

RETAIL MARKET AT A GLANCE**Summary****Rice**

Retail prices of all local and imported rice varieties have decreased by Rs.3.00-11.00/kg. The price of local nadu grade II decreased by Rs.10.00/kg and prices ranged Rs.220.00-240.00/kg.

(Page No.01)

Other Field Crops

Price of imported dried chilies has decreased by Rs.132.00/kg and the price ranged Rs.1600.00-2000.00/kg. Compared to the same period of last year, price of imported dried chilies has increased by 192%.

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Vegetables

Retail prices of most of vegetables have increased with the highest price increase of Rs.83.00/kg being noted for capsicum.

(Page No.04-05)

Fruits

Retail prices of most fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.100.00/kg was reported for papaw due to limited supply.

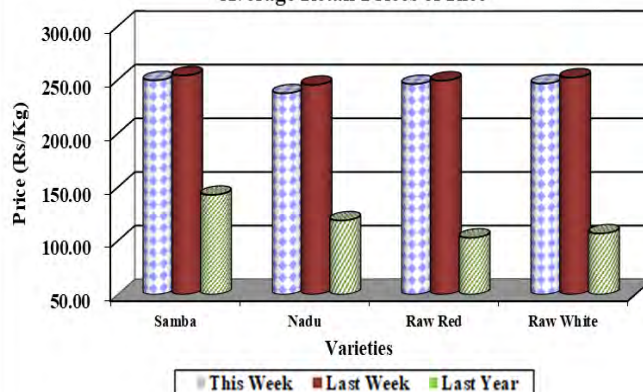
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Fish and Eggs

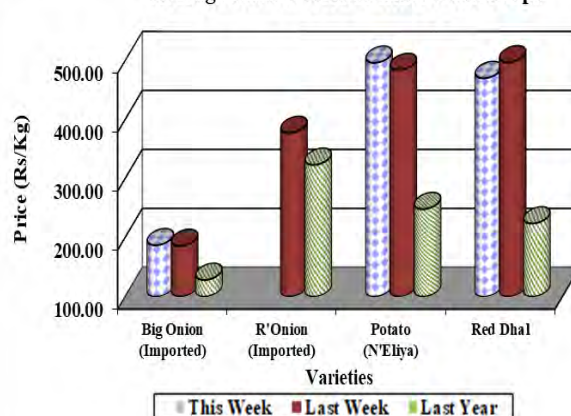
Retail prices of all types of fresh fish have increased with the highest price increase of Rs.174.00/kg being recorded for shrimp. Compared to the same period of last year, prices of both white and brown eggs have increased by 220% and 207% respectively.

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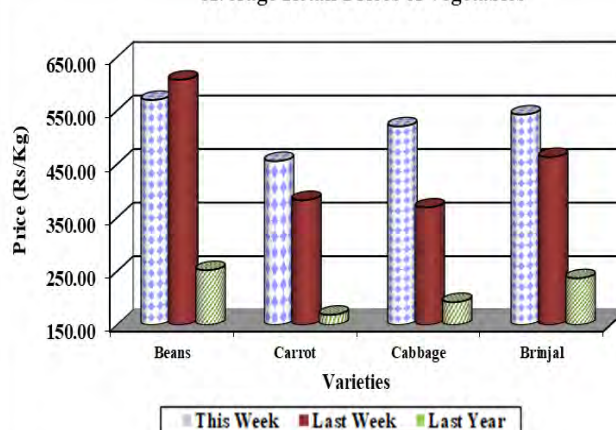
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice Wholesale

All types of local rice varieties were available in the Pettah market with the commencement of *Yala* harvesting. Average prices of grade I samba and nadu were Rs.233.00/kg and Rs.222.00/kg respectively. Average prices of grade II samba and keeri samba were Rs.230.00/kg and Rs.249.00/kg respectively. Price ranges of grade II nadu, raw red and raw white were Rs.210.00-220.00/kg, Rs.215.00-225.00/kg and Rs.205.00-225.00/kg respectively.

Prices of all types of imported rice varieties have decreased further due to increased supply. Prices of both nadu and raw white have decreased by 5% and price of ponni samba has decreased by 4%.

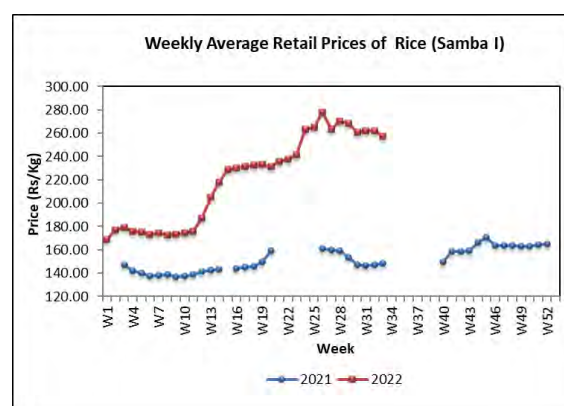
Compared to the same period of last year, prices of all types of local rice varieties except grade I samba and keeri samba have increased in the range of 96%-142% and the highest price increase was reported for raw red.

Retail

Prices of all local varieties have decreased by Rs.3.00-10.00/kg. The highest price decrease of Rs.10.00/kg was reported for

nadu grade II, ranging from Rs.220.00-240.00/kg.

Prices of all imported varieties have decreased by Rs.6.00-Rs.11.00/kg. The highest price decrease was reported for samba by Rs.11.00/kg and the price range was Rs.200.00-220.00/kg. The price ranges for imported raw white and nadu were Rs.190.00-210.00/kg and Rs.200.00-220.00/kg respectively.



Compared to the same period of last year, all local varieties have increased by 74%-139%.

Paddy

The average paddy prices of all major paddy varieties have decreased in most of the major producing areas due to the commencement of 2022 *Yala* season paddy harvesting. Accordingly, the average price of short grain(samba) paddy has decreased by Rs.1.00-6.00/kg in few major producing areas. However, it has increased by Rs.12.00/kg and Rs.3.00/kg respectively in Kurunegala and Dehiattakandiya areas due to high demand. Prices of short grain paddy

ranged Rs.90.00-124.00/kg. Likewise, Rs.1.00-7.00/kg price decrease for keeri samba paddy was reported, and prices ranged Rs.95.00-130.00/kg.

Similarly, the average price of long grain white nadu paddy also decreased by Rs.1.00-4.00/kg. Subsequently, the average price of long grain red (raw red) also decreased by Rs.2.00-9.00/kg in major producing areas in the Southern province and prices ranged Rs.120.00-130.00/kg.

Compared to the same period of last year the average prices of all major paddy varieties have increased more than 100% and the highest price was reported for long grain red in Matara and Hambatota areas.

Meanwhile, the Paddy Marketing Board guaranteed minimum farm gate prices for paddy at Rs.120.00, Rs.125.00 and Rs.130.00/kg respectively for nadu, samba and keeri samba commencing this week.

Dried Chillies

Wholesale

The price of imported dried chillies has increased by 1% due to availability of high-quality stocks and the price ranged between Rs.1450.00-1500.00/kg.

Compared to the same period of last year, wholesale price of imported dried chillies has increased by 191%.

Retail

Price of imported dried chillies has decreased by Rs.132.00/kg and price ranged from Rs.1600.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chillies has increased by 192%.

Onion

Wholesale

The price of vedalan red onion has increased by 3% due to availability of high quality stocks and the price ranged Rs.290.00-380.00/kg. Price of imported big onion has increased by 11% due to decreased supply of Indian stocks and price ranged Rs.135.00-165.00/kg.

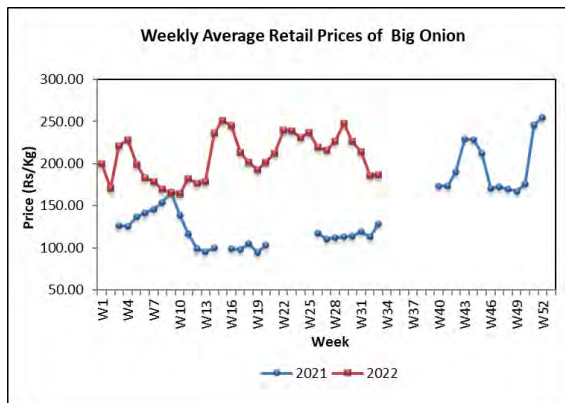
Compared to the same period of last year, prices of imported big onion and vedalan red onion have increased by 51% and 41% respectively.

Retail

Price of Sinan and vedalan have increased by Rs.23.00/kg and Rs.26.00/kg respectively. Price ranges were Rs.300.00-400.00/kg and Rs.450.00-560.00/kg respectively.

Price of imported big onion has not changed considerably and price range was Rs.160.00-210.00/kg.

Weekly Food Commodities Bulletin



Compared to the same period of last year, prices of sinan, vedalan and imported big onion have increased by 30%, 56%, 46% respectively.

Potato

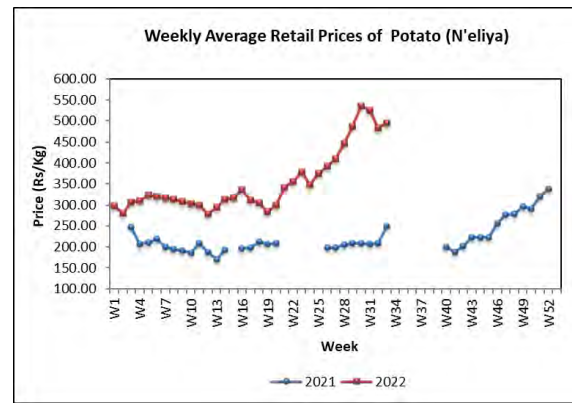
Wholesale

Pieces of both Welimada and Nuwara Eliya potatoes have increased by 2% and the average prices were Rs.333.00/kg and Rs.360.00/kg respectively.

Compared to the same period of last year, prices of Nuwara Eliya and imported potatoes have increased by 80% and 24% respectively.

Retail

Price of Nuwara Eliya potato has increased by Rs.12.00/kg and price ranged from Rs.450.00-520.00/kg. The average prices for both welimada and imported potatoes were Rs.406.00/kg and Rs.221.00/kg.



Compared to the same period of last year, prices of Nuwara Eliya and imported potatoes have increased by 100% and 31% respectively.

Pulses

Wholesale

Prices of green gram and white cowpea have increased further slightly by 4% and 2% respectively due to decreased supply. The average prices for green gram, white cowpea, red cowpea and red dhal were Rs.811.00/kg, Rs.714.00/kg, Rs.663.00/kg and Rs.425.00/kg respectively.

Compared to the same period of last year, prices of red dhal and red cowpea have increased by 105% and 71% respectively.

Retail

Price of green gram, white cowpea and red cowpea have increased by Rs.2.00/kg-Rs.7.00/kg. Price ranges were Rs.900.00-1000.00/kg, Rs.780.00-950.00/kg and Rs.700.00-850.00/kg respectively. Price of

red dhal has decreased by Rs.27.00/kg and price range was Rs.440.00-490.00/kg.

Compared to the same period of last year, prices of green gram, white cowpea and red cowpea have increased by 20%-32% while price of red dhal has increased by 110%.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased supply with rainy weather condition that prevailed.

Considering upcountry vegetable varieties, prices of most of the varieties have increased. The highest price increase was reported for cabbage by 29% due to decreased market supply from Hanguranketa and Puttalam areas. In addition, prices of knolkhol, beetroot and raddish have increased by 10%-16% due to decreased supply of low country Puttalam stocks. Further, prices of carrot and leeks have increased by 14% and 6% respectively due to decreased market supply from Nuwara Eliya, Welimada and Thalawakele areas. However, price of beans has decreased by 21% due to increased market supply from Welimada area.

Supplies of low country vegetables also decreased, hence, prices of most of the

vegetable varieties have increased. Prices of brinjal, luffa, ash plantain, and snake gourd have increased by 16%, 13%, 8%, and 5% respectively due to decreased market supply from Embilipitiya and Sooriyawewa areas. Further, the price of drumstick has increased by 19% due to high quality stocks received from Jaffna and Mannar areas. However, prices of pumpkin and cucumber have decreased by 8% and 4% respectively due to increased market supply from Nikaweratiya and Kurunegala producing areas.

Meanwhile, the price of green chilies has increased by 21% due to decreased market supply from Puttalam areas. However, price of lime has decreased by 9% due to increased market supply from Monaragala area.

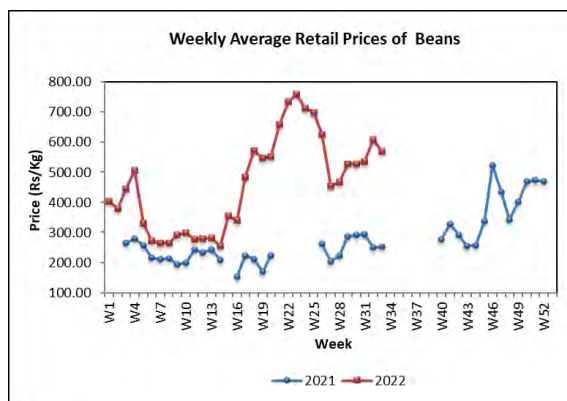
Compared to the same period of last year, wholesale prices of most of the varieties have increased with the highest price increase of 262% noted for tomato.

Retail

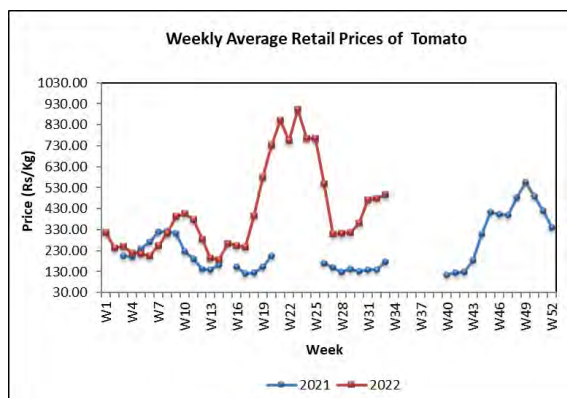
In line with the increased wholesale prices, retail prices of most of the varieties have increased.

Considering up country varieties, the highest price increase of Rs.73.00/kg was reported for carrot followed by leeks

(Rs.48.00/kg). Further, the prices of beetroot, nokhol and raddish have increased by Rs.18.00-25.00/kg. However, price of beans has decreased by Rs.38.00/kg.



Prices of capsicum and tomato have increased by Rs.83.00/kg and Rs.17.00/kg respectively.



Considering low country varieties, the highest price increase of Rs.79.00/kg was reported for brinjal. Prices of luffa, bitter gourd and snake gourd have increased in the range of Rs.53.00-79.00/kg. However, prices of both pumpkin and cucumber have decreased by Rs.6.00/kg.

Prices of green chilies has increased by Rs.32.00/kg and price of lime has

decreased by Rs.8.00/kg due to decreased wholesale price.

Compared to the same period of last year, prices of all varieties have increased and the highest price increase of 211% was reported for capsicum.

Coconut

Wholesales

Prices of both large and small nuts have increased by 6% and 5% respectively. Prices ranged between Rs.80.00-82.00 and Rs.68.00-72.00 for large and small nuts respectively.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 14% and 10% respectively.

Retail

Prices of large and small nuts have not changed significantly. Price ranges were Rs.90.00-110.00/nut for a large nut and RS.75.00-85.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 16% and 14% respectively.

Fruits

Wholesale

Prices of most fruits have increased mainly due to limited supply, resulting in low production. The highest price increase of 66% was reported for papaw with limited

supply and high cost in production. Similarly, prices of all sizes of pineapple have increased in the range of 12%-18% due to limited supply in the off-season. The prices of all banana varieties have increased in the range of 2%-12% due to limited stocks received. The prices of passion fruit and wood apple have increased by 9% and king coconut by 5% due to increased demand in dry weather. Further, the prices of all mango varieties have increased by 2-4% due to limited supply at the tail end of the harvesting season.

However, the prices of orange, avocado, and slime apple have decreased by 9%, 8% and, 3% respectively due to increased supply.

Compared to the same period of last year, prices of most fruits have increased with the highest price increase of 308% for small-sized pineapples.

Retail

Retail prices of most fruits have increased in line with the increased wholesale prices. The highest price increase of Rs.100.00/kg was reported for papaw due to limited supply. The prices of all sizes of pineapple have increased in the range of Rs.38.00-48.00/fruit due to insufficient stocks. Further, the prices of, karthakolomban and vilad mango have increased by Rs.38.00 and Rs.9.00/fruit respectively. Prices of

banana varieties ambul, kolikuttu and seeni have increased in the range of Rs.3.00-33.00/kg.

Meanwhile, prices of orange and wood apples have decreased by Rs.6.00/fruit due to increased supply in the harvesting season.

Compared to the same period of last year, price of most of the fruits have increased and the highest price increase of 233% was reported for imported grapes.

Fresh Fish

Wholesale

Prices of all fresh fish types have increased due to low supply. The highest price increase of 22% was noted for balaya due to low supply from Southern areas and the price ranged Rs.1000.00-1300.00/kg. Prices of thalapath and kelawlla have increased by 18% due to low supply from Negombo, Beruwala and Walachchenai areas. The price increase of 14% was noted for salaya and hurulla due to low supply from Trincomalee, Mannar, Kalpitiya and Mullaitivu areas.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 64%-373% and the highest price increase was noted for salaya.

Retail

Retail prices of all types of fresh fish have increased in line with the increased wholesale prices. The highest price increase was reported for shrimp by Rs.174.00/kg. Prices of the rest have also increased in the range of Rs.22.00-78.00/kg and only few types were available in every retail market.



Compared to the same period of last year prices of all types of fresh fish have increased in the range of 79%-207% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local dried fish types have decreased. The highest price decrease of 11% was noted for local balaya due to increased supply from Negombo and Beruwala areas and the price ranged Rs.1550.00-1700.00/kg. Likewise, the

price decrease of 4% was noted for local mora due to increased supply from Negombo area.

Further, wholesale prices of most of the imported dried fish types have increased due to limited supply.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 58%-220% and the highest price increase was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except imported sprats have also decreased in the range of Rs.43.00-165.00/kg due to low demand with the extraordinary price increase. The highest price decrease was reported for balaya.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 71%-160% with the highest price increase reported for local salaya.

Eggs

Wholesale

Prices of brown and white eggs have increased by 5% and prices ranged between Rs.59.00-62.50 and Rs.56.00-61.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 200% and 220% respectively.

Retail

Retail prices of both white and brown eggs have increased by Rs.5.00 and Rs.3.00 respectively in line with increased wholesale prices due to increased cost of production. The price range of a white egg was Rs.57.00-65.00 and Rs.6.00-66.00 for a brown egg.

Compared to the same period of last year, prices of both white and brown eggs have increased by 220% and 207% respectively.

Meat

Retail

Prices of all types of meat except mutton have increased in the range of Rs.15.00-33.00/kg due to limited supply. The highest price increase of Rs.33.00/kg was reported for skin-less curry chicken due to insufficient stocks with the increased price of eggs.

However, the price of mutton has further decreased by Rs.57.00/kg due to low demand.

Compared to the same period of last year, prices of all types of meat have increased in the range of 31%-105%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 33: 12 - 18 August 2022

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	11500	11750	11500	11500	12250	12750	11000	11250	10500	11000	10750	11250	10250	11250
	Divulapitiya	11500	12000	10500	11500	12700	12800	11000	11500	10500	11000	11000	11700	10000	10800
	Kurunegala	11250	11500			12750	12900			10750	10750			10000	10400
	Nikaweratiya			11000	11350	12900	12900			10450	10600	11500	12000	10000	10450
	Badulla									10500	10750	10250	10500	10250	10500
	Puttalam			11000	11250	12250	12600			10400	10600			10400	10650
	Dambulla	11900	12000	11250	11400	12500	12750	11200	11250	10900	10950	11750	11800	10750	10800
	Anuradhapura			11250	11500	12750	13000			10750	11000	11000	11250	10350	10500
	Tambuttegama			11150	11500	12750	13000			10500	10800			10000	10600
	Polonnaruwa	11300	11350			12800	12850			10800	10850	10800	10850	10850	10850
	Kalutara			11000	11000	12500	12750			10750	10900	11000	11250	10250	10500
	Ampara	12250	12400			12750	12900					10500	10750	10250	10500
	Kandy	11500	12000	11000	11250	12500	12750	11000	11400	10500	10750	10500	11000	10500	11000
	Moneragala			11400	11500	12750	13250					10250	10250	10250	10250
	Kegalle														
	Dehiattakandiya														
	Hambantota			11500	11750	12500	12500					10250	10250	10250	10350
	Matara			11500	11600	12650	12750					10350	10750	10400	10500
	Galle														
	Meegoda			11250	11500	12750	12900			10750	11000	10500	10750	10250	10500
	Tissamaharama											10150	10400	10250	10400
	Embilipitiya			11000	11200	12750	12800			10650	10700	9950	10000	10200	10300
	Jaffna					12500	12900								
	Vavuniya					12500	12500								
	Mannar			11400	11500	12650	12750			11400	11500	11650	11750		
	Killinochchi			11000	11250	12250	12500			10500	10750	10500	10750		
	Mullattivu			11750	12000	12250	12500	11000	11500			11000	11250		
	Batticaloa			11400	11800	12600	12750			11100	11250	11200	11250		
	Trincomalee					13250	13300			10500	10800	10300	10800	10300	10800
	Galenbindunuwewa			11250	11750	12750	13000	11250	11250	10900	10900	10750	11750	10000	10500
Matale															

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 33: 12 - 18 August 2022

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	250.00 –	270.00	230.00 –	250.00	260.00 –	280.00	230.00 –	260.00	220.00 –	240.00	230.00 –	260.00	230.00 –	260.00
	Gampaha	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		–		–	
	Kurunegala	230.00 –	230.00	–		260.00 –	260.00	–		220.00 –	220.00	–		210.00 –	210.00
	Nikaweratiya	–		230.00 –	235.00	260.00 –	270.00	–		220.00 –	220.00	225.00 –	225.00	210.00 –	220.00
	Dambulla	240.00 –	245.00	230.00 –	232.00	260.00 –	260.00	226.00 –	230.00	220.00 –	225.00	240.00 –	245.00	220.00 –	225.00
	Anuradhapura	–		230.00 –	230.00	260.00 –	270.00	–		220.00 –	220.00	220.00 –	230.00	210.00 –	210.00
	Thambuththegama	245.00 –	245.00	230.00 –	240.00	270.00 –	280.00	235.00 –	235.00	220.00 –	230.00	–		215.00 –	220.00
	Polonnaruwa	230.00 –	230.00	–		260.00 –	260.00	220.00 –	220.00	–		220.00 –	220.00	220.00 –	220.00
	Kaluthara	–		235.00 –	240.00	270.00 –	278.00	–		220.00 –	225.00	230.00 –	235.00	220.00 –	225.00
	Badulla	–		–		260.00 –	270.00	–		220.00 –	225.00	210.00 –	225.00	210.00 –	225.00
	Keppetipola	–		230.00 –	235.00	260.00 –	270.00	230.00 –	236.00	225.00 –	230.00	212.00 –	216.00	214.00 –	216.00
	Moneragala	–		230.00 –	235.00	260.00 –	270.00	–		–		210.00 –	215.00	210.00 –	215.00
	Kegalle	230.00 –	230.00	–		260.00 –	260.00	–		220.00 –	225.00	220.00 –	220.00	210.00 –	220.00
	Ampara	250.00 –	250.00	225.00 –	230.00	260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	210.00 –	220.00	210.00 –	220.00
	Dehiattakandiya	–		–		260.00 –	270.00	–		–		–		225.00 –	230.00
	Nuwaraeliya	240.00 –	245.00	235.00 –	238.00	260.00 –	270.00	235.00 –	243.00	225.00 –	234.00	215.00 –	220.00	215.00 –	218.00
	Kandy	250.00 –	260.00	235.00 –	240.00	270.00 –	275.00	240.00 –	245.00	225.00 –	230.00	245.00 –	250.00	230.00 –	240.00
	Puttalam	230.00 –	235.00	–		255.00 –	260.00	220.00 –	225.00	–		–		210.00 –	225.00
	Hambantota	–		240.00 –	240.00	260.00 –	260.00	–		220.00 –	230.00	210.00 –	210.00	210.00 –	210.00
	Rathnapura	230.00 –	240.00	–		–		220.00 –	230.00	–		220.00 –	225.00	210.00 –	230.00
	Matara	–		235.00 –	240.00	260.00 –	265.00	–		220.00 –	230.00	210.00 –	220.00	210.00 –	215.00
	Galle	–		–		–		–		–		–		–	
	Tissamaharama	–		–		250.00 –	260.00	–		220.00 –	220.00	205.00 –	210.00	208.00 –	210.00
	Meegoda (DEC)	–		230.00 –	235.00	260.00 –	260.00	–		220.00 –	230.00	210.00 –	220.00	210.00 –	220.00
	Embilipitiya	–		225.00 –	240.00	255.00 –	260.00	–		220.00 –	230.00	210.00 –	220.00	215.00 –	230.00
	Jaffna	–		220.00 –	230.00	260.00 –	270.00	260.00 –	260.00	–		260.00 –	260.00	–	
	Vavuniya	–		220.00 –	225.00	260.00 –	260.00	–		–		–		–	
	Mannar	–		235.00 –	240.00	260.00 –	260.00	–		235.00 –	240.00	240.00 –	245.00	–	
	Killinochchi	–		230.00 –	240.00	255.00 –	265.00	–		220.00 –	230.00	220.00 –	230.00	–	
	Mullaittivu	–		245.00 –	250.00	255.00 –	260.00	–		230.00 –	240.00	225.00 –	230.00	–	
Batticaloa	–		240.00 –	245.00	260.00 –	260.00	–		230.00 –	235.00	225.00 –	230.00	–		
Trincomalee	–		–		260.00 –	280.00	220.00 –	230.00	–		210.00 –	220.00	220.00 –	225.00	
Hanguranketha	245.00 –	250.00	235.00 –	240.00	260.00 –	270.00	224.00 –	240.00	220.00 –	225.00	225.00 –	235.00	215.00 –	230.00	
Veyangoda	–		230.00 –	230.00	260.00 –	270.00	–		220.00 –	230.00	240.00 –	240.00	210.00 –	220.00	
Galenbindunuwewa	–		230.00 –	240.00	260.00 –	265.00	220.00 –	230.00	–		220.00 –	240.00	210.00 –	220.00	
Bandarawela	–		230.00 –	240.00	260.00 –	270.00	–		230.00 –	240.00	210.00 –	230.00	220.00 –	230.00	
Matale	–		–		–		–		–		–		–		

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 33: 12 - 18 August 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	72500 - 75000	-	14500 - 19000	6750 - 8250	8000 - 12500	16250 - 17000	17500 - 18500	39000 - 42500	34500 - 36500	21000 - 21500
Kurunegala	75000 - 75000	17500 - 19000	-	7250 - 8000	-	-	-	-	-	21500 - 22000
Nikaweratiya	70000 - 72500	14500 - 16000	-	7250 - 8250	8500 - 9000	-	-	38000 - 42500	23500 - 23500	21000 - 21500
Dehiattakandiya	77500 - 82500	14000 - 17000	-	8000 - 9000	8750 - 9250	-	-	37500 - 38500	-	21750 - 22000
Dambulla (DEC)	70000 - 71500	-	14000 - 15000	7500 - 7750	8000 - 8250	14500 - 15000	-	32500 - 35000	27500 - 30000	22000 - 22250
Anuradhapura	80000 - 82500	-	17500 - 18000	8000 - 9000	8750 - 10000	-	-	42500 - 45000	33000 - 36000	22000 - 23500
Thambuththegama	72000 - 74000	-	16500 - 19000	7500 - 8250	8350 - 8500	-	16000 - 17000	38000 - 40000	30000 - 33000	21250 - 22000
Polonnaruwa	82500 - 83000	-	18500 - 18500	-	10000 - 10250	-	20000 - 20250	42500 - 43000	38500 - 39000	25000 - 25250
Kaluthara	72750 - 73000	-	-	7650 - 7750	8750 - 8900	16500 - 16750	18250 - 18500	40000 - 40500	36000 - 37000	21250 - 21500
Puttalam	71000 - 72500	-	16000 - 19000	8500 - 8700	9000 - 10000	-	19250 - 20000	40500 - 42000	34500 - 36000	21500 - 23000
Kandy	75000 - 77500	-	16250 - 17500	7500 - 7750	8000 - 8750	16500 - 17000	17500 - 18000	41250 - 42000	36500 - 37500	21500 - 22000
Matara	82500 - 84000	16000 - 16250	17000 - 17750	7500 - 7750	9500 - 10000	-	18500 - 18750	40000 - 45000	-	21500 - 22500
Hambantota	80000 - 80000	-	16000 - 16500	8000 - 8250	9250 - 9750	-	18000 - 18500	35000 - 37500	-	22000 - 22500
Kegalle	77500 - 77650	-	15950 - 16000	7500 - 7600	8500 - 8600	-	18000 - 18500	40500 - 41000	38000 - 38000	21500 - 21750
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	80000 - 85000	19000 - 19000	17500 - 19000	7750 - 8500	9500 - 10500	-	-	40000 - 40000	-	22000 - 23000
Meegoda (DEC)	72500 - 74000	-	16500 - 20000	8000 - 8250	8500 - 8750	-	18000 - 19000	39500 - 45000	35000 - 36000	21250 - 21750
Jaffna	77500 - 82500	-	14000 - 15000	7500 - 8000	8250 - 9000	-	-	36500 - 39000	-	21000 - 22500
Vavuniya	85000 - 87500	-	-	7750 - 7750	10000 - 10500	-	-	-	-	-
Mannar	75000 - 77500	15000 - 15000	-	8250 - 8500	9500 - 9750	-	-	40000 - 41000	-	22750 - 23000
Killinochchi	77500 - 79000	-	-	8000 - 8500	9000 - 10000	-	-	40000 - 42000	-	24000 - 25000
Mullattivu	82500 - 85000	-	-	9000 - 9000	10000 - 11000	-	-	40000 - 42500	-	27000 - 27500
Batticaloa	80000 - 81500	16500 - 19000	-	9000 - 9000	11000 - 11250	-	-	41500 - 42500	-	24750 - 25000
Trincomalee	80000 - 81000	-	14000 - 15000	7500 - 7800	10000 - 10800	-	-	43500 - 44500	31500 - 33000	23000 - 24000
Galenbindunuwewa	75000 - 77500	-	-	7000 - 7500	9000 - 9500	-	-	38000 - 39000	31500 - 33000	22000 - 23000
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 33: 12 - 18 August 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1600.00 – 2000.00	–	450.00 – 560.00	160.00 – 210.00	190.00 – 240.00	400.00 – 450.00	450.00 – 520.00	900.00 – 1000.00	780.00 – 950.00	440.00 – 490.00
Gampaha	1700.00 – 1800.00	–	480.00 – 480.00	180.00 – 220.00	220.00 – 260.00	–	520.00 – 520.00	920.00 – 980.00	800.00 – 840.00	450.00 – 485.00
Kuruncgala	1600.00 – 1760.00	380.00 – 400.00	–	200.00 – 220.00	220.00 – 240.00	–	440.00 – 500.00	900.00 – 1000.00	800.00 – 900.00	480.00 – 500.00
Nikaweratiya	1650.00 – 1800.00	360.00 – 360.00	–	170.00 – 190.00	190.00 – 220.00	440.00 – 440.00	–	880.00 – 900.00	–	450.00 – 460.00
Dambulla	1500.00 – 1600.00	–	400.00 – 420.00	180.00 – 200.00	180.00 – 200.00	–	–	800.00 – 900.00	750.00 – 850.00	450.00 – 460.00
Anuradhapura	1600.00 – 1800.00	–	400.00 – 480.00	160.00 – 200.00	200.00 – 240.00	–	–	950.00 – 1000.00	700.00 – 800.00	460.00 – 500.00
Thambuththegama	1550.00 – 1650.00	–	440.00 – 480.00	170.00 – 200.00	190.00 – 215.00	400.00 – 420.00	–	800.00 – 900.00	650.00 – 800.00	465.00 – 480.00
Polonnaruwa	1680.00 – 1700.00	380.00 – 400.00	440.00 – 450.00	180.00 – 190.00	210.00 – 220.00	420.00 – 420.00	–	860.00 – 900.00	800.00 – 800.00	510.00 – 520.00
Kaluthara	1600.00 – 1650.00	–	410.00 – 430.00	165.00 – 175.00	190.00 – 210.00	440.00 – 445.00	475.00 – 480.00	900.00 – 950.00	800.00 – 850.00	475.00 – 480.00
Badulla	1600.00 – 1700.00	360.00 – 400.00	400.00 – 400.00	180.00 – 200.00	220.00 – 230.00	440.00 – 480.00	–	800.00 – 900.00	800.00 – 800.00	480.00 – 500.00
Keppetipola	1600.00 – 1700.00	350.00 – 360.00	380.00 – 420.00	200.00 – 220.00	230.00 – 250.00	360.00 – 380.00	–	960.00 – 980.00	780.00 – 820.00	480.00 – 520.00
Moneragala	1600.00 – 1700.00	380.00 – 400.00	–	160.00 – 190.00	190.00 – 200.00	400.00 – 400.00	480.00 – 480.00	900.00 – 950.00	600.00 – 650.00	440.00 – 480.00
Kegalle	1550.00 – 1600.00	360.00 – 380.00	–	180.00 – 200.00	210.00 – 220.00	430.00 – 440.00	–	800.00 – 830.00	760.00 – 780.00	450.00 – 460.00
Ampara	1625.00 – 1800.00	360.00 – 360.00	380.00 – 400.00	190.00 – 200.00	240.00 – 260.00	–	480.00 – 480.00	900.00 – 950.00	700.00 – 700.00	460.00 – 540.00
Dehiattakandiya	1700.00 – 1800.00	360.00 – 360.00	480.00 – 520.00	170.00 – 200.00	190.00 – 200.00	–	–	780.00 – 800.00	–	450.00 – 460.00
Nuwaraeliya	1600.00 – 1700.00	350.00 – 360.00	380.00 – 400.00	200.00 – 230.00	230.00 – 250.00	–	440.00 – 450.00	950.00 – 980.00	760.00 – 800.00	460.00 – 480.00
Kandy	1700.00 – 1750.00	–	460.00 – 500.00	190.00 – 200.00	220.00 – 240.00	500.00 – 520.00	560.00 – 580.00	880.00 – 900.00	780.00 – 800.00	480.00 – 500.00
Puttalam	1500.00 – 1580.00	–	400.00 – 440.00	180.00 – 210.00	220.00 – 260.00	–	440.00 – 480.00	850.00 – 900.00	740.00 – 760.00	440.00 – 480.00
Rathnapura	1600.00 – 1800.00	360.00 – 400.00	–	180.00 – 180.00	190.00 – 200.00	–	–	860.00 – 950.00	650.00 – 700.00	460.00 – 480.00
Hambantota	1700.00 – 1750.00	360.00 – 380.00	400.00 – 400.00	175.00 – 180.00	235.00 – 240.00	400.00 – 420.00	–	850.00 – 950.00	–	460.00 – 480.00
Matara	1700.00 – 1800.00	360.00 – 400.00	380.00 – 420.00	160.00 – 180.00	220.00 – 240.00	–	440.00 – 480.00	850.00 – 950.00	800.00 – 850.00	460.00 – 500.00
Galle	–	–	–	–	–	–	–	–	–	–
Tissamaharama	1650.00 – 1750.00	400.00 – 400.00	380.00 – 400.00	170.00 – 190.00	210.00 – 240.00	–	–	850.00 – 850.00	–	460.00 – 480.00
Meegoda (DEC)	1520.00 – 1600.00	–	400.00 – 440.00	180.00 – 180.00	200.00 – 220.00	480.00 – 480.00	500.00 – 500.00	880.00 – 960.00	780.00 – 800.00	450.00 – 500.00
Embilipitiya	1550.00 – 1700.00	300.00 – 350.00	380.00 – 440.00	165.00 – 200.00	220.00 – 260.00	400.00 – 440.00	–	800.00 – 840.00	660.00 – 720.00	460.00 – 500.00
Jaffna	1580.00 – 1700.00	–	300.00 – 350.00	170.00 – 180.00	190.00 – 200.00	–	–	800.00 – 820.00	–	450.00 – 480.00
Vavuniya	1700.00 – 1850.00	–	380.00 – 400.00	180.00 – 200.00	240.00 – 240.00	–	–	800.00 – 850.00	–	480.00 – 500.00
Mannar	1600.00 – 1700.00	–	400.00 – 420.00	180.00 – 180.00	200.00 – 210.00	–	–	850.00 – 900.00	–	480.00 – 500.00
Killinochchi	1600.00 – 1650.00	–	–	180.00 – 200.00	220.00 – 240.00	–	–	850.00 – 900.00	–	520.00 – 530.00
Mullaittivu	1700.00 – 1750.00	–	–	–	220.00 – 240.00	–	–	850.00 – 900.00	–	550.00 – 560.00
Batticaloa	1650.00 – 1700.00	380.00 – 400.00	–	200.00 – 220.00	220.00 – 240.00	–	–	850.00 – 880.00	–	510.00 – 530.00
Trincomalee	1600.00 – 1750.00	–	300.00 – 340.00	160.00 – 170.00	210.00 – 230.00	–	–	880.00 – 920.00	640.00 – 700.00	480.00 – 520.00
Hanguranketha	1600.00 – 1800.00	360.00 – 400.00	420.00 – 450.00	180.00 – 200.00	200.00 – 230.00	420.00 – 420.00	450.00 – 450.00	780.00 – 820.00	760.00 – 800.00	440.00 – 450.00
Veyangoda	1600.00 – 1700.00	–	400.00 – 440.00	160.00 – 180.00	190.00 – 200.00	400.00 – 400.00	440.00 – 480.00	920.00 – 960.00	780.00 – 800.00	455.00 – 480.00
Galenbindunuwewa	1600.00 – 1620.00	–	–	160.00 – 170.00	190.00 – 200.00	–	–	780.00 – 800.00	650.00 – 680.00	460.00 – 480.00
Bandarawela	1650.00 – 1700.00	360.00 – 400.00	–	160.00 – 180.00	200.00 – 220.00	400.00 – 440.00	–	900.00 – 950.00	750.00 – 800.00	450.00 – 480.00
Matale	–	–	–	–	–	–	–	–	–	–

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 33: 12 - 18 August 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	400.00 - 450.00	200.00 - 320.00	140.00 - 200.00	100.00 - 180.00	100.00 - 160.00
Meegoda (DEC)	-	280.00 - 320.00	330.00 - 360.00	220.00 - 240.00	110.00 - 140.00	180.00 - 220.00
Dambulla (DEC)	-	320.00 - 350.00	280.00 - 300.00	170.00 - 210.00	100.00 - 120.00	155.00 - 170.00
Keppetipola (DEC)	-	250.00 - 300.00	240.00 - 280.00	160.00 - 170.00	150.00 - 160.00	130.00 - 150.00
Norochchole (DEC)	-	-	-	-	70.00 - 90.00	-
Nuwara Eliya	-	280.00 - 320.00	285.00 - 300.00	170.00 - 180.00	120.00 - 125.00	120.00 - 130.00
Kandy	-	430.00 - 450.00	290.00 - 300.00	180.00 - 200.00	90.00 - 100.00	150.00 - 170.00
Hambantota	-	350.00 - 400.00	380.00 - 400.00	200.00 - 220.00	160.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	-	460.00 - 500.00	320.00 - 340.00	200.00 - 220.00	90.00 - 120.00	150.00 - 180.00
Jaffna	-	530.00 - 600.00	300.00 - 320.00	200.00 - 220.00	100.00 - 120.00	-
Bandarawela	-	250.00 - 300.00	260.00 - 280.00	150.00 - 170.00	150.00 - 160.00	150.00 - 160.00
Veyangoda	-	300.00 - 350.00	320.00 - 350.00	180.00 - 200.00	110.00 - 130.00	160.00 - 190.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	80.00 - 100.00	200.00 - 400.00	300.00 - 350.00	140.00 - 200.00	350.00 - 400.00	550.00 - 700.00
Meegoda (DEC)	100.00 - 120.00	400.00 - 460.00	350.00 - 370.00	160.00 - 180.00	420.00 - 500.00	680.00 - 750.00
Moneragala	100.00 - 120.00	380.00 - 400.00	360.00 - 400.00	240.00 - 260.00	350.00 - 400.00	700.00 - 720.00
Dambulla (DEC)	90.00 - 110.00	300.00 - 350.00	300.00 - 320.00	120.00 - 130.00	350.00 - 400.00	600.00 - 630.00
Keppetipola (DEC)	50.00 - 60.00	350.00 - 370.00	300.00 - 320.00	120.00 - 130.00	300.00 - 330.00	650.00 - 700.00
Norochchole (DEC)	100.00 - 140.00	-	-	100.00 - 140.00	340.00 - 440.00	600.00 - 750.00
Nuwara Eliya	60.00 - 70.00	360.00 - 380.00	290.00 - 300.00	125.00 - 140.00	320.00 - 330.00	620.00 - 640.00
Kandy	80.00 - 90.00	280.00 - 330.00	360.00 - 380.00	110.00 - 130.00	350.00 - 400.00	700.00 - 720.00
Hambantota	100.00 - 120.00	350.00 - 400.00	350.00 - 380.00	150.00 - 170.00	280.00 - 350.00	630.00 - 680.00
Thambuththegama (DEC)	70.00 - 100.00	370.00 - 400.00	280.00 - 320.00	70.00 - 100.00	390.00 - 450.00	600.00 - 650.00
Tissamaharama	100.00 - 130.00	430.00 - 450.00	380.00 - 420.00	150.00 - 180.00	300.00 - 350.00	500.00 - 700.00
Jaffna	90.00 - 110.00	300.00 - 320.00	340.00 - 365.00	80.00 - 90.00	300.00 - 350.00	530.00 - 600.00
Bandarawela	40.00 - 50.00	300.00 - 350.00	320.00 - 350.00	-	350.00 - 380.00	650.00 - 700.00
Veyangoda	90.00 - 120.00	380.00 - 430.00	320.00 - 350.00	150.00 - 180.00	420.00 - 450.00	650.00 - 700.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	100.00 - 130.00	80.00 - 100.00	280.00 - 320.00	260.00 - 300.00	300.00 - 350.00	180.00 - 250.00
Meegoda (DEC)	130.00 - 150.00	90.00 - 110.00	360.00 - 400.00	300.00 - 300.00	370.00 - 380.00	200.00 - 230.00
Moneragala	150.00 - 180.00	130.00 - 140.00	360.00 - 380.00	320.00 - 340.00	250.00 - 260.00	230.00 - 250.00
Dambulla (DEC)	110.00 - 140.00	80.00 - 90.00	300.00 - 350.00	180.00 - 220.00	280.00 - 300.00	170.00 - 180.00
Keppetipola (DEC)	120.00 - 130.00	120.00 - 130.00	310.00 - 320.00	210.00 - 220.00	290.00 - 300.00	200.00 - 210.00
Norochchole (DEC)	170.00 - 200.00	60.00 - 70.00	250.00 - 270.00	150.00 - 170.00	240.00 - 250.00	100.00 - 120.00
Nuwara Eliya	130.00 - 140.00	120.00 - 130.00	320.00 - 330.00	220.00 - 240.00	300.00 - 320.00	200.00 - 220.00
Kandy	120.00 - 130.00	90.00 - 100.00	300.00 - 330.00	220.00 - 230.00	280.00 - 320.00	220.00 - 240.00
Hambantota	100.00 - 130.00	80.00 - 120.00	300.00 - 360.00	-	100.00 - 190.00	250.00 - 300.00
Thambuththegama (DEC)	90.00 - 120.00	70.00 - 100.00	280.00 - 320.00	150.00 - 180.00	-	160.00 - 200.00
Tissamaharama	130.00 - 150.00	80.00 - 100.00	350.00 - 380.00	240.00 - 280.00	100.00 - 120.00	180.00 - 200.00
Jaffna	80.00 - 100.00	-	250.00 - 320.00	70.00 - 100.00	310.00 - 400.00	-
Bandarawela	110.00 - 140.00	100.00 - 120.00	-	-	-	-
Veyangoda	130.00 - 150.00	100.00 - 115.00	360.00 - 400.00	240.00 - 270.00	300.00 - 380.00	230.00 - 250.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	220.00 - 260.00	100.00 - 150.00	350.00 - 430.00	130.00 - 150.00	150.00 - 170.00	70.00 - 100.00
Meegoda (DEC)	240.00 - 260.00	140.00 - 160.00	470.00 - 500.00	180.00 - 200.00	140.00 - 150.00	120.00 - 120.00
Moneragala	260.00 - 280.00	70.00 - 80.00	550.00 - 650.00	80.00 - 90.00	150.00 - 160.00	-
Dambulla (DEC)	200.00 - 220.00	120.00 - 130.00	400.00 - 450.00	150.00 - 180.00	110.00 - 130.00	70.00 - 80.00
Keppetipola (DEC)	220.00 - 230.00	120.00 - 130.00	500.00 - 540.00	125.00 - 140.00	140.00 - 150.00	80.00 - 90.00
Norochchole (DEC)	180.00 - 210.00	75.00 - 85.00	420.00 - 470.00	120.00 - 150.00	130.00 - 140.00	130.00 - 150.00
Nuwara Eliya	230.00 - 240.00	130.00 - 140.00	480.00 - 520.00	130.00 - 140.00	140.00 - 150.00	80.00 - 90.00
Kandy	240.00 - 260.00	120.00 - 140.00	480.00 - 500.00	130.00 - 150.00	120.00 - 140.00	75.00 - 80.00
Hambantota	250.00 - 280.00	50.00 - 80.00	450.00 - 550.00	150.00 - 200.00	120.00 - 150.00	50.00 - 80.00
Thambuththegama (DEC)	160.00 - 200.00	80.00 - 110.00	400.00 - 450.00	80.00 - 100.00	120.00 - 140.00	60.00 - 80.00
Tissamaharama	160.00 - 180.00	70.00 - 90.00	500.00 - 550.00	70.00 - 100.00	130.00 - 150.00	55.00 - 60.00
Jaffna	150.00 - 170.00	110.00 - 130.00	400.00 - 430.00	170.00 - 200.00	170.00 - 180.00	-
Bandarawela	-	-	450.00 - 500.00	-	110.00 - 130.00	70.00 - 80.00
Veyangoda	220.00 - 250.00	130.00 - 140.00	450.00 - 500.00	160.00 - 180.00	140.00 - 160.00	100.00 - 120.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	38.00 - 40.00	38.00 - 40.00	160.00 - 170.00	80.00 - 82.00	68.00 - 72.00
Meegoda (DEC)	-	-	-	83.00 - 85.00	78.00 - 80.00
Norochchole (DEC)	50.00 - 60.00	40.00 - 50.00	30.00 - 30.00	68.00 - 72.00	60.00 - 65.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	25.00 - 30.00	60.00 - 62.00	52.00 - 53.00
Kandy	40.00 - 45.00	45.00 - 50.00	150.00 - 160.00	75.00 - 78.00	60.00 - 65.00
Hambantota	40.00 - 50.00	35.00 - 45.00	50.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	52.00 - 58.00	45.00 - 50.00
Tissamaharama	32.00 - 35.00	30.00 - 35.00	35.00 - 40.00	75.00 - 85.00	50.00 - 55.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 70.00	55.00 - 62.00
Tissamaharama	32.00 - 35.00	30.00 - 35.00	35.00 - 40.00	75.00 - 85.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 51.00	70.00 - 80.00	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 33: 12 - 18 August 2022

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Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	200.00 - 360.00	420.00 - 600.00	720.00 - 1200.00	160.00 - 320.00	140.00 - 240.00	360.00 - 600.00	360.00 - 600.00	400.00 - 600.00	280.00 - 500.00	280.00 - 520.00		
Gampaha	280.00 - 320.00	400.00 - 560.00	1000.00 - 1000.00	200.00 - 280.00	160.00 - 240.00	480.00 - 560.00	400.00 - 480.00	280.00 - 480.00	320.00 - 400.00	360.00 - 480.00		
Kurunegala	320.00 - 360.00	480.00 - 520.00	800.00 - 900.00	220.00 - 240.00	160.00 - 180.00	460.00 - 480.00	280.00 - 360.00	400.00 - 480.00	300.00 - 320.00	320.00 - 360.00		
Nikaweratiya	160.00 - 240.00	400.00 - 480.00	600.00 - 700.00	200.00 - 280.00	120.00 - 200.00	400.00 - 480.00	320.00 - 360.00	300.00 - 400.00	240.00 - 360.00	160.00 - 240.00		
Dambulla	200.00 - 220.00	440.00 - 460.00	750.00 - 800.00	180.00 - 200.00	150.00 - 180.00	440.00 - 480.00	260.00 - 300.00	360.00 - 400.00	300.00 - 340.00	280.00 - 320.00		
Anuradhapura	200.00 - 240.00	580.00 - 600.00	800.00 - 900.00	200.00 - 280.00	160.00 - 180.00	480.00 - 560.00	280.00 - 360.00	400.00 - 480.00	300.00 - 320.00	320.00 - 340.00		
Thambuththegama	160.00 - 220.00	460.00 - 540.00	680.00 - 760.00	160.00 - 240.00	140.00 - 220.00	360.00 - 400.00	220.00 - 260.00	-	240.00 - 280.00	220.00 - 260.00		
Polonnaruwa	200.00 - 220.00	560.00 - 570.00	750.00 - 780.00	180.00 - 200.00	180.00 - 200.00	420.00 - 450.00	280.00 - 300.00	360.00 - 360.00	280.00 - 300.00	300.00 - 320.00		
Kaluthara	-	540.00 - 560.00	880.00 - 900.00	200.00 - 220.00	160.00 - 180.00	480.00 - 500.00	380.00 - 400.00	-	320.00 - 340.00	360.00 - 380.00		
Badulla	300.00 - 320.00	400.00 - 440.00	720.00 - 800.00	240.00 - 280.00	200.00 - 240.00	540.00 - 600.00	440.00 - 480.00	360.00 - 400.00	320.00 - 360.00	320.00 - 360.00		
Keppetipola	180.00 - 200.00	400.00 - 420.00	760.00 - 800.00	180.00 - 200.00	190.00 - 200.00	360.00 - 380.00	260.00 - 280.00	360.00 - 380.00	260.00 - 280.00	280.00 - 300.00		
Moneragala	300.00 - 320.00	400.00 - 440.00	780.00 - 800.00	240.00 - 250.00	200.00 - 240.00	480.00 - 520.00	400.00 - 420.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00		
Kegalle	300.00 - 320.00	380.00 - 400.00	780.00 - 800.00	220.00 - 240.00	160.00 - 180.00	460.00 - 480.00	340.00 - 360.00	460.00 - 480.00	300.00 - 320.00	380.00 - 400.00		
Ampara	280.00 - 320.00	440.00 - 540.00	840.00 - 900.00	200.00 - 240.00	200.00 - 220.00	420.00 - 480.00	400.00 - 400.00	440.00 - 480.00	280.00 - 320.00	300.00 - 320.00		
Dehiattakandiya	160.00 - 160.00	320.00 - 360.00	780.00 - 800.00	240.00 - 240.00	160.00 - 200.00	480.00 - 540.00	320.00 - 320.00	440.00 - 480.00	360.00 - 400.00	340.00 - 360.00		
Nuwareliya	190.00 - 200.00	400.00 - 420.00	760.00 - 780.00	200.00 - 220.00	180.00 - 200.00	380.00 - 400.00	280.00 - 300.00	380.00 - 400.00	270.00 - 290.00	280.00 - 300.00		
Kandy	200.00 - 240.00	500.00 - 520.00	980.00 - 1000.00	180.00 - 200.00	160.00 - 180.00	480.00 - 500.00	300.00 - 320.00	360.00 - 400.00	320.00 - 360.00	360.00 - 400.00		
Puttalam	200.00 - 240.00	480.00 - 600.00	800.00 - 1000.00	240.00 - 280.00	180.00 - 220.00	400.00 - 480.00	300.00 - 320.00	480.00 - 560.00	280.00 - 320.00	280.00 - 320.00		
Rathnapura	220.00 - 240.00	380.00 - 400.00	750.00 - 800.00	260.00 - 280.00	140.00 - 160.00	460.00 - 480.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00	300.00 - 320.00		
Hambantota	200.00 - 240.00	360.00 - 400.00	780.00 - 800.00	140.00 - 180.00	120.00 - 160.00	400.00 - 480.00	470.00 - 480.00	150.00 - 200.00	280.00 - 320.00	280.00 - 320.00		
Matara	220.00 - 260.00	440.00 - 560.00	780.00 - 800.00	180.00 - 200.00	160.00 - 200.00	480.00 - 540.00	430.00 - 460.00	250.00 - 300.00	300.00 - 320.00	320.00 - 360.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	180.00 - 220.00	350.00 - 380.00	600.00 - 750.00	170.00 - 200.00	100.00 - 140.00	380.00 - 420.00	280.00 - 300.00	150.00 - 160.00	200.00 - 240.00	200.00 - 240.00		
Meegoda (DEC)	280.00 - 320.00	550.00 - 650.00	900.00 - 1000.00	200.00 - 240.00	200.00 - 240.00	480.00 - 500.00	400.00 - 440.00	480.00 - 500.00	300.00 - 360.00	360.00 - 400.00		
Embilipitiya	200.00 - 240.00	480.00 - 520.00	700.00 - 800.00	160.00 - 240.00	200.00 - 240.00	480.00 - 600.00	350.00 - 400.00	200.00 - 240.00	280.00 - 320.00	320.00 - 400.00		
Jaffna	90.00 - 110.00	350.00 - 400.00	580.00 - 630.00	90.00 - 120.00	-	300.00 - 350.00	-	400.00 - 450.00	-	180.00 - 210.00		
Vavuniya	220.00 - 240.00	450.00 - 450.00	800.00 - 800.00	240.00 - 240.00	220.00 - 240.00	780.00 - 800.00	300.00 - 320.00	580.00 - 600.00	300.00 - 320.00	280.00 - 300.00		
Mannar	260.00 - 280.00	500.00 - 520.00	800.00 - 800.00	240.00 - 260.00	-	560.00 - 580.00	280.00 - 300.00	-	-	380.00 - 400.00		
Killinochchi	240.00 - 260.00	500.00 - 550.00	780.00 - 820.00	200.00 - 220.00	-	600.00 - 640.00	230.00 - 250.00	600.00 - 640.00	-	350.00 - 380.00		
Mullaittivu	220.00 - 240.00	380.00 - 400.00	600.00 - 640.00	180.00 - 200.00	-	340.00 - 600.00	280.00 - 320.00	-	-	350.00 - 360.00		
Batticaloa	240.00 - 250.00	350.00 - 380.00	650.00 - 680.00	180.00 - 220.00	160.00 - 180.00	600.00 - 600.00	280.00 - 300.00	570.00 - 600.00	-	280.00 - 300.00		
Trincomalee	220.00 - 250.00	360.00 - 380.00	750.00 - 800.00	160.00 - 190.00	150.00 - 170.00	460.00 - 500.00	290.00 - 320.00	300.00 - 340.00	190.00 - 220.00	240.00 - 260.00		
Hanguranketha	180.00 200.00	420.00 440.00	700.00 750.00	180.00 200.00	140.00 160.00	400.00 420.00	250.00 260.00	380.00 420.00	260.00 280.00	200.00 220.00		
Veyangoda	240.00 - 280.00	480.00 - 520.00	700.00 - 800.00	200.00 - 240.00	160.00 - 200.00	430.00 - 480.00	340.00 - 380.00	400.00 - 480.00	320.00 - 380.00	320.00 - 360.00		
Galenbindunuwewa	220.00 - 240.00	320.00 - 340.00	700.00 - 800.00	200.00 - 240.00	140.00 - 160.00	440.00 - 480.00	280.00 - 320.00	-	240.00 - 280.00	220.00 - 240.00		
Bandarawela	300.00 - 320.00	400.00 - 450.00	800.00 - 850.00	240.00 - 250.00	180.00 - 200.00	450.00 - 500.00	400.00 - 450.00	350.00 - 380.00	320.00 - 350.00	350.00 - 380.00		
Matale	-	-	-	-	-	-	-	-	-	-		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties						Leafy Vegetable						Coconut (Rs/Nut)							
	Ash Plantain		Green Chillies		Lime		Sweet Potato		Manioc		Mukunuwenna		Kankun		Gotukola		Large		Small	
Colombo	160.00 - 240.00		440.00 - 800.00		280.00 - 600.00		200.00 - 280.00		140.00 - 200.00		50.00 - 100.00		50.00 - 100.00		60.00 - 100.00		90.00 - 110.00		75.00 - 85.00	
Gampaha	240.00 - 240.00		700.00 - 800.00		300.00 - 500.00		220.00 - 240.00		200.00 - 200.00		70.00 - 70.00		70.00 - 70.00		25.00 - 25.00		80.00 - 80.00		60.00 - 70.00	
Kurunegala	200.00 - 240.00		760.00 - 800.00		280.00 - 300.00		200.00 - 240.00		140.00 - 160.00		40.00 - 50.00		40.00 - 50.00		30.00 - 40.00		80.00 - 80.00		70.00 - 70.00	
Nikaweratiya	160.00 - 240.00		600.00 - 600.00		150.00 - 200.00		160.00 - 240.00		120.00 - 140.00		40.00 - 50.00		40.00 - 40.00		60.00 - 60.00		70.00 - 70.00		50.00 - 50.00	
Dambulla	180.00 - 200.00		600.00 - 700.00		400.00 - 450.00		200.00 - 220.00		140.00 - 150.00		45.00 - 50.00		45.00 - 50.00		40.00 - 45.00		70.00 - 75.00		60.00 - 65.00	
Anuradhapura	180.00 - 200.00		760.00 - 800.00		400.00 - 600.00		180.00 - 240.00		200.00 - 220.00		50.00 - 50.00		50.00 - 50.00		50.00 - 50.00		70.00 - 75.00		55.00 - 60.00	
Thambuththegama	180.00 - 220.00		580.00 - 700.00		180.00 - 220.00		240.00 - 260.00		-		40.00 - 40.00		40.00 - 40.00		40.00 - 40.00		65.00 - 75.00		50.00 - 60.00	
Polonnaruwa	180.00 - 200.00		700.00 - 710.00		450.00 - 500.00		180.00 - 200.00		160.00 - 170.00		40.00 - 50.00		40.00 - 50.00		40.00 - 50.00		75.00 - 80.00		65.00 - 70.00	
Kaluthara	180.00 - 200.00		660.00 - 700.00		400.00 - 440.00		200.00 - 220.00		120.00 - 140.00		60.00 - 80.00		60.00 - 70.00		60.00 - 80.00		90.00 - 100.00		75.00 - 85.00	
Badulla	160.00 - 180.00		600.00 - 800.00		240.00 - 280.00		180.00 - 200.00		100.00 - 120.00		70.00 - 70.00		70.00 - 70.00		70.00 - 80.00		90.00 - 95.00		70.00 - 75.00	
Keppetipola	180.00 - 200.00		700.00 - 800.00		220.00 - 240.00		180.00 - 200.00		130.00 - 150.00		50.00 - 55.00		50.00 - 55.00		40.00 - 50.00		88.00 - 95.00		75.00 - 80.00	
Moneragala	100.00 - 120.00		700.00 - 800.00		100.00 - 120.00		240.00 - 250.00		-		60.00 - 70.00		60.00 - 70.00		60.00 - 70.00		75.00 - 80.00		65.00 - 70.00	
Kegalle	180.00 - 200.00		680.00 - 700.00		430.00 - 450.00		220.00 - 240.00		120.00 - 140.00		50.00 - 50.00		50.00 - 50.00		40.00 - 40.00		75.00 - 80.00		60.00 - 70.00	
Ampara	140.00 - 160.00		700.00 - 800.00		300.00 - 350.00		200.00 - 240.00		80.00 - 80.00		60.00 - 60.00		40.00 - 50.00		40.00 - 40.00		70.00 - 75.00		60.00 - 65.00	
Dehiattakandiya	200.00 - 200.00		800.00 - 800.00		400.00 - 400.00		160.00 - 200.00		80.00 - 100.00		50.00 - 50.00		50.00 - 50.00		50.00 - 50.00		80.00 - 85.00		55.00 - 70.00	
Nuwaraeliya	180.00 - 200.00		680.00 - 700.00		220.00 - 240.00		200.00 - 220.00		140.00 - 150.00		55.00 - 60.00		55.00 - 60.00		45.00 - 55.00		85.00 - 90.00		75.00 - 80.00	
Kandy	240.00 - 280.00		750.00 - 800.00		300.00 - 320.00		240.00 - 280.00		160.00 - 170.00		50.00 - 60.00		50.00 - 60.00		40.00 - 45.00		85.00 - 90.00		70.00 - 75.00	
Puttalam	120.00 - 160.00		600.00 - 700.00		150.00 - 320.00		250.00 - 300.00		160.00 - 200.00		60.00 - 70.00		60.00 - 70.00		40.00 - 50.00		72.00 - 80.00		60.00 - 70.00	
Rathnapura	150.00 - 160.00		750.00 - 800.00		300.00 - 300.00		200.00 - 200.00		100.00 - 120.00		80.00 - 90.00		80.00 - 80.00		80.00 - 90.00		90.00 - 100.00		80.00 - 85.00	
Hambanthota	70.00 - 100.00		600.00 - 700.00		160.00 - 200.00		160.00 - 200.00		80.00 - 100.00		55.00 - 60.00		50.00 - 50.00		60.00 - 70.00		80.00 - 90.00		65.00 - 70.00	
Matara	120.00 - 160.00		600.00 - 700.00		240.00 - 280.00		180.00 - 200.00		90.00 - 120.00		55.00 - 60.00		50.00 - 60.00		70.00 - 75.00		85.00 - 90.00		60.00 - 70.00	
Galle	-		-		-		-		-		-		-		-		-		-	
Tissamaharama	100.00 - 120.00		580.00 - 620.00		100.00 - 130.00		180.00 - 200.00		80.00 - 90.00		45.00 - 50.00		45.00 - 50.00		50.00 - 60.00		80.00 - 90.00		55.00 - 60.00	
Meegoda (DEC)	240.00 - 240.00		700.00 - 800.00		350.00 - 400.00		240.00 - 280.00		130.00 - 130.00		80.00 - 80.00		80.00 - 80.00		90.00 - 90.00		85.00 - 95.00		80.00 - 80.00	
Embilipitiya	120.00 - 140.00		700.00 - 800.00		250.00 - 300.00		160.00 - 200.00		80.00 - 100.00		40.00 - 60.00		40.00 - 50.00		60.00 - 80.00		75.00 - 90.00		50.00 - 70.00	
Jaffna	120.00 - 160.00		400.00 - 500.00		200.00 - 220.00		200.00 - 220.00		-		60.00 - 70.00		35.00 - 45.00		30.00 - 35.00		70.00 - 80.00		50.00 - 65.00	
Vavuniya	100.00 - 120.00		400.00 - 450.00		280.00 - 300.00		220.00 - 240.00		-		60.00 - 60.00		60.00 - 60.00		180.00 - 180.00		60.00 - 60.00		40.00 - 40.00	
Mannar	160.00 - 180.00		650.00 - 700.00		350.00 - 400.00		-		180.00 - 200.00		50.00 - 50.00		50.00 - 50.00		50.00 - 50.00		55.00 - 60.00		35.00 - 40.00	
Killinochchi	80.00 - 100.00		600.00 - 650.00		300.00 - 340.00		-		180.00 - 220.00		50.00 - 60.00		-		40.00 - 50.00		70.00 - 80.00		40.00 - 50.00	
Mullaittivu	100.00 - 120.00		520.00 - 560.00		280.00 - 300.00		180.00 - 200.00		200.00 - 220.00		40.00 - 50.00		-		40.00 - 40.00		70.00 - 75.00		60.00 - 65.00	
Batticaloa	100.00 - 120.00		560.00 - 600.00		300.00 - 330.00		-		180.00 - 200.00		60.00 - 60.00		50.00 - 50.00		50.00 - 60.00		75.00 - 75.00		50.00 - 50.00	
Trincomalee	170.00 200.00		570.00 600.00		260.00 280.00		150.00 160.00		140.00 170.00		50.00 70.00		60.00 70.00		50.00 70.00		90.00 100.00		60.00 75.00	
Hanguranketha	160.00 - 180.00		650.00 - 700.00		350.00 - 400.00		170.00 - 200.00		100.00 - 120.00		40.00 - 40.00		35.00 - 40.00		35.00 - 40.00		80.00 - 85.00		50.00 - 70.00	
Veyangoda	160.00 - 200.00		600.00 - 700.00		400.00 - 450.00		180.00 - 200.00		140.00 - 160.00		60.00 - 70.00		60.00 - 70.00		30.00 - 30.00		80.00 - 80.00		60.00 - 65.00	
Galenbindunuwewa	-		600.00 - 700.00		-		-		-		50.00 - 55.00		50.00 - 55.00		-		70.00 - 80.00		60.00 - 65.00	
Bandarawela	160.00 - 180.00		600.00 - 650.00		300.00 - 350.00		180.00 - 200.00		120.00 - 140.00		50.00 - 60.00		50.00 - 60.00		60.00 - 70.00		80.00 - 100.00		60.00 - 70.00	
Matale	-		-		-		-		-		-		-		-		-		-	

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 33: 12 - 18 August 2022

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	140.00 - 200.00	280.00 - 350.00	130.00 - 180.00	16.00 - 26.00	20.00 - 33.00	550.00 - 600.00	450.00 - 500.00	350.00 - 400.00	-	160.00 - 220.00
Gampaha	160.00 - 180.00	300.00 - 330.00	140.00 - 140.00	18.00 - 20.00	25.00 - 25.00	700.00 - 700.00	500.00 - 500.00	-	-	180.00 - 200.00
Kurunegala	130.00 - 150.00	380.00 - 400.00	120.00 - 130.00	18.00 - 20.00	30.00 - 32.00	500.00 - 600.00	300.00 - 400.00	150.00 - 200.00	-	-
Nikaweratiya	140.00 - 150.00	320.00 - 350.00	130.00 - 150.00	-	30.00 - 32.00	500.00 - 520.00	400.00 - 450.00	300.00 - 350.00	-	-
Dambulla	140.00 - 150.00	280.00 - 300.00	140.00 - 150.00	-	38.00 - 40.00	550.00 - 600.00	450.00 - 480.00	230.00 - 250.00	80.00 - 100.00	200.00 - 220.00
Anuradhapura	120.00 - 140.00	260.00 - 280.00	100.00 - 120.00	22.00 - 24.00	28.00 - 30.00	680.00 - 800.00	570.00 - 660.00	300.00 - 450.00	-	120.00 - 150.00
Thambuththegama	140.00 - 180.00	350.00 - 380.00	150.00 - 160.00	22.00 - 28.00	32.00 - 40.00	800.00 - 900.00	600.00 - 700.00	450.00 - 500.00	-	-
Polonnaruwa	120.00 - 140.00	250.00 - 260.00	100.00 - 120.00	18.00 - 19.00	22.00 - 25.00	450.00 - 500.00	350.00 - 400.00	300.00 - 320.00	-	-
Kaluthara	160.00 - 180.00	260.00 - 280.00	130.00 - 150.00	25.00 - 28.00	24.00 - 26.00	-	500.00 - 520.00	-	-	-
Badulla	140.00 - 160.00	270.00 - 300.00	100.00 - 120.00	14.00 - 15.00	25.00 - 27.00	-	400.00 - 450.00	300.00 - 350.00	-	100.00 - 120.00
Keppetipola	130.00 - 140.00	280.00 - 300.00	120.00 - 130.00	18.00 - 22.00	35.00 - 38.00	-	380.00 - 400.00	350.00 - 370.00	-	130.00 - 150.00
Moneragala	80.00 - 100.00	230.00 - 240.00	80.00 - 90.00	12.00 - 15.00	15.00 - 18.00	630.00 - 680.00	520.00 - 570.00	-	-	100.00 - 120.00
Kegalle	120.00 - 130.00	300.00 - 320.00	120.00 - 130.00	30.00 - 30.00	40.00 - 50.00	600.00 - 650.00	480.00 - 550.00	200.00 - 300.00	-	-
Ampara	150.00 - 180.00	280.00 - 320.00	90.00 - 100.00	17.00 - 20.00	22.00 - 25.00	500.00 - 550.00	430.00 - 450.00	380.00 - 400.00	-	100.00 - 120.00
Dehiattakandiya	160.00 - 180.00	300.00 - 300.00	120.00 - 130.00	-	36.00 - 36.00	450.00 - 450.00	350.00 - 370.00	250.00 - 260.00	-	-
Nuwaraeliya	130.00 - 140.00	280.00 - 300.00	120.00 - 130.00	18.00 - 22.00	38.00 - 42.00	-	460.00 - 500.00	380.00 - 400.00	-	120.00 - 150.00
Kandy	140.00 - 150.00	280.00 - 300.00	140.00 - 150.00	20.00 - 22.00	30.00 - 33.00	580.00 - 600.00	350.00 - 400.00	150.00 - 200.00	-	-
Puttalam	130.00 - 140.00	300.00 - 340.00	130.00 - 140.00	14.00 - 16.00	-	600.00 - 700.00	-	350.00 - 420.00	-	-
Rathnapura	140.00 - 160.00	280.00 - 320.00	140.00 - 160.00	-	-	500.00 - 550.00	300.00 - 400.00	200.00 - 250.00	-	100.00 - 120.00
Hambantota	120.00 - 130.00	260.00 - 280.00	120.00 - 130.00	18.00 - 20.00	20.00 - 22.00	700.00 - 750.00	500.00 - 550.00	380.00 - 420.00	-	-
Matara	150.00 - 160.00	280.00 - 320.00	130.00 - 140.00	17.00 - 18.00	22.00 - 23.00	570.00 - 620.00	500.00 - 550.00	400.00 - 420.00	-	140.00 - 170.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	100.00 - 120.00	250.00 - 280.00	80.00 - 100.00	-	-	530.00 - 580.00	440.00 - 460.00	360.00 - 380.00	-	-
Meegoda (DEC)	140.00 - 140.00	300.00 - 300.00	130.00 - 140.00	-	28.00 - 30.00	740.00 - 760.00	-	-	-	-
Embilipitiya	100.00 - 130.00	250.00 - 300.00	70.00 - 100.00	20.00 - 25.00	25.00 - 40.00	400.00 - 450.00	300.00 - 350.00	200.00 - 250.00	80.00 - 100.00	-
Jaffna	120.00 - 130.00	180.00 - 220.00	70.00 - 80.00	-	-	620.00 - 810.00	510.00 - 650.00	400.00 - 450.00	-	-
Vavuniya	-	-	-	-	30.00 - 35.00	-	-	480.00 - 500.00	-	-
Mannar	100.00 - 120.00	220.00 - 240.00	100.00 - 120.00	16.00 - 18.00	-	-	-	-	-	80.00 - 100.00
Killinochchi	140.00 - 160.00	280.00 - 300.00	140.00 - 160.00	24.00 - 26.00	24.00 - 26.00	560.00 - 600.00	420.00 - 480.00	280.00 - 320.00	-	-
Mullaitivu	150.00 - 160.00	250.00 - 250.00	140.00 - 150.00	-	23.00 - 25.00	460.00 - 500.00	420.00 - 420.00	340.00 - 350.00	-	-
Batticaloa	150.00 - 150.00	220.00 - 230.00	100.00 - 120.00	-	-	-	380.00 - 400.00	-	-	-
Trincomalee	150.00 - 170.00	250.00 - 280.00	120.00 - 140.00	21.00 - 22.00	21.00 - 23.00	520.00 - 540.00	350.00 - 380.00	240.00 - 250.00	-	110.00 - 120.00
Veyangoda	150.00 - 220.00	330.00 - 350.00	140.00 - 160.00	18.00 - 25.00	28.00 - 35.00	500.00 - 600.00	400.00 - 450.00	280.00 - 320.00	-	130.00 - 150.00
Galenbindunuwewa	120.00 - 130.00	250.00 - 260.00	120.00 - 130.00	20.00 - 25.00	25.00 - 30.00	720.00 - 810.00	600.00 - 675.00	480.00 - 540.00	-	-
Bandarawela	160.00 - 180.00	280.00 - 300.00	120.00 - 140.00	16.00 - 18.00	22.00 - 24.00	-	400.00 - 450.00	300.00 - 350.00	-	140.00 - 160.00
Matale	-	-	-	-	-	-	-	-	-	-

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LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
Colombo	60.00 - 120.00	-	250.00 - 400.00	33.00 - 50.00	30.00 - 80.00	50.00 - 120.00	70.00 - 150.00	50.00 - 100.00	3800.00 - 4500.00	120.00 - 150.00		
Gampaha	-	-	250.00 - 280.00	35.00 - 40.00	30.00 - 60.00	120.00 - 120.00	50.00 - 80.00	50.00 - 80.00	4000.00 - 4000.00	100.00 - 120.00		
Kurunegala	-	-	230.00 - 250.00	35.00 - 40.00	30.00 - 50.00	100.00 - 100.00	70.00 - 80.00	50.00 - 60.00	-	100.00 - 100.00		
Nikaweratiya	-	-	180.00 - 200.00	20.00 - 30.00	20.00 - 40.00	-	70.00 - 80.00	30.00 - 40.00	3000.00 - 3000.00	-		
Dambulla	90.00 - 100.00	40.00 - 50.00	200.00 - 230.00	30.00 - 35.00	40.00 - 50.00	80.00 - 100.00	60.00 - 100.00	60.00 - 80.00	-	80.00 - 100.00		
Anuradhapura	-	-	180.00 - 200.00	-	40.00 - 50.00	100.00 - 120.00	90.00 - 120.00	70.00 - 100.00	-	100.00 - 120.00		
Thambuththegama	-	-	230.00 - 280.00	-	-	55.00 - 70.00	50.00 - 60.00	-	-	70.00 - 90.00		
Polonnaruwa	-	-	180.00 - 200.00	-	50.00 - 60.00	-	50.00 - 70.00	-	-	100.00 - 120.00		
Kaluthara	90.00 - 100.00	-	240.00 - 260.00	35.00 - 38.00	60.00 - 70.00	100.00 - 120.00	90.00 - 110.00	60.00 - 70.00	-	100.00 - 120.00		
Badulla	40.00 - 45.00	-	200.00 - 220.00	25.00 - 35.00	40.00 - 50.00	60.00 - 80.00	30.00 - 40.00	35.00 - 50.00	-	100.00 - 120.00		
Keppetipola	45.00 - 50.00	22.00 - 25.00	190.00 - 210.00	30.00 - 34.00	25.00 - 30.00	75.00 - 80.00	45.00 - 55.00	50.00 - 65.00	-	100.00 - 120.00		
Moneragala	-	-	150.00 - 160.00	-	25.00 - 32.00	50.00 - 80.00	50.00 - 70.00	38.00 - 50.00	-	70.00 - 80.00		
Kegalle	35.00 - 40.00	30.00 - 30.00	230.00 - 240.00	20.00 - 25.00	50.00 - 60.00	130.00 - 150.00	50.00 - 70.00	50.00 - 60.00	-	80.00 - 100.00		
Ampara	50.00 - 70.00	-	160.00 - 200.00	-	50.00 - 50.00	40.00 - 60.00	50.00 - 60.00	-	-	100.00 - 120.00		
Dehiattakandiya	80.00 - 100.00	-	150.00 - 160.00	-	100.00 - 100.00	100.00 - 120.00	100.00 - 120.00	75.00 - 80.00	-	100.00 - 120.00		
Nuwaraeliya	48.00 - 55.00	22.00 - 25.00	200.00 - 220.00	38.00 - 42.00	30.00 - 35.00	75.00 - 80.00	55.00 - 65.00	60.00 - 70.00	-	100.00 - 120.00		
Kandy	-	-	300.00 - 320.00	24.00 - 25.00	50.00 - 60.00	60.00 - 70.00	70.00 - 80.00	50.00 - 60.00	-	100.00 - 110.00		
Puttalam	-	-	270.00 - 300.00	-	-	50.00 - 60.00	-	-	-	70.00 - 80.00		
Hambantota	100.00 - 100.00	-	170.00 - 180.00	-	55.00 - 60.00	120.00 - 140.00	80.00 - 100.00	55.00 - 60.00	-	70.00 - 80.00		
Rathnapura	50.00 - 60.00	-	200.00 - 200.00	-	60.00 - 60.00	-	-	60.00 - 60.00	3500.00 - 4000.00	-		
Matara	-	-	165.00 - 170.00	30.00 - 35.00	33.00 - 41.00	120.00 - 150.00	35.00 - 60.00	30.00 - 50.00	-	85.00 - 95.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	-	-	140.00 - 160.00	-	18.00 - 20.00	45.00 - 50.00	50.00 - 60.00	25.00 - 30.00	-	80.00 - 100.00		
Meegoda (DEC)	60.00 - 60.00	-	270.00 - 280.00	-	45.00 - 50.00	-	45.00 - 50.00	50.00 - 50.00	-	70.00 - 70.00		
Embilipitiya	80.00 - 100.00	40.00 - 60.00	180.00 - 220.00	10.00 - 20.00	40.00 - 60.00	80.00 - 100.00	60.00 - 100.00	10.00 - 20.00	-	80.00 - 100.00		
Jaffna	-	-	85.00 - 100.00	-	100.00 - 150.00	-	-	-	-	120.00 - 150.00		
Vavuniya	-	-	120.00 - 150.00	-	-	-	-	-	-	120.00 - 130.00		
Mannar	-	-	130.00 - 150.00	-	-	-	60.00 - 70.00	-	-	100.00 - 120.00		
Killinochchi	-	-	140.00 - 160.00	-	60.00 - 70.00	40.00 - 50.00	-	-	-	100.00 - 120.00		
Mullaittivu	80.00 - 90.00	-	140.00 - 150.00	-	-	-	-	-	-	-		
Batticaloa	-	-	140.00 - 150.00	-	60.00 - 60.00	-	-	-	-	120.00 - 120.00		
Trincomalee	70.00 - 75.00	-	160.00 - 180.00	-	65.00 - 75.00	-	100.00 - 120.00	45.00 - 50.00	4400.00 - 4600.00	140.00 - 150.00		
Veyangoda	-	-	250.00 - 280.00	33.00 - 40.00	50.00 - 60.00	80.00 - 100.00	70.00 - 80.00	55.00 - 65.00	-	130.00 - 150.00		
Galenbindunuwewa	-	-	140.00 - 150.00	-	-	-	40.00 - 50.00	-	-	100.00 - 120.00		
Bandarawela	-	-	200.00 - 240.00	40.00 - 50.00	40.00 - 50.00	80.00 - 100.00	30.00 - 40.00	40.00 - 50.00	-	100.00 - 120.00		
Matale	-	-	-	-	-	-	-	-	-	-		

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 33: 12 - 18 August 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	600.00 – 900.00	1000.00 – 1250.00	1000.00 – 1300.00	1550.00 – 2000.00	2100.00 – 3700.00	1300.00 – 2000.00
Kandy	750.00 – 800.00	1100.00 – 1150.00	850.00 – 1100.00	1400.00 – 1500.00	–	1500.00 – 1600.00
Kaluthara	840.00 – 860.00	–	800.00 – 850.00	2000.00 – 2100.00	–	–
Puttalam	720.00 – 760.00	1100.00 – 1200.00	1200.00 – 1250.00	1850.00 – 1900.00	–	1450.00 – 1620.00
Matara	700.00 – 800.00	–	1600.00 – 1700.00	–	–	–
Hambantota	–	800.00 – 800.00	1100.00 – 1100.00	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	650.00 – 750.00	1100.00 – 1150.00	–	–	1800.00 – 1900.00	–
Trincomalee	500.00 – 580.00	800.00 – 900.00	–	1650.00 – 1750.00	–	1850.00 – 1950.00
Mannar	380.00 – 400.00	–	–	–	–	1350.00 – 1400.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	–	1500.00 – 1700.00	2000.00 – 2500.00	–	59.00 – 62.50	56.00 – 61.00
Kandy	–	1750.00 – 1800.00	1950.00 – 2000.00	–	57.00 – 58.00	55.00 – 56.00
Kaluthara	–	1400.00 – 1450.00	2000.00 – 2100.00	–	–	–
Puttalam	–	1200.00 – 1350.00	–	–	60.00 – 60.50	59.00 – 59.50
Matara	–	1850.00 – 1900.00	–	–	–	–
Hambantota	–	–	–	–	–	58.00 – 59.00
Galle	–	–	–	–	–	–
Batticaloa	–	1300.00 – 1400.00	–	–	63.00 – 64.00	64.00 – 64.00
Trincomalee	1450.00 – 1500.00	2100.00 – 2150.00	1800.00 – 1950.00	–	56.00 – 58.00	54.00 – 56.00
Mannar	–	1000.00 – 1100.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 33: 12 - 18 August 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	95000 – 120000	–	–	110000 – 122500	77500 – 85000	–
Kandy	105000 – 110000	–	–	130000 – 132500	85000 – 90000	–
Batticaloa	100000 – 110000	–	–	135000 – 140000	–	–
Trincomalee	–	170000 – 172000	–	–	72000 – 72500	–
Mannar	–	90000 – 95000	–	–	72500 – 75000	–

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	42500 – 55000	69000 – 85000	100000 – 110000	–
Kandy	–	–	–	72500 – 80000	–	–
Batticaloa	–	–	–	–	115000 – 115000	–
Trincomalee	–	–	30000 – 30500	–	–	–
Mannar	62500 – 65000	–	42500 – 45000	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	92500 – 105000	–	–	–
Kandy	–	–	100000 – 102500	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 33: 12 - 18 August 2022

LOCATIONS	Sea Fish										Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	880.00 -	1160.00	1120.00 -	1400.00	1800.00 -	2000.00	2400.00 -	3200.00	3200.00 -	3600.00	2400.00 -	3200.00	-	-	2600.00 -	3200.00	60.00 -	66.00	57.00 -	65.00
Gampaha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	61.00 -	65.00	60.00 -	64.00
Kurunegala	800.00 -	800.00	900.00 -	1000.00	1600.00 -	1600.00	-	-	-	-	-	-	-	-	-	-	62.00 -	65.00	59.00 -	60.00
Nikaweratiya	-	-	-	-	1400.00 -	1400.00	-	-	-	-	-	-	-	-	-	-	-	-	56.00 -	65.00
Dambulla	700.00 -	800.00	1200.00 -	1300.00	1100.00 -	1200.00	2400.00 -	2500.00	-	-	2000.00 -	2200.00	2000.00 -	2200.00	2200.00 -	2400.00	61.00 -	63.00	59.00 -	60.00
Anuradhapura	-	-	-	-	1200.00 -	1300.00	1920.00 -	1920.00	-	-	-	-	-	-	2160.00 -	2160.00	-	-	60.00 -	60.00
Thambuththegama	900.00 -	900.00	1300.00 -	1300.00	-	-	-	-	-	-	2000.00 -	2000.00	-	-	3200.00 -	3200.00	-	-	59.00 -	60.00
Polonnaruwa	700.00 -	700.00	1200.00 -	1200.00	1600.00 -	1700.00	2000.00 -	2100.00	-	-	-	-	1800.00 -	1900.00	2000.00 -	2100.00	-	-	65.00 -	65.00
Kaluthara	900.00 -	920.00	-	-	1000.00 -	1200.00	2700.00 -	2750.00	-	-	-	-	-	-	2750.00 -	2800.00	-	-	58.00 -	59.00
Badulla	-	-	-	-	1600.00 -	1700.00	1900.00 -	2000.00	-	-	1800.00 -	1800.00	1700.00 -	1900.00	2400.00 -	2500.00	62.00 -	65.00	58.00 -	62.00
Keppetipola	800.00 -	900.00	1000.00 -	1100.00	1400.00 -	1500.00	1800.00 -	1900.00	-	-	1900.00 -	2000.00	1800.00 -	1900.00	2400.00 -	2500.00	60.00 -	64.00	59.00 -	63.00
Moneragala	-	-	-	-	1500.00 -	1600.00	2600.00 -	2800.00	-	-	-	-	-	-	2500.00 -	2600.00	-	-	60.00 -	63.00
Kegalle	1000.00 -	1100.00	1600.00 -	1650.00	2200.00 -	2250.00	2550.00 -	2600.00	-	-	-	-	2150.00 -	2200.00	2800.00 -	2850.00	66.00 -	67.00	63.00 -	65.00
Ampara	1000.00 -	1000.00	1400.00 -	1400.00	2200.00 -	2200.00	-	-	-	-	-	-	-	-	3000.00 -	3000.00	-	-	60.00 -	65.00
Dehiattakandiya	700.00 -	800.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	60.00 -	60.00	58.00 -	58.00
Nuwareliya	800.00 -	900.00	1000.00 -	1100.00	1200.00 -	1350.00	2100.00 -	2200.00	-	-	2100.00 -	2300.00	1900.00 -	2100.00	2300.00 -	2400.00	62.00 -	64.00	60.00 -	63.00
Kandy	840.00 -	850.00	1250.00 -	1275.00	1350.00 -	1400.00	2100.00 -	2200.00	-	-	2250.00 -	2300.00	-	-	2350.00 -	2400.00	62.00 -	63.00	60.00 -	62.00
Puttalam	800.00 -	900.00	1250.00 -	1350.00	1250.00 -	1400.00	2000.00 -	2200.00	-	-	-	-	-	-	-	-	61.00 -	61.50	60.00 -	61.00
Hambantota	-	-	1000.00 -	1000.00	1300.00 -	1300.00	-	-	-	-	-	-	-	-	-	-	-	-	60.00 -	60.00
Rathnapura	1000.00 -	1000.00	1200.00 -	1200.00	1380.00 -	1400.00	-	-	-	-	-	-	1700.00 -	1760.00	-	-	64.00 -	64.00	62.00 -	62.00
Matara	900.00 -	1000.00	-	-	1800.00 -	2000.00	-	-	-	-	-	-	-	-	-	-	62.00 -	65.00	58.00 -	60.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	1000.00 -	1100.00	1100.00 -	1100.00	-	-	-	-	-	-	-	-	-	-	-	-	58.00 -	60.00
Meegoda	1000.00 -	1060.00	-	-	-	-	-	-	-	-	-	-	-	-	3400.00 -	3400.00	-	-	62.00 -	62.00
Embilipitiya	750.00 -	800.00	-	-	1450.00 -	1500.00	2300.00 -	2400.00	-	-	-	-	-	-	2400.00 -	2500.00	61.00 -	62.00	58.00 -	62.00
Jaffna	-	-	1000.00 -	1200.00	1000.00 -	1200.00	-	-	-	-	1450.00 -	1500.00	-	-	-	-	61.00 -	63.00	60.00 -	61.00
Vavuniya	1200.00 -	1250.00	950.00 -	1000.00	1300.00 -	1400.00	2100.00 -	2200.00	4000.00 -	4200.00	2350.00 -	2400.00	2900.00 -	3000.00	2400.00 -	2600.00	58.00 -	64.00	56.00 -	62.00
Mannar	450.00 -	500.00	-	-	-	-	-	-	-	-	1500.00 -	1600.00	-	-	-	-	-	-	-	-
Killinochchi	1000.00 -	1200.00	-	-	1600.00 -	1800.00	-	-	-	-	1800.00 -	2000.00	-	-	-	-	-	-	62.00 -	64.00
Mullaittivu	700.00 -	700.00	1000.00 -	1000.00	1200.00 -	1300.00	-	-	-	-	1600.00 -	1600.00	1400.00 -	1500.00	-	-	-	-	-	-
Batticaloa	800.00 -	1000.00	1400.00 -	1500.00	-	-	-	-	-	-	-	-	-	-	-	-	65.00 -	65.00	65.00 -	65.00
Trincomalee	600.00 -	700.00	900.00 -	1050.00	-	-	2000.00 -	2100.00	3500.00 -	3600.00	1500.00 -	1550.00	1450.00 -	1550.00	2000.00 -	2100.00	58.00 -	60.00	56.00 -	60.00
Veyangoda	1000.00 -	1000.00	-	-	2000.00 -	2000.00	-	-	-	-	-	-	-	-	-	-	-	-	58.00 -	63.00
Galenbindunuwewa	1000.00 -	1000.00	1300.00 -	1300.00	1200.00 -	1200.00	2600.00 -	2600.00	3000.00 -	3000.00	2200.00 -	2200.00	1700.00 -	1700.00	2600.00 -	2600.00	-	-	58.00 -	60.00
Bandarawela	800.00 -	900.00	1100.00 -	1200.00	1500.00 -	1600.00	2000.00 -	2200.00	-	-	-	-	1600.00 -	1800.00	2200.00 -	2400.00	63.00 -	65.00	61.00 -	63.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 33: 12 - 18 August 2022

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo Gampaha Kurunegala Nikaweratiya Dambulla Anuradhapura Thambuththegama Polonnaruwa Kaluthara Badulla Keppetipola Moneragala Kegalle Ampara Dehiattakandiya Nuwaraeliya Kandy Puttalam Hambantota Rathnapura Matara Galle Tissamaharama Meegoda Embilipitiya Jaffna Vavuniya Mannar Killinochchi Mullaitivu Batticaloa Trincomalee Veyangoda Galenbindunuwewa Bandarawela Matale	1800.00 – 2000.00	2800.00 – 3200.00	–		2600.00 – 3200.00	1800.00 – 2600.00	2700.00 – 2800.00	1200.00 – 1800.00					
	1800.00 – 2000.00	3000.00 – 3400.00	3400.00 – 3400.00	3000.00 – 3400.00	2400.00 – 2600.00	2400.00 – 3000.00	1400.00 – 1520.00						
	1900.00 – 2000.00	2800.00 – 2800.00	3000.00 – 3000.00	2800.00 – 3000.00	2200.00 – 2400.00	2200.00 – 2600.00	1200.00 – 1400.00						
	1800.00 – 1940.00	2800.00 – 2800.00	–		2700.00 – 2800.00	1800.00 – 2000.00	2600.00 – 2600.00	–					
	1700.00 – 1800.00	2600.00 – 3000.00	–		2800.00 – 3000.00	2000.00 – 2200.00	2600.00 – 2700.00	–					
	1700.00 – 2000.00	2800.00 – 3200.00	–		2800.00 – 3000.00	2000.00 – 2500.00	3200.00 – 3200.00	1200.00 – 1700.00					
	1740.00 – 1760.00	2200.00 – 2200.00	–		2600.00 – 2700.00	2200.00 – 2200.00	–	–					
	1800.00 – 1900.00	2800.00 – 3000.00	–		2800.00 – 3000.00	2000.00 – 2300.00	2800.00 – 2800.00	–					
	1800.00 – 1900.00	2900.00 – 3000.00	–		2700.00 – 2800.00	2200.00 – 2300.00	2600.00 – 2800.00	1400.00 – 1500.00					
	1800.00 – 2000.00	2800.00 – 3000.00	–		2600.00 – 2800.00	2500.00 – 2600.00	–	–					
	1600.00 – 1750.00	3100.00 – 3200.00	–		2800.00 – 2900.00	2500.00 – 2600.00	2800.00 – 2900.00	1300.00 – 1400.00					
	–	2800.00 – 3000.00	–		2800.00 – 3000.00	2300.00 – 2600.00	2750.00 – 2800.00	–					
	1600.00 – 1700.00	2500.00 – 2600.00	–		2600.00 – 2800.00	1800.00 – 1900.00	–	–					
	1700.00 – 2000.00	2800.00 – 2800.00	–		–	2000.00 – 2400.00	–	–					
	1800.00 – 2000.00	3000.00 – 3000.00	–		2800.00 – 2900.00	1600.00 – 1800.00	2000.00 – 2200.00	1300.00 – 1400.00					
	1700.00 – 1800.00	3100.00 – 3200.00	3600.00 – 3650.00	3000.00 – 3200.00	2400.00 – 2500.00	2700.00 – 2800.00	1300.00 – 1400.00						
	2000.00 – 2200.00	3200.00 – 3300.00	–	3000.00 – 3100.00	2400.00 – 2500.00	2800.00 – 2900.00	–						
	1700.00 – 1820.00	2700.00 – 3000.00	–	2700.00 – 3000.00	1650.00 – 1800.00	–	1120.00 – 1250.00						
	–	2800.00 – 2900.00	–	2900.00 – 3100.00	2200.00 – 2400.00	2500.00 – 2700.00	–						
	1720.00 – 1880.00	2800.00 – 2800.00	3000.00 – 3000.00	2600.00 – 2800.00	2000.00 – 2060.00	2400.00 – 2440.00	1900.00 – 2000.00						
	1750.00 – 1800.00	2850.00 – 3000.00	3000.00 – 3200.00	3000.00 – 3100.00	2200.00 – 2400.00	–	–						
	–	–	–	–	–	–	–						
	1700.00 – 1900.00	–	–	–	2000.00 – 2300.00	–	–						
	1800.00 – 2000.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2000.00 – 2200.00	2400.00 – 2400.00	1000.00 – 1100.00						
	1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 3000.00	2300.00 – 2600.00	2700.00 – 2800.00	1350.00 – 1500.00						
	1750.00 – 1900.00	–	–	–	–	–	–						
	–	–	–	–	–	–	–						
	1550.00 – 1600.00	2000.00 – 2100.00	–	–	1600.00 – 1700.00	–	950.00 – 1000.00						
	–	3400.00 – 3500.00	–	2800.00 – 2900.00	2500.00 – 2500.00	2000.00 – 2200.00	1800.00 – 1800.00						
	1800.00 – 2000.00	3000.00 – 3200.00	–	2800.00 – 3000.00	1800.00 – 2000.00	–	1300.00 – 1500.00						
	2100.00 – 2150.00	–	–	3000.00 – 3000.00	2100.00 – 2200.00	2200.00 – 2250.00	–						
	–	3500.00 – 3550.00	–	–	–	–	–						
1600.00 – 1850.00	2800.00 – 3000.00	–	2650.00 – 3200.00	1800.00 – 2000.00	2100.00 – 2300.00	1100.00 – 1200.00							
1900.00 – 2000.00	3000.00 – 3400.00	3900.00 – 4000.00	2800.00 – 3000.00	2000.00 – 2600.00	2600.00 – 3000.00	–							
1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2300.00 – 2400.00	–	1300.00 – 1400.00							
–	–	–	–	–	–	–							

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**Week 33: 12 - 18 August 2022**

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2100.00 - 2200.00	1300.00 - 1400.00	1300.00 - 1600.00	2600.00 - 2800.00	1100.00 - 1400.00
Gampaha	-	1350.00 - 1400.00	-	2600.00 - 2600.00	1200.00 - 1200.00
Kurunegala	2000.00 - 2000.00	1400.00 - 1400.00	-	2500.00 - 2500.00	1380.00 - 1400.00
Nikaweratiya	1800.00 - 1800.00	1350.00 - 1350.00	-	-	-
Dambulla	-	1280.00 - 1350.00	-	-	-
Anuradhapura	1900.00 - 2000.00	1350.00 - 1400.00	-	-	1100.00 - 1300.00
Thambuththegama	1500.00 - 1950.00	1150.00 - 1350.00	-	-	1200.00 - 1300.00
Polonnaruwa	1800.00 - 2000.00	1380.00 - 1400.00	1300.00 - 1350.00	2600.00 - 2900.00	1600.00 - 1700.00
Kaluthara	-	1350.00 - 1400.00	1300.00 - 1350.00	-	-
Badulla	1800.00 - 2000.00	1400.00 - 1450.00	1400.00 - 1500.00	2500.00 - 2600.00	-
Keppetipola	1800.00 - 1900.00	1450.00 - 1480.00	1400.00 - 1460.00	2600.00 - 2700.00	-
Moneragala	1800.00 - 1800.00	1400.00 - 1450.00	1480.00 - 1500.00	-	1400.00 - 1430.00
Kegalle	1850.00 - 1900.00	1260.00 - 1400.00	-	2250.00 - 2300.00	1350.00 - 1400.00
Ampara	2000.00 - 2000.00	1350.00 - 1400.00	-	-	1150.00 - 1150.00
Dehiattakandiya	-	1300.00 - 1350.00	1000.00 - 1180.00	-	1230.00 - 1500.00
Nuwaraeliya	1900.00 - 2000.00	1400.00 - 1460.00	1380.00 - 1450.00	2700.00 - 2800.00	1300.00 - 1400.00
Kandy	1800.00 - 1900.00	1300.00 - 1330.00	1200.00 - 1220.00	2500.00 - 2600.00	-
Puttalam	1800.00 - 1850.00	1350.00 - 1420.00	1200.00 - 1350.00	2700.00 - 2800.00	-
Hambantota	-	1350.00 - 1400.00	-	-	-
Rathnapura	1800.00 - 1800.00	1250.00 - 1300.00	1650.00 - 1750.00	2650.00 - 2700.00	1400.00 - 1400.00
Matara	-	1360.00 - 1400.00	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1450.00 - 1450.00	-	-	1400.00 - 1400.00
Meegoda	-	1150.00 - 1200.00	-	2600.00 - 2600.00	1200.00 - 1200.00
Embilipitiya	2000.00 - 2000.00	1100.00 - 1300.00	1050.00 - 1200.00	2650.00 - 2700.00	1250.00 - 1400.00
Jaffna	1450.00 - 1500.00	1500.00 - 1600.00	1400.00 - 1500.00	2350.00 - 2600.00	-
Vavuniya	1800.00 - 1850.00	1550.00 - 1600.00	-	-	-
Mannar	1400.00 - 1400.00	1600.00 - 1600.00	-	-	-
Killinochchi	1700.00 - 1700.00	1500.00 - 1500.00	1700.00 - 1700.00	2600.00 - 2600.00	-
Mullaittivu	1400.00 - 1400.00	1400.00 - 1400.00	-	-	-
Batticaloa	-	1500.00 - 1500.00	1600.00 - 1700.00	-	-
Trincomalee	1500.00 - 1580.00	1300.00 - 1400.00	1500.00 - 1600.00	-	-
Veyangoda	1800.00 - 1800.00	1260.00 - 1260.00	1200.00 - 1200.00	2600.00 - 2600.00	1300.00 - 1300.00
Galenbindunuwewa	1600.00 - 1650.00	1280.00 - 1350.00	-	-	-
Bandarawela	1800.00 - 2000.00	1350.00 - 1400.00	1300.00 - 1350.00	2600.00 - 2800.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 33: 12 - 18 August 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	80.00 - 82.00	81.00	76.30	70.83	6.16	14.35
Samba 1	230.00 - 235.00	232.50		126.67			Small	68.00 - 72.00	69.80	66.40	63.25	5.12	10.36
Samba 2	230.00 - 230.00	230.00		117.40		95.91							
Keeri Samba	245.00 - 255.00	248.50	249.44		-0.38		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	220.00 - 225.00	221.75		107.90		105.51	Plantain						
Nadu 2	210.00 - 220.00	216.20		102.33		111.27	Ambul (Rs/Kg)	120.00 - 140.00	130.00	117.14	35.00	10.98	271.43
Raw (Red)	215.00 - 225.00	221.00		91.40		141.79	Kolikuttu (Rs/Kg)	240.00 - 300.00	266.67	239.17	130.00	11.50	105.13
Raw (White)	205.00 - 225.00	214.00		99.20		115.73	Seeni (Rs/Kg)	90.00 - 130.00	115.38	110.00	55.00	4.90	109.79
Imported							Anamalu	14.00 - 16.00	15.50	15.25	11.00	1.64	40.91
Samba	175.00 - 185.00	181.80	189.22		-3.92		Ambun	17.00 - 19.00	18.50	18.25	14.00	1.37	32.14
Nadu	175.00 - 185.00	180.50	189.00		-4.50		Papaw(Rs/Kg)	150.00 - 320.00	228.57	137.69	79.23	66.00	188.49
Raw (Red)	-						Passion Fruit	30.00 - 32.00	31.00	28.33	11.50	9.41	169.57
Raw (White)	165.00 - 175.00	171.80	181.67		-5.43		Pineapple Large	500.00 - 600.00	552.00	493.33	176.00	11.89	213.64
<u>Dried Chillies</u>							Pineapple Medium	400.00 - 480.00	444.00	388.33	133.00	14.33	233.83
Imported	1450.00 - 1500.00	1477.00	1456.00	507.00	1.44	191.32	Pineapple Small	350.00 - 380.00	363.33	309.17	89.00	17.52	308.24
<u>Onion</u>							Mango						
Sinnan	-			175.56			Betti	-					
Vedalan	290.00 - 380.00	321.50	311.00	228.50	3.38	40.70	Karthakolomban	150.00 - 180.00	161.67	155.83	116.67	3.74	38.57
Imported	-						Vilad	50.00 - 60.00	56.00	55.00	33.67	1.82	66.34
<u>Big Onion</u>							Kohu	-					
Imported	135.00 - 165.00	151.30	136.50	100.50	10.84	50.55	Other						
Local	-						Wood Apple	20.00 - 24.00	22.00	20.17	23.67	9.09	-7.04
<u>Potato</u>							Orange	45.00 - 60.00	54.17	59.50	33.18	-8.96	63.24
Welimada	325.00 - 340.00	332.50	325.00		2.31		Avocado	40.00 - 70.00	55.00	60.00	42.67	-8.33	28.91
N'Eliya	350.00 - 370.00	360.00	352.00	200.00	2.27	80.00	Slime Apple	24.00 - 30.00	26.67	27.50	39.17	-3.03	-31.91
Imported	160.00 - 250.00	178.50	182.00	144.50	-1.92	23.53	Grapes (Imp., Rs/Kg)	2700.00 - 3500.00	3233.33		921.75		250.78
<u>Pulses</u>							King Coconut	90.00 - 110.00	100.00	95.00	60.00	5.26	66.67
Green Gram	780.00 - 850.00	810.50	780.50	723.00	3.84	12.10	<u>Sea Fish</u>						
Cowpea (White)	690.00 - 730.00	714.38	703.33	562.50	1.57	27.00	Salaya	600.00 - 900.00	776.00	680.00	164.00	14.12	373.17
Cowpea (Red)	630.00 - 700.00	662.78	661.11	387.50	0.25	71.04	Hurulla	1000.00 - 1250.00	1118.75	985.00	446.00	13.58	150.84
Red Dhal	420.00 - 430.00	425.50	435.50	207.10	-2.30	105.46	Balaya	1000.00 - 1300.00	1137.50	936.25	390.00	21.50	191.67
<u>Vegetable</u>							Kelawalla	1550.00 - 2000.00	1767.78	1500.00	628.00	17.85	181.49
Beans (Butter)	-						Thora	2100.00 - 3700.00	2933.33	2720.00	1480.00	7.84	98.20
Beans(Green)	400.00 - 450.00	421.00	536.00	198.33	-21.46	112.27	Paraw	1300.00 - 2000.00	1643.75	1625.00	762.00	1.15	115.72
Carrot	200.00 - 320.00	260.00	227.50	108.46	14.29	139.72	Mora	-					
Leeks	140.00 - 200.00	168.00	158.00	183.08	6.33	-8.24	Shrimps	1500.00 - 1700.00	1577.78	1452.22	964.00	8.65	63.67
Beetroot	100.00 - 180.00	131.82	114.55	88.33	15.08	49.23	Thalapath	2000.00 - 2500.00	2266.67	1916.67	892.50	18.26	153.97
Knolkhol	100.00 - 160.00	131.00	113.00	109.17	15.93	20.00	<u>Eggs</u>						
Raddish	80.00 - 100.00	90.00	82.00	64.17	9.76	40.26	Brown	59.00 - 62.50	60.75	58.00	20.25	4.74	200.00
Cabbage	200.00 - 400.00	302.00	234.00	110.00	29.06	174.55	White	56.00 - 61.00	58.38	55.50	18.25	5.18	219.86
Tomato	300.00 - 350.00	326.00	302.00	90.00	7.95	262.22	<u>Dried Fish</u>						
Ladies Fingers	140.00 - 200.00	180.00	176.00	83.08	2.27	116.67	Sprats	1900.00 - 2400.00	2086.00	2101.00	1318.33	-0.71	58.23
Brinjal	350.00 - 400.00	377.00	326.00	135.00	15.64	179.26	Sprats (Imported)	1380.00 - 1700.00	1580.83	1562.50	655.56	1.17	141.14
Capsicum	550.00 - 700.00	628.00	608.00	224.17	3.29	180.15	Kattawa	-			1265.00		
Pumpkin	100.00 - 130.00	114.00	124.00	109.17	-8.06	4.43	Kattawa (Imported)	2000.00 - 2200.00	2150.00	2148.33		0.08	
Cucumber	80.00 - 100.00	87.00	91.00	37.50	-4.40	132.00	Thora	-					
Bitter Gourd	280.00 - 320.00	302.00	258.57	103.85	16.80	190.81	Thora (Imported)	-					
Snake Gourd	260.00 - 300.00	282.22	268.00	124.17	5.31	127.29	Mora	2200.00 - 2450.00	2382.86	2485.56	1138.33	-4.13	109.33
Drumstick	300.00 - 350.00	326.00	275.00	203.08	18.55	60.53	Mora (Imported)	-					
Luffa	180.00 - 250.00	217.00	192.00	74.17	13.02	192.58	Balaya	1550.00 - 1700.00	1605.00	1800.00	780.00	-10.83	105.77
Long Beans	220.00 - 260.00	238.00	235.00	128.33	1.28	85.45	Balaya (Imported)	-					
Ash Plantain	100.00 - 150.00	127.00	118.00	55.83	7.63	127.46	Anguluwa	-					
Green Chillies	350.00 - 430.00	393.00	324.00	188.33	21.30	108.67	Anguluwa (Imported)	1850.00 - 2100.00	1927.50	1867.50		3.21	
Lime	130.00 - 150.00	144.00	159.00	80.83	-9.43	78.14	Maduwa	-			785.00		
<u>Root Crops</u>							Maduwa (Imported)	-					
Sweet Potato	150.00 - 170.00	160.00	112.00	85.00	42.86	88.24	Koduwa	-					
Manioc	70.00 - 100.00	85.00	79.00	26.67	7.59	218.75	Koduwa (Imported)	-					
<u>Leafy Vegetable</u>							Salaya	850.00 - 1100.00	960.00	980.00	300.00	-2.04	220.00
Mukunuwenna	38.00 - 40.00	39.00	36.30	30.67	7.44	27.17	Salaya (Imported)	-					
Kankun	38.00 - 40.00	39.00	36.30	30.83	7.44	26.49							
Gotukola (Rs/Kg)	160.00 - 170.00	164.00	162.00	78.00	1.23	110.26							

This Week: Week 33: 12 - 18 August 2022
Last Week: Week 32: 05 - 11 August 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 33: 12 - 18 August 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	90.00 - 110.00	97.65	96.08	84.29	1.57	15.85
Samba 1	250.00 - 270.00	257.50	261.82	147.86	-4.32	74.15	Small	75.00 - 85.00	81.29	79.84	71.38	1.45	13.89
Samba 2	230.00 - 250.00	241.74	246.43	137.90	-4.69	75.30							
Keeri Samba	260.00 - 280.00	271.03	270.54		0.49		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	230.00 - 260.00	244.41	250.40	122.50	-5.99	99.52	Plantain						
Nadu 2	220.00 - 240.00	230.56	240.34	115.52	-9.79	99.59	Ambul (Rs/Kg)	140.00 - 200.00	167.78	152.86	113.82	14.92	47.40
Raw (Red)	230.00 - 260.00	246.11	249.32	102.97	-3.21	139.01	Kolikuttu (Rs/Kg)	280.00 - 350.00	320.56	287.22	214.84	33.33	49.21
Raw (White)	230.00 - 260.00	246.47	252.17	106.94	-5.70	130.47	Seeni (Rs/Kg)	130.00 - 180.00	160.00	156.77	129.43	3.23	23.62
Imported							Anamalu	16.00 - 26.00	22.86	21.92	18.57	0.94	23.10
Samba	200.00 - 220.00	211.22	221.82		-10.60		Ambun	20.00 - 33.00	28.63	27.11	23.49	1.52	21.90
Nadu	200.00 - 220.00	214.17	220.83		-6.67		Papaw(Rs/Kg)	250.00 - 400.00	327.06	226.77	158.79	100.28	105.97
Raw (Red)							Passion Fruit	33.00 - 50.00	43.09	42.25	24.34	0.84	76.99
Raw (White)	190.00 - 210.00	199.14	204.72		-5.58		Pineapple Large	550.00 - 600.00	569.55	531.48	243.45	38.06	133.95
Dried Chillies							Pineapple Medium	450.00 - 500.00	480.00	431.67	181.94	48.33	163.83
Imported	1600.00 - 2000.00	1756.25	1888.57	602.22	-132.32	191.63	Pineapple Small	350.00 - 400.00	384.55	340.59	140.32	43.96	174.04
Onion							Mango						
Sinnan	300.00 - 400.00	363.40	340.00	280.57	23.40	29.52	Betti						
Vedalan	450.00 - 560.00	493.55	467.35	316.55	26.20	55.91	Karthakolomban	160.00 - 220.00	193.33	155.00	154.29	38.33	25.31
Imported			377.00	323.03			Vilad	60.00 - 120.00	95.00	86.00	65.17	9.00	45.77
Big Onion							Kohu						
Imported	160.00 - 210.00	186.67	185.56	127.89	1.11	45.95	Other						
Local							Wood Apple	30.00 - 80.00	57.74	63.62	86.36	-5.88	-33.14
Potato							Orange	50.00 - 120.00	95.36	101.58	61.33	-6.22	55.47
Welimada	400.00 - 450.00	406.25					Avocado	70.00 - 150.00	97.58	99.00	74.14	-1.42	31.61
N'Eliya	450.00 - 520.00	495.93	483.75	248.00	12.18	99.97	Slime Apple	50.00 - 100.00	67.31	67.04	80.83	0.27	-16.73
Imported	190.00 - 240.00	221.18	219.73	168.89	1.45	30.96	Grapes (Imp., Rs/Kg)	3800.00 - 4500.00	4100.00		1231.25		232.99
Pulses							King Coconut	120.00 - 150.00	130.50	128.50	74.35	2.00	75.53
Green Gram	900.00 - 1000.00	982.90	980.31	780.95	2.59	25.86							
Cowpea (White)	780.00 - 950.00	894.33	892.00	676.19	2.33	32.26	Sea Fish						
Cowpea (Red)	700.00 - 850.00	781.20	774.29	651.92	6.91	19.83	Salaya	880.00 - 1160.00	963.33	907.14	313.33	56.19	207.45
Red Dhal	440.00 - 490.00	470.00	496.67	223.64	-26.67	110.16	Hurulla	1120.00 - 1400.00	1264.00	1242.50	512.00	21.50	146.88
Vegetable							Balaya	1800.00 - 2000.00	1971.43	1925.00	912.50	46.43	116.05
Beans (Butter)							Kelawalla	2400.00 - 3200.00	2740.00	2662.50	1181.90	77.50	131.83
Beans(Green)	450.00 - 650.00	570.00	607.86	252.33	-37.86	125.89	Thora	3200.00 - 3600.00	3333.33		1825.00		82.65
Carrot	300.00 - 600.00	455.86	383.00	168.97	72.86	169.80	Paraw	2400.00 - 3200.00	2787.50	2742.86	1258.67	44.64	121.46
Leeks	200.00 - 400.00	316.21	268.46	236.07	47.75	33.95	Mora						
Beetroot	160.00 - 360.00	257.93	234.48	143.33	23.45	79.95	Shrimps	1800.00 - 2200.00	1944.00	1770.00	1084.00	174.00	79.34
Knolkhol	180.00 - 320.00	268.15	243.60	193.45	24.55	38.61	Thalapath	2600.00 - 3200.00	2884.21	2834.44	1425.56	49.77	102.32
Raddish	140.00 - 280.00	224.48	206.07	125.67	18.41	78.63	Eggs						
Cabbage	400.00 - 600.00	520.71	369.29	192.67	151.43	170.27	Brown	60.00 - 66.00	63.08	59.90	20.54	3.18	207.07
Tomato	400.00 - 600.00	497.24	480.40	177.00	16.84	180.93	White	57.00 - 65.00	61.28	56.53	19.14	4.75	220.22
Ladies Fingers	200.00 - 360.00	306.67	300.00	150.34	6.67	103.98	Dried Fish						
Brinjal	420.00 - 600.00	542.86	463.57	237.19	79.29	128.87	Sprats	2000.00 - 2800.00	2455.00	2552.00	1435.29	-97.00	71.05
Capsicum	720.00 - 1200.00	923.21	840.36	296.55	82.86	211.32	Sprats (Imported)	1800.00 - 2000.00	1922.00	1892.59	886.52	29.41	116.80
Pumpkin	160.00 - 320.00	241.38	248.28	178.33	-6.90	35.35	Kattawa	2800.00 - 3200.00	3046.15	3150.00	1661.36	-103.85	83.35
Cucumber	140.00 - 240.00	197.24	203.57	105.86	-6.33	86.32	Thora				1950.00		
Bitter Gourd	360.00 - 600.00	495.93	431.15	205.00	64.77	141.92	Mora	2600.00 - 3200.00	2976.19	3086.96	1554.55	-110.77	91.45
Snake Gourd	360.00 - 600.00	471.48	397.86	205.33	73.62	129.62	Balaya	1800.00 - 2600.00	2319.05	2484.00	1077.27	-164.95	115.27
Drumstick	400.00 - 600.00	539.63	531.11	307.59	8.52	75.44	Anguluwa	2700.00 - 2800.00	2780.00	2883.33	1500.00	-103.33	85.33
Luffa	280.00 - 500.00	392.22	338.89	191.67	53.33	104.64	Maduwa						
Long Beans	280.00 - 520.00	396.55	372.76	165.17	23.79	140.08	Koduwa						
Ash Plantain	160.00 - 240.00	227.41	225.56	130.00	1.85	74.93	Salaya	1200.00 - 1800.00	1435.71	1478.95	552.38	-43.23	159.91
Green Chillies	440.00 - 800.00	655.52	623.57	289.35	31.95	126.54	Meat						
Lime	280.00 - 600.00	448.52	456.79	263.33	-8.27	70.32	Beef (without Bones)	2100.00 - 2200.00	2175.00	2150.00	1171.43	25.00	85.67
Root Crops							Chicken (Broiler)	1300.00 - 1400.00	1366.25	1351.11	713.00	15.14	91.62
Sweet Potato	200.00 - 280.00	255.00	250.69	137.67	4.31	85.23	Chicken (Curry)	1300.00 - 1600.00	1464.29	1431.43	714.00	32.86	105.08
Manioc	140.00 - 200.00	182.07	179.20	79.33	2.87	129.50	Mutton	2600.00 - 2800.00	2714.29	2771.43	2077.78	-57.14	30.63
Leafy Vegetable							Pork	1100.00 - 1400.00	1275.00	1250.00	900.00	25.00	41.67
Mukunuwenna	50.00 - 100.00	74.44	75.50	44.52	-1.06	67.20							
Kankun	50.00 - 100.00	73.68	75.50	44.52	-1.82	65.49							
Gotukola	60.00 - 100.00	75.56	78.82	54.29	-3.27	39.18							

This Week: Week 33: 12 - 18 August 2022

Last Week: Week 32: 05 - 11 August 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 33: 12 - 18 August 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			<u>Vegetable (Up Country)</u>			Snake Gourd		
Short Grain			Beans			Dambulla	172.50 - 200.00	187.00
A'pura	110.00 - 112.00	110.80	Dambulla	300.00 - 330.00	316.00	Hambantota	-	
P'haruwa	122.00 - 123.50	122.75	Welimada	220.00 - 230.00	226.00	Embilipitiya	275.00 - 290.00	283.00
Kalawewa	90.00 - 110.00	98.33	Badulla	340.00 - 400.00	360.00	Matara	-	
Kurunegala	120.00 - 122.00	120.67	Carrot			A'pura	140.00 - 150.00	144.00
Dehiattakandiya	119.50 - 120.00	119.83	N'Elia	265.00 - 275.00	269.00	Luffa		
Nikaweratiya	95.00 - 115.00	102.50	Welimada	230.00 - 238.00	234.80	Dambulla	162.50 - 177.50	168.50
Ampara	112.00 - 115.00	114.00	Hanguranketha	-		Hambantota	140.00 - 150.00	143.33
Long Grain (White)			Leeks			Embilipitiya	185.00 - 200.00	194.00
A'pura	110.00 - 112.00	110.80	N'Elia	150.00 - 160.00	154.00	Matara	-	
P'haruwa	121.00 - 123.00	122.17	Welimada	230.00 - 245.00	238.00	A'pura	170.00 - 180.00	174.00
Kalawewa	90.00 - 110.00	98.33	Beetroot			Green Chillies		
Kurunegala	120.00 - 122.00	120.67	N'Elia	120.00 - 130.00	124.00	Dambulla	390.00 - 420.00	400.00
Dehiattakandiya	119.00 - 120.00	119.50	Dambulla	95.00 - 105.00	99.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	480.00 - 520.00	500.00
Nikaweratiya	95.00 - 115.00	102.50	Welimada	115.00 - 120.00	117.60	Puttalam	350.00 - 420.00	391.67
Hambantota	-		Hanguranketha	90.00 - 120.00	107.00	A'pura	360.00 - 380.00	368.00
Ampara	110.00 - 115.00	111.67	Knol Khol			Pumpkin		
Long Grain (Red)			N'Elia	120.00 - 125.00	123.00	Dambulla	100.00 - 120.00	111.00
Matara	120.00 - 130.00	125.00	Welimada	110.00 - 118.00	114.00	Hambantota	60.00 - 70.00	65.00
Hambantota	125.00 - 127.00	126.00	Hanguranketha	-		Embilipitiya	130.00 - 145.00	138.00
Embilipitiya	120.00 - 125.00	122.20	Raddish			Matara	-	
Keeri Samba			N'Elia	35.00 - 45.00	41.00	A'pura	100.00 - 110.00	104.00
A'pura	110.00 - 115.00	112.00	Welimada	20.00 - 25.00	23.00	Moneragala	-	
P'haruwa	126.00 - 127.00	126.50	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	95.00 - 110.00	103.00	Hanguranketha	20.00 - 35.00	30.40	A'pura	70.00 - 75.00	72.00
Kurunegala	125.00 - 130.00	128.33	Cabbage			Dambulla	76.00 - 95.00	85.40
Dehiattakandiya	119.00 - 120.00	119.67	N'Elia	335.00 - 345.00	339.00	Hambantota	40.00 - 70.00	55.00
Red Onion			Welimada	325.00 - 335.00	329.00	Matara	-	
Puttalam	220.00 - 300.00	264.00	Badulla	240.00 - 260.00	250.00	Long Beans		
Jaffna	220.00 - 300.00	265.00	Hanguranketha	-		Dambulla	190.00 - 210.00	202.00
Big Onion			Tomato			Hambantota	170.00 - 180.00	173.33
Dambulla	-		Welimada	270.00 - 280.00	276.00	Embilipitiya	260.00 - 290.00	276.67
Kalawewa	-		Hambantota	260.00 - 280.00	270.00	Matara	220.00 - 240.00	227.50
A'pura	-		Dambulla	290.00 - 310.00	298.00	A'pura	160.00 - 170.00	164.00
Potato			Hanguranketha	210.00 - 250.00	224.00	Ash Plantain		
N'Elia	360.00 - 370.00	364.00	<u>Vegetable (Low Country)</u>			Hambantota	30.00 - 35.00	32.50
Badulla	-		Ladies Fingers			Embilipitiya	70.00 - 80.00	74.00
Welimada	275.00 - 285.00	279.00	A'pura	90.00 - 100.00	94.00	Matara	60.00 - 65.00	61.67
<u>Pulses</u>			Dambulla	110.00 - 120.00	117.00	Lime		
Green Gram			Hambantota	90.00 - 120.00	100.00	Hambantota	-	
Hambantota	-		Embilipitiya	150.00 - 160.00	155.00	Embilipitiya	170.00 - 200.00	183.00
Moneragala	680.00 - 700.00	688.00	Matara	180.00 - 190.00	186.67	Moneragala	90.00 - 100.00	94.00
Embilipitiya	670.00 - 680.00	675.00	Brinjal			<u>Fruits (Rs/Kg)</u>		
Nikaweratiya	550.00 - 650.00	600.00	A'pura	320.00 - 340.00	328.00	Banana		
A'pura	650.00 - 680.00	662.00	Dambulla	340.00 - 380.00	360.00	Ambul		
Cowpea			Hambantota	-		Moneragala	40.00 - 50.00	44.00
Hambantota	-		Embilipitiya	350.00 - 360.00	356.25	Embilipitiya	70.00 - 80.00	76.00
Nikaweratiya	500.00 - 550.00	525.00	Matara	260.00 - 300.00	280.00	Hambantota	70.00 - 90.00	80.00
Moneragala	550.00 - 600.00	570.00	Welimada	265.00 - 280.00	271.00	Kolikuttu		
Embilipitiya	600.00 - 610.00	605.00	Capsicum			Moneragala	160.00 - 170.00	164.00
Maize			Badulla	-		Embilipitiya	200.00 - 220.00	211.25
A'pura	190.00 - 200.00	194.00	Welimada	620.00 - 630.00	625.00	Hambantota	-	
Kalawewa	-		Bitter Gourd			Papaw		
Gingelly			A'pura	280.00 - 300.00	288.00	Moneragala	90.00 - 100.00	94.00
A'pura	460.00 - 470.00	464.00	Dambulla	280.00 - 310.00	296.00	Embilipitiya	140.00 - 150.00	144.00
Kalawewa	-		Hambantota	-		Hambantota	110.00 - 120.00	115.00
Black Gram			Embilipitiya	340.00 - 370.00	354.00	Pineapple		
A'pura	490.00 - 500.00	494.00	Matara	330.00 - 350.00	343.33	Divulapitiya	-	
Kalawewa	400.00 - 450.00	420.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 33: 12 - 18 August 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
<u>Local</u>									
Samba 1	260.00 - 260.00	260.00 - 260.00	250.00 - 250.00	260.00 - 260.00	270.00 - 270.00	260.00 - 260.00	250.00 - 250.00	250.00 - 260.00	250.00 - 260.00
Samba 2	230.00 - 230.00	250.00 - 250.00	-	-	240.00 - 250.00	240.00 - 250.00	230.00 - 240.00	250.00 - 250.00	240.00 - 250.00
Keeri Samba	260.00 - 270.00	270.00 - 270.00	270.00 - 280.00	260.00 - 280.00	260.00 - 280.00	260.00 - 270.00	260.00 - 270.00	280.00 - 280.00	270.00 - 280.00
Nadu 1	230.00 - 240.00	240.00 - 240.00	250.00 - 250.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 250.00	250.00 - 250.00	250.00 - 260.00
Nadu 2	220.00 - 220.00	-	-	-	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	240.00 - 240.00	-
Raw (Red)	240.00 - 260.00	260.00 - 260.00	240.00 - 250.00	230.00 - 240.00	230.00 - 260.00	250.00 - 250.00	240.00 - 240.00	250.00 - 250.00	250.00 - 250.00
Raw (White)	230.00 - 260.00	240.00 - 240.00	250.00 - 250.00	230.00 - 240.00	240.00 - 260.00	260.00 - 260.00	240.00 - 240.00	250.00 - 250.00	250.00 - 260.00
<u>Imported</u>									
Samba	200.00 - 220.00	200.00 - 220.00	200.00 - 220.00	210.00 - 220.00	200.00 - 220.00	220.00 - 220.00	200.00 - 200.00	200.00 - 200.00	210.00 - 220.00
Nadu	200.00 - 220.00	200.00 - 200.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	210.00 - 220.00	210.00 - 220.00	220.00 - 220.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	190.00 - 200.00	190.00 - 210.00	190.00 - 200.00	190.00 - 210.00	200.00 - 210.00	210.00 - 210.00	190.00 - 190.00	190.00 - 210.00	190.00 - 190.00
<u>Dried Chillies</u>									
Imported	1600.00 - 1700.00	1800.00 - 2000.00	1800.00 - 1900.00	1900.00 - 2000.00	1600.00 - 2000.00	-	1600.00 - 1600.00	1700.00 - 1800.00	1600.00 - 1600.00
<u>Red Onion</u>									
Sinnan	350.00 - 400.00	340.00 - 400.00	320.00 - 400.00	380.00 - 400.00	360.00 - 400.00	320.00 - 400.00	300.00 - 350.00	350.00 - 400.00	350.00 - 400.00
Vedalan	480.00 - 480.00	560.00 - 560.00	480.00 - 550.00	450.00 - 480.00	460.00 - 480.00	480.00 - 480.00	450.00 - 500.00	500.00 - 500.00	450.00 - 540.00
Imported	-	-	-	-	-	-	-	-	-
<u>Big Onion</u>									
Imported	160.00 - 180.00	200.00 - 210.00	180.00 - 200.00	200.00 - 200.00	160.00 - 200.00	180.00 - 180.00	160.00 - 200.00	200.00 - 200.00	190.00 - 200.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	400.00 - 400.00	-	-	-	-	400.00 - 400.00	400.00 - 450.00	-	-
N'Eliya	450.00 - 450.00	480.00 - 480.00	480.00 - 520.00	480.00 - 520.00	450.00 - 520.00	-	500.00 - 520.00	520.00 - 520.00	500.00 - 520.00
Imported	190.00 - 220.00	220.00 - 240.00	200.00 - 240.00	240.00 - 240.00	200.00 - 200.00	240.00 - 240.00	190.00 - 200.00	200.00 - 240.00	240.00 - 240.00
<u>Pulses</u>									
Green Gram	900.00 - 920.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00	950.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1000.00
Cowpea (White)	780.00 - 820.00	900.00 - 950.00	900.00 - 950.00	800.00 - 900.00	850.00 - 900.00	780.00 - 800.00	780.00 - 800.00	950.00 - 950.00	950.00 - 950.00
Cowpea (Red)	720.00 - 760.00	800.00 - 800.00	850.00 - 850.00	800.00 - 800.00	800.00 - 850.00	700.00 - 800.00	700.00 - 700.00	700.00 - 850.00	700.00 - 800.00
Red Dhal	450.00 - 480.00	490.00 - 490.00	460.00 - 480.00	480.00 - 490.00	480.00 - 490.00	460.00 - 460.00	450.00 - 480.00	440.00 - 460.00	440.00 - 480.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 33: 12 - 18 August 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00 - 500.00	620.00 - 640.00	560.00 - 600.00	480.00 - 500.00	600.00 - 640.00	600.00 - 650.00	600.00 - 640.00	650.00 - 650.00	600.00 - 600.00
Carrot	300.00 - 400.00	480.00 - 520.00	400.00 - 480.00	480.00 - 560.00	600.00 - 600.00	600.00 - 600.00	320.00 - 360.00	360.00 - 400.00	480.00 - 480.00
Leeks	200.00 - 280.00	360.00 - 400.00	280.00 - 320.00	320.00 - 400.00	320.00 - 400.00	320.00 - 400.00	240.00 - 280.00	240.00 - 320.00	360.00 - 400.00
Beetroot	160.00 - 200.00	320.00 - 360.00	280.00 - 320.00	200.00 - 320.00	240.00 - 240.00	360.00 - 360.00	160.00 - 200.00	200.00 - 240.00	360.00 - 360.00
Knolkhol	180.00 - 200.00	280.00 - 320.00	280.00 - 320.00	240.00 - 320.00	280.00 - 320.00	300.00 - 320.00	240.00 - 240.00	240.00 - 300.00	240.00 - 280.00
Raddish	140.00 - 160.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	200.00 - 240.00	240.00 - 280.00	200.00 - 200.00	200.00 - 200.00	240.00 - 240.00
Cabbage	450.00 - 500.00	480.00 - 600.00	480.00 - 560.00	600.00 - 600.00	560.00 - 600.00	600.00 - 600.00	450.00 - 480.00	400.00 - 400.00	520.00 - 600.00
Tomato	400.00 - 440.00	560.00 - 600.00	440.00 - 520.00	500.00 - 600.00	480.00 - 500.00	540.00 - 600.00	400.00 - 400.00	440.00 - 500.00	600.00 - 600.00
Ladies Fingers	200.00 - 240.00	320.00 - 360.00	320.00 - 360.00	320.00 - 360.00	280.00 - 320.00	320.00 - 320.00	280.00 - 280.00	360.00 - 360.00	360.00 - 360.00
Brinjal	420.00 - 500.00	560.00 - 600.00	520.00 - 560.00	600.00 - 600.00	480.00 - 600.00	600.00 - 600.00	480.00 - 520.00	500.00 - 600.00	520.00 - 600.00
Capsicum	720.00 - 850.00	900.00 - 1000.00	1000.00 - 1200.00	800.00 - 1000.00	800.00 - 900.00	1000.00 - 1200.00	760.00 - 800.00	800.00 - 900.00	1000.00 - 1000.00
Pumpkin	200.00 - 200.00	280.00 - 280.00	240.00 - 280.00	240.00 - 320.00	240.00 - 240.00	320.00 - 320.00	160.00 - 200.00	240.00 - 240.00	200.00 - 240.00
Cucumber	140.00 - 160.00	240.00 - 240.00	160.00 - 240.00	200.00 - 240.00	160.00 - 200.00	200.00 - 240.00	140.00 - 160.00	200.00 - 240.00	240.00 - 240.00
Bitter Gourd	360.00 - 450.00	480.00 - 600.00	480.00 - 560.00	600.00 - 600.00	360.00 - 480.00	-	360.00 - 400.00	480.00 - 600.00	600.00 - 600.00
Snake Gourd	360.00 - 400.00	360.00 - 480.00	400.00 - 520.00	480.00 - 600.00	500.00 - 600.00	-	360.00 - 400.00	480.00 - 600.00	480.00 - 600.00
Drumstick	500.00 - 600.00	480.00 - 600.00	400.00 - 600.00	400.00 - 600.00	480.00 - 600.00	-	400.00 - 500.00	400.00 - 600.00	600.00 - 600.00
Luffa	280.00 - 360.00	360.00 - 360.00	400.00 - 400.00	320.00 - 500.00	480.00 - 500.00	-	320.00 - 360.00	360.00 - 400.00	500.00 - 500.00
Long Beans	300.00 - 350.00	480.00 - 520.00	480.00 - 520.00	320.00 - 480.00	320.00 - 480.00	280.00 - 280.00	320.00 - 360.00	320.00 - 400.00	440.00 - 520.00
Ash Plantain	160.00 - 200.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	160.00 - 200.00	200.00 - 240.00	240.00 - 240.00
Green Chillies	440.00 - 500.00	800.00 - 800.00	600.00 - 800.00	500.00 - 800.00	600.00 - 800.00	800.00 - 800.00	560.00 - 600.00	500.00 - 600.00	600.00 - 800.00
Lime	280.00 - 300.00	400.00 - 600.00	500.00 - 600.00	400.00 - 500.00	600.00 - 600.00	600.00 - 600.00	320.00 - 400.00	400.00 - 400.00	600.00 - 600.00
<u>Root Crops</u>									
Sweet Potato	220.00 - 280.00	240.00 - 280.00	240.00 - 280.00	240.00 - 280.00	280.00 - 280.00	280.00 - 280.00	200.00 - 240.00	240.00 - 280.00	240.00 - 240.00
Manioc	140.00 - 160.00	180.00 - 200.00	160.00 - 180.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	160.00 - 180.00	180.00 - 200.00	180.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	50.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	50.00 - 60.00	90.00 - 100.00	80.00 - 80.00
Gotukola	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	60.00 - 60.00	90.00 - 100.00	80.00 - 80.00
<u>Coconut</u>									
Large	100.00 - 100.00	110.00 - 110.00	90.00 - 100.00	90.00 - 110.00	90.00 - 100.00	90.00 - 95.00	90.00 - 105.00	90.00 - 110.00	90.00 - 110.00
Small	80.00 - 80.00	85.00 - 85.00	75.00 - 85.00	75.00 - 85.00	80.00 - 80.00	75.00 - 85.00	75.00 - 80.00	75.00 - 80.00	80.00 - 85.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)
Week 33: 12 - 18 August 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	140.00 - 150.00	180.00 - 200.00	180.00 - 200.00	150.00 - 180.00	160.00 - 200.00	150.00 - 160.00	160.00 - 180.00	140.00 - 150.00	160.00 - 180.00
Kolikuttu (Rs/Kg)	300.00 - 320.00	340.00 - 350.00	350.00 - 350.00	320.00 - 350.00	330.00 - 350.00	300.00 - 320.00	300.00 - 320.00	280.00 - 300.00	280.00 - 300.00
Seeni (Rs/Kg)	130.00 - 150.00	150.00 - 160.00	180.00 - 180.00	140.00 - 170.00	150.00 - 170.00	140.00 - 160.00	150.00 - 170.00	160.00 - 180.00	160.00 - 180.00
Anamalu	16.00 - 18.00	22.00 - 24.00	25.00 - 25.00	20.00 - 22.00	22.00 - 24.00	24.00 - 26.00	24.00 - 26.00	24.00 - 26.00	20.00 - 22.00
Ambun	20.00 - 23.00	28.00 - 30.00	31.00 - 32.00	25.00 - 28.00	28.00 - 30.00	30.00 - 33.00	30.00 - 33.00	30.00 - 32.00	25.00 - 28.00
<u>Pineapple</u>									
Large	550.00 - 600.00	550.00 - 550.00	550.00 - 600.00	550.00 - 600.00	550.00 - 600.00	580.00 - 600.00	550.00 - 550.00	550.00 - 550.00	550.00 - 600.00
Medium	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	450.00 - 500.00	500.00 - 500.00
Small	380.00 - 400.00	400.00 - 400.00	-	400.00 - 400.00	400.00 - 400.00	350.00 - 400.00	350.00 - 400.00	350.00 - 400.00	350.00 - 400.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	200.00 - 220.00	-	-	-	-	-	-	160.00 - 160.00	-
Vilad	80.00 - 100.00	120.00 - 120.00	100.00 - 100.00	100.00 - 120.00	100.00 - 120.00	60.00 - 70.00	60.00 - 60.00	80.00 - 100.00	80.00 - 100.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00 - 50.00	60.00 - 80.00	50.00 - 80.00	70.00 - 80.00	60.00 - 80.00	30.00 - 50.00	40.00 - 50.00	40.00 - 50.00	30.00 - 50.00
Orange	50.00 - 60.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00	80.00 - 100.00	60.00 - 80.00	100.00 - 120.00	100.00 - 120.00	100.00 - 120.00
Avocado	70.00 - 100.00	80.00 - 100.00	80.00 - 120.00	100.00 - 120.00	120.00 - 150.00	80.00 - 100.00	120.00 - 150.00	80.00 - 100.00	80.00 - 100.00
Slime Apple	50.00 - 60.00	80.00 - 100.00	100.00 - 100.00	80.00 - 100.00	100.00 - 100.00	50.00 - 60.00	50.00 - 60.00	80.00 - 100.00	60.00 - 80.00
Grapes (Rs/Kg)	-	-	4500.00 - 4500.00	-	-	-	-	4000.00 - 4000.00	3800.00 - 3800.00
Papaw (Rs/Kg)	330.00 - 350.00	380.00 - 400.00	380.00 - 400.00	350.00 - 380.00	350.00 - 380.00	300.00 - 320.00	260.00 - 280.00	250.00 - 280.00	250.00 - 280.00
Passion	33.00 - 33.00	46.00 - 50.00	50.00 - 50.00	46.00 - 50.00	38.00 - 42.00	33.00 - 33.00	33.00 - 33.00	33.00 - 38.00	40.00 - 42.00
King Coconut	120.00 - 120.00	120.00 - 130.00	120.00 - 150.00	120.00 - 130.00	120.00 - 120.00	120.00 - 120.00	120.00 - 130.00	120.00 - 150.00	120.00 - 120.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)
Week 33: 12 - 18 August 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	1000.00 - 1000.00	960.00 - 1040.00	900.00 - 900.00	-	1160.00 - 1160.00	880.00 - 1160.00	900.00 - 900.00	880.00 - 920.00	920.00 - 1000.00
Hurulla	-	-	-	-	-	-	1200.00 - 1200.00	1120.00 - 1120.00	1400.00 - 1400.00
Balaya	1800.00 - 1800.00	-	2000.00 - 2000.00	-	-	2000.00 - 2000.00	-	-	-
Kelawalla	2400.00 - 2400.00	3200.00 - 3200.00	-	3200.00 - 3200.00	3200.00 - 3200.00	2700.00 - 2800.00	-	-	-
Thora	-	3200.00 - 3200.00	-	3600.00 - 3600.00	-	3200.00 - 3200.00	-	-	-
Paraw	2800.00 - 2800.00	2800.00 - 2800.00	-	3200.00 - 3200.00	-	2400.00 - 2600.00	-	-	-
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1800.00 - 2000.00	1960.00 - 1960.00	1900.00 - 2000.00	1800.00 - 1800.00	2000.00 - 2000.00	2000.00 - 2200.00	-	1920.00 - 1920.00	1960.00 - 2200.00
Talapath	2800.00 - 2800.00	3200.00 - 3200.00	2600.00 - 2600.00	3000.00 - 3000.00	-	3000.00 - 3000.00	2600.00 - 2600.00	3000.00 - 3200.00	2800.00 - 2900.00
<u>Eggs (Rs/Egg)</u>									
Brown	62.50 - 62.50	65.00 - 65.00	64.00 - 65.00	65.00 - 65.00	65.00 - 65.00	65.00 - 66.00	60.00 - 60.00	60.00 - 60.00	60.00 - 60.00
White	61.00 - 61.00	62.00 - 63.00	62.00 - 63.00	62.00 - 65.00	60.00 - 62.00	65.00 - 65.00	58.00 - 58.00	59.00 - 59.00	57.00 - 58.00
<u>Dried Fish</u>									
Sprats	2000.00 - 2500.00	-	2700.00 - 2800.00	2400.00 - 2500.00	2000.00 - 2800.00	2600.00 - 2600.00	2200.00 - 2200.00	2400.00 - 2500.00	2800.00 - 2800.00
Kattawa	2800.00 - 2800.00	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3100.00	3000.00 - 3200.00	2800.00 - 2800.00	-	-	3200.00 - 3200.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2600.00 - 3000.00	2800.00 - 2800.00	3100.00 - 3200.00	3000.00 - 3200.00	3000.00 - 3200.00	-	3200.00 - 3200.00	3000.00 - 3100.00	3200.00 - 3200.00
Balaya	1800.00 - 2000.00	2400.00 - 2400.00	2400.00 - 2500.00	2500.00 - 2600.00	2500.00 - 2600.00	-	2200.00 - 2200.00	2000.00 - 2400.00	2600.00 - 2600.00
Anguluwa	2700.00 - 2700.00	2800.00 - 2800.00	-	-	-	-	-	-	2800.00 - 2800.00
Salaya	1200.00 - 1400.00	-	1200.00 - 1300.00	1700.00 - 1800.00	1400.00 - 1800.00	-	1300.00 - 1300.00	-	1400.00 - 1400.00
<u>Meat</u>									
Beef (without Bones)	-	2200.00 - 2200.00	2200.00 - 2200.00	-	2100.00 - 2100.00	-	2200.00 - 2200.00	-	-
Chicken (Broiler)	-	1380.00 - 1380.00	1400.00 - 1400.00	1400.00 - 1400.00	1350.00 - 1350.00	1300.00 - 1300.00	1300.00 - 1300.00	1400.00 - 1400.00	1400.00 - 1400.00
Chicken (Curry)	-	1450.00 - 1450.00	1500.00 - 1500.00	1500.00 - 1500.00	1600.00 - 1600.00	1500.00 - 1500.00	1300.00 - 1300.00	-	1400.00 - 1400.00
Mutton	-	2700.00 - 2700.00	2800.00 - 2800.00	-	2700.00 - 2700.00	2600.00 - 2600.00	2600.00 - 2600.00	2800.00 - 2800.00	2800.00 - 2800.00
Pork	-	1400.00 - 1400.00	1400.00 - 1400.00	-	-	-	-	1200.00 - 1200.00	1100.00 - 1100.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µg/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chillies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

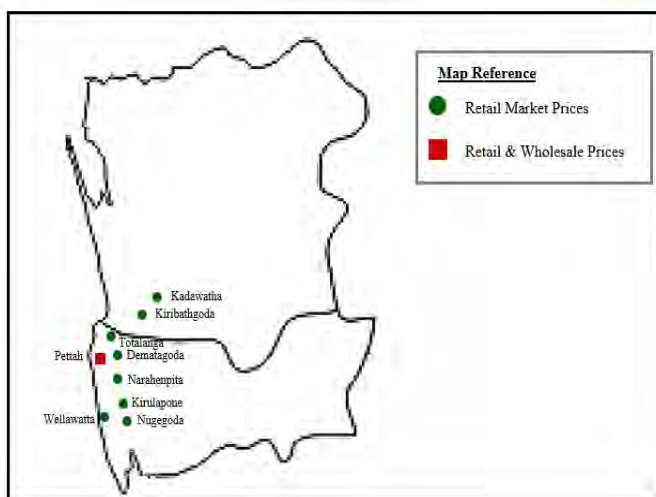
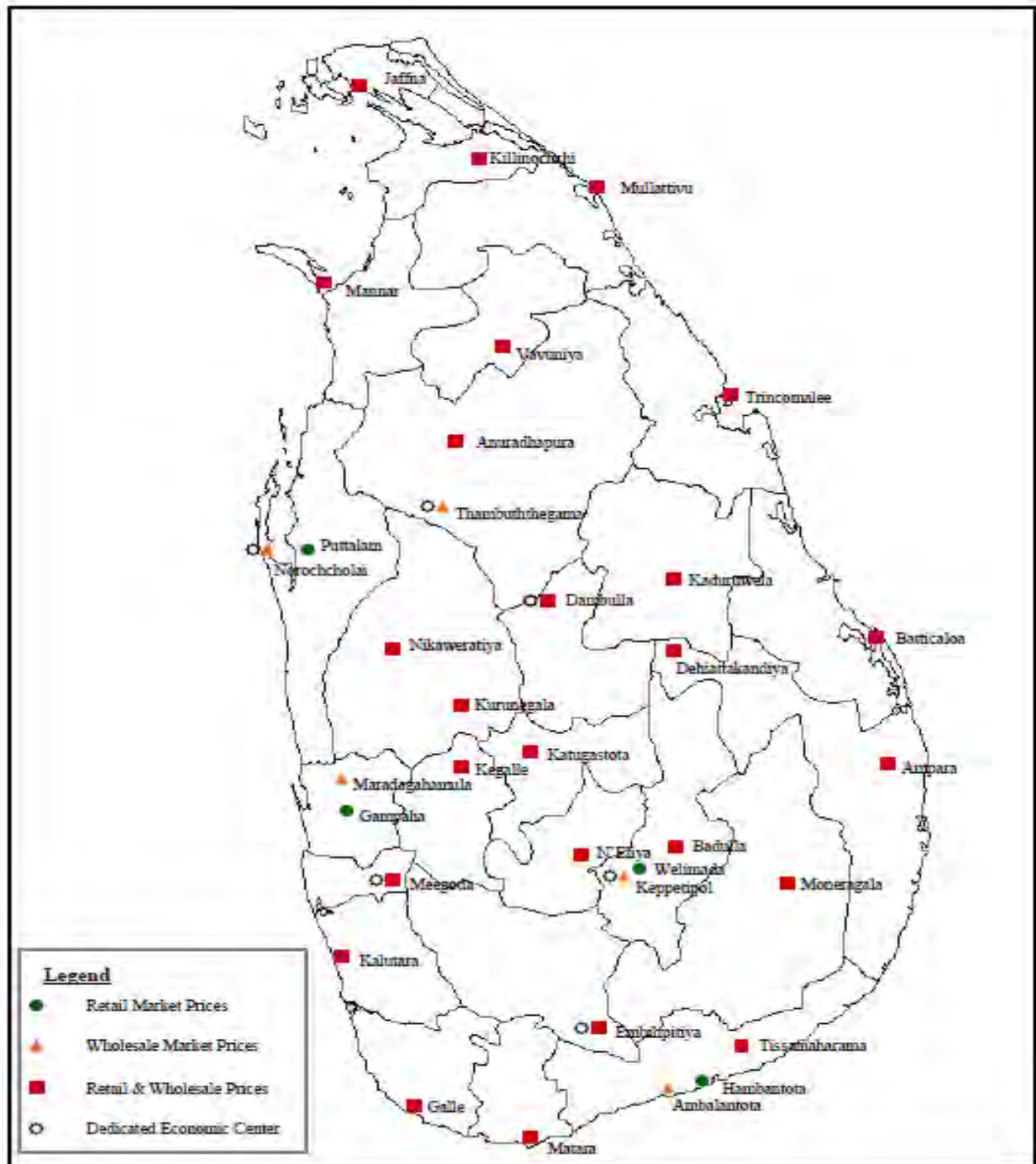
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Koral	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144		555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8		62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4		86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213		83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187		42.24	92.94	1.48	0.66
Eggs												
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6		50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46		63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86		60.67	11.21	2.55	1.51
Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

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