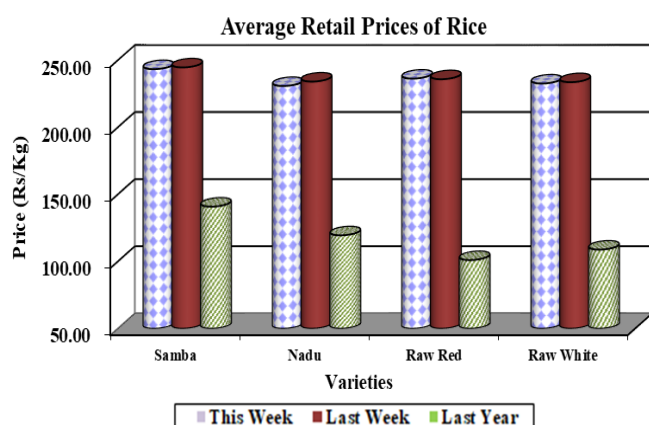
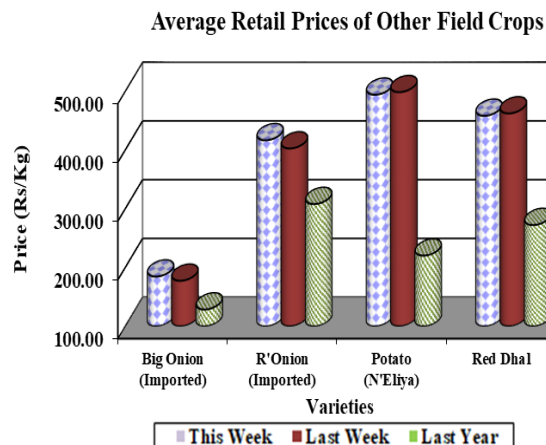


RETAIL MARKET AT A GLANCE**Summary****Rice**

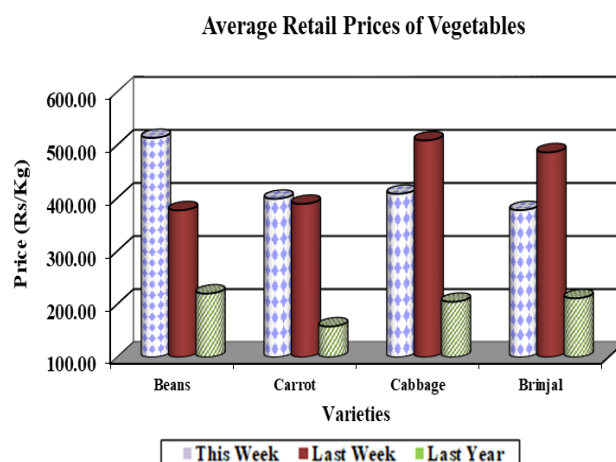
Prices of all local rice varieties have decreased by Rs.1.00-6.00/kg. The highest price decrease was reported for Nadu grade I (Rs.6.00/kg). Average prices of grade I samba and nadu were Rs.250.00/kg and Rs.235.00/kg respectively. Prices of all Imported rice varieties have increased by Rs.5.00-10.00/kg. The highest price increase was reported for imported samba as Rs.10.00/kg. The average prices of imported nadu and raw white were Rs.204.00/kg and Rs.196.00/kg.

(Page No.01)**Other Field Crops**

Price of imported dried chilies has increased by Rs.26.00/kg. The prices of onion ranged Rs.340/kg to Rs.600/kg. Prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.20.00/kg and Rs.4.00/kg respectively.

(Page No.02-04)**Vegetables**

In line with the increased wholesale prices, retail prices of most vegetables have increased. Considering up-country vegetables, the highest price increase was reported for beans as Rs.136.00/kg. Considering low country vegetables, the highest price increase was reported for drumsticks as Rs.182.00/kg.

(Page No.04-05)

Rice

Wholesale

Prices of all types of local rice varieties have not changed significantly. Average prices of grade I samba and nadu were RS.227.00/kg and Rs.218.00/kg respectively. Price range grade II samba and nadu were Rs.215.00-225.00/kg and Rs.205.00-215.00/kg respectively. Average prices of keeri samba, raw red and raw white were Rs.247.00/kg, Rs.210.00/kg and Rs.205.00/kg respectively.

Price of imported nadu has increased by 1% due to supply shortage. Average prices of ponni samba, imported nadu were Rs.183.00/kg and imported raw white rice price was Rs.168.00/kg.

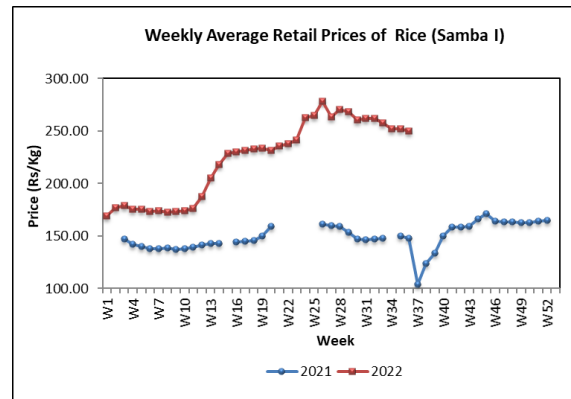
Compared to the same period of last year, prices of most of local rice varieties have increased in the range of 103%-126% and the highest recorded for raw red.

Retail

Prices of all local rice varieties have decreased by Rs.1.00-6.00/kg. The highest price decrease was reported for nadu grade I by Rs.6.00/kg and the price ranged between Rs.230.00-240.00/kg.

Prices of all imported rice varieties have increased by Rs.5.00-10.00/kg. The highest price increase was reported for imported samba as Rs.10.00/kg. The

average prices of imported nadu and raw white were Rs.204.00/kg and Rs.196.00/kg.



Compared to the same period of last year, prices of all local rice varieties have increased by 69%-134%.

Paddy

The average farm gate prices of all major paddy varieties have decreased considerably in major paddy producing areas due to the peak harvesting of paddy in yala 2022. Accordingly, the average price of short grain paddy (samba) has decreased by Rs.1.00-10.00/kg and the farm gate prices ranged Rs.100.00-125.00/kg. Subsequently, the average price of keeri samba paddy also decreased by Rs.2.00-13.00/kg and the highest farm gate price was reported from Polonnaruwa area. Keeri samba prices ranged between Rs.105.00-125.00/kg.

Further, Rs.1.00-6.00/kg price decrease was reported for long grain white (nadu) paddy. The price decrease of Rs.11.00/kg (9%) was reported from long grain red

paddy (raw red) in Matara area and the prices ranged between Rs.110.00-125.00/kg.

Compared to the same period of last year, farm gate prices of all paddy varieties have increased by 97%-144%. The highest farm gate price increase (144%) was recorded for long grain white(nadu) paddy in Hambanthota area when compared to last year.

Dried Chilies

Wholesale

Price of imported dried chilies has increased by 2% due to availability of high quality stocks in the market and the price ranged Rs.1500.00-1650.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 207%.

Retail

Price of imported dried chilies has increased by Rs.26.00/kg and the price ranged Rs.1600.00-2000.00/kg.

Compared to the same period of last year, price of imported dried chilies has increased by 209%.

Onion

Wholesale

Wholesale prices of imported and vedalan red onions have increased by 14% and 9% respectively due to decreased supply of

both imported and local stocks. Their average prices were Rs.386.00/kg and Rs.436.00/kg respectively.

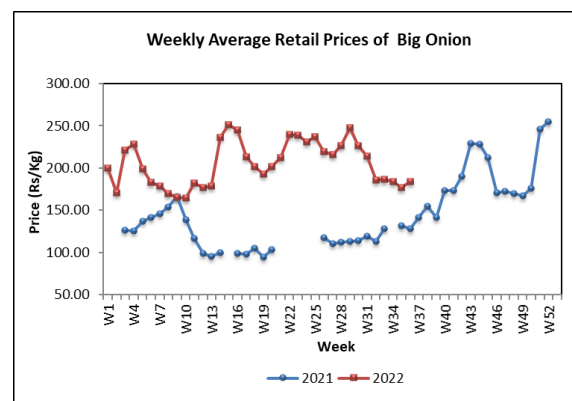
Price of imported big onion has decreased by 5% due to increased supply of Indian stocks and the price ranged Rs.138.00-145.00/kg.

Compared to the same period of last year, prices of vedalan and imported big onion have increased by 76% and 37% respectively.

Retail

Price of sinnan red onion has decreased by Rs.19.00/kg and the price range was Rs.340.00-380.00/kg. Price of vedalan and imported red onions have increased by Rs.29.00/kg and Rs.14.00/kg respectively. Price ranges were Rs.480.00-600.00/kg and Rs.400.00-480.00/kg respectively.

Price of imported big onion has increased by Rs.7.00/kg and price range was Rs.160.00-200.00/kg.



Compared to the same period of last year, prices of sinnan, vedalan, imported red

onion and imported big onion have increased by 28%, 69% 35% and 44% respectively.

Potato

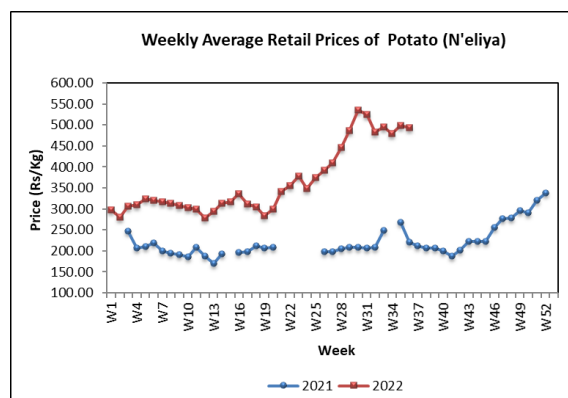
Wholesale

Prices of both Welimada and Nuwara Eliya potatoes have decreased by 4% and 3% respectively due to increased supply of stocks and their price ranges were Rs.300.00-340.00/kg and Rs.320.00-380.00/kg respectively. Price of imported potato has increased by 12% due to limited supply of stocks from Pakistan and the price ranged Rs.190.00-350.00/kg.

Compared to the same period of last year, prices of all types of potatoes have increased in the range of 88%-96%.

Retail

Prices of Welimada and Nuwara Eliya potatoes have decreased by Rs.20.00/kg and Rs.4.00/kg respectively. Prices ranged Rs.320.00-400.00/kg and Rs.440.00-560.00/kg respectively.



Price of imported potato has increased by Rs.41.00/kg and price range was Rs.200.00-320.00/kg.

Compared to the same period of the last year, Welimada, Nuwara Eliya and imported potatoes have increased by 90%, 124% and 76% respectively.

Pulses

Wholesale

Prices of both green gram and red cowpea have increased by 3% while price of white cowpea has increased by 2% due to decreased supply of local stocks to the market and their average prices were Rs.841.00/kg, Rs.719.00/kg and Rs.727.00/kg respectively. Price of red dhal has further decreased by 2% during this week due to increased supply and the price ranged Rs.405.00-420.00/kg.

Compared to the same period of last year, prices of all types of pulses have increased and the highest price increase was reported for red cowpea as 92%.

Retail

Prices of green gram, cowpea white and have increased by Rs.30.00/kg, and cowpea red by Rs.41.00/kg respectively and price ranges were Rs.900.00-1100.00/kg, Rs.800.00-980.00/kg and Rs.720.00-950.00/kg respectively.

Price of red dhal has decreased by Rs.4.00/kg and the price range was Rs.440.00-480.00/kg.

Compared to the same period of last year, prices of green gram, cowpea white, cowpea red and red dhal have increased by 13%, 25%, 26% and 68% respectively.

Vegetable

Wholesale

Prices of most of the vegetable varieties have increased due to decreased market supply with the rainy weather condition experienced in many parts of the island.

Considering upcountry vegetables, the highest price increase was reported for beans and raddish by 32% followed by 19% for knolkhol. Further, carrot, beet root and leeks have increased by 6%-10% due to decreased supply from Nuwara Eliya and Welimada areas. However, price of cabbage has decreased by 13% due to increased supply from Nuwara Eliya and Thalawakele areas.

Meanwhile, price of tomato has increased by 23% due to decreased supply from Sooriyawewa and Kandy areas. Further, price of capsicum has increased by 1%.

Considering, low country vegetables, the highest price increase was reported for drumstick by 51% due to decreased supply

from Kalpitiya and Jaffna areas. In addition, prices of ladies fingers, ash plantain and luffa has increased by 39%, 10% and 5% respectively due to decreased supply from Embilipitiya and Sooriyawewa areas. Meanwhile, price of long beans has increased by 32% due to decreased supply from Puttalam and Balangoda areas. Further, price of pumpkin has increased by 26% due to limited supply. However, price of bitter gourd, brinjal and cucumber have decreased by 26%, 20% and 6% respectively due to increased supply from Embilipitiya and Thambuththegama areas.

Meanwhile, price of green chilies has decreased by 23% and price of lime has increased by 36%.

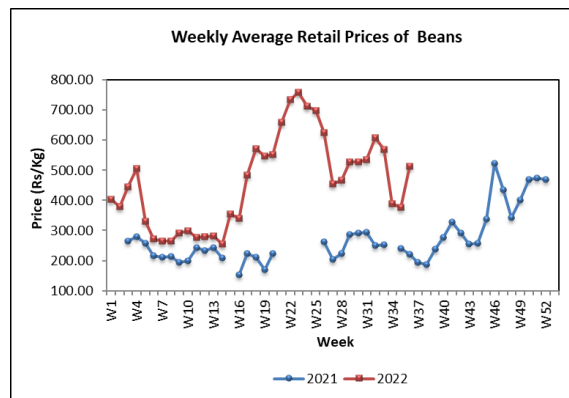
Compared to the same period of last year, wholesale price of most of the vegetable varieties have increased with the highest price increase of 437% was reported for cucumber.

Retail

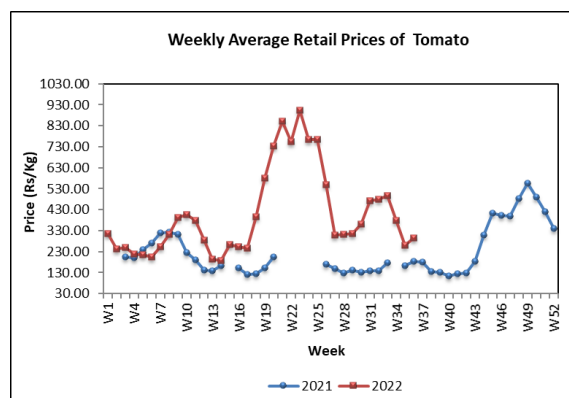
In line with the increased wholesale prices, retail prices of most vegetables have increased.

Considering up-country vegetables, the highest price increase was reported for beans as Rs.136.00/kg followed by

Rs.15.00/kg for both knolkhol and raddish. However, prices of cabbage have decreased by Rs.101.00/kg due to decreased wholesale price.



Prices of tomato and capsicum have increased by Rs.37.00/kg and Rs.19.00/kg respectively.



Considering low country vegetables, the highest price increase was reported for drumsticks as Rs.182.00/kg followed by Rs.58.00/kg for long beans. However, price of brinjal has decreased by Rs.109.00/kg.

Price of green chilies has decreased by Rs.116.00/kg and price of lime has increased by Rs.26.00/kg.

Compared to the same period of last year, prices of all varieties have increased and the highest was reported for capsicum as 227%.

Coconut

Wholesales

Prices of both large and small nuts have increased by 2%. Their prices ranged between Rs.82.00-85.00/nut for a large nut and Rs.70.00-75.00/nut for a small nut.

Compared to the same period of last year, wholesale prices of both large and small nuts have increased by 17% and 19% respectively.

Retail

Prices of both large and small nuts have increased by Rs.4.00/nut. Price ranges were Rs.90.00-120.00/nut for a large nut and Rs.70.00-85.00/nut for small nut.

Compared to the same period of last year, prices of large and small nuts have increased by 16% and 15% respectively.

Fruits

Wholesale

Prices of few fruit varieties have decreased. The highest price decrease was recorded as 35% for papaw. The prices of wood apple and avocado have decreased in 14% and 8% respectively. The price of orange and king

coconut have decrease by 11% and passion fruit by 2% due to the low demand with the rainy weather.

Moreover, there is 5% price decrease recorded for seen banana as availability of the stocks in the market.

However, the price of banana varieties except seeni have increased in the range of 2%-9% as a slight decrease in the supply. The price of mango varieties has increased in the range of 5%-10%. Further, the price of slime apple has increased by 7% with limited supply. The price of all sizes of pineapple varieties has increased in the range of 5%-6%.

Compared to the same period of last year, prices of most fruits have increased with the highest of 249% being noted for passion fruit.

Retail

Retail prices of few fruits have decreased in line with decreased wholesale prices. The highest price decrease of Rs.63.00/kg was reported for papaw. The price of wood apple has decreased by Rs.8.00/fruit due to high supply. Prices of orange, slime apple and king coconut have decreased by Rs.2.00-5.00/fruit. Meanwhile, prices of all sizes of pineapple have increased in the range of Rs.3.00-19.00/fruit due to limited

supply. Prices of banana varieties kolikuttu and ambul have increased by Rs.8.00/kg and Rs.5.00/kg respectively while prices of anamalu and ambun have increased by Rs.3.00/kg and Rs.2.00/kg respectively with decreased supply. The price of mango vilad has increased by Rs.2.00/fruit.

Compared to the same period of last year, prices of most the fruits have increased and the highest price increase of 193% reported for pineapple(small).

Fresh Fish

Wholesale

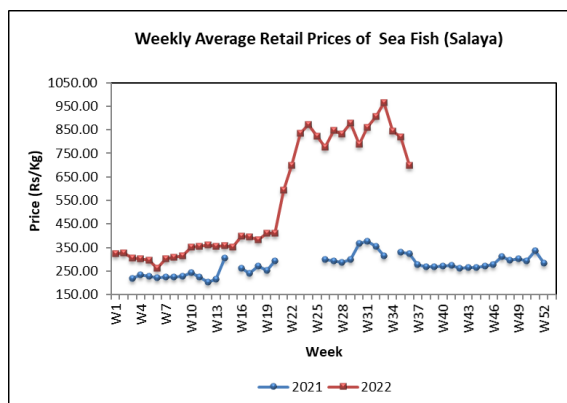
Prices of most of the fresh fish types have decreased due to increased supply with the availability of fuel for fishing crafts. The highest price decrease of 33% was noted for Hurulla due to high supply from Kalpitiya and Mullaitivu areas and the price ranged Rs.700.00-940.00/kg. A price decrease of 26% was noted for kelawalla due to high supply from Southern areas. A price decrease of 24% was noted for salaya due to high supply from Trincomalee, Mannar and Walachchenai areas and the price ranged Rs.350.00-750.00/kg. Likewise, a price decrease of 14% was noted for paraw due to high supply from Northern areas and the average price was Rs.1444.00/kg. In addition, price of thora has decreased by 5%.

However, the price increase of 11% was noted for balaya due to low supply from Southern areas and the price ranged between Rs.780.00-1250.00/kg.

Compared to the same period of last year, wholesale prices of all fresh fish types have increased in the range of 69%-187% and the highest price increase was noted for salaya.

Retail

Retail prices of most types of fresh fish have decreased in line with the decreased wholesale prices. The highest price decrease was reported for hurulla by Rs.178.00/kg. Prices of kelawalla, paraw and salaya have also decreased in the range of Rs.123.00-141.00/kg.



However, prices of thalapath and balaya have increased by Rs.136.00/kg and Rs.72.00/kg respectively due to limited availability.

Compared to the same period of last year, prices of all types of fresh fish have

increased in the range of 62%-135% and the highest was reported for kelawalla.

Dried Fish

Wholesale

Due to increase of local dried fish supply, prices of most of the local dried fish types have decreased. The highest price decrease of 12% was noted for local balaya due to high supply from Negombo and Beruwala areas and the price ranged Rs.1280.00-1450.00/kg. A price decrease of 8% was noted for local sprats and the price ranged between Rs.2100.00-2450.00/kg. In addition, price of local mora has decreased by 3%. However, price of local salaya has increased by 2%.

Prices of most of the imported dried fish types also have decreased. The price decreased of 9% was noted for imported kattawa due to high supply from Oman and Indonesia and the price ranged between Rs.1750.00-1900.00/kg. In addition, prices of imported sprats and imported anguluwa have decreased by 2%.

Compared to the same period of last year, wholesale prices of all of the dried fish types have increased in the range of 72%-252% and the highest price increase was reported for local salaya.

Retail

In line with decreased wholesale prices, retail prices of all types of dried fish except salaya have also decreased. The highest price decrease was reported for local sprats by Rs.156.00/kg by followed by Rs.138.00/kg for balaya. However, price of salaya has increased by Rs.30.00/kg.

Compared to the same period of last year, prices of all types of dried fish have increased in the range of 79%-151%.

Eggs

Wholesale

Prices of a brown egg and a white egg have increased by 6%. A brown egg's average price was Rs.50.00 and the price of a white egg ranged Rs.48.00-49.00.

Compared to the same period of last year, prices of both brown and white eggs have increased by 174% and 196% respectively.

Retail

Prices of both brown eggs and white eggs have decreased by Rs.1.00/egg. The price of a brown egg was Rs.49.00-52.00 and Rs.48.00-51.00 for a white egg.

Compared to the same period of last year, prices of both brown eggs and white eggs have increased by 158% and 177% respectively.

Meat

Retail

Prices of all types of meat except beef have increased. The highest price increase was reported for pork by Rs.471.00/kg followed by Rs.143.00/kg for mutton. However, price of beef has decreased by Rs.75.00/kg.

Compared to the same period of last year, prices of all types of meat have increased in the range of 33%-129%.

EXPLANATORY NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas. The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e. Tuesday and Friday) while with retail prices, it is thrice a week (i.e. Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/50Kg Bag)

Week 36: 02 - 08 September 2022

[illegible]

Table 02: Selected Markets: Retail Price of Rice (Rs/Kg)

Week 36: 02 - 08 September 2022

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	240.00	260.00	230.00	250.00	260.00	280.00	230.00	240.00	220.00	230.00	225.00	250.00	215.00	240.00
Gampaha	230.00	230.00	230.00	230.00	260.00	260.00	220.00	220.00	220.00	220.00	-	-	-	-
Kurunegala	230.00	230.00	-	-	260.00	260.00	-	-	220.00	220.00	-	-	210.00	220.00
Nikaweratiya	235.00	235.00	230.00	230.00	260.00	260.00	220.00	225.00	210.00	215.00	220.00	225.00	210.00	220.00
Dambulla	230.00	235.00	225.00	228.00	255.00	260.00	218.00	220.00	210.00	215.00	220.00	225.00	215.00	220.00
Anuradhapura	-	-	230.00	230.00	260.00	260.00	-	-	210.00	220.00	210.00	230.00	200.00	210.00
Thambuththegama	240.00	245.00	230.00	230.00	265.00	280.00	235.00	235.00	212.00	220.00	-	-	205.00	210.00
Polonnaruwa	230.00	230.00	-	-	260.00	260.00	220.00	220.00	-	-	220.00	220.00	220.00	220.00
Kaluthara	-	-	238.00	240.00	260.00	265.00	-	-	220.00	225.00	215.00	220.00	213.00	218.00
Badulla	-	-	-	-	255.00	260.00	-	-	220.00	220.00	210.00	220.00	210.00	220.00
Keppetipola	-	-	228.00	232.00	255.00	260.00	225.00	230.00	218.00	220.00	217.00	220.00	212.00	215.00
Moneragala	-	-	225.00	230.00	260.00	260.00	-	-	-	-	210.00	215.00	205.00	210.00
Kegalle	230.00	230.00	220.00	225.00	260.00	260.00	220.00	220.00	210.00	215.00	220.00	220.00	210.00	215.00
Ampara	225.00	230.00	225.00	225.00	255.00	260.00	220.00	230.00	-	-	210.00	220.00	210.00	215.00
Dehiattakandiya	228.00	230.00	-	-	255.00	260.00	220.00	225.00	-	-	-	-	210.00	220.00
Nuwaraeliya	235.00	238.00	228.00	232.00	255.00	260.00	225.00	228.00	216.00	222.00	215.00	218.00	210.00	215.00
Kandy	245.00	250.00	235.00	240.00	260.00	265.00	225.00	235.00	215.00	220.00	230.00	240.00	220.00	230.00
Puttalam	227.00	232.00	-	-	255.00	260.00	218.00	220.00	210.00	220.00	-	-	200.00	220.00
Hambantota	-	-	230.00	235.00	260.00	260.00	-	-	230.00	230.00	210.00	210.00	210.00	210.00
Rathnapura	230.00	240.00	-	-	-	-	220.00	230.00	-	-	220.00	225.00	210.00	220.00
Matara	-	-	230.00	232.00	255.00	260.00	-	-	220.00	225.00	208.00	210.00	210.00	212.00
Galle	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tissamaharama	-	-	-	-	250.00	250.00	-	-	210.00	210.00	200.00	205.00	205.00	210.00
Meegoda (DEC)	-	-	230.00	230.00	255.00	260.00	-	-	220.00	220.00	210.00	220.00	210.00	220.00
Embilipitiya	-	-	225.00	235.00	255.00	265.00	-	-	220.00	230.00	208.00	220.00	215.00	220.00
Jaffna	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mannar	-	-	230.00	230.00	260.00	260.00	-	-	220.00	220.00	225.00	230.00	215.00	220.00
Killinochchi	-	-	230.00	240.00	260.00	270.00	-	-	220.00	230.00	220.00	230.00	210.00	220.00
Mullaittivu	-	-	235.00	240.00	260.00	260.00	-	-	220.00	230.00	210.00	220.00	210.00	220.00
Batticaloa	-	-	240.00	240.00	260.00	265.00	-	-	220.00	220.00	220.00	222.00	210.00	215.00
Trincomalee	-	-	-	-	260.00	280.00	-	-	210.00	220.00	210.00	220.00	210.00	218.00
Hanguranketha	230.00	235.00	225.00	230.00	255.00	260.00	218.00	225.00	212.00	220.00	215.00	220.00	210.00	220.00
Veyangoda	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	230.00	235.00	-	-	260.00	265.00	220.00	225.00	-	-	210.00	240.00	210.00	215.00
Bandarawela	-	-	225.00	230.00	255.00	260.00	-	-	220.00	225.00	210.00	215.00	210.00	215.00
Matale	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/50Kg)

Week 36: 02 - 08 September 2022

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	75000 - 82500	17000 - 20500	19000 - 23750	6900 - 7250	9500 - 17500	15000 - 17000	16000 - 19000	41250 - 42500	35000 - 37500	20250 - 21000
Kurunegala	82500 - 85000	-	-	7500 - 8000	12500 - 13000	-	-	41000 - 43750	37500 - 38750	21000 - 21000
Nikaweratiya	75000 - 75000	-	16250 - 16250	7250 - 8000	12500 - 13250	-	-	-	-	20500 - 21100
Dehiattakandiya	80000 - 85000	17000 - 17750	21750 - 22000	7750 - 8250	11000 - 11500	-	-	37000 - 37500	32500 - 37000	21000 - 21570
Dambulla (DEC)	67500 - 70000	-	15500 - 17500	7250 - 7500	11250 - 11500	-	-	32500 - 35000	29000 - 30000	21500 - 21750
Anuradhapura	80000 - 82500	-	18000 - 20500	8000 - 8500	12000 - 13000	-	-	42500 - 45000	35000 - 37500	21000 - 22000
Thambuththegama	77500 - 80000	-	22500 - 24000	7500 - 8000	12000 - 13000	14500 - 16000	-	35000 - 37500	30000 - 32500	20750 - 21250
Polonnaruwa	82500 - 83000	-	-	8500 - 8750	12500 - 12750	-	-	42500 - 43000	38500 - 39000	-
Kaluthara	79500 - 81500	-	21250 - 21500	7250 - 7500	12500 - 13000	-	18000 - 18250	42000 - 42500	36000 - 37000	20500 - 21000
Puttalam	79000 - 82500	-	15500 - 17500	8250 - 8750	11000 - 11250	-	17000 - 18000	42000 - 43750	32500 - 34000	21500 - 22250
Kandy	77500 - 80000	21000 - 22000	21500 - 22500	7750 - 8000	12500 - 16000	16500 - 17000	18000 - 18500	42000 - 43000	37500 - 38000	21000 - 21250
Matara	81000 - 82500	-	21500 - 22000	7500 - 8000	12500 - 13000	-	21000 - 21250	42500 - 44000	35000 - 36000	21500 - 22000
Hambantota	80000 - 82500	-	22000 - 22250	7500 - 8000	13000 - 13250	18000 - 18500	21000 - 21750	42500 - 44000	35500 - 36000	21500 - 22000
Kegalle	79000 - 80000	-	21900 - 22000	7850 - 8000	10400 - 10500	-	16000 - 16500	41000 - 42000	34000 - 36000	21500 - 21750
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	77500 - 82500	20500 - 21000	21000 - 21500	7750 - 8500	13500 - 14000	-	19500 - 20000	40000 - 40000	-	21500 - 22500
Meegoda (DEC)	78000 - 79000	20000 - 21000	22500 - 23500	7250 - 7500	12500 - 13000	16000 - 16500	18000 - 18500	41000 - 44000	36000 - 37500	20750 - 21250
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-
Mannar	82000 - 82500	-	-	8500 - 8750	12500 - 13000	-	-	42000 - 42500	-	22750 - 23000
Killinochchi	82500 - 84000	-	21500 - 22000	8000 - 8500	12000 - 12500	-	-	41000 - 42500	-	22500 - 23250
Mullattivu	82500 - 85000	-	-	8000 - 8500	11000 - 12000	-	-	42000 - 42500	-	23000 - 24000
Batticaloa	82250 - 82500	-	-	8150 - 8250	14150 - 14250	-	21500 - 22000	43000 - 43750	-	23500 - 24000
Trincomalee	79500 - 80500	-	18000 - 18500	8000 - 8500	9700 - 11000	-	-	42000 - 43000	32800 - 35000	22200 - 23250
Galenbindunuwewa	80000 - 85000	19500 - 20000	-	8500 - 9000	10750 - 11000	-	-	39000 - 41000	34000 - 35000	21500 - 23000
Matale	-	-	-	-	-	-	-	-	-	-

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/Kg)

Week 36: 02 - 08 September 2022

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/Kg)**Week 36: 02 - 08 September 2022**

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	240.00 - 450.00	230.00 - 320.00	140.00 - 160.00	110.00 - 180.00	130.00 - 220.00
Meegoda (DEC)	-	420.00 - 440.00	300.00 - 340.00	200.00 - 220.00	120.00 - 140.00	200.00 - 220.00
Dambulla (DEC)	-	380.00 - 430.00	240.00 - 280.00	150.00 - 160.00	100.00 - 130.00	150.00 - 160.00
Keppetipola (DEC)	-	300.00 - 340.00	240.00 - 260.00	150.00 - 160.00	120.00 - 130.00	100.00 - 120.00
Norochchole (DEC)	-	-	-	-	100.00 - 130.00	-
Nuwara Eliya	-	320.00 - 340.00	280.00 - 290.00	160.00 - 170.00	130.00 - 140.00	120.00 - 130.00
Kandy	-	350.00 - 400.00	240.00 - 270.00	150.00 - 160.00	130.00 - 140.00	150.00 - 180.00
Hambantota	-	400.00 - 450.00	240.00 - 280.00	200.00 - 240.00	150.00 - 200.00	150.00 - 200.00
Thambuththegama (DEC)	-	460.00 - 500.00	270.00 - 300.00	160.00 - 180.00	120.00 - 140.00	140.00 - 170.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	320.00 - 350.00	230.00 - 250.00	140.00 - 160.00	130.00 - 140.00	150.00 - 170.00
Veyangoda	-	-	-	-	-	-

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	70.00 - 120.00	220.00 - 330.00	150.00 - 200.00	80.00 - 130.00	230.00 - 350.00	550.00 - 700.00
Meegoda (DEC)	100.00 - 120.00	240.00 - 280.00	200.00 - 210.00	100.00 - 120.00	280.00 - 320.00	520.00 - 580.00
Moneragala	120.00 - 150.00	320.00 - 350.00	200.00 - 220.00	100.00 - 150.00	220.00 - 240.00	650.00 - 670.00
Dambulla (DEC)	70.00 - 90.00	220.00 - 250.00	170.00 - 180.00	60.00 - 70.00	200.00 - 240.00	450.00 - 500.00
Keppetipola (DEC)	50.00 - 60.00	200.00 - 220.00	160.00 - 200.00	60.00 - 70.00	200.00 - 230.00	640.00 - 680.00
Norochchole (DEC)	70.00 - 100.00	-	-	60.00 - 80.00	220.00 - 300.00	400.00 - 450.00
Nuwara Eliya	65.00 - 75.00	210.00 - 220.00	170.00 - 200.00	70.00 - 80.00	230.00 - 250.00	620.00 - 640.00
Kandy	80.00 - 100.00	200.00 - 250.00	190.00 - 200.00	80.00 - 90.00	200.00 - 250.00	500.00 - 550.00
Hambantota	80.00 - 100.00	300.00 - 350.00	160.00 - 200.00	80.00 - 110.00	300.00 - 350.00	450.00 - 550.00
Thambuththegama (DEC)	70.00 - 100.00	220.00 - 260.00	140.00 - 160.00	50.00 - 70.00	200.00 - 250.00	400.00 - 480.00
Tissamaharama	130.00 - 150.00	320.00 - 340.00	180.00 - 200.00	90.00 - 110.00	250.00 - 280.00	450.00 - 620.00
Jaffna	-	-	-	-	-	-
Bandarawela	40.00 - 50.00	180.00 - 200.00	150.00 - 170.00	-	200.00 - 230.00	540.00 - 560.00
Veyangoda	-	-	-	-	-	-

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	130.00 - 180.00	90.00 - 120.00	200.00 - 220.00	200.00 - 220.00	300.00 - 420.00	140.00 - 200.00
Meegoda (DEC)	160.00 - 180.00	100.00 - 110.00	280.00 - 300.00	220.00 - 220.00	350.00 - 380.00	200.00 - 200.00
Moneragala	140.00 - 200.00	110.00 - 130.00	380.00 - 450.00	240.00 - 350.00	-	220.00 - 260.00
Dambulla (DEC)	130.00 - 160.00	90.00 - 100.00	230.00 - 250.00	170.00 - 200.00	400.00 - 430.00	170.00 - 180.00
Keppetipola (DEC)	140.00 - 155.00	80.00 - 90.00	240.00 - 260.00	220.00 - 230.00	350.00 - 380.00	190.00 - 200.00
Norochchole (DEC)	150.00 - 170.00	70.00 - 80.00	200.00 - 250.00	140.00 - 160.00	240.00 - 270.00	100.00 - 130.00
Nuwara Eliya	150.00 - 160.00	100.00 - 120.00	260.00 - 270.00	210.00 - 220.00	350.00 - 380.00	190.00 - 200.00
Kandy	140.00 - 160.00	90.00 - 100.00	230.00 - 250.00	200.00 - 220.00	300.00 - 320.00	180.00 - 200.00
Hambantota	120.00 - 150.00	80.00 - 100.00	300.00 - 350.00	180.00 - 240.00	150.00 - 200.00	200.00 - 250.00
Thambuththegama (DEC)	100.00 - 140.00	70.00 - 100.00	160.00 - 200.00	180.00 - 210.00	-	120.00 - 160.00
Tissamaharama	150.00 - 180.00	70.00 - 90.00	350.00 - 370.00	150.00 - 180.00	150.00 - 180.00	200.00 - 230.00
Jaffna	-	-	-	-	-	-
Bandarawela	140.00 - 160.00	80.00 - 100.00	-	-	-	-
Veyangoda	-	-	-	-	-	-

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	120.00 - 250.00	130.00 - 150.00	220.00 - 280.00	160.00 - 220.00	80.00 - 140.00	80.00 - 150.00
Meegoda (DEC)	250.00 - 280.00	140.00 - 150.00	180.00 - 200.00	230.00 - 250.00	110.00 - 120.00	120.00 - 120.00
Moneragala	160.00 - 200.00	60.00 - 100.00	350.00 - 370.00	150.00 - 170.00	130.00 - 150.00	-
Dambulla (DEC)	120.00 - 150.00	120.00 - 140.00	150.00 - 180.00	180.00 - 220.00	80.00 - 100.00	60.00 - 70.00
Keppetipola (DEC)	220.00 - 240.00	130.00 - 150.00	200.00 - 250.00	180.00 - 200.00	110.00 - 120.00	70.00 - 80.00
Norochchole (DEC)	180.00 - 210.00	100.00 - 150.00	160.00 - 200.00	140.00 - 160.00	-	130.00 - 150.00
Nuwara Eliya	220.00 - 230.00	130.00 - 140.00	230.00 - 260.00	180.00 - 200.00	110.00 - 120.00	80.00 - 90.00
Kandy	220.00 - 230.00	140.00 - 150.00	200.00 - 250.00	200.00 - 220.00	110.00 - 130.00	60.00 - 70.00
Hambantota	150.00 - 180.00	80.00 - 110.00	200.00 - 250.00	140.00 - 180.00	150.00 - 160.00	70.00 - 80.00
Thambuththegama (DEC)	130.00 - 160.00	80.00 - 100.00	150.00 - 250.00	170.00 - 210.00	100.00 - 120.00	80.00 - 100.00
Tissamaharama	130.00 - 140.00	80.00 - 100.00	200.00 - 230.00	200.00 - 220.00	130.00 - 150.00	55.00 - 60.00
Jaffna	-	-	-	-	-	-
Bandarawela	-	-	200.00 - 250.00	-	100.00 - 120.00	70.00 - 80.00
Veyangoda	-	-	-	-	-	-

Locations	Leafy Vegetables (Rs/Bundle)			Coconut (Rs/Nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	35.00 - 42.00	35.00 - 42.00	150.00 - 170.00	82.00 - 85.00	70.00 - 75.00
Meegoda (DEC)	-	-	-	83.00 - 85.00	78.00 - 80.00
Norochchole (DEC)	50.00 - 60.00	40.00 - 60.00	30.00 - 30.00	80.00 - 85.00	72.00 - 77.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	25.00 - 30.00	25.00 - 30.00	20.00 - 25.00	60.00 - 65.00	52.00 - 55.00
Kandy	35.00 - 40.00	40.00 - 45.00	150.00 - 160.00	75.00 - 78.00	60.00 - 63.00
Hambantota	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	-	-
Thambuththegama (DEC)	30.00 - 30.00	30.00 - 30.00	-	58.00 - 65.00	48.00 - 55.00
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	75.00 - 80.00	50.00 - 55.00
Jaffna	-	-	-	-	-
Tissamaharama	35.00 - 40.00	35.00 - 40.00	45.00 - 50.00	75.00 - 80.00	50.00 - 55.00
Bandarawela	-	-	-	-	-
Veyangoda	-	-	-	-	-

Colombo, Meegoda, Norochchole, Jaffna and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/Kg)**Week 36: 02 - 08 September 2022**

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Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/Nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	140.00 - 320.00	280.00 - 600.00	250.00 - 600.00	140.00 - 240.00	120.00 - 200.00	60.00 - 100.00	60.00 - 100.00	60.00 - 100.00	90.00 - 120.00	70.00 - 85.00
Gampaha	240.00 - 240.00	600.00 - 600.00	400.00 - 400.00	200.00 - 200.00	140.00 - 160.00	70.00 - 70.00	70.00 - 70.00	25.00 - 25.00	90.00 - 100.00	75.00 - 75.00
Kurunegala	200.00 - 240.00	500.00 - 600.00	260.00 - 300.00	180.00 - 240.00	140.00 - 160.00	40.00 - 50.00	40.00 - 50.00	30.00 - 40.00	80.00 - 80.00	70.00 - 70.00
Nikaweratiya	160.00 - 240.00	400.00 - 600.00	260.00 - 300.00	160.00 - 240.00	-	40.00 - 50.00	40.00 - 50.00	60.00 - 60.00	75.00 - 75.00	65.00 - 65.00
Dambulla	180.00 - 200.00	300.00 - 400.00	400.00 - 500.00	160.00 - 180.00	120.00 - 140.00	45.00 - 50.00	40.00 - 50.00	40.00 - 45.00	70.00 - 75.00	60.00 - 65.00
Anuradhapura	200.00 - 240.00	400.00 - 600.00	400.00 - 500.00	200.00 - 240.00	160.00 - 180.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	50.00 - 70.00
Thambuththegama	160.00 - 200.00	400.00 - 550.00	300.00 - 320.00	180.00 - 220.00	-	40.00 - 40.00	40.00 - 40.00	40.00 - 40.00	70.00 - 75.00	55.00 - 65.00
Polonnaruwa	200.00 - 220.00	450.00 - 470.00	250.00 - 300.00	200.00 - 220.00	130.00 - 160.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	65.00 - 70.00
Kaluthara	180.00 - 200.00	400.00 - 500.00	400.00 - 450.00	200.00 - 220.00	140.00 - 160.00	60.00 - 80.00	60.00 - 70.00	60.00 - 80.00	90.00 - 100.00	75.00 - 80.00
Badulla	160.00 - 200.00	500.00 - 600.00	280.00 - 320.00	220.00 - 240.00	100.00 - 120.00	70.00 - 70.00	70.00 - 70.00	70.00 - 80.00	90.00 - 95.00	70.00 - 80.00
Keppetipola	200.00 - 220.00	400.00 - 500.00	260.00 - 280.00	170.00 - 180.00	140.00 - 150.00	60.00 - 70.00	60.00 - 70.00	50.00 - 60.00	86.00 - 90.00	78.00 - 80.00
Moneragala	120.00 - 140.00	500.00 - 550.00	200.00 - 240.00	240.00 - 250.00	-	60.00 - 70.00	60.00 - 70.00	60.00 - 70.00	80.00 - 85.00	70.00 - 75.00
Kegalle	180.00 - 200.00	430.00 - 450.00	420.00 - 450.00	220.00 - 240.00	120.00 - 140.00	50.00 - 50.00	50.00 - 50.00	40.00 - 40.00	75.00 - 80.00	60.00 - 70.00
Ampara	160.00 - 180.00	500.00 - 600.00	300.00 - 350.00	200.00 - 240.00	80.00 - 100.00	50.00 - 60.00	40.00 - 50.00	40.00 - 40.00	75.00 - 80.00	65.00 - 70.00
Dehiattakandiya	200.00 - 240.00	500.00 - 600.00	300.00 - 400.00	160.00 - 200.00	100.00 - 120.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	80.00 - 85.00	55.00 - 70.00
Nuwaraeliya	200.00 - 220.00	400.00 - 500.00	280.00 - 300.00	180.00 - 200.00	150.00 - 160.00	70.00 - 80.00	75.00 - 80.00	65.00 - 75.00	86.00 - 90.00	78.00 - 84.00
Kandy	260.00 - 280.00	400.00 - 500.00	320.00 - 360.00	180.00 - 200.00	160.00 - 200.00	45.00 - 50.00	50.00 - 60.00	40.00 - 45.00	85.00 - 100.00	68.00 - 75.00
Puttalam	150.00 - 200.00	400.00 - 600.00	300.00 - 400.00	240.00 - 300.00	180.00 - 200.00	60.00 - 70.00	60.00 - 70.00	40.00 - 50.00	85.00 - 90.00	77.00 - 80.00
Rathnapura	-	600.00 - 600.00	300.00 - 320.00	190.00 - 200.00	100.00 - 120.00	80.00 - 90.00	80.00 - 80.00	90.00 - 100.00	85.00 - 90.00	75.00 - 80.00
Hambanthota	120.00 - 160.00	280.00 - 340.00	240.00 - 300.00	180.00 - 220.00	90.00 - 120.00	50.00 - 60.00	50.00 - 60.00	70.00 - 80.00	80.00 - 85.00	60.00 - 70.00
Matara	140.00 - 180.00	320.00 - 400.00	300.00 - 400.00	160.00 - 200.00	100.00 - 120.00	55.00 - 60.00	55.00 - 60.00	70.00 - 80.00	80.00 - 95.00	60.00 - 70.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	120.00 - 130.00	280.00 - 320.00	250.00 - 280.00	180.00 - 200.00	80.00 - 100.00	45.00 - 50.00	45.00 - 50.00	50.00 - 60.00	80.00 - 85.00	55.00 - 60.00
Meegoda (DEC)	240.00 - 240.00	400.00 - 400.00	400.00 - 400.00	200.00 - 240.00	130.00 - 130.00	80.00 - 80.00	80.00 - 80.00	90.00 - 90.00	85.00 - 95.00	80.00 - 80.00
Embilipitiya	140.00 - 160.00	400.00 - 480.00	250.00 - 320.00	160.00 - 200.00	80.00 - 100.00	50.00 - 60.00	40.00 - 50.00	60.00 - 80.00	70.00 - 90.00	50.00 - 60.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	-	-	-	-	-	-	-	-
Mannar	200.00 - 220.00	500.00 - 500.00	400.00 - 400.00	200.00 - 200.00	200.00 - 200.00	50.00 - 50.00	50.00 - 50.00	50.00 - 50.00	60.00 - 70.00	40.00 - 50.00
Killinochchi	120.00 - 140.00	480.00 - 520.00	400.00 - 450.00	280.00 - 300.00	220.00 - 240.00	50.00 - 60.00	-	50.00 - 60.00	70.00 - 80.00	40.00 - 50.00
Mullaittivu	100.00 - 120.00	380.00 - 400.00	460.00 - 460.00	-	200.00 - 220.00	50.00 - 50.00	-	50.00 - 50.00	70.00 - 75.00	50.00 - 55.00
Batticaloa	240.00 - 240.00	480.00 - 480.00	380.00 - 400.00	-	150.00 - 160.00	50.00 - 60.00	50.00 - 50.00	50.00 - 50.00	75.00 - 80.00	50.00 - 60.00
Trincomalee	160.00 200.00	-	250.00 270.00	-	100.00 120.00	50.00 60.00	55.00 60.00	50.00 60.00	75.00 85.00	55.00 65.00
Hanguranketha	170.00 - 200.00	400.00 - 450.00	250.00 - 300.00	150.00 - 160.00	110.00 - 130.00	30.00 - 40.00	-	40.00 - 40.00	70.00 - 80.00	50.00 - 65.00
Veyangoda	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	-	500.00 - 600.00	-	-	-	55.00 - 60.00	55.00 - 60.00	-	65.00 - 70.00	50.00 - 60.00
Bandarawela	180.00 - 200.00	450.00 - 500.00	280.00 - 300.00	200.00 - 220.00	120.00 - 140.00	50.00 - 60.00	50.00 - 60.00	60.00 - 70.00	80.00 - 90.00	60.00 - 70.00
Matale	-	-	-	-	-	-	-	-	-	-

Table 08: Selected Markets: Retail Price of Fruits (Rs/each & Rs/Kg)

Week 36: 02 - 08 September 2022

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/Kg)	Kolikuttu (Rs/Kg)	Seeni (Rs/Kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	150.00 - 200.00	300.00 - 400.00	120.00 - 200.00	20.00 - 30.00	20.00 - 38.00	620.00 - 650.00	500.00 - 600.00	400.00 - 480.00	-	-
Gampaha	180.00 - 200.00	350.00 - 380.00	130.00 - 140.00	18.00 - 25.00	25.00 - 30.00	700.00 - 700.00	450.00 - 500.00	350.00 - 350.00	-	250.00 - 300.00
Kurunegala	150.00 - 180.00	400.00 - 440.00	130.00 - 150.00	20.00 - 20.00	38.00 - 38.00	500.00 - 600.00	300.00 - 400.00	150.00 - 200.00	-	150.00 - 160.00
Nikaweratiya	180.00 - 220.00	380.00 - 420.00	180.00 - 200.00	-	38.00 - 40.00	500.00 - 550.00	400.00 - 450.00	250.00 - 300.00	-	-
Dambulla	150.00 - 160.00	340.00 - 350.00	140.00 - 150.00	-	33.00 - 38.00	600.00 - 680.00	480.00 - 500.00	250.00 - 280.00	100.00 - 120.00	240.00 - 250.00
Anuradhapura	150.00 - 200.00	380.00 - 400.00	140.00 - 150.00	24.00 - 26.00	32.00 - 35.00	720.00 - 840.00	520.00 - 630.00	350.00 - 460.00	-	-
Thambuththegama	180.00 - 250.00	370.00 - 400.00	160.00 - 200.00	25.00 - 28.00	38.00 - 43.00	700.00 - 900.00	500.00 - 650.00	-	-	-
Polonnaruwa	140.00 - 150.00	-	100.00 - 120.00	18.00 - 19.00	22.00 - 25.00	550.00 - 600.00	400.00 - 450.00	250.00 - 300.00	-	150.00 - 150.00
Kaluthara	160.00 - 180.00	360.00 - 380.00	160.00 - 180.00	22.00 - 24.00	28.00 - 30.00	-	500.00 - 520.00	-	-	-
Badulla	140.00 - 160.00	320.00 - 340.00	100.00 - 120.00	14.00 - 16.00	26.00 - 28.00	650.00 - 700.00	450.00 - 480.00	300.00 - 340.00	-	140.00 - 160.00
Keppetipola	160.00 - 180.00	360.00 - 370.00	130.00 - 150.00	20.00 - 22.00	35.00 - 38.00	-	550.00 - 580.00	450.00 - 480.00	-	180.00 - 200.00
Moneragala	100.00 - 120.00	250.00 - 280.00	80.00 - 100.00	15.00 - 20.00	18.00 - 23.00	-	-	455.00 - 520.00	-	150.00 - 180.00
Kegalle	150.00 - 160.00	380.00 - 400.00	140.00 - 160.00	40.00 - 50.00	40.00 - 60.00	630.00 - 650.00	480.00 - 580.00	200.00 - 270.00	-	230.00 - 240.00
Ampara	150.00 - 170.00	320.00 - 340.00	90.00 - 120.00	18.00 - 18.00	25.00 - 28.00	650.00 - 680.00	550.00 - 580.00	350.00 - 400.00	-	140.00 - 150.00
Dehiattakandiya	150.00 - 170.00	340.00 - 350.00	130.00 - 150.00	-	44.00 - 55.00	700.00 - 760.00	500.00 - 580.00	340.00 - 380.00	-	-
Nuwaraeliya	160.00 - 180.00	350.00 - 380.00	130.00 - 150.00	22.00 - 24.00	38.00 - 42.00	-	550.00 - 580.00	450.00 - 460.00	-	200.00 - 220.00
Kandy	170.00 - 180.00	360.00 - 370.00	160.00 - 180.00	20.00 - 23.00	30.00 - 40.00	650.00 - 700.00	450.00 - 500.00	250.00 - 300.00	-	150.00 - 200.00
Puttalam	140.00 - 160.00	340.00 - 360.00	140.00 - 150.00	18.00 - 22.00	-	640.00 - 670.00	-	220.00 - 250.00	-	-
Rathnapura	180.00 - 200.00	280.00 - 300.00	180.00 - 200.00	-	-	500.00 - 550.00	320.00 - 400.00	150.00 - 200.00	-	-
Hambantota	160.00 - 180.00	350.00 - 360.00	140.00 - 150.00	18.00 - 20.00	23.00 - 25.00	680.00 - 720.00	600.00 - 630.00	400.00 - 430.00	-	-
Matara	170.00 - 180.00	350.00 - 370.00	145.00 - 150.00	18.00 - 21.00	25.00 - 28.00	650.00 - 680.00	550.00 - 570.00	420.00 - 450.00	-	180.00 - 200.00
Galle	-	-	-	-	-	-	-	-	-	-
Tissamaharama	120.00 - 150.00	280.00 - 320.00	90.00 - 100.00	-	-	-	-	-	-	-
Meegoda (DEC)	180.00 - 190.00	370.00 - 380.00	150.00 - 150.00	-	-	900.00 - 960.00	-	-	-	-
Embilipitiya	120.00 - 140.00	300.00 - 350.00	100.00 - 120.00	25.00 - 30.00	30.00 - 40.00	-	450.00 - 500.0			

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits									
	Vilad	Kohu	Papaw (Rs/Kg)	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes (Rs/Kg)	King Coconut		
Colombo	80.00 - 200.00	-	180.00 - 300.00	40.00 - 63.00	30.00 - 60.00	60.00 - 120.00	60.00 - 120.00	50.00 - 120.00	-	100.00 - 150.00		
Gampaha	-	-	200.00 - 250.00	30.00 - 50.00	40.00 - 50.00	140.00 - 140.00	70.00 - 80.00	80.00 - 100.00	-	120.00 - 120.00		
Kurunegala	-	-	160.00 - 200.00	50.00 - 50.00	40.00 - 60.00	80.00 - 100.00	80.00 - 90.00	60.00 - 70.00	2400.00 - 2500.00	100.00 - 100.00		
Nikaweratiya	50.00 - 60.00	-	150.00 - 200.00	-	30.00 - 40.00	60.00 - 80.00	50.00 - 80.00	50.00 - 60.00	-	-		
Dambulla	120.00 - 130.00	50.00 - 60.00	250.00 - 260.00	40.00 - 45.00	30.00 - 40.00	80.00 - 100.00	60.00 - 80.00	60.00 - 80.00	-	80.00 - 90.00		
Anuradhapura	-	-	200.00 - 240.00	-	30.00 - 50.00	100.00 - 140.00	70.00 - 100.00	50.00 - 80.00	-	100.00 - 120.00		
Thambuththegama	-	-	180.00 - 240.00	-	-	60.00 - 80.00	50.00 - 60.00	-	-	70.00 - 80.00		
Polonnaruwa	60.00 - 70.00	-	280.00 - 300.00	50.00 - 50.00	50.00 - 60.00	40.00 - 50.00	50.00 - 70.00	-	-	100.00 - 120.00		
Kaluthara	140.00 - 160.00	-	240.00 - 260.00	48.00 - 50.00	40.00 - 60.00	80.00 - 100.00	90.00 - 100.00	80.00 - 100.00	-	100.00 - 120.00		
Badulla	50.00 - 70.00	-	200.00 - 230.00	30.00 - 35.00	35.00 - 40.00	70.00 - 80.00	40.00 - 50.00	40.00 - 50.00	-	100.00 - 120.00		
Keppetipola	-	-	260.00 - 280.00	45.00 - 48.00	36.00 - 40.00	80.00 - 100.00	70.00 - 90.00	55.00 - 65.00	-	110.00 - 120.00		
Moneragala	-	-	180.00 - 200.00	-	23.00 - 28.00	50.00 - 60.00	50.00 - 60.00	-	-	80.00 - 100.00		
Kegalle	-	-	270.00 - 300.00	25.00 - 30.00	50.00 - 60.00	80.00 - 100.00	60.00 - 100.00	50.00 - 70.00	-	80.00 - 100.00		
Ampara	60.00 - 60.00	50.00 - 50.00	220.00 - 260.00	-	38.00 - 40.00	60.00 - 80.00	50.00 - 70.00	-	-	100.00 - 120.00		
Dehiattakandiya	80.00 - 100.00	-	240.00 - 260.00	-	30.00 - 40.00	60.00 - 100.00	80.00 - 100.00	50.00 - 80.00	-	90.00 - 120.00		
Nuwareliya	110.00 - 120.00	-	240.00 - 270.00	40.00 - 44.00	35.00 - 38.00	80.00 - 100.00	80.00 - 90.00	70.00 - 80.00	-	110.00 - 120.00		
Kandy	90.00 - 100.00	-	250.00 - 280.00	30.00 - 35.00	40.00 - 60.00	70.00 - 80.00	60.00 - 80.00	60.00 - 70.00	-	110.00 - 120.00		
Puttalam	-	-	220.00 - 280.00	-	-	50.00 - 60.00	-	-	-	70.00 - 80.00		
Hambantota	70.00 - 80.00	-	200.00 - 220.00	-	30.00 - 40.00	130.00 - 150.00	60.00 - 80.00	-	-	70.00 - 80.00		
Rathnapura	80.00 - 100.00	-	170.00 - 200.00	-	60.00 - 60.00	-	-	60.00 - 60.00	4000.00 - 4000.00	-		
Matara	60.00 - 70.00	-	200.00 - 210.00	37.00 - 41.00	32.00 - 36.00	90.00 - 120.00	50.00 - 70.00	40.00 - 60.00	-	85.00 - 100.00		
Galle	-	-	-	-	-	-	-	-	-	-		
Tissamaharama	-	-	200.00 - 240.00	30.00 - 35.00	-	50.00 - 60.00	50.00 - 60.00	20.00 - 25.00	-	80.00 - 100.00		
Meegoda (DEC)	-	-	250.00 - 270.00	-	40.00 - 45.00	100.00 - 100.00	45.00 - 50.00	50.00 - 60.00	-	70.00 - 70.00		
Embilipitiya	80.00 - 100.00	50.00 - 70.00	190.00 - 220.00	20.00 - 30.00	40.00 - 60.00	80.00 - 100.00	50.00 - 80.00	15.00 - 25.00	-	90.00 - 120.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	-	-	-	-	-	-	-	-	-	-		
Mannar	-	-	150.00 - 160.00	-	-	-	60.00 - 70.00	-	-	100.00 - 120.00		
Killinochchi	-	-	150.00 - 180.00	-	30.00 - 40.00	50.00 - 60.00	-	-	-	100.00 - 120.00		
Mullaittivu	-	-	160.00 - 180.00	-	-	-	-	-	-	120.00 - 150.00		
Batticaloa	-	-	180.00 - 180.00	-	40.00 - 40.00	55.00 - 60.00	-	-	-	120.00 - 120.00		
Trincomalee	75.00 - 80.00	-	210.00 - 230.00	55.00 - 60.00	40.00 - 50.00	-	55.00 - 60.00	-	4500.00 - 4500.00	120.00 - 140.00		
Veyangoda	-	-	-	-	-	-	-	-	-	-		
Galenbindunuwewa	-	-	200.00 - 250.00	-	-	-	50.00 - 60.00	-	-	-		
Bandarawela	70.00 - 80.00	-	240.00 - 250.00	30.00 - 40.00	30.00 - 40.00	60.00 - 80.00	30.00 - 40.00	40.00 - 50.00	-	100.00 - 120.00		
Matale	-	-	-	-	-	-	-	-	-	-		

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/Kg & Rs/Egg)

Week 36: 02 - 08 September 2022

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	350.00 – 750.00	700.00 – 940.00	780.00 – 1250.00	1200.00 – 1450.00	2600.00 – 3100.00	1100.00 – 1800.00
Kandy	750.00 – 800.00	1100.00 – 1200.00	1000.00 – 1100.00	1900.00 – 2000.00	2900.00 – 3000.00	1600.00 – 1650.00
Kaluthara	600.00 – 700.00	900.00 – 940.00	800.00 – 900.00	1600.00 – 1650.00	–	1500.00 – 1600.00
Puttalam	650.00 – 740.00	1050.00 – 1200.00	850.00 – 920.00	1400.00 – 1470.00	–	1150.00 – 1250.00
Matara	450.00 – 500.00	–	1150.00 – 1250.00	–	–	–
Hambantota	400.00 – 450.00	800.00 – 850.00	1100.00 – 1200.00	–	–	–
Galle	–	–	–	–	–	–
Batticaloa	–	800.00 – 900.00	–	–	2000.00 – 2100.00	1450.00 – 1550.00
Trincomalee	350.00 – 400.00	680.00 – 750.00	800.00 – 850.00	1800.00 – 1850.00	2450.00 – 2500.00	1700.00 – 1850.00
Mannar	400.00 – 420.00	–	–	–	–	1250.00 – 1300.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	–	1550.00 – 1800.00	2000.00 – 2500.00	–	50.00 – 50.00	48.00 – 49.00
Kandy	–	1800.00 – 1900.00	2350.00 – 2400.00	–	48.00 – 49.00	47.00 – 48.00
Kaluthara	–	–	2300.00 – 2500.00	–	–	–
Puttalam	1400.00 – 1420.00	950.00 – 1150.00	–	–	–	45.00 – 49.00
Matara	–	950.00 – 1000.00	–	–	–	–
Hambantota	–	–	–	–	–	48.00 – 48.00
Galle	–	–	–	–	–	–
Batticaloa	–	1700.00 – 1800.00	–	–	49.00 – 49.00	49.00 – 49.00
Trincomalee	1700.00 – 1850.00	1100.00 – 1250.00	–	–	–	45.00 – 46.00
Mannar	–	1200.00 – 1300.00	–	–	–	–

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/50Kg)

Week 36: 02 - 08 September 2022

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	105000 – 122500	–	–	115000 – 122500	64000 – 72500	–
Kandy	120000 – 130000	–	–	127500 – 130000	75000 – 80000	–
Batticaloa	85000 – 90000	145000 – 148500	–	–	–	–
Trincomalee	87000 – 87500	–	–	–	80500 – 81500	72500 – 72500
Mannar	75000 – 77500	112500 – 115000	–	–	77500 – 80000	52500 – 55000

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	–	–	49000 – 55000	72500 – 82500	87500 – 95000	–
Kandy	–	–	–	78000 – 85000	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	98000 – 98000	–	55000 – 55000	77500 – 80000	108000 – 109000	–
Mannar	62500 – 65000	–	37500 – 40000	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	–	–	90000 – 100000	–	–	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	128000 – 128000	–	99000 – 99000	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/Kg & Rs/Eggs)

Week 36: 02 - 08 September 2022

LOCATIONS	Sea Fish										Eggs									
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	500.00 -	900.00	900.00 -	1200.00	1300.00 -	2400.00	1600.00 -	3000.00	3200.00 -	3800.00	2160.00 -	3100.00	-		2600.00 -	3500.00	49.00 -	52.00	48.00 -	51.00
Gampaha	-		-		-		-		-		-		-		-		52.00 -	52.00	50.00 -	50.00
Kurunegala	700.00 -	800.00	1000.00 -	1200.00	1400.00 -	1500.00	2300.00 -	2400.00	-		-		-		2500.00 -	2600.00	-		50.00 -	50.00
Nikaweratiya	800.00 -	900.00	1100.00 -	1200.00	1400.00 -	1400.00	2200.00 -	2200.00	-		-		-		-		-		50.00 -	50.00
Dambulla	700.00 -	760.00	1000.00 -	1200.00	1100.00 -	1200.00	2200.00 -	2300.00	-		1800.00 -	2000.00	1700.00 -	1800.00	2400.00 -	2500.00	52.00 -	53.00	49.00 -	50.00
Anuradhapura	660.00 -	700.00	1300.00 -	1300.00	1200.00 -	1300.00	2500.00 -	2600.00	3000.00 -	3000.00	1680.00 -	1700.00	-		-		-		50.00 -	50.00
Thambuththegama	600.00 -	800.00	1100.00 -	1100.00	1100.00 -	1100.00	2800.00 -	2800.00	-		1600.00 -	1600.00	2000.00 -	2000.00	3400.00 -	3400.00	-		50.00 -	50.00
Polonnaruwa	800.00 -	800.00	1300.00 -	1300.00	1600.00 -	1700.00	2400.00 -	2500.00	-		1200.00 -	1300.00	1800.00 -	2000.00	2400.00 -	2500.00	-		50.00 -	50.00
Kaluthara	800.00 -	900.00	1100.00 -	1150.00	1100.00 -	1150.00	2500.00 -	2700.00	-		1700.00 -	1800.00	-		2900.00 -	3000.00	-		50.00 -	51.00
Badulla	700.00 -	800.00	1000.00 -	1100.00	1700.00 -	1800.00	2200.00 -	2300.00	-		1700.00 -	1800.00	1800.00 -	1900.00	2500.00 -	2600.00	50.00 -	52.00	50.00 -	50.00
Keppetipola	750.00 -	780.00	1000.00 -	1100.00	1500.00 -	1600.00	2100.00 -	2200.00	-		2100.00 -	2200.00	1900.00 -	2000.00	2500.00 -	2600.00	50.00 -	53.00	49.00 -	50.00
Moneragala	680.00 -	750.00	-		1300.00 -	1400.00	2600.00 -	2700.00	-		-		-		3000.00 -	3100.00	-		50.00 -	50.00
Kegalle	900.00 -	950.00	1200.00 -	1300.00	1800.00 -	1850.00	2400.00 -	2550.00	-		-		2100.00 -	2200.00	2600.00 -	2650.00	53.00 -	55.00	50.00 -	50.00
Ampara	700.00 -	800.00	1200.00 -	1300.00	1600.00 -	2000.00	-		-		2000.00 -	2000.00	-		2800.00 -	3000.00	-		49.00 -	50.00
Dehiattakandiya	700.00 -	900.00	1200.00 -	1300.00	1500.00 -	1600.00	2400.00 -	2500.00	-		2400.00 -	2500.00	-		2400.00 -	2500.00	55.00 -	55.00	50.00 -	50.00
Nuwaraeliya	700.00 -	800.00	1000.00 -	1100.00	1500.00 -	1600.00	2200.00 -	2400.00	-		2000.00 -	2200.00	-		2500.00 -	2600.00	50.00 -	53.00	49.00 -	52.00
Kandy	880.00 -	900.00	1200.00 -	1250.00	1400.00 -	1500.00	2400.00 -	2500.00	-		2200.00 -	2300.00	-		2750.00 -	2800.00	50.00 -	51.00	49.00 -	50.00
Puttalam	700.00 -	800.00	1100.00 -	1200.00	900.00 -	1000.00	1500.00 -	1600.00	-		1200.00 -	1400.00	1500.00 -	1500.00	-		-		45.00 -	50.00
Hambantota	650.00 -	700.00	1000.00 -	1000.00	1800.00 -	2000.00	-		-		-		-		-		-		50.00 -	50.00
Rathnapura	800.00 -	850.00	1250.00 -	1300.00	1300.00 -	1400.00	2700.00 -	2800.00	3300.00 -	3400.00	1560.00 -	1620.00	-		2900.00 -	3000.00	-		48.50 -	49.00
Matara	650.00 -	700.00	-		1800.00 -	1900.00	-		-		-		-		-		-		48.00 -	50.00
Galle	-		-		-		-		-		-		-		-		-		-	
Tissamaharama	800.00 -	800.00	1200.00 -	1200.00	1000.00 -	1000.00	-		-		-		-		2400.00 -	2400.00	-		-	
Meegoda	-		-		-		-		-		-		-		-		-		50.00 -	50.00
Embilipitiya	700.00 -	800.00	1000.00 -	1100.00	1550.00 -	1650.00	2300.00 -	3500.00	-		-		1600.00 -	1700.00	2500.00 -	2600.00	50.00 -	50.00	48.00 -	50.00
Jaffna	-		-		-		-		-		-		-		-		-		-	
Vavuniya	-		-		-		-		-		-		-		-		-		-	
Mannar	550.00 -	600.00	-		-		-		-		1400.00 -	1500.00	-		-		-		50.00 -	50.00
Killinochchi	700.00 -	800.00	-		1300.00 -	1400.00	-		-		2000.00 -	2200.00	-		-		-		49.00 -	50.00
Mullaittivu	600.00 -	600.00	1000.00 -	1000.00	1000.00 -	1200.00	-		-		1600.00 -	1800.00	1500.00 -	1600.00	-		-		50.00 -	52.00
Batticaloa	-		1000.00 -	1200.00	-		-		2800.00 -	3000.00	1800.00 -	2000.00	-		-		50.00 -	50.00	50.00 -	50.00
Trincomalee	480.00 -	550.00	800.00 -	900.00	950.00 -	1000.00	1900.00 -	2000.00	2600.00 -	2700.00	1800.00 -	1950.00	1850.00 -	1950.00	-		-		47.00 -	48.00
Veyangoda	-		-		-		-		-		-		-		-		-		-	
Galenbindunuwewa	600.00 -	600.00	1200.00 -	1200.00	1000.00 -	1000.00	1600.00 -	1600.00	3000.00 -	3000.00	2000.00 -	2000.00	1800.00 -	1800.00	3200.00 -	3200.00	-		50.00 -	50.00
Bandarawela	700.00 -	750.00	950.00 -	1000.00	1600.00 -	1700.00	2200.00 -	2300.00	-		-		1800.00 -	2000.00	2600.00 -	2800.00	50.00 -	52.00	48.00 -	50.00
Matale	-		-		-		-		-		-		-		-		-		-	

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/Kg)

Week 36: 02 - 08 September 2022

LOCATIONS		Dried Fish											
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa	
Colombo	1800.00 – 2200.00	2500.00 – 3800.00	–		2600.00 – 3500.00	2000.00 – 2600.00	2700.00 – 2800.00	1200.00 – 1700.00					
Gampaha	1600.00 – 2000.00	3400.00 – 3400.00	3600.00 – 4000.00	3200.00 – 3200.00	2400.00 – 2400.00	2700.00 – 2700.00	1200.00 – 1200.00						
Kurunegala	1900.00 – 2000.00	2800.00 – 2800.00	3000.00 – 3400.00	2600.00 – 2800.00	2000.00 – 2400.00	2400.00 – 2400.00	1200.00 – 1400.00						
Nikaweratiya	1800.00 – 1940.00	2800.00 – 2800.00	–	2700.00 – 2800.00	2000.00 – 2000.00	2600.00 – 2600.00	1200.00 – 1200.00						
Dambulla	1600.00 – 1800.00	2500.00 – 2800.00	–	2900.00 – 3000.00	2000.00 – 2200.00	2400.00 – 2500.00	–						
Anuradhapura	1900.00 – 2000.00	2800.00 – 3200.00	–	2800.00 – 3000.00	2000.00 – 2500.00	2600.00 – 2800.00	1200.00 – 1700.00						
Thambuththegama	1720.00 – 1880.00	–	–	–	2200.00 – 2600.00	–	–						
Polonnaruwa	1800.00 – 1900.00	–	–	2800.00 – 3000.00	2100.00 – 2300.00	–	–						
Kaluthara	1800.00 – 2000.00	2700.00 – 3000.00	–	2800.00 – 2900.00	2200.00 – 2400.00	2300.00 – 2500.00	1300.00 – 1500.00						
Badulla	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2500.00 – 2600.00	–	1300.00 – 1400.00						
Keppetipola	1850.00 – 2000.00	3100.00 – 3200.00	–	2800.00 – 2900.00	2200.00 – 2300.00	2800.00 – 2900.00	1300.00 – 1400.00						
Moneragala	–	2800.00 – 3200.00	–	2800.00 – 3200.00	2200.00 – 2600.00	–	–						
Kegalle	1700.00 – 1750.00	2500.00 – 2600.00	–	2550.00 – 2600.00	1900.00 – 2000.00	–	–						
Ampara	1800.00 – 1950.00	2600.00 – 2800.00	–	–	2000.00 – 2400.00	–	1300.00 – 1400.00						
Dehiattakandiya	1900.00 – 2000.00	–	–	3000.00 – 3200.00	2000.00 – 2200.00	–	1300.00 – 1500.00						
Nuwaraeliya	1800.00 – 2000.00	3100.00 – 3200.00	–	2800.00 – 3000.00	2200.00 – 2300.00	2800.00 – 2900.00	1350.00 – 1450.00						
Kandy	1900.00 – 2000.00	3100.00 – 3200.00	–	2900.00 – 3000.00	2200.00 – 2400.00	2700.00 – 2800.00	–						
Puttalam	1600.00 – 1800.00	2400.00 – 2600.00	–	2720.00 – 2800.00	1650.00 – 1750.00	1720.00 – 1820.00	1100.00 – 1200.00						
Hambantota	–	2800.00 – 2900.00	–	2900.00 – 3100.00	2100.00 – 2300.00	2500.00 – 2700.00	–						
Rathnapura	–	2800.00 – 2800.00	3000.00 – 3000.00	2700.00 – 2800.00	1800.00 – 1840.00	2400.00 – 2440.00	1800.00 – 1840.00						
Matara	1800.00 – 1900.00	2800.00 – 3000.00	–	2900.00 – 3100.00	2200.00 – 2300.00	2450.00 – 2500.00	–						
Galle	–	–	–	–	–	–	–						
Tissamaharama	1650.00 – 1700.00	–	–	–	1900.00 – 2100.00	–	–						
Meegoda	1800.00 – 2000.00	2800.00 – 3000.00	–	2600.00 – 2800.00	2000.00 – 2200.00	2800.00 – 2800.00	1200.00 – 1200.00						
Embilipitiya	1600.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 3000.00	1900.00 – 2400.00	2700.00 – 2800.00	1350.00 – 1500.00						
Jaffna	–	–	–	–	–	–	–						
Vavuniya	–	–	–	–	–	–	–						
Mannar	1600.00 – 1700.00	2400.00 – 2500.00	–	–	1700.00 – 1800.00	–	1000.00 – 1000.00						
Killinochchi	1800.00 – 1800.00	3500.00 – 3700.00	–	–	2400.00 – 2500.00	2200.00 – 2200.00	1500.00 – 1500.00						
Mullaittivu	1800.00 – 2000.00	3000.00 – 3300.00	–	–	2000.00 – 2200.00	2000.00 – 2000.00	1000.00 – 1000.00						
Batticaloa	1800.00 – 2000.00	3000.00 – 3200.00	–	–	2200.00 – 2200.00	–	–						
Trincomalee	1700.00 – 1800.00	2200.00 – 2300.00	–	2600.00 – 2650.00	1600.00 – 1750.00	–	1100.00 – 1100.00						
Veyangoda	–	–	–	–	–	–	–						
Galenbindunuwewa	–	2600.00 – 3000.00	3500.00 – 4000.00	3000.00 – 3200.00	1800.00 – 2000.00	2000.00 – 2600.00	–						
Bandarawela	1700.00 – 1800.00	2800.00 – 3000.00	–	2700.00 – 2800.00	2300.00 – 2400.00	–	1300.00 – 1400.00						
Matale	–	–	–	–	–	–	–						

Table 13: Selected Markets: Retail Price of Meat (Rs/Kg)

Week 36: 02 - 08 September 2022

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	2000.00 - 2200.00	1320.00 - 1520.00	1400.00 - 1700.00	2700.00 - 3000.00	1450.00 - 1800.00
Gampaha	-	1450.00 - 1500.00	-	2600.00 - 2600.00	1200.00 - 1200.00
Kurunegala	2000.00 - 2000.00	1480.00 - 1500.00	-	2700.00 - 2800.00	-
Nikaweratiya	1800.00 - 1800.00	1350.00 - 1400.00	-	-	-
Dambulla	-	1320.00 - 1350.00	-	-	-
Anuradhapura	1900.00 - 2000.00	1350.00 - 1450.00	-	3000.00 - 3000.00	1400.00 - 1400.00
Thambuththegama	1950.00 - 2000.00	1280.00 - 1400.00	-	-	1200.00 - 1300.00
Polonnaruwa	2000.00 - 2000.00	-	1300.00 - 1350.00	2600.00 - 2900.00	1350.00 - 1500.00
Kaluthara	-	1460.00 - 1480.00	1480.00 - 1520.00	-	-
Badulla	1800.00 - 2000.00	1450.00 - 1500.00	1500.00 - 1600.00	2500.00 - 2600.00	-
Keppetipola	1900.00 - 2000.00	1460.00 - 1500.00	1500.00 - 1550.00	2700.00 - 2800.00	-
Moneragala	1800.00 - 1800.00	1550.00 - 1580.00	-	-	1500.00 - 1550.00
Kegalle	1850.00 - 1900.00	1350.00 - 1400.00	-	-	1400.00 - 1450.00
Ampara	2000.00 - 2000.00	1450.00 - 1500.00	-	-	1250.00 - 1300.00
Dehiattakandiya	-	1250.00 - 1400.00	-	-	1400.00 - 1500.00
Nuwaraeliya	2000.00 - 2100.00	1460.00 - 1500.00	1550.00 - 1600.00	2800.00 - 2900.00	1450.00 - 1500.00
Kandy	1900.00 - 2000.00	1400.00 - 1440.00	1450.00 - 1480.00	2500.00 - 2600.00	-
Puttalam	2000.00 - 2000.00	1420.00 - 1500.00	1250.00 - 1300.00	2600.00 - 2700.00	-
Hambantota	-	1350.00 - 1420.00	-	-	-
Rathnapura	1800.00 - 1800.00	1350.00 - 1430.00	-	2750.00 - 2800.00	1500.00 - 1500.00
Matara	-	1420.00 - 1450.00	-	-	-
Galle	-	-	-	-	-
Tissamaharama	-	1500.00 - 1500.00	-	-	-
Meegoda	-	1350.00 - 1400.00	-	-	-
Embilipitiya	2000.00 - 2000.00	1280.00 - 1300.00	-	2650.00 - 2700.00	1250.00 - 1400.00
Jaffna	-	-	-	-	-
Vavuniya	-	-	-	-	-
Mannar	-	1700.00 - 1700.00	-	-	-
Killinochchi	1800.00 - 1800.00	1600.00 - 1600.00	1800.00 - 1800.00	2800.00 - 2800.00	-
Mullaittivu	1700.00 - 1700.00	1800.00 - 1800.00	-	-	-
Batticaloa	-	1800.00 - 1800.00	1800.00 - 1800.00	-	-
Trincomalee	1700.00 - 1800.00	1400.00 - 1450.00	1500.00 - 1550.00	-	-
Veyangoda	-	-	-	-	-
Galenbindunuwewa	1700.00 - 1750.00	1400.00 - 1450.00	-	-	-
Bandarawela	1800.00 - 2000.00	1450.00 - 1500.00	-	2600.00 - 2800.00	-
Matale	-	-	-	-	-

Table 14: Colombo: Wholesale Prices (Rs/Kg or Rs/Pieces)

Week 36: 02 - 08 September 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	82.00 - 85.00	82.80	80.90	70.50	2.35	17.45
Samba 1	225.00 - 230.00	227.00	227.50		-0.22		Small	70.00 - 75.00	72.60	70.90	61.00	2.40	19.02
Samba 2	215.00 - 225.00	222.00	222.50	109.50	-0.22	102.74	<u>Fruits (Rs/Fruit)</u>						
Keeri Samba	240.00 - 250.00	246.50	245.50		0.41		Plantain						
Nadu 1	215.00 - 225.00	218.13	217.22		0.42		Ambul (Rs/Kg)	140.00 - 180.00	155.00	142.14	46.67	9.05	232.14
Nadu 2	205.00 - 215.00	211.00	211.80	99.00	-0.38	113.13	Kolikuttu (Rs/Kg)	330.00 - 350.00	338.33	333.33	180.00	1.50	87.96
Raw (Red)	205.00 - 215.00	209.50	210.00	92.50	-0.24	126.49	Seeni (Rs/Kg)	90.00 - 120.00	103.08	108.33	67.50	-4.85	52.71
Raw (White)	200.00 - 210.00	205.00	206.00	93.33	-0.49	119.64	Anamalu	15.00 - 17.00	16.00	15.50	11.00	3.23	45.45
Imported							Ambun	18.00 - 20.00	19.00	18.50	14.00	2.70	35.71
Samba	175.00 - 190.00	183.30	182.60		0.38		Papaw(Rs/Kg)	100.00 - 170.00	134.29	205.71	80.00	-34.72	67.86
Nadu	175.00 - 190.00	182.50	180.30		1.22		Passion Fruit	35.00 - 46.00	41.00	41.80	11.75	-1.91	248.94
Raw (Red)	-	-	-	-	-	-	Pineapple Large	600.00 - 640.00	620.00	590.83	220.00	4.94	181.82
Raw (White)	163.00 - 170.00	167.60	167.60		0.00		Pineapple Medium	480.00 - 520.00	500.00	474.17	161.00	5.45	210.56
<u>Dried Chillies</u>							Pineapple Small	380.00 - 420.00	396.00	374.17	110.00	5.84	260.00
Imported	1500.00 - 1650.00	1591.00	1562.00	518.89	1.86	206.62	Mango						
<u>Onion</u>							Betti	-	-	-	-	-	-
Sinnan	-	-	373.33	204.00			Karthakolomban	170.00 - 220.00	196.67	187.86		4.69	
Vedalan	380.00 - 475.00	435.50	401.00	248.00	8.60	75.60	Vilad	70.00 - 80.00	75.00	68.33		9.76	
Imported	340.00 - 410.00	385.56	338.00		14.07		Kohu	-	-	-	-	-	-
<u>Big Onion</u>							Other						
Imported	138.00 - 145.00	140.80	148.80	103.00	-5.38	36.70	Wood Apple	14.00 - 24.00	18.46	21.50	13.50	-14.13	36.75
Local	-	-	-	-	-	-	Orange	50.00 - 60.00	55.00	61.67	32.50	-10.81	69.23
<u>Potato</u>							Avocado	50.00 - 70.00	60.00	65.00	43.67	-7.69	37.40
Welimada	300.00 - 340.00	320.00	333.75	166.00	-4.12	92.77	Slime Apple	32.00 - 45.00	38.00	35.67		6.54	
N'Elia	320.00 - 380.00	350.00	360.00	186.00	-2.78	88.17	Grapes (Imp., Rs/Kg)	-	-	-	816.58		
Imported	190.00 - 350.00	243.50	218.00	124.50	11.70	95.58	King Coconut	70.00 - 100.00	85.00	95.00	65.42	-10.53	29.94
<u>Pulses</u>							Sea Fish						
Green Gram	825.00 - 850.00	840.56	816.00	773.50	3.01	8.67	Salaya	350.00 - 750.00	541.82	715.00	188.57	-24.22	187.33
Cowpea (White)	700.00 - 750.00	727.22	713.89	539.29	1.87	34.85	Hurulla	700.00 - 940.00	798.75	1200.00	381.67	-33.44	109.28
Cowpea (Red)	680.00 - 750.00	719.00	697.14	375.63	3.14	91.41	Balaya	780.00 - 1250.00	955.56	860.00	368.33	11.11	159.43
Red Dhal	405.00 - 420.00	413.50	420.67	248.50	-1.70	66.40	Kelawalla	1200.00 - 1450.00	1361.11	1844.44	703.33	-26.20	93.52
<u>Vegetable</u>							Thora	2600.00 - 3100.00	2805.00	2945.00	1418.57	-4.75	97.73
Beans (Butter)	-	-	-	-	-	-	Paraw	1100.00 - 1800.00	1444.44	1670.00	733.33	-13.51	96.97
Beans(Green)	240.00 - 450.00	335.00	253.00	142.00	32.41	135.92	Mora	-	-	-	-	-	-
Carrot	230.00 - 320.00	274.00	250.00	88.00	9.60	211.36	Shrimps	1550.00 - 1800.00	1658.89	1655.00	983.33	0.23	68.70
Leeks	140.00 - 160.00	154.00	145.00	155.00	6.21	-0.65	Thalapath	2000.00 - 2500.00	2255.00	2225.00	1191.67	1.35	89.23
Beetroot	110.00 - 180.00	146.43	138.33	51.00	5.85	187.11	<u>Eggs</u>						
Knolkhol	130.00 - 220.00	177.00	149.00	96.00	18.79	84.38	Brown	50.00 - 50.00	50.00	47.13	18.25	6.10	173.97
Raddish	70.00 - 120.00	95.00	72.00	50.00	31.94	90.00	White	48.00 - 49.00	48.50	45.63	16.38	6.30	196.18
Cabbage	220.00 - 330.00	277.00	317.00	115.00	-12.62	140.87	<u>Dried Fish</u>						
Tomato	150.00 - 200.00	174.00	141.00	110.00	23.40	58.18	Sprats	2100.00 - 2450.00	2268.00	2470.00	1315.00	-8.18	72.47
Ladies Fingers	80.00 - 130.00	106.00	76.00	36.00	39.47	194.44	Sprats (Imported)	1450.00 - 1650.00	1566.00	1610.00	652.22	-2.73	140.10
Brinjal	230.00 - 350.00	291.00	364.00	158.00	-20.05	84.18	Kattawa	-	-	-	1285.00		
Capsicum	550.00 - 700.00	623.00	614.00	180.00	1.47	246.11	Kattawa (Imported)	1750.00 - 1900.00	1828.75	2013.33		-9.17	
Pumpkin	130.00 - 180.00	159.00	126.00	86.00	26.19	84.88	Thora	-	-	-	-	-	-
Cucumber	90.00 - 120.00	102.00	108.00	19.00	-5.56	436.84	Thora (Imported)	-	-	-	-	-	-
Bitter Gourd	200.00 - 220.00	212.00	285.00	96.00	-25.61	120.83	Mora	2300.00 - 2450.00	2385.71	2468.75	1203.33	-3.36	98.26
Snake Gourd	200.00 - 220.00	217.00	223.00	88.00	-2.69	146.59	Mora (Imported)	-	-	-	-	-	-
Drumstick	300.00 - 420.00	371.00	245.45	165.00	51.15	124.85	Balaya	1280.00 - 1450.00	1372.50	1562.22	750.00	-12.14	83.00
Luffa	140.00 - 200.00	180.00	172.00	88.00	4.65	104.55	Balaya (Imported)	-	-	-	-	-	-
Long Beans	120.00 - 250.00	186.00	141.00	70.00	31.91	165.71	Anguluwa	-	-	-	-	-	-
Ash Plantain	130.00 - 150.00	144.00	131.00	42.00	9.92	242.86	Anguluwa (Imported)	1800.00 - 2000.00	1891.11	1940.00		-2.52	
Green Chillies	220.00 - 280.00	252.00	329.00	149.00	-23.40	69.13	Maduwa	-	-	1813.33	810.00		
Lime	160.00 - 220.00	192.00	141.00	116.00	36.17	65.52	Maduwa (Imported)	-	-	-	-	-	-
<u>Root Crops</u>							Koduwa	-	-	-	-	-	-
Sweet Potato	80.00 - 140.00	109.00	144.00	86.00	-24.31	26.74	Koduwa (Imported)	-	-	-	-	-	-
Manioc	80.00 - 150.00	115.00	85.00	30.00	35.29	283.33	Salaya	980.00 - 1100.00	1038.00	1014.00	295.00	2.37	251.86
<u>Leafy Vegetable</u>							Salaya (Imported)	-	-	-	-	-	-
Mukunuwenna	35.00 - 42.00	39.30	36.80	27.50	6.79	42.91							
Kankun	35.00 - 42.00	39.30	36.80	27.50	6.79	42.91							
Gotukola (Rs/Kg)	150.00 - 170.00	159.00	158.00	75.00	0.63	112.00							

This Week:

Week 36: 02 - 08 September 2022

Last Week:

Week 35: 26 August - 01 September 2022

Table 15: Colombo &Suburbs: Retail Prices (Rs/Kg or Rs/Piece)

Week 36: 02 - 08 September 2022

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	90.00 - 120.00	98.79	95.16	85.50	3.64	15.55
Samba 1	240.00 - 260.00	250.00	251.90	148.10	-1.90	68.81	Small	70.00 - 85.00	81.35	77.81	70.75	3.53	14.98
Samba 2	230.00 - 250.00	236.77	237.41	133.75	-0.64	77.03							
Keeri Samba	260.00 - 280.00	266.25	266.71		-0.46		<u>Fruits (Rs/Fruit)</u>						
Nadu 1	230.00 - 240.00	235.43	241.92	123.61	-6.49	90.46	Plantain						
Nadu 2	220.00 - 230.00	226.15	226.25	115.45	-0.10	95.88	Ambul (Rs/Kg)	150.00 - 200.00	182.22	176.94	113.85	5.28	60.06
Raw (Red)	225.00 - 250.00	236.29	235.86	101.07	0.43	133.78	Kolikuttu (Rs/Kg)	300.00 - 400.00	374.71	366.47	257.69	8.24	45.41
Raw (White)	215.00 - 240.00	232.64	233.64	108.86	-1.00	113.70	Seeni (Rs/Kg)	120.00 - 200.00	169.44	171.67	141.54	-2.22	19.72
Imported							Anamalu	20.00 - 30.00	25.83	23.08	18.31	2.75	41.11
Samba	200.00 - 230.00	210.27	200.29		9.98		Ambun	20.00 - 38.00	31.67	29.28	23.15	2.39	36.77
Nadu	190.00 - 220.00	204.12	199.31		4.81		Papaw(Rs/Kg)	180.00 - 300.00	250.59	313.94	136.15	-63.35	84.05
Raw (Red)							Passion Fruit	40.00 - 63.00	49.72	51.21	22.67	-1.48	119.37
Raw (White)	180.00 - 210.00	195.92	188.57		7.35		Pineapple Large	620.00 - 650.00	645.00	626.47	269.23	18.53	139.57
Dried Chillies							Pineapple Medium	500.00 - 600.00	537.27	526.15	201.54	11.12	166.59
Imported	1600.00 - 2000.00	1804.86	1779.17	583.33	25.70	209.41	Pineapple Small	400.00 - 480.00	441.74	438.89	150.77	2.85	192.99
Onion							Mango						
Sinnan	340.00 - 380.00	360.00	379.05	280.46	-19.05	28.36	Betti						
Vedalan	480.00 - 600.00	526.47	497.78	311.42	28.69	69.05	Karthakolomban			240.00			
Imported	400.00 - 480.00	416.29	402.35	307.82	13.93	35.24	Vilad	80.00 - 200.00	142.22	140.00		2.22	
Big Onion							Kohu						
Imported	160.00 - 200.00	184.32	177.18	128.33	7.14	43.63	Other						
Local							Wood Apple	30.00 - 60.00	48.24	55.94	53.85	-7.70	-10.42
Potato							Orange	60.00 - 120.00	90.69	95.45	63.08	-4.76	43.78
Welimada	320.00 - 400.00	349.23	369.09	183.48	-19.86	90.34	Avocado	60.00 - 120.00	81.85	83.23	93.85	-1.37	-12.78
N'Eliya	440.00 - 560.00	493.89	498.21	220.00	-4.33	124.49	Slime Apple	50.00 - 120.00	83.93	86.15		-2.23	
Imported	200.00 - 320.00	265.41	224.47	150.43	40.93	76.43	Grapes (Imp., Rs/Kg)				1320.00		
Pulses							King Coconut	100.00 - 150.00	128.00	130.00	73.00	-2.00	75.34
Green Gram	900.00 - 1100.00	991.91	961.61	876.67	30.30	13.15	Sea Fish						
Cowpea (White)	800.00 - 980.00	913.55	884.00	730.76	29.55	25.01	Salaya	500.00 - 900.00	697.31	820.25	323.33	-122.94	115.66
Cowpea (Red)	720.00 - 950.00	827.59	787.04	657.14	40.55	25.94	Hurulla	900.00 - 1200.00	1099.13	1276.92	580.00	-177.79	89.51
Red Dhal	440.00 - 480.00	458.00	462.06	272.08	-4.06	68.33	Balaya	1300.00 - 2400.00	1798.75	1726.67	800.00	72.08	124.84
Vegetable							Kelawalla	1600.00 - 3000.00	2447.78	2588.75	1042.86	-140.97	134.72
Beans (Butter)							Thora	3200.00 - 3800.00	3427.14	3436.84	1914.29	-9.70	79.03
Beans(Green)	400.00 - 600.00	513.21	376.92	220.00	136.29	133.28	Paraw	2160.00 - 3100.00	2540.00	2670.00	1250.00	-130.00	103.20
Carrot	300.00 - 480.00	398.52	388.97	158.00	9.55	152.23	Mora						
Leeks	200.00 - 360.00	284.48	277.50	238.42	6.98	19.32	Shrimps	1760.00 - 2200.00	1965.00	2016.67	1211.43	-51.67	62.21
Beetroot	180.00 - 320.00	258.62	253.57	121.05	5.05	113.64	Thalapath	2600.00 - 3500.00	3020.80	2884.44	1502.22	136.36	101.09
Knolkhol	180.00 - 440.00	296.30	281.43	152.50	14.87	94.29	Eggs						
Raddish	140.00 - 280.00	214.29	199.66	102.78	14.63	108.49	Brown	49.00 - 52.00	51.08	52.09	19.81	-1.01	157.83
Cabbage	300.00 - 480.00	407.86	508.57	204.44	-100.71	99.50	White	48.00 - 51.00	49.82	50.70	18.00	-0.88	176.79
Tomato	200.00 - 400.00	295.86	258.52	181.76	37.34	62.77	Dried Fish						
Ladies Fingers	120.00 - 320.00	234.48	210.71	133.89	23.77	75.13	Sprats	2300.00 - 3000.00	2600.00	2755.56	1450.00	-155.56	79.31
Brinjal	280.00 - 480.00	377.24	486.15	211.11	-108.91	78.69	Sprats (Imported)	1800.00 - 2200.00	1976.67	2026.67	822.22	-50.00	140.41
Capsicum	600.00 - 1000.00	803.57	784.64	246.11	18.93	226.51	Kattawa	2500.00 - 3800.00	3095.45	3121.43	1562.50	-25.97	98.11
Pumpkin	200.00 - 320.00	246.90	218.52	176.67	28.38	39.75	Thora				1800.00		
Cucumber	120.00 - 240.00	183.93	191.07	89.38	-7.14	105.79	Mora	2600.00 - 3500.00	3042.31	3092.86	1533.33	-50.55	98.41
Bitter Gourd	320.00 - 500.00	402.92	416.67	204.71	-13.75	96.83	Balaya	2000.00 - 2600.00	2283.33	2421.43	933.33	-138.10	144.64
Snake Gourd	300.00 - 400.00	346.92	348.57	186.11	-1.65	86.41	Anguluwa	2700.00 - 2800.00	2766.67	2792.31	1442.86	-25.64	91.75
Drumstick	400.00 - 800.00	554.44	372.86	262.22	181.59	111.44	Maduwa						
Luffa	240.00 - 400.00	324.29	304.81	203.16	19.47	59.62	Koduwa						
Long Beans	280.00 - 440.00	345.00	287.14	160.00	57.86	115.63	Salaya	1200.00 - 1700.00	1442.86	1413.04	575.00	29.81	150.93
Ash Plantain	140.00 - 320.00	237.86	206.67	108.82	31.19	118.57	Meat						
Green Chillies	280.00 - 600.00	460.34	575.93	253.53	-115.58	81.57	Beef (without Bones)	2000.00 - 2200.00	2050.00	2125.00	1200.00	-75.00	70.83
Lime	250.00 - 600.00	379.63	353.46	251.76	26.17	50.79	Chicken (Broiler)	1320.00 - 1520.00	1456.67	1404.44	696.67	52.22	109.09
Root Crops							Chicken (Curry)	1400.00 - 1700.00	1576.67	1505.00	688.33	71.67	129.06
Sweet Potato	140.00 - 240.00	213.10	220.80	140.59	-7.70	51.58	Mutton	2700.00 - 3000.00	2800.00	2657.14	2100.00	142.86	33.33
Manioc	120.00 - 200.00	183.45	180.00	80.00	3.45	129.31	Pork	1450.00 - 1800.00	1637.50	1166.67		470.83	
Leafy Vegetable													
Mukunuwenna	60.00 - 100.00	73.68	76.00	43.93	-2.32	67.74							
Kankun	60.00 - 100.00	73.68	76.00	43.93	-2.32	67.74							
Gotukola	60.00 - 100.00	74.21	77.00	50.00	-2.79	48.42							

This Week:

Week 36: 02 - 08 September 2022

Last Week:

Week 35: 26 August - 01 September 2022

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/Kg)

Week 36: 02 - 08 September 2022

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
Paddy			<u>Vegetable (Up Country)</u>			Snake Gourd		
Short Grain			Beans			Dambulla	162.50 - 190.00	171.00
A'pura	110.00 - 115.00	112.00	Dambulla	330.00 - 420.00	396.00	Hambantota	-	
P'haruwa	120.00 - 121.50	120.67	Welimada	270.00 - 290.00	281.00	Embilipitiya	-	
Kalawewa	105.00 - 120.00	110.00	Badulla	330.00 - 360.00	344.00	Matara	-	
Kurunegala	100.00 - 120.00	110.83	Carrot			A'pura	150.00 - 160.00	154.00
Dehiattakandiya	113.00 - 115.00	114.33	N'eliya	250.00 - 260.00	255.80	Luffa		
Nikaweratiya	100.00 - 125.00	107.50	Welimada	220.00 - 230.00	224.00	Dambulla	162.50 - 177.50	170.50
Ampara	120.00 - 125.00	122.50	Hanguranketha	-		Hambantota	140.00 - 160.00	150.00
Long Grain (White)			Leeks			Embilipitiya	-	
A'pura	110.00 - 112.00	110.80	N'eliya	140.00 - 146.00	143.20	Matara	-	
P'haruwa	118.00 - 119.00	118.50	Welimada	120.00 - 140.00	130.00	A'pura	160.00 - 170.00	164.00
Kalawewa	105.00 - 120.00	110.00	Beetroot			Green Chillies		
Kurunegala	100.00 - 120.00	110.83	N'eliya	114.00 - 120.00	116.60	Dambulla	140.00 - 152.50	143.50
Dehiattakandiya	115.00 - 116.00	115.67	Dambulla	115.00 - 125.00	122.00	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	-	
Nikaweratiya	100.00 - 125.00	107.50	Welimada	105.00 - 110.00	106.80	Puttalam	140.00 - 160.00	148.33
Hambantota	-		Hanguranketha	-		A'pura	150.00 - 160.00	154.00
Ampara	112.00 - 120.00	115.71	Knol Khol			Pumpkin		
Long Grain (Red)			N'eliya	105.00 - 115.00	108.60	Dambulla	130.00 - 145.00	139.00
Matara	110.00 - 120.00	116.25	Welimada	75.00 - 85.00	79.00	Hambantota	60.00 - 80.00	70.00
Hambantota	123.00 - 125.00	124.33	Hanguranketha	-		Embilipitiya	-	
Embilipitiya	-		Raddish			Matara	-	
Keeri Samba			N'eliya	40.00 - 50.00	44.20	A'pura	130.00 - 140.00	134.00
A'pura	110.00 - 115.00	112.00	Welimada	30.00 - 40.00	35.00	Moneragala	80.00 - 90.00	84.00
P'haruwa	122.00 - 124.00	122.75	Hambantota	40.00 - 50.00	45.00	Cucumber		
Kalawewa	105.00 - 120.00	110.83	Hanguranketha	-		A'pura	80.00 - 90.00	84.00
Kurunegala	115.00 - 125.00	120.00	Cabbage			Dambulla	76.00 - 90.00	81.60
Dehiattakandiya	116.00 - 120.00	118.00	N'eliya	180.00 - 195.00	187.00	Hambantota	40.00 - 50.00	45.00
Red Onion			Welimada	170.00 - 180.00	176.00	Matara	-	
Puttalam	310.00 - 350.00	332.00	Badulla	190.00 - 220.00	204.00	Long Beans		
Jaffna	-		Hanguranketha	-		Dambulla	100.00 - 120.00	109.00
Big Onion			Tomato			Hambantota	80.00 - 100.00	90.00
Dambulla	125.00 - 130.00	128.00	Welimada	130.00 - 140.00	136.00	Embilipitiya	-	
Kalawewa	-		Hambantota	90.00 - 120.00	106.00	Matara	150.00 - 165.00	158.33
A'pura	-		Dambulla	162.50 - 172.50	168.50	A'pura	110.00 - 120.00	114.00
Potato			Hanguranketha	-		Ash Plantain		
N'eliya	335.00 - 345.00	341.00	<u>Vegetable (Low Country)</u>			Hambantota	40.00 - 45.00	42.50
Badulla	-		Ladies Fingers			Embilipitiya	-	
Welimada	270.00 - 280.00	274.00	A'pura	50.00 - 60.00	54.00	Matara	60.00 - 70.00	65.00
Pulses			Dambulla	56.00 - 67.00	61.40	Lime		
Green Gram			Hambantota	40.00 - 60.00	50.00	Hambantota	-	
Hambantota	-		Embilipitiya	-		Embilipitiya	-	
Moneragala	700.00 - 750.00	720.00	Matara	70.00 - 80.00	73.33	Moneragala	130.00 - 140.00	134.00
Embilipitiya	-		Brinjal			Fruits (Rs/Kg)		
Nikaweratiya	600.00 - 750.00	650.00	A'pura	220.00 - 230.00	224.00	Banana		
A'pura	680.00 - 700.00	688.00	Dambulla	190.00 - 230.00	210.00	Ambul		
Cowpea			Hambantota	-		Moneragala	50.00 - 70.00	58.00
Hambantota	-		Embilipitiya	-		Embilipitiya	-	
Nikaweratiya	500.00 - 550.00	525.00	Matara	190.00 - 200.00	196.67	Hambantota	120.00 - 130.00	126.67
Moneragala	600.00 - 650.00	620.00	Welimada	160.00 - 170.00	164.00	Kolikuttu		
Embilipitiya	-		Capsicum			Moneragala	180.00 - 200.00	188.00
Maize			Badulla	-		Embilipitiya	-	
A'pura	-		Welimada	520.00 - 530.00	526.00	Hambantota	-	
Kalawewa	-		Bitter Gourd			Papaw		
Gingelly			A'pura	260.00 - 280.00	268.00	Moneragala	80.00 - 90.00	84.00
A'pura	-		Dambulla	220.00 - 240.00	230.00	Embilipitiya	-	
Kalawewa	350.00 - 400.00	382.50	Hambantota	-		Hambantota	120.00 - 130.00	126.67
Black Gram			Embilipitiya	-		Pineapple		
A'pura	-		Matara	280.00 - 300.00	290.00	Divulapitiya	-	
Kalawewa	450.00 - 500.00	483.33						

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/Kg)

Week 36: 02 - 08 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Rice</u>									
Local									
Samba 1	240.00 - 240.00	260.00 - 260.00	240.00 - 250.00	260.00 - 260.00	-	240.00 - 240.00	240.00 - 240.00	240.00 - 250.00	260.00 - 260.00
Samba 2	230.00 - 230.00	250.00 - 250.00	230.00 - 240.00	240.00 - 240.00	230.00 - 230.00	230.00 - 230.00	230.00 - 230.00	230.00 - 240.00	240.00 - 250.00
Keeri Samba	260.00 - 270.00	270.00 - 280.00	260.00 - 280.00	270.00 - 280.00	260.00 - 260.00	260.00 - 270.00	260.00 - 270.00	260.00 - 270.00	270.00 - 280.00
Nadu 1	230.00 - 230.00	240.00 - 240.00	240.00 - 240.00	230.00 - 230.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 230.00	240.00 - 240.00
Nadu 2	220.00 - 220.00	230.00 - 230.00	230.00 - 230.00	220.00 - 230.00	230.00 - 230.00	230.00 - 230.00	-	220.00 - 220.00	-
Raw (Red)	240.00 - 250.00	230.00 - 240.00	230.00 - 240.00	225.00 - 230.00	240.00 - 240.00	240.00 - 250.00	230.00 - 240.00	230.00 - 230.00	240.00 - 250.00
Raw (White)	230.00 - 240.00	240.00 - 240.00	240.00 - 240.00	225.00 - 230.00	215.00 - 220.00	240.00 - 240.00	240.00 - 240.00	230.00 - 230.00	220.00 - 230.00
Imported									
Samba	200.00 - 210.00	210.00 - 210.00	210.00 - 220.00	220.00 - 220.00	220.00 - 220.00	200.00 - 230.00	200.00 - 210.00	200.00 - 210.00	200.00 - 200.00
Nadu	190.00 - 210.00	200.00 - 200.00	200.00 - 220.00	200.00 - 210.00	220.00 - 220.00	200.00 - 200.00	200.00 - 200.00	200.00 - 210.00	200.00 - 200.00
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	180.00 - 200.00	200.00 - 200.00	190.00 - 210.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 200.00	190.00 - 190.00	210.00 - 210.00
<u>Dried Chillies</u>									
Imported	1600.00 - 1700.00	2000.00 - 2000.00	1700.00 - 1800.00	2000.00 - 2000.00	1900.00 - 2000.00	1700.00 - 1800.00	1600.00 - 1700.00	1680.00 - 1800.00	1700.00 - 1800.00
<u>Red Onion</u>									
Sinnan	-	-	-	-	-	-	360.00 - 380.00	340.00 - 360.00	340.00 - 360.00
Vedalan	480.00 - 520.00	520.00 - 560.00	480.00 - 580.00	550.00 - 600.00	560.00 - 600.00	480.00 - 480.00	480.00 - 480.00	500.00 - 520.00	520.00 - 520.00
Imported	400.00 - 400.00	400.00 - 420.00	400.00 - 400.00	480.00 - 480.00	400.00 - 450.00	400.00 - 400.00	400.00 - 400.00	400.00 - 440.00	400.00 - 400.00
<u>Big Onion</u>									
Imported	160.00 - 160.00	200.00 - 200.00	180.00 - 180.00	200.00 - 200.00	180.00 - 200.00	190.00 - 200.00	160.00 - 180.00	180.00 - 200.00	180.00 - 180.00
Local	-	-	-	-	-	-	-	-	-
<u>Potato</u>									
Welimada	320.00 - 320.00	360.00 - 400.00	360.00 - 360.00	-	400.00 - 400.00	320.00 - 320.00	320.00 - 320.00	360.00 - 360.00	360.00 - 360.00
N'Eliya	500.00 - 520.00	480.00 - 560.00	480.00 - 480.00	480.00 - 560.00	480.00 - 500.00	500.00 - 520.00	440.00 - 480.00	440.00 - 480.00	500.00 - 520.00
Imported	220.00 - 280.00	280.00 - 300.00	280.00 - 300.00	300.00 - 320.00	300.00 - 300.00	280.00 - 280.00	210.00 - 210.00	220.00 - 240.00	200.00 - 220.00
<u>Pulses</u>									
Green Gram	900.00 - 1100.00	1100.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1100.00	1000.00 - 1100.00	1000.00 - 1000.00	900.00 - 975.00	900.00 - 900.00	1000.00 - 1000.00
Cowpea (White)	900.00 - 900.00	950.00 - 950.00	920.00 - 980.00	950.00 - 980.00	900.00 - 900.00	950.00 - 950.00	880.00 - 900.00	800.00 - 820.00	950.00 - 950.00
Cowpea (Red)	720.00 - 800.00	900.00 - 900.00	800.00 - 920.00	900.00 - 950.00	800.00 - 900.00	750.00 - 750.00	800.00 - 800.00	720.00 - 800.00	-
Red Dhal	440.00 - 460.00	480.00 - 480.00	460.00 - 480.00	440.00 - 480.00	460.00 - 480.00	440.00 - 450.00	450.00 - 460.00	440.00 - 460.00	460.00 - 460.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/Kg) and Coconut (Rs/Nut)

Week 36: 02 - 08 September 2022

28

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	450.00 - 500.00	500.00 - 600.00	580.00 - 600.00	480.00 - 600.00	480.00 - 600.00	600.00 - 600.00	400.00 - 480.00	400.00 - 400.00	400.00 - 400.00
Carrot	300.00 - 350.00	400.00 - 480.00	480.00 - 480.00	400.00 - 480.00	360.00 - 400.00	480.00 - 480.00	350.00 - 400.00	300.00 - 400.00	350.00 - 400.00
Leeks	200.00 - 220.00	320.00 - 360.00	280.00 - 320.00	300.00 - 360.00	240.00 - 280.00	320.00 - 360.00	220.00 - 280.00	200.00 - 280.00	320.00 - 350.00
Beetroot	180.00 - 200.00	320.00 - 320.00	280.00 - 320.00	240.00 - 320.00	240.00 - 260.00	180.00 - 320.00	200.00 - 240.00	240.00 - 240.00	240.00 - 280.00
Knolkhol	180.00 - 220.00	280.00 - 320.00	320.00 - 400.00	320.00 - 440.00	240.00 - 280.00	400.00 - 400.00	280.00 - 320.00	200.00 - 240.00	320.00 - 320.00
Raddish	140.00 - 160.00	240.00 - 280.00	220.00 - 280.00	240.00 - 280.00	160.00 - 240.00	240.00 - 280.00	160.00 - 200.00	160.00 - 200.00	200.00 - 240.00
Cabbage	300.00 - 360.00	400.00 - 480.00	480.00 - 480.00	320.00 - 480.00	360.00 - 400.00	480.00 - 480.00	350.00 - 480.00	400.00 - 450.00	400.00 - 400.00
Tomato	200.00 - 280.00	400.00 - 400.00	320.00 - 360.00	320.00 - 400.00	240.00 - 320.00	320.00 - 320.00	200.00 - 200.00	200.00 - 240.00	250.00 - 280.00
Ladies Fingers	120.00 - 160.00	240.00 - 320.00	240.00 - 280.00	240.00 - 320.00	200.00 - 240.00	200.00 - 320.00	160.00 - 240.00	240.00 - 300.00	160.00 - 200.00
Brinjal	280.00 - 320.00	400.00 - 480.00	400.00 - 400.00	320.00 - 480.00	320.00 - 400.00	400.00 - 480.00	300.00 - 320.00	400.00 - 400.00	400.00 - 400.00
Capsicum	600.00 - 720.00	800.00 - 800.00	800.00 - 1000.00	800.00 - 1000.00	700.00 - 800.00	800.00 - 1000.00	600.00 - 700.00	600.00 - 800.00	700.00 - 800.00
Pumpkin	200.00 - 200.00	240.00 - 320.00	240.00 - 280.00	240.00 - 320.00	240.00 - 240.00	280.00 - 320.00	200.00 - 240.00	200.00 - 240.00	240.00 - 240.00
Cucumber	120.00 - 180.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	160.00 - 200.00	120.00 - 160.00	120.00 - 160.00	200.00 - 200.00	160.00 - 160.00
Bitter Gourd	320.00 - 360.00	480.00 - 480.00	480.00 - 500.00	400.00 - 500.00	320.00 - 360.00	-	350.00 - 480.00	400.00 - 400.00	400.00 - 400.00
Snake Gourd	300.00 - 320.00	320.00 - 400.00	400.00 - 400.00	400.00 - 400.00	300.00 - 320.00	400.00 - 400.00	360.00 - 400.00	320.00 - 400.00	400.00 - 400.00
Drumstick	400.00 - 450.00	680.00 - 700.00	800.00 - 800.00	800.00 - 800.00	480.00 - 600.00	-	400.00 - 400.00	500.00 - 500.00	400.00 - 500.00
Luffa	240.00 - 320.00	320.00 - 360.00	320.00 - 400.00	320.00 - 400.00	300.00 - 320.00	320.00 - 360.00	260.00 - 400.00	240.00 - 280.00	320.00 - 360.00
Long Beans	320.00 - 360.00	320.00 - 400.00	400.00 - 440.00	400.00 - 440.00	280.00 - 320.00	320.00 - 360.00	280.00 - 320.00	280.00 - 320.00	320.00 - 320.00
Ash Plantain	140.00 - 180.00	240.00 - 240.00	200.00 - 240.00	320.00 - 320.00	240.00 - 240.00	240.00 - 320.00	200.00 - 240.00	240.00 - 280.00	280.00 - 320.00
Green Chillies	280.00 - 320.00	500.00 - 600.00	500.00 - 600.00	500.00 - 600.00	400.00 - 600.00	400.00 - 480.00	400.00 - 450.00	400.00 - 500.00	400.00 - 400.00
Lime	280.00 - 300.00	400.00 - 400.00	400.00 - 500.00	400.00 - 500.00	360.00 - 400.00	400.00 - 600.00	250.00 - 280.00	300.00 - 400.00	300.00 - 500.00
<u>Root Crops</u>									
Sweet Potato	140.00 - 180.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	160.00 - 200.00	240.00 - 240.00	160.00 - 200.00	200.00 - 240.00	240.00 - 240.00
Manioc	120.00 - 140.00	180.00 - 200.00	180.00 - 200.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00	160.00 - 200.00	200.00 - 200.00	200.00 - 200.00
<u>Leafy Vegetable</u>									
Mukunuwenna	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	60.00 - 60.00	90.00 - 100.00	70.00 - 70.00
Kankun	60.00 - 60.00	80.00 - 80.00	70.00 - 70.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	60.00 - 60.00	90.00 - 100.00	70.00 - 70.00
Gotukola	60.00 - 60.00	80.00 - 80.00	70.00 - 80.00	80.00 - 80.00	80.00 - 80.00	70.00 - 70.00	60.00 - 60.00	90.00 - 100.00	70.00 - 70.00
<u>Coconut</u>									
Large	100.00 - 100.00	100.00 - 110.00	95.00 - 100.00	90.00 - 100.00	90.00 - 100.00	90.00 - 95.00	90.00 - 100.00	100.00 - 110.00	100.00 - 120.00
Small	85.00 - 85.00	-	75.00 - 85.00	80.00 - 85.00	80.00 - 85.00	80.00 - 80.00	75.00 - 85.00	70.00 - 80.00	85.00 - 85.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/Fruit)
Week 36: 02 - 08 September 2022

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Plantain</u>									
Ambul (Rs/Kg)	150.00 - 160.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	180.00 - 200.00	160.00 - 170.00	160.00 - 180.00
Kolikuttu (Rs/Kg)	350.00 - 380.00	380.00 - 400.00	400.00 - 400.00	350.00 - 380.00	400.00 - 400.00	350.00 - 400.00	300.00 - 350.00	350.00 - 360.00	350.00 - 380.00
Seeni (Rs/Kg)	120.00 - 150.00	180.00 - 200.00	160.00 - 200.00	140.00 - 190.00	160.00 - 200.00	180.00 - 200.00	120.00 - 140.00	150.00 - 170.00	160.00 - 200.00
Anamalu	24.00 - 26.00	24.00 - 26.00	26.00 - 28.00	20.00 - 25.00	22.00 - 24.00	24.00 - 26.00	28.00 - 30.00	26.00 - 30.00	28.00 - 30.00
Ambun	30.00 - 33.00	30.00 - 33.00	33.00 - 35.00	20.00 - 21.00	28.00 - 30.00	30.00 - 33.00	35.00 - 38.00	33.00 - 38.00	35.00 - 38.00
<u>Pineapple</u>									
Large	650.00 - 650.00	-	-	650.00 - 650.00	-	-	-	620.00 - 650.00	-
Medium	500.00 - 600.00	500.00 - 550.00	500.00 - 600.00	500.00 - 600.00	500.00 - 550.00	500.00 - 500.00	500.00 - 550.00	500.00 - 550.00	500.00 - 600.00
Small	400.00 - 460.00	450.00 - 480.00	420.00 - 480.00	400.00 - 480.00	400.00 - 480.00	400.00 - 450.00	400.00 - 400.00	400.00 - 450.00	400.00 - 450.00
<u>Mango</u>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	-	-	-	-	-	-	-	-	-
Vilad	80.00 - 100.00	150.00 - 200.00	180.00 - 200.00	180.00 - 200.00	100.00 - 120.00	-	-	80.00 - 100.00	80.00 - 100.00
Kohu	-	-	-	-	-	-	-	-	-
<u>Other Fruits</u>									
Wood Apple	30.00 - 50.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	50.00 - 60.00	40.00 - 50.00	30.00 - 50.00	30.00 - 60.00	30.00 - 50.00
Orange	60.00 - 80.00	100.00 - 120.00	80.00 - 120.00	100.00 - 120.00	70.00 - 100.00	70.00 - 80.00	70.00 - 80.00	70.00 - 80.00	120.00 - 120.00
Avocado	60.00 - 70.00	100.00 - 120.00	80.00 - 100.00	100.00 - 120.00	70.00 - 80.00	80.00 - 100.00	60.00 - 80.00	60.00 - 70.00	80.00 - 100.00
Slime Apple	50.00 - 70.00	70.00 - 100.00	100.00 - 120.00	50.00 - 60.00	80.00 - 90.00	70.00 - 80.00	70.00 - 80.00	70.00 - 100.00	80.00 - 100.00
Grapes (Rs/Kg)	-	-	-	-	-	-	-	-	-
Papaw (Rs/Kg)	180.00 - 200.00	240.00 - 300.00	260.00 - 300.00	240.00 - 260.00	240.00 - 260.00	250.00 - 280.00	260.00 - 300.00	200.00 - 250.00	240.00 - 250.00
Passion	40.00 - 46.00	42.00 - 46.00	54.00 - 58.00	42.00 - 46.00	50.00 - 58.00	63.00 - 63.00	46.00 - 50.00	46.00 - 50.00	46.00 - 50.00
King Coconut	100.00 - 120.00	120.00 - 140.00	120.00 - 130.00	120.00 - 130.00	120.00 - 140.00	140.00 - 150.00	120.00 - 130.00	150.00 - 150.00	140.00 - 150.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/Kg)

Week 36: 02 - 08 September 2022

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Sea Fish</u>									
Salaya	720.00 ~ 800.00	680.00 ~ 800.00	760.00 ~ 800.00	900.00 ~ 900.00	780.00 ~ 780.00	800.00 ~ 880.00	500.00 ~ 600.00	520.00 ~ 560.00	600.00 ~ 680.00
Hurulla	900.00 ~ 1000.00	1000.00 ~ 1120.00	1160.00 ~ 1200.00	1100.00 ~ 1100.00	1160.00 ~ 1160.00	1200.00 ~ 1200.00	900.00 ~ 1000.00	1000.00 ~ 1100.00	1100.00 ~ 1200.00
Balaya	1300.00 ~ 1400.00	1920.00 ~ 1920.00	1800.00 ~ 2000.00	-	-	1600.00 ~ 1800.00	1500.00 ~ 1600.00	2300.00 ~ 2400.00	-
Kelawalla	1600.00 ~ 1800.00	2720.00 ~ 2720.00	2400.00 ~ 2600.00	3000.00 ~ 3000.00	-	2400.00 ~ 2400.00	-	2400.00 ~ 2600.00	2400.00 ~ 2800.00
Thora	3720.00 ~ 3800.00	3200.00 ~ 3200.00	3700.00 ~ 3800.00	3600.00 ~ 3600.00	-	3200.00 ~ 3200.00	-	-	-
Paraw	2160.00 ~ 2200.00	2800.00 ~ 2800.00	-	-	2900.00 ~ 2900.00	2400.00 ~ 2600.00	-	2500.00 ~ 2600.00	3100.00 ~ 3100.00
Mora	-	-	-	-	-	-	-	-	-
Shrimps Small	2000.00 ~ 2100.00	1960.00 ~ 1960.00	1900.00 ~ 2000.00	1900.00 ~ 1900.00	2200.00 ~ 2200.00	2000.00 ~ 2000.00	1900.00 ~ 2000.00	1760.00 ~ 1800.00	1900.00 ~ 2000.00
Talapath	2900.00 ~ 3100.00	3120.00 ~ 3120.00	2700.00 ~ 2800.00	3200.00 ~ 3200.00	3500.00 ~ 3500.00	2800.00 ~ 3200.00	2600.00 ~ 2800.00	3200.00 ~ 3400.00	3000.00 ~ 3000.00
<u>Eggs (Rs/Egg)</u>									
Brown	49.00 ~ 50.00	-	51.00 ~ 52.00	51.00 ~ 52.00	51.00 ~ 52.00	51.00 ~ 51.00	-	52.00 ~ 52.00	51.00 ~ 51.00
White	48.00 ~ 48.50	-	49.00 ~ 50.00	50.00 ~ 50.00	50.00 ~ 51.00	51.00 ~ 51.00	50.00 ~ 50.00	50.00 ~ 50.00	50.00 ~ 50.00
<u>Dried Fish</u>									
Sprats	2400.00 ~ 2700.00	-	2800.00 ~ 3000.00	2500.00 ~ 3000.00	2400.00 ~ 2500.00	-	2300.00 ~ 2500.00	2400.00 ~ 2500.00	2800.00 ~ 3000.00
Kattawa	-	3100.00 ~ 3200.00	3000.00 ~ 3100.00	2800.00 ~ 3300.00	3000.00 ~ 3500.00	-	2800.00 ~ 3000.00	2500.00 ~ 3000.00	3400.00 ~ 3800.00
Thora	-	-	-	-	-	-	-	-	-
Mora	2600.00 ~ 3100.00	2800.00 ~ 3000.00	3000.00 ~ 3200.00	3000.00 ~ 3000.00	3000.00 ~ 3200.00	-	3100.00 ~ 3200.00	3000.00 ~ 3200.00	3500.00 ~ 3500.00
Balaya	2000.00 ~ 2200.00	2400.00 ~ 2400.00	2000.00 ~ 2400.00	2000.00 ~ 2600.00	2200.00 ~ 2500.00	2200.00 ~ 2200.00	2200.00 ~ 2300.00	-	2400.00 ~ 2600.00
Anguluwa	-	2800.00 ~ 2800.00	2800.00 ~ 2800.00	-	-	-	-	2700.00 ~ 2700.00	-
Salaya	1200.00 ~ 1400.00	1400.00 ~ 1400.00	1600.00 ~ 1700.00	1200.00 ~ 1400.00	1400.00 ~ 1700.00	1700.00 ~ 1700.00	1400.00 ~ 1500.00	-	1400.00 ~ 1400.00
<u>Meat</u>									
Beef (without Bones)	-	2000.00 ~ 2000.00	2200.00 ~ 2200.00	-	2000.00 ~ 2000.00	-	2000.00 ~ 2000.00	-	-
Chicken (Broiler)	1450.00 ~ 1460.00	1490.00 ~ 1490.00	1520.00 ~ 1520.00	1520.00 ~ 1520.00	1450.00 ~ 1450.00	1320.00 ~ 1420.00	1450.00 ~ 1450.00	1450.00 ~ 1450.00	1500.00 ~ 1500.00
Chicken (Curry)	1680.00 ~ 1700.00	-	1520.00 ~ 1520.00	1500.00 ~ 1500.00	1550.00 ~ 1550.00	1400.00 ~ 1400.00	1650.00 ~ 1650.00	-	1500.00 ~ 1500.00
Mutton	-	2700.00 ~ 2700.00	2900.00 ~ 2900.00	-	2700.00 ~ 2700.00	2800.00 ~ 2800.00	2700.00 ~ 2700.00	2800.00 ~ 2800.00	3000.00 ~ 3000.00
Pork	-	1800.00 ~ 1800.00	1800.00 ~ 1800.00	-	-	-	-	1500.00 ~ 1500.00	1450.00 ~ 1450.00

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µg/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc(mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29

Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16
Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12

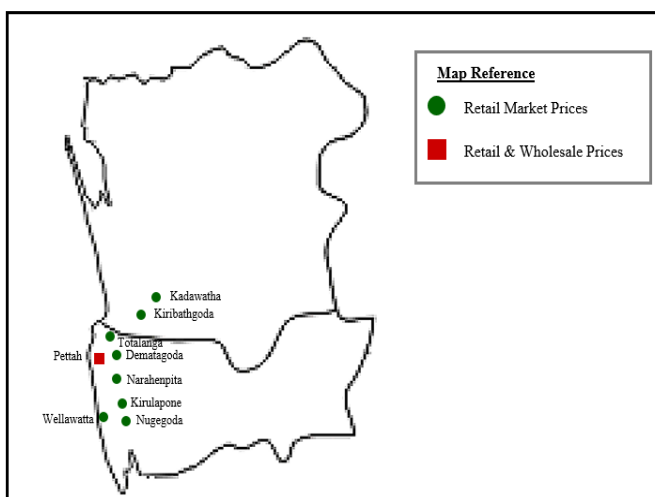
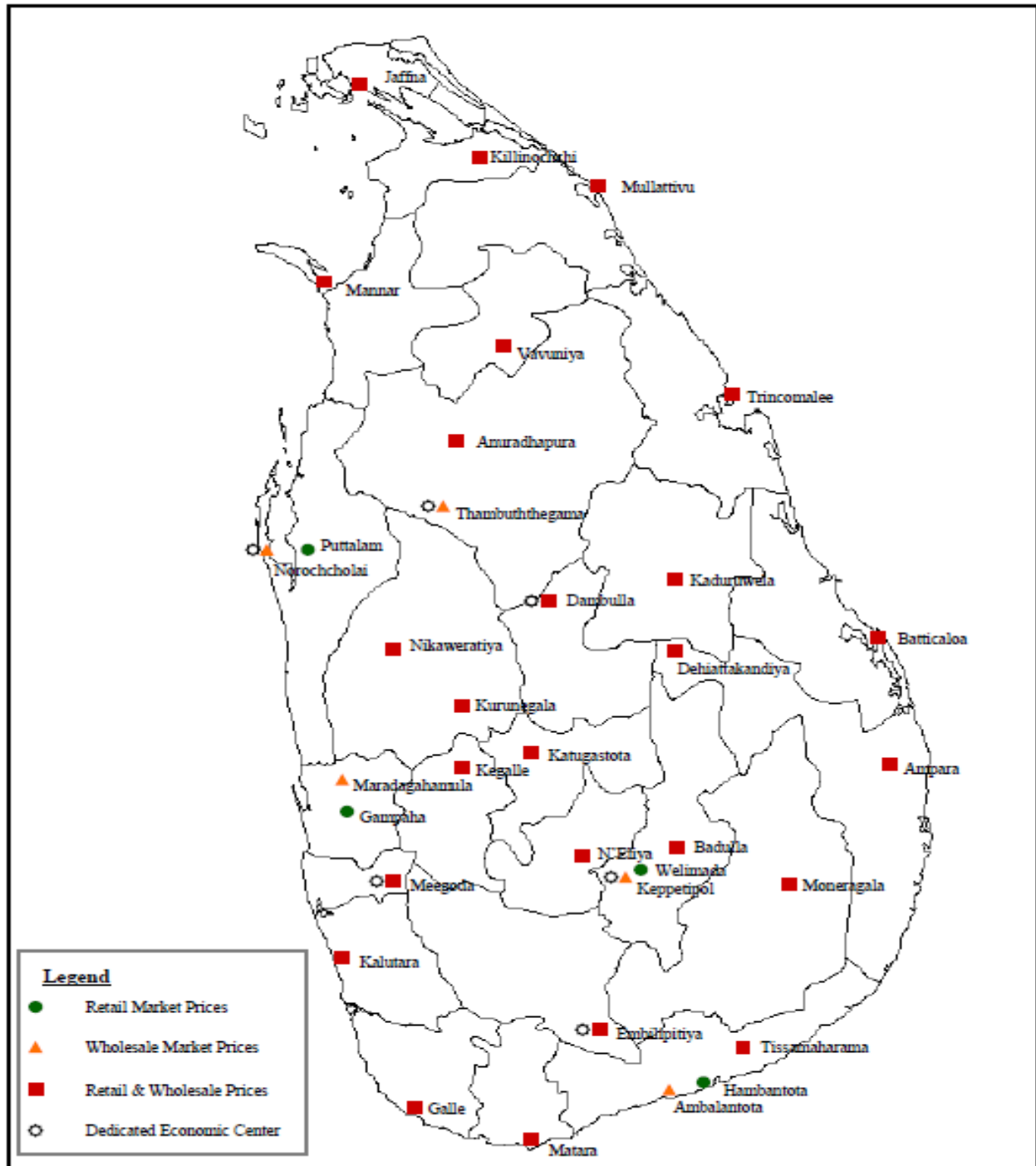
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42

Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74
Shark	95	21.6	0.83	1.11	0.04	0.11	8.57		8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77		8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22		7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39		13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7		36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66		103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38		37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13		31.27	37.46	1.46	0.67
Salaya / Sudaya Theppli / Telapiya / Korali	100	19.5	2.39	15.41	0.18	1.39	60.87		435	42.83	1.4	2.3
	83	18.48	1.08	17.14	0.18	0.18	8.29		99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37		37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83		37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22		8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78					
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08		7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59		9.16	24.61	0.74	0.44
Dried Fish												
Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438		1178	162	3.06	4.2

Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19	
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45	
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16	
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44	
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66	
Eggs												
Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12	
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73	
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51	
Fruits												
Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23
Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

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දෛනික චිළවිඳි තොග මිල, ජංගම දුරකථනයෙන්
හෙක්ටර් කොච්ඡිකඩුව ගොවි කරියතු පර්යේෂණ හා පුහුණුවීම් ආයතනය අනුග්‍රහයෙන්

මොබිටෙල් ජංගම මිල දර්ශනය
ජාතික ජංගම දුරකථන ජාලයෙන්

6666 අම්තන්න.
මොබිටෙල් අද මිල - අඟ පහ
මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළවිඳි තොග මිල දැක්වේ.
විකාශිතයාට රු.2/-
සෑහේ ගෙවිය යුතුයි (විද්‍යා මධ්‍යස්ථානයේ සිට)