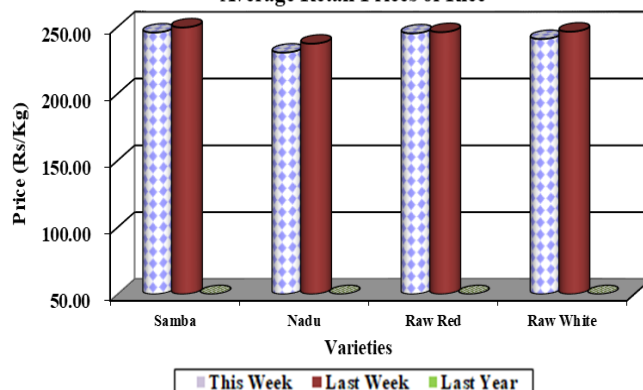


RETAIL MARKET AT A GLANCE**Summary****Rice**

Prices of all local rice varieties have gone down due to the increased supply as a result of progress of *Yala* season harvesting of the paddy crop. Prices of all the local rice varieties have decreased by Rs.1.00-7.00/kg. Prices of all imported rice varieties have also decreased by Rs.3.00-6.00/kg. Meanwhile the farm gate prices of all the paddy varieties have slightly increased due to the increase in purchased prices by the government.

(Page No.01)

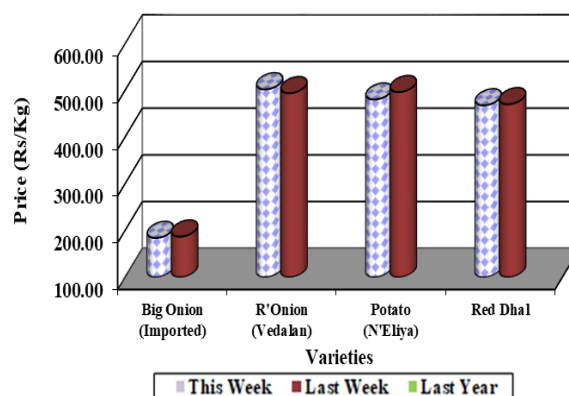
Average Retail Prices of Rice

**Other Field Crops**

Price of imported big onion has further decreased by Rs.3.00/kg and price range was Rs.160.00-200/kg. Price ranges for Welimada, Nuwara Eliya and imported potatoes were Rs.340.00-380.00/kg, Rs.440.00-520.00/kg and Rs.170.00-260.00/kg respectively.

(Page No.02-03)

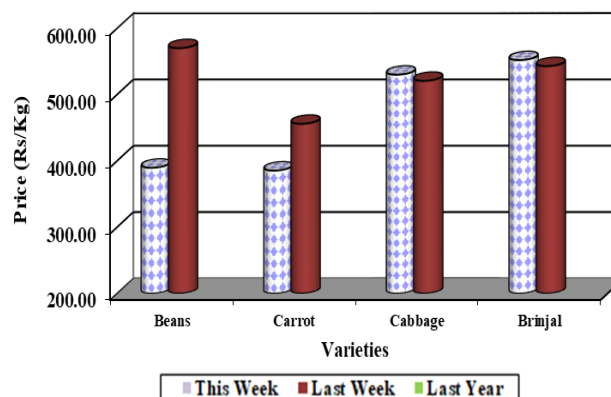
Average Retail Prices of Other Field Crops

**Vegetables**

Prices of most of the vegetables have decreased due to the increased supply as a result of the progress of *Yala* season harvesting. Considering up country varieties, the highest piece decrease was reported for beans as Rs.180.00/kg, followed by carrot as Rs.71.00/kg. Prices of tomato, long beans and capsicum have also decreased by Rs.117.00/kg, Rs 98.00/kg and Rs.6.00/kg respectively.

(Page No.03-04)

Average Retail Prices of Vegetables

**Dried Fish and Meat**

In line with wholesale prices, retail prices of most of the dried fish varieties have also increased in the range of Rs.20.00-155.00/kg due to limited supply. Price of all types of meat except beef have increased in the range of Rs.49.00-125.00/kg.

(Page No.06-07)

Rice

Wholesale

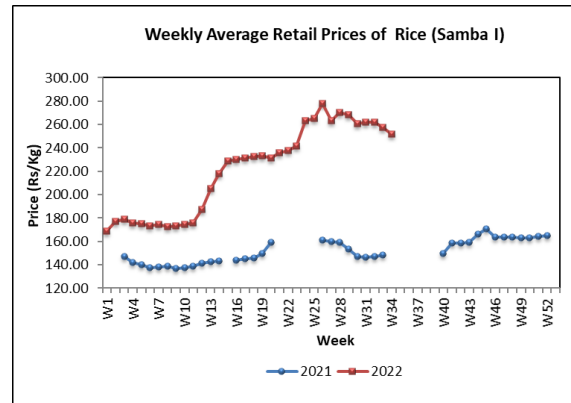
Prices of all local rice varieties have gone down due to the increased supply as a result of the progress of *Yala* season harvesting of the paddy crop. Prices of grade II samba and raw red have decreased by 4% and 3% respectively and their average prices were Rs.222.00/kg and Rs.215.00/kg respectively. Prices of grade I samba, grade II nadu and raw white have decreased by 2% and prices of keeri samba and grade I nadu have also decreased slightly.

Prices of all types of imported rice varieties have decreased further during this week in line with local rice prices. Price of imported raw white has decreased by 4% and pieces of both ponni samba and nadu have decreased by 3%.

Retail

Prices of all the local rice varieties have decreased by Rs.1.00-7.00/kg. The highest price decrease of Rs.7.00/kg was reported for nadu grade II and price range was Rs.220.00-230.00/kg.

Prices of all the imported rice varieties have decreased by Rs.3.00-6.00/kg. The highest price decrease was recorded for imported nadu by Rs.6.00/kg and price range was Rs.190.00-220.00/kg.



Paddy

The farm gate prices of all the paddy varieties have slightly increased in major producing areas due to the increase in purchased prices by the government. Accordingly, the average prices for both short grain and long grain white paddy varieties have increased by Rs.1.00-7.00/kg in Anuradhapura, Kalawewa, Nikaweratiya and Ampara areas. Likewise, keeri samba paddy also increased by Rs.4.00/kg and Rs.2.00/kg respectively in Kalawewa and Anuradhapura areas. However, the price decrease of Rs.1.00-5.00/kg was reported for both short grain and long grain white paddy in Kurunegala and Dehiattakandiya areas due to market supply of newly harvested wet paddy also. The price ranges for short grain, keeri samba and long grain(white) paddy varieties have ranged between Rs.100.00-121.00/kg, Rs.100.00-127.00/kg and Rs.105.00-123.00/kg respectively. Meanwhile, the price decrease of Rs.3.00/kg was reported

for long grain red (raw red) and prices ranged between Rs.120.00-125.00/kg.

Dried Chillies

Wholesale

Wholesale price of imported dried chillies has decreased slightly and the price ranged Rs.1450.00-1500.00/kg.

Retail

Price of imported dried chillies has decreased by Rs.1.00/kg and price range was Rs.1550.00-1900.00/kg.

Onion

Wholesale

Price of vedalan has increased by 17% due to decreased supply and availability of high quality stocks and the price ranged Rs.330.00-425.00/kg. Sinan red onion was also available in the market and the price ranged Rs.200.00-300.00/kg.

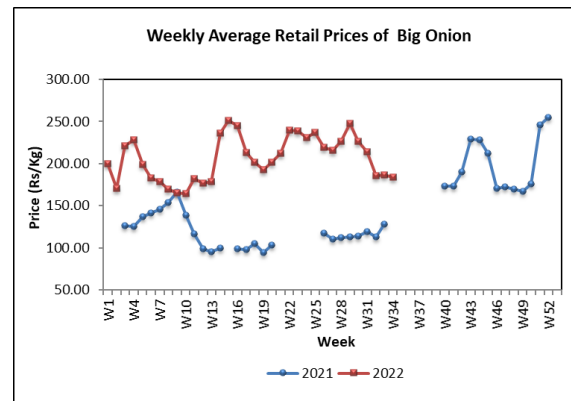
Wholesale price of imported big onion has decreased by 9% due to increased supply of Indian stocks to the market and the price ranged Rs.125.00-150.00/kg.

Retail

Prices of sinnan and vedalan red onions have increased by Rs.32.00/kg and Rs.8.00/kg respectively. Price ranges were

Rs.300.00-420.00/kg and Rs.430.00-520.00/kg respectively.

Price of imported big onion has decreased by Rs.3.00/kg and price range was Rs.160.00-200/kg.



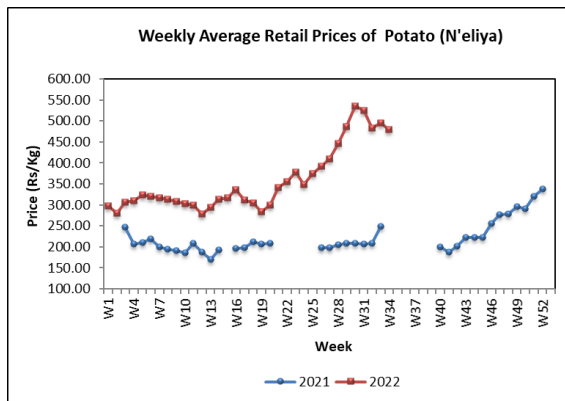
Potato

Wholesale

Price of Welimada potato has increased by 4% due to decreased supply and their price range was Rs.330.00-360.00/kg. Price of imported potato has increased by 5% due to availability of Pakistan stocks and high quality Indian stocks and the price ranged Rs.150.00-300.00/kg. (Price ranges were Rs.150.00-170.00/kg for Pakistan stocks and Rs.290.00-300.00/kg for Indian stocks.)

Retail

Price of Welimada, Nuwara Eliya and imported potatoes have decreased by Rs.48.00/kg and Rs.16.00/kg and Rs.1.00/kg respectively.



Price ranges for Welimada, Nuwara Eliya and imported potatoes were Rs.340.00-380.00/kg, Rs.440.00-520.00/kg and Rs.170.00-260.00/kg respectively.

Pulses

Wholesale

Price of red cowpea has increased by 2% due to decreased supply of local stocks and the price ranged Rs.650.00-700.00/kg. Prices of green gram, white cowpea and red dhal have changed slightly and their average prices were Rs.814.00/kg, Rs.715.00/kg and Rs.423.00/kg respectively.

Retail

Price of red cowpea has increased by Rs.5.00/kg and Price range was Rs.700.00-850.00/kg.

Price of green gram, white cowpea and red dhal have decreased by Rs.13.00/kg, Rs.9.00/kg and Rs.2.00/kg respectively and price ranges were Rs.880.00-

1000.00/kg, Rs.780.00-950.00/kg and Rs.480.00-500.00/kg respectively.

Vegetable

Wholesale

Prices of most of the vegetables have decreased due to the increased supply as a result of the progress of the *Yala* season harvesting. Considering upcountry vegetables, the highest price decrease was reported for beans (green) by 27% due to increased supply from Balangoda and Welimada areas. Prices of both carrot and leeks have decreased by 5% due to increased market supply from Nuwara Eliya and Welimada areas. Further, price of raddish has decreased by 8% due to low quality low country stocks received from Puttalam and Melsiripura areas. However, prices of cabbage, knolkhol and beetroot have increased by 27%, 5% and 2% respectively due to sufficient stocks not received from any producing area.

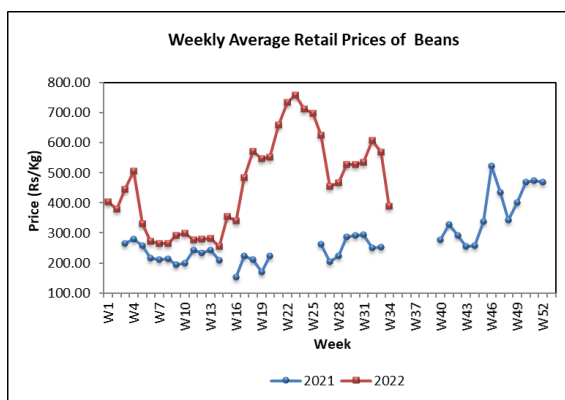
Meanwhile, price of tomato has decreased by 21% due to increased market supply from Kandy and Sooriyawewa areas. However, price of capsicum has increased by 8% due to sufficient stocks not received from any producing area.

Considering low country vegetables, the highest price decrease was reported for

ladies fingers by 53% due to increased market supply from Embilipitiya area. Price of drumsticks has decreased by 24% due to low quality stocks received from Monaragala and Hambantota areas. Further, prices of luffa and long beans have decreased by 14%-15% due to increased market supply from Embilipitiya and Sooriyawewa producing area. However, prices of brinjal, snake gourd and ash plantain have increased by 16%, 10% and 5% respectively due to decreased market supply from Embilipitiya and Sooriyawewa producing areas. Further price of pumpkin has increased by 17% due to decreased market supply from Monaragala and Dambulla areas.

Retail

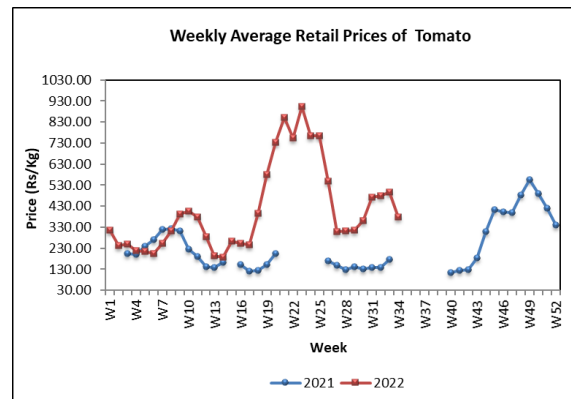
In line with the decreased wholesale prices, retail prices of most of the varieties have decreased.



Considering up country varieties, the highest piece decrease was reported for

beans as Rs.180.00/kg, followed by carrot as Rs.71.00/kg.

Prices of tomato and capsicum have decreased by Rs.117.00/kg and Rs.6.00/kg respectively.



Considering low country varieties, the highest price decrease was reported for long beans as Rs.98.00/kg. Prices of snake guard, luffa, ladies fingers and drumstick have decreased in the range of Rs.64.00-83.00/kg.

Prices of green chilies and lime have decreased by Rs.8.00/kg and Rs.76.00/kg respectively.

Coconut

Wholesales

Prices of both large and small nuts have decreased by 2%. Their prices ranged between Rs.78.00-80.00/nut for large nut and Rs.66.00-70.00/nut for small nut.

Retail

Prices of large and small nuts have decreased by Rs.2.00-Rs.3.00/nut. Price

ranges were Rs.90.00-110.00/nut for a large nut and Rs.70.00-85.00/nut for a small nut.

Fruits

Wholesale

Prices of most fruit varieties have increased with limited supply. The highest price increase of 26% was reported for avocado with as high quality stocks received.

The price of orange and passion fruits have increased by 20% and 19% respectively as limited supply. The prices of all the banana varieties except seeni banana have increased in the range of 3%-16% as limited stocks received. Further, the prices of all the mango varieties have increased by 5%-14% due to limited supply at the tail end of the harvesting season. Further, the price of slime apple and papaw have increased by 8% and 7% respectively as limited stocks received. Further, the prices of all the sized of pineapple have increased in the range of 1%-6% due to limited supply.

However, the price of wood apple have decreased by 8% as the increase of supply with the harvesting seasons. The price of seeni banana has reduced in 12% due to the availability of more stocks in the market. The both prices of imported grapes and

king coconut have decreased by 5% due to the low demand.

Retail

Retail prices of most fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.50.00/fruit was reported for large sized pineapple due to limited supply. Prices of medium and small sized pineapples have increased by Rs.38.00/fruit and Rs.28.00/fruit respectively. Prices of kolikuttu and ambul banana have increased by Rs.41.00/kg and Rs.3.00/kg respectively due to insufficient stocks. Further, prices of mango varieties karthakolimban and vilad have increased by Rs.23.00/fruit and Rs.3.00/fruit respectively. Prices of slime apple and papaw have increased by Rs.10.00/fruit and Rs.8.00/kg due to limited supply. Prices of passionfruit, orange and avocado have increased in the range of Rs.2.00-4.00/fruit.

Meanwhile, price of king coconut have decreased by Rs.11.00/fruit due to low demand.

Fresh Fish

Wholesale

Prices of most of the fresh fish types have decreased due to high supply. The highest price decrease of 25% was noted for balaya due to high supply from Beruwala

and Galle areas and the price ranged between Rs.800.00-900.00/kg. The price decrease of 15% was noted paraw due to high supply from Northern areas and the price ranged between Rs.1200.00-1500.00/kg. Likewise, the price decrease of 13% was noted for hurulla and salaya due to high supply from Trincomalee, Mannar, Kalpitiya and Mullaitivu areas. In addition, price of shrimp has decreased by 2%.

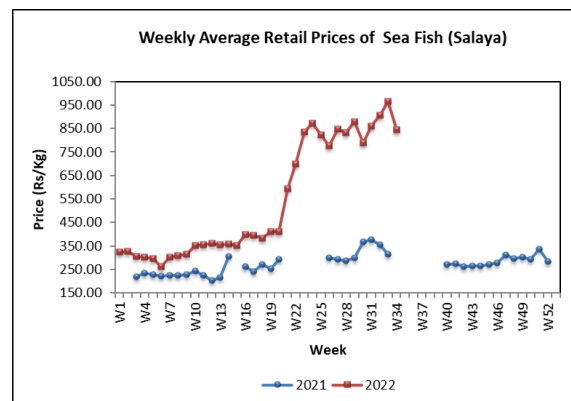
However, the price increase of 8% was noted for thora due to low supply from Northern areas and the price ranged between Rs.2500.00-3700.00/kg. Likewise, the price increase of 7% was noted for kelawalla due to low supply from Beruwala and Galle areas and the price ranged between Rs.1600.00-2150.00/kg. Further, the price increase of 6% was noted for thalapath due to low supply from Negombo, Walachchenai and Kalmunai areas and the price ranged between Rs.2200.00-2500.00/kg.

Retail

Retail prices of most types of fresh fish have decreased in line with the decreased wholesale prices due to high supply with low demand regarding to overcharge. The highest price decreased was reported for balaya by Rs.266.00/kg. Prices of rest have also

decreased in the range of Rs.44.00-148.00/kg.

However, prices of thalapath, thora and kelawalla have increased in the range of Rs.9.00-50.00/kg due to limited supply.



Dried Fish

Wholesale

Due to decrease of local dried fish supply, prices of most of the local dried fish types have increased. The highest price increase of 18% was noted for local sprats due to low supply from Trincomalee, Mannar and Chilaw area and the price ranged between Rs.2250.00-2700.00/kg. Likewise, the price increase of 9% was noted for local salaya due to low supply from Negombo, Mannar and Chilaw areas and the price ranged between Rs.960.00-1150.00/kg. In addition, prices of local balaya and local mora have increased by 3%.

Further, prices of most of the imported dried fish types have decreased due to increase of imported dried fish supply.

Retail

In line with increased wholesale prices, retail prices of most types of dried fish have also increased in the range of Rs.20.00-155.00/kg due to limited supply of local stocks. The highest price increase was reported for local sprats.

However, prices of kattawa and anguluwa have decreased by Rs.19.00/kg and Rs.9.00/kg respectively with low demand.

Eggs

Wholesale

Price of brown egg has decreased by 14% and price of white egg has decreased by 13%. Their prices ranged between Rs.43.00-62.00 and Rs.41.00-61.00 respectively.

Retail

Retail prices of both brown eggs and white eggs have not change significantly. Eggs were not available in retail markets after imposing maximum retail prices as Rs.43.00 and Rs.45.00. Price range of a brown egg was Rs.61.00-65.00 and Rs.60.00-63.00 for a white egg.

Meat

Retail

Price of all types of meat except beef have increased in the range of Rs.49.00-125.00/kg due to increase of production cost. The highest price increase was reported for pork by Rs.125.00/kg followed by Rs.119.00/kg for skin-less curry chicken due to limited supply.

However, price of beef has decrease by Rs.108.00/kg due to low demand.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 34: 19 - 25 August 2022

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	11250 –	11500	10750 –	11250	12000 –	12500	10750 –	11250	10250 –	10750	10500 –	11000	10000 –	11000
Divulpitiya	11250 –	11500	10250 –	10600	12000 –	12750	11000 –	11000	10000 –	10500	11000 –	11500	10000 –	10500
Kurunegala	11250 –	11400	–	–	12500 –	12900	10500 –	10900	–	–	–	–	10000 –	10250
Nikaweratiya	11500 –	11500	11000 –	11000	12000 –	13000	11000 –	11000	10400 –	10500	11500 –	11500	10150 –	10500
Badulla	–	–	–	–	–	–	–	–	10500 –	10750	10250 –	10750	10250 –	10750
Puttalam	11000 –	11250	–	–	12250 –	12500	10400 –	10600	10250 –	10350	–	–	10500 –	10650
Dambulla	11900 –	12000	11250 –	11400	12500 –	12750	11200 –	11250	10850 –	10950	11750 –	11850	10750 –	10900
Anuradhapura	–	–	11250 –	11500	13000 –	13250	–	–	10750 –	11000	10500 –	11000	10250 –	10500
Tambuttegama	–	–	11150 –	11500	12750 –	13000	–	–	10500 –	10750	–	–	10250 –	10400
Polonnaruwa	11300 –	11350	–	–	12800 –	12850	10800 –	10850	–	–	10800 –	10850	10850 –	10850
Kalutara	–	–	11150 –	11250	12400 –	12500	–	–	10650 –	10750	11000 –	11150	10900 –	11000
Ampara	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Kandy	11000 –	11250	10750 –	11000	12000 –	12500	10500 –	11000	10000 –	10250	10500 –	11000	10250 –	10500
Moneragala	–	–	11400 –	11500	12900 –	13250	–	–	11100 –	11250	10350 –	10500	10250 –	10500
Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Dehiattakandiya	–	–	–	–	12500 –	12500	10750 –	10850	–	–	–	–	10350 –	10400
Hambantota	–	–	11250 –	11250	12500 –	12750	–	–	–	–	10250 –	10250	10250 –	10350
Matara	–	–	11250 –	11300	12750 –	12800	–	–	10750 –	10900	10250 –	10400	10250 –	10350
Galle	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Meegoda	–	–	11250 –	11500	12750 –	12900	–	–	10500 –	10800	10250 –	10500	10250 –	10350
Tissamaharama	–	–	–	–	–	–	–	–	10250 –	10500	10000 –	10250	10150 –	10250
Embilipitiya	–	–	11000 –	11100	12700 –	12750	–	–	10650 –	10700	9900 –	10000	10150 –	10250
Jaffna	–	–	10750 –	10900	12500 –	12900	–	–	11250 –	11400	–	–	–	–
Vavuniya	–	–	11200 –	11250	12500 –	12750	–	–	10500 –	10750	10500 –	10750	–	–
Mannar	–	–	11150 –	11250	12650 –	12750	–	–	11150 –	11250	11650 –	11750	–	–
Killinochchi	–	–	11000 –	11500	12000 –	12500	–	–	10000 –	10700	10000 –	10750	10000 –	10250
Mullattivu	–	–	11250 –	11500	12250 –	12500	–	–	10750 –	11250	10250 –	10750	10750 –	11250
Batticaloa	–	–	11250 –	11300	12500 –	12500	–	–	10800 –	11000	10800 –	11000	10200 –	10250
Trincomalee	–	–	–	–	12250 –	13300	10500 –	10800	10300 –	10300	10300 –	10800	10300 –	10800
Galenbindunuwewa	–	–	11250 –	11500	12750 –	13000	10750 –	11250	–	–	10750 –	11750	10250 –	10500
Matale	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**Week 34: 19 - 25 August 2022**

9

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	240.00 –	270.00	230.00 –	260.00	250.00 –	280.00	230.00 –	240.00	220.00 –	230.00	225.00 –	260.00	220.00 –	250.00
Gampaha	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		–		–	
Kurunegala	230.00 –	230.00	–		260.00 –	260.00	–		220.00 –	220.00	–		210.00 –	210.00
Nikaweratiya	235.00 –	235.00	230.00 –	230.00	250.00 –	260.00	225.00 –	225.00	220.00 –	220.00	220.00 –	230.00	210.00 –	225.00
Dambulla	240.00 –	245.00	230.00 –	235.00	260.00 –	260.00	228.00 –	230.00	220.00 –	224.00	240.00 –	245.00	220.00 –	225.00
Anuradhapura	–		230.00 –	230.00	260.00 –	280.00	–		220.00 –	220.00	210.00 –	230.00	210.00 –	210.00
Thambuththegama	245.00 –	245.00	230.00 –	235.00	270.00 –	280.00	235.00 –	235.00	215.00 –	230.00	–		210.00 –	220.00
Polonnaruwa	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		220.00 –	220.00	220.00 –	220.00
Kaluthara	–		230.00 –	235.00	260.00 –	270.00	–		225.00 –	230.00	225.00 –	230.00	222.00 –	225.00
Badulla	–		–		260.00 –	260.00	–		220.00 –	225.00	210.00 –	220.00	210.00 –	220.00
Keppetipola	–		230.00 –	235.00	260.00 –	265.00	230.00 –	235.00	218.00 –	224.00	212.00 –	216.00	215.00 –	218.00
Moneragala	–		230.00 –	235.00	260.00 –	270.00	–		225.00 –	228.00	210.00 –	215.00	210.00 –	215.00
Kegalle	230.00 –	230.00	225.00 –	225.00	260.00 –	260.00	220.00 –	220.00	210.00 –	215.00	220.00 –	220.00	210.00 –	215.00
Ampara	–		–		–		–		–		–		–	
Dehiattakandiya	–		–		255.00 –	260.00	220.00 –	225.00	–		–		210.00 –	210.00
Nuwaraeliya	238.00 –	244.00	230.00 –	235.00	260.00 –	265.00	232.00 –	235.00	220.00 –	225.00	215.00 –	220.00	216.00 –	220.00
Kandy	250.00 –	260.00	235.00 –	240.00	265.00 –	270.00	240.00 –	245.00	225.00 –	230.00	230.00 –	240.00	220.00 –	230.00
Puttalam	228.00 –	232.00	–		255.00 –	260.00	218.00 –	222.00	210.00 –	215.00	–		220.00 –	230.00
Hambantota	–		230.00 –	235.00	260.00 –	260.00	–		230.00 –	230.00	210.00 –	210.00	210.00 –	210.00
Rathnapura	230.00 –	240.00	–		–		220.00 –	230.00	–		220.00 –	225.00	210.00 –	230.00
Matara	–		230.00 –	232.00	260.00 –	265.00	–		220.00 –	225.00	210.00 –	210.00	210.00 –	212.00
Galle	–		–		–		–		–		–		–	
Tissamaharama	–		–		250.00 –	260.00	–		205.00 –	210.00	203.00 –	210.00	205.00 –	210.00
Meegoda (DEC)	–		230.00 –	235.00	–		–		220.00 –	220.00	210.00 –	220.00	210.00 –	220.00
Embilipitiya	–		225.00 –	230.00	255.00 –	260.00	–		220.00 –	230.00	208.00 –	220.00	210.00 –	220.00
Jaffna	–		220.00 –	230.00	260.00 –	270.00	–		–		260.00 –	260.00	–	
Vavuniya	–		225.00 –	230.00	260.00 –	260.00	–		220.00 –	220.00	225.00 –	230.00	–	
Mannar	–		230.00 –	230.00	260.00 –	260.00	–		230.00 –	230.00	240.00 –	250.00	–	
Killinochchi	–		235.00 –	245.00	255.00 –	265.00	–		220.00 –	230.00	220.00 –	230.00	210.00 –	220.00
Mullaittivu	–		240.00 –	250.00	255.00 –	260.00	–		220.00 –	230.00	210.00 –	220.00	220.00 –	230.00
Batticaloa	–		230.00 –	230.00	260.00 –	260.00	–		230.00 –	235.00	230.00 –	235.00	210.00 –	215.00
Trincomalee	–		–		250.00 –	260.00	220.00 –	225.00	–		210.00 –	220.00	220.00 –	225.00
Hanguranketha	230.00 –	242.00	230.00 –	235.00	260.00 –	265.00	220.00 –	230.00	215.00 –	222.00	220.00 –	230.00	215.00 –	222.00
Veyangoda	–		230.00 –	240.00	260.00 –	280.00	–		220.00 –	230.00	240.00 –	240.00	210.00 –	220.00
Galenbindunuwewa	–		230.00 –	235.00	260.00 –	265.00	220.00 –	230.00	–		220.00 –	240.00	210.00 –	215.00
Bandarawela	–		230.00 –	235.00	255.00 –	260.00	–		220.00 –	230.00	210.00 –	220.00	215.00 –	220.00
Matale	–		–		–		–		–		–		–	

Table 04: Selected Markets:Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 34: 19 - 25 August 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	72500 - 75000	-	16500 - 21250	6250 - 7500	7500 - 15000	16500 - 18000	17500 - 19000	40000 - 42000	35000 - 36500	21000 - 21500
Kurunegala	72250 - 77500	-	-	7500 - 7500	7500 - 8250	-	-	40000 - 42500	35000 - 37500	21000 - 22000
Nikaweratiya	72500 - 76250	18000 - 18500	-	7000 - 8000	8250 - 9000	-	-	39000 - 39000	31500 - 31500	21300 - 22000
Dehiattakandiya	77500 - 80000	17000 - 17250	-	6750 - 7000	8000 - 8500	-	-	35000 - 36000	-	21000 - 21750
Dambulla (DEC)	69000 - 70000	-	17000 - 18000	6500 - 6750	8000 - 8500	16000 - 16500	17500 - 18000	30000 - 32500	30000 - 32500	21500 - 22000
Anuradhapura	77500 - 80000	17000 - 17500	19000 - 20000	8000 - 8500	9000 - 10000	-	19000 - 20000	45000 - 47500	34000 - 37000	21500 - 22750
Thambuththegama	72500 - 74000	-	18000 - 20000	7000 - 7250	7500 - 7900	-	18000 - 19000	38000 - 40000	30000 - 33000	21150 - 21500
Polonnaruwa	82500 - 83000	19500 - 19500	23250 - 23500	8000 - 8250	9000 - 9250	-	-	42500 - 43000	38500 - 39000	25000 - 25250
Kaluthara	72750 - 73000	-	18500 - 19000	7350 - 7500	8750 - 8900	17750 - 18000	18750 - 19000	41000 - 41500	36000 - 36500	21250 - 21500
Puttalam	72000 - 73500	-	16000 - 18500	8500 - 8650	8400 - 9000	-	19700 - 21000	42500 - 43750	32500 - 33500	21000 - 21400
Kandy	75000 - 77500	-	18000 - 19000	7250 - 7500	8500 - 8750	17000 - 17250	17500 - 18000	42000 - 43000	35000 - 37500	21500 - 22000
Matara	77500 - 78000	16000 - 16250	19250 - 20000	7250 - 7500	8500 - 9000	-	18500 - 18750	42500 - 43000	36000 - 36250	21750 - 22250
Hambantota	77500 - 80000	-	20000 - 20500	7250 - 7750	8750 - 9250	-	18000 - 18500	42500 - 43000	-	22000 - 22500
Kegalle	77500 - 77650	-	18900 - 19000	7700 - 7750	8000 - 8200	-	18450 - 18500	41000 - 42000	-	21500 - 21750
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	77500 - 80000	19000 - 19500	-	7500 - 8000	9500 - 10500	-	-	39000 - 40000	-	22000 - 23000
Meegoda (DEC)	72500 - 74000	18000 - 18000	17000 - 18000	6250 - 6900	8000 - 16500	17500 - 18000	19000 - 20000	41000 - 44000	-	21100 - 21500
Jaffna	77500 - 82500	-	14000 - 15000	7500 - 7750	8250 - 8750	-	-	36500 - 39000	-	21000 - 22500
Vavuniya	77500 - 80000	-	20000 - 21000	7500 - 8000	8250 - 8500	-	-	42000 - 42500	37500 - 38500	22750 - 23500
Mannar	77500 - 78000	-	-	8000 - 8000	9250 - 9500	-	-	42000 - 42500	-	22750 - 23000
Killinochchi	77500 - 79000	-	-	8000 - 8750	9000 - 10000	-	-	40000 - 42000	-	23500 - 24000
Mullattivu	77500 - 80000	-	-	8500 - 8750	9000 - 10500	-	-	40000 - 42500	-	23500 - 24000
Batticaloa	77750 - 77850	-	-	7000 - 7350	9250 - 9350	-	21000 - 22000	41500 - 42000	-	23000 - 23500
Trincomalee	80000 - 81000	-	15000 - 16000	7500 - 7800	9750 - 10800	-	-	44000 - 45000	32000 - 33500	23500 - 24500
Galenbindunuwewa	77500 - 80000	-	-	7750 - 8000	8500 - 9500	-	-	38000 - 39000	31250 - 36250	22000 - 22500
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 34: 19 - 25 August 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1550.00 - 1900.00	-	430.00 - 520.00	160.00 - 200.00	170.00 - 260.00	340.00 - 380.00	440.00 - 520.00	880.00 - 1000.00	780.00 - 950.00	450.00 - 500.00
Gampaha	1780.00 - 1900.00	-	480.00 - 480.00	160.00 - 200.00	200.00 - 260.00	-	480.00 - 520.00	920.00 - 980.00	800.00 - 840.00	440.00 - 460.00
Kurunegala	1600.00 - 1760.00	400.00 - 440.00	450.00 - 500.00	200.00 - 200.00	220.00 - 250.00	-	440.00 - 500.00	900.00 - 1000.00	900.00 - 900.00	480.00 - 500.00
Nikaweratiya	1650.00 - 1800.00	380.00 - 380.00	400.00 - 460.00	180.00 - 200.00	180.00 - 220.00	-	440.00 - 440.00	900.00 - 950.00	800.00 - 800.00	450.00 - 460.00
Dambulla	1500.00 - 1600.00	-	380.00 - 400.00	160.00 - 170.00	180.00 - 200.00	-	-	800.00 - 850.00	800.00 - 850.00	445.00 - 455.00
Anuradhapura	1600.00 - 1750.00	360.00 - 400.00	480.00 - 480.00	180.00 - 200.00	190.00 - 220.00	-	460.00 - 480.00	960.00 - 1000.00	700.00 - 850.00	460.00 - 500.00
Thambuththegama	1500.00 - 1600.00	-	450.00 - 480.00	165.00 - 180.00	185.00 - 200.00	400.00 - 420.00	-	750.00 - 850.00	650.00 - 700.00	440.00 - 480.00
Polonnaruwa	1680.00 - 1700.00	400.00 - 400.00	470.00 - 480.00	170.00 - 180.00	190.00 - 200.00	-	-	860.00 - 900.00	800.00 - 800.00	510.00 - 520.00
Kaluthara	1540.00 - 1560.00	-	390.00 - 410.00	180.00 - 200.00	200.00 - 220.00	-	480.00 - 490.00	900.00 - 920.00	780.00 - 800.00	480.00 - 490.00
Badulla	1600.00 - 1700.00	-	400.00 - 400.00	180.00 - 200.00	220.00 - 230.00	440.00 - 480.00	-	800.00 - 900.00	750.00 - 800.00	480.00 - 500.00
Keppetipola	1600.00 - 1700.00	-	400.00 - 420.00	180.00 - 220.00	240.00 - 260.00	360.00 - 380.00	-	960.00 - 980.00	790.00 - 820.00	480.00 - 490.00
Moneragala	1600.00 - 1650.00	380.00 - 400.00	460.00 - 480.00	180.00 - 200.00	180.00 - 200.00	-	460.00 - 480.00	800.00 - 900.00	630.00 - 650.00	440.00 - 480.00
Kegalle	1550.00 - 1600.00	-	430.00 - 450.00	195.00 - 200.00	200.00 - 210.00	-	430.00 - 440.00	820.00 - 850.00	760.00 - 780.00	435.00 - 460.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	1650.00 - 1800.00	350.00 - 360.00	480.00 - 480.00	160.00 - 160.00	180.00 - 200.00	-	-	750.00 - 800.00	-	440.00 - 460.00
Nuwaraeliya	1600.00 - 1700.00	-	400.00 - 440.00	180.00 - 220.00	250.00 - 280.00	-	380.00 - 400.00	960.00 - 980.00	800.00 - 850.00	460.00 - 480.00
Kandy	1680.00 - 1700.00	-	500.00 - 520.00	190.00 - 200.00	200.00 - 220.00	440.00 - 460.00	500.00 - 520.00	880.00 - 900.00	780.00 - 800.00	470.00 - 480.00
Puttalam	1520.00 - 1550.00	-	400.00 - 480.00	200.00 - 220.00	200.00 - 250.00	-	440.00 - 520.00	900.00 - 960.00	680.00 - 760.00	440.00 - 480.00
Rathnapura	1700.00 - 1800.00	420.00 - 440.00	440.00 - 460.00	180.00 - 180.00	200.00 - 220.00	-	-	860.00 - 950.00	680.00 - 700.00	460.00 - 480.00
Hambantota	1650.00 - 1700.00	-	440.00 - 450.00	160.00 - 175.00	210.00 - 240.00	400.00 - 430.00	-	900.00 - 950.00	-	460.00 - 480.00
Matara	1600.00 - 1700.00	-	420.00 - 480.00	160.00 - 180.00	200.00 - 230.00	400.00 - 430.00	-	900.00 - 950.00	800.00 - 820.00	460.00 - 480.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	1600.00 - 1700.00	390.00 - 400.00	-	160.00 - 180.00	200.00 - 220.00	-	-	800.00 - 850.00	-	450.00 - 470.00
Meegoda (DEC)	1500.00 - 1550.00	-	400.00 - 440.00	160.00 - 160.00	200.00 - 240.00	440.00 - 440.00	480.00 - 480.00	880.00 - 960.00	780.00 - 800.00	450.00 - 500.00
Embilipitiya	1550.00 - 1700.00	-	450.00 - 480.00	180.00 - 200.00	200.00 - 240.00	400.00 - 420.00	-	800.00 - 850.00	700.00 - 740.00	460.00 - 490.00
Jaffna	1550.00 - 1600.00	-	300.00 - 350.00	170.00 - 175.00	180.00 - 190.00	-	-	800.00 - 820.00	-	450.00 - 480.00
Vavuniya	1700.00 - 1800.00	-	460.00 - 480.00	160.00 - 170.00	180.00 - 180.00	-	-	900.00 - 915.00	800.00 - 815.00	480.00 - 485.00
Mannar	1650.00 - 1700.00	-	450.00 - 480.00	180.00 - 180.00	200.00 - 200.00	-	-	880.00 - 900.00	-	480.00 - 500.00
Killinochchi	1650.00 - 1700.00	-	-	200.00 - 220.00	220.00 - 240.00	-	-	850.00 - 900.00	-	500.00 - 515.00
Mullaittivu	1650.00 - 1700.00	-	-	-	220.00 - 240.00	-	-	850.00 - 900.00	-	500.00 - 510.00
Batticaloa	1650.00 - 1700.00	-	-	180.00 - 200.00	220.00 - 240.00	-	480.00 - 500.00	850.00 - 900.00	-	490.00 - 510.00
Trincomalee	1580.00 - 1650.00	-	-	160.00 - 160.00	180.00 - 220.00	-	-	880.00 - 920.00	660.00 - 700.00	470.00 - 500.00
Hanguranketha	1600.00 - 1800.00	360.00 - 400.00	490.00 - 490.00	175.00 - 200.00	180.00 - 200.00	400.00 - 430.00	-	880.00 - 930.00	750.00 - 790.00	435.00 - 440.00
Veyangoda	1600.00 - 1750.00	-	480.00 - 500.00	180.00 - 200.00	200.00 - 240.00	-	460.00 - 480.00	900.00 - 970.00	780.00 - 850.00	450.00 - 480.00
Galenbindunuwewa	1600.00 - 1650.00	-	-	160.00 - 170.00	180.00 - 200.00	-	-	780.00 - 800.00	650.00 - 750.00	450.00 - 460.00
Bandarawela	1600.00 - 1700.00	380.00 - 400.00	-	170.00 - 180.00	200.00 - 220.00	420.00 - 450.00	-	950.00 - 960.00	780.00 - 800.00	460.00 - 480.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 34: 19 - 25 August 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 320.00	220.00 - 270.00	150.00 - 180.00	120.00 - 170.00	120.00 - 170.00
Meegoda (DEC)	-	220.00 - 250.00	280.00 - 330.00	180.00 - 220.00	110.00 - 140.00	160.00 - 200.00
Dambulla (DEC)	-	180.00 - 220.00	250.00 - 300.00	180.00 - 200.00	80.00 - 100.00	140.00 - 160.00
Keppetipola (DEC)	-	180.00 - 200.00	220.00 - 250.00	130.00 - 150.00	120.00 - 130.00	140.00 - 150.00
Norochchole (DEC)	-	-	-	-	70.00 - 80.00	-
Nuwara Eliya	-	170.00 - 190.00	300.00 - 310.00	160.00 - 170.00	140.00 - 150.00	130.00 - 150.00
Kandy	-	180.00 - 200.00	250.00 - 260.00	140.00 - 150.00	90.00 - 100.00	140.00 - 150.00
Hambantota	-	200.00 - 250.00	280.00 - 320.00	200.00 - 220.00	130.00 - 150.00	130.00 - 150.00
Thambuththegama (DEC)	-	220.00 - 250.00	280.00 - 310.00	160.00 - 180.00	90.00 - 110.00	150.00 - 180.00
Jaffna	-	320.00 - 330.00	300.00 - 320.00	210.00 - 230.00	100.00 - 120.00	-
Bandarawela	-	160.00 - 180.00	220.00 - 250.00	130.00 - 150.00	130.00 - 150.00	120.00 - 140.00
Veyangoda	-	220.00 - 260.00	270.00 - 300.00	180.00 - 200.00	110.00 - 130.00	150.00 - 160.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	70.00 - 90.00	330.00 - 450.00	220.00 - 300.00	80.00 - 90.00	380.00 - 500.00	650.00 - 700.00
Meegoda (DEC)	80.00 - 100.00	330.00 - 420.00	140.00 - 150.00	90.00 - 100.00	400.00 - 450.00	600.00 - 700.00
Moneragala	100.00 - 140.00	380.00 - 400.00	240.00 - 300.00	140.00 - 160.00	330.00 - 350.00	730.00 - 750.00
Dambulla (DEC)	80.00 - 100.00	300.00 - 350.00	90.00 - 120.00	50.00 - 60.00	350.00 - 400.00	550.00 - 600.00
Keppetipola (DEC)	55.00 - 65.00	300.00 - 320.00	140.00 - 160.00	70.00 - 80.00	300.00 - 330.00	640.00 - 660.00
Norochchole (DEC)	100.00 - 120.00	-	-	60.00 - 80.00	350.00 - 420.00	650.00 - 750.00
Nuwara Eliya	70.00 - 80.00	350.00 - 370.00	110.00 - 130.00	70.00 - 90.00	360.00 - 370.00	680.00 - 700.00
Kandy	80.00 - 90.00	330.00 - 380.00	180.00 - 200.00	80.00 - 90.00	300.00 - 350.00	650.00 - 700.00
Hambantota	80.00 - 120.00	350.00 - 400.00	150.00 - 200.00	80.00 - 130.00	300.00 - 360.00	600.00 - 650.00
Thambuththegama (DEC)	80.00 - 110.00	380.00 - 420.00	140.00 - 180.00	35.00 - 50.00	350.00 - 430.00	550.00 - 620.00
Tissamaharama	110.00 - 130.00	400.00 - 430.00	220.00 - 250.00	80.00 - 100.00	340.00 - 380.00	700.00 - 740.00
Jaffna	90.00 - 110.00	310.00 - 400.00	160.00 - 180.00	70.00 - 80.00	350.00 - 400.00	750.00 - 900.00
Bandarawela	40.00 - 60.00	280.00 - 320.00	140.00 - 160.00	-	320.00 - 350.00	650.00 - 680.00
Veyangoda	80.00 - 120.00	350.00 - 370.00	120.00 - 150.00	70.00 - 90.00	430.00 - 450.00	650.00 - 670.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	120.00 - 140.00	80.00 - 90.00	280.00 - 340.00	280.00 - 350.00	220.00 - 280.00	160.00 - 210.00
Meegoda (DEC)	130.00 - 140.00	90.00 - 100.00	320.00 - 380.00	320.00 - 320.00	280.00 - 320.00	200.00 - 200.00
Moneragala	140.00 - 160.00	120.00 - 130.00	420.00 - 460.00	320.00 - 350.00	220.00 - 260.00	230.00 - 250.00
Dambulla (DEC)	100.00 - 120.00	80.00 - 100.00	300.00 - 330.00	180.00 - 200.00	180.00 - 220.00	160.00 - 180.00
Keppetipola (DEC)	130.00 - 140.00	110.00 - 120.00	320.00 - 330.00	200.00 - 220.00	180.00 - 200.00	180.00 - 190.00
Norochchole (DEC)	200.00 - 240.00	70.00 - 80.00	300.00 - 350.00	150.00 - 200.00	250.00 - 300.00	130.00 - 200.00
Nuwara Eliya	140.00 - 150.00	100.00 - 110.00	360.00 - 380.00	240.00 - 250.00	220.00 - 230.00	190.00 - 220.00
Kandy	110.00 - 120.00	90.00 - 100.00	330.00 - 350.00	250.00 - 260.00	250.00 - 300.00	160.00 - 180.00
Hambantota	120.00 - 160.00	80.00 - 110.00	300.00 - 360.00	300.00 - 350.00	80.00 - 120.00	280.00 - 300.00
Thambuththegama (DEC)	80.00 - 120.00	80.00 - 100.00	250.00 - 300.00	160.00 - 180.00	-	120.00 - 160.00
Tissamaharama	130.00 - 160.00	60.00 - 80.00	360.00 - 400.00	250.00 - 290.00	80.00 - 100.00	150.00 - 200.00
Jaffna	80.00 - 100.00	-	250.00 - 320.00	100.00 - 130.00	250.00 - 320.00	-
Bandarawela	120.00 - 140.00	80.00 - 100.00	-	-	-	-
Veyangoda	120.00 - 130.00	90.00 - 110.00	300.00 - 350.00	230.00 - 250.00	250.00 - 280.00	180.00 - 220.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	150.00 - 250.00	120.00 - 150.00	380.00 - 420.00	130.00 - 160.00	140.00 - 160.00	80.00 - 100.00
Meegoda (DEC)	150.00 - 180.00	140.00 - 160.00	430.00 - 450.00	160.00 - 180.00	120.00 - 140.00	120.00 - 120.00
Moneragala	180.00 - 200.00	80.00 - 100.00	650.00 - 680.00	100.00 - 120.00	160.00 - 170.00	-
Dambulla (DEC)	100.00 - 130.00	120.00 - 130.00	400.00 - 450.00	120.00 - 130.00	110.00 - 120.00	60.00 - 70.00
Keppetipola (DEC)	130.00 - 150.00	120.00 - 130.00	450.00 - 500.00	140.00 - 150.00	120.00 - 130.00	90.00 - 100.00
Norochchole (DEC)	120.00 - 140.00	80.00 - 100.00	400.00 - 430.00	120.00 - 150.00	-	120.00 - 150.00
Nuwara Eliya	130.00 - 140.00	130.00 - 140.00	440.00 - 460.00	140.00 - 160.00	120.00 - 130.00	90.00 - 100.00
Kandy	150.00 - 160.00	120.00 - 140.00	350.00 - 400.00	150.00 - 180.00	120.00 - 140.00	70.00 - 80.00
Hambantota	150.00 - 200.00	80.00 - 120.00	350.00 - 400.00	180.00 - 230.00	100.00 - 130.00	50.00 - 80.00
Thambuththegama (DEC)	80.00 - 100.00	80.00 - 100.00	350.00 - 450.00	100.00 - 120.00	120.00 - 140.00	75.00 - 90.00
Tissamaharama	70.00 - 90.00	70.00 - 80.00	480.00 - 520.00	80.00 - 100.00	140.00 - 150.00	55.00 - 60.00
Jaffna	100.00 - 150.00	100.00 - 120.00	350.00 - 400.00	90.00 - 120.00	170.00 - 180.00	-
Bandarawela	-	-	400.00 - 450.00	-	120.00 - 130.00	60.00 - 80.00
Veyangoda	150.00 - 180.00	130.00 - 140.00	420.00 - 450.00	140.00 - 170.00	120.00 - 130.00	110.00 - 120.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	38.00 - 40.00	38.00 - 40.00	150.00 - 170.00	78.00 - 80.00	66.00 - 70.00
Meegoda (DEC)	-	-	-	83.00 - 85.00	78.00 - 80.00
Norochchole (DEC)	50.00 - 60.00	40.00 - 60.00	30.00 - 30.00	75.00 - 80.00	65.00 - 72.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	25.00 - 25.00	60.00 - 63.00	52.00 - 55.00
Kandy	35.00 - 40.00	40.00 - 45.00	150.00 - 160.00	75.00 - 77.00	60.00 - 64.00
Hambantota	40.00 - 50.00	40.00 - 45.00	50.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	55.00 - 60.00	45.00 - 50.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	40.00 - 45.00	75.00 - 85.00	50.00 - 60.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 70.00	55.00 - 62.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	40.00 - 45.00	75.00 - 85.00	50.00 - 60.00
Bandarawela	-	-	-	-	-
Veyangoda	40.00 - 45.00	40.00 - 45.00	45.00 - 54.00	70.00 - 80.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**Week 34: 19 - 25 August 202**

LOCATIONS	Up Country Varieties																	
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato	
Colombo	-	-	320.00	- 480.00	280.00	- 480.00	200.00	- 340.00	140.00	- 280.00	160.00	- 320.00	140.00	- 240.00	420.00	- 600.00	250.00	- 500.00
Gampaha	-	-	320.00	- 400.00	320.00	- 480.00	240.00	- 320.00	240.00	- 240.00	240.00	- 240.00	240.00	- 240.00	480.00	- 600.00	280.00	- 480.00
Kurunegala	-	-	360.00	- 620.00	440.00	- 480.00	300.00	- 320.00	300.00	- 340.00	280.00	- 320.00	200.00	- 240.00	500.00	- 560.00	420.00	- 460.00
Nikaweratiya	-	-	320.00	- 480.00	400.00	- 520.00	320.00	- 360.00	160.00	- 320.00	200.00	- 320.00	160.00	- 240.00	420.00	- 560.00	320.00	- 360.00
Dambulla	-	-	360.00	- 400.00	420.00	- 460.00	300.00	- 320.00	200.00	- 220.00	260.00	- 300.00	180.00	- 200.00	440.00	- 480.00	240.00	- 260.00
Anuradhapura	-	-	400.00	- 480.00	460.00	- 480.00	300.00	- 320.00	200.00	- 280.00	320.00	- 360.00	200.00	- 260.00	560.00	- 600.00	280.00	- 400.00
Thambuththegama	-	-	320.00	- 380.00	280.00	- 380.00	200.00	- 260.00	160.00	- 200.00	200.00	- 260.00	160.00	- 200.00	460.00	- 500.00	160.00	- 200.00
Polonnaruwa	-	-	380.00	- 400.00	400.00	- 420.00	300.00	- 340.00	200.00	- 230.00	280.00	- 300.00	180.00	- 200.00	480.00	- 500.00	280.00	- 300.00
Kaluthara	-	-	460.00	- 480.00	360.00	- 380.00	240.00	- 260.00	180.00	- 200.00	220.00	- 240.00	160.00	- 180.00	500.00	- 520.00	440.00	- 460.00
Badulla	-	-	300.00	- 360.00	360.00	- 400.00	200.00	- 260.00	280.00	- 320.00	280.00	- 320.00	120.00	- 160.00	440.00	- 480.00	360.00	- 400.00
Keppetipola	-	-	250.00	- 260.00	320.00	- 340.00	200.00	- 220.00	180.00	- 200.00	200.00	- 220.00	100.00	- 120.00	380.00	- 400.00	220.00	- 240.00
Moneragala	-	-	400.00	- 440.00	400.00	- 420.00	300.00	- 320.00	280.00	- 320.00	-	-	160.00	- 180.00	460.00	- 480.00	340.00	- 380.00
Kegalle	-	-	340.00	- 360.00	460.00	- 480.00	300.00	- 320.00	220.00	- 240.00	260.00	- 280.00	220.00	- 240.00	460.00	- 480.00	300.00	- 320.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	-	-	320.00	- 400.00	380.00	- 400.00	300.00	- 320.00	260.00	- 320.00	320.00	- 340.00	160.00	- 240.00	440.00	- 480.00	400.00	- 420.00
Nuwareliya	-	-	260.00	- 280.00	380.00	- 400.00	250.00	- 260.00	220.00	- 240.00	200.00	- 220.00	140.00	- 150.00	450.00	- 460.00	240.00	- 250.00
Kandy	-	-	320.00	- 360.00	400.00	- 440.00	260.00	- 280.00	160.00	- 180.00	240.00	- 260.00	140.00	- 180.00	440.00	- 480.00	260.00	- 300.00
Puttalam	-	-	400.00	- 440.00	400.00	- 440.00	300.00	- 320.00	200.00	- 280.00	-	-	200.00	- 220.00	520.00	- 600.00	320.00	- 440.00
Hambantota	-	-	280.00	- 320.00	330.00	- 400.00	240.00	- 280.00	160.00	- 200.00	160.00	- 230.00	140.00	- 160.00	460.00	- 510.00	240.00	- 300.00
Rathnapura	-	-	320.00	- 340.00	330.00	- 360.00	260.00	- 280.00	200.00	- 220.00	260.00	- 280.00	200.00	- 220.00	460.00	- 480.00	220.00	- 240.00
Matara	-	-	280.00	- 320.00	340.00	- 400.00	220.00	- 260.00	140.00	- 180.00	160.00	- 220.00	140.00	- 180.00	480.00	- 580.00	280.00	- 320.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	300.00	- 330.00	350.00	- 380.00	240.00	- 270.00	180.00	- 220.00	240.00	- 260.00	140.00	- 170.00	400.00	- 450.00	260.00	- 300.00
Meegoda (DEC)	-	-	280.00	- 320.00	400.00	- 440.00	240.00	- 320.00	200.00	- 240.00	240.00	- 320.00	200.00	- 200.00	480.00	- 520.00	200.00	- 320.00
Embilipitiya	-	-	280.00	- 500.00	320.00	- 400.00	200.00	- 280.00	200.00	- 240.00	160.00	- 200.00	160.00	- 200.00	550.00	- 600.00	240.00	- 280.00
Jaffna	-	-	320.00	- 380.00	340.00	- 360.00	250.00	- 270.00	120.00	- 155.00	-	-	100.00	- 120.00	380.00	- 450.00	180.00	- 240.00
Vavuniya	-	-	450.00	- 480.00	400.00	- 450.00	320.00	- 350.00	240.00	- 260.00	-	-	230.00	- 240.00	480.00	- 500.00	220.00	- 240.00
Mannar	-	-	400.00	- 420.00	460.00	- 480.00	320.00	- 340.00	260.00	- 280.00	-	-	200.00	- 220.00	500.00	- 520.00	300.00	- 320.00
Killinochchi	-	-	500.00	- 550.00	400.00	- 440.00	280.00	- 320.00	220.00	- 250.00	-	-	240.00	- 260.00	450.00	- 500.00	280.00	- 320.00
Mullaitivu	-	-	500.00	- 540.00	400.00	- 440.00	280.00	- 300.00	240.00	- 250.00	-	-	-	-	480.00	- 500.00	280.00	- 300.00
Batticaloa	-	-	400.00	- 480.00	440.00	- 460.00	300.00	- 320.00	280.00	- 300.00	180.00	- 200.00	140.00	- 140.00	460.00	- 480.00	300.00	- 340.00
Trincomalee	-	-	430.00	460.00	390.00	410.00	300.00	320.00	180.00	240.00	200.00	240.00	180.00	200.00	450.00	520.00	250.00	280.00
Hanguranketha	-	-	250.00	- 280.00	320.00	- 350.00	170.00	- 180.00	170.00	- 185.00	180.00	- 200.00	100.00	- 110.00	370.00	- 380.00	180.00	- 200.00
Veyangoda	-	-	320.00	- 380.00	360.00	- 400.00	280.00	- 320.00	180.00	- 220.00	240.00	- 260.00	160.00	- 220.00	480.00	- 520.00	320.00	- 370.00
Galenbindunuwewa	-	-	400.00	- 480.00	400.00	- 480.00	280.00	- 320.00	200.00	- 220.00	240.00	- 280.00	140.00	- 160.00	400.00	- 440.00	360.00	- 400.00
Bandarawela	-	-	320.00	- 350.00	350.00	- 400.00	240.00	- 250.00	220.00	- 240.00	200.00	- 220.00	100.00	- 120.00	400.00	- 450.00	360.00	- 400.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

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LOCATIONS	Low Country Varieties																			
	Ladies Fingers		Brinjal		Capsicum		Pumpkin		Cucumber		Bitter Gourd		Snake Gourd		Drumstick		Luffa		Long Beans	
Colombo	120.00	280.00	420.00	600.00	700.00	1000.00	180.00	280.00	120.00	240.00	350.00	600.00	300.00	480.00	300.00	600.00	200.00	400.00	240.00	360.00
Gampaha	200.00	240.00	480.00	600.00	1000.00	1000.00	200.00	240.00	160.00	240.00	400.00	480.00	400.00	400.00	280.00	480.00	280.00	320.00	320.00	320.00
Kurunegala	180.00	200.00	480.00	560.00	760.00	800.00	220.00	240.00	160.00	180.00	460.00	480.00	280.00	340.00	400.00	460.00	320.00	360.00	240.00	340.00
Nikaweratiya	160.00	240.00	400.00	480.00	680.00	700.00	200.00	280.00	120.00	160.00	400.00	560.00	240.00	360.00	300.00	400.00	200.00	320.00	160.00	240.00
Dambulla	140.00	180.00	460.00	500.00	700.00	800.00	180.00	200.00	160.00	200.00	400.00	460.00	260.00	300.00	360.00	380.00	300.00	320.00	200.00	240.00
Anuradhapura	160.00	240.00	580.00	600.00	800.00	900.00	200.00	280.00	160.00	180.00	480.00	560.00	320.00	360.00	380.00	400.00	320.00	360.00	200.00	280.00
Thambuththegama	120.00	200.00	450.00	560.00	650.00	750.00	160.00	200.00	140.00	200.00	320.00	400.00	220.00	260.00	240.00	260.00	180.00	240.00	160.00	220.00
Polonnaruwa	140.00	160.00	480.00	500.00	750.00	780.00	180.00	200.00	160.00	180.00	380.00	400.00	280.00	300.00	360.00	360.00	240.00	260.00	200.00	220.00
Kaluthara	180.00	200.00	480.00	500.00	780.00	800.00	200.00	220.00	160.00	180.00	-	-	380.00	400.00	280.00	300.00	280.00	300.00	320.00	340.00
Badulla	160.00	200.00	440.00	480.00	800.00	1000.00	240.00	280.00	200.00	240.00	440.00	480.00	400.00	440.00	280.00	360.00	320.00	360.00	240.00	300.00
Keppetipola	160.00	180.00	400.00	420.00	780.00	800.00	200.00	220.00	180.00	200.00	380.00	400.00	260.00	280.00	280.00	300.00	250.00	260.00	200.00	220.00
Moneragala	200.00	260.00	360.00	400.00	800.00	860.00	240.00	250.00	180.00	220.00	500.00	580.00	380.00	400.00	300.00	320.00	360.00	400.00	260.00	320.00
Kegalle	220.00	240.00	460.00	480.00	780.00	800.00	220.00	240.00	160.00	180.00	460.00	480.00	340.00	360.00	340.00	360.00	300.00	320.00	220.00	240.00
Ampara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	160.00	200.00	360.00	400.00	780.00	800.00	200.00	200.00	140.00	160.00	420.00	440.00	280.00	320.00	400.00	400.00	320.00	360.00	160.00	240.00
Nuwaraeliya	160.00	180.00	420.00	440.00	800.00	840.00	230.00	240.00	160.00	180.00	440.00	460.00	320.00	340.00	260.00	280.00	260.00	280.00	220.00	240.00
Kandy	160.00	180.00	480.00	500.00	950.00	1000.00	160.00	180.00	160.00	180.00	440.00	480.00	320.00	360.00	360.00	400.00	260.00	280.00	240.00	280.00
Puttalam	200.00	220.00	480.00	560.00	800.00	900.00	240.00	280.00	200.00	220.00	440.00	520.00	300.00	320.00	480.00	520.00	320.00	350.00	200.00	320.00
Rathnapura	160.00	180.00	460.00	480.00	740.00	780.00	200.00	220.00	160.00	175.00	380.00	420.00	270.00	280.00	300.00	320.00	260.00	290.00	240.00	250.00
Hambantota	160.00	210.00	400.00	480.00	700.00	800.00	180.00	240.00	120.00	160.00	400.00	480.00	400.00	480.00	120.00	160.00	360.00	400.00	240.00	280.00
Matara	160.00	200.00	480.00	580.00	760.00	800.00	160.00	200.00	120.00	160.00	400.00	480.00	400.00	460.00	120.00	160.00	380.00	400.00	260.00	300.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	120.00	140.00	380.00	420.00	700.00	800.00	180.00	200.00	110.00	140.00	400.00	440.00	300.00	340.00	120.00	140.00	200.00	240.00	100.00	130.00
Meegoda (DEC)	160.00	240.00	500.00	550.00	800.00	800.00	200.00	240.00	160.00	200.00	400.00	520.00	400.00	480.00	440.00	480.00	320.00	320.00	240.00	280.00
Embilipitiya	160.00	200.00	400.00	480.00	700.00	900.00	200.00	240.00	150.00	200.00	350.00	520.00	400.00	440.00	120.00	160.00	280.00	320.00	280.00	320.00
Jaffna	80.00	100.00	400.00	450.00	750.00	1000.00	110.00	130.00	100.00	120.00	350.00	400.00	-	-	300.00	350.00	-	-	120.00	180.00
Vavuniya	100.00	160.00	400.00	400.00	780.00	800.00	240.00	240.00	150.00	200.00	800.00	800.00	380.00	400.00	580.00	600.00	300.00	320.00	240.00	260.00
Mannar	180.00	200.00	500.00	520.00	800.00	800.00	200.00	220.00	-	-	400.00	420.00	280.00	300.00	-	-	-	-	200.00	220.00
Killinochchi	220.00	240.00	400.00	450.00	740.00	820.00	180.00	200.00	-	-	600.00	650.00	280.00	320.00	580.00	620.00	-	-	280.00	320.00
Mullaittivu	180.00	200.00	400.00	440.00	700.00	720.00	180.00	200.00	-	-	600.00	640.00	280.00	300.00	-	-	-	-	280.00	300.00
Batticaloa	180.00	200.00	480.00	500.00	780.00	800.00	200.00	220.00	150.00	160.00	380.00	400.00	280.00	300.00	400.00	400.00	240.00	250.00	200.00	220.00
Trincomalee	160.00	180.00	-	-	700.00	780.00	180.00	220.00	170.00	200.00	440.00	480.00	240.00	260.00	-	-	240.00	260.00	200.00	240.00
Hanguranketha	140.00	160.00	380.00	400.00	750.00	800.00	170.00	180.00	140.00	160.00	340.00	360.00	300.00	330.00	350.00	370.00	250.00	270.00	170.00	200.00
Veyangoda	160.00	200.00	480.00	520.00	700.00	800.00	200.00	240.00	160.00	180.00	420.00	480.00	320.00	360.00	320.00	400.00	320.00	380.00	260.00	280.00
Galenbindunuwewa	160.00	200.00	400.00	480.00	700.00	800.00	200.00	240.00	140.00	160.00	460.00	480.00	240.00	280.00	350.00	400.00	280.00	320.00	160.00	200.00
Bandarawela	200.00	240.00	500.00	520.00	850.00	900.00	240.00	250.00	180.00	200.00	380.00	420.00	380.00	400.00	350.00	380.00	350.00	360.00	300.00	320.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 07 (Contd.)[illegible]

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 34: 19 - 25 August 2022

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	140.00 - 200.00	300.00 - 400.00	140.00 - 200.00	20.00 - 28.00	25.00 - 35.00	600.00 - 650.00	500.00 - 550.00	350.00 - 480.00	-	200.00 - 250.00
Gampaha	150.00 - 180.00	300.00 - 330.00	140.00 - 150.00	18.00 - 20.00	22.00 - 25.00	700.00 - 700.00	500.00 - 550.00	350.00 - 350.00	-	180.00 - 200.00
Kurunegala	150.00 - 160.00	380.00 - 400.00	100.00 - 130.00	15.00 - 20.00	30.00 - 32.00	600.00 - 700.00	300.00 - 480.00	200.00 - 240.00	-	-
Nikaweratiya	160.00 - 170.00	360.00 - 400.00	160.00 - 170.00	30.00 - 30.00	35.00 - 38.00	-	500.00 - 550.00	400.00 - 450.00	-	-
Dambulla	150.00 - 160.00	300.00 - 350.00	140.00 - 150.00	-	38.00 - 40.00	600.00 - 650.00	450.00 - 500.00	250.00 - 280.00	100.00 - 120.00	220.00 - 230.00
Anuradhapura	140.00 - 150.00	260.00 - 280.00	140.00 - 150.00	22.00 - 24.00	28.00 - 30.00	810.00 - 870.00	630.00 - 720.00	480.00 - 570.00	-	-
Thambuththegama	140.00 - 170.00	370.00 - 400.00	150.00 - 180.00	24.00 - 27.00	38.00 - 40.00	800.00 - 900.00	600.00 - 700.00	450.00 - 500.00	-	-
Polonnaruwa	120.00 - 140.00	250.00 - 260.00	100.00 - 120.00	18.00 - 19.00	22.00 - 25.00	-	450.00 - 500.00	320.00 - 400.00	-	-
Kaluthara	160.00 - 180.00	300.00 - 320.00	180.00 - 200.00	20.00 - 22.00	26.00 - 28.00	-	480.00 - 500.00	420.00 - 440.00	-	-
Badulla	140.00 - 160.00	280.00 - 320.00	100.00 - 120.00	14.00 - 16.00	26.00 - 27.00	600.00 - 650.00	450.00 - 480.00	300.00 - 340.00	-	120.00 - 130.00
Keppetipola	150.00 - 160.00	300.00 - 330.00	120.00 - 130.00	18.00 - 22.00	36.00 - 40.00	-	460.00 - 480.00	350.00 - 360.00	-	140.00 - 160.00
Moneragala	100.00 - 120.00	250.00 - 260.00	60.00 - 80.00	14.00 - 15.00	17.00 - 19.00	700.00 - 750.00	600.00 - 630.00	-	-	100.00 - 110.00
Kegalle	120.00 - 130.00	300.00 - 320.00	120.00 - 130.00	30.00 - 30.00	40.00 - 50.00	630.00 - 650.00	480.00 - 580.00	200.00 - 300.00	-	-
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	160.00 - 180.00	340.00 - 350.00	130.00 - 140.00	-	36.00 - 36.00	800.00 - 800.00	700.00 - 700.00	500.00 - 550.00	-	-
Nuwaraeliya	150.00 - 160.00	340.00 - 360.00	120.00 - 130.00	16.00 - 22.00	38.00 - 42.00	-	460.00 - 480.00	350.00 - 380.00	-	150.00 - 160.00
Kandy	140.00 - 150.00	280.00 - 300.00	130.00 - 150.00	20.00 - 22.00	30.00 - 33.00	580.00 - 600.00	380.00 - 400.00	200.00 - 220.00	-	140.00 - 150.00
Puttalam	120.00 - 130.00	-	130.00 - 140.00	14.00 - 16.00	-	600.00 - 650.00	500.00 - 550.00	370.00 - 420.00	-	-
Rathnapura	140.00 - 150.00	280.00 - 300.00	140.00 - 150.00	-	-	-	500.00 - 550.00	320.00 - 380.00	-	130.00 - 150.00
Hambantota	140.00 - 150.00	300.00 - 320.00	130.00 - 140.00	18.00 - 20.00	20.00 - 22.00	700.00 - 720.00	600.00 - 620.00	400.00 - 420.00	-	-
Matara	140.00 - 160.00	300.00 - 340.00	120.00 - 140.00	18.00 - 20.00	22.00 - 25.00	600.00 - 650.00	550.00 - 560.00	400.00 - 440.00	-	150.00 - 170.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	100.00 - 130.00	260.00 - 290.00	80.00 - 90.00	-	-	580.00 - 600.00	490.00 - 520.00	360.00 - 380.00	-	-
Meegoda (DEC)	150.00 - 160.00	330.00 - 360.00	140.00 - 150.00	-	-	760.00 - 800.00	-	-	-	-
Embilipitiya	100.00 - 140.00	300.00 - 350.00	70.00 - 100.00	25.00 - 30.00	30.00 - 40.00	-	400.00 - 450.00	250.00 - 350.00	90.00 - 100.00	-
Jaffna	230.00 - 250.00	230.00 - 250.00	130.00 - 150.00	-	-	620.00 - 680.00	480.00 - 580.00	300.00 - 350.00	-	-
Vavuniya	-	-	100.00 - 120.00	-	28.00 - 30.00	680.00 - 700.00	480.00 - 490.00	380.00 - 400.00	-	160.00 - 200.00
Mannar	120.00 - 140.00	250.00 - 300.00	100.00 - 120.00	16.00 - 18.00	-	-	-	-	-	80.00 - 100.00
Killinochchi	140.00 - 160.00	260.00 - 280.00	140.00 - 160.00	25.00 - 26.00	25.00 - 26.00	560.00 - 600.00	420.00 - 450.00	260.00 - 300.00	-	-
Mullaittivu	150.00 - 160.00	250.00 - 260.00	140.00 - 160.00	-	25.00 - 25.00	-	-	-	-	90.00 - 100.00
Batticaloa	130.00 - 150.00	250.00 - 260.00	100.00 - 120.00	-	-	-	450.00 - 460.00	360.00 - 380.00	-	-
Trincomalee	150.00 - 160.00	270.00 - 300.00	120.00 - 140.00	20.00 - 22.00	22.00 - 24.00	-	520.00 - 550.00	440.00 - 460.00	-	100.00 - 120.00
Veyangoda	180.00 - 220.00	350.00 - 380.00	150.00 - 180.00	18.00 - 22.00	28.00 - 31.00	550.00 - 650.00	400.00 - 450.00	300.00 - 350.00	-	130.00 - 150.00
Galenbindunuwewa	100.00 - 150.00	250.00 - 260.00	100.00 - 150.00	23.00 - 25.00	28.00 - 30.00	750.00 - 800.00	600.00 - 675.00	540.00 - 540.00	-	-
Bandarawela	160.00 - 180.00	300.00 - 320.00	120.00 - 140.00	16.00 - 18.00	24.00 - 26.00	-	400.00 - 450.00	300.00 - 350.00	-	140.00 - 160.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut
Colombo	80.00 - 120.00	-	300.00 - 390.00	33.00 - 54.00	40.00 - 70.00	70.00 - 120.00	60.00 - 150.00	60.00 - 100.00	-	100.00 - 150.00
Gampaha	-	-	250.00 - 300.00	35.00 - 40.00	30.00 - 40.00	100.00 - 120.00	40.00 - 70.00	50.00 - 80.00	4000.00 - 4000.00	100.00 - 120.00
Kurunegala	-	-	250.00 - 250.00	40.00 - 50.00	30.00 - 50.00	80.00 - 100.00	60.00 - 80.00	60.00 - 80.00	-	80.00 - 100.00
Nikaweratiya	-	-	190.00 - 220.00	-	30.00 - 40.00	70.00 - 100.00	60.00 - 100.00	-	-	-
Dambulla	100.00 - 120.00	50.00 - 60.00	250.00 - 260.00	30.00 - 40.00	30.00 - 40.00	80.00 - 100.00	60.00 - 80.00	60.00 - 80.00	-	80.00 - 90.00
Anuradhapura	-	-	240.00 - 280.00	-	40.00 - 60.00	80.00 - 100.00	70.00 - 100.00	50.00 - 80.00	-	100.00 - 120.00
Thambuththegama	-	-	240.00 - 280.00	-	-	60.00 - 80.00	50.00 - 60.00	-	-	70.00 - 90.00
Polonnaruwa	-	-	180.00 - 200.00	-	50.00 - 60.00	-	50.00 - 70.00	-	-	100.00 - 120.00
Kaluthara	80.00 - 100.00	-	300.00 - 320.00	30.00 - 33.00	55.00 - 65.00	60.00 - 80.00	80.00 - 100.00	70.00 - 80.00	-	100.00 - 120.00
Badulla	40.00 - 45.00	-	220.00 - 250.00	25.00 - 35.00	30.00 - 40.00	70.00 - 80.00	30.00 - 40.00	35.00 - 50.00	-	100.00 - 120.00
Keppetipola	45.00 - 50.00	24.00 - 28.00	240.00 - 260.00	35.00 - 40.00	28.00 - 35.00	70.00 - 80.00	60.00 - 70.00	50.00 - 55.00	-	100.00 - 120.00
Moneragala	-	-	160.00 - 180.00	-	25.00 - 28.00	60.00 - 80.00	40.00 - 60.00	37.00 - 45.00	-	70.00 - 80.00
Kegalle	-	-	260.00 - 280.00	25.00 - 30.00	50.00 - 60.00	135.00 - 160.00	50.00 - 70.00	50.00 - 60.00	-	80.00 - 100.00
Ampara	-	-	-	-	-	-	-	-	-	-
Dehiattakandiya	-	-	180.00 - 180.00	-	90.00 - 100.00	100.00 - 120.00	100.00 - 120.00	50.00 - 70.00	-	100.00 - 120.00
Nuwaraeliya	50.00 - 60.00	-	250.00 - 260.00	38.00 - 42.00	28.00 - 33.00	75.00 - 85.00	65.00 - 70.00	65.00 - 70.00	-	110.00 - 120.00
Kandy	-	-	300.00 - 320.00	25.00 - 30.00	40.00 - 50.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	-	110.00 - 120.00
Puttalam	-	-	300.00 - 340.00	-	-	50.00 - 60.00	-	-	-	70.00 - 80.00
Hambantota	80.00 - 100.00	-	220.00 - 230.00	-	30.00 - 40.00	100.00 - 100.00	70.00 - 80.00	40.00 - 55.00	-	70.00 - 80.00
Rathnapura	80.00 - 100.00	-	240.00 - 250.00	-	60.00 - 60.00	-	-	60.00 - 60.00	4000.00 - 4000.00	-
Matara	80.00 - 90.00	-	225.00 - 240.00	33.00 - 38.00	30.00 - 40.00	100.00 - 140.00	-	30.00 - 50.00	-	85.00 - 95.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	190.00 - 230.00	-	20.00 - 25.00	60.00 - 70.00	70.00 - 80.00	20.00 - 25.00	-	80.00 - 100.00
Meegoda (DEC)	-	-	280.00 - 320.00	-	45.00 - 50.00	-	45.00 - 60.00	40.00 - 40.00	-	70.00 - 70.00
Embilipitiya	80.00 - 100.00	50.00 - 70.00	200.00 - 220.00	20.00 - 30.00	40.00 - 60.00	80.00 - 100.00	50.00 - 80.00	15.00 - 20.00	-	90.00 - 120.00
Jaffna	110.00 - 150.00	-	-	-	100.00 - 120.00	-	-	-	-	120.00 - 150.00
Vavuniya	-	-	180.00 - 200.00	45.00 - 50.00	28.00 - 32.00	80.00 - 90.00	80.00 - 100.00	-	-	100.00 - 120.00
Mannar	-	-	180.00 - 200.00	-	-	-	60.00 - 70.00	-	-	100.00 - 120.00
Killinochchi	-	-	-	-	-	50.00 - 60.00	-	-	-	100.00 - 120.00
Mullaittivu	75.00 - 80.00	-	-	-	-	-	-	-	-	150.00 - 160.00
Batticaloa	-	-	180.00 - 200.00	40.00 - 40.00	-	60.00 - 70.00	-	-	-	120.00 - 120.00
Trincomalee	60.00 - 70.00	-	200.00 - 220.00	55.00 - 60.00	55.00 - 65.00	-	90.00 - 110.00	40.00 - 50.00	4400.00 - 4600.00	130.00 - 150.00
Veyangoda	-	-	280.00 - 300.00	33.00 - 40.00	50.00 - 60.00	80.00 - 100.00	60.00 - 75.00	70.00 - 80.00	-	100.00 - 130.00
Galenbindunuwewa	-	-	180.00 - 200.00	-	-	-	50.00 - 60.00	-	-	100.00 - 120.00
Bandarawela	-	25.00 - 30.00	200.00 - 240.00	30.00 - 40.00	30.00 - 40.00	70.00 - 80.00	30.00 - 40.00	40.00 - 50.00	-	100.00 - 120.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 34: 19 - 25 August 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	500.00 – 850.00	850.00 – 1150.00	800.00 – 900.00	1600.00 – 2150.00	2500.00 – 3700.00	1200.00 – 1500.00
Kandy	800.00 – 820.00	1150.00 – 1200.00	1000.00 – 1200.00	1800.00 – 1900.00	–	1600.00 – 1650.00
Kaluthara	620.00 – 640.00	1130.00 – 1200.00	820.00 – 840.00	1450.00 – 1550.00	–	1350.00 – 1400.00
Puttalam	720.00 – 750.00	1050.00 – 1150.00	1200.00 – 1250.00	1900.00 – 1950.00	–	1400.00 – 1420.00
Matara	–	–	1400.00 – 1500.00	2150.00 – 2250.00	2150.00 – 2200.00	–
Hambantota	–	800.00 – 800.00	1100.00 – 1100.00	1700.00 – 1800.00	–	–
Galle	–	–	–	–	–	–
Batticaloa	500.00 – 550.00	–	1200.00 – 1300.00	2100.00 – 2150.00	2100.00 – 2100.00	–
Trincomalee	600.00 – 650.00	1050.00 – 1150.00	800.00 – 850.00	1400.00 – 1450.00	2400.00 – 2500.00	1750.00 – 1850.00
Mannar	380.00 – 400.00	–	–	–	–	1350.00 – 1400.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	–	1350.00 – 1700.00	2200.00 – 2500.00	–	43.00 – 62.00	41.00 – 61.00
Kandy	–	1750.00 – 1800.00	2180.00 – 2200.00	–	–	–
Kaluthara	–	1650.00 – 1750.00	2500.00 – 2600.00	–	–	–
Puttalam	1400.00 – 1450.00	1300.00 – 1350.00	–	–	–	–
Matara	–	–	2150.00 – 2200.00	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	–	2100.00 – 2100.00	2000.00 – 2100.00	–	49.00 – 54.00	49.00 – 54.00
Trincomalee	1700.00 – 1800.00	1050.00 – 1150.00	1950.00 – 2050.00	–	47.00 – 52.00	46.00 – 50.00
Mannar	–	1200.00 – 1300.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 34: 19 - 25 August 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	112500 – 135000	–	–	120000 – 125000	79000 – 87500	–
Kandy	110000 – 115000	–	–	130000 – 132500	85000 – 87000	–
Batticaloa	75000 – 75000	110000 – 110000	–	–	85000 – 87500	–
Trincomalee	–	112000 – 115000	–	–	84000 – 85000	75000 – 76000
Mannar	75000 – 76000	112500 – 115000	–	85000 – 87500	72500 – 75000	52500 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	48000 – 57500	72500 – 87500	97500 – 105000	–
Kandy	–	–	–	72500 – 85000	–	–
Batticaloa	70000 – 750000	–	43500 – 45000	–	–	–
Trincomalee	100000 – 100000	–	–	76000 – 77000	–	–
Mannar	62500 – 65000	–	47500 – 50000	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	89000 – 100000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	125000 – 125000	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 34: 19 - 25 August 2022

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LOCATIONS	Sea Fish									Eggs			
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath		Brown		White	
Colombo	600.00 - 1100.00	960.00 - 1400.00	1000.00 - 2000.00	2500.00 - 3400.00	3100.00 - 3800.00	1500.00 - 3200.00	-	2600.00 - 3500.00		61.00 - 65.00		60.00 - 63.00	
Gampaha	640.00 - 640.00	-	-	-	-	-	-	-		-		-	
Kurunegala	800.00 - 800.00	1000.00 - 1100.00	1500.00 - 1600.00	2200.00 - 2300.00	-	-	-	-		60.00 - 62.00		58.00 - 59.00	
Nikaweratiya	800.00 - 900.00	1000.00 - 1000.00	1000.00 - 1200.00	2100.00 - 2200.00	-	2200.00 - 2200.00	-	-		-		55.00 - 60.00	
Dambulla	760.00 - 800.00	1200.00 - 1300.00	1100.00 - 1200.00	2400.00 - 2400.00	-	2000.00 - 2200.00	2000.00 - 2200.00	2300.00 - 2400.00		63.00 - 64.00		60.00 - 61.00	
Anuradhapura	800.00 - 800.00	-	1200.00 - 1200.00	-	-	-	-	-		-		60.00 - 65.00	
Thambuththegama	800.00 - 800.00	-	1200.00 - 1200.00	-	3000.00 - 3000.00	2000.00 - 2000.00	-	3200.00 - 3400.00		-		52.00 - 60.00	
Polonnaruwa	700.00 - 700.00	1200.00 - 1200.00	1600.00 - 1700.00	2000.00 - 2100.00	-	1400.00 - 1400.00	1800.00 - 1900.00	-		-		60.00 - 62.00	
Kaluthara	960.00 - 980.00	1350.00 - 1400.00	950.00 - 950.00	2500.00 - 3000.00	-	1850.00 - 1900.00	-	2900.00 - 3000.00		-		44.00 - 45.00	
Badulla	700.00 - 800.00	1000.00 - 1100.00	1600.00 - 1700.00	1900.00 - 2100.00	-	1800.00 - 2000.00	1700.00 - 1900.00	2500.00 - 2600.00		45.00 - 45.00		43.00 - 43.00	
Keppetipola	700.00 - 800.00	1100.00 - 1200.00	1500.00 - 1600.00	1900.00 - 2000.00	-	2000.00 - 2200.00	1800.00 - 1900.00	2400.00 - 2500.00		58.00 - 60.00		57.00 - 59.00	
Moneragala	800.00 - 850.00	-	1400.00 - 1600.00	2400.00 - 2600.00	-	-	-	2500.00 - 2600.00		-		63.00 - 63.00	
Kegalle	1000.00 - 1100.00	1600.00 - 1650.00	2200.00 - 2250.00	2550.00 - 2600.00	-	-	2150.00 - 2200.00	2800.00 - 2850.00		45.00 - 45.00		43.00 - 43.00	
Ampara	-	-	-	-	-	-	-	-		-		-	
Dehiattakandiya	-	-	1600.00 - 1600.00	2200.00 - 2400.00	-	-	-	2200.00 - 2400.00		55.00 - 55.00		53.00 - 53.00	
Nuwaraeliya	800.00 - 900.00	1200.00 - 1300.00	1500.00 - 1600.00	2300.00 - 2400.00	-	2200.00 - 2300.00	2000.00 - 2100.00	2500.00 - 2600.00		60.00 - 62.00		58.00 - 59.00	
Kandy	850.00 - 880.00	1250.00 - 1275.00	1350.00 - 1500.00	2500.00 - 2600.00	-	2300.00 - 2400.00	-	2550.00 - 2600.00		-		-	
Puttalam	800.00 - 850.00	1200.00 - 1300.00	1250.00 - 1400.00	2000.00 - 2200.00	-	1500.00 - 1650.00	1500.00 - 1600.00	-		-		-	
Hambantota	-	900.00 - 1000.00	1300.00 - 1500.00	2400.00 - 2500.00	-	1400.00 - 1400.00	-	-		-		-	
Rathnapura	950.00 - 1000.00	1200.00 - 1200.00	1000.00 - 1100.00	-	-	1900.00 - 2000.00	-	-		-		43.00 - 45.00	
Matara	-	-	1650.00 - 1750.00	2400.00 - 2500.00	2400.00 - 2450.00	-	-	2400.00 - 2500.00		-		58.00 - 60.00	
Galle	-	-	-	-	-	-	-	-		-		-	
Tissamaharama	-	-	1000.00 - 1000.00	-	-	-	-	-		-		-	
Meegoda	860.00 - 900.00	-	-	-	-	-	-	3000.00 - 3000.00		-		50.00 - 50.00	
Embilipitiya	600.00 - 700.00	900.00 - 900.00	1450.00 - 1550.00	2300.00 - 2350.00	2500.00 - 2600.00	-	1600.00 - 1650.00	2400.00 - 2500.00		45.00 - 62.00		45.00 - 60.00	
Jaffna	-	1000.00 - 1200.00	1000.00 - 1200.00	-	-	1450.00 - 1500.00	-	-		52.00 - 53.00		51.00 - 52.00	
Vavuniya	900.00 - 1000.00	1300.00 - 1400.00	1200.00 - 1300.00	2600.00 - 3000.00	3200.00 - 3200.00	2000.00 - 2100.00	3000.00 - 3200.00	3000.00 - 3200.00		-		48.00 - 50.00	
Mannar	450.00 - 500.00	-	-	-	-	1500.00 - 1600.00	-	-		-		-	
Killinochchi	1000.00 - 1200.00	-	1600.00 - 1800.00	-	-	1800.00 - 2000.00	2000.00 - 2200.00	-		-		54.00 - 55.00	
Mullaittivu	600.00 - 700.00	1000.00 - 1000.00	1200.00 - 1300.00	-	-	1500.00 - 1600.00	1300.00 - 1400.00	-		-		52.00 - 53.00	
Batticaloa	700.00 - 800.00	-	1900.00 - 2000.00	2700.00 - 2750.00	2600.00 - 2700.00	-	-	2600.00 - 2700.00		50.00 - 55.00		50.00 - 54.00	
Trincomalee	700.00 - 780.00	1100.00 - 1200.00	950.00 - 1000.00	-	2500.00 - 2550.00	1900.00 - 1950.00	1750.00 - 1850.00	-		48.00 - 53.00		47.00 - 51.00	
Veyangoda	920.00 - 920.00	-	-	2000.00 - 2000.00	3000.00 - 3000.00	-	-	3000.00 - 3000.00		-		60.00 - 60.00	
Galenbindunuwewa	900.00 - 900.00	-	1200.00 - 1200.00	-	-	-	-	2600.00 - 2600.00		-		60.00 - 65.00	
Bandarawela	700.00 - 800.00	1000.00 - 1100.00	1500.00 - 1600.00	1900.00 - 2000.00	-	1800.00 - 2000.00	1700.00 - 1800.00	2500.00 - 2600.00		60.00 - 62.00		58.00 - 60.00	
Matale	-	-	-	-	-	-	-	-		-		-	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 34: 19 - 25 August 2022

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1600.00	2200.00	2300.00	3500.00	-		2600.00	3300.00	2000.00	2800.00	2600.00	3000.00	1200.00	2000.00
Gampaha	1800.00	2000.00	2800.00	3000.00	3600.00	4000.00	3000.00	3200.00	2200.00	2400.00	2700.00	2700.00	1300.00	1400.00
Kurunegala	1860.00	2000.00	2800.00	2800.00	3000.00	3000.00	2800.00	3000.00	2200.00	2200.00	2200.00	2400.00	1200.00	1400.00
Nikaweratiya	1720.00	1940.00	2800.00	2800.00	-		2700.00	2800.00	1800.00	2000.00	2600.00	2600.00	1400.00	1400.00
Dambulla	1700.00	1900.00	2800.00	3000.00	-		2800.00	3000.00	1800.00	2000.00	2500.00	2600.00	-	-
Anuradhapura	1800.00	2000.00	2800.00	3200.00	-		2800.00	3200.00	2000.00	2600.00	2800.00	3200.00	1200.00	1700.00
Thambuththegama	1760.00	1800.00	2200.00	2300.00	-		2700.00	2700.00	2200.00	2200.00	-	-	-	-
Polonnaruwa	1800.00	1900.00	2800.00	3000.00	-		2800.00	3000.00	2000.00	2300.00	2800.00	2800.00	-	-
Kaluthara	1900.00	2000.00	2800.00	3000.00	-		2600.00	2800.00	2200.00	2300.00	2700.00	2850.00	1200.00	1300.00
Badulla	1700.00	1800.00	2800.00	3000.00	-		2600.00	2800.00	2500.00	2600.00	-	-	-	-
Keppetipola	1700.00	1900.00	2900.00	3000.00	-		2800.00	3000.00	2400.00	2500.00	2800.00	2900.00	1300.00	1400.00
Moneragala	-	-	2800.00	3000.00	-		3000.00	3200.00	2400.00	2600.00	2500.00	2800.00	-	-
Kegalle	1600.00	1900.00	2500.00	2600.00	-		2600.00	2800.00	1800.00	1900.00	-	-	-	-
Ampara	-	-	-	-	-		-	-	-	-	-	-	-	-
Dehiattakandiya	1900.00	2000.00	3000.00	3100.00	-		2900.00	3000.00	1600.00	1800.00	-	-	1300.00	1400.00
Nuwaraeliya	1800.00	2000.00	3100.00	3200.00	3600.00	3700.00	3100.00	3200.00	2300.00	2500.00	2700.00	2800.00	1350.00	1400.00
Kandy	2000.00	2100.00	3100.00	3200.00	-		3000.00	3100.00	2400.00	2500.00	2700.00	2800.00	-	-
Puttalam	1600.00	1820.00	2800.00	3000.00	-		2750.00	2800.00	1650.00	1800.00	-	-	1100.00	1250.00
Hambantota	-	-	2800.00	2900.00	-		2900.00	3100.00	2000.00	2200.00	2500.00	2700.00	-	-
Rathnapura	2000.00	2200.00	2800.00	2800.00	3000.00	3000.00	2600.00	2800.00	2000.00	2060.00	2400.00	2440.00	1900.00	2000.00
Matara	1800.00	2000.00	2800.00	3000.00	3000.00	3250.00	3000.00	3200.00	2200.00	2300.00	2500.00	2800.00	-	-
Galle	-	-	-	-	-		-	-	-	-	-	-	-	-
Tissamaharama	1700.00	1800.00	-	-	-		-	-	1700.00	2000.00	-	-	-	-
Meegoda	1800.00	2000.00	2800.00	3000.00	-		2600.00	2800.00	2000.00	2200.00	-	-	1000.00	1100.00
Embilipitiya	1600.00	1800.00	2800.00	3000.00	-		2700.00	3000.00	2300.00	2600.00	2700.00	2800.00	1350.00	1500.00
Jaffna	1750.00	1900.00	-	-	-		-	-	-	-	-	-	-	-
Vavuniya	1800.00	2000.00	-	-	-		2400.00	2450.00	2000.00	2150.00	-	-	1000.00	1200.00
Mannar	1550.00	1600.00	2400.00	2500.00	-		-	-	1600.00	1700.00	-	-	1100.00	1200.00
Killinochchi	-	-	3450.00	3500.00	-		3000.00	3200.00	2450.00	2450.00	2000.00	2200.00	1800.00	1800.00
Mullaittivu	-	-	3000.00	3400.00	-		-	-	2000.00	2100.00	2000.00	2100.00	1000.00	1000.00
Batticaloa	1700.00	1800.00	2400.00	2500.00	-		-	-	1900.00	2000.00	-	-	1100.00	1200.00
Trincomalee	-	-	2400.00	2400.00	-		2600.00	2600.00	1800.00	1850.00	-	-	-	-
Veyangoda	1600.00	1900.00	2800.00	3200.00	-		2700.00	3000.00	1800.00	1900.00	2200.00	2400.00	1100.00	1400.00
Galenbindunuwewa	1800.00	2000.00	3000.00	3400.00	-		2800.00	3000.00	1800.00	2000.00	2600.00	3000.00	-	-
Bandarawela	1600.00	1800.00	2800.00	3000.00	-		2700.00	2800.00	2400.00	2500.00	2600.00	2700.00	1300.00	1400.00
Matale	-	-	-	-	-		-	-	-	-	-	-	-	-

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 34: 19 - 25 August 2022**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 - 2200.00	1360.00 - 1460.00	1500.00 - 1800.00	2700.00 - 3000.00	1200.00 - 1600.00
Gampaha	-	1350.00 - 1400.00	1200.00 - 1200.00	2600.00 - 2600.00	1200.00 - 1200.00
Kurunegala	2000.00 - 2000.00	1400.00 - 1400.00	-	2500.00 - 2500.00	1400.00 - 1500.00
Nikaweratiya	1800.00 - 1800.00	1400.00 - 1400.00	-	2600.00 - 2600.00	-
Dambulla	-	1300.00 - 1350.00	-	-	-
Anuradhapura	1900.00 - 2000.00	1450.00 - 1450.00	-	2900.00 - 3000.00	1200.00 - 1350.00
Thambuththegama	1500.00 - 1950.00	1200.00 - 1260.00	-	-	1200.00 - 1300.00
Polonnaruwa	1800.00 - 2000.00	1380.00 - 1400.00	1300.00 - 1350.00	2600.00 - 2900.00	1600.00 - 1700.00
Kaluthara	-	1400.00 - 1480.00	1350.00 - 1400.00	-	-
Badulla	1800.00 - 2000.00	1450.00 - 1480.00	1400.00 - 1500.00	2500.00 - 2600.00	-
Keppetipola	1800.00 - 1900.00	1450.00 - 1480.00	1400.00 - 1460.00	2600.00 - 2700.00	-
Moneragala	1800.00 - 1800.00	1480.00 - 1500.00	1550.00 - 1580.00	-	1350.00 - 1400.00
Kegalle	1850.00 - 1900.00	1350.00 - 1400.00	-	2250.00 - 2300.00	1400.00 - 1450.00
Ampara	-	-	-	-	-
Dehiattakandiya	-	1300.00 - 1350.00	-	-	1400.00 - 1500.00
Nuwaraeliya	1900.00 - 2000.00	1420.00 - 1480.00	1400.00 - 1450.00	2800.00 - 2900.00	1300.00 - 1400.00
Kandy	1900.00 - 2000.00	1330.00 - 1340.00	1220.00 - 1230.00	2500.00 - 2600.00	-
Puttalam	1900.00 - 2000.00	1400.00 - 1450.00	1250.00 - 1300.00	2600.00 - 2700.00	-
Hambantota	-	1350.00 - 1400.00	-	-	-
Rathnapura	1800.00 - 1800.00	1250.00 - 1300.00	1650.00 - 1700.00	2700.00 - 2700.00	-
Matara	-	1360.00 - 1380.00	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1450.00 - 1500.00	-	-	1500.00 - 1500.00
Meegoda	-	1160.00 - 1160.00	-	-	-
Embilipitiya	2000.00 - 2000.00	1100.00 - 1300.00	1200.00 - 1200.00	2650.00 - 2700.00	1250.00 - 1400.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2350.00 - 2600.00	-
Vavuniya	-	1600.00 - 1650.00	-	2450.00 - 2600.00	1600.00 - 1850.00
Mannar	1400.00 - 1400.00	1600.00 - 1600.00	-	-	-
Killinochchi	1700.00 - 1700.00	1500.00 - 1500.00	1700.00 - 1700.00	2600.00 - 2600.00	-
Mullaitivu	1400.00 - 1400.00	1400.00 - 1400.00	-	-	-
Batticaloa	-	1600.00 - 1600.00	1600.00 - 1700.00	-	-
Trincomalee	1500.00 - 1580.00	1300.00 - 1350.00	1450.00 - 1500.00	-	-
Veyangoda	1900.00 - 1900.00	1300.00 - 1300.00	-	2600.00 - 2700.00	1300.00 - 1300.00
Galenbindunuwewa	1600.00 - 1650.00	1350.00 - 1400.00	-	-	-
Bandarawela	1800.00 - 2000.00	1350.00 - 1400.00	1300.00 - 1350.00	2600.00 - 2800.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 34: 19 - 25 August 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	78.00 - 80.00	79.40	81.00		-1.98	
Samba 1	225.00 - 230.00	227.50	232.50		-2.15		Small	66.00 - 70.00	68.20	69.80		-2.29	
Samba 2	215.00 - 225.00	221.50	230.00		-3.70								
Keeri Samba	240.00 - 250.00	246.50	248.50		-0.80		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	215.00 - 225.00	219.78	221.75		-0.89		Plantain						
Nadu 2	205.00 - 215.00	211.30	216.20		-2.27		Ambul (Rs/Kg)	130.00 - 150.00	140.77	130.00		8.28	
Raw (Red)	210.00 - 220.00	215.30	221.00		-2.58		Kolikuttu (Rs/Kg)	280.00 - 330.00	310.00	266.67		16.25	
Raw (White)	200.00 - 220.00	209.80	214.00		-1.96		Seeni (Rs/Kg)	80.00 - 120.00	101.54	115.38		-12.00	
Imported							Anamalu	15.00 - 17.00	16.00	15.50		3.23	
Samba	175.00 - 180.00	176.30	181.80		-3.03		Ambun	18.00 - 20.00	19.00	18.50		2.70	
Nadu	170.00 - 180.00	175.80	180.50		-2.60		Papaw(Rs/Kg)	200.00 - 300.00	244.29	228.57		6.87	
Raw (Red)	-	-	-		-		Passion Fruit	32.00 - 40.00	37.00	31.00		19.35	
Raw (White)	162.00 - 168.00	164.40	171.80		-4.31		Pineapple Large	570.00 - 600.00	586.36	552.00		6.23	
<u>Dried Chillies</u>							Pineapple Medium	450.00 - 480.00	466.36	444.00		5.04	
Imported	1450.00 - 1500.00	1469.00	1477.00		-0.54		Pineapple Small	350.00 - 380.00	366.36	363.33		0.83	
<u>Onion</u>							Mango						
Sinnan	200.00 - 300.00	250.00					Betti	-	-	-			
Vedalan	330.00 - 425.00	377.50	321.50		17.42		Karthakolomban	150.00 - 200.00	169.23	161.67		4.68	
Imported	-	-	-		-		Vilad	60.00 - 70.00	63.80	56.00		13.93	
<u>Big Onion</u>							Kohu	-	-	-			
Imported	125.00 - 150.00	138.00	151.30		-8.79		<u>Other</u>						
Local	-	-	-		-		Wood Apple	18.00 - 24.00	20.33	22.00		-7.58	
<u>Potato</u>							Orange	60.00 - 70.00	65.00	54.17		20.00	
Welimada	330.00 - 360.00	345.00	332.50		3.76		Avocado	55.00 - 90.00	69.29	55.00		25.97	
N'Eliya	350.00 - 380.00	365.00	360.00		1.39		Slime Apple	25.00 - 35.00	28.80	26.67		8.00	
Imported	150.00 - 300.00	188.00	178.50		5.32		Grapes (Imp., Rs/Kg)	3000.00 - 3100.00	3075.00	3233.33		-4.90	
<u>Pulses</u>							King Coconut	80.00 - 110.00	95.00	100.00		-5.00	
Green Gram	800.00 - 840.00	813.50	810.50		0.37		<u>Sea Fish</u>						
Cowpea (White)	700.00 - 730.00	714.50	714.38		0.02		Salaya	500.00 - 850.00	673.00	776.00		-13.27	
Cowpea (Red)	650.00 - 700.00	678.89	662.78		2.43		Hurulla	850.00 - 1150.00	970.00	1118.75		-13.30	
Red Dhal	420.00 - 430.00	423.00	425.50		-0.59		Balaya	800.00 - 900.00	850.00	1137.50		-25.27	
<u>Vegetable</u>							Kelawalla	1600.00 - 2150.00	1893.75	1767.78		7.13	
Beans (Butter)	-	-	-		-		Thora	2500.00 - 3700.00	3162.50	2933.33		7.81	
Beans(Green)	300.00 - 320.00	308.00	421.00		-26.84		Paraw	1200.00 - 1500.00	1400.00	1643.75		-14.83	
Carrot	220.00 - 270.00	246.00	260.00		-5.38		Mora	-	-	-			
Leeks	150.00 - 180.00	160.00	168.00		-4.76		Shrimps	1350.00 - 1700.00	1542.50	1577.78		-2.24	
Beetroot	120.00 - 170.00	135.00	131.82		2.41		Thalapath	2200.00 - 2500.00	2393.75	2266.67		5.61	
Knolkhol	120.00 - 170.00	137.00	131.00		4.58		<u>Eggs</u>						
Raddish	70.00 - 90.00	83.00	90.00		-7.78		Brown	43.00 - 62.00	52.50	60.75		-13.58	
Cabbage	330.00 - 450.00	385.00	302.00		27.48		White	41.00 - 61.00	50.75	58.38		-13.06	
Tomato	220.00 - 300.00	259.00	326.00		-20.55		<u>Dried Fish</u>						
Ladies Fingers	80.00 - 90.00	85.00	180.00		-52.78		Sprats	2250.00 - 2700.00	2452.00	2086.00		17.55	
Brinjal	380.00 - 500.00	436.00	377.00		15.65		Sprats (Imported)	1450.00 - 1750.00	1599.17	1580.83		1.16	
Capsicum	650.00 - 700.00	681.00	628.00		8.44		Kattawa	-	-	-			
Pumpkin	120.00 - 140.00	133.00	114.00		16.67		Kattawa (Imported)	1950.00 - 2100.00	2002.22	2150.00		-6.87	
Cucumber	80.00 - 90.00	86.00	87.00		-1.15		Thora	-	-	-			
Bitter Gourd	280.00 - 340.00	306.00	302.00		1.32		Thora (Imported)	-	-	-			
Snake Gourd	280.00 - 350.00	310.00	282.22		9.84		Mora	2400.00 - 2500.00	2448.57	2382.86		2.76	
Drumstick	220.00 - 280.00	249.00	326.00		-23.62		Mora (Imported)	-	-	-			
Luffa	160.00 - 210.00	185.00	217.00		-14.75		Balaya	1580.00 - 1750.00	1653.75	1605.00		3.04	
Long Beans	150.00 - 250.00	205.00	238.00		-13.87		Balaya (Imported)	-	-	-			
Ash Plantain	120.00 - 150.00	133.00	127.00		4.72		Anguluwa	-	-	-			
Green Chillies	380.00 - 420.00	396.00	393.00		0.76		Anguluwa (Imported)	1780.00 - 2000.00	1903.33	1927.50		-1.25	
Lime	130.00 - 160.00	143.00	144.00		-0.69		Maduwa	-	-	-			
<u>Root Crops</u>							Maduwa (Imported)	-	-	-			
Sweet Potato	140.00 - 160.00	153.00	160.00		-4.38		Koduwa	-	-	-			
Manioc	80.00 - 100.00	88.00	85.00		3.53		Koduwa (Imported)	-	-	-			
<u>Leafy Vegetable</u>							Salaya	960.00 - 1150.00	1044.00	960.00		8.75	
Mukunuwenna	38.00 - 40.00	39.20	39.00		0.51		Salaya (Imported)	-	-	-			
Kankun	38.00 - 40.00	39.20	39.00		0.51								
Gotukola (Rs/Kg)	150.00 - 170.00	165.00	164.00		0.61								

This Week: Week 34: 19 - 25 August 2022

Last Week: Week 33: 12 - 18 August 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 34: 19 - 25 August 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	90.00 - 110.00	95.86	97.65		-1.79	
Samba 1	240.00 - 270.00	252.07	257.50		-5.43		Small	70.00 - 85.00	78.38	81.29		-2.91	
Samba 2	230.00 - 260.00	239.58	241.74		-2.16								
Keeri Samba	250.00 - 280.00	267.78	271.03		-3.25		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	230.00 - 240.00	238.26	244.41		-6.15		Plantain						
Nadu 2	220.00 - 230.00	223.33	230.56		-7.22		Ambul (Rs/Kg)	140.00 - 200.00	170.86	167.78		3.08	
Raw (Red)	225.00 - 260.00	245.18	246.11		-0.93		Kolikuttu (Rs/Kg)	300.00 - 400.00	361.94	320.56		41.39	
Raw (White)	220.00 - 250.00	240.97	246.47		-5.50		Seeni (Rs/Kg)	140.00 - 200.00	159.12	160.00		-0.88	
Imported							Anamalu	20.00 - 28.00	23.69	22.86		0.83	
Samba	190.00 - 220.00	208.06	211.22		-3.16		Ambun	25.00 - 35.00	29.75	28.63		1.12	
Nadu	190.00 - 220.00	208.53	214.17		-5.64		Papaw(Rs/Kg)	300.00 - 390.00	335.31	327.06		8.25	
Raw (Red)	-	-	-		-		Passion Fruit	33.00 - 54.00	47.26	43.09		4.17	
Raw (White)	180.00 - 210.00	196.39	199.14		-2.75		Pineapple Large	600.00 - 650.00	619.44	569.55		49.90	
<u>Dried Chillies</u>							Pineapple Medium	500.00 - 550.00	518.33	480.00		38.33	
Imported	1550.00 - 1900.00	1754.81	1756.25		-1.44		Pineapple Small	350.00 - 480.00	412.73	384.55		28.18	
<u>Onion</u>							Mango						
Sinnan	300.00 - 420.00	395.14	363.40		31.74		Betti	-	-	-		-	
Vedalan	430.00 - 520.00	501.76	493.55		8.22		Karthakolomban	200.00 - 250.00	216.67	193.33		23.33	
Imported	-	-	-		-		Vilad	80.00 - 120.00	97.65	95.00		2.65	
<u>Big Onion</u>							Kohu	-	-	-		-	
Imported	160.00 - 200.00	183.68	186.67		-2.99		<u>Other</u>						
Local	-	-	-		-		Wood Apple	40.00 - 70.00	55.33	57.74		-2.41	
<u>Potato</u>							Orange	70.00 - 120.00	97.73	95.36		2.37	
Welimada	340.00 - 380.00	357.93	406.25		-48.32		Avocado	60.00 - 150.00	99.64	97.58		2.07	
N'Eliya	440.00 - 520.00	480.00	495.93		-15.93		Slime Apple	60.00 - 100.00	77.78	67.31		10.47	
Imported	170.00 - 260.00	220.56	221.18		-0.62		Grapes (Imp., Rs/Kg)	-	-	4100.00		-	
<u>Pulses</u>							King Coconut	100.00 - 150.00	120.00	130.50		-10.50	
Green Gram	880.00 - 1000.00	970.00	982.90		-12.90		<u>Sea Fish</u>						
Cowpea (White)	780.00 - 950.00	885.56	894.33		-8.78		Salaya	600.00 - 1100.00	843.20	963.33		-120.13	
Cowpea (Red)	700.00 - 850.00	786.21	781.20		5.01		Hurulla	960.00 - 1400.00	1210.63	1264.00		-53.38	
Red Dhal	450.00 - 500.00	467.57	470.00		-2.43		Balaya	1000.00 - 2000.00	1705.88	1971.43		-265.55	
<u>Vegetable</u>							Kelawalla	2500.00 - 3400.00	2749.33	2740.00		9.33	
Beans (Butter)	-	-	-		-		Thora	3100.00 - 3800.00	3357.69	3333.33		24.36	
Beans(Green)	320.00 - 480.00	389.62	570.00		-180.38		Paraw	1500.00 - 3200.00	2640.00	2787.50		-147.50	
Carrot	280.00 - 480.00	385.36	455.86		-70.50		Mora	-	-	-		-	
Leeks	200.00 - 340.00	281.48	316.21		-34.73		Shrimps	1560.00 - 2100.00	1900.00	1944.00		-44.00	
Beetroot	140.00 - 280.00	223.93	257.93		-34.00		Thalapath	2600.00 - 3500.00	2933.75	2884.21		49.54	
Knolkhol	160.00 - 320.00	250.00	268.15		-18.15		<u>Eggs</u>						
Raddish	140.00 - 240.00	204.00	224.48		-20.48		Brown	61.00 - 65.00	63.00	63.08		-0.08	
Cabbage	420.00 - 600.00	530.00	520.71		9.29		White	60.00 - 63.00	61.75	61.28		0.47	
Tomato	250.00 - 500.00	380.00	497.24		-117.24		<u>Dried Fish</u>						
Ladies Fingers	120.00 - 280.00	224.07	306.67		-82.59		Sprats	2400.00 - 2800.00	2610.00	2455.00		155.00	
Brinjal	420.00 - 600.00	551.92	542.86		9.07		Sprats (Imported)	1600.00 - 2200.00	1942.31	1922.00		20.31	
Capsicum	700.00 - 1000.00	929.63	923.21		6.42		Kattawa	2300.00 - 3500.00	3027.27	3046.15		-18.88	
Pumpkin	180.00 - 280.00	245.19	241.38		3.81		Thora	-	-	-		-	
Cucumber	120.00 - 240.00	187.86	197.24		-9.38		Mora	2600.00 - 3300.00	3080.00	2976.19		103.81	
Bitter Gourd	350.00 - 600.00	477.78	495.93		-18.15		Balaya	2000.00 - 2800.00	2385.71	2319.05		66.67	
Snake Gourd	300.00 - 480.00	407.69	471.48		-63.79		Anguluwa	2600.00 - 3000.00	2771.43	2780.00		-8.57	
Drumstick	300.00 - 600.00	460.00	539.63		-79.63		Maduwa	-	-	-		-	
Luffa	200.00 - 400.00	322.14	392.22		-70.08		Koduwa	-	-	-		-	
Long Beans	240.00 - 360.00	298.52	396.55		-98.03		Salaya	1200.00 - 2000.00	1466.67	1435.71		30.95	
Ash Plantain	160.00 - 240.00	223.08	227.41		-4.33		<u>Meat</u>						
Green Chillies	480.00 - 800.00	647.59	655.52		-7.93		Beef (without Bones)	2000.00 - 2200.00	2066.67	2175.00		-108.33	
Lime	240.00 - 500.00	373.00	448.52		-75.52		Chicken (Broiler)	1360.00 - 1460.00	1415.00	1366.25		48.75	
<u>Root Crops</u>							Chicken (Curry)	1500.00 - 1800.00	1583.33	1464.29		119.05	
Sweet Potato	150.00 - 320.00	231.07	255.00		-23.93		Mutton	2700.00 - 3000.00	2771.43	2714.29		57.14	
Manioc	120.00 - 200.00	183.57	182.07		1.50		Pork	1200.00 - 1600.00	1400.00	1275.00		125.00	
<u>Leafy Vegetable</u>													
Mukunuwenna	60.00 - 100.00	75.79	74.44		1.35								
Kankun	60.00 - 100.00	75.79	73.68		2.11								
Gotukola	60.00 - 100.00	78.95	75.56		3.39								

This Week: Week 34: 19 - 25 August 2022
Last Week: Week 33: 12 - 18 August 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 34: 19 - 25 August 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	172.50 - 190.00	185.00
A'pura	112.00 - 113.00	112.40	Dambulla	182.50 - 187.50	184.50	Hambantota	-	
P'naruwa	122.00 - 123.50	122.75	Welimada	155.00 - 165.00	161.00	Embilipitiya	260.00 - 280.00	271.25
Kalawewa	100.00 - 110.00	105.00	Badulla	150.00 - 180.00	167.00	Matara	-	
Kurunegala	105.00 - 120.00	115.75	Carrot			A'pura	200.00 - 210.00	204.00
Dehiattakandiya	117.00 - 120.00	118.00	N'Elia	265.00 - 280.00	272.00	Luffa		
Nikaweratiya	100.00 - 121.00	109.71	Welimada	210.00 - 215.00	212.00	Dambulla	152.50 - 177.50	165.50
Ampara	115.00 - 115.00	115.00	Hanguranketha	-		Hambantota	160.00 - 180.00	170.00
Long Grain (White)			Leeks			Embilipitiya	190.00 - 210.00	199.00
A'pura	112.00 - 113.00	112.40	N'Elia	135.00 - 140.00	137.60	Matara	-	
P'naruwa	121.00 - 123.00	122.17	Welimada	110.00 - 120.00	114.00	A'pura	150.00 - 160.00	154.00
Kalawewa	100.00 - 110.00	103.75	Beetroot			Green Chillies		
Kurunegala	105.00 - 120.00	115.75	N'Elia	120.00 - 126.00	122.60	Dambulla	390.00 - 430.00	412.00
Dehiattakandiya	117.00 - 120.00	119.00	Dambulla	76.00 - 86.00	82.60	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	500.00 - 540.00	516.00
Nikaweratiya	100.00 - 121.00	109.71	Welimada	100.00 - 105.00	103.00	Puttalam	310.00 - 370.00	336.67
Hambantota	-		Hanguranketha	70.00 - 100.00	88.00	A'pura	420.00 - 430.00	424.00
Ampara	110.00 - 120.00	113.40	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	120.00 - 125.00	123.00	Dambulla	95.00 - 105.00	100.00
Matara	120.00 - 125.00	122.50	Welimada	100.00 - 115.00	106.00	Hambantota	60.00 - 70.00	65.00
Hambantota	120.00 - 125.00	122.67	Hanguranketha	100.00 - 110.00	105.00	Embilipitiya	130.00 - 145.00	138.00
Embilipitiya	120.00 - 125.00	122.20	Raddish			Matara	-	
Keeri Samba			N'Elia	40.00 - 50.00	45.60	A'pura	110.00 - 120.00	114.00
A'pura	113.00 - 115.00	113.80	Welimada	25.00 - 30.00	28.00	Moneragala	-	
P'naruwa	125.00 - 127.00	126.17	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	100.00 - 115.00	107.00	Hanguranketha	40.00 - 60.00	48.00	A'pura	80.00 - 85.00	82.00
Kurunegala	115.00 - 125.00	122.50	Cabbage			Dambulla	86.00 - 95.00	90.20
Dehiattakandiya	117.00 - 120.00	119.00	N'Elia	325.00 - 335.00	329.00	Hambantota	40.00 - 50.00	45.00
Red Onion			Welimada	250.00 - 265.00	256.00	Matara	-	
Puttalam	240.00 - 280.00	258.00	Badulla	240.00 - 260.00	248.00	Long Beans		
Jaffna	260.00 - 300.00	280.00	Hanguranketha	250.00 - 300.00	268.00	Dambulla	95.00 - 110.00	101.00
Big Onion			Tomato			Hambantota	70.00 - 90.00	80.00
Dambulla	-		Welimada	120.00 - 130.00	124.00	Embilipitiya	200.00 - 220.00	210.00
Kalawewa	-		Hambantota	80.00 - 100.00	90.00	Matara	180.00 - 200.00	192.50
A'pura	-		Dambulla	76.00 - 100.00	89.25	A'pura	100.00 - 110.00	104.00
Potato			Hanguranketha	220.00 - 250.00	230.00	Ash Plantain		
N'Elia	320.00 - 330.00	323.00	<u>Vegetable (Low Country)</u>			Hambantota	40.00 - 45.00	42.50
Badulla	-		Ladies Fingers			Embilipitiya	70.00 - 90.00	78.00
Welimada	275.00 - 285.00	280.00	A'pura	50.00 - 60.00	54.00	Matara	60.00 - 65.00	63.33
<u>Pulses</u>			Dambulla	46.00 - 50.00	48.40	Lime		
Green Gram			Hambantota	40.00 - 50.00	45.00	Hambantota	-	
Hambantota	-		Embilipitiya	70.00 - 80.00	75.00	Embilipitiya	170.00 - 190.00	177.00
Moneragala	700.00 - 720.00	708.00	Matara	90.00 - 100.00	96.67	Moneragala	70.00 - 80.00	74.00
Embilipitiya	670.00 - 680.00	675.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	550.00 - 600.00	587.50	A'pura	350.00 - 360.00	354.00	Banana		
A'pura	680.00 - 700.00	688.00	Dambulla	340.00 - 380.00	360.00	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	280.00 - 310.00	296.00	Embilipitiya	80.00 - 95.00	86.00
Nikaweratiya	500.00 - 550.00	531.25	Matara	280.00 - 320.00	300.00	Hambantota	90.00 - 100.00	96.67
Moneragala	550.00 - 570.00	558.00	Welimada	255.00 - 270.00	263.00	Kolikuttu		
Embilipitiya	600.00 - 610.00	605.00	Capsicum			Moneragala	190.00 - 200.00	194.00
Maize			Badulla	-		Embilipitiya	230.00 - 260.00	246.00
A'pura	-		Welimada	580.00 - 600.00	594.00	Hambantota	-	
Kalawewa	-		Bitter Gourd			Papaw		
Gingelly			A'pura	320.00 - 340.00	328.00	Moneragala	90.00 - 100.00	94.00
A'pura	470.00 - 480.00	474.00	Dambulla	290.00 - 320.00	306.00	Embilipitiya	135.00 - 150.00	142.00
Kalawewa	350.00 - 400.00	376.67	Hambantota	-		Hambantota	130.00 - 140.00	133.33
Black Gram			Embilipitiya	290.00 - 350.00	318.33	Pineapple		
A'pura	-		Matara	300.00 - 320.00	306.67	Divulapitiya	-	
Kalawewa	400.00 - 450.00	420.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)
Week 34: 19 - 25 August 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 260.00	260.00 - 260.00	250.00 - 250.00	260.00 - 270.00	-	240.00 - 240.00	250.00 - 250.00	240.00 - 240.00	260.00 - 260.00
Samba 2	230.00 - 230.00	-	240.00 - 240.00	250.00 - 250.00	230.00 - 230.00	-	240.00 - 240.00	230.00 - 240.00	250.00 - 260.00
Keeri Samba	260.00 - 270.00	270.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 260.00	250.00 - 260.00	270.00 - 280.00	260.00 - 260.00	270.00 - 280.00
Nadu 1	230.00 - 230.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	-	230.00 - 230.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00
Nadu 2	220.00 - 220.00	-	-	220.00 - 220.00	220.00 - 220.00	220.00 - 220.00	230.00 - 230.00	230.00 - 230.00	-
Raw (Red)	225.00 - 250.00	260.00 - 260.00	250.00 - 260.00	230.00 - 240.00	250.00 - 260.00	260.00 - 260.00	240.00 - 250.00	240.00 - 250.00	260.00 - 260.00
Raw (White)	220.00 - 240.00	240.00 - 240.00	240.00 - 250.00	230.00 - 240.00	250.00 - 250.00	250.00 - 250.00	240.00 - 250.00	230.00 - 240.00	240.00 - 250.00
Imported									
Samba	200.00 - 210.00	220.00 - 220.00	200.00 - 210.00	200.00 - 220.00	200.00 - 220.00	190.00 - 210.00	200.00 - 220.00	200.00 - 200.00	220.00 - 220.00
Nadu	190.00 - 210.00	220.00 - 220.00	200.00 - 210.00	210.00 - 210.00	210.00 - 210.00	200.00 - 200.00	200.00 - 210.00	210.00 - 220.00	220.00 - 220.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 200.00	210.00 - 210.00	180.00 - 200.00	190.00 - 200.00	190.00 - 200.00	200.00 - 200.00	200.00 - 210.00	190.00 - 210.00	190.00 - 200.00
<u>Dried Chillies</u>									
Imported	1550.00 - 1600.00	1900.00 - 1900.00	1800.00 - 1800.00	1900.00 - 1900.00	1800.00 - 1800.00	1800.00 - 1800.00	1700.00 - 1700.00	1700.00 - 1800.00	1900.00 - 1900.00
<u>Red Onion</u>									
Sinnan	400.00 - 420.00	400.00 - 400.00	350.00 - 400.00	400.00 - 420.00	400.00 - 420.00	400.00 - 420.00	300.00 - 400.00	340.00 - 360.00	400.00 - 400.00
Vedalan	430.00 - 450.00	520.00 - 520.00	480.00 - 520.00	520.00 - 520.00	500.00 - 520.00	520.00 - 520.00	480.00 - 500.00	500.00 - 520.00	500.00 - 520.00
Imported	-	-	-	-	-	-	-	-	-
<u>Big Onion</u>									
Imported	160.00 - 180.00	200.00 - 200.00	160.00 - 180.00	180.00 - 200.00	180.00 - 180.00	180.00 - 180.00	180.00 - 200.00	180.00 - 200.00	180.00 - 180.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	340.00 - 360.00	360.00 - 380.00	350.00 - 360.00	380.00 - 380.00	360.00 - 380.00	360.00 - 380.00	340.00 - 340.00	340.00 - 340.00	340.00 - 340.00
N'Eliya	450.00 - 450.00	480.00 - 520.00	460.00 - 480.00	480.00 - 520.00	520.00 - 520.00	500.00 - 520.00	440.00 - 480.00	440.00 - 500.00	440.00 - 500.00
Imported	170.00 - 210.00	260.00 - 260.00	200.00 - 240.00	220.00 - 240.00	200.00 - 220.00	220.00 - 240.00	200.00 - 240.00	200.00 - 220.00	200.00 - 220.00
<u>Pulses</u>									
Green Gram	880.00 - 900.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	900.00 - 1000.00	960.00 - 1000.00	900.00 - 950.00	960.00 - 1000.00	1000.00 - 1000.00
Cowpea (White)	780.00 - 850.00	950.00 - 950.00	950.00 - 950.00	800.00 - 900.00	800.00 - 900.00	880.00 - 900.00	900.00 - 900.00	800.00 - 860.00	900.00 - 900.00
Cowpea (Red)	700.00 - 800.00	800.00 - 800.00	780.00 - 800.00	800.00 - 800.00	750.00 - 850.00	780.00 - 780.00	800.00 - 800.00	700.00 - 800.00	800.00 - 850.00
Red Dhal	450.00 - 460.00	500.00 - 500.00	460.00 - 480.00	460.00 - 480.00	480.00 - 500.00	460.00 - 460.00	460.00 - 480.00	460.00 - 480.00	460.00 - 460.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)
Week 34: 19 - 25 August 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	320.00 - 350.00	320.00 - 400.00	400.00 - 480.00	400.00 - 400.00	320.00 - 360.00	480.00 - 480.00	320.00 - 360.00	380.00 - 400.00	400.00 - 400.00
Carrot	280.00 - 350.00	480.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 400.00	480.00 - 480.00	280.00 - 360.00	320.00 - 400.00	360.00 - 450.00
Leeks	200.00 - 240.00	320.00 - 320.00	300.00 - 320.00	320.00 - 320.00	260.00 - 300.00	240.00 - 300.00	240.00 - 240.00	280.00 - 340.00	320.00 - 320.00
Beetroot	140.00 - 180.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	150.00 - 200.00	200.00 - 280.00	240.00 - 240.00
Knolkhol	160.00 - 180.00	280.00 - 320.00	240.00 - 320.00	240.00 - 320.00	240.00 - 300.00	240.00 - 240.00	220.00 - 280.00	200.00 - 240.00	280.00 - 320.00
Raddish	140.00 - 160.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 200.00	200.00 - 200.00	160.00 - 240.00	160.00 - 240.00	240.00 - 240.00
Cabbage	420.00 - 450.00	480.00 - 560.00	550.00 - 600.00	480.00 - 600.00	450.00 - 500.00	500.00 - 600.00	500.00 - 600.00	480.00 - 600.00	450.00 - 600.00
Tomato	250.00 - 260.00	400.00 - 500.00	320.00 - 360.00	320.00 - 480.00	300.00 - 360.00	400.00 - 400.00	350.00 - 400.00	400.00 - 500.00	500.00 - 500.00
Ladies Fingers	120.00 - 160.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00	280.00 - 280.00	240.00 - 240.00
Brinjal	420.00 - 450.00	520.00 - 600.00	480.00 - 600.00	600.00 - 600.00	480.00 - 500.00	550.00 - 600.00	480.00 - 600.00	500.00 - 600.00	550.00 - 600.00
Capsicum	700.00 - 750.00	1000.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	800.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00
Pumpkin	180.00 - 200.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	280.00 - 280.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00
Cucumber	120.00 - 150.00	200.00 - 240.00	200.00 - 200.00	200.00 - 240.00	160.00 - 200.00	240.00 - 240.00	150.00 - 200.00	160.00 - 200.00	160.00 - 200.00
Bitter Gourd	350.00 - 400.00	520.00 - 540.00	480.00 - 560.00	350.00 - 600.00	400.00 - 400.00	600.00 - 600.00	400.00 - 480.00	400.00 - 600.00	500.00 - 600.00
Snake Gourd	300.00 - 350.00	400.00 - 480.00	320.00 - 480.00	400.00 - 480.00	360.00 - 400.00	400.00 - 480.00	350.00 - 480.00	360.00 - 400.00	400.00 - 400.00
Drumstick	300.00 - 400.00	560.00 - 560.00	320.00 - 560.00	400.00 - 600.00	300.00 - 600.00	400.00 - 400.00	300.00 - 300.00	400.00 - 600.00	500.00 - 600.00
Luffa	200.00 - 250.00	320.00 - 360.00	360.00 - 400.00	320.00 - 400.00	280.00 - 320.00	320.00 - 320.00	240.00 - 320.00	350.00 - 400.00	400.00 - 400.00
Long Beans	240.00 - 250.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	240.00 - 280.00	300.00 - 320.00	280.00 - 320.00	280.00 - 320.00	280.00 - 320.00
Ash Plantain	160.00 - 180.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 200.00	200.00 - 240.00	200.00 - 240.00
Green Chillies	480.00 - 550.00	600.00 - 800.00	700.00 - 800.00	600.00 - 800.00	500.00 - 600.00	800.00 - 800.00	500.00 - 600.00	600.00 - 600.00	600.00 - 700.00
Lime	240.00 - 250.00	400.00 - 500.00	400.00 - 500.00	400.00 - 500.00	300.00 - 500.00	500.00 - 500.00	240.00 - 250.00	400.00 - 400.00	400.00 - 400.00
<u>Root Crops</u>									
Sweet Potato	150.00 - 220.00	240.00 - 280.00	200.00 - 280.00	240.00 - 320.00	160.00 - 240.00	280.00 - 320.00	200.00 - 200.00	200.00 - 240.00	240.00 - 240.00
Manioc	120.00 - 160.00	180.00 - 200.00	180.00 - 200.00	200.00 - 200.00	160.00 - 180.00	200.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	60.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	60.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Gotukola	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	60.00 - 60.00	90.00 - 100.00	100.00 - 100.00
<u>Coconut</u>									
Large	90.00 - 100.00	100.00 - 100.00	90.00 - 95.00	90.00 - 110.00	90.00 - 100.00	90.00 - 95.00	90.00 - 100.00	90.00 - 110.00	100.00 - 110.00
Small	80.00 - 85.00	80.00 - 80.00	70.00 - 85.00	70.00 - 80.00	85.00 - 85.00	70.00 - 80.00	70.00 - 80.00	75.00 - 80.00	80.00 - 80.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 34: 19 - 25 August 2022

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA			
<u>Plantain</u>																												
Ambul (Rs/Kg)	140.00	-	150.00	180.00	-	200.00	160.00	-	200.00	160.00	-	180.00	180.00	-	200.00	140.00	-	160.00	180.00	-	200.00	150.00	-	160.00	160.00	-	180.00	
Kolikuttu (Rs/Kg)	320.00	-	350.00	380.00	-	400.00	380.00	-	400.00	350.00	-	380.00	350.00	-	400.00	380.00	-	400.00	350.00	-	370.00	300.00	-	320.00	320.00	-	350.00	
Seeni (Rs/Kg)	140.00	-	150.00	180.00	-	200.00	170.00	-	200.00	180.00	-	200.00	160.00	-	180.00	140.00	-	160.00	140.00	-	160.00	150.00	-	160.00	160.00	-	170.00	
Anamalu	20.00	-	22.00	24.00	-	26.00	25.00	-	28.00	24.00	-	25.00	22.00	-	24.00	22.00	-	24.00	24.00	-	25.00	22.00	-	24.00	22.00	-	24.00	
Ambun	25.00	-	28.00	30.00	-	33.00	31.00	-	35.00	30.00	-	31.00	28.00	-	30.00	28.00	-	30.00	30.00	-	31.00	28.00	-	30.00	28.00	-	30.00	
<u>Pineapple</u>																												
Large	600.00	-	600.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	600.00	-	650.00	-	-	-	-	-	-	-	-	600.00	-	650.00		
Medium	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00	500.00	-	500.00	-	-	500.00	-	550.00	500.00	-	550.00		
Small	380.00	-	450.00	400.00	-	460.00	420.00	-	480.00	350.00	-	450.00	400.00	-	450.00	350.00	-	450.00	350.00	-	450.00	350.00	-	450.00	400.00	-	450.00	
<u>Mango</u>																												
Betti	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Karthakolomban	200.00	-	250.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Vilad	80.00	-	100.00	100.00	-	120.00	-	-	100.00	-	120.00	100.00	-	120.00	80.00	-	80.00	-	-	80.00	-	100.00	100.00	-	120.00	100.00	-	120.00
Kohu	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
<u>Other Fruits</u>																												
Wood Apple	40.00	-	50.00	50.00	-	70.00	50.00	-	70.00	70.00	-	70.00	50.00	-	70.00	40.00	-	50.00	40.00	-	60.00	50.00	-	70.00	50.00	-	70.00	
Orange	70.00	-	100.00	100.00	-	120.00	100.00	-	120.00	70.00	-	100.00	80.00	-	100.00	-	-	70.00	-	80.00	-	-	100.00	-	120.00	100.00	-	120.00
Avocado	80.00	-	100.00	100.00	-	120.00	100.00	-	150.00	100.00	-	120.00	100.00	-	150.00	60.00	-	70.00	60.00	-	80.00	70.00	-	80.00	70.00	-	80.00	
Slime Apple	60.00	-	70.00	80.00	-	100.00	80.00	-	100.00	80.00	-	100.00	70.00	-	80.00	60.00	-	70.00	60.00	-	70.00	70.00	-	80.00	70.00	-	80.00	
Grapes (Rs/Kg)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Papaw (Rs/Kg)	320.00	-	330.00	360.00	-	390.00	360.00	-	380.00	350.00	-	360.00	300.00	-	350.00	300.00	-	320.00	300.00	-	320.00	300.00	-	320.00	300.00	-	350.00	
Passion	42.00	-	46.00	46.00	-	50.00	50.00	-	54.00	50.00	-	54.00	46.00	-	50.00	42.00	-	46.00	33.00	-	33.00	46.00	-	50.00	46.00	-	50.00	
King Coconut	100.00	-	120.00	120.00	-	140.00	140.00	-	150.00	120.00	-	130.00	110.00	-	120.00	120.00	-	120.00	100.00	-	120.00	110.00	-	120.00	100.00	-	120.00	

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වර්ගය	පිටකොටුව	මහරගම	කිරුලපන	නුගේගොඩ	නාරාහේන්පිට	දෙමටගොඩ	තොටලග	කඩවත	කිරිඳිගොඩ
<u>මාළු</u>									
සාලයා	600.00 - 650.00	760.00 - 800.00	800.00 - 800.00	1100.00 - 1100.00	880.00 - 880.00	840.00 - 880.00	700.00 - 800.00	920.00 - 960.00	900.00 - 1000.00
හුරුල්ලා	1200.00 - 1250.00	-	-	-	-	1200.00 - 1200.00	960.00 - 1000.00	1200.00 - 1200.00	1380.00 - 1400.00
බලයා	1000.00 - 1100.00	1760.00 - 1920.00	1600.00 - 1600.00	-	-	2000.00 - 2000.00	1600.00 - 1700.00	2000.00 - 2000.00	1500.00 - 1600.00
කෙලවල්ලා	2500.00 - 2600.00	2720.00 - 2720.00	-	3200.00 - 3200.00	3400.00 - 3400.00	-	-	2500.00 - 2600.00	2600.00 - 2800.00
තෝරා	3200.00 - 3300.00	3200.00 - 3200.00	3800.00 - 3800.00	3600.00 - 3600.00	-	3100.00 - 3200.00	-	-	-
පරව්	1500.00 - 1600.00	2800.00 - 2800.00	-	3000.00 - 3000.00	3200.00 - 3200.00	2600.00 - 2700.00	-	-	-
මෝරා	-	-	-	-	-	-	-	-	-
ඉස්සා	1560.00 - 1600.00	1840.00 - 1840.00	2000.00 - 2100.00	1800.00 - 1800.00	2100.00 - 2100.00	2000.00 - 2100.00	1800.00 - 2000.00	1880.00 - 1900.00	1900.00 - 2000.00
කලපත්	2750.00 - 2800.00	3120.00 - 3120.00	2600.00 - 2600.00	3000.00 - 3000.00	3500.00 - 3500.00	3200.00 - 3200.00	2600.00 - 2800.00	2800.00 - 3200.00	2800.00 - 3000.00
<u>මිත්තර (බි/රු.)</u>									
දුඹුරු	-	-	-	-	-	-	65.00 - 65.00	65.00 - 65.00	61.00 - 61.00
පිඳි	-	-	-	60.00 - 60.00	-	-	63.00 - 63.00	62.00 - 63.00	60.00 - 63.00
<u>කරවල</u>									
හාල්මැස්සා	-	-	2800.00 - 2800.00	2800.00 - 2800.00	-	-	-	2400.00 - 2400.00	2400.00 - 2800.00
කට්ටාවා	2600.00 - 3000.00	3200.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3300.00	2500.00 - 3300.00	2900.00 - 2900.00	2300.00 - 2800.00	3300.00 - 3400.00	3400.00 - 3500.00
තෝරා	-	-	-	-	-	-	-	-	-
මෝරා	2600.00 - 3200.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	-	3100.00 - 3200.00	3000.00 - 3100.00	3200.00 - 3300.00
බලයා	2000.00 - 2300.00	2400.00 - 2400.00	2400.00 - 2400.00	2800.00 - 2800.00	2400.00 - 2600.00	-	2100.00 - 2200.00	2400.00 - 2500.00	2600.00 - 2800.00
අගුළුවා	2600.00 - 2600.00	2800.00 - 2800.00	3000.00 - 3000.00	-	-	-	-	-	3000.00 - 3000.00
සාලයා	1200.00 - 1600.00	-	1500.00 - 2000.00	1300.00 - 2000.00	1300.00 - 1400.00	-	1200.00 - 1400.00	1500.00 - 1800.00	1400.00 - 1600.00
<u>මස්</u>									
හරක් මස්	-	2000.00 - 2000.00	2200.00 - 2200.00	-	-	-	2000.00 - 2000.00	-	-
කුකුල් මස් (මොයිලර්)	-	1450.00 - 1450.00	1460.00 - 1460.00	1450.00 - 1450.00	1420.00 - 1420.00	1360.00 - 1360.00	1400.00 - 1400.00	1400.00 - 1400.00	1380.00 - 1380.00
කුකුල් මස් (කට්)	-	1800.00 - 1800.00	1500.00 - 1500.00	1500.00 - 1500.00	1600.00 - 1600.00	-	1500.00 - 1500.00	-	1600.00 - 1600.00
එළ මස්	-	2700.00 - 2700.00	2800.00 - 2800.00	-	2700.00 - 2700.00	2800.00 - 2800.00	2700.00 - 2700.00	2700.00 - 2700.00	3000.00 - 3000.00
උරු මස්	-	1600.00 - 1600.00	1500.00 - 1500.00	-	-	-	-	1300.00 - 1300.00	1200.00 - 1200.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

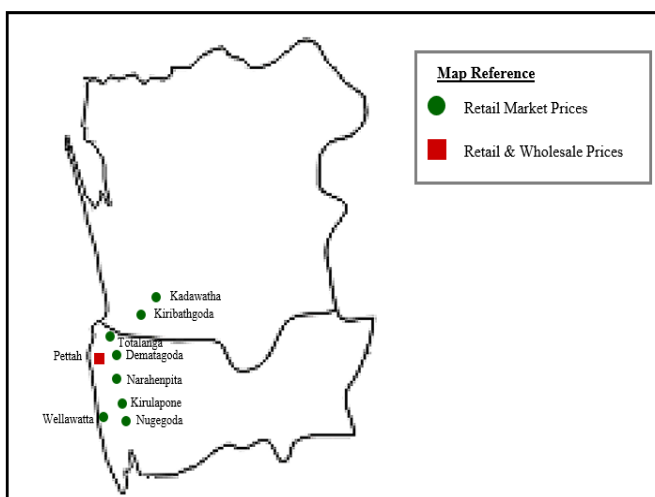
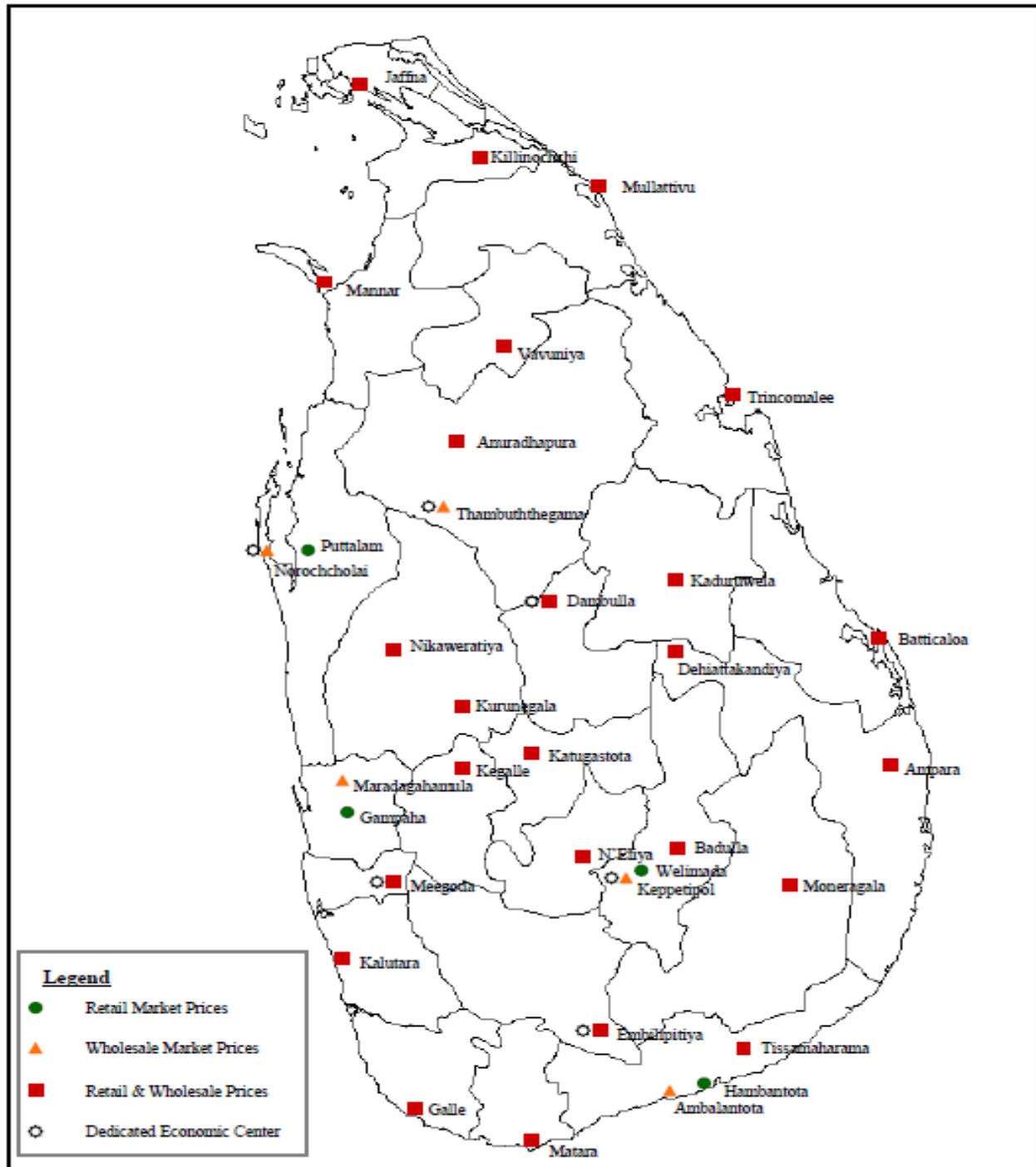
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Koral	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66
Eggs												
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51
Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

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දෛනික චිළවිඳි තොග මිල, ජංගම දුරකථනයෙන්
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