

WEEKLY FOOD COMMODITIES BULLETIN

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RETAIL MARKET AT A GLANCE

Summary

Rice/Paddy



Retail prices of all the rice varieties have decreased in the range of Rs.3.00-Rs.27.00/kg mainly due to the Government regulated maximum retail price policy. The highest price decrease of Rs.27.00/kg was recorded for *Nadu 2*. However, upper limits of recorded price ranges of all the local rice varieties had exceeded MRP. Compared to the same period of last year, all local rice varieties have increased by 63%-152%.

(Page No 01-02)

Other Field Crops



Price of imported dried chilies has decreased by Rs.32.00/kg and price ranged between Rs.1980.00- 2200.00/kg.



Prices of imported red onion and big onion have decreased slightly by Rs.11.00 and Rs.3.00/kg respectively.



Price of Nuwara Eliya potatoes has increased by Rs.16.00/kg and price ranged between Rs.380.00-460.00/kg.

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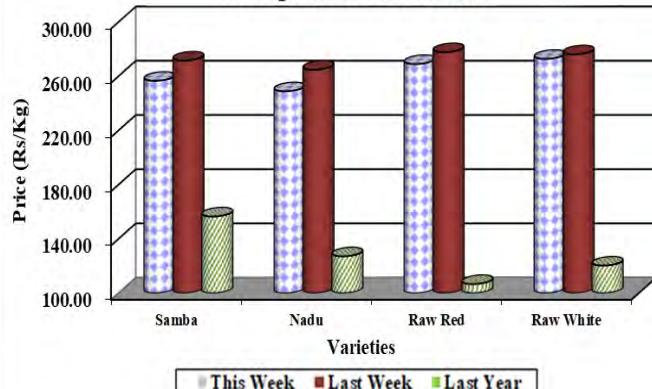
Vegetables



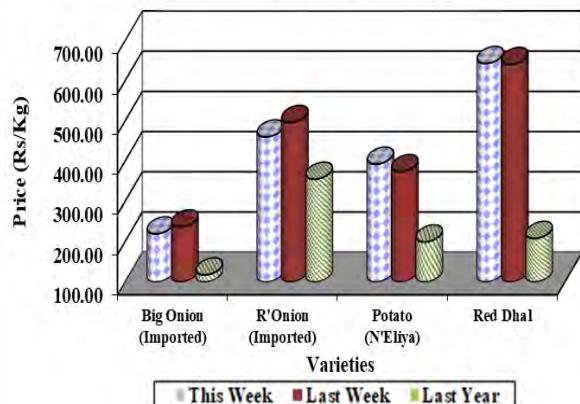
Prices of most of the vegetables have decreased with the highest price decrease of Rs.242.00/kg for tomato followed by drumstick (Rs. 202.00/kg) and beans (Rs.171.00/kg). Compared to the same period of the last year prices of all the vegetables except for drumsticks have increased with the highest price increase of 124% for beans.

(Page No 03-04)

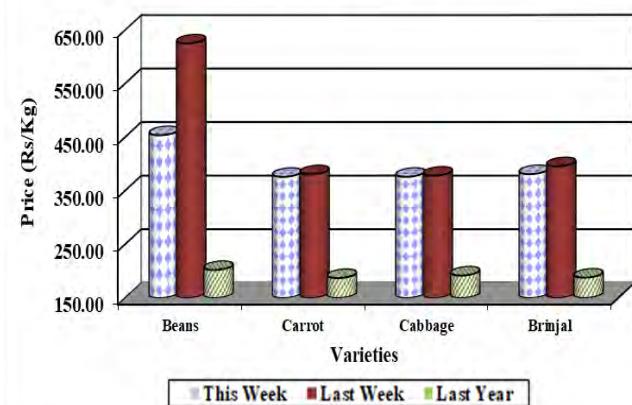
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

Wholesale

Wholesale price of keeri samba has decreased by 1% due to increased supply and the price ranged Rs.250.00-260.00/kg. Due to the government ceiling price policy, sufficient stocks were not available for price collecting in the Pettah wholesale market.

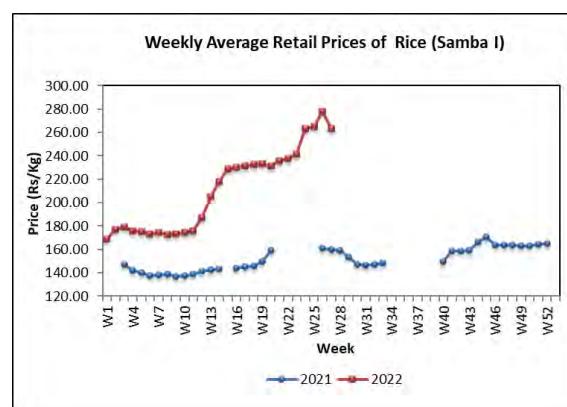
Prices of all types of imported rice varieties have decreased due to increased supply. Prices of both ponni samba and imported raw white have decreased by 5% and their price ranges were Rs.200.00-205.00/kg and Rs.178.00-185.00/kg respectively. Price of imported nadu has decreased by 3% and the price ranged Rs.205.00-215.00/kg.

Retail

Price of samba grade I and grade II have decreased by Rs.15.00/kg and price ranges were Rs.240.00-280.00/kg and Rs.230.00-260.00/kg respectively. Price of keeri samba has decreased by Rs.9.00/kg and the price range was Rs.260.00-300.00/kg. Price of nadu grade I and nadu grade II have decreased by Rs.5.00/kg, Rs.27.00/kg respectively and the price ranges were Rs.260.00-270.00/kg and Rs.230.00-240.00/kg. Price of raw red and

raw white has decreased by Rs.9.00/kg and Rs.3.00/kg respectively and the price range was Rs.240.00-280.00/kg.

Prices of imported samba, imported nadu and imported raw white have decreased by Rs.15.00/kg, Rs.19.00/kg and Rs.17.00/kg respectively. Price ranges were Rs.220.00-260.00/kg, Rs.230.00-240.00/kg and Rs.200.00-240.00/kg respectively.



Compared to the same period of last year, all local rice varieties have increased by 63%-152%.

Paddy

The average farm gate prices of all major paddy varieties have increased slightly in some major paddy producing areas. Accordingly, the average price of short grain paddy has increased by Rs.1.00-4.00/kg in Kurunegala, Anuradhapura, Dehiattakandiya and Ampara areas. However, a price decrease of Rs.2.00/kg was reported in Kalawewa area. Its prices

ranged between Rs.125.00-145.00/kg and the highest price range was reported in Kurunegala area. Meanwhile, the average price of keeri samba paddy has increased by Rs.2.00/kg in Dehiattakandiya area while it has decreased by Rs.3.00/kg in Kalawewa area. Prices ranged between Rs.125.00-141.00/kg in Polonnaruwa, Kalawewa and Dehiattakandiya areas.

Subsequently, the average price of long grain white paddy also increased by Rs.3.00-4.00/kg in Anuradhapura, Kurunegala and Dehiattakandiya areas while has decreased by Rs.3.00/kg in Kalawewa area. Further, Rs.120.00-145.00/kg price range was reported in major producing areas and the highest price range was reported in Kurunegala area. The price increase of Rs.2.00/kg also was reported for long grain red paddy in Hambantota area and the Rs.130.00-136.00/kg price range was reported in major producing areas in the Southern province.

Compared to the same period of last year, the average price of short grain and both long grain (white and red) paddy varieties have increased by 98%-195% and the highest price increase was reported for long grain white paddy in Kurunegala area.

Dried Chilies

Wholesale

Wholesale price of imported dried chilies has decreased by 1% due to increased supply of low quality stocks to the market and the price ranged Rs.1700.00-1800.00/kg.

Compared to the same period of last year, current wholesale price of imported dried chilies has increased by 228%.

Retail

Price of dried chilies has decreased by Rs.32.00/kg and the price ranged Rs.1980.00-2200.00/kg. The highest price was reported in Maharagama, Nugegoda, Narahenpita, Dematagoda, Thotalanga, Kadawatha and Kiribathgoda markets while the lowest price was reported in Pettah market.

Compared to the same period of last year, price of imported dried chilies increased by Rs.255.00/Kg.

Onion

Wholesale

Wholesale price of imported red onion has decreased by 7% due to availability of both high quality and low quality stocks in the market and the price ranged Rs.245.00-280.00/kg. Price of imported big onion has increased by 1% due to decreased supply

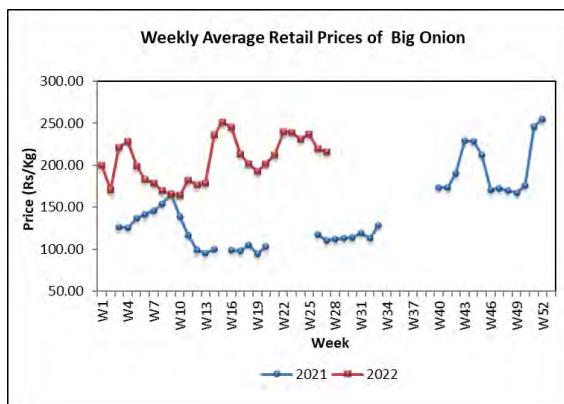
of stocks to the market and the price ranged Rs.155.00-170.00/kg.

Compared to the same period of last year, wholesale prices of imported big onion and imported red onion have increased by 117% and 3% respectively.

Retail

Price of imported red onion has decreased by Rs.11.00/kg and price ranged Rs.380.00-600.00/kg.

Price of imported big onion has decreased by Rs.3.00/kg and the price ranged between Rs.180.00-240.00/kg.



Compared to the same period of last year, prices of red onion and big onion have increased by 27%-97% respectively.

Potato

Wholesale

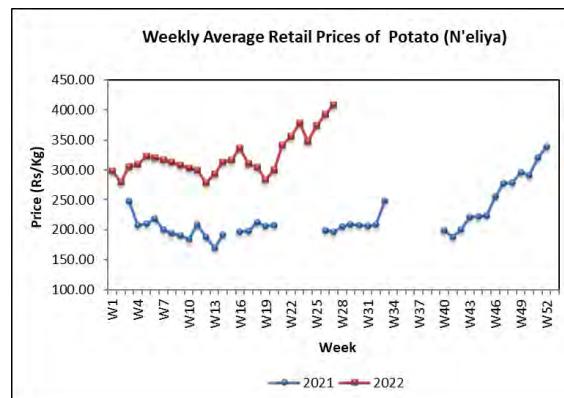
Wholesale price of imported potato has decreased by 24% due to increased supply of stocks to the market and the price ranged Rs.170.00-220.00/kg. Price of Nuwara Eliya potato has increased by 3% due to decreased supply of stocks because of

transport issues and the price ranged between Rs.320.00-340.00/kg.

Compared to the same period of last year, wholesale prices of Nuwara Eliya potato and imported potato have increased by 122% and 46% respectively.

Retail

Price of Nuwara Eliya potato has increased by Rs.16.00/kg and price ranged Rs.380.00-460.00/kg while price of imported potato has decreased by Rs.13.00/kg and price ranged between Rs.240.00-300.00/kg.



Compared to the same period of last year, Nuwara Eliya and imported potato has increased by 107% and 83% respectively.

Pulses

Wholesale

Wholesale prices of red cowpea and white cowpea have increased by 16% and 9% respectively due to decreased supply of stocks to the market because of transport issues. Their price ranges were

Rs.580.00-680.00/kg and Rs.680.00-750.00/kg respectively. Price of red dhal has decreased by 3% due to low demand and the price ranged between Rs.560.00-575.00/kg. Price of green gram has decreased by 2% due to increased supply of stocks to the market and the price ranged Rs.800.00-850.00/kg.

Compared to the same period of last year, wholesale prices of red dhal, red cowpea and green gram have increased by 197%, 30% and 11% respectively.

Retail

Prices of green gram and red dhal have decreased by Rs.28.00/kg and Rs.13.00/kg respectively. Price ranges were Rs.900.00-1100.00/kg and Rs.600.00-660.00/kg respectively. Prices of white cowpea and red cowpea have increased by Rs.5.00/kg and 7.00/kg respectively. Price ranges were Rs.780.00-950.00/kg and Rs.650.00-800.00/kg respectively.

Compared to the same period of last year, prices of all pulses have increased by 15%-202%.

Vegetable

Wholesale

Prices of most of the vegetable varieties have decreased due to increased supply from most of the main producing areas.

Considering upcountry vegetables, prices of most of the vegetable varieties have decreased. The highest price decrease was reported for beans by 26% due to increased supply from Balangoda and Welimada areas. Price of radish and cabbage has decreased by 10% and 7% respectively due to increased supply from Welimada area. Further, price of carrot has decreased by 1%.

However, prices of leeks and knolkhol have increased by 13% and 6% due to decreased supply from Kandy area. Further, price of beet root has increased by 16% due to sufficient stocks not received from any upcountry producing area.

Meanwhile, price of tomato has decreased by 64% due to increased supply from Embilipitiya, Sooriyawewa and Kandy areas. However, price of capsicum has increased by 37% due to sufficient stocks not received from up country or low country producing areas.

Considering low country vegetables, prices of most of the vegetable varieties have decreased. The highest price decrease was reported for both snake gourd and long beans by 18% due to increased supply from Embilipitiya for snake gourd and increased supply from Puttalam and Balangoda for long beans. Prices of brinjal, ladies fingers,

bitter gourd, cucumber and luffa have decreased by 15%, 12%, 13%, 5% and 1% respectively due to increased supply from Embilipitiya and Rajanganaya areas. Further, price of drumstick has decreased by 1% due to increased supply from Embilipitiya, Dambulla and Nochchiyagama areas. Further, price of ash plantain has increased by 3% due to decreased supply from Embilipitiya area.

Meanwhile, price of green chilies has increased by 12% due to decreased supply from Puttalam and Thalawakele areas. However, price of lime has decreased by 13% due to increased supply from Monaragala area.

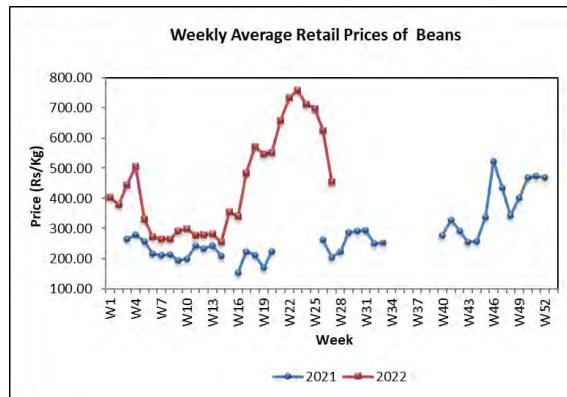
Compared to the same period of last year, wholesale prices of most of the vegetable varieties have increased with the highest price increase of 184% was reported for green beans.

Retail

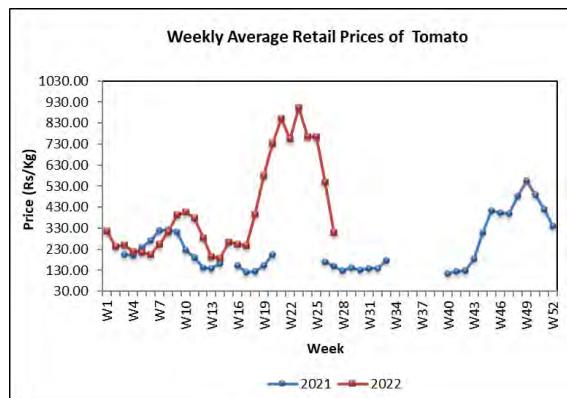
In line with the decreased wholesale prices, prices of most of the vegetable varieties have decreased.

Considering up country varieties, the highest price decrease was reported for beans as Rs.171.00/kg. Prices of cabbage, carrot and radish have decreased in the range of Rs.2.00-23.00/kg. However,

prices of knolkhol, beet root and leeks have increased in the range of Rs.5.00-16.00/kg.



Price of tomato has decreased by Rs.242.00/kg and price of capsicum has increased by Rs.8.00/kg.



Considering low country varieties, the highest price decrease was reported for drumstick as Rs.202.00/kg due to availability of low quality stocks from Dambulla and Balangoda areas. Prices of long beans and bitter gourd have decreased by Rs.55.00/kg and Rs.81.00/kg respectively. Prices of cucumber, ladies fingers, brinjal, snake gourd and luffa have decreased in the range of Rs.2.00-23.00/kg. However, prices of ash plantain

and pumpkin have increased by Rs.12.00/kg and Rs.27.00/kg respectively.

Further, price of green chilies has increased by Rs.15.00/kg and price of lime has decreased by Rs.34.00/kg respectively.

Compared to the same period of last year, prices of all varieties have increased in the range of 24%-124% except drumstick and the highest price increase was reported for beans.

Coconut

Wholesales

Price of large nut has not changed significantly and price of small nut has decreased by 1%. Their prices ranged between Rs.75.00-77.00/nut for large nut and Rs.65.00-68.00/nut for small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 6% and 4% respectively.

Retail

Price of large and small nuts has decreased by 2.00/nut and Rs.1.00/nut respectively. Price ranges were Rs.85.00-110.00/nut for a large nut and Rs.70.00-80.00/nut for a small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 7% and 6% respectively.

Fruits

Wholesale

The price of the most of fruit varieties have increased due to limited supply with high transport cost. The highest price increase was reported for karthakolomban mango as 27% with limited supply. In addition, prices of the other mango varieties also have increased in the range of 3%-4% with the limited supply with high transport cost. The price of all banana varieties have increased in the range of 9%-24% as limited stocks received to the market. The price of all sizes of pineapple has increased in 1%-4% with the limited supply. Furthermore, the price of wood apple has increased by 5% with limited supply from Monaragala and Wellawaya areas.

However, the price of avocado has decreased by 19% as low quality ripe fruits in the market. The price of papaw and passion fruit has decreased in 14% and 6% respectively as low demand for the products. In addition, price of slime apple and orange has reduced by 11% and 7% respectively due to low demand.

Furthermore, the price of king coconut remained unchanged and imported grapes were not available at the market during this week.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase was reported for pineapple small by 297%.

Retail

In line with the increased wholesale prices and high transport cost, retail prices of most of the fruits have increased. The highest price increase of Rs.44.00/fruit was reported for small sized pineapple due to limited supply. Prices of large and medium sized pineapple also have increased by Rs.40.00/fruit and Rs.23.00/fruit respectively.

Further, prices of mango karthakolomban have increased by Rs.15.00/fruit due to limited supply with fuel shortage. The price of king coconut has increased by Rs.4.00/fruit. Prices of all banana varieties seeni, kolikuttu and ambul have increased in the range of Rs.1.00-3.00/kg due to high transport cost. The price of wood apple has increased by Rs.2.00/fruit.

However, the price of slime apple has decreased by Rs.12.00/kg/fruit due to low demand. The price of orange and avocado have decreased by Rs.4.00/fruit and Rs.2.00/fruit respectively. A price decrease of Rs.1.00/kg was reported for papaw due to low demand. The price of passion fruit has decreased by Rs.1.00/fruit. In addition,

prices of banana anamalu and ambul have not changed significantly.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase was reported for pineapple small as 131%.

Fresh Fish

Wholesale

Wholesale prices of most of the fresh fish types have increased due to low supply with the current oil crises. The highest price increase of 38% was noted for balaya due to low supply from Beruwala and Matara areas and the price ranged Rs.680.00-1250.00/kg. A price increase of 11% was noted for shrimps and hurulla due to low supply from Jaffna, Kalpitiya and Mulaitivu areas and their prices ranged Rs.1100.00-1650.00/kg and Rs.1000.00-1200.00/kg respectively. Likewise, a price increase of 8% was noted for paraw due to low supply from Northern areas and the price ranged Rs.1180.00-1400.00/kg. In addition, price of thora has increased by 5%.

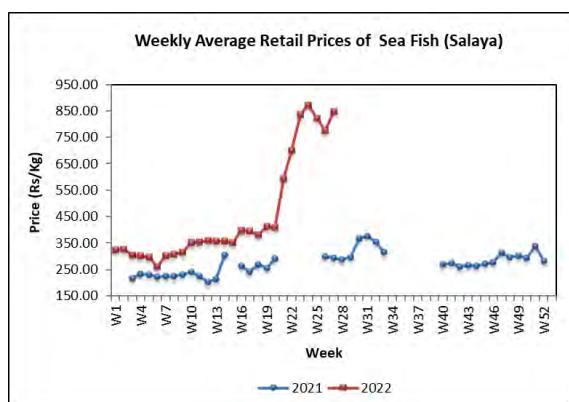
However, a price decrease of 12% was noted for kelawalla due to high supply from Southern areas and the price ranged Rs.1000.00-1280.00/kg. Likewise, a price decrease of 3% was noted for thalapath due to high supply from Negombo and Beruwala areas and the price ranged

Rs.1450.00-2100.00/kg. In addition, price of salaya has decreased by 2%.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 68%-212% and the highest price increase was noted for salaya.

Retail

In line with increased wholesale prices, retail prices of most of the types of fresh fish have also increased due to low supply with lack of fuel supply for fishing activities and stormy weather condition. The highest price increase of Rs.205.00/kg was reported for paraw. Prices of both thora and balaya have increased by Rs.91.00/kg. Further, salaya and shrimps have increased by Rs.74.00/kg and Rs.21.00/kg respectively. Furthermore, price of hurulla has increased by Rs.1.00/kg.



However, price of kelawalla and paraw have decreased by Rs.26.00/kg and

Rs.3.00/kg respectively due to low demand.

Compared to the same period of last year, prices of all types of fresh fish have increased in the ranged of 34%-189% and the highest price increase was reported for salaya.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local dried fish types have decreased. The highest price decrease of 25% was noted for local balaya due to high supply from Negombo and Beruwala areas and the price ranged Rs.1000.00-1550.00/kg. A price decrease of 17% was noted for local salaya due to high supply from Mannar and Chilaw areas and the price ranged Rs.780.00-1280.00/kg. Likewise, a price decrease of 4% was noted for local mora due to high supply from Negombo area and the price ranged Rs.2200.00-2380.00/kg. In addition, price of local sprats has decreased by 1%.

Further, wholesale prices of most of the imported dried fish types have increased due to low supply with the increased dollar rate. A price increase of 6% was noted for imported sprats due low supply from Iran and Thailand and the price ranged Rs.1240.00-1700.00/kg. Likewise, a price increase of 4% was noted for imported

anguluwa due to low supply from Oman and Pakistan and the price ranged Rs.1850.00-2000.00/kg. In addition, price of imported kattawa has increased by 1%.

Compared to the same period of last year, wholesale prices of all dried fish types have increased in the range of 70%-226% and the highest price increase was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of most of the types of dried fish have also decreased due to excess stocks in market and low demand. The highest price decrease of Rs.249.00/kg was reported for salaya. Prices of local sprats and balaya have also decreased by Rs.94.00/kg and Rs.66.00/kg respectively. Further, price of mora has decreased by Rs.5.00/kg.

However, price of kattawa has increased by Rs.169.00/kg due to low production. Prices of anguluwa and imported sprats have increased by Rs.40.00/kg and Rs.27.00/kg respectively. In addition, thora and maduwa were not available in retail market due to low production.

Compared with the same period of last year, prices of all types of dried fish have increased in the range of 89%-165% and the highest price increase was reported for salaya.

Eggs

Wholesale

Prices of both brown and white eggs have decreased by 1% and their prices ranged Rs.40.50-42.50 and Rs.38.00-41.00 respectively.

Compared to the same period of last year, prices of both brown and white eggs have increased by 126% and 130% respectively.

Retail

In line with decreased wholesale prices retail prices of both brown and white eggs have decreased by Rs.1.00 due to low demand and direct supply. Price range of a brown egg was Rs.39.00-46.00 and Rs.38.00-43.00 for a white egg.

Compared to the same period of last year, price of both both white eggs and brown eggs has increased by 120% and 118%, respectively.

Meat

Retail

Prices of most of the types of meat have increased with limited supply regard to transport issues. The highest price increase of Rs.143.00/kg was reported for mutton. Price of beef has increased by Rs.100.00/kg. Further, price of skin-less broiler chicken increased by Rs.16.00/kg. Meanwhile skin-less curry chicken has

decreased by Rs.5.00/kg due to high chicken supply for meat production,

In addition, price of pork has not changed significantly.

Compared with the same period of last year, price of all types of meat has increased in the range of 26%-89% and the highest price increase was reported for skin-less broiler chicken.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets:Wholesale Price of Rice (Rs/50Kg Bag)

Week 27: 01 - 07 July 2022

LOCATIONS	Rice Varieties												
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White
Colombo	—	—	—	—	12500	13000	—	—	—	—	—	—	—
Divulapitiya	12400	12750	11750	12000	12750	13000	12500	12750	11750	12000	12250	13000	11500
Kurunegala	—	—	—	—	—	—	—	—	—	—	—	—	—
Nikaweratiya	—	—	11250	11500	13000	13250	—	—	—	—	—	—	—
Badulla	—	—	—	—	—	—	—	—	—	—	—	—	—
Puttalam	—	—	—	—	12500	12600	—	—	—	—	—	—	—
Dambulla	12400	12500	—	—	12750	12750	12400	12500	—	—	12400	12500	11750
Anuradhapura	—	—	—	—	13000	13250	—	—	—	—	—	—	—
Tambuttegama	12000	12250	—	—	13000	13500	—	—	11650	11750	—	—	11500
Polonnaruwa	12600	12650	—	—	—	—	—	—	—	—	12100	12150	12000
Kalutara	12650	12750	—	—	12500	12750	—	—	—	—	—	—	—
Ampara	—	—	—	—	—	—	—	—	—	—	—	—	10500
Kandy	—	—	—	—	12500	12500	—	—	—	—	—	—	—
Moneragala	—	—	11400	11500	12900	13100	—	—	—	—	10400	10500	10400
Kegalle	—	—	—	—	—	—	—	—	—	—	—	—	—
Dehiattakandiya	—	—	—	—	12750	12750	—	—	—	—	—	—	—
Hambantota	—	—	11250	11250	—	—	—	—	—	—	10350	10350	—
Matara	—	—	11250	11300	12750	13000	—	—	—	—	—	—	—
Galle	—	—	—	—	—	—	—	—	—	—	—	—	—
Meegoda	—	—	—	—	—	—	—	—	—	—	—	—	—
Tissamaharama	—	—	—	—	—	—	—	—	—	—	10250	10500	10250
Embilipitiya	—	—	11500	11600	12950	13000	—	—	—	—	10450	10500	10450
Jaffna	—	—	11350	11500	13250	13900	14750	15000	—	—	—	—	—
Vavuniya	—	—	—	—	13500	13500	—	—	—	—	—	—	—
Mannar	12750	12750	12500	12600	12500	12750	—	—	12000	12250	12250	12500	—
Killinochchi	—	—	11500	11750	13000	13250	—	—	—	—	12750	13000	—
Mullattivu	12000	12000	11750	11750	12500	12500	14500	15000	11500	12000	10250	10750	—
Batticaloa	—	—	—	—	12500	12800	15200	15500	—	—	12500	12600	—
Trincomalee	—	—	—	—	13000	13500	—	—	11500	12250	11400	11500	11400
Galenbindunuwe: Matale	—	—	—	—	12250	12750	—	—	—	—	—	—	—
	13000	13250	—	—	13750	13750	12500	13000	—	—	12750	13000	12750

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Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Rice Varieties																				
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White								
Colombo	240.00	-	280.00	230.00	-	260.00	300.00	260.00	-	270.00	230.00	-	240.00	-	280.00	240.00	-	280.00			
Gampaha	-			-		260.00	-	260.00	-		-		-		-	-		-			
Kurunegala	-			-		260.00	-	260.00	-		-		-		-	-		-			
Nikaweratiya	-			-		260.00	-	270.00	-		-		240.00	-	240.00	240.00	-	240.00			
Dambulla	265.00	-	270.00	255.00	-	258.00	260.00	-	260.00	-	265.00	255.00	-	260.00	252.00	-	258.00	240.00	-	245.00	
Anuradhapura	-			230.00	-	240.00	270.00	-	280.00	-		220.00	-	230.00	210.00	-	210.00	210.00	-	210.00	
Thambuththegama	-			250.00	-	260.00	270.00	-	280.00	-		235.00	-	245.00	-		240.00	-	245.00		
Polonnaruwa	266.00	-	270.00	255.00	-	260.00	265.00	-	265.00	260.00	-	240.00	-	240.00	245.00	-	250.00	240.00	-	250.00	
Kaluthara	275.00	-	280.00	258.00	-	260.00	260.00	-	265.00	260.00	-	265.00	250.00	-	255.00	230.00	-	235.00	230.00	-	235.00
Badulla	-			-		260.00	-	260.00	-		-		-		-	-		-	-		
Keppetipola	-			230.00	-	245.00	260.00	-	270.00	255.00	-	260.00	230.00	-	240.00	225.00	-	235.00	230.00	-	235.00
Moneragala	-			230.00	-	235.00	260.00	-	270.00	-		-		-	210.00	-	215.00	210.00	-	215.00	
Kegalle	-			225.00	-	230.00	260.00	-	260.00	-		220.00	-	220.00	220.00	-	220.00	210.00	-	210.00	
Ampara	250.00	-	250.00	230.00	-	230.00	260.00	-	260.00	-		220.00	-	230.00	210.00	-	220.00	210.00	-	220.00	
Dehiattakandiya	-			-		260.00	-	260.00	-		-		-	-	-	-	-	-	-		
Nuwaraeliya	260.00	-	270.00	230.00	-	240.00	260.00	-	270.00	250.00	-	260.00	230.00	-	240.00	230.00	-	240.00	225.00	-	235.00
Kandy	-			-		260.00	-	270.00	-		-		-	-	-	-	-	-	-		
Puttalam	-			-		260.00	-	262.00	-		-		-	-	-	-	-	-	-		
Hambantota	-			230.00	-	230.00	260.00	-	260.00	-		-		-	210.00	-	210.00	-			
Rathnapura	-			240.00	-	245.00	-					230.00	-	235.00	210.00	-	220.00	215.00	-	220.00	
Matara	-			230.00	-	235.00	260.00	-	265.00	-		230.00	-	240.00	210.00	-	210.00	-			
Galle	-			-		-	-		-			-		-	-	-	-	-			
Tissamaharama	-			-		260.00	-	260.00	-		-		-	-	210.00	-	210.00	210.00	-	210.00	
Meegoda (DEC)	-			-		260.00	-	260.00	-		-		-	-	-	-	-	-	-		
Embilipitiya	-			230.00	-	240.00	260.00	-	260.00	-		230.00	-	240.00	210.00	-	220.00	210.00	-	215.00	
Jaffna	-			230.00	-	235.00	270.00	-	280.00	320.00	-	330.00	-	-	-	-	-	-	-		
Vavuniya	-			230.00	-	240.00	275.00	-	280.00	300.00	-	330.00	-	-	-	-	-	-	-		
Mannar	260.00	-	260.00	-		260.00	-	260.00	-		-	250.00	-	250.00	255.00	-	260.00	-			
Killinochchi	-			240.00	-	245.00	270.00	-	280.00	330.00	-	340.00	-	-	265.00	-	270.00	-			
Mullaittivu	-			245.00	-	250.00	260.00	-	265.00	300.00	-	310.00	240.00	-	250.00	210.00	-	220.00	-		
Batticaloa	-			-		260.00	-	265.00	320.00	-	320.00	-	-	-	260.00	-	260.00	-			
Trincomalee	-			-		270.00	-	280.00	-		-	220.00	-	250.00	210.00	-	250.00	210.00	-	250.00	
Hanguranketha	-			230.00	-	230.00	260.00	-	260.00	-		220.00	-	220.00	210.00	-	240.00	210.00	-	245.00	
Veyangoda	-			230.00	-	230.00	260.00	-	275.00	-		220.00	-	220.00	-		-	210.00	-	210.00	
Galenbindunuwewa	-			230.00	-	240.00	260.00	-	260.00	-		220.00	-	230.00	210.00	-	215.00	210.00	-	215.00	
Bandarawela	-			235.00	-	240.00	260.00	-	270.00	-		225.00	-	230.00	210.00	-	220.00	210.00	-	220.00	
Matale	270.00	-	280.00	-		280.00	-	290.00	260.00	-	270.00	-	-	-	260.00	-	265.00	260.00	-	265.00	

Table 04: Selected Markets:Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 27: 01 - 07 July 2022

LOCATION	Dried Chillies	Red Onion			Big Onion	Potato			Pulses		
	Imported	Imported	Local	Imported		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
	Imported	Imported	Local	Imported		Imported	Welimada	Nuwara Eliya	Imported	Cowpea	Red Dhal
13	Colombo	85000 - 90000	12250 - 14000	-	7750 - 8500	8500 - 11000	-	16000 - 17000	40000 - 42500	34000 - 37500	28000 - 28750
	Kurunegala	93000 - 95000	-	-	9250 - 10500	11250 - 12000	-	-	-	-	28750 - 29500
	Nikaweratiya	86250 - 88500	16250 - 18500	-	8500 - 8500	8500 - 11250	-	-	43000 - 44000	-	29000 - 30000
	Dehiattakandiya	-	19000 - 19000	-	9500 - 9500	11000 - 11000	-	-	-	-	29000 - 31000
	Dambulla (DEC)	90000 - 92500	14000 - 15000	15000 - 16000	7750 - 8000	8000 - 8500	-	17000 - 17500	34000 - 37500	25000 - 26500	29500 - 30000
	Anuradhapura	95000 - 100000	20000 - 22000	-	9000 - 11000	10000 - 10500	-	-	45000 - 47500	27500 - 35000	30000 - 31500
	Thambuththegama	91000 - 95000	18500 - 18500	20000 - 20000	8250 - 8500	8250 - 8750	-	17500 - 18500	40000 - 40000	-	28500 - 29000
	Polonnaruwa	95000 - 96000	22000 - 22250	-	10000 - 10250	11000 - 11250	-	-	41000 - 41500	36000 - 36000	32500 - 32750
	Kaluthara	-	-	-	-	-	-	-	-	-	-
	Puttalam	91000 - 93500	19000 - 21000	-	10000 - 10500	11500 - 12500	-	17000 - 18000	44000 - 45000	35000 - 35500	30000 - 30600
	Kandy	87500 - 90000	16000 - 17000	-	8250 - 8500	8500 - 9000	-	17500 - 18000	34000 - 35000	30000 - 32500	28000 - 29000
	Matara	92500 - 97500	16500 - 16750	-	9000 - 9250	13750 - 14000	-	-	41500 - 42500	36500 - 40000	30000 - 31000
	Hambantota	90000 - 92500	16000 - 16250	-	8750 - 9250	12500 - 13000	-	17500 - 19000	37500 - 40000	-	31000 - 31000
	Kegalle	92000 - 92500	15900 - 16000	-	8500 - 8550	13250 - 13350	-	19000 - 19100	39000 - 40000	38500 - 39000	29500 - 31500
	Galle	-	-	-	-	-	-	-	-	-	-
	Tissamaharama	95000 - 97500	17000 - 19000	-	9000 - 9500	10500 - 12000	-	-	40000 - 42500	-	29500 - 30000
	Meegoda (DEC)	87000 - 87500	14000 - 15000	18000 - 18000	7750 - 8250	8750 - 9250	-	19000 - 19500	40500 - 46000	28000 - 29500	28000 - 29500
	Jaffna	92500 - 95000	-	19000 - 21000	9000 - 9250	9000 - 9500	-	-	37500 - 40000	-	29000 - 30000
	Vavuniya	95000 - 95000	-	-	9000 - 9500	9000 - 9500	-	-	-	-	29500 - 30000
	Mannar	95000 - 96000	-	-	9500 - 10000	9750 - 10000	-	-	46000 - 46500	-	30500 - 31000
	Killinochchi	97000 - 99000	18500 - 20000	-	9750 - 11000	10000 - 11000	-	-	42500 - 43500	-	31000 - 31500
	Mullattivu	100000 - 102500	-	-	11000 - 11000	13000 - 14000	-	-	40000 - 42500	-	31500 - 32000
	Batticaloa	96000 - 100000	21500 - 22000	-	11000 - 11000	11500 - 12000	-	19000 - 19200	43800 - 44000	-	31750 - 32000
	Trincomalee	90000 - 96000	-	15000 - 16000	10000 - 10500	13000 - 14000	-	-	47000 - 48400	31000 - 33000	31000 - 31600
	Galenbindunuwewa	92500 - 95000	21000 - 21000	-	9500 - 10000	11500 - 12000	-	-	40000 - 42500	31500 - 32000	29000 - 30000
	Matale	90000 - 92500	20000 - 21000	-	9000 - 11000	11500 - 12000	-	16500 - 16500	42000 - 43000	32750 - 35000	31000 - 32000

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
	Imported	Local	Imported	Local	Imported	Local	Imported	Local	Imported	Local
Colombo	1980.00 – 2200.00	380.00 – 600.00	–	180.00 – 240.00	240.00 – 300.00	–	380.00 – 460.00	900.00 – 1100.00	780.00 – 950.00	600.00 – 660.00
Gampaha	1980.00 – 2140.00	480.00 – 560.00	–	240.00 – 240.00	300.00 – 320.00	–	480.00 – 500.00	920.00 – 980.00	680.00 – 740.00	640.00 – 640.00
Kurunegala	2000.00 – 2000.00	400.00 – 580.00	–	220.00 – 240.00	260.00 – 280.00	–	380.00 – 420.00	900.00 – 1000.00	–	630.00 – 650.00
Nikaweratiya	1950.00 – 2000.00	400.00 – 580.00	–	200.00 – 240.00	280.00 – 300.00	–	–	880.00 – 930.00	720.00 – 720.00	620.00 – 640.00
Dambulla	1900.00 – 2100.00	460.00 – 500.00	–	200.00 – 220.00	200.00 – 230.00	–	–	850.00 – 950.00	680.00 – 750.00	615.00 – 625.00
Anuradhapura	2000.00 – 2200.00	480.00 – 500.00	–	200.00 – 240.00	220.00 – 240.00	–	–	950.00 – 1000.00	600.00 – 750.00	620.00 – 660.00
Thambuththegama	1950.00 – 2100.00	–	580.00 – 600.00	190.00 – 210.00	200.00 – 220.00	–	400.00 – 420.00	850.00 – 950.00	600.00 – 700.00	600.00 – 630.00
Polonnaruwa	1960.00 – 2000.00	450.00 – 460.00	–	210.00 – 220.00	230.00 – 240.00	–	480.00 – 480.00	850.00 – 860.00	740.00 – 750.00	655.00 – 660.00
Kaluthara	–	–	–	–	–	–	–	–	–	–
Badulla	1950.00 – 2000.00	380.00 – 440.00	–	200.00 – 240.00	260.00 – 280.00	–	440.00 – 480.00	900.00 – 950.00	750.00 – 800.00	630.00 – 650.00
Keppetipola	1900.00 – 2000.00	440.00 – 460.00	–	210.00 – 230.00	300.00 – 320.00	–	380.00 – 400.00	960.00 – 980.00	700.00 – 760.00	640.00 – 645.00
Moneragala	1950.00 – 2050.00	400.00 – 480.00	–	220.00 – 240.00	230.00 – 270.00	–	450.00 – 480.00	900.00 – 980.00	600.00 – 650.00	600.00 – 620.00
14 Kegalle	1850.00 – 1900.00	360.00 – 400.00	–	210.00 – 220.00	300.00 – 310.00	–	430.00 – 440.00	800.00 – 830.00	780.00 – 800.00	600.00 – 640.00
Ampara	1925.00 – 2200.00	440.00 – 480.00	–	220.00 – 240.00	300.00 – 320.00	–	440.00 – 440.00	800.00 – 900.00	600.00 – 800.00	640.00 – 650.00
Dehiattakandiya	1850.00 – 1900.00	400.00 – 400.00	–	200.00 – 200.00	240.00 – 240.00	–	–	–	–	600.00 – 640.00
Nuwaraeliya	2000.00 – 2100.00	420.00 – 450.00	–	220.00 – 230.00	300.00 – 320.00	–	380.00 – 400.00	960.00 – 1000.00	760.00 – 800.00	630.00 – 645.00
Kandy	2000.00 – 2100.00	560.00 – 600.00	–	220.00 – 240.00	260.00 – 280.00	–	440.00 – 460.00	900.00 – 950.00	700.00 – 750.00	630.00 – 640.00
Puttalam	1900.00 – 1980.00	–	520.00 – 600.00	220.00 – 260.00	260.00 – 300.00	–	400.00 – 440.00	950.00 – 970.00	740.00 – 780.00	610.00 – 640.00
Rathnapura	2100.00 – 2200.00	360.00 – 400.00	–	220.00 – 240.00	240.00 – 260.00	–	400.00 – 420.00	950.00 – 1000.00	780.00 – 800.00	630.00 – 660.00
Hambantota	2000.00 – 2200.00	400.00 – 420.00	–	190.00 – 210.00	280.00 – 300.00	–	400.00 – 420.00	800.00 – 900.00	–	640.00 – 650.00
Matara	2000.00 – 2200.00	380.00 – 420.00	–	190.00 – 210.00	280.00 – 320.00	–	400.00 – 430.00	900.00 – 1000.00	760.00 – 850.00	630.00 – 650.00
Galle	–	–	–	–	–	–	–	–	–	–
Tissamaharama	1950.00 – 2000.00	380.00 – 420.00	–	195.00 – 210.00	240.00 – 260.00	–	380.00 – 400.00	900.00 – 900.00	–	600.00 – 620.00
Meegoda (DEC)	1800.00 – 1850.00	360.00 – 400.00	400.00 – 400.00	180.00 – 190.00	200.00 – 220.00	–	–	900.00 – 960.00	750.00 – 800.00	620.00 – 640.00
Embilipitiya	1950.00 – 2100.00	350.00 – 400.00	–	210.00 – 220.00	280.00 – 300.00	–	380.00 – 400.00	800.00 – 850.00	650.00 – 700.00	600.00 – 660.00
Jaffna	1850.00 – 1980.00	–	400.00 – 500.00	190.00 – 210.00	200.00 – 210.00	–	–	800.00 – 850.00	–	600.00 – 610.00
Vavuniya	1950.00 – 2000.00	–	–	200.00 – 220.00	200.00 – 220.00	–	–	800.00 – 900.00	–	600.00 – 680.00
Mannar	1950.00 – 2000.00	–	400.00 – 420.00	210.00 – 220.00	210.00 – 220.00	–	–	950.00 – 960.00	–	640.00 – 650.00
Killinochchi	2050.00 – 2100.00	400.00 – 450.00	–	240.00 – 250.00	240.00 – 260.00	–	–	880.00 – 940.00	–	650.00 – 660.00
Mullaitivu	2050.00 – 2100.00	500.00 – 520.00	–	–	280.00 – 300.00	–	–	850.00 – 900.00	–	650.00 – 660.00
Batticaloa	1950.00 – 2050.00	450.00 – 500.00	–	240.00 – 250.00	250.00 – 260.00	–	400.00 – 420.00	850.00 – 900.00	–	640.00 – 650.00
Trincomalee	1900.00 – 2000.00	–	–	210.00 – 230.00	260.00 – 290.00	–	–	900.00 – 990.00	620.00 – 700.00	600.00 – 650.00
Hanguranketha	1900.00 – 1980.00	450.00 – 480.00	–	190.00 – 210.00	240.00 – 260.00	–	380.00 – 380.00	900.00 – 930.00	760.00 – 800.00	600.00 – 640.00
Veyangoda	1900.00 – 1900.00	400.00 – 480.00	–	180.00 – 200.00	240.00 – 280.00	–	400.00 – 400.00	960.00 – 1000.00	800.00 – 800.00	620.00 – 650.00
Galenbindunuweva	1900.00 – 1950.00	480.00 – 600.00	–	200.00 – 210.00	240.00 – 250.00	–	–	850.00 – 900.00	640.00 – 650.00	600.00 – 630.00
Bandarawela	1850.00 – 2000.00	480.00 – 500.00	–	200.00 – 240.00	240.00 – 250.00	–	400.00 – 450.00	950.00 – 980.00	750.00 – 800.00	640.00 – 650.00
Matale	1900.00 – 1950.00	440.00 – 480.00	–	220.00 – 240.00	240.00 – 280.00	–	–	900.00 – 950.00	700.00 – 750.00	640.00 – 680.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)

Week 27: 01 - 07 July 2022

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	300.00 - 350.00	200.00 - 240.00	160.00 - 180.00	220.00 - 300.00	120.00 - 160.00
Meegoda (DEC)	-	300.00 - 350.00	250.00 - 290.00	200.00 - 220.00	250.00 - 270.00	200.00 - 230.00
Dambulla (DEC)	-	240.00 - 260.00	180.00 - 220.00	140.00 - 160.00	200.00 - 230.00	130.00 - 150.00
Keppetipola (DEC)	-	250.00 - 270.00	170.00 - 180.00	140.00 - 150.00	200.00 - 210.00	120.00 - 130.00
Norochchhole (DEC)	-	-	-	-	180.00 - 240.00	-
Nuwara Eliya	-	250.00 - 270.00	210.00 - 220.00	150.00 - 160.00	210.00 - 220.00	120.00 - 140.00
Kandy	-	300.00 - 320.00	240.00 - 250.00	150.00 - 160.00	220.00 - 240.00	120.00 - 130.00
Hambantota	-	350.00 - 400.00	250.00 - 280.00	180.00 - 220.00	300.00 - 350.00	180.00 - 220.00
Thambuththegama (DEC)	-	280.00 - 320.00	260.00 - 290.00	160.00 - 180.00	220.00 - 240.00	-
Jaffna		320.00 - 380.00	250.00 - 300.00	180.00 - 210.00	250.00 - 280.00	-
Bandarawela		240.00 - 260.00	180.00 - 200.00	130.00 - 150.00	200.00 - 220.00	140.00 - 160.00
Veyangoda	-	350.00 - 370.00	240.00 - 250.00	190.00 - 200.00	250.00 - 260.00	190.00 - 200.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	90.00 - 120.00	180.00 - 220.00	130.00 - 150.00	180.00 - 250.00	240.00 - 260.00	460.00 - 600.00
Meegoda (DEC)	140.00 - 160.00	250.00 - 290.00	155.00 - 160.00	180.00 - 220.00	250.00 - 290.00	480.00 - 500.00
Moneragala	160.00 - 180.00	260.00 - 300.00	160.00 - 180.00	230.00 - 250.00	200.00 - 220.00	350.00 - 400.00
Dambulla (DEC)	50.00 - 70.00	180.00 - 210.00	110.00 - 120.00	180.00 - 220.00	200.00 - 250.00	400.00 - 450.00
Keppetipola (DEC)	80.00 - 90.00	180.00 - 200.00	90.00 - 100.00	180.00 - 190.00	250.00 - 270.00	430.00 - 450.00
Norochchhole (DEC)	50.00 - 70.00	-	200.00 - 250.00	120.00 - 150.00	260.00 - 300.00	400.00 - 500.00
Nuwara Eliya	90.00 - 100.00	220.00 - 230.00	100.00 - 120.00	180.00 - 200.00	230.00 - 250.00	400.00 - 420.00
Kandy	80.00 - 100.00	220.00 - 250.00	130.00 - 150.00	180.00 - 200.00	250.00 - 280.00	450.00 - 470.00
Hambantota	100.00 - 130.00	250.00 - 300.00	150.00 - 200.00	180.00 - 220.00	250.00 - 270.00	450.00 - 500.00
Thambuththegama (DEC)	80.00 - 110.00	250.00 - 280.00	100.00 - 140.00	170.00 - 200.00	160.00 - 220.00	390.00 - 450.00
Tissamaharama	130.00 - 150.00	260.00 - 290.00	80.00 - 120.00	200.00 - 220.00	180.00 - 200.00	380.00 - 450.00
Jaffna	105.00 - 120.00	280.00 - 300.00	230.00 - 260.00	150.00 - 190.00	220.00 - 280.00	450.00 - 550.00
Bandarawela	60.00 - 80.00	200.00 - 220.00	100.00 - 120.00	-	220.00 - 240.00	420.00 - 450.00
Veyangoda	120.00 - 140.00	250.00 - 280.00	150.00 - 160.00	170.00 - 200.00	250.00 - 280.00	480.00 - 500.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	200.00 - 230.00	70.00 - 100.00	300.00 - 350.00	180.00 - 210.00	220.00 - 250.00	130.00 - 160.00
Meegoda (DEC)	230.00 - 235.00	80.00 - 100.00	320.00 - 450.00	260.00 - 270.00	250.00 - 300.00	150.00 - 160.00
Moneragala	260.00 - 280.00	100.00 - 120.00	450.00 - 480.00	-	150.00 - 160.00	-
Dambulla (DEC)	190.00 - 220.00	40.00 - 50.00	260.00 - 310.00	180.00 - 280.00	-	100.00 - 120.00
Keppetipola (DEC)	220.00 - 230.00	80.00 - 90.00	330.00 - 340.00	180.00 - 190.00	240.00 - 250.00	120.00 - 130.00
Norochchhole (DEC)	170.00 - 200.00	50.00 - 70.00	340.00 - 400.00	100.00 - 170.00	320.00 - 400.00	100.00 - 140.00
Nuwara Eliya	220.00 - 300.00	80.00 - 90.00	340.00 - 360.00	190.00 - 200.00	250.00 - 260.00	140.00 - 150.00
Kandy	170.00 - 190.00	80.00 - 90.00	240.00 - 250.00	150.00 - 160.00	200.00 - 250.00	100.00 - 120.00
Hambantota	200.00 - 220.00	110.00 - 120.00	350.00 - 450.00	180.00 - 230.00	150.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	170.00 - 200.00	50.00 - 70.00	250.00 - 300.00	120.00 - 150.00	150.00 - 200.00	80.00 - 120.00
Tissamaharama	180.00 - 210.00	90.00 - 110.00	320.00 - 340.00	180.00 - 220.00	150.00 - 200.00	150.00 - 180.00
Jaffna	210.00 - 230.00	100.00 - 130.00	300.00 - 320.00	160.00 - 190.00	280.00 - 350.00	-
Bandarawela	200.00 - 220.00	80.00 - 100.00	-	-	-	-
Veyangoda	210.00 - 230.00	80.00 - 90.00	320.00 - 330.00	200.00 - 220.00	180.00 - 200.00	120.00 - 150.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	180.00 - 200.00	80.00 - 110.00	440.00 - 520.00	250.00 - 300.00	120.00 - 130.00	60.00 - 80.00
Meegoda (DEC)	170.00 - 180.00	110.00 - 120.00	550.00 - 600.00	340.00 - 350.00	120.00 - 130.00	120.00 - 120.00
Moneragala	240.00 - 280.00	50.00 - 80.00	550.00 - 650.00	300.00 - 350.00	-	-
Dambulla (DEC)	150.00 - 180.00	70.00 - 90.00	400.00 - 450.00	180.00 - 230.00	100.00 - 110.00	60.00 - 70.00
Keppetipola (DEC)	140.00 - 150.00	75.00 - 90.00	500.00 - 550.00	140.00 - 150.00	100.00 - 120.00	70.00 - 80.00
Norochchhole (DEC)	100.00 - 140.00	50.00 - 70.00	400.00 - 470.00	220.00 - 250.00	80.00 - 100.00	85.00 - 100.00
Nuwara Eliya	150.00 - 170.00	90.00 - 100.00	550.00 - 580.00	150.00 - 170.00	110.00 - 130.00	70.00 - 90.00
Kandy	170.00 - 200.00	80.00 - 90.00	600.00 - 650.00	300.00 - 350.00	110.00 - 120.00	70.00 - 80.00
Hambantota	150.00 - 170.00	60.00 - 80.00	500.00 - 550.00	300.00 - 360.00	120.00 - 150.00	50.00 - 80.00
Thambuththegama (DEC)	120.00 - 140.00	70.00 - 90.00	450.00 - 550.00	190.00 - 220.00	110.00 - 130.00	60.00 - 80.00
Tissamaharama	150.00 - 180.00	50.00 - 70.00	450.00 - 500.00	150.00 - 220.00	120.00 - 140.00	55.00 - 70.00
Jaffna	300.00 - 350.00	90.00 - 115.00	380.00 - 420.00	280.00 - 320.00	100.00 - 120.00	-
Bandarawela	-	-	540.00 - 560.00	-	90.00 - 110.00	60.00 - 80.00
Veyangoda	180.00 - 200.00	110.00 - 120.00	520.00 - 550.00	250.00 - 310.00	120.00 - 125.00	100.00 - 110.00

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	40.00 - 45.00	40.00 - 45.00	160.00 - 170.00	75.00 - 77.00	65.00 - 68.00
Meegoda (DEC)	-	-	-	85.00 - 87.00	80.00 - 83.00
Norochchhole (DEC)	35.00 - 50.00	30.00 - 40.00	25.00 - 30.00	68.00 - 72.00	58.00 - 62.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	20.00 - 25.00	20.00 - 25.00	15.00 - 20.00	57.00 - 60.00	50.00 - 53.00
Kandy	30.00 - 35.00	35.00 - 40.00	140.00 - 150.00	75.00 - 80.00	63.00 - 68.00
Hambantota	45.00 - 50.00	40.00 - 50.00	50.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	30.00 - 30.00	60.00 - 65.00	50.00 - 58.00
Tissamaharama	30.00 - 35.00	30.00 - 32.00	35.00 - 40.00	80.00 - 85.00	50.00 - 55.00
Jaffna	55.00 - 60.00	20.00 - 30.00	90.00 - 100.00	65.00 - 70.00	55.00 - 62.00
Tissamaharama	30.00 - 35.00	30.00 - 32.00	35.00 - 40.00	80.00 - 85.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	35.00 - 40.00	35.00 - 40.00	45.00 - 60.00	70.00 - 70.00	-

Colombo, Meegoda, Norochchhole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Up Country Varieties													
	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knol Khol	Raddish	Cabbage	Tomato					
17	Colombo	—	350.00 – 520.00	240.00 – 480.00	220.00 – 400.00	250.00 – 450.00	160.00 – 360.00	120.00 – 300.00	280.00 – 480.00	200.00 – 400.00				
	Gampaha	—	480.00 – 560.00	320.00 – 440.00	320.00 – 400.00	400.00 – 450.00	360.00 – 400.00	300.00 – 320.00	400.00 – 480.00	320.00 – 400.00				
	Kurunegala	—	440.00 – 480.00	380.00 – 420.00	280.00 – 320.00	430.00 – 450.00	280.00 – 320.00	240.00 – 280.00	380.00 – 440.00	280.00 – 320.00				
	Nikaweratiya	—	400.00 – 480.00	300.00 – 480.00	280.00 – 320.00	280.00 – 400.00	240.00 – 320.00	160.00 – 240.00	320.00 – 480.00	320.00 – 320.00				
	Dambulla	—	360.00 – 400.00	380.00 – 400.00	360.00 – 380.00	350.00 – 380.00	300.00 – 320.00	150.00 – 160.00	360.00 – 380.00	200.00 – 260.00				
	Anuradhapura	—	550.00 – 600.00	380.00 – 400.00	300.00 – 320.00	360.00 – 400.00	—	180.00 – 200.00	360.00 – 400.00	280.00 – 320.00				
	Thambuththegama	—	400.00 – 480.00	340.00 – 400.00	200.00 – 240.00	260.00 – 300.00	—	120.00 – 180.00	320.00 – 380.00	200.00 – 240.00				
	Polonnaruwa	—	420.00 – 440.00	400.00 – 420.00	300.00 – 330.00	360.00 – 380.00	280.00 – 310.00	170.00 – 180.00	350.00 – 360.00	260.00 – 280.00				
	Kaluthara	—	—	—	—	—	—	—	—	—				
	Badulla	—	320.00 – 400.00	360.00 – 400.00	240.00 – 280.00	360.00 – 400.00	280.00 – 320.00	160.00 – 200.00	300.00 – 360.00	200.00 – 240.00				
	Keppetipola	—	300.00 – 320.00	220.00 – 240.00	180.00 – 200.00	250.00 – 260.00	180.00 – 200.00	130.00 – 140.00	250.00 – 260.00	150.00 – 160.00				
	Moneragala	—	450.00 – 500.00	320.00 – 400.00	300.00 – 320.00	360.00 – 400.00	—	200.00 – 220.00	380.00 – 400.00	200.00 – 240.00				
	Kegalle	—	460.00 – 480.00	380.00 – 400.00	300.00 – 320.00	380.00 – 400.00	300.00 – 320.00	260.00 – 280.00	380.00 – 400.00	300.00 – 320.00				
	Ampara	—	400.00 – 440.00	400.00 – 400.00	280.00 – 320.00	400.00 – 400.00	280.00 – 320.00	200.00 – 240.00	380.00 – 400.00	300.00 – 320.00				
	Dehiattakandiya	—	480.00 – 480.00	300.00 – 360.00	200.00 – 240.00	360.00 – 400.00	240.00 – 320.00	120.00 – 160.00	360.00 – 400.00	260.00 – 320.00				
	Nuwaraeliya	—	300.00 – 320.00	250.00 – 260.00	190.00 – 200.00	250.00 – 260.00	180.00 – 200.00	150.00 – 160.00	280.00 – 300.00	160.00 – 180.00				
	Kandy	—	440.00 – 480.00	360.00 – 400.00	240.00 – 280.00	320.00 – 360.00	200.00 – 240.00	180.00 – 200.00	300.00 – 320.00	240.00 – 280.00				
	Puttalam	—	460.00 – 520.00	360.00 – 420.00	280.00 – 320.00	400.00 – 440.00	—	200.00 – 260.00	400.00 – 480.00	320.00 – 400.00				
	Hambantota	—	420.00 – 480.00	320.00 – 400.00	270.00 – 320.00	360.00 – 420.00	300.00 – 320.00	160.00 – 240.00	320.00 – 400.00	240.00 – 280.00				
	Rathnapura	—	360.00 – 380.00	340.00 – 360.00	270.00 – 280.00	340.00 – 360.00	270.00 – 280.00	230.00 – 240.00	340.00 – 360.00	240.00 – 240.00				
	Matara	—	500.00 – 550.00	360.00 – 400.00	300.00 – 320.00	380.00 – 400.00	280.00 – 300.00	180.00 – 200.00	360.00 – 400.00	220.00 – 240.00				
	Galle	—	—	—	—	—	—	—	—	—				
	Tissamaharama	—	390.00 – 420.00	300.00 – 320.00	220.00 – 240.00	300.00 – 320.00	240.00 – 260.00	180.00 – 200.00	280.00 – 320.00	160.00 – 220.00				
	Meegoda (DEC)	—	360.00 – 400.00	400.00 – 400.00	280.00 – 280.00	280.00 – 280.00	360.00 – 400.00	300.00 – 320.00	200.00 – 240.00	360.00 – 400.00	240.00 – 300.00			
	Embilipitiya	—	450.00 – 500.00	280.00 – 320.00	280.00 – 320.00	350.00 – 400.00	200.00 – 240.00	160.00 – 240.00	320.00 – 400.00	240.00 – 320.00				
	Jaffna	—	350.00 – 420.00	340.00 – 360.00	240.00 – 250.00	280.00 – 320.00	—	120.00 – 150.00	300.00 – 320.00	250.00 – 300.00				
	Vavuniya	—	480.00 – 500.00	400.00 – 420.00	300.00 – 320.00	380.00 – 400.00	—	240.00 – 260.00	380.00 – 400.00	400.00 – 400.00				
	Mannar	—	500.00 – 520.00	400.00 – 420.00	260.00 – 280.00	400.00 – 420.00	—	120.00 – 140.00	360.00 – 380.00	240.00 – 260.00				
	Killinochchi	—	400.00 – 440.00	400.00 – 440.00	320.00 – 350.00	400.00 – 450.00	—	200.00 – 240.00	400.00 – 440.00	320.00 – 350.00				
	Mullaitivu	—	420.00 – 440.00	380.00 – 400.00	320.00 – 360.00	400.00 – 440.00	—	—	400.00 – 440.00	—				
	Batticaloa	—	460.00 – 500.00	380.00 – 400.00	320.00 – 340.00	400.00 – 400.00	240.00 – 250.00	260.00 – 280.00	320.00 – 340.00	320.00 – 340.00				
	Trincomalee	—	360.00 – 380.00	340.00 – 350.00	250.00 – 280.00	340.00 – 350.00	300.00 – 320.00	180.00 – 220.00	400.00 – 440.00	200.00 – 240.00				
	Hanguranketha	—	350.00 – 380.00	290.00 – 320.00	190.00 – 200.00	275.00 – 300.00	160.00 – 180.00	130.00 – 150.00	300.00 – 330.00	140.00 – 160.00				
	Veyangoda	—	400.00 – 460.00	320.00 – 360.00	260.00 – 320.00	320.00 – 360.00	280.00 – 320.00	200.00 – 240.00	320.00 – 360.00	240.00 – 280.00				
	Galenbindunuwewa	—	460.00 – 480.00	440.00 – 480.00	280.00 – 320.00	320.00 – 340.00	280.00 – 300.00	160.00 – 200.00	300.00 – 320.00	260.00 – 320.00				
	Bandarawela	—	400.00 – 450.00	340.00 – 360.00	220.00 – 240.00	350.00 – 380.00	320.00 – 350.00	160.00 – 180.00	320.00 – 350.00	200.00 – 240.00				
	Matale	—	400.00 – 480.00	320.00 – 400.00	240.00 – 320.00	320.00 – 360.00	240.00 – 320.00	160.00 – 200.00	320.00 – 400.00	240.00 – 320.00				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)		
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small	
19	Colombo	140.00 - 240.00	500.00 - 800.00	400.00 - 700.00	150.00 - 320.00	100.00 - 180.00	60.00 - 100.00	60.00 - 100.00	60.00 - 100.00	85.00 - 110.00	70.00 - 80.00
	Gampaha	200.00 - 280.00	800.00 - 950.00	600.00 - 600.00	300.00 - 300.00	160.00 - 160.00	60.00 - 60.00	60.00 - 60.00	25.00 - 25.00	70.00 - 80.00	50.00 - 60.00
	Kurunegala	160.00 - 200.00	700.00 - 800.00	400.00 - 400.00	180.00 - 200.00	100.00 - 140.00	40.00 - 40.00	40.00 - 40.00	30.00 - 30.00	80.00 - 85.00	65.00 - 70.00
	Nikaweratiya	160.00 - 200.00	800.00 - 800.00	400.00 - 450.00	160.00 - 200.00	120.00 - 120.00	40.00 - 50.00	40.00 - 40.00	60.00 - 60.00	65.00 - 65.00	60.00 - 60.00
	Dambulla	160.00 - 180.00	600.00 - 700.00	500.00 - 600.00	180.00 - 200.00	150.00 - 160.00	40.00 - 45.00	40.00 - 45.00	40.00 - 45.00	75.00 - 80.00	60.00 - 65.00
	Anuradhapura	140.00 - 160.00	700.00 - 800.00	550.00 - 600.00	180.00 - 200.00	160.00 - 170.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	70.00 - 75.00	50.00 - 60.00
	Thambuththegama	160.00 - 200.00	500.00 - 700.00	-	180.00 - 240.00	-	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	75.00 - 85.00	60.00 - 70.00
	Polonnaruwa	140.00 - 160.00	600.00 - 650.00	500.00 - 550.00	160.00 - 180.00	100.00 - 120.00	40.00 - 50.00	40.00 - 50.00	40.00 - 50.00	75.00 - 80.00	65.00 - 70.00
	Kaluthara	-	-	-	-	-	-	-	-	-	-
	Badulla	160.00 - 180.00	800.00 - 900.00	240.00 - 300.00	180.00 - 200.00	100.00 - 120.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	90.00 - 95.00	70.00 - 75.00
	Keppetipola	140.00 - 150.00	620.00 - 650.00	250.00 - 260.00	150.00 - 160.00	120.00 - 140.00	30.00 - 35.00	30.00 - 35.00	30.00 - 35.00	80.00 - 85.00	74.00 - 76.00
	Moneragala	100.00 - 120.00	750.00 - 800.00	400.00 - 550.00	-	-	60.00 - 70.00	60.00 - 60.00	60.00 - 70.00	70.00 - 75.00	60.00 - 65.00
	Kegalle	160.00 - 180.00	780.00 - 800.00	450.00 - 500.00	180.00 - 200.00	130.00 - 140.00	50.00 - 50.00	50.00 - 50.00	40.00 - 40.00	75.00 - 80.00	60.00 - 70.00
	Ampara	140.00 - 180.00	700.00 - 800.00	300.00 - 400.00	200.00 - 220.00	70.00 - 80.00	50.00 - 60.00	40.00 - 50.00	35.00 - 50.00	75.00 - 80.00	70.00 - 72.00
	Dehiatkandiya	200.00 - 240.00	700.00 - 800.00	600.00 - 600.00	160.00 - 160.00	120.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	65.00 - 70.00
	Nuwaraeliya	140.00 - 160.00	660.00 - 680.00	260.00 - 300.00	180.00 - 200.00	140.00 - 160.00	35.00 - 40.00	35.00 - 40.00	25.00 - 30.00	84.00 - 88.00	74.00 - 78.00
	Kandy	140.00 - 160.00	900.00 - 1000.00	750.00 - 800.00	180.00 - 200.00	160.00 - 170.00	40.00 - 50.00	45.00 - 50.00	30.00 - 40.00	90.00 - 100.00	70.00 - 80.00
	Puttalam	140.00 - 180.00	600.00 - 800.00	400.00 - 500.00	200.00 - 240.00	120.00 - 140.00	60.00 - 60.00	60.00 - 60.00	40.00 - 40.00	70.00 - 78.00	60.00 - 65.00
	Rathnapura	180.00 - 180.00	800.00 - 800.00	600.00 - 600.00	-	-	80.00 - 80.00	80.00 - 80.00	80.00 - 80.00	90.00 - 100.00	80.00 - 85.00
	Hambanthota	80.00 - 100.00	600.00 - 700.00	400.00 - 460.00	180.00 - 200.00	80.00 - 100.00	60.00 - 60.00	60.00 - 60.00	70.00 - 80.00	90.00 - 90.00	75.00 - 80.00
	Matara	100.00 - 120.00	500.00 - 600.00	450.00 - 500.00	180.00 - 200.00	80.00 - 100.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	80.00 - 90.00	55.00 - 70.00
	Galle	-	-	-	-	-	-	-	-	-	-
	Tissamaharama	80.00 - 90.00	550.00 - 600.00	200.00 - 280.00	160.00 - 180.00	80.00 - 90.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	85.00 - 90.00	55.00 - 60.00
	Meegoda (DEC)	180.00 - 200.00	800.00 - 900.00	500.00 - 600.00	180.00 - 200.00	130.00 - 130.00	70.00 - 70.00	70.00 - 70.00	80.00 - 80.00	90.00 - 100.00	80.00 - 85.00
	Embilipitiya	90.00 - 120.00	700.00 - 800.00	450.00 - 500.00	150.00 - 180.00	60.00 - 80.00	50.00 - 70.00	50.00 - 60.00	70.00 - 80.00	75.00 - 100.00	50.00 - 70.00
	Jaffna	100.00 - 120.00	400.00 - 450.00	300.00 - 350.00	130.00 - 160.00	-	60.00 - 70.00	30.00 - 35.00	20.00 - 25.00	70.00 - 80.00	50.00 - 65.00
	Vavuniya	100.00 - 120.00	550.00 - 600.00	380.00 - 400.00	220.00 - 240.00	-	50.00 - 60.00	50.00 - 60.00	-	60.00 - 70.00	40.00 - 50.00
	Mannar	100.00 - 120.00	600.00 - 650.00	400.00 - 450.00	-	100.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	55.00 - 60.00	35.00 - 40.00
	Killinochchi	80.00 - 100.00	600.00 - 650.00	400.00 - 450.00	-	200.00 - 220.00	50.00 - 60.00	-	40.00 - 50.00	70.00 - 75.00	40.00 - 50.00
	Mullaitivu	100.00 - 120.00	560.00 - 600.00	400.00 - 440.00	-	-	40.00 - 50.00	-	40.00 - 50.00	70.00 - 75.00	55.00 - 65.00
	Batticaloa	150.00 - 180.00	600.00 - 600.00	550.00 - 600.00	-	150.00 - 150.00	-	50.00 - 50.00	50.00 - 50.00	75.00 - 75.00	50.00 - 50.00
	Trincomalee	160.00 - 180.00	540.00 - 580.00	380.00 - 420.00	150.00 - 180.00	150.00 - 180.00	50.00 - 70.00	50.00 - 70.00	50.00 - 70.00	85.00 - 100.00	60.00 - 75.00
	Hanguranketha	140.00 - 160.00	580.00 - 600.00	380.00 - 420.00	140.00 - 160.00	80.00 - 100.00	35.00 - 40.00	35.00 - 35.00	30.00 - 40.00	80.00 - 85.00	68.00 - 75.00
	Veyangoda	160.00 - 200.00	600.00 - 700.00	500.00 - 600.00	160.00 - 200.00	150.00 - 160.00	60.00 - 70.00	60.00 - 70.00	30.00 - 33.00	80.00 - 85.00	60.00 - 65.00
	Galenbindunuwewa	100.00 - 120.00	580.00 - 600.00	-	140.00 - 160.00	-	50.00 - 55.00	50.00 - 55.00	-	-	-
	Bandarawela	150.00 - 180.00	750.00 - 800.00	750.00 - 800.00	180.00 - 200.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	80.00 - 100.00	60.00 - 75.00
	Matale	160.00 - 200.00	600.00 - 800.00	500.00 - 600.00	120.00 - 160.00	80.00 - 120.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	80.00 - 90.00	55.00 - 75.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Banana										Pineapple						Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large			Medium		Small		Betti	Karthakolomban				
20	Colombo	80.00 - 160.00	220.00 - 270.00	100.00 - 150.00	16.00 - 25.00	20.00 - 31.00	450.00 - 600.00	360.00 - 420.00	280.00 - 350.00	-	-	100.00 - 160.00						
	Gampaha	100.00 - 120.00	180.00 - 200.00	100.00 - 120.00	15.00 - 16.00	22.00 - 23.00	300.00 - 350.00	200.00 - 250.00	150.00 - 180.00	-	-	80.00 - 100.00						
	Kurunegala	100.00 - 130.00	250.00 - 260.00	90.00 - 100.00	13.00 - 15.00	25.00 - 25.00	400.00 - 500.00	250.00 - 350.00	150.00 - 200.00	-	-	70.00 - 80.00						
	Nikaweratiya	100.00 - 120.00	250.00 - 270.00	100.00 - 120.00	-	28.00 - 29.00	-	300.00 - 350.00	150.00 - 250.00	-	-	60.00 - 80.00						
	Dambulla	100.00 - 120.00	250.00 - 260.00	100.00 - 120.00	-	26.00 - 28.00	400.00 - 450.00	350.00 - 360.00	180.00 - 200.00	50.00 - 60.00	100.00 - 120.00							
	Anuradhapura	100.00 - 120.00	260.00 - 280.00	100.00 - 120.00	20.00 - 24.00	25.00 - 30.00	470.00 - 510.00	390.00 - 420.00	340.00 - 360.00	-	-	-						
	Thambuththegama	70.00 - 85.00	230.00 - 280.00	70.00 - 80.00	18.00 - 22.00	28.00 - 30.00	550.00 - 650.00	400.00 - 500.00	-	-	-	90.00 - 110.00						
	Polonnaruwa	120.00 - 140.00	250.00 - 260.00	80.00 - 120.00	18.00 - 19.00	22.00 - 25.00	400.00 - 400.00	300.00 - 350.00	200.00 - 250.00	-	-	-						
	Kaluthara	-	-	-	-	-	-	-	-	-	-	-						
	Badulla	80.00 - 90.00	200.00 - 220.00	90.00 - 100.00	13.00 - 15.00	25.00 - 27.00	400.00 - 440.00	280.00 - 320.00	140.00 - 160.00	-	-	60.00 - 80.00						
	Keppetipola	90.00 - 110.00	240.00 - 260.00	110.00 - 120.00	15.00 - 17.00	34.00 - 38.00	-	380.00 - 400.00	250.00 - 260.00	-	-	90.00 - 100.00						
	Moneragala	70.00 - 80.00	160.00 - 180.00	50.00 - 80.00	12.00 - 17.00	15.00 - 21.00	-	270.00 - 290.00	225.00 - 240.00	-	-	60.00 - 80.00						
	Kegalle	120.00 - 130.00	270.00 - 280.00	120.00 - 130.00	30.00 - 30.00	35.00 - 40.00	360.00 - 400.00	260.00 - 320.00	100.00 - 150.00	-	-	100.00 - 140.00						
	Ampara	100.00 - 120.00	200.00 - 240.00	80.00 - 90.00	14.00 - 14.00	20.00 - 22.00	340.00 - 350.00	280.00 - 300.00	150.00 - 200.00	-	-	80.00 - 90.00						
	Dehiattakandiya	130.00 - 130.00	250.00 - 280.00	120.00 - 120.00	-	36.00 - 36.00	350.00 - 350.00	300.00 - 300.00	250.00 - 250.00	-	-	-						
	Nuwaraeliya	100.00 - 120.00	220.00 - 240.00	120.00 - 130.00	16.00 - 18.00	36.00 - 40.00	-	360.00 - 390.00	230.00 - 250.00	-	-	80.00 - 100.00						
	Kandy	110.00 - 120.00	250.00 - 260.00	110.00 - 120.00	20.00 - 22.00	30.00 - 35.00	450.00 - 480.00	300.00 - 350.00	100.00 - 140.00	-	-	60.00 - 70.00						
	Puttalam	70.00 - 90.00	260.00 - 280.00	100.00 - 120.00	12.00 - 14.00	-	570.00 - 600.00	-	-	-	-	-						
	Rathnapura	100.00 - 100.00	200.00 - 200.00	100.00 - 100.00	-	-	400.00 - 400.00	250.00 - 300.00	150.00 - 180.00	-	-	100.00 - 100.00						
	Hambantota	100.00 - 120.00	180.00 - 200.00	90.00 - 100.00	17.00 - 18.00	20.00 - 22.00	470.00 - 500.00	380.00 - 420.00	300.00 - 320.00	-	-	120.00 - 130.00						
	Matara	85.00 - 100.00	180.00 - 200.00	80.00 - 100.00	17.00 - 18.00	20.00 - 22.00	480.00 - 500.00	380.00 - 430.00	330.00 - 350.00	-	-	120.00 - 150.00						
	Galle	-	-	-	-	-	-	-	-	-	-	-						
	Tissamaharama	50.00 - 60.00	170.00 - 190.00	80.00 - 100.00	-	-	480.00 - 500.00	380.00 - 390.00	300.00 - 320.00	-	-	60.00 - 70.00						
	Meegoda (DEC)	110.00 - 120.00	200.00 - 220.00	120.00 - 120.00	-	30.00 - 32.00	660.00 - 660.00	-	-	-	-	-						
	Embilipitiya	60.00 - 80.00	150.00 - 200.00	70.00 - 80.00	15.00 - 25.00	25.00 - 30.00	-	220.00 - 300.00	120.00 - 180.00	25.00 - 35.00	25.00 - 35.00	50.00 - 80.00						
	Jaffna	90.00 - 100.00	170.00 - 200.00	90.00 - 100.00	-	-	-	-	150.00 - 200.00	-	-	150.00 - 200.00						
	Vavuniya	90.00 - 100.00	-	-	-	-	-	-	120.00 - 180.00	-	-	-						
	Mannar	100.00 - 100.00	180.00 - 200.00	100.00 - 100.00	13.00 - 15.00	-	-	350.00 - 400.00	250.00 - 300.00	-	-	80.00 - 100.00						
	Killinochchi	70.00 - 80.00	200.00 - 220.00	80.00 - 100.00	18.00 - 20.00	-	450.00 - 520.00	360.00 - 420.00	240.00 - 280.00	-	-	-						
	Mullaithivu	100.00 - 120.00	200.00 - 200.00	120.00 - 120.00	-	-	390.00 - 400.00	330.00 - 350.00	270.00 - 280.00	-	-	100.00 - 120.00						
	Batticaloa	80.00 - 80.00	200.00 - 200.00	100.00 - 100.00	20.00 - 20.00	-	-	-	-	-	-	-						
	Trincomalee	140.00 - 160.00	220.00 - 240.00	100.00 - 120.00	20.00 - 21.00	24.00 - 25.00	380.00 - 400.00	-	200.00 - 250.00	-	-	70.00 - 80.00						
	Veyangoda	120.00 - 150.00	280.00 - 300.00	120.00 - 150.00	-	25.00 - 28.00	-	300.00 - 360.00	250.00 - 280.00	-	-	110.00 - 120.00						
	Galenbindunuwewa	80.00 - 100.00	200.00 - 250.00	80.00 - 100.00	18.00 - 20.00	25.00 - 30.00	525.00 - 600.00	420.00 - 480.00	-	-	-	-						
	Bandarawela	120.00 - 150.00	250.00 - 260.00	100.00 - 120.00	16.00 - 18.00	22.00 - 24.00	350.00 - 380.00	250.00 - 260.00	150.00 - 160.00	40.00 - 50.00	80.00 - 100.00							
	Matale	80.00 - 100.00	180.00 - 220.00	100.00 - 120.00	12.00 - 14.00	18.00 - 22.00	400.00 - 500.00	250.00 - 350.00	150.00 - 220.00	40.00 - 60.00	80.00 - 120.00							

Table 08 (Contd.)

LOCATIONS	Mango				Other Fruits																
	Vilad		Kohu		Papaw (Rs/Kg)		Passion		Wood Apple		Orange		Avocado		Slime Apple		Grapes (Rs/Kg)		King Coconut		
21	Colombo	60.00 -	80.00	-	150.00 -	260.00	29.00 -	50.00	80.00 -	120.00	80.00 -	100.00	70.00 -	120.00	40.00 -	80.00	-	-	110.00 -	150.00	
	Gampaha	-	-	-	130.00 -	140.00	50.00 -	60.00	70.00 -	80.00	100.00 -	100.00	80.00 -	100.00	60.00 -	80.00	2500.00 -	2500.00	80.00 -	100.00	
	Kurunegala	50.00 -	50.00	20.00 -	20.00	150.00 -	160.00	30.00 -	30.00	60.00 -	70.00	60.00 -	60.00	60.00 -	70.00	-	-	80.00 -	100.00		
	Nikaweratiya	-	-	-	130.00 -	150.00	30.00 -	40.00	30.00 -	40.00	-	-	50.00 -	70.00	-	-	-	-	-	-	
	Dambulla	50.00 -	60.00	20.00 -	25.00	140.00 -	160.00	35.00 -	40.00	50.00 -	80.00	60.00 -	80.00	50.00 -	60.00	2500.00 -	2600.00	100.00 -	120.00		
	Anuradhapura	-	-	-	160.00 -	180.00	-	-	70.00 -	80.00	-	-	80.00 -	100.00	70.00 -	80.00	-	80.00 -	100.00		
	Thambuththegama	-	-	-	120.00 -	150.00	-	-	-	-	50.00 -	70.00	-	-	-	-	-	70.00 -	80.00		
	Polonnaruwa	-	-	-	180.00 -	200.00	-	-	40.00 -	50.00	-	-	60.00 -	80.00	-	-	-	80.00 -	100.00		
	Kaluthara	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Badulla	30.00 -	35.00	15.00 -	20.00	140.00 -	160.00	25.00 -	30.00	45.00 -	55.00	50.00 -	60.00	40.00 -	60.00	35.00 -	50.00	-	80.00 -	100.00	
	Keppetipola	40.00 -	45.00	18.00 -	20.00	180.00 -	200.00	30.00 -	35.00	55.00 -	60.00	70.00 -	80.00	35.00 -	40.00	55.00 -	60.00	-	100.00 -	110.00	
	Moneragala	50.00 -	70.00	-	-	130.00 -	150.00	25.00 -	26.00	38.00 -	40.00	70.00 -	80.00	60.00 -	70.00	32.00 -	37.00	-	70.00 -	80.00	
	Kegalle	40.00 -	50.00	25.00 -	30.00	170.00 -	190.00	-	-	50.00 -	60.00	120.00 -	150.00	50.00 -	60.00	50.00 -	60.00	-	70.00 -	80.00	
	Ampara	35.00 -	40.00	-	-	160.00 -	180.00	-	-	-	-	40.00 -	45.00	60.00 -	70.00	30.00 -	35.00	-	90.00 -	100.00	
	Dehiattakandiya	-	-	-	-	150.00 -	160.00	-	-	-	-	-	-	100.00 -	120.00	50.00 -	60.00	-	100.00 -	120.00	
	Nuwaraeliya	40.00 -	50.00	20.00 -	25.00	160.00 -	190.00	30.00 -	35.00	60.00 -	70.00	60.00 -	80.00	40.00 -	50.00	50.00 -	60.00	2700.00 -	2800.00	100.00 -	110.00
	Kandy	-	-	15.00 -	20.00	200.00 -	210.00	15.00 -	17.00	70.00 -	80.00	60.00 -	70.00	40.00 -	60.00	50.00 -	60.00	-	100.00 -	110.00	
	Puttalam	-	-	-	-	140.00 -	160.00	35.00 -	35.00	-	-	50.00 -	60.00	-	-	-	-	-	70.00 -	80.00	
	Hambantota	-	-	-	-	180.00 -	200.00	-	-	40.00 -	60.00	-	-	80.00 -	100.00	50.00 -	60.00	-	70.00 -	80.00	
	Rathnapura	-	-	-	-	150.00 -	160.00	-	-	50.00 -	60.00	-	-	-	-	50.00 -	60.00	-	-		
	Matara	-	-	-	-	150.00 -	165.00	30.00 -	32.00	58.00 -	60.00	80.00 -	100.00	80.00 -	120.00	25.00 -	30.00	-	80.00 -	85.00	
	Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
	Tissamaharama	-	-	20.00 -	25.00	120.00 -	150.00	20.00 -	25.00	40.00 -	40.00	40.00 -	50.00	-	-	25.00 -	30.00	-	80.00 -	100.00	
	Meegoda (DEC)	70.00 -	75.00	-	-	200.00 -	200.00	-	-	-	-	-	-	45.00 -	50.00	-	-	-	80.00 -	100.00	
	Embiliptiya	25.00 -	35.00	15.00 -	20.00	150.00 -	170.00	20.00 -	25.00	50.00 -	80.00	50.00 -	60.00	50.00 -	80.00	15.00 -	25.00	-	80.00 -	100.00	
	Jaffna	60.00 -	100.00	-	-	80.00 -	110.00	-	-	100.00 -	150.00	-	-	-	-	-	-	-	100.00 -	150.00	
	Vavuniya	-	-	-	-	120.00 -	150.00	-	-	-	-	-	-	-	-	-	-	-	100.00 -	120.00	
	Mannar	40.00 -	50.00	-	-	130.00 -	150.00	-	-	-	-	-	-	-	-	-	-	-	100.00 -	120.00	
	Killinochchi	-	-	-	-	100.00 -	120.00	-	-	-	-	-	-	-	-	-	3200.00 -	3400.00	130.00 -	140.00	
	Mullaitivu	50.00 -	60.00	-	-	100.00 -	120.00	-	-	-	-	-	-	-	-	-	-	-	140.00 -	150.00	
	Batticaloa	-	-	-	-	100.00 -	120.00	-	-	-	-	-	-	-	-	-	-	-	120.00 -	140.00	
	Trincomalee	50.00 -	60.00	-	-	140.00 -	160.00	45.00 -	50.00	60.00 -	70.00	150.00 -	160.00	100.00 -	120.00	40.00 -	50.00	-	150.00 -	180.00	
	Veyangoda	-	-	-	-	220.00 -	260.00	-	-	50.00 -	60.00	-	-	60.00 -	75.00	60.00 -	80.00	-	100.00 -	120.00	
	Galenbindunuwewa	-	-	-	-	100.00 -	120.00	-	-	-	-	-	-	50.00 -	65.00	-	-	-	90.00 -	100.00	
	Bandarawela	40.00 -	50.00	20.00 -	30.00	180.00 -	200.00	40.00 -	50.00	60.00 -	70.00	60.00 -	80.00	40.00 -	50.00	30.00 -	40.00	-	100.00 -	120.00	
	Matale	40.00 -	60.00	20.00 -	30.00	120.00 -	140.00	-	-	50.00 -	50.00	50.00 -	70.00	35.00 -	60.00	35.00 -	50.00	3300.00 -	3500.00	80.00 -	100.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 27: 01 - 07 July 2022

Locations	Sea Fish											
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw	
Colombo	550.00 –	800.00	1000.00 –	1200.00	680.00 –	1250.00	1000.00 –	1280.00	1950.00 –	3200.00	1180.00 –	1400.00
Kandy	650.00 –	680.00	1050.00 –	1100.00	900.00 –	1000.00	1400.00 –	1450.00	–	–	1350.00 –	1400.00
Kaluthara	–	–	–	–	–	–	–	–	–	–	–	–
Puttalam	750.00 –	780.00	–	–	–	–	–	–	–	–	–	–
Matara	650.00 –	680.00	–	–	1200.00 –	1250.00	1850.00 –	1900.00	–	–	–	–
Hambantota	600.00 –	600.00	–	–	1200.00 –	1200.00	1400.00 –	1400.00	–	–	–	–
Galle	–	–	–	–	–	–	–	–	–	–	–	–
Batticaloa	–	–	750.00 –	800.00	1300.00 –	1400.00	–	–	2000.00 –	2000.00	1400.00 –	1500.00
Trincomalee	300.00 –	360.00	750.00 –	800.00	800.00 –	820.00	1250.00 –	1350.00	1650.00 –	1700.00	1200.00 –	1280.00
Mannar	350.00 –	360.00	–	–	1000.00 –	1050.00	–	–	–	–	1200.00 –	1300.00

Locations	Sea Fish					Eggs					
	Mora		Shrimps		Thalapath	Teppeli		Brown	White		
Colombo	–	–	1100.00 –	1650.00	1450.00 –	2100.00	–	40.50 –	42.50	38.00 –	41.00
Kandy	–	–	1280.00 –	1300.00	1800.00 –	1900.00	–	41.00 –	42.00	39.00 –	40.00
Kaluthara	–	–	–	–	–	–	–	–	–	–	–
Puttalam	–	–	1050.00 –	1250.00	–	–	–	40.00 –	41.50	38.50 –	39.50
Matara	–	–	1200.00 –	1250.00	–	–	–	–	–	–	–
Hambantota	–	–	1200.00 –	1200.00	1600.00 –	1600.00	–	–	–	39.00 –	39.00
Galle	–	–	–	–	–	–	–	–	–	–	–
Batticaloa	–	–	1200.00 –	1300.00	2000.00 –	2000.00	–	42.00 –	42.00	42.00 –	43.00
Trincomalee	1800.00 –	1850.00	980.00 –	1050.00	1500.00 –	1580.00	–	44.00 –	46.00	44.00 –	44.00
Mannar	–	–	950.00 –	1000.00	–	–	–	–	–	41.00 –	42.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 27: 01 - 07 July 2022

Locations	Local Dried Fish							
	Sprats		Kattawa		Thora			
Colombo	97500 –	115000	–	–	110000 –	119000		
Kandy	105000 –	110000	–	–	120000 –	122500		
Batticaloa	–	–	–	147500 –	147500	135000 –	137500	
Trincomalee	95000 –	97000	112500 –	112500	–	122000 –	122000	
Mannar	67000 –	67500	117500 –	120000	–	–	79000 –	80000
							47500 –	50000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	39000 –	64000	62000 –	85000
Kandy	–	–	–	70000 –	80000	–
Batticaloa	–	–	45000 –	46500	–	–
Trincomalee	–	–	–	98800 –	99000	–
Mannar	49000 –	50000	–	45000 –	47500	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	92500 –	100000	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 27: 01 - 07 July 2022

LOCATIONS	Sea Fish										Eggs	
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White		
Colombo	800.00 -	920.00	1100.00 -	1200.00	1600.00 -	1800.00	1800.00 -	2800.00	2600.00 -	3500.00	1800.00 -	2800.00
Gampaha	800.00 -	800.00	1200.00 -	1200.00	-	-	-	-	-	-	-	-
Kurunegala	700.00 -	800.00	900.00 -	1000.00	1200.00 -	1300.00	1700.00 -	1800.00	-	-	1600.00 -	1600.00
Nikaweratiya	800.00 -	800.00	1100.00 -	1100.00	1200.00 -	1200.00	1800.00 -	1800.00	-	-	-	-
Dambulla	800.00 -	850.00	1000.00 -	1100.00	1100.00 -	1200.00	1800.00 -	2000.00	-	-	1700.00 -	1800.00
Anuradhapura	-	-	-	-	-	-	1920.00 -	1920.00	-	-	-	-
Thambuththegama	600.00 -	600.00	1200.00 -	1200.00	-	-	-	-	1700.00 -	1700.00	-	-
Polonnaruwa	700.00 -	700.00	1200.00 -	1200.00	1600.00 -	1600.00	2000.00 -	2000.00	-	-	2000.00 -	2200.00
Kaluthara	-	-	-	-	-	-	-	-	2000.00 -	2000.00	-	-
Badulla	700.00 -	800.00	950.00 -	1000.00	1200.00 -	1300.00	1700.00 -	1800.00	2500.00 -	2600.00	1600.00 -	1700.00
Keppetipola	-	-	1000.00 -	1100.00	1400.00 -	1500.00	1800.00 -	1900.00	-	-	1800.00 -	1900.00
Moneragala	800.00 -	850.00	1000.00 -	1100.00	-	-	-	-	-	-	2200.00 -	2200.00
Kegalle	1000.00 -	1000.00	1300.00 -	1350.00	1000.00 -	1200.00	1950.00 -	2000.00	-	-	1950.00 -	2000.00
23 Ampara	600.00 -	700.00	-	-	1400.00 -	1800.00	2000.00 -	2000.00	-	-	2400.00 -	2400.00
Dehiattakandiya	700.00 -	800.00	-	-	-	-	-	-	1400.00 -	1500.00	-	2000.00 -
Nuwaraeliya	700.00 -	800.00	1000.00 -	1200.00	1300.00 -	1400.00	1900.00 -	2000.00	-	-	1800.00 -	1900.00
Kandy	820.00 -	840.00	1300.00 -	1350.00	1250.00 -	1300.00	2300.00 -	2400.00	-	-	2300.00 -	2400.00
Puttalam	820.00 -	850.00	-	-	-	-	-	-	-	-	-	41.50 -
Hambantota	800.00 -	800.00	-	-	1400.00 -	1500.00	2000.00 -	2000.00	-	-	2200.00 -	2200.00
Rathnapura	620.00 -	640.00	1200.00 -	1200.00	1000.00 -	1060.00	2000.00 -	2200.00	-	-	1760.00 -	1800.00
Matara	750.00 -	800.00	-	-	1500.00 -	1550.00	2000.00 -	2100.00	-	-	-	-
Galle	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	700.00 -	800.00	-	-	1000.00 -	1200.00	2000.00 -	2000.00	-	-	1400.00 -	1400.00
Meegoda	800.00 -	800.00	-	-	-	-	2200.00 -	2200.00	-	-	-	-
Embilipitiya	700.00 -	800.00	1100.00 -	1200.00	1500.00 -	1800.00	2000.00 -	2200.00	-	-	-	-
Jaffna	-	-	1000.00 -	1200.00	1000.00 -	1200.00	-	-	1450.00 -	1500.00	-	-
Vavuniya	700.00 -	800.00	1150.00 -	1200.00	1200.00 -	1250.00	2300.00 -	2400.00	2950.00 -	3000.00	1550.00 -	1600.00
Mannar	400.00 -	500.00	-	-	1100.00 -	1200.00	-	-	-	-	1350.00 -	1400.00
Killinochchi	950.00 -	1000.00	-	-	1400.00 -	1500.00	-	-	1800.00 -	2000.00	-	-
Mullaittivu	600.00 -	700.00	1000.00 -	1100.00	1200.00 -	1200.00	-	-	1700.00 -	1800.00	2000.00 -	2000.00
Batticaloa	-	-	1000.00 -	1000.00	1800.00 -	2000.00	-	-	2400.00 -	2400.00	2000.00 -	2200.00
Trincomalee	400.00 -	500.00	850.00 -	900.00	900.00 -	1000.00	-	-	1300.00 -	1400.00	1850.00 -	1950.00
Veyangoda	-	-	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	600.00 -	600.00	1100.00 -	1100.00	-	-	2000.00 -	2000.00	2500.00 -	2500.00	1700.00 -	1700.00
Bandarawela	800.00 -	850.00	950.00 -	1000.00	1400.00 -	1500.00	1800.00 -	2000.00	-	-	1500.00 -	1600.00
Matale	800.00 -	880.00	1100.00 -	1200.00	1200.00 -	1400.00	2100.00 -	2300.00	-	-	1500.00 -	1700.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Dried Fish											
	Sprats-Imported	Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
24	Colombo	1500.00 – 2000.00	3000.00 – 3800.00	–	2800.00 – 3200.00	2000.00 – 2800.00	2600.00 – 2900.00	1200.00 – 1600.00				
	Gampaha	1600.00 – 2000.00	2800.00 – 3200.00	3200.00 – 3400.00	3000.00 – 3000.00	2400.00 – 2400.00	2400.00 – 2400.00	1400.00 – 1600.00				
	Kurunegala	1800.00 – 1800.00	2600.00 – 2800.00	–	–	2100.00 – 2200.00	–	1000.00 – 1100.00				
	Nikaweratiya	1600.00 – 1840.00	2800.00 – 2800.00	–	2600.00 – 2600.00	1800.00 – 2000.00	2600.00 – 2600.00	1200.00 – 1400.00				
	Dambulla	1600.00 – 1700.00	2700.00 – 2800.00	–	2700.00 – 2800.00	1800.00 – 2000.00	2400.00 – 2500.00	–				
	Anuradhapura	1600.00 – 1800.00	2800.00 – 3200.00	–	–	2000.00 – 2500.00	3200.00 – 3200.00	–				
	Thambuththegama	1600.00 – 1600.00	–	–	2500.00 – 2600.00	2000.00 – 2400.00	–	–				
	Polonnaruwa	1800.00 – 1850.00	–	–	2600.00 – 2650.00	2500.00 – 25000.00	–	–				
	Kaluthara	–	–	–	–	–	–	–				
	Badulla	1600.00 – 1800.00	2600.00 – 2800.00	–	2400.00 – 2500.00	2000.00 – 2100.00	–	–				
	Keppetipola	1700.00 – 1800.00	2800.00 – 3000.00	–	2600.00 – 2700.00	2200.00 – 2300.00	2600.00 – 2700.00	1450.00 – 1500.00				
	Moneragala	–	–	–	–	2000.00 – 2200.00	2600.00 – 2800.00	–				
	Kegalle	1650.00 – 1700.00	2500.00 – 2600.00	–	2400.00 – 2450.00	2250.00 – 2400.00	–	–				
	Ampara	1600.00 – 2000.00	2500.00 – 2600.00	–	2800.00 – 2800.00	2100.00 – 2400.00	–	–				
	Dehiattakandiya	1600.00 – 1800.00	2200.00 – 2300.00	–	2500.00 – 2500.00	2000.00 – 2000.00	–	–				
	Nuwaraeliya	1700.00 – 1800.00	2900.00 – 3000.00	3100.00 – 3200.00	2700.00 – 2800.00	2300.00 – 2400.00	2700.00 – 2800.00	1500.00 – 1600.00				
	Kandy	1900.00 – 2100.00	3200.00 – 3300.00	–	2900.00 – 3000.00	2400.00 – 2500.00	–	–				
	Puttalam	1350.00 – 1600.00	3000.00 – 3500.00	–	–	1800.00 – 2200.00	–	1200.00 – 1400.00				
	Hambantota	–	2900.00 – 3200.00	3000.00 – 3200.00	2700.00 – 2800.00	2500.00 – 2600.00	2800.00 – 3000.00	–				
	Rathnapura	1900.00 – 2100.00	3000.00 – 3200.00	–	2560.00 – 2600.00	2520.00 – 2600.00	–	1650.00 – 1700.00				
	Matara	1800.00 – 2000.00	2800.00 – 3000.00	3000.00 – 3150.00	2750.00 – 3000.00	2300.00 – 2550.00	2800.00 – 2900.00	–				
	Galle	–	–	–	–	–	–	–				
	Tissamaharama	–	–	–	–	2000.00 – 2300.00	–	–				
	Meegoda	1520.00 – 1680.00	2800.00 – 3000.00	–	2400.00 – 2500.00	2000.00 – 2200.00	2500.00 – 2600.00	1400.00 – 1400.00				
	Embilipitiya	1600.00 – 1800.00	3200.00 – 3500.00	–	2800.00 – 3000.00	2300.00 – 2600.00	2700.00 – 3000.00	–				
	Jaffna	1750.00 – 1900.00	–	–	–	–	–	–				
	Vavuniya	–	–	–	–	–	–	–				
	Mannar	1400.00 – 1400.00	2500.00 – 2600.00	–	–	1700.00 – 1800.00	–	1000.00 – 1100.00				
	Killinochchi	–	3200.00 – 3300.00	–	2800.00 – 3000.00	–	2000.00 – 2250.00	1850.00 – 1850.00				
	Mullaithivu	2000.00 – 2000.00	2800.00 – 3000.00	–	2800.00 – 3000.00	1400.00 – 1500.00	–	1300.00 – 1500.00				
	Batticaloa	1500.00 – 1500.00	–	3000.00 – 3000.00	2700.00 – 2800.00	1400.00 – 1400.00	–	1000.00 – 1000.00				
	Trincomalee	2000.00 – 2000.00	2300.00 – 2450.00	–	2450.00 – 2500.00	1400.00 – 1500.00	–	–				
	Veyangoda	1550.00 – 1600.00	2400.00 – 2500.00	–	2500.00 – 2600.00	2000.00 – 2200.00	2100.00 – 2100.00	1000.00 – 1000.00				
	Galenbindunuwewa	1600.00 – 1800.00	3200.00 – 3500.00	3900.00 – 4000.00	2800.00 – 2900.00	2200.00 – 2400.00	2400.00 – 2600.00	1000.00 – 1100.00				
	Bandarawela	1600.00 – 1800.00	2350.00 – 2400.00	–	2350.00 – 2400.00	2200.00 – 2300.00	–	1200.00 – 1250.00				
	Matale	1700.00 – 2000.00	2900.00 – 3200.00	3400.00 – 3600.00	3300.00 – 3300.00	2200.00 – 2400.00	2700.00 – 3000.00	1100.00 – 1300.00				

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 27: 01 - 07 July 2022

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 – 2300.00	1130.00 – 1280.00	870.00 – 1280.00	2400.00 – 2800.00	1000.00 – 1300.00
Gampaha	–	1250.00 – 1280.00	1200.00 – 1200.00	2500.00 – 2500.00	1000.00 – 1000.00
Kurunegala	1600.00 – 1600.00	1100.00 – 1300.00	–	2300.00 – 2400.00	1300.00 – 1300.00
Nikaweratiya	1700.00 – 1700.00	1300.00 – 1300.00	–	2500.00 – 2500.00	–
Dambulla	–	1200.00 – 1250.00	–	–	–
Anuradhapura	1600.00 – 1700.00	1050.00 – 1250.00	950.00 – 1100.00	3000.00 – 3000.00	1000.00 – 1100.00
Thambuththegama	1400.00 – 1950.00	1090.00 – 1200.00	860.00 – 880.00	–	1100.00 – 1200.00
Polonnaruwa	2000.00 – 2000.00	1350.00 – 1350.00	–	2900.00 – 3000.00	1600.00 – 1700.00
Kaluthara	–	–	–	–	–
Badulla	1600.00 – 1600.00	1280.00 – 1300.00	1200.00 – 1250.00	2300.00 – 2300.00	–
Keppetipola	1500.00 – 1600.00	1250.00 – 1300.00	1100.00 – 1250.00	2200.00 – 2300.00	–
Moneragala	1500.00 – 1500.00	1200.00 – 1300.00	1300.00 – 1350.00	–	–
Kegalle	1800.00 – 1850.00	1250.00 – 1300.00	–	2200.00 – 2250.00	1350.00 – 1400.00
Ampara	1500.00 – 1500.00	1200.00 – 1300.00	–	–	1800.00 – 1800.00
Dehiattakandiya	–	1250.00 – 1400.00	–	–	1150.00 – 1400.00
Nuwaraeliya	1600.00 – 1700.00	1250.00 – 1290.00	1100.00 – 1220.00	2500.00 – 2600.00	1200.00 – 1400.00
Kandy	1800.00 – 1900.00	1200.00 – 1220.00	1120.00 – 1160.00	2200.00 – 2300.00	–
Puttalam	1600.00 – 1700.00	1200.00 – 1250.00	1000.00 – 1150.00	2200.00 – 2350.00	–
Hambantota	–	1100.00 – 1250.00	1000.00 – 1100.00	–	–
Rathnapura	1800.00 – 1800.00	1200.00 – 1240.00	1080.00 – 1100.00	2400.00 – 2450.00	–
Matara	–	1230.00 – 1260.00	1130.00 – 1160.00	–	–
Galle	–	–	–	–	–
Tissamaharama	–	1300.00 – 1350.00	–	–	–
Meegoda	–	1110.00 – 1160.00	–	–	–
Embilipitiya	1900.00 – 2000.00	1040.00 – 1180.00	1050.00 – 1100.00	2600.00 – 2700.00	1300.00 – 1500.00
Jaffna	1450.00 – 1500.00	1400.00 – 1450.00	1350.00 – 1400.00	2350.00 – 2600.00	–
Vavuniya	1600.00 – 1800.00	1300.00 – 1350.00	–	–	–
Mannar	1400.00 – 1400.00	1500.00 – 1500.00	–	–	–
Killinochchi	1600.00 – 1600.00	1300.00 – 1300.00	1300.00 – 1300.00	–	–
Mullaitivu	1400.00 – 1400.00	1400.00 – 1400.00	–	–	–
Batticaloa	–	1400.00 – 1400.00	1400.00 – 1400.00	–	–
Trincomalee	1500.00 – 1580.00	1200.00 – 1250.00	1100.00 – 1180.00	2800.00 – 2800.00	–
Veyangoda	–	1160.00 – 1200.00	1050.00 – 1050.00	–	–
Galenbindunuwewa	1550.00 – 1600.00	1200.00 – 1250.00	–	–	–
Bandarawela	1600.00 – 1700.00	1250.00 – 1300.00	1300.00 – 1350.00	2600.00 – 2800.00	–
Matale	1700.00 – 1700.00	1200.00 – 1250.00	1050.00 – 1150.00	2000.00 – 2000.00	1100.00 – 1100.00

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 27: 01 - 07 July 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to		
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)	
Rice							Coconut							
Local							Large	75.00 - 77.00	75.36	75.60	71.00	-0.31	6.15	
Samba 1	-						Small	65.00 - 68.00	66.10	66.50	63.30	-0.60	4.42	
Samba 2	-						Fruits (Rs/Fruit)							
Keeri Samba	250.00 - 260.00	255.10	257.67	138.00		-1.00	Plantain							
Nadu 1	-						Ambul (Rs/Kg)	70.00 - 100.00	85.00	68.46	47.50	24.16	78.95	
Nadu 2	-						Kolikuttu (Rs/Kg)	160.00 - 180.00	172.50	158.33	121.82	8.95	41.60	
Raw (Red)	-						Seeni (Rs/Kg)	70.00 - 100.00	85.00	74.62	57.27	13.92	48.41	
Raw (White)	-						Anamalu	11.00 - 13.00	12.27	11.50	10.75	6.72	14.16	
Imported							Ambun	13.00 - 16.00	15.09	14.75	13.33	2.31	13.18	
Samba	200.00 - 205.00	201.00	211.80				Papaw(Rs/Kg)	80.00 - 150.00	116.43	135.38	70.77	-14.00	64.52	
Nadu	205.00 - 215.00	208.50	214.00				Passion Fruit	25.00 - 32.00	28.00	29.67	10.25	-5.62	173.17	
Raw (Red)	-						Pineapple Large	400.00 - 450.00	434.55	432.22	139.00	0.54	212.62	
Raw (White)	178.00 - 185.00	180.80	190.00				Pineapple Medium	330.00 - 360.00	344.00	341.11	108.00	0.85	218.52	
Dried Chillies							Pineapple Small	280.00 - 300.00	292.00	282.00	73.64	3.55	296.54	
Imported	1700.00 - 1800.00	1725.00	1742.50	525.50		-1.00	228.26	Mango						
Onion							Betti	28.00 - 35.00	33.14	32.00	21.82	3.57	51.90	
Sinnan	-						Karthakolomban	80.00 - 140.00	100.00	78.57	56.07	27.27	78.34	
Vedalan	-						Vilad	50.00 - 55.00	52.80	50.83	29.50	3.87	78.98	
Imported	245.00 - 280.00	266.50	286.00	259.00		-6.82	Kohu	20.00 - 22.00	21.00	20.40			2.94	
Big Onion							Other							
Imported	155.00 - 170.00	162.00	160.00	74.58		1.25	Wood Apple	50.00 - 60.00	54.83	52.46	37.83	4.52	44.93	
Local	-						Orange	45.00 - 60.00	52.50	56.67	33.57	-7.35	56.38	
Potato							Avocado	40.00 - 60.00	50.77	62.31	39.83	-18.52	27.45	
Welimada	-						Slime Apple	28.00 - 32.00	29.60	33.33	42.17	-11.20	-29.80	
N' Eliya	320.00 - 340.00	330.00	320.00	148.75		3.13	121.85	Grapes (Imp., Rs/Kg)						
Imported	170.00 - 220.00	189.50	248.50	130.00		-23.74	45.77	King Coconut	100.00 - 120.00	113.33	113.33	65.00	0.00	74.30
Pulses							Sea Fish							
Green Gram	800.00 - 850.00	823.00	836.00	744.55		-1.56	10.54	Salaya	550.00 - 800.00	706.00	718.00	226.00	-1.67	212.35
Cowpea (White)	680.00 - 750.00	701.00	643.33				Hurulla	1000.00 - 1200.00	1117.50	1011.25	537.50	10.51	107.91	
Cowpea (Red)	580.00 - 680.00	640.00	553.00	491.25		15.73	30.28	Balaya	680.00 - 1250.00	970.00	701.11	376.67	38.35	157.52
Red Dhal	560.00 - 575.00	567.22	584.00	191.00		-2.87	196.97	Kelawalla	1000.00 - 1280.00	1165.00	1328.75	600.00	-12.32	94.17
Vegetable							Thora	1950.00 - 3200.00	2568.75	2442.22	1350.00	5.18	90.28	
Beans (Butter)	-						Paraw	1180.00 - 1400.00	1298.75	1200.00	650.00	8.23	99.81	
Beans(Green)	300.00 - 350.00	321.00	433.00	113.00		-25.87	184.07	Mora	-					
Carrot	200.00 - 240.00	216.36	218.00	127.00		-0.75	70.37	Shrimps	1100.00 - 1650.00	1338.75	1203.75	796.00	11.21	68.18
Leeks	160.00 - 180.00	166.00	147.00	128.00		12.93	29.69	Thalapath	1450.00 - 2100.00	1705.71	1760.00	828.00	-3.08	106.00
Beetroot	220.00 - 300.00	246.67	212.14	105.83		16.27	133.07	Eggs						
Knolkhol	120.00 - 160.00	137.00	129.00	110.00		6.20	24.55	Brown	40.50 - 42.50	41.60	41.90	18.42	-0.72	125.88
Raddish	90.00 - 120.00	101.00	112.00	98.00		-9.82	3.06	White	38.00 - 41.00	39.40	39.90	17.17	-1.25	129.51
Cabbage	180.00 - 220.00	200.00	214.00	114.00		-6.54	75.44	Brinjal	1950.00 - 2300.00	2094.00	2123.33	1075.71	-1.38	94.66
Tomato	130.00 - 150.00	140.00	394.00	79.09		-64.47	77.01	Angulawa	1240.00 - 1700.00	1462.50	1383.75	695.56	5.69	110.20
Ladies Fingers	180.00 - 250.00	217.00	247.00	94.00		-12.15	130.85	Kattawa (Imported)	2100.00 - 2300.00	2226.25	2210.00			
Brinjal	240.00 - 260.00	245.00	288.00	123.00		-14.93	99.19	Thora (Imported)	-					
Capsicum	460.00 - 600.00	521.00	379.00	227.27		37.47	129.24	Mora (Imported)	1900.00 - 2300.00	2094.00	2123.33	1075.71	-1.38	94.66
Pumpkin	200.00 - 230.00	220.00	198.00	84.00		11.11	161.90	Kattawa	-					
Cucumber	70.00 - 100.00	82.00	86.00	92.00		-4.65	-10.87	Kattawa (Imported)	2100.00 - 2300.00	2226.25	2210.00			
Bitter Gourd	300.00 - 350.00	325.00	372.00	192.00		-12.63	69.27	Thora (Imported)	-					
Snake Gourd	180.00 - 210.00	195.00	238.00	150.00		-18.07	30.00	Mora (Imported)	-					
Drumstick	220.00 - 250.00	234.00	235.56	278.00		-0.66	-15.83	Thora	2200.00 - 2380.00	2295.00	2385.00	1266.67	-3.77	81.18
Luffa	130.00 - 160.00	140.00	142.00	81.00		-1.41	72.84	Paraw	-					
Long Beans	180.00 - 200.00	186.00	226.00	109.00		-17.70	70.64	Mora (Imported)	1400.00 - 1550.00	1292.86	1724.44	760.00	-25.03	70.11
Ash Plantain	80.00 - 110.00	99.00	96.00	41.00		3.13	141.46	Balaya (Imported)	-					
Green Chillies	440.00 - 520.00	479.00	427.00	240.00		12.18	99.58	Angulawa	-					
Lime	250.00 - 300.00	276.00	319.00	163.00		-13.48	69.33	Angulawa (Imported)	1850.00 - 2000.00	1944.29	1878.57			
Root Crops							Maduwa	-						
Sweet Potato	120.00 - 130.00	126.00	123.00	72.00		2.44	75.00	Maduwa (Imported)	-					
Manioc	60.00 - 80.00	66.00	67.00	40.00		-1.49	65.00	Koduwa	-					
Mukunuwenna	40.00 - 45.00	41.30	43.00	26.50		-3.95	55.85	Salaya	780.00 - 1280.00	1038.75	1250.00	318.57	-16.90	226.07
Kankun	40.00 - 45.00	41.30	43.00	26.67		-3.95	54.87	Salaya (Imported)	-					
Gotukola (Rs/Kg)	160.00 - 170.00	164.00	174.00	74.00		-5.75	121.62	Koduwa (Imported)	-					
Leafy Vegetable														
Mukunuwenna	40.00 - 45.00	41.30	43.00	26.50		-3.95	55.85	Salaya	780.00 - 1280.00	1038.75	1250.00	318.57	-16.90	226.07
Kankun	40.00 - 45.00	41.30	43.00	26.67		-3.95	54.87	Salaya (Imported)	-					
Gotukola (Rs/Kg)	160.00 - 170.00	164.00	174.00	74.00		-5.75	121.62	Koduwa (Imported)	-					

This Week: Week 27: 01 - 07 July 2022
Last Week: Week 26: 24 - 30 June 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 27: 01 - 07 July 2022

Commodity	Range	Average Price			Change Compared to		Commodity	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>													
<u>Local</u>													
Samba 1	240.00 - 280.00	263.20	278.00	159.85	-14.80	64.66	<u>Coconut</u>		85.00 - 110.00	91.72	94.00	85.83	-2.28 6.86
Samba 2	230.00 - 260.00	250.00	265.00	153.18	-15.00	63.20	Large	70.00 - 80.00	75.00	76.29	70.48	-1.29 6.42	
Keeri Samba	260.00 - 300.00	280.14	288.75		-8.61		Small						
Nadu 1	260.00 - 270.00	261.05	266.25	127.14	-5.20	105.32	<u>Fruits (Rs/Fruit)</u>						
Nadu 2	230.00 - 240.00	236.67	263.33		-26.67		<u>Plantain</u>						
Raw (Red)	240.00 - 280.00	268.93	277.67	106.67	-8.74	152.12	Ambul (Rs/Kg)	80.00 - 160.00	120.00	118.00	109.38	2.00 9.71	
Raw (White)	240.00 - 280.00	272.73	276.07	120.28	-3.34	126.75	Kolikuttu (Rs/Kg)	220.00 - 270.00	247.60	246.86	212.57	0.74 16.48	
<u>Imported</u>							Seeni (Rs/Kg)	100.00 - 150.00	138.52	135.71	140.57	2.80 -1.46	
Samba	220.00 - 260.00	239.72	254.38		-14.65		Anamalu	16.00 - 25.00	20.44	20.82	19.39	-0.38 5.39	
Nadu	230.00 - 240.00	237.22	255.86		-18.64		Ambun	20.00 - 31.00	25.43	25.83	24.42	-0.40 4.13	
Raw (Red)	-	-	-	-	-		Papaw(Rs/Kg)	150.00 - 260.00	221.15	222.50	157.81	-1.35 40.14	
Raw (White)	200.00 - 240.00	222.22	239.68		-17.46		Passion Fruit	29.00 - 50.00	40.56	41.14	21.96	-0.59 84.65	
<u>Dried Chilies</u>							Pineapple Large	450.00 - 600.00	496.00	455.56	231.79	40.44 113.99	
Imported	1980.00 - 2200.00	2160.00	2192.41	608.06	-32.41	255.23	Pineapple Medium	360.00 - 420.00	392.63	370.00	171.07	22.63 129.51	
							Pineapple Small	280.00 - 350.00	325.22	281.00	140.71	44.22 131.12	
<u>Onion</u>							<u>Mango</u>						
Sinnan	-	-	-	-	-	-	Betti	-	-	-	-	-	
Vedalan	-	-	-	-	-	-	Karthakoloman	100.00 - 160.00	134.74	120.00	85.00	14.74 58.51	
Imported	380.00 - 600.00	449.12	460.54	354.54	-11.42	26.68	Vilad	60.00 - 80.00	64.62				
<u>Big Onion</u>							Kohu	-	-	-	-	-	
Imported	180.00 - 240.00	216.22	219.47	109.72	-3.26	97.06	<u>Other</u>						
Local	-	-	-	-	-	-	Wood Apple	80.00 - 120.00	99.52	97.39	80.00	2.13 24.40	
<u>Potato</u>							Orange	80.00 - 100.00	92.00	95.56	60.17	-3.56 52.89	
Welimada	-	-	-	-	-	-	Avocado	70.00 - 120.00	94.50	96.92	83.85	-2.42 12.71	
N'Eliya	380.00 - 460.00	408.67	392.86	197.22	15.81	107.21	Slime Apple	40.00 - 80.00	62.41	74.58	80.40	-12.17 -22.37	
Imported	240.00 - 300.00	268.24	281.03	146.22	-12.80	83.45	Grapes (Imp., Rs/Kg)	-	-	-	986.21		
<u>Pulses</u>							King Coconut	110.00 - 150.00	127.37	123.68	88.18	3.68 44.44	
Green Gram	900.00 - 1100.00	995.16	1023.64	823.08	-28.48	20.91							
Cowpea (White)	780.00 - 950.00	819.31	814.07	711.53	5.24	15.15	<u>Sea Fish</u>						
Cowpea (Red)	650.00 - 800.00	718.46	711.25	721.42	7.21	-0.41	Salaya	800.00 - 920.00	847.69	776.25	293.33	71.44 188.99	
Red Dhal	600.00 - 660.00	630.00	643.24	208.46	-13.24	202.21	Hurulla	1100.00 - 1200.00	1162.00	1160.95	606.67	1.05 91.54	
<u>Vegetable</u>							Balaya	1600.00 - 1800.00	1684.44	1593.33	901.33	91.11 86.88	
Beans (Butter)	-	-	-	-	-	-	Kelawalla	1800.00 - 2800.00	2230.00	2256.25	1100.00	-26.25 102.73	
Beans(Green)	350.00 - 520.00	453.87	625.16	202.33	-171.29	124.32	Thora	2600.00 - 3500.00	3034.29	2942.86	1615.00	91.43 87.88	
Carrot	240.00 - 480.00	376.13	380.97	187.24	-4.84	100.88	Paraw	1800.00 - 2800.00	2271.43	2066.67	1171.00	204.76 93.97	
Leeks	220.00 - 400.00	291.94	276.33	222.00	15.60	31.50	Mora	-	-	-	870.00		
Beetroot	250.00 - 450.00	352.58	343.85	182.67	8.73	93.02	Shrimps	1300.00 - 1600.00	1458.67	1437.39	1091.58	21.28 33.63	
Knolkhol	160.00 - 360.00	309.60	304.48	177.33	5.12	74.59	Thalapath	2400.00 - 2760.00	2483.16	2486.36	1292.00	-3.21 92.19	
Raddish	120.00 - 300.00	223.33	246.45	155.00	-23.12	44.09	<u>Eggs</u>						
Cabbage	280.00 - 480.00	376.21	378.39	192.00	-2.18	95.94	Brown	39.00 - 46.00	42.29	43.29	19.43	-1.00 117.68	
Tomato	200.00 - 400.00	307.59	549.31	147.67	-241.72	108.30	White	38.00 - 43.00	40.75	41.81	18.50	-1.06 120.27	
Ladies Fingers	240.00 - 440.00	342.07	351.33	169.33	-9.26	102.01	<u>Dried Fish</u>						
Brinjal	300.00 - 480.00	381.29	395.93	188.00	-14.64	102.81	Sprats	2000.00 - 3000.00	2570.00	2663.64	1362.50	-93.64 88.62	
Capsicum	500.00 - 800.00	624.14	616.21	310.00	7.93	101.33	Sprats (Imported)	1500.00 - 2000.00	1804.35	1776.92	830.48	27.42 117.27	
Pumpkin	240.00 - 360.00	301.33	274.00	156.55	27.33	92.48	Kattawa	3000.00 - 3800.00	3255.00	3086.36	1630.95	168.64 99.58	
Cucumber	120.00 - 240.00	186.13	187.67	149.67	-1.54	24.36	Thora	-	-	-	2050.00		
Bitter Gourd	350.00 - 600.00	488.93	570.33	277.33	-81.40	76.30	Mora	2800.00 - 3200.00	2912.50	2917.39	1523.53	-4.89 91.17	
Snake Gourd	220.00 - 400.00	353.10	375.20	233.67	-22.10	51.11	Balaya	2000.00 - 2800.00	2445.83	2512.00	1023.81	-66.17 138.90	
Drumstick	300.00 - 450.00	391.03	593.23	465.52	-202.19	-16.00	Anguluwa	2600.00 - 2900.00	2800.00	2760.00	1476.92	40.00 89.58	
Luffa	160.00 - 360.00	278.71	302.00	193.79	-23.29	43.82	Maduwa	-	-	-			
Long Beans	200.00 - 400.00	317.33	372.26	194.33	-54.92	63.29	Koduwa	-	-	-			
Ash Plantain	140.00 - 240.00	201.94	190.00	123.33	11.94	63.73	Salaya	1200.00 - 1600.00	1506.25	1755.00	569.23	-248.75 164.61	
Green Chillies	500.00 - 800.00	672.26	657.42	328.28	14.84	104.78	<u>Meat</u>						
Lime	400.00 - 700.00	582.07	616.13	300.00	-34.06	94.02	Beef (without Bones)	2000.00 - 2300.00	2100.00	2000.00	1150.00	100.00 82.61	
<u>Root Crops</u>							Chicken (Broiler)	1130.00 - 1280.00	1235.71	1220.00	653.75	15.71 89.02	
Sweet Potato	150.00 - 320.00	237.67	213.33	133.00	24.33	78.70	Chicken (Curry)	870.00 - 1280.00	1097.14	1102.22	630.00	-5.08 74.15	
Manioc	100.00 - 180.00	148.97	155.48	73.70	-6.52	102.11	Mutton	2400.00 - 2800.00	2642.86	2500.00	2050.00	142.86 28.92	
<u>Leafy Vegetable</u>							Pork	1000.00 - 1300.00	1075.00	1075.00	850.00	0.00 26.47	
Mukunuwenna	60.00 - 100.00	73.89	73.68	43.16	0.20	71.21							
Kankun	60.00 - 100.00	73.89	73.68	43.16	0.20	71.21							
Gotukola	60.00 - 100.00	76.67	78.42	53.68	-1.75	42.81							

This Week: Week 27: 01 - 07 July 2022
Last Week: Week 26: 24 - 30 June 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 27: 01 - 07 July 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			Vegetable (Up Country)			Snake Gourd		
Short Grain			Beans			Dambulla	145.00 – 167.50	156.00
A'pura	128.00 – 130.00	128.80	Dambulla	230.00 – 250.00	242.00	Hambantota	130.00 – 140.00	135.00
P'naruwa	134.00 – 135.00	134.50	Welimada	225.00 – 240.00	233.00	Embilipitiya	160.00 – 180.00	172.50
Kalawewa	125.00 – 135.00	129.00	Badulla	240.00 – 260.00	252.00	Matara	–	
Kurunegala	140.00 – 145.00	141.40	Carrot			A'pura	100.00 – 110.00	104.00
Dehiattakandiya	130.00 – 130.00	130.00	N'Eliya	180.00 – 195.00	188.00	Luffa		
Nikaweratiya	125.00 – 140.00	132.80	Welimada	145.00 – 160.00	153.00	Dambulla	105.00 – 115.00	110.00
Ampara	130.00 – 130.00	130.00	Hanguranketha	160.00 – 180.00	173.00	Hambantota	120.00 – 130.00	123.33
Long Grain (White)			Leeks			Embilipitiya	160.00 – 180.00	173.00
A'pura	128.00 – 130.00	128.80	N'Eliya	130.00 – 140.00	134.00	Matara	–	
P'naruwa	134.00 – 135.00	134.50	Welimada	120.00 – 130.00	124.00	A'pura	60.00 – 70.00	64.00
Kalawewa	120.00 – 135.00	127.00	Beetroot			Green Chillies		
Kurunegala	140.00 – 145.00	141.40	N'Eliya	185.00 – 200.00	192.00	Dambulla	390.00 – 440.00	418.00
Dehiattakandiya	130.00 – 130.00	130.00	Dambulla	190.00 – 210.00	202.50	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	400.00 – 450.00	426.00
Nikaweratiya	125.00 – 140.00	134.40	Welimada	175.00 – 190.00	185.00	Puttalam	330.00 – 420.00	368.33
Hambantota	–		Hanguranketha	150.00 – 160.00	156.60	A'pura	340.00 – 350.00	344.00
Ampara	125.00 – 130.00	127.50	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	100.00 – 110.00	105.00	Dambulla	182.50 – 210.00	196.50
Matara	130.00 – 135.00	133.33	Welimada	90.00 – 110.00	99.00	Hambantota	100.00 – 130.00	115.00
Hambantota	135.00 – 136.00	135.33	Hanguranketha	70.00 – 80.00	75.00	Embilipitiya	175.00 – 180.00	178.33
Embilipitiya	130.00 – 132.00	130.75	Raddish			Matara	130.00 – 140.00	135.00
Keeri Samba			N'Eliya	65.00 – 70.00	67.60	A'pura	140.00 – 150.00	144.00
A'pura	–		Welimada	60.00 – 70.00	64.00	Moneragala	–	
P'naruwa	140.00 – 141.00	140.40	Hambantota	60.00 – 80.00	70.00	Cucumber		
Kalawewa	125.00 – 135.00	130.00	Hanguranketha	50.00 – 60.00	54.80	A'pura	30.00 – 35.00	32.00
Kurunegala	–		Cabbage			Dambulla	38.00 – 48.00	44.40
Dehiattakandiya	137.00 – 138.00	137.33	N'Eliya	200.00 – 215.00	206.00	Hambantota	60.00 – 90.00	75.00
Red Onion			Welimada	145.00 – 160.00	153.00	Matara	–	
Puttalam	350.00 – 370.00	357.00	Badulla	175.00 – 200.00	187.00	Long Beans		
Jaffna	–		Hanguranketha	150.00 – 180.00	158.00	Dambulla	150.00 – 172.50	161.00
Big Onion			Tomato			Hambantota	100.00 – 120.00	110.00
Dambulla	–		Welimada	70.00 – 80.00	74.00	Embilipitiya	240.00 – 260.00	252.00
Kalawewa	–		Hambantota	70.00 – 80.00	76.67	Matara	200.00 – 220.00	213.33
A'pura	–		Dambulla	100.00 – 120.00	111.00	A'pura	90.00 – 100.00	94.00
Potato			Hanguranketha	60.00 – 75.00	66.80	Ash Plantain		
N'Eliya	330.00 – 340.00	336.00	Vegetable (Low Country)			Hambantota	35.00 – 40.00	36.25
Badulla	–		Ladies Fingers			Embilipitiya	45.00 – 55.00	49.00
Welimada	325.00 – 340.00	332.00	A'pura	140.00 – 150.00	144.00	Matara	55.00 – 65.00	60.00
Pulses			Dambulla	172.50 – 190.00	185.00	Lime		
Green Gram			Hambantota	80.00 – 110.00	95.00	Hambantota	–	
Hambantota	–		Embilipitiya	180.00 – 200.00	190.00	Embilipitiya	320.00 – 350.00	338.00
Moneragala	650.00 – 670.00	662.00	Matara	150.00 – 170.00	160.00	Moneragala	180.00 – 200.00	188.00
Embilipitiya	670.00 – 680.00	675.00	Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	550.00 – 650.00	600.00	A'pura	150.00 – 160.00	154.00	Banana		
A'pura	680.00 – 700.00	688.00	Dambulla	167.50 – 220.00	193.50	Ambul		
Cowpea			Hambantota	–		Moneragala	20.00 – 25.00	23.00
Hambantota	–		Embilipitiya	160.00 – 180.00	172.00	Embilipitiya	35.00 – 50.00	42.00
Nikaweratiya	450.00 – 550.00	512.50	Matara	180.00 – 200.00	193.33	Hambantota	50.00 – 60.00	56.67
Moneragala	520.00 – 550.00	532.00	Welimada	230.00 – 245.00	237.00	Kolikuttu		
Embilipitiya	540.00 – 550.00	545.00	Capsicum			Moneragala	80.00 – 90.00	86.00
Maize			Badulla	–		Embilipitiya	120.00 – 130.00	125.00
A'pura	200.00 – 210.00	204.00	Welimada	410.00 – 420.00	414.00	Hambantota	140.00 – 150.00	145.00
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly	440.00 – 450.00	444.00	A'pura	180.00 – 200.00	188.00	Moneragala	70.00 – 80.00	76.00
A'pura	440.00 – 450.00	444.00	Dambulla	250.00 – 270.00	258.00	Embilipitiya	100.00 – 115.00	107.00
Kalawewa	–		Hambantota	–		Hambantota	130.00 – 140.00	135.00
Black Gram			Embilipitiya	400.00 – 420.00	412.50	Pineapple		
A'pura	420.00 – 430.00	424.00	Matara	400.00 – 430.00	416.67	Divulapitiya	–	
Kalawewa	300.00 – 350.00	325.00						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 27: 01 - 07 July 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NULEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA															
Rice																								
Local																								
Samba 1	260.00	-	270.00	-	280.00	-	280.00	270.00	-	270.00	240.00	-	240.00	250.00	-	260.00	260.00	-	260.00					
Samba 2	260.00	-	260.00	-	-	-	-	230.00	-	230.00	260.00	-	260.00	-	-	250.00	-	250.00	-	250.00				
Keeri Samba	270.00	-	275.00	280.00	-	280.00	-	300.00	270.00	-	280.00	260.00	-	260.00	270.00	-	270.00	280.00	-	300.00	300.00	-	300.00	
Nadu 1	260.00	-	270.00	-	260.00	-	260.00	-	-	260.00	-	260.00	-	-	260.00	-	260.00	260.00	-	260.00	260.00	-	260.00	
Nadu 2	-	-	-	-	-	-	-	-	-	240.00	-	240.00	230.00	-	230.00	-	-	240.00	-	240.00	-	240.00	-	240.00
Raw (Red)	240.00	-	270.00	-	270.00	-	280.00	260.00	-	260.00	-	260.00	260.00	-	280.00	270.00	-	280.00	280.00	-	280.00	-	280.00	
Raw (White)	240.00	-	270.00	-	280.00	-	280.00	-	-	260.00	-	260.00	270.00	-	270.00	280.00	-	280.00	280.00	-	270.00	-	280.00	
Imported										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Samba	220.00	-	240.00	240.00	-	240.00	220.00	-	240.00	230.00	-	240.00	230.00	-	260.00	240.00	-	240.00	240.00	-	250.00	-	250.00	
Nadu	230.00	-	240.00	240.00	-	240.00	230.00	-	240.00	230.00	-	240.00	240.00	-	240.00	240.00	-	240.00	240.00	-	240.00	-	240.00	
Raw (Red)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Raw (White)	200.00	-	220.00	240.00	-	240.00	210.00	-	230.00	210.00	-	220.00	200.00	-	240.00	210.00	-	240.00	210.00	-	220.00	220.00	-	240.00
Dried Chillies										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Imported	1980.00	-	2100.00	2200.00	-	2200.00	2000.00	-	2000.00	2200.00	-	2200.00	2200.00	-	2200.00	2200.00	-	2200.00	2000.00	-	2200.00	2000.00	-	2200.00
Red Onion										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Sinnan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Vedalan	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Imported	380.00	-	480.00	600.00	-	600.00	400.00	-	600.00	400.00	-	600.00	400.00	-	560.00	400.00	-	400.00	500.00	-	500.00	400.00	-	400.00
Big Onion										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Imported	180.00	-	200.00	240.00	-	240.00	200.00	-	220.00	200.00	-	240.00	200.00	-	240.00	220.00	-	220.00	240.00	-	200.00	-	240.00	
Local	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Potato										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Welimada	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
N'Eliya	400.00	-	400.00	400.00	-	440.00	380.00	-	440.00	400.00	-	460.00	460.00	-	460.00	380.00	-	380.00	380.00	-	400.00	-	400.00	
Imported	240.00	-	280.00	240.00	-	240.00	240.00	-	260.00	280.00	-	300.00	240.00	-	280.00	260.00	-	260.00	280.00	-	300.00	280.00	-	300.00
Pulses										-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Green Gram	920.00	-	1000.00	1000.00	-	1000.00	1000.00	-	1000.00	1000.00	-	1000.00	900.00	-	1100.00	1000.00	-	1000.00	1050.00	-	900.00	-	1000.00	
Cowpea (White)	780.00	-	780.00	800.00	-	950.00	800.00	-	800.00	800.00	-	800.00	780.00	-	800.00	780.00	-	800.00	800.00	-	850.00	800.00	-	950.00
Cowpea (Red)	680.00	-	680.00	800.00	-	800.00	800.00	-	800.00	700.00	-	800.00	680.00	-	680.00	650.00	-	650.00	650.00	-	650.00	650.00	-	700.00
Red Dhal	600.00	-	620.00	620.00	-	620.00	620.00	-	660.00	620.00	-	660.00	630.00	-	660.00	620.00	-	640.00	620.00	-	640.00	620.00	-	620.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 27: 01 - 07 July 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA	
<u>Vegetable</u>										
Beans	350.00	- 450.00	480.00	- 520.00	480.00	- 520.00	440.00	- 500.00	440.00	- 500.00
Carrot	240.00	- 300.00	440.00	- 480.00	400.00	- 480.00	400.00	- 480.00	400.00	- 480.00
Leeks	220.00	- 250.00	320.00	- 360.00	300.00	- 320.00	280.00	- 400.00	220.00	- 300.00
Beetroot	250.00	- 300.00	360.00	- 400.00	380.00	- 400.00	400.00	- 450.00	320.00	- 360.00
Knolkhol	160.00	- 180.00	320.00	- 320.00	320.00	- 360.00	320.00	- 360.00	240.00	- 320.00
Raddish	120.00	- 160.00	280.00	- 300.00	240.00	- 280.00	200.00	- 300.00	140.00	- 200.00
Cabbage	300.00	- 350.00	400.00	- 480.00	360.00	- 400.00	400.00	- 480.00	280.00	- 400.00
Tomato	200.00	- 240.00	400.00	- 400.00	360.00	- 400.00	320.00	- 400.00	200.00	- 400.00
Ladies Fingers	240.00	- 320.00	400.00	- 400.00	320.00	- 400.00	400.00	- 440.00	260.00	- 400.00
Brinjal	300.00	- 320.00	400.00	- 480.00	320.00	- 400.00	400.00	- 440.00	320.00	- 480.00
Capsicum	500.00	- 600.00	600.00	- 640.00	700.00	- 720.00	600.00	- 800.00	500.00	- 600.00
Pumpkin	250.00	- 300.00	280.00	- 320.00	320.00	- 320.00	320.00	- 360.00	240.00	- 320.00
Cucumber	120.00	- 140.00	200.00	- 240.00	200.00	- 240.00	160.00	- 200.00	160.00	- 240.00
Bitter Gourd	350.00	- 400.00	440.00	- 480.00	500.00	- 600.00	600.00	- 600.00	400.00	- 500.00
Snake Gourd	220.00	- 280.00	360.00	- 400.00	400.00	- 400.00	400.00	- 400.00	240.00	- 300.00
Drumstick	300.00	- 400.00	360.00	- 450.00	320.00	- 450.00	300.00	- 400.00	400.00	- 450.00
Luffa	160.00	- 220.00	320.00	- 360.00	280.00	- 360.00	240.00	- 360.00	240.00	- 320.00
Long Beans	240.00	- 300.00	400.00	- 400.00	400.00	- 320.00	300.00	- 360.00	200.00	- 320.00
Ash Plantain	140.00	- 160.00	200.00	- 240.00	160.00	- 240.00	200.00	- 240.00	140.00	- 240.00
Green Chillies	500.00	- 550.00	700.00	- 800.00	800.00	- 800.00	600.00	- 800.00	600.00	- 800.00
Lime	400.00	- 450.00	600.00	- 700.00	600.00	- 700.00	600.00	- 700.00	400.00	- 700.00
<u>Root Crops</u>										
Sweet Potato	150.00	- 160.00	200.00	- 240.00	240.00	- 240.00	240.00	- 280.00	320.00	- 320.00
Manioc	120.00	- 140.00	180.00	- 180.00	120.00	- 160.00	160.00	- 180.00	160.00	- 180.00
<u>Leafy Vegetable</u>										
Mukunuwenna	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00
Kankun	60.00	- 60.00	80.00	- 80.00	70.00	- 70.00	80.00	- 80.00	70.00	- 70.00
Gotukola	60.00	- 70.00	80.00	- 80.00	70.00	- 80.00	80.00	- 80.00	70.00	- 70.00
<u>Coconut</u>										
Large	90.00	- 95.00	85.00	- 100.00	85.00	- 90.00	90.00	- 95.00	85.00	- 95.00
Small	75.00	- 80.00	80.00	- 80.00	70.00	- 80.00	70.00	- 80.00	70.00	- 80.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)

Week 27: 01 - 07 July 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	80.00	-	100.00	160.00	-	160.00	140.00	-	150.00
Kolikuttu (Rs/Kg)	220.00	-	250.00	250.00	-	260.00	260.00	-	270.00
Seenii (Rs/Kg)	120.00	-	130.00	140.00	-	150.00	140.00	-	150.00
Anamalu	16.00	-	18.00	22.00	-	24.00	22.00	-	25.00
Ambun	20.00	-	22.00	28.00	-	30.00	27.00	-	31.00
<u>Pineapple</u>									
Large	450.00	-	450.00	450.00	-	600.00	450.00	-	600.00
Medium	400.00	-	400.00	360.00	-	420.00	380.00	-	400.00
31 Small	280.00	-	350.00	-	-	-	350.00	-	350.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	140.00	-	150.00	100.00	-	130.00	130.00	-	160.00
Vilad	60.00	-	60.00	60.00	-	70.00	60.00	-	80.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	80.00	-	100.00	80.00	-	100.00	80.00	-	120.00
Orange	-	-	-	100.00	-	100.00	80.00	-	100.00
Avocado	70.00	-	80.00	80.00	-	100.00	100.00	-	120.00
Slime Apple	40.00	-	60.00	60.00	-	70.00	50.00	-	80.00
Grapes (Rs/Kg)	-	-	-	-	-	-	-	-	-
Papaw (Rs/Kg)	150.00	-	170.00	250.00	-	260.00	250.00	-	260.00
Passion	29.00	-	33.00	46.00	-	50.00	42.00	-	50.00
King Coconut	110.00	-	120.00	140.00	-	150.00	150.00	-	150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 27: 01 - 07 July 2022

CROP	PETTAH	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	920.00	920.00	800.00	920.00	-	-	800.00	900.00	800.00
Hurulla	-	-	-	-	1200.00	1200.00	-	1100.00	1120.00
Balaya	1600.00	1600.00	1720.00	1720.00	1600.00	1600.00	-	1800.00	1800.00
Kelawalla	2000.00	2000.00	2400.00	2560.00	-	2800.00	2800.00	2720.00	2720.00
Thora	3500.00	3500.00	2700.00	2720.00	-	-	2600.00	2600.00	-
Paraw	2800.00	2800.00	2400.00	2400.00	-	2600.00	2600.00	2200.00	2200.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	1300.00	1400.00	1520.00	1520.00	1500.00	1600.00	-	1500.00	1520.00
Talapath	2600.00	2600.00	2560.00	2560.00	2400.00	2400.00	2760.00	2760.00	2400.00
32 <u>Eggs (Rs/Egg)</u>									
Brown	39.00	39.50	-	39.00	40.00	46.00	46.00	45.00	45.00
White	38.00	38.50	-	38.00	38.00	42.00	43.00	41.00	42.00
<u>Dried Fish</u>									
Sprats	2600.00	2600.00	-	2800.00	2800.00	2000.00	2000.00	2900.00	3000.00
Kattawa	-	3200.00	3200.00	3000.00	3200.00	3300.00	3800.00	3500.00	3800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	-	2800.00	2800.00	3000.00	3200.00	3000.00	3200.00	2800.00	3000.00
Balaya	2100.00	2400.00	2800.00	2800.00	2500.00	2800.00	2400.00	2500.00	2800.00
Anguluwa	-	2800.00	2800.00	2600.00	2800.00	-	-	-	2800.00
Salaya	1200.00	1300.00	-	1600.00	1600.00	1500.00	1600.00	-	1400.00
<u>Meat</u>									
Beef (without Bones)	-	2000.00	2000.00	2100.00	2100.00	-	2300.00	2300.00	-
Chicken (Broiler)	-	-	1280.00	1280.00	1280.00	1280.00	1230.00	1230.00	1130.00
Chicken (Curry)	-	-	1280.00	1280.00	1150.00	1150.00	1000.00	1000.00	870.00
Mutton	-	2500.00	2500.00	2700.00	2700.00	-	2600.00	2600.00	2400.00
Pork	-	1000.00	1000.00	1300.00	1300.00	-	-	-	1000.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (μ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (μ g/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies												
Onion	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes												
	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

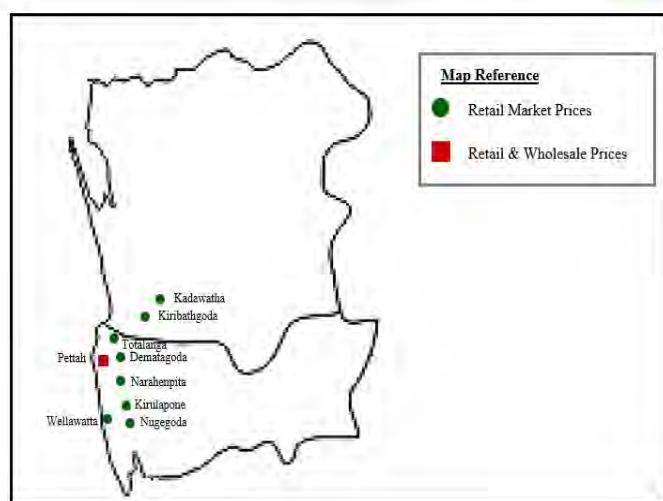
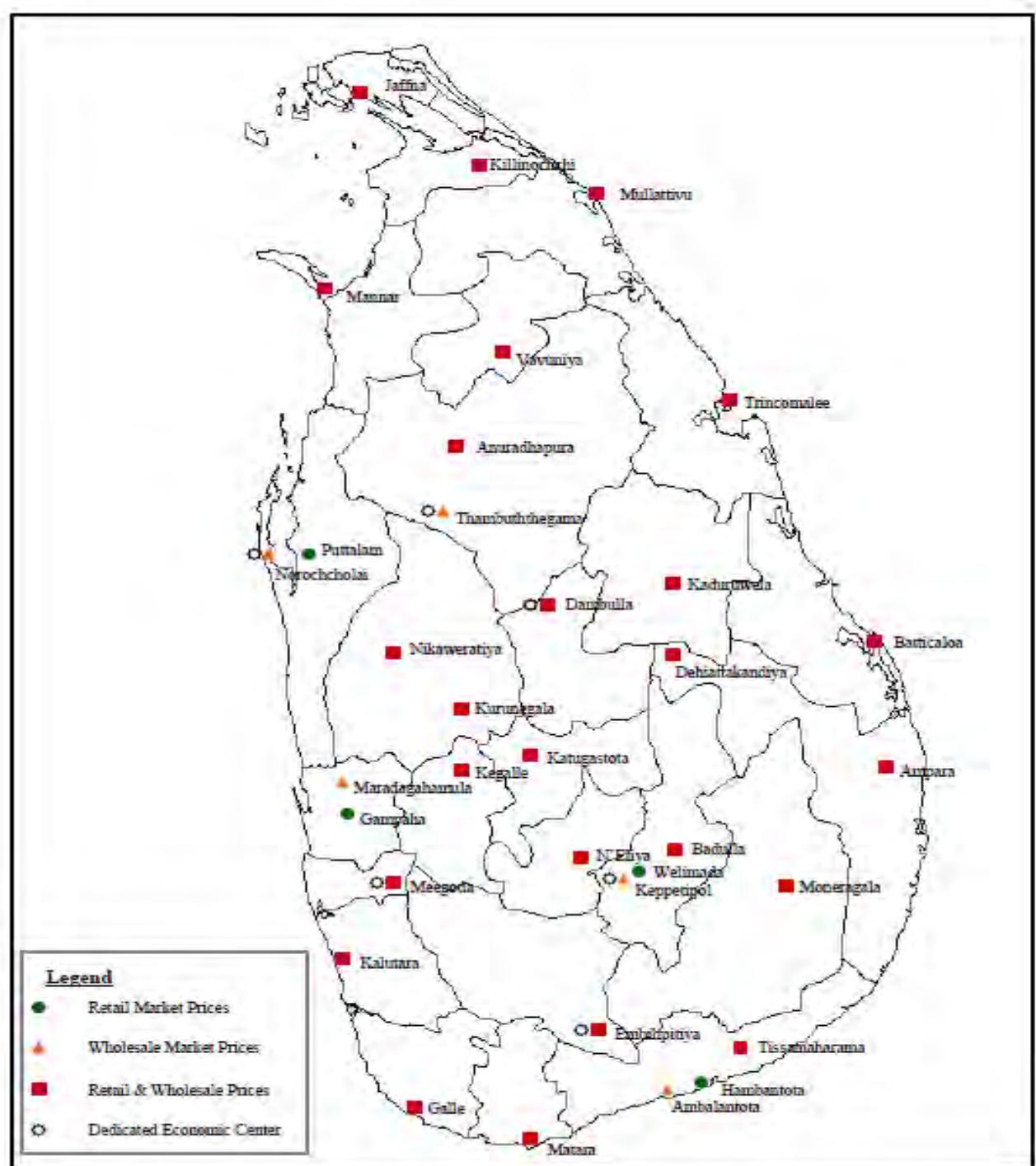
Meat

Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla Karalla / Katuwalla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Kumbala / Angila	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Salaya / Sudaya Theppli / Telapiya / Korali	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
Prawns	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Crabs	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Cuttle fish	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Linna	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Coppa	112	20.3	3.37	15.78	0.23	0.68	59.78					
Ray (Maduwa)	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66
Eggs											
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51
Fruits											
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



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