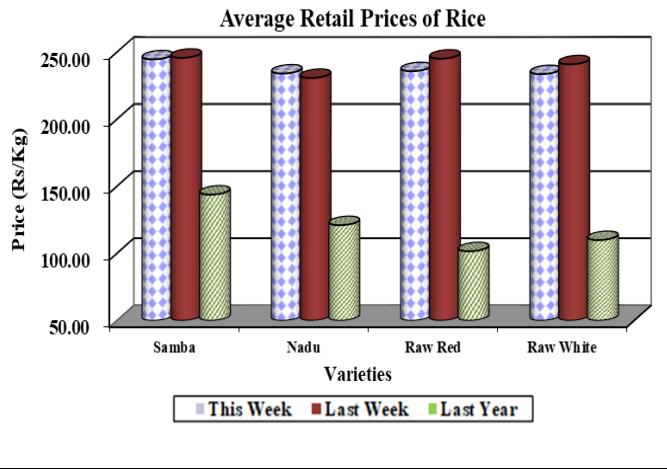


RETAIL MARKET AT A GLANCE**Summary****Rice**

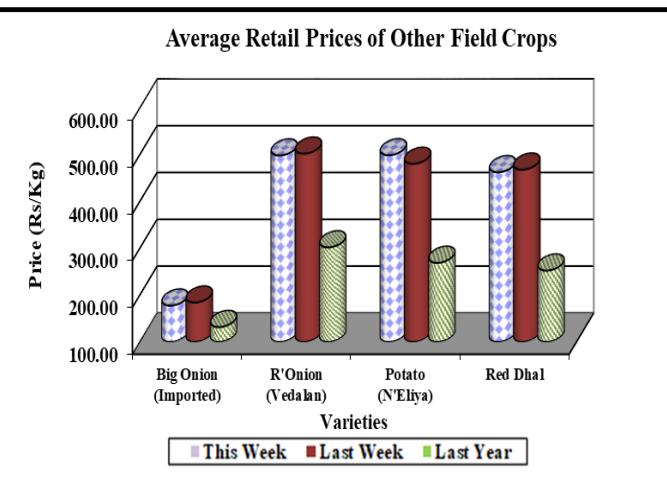
Prices of samba grade II, keeri samba, raw red, and raw white have decreased by Rs.1.00-9.00/kg and prices of nadu grade I and II have increased by Rs.4.00/kg and Rs.3.00/kg respectively. The price of imported samba, nadu, and raw white has decreased by Rs.8.00–9.00/kg, and the price range of imported samba and nadu was Rs.190.00–210.00/kg. The average farm gate prices of all paddy varieties have further increased slightly due to the introduction of government-certified purchased prices.

(Page No.01-02)

**Other Field Crops**

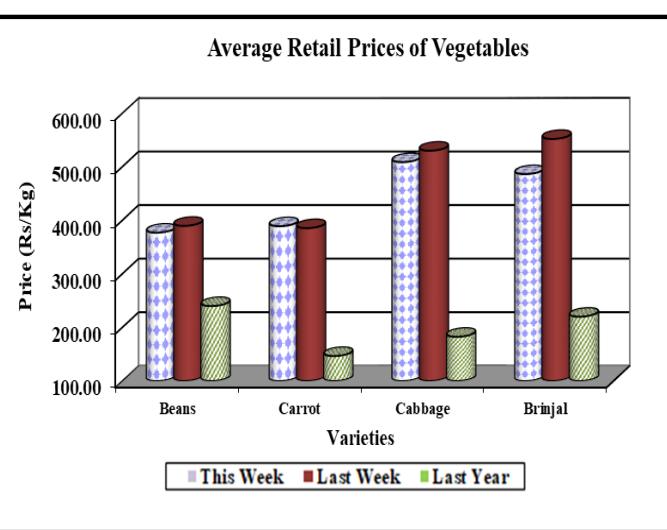
The retail price of imported dried chilies has increased by Rs.24.00/kg, and the price range was Rs.1600.00–2000.00/kg. Prices of sinnan and vedalan red onions have decreased, and the price ranges were Rs.350.00–400.00/kg and Rs.450.00–560.00/kg, respectively. The price of big onions also decreased by Rs.7.00/kg, and the price range was Rs.160.00–200.00/kg. Prices of Welimada, Nuwara Eliya, and imported potatoes have increased, and the price ranges were Rs.340.00–440.00/kg, Rs.450.00–520.00/kg, and Rs.190.00–380.00/kg, respectively.

(Page No.02-04)

**Vegetables**

Prices of most of the up-country and low-country vegetable varieties have decreased due to the peak harvesting of the Yala season. The highest price decreased was reported for capsicum as Rs.145.00/kg and followed by tomato as Rs.122.00/kg. The highest price increase was reported for knolkhol as Rs.31.00/kg.

(Page No.04-06)



Rice

Wholesale

Wholesale prices of both local raw red and raw white have decreased by 2% due to increased supply from Eastern province and their price ranges were Rs.205.00-215.00/kg and Rs.200.00-210.00/kg respectively. Prices of all other local rice varieties have not changed significantly and average prices of grade I samba, grade I nadu and keeri samba were Rs.228.00/kg, Rs.217.00/kg and Rs.246.00/kg respectively. Price ranges of grade II samba and nadu were Rs.220.00-225.00/kg and Rs.208.00-215.00/kg respectively.

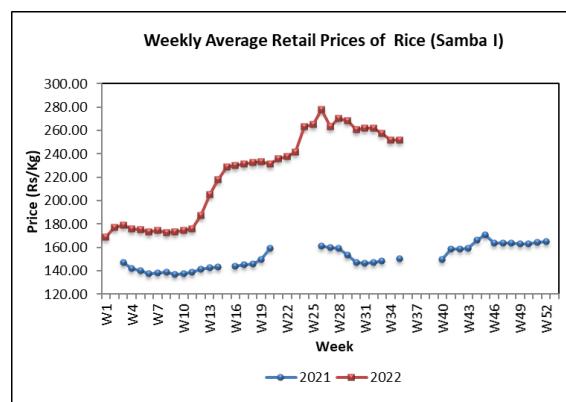
Wholesale prices of all types of imported rice varieties have increased due to decreased supply of stocks. Prices of ponni samba, imported nadu and raw white have increased by 4%, 3% and 2% respectively and their average prices were Rs.183.00/kg, Rs.180.00/kg and Rs.168.00/kg respectively.

Compared to the same period of last year, wholesale prices of all types of local rice varieties except keeri samba and grade I nadu have increased in the range of 80%-125% and the highest price increase reported for raw red.

Retail

Prices of samba grade II, keeri samba, raw red and raw white have decreased by Rs.1.00-9.00/kg and price ranges were Rs.230.00-250.00/kg, Rs.250.00-280.00/kg, Rs.220.00-250.00/kg and Rs.220.00-250.00/kg respectively. Prices of nadu grade I and II have increased by Rs.4.00/kg and Rs.3.00/kg respectively and price ranges were Rs.240.00-250.00/kg and Rs.220.00-240.00/kg respectively.

Price of imported samba, nadu and raw white have decreased by Rs.8.00- 9.00/kg. The price range of imported samba and nadu were Rs.190.00-210.00/kg and the imported raw white ranged between Rs.170.00-200.00/kg.



Compared to the same period of last year, local samba grade I and II, nadu grade I and II, raw red and raw white have increased by 68%-132%.

Paddy

The average farm gate prices of all paddy varieties have further increased slightly due to the introduction of government certified purchased prices for major paddy varieties. Accordingly, the average price of short grain (samba) paddy has increased by Rs.1.00-9.00/kg and reported price range was Rs.100.00-125.00/kg. Keeri samba paddy also increased and the price ranged was Rs.115.00-130.00/kg. Subsequently, the average price for long grain white (nadu) paddy also increased by Rs.2.00-5.00/kg and the price range was Rs.100.00-125.00/kg. Further, price increase of Rs.2.00-5.00/kg reported for long grain red paddy in major producing areas in Southern province and price ranged Rs.123.00-130.00/kg.

Compared to the same period of last year, the average farm gate prices of all paddy varieties have increased by 92%-149% and the highest price increase was reported for long grain red paddy.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 6% due to decreased supply and price ranged Rs.1500.00-1600.00/kg.

Compared to the same period of last year, wholesale price of imported dried chilies has increased by 198%.

Retail

Price of imported dried chilies has increased by Rs.24.00/kg and price range was Rs.1600.00-2000.00/kg.

Compared to the same period of the last year, prices of imported dried chilies has increased by 204%.

Onion

Wholesale

Wholesale prices of sinnan and vedalan have increased by 49% and 6% due to decreased supply. Their price ranges were Rs.360.00-380.00/kg and Rs.380.00-450.00/kg respectively. The average price of imported red onion was Rs.338.00/kg.

Price of imported big onion also increased by 8% due to decreased supply from India and the price ranged Rs.143.00-155.00/kg.

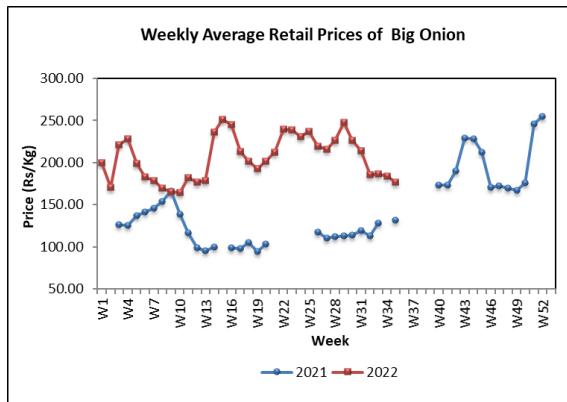
Compared to the same period of last year, prices of sinnan and vedalan have increased by 136% and 88% and price of imported big onion has increased by 64%.

Retail

Prices of sinnan and vedalan red onion have decreased by Rs.16.00/kg and Rs.4.00/kg respectively and price ranges were Rs.350.00-400.00/kg and Rs.450.00-

560.00/kg respectively. Average price of imported red onion was Rs.402.00/kg.

Price of big onion also decreased by Rs.7.00/kg and price range was Rs.160.00-200.00/kg.



Compared to the same period of the last year, prices of sinan, vedalan and imported red onion have increased by 37%, 65% and 32% respectively while imported big onion has increased by 35%.

Potato

Wholesale

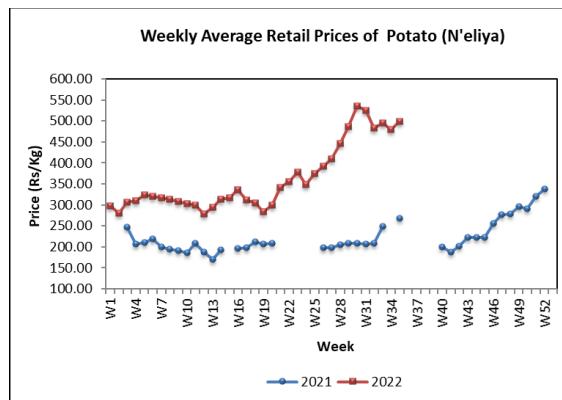
Prices of Welimada and Nuwara Eliya potatoes have decreased by 1%-3% due to increased supply and their average prices were Rs.334.00/kg and Rs.360.00/kg respectively. Price of imported potato has increased by 16% due to availability of both Pakistan and high quality Indian stocks and price ranged Rs.170.00-280.00/kg.

Compared to the same period of last year, prices of both Welimada and Nuwara Eliya potatoes have increased by 71% and

price of imported potato has increased by 36%.

Retail

Prices of Welimada, Nuwara Eliya and imported potatoes have increased by Rs.11.00/kg, Rs.18.00/kg and Rs.4.00/kg respectively and price ranges were Rs.340.00-440.00/kg, Rs.450.00-520.00/kg and Rs.190.00-380.00/kg respectively.



Compared to the same period of last year, prices of Nuwara Eliya and imported potatoes have increased by 86% and 14% respectively.

Pulses

Wholesale

Price of red cowpea has increased by 3% due to decreased supply and price ranged between Rs.680.00-700.00/kg. Prices of all other pulses have not changed significantly and average prices of green gram, white cowpea and red dhal were Rs.816.00/kg, Rs.714.00/kg and Rs.421.00/kg respectively.

Compared to the same period of last year, prices of red cowpea and red dhal have increased by 83% and 71% while price of white cowpea and green gram have increased by 32% and 7% respectively.

Retail

Price of green gram, white cowpea and red dhal have decreased by Rs.2.00-6.00/kg. Price ranges were Rs.880.00-1000.00/kg, Rs.800.00-1050.00/kg and Rs.440.00-480.00/kg respectively. Price range of red cowpea was Rs.700.00-900.00/kg.

Compared to the same period of last year, green gram, white cowpea, red cowpea and red dhal have increased by 12%, 18%, 18% and 83% respectively.

Vegetables

Wholesale

Prices of most of the vegetable varieties have decreased due to increased market supply of *yala* vegetable harvesting.

Considering the up-country vegetables, the highest price increase was reported for beans and cabbage as 18% due to increased market supply from Welimada and Balangoda areas. In addition, price of leeks has decreased by 9% due to

increased market supply from Nuwara Eliya and Welimada areas. Further, price of raddish has decreased by 13% due to low quality stocks received from Puttalam and Melsiripura areas. However, price of knolkhol has increased by 9% due to insufficient stocks. Further, prices of both carrot and beetroot have increased by 2%.

Meanwhile, price of tomato has decreased by 46% and price of capsicum has decreased by 10%.

Considering the prices of low-country vegetables, brinjals and ladies fingers have decreased by 17% and 11% respectively. The price of both bitter gourd and luffa have decreased by 7% due for increase market supply from Embilipitiya and Sooriyawewa areas. In addition, price of snake gourd has decreased by 28% due to increased market supply from Balangoda and Kandy areas. Further, prices of long beans has decreased by 31% due to increased market supply from Puttalam area and price of pumpkin has decrease by 5% due to increased supply rom Nochchiyagama area. However, price of cucumber has increased by 26% due to decreased supply.

Meanwhile, piece of green chilies has decreased by 17% due to increased market supply form Puttalalam area.

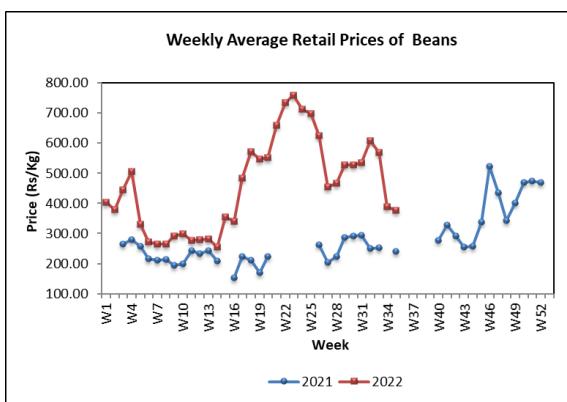
Compared to the same period of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 315% reported for cucumber.

Retail

In line with the decreased wholesale prices, retail prices of most of the varieties have decreased.

Considering up-country varieties, the highest price decrease reported for cabbage as Rs.21.00/kg. Further, price of beans, leeks and raddish have decreased by Rs.4.00-13.00/kg. However, prices of carrot, beetroot and knolkhol have increased in the range of Rs.4.00-31.00/kg.

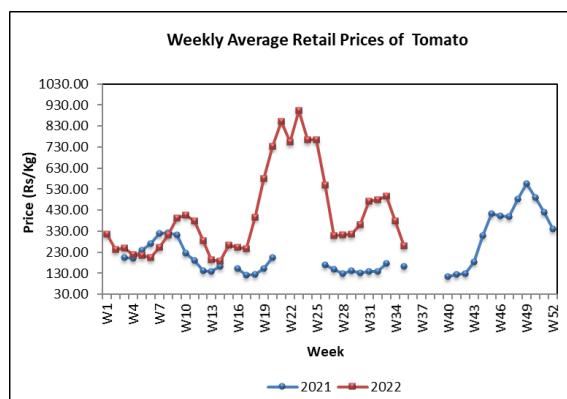
Price of tomato and capsicum have decreased by Rs.121.00/kg and Rs.145.00/kg respectively.



Considering the low-country varieties, the highest price decrease reported for drumstick as Rs.87.00/kg. Prices of snake gourd, bitter gourd and brinjal have

decreased in the range of Rs.60.00-67.00/kg. Further, price of pumpkin, ladies fingers, luffa and ash plantain have decreased by Rs.11.00-27.00/kg.

Price of green chilies and lime have decreased by Rs.72.00/kg and Rs.20.00/kg respectively.



Compared to the same period of last year, prices of all the varieties have increased and the highest increase reported for capsicum as 246%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 2%- 4% and their price ranged between Rs.80.00-83.00/nut for large nut and Rs.70.00-73.00/nut for small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 13% and 9% respectively.

Retail

Prices of both large and small nuts have decreased by Rs.1.00/nut. Price ranges were Rs.85.00-100.00/nut for a large nut and Rs.70.00-80.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 7% and 5% respectively.

Fruits

Wholesale

Prices of most fruit varieties have increased with limited supply. The highest price increase of 24% reported for slime apple with limited supply as low production. The price of passion fruit has increased in 13% due to limited stocks received. The price of all the mango varieties have increased in the range of 7%-11% due to the limited supply at the tail end of the harvesting season. The price of wood apple also increased in 6%. There is a slight price increase in all the banana varieties except ammalu and ambun.

However, the price of orange, avocado and papaw have decreased by 5%, 6% and 16% respectively.

Compared to the same period of last year, prices of most of the fruits have increased while the highest of 234% for passion fruit.

Retail

Retail prices of most fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.42.00/fruit reported for mango vilad due to limited supply. Prices of all the sizes of pineapples have increased in the range of Rs.7.00-26.00/fruit due to insufficient stocks. Prices of banana varieties seeni, ambul and kolikuttu have increased in the range of Rs.5.00-13.00/kg due to limited supply.

The prices of king coconut and slime apple have increased by Rs.10.00/fruit and Rs.8.00/fruit respectively due to limited supply. Prices of passion fruit has increased by Rs.4.00/fruit.

Meanwhile, the prices of papaw and avacado has decreased by Rs.21.00/kg and Rs.16.00/fruit respectively.

Compared to the same period of last year, prices of most of the fruits have increased and the highest price increase of 213% reported for small sized pineapples.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have increased due to low supply with the fuel crisis. The highest price increase of 24% reported for hurulla due to low supply from Kalpitiya and

Mulaitivu areas and the price ranged between Rs.1100.00-1300.00/kg. The price of paraw also increased by 19%.

However, the price increase of 7% was noted for thalapath and thora due to high supply from Negombo, Beruwala and Northern areas and their prices ranged between Rs.2000.00-2500.00/kg and Rs.2150.00-3800.00/kg respectively. In addition, price of kelawalla has decreased by 3%.

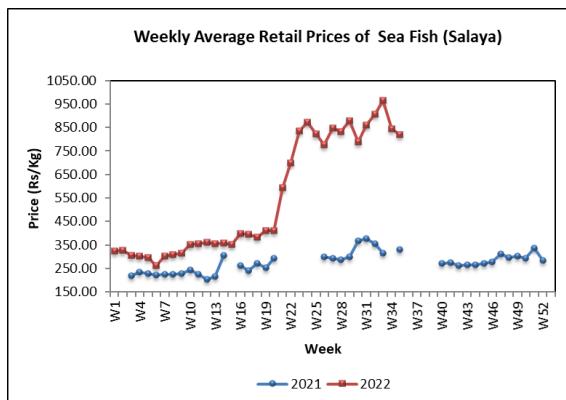
Compared to the same period of last year, wholesale prices of all the fresh fish types have increased in the range of 60%-258% and the highest price increase was noted for salaya.

Retail

Retail prices of most types of fresh fish have increased in line with the increased wholesale prices due to shortage of kerosene availability for fishing activities. The highest price increase was reported for shrimps by Rs.117.00/kg followed by Rs.79.00/kg for thora. Further, prices of hurulla, paraw and balaya have increased in the range of Rs.21.00-66.00/kg.

However, prices of kelawalla has decreased by Rs.161.00/kg due to demand. Further, price of thalapath and

salaya have also decreased by Rs.23.00-49.00/kg.



Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 47%-148% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to decrease of local dried fish supply, prices of most of the local and imported dried fish types have increased by 1%-2%.

However, the price decrease of 6% was noted for local balaya due to high supply from Negombo and Southern areas and the price ranged between Rs.1380.00-1700.00/kg. Likewise, the price decrease of 3% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged between Rs.940.00-1120.00/kg.

Compared to the same period of last year, wholesale prices of all the dried fish types have increased in the range of 87%-250% and the highest price increase was reported for local salaya.

Retail

In line with increased wholesale prices, retail prices of all types of dried fish except salaya have increased in the range of Rs.13.00-146.00/kg due to decreased local production. The highest price increase was reported for local sprats.

However, price of salaya has increased by Rs.54.00/kg due to low demand.

Eggs

Wholesale

Prices of brown and white eggs have decreased by 10% and their prices ranged between Rs.43.50-50.00 and Rs.41.50-49.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 151% and 172% respectively.

Retail

Retail prices of both brown and white eggs have decreased by Rs.11.00/egg in line with decreased wholesale prices due

to imposing maximum retail prices by the government. The price of a brown egg was in between Rs.50.00-55.00 and Rs.49.00-54.00 for a white egg.

Meat

Retail

Price of all types of meat except beef have decreased due to low demand. The highest price decrease was reported for pork by Rs.233.00/kg followed by Rs.114.00/kg for mutton. Further, prices of skin less curry chicken and skin less broiler chicken have also decreased by Rs.78.00/kg and Rs.11.00/kg respectively.

However, price of beef has increased by Rs.58.00/kg due to limited market supply.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

Weekly Food Commodities Bulletin

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 35: 26 August - 01 September 2022

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 35: 26 August - 01 September 2022

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 35: 26 August - 01 September 2022

LOCATION	Dried Chillies	Red Onion				Big Onion	Potato				Pulses							
	Imported	Imported		Local			Imported	Welimada		Nuwara Eliya		Green Gram		Cowpea		Red Dhal		
	Imported	Imported	Local	Imported	Local		Imported	Welimada	Nuwara Eliya	Imported	Green Gram	Cowpea	Red Dhal	Imported	Local	Imported	Local	
Colombo	75000 - 80000	15500 - 17500	19000 - 22500	7150 - 7750	8500 - 14000	16000 - 17500	17000 - 19000	40000 - 41500	35000 - 37500	20750 - 21250								
Kurunegala	79000 - 80000	-	-	7500 - 8000	10000 - 10500	-	-	37500 - 42500	35000 - 37500	21500 - 21500								
Nikaweratiya	73750 - 75000	15500 - 15500	-	7600 - 8000	9000 - 9850	-	-	-	-	-						20750 - 21100		
Dehiattakandiya	82500 - 85000	17000 - 17500	-	8500 - 8750	9250 - 9500	-	-	38500 - 41000	36000 - 37000	21250 - 22750								
Dambulla (DEC)	70000 - 71000	-	15000 - 16000	7250 - 7500	8500 - 9000	16250 - 16500	-	32500 - 35000	31000 - 32500	21500 - 21750								
Anuradhapura	75000 - 77500	-	18000 - 19000	8000 - 8250	9500 - 10000	-	21000 - 22000	42500 - 45000	33000 - 36500	21250 - 22000								
Thambuththegama	73000 - 78000	-	19000 - 20000	7250 - 7500	8750 - 9500	-	17500 - 18500	35000 - 38000	30000 - 30000	21000 - 21500								
Polonnaruwa	82500 - 83000	-	-	8500 - 8750	10500 - 10750	-	21500 - 21750	42500 - 43000	38500 - 39000	25000 - 25250								
Kaluthara	75000 - 77000	17250 - 17500	-	7750 - 7900	9000 - 9250	16750 - 17250	18000 - 18250	41000 - 41500	36000 - 36500	21250 - 21500								
Puttalam	71000 - 73500	-	15000 - 17500	7500 - 8500	9500 - 10500	-	20000 - 21000	42500 - 43750	32500 - 33500	21000 - 21250								
Kandy	77500 - 80000	17000 - 17500	19000 - 20000	8000 - 8250	9500 - 9750	16500 - 17000	18000 - 18500	37500 - 38000	35000 - 35250	21500 - 22000								
Matara	80000 - 82500	-	19500 - 20000	7500 - 8000	10000 - 10500	-	19250 - 20500	42500 - 44000	35000 - 36250	21500 - 22000								
Hambantota	77500 - 80000	-	18000 - 19000	7500 - 8000	9000 - 9750	-	18000 - 18500	42500 - 44000	-	21500 - 22500								
Kegalle	79000 - 80000	18500 - 18900	-	7750 - 7900	8650 - 8750	-	18000 - 18200	41000 - 42000	37500 - 38000	21500 - 21750								
Galle	-	-	-	-	-	-	-	-	-	-								
Tissamaharama	77500 - 80000	18500 - 19000	20000 - 21000	7500 - 8250	9000 - 10000	-	-	40000 - 40000	-	22000 - 23000								
Meegoda (DEC)	76000 - 79000	16500 - 17000	16500 - 17500	7250 - 7300	9250 - 9750	16000 - 17000	18000 - 18500	41000 - 44000	36000 - 37500	21000 - 21500								
Jaffna	72500 - 79000	-	12500 - 15000	7750 - 8250	10000 - 10500	-	-	37500 - 40000	-	20000 - 22500								
Vavuniya	80000 - 80000	-	20000 - 20500	8000 - 8250	10000 - 10500	-	-	42000 - 43000	37000 - 37800	23000 - 23000								
Mannar	77500 - 78000	-	12000 - 12500	8250 - 8500	9500 - 9750	-	-	42000 - 42500	-	22750 - 23000								
Killinochchi	76500 - 78000	-	22500 - 23250	8000 - 8500	9000 - 10000	-	-	40000 - 42000	-	22000 - 22500								
Mullattivu	82500 - 85000	-	-	8000 - 8250	9500 - 9750	-	-	40000 - 42500	-	23000 - 24000								
Batticaloa	81000 - 82500	-	-	8400 - 8500	10000 - 10250	-	23000 - 23500	43000 - 43500	-	22000 - 22600								
Trincomalee	80000 - 81000	-	16500 - 17000	7600 - 8000	8750 - 9700	-	-	42000 - 43500	32800 - 35000	23000 - 23800								
Galenbindunuwewa	77500 - 80000	17000 - 18000	-	8000 - 8250	9500 - 9750	-	-	38000 - 39000	32500 - 34000	21500 - 22000								
Matale	-	-	-	-	-	-	-	-	-	-								

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 35: 26 August - 01 September 2022

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 35: 26 August - 01 September 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	230.00 - 280.00	220.00 - 280.00	140.00 - 160.00	120.00 - 170.00	130.00 - 170.00
Meegoda (DEC)	-	300.00 - 330.00	290.00 - 330.00	180.00 - 200.00	160.00 - 190.00	180.00 - 220.00
Dambulla (DEC)	-	220.00 - 250.00	250.00 - 300.00	140.00 - 160.00	145.00 - 160.00	150.00 - 160.00
Keppetipola (DEC)	-	250.00 - 260.00	220.00 - 250.00	140.00 - 150.00	140.00 - 150.00	140.00 - 150.00
Norochchhole (DEC)	-	-	-	-	130.00 - 150.00	-
Nuwara Eliya	-	240.00 - 260.00	260.00 - 270.00	140.00 - 150.00	150.00 - 160.00	140.00 - 150.00
Kandy	-	250.00 - 270.00	260.00 - 280.00	150.00 - 170.00	150.00 - 160.00	150.00 - 170.00
Hambantota	-	250.00 - 300.00	300.00 - 350.00	200.00 - 240.00	180.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	-	230.00 - 260.00	300.00 - 340.00	160.00 - 180.00	140.00 - 160.00	145.00 - 170.00
Jaffna		380.00 - 410.00	280.00 - 335.00	200.00 - 225.00	110.00 - 130.00	-
Bandarawela		240.00 - 260.00	250.00 - 270.00	140.00 - 160.00	130.00 - 150.00	150.00 - 170.00
Veyangoda	-	260.00 - 280.00	260.00 - 300.00	150.00 - 190.00	150.00 - 180.00	180.00 - 200.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	60.00 - 80.00	280.00 - 350.00	130.00 - 160.00	70.00 - 80.00	330.00 - 400.00	550.00 - 700.00
Meegoda (DEC)	100.00 - 120.00	330.00 - 380.00	140.00 - 160.00	70.00 - 80.00	330.00 - 380.00	470.00 - 500.00
Moneragala	100.00 - 120.00	330.00 - 360.00	180.00 - 200.00	80.00 - 100.00	320.00 - 340.00	650.00 - 680.00
Dambulla (DEC)	70.00 - 90.00	270.00 - 320.00	110.00 - 130.00	60.00 - 70.00	350.00 - 380.00	480.00 - 550.00
Keppetipola (DEC)	50.00 - 60.00	240.00 - 250.00	130.00 - 150.00	60.00 - 70.00	280.00 - 300.00	470.00 - 500.00
Norochchhole (DEC)	80.00 - 110.00	-	-	60.00 - 70.00	240.00 - 270.00	450.00 - 520.00
Nuwara Eliya	70.00 - 80.00	300.00 - 315.00	110.00 - 130.00	60.00 - 70.00	300.00 - 320.00	480.00 - 500.00
Kandy	80.00 - 90.00	280.00 - 330.00	150.00 - 160.00	70.00 - 80.00	300.00 - 350.00	600.00 - 620.00
Hambantota	100.00 - 120.00	350.00 - 380.00	120.00 - 150.00	80.00 - 110.00	300.00 - 350.00	500.00 - 580.00
Thambuththegama (DEC)	90.00 - 130.00	340.00 - 360.00	100.00 - 150.00	45.00 - 60.00	350.00 - 400.00	400.00 - 500.00
Tissamaharama	120.00 - 140.00	420.00 - 440.00	160.00 - 180.00	70.00 - 90.00	340.00 - 380.00	480.00 - 700.00
Jaffna	90.00 - 110.00	340.00 - 400.00	150.00 - 165.00	70.00 - 80.00	240.00 - 260.00	480.00 - 600.00
Bandarawela	40.00 - 60.00	250.00 - 270.00	120.00 - 140.00	-	260.00 - 300.00	500.00 - 550.00
Veyangoda	80.00 - 100.00	300.00 - 350.00	120.00 - 150.00	70.00 - 90.00	330.00 - 370.00	550.00 - 600.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 130.00	80.00 - 130.00	270.00 - 300.00	180.00 - 260.00	230.00 - 270.00	150.00 - 200.00
Meegoda (DEC)	140.00 - 160.00	90.00 - 100.00	300.00 - 320.00	200.00 - 200.00	250.00 - 300.00	180.00 - 180.00
Moneragala	160.00 - 180.00	110.00 - 120.00	360.00 - 400.00	330.00 - 350.00	200.00 - 220.00	250.00 - 270.00
Dambulla (DEC)	120.00 - 140.00	100.00 - 110.00	270.00 - 300.00	200.00 - 230.00	220.00 - 250.00	160.00 - 180.00
Keppetipola (DEC)	150.00 - 160.00	120.00 - 130.00	290.00 - 310.00	220.00 - 240.00	200.00 - 220.00	180.00 - 200.00
Norochchhole (DEC)	120.00 - 150.00	70.00 - 80.00	250.00 - 290.00	140.00 - 160.00	210.00 - 250.00	100.00 - 120.00
Nuwara Eliya	150.00 - 160.00	110.00 - 120.00	280.00 - 300.00	200.00 - 220.00	270.00 - 280.00	170.00 - 180.00
Kandy	120.00 - 130.00	90.00 - 100.00	290.00 - 300.00	280.00 - 290.00	250.00 - 300.00	180.00 - 200.00
Hambantota	100.00 - 130.00	80.00 - 120.00	300.00 - 360.00	300.00 - 350.00	120.00 - 180.00	220.00 - 250.00
Thambuththegama (DEC)	100.00 - 130.00	70.00 - 100.00	230.00 - 280.00	160.00 - 190.00	-	130.00 - 170.00
Tissamaharama	150.00 - 180.00	80.00 - 100.00	370.00 - 400.00	240.00 - 280.00	120.00 - 130.00	190.00 - 220.00
Jaffna	80.00 - 100.00	-	250.00 - 320.00	100.00 - 150.00	500.00 - 630.00	-
Bandarawela	120.00 - 140.00	100.00 - 120.00	-	-	-	-
Veyangoda	130.00 - 160.00	95.00 - 110.00	300.00 - 340.00	220.00 - 250.00	270.00 - 300.00	200.00 - 220.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	130.00 - 150.00	120.00 - 150.00	300.00 - 350.00	130.00 - 150.00	140.00 - 150.00	80.00 - 90.00
Meegoda (DEC)	160.00 - 180.00	140.00 - 160.00	240.00 - 300.00	200.00 - 220.00	110.00 - 120.00	120.00 - 120.00
Moneragala	140.00 - 160.00	70.00 - 80.00	550.00 - 580.00	100.00 - 120.00	150.00 - 160.00	-
Dambulla (DEC)	90.00 - 100.00	120.00 - 130.00	200.00 - 300.00	150.00 - 180.00	100.00 - 120.00	70.00 - 80.00
Keppetipola (DEC)	120.00 - 130.00	130.00 - 140.00	380.00 - 420.00	140.00 - 160.00	120.00 - 130.00	60.00 - 70.00
Norochchhole (DEC)	110.00 - 130.00	80.00 - 120.00	210.00 - 270.00	120.00 - 150.00	-	120.00 - 150.00
Nuwara Eliya	140.00 - 150.00	140.00 - 150.00	400.00 - 420.00	160.00 - 190.00	130.00 - 140.00	70.00 - 80.00
Kandy	170.00 - 180.00	130.00 - 150.00	350.00 - 400.00	130.00 - 140.00	120.00 - 140.00	60.00 - 70.00
Hambantota	150.00 - 180.00	80.00 - 110.00	300.00 - 350.00	100.00 - 150.00	120.00 - 150.00	70.00 - 80.00
Thambuththegama (DEC)	90.00 - 120.00	80.00 - 100.00	200.00 - 280.00	110.00 - 130.00	100.00 - 120.00	80.00 - 100.00
Tissamaharama	80.00 - 160.00	80.00 - 100.00	420.00 - 450.00	100.00 - 120.00	140.00 - 150.00	60.00 - 70.00
Jaffna	-	150.00 - 200.00	200.00 - 300.00	200.00 - 250.00	100.00 - 150.00	-
Bandarawela	-	-	350.00 - 400.00	-	120.00 - 130.00	60.00 - 80.00
Veyangoda	150.00 - 180.00	130.00 - 150.00	260.00 - 300.00	150.00 - 190.00	110.00 - 130.00	110.00 - 120.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 40.00	35.00 - 40.00	150.00 - 170.00	80.00 - 83.00	70.00 - 73.00
Meegoda (DEC)	-	-	-	83.00 - 85.00	78.00 - 80.00
Norochchhole (DEC)	50.00 - 60.00	40.00 - 60.00	30.00 - 30.00	75.00 - 80.00	65.00 - 72.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	30.00 - 35.00	20.00 - 25.00	60.00 - 65.00	53.00 - 55.00
Kandy	35.00 - 40.00	40.00 - 45.00	150.00 - 160.00	73.00 - 75.00	58.00 - 60.00
Hambantota	40.00 - 50.00	35.00 - 40.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	58.00 - 65.00	48.00 - 55.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	55.00 - 60.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 70.00	55.00 - 62.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	80.00 - 85.00	55.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 45.00	40.00 - 45.00	45.00 - 54.00	70.00 - 80.00	-

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 35: 26 August - 01 September 2022

Table 07 (Contd.)

LOCATIONS	Low Country Varieties												
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans			
Colombo	120.00 - 280.00	360.00 - 600.00	600.00 - 1000.00	160.00 - 240.00	120.00 - 240.00	300.00 - 560.00	280.00 - 400.00	280.00 - 480.00	200.00 - 400.00	240.00 - 360.00			
Gampaha	200.00 - 240.00	480.00 - 560.00	800.00 - 800.00	200.00 - 240.00	160.00 - 240.00	400.00 - 480.00	400.00 - 400.00	280.00 - 480.00	240.00 - 320.00	240.00 - 320.00			
Kurunegala	200.00 - 240.00	480.00 - 500.00	700.00 - 800.00	200.00 - 240.00	160.00 - 200.00	480.00 - 480.00	380.00 - 420.00	360.00 - 460.00	260.00 - 300.00	220.00 - 240.00			
Nikaweratiya	160.00 - 240.00	400.00 - 520.00	600.00 - 800.00	160.00 - 240.00	120.00 - 200.00	400.00 - 520.00	240.00 - 320.00	320.00 - 400.00	240.00 - 320.00	120.00 - 240.00			
Dambulla	140.00 - 160.00	460.00 - 480.00	700.00 - 800.00	220.00 - 240.00	160.00 - 200.00	380.00 - 420.00	340.00 - 380.00	360.00 - 380.00	300.00 - 320.00	200.00 - 220.00			
Anuradhapura	120.00 - 240.00	480.00 - 560.00	750.00 - 800.00	200.00 - 280.00	180.00 - 200.00	400.00 - 560.00	240.00 - 360.00	320.00 - 360.00	240.00 - 360.00	160.00 - 200.00			
Thambuththegama	120.00 - 160.00	400.00 - 450.00	580.00 - 620.00	150.00 - 180.00	140.00 - 200.00	300.00 - 360.00	230.00 - 260.00	300.00 - 320.00	200.00 - 260.00	170.00 - 220.00			
Polonnaruwa	180.00 - 200.00	420.00 - 440.00	800.00 - 830.00	260.00 - 280.00	180.00 - 200.00	420.00 - 450.00	300.00 - 320.00	380.00 - 400.00	280.00 - 300.00	240.00 - 260.00			
Kaluthara	180.00 - 200.00	400.00 - 480.00	780.00 - 800.00	200.00 - 220.00	160.00 - 180.00	440.00 - 480.00	240.00 - 260.00	260.00 - 280.00	280.00 - 300.00	280.00 - 300.00			
Badulla	160.00 - 200.00	440.00 - 480.00	800.00 - 1000.00	220.00 - 240.00	180.00 - 200.00	440.00 - 480.00	440.00 - 480.00	280.00 - 360.00	320.00 - 360.00	200.00 - 240.00			
Keppetipola	140.00 - 160.00	350.00 - 380.00	660.00 - 700.00	220.00 - 240.00	200.00 - 220.00	360.00 - 380.00	280.00 - 300.00	260.00 - 280.00	260.00 - 280.00	160.00 - 180.00			
Moneragala	160.00 - 200.00	380.00 - 400.00	760.00 - 800.00	200.00 - 220.00	160.00 - 180.00	420.00 - 500.00	380.00 - 400.00	300.00 - 320.00	320.00 - 340.00	180.00 - 200.00			
Kegalle	220.00 - 240.00	420.00 - 440.00	780.00 - 800.00	220.00 - 240.00	160.00 - 180.00	460.00 - 480.00	300.00 - 320.00	340.00 - 360.00	300.00 - 320.00	300.00 - 320.00			
Ampara	140.00 - 180.00	400.00 - 440.00	700.00 - 800.00	200.00 - 240.00	180.00 - 200.00	480.00 - 520.00	280.00 - 320.00	360.00 - 400.00	280.00 - 320.00	240.00 - 280.00			
Dehiattakandiya	120.00 - 180.00	320.00 - 400.00	680.00 - 740.00	240.00 - 280.00	140.00 - 200.00	400.00 - 440.00	240.00 - 320.00	320.00 - 400.00	320.00 - 360.00	160.00 - 240.00			
Nuwaraeliya	140.00 - 160.00	360.00 - 380.00	660.00 - 700.00	220.00 - 240.00	160.00 - 180.00	380.00 - 400.00	280.00 - 300.00	350.00 - 360.00	250.00 - 260.00	200.00 - 220.00			
Kandy	200.00 - 240.00	480.00 - 500.00	900.00 - 950.00	160.00 - 180.00	160.00 - 180.00	440.00 - 480.00	340.00 - 360.00	360.00 - 400.00	260.00 - 280.00	240.00 - 280.00			
Puttalam	180.00 - 220.00	480.00 - 600.00	760.00 - 900.00	200.00 - 280.00	200.00 - 220.00	480.00 - 520.00	300.00 - 320.00	350.00 - 400.00	300.00 - 340.00	200.00 - 240.00			
Rathnapura	170.00 - 180.00	440.00 - 460.00	720.00 - 740.00	200.00 - 220.00	160.00 - 160.00	380.00 - 400.00	300.00 - 320.00	-	300.00 - 320.00	220.00 - 240.00			
Hambantota	120.00 - 160.00	320.00 - 400.00	620.00 - 760.00	140.00 - 180.00	120.00 - 160.00	400.00 - 480.00	320.00 - 400.00	200.00 - 240.00	280.00 - 320.00	200.00 - 240.00			
Matara	160.00 - 180.00	350.00 - 400.00	680.00 - 800.00	160.00 - 200.00	120.00 - 160.00	340.00 - 400.00	320.00 - 380.00	180.00 - 240.00	260.00 - 300.00	220.00 - 260.00			
Galle	-	-	-	-	-	-	-	-	-	-			
Tissamaharama	100.00 - 120.00	380.00 - 400.00	550.00 - 720.00	190.00 - 220.00	100.00 - 140.00	400.00 - 440.00	280.00 - 320.00	150.00 - 180.00	220.00 - 260.00	120.00 - 150.00			
Meegoda (DEC)	160.00 - 200.00	440.00 - 500.00	700.00 - 800.00	240.00 - 240.00	160.00 - 200.00	400.00 - 480.00	300.00 - 400.00	400.00 - 440.00	300.00 - 320.00	240.00 - 280.00			
Embilipitiya	160.00 - 200.00	400.00 - 440.00	520.00 - 600.00	200.00 - 240.00	150.00 - 200.00	350.00 - 520.00	320.00 - 400.00	120.00 - 160.00	280.00 - 320.00	280.00 - 320.00			
Jaffna	80.00 - 100.00	250.00 - 300.00	500.00 - 650.00	100.00 - 120.00	120.00 - 150.00	320.00 - 400.00	140.00 - 200.00	550.00 - 650.00	-	380.00 - 450.00			
Vavuniya	150.00 - 200.00	250.00 - 300.00	600.00 - 650.00	180.00 - 200.00	150.00 - 200.00	480.00 - 560.00	220.00 - 300.00	250.00 - 400.00	120.00 - 200.00	200.00 - 260.00			
Mannar	200.00 - 220.00	480.00 - 500.00	800.00 - 800.00	200.00 - 220.00	-	560.00 - 600.00	280.00 - 300.00	300.00 - 320.00	-	200.00 - 220.00			
Killinochchi	220.00 - 260.00	400.00 - 440.00	550.00 - 600.00	160.00 - 200.00	-	550.00 - 600.00	260.00 - 300.00	400.00 - 440.00	-	200.00 - 240.00			
Mullaitivu	-	240.00 - 300.00	650.00 - 700.00	160.00 - 180.00	-	500.00 - 550.00	280.00 - 300.00	-	-	250.00 - 260.00			
Batticaloa	300.00 - 320.00	380.00 - 400.00	760.00 - 800.00	180.00 - 200.00	-	540.00 - 560.00	300.00 - 320.00	400.00 - 400.00	-	240.00 - 240.00			
Trincomalee	150.00 - 170.00	300.00 - 340.00	-	180.00 - 220.00	160.00 - 180.00	400.00 - 460.00	300.00 - 340.00	280.00 - 320.00	240.00 - 260.00	200.00 - 240.00			
Hanguranketha	120.00 - 140.00	360.00 - 380.00	700.00 - 750.00	140.00 - 160.00	130.00 - 150.00	350.00 - 380.00	320.00 - 350.00	300.00 - 320.00	220.00 - 250.00	160.00 - 180.00			
Veyangoda	160.00 - 180.00	460.00 - 500.00	700.00 - 800.00	200.00 - 240.00	160.00 - 180.00	440.00 - 480.00	320.00 - 340.00	340.00 - 380.00	320.00 - 360.00	240.00 - 280.00			
Galenbindunuwewa	140.00 - 160.00	360.00 - 400.00	600.00 - 650.00	200.00 - 240.00	140.00 - 160.00	440.00 - 480.00	280.00 - 320.00	280.00 - 320.00	240.00 - 280.00	140.00 - 160.00			
Bandarawela	200.00 - 240.00	400.00 - 450.00	800.00 - 850.00	220.00 - 240.00	200.00 - 220.00	400.00 - 450.00	380.00 - 400.00	320.00 - 350.00	300.00 - 340.00	220.00 - 250.00			
Matale	-	-	-	-	-	-	-	-	-	-			

Table 07 (Contd.)

LOCATIONS	Low Country Varieties										Leafy Vegetable					Coconut (Rs/Nut)			
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large		Small								
18	Colombo	160.00 - 240.00	400.00 - 800.00	240.00 - 500.00	160.00 - 300.00	100.00 - 200.00	60.00 - 100.00	60.00 - 100.00	60.00 - 100.00	85.00 - 100.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	
	Gampaha	240.00 - 240.00	600.00 - 800.00	300.00 - 300.00	220.00 - 240.00	160.00 - 180.00	70.00 - 70.00	70.00 - 70.00	25.00 - 25.00	70.00 - 80.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	
	Kurunegala	180.00 - 240.00	700.00 - 800.00	200.00 - 300.00	220.00 - 240.00	140.00 - 160.00	40.00 - 40.00	40.00 - 40.00	30.00 - 30.00	80.00 - 80.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	
	Nikaweratiya	120.00 - 240.00	600.00 - 700.00	160.00 - 200.00	160.00 - 240.00	120.00 - 140.00	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 75.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	
	Dambulla	150.00 - 180.00	600.00 - 700.00	400.00 - 500.00	200.00 - 220.00	120.00 - 140.00	45.00 - 50.00	45.00 - 50.00	40.00 - 45.00	70.00 - 80.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	
	Anuradhapura	200.00 - 240.00	600.00 - 700.00	400.00 - 500.00	200.00 - 240.00	160.00 - 180.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	
	Thambuththegama	160.00 - 200.00	450.00 - 600.00	300.00 - 320.00	180.00 - 220.00	-	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	70.00 - 75.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	
	Polonnaruwa	200.00 - 220.00	580.00 - 600.00	400.00 - 450.00	200.00 - 220.00	130.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	
	Kaluthara	180.00 - 200.00	650.00 - 700.00	250.00 - 350.00	160.00 - 180.00	120.00 - 140.00	60.00 - 80.00	60.00 - 70.00	60.00 - 80.00	90.00 - 100.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 85.00	
	Badulla	160.00 - 180.00	700.00 - 800.00	260.00 - 320.00	220.00 - 240.00	100.00 - 120.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	90.00 - 95.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	
	Keppetipola	200.00 - 220.00	650.00 - 700.00	220.00 - 240.00	180.00 - 200.00	140.00 - 160.00	65.00 - 70.00	65.00 - 70.00	55.00 - 60.00	86.00 - 90.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	75.00 - 80.00	
	Moneragala	120.00 - 140.00	700.00 - 800.00	140.00 - 160.00	200.00 - 240.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	70.00 - 75.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	
	Kegalle	180.00 - 200.00	570.00 - 600.00	380.00 - 400.00	260.00 - 280.00	120.00 - 140.00	50.00 - 50.00	50.00 - 50.00	40.00 - 40.00	75.00 - 80.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	
	Ampara	140.00 - 160.00	600.00 - 700.00	280.00 - 300.00	220.00 - 240.00	80.00 - 90.00	50.00 - 60.00	40.00 - 50.00	40.00 - 50.00	75.00 - 80.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	70.00 - 70.00	
	Dehiatikandiya	160.00 - 200.00	700.00 - 800.00	250.00 - 300.00	160.00 - 200.00	100.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	
	Nuwaraeliya	200.00 - 220.00	600.00 - 700.00	260.00 - 280.00	200.00 - 220.00	160.00 - 180.00	70.00 - 80.00	75.00 - 80.00	65.00 - 75.00	86.00 - 90.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	78.00 - 84.00	
	Kandy	240.00 - 280.00	500.00 - 600.00	240.00 - 280.00	200.00 - 240.00	160.00 - 200.00	45.00 - 50.00	50.00 - 60.00	40.00 - 45.00	80.00 - 90.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	68.00 - 75.00	
	Puttalam	140.00 - 200.00	500.00 - 600.00	200.00 - 320.00	220.00 - 280.00	160.00 - 200.00	60.00 - 70.00	60.00 - 70.00	40.00 - 50.00	80.00 - 85.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	70.00 - 75.00	
	Rathnapura	190.00 - 200.00	650.00 - 700.00	350.00 - 360.00	200.00 - 200.00	120.00 - 140.00	80.00 - 90.00	80.00 - 80.00	80.00 - 90.00	95.00 - 100.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	
	Hambanthota	120.00 - 160.00	400.00 - 480.00	180.00 - 220.00	160.00 - 200.00	80.00 - 120.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 85.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	60.00 - 65.00	
	Matara	140.00 - 180.00	400.00 - 500.00	220.00 - 250.00	160.00 - 200.00	110.00 - 130.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 90.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00	
	Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Tissamaharama	100.00 - 130.00	440.00 - 480.00	140.00 - 180.00	180.00 - 200.00	80.00 - 100.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	85.00 - 90.00	60.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 65.00	
	Meegoda (DEC)	240.00 - 240.00	400.00 - 500.00	360.00 - 400.00	200.00 - 240.00	130.00 - 130.00	80.00 - 80.00	80.00 - 80.00	90.00 - 90.00	85.00 - 95.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	
	Embilipitiya	140.00 - 160.00	600.00 - 700.00	240.00 - 300.00	160.00 - 200.00	80.00 - 100.00	40.00 - 60.00	40.00 - 50.00	60.00 - 80.00	75.00 - 90.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	
	Jaffna	180.00 - 220.00	250.00 - 350.00	250.00 - 400.00	140.00 - 200.00	-	60.00 - 70.00	35.00 - 45.00	30.00 - 35.00	70.00 - 80.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	
	Vavuniya	120.00 - 150.00	250.00 - 300.00	250.00 - 300.00	200.00 - 240.00	150.00 - 200.00	40.00 - 60.00	40.00 - 50.00	40.00 - 60.00	60.00 - 70.00	60.00 - 70.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	
	Mannar	160.00 - 180.00	600.00 - 600.00	300.00 - 320.00	-	180.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	
	Killinochchi	120.00 - 140.00	450.00 - 500.00	300.00 - 340.00	-	180.00 - 200.00	50.00 - 60.00	-	40.00 - 50.00	70.00 - 80.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	
	Mullaittivu	120.00 - 140.00	450.00 - 500.00	-	-	200.00 - 220.00	50.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	55.00 - 55.00	
	Batticaloa	160.00 - 180.00	600.00 - 600.00	380.00 - 420.00	-	150.00 - 160.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	
	Trincomalee	180.00 - 220.00	350.00 - 400.00	250.00 - 270.00	180.00 - 210.00	150.00 - 180.00	50.00 - 60.00	55.00 - 60.00	50.00 - 60.00	80.00 - 90.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	55.00 - 65.00	
	Hanguranketha	180.00 - 200.00	540.00 - 600.00	200.00 - 280.00	160.00 - 180.00	120.00 - 140.00	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	78.00 - 82.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	
	Veyangoda	180.00 - 240.00	500.00 - 600.00	350.00 - 400.00	200.00 - 240.00	140.00 - 160.00	60.00 - 70.00	60.00 - 70.00	30.00 - 35.00	85.00 - 90.00	65.0								

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 35: 26 August - 01 September 2022

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	130.00 - 220.00	300.00 - 400.00	130.00 - 200.00	18.00 - 28.00	23.00 - 35.00	600.00 - 700.00	500.00 - 580.00	400.00 - 480.00	-	230.00 - 250.00
Gampaha	150.00 - 180.00	350.00 - 380.00	140.00 - 150.00	18.00 - 20.00	25.00 - 25.00	700.00 - 700.00	500.00 - 550.00	350.00 - 400.00	-	160.00 - 200.00
Kurunegala	150.00 - 160.00	400.00 - 420.00	130.00 - 150.00	18.00 - 20.00	38.00 - 38.00	600.00 - 700.00	400.00 - 500.00	200.00 - 300.00	-	-
Nikaweratiya	160.00 - 180.00	380.00 - 400.00	160.00 - 180.00	-	38.00 - 40.00	550.00 - 650.00	400.00 - 500.00	-	-	-
Dambulla	150.00 - 160.00	300.00 - 350.00	140.00 - 150.00	-	36.00 - 40.00	600.00 - 650.00	450.00 - 500.00	250.00 - 280.00	80.00 - 100.00	200.00 - 220.00
Anuradhapura	140.00 - 150.00	360.00 - 380.00	140.00 - 150.00	26.00 - 28.00	32.00 - 35.00	720.00 - 830.00	600.00 - 675.00	450.00 - 520.00	-	-
Thambuththegama	150.00 - 200.00	380.00 - 400.00	150.00 - 180.00	27.00 - 28.00	-	700.00 - 900.00	500.00 - 650.00	-	-	-
Polonnaruwa	140.00 - 150.00	260.00 - 280.00	100.00 - 120.00	18.00 - 19.00	22.00 - 25.00	550.00 - 600.00	400.00 - 450.00	250.00 - 300.00	-	150.00 - 150.00
Kaluthara	180.00 - 200.00	360.00 - 380.00	160.00 - 180.00	24.00 - 26.00	28.00 - 30.00	-	500.00 - 520.00	380.00 - 400.00	-	-
Badulla	140.00 - 160.00	300.00 - 320.00	100.00 - 120.00	14.00 - 16.00	26.00 - 27.00	640.00 - 680.00	450.00 - 480.00	300.00 - 340.00	-	140.00 - 150.00
Keppetipola	160.00 - 180.00	350.00 - 370.00	140.00 - 150.00	20.00 - 23.00	35.00 - 38.00	-	550.00 - 580.00	390.00 - 420.00	-	160.00 - 180.00
Moneragala	100.00 - 120.00	220.00 - 250.00	80.00 - 100.00	14.00 - 16.00	17.00 - 20.00	750.00 - 800.00	640.00 - 670.00	-	-	140.00 - 160.00
Kegalle	140.00 - 150.00	320.00 - 350.00	120.00 - 140.00	30.00 - 50.00	40.00 - 60.00	630.00 - 650.00	480.00 - 580.00	200.00 - 300.00	-	230.00 - 240.00
Ampara	140.00 - 170.00	320.00 - 340.00	90.00 - 100.00	18.00 - 20.00	25.00 - 27.00	600.00 - 650.00	550.00 - 550.00	400.00 - 430.00	-	-
Dehiattakandiya	150.00 - 160.00	340.00 - 350.00	120.00 - 140.00	-	36.00 - 38.00	700.00 - 800.00	480.00 - 580.00	340.00 - 360.00	-	-
Nuwaraeliya	150.00 - 170.00	340.00 - 360.00	130.00 - 140.00	20.00 - 23.00	36.00 - 42.00	-	540.00 - 600.00	420.00 - 460.00	-	180.00 - 200.00
Kandy	170.00 - 180.00	320.00 - 340.00	160.00 - 180.00	20.00 - 22.00	30.00 - 35.00	650.00 - 700.00	450.00 - 480.00	250.00 - 300.00	-	150.00 - 170.00
Puttalam	120.00 - 140.00	-	130.00 - 140.00	14.00 - 16.00	-	600.00 - 670.00	-	240.00 - 320.00	-	-
Rathnapura	180.00 - 200.00	320.00 - 350.00	180.00 - 200.00	-	-	580.00 - 620.00	350.00 - 400.00	150.00 - 200.00	-	180.00 - 200.00
Hambantota	170.00 - 180.00	330.00 - 340.00	140.00 - 150.00	18.00 - 20.00	20.00 - 22.00	680.00 - 710.00	600.00 - 630.00	400.00 - 420.00	-	-
Matara	170.00 - 180.00	350.00 - 360.00	140.00 - 150.00	20.00 - 22.00	26.00 - 30.00	640.00 - 680.00	550.00 - 570.00	420.00 - 450.00	-	160.00 - 180.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	100.00 - 140.00	280.00 - 300.00	90.00 - 100.00	-	-	-	-	-	-	-
Meegoda (DEC)	160.00 - 170.00	350.00 - 360.00	140.00 - 150.00	-	32.00 - 35.00	800.00 - 880.00	-	-	-	-
Embilipitiya	100.00 - 130.00	300.00 - 340.00	90.00 - 100.00	25.00 - 30.00	30.00 - 40.00	-	480.00 - 500.00	350.00 - 400.00	90.00 - 100.00	-
Jaffna	250.00 - 300.00	280.00 - 300.00	130.00 - 150.00	-	-	620.00 - 680.00	480.00 - 580.00	300.00 - 350.00	-	230.00 - 280.00
Vavuniya	160.00 - 180.00	200.00 - 250.00	130.00 - 140.00	25.00 - 30.00	30.00 - 30.00	600.00 - 620.00	500.00 - 520.00	360.00 - 400.00	-	-
Mannar	140.00 - 160.00	300.00 - 300.00	100.00 - 120.00	16.00 - 18.00	-	-	-	440.00 - 450.00	-	-
Killinochchi	200.00 - 220.00	280.00 - 310.00	150.00 - 180.00	24.00 - 26.00	24.00 - 26.00	660.00 - 720.00	540.00 - 600.00	360.00 - 400.00	-	-
Mullaithivu	160.00 - 180.00	300.00 - 300.00	160.00 - 180.00	20.00 - 20.00	25.00 - 25.00	-	-	-	-	-
Batticaloa	180.00 - 200.00	400.00 - 430.00	160.00 - 180.00	-	-	-	500.00 - 500.00	-	-	-
Trincomalee	175.00 - 190.00	-	140.00 - 160.00	27.00 - 29.00	27.00 - 28.00	-	500.00 - 520.00	440.00 - 460.00	-	140.00 - 160.00
Veyangoda	180.00 - 220.00	350.00 - 400.00	150.00 - 180.00	18.00 - 22.00	28.00 - 35.00	600.00 - 650.00	480.00 - 500.00	350.00 - 400.00	-	140.00 - 160.00
Galenbindunuwewa	140.00 - 150.00	250.00 - 300.00	140.00 - 150.00	25.00 - 30.00	30.00 - 35.00	720.00 - 810.00	600.00 - 675.00	480.00 - 540.00	-	-
Bandarawela	160.00 - 180.00	300.00 - 320.00	120.00 - 140.00	16.00 - 18.00	24.00 - 26.00	-	450.00 - 500.00	300.00 - 350.00	-	150.00 - 180.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 08 (Contd.)

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 35: 26 August - 01 September 2022

Locations	Sea Fish							
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw		
Colombo	600.00 – 850.00	1100.00 – 1300.00	750.00 – 920.00	1750.00 – 1900.00	2150.00 – 3800.00	1300.00 – 2000.00		
Kandy	750.00 – 800.00	1100.00 – 1180.00	1000.00 – 1200.00	1800.00 – 1900.00	2800.00 – 2900.00	1500.00 – 1600.00		
Kaluthara	620.00 – 640.00	940.00 – 1000.00	840.00 – 860.00	1400.00 – 1600.00	–	1550.00 – 1600.00		
Puttalam	720.00 – 750.00	1100.00 – 1150.00	1100.00 – 1150.00	2000.00 – 2150.00	–	1450.00 – 1470.00		
Matara	460.00 – 500.00	–	1400.00 – 1450.00	2100.00 – 2200.00	–	–		
Hambantota	550.00 – 560.00	–	1100.00 – 1200.00	1700.00 – 1800.00	–	1200.00 – 1250.00		
Galle	–	–	–	–	–	–		
Batticaloa	–	700.00 – 700.00	1100.00 – 1200.00	–	2050.00 – 2100.00	–		
Trincomalee	350.00 – 400.00	950.00 – 1050.00	800.00 – 850.00	1800.00 – 1850.00	–	1300.00 – 1450.00		
Mannar	380.00 – 400.00	–	–	–	–	1150.00 – 1200.00		

Locations	Sea Fish				Eggs		
	Mora	Shrimps	Thalapath	Teppeli	Brown	White	
Colombo	–	1400.00 – 2000.00	2000.00 – 2500.00	–	43.50 – 50.00	41.50 – 49.00	
Kandy	–	1700.00 – 1800.00	2350.00 – 2400.00	–	48.00 – 49.00	47.00 – 48.00	
Kaluthara	–	1400.00 – 1450.00	2350.00 – 2450.00	–	–	–	
Puttalam	–	1250.00 – 1300.00	–	–	51.00 – 52.00	50.00 – 50.00	
Matara	–	–	2150.00 – 2200.00	–	–	–	
Hambantota	–	–	–	–	–	–	
Galle	–	–	–	–	–	–	
Batticaloa	–	–	2100.00 – 2200.00	–	49.00 – 50.00	49.00 – 51.00	
Trincomalee	1580.00 – 1680.00	1100.00 – 1250.00	–	–	–	47.00 – 49.00	
Mannar	–	1200.00 – 1300.00	–	–	–	–	

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 35: 26 August - 01 September 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	120000 – 125000	–	–	117500 – 127500	69000 – 85000	–
Kandy	120000 – 130000	–	–	130000 – 132500	82500 – 87000	–
Batticaloa	88500 – 90000	135000 – 140000	–	–	92500 – 94500	–
Trincomalee	87000 – 87500	108000 – 112000	–	–	81500 – 82250	72500 – 72500
Mannar	75000 – 76000	112500 – 115000	–	85000 – 87500	72500 – 75000	52500 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	90000 – 92000	–	47000 – 56000	72500 – 87500	95000 – 105000	–
Kandy	–	–	–	75000 – 85000	–	–
Batticaloa	–	–	–	92000 – 92500	–	–
Trincomalee	95000 – 95000	–	–	70000 – 73000	–	–
Mannar	62500 – 65000	–	47500 – 50000	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	90000 – 100000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	122500 – 122500	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 35: 26 August - 01 September 2022

LOCATIONS	Sea Fish												Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White				
Colombo	720.00 - 900.00	1200.00 - 1600.00	1500.00 - 2000.00	2200.00 - 3000.00	3000.00 - 3900.00	2400.00 - 3000.00	-	2500.00 - 3200.00	50.00 - 55.00	49.00 - 54.00				
Gampaha	800.00 - 800.00	1100.00 - 1100.00	-	-	-	-	-	-	-	-				
Kurunegala	700.00 - 800.00	1000.00 - 1000.00	1600.00 - 1700.00	-	-	-	-	2600.00 - 2600.00	-	50.00 - 50.00				
Nikaweratiya	800.00 - 800.00	1100.00 - 1100.00	1400.00 - 1600.00	2200.00 - 2200.00	-	-	-	-	-	50.00 - 55.00				
Dambulla	700.00 - 760.00	1000.00 - 1200.00	1000.00 - 1100.00	1800.00 - 2200.00	-	1700.00 - 1800.00	1400.00 - 1500.00	2300.00 - 2500.00	51.00 - 52.00	49.00 - 50.00				
Anuradhapura	700.00 - 840.00	1100.00 - 1200.00	1200.00 - 1400.00	-	3000.00 - 3000.00	-	1680.00 - 1800.00	2200.00 - 2500.00	-	-				
Thambuththegama	700.00 - 800.00	1100.00 - 1100.00	1200.00 - 1200.00	-	-	-	-	3400.00 - 3400.00	-	50.00 - 55.00				
Polonnaruwa	800.00 - 800.00	1300.00 - 1300.00	1600.00 - 1700.00	2400.00 - 2500.00	-	1200.00 - 1300.00	1800.00 - 2000.00	2400.00 - 2500.00	-	50.00 - 50.00				
Kaluthara	750.00 - 800.00	1150.00 - 1200.00	900.00 - 980.00	1920.00 - 1960.00	-	1650.00 - 1700.00	-	2750.00 - 2850.00	-	45.00 - 46.00				
Badulla	700.00 - 800.00	900.00 - 1000.00	1600.00 - 1700.00	2000.00 - 2200.00	-	1700.00 - 1800.00	1700.00 - 1900.00	2500.00 - 2600.00	-	50.00 - 50.00				
Keppetipola	760.00 - 800.00	1000.00 - 1100.00	1600.00 - 1700.00	2200.00 - 2300.00	-	2100.00 - 2200.00	1900.00 - 2000.00	2500.00 - 2600.00	50.00 - 53.00	49.00 - 51.00				
Moneragala	800.00 - 850.00	-	1400.00 - 1600.00	2400.00 - 2600.00	-	-	-	2500.00 - 2600.00	-	50.00 - 50.00				
Kegalle	1000.00 - 1100.00	1450.00 - 1500.00	1900.00 - 2000.00	2650.00 - 2700.00	-	-	2000.00 - 2100.00	2700.00 - 2800.00	53.00 - 55.00	50.00 - 50.00				
22 Ampara	700.00 - 800.00	1300.00 - 1400.00	2000.00 - 2000.00	2700.00 - 2800.00	-	-	-	2800.00 - 3000.00	-	48.00 - 50.00				
Dehiattakandiya	700.00 - 800.00	1200.00 - 1200.00	1400.00 - 1700.00	2500.00 - 2500.00	-	-	1600.00 - 1600.00	2400.00 - 2500.00	55.00 - 60.00	50.00 - 55.00				
Nuwaraeliya	800.00 - 850.00	1100.00 - 1200.00	1400.00 - 1500.00	2300.00 - 2400.00	-	2100.00 - 2200.00	1900.00 - 2100.00	2600.00 - 2700.00	50.00 - 52.00	49.00 - 50.00				
Kandy	880.00 - 900.00	1250.00 - 1275.00	1400.00 - 1500.00	2500.00 - 2600.00	-	2200.00 - 2300.00	-	2750.00 - 2800.00	50.00 - 51.00	49.00 - 50.00				
Puttalam	800.00 - 850.00	1200.00 - 1250.00	1000.00 - 1400.00	2150.00 - 2200.00	-	1500.00 - 1600.00	-	-	50.00 - 51.00	49.00 - 50.00				
Hambantota	600.00 - 600.00	-	1400.00 - 1600.00	2400.00 - 2500.00	-	1400.00 - 1400.00	-	-	-	-				
Rathnapura	950.00 - 1000.00	1300.00 - 1360.00	1800.00 - 1850.00	2700.00 - 2800.00	-	-	-	-	-	48.00 - 50.00				
Matara	580.00 - 620.00	-	1500.00 - 1600.00	2350.00 - 2400.00	-	-	-	2500.00 - 2600.00	-	48.00 - 50.00				
Galle	-	-	-	-	-	-	-	-	-	-				
Tissamaharama	-	1000.00 - 1000.00	1000.00 - 1000.00	-	-	-	-	2400.00 - 2400.00	-	-				
Meegoda	900.00 - 900.00	-	-	-	-	-	-	-	-	50.00 - 50.00				
Embilipitiya	650.00 - 700.00	900.00 - 1000.00	1500.00 - 1600.00	2300.00 - 3500.00	-	-	1600.00 - 1650.00	2400.00 - 2500.00	48.00 - 50.00	45.00 - 50.00				
Jaffna	-	1000.00 - 1200.00	1000.00 - 1500.00	-	-	1450.00 - 1500.00	-	-	50.00 - 51.00	49.00 - 51.00				
Vavuniya	1400.00 - 1400.00	1200.00 - 1300.00	1400.00 - 1400.00	2800.00 - 3000.00	3400.00 - 3500.00	1600.00 - 2000.00	3000.00 - 3200.00	3000.00 - 3200.00	-	45.00 - 46.00				
Mannar	450.00 - 500.00	-	-	-	-	1300.00 - 1400.00	-	-	-	-				
Killinochchi	800.00 - 900.00	-	1500.00 - 1700.00	-	-	1850.00 - 2000.00	-	-	-	-	50.00 - 52.00			
Mullaithivu	600.00 - 600.00	1000.00 - 1000.00	1000.00 - 1200.00	-	-	1600.00 - 1600.00	1500.00 - 1600.00	-	-	-				
Batticaloa	-	800.00 - 1000.00	1800.00 - 2000.00	-	2800.00 - 3000.00	-	-	2650.00 - 2800.00	50.00 - 52.00	50.00 - 52.00				
Trincomalee	400.00 - 500.00	1100.00 - 1150.00	900.00 - 980.00	1900.00 - 2000.00	-	1450.00 - 1580.00	1700.00 - 1780.00	-	47.00 - 49.00	47.00 - 48.00				
Veyangoda	800.00 - 800.00	-	-	2000.00 - 2000.00	-	-	-	3000.00 - 3000.00	-	47.00 - 50.00				
Galenbindunuwewa	800.00 - 800.00	1200.00 - 1200.00	1200.00 - 1200.00	-	-	1800.00 - 1800.00	1700.00 - 1700.00	2500.00 - 2500.00	-	-				
Bandarawela	700.00 - 750.00	950.00 - 1000.00	1600.00 - 1700.00	1900.00 - 2000.00	-	-	1700.00 - 1800.00	2500.00 - 2600.00	50.00 - 52.00	48.00 - 50.00				
Matale	-	-	-	-	-	-	-	-	-	-				

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 35: 26 August - 01 September 2022

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa	Thora	Mora	Balaya	Anguluwa	Salaya					
23	Colombo	1700.00 – 2200.00	2600.00 – 3600.00	–	2600.00 – 3300.00	2000.00 – 2800.00	2200.00 – 3300.00	1200.00 – 1500.00				
	Gampaha	1800.00 – 2000.00	2800.00 – 3000.00	3600.00 – 4000.00	3000.00 – 3200.00	2200.00 – 2400.00	2700.00 – 2700.00	1300.00 – 1400.00				
	Kurunegala	1600.00 – 2000.00	2700.00 – 2800.00	3200.00 – 3200.00	2800.00 – 3000.00	2000.00 – 2200.00	2400.00 – 2400.00	1400.00 – 1600.00				
	Nikaweratiya	1800.00 – 1940.00	2800.00 – 2800.00	–	2600.00 – 2800.00	2000.00 – 2000.00	2600.00 – 2600.00	1400.00 – 1400.00				
	Dambulla	1600.00 – 1800.00	2500.00 – 2700.00	–	2900.00 – 3000.00	1900.00 – 2000.00	2300.00 – 2500.00	–				
	Anuradhapura	1800.00 – 2200.00	2800.00 – 3200.00	–	2800.00 – 3000.00	2000.00 – 2500.00	2800.00 – 3200.00	1300.00 – 1400.00				
	Thambuththegama	1760.00 – 1800.00	2600.00 – 2800.00	–	–	2200.00 – 2200.00	–	–				
	Polonnaruwa	1800.00 – 1900.00	–	–	2800.00 – 3000.00	2100.00 – 2300.00	–	–				
	Kaluthara	2000.00 – 2200.00	3000.00 – 3200.00	–	2800.00 – 3000.00	2200.00 – 2400.00	2600.00 – 2800.00	1200.00 – 1400.00				
	Badulla	1700.00 – 1800.00	2800.00 – 3000.00	–	2600.00 – 2800.00	2500.00 – 2600.00	–	–				
	Keppetipola	1900.00 – 2000.00	3000.00 – 3100.00	–	2900.00 – 3000.00	2300.00 – 2400.00	2800.00 – 2900.00	1300.00 – 1400.00				
	Moneragala	–	2800.00 – 3000.00	–	2900.00 – 3200.00	2400.00 – 2600.00	2700.00 – 2800.00	–				
	Kegalle	1650.00 – 1750.00	2500.00 – 2600.00	–	2550.00 – 2600.00	1800.00 – 1900.00	–	–				
	Ampara	1650.00 – 1800.00	2500.00 – 2600.00	–	–	2000.00 – 2400.00	–	1400.00 – 1500.00				
	Dehiattakandiya	1800.00 – 2000.00	3000.00 – 3200.00	–	3000.00 – 3100.00	2000.00 – 2300.00	–	1300.00 – 1400.00				
	Nuwaraeliya	1800.00 – 2000.00	3000.00 – 3200.00	–	3000.00 – 3200.00	2200.00 – 2400.00	2800.00 – 3000.00	1300.00 – 1400.00				
	Kandy	2000.00 – 2100.00	3100.00 – 3200.00	–	2900.00 – 3200.00	2400.00 – 2500.00	2700.00 – 2800.00	–				
	Puttalam	1650.00 – 1820.00	2400.00 – 2600.00	–	2750.00 – 2800.00	1650.00 – 1800.00	1600.00 – 1800.00	1100.00 – 1200.00				
	Hambantota	–	2800.00 – 2900.00	–	2900.00 – 3100.00	2000.00 – 2200.00	2500.00 – 2700.00	–				
	Rathnapura	2100.00 – 2200.00	2800.00 – 2800.00	3000.00 – 3000.00	2600.00 – 2800.00	2000.00 – 2060.00	2400.00 – 2440.00	1900.00 – 2000.00				
	Matara	1700.00 – 1900.00	2800.00 – 3000.00	3450.00 – 3500.00	3000.00 – 3200.00	2200.00 – 2300.00	–	–				
	Galle	–	–	–	–	–	–	–				
	Tissamaharama	1650.00 – 1800.00	–	–	–	1900.00 – 2200.00	–	–				
	Meegoda	1800.00 – 2000.00	2800.00 – 3000.00	–	2600.00 – 2800.00	2000.00 – 2200.00	2800.00 – 2800.00	1200.00 – 1200.00				
	Embilipitiya	1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 3000.00	2300.00 – 2600.00	2700.00 – 2800.00	1350.00 – 1500.00				
	Jaffna	1750.00 – 1900.00	–	–	–	–	–	–				
	Vavuniya	–	–	–	–	2000.00 – 2000.00	–	–				
	Mannar	1550.00 – 1600.00	2400.00 – 2500.00	–	–	1600.00 – 1700.00	1200.00 – 1250.00	1100.00 – 1200.00				
	Killinochchi	1800.00 – 1800.00	3500.00 – 3700.00	–	3200.00 – 3200.00	2500.00 – 2500.00	2100.00 – 2200.00	1500.00 – 1500.00				
	Mullaitivu	1800.00 – 2000.00	3000.00 – 3300.00	–	3500.00 – 4000.00	2000.00 – 2200.00	1500.00 – 2000.00	1000.00 – 1000.00				
	Batticaloa	1800.00 – 2000.00	2800.00 – 3100.00	–	–	2000.00 – 2200.00	–	–				
	Trincomalee	1700.00 – 1800.00	2400.00 – 2400.00	–	2600.00 – 2600.00	1750.00 – 1850.00	2600.00 – 2600.00	–				
	Veyangoda	1600.00 – 1900.00	2800.00 – 3000.00	–	2600.00 – 3000.00	1800.00 – 1900.00	2000.00 – 2400.00	1200.00 – 1400.00				
	Galenbindunuwewa	1800.00 – 2200.00	3000.00 – 3400.00	–	3000.00 – 3200.00	2000.00 – 2400.00	2600.00 – 3000.00	–				
	Bandarawela	1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2400.00 – 2500.00	–	1300.00 – 1400.00				
	Matale	–	–	–	–	–	–	–				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 35: 26 August - 01 September 2022

LOCATIONS	Meat		Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork	
Colombo	2000.00 – 2200.00	1320.00 – 1460.00	1400.00 – 1600.00	1900.00 – 3000.00	1100.00 – 1200.00	
Gampaha	–	1350.00 – 1400.00	–	2600.00 – 2600.00	1200.00 – 1200.00	
Kurunegala	1800.00 – 2000.00	1460.00 – 1480.00	–	2500.00 – 2600.00	1500.00 – 1500.00	
Nikaweratiya	1800.00 – 1800.00	1350.00 – 1400.00	–	2600.00 – 2600.00	–	
Dambulla	–	1300.00 – 1350.00	–	–	–	
Anuradhapura	1900.00 – 2000.00	1350.00 – 1450.00	–	2900.00 – 3000.00	1200.00 – 1350.00	
Thambuththegama	1950.00 – 2000.00	1200.00 – 1250.00	–	–	1200.00 – 1300.00	
Polonnaruwa	1800.00 – 2000.00	1380.00 – 1400.00	1300.00 – 1350.00	2600.00 – 2900.00	1600.00 – 1700.00	
Kaluthara	–	1400.00 – 1450.00	1500.00 – 1550.00	–	–	
Badulla	1800.00 – 2000.00	1450.00 – 1480.00	1450.00 – 1500.00	2500.00 – 2600.00	–	
Keppetipola	1900.00 – 2000.00	1480.00 – 1500.00	1500.00 – 1540.00	2600.00 – 2700.00	–	
Moneragala	1800.00 – 1800.00	1480.00 – 1500.00	1580.00 – 1600.00	–	1450.00 – 1500.00	
Kegalle	1850.00 – 1900.00	1350.00 – 1400.00	–	2250.00 – 2300.00	1400.00 – 1450.00	
Ampara	2000.00 – 2000.00	1350.00 – 1450.00	–	–	1200.00 – 1250.00	
Dehiattakandiya	–	1250.00 – 1400.00	–	–	1400.00 – 1500.00	
Nuwaraeliya	1900.00 – 2000.00	1450.00 – 1500.00	1500.00 – 1580.00	2800.00 – 2900.00	1350.00 – 1450.00	
Kandy	1900.00 – 2000.00	1340.00 – 1360.00	1450.00 – 1500.00	2500.00 – 2600.00	–	
Puttalam	1900.00 – 2000.00	1400.00 – 1450.00	1250.00 – 1300.00	2600.00 – 2700.00	–	
Hambantota	–	1350.00 – 1400.00	–	–	–	
Rathnapura	2000.00 – 2100.00	1300.00 – 1400.00	1600.00 – 1650.00	2600.00 – 2700.00	1400.00 – 1400.00	
Matara	–	1380.00 – 1410.00	–	–	–	
Galle	–	–	–	–	–	
Tissamaharama	–	1500.00 – 1500.00	–	–	–	
Meegoda	–	1350.00 – 1350.00	–	–	–	
Embiliptiya	2000.00 – 2000.00	1280.00 – 1300.00	–	2650.00 – 2700.00	1250.00 – 1400.00	
Jaffna	1450.00 – 1500.00	1500.00 – 1600.00	1400.00 – 1500.00	2350.00 – 2600.00	–	
Vavuniya	1700.00 – 1800.00	1600.00 – 1650.00	–	2600.00 – 2650.00	–	
Mannar	1400.00 – 1400.00	1600.00 – 1600.00	–	–	–	
Killinochchi	1700.00 – 1700.00	1600.00 – 1600.00	1800.00 – 1800.00	2600.00 – 2600.00	–	
Mullaittivu	1600.00 – 1600.00	1800.00 – 1800.00	–	–	–	
Batticaloa	–	1800.00 – 1800.00	1800.00 – 1800.00	–	–	
Trincomalee	1500.00 – 1580.00	1300.00 – 1400.00	1480.00 – 1550.00	–	–	
Veyangoda	1900.00 – 1900.00	1300.00 – 1320.00	–	2550.00 – 2600.00	1400.00 – 1400.00	
Galenbindunuwewa	1680.00 – 1700.00	1350.00 – 1400.00	–	–	–	
Bandarawela	1800.00 – 2000.00	1400.00 – 1450.00	1500.00 – 1550.00	2600.00 – 2800.00	–	
Matale	–	–	–	–	–	

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 35: 26 August - 01 September 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
<u>Local</u>							Large	80.00 - 83.00	80.90	79.40	71.40	1.89	13.31
Samba 1	225.00 - 230.00	227.50	227.50	126.25	0.00	80.20	Small	70.00 - 73.00	70.90	68.20	65.10	3.96	8.91
Samba 2	220.00 - 225.00	222.50	221.50	119.00	0.45	86.97							
Keeri Samba	240.00 - 250.00	245.50	246.50		-0.41		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	215.00 - 220.00	217.22	219.78		-1.16		<u>Plantain</u>						
Nadu 2	208.00 - 215.00	211.80	211.30	110.00	0.24	92.55	Ambul (Rs/Kg)	120.00 - 180.00	142.14	140.77	45.00	0.98	215.87
Raw (Red)	205.00 - 215.00	210.00	215.30	93.50	-2.46	124.60	Kolikuttu (Rs/Kg)	300.00 - 370.00	333.33	310.00	175.00	7.53	90.48
Raw (White)	200.00 - 210.00	206.00	209.80	100.00	-1.81	106.00	Seeni (Rs/Kg)	90.00 - 130.00	108.33	101.54	65.00	6.69	66.67
<u>Imported</u>							Anamalu	14.00 - 17.00	15.50	16.00	11.00	-3.13	40.91
Samba	175.00 - 190.00	182.60	176.30		3.57		Ambun	17.00 - 20.00	18.50	19.00	14.00	-2.63	32.14
Nadu	175.00 - 185.00	180.30	175.80		2.56		Papaw(Rs/Kg)	140.00 - 270.00	205.71	244.29	78.57	-15.79	161.82
Raw (Red)							Passion Fruit	40.00 - 45.00	41.80	37.00	12.50	12.97	234.40
Raw (White)	164.00 - 170.00	167.60	164.40		1.95		Pineapple Large	570.00 - 610.00	590.83	586.36	202.00	0.76	192.49
<u>Dried Chillies</u>							Pineapple Medium	450.00 - 500.00	474.17	466.36	154.00	1.67	207.90
Imported	1500.00 - 1600.00	1562.00	1469.00	524.00	6.33	198.09	Pineapple Small	350.00 - 400.00	374.17	366.36	104.44	2.13	258.24
<u>Onion</u>							<u>Mango</u>						
Sinnan	360.00 - 380.00	373.33	250.00	158.50	49.33	135.54	Betti	-					
Vedalan	380.00 - 450.00	401.00	377.50	213.00	6.23	88.26	Karthakolamban	160.00 - 230.00	187.86	169.23		11.01	
Imported	310.00 - 350.00	338.00					Vilad	60.00 - 80.00	68.33	63.80		7.11	
<u>Big Onion</u>							Kohu	-					
Imported	143.00 - 155.00	148.80	138.00	90.60	7.83	64.24	<u>Other</u>						
Local							Wood Apple	18.00 - 25.00	21.50	20.33	15.00	5.74	43.33
<u>Potato</u>							Orange	50.00 - 70.00	61.67	65.00	30.00	-5.13	105.56
Welimada	320.00 - 350.00	333.75	345.00	195.00	-3.26	71.15	Avocado	45.00 - 100.00	65.00	69.29	42.67	-6.19	52.34
N'Eliya	340.00 - 380.00	360.00	365.00	211.00	-1.37	70.62	Slime Apple	30.00 - 45.00	35.67	28.80		23.84	
Imported	170.00 - 280.00	218.00	188.00	160.50	15.96	35.83	Grapes (Imp., Rs/Kg)	-		3075.00	823.50		
<u>Pulses</u>							King Coconut	80.00 - 110.00	95.00	95.00	65.00	0.00	46.15
Green Gram	800.00 - 830.00	816.00	813.50	766.00	0.31	6.53	<u>Sea Fish</u>						
Cowpea (White)	700.00 - 750.00	713.89	714.50	540.50	-0.09	32.08	Salaya	600.00 - 850.00	715.00	673.00	200.00	6.24	257.50
Cowpea (Red)	680.00 - 700.00	697.14	678.89	381.50	2.69	82.74	Hurulla	1100.00 - 1300.00	1200.00	970.00	437.50	23.71	174.29
Red Dhal	415.00 - 425.00	420.67	423.00	246.60	-0.55	70.59	Balaya	750.00 - 920.00	860.00	850.00	432.50	1.18	98.84
<u>Vegetable</u>							Kelawalla	1750.00 - 1900.00	1844.44	1893.75	726.67	-2.60	153.82
Beans (Butter)							Thora	2150.00 - 3800.00	2945.00	3162.50	1700.00	-6.88	73.24
Beans(Green)	230.00 - 280.00	253.00	308.00	185.00	-17.86	36.76	Paraw	1300.00 - 2000.00	1670.00	1400.00	812.50	19.29	105.54
Carrot	220.00 - 280.00	250.00	246.00	96.00	1.63	160.42	Mora	-					
Leeks	140.00 - 160.00	145.00	160.00	201.00	-9.38	-27.86	Shrimps	1400.00 - 2000.00	1655.00	1542.50	1032.50	7.29	60.29
Beetroot	120.00 - 170.00	138.33	135.00	57.00	2.47	142.69	Thala Path	2000.00 - 2500.00	2225.00	2393.75	1100.00	-7.05	102.27
Knolkhol	130.00 - 170.00	149.00	137.00	97.00	8.76	53.61							
Raddish	60.00 - 80.00	72.00	83.00	55.00	-13.25	30.91	<u>Eggs</u>						
Cabbage	280.00 - 350.00	317.00	385.00	126.00	-17.66	151.59	Brown	43.50 - 50.00	47.13	52.50	18.75	-10.24	151.33
Tomato	130.00 - 160.00	141.00	259.00	99.00	-45.56	42.42	White	41.50 - 49.00	45.63	50.75	16.75	-10.10	172.39
Ladies Fingers	70.00 - 80.00	76.00	85.00	43.50	-10.59	74.71	<u>Dried Fish</u>						
Brinjal	330.00 - 400.00	364.00	436.00	161.00	-16.51	126.09	Sprats	2400.00 - 2500.00	2470.00	2452.00	1318.33	0.73	87.36
Capsicum	550.00 - 700.00	614.00	681.00	167.00	-9.84	267.66	Sprats (Imported)	1450.00 - 1750.00	1610.00	1599.17	651.67	0.68	147.06
Pumpkin	120.00 - 130.00	126.00	133.00	123.00	-5.26	2.44	Kattawa	-			1265.00		
Cucumber	80.00 - 130.00	108.00	86.00	26.00	25.58	315.38	Kattawa (Imported)	1900.00 - 2100.00	2013.33	2002.22		0.55	
Bitter Gourd	270.00 - 300.00	285.00	306.00	100.91	-6.86	182.43	Thora	-					
Snake Gourd	180.00 - 260.00	223.00	310.00	125.00	-28.06	78.40	Thora (Imported)	-					
Drumstick	230.00 - 270.00	245.45	249.00	176.00	-1.42	39.46	Mora	2350.00 - 2550.00	2468.75	2448.57	1138.33	0.82	116.87
Luffa	150.00 - 200.00	172.00	185.00	85.00	-7.03	102.35	Mora (Imported)	-					
Long Beans	130.00 - 150.00	141.00	205.00	68.00	-31.22	107.35	Balaya	1380.00 - 1700.00	1562.22	1653.75	780.00	-5.53	100.28
Ash Plantain	120.00 - 150.00	131.00	133.00	45.50	-1.50	187.91	Balaya (Imported)	-					
Green Chillies	300.00 - 350.00	329.00	396.00	122.00	-16.92	169.67	Anguluwa	-					
Lime	130.00 - 150.00	141.00	143.00	153.00	-1.40	-7.84	Anguluwa (Imported)	1800.00 - 2000.00	1940.00	1903.33		1.93	
<u>Root Crops</u>							Maduwa	1800.00 - 1840.00			785.00		
Sweet Potato	140.00 - 150.00	144.00	153.00	88.00	-5.88	63.64	Maduwa (Imported)	-					
Manioc	80.00 - 90.00	85.00	88.00	34.00	-3.41	150.00	Koduwa	-					
<u>Leafy Vegetable</u>							Koduwa (Imported)	-					
Mukunuwenna	35.00 - 40.00	36.80	39.20	29.20	-6.12	26.03	Salaya	940.00 - 1120.00	1014.00	1044.00	290.00	-2.87	249.66
Kankun	35.00 - 40.00	36.80	39.20	29.20	-6.12	26.03	Salaya (Imported)	-					
Gotukola (Rs/Kg)	150.00 - 170.00	158.00	165.00	82.00	-4.24	92.68							

This Week: Week 35: 26 August - 01 September 2022
Last Week: Week 34: 19 - 25 August 2022

Table 15: Colombo & Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 35: 26 August - 01 September 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)	
Rice														
Local														
Samba 1	240.00 - 260.00	251.90	252.07	150.00	-0.17	67.93	Coconut	Large	85.00 - 100.00	95.16	95.86	88.75	-0.70	7.22
Samba 2	230.00 - 250.00	237.41	239.58	137.78	-2.17	72.32	Small	70.00 - 80.00	77.81	78.38	74.29	-0.57	4.75	
Keeri Samba	250.00 - 280.00	266.71	267.78		-1.06									
Nadu 1	240.00 - 250.00	241.92	238.26	125.00	3.66	93.54	Fruits (Rs/Fruit)							
Nadu 2	220.00 - 240.00	226.25	223.33	117.22	2.92	93.01	Plantain	Ambul (Rs/Kg)	130.00 - 220.00	176.94	170.86	104.62	6.09	69.14
Raw (Red)	220.00 - 250.00	235.86	245.18	101.67	-9.32	131.99	Kolikuttu (Rs/Kg)	300.00 - 400.00	366.47	361.94	246.92	4.53	48.41	
Raw (White)	220.00 - 250.00	233.64	240.97	110.00	-7.33	112.40	Seeni (Rs/Kg)	130.00 - 200.00	171.67	159.12	133.08	12.55	29.00	
Imported							Anamalu	18.00 - 28.00	23.08	23.69	18.31	-0.61	26.09	
Samba	190.00 - 210.00	200.29	208.06		-7.77		Ambun	23.00 - 35.00	29.28	29.75	23.15	-0.47	26.45	
Nadu	190.00 - 210.00	199.31	208.53		-9.22		Papaw(Rs/Kg)	230.00 - 380.00	313.94	335.31	133.85	-21.37	134.55	
Raw (Red)	-	-	-	-	-		Passion Fruit	42.00 - 66.00	51.21	47.26	23.23	3.95	120.43	
Raw (White)	170.00 - 200.00	188.57	196.39		-7.82		Pineapple Large	600.00 - 700.00	626.47	619.44	235.38	7.03	166.15	
Dried Chillies							Pineapple Medium	500.00 - 580.00	526.15	518.33	182.31	7.82	188.61	
Imported	1600.00 - 2000.00	1779.17	1754.81	584.54	24.35	204.37	Pineapple Small	400.00 - 480.00	438.89	412.73	140.00	26.16	213.49	
Onion							Mango							
Sinnan	350.00 - 400.00	379.05	395.14	276.92	-16.10	36.88	Betti	-	-	-	-	-	-	
Vedalan	450.00 - 560.00	497.78	501.76	301.54	-3.99	65.08	Karthakolomban	230.00 - 250.00	240.00	216.67		23.33		
Imported	380.00 - 420.00	402.35		305.71		31.61	Vilad	100.00 - 200.00	140.00	97.65		42.35		
Big Onion							Kohu	-	-	-	-	-	-	
Imported	160.00 - 200.00	177.18	183.68	131.43	-6.50	34.81	Other							
Local	-	-	-	-	-	-	Wood Apple	30.00 - 80.00	55.94	55.33	58.46	0.60	-4.32	
Potato							Orange	60.00 - 120.00	95.45	97.73	56.15	-2.27	69.99	
Welimada	340.00 - 440.00	369.09	357.93		11.16		Avocado	50.00 - 120.00	83.23	99.64	86.92	-16.42	-4.25	
N'Ellya	450.00 - 520.00	498.21	480.00	268.57	18.21	85.51	Slime Apple	60.00 - 120.00	86.15	77.78		8.38		
Imported	190.00 - 380.00	224.47	220.56	197.14	3.92	13.86	Grapes (Imp., Rs/Kg)	-	-	-	1377.78			
Pulses							King Coconut	100.00 - 150.00	130.00	120.00	70.00	10.00	85.71	
Green Gram	880.00 - 1000.00	961.61	970.00	860.00	-8.39	11.82	Sea Fish							
Cowpea (White)	800.00 - 1050.00	884.00	885.56	750.00	-1.56	17.87	Salaya	720.00 - 900.00	820.25	843.20	331.11	-22.95	147.73	
Cowpea (Red)	700.00 - 900.00	787.04	786.21	666.66	0.83	18.06	Hurulla	1200.00 - 1600.00	1276.92	1210.63	595.56	66.30	114.41	
Red Dhal	440.00 - 480.00	462.06	467.57	252.00	-5.51	83.36	Balaya	1500.00 - 2000.00	1726.67	1705.88	900.00	20.78	91.85	
Vegetable							Kelawalla	2200.00 - 3000.00	2588.75	2749.33	1292.00	-160.58	100.37	
Beans (Butter)	-	-	-	-	-	-	Thora	3000.00 - 3900.00	3436.84	3357.69	2200.00	79.15	56.22	
Beans(Green)	280.00 - 480.00	376.92	389.62	240.00	-12.69	57.05	Paraw	2400.00 - 3000.00	2670.00	2640.00	1133.33	30.00	135.59	
Carrot	280.00 - 480.00	388.97	385.36	146.67	3.61	165.20	Mora	-	-	-	966.67			
Leeks	200.00 - 320.00	277.50	281.48	241.67	-3.98	14.83	Shrimps	1800.00 - 2200.00	2016.67	1900.00	1371.43	116.67	47.05	
Beetroot	160.00 - 320.00	253.57	223.93	113.33	29.64	123.74	Thalapath	2500.00 - 3200.00	2884.44	2933.75	1502.22	-49.31	92.01	
Knolkhол	180.00 - 360.00	281.43	250.00	158.33	31.43	77.74	Eggs							
Raddish	100.00 - 280.00	199.66	204.00	113.33	-4.34	76.17	Brown	50.00 - 55.00	52.09	63.00		-10.91		
Cabbage	400.00 - 600.00	508.57	530.00	182.50	-21.43	178.67	White	49.00 - 54.00	50.70	61.75		-11.05		
Tomato	180.00 - 320.00	258.52	380.00	163.85	-121.48	57.78	Dried Fish							
Ladies Fingers	120.00 - 280.00	210.71	224.07	146.67	-13.36	43.67	Sprats	2500.00 - 3300.00	2755.56	2610.00		145.56		
Brinjal	360.00 - 600.00	486.15	551.92	220.00	-65.77	120.98	Sprats (Imported)	1700.00 - 2200.00	2026.67	1942.31		84.36		
Capiscum	600.00 - 1000.00	784.64	929.63	226.67	-144.99	246.17	Kattawa	2600.00 - 3600.00	3121.43	3027.27		94.16		
Pumpkin	160.00 - 240.00	218.52	245.19	178.33	-26.67	22.53	Thora	-	-	-				
Cucumber	120.00 - 240.00	191.07	187.86	91.54	3.21	108.73	Mora	2600.00 - 3300.00	3092.86	3080.00		12.86		
Bitter Gourd	300.00 - 560.00	416.67	477.78	201.67	-61.11	106.61	Balaya	2000.00 - 2800.00	2421.43	2385.71		35.71		
Snake Gourd	280.00 - 400.00	348.57	407.69	173.85	-59.12	100.51	Anguluwa	2200.00 - 3300.00	2792.31	2771.43		20.88		
Drumstick	280.00 - 480.00	372.86	460.00	272.31	-87.14	36.92	Maduwa	-	-	-				
Luffa	200.00 - 400.00	304.81	322.14	195.00	-17.33	56.32	Koduwa	-	-	-				
Long Beans	240.00 - 360.00	287.14	298.52	150.77	-11.38	90.45	Salaya	1200.00 - 1500.00	1413.04	1466.67		-53.62		
Ash Plantain	160.00 - 240.00	206.67	223.08	99.23	-16.41	108.27	Meat							
Green Chillies	400.00 - 800.00	575.93	647.59	231.54	-71.66	148.74	Beef (without Bones)	2000.00 - 2200.00	2125.00	2066.67		58.33		
Lime	240.00 - 500.00	353.46	373.00	272.31	-19.54	29.80	Chicken (Broiler)	1320.00 - 1460.00	1404.44	1415.00		-10.56		
Root Crops							Chicken (Curry)	1400.00 - 1600.00	1505.00	1583.33		-78.33		
Sweet Potato	160.00 - 300.00	220.80	231.07	131.67	-10.27	67.70	Mutton	1900.00 - 3000.00	2657.14	2771.43		-114.29		
Manioc	100.00 - 200.00	180.00	183.57	79.17	-3.57	127.37	Pork	1100.00 - 1200.00	1166.67	1400.00		-233.33		
Leafy Vegetable														
Mukunuwenna	60.00 - 100.00	76.00	75.79	41.36	0.21	83.74								
Kankun	60.00 - 100.00	76.00	75.79	41.36	0.21	83.74								
Gotukola	60.00 - 100.00	77.00	78.95	46.82	-1.95	64.47								

This Week: Week 35: 26 August - 01 September 2022
Last Week: Week 34: 19 - 25 August 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)
Week 35: 26 August - 01 September 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	190.00 – 220.00	208.00
A'pura	115.00 – 116.00	115.40	Dambulla	200.00 – 230.00	217.00	Hambantota	–	
P'naruwa	123.00 – 125.00	124.00	Wellimada	200.00 – 230.00	219.00	Embilipitiya	200.00 – 220.00	212.50
Kalawewa	100.00 – 120.00	106.71	Badulla	180.00 – 220.00	204.00	Matara	–	
Kurunegala	102.00 – 120.00	112.00	Carrot			A'pura	180.00 – 190.00	184.00
Dehiattakandiya	123.00 – 125.00	123.83	N'Ellya	240.00 – 245.00	242.00	Luffa		
Nikaweratiya	100.00 – 120.00	110.63	Wellimada	195.00 – 205.00	201.00	Dambulla	157.50 – 172.50	163.50
Ampara	122.00 – 125.00	123.50	Hanguranketha	180.00 – 250.00	220.00	Hambantota	150.00 – 160.00	153.33
Long Grain (White)			Leeks			Embilipitiya	180.00 – 200.00	192.00
A'pura	115.00 – 117.00	115.80	N'Ellya	120.00 – 130.00	124.00	Matara	–	
P'naruwa	123.00 – 125.00	124.00	Wellimada	125.00 – 130.00	127.00	A'pura	140.00 – 150.00	146.00
Kalawewa	100.00 – 120.00	108.33	Beetroot			Green Chillies		
Kurunegala	102.00 – 120.00	112.00	N'Ellya	125.00 – 135.00	131.00	Dambulla	190.00 – 270.00	222.00
Dehiattakandiya	120.00 – 122.00	121.00	Dambulla	125.00 – 140.00	134.00	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	400.00 – 450.00	420.00
Nikaweratiya	100.00 – 120.00	110.63	Wellimada	130.00 – 140.00	135.00	Puttalam	170.00 – 300.00	208.33
Hambantota	–		Hanguranketha	–		A'pura	280.00 – 300.00	288.00
Ampara	115.00 – 120.00	116.20	Knol Khol			Pumpkin		
Long Grain (Red)			N'Ellya	115.00 – 120.00	117.00	Dambulla	120.00 – 130.00	124.00
Matara	125.00 – 130.00	127.00	Wellimada	120.00 – 130.00	125.00	Hambantota	60.00 – 70.00	65.00
Hambantota	123.00 – 125.00	124.33	Hanguranketha	–		Embilipitiya	130.00 – 140.00	135.00
Embilipitiya	124.00 – 126.00	125.00	Raddish			Matara	–	
Keeri Samba			N'Ellya	45.00 – 60.00	50.60	A'pura	110.00 – 120.00	114.00
A'pura	115.00 – 120.00	117.00	Wellimada	25.00 – 35.00	31.00	Moneragala	100.00 – 120.00	108.00
P'naruwa	126.00 – 126.00	126.00	Hambantota	40.00 – 50.00	45.00	Cucumber		
Kalawewa	120.00 – 130.00	123.75	Hanguranketha	50.00 – 60.00	56.60	A'pura	80.00 – 90.00	84.00
Kurunegala	115.00 – 128.00	121.60	Cabbage			Dambulla	90.00 – 105.00	98.00
Dehiattakandiya	123.00 – 125.00	124.33	N'Ellya	265.00 – 280.00	271.00	Hambantota	40.00 – 50.00	45.00
Red Onion			Wellimada	220.00 – 230.00	225.00	Matara	–	
Puttalam	280.00 – 340.00	306.00	Badulla	220.00 – 250.00	240.00	Long Beans		
Jaffna	260.00 – 300.00	283.33	Hanguranketha	240.00 – 300.00	262.00	Dambulla	86.00 – 95.00	92.20
Big Onion			Tomato			Hambantota	70.00 – 90.00	80.00
Dambulla	125.00 – 135.00	131.00	Wellimada	90.00 – 105.00	99.00	Embilipitiya	180.00 – 200.00	192.00
Kalawewa	–		Hambantota	60.00 – 80.00	70.00	Matara	150.00 – 160.00	156.67
A'pura	–		Dambulla	100.00 – 115.00	106.00	A'pura	90.00 – 100.00	94.00
Potato			Hanguranketha	70.00 – 100.00	91.00	Ash Plantain		
N'Ellya	305.00 – 315.00	311.00	Vegetable (Low Country)			Hambantota	40.00 – 45.00	42.50
Badulla	–		Ladies Fingers			Embilipitiya	80.00 – 90.00	85.00
Wellimada	245.00 – 255.00	251.00	A'pura	60.00 – 65.00	62.00	Matara	65.00 – 75.00	70.00
Pulses			Dambulla	57.00 – 65.00	61.20	Lime		
Green Gram			Hambantota	40.00 – 60.00	50.00	Hambantota	–	
Hambantota	–		Embilipitiya	60.00 – 75.00	68.00	Embilipitiya	150.00 – 170.00	162.00
Moneragala	680.00 – 700.00	688.00	Matara	55.00 – 60.00	58.33	Moneragala	50.00 – 70.00	58.00
Embilipitiya	670.00 – 680.00	675.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	600.00 – 700.00	637.50	A'pura	310.00 – 320.00	314.00	Banana		
A'pura	670.00 – 700.00	682.00	Dambulla	330.00 – 360.00	344.00	Ambul		
Cowpea			Hambantota	–		Moneragala	35.00 – 40.00	37.00
Hambantota	–		Embilipitiya	200.00 – 220.00	214.00	Embilipitiya	70.00 – 90.00	81.00
Nikaweratiya	500.00 – 550.00	512.50	Matara	270.00 – 300.00	282.50	Hambantota	120.00 – 130.00	123.33
Moneragala	570.00 – 600.00	582.00	Wellimada	260.00 – 270.00	264.00	Kolikuttu		
Embilipitiya	600.00 – 610.00	605.00	Badulla	–		Moneragala	150.00 – 180.00	162.00
Maize			Wellimada	450.00 – 465.00	457.00	Embilipitiya	230.00 – 260.00	246.00
A'pura	–		Bitter Gourd			Hambantota	–	
Kalawewa	–		A'pura	260.00 – 270.00	264.00	Papaw		
Gingelly			Dambulla	270.00 – 290.00	278.00	Moneragala	90.00 – 100.00	94.00
A'pura	470.00 – 480.00	474.00	Hambantota	–		Embilipitiya	150.00 – 160.00	155.00
Kalawewa	350.00 – 400.00	382.50	Embilipitiya	280.00 – 340.00	310.00	Hambantota	130.00 – 140.00	133.33
Black Gram			Matara	270.00 – 280.00	276.67	Pineapple		
A'pura	–		Divulapitiya	–		Divulapitiya	–	
Kalawewa	400.00 – 450.00	420.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 35: 26 August - 01 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
Rice									
Local									
Samba 1	240.00	-	240.00	260.00	-	260.00	260.00	-	260.00
Samba 2	230.00	-	230.00	250.00	-	250.00	240.00	-	240.00
Keeri Samba	250.00	-	265.00	280.00	-	280.00	260.00	-	260.00
Nadu 1	240.00	-	250.00	240.00	-	240.00	240.00	-	240.00
Nadu 2	230.00	-	230.00	-	220.00	220.00	230.00	-	230.00
Raw (Red)	225.00	-	240.00	240.00	-	240.00	230.00	-	240.00
Raw (White)	220.00	-	240.00	240.00	-	240.00	220.00	-	240.00
Imported									
Samba	190.00	-	200.00	210.00	-	210.00	210.00	-	210.00
Nadu	190.00	-	200.00	200.00	-	200.00	190.00	-	200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	170.00	-	200.00	200.00	-	200.00	190.00	-	200.00
Dried Chillies									
Imported	1600.00	-	1650.00	2000.00	-	2000.00	1800.00	-	1800.00
Red Onion									
Sinnan	400.00	-	400.00	-	-	-	350.00	-	380.00
Vedalan	460.00	-	550.00	520.00	-	560.00	480.00	-	500.00
Imported	400.00	-	420.00	400.00	-	420.00	400.00	-	400.00
Big Onion									
Imported	160.00	-	170.00	200.00	-	200.00	180.00	-	180.00
Local	-	-	-	-	-	-	-	-	-
Potato									
Welimada	400.00	-	420.00	-	-	-	440.00	-	440.00
N'Eliya	-	-	480.00	-	480.00	480.00	-	480.00	520.00
Imported	190.00	-	210.00	260.00	-	280.00	220.00	-	240.00
Pulses									
Green Gram	880.00	-	900.00	1000.00	-	1000.00	1000.00	-	1000.00
Cowpea (White)	800.00	-	1050.00	950.00	-	950.00	840.00	-	900.00
Cowpea (Red)	800.00	-	800.00	800.00	-	800.00	840.00	-	800.00
Red Dhal	440.00	-	460.00	480.00	-	480.00	460.00	-	460.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 35: 26 August - 01 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	280.00	- 320.00	360.00	- 440.00	320.00	- 480.00	480.00	- 480.00	300.00
Carrot	280.00	- 320.00	400.00	- 480.00	480.00	- 480.00	400.00	- 480.00	360.00
Leeks	200.00	- 240.00	320.00	- 320.00	300.00	- 320.00	300.00	- 320.00	240.00
Beetroot	180.00	- 220.00	280.00	- 320.00	280.00	- 320.00	320.00	- 320.00	180.00
Knolkhol	180.00	- 200.00	320.00	- 360.00	280.00	- 360.00	320.00	- 360.00	240.00
Raddish	100.00	- 120.00	240.00	- 280.00	200.00	- 280.00	240.00	- 280.00	120.00
Cabbage	420.00	- 450.00	480.00	- 520.00	560.00	- 600.00	480.00	- 600.00	450.00
Tomato	200.00	- 220.00	320.00	- 320.00	240.00	- 320.00	320.00	- 320.00	180.00
Ladies Fingers	120.00	- 160.00	200.00	- 280.00	240.00	- 280.00	280.00	- 320.00	200.00
Brinjal	360.00	- 380.00	520.00	- 520.00	480.00	- 560.00	400.00	- 600.00	480.00
Capsicum	600.00	- 650.00	800.00	- 800.00	800.00	- 1000.00	900.00	- 1000.00	800.00
Pumpkin	160.00	- 180.00	240.00	- 240.00	240.00	- 240.00	240.00	- 240.00	180.00
Cucumber	120.00	- 180.00	200.00	- 200.00	160.00	- 240.00	200.00	- 240.00	160.00
Bitter Gourd	300.00	- 360.00	400.00	- 480.00	440.00	- 560.00	400.00	- 560.00	400.00
Snake Gourd	280.00	- 300.00	360.00	- 400.00	320.00	- 400.00	400.00	- 400.00	300.00
Drumstick	280.00	- 320.00	400.00	- 480.00	400.00	- 480.00	300.00	- 400.00	320.00
Luffa	200.00	- 240.00	320.00	- 380.00	320.00	- 400.00	240.00	- 320.00	240.00
Long Beans	240.00	- 240.00	320.00	- 360.00	320.00	- 360.00	250.00	- 320.00	240.00
Ash Plantain	160.00	- 180.00	200.00	- 240.00	200.00	- 240.00	160.00	- 200.00	160.00
Green Chillies	400.00	- 500.00	600.00	- 600.00	600.00	- 800.00	600.00	- 800.00	450.00
Lime	240.00	- 250.00	400.00	- 400.00	500.00	- 500.00	400.00	- 500.00	240.00
<u>Root Crops</u>									
Sweet Potato	180.00	- 200.00	200.00	- 240.00	240.00	- 280.00	240.00	- 300.00	160.00
Manioc	100.00	- 120.00	180.00	- 200.00	160.00	- 200.00	200.00	- 200.00	140.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	60.00
Kankun	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	60.00
Gotukola	60.00	- 60.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	60.00
<u>Coconut</u>									
Large	90.00	- 90.00	100.00	- 100.00	85.00	- 95.00	90.00	- 100.00	95.00
Small	80.00	- 80.00	80.00	- 80.00	75.00	- 80.00	75.00	- 80.00	70.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 35: 26 August - 01 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	150.00	-	160.00	180.00	-	200.00	180.00	-	200.00
Kolikuttu (Rs/Kg)	320.00	-	340.00	380.00	-	400.00	400.00	-	400.00
Seeni (Rs/Kg)	130.00	-	140.00	180.00	-	200.00	180.00	-	180.00
Anamalu	18.00	-	20.00	24.00	-	26.00	25.00	-	24.00
Ambun	23.00	-	25.00	30.00	-	33.00	31.00	-	30.00
<u>Pineapple</u>									
Large	600.00	-	600.00	600.00	-	600.00	600.00	-	600.00
Medium	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00
Small	400.00	-	480.00	460.00	-	480.00	450.00	-	450.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	230.00	-	250.00	-	-	-	-	-	-
Vilad	130.00	-	150.00	150.00	-	160.00	160.00	-	160.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00	-	50.00	60.00	-	70.00	50.00	-	70.00
Orange	70.00	-	80.00	120.00	-	120.00	80.00	-	120.00
Avocado	50.00	-	80.00	80.00	-	100.00	100.00	-	100.00
Slime Apple	60.00	-	80.00	80.00	-	100.00	100.00	-	100.00
Grapes (Rs/Kg)	-	-	-	-	-	-	-	-	-
Papaw (Rs/Kg)	230.00	-	250.00	340.00	-	350.00	340.00	-	320.00
Passion	42.00	-	42.00	50.00	-	54.00	54.00	-	46.00
King Coconut	100.00	-	100.00	140.00	-	150.00	140.00	-	120.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 35: 26 August - 01 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	750.00	875.00	800.00	800.00	900.00	900.00	760.00	760.00	800.00
Hurulla	1500.00	1600.00	-	1300.00	1300.00	1300.00	1300.00	-	1200.00
Balaya	1500.00	1600.00	2000.00	2000.00	1800.00	2000.00	-	1600.00	1800.00
Kelawalla	2200.00	2300.00	2720.00	2720.00	-	3000.00	3000.00	2400.00	2400.00
Thora	3000.00	3700.00	3200.00	3200.00	3800.00	3900.00	3600.00	3900.00	3200.00
Paraw	-	2800.00	2800.00	-	3000.00	3000.00	-	2400.00	2600.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00	2100.00	1800.00	1960.00	2000.00	2200.00	1900.00	1900.00	2000.00
Talapath	2500.00	2600.00	3120.00	3120.00	2600.00	2800.00	3200.00	3200.00	3000.00
31 <u>Eggs (Rs/Egg)</u>									
Brown	50.00	50.00	55.00	55.00	52.00	52.00	51.00	52.00	53.00
White	49.00	49.00	54.00	54.00	50.00	50.00	50.00	50.00	52.00
<u>Dried Fish</u>									
Sprats	2500.00	2800.00	-	-	2500.00	3000.00	3200.00	3300.00	2600.00
Kattawa	2600.00	3000.00	3200.00	3200.00	3000.00	3200.00	3300.00	3600.00	2900.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2600.00	3200.00	2800.00	2800.00	3200.00	3200.00	3000.00	3200.00	3300.00
Balaya	2000.00	2400.00	2400.00	2400.00	2400.00	2800.00	2400.00	2800.00	2200.00
Anguluwa	2200.00	2600.00	2800.00	2800.00	3000.00	3300.00	2300.00	2300.00	2200.00
Salaya	1200.00	1500.00	-	1500.00	1500.00	1400.00	1500.00	-	1300.00
<u>Meat</u>									
Beef (without Bones)	-	2000.00	2000.00	2200.00	2200.00	-	2100.00	2100.00	2200.00
Chicken (Broiler)	-	1450.00	1450.00	1460.00	1460.00	1460.00	1400.00	1350.00	1400.00
Chicken (Curry)	-	1550.00	1550.00	1500.00	1500.00	1500.00	1600.00	1400.00	-
Mutton	-	2700.00	2700.00	2800.00	2800.00	-	2700.00	2700.00	2800.00
Pork	-	1200.00	1200.00	-	-	-	-	-	1200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)		Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
				Vit A (μ g/100g)	Vit D (μ g/100g)								
Rice													
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5	
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7	
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84	
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49	
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61	
Dried chilies													
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65	
Onion													
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25	
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28	
Potatoes													
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29	
Pulses													
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86	
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57	
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4	
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34	
Vegetables													
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59	
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25	
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43	
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29	

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods												
Jackfruit seeds	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppli / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppara	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Dried sprats	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
Fruits											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avocado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Information Division

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ඒකත් නොව නිල ඇතුළත්.
වොඩ්නික නැවත දුරකථන යුතුයේ
ඒකත් නොව නිල ඇතුළත්.

වොඩ්නික නැවත දුරකථන යුතුයේ
ඒකත් නොව නිල ඇතුළත්.