

# WEEKLY FOOD COMMODITIES BULLETIN

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No.31

## RETAIL MARKET AT A GLANCE

### Summary

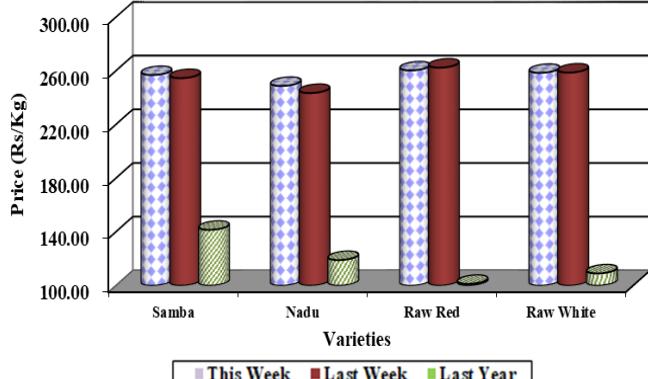
#### Rice/Paddy



Prices of samba increased by Rs.2.00-6.00/kg. Price of raw red has decreased by Rs.2.00/kg and the price ranged Rs.240.00-270.00/kg. Prices of all imported varieties decreased by Rs.1.00-7.00/kg. The highest price decrease was reported by Rs.7.00/kg for imported samba. Paddy harvesting for the 2022 *Yala* season has been progressing. Hence, the average paddy prices of major paddy varieties have decreased and it is expected that paddy prices will further decreased in coming weeks.

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#### Average Retail Prices of Rice



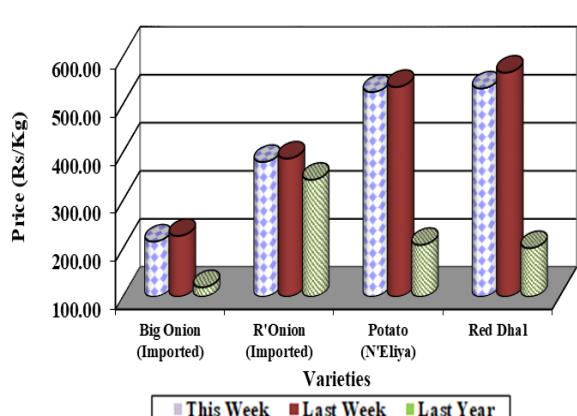
#### Other Field Crops



Retail price of imported dried chilies has decreased by Rs.10.00/kg and the price ranged Rs.1700.00-2200.00/kg. Prices of imported red onion and big onion have decreased by Rs.7.00 and Rs.12.00/kg respectively. Prices of same varieties ranged Rs.3400.00- 400.00/kg and Rs.180.00-240.00/kg, respectively. Price of Nuwara-Eliya potato has decreased by 14% due to increased supply and the price ranged Rs.340.00-370.00/kg.

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#### Average Retail Prices of Other Field Crops



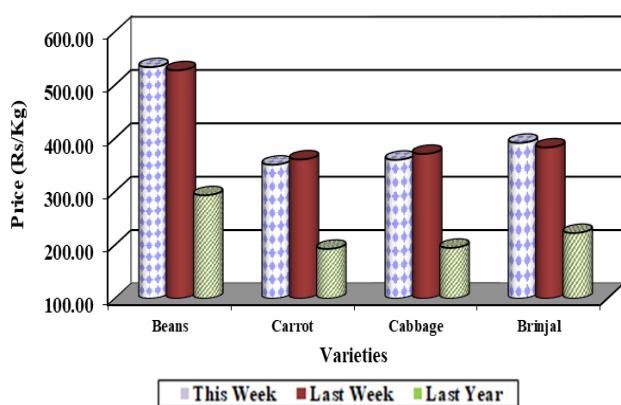
#### Vegetables



Prices of most of the up-country vegetables have decreased due to low demand while prices of most low-country vegetables have increased due to limited supply. The highest price decrease was reported for leeks as Rs.38.00/kg while the highest price increase was for drumsticks as Rs.14.00/kg.

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#### Average Retail Prices of Vegetables



## **Rice**

### **Wholesale**

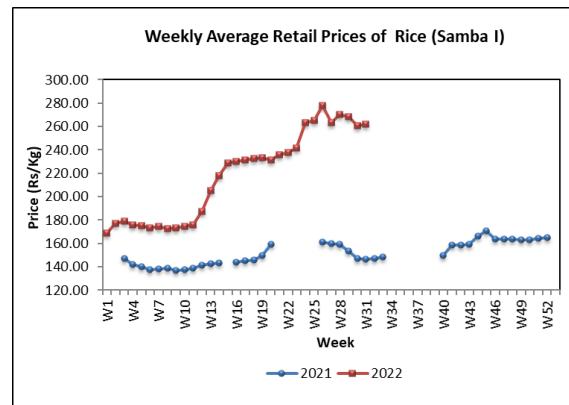
Supplies of local rice varieties to the Pettah wholesale market have dropped significantly due to Government regulated maximum retail price (MRP) policy. Hence, sufficient stocks were not available for price collecting for local samba, nadu, raw red and raw white rice varieties. Price of keeri samba ranged Rs.245.00-255.00/kg.

Wholesale prices of all types of imported rice varieties have decreased in the range of 4%-5% further, during this week due to increased supply. Average prices of imported nadu, ponni samba and raw white were Rs.189.00/kg, Rs.186.00/kg and Rs.165.00/kg respectively.

### **Retail**

Prices of samba grade I and grade II, nadu grade I and grade II increased by Rs.2.00-6.00/kg. Price of raw red has decreased by Rs.2.00/kg and price range was Rs.240.00-270.00/kg. Prices of keeri samba and raw white have not changed significantly.

Prices of all imported rice varieties decreased by Rs.1.00-7.00/kg in for highest price decrease was reported by Rs.7.00/kg for imported samba.



Compared to the same period of last year, prices of all local rice varieties have increased by 80%-157%.

## **Paddy**

Paddy harvesting of 2022 *Yala* season has been in progress in some major paddy producing areas. Hence, the average paddy prices of major paddy varieties have decreased and it is expected that paddy prices will further decrease in coming weeks. Accordingly, the average price of short grain paddy has decreased by Rs.3.00-10.00/kg in Nikawaratiya, Anuradhapura, Polonnaruwa and Ampara areas and prices ranged Rs.100.00-125.00/kg. Price of keeri samba paddy also decreased by Rs.5.00-6.00/kg and the price ranged Rs.110.00-135.00/kg. Price of long grain white paddy also decreased by Rs.3.00-6.00/kg in major producing areas and reported a Rs.100.00-125.00/kg price range. Meanwhile, a price increase of Rs.3.00/kg was reported for long grain red paddy in major producing areas in

Southern province and prices ranged Rs.134.00-137.00/kg.

Compared to the same period of last year, the average prices of short grain, long grain white and red paddy varieties have increased by 108%-168% while the highest price increase reported for long grain red paddy.

### **Dried Chilies**

#### **Wholesale**

Wholesale price of imported dried chilies has decreased by 6% due to increased supply and the price ranged Rs.1440.00-1550.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 186%.

#### **Retail**

Price of imported dried chilies has decreased by Rs.10.00/kg and price range was Rs.1700.00-2200.00/kg.

Compared to the same period of last year, imported dried chilies has increased by 244%.

### **Onion**

#### **Wholesale**

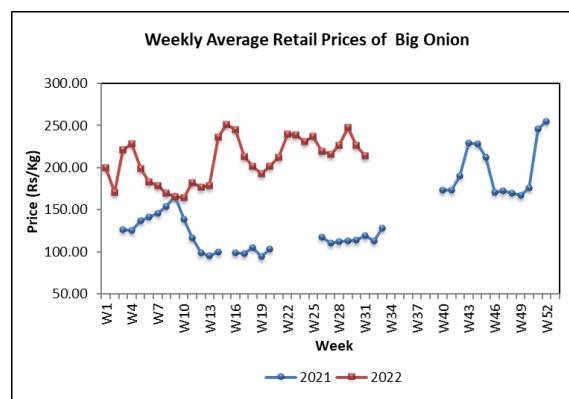
The price of vedalan red onion has increased by 13% due to fuel shortage for transportation and the price ranged Rs.280.00-350.00/kg. Price of imported red onion has decreased by 3%.

Wholesale price of imported big onion has increased by 4% due to availability of high quality Indian stocks and the price range was Rs.150.00-165.00/kg.

Compared to the same period of last year, prices of imported big onion, vedalan and imported red onions have increased by 72%, 41% and 17% respectively.

#### **Retail**

Price of vedalan red onion has increased by Rs.4.00/kg and price range was Rs.450.00-600.00/kg. Price of imported red onion has decreased by Rs.7.00/kg and price range was Rs.340.00-400.00/kg.



Price of imported big onion has also decreased by Rs.12.00/kg and the price range was Rs.180.00-240.00/kg.

Compared to the same period of last year, prices of vedalan, imported red onion and imported big onion have increased by 76%, 11% and 80% respectively.

### **Potato**

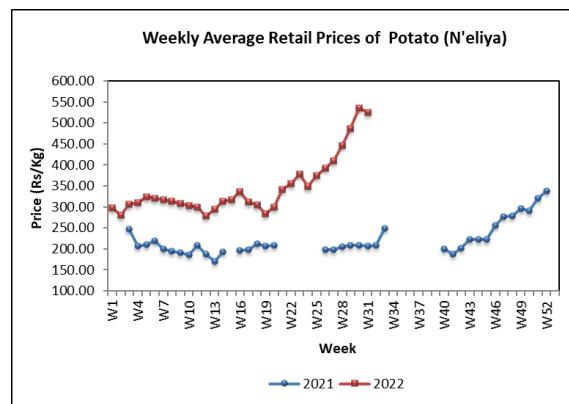
#### **Wholesale**

Price of Nuwara Eliya potato has decreased by 14% due to increased supply of stocks and the price ranged Rs.340.00-370.00/kg. Price of imported potato has increased by 12% due to availability of high quality Indian potato in the market and the price ranged Rs.160.00-300.00/kg.

Compared to the same period of last year, prices of Nuwara Eliya potato and imported potato have increased by 105% and 63% respectively.

#### **Retail**

Price of Nuwara Eliya and imported potatoes have decreased by Rs.11.00/kg and Rs.15.00/kg while price ranges were Rs.400.00-600.00/kg and Rs.200.00-260.00/kg.



Compared to the same period of last year, Nuwara Eliya and imported potatoes have increased by 153% and 59% respectively.

### **Pulses**

#### **Wholesale**

Price of red dhal has decreased by 9% due to increased supply of stocks and the price range was Rs.445.00-460.00/kg. Prices of all other pulses have also decreased slightly and average prices of green gram, white cowpea and red cowpea were Rs.784.00/kg, Rs.696.00/kg and Rs.661.00/kg respectively.

Compared to the same period of last year, price of red dhal has increased by 146% and prices of red cowpea, white cowpea and green gran have increased in the range of 20%-61%.

#### **Retail**

Prices of all pulses have decreased by Rs.4.00-33.00/kg. The highest price decrease was reported for red dhal by

Rs.33.00/kg and the price range was Rs.460.00-600.00/kg. The price decreased for green gram also by Rs.23.00/kg.

Compared to the same period of last year, the highest price increase was reported for red dhal by 165% while price of other pulses have increased by 18%-28%.

### **Vegetable**

#### **Wholesale**

Prices of most of the up country vegetable varieties have decreased while prices of most of the low country varieties have increased.

Considering, upcountry vegetables, prices of most of the vegetable varieties have decreased due to low country subsidiary stocks received from Puttalam area. Prices of cabbage, raddish and beetroot have decreased in the range of 16% -20% and price of knolkhol have decreased by 5%. Further, prices of leeks and carrot have decreased by 21% and 4% respectively due to increased supply from Nuwara Eliya and Welimada areas. However, Price of beans has increased by 4% due to decreased market supply from Welimada and Balangoda areas.

Meanwhile prices of tomato has increased by 23% due to sufficient market supply not

received from any upcountry or low country producing area.

Considering low country vegetables prices of most of the varieties have increased due to decreased market supply from Embilipitiya, Sooriyawewa and Rajanganaya producing areas.

Price of bitter gourd and luffa have increased by 12% and 14% repetitively and prices of brinjal, snake gourd and long beans have increased in the range of 2%-5%. Further, price of drumstick has increased by 7% due to high quality stocks received from Kinniya and Kalpitiya areas. However, prices of ladies finger and ash plantain have decreased by 27% and 20% respectively due to increased supply from Dambulla and Monaragala areas.

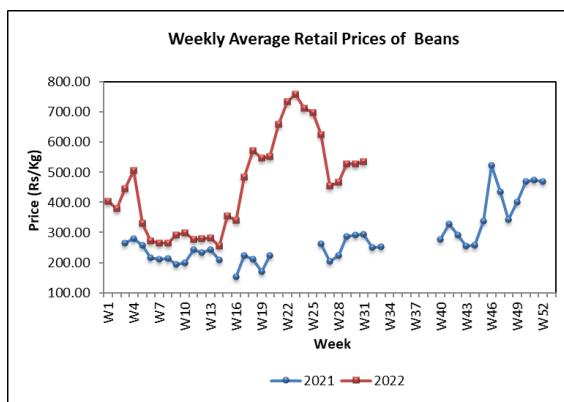
Meanwhile, price of green chilies has decreased by 14% due to increased market supply form Puttalam area. Further, price of lime has decreased by 22% due to increased supply from Monaragala area.

Compared to the same period of last year, wholesale prices of most of the varieties have increased with the highest price increase 376% reported for tomato.

## Retail

In line with the wholesale prices, prices of most of the up-country varieties have decreased and prices of most of the low-country varieties have increased.

Considering up-country varieties, the highest price decrease was reported for leeks as Rs.38.00/kg followed by Rs.36.00/kg for beetroot.



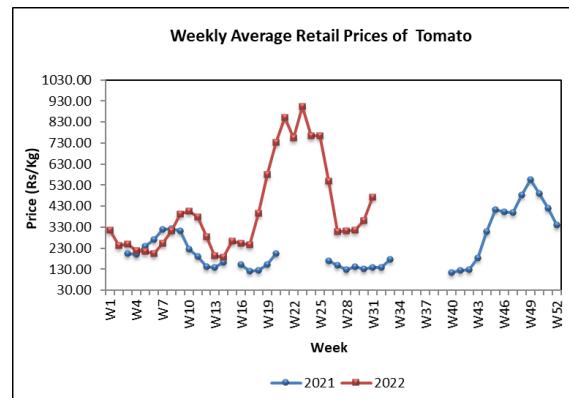
Prices of capsicum and tomato have increased by Rs.9.00/kg and Rs.110.00/kg respectively due to increased wholesale prices.

Considering low- country varieties, the highest price increase was reported for drumstick as Rs.14.00/kg. However, prices of ladies fingers, ash plantain and pumpkin have decreased in the range of Rs.12.00-23.00/kg.

Prices of green chilies and lime have decreased by Rs.113.00/kg and Rs.75.00/kg respectively.

Compared to the same period of last year, except leeks prices of all varieties have

increased in the range of 32%-240% recording the highest for tomato.



## Coconut

### Wholesale

Price of both large and small nuts have increased by 2% and 1% respectively. Their prices ranged Rs.75.00-80.00/nut for large nut and Rs.65.00-70.00/nut for small nut.

Compared to the same period of last year, wholesale price of both large and small nuts have increased by 10% and 9% respectively.

## Retail

Prices of both large and small nuts have increased by Rs.2.00/nut. Price ranges were Rs.90.00-110.00/nut for a large nut and Rs.70.00-85.00/nut for a small nut.

Compared to the same period of last year, prices of both large and small nuts have increased by 12%.

## Fruits

### Wholesale

Price of most fruits have increased mainly due to limited supply resulting in fuel shortage for transportation. The highest price increase of 20% was reported for orange with limited supply and high demand. The price of avocado by 16% and all mango varieties by 7%-8% have increased due to limited supply at the tail end of the harvesting season. The price of all sizes of pineapple have increased in the range of 10%-16% as limited stocks of quality fruits were available. The prices of all banana varieties have increased in the range of 3%-13% as limited stocks received. Further, the price of slime apple increased by 4%.

However, the price of wood apple, king coconut and papaw have decreased by 41%, 13% and 4% respectively due to low demand with the start of rainy weather.

Compared to the same period of last year, prices of most fruits have increased with the highest of 307% being noted for small sized pineapple.

### Retail

Retail prices of most fruits have increased in line with the increased wholesale prices and transport cost. The highest price

increase of Rs.51.00/fruit was reported for medium sized pineapples due to limited supply. Prices of large and small sized pineapples also have increased by Rs.45.00/fruit and Rs.37.00/fruit respectively. The price of orange has increased by Rs.22.00/fruit due to unavailability of sufficient stocks. Prices of banana varieties ambul, kolikuttu and seeni have increased in the range of Rs.11.00-14.00/kg due to limited supply. Further, prices of slime apple, mango, karthakolomban and vilad have increased by 7%-13%.

Meanwhile the price decrease of Rs.16.00/kg was reported for papaw due to low demand. Further, price of king coconut has decreased by Rs.11.00/fruit due to rainy weather condition,

Compared to the same period of last year, prices of most of the fruits have increased and the highest price increase of 151% was reported for medium and small sized pineapple.

## Fresh Fish

### Wholesale

Wholesale prices of most of the fresh fish types have increased due to low supply with the current oil crisis. The highest price increase of 16% was noted for salaya due to low supply from Trincomalee and Mannar area and the price ranged

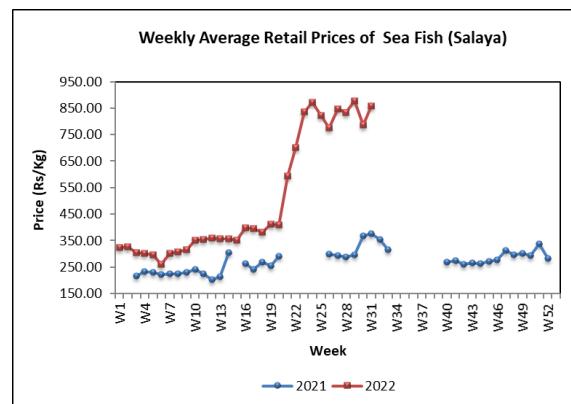
Rs.450.00-840.00/kg. An increase of 8% was noted for thalapath due to low supply from Negombo, Walachcanai and Kalmunai areas. The price ranged Rs.1800.00-2000.00/kg. Likewise, the price increase of 4% was noted for shrimps due to low supply from Jaffna area.

However, the price decrease of 9% was noted for balaya and paraw due to high supply from Galle, Matara and Northern areas and their prices ranged Rs.850.00-1000.00/kg and Rs.1250.00-1540.00/kg respectively. Likewise, the price decrease of 8% was noted for kelawalla due to high supply from Southern area.

Compared to the same period of last year, wholesale prices of all types have increased in the range of 52%-168% and the highest price increase was noted for salaya.

### **Retail**

In line with increase wholesale prices, retail prices of most types of fresh fish have also increased with low supply with stormy weather condition. The highest price increase of Rs.170.00/kg was reported for thora. Prices of thalapath, salaya and shrimps have also increased in the range of Rs.63.00-121.00/kg.



However, prices of kelawalla and paraw have decreased by Rs.164.00/kg and Rs.62.00/kg respectively due to low demand with extraordinary price increase experienced recently.

Compared to the same period of last year, prices of all types of fresh fish have increased in the range of 53%-129%.

### **Dried Fish**

### **Wholesale**

Due to increase of local dried fish supply prices of most of the local dried fish types have decreased. The highest price decrease of 5% was noted for local salaya due to high supply from Mannar and Chilaw areas.

However, a price increase of 7% was noted for local balaya due to low supply from Negombo and Matara area.

Further, wholesale prices of most of the imported dried fish types have increased due to low supply with the increased dollar

rate. A price increase of 3% was noted for imported sprats due to low supply from Iran and Thailand and the price ranged Rs.1380.00-1780.00/kg

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 78%-212% and the highest price increase was reported for local salaya.

### Retail

In line with increased wholesale prices, retail prices of most types of dried fish have also increased in the range of Rs.12.00-178.00/kg and the highest price increase was reported for anguluwa by Rs.178.00/kg followed by Rs.144.00/kg for kattawa.

However, prices of local sprats and salaya have decreased by Rs.89.00/kg and Rs.5.00/kg respectively due to low demand.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 94%-149%.

### Eggs

#### Wholesale

Price of brown egg has increased by 6% and price of white egg has increased by 8% and their prices ranged Rs.46.00-47.50 and Rs.44.00-45.50, respectively.

Compared to the same period of last year, price of both brown and white eggs have increased by 135% and 147% respectively.

#### Retail

Retail prices of both brown and white eggs have increased in the range of Rs.6.00-7.00/egg in line with the increased wholesale prices. The price range of a brown egg was Rs.47.00-56.00 and Rs.45.00-55.00 for a white egg.

Compared to the same period of last year, prices of both brown and white eggs have increased by 158% and 171% respectively.

### Meat

#### Retail

Prices of all types of meat have increased in the range of Rs.25.00-84.00/kg with insufficient availability with low production. The highest price increase of Rs.84.00/kg was reported for skin-less curry chicken caused by decreased production with extraordinary price increases of eggs.

Compared to the same period of last year, prices of all types of meat have increased in the range of 33%-89% and the highest was reported for skin-less broiler chicken.

## **EXPLANATORY NOTE**

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

**Table 01: Selected Markets:Wholesale Price of Rice (Rs/50Kg Bag)**

Week 31: 29 July 04 August 2022

LOCATIONS	Rice Varieties														
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White		
10	Colombo	–	–	12250	12750	–	–	–	–	–	–	–			
	Divulapitiya	11600	12700	11250	11600	12750	12800	12200	12200	11000	11400	11500	12500	11000	11250
	Kurunegala	–	–	–	–	–	–	–	–	–	–	–	10500	10500	
	Nikaweratiya	–	–	11400	12000	12750	13000	–	–	10600	10850	12250	12250	10350	10900
	Badulla	–	–	–	–	–	–	–	–	–	–	11250	11250	11250	11500
	Puttalam	12000	12250	–	12450	12600	11000	11250	–	–	–	–	10750	10900	
	Dambulla	12250	12400	11350	11500	12750	12750	11250	11300	10850	10900	12200	12250	11350	11500
	Anuradhapura	–	–	11250	11500	13250	13500	–	–	–	–	11000	11500	10500	10500
	Tambuttegama	–	–	11250	11750	12750	13000	–	–	10900	11000	–	–	10000	10900
	Polonnaruwa	–	–	11300	11350	12800	12850	–	–	10800	10850	10800	10850	10850	10850
	Kalutara	12250	12500	–	12500	12750	12500	12500	12500	11000	11250	11500	12500	11000	11250
	Ampara	–	–	11100	11100	–	–	–	–	–	–	10750	11000	10000	10500
	Kandy	–	–	11750	12000	12500	12750	11750	12000	–	–	11500	11750	11250	11500
	Moneragala	12750	12900	11250	11500	12900	13250	–	–	–	–	10250	10750	10250	10750
	Kegalle	–	–	–	–	–	–	–	–	–	–	–	–	–	
	Dehiattakandiy	–	–	–	–	–	–	–	–	–	–	–	–		
	Hambantota	–	–	11500	11500	–	–	–	–	–	–	10500	10500	10500	10500
	Matara	–	–	11500	11600	12750	12800	–	–	11250	11350	10900	11100	–	–
	Galle	–	–	–	–	–	–	–	–	–	–	–	–		
	Meegoda	–	–	–	–	12800	12900	–	–	–	–	–	–		
	Tissamaharama	–	–	–	–	–	–	–	–	–	–	10250	10500	10400	10500
	Embilipitiya	–	–	11500	11600	12900	13000	–	–	10750	11000	10450	10550	10450	10550
	Jaffna	–	–	–	–	12500	12900	14500	14900	–	–	12750	12900	–	–
	Vavuniya	–	–	–	–	13000	13000	–	–	–	–	–	–		
	Mannar	–	–	11400	11500	12750	12800	–	–	10900	11000	–	–	10900	11000
	Killinochchi	–	–	11000	11300	12500	12750	14750	15250	11500	11750	11500	11750	–	–
	Mullattivu	–	–	11500	12000	12500	13000	14000	14500	11500	11750	11250	11750	–	–
	Batticaloa	–	–	–	–	12600	12750	–	–	11500	11800	11000	11200	10500	10600
	Trincomalee	–	–	–	–	–	–	–	–	–	–	–	–		
	Galenbindunuwe	–	–	11250	11500	12750	13000	–	–	10750	11500	12250	13250	10750	11000
	Matale	13000	13500	–	–	–	–	12500	13000	–	–	12750	13000	–	

**Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)**

Week 31: 29 July 04 August 2022

LOCATIONS	Rice Varieties												
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White
	Colombo	250.00	-	270.00	240.00	-	260.00	260.00	-	280.00	240.00	-	270.00
11	Gampaha	-	-	-	260.00	-	260.00	-	-	-	-	-	-
	Kurunegala	-	230.00	-	230.00	260.00	-	260.00	-	-	220.00	-	-
	Nikaweratiya	-	230.00	-	230.00	260.00	-	270.00	-	-	220.00	-	-
	Dambulla	250.00	-	255.00	230.00	-	235.00	260.00	-	260.00	230.00	-	225.00
	Anuradhapura	-	230.00	-	240.00	270.00	-	280.00	-	-	220.00	-	210.00
	Thambuththegama	245.00	-	245.00	240.00	-	245.00	270.00	-	280.00	235.00	-	230.00
	Polonnaruwa	-	230.00	-	230.00	260.00	-	260.00	-	-	220.00	-	220.00
	Kaluthara	255.00	-	260.00	-	270.00	-	275.00	-	-	230.00	-	235.00
	Badulla	-	-	-	260.00	-	270.00	-	-	-	230.00	-	240.00
	Keppetipola	-	230.00	-	240.00	270.00	-	280.00	240.00	-	250.00	-	225.00
	Moneragala	260.00	-	260.00	230.00	-	240.00	270.00	-	255.00	260.00	-	230.00
	Kegalle	260.00	-	260.00	-	290.00	-	290.00	250.00	-	250.00	-	240.00
	Ampara	250.00	-	250.00	225.00	-	230.00	260.00	-	240.00	220.00	-	220.00
	Dehiattakandiya	245.00	-	245.00	-	-	-	-	235.00	-	235.00	-	235.00
	Nuwaraeliya	250.00	-	260.00	230.00	-	240.00	260.00	-	270.00	230.00	-	230.00
	Kandy	260.00	-	270.00	240.00	-	245.00	270.00	-	280.00	245.00	-	250.00
	Puttalam	252.00	-	255.00	-	260.00	-	262.00	-	225.00	230.00	-	220.00
	Hambantota	-	240.00	-	240.00	260.00	-	260.00	-	220.00	230.00	-	220.00
	Rathnapura	-	235.00	-	240.00	-	-	-	-	220.00	225.00	-	215.00
	Matara	-	235.00	-	240.00	260.00	-	260.00	-	230.00	235.00	-	225.00
	Galle	-	-	-	-	-	-	-	-	-	-	-	-
	Tissamaharama	-	-	-	260.00	-	260.00	-	-	220.00	220.00	-	210.00
	Meegoda (DEC)	-	-	-	260.00	-	260.00	-	-	-	-	-	-
	Embilipitiya	-	230.00	-	240.00	260.00	-	260.00	-	220.00	230.00	-	220.00
	Jaffna	-	220.00	-	230.00	260.00	-	270.00	300.00	-	230.00	-	-
	Vavuniya	-	-	-	260.00	-	265.00	345.00	-	320.00	260.00	-	-
	Mannar	-	235.00	-	240.00	260.00	-	260.00	-	225.00	230.00	-	225.00
	Killinochchi	-	230.00	-	240.00	260.00	-	270.00	310.00	-	240.00	-	-
	Mullaittivu	-	240.00	-	250.00	260.00	-	270.00	290.00	-	245.00	-	-
	Batticaloa	-	-	-	260.00	-	265.00	-	-	240.00	245.00	-	220.00
	Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-
	Hanguranketha	-	230.00	-	235.00	260.00	-	270.00	240.00	-	225.00	-	245.00
	Veyangoda	-	230.00	-	240.00	260.00	-	270.00	-	220.00	230.00	-	210.00
	Galenbindunuwewa	-	230.00	-	240.00	260.00	-	265.00	-	220.00	240.00	-	225.00
	Bandarawela	-	230.00	-	240.00	260.00	-	270.00	-	230.00	240.00	-	235.00
	Matale	270.00	-	280.00	-	280.00	-	290.00	260.00	-	270.00	-	265.00

**Table 04: Selected Markets:Wholesale Price of Subsidiary Food (Rs/50Kg)**

Week 31: 29 July 04 August 2022

LOCATION	Dried Chillies	Red Onion			Big Onion	Potato						Pulses					
	Imported	Imported		Local		Imported		Welimada		Nuwara Eliya		Green Gram		Cowpea		Red Dhal	
	Imported	Imported	Local	Imported		Imported	Local	Imported	Local	Imported	Local	Imported	Local	Imported	Local	Imported	Local
12	Colombo	72000 -	77500	12500 - 13000	14000 - 17500	7500 - 8250	8000 - 15000	16000 - 16750	17000 - 18500	37000 -	42500	33500 - 36500	22250 -	23000			
	Kurunegala	73000 -	80000	16000 - 16500	-	8250 - 8500	-	-	-	-	-	-	-	-	22500 -	23000	
	Nikaweratiya	72500 -	75000	15000 - 16250	-	8750 - 9500	9250 - 9500	-	-	38000 -	41000	-	-	-	22500 -	24750	
	Dehiattakandiya	90000 -	92500	-	19500 - 19500	9500 - 9500	11500 - 13500	-	-	-	-	-	-	-	27750 -	27750	
	Dambulla (DEC)	75000 -	77500	-	14000 - 15000	7750 - 8000	8250 - 8500	-	16500 - 17000	32500 -	37500	27500 - 30000	22500 -	27500			
	Anuradhapura	90000 -	95000	17000 - 17500	21500 - 22500	8500 - 9000	9500 - 11000	-	19000 - 20000	45000 -	47500	31000 - 35000	24500 -	28000			
	Thambuththegama	77500 -	90000	-	15000 - 17500	8250 - 8500	9000 - 9250	-	18500 - 20000	39000 -	40000	30000 - 35000	22000 -	23000			
	Polonnaruwa	88000 -	88250	18500 - 18750	22000 - 22250	10000 - 10250	10500 - 10750	-	-	41500 -	41750	-	-	-	27500 -	27800	
	Kaluthara	75000 -	77500	13000 - 14000	-	8250 - 8500	9500 - 10000	16500 - 16750	17250 - 17500	40000 -	42500	35000 - 37500	23500 -	24500			
	Puttalam	76000 -	79000	12500 - 12500	14000 - 17500	8600 - 9000	10000 - 11100	-	20000 - 21500	42500 -	43500	34500 - 36000	25500 -	26250			
	Kandy	80000 -	82500	15000 - 15500	17500 - 18000	8250 - 8750	9500 - 10000	16000 - 16500	18000 - 18500	42000 -	42500	37500 - 37750	23500 -	24000			
	Matara	82500 -	85000	15000 - 15500	16500 - 17000	8500 - 9000	10500 - 11000	-	18000 - 18500	42500 -	45000	40000 - 41000	23500 -	24500			
	Hambantota	82500 -	85000	-	17500 - 17500	8500 - 9250	9500 - 10000	-	17500 - 18000	35000 -	37500	-	-	-	23250 -	23750	
	Kegalle	84500 -	85000	-	16900 - 17000	8450 - 8500	9400 - 9500	-	18000 - 18500	39500 -	40000	36500 - 37000	24000 -	25500			
	Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Tissamaharama	80000 -	85000	17500 - 18000	19000 - 19000	8500 - 9000	10000 - 12000	-	-	-	-	-	-	-	23000 -	24000	
	Meegoda (DEC)	74000 -	77500	-	15500 - 16000	7500 - 8000	8500 - 8750	17500 - 18000	19000 - 19000	39500 -	45000	-	-	-	22000 -	23000	
	Jaffna	77500 -	82500	-	16000 - 19000	8500 - 9000	9000 - 9500	-	-	37500 -	40000	-	-	-	23750 -	24500	
	Vavuniya	100000 -	100000	-	-	-	11000 - 11500	-	-	42500 -	42500	-	-	-	-	-	
	Mannar	85000 -	87500	-	-	9000 - 9000	10250 - 10500	-	-	39000 -	40000	-	-	-	27750 -	28000	
	Killinochchi	82500 -	85000	17500 - 19000	-	8750 - 9250	10000 - 11000	-	-	42000 -	43000	-	-	-	27500 -	28500	
	Mullattivu	87500 -	92500	-	22500 - 23500	9000 - 9000	10000 - 12000	-	-	40000 -	42000	-	-	-	-	-	
	Batticaloa	87750 -	88500	18500 - 18750	-	10200 - 10200	10750 - 11000	-	-	40500 -	41000	-	-	-	28000 -	29000	
	Trincomalee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Galenbindunuwewa	85000 -	87500	16000 - 17000	-	9000 - 9500	10000 - 10500	-	-	40000 -	42500	32000 - 32500	25000 -	27500			
	Matale	90000 -	92500	-	20000 - 21000	9000 - 10000	11500 - 12000	-	-	42000 -	43000	32750 - 35000	-	-			

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)**

Week 31: 29 July 04 August 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1700.00 – 2200.00	340.00 – 400.00	450.00 – 600.00	180.00 – 240.00	200.00 – 260.00	–	400.00 – 600.00	900.00 – 1000.00	800.00 – 950.00	460.00 – 600.00
Gampaha	1800.00 – 2000.00	–	440.00 – 520.00	220.00 – 240.00	240.00 – 280.00	–	460.00 – 540.00	920.00 – 980.00	740.00 – 840.00	520.00 – 560.00
Kurunegala	1800.00 – 1900.00	360.00 – 400.00	–	200.00 – 240.00	220.00 – 260.00	–	440.00 – 480.00	900.00 – 1000.00	800.00 – 800.00	520.00 – 560.00
Nikaweratiya	1600.00 – 2000.00	360.00 – 380.00	420.00 – 420.00	200.00 – 210.00	200.00 – 240.00	–	–	800.00 – 930.00	720.00 – 720.00	480.00 – 520.00
Dambulla	1800.00 – 1850.00	–	380.00 – 400.00	190.00 – 200.00	200.00 – 220.00	–	–	900.00 – 950.00	700.00 – 800.00	460.00 – 480.00
Anuradhapura	1900.00 – 2100.00	380.00 – 400.00	480.00 – 500.00	180.00 – 240.00	220.00 – 250.00	–	460.00 – 480.00	950.00 – 1000.00	650.00 – 700.00	520.00 – 600.00
Thambuththegama	1800.00 – 1900.00	–	400.00 – 480.00	180.00 – 210.00	200.00 – 220.00	–	–	750.00 – 900.00	600.00 – 700.00	550.00 – 580.00
Polonnaruwa	1800.00 – 1850.00	380.00 – 400.00	450.00 – 460.00	210.00 – 220.00	220.00 – 230.00	–	–	850.00 – 900.00	–	560.00 – 570.00
Kaluthara	1650.00 – 1700.00	–	440.00 – 460.00	200.00 – 220.00	220.00 – 240.00	–	480.00 – 490.00	950.00 – 1000.00	800.00 – 850.00	520.00 – 540.00
Badulla	1800.00 – 1900.00	360.00 – 400.00	440.00 – 460.00	200.00 – 220.00	220.00 – 240.00	400.00 – 440.00	–	850.00 – 900.00	750.00 – 800.00	520.00 – 550.00
Keppetipola	1800.00 – 1900.00	360.00 – 380.00	420.00 – 440.00	200.00 – 230.00	230.00 – 250.00	350.00 – 370.00	–	940.00 – 980.00	760.00 – 800.00	610.00 – 620.00
Moneragala	1800.00 – 1900.00	360.00 – 400.00	–	180.00 – 200.00	240.00 – 260.00	–	–	800.00 – 1000.00	600.00 – 650.00	500.00 – 520.00
Kegalle	1700.00 – 1720.00	–	380.00 – 400.00	200.00 – 220.00	230.00 – 250.00	–	430.00 – 440.00	820.00 – 840.00	750.00 – 770.00	490.00 – 520.00
Ampara	1800.00 – 2000.00	360.00 – 400.00	440.00 – 440.00	210.00 – 240.00	260.00 – 280.00	–	440.00 – 480.00	800.00 – 950.00	700.00 – 700.00	550.00 – 600.00
Dehiattakandiya	1850.00 – 1900.00	400.00 – 410.00	–	200.00 – 220.00	240.00 – 280.00	–	480.00 – 480.00	–	–	560.00 – 570.00
Nuwaraeliya	1800.00 – 1850.00	360.00 – 380.00	420.00 – 450.00	200.00 – 220.00	240.00 – 260.00	–	390.00 – 400.00	950.00 – 980.00	760.00 – 800.00	540.00 – 580.00
Kandy	1850.00 – 1900.00	500.00 – 520.00	550.00 – 560.00	240.00 – 260.00	250.00 – 280.00	500.00 – 520.00	560.00 – 580.00	900.00 – 950.00	800.00 – 820.00	560.00 – 580.00
Puttalam	1620.00 – 1680.00	–	480.00 – 520.00	220.00 – 260.00	220.00 – 280.00	–	480.00 – 560.00	920.00 – 960.00	740.00 – 760.00	530.00 – 545.00
Rathnapura	2000.00 – 2100.00	400.00 – 420.00	–	200.00 – 220.00	240.00 – 260.00	–	–	950.00 – 1000.00	890.00 – 920.00	580.00 – 600.00
Hambantota	1750.00 – 1900.00	–	400.00 – 400.00	190.00 – 200.00	240.00 – 260.00	–	400.00 – 420.00	800.00 – 900.00	–	500.00 – 510.00
Matara	1750.00 – 1800.00	350.00 – 370.00	400.00 – 420.00	190.00 – 200.00	240.00 – 260.00	–	400.00 – 420.00	900.00 – 950.00	850.00 – 900.00	500.00 – 550.00
Galle	–	–	–	–	–	–	–	–	–	–
Tissamaharama	1700.00 – 1750.00	380.00 – 400.00	400.00 – 420.00	190.00 – 200.00	230.00 – 250.00	–	400.00 – 400.00	–	–	480.00 – 500.00
Meegoda (DEC)	1600.00 – 1650.00	–	400.00 – 400.00	180.00 – 200.00	200.00 – 240.00	400.00 – 400.00	440.00 – 450.00	900.00 – 960.00	780.00 – 800.00	480.00 – 500.00
Embilipitiya	1900.00 – 2100.00	360.00 – 400.00	–	190.00 – 220.00	240.00 – 280.00	–	400.00 – 450.00	800.00 – 850.00	650.00 – 700.00	550.00 – 620.00
Jaffna	1600.00 – 1780.00	–	–	185.00 – 200.00	200.00 – 210.00	–	–	800.00 – 820.00	–	495.00 – 510.00
Vavuniya	1950.00 – 2200.00	–	–	–	240.00 – 240.00	–	–	850.00 – 900.00	750.00 – 800.00	600.00 – 620.00
Mannar	1800.00 – 1850.00	–	400.00 – 420.00	200.00 – 220.00	220.00 – 230.00	–	–	850.00 – 900.00	–	580.00 – 580.00
Killinochchi	1750.00 – 1850.00	400.00 – 440.00	–	200.00 – 220.00	240.00 – 260.00	–	–	880.00 – 940.00	–	580.00 – 600.00
Mullaittivu	1800.00 – 1900.00	–	480.00 – 500.00	–	220.00 – 260.00	–	–	850.00 – 880.00	–	610.00 – 620.00
Batticaloa	1800.00 – 1850.00	400.00 – 400.00	–	200.00 – 240.00	220.00 – 250.00	–	570.00 – 580.00	850.00 – 850.00	–	590.00 – 610.00
Trincomalee	–	–	–	–	–	–	–	–	–	–
Hanguranketha	1800.00 – 1950.00	360.00 – 400.00	400.00 – 450.00	190.00 – 210.00	220.00 – 240.00	400.00 – 400.00	440.00 – 460.00	780.00 – 840.00	700.00 – 750.00	460.00 – 480.00
Veyangoda	1800.00 – 1900.00	400.00 – 440.00	440.00 – 480.00	200.00 – 240.00	200.00 – 240.00	–	480.00 – 480.00	920.00 – 960.00	700.00 – 800.00	540.00 – 600.00
GalenbindunuweWA	1750.00 – 1800.00	360.00 – 400.00	–	190.00 – 200.00	210.00 – 220.00	–	–	850.00 – 900.00	660.00 – 680.00	560.00 – 580.00
Bandarawela	1800.00 – 1900.00	350.00 – 380.00	–	200.00 – 220.00	240.00 – 250.00	400.00 – 420.00	–	950.00 – 980.00	750.00 – 800.00	500.00 – 520.00
Matale	1900.00 – 2000.00	–	440.00 – 480.00	220.00 – 240.00	240.00 – 280.00	–	400.00 – 480.00	900.00 – 950.00	700.00 – 750.00	640.00 – 680.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**

Week 31: 29 July 04 August 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 350.00	200.00 - 250.00	140.00 - 160.00	90.00 - 160.00	90.00 - 120.00
Meegoda (DEC)	-	390.00 - 430.00	260.00 - 280.00	160.00 - 180.00	80.00 - 120.00	120.00 - 130.00
Dambulla (DEC)	-	350.00 - 380.00	160.00 - 200.00	100.00 - 120.00	70.00 - 100.00	70.00 - 80.00
Keppetipola (DEC)	-	300.00 - 350.00	200.00 - 210.00	90.00 - 120.00	110.00 - 130.00	80.00 - 100.00
Norochchhole (DEC)	-	-	-	-	70.00 - 90.00	-
Nuwara Eliya	-	300.00 - 340.00	210.00 - 220.00	100.00 - 110.00	130.00 - 140.00	90.00 - 110.00
Kandy	-	280.00 - 300.00	250.00 - 260.00	110.00 - 120.00	90.00 - 100.00	70.00 - 80.00
Hambantota	-	350.00 - 400.00	250.00 - 300.00	180.00 - 200.00	-	150.00 - 200.00
Thambuththegama (DEC)	-	370.00 - 420.00	230.00 - 250.00	130.00 - 150.00	90.00 - 120.00	100.00 - 120.00
Jaffna		460.00 - 490.00	300.00 - 320.00	200.00 - 220.00	100.00 - 110.00	-
Bandarawela		300.00 - 350.00	200.00 - 220.00	100.00 - 120.00	140.00 - 160.00	100.00 - 130.00
Veyangoda	-	380.00 - 430.00	230.00 - 260.00	130.00 - 160.00	100.00 - 130.00	100.00 - 120.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 90.00	150.00 - 220.00	280.00 - 320.00	140.00 - 220.00	250.00 - 280.00	600.00 - 650.00
Meegoda (DEC)	110.00 - 120.00	190.00 - 230.00	340.00 - 360.00	160.00 - 180.00	270.00 - 320.00	570.00 - 600.00
Moneragala	100.00 - 120.00	220.00 - 280.00	360.00 - 380.00	250.00 - 280.00	180.00 - 200.00	500.00 - 600.00
Dambulla (DEC)	50.00 - 60.00	170.00 - 200.00	260.00 - 300.00	100.00 - 120.00	210.00 - 250.00	500.00 - 550.00
Keppetipola (DEC)	30.00 - 40.00	160.00 - 180.00	300.00 - 330.00	120.00 - 130.00	200.00 - 220.00	500.00 - 530.00
Norochchhole (DEC)	40.00 - 60.00	-	250.00 - 300.00	110.00 - 140.00	220.00 - 280.00	400.00 - 450.00
Nuwara Eliya	50.00 - 60.00	170.00 - 180.00	300.00 - 330.00	120.00 - 140.00	220.00 - 240.00	480.00 - 520.00
Kandy	45.00 - 60.00	150.00 - 200.00	270.00 - 300.00	150.00 - 160.00	250.00 - 280.00	630.00 - 650.00
Hambantota	120.00 - 160.00	270.00 - 330.00	300.00 - 360.00	200.00 - 230.00	200.00 - 280.00	500.00 - 600.00
Thambuththegama (DEC)	60.00 - 90.00	200.00 - 230.00	200.00 - 250.00	80.00 - 110.00	200.00 - 250.00	480.00 - 550.00
Tissamaharama	110.00 - 130.00	260.00 - 280.00	360.00 - 420.00	120.00 - 140.00	260.00 - 300.00	450.00 - 550.00
Jaffna	80.00 - 100.00	300.00 - 320.00	340.00 - 365.00	80.00 - 90.00	200.00 - 220.00	580.00 - 620.00
Bandarawela	40.00 - 60.00	160.00 - 180.00	350.00 - 380.00	-	220.00 - 240.00	550.00 - 600.00
Veyangoda	80.00 - 95.00	230.00 - 250.00	300.00 - 350.00	160.00 - 180.00	250.00 - 300.00	560.00 - 600.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	130.00 - 150.00	70.00 - 100.00	200.00 - 300.00	230.00 - 270.00	240.00 - 300.00	140.00 - 220.00
Meegoda (DEC)	140.00 - 145.00	80.00 - 100.00	280.00 - 320.00	270.00 - 270.00	280.00 - 350.00	160.00 - 180.00
Moneragala	180.00 - 220.00	100.00 - 120.00	350.00 - 400.00	300.00 - 320.00	240.00 - 280.00	220.00 - 260.00
Dambulla (DEC)	100.00 - 120.00	60.00 - 70.00	200.00 - 220.00	120.00 - 150.00	200.00 - 220.00	120.00 - 140.00
Keppetipola (DEC)	120.00 - 140.00	100.00 - 110.00	250.00 - 260.00	150.00 - 160.00	250.00 - 260.00	130.00 - 140.00
Norochchhole (DEC)	200.00 - 230.00	50.00 - 65.00	250.00 - 300.00	150.00 - 170.00	200.00 - 240.00	110.00 - 120.00
Nuwara Eliya	130.00 - 140.00	100.00 - 110.00	240.00 - 250.00	140.00 - 160.00	250.00 - 260.00	130.00 - 140.00
Kandy	120.00 - 140.00	80.00 - 90.00	230.00 - 250.00	170.00 - 200.00	250.00 - 280.00	150.00 - 170.00
Hambantota	120.00 - 200.00	100.00 - 150.00	300.00 - 400.00	180.00 - 220.00	180.00 - 200.00	180.00 - 220.00
Thambuththegama (DEC)	100.00 - 140.00	50.00 - 70.00	190.00 - 230.00	120.00 - 140.00	250.00 - 300.00	100.00 - 130.00
Tissamaharama	120.00 - 140.00	60.00 - 80.00	300.00 - 330.00	240.00 - 280.00	130.00 - 150.00	140.00 - 160.00
Jaffna	210.00 - 230.00	-	210.00 - 240.00	110.00 - 135.00	420.00 - 480.00	-
Bandarawela	130.00 - 140.00	100.00 - 120.00	-	-	-	-
Veyangoda	140.00 - 160.00	90.00 - 120.00	260.00 - 300.00	220.00 - 240.00	280.00 - 320.00	150.00 - 190.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	160.00 - 220.00	80.00 - 100.00	400.00 - 450.00	180.00 - 230.00	100.00 - 120.00	80.00 - 100.00
Meegoda (DEC)	180.00 - 200.00	120.00 - 140.00	380.00 - 400.00	220.00 - 250.00	110.00 - 120.00	120.00 - 120.00
Moneragala	280.00 - 300.00	60.00 - 80.00	550.00 - 600.00	150.00 - 200.00	-	-
Dambulla (DEC)	150.00 - 170.00	100.00 - 120.00	300.00 - 350.00	150.00 - 180.00	100.00 - 120.00	40.00 - 50.00
Keppetipola (DEC)	150.00 - 160.00	90.00 - 110.00	560.00 - 600.00	180.00 - 200.00	100.00 - 120.00	60.00 - 70.00
Norochchhole (DEC)	120.00 - 140.00	70.00 - 80.00	340.00 - 400.00	220.00 - 260.00	90.00 - 100.00	90.00 - 100.00
Nuwara Eliya	160.00 - 170.00	100.00 - 110.00	540.00 - 580.00	200.00 - 220.00	110.00 - 120.00	70.00 - 80.00
Kandy	160.00 - 180.00	120.00 - 130.00	400.00 - 430.00	180.00 - 200.00	110.00 - 130.00	60.00 - 70.00
Hambantota	250.00 - 300.00	50.00 - 80.00	500.00 - 600.00	180.00 - 250.00	120.00 - 150.00	40.00 - 80.00
Thambuththegama (DEC)	120.00 - 150.00	70.00 - 90.00	300.00 - 380.00	120.00 - 150.00	100.00 - 130.00	60.00 - 80.00
Tissamaharama	90.00 - 120.00	60.00 - 80.00	400.00 - 450.00	100.00 - 150.00	120.00 - 130.00	50.00 - 60.00
Jaffna	400.00 - 450.00	95.00 - 110.00	400.00 - 430.00	350.00 - 380.00	170.00 - 180.00	-
Bandarawela	-	-	500.00 - 550.00	-	100.00 - 120.00	60.00 - 80.00
Veyangoda	170.00 - 200.00	110.00 - 140.00	400.00 - 430.00	180.00 - 220.00	120.00 - 130.00	130.00 - 130.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/Bundle)</b>			<b>Coconut (Rs/Nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	38.00 - 40.00	38.00 - 40.00	150.00 - 160.00	75.00 - 80.00	65.00 - 70.00
Meegoda (DEC)	-	-	-	83.00 - 85.00	78.00 - 80.00
Norochchhole (DEC)	35.00 - 50.00	30.00 - 40.00	25.00 - 30.00	62.00 - 68.00	55.00 - 58.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	20.00 - 25.00	60.00 - 63.00	52.00 - 53.00
Kandy	40.00 - 45.00	45.00 - 50.00	150.00 - 160.00	75.00 - 78.00	60.00 - 65.00
Hambantota	40.00 - 50.00	35.00 - 45.00	50.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	50.00 - 58.00	40.00 - 50.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	30.00 - 40.00	80.00 - 85.00	50.00 - 55.00
Jaffna	55.00 - 60.00	30.00 - 35.00	100.00 - 120.00	65.00 - 70.00	55.00 - 62.00
Tissamaharama	30.00 - 35.00	30.00 - 35.00	30.00 - 40.00	80.00 - 85.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 51.00	70.00 - 70.00	-

*Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg*





Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	160.00 - 300.00	450.00 - 800.00	280.00 - 600.00	160.00 - 320.00	120.00 - 200.00	60.00 - 100.00	60.00 - 100.00	60.00 - 100.00	90.00 - 110.00	70.00 - 85.00
Gampaha	200.00 - 240.00	800.00 - 800.00	400.00 - 600.00	240.00 - 240.00	150.00 - 150.00	70.00 - 70.00	60.00 - 60.00	25.00 - 25.00	80.00 - 85.00	60.00 - 70.00
Kurunegala	180.00 - 200.00	700.00 - 800.00	300.00 - 400.00	200.00 - 240.00	140.00 - 160.00	40.00 - 40.00	40.00 - 40.00	30.00 - 30.00	80.00 - 80.00	65.00 - 70.00
Nikaweratiya	160.00 - 240.00	800.00 - 800.00	300.00 - 400.00	160.00 - 240.00	100.00 - 120.00	40.00 - 50.00	40.00 - 40.00	60.00 - 60.00	70.00 - 70.00	65.00 - 65.00
Dambulla	160.00 - 180.00	600.00 - 700.00	400.00 - 500.00	180.00 - 200.00	100.00 - 120.00	45.00 - 50.00	45.00 - 50.00	40.00 - 45.00	70.00 - 75.00	60.00 - 65.00
Anuradhapura	160.00 - 200.00	600.00 - 800.00	600.00 - 640.00	200.00 - 240.00	120.00 - 180.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	50.00 - 65.00
Thambuththegama	160.00 - 200.00	500.00 - 600.00	280.00 - 300.00	160.00 - 200.00	-	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	60.00 - 75.00	50.00 - 55.00
Polonnaruwa	150.00 - 170.00	600.00 - 650.00	400.00 - 450.00	180.00 - 200.00	160.00 - 170.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	75.00 - 80.00	65.00 - 70.00
Kaluthara	120.00 - 140.00	700.00 - 800.00	500.00 - 600.00	180.00 - 200.00	160.00 - 180.00	60.00 - 80.00	60.00 - 70.00	60.00 - 80.00	100.00 - 110.00	80.00 - 90.00
Badulla	160.00 - 180.00	800.00 - 900.00	320.00 - 360.00	180.00 - 200.00	100.00 - 120.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	90.00 - 95.00	70.00 - 75.00
Keppetipola	150.00 - 160.00	800.00 - 850.00	280.00 - 300.00	170.00 - 190.00	100.00 - 120.00	35.00 - 40.00	35.00 - 40.00	30.00 - 35.00	86.00 - 90.00	66.00 - 70.00
Moneragala	100.00 - 120.00	600.00 - 700.00	300.00 - 350.00	-	-	60.00 - 70.00	60.00 - 60.00	60.00 - 70.00	65.00 - 70.00	55.00 - 60.00
Kegalle	160.00 - 180.00	620.00 - 650.00	420.00 - 450.00	220.00 - 240.00	120.00 - 140.00	50.00 - 50.00	50.00 - 50.00	40.00 - 40.00	75.00 - 80.00	60.00 - 70.00
Ampara	160.00 - 180.00	800.00 - 800.00	300.00 - 400.00	200.00 - 200.00	80.00 - 100.00	60.00 - 70.00	50.00 - 50.00	40.00 - 50.00	75.00 - 80.00	65.00 - 70.00
Dehiwakkandiya	200.00 - 200.00	800.00 - 900.00	400.00 - 400.00	200.00 - 200.00	100.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	65.00 - 70.00
Nuwaraeliya	150.00 - 160.00	750.00 - 800.00	280.00 - 320.00	180.00 - 190.00	130.00 - 140.00	45.00 - 50.00	45.00 - 50.00	35.00 - 45.00	85.00 - 90.00	65.00 - 75.00
Kandy	160.00 - 200.00	600.00 - 650.00	360.00 - 400.00	200.00 - 240.00	160.00 - 170.00	50.00 - 60.00	50.00 - 60.00	40.00 - 45.00	90.00 - 95.00	70.00 - 75.00
Puttalam	140.00 - 200.00	600.00 - 800.00	300.00 - 400.00	200.00 - 280.00	120.00 - 180.00	60.00 - 60.00	60.00 - 60.00	40.00 - 40.00	70.00 - 75.00	60.00 - 65.00
Rathnапura	160.00 - 160.00	800.00 - 800.00	500.00 - 500.00	180.00 - 180.00	120.00 - 120.00	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	80.00 - 85.00
Hambanthota	70.00 - 110.00	650.00 - 800.00	240.00 - 300.00	160.00 - 200.00	80.00 - 110.00	60.00 - 60.00	45.00 - 50.00	60.00 - 70.00	80.00 - 85.00	65.00 - 70.00
Matara	110.00 - 120.00	600.00 - 700.00	300.00 - 400.00	160.00 - 180.00	85.00 - 100.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	85.00 - 90.00	60.00 - 70.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	90.00 - 120.00	520.00 - 600.00	180.00 - 200.00	160.00 - 180.00	80.00 - 90.00	50.00 - 50.00	45.00 - 50.00	50.00 - 60.00	85.00 - 90.00	55.00 - 60.00
Meegoda (DEC)	200.00 - 240.00	700.00 - 800.00	400.00 - 500.00	200.00 - 240.00	130.00 - 130.00	80.00 - 80.00	80.00 - 80.00	90.00 - 90.00	85.00 - 100.00	80.00 - 80.00
Embilipitiya	100.00 - 120.00	500.00 - 600.00	200.00 - 250.00	160.00 - 200.00	70.00 - 90.00	50.00 - 70.00	50.00 - 60.00	70.00 - 80.00	75.00 - 90.00	50.00 - 70.00
Jaffna	120.00 - 130.00	450.00 - 480.00	380.00 - 420.00	200.00 - 250.00	275.00 - 290.00	60.00 - 70.00	35.00 - 45.00	30.00 - 35.00	70.00 - 80.00	50.00 - 65.00
Vavuniya	80.00 - 100.00	750.00 - 800.00	250.00 - 300.00	240.00 - 260.00	240.00 - 260.00	60.00 - 60.00	60.00 - 60.00	-	50.00 - 60.00	30.00 - 40.00
Mannar	100.00 - 120.00	650.00 - 700.00	450.00 - 500.00	-	-	50.00 - 50.00	50.00 - 50.00	50.00 - 60.00	55.00 - 60.00	35.00 - 40.00
Killinochchi	80.00 - 100.00	600.00 - 650.00	350.00 - 400.00	-	240.00 - 260.00	50.00 - 60.00	-	50.00 - 60.00	70.00 - 75.00	40.00 - 50.00
Mullaitivu	120.00 - 160.00	480.00 - 600.00	300.00 - 400.00	-	200.00 - 240.00	40.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	60.00 - 65.00
Batticaloa	140.00 - 150.00	580.00 - 600.00	320.00 - 350.00	-	220.00 - 240.00	60.00 - 60.00	50.00 - 50.00	50.00 - 60.00	75.00 - 75.00	50.00 - 50.00
Trincomalee										
Hanguranketha	150.00 - 170.00	650.00 - 700.00	300.00 - 350.00	140.00 - 160.00	80.00 - 100.00	40.00 - 40.00	35.00 - 40.00	30.00 - 40.00	75.00 - 82.00	50.00 - 70.00
Veyangoda	160.00 - 200.00	700.00 - 750.00	500.00 - 600.00	180.00 - 200.00	140.00 - 160.00	60.00 - 70.00	60.00 - 70.00	30.00 - 33.00	75.00 - 80.00	55.00 - 60.00
Galenbindunuwewa	-	700.00 - 800.00	-	140.00 - 160.00	-	50.00 - 55.00	50.00 - 55.00	-	70.00 - 80.00	60.00 - 65.00
Bandarawela	150.00 - 160.00	750.00 - 800.00	350.00 - 400.00	180.00 - 200.00	100.00 - 120.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	80.00 - 100.00	60.00 - 70.00
Matale	160.00 - 240.00	600.00 - 800.00	400.00 - 600.00	160.00 - 200.00	80.00 - 100.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	55.00 - 75.00



Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits													
	Vilad	Kohu	Papaw (Rs/Kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/Kg)	King Coconut
			150.00 -	280.00	30.00 -	50.00	40.00 -	100.00	80.00 -	150.00	60.00 -	150.00	50.00 -	120.00	-	100.00 - 150.00
Colombo	70.00 - 150.00	-														
Gampaha	-	-													100.00 - 100.00	
Kurunegala	-	-													80.00 - 100.00	
Nikaweratiya	50.00 - 60.00	-													-	
Dambulla	60.00 - 80.00	25.00 - 30.00													100.00 - 120.00	
Anuradhapura	-	-													80.00 - 100.00	
Thambuththegama	-	-													70.00 - 80.00	
Polonnaruwa	-	-													100.00 - 120.00	
Kaluthara	80.00 - 90.00	-													100.00 - 120.00	
Badulla	35.00 - 40.00	-													90.00 - 100.00	
Keppetipola	60.00 - 80.00	20.00 - 26.00													90.00 - 100.00	
Moneragala	40.00 - 50.00	40.00 - 50.00													70.00 - 80.00	
Kegalle	35.00 - 40.00	25.00 - 30.00													80.00 - 100.00	
Ampara	50.00 - 60.00	-													90.00 - 100.00	
Dehiattakandiya	-	-													100.00 - 120.00	
Nuwaraeliya	70.00 - 80.00	25.00 - 30.00													90.00 - 110.00	
Kandy	70.00 - 80.00	-													100.00 - 110.00	
Puttalam	-	-													70.00 - 80.00	
Hambantota	-	-													70.00 - 80.00	
Rathnapura	-	-													-	
Matara	60.00 - 80.00	-													80.00 - 85.00	
Galle	-	-													-	
Tissamaharama	-	-													80.00 - 100.00	
Meegoda (DEC)	-	-													70.00 - 70.00	
Embilipitiya	50.00 - 60.00	30.00 - 40.00													80.00 - 100.00	
Jaffna	60.00 - 100.00	-													150.00 - 180.00	
Vavuniya	-	-													130.00 - 140.00	
Mannar	40.00 - 50.00	-													100.00 - 120.00	
Killinochchi	-	-													120.00 - 140.00	
Mullaitivu	80.00 - 90.00	-													140.00 - 150.00	
Batticaloa	-	-													120.00 - 140.00	
Trincomalee	-	-													-	
Veyangoda	-	-													120.00 - 130.00	
Galenbindunuwewa	-	-													90.00 - 100.00	
Bandarawela	40.00 - 60.00	-													100.00 - 120.00	
Matale	-	-													100.00 - 100.00	

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)**

Week 31: 29 July 04 August 2022

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	450.00 –	840.00	750.00 –	900.00	850.00 –	1000.00	1300.00 –	1550.00	1800.00 –	3400.00	1250.00 –	1540.00
Kandy	650.00 –	680.00	870.00 –	900.00	980.00 –	1100.00	1600.00 –	1680.00	–	–	1400.00 –	1460.00
Kaluthara	700.00 –	850.00	900.00 –	1000.00	700.00 –	800.00	1630.00 –	1700.00	–	–	1250.00 –	1350.00
Puttalam	600.00 –	650.00	920.00 –	920.00	–	–	–	–	–	–	–	–
Matara	530.00 –	600.00	–	–	700.00 –	800.00	1600.00 –	1700.00	2000.00 –	2100.00	–	–
Hambantota	600.00 –	600.00	900.00 –	950.00	1100.00 –	1150.00	1600.00 –	1650.00	–	–	–	–
Galle	–	–	–	–	–	–	–	–	–	–	–	–
Batticaloa	550.00 –	600.00	700.00 –	800.00	–	–	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–	–	–	–	–	–	–
Mannar	440.00 –	450.00	–	–	850.00 –	900.00	–	–	–	–	1300.00 –	1400.00

Locations	Sea Fish					Eggs					
	Mora		Shrimps		Thalapath	Teppeli	Brown		White		
Colombo	–	–	1250.00 –	1540.00	1800.00 –	2000.00	–	46.00 –	47.50	44.00 –	45.50
Kandy	–	–	1400.00 –	1500.00	1900.00 –	1950.00	–	47.00 –	48.00	45.00 –	46.00
Kaluthara	–	–	1400.00 –	1500.00	1800.00 –	1900.00	–	–	–	–	–
Puttalam	–	–	1250.00 –	1300.00	–	–	–	50.00 –	50.50	49.00 –	49.50
Matara	–	–	–	–	–	–	–	–	–	–	–
Hambantota	–	–	–	–	2000.00 –	2000.00	–	–	–	54.00 –	54.00
Galle	–	–	–	–	–	–	–	–	–	–	–
Batticaloa	1750.00 –	1800.00	1300.00 –	1400.00	1600.00 –	1700.00	–	52.00 –	53.00	52.00 –	53.00
Trincomalee	–	–	–	–	–	–	–	–	–	–	–
Mannar	–	–	950.00 –	1000.00	–	–	–	–	–	48.00 –	48.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)**

Week 31: 29 July 04 August 2022

Locations	Local Dried Fish					
	Sprats		Kattawa		Thora	
Colombo	90000 –	107000	–	–	117500 –	130000
Kandy	105000 –	110000	–	–	130000 –	135000
Batticaloa	–	–	137500 –	145000	–	–
Trincomalee	–	–	–	–	–	–
Mannar	67000 –	67500	117500 –	120000	–	–
					79000 –	80000
					47500 –	50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	40000 –	50000	69000 –	89000
Kandy	–	–	–	–	80000 –	82500
Batticaloa	97000 –	97000	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	69000 –	70000	44000 –	45000	52500 –	55000

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	92500 –	97000	–	–
Kandy	–	–	102500 –	105000	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)**

Week 31: 29 July 04 August 2022

LOCATIONS	Sea Fish										Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White		
Colombo	720.00 - 1000.00	1000.00 - 1200.00	1600.00 - 1900.00	2000.00 - 3000.00	2720.00 - 4900.00	2200.00 - 2600.00	-	2400.00 - 3160.00	47.00 - 56.00	45.00 - 55.00		
Gampaha	-	-	-	-	-	-	-	-	52.00 - 52.00	50.00 - 50.00		
Kurunegala	600.00 - 700.00	-	1400.00 - 1500.00	1800.00 - 1800.00	-	1800.00 - 1900.00	-	2400.00 - 2500.00	53.00 - 55.00	47.00 - 52.00		
Nikaweratiya	900.00 - 900.00	1200.00 - 1200.00	-	2100.00 - 2100.00	-	-	-	-	-	50.00 - 55.00		
Dambulla	800.00 - 850.00	1000.00 - 1100.00	1000.00 - 1100.00	2000.00 - 2200.00	-	1900.00 - 2000.00	2000.00 - 2200.00	2000.00 - 2200.00	52.00 - 53.00	49.50 - 50.00		
Anuradhapura	780.00 - 780.00	1080.00 - 1080.00	1100.00 - 1100.00	1920.00 - 1920.00	-	-	-	2160.00 - 2160.00	-	48.00 - 50.00		
Thambuththegama	800.00 - 800.00	1100.00 - 1100.00	2000.00 - 2000.00	-	-	1800.00 - 1800.00	-	2600.00 - 2600.00	-	50.00 - 53.00		
Polonnaruwa	700.00 - 700.00	1200.00 - 1200.00	1600.00 - 1700.00	2000.00 - 2100.00	-	-	1800.00 - 1900.00	2000.00 - 2100.00	55.00 - 55.00	49.00 - 50.00		
Kaluthara	850.00 - 950.00	1100.00 - 1200.00	950.00 - 1050.00	2000.00 - 2100.00	-	-	-	1800.00 - 1900.00	-	46.00 - 48.00		
Badulla	700.00 - 800.00	1000.00 - 1000.00	1400.00 - 1500.00	1800.00 - 1900.00	-	1700.00 - 1800.00	1600.00 - 1700.00	2400.00 - 2500.00	52.00 - 55.00	48.00 - 50.00		
Keppetipola	-	-	1400.00 - 1500.00	1800.00 - 1900.00	-	1800.00 - 1900.00	1700.00 - 1800.00	2300.00 - 2400.00	45.00 - 48.00	44.00 - 46.00		
Moneragala	700.00 - 800.00	1000.00 - 1100.00	1400.00 - 1500.00	-	-	-	-	2100.00 - 2200.00	50.00 - 55.00	50.00 - 54.00		
Kegalle	1000.00 - 1000.00	1200.00 - 1300.00	1700.00 - 1800.00	2100.00 - 2200.00	-	-	1950.00 - 2000.00	2500.00 - 2600.00	56.00 - 57.00	52.00 - 54.00		
Ampara	700.00 - 700.00	-	1500.00 - 1500.00	1800.00 - 1800.00	-	-	-	2400.00 - 2400.00	-	47.00 - 50.00		
Dehiattakandiya	700.00 - 700.00	-	1600.00 - 1600.00	2000.00 - 2200.00	-	-	-	-	52.00 - 52.00	50.00 - 50.00		
Nuwaraeliya	-	-	1200.00 - 1300.00	2100.00 - 2200.00	-	2000.00 - 2100.00	1800.00 - 2000.00	2200.00 - 2400.00	48.00 - 52.00	47.00 - 50.00		
Kandy	780.00 - 800.00	1100.00 - 1150.00	1400.00 - 1450.00	2300.00 - 2400.00	-	1700.00 - 1750.00	-	2400.00 - 2500.00	50.00 - 52.00	48.00 - 49.00		
Puttalam	650.00 - 700.00	1000.00 - 1000.00	-	1980.00 - 2000.00	-	-	-	-	51.00 - 52.00	50.00 - 50.50		
Hambantota	600.00 - 600.00	1000.00 - 1100.00	1200.00 - 1400.00	2000.00 - 2200.00	-	-	-	2400.00 - 2400.00	-	55.00 - 55.00		
Rathnapura	860.00 - 900.00	1260.00 - 1300.00	1000.00 - 1060.00	2000.00 - 2100.00	-	1900.00 - 1980.00	-	2100.00 - 2200.00	-	50.00 - 51.00		
Matara	650.00 - 750.00	-	950.00 - 1200.00	2000.00 - 2100.00	-	-	-	-	-	52.00 - 54.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	-	1000.00 - 1000.00	1100.00 - 1200.00	-	-	-	-	-	-	52.00 - 55.00		
Meegoda	1000.00 - 1000.00	-	-	-	-	2600.00 - 2600.00	-	2800.00 - 2800.00	-	53.00 - 53.00		
Embilipitiya	-	1000.00 - 1100.00	1400.00 - 1500.00	2100.00 - 2200.00	-	-	-	2100.00 - 2200.00	54.00 - 56.00	52.00 - 55.00		
Jaffna	-	1000.00 - 1200.00	1000.00 - 1200.00	-	-	-	-	-	53.00 - 54.00	52.00 - 53.00		
Vavuniya	750.00 - 800.00	1150.00 - 1200.00	1200.00 - 1250.00	2350.00 - 2400.00	2950.00 - 3000.00	1750.00 - 1800.00	2950.00 - 3000.00	2350.00 - 2400.00	55.00 - 55.00	50.00 - 50.00		
Mannar	500.00 - 500.00	-	950.00 - 1000.00	-	-	1500.00 - 1500.00	-	-	-	49.00 - 50.00		
Killinochchi	750.00 - 850.00	-	1200.00 - 1400.00	-	-	1500.00 - 1600.00	-	-	-	48.00 - 48.00		
Mullaittivu	600.00 - 600.00	1000.00 - 1000.00	1000.00 - 1100.00	-	-	1800.00 - 1800.00	-	-	-	48.00 - 50.00		
Batticaloa	700.00 - 800.00	1200.00 - 1200.00	2000.00 - 2000.00	-	-	-	2400.00 - 2400.00	2400.00 - 2500.00	53.00 - 54.00	53.00 - 54.00		
Trincomalee	-	-	-	-	-	-	-	-	-	-		
Veyangoda	800.00 - 800.00	1200.00 - 1200.00	2000.00 - 2000.00	-	-	-	-	2400.00 - 2400.00	-	47.00 - 50.00		
Galenbindunuwewa	700.00 - 700.00	1100.00 - 1100.00	1200.00 - 1200.00	2000.00 - 2000.00	-	1600.00 - 1600.00	1500.00 - 1500.00	2600.00 - 2600.00	-	45.00 - 48.00		
Bandarawela	700.00 - 800.00	1000.00 - 1200.00	1400.00 - 1500.00	1800.00 - 2000.00	-	1600.00 - 1800.00	1600.00 - 1800.00	2400.00 - 2500.00	49.00 - 52.00	47.00 - 50.00		
Matale	800.00 - 880.00	1100.00 - 1200.00	1200.00 - 1400.00	2100.00 - 2300.00	-	1500.00 - 1700.00	1500.00 - 1700.00	-	-	-		

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)**

Week 31: 29 July 04 August 2022

LOCATIONS	Dried Fish												
	Sprats-Imported	Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
23	Colombo	1600.00 – 2200.00	2800.00 – 3500.00	–	2800.00 – 3400.00	2200.00 – 2800.00	2800.00 – 3200.00	1200.00 – 1800.00					
	Gampaha	1400.00 – 1800.00	3200.00 – 3200.00	3400.00 – 3800.00	3000.00 – 3200.00	2200.00 – 2400.00	2600.00 – 2800.00	1200.00 – 1600.00					
	Kurunegala	1800.00 – 2000.00	2800.00 – 3000.00	3000.00 – 3000.00	2800.00 – 2800.00	2200.00 – 2500.00	2400.00 – 2400.00	1200.00 – 1400.00					
	Nikaweratiya	1600.00 – 1940.00	2800.00 – 2800.00	–	2600.00 – 2800.00	2000.00 – 2000.00	2600.00 – 2600.00	–					
	Dambulla	1800.00 – 1900.00	3000.00 – 3200.00	–	2900.00 – 3000.00	1900.00 – 2000.00	2500.00 – 2600.00	–					
	Anuradhapura	1900.00 – 2000.00	2800.00 – 3200.00	–	3000.00 – 3200.00	2000.00 – 2500.00	2800.00 – 3200.00	–					
	Thambuththegama	1720.00 – 1740.00	–	–	2600.00 – 2600.00	–	–	–					
	Polonnaruwa	1800.00 – 1900.00	3500.00 – 3500.00	–	2800.00 – 3000.00	2200.00 – 2500.00	–	–					
	Kaluthara	1800.00 – 2000.00	3000.00 – 3500.00	–	2600.00 – 2800.00	2000.00 – 2400.00	2400.00 – 2600.00	1400.00 – 1500.00					
	Badulla	1700.00 – 1800.00	2800.00 – 3000.00	–	2600.00 – 2700.00	2100.00 – 2200.00	–	–					
	Keppetipola	1650.00 – 1800.00	2900.00 – 3000.00	–	2900.00 – 3000.00	2400.00 – 2500.00	2600.00 – 2700.00	1300.00 – 1400.00					
	Moneragala	–	2800.00 – 3000.00	2800.00 – 2900.00	2800.00 – 2900.00	2000.00 – 2300.00	2700.00 – 2800.00	–					
	Kegalle	1600.00 – 1700.00	2500.00 – 2600.00	–	2400.00 – 2450.00	2150.00 – 2200.00	–	–					
	Ampara	1700.00 – 2000.00	2600.00 – 2800.00	–	–	2050.00 – 2400.00	–	–					
	Dehiatkanadiya	1800.00 – 1800.00	–	–	2500.00 – 2800.00	2600.00 – 2600.00	–	–					
	Nuwaraeliya	1600.00 – 1800.00	2900.00 – 3000.00	3500.00 – 3600.00	2900.00 – 3200.00	2500.00 – 2600.00	2600.00 – 2800.00	1300.00 – 1500.00					
	Kandy	2000.00 – 2200.00	3200.00 – 3300.00	–	2900.00 – 3000.00	2400.00 – 2500.00	2800.00 – 2900.00	–					
	Puttalam	1700.00 – 1850.00	2300.00 – 2400.00	–	2750.00 – 2850.00	1950.00 – 2100.00	1800.00 – 2000.00	1200.00 – 1250.00					
	Hambantota	–	2800.00 – 2900.00	–	2500.00 – 2700.00	–	2600.00 – 2800.00	1400.00 – 1400.00					
	Rathnapura	2100.00 – 2200.00	3300.00 – 3400.00	–	2760.00 – 2800.00	2560.00 – 2600.00	–	1760.00 – 1800.00					
	Matara	1800.00 – 1950.00	2800.00 – 3000.00	3000.00 – 3100.00	2800.00 – 3000.00	2200.00 – 2400.00	2800.00 – 2900.00	–					
	Galle	–	–	–	–	–	–	–					
	Tissamaharama	1700.00 – 1800.00	–	–	–	2000.00 – 2200.00	–	–					
	Meegoda	1800.00 – 1920.00	2800.00 – 3000.00	–	2600.00 – 2800.00	2100.00 – 2200.00	–	1120.00 – 1200.00					
	Embilipitiya	1400.00 – 1800.00	3000.00 – 3300.00	–	2800.00 – 3000.00	2300.00 – 2500.00	2700.00 – 3000.00	1500.00 – 1800.00					
	Jaffna	1750.00 – 1900.00	–	–	–	–	–	–					
	Vavuniya	1400.00 – 1400.00	2500.00 – 2750.00	–	–	–	–	–					
	Mannar	1400.00 – 1400.00	2500.00 – 2600.00	–	–	1700.00 – 1800.00	–	1200.00 – 1200.00					
	Killinochchi	–	3450.00 – 3500.00	–	2800.00 – 2980.00	–	2000.00 – 2200.00	1850.00 – 1850.00					
	Mullaitivu	1800.00 – 2000.00	2800.00 – 3000.00	–	2800.00 – 3000.00	–	–	1300.00 – 1500.00					
	Batticaloa	2000.00 – 2000.00	2800.00 – 3000.00	–	–	–	–	–					
	Trincomalee	–	–	–	–	–	–	–					
	Veyangoda	1650.00 – 1800.00	2600.00 – 2900.00	–	2600.00 – 2800.00	–	2000.00 – 2200.00	1100.00 – 1300.00					
	Galenbindunuwewa	1900.00 – 2000.00	3000.00 – 3400.00	3800.00 – 4000.00	3000.00 – 3100.00	2400.00 – 2600.00	2400.00 – 2600.00	–					
	Bandarawela	1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2200.00 – 2300.00	–	1300.00 – 1400.00					
	Matale	1700.00 – 2000.00	2900.00 – 3200.00	3400.00 – 3600.00	3300.00 – 3500.00	2200.00 – 2400.00	2700.00 – 3000.00	1100.00 – 1300.00					

**Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)**

Week 31: 29 July 04 August 2022

LOCATIONS	Meat		Meat (Chicken)			Meat	
	Beef	Broiler	Curry	Mutton	Pork		
Colombo	2000.00 – 2200.00	1250.00 – 1400.00	1100.00 – 1400.00	2600.00 – 3000.00	1000.00 – 1400.00		
Gampaha	–	1350.00 – 1400.00	1200.00 – 1350.00	2500.00 – 2500.00	1100.00 – 1100.00		
Kurunegala	1800.00 – 2000.00	1300.00 – 1360.00	–	2400.00 – 2500.00	1400.00 – 1400.00		
Nikaweratiya	1800.00 – 1800.00	1300.00 – 1300.00	–	–	–		
Dambulla	–	1250.00 – 1350.00	–	–	–		
Anuradhapura	1700.00 – 1700.00	1200.00 – 1250.00	–	2800.00 – 2800.00	1300.00 – 1300.00		
Thambuththegama	1500.00 – 1950.00	1080.00 – 1250.00	–	–	1200.00 – 1300.00		
Polonnaruwa	2000.00 – 2000.00	1350.00 – 1350.00	–	2900.00 – 3000.00	1600.00 – 1700.00		
Kaluthara	–	1300.00 – 1350.00	1200.00 – 1250.00	–	–		
Badulla	1800.00 – 2000.00	1350.00 – 1400.00	1300.00 – 1350.00	2400.00 – 2500.00	–		
Keppetipola	1700.00 – 1800.00	1300.00 – 1350.00	1250.00 – 1280.00	2400.00 – 2500.00	–		
Moneragala	1800.00 – 1800.00	1380.00 – 1480.00	1450.00 – 1480.00	–	–		
Kegalle	1800.00 – 1850.00	1250.00 – 1300.00	–	–	1350.00 – 1400.00		
Ampara	–	1400.00 – 1450.00	–	–	–		
Dehiattakandiya	–	1300.00 – 1320.00	–	–	1200.00 – 1500.00		
Nuwaraeliya	1700.00 – 1800.00	1380.00 – 1400.00	1300.00 – 1360.00	2500.00 – 2600.00	1300.00 – 1400.00		
Kandy	1800.00 – 1900.00	1300.00 – 1320.00	1200.00 – 1220.00	2350.00 – 2400.00	–		
Puttalam	1700.00 – 1800.00	1300.00 – 1350.00	1050.00 – 1150.00	2300.00 – 2400.00	–		
Hambantota	–	1350.00 – 1400.00	–	–	–		
Rathnapura	1800.00 – 1800.00	1230.00 – 1260.00	1120.00 – 1150.00	2400.00 – 2450.00	–		
Matara	–	1360.00 – 1380.00	1220.00 – 1250.00	–	–		
Galle	–	–	–	–	–		
Tissamaharama	–	1450.00 – 1450.00	–	–	1400.00 – 1400.00		
Meegoda	–	1150.00 – 1220.00	–	2800.00 – 2800.00	1200.00 – 1200.00		
Embilipitiya	1900.00 – 2000.00	1050.00 – 1250.00	1100.00 – 1150.00	2600.00 – 2700.00	1200.00 – 1400.00		
Jaffna	1450.00 – 1500.00	1500.00 – 1600.00	1400.00 – 1500.00	2350.00 – 2600.00	–		
Vavuniya	1700.00 – 1700.00	1350.00 – 1350.00	–	2450.00 – 2500.00	–		
Mannar	1400.00 – 1400.00	1500.00 – 1500.00	–	–	–		
Killinochchi	1500.00 – 1500.00	1500.00 – 1500.00	1500.00 – 1500.00	2400.00 – 2400.00	–		
Mullaitivu	1400.00 – 1400.00	1400.00 – 1400.00	–	–	–		
Batticaloa	–	1400.00 – 1500.00	1500.00 – 1500.00	–	–		
Trincomalee	–	–	–	–	–		
Veyangoda	1800.00 – 1800.00	1260.00 – 1260.00	–	2400.00 – 2400.00	1200.00 – 1200.00		
Galenbindunuwewa	1550.00 – 1600.00	1250.00 – 1300.00	–	–	–		
Bandarawela	1800.00 – 2000.00	1350.00 – 1400.00	1300.00 – 1350.00	2600.00 – 2800.00	–		
Matale	1700.00 – 1700.00	1200.00 – 1250.00	1000.00 – 1150.00	–	1100.00 – 1100.00		





**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)**  
**Week 31: 29 July 04 August 2022**

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price		
<b>Paddy</b>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>				
<b>Short Grain</b>			<b>Beans</b>	Dambulla	320.00 – 350.00	334.00	Dambulla	120.00 – 145.00	133.00	
A'pura	110.00 – 116.00	112.40	Wellimada	270.00 – 280.00	276.00	Wellimada	140.00 – 150.00	143.33		
P'naruwa	123.00 – 124.00	123.42	Badulla	270.00 – 310.00	288.00	Badulla	230.00 – 250.00	240.00		
Kalawewa	110.00 – 125.00	120.00	<b>Carrot</b>	N'Eliya	190.00 – 200.00	194.00	Matara	–		
Kurunegala	100.00 – 122.00	112.40	Wellimada	175.00 – 190.00	183.00	A'pura	90.00 – 100.00	94.00		
Dehiattakandiya	120.00 – 122.00	120.67	Hanguranketha	170.00 – 185.00	175.00	<b>Luffa</b>	Dambulla	125.00 – 135.00	130.00	
Nikaweratiya	105.00 – 122.00	114.83				Wellimada	Hambantota	110.00 – 120.00	116.67	
Ampara	120.00 – 125.00	122.50	<b>Leeks</b>	N'Eliya	86.00 – 90.00	88.20	Badulla	150.00 – 170.00	159.00	
<b>Long Grain (White)</b>			Wellimada	75.00 – 80.00	77.40	Matara	Hambantota	–		
A'pura	110.00 – 116.00	112.40	<b>Beetroot</b>	Dambulla	115.00 – 120.00	116.80	<b>Embillypitiya</b>	Dambulla	290.00 – 330.00	310.00
P'naruwa	123.00 – 124.00	123.33	N'Eliya	67.00 – 86.00	75.60	Wellimada	Hambantota	–		
Kalawewa	110.00 – 125.00	118.00	Badulla	Kurunegala	–	Badulla	Embillypitiya	380.00 – 450.00	410.00	
Kurunegala	100.00 – 122.00	112.40	Wellimada	95.00 – 100.00	96.80	Hanguranketha	Puttalam	300.00 – 370.00	328.33	
Dehiattakandiya	120.00 – 122.00	120.67	N'Eliya	120.00 – 150.00	132.00	A'pura	A'pura	300.00 – 320.00	308.00	
Embillypitiya	–		<b>Knol Khol</b>	Wellimada	70.00 – 80.00	75.60	<b>Pumpkin</b>	Dambulla	95.00 – 110.00	102.00
Nikaweratiya	105.00 – 122.00	114.83	Badulla	N'Eliya	60.00 – 70.00	65.80	Wellimada	Hambantota	70.00 – 80.00	75.00
Hambantota	–		Wellimada	60.00 – 75.00	66.00	Hanguranketha	Embillypitiya	75.00 – 120.00	108.33	
Ampara	115.00 – 120.00	118.00	<b>Raddish</b>	Badulla	150.00 – 160.00	156.00	Matara	–		
<b>Long Grain (Red)</b>			Wellimada	140.00 – 150.00	146.00	N'Eliya	A'pura	70.00 – 80.00	74.00	
Matara	135.00 – 137.00	135.67	Badulla	110.00 – 130.00	119.00	Wellimada	Moneragala	–		
Hambantota	135.00 – 136.00	135.33	Wellimada	130.00 – 150.00	143.00	<b>Cabbage</b>	<b>Cucumber</b>	A'pura		
Embillypitiya	134.00 – 136.00	135.00	Badulla	20.00 – 25.00	22.40	Wellimada	Dambulla	30.00 – 35.00	32.00	
<b>Keeri Samba</b>			Wellimada	40.00 – 60.00	50.00	Wellimada	Hambantota	60.00 – 67.00	64.20	
A'pura	110.00 – 110.00	110.00	Badulla	30.00 – 40.00	34.60	N'Eliya	Embillypitiya	60.00 – 70.00	62.50	
P'naruwa	129.00 – 130.00	129.67	Wellimada	150.00 – 160.00	156.00	Wellimada	Matara	–		
Kalawewa	115.00 – 125.00	121.00	Badulla	140.00 – 150.00	146.00	Hanguranketha	Moneragala	A'pura		
Kurunegala	120.00 – 135.00	128.00	Wellimada	110.00 – 130.00	119.00	N'Eliya	Cabbage	70.00 – 80.00	74.00	
Dehiattakandiya	130.00 – 131.00	130.33	Wellimada	130.00 – 150.00	143.00	Wellimada	<b>Long Beans</b>			
<b>Red Onion</b>			Wellimada	245.00 – 260.00	251.00	Badulla	Dambulla	140.00 – 162.50	151.50	
Puttalam	220.00 – 260.00	244.00	Wellimada	250.00 – 270.00	260.00	Hambantota	Hambantota	–		
Jaffna	250.00 – 320.00	297.50	Badulla	260.00 – 280.00	270.00	Badulla	Embillypitiya	200.00 – 220.00	213.00	
<b>Big Onion</b>			Wellimada	130.00 – 150.00	143.00	Wellimada	Matara	200.00 – 220.00	210.00	
Dambulla	–		Wellimada	–		Wellimada	A'pura	100.00 – 110.00	104.00	
Kalawewa	–		<b>Tomato</b>	Wellimada	245.00 – 260.00	251.00	<b>Ash Plantain</b>	Hambantota	30.00 – 35.00	32.50
A'pura	–		Hambantota	250.00 – 270.00	260.00	Wellimada	Embillypitiya	55.00 – 70.00	61.00	
<b>Potato</b>			Dambulla	260.00 – 280.00	270.00	Wellimada	Moneragala	–		
N'Eliya	325.00 – 345.00	335.00	<b>Vegetable (Low Country)</b>	Wellimada	130.00 – 150.00	143.00	<b>Lime</b>	Hambantota		
Badulla	–		Wellimada	–		Wellimada	Dambulla			
Wellimada	275.00 – 290.00	280.00	<b>Ladies Fingers</b>	A'pura	60.00 – 70.00	64.00	Wellimada	Hambantota		
<b>Pulses</b>			Dambulla	95.00 – 110.00	102.50	Wellimada	Embillypitiya			
<b>Green Gram</b>			Hambantota	130.00 – 150.00	140.00	Wellimada	Moneragala			
Hambantota	–		Embillypitiya	130.00 – 150.00	141.00	Matara	<b>Fruits (Rs/Kg)</b>			
Moneragala	650.00 – 680.00	662.00	Matara	–		<b>Banana</b>				
Embillypitiya	670.00 – 680.00	675.00	<b>Brinjal</b>	A'pura	170.00 – 180.00	174.00	Moneragala	25.00 – 30.00	28.00	
Nikaweratiya	550.00 – 600.00	587.50	Wellimada	200.00 – 230.00	216.00	Embillypitiya	40.00 – 60.00	48.00		
A'pura	650.00 – 700.00	670.00	Hambantota	–		Moneragala	60.00 – 65.00	61.67		
<b>Cowpea</b>			Embillypitiya	200.00 – 220.00	208.00	<b>Ambul</b>				
Hambantota	–		Matara	190.00 – 210.00	200.00	Moneragala	80.00 – 90.00	86.00		
Nikaweratiya	500.00 – 600.00	550.00	Wellimada	170.00 – 190.00	179.00	Embillypitiya	140.00 – 160.00	148.00		
Moneragala	500.00 – 550.00	530.00	<b>Capsicum</b>	Badulla	–	Hambantota	140.00 – 160.00	147.50		
Embillypitiya	540.00 – 550.00	545.00	Wellimada	460.00 – 475.00	467.00	<b>Kolikuttu</b>				
<b>Maize</b>				A'pura	160.00 – 170.00	164.00	Moneragala	80.00 – 90.00	86.00	
A'pura	–			Dambulla	190.00 – 210.00	201.00	Embillypitiya	110.00 – 120.00	113.00	
Kalawewa	–		<b>Bitter Gourd</b>	Wellimada	300.00 – 360.00	328.00	Hambantota	110.00 – 120.00	115.00	
Gingelly	470.00 – 480.00	474.00	A'pura	260.00 – 280.00	273.33	<b>Papaw</b>	Divulapitiya	–		
A'pura	–		Dambulla	–		<b>Pineapple</b>				
Kalawewa	–		Wellimada	–		Divulapitiya				
<b>Black Gram</b>										
A'pura	420.00 – 430.00	424.00								
Kalawewa	350.00 – 400.00	382.50								

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)**

**Week 31: 29 July 04 August 2022**

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b>Rice</b>									
<b>Local</b>									
Samba 1	260.00	-	270.00	260.00	-	260.00	250.00	-	250.00
Samba 2	240.00	-	240.00	250.00	-	250.00	-	-	250.00
Keeri Samba	260.00	-	270.00	280.00	-	280.00	260.00	-	280.00
Nadu 1	240.00	-	260.00	-	-	240.00	240.00	-	260.00
Nadu 2	240.00	-	240.00	-	-	-	230.00	-	250.00
Raw (Red)	260.00	-	270.00	260.00	-	260.00	260.00	-	270.00
Raw (White)	260.00	-	260.00	260.00	-	260.00	240.00	-	270.00
<b>Imported</b>									
Samba	210.00	-	220.00	240.00	-	240.00	210.00	-	220.00
Nadu	200.00	-	220.00	230.00	-	230.00	220.00	-	220.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	190.00	-	220.00	200.00	-	220.00	190.00	-	200.00
<b>Dried Chillies</b>									
Imported	1700.00	-	1800.00	2200.00	-	2200.00	2200.00	-	2200.00
<b>Red Onion</b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	450.00	-	480.00	600.00	-	600.00	480.00	-	600.00
Imported	340.00	-	380.00	380.00	-	400.00	380.00	-	400.00
<b>Big Onion</b>									
Imported	180.00	-	200.00	200.00	-	240.00	180.00	-	240.00
Local	-	-	-	-	-	-	-	-	-
<b>Potato</b>									
Wellimada	-	-	-	-	-	-	-	-	-
N'Eliya	400.00	-	400.00	480.00	-	480.00	600.00	-	600.00
Imported	200.00	-	220.00	240.00	-	240.00	240.00	-	260.00
<b>Pulses</b>									
Green Gram	900.00	-	980.00	1000.00	-	1000.00	1000.00	-	1000.00
Cowpea (White)	800.00	-	850.00	880.00	-	900.00	800.00	-	950.00
Cowpea (Red)	700.00	-	860.00	700.00	-	840.00	750.00	-	800.00
Red Dhal	480.00	-	540.00	600.00	-	520.00	480.00	-	540.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)**

**Week 31: 29 July 04 August 2022**

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Vegetable</u></b>									
Beans	500.00	- 600.00	520.00	- 600.00	520.00	- 600.00	600.00	- 600.00	600.00
Carrot	280.00	- 300.00	400.00	- 400.00	400.00	- 400.00	400.00	- 400.00	400.00
Leeks	160.00	- 200.00	320.00	- 320.00	280.00	- 320.00	320.00	- 320.00	300.00
Beetroot	140.00	- 160.00	240.00	- 320.00	280.00	- 320.00	240.00	- 320.00	280.00
Knolkhол	140.00	- 180.00	200.00	- 320.00	280.00	- 320.00	240.00	- 320.00	240.00
Raddish	100.00	- 130.00	240.00	- 240.00	240.00	- 240.00	160.00	- 200.00	200.00
Cabbage	280.00	- 320.00	320.00	- 400.00	400.00	- 400.00	360.00	- 400.00	360.00
Tomato	400.00	- 420.00	400.00	- 600.00	400.00	- 480.00	500.00	- 420.00	440.00
Ladies Fingers	250.00	- 280.00	360.00	- 400.00	320.00	- 360.00	320.00	- 400.00	320.00
Brinjal	300.00	- 360.00	400.00	- 480.00	320.00	- 400.00	350.00	- 480.00	400.00
Capsicum	700.00	- 720.00	800.00	- 800.00	800.00	- 1000.00	800.00	- 1000.00	800.00
Pumpkin	180.00	- 220.00	280.00	- 320.00	280.00	- 320.00	240.00	- 320.00	320.00
29 Cucumber	120.00	- 140.00	200.00	- 240.00	200.00	- 240.00	200.00	- 240.00	200.00
Bitter Gourd	280.00	- 320.00	440.00	- 500.00	400.00	- 480.00	400.00	- 480.00	320.00
Snake Gourd	280.00	- 320.00	400.00	- 480.00	400.00	- 400.00	400.00	- 400.00	400.00
Drumstick	300.00	- 450.00	480.00	- 560.00	400.00	- 600.00	400.00	- 600.00	320.00
Luffa	240.00	- 280.00	320.00	- 320.00	320.00	- 360.00	400.00	- 400.00	320.00
Long Beans	300.00	- 320.00	320.00	- 400.00	400.00	- 480.00	350.00	- 400.00	320.00
Ash Plantain	160.00	- 160.00	240.00	- 240.00	240.00	- 240.00	160.00	- 300.00	240.00
Green Chillies	450.00	- 480.00	600.00	- 800.00	600.00	- 800.00	600.00	- 800.00	600.00
Lime	280.00	- 350.00	400.00	- 600.00	500.00	- 600.00	400.00	- 600.00	600.00
<b><u>Root Crops</u></b>									
Sweet Potato	160.00	- 180.00	240.00	- 240.00	200.00	- 240.00	240.00	- 280.00	200.00
Manioc	120.00	- 150.00	180.00	- 200.00	180.00	- 180.00	120.00	- 200.00	150.00
<b><u>Leafy Vegetable</u></b>									
Mukunuwenna	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	80.00
Kankun	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	80.00
Gotukola	60.00	- 60.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	80.00
<b><u>Coconut</u></b>									
Large	90.00	- 100.00	100.00	- 100.00	90.00	- 100.00	90.00	- 95.00	90.00
Small	80.00	- 80.00	80.00	- 80.00	75.00	- 85.00	85.00	- 85.00	80.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)**

**Week 31: 29 July 04 August 2022**

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Plantain</u></b>									
Ambul (Rs/Kg)	130.00	-	150.00	150.00	-	160.00	160.00	-	160.00
Kolikuttu (Rs/Kg)	200.00	-	220.00	280.00	-	300.00	280.00	-	300.00
Seenii (Rs/Kg)	150.00	-	160.00	140.00	-	160.00	160.00	-	160.00
Anamalu	18.00	-	20.00	24.00	-	28.00	23.00	-	25.00
Ambun	23.00	-	25.00	30.00	-	35.00	29.00	-	31.00
<b><u>Pineapple</u></b>									
Large	500.00	-	550.00	500.00	-	550.00	500.00	-	550.00
Medium	400.00	-	450.00	400.00	-	450.00	400.00	-	450.00
30 Small	350.00	-	350.00	380.00	-	380.00	280.00	-	380.00
<b><u>Mango</u></b>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	180.00	-	200.00	-	-	-	200.00	-	240.00
Vilad	80.00	-	120.00	150.00	-	150.00	-	80.00	100.00
Kohu	-	-	-	-	-	-	-	-	-
<b><u>Other Fruits</u></b>									
Wood Apple	40.00	-	60.00	80.00	-	100.00	70.00	-	100.00
Orange	100.00	-	110.00	140.00	-	150.00	100.00	-	150.00
Avocado	60.00	-	60.00	120.00	-	150.00	100.00	-	130.00
Slime Apple	50.00	-	70.00	70.00	-	100.00	100.00	-	100.00
Grapes (Rs/Kg)	-	-	-	-	-	-	-	-	-
Papaw (Rs/Kg)	150.00	-	170.00	250.00	-	260.00	230.00	-	280.00
Passion	30.00	-	33.00	46.00	-	50.00	46.00	-	50.00
King Coconut	100.00	-	120.00	140.00	-	150.00	120.00	-	150.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)**

Week 31: 29 July 04 August 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><u>Sea Fish</u></b>									
Salaya	1000.00	1000.00	920.00	920.00	900.00	960.00	1000.00	1000.00	880.00
Hurulla	-	1120.00	1120.00	-	1200.00	1200.00	1160.00	1160.00	1100.00
Balaya	1700.00	1700.00	1720.00	1720.00	1600.00	1600.00	-	1600.00	1800.00
Kelawalla	3000.00	3000.00	2000.00	2200.00	2000.00	2200.00	-	2240.00	2400.00
Thora	-	2720.00	2720.00	-	-	4900.00	4900.00	2800.00	2800.00
Paraw	-	-	-	-	-	2600.00	2600.00	2400.00	2400.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1400.00	1400.00	1640.00	1760.00	1760.00	1800.00	1700.00	1760.00	1600.00
Talapath	3000.00	3000.00	2720.00	2720.00	2400.00	2600.00	2800.00	2600.00	2800.00
31 <b><u>Eggs (Rs/Egg)</u></b>									
Brown	53.00	53.00	53.00	54.00	53.00	54.00	56.00	56.00	55.00
White	50.00	50.00	52.00	53.00	51.00	52.00	53.00	55.00	52.00
<b><u>Dried Fish</u></b>									
Sprats	2400.00	2400.00	2400.00	2400.00	2400.00	2600.00	2400.00	2500.00	2400.00
Kattawa	3000.00	3300.00	3200.00	3200.00	3100.00	3200.00	3000.00	3400.00	2800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	3400.00	3400.00	2800.00	2900.00	3200.00	3200.00	3100.00	3200.00	3400.00
Balaya	2200.00	2500.00	2700.00	2800.00	2400.00	2500.00	2300.00	2400.00	2600.00
Anguluwa	-	2800.00	2800.00	2800.00	3000.00	3000.00	-	-	3100.00
Salaya	1200.00	1400.00	-	1700.00	1800.00	1400.00	1800.00	1500.00	1700.00
<b><u>Meat</u></b>									
Beef (without Bones)	-	2000.00	2000.00	2200.00	2200.00	-	2100.00	2100.00	-
Chicken (Broiler)	-	1380.00	1380.00	1400.00	1400.00	1400.00	1350.00	1350.00	1250.00
Chicken (Curry)	-	1100.00	1100.00	1400.00	1400.00	1300.00	1300.00	1300.00	1350.00
Mutton	-	2700.00	2700.00	2800.00	2800.00	-	2600.00	2600.00	2600.00
Pork	-	1400.00	1400.00	1400.00	1400.00	-	-	-	1000.00

## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq ( $\mu$ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate ( $\mu$ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				
<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

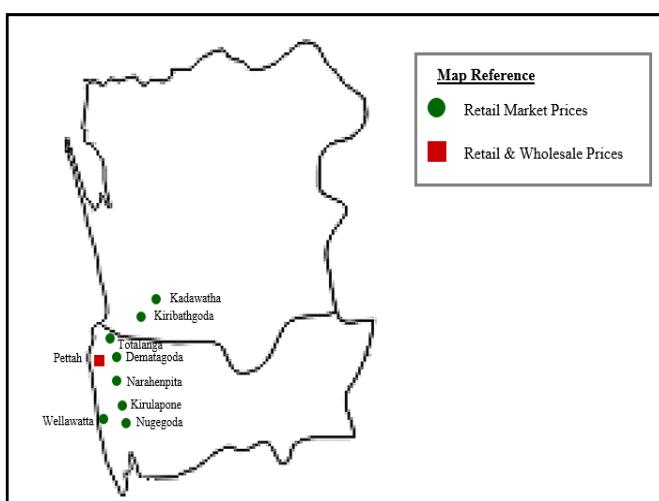
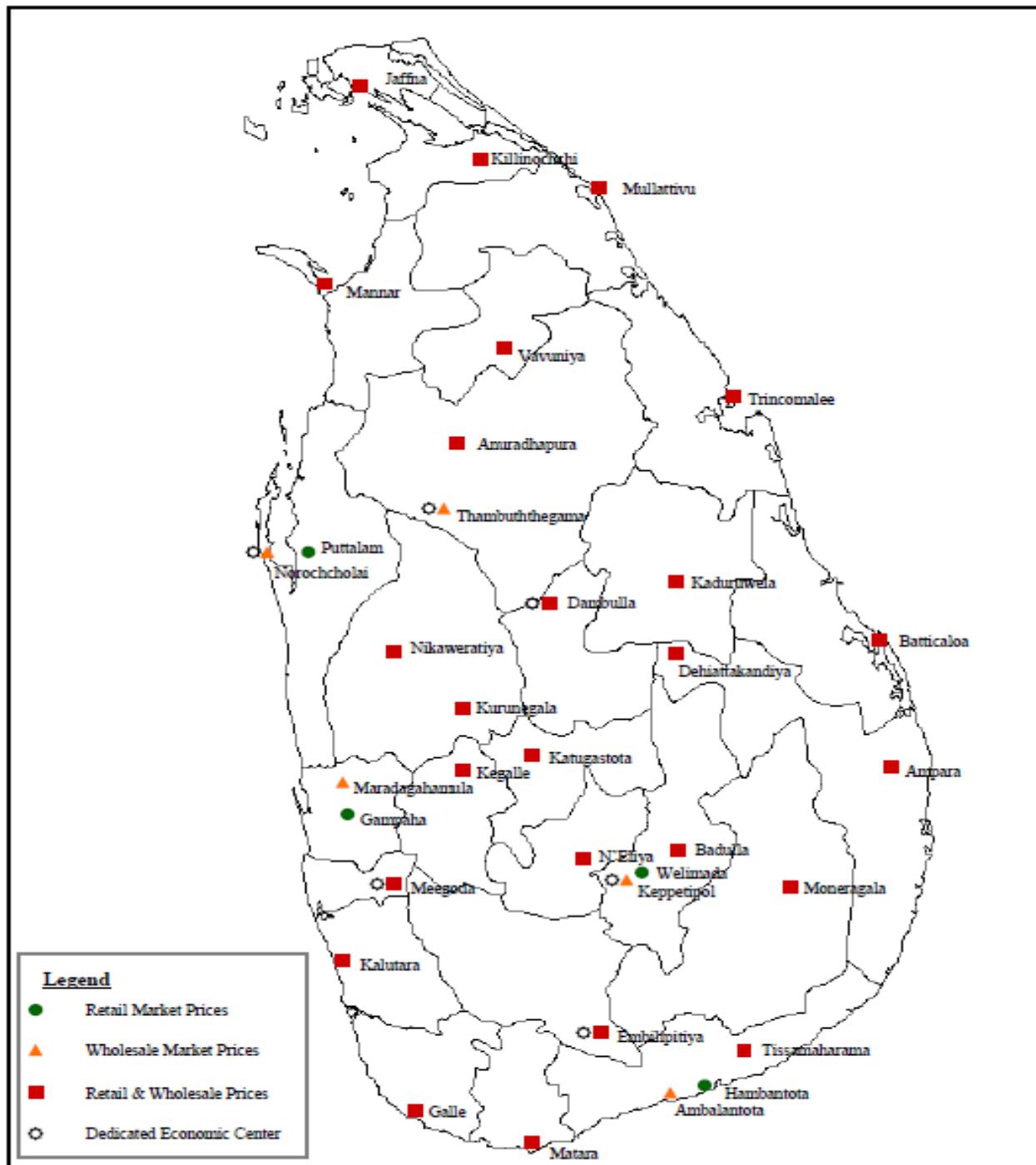
## Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppili / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppa	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
<b>Dried Fish</b>												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
<b>Eggs</b>											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
<b>Fruits</b>											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

# Price Collecting Areas





HARTI



Ministry of Agriculture

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