholesale prices. The highest price decrease of Rs.567.00/kg was reported for imported grapes due to increased supply. Prices of banana varieties ambul, kolikuttu and seeni have decreased in the range of Rs.2.00-14.00/kg while prices of anamalu and ambun have decreased by Rs.1.00/fruit due to low demand. Prices of avocado and king coconut have decreased by Rs.10.00/fruit. Further, price of mango karthakolomban has decreased by

Rs.4.00/fruit due to low demand. Prices of wood apple orange and passion fruit have decreased by in the range of Rs.2.00-3.00/fruit.

Meanwhile, prices of all the sizes of pineapple have increased in the range of Rs.109.00-149.00/fruit due to insufficient stocks. Price of papaw has increased by Rs.20.00/kg due to limited supply. Price of slime apple has increased by Rs.3.00/fruit.

Compared to the same period of last year, prices of most of the fruits have increased and the highest price increase of 203% was reported for pineapple small.

Fresh Fish

Wholesale

Prices of most of the fresh fish types have decreased due to high supply. The highest price decrease of 26% was noted for hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged Rs.500.00-750.00/kg. A price decrease of 23% was noted for kelawalla due high supply from Beruwala and Matara areas and the price ranged Rs.950.00-1340.00/kg. A price decrease of 18% was noted for salaya due to high supply form Trincomalee, Mannar and kalpitiya areas and the price ranged between Rs.340.00-560.00/kg. Likewise, a price decrease of 11% was noted for balaya and shrimps

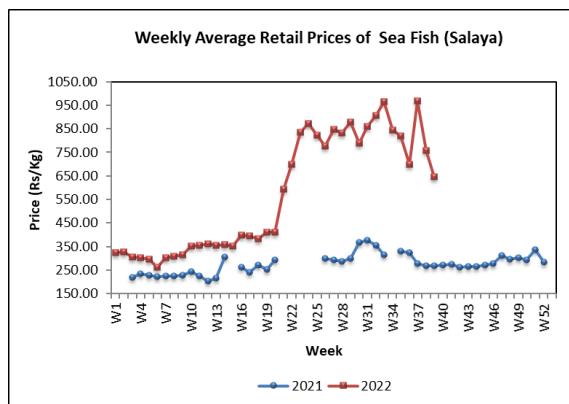
due to high supply from Galle and Jaffna areas and their prices ranged between Rs.520.00-650.00/kg and Rs.1300.00-1740.00/kg respectively. In addition, a price decrease of 10% was noted for paraw due to high supply from Northern areas.

However, a price increase of 4% was noted for thalapath due to low supply form Negombo, Kalmunai and Walachchenai areas and the price ranged between Rs.1800.00-2400.00/kg.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 44%-202% and the highest price increase was noted for salaya.

Retail

Retail prices of all types of fresh fish have further decreased in line with decreased wholesale prices and the highest price decrease was reported for thora by Rs.476.00/kg. Prices of paraw and kelawalla have decreased by Rs.365.00/kg and Rs.277.00/kg respectively. Prices of salaya, hurulla, balaya, shrimps and thalapath have also decreased by 113%-172%.



Compared to the same period of last year, prices of all types of fresh fish have decreased in the range of 43%-140%.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The highest price decrease of 12% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged between rs.850.00-1000.00/kg. A price decrease of 11% was noted for local sprats due to high supply from Trincomalee and Negombo areas and the price ranged between Rs.1950.00-2320.00/kg. Likewise, a price decrease of 3% was noted for imported sprats and local mora and their prices ranged between Rs.1400.00-1640.00/kg and Rs.2200.00-2380.00/kg respectively.

However, a price increase of 4% was noted for imported anguluwa due to low

supply from Oman and Indonesia and the price ranged Rs.1800.00-2000.00/kg.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 75%-199% and the highest price increase was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except anguluwa have also further decreased by Rs.44.00-179.00/kg. The highest price decrease was reported for kattawa by Rs.179.00/kg followed by Rs.170.00/kg for balaya.

However, price of anguluwa has increased by Rs.181.00/kg due to limited supply.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 77%-143%.

Eggs

Wholesale

Prices of both brown and white eggs have not changed significantly and their prices ranged between Rs.49.00-50.00 and Rs.46.50-48.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have

increased by 187% and 215% respectively.

Retail

Prices of both brown and white eggs have decreased by Rs.1.00/egg due to low demand. Price range of a brown egg was between Rs.49.50-52.00 and Rs.47.00-50.00 for a white egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 170% and 197% respectively.

Meat

Retail

Prices of all types of meat except skin less broiler chicken have increased due to low production with increased cost of production. The highest price increase of Rs.40.00/kg was reported for beef. Prices of pork and mutton have also increased by Rs.33.00/kg and Rs.21.00/kg respectively. Further, price of skin less curry chicken has increased by RS.16.00/kg. Meanwhile, price of skin less broiler chicken has decreased by Rs.39.00/kg due to low demand.

Compared to the same period of last year, prices of all types of meat have increased in the range of 42%-133% and the highest price increase was reported for skin less curry chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 39: 23 - 29 September 2022

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 39: 23 - 29 September 2022

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 39: 23 - 29 September 2022

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 39: 23 - 29 September 2022

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 39: 23 - 29 September 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 330.00	300.00 - 330.00	220.00 - 270.00	220.00 - 300.00	180.00 - 220.00
Meegoda (DEC)	-	280.00 - 300.00	320.00 - 360.00	240.00 - 260.00	230.00 - 260.00	220.00 - 280.00
Dambulla (DEC)	-	200.00 - 230.00	280.00 - 320.00	200.00 - 220.00	220.00 - 250.00	220.00 - 240.00
Keppetipola (DEC)	-	200.00 - 220.00	260.00 - 270.00	210.00 - 220.00	180.00 - 190.00	180.00 - 190.00
Norochchhole (DEC)	-	-	-	-	210.00 - 230.00	-
Nuwara Eliya	-	210.00 - 220.00	300.00 - 320.00	200.00 - 210.00	190.00 - 200.00	190.00 - 200.00
Kandy	-	230.00 - 250.00	250.00 - 270.00	200.00 - 220.00	200.00 - 240.00	200.00 - 220.00
Hambantota	-	300.00 - 350.00	300.00 - 350.00	250.00 - 300.00	200.00 - 260.00	200.00 - 250.00
Thambuththegama (DEC)	-	280.00 - 310.00	310.00 - 340.00	220.00 - 240.00	245.00 - 270.00	180.00 - 210.00
Jaffna		350.00 - 390.00	320.00 - 360.00	230.00 - 260.00	200.00 - 240.00	-
Bandarawela		200.00 - 230.00	260.00 - 280.00	200.00 - 220.00	160.00 - 180.00	170.00 - 180.00
Veyangoda	-	250.00 - 270.00	300.00 - 330.00	230.00 - 250.00	220.00 - 240.00	220.00 - 260.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 140.00	300.00 - 330.00	120.00 - 200.00	120.00 - 130.00	320.00 - 350.00	600.00 - 650.00
Meegoda (DEC)	110.00 - 130.00	320.00 - 360.00	190.00 - 200.00	130.00 - 140.00	320.00 - 360.00	620.00 - 700.00
Moneragala	130.00 - 150.00	350.00 - 380.00	170.00 - 200.00	180.00 - 200.00	270.00 - 300.00	650.00 - 750.00
Dambulla (DEC)	100.00 - 120.00	260.00 - 300.00	150.00 - 170.00	80.00 - 90.00	300.00 - 350.00	550.00 - 600.00
Keppetipola (DEC)	100.00 - 120.00	280.00 - 300.00	140.00 - 160.00	100.00 - 120.00	240.00 - 250.00	600.00 - 650.00
Norochchhole (DEC)	100.00 - 120.00	340.00 - 360.00	-	100.00 - 130.00	270.00 - 320.00	550.00 - 650.00
Nuwara Eliya	110.00 - 120.00	310.00 - 320.00	140.00 - 160.00	130.00 - 140.00	250.00 - 260.00	620.00 - 630.00
Kandy	90.00 - 100.00	270.00 - 320.00	150.00 - 160.00	100.00 - 120.00	200.00 - 250.00	630.00 - 650.00
Hambantota	100.00 - 150.00	350.00 - 380.00	120.00 - 150.00	80.00 - 120.00	250.00 - 320.00	500.00 - 600.00
Thambuththegama (DEC)	100.00 - 140.00	340.00 - 360.00	150.00 - 180.00	80.00 - 110.00	250.00 - 330.00	480.00 - 550.00
Tissamaharama	150.00 - 170.00	380.00 - 400.00	140.00 - 160.00	120.00 - 140.00	300.00 - 320.00	600.00 - 640.00
Jaffna	130.00 - 160.00	350.00 - 380.00	180.00 - 210.00	180.00 - 200.00	250.00 - 280.00	550.00 - 620.00
Bandarawela	70.00 - 90.00	250.00 - 270.00	140.00 - 150.00	-	220.00 - 250.00	600.00 - 650.00
Veyangoda	120.00 - 140.00	330.00 - 350.00	180.00 - 200.00	120.00 - 150.00	300.00 - 340.00	600.00 - 650.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 150.00	120.00 - 130.00	300.00 - 340.00	250.00 - 270.00	270.00 - 400.00	230.00 - 240.00
Meegoda (DEC)	170.00 - 180.00	110.00 - 130.00	380.00 - 410.00	260.00 - 300.00	300.00 - 330.00	200.00 - 220.00
Moneragala	160.00 - 200.00	170.00 - 180.00	400.00 - 450.00	280.00 - 350.00	350.00 - 400.00	240.00 - 250.00
Dambulla (DEC)	140.00 - 170.00	120.00 - 130.00	340.00 - 360.00	200.00 - 230.00	250.00 - 270.00	200.00 - 220.00
Keppetipola (DEC)	130.00 - 150.00	140.00 - 150.00	340.00 - 350.00	240.00 - 250.00	300.00 - 320.00	220.00 - 230.00
Norochchhole (DEC)	140.00 - 170.00	135.00 - 150.00	320.00 - 370.00	180.00 - 220.00	300.00 - 350.00	160.00 - 180.00
Nuwara Eliya	150.00 - 160.00	120.00 - 130.00	350.00 - 360.00	250.00 - 260.00	300.00 - 320.00	220.00 - 230.00
Kandy	160.00 - 170.00	120.00 - 130.00	330.00 - 350.00	250.00 - 260.00	250.00 - 300.00	210.00 - 220.00
Hambantota	150.00 - 180.00	80.00 - 130.00	350.00 - 420.00	200.00 - 260.00	-	200.00 - 250.00
Thambuththegama (DEC)	100.00 - 150.00	100.00 - 120.00	260.00 - 300.00	200.00 - 220.00	200.00 - 250.00	200.00 - 240.00
Tissamaharama	140.00 - 160.00	130.00 - 140.00	360.00 - 380.00	240.00 - 260.00	-	200.00 - 230.00
Jaffna	120.00 - 160.00	120.00 - 140.00	530.00 - 600.00	180.00 - 225.00	320.00 - 450.00	-
Bandarawela	140.00 - 150.00	110.00 - 130.00	-	-	-	-
Veyangoda	170.00 - 190.00	120.00 - 140.00	350.00 - 380.00	240.00 - 270.00	280.00 - 300.00	200.00 - 240.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	220.00 - 250.00	140.00 - 160.00	240.00 - 300.00	250.00 - 300.00	110.00 - 130.00	80.00 - 100.00
Meegoda (DEC)	200.00 - 230.00	150.00 - 180.00	260.00 - 280.00	320.00 - 370.00	100.00 - 120.00	120.00 - 120.00
Moneragala	180.00 - 250.00	80.00 - 90.00	350.00 - 380.00	340.00 - 360.00	130.00 - 160.00	-
Dambulla (DEC)	200.00 - 230.00	140.00 - 170.00	250.00 - 280.00	280.00 - 300.00	90.00 - 110.00	80.00 - 90.00
Keppetipola (DEC)	200.00 - 220.00	150.00 - 160.00	300.00 - 320.00	320.00 - 340.00	120.00 - 130.00	90.00 - 100.00
Norochchhole (DEC)	170.00 - 200.00	150.00 - 180.00	210.00 - 230.00	220.00 - 270.00	150.00 - 170.00	130.00 - 150.00
Nuwara Eliya	200.00 - 220.00	160.00 - 170.00	340.00 - 350.00	330.00 - 350.00	120.00 - 140.00	100.00 - 110.00
Kandy	190.00 - 200.00	150.00 - 160.00	250.00 - 300.00	330.00 - 350.00	110.00 - 130.00	70.00 - 80.00
Hambantota	100.00 - 150.00	90.00 - 120.00	250.00 - 300.00	300.00 - 350.00	160.00 - 200.00	70.00 - 100.00
Thambuththegama (DEC)	200.00 - 230.00	100.00 - 130.00	250.00 - 350.00	260.00 - 300.00	100.00 - 120.00	90.00 - 120.00
Tissamaharama	160.00 - 180.00	90.00 - 110.00	260.00 - 300.00	290.00 - 320.00	150.00 - 180.00	75.00 - 90.00
Jaffna	180.00 - 250.00	120.00 - 160.00	200.00 - 280.00	250.00 - 350.00	-	-
Bandarawela	-	-	260.00 - 300.00	-	110.00 - 120.00	80.00 - 90.00
Veyangoda	200.00 - 220.00	150.00 - 170.00	250.00 - 280.00	320.00 - 360.00	110.00 - 120.00	110.00 - 140.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	45.00 - 55.00	45.00 - 55.00	200.00 - 220.00	82.00 - 85.00	72.00 - 76.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	88.00 - 90.00	83.00 - 85.00
Norochchhole (DEC)	50.00 - 60.00	40.00 - 60.00	30.00 - 30.00	77.00 - 85.00	65.00 - 72.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	63.00 - 65.00	57.00 - 58.00
Kandy	40.00 - 45.00	45.00 - 50.00	160.00 - 170.00	78.00 - 80.00	63.00 - 65.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	65.00 - 70.00	55.00 - 60.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	50.00 - 55.00
Jaffna	80.00 - 85.00	30.00 - 35.00	100.00 - 120.00	65.00 - 80.00	50.00 - 58.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 45.00	40.00 - 45.00	45.00 - 48.00	75.00 - 80.00	-

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 39: 23 - 29 September 2022

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans			
Colombo	160.00 - 320.00	350.00 - 480.00	680.00 - 1000.00	200.00 - 280.00	140.00 - 240.00	350.00 - 560.00	300.00 - 480.00	400.00 - 700.00	280.00 - 400.00	280.00 - 480.00			
Gampaha	200.00 - 320.00	320.00 - 400.00	800.00 - 800.00	200.00 - 280.00	160.00 - 240.00	480.00 - 480.00	400.00 - 400.00	480.00 - 600.00	280.00 - 400.00	280.00 - 400.00			
Kurunegala	220.00 - 240.00	400.00 - 420.00	800.00 - 900.00	220.00 - 240.00	240.00 - 240.00	460.00 - 480.00	320.00 - 340.00	440.00 - 460.00	300.00 - 340.00	300.00 - 340.00			
Nikaweratiya	240.00 - 280.00	320.00 - 360.00	700.00 - 800.00	200.00 - 240.00	200.00 - 240.00	400.00 - 440.00	320.00 - 360.00	400.00 - 400.00	280.00 - 320.00	280.00 - 320.00			
Dambulla	180.00 - 200.00	400.00 - 440.00	780.00 - 800.00	220.00 - 240.00	200.00 - 240.00	460.00 - 480.00	340.00 - 380.00	340.00 - 360.00	300.00 - 320.00	300.00 - 320.00			
Anuradhapura	200.00 - 250.00	340.00 - 400.00	650.00 - 800.00	240.00 - 280.00	160.00 - 240.00	480.00 - 540.00	320.00 - 360.00	360.00 - 400.00	320.00 - 400.00	300.00 - 320.00			
Thambuththegama	180.00 - 220.00	380.00 - 440.00	650.00 - 720.00	180.00 - 240.00	160.00 - 200.00	380.00 - 440.00	250.00 - 280.00	280.00 - 340.00	280.00 - 320.00	250.00 - 300.00			
Polonnaruwa	160.00 - 180.00	360.00 - 380.00	790.00 - 820.00	240.00 - 260.00	200.00 - 210.00	460.00 - 480.00	300.00 - 320.00	380.00 - 400.00	300.00 - 320.00	320.00 - 350.00			
Kaluthara	200.00 - 240.00	380.00 - 400.00	880.00 - 900.00	220.00 - 240.00	180.00 - 200.00	440.00 - 460.00	320.00 - 340.00	480.00 - 500.00	340.00 - 360.00	320.00 - 340.00			
Badulla	160.00 - 200.00	360.00 - 400.00	800.00 - 900.00	240.00 - 240.00	200.00 - 220.00	480.00 - 520.00	360.00 - 400.00	400.00 - 400.00	320.00 - 320.00	280.00 - 320.00			
Keppetipola	180.00 - 190.00	300.00 - 320.00	740.00 - 780.00	220.00 - 230.00	220.00 - 230.00	400.00 - 420.00	300.00 - 320.00	350.00 - 380.00	260.00 - 280.00	260.00 - 280.00			
Moneragala	260.00 - 280.00	380.00 - 400.00	750.00 - 800.00	240.00 - 260.00	240.00 - 280.00	480.00 - 520.00	320.00 - 400.00	400.00 - 480.00	300.00 - 320.00	280.00 - 320.00			
Kegalle	220.00 - 240.00	460.00 - 480.00	780.00 - 800.00	260.00 - 280.00	220.00 - 260.00	460.00 - 480.00	340.00 - 360.00	460.00 - 480.00	340.00 - 360.00	340.00 - 360.00			
Ampara	200.00 - 240.00	360.00 - 440.00	800.00 - 880.00	220.00 - 240.00	220.00 - 240.00	480.00 - 480.00	320.00 - 360.00	400.00 - 440.00	280.00 - 340.00	280.00 - 320.00			
Dehiattakandiya	160.00 - 200.00	360.00 - 400.00	720.00 - 800.00	240.00 - 280.00	200.00 - 240.00	480.00 - 560.00	320.00 - 380.00	400.00 - 400.00	320.00 - 400.00	320.00 - 400.00			
Nuwaraeliya	220.00 - 230.00	320.00 - 340.00	750.00 - 780.00	220.00 - 230.00	200.00 - 220.00	420.00 - 440.00	320.00 - 330.00	360.00 - 380.00	260.00 - 280.00	260.00 - 280.00			
Kandy	180.00 - 200.00	360.00 - 400.00	850.00 - 900.00	200.00 - 240.00	200.00 - 240.00	480.00 - 500.00	340.00 - 360.00	360.00 - 400.00	280.00 - 300.00	280.00 - 300.00			
Puttalam	220.00 - 250.00	400.00 - 480.00	760.00 - 900.00	240.00 - 280.00	240.00 - 280.00	440.00 - 520.00	300.00 - 360.00	320.00 - 400.00	320.00 - 400.00	240.00 - 260.00			
Rathnapura	200.00 - 240.00	320.00 - 340.00	750.00 - 800.00	220.00 - 240.00	180.00 - 210.00	550.00 - 600.00	300.00 - 340.00	380.00 - 420.00	300.00 - 340.00	300.00 - 320.00			
Hambantota	140.00 - 170.00	320.00 - 420.00	650.00 - 780.00	200.00 - 240.00	160.00 - 220.00	440.00 - 520.00	280.00 - 320.00	-	280.00 - 320.00	200.00 - 240.00			
Matara	200.00 - 240.00	320.00 - 400.00	750.00 - 800.00	200.00 - 220.00	140.00 - 200.00	460.00 - 500.00	300.00 - 350.00	-	300.00 - 320.00	240.00 - 320.00			
Galle	240.00 - 280.00	400.00 - 440.00	800.00 - 840.00	240.00 - 260.00	240.00 - 260.00	480.00 - 540.00	360.00 - 400.00	400.00 - 480.00	340.00 - 400.00	280.00 - 280.00			
Tissamaharama	150.00 - 180.00	320.00 - 350.00	660.00 - 680.00	180.00 - 200.00	160.00 - 180.00	400.00 - 440.00	280.00 - 320.00	-	260.00 - 300.00	180.00 - 200.00			
Meegoda (DEC)	240.00 - 280.00	440.00 - 480.00	800.00 - 900.00	240.00 - 240.00	200.00 - 240.00	480.00 - 500.00	400.00 - 440.00	500.00 - 600.00	320.00 - 400.00	320.00 - 360.00			
Embilipitiya	200.00 - 240.00	300.00 - 320.00	650.00 - 800.00	240.00 - 300.00	180.00 - 240.00	480.00 - 600.00	300.00 - 360.00	480.00 - 500.00	320.00 - 360.00	280.00 - 320.00			
Jaffna	200.00 - 220.00	280.00 - 300.00	600.00 - 700.00	150.00 - 180.00	140.00 - 160.00	600.00 - 700.00	220.00 - 240.00	360.00 - 600.00	360.00 - 600.00	-			
Vavuniya	150.00 - 200.00	280.00 - 300.00	650.00 - 800.00	200.00 - 280.00	200.00 - 240.00	650.00 - 800.00	280.00 - 320.00	450.00 - 600.00	280.00 - 320.00	400.00 - 450.00			
Mannar	220.00 - 240.00	400.00 - 420.00	800.00 - 800.00	180.00 - 200.00	-	580.00 - 600.00	320.00 - 340.00	400.00 - 400.00	-	280.00 - 300.00			
Killinochchi	170.00 - 200.00	350.00 - 380.00	780.00 - 820.00	180.00 - 220.00	-	800.00 - 840.00	200.00 - 240.00	600.00 - 640.00	-	220.00 - 250.00			
Mullaitivu	200.00 - 220.00	300.00 - 320.00	700.00 - 720.00	180.00 - 200.00	-	-	240.00 - 250.00	-	-	350.00 - 360.00			
Batticaloa	280.00 - 320.00	380.00 - 400.00	780.00 - 800.00	200.00 - 220.00	220.00 - 240.00	460.00 - 480.00	300.00 - 320.00	400.00 - 420.00	300.00 - 320.00	320.00 - 320.00			
Trincomalee	190.00 - 220.00	-	-	180.00 - 220.00	220.00 - 250.00	420.00 - 450.00	320.00 - 360.00	-	-	200.00 - 240.00			
Hanguranketha	150.00 - 180.00	320.00 - 350.00	750.00 - 800.00	180.00 - 200.00	170.00 - 200.00	400.00 - 420.00	260.00 - 280.00	380.00 - 440.00	260.00 - 280.00	220.00 - 230.00			
Veyangoda	200.00 - 240.00	400.00 - 440.00	720.00 - 800.00	200.00 - 240.00	180.00 - 200.00	450.00 - 480.00	340.00 - 360.00	400.00 - 480.00	320.00 - 360.00	320.00 - 340.00			
Galenbindunuwewa	140.00 - 160.00	280.00 - 320.00	650.00 - 700.00	230.00 - 240.00	160.00 - 200.00	440.00 - 480.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00	160.00 - 200.00			
Bandarawela	180.00 - 200.00	350.00 - 380.00	750.00 - 800.00	220.00 - 240.00	200.00 - 220.00	440.00 - 480.00	300.00 - 320.00	400.00 - 440.00	300.00 - 320.00	280.00 - 300.00			
Matale	-	-	-	-	-	-	-	-	-	-			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										Leafy Vegetable					Coconut (Rs/Nut)			
	Ash Plantain	Green Chillies	Lime	Sweet Potato		Manioc		Mukunuwenna		Kankun		Gotukola		Large		Small			
Colombo	200.00 - 280.00	300.00 - 600.00	320.00 - 700.00	160.00 - 280.00	150.00 - 200.00	60.00 - 100.00	60.00 - 100.00	70.00 - 90.00	90.00 - 110.00	75.00 - 85.00									
Gampaha	200.00 - 280.00	400.00 - 600.00	500.00 - 800.00	200.00 - 240.00	200.00 - 200.00	70.00 - 70.00	70.00 - 70.00	25.00 - 25.00	90.00 - 100.00	75.00 - 75.00									
Kurunegala	200.00 - 240.00	500.00 - 600.00	400.00 - 460.00	200.00 - 240.00	140.00 - 160.00	50.00 - 50.00	50.00 - 50.00	30.00 - 30.00	80.00 - 85.00	65.00 - 70.00									
Nikaweratiya	200.00 - 240.00	360.00 - 400.00	300.00 - 400.00	200.00 - 240.00	120.00 - 140.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	80.00 - 80.00	65.00 - 65.00									
Dambulla	220.00 - 240.00	400.00 - 500.00	500.00 - 600.00	200.00 - 220.00	140.00 - 160.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	80.00 - 85.00	65.00 - 70.00									
Anuradhapura	240.00 - 280.00	400.00 - 600.00	400.00 - 600.00	180.00 - 240.00	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 85.00	55.00 - 65.00									
Thambuththegama	180.00 - 220.00	450.00 - 600.00	350.00 - 400.00	180.00 - 240.00	160.00 - 200.00	40.00 - 40.00	40.00 - 40.00	-	75.00 - 80.00	60.00 - 70.00									
Polonnaruwa	220.00 - 240.00	500.00 - 550.00	480.00 - 500.00	200.00 - 220.00	150.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 75.00	60.00 - 65.00									
Kaluthara	200.00 - 220.00	400.00 - 500.00	400.00 - 500.00	240.00 - 260.00	180.00 - 200.00	60.00 - 80.00	60.00 - 70.00	60.00 - 80.00	100.00 - 110.00	85.00 - 90.00									
Badulla	200.00 - 240.00	500.00 - 600.00	450.00 - 500.00	240.00 - 240.00	140.00 - 160.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	85.00 - 95.00	65.00 - 75.00									
Keppetipola	200.00 - 220.00	400.00 - 500.00	420.00 - 440.00	200.00 - 220.00	150.00 - 160.00	60.00 - 70.00	65.00 - 70.00	50.00 - 60.00	80.00 - 86.00	70.00 - 78.00									
Moneragala	120.00 - 140.00	500.00 - 600.00	400.00 - 450.00	200.00 - 240.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	70.00 - 80.00	55.00 - 60.00									
Kegalle	180.00 - 200.00	430.00 - 450.00	430.00 - 450.00	180.00 - 200.00	140.00 - 150.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	80.00 - 85.00	70.00 - 75.00									
Ampara	160.00 - 180.00	500.00 - 600.00	300.00 - 400.00	220.00 - 240.00	90.00 - 100.00	50.00 - 60.00	40.00 - 50.00	35.00 - 40.00	75.00 - 80.00	70.00 - 70.00									
Dehiattakandiya	200.00 - 240.00	400.00 - 400.00	400.00 - 500.00	160.00 - 200.00	100.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 80.00	55.00 - 65.00									
Nuwaraeliya	230.00 - 240.00	500.00 - 600.00	430.00 - 450.00	230.00 - 240.00	190.00 - 200.00	70.00 - 75.00	70.00 - 75.00	65.00 - 70.00	82.00 - 86.00	65.00 - 70.00									
Kandy	260.00 - 280.00	500.00 - 600.00	500.00 - 600.00	180.00 - 200.00	160.00 - 200.00	50.00 - 60.00	55.00 - 60.00	40.00 - 45.00	85.00 - 100.00	68.00 - 75.00									
Puttalam	150.00 - 200.00	400.00 - 440.00	320.00 - 400.00	280.00 - 300.00	180.00 - 220.00	70.00 - 70.00	60.00 - 70.00	40.00 - 50.00	85.00 - 90.00	70.00 - 75.00									
Rathnapura	180.00 - 200.00	550.00 - 600.00	600.00 - 650.00	200.00 - 220.00	100.00 - 120.00	80.00 - 90.00	80.00 - 85.00	90.00 - 100.00	85.00 - 90.00	75.00 - 80.00									
Hambanthota	120.00 - 160.00	320.00 - 400.00	350.00 - 440.00	200.00 - 240.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 90.00	60.00 - 70.00									
Matara	180.00 - 240.00	320.00 - 400.00	400.00 - 500.00	200.00 - 240.00	120.00 - 130.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	80.00 - 95.00	60.00 - 70.00									
Galle	150.00 - 200.00	400.00 - 480.00	500.00 - 600.00	240.00 - 260.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	85.00 - 90.00	75.00 - 80.00									
Tissamaharama	130.00 - 150.00	320.00 - 350.00	350.00 - 400.00	190.00 - 200.00	100.00 - 120.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	85.00 - 90.00	55.00 - 60.00									
Meegoda (DEC)	240.00 - 280.00	500.00 - 500.00	500.00 - 600.00	200.00 - 240.00	130.00 - 130.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	90.00 - 100.00	85.00 - 85.00									
Embilipitiya	140.00 - 160.00	380.00 - 480.00	350.00 - 400.00	170.00 - 200.00	90.00 - 100.00	50.00 - 60.00	40.00 - 50.00	60.00 - 80.00	70.00 - 85.00	50.00 - 60.00									
Jaffna	160.00 - 180.00	250.00 - 300.00	300.00 - 400.00	-	260.00 - 280.00	85.00 - 90.00	35.00 - 40.00	30.00 - 35.00	70.00 - 85.00	50.00 - 65.00									
Vavuniya	150.00 - 200.00	300.00 - 400.00	450.00 - 600.00	200.00 - 240.00	200.00 - 250.00	50.00 - 60.00	40.00 - 50.00	50.00 - 60.00	60.00 - 60.00	40.00 - 40.00									
Mannar	200.00 - 220.00	500.00 - 500.00	560.00 - 600.00	200.00 - 200.00	200.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	60.00 - 70.00	40.00 - 50.00									
Killinochchi	120.00 - 140.00	300.00 - 340.00	400.00 - 440.00	180.00 - 200.00	200.00 - 240.00	40.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	40.00 - 50.00									
Mullaittivu	150.00 - 180.00	320.00 - 350.00	400.00 - 440.00	180.00 - 200.00	180.00 - 200.00	50.00 - 50.00	-	40.00 - 50.00	65.00 - 70.00	50.00 - 55.00									
Batticaloa	220.00 - 240.00	400.00 - 420.00	430.00 - 450.00	-	180.00 - 200.00	60.00 - 70.00	50.00 - 50.00	50.00 - 50.00	75.00 - 75.00	50.00 - 50.00									
Trincomalee	240.00 - 260.00	340.00 - 350.00	420.00 - 440.00	160.00 - 180.00	220.00 - 250.00	50.00 - 55.00	45.00 - 50.00	45.00 - 50.00	75.00 - 85.00	50.00 - 60.00									
Hanguranketha	200.00 - 220.00	440.00 - 480.00	350.00 - 400.00	160.00 - 180.00	120.00 - 130.00	-	40.00 - 50.00	40.00 - 50.00	80.00 - 85.00	55.00 - 70.00									
Veyangoda	200.00 - 240.00	400.00 - 450.00	460.00 - 500.00	200.00 - 240.00	160.00 - 180.00	60.00 - 70.00	60.00 - 70.00	30.00 - 35.00	85.00 - 90.00	50.00 - 65.00									
Galenbindunuwewa	100.00 - 120.00	400.00 - 500.00	-	160.00 - 200.00	-	55.00 - 60.00	55.00 - 60.00	60.00 - 60.00	70.00 - 80.00	60.00 - 65.00									
Bandarawela	180.00 - 200.00	400.00 - 500.00	450.00 - 480.00	180.00 - 200.00	150.00 - 160.00	50.00 - 60.00	50.00 - 60.00	60.00 - 60.00	80.00 - 85.00	60.00 - 70.00									
Matale	-	-	-	-	-	-	-	-	-	-									

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 39: 23 - 29 September 2022

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 220.00	350.00 - 450.00	150.00 - 200.00	18.00 - 28.00	23.00 - 35.00	800.00 - 850.00	650.00 - 750.00	550.00 - 630.00	-	250.00 - 300.00
Gampaha	180.00 - 200.00	350.00 - 400.00	150.00 - 160.00	25.00 - 25.00	30.00 - 32.00	800.00 - 800.00	600.00 - 700.00	350.00 - 400.00	-	200.00 - 250.00
Kurunegala	120.00 - 160.00	400.00 - 450.00	100.00 - 120.00	18.00 - 20.00	35.00 - 38.00	800.00 - 800.00	500.00 - 660.00	250.00 - 300.00	100.00 - 100.00	180.00 - 220.00
Nikaweratiya	180.00 - 200.00	420.00 - 450.00	170.00 - 200.00	-	40.00 - 43.00	-	580.00 - 650.00	350.00 - 400.00	-	-
Dambulla	140.00 - 160.00	400.00 - 450.00	120.00 - 140.00	-	38.00 - 40.00	680.00 - 700.00	500.00 - 560.00	280.00 - 300.00	60.00 - 70.00	200.00 - 220.00
Anuradhapura	160.00 - 200.00	380.00 - 450.00	140.00 - 160.00	20.00 - 26.00	32.00 - 35.00	900.00 - 1050.00	750.00 - 850.00	580.00 - 650.00	-	160.00 - 240.00
Thambuththegama	180.00 - 220.00	450.00 - 480.00	150.00 - 200.00	28.00 - 30.00	42.00 - 50.00	1100.00 - 1200.00	950.00 - 1080.00	700.00 - 780.00	-	-
Polonnaruwa	150.00 - 160.00	330.00 - 350.00	100.00 - 120.00	-	22.00 - 25.00	700.00 - 700.00	500.00 - 600.00	350.00 - 400.00	-	180.00 - 200.00
Kaluthara	200.00 - 220.00	400.00 - 420.00	140.00 - 160.00	26.00 - 28.00	33.00 - 35.00	-	640.00 - 660.00	540.00 - 580.00	-	-
Badulla	140.00 - 160.00	360.00 - 380.00	120.00 - 130.00	16.00 - 18.00	27.00 - 28.00	-	600.00 - 650.00	350.00 - 400.00	-	160.00 - 180.00
Keppetipola	180.00 - 200.00	360.00 - 380.00	140.00 - 150.00	18.00 - 22.00	34.00 - 36.00	-	680.00 - 700.00	540.00 - 580.00	-	190.00 - 200.00
Moneragala	120.00 - 140.00	250.00 - 320.00	80.00 - 120.00	16.00 - 18.00	20.00 - 23.00	-	700.00 - 780.00	-	-	100.00 - 100.00
Kegalle	150.00 - 160.00	450.00 - 470.00	150.00 - 160.00	30.00 - 40.00	40.00 - 50.00	680.00 - 700.00	550.00 - 650.00	260.00 - 280.00	60.00 - 80.00	160.00 - 230.00
Ampara	130.00 - 170.00	320.00 - 350.00	90.00 - 120.00	17.00 - 18.00	26.00 - 28.00	700.00 - 750.00	600.00 - 650.00	450.00 - 450.00	-	140.00 - 150.00
Dehiattakandiya	160.00 - 190.00	280.00 - 300.00	120.00 - 160.00	-	50.00 - 56.00	760.00 - 800.00	600.00 - 670.00	380.00 - 440.00	-	-
Nuwaraeliya	160.00 - 170.00	370.00 - 390.00	130.00 - 140.00	18.00 - 22.00	35.00 - 40.00	-	660.00 - 700.00	520.00 - 550.00	-	190.00 - 200.00
Kandy	170.00 - 180.00	420.00 - 430.00	150.00 - 160.00	20.00 - 22.00	33.00 - 38.00	750.00 - 800.00	500.00 - 550.00	330.00 - 350.00	-	180.00 - 200.00
Puttalam	140.00 - 160.00	400.00 - 420.00	140.00 - 150.00	17.00 - 18.00	-	-	-	250.00 - 300.00	-	-
Rathnapura	200.00 - 220.00	400.00 - 450.00	180.00 - 200.00	-	-	850.00 - 850.00	550.00 - 650.00	320.00 - 400.00	-	150.00 - 250.00
Hambantota	160.00 - 180.00	350.00 - 360.00	140.00 - 150.00	20.00 - 22.00	24.00 - 28.00	800.00 - 900.00	700.00 - 740.00	640.00 - 680.00	-	140.00 - 150.00
Matara	150.00 - 180.00	350.00 - 380.00	130.00 - 150.00	21.00 - 22.00	27.00 - 31.00	950.00 - 975.00	760.00 - 850.00	650.00 - 680.00	-	150.00 - 170.00
Galle	200.00 - 200.00	450.00 - 450.00	180.00 - 200.00	20.00 - 25.00	25.00 - 31.00	1150.00 - 1225.00	975.00 - 1050.00	650.00 - 700.00	80.00 - 100.00	180.00 - 200.00
Tissamaharama	140.00 - 150.00	350.00 - 380.00	130.00 - 140.00	-	-	780.00 - 800.00	650.00 - 680.00	500.00 - 540.00	-	-
Meegoda (DEC)	150.00 - 170.00	380.00 - 400.00	150.00 - 160.00	-	30.00 - 32.00	1000.00 - 1000.00	-	-	-	120.00 - 120.00
Embilipitiya	120.00 - 140.00	320.00 - 380.00	110.00 - 130.00	20.00 - 30.00	25.00 - 35.00	-	500.00 - 600.00	350.00 - 450.00	80.00 - 100.00	-
Jaffna	200.00 - 220.00	250.00 - 280.00	120.00 - 130.00	-	-	-	580.00 - 680.00	350.00 - 500.00	-	180.00 - 300.00
Vavuniya	160.00 - 180.00	-	100.00 - 120.00	25.00 - 30.00	30.00 - 40.00	780.00 - 800.00	650.00 - 750.00	500.00 - 600.00	-	200.00 - 240.00
Mannar	140.00 - 150.00	300.00 - 320.00	100.00 - 120.00	17.00 - 18.00	-	-	-	550.00 - 600.00	-	-
Killinochchi	200.00 - 240.00	300.00 - 350.00	160.00 - 180.00	26.00 - 28.00	26.00 - 28.00	820.00 - 860.00	660.00 - 700.00	580.00 - 620.00	-	-
Mullaithivu	180.00 - 200.00	280.00 - 300.00	160.00 - 200.00	-	25.00 - 28.00	-	-	-	-	100.00 - 100.00
Batticaloa	180.00 - 180.00	450.00 - 450.00	160.00 - 180.00	-	-	-	-	-	-	-
Trincomalee	180.00 - 200.00	380.00 - 420.00	150.00 - 180.00	27.00 - 29.00	27.00 - 29.00	-	650.00 - 700.00	320.00 - 340.00	65.00 - 65.00	160.00 - 200.00
Veyangoda	180.00 - 220.00	450.00 - 480.00	150.00 - 180.00	18.00 - 25.00	28.00 - 31.00	750.00 - 820.00	630.00 - 680.00	480.00 - 520.00	-	150.00 - 180.00
Galenbindunuwewa	160.00 - 180.00	340.00 - 350.00	160.00 - 180.00	25.00 - 30.00	30.00 - 35.00	900.00 - 1080.00	750.00 - 900.00	600.00 - 720.00	-	-
Bandarawela	160.00 - 180.00	350.00 - 380.00	120.00 - 140.00	18.00 - 20.00	28.00 - 30.00	-	580.00 - 620.00	350.00 - 400.00	-	160.00 - 180.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 08 (Contd.)

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 39: 23 - 29 September 2022

Locations	Sea Fish							
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw		
Colombo	340.00 – 560.00	500.00 – 750.00	520.00 – 650.00	950.00 – 1340.00	1950.00 – 2900.00	1200.00 – 1460.00		
Kandy	600.00 – 630.00	850.00 – 900.00	900.00 – 1000.00	1500.00 – 1600.00	2600.00 – 2700.00	1200.00 – 1250.00		
Kaluthara	480.00 – 520.00	650.00 – 750.00	550.00 – 650.00	1200.00 – 1300.00	–	1200.00 – 1300.00		
Puttalam	550.00 – 600.00	800.00 – 900.00	850.00 – 950.00	–	–	950.00 – 1200.00		
Matara	400.00 – 500.00	–	850.00 – 900.00	1500.00 – 1650.00	2250.00 – 2300.00	–		
Hambantota	300.00 – 400.00	–	600.00 – 700.00	1300.00 – 1400.00	–	–		
Galle	–	–	750.00 – 800.00	850.00 – 1000.00	–	–		
Batticaloa	400.00 – 400.00	700.00 – 800.00	1100.00 – 1100.00	–	1700.00 – 1800.00	–		
Trincomalee	250.00 – 350.00	600.00 – 680.00	600.00 – 680.00	1100.00 – 1250.00	1900.00 – 2050.00	1500.00 – 1580.00		
Mannar	380.00 – 400.00	–	850.00 – 900.00	–	–	1050.00 – 1100.00		

Locations	Sea Fish				Eggs		
	Mora	Shrimps	Thalapath	Teppeli	Brown	White	
Colombo	–	1300.00 – 1740.00	1800.00 – 2400.00	–	49.00 – 50.00	46.50 – 48.00	
Kandy	1100.00 – 1200.00	1500.00 – 1600.00	2300.00 – 2400.00	–	48.50 – 49.00	47.50 – 48.00	
Kaluthara	–	1600.00 – 1700.00	1800.00 – 2000.00	–	–	–	
Puttalam	1620.00 – 1700.00	1650.00 – 1720.00	1450.00 – 1550.00	–	–	–	
Matara	1500.00 – 1650.00	–	–	–	–	–	
Hambantota	–	2000.00 – 2000.00	–	–	–	48.00 – 48.00	
Galle	750.00 – 800.00	–	1500.00 – 1500.00	–	49.00 – 49.00	47.00 – 47.00	
Batticaloa	–	1500.00 – 1600.00	1800.00 – 1900.00	–	–	–	
Trincomalee	700.00 – 700.00	1000.00 – 1100.00	1800.00 – 1900.00	–	48.00 – 50.00	46.00 – 48.00	
Mannar	–	1150.00 – 1200.00	–	–	–	–	

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 39: 23 - 29 September 2022

Locations	Local Dried Fish							
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa		
Colombo	97500 – 116000	–	–	110000 – 119000	64000 – 72000	–		
Kandy	115000 – 120000	–	–	120000 – 122500	75000 – 80000	–		
Batticaloa	92500 – 95000	135000 – 140000	–	–	–	–		
Trincomalee	84000 – 85000	–	–	–	75000 – 75750	65000 – 65750		
Mannar	72000 – 72500	100000 – 105000	–	–	60000 – 65000	50000 – 52500		

Locations	Local Dried Fish			Imported Dried Fish				
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora		
Colombo	–	–	42500 – 50000	70000 – 82000	80000 – 87500	–		
Kandy	–	–	–	80000 – 85000	–	–		
Batticaloa	67500 – 70000	–	–	–	–	–		
Trincomalee	75000 – 75750	–	40000 – 42000	77500 – 77500	95000 – 96250	–		
Mannar	62500 – 65000	77500 – 80000	32000 – 32500	–	–	–		

Locations	Imported Dried Fish							
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya		
Colombo	–	–	90000 – 100000	–	–	–		
Kandy	–	–	–	–	–	–		
Batticaloa	–	–	–	–	–	–		
Trincomalee	–	–	95000 – 95000	–	–	–		
Mannar	–	–	–	–	–	–		

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 39: 23 - 29 September 2022

LOCATIONS	Sea Fish													Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White					
Colombo	480.00 - 800.00	680.00 - 1000.00	700.00 - 1700.00	1500.00 - 2520.00	2600.00 - 3400.00	1800.00 - 2600.00	1400.00 - 2200.00	2200.00 - 3200.00	49.50 - 52.00	47.00 - 50.00					
Gampaha	600.00 - 600.00	-	-	-	-	-	-	-	51.00 - 55.00	50.00 - 50.00					
Kurunegala	660.00 - 700.00	1000.00 - 1100.00	1100.00 - 1200.00	2200.00 - 2300.00	-	-	-	-	2600.00 - 2600.00	49.00 - 50.00	48.00 - 50.00				
Nikaweratiya	700.00 - 800.00	1000.00 - 1100.00	1200.00 - 1200.00	-	-	-	-	-	-	-	48.00 - 50.00				
Dambulla	600.00 - 660.00	900.00 - 1000.00	900.00 - 1000.00	2000.00 - 2200.00	-	1800.00 - 2000.00	1700.00 - 1800.00	2400.00 - 2500.00	52.00 - 53.00	49.00 - 50.00					
Anuradhapura	780.00 - 800.00	950.00 - 1100.00	1200.00 - 1300.00	2800.00 - 2800.00	3000.00 - 3000.00	-	1680.00 - 1800.00	2800.00 - 2900.00	-	-	50.00 - 50.00				
Thambuththegama	600.00 - 800.00	1000.00 - 1000.00	1100.00 - 1200.00	2800.00 - 2800.00	-	-	-	-	3200.00 - 3200.00	-	48.00 - 50.00				
Polonnaruwa	600.00 - 700.00	1000.00 - 1100.00	1100.00 - 1200.00	-	2800.00 - 2800.00	1800.00 - 2000.00	2000.00 - 2000.00	2700.00 - 2800.00	50.00 - 50.00	50.00 - 50.00					
Kaluthara	600.00 - 620.00	850.00 - 950.00	900.00 - 1000.00	1700.00 - 1900.00	-	1700.00 - 1800.00	-	2600.00 - 2800.00	-	49.00 - 50.00					
Badulla	600.00 - 700.00	1000.00 - 1100.00	1100.00 - 1300.00	2100.00 - 2300.00	-	1900.00 - 2000.00	1800.00 - 1900.00	2500.00 - 2600.00	50.00 - 52.00	48.00 - 50.00					
Keppetipola	680.00 - 700.00	1100.00 - 1200.00	1200.00 - 1300.00	1900.00 - 2000.00	-	2000.00 - 2100.00	1800.00 - 1900.00	2200.00 - 2300.00	52.00 - 53.00	49.00 - 50.00					
Moneragala	700.00 - 750.00	1000.00 - 1100.00	1200.00 - 1300.00	-	-	1600.00 - 1700.00	-	2800.00 - 2900.00	-	50.00 - 50.00					
Kegalle	780.00 - 840.00	1100.00 - 1200.00	1500.00 - 1600.00	2200.00 - 2300.00	2800.00 - 2900.00	-	2000.00 - 2100.00	2500.00 - 2600.00	52.00 - 55.00	48.00 - 50.00					
Ampara	600.00 - 800.00	1000.00 - 1000.00	1600.00 - 1600.00	2200.00 - 2400.00	-	-	-	2800.00 - 2800.00	-	46.00 - 50.00					
Dehiattakandiya	600.00 - 600.00	800.00 - 900.00	800.00 - 900.00	2200.00 - 2400.00	2400.00 - 2400.00	-	1500.00 - 1500.00	2400.00 - 2400.00	50.00 - 50.00	49.00 - 50.00					
Nuwaraeliya	680.00 - 700.00	1000.00 - 1100.00	1200.00 - 1300.00	2000.00 - 2200.00	-	1800.00 - 1900.00	1700.00 - 1800.00	2200.00 - 2300.00	52.00 - 53.00	49.00 - 52.00					
Kandy	840.00 - 850.00	1050.00 - 1100.00	1200.00 - 1300.00	2200.00 - 2300.00	2900.00 - 3000.00	1900.00 - 2000.00	1600.00 - 1700.00	2650.00 - 2700.00	51.00 - 52.00	50.00 - 51.00					
Puttalam	600.00 - 700.00	900.00 - 1000.00	900.00 - 1200.00	-	-	1200.00 - 1300.00	1600.00 - 1800.00	-	-	54.00 - 55.00					
Hambantota	600.00 - 700.00	-	1200.00 - 1300.00	2100.00 - 2200.00	-	-	-	-	-	50.00 - 50.00					
Rathnapura	560.00 - 700.00	1000.00 - 1100.00	960.00 - 1100.00	1600.00 - 2400.00	2800.00 - 3200.00	1200.00 - 1600.00	1460.00 - 1600.00	2600.00 - 2800.00	50.00 - 50.00	47.00 - 48.00					
Matara	600.00 - 700.00	-	1200.00 - 1300.00	2250.00 - 2400.00	2700.00 - 2800.00	-	-	-	-	49.00 - 50.00					
Galle	600.00 - 700.00	1000.00 - 1200.00	1700.00 - 1800.00	2600.00 - 2800.00	2600.00 - 2800.00	2400.00 - 2500.00	1800.00 - 2000.00	2400.00 - 2400.00	50.00 - 50.00	48.00 - 48.50					
Tissamaharama	-	1000.00 - 1000.00	850.00 - 850.00	-	-	-	-	-	-	49.00 - 50.00					
Meegoda	600.00 - 600.00	-	700.00 - 700.00	-	-	-	-	1600.00 - 1600.00	3200.00 - 3400.00	-	50.00 - 50.00				
Embilipitiya	700.00 - 750.00	900.00 - 1000.00	1000.00 - 1200.00	1900.00 - 2100.00	2300.00 - 2400.00	-	1500.00 - 1500.00	2200.00 - 2300.00	50.00 - 52.00	48.00 - 50.00					
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	50.00 - 51.00	49.00 - 51.00					
Vavuniya	750.00 - 800.00	1100.00 - 1200.00	1200.00 - 1300.00	2400.00 - 2600.00	2750.00 - 2800.00	1600.00 - 1750.00	-	2550.00 - 2750.00	50.00 - 51.00	48.00 - 49.00					
Mannar	450.00 - 500.00	-	1000.00 - 1000.00	-	-	1200.00 - 1300.00	-	-	-	50.00 - 50.00					
Killinochchi	450.00 - 500.00	-	850.00 - 900.00	-	-	1150.00 - 1200.00	1500.00 - 1600.00	-	-	48.00 - 49.00					
Mullaithivu	350.00 - 400.00	600.00 - 700.00	800.00 - 800.00	-	-	1200.00 - 1200.00	-	-	-	49.00 - 50.00					
Batticaloa	500.00 - 600.00	900.00 - 1000.00	1500.00 - 1600.00	-	2600.00 - 2800.00	-	-	2800.00 - 2800.00	54.00 - 55.00	54.00 - 55.00					
Trincomalee	350.00 - 450.00	650.00 - 750.00	650.00 - 750.00	-	-	1550.00 - 1650.00	-	1900.00 - 2000.00	48.00 - 50.00	47.00 - 49.00					
Veyangoda	800.00 - 800.00	1100.00 - 1100.00	-	2000.00 - 2000.00	-	-	-	3000.00 - 3000.00	-	47.00 - 50.00					
Galenbindunuwewa	800.00 - 800.00	1100.00 - 1100.00	1400.00 - 1400.00	2800.00 - 2800.00	2800.00 - 2800.00	1600.00 - 1600.00	1600.00 - 1600.00	3200.00 - 3200.00	-	50.00 - 50.00					
Bandarawela	600.00 - 700.00	1000.00 - 1100.00	1300.00 - 1400.00	1900.00 - 2000.00	-	1700.00 - 1800.00	1800.00 - 1900.00	2600.00 - 2800.00	50.00 - 52.00	49.00 - 50.00					
Matale	-	-	-	-	-	-	-	-	-	-					

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 39: 23 - 29 September 2022

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
23	Colombo	1600.00 – 2200.00	2400.00 – 3000.00	–	2400.00 – 3500.00	1600.00 – 2500.00	2200.00 – 3300.00	1200.00 – 1400.00				
	Gampaha	1600.00 – 2000.00	2400.00 – 2800.00	3600.00 – 3600.00	3000.00 – 3200.00	1800.00 – 2400.00	2800.00 – 3200.00	1200.00 – 1600.00				
	Kurunegala	1800.00 – 2000.00	2500.00 – 2800.00	2800.00 – 2800.00	2500.00 – 2800.00	2000.00 – 2200.00	2200.00 – 2400.00	1200.00 – 1400.00				
	Nikaweratiya	1800.00 – 1940.00	2600.00 – 2600.00	–	2700.00 – 2800.00	1600.00 – 1800.00	2600.00 – 2600.00	1200.00 – 1400.00				
	Dambulla	1800.00 – 2000.00	2600.00 – 2700.00	–	2800.00 – 3000.00	1800.00 – 2000.00	2400.00 – 2500.00	–				
	Anuradhapura	1800.00 – 2000.00	2800.00 – 3200.00	–	2800.00 – 3000.00	1800.00 – 2400.00	2000.00 – 2600.00	1200.00 – 1600.00				
	Thambuththegama	1720.00 – 1760.00	2400.00 – 2400.00	–	2600.00 – 2600.00	1600.00 – 1800.00	–	–				
	Polonnaruwa	1900.00 – 1950.00	–	–	2800.00 – 3000.00	–	–	–				
	Kaluthara	1900.00 – 2100.00	2900.00 – 3100.00	–	2900.00 – 3000.00	2200.00 – 2400.00	2400.00 – 2600.00	1200.00 – 1300.00				
	Badulla	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2200.00 – 2300.00	–	1300.00 – 1400.00				
	Keppetipola	1850.00 – 1900.00	3000.00 – 3200.00	–	2800.00 – 2900.00	2000.00 – 2200.00	2800.00 – 2900.00	1350.00 – 1450.00				
	Moneragala	–	2800.00 – 2900.00	2800.00 – 2900.00	2800.00 – 3000.00	1800.00 – 2200.00	2800.00 – 2850.00	–				
	Kegalle	1700.00 – 1800.00	2500.00 – 2600.00	–	2700.00 – 2800.00	2000.00 – 2100.00	–	–				
	Ampara	1650.00 – 1900.00	2500.00 – 2500.00	–	–	1800.00 – 2200.00	–	1200.00 – 1400.00				
	Dehiattakandiya	1750.00 – 2000.00	3000.00 – 3200.00	–	–	1800.00 – 2100.00	–	1500.00 – 1500.00				
	Nuwaraeliya	1800.00 – 1900.00	3000.00 – 3200.00	–	2800.00 – 2900.00	1900.00 – 2100.00	2700.00 – 2800.00	1300.00 – 1400.00				
	Kandy	1900.00 – 2100.00	3000.00 – 3100.00	–	2800.00 – 2900.00	2200.00 – 2300.00	2600.00 – 2700.00	–				
	Puttalam	1650.00 – 1800.00	2350.00 – 2400.00	–	2650.00 – 2800.00	1600.00 – 1800.00	–	1100.00 – 1200.00				
	Hambantota	–	2800.00 – 2900.00	–	2900.00 – 3100.00	2100.00 – 2300.00	2500.00 – 2700.00	–				
	Rathnapura	1800.00 – 2000.00	2600.00 – 2900.00	3000.00 – 3000.00	2600.00 – 2900.00	1600.00 – 1720.00	2400.00 – 3200.00	1120.00 – 1500.00				
	Matara	1800.00 – 1900.00	2750.00 – 3000.00	–	2900.00 – 3000.00	2200.00 – 2300.00	2500.00 – 2600.00	1050.00 – 1100.00				
	Galle	1700.00 – 1800.00	2600.00 – 2800.00	–	2800.00 – 2900.00	1800.00 – 1800.00	2300.00 – 2400.00	–				
	Tissamaharama	1600.00 – 1800.00	–	–	–	1600.00 – 2000.00	–	–				
	Meegoda	1600.00 – 1920.00	2800.00 – 2800.00	–	2600.00 – 2800.00	2000.00 – 2000.00	2800.00 – 2800.00	–				
	Embilipitiya	1600.00 – 1850.00	2700.00 – 2800.00	–	2600.00 – 2800.00	1700.00 – 2000.00	2650.00 – 2800.00	1250.00 – 1400.00				
	Jaffna	1750.00 – 1900.00	–	–	–	–	–	–				
	Vavuniya	–	–	–	–	–	–	–				
	Mannar	1500.00 – 1500.00	2200.00 – 2300.00	–	–	1400.00 – 1500.00	–	–				
	Killinochchi	1800.00 – 1800.00	3500.00 – 3700.00	–	–	2200.00 – 2400.00	2200.00 – 2200.00	1200.00 – 1400.00				
	Mullaitivu	1800.00 – 2000.00	3000.00 – 3300.00	–	–	2000.00 – 2200.00	–	1000.00 – 1100.00				
	Batticaloa	2000.00 – 2000.00	2800.00 – 3000.00	–	–	–	–	–				
	Trincomalee	–	–	–	–	1600.00 – 1650.00	–	–				
	Veyangoda	1600.00 – 1800.00	2600.00 – 2900.00	–	2700.00 – 3000.00	1500.00 – 1800.00	2200.00 – 2200.00	1100.00 – 1300.00				
	Galenbindunuwewa	1800.00 – 2000.00	2800.00 – 3000.00	–	2800.00 – 3000.00	1600.00 – 2000.00	2600.00 – 2600.00	1200.00 – 1400.00				
	Bandarawela	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2200.00 – 2300.00	–	1300.00 – 1400.00				
	Matale	–	–	–	–	–	–	–				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 39: 23 - 29 September 2022

LOCATIONS	Meat		Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork	
Colombo	2000.00 – 2200.00	1390.00 – 1550.00	1430.00 – 1700.00	2700.00 – 3000.00	1550.00 – 2000.00	
Gampaha	–	1500.00 – 1500.00	1700.00 – 1700.00	2600.00 – 2600.00	1500.00 – 1500.00	
Kurunegala	1800.00 – 2000.00	1500.00 – 1500.00	–	2700.00 – 2800.00	1700.00 – 1760.00	
Nikaweratiya	1900.00 – 1900.00	1450.00 – 1490.00	–	2600.00 – 2600.00	–	
Dambulla	–	1450.00 – 1500.00	–	–	–	
Anuradhapura	2100.00 – 2200.00	1400.00 – 1450.00	–	3000.00 – 3000.00	1700.00 – 1800.00	
Thambuththegama	1700.00 – 2000.00	1360.00 – 1400.00	–	–	1500.00 – 1600.00	
Polonnaruwa	2000.00 – 2000.00	1370.00 – 1400.00	1500.00 – 1500.00	2600.00 – 2900.00	1500.00 – 1500.00	
Kaluthara	–	1500.00 – 1520.00	1520.00 – 1540.00	–	–	
Badulla	1800.00 – 2000.00	1500.00 – 1530.00	1550.00 – 1600.00	2600.00 – 2800.00	–	
Keppetipola	1900.00 – 2000.00	1520.00 – 1600.00	1600.00 – 1650.00	2800.00 – 2900.00	–	
Moneragala	1800.00 – 1800.00	1580.00 – 1620.00	1700.00 – 1700.00	–	1700.00 – 1750.00	
Kegalle	1900.00 – 1950.00	1450.00 – 1500.00	–	–	1450.00 – 1500.00	
Ampara	2000.00 – 2000.00	1500.00 – 1550.00	–	–	1550.00 – 1600.00	
Dehiattakandiya	–	1400.00 – 1480.00	–	–	1600.00 – 1800.00	
Nuwaraeliya	2000.00 – 2100.00	1550.00 – 1600.00	1600.00 – 1650.00	2800.00 – 2900.00	1600.00 – 1700.00	
Kandy	1900.00 – 2000.00	1400.00 – 1430.00	1470.00 – 1480.00	2600.00 – 2700.00	–	
Puttalam	2000.00 – 2000.00	1500.00 – 1560.00	1450.00 – 1520.00	2800.00 – 2800.00	–	
Hambantota	–	1400.00 – 1500.00	–	–	–	
Rathnapura	1800.00 – 1850.00	1420.00 – 1460.00	1600.00 – 1680.00	2800.00 – 2850.00	1650.00 – 1700.00	
Matara	–	1470.00 – 1490.00	–	–	–	
Galle	1950.00 – 2000.00	1450.00 – 1500.00	1500.00 – 1550.00	2900.00 – 3000.00	–	
Tissamaharama	–	1600.00 – 1600.00	–	–	1800.00 – 1800.00	
Meegoda	–	1350.00 – 1380.00	–	–	–	
Embiliptiya	2100.00 – 2200.00	1350.00 – 1500.00	1400.00 – 1400.00	2900.00 – 3000.00	1650.00 – 1900.00	
Jaffna	–	1500.00 – 1600.00	1400.00 – 1500.00	2350.00 – 2600.00	–	
Vavuniya	1700.00 – 1800.00	1650.00 – 1650.00	–	2800.00 – 2800.00	–	
Mannar	–	1700.00 – 1700.00	–	–	–	
Killinochchi	1800.00 – 1800.00	1600.00 – 1600.00	1800.00 – 1800.00	2600.00 – 2600.00	–	
Mullaittivu	1700.00 – 1700.00	1800.00 – 1800.00	–	–	–	
Batticaloa	–	1800.00 – 1800.00	1800.00 – 1800.00	–	–	
Trincomalee	1700.00 – 1800.00	1600.00 – 1650.00	1700.00 – 1700.00	–	–	
Veyangoda	1900.00 – 1900.00	1400.00 – 1400.00	–	2500.00 – 2600.00	1600.00 – 1600.00	
Galenbindunuwewa	1700.00 – 1750.00	1450.00 – 1480.00	–	–	–	
Bandarawela	1900.00 – 2000.00	1480.00 – 1500.00	–	2800.00 – 3000.00	–	
Matale	–	–	–	–	–	

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)
Week 39: 23 - 29 September 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	82.00 - 85.00	83.55	84.50	72.10	-1.13	15.87	
Samba 1	215.00 - 230.00	222.00	227.00		-2.20		Small	72.00 - 76.00	73.55	74.30	63.00	-1.02	16.74	
Samba 2	210.00 - 220.00	213.50	220.70	122.10	-3.26	74.86								
Keeri Samba	240.00 - 250.00	243.70	244.44		-0.30		Fruits (Rs/Fruit)							
Nadu 1	210.00 - 215.00	212.50	215.22	109.33	-1.26	94.36	Plantain							
Nadu 2	200.00 - 210.00	207.30	207.50	106.00	-0.10	95.57	Ambul (Rs/Kg)	120.00 - 160.00	136.67	150.00	52.50	-8.89	160.32	
Raw (Red)	205.00 - 215.00	209.00	209.30	93.80	-0.14	122.81	Kolikuttu (Rs/Kg)	300.00 - 360.00	330.83	369.17	207.50	-10.38	59.44	
Raw (White)	200.00 - 210.00	205.50	206.20	99.00	-0.34	107.58	Seeni (Rs/Kg)	100.00 - 120.00	106.15	107.50	65.00	-1.25	63.31	
Imported							Anamalu	15.00 - 17.00	16.00	16.50	11.33	-3.03	41.18	
Samba	183.00 - 185.00	184.14	185.80		-0.89		Ambun	18.00 - 20.00	19.00	19.50	14.33	-2.56	32.56	
Nadu	170.00 - 178.00	174.20	181.30		-3.92		Papaw(Rs/Kg)	120.00 - 200.00	163.33	153.33	98.33	6.52	66.10	
Raw (Red)							Passion Fruit	35.00 - 42.00	39.25	43.38	11.50	-9.51	241.30	
Raw (White)	157.00 - 162.00	159.70	169.50		-5.78		Pineapple Large	72.00 - 78.00	751.67	678.33	335.00	10.81	124.38	
Dried Chillies							Pineapple Medium	64.00 - 68.00	658.33	571.67	242.00	15.16	172.04	
Imported	1480.00 - 1550.00	1508.00	1546.00	506.50	-2.46	197.73	Pineapple Small	550.00 - 600.00	576.67	461.67	174.00	24.91	231.42	
Onion							Mango							
Sinnan	270.00 - 360.00	325.56	294.29	192.22	10.63	69.36	Betti	-						
Vedalan	380.00 - 460.00	423.00	481.11	223.50	-12.08	89.26	Karthakolamban	150.00 - 220.00	182.50	200.00	129.09	-8.75	41.37	
Imported	350.00 - 370.00	358.00	376.88	193.13	-5.01	85.37	Vilad	60.00 - 80.00	68.13	81.25	40.00	-16.15	70.31	
Big Onion							Kohu	-						
Imported	90.00 - 150.00	130.30	137.50	117.50	-5.24	10.89	Other							
Local	100.00 - 150.00	125.80	132.50	115.50	-5.06	8.92	Wood Apple	18.00 - 24.00	20.67	19.83	11.00	4.20	87.88	
Potato							Orange	50.00 - 60.00	54.50	57.73	45.00	-5.59	21.11	
Wellimada	280.00 - 340.00	308.57	320.00	118.64	-3.57	160.10	Avocado	60.00 - 80.00	70.00	70.38	39.33	-0.55	77.97	
N'Eliya	320.00 - 370.00	341.43	350.00	142.50	-2.45	139.60	Slime Apple	40.00 - 48.00	44.00	38.00	56.00	15.79	-21.43	
Imported	180.00 - 300.00	208.00	275.00	116.50	-24.36	78.54	Grapes (Imp., Rs/Kg)	1300.00 - 1430.00	1343.33	1515.00	696.50	-11.33	92.87	
Pulses							King Coconut	90.00 - 110.00	100.00	105.00	57.50	-4.76	73.91	
Green Gram	1000.00 - 1100.00	1038.50	1027.00	645.00	1.12	61.01								
Cowpea (White)	850.00 - 870.00	855.71	821.50	532.00	4.16	60.85	Sea Fish							
Cowpea (Red)	850.00 - 900.00	876.67	850.00	333.00	3.14	163.26	Salaya	340.00 - 560.00	452.73	554.55	150.00	-18.36	201.82	
Red Dhal	390.00 - 410.00	401.10	406.30	236.90	-1.28	69.31	Hurulla	500.00 - 750.00	635.00	857.78	405.00	-25.97	56.79	
Vegetable							Balaya	520.00 - 650.00	593.33	664.00	380.00	-10.64	56.14	
Beans (Butter)							Kelawalla	950.00 - 1340.00	1134.00	1464.00	761.67	-22.54	48.88	
Beans(Green)	300.00 - 330.00	306.00	310.00	178.00	-1.29	71.91	Thora	1950.00 - 2900.00	2416.67	2418.18	1350.00	-0.06	79.01	
Carrot	300.00 - 330.00	313.00	277.00	72.00	13.00	334.72	Paraw	1200.00 - 1460.00	1334.00	1475.56	790.00	-9.59	68.86	
Leeks	220.00 - 270.00	244.00	184.00	148.00	32.61	64.86	Mora	-						
Beetroot	220.00 - 300.00	251.67	211.67	40.00	18.90	529.17	Shrimps	1300.00 - 1740.00	1499.00	1675.00	1038.33	-10.51	44.37	
Knolkhol	180.00 - 220.00	202.00	194.00	58.00	4.12	248.28	Thalaphath	1800.00 - 2400.00	2153.00	2075.00	1121.67	3.76	91.95	
Raddish	100.00 - 140.00	123.00	119.00	44.00	3.36	179.55	Eggs							
Cabbage	300.00 - 330.00	313.00	330.00	96.00	-5.15	226.04	Brown	49.00 - 50.00	49.50	49.50	17.25	0.00	186.96	
Tomato	120.00 - 200.00	159.00	165.00	42.50	-3.64	274.12	White	46.50 - 48.00	47.25	47.38	15.00	-0.26	215.00	
Ladies Fingers	120.00 - 130.00	125.00	130.00	58.00	-3.85	115.52	Dried Fish							
Brinjal	320.00 - 350.00	325.00	305.00	185.00	6.56	75.68	Sprats	1950.00 - 2320.00	2112.00	2361.00	1203.33	-10.55	75.51	
Capsicum	600.00 - 650.00	624.00	655.00	154.55	-4.73	303.76	Sprats (Imported)	1400.00 - 1640.00	1535.83	1580.91	618.75	-2.85	148.22	
Pumpkin	120.00 - 150.00	133.00	147.00	45.50	-9.52	192.31	Kattawa	-						
Cucumber	120.00 - 130.00	124.00	131.00	25.00	-5.34	396.00	Kattawa (Imported)	1600.00 - 1750.00	1674.00	1697.50	-	-1.38		
Bitter Gourd	300.00 - 340.00	314.00	321.00	135.00	-2.18	132.59	Thora	-						
Snake Gourd	250.00 - 270.00	262.00	272.00	98.00	-3.68	167.35	Thora (Imported)	-						
Drumstick	270.00 - 400.00	326.00	329.00	142.00	-0.91	129.58	Mora	2200.00 - 2380.00	2281.11	2343.33	1271.67	-2.66	79.38	
Luffa	230.00 - 240.00	236.00	259.00	71.00	-8.88	232.39	Mora (Imported)	-						
Long Beans	220.00 - 250.00	233.00	240.00	64.00	-2.92	264.06	Balaya	1280.00 - 1440.00	1357.00	1380.00	615.00	-1.67	120.65	
Ash Plantain	140.00 - 160.00	150.00	158.00	36.00	-5.06	316.67	Balaya (Imported)	-						
Green Chillies	240.00 - 300.00	269.00	228.00	134.00	17.98	100.75	Anguluwa	-						
Lime	250.00 - 300.00	272.00	230.00	295.00	18.26	-7.80	Anguluwa (Imported)	1800.00 - 2000.00	1915.71	1840.00	-	4.11		
Root Crops							Maduwa	-			770.00			
Sweet Potato	110.00 - 130.00	123.00	121.00	64.00	1.65	92.19	Maduwa (Imported)	-						
Manioc	80.00 - 100.00	86.00	85.00	29.09	1.18	195.63	Koduwa	-						
Leafy Vegetable							Koduwa (Imported)	-						
Mukunuwenna	45.00 - 55.00	49.00	40.90	27.70	19.80	76.90	Salaya	850.00 - 1000.00	922.00	1044.00	308.33	-11.69	199.03	
Kankun	45.00 - 55.00	49.00	40.90	27.70	19.80	76.90	Salaya (Imported)	-						
Gotukola (Rs/Kg)	200.00 - 220.00	206.00	175.56	77.00	17.34	167.53								

This Week: Week 39: 23 - 29 September 2022
Last Week: Week 38: 16 - 22 September 2022

Table 15: Colombo & Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 39: 23 - 29 September 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
Rice													
Local													
Samba 1	230.00 - 260.00	242.97	250.00	133.45	-7.03	82.07	Coconut		90.00 - 110.00	96.43	102.58	90.75	-6.15 6.26
Samba 2	220.00 - 240.00	233.67	235.48		-1.82		Large		75.00 - 85.00	79.63	84.41	77.40	-4.78 2.88
Keeri Samba	260.00 - 280.00	265.71	266.41		-0.69		Small						
Nadu 1	220.00 - 240.00	231.25	233.75	118.33	-2.50	95.42	Fruits (Rs/Fruit)						
Nadu 2	220.00 - 230.00	222.08	222.59		-0.51		Plantain						
Raw (Red)	220.00 - 240.00	227.50	228.13	108.21	-0.63	110.23	Ambul (Rs/Kg)		150.00 - 220.00	187.22	201.18	102.35	-13.95 82.92
Raw (White)	220.00 - 240.00	225.63	230.74	109.62	-5.12	105.83	Kolikuttu (Rs/Kg)		350.00 - 450.00	410.61	413.87	338.33	-3.26 21.36
Imported							Seeni (Rs/Kg)		150.00 - 200.00	172.22	173.89	122.35	-1.67 40.76
Samba	190.00 - 220.00	206.94	212.70		-5.76		Anamalu		18.00 - 28.00	23.09	24.15	19.05	-1.06 21.18
Nadu	195.00 - 220.00	208.33	210.00		-1.67		Ambun		23.00 - 35.00	28.59	29.50	23.82	-0.91 20.02
Raw (Red)	-	-	-	-	-		Papaw(Rs/Kg)		180.00 - 300.00	261.25	241.00	148.24	20.25 76.24
Raw (White)	180.00 - 210.00	194.83	196.45		-1.62		Passion Fruit		38.00 - 63.00	50.46	52.33	23.71	-1.87 112.88
Dried Chillies							Pineapple Large		800.00 - 850.00	818.75	670.00		148.75
Imported	1650.00 - 2000.00	1848.57	1862.07	596.55	-13.50	209.88	Pineapple Medium		650.00 - 750.00	688.46	579.62	267.78	108.85 157.10
Onion							Pineapple Small		550.00 - 630.00	584.12	473.89	192.86	110.23 202.88
Sinnan	300.00 - 400.00	359.31	371.72	269.28	-12.41	33.43	Mango						
Vedalan	460.00 - 580.00	511.25	570.63	307.61	-59.38	66.20	Betti						
Imported	380.00 - 420.00	402.07	418.28	299.28	-16.21	34.35	Karthakolomban		250.00 - 300.00	266.00	270.00		4.00
Big Onion							Vilad		80.00 - 120.00	96.67	97.71		-1.04
Imported	160.00 - 200.00	182.67	183.33	141.72	-0.67	28.89	Kohu						
Local	150.00 - 200.00	181.61	190.48	134.00	-8.86	35.53	Other						
Potato							Wood Apple		30.00 - 60.00	46.86	49.39	46.67	-2.54 0.41
Welimada	320.00 - 400.00	372.73	412.76	177.24	-40.03	110.29	Orange		60.00 - 120.00	94.78	96.67	66.00	-1.88 43.61
N'Ellya	420.00 - 500.00	470.71	530.00	207.14	-59.29	127.24	Avocado		70.00 - 180.00	100.19	110.36	62.50	-10.17 60.30
Imported	250.00 - 330.00	294.69	332.50	152.14	-37.81	93.69	Slime Apple		80.00 - 120.00	106.67	103.33		3.33
Pulses							Grapes (Imp., Rs/Kg)		2500.00 - 3500.00	2866.67	3433.33	1300.00	-566.67 120.51
Green Gram	1080.00 - 1200.00	1157.93	1153.33	812.00	4.60	42.60	King Coconut		100.00 - 150.00	124.50	134.71	71.67	-10.21 73.72
Cowpea (White)	900.00 - 1100.00	961.67	956.45	673.68	5.22	42.75	Sea Fish						
Cowpea (Red)	850.00 - 1000.00	915.22	898.57	642.85	16.65	42.37	Salaya		480.00 - 800.00	645.83	758.33	268.57	-112.50 140.47
Red Dhal	420.00 - 460.00	441.62	452.86	270.74	-11.24	63.11	Hurulla		680.00 - 1000.00	929.05	1100.71	535.00	-171.67 73.65
Vegetable							Balaya		700.00 - 1700.00	1370.59	1480.00	918.33	-109.41 49.25
Beans (Butter)	-	-	-	-	-	-	Kelawalla		1500.00 - 2520.00	2185.56	2462.35	1331.43	-276.80 64.15
Beans(Green)	320.00 - 520.00	428.46	505.36	238.89	-76.90	79.36	Thora		2600.00 - 3400.00	2960.00	3436.36	2070.00	-476.36 43.00
Carrot	320.00 - 480.00	411.60	404.62	167.78	6.98	145.32	Paraw		1800.00 - 2600.00	2206.67	2571.43	1335.00	-364.76 65.29
Leeks	240.00 - 400.00	332.80	328.21	210.56	4.59	58.06	Mora		1400.00 - 2200.00	2200.00		936.67	134.88
Beetroot	280.00 - 400.00	345.77	312.86	118.33	32.91	192.20	Shrimps		1560.00 - 2000.00	1800.00	1947.22	1204.29	-147.22 49.47
Knolkhol	250.00 - 420.00	353.75	314.62	138.89	39.13	154.70	Thalaphath		2200.00 - 3200.00	2803.48	2934.17	1521.67	-130.69 84.24
Raddish	180.00 - 280.00	236.00	228.89	115.56	7.11	104.23	Eggs						
Cabbage	400.00 - 560.00	481.15	515.56	188.89	-34.40	154.73	Brown		49.50 - 52.00	50.13	50.81	18.58	-0.68 169.82
Tomato	180.00 - 320.00	278.00	303.21	130.00	-25.21	113.85	White		47.00 - 50.00	48.80	49.34	16.44	-0.54 196.76
Ladies Fingers	160.00 - 320.00	251.54	261.43	148.89	-9.89	68.94	Dried Fish						
Brinjal	350.00 - 480.00	424.55	422.86	247.22	1.69	71.73	Sprats		2100.00 - 3000.00	2495.65	2540.00	1321.88	-44.35 88.80
Capiscum	680.00 - 1000.00	852.92	868.08	230.00	-15.16	270.83	Sprats (Imported)		1600.00 - 2200.00	1903.85	2028.00	784.38	-124.15 142.72
Pumpkin	200.00 - 280.00	239.23	241.48	116.67	-2.25	105.05	Kattawa		2400.00 - 3000.00	2733.33	2912.00	1542.11	-178.67 77.25
Cucumber	140.00 - 240.00	216.92	222.86	101.05	-5.93	114.66	Thora						
Bitter Gourd	350.00 - 560.00	457.50	494.00	224.44	-36.50	103.84	Mora		2400.00 - 3500.00	2903.85	2959.09	1533.33	-55.24 89.38
Snake Gourd	300.00 - 480.00	377.31	401.15	194.44	-23.85	94.04	Balaya		1600.00 - 2500.00	2114.29	2284.62	960.00	-170.33 120.24
Drumstick	400.00 - 700.00	566.32	628.80	218.33	-62.48	159.38	Anguluwa		2200.00 - 3300.00	2871.43	2690.00	1528.57	181.43 87.85
Luffa	280.00 - 400.00	357.39	388.75	187.89	-31.36	90.21	Maduwa					925.00	
Long Beans	280.00 - 480.00	349.20	390.00	146.11	-40.80	139.00	Koduwa						
Ash Plantain	200.00 - 280.00	243.85	255.71	122.50	-11.87	99.06	Salaya		1200.00 - 1400.00	1280.00	1325.00	595.83	-45.00 114.83
Green Chillies	300.00 - 600.00	493.85	478.57	273.89	15.27	80.31	Meat						
Lime	320.00 - 700.00	513.46	430.77	431.76	82.69	18.92	Beef (without Bones)		2000.00 - 2200.00	2100.00	2060.00	1180.00	40.00 77.97
Root Crops							Chicken (Broiler)		1390.00 - 1550.00	1466.67	1505.56	648.00	-38.89 126.34
Sweet Potato	160.00 - 280.00	221.54	210.42	120.00	11.12	84.62	Chicken (Curry)		1430.00 - 1700.00	1510.00	1494.29	649.00	15.71 132.67
Manioc	150.00 - 200.00	189.17	181.07	71.11	8.10	166.02	Mutton		2700.00 - 3000.00	2871.43	2850.00	2025.00	21.43 41.80
Leafy Vegetable							Pork		1550.00 - 2000.00	1733.33	1700.00	816.67	33.33 112.24
Mukunuwenna	60.00 - 100.00	72.50	72.11	42.19	0.39	71.85							
Kankun	60.00 - 100.00	72.50	72.11	42.19	0.39	71.85							
Gotukola	70.00 - 90.00	75.50	72.11	52.19	3.39	44.67							

This Week: Week 39: 23 - 29 September 2022
Last Week: Week 38: 16 - 22 September 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 39: 23 - 29 September 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	190.00 – 220.00	200.00
A'pura	108.00 – 113.00	110.00	Dambulla	200.00 – 220.00	208.00	Hambantota	140.00 – 160.00	150.00
P'naruwa	118.00 – 119.50	118.92	Wellimada	180.00 – 185.00	183.00	Embilipitiya	200.00 – 220.00	212.00
Kalawewa	110.00 – 115.00	112.17	Badulla	240.00 – 260.00	252.00	Matara	–	
Kurunegala	102.00 – 115.00	106.50	Carrot			A'pura	200.00 – 210.00	204.00
Dehiattakandiya	116.00 – 117.00	116.67	N'Ellya	280.00 – 285.00	282.00	Luffa		
Nikaweratiya	104.00 – 120.00	111.50	Wellimada	240.00 – 250.00	244.00	Dambulla	190.00 – 200.00	196.00
Ampara	113.00 – 115.00	114.00	Hanguranketha	200.00 – 240.00	220.00	Hambantota	140.00 – 160.00	150.00
Long Grain (White)			Leeks			Embilipitiya	210.00 – 230.00	219.00
A'pura	108.00 – 113.00	110.00	N'Ellya	175.00 – 185.00	180.00	Matara	–	
P'naruwa	114.00 – 115.00	114.33	Wellimada	185.00 – 190.00	187.60	A'pura	190.00 – 200.00	194.00
Kalawewa	110.00 – 120.00	116.83	Beetroot			Green Chillies		
Kurunegala	102.00 – 115.00	106.50	N'Ellya	165.00 – 175.00	169.00	Dambulla	220.00 – 250.00	236.00
Dehiattakandiya	112.00 – 115.00	113.67	Dambulla	200.00 – 220.00	207.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	250.00 – 280.00	266.67
Nikaweratiya	104.00 – 120.00	111.50	Wellimada	160.00 – 170.00	165.00	Puttalam	180.00 – 210.00	196.67
Hambantota	–		Hanguranketha	105.00 – 130.00	118.00	A'pura	240.00 – 250.00	244.00
Ampara	115.00 – 126.00	117.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	170.00 – 180.00	174.00	Dambulla	130.00 – 152.50	140.50
Matara	120.00 – 125.00	121.75	Wellimada	155.00 – 170.00	162.00	Hambantota	80.00 – 110.00	95.00
Hambantota	120.00 – 123.00	121.67	Hanguranketha	115.00 – 130.00	122.00	Embilipitiya	140.00 – 170.00	154.00
Embilipitiya	127.00 – 130.00	128.40	Raddish			Matara	–	
Keeri Samba			N'Ellya	80.00 – 90.00	86.00	A'pura	120.00 – 130.00	124.00
A'pura	115.00 – 120.00	117.00	Wellimada	65.00 – 75.00	70.00	Moneragala	80.00 – 90.00	84.00
P'naruwa	118.00 – 119.50	118.92	Hambantota	50.00 – 60.00	55.00	Cucumber		
Kalawewa	115.00 – 120.00	118.25	Hanguranketha	45.00 – 65.00	56.60	A'pura	90.00 – 100.00	94.00
Kurunegala	115.00 – 125.00	117.50	Cabbage			Dambulla	110.00 – 120.00	114.00
Dehiattakandiya	119.00 – 121.00	120.00	N'Ellya	280.00 – 290.00	284.00	Hambantota	40.00 – 60.00	48.00
Red Onion			Wellimada	260.00 – 265.00	262.00	Matara	–	
Puttalam	400.00 – 500.00	438.00	Badulla	220.00 – 250.00	234.00	Long Beans		
Jaffna	–		Hanguranketha	240.00 – 280.00	264.00	Dambulla	177.50 – 200.00	186.50
Big Onion			Tomato			Hambantota	70.00 – 80.00	75.00
Dambulla	125.00 – 135.00	129.00	Wellimada	110.00 – 125.00	117.00	Embilipitiya	190.00 – 220.00	204.00
Kalawewa	–		Hambantota	60.00 – 70.00	66.00	Matara	120.00 – 130.00	123.33
A'pura	–		Dambulla	135.00 – 152.50	145.00	A'pura	210.00 – 220.00	214.00
Potato			Hanguranketha	80.00 – 112.00	100.40	Ash Plantain		
N'Ellya	270.00 – 275.00	273.00	Vegetable (Low Country)			Hambantota	45.00 – 60.00	51.25
Badulla	–		Ladies Fingers			Embilipitiya	90.00 – 110.00	99.00
Wellimada	225.00 – 230.00	227.00	A'pura	70.00 – 80.00	74.00	Matara	100.00 – 110.00	105.00
Pulses			Dambulla	67.00 – 86.00	75.80	Lime		
Green Gram			Hambantota	40.00 – 60.00	50.00	Hambantota	–	
Hambantota	–		Embilipitiya	120.00 – 130.00	123.00	Embilipitiya	240.00 – 260.00	248.00
Moneragala	800.00 – 850.00	820.00	Matara	100.00 – 120.00	110.00	Moneragala	290.00 – 300.00	294.00
Embilipitiya	740.00 – 780.00	756.67	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	750.00 – 800.00	775.00	A'pura	290.00 – 300.00	294.00	Banana		
A'pura	–		Dambulla	270.00 – 310.00	290.00	Ambul		
Cowpea			Hambantota	–		Moneragala	50.00 – 60.00	54.00
Hambantota	–		Embilipitiya	230.00 – 250.00	242.00	Embilipitiya	70.00 – 90.00	82.00
Nikaweratiya	600.00 – 650.00	625.00	Matara	180.00 – 200.00	186.67	Hambantota	110.00 – 120.00	115.00
Moneragala	700.00 – 720.00	708.00	Wellimada	215.00 – 225.00	221.00	Kolikuttu		
Embilipitiya	450.00 – 800.00	676.67	Capsicum			Moneragala	150.00 – 200.00	170.00
Maize			Badulla	–		Embilipitiya	230.00 – 260.00	246.00
A'pura	200.00 – 220.00	208.00	Wellimada	560.00 – 590.00	576.00	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	330.00 – 340.00	334.00	Moneragala	60.00 – 70.00	64.00
A'pura	500.00 – 510.00	504.00	Dambulla	330.00 – 350.00	341.00	Embilipitiya	100.00 – 120.00	112.00
Kalawewa	–		Hambantota	–		Hambantota	120.00 – 130.00	126.67
Black Gram			Embilipitiya	320.00 – 360.00	340.00	Pineapple		
A'pura	780.00 – 800.00	788.00	Matara	280.00 – 300.00	290.00	Divulapitiya	–	
Kalawewa	650.00 – 750.00	700.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 39: 23 - 29 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	230.00	-	240.00	240.00	-	250.00	240.00	-	250.00
Samba 2	230.00	-	230.00	230.00	-	240.00	230.00	-	230.00
Keeri Samba	260.00	-	270.00	270.00	-	270.00	270.00	-	270.00
Nadu 1	220.00	-	220.00	230.00	-	240.00	230.00	-	240.00
Nadu 2	220.00	-	220.00	220.00	-	230.00	220.00	-	230.00
Raw (Red)	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00
Raw (White)	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00
Imported									
Samba	200.00	-	210.00	200.00	-	210.00	200.00	-	210.00
Nadu	195.00	-	200.00	200.00	-	200.00	200.00	-	200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00	-	190.00	190.00	-	190.00	-	190.00	180.00
Dried Chillies									
Imported	1650.00	-	1800.00	1900.00	-	2000.00	1900.00	-	2000.00
Red Onion									
Sinnan	300.00	-	320.00	360.00	-	360.00	360.00	-	360.00
Vedalan	480.00	-	480.00	480.00	-	480.00	520.00	-	560.00
Imported	400.00	-	420.00	380.00	-	400.00	380.00	-	400.00
Big Onion									
Imported	160.00	-	160.00	200.00	-	200.00	200.00	-	200.00
Local	160.00	-	170.00	180.00	-	200.00	180.00	-	200.00
Potato									
Welimada	320.00	-	400.00	380.00	-	380.00	360.00	-	400.00
N'Eliya	420.00	-	420.00	420.00	-	480.00	480.00	-	500.00
Imported	250.00	-	260.00	330.00	-	330.00	330.00	-	300.00
Pulses									
Green Gram	1100.00	-	1200.00	1100.00	-	1200.00	1100.00	-	1200.00
Cowpea (White)	900.00	-	1100.00	950.00	-	1000.00	950.00	-	1000.00
Cowpea (Red)	850.00	-	900.00	850.00	-	850.00	900.00	-	900.00
Red Dhal	420.00	-	440.00	420.00	-	440.00	440.00	-	460.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 39: 23 - 29 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	360.00	- 400.00	480.00	- 480.00	480.00	- 520.00	480.00	- 520.00	380.00
Carrot	320.00	- 400.00	440.00	- 480.00	480.00	- 480.00	480.00	- 480.00	400.00
Leeks	300.00	- 300.00	360.00	- 400.00	320.00	- 360.00	320.00	- 360.00	400.00
Beetroot	280.00	- 320.00	400.00	- 400.00	360.00	- 360.00	360.00	- 350.00	320.00
Knolkhol	340.00	- 380.00	360.00	- 400.00	400.00	- 400.00	280.00	- 420.00	250.00
Raddish	180.00	- 200.00	280.00	- 280.00	240.00	- 280.00	240.00	- 280.00	180.00
Cabbage	400.00	- 450.00	480.00	- 520.00	520.00	- 560.00	520.00	- 550.00	400.00
Tomato	250.00	- 280.00	320.00	- 320.00	320.00	- 320.00	320.00	- 300.00	200.00
Ladies Fingers	160.00	- 200.00	280.00	- 320.00	320.00	- 320.00	300.00	- 240.00	240.00
Brinjal	350.00	- 450.00	480.00	- 480.00	400.00	- 480.00	480.00	- 400.00	360.00
Capsicum	700.00	- 750.00	900.00	- 1000.00	800.00	- 1000.00	800.00	- 1000.00	680.00
Pumpkin	200.00	- 220.00	240.00	- 240.00	240.00	- 280.00	240.00	- 240.00	280.00
Cucumber	140.00	- 200.00	240.00	- 240.00	240.00	- 240.00	160.00	- 240.00	240.00
Bitter Gourd	440.00	- 480.00	480.00	- 520.00	480.00	- 560.00	520.00	- 480.00	350.00
Snake Gourd	300.00	- 350.00	400.00	- 480.00	400.00	- 480.00	400.00	- 320.00	300.00
Drumstick	400.00	- 500.00	480.00	- 560.00	600.00	- 640.00	600.00	- 700.00	400.00
Luffa	300.00	- 320.00	360.00	- 360.00	360.00	- 400.00	320.00	- 400.00	280.00
Long Beans	280.00	- 300.00	360.00	- 400.00	400.00	- 480.00	320.00	- 320.00	300.00
Ash Plantain	200.00	- 220.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	200.00
Green Chillies	300.00	- 320.00	500.00	- 600.00	600.00	- 600.00	500.00	- 600.00	400.00
Lime	420.00	- 450.00	500.00	- 600.00	600.00	- 700.00	600.00	- 700.00	500.00
<u>Root Crops</u>									
Sweet Potato	160.00	- 180.00	200.00	- 240.00	200.00	- 280.00	240.00	- 280.00	160.00
Manioc	150.00	- 160.00	180.00	- 200.00	200.00	- 200.00	160.00	- 200.00	200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00
Kankun	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00
Gotukola	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00
<u>Coconut</u>									
Large	100.00	- 100.00	100.00	- 100.00	90.00	- 100.00	90.00	- 100.00	90.00
Small	80.00	- 80.00	80.00	- 80.00	75.00	- 80.00	75.00	- 85.00	75.00

29

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 39: 23 - 29 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	150.00	-	160.00	200.00	-	220.00	200.00	-	220.00
Kolikuttu (Rs/Kg)	350.00	-	360.00	420.00	-	450.00	420.00	-	450.00
Seeni (Rs/Kg)	150.00	-	160.00	180.00	-	200.00	160.00	-	180.00
Anamalu	18.00	-	20.00	26.00	-	28.00	20.00	-	25.00
Ambun	23.00	-	25.00	33.00	-	35.00	25.00	-	31.00
<u>Pineapple</u>									
Large	800.00	-	850.00	800.00	-	800.00	800.00	-	800.00
Medium	650.00	-	750.00	650.00	-	750.00	650.00	-	650.00
30 Small	600.00	-	600.00	-	600.00	-	600.00	-	600.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	250.00	-	250.00	250.00	-	300.00	250.00	-	280.00
Vilad	80.00	-	90.00	120.00	-	120.00	100.00	-	120.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00	-	50.00	40.00	-	60.00	40.00	-	50.00
Orange	80.00	-	100.00	120.00	-	120.00	100.00	-	120.00
Avocado	100.00	-	120.00	120.00	-	150.00	100.00	-	180.00
Slime Apple	100.00	-	100.00	-	-	-	-	-	80.00
Grapes (Rs/Kg)	-	-	-	3500.00	-	3500.00	-	-	-
Papaw (Rs/Kg)	180.00	-	220.00	280.00	-	300.00	250.00	-	270.00
Passion	38.00	-	40.00	54.00	-	58.00	54.00	-	58.00
King Coconut	100.00	-	120.00	140.00	-	150.00	120.00	-	140.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 39: 23 - 29 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	480.00	600.00	720.00	800.00	800.00	800.00	680.00	680.00	600.00
Hurulla	680.00	750.00	980.00	1000.00	980.00	1000.00	880.00	880.00	1000.00
Balaya	700.00	800.00	1700.00	1700.00	-	-	-	1300.00	1400.00
Kelawalla	1500.00	1600.00	2500.00	2520.00	2300.00	2400.00	2500.00	2500.00	2400.00
Thora	2600.00	3200.00	2700.00	2720.00	2700.00	2700.00	2700.00	2600.00	2600.00
Paraw	1800.00	1800.00	2300.00	2400.00	2400.00	2400.00	2500.00	2500.00	2000.00
Mora	-	2200.00	2200.00	-	-	-	1400.00	1400.00	1600.00
Shrimps Small	1560.00	1800.00	1760.00	1800.00	1900.00	2000.00	1800.00	1800.00	1800.00
Talapath	2200.00	2800.00	2900.00	3000.00	2800.00	2800.00	2880.00	3200.00	3200.00
<u>Eggs (Rs/Egg)</u>									
Brown	49.50	49.50	49.50	50.00	49.50	50.00	50.00	52.00	50.00
White	47.00	47.00	49.00	49.00	48.00	49.00	49.00	50.00	48.00
<u>Dried Fish</u>									
Sprats	2200.00	2400.00	2400.00	2500.00	2500.00	2600.00	2300.00	2500.00	2400.00
Kattawa	2400.00	2600.00	2600.00	2700.00	2600.00	2700.00	2600.00	2800.00	2900.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2400.00	2400.00	2700.00	2800.00	2900.00	3000.00	2800.00	3200.00	3300.00
Balaya	1600.00	1800.00	2100.00	2200.00	2200.00	2200.00	2000.00	2200.00	2500.00
Anguluwa	2200.00	2200.00	2600.00	2600.00	2700.00	2700.00	2900.00	-	3200.00
Salaya	1200.00	1300.00	1400.00	1400.00	1300.00	1400.00	1300.00	1400.00	-
<u>Meat</u>									
Beef (without Bones)	-	2100.00	2100.00	2200.00	2200.00	-	2100.00	2100.00	-
Chicken (Broiler)	1400.00	1430.00	1500.00	1500.00	1550.00	1550.00	1500.00	1500.00	1390.00
Chicken (Curry)	1500.00	1700.00	1470.00	1470.00	1550.00	1550.00	1480.00	1480.00	1480.00
Mutton	-	2800.00	2800.00	3000.00	3000.00	-	2800.00	2800.00	2700.00
Pork	-	2000.00	2000.00	-	-	-	-	1650.00	1650.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)		Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
				Vit A (μ g/100g)	Vit D (μ g/100g)								
Rice													
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5	
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7	
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84	
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49	
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61	
Dried chilies													
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65	
Onion													
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25	
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28	
Potatoes													
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29	
Pulses													
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86	
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57	
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4	
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34	
Vegetables													
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59	
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25	
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43	
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29	

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75
Snake gourd (Dark green)											0.26
Snake gourd (Pale green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7
											0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

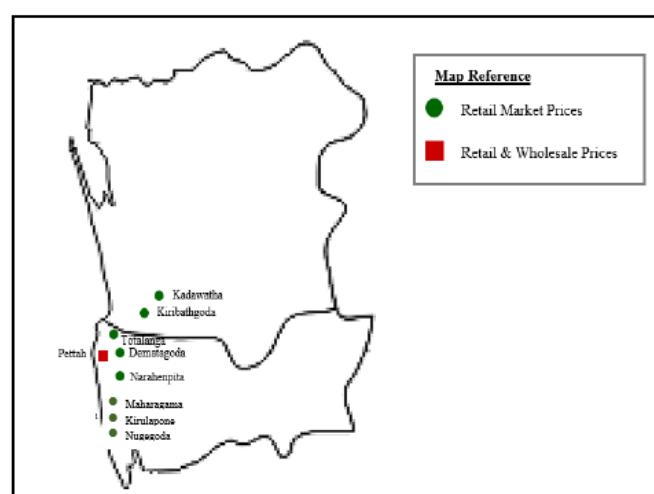
Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppli / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppara	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Dried sprats	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
Fruits											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avocado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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