

WEEKLY FOOD COMMODITIES BULLETIN

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No.38

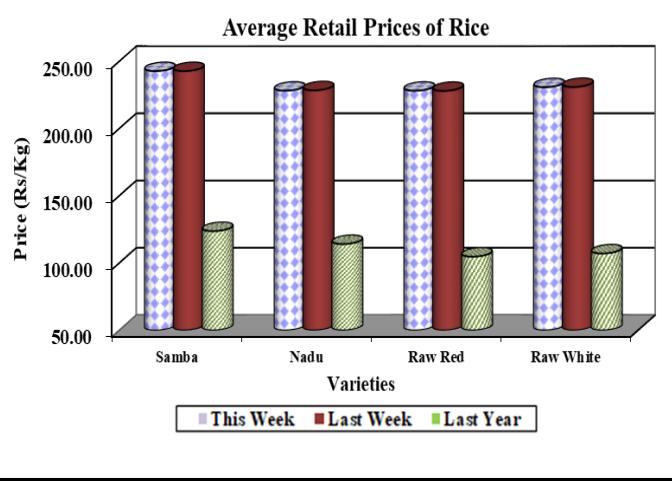
RETAIL MARKET AT A GLANCE

Summary

Rice



Prices of all local rice varieties have not changed significantly. Average prices of Samba grade I, Nadu grade I, Raw white and Raw red were Rs.250.00/kg, Rs.234.00/kg, Rs.231.00/kg and Rs.228.00/kg respectively in Colombo and suburb markets. Prices of all imported rice varieties have decreased in the range of Rs.1.00-2.00/kg. The average prices of imported Nadu and Raw white were Rs.210.00/kg and Rs.196.00/kg respectively.

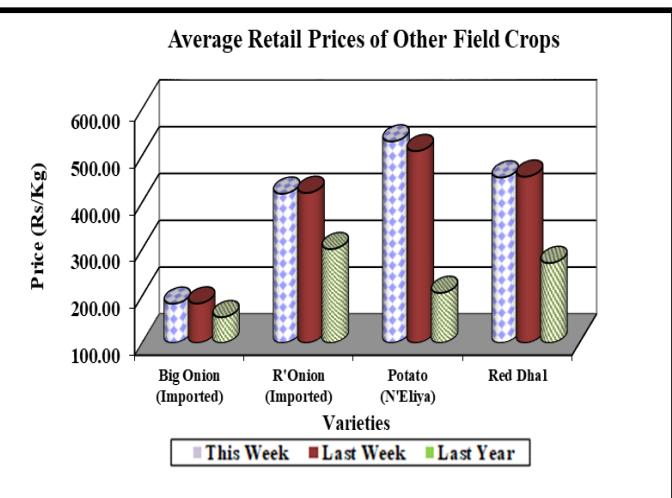


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Other Field Crops



Price of imported dried chillies has increased further by Rs.68.00/kg. Prices of red onion ranged between Rs.320.00-600.00/kg while the price of imported big onion ranged Rs.170.00-200.00/kg. Prices of Nuwara Eliya, Welimada and imported potatoes have increased in the range of Rs.21.00-28.00/kg and the prices ranged Rs.300.00-360.00/kg for imported potato.

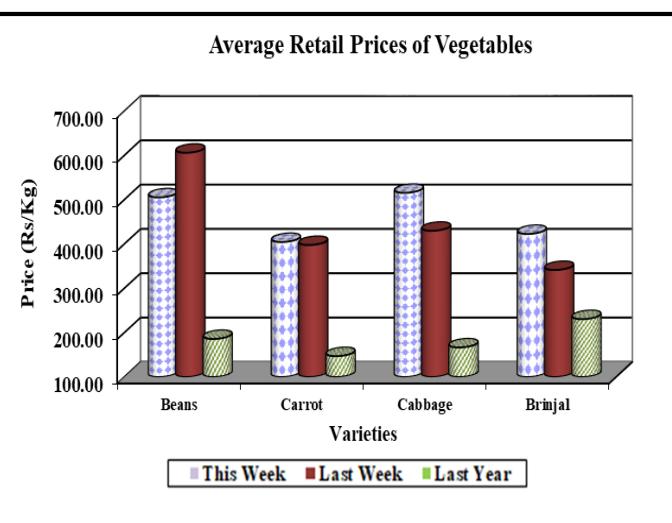


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Vegetables



In line with the increased wholesale prices, the retail prices of most of the vegetables have increased. The highest price range of Rs.400.00-600.00/kg was reported for beans and cabbage in Colombo and suburb markets. Compared to last week, the highest price increase was reported for cabbage (85%), followed by brinjal (81%), bitter gourd (72%) and capsicum (67%).



(Page No.04-06)

Rice **Wholesale**

Prices of all local rice varieties except Raw white have decreased by less than 1% with the highest price decrease reported for Nadu grade I and grade II and their price ranges were Rs.210.00-220.00/kg and Rs.200.00-210.00/kg respectively. Prices of all other local rice varieties have not changed significantly. Average prices of grade II samba, raw red and raw white were Rs.221.00/kg, Rs.209.00/kg and Rs.206.00/kg respectively.

Prices of imported raw white, ponni samba and nadu have decreased by 6%, 3% and 2% respectively due to increased supply and their price ranges were Rs.165.00-175.00/kg, Rs.185.00-190.00/kg and Rs.178.00-190.00/kg respectively.

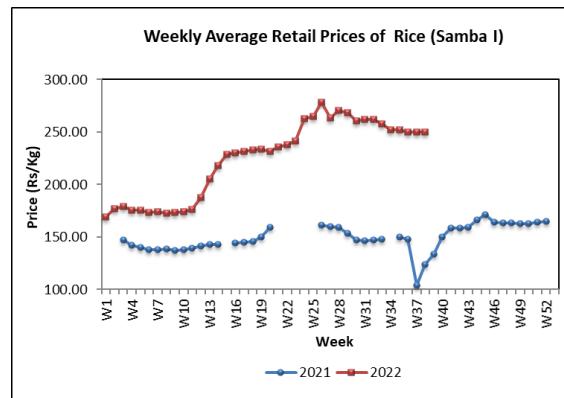
Compared to the same period of last year, the current wholesale prices of local grade II samba, grade II nadu, raw red and raw white have increased in the range of 100%-125%.

Retail

Prices of all local rice varieties have not changed significantly. Prices of keeri samba and nadu grade II have decreased by Rs.1.00/kg and the prices ranged

between Rs.260.00-280.00/kg and Rs.210.00-230.00/kg respectively.

Price of imported samba, nadu and raw white have decreased by Rs.1.00-2.00/kg and the prices ranged Rs.200.00-220.00/kg, Rs.190.00-220.00/kg and Rs.190.00-200.00/kg respectively.



Compared to the same period of last year, the current retail prices of samba grade I, nadu grade I, raw red and raw white have increased by 102%, 105%, 118% and 115% respectively.

Paddy

The average prices of major paddy varieties have increased slightly in some major paddy producing areas. Accordingly, the average farm gate price of short grain paddy (samba) has increased by Rs.3.00-10.00/kg in Kurunegala, Dehiattakandiya, Anuradhapura and Kalawewa areas. The price range for short grain paddy was Rs.102.00-122.00 and the highest price was reported in Polonnaruwa area. The average farm-gate price of keeri samba

paddy has also increased by Rs.3.00-4.00/kg and the prices ranged Rs.110.00-122.00/kg. Subsequently, the average price of long grain white (nadu) paddy has also increased by Rs.1.00-10.00/kg and the highest price increase was reported in Kurunegala area as Rs.10.00/kg. The prices for long grain white paddy was ranged Rs.100.00-122.00/kg and the highest average farm gate price was reported in Polonnaruwa area. However, the average price of long grain red paddy has decreased by Rs.3.00-4.00/kg in Matara and Hambantota areas. The farm gate prices for raw red paddy ranged Rs.120.00-122.00/kg and the highest was reported in Embilipitiya area.

Compared to the same period of last year, the average farm gate prices of short grain, long grain white and red paddy varieties have increased by 84%-127% and the highest increase was reported for long grain red paddy in Embilipitiya area as 127%.

Dried Chilies

Wholesale

Wholesale price of imported dried chilies has decreased slightly and the price ranged between Rs.1500.00-1600.00/kg.

Compared to the same period of last year, the current wholesale price of imported dried chilies has increased by 204%.

Retail

Price of imported dried chilies has increased by Rs.69.00/kg and the price ranged between Rs.1750.00-2000.00/kg.

Compared to the same period of last year, the current retail price of imported dried chilies has increased by 210%.

Onion

Wholesale

Price of *sinnan* red onion has decreased by 12% due to increased supply from Jaffna and Puttalam areas and the price ranged Rs.250.00-330.00/kg. Price of imported red onion has also decreased by 7% due to increased supply of stocks and the price ranged between Rs.360.00-390.00/kg. Price of *vedalan* red onion has increased by 10% due to availability of high quality stocks and the average price was Rs.481.00/kg.

Price of local big onion has increased by 4% due to availability of high quality stocks and the price ranged between Rs.125.00-140.00/kg. Price of imported big onion has not changed significantly and the average price was Rs.138.00/kg.

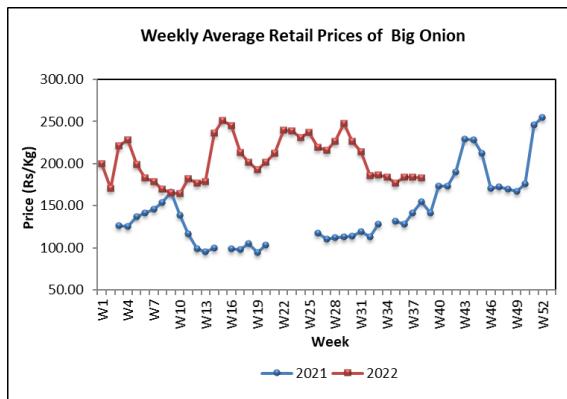
Compared to the same period of last year, the current wholesale prices of all types of red onions have increased in the range of 60%-110% and the prices of both local and imported big onions have increased 17% and 35% respectively.

Retail

Prices of both *sinnan* and imported red onions have decreased by Rs.2.00/kg and the price ranged Rs.320.00-400.00/kg and Rs.400.00-460.00/kg respectively.

Price of *vedalan* red onion has increased by Rs.25.00/kg and the price ranged Rs.520.00-600.00/kg.

Price of imported big onion has decreased by Rs.1.00/kg and the price ranged Rs.170.00-200.00/kg.



Compared to the same period of last year, the current retail prices of *sinnan*, *vedalan*, imported red onion and imported big onion have increased by 42%, 82%, 39% and 19% respectively.

Potato

Wholesale

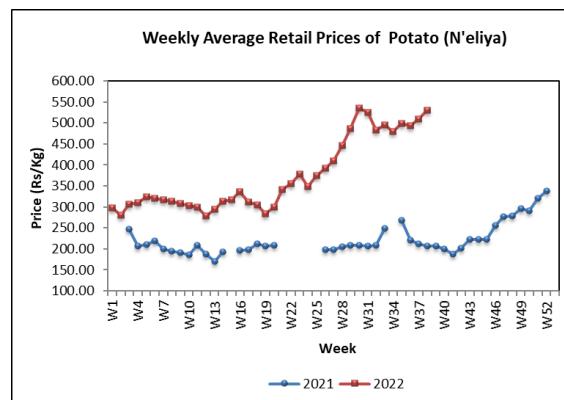
Price of imported potato has increased by 6% due to availability of high quality Indian and Pakistan stocks and the price ranged Rs.260.00-275.00/kg for Pakistan stocks and Rs.300.00-310.00/kg for Indian stocks.

Prices of Nuwara Eliya and Welimada potatoes have decreased by 4% and 2% respectively due to increased supply of both stocks and their average prices were Rs.350.00/kg and Rs.320.00/kg respectively.

Compared to the same period of last year, the current wholesale prices of all types of potatoes have increased in the range of 152%-171%.

Retail

Price of Welimada, Nuwara Eliya and imported potatoes have increased by Rs.28.00, Rs.21.00/kg and Rs.22.00/kg respectively. Prices of those varieties ranged Rs.380.00-480.00/kg, Rs.480.00-600.00/kg and Rs.300.00-360.00/kg respectively.



Compared to the same period of last year, the current retail prices of Welimada, Nuwara Eliya and imported potatoes have increased by 135%, 157% and 122% respectively.

Pulses

Wholesale

Wholesale prices of white cowpea, red cowpea and green gram have increased in the range of 7%-8% due to limited supply of local stocks and their price ranges were Rs.800.00-850.00/kg, Rs.800.00-900.00/kg and Rs.1000.00-1050.00/kg respectively. Price of red dhal has decreased slightly and the average price was Rs.406.00/kg.

Compared to the same period last year, the current wholesale prices of all types of pulses have increased in the range of 51%-154% and the highest price increase was reported for red cowpea.

Retail

Prices of green gram, white cowpea and red cowpea have increased by Rs.129.00/kg, Rs.31.00/kg and Rs.36.00/kg respectively and the price ranged Rs.1100.00-1200/kg, Rs.900.00-1000.00/kg and Rs.800.00-1000.00/kg respectively.

Price of red dhal has decreased by Rs.2.00/kg and the price ranged Rs.440.00-480.00/kg respectively.

Compared to the same period of last year, the current retail prices of green gram, white cowpea, red cowpea and red dhal

have increased by 43%, 41%, 40% and 68% respectively.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased market supply with the end of *yala* harvesting season.

Considering up country vegetables, the prices of beetroot and raddish have increased by 35% and 14% respectively due to low supply from upcountry and low country producing areas. Further, the price of carrot has increased by 6% due to decreased market supply from Nuwara Eliya and Welimada areas. However, the price of beans has decreased by 23% due to low quality stocks received from Welimada and Hanguranketha areas.

Meanwhile, the price of tomato has decreased by 14% due to increased supply from Balangoda and Thambuththegama areas. However, the price of capsicum has increased by 11% due to decreased supply from Wellawaya area.

Considering low country vegetables, the highest price increase was reported for bitter gourd as 40% due to decreased market supply from Embilipitiya and Thambuththegama. In addition, prices of

brinjal and luffa have increased by 30% and 28% respectively and the prices of ladies fingers, cucumber, snake gourd and long beans have increased in the range of 17%-23% due to low stocks received from Embilipitya, Rajanganaya, Thambuththegama and Sooriyawewa areas. However, the price of drumstick has decreased by 21% due to increased market supply from Jaffna and Dambulla areas.

Meanwhile, the price of green chilies has decreased by 12% due to increased supply from Puttalam area. However, the price of lime has increased by 3%.

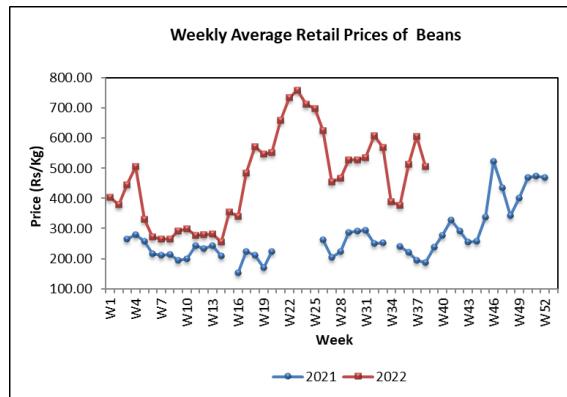
Compared to the same period of last year, the current wholesale prices of all vegetable varieties have increased with the highest price increase of 446% reported for cucumber.

Retail

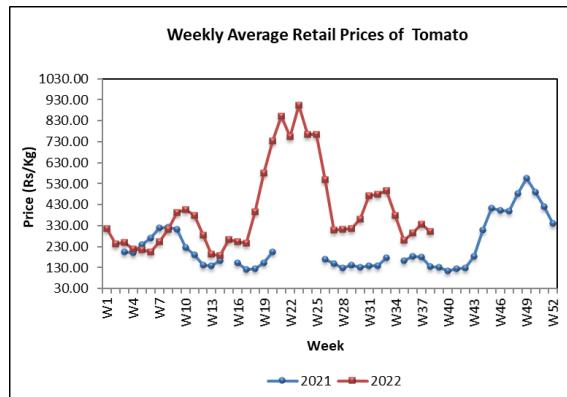
In line with the increased wholesale prices, retail prices of most of the vegetable varieties have increased.

Considering the up-country varieties, the highest price increase was reported for cabbage as Rs.86.00/kg, followed by capsicum (Rs.67.00/kg) and beetroot (Rs.38.00/kg). However, the price of beans has decreased by Rs.101.00/kg due

to decreased wholesale price, followed by tomato (Rs.34.00/kg).



Considering low-country varieties, the highest price increase was reported for brinjal as Rs.81.00/kg, followed by bitter gourd as Rs.72.00/kg. However, prices of drumstick and pumpkin have decreased by Rs.12.00/kg and Rs.11.00/kg respectively due to decreased wholesale prices.



Prices of green chilies has decreased by Rs.10.00/kg and the price of lime has increased by Rs.17.00/kg.

Compared to the same period of last year, the current retail prices of all vegetable varieties have increased with the highest being reported for capsicum as 282%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 1%. Their prices ranged Rs.82.00-85.00/nut for large nuts and Rs.72.00-76.00/nut for small nuts.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have increased by 19% and 20% respectively.

Retail

Prices of both large and small nuts have increased by Rs.1.00/nut and the price ranges were Rs.95.00-110.00/nut for a large nut and Rs.75.00-90.00/nut for a small nut.

Compared to the same period of last year, the current retail prices of both large and small nuts have increased by 14% and 10% respectively.

Fruits

Wholesale

Prices of most of the fruit varieties have increased with limited supply. The highest price increase was reported for wood apple by 27% due to high demand. The price of papaw has increased by 23% and the prices of orange and avocado have increased by 11% due to limited stocks. Further, the price of slime apple has

increased by 8% with the availability of limited stocks. Prices of all sizes of pineapple have increased in the range of 7% to 12% as with low supply.

However, a price decrease was recorded for all the banana varieties in the range of 1%-11% and for *karathakolomban* mango (1%) due to low demand. The price of imported grapes has decreased by 20% due to availability of more stocks.

Compared to the same period of last year, the current wholesale prices of all fruit varieties except slime apple have increased with the highest price increase of 294% being noted for passion fruit.

Retail

Retail prices of most fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.22.00/fruit was reported for slime apple due to limited supply. The price of *vilad* mango has increased by Rs.21.00/fruit due to high quality stocks. Further, the prices of avocado and orange have increased by Rs.11.00/fruit and Rs.8.00/fruit respectively. Prices of all sizes of pineapple have increased in the range of Rs.2.00-7.00/fruit due to limited supply. Prices of wood apple and king coconut have increased by Rs.5.00/fruit and Rs.3.00/fruit respectively due to high demand.

Meanwhile, a price decrease of Rs.100.00/kg was reported for imported grapes due to increased supply. The price of *karthakolomban* mango has decreased by Rs.51.00/fruit. Prices of banana varieties, *ambul*, *kolikuttu* and *seeni* have decreased in the range of Rs.3.00-5.00/kg.

Compared to the same period of last year, the current retail prices of all fruits have increased and the highest price increase of 169% was reported for pineapple-small.

Fresh Fish

Wholesale

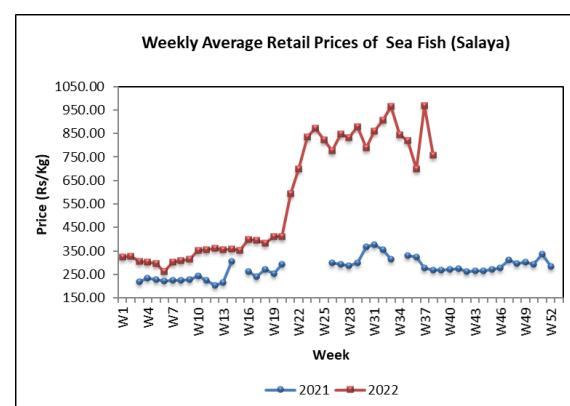
Prices of most of the fresh fish types have decreased due to high supply. The highest price decrease of 33% was noted for salaya due to high supply from Trincomalee, Mannar and Walachchenai areas and the price ranged Rs.280.00-900.00/kg. The price decrease of 31% was noted for balaya due to high supply from Southern areas and the price ranged Rs.500.00-850.00/kg. The price decrease of 17% was noted for hurulla and the price ranged Rs.740.00-980.00/kg. Likewise, the price decrease of 14% was noted for thlapath and the price ranged between Rs.1750.00-2450.00/kg.

However, the price increase of 5% was noted for shrimps due to low supply and the price ranged between Rs.1600.00-1800.00/kg. In addition, the price of thora has increased by 3%.

Compared to the same period of last year, the current wholesale prices of all fresh fish types have increased in the range of 56%-217% and the highest price increase was noted for salaya.

Retail

Retail prices of all types of fresh fish have decreased in line with decreased wholesale prices and the highest price decrease was reported for salaya by 210.00/kg, followed by Rs.189.00/kg for balaya.



Compared to the same period of last year, the current retail prices of all types of fresh fish have increased in the range of 53%-182% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local and imported dried fish types have decreased. The

highest price decrease of 5% was noted for imported kattawa and the price ranged Rs.1600.00-1750.00/kg. Likewise, a price decrease of 3% was noted for imported anguluwa and price ranged between Rs.1800.00-1900.00/kg. In addition, prices of local sprats and imported sprats have decreased by 1%.

However, a price increase of 5% was noted for local salaya and the price ranged Rs.900.00-1200.00/kg. Likewise, a price increase of 3% was noted for local balaya and the price ranged Rs.1280.00-1500.00/kg.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 81%-293% and the highest price increase was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except for balaya have also decreased due to high supply with increased production. The highest price decrease was reported for local sprats by Rs.196.00/kg. Prices of salaya and anguluwa have also decreased by Rs.96.00/kg and Rs.81.00/kg respectively. However, the price of balaya has increased by Rs.9.00/kg.

Compared to the same period of last year, the current retail prices of all types of dried fish have increased in the range of 85%-159%.

Eggs

Wholesale

Prices of both brown and white eggs have not changed significantly and their prices ranged Rs.49.00-50.00 and Rs.46.50-48.00 respectively.

Compared to the same period of last year, the current wholesale prices of both brown and white eggs have increased by 183% and 206% respectively.

Retail

Prices of both brown and white eggs have not changed significantly. Average price of a brown egg was Rs.51.00 and Rs.49.00 for a white egg.

Compared to the same period of last year, the current retail prices of both brown and white egg have increased by 170% and 181% respectively.

Meat

Retail

Prices of most types of meat have increased due to limited supply. The highest price increase of Rs.83.00/kg was reported for pork. Price of mutton has also increased by Rs.50.00/kg. Further, the

price of skin-less broiler chicken has increased by Rs.46.00/kg. Meanwhile, the price of skin-less curry chicken has decreased by Rs.38.00/kg due to increased supply. Price of beef has also decreased by Rs.15.00/kg with low demand.

Compared to the same period of last year, the current retail prices of all types of meat have increased in the range of 38%-129% and the highest prices increase was reported for skin-less broiler chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 38: 16 - 22 September 2022

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 38: 16 - 22 September 2022

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 38: 16 - 22 September 2022

LOCATION	Dried Chillies	Red Onion				Big Onion	Potato						Pulses							
	Imported	Imported		Local			Imported	Welimada		Nuwara Eliya		Green Gram	Cowpea		Red Dhal					
Colombo	75000 - 80000	18000 - 19500	22500 - 25000	6250 - 7250	13000 - 15500	15000 - 17000	16500 - 18500	50000 - 52500	40000 - 42500	20000 - 20500	76000 - 78750	-	51250 - 52500	42500 - 43750	20000 - 21250	77000 - 78500	16000 - 17500	22750 - 23500		
Kurunegala	76000 - 78750	-	-	6750 - 7500	13000 - 14000	-	-	48000 - 52500	-	20250 - 20500	75000 - 77500	16000 - 17250	22750 - 23500	6750 - 8000	13000 - 15000	-	41250 - 42500	20000 - 22750		
Nikaweratiya	77000 - 78500	16000 - 17500	-	7500 - 7750	13250 - 14500	-	-	35000 - 37500	30000 - 32500	20000 - 20500	80000 - 81500	15500 - 16000	17000 - 17500	6500 - 6750	11500 - 12000	14500 - 15000	37500 - 40000	35000 - 35000	20000 - 20750	
Dehiattakandiya	75000 - 77500	16000 - 17250	22750 - 23500	6750 - 8000	13000 - 15000	-	-	47500 - 49000	38000 - 40000	21000 - 22000	80000 - 84000	20000 - 21000	22500 - 23000	7500 - 8750	13500 - 15000	18500 - 19500	42250 - 42500	41000 - 41000	24500 - 24750	
Dambulla (DEC)	80000 - 81500	15500 - 16000	17000 - 17500	6500 - 6750	11500 - 12000	14500 - 15000	-	35000 - 37500	30000 - 32500	20000 - 20500	78750 - 80000	-	27500 - 27500	7000 - 7250	11750 - 13750	15000 - 16000	37500 - 40000	35000 - 35000	20000 - 20750	
Anuradhapura	80000 - 84000	20000 - 21000	22500 - 23000	7500 - 8750	13500 - 15000	18500 - 19500	-	47500 - 49000	38000 - 40000	21000 - 22000	78750 - 80000	-	24000 - 24250	8000 - 8250	14000 - 14250	20500 - 20750	42250 - 42500	41000 - 41000	24500 - 24750	
Thambuththegama	78750 - 80000	-	27500 - 27500	7000 - 7250	11750 - 13750	15000 - 16000	-	37500 - 40000	35000 - 35000	20000 - 20750	77500 - 80000	19250 - 19500	-	7150 - 7400	12000 - 12500	15000 - 15500	47500 - 50000	40000 - 41000	20500 - 20750	
Polonnaruwa	82500 - 83000	-	24000 - 24250	8000 - 8250	14000 - 14250	-	20500 - 20750	42250 - 42500	41000 - 41000	24500 - 24750	78500 - 82500	-	22500 - 25000	8000 - 8700	14000 - 14500	-	43500 - 46000	35500 - 37000	22500 - 22700	
Kaluthara	77500 - 80000	19250 - 19500	-	7150 - 7400	12000 - 12500	15000 - 15500	16500 - 17000	47500 - 50000	40000 - 41000	20500 - 20750	80000 - 82500	19000 - 20000	24000 - 25000	7000 - 7250	11750 - 13750	15000 - 16000	37500 - 40000	35000 - 35000	20000 - 20750	
Puttalam	78500 - 82500	-	22500 - 25000	8000 - 8700	14000 - 14500	-	18500 - 19700	43500 - 46000	35500 - 37000	22500 - 22700	80000 - 82500	19000 - 20000	24000 - 25000	7000 - 7250	13000 - 14250	16000 - 16500	17500 - 18000	48000 - 48500	39000 - 40000	20000 - 21750
Kandy	80000 - 82500	19000 - 20000	24000 - 25000	7000 - 7250	13000 - 14250	16000 - 16500	17500 - 18000	48000 - 48500	39000 - 40000	20000 - 21750	81500 - 83000	20500 - 21000	22500 - 23250	7500 - 7750	13500 - 14000	17000 - 17500	19000 - 20000	-	38000 - 38250	21500 - 22000
Matara	81500 - 83000	20500 - 21000	22500 - 23250	7500 - 7750	13500 - 14000	17000 - 17500	19000 - 20000	-	38000 - 38250	21500 - 22000	80000 - 82500	19500 - 20000	22000 - 22500	7500 - 7750	13000 - 14000	-	18500 - 19000	-	21500 - 22000	
Hambantota	80000 - 82500	19500 - 20000	22000 - 22500	7500 - 7750	13000 - 14000	-	18500 - 19000	-	-	80000 - 82500	20000 - 20500	22000 - 22500	7450 - 7500	13250 - 13500	-	16800 - 17000	41500 - 42000	33750 - 34000	21500 - 22000	
Kegalle	80000 - 81000	20000 - 20500	-	7450 - 7500	13250 - 13500	-	16800 - 17000	41500 - 42000	33750 - 34000	21500 - 22000	80000 - 82500	20000 - 20500	22000 - 22500	7250 - 7500	13000 - 14000	-	19500 - 20500	44000 - 46000	-	21500 - 22500
Galle	80000 - 82500	22500 - 22500	24250 - 26250	7250 - 7500	13000 - 14000	-	19500 - 20500	44000 - 46000	-	21500 - 22500	82500 - 85000	21000 - 22000	-	7500 - 8000	12500 - 14000	-	-	-	21500 - 22500	
Tissamaharama	82500 - 85000	21000 - 22000	-	7500 - 8000	12500 - 14000	-	-	-	-	82500 - 85000	21000 - 22000	24000 - 25000	6500 - 6750	12000 - 13000	16000 - 17000	18000 - 19000	47500 - 57500	39000 - 42500	20000 - 20500	
Meegoda (DEC)	80000 - 80000	19500 - 20000	19500 - 20000	6500 - 6750	12000 - 13000	16000 - 17000	18000 - 19000	47500 - 57500	39000 - 42500	20000 - 20500	80000 - 80000	-	-	7500 - 7650	14500 - 14500	-	20000 - 20000	-	-	
Jaffna	-	-	-	-	-	-	-	-	-	-	82000 - 83000	23000 - 23500	23500 - 23500	7500 - 7650	14500 - 14500	-	20000 - 20000	50000 - 50000	-	20750 - 21200
Vavuniya	82000 - 83000	-	23000 - 23500	7500 - 7650	14500 - 14500	-	20000 - 20000	50000 - 50000	-	20750 - 21200	82000 - 82500	-	-	8000 - 8250	13250 - 13500	-	-	-	22000 - 22500	
Mannar	82000 - 82500	-	-	8000 - 8250	13250 - 13500	-	-	42000 - 42500	-	22000 - 22500	85000 - 86000	21000 - 22000	22000 - 22500	8500 - 8750	14000 - 14500	-	-	-	-	
Killinochchi	85000 - 86000	-	21000 - 22000	8500 - 8750	14000 - 14500	-	-	45000 - 46000	-	22000 - 22500	83000 - 87500	20500 - 21000	22000 - 22500	8000 - 8500	12500 - 14000	-	-	-	-	
Mullattivu	83000 - 87500	-	-	8000 - 8500	14000 - 15000	15500 - 17000	-	45000 - 52500	-	23000 - 24000	85000 - 86000	20500 - 21000	23000 - 24000	7000 - 7500	15000 - 15600	20500 - 21000	-	-	23000 - 23500	
Batticaloa	85000 - 86000	-	20500 - 21000	7000 - 7500	15000 - 15600	-	20500 - 21000	-	-	85000 - 86000	21000 - 21500	22000 - 22500	7250 - 7800	12750 - 13500	-	-	-	-		
Trincomalee	79500 - 81250	-	24000 - 24500	7250 - 7800	12750 - 13500	-	-	40000 - 41000	38500 - 39500	22000 - 22800	80000 - 85000	20000 - 22000	22000 - 22800	7750 - 8250	14000 - 14500	-	47250 - 47500	36500 - 37500	21250 - 21500	
Galenbindunuwewa	80000 - 85000	20000 - 22000	-	7750 - 8250	14000 - 14500	-	-	-	-	-	80000 - 85000	22000 - 22000	-	-	-	-	-	-		
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 38: 16 - 22 September 2022

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 38: 16 - 22 September 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	280.00 - 320.00	250.00 - 310.00	150.00 - 220.00	180.00 - 250.00	180.00 - 200.00
Meegoda (DEC)	-	350.00 - 350.00	330.00 - 360.00	250.00 - 260.00	220.00 - 250.00	230.00 - 250.00
Dambulla (DEC)	-	250.00 - 300.00	250.00 - 320.00	200.00 - 240.00	150.00 - 200.00	200.00 - 220.00
Keppetipola (DEC)	-	280.00 - 300.00	250.00 - 260.00	200.00 - 220.00	150.00 - 160.00	150.00 - 160.00
Norochchhole (DEC)	-	-	-	-	160.00 - 180.00	-
Nuwara Eliya	-	290.00 - 310.00	290.00 - 310.00	200.00 - 210.00	170.00 - 180.00	160.00 - 170.00
Kandy	-	250.00 - 300.00	300.00 - 320.00	210.00 - 220.00	190.00 - 200.00	200.00 - 210.00
Hambantota	-	350.00 - 400.00	350.00 - 400.00	250.00 - 280.00	200.00 - 220.00	180.00 - 210.00
Thambuththegama (DEC)	-	360.00 - 400.00	320.00 - 340.00	210.00 - 240.00	180.00 - 190.00	160.00 - 190.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	250.00 - 300.00	240.00 - 260.00	180.00 - 200.00	160.00 - 180.00	150.00 - 170.00
Veyangoda	-	330.00 - 350.00	300.00 - 330.00	220.00 - 230.00	180.00 - 230.00	180.00 - 240.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	100.00 - 140.00	300.00 - 350.00	130.00 - 200.00	120.00 - 140.00	250.00 - 350.00	600.00 - 700.00
Meegoda (DEC)	100.00 - 110.00	340.00 - 400.00	130.00 - 150.00	120.00 - 130.00	280.00 - 320.00	680.00 - 750.00
Moneragala	100.00 - 130.00	350.00 - 400.00	150.00 - 180.00	180.00 - 250.00	380.00 - 400.00	650.00 - 700.00
Dambulla (DEC)	100.00 - 110.00	280.00 - 330.00	80.00 - 100.00	90.00 - 110.00	230.00 - 250.00	600.00 - 650.00
Keppetipola (DEC)	70.00 - 80.00	280.00 - 300.00	100.00 - 110.00	100.00 - 120.00	200.00 - 220.00	650.00 - 700.00
Norochchhole (DEC)	80.00 - 100.00	350.00 - 400.00	250.00 - 300.00	110.00 - 130.00	290.00 - 350.00	550.00 - 650.00
Nuwara Eliya	100.00 - 110.00	310.00 - 320.00	100.00 - 120.00	130.00 - 140.00	220.00 - 240.00	640.00 - 660.00
Kandy	90.00 - 100.00	310.00 - 360.00	100.00 - 120.00	120.00 - 130.00	220.00 - 260.00	680.00 - 700.00
Hambantota	100.00 - 150.00	300.00 - 350.00	120.00 - 150.00	80.00 - 120.00	270.00 - 300.00	600.00 - 700.00
Thambuththegama (DEC)	100.00 - 140.00	380.00 - 420.00	80.00 - 100.00	80.00 - 100.00	220.00 - 250.00	580.00 - 650.00
Tissamaharama	150.00 - 180.00	380.00 - 400.00	150.00 - 180.00	120.00 - 150.00	290.00 - 320.00	600.00 - 680.00
Jaffna	-	-	-	-	-	-
Bandarawela	50.00 - 70.00	280.00 - 300.00	80.00 - 120.00	-	200.00 - 220.00	600.00 - 650.00
Veyangoda	100.00 - 130.00	360.00 - 390.00	120.00 - 150.00	100.00 - 130.00	280.00 - 320.00	650.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	140.00 - 160.00	120.00 - 150.00	300.00 - 350.00	250.00 - 280.00	300.00 - 350.00	240.00 - 280.00
Meegoda (DEC)	150.00 - 170.00	130.00 - 140.00	360.00 - 370.00	250.00 - 280.00	320.00 - 370.00	220.00 - 230.00
Moneragala	180.00 - 200.00	160.00 - 180.00	470.00 - 500.00	340.00 - 380.00	-	280.00 - 320.00
Dambulla (DEC)	130.00 - 150.00	100.00 - 110.00	300.00 - 330.00	180.00 - 210.00	250.00 - 300.00	200.00 - 220.00
Keppetipola (DEC)	150.00 - 160.00	140.00 - 150.00	320.00 - 330.00	230.00 - 250.00	300.00 - 320.00	230.00 - 240.00
Norochchhole (DEC)	130.00 - 180.00	100.00 - 140.00	300.00 - 350.00	150.00 - 170.00	280.00 - 350.00	170.00 - 200.00
Nuwara Eliya	150.00 - 160.00	130.00 - 140.00	320.00 - 330.00	240.00 - 250.00	280.00 - 300.00	230.00 - 240.00
Kandy	140.00 - 155.00	130.00 - 140.00	360.00 - 380.00	250.00 - 270.00	250.00 - 300.00	220.00 - 240.00
Hambantota	180.00 - 200.00	80.00 - 130.00	350.00 - 420.00	200.00 - 250.00	-	200.00 - 250.00
Thambuththegama (DEC)	100.00 - 150.00	100.00 - 120.00	250.00 - 300.00	200.00 - 220.00	200.00 - 250.00	200.00 - 230.00
Tissamaharama	140.00 - 180.00	110.00 - 130.00	350.00 - 380.00	240.00 - 260.00	300.00 - 320.00	200.00 - 230.00
Jaffna	-	-	-	-	-	-
Bandarawela	150.00 - 170.00	120.00 - 140.00	-	-	-	-
Veyangoda	140.00 - 160.00	120.00 - 150.00	350.00 - 380.00	220.00 - 270.00	280.00 - 350.00	200.00 - 240.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potaoe	Manioc
Colombo	230.00 - 250.00	150.00 - 170.00	200.00 - 260.00	180.00 - 250.00	110.00 - 130.00	80.00 - 90.00
Meegoda (DEC)	240.00 - 250.00	140.00 - 170.00	230.00 - 250.00	300.00 - 320.00	100.00 - 120.00	120.00 - 120.00
Moneragala	240.00 - 300.00	80.00 - 140.00	280.00 - 350.00	240.00 - 250.00	150.00 - 160.00	-
Dambulla (DEC)	130.00 - 160.00	130.00 - 140.00	180.00 - 200.00	240.00 - 260.00	90.00 - 115.00	65.00 - 80.00
Keppetipola (DEC)	220.00 - 240.00	140.00 - 150.00	240.00 - 260.00	260.00 - 270.00	120.00 - 130.00	90.00 - 100.00
Norochchhole (DEC)	200.00 - 250.00	160.00 - 200.00	180.00 - 220.00	170.00 - 220.00	150.00 - 170.00	130.00 - 150.00
Nuwara Eliya	220.00 - 230.00	150.00 - 160.00	260.00 - 290.00	270.00 - 300.00	130.00 - 140.00	100.00 - 110.00
Kandy	230.00 - 250.00	150.00 - 160.00	200.00 - 250.00	260.00 - 270.00	110.00 - 130.00	70.00 - 80.00
Hambantota	180.00 - 220.00	90.00 - 120.00	250.00 - 300.00	200.00 - 300.00	160.00 - 180.00	70.00 - 100.00
Thambuththegama (DEC)	200.00 - 220.00	90.00 - 120.00	180.00 - 250.00	200.00 - 230.00	100.00 - 120.00	80.00 - 100.00
Tissamaharama	160.00 - 200.00	100.00 - 120.00	250.00 - 270.00	220.00 - 280.00	150.00 - 160.00	70.00 - 80.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	250.00 - 280.00	-	120.00 - 140.00	70.00 - 80.00
Veyangoda	230.00 - 260.00	150.00 - 160.00	200.00 - 220.00	250.00 - 260.00	100.00 - 130.00	120.00 - 130.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	170.00 - 180.00	82.00 - 85.00	72.00 - 76.00
Meegoda (DEC)	70.00 - 70.00	70.00 - 70.00	-	88.00 - 90.00	83.00 - 85.00
Norochchhole (DEC)	50.00 - 60.00	40.00 - 60.00	30.00 - 30.00	76.00 - 80.00	65.00 - 72.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 35.00	20.00 - 25.00	62.00 - 65.00	56.00 - 58.00
Kandy	38.00 - 40.00	40.00 - 45.00	150.00 - 160.00	75.00 - 80.00	63.00 - 65.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 70.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	-	-
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	50.00 - 55.00
Jaffna	-	-	-	-	-
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 45.00	40.00 - 45.00	45.00 - 48.00	70.00 - 80.00	-

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 38: 16 - 22 September 2022

LOCATIONS	Up Country Varieties												
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato				
Colombo	-	400.00 - 600.00	320.00 - 480.00	240.00 - 400.00	240.00 - 400.00	200.00 - 400.00	160.00 - 320.00	400.00 - 600.00	200.00 - 400.00				
Gampaha	-	400.00 - 480.00	320.00 - 480.00	280.00 - 360.00	240.00 - 320.00	240.00 - 320.00	200.00 - 240.00	480.00 - 600.00	240.00 - 320.00				
Kurunegala	-	440.00 - 460.00	400.00 - 440.00	320.00 - 360.00	350.00 - 360.00	280.00 - 320.00	260.00 - 280.00	480.00 - 500.00	300.00 - 320.00				
Nikaweratiya	-	480.00 - 600.00	400.00 - 480.00	320.00 - 360.00	240.00 - 320.00	240.00 - 360.00	160.00 - 240.00	480.00 - 520.00	240.00 - 320.00				
Dambulla	-	460.00 - 480.00	440.00 - 460.00	360.00 - 400.00	300.00 - 320.00	280.00 - 320.00	200.00 - 220.00	460.00 - 480.00	180.00 - 220.00				
Anuradhapura	-	550.00 - 600.00	400.00 - 480.00	360.00 - 400.00	320.00 - 360.00	-	180.00 - 200.00	450.00 - 540.00	240.00 - 320.00				
Thambuththegama	-	450.00 - 540.00	360.00 - 420.00	280.00 - 320.00	220.00 - 260.00	240.00 - 280.00	160.00 - 200.00	440.00 - 500.00	160.00 - 200.00				
Polonnaruwa	-	480.00 - 500.00	420.00 - 440.00	320.00 - 340.00	280.00 - 300.00	-	200.00 - 220.00	480.00 - 500.00	240.00 - 260.00				
Kaluthara	-	460.00 - 480.00	420.00 - 440.00	300.00 - 320.00	300.00 - 320.00	290.00 - 320.00	220.00 - 240.00	460.00 - 480.00	280.00 - 300.00				
Badulla	-	400.00 - 440.00	360.00 - 400.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	140.00 - 160.00	400.00 - 400.00	200.00 - 240.00				
Keppetipola	-	340.00 - 360.00	320.00 - 340.00	280.00 - 290.00	200.00 - 220.00	200.00 - 220.00	130.00 - 140.00	360.00 - 380.00	180.00 - 200.00				
Moneragala	-	480.00 - 560.00	460.00 - 480.00	380.00 - 400.00	320.00 - 380.00	-	180.00 - 200.00	480.00 - 520.00	240.00 - 250.00				
Kegalle	-	380.00 - 400.00	460.00 - 480.00	300.00 - 320.00	260.00 - 280.00	300.00 - 320.00	220.00 - 240.00	460.00 - 480.00	340.00 - 360.00				
Ampara	-	480.00 - 560.00	440.00 - 480.00	320.00 - 340.00	280.00 - 340.00	300.00 - 300.00	180.00 - 200.00	480.00 - 540.00	280.00 - 320.00				
Dehiwakkandiya	-	560.00 - 640.00	440.00 - 480.00	340.00 - 400.00	300.00 - 340.00	320.00 - 340.00	240.00 - 320.00	440.00 - 480.00	380.00 - 400.00				
Nuwaraeliya	-	380.00 - 400.00	360.00 - 380.00	260.00 - 280.00	240.00 - 250.00	220.00 - 230.00	150.00 - 160.00	360.00 - 380.00	180.00 - 200.00				
Kandy	-	360.00 - 400.00	480.00 - 500.00	320.00 - 340.00	280.00 - 300.00	360.00 - 380.00	180.00 - 200.00	440.00 - 480.00	180.00 - 200.00				
Puttalam	-	560.00 - 620.00	400.00 - 480.00	320.00 - 360.00	320.00 - 360.00	300.00 - 300.00	200.00 - 280.00	520.00 - 600.00	320.00 - 350.00				
Hambantota	-	400.00 - 480.00	400.00 - 500.00	300.00 - 320.00	240.00 - 320.00	240.00 - 260.00	160.00 - 240.00	400.00 - 420.00	200.00 - 240.00				
Rathnapura	-	380.00 - 400.00	420.00 - 430.00	300.00 - 320.00	280.00 - 320.00	250.00 - 260.00	160.00 - 180.00	450.00 - 480.00	260.00 - 300.00				
Matara	-	400.00 - 460.00	400.00 - 440.00	250.00 - 300.00	260.00 - 300.00	240.00 - 260.00	160.00 - 200.00	400.00 - 480.00	200.00 - 240.00				
Galle	-	520.00 - 560.00	440.00 - 480.00	400.00 - 440.00	200.00 - 240.00	320.00 - 360.00	220.00 - 240.00	580.00 - 600.00	300.00 - 340.00				
Tissamaharama	-	460.00 - 480.00	390.00 - 420.00	260.00 - 300.00	260.00 - 280.00	280.00 - 320.00	190.00 - 220.00	400.00 - 420.00	180.00 - 220.00				
Meegoda (DEC)	-	400.00 - 480.00	440.00 - 480.00	320.00 - 360.00	300.00 - 360.00	360.00 - 400.00	200.00 - 240.00	440.00 - 480.00	300.00 - 360.00				
Embilipitiya	-	400.00 - 480.00	340.00 - 400.00	280.00 - 320.00	320.00 - 400.00	240.00 - 320.00	200.00 - 240.00	440.00 - 480.00	200.00 - 280.00				
Jaffna	-	-	-	-	-	-	-	-	-				
Vavuniya	-	500.00 - 600.00	480.00 - 500.00	300.00 - 320.00	300.00 - 320.00	-	240.00 - 240.00	480.00 - 480.00	240.00 - 250.00				
Mannar	-	600.00 - 600.00	400.00 - 420.00	320.00 - 340.00	360.00 - 380.00	-	200.00 - 220.00	480.00 - 500.00	300.00 - 320.00				
Killinochchi	-	640.00 - 660.00	400.00 - 440.00	300.00 - 340.00	280.00 - 320.00	-	240.00 - 260.00	440.00 - 460.00	300.00 - 340.00				
Mullaittivu	-	550.00 - 600.00	400.00 - 440.00	280.00 - 320.00	260.00 - 280.00	-	-	400.00 - 520.00	240.00 - 280.00				
Batticaloa	-	540.00 - 550.00	450.00 - 480.00	320.00 - 320.00	300.00 - 320.00	320.00 - 320.00	240.00 - 250.00	450.00 - 480.00	320.00 - 320.00				
Trincomalee	-	-	320.00	360.00	250.00	280.00	-	220.00	220.00	170.00	220.00	380.00	420.00
Hanguranketha	-	370.00 - 400.00	340.00 - 360.00	220.00 - 240.00	250.00 - 270.00	170.00 - 200.00	100.00 - 110.00	370.00 - 400.00	170.00 - 200.00				
Veyangoda	-	440.00 - 480.00	360.00 - 400.00	280.00 - 320.00	260.00 - 320.00	250.00 - 280.00	150.00 - 180.00	440.00 - 480.00	280.00 - 320.00				
Galenbindunuwewa	-	500.00 - 550.00	460.00 - 480.00	360.00 - 400.00	280.00 - 320.00	240.00 - 280.00	-	440.00 - 480.00	280.00 - 320.00				
Bandarawela	-	460.00 - 480.00	380.00 - 400.00	300.00 - 320.00	260.00 - 280.00	280.00 - 300.00	160.00 - 180.00	380.00 - 400.00	220.00 - 240.00				
Matale	-	-	-	-	-	-	-	-	-				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans			
Colombo	160.00 - 400.00	300.00 - 520.00	700.00 - 1000.00	200.00 - 280.00	160.00 - 240.00	400.00 - 600.00	300.00 - 480.00	500.00 - 800.00	320.00 - 480.00	300.00 - 480.00			
Gampaha	200.00 - 240.00	320.00 - 480.00	700.00 - 1000.00	240.00 - 280.00	160.00 - 240.00	400.00 - 480.00	400.00 - 400.00	400.00 - 600.00	320.00 - 400.00	320.00 - 480.00			
Kurunegala	200.00 - 240.00	380.00 - 400.00	700.00 - 800.00	220.00 - 240.00	200.00 - 200.00	460.00 - 480.00	300.00 - 340.00	-	280.00 - 320.00	280.00 - 320.00			
Nikaweratiya	160.00 - 280.00	320.00 - 360.00	600.00 - 800.00	160.00 - 240.00	200.00 - 240.00	400.00 - 480.00	240.00 - 360.00	400.00 - 480.00	280.00 - 320.00	240.00 - 280.00			
Dambulla	180.00 - 200.00	380.00 - 400.00	760.00 - 800.00	200.00 - 240.00	200.00 - 220.00	440.00 - 480.00	340.00 - 360.00	360.00 - 400.00	300.00 - 320.00	300.00 - 320.00			
Anuradhapura	200.00 - 240.00	400.00 - 540.00	740.00 - 800.00	240.00 - 280.00	200.00 - 250.00	400.00 - 600.00	320.00 - 360.00	400.00 - 560.00	320.00 - 440.00	320.00 - 360.00			
Thambuththegama	160.00 - 200.00	320.00 - 380.00	600.00 - 680.00	160.00 - 200.00	180.00 - 220.00	340.00 - 380.00	240.00 - 280.00	-	260.00 - 300.00	240.00 - 280.00			
Polonnaruwa	160.00 - 180.00	340.00 - 360.00	730.00 - 750.00	200.00 - 220.00	180.00 - 200.00	400.00 - 420.00	300.00 - 320.00	380.00 - 400.00	300.00 - 320.00	320.00 - 350.00			
Kaluthara	240.00 - 260.00	320.00 - 340.00	880.00 - 900.00	240.00 - 260.00	200.00 - 220.00	400.00 - 420.00	340.00 - 360.00	-	320.00 - 340.00	320.00 - 340.00			
Badulla	160.00 - 200.00	320.00 - 360.00	800.00 - 880.00	240.00 - 240.00	220.00 - 240.00	480.00 - 560.00	360.00 - 400.00	-	320.00 - 360.00	300.00 - 320.00			
Keppetipola	160.00 - 180.00	280.00 - 300.00	760.00 - 780.00	220.00 - 230.00	200.00 - 220.00	380.00 - 400.00	320.00 - 340.00	360.00 - 380.00	280.00 - 300.00	280.00 - 300.00			
Moneragala	240.00 - 300.00	420.00 - 460.00	740.00 - 800.00	260.00 - 280.00	240.00 - 260.00	550.00 - 600.00	400.00 - 460.00	-	400.00 - 420.00	320.00 - 380.00			
Kegalle	220.00 - 240.00	380.00 - 400.00	780.00 - 800.00	260.00 - 280.00	220.00 - 240.00	460.00 - 480.00	340.00 - 360.00	340.00 - 360.00	300.00 - 320.00	340.00 - 360.00			
Ampara	200.00 - 240.00	360.00 - 400.00	750.00 - 800.00	240.00 - 240.00	180.00 - 200.00	440.00 - 480.00	340.00 - 400.00	520.00 - 560.00	300.00 - 320.00	240.00 - 280.00			
Dehiattakandiya	160.00 - 240.00	320.00 - 400.00	700.00 - 720.00	240.00 - 280.00	200.00 - 240.00	600.00 - 620.00	260.00 - 320.00	320.00 - 400.00	340.00 - 400.00	300.00 - 320.00			
Nuwaraeliya	200.00 - 220.00	320.00 - 330.00	760.00 - 800.00	220.00 - 240.00	220.00 - 230.00	360.00 - 380.00	300.00 - 320.00	360.00 - 380.00	280.00 - 300.00	280.00 - 300.00			
Kandy	160.00 - 200.00	360.00 - 400.00	800.00 - 850.00	200.00 - 240.00	180.00 - 200.00	440.00 - 480.00	320.00 - 360.00	360.00 - 400.00	300.00 - 320.00	320.00 - 340.00			
Puttalam	220.00 - 250.00	400.00 - 480.00	850.00 - 1000.00	240.00 - 280.00	240.00 - 280.00	480.00 - 520.00	360.00 - 420.00	560.00 - 600.00	360.00 - 400.00	320.00 - 380.00			
Rathnapura	200.00 - 230.00	380.00 - 420.00	780.00 - 820.00	230.00 - 250.00	200.00 - 220.00	480.00 - 520.00	340.00 - 360.00	360.00 - 380.00	320.00 - 340.00	360.00 - 380.00			
Hambantota	140.00 - 170.00	320.00 - 400.00	720.00 - 800.00	220.00 - 260.00	120.00 - 180.00	440.00 - 520.00	280.00 - 320.00	-	280.00 - 320.00	240.00 - 320.00			
Matara	160.00 - 200.00	280.00 - 320.00	750.00 - 800.00	200.00 - 240.00	140.00 - 200.00	460.00 - 500.00	280.00 - 320.00	-	280.00 - 320.00	280.00 - 320.00			
Galle	240.00 - 280.00	420.00 - 440.00	800.00 - 900.00	220.00 - 240.00	260.00 - 280.00	520.00 - 560.00	400.00 - 480.00	600.00 - 650.00	440.00 - 460.00	440.00 - 480.00			
Tissamaharama	180.00 - 200.00	320.00 - 350.00	700.00 - 720.00	200.00 - 220.00	160.00 - 200.00	400.00 - 440.00	270.00 - 300.00	-	250.00 - 280.00	220.00 - 280.00			
Meegoda (DEC)	240.00 - 280.00	400.00 - 480.00	800.00 - 800.00	240.00 - 240.00	240.00 - 240.00	440.00 - 480.00	400.00 - 480.00	500.00 - 600.00	320.00 - 400.00	320.00 - 400.00			
Embilipitiya	200.00 - 240.00	320.00 - 400.00	600.00 - 800.00	200.00 - 240.00	180.00 - 240.00	450.00 - 520.00	340.00 - 360.00	500.00 - 550.00	320.00 - 360.00	280.00 - 320.00			
Jaffna	-	-	-	-	-	-	-	-	-	-			
Vavuniya	200.00 - 200.00	320.00 - 350.00	500.00 - 680.00	240.00 - 240.00	160.00 - 200.00	650.00 - 680.00	250.00 - 320.00	400.00 - 600.00	280.00 - 320.00	200.00 - 240.00			
Mannar	220.00 - 240.00	340.00 - 360.00	800.00 - 800.00	200.00 - 220.00	-	460.00 - 480.00	320.00 - 340.00	400.00 - 400.00	-	280.00 - 300.00			
Killinochchi	150.00 - 180.00	300.00 - 340.00	700.00 - 750.00	180.00 - 220.00	-	680.00 - 720.00	240.00 - 260.00	600.00 - 650.00	-	240.00 - 260.00			
Mullaitivu	120.00 - 150.00	280.00 - 300.00	600.00 - 700.00	180.00 - 200.00	-	600.00 - 700.00	240.00 - 250.00	-	-	240.00 - 280.00			
Batticaloa	300.00 - 320.00	380.00 - 400.00	750.00 - 780.00	240.00 - 240.00	200.00 - 220.00	600.00 - 600.00	320.00 - 320.00	400.00 - 400.00	320.00 - 320.00	320.00 - 320.00			
Trincomalee	140.00 - 180.00	-	650.00 - 700.00	160.00 - 180.00	170.00 - 220.00	400.00 - 460.00	260.00 - 280.00	-	220.00 - 240.00	220.00 - 240.00			
Hanguranketha	150.00 - 170.00	350.00 - 380.00	750.00 - 800.00	180.00 - 200.00	170.00 - 190.00	400.00 - 420.00	280.00 - 300.00	350.00 - 400.00	270.00 - 300.00	200.00 - 220.00			
Veyangoda	200.00 - 240.00	420.00 - 460.00	700.00 - 820.00	200.00 - 240.00	180.00 - 220.00	440.00 - 480.00	340.00 - 380.00	400.00 - 480.00	320.00 - 340.00	320.00 - 360.00			
Galenbindunuweawa	140.00 - 160.00	360.00 - 400.00	700.00 - 720.00	220.00 - 240.00	160.00 - 200.00	460.00 - 480.00	280.00 - 320.00	320.00 - 360.00	280.00 - 320.00	200.00 - 240.00			
Bandarawela	200.00 - 220.00	320.00 - 350.00	800.00 - 850.00	240.00 - 260.00	200.00 - 220.00	400.00 - 450.00	320.00 - 350.00	560.00 - 600.00	350.00 - 360.00	300.00 - 320.00			
Matale	-	-	-	-	-	-	-	-	-	-			

Table 07 (Contd.)

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 38: 16 - 22 September 2022

LOCATIONS	Banana										Pineapple						Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seenii (Rs/Kg)	Anamalu	Ambun	Large		Medium		Small		Betti	Karthakolomban					
19	Colombo	160.00 - 230.00	380.00 - 460.00	150.00 - 200.00	18.00 - 30.00	23.00 - 38.00	650.00 - 700.00	550.00 - 620.00	400.00 - 500.00	-	-	250.00 - 300.00						
	Gampaha	180.00 - 200.00	350.00 - 400.00	140.00 - 150.00	18.00 - 25.00	25.00 - 31.00	800.00 - 800.00	600.00 - 700.00	350.00 - 400.00	-	-	200.00 - 250.00						
	Kurunegala	140.00 - 150.00	440.00 - 450.00	100.00 - 130.00	15.00 - 20.00	30.00 - 32.00	600.00 - 650.00	500.00 - 550.00	400.00 - 450.00	80.00 - 100.00	-	-						
	Nikaweratiya	180.00 - 200.00	400.00 - 450.00	180.00 - 200.00	-	38.00 - 40.00	-	-	-	-	-	-						
	Dambulla	140.00 - 160.00	400.00 - 450.00	120.00 - 140.00	-	36.00 - 40.00	650.00 - 700.00	500.00 - 550.00	260.00 - 300.00	70.00 - 80.00	200.00 - 230.00							
	Anuradhapura	160.00 - 200.00	350.00 - 460.00	120.00 - 160.00	20.00 - 26.00	27.00 - 35.00	790.00 - 860.00	660.00 - 720.00	500.00 - 580.00	-	-	-						
	Thambuththegama	180.00 - 220.00	450.00 - 480.00	120.00 - 180.00	28.00 - 30.00	40.00 - 45.00	1000.00 - 1100.00	800.00 - 850.00	-	-	-	-						
	Polonnaruwa	140.00 - 150.00	-	100.00 - 120.00	-	22.00 - 25.00	600.00 - 700.00	500.00 - 550.00	350.00 - 400.00	-	-	150.00 - 160.00						
	Kaluthara	180.00 - 200.00	400.00 - 420.00	170.00 - 180.00	22.00 - 24.00	25.00 - 28.00	-	540.00 - 560.00	420.00 - 440.00	-	-	-						
	Badulla	140.00 - 160.00	360.00 - 380.00	120.00 - 130.00	15.00 - 17.00	26.00 - 28.00	720.00 - 760.00	550.00 - 580.00	350.00 - 380.00	-	-	150.00 - 160.00						
	Keppetipola	180.00 - 190.00	380.00 - 400.00	150.00 - 160.00	20.00 - 22.00	36.00 - 38.00	700.00 - 750.00	550.00 - 560.00	-	-	-	190.00 - 200.00						
	Moneragala	80.00 - 120.00	220.00 - 260.00	80.00 - 100.00	16.00 - 18.00	20.00 - 23.00	-	-	700.00 - 730.00	-	-	-						
	Kegalle	150.00 - 160.00	450.00 - 460.00	150.00 - 160.00	40.00 - 50.00	50.00 - 60.00	630.00 - 650.00	480.00 - 580.00	250.00 - 280.00	-	-	200.00 - 240.00						
	Ampara	120.00 - 150.00	320.00 - 350.00	90.00 - 120.00	16.00 - 18.00	25.00 - 28.00	750.00 - 750.00	550.00 - 600.00	400.00 - 450.00	-	-	120.00 - 150.00						
	Dehiattakandiya	190.00 - 210.00	340.00 - 360.00	140.00 - 150.00	-	41.00 - 62.00	700.00 - 780.00	600.00 - 670.00	380.00 - 450.00	-	-	-						
	Nuwaraeliya	150.00 - 160.00	350.00 - 380.00	130.00 - 140.00	18.00 - 23.00	36.00 - 42.00	-	650.00 - 680.00	520.00 - 560.00	-	-	180.00 - 190.00						
	Kandy	170.00 - 180.00	420.00 - 430.00	160.00 - 170.00	20.00 - 22.00	32.00 - 38.00	750.00 - 800.00	500.00 - 550.00	330.00 - 350.00	-	-	180.00 - 200.00						
	Puttalam	140.00 - 160.00	400.00 - 420.00	140.00 - 150.00	17.00 - 18.00	-	-	-	250.00 - 300.00	-	-	-						
	Rathnapura	180.00 - 200.00	360.00 - 400.00	160.00 - 180.00	-	-	800.00 - 800.00	650.00 - 700.00	300.00 - 350.00	-	-	200.00 - 250.00						
	Hambantota	160.00 - 180.00	430.00 - 450.00	140.00 - 150.00	20.00 - 22.00	24.00 - 28.00	750.00 - 780.00	650.00 - 670.00	550.00 - 580.00	-	-	140.00 - 150.00						
	Matara	170.00 - 180.00	420.00 - 440.00	140.00 - 155.00	21.00 - 22.00	27.00 - 31.00	700.00 - 780.00	600.00 - 650.00	450.00 - 500.00	-	-	150.00 - 180.00						
	Galle	180.00 - 200.00	400.00 - 450.00	150.00 - 180.00	20.00 - 25.00	25.00 - 30.00	975.00 - 1050.00	650.00 - 700.00	-	-	-	180.00 - 200.00						
	Tissamaharama	140.00 - 160.00	360.00 - 380.00	120.00 - 130.00	-	-	680.00 - 680.00	520.00 - 520.00	430.00 - 430.00	-	-	-						
	Meegoda (DEC)	190.00 - 200.00	400.00 - 420.00	150.00 - 160.00	-	30.00 - 32.00	-	-	-	-	-	-						
	Embilipitiya	130.00 - 160.00	300.00 - 350.00	100.00 - 120.00	20.00 - 30.00	25.00 - 35.00	-	550.00 - 600.00	450.00 - 500.00	80.00 - 100.00	-	-						
	Jaffna	-	-	-	-	-	-	-	-	-	-	-						
	Vavuniya	180.00 - 200.00	-	120.00 - 130.00	30.00 - 30.00	30.00 - 35.00	780.00 - 820.00	700.00 - 720.00	560.00 - 600.00	-	-	230.00 - 270.00						
	Mannar	140.00 - 150.00	300.00 - 320.00	100.00 - 120.00	17.00 - 18.00	-	-	-	450.00 - 480.00	-	-	-						
	Killinochchi	200.00 - 240.00	300.00 - 350.00	150.00 - 170.00	26.00 - 28.00	26.00 - 28.00	670.00 - 750.00	540.00 - 600.00	360.00 - 400.00	-	-	-						
	Mullaitivu	180.00 - 200.00	240.00 - 300.00	160.00 - 200.00	-	25.00 - 28.00	-	-	-	-	-	-						
	Batticaloa	180.00 - 200.00	450.00 - 450.00	180.00 - 180.00	-	-	-	-	500.00 - 500.00	-	-	-						
	Trincomalee	175.00 - 200.00	280.00 - 320.00	150.00 - 180.00	27.00 - 29.00	27.00 - 29.00	-	550.00 - 580.00	420.00 - 450.00	65.00 - 75.00	200.00 - 250.00							
	Veyangoda	180.00 - 250.00	430.00 - 450.00	150.00 - 180.00	18.00 - 22.00	31.00 - 37.00	700.00 - 780.00	600.00 - 650.00	420.00 - 450.00	-	-	160.00 - 180.00						
	Galenbindunuwewa	150.00 - 180.00	280.00 - 300.00	150.00 - 160.00	25.00 - 30.00	30.00 - 35.00	810.00 - 900.00	675.00 - 750.00	540.00 - 600.00	-	-	-						
	Bandarawela	160.00 - 180.00	350.00 - 380.00	120.00 - 140.00	18.00 - 20.00	28.00 - 30.00	-	550.00 - 600.00	350.00 - 400.00	-	-	150.00 - 180.00						
	Matale	-	-	-	-	-	-	-	-	-	-	-						

Table 08 (Contd.)

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 38: 16 - 22 September 2022

Locations	Sea Fish										
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw
Colombo	280.00 –	900.00	740.00 –	980.00	500.00 –	850.00	1300.00 –	1550.00	2000.00 –	2850.00	1250.00 – 1700.00
Kandy	630.00 –	650.00	1000.00 –	1050.00	950.00 –	1100.00	1500.00 –	1650.00	2750.00 –	2800.00	1200.00 – 1250.00
Kaluthara	450.00 –	550.00	750.00 –	850.00	800.00 –	950.00	1400.00 –	1500.00	–	–	1300.00 – 1400.00
Puttalam	450.00 –	550.00	750.00 –	900.00	750.00 –	950.00	–	–	–	–	1000.00 – 1150.00
Matara	450.00 –	500.00	900.00 –	950.00	1100.00 –	1200.00	1500.00 –	1650.00	–	–	–
Hambantota	400.00 –	450.00	800.00 –	850.00	1000.00 –	1100.00	1600.00 –	1700.00	–	–	–
Galle	–	–	–	–	1000.00 –	1100.00	1000.00 –	1300.00	2200.00 –	2200.00	1550.00 – 1600.00
Batticaloa	–	–	700.00 –	800.00	800.00 –	900.00	–	–	1800.00 –	1900.00	–
Trincomalee	300.00 –	350.00	850.00 –	950.00	850.00 –	950.00	1500.00 –	1600.00	2550.00 –	2650.00	1350.00 – 1450.00
Mannar	380.00 –	400.00	–	–	950.00 –	1000.00	–	–	–	–	1100.00 – 1200.00

Locations	Sea Fish					Eggs				
	Mora		Shrimps		Thalapath	Teppeli	Brown		White	
Colombo	–	–	1600.00 –	1800.00	1750.00 –	2450.00	–	49.00 –	50.00	46.50 – 48.00
Kandy	1200.00 –	1250.00	1500.00 –	1600.00	2400.00 –	2450.00	–	48.50 –	49.00	47.50 – 48.00
Kaluthara	–	–	–	–	2400.00 –	2500.00	–	–	–	–
Puttalam	1600.00 –	1650.00	1650.00 –	1750.00	1650.00 –	1700.00	–	–	–	49.00 – 49.50
Matara	–	–	–	–	2100.00 –	2150.00	–	–	–	–
Hambantota	–	–	–	–	–	–	–	–	–	48.00 – 48.00
Galle	1000.00 –	1100.00	1600.00 –	1750.00	2200.00 –	2200.00	–	49.00 –	49.00	47.00 – 47.00
Batticaloa	–	–	1400.00 –	1500.00	1800.00 –	1900.00	–	49.00 –	49.00	49.00 – 49.00
Trincomalee	–	–	1150.00 –	1200.00	2350.00 –	2450.00	–	48.00 –	48.00	46.50 – 48.00
Mannar	–	–	1200.00 –	1300.00	–	–	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 38: 16 - 22 September 2022

Locations	Local Dried Fish						
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa	
Colombo	114000 –	122500	–	–	114000 –	120000	64000 – 75000
Kandy	117500 –	120000	–	–	122500 –	125000	75000 – 80000
Batticaloa	92500 –	95000	155000 –	157500	–	–	–
Trincomalee	86000 –	87000	–	–	–	–	87000 – 88000
Mannar	75000 –	77500	100000 –	105000	–	–	75000 – 77500
							52500 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	45000 – 60000	75000 – 85000	80000 – 87500	–
Kandy	–	–	–	82500 – 92500	–	–
Batticaloa	62500 –	65000	–	–	–	–
Trincomalee	98000 –	98750	–	53500 – 55000	60000 – 62500	108500 – 110000
Mannar	62500 –	65000	77500 – 80000	37500 – 40000	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	90000 – 95000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	127500 –	127500	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 38: 16 - 22 September 2022

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 38: 16 - 22 September 2022

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
23	Colombo	1800.00 – 2200.00	2600.00 – 3300.00	–	2600.00 – 3200.00	2000.00 – 2500.00	2200.00 – 3000.00	1200.00 – 1500.00				
	Gampaha	1800.00 – 1920.00	2400.00 – 2800.00	3600.00 – 3600.00	3000.00 – 3000.00	1800.00 – 1800.00	2800.00 – 2800.00	1200.00 – 1400.00				
	Kurunegala	1900.00 – 2000.00	2800.00 – 2800.00	2800.00 – 3000.00	3000.00 – 3000.00	2000.00 – 2400.00	2400.00 – 2600.00	1400.00 – 1600.00				
	Nikaweratiya	1800.00 – 1940.00	2600.00 – 2600.00	–	2600.00 – 2800.00	1600.00 – 1800.00	2400.00 – 2400.00	1200.00 – 1400.00				
	Dambulla	1800.00 – 2000.00	2600.00 – 2800.00	–	2700.00 – 3000.00	1800.00 – 2000.00	2400.00 – 2500.00	–				
	Anuradhapura	1800.00 – 1950.00	2800.00 – 3200.00	–	2800.00 – 3000.00	1800.00 – 2500.00	2600.00 – 2800.00	1100.00 – 1700.00				
	Thambuththegama	1720.00 – 1720.00	2200.00 – 2200.00	–	–	1700.00 – 1700.00	–	–				
	Polonnaruwa	1800.00 – 1900.00	–	–	2800.00 – 3000.00	2100.00 – 2300.00	–	–				
	Kaluthara	1800.00 – 1900.00	2900.00 – 3000.00	–	2900.00 – 3000.00	2500.00 – 2600.00	2600.00 – 2700.00	1400.00 – 1500.00				
	Badulla	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2200.00 – 2400.00	–	1300.00 – 1400.00				
	Keppetipola	1800.00 – 1900.00	3200.00 – 3300.00	–	2800.00 – 2900.00	2200.00 – 2300.00	2900.00 – 3000.00	1400.00 – 1450.00				
	Moneragala	–	2800.00 – 3000.00	2800.00 – 2900.00	2800.00 – 2900.00	2000.00 – 2300.00	2800.00 – 2900.00	–				
	Kegalle	1700.00 – 1750.00	2500.00 – 2600.00	–	2600.00 – 2800.00	2000.00 – 2100.00	–	–				
	Ampara	1800.00 – 1900.00	–	–	–	1900.00 – 2200.00	–	1200.00 – 1400.00				
	Dehiattakandiya	1900.00 – 2000.00	3000.00 – 3500.00	–	2800.00 – 3100.00	1600.00 – 2100.00	–	1500.00 – 2000.00				
	Nuwaraeliya	1750.00 – 1900.00	3200.00 – 3300.00	–	2800.00 – 2900.00	2100.00 – 2200.00	2700.00 – 2800.00	1300.00 – 1400.00				
	Kandy	1900.00 – 2000.00	3100.00 – 3200.00	–	2900.00 – 3000.00	2400.00 – 2500.00	2700.00 – 2800.00	–				
	Puttalam	1600.00 – 1800.00	2350.00 – 2600.00	–	2650.00 – 2800.00	1400.00 – 1800.00	1450.00 – 1800.00	1000.00 – 1100.00				
	Hambantota	–	2800.00 – 2900.00	–	2900.00 – 3100.00	2100.00 – 2300.00	2500.00 – 2700.00	–				
	Rathnapura	1720.00 – 1880.00	2700.00 – 2800.00	3000.00 – 3100.00	2740.00 – 2800.00	1580.00 – 1800.00	2700.00 – 2900.00	–				
	Matara	1800.00 – 1900.00	2800.00 – 3000.00	–	2900.00 – 3100.00	2200.00 – 2300.00	2500.00 – 2600.00	–				
	Galle	2000.00 – 2200.00	2600.00 – 2700.00	–	2800.00 – 2900.00	1800.00 – 1900.00	2200.00 – 2300.00	–				
	Tissamaharama	1700.00 – 1800.00	–	–	–	1400.00 – 1900.00	–	–				
	Meegoda	1800.00 – 2000.00	2800.00 – 3000.00	–	2800.00 – 3000.00	2000.00 – 2200.00	3000.00 – 3000.00	–				
	Embilipitiya	1700.00 – 1900.00	2700.00 – 2800.00	–	2600.00 – 2800.00	1600.00 – 2000.00	2600.00 – 2750.00	1250.00 – 1400.00				
	Jaffna	–	–	–	–	–	–	–				
	Vavuniya	2000.00 – 2000.00	–	–	–	–	–	–				
	Mannar	1600.00 – 1700.00	2200.00 – 2300.00	–	–	1600.00 – 1700.00	1200.00 – 1300.00	900.00 – 900.00				
	Killinochchi	1800.00 – 1800.00	3500.00 – 3700.00	–	–	2400.00 – 2500.00	2200.00 – 2200.00	1400.00 – 1500.00				
	Mullaithivu	1800.00 – 2000.00	3300.00 – 3500.00	–	–	2000.00 – 2200.00	1500.00 – 2000.00	1200.00 – 1500.00				
	Batticaloa	2000.00 – 2000.00	3200.00 – 3200.00	–	–	2200.00 – 2200.00	–	–				
	Trincomalee	1700.00 – 1800.00	2200.00 – 2300.00	–	2600.00 – 2700.00	1750.00 – 1800.00	2600.00 – 2700.00	1100.00 – 1200.00				
	Veyangoda	1700.00 – 1900.00	2600.00 – 3000.00	–	2700.00 – 3200.00	1600.00 – 1800.00	2200.00 – 2200.00	1100.00 – 1400.00				
	Galenbindunuwewa	2000.00 – 2200.00	2800.00 – 3000.00	3500.00 – 4000.00	2800.00 – 3000.00	1800.00 – 2200.00	1600.00 – 2600.00	1100.00 – 1200.00				
	Bandarawela	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2200.00 – 2300.00	–	1300.00 – 1400.00				
	Matale	–	–	–	–	–	–	–				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 38: 16 - 22 September 2022

LOCATIONS	Meat		Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork	
Colombo	2000.00 – 2200.00	1460.00 – 1550.00	1450.00 – 1550.00	2600.00 – 3000.00	1500.00 – 2000.00	
Gampaha	–	1500.00 – 1500.00	1700.00 – 1700.00	2600.00 – 2600.00	1500.00 – 1500.00	
Kurunegala	2000.00 – 2000.00	1500.00 – 1600.00	–	2800.00 – 2800.00	1700.00 – 1750.00	
Nikaweratiya	1900.00 – 1900.00	1450.00 – 1450.00	–	–	–	
Dambulla	–	1450.00 – 1500.00	–	–	–	
Anuradhapura	2100.00 – 2200.00	1400.00 – 1450.00	–	3000.00 – 3000.00	1600.00 – 1700.00	
Thambuththegama	1700.00 – 2000.00	1200.00 – 1400.00	1300.00 – 1300.00	–	1500.00 – 1600.00	
Polonnaruwa	2000.00 – 2000.00	–	1300.00 – 1350.00	2600.00 – 2900.00	1350.00 – 1500.00	
Kaluthara	–	1500.00 – 1520.00	1540.00 – 1560.00	–	–	
Badulla	1800.00 – 2000.00	1500.00 – 1530.00	1500.00 – 1650.00	2600.00 – 2700.00	–	
Keppetipola	1900.00 – 2000.00	1500.00 – 1600.00	1600.00 – 1650.00	2800.00 – 2900.00	–	
Moneragala	1900.00 – 1900.00	1580.00 – 1620.00	–	–	1650.00 – 1680.00	
Kegalle	1900.00 – 1950.00	1450.00 – 1500.00	–	–	1450.00 – 1500.00	
Ampara	2000.00 – 2000.00	1500.00 – 1600.00	–	–	–	
Dehiattakandiya	–	1330.00 – 1470.00	–	–	1500.00 – 1800.00	
Nuwaraeliya	2000.00 – 2100.00	1530.00 – 1600.00	1600.00 – 1700.00	2800.00 – 2900.00	1450.00 – 1500.00	
Kandy	1900.00 – 2000.00	1410.00 – 1440.00	1480.00 – 1500.00	2600.00 – 2700.00	–	
Puttalam	2000.00 – 2000.00	1500.00 – 1560.00	1450.00 – 1520.00	2750.00 – 2800.00	–	
Hambantota	–	1400.00 – 1500.00	–	–	–	
Rathnapura	1800.00 – 1800.00	1450.00 – 1460.00	1600.00 – 1650.00	2700.00 – 2800.00	1500.00 – 1700.00	
Matara	–	1450.00 – 1460.00	–	–	–	
Galle	2000.00 – 2000.00	1470.00 – 1500.00	1500.00 – 1550.00	2900.00 – 3000.00	–	
Tissamaharama	–	1550.00 – 1600.00	–	–	1800.00 – 1800.00	
Meegoda	–	1320.00 – 1380.00	–	3500.00 – 3500.00	1800.00 – 1800.00	
Embilipitiya	2000.00 – 2100.00	1350.00 – 1400.00	1300.00 – 1350.00	2750.00 – 2800.00	1600.00 – 1800.00	
Jaffna	–	–	–	–	–	
Vavuniya	1750.00 – 1800.00	1650.00 – 1750.00	–	2750.00 – 2800.00	–	
Mannar	1400.00 – 1500.00	1700.00 – 1700.00	–	–	–	
Killinochchi	1800.00 – 1800.00	1600.00 – 1600.00	1800.00 – 1800.00	2600.00 – 2600.00	–	
Mullaittivu	1700.00 – 1700.00	1800.00 – 1800.00	–	–	–	
Batticaloa	–	1800.00 – 1800.00	1800.00 – 1800.00	–	–	
Trincomalee	1700.00 – 1800.00	1600.00 – 1650.00	–	–	–	
Veyangoda	1900.00 – 1900.00	1400.00 – 1400.00	–	2600.00 – 2600.00	1500.00 – 1500.00	
Galenbindunuwewa	1700.00 – 1750.00	1400.00 – 1450.00	–	–	–	
Bandarawela	1800.00 – 2000.00	1450.00 – 1500.00	1550.00 – 1600.00	2800.00 – 3000.00	–	
Matale	–	–	–	–	–	

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 38: 16 - 22 September 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	82.00 - 85.00	84.50	83.90	71.30	0.72	18.51	
Samba 1	225.00 - 230.00	227.00	227.50		-0.22		Small	72.00 - 76.00	74.30	73.30	62.00	1.36	19.84	
Samba 2	215.00 - 225.00	220.70	221.50	110.20	-0.36	100.27								
Keeri Samba	240.00 - 250.00	244.44	244.50		-0.02		Fruits (Rs/Fruit)							
Nadu 1	210.00 - 220.00	215.22	216.50		-0.59		Plantain							
Nadu 2	200.00 - 210.00	207.50	210.30	101.30	-1.33	104.84	Ambul (Rs/Kg)	140.00 - 160.00	150.00	169.17	53.33	-11.33	181.25	
Raw (Red)	205.00 - 215.00	209.30	210.00	93.00	-0.33	125.05	Kolikuttu (Rs/Kg)	350.00 - 380.00	369.17	376.67	230.83	-1.99	59.93	
Raw (White)	200.00 - 210.00	206.20	205.50	95.30	0.34	116.37	Seeni (Rs/Kg)	90.00 - 120.00	107.50	110.00	67.50	-2.27	59.26	
Imported							Anamalu	16.00 - 18.00	16.50	16.75	11.00	-1.49	50.00	
Samba	185.00 - 190.00	185.80	190.60		-2.52		Ambun	19.00 - 21.00	19.50	19.75	14.00	-1.27	39.29	
Nadu	178.00 - 190.00	181.30	184.80		-1.89		Papaw(Rs/Kg)	120.00 - 180.00	153.33	125.00	88.33	22.67	73.58	
Raw (Red)	-						Passion Fruit	40.00 - 45.00	43.38	42.20	11.00	2.78	294.32	
Raw (White)	165.00 - 175.00	169.50	180.50		-6.09		Pineapple Large	620.00 - 750.00	678.33	631.25	302.00	7.46	124.61	
Dried Chillies							Pineapple Medium	500.00 - 670.00	571.67	511.25	228.00	11.82	150.73	
Imported	1500.00 - 1600.00	1546.00	1559.50	507.78	-0.87	204.46	Pineapple Small	400.00 - 550.00	461.67	411.25	155.00	12.26	197.85	
Onion							Mango							
Sinnan	250.00 - 330.00	294.29	336.00	183.89	-12.41	60.03	Betti	-						
Vedalan	450.00 - 500.00	481.11	438.13	229.00	9.81	110.09	Karthakolomban	180.00 - 220.00	200.00	202.50		-1.23		
Imported	360.00 - 390.00	376.88	404.50	206.67	-6.83	82.36	Vilad	75.00 - 85.00	81.25	80.00	40.91	1.56	98.61	
Big Onion							Kohu	-						
Imported	125.00 - 145.00	137.50	137.30	102.50	0.15	34.15	Other							
Local	125.00 - 140.00	132.50	127.50	113.50	3.92	16.74	Wood Apple	16.00 - 24.00	19.83	15.67	11.50	26.60	72.46	
Potato							Orange	50.00 - 65.00	57.73	51.82	42.50	11.40	35.83	
Wellimada	300.00 - 340.00	320.00	327.50	118.00	-2.29	171.19	Avocado	50.00 - 90.00	70.38	63.33	42.67	11.13	64.96	
N'Eliya	330.00 - 370.00	350.00	365.00	139.00	-4.11	151.80	Slime Apple	34.00 - 45.00	38.00	35.25	51.00	7.80	-25.49	
Imported	260.00 - 310.00	275.00	259.50	101.50	5.97	170.94	Grapes (Imp., Rs/Kg)	1430.00 - 1600.00	1515.00	1900.00	753.00	-20.26	101.20	
Pulses							King Coconut	90.00 - 120.00	105.00	103.33	57.50	1.61	82.61	
Green Gram	1000.00 - 1050.00	1027.00	960.83	678.89	6.89	51.28	Sea Fish							
Cowpea (White)	800.00 - 850.00	821.50	758.33	544.50	8.33	50.87	Salaya	280.00 - 900.00	554.55	828.18	175.00	-33.04	216.88	
Cowpea (Red)	800.00 - 900.00	850.00	796.00	335.00	6.78	153.73	Hurulla	740.00 - 980.00	857.78	1037.50	402.00	-17.32	113.38	
Red Dhal	400.00 - 410.00	406.30	409.00	239.27	-0.66	69.81	Bayala	500.00 - 850.00	664.00	966.67	425.00	-31.31	56.24	
Vegetable							Kelawalla	1300.00 - 1550.00	1464.00	1506.25	671.67	-2.80	117.97	
Beans (Butter)	-						Thora	2000.00 - 2850.00	2418.18	2358.00	1300.00	2.55	86.01	
Beans(Green)	280.00 - 320.00	310.00	403.00	90.00	-23.08	244.44	Paraw	1250.00 - 1700.00	1475.56	1560.00	733.33	-5.41	101.21	
Carrot	250.00 - 310.00	277.00	261.82	70.00	5.80	295.71	Mora	-						
Leeks	150.00 - 220.00	184.00	191.00	134.00	-3.66	37.31	Shrimps	1600.00 - 1800.00	1675.00	1600.00	1005.00	4.69	66.67	
Beetroot	180.00 - 250.00	211.67	157.27	44.00	34.59	381.06	Thalapath	1750.00 - 2450.00	2075.00	2418.00	1128.33	-14.19	83.90	
Knolhol	180.00 - 200.00	194.00	192.00	70.00	1.04	177.14	Eggs							
Raddish	100.00 - 140.00	119.00	104.00	39.00	14.42	205.13	Brown	49.00 - 50.00	49.50	49.50	17.50	0.00	182.86	
Cabbage	300.00 - 350.00	330.00	325.00	94.00	1.54	251.06	White	46.50 - 48.00	47.38	47.50	15.50	-0.26	205.65	
Tomato	130.00 - 200.00	165.00	192.00	66.00	-14.06	150.00	Shrimps	1600.00 - 1800.00	1675.00	1600.00	1005.00			
Ladies Fingers	120.00 - 140.00	130.00	111.00	47.00	17.12	176.60	Kattawa	1750.00 - 2450.00	2075.00	2418.00	1128.33	-14.19	83.90	
Brinjal	250.00 - 350.00	305.00	235.00	183.00	29.79	66.67	Sprats	2280.00 - 2450.00	2361.00	2376.00	1303.33	-0.63	81.15	
Capsicum	600.00 - 700.00	655.00	592.00	134.00	10.64	388.81	Sprats (Imported)	1500.00 - 1700.00	1580.91	1590.83	634.29	-0.62	149.24	
Pumpkin	140.00 - 160.00	147.00	168.00	55.00	-12.50	167.27	Kattawa	-						
Cucumber	120.00 - 150.00	131.00	111.00	24.00	18.02	445.83	Kattawa (Imported)	1600.00 - 1750.00	1697.50	1792.22		-5.29		
Bitter Gourd	300.00 - 350.00	321.00	229.00	133.00	40.17	141.35	Thora	-						
Snake Gourd	250.00 - 280.00	272.00	221.00	71.50	23.08	280.42	Thora (Imported)	-						
Drumstick	300.00 - 350.00	329.00	419.00	125.00	-21.48	163.20	Mora	2280.00 - 2400.00	2343.33	2347.78	1290.00	-0.19	81.65	
Luffa	240.00 - 280.00	259.00	202.00	74.00	28.22	250.00	Mora (Imported)	-						
Long Beans	230.00 - 250.00	240.00	198.00	56.00	21.21	328.57	Bayala	1280.00 - 1500.00	1380.00	1333.75	616.67	3.47	123.78	
Ash Plantain	150.00 - 170.00	158.00	151.00	42.00	4.64	276.19	Bayala (Imported)	-						
Green Chillies	200.00 - 260.00	228.00	260.00	193.00	-12.31	18.13	Anguluwa	-						
Lime	180.00 - 250.00	230.00	224.00	213.00	2.68	7.98	Anguluwa (Imported)	1800.00 - 1900.00	1840.00	1895.56		-2.93		
Root Crops							Maduwa	-						
Sweet Potato	110.00 - 130.00	121.00	130.00	67.00	-6.92	80.60	Maduwa (Imported)	-						
Manioc	80.00 - 90.00	85.00	87.00	29.50	-2.30	188.14	Koduwa	-						
Leafy Vegetable							Koduwa (Imported)	-						
Mukunuwenna	40.00 - 45.00	40.90	40.60	27.50	0.74	48.73	Salaya	900.00 - 1200.00	1044.00	990.00	265.71	5.45	292.90	
Kankun	40.00 - 45.00	40.90	40.60	27.50	0.74	48.73	Salaya (Imported)	-						
Gotukola (Rs/Kg)	170.00 - 180.00	175.56	160.00	75.00	9.72	134.07								

This Week: Week 38: 16 - 22 September 2022

Last Week: Week 37: 09 - 15 September 2022

Table 15: Colombo & Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 38: 16 - 22 September 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)	
Rice														
Local														
Samba 1	240.00 - 260.00	250.00	249.66	123.77	0.34	101.99	Coconut		95.00 - 110.00	102.58	101.19	90.00	1.39	13.98
Samba 2	220.00 - 250.00	235.48	235.83		-0.35		Large		75.00 - 90.00	84.41	83.18	76.59	1.23	10.21
Keeri Samba	260.00 - 280.00	266.41	267.14		-0.74		Small							
Nadu 1	220.00 - 240.00	233.75	233.45	114.17	0.30	104.74	Fruits (Rs/Fruit)							
Nadu 2	210.00 - 230.00	222.59	223.50		-0.91		Plantain							
Raw (Red)	215.00 - 240.00	228.13	228.03	104.81	0.09	117.65	Ambul (Rs/Kg)		160.00 - 230.00	201.18	206.11	104.71	-4.93	92.13
Raw (White)	220.00 - 240.00	230.74	230.91	107.17	-0.17	115.30	Kolikuttu (Rs/Kg)		380.00 - 460.00	413.87	416.47	341.76	-2.60	21.10
Imported							Seeni (Rs/Kg)		150.00 - 200.00	173.89	176.67	123.53	-2.78	40.77
Samba	200.00 - 220.00	212.70	213.53		-0.83		Anamalu		18.00 - 30.00	24.15	25.26	18.35	-1.11	31.57
Nadu	190.00 - 220.00	210.00	211.43		-1.43		Ambun		23.00 - 38.00	29.50	30.09	23.18	-0.59	27.28
Raw (Red)	-						Papaw(Rs/Kg)		180.00 - 280.00	241.00	240.00	140.59	1.00	71.42
Raw (White)	190.00 - 200.00	196.45	198.79		-2.34		Passion Fruit		42.00 - 63.00	52.33	51.38	23.32	0.96	124.45
Dried Chillies							Pineapple Large		650.00 - 700.00	670.00	666.67	325.00	3.33	106.15
Imported	1750.00 - 2000.00	1862.07	1793.55	601.61	68.52	209.51	Pineapple Medium		550.00 - 620.00	579.62	572.50	248.24	7.12	133.49
Onion							Pineapple Small		400.00 - 500.00	473.89	472.07	175.88	1.82	169.44
Sinnan	320.00 - 400.00	371.72	373.75	262.27	-2.03	41.73	Mango							
Vedalan	520.00 - 600.00	570.63	545.45	313.33	25.17	82.12	Betti							
Imported	400.00 - 460.00	418.28	420.00	300.00	-1.72	39.43	Karthakoloman		250.00 - 300.00	270.00	321.43		-51.43	
Big Onion							Vilad		80.00 - 120.00	97.71	77.14		20.57	
Imported	170.00 - 200.00	183.33	183.87	154.58	-0.54	18.60	Other							
Local	180.00 - 200.00	190.48		143.89		32.38	Wood Apple		30.00 - 70.00	49.39	44.69	47.50	4.71	3.99
Potato							Orange		60.00 - 120.00	96.67	88.28	64.67	8.39	49.48
Wellimada	380.00 - 480.00	412.76	384.52	175.71	28.24	134.90	Avocado		70.00 - 160.00	110.36	99.66	73.13	10.70	50.92
N'Ellya	480.00 - 600.00	530.00	509.38	206.40	20.63	156.78	Slime Apple		80.00 - 120.00	103.33	81.11		22.22	
Imported	300.00 - 360.00	332.50	310.67	150.00	21.83	121.67	Grapes (Imp., Rs/Kg)		2800.00 - 4000.00	3433.33	3533.33	1312.50	-100.00	161.59
Pulses							King Coconut		100.00 - 150.00	134.71	132.11	71.67	2.60	87.96
Green Gram	1100.00 - 1200.00	1153.33	1024.38	807.89	128.96	42.76	Sea Fish							
Cowpea (White)	900.00 - 1000.00	956.45	925.36	676.46	31.09	41.39	Salaya		600.00 - 1000.00	758.33	968.00	269.33	-209.67	181.56
Cowpea (Red)	800.00 - 1000.00	898.57	862.50	643.75	36.07	39.58	Hurulla		950.00 - 1300.00	1100.71	1217.65	502.86	-116.93	118.89
Red Dhal	440.00 - 480.00	452.86	454.72	270.36	-1.87	67.50	Balaya		700.00 - 1800.00	1480.00	1669.23	969.09	-189.23	52.72
Vegetable							Kelawalla		1600.00 - 2800.00	2462.35	2491.58	960.00	-29.23	156.50
Beans (Butter)	-						Thora		2800.00 - 4000.00	3436.36	3482.67	1750.00	-46.30	96.36
Beans(Green)	400.00 - 600.00	505.36	606.07	185.88	-100.71	171.87	Paraw		1700.00 - 3000.00	2571.43	2685.71	1195.38	-114.29	115.11
Carrot	320.00 - 480.00	404.62	397.86	147.06	6.76	175.14	Mora							
Leeks	240.00 - 400.00	328.21	331.15	208.82	-2.94	57.17	Shrimps							
Beetroot	240.00 - 400.00	312.86	275.00	124.21	37.86	151.88	Thalaphath		1800.00 - 2100.00	1947.22	2011.43	1178.46	-64.21	65.23
Knolkhol	200.00 - 400.00	314.62	298.00	140.00	16.62	124.73	2100.00 - 3500.00	2934.17	3034.55	1517.14	-100.38	93.40		
Raddish	160.00 - 320.00	228.89	221.48	103.89	7.41	120.32	Eggs							
Cabbage	400.00 - 600.00	515.56	430.00	166.67	85.56	209.33	Brown		49.50 - 52.00	50.81	50.77	18.80	0.04	170.25
Tomato	200.00 - 400.00	303.21	337.41	136.47	-34.19	122.18	White		48.00 - 50.00	49.34	49.34	17.56	0.00	181.07
Ladies Fingers	160.00 - 400.00	261.43	247.41	144.71	14.02	80.66	Dried Fish							
Brinjal	300.00 - 520.00	422.86	341.48	230.59	81.38	83.38	Sprats		2400.00 - 2800.00	2540.00	2736.36	1370.00	-196.36	85.40
Capsicum	700.00 - 1000.00	868.08	801.03	227.06	67.04	282.31	Sprats (Imported)		1800.00 - 2200.00	2028.00	2050.00	784.29	-22.00	158.58
Pumpkin	200.00 - 280.00	241.48	252.14	129.41	-10.66	86.60	Kattawa		2600.00 - 3300.00	2912.00	2936.00	1557.14	-24.00	87.01
Cucumber	160.00 - 240.00	222.86	210.71	98.82	12.14	125.51	Thora							
Bitter Gourd	400.00 - 600.00	494.00	421.54	212.00	72.46	133.02	Mora		2600.00 - 3200.00	2959.09	2976.92	1478.57	-17.83	100.13
Snake Gourd	300.00 - 480.00	401.15	372.40	188.24	28.75	113.11	Balaya		2000.00 - 2500.00	2284.62	2275.86	983.33	8.75	132.33
Drumstick	500.00 - 800.00	628.80	640.48	215.56	-11.68	191.71	Anguluwa		2200.00 - 3000.00	2690.00	2771.43	1525.00	-81.43	76.39
Luffa	320.00 - 480.00	388.75	360.37	176.47	28.38	120.29	Maduwa							
Long Beans	300.00 - 480.00	390.00	386.67	141.76	3.33	175.10	Koduwa							
Ash Plantain	180.00 - 320.00	255.71	239.23	110.59	16.48	131.23	Salaya		1200.00 - 1500.00	1325.00	1421.05	565.00	-96.05	134.51
Green Chillies	300.00 - 600.00	478.57	488.93	296.47	-10.36	61.42	Meat							
Lime	300.00 - 600.00	430.77	413.57	341.18	17.20	26.26	Beef (without Bones)		2000.00 - 2200.00	2060.00	2075.00	1100.00	-15.00	87.27
Root Crops							Chicken (Broiler)		1460.00 - 1550.00	1505.56	1459.09	657.50	46.46	128.98
Sweet Potato	150.00 - 280.00	210.42	220.71	120.00	-10.30	75.35	Chicken (Curry)		1450.00 - 1550.00	1494.29	1532.00	671.25	-37.71	122.61
Manioc	140.00 - 200.00	181.07	182.69	72.94	-1.62	148.24	Mutton		2600.00 - 3000.00	2850.00	2800.00	2066.67	50.00	37.90
Leafy Vegetable							Pork		1500.00 - 2000.00	1700.00	1616.67	775.00	83.33	119.35
Mukunuwenna	60.00 - 100.00	72.11	74.74	41.33	-2.63	74.45								
Kankun	60.00 - 100.00	72.11	74.74	41.33	-2.63	74.45								
Gotukola	60.00 - 100.00	72.11	74.74	51.33	-2.63	40.46								

This Week: Week 38: 16 - 22 September 2022
Last Week: Week 37: 09 - 15 September 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 38: 16 - 22 September 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	190.00 – 200.00	194.00
A'pura	110.00 – 113.00	111.20	Dambulla	240.00 – 270.00	256.00	Hambantota	–	
P'naruwa	120.00 – 121.50	120.67	Welimada	260.00 – 270.00	264.00	Embilipitiya	200.00 – 220.00	212.00
Kalawewa	102.00 – 120.00	110.71	Badulla	280.00 – 340.00	308.00	Matara	–	
Kurunegala	105.00 – 122.00	112.20	Carrot			A'pura	180.00 – 190.00	184.00
Dehiattakandiya	116.00 – 120.00	118.00	N'Eliya	260.00 – 275.00	267.00	Luffa		
Nikaweratiya	102.00 – 121.00	108.71	Welimada	230.00 – 240.00	234.00	Dambulla	182.50 – 200.00	192.50
Ampara	115.00 – 120.00	117.50	Hanguranketha	190.00 – 230.00	210.00	Hambantota	140.00 – 160.00	150.00
Long Grain (White)			Leeks			Embilipitiya	200.00 – 220.00	213.00
A'pura	110.00 – 113.00	111.20	N'Eliya	175.00 – 185.00	179.00	Matara	–	
P'naruwa	117.00 – 118.50	117.58	Welimada	175.00 – 185.00	181.00	A'pura	190.00 – 200.00	194.00
Kalawewa	100.00 – 120.00	110.00	Beetroot			Green Chillies		
Kurunegala	105.00 – 122.00	112.20	N'Eliya	145.00 – 155.00	149.00	Dambulla	167.50 – 182.50	173.50
Dehiattakandiya	112.00 – 113.00	112.33	Dambulla	162.50 – 182.50	172.50	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	190.00 – 220.00	206.67
Nikaweratiya	102.00 – 121.00	108.71	Welimada	130.00 – 140.00	134.00	Puttalam	130.00 – 160.00	145.00
Hambantota	–		Hanguranketha	75.00 – 90.00	83.00	A'pura	180.00 – 200.00	188.00
Ampara	115.00 – 120.00	117.43	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	135.00 – 145.00	141.00	Dambulla	115.00 – 130.00	122.00
Matara	120.00 – 122.00	120.50	Welimada	125.00 – 135.00	129.00	Hambantota	80.00 – 110.00	95.00
Hambantota	120.00 – 123.00	121.67	Hanguranketha	100.00 – 115.00	106.67	Embilipitiya	130.00 – 150.00	142.00
Embilipitiya	125.00 – 127.00	125.80	Raddish			Matara	–	
Keeri Samba			N'Eliya	70.00 – 80.00	74.00	A'pura	130.00 – 140.00	134.00
A'pura	115.00 – 120.00	117.00	Welimada	45.00 – 55.00	50.00	Moneragala	90.00 – 100.00	94.00
P'naruwa	120.00 – 121.50	120.58	Hambantota	50.00 – 60.00	55.00	Cucumber		
Kalawewa	110.00 – 120.00	116.25	Hanguranketha	35.00 – 50.00	42.20	A'pura	100.00 – 110.00	104.00
Kurunegala	118.00 – 120.00	118.67	Cabbage			Dambulla	95.00 – 105.00	100.00
Dehiattakandiya	118.00 – 120.00	119.33	N'Eliya	305.00 – 315.00	311.00	Hambantota	40.00 – 50.00	45.00
Red Onion			Welimada	255.00 – 265.00	259.00	Matara	–	
Puttalam	400.00 – 500.00	434.00	Badulla	220.00 – 250.00	236.00	Long Beans		
Jaffna	–		Hanguranketha	–		Dambulla	130.00 – 145.00	138.00
Big Onion			Tomato			Hambantota	100.00 – 140.00	120.00
Dambulla	105.00 – 115.00	111.00	Welimada	70.00 – 80.00	75.00	Embilipitiya	180.00 – 200.00	188.00
Kalawewa	–		Hambantota	60.00 – 70.00	66.00	Matara	180.00 – 210.00	196.67
A'pura	–		Dambulla	76.00 – 95.00	85.40	A'pura	150.00 – 160.00	154.00
Potato			Brinjal			Ash Plantain		
N'Eliya	270.00 – 280.00	274.00	A'pura	90.00 – 100.00	94.00	Hambantota	40.00 – 50.00	46.25
Badulla	–		Dambulla	86.00 – 95.00	90.40	Embilipitiya	90.00 – 100.00	97.00
Welimada	255.00 – 265.00	259.00	Hambantota	40.00 – 60.00	50.00	Matara	–	
Pulses			Embilipitiya	100.00 – 120.00	106.00	Lime		
Green Gram			Matara	100.00 – 120.00	110.00	Dambulla	–	
Hambantota	–		Vegetable (Low Country)			Hambantota	100.00 – 140.00	120.00
Moneragala	–		Ladies Fingers			Embilipitiya	180.00 – 200.00	188.00
Embilipitiya	740.00 – 750.00	745.00	A'pura	220.00 – 230.00	224.00	Matara	180.00 – 210.00	196.67
Nikaweratiya	650.00 – 800.00	733.33	Dambulla	220.00 – 240.00	232.00	Fruits (Rs/Kg)		
A'pura	–		Hambantota	–		Banana		
Cowpea			Embilipitiya	260.00 – 290.00	276.00	Moneragala	50.00 – 60.00	54.00
Hambantota	–		Matara	150.00 – 170.00	160.00	Embilipitiya	90.00 – 110.00	102.00
Nikaweratiya	550.00 – 650.00	600.00	Welimada	175.00 – 185.00	179.00	Hambantota	110.00 – 120.00	113.33
Moneragala	600.00 – 700.00	640.00	Capsicum			Kolikuttu		
Embilipitiya	780.00 – 800.00	790.00	Badulla	–		Moneragala	140.00 – 150.00	144.00
Maize			Welimada	620.00 – 630.00	625.00	Embilipitiya	230.00 – 260.00	246.00
A'pura	–		Bitter Gourd			Hambantota	–	
Kalawewa	–		A'pura	300.00 – 310.00	304.00	Papaw		
Gingelly			Dambulla	290.00 – 315.00	303.00	Moneragala	80.00 – 90.00	84.00
A'pura	480.00 – 500.00	488.00	Hambantota	–		Embilipitiya	95.00 – 110.00	103.00
Kalawewa	–		Embilipitiya	300.00 – 350.00	328.00	Hambantota	120.00 – 130.00	126.67
Black Gram			Matara	280.00 – 300.00	290.00	Pineapple		
A'pura	–					Divulapitiya	–	
Kalawewa	550.00 – 600.00	583.33						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 38: 16 - 22 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	240.00	-	250.00	240.00	-	250.00	240.00	-	250.00
Samba 2	230.00	-	240.00	230.00	-	230.00	220.00	-	230.00
Keeri Samba	260.00	-	260.00	260.00	-	260.00	260.00	-	260.00
Nadu 1	230.00	-	240.00	220.00	-	220.00	220.00	-	240.00
Nadu 2	230.00	-	230.00	210.00	-	210.00	210.00	-	230.00
Raw (Red)	230.00	-	230.00	215.00	-	220.00	215.00	-	230.00
Raw (White)	240.00	-	240.00	230.00	-	230.00	220.00	-	240.00
Imported									
Samba	200.00	-	200.00	220.00	-	220.00	200.00	-	220.00
Nadu	190.00	-	200.00	200.00	-	200.00	200.00	-	220.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	190.00	-	190.00	190.00	-	200.00	190.00	-	200.00
Dried Chillies									
Imported	1750.00	-	1800.00	2000.00	-	2000.00	1800.00	-	1900.00
Red Onion									
Sinnan	400.00	-	400.00	360.00	-	400.00	-	-	400.00
Vedalan	580.00	-	600.00	600.00	-	600.00	580.00	-	600.00
Imported	400.00	-	450.00	400.00	-	400.00	-	-	400.00
Big Onion									
Imported	180.00	-	180.00	180.00	-	200.00	180.00	-	180.00
Local	180.00	-	200.00	200.00	-	200.00	180.00	-	200.00
Potato									
Welimada	480.00	-	480.00	400.00	-	400.00	440.00	-	440.00
N'Eliya	580.00	-	600.00	480.00	-	480.00	480.00	-	480.00
Imported	330.00	-	340.00	360.00	-	360.00	300.00	-	300.00
Pulses									
Green Gram	1100.00	-	1100.00	1200.00	-	1200.00	1200.00	-	1200.00
Cowpea (White)	950.00	-	1000.00	900.00	-	1000.00	900.00	-	1000.00
Cowpea (Red)	800.00	-	900.00	900.00	-	900.00	800.00	-	900.00
Red Dhal	440.00	-	440.00	480.00	-	480.00	440.00	-	480.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 38: 16 - 22 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA									
<u>Vegetable</u>																		
Beans	400.00	- 450.00	520.00	- 560.00	480.00	- 560.00	480.00	- 600.00	560.00	- 600.00	600.00	- 600.00	400.00	- 450.00	480.00	- 560.00	480.00	- 520.00
Carrot	320.00	- 360.00	480.00	- 480.00	480.00	- 480.00	480.00	- 480.00	360.00	- 400.00	400.00	- 480.00	320.00	- 350.00	400.00	- 400.00	400.00	- 400.00
Leeks	240.00	- 250.00	360.00	- 400.00	320.00	- 360.00	400.00	- 400.00	280.00	- 300.00	320.00	- 360.00	240.00	- 320.00	320.00	- 400.00	360.00	- 400.00
Beetroot	240.00	- 250.00	360.00	- 400.00	320.00	- 320.00	320.00	- 400.00	280.00	- 320.00	320.00	- 320.00	240.00	- 320.00	240.00	- 320.00	320.00	- 400.00
Knolkhok	200.00	- 250.00	320.00	- 360.00	320.00	- 400.00	400.00	- 400.00	240.00	- 280.00	320.00	- 320.00	200.00	- 400.00	240.00	- 400.00	320.00	- 320.00
Raddish	160.00	- 180.00	240.00	- 280.00	240.00	- 280.00	320.00	- 320.00	200.00	- 280.00	240.00	- 240.00	160.00	- 240.00	160.00	- 240.00	200.00	- 240.00
Cabbage	400.00	- 480.00	480.00	- 560.00	520.00	- 600.00	600.00	- 600.00	500.00	- 550.00	600.00	- 600.00	400.00	- 480.00	400.00	- 600.00	480.00	- 520.00
Tomato	200.00	- 250.00	360.00	- 400.00	280.00	- 320.00	320.00	- 320.00	280.00	- 300.00	320.00	- 400.00	220.00	- 320.00	240.00	- 400.00	360.00	- 400.00
Ladies Fingers	160.00	- 200.00	240.00	- 320.00	280.00	- 320.00	240.00	- 400.00	240.00	- 240.00	280.00	- 280.00	180.00	- 240.00	240.00	- 320.00	320.00	- 320.00
Brinjal	300.00	- 420.00	400.00	- 480.00	400.00	- 520.00	400.00	- 480.00	450.00	- 520.00	500.00	- 520.00	320.00	- 360.00	400.00	- 480.00	360.00	- 400.00
Capsicum	720.00	- 800.00	900.00	- 1000.00	900.00	- 1000.00	800.00	- 1000.00	850.00	- 900.00	1000.00	- 1000.00	700.00	- 800.00	800.00	- 1000.00	800.00	- 800.00
Pumpkin	200.00	- 200.00	240.00	- 280.00	240.00	- 280.00	240.00	- 280.00	240.00	- 240.00	240.00	- 280.00	200.00	- 240.00	200.00	- 240.00	240.00	- 240.00
Cucumber	160.00	- 200.00	240.00	- 240.00	240.00	- 240.00	240.00	- 240.00	200.00	- 240.00	240.00	- 240.00	180.00	- 240.00	200.00	- 240.00	240.00	- 240.00
Bitter Gourd	400.00	- 450.00	480.00	- 560.00	480.00	- 560.00	600.00	- 600.00	520.00	- 560.00	560.00	- 560.00	400.00	- 400.00	400.00	- 560.00	400.00	- 400.00
Snake Gourd	300.00	- 360.00	360.00	- 400.00	480.00	- 480.00	400.00	- 480.00	360.00	- 400.00	400.00	- 400.00	320.00	- 400.00	400.00	- 480.00	400.00	- 400.00
Drumstick	500.00	- 600.00	600.00	- 800.00	640.00	- 800.00	800.00	- 800.00	600.00	- 700.00	700.00	- 700.00	500.00	- 600.00	500.00	- 600.00	600.00	- 600.00
Luffa	320.00	- 360.00	360.00	- 360.00	400.00	- 480.00	480.00	- 480.00	360.00	- 400.00	400.00	- 400.00	320.00	- 340.00	320.00	- 480.00	360.00	- 400.00
Long Beans	300.00	- 320.00	360.00	- 480.00	400.00	- 440.00	320.00	- 480.00	360.00	- 400.00	480.00	- 480.00	320.00	- 320.00	320.00	- 400.00	320.00	- 320.00
Ash Plantain	180.00	- 200.00	240.00	- 280.00	200.00	- 280.00	320.00	- 320.00	240.00	- 240.00	280.00	- 300.00	200.00	- 320.00	240.00	- 320.00	240.00	- 280.00
Green Chillies	300.00	- 400.00	400.00	- 600.00	500.00	- 600.00	500.00	- 600.00	500.00	- 600.00	600.00	- 600.00	300.00	- 400.00	400.00	- 400.00	600.00	- 600.00
Lime	300.00	- 350.00	500.00	- 600.00	500.00	- 600.00	500.00	- 600.00	400.00	- 500.00	500.00	- 550.00	320.00	- 400.00	400.00	- 400.00	500.00	- 500.00
<u>Root Crops</u>																		
Sweet Potato	150.00	- 160.00	240.00	- 240.00	240.00	- 240.00	240.00	- 280.00	200.00	- 240.00	240.00	- 240.00	160.00	- 200.00	200.00	- 240.00	200.00	- 240.00
Manioc	140.00	- 150.00	180.00	- 200.00	180.00	- 200.00	200.00	- 200.00	180.00	- 200.00	200.00	- 200.00	160.00	- 200.00	200.00	- 200.00	200.00	- 200.00
<u>Leafy Vegetable</u>																		
Mukunuwenna	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00	70.00	- 70.00	60.00	- 60.00	90.00	- 100.00	60.00	- 70.00
Kankun	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00	70.00	- 70.00	60.00	- 60.00	90.00	- 100.00	60.00	- 70.00
Gotukola	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00	70.00	- 70.00	60.00	- 60.00	90.00	- 100.00	60.00	- 70.00
<u>Coconut</u>																		
Large	95.00	- 110.00	100.00	- 110.00	95.00	- 95.00	95.00	- 110.00	95.00	- 95.00	95.00	- 100.00	95.00	- 105.00	95.00	- 110.00	100.00	- 110.00
Small	80.00	- 90.00	80.00	- 80.00	75.00	- 90.00	80.00	- 90.00	75.00	- 90.00	75.00	- 90.00	75.00	- 90.00	75.00	- 90.00	85.00	- 85.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 38: 16 - 22 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	180.00	-	200.00	200.00	-	220.00	200.00	-	200.00
Kolikuttu (Rs/Kg)	400.00	-	420.00	400.00	-	460.00	450.00	-	450.00
Seenii (Rs/Kg)	150.00	-	160.00	180.00	-	200.00	160.00	-	180.00
Anamalu	20.00	-	22.00	26.00	-	28.00	18.00	-	25.00
Ambun	23.00	-	25.00	33.00	-	35.00	33.00	-	31.00
<u>Pineapple</u>									
Large	650.00	-	650.00	650.00	-	650.00	650.00	-	650.00
Medium	550.00	-	600.00	550.00	-	600.00	550.00	-	600.00
Small	450.00	-	500.00	480.00	-	500.00	500.00	-	500.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	250.00	-	300.00	-	250.00	-	280.00	-	-
Vilad	80.00	-	100.00	100.00	-	120.00	80.00	-	100.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00	-	50.00	50.00	-	60.00	60.00	-	70.00
Orange	60.00	-	70.00	100.00	-	120.00	80.00	-	120.00
Avocado	80.00	-	100.00	150.00	-	160.00	80.00	-	100.00
Slime Apple	-	-	-	-	-	-	-	-	120.00
Grapes (Rs/Kg)	-	-	-	3500.00	-	4000.00	-	-	-
Papaw (Rs/Kg)	180.00	-	200.00	280.00	-	280.00	240.00	-	250.00
Passion	45.00	-	50.00	50.00	-	54.00	54.00	-	58.00
King Coconut	100.00	-	120.00	140.00	-	150.00	130.00	-	140.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 38: 16 - 22 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<i>Sea Fish</i>									
Salaya	600.00	640.00	640.00	720.00	800.00	800.00	1000.00	800.00	780.00
Hurulla	950.00	1000.00	1000.00	1000.00	1180.00	1200.00	1300.00	1300.00	1100.00
Balaya	700.00	800.00	1520.00	1600.00	1800.00	1800.00	-	-	1700.00
Kelawalla	1600.00	1800.00	2720.00	2720.00	2700.00	2800.00	2800.00	2800.00	2500.00
Thora	2800.00	2800.00	2800.00	2800.00	3800.00	4000.00	3600.00	3600.00	3100.00
Paraw	1700.00	1800.00	2400.00	2400.00	-	3000.00	3000.00	2800.00	2500.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1850.00	1900.00	1800.00	1800.00	2000.00	2100.00	1900.00	1900.00	2100.00
Talapath	2100.00	2300.00	3040.00	3040.00	2800.00	2800.00	3200.00	3200.00	3500.00
32 <i>Eggs (Rs/Egg)</i>									
Brown	49.50	49.50	51.00	51.00	50.00	50.00	51.00	52.00	50.00
White	48.50	48.50	50.00	50.00	49.00	49.00	49.00	50.00	49.00
<i>Dried Fish</i>									
Sprats	2400.00	2500.00	2400.00	2600.00	2600.00	2800.00	2400.00	2400.00	2500.00
Kattawa	2700.00	2900.00	3100.00	3200.00	2600.00	3000.00	2800.00	3000.00	3200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2700.00	3000.00	2600.00	2800.00	3000.00	3000.00	3000.00	3200.00	3000.00
Balaya	2000.00	2200.00	2300.00	2400.00	2200.00	2300.00	2200.00	2400.00	2400.00
Anguluwa	2200.00	2400.00	2700.00	2800.00	2800.00	2800.00	-	-	-
Salaya	1200.00	1300.00	-	-	1500.00	1500.00	1200.00	1300.00	1200.00
<i>Meat</i>									
Beef (without Bones)	-	2000.00	2000.00	2200.00	2200.00	2000.00	2000.00	2100.00	2000.00
Chicken (Broiler)	1500.00	1500.00	1510.00	1510.00	1550.00	1550.00	1550.00	1500.00	1460.00
Chicken (Curry)	1480.00	1480.00	-	-	1550.00	1550.00	1500.00	1450.00	1480.00
Mutton	-	2800.00	2800.00	2900.00	2900.00	3000.00	2600.00	2600.00	2800.00
Pork	-	2000.00	2000.00	-	-	-	-	-	1600.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)		Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
				Vit A (μ g/100g)	Vit D (μ g/100g)								
Rice													
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5	
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7	
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84	
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49	
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61	
Dried chilies													
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65	
Onion													
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25	
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28	
Potatoes													
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29	
Pulses													
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86	
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57	
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4	
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34	
Vegetables													
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59	
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25	
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43	
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29	

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

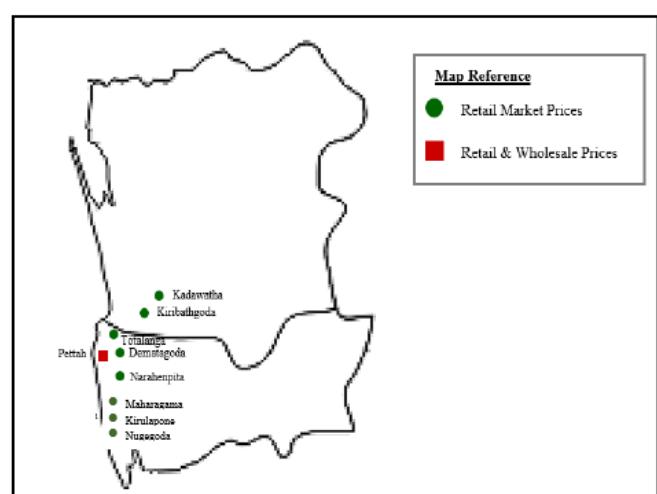
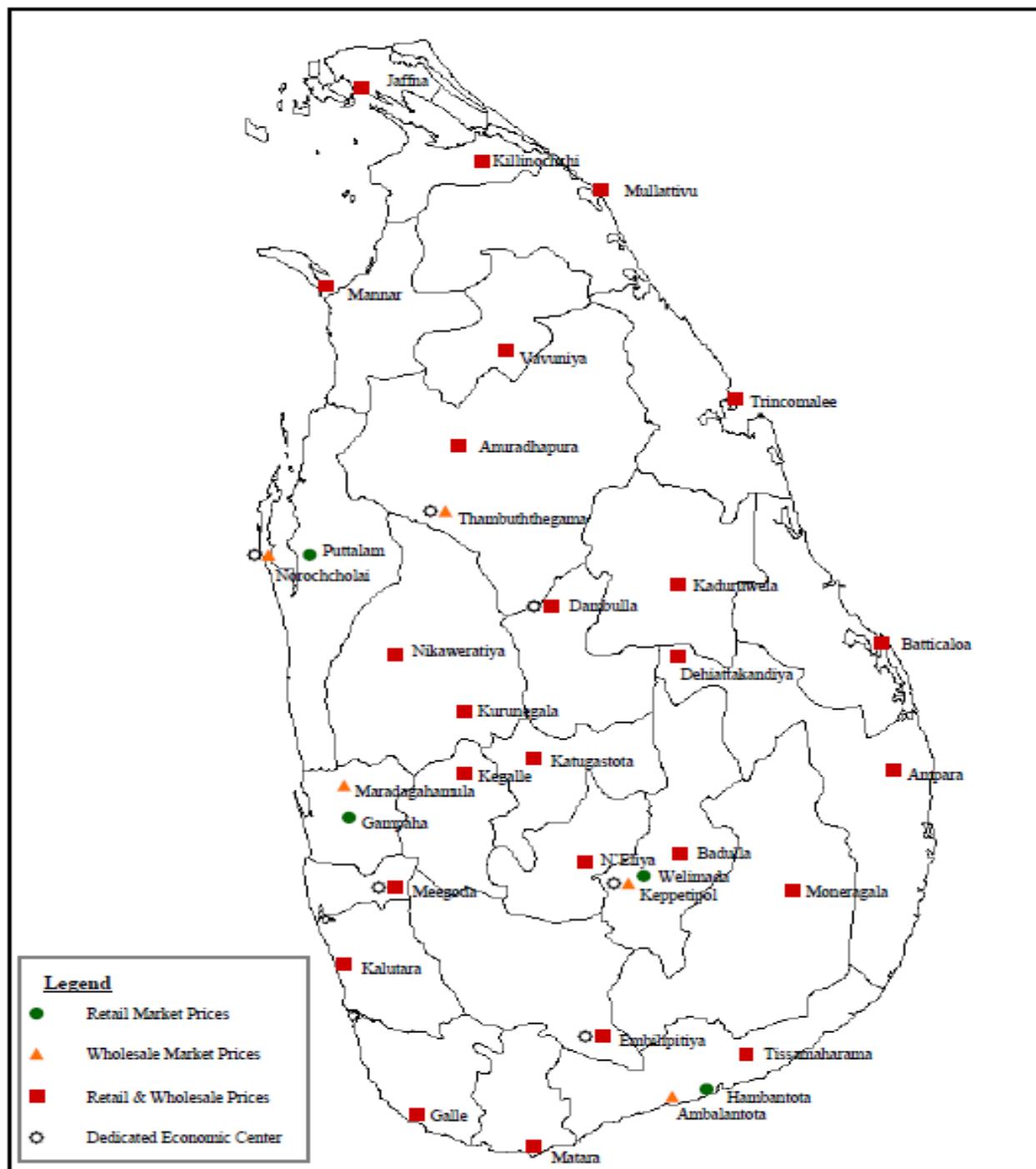
Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppli / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppara	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
Fruits											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avocado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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